Clinical Information for Medical Necessity Review

CMS Policy Hierarchies & Application

Guideline Definitions

GENERAL	
Preface	Abdomen
Breast	Cardiac
Cardiac Implantable Devices (CID)	Chest
Head	Musculoskeletal
Neck	OB Ultrasound
Oncology	Pelvis
Peripheral Nerve and Neuromuscular Disorders (PNND)	
Peripheral Vascular Disease (PVD)	Spine
PEDIATRIC	
Pediatric Abdomen	Pediatric Cardiac
Pediatric Chest	Pediatric Head
Pediatric Musculoskeletal	Pediatric Neck
Pediatric and Special Populations Oncology	
Pediatric Pelvis	
Pediatric Peripheral Nerve and Neuromuscular Disorders (PNND)	
Pediatric Peripheral Vascular Disease (PVD)	
Pediatric and Special Populations Spine	

Click Here to Return to the Main TOC

Clinical Information to Establish Medical Necessity

EviCore applies an evidence-based approach to evaluate the most appropriate medically necessary care for each individual. This evaluation requires submission of legible medical records pertinent to the test or treatment being requested by the provider.

If the medical records provided do not provide sufficiently detailed information to understand the individual's current clinical status or cannot be read, then medical necessity for the request cannot be established and cannot be approved.

Specific elements of an individual's medical records commonly required to establish medical necessity include, but are not limited to:

- Virtual or in-person clinical evaluation which includes a detailed history and physical examination since the onset or change in symptoms
- Laboratory studies
- Imaging studies
- Pathology reports
- Procedure reports
- Reports from other providers participating in treatment of the relevant condition

Proprietary Information of UnitedHealthcare.
Copyright © 2025 United HealthCare Services, Inc

Click Here to Return to the Main TOC

Medicaid and Medicare Hierarchy and Application

CMS.AD.100.A
v1.0.2025

Medicaid

Medicaid Hierarchy

1. Medicaid state-specific policy
2. These evidence-based guidelines or the appropriate alternative guideline utilized by a program/health plan in place of these guidelines
3. Early and Periodic Screening, Diagnostic and Treatment (EPSDT) guidelines should also be reviewed for individuals under 21 years of age as applicable for coverage determination

Application of Medicaid Policy

The state Medicaid policy will be reviewed first to determine if the information provided is instructive to the clinical case at hand. For the purpose of this policy, sufficient clinical criteria to render a medical necessity decision is defined as the presence of a state Medicaid policy that addresses the service/procedure/test/equipment and the member condition (indication) and supplies sufficient clinically relevant detail to be instructive to the case. See the numbered items below for specific guidance:

1. State Medicaid policy addresses clinical scenario: (service/procedure/test/equipment AND member condition AND Medical Necessity criteria):
   a. Medicaid policy will be utilized and cited for determining medical necessity
   b. If specific medical necessity criteria are present in the state policy, but are limited or less detailed than eviCore or alternative guideline, the state policy would still be applied and cited, as this would be considered sufficient information to render a decision
2. State Medicaid policy addresses service/procedure/test/equipment, but does NOT cover member condition in question or provide specific medical necessity criteria for this indication and does not contain relevant clinical information to be instructive to the case/clinical scenario, eviCore guidelines or alternative guidelines, as appropriate, will be utilized and cited
3. State policy exists for service/procedure/test/equipment AND member condition but NO medical necessity criteria exist for this indication. The state policy would still be instructive to the case clinical scenario and Medicaid will be utilized and cited.

Proprietary Information of UnitedHealthcare.
Copyright © 2025 United HealthCare Services, Inc

4. (Example: Service is requested to address a member condition and the state policy indicates that the service is indicated for this member condition without providing specific criteria regarding under which circumstances the service would be indicated for this condition. This is considered instructive, and the state policy would be applied/ cited.)
5. If no clinical information is provided with a request, the above hierarchy is still applied. If there is an applicable state-specific Medicaid policy, the Medicaid policy would be utilized and cited to request clinical information/documentation. If there is no applicable state-specific Medicaid policy, eviCore guidelines or alternative guidelines, as appropriate, will be utilized and cited

Note: The scope of this policy is to outline the default order in which policy sources will be used during a delegated medical necessity determination. The Medicaid hierarchy outlined here may be superseded by Plan- and State-specific Hierarchy policies, where applicable, based on contracts with a state Medicaid entity.

Application and citation of policy

State Medicaid Policy exists	State Medicaid policy addresses service/ procedure/test/ equipment	State policy addresses member condition and/ or is instructive to the case	State Medicaid Policy provides specific medical necessity criteria relevant to service and member condition	Application and Citation of Policy
Y	Y	Y	Y	State Medicaid policy applied and cited
Y	Y	Y	N	State Medicaid policy applied and cited
Y	Y	N	N	EviCore criteria applied and cited

Proprietary Information of UnitedHealthcare.
Copyright © 2025 United HealthCare Services, Inc

State Medicaid Policy exists	State Medicaid policy addresses service/ procedure/test/ equipment	State policy addresses member condition and/ or is instructive to the case	State Medicaid Policy provides specific medical necessity criteria relevant to service and member condition	Application and Citation of Policy
Y	N	N	N	EviCore criteria applied and cited

Medicare Policy

CMS Coverage Hierarchy: Medicare Advantage Medical Policy Development and Application

Medicare Advantage medical policies identify the clinical criteria for determining when medical services are considered 'reasonable and necessary' (medically necessary). Medicare Advantage plans are required by CMS to provide the same medical benefits to Medicare Advantage members as original Medicare.

Medicare Advantage plans must comply with national coverage determinations (NCD), local coverage determinations (LCD), and general coverage and benefit conditions included in traditional Medicare laws. This includes criteria for determining whether an item or service is a benefit available under traditional Medicare. When coverage criteria are not fully established in Medicare statute, regulation, NCD, or LCD, Medicare Advantage organizations may create publicly accessible internal coverage criteria that are based on current evidence in widely used treatment guidelines or clinical literature.

If additional criteria are needed to interpret or supplement generalized provisions within an NCD, LCD or other Medicare coverage policy, or there is flexibility allowed in the NCD/LCD, or there is no applicable NCD, LCD, or LCA (used in concert with an LCD) available to determine medical necessity, then other evidence-based criteria may be applied.

Coverage criteria are not fully established when (42 CFR 422.101(6) (i) :

(i) Coverage criteria not fully established. Coverage criteria are not fully established when:

Proprietary Information of UnitedHealthcare.
Copyright © 2025 United HealthCare Services, Inc

(A) Additional, unspecified criteria are needed to interpret or supplement general provisions in order to determine medical necessity consistently. The MA organization must demonstrate that the additional criteria provide clinical benefits that are highly likely to outweigh any clinical harms, including from delayed or decreased access to items or services;

(B) NCDs or LCDs include flexibility that explicitly allows for coverage in circumstances beyond the specific indications that are listed in an NCD or LCD; or

(C) There is an absence of any applicable Medicare statutes, regulations, NCDs or LCDs setting forth coverage criteria.

The following hierarchy is used to determine Medicare Advantage Medical Policy:

1. CMS Coverage Manuals or other CMS-Based Resource: Coverage provisions in interpretive manuals are instructions that are used to further define when and under what circumstances items or services may be covered (or not covered)
2. National Coverage Determinations (NCD)
3. Local Coverage Determinations (LCD)
4. Local Coverage Articles (LCA), when used in conjunction with LCD
5. EviCore's evidence-based guidelines or the appropriate alternative guideline utilized by a program/health plan in place of EviCore's guidelines.

- Rationale supporting the adoption and use of internally developed coverage guidelines: When coverage criteria are not fully established (as defined in 42 CFR 422.101(6) (i)) in Medicare policy, an NCD, or an LCD, CMS allows a Medicare Advantage Organization (MAO) to create and use internally developed coverage criteria. See 'Coverage criteria are not fully established when (42 CFR 422.101(6) (i) above on page 3 for the full definition of 'not fully established'.
- EviCore will exhaust all traditional Medicare policies, NCDs, and LCDs prior to using internal criteria policies. When an internally created coverage policy is utilized for a specific condition where a Medicare policy, an NCD, or LCD is not fully established, the general provisions supplemented by the internal criteria will include when the specific clinical presentation of the enrollee, for the request under review is not addressed in the Medicare coverage policy; or there are no specific coverage criteria included in a Medicare policy because the policy provides broad provisions, which may be instructive, but are not detailed enough to be used to determine the medical necessity of the request. Additionally, internal coverage policy may be used when Medicare policy includes statements within the policy that allow for coverage beyond what is written in the Medicare policy.
- Under the guidance outlined above EviCore's evidence-based guidelines or the appropriate alternative guideline utilized by a program/health plan in place of EviCore's guidelines, EviCore may apply internally developed clinical coverage guidelines to the request under review. Each EviCore clinical coverage policy is developed following an objective, evidence-based process based on scientific

Proprietary Information of UnitedHealthcare.
Copyright © 2025 United HealthCare Services, Inc

evidence, generally accepted and current standards of medical practice, and authoritative clinical practice guidelines. Each coverage policy developed and used outlines clinical benefits, addresses any clinical harm, and access to services. In addition, each member's unique clinical situation is considered in conjunction with current CMS guidelines and EviCore clinical coverage policy, as applicable.

Note: Where a Medicare Administrative Contractor (MAC) has adopted the Palmetto GBA MolDX® Program's criteria for the LCDs governing molecular and genomic tests within their jurisdiction, EviCore's Laboratory Management program will follow the MolDX criteria published by the MACs for those jurisdictions.

Medicare/Medicaid Dual Membership

Hierarchy and Application for dual eligible Medicare/Medicaid

Individuals enrolled in both Medicare and Medicaid are considered to be dually eligible. For individuals with both Medicare and Medicaid, the following hierarchy should be applied.

1. CMS Coverage Manuals
2. National Coverage Determinations (NCD)
3. Local Coverage Determinations (LCD)
4. Local Coverage Articles (LCA) – when used in conjunction with an LCD
5. Medicaid Coverage Policies (if Medicare/Medicaid (MMP) or Medicare/Medicaid Special Needs plans)
6. Evidence based clinical policies (EviCore) or the appropriate alternative guideline utilized by a program/health plan in place of EviCore's guidelines

Proprietary Information of UnitedHealthcare.
Copyright © 2025 United HealthCare Services, Inc

Click Here to Return to the Main TOC

Guideline Definitions

v1.0.2025

Experimental, Investigational, or Unproven

Certain studies, treatments, procedures, or devices may be considered experimental, investigational, or unproven for **any** condition, illness, disease, injury being treated if one of the following is present:

- if there is a paucity of supporting evidence;
- if the evidence has not matured to exhibit improved health parameters;
- if clinical utility has not been demonstrated in any condition; OR
- the study, treatment, procedure, or device lacks a collective opinion of support.

Supporting evidence includes standards that are based on credible scientific evidence published in peer-reviewed medical literature (such as well conducted randomized clinical trials or cohort studies with a sample size of sufficient statistical power) generally recognized by the relevant medical community. Collective opinion of support includes physician specialty society recommendations and the views of physicians practicing in relevant clinical areas when physician specialty society recommendations are not available.

Medically Necessary

Healthcare services or supplies needed to diagnose, treat, or evaluate a condition or prevent an injury, illness, condition or disease that meets accepted standards of medicine based on evidenced-based clinical standards of care based on supporting evidence and/or collective opinion of support that is:

- Clinically appropriate in terms of type, frequency, extent, site, and duration, and considered effective for the individual's illness, injury or disease;
- Clinical utility of the technology, drug, device, treatment or procedure has been demonstrated for a diagnosis, treatment, evaluation or prevention of an illness, condition or disease based on evidence-based clinical standards of care;
- Not more costly than an alternative service or sequence of services that are at least as likely to produce equivalent therapeutic or diagnostic results as to the diagnosis or treatment of a condition;
- Not primarily for the convenience of the individual seeking medical services, health care provider, or other physicians or healthcare providers;
- Supporting evidence and/or collective opinion of support does not demonstrate that there is an alternative that is more appropriate/effective for diagnosis, treatment, or evaluation of a condition.

Proprietary Information of UnitedHealthcare.
Copyright © 2025 United HealthCare Services, Inc

Supporting evidence includes standards that are based on credible scientific evidence published in peer-reviewed medical literature (such as well conducted randomized clinical trials or cohort studies with a sample size of sufficient statistical power) generally recognized by the relevant medical community. Collective opinion of support includes physician specialty society recommendations and the views of physicians practicing in relevant clinical areas when physician specialty society recommendations are not available. Determination of medical necessity is based on specific clinical guidelines.

Not Medically Necessary

Certain studies, treatments, procedures, or devices may be considered not medically necessary if there is supporting evidence but one of the following is present:

- Not clinically appropriate in terms of type, frequency, extent, site, and duration, and/or not considered effective for the individual's illness, injury or disease;
- Clinical utility of the technology, drug, device, treatment or procedure has not been demonstrated for a diagnosis, treatment, evaluation or prevention of the specific illness, condition or disease based on evidence-based clinical standards of care;
- More costly than an alternative service or sequence of services that are at least as likely to produce equivalent therapeutic or diagnostic results as to the diagnosis or treatment of a condition;
- Primarily for the convenience of the individual seeking medical services, health care provider, or other physicians or healthcare providers;
- Supporting evidence and/or collective opinion of support demonstrates that there is an alternative that is more appropriate/effective for diagnosis, treatment, or evaluation of a condition.

Supporting evidence includes standards that are based on credible scientific evidence published in peer-reviewed medical literature (such as well conducted randomized clinical trials or cohort studies with a sample size of sufficient statistical power) generally recognized by the relevant medical community. Collective opinion of support includes physician specialty society recommendations and the views of physicians practicing in relevant clinical areas when physician specialty society recommendations are not available. Determination of not medically necessary is based on specific clinical guidelines.

Special Considerations for Laboratory Testing

Laboratory-based testing is defined in terms of both the underlying technology used and, the indication for testing (i.e.: syndrome, condition, etc.). This is due to the ubiquitous use of specific technologies in laboratory medicine.

References

1. **https://www.cigna.com/health-care-providers/coverage-and-claims/policies/medical-necessity-definitions** .

Proprietary Information of UnitedHealthcare.
Copyright © 2025 United HealthCare Services, Inc

Click Here to Return to the Main TOC

2. **Medically necessary - Glossary | HealthCare.gov**
3. **H-320.953 Definitions of "Screening" and "Medical Necessity" | AMA**
4. Per Compliance Internal policy: Clinical Certification of Services – Initial UM 0045:

   a. Experimental/Investigational: The use of a technology, drug, device, treatment, or procedure that has not been proven or recognized as having proven benefit in clinical medicine for any condition, illness, disease, or injury being treated.
   b. Medical Necessity: Refers to services or supplies for diagnosing, evaluating, treating or preventing an injury, illness, condition or disease, based on evidence-based clinical standards of care. Medically necessary services are accepted health care services and supplies provided by health care entities, appropriate to evaluation and treatment of a disease, condition, illness or injury and consistent with the applicable standard of care. Determination of medical necessity is based on specific clinical guidelines. (NCQA 2025 Standards; CMS; American College of Medical Quality)

Proprietary Information of UnitedHealthcare.
Copyright © 2025 United HealthCare Services, Inc

Click Here to Return to the Main TOC

Table of Contents

Guideline

Guideline Development (Preface-1)
Benefits, Coverage Policies, and Eligibility Issues (Preface-2)
Clinical Information (Preface-3)
Coding Issues (Preface-4)
Whole-Body Imaging (Preface-5)
References (Preface-6)
Copyright Information (Preface-7)
Trademarks (Preface-8)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Guideline Development (Preface-1)

Guideline

Guideline Development (Preface-1.1)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Guideline Development (Preface-1.1)

PRF.GG.0001.1.A

v2.0.2025

- These evidence-based, proprietary clinical guidelines evaluate a range of advanced imaging and procedures, including NM, US, CT, MRI, PET, Radiation Oncology, Sleep Studies, Gastrointestinal Endoscopy, as well as Cardiac, musculoskeletal and Spine interventions.
- EviCore reserves the right to change and update the guidelines. The guidelines undergo a formal review annually. These clinical guidelines are based on current evidence supported by major national and international association and society guidelines and criteria, peer-reviewed literature, major treatises as well as, input from health plans, and practicing academic and community-based physicians.
- These guidelines are not intended to supersede or replace sound medical judgment, but instead, should facilitate the identification of the most appropriate imaging or other designated procedure given the individual's clinical condition. These guidelines are written to cover medical conditions as experienced by the majority of individuals. However, these guidelines may not be applicable in certain clinical circumstances, and physician judgment can override the guidelines.
- These guidelines provide evidence-based, clinical benefits with a focus on health care quality and patient safety.
- Clinical decisions, including treatment decisions, are the responsibility of the individual and his/her provider. Clinicians are expected to use independent medical judgment, which takes into account the clinical circumstances to determine individual management decisions.
- EviCore supports the Choosing Wisely initiative (**https://www.choosingwisely.org/**) by the American Board of Internal Medicine (ABIM) Foundation and many national physician organizations, to reduce the overuse of diagnostic tests that are low value, no value, or whose risks are greater than the benefits.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Benefits, Coverage Policies, and Eligibility Issues (Preface-2)

Guideline

Benefits, Coverage Policies, and Eligibility Issues (Preface-2.1)
References (Preface-2)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Benefits, Coverage Policies, and Eligibility Issues (Preface-2.1)

PRF.BC.0002.1.U
v2.0.2025

Medicare Coverage Policies

- See EviCore's **Medicaid and Medicare Hierarchy and Application**.

Investigational and Experimental Studies

- See EviCore's **Guideline Definitions.**

Clinical and Research Trials

- Similar to investigational and experimental studies, clinical trial imaging requests will be considered to determine whether they meet Health Plan coverage and these evidence-based clinical guidelines.
- Imaging studies which are inconsistent with established clinical standards, or are requested for data collection and not used in direct clinical management are not supported.[3]

Legislative Mandate

- State and federal legislations may need to be considered in the review of advanced imaging requests. For example:
  - Various State and Federal Breast Density Laws
  - Texas HB 1290 Coronary Calcium CT Law

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (Preface-2)

v2.0.2025

1. Prospective Payment Systems - General Information. Centers for Medicare and Medicaid Services. https://www.cms.gov/medicare/payment/prospective-payment-systems#:~:text=A%20Prospective%20Payment%20System%20(PPS,on%20a%20predetermined%2C%20fixed%20amount
2. Medicares Coverage With Evidence Development: A Policy-Making Tool in Evolution. *J Oncol Pract*. 2007;3(6):296-301. doi:10.1200/jop.0763501
3. Coverage of Clinical Trials under the Patient Protection and Affordable Care Act; 42 U.S.C.A. § 300gg-8

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Clinical Information (Preface-3)

Guideline

Clinical Information (Preface-3.1)
References (Preface-3)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Clinical Information (Preface-3.1)

PRF.CL.0003.1.A
v2.0.2025

Clinical Documentation and Age Considerations

- These clinical guidelines use an evidence-based approach to determine the most appropriate procedure for each individual, at the most appropriate time in the diagnostic and treatment cycle. These clinical guidelines are framed by:
  - clinical presentation of the individual, rather than the studies requested
  - adequate clinical information that must be submitted to EviCore in order to establish medical necessity for advanced imaging or other designated procedures includes, but is not limited to the following:
    - Pertinent clinical evaluation should include a recent detailed history, physical examination[20] since the onset or change in symptoms, and/or laboratory and prior imaging studies.
      - Condition-specific guideline sections may describe additional clinical information which is required for a pertinent clinical evaluation.
      - The Spine and Musculoskeletal guidelines require x-ray studies from when the current episode of symptoms has started or changed.
      - Advanced imaging or other designated procedures should not be ordered prior to clinical evaluation of an individual by the physician treating the individual. This may include referral to a consultant specialist who will make further treatment decisions.
      - Other meaningful technological contact (telehealth visit, telephone or video call, electronic mail or messaging) since the onset or change in symptoms by an established individual can serve as a pertinent clinical evaluation.
        - Some conditions may require a face-to-face evaluation as discussed in the applicable condition-specific guideline sections.
    - A recent clinical evaluation may be unnecessary if the individual is undergoing a guideline-supported, scheduled follow-up imaging or other designated procedural evaluation. Exceptions due to routine surveillance indications are addressed in the applicable condition-specific guideline sections.
  - the evidence-based approach to determine the most appropriate procedure for each individual requires submission of medical records pertinent to the requested imaging or other designated procedures.
- Many conditions affecting the pediatric population are different diagnoses than those occurring in the adult population. For those diseases which occur in both pediatric and adult populations, minor differences may exist in management due to individual

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

age, comorbidities, and differences in disease natural history between children and adults.
  - Individuals who are 18 years old or younger[19] should be imaged according to the Pediatric Imaging Guidelines if discussed in the condition-specific guideline sections. Any conditions not specifically discussed in the Pediatric Imaging Guidelines should be imaged according to the General Imaging Guidelines. Individuals who are >18 years old should be imaged according to the General Imaging Guidelines, except where directed otherwise by a specific guideline section.
- The terms “male” and “female” used in these guidelines refer to anatomic-specific diseases and disease predispositions associated with the individual's sex assigned at birth rather than their gender identity. It should be noted that gender identity and anatomic-specific diseases as well as disease predispositions are not always linked. As such, these guidelines should be applied to the individual’s corresponding known or suspected anatomic-specific disease or disease predisposition. At EviCore, we believe that it is important to understand how all individuals, including those who are gender-diverse, choose to identify themselves. To ensure that gender-diverse individuals are treated with respect and that decisions impacting their healthcare are made correctly and with sensitivity, EviCore recognizes all individuals with the following gender marker options: Male, Female, Transgender Male, Transgender Female, “X”, and “Not Specified.”

General Imaging Information

- “Standard” or “conventional” imaging is most often performed in the initial and subsequent evaluations of malignancy. Standard or conventional imaging includes plain film, CT, MRI, or US.
  - Often, further advanced imaging is needed when initial imaging, such as ultrasound, CT, or MRI does not answer the clinical question. Uncertain, indeterminate, inconclusive, or equivocal may describe these situations.
- Appropriate use of contrast is a very important component of evidence-based advanced imaging use.
  - The appropriate levels of contrast for an examination (i.e., without contrast, with contrast, without and with contrast) is determined by the evidence-based guidance reflected in the condition-specific guideline sections.
  - If, during the performance of a non-contrast imaging study, there is the unexpected need to use contrast in order to evaluate a possible abnormality, then that is appropriate.[1]

Ultrasound

- Diagnostic ultrasound uses high-frequency sound waves to evaluate soft tissue structures and vascular structures utilizing grey scale and Doppler techniques.
- Ultrasound allows for dynamic real-time imaging at the bedside.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

  - Ultrasound is limited in areas where there is dense bone or other calcification.
  - Ultrasound also has a relatively limited imaging window so may be of limited value in evaluating very large abnormalities.
  - In general, ultrasound is highly operator-dependent, and proper training and experience are required to perform consistent, high-quality evaluations.
- Indications for ultrasound may include, but are not limited to, the following:
  - Obstetric and gynecologic imaging
  - Soft tissue and visceral imaging of the chest, abdomen, pelvis, and extremities
  - Brain and spine imaging when not obscured by dense bony structures
  - Vascular imaging when not obscured by dense bony structures
  - Procedural guidance when not obscured by dense bony structures
  - Initial evaluation of ill-defined soft tissue masses or fullness and differentiating adenopathy from mass or cyst. Prior to advanced imaging, ultrasound can be very beneficial in selecting the proper modality, body area, image sequences, and contrast level that will provide the most definitive information for the individual.
- More specific guidance for ultrasound usage, including exceptions to this general guidance, can be found throughout the condition-specific guidelines.

Computed Tomography (CT)

- The AMA CPT® manual does not describe nor assign any minimum or maximum number of sequences for any CT study. CT imaging protocols are often influenced by the individual's clinical situation and additional sequences are not uncommon. There are numerous CT protocols that may be performed to evaluate specific clinical questions, and this technology is constantly undergoing development.
- CT utilizes ionizing radiation to create cross-sectional and volumetric images of the body.
  - Advantages over ultrasound include a much larger field of view and faster completion time in general. Disadvantages compared to ultrasound include lack of portability and exposure to ionizing radiation.
  - Advantages over MRI include faster imaging and a more spacious scanner area limiting claustrophobia. Disadvantages compared to MRI include decreased soft tissue definition, especially with non-contrast imaging, and exposure to ionizing radiation.
- CT can be performed without, with, or without and with intravenous (IV) contrast depending on the clinical indication and body area.
  - In general, non-contrast imaging is appropriate for evaluating structures with significant tissue density differences such as lung parenchyma and bony structures, or when there is a contraindication to contrast.
  - In general, CT with contrast is the most common level of contrast and can be used when there is need for improved vascular or soft tissue resolution, including better

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

characterization of known or suspected malignancy, as well as infectious and inflammatory conditions.
    - CT without and with contrast has a limited role as the risks of doubling the ionizing radiation exposure rarely outweigh the benefits of multiphasic imaging, though there are some exceptions which include, but are not limited to, the following:
        - Characterization of a mass
        - Characterization of arterial and venous anatomy
        - CT with contrast may be used to better characterize findings on a very recent (within two weeks) inconclusive non-contrast CT where the guidelines would support CT without and with contrast.
    - More specific guidance for CT contrast usage, including exceptions to this general guidance, can be found throughout the condition-specific guidelines.
- Shellfish allergy:
    - It is commonly assumed that an allergy to shellfish indicates iodine allergy, and that this implies an allergy to iodinated contrast media used with CT. However, this is NOT true. Shellfish allergy is due to tropomyosins. Iodine plays no role in these allergic reactions. Allergies to shellfish do not increase the risk of reaction to iodinated contrast media any more than that of other allergens.[1]
- Enteric contrast (oral or rectal) is sometimes used in abdominal imaging. There is no specific CPT® code which refers to enteric contrast.
- The appropriate contrast level and anatomic region in CT imaging is specific to the clinical indication, as listed in the condition-specific guideline sections.
- CT should not be used to replace MRI in an attempt to avoid sedation unless it is listed as a recommended study in the appropriate condition-specific guideline.
- There are significant potential adverse effects associated with the use of iodinated contrast media. These include hypersensitivity reactions, thyroid dysfunction, and contrast-induced nephropathy (CIN). Individuals with impaired renal function are at increased risk for CIN.[2]
- Both contrast CT and MRI may be considered to have the same risk profile with renal failure (GFR <30 mL/min).
- The use of CT contrast should proceed with caution in pregnant and breastfeeding individuals. There is a theoretical risk of contrast toxicity to the fetal and infant thyroid. The procedure can be performed if the specific need for that contrast-enhanced procedure outweighs risk to the fetus. Breastfeeding individuals may reduce this risk by choosing to pump and discard breast milk for 12-24 hours after the contrast injection.
- CT without contrast may be appropriate if clinical criteria for CT with contrast are met AND the individual has/is:
    - elevated blood urea nitrogen (BUN) and/or creatinine
    - renal insufficiency
    - allergies to iodinated contrast

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

  - thyroid disease which could be treated with I-131
  - diabetes
  - very elderly
  - urgent or emergent settings due to availability
  - trauma
- CT is superior to other imaging modalities in certain conditions including, but not limited to, the following:
  - Screening following trauma
  - Imaging pulmonary disease
  - Imaging abdominal and pelvic viscera
  - Imaging of complex fractures
  - Evaluation of inconclusive findings on Ultrasound or MRI, or if there is a contraindication to MRI
- More specific guidance for CT usage, including exceptions to this general guidance, can be found throughout the condition-specific guidelines.

Magnetic Resonance Imaging (MRI)

- The AMA CPT® manual does not describe nor assign any minimum or maximum number of sequences for any MRI study. MRI protocols are often influenced by the individual's clinical situation and additional sequences are not uncommon. There are numerous MRI sequences that may be performed to evaluate specific clinical questions, and this technology is constantly undergoing development.
- Magnetic Resonance Imaging (MRI) utilizes the interaction between the intrinsic radiofrequency of certain Molecules in the body (hydrogen in most cases) and a strong external magnetic field.
  - MRI is often superior for advanced imaging of soft tissues and can also define physiological processes in some instances (e.g., edema, loss of circulation [AVN], and increased vascularity [tumors]).
  - MRI does not use ionizing radiation, and even non-contrast images have much higher soft tissue definition than CT or Ultrasound.
  - MRI typically takes much longer than either CT or Ultrasound, and for some individuals may require sedation. It is also much more sensitive to individual motion that can degrade image quality than either CT or Ultrasound.
- MRI Breast and MRI Chest are not interchangeable, as they focus detailed sequences on different adjacent body parts.
- MRI may be utilized either as the primary advanced imaging modality, or when further definition is needed based on CT or ultrasound imaging.
- Most orthopedic and dental implants are not magnetic. These include hip and knee replacements; plates, screws, and rods used to treat fractures; and cavity fillings. Yet,

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

all of these metal implants can distort the MRI image if near the part of the body being scanned.
  - Other implants, however, may have contraindications to MRI. These include the following:
    - Pacemakers
    - ICD or heart valves
    - Metal implants in the brain
    - Metal implants in the eyes or ears
    - Infusion catheters and bullets or shrapnel
  - CT can therefore be an alternative study to MRI in these scenarios.
- The contrast level and anatomic region in MRI imaging is specific to the clinical indication, as listed in the specific guideline sections.
- MRI utilizing Xenon Xe 129 (CPT® C9791) for contrast is considered investigational and experimental at this time. MRI with or with and without contrast in these guidelines refers to MRI utilizing gadolinium for contrast.
- MRI is commonly performed without, without and with contrast.
  - Non-contrast imaging offers excellent tissue definition.
  - Imaging without and with contrast is commonly used when needed to better characterize tissue perfusion and vascularization.
    - Most contrast is gadolinium based and causes T2 brightening of the vascular and extracellular spaces.
    - Some specialized gadolinium and non-gadolinium contrast agents are available, and most commonly used for characterizing liver lesions.
  - MRI with contrast only is rarely appropriate and is usually used to better characterize findings on a recent inconclusive non-contrast MRI, commonly called a completion study.
  - MRI contrast is contraindicated in pregnant individuals.
  - More specific guidance for MRI contrast usage, including exceptions to this general guidance, can be found throughout the condition-specific guidelines.
- MRI may be preferred in individuals with renal failure and in individuals allergic to intravenous CT contrast.
  - Both contrast CT and MRI may be considered to have the same risk profile with renal failure (GFR <30 mL/min).[2]
  - Gadolinium can cause Nephrogenic Systemic Fibrosis (NSF). The greater the exposure to gadolinium in individuals with a low GFR (especially if on dialysis), the greater the chance of individuals developing NSF.
  - Multiple studies have demonstrated potential for gadolinium deposition following the use of gadolinium-based contrast agents (GBCAs) for MRI studies.[3-7] The U.S. Food and Drug Administration (FDA) has noted that there is currently no evidence to suggest that gadolinium retention in the brain is harmful and restricting

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

gadolinium-based contrast agents (GBCAs) use is not warranted at this time. It has been recommended that GBCA use should be limited to circumstances in which additional information provided by the contrast agent is necessary and the necessity of repetitive MRIs with GBCAs should be assessed.[8]

- A CT may be approved in place of an MRI when clinical criteria are met for MRI AND there is a contraindication to having an MRI (pacemaker, ICD, insulin pump, neurostimulator, etc.).
  - When replacing MRI with CT, contrast level matching should occur as follows:
    - MRI without contrast → CT without contrast
    - MRI without and with contrast → CT with contrast or CT without and with contrast
- The following situations may impact the appropriateness for MRI and or MR contrast:
  - Caution should be taken in the use of gadolinium in individuals with renal failure.
  - The use of gadolinium contrast agents is contraindicated during pregnancy unless the specific need for that procedure outweighs risk to the fetus.
  - MRI can be performed for non-ferromagnetic body metals (i.e., titanium), although some imaging facilities will consider it contraindicated if recent surgery, regardless of the metal type.
- MRI should not be used as a replacement for CT for the sole reason of avoidance of ionizing radiation when MRI is not supported in the condition-based guidelines, since it does not solve the problem of overutilization.
- MRI is superior to other imaging modalities in certain conditions including, but not limited to, the following:
  - Imaging the brain and spinal cord
  - Characterizing visceral and musculoskeletal soft tissue masses
  - Evaluating musculoskeletal soft tissues including ligaments and tendons
  - Evaluating inconclusive findings on ultrasound or CT
  - Individuals who are pregnant or have high radiation sensitivity
  - Suspicion, diagnosis, or surveillance of infections
- More specific guidance for MRI usage, including exceptions to this general guidance, can be found throughout the condition-specific guidelines.

Positron Emission Tomography (PET)

- PET is a nuclear medicine study that uses a positron emitting radiotracer to create cross-sectional and volumetric images based on tissue metabolism.
- Conventional imaging (frequently CT, sometimes MRI or bone scan) of the affected area(s) drives much of initial and restaging and surveillance imaging for malignancy and other chronic conditions. PET is not indicated for surveillance imaging unless specifically stated in the condition-specific guideline sections.
- PET/MRI is generally not supported, see **PET-MRI (Preface-5.3)**.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

- PET is rarely performed as a single modality, but is typically performed as a combined PET/CT.
  - The unbundling of PET/CT into separate PET and diagnostic CT CPT® codes is not supported, because PET/CT is done as a single study.
- PET/CT lacks the tissue definition of CT or MRI, but is fairly specific for metabolic activity based on the radiotracer used.
- Indications for PET/CT may include the following:
  - Oncologic Imaging for evaluation of tumor metabolic activity
  - Cardiac Imaging for evaluation of myocardial metabolic activity
  - Brain Imaging for evaluation of metabolic activity for procedural planning
- More specific guidance for PET usage, including exceptions to this general guidance, can be found throughout the condition-specific guidelines.

Overutilization of Advanced Imaging

- A number of recent reports describe overutilization in many areas of advanced imaging and other procedures, which may include the following:
  - High-level testing without consideration of less invasive, lower cost options which may adequately address the clinical question at hand
  - Excessive radiation and costs with unnecessary testing
  - Defensive medical practice
  - CT without and with contrast (so called “double contrast studies") requests, which have few current indications
  - MRI requested in place of CT to avoid radiation without considering the primary indication for imaging
  - Adult CT settings and protocols used for smaller people and children
  - Unnecessary imaging procedures when the same or similar studies have already been conducted
- A review of the imaging or other relevant procedural histories of all individuals presenting for studies has been recognized as one of the more important processes that can be significantly improved. By recognizing that a duplicate or questionably indicated examination has been ordered for individuals, it may be possible to avoid exposing them to unnecessary risks.[9,10] To avoid these unnecessary risks, the precautions below should be considered:
  - The results of initial diagnostic tests or radiologic studies to narrow the differential diagnosis should be obtained prior to performing further tests or radiologic studies.
  - The clinical history should include a potential indication such as a known or suspected abnormality involving the body part for which the imaging study is being requested. These potential indications are addressed in greater detail within the applicable guidelines.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

  - The results of the requested imaging procedures should be expected to have an impact on individual management or treatment decisions.
  - Repeat imaging studies are not generally necessary unless there is evidence of disease progression, recurrence of disease, and/or the repeat imaging will affect an individual's clinical management.
- Pre-operative imaging/pre-surgical planning imaging/pre-procedure imaging is considered not medically necessary if the surgery/procedure is not considered medically necessary. Once the procedure has been approved or if the procedure does not require prior authorization, the appropriate pre-procedural imaging may be approved.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

References (Preface-3)

v2.0.2025

1. Bettmann MA. Frequently Asked Questions: Iodinated Contrast Agents. *RadioGraphics*. 2004;24(suppl_1):S3-S10. doi:10.1148/rg.24si045519
2. Andreucci M, Solomon R, Tasanarong A. Side Effects of Radiographic Contrast Media: Pathogenesis, Risk Factors, and Prevention. *BioMed Res Int*. 2014;2014:1-20. doi:10.1155/2014/741018
3. McDonald RJ, McDonald JS, Kallmes DF, et al. Intracranial Gadolinium Deposition after Contrast-enhanced MR Imaging. *Radiology*. 2015;275(3):772-782. doi:10.1148/radiol.15150025
4. Kanda T, Ishii K, Kawaguchi H, Kitajima K, Takenaka D. High Signal Intensity in the Dentate Nucleus and Globus Pallidus on Unenhanced T1-weighted MR Images: Relationship with Increasing Cumulative Dose of a Gadolinium-based Contrast Material. *Radiology*. 2014;270(3):834-841. doi:10.1148/radiol.13131669
5. Olchowy C, Cebulski K, Łasecki M, et al. The presence of the gadolinium-based contrast agent depositions in the brain and symptoms of gadolinium neurotoxicity - A systematic review. Mohapatra S, ed. *PLOS ONE*. 2017;12(2):e0171704. doi:10.1371/journal.pone.0171704
6. Ramalho J, Castillo M, AlObaidy M, et al. High Signal Intensity in Globus Pallidus and Dentate Nucleus on Unenhanced T1-weighted MR Images: Evaluation of Two Linear Gadolinium-based Contrast Agents. *Radiology*. 2015;276(3):836-844. doi:10.1148/radiol.2015150872
7. Radbruch A, Weberling LD, Kieslich PJ, et al. Intraindividual Analysis of Signal Intensity Changes in the Dentate Nucleus After Consecutive Serial Applications of Linear and Macrocyclic Gadolinium-Based Contrast Agents. *Invest Radiol*. 2016;51(11):683-690. doi:10.1097/rli.0000000000000308
8. FDA Warns That Gadolinium-Based Contrast Agents (GBCAs) Are Retained in the Body; Requires New Class Warnings. U.S. Food and Drug Administration. May 16, 2018. https://www.fda.gov/media/109825/download
9. Amis ES, Butler PF, Applegate KE, et al. American College of Radiology White Paper on Radiation Dose in Medicine. *J Am Coll Radiol*. 2007;4(5):272-284. doi:10.1016/j.jacr.2007.03.002
10. Powell AC, Long JW, Kren EM, Gupta AK, Levin DC. Evaluation of a Program for Improving Advanced Imaging Interpretation. *J Patient Saf*. 2019;15(1):69-75. doi:10.1097/PTS.000000000000034.5
11. White Paper: Initiative to Reduce Unnecessary Radiation Exposure from Medical Imaging. U.S. Food and Drug Administration and Center for Devices and Radiological Health. February 2010. https://www.fda.gov/Radiation-EmittingProducts/RadiationSafety/RadiationDoseReduction/ucm199994.htm
12. Fotenos A. Update on FDA approach to safety issue of gadolinium retention after administration of gadolinium-based contrast agents. U.S. Food and Drug Administration. September 20, 2018. https://www.fda.gov/media/116492/download
13. Blumfield E, Swenson DW, Iyer RS, Stanescu AL. Gadolinium-based contrast agents — review of recent literature on magnetic resonance imaging signal intensity changes and tissue deposits, with emphasis on pediatric patients. *Pediatr Radiol*. 2019;49(4):448-457. doi:10.1007/s00247-018-4304-8
14. American College of Radiology. ACR – SPR – SRU Practice Parameter for the Performance and Interpretation of Diagnostic Ultrasound Examinations. Revised 2023. (Resolution 32). https://www.acr.org/-/media/ACR/Files/Practice-Parameters/US-Perf-Interpret.pdf
15. American College of Radiology. ACR – ACNM – SNMMI – SPR Practice Parameter for Performing FDG-PET/CT in Oncology. Revised 2021. (Resolution 20). https://www.acr.org/-/media/ACR/Files/Practice-Parameters/FDG-PET-CT.pdf
16. American College of Radiology. ACR Practice Parameter for Performing and Interpreting Magnetic Resonance Imaging (MRI). Revised 2022. (Resolution 8). https://www.acr.org/-/media/ACR/Files/Practice-Parameters/MR-Perf-Interpret.pdf
17. American College of Radiology. ACR – SPR Practice Parameter for Performing and Interpreting Diagnostic Computed Tomography (CT). Revised 2022. (Resolution 9). https://www.acr.org/-/media/ACR/Files/Practice-Parameters/CT-Perf-Interpret.pdf
18. Lohrke J, Frenzel T, Endrikat J, et al. 25 Years of Contrast-Enhanced MRI: Developments, Current Challenges and Future Perspectives. *Adv Ther*. 2016;33(1):1-28. doi:10.1007/s12325-015-0275-4
19. Implementation Guide: Medicaid State Plan Eligibility Eligibility Groups – Mandatory Coverage Infants and Children under Age 19. U.S. Department of Health & Human Services. August 25, 2020. HHS-0938-2017-

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

F-5484. https://www.hhs.gov/guidance/document/implementation-guide-medicaid-state-plan-eligibility-eligibility-groups-aeu-mandatory-2

20. History and Physicals - Understanding the Requirements: What are the key elements organizations need to understand regarding History and Physical Requirements?. The Joint Commission. Reviewed July 12, 2022. https://www.jointcommission.org/standards/standard-faqs/hospital-and-hospital-clinics/provision-of-care-treatment-and-services-pc/000002272/
21. Mammarappallil JG, Rankine L, Wild JM, Driehuys B. New Developments in Imaging Idiopathic Pulmonary Fibrosis With Hyperpolarized Xenon Magnetic Resonance Imaging. *J Thorac Imaging*. 2019;34(2):136-150. doi:10.1097/rti.0000000000000392
22. Wang JM, Robertson SH, Wang Z, et al. Using hyperpolarized 129Xe MRI to quantify regional gas transfer in idiopathic pulmonary fibrosis. *Thorax*. 2017;73(1):21-28. doi:10.1136/thoraxjnl-2017-210070

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Coding Issues (Preface-4)

Guideline

3D Rendering (Preface-4.1)
CT-, MR-, or Ultrasound-Guided Procedures (Preface-4.2)
Unlisted Procedures/Therapy Treatment Planning (Preface-4.3)
Unilateral Versus Bilateral Breast MRI (Preface-4.4)
CPT® 76380 Limited or Follow-up CT (Preface-4.5)
SPECT/CT Imaging (Preface-4.6)
CPT® 76140 Interpretation of an Outside Study (Preface-4.7)
Quantitative MR Analysis (Preface-4.8)
HCPCS Codes (Preface-4.9)
References (Preface-4)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

3D Rendering (Preface-4.1)

PRF.CD.0004.1.U
v2.0.2025

CPT® 76376 and CPT® 76377:

- Both codes require concurrent supervision of the image post-processing 3D manipulation of the volumetric data set and image rendering.
  - Concurrent supervision is defined as active physician participation in and monitoring of the reconstruction process including design of the anatomic region that is to be reconstructed; determination of the tissue types and actual structures to be displayed (e.g., bone, organs, and vessels); determination of the images or cine loops that are to be archived; and monitoring and adjustment of the 3D work product. The American College of Radiology (ACR) recommends that it is best to document the physician's supervision or participation in the 3D reconstruction of images.
- These two codes differ in the need for and use of an independent workstation for post-processing.
  - CPT® 76376 reports procedures not requiring image post-processing on an independent workstation.
  - CPT® 76377 reports procedures that require image post-processing on an independent workstation.
- These 3D rendering codes should not be used for 2D reformatting.
- Two-dimensional reconstruction (e.g., reformatting an axial scan into the coronal plane) is now included in all cross-sectional imaging base codes and is not separately reimbursable.
- The codes used to report 3D rendering for ultrasound and echocardiography are also used to report the 3D post processing work on CT, MRI, and other tomographic modalities.
- Providers may be required to obtain prior authorization on these 3D codes even if prior authorization is not required for the echocardiography and/or ultrasound procedure codes. It may appear that EviCore pre-authorizes echocardiography and/or ultrasound when, in fact, it may only be the 3D code that needs the prior authorization.
- CPT® codes for 3D rendering should not be billed in conjunction with computer-aided detection (CAD), MRA, CTA, nuclear medicine SPECT studies, PET, PET/CT, Mammogram, MRI Breast, US Breast, CT Colonography (virtual colonoscopy), Cardiac MRI, Cardiac CT, or Coronary CTA studies.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

- CPT® 76377 (3D rendering requiring image post-processing on an independent workstation) or CPT® 76376 (3D rendering not requiring image post-processing on an independent workstation) can be considered in the following clinical scenarios:
  - Bony conditions:
    - Evaluation of congenital skull abnormalities in newborns, infants, and toddlers (usually for pre-operative planning)
    - Complex fractures (comminuted or displaced)/dislocations of any joint (for pre-operative planning when conventional imaging is insufficient)
    - Spine fractures, pelvic/acetabulum fractures, intra-articular fractures (for pre-operative planning when conventional imaging is insufficient)
    - Pre-operative planning for other complex surgical cases
    - Complex facial fractures
  - Pre-operative planning for other complex surgical cases
  - Cerebral angiography
  - Pelvis conditions:
    - Uterine intra-cavitary lesion when initial US is equivocal: See **Abnormal Uterine Bleeding (AUB) (PV-2.1)** and **Leiomyoma/Uterine Fibroids (PV-12.1)** in the Pelvis Imaging Guidelines.
    - Hydrosalpinxes or peritoneal cysts when initial US is indeterminate: See **Complex Adnexal Masses (PV-5.3)** in the Pelvis Imaging Guidelines.
    - Lost IUD (inability to feel or see IUD string) with initial US: See **Intrauterine Device (PV-10.1)** in the Pelvis Imaging Guidelines.
    - Uterine anomalies with initial US: See **Uterine Anomalies (PV-14.1)** in the Pelvis Imaging Guidelines.
    - Infertility: See **Initial Infertility Evaluation, Female (PV-9.1)** in the Pelvis Imaging Guidelines.
  - Abdomen conditions:
    - CT Urogram: See **Hematuria and Hydronephrosis (AB-39)** in the Abdomen Imaging Guidelines.
    - MRCP: See **MR Cholangiopancreatography (MRCP) (AB-27)** in the Abdomen Imaging Guidelines.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

CT-, MR-, or Ultrasound-Guided Procedures (Preface-4.2)

PRF.CD.0004.2.A

v2.0.2025

- CT-, MR-, and Ultrasound-guidance procedure codes contain all of the imaging necessary to guide a needle or catheter. It is inappropriate to routinely bill a diagnostic procedure code in conjunction with a guidance procedure code.
- Imaging studies performed as part of a CT-, MR-, or Ultrasound-guided procedure should be reported using the CPT® codes in the following table:

TABLE: Imaging Guidance Procedure Codes

CPT®	Description
19085	Biopsy, breast, with placement of breast localization device(s), when performed, and imaging of the biopsy specimen, when performed, percutaneous; first lesion, including MR guidance
19086	Biopsy, breast, with placement of breast localization device(s), when performed, and imaging of the biopsy specimen, when performed, percutaneous; each additional lesion, including MR guidance
75989	Imaging guidance for percutaneous drainage with placement of catheter (all modalities)
76942	Ultrasonic guidance for needle placement
77011	CT guidance for stereotactic localization
77012	CT guidance for needle placement
77013	CT guidance for, and monitoring of parenchymal tissue ablation
77021	MR guidance for needle placement
77022	MR guidance for, and monitoring of parenchymal tissue ablation

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

CPT® 19085 and CPT® 19086

- The proper way to bill an MRI-guided breast biopsy is CPT® 19085 (Biopsy, breast, with placement of breast localization device(s), when performed, and imaging of the biopsy specimen, when performed, percutaneous; first lesion, including MR guidance). Additional lesions should be billed using CPT® 19086.
  - **CPT® 77021** (MR guidance for needle placement) is not an appropriate code for a breast biopsy.

CPT® 75989

- This code is used to report imaging guidance for a percutaneous drainage procedure in which a catheter is left in place.
- This code can be used to report whether the drainage catheter is placed under fluoroscopy, Ultrasound-, CT-, or MR-guidance modality.

CPT® 77011

- A stereotactic CT localization scan is frequently obtained prior to sinus surgery. The dataset is then loaded into the navigational workstation in the operating room for use during the surgical procedure. The information provides exact positioning of surgical instruments with regard to the individual's 3D CT images.[3]
- In most cases, the pre-operative CT is a technical-only service that does not require interpretation by a radiologist.
  - The imaging facility should report CPT® 77011 when performing a scan not requiring interpretation by a radiologist.
  - If a diagnostic scan is performed and interpreted by a radiologist, the appropriate diagnostic CT code (e.g., CPT® 70486) should be used.
  - It is not appropriate to report both CPT® 70486 and CPT® 77011 for the same CT stereotactic localization imaging session.
  - 3D Rendering (CPT® 76376 or CPT® 76377) should not be reported in conjunction with CPT® 77011 (or CPT® 70486 if used). The procedure inherently generates a 3D dataset.

CPT® 77012 (CT) and CPT® 77021 (MR)

- These codes are used to report imaging guidance for needle placement during biopsy, aspiration, and other percutaneous procedures.
- They represent the radiological supervision and interpretation of the procedure and are often billed in conjunction with surgical procedure codes.
  - For example, CPT® 77012 is reported when CT guidance is used to place the needle for a conventional arthrogram.
  - Only codes representing percutaneous surgical procedures should be billed with CPT® 77012 and CPT® 77021. It is inappropriate to use with surgical codes for open, excisional, or incisional procedures.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

- **CPT® 77021** (MR guidance for needle placement) is not an appropriate code for breast biopsy.
  - CPT® 19085 would be appropriate for the first breast biopsy site and CPT® 19086 would be appropriate for additional concurrent biopsies.

CPT® 77013 (CT) and CPT® 77022 (MR)

- These codes include the initial guidance to direct a needle electrode to the tumor(s), monitoring for needle electrode repositioning within the lesion, and as necessary for multiple ablations to coagulate the lesion and confirmation of satisfactory coagulative necrosis of the lesion(s) and comparison to pre-ablation images.
  - **NOTE:** CPT® 77013 should only be used for non-bone ablation procedures.
    - CPT® 20982 includes CT guidance for bone tumor ablations.
  - Only codes representing percutaneous surgical procedures should be billed with CPT® 77013 and CPT® 77022. It is inappropriate to use with surgical codes for open, excisional, or incisional procedures.
- CPT® 77012 and CPT® 77021 (as well as guidance codes CPT® 76942 [US], and CPT® 77002 - CPT® 77003 [fluoroscopy]) describe radiologic guidance by different modalities.
  - Only one unit of any of these codes should be reported per individual encounter (date of service). The unit of service is considered to be the individual encounter, not the number of lesions, aspirations, biopsies, injections, or localizations.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Unlisted Procedures/Therapy Treatment Planning (Preface-4.3)

PRF.CD.0004.3.U
v2.0.2025

CPT®	Description
78999	Unlisted procedure, diagnostic nuclear medicine
76498	Unlisted MR procedure (e.g., diagnostic or interventional)
76497	Unlisted CT procedure (e.g., diagnostic or interventional)

- These unlisted codes should be reported whenever a diagnostic or interventional CT or MR study is performed in which an appropriate anatomic site-specific code is not available.
  - A Category III code that describes the procedure performed must be reported rather than an unlisted code if one is available.
- CPT® 76497 or CPT® 76498 (Unlisted CT or MRI procedure) can be considered in the following clinical scenarios:
  - Studies done for navigation and planning for neurosurgical procedures (i.e. Stealth or Brain Lab Imaging)[1,2]
  - Custom joint arthroplasty planning (not as an alternative recommendation): See **Osteoarthritis (MS-12.1)** in the Musculoskeletal Imaging Guidelines.
  - Any procedure/surgical planning if thinner cuts or different positional acquisition (than those on the completed diagnostic study) are needed. These could include navigational bronchoscopy. See **Navigational Bronchoscopy (CH-1.7)** in the Chest Imaging Guidelines

Therapy Treatment Planning

- Radiation Therapy Treatment Planning: See **Unlisted Procedure Codes in Oncology (ONC-1.5)** In the Oncology Imaging Guidelines

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Unilateral Versus Bilateral Breast MRI (Preface-4.4)

PRF.CD.0004.4.A

v2.0.2025

- Diagnostic MRI of both breasts should be coded as CPT® 77049 regardless of whether both breasts are imaged simultaneously or whether unilateral breast MRI is performed in two separate imaging sessions.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

CPT® 76380 Limited or Follow-up CT (Preface-4.5)

PRF.CD.0004.5.A

v2.0.2025

- CPT® 76380 describes a limited or follow-up CT scan. The code is used to report any CT scan, for any given area of the body, in which the work of a full diagnostic code is not performed.
- Common examples include, but are not limited to, the following:
  - Limited sinus CT imaging protocol
  - Limited or follow-up slices through a known pulmonary nodule
  - Limited slices to assess a non-healing fracture (such as the clavicle)
- Limited CT (CPT® 76380) is not indicated for treatment planning purposes. See **Unlisted Procedure Codes in Oncology (ONC-1.5)** in the Oncology Imaging Guidelines.
- It is inappropriate to report CPT® 76380, in conjunction with other diagnostic CT codes, to cover 'extra slices' in certain imaging protocols.
  - There is no specific number of sequences or slices defined in any CT CPT® code definition.
  - The AMA, in *CPT® 2019*, does not describe nor assign any minimum or maximum number of sequences or slices for any CT study.
    - A few additional slices or sequences are not uncommon.
    - CT imaging protocols are often influenced by the individual's clinical situation. Sometimes the protocols require more time and sometimes less.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

SPECT/CT Imaging (Preface-4.6)

PRF.CD.0004.6.A

v2.0.2025

- SPECT/CT involves SPECT (Single Photon Emission Computed Tomography) nuclear medicine imaging and CT for optimizing location, accuracy, and attenuation correction and combines functional and anatomic information.
  - Common studies using this modality include ^{123}I- or ^{131}I-Metaiodobenzylguanidine (MIBG) and octreotide scintigraphy for neuroendocrine tumors.
- Hybrid Nuclear/CT scan can be reported as CPT® 78830 (single area and single day), CPT® 78831 (2 or more days), or CPT® 78832 (2 areas with one day and 2-day study).
- CPT® 78072 became effective January 1, 2013 for SPECT/CT parathyroid nuclear imaging.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

CPT® 76140 Interpretation of an Outside Study (Preface-4.7)

PRF.CD.0004.7.U

v2.0.2025

- It is inappropriate to use diagnostic imaging codes for interpretation of a previously performed exam that was completed at another facility.
  - If the outside exam is being used for comparison with a current exam, the diagnostic code for the current examination includes comparison to the prior study.[4]
  - CPT® 76140 is the appropriate code to use for an exam which was completed elsewhere and a secondary interpretation of the images is requested.[5]

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Quantitative MR Analysis (Preface-4.8)

PRF.CD.0004.8.A
v2.0.2025

- Category III CPT® codes for quantitative analysis of multiparametric-MR (mp-MRI) data with and without an associated diagnostic MRI have been established. Quantitative mp-MRI uses software to analyze tissue physiology of visceral organs and other anatomic structures non-invasively. At present, these procedures are primarily being used in clinical trials and there is no widely recommended indications in clinical practice. As such, these procedures are considered to be investigational and experimental for coverage purposes.
  - CPT® 0648T (without diagnostic MRI) and CPT® 0649T (with diagnostic MRI) refer to data analysis with and without associate imaging of a single organ, with its most common use being LiverMultiScan (LMS).
    - See **Fatty Liver (AB-29.2)** in the Abdomen Imaging Guidelines.
  - CPT® 0697T (without diagnostic MRI) and CPT® 0698T (with diagnostic MRI) refer to data analysis with and without associate imaging of a multiple organs, with its most common use being CoverScan.
  - Volumetric and quantitative MRI analysis of the brain (CPT® 0865T or CPT® 0866T) lack sufficient specificity and sensitivity to be clinically useful. Its use is limited to research studies and is otherwise considered to be not medically necessary in routine clinical practice.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

HCPCS Codes (Preface-4.9)

PRF.CD.0004.9.A

v2.0.2025

- Healthcare Common Procedure Coding System (HCPCS) codes are utilized by some hospitals in favor of the typical Level-III CPT® codes. These codes are typically 4 digits preceded by a C or S.[6]
  - Many of these codes have similar code descriptions to Level-III CPT® codes (i.e., C8931 – MRA with dye, Spinal Canal; and, CPT® 72159 – MRA Spinal Canal).
  - If cases are submitted with HCPCS codes with similar code descriptions to the typical Level-III CPT® codes, those procedures should be managed in the same manner as the typical CPT® codes.
  - HCPCS code management is discussed further in the applicable guideline sections.
- Requests for many Healthcare Common Procedure Coding System (HCPCS) codes, including non-specific codes such as S8042 (Magnetic resonance imaging [MRI], low-field), should be redirected to a more appropriate and specific CPT® code. Exceptions are noted in the applicable guideline sections.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

References (Preface-4)

v2.0.2025

1. Society of Nuclear Medicine and Molecular Imaging Coding Corner. http://www.snmmi.org/ClinicalPractice/CodingCornerPT.aspx?ItemNumber=1786
2. Intraoperative MR. Brainlab. https://www.brainlab.com/surgery-products/overview-neurosurgery-products/intraoperative-mr/
3. Citardi MJ, Agbetoba A, Bigcas JL, Luong A. Augmented reality for endoscopic sinus surgery with surgical navigation: a cadaver study. *Int Forum Allergy Rhinol*. 2016;6(5):523-528. doi:10.1002/alr.21702
4. ACR Radiology Coding Source™ March-April 2007 Q and A. American College of Radiology. https://www.acr.org/Advocacy-and-Economics/Coding-Source/ACR-Radiology-Coding-Source-March-April-2007-Q-and-A
5. Chung CY, Alson MD, Duszak R, Degnan AJ. From imaging to reimbursement: what the pediatric radiologist needs to know about health care payers, documentation, coding and billing. *Pediatr Radiol*. 2018;48(7):904-914. doi:10.1007/s00247-018-4104-1
6. Healthcare Common Procedure Coding System (HCPCS). Centers for Medicare and Medicaid Services. www.cms.gov/medicare/coding/medhcpcsgeninfo.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Whole-Body Imaging (Preface-5)

Guideline

Whole Body CT Imaging (Preface-5.1)
Whole-Body MR Imaging (Preface-5.2)
PET-MRI (Preface-5.3)
References (Preface-5)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Whole Body CT Imaging (Preface-5.1)

PRF.WB.0005.1.U

v2.0.2025

- Whole-body CT or LifeScan (CT Brain, Chest, Abdomen, and Pelvis) for screening of asymptomatic individuals is not a covered benefit. The performance of whole-body screening CT examinations in healthy individuals does not meet any of the current validity criteria for screening studies and there is no clear documentation of benefit versus radiation risk.
- Whole-body low-dose CT is supported for oncologic staging in Multiple Myeloma. See **Multiple Myeloma and Plasmacytomas (ONC-25)** in the Oncology Imaging Guidelines.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Whole-Body MR Imaging (Preface-5.2)

PRF.WB.0005.2.A
v2.0.2025

- Whole-body MRI (WBMRI) is, with the exception of select cancer predisposition syndromes and autoimmune conditions discussed below, generally not supported at this time due to lack of standardization in imaging technique and lack of evidence that WBMRI improves outcome for any individual disease state.
  - While WBMRI has the benefit of whole-body imaging and lack of radiation exposure, substantial variation still exists in the number of images, type of sequences (STIR vs. diffusion weighting, for example), and contrast agent(s) used.
- Coding considerations:
  - There are no established CPT® or HCPCS codes for reporting WBMRI.
  - WBMRI is at present only reportable using CPT® 76498. All other methods of reporting whole-body MRI are inappropriate including the following:
    - Separate diagnostic MRI codes for multiple individual body parts
    - MRI Bone Marrow Supply (CPT® 77084)
- Disease-specific considerations:
  - Cancer screening:
    - Interval WBMRI is recommended for cancer screening in individuals with select cancer predisposition syndromes. Otherwise, WBMRI has not been shown to improve outcomes for cancer screening.
      - For additional information, see **Li-Fraumeni Syndrome (LFS) (PEDONC-2.2)**, **Neurofibromatosis 1 and 2 (NF1 and NF2) (PEDONC-2.3)**, **Rhabdoid Tumor Predisposition Syndrome (PEDONC-2.11)**, **Hereditary Paraganglioma-Pheochromocytoma (HPP) Syndromes (PEDONC-2.13)**, **Constitutional Mismatch Repair Deficiency (CMMRD or Turcot Syndrome) (PEDONC-2.15)**, or **Infantile Myofibromatosis (PEDONC-2.18)** in the Pediatric and Special Populations Oncology Imaging Guidelines.
  - Cancer staging and restaging:
    - While the feasibility of WBMRI has been established, data remain conflicting on whether WBMRI is of equivalent diagnostic accuracy compared with standard imaging modalities such as CT, scintigraphy, and PET imaging.
    - Evidence has not been published establishing WBMRI as a standard evaluation for any type of cancer.
  - Autoimmune disease:
    - WBMRI can be approved in some situations for individuals with chronic recurrent multifocal osteomyelitis.
      - For additional information, see **Chronic Recurrent Multifocal Osteomyelitis (PEDMS-10.2)** in the Pediatric Musculoskeletal Imaging Guidelines.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

PET-MRI (Preface-5.3)

PRF.WB.0005.3.A

v2.0.2025

- PET-MRI is generally not supported for a vast majority of oncologic and neurologic conditions due to lack of standardization in imaging technique and interpretation. However, it may be appropriate in select circumstances when the following criteria are met:
  - The individual meets condition-specific guidelines for PET-MRI OR
  - The individual meets ALL of the following:
    - The individual meets guideline criteria for PET-CT, **AND**
    - PET-CT is not available at the treating institution, **AND**
    - The provider requests PET-MRI in lieu of PET-CT
- When the above criteria are met, PET-MRI may be reported using the code combination of PET Whole-Body (CPT® 78813) and MRI Unlisted (CPT® 76498). All other methods of reporting PET-MRI are inappropriate.
  - When clinically appropriate, diagnostic MRI codes may be indicated at the same time as the PET-MRI code combination.
- For more information, see **PET Imaging in Pediatric Oncology (PEDONC-1.4)** in the Pediatric and Special Populations Oncology Imaging Guidelines, and **PET Brain Imaging (PEDHD-2.3)** and **Special Imaging Studies in Evaluation for Epilepsy Surgery (PEDHD-6.3)** in the Pediatric Head Imaging Guidelines.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (Preface-5)

v2.0.2025

1. Villani A, Tabori U, Schiffman J, et al. Biochemical and imaging surveillance in germline TP53 mutation carriers with Li-Fraumeni syndrome: a prospective observational study. *Lancet Oncol*. 2011;12(6):559-567. doi:10.1016/S1470-2045(11)70119-X
2. Siegel MJ, Acharyya S, Hoffer FA, et al. Whole-Body MR Imaging for Staging of Malignant Tumors in Pediatric Patients: Results of the American College of Radiology Imaging Network 6660 Trial. *Radiology*. 2013;266(2):599-609. doi:10.1148/radiol.12112531
3. Antoch G. Whole-Body Dual-Modality PET/CT and Whole-Body MRI for Tumor Staging in Oncology. *JAMA*. 2003;290(24):3199. doi:10.1001/jama.290.24.3199
4. Lauenstein TC, Semelka RC. Emerging techniques: Whole-body screening and staging with MRI. *J Magn Reson Imaging*. 2006;24(3):489-498. doi:10.1002/jmri.20666
5. Khanna G, Sato TSP, Ferguson P. Imaging of Chronic Recurrent Multifocal Osteomyelitis. *RadioGraphics*. 2009;29(4):1159-1177. doi:10.1148/rg.294085244
6. Ferguson PJ, Sandu M. Current Understanding of the Pathogenesis and Management of Chronic Recurrent Multifocal Osteomyelitis. *Curr Rheumatol Rep*. 2012;14(2):130-141. doi:10.1007/s11926-012-0239-5
7. National Comprehensive Cancer Network® (NCCN®). NCCN Clinical Practice Guidelines in Oncology (NCCN Guidelines®): Genetic/Familial High Risk Assessment: Breast, Ovarian, and Pancreatic. Version 3.2024. February 12, 2024. Referenced with permission from the NCCN Clinical Practice Guidelines in Oncology (NCCN Guidelines®) for Genetic/Familial High-Risk Assessment: Breast, Ovarian, and Pancreatic V.3.2024. ©2024 National Comprehensive Cancer Network, Inc. All rights reserved. The NCCN Guidelines® and illustrations herein may not be reproduced in any form for any purpose without the express written permission of the NCCN. To view the most recent and complete version of the NCCN Guidelines®, go online to NCCN.org.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (Preface-6)

Guideline

References (Preface-6.1)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (Preface-6.1)

PRF.RF.0006.1.A

v2.0.2025

- Complete reference citations for the journal articles are embedded within the body of the guidelines and/or may be found on the Reference pages at the end of some guideline sections.
- The website addresses for certain references are included in the body of the guidelines but are not hyperlinked to the actual website.
- The website address for the American College of Radiology (ACR) Appropriateness Criteria® is http://www.acr.org.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Copyright Information (Preface-7)

Guideline

Copyright Information (Preface-7.1)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Copyright Information (Preface-7.1)

PRF.CI.0007.1.A

v2.0.2025

- ©2025 EviCore healthcare. All rights reserved. No part of these materials may be changed, reproduced, or transmitted in any form or by any means, electronic or mechanical, including photocopying or recording, or in any information storage or retrieval system, without the prior express written permission of EviCore.

Click Here to Return to the Main TOC

Trademarks (Preface-8)

Guideline

Trademarks (Preface-8.1)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Trademarks (Preface-8.1)

PRF.TM.0008.1.A

v2.0.2025

- **CPT® (Current Procedural Terminology)** is a registered trademark of the American Medical Association (AMA). **CPT®** five-digit codes, nomenclature, and other data are copyright 2025 American Medical Association. All Rights Reserved. No fee schedules, basic units, relative values, or related listings are included in the CPT® book. AMA does not directly or indirectly practice medicine or dispense medical services. AMA assumes no liability for the data contained herein or not contained herein.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Table of Contents

Guideline

General Guidelines (AB-1)
Abdominal Pain (AB-2)
Abdominal Sepsis (Suspected Abdominal Abscess) (AB-3)
Flank Pain, Rule Out or Known Renal/Ureteral Stone (AB-4)
Gastroenteritis/Enterocolitis (AB-5)
Mesenteric/Colonic Ischemia (AB-6)
Post-Operative Pain Within 60 Days Following Abdominal Surgery – Abdominal Procedure (AB-7)
Abdominal Lymphadenopathy (AB-8)
Bariatric Surgery and Percutaneous Gastrostomy (AB-9)
Blunt Abdominal Trauma (AB-10)
Gaucher Disease and Hemochromatosis (AB-11)
Hernias (AB-12)
Abdominal Mass (AB-13)
Lower Extremity Edema (AB-14)
Zollinger-Ellison Syndrome (ZES-Gastrinoma) (AB-15)
Adrenal Cortical Lesions (AB-16)
Abdominal Aortic Aneurysm (AAA), Iliac Artery Aneurysm (IAA), and Visceral Artery Aneurysms Follow-Up of Known Aneurysms and Pre-Op Evaluation (AB-17)
Abdominal Aortic Aneurysm (AAA) and Iliac Artery Aneurysm (IAA)-Post Endovascular or Open Aortic Repair (AB-18)
Aortic Dissection and Imaging for Other Aortic Conditions (AB-19)
Bowel Obstruction, Gastroparesis, and Bloating (AB-20)
Diarrhea, Constipation, and Irritable Bowel (AB-21)
GI Bleeding (AB-22)
Inflammatory Bowel Disease (AB-23)
Celiac Disease (Sprue) (AB-24)
CT Colonography (CTC) (AB-25)
Cirrhosis and Liver Screening for Hepatocellular Carcinoma (HCC); Ascites and Portal Hypertension (AB-26)
MR Cholangiopancreatography (MRCP) (AB-27)
Gallbladder (AB-28)
Liver Lesion Characterization (AB-29)
Abnormal Liver Chemistries (AB-30)
Pancreatic Lesion (AB-31)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Pancreatic Pseudocysts (AB-32)
Pancreatitis (AB-33)
Spleen (AB-34)
Indeterminate Renal Lesion (AB-35)
Renal Failure (AB-36)
Renovascular Hypertension (AB-37)
Polycystic Kidney Disease (AB-38)
Hematuria and Hydronephrosis (AB-39)
Urinary Tract Infection (UTI) (AB-40)
Patent Urachus (AB-41)
Transplant (AB-42)
Hepatic and Abdominal Arteries (AB-43)
Suspected Neuroendocrine Tumors of the Abdomen (AB-44)
Liver Elastography (AB-45)
Hiccups (AB-46)
Retroperitoneal Fibrosis (AB-47)
Fistulae (AB-48)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

General Guidelines (AB-1)

Guideline

Abbreviations for Abdomen Imaging Guidelines
General Guidelines (AB-1.0)
Overview (AB-1.1)
CT Imaging (AB-1.2)
MR Imaging (AB-1.3)
MR Enterography and Enteroclysis Coding Notes (AB-1.4)
Ultrasound (AB-1.5)
Abdominal Ultrasound (AB-1.6)
Retroperitoneal Ultrasound (AB-1.7)
CT-, MR-, Ultrasound-guided Procedures (AB-1.8)
Contrast-Enhanced Ultrasound (AB-1.9)
Quantitative MRI (AB-1.10)
RADCAT Grading System (AB-1.11)
Pregnancy Considerations for Imaging (AB-1.12)
References (AB-1)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Abbreviations for Abdomen Imaging Guidelines

AB.GG.Abbreviations.A
v2.0.2025

Abbreviations for Abdomen Imaging Guidelines	
AAA	abdominal aortic aneurysm
AASLD	American Association for the Study of Liver Diseases
ACE	angiotensin-converting enzyme
ACG	American College of Gastroenterology
ACR	American College of Radiology
ACTH	adrenocorticotropic hormone
AFP	alpha-fetoprotein
AGA	American Gastroenterological Association
ALT	alanine aminotransferase
ASGE	American Society for Gastrointestinal Endoscopy
AST	aspartate aminotransferase
AUA	American Urological Association
BEIR	Biological Effects of Ionizing Radiation
BUN	blood urea nitrogen
CAG	Canadian Association of Gastroenterology
CNS	central nervous system

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Abbreviations for Abdomen Imaging Guidelines	
CT	computed tomography
CTA	computed tomography angiography
CTC	computed tomography colonography (aka: virtual colonoscopy)
DVT	deep vein thrombosis
ERCP	endoscopic retrograde cholangiopancreatography
EUS	endoscopic ultrasound
FNH	focal nodular hyperplasia
GFR	glomerular filtration rate
GGT	gamma glutamyltransferase
GI	gastrointestinal
HCC	hepatocellular carcinoma
HCPCS	Healthcare Common Procedural Coding System (commonly pronounced: “hix pix”)
HU	Hounsfield units
IAA	iliac artery aneurysm
IV	intravenous
KUB	kidneys, ureters, bladder (plain frontal supine abdominal radiograph)
LFT	liver function tests
MASLD	metabolic dysfunction associated steatotic liver disease (formerly known as NAFLD)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Abbreviations for Abdomen Imaging Guidelines	
MRCP	magnetic resonance cholangiopancreatography
MRA	magnetic resonance angiography
MRI	magnetic resonance imaging
mSv	millisievert
NAFLD	nonalcoholic fatty liver disease (now known as MASLD)
PA	posteroanterior projection
PET	positron emission tomography
RAS	renal artery stenosis
RBC	red blood cell
SBFT	small bowel follow through
SPECT	single photon emission computed tomography
VC	virtual colonoscopy (CT colonography)
PFT	pulmonary function tests
WBC	white blood cell
ZES	Zollinger-Ellison Syndrome

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

General Guidelines (AB-1.0)

AB.GG.0001.0.A

v2.0.2025

- A relevant clinical evaluation is required before advanced imaging can be considered. The clinical evaluation must include a history relevant to the current complaint and physical examination, and may include appropriate laboratory studies, and non-advanced imaging modalities such as plain x-ray or ultrasound. Other meaningful contact (telephone call, electronic mail or messaging) by an established individual can substitute for a face-to-face clinical evaluation.

Red Flag Findings

- The following signs and symptoms can be indicative of more serious conditions. Documentation of abdominal pain along with ANY of the following warrants exclusion from prerequisites to advanced imaging:
  - History of malignancy with a likelihood or propensity to metastasize to abdomen
  - Fever (≥101 degrees Fahrenheit)
  - Elevated WBC >10,000, or above the upper limit of normal for the particular lab reporting the result
  - Low WBC (absolute neutrophil count <1000)
  - Palpable mass of clinical concern and/or without benign features
  - GI bleeding, overt or occult, not obviously hemorrhoidal
  - Abdominal tenderness documented as moderate or severe
  - Peritoneal signs, such as guarding or rebound tenderness
  - Suspected complication of bariatric surgery
  - Notation by the ordering provider that the individual has a "surgical abdomen"
  - Age ≥60 years with unintentional weight loss of ≥10 lbs. or ≥5% of body weight over 6 months or less
- See the condition-specific sections for when the above list of exclusionary criteria apply and lead directly to advanced imaging.

Imaging Recommended Per Drug Manufacturer

- When follow up imaging for the purposes of monitoring or screening is recommended in the package insert for a particular drug therapy or medication, that imaging may be indicated.

Complications Related to COVID-19

- Please refer to the appropriate condition-specific guideline relevant to the presenting signs or symptoms in individuals with potential sequelae of COVID-19.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

- Examples include:
  - For suspected acute mesenteric ischemia, see: **Mesenteric Ischemia (AB-6.1)**
  - For suspected renal failure, see: **Renal Failure (AB-36.1)**
  - For left upper quadrant pain and suspected infarct, see: **Left Upper Quadrant (LUQ) Pain (AB-2.4)**

Pre-operative Radiologic Imaging

- Please refer to the appropriate condition-specific guideline relevant to the clinical condition for pre-operative imaging indications (e.g., **Percutaneous Gastrostomy (AB-9.2)**)
- If imaging is requested by the operating surgeon to support planned surgery, the imaging may be approved.
- Radiologic therapeutic intervention is addressed elsewhere in this Guideline
  - Radiologic management of lower GI bleeding, see: **Small Bowel Bleeding Suspected (AB-22.2)**
  - Radiologic management of mesenteric ischemia, see: **Mesenteric/Colonic Ischemia (AB-6.1)**
  - Radiologic management of portal hypertension, see: **Portal Hypertension (AB-26.3)**

3D Rendering

- CPT® 76377 (3D rendering requiring image post-processing on an independent workstation) or CPT® 76376 (3D rendering not requiring image post-processing on an independent workstation) can be considered in the following clinical scenarios:
  - Preoperative planning for complex surgical cases
  - CT Urogram (See: **Hematuria and Hydronephrosis (AB-39)**)
  - MRCP (See: **MR Cholangiopancreatography (MRCP) (AB-27)**)
- CPT® codes for 3D rendering should not be billed in conjunction with computer-aided detection (CAD), MRA, CTA, nuclear medicine SPECT studies, PET, PET/CT, or CT Colonography (virtual colonoscopy).

Evidence Discussion

Except as noted in condition-specific sections of these Abdominal Guidelines, initial evaluation by ultrasound is generally prerequisite to advanced imaging modalities. Ultrasound requires no ionizing radiation, is cost effective, helps determine most appropriate next advanced imaging study (CT vs. MRI), contrast level, readily accessible, and often can be scheduled same day.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

When Red Flag signs and symptoms are present, literature supports early use of computer tomography (CT) and/or magnetic resonance imaging (MRI) without need for a prior ultrasound. Red Flags include:

- Risk of metastases: Liver, lung, and regional lymph nodes are frequent metastatic targets readily identified by advanced abdominal imaging. Metastatic foci are less readily identified by ultrasound in the hollow viscus than solid abdominal organs - e.g., in high prevalence metastatic spread to the gas-filled stomach by breast cancer (27%), lung cancer (23%), renal cell cancer (7.6%), and malignant melanoma (7%).
- Fever: Accompanied by abdominal pain, or in combination with vomiting, bloody stools, unexplained weight loss, persistent fever requires urgent imaging evaluation. CT and MRI are better suited than ultrasound in localizing and characterizing gut-related urgencies such as bowel blockage, abdominal ischemia, acute inflammatory conditions (diverticulitis, flares of inflammatory bowel disease, perforation), and obstructing tumors.
- Abnormal white cell number: Neutropenia or leukocytosis warrants definitive advanced imaging to avoid delays in diagnosis and treatment, especially in immunocompromised settings, for life-threatening pathology such as neutropenic enterocolitis (typhilitis) or the various infectious, inflammatory, or injurious conditions described in the Abdominal Guideline sections in which an elevated white cell count is seen.
- Concerning palpable mass: The imaging approach to diagnosis varies by location and clinician-concern. For intra-abdominal masses, contrast-enhanced CT and ultrasound examination have demonstrated accuracy. For abdominal wall masses, which may arise from muscle, subcutaneous tissue, or connective tissue, MRI, CT, and ultrasound all provide diagnostic value. When mass is accompanied by abdominal pain, advanced imaging modalities may facilitate care.
- GI bleeding: When the source of bleeding is unidentified after upper endoscopy and/or colonoscopy, subsequent diagnostic modalities should be guided by clinical presentation, hemodynamic stability, and local expertise. CT angiography demonstrates a sensitivity of 86% and specificity of 95% in acute GI bleeding, and is useful in directing definitive hemostatic treatment.
- Significant abdominal tenderness, with or without peritoneal signs: Rapid onset of severe abdominal pain with significant tenderness, an acute abdomen or surgical abdomen, may indicate a potentially life-threatening condition requiring urgent surgical intervention for which accurate and timely diagnosis is critical. Advanced imaging also offers greater accuracy than ultrasound in the setting of a painless acute abdomen seen in older people, children, the immunocompromised, and in the last trimester of pregnancy.
- Suspected complication of bariatric surgery: Early advanced imaging followed by emergent intervention avoids morbidity in roux-en-Y patients with internal hernias or in balloon recipients with bowel obstruction or perforated gastrojejunal ulcer.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

- Unexplained weight loss: Problematic weight loss in the older adult is defined by the United States Omnibus Budget Reconciliation Act of 1987 (Title IV: subtitle C: Nursing Home Reform) as a loss of 5% of body weight in one month or 10% over a period of six months or longer. Unintentional weight loss is associated with an increased risk of death among older adults.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Overview (AB-1.1)

AB.GG.0001.1.A

v2.0.2025

- GI Specialist evaluations can be helpful, particularly in determining mesenteric/colonic ischemia, diarrhea/constipation, irritable bowel syndrome (IBS), or need for MRCP.
- Abdominal imaging begins at the diaphragm and extends to the umbilicus or iliac crest.
- Pelvic imaging begins at the iliac crest and extends to the pubis.
- Clinical concerns at the dividing line can be providers' choice (abdomen and pelvis; abdomen or pelvis).

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

CT Imaging (AB-1.2)

AB.GG.0001.2.A
v2.0.2025

- CT imaging is a more generalized modality. CT Abdomen is usually performed with contrast (CPT® 74160):
  - Oral contrast has no relation to the IV contrast administered. Coding for contrast only refers to IV contrast. There is no coding for oral contrast.
  - Exceptions are noted in these guidelines, and include:
    - CT Abdomen with contrast (CPT® 74160) or without and with contrast (CPT® 74170) with suspicion of a solid organ lesion (liver, kidney, pancreas, spleen).
      - Please refer to the specific guideline for the lesion in question for specific guidance.
    - CT Abdomen without contrast (CPT® 74150) or CT Abdomen and Pelvis without contrast (CPT® 74176) if there is renal insufficiency/failure, or a documented allergy to contrast. It can also be considered for diabetics or the very elderly.
    - CT Abdomen and Pelvis without and with contrast (CPT® 74178 – CT Urogram) for certain urologic conditions (e.g. hematuria)
  - Shellfish allergy:
    - It is commonly assumed that an allergy to shellfish infers iodine allergy, and that this implies an allergy to CT iodinated contrast media. However, this is NOT true. Shellfish allergy is due to tropomysins. Iodine plays no role in these allergic reactions. Allergies to shellfish do not increase the risk of reaction to IV contrast any more than that of other allergens.
  - CT Abdomen and Pelvis, usually with contrast (CPT® 74177), should be considered when signs or symptoms are generalized, or involve a lower quadrant of the abdomen.
  - CT Enterography (CPT® 74177) combines CT imaging with large volumes of ingested neutral bowel contrast material to allow visualization of the small bowel.
  - CT Enteroclysis
    - A tube is placed through the nose or mouth and advanced into the duodenum or jejunum. Bowel contrast material is infused through the tube and CT imaging is performed either with or without intravenous contrast.
    - CT Enteroclysis is used to allow visualization of the small bowel wall and lumen. CT Enteroclysis may allow better or more consistent distention of the small bowel than CT Enterography.
    - Report by assigning: CPT® 74176 or CPT® 74177
  - Triple-phase CT
    - 3 phases of a triple-phase CT are:
      - 1) Hepatic arterial phase,

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

- 2) Portal venous phase, and
- 3) Washout or delayed acquisitions phase.

▪ It should be noted that, in general, a pre-contrast or non-contrast CT is usually not needed in a standard triple-phase CT, except in those individuals previously treated with locoregional embolic or ablative therapies. Other specific instances in which a prior non-contrast CT may be indicated for the evaluation of liver lesions are noted in **Liver Lesion Characterization (AB-29.1)**.

- CT Colonography (CTC)
  - There are 3 CPT® codes for CTC:
    - CPT® 74263: Screening CTC (only used for screening procedures)
    - CPT® 74261: CTC without contrast
    - CPT® 74262: CTC with contrast
  - See: **CT Colonography (CTC) (AB-25)** for further indications for these procedures

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

MR Imaging (AB-1.3)

AB.GG.0001.3.A

v2.0.2025

- MRI may be preferred as a more targeted study in cases of renal failure, in individuals allergic to intravenous CT contrast, and as noted in these guidelines.
  - MRI Abdomen with contrast only is essentially never performed. If contrast is indicated, MRI Abdomen without and with contrast (CPT® 74183) should be performed.
  - For pregnant individuals ultrasound or MRI without contrast should be used to avoid radiation exposure. The use of gadolinium contrast agents is limited during pregnancy, as gadolinium contrast agents cross the placenta and enter the amniotic fluid with unknown long-term effects on the fetus.
    - See: **Pregnancy Considerations for Imaging (AB-1.12)** for additional discussion of this issue
- MR Elastography (CPT® 76391) replaces MRI Abdomen (CPT® 74183 or CPT® 74181) for requests for MR Elastography liver (See: **Liver Elastography (AB-45)**)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

MR Enterography and Enteroclysis Coding Notes (AB-1.4)

AB.GG.0001.4.A
v2.0.2025

- MR Enterography or Enteroclysis is reported in one of two ways:
  - MRI Abdomen without and with contrast (CPT® 74183), or
  - MRI Abdomen without and with contrast (CPT® 74183) and MRI Pelvis with and without contrast (CPT® 72197)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Ultrasound (AB-1.5)

AB.GG.0001.5.A

v2.0.2025

- Ultrasound, also called sonography, uses high frequency sounds waves to image body structures.
  - The routine use of 3D and 4D rendering, (post-processing), in conjunction with ultrasound is not medically necessary.
  - All ultrasound studies require permanently recorded images either stored on film or in a Picture Archiving and Communication System (PACS).
  - The use of a hand-held or any Doppler device that does not create a hard-copy output is considered part of the physical examination and is not separately billable. This exclusion includes devices that produce a record that does not permit analysis of bi-directional vascular flow.
- Duplex scan describes an ultrasonic scanning procedure for characterizing the pattern and direction of blood flow in arteries and veins with the production of real-time images integrating B-mode 2D vascular structures, Doppler spectral analysis, and color flow Doppler imaging.
  - The minimal use of color Doppler alone, when performed for anatomical structure identification during a standard ultrasound procedure, is not separately reimbursable.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Abdominal Ultrasound (AB-1.6)

AB.GG.0001.6.A

v2.0.2025

- Complete abdominal ultrasound (CPT® 76700) includes all of the following required elements:
  - Liver, gallbladder, common bile duct, pancreas, spleen, kidneys, upper abdominal aorta, and inferior vena cava
  - If a particular structure or organ cannot be visualized, the report should document the reason.
- Limited abdominal ultrasound (CPT® 76705) is without all of these required elements and can refer to a specific study of a single organ, a limited area of the abdomen, or a follow-up study.
  - Further, CPT® 76705 should:
    - Be assigned to report follow-up studies once a complete abdominal ultrasound (CPT® 76700) has been performed; and
    - Be assigned to report ultrasonic evaluation of diaphragmatic motion; and
    - Be reported only once per individual imaging session; and
      - Not be reported with CPT® 76700 for the same individual for the same imaging session

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Retroperitoneal Ultrasound (AB-1.7)

AB.GG.0001.7.A

v2.0.2025

- Complete retroperitoneal ultrasound (CPT® 76770) includes all of the following required elements:
  - Kidneys, lymph nodes, abdominal aorta, common iliac artery origins, inferior vena cava
  - For urinary tract indications, a complete study can consist of kidneys and bladder
- Limited retroperitoneal ultrasound (CPT® 76775) studies are without all of these required elements and can refer to a specific study of a single organ, a limited area of the abdomen, or a follow-up study.
  - Further, CPT® 76775 should:
    - be assigned to report follow-up studies once a complete retroperitoneal ultrasound (CPT® 76770) has been performed; and
    - be reported only once per individual imaging session; and
      - Not be reported with CPT® 76770 for the same individual for the same imaging session

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

CT-, MR-, Ultrasound-guided Procedures (AB-1.8)

AB.GG.0001.8.A
v2.0.2025

See: **CT-, MR-, or Ultrasound-Guided Procedures (Preface-4.2)** in the Preface Imaging Guidelines

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Contrast-Enhanced Ultrasound (AB-1.9)

AB.GG.0001.9.A

v2.0.2025

Ultrasound with contrast (CEUS, CPT® 76978, CPT® 76979) is an emerging technology that may be as good, if not better, than CT or MRI in certain circumstances. Abdominal Imaging Guidelines address its use as appropriate. CPT® 76978 refers to the initial imaging of the first lesion, and CPT® 76979 refers to additional lesions that are imaged subsequently.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Quantitative MRI (AB-1.10)

AB.GG.0001.10.A

v2.0.2025

- Quantitative MR analysis of tissue composition (CPT® 0648T, 0649T, 0697T and 0698T)
  - These CPT codes are experimental and investigational.
  - See: **Quantitative MR Analysis of Tissue Composition (Preface-4.8)** and **Fatty Liver (Metabolic Associated Steatotic Liver Disease (MASLD), Formerly Known as NAFLD) (AB-29.2)** for further discussion of these modalities.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

RADCAT Grading System (AB-1.11)

AB.GG.0001.11.A

v2.0.2025

- The RADCAT (Radiology Report Categorization) Grading System was developed in order to communicate to ordering physicians (most commonly in the ER setting), the relative urgency of a radiologic finding. It is not related to the LI-RADs reporting system, nor does it necessarily imply the need for follow-up imaging, as opposed to clinical follow-up. The rating system is as follows:
  - RADCAT 1: Normal Result
  - RADCAT 2: Routine Result
  - RADCAT 3: Result with recommendation for non-urgent routine follow-up
  - RADCAT 4: Priority Result
  - RADCAT 5: Critical Result

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Pregnancy Considerations for Imaging (AB-1.12)

AB.GG.0001.12.A
v2.0.2025

The American College of Obstetricians and Gynecologists has issued guidelines with regards to imaging during pregnancy and lactation. Their recommendations are as follows:[15]

- Ultrasonography and magnetic resonance imaging (MRI) are not associated with risk and are the imaging techniques of choice for the pregnant patient, but they should be used prudently and only when use is expected to answer a relevant clinical question or otherwise provide medical benefit to the patient.
- With few exceptions, radiation exposure through radiography, computed tomography (CT) scan, or nuclear medicine imaging techniques is at a dose much lower than the exposure associated with fetal harm.
  - If these techniques are necessary in addition to ultrasound or MRI or are more readily available for the diagnosis in question, they should not be withheld from a pregnant individual.
- The use of gadolinium contrast with MRI should be limited; it may be used as a contrast agent in a pregnant patient only if it significantly improves diagnostic performance and is expected to improve fetal or maternal outcome.
- With regards to iodinated IV contrast media, “it is generally recommended that contrast only be used if absolutely required to obtain additional diagnostic information that will affect the care of the fetus or woman during pregnancy”.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (AB-1)

v2.0.2025

1. Faerber EN, Benator RM, Browne LP, et al. ACR–SPR Practice Parameter For The Safe And Optimal Performance Of Fetal Magnetic Resonance Imaging (MRI) American College of Radiology. Published 2014.
2. ACR Practice Guideline for Imaging Pregnant or Potentially Pregnant Adolescents and Women with Ionizing Radiation. American College of Radiology. Published 2014.
3. Runyon BA. Management of adult patients with ascites due to cirrhosis: An update. *Hepatology*. 2009;49(6):2087-2107.(revised 2012).
4. Berzigotti A, Ashkenazi E, Reverter E, et al. Non-Invasive Diagnostic and Prognostic Evaluation of Liver Cirrhosis and Portal Hypertension. *Disease Markers*. 2011;31(3):129-138.
5. Choi J-Y, Lee J-M, Sirlin CB. CT and MR Imaging Diagnosis and Staging of Hepatocellular Carcinoma: Part II. Extracellular Agents, Hepatobiliary Agents, and Ancillary Imaging Features. *Radiology*. 2014;273(1):30-50. doi:10.1148/radiol.14132362.
6. Chiorean L, Tana C, Braden B, et al. Advantages and Limitations of Focal Liver Lesion Assessment with Ultrasound Contrast Agents: Comments on the European Federation of Societies for Ultrasound in Medicine and Biology (EFSUMB) Guidelines. *Medical Principles and Practice*. 2016;25(5):399-407. doi:10.1159/000447670.
7. Claudon M, Dietrich C, Choi B, et al. Guidelines and Good Clinical Practice Recommendations for Contrast Enhanced Ultrasound (CEUS) in the Liver – Update 2012. *Ultraschall in der Medizin - European Journal of Ultrasound*. 2012;34(01):11-29. doi:10.1055/s-0032-1325499.
8. Beyer L, Wassermann F, Pregler B, et al. Characterization of Focal Liver Lesions using CEUS and MRI with Liver-Specific Contrast Media: Experience of a Single Radiologic Center. *Ultraschall in der Medizin - European Journal of Ultrasound*. 2017;38(06):619-625. doi:10.1055/s-0043-105264.
9. Trillaud H, Bruel J-M, Valette P-J, et al. Characterization of focal liver lesions with SonoVue®-enhanced sonography: International multicenter-study in comparison to CT and MRI. *World Journal of Gastroenterology*. 2009;15(30):3748. doi:10.3748/wjg.15.3748.
10. Marrero JA, Kulik LM, Sirlin CB, et al. Diagnosis, Staging, and Management of Hepatocellular Carcinoma: 2018 Practice Guidance by the American Association for the Study of Liver Diseases. *Hepatology*. 2018;68(2):723-750. doi:10.1002/hep.29913.
11. Baig, Mudassar. "Shellfish Allergy and Relation to Iodinated Contrast Media: United Kingdom Survey." *World Journal of Cardiology* 6, no. 3 (2014): 107-111. doi:10.4330/wjc.v6.i3.107.
12. Schabelman, Esteban, and Michael Witting. "The Relationship of Radiocontrast, Iodine, and Seafood Allergies: A Medical Myth Exposed." *The Journal of Emergency Medicine* 39, no. 5 (2010): 701-07. doi:10.1016/j.jemermed.2009.10.014.
13. Beckett, Katrina R., Andrew K. Moriarity, and Jessica M. Langer. "Safe Use of Contrast Media: What the Radiologist Needs to Know." *RadioGraphics* 35, no. 6 (2015): 1738-750. doi:10.1148/rg.2015150033.
14. Swenson DW, Baird GL, Portelli DC, Mainiero MB, Movson JS. Pilot study of a new comprehensive radiology report categorization (RADCAT) system in the emergency department. *Emergency Radiology*. 2017;25(2):139-145. doi:10.1007/s10140-017-1565-8.
15. Guidelines for diagnostic imaging during pregnancy and lactation. Committee Opinion No. 723. American College of Obstetricians and Gynecologists. *Obstet Gynecol.* 2017;130:e210–6.
16. Longo SA, Moore RC, Canzoneri BJ, Robichaux A. Gastrointestinal conditions during pregnancy. *Clin. Colon Rectal Surg*. 2010;23(2):80-89. doi:10.1055/s-0030-1254294.
17. Aslanian HR, Lee JH, Canto MI. AGA clinical practice update on pancreas cancer screening in high risk individuals: expert review. *Gastroenterology*. 2020;159(1):358-362. doi:10.1053/j.gastro.2020.03.088.
18. National Institute for Health and Care Excellence (NICE). Upper gastroinestinal tract cancers. In: Suspected cancer: recognition and referral. 2015. https://www.nice.org.uk/guidance/ng12/chapter/Recommendations-organised-by-site-of-cancer#upper-gastrointestinal-tract-cancers.
19. Baluch, A., Shewayish, S. (2019). Neutropenic Fever. In: Velez, A., Lamarche, J., Greene, J. (eds) Infections in Neutropenic Cancer Patients. Springer, Cham. https://doi.org/10.1007/978-3-030-21859-1_8.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

20. Weigt J, Malfertheiner P. Metastatic disease in the stomach. *Gastrointest Tumors*. 2015;2(2):61–64. doi:10.1159/000431304.
21. Banerjee A. Emergency clinical diagnosis. *Gastrointestinal Emergencies*. 2017:235–260. doi:10.1007/978-3-319-50718-7.
22. Chow EJ, Bishop KD. Painless neutropenic enterocolitis in a patient undergoing chemotherapy. *Curr Oncol*. 2016;23(5):e514–e516. doi:10.3747/co.23.3119.
23. Fowler KJ, Garcia EM, Kim DH, et al. ACR Appropriateness Criteria® Palpable Abdominal Mass-Suspected Neoplasm. *J Am Coll Radiol*. 2019;16(11S):S384-S391. doi:10.1016/j.jacr.2019.05.014.
24. Sik B, Kim M, Li BT, et al. Diagnosis of gastrointestinal bleeding: A practical guide for clinicians. *World J Gastrointest Pathophysiol*. 2014;5(4):467–478. doi: 10.4291/wjgp.v5.i4.467.
25. Ragsdale L, Southerland L. Acute abdominal pain in the older adult. *Emerg Med Clin North Am*. 2011;29(2):429-48. doi:10.1016/j.emc.2011.01.012.
26. Fry BT, Finks JF. Abdominal pain after roux-en-y gastric bypass-a review. *JAMA Surg*. 2023;158(10):1096-1102. doi:10.1001/jamasurg.2023.3211.
27. Stajkovic S, Aitken EM, Holryod-Leduc J. Unintentional weight loss in older adults. *CMAJ*. 2011;183(4):443–449. doi:10.1503/cmaj.101471.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Abdominal Pain (AB-2)

Guideline

Acute/Persistent (Non-Chronic) Lower Abdominal Pain (AB-2.2)
Right Upper Quadrant Pain Including Suspected Gallbladder Disease (AB-2.3)
Left Upper Quadrant (LUQ) Pain (AB-2.4)
Epigastric Pain and Dyspepsia (AB-2.5)
Chronic Abdominal Pain (AB-2.6)
Non-operative Treatment of Acute Appendicitis (AB-2.7)
Non-chronic Nonspecific Abdominal Pain with No Localizing Findings (AB-2.8)
References (AB-2)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Acute/Persistent (Non-Chronic) Lower Abdominal Pain (AB-2.2)

AB.AP.0002.2.A

v2.0.2025

- The presence of any red flag findings per **General Guidelines (AB-1.0)** precludes adjudication based on any other criteria.
- Left Lower Abdominal Pain (including suspected diverticulitis) <6 months duration
  - CT Abdomen and Pelvis with contrast is indicated if ANY of the following are present:
    - Age ≥65
    - The presence of LLQ tenderness specifically noted on physical examination
    - Immunocompromised individual (e.g., on immunosuppressive therapy, history of HIV)
    - If prior abdominal and pelvic US has been performed and demonstrates a need for additional imaging OR if they do not explain the source of pain
    - CBC, Basic Metabolic Panel, C-Reactive Protein or other inflammatory marker, Pregnancy Test, and Urinalysis have been performed
      - Note: All the specific laboratory studies listed are not required, but there should be some studies performed relating to the current episode in order to help direct imaging appropriately.
    - For follow-up imaging of acute diverticulitis if symptoms or elevated WBC persists despite treatment
    - For follow-up of complicated diverticulitis, including confirmed abscess, fistulae, free fluid, or perforation (See: **Abdominal Sepsis/Suspected Abdominal Sepsis (AB-3)**)
    - For follow-up of diverticulitis treated with radiologic intervention (e.g. drainage procedure)
    - Note: Per ASCRS, colonic endoscopic evaluation is recommended to confirm the diagnosis after resolution of acute diverticulitis to exclude malignancy, especially when initial CT scan supports abscess, shouldering, or shelf-like appearance of a presumed inflammatory mass, obstruction, mesenteric or retroperitoneal adenopathy.
  - Pregnant individuals
    - US Abdomen and/or Pelvis should be considered initially to avoid ionizing radiation.
    - MRI Abdomen and MRI Pelvis without contrast if US is nondiagnostic. (See: **Pregnancy Considerations for Imaging (AB-1.12)**)
- Right Lower Abdominal Pain (including suspected appendicitis)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

- CT Abdomen and Pelvis with or without contrast is indicated if ANY of the following are present:
  - Age ≥65
  - For Alvarado Score of ≥4
  - For AIR (Appendicitis Inflammatory Response Score) of ≥5
  - Immunocompromised individual (e.g., on immunosuppressive therapy, history of HIV)
  - US of the abdomen and pelvis has been performed and is nondiagnostic or negative or indicates a need for further advanced imaging
  - CBC or CRP (or other inflammatory marker such as ESR or fecal calprotectin) have been performed related to this episode
- Pregnant individuals
  - Abdominal US and/or Pelvic US initial imaging
  - MRI Abdomen and Pelvis without contrast if initial US is nondiagnostic.
  - See above statement regarding CT and contrast during pregnancy.

- For Chronic lower abdominal pain (≥6 months), see: **Chronic Abdominal Pain (AB-2.6)**
- For follow-up imaging for conservatively treated acute appendicitis, see: **Non-Operative Treatment of Acute Appendicitis (AB-2.7)**.
- For Rectal Pain (Proctalgia) see: **Pelvic Pain/Dyspareunia (PV-11.1)**, Female, Proctalgia Syndromes and **Male Pelvic Disorders, Proctalgia Syndromes (PV-19.1)**.
- For pain described as pelvic, see: **Pelvic Pain/Dyspareunia (PV-11.1)** or other appropriate sections based on likely etiology.

CPT® Codes for Acute/Persistent (Non-Chronic) Lower Abdominal Pain (AB-2.2)			
CPT® 74150	CT Abdomen without contrast	CPT® 76700	Ultrasound, complete Abdomen
CPT® 74160	CT Abdomen with contrast	CPT® 76705	Ultrasound, limited Abdomen
CPT® 74176	CT Abdomen and Pelvis without contrast	CPT® 76830	Ultrasound, Transvaginal
CPT® 74177	CT Abdomen and Pelvis with contrast	CPT® 76856	Ultrasound, complete Pelvis
CPT® 74181	MRI Abdomen without contrast	CPT® 72195	MRI Pelvis without contrast

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

CPT® Codes for Acute/Persistent (Non-Chronic) Lower Abdominal Pain (AB-2.2)			
CPT® 74183	MRI Abdomen without and with contrast	CPT® 72197	MRI Pelvis without and with contrast

Background and Supporting Information

The Alvarado Score for appendicitis risk is comprised of the following parameters with points assigned based on their presence, as follows:

Migration of pain	1 point
Anorexia	1 point
Nausea/vomiting	1 point
Right lower quadrant tenderness	2 points
Rebound pain	1 point
Temperature > 99.1	1 point
WBC > 10,000	2 points
PMNs ≥ 75%	1 point

- Low Risk: <4
- Moderate Risk: 4-7
- High Risk: ≥8

Appendicitis Inflammatory Response Score (AIR)

Vomiting	1 point
Right iliac fossa pain	1 point
Rebound tenderness	Light – 1 point Medium – 2 points Strong – 3 points

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Febrile (temperature ≥ 101.3)	1 point
PMNs	70-84% - 1 point ≥85% - 2 points
WBC	10-14.9 – 1 point ≥15 – 2 points
CRP	10-49 – 1 point >50 – 2 points

- Low Probability: 0-4
- Mild Probability: 5-8
- High Probability: 9-12

Evidence Discussion

When red flag signs and symptoms are present, literature supports early use of computer tomography (CT) and/or magnetic resonance imaging (MRI).

In the absence of red flags, a more focused evaluation of lower abdominal pain is indicated to distinguish conditions likely to require advanced imaging due to suspected pathology from those that are self-limiting or benign. For benign or self-limiting diseases, advanced imaging would be unnecessary and could increase radiation risk to patients.

When the cause is not found to be benign or self-limiting through focused evaluation, advanced imaging is warranted. CT imaging of the abdomen and pelvis provides high diagnostic value for symptoms with a wide differential of underlying conditions. CT imaging can characterize gut-related urgencies including, but not limited, as bowel blockage, abdominal ischemia, acute inflammatory conditions, and obstructing tumors. CT is also sensitive for diverticulitis and appendicitis.

ACR Appropriate Use Criteria states, "MRI is not useful for the initial evaluation of acute abdominal pain. It is less sensitive for extraluminal air and urinary tract calculi, is more time-consuming to perform, requires an active screening process for indwelling devices and metal, and is more subject to motion artifacts in symptomatic patients." (2104) Thus, MRI is reserved for pregnant patients with non-diagnostic ultrasound.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Right Upper Quadrant Pain Including Suspected Gallbladder Disease (AB-2.3)

AB.AP.0002.3.A

v2.0.2025

- The presence of any red flag findings per **General Guidelines (AB-1.0)** precludes adjudication based on any other criteria.
- For pregnant individuals, see: **Pregnancy Considerations for Imaging (AB-1.12)**
- For all others:
  - Abdominal ultrasound (complete or limited) is the initial diagnostic test
  - CT Abdomen with contrast, or MRCP/MRI (MRI Abdomen without or without and with contrast) if ultrasound is equivocal or nondiagnostic
- Hepatobiliary System Imaging (HIDA) with OR without pharmacologic intervention (CPT® 78226 or CPT® 78227) can be considered:
  - If there is right upper quadrant pain or epigastric pain and there is a suspicion of gallbladder disease, with a normal, or equivocal or non-diagnostic recent ultrasound, CT, or MRI
    - NOTE: If findings on US suggest acute cholecystitis in a symptomatic individual (presence of gallstones with gallbladder wall thickening, Murphy's sign, and peri-cholecystic fluid) then a HIDA scan is generally not needed.
    - If the HIDA without pharmacologic intervention (CPT® 78226) is initially performed and is normal or inconclusive, the site can convert the study to HIDA with pharmacologic intervention (CPT® 78227). The member will not need to return for a second study with injection of a pharmaceutical.
  - Suspected bile leak after trauma or surgery
  - Monitoring of liver regeneration
  - Assessment of liver transplant
  - Assessment of choledochal cyst
  - Pre-operative assessment prior to partial hepatectomy
  - Chronic acalculous cholecystitis, biliary dyskinesia, functional gallbladder disease, or sphincter of Oddi dysfunction can be imaged with a HIDA with or without pharmacologic intervention (CPT® 78226 or CPT® 78227)

Evidence Discussion

When red flags suggesting serious underlying pathology exist in patients with right upper quadrant abdominal pain, early use of advanced imaging is warranted.

Right upper quadrant abdominal (RUQ) pain is most commonly associated with disease of the gallbladder and hepatobiliary system. Ultrasound is the initial imaging study for

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

RUQ pain due to its availability, lack of exposure to ionizing radiation, and utility in diagnosis. Use of ultrasound can not only confirm the diagnosis of biliary disease but if inconclusive, it can often identify the next most appropriate study and contrast level needed for evaluation (MRCP/ERCP for dilated biliary ducts, CT for pancreatitis, MRI/ CT with and without contrast for a liver or kidney mass, etc.).

Hepatobiliary System Imaging (HIDA) is useful for suspected biliary disease if US is inconclusive. HIDA scanning is also useful for many hepatobiliary specific disease processes such as bile leaks and choledochal cyst.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Left Upper Quadrant (LUQ) Pain (AB-2.4)

AB.AP.0002.4.A
v2.0.2025

- The presence of any red flag findings per **General Guidelines (AB-1.0)** precludes adjudication based on any other criteria.
- Most common causes which may be more specifically evaluated:
  - Splenic etiologies:
    - Suspected trauma, or splenomegaly
      - See: **Spleen (AB-34)**
    - Suspected infarct or abscess (severe pain and tenderness, fever, history of atrial fibrillation)
      - CT Abdomen without and with contrast or with contrast (CPT® 74170 or CPT® 74160)
  - Pancreatic etiologies:
    - Suspected pancreatitis
      - See: **Acute Pancreatitis (AB-33.1)**
  - Renal etiologies
    - Suspected nephrolithiasis
      - See: **Suspected Renal/Ureteral Stone (AB-4.1)**
    - Suspected pyelonephritis or abscess
      - See: **Upper (Pyelonephritis) (AB-40.1)**
  - Suspected small or large bowel etiologies (e.g., ischemia, obstruction, volvulus, diverticulitis)
    - CT Abdomen (CPT® 74160) or CT Abdomen and Pelvis (CPT® 74177)
  - Gastric etiologies
    - If there is concern for peptic ulcer disease, or if the complaint is dyspepsia, without any signs or symptoms suggesting possible perforation or penetration, endoscopy would be the best study for assessing these potential conditions. See: *EGD-1* in the EGD guidelines
    - If there is concern for a more urgent gastric problem, such as perforation, then a CT Abdomen (CPT® 74160) or CT Abdomen and Pelvis (CPT® 74177) can be approved.
  - Suspected aortic dissection
    - See: **Aortic Dissection and Other Aortic Conditions (PVD-6.7)** in the Peripheral Vascular Disease Imaging Guidelines
  - Unknown etiology, simply reported as LUQ pain
    - Prior to advanced imaging, an adequate history and physical examination, with lab work to include: CBC, chemistry profile including electrolytes, BUN,

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

creatinine, LFTs (ALT, AST, alkaline phosphatase and bilirubin) lipase, amylase, and urinalysis, should be performed with the intention of trying to establish a potential etiology.
    - All the specific laboratory studies listed are not required, but there should be some studies performed relating to the current episode in order to help direct imaging appropriately.
- CT Abdomen (CPT® 74160) or CT Abdomen and Pelvis (CPT® 74177) is indicated for ANY of the following:
    - History and physical examination and lab studies are negative or inconclusive for establishing a potential etiology

Background and Supporting Information

- LUQ pain is more difficult to categorize with regard to imaging as there are many potential etiologies, which might be better evaluated with different imaging procedures.

Evidence Discussion

- There are many potential causes of left upper quadrant pain. In the absence of red flags indicating serious pathology, the initial evaluation should include patient history, physical examination, and laboratory testing. This approach guides the use of advanced imaging studies toward the appropriate body region and modality, thereby avoiding unnecessary imaging and radiation exposure.
- If the initial evaluation does not identify a specific cause for the left upper quadrant pain, advanced imaging with CT of the abdomen or abdomen and pelvis with contrast may be warranted. CT is better suited than ultrasound in localizing and characterizing gut-related urgencies such as blockage, ischemia, acute inflammatory conditions, and obstructing tumors. ACR states "with a generally broad differential and need for fast imaging because of clinical acuity, CT is a preferred imaging option".

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Epigastric Pain and Dyspepsia (AB-2.5)

AB.AP.0002.5.A
v2.0.2025

- The presence of any red flag findings per **General Guidelines (AB-1.0)** precludes adjudication based on any other criteria.

Epigastric Pain or Dyspepsia Without Additional Signs or Symptoms

- Epigastric pain or dyspepsia (dyspepsia is defined by the ACG and CAG as predominant epigastric pain lasting at least one month and can be associated with any upper gastrointestinal symptoms such as epigastric fullness, nausea, vomiting, or heartburn) without any red flag findings:
  - Ultrasound Abdomen (CPT® 76700 or CPT® 76705) to assess for biliary/pancreatic disease is the initial study
  - CT Abdomen (CPT® 74160) or MRI Abdomen (CPT® 74183), or MRCP (CPT® 74181 or CPT® 74183), may be appropriate to evaluate positive findings on ultrasound. The use of these advanced imaging procedures to evaluate the ultrasound findings may be specifically addressed in the dedicated guideline.
  - CT Abdomen (CPT® 74160), or MRI Abdomen (CPT® 74183) for persistent symptoms after a negative or inconclusive upper gastrointestinal endoscopy and ultrasound as well as ONE of the following:
    - Test and treat for Helicobacter pylori (H. pylori) and a trial of acid suppression with a proton pump inhibitor (PPI) for 4–8 weeks if eradication is successful, but symptoms do not resolve OR
    - An empiric trial of acid suppression with a PPI for 4–8 weeks
- NOTE: See imaging for pregnant individuals **Pregnancy Considerations for Imaging (AB-1.12)**
- For suspicion of superior mesenteric artery syndrome, see: **Superior Mesenteric Artery (SMA) Syndrome (AB-20.4)**

Special Considerations for Suspicion of Pancreatic Cancer

- CT Abdomen with contrast (CPT® 74160), CT Abdomen and Pelvis with contrast (CPT® 74177), or MRI Abdomen without and with contrast (CPT® 74183) is appropriate for suspicion of pancreatic cancer in individuals aged ≥60 years with weight loss and any ONE of the following:
  - Diarrhea
  - Back pain
  - Abdominal pain
  - Nausea
  - Vomiting

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

  - Constipation
  - New onset diabetes
  - Abnormal lab results raising the possibility of pancreatic cancer (e.g., elevated CA-19-9, GGTP, alkaline phosphatase, or bilirubin)
  - Nondiagnostic or negative prior US
- If none of the above signs or symptoms applies, follow criteria for epigastric pain and dyspepsia
- See also: **Pancreatic Cancer – Suspected/Diagnosis (ONC-13.2)** in the Oncology Imaging Guidelines

Evidence Discussion

- When patients with epigastric abdominal pain exhibit red flags suggesting serious underlying pathology, early use of advanced imaging is warranted
- In the absence of red flags, biliary or pancreatic disease and gastric issues such as gastritis, peptic ulcer disease, or gastric mucosal pathology often cause epigastric pain and dyspepsia. Ultrasound is the initial imaging study of choice due to its availability, non-exposure to ionizing radiation, and diagnostic utility. While ultrasound can confirm a diagnosis, if results are inconclusive, it can often guide the selection of the next most appropriate study and the required contrast level (e.g., MRCP/ERCP for dilated biliary ducts, CT for pancreatitis, MRI/CT with and without contrast for liver or kidney masses).
- Upper endoscopy can identify conditions such as gastritis, mucosal abnormalities (which may indicate early malignancies), and peptic ulcer disease that are not detectable with advanced imaging.
- Due to the high prevalence of peptic ulcer disease and gastritis in patients with epigastric pain and dyspepsia, and the generally successful treatment with medication (acid suppression and treatment of Helicobacter pylori), a course of treatment prior to advanced imaging is warranted.
- If these studies do not determine the cause and treatment is unsuccessful, advanced imaging with CT should be considered.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Chronic Abdominal Pain (AB-2.6)

AB.AP.0002.6.A
v2.0.2025

- The presence of any red flag findings per **General Guidelines (AB-1.0)** precludes adjudication based on any other criteria.
- Evaluation of Chronic Abdominal Pain (defined as continuous or intermittent symptoms >6 months)
  - Epigastric Pain and Dyspepsia
    - See: **Epigastric Pain and Dyspepsia (AB-2.5)**
  - Right Upper Quadrant Pain
    - See: **Right Upper Quadrant Pain Including Suspected Gallbladder Disease (AB-2.3)**
  - Left Upper Quadrant Pain
    - See: **Left Upper Quadrant (LUQ) Pain (AB-2.4)**
  - Nonspecific, generalized, or lower abdominal pain
    - CT Abdomen with contrast (CPT® 74160) or CT Abdomen and Pelvis with contrast (CPT® 74177) as requested (include pelvis for lower abdominal complaints or findings) for the following:
      - Initial laboratory assessment (see below) is negative or does not provide specific causes for more directed workup (for example, colonoscopy or EGD if iron deficiency anemia is found, or CT Urogram if urinalysis shows hematuria)
        - CBC with differential, chemistry profile including electrolytes, glucose, creatinine, BUN and liver chemistries, ESR, urinalysis, amylase and lipase (for generalized or upper abdominal complaints), thyroid function tests, and serology testing for celiac (if celiac is suspected)

Evidence Discussion

- When red flags suggesting serious underlying pathology are present in patients with chronic (>6 months) abdominal pain, early use of advanced imaging is warranted.
- When no red flags exist, a more focused initial evaluation with patient history, physical exam, and laboratory investigation is indicated. US of the abdomen is readily available and involves no radiation and can be included as part of the initial evaluation but is not required. "Abdominal ultrasound is a sensitive, non-invasive, cost effective test that can be used to help diagnose the cause of abdominal pain."

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

- If this evaluation does not suggest a specific etiology for the chronic pain, advanced imaging with CT of the abdomen or abdomen and pelvis with contrast would be indicated.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Non-operative Treatment of Acute Appendicitis (AB-2.7)

AB.AP.0002.7.A
v2.0.2025

- Recurrent symptoms or routine post-treatment follow-up, if requested:
  - One-time CT Abdomen and Pelvis with contrast (CPT® 74177)

    (Note: Non-operative treatment of acute appendicitis is increasingly utilized. There is an approximately 2% chance of a pathologic finding not initially identified prior to treatment (e.g. Crohn's Disease or an appendiceal neoplasm such as a carcinoid). In view of this, some authors suggest a follow-up imaging study in asymptomatic patients, post-antibiotic treatment.)

Evidence Discussion

Non-operative treatment of acute appendicitis is increasingly utilized. Follow up imaging to ensure resolution and to identify coexisting pathology that may not have been visible on prior imaging due to appendiceal inflammation is warranted.

Patients with ongoing or recurrent symptoms should also be re-imaged for progression of disease or complications that may require surgery.

ACR states, "CT of the abdomen and pelvis is an excellent diagnostic imaging modality for the evaluation of patients with nonspecific right lower quadrant pain because of its high diagnostic yield for detection of appendicitis as well as suggesting alternative diagnosis". Thus, imaging should include the abdomen and pelvis with contrast to fully assess potential etiologies.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Non-chronic Nonspecific Abdominal Pain with No Localizing Findings (AB-2.8)

AB.AP.0002.8.A
v2.0.2025

- The presence of any red flag findings per **General Guidelines (AB-1.0)** precludes adjudication based on any other criteria.
- Nonspecific abdominal pain can have multiple etiologies and be a diagnostic dilemma. Often, the history, physical examination, and laboratory data can guide subsequent workup in individuals presenting with abdominal pain (e.g. RUQ pain would lead to US for the evaluation of cholecystitis). If, despite an initial history and physical examination the clinical suspicion cannot be localized, and there is no specific indication of a significant concern for serious pathology, then further workup and appropriate imaging may be directed by the results of initial lab studies or the results of non-advanced imaging relevant to and ordered for the evaluation of the current complaint being investigated.
- When possible, please use the more specific guideline, depending on clinical presentation and the differential diagnosis offered by the provider:
  - **Right Upper Quadrant Pain including Suspected Gallbladder Disease (AB-2.3)**
  - **Left Upper Quadrant (LUQ) Pain (AB-2.4)**
  - **Epigastric Pain and Dyspepsia (AB-2.5)**
  - **Chronic Abdominal Pain (AB-2.6)**
  - **Flank Pain, Rule Out or Known Renal/Ureteral Stone (AB-4)**
  - **Gastroenteritis (AB-5.1)**
  - **Mesenteric Ischemia (AB-6.1)** and **Colonic Ischemia (AB-6.2)**
  - **Post-Operative Pain With-in 60 Days Following Abdominal Surgery – Abdominal Procedure (AB-7)**
  - **Bowel Obstruction (AB-20.1)** and **Gastroparesis (AB-20.2)**
  - **Diarrhea, Constipation, and Irritable Bowel (AB-21)**
  - **Inflammatory Bowel Disease Rule Out Crohn's Disease or Ulcerative Colitis (AB-23)**
  - **Pancreatitis (AB-33)**
- Evaluation of Nonspecific Abdominal Pain:
  - US Abdomen and/or Pelvis (CPT® 76700 and/or CPT® 76856) OR
  - CT Abdomen and Pelvis with contrast (CPT® 74177):

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

        - Preliminary labs such as CBC, electrolytes, lipase or amylase, urinalysis, ESR or CRP, or LFT's are unrevealing or do not point to a specific etiology that would otherwise direct more appropriate imaging (such as findings suggestive of pancreatitis or biliary tract disease)
            - Note: All the specific laboratory studies listed are not required, but there should be some studies performed relating to the current episode in order to help direct imaging appropriately. (Note: Pregnancy test should be performed prior to CT in all appropriate reproductive age females)
        - If a prior US Abdomen and/or Pelvis performed for the current complaint is unrevealing or does not explain the pain
    - Special Populations:
        - Pregnant individuals:
            - US Abdomen and/or Transvaginal and/or complete Pelvis (CPT® 76700 and/or CPT® 76830 and/or CPT® 76856) as the initial study
            - MRI Abdomen and/or Pelvis without contrast (CPT® 74181 and/or CPT® 72195) if US is equivocal

Evidence Discussion

Nonspecific abdominal pain can be a diagnostic challenge. In the absence of red flags suggest serious pathology, the initial evaluation should include patient history, physical examination, and laboratory testing. This approach guides the use of advanced imaging studies toward the appropriate body region and modality, thereby avoiding unnecessary imaging and radiation exposure.

When the cause of pain is indeterminate after focused evaluation, imaging is warranted. Ultrasound (US) of the abdomen, which involves no radiation and is readily available, can be part of the initial evaluation but is not mandatory. If US fails to suggest an etiology, then proceeding with advanced imaging is also indicated. CT imaging of the abdomen and pelvis provides high diagnostic value for symptoms with a wide differential of underlying conditions. (ACR, 2018) CT imaging can characterize gut-related urgencies including, but not limited, as bowel blockage, abdominal ischemia, acute inflammatory conditions, and obstructing tumors. CT is also sensitive for diverticulitis and appendicitis. ACR Appropriate Use Criteria® states "MRI is not useful for the initial evaluation of acute abdominal pain. It is less sensitive for extraluminal air and urinary tract calculi, is more time-consuming to perform, requires an active screening process for indwelling devices and metal, and is more subject to motion artifacts in symptomatic patients." (ACR, 2014) Thus, MRI is reserved for pregnant patients with non-diagnostic ultrasound.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (AB-2)

v2.0.2025

1. Cartwright S and Knudsen M. Evaluation of Acute Abdominal Pain in Adults. *Am Fam Physician*. 2008 Apr 1:77(7)971-978.
2. Moayyedi PM, Lacy BE, Andrews CN, et al. ACG and CAG Clinical Guideline: Management of Dyspepsia. *Am J Gastroenterol*.
3. Fashier J and Gitu A.Diagnosis and Treatment of Peptic Ulcer Disease and H. pylori infection. *Am Fam Physician* 2015 Feb 15:91(4):236-242.
4. Talley NJ, Vakil N, and the Practice Parameters Committee of the American College of Gastroenterology. Guidelines for the management of dyspepsia. *American Journal of Gastroenterology*, 2005; 100:2324–2337.
5. ACR Appropriateness Criteria® left lower quadrant pain. *The American College of Radiology*. Revised 2023.
6. Yarmish GM, Smith MP, Rosen MP, et al. Expert Panel on Gastrointestinal Imaging. ACR Appropriateness Criteria® right upper quadrant pain. *J Am CollRadiol*. 2014;11(3):316–32.
7. Continuing Medical Education: July 2017: ACG and CAG Clinical Guideline: Management of Dyspepsia. *The American Journal of Gastroenterology*. 2017;112(7):987-987. doi:10.1038/ajg.2017.190.
8. Ringel-Kulka, Tamar, et. al. Evaluation of Chronic Abdominal Pain in Adults. Nov 28, 2018. Epocrates (Content by British Medical Journal).
9. Charles, G, Chery, M, King Channell, M. Chronic Abdominal Pain: Tips for the Primary Care Provider. *Osteopathic Family Physician*; Jan/Feb, 2019.11(1).
10. Mendelson R. Diagnostic tests: Imaging for chronic abdominal pain in adults. *Australian Prescriber*. 2015;38(2):49-54. doi:10.18773/austprescr.2015.019.
11. Sakorafas GH. Interval routine appendectomy following conservative treatment of acute appendicitis: Is it really needed. *World Journal of Gastrointestinal Surgery*. 2012;4(4):83. doi:10.4240/wjgs.v4.i4.83.
12. Talan DA, Saltzman DJ, Deugarte DA, Moran GJ. Methods of conservative antibiotic treatment of acute uncomplicated appendicitis. *Journal of Trauma and Acute Care Surgery*. 2019;86(4):722-736. doi:10.1097/ta.0000000000002137.
13. Jang T, Chauhan V, Cundiff C, Kaji AH. Assessment of emergency physician–performed ultrasound in evaluating nonspecific abdominal pain. *The American Journal of Emergency Medicine*. 2014;32(5):457-460. doi:10.1016/j.ajem.2014.01.004.
14. Gans SL, Pols MA, Stoker J, Boermeester MA. Guideline for the Diagnostic Pathway in Patients with Acute Abdominal Pain. *Digestive Surgery*. 2015;32(1):23-31. doi:10.1159/000371583.
15. Lameris W, Randen AV, Es HWV, et al. Imaging strategies for detection of urgent conditions in patients with acute abdominal pain: diagnostic accuracy study. *Bmj*. 2009;338(jun26 2). doi:10.1136/bmj.b2431.
16. American College of Radiology. ACR Appropriateness Criteria. Acute Nonlocalized Abdominal Pain. 2018.
17. DiSaverio S, Podda M, De Simone B, et. al. Diagnosis and treatment of acute appendicitis: 2020 update of the WSES (World Society of Emergency Surgery) Jerusalem guidelines. *World J Emerg Surg*. 2020;15:27. doi:10.1186/s13017-020-00306-3.
18. Garcia EM, Camacho MA, Karolyi DR, et. al. ACR Appropriateness Criteria® right lower quadrant pain – suspected appendicitis. *J Am Coll Radiol*. 2018;15(11S):S373-S387. doi:10.1016/j.jacr.2018.09.033.
19. Longo SA, Moore RC, Canzoneri BJ, Robichaux A. Gastrointestinal conditions during pregnancy. *Clin*. *Colon Rectal Surg*. 2010; 23(2):80-89. doi:10.1055/s-0030-1254294.
20. Guidelines for diagnostic imaging during pregnancy and lactation. Committee Opinion No. 723. American College of Obstetricians and Gynecologists. *Obstet Gynecol.* 2017;130:e210–6.
21. Von-Mühlen B, Franzon O, Beduschi MG, Kruel N, Lupselo D. AIR score assessment for acute appendicitis. *Arg Bras Cir Dig*. 2015;28(3):171-173. doi:10.1590/S0102-672020150003000006.
22. Snyder MJ, Guthrie M, Cagle S. Acute appendicitis: efficient diagnosis and management. *Am Fam Physician*. 2018;98(1):25-33.
23. Hall J, Hardiman K, Lee S, et. al. The American Society of Colon and Rectal Surgeons clinical practice guidelines for the treatment of left-sided colonic diverticulitis. *Dis Colon Rectum*. 2020;63:728-747. doi:10.1097/DCR.0000000000001679.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

24. Wilkins T, Embry K, George R. Diagnosis and management of acute diverticulitis. *Am Fam Physician*. 2013;87(9):612-620.
25. Schultz JK, Azhar N, Binda GA, et. al. European Society of Coloproctology: guidelines for the management of diverticular disease of the colon. *Colorectal Disease*. 2020;22(2):5-28. doi:10.1111/codi.15140.
26. Strate LL, Morris AM. Epidemiology, pathophysiology, and treatment of diverticulitis. *Gastroenterology*. 2019;156:1282-1298. doi:10.1053/j.gastro.2018.12.033.
27. Schreyer AG, Layer G. S2K guidelines for diverticular disease and diverticulitis: diagnosis, classification, and therapy for the radiologist. *Rofo*. 2015;187(8):676-84. doi:10.1055/s-0034-1399526.28.
28. Aslanian HR, Lee JH, Canto MI. AGA clinical practice update on pancreas cancer screening in high risk individuals: expert review. *Gastroenterology*. 2020;159(1):358-362. doi:10.1053/j.gastro.2020.03.088.29.
29. National Institute for Health and Care Excellence (NICE). Upper gastroinestinal tract cancers. In: Suspected cancer: recognition and referral. 2015. https://www.nice.org.uk/guidance/ng12/chapter/Recommendations-organised-by-site-of-cancer#upper-gastrointestinal-tract-cancers.
30. Banerjee A. Emergency clinical diagnosis. *Gastrointestinal Emergencies*. 2017;235-260. doi:10.1007/978-3-319-50718-7.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Abdominal Sepsis (Suspected Abdominal Abscess) (AB-3)

Guideline

Abdominal Sepsis (AB-3.1)
Reference (AB-3)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Abdominal Sepsis (AB-3.1)

AB.AS.0003.1.A

v2.0.2025

- CT Abdomen, or CT Pelvis, or CT Abdomen and Pelvis with contrast (CPT® 74160, or CPT® 72193, or CPT® 74177) for abdominal symptoms associated with fever and/or elevated white blood cell count.[1]
- CT Abdomen and Pelvis with contrast (CPT® 74177) interval imaging as requested for intraperitoneal abscess.
- Serial Ultrasound (CPT® 76705) or CT Abdomen, CT Pelvis, or CT Abdomen and Pelvis with contrast (CPT® 74160, or CPT® 72193, or CPT® 74177) studies may be performed for follow-up of known abnormal fluid collections, especially following catheter drainage. The interval can be days, weeks, or months based on the clinical course of the individual.

Evidence Discussion

- Patients presenting with potential abdominal sepsis or an abscess represent an urgent clinical concern. Therefore, patients exhibiting abdominal symptoms accompanied by fever or an elevated WBC count (or any red flag) should proceed directly to advanced imaging without further evaluation. A CT scan of the abdomen and/or pelvis with contrast is typically the appropriate study for such evaluations.
- Interval imaging may be necessary for abscesses or other fluid collections, particularly after catheter drainage. Both ultrasound and CT imaging are appropriate for serial imaging. The timing of serial imaging is not specified and should be based on the patient's unique clinical course.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Reference (AB-3)

v2.0.2025

1. ACR Appropriateness Criteria® Acute (nonlocalized) Abdominal Pain and Fever or Suspected Abdominal Abscess. American College of Radiology, Published 2012. Rev. 2018.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Flank Pain, Rule Out or Known Renal/ Ureteral Stone (AB-4)

Guideline

Ultrasound (AB-4.0)
Suspected Renal/Ureteral Stone(s) (AB-4.1)
Observation of Known Renal/Ureteral Stone(s) (AB-4.2)
Follow-Up of Treated Renal/Ureteral Stone (AB-4.3)
Annual Surveillance (AB-4.4)
Nuclear Kidney Imaging (AB-4.5)
References (AB-4)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Ultrasound (AB-4.0)

AB.US.0004.0.A

v2.0.2025

- Retroperitoneal ultrasound (CPT® 76770 or CPT® 76775) can be used in place of CT Abdomen and Pelvis at any of the initial or follow-up indications, if requested by provider.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Suspected Renal/Ureteral Stone(s) (AB-4.1)

AB.US.0004.1.A

v2.0.2025

- CT Abdomen and Pelvis without contrast (CPT® 74176) is indicated for ANY of the following:
  - Suspected renal/ureteral stone with symptoms in non-pregnant adults (flank pain/ renal colic)[1,2]
  - Suspected staghorn calculi[12,13,14]
- CT Abdomen and Pelvis without contrast (CPT® 74176) or CT Urogram (CPT® 74178) is indicated for the following:
  - Suspicion renal/ureteral stones (flank pain/renal colic) with hematuria
- Ultrasound (CPT® 76770 or CPT® 76775) or MRI Abdomen and Pelvis without contrast (CPT® 74181 and CPT® 72195) is indicated for the following:
  - Suspected renal/ureteral stone in pregnant individuals (flank pain/renal colic)[3,4]
    - The use of gadolinium contrast agents is contraindicated during pregnancy unless the specific need for that procedure outweighs risk to the fetus.
- Suspected renal/ureteral stone in children (flank pain/renal colic)
  - See: **Flank Pain, Renal Stone (PEDAB-4)** in the Pediatric Abdomen Imaging Guidelines

Evidence Discussion

Non-contrast CT (NCCT) is the imaging study of choice for initial evaluation of patients with acute onset of flank pain and suspicion of stone disease without known prior stone disease. NCCT can reliably characterize the location and size of an offending ureteral calculus, identify complications, and diagnose alternative etiologies of abdominal pain. Although less sensitive in the detection of stones, ultrasound may have a role in evaluating for signs of obstruction. Radiography potentially has a role, although has been shown to be less sensitive than NCCT. For patients with known disease and recurrent symptoms of urolithiasis, NCCT remains the test of choice for evaluation. In pregnancy, given radiation concerns, ultrasound is recommended as the initial modality of choice with potential role for non-contrast MRI. In scenarios where stone disease suspected and initial NCCT is inconclusive, contrast-enhanced imaging, either with MRI or CT/CT Urogram may be appropriate.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Observation of Known Renal/Ureteral Stone(s) (AB-4.2)

AB.US.0004.2.A
v2.0.2025

- Radiopaque Stones
  - Initial follow-up imaging:
    - Retroperitoneal ultrasound (CPT® 76770 or CPT® 76775) and KUB X-ray
  - Subsequent follow-up imaging:
    - If initial follow-up ultrasound and KUB are negative, and there is no hematuria and individual is asymptomatic:
      - See: **Annual Surveillance (AB-4.4)**
    - If initial follow-up ultrasound and KUB demonstrates hydronephrosis, retained stone, or if the individual has persistent hematuria, or is symptomatic:
      - CT Abdomen and Pelvis without contrast (CPT® 74176)
- Non-radiopaque Stones (i.e. radiolucent)
  - Initial follow-up imaging:
    - CT Abdomen and Pelvis without contrast (CPT® 74176)
  - Subsequent follow-up imaging:
    - If CT is negative:
      - See: **Annual Surveillance (AB-4.4)**
    - If CT demonstrates a retained stone, hydronephrosis, or if the individual is being evaluated for surgery:
      - Further imaging can be considered on an individual basis
- ANY of the following are indicated for surgical/procedural evaluation of staghorn calculi:[12,13,14]
  - CT Abdomen and Pelvis (contrast as requested)
  - 3-D reconstruction (CPT® 76377 or CPT® 76376)
  - Nuclear kidney imaging (CPT® 78707, CPT® 78708, or CPT® 78709) when there is concern for a poorly functioning kidney

Background and Supporting Information

- Radiopaque versus radiolucent stones on plain radiograph:
  - Radiopaque
    - Calcium-based stones (70-80%)
    - Struvite stones (triple phosphate) (usually opaque but variable – 15-20%)
  - Radiolucent

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

- Uric acid (5-10%)
- Cystine (1-3%)
- Medication stones (e.g. indinavir) (1%)

Evidence Discussion

Serial imaging can be used to follow the progress of a passing stone, and might also be used by the urologist and/or nephrologist as they monitor non-obstructing stones for growth. No evidence was found on the optimum frequency of imaging in people who have or have had renal or ureteric stones.

Non-contrast CT of the abdomen and pelvis consistently provides the most accurate diagnosis but also exposes patients to ionizing radiation. Traditionally, ultrasonography has a lower sensitivity and specificity than CT, but does not require use of radiation. However, when these imaging modalities were compared in a randomized controlled trial they were found to have equivalent diagnostic accuracy. Both modalities have advantages and disadvantages. Kidney, ureter, bladder (KUB) plain film radiography is most helpful in evaluating for interval stone growth in patients with known stone disease, and is less useful in the setting of acute stones. MRI provides the possibility of 3D imaging without exposure to radiation, but it is costly and currently stones are difficult to visualize.

Follow-up imaging for asymptomatic patients with radiopaque stones should be with retroperitoneal ultrasound and plain film radiography. Follow-up for radiolucent stones, hydronephrosis or retained stone on ultrasound, or symptomatic patients, non-contrast CT is indicated.

Patients with staghorn calculi who are being considered for surgery, CT Abdomen and Pelvis (any contrast level), with or without 3-D reconstruction can be performed. Additionally nuclear imaging may be indicated when there is concern for poor kidney function.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Follow-Up of Treated Renal/Ureteral Stone (AB-4.3)

AB.US.0004.3.A
v2.0.2025

- Post-shock wave lithotripsy (SWL):
  - Retroperitoneal ultrasound (CPT® 76770 or CPT® 76775) is the appropriate initial follow-up imaging.
  - Retroperitoneal ultrasound (CPT® 76770 or CPT® 76775) and/or CT Abdomen and Pelvis (contrast as requested) may be indicated for:
    - Individuals who are symptomatic
    - Individuals with hydronephrosis
    - Individuals who have residual fragments
  - Individuals treated by SWL who have passed fragments, are asymptomatic and without hydronephrosis can be followed according to **Annual Surveillance (AB-4.4)**.
- Post-medical expulsive therapy (MET):
  - Retroperitoneal ultrasound for individuals treated by MET who have passed a stone and are symptomatic
  - CT Abdomen and Pelvis (contrast as requested) if hydronephrosis is demonstrated with ultrasound
  - Individuals treated by MET who have passed a stone and are asymptomatic can be followed according to **Annual Surveillance (AB-4.4)**.
- Post-ureteroscopic extraction with an intact stone:
  - Retroperitoneal ultrasound for individuals without symptoms
  - CT Abdomen and Pelvis with contrast (CPT® 74177) for individuals with symptoms or hydronephrosis demonstrated on ultrasound
  - Individuals without symptoms or without hydronephrosis demonstrated on ultrasound can be followed according to **Annual Surveillance (AB-4.4)**.
- Post-ureteroscopic extraction requiring fragmentation of the stone(s):
  - Retroperitoneal ultrasound for individuals without symptoms
  - CT Abdomen and Pelvis without contrast (CPT® 74176) for individuals without symptoms, but hydronephrosis demonstrated on ultrasound
  - Individuals without symptoms or without hydronephrosis demonstrated on ultrasound can be followed according to **Annual Surveillance (AB-4.4)**.
  - Retroperitoneal ultrasound and KUB for individuals with symptoms and a radiopaque stone

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

  - CT Abdomen and Pelvis without contrast (CPT® 74176) for individuals with symptoms and a non-radiopaque stone
- Post-surgical/procedural treatment of staghorn calculi:
  - CT Abdomen and Pelvis without contrast (CPT® 74176)[12,13,14]
- Retroperitoneal ultrasound and/or CT Abdomen and Pelvis (contrast as requested) may be indicated for individuals with persistent symptoms and/or hydronephrosis.

Evidence Discussion

Following treatment for renal stones, retroperitoneal ultrasound is the recommended initial modality for follow-up. CT scan is indicated in patients with symptoms or if hydronephrosis identified on ultrasound. Ultrasound is subsequently recommended for annual surveillance in asymptomatic patients.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Annual Surveillance (AB-4.4)

AB.US.0004.4.A

v2.0.2025

- Annual surveillance for stable individuals who have a history of stones may be indicated to assess for stone growth or formation of new stones:
  - Plain x-ray (KUB) should be performed for individuals with radiopaque stones
  - Retroperitoneal ultrasound (CPT® 76770 or CPT® 76775) is the preferred modality for individuals with non-radiopaque stones

Evidence Discussion

Plain x-ray is cost-effective and readily available for surveillance of radiopaque stones. Ultrasound is preferred for most patients with radiolucent stones. One year imaging interval is recommended for stable patients, but this may be tailored on stone activity or clinical signs.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Nuclear Kidney Imaging (AB-4.5)

AB.US.0004.5.A

v2.0.2025

- Nuclear kidney imaging (CPT® 78707, CPT® 78708, or CPT® 78709) can be considered for evaluation of any of the following:[5,6]
  - Recurrent flank pain when CT and ultrasound are non-diagnostic
  - Prior imaging (CT or ultrasound) shows hydronephrosis and to determine if this truly obstructive in nature

Evidence Discussion

Renal scintigraphy is used for evaluation of renal perfusion, and function as well as renal anatomy. Regarding anatomy, renal scintigraphy is currently used when there is an allergy to CT or MRI contrast material. The use of IV contrast in CT, as well as MR, is avoided in cases of abnormal renal function and altered GFR. Renal scintigraphy has a role in the diagnosis of obstructive uropathy. It can be used to differentiate true obstruction from non-obstructive simulators causing urinary tract dilation. Nuclear renal scanning is also an excellent modality for the qualitative as well as quantitative assessment of renal transplant function. Because radiation exposure from renal scintigraphy is very low as compared to a CT scan, it maintains a role in the evaluation of pediatric renal anatomy whether normal, anomalous, or pathologic.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (AB-4)

v2.0.2025

1. Fulgham PF, Assimos DG, Pearle MS, et al. Clinical Effectiveness Protocols for Imaging in the Management of Ureteral Calculous Disease: AUA Technology Assessment. *The Journal of Urology*. 2013;189(4):1203-1213.
2. Dubinsky TJ, Sadro CT. Acute Onset Flank Pain–Suspicion of Stone Disease. *Ultrasound Quarterly*. 2012;28(3):239-240.
3. Faerber EN, Benator RM, Browne LP, et al. ACR–SPR Practice Parameter for the Safe and Optimal Performance of Fetal Magnetic Resonance Imaging (MRI*). American College of Radiology*.(Revised 2015).
4. Faerber EN, Abramson SJ, Benator RM, et al. ACR Practice Guideline for Imaging Pregnant or Potentially Pregnant Adolescents and Women with Ionizing Radiation. *American College of Radiology*. (Revised 2013).
5. Banks KP, Green ED, Brown RKJ, et al. ACR–SPR Practice Guideline for the Performance of Renal Scintigraphy. (Revised 2017*). American College of Radiology*.
6. Remer EM, Papanicolaou N, Casalino DD, et al. American College of Radiology Appropriateness Criteria – Renal Failure. *American College of Radiology.* (Revised 2013).
7. Pearle MS, Godfarb DS, Assimos DG. Medical management of kidney stones: AUA guideline. *American Urological Association* (AUA). 2019.
8. Assimos D, Krambeck A, Miller NL, et al. Surgical Management of Stones: American Urological Association/ Endourological Society Guideline, PART I. *Journal of Urology*. 2016;196(4):1153-1160. doi:10.1016/ j.juro.2016.05.090**.**
9. Assimos D, Krambeck A, Miller NL, et al. Surgical Management of Stones: American Urological Association/ Endourological Society Guideline, PART II. *Journal of Urology*. 2016;196(4):1161-1169. doi:10.1016/ j.juro.2016.05.091.
10. Cheng PM, Moin P, Dunn MD, Boswell WD, Duddalwar VA. What the radiologist needs to know about urolithiasis: part 1 – pathogenesis, types, assessment, and variant anatomy. *AJR Am J Roentgenol*. 2012;198(6):W540-7. doi:10.2214/AJR.10.7285.
11. Gupta K, Feiertag N, Gottlieb J, et. al. Imaging after ureteroscopy: practice patterns, patient adherence and impact on subsequent management in an urban academic hospital system. *Urology*. 2023;171:49-56. doi:10.1016/j.urology.2022.08.056.
12. Sharbaugh A, Morgan Nikonow T, Kunkel G, Semins MJ. Contemporary best practice in the management of staghorn calculi. *Ther Adv Urol*. 2019;11:1756287219847099. doi:10.1177/1756287219847099.
13. Marien T, Miller NL. Treatment of the infected stone. *Urol Clin North Am*. 2015;42:459–472. doi:10.1016/ j.ucl.2015.05.009.
14. Flannigan R, Choy WH, Chew B, Lange D. Renal struvite stones—pathogenesis, microbiology, and management strategies. *Nat Rev Urol*. 2014;11:333-341. doi:10.1038/nrurol.2014.99.
15. National Institute for Health and Care Excellence (NICE). NICE guideline – renal and ureteric stones: assessment and management. 2019;123(2):220-232. doi:10.1111/bju.14654.
16. Brisbane W, Bailey MR, Sorensen MD. An overview of kidney stone imaging techniques. *Nat Rev Urol*. 2016;13(11):654–662.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Gastroenteritis/ Enterocolitis (AB-5)

Guideline

Gastroenteritis/Enterocolitis (AB-5.1)
References (AB-5)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Gastroenteritis/Enterocolitis (AB-5.1)

AB.GE.0005.1.A
v2.0.2025

- The presence of any red flag findings per **General Guidelines (AB-1.0)** precludes adjudication based on any other criteria.
- CT Abdomen and Pelvis with contrast (CPT® 74177) if:
  - acute abdomen suggesting bowel obstruction, toxic megacolon (abdominal swelling, fever, tachycardia, elevated white blood cell count), or perforation
  - bloody stools
  - immunocompromised
  - previous gastric bypass
- For suspected ischemic enterocolitis, see: **Mesenteric Ischemia (AB-6.1)** or **Colonic Ischemia (Including Ischemic Colitis) (AB-6.2)**

Background and Supporting Information

Gastroenteritis is a nonspecific term which denotes a constellation of symptoms including, to a varying degree, nausea, vomiting, diarrhea, and abdominal pain. It is usually caused by infectious agents such as norovirus. The broad differential of such symptoms evades establishing a guideline to evaluate gastroenteritis, as a specific entity, from an imaging standpoint.

Evidence Discussion

Generally, nausea and vomiting are evaluated through physical examination, lab studies, and x-ray imaging of the abdomen. Additional imaging is directed by the findings of these tests or if there is concern for serious underlying complications, such as intestinal obstruction or toxic megacolon. A CT scan of the abdomen and pelvis provides a non-invasive method to detect these underlying conditions and also allows for the evaluation of surrounding structures.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (AB-5)

v2.0.2025

1. Scorza K, Williams A, Phillips D, et al. Evaluation of Nausea and Vomiting. *American Family Physician.* 2007; 76(1):76-84.
2. DuPont HI, Practice Parameters of the American College of Gastroenterology. Guideline on acute infectious diarrhea in adults. *The American Journal of Gastroenterology*. 1997;92:1962-1975.
3. Shane AL, Mody RK, Crump JA, et. al. 2017 Infectious Disease Society of America clinical practice guidelines for the diagnosis and management of infectious diarrhea. *Clin Infect Dis*. 2017;65(12):e45-e80. doi:10.1093/cid/cix669.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Mesenteric/Colonic Ischemia (AB-6)

Guideline

Mesenteric Ischemia (AB-6.1)
Colonic Ischemia (Including Ischemic Colitis) (AB-6.2)
References (AB-6)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Mesenteric Ischemia (AB-6.1)

AB.MI.0006.1.A
v2.0.2025

Acute Mesenteric Ischemia

- Suspicion of acute mesenteric ischemia, ONE of the following:
  - CTA Abdominal and/or Pelvic (Mesenteric) (CPT® 74175, or CPT® 74174, or CPT® 72191) (preferable), **or**
  - MRA Abdominal and/or Pelvic (CPT® 72198 and/or CPT® 74185), **or**
  - CT Abdomen and Pelvis with contrast (CPT® 74177)

Chronic Mesenteric Ischemia

- Suspicion of chronic mesenteric ischemia:[10-13]
  - Mesenteric Artery Duplex Ultrasound (CPT® 93975 or CPT® 93976) AND/OR one of the following:
    - CTA Abdomen and Pelvis (CPT® 74174) or MRA Abdomen and Pelvis (CPT® 74185 and CPT® 72198)
- For clinical concern of median arcuate ligament syndrome, see: **Median Arcuate Ligament Syndrome, Nutcracker Syndrome and other Abdominal Vascular Compression Syndromes (PVD-18)** in the Peripheral Vascular Disease (PVD) Imaging Guidelines

Pre- and Post-Treatment for Mesenteric Ischemia

- Pre-operative evaluation, if not already performed (including prior to endovascular intervention):[10-13]
  - CTA Abdomen and Pelvis (CPT® 74174)
- Post-procedure surveillance imaging following invasive treatment for mesenteric ischemia (celiac, superior mesenteric, and inferior mesenteric angioplasty with or without stenting, or mesenteric artery bypass grafting):
  - Baseline Duplex Ultrasound (CPT® 93975 or CPT® 93976) within 1 month of the procedure
  - Duplex Ultrasound (CPT® 93975 or CPT® 93976) at 6 months, 12 months, 18 months, and 24 months, then annually thereafter[10-13]
  - CT Abdomen or Abdomen and Pelvis with contrast (CPT® 74160 and CPT® 74177) or CTA Abdomen or Abdomen and Pelvis (CPT® 74175 or CPT® 74174) or MRA Abdomen (CPT® 74185) and if requested, MRA Pelvis (CPT® 72198):
    - For symptoms suggesting recurrent ischemia OR

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

- In the absence of symptoms, following a Duplex Ultrasound if, on the Duplex study:
  - Celiac axis:
    - PSV >370 cm/s or a substantial increase from the post-treatment baseline PSV (substantial increase has not been defined) or demonstration of restenosis ≥70%
  - Superior mesenteric artery:
    - PSV >420 cm/s, or a substantial increase from the post-treatment baseline PSV (substantial increase has not been defined) or demonstration of restenosis of ≥70%
  - Inferior mesenteric artery:
    - Substantial increase from the post treatment baseline PSV (substantial increase has not been defined).

Surveillance of Asymptomatic Mesenteric Artery Occlusive Disease

- Annual Mesenteric Artery Duplex Ultrasound (CPT® 93975 or CPT® 93976)[10-13]

Evidence Discussion

- Mesenteric ischemia reflects decreased intestinal blood flow through the mesenteric vessels. Causes include: mesenteric artery embolism (often seen with atrial fibrillation), mesenteric artery thrombosis (typically from progressive atherosclerosis that may range from non-occlusive low flow to frank occlusion), and mesenteric vein thrombosis (commonly due to hyper-coagulable states).
- Typical presentation of acute mesenteric ischemia is based on severe abdominal pain out of proportion to findings on physical exam, usually in individuals with a combination of the following risk factors: advanced age, hyperlipidemia, heart disease, hypercoagulability, renal failure, inflammatory conditions (ex. vasculitis, pancreatitis, diverticulitis), recent vascular catheterization, substance use (tobacco smoking, cocaine).
- Chronic mesenteric ischemia (CMI) is a syndrome related to inadequate blood flow, typically related atherosclerotic occlusive disease affecting the mesenteric circulation. Blood flow to the bowel is from the celiac artery, superior mesenteric artery, and inferior mesenteric artery. Ischemia may occur when there is significant disease affecting at least two of three arteries; however, symptoms related to severe disease isolated to one artery is also possible. Symptoms may be characterized by postprandial abdominal pain, "food fear", diarrhea, weight loss. Revascularization is typically recommended once CMI is diagnosed; this may be done via an endovascular approach (angioplasty and stenting) or through open reconstruction.
- Duplex ultrasound provides an excellent screening tool for mesenteric artery occlusive disease. Duplex ultrasound is recommended for regular evaluation of

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

individuals treated for mesenteric ischemia. Duplex ultrasound requires no ionizing radiation and is readily available. Duplex ultrasound findings help to determine the next most appropriate advanced imaging study if needed. Duplex ultrasound has a high negative predictive value of 99% with overall accuracy of 96% in ruling out significant stenosis. CTA is recommended as an additional diagnostic tool in chronic mesenteric ischemia because it provides excellent image detail and helps to better define mesenteric lesions. Disadvantages of CTA include ionizing radiation, expense, and the need for a contrast agent. MRA is considered an alternative modality to CTA. MRA boasts sensitivity and specificity of over 95% for detection of significant stenosis. However, it is limited in its ability to characterize degree of calcification, requires contrast administration, is not as widely available, and presents limitation in patients with metallic implants.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Colonic Ischemia (Including Ischemic Colitis) (AB-6.2)

AB.MI.0006.2.A

v2.0.2025

- CT Abdomen and Pelvis with contrast (CPT® 74177) is considered the first imaging modality in order to assess the distribution and phase of the colitis, and it can be performed if abdominal pain **and:**
  - rectal bleeding; **or**
  - moderate or severe tenderness; **or**
  - fever (≥101 degrees); **or**
  - guarding, rebound tenderness, or other peritoneal signs; **or**
  - elevated WBC as per the testing laboratory's range
- Repeat imaging for asymptomatic or improving individuals, including routine post-operative imaging, is generally not needed.
- CTA Abdomen (CPT® 74175) or CTA Abdomen and Pelvis (CPT® 74174) or MRA Abdomen (CPT® 74185) and if requested, MRA Pelvis (CPT® 72198) can be performed for suspicion of right sided or pancolonic ischemia (as suggested on the initial CT Abdomen and Pelvis or by history/physical examination).

Background and Supporting Information

- Suspicion of colonic ischemia based on sudden cramping abdominal pain accompanied by urgency to defecate and passage of bright red blood, maroon blood, or bloody diarrhea, with risk factors including cardiovascular disease, diabetes mellitus, kidney disease, previous abdominal surgery, use of constipating medications, COPD, and atrial fibrillation.
- As noted in the ACG Clinical Guideline:
  - "In contrast to AMI (*acute mesenteric ischemia*) in which conventional mesenteric angiography or CTA plays an essential role, vascular imaging studies are not indicated in most patients with suspected CI (*colonic ischemia*) because by the time of presentation, colon blood flow has usually returned to normal and the observed changes are not from ongoing ischemia but rather reflect the ischemic insult with or without reperfusion injury".

Evidence Discussion

- Based on ACG Clinical Guideline: "In contrast to AMI (acute mesenteric ischemia) in which conventional mesenteric angiography or CTA plays an essential role, vascular imaging studies are not indicated in most patients with suspected CI (colonic ischemia) because by the time of presentation, colon blood flow has usually returned

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

to normal and the observed changes are not from ongoing ischemia but rather reflect the ischemic insult with or without reperfusion injury".

- CT scan is recommended as first-line imaging for patients with ischemic colitis. CT allows for identification and/or exclusion of other causes of abdominal pain; may suggest diagnosis of colonic ischemia, including distribution of disease; and may allow assessment of disease severity.
- CT-angiogram (CTA) is generally not recommended, since in most cases, blood flow has returned to normal by the time of clinical presentation. CTA may be helpful in distinguishing between acute mesenteric ischemia (AMI) and ischemic colitis. In diagnosing AMI, sensitivity and specificity are reported to be over 90%. Isolated right sided colonic ischemia (IRCI) carries a worse prognosis than other distributions of colitis and may represent evidence of significant SMA disease; as such, CTA is recommended to fully evaluate the vasculature and potentially prevent catastrophic associated complications.
- Radiation and contrast related complications are risks associated with CT and CTA
- MRA also allows for evaluation of the proximal celiac artery and SMA. Advantages include high sensitivity and specificity. Disadvantages include poor visualization of distal vessels and non-occlusive ischemia, long acquisition times, and motion susceptibility artifact which could potentially delay treatment. In contrast to CTA, MRA is "less likely to show ischemic findings within the bowel itself".
- Alternative imaging studies include non-contrast CT scan, ultrasound, and barium enema:
    - Non-contrast CT scan – there is a lack of literature related to this imaging modality; however, signs of ischemia, including evaluation of bowel and vasculature, rely on use of contrast.
    - Ultrasound – Experience "in the setting of CI is very limited", also, there is a low specificity, high false negative rate.
    - Duplex US (arterial study) – there may be a role; however, various factor, including difficulty evaluating distal vessels and non-occlusive ischemia, as well as acquisition time, and patient discomfort do limit utility in evaluating for acute mesenteric ischemia.
    - Barium enema – originally described in diagnosis of CI in the 1960s. Very limited role today, as CT and colonoscopy are preferred. Modern usage is mainly to follow ischemic strictures in a chronic setting.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (AB-6)

v2.0.2025

1. Fidelman N, Funaki BS, Ray CE , et al. Expert Panel on Interventional Radiology. ACR Appropriateness Criteria® radiologic management of mesenteric ischemia. American College of Radiology (ACR); 2011 (Revised 2016).
2. Menke J. Diagnostic Accuracy Of Multidetector CT In Acute Mesenteric Ischemia: Systematic Review And Meta-Analysis. *Radiology*, 2010; 256: 93-101.
3. Olivia IB, Davarpanah AH, Rybicki FJ, et. Al ACR Appropriateness Criteria- Imaging of Mesenteric Ischemia 2018.The American College of Radiology.
4. Brandt LJ, Feuerstadt P, Longstreth GF, et al. Epidemiology, Risk Factors, Patterns of Presentation, Diagnosis, and Management of Colonic Ischemia. *American College of Gastroenterology*. 2015; 110: 18-44.
5. Bala M, Kashuk J, Moore EE, et al. Acute mesenteric ischemia: guidelines of the World Society of Emergency Surgery. *World Journal of Emergency Surgery*. 2017;12(1). doi:10.1186/s13017-017-0150-5.
6. Zierler RE, Jordan WD, Lal BK, et al. The Society for Vascular Surgery practice guidelines on follow-up after vascular surgery arterial procedures. *Journal of Vascular Surgery*. 2018;68(1):256-284. doi:10.1016/j.jvs.2018.04.018.
7. Peck MA, Conrad MF, Kwolek CJ, Lamuraglia GM, Paruchuri V, Cambria RP. Intermediate-term outcomes of endovascular treatment for symptomatic chronic mesenteric ischemia. *Journal of Vascular Surgery*. 2010;51(1). doi:10.1016/j.jvs.2009.06.064.
8. Cai W, Li X, Shu C, et al. Comparison of Clinical Outcomes of Endovascular Versus Open Revascularization for Chronic Mesenteric Ischemia: A Meta-analysis. *Annals of Vascular Surgery*. 2015;29(5):934-940. doi:10.1016/j.avsg.2015.01.010.
9. Alahdab F, Arwani R, Pasha AK, et al. A systematic review and meta-analysis of endovascular versus open surgical revascularization for chronic mesenteric ischemia. *Journal of Vascular Surgery*. 2018;67(5):1598-1605. doi:10.1016/j.jvs.2017.12.046.
10. Björck M, Koelemay M, Acosta S, et al. Editor's choice – management of the diseases of mesenteric arteries and veins. Clinical practice guidelines of the European Society of Vascular Surgery (ESVS). *Eur J Vasc Endovasc Surg*. 2017;53:460-510.
11. Ginsburg M, Obara P, Lambert D, et al. Expert Panels on Vascular Imaging and Gastrointestinal Imaging: ACR Appropriateness Criteria ® Imaging of Mesenteric Ischemia. *J Am Coll Radiol*. 2018;15(11S):S332-40.
12. Huber TS, Björck M, Chandra A, et al. Chronic mesenteric ischemia: Clinical practice guidelines from the Society for Vascular Surgery. *J Vasc Surg*. 2021;73:87S-115S.
13. Zierler RE, Jordan WD, Lal BK, et al. The Society for Vascular Surgery practice guidelines on follow-up after vascular surgery arterial procedures. *J Vasc Surg*. 2018;68(1):256-284.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Post-Operative Pain Within 60 Days Following Abdominal Surgery – Abdominal Procedure (AB-7)

Guideline

Post-Op Pain and/or Complication Within 60 Days (AB-7.1)
References (AB-7)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Post-Op Pain and/or Complication Within 60 Days (AB-7.1)

AB.OP.0007.1.A

v2.0.2025

- CT Abdomen and/or Pelvis with contrast (CPT® 74177, or CPT® 74160, or CPT® 72193) can be performed for suspected postoperative/post procedure complications (For example: bowel obstruction, abscess, anastomotic leak, or post-endoscopic complication).
- Beyond 60 days postoperatively, see: **Abdominal Pain (AB-2)**.
- See: **Liver Transplant, Post-Transplant Imaging (AB-42.3)** for post-transplant indications and imaging.

Evidence Discussion

Early investigation with advanced imaging is indicated to identify post-operative/post-procedural complications. Most complications manifest within the first 2 months.

CT imaging is the mainstay for abdominal imaging in the post-operative period due to its high resolution and speed. It is particularly effective at identifying abdominal fluid collections in the peri-hepatic and peri-splenic areas, as well as in the pelvis. CT may also differentiate between post-operative seromas, hematomas, and abscesses, aiding in the drainage of these collections. The use of contrast is recommended to enhance diagnostic accuracy.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (AB-7)

v2.0.2025

1. ACR Appropriateness Criteria® acute (nonlocalized) abdominal pain and fever or suspected abdominal abscess. American College of Radiology. Published 2012. Rev. 2018.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Abdominal Lymphadenopathy (AB-8)

Guideline

Abdominal Lymphadenopathy (AB-8.1)
Inguinal Lymphadenopathy (AB-8.2)
Sclerosing Mesenteritis and Mesenteric Panniculitis (AB-8.3)
References (AB-8)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Abdominal Lymphadenopathy (AB-8.1)

AB.AL.0008.1.A
v2.0.2025

- History of malignancy
  - Refer to oncology guidelines specific for that known malignancy.
  - Biopsy may be considered
- Clinical or lab findings suggesting a lymphoproliferative disorder:
  - Biopsy
  - PET/CT (CPT® 78815) may be considered prior to biopsy in order to determine a more favorable site for biopsy, when a prior biopsy was nondiagnostic, or a relatively inaccessible site is contemplated which would require invasive surgical intervention for biopsy attempt.

    Clinical note: Due to its relative lack of specificity as well as higher cost, PET is a less efficient alternative to biopsy.
- If clinical, laboratory findings, biopsy, or PET suggest benign etiology, and no history of malignancy:
  - CT Abdomen and Pelvis (CPT® 74177) at 3 months for follow-up.
  - If no changes at 3 months, 2 additional follow-up scans (at 6 months and one year) can be approved.
  - If no changes by one year, the finding can be considered benign. No further imaging.
- If a follow-up CT demonstrates a concerning change, biopsy should be performed. If biopsy is inconclusive, PET/CT (CPT® 78815) can be approved.

Evidence Discussion

Abdominal lymphadenopathy can be associated with infectious, autoimmune, and malignant etiologies. Whenever possible, tissue pathology is preferred in the diagnosis of enlarged lymph nodes.

CT remains the main modality for evaluation of intra-abdominal lymph nodes. This can be used for identification, follow-up, and guidance for percutaneous biopsy. Serial CT should be done with consideration of radiation exposure.

PET/CT, although not specific for malignancy, can assist in identifying alternate sites for biopsy in patients with a previously non-diagnostic biopsy or when lymph nodes are relatively inaccessible and biopsy would require an invasive surgical intervention.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Inguinal Lymphadenopathy (AB-8.2)

AB.AL.0008.2.A
v2.0.2025

There is no evidence-based support for advanced imaging of clinically evidenced inguinal lymphadenopathy without biopsy. Advanced imaging should be directed by results of biopsy. If biopsy results are negative or benign, then no advanced imaging is indicated.

If biopsy is positive for malignancy, advanced imaging is guided by sections specific to the histological diagnosis:

- High suspicion of lymphoma: See **Non-Hodgkin Lymphomas (ONC-27)** and **Hodgkin Lymphoma (ONC-28)** in the Oncology Imaging Guidelines
- Prior history of malignancy: See **Metastatic Cancer, Carcinoma of Unknown Primary Site, and Other Types of Cancer (ONC-31)** in the Oncology Imaging Guidelines

Background and Supporting Information

- Localized inguinal lymphadenopathy should prompt:
  - search for adjacent extremity injury or infection
  - 3 to 4 weeks of observation if clinical picture is benign
  - excisional or image guided core needle biopsy under ultrasound or CT guidance of most abnormal lymph node if condition persists or malignancy suspected
- Generalized inguinal lymphadenopathy should prompt:
  - diagnostic work-up, including serological tests, for systemic diseases and
  - excisional or image guided core needle biopsy under ultrasound or CT guidance of most abnormal lymph node if condition persists or malignancy suspected

Evidence Discussion

Inguinal adenopathy is benign and self-limited in most patients. History and physical alone can often identify the cause of the adenopathy. Biopsy remains the primary diagnostic tool in evaluation of undiagnosed inguinal adenopathy. This can be done with fine needle aspiration or core needle biopsy. Diagnostic rates can be improved with the use of ultrasound.

There is no evidence-based support for advanced imaging of inguinal adenopathy in the absence of biopsy results that would direct that imaging. If benign, no further work-up is necessary.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Sclerosing Mesenteritis and Mesenteric Panniculitis (AB-8.3)

AB.AL.0008.3.A
v2.0.2025

- For new or worsening clinical symptoms, or if not previously performed:
  - CT Abdomen and Pelvis without and with contrast (CPT® 74178)
- Requests for follow-up imaging in asymptomatic individuals or for sequential imaging to monitor for the development of malignancy:
  - Further imaging in these scenarios is not supported in the absence of worsening or new clinical symptoms.
- PET imaging is not indicated for the evaluation of Sclerosing Mesenteritis or Mesenteric Panniculitis

Background and Supporting Information

- Sclerosing mesenteritis and mesenteric panniculitis are rare, incompletely understood entities that are characterized by an idiopathic inflammatory condition of the mesentery, with radiologic findings including:
  - fatty mass lesion in the small intestinal mesentery
  - “halo” (fat ring) surrounding lymph nodes or vessels
  - lymph nodes in the fatty mass
  - a “pseudocapsule”
  - “misty” mesentery
  - calcifications from fat necrosis
- Sclerosing mesenteritis may represent a spectrum of diseases (retractile mesenteritis, mesenteric panniculitis, and mesenteric lipodystrophy), or may be stages of one disease with progression.
- The chronic inflammation may result in fibrosis with a mass effect and can involve the gut (causing obstruction), the mesenteric vessels, and other intra-abdominal or retroperitoneal organs. The etiology is uncertain, but may be secondary to trauma (previous abdominal surgery), an autoimmune process, ischemia, infection, and possibly may represent a paraneoplastic syndrome secondary to a malignancy, though this is controversial.
- There is an increased prevalence of malignancy in individuals with sclerosing mesenteritis, and this has resulted in requests for sequential imaging in stable or asymptomatic individuals. In addition, requests may be made to assess the clinical response in those undergoing active treatment.
- However, studies have reported that the data on potentially developing a subsequent malignancy is inconclusive and thus “it does not seem justified to subject patients with

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

MP, especially those in whom other associations such as abdomino-pelvic surgery may explain the MP findings, to multiple follow-up CT scans with the aim of detecting a future malignancy"[1]. This recommendation is supported by other authors.[2,3,4,5]

- In addition, there is no correlation between radiolologic and clinical findings, and management decisions are guided by the severity and type of symptoms. Thus, sequential radiologic imaging to assess treatment response is not recommended.[2]

Evidence Discussion

Mesenteric panniculitis is self-limited in over 80% of cases. There is no correlation between radiologic and clinical findings, and clinical management decisions should be guided by symptoms so sequential radiologic imaging to assess treatment response is not recommended. Evidence of potential malignancy is inconclusive and exposing patients to the risks of sequential radiation is not supported.

CT scan of the abdomen and pelvis is the preferred modality in the diagnosis of new or worsening symptoms. There is no role for PET/CT in the evaluation of sclerosing mesenteritis.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (AB-8)

v2.0.2025

1. Nyberg L, Björk J, Björkdahl P, Ekberg O, Sjöberg K, Vigren L. Sclerosing mesenteritis and mesenteric panniculitis – clinical experience and radiological features. *BMC Gastroenterology*. 2017;17(1). doi:10.1186/s12876-017-0632-7.
2. Akram S, Pardi DS, Schaffner JA, Smyrk TC. Sclerosing Mesenteritis: Clinical Features, Treatment, and Outcome in Ninety-Two Patients. *Clinical Gastroenterology and Hepatology*. 2007;5(5):589-596. doi:10.1016/j.cgh.2007.02.032.
3. Green MS, Chhabra R, Goyal H. Sclerosing mesenteritis: a comprehensive clinical review. *Annals of Translational Medicine*. 2018;6(17):336-336. doi:10.21037/atm.2018.07.01.
4. Catlow J, Twemlow M, Lee T. PWE-141 Should we reimage mesenteric panniculitis? *Small Bowel*. 2017. doi:10.1136/gutjnl-2017-314472.386.
5. Halligan S, Plumb A, Taylor S. Mesenteric panniculitis: systematic review of cross-sectional imaging findings and risk of subsequent malignancy. *European Radiology*. 2016;26(12):4531-4537. doi:10.1007/s00330-016-4298-2.
6. Protin-Catteau L, Thiéfin G, Barbe C, Jolly D, Soyer P, Hoeffel C. Mesenteric panniculitis: review of consecutive abdominal MDCT examinations with a matched-pair analysis. *Acta Radiologica*. 2016;57(12):1438-1444. doi:10.1177/0284185116629829.
7. Bazemore AW and Smucker DR. Lymphadenopathy and malignancy. American Family 2002, 66(1), 2103-2111.
8. Heller M, Harisinghani M, Neitlich J, et al. Managing incidental findings on abdominal and pelvic CT and MRI, part 3: white paper of the ACR ncidental Findings Committee II on splenic and nodal findings. *American College of Radiology*. 2013;10(11):833-839.
9. Gaddey HL, Riegel AM. Unexplained Lymphadenopathy: Evaluation and Differential Diagnosis. American Family Physician. *Am Fam Physician*. 2016 Dec 1;94(11):896-903.
10. Schwartz FR, James O, Kuo PH, et al. Lymphatic Imaging: current noninvasive and invasive techniques. *Semin Intervent Radiol*. 2020;37(3):237–249.
11. Zeman MN, Green C, Akin EA. Spectrum of [18F]FDG-PET/CT Findings in benign lymph node pathology. *Mol Imaging Biol*. 2021;23(4):469–480.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Bariatric Surgery and Percutaneous Gastrostomy (AB-9)

Guideline

Bariatric Surgery (AB-9.1)
Percutaneous Gastrostomy (AB-9.2)
References (AB-9)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Bariatric Surgery (AB-9.1)

AB.BS.0009.1.A
v2.0.2025

- Pre-operative Assessment:
  - Abdominal ultrasound (CPT® 76700 or CPT® 76705) to assess the liver and gallbladder
- Post-operative complications:
  - CT Abdomen and Pelvis with contrast (CPT® 74177) or CT Abdomen with contrast (CPT® 74160) may be used for individuals who have had weight loss surgery and present with suspected complications including:
    - weight loss failure
    - heartburn
    - nausea or vomiting
    - abdominal pain
    - fever
    - abdominal distension
    - suspected hernia
- Note: Internal hernias in patients who have had Roux-en-Y gastric bypasses may have intermittent and relatively mild abdominal symptoms which require immediate evaluation with CT imaging.
- See: **Post-Operative Pain Within 60 Days Following Abdominal Surgery – Abdominal Procedure (AB-7)**

Background and Supporting Information

- Bariatric procedures include gastric banding, gastric bypass, sleeve gastrectomy, and biliopancreatic diversion procedures.
- Though abdominal pain in post-operative bariatric patients may be gallbladder-induced and an ultrasound would be helpful for this diagnosis, the complications of bariatric surgery can become quickly life-threatening, and so any request for CT imaging in the post-operative bariatric individual should not be delayed with recommendations for ultrasound, even if the examination does not indicate any signs or symptoms of more serious or complicated disease.

Evidence Discussion

- Preoperative assessment:
  - Routine screening with ultrasound to assess the gallbladder is reasonable due to the frequent finding of cholelithiasis (21%) leading to synchronous cholecystectomy with the bariatric procedure.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

  - In the absence of symptoms, advanced imaging is generally not indicated.
  - In patients with previous surgery of the foregut, imaging may be indicated for surgical planning. This is addressed in EviCore Abdomen Imaging Guidelines: General Guidelines (AB 1.0) under pre-operative radiology imaging. "If imaging is requested by the operating surgeon to support planned surgery, the imaging may be approved."
- Post-operative complications:
  - Bariatric procedures include gastric banding, gastric bypass, sleeve gastrectomy, and biliopancreatic diversion procedures.
  - Bariatric surgery can result in numerous complications that may not be apparent after initial evaluation or ultrasound. These include internal hernias, marginal ulceration, intussusception, stenosis, perforations, and leaks. Specifically, internal hernias in patients who have had Roux-en-Y gastric bypasses may have intermittent and relatively mild abdominal symptoms which require immediate evaluation with CT imaging.
  - Symptoms concerning for complications include weight loss failure, heartburn, nausea and vomiting, abdominal pain, fever, abdominal distention, and suspicion of a hernia.
  - Though abdominal pain in post-operative bariatric patients may be gallbladder induced and an ultrasound would be helpful for this diagnosis, the complications of bariatric surgery can become quickly life-threatening, and so any request for CT imaging in the post-operative bariatric individual should not be delayed with recommendations for ultrasound, even if the examination does not indicate any signs or symptoms of more serious or complicated disease.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Percutaneous Gastrostomy (AB-9.2)

AB.BS.0009.2.A
v2.0.2025

- Percutaneous Endoscopic Gastrostomy (PEG)
  - CT or MRI is generally not needed pre-operatively for PEG placement.
  - CT Abdomen with or without contrast (CPT® 74160 or 74150):
    - For pre-operative assessment in the presence of:
      - abdominal wall defects such as an open abdomen
      - the presence of “ostomy” sites or drain tubes
      - abdominal surgical scars or prior major abdominal surgery (e.g. laparotomy, laparoscopy)
      - known situs inversus
      - known paraesophageal hernia
      - previous endoscopic attempt did not achieve adequate transillumination through the abdominal wall or compression and a suitable site for PEG placement could not be determined
  - Percutaneous Gastrostomy via Interventional Radiologist using CT guidance
    - A pre-operative CT Abdomen with or without contrast (CPT® 74150, 74160) may be appropriate for complicated cases in which a safe window cannot be determined via fluoroscopy. See above indications for CT prior to endoscopic gastrostomy tube placement for pre-operative indications.
  - Suspected complication of an endoscopically or IR-placed gastrostomy or jejunostomy tube:
    - CT Abdomen with or without contrast (CPT® 74150, 74160) or CT Abdomen and Pelvis with or without contrast (CPT® 74176 or 74177)

Background and Supporting Information

- A percutaneous endoscopic gastrostomy utilizes endoscopic guidance in order to place the feeding tube.
- The optimal site for gastrostomy placement is determined by illuminating the abdominal wall from the stomach using the scope and simultaneously indenting the wall with the finger, and visualizing that indention endoscopically.
  - Routine CT prior to this is generally not needed.
  - A recent study[5] retrospectively compared complication rates between individuals who underwent a pre-procedure CT vs. those that did not, and found no difference in the rate of bleeding events, need for operative intervention, and accidental tube dislodgement.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

- One individual in the non-CT group had an injury due to the tube being placed through the colon, but in that case there was failure of transillumination through the abdominal wall.
- The authors concluded, “routine CT to evaluate for unfavorable anatomy such as overlying liver or transverse colon prior to PEG tube placement does not result in a reduced complication rate. Safe site selection utilizing the correct technique of transillumination of the abdominal wall and visualization of the indentation of the operator’s finger is essential for safe PEG tube placement.”

Evidence Discussion

The use of routine pre-procedure CT scans does not result in lower complication rates for endoscopic percutaneous gastrostomy. A retrospective study comparing complication rates between patients who underwent pre-procedure CT scans and those who did not found no difference in the rate of bleeding events, need for operative intervention, or accidental tube dislodgement. Thus, pre-procedure CT of the abdomen is reserved for complex placement scenarios.

Post-procedure, the role of CT imaging is to assist in identifying complications, allowing fast visualization of issues such as a migrated internal bumper or injury to internal viscera.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

References (AB-9)

v2.0.2025

1. Gaetke-Udager K, Wasnik A, Kaza R, et al. A Guide To Imaging In Bariatric Surgery. *Emergency Radiology*, June 2014; 21(3):309-319.
2. Levine MS and Carucci LR. Imaging of Bariatric Surgery: Normal Anatomy and Postoperative Complications. *Radiology*. 2014;270(2):327-341.
3. Varghese JC and Roy-Choudhury SH. Radiological imaging of the GI tract after bariatric surgery. *Gastrointestinal Endoscopy*. 2009;70(6):1176-1181.
4. Schneider R, Lazaridis I, Kraljević M, Beglinger C, Wölnerhanssen B, Peterli R. The impact of preoperative investigations on the management of bariatric patients; results of a cohort of more than 1200 cases. *Surgery for Obesity and Related Diseases*. 2018;14(5):693-699. doi:10.1016/j.soard.2018.01.009.
5. Miskimins RJ, Glenn JM, Kamya C, Paffett CL, Arshad S, Auyang ED. Routine CT Prior to PEG tube placement does not reduce complication rates. Poster presented at SAGES 2017 Annual Meeting.
6. Itkin M, DeLegge MH, Fang JC, et. al. Multidisciplinary practical guidelines for gastrointestinal access for enteral nutrition and decompression from the Society of Interventional Radiology and American Gastroenterological Association Institute, with endorsement by Canadian Interventional Radiological Association and Cardiovascular and Interventional Radiological Society of Europe. *AGA*. 2011;131:742-765. doi:10.1053/j.gastro.2011.06.001.
7. Jain R, Maple JT, Anderson MA, et. al. The role of endoscopy in enteral feeding. *Gastrointest Endosc*. 2011;74(1)7-12. doi:10.1016/j.gie.2010.10.021.
8. Arvanitakis M, Gkolfakis P, Despott EJ, et. al. Endoscopic management of enteral tubes in adult patients - part 1: definitions and indications. *Endoscopy*. 2021:53:81-92. doi:10.1055/a-1303-7449.
9. Arvanitakis M, Gkolfakis P, Despott EJ, et. al. Endoscopic management of enteral tubes in adult patients - part 2: peri- and post-procedural management. *Endoscopy*. 2021:53:178-195. doi:10.1055/a-1331-8080.
10. Ghaderi I, Gondal AB, Samamé J, Serrot F, Galvani CA. Preoperative endoscopic and radiologic evaluation of bariatric patients: what do they add? *J Gastrointest Surg*. 2020;24(4):764-771. doi:10.1007/s11605-019-04219-8.
11. Schlottmann F, Nayyar A, Herbella FAM, Patti MG. Preoperative evaluation in bariatric surgery. *J Laparoendosc Adv Surg Tech A*. 2018;28(8):925-929. doi:10.1089/lap.2018.0391.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Blunt Abdominal Trauma (AB-10)

Guideline

Blunt Abdominal Trauma (AB-10.1)
References (AB-10)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Blunt Abdominal Trauma (AB-10.1)

AB.BA.0010.1.A

v2.0.2025

- Abdominal and/or Pelvic ultrasound (CPT® 76700 and/or CPT® 76856) can be approved for the evaluation of blunt abdominal trauma when requested.
- CT Abdomen and/or Pelvis with contrast (CPT® 74160, or CPT® 72193, or CPT® 74177):
  - High probability intra-abdominal injury
    - Abdominal pain or tenderness
    - Pelvic or femur fracture
    - Lower rib fracture
    - Costal margin tenderness or evidence of thoracic wall trauma
    - Diminished breath sounds
    - Vomiting
    - Pneumothorax
    - Hematocrit <30%
    - Hematuria
    - Elevated AST
    - Non-examinable individual (intoxicated, less than fully conscious, Glasgow Coma Scale Score <13, etc.)
    - Evidence of abdominal wall trauma or seat-belt sign
  - If ultrasound demonstrates any definitive abnormalities or inconclusive results

Evidence Discussion

Intra-abdominal injury is an indication for ultrasound (US) and/or advanced imaging. Advanced imaging in acute trauma is generally with CT of the Abdomen and/or Pelvis with contrast. Both US and CT can be completed rapidly. CT with contrast can provide more detailed images of blood vessels and tissues, helping to better identify areas of bleeding, inflammation, or injury.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (AB-10)

v2.0.2025

1. ACR Appropriateness Criteria® blunt abdominal trauma Clinical Practice Guidelines. Guideline Central.
2. Soto JA and Anderson SW. Multidetector CT of Blunt Abdominal Trauma. Radiology. 2012;265(3):678-693.
3. Nishijima DK, Simel DL, Wisner DH, et al. Does this adult patient have a blunt intra-abdominal injury? *JAMA* 2012; 307:1517.
4. Washington State Department of Health Office of Community Health Systems: Trauma Clinical Guideline. May 2017. https://www.doh.wa.gov/Portals/1/Documents/Pubs/530168.pdf.
5. Jansen JO, Yule SR, Loudon MA. Investigation of blunt abdominal trauma. *Bmj*. 2008;336(7650):938-942. doi:10.1136/bmj.39534.686192.80.
6. Diercks DB, Mehrotra A, Nazarian DJ, Promes SB, Decker WW, Fesmire FM. Clinical Policy: Critical Issues in the Evaluation of Adult Patients Presenting to the Emergency Department With Acute Blunt Abdominal Trauma. *Annals of Emergency Medicine*. 2011;57(4):387-404. doi:10.1016/j.annemergmed.2011.01.013.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Gaucher Disease and Hemochromatosis (AB-11)

Guideline

Gaucher Disease (AB-11.1)
Hereditary (Primary) Hemochromatosis (HH) and Other Iron Storage Diseases (AB-11.2)
References (AB-11)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Gaucher Disease (AB-11.1)

AB.GD.0011.1.A

v2.0.2025

- See: **Gaucher Disease (Storage Disorders) (PN-8.6)** in the Peripheral Nerve Disorders (PND) Imaging Guidelines

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Hereditary (Primary) Hemochromatosis (HH) and Other Iron Storage Diseases (AB-11.2)

AB.GD.0011.2.A
v2.0.2025

- MRI Abdomen without contrast (CPT® 74181) for iron quantification
  - If transferrin iron saturation (TS) ≥45% OR Elevated serum ferritin (males >300 ng/ml, females >200 ng/ml)

AND

- Genetic studies for hemochromatosis have been performed and results are ANY of the following:
  - Negative for hemochromatosis
  - C282Y/H63D compound heterozygote
  - C282Y heterozygote
  - Non-C282Y homozygote
- Note:
  - For C282Y/C282Y homozygote, iron quantification generally not indicated. Workup is as follows:
    - If serum ferritin >1000 ug/L or elevated liver enzymes:
      - Liver biopsy for fibrosis staging and rule out concurrent liver disease
    - If serum ferritin <1000 ug/L and normal liver enzymes:
      - Therapeutic phlebotomy

    (Note: Studies indicate that measurements of hepatic iron concentration by MRI may be more useful in ruling out than diagnosing clinically significant iron overload. MRI can distinguish between primary and secondary iron overload based on iron uptake in the reticuloendothelial system.)
- For the evaluation of suspected hepatic iron overload in chronic transfusional states (e.g., sickle cell disease, thalassemia, oncology patients, bone marrow failure, and stem cell transplant individuals):
  - MRI Abdomen without contrast (CPT® 74181) for iron quantification can be performed annually.
- See: **Transfusion-Associated (Secondary) Hemochromatosis (PEDAB-18.2)** in the Pediatric Abdomen Imaging Guidelines regarding transfusion-associated hepatic iron deposition.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

- If clinical, biopsy, or radiological findings suggest advanced fibrosis or cirrhosis and HCC surveillance is requested, then follow HCC Screening Guidelines – See: **Chronic Liver Disease, Cirrhosis and Screening for HCC (AB-26.1)**.
- Role of MR Elastography (CPT® 76391):
  - The role of MR Elastography to assess the degree of fibrosis in the setting of hemochromatosis is not yet clearly defined and thus not currently approvable.
  - One of the main limitations of MR Elastography is that artifact from excess iron deposition degrades signal intensity in MRE sequences, leading to technical failure of elastography and a decrease in MRE's diagnostic reliability. The latest ACG Clinical Guideline (2019) indicates that MRI for the purpose of estimating hepatic iron concentration is appropriate in the circumstances described above. However, "if there is a concomitant need to stage hepatic fibrosis, then liver biopsy is the preferred method."[14] The ACG diagnostic algorithm for the workup of hemochromatosis does not include MR Elastography at any stage, including the evaluation for the presence, absence, or degree of fibrosis.

Background and Supporting Information

- An elevated serum ferritin >1000 mcg/l is associated with an increased risk of cirrhosis and mortality in C282 homozygotes, while a serum ferritin <1000 mcg/l is associated with a very low likelihood of cirrhosis.
- The role of serial MRI for monitoring hepatic iron concentration in hemochromatosis has not been defined. Treatment is phlebotomy and results are monitored by serum ferritin.

Evidence Discussion

The ACG Clinical Guideline indicates that MRI without contrast is the preferred modality for assessing hepatic iron concentration in iron overload conditions, including primary hereditary hemochromatosis (HH) as well as in secondary, multi-transfusion conditions, such as sickle cell disease, thalessemia, and in oncology patients and those with bone marrow failure, in whom it can be done annually. MRI offers several key advantages. MRI can distinguish between primary and secondary iron overload based on uptake in the reticuloendothial system, is non-invasive, radiation-free, and has the ability to be performed on both liver and heart. In addition, it is useful for screening, as noted, in the appropriate populations.

CT has been used but presents the negatives of radiation exposure. Dual-energy scans are required to compensate for background attenuation, so its use is reserved for patients without access to MRI.

Ultrasound-based elastography can assess the need for biopsy. However, Magnetic Resonance Elastography (MRE) is not preferred due to MRI signal degradation by excess iron and is not recommended by the ACG at any stage of the work-up.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

For individuals with iron indices indicative of classic HH, iron mobilized by well-controlled phlebotomy can provide an alternative estimate of total body iron comparable to liver iron quantification. Serial MRI monitoring of hepatic iron concentration has not been defined; instead, serum ferritin levels are monitored during phlebotomy.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

References (AB-11)

v2.0.2025

1. Zoller H and Henninger B. Pathogenesis, Diagnosis, and Treatment of Hemochromatosis. *Digestive Diseases*. 2016;34:364-373.
2. Weinreb NJ, Aggio MC, Andersson HC, et al. Gaucher disease type 1: revised recommendations on evaluations and monitoring for adult patients. *Seminars in Hematology*, 2004, 41(4 Suppl 5), 15-22.
3. Taouli B, Ehman RL, Reeder SB. Advanced MRI Methods for Assessment of Chronic Liver Disease. *American Journal of Roentgenology*. 2009;193(1):14-27.
4. Penugonda N. Cardiac MRI in Infiltrative Disorders: A Concise Review. *Current Cardiology Reviews*, 2010, 6(2), 134-136.
5. Chavhan GB, Babyn PS, Thomas B, et al. Principles, Techniques, and Applications of T2*-based MR Imaging and Its Special Applications. *RadioGraphics*. 2009;29(5):1433-1449.
6. Bacon BR, Adams PC, Kowdley KV, et al. Diagnosis and management of hemochromatosis: 2011 Practice Guideline by the American Association for the Study of Liver Diseases. *Hepatology*. 2011;54(1):328-343.
7. Sarigianni M, Liakos A, Vlachaki E, et al. Exam 1: Accuracy of Magnetic Resonance Imaging in Diagnosis of Liver Iron Overload: A Systematic Review and Meta-analysis. *Clinical Gastroenterology and Hepatology*. 2015;13(1). Accessed October 19, 2017. http://www.cghjournal.org/article/S1542-3565(14)00928-8/fulltext.
8. Zoller H, and Henninger B. Pathogenesis, Diagnosis, and Treatment of Hemochromatosis: *Dig Dis* 2016;34:364-373.
9. Kanwar P, Kowdley KV. Diagnosis and treatment of hereditary hemochromatosis: an update. *Expert Review of Gastroenterology & Hepatology*. 2013;7(6):517-530. doi:10.1586/17474124.2013.816114.
10. EASL clinical practice guidelines for HFE hemochromatosis. *Journal of Hepatology*. 2010;53(1):3-22. doi:10.1016/j.jhep.2010.03.001.
11. Bacon BR, Adams PC, Kowdley KV, Powell LW, Tavill AS. Diagnosis and management of hemochromatosis: 2011 Practice Guideline by the American Association for the Study of Liver Diseases. *Hepatology*. 2011;54(1):328-343. doi:10.1002/hep.24330.
12. Initial TS% > 45% Hemochromatosis Diagnosis Algorithm. http://www.irondisorders.org/Websites/idi/files/Content/863362/HHC_Both_April_16_2017.pdf.
13. Kowdley KV, Brown KE, Ahn J, Sundaram V. ACG Clinical Guideline. Hereditary Hemochromatosis. *The American Journal of Gastroenterology*. 2019:1. doi:10.14309/ajg.0000000000000315.
14. Degnan AJ, Ho-Fung VM, Ahrens-Nicklas RC, et al. Imaging of non-neuronopathic Gaucher disease: recent advances in quantitative imaging and comprehensive assessment of disease involvement. *Insights into Imaging*. 2019;10(1). doi:10.1186/s13244-019-0743-5.
15. Wagner M, Corcuera-Solano I, Lo G, et al. Technical Failure of MR Elastography Examinations of the Liver: Experience from a Large Single-Center Study. *Radiology*. 2017;284(2):401-412. doi:10.1148/radiol.2016160863.
16. Ghoz HM, Kröner PT, Stancampiano FF, et al. Hepatic iron overload identified by magnetic resonance imaging-based T2* is a predictor of non-diagnostic elastography. *Quantitative Imaging in Medicine and Surgery*. 2019;9(6):921-927. doi:10.21037/qims.2019.05.13.
17. Yin M, Glaser KJ, Talwalkar JA, Chen J, Manduca A, Ehman RL. Hepatic MR Elastography: Clinical Performance in a Series of 1377 Consecutive Examinations. *Radiology*. 2016;278(1):114-124. doi:10.1148/radiol.2015142141.
18. Fitzsimons EJ, Cullis JO, Thomas DW, Tsochatzis E, Griffiths WJH. Diagnosis and therapy of genetic haemochromatosis (review and 2017 update). *British Journal of Haematology*. 2018;181(3):293-303. doi:10.1111/bjh.15164.
19. Wood JC. Guidelines for quantifying iron overload. *Hematology Am Soc Hematol Educ Program*. 2014;2014:210.
20. Angelucci E, Brittenham GM, McLaren CE, et al. Hepatic iron concentration and total body iron stores in thalassemia major. *N Engl J Med*. 2000;343:327.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Hernias (AB-12)

Guideline

Inguinal or Femoral Hernia, or Indeterminate Groin Pain (AB-12.1)
Spigelian, Ventral, Umbilical, or Incisional Hernia (AB-12.2)
Hiatal Hernia (AB-12.3)
References (AB-12)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Inguinal or Femoral Hernia, or Indeterminate Groin Pain (AB-12.1)

AB.IH.0012.1.A
v2.0.2025

- Clinical examination alone is usually sufficient for confirming the diagnosis of an evident groin hernia.
- If musculoskeletal ailments such as osteitis pubis or athletic pubalgia are in the differential, see: **Pelvis (MS-23)** in the Musculoskeletal Imaging Guidelines.
- Ultrasound, pelvic limited (CPT® 76857) or pelvic complete (CPT® 76856) is the initial imaging study if:
  - vague groin swelling with diagnostic uncertainty
  - poor localization of swelling (as might be seen with a small hernia and prominent overlying fat)
  - intermittent swelling not present on examination
  - other/indeterminate groin complaints without swelling
- If ultrasound is indeterminate or non-diagnostic, ONE of the following:
  - CT Pelvis with contrast (CPT® 72193) or without contrast (CPT® 72192)
  - MRI Pelvis without contrast (CPT® 72195) or with and without contrast (CPT® 72197)
- For suspected incarceration or strangulation (initial ultrasound is not required):
  - CT Pelvis with contrast (CPT® 72193) or without contrast (CPT® 72192)
- For chronic post-surgical groin pain (after hernia repair):
  - Pelvic ultrasound (CPT® 76856 or CPT® 76857) or US-guided nerve block
  - CT Pelvis with contrast (CPT® 72193) or without contrast (CPT® 72192) or MRI Pelvis without contrast (CPT® 72195) or without and with contrast (CPT® 72197) can be approved if either ultrasound or ultrasound-guided nerve block is indeterminate or non-diagnostic, to assess for other, non-neuropathic causes.

Evidence Discussion

- Diagnosis of inguinal and femoral hernias is usually possible by history and physical alone. When the diagnosis is in question because physical exam is inconclusive or symptoms are vague, ultrasound should be the initial imaging study. Ultrasound can provide useful information without the risk of radiation. It is readily available, easily performed and can be used in conjunction with provocative maneuvers such as valsalva to help delineate a hernia. These provocative maneuvers are more difficult to perform during CT scanning which gives a more static image.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

- In the event of an inconclusive ultrasound or if there is a concern for a complicated hernia, imaging of the pelvis with either CT or MRI is appropriate. Abdominal imaging is not necessary for evaluation of an inguinal or femoral hernia.
- Post-surgical pain can be associated with neuropathy, recurrence, or mesh complications. These problems should be evaluated with US and/or nerve block as well prior to proceeding to advanced imaging if these studies are indeterminate.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Spigelian, Ventral, Umbilical, or Incisional Hernia (AB-12.2)

AB.IH.0012.2.A

v2.0.2025

- Known or suspected primary or recurrent Spigelian hernia (anterior abdominal wall hernia through the semilunar line), ventral hernia, umbilical, or incisional hernia:
  - CT Abdomen without or with contrast (if at or above the umbilicus) (CPT® 74150 or CPT® 74160) **or**
  - CT Pelvis without or with contrast (if below the umbilicus) (CPT® 72192 or CPT® 72193) **or**
  - CT Abdomen and Pelvis without or with contrast (if above and below the umbilicus, or indeterminate) (CPT® 74176 or CPT® 74177)

Evidence Discussion

- Hernias of the abdominal wall can have a variable presentation and a challenging physical exam. In addition, there may be secondary hernias that are not noted on physical exam or the hernia may track through different layers of the abdominal wall. The size of the hernia defect is also an important consideration in determining operative approach. Ultrasound is limited in being able to evaluate size and extent of hernia through various tissue planes. Advanced imaging may be appropriate for both diagnosis and in planning treatment. Limits to imaging only involve targeting imaging to the appropriate body region.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Hiatal Hernia (AB-12.3)

AB.IH.0012.3.A

v2.0.2025

- CT Chest and/or Abdomen with contrast (CPT® 71260 and/or CPT® 74160) to evaluate ANY of the following:
  - GI specialist or surgeon or any provider in consultation with one of these specialists request for treatment/pre-operative planning.
  - Suspected complication of primary disease or surgery.

Background and Supporting Information

- Some complications might include suspicion of a gastric volvulus (torsion) within the chest cavity, vomiting, chest pain, and difficulty in swallowing

Evidence Discussion

- Hiatal hernias can become symptomatic. If so, evaluation should follow the guidelines for the specific symptom complex (such as reflux, cough, abdominal or chest pain, vomiting, dysphagia, abnormal chest x-ray, etc.).
- To avoid unnecessary testing and radiation exposure, advanced imaging for hiatal hernias should be reserved for specialist requests for preoperative evaluation or for complications of the primary disease or surgery.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (AB-12)

v2.0.2025

1. Yaghmai V, Yee J, Cash B, Expert Panel on Gastrointestinal Imaging. ACR Appropriateness Criteria® palpable abdominal mass. American College of Radiology. Published 2014.
2. LeBlanc KE, LeBlanc LL, LeBlanc KA. Inguinal hernias: Diagnosis and Management. *Am Fam Physician*, 2013;87(12):844-848.
3. Hartman S, Leyendecker JR, Friedman B, et al., Expert Panel on Urologic Imaging. ACR Appropriateness Criteria® acute onset of scrotal pain -- without trauma, without antecedent mass. Reston (VA): American College of Radiology (ACR); Last review date, 2014.
4. International guidelines for groin hernia management. Hernia. 2018;22(1):1-165. doi:10.1007/s10029-017-1668-x.
5. Murphy KP, Oconnor OJ, Maher MM. Adult Abdominal Hernias. *American Journal of Roentgenology*. 2014;202(6). doi:10.2214/ajr.13.12071.
6. Peters JH. SAGES guidelines for the management of hiatal hernia. *Surgical Endoscopy*. 2013;27(12):4407-4408. doi:10.1007/s00464-013-3212-0.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Abdominal Mass (AB-13)

Guideline

Abdominal Wall Mass (AB-13.1)
Indeterminate Intra-Abdominal Mass (AB-13.2)
Abnormal Findings on Endoscopy/Colonoscopy (AB-13.3)
References (AB-13)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Abdominal Wall Mass (AB-13.1)

AB.AM.0013.1.A

v2.0.2025

- Abdominal ultrasound and/or Pelvic ultrasound (CPT® 76700 or CPT® 76705 and/or CPT® 76856) is the initial imaging study to assess an abdominal wall or subcutaneous mass.
- MRI Abdomen without and with contrast (CPT® 74183) or CT Abdomen with contrast (CPT® 74160) to assess a suspected malignant or indeterminate mass detected on ultrasound (Pelvic imaging can be included depending on the location of the mass).

Evidence Discussion

- Mass lesions of the subcutaneous tissue and abdominal wall are generally benign and can be diagnosed through physical examination (such as lipomas, fibromas, epidermal inclusion cysts, etc.). For lesions that require imaging for further delineation, ultrasound is the initial study of choice. Ultrasound allows for real-time imaging, and the addition of Doppler techniques can help identify vascular lesions. It is highly specific for benign lesions. If the ultrasound image is inconclusive, it can guide the choice of additional imaging modalities, body areas, and contrast levels.
- Subsequent or second-line imaging for indeterminate ultrasound findings includes CT with contrast or MRI with and without contrast. MRI is particularly useful for evaluating masses that appear sarcomatous prior to biopsy. The appropriate body region for imaging depends on the location of the mass.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Indeterminate Intra-Abdominal Mass (AB-13.2)

AB.AM.0013.2.A
v2.0.2025

- Palpable abdominal mass on physical examination:
  - CT Abdomen with contrast (CPT® 74160) if above the umbilicus
  - CT Abdomen and Pelvis with contrast (CPT® 74177) if extending below the umbilicus
  - CT Pelvis with contrast (CPT® 72193) if involving the pelvis
  - Abdominal ultrasound (CPT® 76700) and/or Pelvis ultrasound (CPT® 76856) may be approved in lieu of CT, if requested
- Indeterminate findings on a prior CT or ultrasound:
  - MRI Abdomen without and with contrast (CPT® 74183)
    - MRI Pelvis without and with contrast (CPT® 72197) may be approved to evaluate if the mass extends below the umbilicus or involves the pelvis
  - Specific lesions mentioned within the Abdomen Imaging Guidelines should be imaged according to those specific sections (e.g., liver lesion, pancreatic cyst, etc.).
- For a pulsatile abdominal mass, suspected aortic aneurysm: See: **Abdominal Aortic Aneurysm (AAA) (PVD-6.3)** in the Peripheral Vascular Disease (PVD) Imaging Guidelines.
- For females with a suspected adnexal mass or fibroid: See: **Adnexal Mass/Ovarian Cysts (PV-5)** or **Leiomyomata/Uterine Fibroids (PV-12)** in the Pelvis Imaging Guidelines.
- Pregnant individual:
  - Abdominal and/or Pelvic and/or Transvaginal ultrasound (CPT® 76700 and/or CPT® 76856 and/or CPT® 76830) is appropriate for initial imaging.

Evidence Discussion

- The origins and characteristics of a palpable intra-abdominal mass are difficult to determine on physical exam. For intra-abdominal masses, contrast-enhanced CT and ultrasound examination have demonstrated accuracy. Although ultrasound may be limited by body habitus or bowel gas, it offers several advantages. Ultrasound requires no ionizing radiation, is cost effective, helps determine most appropriate next advanced imaging study (CT vs. MRI), is readily accessible, and often can be scheduled same day.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

- ACR Appropriateness Criteria states, "CT demonstrated high positive predictive value (99%) and negative predictive value (97%) for determining the presence or absence of a mass and correctly identified the organ of origin in 93% of patients with palpable abnormalities on clinical examination". (2019) MRI is useful for further delineation of an indeterminate mass found on US or CT due to its excellent sensitivity for soft-tissue differentiation.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Abnormal Findings on Endoscopy/ Colonoscopy (AB-13.3)

AB.AM.0013.3.A
v2.0.2025

- Submucosal colonic lesions above the rectum or unexplained colonic extrinsic compression above the rectum:
  - CT Abdomen and Pelvis with contrast (CPT® 74177)
- Colonic Mucosal Mass or Polypoid Lesion above the rectum:
  - If pathology shows invasive cancer OR if colonoscopic findings describe a fungating, ulcerated, bleeding, irregular, circumferential (partial or complete) mass (i.e., findings that suggest a colonic malignancy based on the endoscopic appearance):
    - CT Abdomen and Pelvis with contrast (CPT® 74177), and if requested, CT Chest with contrast (CPT® 71260) (See: **Colorectal Cancer – Initial Work-up/ Staging (ONC-16.2)** in the Oncology Imaging Guidelines)
  - If the lesion is in the distal sigmoid:
    - MRI Pelvis without and with contrast (CPT® 72197) if requested can also be performed
  - Pre-operative planning for the surgical (not endoscopic) removal of a polypoid lesion:
    - CT Abdomen and Pelvis with contrast (CPT® 74177)
- Submucosal gastric lesions:
  - CT Abdomen with contrast (CPT® 74160) or CT Abdomen and Pelvis with contrast (CPT® 74177)
    - If endoscopic ultrasound with or without fine-needle aspiration (which is the preferred initial imaging modality to further characterize a gastric submucosal lesion detected on endoscopy) cannot be performed, is indeterminate, or if the findings of the endoscopic ultrasound indicate a need for further imaging.
- Gastric extrinsic compression:
  - CT Abdomen with contrast (CPT® 74160) or CT Abdomen and Pelvis with contrast (CPT® 74177)
- Submucosal rectal lesions or unexplained extrinsic compression in the rectum:
  - MRI Pelvis without and with contrast (CPT® 72197), or, if requested, MRI Pelvis without contrast (CPT® 72195)
    - If rectal endoscopic ultrasound, which is the preferred initial imaging study, cannot be performed (e.g. anal stricture, or severe inflammatory process prohibiting passage of probe, etc.), is indeterminate, or, if based on endoscopic ultrasound findings, additional imaging is needed for further characterization

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

- Rectal Mucosal Mass or Polypoid Lesion:
  - If pathology shows invasive cancer OR if colonoscopic findings describe a fungating, ulcerated, bleeding, irregular, circumferential (partial or complete) mass (i.e., findings that suggest a colonic malignancy based on the endoscopic appearance):
    - CT Abdomen and Pelvis with contrast (CPT® 74177) and if requested, CT Chest with contrast (CPT® 71260)
    - MRI Pelvis without and with contrast (CPT® 72197) or without contrast (CPT® 72195) in addition to the above
  - Pre-operative planning for the surgical (not endoscopic) removal of a polypoid lesion:
    - CT Abdomen and Pelvis with contrast (CPT® 74177)
- For further imaging of a documented colonic or rectal malignancy: See **Colorectal Cancer – Initial Work-up/Staging (ONC-16.2)** in the Oncology Imaging Guidelines.
- For further imaging of a suspected Gastrointestinal Stromal Tumor (GIST): See **Gastrointestinal Stromal Tumor (GIST) (ONC-12.5)** in the Oncology Imaging Guidelines.
- For further imaging of gastric cancer: See **Gastric Cancer - Initial Work-up/Staging (ONC-14.9)** in the Oncology Imaging Guidelines.

Evidence Discussion

Radiologic imaging is necessitated by such endoscopic findings as narrowing, external impressions against the gut wall, therapeutic need to understand extent of visualized disease and/or of the origin of an endoscopically-apparent malignancy. Choosing the optimal imaging modality requires consideration of factors such as age, gender, fertility, co-morbidities, medications, and allergies.

- Ultrasound can provide high resolution imaging of the liver, gallbladder, bile ducts, pancreas, spleen, kidneys, and abdominal vasculature. It can also provide information regarding phase and direction of blood flow in arteries and veins via Duplex scanning. Ultrasound requires no ionizing radiation, is readily available being mobile, cost effective, and easier to schedule for same day testing. However, image quality may be limited due to bowel gas (a particular disadvantage in assessment of endoscopically-identified gut lesions), poor acoustic window acquisition, obesity, and sonographer experience level.
- Computed tomography (CT) of the abdomen offers excellent 3-dimensional resolution of the gut and its surrounding structures, especially when performed with use of oral and/or intravenous (IV) contrast agents. CT scan requires a significant dose of ionizing radiation, but is ideally suited to characterizing lesions within the gut because the quick speed of image acquisition reduces the potential for motion artifact.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

- Magnetic resonance imaging (MRI) uses a magnetic field to capture excellent 3-dimensional soft tissue resolution. As with CT scans, the technique is often performed with IV contrast agents, and can with specialized techniques be directed either at whole or parts of the abdomen or at specific abdominal structures (examples: MR elastography of liver, MR enterography of small bowel, MR cholangiopancreatography [MRCP] of the biliary and pancreatic system). MRI yields better soft contrast resolution than CT and does not expose individuals to ionizing radiation, but due to longer image time is motion artifact-prone and thus less suited to resolving gastrointestinal detail. MRI has disadvantages in that it may require sedation in those with claustrophobia and in young patients who may be unable to hold still and follow directions. MRI also cannot be performed in those with ferrous magnetic implants or non-removable foreign bodies.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (AB-13)

v2.0.2025

1. Lakkaraju A, Sinha R, Garikipati Ret al. Ultrasound for initial evaluation and triage of clinically suspicious soft-tissue masses. *ClinRadiol,* 2009; 64: 615-621.
2. Gaskin CM, Helms CA. Lipomas, Lipoma Variants, and Well-Differentiated Liposarcomas (Atypical Lipomas): Results of MRI Evaluations of 126 Consecutive Fatty Masses. *American Journal of Roentgenology*. 2004;182(3):733-739.
3. Einarsdottir H, Söderlund V, Larsson O, et al. 110 Subfascial Lipomatous Tumors. *Acta Radiologica*. 1999;40(6):603-609.
4. Zoga AC, Weissman BN, Kransdorf MJ, et al. ACR Appropriateness Criteria: Soft Tissue Masses. American College of Radiology, 2012.
5. ACR Appropriateness Criteria. Palpable Abdominal Mass-Suspected Neoplasm. Revised 2019.
6. Evans JA, Chandrasekhara V, Chathadi KV, et al. The role of endoscopy in the management of premalignant and malignant conditions of the stomach. *Gastrointestinal Endoscopy*. 2015;82(1):1-8. doi:10.1016/j.gie.2015.03.1967.
7. Faulx AL, Kothari S, Acosta RD, et al. The role of endoscopy in subepithelial lesions of the GI tract. *Gastrointestinal Endoscopy*. 2017;85(6):1117-1132. doi:10.1016/j.gie.2017.02.022.
8. Benson AB, Venook AP, Al-Hawary MM, et al. National Comprehensive Cancer Network (NCCN) Guidelines Version 2.2021, January 21, 2021. Colon cancer, available at: https://www.nccn.org/professionals/physician_gls/pdf/colon.pdf. Referenced with permission from the NCCN Clinical Practice Guidelines in Oncology (NCCN Guidelines™) for Colon cancer V2.2021,1/21/2021. ©2021 National Comprehensive Cancer Network, Inc. All rights reserved. The NCCN Guidelines™ and illustrations herein may not be reproduced in any form for any purpose without the express written permission of the NCCN. To view the most recent and complete version of the NCCN Guidelines™, go online to NCCN.org.
9. Benson AB, Venook AP, Al-Hawary MM, et al. National Comprehensive Cancer Network (NCCN) Guidelines Version 1.2021, December 22, 2020. Rectal cancer, available at: https://www.nccn.org/professionals/physician_gls/pdf/rectal.pdf. Referenced with permission from the NCCN Clinical Practice Guidelines in Oncology (NCCN Guidelines™) for Rectal cancer V1.2021, 12/22/2020. ©2020 National Comprehensive Cancer Network, Inc. All rights reserved. The NCCN Guidelines™ and illustrations herein may not be reproduced in any form for any purpose without the express written permission of the NCCN. To view the most recent and complete version of the NCCN Guidelines™, go online to NCCN.org.
10. Rex DK, Hassan C, Bourke MJ. The colonoscopist's guide to the vocabulary of colorectal neoplasia: histology, morphology, and management. *Gastrointestinal Endoscopy*. 2017;86(2):253-263. doi:10.1016/j.gie.2017.03.1546
11. Emmanuel A, Gulati S, Ortenzi M, Burt M, Hayee B, Haji A. Radiological staging investigations before endoscopic resection of large colorectal lesions: significant burden with no benefit. *Gut*. 2018;67(Suppl 1). doi:10.1136/gutjnl-2018-bsgabstracts.94.
12. Maccioni F, Busato L, Valenti A, et al. Magnetic resonance imaging of the gastrointestinal tract: current role, recent advancements and future prospectives. *Diagnostics (Basel)*. 2023;13(14):2410. doi:10.3390/diagnostics13142410.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Lower Extremity Edema (AB-14)

Guideline

Lower Extremity Edema (AB-14)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Lower Extremity Edema (AB-14)

AB.14.A
v2.0.2025

See: **Acute Limb Swelling (PVD-12)** and **Chronic Limb Swelling Due to Venous Insufficiency/Venous Stasis Changes/Varicose Veins (PVD-13)** in the Peripheral Vascular Disease Imaging Guidelines.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Zollinger-Ellison Syndrome (ZES-Gastrinoma) (AB-15)

Guideline

Zollinger-Ellison Syndrome (ZES-Gastrinoma) (AB-15.1)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Zollinger-Ellison Syndrome (ZES-Gastrinoma) (AB-15.1)

AB.15.1.A
v2.0.2025

- See: **Neuroendocrine Cancers and Adrenal Tumors (ONC-15)** in the Oncology Imaging Guidelines.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Adrenal Cortical Lesions (AB-16)

Guideline

Adrenal Cortical Lesions (AB-16)
Asymptomatic Adrenal Cortical Lesions (AB-16.1)
References (AB-16.1)
Adrenal Hormone Excess/Symptomatic Adrenal Lesions (AB-16.2)
References (AB-16.2)
Adrenal Insufficiency (AB-16.3)
References (AB-16.3)
Adrenal Nuclear Imaging (AB-16.4)
References (AB-16.4)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Adrenal Cortical Lesions (AB-16)

AB.AC.0016.A
v2.0.2025

Procedure Code	Description
CPT® 74150	CT Abdomen without contrast
CPT® 74160	CT Abdomen with contrast
CPT® 74170	CT Abdomen without and with contrast
CPT® 74181	MRI Abdomen without contrast
CPT® 74183	MRI Abdomen without and with contrast
CPT® 78812	PET, Skull Base to Mid-Thigh
CPT® 78815	PET/CT, Skull Base to Mid-Thigh

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Asymptomatic Adrenal Cortical Lesions (AB-16.1)

AB.AC.0016.1.A
v2.0.2025

Overall Considerations

- US is not a prerequisite study for advanced imaging in the evaluation of any adrenal abnormality
- The following recommendations are for asymptomatic individuals
  - Symptomatic refers to signs or symptoms of hormonal excess or abnormal adrenal hormone levels.
  - For symptomatic individuals, see: **Symptomatic Adrenal Cortical Lesions (AB-16.2)**.
- Abdominal pain may be present in large or rapidly expanding adrenal tumors due to mass effect or hemorrhage.
  - If the source of abdominal pain is suspected to be an incidental adrenal mass and initial imaging was indeterminate, immediate reimaging with a dedicated adrenal protocol study (see 3 imaging modalities below) is reasonable irrespective of the size of the mass.
  - See: **Abdominal Pain (AB-2)** in the Abdomen Imaging Guidelines for imaging recommendations if abdominal pain is unrelated to the adrenal mass.
- The three imaging modalities that can be used for definitive benign characterization of an adrenal mass are:
  - CT Abdomen without contrast (CPT® 74150)
  - CT Abdomen without and with contrast (CPT® 74170)
  - CS-MRI (chemical shift MRI, CPT® 74181)
- The following list represents definitively benign characteristics of the adrenal gland. This list applies wherever "benign characteristics" are mentioned in the table below:
  - ≤10 HFU on CT
  - ≥60% absolute washout or ≥40% relative washout on CT abdomen without and with contrast with calculated washout (adrenal protocol CT, CPT® 74170)
    - An important exception to the washout rule: Non-adenomatous adrenal masses that may show elevated washout on adrenal protocol CT but are not benign include:
      - adrenal metastasis from hypervascular tumors (e.g. RCC and HCC)
      - pheochromocytoma

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

        - adrenocortical carcinoma
        - clinical suspicion should be used in these cases to guide further investigation
    - Decreased signal on Chemical Shift MRI (CS-MRI, CPT® 74181)
    - Cyst (if imaging was completed with and without contrast and "no enhancement"- defined as <10HFU change between unenhanced and enhanced/contrasted CT)
    - Adrenal myelolipoma (macroscopic fat)
- If definitively benign diagnosis cannot be made during follow up imaging using dedicated CT adrenal protocol (If <60% absolute washout or <40% relative washout) or lack of signal drop out on MRI chemical shift:
    - Additional imaging is indicated at 6-12 months from initial follow up, OR
    - Consider resection for possible primary adrenocortical carcinoma after biochemical evaluation and exclusion of pheochromocytoma.
        - For individuals who are poor surgical candidates, if ordered by or in consultation with an endocrinologist, endocrine surgeon, or urologist:
            - Imaging as requested
- CT Abdomen without and with contrast (CPT® 74170) may be approved in place of any below recommended CT Abdomen without contrast for the following:
    - Facility protocol is to cease imaging if adrenal mass is found to have HFU<10 on initial non-contrasted images
- MRI Abdomen without contrast (CPT® 74181) is indicated in place of CT for the following:
    - Clips that cause artifacts when using CT
    - Allergy to CT contrast
    - Individuals in whom radiation exposure should be limited (children, pregnant individuals, individuals with known germline mutations, and individuals with recent excessive radiation exposure)
- CS MRI may not detect the intracellular lipid in an adrenal mass if HFU is 30 HU or more on CT without contrast. CS MRI is less effective than CT without and with contrast with calculated washout for adenomas with unenhanced attenuation of more than 20 HU
- Below imaging can be applied to bilateral adrenal masses, with each lesion addressed separately.

Mass Characteristics and Appropriate Imaging

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Mass Details	Imaging Study
• Asymptomatic AND • Incidentally found on US, CT, or MRI of area OTHER than the abdomen or if seen only on US of the abdomen AND • Any size AND • No history of cancer	• CT Abdomen without contrast (CPT® 74150)
• Asymptomatic AND • Incidentally found on CT Chest without contrast, entirely imaged, and fully characterized as indeterminate by HFU score AND • >2 cm AND • No history of cancer	• CT Abdomen without and with contrast (CPT® 74170) in lieu of above recommended CT Abdomen without contrast
• Asymptomatic AND • Incidentally found on CT or MRI of the Abdomen or Abdomen and Pelvis AND • <1 cm in short axis AND • No history of cancer	• No further imaging indicated ◦ It is uncertain as to whether subcentimeter nodularity or adrenal thickening qualifies as an adrenal mass on radiology reports
• Asymptomatic AND • Incidentally found on CT or MRI of the Abdomen or Abdomen and Pelvis AND • No prior imaging for comparison AND • Diagnostic with benign imaging characteristics AND • ≥1 cm AND • No history of cancer	• No further imaging, regardless of size ◦ The risk of malignancy in a mass with diagnostically benign findings on imaging is extremely low[1, 3, 7, 8]

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Mass Details	Imaging Study
• Asymptomatic AND • 1 cm to 2 cm AND • Incidentally detected and indeterminate on any CT or MRI Abdomen or Abdomen and Pelvis AND • No prior imaging for comparison AND • No history of cancer	• Reimaging indicated at 12 months from the initial indeterminate study, as follows*: ◦ CT Abdomen without and with contrast (CPT® 74170 - adrenal protocol), CT Abdomen without contrast (CPT® 74150), or CS-MRI (chemical shift MRI, CPT® 74181) ▪ No further imaging is indicated after initial 12 month study if ANY of the following: - Definitively benign characteristics - Stable in size (change <8mm) over >1 year (likely benign adenoma)[1, 7, 8] *NOTE: These instructions are regarding indeterminate lesions without prior studies to compare, in asymptomatic patients. If prior imaging exists for comparison and radiology report shows stability over 1 year or if the imaging study already shows definitively benign characteristics no further imaging is needed

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Mass Details	Imaging Study
• Asymptomatic AND • >2 cm to <4 cm AND • Incidentally detected and indeterminate on any CT or MRI Abdomen or Abdomen and Pelvis AND • No prior imaging for comparison AND • No history of cancer	• Reimaging indicated immediately after initial indeterminate study, as follows*: ◦ CT Abdomen without and with contrast (CPT® 74170 - adrenal protocol), or CS-MRI (chemical shift MRI, CPT® 74181) ▪ Further follow-up imaging can be performed at 6 and 12 months ▪ No further imaging is indicated if the initial study or follow up study has definitively benign characteristics or if follow up study shows stability in size (change <8mm) over >1 year (as likely benign adenoma) *NOTE: These instructions are regarding indeterminate lesions without prior studies to compare, in asymptomatic patients. If prior imaging exists for comparison and radiology report shows stability over 1 year or if the imaging study already shows definitively benign characteristics no further imaging is needed
• Asymptomatic AND • ≥4 cm AND • Incidentally detected and indeterminate on any CT or MRI Abdomen or Abdomen and Pelvis AND • No prior imaging for comparison AND • No history of cancer	• Reimaging indicated immediately after initial indeterminate study, as follows: ◦ CT Abdomen without and with contrast (CPT® 74170) or chemical shift MRI (CPT® 74181) • Consider resection for possible primary adrenocortical carcinoma ◦ See: **Adrenocortical Carcinoma (ONC-15.13)** in the Oncology Imaging Guidelines
• History of cancer with a likelihood or propensity to metastasize to the adrenal gland or abdomen • Incidentally detected and indeterminate on any CT or MRI Abdomen or Abdomen and Pelvis	• See: **Adrenal Gland Metastases (ONC-31.4)** in the Oncology Imaging Guidelines

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Mass Details	Imaging Study
• Known adrenal mass with benign characteristics, but newly symptomatic or new hormonal excess	• Repeat imaging per **Adrenal Hormone Excess/Symptomatic Adrenal Lesions (AB-16.2)**

Background and Supporting Information

Benign Adenoma Imaging Characteristics		
	Findings consistent with Adenoma:	Indeterminate for Adenoma:
CT Abdomen without contrast	≤10 Hounsfield Units	>10 Hounsfield Units
CT Abdomen WWO with calculated washout	≥60% absolute washout or ≥40% relative washout	<60% absolute washout <40% relative washout
Chemical Shift MRI	Signal drop out	Lack of signal drop out

- Endocrine guidelines recommend biochemical evaluation in all incidental adrenal lesions (with the exception of myelolipomas and cysts), however laboratory results are NOT required for imaging in an asymptomatic individual.
- Most benign adenomas, which account for up to 75% of adrenal incidentalomas, are lipid rich and thus easily characterized because they measure 10HFU or less on CT without contrast. CT Abdomen without and with contrast with calculated washout and chemical shift MRI help identify lipid poor adenomas which are the next most common group. Masses which remain indeterminate include pheochromocytomas (up to 7%) and primary adrenal cancers or metastases to the adrenal glands (approximately 4%).
- Adrenal masses are often found incidentally on CT scans performed WITH contrast to evaluate abdominal symptoms. While CT scans performed with contrast only may report the HFU of an adrenal mass, most benign adenomas are labeled "indeterminate" originally because non-contrasted HFU and HFU after washout cannot be measured or calculated.
- An "Adrenal Protocol CT" measures pre-contrast HFU of an adrenal mass as well as the HFU during "wash out" of contrast medium after 60 to 90 seconds [early] and 10 to 15 minutes [delayed]. Benign adenomas show more rapid and efficient contrast washout as compared to malignant adrenal masses.
- When an adrenal mass shows avid enhancement on CT scan (>110 – 120 HU), a pheochromocytoma should be considered.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

- In addition to the imaging features in the grid which are considered "diagnostic" of a benign adrenal mass, other radiographic characteristics "suggestive" of a benignity include: smooth/round shape, homogeneous content, lack of calcification/ hemorrhage/necrosis, growth rate <1cm/year, lack of FDG avidity on PET, <4cm
- Radiographic characteristics "suggestive" of malignancy include: irregular margins/ shape, heterogeneous content, presence of calcification/hemorrhage/necrosis, growth rate >1cm/year, presence of FDG avidity on PET, >4-6cm
- Malignancies most likely to metastasize to the adrenal glands include lung cancer, gastrointestinal cancer, melanoma, and renal-cell carcinoma.

Evidence Discussion

- CT scan of the abdomen is the recommended initial study to evaluate adrenal gland nodules.
- 75% of adrenal incidentalomas are benign, nonfunctioning adenomas. They are lipid-rich, with low density, exhibit Hounsfield Units (HU) of 10 or less, and have other benign characteristic appearances that make them easily identifiable on an unenhanced CT of the abdomen.
- The sensitivity and specificity for adenoma characterization are 71% and 98%, respectively, when using unenhanced CT scan for lesions having a density of 10 or less HU.
- A chemical shift MRI (CS-MRI) of the abdomen is also useful for characterizing adrenal gland masses with lower density. It is an alternative for follow-up studies, when there is a contraindication to CT or contrast, or during pregnancy.
- However, it should be cautioned that MRI may not detect intracellular lipid when the adrenal mass has a HU > 30.
- MRI is also less sensitive in evaluation of masses with higher HU over 20 compared to CT scans that calculate contrast wash out times.
- A CT scan may expose patients to radiation; however, it takes less time to perform and is less costly than an MRI. Additionally, CT scans are superior to MRI when evaluating lesions with higher density, particularly when using an adrenal CT protocol for washout measurements.
- Unenhanced CT scans of lesions with a density greater than 30 HU had a 66.6% chance of remaining indeterminate, even after evaluation with chemical shift MRI.
- Adrenal protocol CT, with its high sensitivity (98%) and specificity (92%), should be the study of choice to differentiate between adenomas and non-adenomas when an adrenal mass remains indeterminate.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (AB-16.1)

v2.0.2025

1. Vaidya A, Hamrahian A, Bancos I, Fleseriu M, Ghayee HK. The evaluation of incidentally discovered adrenal masses. *Endocr Pract*. 2019;25(2):178-192.
2. Corwin MT, Remer EM. Adrenal Washout CT: Point-Not Useful for Characterizing Incidentally Discovered Adrenal Nodules. *AJR Am J Roentgenol*. 2021;216(5):1166-1167.
3. Kebebew E. Adrenal Incidentaloma. *N Engl J Med*. 2021;384(16):1542-1551.
4. Grajewski KG, Caoili EM. Adrenal Washout CT: Counterpoint-Remains a Valuable Tool for Radiologists Characterizing Indeterminate Nodules. *AJR Am J Roentgenol*. 2021;216(5):1168-1169.
5. Kiseljak-Vassiliades K, Bancos I, Hamrahian A, et al. American Association of Clinical Endocrinology Disease State Clinical Review on the Evaluation and Management of Adrenocortical Carcinoma in an Adult: a Practical Approach. *Endocr Pract*. 2020;26(11):1366-1383.
6. Zeiger MA, Thompson GB, Duh QY, et al. The American Association of Clinical Endocrinologists and American Association of Endocrine Surgeons medical guidelines for the management of adrenal incidentalomas. *Endocr Pract.* 2009;15 Suppl 1:1-20.
7. Mayo-Smith WW, Song JH, Boland GL, et al. Management of Incidental Adrenal Masses: A White Paper of the ACR Incidental Findings Committee. *J Am Coll Radiol*. 2017;14(8):1038-1044.
8. Expert Panel on Urological Imaging, Mody RN, Remer EM, et al. ACR Appropriateness Criteria® Adrenal Mass Evaluation: 2021 Update. *J Am Coll Radiol.* 2021;18(11S):S251-S267.
9. Park JJ, Park BK, Kim CK. Adrenal imaging for adenoma characterization: imaging features, diagnostic accuracies and differential diagnoses. *Br J Radiol*. 2016;89:20151018.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Adrenal Hormone Excess/Symptomatic Adrenal Lesions (AB-16.2)

AB.AC.0016.2.A
v2.0.2025

Overall Considerations

- Prior to advanced imaging, adrenal hormone excess must be clinically suspected, and then biochemically confirmed via testing listed in the table below.
- The following imaging recommendations can also be followed in asymptomatic individuals with an adrenal incidentaloma who are found to have abnormalities at initial hormonal evaluation.
- For severe hormone elevation or rapidly progressing symptoms for which adrenocortical carcinoma is suspected, see: **Adrenocortical Carcinoma (ONC-15.13)** in the Oncology Imaging Guidelines.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Condition	Signs/Symptoms (not required to be documented for imaging)	Laboratory requirements PRIOR TO initial adrenal imaging	Indicated Imaging
• Suspected cortisol excess (adrenal Cushing's Syndrome)	• Weight gain • Hyperglycemia/ diabetes • Low bone mineral density/fractures • Hyperpigmented Striae • Lipodystrophy ("buffalo hump")	• ACTH low/ suppressed AND • Cortisol elevation documented by any of the following: ◦ Elevated AM cortisol following overnight 1mg dexamethasone suppression (cortisol >1.8 mcg/dL) ◦ Elevated late night salivary cortisol ◦ Elevated urine free cortisol	• CT Abdomen without contrast (CPT® 74150) ◦ If CT Abdomen without contrast shows an indeterminate adrenal mass, the following is indicated immediately: ▪ CT Abdomen without and with contrast adrenal protocol (CPT® 74170) OR ▪ MRI Abdomen without contrast chemical shift (CPT® 74181)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Condition	Signs/Symptoms (not required to be documented for imaging)	Laboratory requirements PRIOR TO initial adrenal imaging	Indicated Imaging
• Suspected adrenal hyper-androgenism/ virilizing adrenal tumor	• Hirsutism • Virilization (voice deepening, clitoromegaly)	• Elevated serum DHEAS AND/OR • Elevated testosterone	• CT Abdomen without contrast (CPT® 74150) ◦ If CT Abdomen without contrast shows an indeterminate mass, the following is indicated immediately: ▪ CT Abdomen without and with contrast adrenal protocol (CPT® 74170) OR ▪ MRI Abdomen without contrast chemical shift (CPT® 74181) • In individuals with an elevated testosterone level and an ovarian etiology is suspected, see: **Polycystic Ovary Syndrome (PV-8.1)** in the Pelvis Imaging Guidelines and **Ovarian Cancer-Suspected/ Diagnosis (ONC-21.2)** in the

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Condition	Signs/Symptoms (not required to be documented for imaging)	Laboratory requirements PRIOR TO initial adrenal imaging	Indicated Imaging
			Oncology Imaging Guidelines.
• Suspected feminizing adrenal tumor	• Gynecomastia • Testicular atrophy	• Elevated serum estradiol AND • Non-elevated serum LH AND • No testicular mass seen on dedicated imaging	• CT Abdomen without contrast (CPT® 74150) ◦ If CT Abdomen without contrast shows an indeterminate adrenal mass, the following is indicated immediately: ▪ CT Abdomen without and with contrast adrenal protocol (CPT® 74170) OR ▪ MRI Abdomen without contrast chemical shift (CPT® 74181)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Condition	Signs/Symptoms (not required to be documented for imaging)	Laboratory requirements PRIOR TO initial adrenal imaging	Indicated Imaging
• Suspected primary aldosteronism (Conn's Syndrome)	• HTN • Hypokalemia	• Serum aldosterone >15-20ng/dL in the setting of suppressed renin* and spontaneous hypokalemia (K<3.5mEq/L) OR • Confirmatory testing** showing lack of aldosterone suppression. • (See **Background and Supporting Information** on renin* levels and confirmatory testing**)	• CT Abdomen without contrast (CPT® 74150) ◦ If CT Abdomen without contrast shows an indeterminate adrenal mass, the following is indicated immediately: ▪ CT Abdomen without and with contrast adrenal protocol (CPT® 74170) OR ▪ MRI Abdomen without contrast chemical shift (CPT® 74181)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Condition	Signs/Symptoms (not required to be documented for imaging)	Laboratory requirements PRIOR TO initial adrenal imaging	Indicated Imaging
• Suspected pheo-chromocytoma/ paraganglioma	• HTN • Palpitations • Tremor • Pallor • Flushing • Hyperadrenergic spells	• Elevated plasma free metanephrines OR • Elevated urinary fractionated metanephrines	• CT Abdomen and Pelvis without and with contrast (CPT® 74178), CT Abdomen and Pelvis with contrast (CPT® 74177), or MRI Abdomen (CPT® 74183) and Pelvis (CPT® 72197) without and with contrast • See also: **Adrenal Nuclear Imaging (AB-16.4)** and **Adrenal Tumors (ONC-15.10)** in the Oncology Imaging Guidelines and **Hereditary Paraganglioma-Pheochromocytoma Syndromes (PEDONC-2.13)** in the Pediatric and Special Populations Oncology Imaging Guidelines
• Suspected adrenocortical carcinoma	• Rapidly progressive symptoms • Elevation of multiple adrenal hormones	• NA	• See: **Adrenocortical Carcinoma (ONC-15.13)** in the Oncology Imaging Guidelines

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Condition	Signs/Symptoms (not required to be documented for imaging)	Laboratory requirements PRIOR TO initial adrenal imaging	Indicated Imaging
• Confirmed adrenal hormone excess AND • Requested for surgical planning AND • Requested by or in consultation with an endocrinolo-gist, endocrine surgeon, or urologist	NA	NA	• Repeat imaging as requested

Background and Supporting Information

- Surgery is the management of choice for patients with virilizing adrenal tumors, feminizing adrenal tumors, pheochromocytoma/PGL and suspected adrenocortical carcinoma due to an increased risk of malignancy and/or comorbidity. Adrenal masses that secrete excess cortisol (adrenal Cushing's syndrome) or aldosterone (primary hyperaldosteronism/Conn's syndrome) are rarely malignant; however, surgery is also definitive management.

Suspected cortisol excess (adrenal Cushing's syndrome)

- Low or suppressed ACTH levels (<10 pg/mL) are consistent with an adrenal source.
- DHEAS levels are also low in adrenal Cushing's syndrome.
- The diagnosis of Cushing's syndrome can be delayed for years due to the insidious nature of clinical presentation and the complexity of diagnostic testing.

Suspected adrenal hyperandrogenism/virilizing adrenal tumor

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

- Testosterone is produced by both the ovary (primary source) and adrenal gland while DHEA and DHEAS are produced almost exclusively by the adrenal gland.
- The magnitude of the androgen level is of poor predictive value for tumors, although a very high testosterone (adult-male range) or DHEAS level (>700 µg/dL) is suggestive.

Suspected feminizing adrenal tumor

- Adrenal tumors, mainly carcinomas (extremely rare, 0.5–2.0per million), can secrete both estrogens and high amounts of adrenal androgens, which aromatize to estrogens. In this case, gynecomastia is usually of recent onset, progresses rapidly and testicular atrophy can also be seen.
- Common causes of excessive endogenous estrogens should be excluded prior to adrenal imaging. These include increased secretion from testis (Leydig cell or Sertoli cell tumors, stimulation of normal Leydig cells by LH or hCG) and increased aromatization of androgens to estrogens (aging, obesity, alcoholic cirrhosis, hyperthyroidism, drugs, hCG-secreting tumors, aromatase excess syndrome).

Suspected primary aldosteronism (Conn's syndrome)

- A positive screen for primary aldosteronism is an aldosterone level >15-20ng/dL in the setting of suppressed renin* (plasma renin activity <0.6-1.0ng/mL/hour or plasma renin concentration <5-8.2 mU/L) and spontaneous hypokalemia (K<3.5mEq/L).
- The most common dynamic confirmatory tests include the oral sodium suppression test, the seated intravenous saline suppression test, the fludrocortisone suppression test, and the captopril challenge test and results that indicate a "positive" result are unique to the each test. For example, if oral sodium loading is used, a 24-hour urine aldosterone excretion of more than 12 mcg in the setting of 24-hour urine sodium excretion of more than 200 mEq is diagnostic of primary aldosteronism (and values of more than 10 mcg/24 hours are strongly suggestive).
- Primary hyperaldosteronism may be managed medically with mineralocorticoid receptor antagonists (spironolactone and eplerenone) in cases of bilateral adrenal disease or poor surgical candidacy. If there has been no recent adrenal imaging, reimaging can be considered in cases of diagnostic uncertainty or poor response to medical therapy.

Suspected pheochromocytoma/paraganglioma

- A pheochromocytoma (85% of chromaffin tumors) arises from the chromaffin cells in the adrenal medulla and commonly produces one or more of the following catecholamines: epinephrine, norepinephrine and dopamine.
- A paraganglioma (15-20% of chromaffin tumors) arises from the extra-adrenal chromaffin cells of the sympathetic paravertebral ganglia of the thorax, abdomen and pelvis (catecholamine producing) or the parasympathetic ganglia along the glossopharyngeal and vagal nerves in the neck and base of skull (not catecholamine producing).

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

- Cases of pheochromocytoma/paraganglioma can be sporadic but 1/3 are hereditary and due to germ-line mutations that may increase malignant potential

Suspected adrenocortical carcinoma

- Adrenocortical carcinoma may be suspected radiographically or clinically. Approximately 60% of patients present with evidence of adrenal steroid hormone excess, with or without virilization. Hormonally inactive ACCs typically produce symptoms related to tumor burden, including abdominal pain, back pain, early satiety, and weight loss.
- See: **Adrenocortical Carcinoma (ONC-15.13)**

Evidence Discussion

- Advanced imaging is indicated when there is biochemical confirmation of adrenal hormone excess
- CT of the abdomen is the initial imaging study of choice to identify adrenal adenomas when adrenal hormone excess is confirmed
- CT scans are readily available and can identify if adrenal lesions are present and can show characteristics of the lesions that help to distinguish benign lesions from indeterminate lesions
- MRI with chemical shift can further help characterize lesions that are indeterminate on CT scan
- Including the pelvis in CT scan imaging is indicated when evaluating for pheochromocytomas or paragangliomas as these tumors can appear in both the abdominal and pelvis areas and also indicated for staging purposes when adrenal carcinoma is suspected

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (AB-16.2)

v2.0.2025

1. Fleseriu M, Auchus R, Bancos I, et al. Consensus on diagnosis and management of Cushing's disease: a guideline update. *Lancet Diabetes Endocrinol.* 2021;9(12):847-875. doi:10.1016/S2213-8587(21)00235-7
2. Vaidya A, Hamrahian A, Bancos I, Fleseriu M, Ghayee HK. The evaluation of incidentally discovered adrenal masses. *Endocr Pract*. 2019;25(2):178-192.
3. Nieman LK, Biller BM, Findling JW, et al. Treatment of Cushing's Syndrome: An Endocrine Society Clinical Practice Guideline. *J Clin Endocrinol Metab*. 2015;100(8):2807-2831.
4. Goodman NF, Cobin RH, Futterweit W, et al. American association of clinical endocrinologists, american college of endocrinology, and androgen excess and pcos society disease state clinical review: guide to the best practices in the evaluation and treatment of polycystic ovary syndrome--part 1. *Endocr Pract.* 2015;21(11):1291-1300.
5. Fassnacht M, Arlt W, Bancos I, et al. Management of adrenal incidentalomas: European Society of Endocrinology Clinical Practice Guideline in collaboration with the European Network for the Study of Adrenal Tumors. *Eur J Endocrinol*. 2016;175(2):G1-G34.
6. Martin KA, Anderson RR, Chang RJ, et al. Evaluation and Treatment of Hirsutism in Premenopausal Women: An Endocrine Society Clinical Practice Guideline. *J Clin Endocrinol Metab*. 2018;103(4):1233-1257.
7. Shah MH, Goldner WS, Benson AB, et al. Neuroendocrine and Adrenal Tumors, Version 2.2021, NCCN Clinical Practice Guidelines in Oncology. *J Natl Compr Canc Netw*. 2021;19(7):839-868. Published 2021 Jul 28.
8. Carlson HE. Approach to the patient with gynecomastia. J Clin Endocrinol Metab. 2011;96(1):15-21.
9. Kanakis GA, Nordkap L, Bang AK, et al. EAA clinical practice guidelines-gynecomastia evaluation and management. *Andrology.* 2019;7(6):778-793.
10. Funder JW, Carey RM, Mantero F, et al. The Management of Primary Aldosteronism: Case Detection, Diagnosis, and Treatment: An Endocrine Society Clinical Practice Guideline. *J Clin Endocrinol Metab*. 2016;101(5):1889-1916.
11. Vaidya A, Carey RM. Evolution of the Primary Aldosteronism Syndrome: Updating the Approach [published correction appears in J Clin Endocrinol Metab. 2021 Jan 1;106(1):e414]. *J Clin Endocrinol Metab.* 2020;105(12):3771-3783.
12. Hundemer GL, Vaidya A. Primary Aldosteronism Diagnosis and Management: A Clinical Approach. *Endocrinol Metab Clin North Am*. 2019;48(4):681-700.
13. Lenders JW, Duh QY, Eisenhofer G, et al. Pheochromocytoma and paraganglioma: an endocrine society clinical practice guideline. *J Clin Endocrinol Metab.* 2014;99(6):1915-1942.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Adrenal Insufficiency (AB-16.3)

AB.AC.0016.3.A

v2.0.2025

- CT Abdomen (contrast as requested), or MRI Abdomen (contrast as requested) if CT is contraindicated, if the cause of primary adrenal insufficiency is unclear.
- Imaging is NOT indicated if clinical presentation and labs are consistent with any of the following:
  - Primary autoimmune destruction of the adrenal cortex (Addison's disease)
  - Congenital adrenal hyperplasia
  - Adrenoleukodystrophy

Background and Supporting Information

- Imaging can detect infiltrative disease, adrenal hemorrhage, infections, and malignant tumors which may be the cause of adrenal dysfunction

Evidence Discussion

A CT scan of the abdomen is recommended to evaluate the cause of primary adrenal insufficiency when it is unclear.

- If screening tests for autoimmune or genetic causes of primary adrenal insufficiency are positive, then imaging is not warranted.
- Other causes of primary adrenal insufficiency include adrenal hemorrhage, infiltrative diseases, infections such as tuberculosis, and tumors. All of these can be identified by a CT scan of the abdomen
- The CT scan is usually readily available, relatively quick to process, and therefore preferred over MRI as the initial study unless contraindicated.
- It can accurately identify the size, location, and appearance of adrenal tumors, as well as the presence of local or vascular invasion, lymph node involvement, and distant metastases in the majority of patients.
- The CT scan can also accurately identify hemorrhage of the adrenal gland.
- While an abdominal ultrasound is less expensive, it does not provide the precise anatomic definition seen on a CT scan, making the CT scan the preferred study.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (AB-16.3)

v2.0.2025

1. Bornstein SR, Allolio B, Arlt W, et al. Diagnosis and Treatment of Primary Adrenal Insufficiency: An Endocrine Society Clinical Practice Guideline. *J Clin Endocrinol Metab*. 2016;101(2):364-389.
2. Badawy M, Gaballah AH, Ganeshan D, et al. Adrenal hemorrhage and hemorrhagic masses; diagnostic workup and imaging findings. Br J Radiol. 2021;94;202110753.
3. Huang Y, Tang Y, Zhang X, Zeng N, Li R, Chen T. Evaluation of primary adrenal insufficiency secondary to tuberculous adrenalitis with computed tomography and magnetic resonance imaging: current status. World J Radiol. 2015;7(10):336-342. doi:10.4329/wjr.v7.i10.336.
4. Udelsman R, Fishman EK. Radiology of the adrenal. Endocrinology and Metabolism Clinics of North America. 2000;29(1):27-41.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Adrenal Nuclear Imaging (AB-16.4)

AB.AC.0016.4.A
v2.0.2025

Nuclear medicine imaging can assist in the evaluation of adrenal masses not adequately characterized by CT or MRI.

- Evaluation of SUSPECTED pheochromocytoma or paraganglioma:
  - MIBG (Any ONE of the following codes can be approved: CPT® 78801, CPT® 78802, or CPT® 78804).
    - Any ONE of the following codes may also be approved, individual or in combination with CPT® 78801, 78802, 78804: SPECT studies (CPT® 78803 or CPT® 78831), or hybrid SPECT/CT studies (CPT® 78830 or CPT® 78832).
  - Octreotide scans can be approved in place of MIBG scans (with the same CPT codes) as requested in rare clinical circumstances including head and neck paragangliomas.
- For PET/CT indications and for cases of KNOWN pheochromocytoma or paraganglioma, see: **Adrenal Tumors (ONC-15.10-15.12)** in the Oncology Imaging Guidelines.
- Evaluation of SUSPECTED neuroblastoma, ganglioneuroblastoma, or ganglioneuromas:
  - MIBG (Any ONE of the following codes can be approved: CPT® 78801, CPT® 78802, or CPT® 78804).
    - Any ONE of the following codes may also be approved, individual or in combination with CPT® 78801, 78802, 78804: SPECT studies (CPT® 78803 or CPT® 78831), or hybrid SPECT/CT studies (CPT® 78830 or CPT® 78832).
- For KNOWN neuroblastoma, ganglioneuroblastoma, or ganglioneuroma, see **Neuroblastoma (PEDONC-6)** in the Pediatric and Special Populations Oncology Imaging Guidelines.
- Adrenal Nuclear Imaging of the cortex and/or medulla (single site, planar imaging of the adrenal gland only) (CPT® 78075) includes the adrenal scintigraphy scans for 131I-iodocholesterol (NP-59) as well as MIBG (Iodine i-123 iobenguane and Iodine i-131 iobenguane sulfate) scans.
  - 131I-iodocholesterol (NP-59) scans for adrenal cortex imaging can be useful in cases of suspected hyperaldosteronism and adrenal Cushing's, however NP-59 is not readily available for use in the United States.
  - MIBG (Iodine i-123 iobenguane and Iodine i-131 iobenguane sulfate) scans for adrenal medulla imaging can be helpful in cases of known pheochromocytoma or neuroblastoma.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

  - CPT® 78075 is insufficient for the initial evaluation of a suspected pheochromocytoma, paraganglioma or neuroblastoma as this study does not evaluate extra-adrenal sites of disease, but can be considered in rare circumstances.
  - SPECT and SPECT/CT codes as listed above for MIBG can be added to CPT® 78075 as requested.
- History of multiple endocrine neoplasia syndromes: See **Multiple Endocrine Neoplasias (MEN) (PEDONC-2.8)** in the Pediatric and Special Populations Oncology Imaging Guidelines.
- History of neurofibromatosis: there is insufficient evidence to support routine imaging of adult patients with Neurofibromatosis in asymptomatic patients. See: **Adrenal Hormone Excess/Symptomatic Adrenal Lesions (AB-16.2)** if there is concern for pheochromocytoma. Labs would be required before imaging as stated in guideline.
- History of von Hippel-Lindau disease: See **Von Hippel-Lindau Syndrome (VHL) (PEDONC-2.10)** in the Pediatric and Special Populations Oncology Imaging Guidelines.

Evidence Discussion

- Nuclear medicine studies provide functional imaging that helps to further characterize adrenal masses not adequately detailed on CT or MRI.
- A meta-analysis found I-123 MIBG sensitivity of 96% in patients with non-metastatic pheochromocytoma or paraganglioma and 79% in patients with metastatic pheochromocytoma or paraganglioma.
- Studies have shown excellent lesion-based sensitivity in detecting pheochromocytoma and paraganglioma, often more than 92%, when using ^{68}Ga-DOTATATE (somatostatin analog-SSA) PET/CT.
- A meta-analysis comparing the sensitivity of ^{18}F-FDG and 68Ga-DOTA-SSA found that the sensitivity of ^{68}Ga-DOTA-SSA (95%) was superior to that of ^{18}F-FDG (85%) in detecting pheochromocytoma and paraganglioma.
- Nuclear medicine studies are very useful in head and neck paragangliomas (HNPGL) that prove to be difficult to detect on standard CT or MRI. The sensitivity of ^{68}Ga-DOTATATE was 100% for HNPGL, with identification of additional lesions not visualized with other modalities.
- MIBG or SSA nuclear scans are also very helpful in identifying neuroblastoma, ganglioneuroblastoma, or ganglioneuromas, often associated with Von Hippel-Lindau Syndrome.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (AB-16.4)

v2.0.2025

1. Taïeb D, Timmers HJ, Hindié E, et al. EANM 2012 guidelines for radionuclide imaging of phaeochromocytoma and paraganglioma. *Eur J Nucl Med Mol Imaging.* 2012;39(12):1977-1995.
2. Carrasquillo JA, Chen CC, Jha A, et al. Imaging of Pheochromocytoma and Paraganglioma. *J Nucl Med*. 2021;62(8):1033-1042.
3. Arnold DT, Reed JB, Burt K. Evaluation and management of the incidental adrenal mass. *Proc (Bayl Univ Med Cent)*. 2003;16(1):7-12.
4. Brodeur GM, Hogarty MD, Bagatell R, et al. Neuroblastoma. In: Pizzo PA, Poplack DG, eds. Principles and Practice of Pediatric Oncology. 7th ed. Philadelphia, PA: Wolters Kluwer; 2016:772-797.
5. Brisse HJ, McCarville MB, Granata C, et al. Guidelines for imaging and staging of neuroblastic tumors: Consensus report from the International Neuroblastoma Risk Group Project. *Radiology*. 2011;261(1):243-257. doi:10.1148/radiol.11101352.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Abdominal Aortic Aneurysm (AAA), Iliac Artery Aneurysm (IAA), and Visceral Artery Aneurysms Follow-Up of Known Aneurysms and Pre-Op Evaluation (AB-17)

Guideline

Abdominal Aortic Aneurysm (AAA) (AB-17.1)
Iliac Artery Aneurysm (IAA) (AB-17.2)
Visceral Artery Aneurysm (AB-17.3)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Abdominal Aortic Aneurysm (AAA) (AB-17.1)

AB.17.1.A
v2.0.2025

- See: **Abdominal Aortic Aneurysm (AAA) (PVD-6.3)** in the Peripheral Vascular Disease Imaging Guidelines

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Iliac Artery Aneurysm (IAA) (AB-17.2)

AB.17.2.A
v2.0.2025

- See: **Iliac Artery Aneurysm (IAA) (PVD-6.4)** in the Peripheral Vascular Disease Imaging Guidelines

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Visceral Artery Aneurysm (AB-17.3)

AB.17.3.A
v2.0.2025

- See: **Visceral Artery Aneurysm (PVD-6.5)** in the Peripheral Vascular Disease Imaging Guidelines

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Abdominal Aortic Aneurysm (AAA) and Iliac Artery Aneurysm (IAA)-Post Endovascular or Open Aortic Repair (AB-18)

Guideline

AAA, IAA, Post Endovascular or Open Aortic Repair (AB-18.1)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

AAA, IAA, Post Endovascular or Open Aortic Repair (AB-18.1)

AB.18.1.A

v2.0.2025

- See: **Post Aortic Endovascular/Open Surgery Surveillance Studies (PVD-6.8)** in the Peripheral Vascular Disease Imaging Guidelines

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Aortic Dissection and Imaging for Other Aortic Conditions (AB-19)

Guideline

Aortic Dissection and Other Aortic Conditions (AB-19.1)
Imaging for Other Aortic Conditions (AB-19.2)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Aortic Dissection and Other Aortic Conditions (AB-19.1)

AB.19.1.A
v2.0.2025

- See: **Aortic Imaging** in the Peripheral Vascular Disease Imaging Guidelines

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Imaging for Other Aortic Conditions (AB-19.2)

AB.19.2.A
v2.0.2025

- See: **Aortic Imaging** in the Peripheral Vascular Disease Imaging Guidelines

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Bowel Obstruction, Gastroparesis, and Bloating (AB-20)

Guideline

Bowel Obstruction (AB-20.1)
Gastroparesis and Dumping Syndrome (AB-20.2)
Nausea and Vomiting as the Primary Symptom (AB-20.3)
Superior Mesenteric Artery (SMA) Syndrome (AB-20.4)
Bloating, Gas, and Distention (AB-20.5)
References (AB-20)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Bowel Obstruction (AB-20.1)

AB.BO.0020.1.A
v2.0.2025

- Suspected bowel obstruction:
  - CT Abdomen and Pelvis with contrast (CPT® 74177)
  - Pediatric individuals:
    - MRI Abdomen and Pelvis without and with contrast (CPT® 74183 and CPT® 72197) can be approved if requested.
  - Pregnant individuals:
    - MRI Abdomen and Pelvis without contrast (CPT® 74181 and CPT® 72195)
  - If the etiology or level of suspected intermittent or low-grade small bowel obstruction remains undetermined and additional imaging is needed after CT Abdomen and Pelvis:
    - CT Enteroclysis (CPT® 74176 or CPT® 74177) or
    - CT Enterography (CPT® 74177) or
    - MR Enteroclysis (CPT® 74183 and CPT® 72197) or
    - MR Enterography (CPT® 74183 and CPT® 72197)
- If there is a suspected small bowel tumor as a cause of the small bowel obstruction (including a history of no prior abdominal or pelvic surgery, no known hernia and/or concomitant obscure GI bleeding):
  - CT Enterography (CPT® 74177)
- Small bowel obstruction suspected to be secondary to Crohn's Disease:
  - See: **IBD (Crohn's Disease or Ulcerative Colitis) (AB-23.1)** and **Known IBD (AB-23.2)**
- Bariatric surgery patients, see: **Bariatric Surgery (AB-9.1)**

Background and Supporting Information

- Complete or high-grade obstruction can be defined as no fluid or gas passing beyond the site of obstruction. In incomplete or partial obstruction (low-grade), some fluid or gas passes beyond the point of obstruction. However, a plain film is not required prior to advanced imaging for suspicion of either high- or low- grade obstruction.

Evidence Discussion

In individuals suspected of having small or large bowel obstruction, the best imaging modality is CT of the abdomen and pelvis. Such imaging plays a crucial role in both diagnosis and management. Computed tomography (CT) is more useful than plain radiographs especially in identifying the severity, location, etiology, inflammation, and complications of bowel obstructions including ischemia, necrosis, and perforation.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Magnetic resonance imaging (MRI) can be a useful alternative to CT imaging in special populations for whom radiation exposure needs to be limited, but the higher prevalence of motion artifact may make images more difficult to interpret.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Gastroparesis and Dumping Syndrome (AB-20.2)

AB.BO.0020.2.A
v2.0.2025

Gastroparesis

- Gastric Emptying Study (CPT® 78264) for suspicion of delayed gastric emptying and ONE of the following:
  - Nausea, or vomiting of old food ingested several hours earlier
  - Bloating
  - Early satiety, or postprandial fullness
  - Recurrent aspiration
  - Unexplained poor glucose control in diabetes
  - Gastroesophageal reflux refractory to medical management
  - Non-ulcer dyspepsia
  - Retained gastric contents on endoscopy
- Gastric emptying study with small bowel transit (CPT® 78265) can be used in the evaluation of suspected abnormalities in both total and regional times for gastrointestinal transit in small bowel.
- Gastric emptying study with small bowel and colon transit (CPT® 78266) can be used in the evaluation of suspected abnormalities in both total and regional time for gastrointestinal transit to the colon.

Dumping Syndrome

- Gastric Emptying Study (CPT® 78264) to evaluate signs or symptoms of dumping syndrome is not indicated.
- Dumping syndrome is a common complication of gastric and bariatric surgery in which changes in anatomy and innervation promote a rapid emptying of gastric contents into the small bowel. This triggers a series of physiologic responses. “Early dumping”, occurring within the first hour after a meal is characterized by abdominal pain, bloating, gassiness, nausea, vomiting, and diarrhea as well as vasomotor symptoms such as flushing, sweatiness, tachycardia, and hypotension). “Late dumping” symptoms occurring between 1 and 3 hours after meals are usually related to hypoglycemia (e.g., weakness, confusion, syncope).
- Dumping syndrome is usually a clinical diagnosis and the recommended diagnostic testing is an oral glucose tolerance test.
- Evidence-based guidelines have recently concluded that gastric emptying tests have low sensitivity and specificity for dumping syndrome, and that a gastric emptying

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

test showing rapid emptying rate would not be used to confirm a diagnosis of dumping syndrome. Rapid emptying can occur in other conditions, and it has been demonstrated that the initial rapid emptying in dumping may produce symptoms such as nausea, which then delays gastric emptying, such that the results of a gastric emptying study are in the normal range. Because of these limitations, recent guidelines have concluded that "…gastric emptying testing seems to be of low utility in diagnosing dumping syndrome".[18]

Note: If both a solid-phase and a liquid-phase gastric emptying imaging study are performed on the same day by any protocol, CPT® 78264 may not be reported with two units, only 1 unit. However, if a solid-phase study is performed, and then on a later date a liquid-phase study is performed, one unit of CPT® 78264 may be reported for each date of service. This occurrence should be rare, however, as there are dual-phase imaging protocols that should be employed if both are known to be needed prior to the start of the first study.

Evidence Discussion

Gastric emptying scintigraphy uses a radiolabeled solid meal to measure the rate of gastric emptying. This is the conventionally best accepted method to measure gastric emptying. It is performed two to four hours after ingestion of a radiolabeled meal. Performing the test for the longer duration is proposed to increase the accuracy of testing. Gastric emptying with small bowel or colonic transit time can provide further information regarding intestinal and colonic transit time. Gastric emptying scintigraphy has limited value in the evaluation of dumping syndrome, but remains the preferred method for diagnosis of gastroparesis.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Nausea and Vomiting as the Primary Symptom (AB-20.3)

AB.BO.0020.3.A

v2.0.2025

- The presence of any red flag findings per **General Guidelines (AB-1.0)** precludes adjudication based on any other criteria.
- Nausea and vomiting as the primary symptom
  - An initial assessment should be performed prior to imaging requests. The initial assessment should include a history with a delineation of the duration, frequency, and severity of symptoms, including a description of their characteristics and any associated symptoms. The purpose of the initial assessment is to define whether the symptom complex suggests a central (neurologic), endocrine (e.g. pregnancy, thyroid disorder), iatrogenic (chemotherapy/medication-induced), obstructive (e.g., low-grade small bowel obstruction), or a mucosal (gastritis, peptic ulcer disease) etiology. Diagnostic testing for nausea and vomiting should be targeted at finding the etiology suggested by a thorough history and physical examination. In the absence of more complicated or serious disease, if the cause is not obvious or suggestive from the history and physical, laboratory data including a CBC, chemistry profile, and, in a reproductive-age female, pregnancy testing, should be performed prior to advanced radiographic imaging. Imaging is based on the findings of the initial evaluation as follows:
    - CT Abdomen and Pelvis with contrast (CPT® 74177) for ANY of the following:
      - If the initial assessment does not suggest a specific cause
      - If the evaluation proves unproductive
    - Symptoms suggesting mucosal disease (e.g. GERD, suspicion of ulcer disease):
      - EGD prior to advanced imaging
    - If nausea and vomiting remains unexplained despite workup and CT Abdomen and Pelvis is negative:
      - Gastric emptying study (CPT® 78264)
    - Symptoms suggesting an intracranial etiology (vertigo/nystagmus, associated headache, or neurogenic vomiting suggested by a positional nature and/or associated with other neurologic signs and symptoms):
      - See: **Headache (HD-11)** , **Dizziness, Vertigo and Syncope (HD-23)** , or other Head Imaging Guidelines depending on the predominant neurologic presentation

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

- See: **General Guidelines – Other Imaging Situations (HD-1.7)** in the Head Imaging Guidelines for persistent, unexplained nausea and vomiting, when GI evaluation is negative.

- Nausea and vomiting associated with RUQ pain and suspicion of gallbladder disease, see: **Right Upper Quadrant Pain including Suspected Gallbladder Disease (AB-2.3)**
- Nausea and vomiting associated with dyspeptic symptoms, or epigastric pain, see: **Epigastric Pain and Dyspepsia (AB-2.5)**

Evidence Discussion

Nausea and vomiting are common symptoms encountered in medicine. Prior to imaging studies, an evaluation including a detailed history including duration, frequency, and severity should be performed. Diagnostic testing for nausea and vomiting should focus on finding the etiology of the symptoms. In addition to a detailed history and physical examination, laboratory work up and pregnancy testing may reveal the etiology of symptoms. If mucosal disease causing vomiting is suspected, upper endoscopy should be performed prior to advanced imaging. If gallbladder disease is suspected, right upper quadrant ultrasound should be performed. If neurologic symptoms are present, advanced brain imaging may be indicated depending on symptoms and presentation. If the initial evaluation of nausea and vomiting does not reveal a specific cause, advanced imaging may be pursued. CT abdomen and pelvis with contrast provides valuable information regarding abdominal and pelvic anatomy such as obstruction or inflammation and may be used to evaluate nausea and vomiting when clinically appropriate.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Superior Mesenteric Artery (SMA) Syndrome (AB-20.4)

AB.BO.0020.4.A

v2.0.2025

- CTA Abdomen (CPT® 74175) or MRA Abdomen (CPT® 74185) are indicated for clinical suspicion of SMA syndrome and ANY of the following:
  - Risk factors or radiographic/EGD findings as noted below:
    - Recent significant weight loss which leads to a loss of retroperitoneal fat
    - Presence of a severe debilitating illness such as malignancy, malabsorption syndromes, AIDS, trauma, and burns.
    - History of corrective spine surgery for scoliosis
    - Anorexia Nervosa
    - Abdominal surgery
    - Congenital short ligament of Treitz
  - Radiologic findings or history suggestive of duodenal obstruction
  - Failure to diagnose either persistent nausea and vomiting despite the workup outlined in **Nausea and Vomiting as the Primary Symptom (AB-20.3)**

Background and Supporting Information

- SMA syndrome is a rare cause of duodenal obstruction in which there is a decrease in the aortomesenteric angle with resulting compression of the duodenum by the SMA.
- The typical clinical scenario includes an episode of weight loss followed by chronic food intolerance with nausea and vomiting, further weight loss, and epigastric pain, and can be relieved by lying prone or in the left lateral decubitus position.
- The diagnosis can be suspected with barium studies demonstrating delayed passage of contrast beyond the duodenum, dilatation of the first and second portions of the duodenum, anti-peristaltic flow of barium proximal to the obstruction, and relief of obstruction when placed in the prone, knee-chest, or left lateral position, or with an upper endoscopy revealing pulsatile extrinsic compression of the duodenum, or plain films suggesting duodenal obstruction.

Evidence Discussion

The gold standard test for suspicion of SMA syndrome is a CTA of the abdomen or an MRA of the abdomen, which confirms the diagnosis and provides a measurement of the angle between the SMA and the abdominal aorta. All other investigative modalities may suggest an obstruction at the third portion of the duodenum but are not diagnostic.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Bloating, Gas, and Distention (AB-20.5)

AB.BO.0020.5.A
v2.0.2025

- For bloating as the primary symptom, present for at least 3 months, see: **Irritable Bowel Syndrome (AB-21.4)**
- For documented suspicion of bowel obstruction (e.g., patients with prior abdominal surgery, previous history of SBO, known adhesions, history of Crohn's Disease, etc.) see: **Bowel Obstruction (AB-20.1)**.
- If associated with constipation, see: **Constipation (AB-21.3)**
- If associated with dyspeptic symptoms, see: **Epigastric Pain/Dyspepsia (AB-2.5)**
- CT Abdomen and Pelvis with contrast (CPT® 74177) if any of the following is present:
  - History of malignancy with a likelihood or propensity to metastasize to abdomen
  - Fever (≥101 degrees Fahrenheit)
  - Elevated WBC >10,000, or above the upper limit of normal for the particular lab reporting the result
  - Low WBC (absolute neutrophil count <1000)
  - Palpable mass of clinical concern and/or without benign features
  - GI bleeding, overt or occult, not obviously hemorrhoidal
  - Abdominal tenderness documented as moderate or severe
  - Peritoneal signs, such as guarding or rebound tenderness
  - Suspected complication of bariatric surgery
  - Notation by the ordering provider that the patient has a "surgical abdomen"
  - Age >60 years with unintentional weight loss of ≥10 lbs. or ≥5% of body weight over 6 months or less, without an identifiable reason

Background and Supporting Information

Bloating and distension are among the most common gastrointestinal complaints, and appears in 96% of patients with IBS, and 20-30% of the general population. Bloating is the subjective perception of increased abdominal pressure. Distension is the objective finding of increased abdominal girth.

The following approaches were offered by the American Gastroenterological Association (AGA)[21] as Best Practice Advice in evaluation and management of belching, abdominal bloating, and distension:

- Clinical history and physical examination findings and impedance pH monitoring can help to differentiate between gastric and supra-gastric belching.
- Rome IV criteria (see also: **Irritable Bowel Syndrome [AB-21.4]**) should be used to diagnose primary abdominal bloating and distention.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

- Carbohydrate enzyme deficiencies may be ruled out with dietary restriction and/or breath testing. In a small subset of at-risk patients, small bowel aspiration or biopsy may be warranted.
- Serologic testing may rule out celiac disease in patients with bloating and, if serologies are positive, a small bowel biopsy should be done to confirm the diagnosis.
- Abdominal imaging and upper endoscopy should be restricted to patients with alarm features, recent worsening symptoms, or an abnormal physical examination.
- Gastric emptying studies should not be ordered routinely for bloating and distention, but may be considered if nausea and vomiting are present. See also: **Gastroparesis and Dumping Syndrome (AB-20.2)**
- Whole gut motility and radiopaque transit studies should be restricted to patients with refractory lower GI symptoms and suspected neuromyopathic conditions.
- When abdominal bloating and distention may be related to constipation or difficult evacuation, anorectal physiology testing is suggested to rule out a pelvic floor disorder. See also: **Constipation (AB-21.3)**

Evidence Discussion

Determining when symptoms of bloating, gas, and distention require imaging is done by risk stratification using demographics factors such as patient age as well as concomitant signs and symptoms.

- Computer tomography (CT) of the abdomen offers excellent 3-dimensional resolution of the gut and its surrounding structures, especially when performed with use of oral and/or intravenous (IV) contrast agents. CT imaging captures all of the abdominal organs and the surrounding cavity and mesentery. It is central to the evaluation of this condition because it can accurately diagnose the presence and location of obstruction, malignancy, vascular insufficiency, or infection, which are important pathologic diagnoses to identify or exclude in the subset of high-risk patients. CT scan requires a significant dose of ionizing radiation but is ideally suited to imaging lesions within the gut because the speed of image acquisition reduces the potential for motion artifact. Typically performed with IV contrast in patients with normal kidney function, there is the added risk of allergic reaction to contrast; however the contrast enhances the ability to evaluate for both infectious and vascular conditions.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (AB-20)

v2.0.2025

1. Expert Panel on Gastrointestinal Imaging. ACR Appropriateness Criteria® suspected small-bowel obstruction. American College of Radiology (ACR); 2013
2. Donohoe KJ, Maurer AH, Ziessman HA. Society of Nuclear Medicine Procedure Guideline for Gastric Emptying and Motility, Version 2.0. Society of Nuclear Medicine and Molecular Imaging. Published June 6, 2004.
3. Parkman HP, Hasler WL, RS Fisher. American Gastroenterological Association Medical Position Statement: diagnosis and treatment of gastroparesis.*Gastroenterology*, 2004; 127:1589-1591
4. Abell TL, Camilleri M, Donohoe KJ, et al. Consensus recommendations for gastric emptying scintigraphy: A joint report of the American Neurogastroenterology and Motility Society and the Society of Nuclear Medicine, *Am J Gastroenterol*, 2008; 103:753-763.
5. Sarnelli G, Caenepeel P, Geypens B, et al. Symptoms associated with impaired gastric emptying of solids and liquids in Functional dyspepsia, *Am J Gastroenterol*, 2003; 98:783-788.
6. Parkman HP, Hasler WL, RS Fisher. American Gastroenterological Association technical review on the diagnosis and treatment of gastroparesis, *Gastroenterology*, 2004; 127:1592-1622.
7. Lawal A, Barboi A, Krasnow A, et al. Rapid gastric emptying is more common than gastroparesis in individuals with autonomic dysfunction, *Am J Gastroenterol*, 2007; 102:618-623.
8. Chial HJ, Camilleri M, Williams DE, et al. Rumination Syndrome in Children and Adolescents: Diagnosis, Treatment, and Prognosis, *Pediatrics*, 2003;111(1):158-62
9. Paulson EK, Thompson WM. Review of Small-Bowel Obstruction: The Diagnosis and When to Worry. *Radiology*. 2015;275(2):332-342. doi:10.1148/radiol.15131519.
10. Mullan CP, Siewert B, Eisenberg RL. Small Bowel Obstruction. *American Journal of Roentgenology*. 2012;198(2). doi:10.2214/ajr.10.4998.
11. American Gastroenterological Association medical position statement: Nausea and vomiting. *Gastroenterology*. 2001;120(1):261-262. doi:10.1053/gast.2001.20515.
12. Scorza K, Williams A, Phillips JD, Shaw J. Evaluation of Nausea and Vomiting, *American Family Physician*, 2007; 76(1)76-84.
13. Quigley EM, Hasler WL, Parkman HP. AGA technical review on nausea and vomiting. *Gastroenterology*. 2001;120(1):263-286. doi:10.1053/gast.2001.20516.
14. Baluch, A., Shewayish, S. (2019). Neutropenic Fever. In: Velez, A., Lamarche, J., Greene, J. (eds) Infections in Neutropenic Cancer Patients. Springer, Cham. https://doi.org/10.1007/978-3-030-21859-1_8.
15. Sinagra E, Raimondo D, Albano D, et al. Superior Mesenteric Artery Syndrome: Clinical, Endoscopic, and Radiological Findings. *Gastroenterology Research and Practice*. 2018;2018:1-7. doi:10.1155/2018/1937416.
16. Zaraket V, Deeb L. Wilkies Syndrome or Superior Mesenteric Artery Syndrome: Fact or Fantasy. *Case Reports in Gastroenterology*. 2015;9(2):194-199. doi:10.1159/000431307.
17. Merrett ND, Wilson RB, Cosman P, Biankin AV. Superior Mesenteric Artery Syndrome: Diagnosis and Treatment Strategies. *Journal of Gastrointestinal Surgery*. 2008;13(2):287-292. doi:10.1007/s11605-008-0695-4.
18. Foley A, Burgell R, Barrett JS, Gibson PR. Management strategies for abdominal bloating and distension. *Gastroenterol Hepatol*. 2014;10(9):531-571.
19. Scarpellini E, Arts J, Karamanolis G, et. al. International consensus on the diagnosis and management of dumping syndrome. *Nat Rev Endocrinol*. 2020;16:448-466. doi:10.1038/s41574-020-0357-5.
20. Lacy BE, Cangemi D, Vazquez-Roque M. Management of chronic abdominal distension and bloating. *Clin Gastroenterol Hepatol*. 2021;19(2):219-231.e.1. doi:10.1016/j.cgh.2020.03.056.
21. Moshiree B, Drossman D, Shaukat A. AGA clinical practice update on the evaluation and management of belching, abdominal bloating, and distention. *Gastroenterology*. 2023;165-791-800.
22. Oka A, et al. Superior mesenteric artery syndrome: diagnosis and management. *World J Clin Cases*. 2023;15:3369-3384.
23. Sinagra E, Raimondo D, Albano D, et al. Superior mesenteric artery syndrome: clinical, endoscopic, and radiological findings. *Gastroenterology Research and Practice*. 2018;2018:1-7.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

24. Zaraket V, Deeb L. Wilkies Syndrome or superior mesenteric artery syndrome: fact or fantasy. *Case Reports in Gastroenterology*. 2015;9(2):194-199.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Diarrhea, Constipation, and Irritable Bowel (AB-21)

Guideline

Acute and Persistent Diarrhea (Up to 30 Days) (AB-21.1)
Chronic Diarrhea (More than 30 Days) (AB-21.2)
Constipation (AB-21.3)
Irritable Bowel Syndrome (AB-21.4)
References (AB-21)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Acute and Persistent Diarrhea (Up to 30 Days) (AB-21.1)

AB.DC.0021.1.A

v2.0.2025

- The presence of any red flag findings per **General Guidelines (AB-1.0)** precludes adjudication based on any other criteria.
- Routine advanced imaging is not supported for acute, or persistent (up to 30 days) uncomplicated, including infectious diarrhea.
- Travel and dysenteric (including bloody) diarrhea should undergo biological assessment and antimicrobial treatment.[9,10,11]
- CT Abdomen and Pelvis with contrast (CPT® 74177) can be used if:
  - Suspected ischemia (See: **Mesenteric Ischemia (AB-6.1)** and **Colonic Ischemia (AB-6.2)**)
  - Older (>50) individuals with significant abdominal pain
  - Previous gastric bypass
  - Immunocompromised
  - Obstruction, toxic megacolon, or perforation suspected

Evidence Discussion

Acute or persistent (up to 30 days) diarrhea is a common complaint that most often results from self-limited infectious or digestive causes, and for this reason, imaging is generally not indicated. However, in a subset of patients and in the setting of clinical suspicion, imaging is necessary to exclude vascular insufficiency, perforation, obstruction and severe metabolic derangement. Determining the situations in which imaging is necessary is based on provider concern for such conditions in addition to demographic factors such as age and prior medical and surgical history. When imaging is necessary, CT scan with contrast is the modality of choice.

- Computer tomography (CT) of the abdomen offers excellent 3-dimensional resolution of the gut and its surrounding structures, especially when performed with use of oral and/or intravenous (IV) contrast agents. CT imaging captures all of the abdominal organs and the surrounding cavity and mesentery. It is central to the evaluation of this condition because it can accurately diagnose the presence and location of obstruction, malignancy, vascular insufficiency, toxic megacolon, and perforation in the subset of high-risk patients. CT scan requires a significant dose of ionizing radiation but is ideally suited to imaging lesions within the gut because the speed of image acquisition reduces the potential for motion artifact. Typically performed with IV contrast in patients with normal kidney function, there is the added risk of allergic

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

reaction to contrast, however the contrast enhances the ability to evaluate for both infectious and vascular conditions.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Chronic Diarrhea (More than 30 Days) (AB-21.2)

AB.DC.0021.2.A

v2.0.2025

- Basic lab work including routine CBC, chemistries, as well as stool tests for pathogens.
- CT Abdomen with contrast (CPT® 74160), CT Abdomen and Pelvis with contrast (CPT® 74177), CT Enterography (CPT® 74177), or MR Enterography (CPT® 74183 or CPT® 74183 and CPT® 72197), can be approved if all of the following have been performed:
  - Colonoscopy has been performed and is nondiagnostic or suggestive of inflammatory bowel disease
  - Fecal calprotectin or fecal lactoferrin
  - Testing for giardia antigen or PCR for giardia
  - Testing for celiac disease with serum IgA tissue transglutaminase (tTG)
- See: **IBD (Crohn's Disease or Ulcerative Colitis) (AB-23.1)** for concerns regarding inflammatory bowel disease.

Evidence Discussion

The initial evaluation of chronic diarrhea (more than 30 days) involves non-imaging modalities (blood tests, stool tests, and colonoscopy), to evaluate for celiac disease, giardia and inflammatory bowel disease. If these evaluations are non-diagnostic, imaging can be considered to identify more unusual causes of chronic diarrhea such as obstruction, malignancy, biliary causes and small bowel disorders such as small bowel Crohn's disease.

- Computer tomography (CT) of the abdomen offers excellent 3-dimensional resolution of the gut and its surrounding structures, especially when performed with use of oral and/or intravenous (IV) contrast agents. CT imaging captures parts or the whole of the abdomen, or can be directed to interrogate with specialized techniques a specific organ. Depending on clinical suspicion, for this condition, CT of the abdomen, CT of the abdomen and pelvis or specialized CT enterography of the small bowel may be employed. CT scan requires a significant dose of ionizing radiation, but is ideally suited to imaging lesions within the gut because the speed of image acquisition reduces the potential for motion artifact.
- Magnetic resonance imaging (MRI) uses a magnetic field to capture excellent 3-dimensional resolution. As with CT scans, the technique is often performed with IV contrast agents, and can with specialized techniques be directed either at whole or parts of the abdomen or at specific abdominal structures. For this condition MR

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

enterography delivers high resolution images of small bowel mucosa to evaluate for the subtle inflammatory changes such as those seen in small bowel Crohn's disease. MRI yields better soft contrast resolution than CT and does not expose individuals to ionizing radiation, but due to longer image time is motion artifact-prone and thus less suited to resolving gastrointestinal detail. In addition, and especially in youths, MRI may require sedation.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Constipation (AB-21.3)

AB.DC.0021.3.U
v1.0.2025

- The presence of any red flag findings per **General Guidelines (AB-1.0)** precludes adjudication based on any other criteria
- CT Abdomen and Pelvis with contrast (CPT® 74177) if:
  - Concern for obstruction
- MRI (MRI Pelvis without contrast CPT® 72195) for Defecography is considered investigational/experimental by UHC.

Background and Supporting Information

- The work-up and treatment of constipation usually proceeds with a history and physical followed by empiric medication or dietary trials.
  - In general, a colonoscopy is performed prior to advanced imaging in an individual presenting with chronic constipation if the alarm symptoms of blood in the stool, anemia, or weight loss are present.

Evidence Discussion

Clinical presentation and results of minimally invasive testing determine the situations in which constipation requires imaging.

- Computer tomography (CT) of the abdomen offers excellent 3-dimensional resolution of the gut and its surrounding structures, especially when performed with use of oral and/or intravenous (IV) contrast agents. CT imaging captures all of the abdominal organs and the surrounding cavity and mesentery. It is central to the evaluation of patients with constipation alongside red flag symptoms that suggest infection or malignancy. CT scan requires a significant dose of ionizing radiation but is ideally suited to imaging lesions within the gut because the speed of image acquisition reduces the potential for motion artifact. Typically performed with IV contrast in patients with normal kidney function, there is the added risk of allergic reaction to contrast; however, the contrast enhances the ability to evaluate for both infectious and malignant conditions.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Irritable Bowel Syndrome (AB-21.4)

AB.DC.0021.4.A
v2.0.2025

- The presence of any red flag findings per **General Guidelines (AB-1.0)** precludes adjudication based on any other criteria.
- Advanced imaging in the absence of alarm symptoms has a very low yield, but can be considered in the following circumstances:
  - CT Abdomen (CPT® 74160) or CT Abdomen and Pelvis (CPT® 74177) can be considered in the following circumstances:
    - Presence of any of the following alarm symptoms:
      - Weight loss
      - Frequent nocturnal awakenings due to gastrointestinal symptoms
      - Fever
      - Blood in the stool or iron deficiency anemia (See: **GI Bleeding (AB-22)** for appropriateness of imaging in this circumstance)
      - New onset and progressive symptoms
      - Onset of symptoms after age 50
      - Family history of colon cancer or inflammatory bowel disease
      - Findings of an abdominal mass
      - Presence of lymphadenopathy
    - Fecal calprotectin ≥50ug/g or fecal lactoferrin ≥4.0ug/g or CRP >0.5 in individuals with diarrhea-predominance
    - Celiac testing should also be performed in individuals with diarrhea-predominance IBS, and if positive see: **Celiac Disease (AB-24.1)** for imaging guidance. (See background and supporting information in **IBD (Crohn's Disease or Ulcerative Colitis) (AB-23.1)**

Background and Supporting Information

- Irritable bowel syndrome is characterized by abdominal pain associated with altered bowel habits, abdominal distention, and bloating. It is important to understand that IBS is a positive diagnosis, not a diagnosis of exclusion. ACG guidelines (2021) strongly suggest that IBS be assessed with a "positive diagnostic strategy as compared to a diagnostic strategy of exclusion". Subtypes include IBS-C (constipation-predominant), IBS-D (diarrhea-predominant), IBS-M (mixed), and unclassified IBS. Rome IV Criteria for the diagnosis of irritable bowel syndrome are:
  - Recurrent abdominal pain, on average ≥1 d/wk in the past 3 months, related to ≥2 of the following:
    - Defecation

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

- Change in stool frequency
- Change in stool appearance (form)

Evidence Discussion

Risk stratification (using demographics factors such as patient age, family history, timing of symptoms, concomitant symptoms, and physical exam findings) determines the situations in which imaging is necessary for irritable bowel syndrome. In a subset of patients, imaging is necessary to exclude inflammatory conditions such as Crohn's disease and malignant conditions such as bowel cancer.

- Computer tomography (CT) of the abdomen offers excellent 3-dimensional resolution of the gut and its surrounding structures, especially when performed with use of oral and/or intravenous (IV) contrast agents. CT imaging captures all of the abdominal organs and the surrounding cavity and mesentery. It is central to the evaluation of this condition because it can accurately identify both the presence and location of inflammatory conditions and malignant conditions in the appropriately identified subset of high-risk patients. CT scan requires a significant dose of ionizing radiation but is ideally suited to imaging lesions within the gut because the speed of image acquisition reduces the potential for motion artifact. Typically performed with IV contrast in patients with normal kidney function, there is the added risk of allergic reaction to contrast; however, the contrast enhances the ability to evaluate for both inflammatory and malignant conditions.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (AB-21)

v2.0.2025

1. O'Connor OJ, McSweeney SE, McWiliams S, et al. Role of radiologic imaging in irritable bowel syndrome: Evidence-based review. *Radiology*. 2012;262(2):485-494.
2. Riddle MS, Dupont HL, Connor BA. ACG Clinical Guideline: Diagnosis, Treatment, and Prevention of Acute Diarrheal Infections in Adults. *The American Journal of Gastroenterology*. 2016;111(5):602-622.
3. Bharucha A. Exam 3: American Gastroenterological Association Technical Review on Constipation. *Gastroenterology*. 2013;144(1).
4. van Iersel JJ, Jonkers F, Verheijen PM et al. (2017), Comparison of dynamic magnetic resonance defaecography with rectal contrast and conventional defaecography for posterior pelvic floor compartment prolapse. *Colorectal Dis*. 19: O46–O53.
5. Wald A, Bharucha AE, Limketkai B, et.al. ACG clinical guidelines: management of benign anorectal disorders. *Am. J. Gastroenterol*. 2021;116(10):1987-2008. doi:10.14309/ajg.0000000000001507.
6. Menees SB, Powell C, Kurlander J, Goel A, Chey WD. A meta-analysis of the utility of c-reactive protein, erythrocyte sedimentation rate, fecal calprotectin and fecal lactoferrin to exclude inflammatory bowel disease in adults with IBS. *The American Journal of Gastroenterology*. 2015;110(3):444-454. doi:10.1038/ajg.2015.
7. Sultan S, Malhotra A. Irritable Bowel Syndrome. *Annals of Internal Medicine*. 2017;166(11). doi:10.7326/aitc201706060.
8. An Evidence-Based Position Statement on the Management of Irritable Bowel Syndrome. *The American Journal of Gastroenterology*. 2008;104(S1). doi:10.1038/ajg.2008.122.
9. O'Connor OJ, Mcsweeney SE, Mcwilliams S, et al. Role of radiologic imaging in Irritable Bowel Syndrome: evidence-based review. *Radiology*. 2012;262(2):485-494. doi:10.1148/radiol.11110423.
10. Ford AC, Moayyedi P, Lacy BE, et al. American College of Gastroenterology monograph on the management of Irritable Bowel Syndrome and chronic idiopathic constipation. *The American Journal of Gastroenterology*. 2014;109(S1). doi:10.1038/ajg.2014.187.
11. Foley A, Burgell R, Barrett JS, Gibson PR. Management strategies for abdominal bloating and distension. *Gastroenterol Hepatol (NY)*. 2014;10(9):561-571.
12. Smalley W, Falck-Ytter C, Carrasco-Labra A, Wani S, Lytvyn L, Falck-Ytter Y. AGA clinical practice guidelines on the laboratory evaluation of functional diarrhea and diarrhea-predominant Irritable Bowel Syndrome in adults (IBS-D). *Gastroenterology*. 2019;157(3):851-854. doi:10.1053/j.gastro.2019.07.004.
13. Lacy BE, Pimentel M, Brenner DM, et. al. ACG clinical guideline: management of Irritable Bowel Syndrome. Am J *Gastroenterol*. 2021;116(1):17-44. doi:10.14309/ajg.0000000000001036.
14. Bharucha AD, Dorn SD, Lembo A, Pressman A. American Gastroenterological Association medical position statement on constipation. *Gastroenterology*. 2013;144:211-217. doi:10.1053/j.gastro.2012.10.029.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

GI Bleeding (AB-22)

Guideline

GI Bleeding (AB-22.1)
Small Bowel Bleeding Suspected (AB-22.2)
References (AB-22)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

GI Bleeding (AB-22.1)

AB.GI.0022.1.A
v2.0.2025

- CTA Abdomen (CPT® 74175), CTA Abdomen and Pelvis (CPT® 74174), or CT Abdomen and Pelvis with contrast (CPT® 74177) are indicated as initial evaluation for ANY of the following:
  - If therapeutic angiography is being considered
  - If colonoscopy cannot be performed in an individual with active lower GI bleeding
  - If endoscopy cannot be performed in an individual with active upper GI bleeding
  - If surgery is being considered for treatment of GI bleeding
  - GI bleeding and moderate to severe abdominal pain and/or tenderness
  - GI bleeding and hemodynamic instability
  - If there is concern for an aorto-enteric fistula (known or suspected aortic aneurysm, history of any type of aortic aneurysm repair)
- Meckel's scan (CPT® 78290) can be approved if bleeding is suspected from a Meckel's diverticulum.
- Gastrointestinal Bleeding Scintigraphy (CPT® 78278) can be considered if there is brisk active bleeding with negative endoscopy
- For TIPS placement, see: **Portal Hypertension (AB-26.3)**

Evidence Discussion

In individuals suspected of having GI bleeding, after initial endoscopic evaluation if feasible, the best imaging modality is CT or CTA of the abdomen and pelvis. Such imaging plays a crucial role in both diagnosis and management. Computed tomographic angiography (CTA) is more expedient and accurate at localizing the site of bleeding as compared to gastrointestinal bleeding scintigraphy (tagged RBC scintigraphy) which can be a useful alternative in the setting of active GI bleeding, especially if it is slow or intermittent. CTA is the exam of choice for potential causes of catastrophic bleeding such as aortoenteric fistula, transmural bowel injuries, and mesenteric hemorrhage. A Meckel's scan can be useful when bleeding is suspected from a Meckel's diverticulum.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Small Bowel Bleeding Suspected (AB-22.2)

AB.GI.0022.2.A

v2.0.2025

- If small bowel bleeding is suspected as the source of bleeding, and if upper and lower endoscopies are negative:
  - Video capsule endoscopy (VCE) is performed prior to advanced imaging.
    - VCE is not required prior to advanced imaging if small bowel obstruction or stricture of the gastrointestinal tract is suspected, if there is dysphagia, or in individuals with implantable devices such as pacemakers or defibrillators.
  - CT Enterography (CPT® 74177) if upper and lower endoscopy are negative and if VCE is negative. If there is a contraindication to CT Enterography, MR Enterography (CPT® 74183 or CPT® 74183 and CPT® 72197) may be performed.
  - Note: Providers occasionally request a CT or MR Enterography prior to the administration of a VCE, in order to assess whether there is pathology that might impede passage of the capsule and cause retention. This is not supported as a routine procedure prior to VCE. It should be noted that a patency capsule is available, and that this may identify patients at higher risk of retention. However, guidance from the consensus group of the American College of Gastroenterology recommends that in individuals with obstructive symptomatology, imaging (MR Enterography or CT Enterography) should be performed prior to VCE. This group would also include high risk individuals with a known history of Crohn's Disease, known history of strictures or other obstruction, history of previous pelvic or abdominal radiation, or suspected tumor.
- Iron Deficiency Anemia
  - If the bleeding is determined to be non-gastrointestinal (e.g. hematuria or vaginal bleeding), refer to the appropriate guideline for these conditions.
  - If the source is determined to be gastrointestinal:
    - Upper endoscopy and colonoscopy should be performed, unless contra-indicated.
    - Small bowel video capsule endoscopy is next, if endoscopies are negative (unless contraindicated).
    - CT Abdomen and Pelvis with contrast (CPT® 74177), CT Enterography (CPT® 74177), or MR Enterography (CPT® 74183 or CPT® 74183 and CPT® 72197) (if CT Enterography is contraindicated) can be performed, if small bowel video capsule endoscopy is negative, or for further evaluation of abnormal video capsule findings. CT Enterography should be considered the test of choice given the lack of motion artifact and its superior spatial resolution.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

- Meckel's scan (CPT® 78290) can be approved if bleeding is suspected from a Meckel's diverticulum.

Evidence Discussion

The goal of identifying the source of GI tract bleeding is to identify lesion, location, and ability to perform therapeutic intervention. Bleeding from the small bowel is uncommon, accounting for approximately 5–10% of all patients presenting with gastrointestinal (GI) bleeding. The initial diagnostic modality of choice is endoscopy or colonoscopy to help identify lesions and execute appropriate interventions.

Video capsule endoscopy (VCE) is considered a first-line modality for small bowel investigation. Its main advantages are that it is noninvasive and allows examination of the entire length of the small bowel in 70-90% patients with diagnostic yield of 38–83% in patients with suspected small bowel bleeding. The main utility of this test lies in its high positive (94–97%) and negative predictive value (83–100%) in the evaluation of GI bleeding. Findings on VCE leading to endoscopic or surgical intervention or a change in medical management have been reported in 37–87% of patients.

Computed tomographic enterography is indicated in patients with suspected obstruction before VCE or after negative VCE examinations, women who are pregnant, and patients who are unable to swallow the VCE capsule.

Cross-sectional imaging techniques optimized for imaging the small bowel are advantageous due to ability to see all bowel loops without superimposition and the visualization of extra-luminal structures. Enterography can be performed with either CT or MR. CT is more widely used in the setting of GI bleeding because of the superior temporal and spatial resolution compared with MR and is more widely available. CT can detect vascular and inflammatory abnormalities, which may be missed on VCE. Because of the small number of studies regarding MR enterography, this exam is not routinely recommended in lieu of CT enterography, but can be considered in patients aged <40 years because of lower radiation exposure.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (AB-22)

v2.0.2025

1. Laing CJ, Tobias T, Rosenblum DI, Banker WL, et al. Acute gastrointestinal bleeding: emerging role of multidetector CT angiography and review of current imaging Techniques. *Radiographics.* 2007;27:1055-1070.
2. American Gastroenterological Association Medical Position Statement: Evaluation And Management Of Occult And Obscure Gastrointestinal Bleeding. *Gastroenterology*, 2000;118(1):197-200.
3. Barkun AN, Bardou M, Kuipers EJ, et al. International Consensus Upper Gastrointestinal Bleeding Conference Group. International Consensus Recommendations on the Management of Individuals with Nonvariceal Upper Gastrointestinal Bleeding. *Ann Intern Med*. 2010 Jan 19;152(2):101-13.
4. Wilkins T, Khan N, Nabh A, et al. Diagnosis and Management of Upper Gastrointestinal Bleeding. *Am Fam Physician*. 2012 Mar 1;85(5):469-76.
5. Strate LL, Gralnek IM. ACG Clinical Guideline. Management of Individuals with Acute Lower Gastrointestinal Bleeding. *Amer. J. Gastroenterol*. Advance Online Publication 1 March 2016.
6. Gerson l, et al. ACG Clinical Guideline: Diagnosis and Management of Small Bowel Bleeding. *Amer J Gastroenterol.* 2015;110:1265-1287.
7. Laine L, Jensen D. Management of Individuals with Ulcer Bleeding. *Am J. Gastroenterol* 2012;107:345-360.
8. Garcia-Tsao G, et al. Prevention and Management of Gastroesophageal Varices and Variceal Hemorrhage in Cirrhosis. *Amer J Gastroenterol.* 2007;102:2086-2102.
9. Short M and Domagalski J, Iron deficiency Anemia: Evaluation and Management. *Am. Fam. Physician*. 2013 Jan 15;87(2):98-104.
10. Garcia-Lopez S, Bermejo F. A guide to diagnosis of iron deficiency and iron deficiency anemia in Digestive Diseases. *World Journal of Gastroenterology.* 2009 Oct 7; 5(37):4638-4643.
11. Ghosh S. Investigating Iron Deficiency Anemia without Clinical Evidence of Gastrointestinal Blood Loss. *Canadian Journal of Gastroenterology*. 2012;26(10):686-686.
12. Raju GS, Gerson L, Das A, et al. American Gastroenterological Association (AGA) Institute medical position statement on obscure gastrointestinal bleeding. *Gastroenterology.* 2007;133:1694-1696.
13. Zuckerman GR, Prakash C, Askin MP, et al. AGA Technical review on the evaluation and management of occult and obscure gastrointestinal bleeding. Gastroenterology, 2000; 118:201-221.
14. Enns RA, Hookey L, Armstrong D, et al. Clinical Practice Guidelines for the Use of Video Capsule Endoscopy. *Gastroenterology*. 2017;152(3):497-514. doi:10.1053/j.gastro.2016.12.032.
15. Flemming J, Cameron S. Small bowel capsule endoscopy. *Medicine*. 2018;97(14). doi:10.1097/md.0000000000010148.
16. Technology status evaluation report on wireless capsule endoscopy. *Gastrointestinal Endoscopy*. 2014;79(5):805-815.
17. Imran H, Alexander JT, Jackson CD. Lower gastrointestinal hemorrhage. *JAMA*. 2024;331(19):1666-1667. doi:10.1001/jama.2023.25841
18. Sengupta N, Feuerstein JD, Jairath V, et al. Management of patients with acute lower gastrointestinal bleeding: An updated ACG guideline. *Am J Gastroenterol*. 2023;118(2):208-231. doi:10.14309/ajg.0000000000002130
19. Nagpal P, Dane B, Aghayev A, et. al. Expert Panels on Vascular and Gastrointestinal Imaging. ACR Appropriateness Criteria® Nonvariceal Upper Gastrointestinal Bleeding. Am Coll Radiol (ACR); 2024. https://acsearch.acr.org/docs/69413/Narrative/.
20. Pasha SF, Leighton JA, Das A, et al. Double-balloon enteroscopy and capsule endoscopy have comparable diagnostic yield in small-bowel disease: a meta-analysis. *Clin Gastroenterol Hepatol*. 2008;6(6):671-6. doi:10.1016/j.cgh.2008.01.005.
21. Rondonotti E, Villa F, Mulder CJ, et al. Small bowel capsule endoscopy in 2007: indications, risks and limitations. *World J Gastroenterol*. 2007;13:6140–6149.
22. Delvaux M, Fassler I, Gay G. Clinical usefulness of the endoscopic video capsule as the initial intestinal investigation in patients with obscure digestive bleeding: validation of a diagnostic strategy based on the patient outcome after 12 months. *Endoscopy*. 2004;36:1067–1073.
23. Pennazio M, Santucci R, Rondonotti E, et al. Outcome of patients with obscure gastrointestinal bleeding after capsule endoscopy: report of 100 consecutive cases. *Gastroenterology*. 2004;126:643–653.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

24. Huprich JE, Fletcher JG, Fidler JL et al. Prospective blinded comparison of wireless capsule endoscopy and multiphase CT enterography in obscure gastrointestinal bleeding. *Radiology*. 2011;260:744–751.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Inflammatory Bowel Disease (AB-23)

Guideline

IBD (Crohn's Disease or Ulcerative Colitis) (AB-23.1)
Known IBD (AB-23.2)
Perirectal/Perianal Disease (AB-23.3)
Primary Sclerosing Cholangitis (PSC) (AB-23.4)
References (AB-23)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

IBD (Crohn's Disease or Ulcerative Colitis) (AB-23.1)

AB.IB.0023.1.A
v2.0.2025

- Suspected Crohn's Disease or Ulcerative Colitis
  - CT Abdomen and Pelvis with contrast (CPT® 74177) or CT Enterography (CPT® 74177) or MR Enterography (CPT® 74183 or CPT® 74183 and CPT® 72197) for ANY of the following:
    - History of malignancy with a likelihood or propensity to metastasize to abdomen
    - Fever (≥101 degrees Fahrenheit)
    - Elevated WBC >10,000, or above the upper limit of normal for the particular lab reporting the result
    - Palpable mass of clinical concern and/or without benign features
    - GI bleeding, overt or occult, not obviously hemorrhoidal
    - Abdominal tenderness documented as moderate or severe
    - Peritoneal signs, such as guarding or rebound tenderness
    - Suspected complication of bariatric surgery
    - Notation by the ordering provider that the patient has a "surgical abdomen"
    - Age >60 years with unintentional weight loss of ≥10 lbs. or ≥5% of body weight over 6 months or less, without an identifiable reason
  - Chronic diarrhea without the above signs or symptoms, see: **Diarrhea, Constipation, and Irritable Bowel (AB-21)**
  - CT Enterography (CPT® 74177) or MR Enterography (CPT® 74183 or CPT® 74183 and CPT® 72197) if none of the above signs or symptoms are present and request is for the evaluation of chronic abdominal pain associated with diarrhea due to a concern for inflammatory bowel disease if:
    - There is a positive family history of inflammatory bowel disease, **OR**
    - There are endoscopy or colonoscopy findings suggestive of inflammatory bowel disease, **OR**
    - Elevated inflammatory markers (fecal lactoferrin ≥4.0 ug/g, CRP >0.5 mg/dL, or fecal calprotectin ≥50 ug/g), **OR**
    - Diagnosis is still in doubt after colonoscopy and evaluation of inflammatory markers, and Crohn's disease is suspected
  - CT Abdomen and Pelvis with or without contrast (CPT® 74177 or CPT® 74176) can be performed prior to endoscopy if requested by or in consultation with the provider who will be performing the endoscopy.
- NOTE: Serologic markers

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Serologic and genetic markers are currently under investigation with regards to their value in diagnosing inflammatory bowel disease, and are sometimes used as a screening test for IBD in which other examinations are negative. At the current time they are not considered suitable as a screening test for inflammatory bowel disease in patients with GI symptoms, and the routine use of serologic or genetic markers for the diagnosis of IBD is not indicated. Thus, an isolated positive marker result in a patient without any other findings to suggest IBD, especially in the presence of negative inflammatory markers and endoscopic examinations, is not, in and of itself, an indication for advanced imaging.

- Note: Serologic markers include anti-glycan antibodies, such as ASCA, ACCA, ALCA, AMCA, Anti-L, Anti-C, Anti-OmpC, Anti-Is, Anti-Cbir, pANCA, PAB, GAB

Background and Supporting Information

Studies have demonstrated the negative predictive value of a low fecal calprotectin and CRP with regards to inflammatory bowel disease. Chey, et al. in a meta-analysis demonstrated that a fecal calprotectin <40mcg/g or a CRP ≤0.5 mg/dl effectively excludes inflammatory bowel disease in patients with IBS. Katsinelos, et al. reviewed wireless capsule endoscopy results in patients with abdominal pain and diarrhea. The diagnostic yield of capsule endoscopy in patients with abdominal pain and diarrhea with positive inflammatory markers was 90.1%, and 0% in patients with abdominal pain and diarrhea with negative inflammatory markers. This led the Canadian Association of Gastroenterology to recommend against the use of capsule endoscopy in persons with chronic abdominal pain or diarrhea as their only symptoms and no evidence of biomarkers associated with Crohn's Disease, stating "CE (capsule endoscopy) is not warranted in most patients who present with chronic abdominal pain in the absence of positive tests for inflammatory markers or abnormal findings on endoscopy or imaging".

Evidence Discussion

In individuals with suspected inflammatory bowel disease, cross-sectional imaging can be performed after initial endoscopy is suggestive of inflammatory changes or if abnormal inflammatory markers concerning for IBD, or positive family history of IBD. Cross-sectional imaging methods such as computed tomography and magnetic resonance imaging are complementary to endoscopy, which allows diagnosis of disease when endoscopy is negative and diagnosis is still in doubt.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Known IBD (AB-23.2)

AB.IB.0023.2.A

v2.0.2025

- CT Abdomen and Pelvis (CPT® 74177), CT Enterography (CPT® 74177), or MR Enterography (CPT® 74183 or CPT® 74181 and CPT® 72197 or CPT® 72195) for known Crohn's Disease or Ulcerative Colitis and ANY of the following:
  - Suspected complications including abscess, perforation, fistula, or obstruction
  - Monitoring response to therapy
  - To determine change in treatment
- MR Enterography is the test of choice for the follow up of young individuals with IBD given the lack of ionizing radiation and the need for lifetime follow up in many individuals.

Evidence Discussion

Cross-sectional imaging methods such as computed tomography and magnetic resonance imaging are utilized to evaluate IBD disease activity, extra-enteric complication and response to therapy with a great impact on patient management. Magnetic resonance imaging (MRI) has now emerged as suitable radiation-free alternative to CT imaging, with comparable diagnostic accuracy. The current consensus is that non-contrast only techniques such as DWI can be done, if requested.

MRE should be used preferentially in young patients and in patients in whom it is likely that serial exams will need to be performed, because of the absence of any radiation exposure.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Perirectal/Perianal Disease (AB-23.3)

AB.IB.0023.3.A
v2.0.2025

This section is applicable to individuals with Crohn's disease. See: **Fistula in Ano (PV-21.1)** and **Perirectal Abscess (PV-21.2)** in the Pelvis Imaging Guidelines for non-Crohn's related perirectal and/or perianal fistulae

- Perirectal/Perianal Fistula:
  - MRI Pelvis without and with contrast (CPT® 72197)
  - Endoscopic ultrasound is preferential to CT in this setting.
  - CT Pelvis with contrast (CPT® 72193) is an inferior study in this setting, and should be used when MRI or Endoscopic ultrasound cannot be performed.
- Perirectal/Perianal Abscess:
  - MRI Pelvis without and with contrast (CPT® 72197)
  - CT Pelvis with contrast (CPT® 72193) is inferior but can be approved as an alternative if desired.

Evidence Discussion

Cross-sectional imaging methods such as magnetic resonance imaging and computed tomography are utilized to evaluate Crohn's related complications like perirectal and/or perianal fistulae or abscess. CT is useful in evaluating abscesses and inflammation; however, due to its limited resolution, defining fistulas may be difficult. MRI, which has better resolution, along with endoscopic ultrasound, are highly accurate in defining perianal and perirectal fistulas and are the preferred modalities for diagnosing fistulas secondary to Crohn's disease.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Primary Sclerosing Cholangitis (PSC) (AB-23.4)

AB.IB.0023.4.A
v2.0.2025

- Primary Sclerosing Cholangitis:
  - MRCP can be considered to assess for PSC in those:
    - with IBD and any elevated liver study (including alkaline phosphatase, GGTP, bilirubin, AST, or ALT)
    - without IBD, but with persistent cholestatic liver tests. (See: **Abnormal Liver Chemistries (AB-30)**)
  - Ultrasound or MRI/MRCP can be done as surveillance for cholangiocarcinoma in individuals with PSC every 6 months.

Background and Supporting Information

Primary sclerosing cholangitis (PSC) is a chronic liver and biliary tract disease that can result in stricturing and fibrosis of the intra- and extra- hepatic biliary ducts, as well as end-stage liver disease. It is most often associated with inflammatory bowel disease. Biliary obstruction can occur anywhere along the biliary tree, resulting in cholangitis, and there is a high risk of the development of cholangiocarcinoma, which must be strongly considered in individuals with PSC and a dominant stricture, as well as an increased risk of gallbladder polyps and other malignancies. As such, imaging plays an important role in the diagnosis and follow-up of PSC.[5,6,7]

See: **Chronic Liver Disease, Cirrhosis and Screening for HCC (AB-26.1)** Background and Supporting Information PSC (Primary Sclerosing Cholangitis) vs PBC (Primary Biliary Cholangitis)

Evidence Discussion

The diagnosis of Primary sclerosing cholangitis can be confirmed via magnetic resonance cholangiography (MRCP) when suspected, in individuals with IBD or in individuals with persistent cholestasis, in the absence of known IBD. Surveillance for cholangiocarcinoma in individuals with PSC can be done with regular cross-sectional imaging with ultrasound or MR every 6 months.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (AB-23)

v2.0.2025

1. Lichtenstein GR, Loftus EV, Isaacs KL, Regueiro MD, Gerson LB, Sands BE. ACG Clinical Guideline: Management of Crohn's Disease in Adults. *American Journal of Gastroenterology*. 2018;113(4):481-517. doi:10.1038/ajg.2018.27.
2. Hara AK, Leighton JA, Heigh RI, et al. Crohn Disease of the Small Bowel: Preliminary Comparison among CT Enterography, Capsule Endoscopy, Small-Bowel Follow-through, and Ileoscopy | *Radiology*.
3. Lin MF and Narra V. Developing role of magnetic resonance imaging in Crohn's disease. *Current Opinion in Gastroenterology*. 2008, 24(2):135-140.
4. Expert Panel on Gastrointestinal Imaging. ACR Appropriateness Criteria® Crohn's disease. American College of Radiology (ACR); Reviewed 2021.
5. Linder KD et al. ACG Clinical Guideline: Primary Sclerosing Cholangitis. *Amer J Gastroenterol*. 2015;110:646-659.
6. Razumilava, N. et al. Cancer Surveillance in individuals with primary sclerosing cholangitis. *Hepatology*. 2011;54: 842-1852.
7. Chapman R, Fevery J, Kalloo A, et al. Diagnosis and Management of Primary Sclerosing Cholangitis. *Hepatology.* 2010;51(2).
8. Katsinelos P, Fasoulas K, Beltsis A, et al. Diagnostic yield and clinical impact of wireless capsule endoscopy in patients with chronic abdominal pain with or without diarrhea: A Greek multicenter study. *European Journal of Internal Medicine*. 2011;22(5). doi:10.1016/j.ejim.2011.06.012.
9. Enns RA, Hookey L, Armstrong D, et al. Clinical Practice Guidelines for the Use of Video Capsule Endoscopy. *Gastroenterology*. 2017;152(3):497-514. doi:10.1053/j.gastro.2016.12.032.
10. Menees SB, Powell C, Kurlander J, Goel A, Chey WD. A Meta-Analysis of the Utility of C-Reactive Protein, Erythrocyte Sedimentation Rate, Fecal Calprotectin and Fecal Lactoferrin to Exclude Inflammatory Bowel Disease in Adults With IBS. *The American Journal of Gastroenterology*. 2015;110(3):444-454. doi:10.1038/ajg.2015.6.
11. Ziech M, Felt–Bersma R, Stoker J. Imaging of Perianal Fistulas. *Clinical Gastroenterology and Hepatology*. 2009;7(10):1037-1045. doi:10.1016/j.cgh.2009.06.030.
12. Berman L. Utility of magnetic resonance imaging in anorectal disease. *World Journal of Gastroenterology*. 2007;13(23):3153. doi:10.3748/wjg.v13.i23.3153.
13. Vogel JD, Johnson EK, Morris AM, et al. Clinical Practice Guideline for the Management of Anorectal Abscess, Fistula-in-Ano, and Rectovaginal Fistula. *Diseases of the Colon & Rectum*. 2016;59(12):1117-1133. doi:10.1097/dcr.0000000000000733.
14. Long MD, Sands BE. What Is the Role of the Inflammatory Bowel Disease Panel in Diagnosis and Treatment? *Clinical Gastroenterology and Hepatology*. 2018;16(5):618-620. doi:10.1016/j.cgh.2018.02.010
15. Magro F, Gionchetti P, Eliakim R, et al. Third European Evidence-based Consensus on Diagnosis and Management of Ulcerative Colitis. Part 1: Definitions, Diagnosis, Extra-intestinal Manifestations, Pregnancy, Cancer Surveillance, Surgery, and Ileo-anal Pouch Disorders. *Journal of Crohn's and Colitis*. 2017;11(6):649-670. doi:10.1093/ecco-jcc/jjx008.
16. Rubin DT, Ananthakrishnan AN, Siegel CA, Sauer BG, Long MD. ACG Clinical Guideline. Ulcerative Colitis in Adults. *The American Journal of Gastroenterology*. 2019;114(3):384-413. doi:10.14309/ajg.0000000000000152.
17. Smalley W, Falck-Ytter C, Carrasco-Labra A, Wani S, Lytvyn L, Falck-Ytter Y. AGA clinical practice guidelines on the laboratory evaluation of functional diarrhea and diarrhea-predominant Irritable Bowel Syndrome in adults (IBS-D). *Gastroenterology*. 2019;157(3):851-854. doi:10.1053/j.gastro.2019.07.004.
18. Assis DN, Bowlus CL. Recent advances in the management of primary sclerosing cholangitis. *Clinical Gastroenterology and Hepatology*. 2023;21:2065-2075. doi:10.1016/j.cgh.2023.04.004.
19. Chazouilleres O, Beuers U, Bergquist, et al. EASL clinical practice guidelines on sclerosing cholangitis. *Journal of Hepatology*. 2022;77:761-806. doi:10.1016/j.jhep.2022.05.011.
20. Seo N, Park SH, et al. MR Enterography for the evaluation of small-bowel inflammation in Crohn disease by using diffusion-weighted imaging without intravenous contrast material: a prospective noninferiority study. *Radiology*. 2016;278(3):762-772. doi:10.1148/radiol.2015150809.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

21. Kim JS, Jang HY, Park SH, et al. MR Enterography assessment of bowel inflammation severity in Crohn disease using the MR index of activity score: modifying roles of DWI and effects of contrast phases. *AJR Am J Roentgenol*. 2017;208(5):1022-1029. doi:10.2214/AJR.16.17324.
22. Qiu Y, Mao R, Chen L, et al. Systematic review with meta-analysis: magnetic resonance enterography vs. computed tomography enterography for evaluating disease activity in small bowel Crohn's disease. *Aliment Pharmacol Ther*. 2014;40(2):134-46. doi:10.1111/apt.12815.
23. Soydan, L, et al. Can MR enterography and diffusion-weighted imaging predict disease activity assessed by simple endoscopic score for Crohn's disease? *Journal of the Belgian Society of Radiology*. 2019;103(1):10,1–9. doi:10.5334/jbsr.1521.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Celiac Disease (Sprue) (AB-24)

Guideline

Celiac Disease (AB-24.1)
References (AB-24)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Celiac Disease (AB-24.1)

AB.CD.0024.1.A

v2.0.2025

- CT Abdomen and Pelvis with contrast (CPT® 74177), CT Enteroclysis (CPT® 74176 or CPT® 74177), or CT Enterography (CPT® 74177), or MR Enterography (CPT® 74183, or CPT® 74183 and CPT® 72197) is appropriate for:
  - one-time study after initial, confirmed diagnosis of celiac disease
  - confirmed celiac disease and new or continued symptoms (e.g., bloating, diarrhea, abdominal pain, weight loss, distention, evidence of malabsorption, anemia) despite adherence to 6 months of a gluten free diet

Background and Supporting Information

- Celiac is an autoimmune disease in which the villi of the small intestine are damaged from eating gluten (found in wheat, barley, and rye).
- Complications of celiac disease include ulcerative jejunitis, lymphoma, and small intestinal adenocarcinoma.
- Diagnosis is made by blood testing[1]:
  - Anti-tissue transglutaminase antibody [anti-tTG], anti-endomysium antibody (EMA), total IgA count, CBC to detect anemia, ESR, C-reactive protein, complete metabolic panel, vitamin D, E, B12 levels.
- Endoscopy with biopsy of the small bowel is performed to confirm the diagnosis of celiac disease if anti-tTG and/or EMA tests are positive.
- Capsule endoscopy may be used to confirm diagnosis of celiac disease in individuals with positive serology and negative biopsy, or when there is contraindication to biopsy or EGD. See: *Celiac Disease (CAPEND-2)* in the Capsule Endoscopy guidelines.

Evidence Discussion

Serologic studies with antibody testing and upper endoscopy and small bowel biopsies are usually performed to confirm the diagnosis of celiac disease. The findings on standard barium examination are often not specific. Abdominal pain, bloating, diarrhea, and evidence of malabsorption are frequent symptoms of celiac disease, as well as indications for CT imaging. The use of standard CT abdominal imaging, as well as CT Enteroclysis and CT Enterography, allow for the noninvasive assessment of the small bowel to evaluate the extent of disease and identify complications of the disease (including ulcerative jejunoileitis, lymphoma, and small bowel tumors). Early diagnosis of these disorders allows specific treatment to be initiated to prevent increased morbidity and mortality. Added advantages of CT imaging for the diagnosis of celiac disease are simultaneous visualization of the small and large bowel, as well as visualization of mesenteric lymph nodes to determine the presence of mesenteric adenopathy.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (AB-24)

v2.0.2025

1. Rubio-Tapia A, Hill ID, Kelly CP, Calderwood AH, Murray JA. ACG Clinical Guidelines: Diagnosis and Management of Celiac Disease. *The American Journal of Gastroenterology*. 2013;108(5):656-676.
2. Weyenberg SJV, Mulder CJ, Waesberghe JHTV. Small Bowel Imaging in Celiac Disease. Digestive Diseases. 2015;33(2):252-259. doi:10.1159/000369516.
3. Radmard AR, Taheri APH, Nik ES, et al. MR enterography in nonresponsive adult celiac disease: Correlation with endoscopic, pathologic, serologic, and genetic features. *Journal of Magnetic Resonance Imaging*. 2017;46(4):1096-1106. doi:10.1002/jmri.25646.
4. Elsayes KM, Al-Hawary MM, Jagdish J, Ganesh HS, Platt JF. CT Enterography: Principles, Trends, and Interpretation of Findings. *RadioGraphics*. 2010;30(7):1955-1970. doi:10.1148/rg.307105052.
5. Green PHR, Paski S, Ko CW, Rubio-Tapia A. AGA clinical practice update on management of refractory celiac disease: expert review. *Gastroenterology*. 2022;163:1461-1469. doi:10.1053/j.gastro.2022.07.086.
6. Scholz,FJ, Afnan, J, Behr, SC. CT findings in adult celiac disease. *Radiographics*. 2011;31:977-992.
7. Penizzotto,A , Vespa, F, Gove,RL, et al. CT and MR enterography in the evaluation of celiac disease. *RadioGraphics*. 2024;44(4):230122.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

CT Colonography (CTC) (AB-25)

Guideline

CTC (AB-25.1)
References (AB-25)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

CTC (AB-25.1)

AB.CT.0025.1.A
v2.0.2025

Note: A screening CTC (CPT® 74263) can ONLY be used for an individual who is a candidate for average risk screening as defined below. It cannot be used for any other indication. If the request for a CTC is for any other reason than average risk screening, please refer to diagnostic CTC indications. A diagnostic CTC would be the appropriate code, if approvable, for any other reason than average risk screening. This would include surveillance for a history of colon polyps, the evaluation of a change in bowel habits, abdominal pain, bleeding, etc. Please refer to the definition below of an average-risk individual, as well as the circumstances for which a diagnostic CTC is appropriate.

- Screening CTC (CPT® 74263) for colorectal cancer is NOT indicated if:
  - FIT-DNA (multi-targeted stool DNA test) within the last 3 years, OR
  - colonoscopy within the last 10 years
- Screening CTC (CPT® 74263) can be approved every 5 years for colorectal cancer[1,2,3] for:
  - Average-risk individuals ages 45 to 75
    - Average risk is defined as:
      - no previously diagnosed colorectal cancer, or colonic adenomas, or inflammatory bowel disease involving the colon
  - Individuals between 76 to 85 if there is no history of a previously negative colonoscopy or CTC, or, if in the opinion of the provider, the benefits of screening outweigh the risks.
  - Individuals with a SINGLE first-degree relative diagnosed at age >60 years with colorectal cancer or an advanced adenoma can be screened with CTC beginning at age 40.
    - If there are 2 or more first degree relatives at any age with CRC or an advanced adenoma, or a first degree relative <60, the individual should be screened via colonoscopy, not CTC.
- Diagnostic CTC without contrast (CPT® 74261) can be approved for:
  - Failed conventional colonoscopy due to a known colonic lesion, structural abnormality, or technical difficulty, and/or
  - Conventional colonoscopy is medically contraindicated. Contraindications may include:[4]
    - Coagulopathy
    - Intolerance to sedation
    - Elderly ≥80 years of age
    - Recent (within the last 60 days) myocardial infarction (MI)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

- Diagnostic CTC with contrast (CPT® 74262) can be approved if:
  - there is a known obstructing colorectal malignancy so that staging prior to surgery can be performed, if desired
  - there is a clearly stated indication for IV contrast to evaluate extra-colonic organs. When performed in this setting, a CTC with contrast will substitute for a CT Abdomen and Pelvis such that an additional CT Abdomen and Pelvis would generally not be needed.
- MRI Colonography: Currently, no published society-endorsed guideline with respect to colorectal cancer screening lists MRI Colonography as an alternative screening study. As such, requests for MRI Colonography would be considered investigational at this time. There is no specific CPT assigned for this procedure. It is sometimes requested as an MRI Abdomen and MRI Pelvis.

Background and Supporting Information

CT Colonography is routinely performed without contrast, and IV contrast is not needed in most cases

Evidence Discussion

When it comes to screening with CT colonography, guidelines differ regarding the best approach for colorectal cancer (CRC) screening in asymptomatic, average-risk individuals. Generally, CTC is not advised for screening in patients at an increased risk for CRC. This includes those with a history of adenomas or CRC, inflammatory bowel disease, or familial CRC syndromes.

CTC is comparable to colonoscopy in terms of sensitivity and specificity, takes only about 15 minutes, is non-invasive, and often requires no sedation. However, the cathartic agents recommended for CTC are the same as those for conventional colonoscopy. Additionally, CTC imaging is associated with considerable radiation exposure and detected polyps cannot be removed during the procedure. Therefore, those with positive findings on their CTC will require a follow-up colonoscopy.

Notably, the American Cancer Society and US Preventive Services Task Force recommend CTC for screening.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (AB-25)

v2.0.2025

1. Lin JS, Piper MA, Perdue LA, et al. Screening for Colorectal Cancer. *JAMA*, 2016;315(23):2576. doi:10.1001/jama.2016.3332.
2. Yee J, Kim DH, Rosen MP, et al. ACR Appropriateness Criteria® Colorectal cancer screening. Last review date: 2018.
3. Rex DK, Boland CR, Dominitz JA, et al. Colorectal Cancer Screening: Recommendations for Physicians and Patients From the U.S. Multi-Society Task Force on Colorectal Cancer. *Gastroenterology*. 2017;153(1):307-323. doi:10.1053/j.gastro.2017.05.013.
4. Yau TY, Alkandari L, Haaland B, Low W, Tan CH. Is intravenous contrast necessary for detection of clinically significant extracolonic findings in patients undergoing CT colonography? *The British Journal of Radiology*. 2014;87(1036):20130667. doi:10.1259/bjr.20130667.
5. Spada C, Stoker J, Alarcon O, et al. Clinical indications for computed tomographic colonography: European Society of Gastrointestinal Endoscopy (ESGE) and European Society of Gastrointestinal and Abdominal Radiology (ESGAR) Guideline. *Endoscopy*. 2014;46(10):897-915. doi:10.1055/s-0034-1378092.
6. ACR-SAR-SCBT-MR: Practice Parameter for the Performance of Computed Tomography (CT) Colonography in Adults. 2014.
7. Scalise P, Mantarro A, Pancrazi F, Neri E. Computed tomography colonography for the practicing radiologist: A review of current recommendations on methodology and clinical indications. *World Journal of Radiology*. 2016;8(5):472. doi:10.4329/wjr.v8.i5.472.
8. U.S. Preventative Services Task Force. Colorectal cancer: screening. Draft recommendation statement. October 27, 2020. https://uspreventiveservicestaskforce.org/uspstf/draft-recommendation/colorectal-cancer-screening3#fullrecommendationstart.
9. Wolf AMD, Fontham ETH, Church TR, et. al. Colorectal cancer screening for average-risk adults: 2018 guideline update from the American Cancer Society. CA. 2018;68(4):250-281. doi:10.3322/caac.21457.
10. Shaukat A, Kahi CJ, Burke CA, Rabeneck L, Sauer BG, Rex D. ACG clinical guidelines: colorectal cancer screening 2021. *Am J Gastroenterol*. 2021;116(3):458-479. doi:10.14309/ajg.0000000000001122.
11. O'connor B, Boakye-Ansa NK, Brown CA, et al. Predictors of CT colonography use: results from the 2019 national health interview cross-sectional survey. *J Am Coll Radiol*. 2022;19(7):874-880. doi:10.1016/j.jacr.2022.03.018.
12. Final Recommendation Statement. Colorectal Cancer: Screening. Effective 5/18/2021.https://www.uspreventiveservicestaskforce.org/uspstf/recommendation/colorectal-cancer-screening#fullrecommendationstart. doi:10.7326/M23-0779.
13. Qaseem A, Harrod CS, Crandall CJ, Wilt TJ. Screening for colorectal cancer in asymptomatic average-risk adults: A guidance statement from the American College of Physicians (Version 2). *Annals of Internal Medicine*. 2023;176(8).

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Cirrhosis and Liver Screening for Hepatocellular Carcinoma (HCC); Ascites and Portal Hypertension (AB-26)

Guideline

Chronic Liver Disease, Cirrhosis and Screening for HCC (AB-26.1)
Ascites (AB-26.2)
Portal Hypertension (AB-26.3)
Monitoring After Fontan Procedure (AB-26.4)
References (AB-26)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Chronic Liver Disease, Cirrhosis and Screening for HCC (AB-26.1)

AB.CL.0026.1.A

v2.0.2025

- Note: for HCC surveillance in Budd-Chiari Syndrome/Hepatic Vein Thrombosis, see: **Hepatic Arteries and Veins (AB-43.1)**
- Ultrasound (CPT® 76700 or CPT® 76705) every 6 months for HCC screening is appropriate in the following circumstances:
  - All individuals, regardless of etiology, with cirrhosis or advanced fibrosis (e.g., Fibrosis Score F3 or greater on an elastography study, or results of a lab study such as FIB-4 or a biopsy indicative of severe activity or advanced fibrosis). See below for any exceptions.
  - All individuals with Hepatitis B, regardless of the presence of cirrhosis or advanced fibrosis.
  - See: **Hepatic Arteries and Veins (AB-43.1)** for individuals with Chronic Budd-Chiari Syndrome (BCS).
  - See: **Monitoring After Fontan Procedure (AB-26.4)** for individuals who have undergone the FONTAN procedure.
  - The presence of liver disease in the absence of advanced fibrosis or cirrhosis, with the exception for those circumstances indicated above, is not an indication for screening. This would include, for example, MASLD (metabolic dysfunction associated steatotic liver disease, formerly known as NAFLD), the presence of which is not an indication for screening in the absence of either advanced fibrosis or cirrhosis.
  - HCC screening may also be indicated in the use of medications or treatments which increase risk of HCC. See: **General Guidelines (AB-1.0)** for additional information.
- If liver nodule is identified on screening:
  - Less than 1cm
    - Repeat US in 3 months, then every 3 to 6 months
    - If stable for 2 years, then return to US every 6 months
  - Greater than or equal to 1cm
    - Multiphase CT Liver (either CPT® 74160 or CPT® 74170) or MRI Abdomen (CPT® 74183) should be performed.
      - If negative: Return to routine surveillance via US in 6 months.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

  - If Li-RADS NC (non-categorizable): Repeat the same study or an alternative diagnostic imaging ≤3 months. (Note: non-categorizable refers to a technical problem with the study, such as image omission or severe degradation)
  - If Li-RADS 1 (definitely benign): Return to routine surveillance via US in 6 months.
  - If Li-RADS 2 (probably benign): CT or MRI in 6 months can be approved (US requests are approvable if desired). If unchanged, return to routine surveillance via US.
  - If Li-RADS 3 (intermediate): CT or MRI in 3-6 months, and can be repeated every 6 months 2 more times, for a total of 18 months from the initial finding. If no change by 18 months, return to US surveillance every 6 months.
  - If Li-RADS 4 (probable HCC): Repeat or alternative imaging in ≤3 months. If HCC confirmed: See: **Upper GI Cancers (ONC-14)** in the Oncology Imaging Guidelines.
  - If Li-RADS 5 (HCC confirmed): See: **Upper GI Cancers (ONC-14)** in the Oncology Imaging Guidelines.
  - If Li-RADS M (Malignant, not definitely HCC): Repeat or alternative imaging in ≤3 months, and follow appropriate Oncology guidelines upon diagnosis.

- Exceptions to the above algorithms:
  - Advanced imaging for surveillance may be substituted for US in the following circumstances:
    - Obesity (BMI >35)
    - Marked parenchymal heterogeneity noted on US.
    - Visualization limitations noted on US which could be technical (such as obscuration by intestinal gas, chest wall deformity, etc.), or those related to structural or parenchymal changes in the liver[19]
  - For individuals on the Liver Transplant list: See: **Liver Transplant, Pre-Transplant (AB-42.1)**
- Alpha-fetoprotein ≥20 ng/mL: Multiphasic CT or MRI Abdomen:
  - Further imaging should follow the above algorithm, depending on the findings of the CT or MRI.
  - If the initial CT or MRI does not reveal a lesion, but the AFP increases on subsequent testing, additional advanced imaging by CT or MRI may be approved.
- Contrast-Enhanced Ultrasound (CEUS)
  - Further studies are needed to assess the value of CEUS in this setting, and it is not medically necessary at this time.

Background and Supporting Information

When performed for liver lesion evaluation, a multiphase CT protocol may include non-contrast imaging as well as arterial, portal venous, and delayed-phase post-contrast

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

imaging. However, these protocols do not always require non-contrast imaging which may not provide additional information in many scenarios. Therefore, a multiphase CT for liver lesion evaluation can be requested as CPT® 74160 (CT Abdomen with contrast) or CPT® 74170 (CT Abdomen without and with contrast).

The American Association for the Study of Liver Diseases (AASLD) revised its guidelines with respect to surveillance for HCC in patients with cirrhosis in 2018. The recommended algorithm now includes either US alone or US with serum AFP every 6 months. It should be noted that "modification of this surveillance strategy based on the etiology of liver diseases or risk stratification models cannot be recommended at this time."[1]

In addition, the AASLD also issued a subsequent Practice Guidance in 2018 and this document forms the basis of these guidelines. The AASLD has adopted the Li-RADS classification of liver lesions with respect to HCC surveillance imaging for patients with advanced liver disease, and follow-up imaging protocols are based on this system. In view of this, the Li-RADS classification now informs imaging protocols used in this guideline.

Note: PSC (Primary Sclerosing Cholangitis) vs. PBC (Primary Biliary Cholangitis)

These 2 entities sound similar, and both are cholestatic, but they are different diseases, and as such have different monitoring requirements.

PSC is an idiopathic cholestatic disease characterized by chronic inflammation, progressive fibrosis, and stricturing of the *medium and large-sized* extra-hepatic or intra-hepatic bile ducts. Segmental bile duct dilation proximal to areas of stricturing creates the characteristic beaded appearance on a cholangiogram, such as MRCP. This may progress and eventually lead to cirrhosis as well. It is most commonly associated with inflammatory bowel disease. From a surveillance standpoint, PSC may be complicated by disease-associated malignancies, including cholangiocarcinoma, hepatocellular carcinoma, and pancreatic cancer. Thus, follow-up imaging in this setting is generally via MRCP +/- MRI Abdomen (CPT® 74181 or CPT® 74183) – See: **Primary Sclerosing Cholangitis (PSC) (AB-23.4)**.

PBC is a complex, chronic, and slowly progressive autoimmune liver disease that predominately affects women, and is characterized by cholestatic liver biochemistries as well as the presence of AMA (Anti-Mitochondrial Antibodies), and results in T-lymphocyte-mediated destruction of *small* intrahepatic bile ducts. This may ultimately lead to cirrhosis, and thus an increased risk of hepatocellular carcinoma. Because of this, surveillance via US screening protocols for HCC are followed in PBC.

It may be necessary, when the diagnosis of PBC is uncertain, for an MRCP to be performed in order to distinguish between PBC and PSC. However, MRI or MRCP is not used for serial monitoring for PBC, once the diagnosis is established. This is in

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

contradistinction to PSC, in which MRCP is used to surveil for cholangiocarcinoma, as discussed above.

Evidence Discussion

Ultrasound has several advantages over advanced imaging techniques such as computed tomography (CT) and magnetic resonance imaging (MRI). Ultrasound requires no ionizing radiation, is readily available, cost-effective, and often allows for same-day scheduling. The reproducibility of results has made it the initial modality of choice for imaging hepatobiliary conditions and screening for hepatocellular carcinoma (HCC) for the past 20 years. Ultrasound also helps to determine the next appropriate advanced imaging study - whether CT, MRI, or magnetic resonance cholangiopancreatography (MRCP) - along with contrast levels.

Disadvantages include image quality degradation due to bowel gas, challenges in acquiring an acoustic window, obesity, and sonographer inexperience.

Although emerging data may support CT and MRI-based liver surveillance, AASLD does not currently recommend their routine use in patients at risk for HCC. Studies from Asia suggest that both two-phase CT and hepatobiliary contrast-enhanced MRI are more sensitive for early-stage HCC detection compared to US-based surveillance, with sensitivities of 83% and 86% versus 28%–29%, respectively. However, neither CT nor MRI has been validated in Western patient cohorts without chronic viral hepatitis B. Additionally, CT-based surveillance raises concerns about radiation and contrast exposure, especially if conducted semiannually. Similarly, MRI contrast agents present concerns regarding radiology service capacity, patient acceptance, and cost-effectiveness.

Relative to surveillance, AASLD acknowledges the suboptimal performance of CT or MRI in accurately diagnosing HCC in lesions <1cm. AASLD recommends observing patients with sub-centimeter liver lesions on ultrasound by repeat short-interval surveillance using ultrasound and AFP in 3-6 months. Imaging by multiphase CT or contrast-enhanced MRI is advised for those with new or enlarging solid liver lesions >1 cm and patients with unequivocally elevated AFP independent of ultrasound results.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Ascites (AB-26.2)

AB.CL.0026.2.A

v2.0.2025

- Abdominal ultrasound (CPT® 76700 or CPT® 76705) and/or Doppler (CPT® 93975) with diagnostic paracentesis required for all initial evaluations of ascites to determine the need for further or advanced imaging.
- Further advanced imaging is determined by the nature of etiology of the ascites (e.g., portal hypertension secondary to cirrhosis, malignancy such as ovarian or pancreatic, heart failure, etc.).
- Peritoneal-venous shunt patency study (CPT® 78291) is considered for evaluation of shunt patency and function in an individual with ascites.

Background and Supporting Information

- Guidance from the American Association for the Study of Liver Diseases (2021) indicates that the initial evaluation of patients with ascites should include a medical history, physical examination, abdominal US with Doppler, lab studies including CBC, Liver function tests, serum and urine electrolytes and paracentesis with ascitic fluid analysis, which then guides further management. They specifically note that "A diagnostic paracentesis should be performed in all patients with new-onset ascites that is accessible for sampling".

Evidence Discussion

According to AASLD guidance for ascites management, Doppler ultrasound is the preferred initial radiologic test. Ultrasound is highly sensitive for diagnosing ascites and does not expose patients to radiation. Depending on the analysis of the ascitic fluid, further imaging such as CT (to evaluate for malignancy or cirrhosis) or an echocardiogram (for heart failure) may be warranted. For patients with refractory ascites and a LaVeen Shunt, a nuclear peritoneal-venous shunt study is the recommended imaging choice.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Portal Hypertension (AB-26.3)

AB.CL.0026.3.A
v2.0.2025

- For noninvasive abdominal imaging:
  - Abdominal US (CPT® 76700 or CPT® 76705) (including Duplex Doppler US [CPT® 93975] of the liver and upper abdomen) is required for all initial evaluations to assist in determining the cause (pre-hepatic [e.g. portal vein thrombosis, extrinsic compression from a tumor], intrahepatic [e.g. cirrhosis], and post-hepatic [e.g. hepatic vein thrombosis]). US is very accurate for detecting portal vein or hepatic vein thrombosis.
- For additional imaging indications, see: **Hepatic Arteries and Veins (AB-43.1)**
- TIPS (transjugular intrahepatic portosystemic shunt)
  - See: **Hepatic Arteries and Veins (AB-43.1)**
- Certain requests are made for advanced imaging to evaluate an individual with cirrhosis for the presence of esophageal varices. In general, and in the absence of a contraindication, endoscopy should be performed in individuals to assess for the presence of varices.

Background and Supporting Information

- Most cases of portal hypertension are caused by cirrhosis, and the most feared complication is that of esophageal variceal hemorrhage. Causes of portal hypertension can be divided into prehepatic (e.g. portal vein thrombosis, extrinsic compression from a tumor), intrahelpatic (e.g. cirrhosis) and post-hepatic (e.g. hepatic vein thrombosis) causes. The differentiation of some of these causes may require work-up which includes measurement of the hepatic venous pressure gradient (HVPG) which is considered the gold standard for the evaluation of portal hypertension.
- The gold standard for the assessment of portal hypertension is the Hepatic Venous Pressure Gradient (HPVG [pressure gradient between portal vein and the inferior vena cava]), which is an invasive test.

Evidence Discussion

Initial evaluation of patients suspected of portal hypertension (PH) should always include a detailed history and physical exam, as well as appropriate lab studies. Doppler ultrasound, which is noninvasive, may reveal changes in liver parenchyma and specific alterations in flow. Additionally, transient elastography (TE) should be performed if there is concern for advanced liver disease, as it can assess the degree of liver stiffness, which correlates with liver fibrosis. In cases of uncertainty, advanced imaging such as

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

a CT scan or MRI may be warranted, though the added cost and exposure to radiation should be considered.

Surrogate markers of clinically significant portal hypertension (CSPH) include the presence of gastroesophageal varices or portosystemic collaterals on cross-sectional abdominal imaging. In the absence of these markers, CSPH can be diagnosed through a liver biopsy to confirm cirrhosis or by measuring portal pressures directly, typically performed by an interventional radiologist. This technique measures the hepatic venous pressure gradient (HVPG), predicting the risk for complications. However, both liver biopsy and direct pressure measurements are invasive with associated risks and require local expertise.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Monitoring After Fontan Procedure (AB-26.4)

AB.CL.0026.4.A

v2.0.2025

- Abdominal ultrasound (CPT® 76700 or CPT® 76705) and Doppler (CPT® 93975) every 6 months or per institution protocol
- MR Elastography (CPT® 76391) every 6 months
- If any sized lesions are detected on ultrasound:
  - MRI Abdomen without contrast, or without and with contrast (CPT® 74181 or CPT® 74183) with follow-up timeframes as requested
- If advanced fibrosis or cirrhosis is detected on any imaging modality:
  - HCC monitoring every 6 months after advanced fibrosis or cirrhosis is detected with MRI Abdomen without contrast, or without and with contrast (CPT® 74181 or CPT® 74183) is indicated.
- CT Abdomen and Pelvis with contrast, CT Abdomen with contrast, or other elastography techniques (i.e., Fibroscan) can be used to assess and monitor individuals with contraindications to MRI (e.g., pacemaker devices, etc.).

Background and Supporting Information

- Individuals with single-ventricle physiology who have undergone the Fontan Procedure which redirects venous blood flow to the pulmonary circulation invariably develop liver complications, which can include the development of nodules and cirrhosis secondary to the altered vascular anatomy, and thus are at risk for hepatocellular carcinoma. In addition, the congestive hepatopathy associated with the Fontan procedure makes differentiation of focal liver lesions from congestive changes more challenging than other cirrhotic conditions. Thus, most institutions use MRI rather than US for monitoring in the setting of cirrhosis. In addition, the evaluation for HCC is challenging due to the vascular changes associated with the Fontan procedure, because the typical HCC pattern of delayed venous-phase contrast washout may not be appreciated within the background congestive hepatopathy. Thus, biopsy is usually required. Also, distinguishing dysplastic lesions from true HCC based on LiRADS criteria is very challenging as well. There are no current society endorsed guidelines, and institutions may vary in the monitoring of chronic liver disease in this patient population. The above algorithm represents an accepted approach and is consistent with the consensus from the Fontan-Associated Liver Disease proceedings from the American College of Cardiology Shareholders Meeting (2015) as well as the consensus of a multidisciplinary group of American Society of Transplantation members (2020).

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Evidence Discussion

Individuals with single-ventricle physiology who have undergone the Fontan Procedure which redirects venous blood flow to the pulmonary circulation invariably develop liver complications, which can include the development of nodules and cirrhosis secondary to the altered vascular anatomy, and thus are at risk for hepatocellular carcinoma. In addition, the congestive hepatopathy associated with the Fontan procedure makes differentiation of focal liver lesions from congestive changes more challenging than other cirrhotic conditions. Thus, most institutions use MRI rather than US for monitoring in the setting of cirrhosis. In addition, the evaluation for HCC is challenging due to the vascular changes associated with the Fontan procedure, because the typical HCC pattern of delayed venous-phase contrast washout may not be appreciated within the background congestive hepatopathy. Thus, biopsy is usually required. Also, distinguishing dysplastic lesions from true HCC based on LiRADS criteria is very challenging as well. There are no current society endorsed guidelines, and institutions may vary in the monitoring of chronic liver disease in this patient population. The above algorithm represents an accepted approach and is consistent with the consensus from the Fontan-Associated Liver Disease proceedings from the American College of Cardiology Shareholders Meeting (2015) as well as the consensus of a multidisciplinary group of American Society of Transplantation members (2020).

Also see evidence discussion for AB-26.1.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (AB-26)

v2.0.2025

1. Heimbach JK, Kulik LM, Finn RS, et al. AASLD guidelines for the treatment of hepatocellular carcinoma. *Hepatology*. 2017;67(1):358-380. doi:10.1002/hep.29086.
2. Benson AB, D'Angelica MI, Abrams T, et al. National Comprehensive Cancer Network (NCCN) Guidelines Version 1.2024 – April 9, 2024. Hepatocellular Carcinoma, available at: https://www.nccn.org/professionals/physician_gls/pdf/hcc.pdf. Referenced with permission from the NCCN Clinical Practice Guidelines in Oncology (NCCN Guidelines™) for Hepatocellular Carcinoma, V1.2024 – April 9, 2024. © 2024 National Comprehensive Cancer Network, Inc. All rights reserved. The NCCN Guidelines™ and illustrations herein may not be reproduced in any form for any purpose without the express written permission of the NCCN. To view the most recent and complete version of the NCCN Guidelines™, go online to NCCN.org.
3. Ascites SR, Katz J. Portal Hypertension Imaging: Practice Essentials, Radiography, Computed Tomography. Published June 9, 2017.
4. Khanna R, Sarin SK. Non-cirrhotic portal hypertension – Diagnosis and management. *Journal of Hepatology*. 2014;60(2):421-441.
5. Marrero JA, Kulik LM, Sirlin CB, et al. Diagnosis, Staging, and Management of Hepatocellular Carcinoma: 2018 Practice Guidance by the American Association for the Study of Liver Diseases. *Hepatology*. 2018;68(2):723-750. doi:10.1002/hep.29913.
6. Diamond T, Ovchinsky N. Fontan-associated liver disease: Monitoring progression of liver fibrosis. *Clinical Liver Disease*. 2018;11(1):1-5. doi:10.1002/cld.681.
7. Daniels CJ, Bradley EA, Landzberg MJ, et al. Fontan-Associated Liver Disease. *Journal of the American College of Cardiology*. 2017;70(25):3173-3194. doi:10.1016/j.jacc.2017.10.045.
8. Munsterman ID, Duijnhouwer AL, Kendall TJ, et al. The clinical spectrum of Fontan-associated liver disease: results from a prospective multimodality screening cohort. *European Heart Journal*. 2018;40(13):1057-1068. doi:10.1093/eurheartj/ehy620.
9. Lindor KD, Bowlus CL, Boyer J, Levy C, Mayo M. Primary Biliary Cholangitis: 2018 Practice Guidance from the American Association for the Study of Liver Diseases. *Hepatology*. June 2018. doi:10.1002/hep.30145.
10. Primary Biliary Cirrhosis and Primary Sclerosing Cholangitis: a Review Featuring a Womens Health Perspective. *Journal of Clinical and Translational Hepatology*. 2014;2(4). doi:10.14218/jcth.2014.00024.
11. European Association for the Study of the Liver. EASL clinical practice guidelines on the management of ascites, spontaneous bacterial peritonitis, and hepatorenal syndrome in cirrhosis. *J Hepatol*. 2010;53(3)397-417. doi:10.1016/j.jhep.2010.05.004.
12. Aithal GP, Palaniyappan N, China L, et. al. Guidelines on the management of ascites in cirrhosis. *Gut*. 2020;Epub ahead of print;1-21. doi:10.1136/gutjnl-2020-321790.
13. Oey RC, van Buuren HR, de Man RA. The diagnostic work-up in patients with ascites: current guidelines and future prospects. *Neth J Med*. 2016;74(8):330-335.
14. Emamaullee J, Zaidi AN, Schiano T, et. al. Fontan-associated liver disease. Screening, management and transplant considerations. *Circulation*. 2020;142:519-604.
15. Biggins SW, Anglei P, Garcia-Tsao G, et. al. Diagnosis, evaluation, and management of ascites, spontaneous bacterial peritonitis and hepatorenal syndrome: 2021 practice guidance by the American Association for the Study of Liver Diseases. *Hepatology*. 2021;74(2):1014-1048.
16. Hemgenix. Package insert. CSL Behring LLC; 2022. https://www.fda.gov/media/163467/download.
17. Chavhan GB, Yoo S, Lam CZ, Khanna G. Abdominal imaging of children and young adults with Fontan circulation: pathophysiology and surveillance. *American Journal of Roentgenology*. 2021;217(1):207-217. doi:10.2214/AJR.20.23404.
18. National Bleeding Disorders Foundation Medical and Scientific Advisory Council. MASAC recommendations on screening for development of hepatocellular cancer in persons with hepatitis B and C. National Bleeding Disorders Foundation (New York, NY). Available at: https://www.bleeding.org/sites/default/files/document/files/270_HBCHVC.pdf.
19. Singal AG, Llovet JM, Yarchoan M, et al. AASLD practice guidance on prevention, diagnosis, and treatment of hepatocellular carcinoma. *Hepatology*. 2023;78:1922-1965. doi:10.1097/HEP.0000000000000466.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

20. Conangla-Planes M, et al. Imaging diagnosis of portal hypertension. *Radiologia (Engl Ed)*. 2018;60(4):290-300.
21. Kaplan DE, Ripoll C, Thiele M, et al. AASLD practice guidance on risk stratification and management of portal hypertension and varices in cirrhosis. *Hepatology*. 2024;79(5):1180-1211. doi:10.1097/HEP.0000000000000647.
22. deFranchis R, Bosch J, Garcia-Tsao G, Reiberger T, Ripoll C.. Baveno VII – renewing consensus in portal hypertension. *J Hepatol*. 2022;76(4):959-974. doi:10.1016/j.jhep.2021.12.022.
23. Berzigotti A, et al. Noninvasive diagnostic and prognostic evaluation of liver cirrhosis and portal hypertension. *Disease Markers*. 2011;3:129-138.
24. Zhang B, Yang B, Tang Z. Randomized controlled trial of screening for hepatocellular carcinoma. *J Cancer Res Clin Oncol*. 2004;130(7):417-22. doi:10.1007/s00432-004-0552-0.
25. Kim H, An J, Park J, et al. MRI is cost effective for HCC surveillance in high-risk patients with cirrhosis. *Hepatology*. 2019;69:1599-1613.
26. Gupta P, Soundararajan R, Patel A, Kumar-M P, Sharma V, Kalra N. Abbreviated MRI for HCC screening: a systematic review and meta-analysis. *J Hepatol*. 2021;75:108-119.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

MR Cholangiopancreatography (MRCP) (AB-27)

Guideline

MRCP (AB-27.1)
References (AB-27)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

MRCP (AB-27.1)

AB.MR.0027.1.A

v2.0.2025

- MRCP (Magnetic Resonance Cholangio Pancreatography) is a non-invasive imaging procedure, which is used to visualize the biliary and pancreatic ductal system. It is used most often in the following circumstances:
  - Suspected gallstone pancreatitis (See: **Pancreatitis (AB-33)**)
  - Suspected biliary pain (See: **Right Upper Quadrant Pain (AB-2.3)** including Suspected Gallbladder Disease and **Epigastric Pain and Dyspepsia (AB-2.5)**)
  - Pancreatic cyst and pseudocyst evaluation (See: **Pancreatic Lesion (AB-31)**, and **Pancreatitis (AB-33)**)
  - Evaluation of abnormal liver chemistries (See: **Abnormal Liver Chemistries (AB-30.1)**)
  - Evaluation of the pancreas secondary to abdominal trauma with suspected duct injury or pseudocyst
  - Recurrent pancreatitis of unknown etiology (See: **Pancreatitis (AB-33)**)
  - Evaluation and follow-up of Primary Sclerosing Cholangitis (See: **Primary Sclerosing Cholangitis (PSC) (AB-23.4)**)
  - Evaluation of jaundice (See: **Abnormal Liver Chemistries (AB-30.1)**)
  - Evaluation of congenital anomalies of the cystic and hepatic ducts
  - Post-surgical biliary anatomy and complications (See: **Liver Transplant, Post-Transplant Imaging (AB-42.3)**)
  - For the further evaluation of ultrasound or CT findings of abnormally dilated biliary duct, dilated pancreatic duct, or enlargement or fullness of the pancreas.
- Code assignment for MRCP
  - In general, there is no specific CPT code to describe MRCP. To report an MRCP, one of the MRI Abdomen codes should be selected, depending on contrast needs (CPT® 74181, CPT® 74182, or CPT® 74183). There is also a level II HCPCS code for MCRP, S8037. Simultaneous billing of any of these codes is redundant and unnecessary.
  - Reporting or billing a *second* MRI code to represent the “MRCP portion” of the study is not supported. When this occurs, it is usually seen as two simultaneous MRI requests, an MRI Abdomen without and with contrast (CPT® 74183) AND an additional MRI Abdomen without contrast (CPT® 74181). This second MRI code, as noted, is not supported. Both the primary MRI Abdomen AND the MRCP portion of the study are covered by the single MRI Abdomen code (CPT® 74183).
  - Requests for 3D rendering (either CPT® 76376 or CPT® 76377) are approvable, if requested, in addition to the primary MRI Abdomen code (CPT® 74181, CPT® 74182, or CPT® 74183).

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Evidence Discussion

Magnetic Resonance Cholangiopancreatography (MRCP) is the preferred imaging modality for assessing the biliary and pancreatic systems, offering soft tissue contrast resolution without ionizing radiation exposure. Literature highlights MRCP's high sensitivity and specificity in detecting various hepatobiliary pathologies, including choledocholithiasis, cholangitis, pancreatitis and pancreatic neoplasms. Moreover, MRCP provides detailed visualization of the pancreatic duct and biliary tree, facilitating accurate diagnosis and surgical planning. While ERCP is the gold standard for visualization of pancreaticobiliary ducts and provides opportunity for therapeutic intervention, MRCP is a non-invasive method that has gained wide acceptance for diagnostic evaluation.

Limitations around MRCP include its slower acquisition time with associated higher sensitivity to motion artifact, potential need for sedation, contraindications related to ferrous magnetic implants or foreign bodies, and relatively higher cost compared to alternate options, such as ultrasound or CT. Accessibility could also be an issue, potentially leading to diagnostic delays in some healthcare settings. Safety concerns mainly revolve around gadolinium-based contrast agents, particularly in patients with compromised renal function.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (AB-27)

v2.0.2025

1. Faerber EN, Benator RM, Browne LP, et al. American College of Radiology. ACR practice guideline for the performance of magnetic resonance imaging (MRI) of the abdomen. Reston (VA): American College of Radiology (ACR); 2010 (revised 2015).
2. Kaltenthaler EC, Walters SJ, Chilcott J, et al. MRCP compared to diagnostic ERCP for diagnosis when biliary obstruction is suspected: a systematic review. *BMC Medical Imaging*. 2006;6(1).
3. Griffin N, Charles-Edwards G, Grant LA. Magnetic resonance cholangiopancreatography: the ABC of MRCP. *Insights into Imaging*. 2011;3(1):11-21. doi:10.1007/s13244-011-0129-9.
4. McDonald RJ, McDonald JS, Kallmes DF, et al. Intracranial gadolinium deposition after contrast-enhanced MR imaging. *Radiology*. 2015;275(3):772-82.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Gallbladder (AB-28)

Guideline

Gallbladder (AB-28.1)
References (AB-28)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Gallbladder (AB-28.1)

AB.GP.0028.1.A
v2.0.2025

- Findings on ultrasound or EUS suspicious for malignancy:
  - CT Abdomen with or without and with contrast (CPT® 74160 or CPT® 74170)
- Findings on ultrasound inconclusive for adenomyomatosis:
  - Contrast-Enhanced US (CEUS, CPT® 76978, CPT® 76979)
    - If US and CEUS are inconclusive for adenomyomatosis:
      - MRI Abdomen without and with contrast (CPT® 74183)
- For confirmed gallbladder malignancy:
  - See **Gallbladder and Biliary Tumors - Initial Work-up/Staging (ONC-14.6)** in the Oncology Imaging Guidelines

Gallbladder Polyps

- Individuals at increased risk for gallbladder malignancy (if surgery not chosen):
  - Age >50
  - Primary Sclerosing Cholangitis
  - Indian ethnicity
  - Sessile polyp or gallbladder wall thickening >4mm
- Increased risk for gallbladder malignancy:
  - Polyp <6 mm
    - Ultrasound at 6 months, then yearly for 5 years
  - Polyp 6-9 mm (If cholecystectomy is not chosen)
    - Ultrasound at 6 months, then yearly for 5 years
- No increased risk for gallbladder malignancy:
  - Polyp <6 mm
    - Ultrasound at 1, 3, and 5 years
  - Polyp 6-9 mm
    - Ultrasound at 6 months, and then yearly for 5 years
- Gallbladder polyp ≥10 mm:
  - Surgery recommended. If surgery not performed, follow guidelines for increased risk of gallbladder malignancy as noted above.
- Alternative Imaging:
  - Endoscopic ultrasound (EUS) may provide additional information in the diagnosis of gallbladder polyps. There is insufficient data that advanced imaging (CT or MRI) should be used ahead of conventional ultrasound in the investigation of gallbladder polyps.[1]

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Evidence Discussion

Transabdominal ultrasound is the preferred modality for surveillance of polyps, aiming for stability at the 5-year mark as an endpoint. There is insufficient data that advanced imaging (CT or MRI) should be used ahead of conventional ultrasound in the investigation of gallbladder polyps.

Cholecystectomy is recommended for symptomatic patients, lesions that increase by more than 2 mm in size, and polypoid lesions in patients who are considered high risk.

There is no role for CT, MRI, or endoscopic ultrasound in the surveillance of polypoid lesions of the gallbladder. However, advanced imaging is useful in evaluation of ultrasound findings that are suspicious for malignancy. CT can help to demonstrate any bile duct dilation as well as assist in staging, planning, and management of any found malignancy.

Ultrasound is also the preferred modality for gallbladder adenomyomatosis. Bonatti, et al. state "the use of high-frequency probes and a precise focal depth adjustment enable correct identification and characterization of GA in the majority of cases" (2017). MRI is reserved only for instances of suspected gallbladder adenomyomatosis when ultrasound techniques are inconclusive.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (AB-28)

v2.0.2025

1. Wiles R, Thoeni RF, Barbu ST, et al. Management and follow-up of gallbladder polyps. *European Radiology*. 2017;27(9):3856-3866. doi:10.1007/s00330-017-4742-y.
2. Andrén-Sandberg Å. Diagnosis and Management of Gallbladder Polyps. *North American Journal of Medical Sciences*. 2012;4(5):203. doi:10.4103/1947-2714.95897.
3. Mccain RS, Diamond A, Jones C, Coleman HG. Current practices and future prospects for the management of gallbladder polyps: A topical review. *World Journal of Gastroenterology*. 2018;24(26):2844-2852. doi:10.3748/wjg.v24.i26.2844.
4. Anderson MA, Appalaneni V, Ben-Menachem T, et al. The role of endoscopy in the evaluation and treatment of patients with biliary neoplasia. *Gastrointestinal Endoscopy*. 2013;77(2):167-174. doi:10.1016/j.gie.2012.09.029.
5. Bonatti M, Vezzali N, Lombardo F, et al. Gallbladder adenomyomatosis: imaging findings, tricks and pitfalls. *Insights Imaging*. 2017;8(2):243-253. doi:1007/s13244-017-0544-7.
6. Golse N, Lewin M, Rode A, Sebagh M, Mabrut J-Y. Gallbladder adenomyomatosis: diagnosis and management. *J Visc Surg*. 2017;154(5):345-353. doi:10.1016/j.jviscsurg.2017.06.004.
7. Stringer M, Ceylan H, Ward K, Wyatt J. Gallbladder polyps in children--classification and management. *J Pediatr Surg*. 2003;38(11):1680-4.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Liver Lesion Characterization (AB-29)

Guideline

Liver Lesion Characterization (AB-29.1)
Fatty Liver (Metabolic Associated Steatotic Liver Disease (MASLD), formerly known as NAFLD) (AB-29.2)
Polycystic Liver Disease (AB-29.3)
Isolated or Incidental Hepatomegaly (AB-29.4)
References (AB-29)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Liver Lesion Characterization (AB-29.1)

AB.LL.0029.1.A
v2.0.2025

Note: Advanced imaging approvals in this section refers to MRI Abdomen without and with contrast (CPT® 74183), CT Abdomen with contrast (CPT® 74160), CT Abdomen without and with contrast (CPT® 74170) and Contrast-Enhanced Ultrasound (CPT® 76978-initial lesion, CPT® 76979-additional lesions). In the following section, if only CT Abdomen with contrast (CPT® 74160) is noted as the appropriate study, it is because the American College of Radiology has determined that a prior without contrast study does not provide any added benefit. It should also be noted that a standard "triple-phase CT" liver does not involve a prior without contrast study (See: **CT Imaging (AB-1.2)**)

- **Low-risk** individuals defined as:
  - No known primary malignancy
  - No hepatic dysfunction (abnormal liver tests)
  - No known underlying chronic liver disease
  - No history of alcoholism, sclerosing cholangitis, choledochal cysts, hemochromatosis, or anabolic steroid use[2]
- High-risk individual would have one or more of the above conditions.
- Liver Lesion discovered on US:
  - Indeterminate Liver Lesion ≥1cm on initial imaging
    - No suspicion or evidence of extrahepatic malignancy or underlying liver disease
      - MRI Abdomen without and with contrast (CPT® 74183) or CT Abdomen with contrast (CPT® 74160) or Contrast-Enhanced US (CEUS, CPT® 76978, CPT® 76979)
    - Known history of an extrahepatic malignancy:
      - MRI Abdomen without and with contrast (CPT® 74183) or CT Abdomen with contrast or without and with contrast (CPT® 74160 or CPT® 74170)
    - Known history of chronic liver disease:
      - See: **Chronic Liver Disease, Cirrhosis, and Screening for HCC (AB-26.1)**
  - Indeterminate Liver Lesion <1cm on initial imaging
    - Known underlying chronic liver disease
      - See: **Chronic Liver Disease, Cirrhosis, and Screening for HCC (AB-26.1)**
    - Known history of an extrahepatic malignancy:
      - MRI Abdomen without and with contrast (CPT® 74183) is the preferred study.
      - Contrast-Enhanced US (CPT® 76978, CPT® 76979) is appropriate.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

- CT Abdomen is generally not the appropriate study in this scenario. In most circumstances, the resolution of CT does not allow for definitive characterization of lesions <1cm.

- Liver Lesion discovered on CT (non-contrast or single-contrast) or non-contrast MRI
  - Indeterminate, ≥1cm on initial imaging:
    - No suspicion or evidence of extrahepatic malignancy or underlying liver disease
      - Multiphase CT Abdomen with contrast (CPT® 74160), MRI Abdomen without and with contrast (CPT® 74183), or CEUS (CPT® 76978 and/or CPT® 76979)
    - Known history of an extrahepatic malignancy:
      - MRI Abdomen without and with contrast (CPT® 74183), CT Abdomen with contrast or without and with contrast (CPT® 74160 or CPT® 74170), or CEUS (CPT® 76978 or CPT® 76979)
    - Known chronic liver disease:
      - See: **Chronic Liver Disease, Cirrhosis, and Screening for HCC (AB-26.1)**
  - Indeterminate liver lesion <1cm on initial imaging:
    - Known history of an extrahepatic malignancy:
      - MRI Abdomen without and with contrast (CPT® 74183), Multiphase CT Abdomen (CPT® 74160), or CEUS (CPT® 76978 and/or CPT® 76979)
    - Known chronic liver disease:
      - See: **Chronic Liver Disease, Cirrhosis, and Screening for HCC (AB-26.1)**
- Additional scenarios and follow-up imaging for an Indeterminate lesion[2]:
  - Indeterminate lesion <1cm on US, CT, or MRI, **low-risk** individual (See above "Low-Risk individuals") and no suspicious imaging features noted on the study
    - No further imaging
  - Indeterminate lesion <1cm in high-risk individuals on US, CT, or unenhanced MRI (See above 'High Risk") not specifically dealt with in the above guidelines:
    - MRI Abdomen without and with contrast (CPT® 74183)
    - If, after MRI, the lesion remains indeterminate or not fully characterized
      - See: **Liver Metastases (ONC-31.2)** or malignancy-specific guidelines in the Oncology Imaging Guidelines
      - If **biopsy cannot be performed**, follow-up MRI can be obtained in 3-6 months. Additional imaging in this setting can be considered on an individual basis. This timeframe would also apply if the lesion is indeterminate and an MRI with Eovist is requested for further evaluation in this setting.
  - Most lesions ≥1cm can be categorized by MRI or histology. For lesions which have been categorized, regardless of size, see below.
- For the imaging of specific focal liver lesions[39]:
  - Suspected hepatic adenoma:
    - MRI is considered the best technique for characterization. Follow-up imaging can be CT Abdomen (CPT® 74160 or CPT® 74170) or MRI Abdomen (CPT®

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

74183) every 6 months for 2 years, and then annually, to establish any growth patterns and assess for malignant transformation.

- Hepatic Hemangioma (if not completely characterized on initial CT without a liver protocol):
  - Multiphase CT Abdomen (CPT® 74160 or CPT® 74170) or MRI Abdomen (CPT® 74183)
  - Follow-up imaging is indicated as follows:
    - In individuals with cirrhosis or chronic hepatitis B, continued imaging with multiphase CT Abdomen (CPT® 74160 or CPT® 74170) or MRI Abdomen (CPT® 74183) every 3-6 months for one year.
      - See also: **Chronic Liver Disease, Cirrhosis and Screening for HCC (AB-26.1)** for continued HCC surveillance
    - Giant hemangiomas (>4cm) can be followed by limited abdominal US in 6-12 months. If no change in size, no further follow-up is indicated, unless it becomes symptomatic.
    - See below for pre-operative considerations
- Focal Nodular Hyperplasia (FNH):
  - MRI Abdomen (CPT® 74183) or CT Abdomen (CPT® 74160 or CPT® 74170) to confirm a diagnosis of FNH. The use of Eovist contrast is often diagnostic in differentiating FNH from other lesions seen on MRI or CT.
  - Additional follow-up is annual US for 2 to 3 years in women diagnosed with FNH who are continuing to use oral contraceptives. Follow-up with CT (CPT® 74160 or CPT® 74170) or MRI (CPT® 74183) can be done if the lesion is not adequately visualized on US.
- Hepatic cysts:
  - Asymptomatic, simple cysts do not require additional follow-up.
  - For complicated cysts (US shows internal septations, fenestrations, calcifications, irregular walls, as well as the presence of daughter cysts):
    - CT Abdomen (CPT® 74160 or CPT® 74170) or MRI Abdomen (CPT® 74183) can be performed

- Additional indications for advanced imaging (MRI Abdomen or CT Abdomen):
  - If documented that a percutaneous liver biopsy is to be considered if imaging is atypical or inconclusive.[1]
  - Fatty liver (hepatic steatosis) on US with a focal liver lesion.
  - **If there is a technical limitation to US (e.g. marked heterogeneity, or other specifically noted technical limitations of US such as obscuration by intestinal gas, chest wall deformity, etc.)[4]
  - For suspected liver metastases, see: **Liver Metastases (ONC-31.2)** in the Oncology Imaging Guidelines

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

- Preoperative studies for individuals with large hemangiomas or adenomas considered for resection:
  - MRA Abdomen (CPT® 74185) or CTA Abdomen (CPT® 74175) can be considered
- For Indeterminate Lesions ≥1cm in categories for which defined guidelines do not exist (i.e., underlying chronic liver disease, **Chronic Liver Disease, Cirrhosis, and Screening for HCC (AB-26.1)**, underlying malignancy, **Liver Metastases (ONC-31.2)** or the specific malignancy in the Oncology Imaging Guidelines, hepatic adenoma, etc.) a biopsy should be considered when the findings from advanced imaging are inconclusive. In clinical situations when a biopsy cannot be performed (such as a medical contraindication or a liver transplant candidate due to the risk of needle-tract seeding), or is inconclusive, a short-term surveillance MRI can be performed in 3-4 months to monitor lesion stability.
- This can be repeated every 6 months, as necessary in this scenario.[1] This timeframe would also apply if an MRI with Eovist is requested for short-term follow-up of an indeterminate lesion imaged on MRI Abdomen without and with contrast performed with other contrast, such as gadolinium. An exception would be if the differential is between FNH vs. hepatic adenoma or other benign lesions. FNH follow-up is yearly, and hepatic adenoma would require a 6 month follow-up study; if the differential of the lesion is between FNH and hepatic adenoma, then the follow-up study should be 6 months.
- Nuclear Medicine imaging of the Liver (CPT® 78201, CPT® 78202, CPT® 78803, CPT® 78215, CPT® 78216, or CPT® 78830) are rarely performed, but can be considered when US, CT, and MRI are unavailable or contraindicated for:
  - evaluation of liver mass, trauma, or suspected focal nodular hyperplasia (FNH)
  - differentiation of hepatic hemangioma from FNH
  - diffuse hepatic disease or elevated liver function tests

Evidence Discussion

For further characterization of a liver lesion seen on other imaging, CT offers high spatial resolution and rapid image acquisition, making it suitable for initial characterization of liver lesions. CT can be highly accurate in establishing whether or not a liver lesion is benign.

MRI provides superior soft tissue contrast and multi-parametric capabilities, facilitating further tissue characterization when needed (particularly small lesions). Nonetheless, the use of gadolinium-based contrast agents in MRI poses safety concerns, including the risk of nephrogenic systemic fibrosis (NSF) in patients with impaired renal function. For patients with a history of malignancy outside the liver, MRI is more accurate at differentiating between benign and malignant lesions. Thus, CT is not recommended over MRI in this scenario.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Fatty Liver (Metabolic Associated Steatotic Liver Disease (MASLD), formerly known as NAFLD) (AB-29.2)

AB.LL.0029.2.A

v2.0.2025

- Fatty liver (hepatic steatosis) incidentally discovered on imaging (US/CT/MRI) or suspected:
  - Magnetic Resonance Elastography (MRE) (CPT® 76391)
    - See: **Liver Elastography (AB-45)** for MRE indications
  - Magnetic Resonance-Protein Density Fat Fraction (MRI-PDFF, usually requested as CPT® 74181 or 74183), MR Spectroscopy (MR-S, CPT® 76390), and the multiparametric MRI referred to as Liver Multiscan (LMS, Category III CPT® code 0648T or 0649T) for evaluation of fatty liver disease:
    - With regards to the above procedures, their main current utility is in assessing response to therapy in clinical trials. Their role in clinical practice, or with what frequency one would image, has not been defined. In view of this, they are experimental and investigational at this time.
  - HCC Screening for Fatty Liver with cirrhosis or advanced fibrosis:
    - See: **Chronic Liver Disease, Cirrhosis, and Screening for HCC AB-26.1)**
  - MRI or CT for the further evaluation of incidentally discovered fatty liver on US, in the absence of a specific finding needing further characterization such as a nodule, is generally not indicated. See: **Liver Lesion Characterization and Additional Indications for Advanced Imaging AB-29.1**. In addition, the finding of fatty liver alone on CT with contrast does not require MRI for confirmation.
  - Requests for imaging studies to screen individuals at high-risk for MASLD (formerly known as NAFLD) (e.g., diabetes or obesity) or for screening family members of individuals with MASLD is not approvable at this time.[3]

Evidence Discussion

Fatty liver is often detected incidentally by ultrasound, CT, or MRI performed for other indications. Fat detected in the liver may have many causes including medications, starvation, excessive alcohol intake, other chronic medical illnesses, and metabolic syndrome. Non-Alcoholic Fatty Liver Disease (NAFLD), now known as Metabolic Dysfunction-Associated Steatotic Liver Disease (MASLD), is the most common cause of steatotic (fatty) liver. NALFD (used throughout henceforth) can often lead to serious liver injury (non-alcoholic steatohepatitis: NASH) and complications of cirrhosis. Therefore,

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

monitoring using additional imaging modalities may be indicated, in addition to other non-invasive tests.

For those individuals where fatty liver is incidentally discovered on imaging (US/CT/MRI) or in conditions where NAFLD is suspected, Magnetic Resonance Elastography (MRE) may be indicated.

Other procedures, such as Magnetic Resonance-Protein Density Fat Fraction, MR Spectroscopy, and the multiparametric MRI referred to as Liver Multiscan may be ordered for evaluation of fatty liver disease but their main current utility is in assessing response to therapy in clinical trials and are considered investigational.

Requests for imaging studies to screen individuals at high-risk for NAFLD (e.g., diabetes or obesity) or for screening family members of individuals with NAFLD is not approvable at this time.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Polycystic Liver Disease (AB-29.3)

AB.LL.0029.3.A
v2.0.2025

- Polycystic Liver Disease
  - Defined as >20 cysts, or the presence of cysts occupying ½ the volume of the hepatic parenchyma.
  - Most commonly seen as an extra-renal manifestation of Autosomal Dominant Polycystic Kidney Disease, though may occur as Autosomal Dominant Polycystic Liver Disease.
  - Imaging:
    - For prognostication purposes MRI Abdomen (CPT® 74183) or CT Abdomen (CPT® 74160 or CPT® 74170) can be performed initially to assess liver volume.
    - At this time, there is no evidence that the asymptomatic patient requires surveillance imaging or monitoring.
    - Suspected complications such as cyst rupture or hemorrhage (manifested by acute pain in the upper abdomen):
      - MRI Abdomen (CPT® 74183) or CT Abdomen (CPT® 74160 or CPT® 74170)

Evidence Discussion

Ultrasonography is the first step in diagnosing polycystic liver disease (PLD). Abdominal ultrasound to screen for PLD should be offered to all patients diagnosed with autosomal dominant polycystic kidney disease (ADPKD). Imaging follow up is not routinely indicated or recommended in asymptomatic patients. CT Abdomen or MRI Abdomen may be indicated in symptomatic patients to assess the extent of PLD/cyst burden and to assess the liver volume. MRI or CT can be used in PLD to evaluate the distribution of cysts within the liver parenchyma and the relation to hepatic vasculature. Ultrasound or MRI Abdomen may be used to diagnose cyst hemorrhage, when suspected. CT Abdomen is not recommended to diagnose cyst hemorrhage. CT may detect gas or calcification but is less accurate for assessing cyst contents. There is no need to screen family members of patients with PLD for the presence of hepatic cysts unless symptoms are present. Screening for intracranial aneurysms is not recommended for patients with PCLD. Routine post treatment imaging is not indicated.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Isolated or Incidental Hepatomegaly (AB-29.4)

AB.LL.0029.4.A

v2.0.2025

- Initial imaging of hepatomegaly discovered or suspected on physical examination:
  - US Abdomen (CPT® 76700 or CPT® 76705) and Duplex (CPT® 93975 or CPT® 93976)
- Further evaluation of abnormalities on initial ultrasound that require further characterization:
  - Refer to specific guidelines for the abnormality detected on US
    - Fatty liver (liver steatosis), see: **Fatty Liver (Metabolic Associated Steatotic Liver Disease (MASLD), formerly known as NAFLD) (AB-29.2)**
    - Hepatic lesion, see: **Liver Lesion Characterization (AB-29.1)**
- Hepatomegaly discovered on ultrasound and no indeterminate abnormalities:
  - Medical workup, including lab studies such as liver tests, and history and physical should be performed to assess for suspected underlying disease (e.g. infiltrative disease such as amyloid, lymphoma, etc.)
    - Lab abnormalities and/or symptoms of a specific disease process should follow imaging studies outlined in the guideline for that disease process.
    - Advanced imaging in the absence of symptoms or lab abnormalities indicative of an underlying disorder is not indicated.

Background and Supporting Information

As noted by the AASLD "…imaging tests, such as ultrasound, computed tomography (CT), and MR, do not reliably reflect the spectrum of liver histology in patients with NAFLD." In addition, "MR imaging, either by spectroscopy or by proton density fat fraction is an excellent noninvasive modality for quantifying hepatic fat and is being widely used in NAFLD clinical trials…..However, the utility of noninvasively quantifying HS (hepatic steatosis) in patients with NAFLD in routine clinical care is limited".[3]

- Hints for liver lesion imaging:
  - Imaging accuracy:
    - A non-contrast CT is less sensitive than ultrasound
    - A non-contrast MRI is better than a non-contrast CT, but inadequate to define the etiology of a lesion
    - Triple-phase scanning is essential in characterizing a liver lesion
- How to interpret the radiologist's descriptors:

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

- Hemangioma:
  - Hyperechoic
  - Peripheral nodular enhancement
  - Fills in from the periphery (nodular centripedal fill-in on venous and delayed phases)
- Focal nodular hyperplasia:
  - Homogenous enhancement
  - Washout. No delayed rim enhancement
  - Central scar (with fibrous-appearing septae radiating from the scar)
  - MRI specifics:
    - Homogenous on T1
    - Scar hyperintense on T2
    - Uniformly hyperintense with contrast
- Hepatic adenoma:
  - Irregular enhancement
  - Fat-containing
  - Washout
  - Central hemorrhage
  - No rim enhancement
  - No central scar
  - MRI specifics: Hyperintense signal on T1 and T2-weighted imaging with intra-lesional lipid
- Hepatocellular carcinoma:
  - HCC's are hypervascular and receive 100% of their blood supply from the hepatic artery, whereas the liver parenchyma receives 30% from the hepatic artery and 70% from the portal vein, and this discrepancy can be exploited during imaging.
  - Dynamic imaging via MRI and CT follows tumor density with time after IV contrast bolus.
  - During the early arterial phase: HCC appears brighter than surrounding liver (hyperintense) due to hepatic arterial supply.
  - May have a necrotic central region
  - Washes out rapidly
  - Delayed post-contrast phase: rim enhancement (a "tumor capsule")
- Focal fat (pseudo-mass)
  - Area with sharply demarcated borders
  - Absence of mass effect of surrounding architecture
  - Vessels can course through the region
  - No rim enhancement

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

- No central scar

Evidence Discussion

Hepatomegaly (enlarged liver) can be detected by physical exam and imaging studies, such as ultrasound, CT, MRI and nuclear medicine studies. An enlarged or palpable liver does not always indicate primary liver disease, so advanced imaging should be directed by history, other physical findings and laboratory results.

An enlarged liver can be caused by:

- Primary liver disease (hepatitis, alcoholic liver disease, NAFLD (non-alcoholic fatty liver disease), other causes of liver inflammation
- Metastatic or primary liver tumors
- Infiltrative disease (such as amyloidosis, infiltrative lymphoma)
- Impaired venous outflow (such as right heart failure, Budd-Chiari syndrome)
- Storage disorders (such as Gaucher Disease, Alpha-1 antitrypsin deficiency)
- Polycystic liver disease
- Other less common causes

Initial imaging studies should be chosen based on history, physical exam, laboratory studies and prior imaging studies. Usually, ultrasound of the abdomen and/or duplex scan would be the initial tests. Advanced imaging, such as CT or MRI are likely to be indicated based on findings based on specific guidelines based on the abnormality detected on ultrasound.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (AB-29)

v2.0.2025

1. Lalani T, Rosen MP, Blake MA, Baker ME, et al. Expert Panel on Gastrointestinal Imaging. ACR Appropriateness Criteria® liver lesion -- initial characterization. American College of Radiology (ACR), 2014.
2. Gore RM, Pickhardt PJ, Mortele KJ, et al. Management of Incidental Liver Lesions on CT: A White Paper of the ACR Incidental Findings Committee. *Journal of the American College of Radiology*. 2017;14(11):1429-1437. doi:10.1016/j.jacr.2017.07.018.
3. Chalasani N, Younossi Z, Lavine JE, et al. The diagnosis and management of nonalcoholic fatty liver disease: Practice guidance from the American Association for the Study of Liver Diseases. *Hepatology*. 2017;67(1):328-357. doi:10.1002/hep.29367.
4. Heimbach JK, Kulik LM, Finn RS, et al. AASLD guidelines for the treatment of hepatocellular carcinoma. *Hepatology*. 2017;67(1):358-380. doi:10.1002/hep.29086.
5. Albrecht T. Dynamic Vascular Pattern of Focal Liver Lesions with Contrast-Enhanced Ultrasound: Latest Results with SonoVue. *Contrast-Enhanced Ultrasound in Clinical Practice*:1-22. doi:10.1007/88-470-0357-1_1.
6. Nolsøe CP, Lorentzen T. International guidelines for contrast-enhanced ultrasonography: ultrasound imaging in the new millennium. *Ultrasonography*. 2016;35(2):89-103. doi:10.14366/usg.15057.
7. Greenbaum LD. Foreword to Guidelines and Good Clinical Practice Recommendations for Contrast Enhanced Ultrasound (CEUS) in the Liver – Update 2012. *Ultrasound in Medicine & Biology*. 2013;39(2):186. doi:10.1016/j.ultrasmedbio.2012.09.021.
8. Chalasani N, Younossi Z, Lavine JE, et al. The Diagnosis and Management of Non-alcoholic Fatty Liver Disease: Practice Guideline by the American Gastroenterological Association, American Association for the Study of Liver Diseases, and American College of Gastroenterology. *Gastroenterology*. 2012;142(7):1592-1609. doi:10.1053/j.gastro.2012.04.001.
9. Chandok N. Polycystic liver disease: a clinical review. *Annals of Hepatology*. 2012;11(6):819-826. doi:10.1016/s1665-2681(19)31406-1.
10. Cnossen WR, Drenth JP. Polycystic liver disease: an overview of pathogenesis, clinical manifestations and management. *Orphanet Journal of Rare Diseases*. 2014;9(1):69. doi:10.1186/1750-1172-9-69.
11. Aerts RMV, Laarschot LFVD, Banales JM, Drenth JP. Clinical management of polycystic liver disease. *Journal of Hepatology*. 2018;68(4):827-837. doi:10.1016/j.jhep.2017.11.024.
12. Schiffman, Mitchell. Director, Liver Institute of Virginia. Assessment of Liver Masses. Presentation at 2019 American College of Gastroenterology Hepatology School and Eastern Regional Postgraduate Course. Washington, DC, June 7-9, 2019.
13. Aytaman, Ayse. Hepatocellular Carcinoma. Presentation at 2019 American College of Gastroenterology Hepatology School and Eastern Regional Postgraduate Course. Washington, DC, June 7-9, 2019.
14. Singal, Amit. Approach to Liver Lesions: Abnormal Sonogram, Please Evaluate. Medical Director, Liver Tumor Program, UT Southwestern Medical College. Presentation at 2019 American College of Gastroenterology Hepatology School and Eastern Regional Postgraduate Course. Washington, DC, June 7-9, 2019.
15. Bell, Daniel. Et. al. Hepatocellular Carcinoma *Radiopedia*
16. Marrero JA, Kulik LM, Sirlin CB, et al. Diagnosis, Staging, and Management of Hepatocellular Carcinoma: 2018 Practice Guidance by the American Association for the Study of Liver Diseases. *Hepatology*. 2018;68(2):723-750. doi:10.1002/hep.29913.
17. Castera L, Friedrich-Rust M, Loomba R. Noninvasive Assessment of Liver Disease in Patients With Nonalcoholic Fatty Liver Disease. *Gastroenterology*. 2019;156(5). doi:10.1053/j.gastro.2018.12.036
18. Chartampilas E. Imaging of nonalcoholic fatty liver disease and its clinical utility. *Hormones*. 2018;17(1):69-81. doi:10.1007/s42000-018-0012-x
19. EASL–EASD–EASO Clinical Practice Guidelines for the management of non-alcoholic fatty liver disease. Journal of Hepatology. 2016;64(6):1388-1402. doi:10.1016/j.jhep.2015.11.004
20. Caussy C, Reeder SB, Sirlin CB, Loomba R. Noninvasive, Quantitative Assessment of Liver Fat by MRI-PDFF as an Endpoint in NASH Trials. *Hepatology*. 2018;68(2):763-772. doi:10.1002/hep.29797

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

21. American College of Radiology ACR Appropriateness Criteria® Liver Lesion-Initial Characterization Revised 2020. https://acsearch.acr.org/docs/69472/Narrative/.
22. National Institute for Health and Care Excellence (NICE-UK). Liver Multiscan for Liver Diagnosis. Medtech Innovation Briefing 26April2019.
23. Breiman R, Beck J, Korobkin M, et al. Volume determinations using computed tomography. *AJR Am J Roentgenol*. 1982;138:329–33.
24. McNeal G, Maynard W, Branch R, et al. Liver volume measurements and three-dimensional display from MR images. *Radiology*. 1988;169:851–4.
25. Heymsfield S, Fulenwider T, Nordlinger B, et al. Accurate measurement of liver, kidney, and spleen volume and mass by computerized axial tomography. *Ann Intern Med*. 1979;90:185–7.
26. Gosink B, Leymaster C. Ultrasonic determination of hepatomegaly. *J Clin Ultrasound.* 1981;9:37–44.
27. Kratzer W, Fritz V, Mason RA, et al. Factors affecting liver size: a sonographic survey of 2080 subjects. *J Ultrasound Med.* 2003;22:1155.
28. Kudo M. Riedel's lobe of the liver and its clinical implication. *Intern Med.* 2000;39:87.
29. Loloi J, Patel A, McDevitt P, et al. How Strongly Do Physical Examination Estimates and Ultrasonographic Measurements of Liver Size Correlate? A Prospective Study. *Am J Med*. 2019;32:103.
30. Karlo C, Reiner CS, Stolzmann P, et al. CT- and MRI-based volumetry of resected liver specimen: comparison to intraoperative volume and weight measurements and calculation of conversion factors. *Eur J Radiol.* 2010;75:e107.
31. Farraher SW, Jara H, Chang KJ, et al. Liver and spleen volumetry with quantitative MR imaging and dual-space clustering segmentation. *Radiology.* 2005;237:322.
32. Rinella ME, Neuschwander-Tetri BA, Siddiqui MS, et al . AASLD practice guidance on the clinical assessment and management of nonalcoholic fatty liver disease. *Hepatology*. 2023;77(5):1797-1835.
33. Mavilia MG, et al., Differentiating cystic liver lesions: a review of imaging modalities, diagnosis and management. *J Clin Transl Hepatol*. 2018;6(2):208-216.
34. Chandok N. Polycystic liver disease: a clinical review. *Ann Hepatol*. 2012;11(6):819–8264.
35. Gevers TJG, Drenth JPH. Diagnosis and management of polycystic liver disease. *Nat Rev Gastroenterol Hepatol.* 2013;10(2):101–108.
36. van Aerts RMM, Van de Laarschot LFM, Banales JM, Drenth JPH. Clinical management of polycystic liver disease. *J Hepatol*. 2018;68(4):827–837.
37. Drenth J, Barten T, Hartog H, et al. EASL clinical practice guidelines on management of cystic liver diseases. *J Hepatol*. 2022;77(4):1083–1108.
38. Wong MYW, McCaughan GW, Strasser SI. An update on the pathophysiology and management of polycystic liver disease. *Expert Rev Gastroenterol Hepatol*. 2017;11(6):569–581.
39. Frenette C, Mendiratta-Lala M, Salgia R, et al. ACG clinical guideline: focal liver lesions. *The American Journal of Gastroenterology*. 2024;119(7):1235-1271. doi:10.14309/ajg.0000000000002857.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Abnormal Liver Chemistries (AB-30)

Guideline

Abnormal Liver Chemistries (AB-30.1)
References (AB-30)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Abnormal Liver Chemistries (AB-30.1)

AB.LC.0030.1.A
v2.0.2025

Elevated AST and/or ALT (>33 IU/l for males, >25 IU/l for females) and other LFTs are normal or Hepatocellular pattern of elevation (AST and ALT disproportionately elevated to ALKP):

- <2X normal:
  - Repeat lab after 3 weeks and discontinuation of medications associated with elevated LFTs (such as statins, niacin, sulfa, rifampin, tetracycline, estrogen) if applicable.
  - If LFTs remain elevated: Abdominal US (CPT® 76700 or CPT® 76705)
    - Above studies do not explain the cause of the elevated transaminases AND HAV IgG, HBsAg, HBcAb, HBsAb, HCV Ab, iron panel (may include ferritin, serum iron, iron-binding capacity, or transferrin saturation) have been performed and are inconclusive:
      - CT Abdomen with contrast (CPT® 74160)
- 2 to 15X normal:
  - Abdominal US (CPT® 76700 or CPT® 76705)
    - Above studies do not explain the cause of the elevated transaminases AND HAV IgG, HBsAg, HBcAb, HBsAb, HCV Ab, iron panel (may include ferritin, serum iron, iron-binding capacity, or transferrin saturation) have been performed and are inconclusive:
      - CT Abdomen with contrast (CPT® 74160)
- >15X normal:
  - Abdominal US with Doppler (CPT® 76700 or CPT® 76705 and CPT® 93975) OR
  - CT Abdomen with contrast (CPT® 74160) OR
  - CT Abdomen and Pelvis with contrast (CPT® 74177)
    - Above studies do not explain the cause of the elevated transaminases AND HAV IgG, HBsAg, HBcAb, HBsAb, HCV Ab, iron panel (may include ferritin, serum iron, iron-binding capacity, or transferrin saturation) have been performed and are inconclusive:
      - MRI Abdomen without and with contrast (CPT® 74183) and/or MRCP (CPT® 74181)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

- If the findings suggest chronic liver disease, see: **Chronic Liver Disease, Cirrhosis and Screening for HCC (AB-26.1)**
- If the findings suggest hemochromatosis, see: **Hereditary (Primary) Hemochromatosis (HH) and Other Iron Storage Disease (AB-11.2)**

Elevated alkaline phosphatase level (or GGT), and other LFTs are normal or Cholestatic pattern of elevation (ALKP elevated disproportionately to AST and ALT)

- If isolated ALKP elevation, GGT should be obtained for confirmation of hepatic etiology, prior to imaging.
- If ALKP is elevated with other LFTs, no confirmatory test is necessary.
    - Confirmed hepatic etiology of elevated ALKP:
        - Abdominal or RUQ ultrasound (CPT® 76700 or CPT® 76705)
            - Dilated biliary ducts on US:
                - MRCP
        - No dilated biliary ducts on US:
            - Anti-mitochondrial antibody (AMA) should be checked prior to advanced imaging.
                - If AMA is negative, and ALKP >2X ULN:
                    - MRCP
                - If AMA is negative, and ALKP 1 to 2X ULN:
                    - observe for 6 months
                    - if ALKP remains elevated after 6 months: MRCP
- CT Abdomen with contrast (CPT® 74160) if the above studies are unrevealing or individual cannot undergo MRCP.

Isolated elevated bilirubin (no other LFTs elevated)

- Elevation is unconjugated, and no other LFT elevations:
    - No advanced imaging
- Elevation is conjugated
    - RUQ ultrasound
        - Dilated biliary ducts on ultrasound:
            - MRCP
        - No dilated biliary ducts on US:

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

- Anti-mitochondrial antibody (AMA) should be checked prior to advanced imaging
  - AMA negative and elevation persists or is unexplained:
    - MRCP or liver biopsy

- CT Abdomen with contrast (CPT® 74160) if the above studies are unremarkable or the individual cannot undergo MRCP.

Clinical jaundice, no known predisposing condition

- Abdominal ultrasound (CPT® 76700 or CPT® 76705)
  - For further imaging, follow guideline for elevated bilirubin
- Clinical jaundice, suspected mechanical obstruction based on clinical condition or laboratory values (e.g., known choledocholithiasis, acute and chronic pancreatitis, suspected stricture from a recent invasive procedure, previous biliary surgery, suspected tumor):
  - CT Abdomen with contrast (CPT® 74160) or MRI and/or MRCP (CPT® 74183 or CPT® 74181)
- US findings suggesting mechanical biliary obstruction, non- diagnostic or technically limited US (e.g., large amounts of intestinal gas, obesity with BMI >35):
  - CT Abdomen with contrast (CPT® 74160) or MRI and/or MRCP (CPT® 74183 or CPT® 74181)

Additional considerations

- For individuals with elevated LFTs and suspicion of sclerosing cholangitis, such as those with IBD, see: **Primary Sclerosing Cholangitis (PSC) (AB-23.4)**.
- For individuals with elevated LFTs and history of underlying malignancy, please refer to the specific oncology guidelines, when appropriate.
- Requests for additional advanced imaging (CT, MRI, etc.) are based on the prior imaging results, as appropriate to the finding (for example, if a lesion is identified that needs further characterization, refer to liver lesion imaging as per **Liver Lesion Characterization (AB-29.1)**)

Background and Supporting Information

- The standard laboratory tests commonly referred to as “LFTs” include bilirubin, alkaline phosphatase (alkphos or ALKP), aspartate transaminase (AST), alanine transaminase (ALT), and gamma-glutamyl transferase (GGT).
- The major patterns of elevation which affect work-up are:
- Hepatocellular (AST and ALT disproportionately elevated to ALKP)
- Cholestatic (ALKP elevated disproportionately to AST and ALT)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

- Mixed pattern (ALKP, AST, and ALT all elevated)
- Isolated hyperbilirubinemia (elevated bilirubin and normal ALKP, ALT and AST)
- "R" Ratio
  - "R" Ratio: The so-called "R" ratio can be used to determine whether a pattern of multiple elevated liver chemistries is predominately cholestatic or hepatocellular in origin
  - R=(ALT/Upper limit of normal (ULN))/(ALKPH/ULN ALKPH)
    - If the "R" ratio:
      - >5 = hepatocellular
      - <2 = cholestatic
      - 2-5 = mixed pattern
  - For hepatocellular, use AST or ALT elevation guidelines
  - For cholestatic, use ALKPH elevation guidelines
  - Use ULN for ALT as noted above, and ULN for alkphos based on the individual lab report

Evidence Discussion

Liver blood tests look at how well the liver is functioning and can indicate whether there is any damage or inflammation inside the liver. Obtaining liver chemistries for both screening and diagnostic purposes are essential. When abnormalities are found they will frequently direct the provider to obtain further diagnostic testing including advanced imaging.

A liver blood test looks at the chemicals (enzymes), proteins and other substances made by the liver to assess whether levels of any of these are abnormal. The major initial tests are for alanine transaminase, aspartate transaminase, alkaline phosphatase, and gamma-glutamyl transpeptidase.

Repeating abnormal tests helps to confirm damage to the liver.

The synthetic function of the liver can be assessed by evaluating levels of albumin and vitamin-dependent clotting factors.

Iron storage, autoimmune, infectious, cholestatic, hepatocellular, drug induced, and other liver diseases are identified, followed, and diagnosed with the help of abnormal liver chemistries.

Liver chemistries are an essential part of the non-invasive diagnosis and management of liver disease.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (AB-30)

v2.0.2025

1. Kwo P, et al. ACG Clinical Guideline: Evaluation of Abnormal Liver Chemistries. *Am J Gastroenterol* 2017; 112:18-35.
2. O'Shea RS, Dasarathy S, McCullough AJ. ACG practice guidelines: alcoholic liver disease. *American Journal of Gastroenterology*. 2010;105:14-32.
3. Hindman NM, Arif-Tiwari H, Kamel IR, et al. ACR Appropriateness Criteria® Jaundice. Available at: https://acsearch.acr.org/docs/69497/Narrative/. American College of Radiology.
4. American College of Radiology ACR Appropriateness Criteria® Jaundice, Revised 2018.
5. EASL Clinical Practice Guidelines: Management of cholestatic liver diseases. *Journal of Hepatology*. 2009;51(2):237-267. doi:10.1016/j.jhep.2009.04.009.
6. Fargo, MV, et.al, Evaluation of Jaundice in Adults. Am Fam Physician, 2017;95(3):164-68.
7. Aronsohn A, Gondal B. A Systematic Approach to Patients with Jaundice. *Seminars in Interventional Radiology*. 2016;33(04):253-258. doi:10.1055/s-0036-1592331.
8. Arif-Tiwari H, Porter KK, Kamel IR, et al. ACR Appropriateness Criteria® Abnormal Liver Function Tests. Available at https://acsearch.acr.org/docs/3158167/Narrative. American College of Radiology.
9. Kalas MA, Chavez L, Leon M, Taweesedt PT, Surani S. Abnormal liver enzymes: A review for clinicians. *World J Hepatol*. 2021;13(11):1688-1698. doi:10.4254/wjh.v13.i11.1688.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Pancreatic Lesion (AB-31)

Guideline

Pancreatic Cystic Lesions (AB-31.1)
Incidental Pancreatic Mass or Suspected Metastatic Disease to Pancreas (AB-31.2)
References (AB-31)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Pancreatic Cystic Lesions (AB-31.1)

AB.PC.0031.1.A
v2.0.2025

Screening studies for pancreatic cancer can be considered in those who are considered high risk in the following guideline: **Pancreatic Cancer (ONC-13)** in the Oncology Imaging Guidelines.

- Note:
  - Individuals who are not medically fit for surgery should not undergo further surveillance of incidentally found pancreatic cysts, irrespective of size.
  - Surveillance should be discontinued if an individual is no longer a surgical candidate. However, follow-up imaging can be performed if requested for a symptomatic cyst (such as the development of jaundice secondary to cyst), in which palliative treatment might be available.
- This guideline applies to the following pancreatic cystic lesions:
  - Intraductal papillary mucinous neoplasms (IPMN)
  - Mucinous cystic neoplasms (MCN)
  - Serous Cystadenomas (SCA)
  - Solid-pseudopapillary neoplasms (SPN)
- Pancreatic Cyst seen on Imaging-Initial Management:
  - MRI Abdomen (CPT® 74183) and/or MRCP are the tests of choice for initial evaluation.
    - Both MRI Abdomen and MRCP may be performed, but only one CPT® 74183 should be used, not two.
  - CT Pancreatic protocol (CPT® 74160) or EUS are alternatives in patients who are unable to undergo MRI.
  - Indeterminate cysts may benefit from a second imaging modality or EUS prior to proceeding with surveillance. MRI/MRCP can be approved to better characterize the lesion, without reference to the timeframe for follow-up imaging, if a previous US or CT Abdomen has been performed.
  - Radiographic diagnosis of a non-neoplastic cyst or classic features of a serous cystadenoma
    - No further imaging
  - If any of the following are present the individual should proceed to EUS + FNA and depending on findings, surgical consultation:
    - Main duct >5mm
    - Cyst ≥3cm
    - Change in main duct caliber with upstream atrophy

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

- If EUS does not reveal findings of main duct involvement, patulous ampulla, cytology with high-grade dysplasia or pancreatic malignancy, or a mural nodule, then follow up MRI should performed in 6 months.

- Pancreatic Cyst Follow up Imaging
  - If high risk features (See below High Risk Considerations and Features) are not present, then the next follow-up imaging proceeds as follows:
    - Cyst <1cm: MRI in 2 years
    - Cyst 1-<2cm: MRI in 1 year
    - Cyst 2-3cm: if cyst is not clearly an IPMN or MCN then proceed with EUS. If it is an IPMN or MCN, then MRI at 6-12 months.
    - If the cyst is determined to be a serous cystadenoma, then no further evaluation unless symptomatic.
- Additional Surveillance for a presumed IPMN or MCN (imaging from time of presentation):
- (Note: MRCP or MRI/MRCP is the preferred modality for surveillance due to non-invasiveness, lack of radiation, and improved delineation of the main pancreatic duct. In addition, since the timeframes for surveillance imaging are based on the size of the cyst as well as characteristics such as the presence or absence of high-risk features, it is necessary to have an adequate description of these findings from the previous imaging study, either by inclusion of the previous imaging report, or an adequate description of the findings. Finally, the date of the previous study is needed so that the appropriate timing for the next study can be determined.)
  - Cyst <1cm
    - MRI every 2 years for 4 years.
    - If stable after 4 years consider lengthening of interval imaging.
    - If increase in cyst size, then MRI or EUS in 6 months.
    - If stable, repeat again in 1 year and if stable return to MRI every 2 years.
  - Cyst 1-<2cm
    - MRI yearly for 3 years
    - If stable for 3 years, then change to MRI every 2 years for 4 years
    - If stable after the additional 4 years, consider lengthening of interval for surveillance.
    - If increase in cyst size, repeat MRI in 6 months. If stable, repeat MRI in 1 year and if remains stable, resume original surveillance schedule.
  - Cyst 2-<3cm
    - MRI every 6-12 months for 3 years
    - If stable after 3 years, change to MRI every year for 4 years
    - If remains stable, consider lengthening of surveillance interval
  - Cyst ≥3cm
    - MRI alternating with EUS every 6 months for 3 years

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

        - If stable for 3 years, increase interval to MRI alternating with EUS yearly for 4 years.
        - If remains stable, consider lengthening of surveillance interval.
        - If increase in cyst size, EUS + FNA
    - Additional considerations
        - Individuals with asymptomatic cysts that are diagnosed as pseudocysts on initial imaging and clinical history, or are determined to be serous cystadenomas, do not require further evaluation.
        - High-Risk Considerations and Features
            - Individuals with IPMNs or MCNs with new onset or worsening diabetes
            - Rapid increase in cyst size (>3mm/year) during surveillance may have an increased risk of malignancy and should undergo a short-interval MRI or EUS.
            - Additional high-risk features which may prompt early evaluation are:
                - jaundice secondary to the cyst
                - acute pancreatitis secondary to the cyst
                - significantly elevated CA 19-9
                - presence of a mural nodule or solid component either within the cyst or in the pancreatic parenchyma
                - dilation of the main pancreatic duct >5mm
                - focal dilation of the pancreatic duct concerning for main duct IPMN or an obstructing lesion
                - IPMNs or MCNs measuring ≥3cm in diameter
                - presence of high-grade dysplasia or pancreatic cancer on cytology. In this circumstance, imaging should be at the discretion of the provider.
- Post-op surveillance
    - Surgically resected serous cystadenomas, pseudocyst, or other benign cyst:
        - No additional imaging after resection.
    - Surgically resected mucinous cystic neoplasms (MCNs) without an associated pancreatic malignancy (can have low, intermediate, or high-grade dysplasia):
        - No additional post-op surveillance.
    - Surgically resected MCNs with invasive cancer:
        - Standard surveillance-based pancreatic cancer guidelines (See: **Pancreatic Cancer-Surveillance/Follow-up (ONC-13.5)** in the Oncology Imaging Guidelines) for 5 years. No surveillance required after 5 years.
    - Surgically resected IPMNs
        - IPMN with cancer
            - Pancreatic cancer surveillance guidelines (See: **Pancreatic Cancer-Surveillance/Follow-up (ONC-13.5)**in the Oncology Imaging Guidelines)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

        - IPMN with high-grade dysplasia
            - MRI Abdomen (CPT® 74183) or EUS every 6 months
        - IPMN with low- or intermediate-grade dysplasia
            - MRI Abdomen (CPT® 74183) every 2 years
    - Surgically resected solid-pseudopapillary neoplasm with negative margins:
        - MRI Abdomen (CPT® 74183) yearly for 5 years.
- See: **MR Cholangiopancreatography (MRCP) (AB-27)** for coding guidelines for MRCP.

Evidence Discussion

- Some pancreatic cystic lesions have malignant potential and need to be followed by either advanced imaging, endoscopic ultrasound, or both.
- Advanced imaging includes MRI, MRCP, and CT imaging as these modalities are most effective in characterizing these lesions. MRI abdomen or MRCP are the initial studies of choice. The American Gastroenterological Association states, "MRI is the preferred surveillance imaging modality over computed tomography because MRI does not expose the patient to radiation and better demonstrates the structural relationship between the pancreatic duct and associated cyst. Also, MRI is less invasive than EUS" (2015). Thus, CT is reserved as an alternative for individuals who are unable to undergo MRI.
- Follow-up imaging may or may not be recommended based on the nature of the cystic lesion, the size, or change in size of the lesion and how rapidly the size of the lesion changes. Smaller lesions with no concerning characteristics or changes undergo less surveillance due to the small absolute risk of malignancy. concerning features such as rapid increase in size have increased risk of malignancy and therefore undergo more frequent or longer-term surveillance intervals.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Incidental Pancreatic Mass or Suspected Metastatic Disease to Pancreas (AB-31.2)

AB.PC.0031.2.A

v2.0.2025

- CT Abdomen with contrast with dual phase imaging (CPT® 74160), or MRI Abdomen without and with contrast (CPT® 74183).
- Note: A pancreatic protocol CT involves scan acquisition during a parenchymal and portal venous phase, each of which are post-contrast administration.

Evidence Discussion

Dual phase, MDCT (multidetector CT) scans play a critical role in diagnosing and staging pancreatic cancers. MR and EUS can be used in groups of patients where CT scan results are inconclusive in tumor localization and/or staging, particularly in vascular involvement.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (AB-31)

v2.0.2025

1. Vege SS, Ziring B, Jain R, et al. and the Clinical Guidelines Committee Guideline American Gastroenterological Association Institute guideline on the diagnosis and management of asymptomatic neoplastic pancreatic cysts. *Gastroenterol*. 2015 Apr;148(4):819-822.
2. Elta GH, Enestvedt BK, Sauer BG, Lennon AM. ACG Clinical Guideline: Diagnosis and Management of Pancreatic Cysts. *The American Journal of Gastroenterology*. 2018;113(4):464-479. doi:10.1038/ajg.2018.14.
3. Tempero MA, Malafa MP, Al-Hawary M, et al. National Comprehensive Cancer Network (NCCN) Guidelines Version 1.2020 – November 26, 2019. Pancreatic adenocarcinoma, available at: https://www.nccn.org/professionals/physician_gls/pdf/pancreatic.pdf. Referenced with permission from the NCCN Clinical Practice Guidelines in Oncology (NCCN Guidelines™) for Pancreatic adenocarcinoma V 1.2020 – November 26, 2019. © 2019 National Comprehensive Cancer Network, Inc. All rights reserved. The NCCN Guidelines™ and illustrations herein may not be reproduced in any form for any purpose without the express written permission of the NCCN. To view the most recent and complete version of the NCCN Guidelines™, go online to NCCN.org.
4. American College of Radiology ACR Appropriateness Criteria® Staging of Pancreatic Ductal Adenocarcinoma. New 2017. https://acsearch.acr.org/docs/3099847/Narrative/.
5. Gijón de la Santa L, Pérez Retortillo JA, Miguel AC, Klein LM. Radiology of pancreatic neoplasms: an update. *World J Gastrointestinal Oncol.* 2014;6(9):330-343. doi:10.4251/wjgo.v6.i9.330.
6. Muthusamy VR. ASGE clinical guideline on the role of endoscopy in the diagnosis and treatment of cystic pancreatic neoplasms. *Gastrointestinal Endoscopy*. 2016;84(1):1-9.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Pancreatic Pseudocysts (AB-32)

Guideline

Pancreatic Pseudocysts (AB-32.1)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Pancreatic Pseudocysts (AB-32.1)

AB.32.1.A
v2.0.2025

See: **Acute Pancreatitis (AB-33.1)** or **Chronic Pancreatitis (AB-33.2)**

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Pancreatitis (AB-33)

Guideline

Acute Pancreatitis (AB-33.1)
Chronic Pancreatitis (AB-33.2)
Exocrine Pancreatic Insufficiency (AB-33.3)
Asymptomatic Elevation of Pancreatic Enzymes (AB-33.4)
References (AB-33)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Acute Pancreatitis (AB-33.1)

AB.PX.0033.1.A
v2.0.2025

- Knowledge base:
  - Acute pancreatitis (2 of 3 of the following criteria):
    - Characteristic abdominal pain (typically epigastric or left upper quadrant pain with radiation to the back, chest, or flank)
    - Amylase or lipase >3 times the upper limit of normal
    - Radiographic evidence of pancreatitis on cross-sectional imaging
  - Early Phase takes place in the first week
    - Goals of imaging:[1]
      - Establish the correct diagnosis or provide an alternative diagnosis.
      - Establish the etiology.
      - Stage the morphologic severity.
      - Assess for complications in patients who deteriorate or fail to improve.
  - Late phase can last weeks to months thereafter
    - Goals of imaging:[1]
      - Monitor established pancreatic collections.
      - Delineate the presence of symptomatic and asymptomatic complications.
      - Guide interventional procedures.
  - Etiologies of pancreatitis:
    - Gallstones and alcohol account for 75-80% of all causes[1].
    - Hypercalcemia, hypertriglyceridemia, medications, a benign or malignant obstruction, pancreatic mass, genetic causes (hereditary pancreatitis), autoimmune pancreatitis (IgG4), infectious etiologies, ischemia secondary to vascular disease, anatomic abnormalities (e.g., pancreas divisum), physiologic abnormalities (Sphincter of Oddi dysfunction), idiopathic causes.
  - Complications:
    - Early Phase:[2]
      - Generally manifests as a systemic inflammatory response
      - In the first week, imaging findings correlate poorly with clinical severity[1]
      - Advanced imaging is most useful when performed 5-7 days after admission, when local complications have developed and pancreatic necrosis can be clearly defined.
      - IEP = acute interstitial edematous pancreatitis
      - Necrotizing Pancreatitis
    - Late Phase:[2]

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

  - APFC (Acute peripancreatic fluid collection) occurs during the first 4 weeks. If it does not resolve within 4 weeks, it can become organized and develop into a pseudocyst, which contains only fluid with no nonliquefied components.
  - Walled-off necrosis (sequelae of necrotizing pancreatitis): inhomogenous nonliquefied components, encapsulated with a wall.
- Note: Most cases of pancreatitis are mild. More severe cases are usually hospitalized and imaging is performed in that setting. The majority of imaging requests are for the initial evaluation of suspected pancreatitis in individuals with epigastric pain, and then the follow-up imaging of discharged individuals with respect to complications experienced during the hospitalization, to further elucidate the etiology of the pancreatitis if this was not previously established, or to evaluate continued post-discharge symptoms.
- The presence of any red flag findings per **General Guidelines (AB-1.0)** precludes adjudication based on any other criteria.
- Imaging:
  - Initial imaging for suspicion of pancreatitis (typical symptoms, <48 to 72 hours, first-time presentation)[3]
    - Abdominal ultrasound (CPT® 76700 or CPT® 76705)
      - Purpose is to establish the presence/absence of gallstones and biliary ductal dilation.
      - Doppler ultrasound (CPT® 93975) can be approved to assess vasculature, if requested.
    - If ultrasound or CT is performed and is nondiagnostic due to technical limitation (obesity, overlying gas, etc.):
      - MRI/MRCP (CPT® 74183 or CPT® 74181)
      - CT Abdomen and Pelvis with contrast (CPT® 74177) or CT Abdomen with contrast (CPT® 74160) if ultrasound is nondiagnostic and MRI/MRCP cannot be performed.
    - In suspected acute biliary pancreatitis and/or cholangitis (dilated ducts or choledocholithiasis on ultrasound, elevated liver chemistries with a negative ultrasound, suspicion of cholangitis (classic triad is RUQ pain, fever, and jaundice))[4]
      - MRI/MRCP (CPT® 74183 or CPT® 74181)
  - Initial imaging with atypical signs and symptoms when diagnoses other than pancreatitis are being considered (e.g., bowel perforation, bowel ischemia):
    - CT Abdomen and Pelvis with contrast (CPT® 74177) or CT Abdomen with contrast (CPT® 74160)
    - MRI/MRCP* (CPT® 74181 or CPT® 74183) can be considered for pregnant patients (non-contrast), or those with renal insufficiency (without or without and with depending on request).

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

- Follow-up imaging (late phase and thereafter):
  - Continued or worsening symptoms:
    - CT Abdomen and Pelvis with contrast (CPT® 74177), CT Abdomen with contrast (CPT® 74160) or MRI and/or MRCP (CPT® 74183 or CPT® 74181)
  - Follow-up of known pancreatic or peri-pancreatic fluid collections (including pseudocysts), to follow-up symptomatic collections, or for interventional planning:
    - MRI/MRCP (CPT® 74183 or CPT® 74181) or CT Abdomen and Pelvis (CPT® 74177)
      - Note: If requested, CT Abdomen with contrast (CPT® 74160) or Abdominal ultrasound (CPT® 76705 or CPT® 76700) can be approved.

    (Note: Frequency or intervals for additional follow-up is not defined and depends on clinical circumstances, response to therapy, etc.)
  - If, despite initial imaging, the etiology of the pancreatitis is still in doubt:
    - MRI/MRCP (CPT® 74183 or CPT® 74181) or CT Abdomen and Pelvis with (CPT® 74177)
      - Note: If requested, CT Abdomen with contrast (CPT® 74160) can be approved.
- Acute recurrent pancreatitis
  - Abdominal ultrasound (CPT® 76705 or CPT® 76700)
  - MRI/MRCP (CPT® 74183 or CPT® 74181)
  - CT Abdomen and Pelvis with contrast (CPT® 74177)
  - See: **Chronic Pancreatitis (AB-33.2)**

Background and Supporting Information

- *NOTE: While MRI/MRCP will give better evaluation of the pancreatic parenchyma as well as biliary and pancreatic ducts, it does NOT provide coverage and adequate evaluation of the bowel to assess alternative diagnoses such as bowel ischemia or perforation.

Evidence Discussion

Abdominal imaging is useful to confirm the diagnosis of acute pancreatitis (AP). As per 2024 ACG Guidelines, abdominal ultrasound should be performed as the initial imaging study in patients with AP to evaluate for biliary pancreatitis. Advanced imaging should be reserved for patients in whom the diagnosis is unclear. When ultrasound results are inconclusive due to overlying bowel gas or other patient factors, or when amylase and/or lipase levels remain elevated, CT or MRI should be considered as the next step. Although contrast-enhanced CT offers over 90% sensitivity and specificity in diagnosing acute pancreatitis, its routine use is not recommended since the diagnosis is clear in many patients who typically experience a mild, uncomplicated course.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

In patients who fail to improve after 48–72 hours, exhibiting persistent symptoms such as pain, fever, nausea/vomiting, and inability to tolerate oral feeding, imaging studies like CT or MRI/MRCP are recommended. These are used to assess local complications, including necrotizing pancreatitis or pancreatic or peri-pancreatic fluid collections. Although MRI takes more time and can be challenging for claustrophobic patients, it offers advantages for those with contrast allergies or renal insufficiency. Additionally, MRI can more accurately detect stones in the common bile duct (CBD) and diagnose pancreatic duct disease or follow up on symptomatic fluid collections.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Chronic Pancreatitis (AB-33.2)

AB.PX.0033.2.A
v2.0.2025

- If chronic pancreatitis is suspected:
  - Initial imaging:
    - CT Abdomen with contrast or without and with contrast (CPT® 74160 or CPT® 74170) or MRI Abdomen without and with contrast (CPT® 74183)
      - If diagnostic criteria are met (pancreatic calcification in combination with pancreatic atrophy and/or dilated pancreatic duct):
        - No further imaging indicated (See below regarding worsening symptoms)
    - If initial CT is inconclusive or nondiagnostic of chronic pancreatitis:
      - MRI/MRCP with secretin enhancement (CPT® 74183 or CPT® 74181), OR
      - Endoscopic ultrasound (EUS)
    - If EUS is inconclusive, pancreatic function testing and/or ERCP can be performed
    - Note: If abdominal ultrasound is requested at any stage for evaluation of chronic pancreatitis, this can be approved in lieu of advanced imaging
  - If initial imaging fails to confirm chronic pancreatitis, but the clinical suspicion remains, the above testing can be repeated in 6 months.
- Known chronic pancreatitis with worsening symptoms or pain
  - CT Abdomen with or without and with contrast (CPT® 74160 or CPT® 74170), MRI/MRCP (CPT® 74183 or CPT® 74181) or Abdominal ultrasound (CPT® 76700 or CPT® 76705) can be approved
  - Note: Possible etiologies of worsening pain include:
    - peptic ulcer disease
    - GI cancers
    - pseudocysts
    - duodenal or common bile duct obstruction
    - pancreatic duct stone or strictures
    - inflammatory masses at the head of the pancreas
- For pre-surgical planning or post-surgical evaluation for treatment of complications of chronic pancreatitis
  - CT Abdomen with or without and with contrast (CPT® 74160 or CPT® 74170), or MRI/MRCP (CPT® 74183 or CPT® 74181) or Abdominal ultrasound (CPT® 76700 or CPT® 76705)
- Routine screening for pancreatic cancer in chronic pancreatitis
  - As noted in the American College of Gastroenterology Clinical Guideline for Chronic Pancreatitis [13] “There is a lack of evidence to suggest that performing

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

screening examinations on patients with CP (chronic pancreatitis) to detect malignancy is beneficial…..Although the overall prevalence of pancreatic malignancy is increased in patients with CP, there are no RCTs (randomized controlled trials), systematic reviews, or meta-analyses to support screening this patient population for pancreatic malignancy." As such, the ACG Guideline concludes "At this time there is no definitive benefit to screen patients with CP for pancreatic ductal adenocarcinoma. This is based on the invasive and costly nature of testing, the inherent difficulty in screening given the structural changes of CP, and the inability to alter in many cases the natural history of the disease even if malignancy is detected at an early stage."

- Therefore, routine surveillance to monitor for the occurrence of pancreatic cancer in individuals with chronic pancreatitis is not supported at this time. For other indications for imaging in chronic pancreatitis, see the above. For pancreatic cancer screening guidelines in inherited syndromes, including hereditary pancreatitis, see: **Screening Studies for Pancreatic Cancer (ONC-13.1)** in the Oncology Imaging Guidelines

Background and Supporting Information

- Clinical signs of chronic pancreatitis include history of alcohol use, abdominal pain, weight loss, steatorrhea, malabsorption, recurrent pancreatitis, fatty food intolerance, low fecal elastase.

Evidence Discussion

CT or MRI is used as first-line diagnostic imaging for chronic pancreatitis (CP) as they are both universally available, reproducible, and valid when compared to other imaging modalities. While ultrasound has been used for many years as a non-invasive and inexpensive method to evaluate the pancreas, there are considerable limitations that limit its diagnostic utility.

Due to its discrepancy in cost, availability, invasiveness, and objectivity, as well as its low specificity, endoscopic ultrasound (EUS) should be used only if the diagnosis is still in question after cross-sectional imaging is performed.

Patients with early CP may have completely normal conventional MRCP/MRI studies, and only the secretin stimulation will depict the mildly abnormal pancreatic duct compliance.

When the diagnosis of CP cannot be made following standard cross-sectional imaging or EUS, secretin-enhanced MRCP is suggested as it allows for better visualization of the main- and side-branch ducts by stimulating release of bicarbonate from the pancreatic duct cells and allows for quantification of the degree of filling into the duodenum which may correlate with the severity of CP and also help quantify the degree of exocrine pancreatic function. It does carry a high cost, which is why it is recommended to be used

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

only when diagnosis is not confirmed with first-line testing. However, EUS does carry poor interobserver agreement, and definitive diagnosis is felt to also require advanced radiologic imaging. It is also a more invasive procedure. For this reason, there are also practice guidelines that advocate for the use of MRI/MRCP with secretin enhancement prior to EUS.

While multiple other imaging modalities, such as contrast-enhanced EUS, ERCP, transcutaneous ultrasonography, and pancreatic elastography have been used to establish the diagnosis of CP, high-quality RCT evidence is not available to warrant their inclusion as first-line diagnostic tests for CP.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Exocrine Pancreatic Insufficiency (AB-33.3)

AB.PX.0033.3.A
v2.0.2025

- The presence of any red flag findings per **General Guidelines (AB-1.0)** precludes adjudication based on any other criteria.
- Pancreatic Insufficiency
  - The initial evaluation for pancreatic insufficiency should include one of the following laboratory results:
    - Elevation in fecal fat
    - Fecal elastase <200 mcg/g
    - Serum trypsinogen <20ng/mL
  - CT Abdomen with (CPT® 74160) or without and with contrast (CPT® 74170) or MRI/MRCP (CPT® 74183 or 74181) for the evaluation of suspected pancreatic insufficiency:
    - for suspected pancreatic insufficiency with any one of the above laboratory findings
  - For suspected pancreatic insufficiency due to known chronic pancreatitis, see: **Chronic Pancreatitis (AB-33.2)**
  - For suspected pancreatic insufficiency due to known cystic fibrosis, see: **(PEDAB-16)** and **(PEDCH-5.1)**
  - For suspected pancreatic cancer, see: **Pancreatic Cancer – Suspected/ Diagnosis (ONC-13.2)**

Background and Supporting Information

- Exocrine pancreatic insufficiency (EPI) reflects reduced pancreatic enzymes with resulting maldigestion/malabsorption. When intraduodenal levels of lipase fall below 5-10% of normal output, individuals may manifest with abdominal pain, bloating/ cramping, flatulence, and progressive steatorrhea.

Evidence Discussion

Fecal elastase is the most appropriate initial test for exocrine pancreatic insufficiency (EPI) with a level <100 ug/g of stool providing good evidence of EPI, and levels of 100-200 ug/g being indeterminate for EPI. It is an indirect measurement that is simple, noninvasive, and relatively non-expensive. While direct measurements of pancreatic secretions in to the duodenum are accurate, they are invasive, time-consuming and a more significant burden to the patient than this indirect test.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Quantitative fecal fat testing is generally not practical for routine clinical use.

While cross-sectional imaging methods such as CT and MRI/MRCP cannot be used to solely identify EPI, they play an important role in the diagnosis of both benign and malignant pancreatic disease, and can also identify gross pancreatic structural changes. Cross-sectional imaging is thus useful for diagnosing underlying pancreatic disease as well as abnormalities that may support an EPI diagnosis.

EPI develops in more than half of patients with chronic pancreatitis, 27-62% of patients with relapsing acute pancreatitis, 85% of patients with cystic fibrosis, and 50-92% of patients with unresectable pancreatic ductal adenocarcinoma. It is seen in 40-50% of patients with resectable pancreatic ductal adenocarcinoma before treatment and 65% after treatment. It should thus be suspected in these patients.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Asymptomatic Elevation of Pancreatic Enzymes (AB-33.4)

AB.PX.0033.4.A
v2.0.2025

- If there is the incidental elevation of amylase or lipase:
  - If isolated amylase elevation, prior to imaging, the source of the elevation should be confirmed as pancreatic by the performance of amylase isoenzymes demonstrating that the source is not salivary, or the absence of macroamylase should be ascertained by blood test.
  - If the lipase is elevated alone or in combination with an elevated amylase, or If the amylase is confirmed as pancreatic in origin:
    - Abdominal Ultrasound can be performed initially.
    - If US is inconclusive, nondiagnostic, or the elevated pancreatic enzymes persist:
      - MRI/MRCP can be performed (CPT® 74183). Note: It is best performed as a secretin-stimulation test in this setting.
      - Note: CT Abdomen (pancreatic protocol, CPT® 74160) can be performed if there is a contraindication to MRI.
  - If the pancreatic enzyme elevation persists at one year, either of the above studies can be repeated.

Evidence Discussion

Abdominal imaging is required for the differential evaluation of elevated serum amylase and/or lipase levels and can confirm the diagnosis of acute pancreatitis. Biliary duct dilation and stone disease are readily apparent on an ultrasound, which should be performed as the initial imaging study.

When ultrasound results are inconclusive due to overlying bowel gas or other patient factors, or when amylase and/or lipase levels remain elevated, CT or MRI should be considered as the next step. Although contrast-enhanced CT offers over 90% sensitivity and specificity in diagnosing acute pancreatitis, its routine use is not recommended since the diagnosis is clear in many patients who typically experience a mild, uncomplicated course.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

References (AB-33)

v2.0.2025

1. Imaging Assessment of Etiology and Severity of Acute Pancreatitis. The Pancreapedia: Exocrine Pancreas Knowledge Base. doi:10.3998/panc.2016.31.
2. Foster BR, Jensen KK, Bakis G, Shaaban AM, Coakley FV. Revised Atlanta Classification for Acute Pancreatitis: A Pictorial Essay—Erratum. *RadioGraphics*. 2019;39(3):912-912. doi:10.1148/rg.2019194003.
3. ACR Appropriateness Criteria: Acute Pancreatitis. Rev. 2019.
4. Greenberg JA, Hsu J, Bawazeer M, et al. Clinical practice guideline: management of acute pancreatitis. *Canadian Journal of Surgery*. 2016;59(2):128-140. doi:10.1503/cjs.015015.
5. Testoni PA. Acute recurrent pancreatitis: Etiopathogenesis, diagnosis and treatment. *World Journal of Gastroenterology*. 2014;20(45):16891. doi:10.3748/wjg.v20.i45.16891.
6. Pan G, Wan MH, Xie K-L, et al. Classification and Management of Pancreatic Pseudocysts. *Medicine*. 2015;94(24). doi:10.1097/md.0000000000000960.
7. Oconnor OJ, Buckley JM, Maher MM. Imaging of the Complications of Acute Pancreatitis. *American Journal of Roentgenology*. 2011;197(3). doi:10.2214/ajr.10.4339.
8. Conwell DL, Lee LS, Yadav D, et al. American Pancreatic Association Practice Guidelines in Chronic Pancreatitis. *Pancreas*. 2014;43(8):1143-1162. doi:10.1097/mpa.0000000000000237.
9. Löhr JM, Dominguez-Munoz E, Rosendahl J, et al. United European Gastroenterology evidence-based guidelines for the diagnosis and therapy of chronic pancreatitis (HaPanEU). *United European Gastroenterology Journal*. 2017;5(2):153-199. doi:10.1177/2050640616684695.
10. Forsmark CE. Management of Chronic Pancreatitis. *Gastroenterology*. 2013;144(6). doi:10.1053/j.gastro.2013.02.008.
11. Duggan SN, Chonchubhair HMN, Lawal O, O'Connor DB, Conlon KC. Chronic pancreatitis: A diagnostic dilemma. *World Journal of Gastroenterology*. 2016;22(7):2304-2313. doi:10.3748/wjg.v22.i7.2304.
12. Conwell DL, Wu BU. Chronic Pancreatitis: Making the Diagnosis. *Clinical Gastroenterology and Hepatology*. 2012;10(10):1088-1095. doi:10.1016/j.cgh.2012.05.015.
13. Gardner TB, Adler DG, Forsmark CE, Sauer BG, Taylor JR, Whitcomb DC. ACG Clinical Guideline: Chronic Pancreatitis. The American Journal of Gastroenterology. 2020;115(3):322-339. doi:10.14309/ajg.0000000000000535.
14. Capurso G, Traini M, Piciucchi M, Signoretti M, Arcidiacono PG. Exocrine pancreatic insufficiency: prevalence, diagnosis, and management. *Clin Exp Gastroenterol*. 2019;12:129-39. doi:10.2147/CEG.S168266.
15. Forsmark CE. Diagnosis and management of exocrine pancreatic insufficiency. *Curr Treat Options Gastroenterol*. 2018;16(3):306-315. doi:10.1007/s11938-018-0186-y.
16. Singh VK, Yadav D, Garg PK. Diagnosis and management of chronic pancreatitis: a review. *JAMA*. 2019;322(4):2422-34. doi:10.1001/jama.2019.19411.
17. Durie P, Baillargeon J-D, Bouchard S, Donnellan F, Zepeda-Gomez S, Teshima C. Diagnosis and management of pancreatic exocrine insufficiency (PEI) in primary care: consensus guidance of a Canadian expert panel. *Curr Med Res Opin*. 2018;34(1):25-33. doi:10.1080/03007995.2017.1389704.
18. Lohr J, Oliver M, Frulloni L. Synopsis of recent guidelines on pancreatic exocrine insufficiency. *United European Gastroenterol J*. 2013;1(2):79-83. doi:10.1177/2050640613476500.
19. Gonoi W, Hayashi TY, Hayashi N, Abe O. Association between chronic asymptomatic pancreatic hyperenzynemia and pancreatic ductal anomalies: a magnetic resonance cholangiopancreatography study. *Abdom Radiol (NY)*. 2019;44(2):2494-2500. doi:10.1007/s00261-019-02004-4.
20. Mariani A. Chronic asymptomatic pancreatic hyperenzynemia: is it a benign anomaly or a disease? *JOP: Journal of the Pancreas*. 2010;11(2):95-8. doi:10.6092/1590-8577/3840.
21. Tenner S, Vege SS, Sheth SG, et al. American College of Gastroenterology guidelines: management of acute pancreatitis. *Am J Gastroenterol*. 2024;119:419-437. doi:10.14309/ajg.0000000000002645.
22. Banks PA, Bollen TL, Dervenis C, et al. Classification of acute pancreatitis – 2012: revision of Atlanta classification and definitions by international consensus. *Gut*. 2013;62:102-111.
23. Al-Haddad M, Wallace MB. Diagnostic approach to patients with acute idiopathic pancreatitis, what should be done? *World J Gastroenterol*. 2008;14:1007–1010.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Spleen (AB-34)

Guideline

Spleen (AB-34.1)
Trauma – Spleen (AB-34.2)
References (AB-34)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Spleen (AB-34.1)

AB.SP.0034.1.A
v2.0.2025

- Incidental splenic findings on US:
  - CT Abdomen (CPT® 74170) or MRI Abdomen (CPT® 74183) can be obtained.
- Incidental splenic findings on CT or MRI:
  - Imaging is diagnostic of a benign lesion (simple cyst, hemangioma) or characteristics are benign-appearing (homogeneous, low attenuation, no enhancement, smooth margins):
    - No follow-up imaging
  - Imaging characteristics are not diagnostic:
    - Prior imaging available:
      - One year stability: no follow up imaging
      - Lack of stability: consider MRI if not done, biopsy, or PET/CT (CPT® 78815).
    - No prior imaging:
      - No known malignancy:
        - Suspicious imaging features: (suggesting possible malignancy)
          - MRI Abdomen (CPT® 74183) if not already done or biopsy
          - If MRI still inconclusive and biopsy is not feasible then PET/CT (CPT® 78815) can be considered.
        - Indeterminate imaging features: (equivocal but not suspicious for malignancy)
          - Follow up MRI Abdomen (CPT® 74183) in 6 and 12 months.
      - Known malignancy:
        - <1 cm: follow up MRI Abdomen (CPT® 74183) in 6 and 12 months.
        - ≥1 cm: consider MRI Abdomen (CPT® 74183) if not done, biopsy
          - If MRI still inconclusive and biopsy is not feasible then PET/CT (CPT® 78815) can be considered.
        - (See diagnosis-specific in the *Oncology Imaging Guidelines*).
- Clinically detected splenomegaly
  - Abdominal US (CPT® 76700 or CPT® 76705) should be the first imaging study to evaluate splenic size.
  - If splenomegaly is confirmed, the following evaluation is indicated prior to advanced imaging:
    - CBC, evaluation of the peripheral blood smear, LFTs, UA, chest x-ray, HIV testing.
      - CT Abdomen without and with contrast or with (CPT® 74170 or CPT® 74160) can be performed if the etiology of the splenomegaly remains unexplained.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

    - MRI Abdomen (CPT® 74183) can be considered for pregnant patients, or individuals with iodinated contrast allergy.
  - Nuclear medicine imaging of the liver/spleen (CPT® 78201, CPT® 78202, CPT® 78803, CPT® 78215, CPT® 78216, or CPT® 78830) is rarely performed, but can be considered if CT and MRI are contraindicated, as well as for evaluation of an accessory spleen.

Background and Supporting Information

Our current guidelines are consistent with ACR recommendations for the follow-up of incidental splenic masses. It is noteworthy, however, that a recent study from Beth Israel Deaconess Medical Center in which the authors retrospectively reviewed 379 patients who were found to have an incidental splenic mass on CT found that in patients without a history of malignancy, constitutional symptoms of fever or weight loss, or left upper quadrant or epigastric pain (205/379) there were 2 incidences of malignancy. However, in both of these cases the splenic masses were neither isolated nor indeterminate findings as the CTs demonstrated disease in other locations. An isolated splenic malignancy (which can occur but is very rare) was found only in 2 patients and both of these had constitutional symptoms. Thus, the authors claim that “the isolated and incidentally found splenic mass is of unlikely clinical significance, regardless of its appearance”, They concluded that “in patients with an incidental splenic mass identified at imaging and with the absence of a history of malignancy, fever, weight loss, or pain in the left upper quadrant or epigastrium, such masses are highly likely to be benign regardless of their appearance. Additional imaging or follow-up is not warranted, even if the mass does not show the appearance of simple cyst. Further work-up is only needed if the splenic mass is seen in conjunction with other findings worrisome for malignancy”. These authors challenge the use of the ACR guidelines.

Evidence Discussion

- Splenomegaly is usually the result of systemic disease, and diagnostic studies should be directed toward identifying the etiology. Ultrasound is the preferred modality for documentation of splenomegaly found on physical exam. If the etiology of the splenomegaly is determined (benign or malignant), follow-up imaging would be addressed relative to that disease process.
- The accuracy, cost-effectiveness, and lack of radiation make abdominal ultrasonography a first-line step for confirmation of size.
- Both CT and MRI are valid studies for initial evaluation and follow-up of indeterminate splenic lesions due to the non-specific hypoechogenicity found on ultrasound. These should be performed both with and without contrast to improve diagnosis of a solid organ lesion. Nuclear medicine imaging is rarely needed but has a role in detection of accessory splenic lesions.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

- There is no evidence-based data supporting the use of serial CT or MRI scans to monitor individuals with incidental splenic lesions that have benign characteristics or lesions that are stable after one year.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Trauma – Spleen (AB-34.2)

AB.SP.0034.2.A

v2.0.2025

- Ultrasound Abdomen (CPT® 76700 or CPT® 76705) and Pelvis (CPT® 76856 or CPT® 76857) or CT[3,4,5] Abdomen and Pelvis without and with contrast (CPT® 74178) or with contrast (CPT® 74177) for ANY of the following:
  - Blunt abdominal trauma with suspected splenic rupture, or
  - Suspected post-procedural injury, or
  - Individuals with penetrating trauma to the left upper quadrant. See: **Blunt Abdominal Trauma (AB-10)**

Background and Supporting Information

Splenomegaly is usually the result of systemic disease, and diagnostic studies are directed toward identifying the causative disease. Complete blood count with differential, LFT's, and peripheral blood smear examination are often performed prior to considering advanced imaging. There is no evidence-based data to support performing serial CT or MRI to follow individuals with incidental splenic lesions.

Evidence Discussion

Spleen being a vascular organ, prompt diagnosis and management of potentially life-threatening bleeding is the primary goal. Emergency splenectomy remains a life-saving procedure; hence, the goal of imaging is to utilize abdominal imaging to determine injury to organs and vasculature with speed and accuracy. Thus, CT and ultrasound (US) are the primary imaging methods to determine splenic injury.

US is useful in trauma patients as it is able to rapidly determine the presence of fluid in peritoneal space. However, it cannot rule out injury to organs with accuracy.

CT scan has increased sensitivity and specificity for organ and vascular injury and for identifying patients a surgical approach. CT is highly sensitive for identifying significant intra-abdominal pathology (97 to 98 percent sensitivity and 97 to 99 percent specificity).

Although a noncontrast CT scan may demonstrate sub-capsular hematoma or hemoperitoneum, a contrast-enhanced CT is better able to demonstrate parenchymal and vascular injuries.

MRI is not recommended as an imaging study of choice because it is time-consuming to perform and is not as readily accessible as the imaging methods mentioned above (especially in hemodynamically unstable patients).

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (AB-34)

v2.0.2025

1. Heller M et. al. Managing Incidental Findings on Abdominal and Pelvic CT and MRI, Part 3. Journal of the American College of Radiology, Vol. 10, Issue 11, Pages 833-839, Nov. 2013.
2. Thut D et. al. A diagnostic approach to splenic lesions. Appl. Radiology 2017; 46 (2): 7-22(B)
3. Saboo SS, Krajewski KM, O'Regan KN, et al. Spleen in haematological malignancies: spectrum of imaging findings. *British Journal of Radiology*. 2012;85:81-92 2012.
4. Benter T, Klühs L, Teichgräber U. Sonography of the spleen. *J Ultrasound Med.* 2011;30:1281-93.
5. Killeen KL, Shanmuganathan K, Boyd-Kranis R, et al. CT findings after embolization for blunt splenic trauma. *J Vasc Interv Radiol.* Feb 2001;12(2):209-14.
6. Naulet P, Wassel J, Gervaise A, et al. Evaluation of the value of abdominopelvic acquisition without contrast injection when performing a whole body CT scan in a patient who may have multiple trauma. *Diagn Interv Imaging*. 2013;94(4):410-7.
7. Boscak AR, Shanmuganathan K, Mirvis SE, et al. Optimizing trauma multidetector CT protocol for blunt splenic injury: need for arterial and portal venous phase scans. *Radiology*. 2013;268(1):79-88.
8. Royal HD, Brown ML, Drum DE. Society of Nuclear Medicine Procedure guideline for hepatic and splenic imaging 3.0, version 3.0, approved July 20, 2003.
9. Siewert B, Millo NZ, Sahi K, et al. The incidental splenic mass at CT: does it need further work-up? An observational study. *Radiology*. 2018;287(1):156-166. doi:10.1148/radiol.2017170293.
10. Sommer A, Mendez AM. Splenomegaly: diagnosis and management in adults. *Am Fam Physician*. 2021;104(3):271-276.
11. Vanhoenacker FM, Op de Beeck B, De Schepper AM, et al. Vascular disease of the spleen. *Semin Ultrasound CT MR*. 2007;28:35–51.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Indeterminate Renal Lesion (AB-35)

Guideline

Indeterminate Renal Lesion – General Information (AB-35.0)
Indeterminate Renal Lesion (AB-35.1)
Pre-operative Assessment (AB-35.2)
References (AB-35)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Indeterminate Renal Lesion – General Information (AB-35.0)

AB.RL.0035.0.A
v2.0.2025

For acute flank pain, rule out renal stone, see: **Flank Pain, Rule Out or Known Renal/ Ureteral Stone (AB-4)**

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Indeterminate Renal Lesion (AB-35.1)

RL.AB.0035.1.A
v2.0.2025

- Incidental Renal Mass on Ultrasound
  - If categorized as simple cyst or Bosniak I or II, no further imaging.
  - Otherwise, CT Abdomen without and with contrast (CPT® 74170), MRI Abdomen without and with contrast (CPT® 74183), or Contrast-Enhanced Ultrasound (CPT® 76978 for one lesion, and CPT® 76979 if there are additional lesions).
- CT Abdomen without and with contrast (CPT® 74170) or MRI Abdomen without and with contrast (CPT® 74183) can be approved for further characterization if the original study reveals incomplete visualization of a renal lesion (for example, if only partially visualized on a CT Chest).
- Incidental Renal Mass on Non-Contrast CT
  - If characterized as heterogeneous (thick or irregular wall, mural nodule, septa, or calcification):
    - Considered indeterminate. MRI Abdomen without and with contrast (CPT® 74183) or CT Abdomen without and with contrast (CPT® 74170)
  - If characterized as homogeneous (thin or imperceptible wall, NO mural nodule, septa, or calcification):
    - 10 to 20 HU (Hounsfield units)
      - Likely benign, not fully characterized: no further work-up
    - 21 to 69 HU
      - Indeterminate: MRI or CT Abdomen without and with contrast (CPT® 74183 or CPT® 74170)
    - ≥70 HU
      - Hemorrhagic or proteinaceous cyst, unlikely to be neoplastic: no further work-up
  - If characterized as TSTC (too small to characterize) and homogeneous:
    - If labeled likely benign cyst, not fully characterized:
      - No further work-up
    - If labeled inconclusive based on subjective evaluation:
      - Considered indeterminate. MRI Abdomen without and with contrast (CPT® 74183) (preferred) or CT Abdomen without and with contrast (CPT® 74170) ideally within 6-12 months but no sooner than 6 months.
- Incidental Renal Mass on Contrast-Enhanced CT
  - If characterized as heterogeneous: thick or irregular wall, mural nodule, septa or calcification:

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

        - Considered indeterminate. MRI Abdomen without and with contrast (CPT® 74183) or CT Abdomen without and with contrast (CPT® 74170)
    - If characterized as homogeneous: thin or imperceptible wall, NO mural nodule, septa or calcification:
        - 10 to 20 HU
            - No further work-up
        - >20 HU (solid or complicated cystic mass)
            - Considered indeterminate. MRI Abdomen without and with contrast (CPT® 74183) or CT Abdomen without and with contrast (CPT® 74170)
    - If characterized as TSTC, homogeneous:
        - If labeled likely benign cyst, not fully characterized:
            - No further work-up
        - If labeled inconclusive based on subjective evaluation:
            - Considered indeterminate. MRI Abdomen without and with contrast (CPT® 74183) (preferred), or CT Abdomen without and with contrast (CPT® 74170) ideally within 6-12 months but no sooner than 6 months.
- Incidental cystic renal mass on CT or MRI without and with contrast (completely characterized, and does NOT contain fat)
    - Bosniak I (benign simple) or II (minimally complicated)
        - No further work-up
    - Bosniak IIF
        - CT Abdomen without and with contrast (CPT® 74170) or MRI Abdomen without and with contrast (CPT® 74183) at 6 and 12 months, then yearly for 5 years
        - If no changes for 5 years, cyst is considered benign and of no clinical significance
    - Bosniak III or IV should be referred for additional management or if chosen, active surveillance see: **Surveillance (ONC-17.4)** in the Oncology Imaging Guidelines
- Incidental solid renal mass or incidental mass too small to characterize evaluated on CT or MRI without and with contrast and does NOT contain fat
    - TSTC
        - If labeled likely benign cyst:
            - No further work-up
        - If labeled inconclusive based on subjective evaluation:
            - MRI Abdomen without and with contrast (CPT® 74183) (preferred), or CT Abdomen without and with contrast (CPT® 74170) ideally within 6-12 months but no sooner than 6 months.
    - If solid mass <1.0cm
        - MRI Abdomen without and with contrast (CPT® 74183) (preferred), or CT Abdomen without and with contrast (CPT® 74170) beginning at 6 months, then yearly for 5 years

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

        - If stable at 5 years (average growth ≤3mm per year): No further work-up
        - If mass shows growth (≥4mm per year) or morphologic change: refer for management, consider renal biopsy. If biopsy is technically challenging or relatively contraindicated, a T2 weighted image MRI Abdomen without and with contrast (CPT® 74183) can be performed
    - Solid mass 1.0-4.0cm:
        - Considered a small renal neoplasm: refer for management, consider biopsy. If biopsy is technically challenging or relatively contraindicated, a T2 weighted imaging MRI Abdomen without and with contrast (CPT® 74183) can be performed. If active surveillance chosen due to limited life expectancy or co-morbidities, see: **Surveillance (ONC-17.4)** in the Oncology Imaging Guidelines
    - Solid renal mass >4.0cm
        - Considered a renal neoplasm: refer for management, or biopsy. If biopsy is technically challenging or relatively contraindicated, a T2 weighted image MRI Abdomen without and with contrast (CPT® 74183) can be performed. If active surveillance chosen due to limited life expectancy or co-morbidities, see: **Surveillance (ONC-17.4)** in the Oncology Imaging Guidelines
- Incidental renal mass containing fat (contains a region of interest measuring <-10 HU on CT)
    - No calcification angiomyolipoma (AML)
        - Solitary and without documentation of growth:
            - <4cm: no further work-up
                - If no prior imaging study for comparison, one follow-up MRI Abdomen (CPT® 74183) or CT Abdomen (CPT® 74170) can be repeated in 6-12 months to assess for any growth.
            - ≥4cm, and considered an AML with potential for clinical symptoms: refer for management.
        - Multiple lesions or growth documented based on old studies:
            - Refer for management. If active surveillance chosen due to limited life expectancy or co-morbidities, see: **Surveillance (ONC-17.4)** in the Oncology Imaging Guidelines.
    - With calcification (suspected renal cell carcinoma):
        - CT Abdomen without and with contrast (CPT® 74170) or MRI Abdomen without and with contrast (CPT® 74183) if only a non-contrast CT has been performed. If active surveillance chosen due to limited life expectancy or co-morbidities, see: **Surveillance (ONC-17.4)** in the Oncology Imaging Guidelines.
- Active Surveillance: For all Active Surveillance indications, see: **Surveillance (ONC-17.4)** in the Oncology Imaging Guidelines

NOTE: PET/CT or PET/MRI are not recommended because their role evaluating the incidental renal mass is limited.[1]

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Bosniak Classification:

I- Benign simple cyst with a hairline thin wall without septa, calcification, or solid component. Homogeneous near-water attenuation density (10 to 20 HU) without enhancement.

II- Benign minimally complicated cyst that may contain a few hairline thin septa that may have “perceived” but not measurable enhancement. Fine calcification or a segment of slightly thickened calcification may be present in the wall or septa. Also, a well-marginated nonenhancing homogeneous mass <3cm with density above simple fluid attenuation (hyperdense cyst).

IIF- Usually benign complicated renal cyst with multiple hairline thin septa or minimal smooth thickening of the wall or septa. Wall or septa may contain thick and nodular calcification and may have “perceived” but not measurable enhancement. Also, a well-marginated intrarenal nonenhancing mass >3cm with density above simple fluid.

III -Indeterminate complicated cystic renal mass with thickened irregular walls or septa that have measurable enhancement.

IV-Malignant cystic renal mass with enhancing soft tissue components (cystic renal cell carcinoma).

From the Journal of the American College of Radiology[1]

Evidence Discussion

Advantages of Ultrasound includes universal availability, portability, and lack of ionizing radiation. Doppler ultrasound can distinguish between cystic and solid lesions, as well as characterize the quality, presence, and velocity of flow. Therefore, ultrasound can classify a lesion as either a simple cyst or a Bosniak I or II, eliminating the need for further imaging.

The American Urological Association recommends that patients with a solid or complex cystic renal mass obtain high quality, multiphase, cross-sectional abdominal imaging to optimally characterize any renal lesion seen on ultrasound, or found incidentally on other imaging studies or non-contrast enhanced abdominal imaging.

Advanced imaging techniques such as computer tomography (CT) and magnetic resonance imaging (MRI) offer excellent 3-dimensional resolution. CT scans expose patients to a significant dose of ionizing radiation; however, their rapid image acquisition reduces the potential for motion artifacts. In contrast, MRI provides better soft tissue contrast resolution than CT and does not involve ionizing radiation exposure. Yet, its longer imaging times make it prone to motion artifacts and may necessitate sedation. Additionally, MRIs are contraindicated for individuals with non-MRI compliant implants or ferromagnetic foreign bodies.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Pre-operative Assessment (AB-35.2)

RL.AB.0035.2.A
v2.0.2025

- Pre-operative assessment for robotic kidney surgery
  - If not previously performed:
    - CT Abdomen without and with contrast (CPT® 74170) OR
    - MRI Abdomen without and with contrast (CPT® 74183)
  - CTA Abdomen (CPT® 74175) or CTA Abdomen and Pelvis (CPT® 74174) OR
  - MRA Abdomen (CPT® 74185), or MRA Abdomen and Pelvis (CPT® 74185 and CPT® 72198)

Evidence Discussion

Advanced imaging techniques such as computer tomography (CT) and magnetic resonance imaging (MRI) offer excellent 3-dimensional resolution. CT scans expose patients to a significant dose of ionizing radiation; however, their rapid image acquisition reduces the potential for motion artifacts. In contrast, MRI provides better soft tissue contrast resolution than CT and does not involve ionizing radiation exposure. Yet, its longer imaging times make it prone to motion artifacts and may necessitate sedation. Additionally, MRIs are contraindicated for individuals with non-MRI compliant implants or ferromagnetic foreign bodies.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (AB-35)

v2.0.2025

1. Herts BR, Silverman SG, Hindman NM, et al. Management of the Incidental Renal Mass on CT: A White Paper of the ACR Incidental Findings Committee. *Journal of the American College of Radiology*. 2018;15(2):264-273. doi:10.1016/j.jacr.2017.04.028.
2. Finelli A, Ismaila N, Russo P. Management of Small Renal Masses: American Society of Clinical Oncology Clinical Practice Guideline Summary. *Journal of Oncology Practice*. 2017;13(4):276-278. doi:10.1200/jop.2016.019620**.**
3. Campbell S, Uzzo RG, Allaf ME, et al. Renal Mass and Localized Renal Cancer: AUA Guideline. *The Journal of Urology*. 2017;198(3):520-529. doi:10.1016/j.juro.2017.04.100.
4. Zhao PT, Richstone L, Kavoussi LR. Laparoscopic partial nephrectomy. *International Journal of Surgery*. 2016;36:548-553. doi:10.1016/j.ijsu.2016.04.028.
5. Lane BR, Campbell SC, Gill IS. 10-Year Oncologic Outcomes After Laparoscopic and Open Partial Nephrectomy. *Journal of Urology*. 2013;190(1):44-49. doi:10.1016/j.juro.2012.12.102.
6. Barr RG, Peterson C, Hindi A. Evaluation of Indeterminate Renal Masses with Contrast-enhanced US: A Diagnostic Performance Study. *Radiology*. 2014;271(1):133-142. doi:10.1148/radiol.13130161.
7. Nicolau C, Buñesch L, Paño B, et al. Prospective evaluation of CT indeterminate renal masses using US and contrast-enhanced ultrasound. *Abdominal Imaging*. 2014;40(3):542-551. doi:10.1007/s00261-014-0237-3.
8. Zarzour JG, Lockhart ME, West J, et al. Contrast-Enhanced Ultrasound Classification of Previously Indeterminate Renal Lesions. *Journal of Ultrasound in Medicine*. 2017;36(9):1819-1827. doi:10.1002/jum.14208.
9. Campell SC, Clark PE, Chang SS et al. Renal mass and localized renal cancer: evaluation, management, and follow-up: AUA guideline part I. *J Urol.* 2021;206:199.
10. Campbell SC, Uzzo RG, Karam JA, et al. Renal mass and localized renal cancer: evaluation, management, and follow-up: AUA guideline: part II. *J Urol.* 2021;206:209.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Renal Failure (AB-36)

Guideline

Renal Failure (AB-36.1)
References (AB-36)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Renal Failure (AB-36.1)

AB.RF.0036.1.A
v2.0.2025

- Ultrasound kidney and bladder (CPT® 76770 or CPT® 76775), preferably with Doppler (CPT® 93975 or CPT® 93976), is the preferred imaging study for the evaluation of acute or chronic renal failure[1].
- MRA Abdomen (CPT® 74185) can be utilized when there is suspected[1]:
  - renal vein/caval thrombosis
  - renal artery stenosis as cause of renal failure
  - MRA with contrast may be contraindicated in severe renal failure or patients on dialysis due to the risk of gadolinium agents in causing nephrogenic systemic sclerosis.
- CT Abdomen without contrast (CPT® 74150) is not needed except to rule out ureteral obstruction or retroperitoneal mass.[1]
- Nuclear renal imaging (CPT® 78701, CPT® 78707, CPT® 78708, CPT® 78709) can be considered for ANY of the following:[3,4]
  - Renal transplant follow-up
  - Kidney salvage vs. nephrectomy surgical decisions
  - Acute renal failure with no evidence of obstruction on recent ultrasound.
  - Chronic renal failure to estimate prognosis for recovery.
- Nuclear medicine studies of the kidney (CPT® 78700 or CPT® 78701) can be considered for evaluation of the following anatomic renal anomalies:[3]
  - Suspected horseshoe kidney
  - Suspected solitary or ectopic kidney

Evidence Discussion

The main role of imaging is to detect treatable causes of renal failure such as ureteral obstruction or renovascular disease and to evaluate renal size and morphology. Ultrasound is the modality of choice for initial imaging, with duplex Doppler reserved for suspected renal artery stenosis or thrombosis. ACR appropriateness criteria states that ultrasound contrast media are not nephrotoxic, ultrasound has the greatest diagnostic value in the detection of hydronephrosis, and ultrasound is highly sensitive for hydronephrosis and bladder distention. It also allows for evaluation of general information about the kidney such as size and shape. CT may be appropriate, particularly for urinary tract obstruction. CT is useful in determining the cause of hydronephrosis by demonstrating if mass or obstruction is present and at what level in the urinary tract. MRA is useful when renovascular causes of failure are suspected. MRA has shown to be able to detect renal artery stenosis. However, the use of iodinated

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

and gadolinium-based contrast should be evaluated critically depending on specific patient factors and cost-benefit ratio.

Tc-99m dimercaptosuccinic acid (DMSA) scintigraphy is ideal for functional renal cortical imaging and is most useful for detection of focal renal parenchymal abnormalities and scars in the setting of acute or chronic pyelonephritis or for differential renal function.

Tc-99m mercaptoacetyltriglycine (MAG3) is the most frequently used renal tubular agent, specifically to quantify renal tubular extraction.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (AB-36)

v2.0.2025

1. Papnicolaou N, Francis IR, Casalino DD, Arellano RS, et al. Expert Panel on Urologic Imaging. ACR Appropriateness Criteria® renal failure. American College of Radiology (ACR); 2008.
2. National Kidney Foundation. KDOQI Clinical Practice Guidelines for Chronic Kidney Disease: Evaluation, Classification, and Stratification. 2012. *Am J Kidney Disease*, 2002;39(2 Supp 1):S1-S266.
3. Kim C, Becker M, Grant F, et al., ACR–SPR Practice Guideline for the Performance of Renal Scintigraphy. Revised 2017. The American College of Radiology.
4. Expert Panel on Urologic Imaging. American College of Radiology Appropriateness Criteria – Renal Failure.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Renovascular Hypertension (AB-37)

Guideline

Renovascular Hypertension (AB-37.1)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Renovascular Hypertension (AB-37.1)

AB.37.1.A
v2.0.2025

- See: **Renovascular Hypertension/Renal Artery Stenosis (PVD-6.6)** in the Peripheral Vascular Disease Imaging Guidelines

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Polycystic Kidney Disease (AB-38)

Guideline

Polycystic Kidney Disease (AB-38.1)
References (AB-38)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Polycystic Kidney Disease (AB-38.1)

AB.PK.0038.1.A
v2.0.2025

- Retroperitoneal ultrasound[1] (CPT® 76770 or CPT® 76775) can be performed for:
  - suspected polycystic kidney disease
  - screening individuals at risk for autosomal dominant polycystic disease (ADPKD)
    - In the absence of any clinical change, follow-up screening is not indicated if a screening ultrasound was performed at age 40 or later and was negative for any cysts (The negative predictive value of an ultrasound in this age group is 100% for both PKD1 and PKD2, if no cysts are identified.).
    - If an initial ultrasound is negative for any cysts, a follow-up ultrasound can be performed at the discretion of the ordering provider for individuals <40 years of age.
- MRI Abdomen without contrast (CPT® 74181) can be performed:
  - if a cystic renal lesion is detected in an individual at-risk of PKD, for prognostic purposes
  - for volume averaging (Total Kidney Volume – TKV) prior to treatment for PKD (Jynarque, tolvaptan)
    - Optimal follow-up imaging intervals in this setting have not yet been established. Requests for follow-up imaging can be considered on a case-by-case basis.

Background and Supporting Information

- Ultrasound is very effective in establishing a diagnosis of ADPKD, though may miss early small cysts. However, the negative predictive value in the various age groups of a negative ultrasound is as follows:
  - ≥40: 100% for PKD1 and PKD2
  - 30-39: 100% for PKD1 and 96.8% for PKD2
  - 5-29: 99.1% for PKD1 and 83.5% for PKD2
- In addition, the preferable advanced imaging study is MRI Abdomen without contrast (CPT® 74181). This is because of the increased risk of gadolinium-induced nephrogenic fibrosis in individuals with PKD.

Evidence Discussion

Screening studies are important for individuals at risk for polycystic kidney disease, as well as imaging protocols to assess and monitor renal parenchyma and evolving cysts, which can predict patient outcomes.

Screening protocols that utilize ultrasonography, a readily available and safe imaging modality, can reliably quantify and characterize renal cysts, aiding in the diagnosis of

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

ADPKD. A negative ultrasound result has a high negative predictive value for excluding ADPKD.

After diagnosis, advanced imaging may be indicated to assess total kidney volume, and to characterize cystic renal lesions, such as before treatment/procedures.

Given the significant association with CKD, contrast (both gadolinium and iodine-based) would preferentially be avoided for both CT and MR. The choice of advanced imaging would typically be magnetic resonance imaging without contrast unless the benefits outweigh the risks.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (AB-38)

v2.0.2025

1. Chapman AB, Devuyst O, Eckardt K-U, et al. Autosomal-dominant polycystic kidney disease (ADPKD): executive summary from a Kidney Disease: Improving Global Outcomes (KDIGO) Controversies Conference. *Kidney International*. 2015;88(1):17-27. doi:10.1038/ki.2015.59.
2. Belibi FA, Edelstein CL. Unified Ultrasonographic Diagnostic Criteria for Polycystic Kidney Disease. *Journal of the American Society of Nephrology*. 2008;20(1):6-8. doi:10.1681/asn.2008111164.
3. Chebib FT, Torres VE. Autosomal Dominant Polycystic Kidney Disease: Core Curriculum 2016. *American Journal of Kidney Diseases*. 2016;67(5):792-810. doi:10.1053/j.ajkd.2015.07.037.
4. Gastel MDAV, Messchendorp AL, Kappert P, et al. T1 vs. T2 weighted magnetic resonance imaging to assess total kidney volume in patients with autosomal dominant polycystic kidney disease. *Abdominal Radiology*. 2017;43(5):1215-1222. doi:10.1007/s00261-017-1285-2.
5. Alam A, Dahl NK, Lipschutz JH, et al. Total Kidney Volume in Autosomal Dominant Polycystic Kidney Disease: A Biomarker of Disease Progression and Therapeutic Efficacy. *American Journal of Kidney Diseases*. 2015;66(4):564-576. doi:10.1053/j.ajkd.2015.01.030.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Hematuria and Hydronephrosis (AB-39)

Guideline

Hematuria with Urinary Tract Infection (UTI) (AB-39.1)
Asymptomatic Hematuria (AB-39.2)
Hematuria and Flank Pain (Suspicion for Renal/ureteral Stones) (AB-39.3)
Hydronephrosis of Unexplained or Indeterminate Cause[3, 4] (AB-39.4)
References (AB-39)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Hematuria with Urinary Tract Infection (UTI) (AB-39.1)

AB.HH.0039.1.A

v2.0.2025

- Individuals suspected to have a UTI as the etiology of microscopic hematuria should be treated for the UTI and should then undergo repeat urinalysis to confirm resolution of the hematuria. If the hematuria persists following treatment, proceed with the risk-based evaluation as per **Asymptomatic Hematuria (AB-39.2)**.
- Also see: **Urinary Tract Infection (UTI) (AB-40)** for additional imaging considerations.

Background and Supporting Information

- Signs and symptoms of UTI: urinary frequency, burning on urination, urgency, dysuria, positive urine leukocyte esterase, presence of WBCs in the urine, fever, elevated WBC as per the testing laboratory's range

Evidence Discussion

An individual who is diagnosed with microscopic hematuria, defined by the American Urological Association guidelines as 3 or more RBC/HPF, and is found to have a concomitant urinary tract infection should have a repeat urinalysis to confirm resolution of the hematuria based on the AUA guidelines.

If microscopic hematuria persists after treatment of the infection, the patient should undergo risk assessment based on the AUA guidelines which provide guidance on the use of advanced imaging.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Asymptomatic Hematuria (AB-39.2)

AB.HH.0039.2.A
v2.0.2025

- Microscopic hematuria is defined as ≥3 red blood cells per high power field. Hematuria is NOT defined as a positive dipstick. A positive dipstick should prompt a microscopic examination. A positive dipstick is not considered as defining microhematuria.
- Prior to imaging, individuals should be stratified into low, intermediate, or high risk, based on the following criteria[7]
  - Low risk (individual meets ALL criteria listed)
    - Women <50 years of age or Men <40 years of age
    - Never smoker or <10 pack years
    - 3-10 RBC/HPF on a single urinalysis
    - No additional risk factors for urothelial cancer:
      - Irritative lower urinary tract symptoms
      - Prior pelvic radiation therapy
      - Prior cyclophosphamide/ifosfamide chemotherapy
      - Family history of urothelial cancer or Lynch Syndrome
      - Occupational exposures to benzene chemicals or aromatic amines (e.g. rubber, petrochemicals, dyes)
      - Chronic indwelling foreign body in the urinary tract
  - Intermediate risk (individual meets any one of these criteria)
    - Women age 50-59 years, Men age 40-59 years
      - 10-30 pack years of smoking
      - 11-25 RBC.HPF on a single urinalysis
      - Low-risk individual with no prior evaluation and 3-10 RBC/HPF on repeat urinalysis
      - Any one of the Additional risk factors for urothelial cancer (see above)
  - High-risk (individual meets any one of these criteria)
    - Women or Men ≥60 years
    - >30 pack-years of smoking
    - >25 RBC/HPF on a single urinalysis
    - History of gross hematuria
- Low- or intermediate-risk individuals:
  - Renal ultrasound (combined with cystoscopy)
    - Note: Low-risk individuals may opt for observation with repeat urinalysis within 6 months. If no imaging was performed initially, and follow-up urinalysis reveals persistent hematuria with 3-10 RBC/HPF the individual may be imaged

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

according to Intermediate-Risk criteria. If >10 RBC/HPF, they should be imaged according to High-risk guidelines.

- High-risk individuals
  - CT Urogram (CPT® 74178) (3D imaging is appropriate if requested)
    - If CT is contraindicated, MR Urography may be performed (CPT® 74183 and 72197)
      - If both CT and MR are contraindicated due to contrast, non-contrast CT urography or renal ultrasound should be performed. See also: **Pregnancy Considerations for Imaging (AB-1.12)**.
- Persistent microscopic hematuria if previously evaluated by renal ultrasound
  - Imaging as per High-risk individuals above
- Hematuria in individuals with inherited risk factors for renal cortical tumors
  - Renal ultrasound or
  - CT Abdomen without and with contrast (CPT® 74170) or
  - MRI Abdomen without and with contrast (CPT® 74183)
  - Note: Inherited risk factors include:
    - Von-Hippel-Lindau
    - Birt-Hogg-Dube
    - Hereditary Papillary RCC
    - Hereditary Leiomyomatosis Renal Cell Cancer
    - Tuberous Sclerosis
- Follow-up
  - Individuals with a negative hematuria evaluation who undergo repeat urinalysis
    - If repeat urinalysis is negative:
      - No further workup
    - If repeat urinalysis demonstrates persistent hematuria
      - Repeat imaging as requested (Renal Ultrasound or CT urography)
- NOTE: 3-D Reconstruction enhances a CT Urogram. Requests for 3-D reconstruction (CPT® 76377 or 76376) for a CT Urogram can be approved.

Evidence Discussion

- Low-risk patients with microscopic hematuria may opt for a repeat urinalysis prior to proceeding to a workup. Intermediate-risk and high-risk patients should undergo a workup with upper and lower tract imaging.
  - Upper tract imaging with renal ultrasound is the standard for low and intermediate patients given the overall low rate of malignancy detected in patients with microscopic hematuria. Renal ultrasound is noninvasive, readily available, and carries no risk of ionizing radiation while demonstrating a high sensitivity for renal masses and hydronephrosis.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

  - Upper tract imaging for high risk patients should include advanced imaging with urography (CT with/without contrast is preferred with associated 3D rendering if requested). MR Urogram (MR Abdomen and Pelvis with/without contrast) can be performed if CT is contraindicated.
  - Patients with severe renal dysfunction, dye allergy, or other reasons where both CT and MRI are contraindicated should undergo renal ultrasound or non-contrast CT paired with retrograde pyelography.
- Individuals with microhematuria with family history of renal cell carcinoma or known genetic renal tumor syndrome should undergo upper tract imaging (renal ultrasound, CT or MR Urography) regardless of risk category.
- An individual with previous negative workup with persistent microscopic hematuria may undergo repeat upper tract imaging.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Hematuria and Flank Pain (Suspicion for Renal/ureteral Stones) (AB-39.3)

AB.HH.0039.3.A

v2.0.2025

- CT Abdomen and Pelvis without contrast (CPT® 74176) or CT Urogram (CPT® 74178)
- NOTE:
  - 3-D Reconstruction enhances a CT Urogram. Requests for 3-D reconstruction (CPT® 76377 or CPT® 76376) for a CT Urogram can be approved.
  - US abdomen or retroperitoneum can be performed in lieu of a CT for any of the above indications

Evidence Discussion

- Individuals with flank pain presenting with either microscopic or gross hematuria should undergo advanced imaging with CT of the abdomen and pelvis.
  - The choice of contrast is at the discretion of the provider and may differ for individuals with previous history or high risk of nephrolithiasis and individuals with a higher risk of malignancy.
  - 3D reconstruction of CT Urography may be performed as requested.
  - Alternatively, the provider may request abdominal or retroperitoneal ultrasound in lieu of a CT initially.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Hydronephrosis of Unexplained or Indeterminate Cause[3, 4] (AB-39.4)

AB.HH.0039.4.A
v2.0.2025

- CT Urogram (CPT® 74178)
- NOTE:
  - 3-D Reconstruction enhances a CT Urogram. Requests for 3-D reconstruction (CPT® 76377 or CPT® 76376) for a CT Urogram can be approved.
  - US abdomen or retroperitoneum can be performed in lieu of a CT for any of the above indications
- Individuals with known uncomplicated hydronephrosis, neurogenic bladder, myelomeningocele (open spinal dysraphism), or spina bifida can have follow-up/ surveillance imaging with Retroperitoneal Ultrasound (CPT® 76770) every 6 to 12 months.

Evidence Discussion

- A new diagnosis of hydronephrosis without a known cause should undergo further workup. Advanced imaging with CT Urography with 3D reconstruction may be performed if requested to evaluate the course of the urinary tract for obstruction.
- Alternatively, the provider may request abdominal or retroperitoneal ultrasound in lieu of a CT initially.
- Patients with known chronic, uncomplicated hydronephrosis or patients with neurogenic bladder (spina bifida or other neurologic conditions) may undergo surveillance imaging with retroperitoneal ultrasound every 6-12 months to monitor for progression or development of hydronephrosis to prevent renal deterioration.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

References (AB-39)

v2.0.2025

1. Ramchandani P, Kisler T, Francis IR, Casalino DD, et al. Expert Panel on Urologic Imaging. ACR Appropriateness Criteria® hematuria. American College of Radiology (ACR); 2014.
2. Cohen RA, Brown RS. Microscopic hematuria. New England Journal of Medicine, 2003; 348:2330-2338.
3. Kolbeck K, Ray C Jr, Lorenz J, et al. Expert Panel on Interventional Radiology. ACR Appropriateness Criteria® radiologic management of urinary tract obstruction. American College of Radiology (ACR); 2013.
4. Expert Panel on Urologic Imaging. ACR Appropriateness Criteria® acute onset flank pain - suspicion of stone disease (urolithiasis). American College of Radiology (ACR), 2015:11.
5. Raman SP, Horton KM, Fishman EK. MDCT Evaluation of Ureteral Tumors: Advantages of 3D Reconstruction and Volume Visualization. *American Journal of Roentgenology*. 2013;201(6):1239-1247. doi:10.2214/ajr.13.10880.
6. Coplen D. Diagnosis, Evaluation and Follow-Up of Asymptomatic Microhematuria (AMH) in Adults: AUA Guideline. *Yearbook of Urology*. 2013;2013:1-2. Reviewed and Validity Confirmed 2016 doi:10.1016/j.yuro.2013.07.019.
7. Georgieva MV, Wheeler SB, Erim D, et al. Comparison of the Harms, Advantages, and Costs Associated With Alternative Guidelines for the Evaluation of Hematuria. *JAMA Internal Medicine*. 2019;179(10):1352. doi:10.1001/jamainternmed.2019.2280.
8. Barocas D, Boorjian S, Alvarez R, et. al. Microhematuria: AUA/SUFU guideline. *J Urol*. 2020;204:778.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Urinary Tract Infection (UTI) (AB-40)

Guideline

Urinary Tract Infection (AB-40.0)
Upper (Pyelonephritis) (AB-40.1)
Lower (AB-40.2)
References (AB-40)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Urinary Tract Infection (AB-40.0)

AB.UT.0040.0.A
v2.0.2025

These guidelines refer to UTI without Hematuria.

For UTI with Hematuria, see: **Hematuria and Hydronephrosis (AB-39)**

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Upper (Pyelonephritis) (AB-40.1)

AB.UT.0040.1.A

v2.0.2025

- CT Abdomen and Pelvis without and with contrast (CPT® 74178) or CT Abdomen and Pelvis with contrast (CPT® 74177) if[1]:
  - suspected complicated: diabetes, immune-compromised, history of stones, prior renal surgery, or fever ≥101 F (≥38.5 C)
  - not responding to therapy after 3 days
  - recurrent pyelonephritis (at least 1 prior pyelonephritis)
  - males with first time UTI, or recurrent UTI without etiology
- MRI Abdomen without or with and without contrast (CPT® 74181 or CPT® 74183)
  - Elevated creatinine
- Pregnant individuals should be evaluated initially by renal ultrasound[2] (CPT® 76770 or CPT® 76775) and if further imaging is necessary, MRI Abdomen and Pelvis[3] without contrast (CPT® 74181 and CPT® 72195).

Evidence Discussion

- Pyelonephritis is a clinical diagnosis and advanced imaging is often not beneficial according to guidance from the American College of Radiology and the American Urological Association, as a majority of patients will clinically improve with appropriate antibiotic therapy.
- Advanced imaging may be indicated with contrasted CT (urography if requested) in patients with complicated clinical pictures which may include immunocompromised patients or those with diabetes mellitus, history of nephrolithiasis, prior renal surgery, or those with fever. All males with urinary tract infection are considered to have a complicated urinary tract infection and thus advanced imaging may be considered.
- Alternative imaging with MRI of the abdomen and pelvis with and without contrast may be performed if renal dysfunction is present.
- If an individual is unresponsive to therapy after 3 days, or if there is at least one prior episode of pyelonephritis, advanced imaging may be indicated. Pregnant patients are considered high risk for complications from pyelonephritis, however first line imaging should be with renal ultrasound to avoid ionizing radiation exposure. If further imaging is felt necessary, MRI of the abdomen and pelvis without contrast may be performed.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Lower (AB-40.2)

AB.UT.0040.2.A
v2.0.2025

- CT Abdomen and Pelvis without and with contrast (CPT® 74178) if[3]:
  - suspected complicated: diabetes or immunocompromised or history of stones or prior renal surgery, or fever ≥101 F (≥38.5 C)
  - not responding to therapy after 3 days
  - males with first time UTI or recurrent UTI without etiology
  - recurrent UTI ≥3 per year
  - recommendation by or in consultation with a urologist or specialist
- MRI Abdomen and MRI Pelvis without or with and without contrast (CPT® 74181 and CPT® 72195 or CPT® 74183 and CPT® 72197) can be approved if requested when ALL of the following apply:
  - Criteria (as above) for CT Abdomen and Pelvis without and with contrast are met, AND
  - Elevated creatinine
- See: **Periurethral Cysts and Urethral Diverticula (PV-13)** in the Pelvis Imaging Guidelines

Evidence Discussion

- Advanced imaging for a lower urinary tract infection is not beneficial in most clinical scenarios according to guidance from the American College of Radiology and the American Urological Association, as few patients with cystitis will progress to an upper urinary tract infection.
- CT of the abdomen and pelvis with and without contrast may be indicated in the context of a complicated urinary tract infection, recurrent urinary tract infections (greater than 3 episodes in one year), or if recommended by a urologist or specialist.
- Complicated urinary tract infections may include immunocompromised patients or those with diabetes mellitus, history of nephrolithiasis, prior renal surgery, or those with fever. All males with urinary tract infection are considered to have a complicated urinary tract infection and thus advanced imaging may be considered.
- Alternative imaging with MRI of the abdomen and pelvis with and without contrast may be performed if renal dysfunction is present.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (AB-40)

v2.0.2025

1. Expert Panel on Urologic Imaging. ACR Appropriateness Criteria® acute pyelonephritis. American College of Radiology (ACR); 2012.
2. Delzell JE, Lefevre ML. Urinary tract infections during pregnancy. *American Family Physician*, 2000;61(3):713-720.
3. Lazarus E, Casalino DD, Remer EM, Arellano RS, et al. Expert Panel on Urologic Imaging. ACR Appropriateness Criteria® recurrent lower urinary tract infection in women. American College of Radiology (ACR); 2014.
4. Davis R, Jones JS, Barocas DA, et al. Diagnosis, Evaluation and Follow-Up of Asymptomatic Microhematuria (AMH) in Adults: AUA Guideline. *Journal of Urology*. 2012;188(6s):2473-2481. doi:10.1016/j.juro.2012.09.078.
5. Silverman SG, Leyendecker JR, Amis ES. What Is the Current Role of CT Urography and MR Urography in the Evaluation of the Urinary Tract? *Radiology*. 2009;250(2):309-323. doi:10.1148/radiol.2502080534.
6. Hooton TM. Uncomplicated Urinary Tract Infection. *New England Journal of Medicine*. 2012;366(11):1028-1037. doi:10.1056/nejmcp1104429.
7. Suskind AM, Saigal CS, Hanley JM, Lai J, Setodji CM, Clemens JQ. Incidence and Management of Uncomplicated Recurrent Urinary Tract Infections in a National Sample of Women in the United States. *Urology*. 2016;90:50-55. doi:10.1016/j.urology.2015.11.051.
8. Gupta K, Hooton TM, Naber KG, et al. International Clinical Practice Guidelines for the Treatment of Acute Uncomplicated Cystitis and Pyelonephritis in Women: A 2010 Update by the Infectious Diseases Society of America and the European Society for Microbiology and Infectious Diseases. *Clinical Infectious Diseases*. 2011;52(5). doi:10.1093/cid/ciq257.
9. Anger J, Lee U, Ackerman AL, et al. Recurrent Uncomplicated Urinary Tract Infections in Women: AUA/CUA/SUFU Guideline. *Journal of Urology*. 2019;202(2):282-289. doi:10.1097/ju.0000000000000296.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Patent Urachus (AB-41)

Guideline

Patent Urachus (AB-41.1)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Patent Urachus (AB-41.1)

AB.41.1.A
v2.0.2025

See: **Patent Urachus (PV-23.1)** in the Pelvis Imaging Guidelines

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Transplant (AB-42)

Guideline

Liver Transplant, Pre-Transplant (AB-42.1)
Liver Transplant, Living Donor Pre-Transplant Imaging (Donor Imaging) (AB-42.2)
Liver Transplant, Post-Transplant Imaging (AB-42.3)
Post-Transplant Lymphoproliferative Disorder (PTLD) (AB-42.4)
Kidney Transplant, Pre-Transplant Imaging Studies (AB-42.5)
Kidney Transplant, Post-Transplant (AB-42.6)
Heart Transplant (AB-42.7)
References (AB-42)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Liver Transplant, Pre-Transplant (AB-42.1)

AB.TX.0042.1.A
v2.0.2025

- Individuals **WITHOUT hepatocellular carcinoma (HCC)** referred to a transplant center for liver transplant evaluation can undergo advanced imaging as follows:
  - Per the transplant institution's protocol, OR
  - Per the studies and intervals listed below:

Imaging Study	Interval	Comments
Both of the following US studies: ◦ Abdominal US (CPT® 76700 or CPT® 76705) and ◦ Doppler (CPT® 93975)	◦ Every 6 months	
ONE of the following abdomen/pelvis advanced imaging studies: ◦ CT Abdomen (CPT® 74160 or CPT® 74170) ◦ MRI Abdomen (CPT® 74183)	◦ Annually ▪ Individuals with known cholangiocarcinoma may have more frequent repeat of studies at left per institution's protocol	
Additional abdomen/ pelvis advanced imaging, for individuals on the transplant list with known Primary Sclerosing Cholangitis (PSC): ◦ MRCP (See: **MRCP (AB-27.1)** for acceptable CPT® codes)	◦ Per the transplant institution's protocol	

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Imaging Study	Interval	Comments
◦ CT Chest with or without contrast (CPT® 71260 or CPT® 71250)	◦ One-time ▪ Individuals with known cholangiocarcinoma may have more frequent repeat of studies at left per institution's protocol	◦ Repeat studies based on clinical indications per **Chest Imaging Guidelines**
ONE of the following: ◦ MRI Bone Marrow Blood Supply (CPT® 77084) or ◦ Bone scan (CPT® 78306)	◦ One-time	
Echocardiography with ONE of the following: ◦ CPT® 93306 (preferred) ◦ CPT® 93307 ◦ CPT® 93308	◦ Annually	See: **CD-2.1**, **CD-2.2** for descriptions of CPTs or further indications
CT Coronary angiography (CCTA) (CPT® 75574)	◦ Annually	See: **CD-4.1**, **CD-4.3**, **CD-4.4** for descriptions of CPTs or further indications
Stress imaging in place of but not in addition to CT Coronary angiography (CCTA) - ONE of the following: ◦ CPT® 93350 ◦ CPT® 93351 ◦ CPT® 78452 ◦ CPT® 75563 ◦ CPT® 78492 ◦ CPT® 78431	◦ Annually	See: **CD-1.6**, **CD-2.6**, **CD-3.1**, **CD-5.1**, **CD-6.1**, **CD-6.2** for descriptions of CPTs or further indications

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Imaging Study	Interval	Comments
For individuals with systemic amyloidosis: ◦ Cardiac MRI – ONE of the following: ▪ CPT® 75557 ▪ CPT® 75561 ◦ If Cardiac MRI is contraindicated or indeterminate, ONE of the following SPECT studies may be performed: ▪ CPT® 78803 ▪ CPT® 78830	◦ One-time	See: **CD-5.1**, **CD-5.2**, **CD-3.7**, **CD-3.8** for descriptions of CPTs or further indications
If required to further assess CAD seen on a recent CCTA that is of uncertain physiologic significance, CT-FFR (Noninvasive estimated coronary fractional flow reserve derived from coronary computed tomography angiography) with ONE of the following: ◦ CPT® 0501T ◦ CPT® 75580	◦ One-time	See: **CD-4.1**, **CD-4.5** for descriptions of CPTs or further indications

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Imaging Study	Interval	Comments
In place of CT Coronary angiography or stress imaging for initial pre-transplant evaluation, OR If CT Coronary angiography and/or CT-FFR or stress imaging is abnormal WITH addition of right heart catheterization if requested for evaluation of pulmonary hypertension: ◦ Left heart catheterization or left and right heart catheterization with ONE of the following: ▪ CPT® 93458 ▪ CPT® 93454 ▪ CPT® 93460 ▪ CPT® 93456 ◦ Or if prior CABG, with ONE of the following: ▪ CPT® 93459 ▪ CPT® 93455 ▪ CPT® 93461 ▪ CPT® 93457	◦ One-time	Repeat studies as per **CD-7.1**, **CD-7.3.5**, **CD-7.4.2**, **CD-7.5** for descriptions of CPTs or further indications
ONE of the following, for vascular evaluation in anticipation of transplant: ◦ CTA (CPT® 74175) ◦ MRA Abdomen (CPT® 74185)	◦ One-time	

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Imaging Study	Interval	Comments
ANY of the following may be performed immediately prior to transplant: ◦ Abdominal US (CPT® 76700 or CPT® 76705) AND Doppler (CPT® 93975) ◦ CT Abdomen (CPT® 74160 or CPT® 74170) OR MRI Abdomen (CPT® 74183) ◦ CT Abdomen and Pelvis (CPT® 74177) or CT Pelvis (CPT® 72193) ◦ CTA (CPT® 74175) OR MRA Abdomen (CPT® 74185)	◦ Once, immediately prior to transplant	

- Individuals **WITH hepatocellular carcinoma (HCC)** referred to a transplant center for liver transplant evaluation can undergo advanced imaging as follows:
  - Per the transplant institution's protocol, OR
  - Per the studies and intervals listed below:

Imaging Study	Interval	Comments
Both of the following US studies: ◦ Abdominal US (CPT® 76700 or CPT® 76705) and ◦ Doppler (CPT® 93975)	◦ Every 6 months	

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Imaging Study	Interval	Comments
ONE of the following abdomen/pelvis advanced imaging studies: ◦ CT Abdomen (CPT® 74160 or CPT® 74170) ◦ MRI Abdomen (CPT® 74183)	◦ Every 3 months ▪ Can be approved at interval as requested according to the transplant center's protocol for waitlisted individuals under active locoregional therapy to control tumor growth (i.e., tumor ablation)	
◦ CT Chest with contrast (CPT® 71260)	◦ Every 6 months ▪ Can be approved at interval as requested according to the transplant center's protocol for waitlisted individuals under active locoregional therapy to control tumor growth (i.e., tumor ablation)	
◦ Bone Scan (CPT® 78306)	◦ Every 6 months	
Echocardiography with ONE of the following: ◦ CPT® 93306 (preferred) ◦ CPT® 93307 ◦ CPT® 93308	◦ Annually	See: **CD-2.1**, **CD-2.2** for descriptions of CPTs or further indications
CT Coronary angiography (CCTA) (CPT® 75574)	◦ Once in 3 years	See: **CD-4.1**, **CD-4.3**, **CD-4.4** for descriptions of CPTs or further indications

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Imaging Study	Interval	Comments
Stress imaging in place of but not in addition to CT Coronary angiography (CCTA) - ONE of the following: ◦ CPT® 93350 ◦ CPT® 93351 ◦ CPT® 78452 ◦ CPT® 75563 ◦ CPT® 78492 ◦ CPT® 78431	◦ Annually	See: **CD-1.6**, **CD-2.6** , **CD-3.1**, **CD-5.1**, **CD-6.1**, **CD-6.2** for descriptions of CPTs or further indications
For individuals with systemic amyloidosis: ◦ Cardiac MRI – ONE of the following: ▪ CPT® 75557 ▪ CPT® 75561 ◦ If Cardiac MRI is contraindicated or indeterminate, ONE of the following SPECT studies may be performed: ▪ CPT® 78803 ▪ CPT® 78830	◦ One-time	See: **CD-5.1**, **CD-5.2**, **CD-3.7**, **CD-3.8** for descriptions of CPTs or further indications

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Imaging Study	Interval	Comments
If required to further assess CAD seen on a recent CCTA that is of uncertain physiologic significance, CT-FFR (Noninvasive estimated coronary fractional flow reserve derived from coronary computed tomography angiography) with ONE of the following: ◦ CPT® 0501T ◦ CPT® 75580	◦ One-time	See: **CD-4.1**, **CD-4.5** for descriptions of CPTs or further indications

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Imaging Study	Interval	Comments
In place of CT Coronary angiography or stress imaging for initial pre-transplant evaluation, OR If CT Coronary angiography and/or CT-FFR or stress imaging is abnormal WITH addition of right heart catheterization if requested for evaluation of pulmonary hypertension: ◦ Left heart catheterization or left and right heart catheterization with ONE of the following: ▪ CPT® 93458 ▪ CPT® 93454 ▪ CPT® 93460 ▪ CPT® 93456 ◦ Or if prior CABG, with ONE of the following: ▪ CPT® 93459 ▪ CPT® 93455 ▪ CPT® 93461 ▪ CPT® 93457	◦ One-time	Repeat studies as per **CD-7.1**, **CD-7.3.5**, **CD-7.4.2**, **CD-7.5**

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Imaging Study	Interval	Comments
ANY of the following may be performed immediately prior to transplant: ◦ Abdominal US (CPT® 76700 or CPT® 76705) AND Doppler (CPT® 93975) ◦ CT Abdomen (CPT® 74160 or CPT® 74170) OR MRI Abdomen (CPT® 74183) ◦ CT Abdomen and Pelvis (CPT® 74177) or CT Pelvis (CPT® 72193) ◦ CTA (CPT® 74175) OR MRA Abdomen (CPT® 74185) ◦ MRI Bone Marrow Blood Supply (CPT® 77084)	◦ Once, immediately prior to transplant	

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Liver Transplant, Living Donor Pre-Transplant Imaging (Donor Imaging) (AB-42.2)

AB.TX.0042.2.A

v2.0.2025

- CT Abdomen or MRI Abdomen (CPT® 74160, or CPT® 74170, or CPT® 74183) to assess liver anatomy and volumetrics.
- MRCP to assess biliary anatomy (See: **MRCP (AB-27.1)** for proper coding)
- CTA or MRA Abdomen (CPT® 74175 or CPT® 74185) to assess vascular anatomy
- For donor imaging post-transplant, imaging is indicated per transplant center protocol. If no transplant center protocol exists, see condition-specific guideline appropriate to the individual's signs and symptoms.

Evidence Discussion

Living donor liver transplantation (LDLT) has become a widely accepted solution to alleviate the ongoing shortage of cadaveric livers for deceased donor liver transplantation (DDLT). Radiologic evaluation plays a crucial role in assessing both donor candidates and recipients to confirm their eligibility and determine the most suitable surgical approach.

A comprehensive pre-operative assessment of the vascular, liver volume, and biliary anatomy is vital for the safe and successful harvesting, transplantation, and long-term success of the graft. Computed tomography (CT) and magnetic resonance imaging (MRI) are the preferred imaging techniques for this purpose. These cross-sectional methods offer detailed views of the vascular and biliary structures, assess the hepatic parenchyma, and enable volumetric analysis.

LDLT evaluation typically combine MRI/MRCP and CT to leverage the higher spatial resolution of CT for arterial evaluation and the superior soft tissue, parenchymal and biliary analysis provided by MRI. Besides examining the liver parenchyma for abnormalities such as steatosis, a detailed evaluation of the hepatic volume, vascular and biliary system for significant anatomic variants is essential, as these variants can influence surgical techniques and outcomes for both recipients and donors.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Liver Transplant, Post-Transplant Imaging (AB-42.3)

AB.TX.0042.3.A
v2.0.2025

- Cardiac Imaging:
  - See: **Transplant Patients (CD-1.6)** in the Cardiac Imaging Guidelines
- Suspected post-operative complications:
  - Vascular thrombosis (suspected hepatic artery thrombosis)
    - Doppler ultrasound (CPT® 93975)
    - CTA or MRA Abdomen (CPT® 74175 or CPT® 74185)
  - Suspicion of biliary anastomotic strictures:
    - MRCP (See: **MRCP (AB-27.1)** for appropriate CPT codes)
    - Vascular imaging as above for vascular thrombosis may also be requested and approved for this indication
  - Other suspected post-operative complications (e.g., infection, etc.)
    - Imaging as requested by the transplant institution or team
- Transplant individuals without prior HCC or cholangiocarcinoma:
  - Routine post-transplant imaging is not indicated.
  - If cirrhosis develops post-transplant:
    - See: **Cirrhosis and Liver Screening for Hepatocellular Carcinoma (HCC) (AB-26.1)**, **Ascites (AB-26.2)**, and **Portal Hypertension (AB-26.3)** for HCC screening guidelines.
  - Fibrosis assessment post-liver transplant:
    - Transient elastography (CPT® 91200), which is the most studied modality in this setting.
- Surveillance after transplant for HCC:
  - Based on RETREAT score
    - 0 points: No additional screening needed
    - 1-3 points: CT or MRI Abdomen (CPT® 74160, or CPT® 74170, or CPT® 74183) and CT Chest (CPT® 71260 or CPT® 71250) every 6 months for 2 years.
    - 4 points: CT or MRI Abdomen (CPT® 74160, or CPT® 74170, or CPT® 74183) and CT Chest (CPT® 71260 or CPT® 71250) every 6 months for 5 years
    - ≥5 points: CT or MRI Abdomen (CPT® 74160, or CPT® 74170, or CPT® 74183) and CT Chest (CPT® 71260 or CPT® 71250) every 3 months for 2 years, then every 6 months between the 2nd and 5th years.
- If there is a suspicion of recurrent tumor based on clinical findings and/or sequentially increasing AFP:

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

- CT Abdomen (CPT® 74160 or CPT® 74170) or MRI Abdomen (CPT® 74183)
- Imaging after transplant for primary sclerosing cholangitis (PSC):
  - Suspected recurrence of PSC;
    - MRCP (See: **MRCP (AB-27.1)** for proper coding)
- Imaging after transplant for cholangiocarcinoma:
  - Liver ultrasound (CPT® 76705 or CPT® 76700) or MRI Abdomen and MRCP (CPT® 74183) every 6 months for 5 years post-transplantation.
  - CT Chest (CPT® 71250 or CPT® 71260) every 6 months for 5 years post-transplantation

Background and Supporting Information

Consensus guidelines regarding post-transplant surveillance imaging have not yet been established. There have been recent attempts to establish evidence-based guidelines, including the development of the RETREAT score, validated recently in a study conducted at University of California, San Francisco, Mayo Clinic-Rochester, and Mayo Clinic-Jacksonville. This scoring system has been adopted for use by UCSF and guides post-transplant imaging for individuals who have undergone transplant for HCC.

The RETREAT score is a protocol used to estimate the risk of tumor recurrence after liver transplantation in patients who have been transplanted for the treatment of hepatocellular carcinoma. It is comprised of three factors which are assessed before and after transplant. Points are assigned based on criteria which include the alpha-fetoprotein level before liver transplantation, the presence or absence of microvascular invasion, and the sum of the diameter of the largest viable tumor and the number of viable nodules on pathologic examination of the explant liver. The RETREAT score is calculated as follows:

Risk Factor	Score
Alpha-fetoprotein level before LT	
0-20	0
21-99	1
100-999	2
≥1000	3
Microvascular invasion present	2

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Risk Factor	Score
Sum of the diameter of the largest viable tumor and the number of viable nodules	
0	0
1.1-4.9	1
5.0-9.9	2
≥10	3

Evidence Discussion

Clinical manifestations of liver transplant complications can be subtle and non-specific and medical imaging plays an important role. Often, a rise in liver enzymes is the earliest sign of graft problems, allowing for timely clinical intervention to protect allograft function.

Throughout the lifetime of a post liver transplant patient, complications affecting the liver allograft could be caused by vascular and biliary complications, immune-mediated injury, drug-related issues, infectious complications, and recurrence of the primary liver disease.

Thus, managing these patients depends on a thorough clinical history, symptoms, laboratory data, and imaging studies; at times multiple imaging modalities are required.

There is no specific consensus of what type, or when a post liver transplant patient will need or require an imaging test and it typically depends on post liver transplant imaging protocols specific to a transplant centre, or abnormal laboratory tests.

However, as standard practice, ultrasound sonography plus colour-Doppler ultrasound examination is routinely performed at 24–48 h, on the 7th day and 21st day (Mayo Clinic protocol), and on the first and third month after transplantation to evaluate the liver parenchyma and vascular structures integrity. The frequency and indication vary between transplant centres, and post-transplant protocols.

In addition, testing is performed anytime there is an unexpected change in liver enzymes potentially including additional testing such as CT imaging and MR imaging techniques, including contrast-enhanced CT or MR angiography and MR cholangiography to further evaluate the transplanted liver. These tests can reveal abnormalities in vascular structures, bile ducts, liver parenchyma, and extrahepatic tissues.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

In the case of a history of pre-liver transplant hepatocellular carcinoma (HCC), even with adherence to Milan criteria, HCC recurs post-LT in 10%–15% and is the most common cause of death in this population.

A multicenter analysis has proposed and validated a risk stratification score, Risk Estimation of Tumor Recurrence After Transplant (RETREAT), which incorporates AFP at LT, vascular invasion, the sum of the largest viable tumor diameter, and number of viable tumors on explant.

RETREAT stratifies 5-year recurrence risk from <3% in patients without viable tumor on explant or microvascular invasion and AFP <20ng/ml (i.e., RETREAT 0) up to 75% in the highest-risk patients (RETREAT≥5).

In this population, because the two most common sites of post-transplant recurrence are the lung (~40%) followed by the liver (33%), surveillance is advised. The AASLD advises surveillance for detection of post-transplant HCC recurrence using multiphasic contrast-enhanced abdominal CT or MRI and chest CT scan. The optimal timing and duration of post-transplant surveillance is uncertain; however, risk scores may be considered to guide decisions.

Beyond allograft-related complications, metabolic syndrome, cardiovascular disease, renal dysfunction, and malignancies are leading causes of morbidity and mortality in this patient population. These patients will require cardiovascular evaluation, breast cancer, and lung cancer surveillance per individual risk and transplant centre expert team recommendations as some patient could carry a slightly higher risk than the non-transplant population.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Post-Transplant Lymphoproliferative Disorder (PTLD) (AB-42.4)

AB.TX.0042.4.A

v2.0.2025

- CT Chest/Abdomen/Pelvis with contrast (CPT® 71260 and CPT® 74177) for known or suspected PTLD.
- Additional evaluation of suspected PTLD is the same as the evaluation of lymphoma. See: **Diffuse Large B Cell Lymphoma (DLBCL) (ONC-27.2)** in the Oncology Imaging Guidelines for further recommendations
- There is insufficient evidence to support the routine use of imaging to screen for PTLD.

Background and Supporting Information

- Post-transplant lymphoproliferative disease (PTLD) is a major complication of solid organ transplantation and the spectrum ranges from benign hyperplasia to malignant lymphoma. It has an incidence of 1-20%, and is usually related to Epstein-Barr virus infection in the setting of immunosuppression.

Evidence Discussion

For suspected PTLD advanced imaging studies are extremely helpful. CT Chest/Abdomen/Pelvis with contrast are the mainstay for known or suspected PTLD. PTLD generally is rapid growing and small ill-defined masses of lymphoid tissue cannot be initially identified on sonography. Since PTLD has the potential of being reversed by decreasing immunosuppression, early detection with more advanced imaging can very beneficial.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Kidney Transplant, Pre-Transplant Imaging Studies (AB-42.5)

AB.TX.0042.5.A
v2.0.2025

Pre-Transplant Evaluation (Per Institution Protocol)

- Individuals referred to a transplant center for kidney or kidney-pancreas transplant evaluation can undergo advanced imaging as follows:
  - Per the transplant institution's protocol, OR
  - Per the studies and intervals listed below:

Imaging Study	Interval	Comments
ONE of the following abdomen/pelvis imaging studies: • CT Abdomen and Pelvis without contrast (CPT® 74176) • CT Abdomen and Pelvis with contrast (CPT® 74177) • CTA Abdomen (CPT® 74175 • CTA Abdomen and Pelvis (CPT® 74174) • CTA Pelvis (CPT® 72191)	One-time	
ONE of the following echocardiography studies: • CPT® 93306 (preferred) • CPT® 93307 • CPT® 93308	Annual	See also: **Transthoracic Echocardiography (TTE) - Indications/ initial evaluation (CD-2.2)** for descriptions of CPTs or further indications

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Imaging Study	Interval	Comments
ONE of the following stress imaging studies: • CPT® 93350 • CPT® 93351 • CPT® 78452 • CPT® 75563 • CPT® 78492 • CPT® 78431	Annual	See also: **Transplant (CD-1.6)**, **Stress Echocardiography (Stress Echo) (CD-2.7)**, **Myocardial Perfusion Imaging (MPI) - Coding (CD-3.1)**, **Cardiac MRI - Coding (CD-5.1)**, **Cardiac PET - Coding (CD-6.1)**, **Cardiac PET - Perfusion - Indications (CD-6.2)** for descriptions of CPTs or further indications

Additional Pre-Transplant Evaluation (Per Indication)

Individuals referred to a transplant center for kidney or kidney-pancreas transplant evaluation can undergo the following additional advanced imaging when the listed indications are met:

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Indication	Imaging Study	Interval	Comments
• 20 pack-year history of smoking	ONE of the following: • CT Chest without contrast (CPT® 71250) • CT Chest with contrast (CPT® 71260)	One-time	For lung cancer screening with Low Dose Computed Tomography (LDCT), see: **U.S. Preventative Services Task Force: Lung Cancer Screening (Commercial and Medicaid) (CH-33.1)** or **National Coverage Determination (NCD) for Lung Cancer Screening with Low Dose Computed Tomography (LDCT) (210.14) (CH-33.2)** for Low-Dose CT Chest without contrast
• Autosomal dominant polycystic kidney disease	ONE of the following: • MRA Head (CPT® 70544, 70545, or 70546) • CTA Head (CPT® 70496)	One-time	Repeat imaging as per **Intracranial Aneurysms (HD-12.1)**
• History of stroke, or • History of TIA, or • Carotid bruit on exam	ONE of the following: • Carotid duplex bilateral study (CPT® 93880 or CPT® 73882)	One-time	Repeat imaging as per **Initial Imaging (PVD-3.1)**

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Indication	Imaging Study	Interval	Comments
• Presence of systemic amyloidosis	ONE of the following cardiac MRI studies: • CPT® 75557 • CPT® 75561	One-time	See also: **Cardiac MRI - Coding (CD-5.1)**, **Cardiac MRI - Indications (excluding Stress MRI)(CD-5.2)** for descriptions of CPTs or further indications
BOTH of the following: • Presence of systemic amyloidosis AND • Cardiac MRI is either contraindicated or indeterminate	ONE of the following nuclear medicine studies: • CPT® 78803 • CPT® 78830	One-time	See also: **Myocardial Tc-99m Pyrophosphate Imaging (CD-3.7)**, **Cardiac Amyloidosis (CD-3.8)** for descriptions of CPTs or further indications
• In place of stress imaging for initial pre-transplant evaluation, or • Stress imaging is positive for ischemia	ONE of the following heart catheterization: • CPT® 93458 • CPT® 93454 • If prior CABG: ◦ CPT® 93459 ◦ CPT® 93455	One-time	Repeat imaging as per **Diagnostic Heart Catheterization - Code Sets (CD-7.1)**and **Evaluation of structural heart disease (CD-7.3.5)**

Kidney Donor Nephrectomy or Pre-Transplant Nephrectomy

Indication	Imaging Study	Comments
• Individuals being evaluated for living kidney donation, or • Individual is planning removal of one or both kidneys	ONE of the following: • CTA Abdomen (CPT® 74175) • MRA Abdomen (CPT® 74185) • MRI Abdomen without and with contrast (CPT® 74183)	For CTA and MRA, 3D rendering is included with the original study

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Evidence Discussion

Individuals being assessed for kidney or kidney-pancreas transplant require advanced imaging of the abdomen and/or pelvis either with or without contrast (to include angiography). This allows assessment of any intra-abdominal pathology, which may complicate transplantation. MR angiography may be indicated for assessment of the native kidneys when considering pre-transplant nephrectomy. Patients may also be assessed according to the standardized imaging protocol of the transplant center.

Although there is some debate regarding coronary artery disease (CAD) screening and transplant outcomes, a preoperative cardiac workup is essential for prognostication given the significant association with chronic kidney disease (CKD) and CAD. This may include a transthoracic echocardiogram as well as a stress echocardiogram and/or cardiac catheterization.

Cardiac MRI can be performed in individuals with systemic amyloidosis, as cardiac involvement is the leading cause of morbidity and mortality. If the MRI is indeterminate or contraindicated, myocardial Tc-99m pyrophosphate imaging may be performed.

Patients with an extensive smoking history of greater than 20 pack-years may undergo CT of the chest (either with or without contrast), which is guided by evidence of the National Lung Screening Trial to reduce risk of mortality.

Any individual with a history of transient ischemic attack (TIA) or stroke may undergo a carotid duplex study for preoperative assessment. Individuals with autosomal dominant polycystic kidney disease (ADPKD) may undergo MR or CT angiography of the head to screen for aneurysms.

Individuals being assessed for kidney donation should have advanced abdominal imaging with CT or MR angiography to assess kidney size and vasculature.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Kidney Transplant, Post-Transplant (AB-42.6)

AB.TX.0042.6.A
v2.0.2025

- Ultrasound of transplanted kidney:
  - Current ultrasound imaging protocols of the transplanted kidney commonly include a Doppler study and are coded as CPT® 76776.
    - Do not report non-invasive vascular codes CPT® 93975 and CPT® 93976 in conjunction with CPT® 76776.
  - Ultrasound of the transplanted kidney performed without duplex Doppler should be reported as a limited retroperitoneal ultrasound (CPT® 76775).

Evidence Discussion

- Imaging evaluation of the transplanted kidney may be necessary for routine surveillance or to allow for early diagnosis of post-transplant complications or graft dysfunction.
- The preferred initial imaging is duplex ultrasound with Doppler as this provides readily-available, reliable imaging which is non-invasive and does not require the use of ionizing radiation nor intravenous contrast.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Heart Transplant (AB-42.7)

AB.TX.0042.7.A

v2.0.2025

- See: **Transplant Patients (CD-1.6)** in the Cardiac Imaging Guidelines

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (AB-42)

v2.0.2025

1. Carruso S, Miraglia R, et al. Imaging in liver transplantation. *World Journal of Gastroenterology*.2009;15(6):675-683.
2. Pomfret E, Washburn K, Wald C, et al. Report of a national conference on liver allocation in patients with hepatocellular carcinoma in the United States. *Liver Transplant*. 2010;16(3):262-78.
3. Sahani D, Mehta A, Blake M, et al. Preoperative hepatic vascular evaluation with CT and MR angiography: implications for surgery. *RadioGraphics*.2004;24:1367-1380. 2017.
4. Cincinnati Children's Hospital Medical Center. Evidence based clinical practice guideline for management of EBV-associated post-transplant lymphoproliferative disease (PTLD) in solid organ transplant.
5. Liu, D. et al. Evidence-Based Surveillance Imaging Schedule After Liver Transplantation for Hepatocellular Carcinoma Recurrence. *Transplantation* 2017. Jan;101(1): 107-111
6. Lucey, Michael, et al. Long-Term Management of the Successful Adult Liver Transplant: 2012 Practice Guideline by AASLD and the American Society of Transplantation.
7. Mehta N, Heimbach J, Harnois DM, et al. Validation of a Risk Estimation of Tumor Recurrence After Transplant (RETREAT) Score for Hepatocellular Carcinoma Recurrence After Liver Transplant. *JAMA Oncology*. 2017;3(4):493. doi:10.1001/jamaoncol.2016.5116.
8. Filgueira NA. Hepatocellular carcinoma recurrence after liver transplantation: Risk factors, screening and clinical presentation. *World Journal of Hepatology*. 2019;11(3):261-272. doi:10.4254/wjh.v11.i3.261.
9. Xu M, Doyle MM, Banan B, et al. Neoadjuvant Locoregional Therapy and Recurrent Hepatocellular Carcinoma after Liver Transplantation. *Journal of the American College of Surgeons*. 2017;225(1):28-40. doi:10.1016/j.jamcollsurg.2017.03.015.
10. Cai L, Yeh BM, Westphalen AC, Roberts JP, Wang ZJ. Adult living donor liver imaging. *Diagnostic and Interventional Radiology*. 2016;22(3):207-214. doi:10.5152/dir.2016.15323.
11. Liu D, Chan ACY, Fong DYT, Lo C-M, Khong P-L. Evidence-Based Surveillance Imaging Schedule After Liver Transplantation for Hepatocellular Carcinoma Recurrence. *Transplantation*. 2017;101(1):107-111. doi:10.1097/tp.0000000000001513.
12. Bajer L, Slavcev A, Macinga P, et al. Risk of recurrence of primary sclerosing cholangitis after liver transplantation is associated with de novo inflammatory bowel disease. *World Journal of Gastroenterology*. 2018;24(43):4939-4949. doi:10.3748/wjg.v24.i43.4939.
13. Ligeti K, Müller LP, Müller-Tidow C, Weber T. Risk factors, diagnosis, and management of posttransplant lymphoproliferative disorder: improving patient outcomes with a multidisciplinary treatment approach. T*ransplant Research and Risk Management*. 2017;Volume 9:1-14. doi:10.2147/trrm.s84744.
14. Aghayev A, Gupta S, Dabiri BE, Steigner ML. Vascular imaging in renal donors. *Cardiovascular Diagnosis and Therapy*. 2019;9(S1). doi:10.21037/cdt.2018.11.02.
15. Sawinski D, Locke JE. Evaluation of Kidney Donors: Core Curriculum 2018. *American Journal of Kidney Diseases*. 2018;71(5):737-747. doi:10.1053/j.ajkd.2017.10.018.
16. Kidney Disease: Improving Global Outcomes (KDIGO) Kidney Transplant Candidate Work Group. KDIGO Clinical Practice Guideline on the Evaluation and Management of Candidates for Kidney Transplantation. *Transplantation*. 2020;104: S1 – S103.
17. Cheng XS, VanWagner LB, Costa SP, et al. Emerging evidence on coronary heart disease screening in kidney and liver transplantation candidates: a scientific statement from the American Heart Association. *Circulation*. 2022;146:e299–e324. doi.org/10.1161/CIR.0000000000001104.
18. Kumamaru KK, Kondo T, Kumamaru H, et al. Repeat coronary computed tomographic angiography in patients with a prior scan excluding significant stenosis. *Circ Cardiovasc Imaging*. 2014;7:788-795. doi.org/10.1161/CIRCIMAGING.113.001549.
19. VanWagner LB, Harinstein ME, Runo JR, et al. Multidisciplinary approach to cardiac and pulmonary vascular disease risk assessment in liver transplantation: An evaluation of the evidence and consensus recommendations. *Am J Transplant*. 2018;18:30–42. doi.org/10.1111/ajt.14531.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

20. Löffler AI, Gonzalez JA, Sundararaman SK, et al. Coronary computed tomography angiography demonstrates a high burden of coronary artery disease despite low-risk nuclear studies in pre–liver transplant evaluation. *Liver Transplantation*. 2020; 26(11):1398–1408. doi.org/10.1002/lt.25869.
21. Harding-Theobald E, Kriss M. Evaluation and management of abnormal liver enzymes in the liver transplant recipient: When, why, and what now? *Clin Liver Dis (Hoboken)*. 2023;21(6):178-186.
22. Hernandez Mdel P, Martin P, Simkins J. Infectious complications after liver transplantation. *Gastroenterol Hepatol (NY)*. 2015;11:741–53.
23. Delgado-Moraleda JJ, Ballester-Vallés C, Marti-Bonmati L. Role of imaging in the evaluation of vascular complications after liver transplantation. *Insights Imaging*. 2019;78:10.
24. Singh AK, Nachiappan AC, Verma HA, et al. Postoperative imaging in liver transplantation: what radiologists should know. *RadioGraphics*. 2010;30(2):339-351.
25. Girometti R, Como G, Bazzocchi M, Zuiani C. Post-operative imaging in liver transplantation: State-of-the-art and future perspectives. *World J Gastroenterol*. 2014;20(20):6180-6200.
26. Di Martino M, Rossi M, Mennini G, et al. Imaging follow-up after liver transplantation. *Br J Radiol*. 2016;89(1064):20151025.
27. Lucey MR, Terrault N. Long-term management of the successful adult liver transplant: 2012 practice guideline by the American Association for the Study of Liver Diseases and the American Society of Transplantation Liver Transplantation. 2013;19(1):3-26.
28. Singh S, Watt KD. Long-term medical management of the liver transplant recipient: what the primary care physician needs to know. *Mayo Clin Proc*. 2012;87(8):779-90.
29. Singal AG, Llovet JM, Yarchoan M, et al. AASLD Practice Guidance on prevention, diagnosis, and treatment of hepatocellular carcinoma. *Hepatology*. 2023;78(6):1922-1965.
30. Agostini C, Buccianti S, Risaliti M, et al. Complications in post-liver transplant patients. *J Clin Med*. 2023;12(19):6173.
31. Berry PA, Melendez HV, Wendon JA. Postoperative care of the liver-transplant patient. *Surgical Intensive Care Medicine*. 2010:629–38.
32. Ito K, Siegelman ES. MR imaging of complications after liver transplantation. *American Journal of Roentgenology*. 2000;175(4):943-1191.
33. Brookmeyer CE, Bhatt S, Fishman EK, Sheth S. Multimodality imaging after liver transplant: top 10 important complications. *RadioGraphics*. 2022;42(3):702-721.
34. Mohan R, Rice J. A practical approach to extrahepatic cancer screening before and after liver transplant. *Clin Liver Dis (Hoboken)*. 2023;21(6):169-172.
35. Keshtkar A, Karbasian F, Reihani H, et. al. A pediatric case series of catastrophic gastrointestinal complications of posttransplant lymphoproliferative disease with increasing incidence, high association with coronavirus disease 2019, higher mortality, and a plea for early endoscopy to prevent late fatal outcome. *J Med Case Rep*. 2023;17(1):396.
36. Keshtkar A, Karbasian F, Reihani H, et al. *J Med Case Rep*. 2023;17(1):396. doi:10.1186/s13256-023-04123-5.
37. Lee M, Abousaud A, Harkins RA, et al. Important considerations in the diagnosis and management of post-transplant lymphoproliferative disorder. *Curr Oncol Rep*. 2023;25(8):883-895.
38. Dharnidharka VR, Webster AC, Martinez OM, Preiksaitis JK, Leblond V, Choquet S. Post-transplant lymphoproliferative disorders. *Nat Rev Dis Primers*. 2016;2:15088. doi:10.1038/nrdp.2015.88.
39. Marcelis L, Tousseyn T. The tumor microenvironment in post-transplant lymphoproliferative disorders. *Cancer Microenviron*. 2019;12(1):3-16. doi:10.1007/s12307-018-00219-5.
40. Morscio J, Tousseyn T. Recent insights in the pathogenesis of post-transplantation lymphoproliferative disorders. *World J Transplant*. 2016;6(3):505-16. doi:10.5500/wjt.v6.i3.505.
41. Styczynski J, van der Velden W, Fox CP, et al. Sixth European Conference on Infections in Leukemia, a joint venture of the Infectious Diseases Working Party of the European Society of Blood and Marrow Transplantation (EBMT-IDWP), the Infectious Diseases Group of the European Organization for Research and Treatment of Cancer (EORTC-IDG), the International Immunocompromised Host Society (ICHS) and the European Leukemia Net (ELN). Management of Epstein-Barr Virus infections and post-transplant lymphoproliferative disorders in patients after allogeneic hematopoietic stem cell transplantation: Sixth European Conference on Infections in Leukemia (ECIL-6) guidelines. *Haematologica*. 2016;101(7):803-11. doi:10.3324/haematol.2016.144428.
42. Marie E, Navallas M, Navarro OM, et al. Posttransplant Lymphoproliferative disorder in children: a 360-degree perspective. *Radiographics*. 2020;40(1):241-265. doi:10.1148/rg.2020190103.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

43. Vrachliotis TG, Vaswani KK, Davies EA, Elkahammas EA, Bennett WF, Bova JG. CT findings in posttransplantation lymphoproliferative disorder of renal transplants. *AJR Am J Roentgenol*. 2000;175(1):183-8. doi:10.2214/ajr.175.1.1750183.
44. Martin P, DiMartini A, Feng S, Brown Jr. R, Fallon M. Evaluation for liver transplantation in adults: 2013 practice guideline by the American Association for the Study of Liver Diseases and the American Society of Transplantation. *Hepatology*. 2014;59(3):p 1144-1165. doi:10.1002/hep.26972.
45. Hashem B. El-Serag, MD, MPH, Surveillance for hepatocellular carcinoma: in whom and how? *Therap Adv Gastroenterol.* 2011;4(1):5–10.
46. Kubota K, Ina H, Okada Y, Irie T. Growth rate of primary single hepatocellular carcinoma: determining optimal screening interval with contrast enhanced computed tomography. *Dig Dis Sci*. 2003;48: 581–586.
47. Bacon BR, Adams PC, Kowdley KV, Powell LW, Tavill AS. Diagnosis and management of hemochromatosis: 2011 Practice Guideline by the American Association for the Study of Liver Diseases. *Hepatology*. 2011;54(1):328-343. doi:10.1002/hep.24330.
48. Moawad AW, Elsayes KM, Benamar F, Rao K, Sun J, Szklaruk J. Value of follow-up chest computed tomography in the surveillance of patients with hepatocellular carcinoma. *J Hepatocell Carcinoma*. 2020;7:331-335. doi:10.2147/JHC.S280175.
49. Bowlus CL, Arrivé L, Bergquist A, et al. AASLD practice guidance on primary sclerosing cholangitis and cholangiocarcinoma. *Hepatology*. 2023;77(2):p 659-702. doi: 10.1002/hep.32771.
50. Lindor KD, Bowlus CL, Boyer J, Levy C, Mayo M. Primary biliary cholangitis: 2018 practice guidance from the American Association for the Study of Liver Diseases. *Hepatology*. 2019;69(1):394-419. doi:10.1002/hep.30145.
51. Colli A, Fraquelli M, Casazza G, et al. Accuracy of ultrasonography, spiral CT, magnetic resonance, and Alpha-fetoprotein in diagnosing hepatocellular carcinoma: a systematic review: CME. *American Journal of Gastroenterology*. 2006;101(3):513–523.
52. Adam R, McMaster P, O'Grady JG, et al. Evolution of liver transplantation in Europe: report of the European Liver Transplant Registry. *Liver Transpl*. 2003;9:1231–1243.
53. Baskiran A, Kahraman AS, Cicek IB, Sahin T, Isik B, Yilmaz S. Preoperative evaluation of liver volume in living donor liver transplantation. *North Clin Istanb*. 2017;5(1):1-5.
54. Borhani AA, Khaled M, Elsayes MD. Imaging evaluation of living liver donor candidates: techniques, protocols, and anatomy. *RadioGraphics*. 2021; 41:1572–1591.
55. Vernuccio F, Whitney SA, Ravindra K, Marin D. CT and MR imaging evaluation of living liver donors. *Abdom Radiol (NY)*. 2021;46(1):17-28.
56. Hennedige T, Anil G, Madhavan K. Expectations from imaging for pre-transplant evaluation of living donor liver transplantation. *World J Radiol*. 2014;6(9):693-707.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Hepatic and Abdominal Arteries (AB-43)

Guideline

Hepatic Arteries and Veins (AB-43.1)
Abdominal Veins Other than Hepatic and Portal Veins (AB-43.2)
Renal Vein Thrombosis (AB-43.3)
References (AB-43)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Hepatic Arteries and Veins (AB-43.1)

AB.HA.0043.1.A
v2.0.2025

- Portal Vein Thrombosis (PVT):
  - Doppler US (CPT® 93975) is the initial noninvasive modality for the diagnosis of Portal Vein Thrombosis
  - CT Abdomen with contrast (CPT® 74160 or 74170 – 4 phase CT), MRI Abdomen without and with contrast (CPT® 74183) or CTA Abdomen (CPT® 74175)
    - to assess the extension of thrombus into the mesenteric veins when Doppler US (or other imaging, such as abdominal US) is positive for PVT
    - to exclude tumor thrombus among individuals with cirrhosis who develop new portal and/or mesenteric vein thrombosis
    - for continued concern for PVT (for example in an individual with a hypercoagulable state or abdominal malignancy) if Doppler US is negative or inconclusive
  - To assess for development of intestinal ischemia among individuals with known portal and/or mesenteric vein thrombosis (MVT) (e.g., development of fever, rebound, leukocytosis, elevated serum lactate levels):
    - In lieu of the above imaging modalities, if requested: CT Abdomen and Pelvis with contrast (CPT® 74177).
  - For suspicion of portal hypertensive or portal cavernoma cholangiopathy in individuals with known PVT or MVT (cholestatic liver chemistry profile (See **Abnormal Liver Chemistries (AB-30.1)**), known portal cavernoma, extrahepatic biliary abnormalities on imaging):
    - MRCP (CPT® 74183 or CPT® 74181)

(Note: Portosystemic collaterals in the region surrounding the common bile duct in individuals with chronic PVT can be associated with common bile duct obstruction.)

- For routine follow-up of PVT:
  - US/Doppler every 6 months. If these are reported as not providing adequate visualization, CT Abdomen (CPT® 74160), MRI Abdomen (CPT® 74183), or CTA Abdomen (CPT® 74175), can be performed.
- For follow-up of PVT being treated with anticoagulation:
  - US/Doppler, CT Abdomen (CPT® 74160), MRI Abdomen (CPT® 74183), or CTA Abdomen (CPT® 74175) in 3-6 months.
  - Further follow-up every 6 months with US/Doppler unless these are reported as not providing adequate visualization, in which case any of the above studies can be approved.
- TIPS (transjugular intrahepatic portosystemic shunt)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

- Pre-procedure evaluation:
  - Abdominal US, including Doppler (CPT® 76700 and/or CPT® 93975), Multiphase CT Abdomen (CPT® 74160 or CPT® 74170), Multiphase CTA Abdomen (CPT® 74175), Multiphase MRA Abdomen (CPT® 74185), or MRI Abdomen liver protocol (CPT® 74183)
  - Echocardiogram (CPT® 93306) (see: **Transthoracic Echocardiography (TTE) – Indications/Initial Evaluation (CD-2.2)**)
- For routine follow-up to monitor stent patency:
  - US with Doppler (CPT® 93975) 7-14 days after shunt creation, and then at 3 months, 6 months, and then every 6 months thereafter.
    - Note: If requested earlier than the above intervals because of a clinical deterioration or suspicion of stent occlusion, the Doppler can be approved.
- If Doppler imaging is indeterminate or if there is a negative Doppler with clinical signs of worsening portal hypertension:
  - Multiphase CT Abdomen (CPT® 74160 or CPT® 74170), Multiphase CTA Abdomen (CPT® 74175), Multiphase MRA Abdomen (CPT® 74185), or MRI Abdomen liver protocol (CPT® 74183)
- Echocardiogram (CPT® 93306) is indicated for the following:
  - One time post-procedure for routine follow up
  - Any time post-procedure:
    - for new signs or symptoms
    - for concern for new or worsening pulmonary hypertension
    - See also: **Frequency of Echocardiography Testing (CD-2.3)** in the Cardiac Imaging Guidelines

- Budd-Chiari Syndrome
  - Primary Budd-Chiari Syndrome (BCS) is due to thrombotic obstruction of the hepatic venous outflow tract, and Secondary BCS is caused by malignant tumors or extrinsic compression of the hepatic vein. Guidelines refer to Primary BCS.
    - LI-RADS assessment should not be applied to individuals <18 years old or those with cirrhosis from congenital hepatic fibrosis or secondary to vascular disorders (e.g., Budd-Chiari syndrome, chronic portal vein occlusion, cardiac congestion, hereditary hemorrhagic telangiectasia).
  - Doppler US (CPT® 93975) is the initial diagnostic test for the evaluation of BCS.
  - CT Abdomen with contrast (CPT® 74160), or MRI Abdomen without and with contrast (CPT® 74183) or CTA Abdomen (CPT® 74175)
    - to assess thrombus extension
    - to rule out tumor thrombus
    - to assess response to anticoagulation therapy
    - if there is high suspicion of BCS despite a negative or inconclusive Doppler US

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

        - to additionally assess indeterminate hepatic nodules detected on the prior US (any of the above studies or CT Abdomen without and with contrast CPT® 74170)
    - For pre-operative evaluation of anticipated interventional vascular therapies or TIPS:
        - Abdominal US, including Doppler (CPT® 76700 and/or CPT® 93975), Multiphase CT Abdomen (CPT® 74160 or CPT® 74170), Multiphase CTA Abdomen (CPT® 74175), Multiphase MRA Abdomen (CPT® 74185), or MRI Abdomen liver protocol (CPT® 74183)
    - For HCC Surveillance in patients with chronic BCS:
        - Abdominal US (CPT® 76700 or CPT® 76705) and serum alpha-fetoprotein every 6 months
        - Triphasic CT Abdomen (CPT® 74160 or CPT® 74170), or MRI Abdomen (CPT® 74183) for the evaluation of hepatic nodules seen on US or AFP ≥15 ng/ml.
        - The LiRADS reporting system does not apply to HCC surveillance in this population, due to the vascular origin of many of the hepatic imaging abnormalities.
- Hereditary Hemorrhagic Telangiectasia (HHT)
    - Note: The liver may be involved in individuals with HHT, and artery-to-vein or vein-to-vein shunting may occur resulting in liver vascular malformations (LVMs).
    - Screening the liver for LVMs is not indicated. As per recent ACG Guidelines[6] "There is no evidence to suggest that making a diagnosis in an asymptomatic patient has clinical benefits or prevents death".
    - For symptoms suggestive of LVMs (including an audible bruit or palpable thrill over the hepatic region on physical examination, abnormal liver tests) or for the development of signs or symptoms of heart failure, biliary ischemia, hepatic encephalopathy, mesenteric ischemia, or portal hypertension:
        - CT Abdomen (CPT® 74160), CTA Abdomen (CPT® 74175), MRI Abdomen with and without (CPT® 74183), MRCP (CPT® 74183), or MRA Abdomen (CPT® 74185)
- CTA Abdomen and Pelvis (CPT® 74174), or CTA Abdomen (CPT® 74175) or MRA Abdomen (CPT® 74185) additional indications:
    - Evaluation of portal and hepatic veins prior to or following surgical intervention for the treatment of portal hypertension (See: **Portal Hypertension (AB-26.3)**)
    - Evaluation of hepatic vasculature prior to and following embolization procedure (See: **Hepatocellular Carcinoma (HCC) – Restaging/Recurrence (ONC-14.4)**and **Hepatocellular Carcinoma (HCC) – Surveillance/Follow-up (ONC-14.5)** and **Liver Metastases (ONC-31.2)** in the Oncology Imaging Guideline)
    - Evaluation of hepatic vasculature prior to planned hepatectomy (See: **Liver Transplant, Pre-Transplant (AB-42.1)**)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

  - Evaluation of liver donor (See: Liver Transplant, **Living Donor Pre-Transplant Imaging (Donor Imaging) (AB-42.2)** for specific guidance)
- Hepatic arterial aneurysms:
  - See: **Visceral Artery Aneurysm (PVD-6.5)** in the Peripheral Vascular Disease Imaging Guidelines

Background and Supporting Information

Primary Budd-Chiari Syndrome is due to thrombotic occlusion of the hepatic venous outflow tract. Most individuals have an underlying prothrombotic condition such as a myeloproliferative disease, an inherited thrombophilia (e.g. Factor V Leiden), a systemic disease such as vasculitis, or hormonal factors, such as recent oral contraceptive use. Secondary Budd-Chiari Syndrome is caused by malignant tumors or extrinsic compression of the hepatic veins.

Evidence Discussion

- In cases of Primary Budd-Chiari syndrome, Doppler ultrasound is widely used to evaluate hepatic/portal vasculature. Ultrasonographic evaluation is associated with advantages such as high sensitivity and specificity, and also high positive and negative predictive values.
- Advantages of Doppler ultrasound include low cost, wide availability, and lack of radiation exposure.
- One disadvantage of Doppler ultrasound is its limited ability to evaluate certain anatomies. For instance, it may not be able to detect the extension of portal vein thrombus into splanchnic vessels.
- CT scan is highly accurate in evaluating hepatic vasculature, with sensitivity, specificity, PPV and NPV in the range of 90-99%.
- Advantages of CT scan include better visualization of structures, such as thrombus extension. Another advantage of CT is that it allows for concomitant evaluation of bowel.
- CT scan has drawbacks such as higher cost, radiation exposure, and potential complications from the use of contrast, when compared to ultrasound.
- MRI and MRA may be more appropriate as alternative to CT. Advantages include lack of radiation and a "better safety profile." Disadvantages include longer image acquisition time, higher cost, and various technical limitations., including signal loss, overestimation of stenoses, and contraindications/complications related to implanted metallic devices.
- Pre-TIPS (Transjugular Intrahepatic Portosystemic Shunt), endovascular variceal obliteration or embolization, should ideally include cross-sectional imaging to have an adequate anatomical map of the portal vein and hepatic veins.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Abdominal Veins Other than Hepatic and Portal Veins (AB-43.2)

AB.HA.0043.2.A

v2.0.2025

- CTA Abdomen and Pelvis (CPT® 74174), or CTA Abdomen (CPT® 74175) or MRA Abdomen (CPT® 74185) if ONE of the following:
  - Nephrotic syndrome
  - Renal vein thrombosis
  - Mesenteric vein thrombosis
- Suspicion of iliac vein thrombus when a lower extremity duplex or abdominal duplex is inconclusive or equivocal, see: **Acute Deep Venous Thrombosis (DVT) (PVD 12.2)**
- Suspicion of inferior vena cava thrombus when a lower extremity duplex or abdominal duplex is inconclusive or equivocal, see: **Acute Deep Venous Thrombosis (DVT) (PVD 12.2)**

Evidence Discussion

- Computed Tomography Angiography (CTA) is a diagnostic imaging test that can assess both arterial and venous structures, as well as nonvascular structures in cases of venous thrombosis. By combining the evaluation of both vascular and nonvascular findings, it is possible to achieve a sensitivity of 96% and a specificity of 90-94% when assessing for mesenteric venous obstruction.
- In cases of chronic mesenteric venous thrombosis, duplex ultrasound can be a helpful tool for diagnosis. However, due to potential technical difficulties such as overlying bowel gas or limited acoustic windows, imaging may not always be possible. In such cases, a CTA scan may be a better option as it allows for a more comprehensive evaluation of both vascular and intestinal structures.
- Contrast-enhanced Magnetic Resonance Angiography (MRA) has been shown to provide a vascular assessment that is comparable to catheter angiography.
- Compared to catheter angiography, MRA is less invasive, cheaper, and does not expose patients to ionizing radiation.
- Various MRA techniques allow for quantification of blood flow as well as evaluation of oxygen saturation, which are not possible with CTA.
- MRA is less dependent on the operator compared to vascular ultrasound and is less prone to limitations related to patient body habitus or overlying bowel gas.
- Disadvantages of MRA are motion artifact and risk of nephrogenic systemic fibrosis with gadolinium exposure in patients with severe renal insufficiency.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Renal Vein Thrombosis (AB-43.3)

AB.HA.0043.3.A
v2.0.2025

- MRA Abdomen (CPT® 74185) if ONE of the following:
  - Nephrotic syndrome
  - Proteinuria – 3 grams or more in 24 hours
  - Lupus nephritis
  - Hypercoagulable state, ONE of the following:
    - Antiphospholipid antibodies
    - Behçet's syndrome
    - Protein C deficiency
    - Protein S deficiency

Evidence Discussion

- Computed Tomography Angiography (CTA) is a diagnostic imaging test that can assess both arterial and venous structures, as well as nonvascular structures in cases of venous thrombosis. By combining the evaluation of both vascular and nonvascular findings, it is possible to achieve a sensitivity of 96% and a specificity of 90-94% when assessing for mesenteric venous obstruction.
- In cases of chronic mesenteric venous thrombosis, duplex ultrasound can be a helpful tool for diagnosis. However, due to potential technical difficulties such as overlying bowel gas or limited acoustic windows, imaging may not always be possible. In such cases, a CTA scan may be a better option as it allows for a more comprehensive evaluation of both vascular and intestinal structures.
- Contrast-enhanced Magnetic Resonance Angiography (MRA) has been shown to provide a vascular assessment that is comparable to catheter angiography.
- Compared to catheter angiography, MRA is less invasive, cheaper, and does not expose patients to ionizing radiation.
- Various MRA techniques allow for quantification of blood flow as well as evaluation of oxygen saturation, which are not possible with CTA.
- MRA is less dependent on the operator compared to vascular ultrasound and is less prone to limitations related to patient body habitus or overlying bowel gas.
- Disadvantages of MRA are motion artifact and risk of nephrogenic systemic fibrosis with gadolinium exposure in patients with severe renal insufficiency.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (AB-43)

v2.0.2025

1. American College of Radiology (ACR), North American Society for Cardiovascular Imaging (NASCI), Society for Pediatric Radiology (SPR). ACR-NASCI-SPR practice guideline for the performance of pediatric and adult body magnetic resonance angiography (MRA).Am Coll Radiol. Revised 2020.
2. Nghiem HV, Winter TC III, Mountford MC, et al. Evaluation of the portal venous system before liver transplantation: value of phase-contrast MR angiography. *AJR*. 1995;164:871-878.
3. American Association for the Study of Liver Disease (AASLD). ASSLD practice guidelines: the role of transjugular intrahepatic protosystemic shunt (TIPS) in the management of portal hypertension. *Hepatology*, 2010;51:1-16.
4. Lee SS, Kim TK, Byun JH, et al. Hepatic arteries in potential donors for living related liver transplantation: evaluation with multi–detector row CT angiography. *Radiology*. 2003; 227:391-399.
5. Simonetto DA, Singal AK, Garcia-Tsao G, Caldwell SH, Ahn J, Kamath PS. ACG Clinical Guideline. *The American Journal of Gastroenterology*. 2020;115(1):18-40. doi:10.14309/ajg.0000000000000486.
6. Boyer TD, Haskal ZJ. The role of transjugular intrahepatic portosystemic shunt (TIPS) in the management of portal hypertension: Update 2009. *Hepatology*. 2009;51(1):306-306. doi:10.1002/hep.23383.
7. Kapoor B, Sands M, Copelan A. Transjugular Intrahepatic Portosystemic Shunt: Indications, Contraindications, and Patient Work-Up. *Seminars in Interventional Radiology*. 2014;31(03):235-242. doi:10.1055/s-0034-1382790.
8. Dariushnia SR, Haskal ZJ, Midia M, et al. Quality Improvement Guidelines for Transjugular Intrahepatic Portosystemic Shunts. *Journal of Vascular and Interventional Radiology*. 2016;27(1):1-7. doi:10.1016/j.jvir.2015.09.018.
9. Margini C, Berzigotti A. Portal vein thrombosis: the role of imaging in the clinical setting. *Dig Liver Dis*. 2017;49(2):113-120. doi:10.1016/j.dld.2016.11.013.
10. Northup PG, Garcia-Pagan JC, Garcia-Tsao G, et. al. Vascular liver disorders, portal vein thrombosis, and procedural bleeding in patients with liver disease: 2020 practice guidance by the American Association for the Study of Liver Diseases. *Hepatology*. 2020;73(1):366-413. doi:10.1002/hep.31646.
11. Humbert M, Kovacs G, Hoeper MM, et. al. 2022 ESC/ERS guidelines for the diagnosis and treatment of pulmonary hypertension. *European Respiratory Journal*. 2022;61(3). doi:10.1183/13993003.00879-2022.
12. Boike JR, Thornburg BG, Asrani SK, et. al. North American practice-based recommendations for transjugular intrahepatic portosystemic shunts in portal hypertension. *Clinical Gastroenterology and Hepatology*. 2022;20(8):1636-1662.e36. doi:10.1016/j.cgh.2021.07.018.
13. Billey C, Billet S, Robic MA, et. al. A prospective study identifying predictive factors of cardiac decompensation after transjugular intrahepatic portosystemic shunt: the Toulouse algorithm. *Hepatology*. 2019;70(6):1928-1941. doi:10.1002/hep.30934.
14. Chopard R, Albertsen IE, Piazza G. Diagnosis and treatment of lower extremity venous thromboembolism: a review. *JAMA*. 2020;324(17):1765-1776.
15. Needleman L, Cronan JJ, Lilly MP, et. al. Ultrasound for lower extremity deep venous thrombosis. multidisciplinary recommendations from the Society of Radiologists in Ultrasound Consensus Conference. *Circulation*. 2018;137:1505–1515.
16. Sloves J, Almeida J. Venous duplex ultrasound protocol for iliocaval disease. *J Vasc Surg Venous Lymphat Disord*. 2018;6(6):748-757.
17. Lee EW, Eghtesad B, Garcia-Tsao G, et al. AASLD practice guidance on the use of TIPS, variceal embolization, and retrograde transvenous obliteration in the management of variceal hemorrhage. *Hepatology*. 2024;79(1):224-250.
18. Björck M, Koelemay M, Acosta S, et al. Editor's choice – management of the diseases of mesenteric arteries and veins. Clinical practice guidelines of the European Society of Vascular Surgery (ESVS). *Eur J Vasc Endovasc Surg*. 2017;53:460-510.
19. Ginsburg M, Obara P, Lambert D, et al. Expert Panels on Vascular Imaging and Gastrointestinal Imaging: ACR Appropriateness Criteria ® Imaging of Mesenteric Ischemia. *J Am Coll Radiol*. 2018;15(11S):S332-40.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Suspected Neuroendocrine Tumors of the Abdomen (AB-44)

Guideline

Suspected Neuroendocrine Tumors of the Abdomen (AB-44)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Suspected Neuroendocrine Tumors of the Abdomen (AB-44)

AB.44.A
v2.0.2025

For the evaluation of a suspected neuroendocrine tumor of the abdomen: See **Gastrointestinal/Pancreatic Neuroendocrine Cancers - Suspected/Diagnosis (ONC-15.2)** in the Oncology Imaging Guidelines.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Liver Elastography (AB-45)

Guideline

Liver Elastography (AB-45)
References (AB-45)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Liver Elastography (AB-45)

AB.LE.0045.A
v2.0.2025

- Initial staging of liver fibrosis in suspected fatty liver disease (hepatic steatosis):
  - Transient Elastography or Vibration-Controlled Transient Elastography (VCTE, e.g. Fibroscan) (CPT® 91200) is the initial imaging modality
    - Typically repeated within a 3-year period. If repeat transient elastography fails, see MRE criteria below[23]
  - Magnetic Resonance Elastography (MRE, CPT® 76391) can be approved for ANY of the following:
    - Transient Elastography failure despite use of an XL-probe, OR BMI ≥35
    - Conflict between clinical picture and transient elastography results (e.g., individual with portal hypertension but VCTE suggests no fibrosis)
    - VCTE liver stiffness measurement of ≥8 kPa
    - FIB 4 score of >2.67
    - Liver biopsy demonstrates fibrosis stage F2-F4
- Special considerations for MRE:
  - For MRE requests in the setting of hemochromatosis, see: **Hereditary (Primary) Hemochromatosis (HH) and Other Iron Storage Diseases (AB-11.2)**)
  - Note: The correct CPT code for MR Elastography is CPT® 76391. It is a stand-alone code and it does not require an additional CPT code such as MRI Abdomen (CPT® 74183).
  - An additional MRI Abdomen code should only be approved if there is another appropriate indication for it, other than the Elastography study (for example, MRE for fibrosis scoring in MASLD (formerly known as NAFLD) due to a BMI ≥35, AND further evaluation of an indeterminate hepatic lesion).
- The use of other ultrasound elastographic codes (CPT® 76981, CPT® 76982, and CPT® 76983) is not medically necessary at this time.

Background and Supporting Information

- For the assessment of cirrhosis in individuals with hepatitis C, the AGA noted that MRE has little to no increase in identifying cirrhosis, but had poorer specificity and thus higher false-positive rates than VCTE. In view of this, the AGA concluded that MRE has a poorer diagnostic performance in this setting, compared to VCTE. In their recommendations for the assessment of fibrosis in chronic liver disease, VCTE was recommended over MRE with the exception of MASLD (formerly known as NAFLD) in high-risk populations, in which MRE resulted in a lower rate of false positives compared to VCTE. This was considered a conditional recommendation with a low quality of evidence.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

- Transient Elastography (VCTE) is the most studied elastography technique and informs multiple evidence-based guidelines with respect to fibrosis scoring. No national evidence-based guideline recommends the use of either ARFI or real-time tissue elastography (RTTE) over the use of VCTE for any clinical protocol, nor is there direct evidence that ARFI or RTTE improves health outcomes over and above VCTE.
- Vibration-Controlled Transient Elastography (VCTE) (e.g. Fibroscan, CPT® 91200) may be considered appropriate to assess for advanced fibrosis and cirrhosis in conditions including:
  - Hepatitis C
  - Hepatitis B
  - Chronic alcoholic liver disease
  - All other chronic liver diseases
- FIB-4 index is calculated as follows[22]:
  - FIB-4 = (Age in years x AST level)/(Platelet count x √ of ALT)

Evidence Discussion

Targeted screening of populations at increased risk for advanced liver disease is advised to identify and manage those with clinically significant fibrosis.

Although liver biopsy remains the reference standard for the grading and staging of nonalcoholic steatohepatitis (NASH), it has important limitations related to risk, cost, and sampling error. Noninvasive biomarkers are emerging as valuable tools for predicting adverse liver-related outcomes.

The most validated laboratory-based fibrosis biomarker is FIB-4, which outperforms other calculations in its ability to identify patients with a low probability of advanced fibrosis. A FIB-4 score > 2.67 is associated with a high risk of advanced fibrosis.

Liver stiffness is a physical characteristic of the liver that increases with fibrosis severity. Vibration Controlled Transient Elastography (VCTE), e.g., Fibroscan, is the most commonly used method to assess liver stiffness. Transient elastography (VCTE) is the most studied elastography technique and informs multiple evidence-based guidelines with respect to fibrosis scoring. No national evidence-based guideline recommends the use of either ARFI or real-time tissue elastography (RTTE) over the use of VCTE for any clinical protocol, nor is there direct evidence that ARFI or RTTE improves health outcomes over and above VCTE. VCTE-derived liver stiffness measurement (LSM) of < 8 kPa can be used to rule out advanced fibrosis, especially if used with FIB-4. An LSM between 8 and 12kPa may be associated with fibrotic NASH, and a value > 12 kPa is associated with a high likelihood of advanced fibrosis.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

For the assessment of cirrhosis in individuals with hepatitis C, the American Gastroenterological Association (AGA) noted that MRE has little to no increase in identifying cirrhosis, but had poorer specificity and thus higher false-positive rates than VCTE. In view of this, the AGA concluded that MRE has a poorer diagnostic performance in this setting, compared to VCTE. In their recommendations for the assessment of fibrosis in chronic liver disease, VCTE was recommended over MRE with the exception of NAFLD in high-risk populations, in which MRE resulted in a lower rate of false positives compared to VCTE.

Magnetic Resonance Elastography (MRE) is more sensitive than VCTE in detecting fibrosis stage ≥ 2 and is considered the most accurate noninvasive, imaging-based biomarker of fibrosis in NAFLD. Although MRE is not the first-line approach for risk stratification, it becomes an important tool when clinical uncertainty exists, concomitant cross-sectional imaging is needed, there is a discrepancy between the clinical picture and VCTE results, or when VCTE is unavailable. MRE is also useful when VCTE is limited by BMI ≥ 35 or when use of an XL probe has failed. Among patients with cirrhosis, baseline LSM by MRE most accurately predicts future risk of hepatic decompensation and death.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (AB-45)

v2.0.2025

1. American Gastroenterologic Association Institute guideline on the role of elastography in the evaluation of liver fibrosis. *Gastroenterology*. 2017:152:1536-1543.
2. Conti CB, Cavalcoli F, Fraquelli M, Conte D, Massironi S. Ultrasound elastographic techniques in focal liver lesions. *World Journal of Gastroenterology*. 2016;22(9):2647. doi:10.3748/wjg.v22.i9.2647.
3. The diagnosis and management of nonalcoholic fatty liver disease: Practice guidance from the American Association for the Study of Liver Diseases. *Clinical Liver Disease*. 2018;11(4):81-81. doi:10.1002/cld.722.
4. Li Q, Dhyani M, Grajo JR, Sirlin C, Samir AE. Current status of imaging in nonalcoholic fatty liver disease. *World Journal of Hepatology*. 2018;10(8):530-542. doi:10.4254/wjh.v10.i8.530.
5. Imajo K, Kessoku T, Honda Y, et al. Magnetic Resonance Imaging More Accurately Classifies Steatosis and Fibrosis in Patients With Nonalcoholic Fatty Liver Disease Than Transient Elastography. *Gastroenterology*. 2016;150(3). doi:10.1053/j.gastro.2015.11.048.
6. Chalasani N, Younossi Z, Lavine JE, et al. The diagnosis and management of nonalcoholic fatty liver disease: Practice guidance from the American Association for the Study of Liver Diseases. *Hepatology*. 2017;67(1):328-357. doi:10.1002/hep.29367.
7. Vuppalanchi R, Siddiqui MS, Natta MLV, et al. Performance characteristics of vibration-controlled transient elastography for evaluation of nonalcoholic fatty liver disease. *Hepatology*. 2017;67(1):134-144. doi:10.1002/hep.29489.
8. Castera L, Friedrich-Rust M, Loomba R. Noninvasive assessment of liver disease in patients with nonalcoholic fatty liver disease. *Gastroenterology*. 2019;156(5). doi:10.1053/j.gastro.2018.12.036.
9. Kanwal F, Shubrook JH, Adams LA, et. al. Clinical care pathways for the risk stratification and management of patients with nonalcoholic fatty liver disease. *Gastroenterology*. 2021;161(5):1657-1669.
10. Long MT, Noureddin M, Lim JK. AGA Clinical practice update: Diagnosis and management of nonalcoholic fatty liver disease in lean individuals: Expert review. *Gastroenterology*. 2022;163(3):764-774.e1.
11. Muraj S, Ahmed A, Kim D. Recent epidemiology of nonalcoholic fatty liver disease. *Gut Liver*. 2021;15(2):206-216. doi:10.5009/gnl20127.
12. Sanyal AJ, Van Natta ML, Clark J, et. al. Prospective Study of outcomes in adults with nonalcoholic fatty liver disease. *N Engl J Med*. 2021;385:1559-1569 doi:10.1056/NEJMoa2029349.
13. Cusi K, Isaacs S, Barb D, et. al. American Association of Clinical Endocrinology clinical practice guideline for the diagnosis and management of nonalcoholic fatty liver disease in primary care and endocrinology clinical settings. *Endocr Pract*. 2022;28(5):528-562. doi:10.1016/j.eprac/2022.03.010.
14. Mantovani A, Dalbeni A. Treatments for NAFLD: state of the art. *Int J Mol Sci*. 2021;22(5):2350. doi:10.3390/ijms22052350.
15. Selvaraj EA, Mózes EF, Jayaswal ANA, et al. Diagnostic accuracy of elastography and magnetic resonance imaging in patients with NAFLD: a systemic review and meta-analysis. *J Hepatol*. 2021;(75):770-785. doi:10.1016/j.jhep.2021.04.044.
16. Imajo K, Honda Y, Kobayashi T, et. al. Direct comparison of US and MR elastography for staging liver fibrosis in patients with nonalcoholic fatty liver disease. *Clin Gastro Hepatol*. 2022;20:908-917. doi:10.1016/j.cgh.2020.12.016.
17. Ajmera A, Nguyen K, Tamaki N, et. al. Prognostic utility of magnetic resonance elastography and MEFIB index in predicting liver-related outcomes and mortality in individuals at risk of and with nonalcoholic fatty liver disease. *Therap Adv Gastroenterol*. 2022;(15):1-13.doi:10.1177/17562848221093869.
18. Younossi ZM, Noureddin M, Bernstein D, et. al. Role of noninvasive tests in clinical gastroenterology practices to identify patients with nonalcoholic steatohepatitis at high risk of adverse outcomes: expert panel recommendations. *Am J Gastroenterol*. 2021;116(2):254-262. doi:10.14309/ajg0000000000001054.
19. Orci LA, Sanduzzi-Zamparelli M, Caballol B, et. al. Incidence of hepatocellular carcinoma in patients with nonalcoholic fatty liver disease: a systemic review, meta-analysis, and meta-regression. *Clin Gastroenterol Hepatol*. 2022;20(2):283-292. doi:10.1016/j.cgh.2021.05.002.
20. Sterling RK, Lissen E, Clumeck N, et. al. Development of a simple noninvasive index to predict significant fibrosis patients with HIV/HCV co-infection. *Hepatology*. 2006;43:1317-1325.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

21. Gidener T, Dierkhising RA, Mara KC, et. al. Change in serial liver stiffness measurement by magnetic resonance elastography and outcomes in NAFLD. *Hepatology*. 2023;77(1):268-274. doi:10.1002/hep.32594.
22. Sterling RK, Duarte-Rojo A, Patel K, et al. AASLD practice guideline on imaging-based on non-invasive liver disease assessments of hepatic fibrosis and steatosis. *Hepatology*. 2024. Online ahead of print. doi:10.1097/HEP.0000000000000843.
23. Jophlin LL, Singal AK, Bataller R, et al. ACG clinical guideline: alcohol-associated liver disease. *Am J Gastroenterol*. 2024;119:30-54. Doi:10.14309/ajg.0000000000002572.
24. Loomba R, et al. The 20% rule of NASH progression: the natural history of advanced fibrosis and cirrhosis caused by NASH. *Hepatology*. 2019;70(6):1885-1888.
25. Farrell A, et al. Epidemiology of non-alcoholic fatty liver disease-related hepatocellular carcinoma: a western perspective. *Hepatoma Res*. 2020;(6):18.
26. Rinella, ME, Neuschwander-Tetri,BA, et al., AASLD Practice Guidance on the clinical assessment and management of nonalcoholic fatty liver disease. *Hepatology*. 2023:77:1797-1839.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Hiccups (AB-46)

Guideline

Hiccups (AB-46.0)
References (AB-46)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Hiccups (AB-46.0)

AB.HI.0046.0.A

v2.0.2025

- Note: Hiccups may be associated with cerebrovascular disease, brain tumors, and intracranial injury, though it would be very rare for hiccups to be the only presenting symptom of serious neurologic disease. If concern is expressed for neurologic involvement, please see the appropriate guideline in HD imaging (e.g., **Neuromyelitis Optica and NMO Spectrum Disorders (HD-16.2)** and **Anti-MOG syndromes (HD-16.3)**)
- Hiccups <48 hours without any localizing or specific symptoms:
  - No advanced imaging
- Hiccups ≥48 hours:
  - History and physical examination, laboratory and CMP and baseline chest x-ray
  - Abnormal or negative chest x-ray with symptoms referable to the chest:
    - CT Chest with contrast (CPT® 71260)
  - Lab or history/physical findings suggest a gastrointestinal etiology:
    - CT Abdomen with contrast (CPT® 74160)

Evidence Discussion

If there are additional signs or symptoms to evaluate, further testing is indicated. CT Chest and/or bronchoscopy is the study of choice for evaluation wheezing, dyspnea, abnormal chest radiography, or abnormal pulmonary function tests. MRI Brain and/or lumbar puncture are indication for potential central nervous system causes. Evaluation of esophageal and other symptoms is performed with upper endoscopy, esophageal manometry, and/or CT Abdomen. Cardiac etiologies may be evaluated with EKG & Echo.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (AB-46)

v2.0.2025

1. *British Journal of General Practice*. Hiccups. A Common Problem with Some Unusual Causes and Cures: 2016;66(652):584-586.
2. Steger M, Schneemann M, Fox M. Systemic review: the pathogenesis and pharmacological treatment of hiccups. *Alimentary Pharmacology & Therapeutics*. 2015;42(9):1037-1050. doi:10.1111/apt.13374.
3. Pooran N, Lee D, Sideridis K. Protracted hiccups due to severe erosive esophagitis: a case series. *J Clin Gastroenterol*. 2006;40:183.
4. Brañuelas Quiroga J, Urbano García J, Bolaños Guedes J. Hiccups: a common problem with some unusual causes and cures. *Br J Gen Pract*. 2016;66:584-586.
5. Yamazaki Y, Sugiura T, Kurokawa K. Sinister hiccups. Lancet. 2008; 371:1550.
6. Bredenoord AJ. Management of belching, hiccups, and aerophagia. *Clinical Gastroenterology & Hepatology*. 2013;11(1):6-12.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Retroperitoneal Fibrosis (AB-47)

Guideline

Retroperitoneal Fibrosis (AB-47.0)
References (AB-47)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Retroperitoneal Fibrosis (AB-47.0)

AB.RP.0047.0.A
v2.0.2025

- Individuals diagnosed with retroperitoneal fibrosis:
  - ONE of the following every 3 months until stability demonstrated:
    - CT Abdomen and Pelvis with contrast (CPT® 74177)
    - MRI Abdomen and Pelvis without contrast (CPT® 74181 and CPT® 72195)
    - MRI Abdomen and Pelvis with and without contrast (CPT® 74183 and CPT® 72197)
    - Retroperitoneal or Abdominal ultrasound (CPT® 76770 or CPT® 76700) can be approved if requested.
  - After stability established repeat imaging can be approved every 6 months.
  - Requests for non-contrasted studies in individuals with renal insufficiency is appropriate. Gadolinium may induce nephrogenic systemic fibrosis in individuals with moderate or severe renal insufficiency, especially if the GFR is <30 ml/min.
  - Additional imaging:
    - CT Chest (CPT® 71260) can also be performed upon initial diagnosis if requested, to further evaluate for the possibility of malignancy as an underlying etiology.
- PET/CT (CPT® 78815)
  - Can be considered initially, after diagnosis, to establish avidity patterns to assess for the likelihood of malignancy and for stratification for the likelihood of response to steroids.
  - Follow-up can be considered if there is documentation of an anticipated therapeutic change based on the results (such as a change in immunosuppression therapy or stent removal).
- Methysergide-induced retroperitoneal fibrosis:
  - Methysergide for migraine treatment is generally no longer available but is rarely being used at some centers. It has a known complication of retroperitoneal fibrosis.
  - Individuals can be screened at baseline and then every 6 months with ONE of the following:
    - CT Abdomen and Pelvis with contrast (CPT® 74177)
    - CT Abdomen and Pelvis without contrast (CPT® 74176)
    - MRI Abdomen and Pelvis without and with contrast (CPT® 74183 and CPT® 72197)
    - MRI Abdomen and Pelvis without contrast (CPT® 74181 and CPT® 72195)
    - Retroperitoneal ultrasound (CPT® 76770 or CPT® 76775)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Background and Supporting Information

Retroperitoneal fibrosis is a rare disease, and may be idiopathic (IgG4 or non-IgG-4 related) or secondary. Secondary causes include malignancy, infections, previous radiation therapy, previous abdominal surgery, drugs such as methysergide, and biologic agents.

Evidence Discussion

- Ultrasound may be used as a screening tool, but has low sensitivity and is often insufficient to distinguish retroperitoneal fibrosis from other abdominal masses.
- CT and MR allow for characterizing morphology and extent of retroperitoneal fibrosis both at initial diagnosis and in treatment monitoring. It also helps to define the involved vascular structures, and can visualize disease in other abdominal viscera that may be associated with retroperitoneal fibrosis. CT may have advantages in imaging availability and imaging time. MR may have advantages in avoiding ionizing radiation and improved soft tissue characterization.
- PET may be used to evaluate metabolic activity and may be of value after diagnosis to characterize active inflammation versus malignancy and to document response to treatment. The role of PET scan in establishing a diagnosis is limited due to the potential for nonspecific uptake.
- Follow-up may be appropriate every 3-12 months to access disease status and response to therapy.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (AB-47)

v2.0.2025

1. Retroperitoneal Fibrosis Clinical Presentation: History and Physical Examination. Retroperitoneal Fibrosis Clinical Presentation: History and Physical Examination. https://emedicine.medscape.com/article/458501-clinical. Published May 30, 2019.
2. Vaglio A, Maritati F. Idiopathic Retroperitoneal Fibrosis. *Journal of the American Society of Nephrology*. 2016;27(7):1880-1889. doi:10.1681/asn.2015101110.
3. Runowska M, Majewski D, Puszczewicz M. Retroperitoneal fibrosis – the state-of-the-art. *Reumatologia/ Rheumatology*. 2016;5:256-263. doi:10.5114/reum.2016.63667.
4. Urban M, Palmisano A, Nicastro M, Corradi D, Buzio C, Vaglio A. Idiopathic and secondary forms of retroperitoneal fibrosis: A diagnostic approach. La Revue de Médecine Interne. 2015;36(1):15-21. doi:10.1016/ j.revmed.2014.10.008.
5. EMA restricts methysergide use, concern over fibrosis. *Reactions Weekly*. 2014;1491(1):2-2. doi:10.1007/ s40278-014-9172-x.
6. Fendler WP, Eiber M, Stief CG, Herrmann K. A PET for All Seasons: 18 F-Fluorodeoxyglucose to Characterize Inflammation and Malignancy in Retroperitoneal Fibrosis? *European Urology*. 2017;71(6):934-935. doi:10.1016/ j.eururo.2017.01.019.
7. Gu L, Wang Y, Zhang X. Re: Archie Fernando, James Pattison, Catherine Horsfield, David D'Cruz, Gary Cook, Tim O'Brien. [18F]-Fluorodeoxyglucose Positron Emission Tomography in the Diagnosis, Treatment Stratification, and Monitoring of Patients with Retroperitoneal Fibrosis: A Prospective Clinical Study. *Eur Urol* 2017;71:926–33. *European Urology*. 2017;72(2). doi:10.1016/j.eururo.2017.02.029.
8. Łoń I, Wieliczko M, Lewandowski J, Małyszko J. Retroperitoneal fibrosis is still an underdiagnosed entity with poor prognosis. *Kidney and Blood Pressure Research*. 2022;47(3):151-62.
9. Peisen F, Thaiss WM, Ekert K, et al. Retroperitoneal fibrosis and its differential diagnoses: the role of radiological imaging. I*nRöFo-Fortschritte auf dem Gebiet der Röntgenstrahlen und der bildgebenden Verfahren*. 2020;192(10):929-936).
10. Urban ML, Palmisano A, Nicastro M, Corradi D, Buzio C, Vaglio A. Idiopathic and secondary forms of retroperitoneal fibrosis: a diagnostic approach. *La Revue de medecine interne*. 2015;36(1):15-21.
11. Vaglio A, Maritati F. Idiopathic retroperitoneal fibrosis. *J Am Soc Nephrol*. 2016;27(7):1880-9. doi:10.1681/ ASN.2015101110.
12. Kermani TA, Crowson CS, Achenbach SJ, Luthra HS. Idiopathic retroperitoneal fibrosis: a retrospective review of clinical presentation, treatment, and outcomes. *Mayo Clin Proc*. 2011;86(4):297-303. doi:10.4065/ mcp.2010.0663.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Fistulae (AB-48)

Guideline

Fistulae (AB-48)
References (AB-48)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Fistulae (AB-48)

AB.FD.0048.A
v2.0.2025

- Suspected enteric fistulae
  - ONE of the following is indicated:
    - MR Enterography (CPT® 74183 or CPT® 74181 and CPT® 72197 or CPT® 72195), or
    - CT Enterography or CT Abdomen and Pelvis with contrast (CPT® 74177), or
    - MRI Abdomen and Pelvis without and with contrast (CPT® 74183 and CPT® 72197)
- Suspected colovesical fistulae
  - ONE of the following is indicated:
    - CT Abdomen and Pelvis without contrast (CPT® 74176), or
    - MR Enterography (CPT® 74183 or CPT® 74181 and CPT® 72197 or CPT® 72195), or
    - MRI Abdomen and Pelvis without and with contrast (CPT® 74183 and CPT® 72197)
- Enterocutaneous fistulae
  - Suspected enterocutaneous fistulae or surgical planning of known complex fistulae:
    - ONE of the following is indicated:
      - CT Abdomen and Pelvis with contrast (CPT® 74177), or
      - MR Enterography (CPT® 74183 or CPT® 74181 and CPT® 72197 or CPT® 72195), or
      - MRI Abdomen and Pelvis without and with contrast (CPT® 74183 and CPT®72197)
- Complicated diverticulitis with fistula, see: **Acute/Persistent (Non-Chronic) Lower Abdominal Pain (AB-2.2)**
- Perianal/perirectal fistulae and abscess related to Crohn's disease, see: **Perirectal/ Perianal Disease (AB-23.3)**
- Other fistulae related to Crohn's disease, see: **Known IBD (AB-23.2)**
- Perianal/perirectal fistulae NOT related to Crohn's disease, see: **Fistula in Ano (PV-21.1)** in the Pelvis Imaging Guidelines
- For colovaginal, rectovesicular, rectovaginal, or urinary-vaginal communicating fistulae, see: **Pelvic Fistula (PV-21.3)** in the Pelvis Imaging Guidelines
- For pilonidal cyst, see: **Pilonidal Cyst (PV-21.4)** in the Pelvis Imaging Guidelines

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Background and Supporting Information

- Examples of gastrointestinal fistulae include tracheo- and broncho-esophageal, entero-cutaneous, entero-enteric, entero-colic, entero-vesical, colo-vesical, recto-vaginal, perianal, and aorto-enteric.
- Etiologies of fistulae include: complication of inflammatory disease (e.g., Diverticulitis, Crohn's disease), complication of surgical procedures (which are the most common cause of intestinal fistula, comprising more than half of all fistulae), obstetric injury (e.g., recto-vaginal, ano-vaginal), malignancy, radiation, non-surgical injuries, and foreign bodies.

Evidence Discussion

Magnetic resonance imaging (MRI) and small intestine contrast enhanced ultrasonography (SICUS) have now emerged as suitable radiation-free alternatives to CT imaging, with comparable diagnostic accuracy. MRI is often considered the imaging modality of choice for evaluation of fistulae owing to its superior soft-tissue contrast and ability to provide surgeons with the highest quality information derived from just one study, including anatomic location of fistulae and associated pelvic pathology.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (AB-48)

v2.0.2025

1. Expert Panel on Gastrointestinal Imaging. ACR Appropriateness Criteria® Crohn's disease. American College of Radiology (ACR); Reviewed 2021.
2. Lichtenstein GR, Loftus EV, Isaacs KL, Regueiro MD, Gerson LB, Sands BE. ACG Clinical Guideline: Management of Crohn#s Disease in Adults. *American Journal of Gastroenterology*. 2018;113(4):481-517. doi:10.1038/ajg.2018.27.
3. Gribovskaja-Rupp I, Melton GB. Enterocutaneous fistula: proven strategies and updates. *Clin Colon Rectal Surg*. 2016;29(2):130.
4. Qiu Y, Mao R, Chen L, Li H, He Y, Zeng R, Li P, Chen H. Systematic review with meta-analysis: magnetic resonance enterography vs. computed tomography enterography for evaluating disease activity in small bowel Crohn's disease. *Aliment Pharmacol Ther*. 2014;40(2):134-46. doi:10.1111/apt.12815.
5. Panes J, Bouhnik Y, Reinisch W, et al. Imaging techniques for assessment of inflammatory bowel disease: joint ECCO and ESGAR evidence-based consensus guidelines. *J Crohn's Colitis*. 2013;7:556-585.
6. Jensen, Kjeldsen J, Rafaelsen S R, Nathan T. Diagnostic accuracies of MR enterography and CT enterography in symptomatic Crohn's disease. *Scand J Gastroenterol*. 2011;46:1449-1457.
7. Greer MC, Taylor SA. Perianal imaging in Crohn disease: current status with a focus on MRI, from the AJR Special Series on imaging of inflammation. *AJR Am J Roentgenol*. 2022;218(5):781-792. doi:10.2214/AJR.21.26615.
8. Scharitzer M, Koizar B, Vogelsang H, et al. Crohn's disease: prevalence, MR features, and clinical significance of enteric and colonic sinus tracts. *Eur Radiol*. 2020;30(10):5358-5366. doi:10.1007/s00330-020-06935-1.
9. Guimarães LS, Greer MC, Dillman JR, Fletcher JG. Magnetic resonance in Crohn's disease: diagnosis, disease burden, and classification. *Magn Reson Imaging Clin N Am*. 2020;28(1):31-44. doi:10.1016/j.mric.2019.08.003.
10. Tang YZ, Booth TC, Swallow D, et al. Imaging features of colovesical fistulae on MRI. *Br J Radiol*. 2012;85(1018):1371-5. doi:10.1259/bjr/55871151.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Table of Contents

Guideline

General Information
General Information
General Guidelines (CD-1.0)
References (CD-1)
Stress Testing
Stress Testing with Imaging (CD-1.4)
Stress Testing with Imaging-Preoperative (CD-1.5)
References (CD-1)
Echocardiography (ECHO)
Transthoracic Echocardiogram (TTE)-Coding (CD-2.1)
Transthoracic Echocardiography (TTE) Indications/initial evaluation (CD-2.2)
Frequency of Echocardiography Testing (CD-2.3)
References (CD-2)
Transesophageal Echocardiography (TEE) (CD-2.4) (CD-2.5)
Stress echocardiography (stress echo) (CD-2.7)
3D Echocardiography (CD-2.9)
Myocardial strain imaging (CD-2.12)
Nuclear Cardiac Imaging
Myocardial Perfusion Imaging (MPI)(CD-3.1)(CD-3.2)
MUGA – Coding (CD-3.3)
MUGA Study – Cardiac Indications (CD-3.4)
Myocardial Sympathetic Innervation Imaging in Heart Failure (CD-3.6)
Non-imaging Heart Function and Cardiac Shunt Imaging (CD-3.7)
References (CD-3)
Cardiac CT
Cardiac CT and CTA-General information and coding (CD-4.1)
CT for Coronary Calcium Scoring (CD-4.2)
CCTA – Indications for CCTA (CD-4.3)
CCTA – Regardless of symptoms (CD-4.4)
Anatomical and functional analysis of CCTA results (CD-4.5)
CT heart for evaluation of cardiac structure and morphology (CD-4.6)
CT Heart for Congenital Heart Disease (CD-4.7)
Transcatheter aortic valve replacement (TAVR) (CD-4.8)
3D Predictive model generation for pre-planning of cardiac procedure (CD-4.9)
References (CD-4)
Cardiac MRI

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Cardiac MRI and Cardiac Indications for MRA Chest (CD-5.2)
Cardiac Stress MRI- (CD-5.3)
References (CD-5)
Cardiac PET
Cardiac PET – Coding (CD-6.1)
Cardiac PET – Perfusion – Indications (CD-6.2)
Cardiac PET – Absolute Quantitation of Myocardial Blood Flow (AQMBF) (CD-6.3)
References
Cardiac PET – Metabolic – Indications (CD-6.4)
FDG PET/CT for infections (CD-6.5)
References (CD-6)
Diagnostic Heart Catheterization
LHC – Unstable/Active Coronary Artery Syndromes (CD-7.3.1)
Diagnostic Heart Catheterization – Coding (CD-7.2)
Diagnostic Left Heart Catheterization (LHC) (CD-7.3)
Right Heart Catheterization and Right and Left Heart Catheterization without Coronary Angiography (CD-7.4)
Combined Right and Left Heart Catheterization Indications (CD-7.5)
Planned (Staged) Coronary Interventions or Post-catheterization Physiologic Evaluation (CD-7.6)
Evaluation of Conditions other than Coronary Artery Disease (CD-7.7)
References (CD-7)
Adult Congenital Heart Disease
Congenital heart disease – General Information (CD-11.1)
ASD-Atrial septal defects (CD-11.2.1)
Anomalous Pulmonary Venous Connections (CD-11.2.2)
Ventricular Septal Defect (VSD) (CD-11.2.3)
Atrioventricular Septal Defect (AV Canal, AVSD, endocardial cushion defect) (CD-11.2.4)
Patent Ductus Arteriosus (PDA) (CD-11.2.5)
Cor Triatriatum (CD-11.2.6)
Congenital Mitral Stenosis (CD-11.2.7)
Subaortic Stenosis (SAS) (CD-11.2.8)
Congenital Valvular Aortic Stenosis (CD-11.2.9)
Aortic disease in Turner Syndrome (CD-11.2.10)
Supravalvular Aortic Stenosis (CD-11.3.1)
Coarctation of the Aorta (CD-11.3.2)
Valvular Pulmonary Stenosis (CD-11.3.3)
Branch and Peripheral pulmonary stenosis (CD-11.3.4)
Double chambered RV (CD-11.3.5)
Ebstein Anomaly (CD-11.3.6)
Tetralogy of Fallot (TOF, VSD with PS) (CD-11.3.7)
Right Ventricle-to-Pulmonary Artery Conduit (CD-11.3.8)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Transposition of the great arteries (TGA) (CD-11.3.9)
Congenitally corrected TGA (CD-11.3.10)
Fontan Palliation of Single Ventricle Physiology (CD-11.3.11)
Severe Pulmonary Artery Hypertension (PH) and Eisenmenger Syndrome (CD-11.3.12)
Coronary artery anomalies (CD-11.3.13)
References (CD-11)
Perinatal Imaging in Cardiovascular Disease
Diagnostic Cardiovascular Imaging Pre-Pregnancy to Post-Partum (CD-15.1)
Maternal imaging in cardiovascular disease (CD-15.2)
Maternal Imaging in Individuals with Aortopathy (CD-15.3)
Imaging in Pregnancy with Congenital Heart Disease (CHD) (CD-15.4)
References (CD-15)
Cardiotoxic Agent-Related Cardiac Dysfunction
Cardiotoxic Agent-Related Cardiac Dysfunction (CD-12)
References (CD-12)
Cardiac Sarcoidosis
Cardiac Sarcoidosis (CD-3.9)
References (CD-3.9)
Cardiac Amyloidosis
Myocardial Tc-99m Pyrophosphate Imaging in Cardiac Amyloidosis (CD-3.8)
Cardiac Trauma
Cardiac Trauma Imaging (CD-10.1)
References (CD-10)
Congestive Heart Failure
Congestive Heart Failure (CD-9)
References (CD-9)
Pre-surgical Cardiac Testing
Cardiac Surgery Imaging (CD-13)
References (CD-13)
Pulmonary Hypertension
Pulmonary Hypertension (PH) (CD-8.1)
References (CD-8)
Pulmonary Vein Imaging
Pulmonary Vein Imaging – Indications (CD-8.2)
References (CD-8)
Cardiac Imaging in Individuals with Known or Planned Transplants
Cardiac Imaging in Transplants (CD-16)
Hypertrophic Cardiomyopathy
Hypertrophic Cardiomyopathy (HCM) (CD-14)
References (CD-14)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

General Information

Guideline

General Information
General Guidelines (CD-1.0)
References (CD-1)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

General Information

v2.0.2025

Abbreviations for the Cardiac Imaging Guidelines

Abbreviation	Description
ACC	American College of Cardiology
ACS	Acute coronary syndrome
AHA	American Heart Association
ANOCA	Angina with no obstructive coronary artery disease
ASCOT	Anglo-Scandinavian Cardiac Outcomes Trial
ASD	Atrial septal defect
BMI	Body mass index
CABG	Coronary artery bypass grafting
CAD	Coronary artery disease
CAD-RADS	The Coronary Artery Disease Reporting and Data System
CHF	Congestive heart failure
CMD	Coronary microvascular dysfunction
COPD	Chronic obstructive pulmonary disease
CT	Computed tomography
CCTA	Coronary computed tomography angiography
CTA	Computed tomography angiography
CTV	Computed tomography venography

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Abbreviation	Description
EBCT	Electron beam computed tomography
ECP	External counterpulsation (also known as EECP)
ECG	Electrocardiogram
ECP	External counterpulsation
ETT	Exercise treadmill stress test
FDG	Fluorodeoxyglucose, a radiopharmaceutical used to measure myocardial metabolism
FFR	Fractional flow reserve
HCM	Hypertrophic cardiomyopathy
INOCA	Ischemia with no obstructive coronary artery disease
IV	Intravenous
LAD	Left anterior descending coronary artery
LDL-C	Low density lipoprotein cholesterol
LHC	Left heart catheterization
LV	Left ventricle
LVEF	Left ventricular ejection fraction
MI	Myocardial infarction
MINOCA	Myocardial infarction with no obstructive coronary artery disease
MPI	Myocardial perfusion imaging (SPECT study, nuclear cardiac study)
MRA	Magnetic resonance angiography
MRI	Magnetic resonance imaging

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Abbreviation	Description
mSv	millisievert (a unit of radiation exposure) equal to an effective dose of a joule of energy per kilogram of recipient mass
MUGA	Multi gated acquisition scan of the cardiac blood pool
PCI	Percutaneous coronary intervention (includes percutaneous coronary angioplasty (PTCA) and coronary artery stenting)
PET	Positron emission tomography
PTCA	Percutaneous coronary angioplasty
RHC	Right heart catheterization
SPECT	Single photon emission computed tomography
TEE	Transesophageal echocardiogram
TAVI	Transcatheter aortic valve implantation
TAVR	Transcatheter aortic valve replacement
TIA	Transient Ischemic Attack
VSD	Ventricular septal defect

Glossary

Agatston Score	a nationally recognized calcium score for the coronary arteries based on Hounsfield units and size (area) of the coronary calcium
Angina pectoris	principally chest discomfort, exertional (or with emotional stress) and relieved by rest or nitroglycerin
Anginal variants or equivalents	a manifestation of myocardial ischemia which is perceived by individuals to be (otherwise unexplained) dyspnea, unusual fatigue, more often seen in females and may be unassociated with chest pain

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

ARVD/ARVC – Arrhythmogenic Right Ventricular Dysplasia/ Cardiomyopathy	a potentially lethal inherited disease with syncope and rhythm disturbances, including sudden death, as presenting manifestations
BNP	B-type natriuretic peptide, blood test used to diagnose and track heart failure (n-T-pro-BNP is a variant of this test)
Brugada Syndrome	an electrocardiographic pattern that is unique and might be a marker for significant life-threatening dysrhythmias
Double Product (Rate Pressure Product)	an index of cardiac oxygen consumption, is the systolic blood pressure times heart rate, generally calculated at peak exercise; over 25000 means an adequate stress load was performed
Fabry Disease	an infiltrative cardiomyopathy, can cause heart failure and arrhythmias
Fatigue	a subjective feeling of weakness, tiredness or exhaustion. Exertional fatigue is acute in nature, with rapid onset, short duration, and short recovery period.
Hibernating myocardium	viable but poorly functioning or non-functioning myocardium which likely could benefit from intervention to improve myocardial blood supply
Optimized Medical Therapy	should include (where tolerated) antiplatelet agents, calcium channel antagonists, partial fatty acid oxidase inhibitors (e.g. ranolazine), statins, short-acting nitrates as needed, long-acting nitrates up to 6 months after an acute coronary syndrome episode, beta blocker drugs (optional), angiotensin-converting enzyme (ACE) inhibitors/angiotensin receptor blocking (ARB) agents (optional)
Platypnea	shortness of breath when upright or seated (the opposite of orthopnea) and can indicate cardiac malformations, shunt or tumor

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Silent ischemia	absence of ischemic symptoms or signs prior to objective demonstration of ischemia by stress testing and/or demonstration of obstructive CAD
Syncope	loss of consciousness; near-syncope is not syncope
Takotsubo cardiomyopathy	apical dyskinesis oftentimes associated with extreme stress and usually thought to be reversible
Troponin	a marker for ischemic injury, primarily cardiac
TAVR (TAVI)	A minimally invasive procedure to treat aortic valve disease

Practice Estimate of Effective Radiation Dose chart for Selected Imaging Studies

Imaging Study	Estimate of Effective Radiation Dose
Sestamibi myocardial perfusion study (MPI) PET myocardial perfusion study: Rubidium-82 Nitrogen-13 ammonia	9-12 mSv 3 mSv 2 mSv
Thallium myocardial perfusion study (MPI)	22-31 mSv
Diagnostic conventional coronary angiogram (catheterization)	5-10 mSv
Computed tomography coronary angiography (CTCA) (with prospective gating)	5-15 mSv Less than 5 mSv
CT Abdomen and Pelvis	8-14 mSv
Chest x-ray	<0.1 mSv

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

General Guidelines (CD-1.0)

CD.GG.0001.0.A
v2.0.2025

General Guidelines

- A pertinent clinical evaluation since the onset or change in symptoms is required prior to considering advanced imaging, which includes:
  - Relevant history and physical examination and appropriate laboratory studies and non-advanced imaging modalities, such as recent ECG, chest x-ray or ECHO/ ultrasound, performed after symptoms started or worsened.
    - Effort should be made to obtain copies of reported abnormal ECG studies in order to determine whether the ECG is uninterpretable for ischemia on ETT
    - Most recent previous stress testing and its findings should be obtained
    - Other meaningful contact (telephone call, electronic mail or messaging) by an established individual can substitute for a face-to-face clinical evaluation.
  - A recent clinical evaluation documenting any subjective findings (complaints, changes in behavior) or objective findings (clinical exam findings).
    - Other meaningful contact (telephone call, electronic mail or messaging) by an established individual can substitute for a face-to-face clinical evaluation such as requests based on new increased or worsening symptoms.
    - Some conditions may require a face-to-face evaluation as discussed in the applicable condition-specific guideline sections (such as requests based on new physical exam findings).
    - A recent clinical evaluation may be unnecessary if the individual is undergoing a guideline-supported, scheduled follow-up imaging or other designated procedural evaluation.
    - Exceptions due to routine surveillance indications are addressed in the applicable condition-specific guideline sections
  - Vital signs, height and weight, or BMI, or description of general habitus is needed.
  - Clinical question to be answered by advanced imaging that will affect management of the individual's clinical condition.
- Cardiac imaging is not indicated if the results will not affect clinical management decisions. If a decision to perform cardiac catheterization or other angiography has already been made, there is often no need for imaging stress testing
- Assessment of ischemic symptoms (if present) based on the descriptions below following this section.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Ischemic evaluation

- For the purposes of guideline sections addressing ischemic evaluation, symptoms are defined as the following:
  - Likely-anginal symptoms (angina pectoris, typical angina, cardiac chest pain): Chest/ epigastric/shoulder/arm/jaw pain, chest pressure/discomfort occurring with exertion or emotional stress which is relieved by rest, nitroglycerin, or both.
  - Less-likely anginal symptoms: Symptoms including dyspnea or fatigue when not exertional and/or not relieved by rest/nitroglycerin; also includes generalized fatigue or chest discomfort occurring in a time course not suggestive of angina (e.g., resolves spontaneously within seconds or lasts for an extended period and is unrelated to exertion)
  - Non-cardiac explanation: An alternative diagnosis, such as gastroesophageal reflux, chest trauma, anemia, chronic obstructive pulmonary disease, or pleurisy, is present and is the most likely explanation for the patient's symptoms
  - Anginal equivalents: (individuals with previously documented CAD only):
    - Symptoms consistent with individual’s known angina pattern in an individual with a history of CABG or PCI
    - Dyspnea on exertion
    - Fatigue (overwhelming sense of exhaustion causing a decreased capacity for physical activity or mental work)
- Other signs and symptoms suggestive of potential cardiac etiology:
  - Dyspnea
  - Orthopnea
  - Paroxysmal nocturnal dyspnea
  - Heartburn unrelated to meals/nausea and vomiting
  - Palpitations
  - Syncope
  - Heart failure
- Chest pain remains the predominant symptom reported by females among those diagnosed with an acute coronary syndrome.
- For the purpose of this guideline, evidence documenting the presence of obstructive CAD includes any of the following:
  - Prior heart catheterization or CCTA revealing any of the following:
    - ≥40% stenosis of the left main coronary artery
    - ≥50% stenosis for other major epicardial vessels
    - Significant stenosis defined by an FFR of ≤0.80
    - History of a prior PCI or CABG
- For the purpose of this guideline, evidence documenting the presence of non-obstructive CAD includes prior heart catheterization or CCTA revealing any of the following:

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

- <40% stenosis of the left main coronary artery
- <50% stenosis for other major epicardial vessels
- FFR >0.8

- The Coronary Artery Disease Reporting and Data System (CAD-RADS) classification of percentage luminal diameter coronary artery stenosis on coronary CT angiography (CCTA) is as follows:[1]
  - CAD-RADS 0: 0%
  - CAD-RADS 1: 1 to 24%
  - CAD-RADS 2: 25 to 49%
  - CAD-RADS 3: 50 to 69%
  - CAD-RADS 4: 70 to 99% or ≥50% left main coronary artery stenosis
  - CAD-RADS 5: 100% (total occlusion)
- For the purposes of this guideline, evidence documenting a prior MI includes any of the following:
  - Presence of diagnostic Q waves on an ECG
  - A fixed perfusion defect on MPI
  - Akinetic or dyskinetic wall motion on echocardiogram
  - Area of Late Gadolinium Enhancement (LGE) on cardiac MRI suggesting scar
- Findings that may alter the ECG changes during exercise or are uninterpretable for ischemia on a stress test:
  - Complete Left Bundle Branch Block (bifasicular block involving right bundle branch and left anterior hemiblock does not render ECG uninterpretable for ischemia)
  - Ventricular paced rhythm
  - Pre-excitation pattern such as Wolff-Parkinson-White
  - ≥1.0 mm ST segment depression (NOT nonspecific ST/T wave changes)
  - LVH with repolarization abnormalities, also called LVH with strain (NOT without repolarization abnormalities or by voltage criteria)
  - T wave inversion in at least two contiguous inferior and/or lateral leads. This includes leads II, AVF, V5 or V6. (T wave inversion isolated in lead III or T wave inversion in lead V1 and V2 are not included).
  - Individual on digitalis preparation

The Exercise Treadmill Test (ETT)

- Requirements for a diagnostic ETT include:
  - ECG that can be interpreted for ischemia.
  - Individual capable of exercise to achieve target heart rate on a treadmill or similar device (5 METs or greater; see functional capacity below). Target heart rate is

[1] Fletcher GF, Ades PA, Kligfield P, et al. Exercise standards for testing and training: a scientific statement from the American Heart Association. Circulation. 2013;128(8):873-934. doi:10.1161/CIR.0b013e31829b5b44.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

calculated as 85% of the maximum age predicted heart rate (MPHR). MPHR is estimated as 220 minus the individual's age.

- An abnormal ETT (exercise treadmill test) includes at least one of the following:
  - ST segment depression (horizontal or downsloping, ≥1.0 mm below baseline)
  - Development of chest pain
  - Drop in systolic blood pressure >10 mmHg during exercise
  - Non-sustained ventricular tachycardia ≥3 consecutive ventricular beats at a rate of >100 beats per minute
  - Sustained ventricular tachycardia (ventricular rhythm at rate >100 beats/minute lasting >30 seconds or requiring termination due to hemodynamic compromise in <30 seconds)
- Functional capacity ≥5 METs equates to the following:
  - Can walk four blocks without stopping
  - Can walk up a hill
  - Can climb one flight of stairs without stopping
  - Can perform heavy work around the house
  - Can walk 4 mph at a brisk pace

Background and Supporting Information

An observational study found that, compared with the Duke Activity Status Index, subjective assessment by clinicians generally underestimated exercise capacity

Upsloping ST segment depression is not considered to be an abnormal ETT finding because of its low specificity.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (CD-1)

CD.GG.0001.0.A
v2.0.2025

1. Fihn SD, Gardin JM, Abrams J, et al. 2012 ACCF/AHA/ACP/AATS/PCNA/SCAI/STS Guideline for the Diagnosis and Management of Patients with Stable Ischemic Heart Disease: Executive Summary. *Circulation*. 2012;126(25):3097-3137. doi:10.1161/cir.0b013e3182776f83.
2. Qaseem A, Fihn SD, Williams S, et al A. Diagnosis of Stable Ischemic Heart Disease: Summary of a Clinical Practice Guideline from the American College of Physicians/American College of Cardiology Foundation/American Heart Association/American Association for Thoracic Surgery/Preventive Cardiovascular Nurses Association/Society of Thoracic Surgeons. *Annals of Internal Medicine*. 2012;157(10):729. doi:10.7326/0003-4819-157-10-201211200-00010.
3. Rybicki FJ, Udelson JE, Peacock WF, et al. 2015 ACR/ACC/AHA/AATS/ACEP/ASNC/NASCI/SAEM/SCCT/ SCMR/SCPC/SNMMI/STR/STS Appropriate Utilization of Cardiovascular Imaging in Emergency Department Patients with Chest Pain. *J Am Coll Cardiol*. 2016;67(7):853-879. doi:10.1016/j.jacc.2015.09.011.
4. Fleisher LA, Fleischmann KE, Auerbach AD, et al. 2014 ACC/AHA Guideline on Perioperative Cardiovascular Evaluation and Management of Patients Undergoing Noncardiac Surgery. *J Am Coll Cardiol*. 2014;64(22):e77-e137. doi:10.1016/j.jacc.2014.07.944.
5. Ho PM, Rumsfeld JS, Peterson PN. Chest pain on exercise treadmill test predicts future cardiac hospitalizations. *Clin Cardiol* 2007; 30:505-510. doi:10.1002/clc.20139.
6. Sechtem U. Do heart transplant recipients need annual coronary angiography? *Eu Heart J* 2001; 22:895–897. doi:10.1053/euhj.2001.2660.
7. Tavel ME. Stress testing in cardiac evaluation: Current concepts with emphasis on the ECG.*Chest* 2001; 119:907-925. doi:10.1378/chest.119.3.907.
8. Wolk MJ, Bailey SR, Doherty JU, et al. ACCF/AHA/ASE/ASNC/HFSA/HRS/SCAI/SCCT/SCMR/STS. 2013 Multi-modality appropriate use criteria for the detection and risk assessment of stable ischemic heart disease: a report of the American College of Cardiology Foundation, Appropriate Use Criteria Task Force, American Heart Association, American Society of Echocardiography, American Society of Nuclear Cardiology, Heart Failure Society of America, Heart Rhythm Society, Society for Cardiovascular Angiography and Interventions, Society of Cardiovascular Computed Tomography, Society for Cardiovascular Magnetic Resonance, and Society of Thoracic Surgeons. *J Am Coll Cardiol* 2014; 63: forthcoming. doi:10.1016/j.jacc.2013.11.009.
9. Blank P, Scheopf UJ, Leipsic JA. CT in transcatheter aortic valve replacement. *Radiology,* 2013; 269(3). doi:10.1148/radiol.13120696.
10. Leipsic JA, Blanke P, Hanley M, et al. ACR Appropriateness Criteria® Imaging for Transcatheter Aortic Valve Replacement. *J Am Coll Radiol*. 2017;14(11). doi:10.1016/j.jacr.2017.08.046.
11. Mieres JH, Gulati M, Bairey Merz N, et al. American Heart Association Cardiac Imaging Committee of the Council on Clinical Cardiology, Cardiovascular Imaging and Intervention Committee of the Council on Cardiovascular Radiology. Role of Noninvasive Testing in the Clinical Evaluation of Women with Suspected Ischemic Heart Disease A Consensus Statement from the American Heart Association. *Circulation*. 2014; 130(4):350. doi:10.1161/CIR.0000000000000061.
12. American College of Cardiology Foundation Appropriate Use Criteria Task Force, American Society of Echocardiography, American Heart Association, et al. ACCF/ASE/AHA/ASNC/HFSA/HRS/SCAI/SCCM/SCCT/ SCMR 2011 Appropriate Use Criteria for Echocardiography. A Report of the American College of Cardiology Foundation Appropriate Use Criteria Task Force, American Society of Echocardiography, American Heart Association, American Society of Nuclear Cardiology, Heart Failure Society of America, Heart Rhythm Society, Society for Cardiovascular Angiography and Interventions, Society of Critical Care Medicine, Society of Cardiovascular Computed Tomography, and Society for Cardiovascular Magnetic Resonance Endorsed by the American College of Chest Physicians. *J Am Coll Cardiol* 2011; 57:1126. doi:10.1016/j.echo.2010.12.008.
13. Melon CC, Eshtiaghi P, Luksun WJ, et al. Validated questionnaire vs physicians' judgment to estimate preoperative exercise capacity. *JAMA Intern Med* 2014; 174:1507. doi:10.1001/jamainternmed.2014.2914.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

14. Taqueti V, Dorbala S, Wolinsky D. Myocardial perfusion imaging in women for the evaluation of stable ischemic heart disease-state-of-the-evidence and clinical recommendations. *Journal of Nuclear Cardiology*. June 2017. doi.org/10.1007/s12350-017-0926-8.
15. Chamberlain JJ, Johnson EL, Leal S, et al. Cardiovascular Disease and Risk Management: Review of the American Diabetes Association Standards of Medical Care in Diabetes 2018. *Annals of Internal Medicine*. 2018;168(9):640. doi:10.7326/m18-0222.
16. Bateman TM, Dilsizian V, Beanlands RS, Depuey EG, Heller GV, Wolinsky DA. American Society of Nuclear Cardiology and Society of Nuclear Medicine and Molecular Imaging Joint Position Statement on the Clinical Indications for Myocardial Perfusion PET. *Journal of Nuclear Medicine.* 2016;57(10):1654-1656. doi:10.2967/jnumed.116.180448.
17. U.S. Food and Drug Administration. PROLEUKIN® (aldesleukin) for injection, for intravenous infusion. U.S. Food and Drug Administration Website. https://www.accessdata.fda.gov.
18. Gulati M, Levy PD, Mukherjee D, et al. 2021 AHA/ACC/ASE/CHEST/SAEM/SCCT/SCMR Guideline for the Evaluation and Diagnosis of Chest Pain: A Report of the American College of Cardiology/American Heart Association Joint Committee on Clinical Practice Guidelines [published correction appears in Circulation. 2021 Nov 30;144(22):e455]. *Circulation*. 2021;144(22):e368-e454. doi:10.1161/CIR.0000000000001029.
19. Kidney Disease: Improving Global Outcomes (KDIGO) Kidney Transplant Candidate Work Group. KDIGO Clinical Practice Guideline on the Evaluation and Management of Candidates for Kidney Transplantation. *Transplantation*. 2020;104: S1 – S103.
20. Wenger NK, Lloyd-Jones DM, Elkind MSV, et al. Call to Action for Cardiovascular Disease in Women: Epidemiology, Awareness, Access, and Delivery of Equitable Health Care: A Presidential Advisory From the American Heart Association. *Circulation*. 2022;145(23):e1059-e1071. doi:10.1161/CIR.0000000000001071.
21. Fleisher LA, Fleischmann KE, Auerbach AD, et al. 2014 ACC/AHA guideline on perioperative cardiovascular evaluation and management of patients undergoing noncardiac surgery: a report of the American College of Cardiology/American Heart Association Task Force on Practice Guidelines. *Circulation.* 2014;130(24):e278-e333. doi:10.1161/CIR.0000000000000106.
22. Schwarze ML, Barnato AE, Rathouz PJ, et al. Development of a List of High-Risk Operations for Patients 65 Years and Older. *JAMA Surg*. 2015;150(4):325–331. doi:10.1001/jamasurg.2014.1819.
23. Cury RC, Leipsic J, Abbara S, et al. CAD-RADS™ 2.0-2022 Coronary Artery Disease-Reporting and Data System: An Expert Consensus Document of the Society of Cardiovascular Computed Tomography (SCCT), the American College of Cardiology (ACC), the American College of Radiology (ACR), and the North America Society of Cardiovascular Imaging (NASCI). *J Cardiovasc Comput Tomogr*. 2022;16(6):536-557. doi:10.1016/j.jcct.2022.07.002.
24. Fletcher GF, Ades PA, Kligfield P, et al. Exercise standards for testing and training: a scientific statement from the American Heart Association. *Circulation*. 2013;128(8):873-934. doi:10.1161/CIR.0b013e31829b5b44.
25. Multimodality Writing Group for Chronic Coronary Disease, Winchester DE, Maron DJ, et al. ACC/AHA/ASE/ASNC/ASPC/HFSA/HRS/SCAI/SCCT/SCMR/STS 2023 Multimodality Appropriate Use Criteria for the Detection and Risk Assessment of Chronic Coronary Disease. *J Am Coll Cardiol.* 2023;81(25):2445-2467. doi:10.1016/j.jacc.2023.03.410.
26. Cohn PF, Fox KM, Daly C. Silent myocardial ischemia. *Circulation.* 2003 Sep 9;108(10):1263-77. doi: 10.1161/01.CIR.0000088001.59265.EE.
27. Peled Y, Ducharme A, Kittleson M, et al. International Society For Heart And Lung Transplantation Guidelines For The Evaluation and Care Of Cardiac Transplant Candidates-2024. *J Heart Lung Transplant*. 2024 Jul 30:S1053-2498(24)01679-6. doi: 10.1016/j.healun.2024.05.010.
28. Alenezi MM, Majrashi NA, Sharif H, et al. A systemic review of rubidium-82 PET contrasted with 99mTc-MIBI SPECT for imaging coronary artery disease. *Medicine (Baltimore)*. 2023 Mar 10;102(10):e33068. doi: 10.1097/MD.0000000000033068.
29. Patel KK, Al Badarin F, Chan PS, et al. Randomized Comparison of Clinical Effectiveness of Pharmacologic SPECT and PET MPI in Symptomatic CAD Patients. *JACC Cardiovasc Imaging*. 2019 Sep;12(9):1821-1831. doi: 10.1016/j.jcmg.2019.04.020.
30. Ferko N, Priest S, Almuallem L, et al. Economic and healthcare resource utilization assessments of PET imaging in Coronary Artery Disease diagnosis: a systematic review and discussion of opportunities for future economic evaluations. *J Med Econ.* 2024 Jan-Dec;27(1):715-729. doi: 10.1080/13696998.2024.2345507.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

31. Pelletier-Galarneau M, Cabra A, Szabo E, Angadageri S. Real-world evidence study on the impact of SPECT MPI, PET MPI, cCTA and stress echocardiography on downstream healthcare utilisation in patients with coronary artery disease in the US. *BMC Cardiovasc Disord.* 2024 Oct 9;24(1):543. doi: 10.1186/s12872-024-04225-y.
32. Virani SS, Newby LK, Arnold SV, et al. 2023 AHA/ACC GL for management of patients with chronic coronary disease. *Circulation* 2023;148:e9–e119. doi: 10.1161/CIR.0000000000001168.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Stress Testing

Guideline

Stress Testing with Imaging (CD-1.4)
Stress Testing with Imaging-Preoperative (CD-1.5)
References (CD-1)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Stress Testing with Imaging (CD-1.4)

CD.ST.0001.4.A
v2.0.2025

General information

- Imaging Stress Tests include any one of the following:
  - Stress Echocardiography see **Stress Echocardiography (Stress Echo) – Coding (CD-2.7)**
  - SPECT MPI see **Myocardial Perfusion Imaging (MPI) – Coding (CD-3.1)**
  - Stress perfusion MRI see **Cardiac MRI – Indications for Stress MRI (CD-5.3)**
  - PET Perfusion see **Cardiac PET-Perfusion-Indications (CD-6.2)**
- Stress testing with imaging can be performed with maximal exercise or chemical stress (adenosine, dipyridamole, dobutamine, or regadenoson) and does not alter the CPT® codes used to report these studies.

Stress Testing with Imaging-Coding

Stress echo, SPECT MPI or stress MRI

Codes Addressed	CPT®
Cardiac MRI for morphology and function without contrast, with stress imaging	75559
Cardiac MRI for morphology and function without and with contrast, with stress imaging	75563
MPI, tomographic (SPECT) including attenuation correction, qualitative or quantitative wall motion, ejection fraction by first pass or gated technique, additional quantification, when performed); single study, at rest or stress (exercise or pharmacologic)	78451
MPI, tomographic (SPECT) (including attenuation correction, qualitative or quantitative wall motion, ejection fraction by first pass or gated technique, additional quantification, when performed); multiple studies, at rest and/or stress (exercise or pharmacologic) and/or redistribution and/or rest reinjection	78452

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Codes Addressed	CPT®
Myocardial perfusion imaging, planar (including qualitative or quantitative wall motion, ejection fraction by first pass or gated technique, additional quantification, when performed); single study, at rest or stress (exercise or pharmacologic)	78453
Myocardial perfusion imaging, planar (including qualitative or quantitative wall motion, ejection fraction by first pass or gated technique, additional quantification, when performed); multiple studies, at rest and/or stress (exercise or pharmacologic) and/or redistribution and/or rest reinjection	78454
Echocardiography (TTE), (2D), with or without m-mode, during rest and cardiovascular stress, with interpretation and report	93350
Echocardiography (TTE), (2D), m-mode, during rest and cardiovascular stress test using treadmill, bicycle exercise and/or pharmacologically induced stress, with interpretation	93351

Cardiac perfusion PET

Codes addressed	CPT®
Myocardial imaging, positron emission tomography (PET), perfusion study (including ventricular wall motion[s] and/or ejection fraction[s], when performed); single study, at rest or stress (exercise or pharmacologic), with concurrently acquired computed tomography transmission scan	78430
Myocardial imaging, positron emission tomography (PET), perfusion study (including ventricular wall motion[s] and/or ejection fraction[s], when performed); multiple studies at rest and stress (exercise or pharmacologic), with concurrently acquired computed tomography transmission scan	78431
Myocardial imaging, positron emission tomography (PET), perfusion study (including ventricular wall motion[s] and/or ejection fraction[s], when performed); single study at rest or stress (exercise or pharmacologic)	78491
Myocardial imaging, positron emission tomography (PET), perfusion study (including ventricular wall motion[s] and/or ejection fraction[s], when performed); multiple studies at rest and stress (exercise or pharmacologic)	78492

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Stress Testing with Imaging-Indications

Stress test with imaging (Stress echo, SPECT MPI, PET MPI, or stress MRI) is considered medically necessary when conditions have been met for **any** of the following indications:

Likely anginal symptoms

New, recurrent or worsening likely anginal symptoms as defined in **General Guidelines (CD-1.0)**

Symptomatic with known CAD

Prior history of PCI (percutaneous coronary intervention) or CABG (coronary artery bypass graft surgery) or a history of obstructive CAD as defined in **General Guidelines (CD-1.0)** and **any** of the following:

- Likely anginal symptoms as defined in **General Guidelines (CD-1.0)**
- Anginal equivalents such as dyspnea or exertional fatigue
- Symptoms similar to prior ischemic episode

Newly elevated troponin with known CAD

Prior history of PCI (percutaneous coronary intervention) or CABG (coronary artery bypass graft surgery) or a history of obstructive CAD as defined in **General Guidelines (CD-1.0)** and a new Troponin elevation after last ischemic evaluation with stress test, CCTA, or diagnostic cardiac catheterization

Symptomatic and does not meet the requirements for an ETT without imaging

New, recurrent, or worsening symptoms of chest pain, or new, recurrent, or worsening symptoms of exertional dyspnea or exertional fatigue not explained by another process, **and** the individual does not meet the necessary components needed for an ETT due to a history of **any** of the following:

- Findings that may alter the ECG changes during exercise or are uninterpretable for ischemia on a stress test:
  - Complete Left Bundle Branch Block (bifasicular block involving right bundle branch and left anterior hemiblock does not render ECG uninterpretable for ischemia)
  - Ventricular paced rhythm
  - Pre-excitation pattern such as Wolff-Parkinson-White
  - ≥1.0 mm ST segment depression (NOT nonspecific ST/T wave changes)
  - LVH with repolarization abnormalities, also called LVH with strain (NOT without repolarization abnormalities or by voltage criteria)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

  - T wave inversion in at least two contiguous inferior and/or lateral leads. This includes leads II, AVF, V5 or V6. (T wave inversion isolated in lead III or T wave inversion in lead V1 and V2 are not included).
  - Individual on digitalis preparation
- Inability to perform the exercise needed to achieve target heart rate (85% of the maximum age predicted heart rate or 220 minus the individual's age) on a treadmill or similar device (5 METs or greater) due to any of the following limitations:
  - Unable to safely perform ETT due to gait disturbances, use of assistive devices, or other documented neuromuscular abnormalities
  - Use of home oxygen for daily activity
  - Documented activity-limiting dyspnea or heart failure
  - Provider assessment that performing an ETT would be unsafe
  - Unstable angina with concern for active acute coronary syndrome, or recent elevated troponin
  - Severe aortic stenosis or other significant aortic valve disease
  - Severe hypertension that can not be controlled prior to stress testing

Symptomatic with suspected or known non-obstructive CAD

Persistent symptoms of chest pain, exertional dyspnea or exertional fatigue despite normal or equivocal ETT

Symptomatic with inconclusive or abnormal ETT or elevated CAC

New, recurrent or worsening symptoms of chest pain, or exertional dyspnea, or exertional fatigue and any of the following:

- Inconclusive ETT (exercise treadmill test) due to any of the following:
  - <85% maximum predicted heart rate achieved
  - Exercise ECG is uninterpretable for ischemia (for example due to development of rate-related left bundle branch block during exercise)
- Abnormal ETT with any of the following results:
  - ST segment depression (horizontal or downsloping, ≥1.0 mm below baseline)
  - Development of chest pain
  - Drop in systolic blood pressure >10 mmHg during exercise
  - Non-sustained ventricular tachycardia ≥3 consecutive ventricular beats at a rate of >100 beats per minute
  - Sustained ventricular tachycardia (ventricular rhythm at rate >100 beats/minute lasting >30 seconds or requiring termination due to hemodynamic compromise in <30 seconds)
- Coronary artery calcium (CAC) score ≥100

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Heart failure or left ventricular systolic dysfunction

Stress test with imaging is indicated to evaluate heart failure or left ventricular systolic dysfunction when there is documentation of **any** of the following:

- New or worsening heart failure
- New left ventricular systolic dysfunction (left ventricular ejection fraction <50%)
- Worsening left ventricular systolic dysfunction (decline in left ventricular ejection fraction ≥10%)
- Significant ischemic ventricular dysfunction (suspected hibernating myocardium) to assess myocardial viability when there are persistent symptoms or heart failure and revascularization is being considered.

Note:

MRI, cardiac PET, SPECT MPI, or Dobutamine stress echo can be used to assess myocardial viability depending on physician preference. See also **Cardiac PET – Metabolic – Indications (CD-6.4)**

Syncope or arrhythmia

Stress test with imaging is indicated for **any** of the following:

- Syncope of suspected ischemic etiology not otherwise explained
- Sustained ventricular tachycardia (ventricular rhythm at rate >100 beats/minute lasting >30 seconds or requiring termination due to hemodynamic compromise in <30 seconds).
- Non-sustained ventricular tachycardia ≥3 consecutive ventricular beats at rate >100 beats/minute
- Frequent PVCs (premature ventricular complexes) >30 PVCs per hour
- Prior to starting a Class IC antiarrhythmic agent (flecainide or propafenone) to assess for CAD and annually while taking the medication

With or without symptoms for moderate coronary artery stenosis

Stress test with imaging is indicated to evaluate the functional significance of moderate stenosis when there is documentation of **either** of the following:

- CCTA (coronary computed tomography angiography) with moderate stenosis (50 to 69%-CAD-RADS 3 as defined in **General Guidelines CD-1.0**)
- Invasive coronary angiography with intermediate severity stenosis and invasive physiological testing has not been done

Without symptoms

Stress test with imaging is indicated for any of the following:

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

- Prior to starting Interleukin-2
- An uninterpretable ECG as described in **General Guidelines (CD 1.0)** that has not been previously evaluated
- Every 2 years if there is a history of silent ischemia (absence of ischemic symptoms or signs prior to objective demonstration of ischemia by stress testing and/or demonstration of obstructive CAD as defined in **General Guidelines (CD-1.0)**
- Prior to starting a Class IC antiarrhythmic agent (flecainide or propafenone) to assess for CAD and annually while taking the medication
- Asymptomatic individual who has an ischemic EKG response on ETT (horizontal or downsloping ST depression ≥1.0 mm below baseline).

Evidence Discussion

Appropriate Use Criteria from major professional societies including the American College of Cardiology and the American Heart Association support the use of myocardial perfusion imaging (MPI) with single photon emission computed tomography (SPECT) for patients with signs or symptoms consistent with coronary artery disease (CAD) such as typical angina. In addition, they support the use of SPECT perfusion imaging in symptomatic patients with known CAD and those with prior interventions such as coronary artery bypass surgery, coronary stenting, and preoperative risk stratification. These guidelines balance the appropriate testing of patients with SPECT versus unnecessary and potentially harmful testing and downstream procedures.

Also, as supported by society guidelines, use of SPECT is indicated in detection of cardiac transthyretin amyloidosis (ATTR) after light chain amyloidosis (AL) is ruled out by appropriate blood and urine testing. PET is an advanced imaging approach in that it allows for more accurate attenuation correction than SPECT which can be helpful in individuals with higher BMIs or other sources of attenuation. In addition, due to accurate attenuation correction and the unique attributes of PET radionuclides, PET allows the quantitation of myocardial blood flow and flow reserve which has been shown to be helpful in the diagnosis and prognosis of obstructive and no obstructive CAD.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Stress Testing with Imaging-Preoperative (CD-1.5)

CD.ST.0001.5.A
v2.0.2025

- There are **2** steps that determine the need for imaging stress testing in (stable) pre-operative individuals:
  - Step1: Would the individual qualify for imaging stress testing independent of planned surgery?
    - If yes, proceed to stress testing guidelines **Stress Testing with Imaging – Indications (CD-1.4)**
    - If no, go to step 2
  - Step 2: Is the surgery considered high, moderate or low-risk? (see **Table-2**) If high or moderate-risk, proceed below. If low-risk, there is no evidence to determine a need for preoperative cardiac testing.
    - **High-Risk Surgery:** All individuals in this category should receive an imaging stress test if there has not been an imaging stress test within 1 year unless the individual has developed new cardiac symptoms or a new change in the EKG since the last stress test.
    - **Intermediate-Risk Surgery:** One or more clinical risk factors and unable to perform an ETT per guidelines if there has not been an imaging stress test within 1 year unless the individual has developed new cardiac symptoms or a new change in the EKG since the last stress test.
    - **Low-Risk:** Preoperative imaging stress testing is not supported.
  - Clinical Risk Factors (for cardiac death and non-fatal MI at time of non-cardiac surgery)
    - History of ischemic heart disease (previous MI, previous positive stress test, use of nitroglycerin, typical angina, ECG Q waves, previous PCI or CABG)
    - History of compensated previous congestive heart failure (history of heart failure, previous pulmonary edema, third heart sound, bilateral fine crackles, chest x-ray showing heart failure)
    - History of previous TIA or stroke
    - Diabetes Mellitus
    - Creatinine level >2 mg/dL

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Table-2 Cardiac Risk Stratification List

High-Risk (> 5%)	Intermediate-Risk (1-5%)	Low-Risk (<1%)
• Open aortic and other major open vascular surgery • Open peripheral vascular surgery • Esophagectomy • Pneumonectomy • Open intraperitoneal and/or intrathoracic surgery with organ resection	• Open intraperitoneal and/or intrathoracic surgery without major organ resection • Open carotid endarterectomy • Head and neck surgery • Open orthopedic surgery • Open prostate surgery	• Endoscopic procedures • Superficial procedures • Cataract surgery • Breast surgery • Ambulatory surgery • Laparoscopic and endovascular procedures that are unlikely to require further extensive surgical intervention

Evidence Discussion

Appropriate Use Criteria from major professional societies including the American College of Cardiology and the American Heart Association support the use of myocardial perfusion imaging (MPI) with single photon emission computed tomography (SPECT) for patients with signs or symptoms consistent with coronary artery disease (CAD) such as typical angina. In addition, they support the use of SPECT perfusion imaging in symptomatic patients with known CAD and those with prior interventions such as coronary artery bypass surgery, coronary stenting, and preoperative risk stratification. These guidelines balance the appropriate testing of patients with SPECT versus unnecessary and potentially harmful testing and downstream procedures.

Also, as supported by society guidelines, use of SPECT is indicated in detection of cardiac transthyretin amyloidosis (ATTR) after light chain amyloidosis (AL) is ruled out by appropriate blood and urine testing.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (CD-1)

v2.0.2025

1. Fihn SD, Gardin JM, Abrams J, et al. 2012 ACCF/AHA/ACP/AATS/PCNA/SCAI/STS Guideline for the Diagnosis and Management of Patients with Stable Ischemic Heart Disease: Executive Summary. *Circulation*. 2012;126(25):3097-3137. doi:10.1161/cir.0b013e3182776f83.
2. Qaseem A, Fihn SD, Williams S, et al A. Diagnosis of Stable Ischemic Heart Disease: Summary of a Clinical Practice Guideline from the American College of Physicians/American College of Cardiology Foundation/American Heart Association/American Association for Thoracic Surgery/Preventive Cardiovascular Nurses Association/Society of Thoracic Surgeons. *Annals of Internal Medicine*. 2012;157(10):729. doi:10.7326/0003-4819-157-10-201211200-00010.
3. Rybicki FJ, Udelson JE, Peacock WF, et al. 2015 ACR/ACC/AHA/AATS/ACEP/ASNC/NASCI/SAEM/SCCT/SCMR/SCPC/SNMMI/STR/STS Appropriate Utilization of Cardiovascular Imaging in Emergency Department Patients with Chest Pain. *J Am Coll Cardiol*. 2016;67(7):853-879. doi:10.1016/j.jacc.2015.09.011.
4. Fleisher LA, Fleischmann KE, Auerbach AD, et al. 2014 ACC/AHA Guideline on Perioperative Cardiovascular Evaluation and Management of Patients Undergoing Noncardiac Surgery. *J Am Coll Cardiol*. 2014;64(22):e77-e137. doi:10.1016/j.jacc.2014.07.944.
5. Ho PM, Rumsfeld JS, Peterson PN. Chest pain on exercise treadmill test predicts future cardiac hospitalizations. *Clin Cardiol* 2007; 30:505-510. doi:10.1002/clc.20139.
6. Sechtem U. Do heart transplant recipients need annual coronary angiography? *Eu Heart J* 2001; 22:895–897. doi:10.1053/euhj.2001.2660.
7. Tavel ME. Stress testing in cardiac evaluation: Current concepts with emphasis on the ECG.*Chest* 2001; 119:907-925. doi:10.1378/chest.119.3.907.
8. Wolk MJ, Bailey SR, Doherty JU, et al. ACCF/AHA/ASE/ASNC/HFSA/HRS/SCAI/SCCT/SCMR/STS. 2013 Multi-modality appropriate use criteria for the detection and risk assessment of stable ischemic heart disease: a report of the American College of Cardiology Foundation, Appropriate Use Criteria Task Force, American Heart Association, American Society of Echocardiography, American Society of Nuclear Cardiology, Heart Failure Society of America, Heart Rhythm Society, Society for Cardiovascular Angiography and Interventions, Society of Cardiovascular Computed Tomography, Society for Cardiovascular Magnetic Resonance, and Society of Thoracic Surgeons. *J Am Coll Cardiol* 2014; 63: forthcoming. doi:10.1016/j.jacc.2013.11.009.
9. Blank P, Scheopf UJ, Leipsic JA. CT in transcatheter aortic valve replacement. *Radiology,* 2013; 269(3). doi:10.1148/radiol.13120696.
10. Leipsic JA, Blanke P, Hanley M, et al. ACR Appropriateness Criteria® Imaging for Transcatheter Aortic Valve Replacement. *J Am Coll Radiol*. 2017;14(11). doi:10.1016/j.jacr.2017.08.046.
11. Mieres JH, Gulati M, Bairey Merz N, et al. American Heart Association Cardiac Imaging Committee of the Council on Clinical Cardiology, Cardiovascular Imaging and Intervention Committee of the Council on Cardiovascular Radiology. Role of Noninvasive Testing in the Clinical Evaluation of Women with Suspected Ischemic Heart Disease A Consensus Statement from the American Heart Association. *Circulation*. 2014; 130(4):350. doi:10.1161/CIR.0000000000000061.
12. American College of Cardiology Foundation Appropriate Use Criteria Task Force, American Society of Echocardiography, American Heart Association, et al. ACCF/ASE/AHA/ASNC/HFSA/HRS/SCAI/SCCM/SCCT/SCMR 2011 Appropriate Use Criteria for Echocardiography. A Report of the American College of Cardiology Foundation Appropriate Use Criteria Task Force, American Society of Echocardiography, American Heart Association, American Society of Nuclear Cardiology, Heart Failure Society of America, Heart Rhythm Society, Society for Cardiovascular Angiography and Interventions, Society of Critical Care Medicine, Society of Cardiovascular Computed Tomography, and Society for Cardiovascular Magnetic Resonance Endorsed by the American College of Chest Physicians. *J Am Coll Cardiol* 2011; 57:1126. doi:10.1016/j.echo.2010.12.008.
13. Melon CC, Eshtiaghi P, Luksun WJ, et al. Validated questionnaire vs physicians' judgment to estimate preoperative exercise capacity. *JAMA Intern Med* 2014; 174:1507. doi:10.1001/jamainternmed.2014.2914.
14. Taqueti V, Dorbala S, Wolinsky D. Myocardial perfusion imaging in women for the evaluation of stable ischemic heart disease-state-of-the-evidence and clinical recommendations. *Journal of Nuclear Cardiology*. June 2017. doi.org/10.1007/s12350-017-0926-8.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

15. Chamberlain JJ, Johnson EL, Leal S, et al. Cardiovascular Disease and Risk Management: Review of the American Diabetes Association Standards of Medical Care in Diabetes 2018. *Annals of Internal Medicine*. 2018;168(9):640. doi:10.7326/m18-0222.
16. Bateman TM, Dilsizian V, Beanlands RS, Depuey EG, Heller GV, Wolinsky DA. American Society of Nuclear Cardiology and Society of Nuclear Medicine and Molecular Imaging Joint Position Statement on the Clinical Indications for Myocardial Perfusion PET. *Journal of Nuclear Medicine.* 2016;57(10):1654-1656. doi:10.2967/jnumed.116.180448.
17. U.S. Food and Drug Administration. PROLEUKIN® (aldesleukin) for injection, for intravenous infusion. U.S. Food and Drug Administration Website. https://www.accessdata.fda.gov.
18. Gulati M, Levy PD, Mukherjee D, et al. 2021 AHA/ACC/ASE/CHEST/SAEM/SCCT/SCMR Guideline for the Evaluation and Diagnosis of Chest Pain: A Report of the American College of Cardiology/American Heart Association Joint Committee on Clinical Practice Guidelines [published correction appears in Circulation. 2021 Nov 30;144(22):e455]. *Circulation*. 2021;144(22):e368-e454. doi:10.1161/CIR.0000000000001029.
19. Kidney Disease: Improving Global Outcomes (KDIGO) Kidney Transplant Candidate Work Group. KDIGO Clinical Practice Guideline on the Evaluation and Management of Candidates for Kidney Transplantation. *Transplantation*. 2020;104: S1 – S103.
20. Wenger NK, Lloyd-Jones DM, Elkind MSV, et al. Call to Action for Cardiovascular Disease in Women: Epidemiology, Awareness, Access, and Delivery of Equitable Health Care: A Presidential Advisory From the American Heart Association. *Circulation*. 2022;145(23):e1059-e1071. doi:10.1161/CIR.0000000000001071.
21. Fleisher LA, Fleischmann KE, Auerbach AD, et al. 2014 ACC/AHA guideline on perioperative cardiovascular evaluation and management of patients undergoing noncardiac surgery: a report of the American College of Cardiology/American Heart Association Task Force on Practice Guidelines. *Circulation.* 2014;130(24):e278-e333. doi:10.1161/CIR.0000000000000106.
22. Schwarze ML, Barnato AE, Rathouz PJ, et al. Development of a List of High-Risk Operations for Patients 65 Years and Older. *JAMA Surg*. 2015;150(4):325–331. doi:10.1001/jamasurg.2014.1819.
23. Cury RC, Leipsic J, Abbara S, et al. CAD-RADS™ 2.0-2022 Coronary Artery Disease-Reporting and Data System: An Expert Consensus Document of the Society of Cardiovascular Computed Tomography (SCCT), the American College of Cardiology (ACC), the American College of Radiology (ACR), and the North America Society of Cardiovascular Imaging (NASCI). *J Cardiovasc Comput Tomogr*. 2022;16(6):536-557. doi:10.1016/j.jcct.2022.07.002.
24. Fletcher GF, Ades PA, Kligfield P, et al. Exercise standards for testing and training: a scientific statement from the American Heart Association. *Circulation*. 2013;128(8):873-934. doi:10.1161/CIR.0b013e31829b5b44.
25. Multimodality Writing Group for Chronic Coronary Disease, Winchester DE, Maron DJ, et al. ACC/AHA/ASE/ASNC/ASPC/HFSA/HRS/SCAI/SCCT/SCMR/STS 2023 Multimodality Appropriate Use Criteria for the Detection and Risk Assessment of Chronic Coronary Disease. *J Am Coll Cardiol.* 2023;81(25):2445-2467. doi:10.1016/j.jacc.2023.03.410.
26. Cohn PF, Fox KM, Daly C. Silent myocardial ischemia. *Circulation.* 2003 Sep 9;108(10):1263-77. doi: 10.1161/01.CIR.0000088001.59265.EE.
27. Peled Y, Ducharme A, Kittleson M, et al. International Society For Heart And Lung Transplantation Guidelines For The Evaluation and Care Of Cardiac Transplant Candidates-2024. *J Heart Lung Transplant*. 2024 Jul 30:S1053-2498(24)01679-6. doi: 10.1016/j.healun.2024.05.010.
28. Alenezi MM, Majrashi NA, Sharif H, et al. A systemic review of rubidium-82 PET contrasted with 99mTc-MIBI SPECT for imaging coronary artery disease. *Medicine (Baltimore)*. 2023 Mar 10;102(10):e33068. doi: 10.1097/MD.0000000000033068.
29. Patel KK, Al Badarin F, Chan PS, et al. Randomized Comparison of Clinical Effectiveness of Pharmacologic SPECT and PET MPI in Symptomatic CAD Patients. *JACC Cardiovasc Imaging*. 2019 Sep;12(9):1821-1831. doi: 10.1016/j.jcmg.2019.04.020.
30. Ferko N, Priest S, Almuallem L, et al. Economic and healthcare resource utilization assessments of PET imaging in Coronary Artery Disease diagnosis: a systematic review and discussion of opportunities for future economic evaluations. *J Med Econ.* 2024 Jan-Dec;27(1):715-729. doi: 10.1080/13696998.2024.2345507.
31. Pelletier-Galarneau M, Cabra A, Szabo E, Angadageri S. Real-world evidence study on the impact of SPECT MPI, PET MPI, cCTA and stress echocardiography on downstream healthcare utilisation in patients with coronary artery disease in the US. *BMC Cardiovasc Disord.* 2024 Oct 9;24(1):543. doi: 10.1186/s12872-024-04225-y.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

32. Virani SS, Newby LK, Arnold SV, et al. 2023 AHA/ACC GL for management of patients with chronic coronary disease. *Circulation* 2023;148:e9–e119. doi: 10.1161/CIR.0000000000001168.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Echocardiography (ECHO)

Guideline

Transthoracic Echocardiogram (TTE)-Coding (CD-2.1)
Transthoracic Echocardiography (TTE) Indications/initial evaluation (CD-2.2)
Frequency of Echocardiography Testing (CD-2.3)
References (CD-2)
Transesophageal Echocardiography (TEE) (CD-2.4) (CD-2.5)
Stress echocardiography (stress echo) (CD-2.7)
3D Echocardiography (CD-2.9)
Myocardial strain imaging (CD-2.12)
References (CD-2)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Transthoracic Echocardiogram (TTE)-Coding (CD-2.1)

CD.EC.0002.1.A
v2.0.2025

Transthoracic Echocardiography (TTE)-Coding

Transthoracic Echocardiography

Description	CPT®
TTE for congenital cardiac anomalies, complete	93303
TTE for congenital cardiac anomalies, follow-up or limited	93304
TTE with 2-D, M-mode, Doppler and color flow, complete	93306
TTE with 2-D, M-mode, without Doppler or color flow	93307
TTE with 2-D, M-mode, follow-up or limited	93308

3D Echocardiography

Description	CPT®
3D rendering with interpretation and reporting of computed tomography, magnetic resonance imaging, ultrasound, or other tomographic modality with image post-processing under concurrent supervision; not requiring image post-processing on an independent workstation	76376
3D rendering with interpretation and reporting of computed tomography, magnetic resonance imaging, ultrasound, or other tomographic modality with image post-processing under concurrent supervision; requiring image post-processing on an independent workstation	76377

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Description	CPT®
3D echocardiographic imaging and post-processing during transesophageal echocardiography, or during transthoracic echocardiography for congenital cardiac anomalies, for the assessment of cardiac structure(s) (e.g., cardiac chambers and valves, left atrial appendage, interatrial septum, interventricular septum) and function, when performed (List separately in addition to code for echocardiographic imaging) Code with (93303-93304, 93312, 93314, 93315, 93317, 93350-93351)	+93319

Doppler Echocardiography

Description	CPT®
Doppler echo, pulsed wave and/or spectral display	+93320
Doppler echo, pulsed wave and/or spectral display, follow-up or limited study	+93321
Doppler echo, color flow velocity mapping	+93325
CPT® 93320 and CPT® 93321 should not be requested or billed together	

C Codes

C codes are unique temporary codes established by CMS. C codes were established for contrast echocardiography. Each echocardiography C code corresponds to a standard echo code (Class I CPT® code) The C code and the matching CPT code should not both be approved.

C Code	Transthoracic Echocardiography	CPT®
C8921	TTE for congenital cardiac anomalies, complete	93303
C8922	TTE for congenital cardiac anomalies, follow-up or limited	93304
C8929	TTE with 2-D, M-mode, Doppler and color flow, complete	93306
C8923	TTE with 2-D, M-mode, without Doppler or color flow	93307
C8924	TTE with 2-D, M-mode, follow-up or limited	93308

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Myocardial strain imaging

Description	CPT®
Myocardial strain imaging using speckle tracking-derived assessment of myocardial mechanics (List separately in addition to codes for echocardiography imaging)	+93356

Investigational codes

Description	CPT®
Myocardial contrast perfusion echocardiography, at rest or with stress, for assessment of myocardial ischemia or viability	0439T
Noninvasive detection of heart failure derived from augmentative analysis of an echocardiogram that demonstrated preserved ejection fraction, with interpretation and report by a physician or other qualified health care professional	0932T

Transthoracic Echocardiography (TTE) – Coding-General Information (CD-2.1.1)

- Complete transthoracic echocardiogram with spectral and color flow Doppler (CPT® 93306).
  - 93306 includes the Doppler exams, so CPT® codes 93320-93325 should not be assigned together with CPT® 93306.
  - Doppler codes (CPT® 93320, CPT® 93321, and CPT® 93325) are 'add-on codes' (as denoted by the + sign) and are assigned in addition to code for the primary procedure.
- For a 2D transthoracic echocardiogram without Doppler, report CPT® 93307.
- Limited transthoracic echocardiogram (CPT® 93308) should be billed if the report does not "evaluate or document the attempt to evaluate" all of the required structures.
  - A limited transthoracic echocardiogram is reported with CPT® 93308.
  - CPT® 93321 (not CPT® 93308 if Doppler is included in the study. CPT® 93325 can be reported with CPT® 93308 if color flow Doppler is included in the study.
  - A limited congenital transthoracic echocardiogram is reported with CPT® 93304.
- Doppler echo may be used for evaluation of the following:
  - Shortness of breath
  - Known or suspected valvular disease
  - Known or suspected hypertrophic obstructive cardiomyopathy
  - Shunt detection

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Background and Supporting Information

- Providers performing echo on a pediatric individual, may not know what procedure codes they will be reporting until the initial study is completed.
- If a congenital issue is found on the initial echo, a complete echo is reported with codes CPT® 93303, CPT® 93320, and CPT® 93325 because CPT® 93303 does NOT include Doppler and color flow mapping.
- If no congenital issue is discovered, then CPT® 93306 is reported alone and includes 2-D, Doppler, and color flow mapping.
- Since providers may not know the appropriate code/s that will be reported at the time of the pre-authorization request, they may request all 4 codes (CPT® 93303, CPT® 93320, CPT® 93325, and CPT® 93306).
- CPT® 76376 and CPT® 76377 are not unique to 3D Echo. These codes also apply to 3D rendering of MRI and CT studies, see **3D Echocardiography – Coding (CD-2.9)**
- CPT® 93325 may also be used with fetal echocardiography
- CPT® 93319 3D echo imaging post-processing of TEE or TTE to evaluate congenital cardiac abnormalities. see **3D Echocardiography – Coding (CD-2.9)**

Myocardial contrast perfusion echocardiography (CD-2.11)

(CPT® 0439T)

- Investigational see **Transthoracic Echocardiography (TTE) – Coding (CD-2.1)**

Detection of heart failure with preserved ejection fraction

Noninvasive detection of heart failure derived from augmentative analysis of an echocardiogram

Artificial intelligence (AI) applications are being used to extract patterns from medical images in an effort to add clinically relevant information to that obtained by physician interpretation of images. AI algorithms have been employed in the software analysis of echocardiograms in an effort to aid detection of heart failure. Further studies are needed to evaluate the accuracy, reliability and clinical efficacy of these applications.

- CPT® 0932T Noninvasive detection of heart failure derived from augmentative analysis of an echocardiogram is considered experimental, investigational, or unproven at this time

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Transthoracic Echocardiography (TTE) Indications/initial evaluation (CD-2.2)

CD.EC.0002.2.A
v2.0.2025

Transthoracic Echocardiography (TTE) is indicated for the initial evaluation of **any** of the following:

Symptoms or signs suggesting cardiovascular disease

- Chest pain/discomfort
- Dyspnea/shortness of breath, or hypoxemia
- Palpitations
- Pre-syncope/Syncope
- Headache with transcranial Doppler evidence of a shunt or high-degree of suspicion for embolic process
- Dependent lower extremity edema
- Abnormal precordial or peripheral pulse
- New or changing heart murmur or click
- Suspected hypertensive heart disease (initial evaluation)
- Initial evaluation of known/suspected heart failure based on symptoms and/or signs
- Suspected endocarditis with any:
  - Fever
  - Peripheral stigmata of endocarditis
  - New murmur
- History of rheumatic heart disease
- Suspected pericardial diseases
- Suspected cardiac injury due to blunt chest trauma

Diagnostic tests suggesting cardiovascular disease

- Newly diagnosed RBBB or LBBB
- Presence of pathological Q-waves in two or more contiguous leads
- Frequent VPCs defined as occurring more frequently than 30 times per hour or occurring in a pattern of bigeminy, trigeminy, or runs of ventricular tachycardia
- Non sustained or sustained ventricular tachycardia (VT)
- Ventricular fibrillation (VF)
- Newly diagnosed atrial fibrillation/flutter
- Cardiomegaly on a Chest X ray or other imaging

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

- Elevated level of cardiac biomarkers (Creatinine Kinase isoforms, Troponin I or T, Brain Natriuretic Peptide (BNP), N Terminal pro b-type natriuretic peptide (NT-proBNP) above the normal reference range as defined by the local laboratory assays)
- Initial evaluation of known/suspected heart failure based on diagnostic tests
- Suspected inherited or acquired cardiomyopathy (e.g., restrictive, infiltrative, dilated, hypertrophic)
- Suspected pulmonary hypertension. See **Pulmonary Hypertension CD-8.1**
  - ECG changes of right ventricular hypertrophy
  - Right ventricular hypertrophy or pulmonary artery dilation on other imaging
  - Pulmonary embolism with persistent or new symptoms
- Dilated aortic root and/or ascending aorta seen on other imaging
- Suspected endocarditis with positive blood cultures indicating bacteremia
- Suspected pericardial diseases
- Cardiac mass suspected on other imaging
- To rule out intra-cardiac thrombus in individuals with left ventricular systolic dysfunction prior to undergoing catheter ablation of ventricular arrhythmia.
- ≥6 weeks post myocardial infarction

Extra-cardiac conditions and therapies associated with cardiovascular disease or risk

- CONDITIONS
  - Initial cardiac evaluation of a known systemic, congenital, or acquired disease that could be associated with structural heart disease
  - At risk for developing iron-overload cardiomyopathy (hereditary hemochromatosis or hereditary or acquired hematologic conditions requiring multiple transfusions)
  - Known or suspected connective tissue disease or a genetic condition that predisposes to an aortic aneurysm or dissection (may repeat every two years if negative) See **Screening for Vascular related genetic connective tissue Disorders PVD-2.2**
  - At risk for pulmonary hypertension. See **Pulmonary Hypertension CD-8.1**
    - Scleroderma
    - Lupus
    - Mixed connective tissue disease
    - Hereditary Hemorrhagic Telangiectasia
    - Individuals with pulmonary hypertension mutations (e.g., BMPR2)
  - Suspected pulmonary hypertension in the presence of:
    - Liver disease
    - Lung disease

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

    - HIV
  - Newly diagnosed or strongly suspected cerebral ischemia or peripheral embolic event
- THERAPIES
  - Use of anorectic drugs, ergot derivatives, or other agents associated with valvular heart disease
  - Pre-procedure evaluation for TIPS (transjugular intrahepatic portosystemic shunt) See **Hepatic Arteries and Veins AB-43.1**
  - Prior to solid organ transplant or hematopoietic stem cell transplant
  - Prior to exposure to cardiotoxic medications or radiation therapy. See **Cardiotoxic agent/Cancer Therapeutics-Related Cardiac Dysfunction CD-12.1**

Inherited cardiovascular conditions

- Individual has first degree relative diagnosed with thoracic aortic aneurysm or dissection (may repeat every two years if negative). See **Screening for Vascular related genetic connective tissue Disorders PVD-2.2**, **Thoracic Aortic Aneurysm PVD-6.2**
- Individual has first degree relative diagnosed with Bicuspid aortic valve. See **Screening for TAA in individuals with bicuspid aortic valves PVD-2.3**
- Individual has diagnosed first degree relative or member is genotype positive for an inherited cardiomyopathy including any of the following:
  - Hypertrophic cardiomyopathy
  - Non compaction cardiomyopathy
  - Familial Dilated Cardiomyopathy
  - Arrhythmogenic Cardiomyopathy (e.g., ARVC)

Additional indications

- One repeat echo can be approved if requested for bubble or contrast study (for evaluation of shunts or for left ventricular cavity opacification) when the results of the initial study indicate the need for bubble or contrast but bubble or contrast was not administered at the initial study.
- Evaluation of congenital heart disease: see **Adult Congenital Heart Disease CD-11** and **Congenital Heart Disease PEDCD-2** in the Pediatric Cardiology imaging guidelines

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Frequency of Echocardiography Testing (CD-2.3)

CD.EC.0002.3.A
v2.0.2025

Repeat testing by interval

Repeat Transthoracic Echocardiography (TTE) is indicated for **any** of the following:

Every 3 years

Valvular heart disease (See also below indications for Valve surgery or intervention)

- Bicuspid aortic valve
- Mild aortic stenosis or aortic valve sclerosis without stenosis
- Mild aortic or mitral regurgitation
- Any mitral stenosis that is not severe, mitral valve area >1.5 cm^2
- Rheumatic valve changes with commissural fusion
- Valve surgery including **any** of the following:
  - Surgical valve repair
  - Mechanical valve replacement
  - Bioprosthetic valve replacement when <10 years since implant

Cardiomyopathy

- First degree relative with a diagnosis of inherited cardiomyopathy including:
  - Hypertrophic Cardiomyopathy
  - Familial Dilated Cardiomyopathy
  - Idiopathic Dilated Cardiomyopathy
- Individuals genotype-positive for:
  - Familial Dilated Cardiomyopathy
  - Arrhythmogenic Cardiomyopathy (e.g., ARVC)

Every 2 years

Vascular disease

- First degree relative with known thoracic aortic aneurysm or dissection a repeat echo is allowed every two years when both:
  - Prior aortic imaging (echo, CT, MR) is negative

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

- Last aortic imaging was ≥2 years. See **Screening for Vascular related genetic connective tissue Disorders (PVD-2.2)**

Every year

Valvular heart disease

(See also below indications for Valve surgery or intervention)

- Moderate or severe regurgitation
- Moderate or severe stenosis
- Significant valve deformity (regardless of extent of regurgitation or stenosis) when there is documentation of either:
  - Thickened myxomatous valve
  - Bileaflet prolapse
- Surgical bioprosthetic valve replacement when ≥10 years since implant
- Post-transcatheter valve repair or replacement

Cardiomyopathy/heart failure

- History of left ventricular systolic dysfunction to evaluate the effectiveness of ongoing therapy
- Hypertrophic cardiomyopathy see **Hypertrophic Cardiomyopathy CD-14**
- Frequent right ventricular pacing >40%
- Chronic LBBB
- Frequent PVCs defined as >10,000 PVCs within 24 hours or >10% PVC burden over 24 hours
- Left ventricular non-compaction cardiomyopathy
- At risk for developing iron-overload cardiomyopathy (hereditary hemochromatosis or hereditary or acquired hematologic conditions requiring multiple transfusions)
- Inherited neuromuscular, metabolic, hematologic or cutaneous syndromes that are known to be associated with the development of cardiomyopathy

Pericardial disease

- Chronic pericardial effusions when findings would potentially alter therapy

Vascular disease

- Aortic root dilatation that has not yet been repaired See **Thoracic aortic aneurysm PVD 6.2** and
- For post-repair see **Post-Aortic Endovascular/Open Surgery Surveillance Studies PVD-6.8**

At risk for pulmonary Hypertension

See **Pulmonary Hypertension CD-8.1**

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

- Systemic Sclerosis or Scleroderma
- Individuals with pulmonary hypertension mutations (e.g., BMPR2)
- First-degree relatives of individuals with pulmonary hypertension
- Connective tissue disorder with symptoms consistent with pulmonary hypertension
- Individuals with TR velocity ≥2.8 m/s, with no other findings on additional testing
- Individuals being treated with medications associated with pulmonary hypertension
- Individuals who have a concern documented for pulmonary hypertension and had a negative echocardiogram but still show signs or symptoms of pulmonary hypertension

Every 6 months or twice a year

Valvular heart disease

- Asymptomatic, severe mitral regurgitation if valve surgery is being considered

Pulmonary Hypertension

- See below indications for Pulmonary Hypertension (See **Pulmonary Hypertension CD-8.1**)
- Surveillance of stable individuals with moderate or severe pulmonary hypertension (pulmonary artery systolic pressure ≥50 mmHg)

Anytime

Repeat transthoracic echocardiogram is indicated **anytime** (without regard for the number or timing of previous ECHO studies) if there is a change in clinical status, or new signs and symptoms with documentation of **any** of the following:

- Cardiac murmurs
- Myocardial infarction or acute coronary syndrome
- Congestive heart failure (new or worsening):
  - New symptoms of dyspnea
  - Orthopnea
  - Paroxysmal nocturnal dyspnea
  - Elevated BNP
- Known pericardial disease with clinical concern for cardiac tamponade or pericardial constriction
- Infective endocarditis for any of the following:
  - Repeat imaging within 5-7 days for initially negative or inconclusive imaging when clinical suspicion of endocarditis remains high
  - New or worsening symptoms or signs of endocarditis
  - As needed to guide changes in antibiotic therapy
  - At completion of antibiotic therapy

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

- Stroke/transient ischemic attack
- Decompression illness
- Prosthetic valve dysfunction or thrombosis
- Cardiac transplant
- Individuals with Left Ventricular Assist Device (LVAD)
- See also section on **Repeat testing per condition** below and **Left ventricular assist devices (LVAD) (CD-9.4)**

Repeat testing per condition

Repeat Transthoracic Echocardiography (TTE) is indicated for **any** of the following:

Valve surgery or intervention

Repeat Transthoracic Echocardiography (TTE) is indicated for any of the following:

Surgical valve repair or mechanical valve replacement
- 6 weeks post-surgery to establish baseline
- Surveillance every 3 years after surgery

Surgical bioprosthetic valve replacement
- 6 weeks post-surgery to establish baseline
- Surveillance every 3 years after surgery until 10 years
- Then annually

TAVR follow-up
- One week after procedure to establish baseline
- 1 month post-procedure
- 1 year post-procedure
- Then annually

Mitral Valve Repair (mitral valve clip) follow-up
- 1 month post-procedure
- 6 months post-procedure
- 1 year post-procedure
- Then annually

Transcatheter Tricuspid Valve Replacement follow-up
- TTE (CPT® 93306) is indicated post-procedure at the following intervals:
  - 1 month
  - 6 months
  - 1 year
  - Then annually

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

See also **Transcatheter Aortic Valve Replacement (TAVR) (CD-4.8)**

See also **Percutaneous Mitral Valve Repair (mitral valve clip) (CD-13.5)**

PFO closure, TIPS, Cardiac device therapy, LVAD

Repeat Transthoracic Echocardiography (TTE) is indicated for any of the following:

- **PFO Closure**
  - Pre-operative evaluation for closure of PFO
  - Post-procedural evaluation of PFO repair
  - 6 month follow-up after PFO repair
  - Annually if there is a residual shunt on post-operative imaging

  For ASD closure see **ASD-Atrial septal defects (CD 11.2.1)**
- **TIPS (transjugular intrahepatic portosystemic shunt)** See **Hepatic Arteries and Veins (AB 43.1)**
  - One time post-procedure for routine follow-up
  - **Any time** post-procedure (either):
    - For new signs or symptoms
    - For concern for new or worsening pulmonary hypertension or heart failure
- **Cardiac device therapy**
  - Re-evaluation of EF is medically necessary 40 days after MI, 3 months after revascularization, or 3 months after maximally tolerated optimal medical therapy to determine either:
    - Candidacy for device therapy
    - Optimal choice of device
  - One time follow up within 12 months of implantation of a CRT-D device
- **Left ventricular assist device (LVAD)** see **Left ventricular assist devices (LVAD) (CD-9.4)**
  - Prior to implant
  - Routine Post-implant at the following intervals:
    - 2 weeks
    - One month
    - Three months
    - Six months
    - Twelve months
    - Every 6 months thereafter

Pulmonary hypertension

Follow-up echocardiogram (TTE) on patients with PH is medically necessary for any of the following:

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

- Every 6 months for surveillance of stable individuals with moderate or severe pulmonary hypertension (pulmonary artery systolic pressure ≥50 mm Hg)
- Three months after any change in PH therapy
- Prior to planned intubation (e.g., for elective surgery)
- Prior to planned pregnancy
- During pregnancy as often as requested by provider
- Anytime, without regard for the number or timing of previous ECHO studies to evaluate change in clinical signs or symptoms

See also **Pulmonary Hypertension CD-8.1**

Hypertrophic Cardiomyopathy (HCM)

Repeat Transthoracic Echocardiography (TTE) is indicated for individuals with hypertrophic cardiomyopathy for any of the following:

- **Surveillance imaging**
  - Every year
- **Mavacamten: Initiation of treatment**
  - Baseline at the beginning of treatment
  - 4 weeks after treatment initiation
  - 8 weeks after treatment initiation
  - 12 weeks after treatment initiation
  - Then every 12 weeks while on mavacamten
- **Mavacamten: Changes in treatment**
  - 4 weeks after any interruption of treatment (any missed dose)
  - After any dosage change (including restart of treatment):
    - 4 weeks after dosage change
    - 12 weeks after dosage change
  - After initiating a weak CYP2C19 inhibitor (e.g., omeprazole) or moderate CYP3A4 inhibitor (e.g., ciprofloxacin):
    - 4 weeks after start of medication
    - 12 weeks after start of medication
  - At any time regardless of timing of prior echo when there are new cardiac signs or symptoms, or worsening of clinical status
- **Post-Septal Reduction Therapy (SRT)**
  - Within 3 to 6 months after surgical myectomy or alcohol septal ablation

See also **Hypertrophic Cardiomyopathy CD-14**

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Cardiac Transplant

Anytime (without regard for the number or timing of previous ECHO studies) when there is a history of cardiac transplant, per transplant center protocol

Cardiotoxic Agents

For re-evaluation in an individual previously or currently undergoing therapy with cardiotoxic agents or radiation therapy follow **Cardiotoxic agent/Cancer Therapeutics-Related Cardiac Dysfunction (CD-12.1)**

Evidence Discussion

Transthoracic Echo

- Transthoracic echocardiogram (TTE) is an ultrasonic examination of the heart through the chest wall. Given that sound waves are used (sonography) there is no exposure to ionizing radiation or possible complications related to contrast induced nephropathy.
- It is readily accessible and transportable allowing for the test to be performed at multiple different locations with no need for blood work.
- TTE is widely accepted as initial imaging modality of choice for the general evaluation of cardiac and pericardial structure and function.
- Multiple evidence based professional society guidelines indicate that TTE can be appropriately used for the evaluation of multiple cardiac issues including but not limited to evaluation of cardiac symptoms, dyspnea and pulmonary hypertension.
- A complete comprehensive TTE will utilize multiple acoustic windows and incorporate 2-dimensional imaging with appropriate data; including measurements with color and spectral Doppler imaging.
- The test is performed and interpreted by qualified individuals in a facility that is accredited in performing echocardiograms.
- TTE is the primary imaging tool for screening of family members with thoracic aortic disease as well as genetic syndromes that are associated with thoracic aortic aneurysms and dissection. It is not indicated for screening of asymptomatic individuals in the general public in the absence of family history of cardiac, vascular, or associated connective tissue disorder.
- TTE offers real time hemodynamic assessment which may be used in the guidance of therapeutic interventions.
- Repeat echocardiograms may be done for the surveillance of known valvular heart disease, cardiomyopathies, pulmonary hypertension, and cardiotoxic agents. The need for surveillance echocardiograms are dependent on factors such as morphology, severity, family history of cardiomyopathies, timing of surgery, left ventricular function, symptoms, and for follow up of post cardiac structural

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

interventions. Timing of surveillance echocardiograms are in alignment with recommendations from various national and international medical specialty organization guidelines and Appropriate Use Criteria based on studies which analyzed progression of valvular disease and timing of invasive intervention.

- Decisions regarding routine echocardiographic follow-up should not be based on the degree of regurgitation alone, but should take into account associated structural valvular and cardiac abnormalities. For example: a structurally normal mitral valve with moderate mitral regurgitation by color flow Doppler and normal left atrial size, does not generally require routine echocardiographic follow-up. However, a thickened, myxomatous appearing mitral valve with bi-leaflet prolapse and only trivial or mild mitral regurgitation, should be followed echocardiographically at routine intervals.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

References (CD-2)

CD.EC.0002.3.A

v2.0.2025

1. Kottam A et al. American Heart Association Council on Cardiovascular Radiology and Intervention. State-of-the-Art Imaging of Infiltrative Cardiomyopathies: A Scientific Statement From the American Heart Association. Circ Cardiovasc Imaging. 2023 Nov;16(11):e000081. doi: 10.1161/HCI.0000000000000081.
2. Delgado V et al. ESC Scientific Document Group. 2023 ESC Guidelines for the management of endocarditis. Eur Heart J. 2023 Oct 14;44(39):3948-4042. doi: 10.1093/eurheartj/ehad193. Erratum in: Eur Heart J. 2023 Sep 20.
3. Arbelo E et al. ESC Scientific Document Group. 2023 ESC Guidelines for the management of cardiomyopathies. Eur Heart J. 2023 Oct 1;44(37):3503-3626. doi: 10.1093/eurheartj/ehad194.
4. McDonagh TA et al ESC Scientific Document Group. 2023 Focused Update of the 2021 ESC Guidelines for the diagnosis and treatment of acute and chronic heart failure. Eur Heart J. 2023 Oct 1;44(37):3627-3639. doi: 10.1093/eurheartj/ehad195. Chung MK, et al. 2023 HRS/APHRS/LAHRS guideline on cardiac physiologic pacing for the avoidance and mitigation of heart failure. Heart Rhythm. 2023 May 15:S1547-5271(23)02026-X. doi: 10.1016/j.hrthm.2023.03.1538.
5. Isselbacher EM et al. 2022 ACC/AHA Guideline for the Diagnosis and Management of Aortic Disease: A Report of the American Heart Association/American College of Cardiology Joint Committee on Clinical Practice Guidelines. Circulation. 2022 Dec 13;146(24):e334-e482. doi: 10.1161/CIR.0000000000001106. Epub 2022 Nov 2.
6. Heidenreich PA, Bozkurt B, Aguilar D, et al.. 2022 AHA/ACC/HFSA guideline for the management of heart failure: a report of the American College of Cardiology/American Heart Association Joint Committee on Clinical Practice Guidelines. Circulation. 2022 May 3;145:e895–e1032. doi: 10.1161/CIR.0000000000001063
7. Writing Committee Members; Otto CM, 2020 ACC/AHA Guideline for the Management of Patients With Valvular Heart Disease: A Report of the American College of Cardiology/American Heart Association Joint Committee on Clinical Practice Guidelines. J Am Coll Cardiol. 2021 Feb 2;77(4):e25-e197.
8. Ommen SR et al. 2020 AHA/ACC Guideline for the Diagnosis and Treatment of Patients With Hypertrophic Cardiomyopathy: A Report of the American College of Cardiology/American Heart Association Joint Committee on Clinical Practice Guidelines. Circulation. 2020 Dec 22;142(25):e558-e631. doi: 10.1161/CIR.0000000000000937. Epub 2020 Nov 20.
9. Doherty JU et al. ACC/AATS/AHA/ASE/ASNC/HRS/SCAI/SCCT/SCMR/STS 2019 Appropriate Use Criteria for Multimodality Imaging in the Assessment of Cardiac Structure and Function in Nonvalvular Heart Disease. *J Am Coll Cardiol*. 2019 Feb 5;73(4):488-516. doi: 10.1016/j.jacc.2018.10.038. Epub 2019 Jan 7.
10. Doherty JU et al. ACC/AATS/AHA/ASE/ASNC/HRS/SCAI/SCCT/SCMR/STS 2017 Appropriate Use Criteria for Multimodality Imaging in Valvular Heart Disease. *J Am Coll Cardiol*. 2017 Sep 26;70(13):1647-1672. doi: 10.1016/j.jacc.2017.07.732. Epub 2017 Sep 1.
11. Faqih SA, Noto-Kadou-Kaza B, Abouamrane LM, Mtiou N, El Khayat S, Zamd M, Medkouri G, Benghanem MG, Ramdani B. Pulmonary hypertension: prevalence and risk factors. Int J Cardiol Heart Vasc. 2016 May 9;11:87-89.
12. Adler Yet al. 2015 ESC Guidelines for the diagnosis and management of pericardial diseases. *Eur Heart J*. 2015 Nov 7;36(42):2921-2964. doi: 10.1093/eurheartj/ehv318. Epub 2015 Aug 29.
13. Douglas, Pamela S et al. ACCF/ASE/AHA/ASNC/HFSA/HRS/SCAI/SCCM/SCCT/SCMR 2011 Appropriate Use Criteria for Echocardiography. *J Am Soc Echocardiogr*. 2011 Mar;24(3):229-67.
14. Edwards EVOQUE Tricuspid Valve Replacement System FDA Approval https://www.fda.gov/medical-devices/recently-approved-devices/edwards-evoque-tricuspid-valve-replacement-system-p230013
15. Barreiro-Pérez M, González-Ferreiro R, Caneiro-Queija B, et al. Transcatheter Tricuspid Valve Replacement: Illustrative Case Reports and Review of State-of-Art. *J Clin Med.* 2023 Feb 9;12(4):1371. doi: 10.3390/jcm12041371.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

16. Kodali S, Hahn RT, George I, et al.; TRISCEND Investigators. Transfemoral Tricuspid Valve Replacement in Patients With Tricuspid Regurgitation: TRISCEND Study 30-Day Results. *JACC Cardiovasc Interv*. 2022 Mar 14;15(5):471-480. doi: 10.1016/j.jcin.2022.01.016.
17. Kodali S, Hahn RT, Makkar R, et al. Transfemoral tricuspid valve replacement and one-year outcomes: the TRISCEND study. *Eur Heart J*. 2023 Dec 7;44(46):4862-4873. doi: 10.1093/eurheartj/ehad667.
18. Webb JG, Chuang AM, Meier D, et al. Transcatheter Tricuspid Valve Replacement With the EVOQUE System: 1-Year Outcomes of a Multicenter, First-in-Human Experience. *JACC Cardiovasc Interv*. 2022 Mar 14;15(5):481-491. doi: 10.1016/j.jcin.2022.01.280.
19. Oh NA, Kampaktsis PN, Gallo M, Guariento A, Weixler V, Staffa SJ, Avgerinos DV, Colli A, Doulamis IP. An updated meta-analysis of MitraClip versus surgery for mitral regurgitation. *Ann Cardiothorac Surg*. 2021 Jan;10(1):1-14. doi: 10.21037/acs-2020-mv-24.
20. McKellar SH, Harkness J, Reid BB, Sekaran NK, May HT, Whisenant BK. Residual or recurrent mitral regurgitation predicts mortality following transcatheter edge-to-edge mitral valve repair. *JTCVS Open*. 2023 Oct 31;16:191-206. doi: 10.1016/j.xjon.2023.10.019.
21. Edwards EVOQUE Tricuspid Valve Replacement System FDA Approval www.fda.gov/medical-devices/recently-approved-devices/edwards-evoque-tricuspid-valve-replacement-system-p230013.
22. Barreiro-Pérez M, González-Ferreiro R, Caneiro-Queija B, et al. Transcatheter Tricuspid Valve Replacement: Illustrative Case Reports and Review of State-of-Art. *J Clin Med*. 2023 Feb 9;12(4):1371. doi: 10.3390/jcm12041371.
23. Kodali S, Hahn RT, George I, et al.; TRISCEND Investigators. Transfemoral Tricuspid Valve Replacement in Patients With Tricuspid Regurgitation: TRISCEND Study 30-Day Results. *JACC Cardiovasc Interv*. 2022 Mar 14;15(5):471-480. doi: 10.1016/j.jcin.2022.01.016.
24. Kodali S, Hahn RT, Makkar R, et al. Transfemoral tricuspid valve replacement and one-year outcomes: the TRISCEND study. *Eur Heart J*. 2023 Dec 7;44(46):4862-4873. doi: 10.1093/eurheartj/ehad667.
25. Webb JG, Chuang AM, Meier D, et al. Transcatheter Tricuspid Valve Replacement With the EVOQUE System: 1-Year Outcomes of a Multicenter, First-in-Human Experience. *JACC Cardiovasc Interv*. 2022 Mar 14;15(5):481-491. doi: 10.1016/j.jcin.2022.01.280.
26. Oh NA, Kampaktsis PN, Gallo M, Guariento A, Weixler V, Staffa SJ, Avgerinos DV, Colli A, Doulamis IP. An updated meta-analysis of MitraClip versus surgery for mitral regurgitation. *Ann Cardiothorac Surg.* 2021 Jan;10(1):1-14. doi: 10.21037/acs-2020-mv-24.
27. McKellar SH, Harkness J, Reid BB, Sekaran NK, May HT, Whisenant BK. Residual or recurrent mitral regurgitation predicts mortality following transcatheter edge-to-edge mitral valve repair. *JTCVS Open*. 2023 Oct 31;16:191-206. doi: 10.1016/j.xjon.2023.10.019.
28. Edvardsen T, Asch FM, Davidson B, et al. Non-Invasive Imaging in Coronary Syndromes: Recommendations of The European Association of Cardiovascular Imaging and the American Society of Echocardiography, in Collaboration with The American Society of Nuclear Cardiology, Society of Cardiovascular Computed Tomography, and Society for Cardiovascular Magnetic Resonance. *J Cardiovasc Comput Tomogr*. 2022;16(4):362-383. doi:10.1016/j.jcct.2022.05.006.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Transesophageal Echocardiography (TEE) (CD-2.4) (CD-2.5)

CD.EC.0002.5.A
v2.0.2025

Transesophageal echocardiography (TEE)-coding (CD-2.4)

TEE coding

Transesophageal Echocardiography	CPT®
TEE with 2-D, M-mode, probe placement, image acquisition, interpretation and report	93312
TEE probe placement only	93313
TEE image acquisition, interpretation, and report only	93314
TEE for congenital anomalies with 2-D, M-mode, probe placement, image acquisition, interpretation and report	93315
TEE for congenital anomalies, probe placement only	93316
TEE for congenital anomalies, image acquisition, interpretation and report only	93317

Doppler Echocardiography

Description	CPT®
Doppler echo, pulsed wave and/or spectral display	+93320
Doppler echo, pulsed wave and/or spectral display, follow-up or limited study	+93321
Doppler echo, color flow velocity mapping	+93325
Doppler echo, if performed, may be reported separately in addition to the primary TEE codes: CPT® 93312, CPT® 93314, CPT® 93315, and CPT® 93317	

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

C codes

HCPCS	Description	CPT®
C8925	TEE with 2-D, M-mode, probe placement, image acquisition, interpretation and report	93312
C8926	TEE for congenital anomalies with 2-D, M-mode, probe placement, image acquisition, interpretation and report	93315

- The complete transesophageal echocardiogram service, including both (1) probe (transducer) placement and (2) image acquisition/interpretation, is reported with CPT® 93312.
  - Probe placement only is reported with CPT® 93313.
  - The image acquisition/interpretation only is reported with CPT® 93314.
- Physicians assign codes CPT® 93312, CPT® 93313, and/or CPT® 93314 to report professional services if the test is performed in a hospital or other facility where the physician cannot bill globally.
  - Modifier-26 (professional component) is appended to the appropriate code
  - CPT® 93313 and CPT® 93314 should never be used together. If both services are provided, CPT® 93312 is reported.
- Hospitals should report TEE procedures using CPT® 93312 (the complete service).CPT® 93313 and CPT® 93314 are not used for hospital billing.

Transesophageal echocardiography (TEE)- indications (CD-2.5)

TEE (CPT® 93312, 93320, and 93325) is medically necessary when there is documentation of **any** of the following:

- Limited transthoracic echo window when further information is needed to guide management (e.g. suspected or confirmed endocarditis, suspected intracardiac mass, etc.)
- Assessing valvular dysfunction, especially mitral regurgitation, when TTE is inadequate and intervention is being considered to repair/replace valve.
- Evaluation of cardiac mass, suspected tumor or thrombus
- Pre-procedural assessment of PFO/ASD
- Pre-operative evaluation prior to planned LVAD implant
- Embolic source or intracardiac shunting when TTE is inconclusive
  - Examples: atrial septal defect, ventricular septal defect, patent foramen ovale, aortic cholesterol plaques, thrombus in cardiac chambers, valve vegetation, tumor
- Embolic events when there is an abnormal TTE or a history of atrial fibrillation

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

  - Clarify atria/atrial appendage, aorta, mitral/aortic valve beyond the information that other imaging studies have provided
- Cardiac valve dysfunction
  - Differentiation of tricuspid from bicuspid aortic valve in setting of aortic enlargement or significant stenosis or significant regurgitation
  - Congenital abnormalities
- Assessing for left atrial thrombus prior to cardioversion of atrial fibrillation or atrial flutter.
- Assessing for left atrial thrombus prior to planned atrial fibrillation ablation/pulmonary vein isolation procedure.
- For initial imaging of ascending and descending thoracic aortic aneurysms.
- For repeat imaging or established thoracic aneurysms, TEE is indicated **only** when imaging with CT or MR is contraindicated.
- TEE is indicated for the evaluation of individuals with hypertrophic cardiomyopathy if TTE is inconclusive for **any** of the following:
  - Mitral regurgitation secondary to structural abnormalities of the mitral valve
  - Subaortic membrane or aortic valve stenosis
- TEE is indicated for the pre-procedure planning for surgical myectomy or alcohol septal ablation evaluation of individuals with hypertrophic cardiomyopathy
- Left atrial appendage (LAA) Closure device (e.g., WATCHMAN®) for any of the following:
  - Pre-procedural evaluation with or without 3D imaging
  - Repeat imaging 45 days post-procedure
    - Another follow-up study is medically necessary before the one-year surveillance when the imaging study at 45 days shows. a peri-device gap ≥5 mm or Device Related Thrombus usually at 3-6 months
  - 1 year post-procedure
  - See also **Percutaneous Mitral Valve Repair (mitral valve clip) (CD-13.5)**

Evidence Discussion

- Transesophageal echocardiogram (TEE) is a semi-invasive ultrasonic examination of the heart through the esophagus. Due to the proximity of the esophagus to the heart and great vessels, it allows for additional and more accurate information than transthoracic echocardiography for several specific diagnoses, catheter based cardiac interventions and cardiac surgery.
- TEE is utilized not only for diagnostic purposes but also for dynamic decision making with cardioversions, surgical intervention and assessment of surgical repair.
- TEE has become an essential imaging tool for pediatric and adult cardiologists, cardiac surgeons and anesthesiologists and is used in outpatient and inpatient settings as well as operating rooms.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

- The test is performed and interpreted by physicians that have demonstrated both cognitive and technical competence in TEE.
- TEE is readily accessible, has no ionizing radiation exposure and does not require use of IV contrast.
- There are relative and absolute contraindications which are reviewed prior to insertion of the TEE probe which include and are not limited to esophageal pathology, coagulopathy and cervical spine injury.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Stress echocardiography (stress echo) (CD-2.7)

CD.EC.0002.7.A
v2.0.2025

Stress echo – coding

Associated codes

Stress Echocardiography	CPT®
Echo, transthoracic, with (2D), includes M-mode, during rest and exercise stress test and/or pharmacologically induced stress, with report;	93350
Echo, transthoracic, with (2D), includes M-mode, during rest and exercise stress test and/or pharmacologically induced stress, with report: including performance of continuous electrocardiographic monitoring, with physician supervision	93351
Doppler Echocardiography	
Doppler echo, pulsed wave and/or spectral display	+93320
Doppler echo, pulsed wave and/or spectral display, follow-up/limited study	+93321
Doppler echo, color flow velocity mapping	+93325

Associated HCPCS codes

CPT®	Stress Echocardiography	HCPCS
93350	Echo, transthoracic, with (2D), includes M-mode, during rest and exercise stress test and/or pharmacologically induced stress, with report;	C8928
93351	Echo, transthoracic, with (2D), includes M-mode, during rest and exercise stress test and/or pharmacologically induced stress, with report: including performance of continuous electrocardiographic monitoring, with physician supervision	C8930

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

CPT® 93350 and CPT® 93351 do not include Doppler studies

Doppler echo (CPT® +93320 and CPT® +93325), if performed, may be reported separately in addition to the primary SE codes: CPT® 93350 or CPT® 93351

Stress echo-indications other than ruling out CAD (CD-2.7)

CPT® 93350 or 93351

- See: **Stress Testing with Imaging – Indications (CD-1.4)**
- In addition to the evaluation of CAD, stress echo can be used to evaluate the following conditions:
  - Dyspnea on exertion (specifically to evaluate pulmonary hypertension)
  - Right heart dysfunction
  - Valvular heart disease when the outcome would affect a therapeutic or interventional decision
  - Pulmonary hypertension when the outcome will measure response to therapy and/or prognostic information
  - Hypertrophic cardiomyopathy (as defined in **Obstructive Hypertrophic Cardiomyopathy (HCM) (CD-12.3)** for **either** of the following:
    - Exercise stress echo (CPT® 93351 or 93350) is indicated for the detection and quantification of dynamic left ventricular outflow tract obstruction in symptomatic individuals with HCM who do **not** have a resting or provocable outflow tract gradient ≥50 mm Hg on TTE.
    - Stress echo can be repeated when there is documentation of **any** of the following:
      - In 1 to 2 years if the resting or provocable outflow tract gradient is < 30 mm Hg on prior stress echo
      - Worsening symptoms
      - There has been a therapeutic change (i.e., change in medication, surgical procedure performed).
- In general spectral Doppler (CPT® 93320 or 93321) and color-flow Doppler (CPT® 93325) are necessary in the evaluation of the above conditions and can be added to the stress echo code.

Evidence Discussion

- Stress echocardiography (SE) is a ultrasonic examination of the heart through the chest wall during rest and stress. Given the ultrasound modality, there is no exposure to ionizing radiation or concern for contrast induced renal failure.
- SE is used to assess for global and regional systolic function and evaluation of valvular function at rest and during stress. This allows for non-invasive diagnosis

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

and management of coronary artery disease, various cardiomyopathies, pulmonary hypertension and valvular heart disease.

- A complete comprehensive stress echo will incorporate 2-dimensional imaging with multiple acquisition windows during rest and stress and may also incorporate color and spectral Doppler imaging. This provides a dynamic evaluation of myocardial and valvular structure and function under physiological (exercise) or pharmacological stress.
- The test is performed and interpreted by qualified individuals in a facility that is proficient in echocardiograms in compliance with published criteria for quality cardiac diagnostic testing.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

3D Echocardiography (CD-2.9)

CD.EC.0002.9.A
v2.0.2025

3D echocardiography – coding

Description	CPT®
3D rendering with interpretation and reporting of computed tomography, magnetic resonance imaging, ultrasound, or other tomographic modality with image post-processing under concurrent supervision; not requiring image post-processing on an independent workstation	76376
3D rendering with interpretation and reporting of computed tomography, magnetic resonance imaging, ultrasound, or other tomographic modality with image post-processing under concurrent supervision; requiring image post-processing on an independent workstation	76377
3D echocardiographic imaging and post-processing during transesophageal echocardiography, or during transthoracic echocardiography for congenital cardiac anomalies, for the assessment of cardiac structure(s) (e.g., cardiac chambers and valves, left atrial appendage, interatrial septum, interventricular septum) and function, when performed (List separately in addition to code for echocardiographic imaging) Code with (93303-93304, 93312, 93314, 93315, 93317, 93350-93351)	+93319

3D echocardiography – indications (CD-2.9)

Echocardiography with 3-dimensional (3D) rendering is becoming universally available, yet its utility remains limited based on the current literature.

- CPT ® 93319 with one of the following (CPT® 93303, 93304, 93312, 93314, 93315, or 93317) for congenital cardiac abnormalities
- 3D Echo (CPT® 76376 or CPT® 76377) may be indicated when a primary echocardiogram is approved and **one** of the following is needed:
  - Left ventricular volume and ejection fraction assessment when measurements are needed for treatment decision (e.g., implantation of ICD, alteration in cardiotoxic chemotherapy, cardiac transplant)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

- Mitral valve anatomy specifically related to mitral valve stenosis
- Pre-procedural evaluation of left atrial appendage occlusion (e.g., WATCHMAN®)
- Pre-operative evaluation for LVAD implant
- Guidance of transcatheter procedures such as:
  - Mitral valve clipping
  - TAVR
  - Left atrial appendage closure device (e.g., WATCHMAN®)

Evidence Discussion

- 3D echocardiography (3DE) is a newer modality of ultrasonic examination of the heart through the chest wall or through the esophagus that is added on to either a transthoracic or transesophageal echocardiogram.
- This allows for both real-time and post-processed 3 dimensional analysis of the cardiac structures and function. This produces images that are less constrained than that of 2-dimensional echocardiograms.
- 3DE is readily accessible and transportable allowing for the test to be done at multiple different locations with no need for blood work or IV line insertion.
- 3DE has become important in pre-surgical planning, guidance of catheter intervention and functional assessment of the heart in various cardiac conditions including but not limited to congenital heart disease, valvular disease and structural heart disease.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Myocardial strain imaging (CD-2.12)

CD.EC.0002.12.A
v2.0.2025

CPT® 93356

- Myocardial strain imaging (CPT® 93356, speckle tracking longitudinal strain) is indicated for the initial evaluation of LVH, in addition to the primary echocardiogram, when there is documentation of **both**:
  - Unclear etiology of LVH not due to hypertensive heart disease
  - Concern for infiltrative cardiomyopathy
- Myocardial strain imaging is indicated in heart transplant evaluation and surveillance per transplant protocol
- Myocardial strain imaging (CPT® 93356) in addition to the primary echocardiogram in individuals receiving therapy with cardiotoxic agents for ANY of the following:
  - Initial evaluation-prior to treatment with EITHER:
    - Medications that could result in cardiotoxicity/heart failure
    - Radiation that could result in cardiotoxicity/heart failure
  - Re-evaluation of an individual previously or currently undergoing therapy as per echocardiogram parameters. See **Cardiotoxic agent/Cancer Therapeutics-Related Cardiac Dysfunction (CD-12.1)**
  - Re-evaluation of an individual undergoing therapy with worsening symptoms

Evidence Discussion

- Myocardial strain imaging or speckle-tracking echocardiography (STE) is a modern ultrasound technique that is an adjunct to traditional transthoracic echocardiography to evaluate myocardial deformation.
- Given the ultrasound modality, there is no exposure to ionizing radiation or concern for contrast induced renal failure.
- The main areas of application of this technique has been in the assessment of myocardial mechanics, ischemic heart disease, cardiomyopathies, LV diastolic dysfunction, and in detecting sub-clinical myocardial dysfunction in patients undergoing chemotherapy for cancer or in those affected by heart valve diseases.
- STE is considered the optimal deformation parameter for the detection of subclinical LV dysfunction which allows for clinical intervention prior to reduction in LVEF particularly useful in the field of cardio-oncology.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

References (CD-2)

CD.EC.0002.A
v2.0.2025

1. Douglas PS, Khandheria B, Stainback RF, et al. ACCF/ASE/ACEP/AHA/ASNC/SCAI/SCCT/SCMR 2008 appropriateness criteria for stress echocardiography: a report of the American College of Cardiology Foundation Appropriateness Criteria Task Force, American Society of Echocardiography, American College of Emergency Physicians, American Heart Association, American Society of Nuclear Cardiology, Society for Cardiovascular Angiography and Interventions, Society of Cardiovascular Computed Tomography, and Society for Cardiovascular Magnetic Resonance: endorsed by the Heart Rhythm Society and the Society of Critical Care Medicine. *Circulation*. 2008;117(11):1478-1497. doi:10.1161/CIRCULATIONAHA.107.189097.
2. Pellikka PA, Nagueh SF, Elhendy AA, Kuehl CA, Sawada SG. American Society of Echocardiography Recommendations for Performance, Interpretation, and Application of Stress Echocardiography. *J Am Soc Echocardiogr.* 2007;20(9):1021-1041. doi:10.1016/j.echo.2007.07.003.
3. Holmes DR, Mack MJ, Kaul S, et al. 2012 ACCF/AATS/SCAI/STS Expert Consensus Document on Transcatheter Aortic Valve Replacement. *The Annals of Thoracic Surgery*. 2012;93(4):1340-1395. doi:10.1016/j.athoracsur.2012.01.084.
4. Wolk MJ, Bailey SR, Doherty JU, et al. ACCF/AHA/ASE/ASNC/HFSA/HRS/SCAI/SCCT/SCMR/STS 2013 Multimodality Appropriate Use Criteria for the Detection and Risk Assessment of Stable Ischemic Heart Disease. *J Am Coll Cardiol*. 2014;63(4):380-406. doi:10.1016/j.jacc.2013.11.009.
5. Doherty JU, Kort S, Mehran R, Schoenhagen P, Soman P. ACC/AATS/AHA/ASE/ASNC/HRS/SCAI/SCCT/SCMR/STS 2017 Appropriate Use Criteria for Multimodality Imaging in Valvular Heart Disease.*J Am Coll Cardiol* 2017;70(13):1647-1672. doi:10.1016/j.jacc.2017.07.732.
6. Khanna D, Gladue H, Channick R, et al. Recommendations for Screening and Detection of Connective Tissue Disease-Associated Pulmonary Arterial Hypertension. *Arthritis & Rheumatism.* 2013;65(12):3194-3201. doi:10.1002/art.38172.
7. Simonneau G, Gatzoulis MA, Adatia I, et al. Updated Clinical Classification of Pulmonary Hypertension.*J Am Coll Cardiol.* 2013;62(25). doi:10.1016/j.jacc.2013.10.029.
8. Tolle JJ, Waxman AB, Horn TLV, Pappagianopoulos PP, Systrom DM. Exercise-Induced Pulmonary Arterial Hypertension. *Circulation*. 2008;118(21):2183-2189. doi:10.1161/circulationaha.108.787101.
9. Vainrib AF, Harb SC, Jaber W, et al. Left Atrial Appendage Occlusion/Exclusion: Procedural Image Guidance with Transesophageal Echocardiography. *J Am Soc Echocardiogr*. 2018;31(4):454-474. doi:10.1016/j.echo.2017.09.014.
10. Lentine KL, Costa SP, Weir MR, et al. Cardiac Disease Evaluation and Management Among Kidney and Liver Transplantation Candidates. *Circulation.* 2012;126(5):617-663. doi:10.1161/cir.0b013e31823eb07a.
11. Stainback RF, Estep JD, Agler DA, et al. Echocardiography in the Management of Patients with Left Ventricular Assist Devices: Recommendations from the American Society of Echocardiography. *J Am Soc Echocardiogr*. 2015;28(8):853-909. doi:10.1016/j.echo.2015.05.008.
12. Sachdeva R, Valente AM, Armstrong AK, et al. ACC/AHA/ASE/HRS/ISACHD/SCAI/SCCT/SCMR/SOPE 2020 Appropriate Use Criteria for Multimodality Imaging During the Follow-Up Care of Patients with Congenital Heart Disease. *J Am Coll Cardiol.* 2020;75(6):657-703. doi:10.1016/j.jacc.2019.10.002.
13. Stout KK, Daniels CJ, Aboulhosn JA, et al. 2018 AHA/ACC Guideline for the Management of Adults with Congenital Heart Disease: A Report of the American College of Cardiology/American Heart Association Task Force on Clinical Practice Guidelines. *Circulation.* 2019;139(14). doi:10.1161/cir.0000000000000603.
14. Otto CM, Nishimura RA, Bonow RO, et al. 2020 ACC/AHA Guideline for the Management of Patients with Valvular Heart Disease: A Report of the American College of Cardiology/American Heart Association Joint Committee on Clinical Practice Guidelines. *Circulation.* 2021;143(5). doi:10.1161/cir.0000000000000923.
15. Hiratzka LF, Bakris GL, Beckman JA, et al. 2010 ACCF/AHA/AATS/ACR/ASA/SCA/SCAI/SIR/STS/SVM Guidelines for the diagnosis and management of patients with thoracic aortic disease. A Report of the American College of Cardiology Foundation/American Heart Association Task Force on Practice Guidelines, American Association for Thoracic Surgery, American College of Radiology,American Stroke Association, Society of Cardiovascular Anesthesiologists, Society for Cardiovascular Angiography and Interventions, Society of

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Interventional Radiology, Society of Thoracic Surgeons,and Society for Vascular Medicine [published correction appears in J Am Coll Cardiol. 2013 Sep 10;62(11):1039-40]. *J Am Coll Cardiol*. 2010;55(14):e27-e129. doi:10.1016/j.jacc.2010.02.015.

16. Ge Y, Gupta S, Fentanes E, et al. Role of Cardiac CT in Pre-Procedure Planning for Transcatheter Mitral Valve Replacement. *JACC: Cardiovasc Imag*. 2021. doi:10.1016/j.jcmg.2020.12.018.
17. Blanke P, Weir-McCall JR, Achenbach S, et al. Computed Tomography Imaging in the Context of Transcatheter Aortic Valve Implantation (TAVI)/Transcatheter Aortic Valve Replacement (TAVR). JACC: *Cardiovasc Imag*. 2019;12(1):1-24. doi:10.1016/j.jcmg.2018.12.003.
18. Doherty JU, Kort S, Mehran R, et al. ACC/AATS/AHA/ASE/ASNC/HRS/SCAI/SCCT/SCMR/STS 2019 Appropriate Use Criteria for Multimodality Imaging in the Assessment of Cardiac Structure and Function in Nonvalvular Heart Disease: A Report of the American College of Cardiology Appropriate Use Criteria Task Force, American Association for Thoracic Surgery, American Heart Association, American Society of Echocardiography, American Society of Nuclear Cardiology, Heart Rhythm Society, Society for Cardiovascular Angiography and Interventions, Society of Cardiovascular Computed Tomography, Society for Cardiovascular Magnetic Resonance, and the Society of Thoracic Surgeons. *J Am Coll Cardiol*. 2019;73(4):488-516. doi:10.1016/j.jacc.2018.10.038.
19. Behr ER, Dalageorgou C, Christiansen M, et al. Sudden arrhythmic death syndrome: familial evaluation identifies inheritable heart disease in the majority of families. *Eur Heart J*. 2008;29(13):1670-1680. doi:10.1093/eurheartj/ehn219.
20. Emery MS, Kovacs RJ. Sudden Cardiac Death in Athletes. *JACC Heart Fail*. 2018;6(1):30-40. doi:10.1016/j.jchf.2017.07.014.
21. Ommen SR, Mital S, Burke MA, et al. 2020 AHA/ACC Guideline for the Diagnosis and Treatment of Patients With Hypertrophic Cardiomyopathy: A Report of the American College of Cardiology/American Heart Association Joint Committee on Clinical Practice Guidelines. *J Am Coll Cardiol*. 2020;76(25):e159-e240. doi:10.1016/j.jacc.2020.08.045.
22. Sweet M, Taylor MR, Mestroni L. Diagnosis, prevalence, and screening of familial dilated cardiomyopathy. *Expert Opin Orphan Drugs*. 2015;3(8):869-876. doi:10.1517/21678707.2015.1057498.
23. TeRiele, Anneline, James, Cynthia, Approach to family screening in arrhythmogenic right ventricular dysplasia/Cardiomyopathy. *Eur Heart J*. (2016) 37, 755-763 doi:10.1093/eurheartj/ehv387.
24. Tanaka H. Efficacy of echocardiography for differential diagnosis of left ventricular hypertrophy: special focus on speckle-tracking longitudinal strain. *J Echocardiogr*. 2021;19(2):71-79. doi:10.1007/s12574-020-00508-3.
25. Nagueh SF, Phelan D, Abraham T, et al. Recommendations for Multimodality Cardiovascular Imaging of Patients with Hypertrophic Cardiomyopathy: An Update from the American Society of Echocardiography, in Collaboration with the American Society of Nuclear Cardiology, the Society for Cardiovascular Magnetic Resonance, and the Society of Cardiovascular Computed Tomography. *J Am Soc Echocardiogr.* 2022;35(6):533-569. doi:10.1016/j.echo.2022.03.012.
26. Chung MK, Patton KK, Lau CP, et al. 2023 HRS/APHRS/LAHRS guideline on cardiac physiologic pacing for the avoidance and mitigation of heart failure [published online ahead of print, 2023 May 20]. *Heart Rhythm.* 2023;S1547-5271(23)02026-X. doi:10.1016/j.hrthm.2023.03.1538.
27. Cronin EM, Bogun FM, Maury P, et al. 2019 HRS/EHRA/APHRS/LAHRS expert consensus statement on catheter ablation of ventricular arrhythmias: Executive summary. *Heart Rhythm.* Jan 2020;17(1):e155-e205. doi:10.1016/j.hrthm.2019.03.015.
28. Faqih SA, Noto-Kadou-Kaza B, Abouamrane LM, Mtiou N, El Khayat S, Zamd M, Medkouri G, Benghanem MG, Ramdani B. Pulmonary hypertension: prevalence and risk factors. I*nt J Cardiol Heart* Vasc. 2016 May 9;11:87-89.
29. Heidenreich PA, Bozkurt B, Aguilar D, et al.. 2022 AHA/ACC/HFSA guideline for the management of heart failure: a report of the American College of Cardiology/American Heart Association Joint Committee on Clinical Practice Guidelines. *Circulation*. 2022;145:e895–e1032. doi: 10.1161/CIR.0000000000001063.
30. Shovlin CL, Condliffe R, Donaldson JW on behalf of the British Thoracic Society, et al. British Thoracic Society Clinical Statement on Pulmonary Arteriovenous Malformations. *Thorax* 2017;72:1154-1163. doi:10.1136/thoraxjnl-2017-210764.
31. Cheng XS, VanWagner LB, Costa SP, et al. Emerging Evidence on Coronary Heart Disease Screening in Kidney and Liver Transplantation Candidates: A Scientific Statement From the American Heart Association:

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Endorsed by the American Society of Transplantation. *Circulation*. 2022;146(21):e299-e324. doi:10.1161/CIR.0000000000001104.

32. Humbert M, Kovacs G, Hoeper M, et al. 2022 ESC/ERS Guidelines for the diagnosis and treatment of pulmonary hypertension: Developed by the task force for the diagnosis and treatment of pulmonary hypertension of the European Society of Cardiology (ESC) and the European Respiratory Society (ERS). Endorsed by the International Society for Heart and Lung Transplantation (ISHLT) and the European Reference Network on rare respiratory diseases (ERN-LUNG). *Eu Heart J 2022;* 43(38) 3618–3731. doi.org/10.1093/eurheartj/ehac237.
33. Billey C, Billet S, Robic MA, et al. A Prospective Study Identifying Predictive Factors of Cardiac Decompensation After Transjugular Intrahepatic Portosystemic Shunt: The Toulouse Algorithm, *Hepatology* 2019; 70(6)1928-1941. doi.org/10.1002/hep.30934.
34. Boie JR, Thornburg BG, Asrani SK, et al. North American Practice-Based Recommendations for Transjugular Intrahepatic Portosystemic Shunts in Portal Hypertension. *Clinical Gastroenterology and Hepatology* 2022;20(8)1636-1662. doi.org/10.1016/j.cgh.2021.07.018.
35. Ommen SR, Ho CY, Asif IM, et al. 2024 AHA/ACC/AMSSM/HRS/PACES/SCMR Guideline for the Management of Hypertrophic Cardiomyopathy: A Report of the American Heart Association/American College of Cardiology Joint Committee on Clinical Practice Guidelines. *Circulation.* 2024 May 8. doi: 10.1161/CIR.0000000000001250.
36. Velleca A, Shullo MA, Dhital K, et al. The International Society for Heart and Lung Transplantation (ISHLT) guidelines for the care of heart transplant recipients. *J Heart Lung Transplant*. 2023;42(5):e1-e141. doi:10.1016/j.healun.2022.10.015 .
37. Peled Y, Ducharme A, Kittleson M, et al. International Society for Heart and Lung Transplantation Guidelines for the Evaluation and Care of Cardiac Tranplant Candidates-2024. *J Heart Lung Transplant*Arbelo E, Protonotarios A, Gimeno J et al. 2023 ESC Guidelines for the management of cardiomyopathies. *European Heart J. 2023*; 44, 3503-3626 https://doi.org/10.1093/eurheartj/ehad194.
38. Marcus GM. Evaluation and Management of Premature Ventricular Complexes. *Circulation.*2020;141:1404–1418. DOI: 10.1161/CIRCULATIONAHA.119.042434

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Nuclear Cardiac Imaging

Guideline

Myocardial Perfusion Imaging (MPI)(CD-3.1)(CD-3.2)
MUGA – Coding (CD-3.3)
MUGA Study – Cardiac Indications (CD-3.4)
Myocardial Sympathetic Innervation Imaging in Heart Failure (CD-3.6)
Non-imaging Heart Function and Cardiac Shunt Imaging (CD-3.7)
References (CD-3)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Myocardial Perfusion Imaging (MPI) (CD-3.1)(CD-3.2)

CD.NC.0003.1.A
v2.0.2025

MPI – Coding (CD-3.1)

Nuclear Cardiac Imaging Procedure Codes

Myocardial Perfusion Imaging (MPI)	CPT®
MPI, tomographic (SPECT) (including attenuation correction, qualitative or quantitative wall motion, ejection fraction by first pass or gated technique, additional quantification, when performed); single study, at rest or stress (exercise or pharmacologic)	78451
MPI, tomographic (SPECT) (including attenuation correction, qualitative or quantitative wall motion, ejection fraction by first pass or gated technique, additional quantification, when performed); multiple studies, at rest and/or stress (exercise or pharmacologic) and/or redistribution and/or rest reinjection	78452
Myocardial perfusion imaging, planar (including qualitative or quantitative wall motion, ejection fraction by first pass or gated technique, additional quantification, when performed); single study, at rest or stress (exercise or pharmacologic)	78453
Myocardial perfusion imaging, planar (including qualitative or quantitative wall motion, ejection fraction by first pass or gated technique, additional quantification, when performed); multiple studies, at rest and/or stress (exercise or pharmacologic) and/or redistribution and/or rest reinjection	78454
Absolute quantitation of myocardial blood flow (AQMBF), single-photon emission computed tomography (SPECT), with exercise or pharmacologic stress, and at rest, when performed (List separately in addition to code for primary procedure)	+0742T

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

- The most commonly performed myocardial perfusion imaging are single (at rest or stress, CPT® 78451) and multiple (at rest and stress, CPT® 78452) SPECT studies. Less commonly ordered are planar studies (CPT 78453 and 78454) see CD-1.4.
  - Evaluation of the individual's left ventricular wall motion and ejection fraction are routinely performed during MPI and are included in the code's definition.
  - First pass studies, (CPT® 78481 and CPT® 78483), MUGA, (CPT® 78472 and CPT® 78473) and SPECT MUGA (CPT® 78494) should not be reported in conjunction with MPI codes.
  - Attenuation correction, when performed, is included in the MPI service by code definition. No additional code should be assigned for the billing of attenuation correction.
- **Multi-day Studies:** In the absence of written payer guidelines to the contrary, it is not appropriate to bill separately for the rest and stress segments of MPI even if performed on separate calendar dates. A single code is assigned to define the entire procedure on the date all portions of the study are completed.

Note:

3D rendering should not be billed in conjunction with MPI.

MPI – Indications (CD-3.2)

See: **Stress Testing with Imaging – Indications (CD-1.4)**

Absolute quantitation of myocardial blood flow (AQMBF)(SPECT)

AQMBF obtained by CZT-SPECT is considered experimental, investigational, or unproven at this time.

Evidence Discussion

Appropriate Use Criteria from major professional societies including the American College of Cardiology and the American Heart Association support the use of myocardial perfusion imaging (MPI) with single photon emission computed tomography (SPECT) for patients with signs or symptoms consistent with coronary artery disease (CAD) such as typical angina. In addition, they support the use of SPECT perfusion imaging in symptomatic patients with known CAD and those with prior interventions such as coronary artery bypass surgery, coronary stenting, and preoperative risk stratification. These guidelines balance the appropriate testing of patients with SPECT versus unnecessary and potentially harmful testing and downstream procedures.

Also, as supported by society guidelines, use of SPECT is indicated in detection of cardiac transthyretin amyloidosis (ATTR) after light chain amyloidosis (AL) is ruled out by appropriate blood and urine testing.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

MUGA – Coding (CD-3.3)

CD.NC.0003.3.A
v2.0.2025

Cardiac blood pool imaging, or radionuclide ventriculography, can be used to evaluate ventricular function. Cardiac blood pool imaging includes first pass studies (CPT® 78481 and 78483) as well as gated equilibrium studies (CPT® 78472, 78473, 78494, and +78496).

Gated equilibrium studies can also be referred to as multi-gated acquisition (MUGA) scan or equilibrium radionuclide angiography (ERNA). Imaging for gated equilibrium studies can be planar or three-dimensional (single photon emission computed tomography, SPECT).

Of note, all cardiac blood pool imaging is synchronized with electrocardiographic RR interval (EKG-gated); thus, regular rhythm is required for accurate LV assessment.

Gated Equilibrium Studies – Planar	CPT®
Cardiac blood pool imaging, gated equilibrium; planar, single study at rest or stress, wall motion study plus ejection fraction, with or without quantitative processing	78472
Cardiac blood pool imaging, gated equilibrium; planar, multiple studies, wall motion study plus ejection fraction, at rest and stress, with or without additional quantification	78473
Gated Equilibrium Studies-SPECT	
Cardiac blood pool imaging, gated equilibrium, SPECT, at rest, wall motion study plus ejection fraction, with or without quantitative processing	78494
First Pass studies	
Cardiac blood pool imaging (planar), first pass technique; single study, at rest or with stress (exercise and/or pharmacologic), wall motion study plus ejection fraction, with or without quantification	78481

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Gated Equilibrium Studies – Planar	CPT®
Cardiac blood pool imaging (planar), first pass technique; multiple studies, at rest and with stress (exercise and/or pharmacologic), wall motion study plus ejection fraction, with or without quantification	78483
Cardiac blood pool imaging, gated equilibrium, single study, at rest, with right ventricular ejection fraction by first pass technique (List separately in addition to code for primary procedure) This CPT code is an add-on code to 78472.	+78496

- The technique employed for a MUGA service guides the code assignment.
  - CPT® 78472 is used for a planar MUGA scan at rest or stress
  - CPT® 78473 for planar MUGA scans, multiple studies at rest and stress.
- Planar MUGA studies (CPT® 78472 and CPT® 78473) should not be reported in conjunction with:
  - SPECT MPI (CPT® 78451-CPT® 78454)
  - First pass studies (CPT® 78481-CPT® 78483)
  - SPECT MUGA (CPT® 78494).
- CPT® +78496 is assigned only in conjunction with CPT® 78472.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

MUGA Study – Cardiac Indications (CD-3.4)

CD.NC.0003.4.A
v2.0.2025

MUGA (Multi Gated Acquisition) – Blood Pool Imaging Indications

- Echocardiography is the preferred method of following left ventricular systolic function.
- MUGA may be indicated when a recent ECHO, as indicated in **Transthoracic Echocardiography (TTE) – Indications (CD-2.2)** and/or **Frequency of Echocardiography Testing (CD 2.3)**, was technically limited and prevented accurate assessment of left ventricular function.
- MUGA is indicated when there is a significant discrepancy between LVEF assessment by ECHO and another modality (i.e., one study reports normal LVEF and the other, a reduced LVEF) AND there is clear documentation as to how quantitative measurement of LVEF will affect individual management (e.g., implantation of an ICD, alteration in cardiotoxic chemotherapy, etc.).
- MUGA may be performed in place of an ECHO in the following circumstances:
  - To determine candidacy for ICD/CRT and/or to determine optimal choice of device in individuals who meet criteria for ICD based on ejection fraction and other criteria.
  - When previously or currently undergoing therapy with potentially cardiotoxic agents, including chemotherapy and radiation, AND a history of previous low LV ejection fraction (LVEF <50%). See **Cardiotoxic agent/Cancer Therapeutics-Related Cardiac Dysfunction (CD-12.1)**
- MUGA is **not** indicated when requested simply to compare LVEF by the same modality, a prior MUGA is not a reason to approve another MUGA.

Right ventricular first pass study

- (CPT® 78472 and 78496) may be performed when ECHO is technically limited and prevents accurate assessment of RV function AND when further information about RV function is needed to guide management (e.g. established/diagnosed pulmonary hypertension, suspected or confirmed pulmonary embolus).

First pass studies

- First pass studies (CPT® 78481 and CPT® 78483) may be approved in place of MUGA when indications are met for MUGA and/or there is need for information that cannot be obtained by MUGA.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

- First pass studies, (CPT® 78481 and CPT® 78483), MUGA (CPT® 78472 and CPT® 78473) and SPECT MUGA (CPT® 78494) should not be reported in conjunction with MPI codes.

Evidence Discussion

Multi-gated acquisition (MUGA) imaging (also referred to as radionuclide angiography, gated blood pool scan, equilibrium radionuclide angiography) is a method to measure ejection fraction and wall motion of the heart.

Appropriate Use Criteria from major professional societies including the American College of Cardiology and the American Heart Association support the use of planar imaging and/or single photon emission computed tomography (SPECT) of labeled red blood cells for patients who require accurate assessment of ejection fraction and/or wall motion when echocardiography or other imaging approaches are inadequate or disparate. This includes patients with cardiomyopathy and those exposed to cardio-toxic agents.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Myocardial Sympathetic Innervation Imaging in Heart Failure (CD-3.6)

CD.NC.0003.6.A
v2.0.2025

- Nuclear imaging using I-123-meta-iodobenzylguanidine (I-123-mIBG) in an attempt to image increased myocardial sympathetic activity is considered to be experimental and investigational.
- The AMA has established the following set of Category III codes to report these studies:
  - CPT® 0331T Myocardial sympathetic innervation imaging, planar qualitative and quantitative assessment
  - CPT® 0332T Myocardial sympathetic innervation imaging, planar qualitative and quantitative assessment; with tomographic SPECT.

Background and Supporting Information

In heart failure, the sympathetic nervous system is activated in order to compensate for the decreased myocardial function. Initially, this is beneficial, however, long-term this compensatory mechanism is detrimental and causes further damage.

Markers have been developed, using radioactive iodine, in an attempt to image this increased myocardial sympathetic activity. Currently, AdreView™ (Iodine-123 meta-iodobenzylguanidine), is the only FDA-approved imaging agent available for this purpose.

Evidence Discussion

I-123-meta-iodobenzylguanidine (MIBG) imaging of the sympathetic nerve activity of the heart has been proposed and approved for the identification of patients with heart failure. However, its clinical utility has not found widespread acceptance and its clinical usefulness remains in question. There are no societal guidelines for its routine use. The guidelines contain many other imaging platforms such as echocardiography, magnetic resonance imaging, perfusion and metabolic imaging that have proven superior for the diagnosis and management of patients with heart failure.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Non-imaging Heart Function and Cardiac Shunt Imaging (CD-3.7)

CD.NC.0001.7.A
v2.0.2025

- Procedures reported with CPT® 78414 and CPT® 78428 are essentially obsolete but are medically necessary when other preferred modalities are unavailable or non-diagnostic
- Echocardiogram is the preferred method for cardiac shunt detection, rather than the cardiac shunt imaging study described by CPT® 78428.
- Ejection fraction can be obtained by echocardiogram, SPECT MPI, MUGA study, cardiac MRI, cardiac CT, or cardiac PET depending on the clinical situation, rather than by the non-imaging heart function study described by CPT® 78414.

Evidence Discussion

Non-imaging Heart Function and Cardiac Shunt Imaging radionuclide techniques are no longer in use in current clinical practice. These techniques have been rendered obsolete and have been replaced by other cardiac imaging modalities that provide far superior structural and functional information to guide clinical management decisions. The preferred cardiac imaging modalities in current clinical use that have replaced the obsolete techniques include echocardiography, SPECT MPI, MUGA study, cardiac MRI, cardiac CT, and cardiac PET.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (CD-3)

v2.0.2025

1. American Association of Physicists in Medicine (AAPM) Report 96, January 2008. Report of AAPM Task Group 23, “The measurement, reporting and management of radiation dose in CT.” https://www.aapm.org/pubs/reports/RPT_96.pdf.
2. Boden WE, O’Rourke RA, Teo KK, et al. Impact of optimal medical therapy with or without percutaneous coronary intervention on long-term cardiovascular end points in patients with stable coronary artery disease (from the COURAGE trial). *Am J Cardiol,* 2009 July; 104(1):1-4. doi.org/10.1016/j.amjcard.2009.02.059.
3. Guarneri V, Lenihan DJ, Valero V, et al. Long-term cardiac tolerability of trastuzumab in metastatic breast cancer: the M.D. Anderson Cancer Center experience. *J Clinical Oncology* 2006 Sept; 24:4107-4115. doi:10.1200/JCO.2005.04.9551.
4. Hendel RC, Berman DS, Carli MFD, et al. ACCF/ASNC/ACR/AHA/ASE/SCCT/SCMR/SNM 2009 Appropriate Use Criteria for Cardiac Radionuclide Imaging. *J Am Coll Cardiol*. 2009;53(23):2201-2229. doi:10.1016/j.jacc.2009.02.013.
5. Highlights of Prescribing Information HERCEPTIN® (trastuzumab) for injection, for intravenous use Initial U.S. Approval: 1998. Revised: April 2017. http://www.gene.com/gene/products/information/pdf/herceptin-prescribing.pdf.
6. Sciammarella MG, Gerson M, Buxton AE, et al. ASNC/SNMMI Model Coverage Policy: Myocardial sympathetic innervation imaging: Iodine-123 meta-iodobenzylguanidine ((123)I-mIBG). *J Nucl Cardiol*. 2015;22(4):804-811. doi:10.1007/s12350-015-0202-8.
7. Bokhari S, Castano A, Pozniakoff T, et al. (99m)Tc-pyrophosphate scintigraphy for differentiating light-chain cardiac amyloidosis from the transthyretin-related familial and senile cardiac amyloidosis. *Circ Cardiovasc Imaging* 2013; 6:195. doi:10.1161/CIRCIMAGING.112.000132.
8. Plana JC, Galderisi M, Barac A, et al. Expert consensus for multimodality imaging evaluation of adult patients during and after cancer therapy: a report from the American Society of Echocardiography and the European Association of Cardiovascular Imaging. *European Heart Journal-Cardiovascular Imaging*. 2014;15(10):1063-1093. doi:10.1093/ehjci/jeu192.
9. Dorbala S, Bokhari S, Miller E, et al. 99mTechnetium-Pyrophosphate Imaging for Transthyretin Cardiac Amyloidosis. *ASNC PRACTICE POINTS 2016.*https://www.asnc.org/Files/Practice%20Resources/Practice%20Points/ASNC%20Practice%20Point-99mTechnetiumPyrophosphateImaging2016.pdf.
10. Rapezzi C, Quarta CC, Guidalotti PL, et al. Role of 99mTc-DPD Scintigraphy in Diagnosis and Prognosis of Hereditary Transthyretin-Related Cardiac Amyloidosis. *JACC: Cardiovascular Imaging*. 2011;4(6):659-670. doi:10.1016/j.jcmg.2011.03.016.
11. Dorbala S, Ananthasubramaniam K, Armstrong IS, et al. Single Photon Emission Computed Tomography (SPECT) Myocardial Perfusion Imaging Guidelines: Instrumentation, Acquisition, Processing, and Interpretation.*J Nuc Cardiol*. 2018. doi:10.1007/s12350-018-1283-y.
12. Doherty JU, Kort S, Mehran R, et al. ACC/AATS/AHA/ASE/ASNC/HRS/SCAI/SCCT/SCMR/STS 2019 Appropriate Use Criteria for Multimodality Imaging in the Assessment of Cardiac Structure and Function in Nonvalvular Heart Disease. *J Am Coll Cardiol*. 2019;73(4):488-516. doi:10.1016/j.jacc.2018.10.038.
13. Witteles RM, Liedtke M. AL Amyloidosis for the Cardiologist and Oncologist. *JACC: CardioOncology*. 2019;1(1):117-130. doi:10.1016/j.jaccao.2019.08.002.
14. Ruberg FL, Grogan M, Hanna M, Kelly JW, Maurer MS. Transthyretin Amyloid Cardiomyopathy. *J Am Coll Cardiol*. 2019;73(22):2872-2891. doi:10.1016/j.jacc.2019.04.003.
15. Dorbala S, Cuddy S, Falk RH. How to Image Cardiac Amyloidosis. *JACC: Cardiovascular Imaging*. 2020;13(6):1368-1383. doi:10.1016/j.jcmg.2019.07.015.
16. Jitendra M. MUGA scan (CPT code 78472, 78473, 78494) Coding Tips. Medical Coding Guide. https://www.americanmedicalcoding.com/muga-scan-cpt-code/. Published November 10, 2020.
17. Kittleson MM, Maurer MS, Ambardekar AV, et al. Cardiac Amyloidosis: Evolving Diagnosis and Management: A Scientific Statement From the American Heart Association [published correction appears in Circulation. 2021 Jul 6;144(1):e10] [published correction appears in Circulation. 2021 Jul 6;144(1):e11]. *Circulation*. 2020;142(1):e7-e22. doi:10.1161/CIR.0000000000000792.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

18. Kidney Disease: Improving Global Outcomes (KDIGO) Kidney Transplant Candidate Work Group. KDIGO Clinical Practice Guideline on the Evaluation and Management of Candidates for Kidney Transplantation. *Transplantation.* 2020;104: S1 – S103.
19. Fleisher LA, Fleischmann KE, Auerbach AD, et al. 2014 ACC/AHA guideline on perioperative cardiovascular evaluation and management of patients undergoing noncardiac surgery: a report of the American College of Cardiology/American Heart Association Task Force on practice guidelines. *J Am Coll Cardiol* 2014; 64:e77.
20. Winchester DE, Maron DJ, Blankstein R, et al. ACC/AHA/ASE/ASNC/ASPC/HFSA/HRS/SCAI/SCCT/SCMR/STS 2023 Multimodality Appropriate Use Criteria for the Detection and Risk Assessment of Chronic Coronary Disease: A Report of the American College of Cardiology Solution Set Oversight Committee, American Heart Association, American Society of Echocardiography, American Society of Nuclear Cardiology, American Society of Preventive Cardiology, Heart Failure Society of America, Heart Rhythm Society, Society for Cardiovascular Angiography and Interventions, Society of Cardiovascular Computed Tomography, Society for Cardiovascular Magnetic Resonance, and Society of Thoracic Surgeons. *J Am Coll Cardiol* 2023;May 25:[Epub ahead of print].
21. Blanke P, Weir-McCall JR, Achenbach S, et al. Computed tomography imaging in the context of transcatheter aortic valve implantation (TAVI) / transcatheter aortic valve replacement (TAVR): An expert consensus document of the Society of Cardiovascular Computed Tomography. *J Cardiovasc Comput Tomogr.* 2019;13(1):1-20. doi:10.1016/j.jcct.2018.11.008.
22. Saraste A, Ståhle M, Roivainen A, Knuuti J. Molecular Imaging of Heart Failure: An Update and Future Trends. *Semin Nucl Med*. 2024 Apr 11:S0001-2998(24)00028-X. doi: 10.1053/j.semnuclmed.2024.03.005. Epub ahead of print. PMID: 38609753.
23. Tamaki N, Manabe O. Current status and perspectives of nuclear cardiology. *Ann Nucl Med*. 2024 Jan;38(1):20-30. doi: 10.1007/s12149-023-01878-1. Epub 2023 Oct 27. PMID: 37891375.
24. Bailly M, Thibault F, Courtehoux M, Metrard G, Ribeiro MJ. Impact of attenuation correction for CZT-SPECT measurement of myocardial blood flow. *J Nucl Cardiol.* 2021;28(6):2560-2568. doi:10.1007/s12350-020-02075-7.
25. Acampa W, Zampella E, Assante R, et al. Quantification of myocardial perfusion reserve by CZT-SPECT: A head to head comparison with 82Rubidium PET imaging. J Nucl Cardiol. 2021;28(6):2827-2839. doi:10.1007/s12350-020-02129-w.
26. Wang L, Zheng Y, Zhang J, et al. Diagnostic value of quantitative myocardial blood flow assessment by NaI(Tl) SPECT in detecting significant stenosis: a prospective, multi-center study [published online ahead of print, 2022 Aug 15]. *J Nucl Cardiol.* 2022; doi:10.1007/s12350-022-03085-3.
27. Pang Z, Wang J, Li S, Chen Y, Wang X, Li J. Diagnostic analysis of new quantitative parameters of low-dose dynamic myocardial perfusion imaging with CZT SPECT in the detection of suspected or known coronary artery disease. *Int J Cardiovasc Imaging.* 2021 Jan;37(1):367-378. doi: 10.1007/s10554-020-01962-x. Epub 2020 Sep 10. PMID: 32914404; PMCID: PMC7878253.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Cardiac CT

Guideline

Cardiac CT and CTA-General information and coding (CD-4.1)
CT for Coronary Calcium Scoring (CD-4.2)
CCTA – Indications for CCTA (CD-4.3)
CCTA – Regardless of symptoms (CD-4.4)
Anatomical and functional analysis of CCTA results (CD-4.5)
CT heart for evaluation of cardiac structure and morphology (CD-4.6)
CT Heart for Congenital Heart Disease (CD-4.7)
Transcatheter aortic valve replacement (TAVR) (CD-4.8)
3D Predictive model generation for pre-planning of cardiac procedure (CD-4.9)
References (CD-4)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Cardiac CT and CTA-General information and coding (CD-4.1)

CD.CT.0004.1.A
v2.0.2025

Associated Codes

Cardiac Imaging Procedure Codes

Cardiac CT and CCTA	CPT®
CT, heart, without contrast, with quantitative evaluation of coronary calcium • The code set for Cardiac CT and CCTA (CPT® 75572-CPT® 75574), include quantitative and functional assessment (for example, calcium scoring) if performed • CPT® 75571 describes a non-contrast CT of the heart with calcium scoring and should be reported only when calcium scoring is performed as a stand-alone procedure. ◦ Can be used to report a preliminary non-contrast scan which indicates an excessive amount of calcium such that the original scheduled study must be discontinued. ◦ CPT® 75571 should not be reported in conjunction with any of the contrast CT/CTA codes (CPT® 75572-CPT® 75574).	75571
CT, heart, with contrast, for evaluation of cardiac structure and morphology (including 3D image post-processing, assessment of cardiac function, and evaluation of venous structures, if performed).	75572
Computed tomography, heart, with contrast material, for evaluation of cardiac structure and morphology in the setting of congenital heart disease (including 3D image post-processing, assessment of left ventricular [LV] cardiac function, right ventricular [RV] structure and function and evaluation of vascular structures, if performed).	75573
CTA, heart, coronary arteries and bypass grafts (when present), with contrast, including 3D image post-processing (including 3D image post-processing, assessment of cardiac function, and evaluation of venous structures, if performed).	75574

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Cardiac CT and CCTA	CPT®
Noninvasive estimate of coronary fractional flow reserve (FFR) derived from augmentative software analysis of the data set from a coronary computed tomography angiography, with interpretation and report by a physician or other qualified health care professional	75580
Automated quantification and characterization of coronary atherosclerotic plaque to assess severity of coronary disease, using data from coronary computed tomographic angiography; data preparation and transmission, computerized analysis of data, with review of computerized analysis output to reconcile discordant data, interpretation and report	0623T
Automated quantification and characterization of coronary atherosclerotic plaque to assess severity of coronary disease, using data from coronary computed tomographic angiography; data preparation and transmission	0624T
Automated quantification and characterization of coronary atherosclerotic plaque to assess severity of coronary disease, using data from coronary computed tomographic angiography; computerized analysis of data from coronary computed tomographic angiography	0625T
Automated quantification and characterization of coronary atherosclerotic plaque to assess severity of coronary disease, using data from coronary computed tomographic angiography; review of computerized analysis output to reconcile discordant data, interpretation and report	0626T

Cardiac CT and CTA-General information

- Only one code from the set: CPT® 75572-CPT® 75574 can be reported per encounter.
- CPT® 75574 includes evaluation of cardiac structure and morphology when performed; therefore, additional cardiac CT code/s should not be assigned.
- Automated quantification and characterization of coronary atherosclerotic plaque (ordered as CPT® 0623T, or 0624T, 0625T, 0626T) is a service in which coronary computed tomographic angiography (CCTA) data are analyzed using computerized algorithms to assess the extent and severity of coronary artery disease.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Background and Supporting Information

The high negative predictive value (98%-99%) of CCTA in ruling out significant coronary artery disease has been confirmed in multiple studies.

3D rendering should not be billed in conjunction with Cardiac CT and CCTA.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

CT for Coronary Calcium Scoring (CD-4.2)

CD.CT.0004.2.A
v2.0.2025

CPT® 75571

Coronary artery calcium score (CPT® 75571) is **not** supported for evaluation of CAD in symptomatic individuals.

CT Calcium Scoring-Asymptomatic and for CAD Screening

- Coronary artery calcium score (CPT® 75571) is indicated when there is documentation of **all** of the following:
  - Results will impact risk-based decisions for preventive interventions
  - An LDL-C level ≥70 mg/dL (1.8 mmol/L) AND <190 mg/dL (4.9 mmol/L)
  - Individual is an adult age 40-75
  - 10-year ASCVD risk including pooled cohort equation is between 5.0% to 19.9%
  - There is no documented CAD
  - Individual is not currently on a statin
  - Individual is not a smoker
  - There is no history of diabetes
  - There is no family history of premature CAD (occurring before age 56 in males or before age 66 in females)
  - There has been no calcium score performed in the previous 5 years
  - There has been no prior calcium score >0
- Coronary calcium scoring is **not** indicated in someone with known CAD.

Suspected or Known Low Gradient Aortic Stenosis

- Coronary artery calcium score (CPT® 75571) is indicated in low gradient aortic stenosis when symptomatic, severe aortic stenosis is suspected. Low gradient aortic stenosis is defined as an AVA <1 and a mean gradient <40 mmHg.

Individuals with a history of chest radiation therapy

CT calcium scoring is considered medically necessary to evaluate for radiation induced CAD when all of the following conditions exist:

- The individual has no symptoms suspicious for ischemia such as chest discomfort located retrosternally, epigastric, or referred pain (pain that is felt in a place different

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

than the source) in the neck, shoulder, arm, or jaw described as pain, pressure, constricting, or tightness occurring with exertion or emotional stress and relieved by rest, nitroglycerin, or both
- The individual has no clinical history or prior cardiac imaging documenting CAD
- There has been ≥5 years since the last RT (radiotherapy/radiation) treatment for the initial study or at least 5 years since the last CT calcium scoring for subsequent testing

Evidence Discussion

The identification of coronary artery calcium (CAC) on a non-contrast computed tomography signifies the presence of coronary atherosclerosis and predicts major cardiac events independent of clinical risk factors. Measuring CAC score has been widely adopted to assist in the risk reclassification of coronary heart disease and to serve as an arbitrator for statin and aspirin therapy initiation. Whilst this general screening strategy brings precision to risk assessment, the most cost-effective implementation algorithm has not been studied systematically. This is reflected in the variation of major global and inter-societal guidelines for CAC scoring with unknown public health and economic ramification. Based on moderate quality, non-randomized evidence, the American College of Cardiology and the American Heart Association have specified the following clinical scenarios where CAC scoring is most likely to impact risk-based decision for preventive interventions:

- An LDL-C level ≥70 mg/dL (1.8 mmol/L) AND <190 mg/dL (4.9 mmol/L)
- Individual is an adult age 40-75
- 10-year Atherosclerotic Cardiovascular Disease (ASCVD) risk including pooled cohort equation is between 5.0% to 19.9%
- There is no documented coronary artery disease (CAD)
- Individual is not currently on a statin
- Individual is not a smoker
- There is no history of diabetes
- There is no family history of premature CAD
- There has been no calcium score performed in the previous 5 years
- There has been no prior calcium score >0

In addition to CAC, the degree of calcification of the aortic valve has been demonstrated to correlate with the degree of aortic stenosis and prognosis. The utility of calcium scoring has been extended to the aortic valve in the setting of symptomatic, low gradient aortic stenosis (defined as an aortic valve area of less than 1 cm^2 and mean gradient of less than 40 mmHg), when severe aortic stenosis is suspected.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

CCTA – Indications for CCTA (CD-4.3)

CD.CT.0004.3.A
v2.0.2025

CCTA (CPT® 75574) is indicated for any of the following:

- New, recurrent or worsening likely anginal symptoms as defined in **General Guidelines (CD-1.0)**
- New, recurrent or worsening symptoms of chest pain, or unexplained exertional dyspnea or fatigue and any of the following:
  - Symptoms persist after a normal stress test
  - Equivocal, borderline, abnormal or discordant prior noninvasive evaluation since the onset of symptoms where obstructive coronary artery disease remains a concern
  - New abnormal rest ECG findings since the onset of symptoms, such as a new LBBB or T-wave inversions (not including isolated T wave inversion in III or leads v1-2), when ischemia is a concern
  - A history of prior CABG when the **only** concern is for graft patency
  - Individual has undergone an urgent evaluation (ER or urgent care) of the symptoms since the onset
  - History of cardiac transplant- for example, concern for transplant vasculopathy
  - History of chest radiation
  - CAC score > 100
  - Age ≥50 years with 2 or more active risk factors (diabetes mellitus, smoking, family history of premature CAD, hypertension, dyslipidemia)
- Evaluation of an individual under the age of 40 for suspected anomalous coronary artery(ies) or for treatment planning when there is a history of one or more of the following:
  - Syncopal episodes during strenuous activities
  - Persistent chest pain brought on by exertion or emotional stress, and normal stress test
  - Full sibling(s) with history of sudden death syndrome before age 40 or with documented anomalous coronary artery
  - Resuscitated sudden death and contraindications for conventional coronary angiography
  - Prior nondiagnostic coronary angiography in determining the course of the anomalous coronary artery in relation to the great vessels, origin of a coronary artery or bypass graft location (any):
    - Anomalies of origin:
      - LCA or the RCA arising from the pulmonary artery

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

        - Interarterial course between the pulmonary artery and the aorta of either the RCA arising from the left sinus of Valsalva or the LCA arising from the right sinus of Valsalva
    - Anomalies of course:
        - Myocardial bridging
    - Anomalies of termination:
        - Coronary artery fistula
- Initial imaging study in individuals with hypertrophic cardiomyopathy and stable anginal symptoms.
    - Chest discomfort is common in individuals with hypertrophic cardiomyopathy. The incidence of false positive myocardial perfusion imaging abnormalities is higher in these individuals, whereas the incidence of severe coronary artery stenosis is low.
- Individuals who have recovered from unexplained sudden cardiac arrest in lieu of invasive coronary angiography **(both)**:
    - Confirm the presence or absence of ischemic heart disease
    - Exclude the presence of an anomalous coronary artery.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

CCTA – Regardless of symptoms (CD-4.4)

CD.CT.0004.4.A
v2.0.2025

CPT® 75574

- Evaluation of newly diagnosed congestive heart failure or cardiomyopathy (all):
  - No prior history of coronary artery disease, the ejection fraction is ‹50 percent
  - No contraindications to cardiac CT angiography.
  - No cardiac catheterization, SPECT, cardiac PET, or stress echocardiogram has been performed since the diagnosis of congestive heart failure or cardiomyopathy.
- Unclear coronary artery anatomy despite conventional cardiac catheterization
- Evaluation of structural heart disease for use of class IC antiarrhythmic agent (flecainide or propafenone) in lieu of stress test with imaging
- Ventricular tachycardia (3-beat runs or greater), exercise induced ventricular tachycardia or ventricular fibrillation
- Re-do CABG **(either)**
  - Assess bypass graft patency
  - Evaluate the location of the left internal mammary artery (LIMA) and or right internal mammary artery (RIMA) prior to repeat bypass surgery
- Follow-up Left main stent one time at 6-12 months
- Pre-procedural planning for Percutaneous Coronary Intervention (PCI) of Chronic Total Occlusion (CTO)
- Evaluate coronary artery anomalies and other complex congenital heart disease of cardiac chambers or great vessels:
  - To evaluate the great vessels, CTA Chest (CPT® 71275) can be performed instead of CCTA or in addition to CCTA.
  - For anomalous pulmonary venous return, can add CT Abdomen and Pelvis with contrast (CPT® 74177).
  - See **Adult Congenital Heart Disease CD-11** for lesion specific imaging
- When CCTA will replace conventional invasive coronary angiography for any of the following:
  - Delayed presentation or retrospective evaluation of suspected Takotsubo syndrome (stress cardiomyopathy)
  - Preoperative assessment of the coronary arteries in planned surgery for any of the following:
    - Aortic dissection

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

    - Aortic aneurysm
    - Valvular surgery
    - Liver transplant (for initial pre-transplant evaluation and may be repeated once in 3 years)
  - To assess for coronary involvement in individuals with systemic vasculitis (e.g. Giant Cell Arteritis, Takayasu's, Kawasaki's disease) when there are clinical features suggestive of underlying vasculitis including:
    - Unexplained elevated cardiac markers (erythrocyte sedimentation rate, C-reactive protein)
    - Constitutional symptoms (fever, chills, night sweats, weight loss)
    - Multiple visceral infarcts in the absence of embolic etiology
- **Cardiac Trauma** see also **Cardiac Trauma – Imaging (CD-10.1)**
- Preoperative assessment for planned liver or kidney transplant

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Anatomical and functional analysis of CCTA results (CD-4.5)

CD.CT.0004.5.A
v2.0.2025

Fractional flow reserve by computed tomography (CPT® 75580)

Fractional flow reserve (FFR) is typically measured using invasive techniques. FFR can be obtained non-invasively from coronary computed tomography angiography data (FFR-CT).

- Indications for FFR-CT:
  - To further assess CAD seen on a recent CCTA that is of uncertain physiologic significance

Coronary CTA plaque quantification (CPT® 0623T, 0624T, 0625T, 0626T)

Coronary CT plaque quantification or coronary plaque analysis using data from CCTA is medically necessary when *all* of the following conditions exist:

- The individual has acute or stable chest pain with no known coronary artery disease (CAD)
- Results from the current completed and interpreted CCTA indicate any of the following risk categories:
  - Intermediate risk
  - CAD-RADS 1
  - CAD-RADS 2
  - CAD-RADS 3
- Cardiac evaluation is negative or inconclusive for acute coronary syndrome

Non-indications

- Coronary CTA plaque quantification or coronary plaque analysis using data from CCTA is not medically necessary in any of the following clinical scenarios:
  - Unstable coronary syndromes
  - In conjunction with invasive coronary catheterization
  - For the purpose of screening or disease surveillance
  - Within 30 days of a myocardial infarction
  - Current completed and interpreted CCTA documents any of the following results:
    - Normal CCTA
    - CAD-RADS-0
    - High-grade stenosis (>70%)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

- CAD-RADS 4
- CAD-RADS 5

Note:

See **General Guidelines CD 1.0** for CAD-RADS classifications

Evidence Discussion

Coronary Computed Tomography Angiography (CCTA) provides non-invasive anatomic coronary imaging with excellent sensitivity for detecting coronary plaques and stenosis. However, artifacts can significantly lower the specificity, which potentially leads to higher healthcare resource utilization. Notwithstanding this concern, the ability to characterize coronary plaques and stenosis on a CCTA proved to be advantageous over functional stress testing, with respect to diagnostic characteristics and prognostication, as demonstrated by high-quality evidence, including multiple randomized trials.

To ensure a clinically meaningful study, in addition to paying meticulous attention to the scanner functionality and protocol selection, careful patient selection is imperative. Based on the known performance characteristics of CCTA and high quality clinical trials from Europe and North American, there is general agreement between the American and European guidelines to focus CCTA testing on the following general categories:

- Likely anginal symptoms with no known coronary artery disease (CAD)
- Absence of symptoms or less likely anginal symptoms with no known CAD, when objective evidence of cardiac structure or function abnormality is present.
- Information about specific coronary artery abnormalities, such as left main coronary stent and bypass graft patency, congenital coronary anomaly, non-atherosclerotic coronary disease may potentially alter clinical management decision.
- CCTA will replace conventional invasive coronary angiography when the likelihood of coronary intervention is not high based on clinical assessment

CTA derived fractional flow reserve (FFRct) is one of the value-added technologies that have been shown to improve the accuracy of CAD diagnosis over and above CCTA alone. While it modestly adds negative predictive value to CCTA by excluding critical coronary lesion with a FFRct value > 0.8, the positive predictive value is inadequate to confer confidence to locate lesions with significant stenosis. Effective adoption of this technology, therefore, is contingent upon ensuring optimal CCTA image quality and a mindful patient selection process, for example, avoid applying FFRct to those with left main coronary disease ≥50% or those with critical triple vessel disease.

Coronary Plaque Analysis (AI-QCT/AI-CPA) using coronary computed tomography angiography (CCTA) is an adjunctive tool used to assess intermediate risk plaque or CAD-RADS1 to CAD-RADS 3 category on CCTA done on patients with chest pain and no known coronary artery disease. Multiple software have been developed as an adjunct

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

to CCTA to aid in the visualization, characterization and to improve accuracy of this assessment. This is intended to improve clinical diagnosis and management of CAD.

AI-CPA is currently being used to help stage medical treatment based on severity of plaque and to help predict those who are increased risk for ACS. It has also been shown to be consistent with consistent with invasive fractional flow reserve and intravascular ultrasound (IVUS). It is best used to target those most susceptible to acute coronary syndrome and to guide preventative measures of coronary artery disease.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

CT heart for evaluation of cardiac structure and morphology (CD-4.6)

CD.CT.0004.6.A
v2.0.2025

CPT® 75572- Indications

- Cardiac vein identification for lead placement in left ventricular pacing
- To evaluate the anatomy of the pulmonary veins prior to a pulmonary vein isolation (ablation) procedure for atrial fibrillation
  - Post-procedure between 3-6 months after ablation

  Note:

  See also **Pulmonary Vein Imaging – Indications (CD-8.2) on page 235**

- If echocardiogram is inconclusive for:
  - Cardiac or pericardial tumor or mass
  - Cardiac thrombus
  - Pericarditis/constrictive pericarditis
  - Complications of cardiac surgery
- In place of MRI when there is clinical suspicion of arrhythmogenic right ventricular dysplasia or arrhythmogenic cardiomyopathy (ARVD/ARVC) if the clinical suspicion is supported by established criteria for ARVD-see **Cardiac MRI – Indications (excluding Stress MRI) (CD-5.2)**
- Recurrent laryngeal nerve palsy due to cardiac chamber enlargement
- Prior to planned valvular interventions (TAVR, TMVR and TTVR) in patients with radiation-induced valve disease
- CT Cardiac (CPT® 75572) can be performed instead of TEE for assessment of left atrial appendage (LAA) occlusion device or to assess for thrombus, see: **Transesophageal Echocardiography (TEE) – Indications (CD-2.5)**
  - Pre-procedural evaluation with or without 3D imaging
  - Repeat imaging 45 days post-procedure
    - Another follow-up study is medically necessary before the one-year surveillance when the imaging study at 45 days shows. a peri-device gap ≥5 mm or Device Related Thrombus usually at 3-6 months
  - 1 year post-procedure
  - See also **Percutaneous Mitral Valve Repair (mitral valve clip) (CD-13.5)**

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Background and Supporting Information

Coronary imaging is not included in the code definition for CPT® 71275

Repeat testing is indicated post pulmonary vein isolation procedure because of a 1%-2% incidence of asymptomatic pulmonary vein stenosis

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

CT Heart for Congenital Heart Disease (CD-4.7)

CD.CT.0004.7.A
v2.0.2025

CPT® 75573

- Coronary artery anomaly evaluation
  - A cardiac catheterization was performed, and not all coronary arteries were identified.
- Thoracic arteriovenous anomaly evaluation
  - A MRI Cardiac or CT angiogram Chest was performed and suggested congenital heart disease.
- Complex adult congenital heart disease evaluation
  - No CT Cardiac or MRI Cardiac has been performed, and there is a contraindication to MRI Cardiac.
  - A CT Cardiac or MRI Cardiac was performed one year ago or more.
- See also section **Adult Congenital Heart Disease (CD-11)**

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Transcatheter aortic valve replacement (TAVR) (CD-4.8)

CD.CT.0004.8.A
v2.0.2025

CT imaging in Transcatheter Aortic Valve Replacement (TAVR)

Pre-TAVR imaging

Pre-aortic valve replacement

- Once the decision has been made for aortic valve replacement, the following may be used to determine if an individual is a candidate for TAVR:
  - CTA Chest (CPT® 71275), Abdomen and Pelvis (combination code CPT® 74174) are indicated, and
  - CT Cardiac (CPT® 75572) is indicated to measure the aortic annulus or
  - Coronary CTA (CCTA CPT® 75574) is indicated to both measure the aortic annulus and assess the coronary arteries in lieu of heart catheterization
- A repeat diagnostic left heart catheterization is **not** medically necessary when the individual is undergoing a transcatheter aortic valve replacement (TAVR).

Transfemoral access not feasible

Alternative imaging can be obtained to evaluate vascular access for TAVR in individuals for whom it is documented either via the office note or prior imaging that transfemoral access would not be feasible due to **any** of the following exclusion criteria:

- Small vessels
- Highly calcified vessels
- Stenosed or occluded vessels
- Prior aortoiliac vascular intervention

Imaging is indicated based on the documented intended access site (transaxillary or transcarotid) and should be of the involved body areas. The following studies are indicated based on the documented planned access site:

- CTA of the Head (CPT® 70496) and/or Neck (CPT® 70498) for transcarotid access
- CTA of the Chest (CPT® 71275) and/or Upper extremity (CPT® 73206) for transaxillary access

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Post-TAVR imaging

CT Cardiac (CPT® 75572) is indicated:

- If any of the post-TAVR TTEs are indeterminate or raises a concern about any of the following:
  - Valve thrombosis
  - Infective endocarditis
  - Structural degeneration
- When a Valve in Valve implantation or surgical re-do AVR is being contemplated
- Routine CT surveillance or follow up for incidental Hypoattenuated Leaflet Thickening (HALT) with or without restricted leaflet motion, also referred to as Hypoattenuation Affecting Motion (HAM) is NOT recommended

Evidence Discussion

The ability of the cardiac CT technology to provide a tomographic view of the cardiovascular system has resulted in its ubiquitous adoption in the pre-procedure planning for almost all cardiac structural interventions. Specifically, cardiac CT circumvents the image window limitation of echocardiography, it allows high definition visualization of the posterior structures and facilitates pre-procedural planning for pulmonary vein isolation, coronary sinus pacer leads insertion and left atrial appendage occlusion device implantation, among other trans-catheter structural interventions.

In non-interventional settings, cardiac CT provides an alternative to cardiac MRI when structural information cannot be adequately obtained by an echocardiography. Most notably, the evaluation of a cardiac mass, extent of pericardial disease, complex congenital heart disease and cardiomyopathy, can be performed by a cardiac CT when cardiac MRI is not available or contraindicated.

Trans-catheter Aortic Valve Replacement (TAVR)

The success of a Trans-catheter Aortic Valve Replacement (TAVR) procedure is contingent upon a meticulous pre-TAVR planning imaging study where cardiac CT allows accurate annulus sizing, coronary heights measurement, and calcification distribution evaluation, in addition to access site planning. Post-operatively, clinically suspected complications such as thrombus formation, infective endocarditis or structural degeneration can be confirmed on a cardiac CT; a routine surveillance strategy, however, is not supported because of unclear or even potentially harmful outcome of treating incidental findings.

Transcatheter Mitral Valve Repair (mitral valve clip)

In non-interventional settings, cardiac CT provides an alternative to cardiac MRI when structural information cannot be adequately obtained by an echocardiography. Most notably, the evaluation of a cardiac mass, extent of pericardial disease, complex

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

congenital heart disease and cardiomyopathy, can be performed by a cardiac CT when cardiac MRI is not available or contraindicated. Percutaneous treatment of mitral regurgitation can be accomplished using venous access to apply a clip device (e.g., MitraClip currently FDA approved) to provide edge-to-edge mitral leaflet coaptation, approximating opposing sections of the anterior and posterior mitral valve leaflets. FDA approved indications include treatment for individuals with symptomatic, moderate to severe or severe primary mitral regurgitation whose surgical risks are prohibitive, as well as symptomatic moderate to severe or severe secondary mitral regurgitation who have failed optimal medical therapy. This therapy should include, if indicated, cardiac resynchronization therapy.

Transcatheter Mitral & Tricuspid Valve Replacement

Transcatheter Tricuspid Valve Replacement device (EVOQUE) is currently FDA-approved. In individuals being considered for transcatheter tricuspid or mitral valve replacement, Cardiac CT CPT® 75572 provides detailed imaging of the valve annulus including measurement of valve annulus to guide selection of the appropriate sized valve. CTV Chest CPT® 71275 and CTV Abdomen and pelvis CPT® 74174 provide imaging of the iliac veins and inferior vena cava to exclude stenosis or significant tortuosity and aid in determining eligibility and procedure planning.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

3D Predictive model generation for pre-planning of cardiac procedure (CD-4.9)

CD.CT.0004.9.A
v2.0.2025

Coding

Description	HCPCS
3D predictive model generation for pre-planning of a cardiac procedure, using data from cardiac computed tomographic angiography with report	C9793

Criteria

3D predictive model generation for pre-planning of a cardiac procedure, using data from cardiac computed tomographic angiography is considered to be experimental, investigational or unproven.

Evidence Discussion

Cardiac Computed Tomography Angiography is a 3D imaging acquisition, viewing and reporting system. Standard Cardiac Computed Tomography Angiography includes the viewing of 3D images. Currently, there is not enough data to support the use of 3D predictive model generation for pre-planning of cardiac procedures. It has not been shown to improve outcomes when compared with standard Cardiac Computed Tomography Angiography.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (CD-4)

v2.0.2025

1. Taylor AJ, Cerqueira M, Hodgson JM, et al. ACCF/SCCT/ACR/AHA/ASE/ASNC/ NASCI/SCAI/SCMR 2010 appropriate use criteria for cardiac computed tomography: a report of the American College of Cardiology Foundation Appropriate Use Criteria Task Force, the Society of Cardiovascular Computed Tomography, the American College of Echocardiography, the American Society of Nuclear Cardiology, the North American Society for Cardiovascular Imaging, the Society for Cardiovascular Angiography and Interventions, and the Society for Cardiovascular Magnetic Resonance. *J Am Coll Cardiol* 2010; 56:1864-1894. doi:10.1016/j.jacc.2010.07.005.
2. Curry SJ, Krist AH, Owens DK, et al. Risk Assessment for Cardiovascular Disease with Nontraditional Risk Factors. *Jama*. 2018;320(3):272-280. doi:10.1001/jama.2018.8359.
3. Boden WE, O'rourke RA, Teo KK, et al. Impact of Optimal Medical Therapy With or Without Percutaneous Coronary Intervention on Long-Term Cardiovascular End Points in Patients With Stable Coronary Artery Disease (from the COURAGE Trial). *J Am Coll Cardiol*. 2009;104(1):1-4. doi:10.1016/j.amjcard.2009.02.059.
4. Einstein AJ, Henzlova MJ, Rajagopalan S. Estimating Risk of Cancer Associated with Radiation Exposure From 64-Slice Computed Tomography Coronary Angiography. *Jama*. 2007;298(3):317. doi:10.1001/jama.298.3.317.
5. Schlosser T, Konorza T, Hunold P, et al. Noninvasive visualization of coronary artery bypass grafts using 16-detector row computed tomography. *J Am Coll Cardiol*, 2004; 44:1224-1229. doi:10.1016/j.jacc.2003.09.075.
6. Douglas PS, DeBruyne B, Pontone G, Patel MR, et al. 1-year outcomes of FFRct-guided care in patients with suspected coronary disease: The PLATFORM Study. *J Am Coll Cardiol*, 2016; 68:435-45. doi:10.1016/j.jacc.2016.05.056.
7. Norgaard B, Leipsic J, Gaur S, et al. Diagnostic performance of noninvasive fractional flow reserve derived from coronary computed tomography angiography in suspected coronary artery disease. *J Am Coll Cardiol*, 2014; 63:1145-55. doi:10.1016/j.jacc.2013.11.043.
8. Ko BS, Cameron JD, Munnur RK, Wong DTL, et al. Cardiac CT: atherosclerosis to acute coronary syndrome. *J Am Coll Cardiol*. December 2016:4(6). doi:10.3978/j.issn.2223-3652.2014.11.03.
9. Holmes D Jr, Mack M, Kaul S, et al. 2012 ACCF/AATS/SCAI/STS expert consensus document on transcatheter aortic valve replacement. *J Am Coll Cardiol*, 2012; 59:1200. doi:10.1016/j.jacc.2012.01.001.
10. NICE medical technology advisory committee. Overview: HeartFlow FFRCT for estimating fractional flow reserve from coronary CT angiography: Guidance. NICE: National Institute for health and care excellence. https://www.nice.org.uk/guidance/mtg32. Published February 2017.
11. American College of Cardiology Foundation Task Force on Expert Consensus Documents, Mark DB, Berman DS, et al. ACCF/ACR/AHA/NASCI/SAIP/SCAI/SCCT 2010 expert consensus document on coronary computed tomographic angiography: a report of the American College of Cardiology Foundation Task Force on Expert Consensus Documents. *J Am Coll Cardiol.* 2010; 55:2663. doi:10.1161/CIR.0b013e3181d4b618.
12. Doherty JU, Kort S, Mehran R, Schoenhagen P, Soman P. ACC/AATS/AHA/ASE/ASNC/HRS/SCAI/SCCT/SCMR/STS 2017 Appropriate Use Criteria for Multimodality Imaging in Valvular Heart Disease. *Journal of Nuclear Cardiology*. 2017;24(6):2043-2063. doi:10.1007/s12350-017-1070-1.
13. The Medicare Learning Network®. MEDICARE PREVENTIVE SERVICES. Preventive Services Chart Medicare Learning Network®. ICN MLN006559. https://www.cms.gov/Medicare/Prevention/PrevntionGenInfo/medicare-preventive-services/MPS-QuickReferenceChart-1.html#CARDIO_DIS. Published June 2019.
14. Grundy SM, Stone NJ, Bailey AL, et al. 2018 AHA/ACC/AACVPR/AAPA/ABC/ACPM/ADA/AGS/APhA/ASPC/NLA/PCNA Guideline on the Management of Blood Cholesterol: A Report of the American College of Cardiology/American Heart Association Task Force on Clinical Practice Guidelines. *Circulation*. 2019;139(25). doi:10.1161/cir.0000000000000625.
15. Arnett DK, Blumenthal RS, Albert MA, et al. 2019 ACC/AHA Guideline on the Primary Prevention of Cardiovascular Disease. *Circulation*. 2019;140(11):e596-e646. doi:10.1161/cir.0000000000000678.
16. Korsholm K, Berti S, Iriart X, et al. Expert Recommendations on Cardiac Computed Tomography for Planning Transcatheter Left Atrial Appendage Occlusion. *JACC: Cardiovascular Interventions*. 2020;13(3):277-292. doi:10.1016/j.jcin.2019.08.054.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

17. Koster MJ, Warrington KJ. Vasculitis of the Coronary Arteries. *American College of Cardiology Latest in Cardiology*. https://www.acc.org/latest-in-cardiology/articles/2019/03/13/06/50/vasculitis-of-the-coronary-arteries. Published March 13, 2019. Accessed July 29, 2020.
18. Opolski MP, Staruch AD, Jakubczyk M, et al. CT Angiography for the Detection of Coronary Artery Stenoses in Patients Referred for Cardiac Valve Surgery. *JACC: Cardiovascular Imaging*. 2016;9(9):1059-1070. doi:10.1016/j.jcmg.2015.09.028.
19. Stout KK, Daniels CJ, Aboulhosn JA, et al. 2018 AHA/ACC Guideline for the Management of Adults with Congenital Heart Disease: A Report of the American College of Cardiology/American Heart Association Task Force on Clinical Practice Guidelines. *Circulation*. 2019;139(14). doi:10.1161/cir.0000000000000603.
20. Al-Khatib SM, Stevenson WG, Ackerman MJ, et al. 2017 AHA/ACC/HRS Guideline for Management of Patients with Ventricular Arrhythmias and the Prevention of Sudden Cardiac Death. *Circulation*. 2018;138(13):e272-e391. doi:10.1161/cir.0000000000000549.
21. Gräni C, Buechel RR, Kaufmann PA, Kwong RY. Multimodality Imaging in Individuals with Anomalous Coronary Arteries. *JACC: Cardiovascular Imaging*. 2017;10(4):471-481. doi:10.1016/j.jcmg.2017.02.004.
22. Kim SY, Seo JB, Do K-H, et al. Coronary Artery Anomalies: Classification and ECG-gated Multi–Detector Row CT Findings with Angiographic Correlation. *RadioGraphics*. 2006;26(2):317-333. doi:10.1148/rg.262055068.
23. Ghadri JR, Kazakauskaite E, Braunschweig S, et al. Congenital coronary anomalies detected by coronary computed tomography compared to invasive coronary angiography. *BMC Cardiovascular Disorders*. 2014;14(1). doi:10.1186/1471-2261-14-81.
24. Shariat M, Thavendiranathan P, Nguyen E, et al. Utility of coronary CT angiography in outpatients with hypertrophic cardiomyopathy presenting with angina symptoms. *J Cardiovasc Comput Tomogr*. 2014;8(6):429-437. doi:10.1016/j.jcct.2014.09.007.
25. Lyon AR, Bossone E, Schneider B, et al. Current state of knowledge on Takotsubo syndrome: a Position Statement from the Taskforce on Takotsubo Syndrome of the Heart Failure Association of the European Society of Cardiology. *European Journal of Heart Failure*. 2015;18(1):8-27. doi:10.1002/ejhf.424.
26. Levine A, Hecht HS. Cardiac CT Angiography in Congestive Heart Failure. *Journal of Nuclear Medicine*. 2015;56(Supplement_4). doi:10.2967/jnumed.114.150441.
27. Hecht H, Blaha MJ, Berman DS, et al. Clinical indications for coronary artery calcium scoring in asymptomatic patients: Expert consensus statement from the Society of Cardiovascular Computed Tomography. *J Cardiovasc Comput Tomogr*. 2017;11(2):157-168. doi:10.1016/j.jcct.2017.02.010.
28. Williams MC, Kwiecinski J, Doris M, et al. Low-Attenuation Noncalcified Plaque on Coronary Computed Tomography Angiography Predicts Myocardial Infarction. *Circulation*. 2020;141(18):1452-1462. doi:10.1161/circulationaha.119.044720.
29. Daghem M, Bing R, Fayad ZA, Dweck MR. Noninvasive Imaging to Assess Atherosclerotic Plaque Composition and Disease Activity. *JACC: Cardiovasc Imaging*. 2020;13(4):1055-1068. doi:10.1016/j.jcmg.2019.03.033.
30. Shaw LJ, Blankstein R, Bax JJ, et al. Society of Cardiovascular Computed Tomography / North American Society of Cardiovascular Imaging – Expert Consensus Document on Coronary CT Imaging of Atherosclerotic Plaque. *J Cardiovasc Comput Tomogr*. 2020. doi:10.1016/j.jcct.2020.11.002.
31. Writing Committee Members, Otto CM, Nishimura RA, et al. 2020 ACC/AHA Guideline for the Management of Patients With Valvular Heart Disease: A Report of the American College of Cardiology/American Heart Association Joint Committee on Clinical Practice Guidelines [published correction appears in *J Am Coll Cardiol*. 2021 Feb 2;77(4):509] [published correction appears in *J Am Coll Cardiol*. 2021 Mar 9;77(9):1275]. *J Am Coll Cardiol.* 2021;77(4):e25-e197. doi:10.1016/j.jacc.2020.11.018
32. Blanke P, Weir-McCall JR, Achenbach S, et al. Computed tomography imaging in the context of transcatheter aortic valve implantation (TAVI) / transcatheter aortic valve replacement (TAVR): An expert consensus document of the Society of Cardiovascular Computed Tomography. *J Cardiovasc Comput Tomogr*. 2019;13(1):1-20. doi:10.1016/j.jcct.2018.11.008.
33. Cheng XS, VanWagner LB, Costa SP, et al. Emerging Evidence on Coronary Heart Disease Screening in Kidney and Liver Transplantation Candidates: A Scientific Statement from the American Heart Association. *Circulation*. 2022 Oct. 146:e299–e324. doi.org/10.1161/CIR.0000000000001104.
34. Kumamaru KK, Kondo T, Kumamaru H, et al. Repeat Coronary Computed Tomographic Angiography in Patients with a Prior Scan Excluding Significant Stenosis. *Circ Cardiovasc Imaging*. 2014;7:788-795. doi.org/10.1161/CIRCIMAGING.113.001549.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

35. VanWagner LB, Harinstein ME, Runo JR, et al. Multidisciplinary approach to cardiac and pulmonary vascular disease risk assessment in liver transplantation: An evaluation of the evidence and consensus recommendations. *Am J Transplant*. 2018;18:30–42. doi.org/10.1111/ajt.14531.
36. Löffler AI, Gonzalez JA, Sundararaman SK, et al. Coronary Computed Tomography Angiography Demonstrates a High Burden of Coronary Artery Disease Despite Low-Risk Nuclear Studies in Pre–Liver Transplant Evaluation. *Liver Transplantation*. 2020 November; 26(11): 1398–1408. doi.org/10.1002/lt.25869.
37. Halvorsen S, Mehilli J, Cassese S, et al. 2022 ESC Guidelines on cardiovascular assessment and management of patients undergoing non-cardiac surgery. *Eur Heart J*. 2022;43(39):3826-3924. doi:10.1093/eurheartj/ehac270.
38. Multimodality Writing Group for Chronic Coronary Disease; Winchester DE, Maron DJ, Blankstein R, Chang IC, Kirtane AJ, Kwong RY, Pellikka PA, Prutkin JM, Russell R, Sandhu AT. ACC/AHA/ASE/ASNC/ASPC/HFSA/HRS/SCAI/SCCT/SCMR/STS 2023 Multimodality Appropriate Use Criteria for the Detection and Risk Assessment of Chronic Coronary Disease. *J Am Coll Cardiol*. 2023 Jun 27;81(25):2445-2467. doi: 10.1016/j.jacc.2023.03.410.
39. Virani SS et al. 2023 AHA/ACC/ACCP/ASPC/NLA/PCNA Guideline for the Management of Patients With Chronic Coronary Disease: A Report of the American Heart Association/American College of Cardiology Joint Committee on Clinical Practice Guidelines. Circulation. 2023 Aug 29;148(9):e9-e119. doi: 10.1161/CIR.0000000000001168. Epub 2023 Jul 20. Erratum in: Circulation. 2023 Sep 26;148(13):e148. Erratum in: *Circulation*. 2023 Dec 5;148(23):e186.
40. Yu MM et al. Prognostic value of coronary CT angiography in heart failure patients with preserved ejection fraction. Eur Radiol. 2023 May;33(5):3052-3063. doi: 10.1007/s00330-022-09380-4.
41. Sachdeva R, Armstrong AK, Arnaout R, et al. Novel Techniques in Imaging Congenital Heart Disease: JACC Scientific Statement. *J Am Coll Cardiol*. 2024;83(1):63-81. doi:10.1016/j.jacc.2023.10.025.
42. Jone P, Gearhart A, Lei H. et al. Artificial Intelligence in Congenital Heart Disease: Current State and Prospects. *JACC Adv.* 2022 Dec, 1 (5) . doi:10.1016/j.jacadv.2022.100153.
43. Yu CW, Lee HJ, Suh J, Lee NH, Park SM, Park TK, Yang JH, Song YB, Hahn JY, Choi SH, Gwon HC, Lee SH, Choe YH, Kim SM, Choi JH. Coronary Computed Tomography Angiography Predicts Guidewire Crossing and Success of Percutaneous Intervention for Chronic Total Occlusion: Korean Multicenter CTO CT Registry Score as a Tool for Assessing Difficulty in Chronic Total Occlusion Percutaneous Coronary Intervention. Circ Cardiovasc Imaging. 2017 Apr;10(4):e005800. doi: 0.1161/CIRCIMAGING.116.005800.
44. Hong SJ, Kim BK, Cho I, Kim HY, Rha SW, Lee SH, Park SM, Kim YH, Chang HJ, Ahn CM, Kim JS, Ko YG, Choi D, Hong MK, Jang Y; CT-CTO Investigators. Effect of Coronary CTA on Chronic Total Occlusion Percutaneous Coronary Intervention: A Randomized Trial. JACC Cardiovasc Imaging. 2021 Oct;14(10):1993-2004. doi: 10.1016/j.jcmg.2021.04.013.
45. Liang S, Bai Y, Zhang J, Wang A, Li J, Diao K, He Y. The added value of coronary CTA in chronic total occlusion percutaneous coronary intervention: a systematic review and meta-analysis. Eur Radiol. 2024 Jun;34(6):4041-4052. doi: 10.1007/s00330-023-10341-8.
46. Gulati M, Levy PD, Mukherjee D, et al. 2021 AHA/ACC/ASE/CHEST/SAEM/SCCT/SCMR Guideline for the Evaluation and Diagnosis of Chest Pain: A Report of the American College of Cardiology/American Heart Association Joint Committee on Clinical Practice Guidelines. J Cardiovasc Comput Tomogr. 2021;16(1):54-122.
47. Cury RC, Leipsic J, Abbara S, et al. CAD-RADS™ 2.0–2022 coronary artery disease-reporting and data system: an expert consensus document of the society of cardiovascular computed tomography (SCCT), the American college of cardiology (ACC), the American college of radiology (ACR), and the North America society of cardiovascular imaging (NASCI). Cardiovascular Imaging. 2022;15(11):1974-2001.
48. Nurmohamed NS, Borm MJ, Jukema RA, et al. AI-Guided Quantitative Plaque Staging Predicts Long-Term Cardiovascular Outcomes in Patients at Risk for Atherosclerotic CVD. JACC: Cardiovasc Imaging. 2024 Mar; 17 (3):269-280. https://doi.org/10.1016/j.jcmg.2023.05.020.
49. Griffin WF, Choi AE, Riess JS et al. AI Evaluation of Stenosis on Coronary CTA, Comparison With Quantitative Coronary Angiography and Fractional Flow Reserve: A CREDENCE Trial Substudy. JACC: Cardiovasc Imaging. 2023 Feb; 16(2)193-205. https://doi.org/10.1016/j.jcmg.2021.10.020.
50. Dundas J, et al. Leipsic JA, Sellers S, et al. Interaction of AI-Enabled Quantitative Coronary Plaque Volumes on Coronary CT Angiography, FFRCT, and Clinical Outcomes: A Retrospective Analysis of the ADVANCE Registry. Circ Cardiovasc Imaging. 2024;17:e016143. DOI:10.1161/CIRCIMAGING.123.016143.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

51. Rinehart S, Raible SJ, Ng N et al. Utility of Artificial Intelligence Plaque Quantification: Results of the DECODE Study. J of SCAI. 2024 March. 3(3):101296 https://doi.org/10.1016/j.jscai.2024.101296.
52. Vrints et al. 2024 ESC Guidelines for the management of chronic coronary syndromes. EHJ.45, 3415–3537 https://doi.org/10.1093/eurheartj/ehae177.
53. Cardiac computed tomographic imaging in cardio-oncology: An expert consensus document of the Society of Cardiovascular Computed Tomography (SCCT). Endorsed by the International Cardio-Oncology Society (ICOS). Lopez-Mattei, Juan et al. J of CCT. 2023. 3 (17) 66 – 83.
54. Joglar JA, Chung MK, Armbruster AL, et al. 2023 ACC/AHA/ACCP/HRS Guideline for the Diagnosis and Management of Atrial Fibrillation: A Report of the American College of Cardiology/American Heart Association Joint Committee on Clinical Practice Guidelines [published correction appears in Circulation. 2024 Jan 2;149(1):e167. doi: 10.1161/CIR.0000000000001207.] [published correction appears in Circulation. 2024 Feb 27;149(9):e936. doi: 10.1161/CIR.0000000000001218.] [published correction appears in Circulation. 2024 Jun 11;149(24):e1413. doi: 10.1161/CIR.0000000000001263.]. Circulation. 2024;149(1):e1-e156. doi:10.1161/CIR.0000000000001193

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Cardiac MRI

Guideline

Cardiac MRI and Cardiac Indications for MRA Chest (CD-5.2)
Cardiac Stress MRI- (CD-5.3)
References (CD-5)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Cardiac MRI and Cardiac Indications for MRA Chest (CD-5.2)

CD.MRI.0005.2.A
v2.0.2025

Cardiac MRI – Coding

Cardiac Imaging Procedure Codes

Cardiac MRI	CPT®/HCPCS
Cardiac magnetic resonance imaging for morphology and function without contrast	75557
Cardiac magnetic resonance imaging for morphology and function without and with contrast and further sequences	75561
Cardiac magnetic resonance imaging for velocity flow mapping (List separately in addition to code for primary procedure)	+75565
Cardiac magnetic resonance imaging for morphology and function, quantification of segmental dysfunction; with strain imaging	C9762
Quantitative magnetic resonance for analysis of tissue composition (e.g., fat, iron, water content), including multiparametric data acquisition, data preparation and transmission, interpretation and report, obtained without diagnostic MRI examination of the same anatomy (e.g., organ, gland, tissue, target structure) during the same session; single organ	0648T
Quantitative magnetic resonance for analysis of tissue composition (e.g., fat, iron, water content), including multiparametric data acquisition, data preparation and transmission, interpretation and report, obtained with diagnostic MRI examination of the same anatomy (e.g., organ, gland, tissue, target structure); single organ (List separately in addition to code for primary procedure)	+0649T

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Cardiac MRI	CPT®/HCPCS
Quantitative magnetic resonance for analysis of tissue composition (e.g., fat, iron, water content), including multiparametric data acquisition, data preparation and transmission, interpretation and report, obtained without diagnostic MRI examination of the same anatomy (e.g., organ, gland, tissue, target structure) during the same session; multiple organs	0697T
Quantitative magnetic resonance for analysis of tissue composition (e.g., fat, iron, water content), including multiparametric data acquisition, data preparation and transmission, interpretation and report, obtained with diagnostic MRI examination of the same anatomy (e.g., organ, gland, tissue, target structure); multiple organs (List separately in addition to code for primary procedure)	+0698T

- Only one procedure code from the set (CPT® 75557-CPT® 75563) should be reported per session.
- Only one flow velocity measurement (CPT® +75565) should be reported per session when indicated.

Cardiac MRI and Cardiac Indications for MRA Chest

Indications (excluding Stress MRI)

- Assess myocardial viability (to differentiate hibernating myocardium from scar) when necessary to determine if revascularization should be performed (CPT® 75561)
- Assessment of global ventricular function, myocardial composition and mass if a specific clinical question is left unanswered by a recent echocardiogram and results will affect individual management (CPT® 75557 or CPT® 75561). Particularly useful in evaluating:
  - Cardiomyopathy (ischemic, diabetic, hypertrophic, or muscular dystrophy)
  - Non-compaction
  - Infiltrative heart disease such as amyloidosis and sarcoidosis (see also **Cardiac Sarcoidosis (CD-3.9)**)
  - Post cardiac transplant
  - Hypertrophic cardiomyopathy
  - Suspected acute myocarditis, cardiac aneurysm, trauma, and contusions
  - Monitoring cancer chemotherapy effect on the heart (especially if an accurate assessment of right ventricular function is documented as necessary)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

- Pre and post-operative congenital heart disease assessment see **Adult Congenital Heart Disease (CD-11)** for defect specific indications (CPT® 75557 or CPT® 75561).
  - MRA Chest (CPT® 71555) may be added if the aorta or pulmonary artery need to be visualized beyond the root.
  - May add CPT® +75565 in conjunction with CPT® 75557 or CPT® 75561, only if there is a need to clarify findings on a recent echocardiogram and cardiac Doppler study when there is documentation of **either** of the following:
    - Significant valvular disease that may require intervention
    - Intracardiac flow disturbances (e.g., ASD, VSD)
- MRA Chest (CPT® 71555) is indicated for the following:
  - Thoracic aortic dissection see **Aortic Dissection and Other Aortic Conditions (PVD-6.7)** in the Peripheral Vascular Disease Imaging Guidelines
  - Coarctation of the aorta see:
    - **Coarctation of the Aorta (CD-11.3.2)** for adults
    - **Aortic Coarctation and IAA (interrupted aortic arch) (PEDCD-2.4.11)** for infants and children in the Pediatric Cardiac Imaging Guideline
  - Thoracic aortic aneurysm see **Thoracic Aortic Aneurysm (TAA) (PVD-6.2)** in the Peripheral Vascular Disease Imaging Guidelines.
- Coarctation of the aorta
  - Adults: see **Coarctation of the Aorta (CD-11.3.2)**
    - Infants and children: see **Aortic Coarctation and IAA (interrupted aortic arch) (PEDCD-2.4.11)** in the Pediatric Cardiac Imaging Guideline
- Assessment of ventricular arrhythmia for ablation planning
- Assessment of arrhythmogenic left ventricular cardiomyopathy (ALVC)
- Arrhythmogenic right ventricular dysplasia or arrhythmogenic right ventricular cardiomyopathy (ARVD/ARVC) suspicion (CPT® 75557 or CPT® 75561) must have one of the following:
  - Non-sustained or sustained VT of LBBB morphology OR >500 PVC's over 24 hours on event recorder or Holter monitor.
  - ARVD/ARVC confirmed in a first-degree relative either by criteria, autopsy, pathogenic genetic mutation or sudden death <35 years of age with suspected ARVD/ARVC.
  - Inverted T waves in right precordial leads (V1, V2 and V3) or beyond in individuals >14 years of age in the absence of complete RBBB
  - Right ventricular akinesis, dyskinesis or aneurysm noted on echo or RV angiography.
- Differentiate constrictive pericarditis from restrictive cardiomyopathy (CPT® 75561).
- Evaluate cardiac tumor or mass when echocardiogram is inconclusive (CPT® 75557 or 75561)
- Evaluate valvular heart disease when echocardiogram is inconclusive:

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

  - CPT® 75557 **or**CPT® 75561
  - May add CPT® 75565 when there is documentation of either of the following:
    - Significant valvular disease that may require intervention
    - Intracardiac flow disturbances (e.g., ASD, VSD)
- MRI Cardiac (CPT® 75557 or CPT® 75561) **or** chest MRV (CPT® 71555), but not both, for pulmonary vein anatomy for planned ablation procedures in individuals with atrial fibrillation. See **Pulmonary Vein Imaging – Indications (CD-8.2)** for guidelines on follow-up imaging after ablation procedure.
- Suspected cardiac thrombus when echocardiogram is inconclusive (CPT® 75557).
- Right ventricular function evaluation (CPT® 75557 in conjunction with CPT® +75565) if there has been a recent ECHO and there is documented need to perform Cardiac MRI in order to resolve an unanswered question about flow dynamics.
- Cardiac MRI (CPT® 75557 or CPT® 75561) and CMR velocity flow mapping (CPT® 75565) for preoperative evaluation prior to planned LVAD implant
- Shunting through a VSD (CPT® 75557 in conjunction with CPT® +75565) if a recent ECHO has been done, including a bubble study, and there is documented need to perform Cardiac MRI in order to resolve an unanswered question about flow dynamics
- Conditions that would **not** require an echo prior to an MRI:
  - Detect anomalous coronary arteries (CPT® 75561)
  - Assess coronary arteries in Kawasaki disease
  - Fabry disease (CPT 75561)
    -
  - Initial evaluation for cardiac sarcoidosis or iron overload cardiomyopathy (hemosiderosis, hemochromatosis)

Non-indications

C9762-Cardiac magnetic resonance imaging for morphology and function, quantification of segmental dysfunction; with strain imaging. The use of CMR strain imaging for the quantification of segmental dysfunction is considered investigational and experimental at this time.

Quantitative analysis of myocardial tissue composition by MRI (CPT® codes 0648T, 0649T, 0697T and 0698T) are, considered experimental, investigational, or unproven at this time. There is insufficient clinical data to support their use.

Cardiac MRI – Aortic Root and Proximal Ascending Aorta

- See **Thoracic Aortic Aneurysm (TAA) (PVD-6.2)** in the Peripheral Vascular Disease imaging guidelines

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Cardiac MRI – Duchenne Muscular Dystrophy (DMD)

Cardiac MRI (CPT® 75557 or 75561-does not include CPT® 75565 or 71555 unless otherwise indicated)

- Asymptomatic individual with documented DMD can have annual surveillance cardiac MRI starting at 6 years old (yearly echo is recommended prior to age 6)
- Asymptomatic, documented carrier of DMD can have cardiac MRI every 3 years starting at 18 years

Cardiac MRI – Evaluation of Pericardial Effusion or Diagnosis of Pericardial Tamponade

- Contrast-enhanced cardiac MRI (CPT® 75561) is useful for evaluating pericarditis, neoplastic and other effusion, tamponade or myocardial infiltration if a specific clinical question is left unanswered by echocardiogram or another recent imaging study.

Cardiac MRI – Myocarditis

Clinical evaluation of suspected myocarditis

Initial testing for suspected myocarditis should consist of an electrocardiogram, measurement of cardiac troponin, and an echocardiogram.

Cardiac MRI (CPT® 75561) is indicated for suspected myocarditis in the presence of **all** of the following:

- New onset or persisting symptoms suggestive of myocarditis documented by **any** of the following:
  - Dyspnea
  - Chest pain
  - Palpitations
  - Syncope
  - Effort intolerance
- Evidence for recent or ongoing myocardial injury documented by **any** of the following results on initial screening:
  - Ventricular dysfunction noted on any cardiac imaging study, or
  - New or persisting ECG abnormalities suspicious for myocarditis
    - ST changes, T wave changes, Q waves, or
    - conduction abnormalities, such as LBBB or AV block, or
    - VT or VF

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

- Elevated troponin
- Strong suspicion for viral etiology of myocardial injury with documentation of **both**:
  - Recent systemic viral disease, recent mRNA COVID-19 vaccination, or prior myocarditis
  - No evidence of coronary ischemia as documented by **any** of the following:
    - Lack of risk factors for CAD
    - Age under 35 years
    - Negative cardiac imaging study, such as MPI, CCTA, catheterization

Return to Play Screening for athletes at risk for myocarditis

Cardiac MRI (CPT® 75561) is indicated for **Return to Play Screening** for athletes when there is documentation of **both** of the following:

- Individual has a history of a clinical condition associated with myocarditis (i.e., COVID-19 infection or recent mRNA COVID-19 vaccination)
- Initial screening has been performed with documentation of **either** of the following:
  - Initial screening (ECG, troponin, and TTE) showed evidence for recent or ongoing myocardial injury (as defined above in Clinical Evaluation of Suspected Myocarditis) with ongoing symptoms concerning for myocarditis (dyspnea, chest pain, palpitations, syncope, or effort intolerance).
  - Normal results of initial screening with persistent or new onset symptoms concerning for myocarditis.

Background and Supporting Information

As noted in the "2022 ACC expert consensus decision pathway on cardiovascular sequelae of COVID-19 in adults" and the 2017 "Sports cardiology: core curriculum for providing cardiovascular care to competitive athletes and highly active people", an athlete is defined as an individual who places a high premium on exercise training, competition, and sports achievement.

Evidence Discussion

- Guidelines and appropriate use criteria support the use of transthoracic echocardiogram (TTE) as the initial study for a broad range of cardiac conditions. TTE can be used to evaluate cardiac morphology and function, and provides information necessary to diagnose and guide treatment in conditions including heart failure and cardiomyopathy, ischemic heart disease, and valvular dysfunction. TTE is also used to initially assess intracardiac and extracardiac structures, including suspected cardiac masses, sources of emboli, and pericardial conditions. TEE visualizes portions of the great vessels and provides initial imaging of these structures.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

- TTE has significant advantages over other imaging modalities: it is easily accessible and even portable, provides no exposure to radiation, is inexpensive, and has minimal, if any risks.
- Like TTE, MRI assesses cardiac morphology and function; additionally, MRI provides information regarding myocardial perfusion, metabolism, and tissue composition.
- When questions remain unanswered after TTE, MRI can provide additional information due to its ability to assess myocardial composition and mass; these characteristics make cardiac MRI especially useful in the settings of cardiomyopathy, non-compaction, infiltrative heart disease, post cardiac transplant, cardiac masses, pericardial disease, and myocarditis.
- Beyond imaging with TTE, MRI can provide improved visualization of valvular pathology, because images are not limited by body habitus, is of high spatial resolution, can more accurately quantify the magnitude of valve insufficiency and stenosis, and can assess the effects of valve dysfunction on ventricular mass or volume. Qualities of MRI that augment evaluation of valvular disease may also improve visualization of intracardiac shunts over TTE alone.
- Advantages of MRI assessment of the great vessels include avoidance of ionizing radiation, provision of excellent spatial resolution of structures, and is not limited by body habitus.
- Conditions that are better evaluated initially by MRI, include coronary artery anomalies, and diseases of abnormal myocardial composition: Arrhythmogenic right ventricular dysplasia, Fabry disease-Late enhancement MRI may predict the effect of enzyme replacement therapy on myocardial changes that occur with this disease, cardiac sarcoidosis, and Duchenne Muscular Dystrophy.
- When TTE and other less advanced imaging provide the information necessary to diagnose and treat cardiovascular conditions, MRI is not indicated.
- Disadvantages of MRI include being less accessible, and possibly being incompatible for use in those with implanted devices. The gadolinium contrast agents used in MRI require precautions in those with advanced renal disease and severe liver disease.
- The decision to use MR imaging is made in the context of other testing; duplication of information should be avoided, and more readily available modalities with lower risk, initially considered. An assessment should be made as to whether additional testing will provide complementary diagnostic, therapeutic, or prognostic information that will optimize care.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Cardiac Stress MRI- (CD-5.3)

CD.MRI.0005.3.A
v2.0.2025

Cardiac Stress MRI – Coding

Cardiac Imaging Procedure Codes

Cardiac MRI	CPT®/HCPCS
Cardiac magnetic resonance imaging for morphology and function without contrast; with stress imaging	75559
Cardiac magnetic resonance imaging for morphology and function without and with contrast and further sequences; with stress imaging	75563
Cardiac magnetic resonance imaging for velocity flow mapping (List separately in addition to code for primary procedure)	+75565
Cardiac magnetic resonance imaging for morphology and function, quantification of segmental dysfunction; with stress imaging	C9763
Noninvasive determination of absolute quantitation of myocardial blood flow (AQMBF), derived from augmentative algorithmic analysis of the dataset acquired via contrast cardiac magnetic resonance (CMR), pharmacologic stress, with interpretation and report by a physician or other qualified health care professional (List separately in addition to code for primary procedure)	+0899T
Noninvasive estimate of absolute quantitation of myocardial blood flow (AQMBF), derived from assistive algorithmic analysis of the dataset acquired via contrast cardiac magnetic resonance (CMR), pharmacologic stress, with interpretation and report by a physician or other qualified health care professional (List separately in addition to code for primary procedure)	+0900T

- Only one procedure code from the set (CPT® 75557- CPT® 75563) should be reported per session.
- Only one flow velocity measurement (CPT® +75565) should be reported per session when indicated.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

- C9763-Cardiac magnetic resonance imaging for morphology and function, quantification of segmental dysfunction; with stress imaging. The use of stress CMR for the quantification of segmental dysfunction is considered investigational and experimental at this time.

Indications for Cardiac Stress MRI

Indications

- Indications for Stress MRI see **Stress Testing with Imaging – Indications (CD-1.4)**.
- If a nuclear perfusion (MPI) stress test was performed and was equivocal, a stress MRI is indicated.
- To further evaluate the etiology of myocardial infarction with no obstructive coronary arteries (MINOCA) in the setting of a normal coronary angiogram

Absolute quantitation of myocardial blood flow (AQMBF)

Non-invasive determination of absolute quantitation of myocardial blood flow (AQMBF) using AI-analysis of data obtained from cardiac magnetic resonance imaging (CMR) with pharmacological stress (CPT® 0899T and 0900T) is medically necessary to further evaluate cardiac function when performed with a cardiac MRI stress (CPT® 75559 or 75563)

Non-indications for Cardiac Stress MRI

Quantification of segmental dysfunction

C9763-Cardiac magnetic resonance imaging for morphology and function, quantification of segmental dysfunction; with stress imaging. The use of stress CMR for the quantification of segmental dysfunction is considered investigational and experimental at this time.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

References (CD-5)

v2.0.2025

1. Hamdan A, Charalampos K, Roettgen R, et al. Magnetic resonance imaging versus computed tomography for characterization of pulmonary vein morphology before radiofrequency catheter ablation of atrial fibrillation. *Am J Cardiol*, 2009; 104:1540-1546. doi:10.1016/j.amjcard.2009.07.029.
2. Hendel RC, Kramer CM, Patel MR, et al. ACCF/ACR/SCCT/SCMR/ ASNC/NASCI/SCAI/SIR 2006 Appropriateness Criteria for computed tomography and cardiac magnetic resonance imaging. *J Am Coll Cardiol,*2006; 48(7):1475-1497. Accessed November 30, 2017. doi:10.1016/j.jacc.2006.07.003.
3. Doherty JU, Kort S, Mehran R, et al. ACC/AATS/AHA/ASE/ASNC/HRS/SCAI/SCCT/SCMR/STS 2019 Appropriate Use Criteria for Multimodality Imaging in the Assessment of Cardiac Structure and Function in Nonvalvular Heart Disease. *J Am Coll Cardiol*. 2019;73(4):488-516. doi:10.1016/j.jacc.2018.10.038.
4. Hundley WG, Bluemke DA, Finn JP, et al. ACCF/ACR/AHA/NASCI/SCMR 2010 Expert Consensus Document on Cardiovascular Magnetic Resonance. *J Am Coll Cardiol*. 2010;55(23):2614-2662. doi:10.1016/j.jacc.2009.11.011.
5. Friedrich MG, Sechtem U, Schulz-Menger J, et al. Cardiovascular Magnetic Resonance in Myocarditis: A JACC White Paper. *J Am Coll Cardiol*. 2009;53(17):1475-1487. doi:10.1016/j.jacc.2009.02.007.
6. Riele AST, Tandri H, Sanborn DM, Bluemke DA. Noninvasive Multimodality Imaging in ARVD/C. *JACC: Cardiovasc Imaging*. 2015;8(5):597-611. doi:10.1016/j.jcmg.2015.02.007.
7. Verhaert D, Richards K, Rafael-Fortney JA, Raman SV. Cardiac involvement in patients with muscular dystrophies: magnetic resonance imaging phenotype and genotypic considerations. *Circ Cardiovasc Imaging*. 2011;4(1):67-76. doi:10.1161/CIRCIMAGING.110.960740.
8. Feingold B, Mahle WT, Auerbach S, et al. Management of Cardiac Involvement Associated With Neuromuscular Diseases: A Scientific Statement From the American Heart Association. *Circulation*. 2017;136(13). doi:10.1161/cir.0000000000000526
9. Mah ML, Cripe L, Slawinski MK, et al. Duchenne and Becker muscular dystrophy carriers: Evidence of cardiomyopathy by exercise and cardiac MRI testing. *International Journal of Cardiology*. 2020;316:257-265. doi:10.1016/j.ijcard.2020.05.052
10. Power LC, O'Grady GL, Hornung TS, Jefferies C, Gusso S, Hofman PL. Imaging the heart to detect cardiomyopathy in Duchenne muscular dystrophy: A review. *Neuromuscular Disorders*. 2018;28(9):717-730. doi:10.1016/j.nmd.2018.05.011
11. Hor KN, Mah ML, Johnston P, Cripe TP, Cripe LH. Advances in the diagnosis and management of cardiomyopathy in Duchenne muscular dystrophy. *Neuromuscular Disorders*. 2018;28(9):711-716. doi:10.1016/j.nmd.2018.06.014.
12. Birnkrant DJ, Bushby K, Bann CM, et al. Diagnosis and management of Duchenne muscular dystrophy, part 2: respiratory, cardiac, bone health, and orthopaedic management. *The Lancet Neurology*. 2018;17(4):347-361. doi:10.1016/s1474-4422(18)30025-5.
13. Baggish AL, Battle RW, Beckerman JG, et al. Sports Cardiology: Core Curriculum for Providing Cardiovascular Care to Competitive Athletes and Highly Active People. *J Am Coll Cardiol*. 2017;70(15):1902-1918. doi:10.1016/j.jacc.2017.08.055.
14. Ammirati E, Frigerio M, Adler ED, et al. Management of Acute Myocarditis and Chronic Inflammatory Cardiomyopathy: An Expert Consensus Document. *Circ Heart Fail*. 2020;13(11):e007405. doi:10.1161/CIRCHEARTFAILURE.120.007405.
15. Gluckman TJ, Bhave NM, et al. 2022 ACC Expert Consensus Decision Pathway on Cardiovascular Sequelae of COVID-19 in Adults: Myocarditis and Other Myocardial Involvement, Post-Acute Sequelae of SARS-CoV-2 Infection, and Return to Play: A Report of the American College of Cardiology Solution Set Oversight Committee. *J Am Coll Cardiol*. 2022;79(17):1717-1756. doi:10.1016/j.jacc.2022.02.003.
16. Gewirtz H. CMR quantitative measurements of myocardial blood flow: Not ready for routine clinical application. *J Nucl Cardiol.* 2021 Aug;28(4):1267-1270. doi: 10.1007/s12350-019-01812-x.
17. Li XM, Jiang L, Min CY, Yan WF, Shen MT, Liu XJ, Guo YK, Yang ZG. Myocardial Perfusion Imaging by Cardiovascular Magnetic Resonance: Research Progress and Current Implementation. *Curr Probl Cardiol.* 2023 Jun;48(6):101665. doi: 10.1016/j.cpcardiol.2023.101665.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

18. Vrints C, Andreotti F, Koskinas KC, et al. 2024 ESC Guidelines for the management of chronic coronary syndromes: Developed by the task force for the management of chronic coronary syndromes of the European Society of Cardiology (ESC) Endorsed by the European Association for Cardio-Thoracic Surgery (EACTS). European Heart Journal. 2024;45(36):3415-3537. doi:10.1093/eurheart

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Cardiac PET

Guideline

Cardiac PET – Coding (CD-6.1)
Cardiac PET – Perfusion – Indications (CD-6.2)
Cardiac PET – Absolute Quantitation of Myocardial Blood Flow (AQMBF) (CD-6.3)
References
Cardiac PET – Metabolic – Indications (CD-6.4)
FDG PET/CT for infections (CD-6.5)
References (CD-6)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Cardiac PET – Coding (CD-6.1)

CD.PET.0006.1.A
v2.0.2025

Cardiac Imaging Procedure Codes

Cardiac PET	CPT®
Myocardial imaging, positron emission tomography (PET), metabolic evaluation study (including ventricular wall motion[s] and/or ejection fraction[s], when performed), single study	78459
Myocardial imaging, positron emission tomography (PET), perfusion study (including ventricular wall motion[s] and/or ejection fraction[s], when performed); single study at rest or stress (exercise or pharmacologic)	78491
Myocardial imaging, positron emission tomography (PET), perfusion study (including ventricular wall motion[s] and/or ejection fraction[s], when performed); multiple studies at rest and stress (exercise or pharmacologic)	78492
Myocardial imaging, positron emission tomography (PET), metabolic evaluation study (including ventricular wall motion[s] and/or ejection fraction[s], when performed), single study; with concurrently acquired computed tomography transmission scan	78429
Myocardial imaging, positron emission tomography (PET), perfusion study (including ventricular wall motion[s] and/or ejection fraction[s], when performed); single study, at rest or stress (exercise or pharmacologic), with concurrently acquired computed tomography transmission scan	78430
Myocardial imaging, positron emission tomography (PET), perfusion study (including ventricular wall motion[s] and/or ejection fraction[s], when performed); multiple studies at rest and stress (exercise or pharmacologic), with concurrently acquired computed tomography transmission scan	78431

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Cardiac PET	CPT®
Myocardial imaging, positron emission tomography (PET), combined perfusion with metabolic evaluation study (including ventricular wall motion[s] and/or ejection fraction[s], when performed), dual radiotracer (e.g., myocardial viability);	78432
Myocardial imaging, positron emission tomography (PET), combined perfusion with metabolic evaluation study (including ventricular wall motion[s] and/or ejection fraction[s], when performed), dual radiotracer (e.g., myocardial viability); with concurrently acquired computed tomography transmission scan	78433
Absolute quantitation of myocardial blood flow (AQMBF), positron emission tomography (PET), rest and pharmacologic stress (List separately in addition to code for primary procedure)	+78434
Positron emission tomography (PET) with concurrently acquired computed tomography (CT) for attenuation correction and anatomical localization imaging; skull base to mid-thigh	78815

- 3D rendering should not be billed in conjunction with PET.
- Separate codes for such related services as treadmill testing (CPT® 93015-CPT® 93018) and radiopharmaceuticals should be assigned in addition to perfusion PET. These services are paid according to each individual payer.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Cardiac PET – Perfusion – Indications (CD-6.2)

CD.PET.0006.2.A
v2.0.2025

CPT® 78430, CPT® 78431, CPT® 78491 and CPT® 78492

- See **Stress Testing with Imaging (CD-1.4) on page 18** for stress imaging indications
- Cardiac PET is considered medically necessary when requested after an equivocal nuclear perfusion (SPECT MPI) stress test
- Routine use in post heart transplant assessment of transplant CAD

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Cardiac PET – Absolute Quantitation of Myocardial Blood Flow (AQMBF) (CD-6.3)

CD.PET.0006.3.A
v2.0.2025

Absolute Quantitation of Myocardial Blood Flow (CPT® 78434)

Quantitation of myocardial blood flow at rest and with stress in ml/g/min and the calculation of myocardial perfusion reserve (the ratio of stress to rest flow) can be used for diagnosis and prognosis of coronary artery disease and cardiac endothelial dysfunction that can be seen in diabetes, left ventricular hypertrophy, heart transplantation vasculopathy among other conditions.

- AQMBF with PET (CPT® 78434) is an add-on procedure that is indicated when one of the following apply:
  - Primary study Myocardial PET rest/stress perfusion (CPT® 78492 or 78431 only) has been approved
  - Primary study Myocardial PET rest/stress perfusion (CPT® 78492 or 78431 only) has been ordered and is being approved at the same time (see- **Cardiac PET- Perfusion- Indications (CD-6.2)** or **Stress Testing with Imaging- Indications (CD-1.4)**).

Evidence Discussion

Despite its utility, AQMBF is a technically challenging measurement. Variables include:

- Different tracers (N-13 ammonia vs Rb-82 Cl) give different values
- Different mathematical models used (static vs dynamic)
- Different stressors are used that give different hyperemic flow results (adenosine vs dipyridamole vs regadenoson)
- Data can be collected in 2D vs 3D modes. Saturation of crystals is more problematic in 3D.
- Cardiac, respiratory and patient motion can degrade measurement accuracy .
- Different vendor software is used by different reading labs.
- Resting blood flow can be elevated due to pain, anxiety, lack of vagal tone, hypertension, etc. and can be normalized by using the rate pressure product (RPP) for calculation of myocardial perfusion reserve (MBF) the ratio of myocardial hyperemic flow/rest flow.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Evidence Discussion

Myocardial perfusion imaging (MPI) is used for the diagnosis of coronary artery disease (CAD). Results of MPI have a high level of sensitivity and specificity. Positron emission tomography (PET) is one imaging modality that allows the performance of MPI and also has the ability to measure absolute myocardial blood flow (AQMBF) (CPT 78434) in ml/g/min. This has been shown to add to the diagnosis of CAD and aid in treatment decisions.

As supported by the ACC/AHA Appropriate Use Criteria, the use of MPI with PET is indicated for patients with signs or symptoms that would be consistent with CAD such as typical angina or other typical or atypical symptoms in patients with known CAD or prior interventions such as coronary artery bypass surgery or coronary stenting. This balances the appropriate testing of patients with PET versus unnecessary and potentially harmful testing and downstream procedures.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

References

CD.PET.0006.3.A

v2.0.2025

1. Bateman TM, Heller GV, Beanlands R, et al. Practical guide for interpreting and reporting cardiac PET measurements of myocardial blood flow: an Information Statement from the American Society of Nuclear Cardiology, and the Society of Nuclear Medicine and Molecular Imaging. *J Nucl Cardiol*. 2021;28(2):768-787. doi:10.1007/s12350-021-02552-7.
2. Murthy VL, Bateman TM, Beanlands RS, et al. Clinical Quantification of Myocardial Blood Flow Using PET: Joint Position Paper of the SNMMI Cardiovascular Council and the ASNC. *J Nucl Med*. 2018;59(2):273-293. doi:10.2967/jnumed.117.201368.
3. Patel KK, Spertus JA, Chan PS, et al. Myocardial blood flow reserve assessed by positron emission tomography myocardial perfusion imaging identifies patients with a survival benefit from early revascularization. *Eur Heart J*. 2020;41(6):759-768. doi:10.1093/eurheartj/ehz389.
4. Ngo V, Martineau P, Harel F, Pelletier-Galarneau M. Improving Detection of CAD and Prognosis with PET/CT Quantitative Absolute Myocardial Blood Flow Measurements. *Curr Cardiol Rep*. 2022 Dec;24(12):1855-1864. doi: 10.1007/s11886-022-01805-2. Epub 2022 Nov 8. PMID: 36348147.
5. Alenezi MM, Majrashi NA, Sharif H, Alyami AS, Ageeli WA, Salawi MH, Refaee TA, Alanazi SF. A systemic review of rubidium-82 PET contrasted with 99mTc-MIBI SPECT for imaging coronary artery disease. Medicine (Baltimore). 2023 Mar 10;102(10):e33068. doi: 10.1097/MD.0000000000033068. PMID: 36897709; PMCID: PMC9997794.Patel KK, Al Badarin F, Chan PS, Spertus JA, Courter S, Kennedy KF, Case JA, McGhie AI, Heller GV, Bateman TM. Randomized Comparison of Clinical Effectiveness of Pharmacologic SPECT and PET MPI in Symptomatic CAD Patients. JACC Cardiovasc Imaging. 2019 Sep;12(9):1821-1831. doi: 10.1016/j.jcmg.2019.04.020. Epub 2019 Jul 17. PMID: 31326480; PMCID: PMC7061443.Ferko N, Priest S, Almuallem L, Walczyk Mooradally A, Wang D, Oliva Ramirez A, Szabo E, Cabra A. Economic and healthcare resource utilization assessments of PET imaging in Coronary Artery Disease diagnosis: a systematic review and discussion of opportunities for future economic evaluations. J Med Econ. 2024 Jan-Dec;27(1):715-729. doi: 10.1080/13696998.2024.2345507. Epub 2024 May 6. PMID: 38650543.PelletierGalarneau M, Cabra A, Szabo E, Angadageri S. Real-world evidence study on the impact of SPECT MPI, PET MPI, cCTA and stress echocardiography on downstream healthcare utilisation in patients with coronary artery disease in the US. BMC Cardiovasc Disord. 2024 Oct 9;24(1):543. doi: 10.1186/s12872-024-04225-y. PMID: 39379835; PMCID: PMC11462745

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Cardiac PET – Metabolic – Indications (CD-6.4)

CD.PET.0006.4.A
v2.0.2025

- Cardiac PET Metabolic and cardiac SPECT or PET perfusion (CPT® 78429 or CPT® 78459 and CPT® 78451, or CPT® 78432, or CPT® 78433)
  - To determine myocardial viability when a previous study has shown significant left ventricular dysfunction when under consideration for revascularization
- To diagnose strongly suspected cardiac sarcoid or monitor response to therapy for established cardiac sarcoid see **Cardiac Sarcoidosis (CD-3.9)**

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

FDG PET/CT for infections (CD-6.5)

CD.PET.0006.5.A
v2.0.2025

- FDG PET/CT (CPT® 78815 or CPT® 78429) is indicated in the assessment of suspected prosthetic heart valve endocarditis when there is documentation of **both** of the following:
  - TTE and/or TEE are equivocal or non-diagnostic
  - Suspicion for prosthetic heart valve endocarditis remains high (all):
    - C-reactive protein ≥40 mg/L
    - No evidence of prolonged antibiotic therapy
    - The implantation was ≥3 months ago and there is no evidence of surgical adhesives used during the valve implantation
- FDG PET/CT for LVAD driveline infection (CPT® 78815 or 78429)
  - Early infection detection for LVAD drivelines is desirable, since once the infection extends to the cannula and pump pocket, eradication becomes difficult. CT findings are nonspecific and metal device artifacts of the driveline itself affects sensitivity.
  - FDG PET/CT is indicated for suspected LVAD infection if other studies and examination remain inconclusive.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (CD-6)

v2.0.2025

1. Einstein AJ, Moser KW, Thompson RC, et al. Radiation Dose to Patients from Cardiac Diagnostic Imaging. Circulation. 2007;116(11):1290-1305. doi:10.1161/circulationaha.107.688101.
2. Youssef G, Mylonas I, Leung E, et al. The Use of 18F-FDG PET in the Diagnosis of Cardiac Sarcoidosis: A Systematic Review and Metaanalysis Including the Ontario Experience. Journal of Nuclear Medicine. http://jnm.snmjournals.org/content/53/2/241.long. Published February 1, 2012.
3. Blankstein R, Osborne M, Naya M, et al. Cardiac Positron Emission Tomography Enhances Prognostic Assessments of Patients with Suspected Cardiac Sarcoidosis. Journal of the American College of Cardiology. 2014;63(4):329-336. doi:10.1016/j.jacc.2013.09.022.
4. Habib G, Lancellotti P, Antunes MJ, et al. 2015 ESC Guidelines for the management of infective endocarditis. *European Heart Journal*. 2015;36(44):3075-3128. doi:10.1093/eurheartj/ehv319.
5. Swart LE, Gomes A, Scholtens AM, et al. Improving the Diagnostic Performance of 18 F-Fluorodeoxyglucose Positron-Emission Tomography/Computed Tomography in Prosthetic Heart Valve Endocarditis. *Circulation*. 2018;138(14):1412-1427. doi:10.1161/circulationaha.118.035032.
6. Kim J, Feller ED, Chen W, Liang Y, Dilsizian V. FDG PET/CT for Early Detection and Localization of Left Ventricular Assist Device Infection. *JACC: Cardiovascular Imaging*. 2019;12(4):722-729. doi:10.1016/j.jcmg.2018.01.024.
7. Tam MC, Patel VN, Weinberg RL, et al. Diagnostic Accuracy of FDG PET/CT in Suspected LVAD Infections. *JACC: Cardiovascular Imaging*. 2020;13(5):1191-1202. doi:10.1016/j.jcmg.2019.04.024.
8. Harnett DT, Hazra S, Maze R, et al. Clinical performance of Rb-82 myocardial perfusion PET and Tc-99m-based SPECT in patients with extreme obesity. *J Nucl Cardiol*. 2017;26(1):275-283. doi:10.1007/s12350-017-0855-6.
9. Defining Adult Overweight and Obesity. Centers for Disease Control and Prevention. https://www.cdc.gov/obesity/adult/defining.html. Published March 3, 2021.
10. Gulati M, Levy PD, Mukherjee D, et al. 2021 AHA/ACC/ASE/CHEST/SAEM/SCCT/SCMR Guideline for the Evaluation and Diagnosis of Chest Pain: A Report of the American College of Cardiology/American Heart Association Joint Committee on Clinical Practice Guidelines [published correction appears in Circulation. 2021 Nov 30;144(22):e455]. *Circulation*. 2021;144(22):e368-e454. doi:10.1161/CIR.0000000000001029

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Diagnostic Heart Catheterization

Guideline

LHC – Unstable/Active Coronary Artery Syndromes (CD-7.3.1)
Diagnostic Heart Catheterization – Coding (CD-7.2)
Diagnostic Left Heart Catheterization (LHC) (CD-7.3)
Right Heart Catheterization and Right and Left Heart Catheterization without Coronary Angiography (CD-7.4)
Combined Right and Left Heart Catheterization Indications (CD-7.5)
Planned (Staged) Coronary Interventions or Post-catheterization Physiologic Evaluation (CD-7.6)
Evaluation of Conditions other than Coronary Artery Disease (CD-7.7)
References (CD-7)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

LHC – Unstable/Active Coronary Artery Syndromes (CD-7.3.1)

CD.DHC.0008.A
v2.0.2025

Diagnostic Left Heart Catheterization (LHC) is indicated for individuals in acute settings or with **active** unstable angina and should be handled as medical emergencies.

- LHC may be indicated for new onset, accelerating, or worsening ischemic symptoms suggestive of acute coronary syndrome (ACS) occurring at rest, or with minimal exertion resolving with rest, including:
  - Cardiac chest pain (typical angina) with or without new onset, evolving ischemic EKG changes
  - Symptoms consistent with the known angina pattern in an individual with a history of CABG or PCI
- Left and right heart catheterization (CPT® 93460 or 93461) may be indicated in place of a left heart catheterization when criteria has been met for a left heart catheterization and there is documentation of **any** of the following conditions:
  - The major component of the individual's symptoms is dyspnea
  - Newly diagnosed or worsening cardiomyopathy

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Diagnostic Heart Catheterization – Coding (CD-7.2)

CD.DHC.0007.1.A
v2.0.2025

Diagnostic Heart Catheterization – Code Sets

Cardiac Catheterization Procedure Codes

Cardiac catheterization Procedure	CPT®
Congenital Heart Disease Code "Set"	93593-93597
Right heart catheterization for congenital heart defect(s) including imaging guidance by the proceduralist to advance the catheter to the target zone; normal native connections	93593
Right heart catheterization for congenital heart defect(s) including imaging guidance by the proceduralist to advance the catheter to the target zone; abnormal native connections	93594
Left heart catheterization for congenital heart defect(s) including imaging guidance by the proceduralist to advance the catheter to the target zone, normal or abnormal native connections	93595
Right and left heart catheterization for congenital heart defect(s) including imaging guidance by the proceduralist to advance the catheter to the target zone(s); normal native connections	93596
Right and left heart catheterization for congenital heart defect(s) including imaging guidance by the proceduralist to advance the catheter to the target zone(s); abnormal native connections	93597
Anomalous coronary arteries, patent foramen ovale, mitral valve prolapse, and bicuspid aortic valve	93451-93464, 93566-93568

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Cardiac catheterization Procedure	CPT®
RHC without LHC or coronaries	93451
LHC without RHC or coronaries	93452
RHC and retrograde LHC without coronaries	93453
Native coronary artery catheterization;	93454
with bypass grafts	93455
with RHC	93456
with RHC and bypass grafts	93457
with LHC	93458
with LHC and bypass grafts	93459
with RHC and LHC	93460
with RHC and LHC and bypass grafts	93461
LHC by trans-septal or apical puncture	+93462
Angiography of non-coronary arteries and veins performed as a distinct service	Select appropriate codes from the Radiology and Vascular Injection Procedures sections.

- CPT® 93593 to 93597 are indicated for invasive evaluation of congenital heart disease. See specific conditions in **Adult Congenital Heart Disease (CD-11)**

Diagnostic Heart Catheterization – Coding Notes (CD-7.2)

- Cardiac catheterization (CPT® 93451-CPT® 93461) includes all "road mapping" angiography necessary to place the catheters, including any injections and imaging supervision, interpretation and report.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

- Cardiac catheterization (CPT® 93452-CPT® 93461) (for all conditions other than congenital heart disease) includes contrast injections, imaging supervision, interpretation and report for imaging typically performed.
- Catheter placements in native coronaries or bypass grafts (CPT® 93454-CPT® 93461) include intraprocedural injections for bypass graft angiography, imaging supervision and interpretation.
- Injection codes CPT® 93563-CPT® 93565 should not be used in conjunction with CPT® 93452-CPT® 93461.
- Codes CPT® 93451-CPT® 93461 do not include contrast injections and imaging supervision, interpretation and report for imaging that is separately identified by the following specific procedure codes: CPT® 93566, CPT® 93567 and CPT® 93568.
- Separate diagnostic cardiac catheterization codes should only be assigned in conjunction with interventional procedures in the following circumstances:
  - No prior or recent diagnostic catheterization is available to guide therapy
  - Individual's condition has significantly changed since the last diagnostic catheterization
  - The treatment plan may be affected
  - Other vessels may be identified for treatment
  - Further establishment of a diagnosis from a non-invasive study is necessary

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Diagnostic Left Heart Catheterization (LHC) (CD-7.3)

CD.DHC.0007.3.A
v2.0.2025

Stable Established CAD Post Revascularization with CABG or PCI (CD-7.3.2)

Note: These guidelines apply to individuals with stable conditions and who are not in the acute setting (acute coronary syndrome or unstable angina).

- Diagnostic Left Heart Catheterization (LHC) is indicated in individuals with established Coronary Artery Disease (CAD) post revascularization by percutaneous coronary intervention (PCI) or coronary artery bypass graft surgery (CABG) when there is documentation of **one** of the following:
  - New, recurrent, or worsening ischemic symptoms similar to prior ischemic episode
  - New, recurrent, or worsening likely anginal symptoms as defined in **General Guidelines (CD-1.0) on page 10**
  - New, recurrent, or worsening symptoms of chest pain, exertional dyspnea, or exertional fatigue AND intermediate or high-risk findings on non-invasive stress testing as documented by one of the following:
    - Cardiac chest pain induced by exercise treadmill testing or dobutamine stress testing
    - Exercise treadmill testing inducing any of the following:
      - At least 1 mm downsloping ST-depression
      - 2 mm horizontal ST-depression
      - At least 1 mm ST-elevation in two leads
      - Ventricular tachycardia of at least 3 consecutive beats
    - Myocardial perfusion imaging (SPECT or PET) with ≥5% reversible ischemic burden
    - Stress echo with at least 2 segments of inducible ischemia
    - Severe stress induced left ventricular dysfunction (drop in left ventricular ejection fraction with stress ≥10%)
  - New left ventricular systolic dysfunction (left ventricular ejection fraction <50%)
  - Worsening left ventricular systolic dysfunction (decline in left ventricular ejection fraction ≥10%)
  - New or worsened congestive heart failure

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

- Ventricular fibrillation
- Sustained ventricular tachycardia

- Left and right heart catheterization (CPT® 93460 or 93461) may be indicated in place of a left heart catheterization when criteria has been met for a left heart catheterization and there is documentation of **any** of the following conditions:
  - The major component of the individual's symptoms is dyspnea
  - Newly diagnosed or worsening cardiomyopathy

Stable Symptomatic Suspected or Established Coronary Artery Disease (CD-7.3.3)

For the purpose of this guideline, likely anginal symptoms is defined in **General Guidelines (CD-1.0)**

- Diagnostic left heart catheterization to screen for coronary artery disease (CAD) in asymptomatic individuals who are not anticipating other cardiac procedures is **not** considered medically necessary.
- LHC with coronary arteriography (CPT® 93454, 93455, 93458, or 93459) is indicated when there is documentation of one of the following:
  - New onset, persistent, or worsening of likely anginal symptoms and either:
    - Symptomatic failure of a 12 week trial of OMT including as tolerated all of the following:
      - Anti-platelet therapy
      - Statin and/or other lipid-lowering therapy
      - Anti-anginal therapy implemented to pursue a goal heart rate of 60 beats per minute or less
      - Anti-hypertensive therapy as may be indicated to pursue a goal systolic blood pressure (sbp) of less than 140 mmHg and a goal diastolic blood pressure (DBP) of less than 90 mmHg
    - Worsening of likely anginal symptoms during 12 week trial of OMT
  - New onset, persistent, or worsening of likely anginal symptoms and documentation of **both** of the following:
    - Established CAD per **General Guidelines (CD-1.0)** or age ≥50 years and/or ≥2 CAD risk factors (diabetes mellitus, smoking, family history of premature CAD, hypertension, dyslipidemia), and
    - Likely anginal symptoms at a low level of exercise or at rest despite optimal medical therapy
  - LHC may be indicated irrespective of OMT for symptomatic (chest pain or dyspnea on exertion) individuals who also have high-risk findings on Coronary CT Angiography See **CCTA-Indications for CCTA (CD-4.3)**, to include any of the following:

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

        - Left main coronary artery stenosis ≥40%
        - Proximal or mid left anterior descending coronary artery stenosis ≥70%
        - Proximal or mid double-vessel major epicardial (not branch) coronary artery stenosis ≥60%
        - Proximal or mid triple-vessel major epicardial (not branch) coronary artery stenosis ≥50%
        - CT-FFR measured to be ≤0.8 in the proximal or mid segment of any coronary artery or major epicardial branch irrespective of degree of stenosis
    - LHC may be indicated irrespective of OMT for symptomatic (chest pain or dyspnea on exertion) individuals who have high-risk findings on non-invasive stress testing including any of the following:
        - Cardiac chest pain induced by exercise treadmill testing or dobutamine stress testing
        - Myocardial perfusion imaging with ≥10% reversible ischemic burden
        - Stress echo with at least 3 segments of inducible ischemia
        - Exercise treadmill testing inducing at least 2.5 mm downsloping ST-depression or 3 mm horizontal ST-depression in two leads
        - Ventricular tachycardia of at least 3 consecutive beats induced by an exercise treadmill test
    - LHC is medically necessary if coronary artery disease is the suspected etiology for **any** of the following findings:
        - New or worsened congestive heart failure
        - New left ventricular systolic dysfunction (left ventricular ejection fraction <50%)
        - Worsening left ventricular systolic dysfunction (decline in left ventricular ejection fraction ≥10%)
        - Ventricular fibrillation or sustained ventricular tachycardia
- Left and right heart catheterization (CPT® 93460 or 93461) may be indicated in place of a left heart catheterization when criteria has been met for a left heart catheterization and there is documentation of **any** of the following conditions:
    - The major component of the individual's symptoms is dyspnea
    - Newly diagnosed or worsening cardiomyopathy

Background and Supporting Information

In addition to OMT, physician-guided behavioral modification therapy (BMT) is recommended including all of the following:

- Mediterranean diet
- Moderate intensity physical activity for at least thirty minutes per day at least five times per week as possible
- Attempts at smoking cessation to include at least one of the following:

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

- Cognitive behavioral therapy
- Nicotine withdrawal replacement therapy

Exclusion of Significant Coronary Artery Disease Involvement in other Cardiac Pathology (CD-7.3.4)

- LHC is indicated when the etiology is unclear for **any** of the following conditions when coronary artery disease is suspected:
  - New or worsened congestive heart failure
  - New left ventricular systolic dysfunction (left ventricular ejection fraction <50%)
  - Worsening left ventricular systolic dysfunction (decline in left ventricular ejection fraction ≥10%)
  - Ventricular fibrillation or sustained ventricular tachycardia
  - Unheralded syncope (not near syncope)
  - Suspected myocarditis
  - CCTA findings with high risk findings such as:
    - left main disease with ≥50% stenosis
    - three-vessel disease with ≥70 stenosis
    - two-vessel disease with ≥70% stenosis, including the proximal LAD
    - one-vessel disease of the proximal LAD with ≥70% stenosis and FFR-CT ≤0.8
- Left and right heart catheterization (CPT® 93460 or 93461) may be indicated in place of a left heart catheterization when criteria has been met for a left heart catheterization and there is documentation of **any** of the following conditions:
  - The major component of the individual's symptoms is dyspnea
  - Newly diagnosed or worsening cardiomyopathy

Evaluation of structural heart disease (CD-7.3.5)

Left heart catheterization with coronary arteriography (CPT® 93458 or CPT® 93454) is indicated for any of the following

- Evaluation prior to planned invasive procedure or surgery
  - Ruling out coronary artery disease prior to planned non-coronary cardiac or great vessel surgery including any of the following:
    - Cardiac valve surgery
    - Surgical myectomy for hypertrophic cardiomyopathy
    - Aortic dissection
    - Aortic aneurysm
    - Congenital disease repair such as atrial septal defect

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

  - Pre-organ transplant (non-cardiac)-in place of stress imaging for initial pre-transplant evaluation (per the transplant center's protocol) **or** if stress imaging is positive for ischemia. Repeat periodic screening while on a transplant waiting list (in the absence of other clinical indications) is not supported. See **Kidney Transplant, Pre-Transplant Imaging Studies (AB-42.5)**.
  - Prior to catheter ablation of ventricular arrhythmia at one of the following sites:
    - Sinus of Valsalva
    - Coronary venous system
    - Epicardium
- Valvular heart disease when either:
  - There is a discrepancy between the clinical findings (history, physical exam, and non-invasive test results)
  - Valvular surgery is being considered.
- Suspected pericardial disease.
- Previous cardiac transplant:
  - Per transplant center protocol
  - To assess for accelerated coronary artery disease associated with cardiac transplantation.

Left and right heart catheterization (CPT® 93460 or 93461) may be indicated in place of a left heart catheterization when criteria has been met for a left heart catheterization and there is documentation of **any** of the following conditions:

- The major component of the individual's symptoms is dyspnea
- Newly diagnosed or worsening cardiomyopathy

Evidence Discussion

Medical specialty organization guidelines recommend guideline directed medical therapy as the cornerstone of management of chronic coronary artery disease. These recommendations are based on a large body of evidence; including multiple large randomized controlled clinical trials (COURAGE, ISCHEMIA, and BARI-2D), and meta-analyses that demonstrate a significant improvement in angina symptoms, and cardiac events with guideline directed medical therapy. These trials further demonstrate that there is no improvement in survival or cardiac events with routine revascularization compared to guideline directed medical therapy.

Management options for coronary artery disease should account for the risks of invasive coronary angiography weighed against the benefits. Invasive coronary angiography is associated with cardiac (e.g. coronary artery injury and myocardial infarction) and extra-cardiac (e.g. vascular access site bleeding, ischemic stroke, and contrast-mediated acute kidney injury) risks. Invasive coronary angiography should be utilized as the treatment option when there is a favorable benefit-to-risk assessment.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Based on medical specialty organization guidelines and Appropriate Use Criteria, indications for invasive coronary angiography include the following:

- Angina despite guideline directed medical therapy
- Angina with high-risk findings on stress testing
- New left ventricular systolic dysfunction or heart failure of suspected ischemic etiology
- Known coronary artery disease with prior revascularization with recurrent angina
- Prior to non-coronary cardiac surgery, major vascular surgery, or organ transplant

  In addition to OMT, physician-guided behavioral modification therapy (BMT) is recommended including all of the following:
  - Mediterranean diet
  - Moderate intensity physical activity for at least thirty minutes per day at least five times per week as possible
  - Attempts at smoking cessation to include at least either cognitive behavioral therapy or nicotine withdrawal replacement therapy

Angiography-Derived Fractional Flow Reserve (CD-7.3.6)

Coding

Description	HCPCS
Catheter placement in coronary artery(s) for coronary angiography, including intraprocedural injection(s) for coronary angiography, imaging supervision and interpretation with left heart catheterization including intraprocedural injection(s) for left ventriculography, when performed and intraprocedural coronary fractional flow reserve (FFR) with 3d functional mapping of color-coded FFR values for the coronary tree, derived from coronary angiogram data, for real-time review and interpretation of possible atherosclerotic stenosis(es) intervention	C7557

Criteria

Angiography-Derived Fractional Flow Reserve based on three-dimensional reconstruction of angiographic images is considered to be experimental, investigational, or unproven.

Background and Supporting Information

Fractional flow reserve (FFR) is an index of the physiological significance of a coronary artery stenosis. It is derived by using a coronary artery pressure guidewire to measure the distal coronary artery pressure. Angiography-Derived Fractional Flow Reserve is

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

an alternative approach to derive FFR without the use of a coronary artery pressure guidewire, based on three-dimensional reconstruction of angiographic images. Mathematical modeling based on hemodynamic laws is then applied to the three-dimensional reconstruction to derive the pressure dynamics along the coronary artery, with results displayed in a color-coded map. Further research is needed to evaluate the accuracy and applicability of Angiography-Derived Fractional Flow Reserve.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Right Heart Catheterization and Right and Left Heart Catheterization without Coronary Angiography (CD-7.4)

CD.DHC.0007.4.A
v2.0.2025

- Diagnostic right heart catheterization (CPT® 93451) OR Diagnostic right and left heart catheterization without coronary angiography (CPT® 93453) is indicated when results will impact the diagnosis and management of **any** of the following:
  - Atrial septal defect (ASD) including shunt detection and quantification
  - Ventricular septal defect (VSD) including shunt detection and quantification
  - Patent foramen ovale (PFO)
  - Anomalous pulmonary venous return
  - Congenital defects including persistent left vena cava
  - Pulmonary hypertension
  - Pericardial diseases (constrictive or restrictive pericarditis)
  - Valvular disease
  - Right heart failure
  - Left heart failure
  - Newly diagnosed or worsening cardiomyopathy
  - Preoperative evaluation for valve surgery
  - During a left heart catheterization where the etiology of the symptoms remains unclear
  - Pre-lung transplant to assess pulmonary pressures
  - Pre-liver transplant to assess pulmonary pressures
  - Uncertain intravascular volume status with an unclear etiology
  - Prior to LVAD implant and post LVAD implant as needed for hemodynamic assessment to guide changes to therapy
  - Assessment post-cardiac transplant
    - For routine endomyocardial biopsy
    - Assess for rejection
    - Assess pulmonary artery pressure
    - Can be done per the institution protocol or anytime organ rejection is suspected and biopsy is needed for assessment
  - Evaluation of right ventricular morphology.
  - Suspected arrhythmogenic right ventricular dysplasia.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Evidence Discussion

General information RHC (CPT® 93451)

- It is performed most commonly from the femoral vein, less often through the subclavian, brachial, or internal jugular vein and inter-atrial septal puncture approach.
- It includes a full oximetry for detection and quantification of shunts.
- Cardiac outputs are calculated by several techniques including the Fick thermodilution
- Diagnostic right heart catheterization or right and left heart catheterization is performed for functional hemodynamic evaluation and may be combined with cardiac angiography for structural cardiac imaging and coronary angiography for anatomical evaluation of the coronary arteries. Diagnostic right heart catheterization or right and left heart catheterization is indicated in selected situations to obtain specific clinical information required for management decisions if it was not provided by non-invasive evaluation. This may be indicated in selected situations for management of valvular heart disease, myocardial disease, pericardial disease, congenital heart disease, pulmonary hypertension, heart failure, and post-cardiac transplantation. These indications are addressed in established evidence-based medical specialty organization guidelines pertaining to these conditions. If the clinical information required for management decisions was already provided by non-invasive evaluation, diagnostic heart catheterization does not add to management and moreover carries cardiac and extra-cardiac risks including coronary artery injury, myocardial infarction, vascular access site bleeding, ischemic stroke, and contrast-mediated acute kidney injury.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Combined Right and Left Heart Catheterization Indications (CD-7.5)

CD.DHC.0007.5.A
v2.0.2025

Combined Right and Left Heart Catheterization (CPT® 93460 or CPT® 93461) is medically necessary for pre-operative surgical planning for any of the following procedures:

- Heart valve surgery
- Congenital heart defect repair
- Lung transplant
- Liver transplant

Additional indications

- Left and right heart catheterization (CPT® 93460 or 93461) may be indicated in place of a left heart catheterization when criteria has been met for a left heart catheterization and there is documentation of **any** of the following conditions:
  - The major component of the individual's symptoms is dyspnea
  - Newly diagnosed or worsening cardiomyopathy

Note:

See the individual diagnostic heart catheterization sections for more information

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Planned (Staged) Coronary Interventions or Post-catheterization Physiologic Evaluation (CD-7.6)

CD.DHC.0007.6.A
v2.0.2025

- Planned (Staged) Coronary Interventions applies to individuals with clinically stable symptoms if there is documentation of a recent diagnostic catheterization finding of a significant lesion that was not intervened as part of the initial procedure and the documentation explicitly states that a subsequent procedure will be performed for planned/staged PCI of that lesion.
- The CPT® codes for percutaneous coronary interventions (PCI) include the following imaging services necessary for the procedure(s):
  - Contrast injection, angiography, 'road-mapping', and fluoroscopic guidance
  - Vessel measurement
  - Angiography following coronary angioplasty, stent placement, and atherectomy
- Separate codes for these services should not be assigned in addition to the PCI code/s because the services are already included.
- A repeat diagnostic left heart catheterization is not medically necessary when the individual is undergoing a planned staged percutaneous coronary intervention.

Evidence Discussion

Diagnostic cardiac catheterization with coronary angiography is performed prior to an interventional percutaneous coronary intervention (PCI) procedure. PCI may be performed on the same day as the diagnostic coronary angiogram (ad-hoc PCI) or on a later day (planned staged PCI). Diagnostic coronary angiogram is required only once prior to the interventional procedure. A repeat diagnostic coronary angiogram is not medically necessary prior to a planned staged percutaneous coronary intervention. A repeat diagnostic coronary angiogram does not add to the findings of the initial diagnostic coronary angiogram and moreover carries cardiac and extra-cardiac risks including coronary artery injury and myocardial infarction, vascular access site bleeding, ischemic stroke, and contrast-mediated acute kidney injury.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Evaluation of Conditions other than Coronary Artery Disease (CD-7.7)

CD.DHC.0077.A
v2.0.2025

- Right and left heart catheterization (CPT® 93453) is indicated for any of the following:
  - Preoperative assessment prior to planned valvular surgery
  - Evaluation of pulmonary hypertension out of proportion to or unexplained by the severity of valvular disease documented by other non-invasive imaging modalities (i.e., echo, CMR)
  - Left ventricular dysfunction out of proportion to the severity of valvular disease documented by other non-invasive imaging modalities
  - Suspected pericardial tamponade as documented by clinical findings or other non-invasive imaging modalities
  - Suspected, or clinical uncertainty, between constrictive pericarditis vs. restrictive cardiomyopathy physiology when there are questions left unanswered by other cardiac non-invasive imaging modalities
  - Known or suspected cardiomyopathy with or without heart failure documented by prior advanced imaging
  - Re-evaluation of known cardiomyopathy for any of the following:
    - Change in clinical status
    - Change in cardiac exam
    - When required to guide therapy
  - Hypertrophic Cardiomyopathy
  - Subvalvular aortic stenosis
- Right and left heart catheterization (CPT® 93453) is indicated when there is uncertainty between clinical impression and other non-invasive imaging modalities to evaluate the following valvular diseases:
  - Mitral stenosis
  - Mitral regurgitation
  - Aortic stenosis
  - Aortic regurgitation
- Left heart catheterization (CPT® 93452) for hemodynamic evaluation of the left ventricle and aorta is indicated to evaluate aortic stenosis when there is uncertainty between the clinical impression and non-invasive imaging modality findings.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Evidence Discussion

Diagnostic right heart catheterization or right and left heart catheterization is performed for functional hemodynamic evaluation and may be combined with cardiac angiography for structural cardiac imaging and coronary angiography for anatomical evaluation of the coronary arteries. Diagnostic right heart catheterization or right and left heart catheterization is indicated in selected situations to obtain specific clinical information required for management decisions if it was not provided by non-invasive evaluation. This may be indicated in selected situations for management of valvular heart disease, myocardial disease, pericardial disease, congenital heart disease, pulmonary hypertension, heart failure, and post-cardiac transplantation. These indications are addressed in established evidence-based medical specialty organization guidelines pertaining to these conditions. If the clinical information required for management decisions was already provided by non-invasive evaluation, diagnostic heart catheterization does not add to management and moreover carries cardiac and extra-cardiac risks including coronary artery injury, myocardial infarction, vascular access site bleeding, ischemic stroke, and contrast-mediated acute kidney injury.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (CD-7)

v2.0.2025

1. Amsterdam EA, Wenger NK, Brindis RG, et al. 2014 AHA/ACC Guideline for the Management of Patients with Non-ST-Elevation Acute Coronary Syndromes: Executive Summary: A Report of the American College of Cardiology/American Heart Association Task Force on Practice Guidelines. *Circulation*. 2014;130(25):2354-2394. doi:10.1161/cir.0000000000000133.
2. Levine GN, Bates ER, Bittl JA, et al. 2016 ACC/AHA Guideline Focused Update on Duration of Dual Antiplatelet Therapy in Patients With Coronary Artery Disease: A Report of the American College of Cardiology/American Heart Association Task Force on Clinical Practice Guidelines: An Update of the 2011 ACCF/AHA/SCAI Guideline for Percutaneous Coronary Intervention, 2011 ACCF/AHA Guideline for Coronary Artery Bypass Graft Surgery, 2012 ACC/AHA/ACP/AATS/PCNA/SCAI/STS Guideline for the Diagnosis and Management of Patients with Stable Ischemic Heart Disease, 2013 ACCF/AHA Guideline for the Management of ST-Elevation Myocardial Infarction, 2014 AHA/ACC Guideline for the Management of Patients With Non–ST-Elevation Acute Coronary Syndromes, and 2014 ACC/AHA Guideline on Perioperative Cardiovascular Evaluation and Management of Patients Undergoing Noncardiac Surgery. *Circulation*. 2016;134(10). doi:10.1161/cir.0000000000000404.
3. Fihn SD, Gardin JM, Abrams J, et al. 2012 ACCF/AHA/ACP/AATS/PCNA/SCAI/STS Guideline for the Diagnosis and Management of Patients with Stable Ischemic Heart Disease. *J Am Coll Cardiol*. 2012;60(24). doi:10.1016/j.jacc.2012.07.013.
4. Fihn SD, Blankenship JC, Alexander KP, et al. 2014 ACC/AHA/AATS/PCNA/SCAI/STS Focused Update of the Guideline for the Diagnosis and Management of Patients with Stable Ischemic Heart Disease: A Report of the American College of Cardiology/American Heart Association Task Force on Practice Guidelines, and the American Association for Thoracic Surgery, Preventive Cardiovascular Nurses Association, Society for Cardiovascular Angiography and Interventions, and Society of Thoracic Surgeons. *Circulation*. 2014;130(19):1749-1767. doi:10.1161/cir.0000000000000095.
5. Boden WE, O'rourke RA, Teo KK, et al. Impact of Optimal Medical Therapy With or Without Percutaneous Coronary Intervention on Long-Term Cardiovascular End Points in Patients With Stable Coronary Artery Disease (from the COURAGE Trial). *Am J Cardiol*. 2009;104(1):1-4. doi:10.1016/j.amjcard.2009.02.059.
6. Whelton PK, Carey RM, Aronow WS, et.al. 2017 ACC/AHA/AAPA/ABC/ACPM/AGS/APhA/ASH/ASPC/NMA/PCNA guideline for the prevention, detection, evaluation, and management of high blood pressure in adults: a report of the American College of Cardiology/American Heart Association Task Force on Clinical Practice Guidelines. *J Am Coll Cardiol* 2018;71:e127–248. doi:10.1016/j.jacc.2017.11.00.
7. Maron DJ, Hochman JS, Reynolds HR, et al. Initial Invasive or Conservative Strategy for Stable Coronary Disease. *N Engl J Med*. 2020;382(15):1395-1407. doi:10.1056/nejmoa1915922.
8. Neumann FJ, Sousa-Uva M, Ahlsson A, et al. 2018 ESC/EACTS Guidelines on myocardial revascularization. *European Heart Journal*. 2018;40(2):87-165. doi:10.1093/eurheartj/ehy394.
9. Gulati M, Levy PD, Mukherjee D, et al. 2021 AHA/ACC/ASE/CHEST/SAEM/SCCT/SCMR Guideline for the Evaluation and Diagnosis of Chest Pain: A Report of the American College of Cardiology/American Heart Association Joint Committee on Clinical Practice Guidelines [published correction appears in Circulation. 2021 Nov 30;144(22):e455]. *Circulation*. 2021;144(22):e368-e454. doi:10.1161/CIR.0000000000001029.
10. Patel MR, Bailey SR, Bonow RO, et al. ACCF/SCAI/AATS/AHA/ASE/ASNC/HFSA/HRS/SCCM/SCCT/SCMR/STS 2012 appropriate use criteria for diagnostic catheterization: American College of Cardiology Foundation Appropriate Use Criteria Task Force Society for Cardiovascular Angiography and Interventions American Association for Thoracic Surgery American Heart Association, American Society of Echocardiography American Society of Nuclear Cardiology Heart Failure Society of America Heart Rhythm Society, Society of Critical Care Medicine Society of Cardiovascular Computed Tomography Society for Cardiovascular Magnetic Resonance Society of Thoracic Surgeons. *Catheter Cardiovasc Interv*. 2012;80(3):E50-E81. doi:10.1002/ccd.24467.
11. Nishimura RA, Carabello BA. Hemodynamics in the cardiac catheterization laboratory of the 21st century. *Circulation*. 2012;125(17):2138-2150. doi:10.1161/CIRCULATIONAHA.111.060319.
12. Patel MR, Calhoon JH, Dehmer GJ, et al. ACC/AATS/AHA/ASE/ASNC/SCAI/SCCT/STS 2017 Appropriate Use Criteria for Coronary Revascularization in Patients With Stable Ischemic Heart Disease: A Report of the American College of Cardiology Appropriate Use Criteria Task Force, American Association for Thoracic

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Surgery, American Heart Association, American Society of Echocardiography, American Society of Nuclear Cardiology, Society for Cardiovascular Angiography and Interventions, Society of Cardiovascular Computed Tomography, and Society of Thoracic Surgeons [published correction appears in *J Am Coll Cardio*l. 2018 Apr 13]. *J Am Coll Cardiol.* 2017;69(17):2212-2241. doi:10.1016/j.jacc.2017.02.001.

13. Kidney Disease: Improving Global Outcomes (KDIGO) Kidney Transplant Candidate Work Group. KDIGO Clinical Practice Guideline on the Evaluation and Management of Candidates for Kidney Transplantation. *Transplantation*. 2020;104: S1 – S103.
14. Spitzer E, McFadden E, Vranckx P, et al. Defining Staged Procedures for Percutaneous Coronary Intervention Trials. *J Am Coll Cardiol Intv*. 2018 May, 11 (9) 823–832. https://doi.org/10.1016/j.jcin.2018.03.044.
15. Multimodality Writing Group for Chronic Coronary Disease, Winchester DE, Maron DJ, et al. ACC/AHA/ASE/ASNC/ASPC/HFSA/HRS/SCAI/SCCT/SCMR/STS 2023 Multimodality Appropriate Use Criteria for the Detection and Risk Assessment of Chronic Coronary Disease. *J Am Coll Cardiol.* 2023;81(25):2445-2467. doi:10.1016/j.jacc.2023.03.410.
16. D'Avila A, Gutierrez P, Scanavacca M, et al. Effects of radiofrequency pulses delivered in the vicinity of the coronary arteries: implications for nonsurgical transthoracic epicardial catheter ablation to treat ventricular tachycardia. *Pacing Clin Electrophysiol* 2002;25:1488–1495.
17. Cronin EM, Bogun FM, Maury P, et al. 2019 HRS/EHRA/APHRS/LAHRS expert consensus statement on catheter ablation of ventricular arrhythmias. *Heart Rhythm*. 2020 Jan;17(1):e2-e154.
18. Yamada T, McElderry HT, Doppalapudi H, et al. Idiopathic ventricular arrhythmias originating from the aortic root prevalence, electrocardiographic and electrophysiologic characteristics, and results of radiofrequency catheter ablation. *J Am Coll Cardiol* 2008; 52:139–147.
19. Baman TS, Ilg KJ, Gupta SK, et al. Mapping and ablation of epicardial idiopathic ventricular arrhythmias from within the coronary venous system. *Circ Arrhythm Electrophysiol* 2010;3:274–279.
20. Cheng XS, VanWagner LB, Costa SP, et al. Emerging Evidence on Coronary Heart Disease Screening in Kidney and Liver Transplantation Candidates: A Scientific Statement From the American Heart Association: Endorsed by the American Society of Transplantation. *Circulation*. 2022;146(21):e299-e324. doi:10.1161/CIR.0000000000001104.
21. VanWagner LB, Harinstein ME, Runo JR, et al. Multidisciplinary approach to cardiac and pulmonary vascular disease risk assessment in liver transplantation: An evaluation of the evidence and consensus recommendations. *Am J Transplant*. 2018;18(1):30-42. doi:10.1111/ajt.14531.
22. Patel MR, Calhoon JH, Dehmer GJ, et al. ACC/AATS/AHA/ASE/ASNC/SCAI/SCCT/STS 2017 Appropriate Use Criteria for Coronary Revascularization in Patients With Stable Ischemic Heart Disease: A Report of the American College of Cardiology Appropriate Use Criteria Task Force, American Association for Thoracic Surgery, American Heart Association, American Society of Echocardiography, American Society of Nuclear Cardiology, Society for Cardiovascular Angiography and Interventions, Society of Cardiovascular Computed Tomography, and Society of Thoracic Surgeons [published correction appears in J Am Coll Cardiol. 2018 Apr 13; *J Am Coll Cardiol*. 2017;69(17):2212-2241. doi:10.1016/j.jacc.2017.02.001.
23. Humbert M, Kovacs G, Hoeper M, et al. 2022 ESC/ERS Guidelines for the diagnosis and treatment of pulmonary hypertension: Developed by the task force for the diagnosis and treatment of pulmonary hypertension of the European Society of Cardiology (ESC) and the European Respiratory Society (ERS). Endorsed by the International Society for Heart and Lung Transplantation (ISHLT) and the European Reference Network on rare respiratory diseases (ERN-LUNG). *Eur Heart J* 2022;43(38):3618–3731. doi.org/10.1093/eurheartj/ehac237.
24. Morris PD, Curzen N, Gunn JP. Angiography-Derived Fractional Flow Reserve: More or Less Physiology? *J Am Heart Assoc*. 2020 Mar 17;9(6):e015586. doi: 10.1161/JAHA.119.015586.
25. Witberg G et al. Clinical Outcomes of FFRangio-Guided Treatment for Coronary Artery Disease. *JACC Cardiovasc Interv*. 2022 Feb 28;15(4):468-470. doi: 10.1016/j.jcin.2021.11.039.
26. Arefinia F et al. Non-invasive fractional flow reserve estimation using deep learning on intermediate left anterior descending coronary artery lesion angiography images. *Sci Rep*. 2024 Jan 20;14(1):1818. doi: 10.1038/s41598-024-52360-5.
27. Advancing Cath Lab Results With FFRangio Coronary Physiology Assessment (ALL-RISE) ClinicalTrials.gov Identifier: NCT05893498. Study Start: 2023-06-21. Primary Completion (Estimated): 2024-12. Clinical Trials.gov.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

28. Ommen SR, Ho CY, Asif IM, et al. 2024 AHA/ACC/AMSSM/HRS/PACES/SCMR Guideline for the Management of Hypertrophic Cardiomyopathy: A Report of the American Heart Association/American College of Cardiology Joint Committee on Clinical Practice Guidelines. Circulation. 2024 May 8. doi: 10.1161/CIR.0000000000001250.
29. Mangiacapra F, Viscusi MM, Verolino G, et al. Invasive Assessment of Coronary Microvascular Function. *Journal of Clinical Medicine*. 2022; 11(1):228. https://doi.org/10.3390/jcm11010228.
30. Virani SS, Newby LK, Arnold SV, et al. 2023 AHA/ACC/ACCP/ASPC/NLA/PCNA Guideline for the Management of Patients With Chronic Coronary Disease: A Report of the American Heart Association/American College of Cardiology Joint Committee on Clinical Practice Guidelines [published correction appears in *Circulation*. 2023 Sep 26;148(13):e148. doi: 10.1161/CIR.0000000000001183.] [published correction appears in *Circulation*. 2023 Dec 5;148(23):e186. doi: 10.1161/CIR.0000000000001195.]. *Circulation*. 2023;148(9):e9-e119. doi:10.1161/CIR.0000000000001168.
31. Dimitriadis K, Pyrpyris N, Sakalidis A, et al. ANOCA updated: From pathophysiology to modern clinical practice. *Cardiovasc Revasc Med*. 2025;71:1-10. doi:10.1016/j.carrev.2024.09.010.
32. Ford TJ, Stanley B, Sidik N, et al. 1-Year Outcomes of Angina Management Guided by Invasive Coronary Function Testing (CorMicA). JACC Cardiovasc Interv. 2020;13(1):33-45. doi:10.1016/j.jcin.2019.11.001.
33. Ziada K, Alkhawam H, Hajeh H, Modi M, Helmy T. Diagnosis and Management of Acute Coronary Syndrome Patients Without Obstructive Epicardial Stenosis. *Curr Cardiol Rep*. 2025;27(1):43. Published 2025 Jan 30. doi:10.1007/s11886-025-02191-1.
34. Vrints C, Andreotti F, Koskinas KC, et al. 2024 ESC Guidelines for the management of chronic coronary syndromes: Developed by the task force for the management of chronic coronary syndromes of the European Society of Cardiology (ESC) Endorsed by the European Association for Cardio-Thoracic Surgery (EACTS). *European Heart Journal.* 2024;45(36):3415-3537. doi:10.1093/eurheart.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Adult Congenital Heart Disease

Guideline

Congenital heart disease – General Information (CD-11.1)
ASD-Atrial septal defects (CD-11.2.1)
Anomalous Pulmonary Venous Connections (CD-11.2.2)
Ventricular Septal Defect (VSD) (CD-11.2.3)
Atrioventricular Septal Defect (AV Canal, AVSD, endocardial cushion defect) (CD-11.2.4)
Patent Ductus Arteriosus (PDA) (CD-11.2.5)
Cor Triatriatum (CD-11.2.6)
Congenital Mitral Stenosis (CD-11.2.7)
Subaortic Stenosis (SAS) (CD-11.2.8)
Congenital Valvular Aortic Stenosis (CD-11.2.9)
Aortic disease in Turner Syndrome (CD-11.2.10)
Supravalvular Aortic Stenosis (CD-11.3.1)
Coarctation of the Aorta (CD-11.3.2)
Valvular Pulmonary Stenosis (CD-11.3.3)
Branch and Peripheral pulmonary stenosis (CD-11.3.4)
Double chambered RV (CD-11.3.5)
Ebstein Anomaly (CD-11.3.6)
Tetralogy of Fallot (TOF, VSD with PS) (CD-11.3.7)
Right Ventricle-to-Pulmonary Artery Conduit (CD-11.3.8)
Transposition of the great arteries (TGA) (CD-11.3.9)
Congenitally corrected TGA (CD-11.3.10)
Fontan Palliation of Single Ventricle Physiology (CD-11.3.11)
Severe Pulmonary Artery Hypertension (PH) and Eisenmenger Syndrome (CD-11.3.12)
Coronary artery anomalies (CD-11.3.13)
References (CD-11)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Congenital heart disease – General Information (CD-11.1)

CD.CHD.0011.1.A
v2.0.2025

- This section covers adult congenital heart disease (CHD), for other associated disorders please see the condition specific sections
  - Marfan Syndrome
  - Hypertrophic cardiomyopathy (HCM)
  - Bicuspid aortic valve (BAV)

Definitions (CD-11.1.1)

Physiological stages (A, B, C, D)

Each congenital heart lesion is divided into 4 physiological stages (A, B, C, D)

Characteristics	Physiological stage			
	A	B	C	D
NYHA functional class	I	II	III	IV
Hemodynamic or anatomic sequelae	None	Mild ventricular enlargement of dysfunction, small shunt	Moderate or greater, ventricular dysfunction. Any venous or arterial stenosis	Moderate or greater, ventricular dysfunction. Any venous or arterial stenosis
Valvular	None	Mild	Moderate or greater	
Aortic enlargement	None	Mild	Moderate	Severe

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Characteristics	Physiological stage			
	A	B	C	D
Exercise capacity limitation	Normal	Abnormal objective cardiac limitation	Moderate	Severe
Renal hepatic pulmonary dysfunction	None		Mild but responsive to medication	Refractory to treatment
Cyanosis/ hypoxemia	None		Mild	Severe
Arrhythmias	None	Arrhythmia not requiring treatment	Needs medical therapy	Refractory to medical therapy
Pulmonary hypertension	None		Mild to moderate	Severe or Eisenmenger

- CHD Anatomic classification
  - Class I-Simple
    - Native disease
      - Isolated small ASD
      - Isolated small VSD
      - Mild isolated pulmonic stenosis
    - Repaired conditions
      - Previously ligated or occluded ductus arteriosus
      - Repaired secundum ASD or sinus venosus defect without significant residual shunt or chamber enlargement
      - Repaired VSD without significant residual shunt or chamber enlargement
  - Class II-Moderate Complexity
    - Repaired or unrepaired conditions
      - Aorto-left ventricular fistula
      - Anomalous pulmonary venous connection, partial or total
      - Anomalous coronary artery arising from the pulmonary artery
      - Anomalous aortic origin of a coronary artery from the opposite sinus

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

- AVSD (partial or complete, including primum ASD)
- Congenital aortic valve disease
- Congenital mitral valve disease
- Coarctation of the aorta
- Ebstein anomaly (disease spectrum includes mild, moderate, and severe variations)
- Infundibular right ventricular outflow obstruction
- Ostium primum ASD
- Moderate and large unrepaired secundum ASD
- Moderate and large persistently patent ductus arteriosus
- Pulmonary valve regurgitation (moderate or greater)
- Pulmonary valve stenosis (moderate or greater)
- Peripheral pulmonary stenosis
- Sinus of Valsalva fistula/aneurysm
- Sinus venosus defect
- Subvalvular aortic stenosis (excluding HCM; HCM not addressed in these guidelines)
- Supravalvular aortic stenosis
- Straddling atrioventricular valve
- Repaired tetralogy of Fallot
- VSD with associated abnormality and/or moderate or greater shunt

◦ Class III-Great Complexity (or Complex)
- Cyanotic congenital heart defect (unrepaired or palliated, all forms)
- Double-outlet ventricle
- Fontan procedure
- Interrupted aortic arch
- Mitral atresia
- Single ventricle (including double inlet left ventricle, tricuspid atresia, hypoplastic left heart, any other anatomic abnormality with a functionally single ventricle)
- Pulmonary atresia (all forms)
- TGA (classic or d-TGA; CCTGA or l-TGA)
- Truncus arteriosus
- Other abnormalities of atrioventricular and ventriculoarterial connection (i.e., crisscross heart, isomerism, heterotaxy syndromes, ventricular inversion)

Modalities (CD-11.1.2)

- Echocardiogram-transthoracic (TTE) or transesophageal (TEE)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

  - Transthoracic echocardiography (TTE) is an indispensable tool in the initial and serial follow-up evaluation to identify abnormalities and changes that commonly influence management decisions.
- Cardiac MRI (CMR)
  - CMR plays a valuable role in assessment of RV size and function, because it provides data that are reproducible and more reliable than data obtained with alternative imaging techniques
  - For intracardiac congenital heart disease, CMR will typically include flow velocity mapping for shunts and flow assessment.
  - Imaging that only requires aortic arch imaging, does not require intracardiac CMR, only MRA Chest.
- Cardiac Computed Tomography (CCT) and Cardiac Computed Tomography Angiography (CCTA)
  - The most important disadvantage of CCT (including CT angiography) as an imaging technique is the associated exposure to ionizing radiation.
- Cardiac catheterization
  - (hemodynamic and/or angiographic) in individuals with adult CHD AP classification II and III, or interventional cardiac catheterization in individuals with adult CHD AP classification I to III should be performed by, or in collaboration with, cardiologists with expertise in adult CHD
- Exercise Testing
  - Exercise test does not imply stress imaging
- Stress Imaging
  - Includes MPI, stress echo, stress MRI
  - PET stress may be included as per **Cardiac PET (CD-6)**
- Circumstances where CMR, CCT, TEE, and/or Cardiac Catheterization may be Superior to TTE
  - Assessment of RV size and function in repaired Tetralogy of Fallot (TOF), systemic right ventricles, and other conditions associated with right ventricular (RV) volume and pressure overload
  - Identification of anomalous pulmonary venous connections
  - Serial assessment of thoracic aortic aneurysms, especially when the dilation might extend beyond the echocardiographic windows
  - Accurate assessment of pulmonary artery (PA) pressure and pulmonary vascular resistance
  - Assessment for re-coarctation of the aorta
  - Sinus venosus defects
  - Vascular rings
  - Evaluation of coronary anomalies
  - Quantification of valvular regurgitation

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Coding (CD-11.1.3)

Modality	
Echocardiogram	
Transthoracic echocardiogram (TTE)	CPT®
TTE for congenital cardiac anomalies; complete	93303
TTE for congenital cardiac anomalies; limited study	93304
TTE (2D) m-mode recording, complete, with spectral and color flow doppler echocardiography	93306
TTE (2D) with or without m-mode recording; complete	93307
TTE (2D) with or without m-mode recording; limited study	93308
Transesophageal echocardiogram (TEE)	
TEE (2D) including probe placement, imaging, interpretation, and report	93312
TEE for congenital cardiac anomalies; including probe placement, imaging, interpretation, and report	93315
MRI	
cardiac (CMR)	CPT®
Cardiac MRI for morphology and function without contrast	75557
Cardiac MRI for morphology and function without and with contrast	75561
MRI Chest	
MRI Chest without contrast	71550
MRI Chest with contrast	71551

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Modality	
MRI Chest with & without contrast	71552
MRI Angiography (MRA) MRA Chest	
MRA Chest (excluding myocardium) with or without contrast	71555
CT	
Cardiac (CCT)	CPT®
CT, Heart, with contrast material, for evaluation of cardiac structure and morphology	75572
CT, Heart, with contrast material, for evaluation of cardiac structure and morphology in the setting of congenital heart disease	75573
CT Angiography-cardiac (CCTA)	CPT®
CTA Heart, coronary arteries and bypass grafts (when present), with contrast, including 3D image post-processing	75574
CT-Chest	CPT®
CT Thorax without contrast	71250
CT Thorax with contrast	71260
CT Thorax without & with contrast	71270
CT Angiography-Chest (CTA Chest)	CPT®
CTA Chest without and with contrast	71275
Stress Imaging (echo, MRI, MPI)	
Stress echo	CPT®

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Modality	
Echocardiography (TTE), (2D), with or without m-mode, during rest and cardiovascular stress, with interpretation and report	93350
Echocardiography (TTE), (2D), m-mode, during rest and cardiovascular stress test using treadmill, bicycle exercise and/or pharmacologically induced stress, with interpretation	93351
Stress MRI	CPT®
Cardiac MRI for morphology and function without contrast, with stress imaging	75559
Cardiac MRI for morphology and function without and with contrast, with stress imaging	75563
Myocardial perfusion imaging (MPI)	CPT®
MPI, tomographic (SPECT) including attenuation correction, qualitative or quantitative wall motion, ejection fraction by first pass or gated technique, additional quantification, when performed); single study, at rest or stress (exercise or pharmacologic)	78451
MPI, tomographic (SPECT) (including attenuation correction, qualitative or quantitative wall motion, ejection fraction by first pass or gated technique, additional quantification, when performed); multiple studies, at rest and/or stress (exercise or pharmacologic) and/or redistribution and/or rest reinjection	78452
Pulmonary perfusion imaging	CPT®
Pulmonary perfusion imaging (e.g., particulate)	78580
Pulmonary ventilation (e.g., aerosol or gas) and perfusion imaging	78582
Quantitative differential pulmonary perfusion, including imaging when performed	78597

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Modality	
Quantitative differential pulmonary perfusion and ventilation (e.g., aerosol or gas), including imaging when performed	78598

Congenital Heart Disease Imaging Indications

- The following sections are based on the congenital heart lesion. Requests for imaging based on other cardiac conditions, such as CAD, HCM, acquired valvular lesions, should follow the adult cardiac guidelines for those conditions.

Aortopathies with CHD

- Dilated aortic arches are not uncommon with several congenital heart diseases and postoperative procedures including- Aortic stenosis, Ross repair, Tetralogy of Fallot, Transposition of the great arteries (TGA), Pulmonary atresia, hypoplastic left heart syndrome (HLHS), Truncus Arteriosis, single ventricle.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

ASD-Atrial septal defects (CD-11.2.1)

CD.CHD.0011.2.1.A
v2.0.2025

Imaging at baseline and for cardiac clinical changes

- TTE
  - CMR, CCT (CPT® 75573), and/or TEE are indicated when TTE is suboptimal and either:
    - ASD is suspected
    - To evaluate pulmonary venous connections in known ASD
  - MRA Chest or CTA Chest are when TTE shows pulmonary venous anomalies
    - If normal, repeat pulmonary vein imaging is not required
- Diagnostic catheterization is indicated when there is either:
  - Evidence of pulmonary hypertension
  - Unanswered questions on CMR/CCT for venous drainage
- Stress imaging and coronary artery imaging is based on **Stress Testing with Imaging – Indications (CD-1.4)**

Consideration of surgery

- Transesophageal echocardiogram (TEE) is recommended to guide percutaneous ASD closure

Post-procedure imaging

- TTE is indicated post ASD device placement:
  - 1 week (if Amplatzer)
  - 1 month
  - 6 months (evaluate for erosion)
  - 12 months
  - then every 1-2 years
- Due to low-risk of erosion in PFO devices- PFO device closure requires follow-up at 6-12 months. No additional evaluation unless PFO not closed see **Frequency of Echocardiography Testing (CD-2.3) PFO closure, TIPS, Cardiac device therapy, LVAD**

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Surveillance imaging ASD-surgically closed or without surgical interventions

Modality	Physiological stage / intervals for routine imaging (months)			
Physiological stage	A	B	C	D
TTE	36	24	12	12

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Anomalous Pulmonary Venous Connections (CD-11.2.2)

CD.CHD.0011.2.2.A
v2.0.2025

Imaging at baseline and for cardiac clinical changes

- TTE
  - CMR and/or MRA Chest, or CT Cardiac and/or CTA Chest at time of diagnosis if any issues with pulmonary veins or RV volume.
  - Cardiac catheterization at time of diagnosis for hemodynamic data and issues not answered on other imaging
- Routine stress imaging or coronary artery imaging not required.
- Echo, CMR, CT, per cardiology request for clinical changes
  - Diagnostic heart catheterization if questions unanswered on imaging

Consideration of surgery

- Echo, CMR, CT, per cardiology request
- Diagnostic heart catheterization if unanswered questions on other imaging is needed for surgical management

Surveillance imaging anomalous pulmonary venous connections

Modality	Physiological stage / intervals for routine imaging (months)			
Physiological stage	**A**	**B**	**C**	**D**
Echo (TTE)	36	24	12	12

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Ventricular Septal Defect (VSD) (CD-11.2.3)

CD.CHD.0011.2.3.A
v2.0.2025

Imaging at baseline and for cardiac clinical changes

- TTE
  - CMR or CCT can be performed if questions are unanswered on echo
  - Catheterization at time of diagnosis for hemodynamics if pulmonary hypertension (PH) or shunt size is a question

Consideration of surgery

- TTE
  - CMR or CCT can be performed if questions are unanswered on echo
  - Catheterization at time of diagnosis for hemodynamics if pulmonary hypertension (PH) or shunt size is a question

Surveillance imaging VSD

Modality	Physiological stage / intervals for routine imaging (months)			
Physiological stage	**A**	**B**	**C**	**D**
Echo (TTE)	36	24	12	12

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Atrioventricular Septal Defect (AV Canal, AVSD, endocardial cushion defect) (CD-11.2.4)

CD.CHD.0011.2.4.A
v2.0.2025

Imaging at baseline and for cardiac clinical changes

- TTE
  - CMR or CT Cardiac at time of diagnosis if there are unanswered questions on echo
  - Cardiac catheterization at time of diagnosis when CMR and TTE leave questions unanswered that affect individual management
- Stress imaging per **Stress Testing with Imaging – Indications (CD-1.4)**

Consideration of surgery

- TTE
  - CMR or CT Cardiac if there are unanswered questions on TTE and information is needed for surgical management
  - Cardiac catheterization if CMR and TTE leave questions unanswered that affect surgical management

Surveillance imaging-AVSD

Modality	Physiological stage / intervals for routine imaging (months)			
Physiological stage	**A**	**B**	**C**	**D**
Echo (TTE)	24	24	12	12

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Patent Ductus Arteriosus (PDA) (CD-11.2.5)

CD.CHD.0011.2.5.A
v2.0.2025

Imaging at baseline and for cardiac clinical changes

- TTE
  - MRI or MRA Chest or CT or CTA Chest if there are questions left unanswered by echo
  - Cardiac catheterization for hemodynamics (if planned device closure, diagnostic cardiac catheterization is not indicated as it is included in the procedure code)
- Stress imaging per **Stress Testing with Imaging – Indications (CD-1.4)**

Consideration of surgery

- TTE
- MR Chest or CT Chest if there are unanswered questions on echo and information is needed for surgical management

Surveillance imaging PDA

Modality	Physiological stage / intervals for routine imaging (months)			
Physiological stage	**A**	**B**	**C**	**D**
Echo (TTE)	36	24	12	12

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Cor Triatriatum (CD-11.2.6)

CD.CHD.0011.2.6.A
v2.0.2025

Imaging at baseline and for cardiac clinical changes

- TTE
  - CMR and/or MRA Chest or CT Cardiac and/or CTA Chest indicated as baseline, with clinical changes, and prior to surgery
  - Diagnostic catheterization may be approved if additional information is required for medical management

Consideration of surgery

- TTE
- CMR and/or MRA Chest or CT Cardiac and/or CTA Chest

Surveillance imaging

- Stress imaging per **Stress Testing with Imaging – Indications (CD-1.4)**

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Congenital Mitral Stenosis (CD-11.2.7)

CD.CHD.0011.2.7.A
v2.0.2025

Imaging at baseline and for cardiac clinical changes

- TTE

Consideration of surgery

- TTE

Surveillance imaging congenital mitral stenosis

Modality	Physiological stage / intervals for routine imaging (months)			
Physiological stage	**A**	**B**	**C**	**D**
Echo (TTE)	24	24	12	12

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Subaortic Stenosis (SAS) (CD-11.2.8)

CD.CHD.0011.2.8.A
v2.0.2025

This section relates to subaortic stenosis caused by a discrete membrane or tunnel-like obstruction.

Imaging at baseline and for cardiac clinical changes

- Echo (TTE) (CPT® 93303 or 93304 or 93306 or 93308)
- Stress echo (CPT® 93350 or 93351) or SPECT MPI (CPT® 78452) or Stress MRI (CPT® 75559 or 75563)
  - Once at the time of diagnosis
  - New or changed signs or symptoms of ischemia
  - Changes in cardiac function
  - Any signs or symptoms allowed in **Stress Testing with Imaging – Indications (CD-1.4)**

Consideration of surgery

- Echo (TTE) (CPT® 93303 or 93304 or 93306 or 93308)
- Stress echo (CPT® 93350 or 93351) or SPECT MPI (CPT® 78452) or Stress MRI (CPT® 75559 or 75563)

Surveillance imaging SAS

Modality	Physiological stage / intervals for routine imaging (months)			
Physiological stage	**A**	**B**	**C**	**D**
Echo (TTE)	24	24	12	12
Stress imaging		24	24	12

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Congenital Valvular Aortic Stenosis (CD-11.2.9)

CD.CHD.0011.2.9.A
v2.0.2025

Imaging at baseline and for cardiac clinical changes

- TTE
- TEE is medically necessary when TTE limited or equivocal
- MRA Chest or CTA Chest if one of the following:
  - Suspicion of Coarctation based on exam and echocardiogram
  - Proximal ascending aorta not well visualized on TTE

Consideration of surgery

- TTE
- TEE is medically necessary when TTE limited or equivocal

Surveillance imaging congenital valvular aortic stenosis

Modality	Physiological stage / intervals for routine imaging			
Stage (valvular AS)	**Progressive (stage B) Mild Vmax 2.0-2.9 m/s**	**Progressive (stage B) Moderate Vmax 3.0-3.9 m/s**	**Severe (stage C) ≥4.0 m/s**	**Aortic root dilation >4.5 cm**
echo (TTE)	3 years	1 years	6 months	12 months
MRA Chest or CTA				if ascending allowed yearly

Degree of aortic stenosis (AS) severity			
	Mild AS	**Moderate AS**	**Severe AS**
Vmax (m/s)[a] maximum Doppler velocity	2.0-2.9	3.0-3.9	≥4.0

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Degree of aortic stenosis (AS) severity			
	Mild AS	**Moderate AS**	**Severe AS**
Mean gradient (mmHg)[a]	<30	30-49	≥50
AVA (cm^2) aortic valve area	>1.5	1.0-1.5	<1.0
AVAi (cm^2/m^2 BSA) indexed aortic valve area	≥1.0	0.6-0.9	<0.6
[a]At normal transvalvular flow, BSA= body surface area			

Adapted from: ESC Guidelines for the management of grown-up congenital heart disease (new version 2010): The Task Force on the Management of Grown-up Congenital Heart Disease of the European Society of Cardiology (ESC).

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Aortic disease in Turner Syndrome (CD-11.2.10)

CD.CHD.0011.2.10.A
v2.0.2025

Dissection more common for a given aortic diameter. Mid-ascending aortic disease more common and my not be reliably seen on echocardiogram

Imaging at baseline and for cardiac clinical changes

- TTE
- MRA Chest or CTA Chest to rule out mid ascending aortic aneurysm if mid aorta was not seen on echocardiogram

Consideration of surgery

- TTE
- MRA Chest or CTA Chest if mid aorta was not seen on echocardiogram

Surveillance imaging aortic disease in Turner Syndrome

- Echocardiogram (TTE) yearly
  - MRA Chest or CTA if mid ascending aorta not visualized
- For documented thoracic aortic aneurysm (TAA) ≤ 4cm
  - Routine MRA Chest or CTA yearly
- For documented thoracic aortic aneurysm (TAA) > 4cm
  - MRA Chest or CTA every 6 months.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Supravalvular Aortic Stenosis (CD-11.3.1)

CD.CHD.0011.3.1.A
v2.0.2025

Supravalvular aortic stenosis is a relatively rare condition overall but is seen commonly in individuals with Williams syndrome or homozygous familial hypercholesterolemia.

Imaging at baseline and for cardiac clinical changes

- TTE
- MRA Chest or CTA Chest
- Cardiac MRI or CTA Cardiac to assess coronary ostia
- New cardiac symptoms-any of the following:
  - CT Cardiac or cardiac MR
  - CTA Chest or MRA Chest
  - Stress imaging as per **Stress Testing with Imaging – Indications (CD-1.4)**

Consideration of surgery

- Cardiac catheterization for any individuals pre-cardiac intervention for coronary arteries

Surveillance imaging- Supravalvular AS

Modality	Physiological stage / intervals for routine imaging (months)			
Physiological stage	**A**	**B**	**C**	**D**
TTE	24	24	12	12
CMR or CCT	36	36	36	36

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Coarctation of the Aorta (CD-11.3.2)

CD.CHD.0011.3.2.A
v2.0.2025

Coarctation is suspected based on clinical findings:
- BP higher in upper extremities than in the lower extremities
- Absent femoral pulses
- Continuous murmur
- Abdominal bruit
- Berry aneurysm with hemorrhage
- Rib notching on x-ray
- Abnormal thoracic aortic imaging and blood pressures

Imaging at baseline and for cardiac clinical changes
- TTE
  - No further imaging is required if echocardiogram (TTE), blood pressure, and exam rule out Coarctation.
  - If echo and exam are equivocal or positive one of the following is indicated:
    - CTA Chest
    - MRA Chest
  - Individuals with Coarctation of the aorta do not require intra-cardiac MRI unless issue cannot be resolved on echocardiogram.
  - Screening for intracranial aneurysm by MRA (70544, 70545, 70546) or CTA (70496) of head is allowed
- ETT for diagnosis of exercise induced hypertension does not require imaging
- Cardiac MRI not required unless issues unresolved by echo for intracardiac anatomy
- Diagnostic catheterization can be approved prior to stenting of the coarctation
- Stress imaging, TEE, Cardiac MRI or CT, Coronary imaging not routine

Symptomatic
- Individuals with Coarctation are at risk for dissection. When individual has new or worsening symptoms any of the following:
  - Echocardiogram (TTE)
  - MRA Chest or CTA.
- For exertional symptoms, one of the following:
  - Stress imaging-per **Stress Testing with Imaging – Indications (CD-1.4)**
  - Cardiac MRI or CT Cardiac

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Consideration of surgery

- TTE
- MRA Chest or CTA Chest if TTE is equivocal or positive
- Diagnostic catheterization can be approved prior to stenting of the coarctation

Surveillance imaging Coarctation of the Aorta

Modality	Physiological stage / intervals for routine imaging (months)			
Physiological stage	**A**	**B**	**C**	**D**
TTE	24	24	12	12
MRA Chest or CTA Chest	36	36	12	12

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Valvular Pulmonary Stenosis (CD-11.3.3)

CD.CHD.0011.3.3.A
v2.0.2025

Imaging at baseline and for cardiac clinical changes

- TTE
- For issues affecting management not well visualized on TTE
  - Cardiac MRI or CT Cardiac
  - MRA Chest or CTA Chest

Consideration of surgery

- TTE
- Cardiac MRI or CT Cardiac and/or MRA Chest or CTA Chest for issues affecting surgical management not well visualized on TTE

Valvular PS imaging and testing

- Echocardiogram-stages
  - Mild PS – peak gradient <36 mmHg (peak velocity < 3m/s)
  - Moderate PS-peak gradient 36-64 mmHg (peak velocity 3-4 m/s)
  - Severe PS-peak gradient >64 mmHg (peak velocity > 4 m/s); or mean gradient >35 mmHg.
- Routine stress imaging is not required
- Routine chest or cardiac or ischemia workup not required.

Surveillance imaging Valvular PS

Modality	Physiological stage / intervals for routine imaging (months)			
Physiological stage	**A**	**B**	**C**	**D**
TTE	36	24	12	12

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Isolated Pulmonary regurgitation after PS repair-Echo and CMR at same interval as TOF

Modality	Physiological stage / intervals for routine imaging (months)			
Physiological stage	**A**	**B**	**C**	**D**
TTE	24	12	12	12
CMR	36	24	12	12

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Branch and Peripheral pulmonary stenosis (CD-11.3.4)

CD.CHD.0011.3.4.A
v2.0.2025

Overview
- Can be seen in newborns as a normal variant in the first 6 months of life
- Can be seen in surgeries of right ventricular outflow (TOF)
  - Noonan
  - Alagille
  - Williams
  - Maternal rubella exposure
  - Keutel syndrome

Imaging at baseline and for cardiac clinical changes
- TTE
- MRA Chest or CTA Chest
- Cardiac CT or Cardiac MR
- catheterization may be considered if other advanced imaging is not adequate for management
- VQ scan or MRA Chest for differential blood flow

Consideration of surgery
- TTE
- MRA Chest or CTA Chest
- catheterization is indicated when other advanced imaging does not provide necessary information for surgical management

Surveillance imaging branch and peripheral pulmonary stenosis

Modality	Physiological stage / intervals for routine imaging (months)			
Physiological stage	**A**	**B**	**C**	**D**
TTE	24	24	12	12

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Modality	Physiological stage / intervals for routine imaging (months)			
Physiological stage	**A**	**B**	**C**	**D**
Cardiac MRI or CT Cardiac	36	36	24	24
MRA Chest or CTA Chest	36	36	24	24

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Double chambered RV (CD-11.3.5)

CD.CHD.0011.3.5.A
v2.0.2025

Imaging at baseline and for cardiac clinical changes

- TTE

Consideration of surgery

- TTE

Surveillance imaging double chambered right ventricle (RV)

Modality	Physiological stage / intervals for routine imaging (months)			
Physiological stage	**A**	**B**	**C**	**D**
Echo (TTE)	24	24	12	12

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Ebstein Anomaly (CD-11.3.6)

CD.CHD.0011.3.6.A
v2.0.2025

Imaging at baseline and for cardiac clinical changes

- TTE
- TEE if TTE is not adequate
- Cardiac MRI or CT Cardiac

Consideration of surgery

- TEE
- Cardiac MRI or CT Cardiac

Surveillance imaging Ebstein Anomaly

Modality	Physiological stage / intervals for routine imaging (months)			
Physiological stage	**A**	**B**	**C**	**D**
Echo (TTE)	12	12	12	12
Cardiac MRI or CT Cardiac	60	36	24	12

Cardiac Imaging Guidelines

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Tetralogy of Fallot (TOF, VSD with PS) (CD-11.3.7)

CD.CHD.0011.3.7.A
v2.0.2025

Includes TOF with pulmonary atresia, VSD PA

Imaging at baseline and for cardiac clinical changes

Baseline

- TTE
- Cardiac MR or CTA Cardiac
- MRA Chest or CTA Chest
- Cardiac catheterization if other advanced imaging leaves unanswered questions

New or worsening symptoms

- Repeat baseline advanced imaging
  - New or worsening symptoms
  - New EKG changes
- Stress imaging (stress echo, stress MRI, or MPI) allowed for typical chest pain, even if intermediate pretest probability at atypical symptoms in individuals with known or undefined coronary artery (CA) anatomy or CA pathology
- VQ scan or MRA chest for left/right perfusion abnormality

Prior to cardiac intervention or surgery

- Repeat baseline imaging (Echo/MR/CT)
- catheterization prior to surgery or intervention
  - If planned Catheter Pulmonary Valve replacement, procedure includes diagnostic catheterization and hemodynamics and diagnostic catheterization is not billed separately

Surveillance imaging Tetralogy of Fallot (TOF)

Modality	Physiological stage / intervals for routine imaging (months)			
Physiological stage	**A**	**B**	**C**	**D**
TTE	24	12	12	12

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Modality	Physiological stage / intervals for routine imaging (months)			
Physiological stage	**A**	**B**	**C**	**D**
Cardiac MRI or CCTA	36	24	12	12
CTA Chest or MRA	36	24	12	12

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Right Ventricle-to-Pulmonary Artery Conduit (CD-11.3.8)

CD.CHD.0011.3.8.A
v2.0.2025

Imaging at baseline and for cardiac clinical changes

- TTE
- Cardiac MRI or CTA Cardiac
- MRA Chest or CTA Chest
- catheterization allowed for new symptoms or with new imaging findings as needed for management
- Stress imaging (stress echo, stress MRI or MPI) as requested for cardiac symptoms

Consideration of surgery- Surgical repair for many lesions such as TOF/ Truncus / Pulmonary atresia

- TTE
- Cardiac MRI or CTA Cardiac
- MRA Chest or CTA Chest

Surveillance imaging Right Ventricle-to-Pulmonary Artery Conduit

Modality	Physiological stage / intervals for routine imaging (months)			
Physiological stage	**A**	**B**	**C**	**D**
TTE	12	12	12	12
CMR or CCTA	36	36	12	12
MRA Chest or CTA Chest	36	36	12	12

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Transposition of the great arteries (TGA) (CD-11.3.9)

CD.CHD.0011.3.9.A
v2.0.2025

Imaging at baseline and for cardiac clinical changes

- TTE
- Cardiac MRI or CCTA
- MRA Chest or CTA

In addition to repeat imaging with the above baseline studies, the following studies are indicated as follows:

- Stress imaging as requested for symptoms or signs of ischemia
- V/Q scan for left to right PA perfusion or MRA Chest
- Symptomatic individuals should be offered stress physiological imaging and repeat anatomic imaging considered if symptoms are suggestive of coronary ischemia (regardless of diamond forester pretest probability category)
- catheterization right and left heart when above advanced imaging does not explain clinical issues

Consideration of surgery

- TTE
- Cardiac MRI or CCTA
- MRA Chest or CTA

Surveillance imaging TGA

Modality	Physiological stage / intervals for routine imaging (months)			
Physiological stage	**A**	**B**	**C**	**D**
TTE	12	12	12	12
CMR or CCTA	36	24	12	12
MRA Chest or CTA Chest	36	24	12	12

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Congenitally corrected TGA (CD-11.3.10)

CD.CHD.0011.3.10.A
v2.0.2025

Imaging at baseline and for cardiac clinical changes

- TTE
- CMR or CCTA and MRA or CTA Chest
- Repeat CMR and/or Echo for changes in clinical status

Consideration of surgery

- TTE
- CMR and MRA Chest

Surveillance imaging congenitally corrected TGA

Modality	Physiological stage / intervals for routine imaging (months)			
Physiological stage	**A**	**B**	**C**	**D**
Echo (TTE)	12	12	12	12
CMR or CCTA	36	36	12	12
CTA Chest or MRA Chest	36	36	12	12

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Fontan Palliation of Single Ventricle Physiology (CD-11.3.11)

CD.CHD.0011.3.11.A
v2.0.2025

Including Tricuspid Atresia and Double Inlet Left Ventricle, HLHS, HRHS, PA, Mitral atresia, AVC unbalanced, single ventricle, DIRV, pulmonary atresia, HLHS, Glen procedure, TA, double outlet right ventricle (DORV), and single ventricle physiology

Imaging at baseline and for cardiac clinical changes

- TTE
- CMR or CCTA for issues that are equivocal on TTE (can be done annually vs. based on below chart for individuals who have prior issues that were equivocal on echo, and the data is required for management
- Cardiac catheterization prior to surgical interventions
- Echo/CMR or CCTA/MRA Chest or CTA Chest/catheterization with any new signs or symptoms
- V/Q scan or MRA for lung perfusion left vs. right

Consideration of surgery

- Cardiac catheterization prior to surgical interventions

Surveillance imaging Fontan Palliation of Single Ventricle Physiology

Modality	Physiological stage / intervals for routine imaging (months)			
Physiological stage	**A**	**B**	**C**	**D**
Echo (TTE)	12	12	12	12
CMR or CT Cardiac	36	24	24	24
CTA Chest or MRA	36	24	24	24
Cardiac catheterization	120 (10 years)	120 (10 years)	120 (10 years)	120 (10 years)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Severe Pulmonary Artery Hypertension (PH) and Eisenmenger Syndrome (CD-11.3.12)

CD.CHD.0011.3.12.A
v2.0.2025

Imaging at baseline and for cardiac clinical changes

- TTE
  - Initial diagnosis
  - With new signs or symptoms
- Cardiac catheterization
  - Echo (TTE) results suggest PH
  - New signs or symptoms with PH

Consideration of surgery

- TTE
- Cardiac catheterization if TTE suggests PH

Surveillance imaging Severe Pulmonary artery hypertension (PH) and Eisenmenger syndrome

Modality	Physiological stage / intervals for routine imaging (months)			
Physiological stage	**A**	**B**	**C**	**D**
TTE			6	6
CMR or CCT			As needed	As needed
MRA Chest or CTA Chest			As needed	As needed
catheterization			As needed	As needed

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Coronary artery anomalies (CD-11.3.13)

CD.CHD.0011.3.13.A
v2.0.2025

Imaging at baseline and for cardiac clinical changes

- TTE
  - At baseline
  - Any signs or symptoms
- Coronary CT or CMR or catheterization for initial evaluation
- Coronary artery from wrong sinus-baseline stress imaging regardless of symptoms
- Stress imaging for any cardiac signs or symptoms
- For Kawasaki GL regarding echo, Stress imaging, coronary imaging, see pediatric GL **Kawasaki Disease (PEDCD-6)**

Consideration of surgery

- TTE
- Coronary CT or CMR or catheterization

Evidence Discussion (CD-11)

Adult Congenital Heart Disease Imaging

- Management of Adult Congenital heart (ACHD) disease involves a multimodal imaging approach. Multimodal imaging helps account for patient-specific considerations, strengths and weaknesses of each modality, institutional resources, and available expertise. Approaches to limit and monitor radiation exposure are recommended during imaging of individuals with ACHD, and studies that do not involve ionization radiation should be prioritized whenever appropriate.
- Echocardiogram, MRI, CT, catheterization, and nuclear stress testing all have strengths and weaknesses, including varying radiation levels, temporal resolution, spatial resolution, and ability to image blood flow. Advantages of the various modalities are as follows: MRI has the ability to image the right ventricle in 3 dimensions; Echocardiograms include high temporal resolution and availability, and the ability to measure pressures with catheterizations; Cardiac CTs have the ability to rapidly acquire 3D imaging; and nuclear imaging allows the ability to measure myocardial perfusion concerns.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (CD-11)

v2.0.2025

1. Mcelhinney DB, Quartermain MD, Kenny D, Alboliras E, Amin Z. Relative Risk Factors for Cardiac Erosion Following Transcatheter Closure of Atrial Septal Defects. *Circulation*. 2016;133(18):1738-1746. doi:10.1161/circulationaha.115.019987.
2. Center for Devices and Radiological Health. 2018 Meeting Materials of the Circulatory System Devices Panel. U.S. Food and Drug Administration. https://www.fda.gov/advisory-committees/circulatory-system-devices-panel/2018-meeting-materials-circulatory-system-devices-panel. Published December 3, 2018.
3. Doherty JU, Kort S, Mehran R, Schoenhagen P, Soman P. ACC/AATS/AHA/ASE/ASNC/HRS/SCAI/SCCT/SCMR/STS 2019 Appropriate Use Criteria for Multimodality Imaging in the Assessment of Cardiac Structure and Function in Nonvalvular Heart Disease. *J Nucl Cardiol*. 2019;26(4):1392-1413. doi:10.1007/s12350-019-01751-7.
4. Stout KK, Daniels CJ, Aboulhosn JA, et al. 2018 AHA/ACC Guideline for the Management of Adults with Congenital Heart Disease: A Report of the American College of Cardiology/American Heart Association Task Force on Clinical Practice Guidelines. *Circulation*. 2019;139(14). doi:10.1161/cir.0000000000000603
5. Silvestry FE, Cohen MS, Armsby LB, et al. Guidelines for the Echocardiographic Assessment of Atrial Septal Defect and Patent Foramen Ovale: From the American Society of Echocardiography and Society for Cardiac Angiography and Interventions. *J Am Soc Echocardiogr* . 2015;28(8):910-958. doi:10.1016/j.echo.2015.05.015.
6. El#Said HG, Bratincsak A, Foerster SR, et al. Safety of Percutaneous Patent Ductus Arteriosus Closure: An Unselected Multicenter Population Experience. *Journal of the American Heart Association*. 2013;2(6). doi:10.1161/jaha.113.000424.
7. Franklin RCG, Béland MJ, Colan SD, et al. Nomenclature for congenital and paediatric cardiac disease: the International Paediatric and Congenital Cardiac Code (IPCCC) and the Eleventh Iteration of the International Classification of Diseases (ICD-11). *Cardiology in the Young*. 2017;27(10):1872-1938. doi:10.1017/s1047951117002244.
8. Whelton PK, Carey RM, Aronow WS, et al. 2017 ACC/AHA/AAPA/ABC/ACPM/AGS/APhA/ASH/ASPC/NMA/PCNA Guideline for the Prevention, Detection, Evaluation, and Management of High Blood Pressure in Adults: A Report of the American College of Cardiology/American Heart Association Task Force on Clinical Practice Guidelines. *Hypertension*. 2018;71(6). doi:10.1161/hyp.0000000000000065.
9. Shen W-K, Sheldon RS, Benditt DG, et al. 2017 ACC/AHA/HRS Guideline for the Evaluation and Management of Patients with Syncope: A Report of the American College of Cardiology/American Heart Association Task Force on Clinical Practice Guidelines and the Heart Rhythm Society. *Circulation*. 2017;136(5). doi:10.1161/cir.0000000000000499.
10. Page RL, Joglar JA, Caldwell MA, et al. 2015 ACC/AHA/HRS Guideline for the Management of Adult Patients with Supraventricular Tachycardia. *Circulation*. 2016;133(14). doi:10.1161/cir.0000000000000311.
11. Chaikof EL, Dalman RL, Eskandari MK, et al. The Society for Vascular Surgery practice guidelines on the care of patients with an abdominal aortic aneurysm. *Journal of Vascular Surgery*. 2018;67(1). doi:10.1016/j.jvs.2017.10.044.
12. AMPLATZER PFO Occluder: PFO Closure Device. Abbott Cardiovascular. https://www.cardiovascular.abbott/us/en/hcp/products/structural-heart/amplatzer-pfo.html.
13. Madhkour R, Wahl A, Praz F, Meier B. Amplatzer patent foramen ovale occluder: safety and efficacy. *Expert Review of Medical Devices*. 2019;16(3):173-182. doi:10.1080/17434440.2019.1581060.
14. Drummond A. AMPLATZER Patent Foramen Ovale (PFO) Occluder: FDA Review of P120021 Office of Device Evaluation Center for Devices and Radiological Health (CDRH) Food and Drug Administration May 24, 2016. https://www.fda.gov/media/98643/download.
15. Updates to Instructions for Use (IFU) concerning Erosion with the Amplatzer Atrial Septal Occluder (ASO). Last updated on 06 Jul 2014. https://www.hsa.gov.sg/content/hsa/
16. Amsterdam EA, Wenger NK, Brindis RG, et al. 2014 AHA/ACC Guideline for the Management of Patients with Non–ST-Elevation Acute Coronary Syndromes. *Circulation*. 2014;130(25)doi:10.1161/cir.0000000000000134.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

17. Priori SG, Wilde AA, Horie M, et al. Executive summary: HRS/EHRA/APHRS expert consensus statement on the diagnosis and management of patients with inherited primary arrhythmia syndromes. *EP Europace*. 2013;15(10):1389-1406. doi:10.1093/europace/eut272.
18. Daniels CJ, Bradley EA, Landzberg MJ, et al. Fontan-Associated Liver Disease. *J Am Coll Cardiol*. 2017;70(25):3173-3194. doi:10.1016/j.jacc.2017.10.045.
19. Collado FMS, Poulin MF, Murphy JJ, Jneid H, Kavinsky CJ. Patent Foramen Ovale Closure for Stroke Prevention and Other Disorders. *Journal of the American Heart Association*. 2018;7(12). doi:10.1161/jaha.117.007146.
20. Khairy P, Hare GFV, Balaji S, et al. PACES/HRS Expert Consensus Statement on the Recognition and Management of Arrhythmias in Adult Congenital Heart Disease. *Canadian Journal of Cardiology*. 2014;30(10). doi:10.1016/j.cjca.2014.09.002.
21. Kusumoto FM, Schoenfeld MH, Barrett C, et al. 2018 ACC/AHA/HRS Guideline on the Evaluation and Management of Patients with Bradycardia and Cardiac Conduction Delay. *J Am Coll Cardiol*. 2018. doi:10.1016/j.jacc.2018.10.044.
22. Fleisher LA, Fleischmann KE, Auerbach AD, et al. 2014 ACC/AHA Guideline on Perioperative Cardiovascular Evaluation and Management of Patients Undergoing Noncardiac Surgery. *J Am Coll Cardiol*. 2014;64(22). doi:10.1016/j.jacc.2014.07.944.
23. Galiè N, Humbert M, Vachiery J-L, et al. 2015 ESC/ERS Guidelines for the diagnosis and treatment of pulmonary hypertension. *European Respiratory Journal*. 2015;46(4):903-975. doi:10.1183/13993003.01032-2015.
24. Otto CM, Kumbhani DJ, Alexander KP, et al. 2017 ACC Expert Consensus Decision Pathway for Transcatheter Aortic Valve Replacement in the Management of Adults with Aortic Stenosis. *J Am Coll Cardiol*. 2017;69(10):1313-1346. doi:10.1016/j.jacc.2016.12.006.
25. O'gara PT, Kushner FG, Ascheim DD, et al. 2013 ACCF/AHA Guideline for the Management of ST-Elevation Myocardial Infarction. *J Am Coll Cardiol*. 2013;61(4). doi:10.1016/j.jacc.2012.11.019.
26. Stout KK, Daniels CJ, Aboulhosn JA, et al. 2018 AHA/ACC Guideline for the Management of Adults with Congenital Heart Disease. *J Am Coll Cardiol*. 2018;73(12). doi:10.1016/j.jacc.2018.08.1029.
27. Elkayam U, Goland S, Pieper PG, Silversides CK. High-Risk Cardiac Disease in Pregnancy. *J Am Coll Cardiol*. 2016;68(4):396-410. doi:10.1016/j.jacc.2016.05.048.
28. Sachdeva R, Valente AM, Armstrong AK, et al. ACC/AHA/ASE/HRS/ISACHD/SCAI/SCCT/SCMR/SOPE 2020 Appropriate Use Criteria for Multimodality Imaging During the Follow-Up Care of Patients with Congenital Heart Disease. *J Am Coll Cardiol*. 2020;75(6):657-703. doi:10.1016/j.jacc.2019.10.002.
29. Rychik J, Atz AM, Celermajer DS, et al. Evaluation and Management of the Child and Adult With Fontan Circulation: A Scientific Statement From the American Heart Association [published online ahead of print, 2019 Jul 1]. *Circulation*. 2019; doi:10.1161/CIR.0000000000000696.
30. Pickard SS, Prakash, A, Newburger JW et al. Screening for intracranial aneurysms in coarctation of the Aorta: A Decision and Cost-Effectiveness Analysis. Circulation: Cardiovasc Qual Outcomes. 2020; 13:e006406 doi 10.1161/CIRCOUTCOMES.119.006406

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Perinatal Imaging in Cardiovascular Disease

Guideline

Diagnostic Cardiovascular Imaging Pre-Pregnancy to Post-Partum (CD-15.1)
Maternal imaging in cardiovascular disease (CD-15.2)
Maternal Imaging in Individuals with Aortopathy (CD-15.3)
Imaging in Pregnancy with Congenital Heart Disease (CHD) (CD-15.4)
References (CD-15)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Diagnostic Cardiovascular Imaging Pre-Pregnancy to Post-Partum (CD-15.1)

CD.MI.0015.1.A
v2.0.2025

Peripartum Red Flag Signs and Symptoms

Imaging as requested, as listed within **Imaging Modalities in Maternal Imaging** (Echocardiogram, Exercise stress echo, Coronary angiography, Cardiac MRI), is indicated for peripartum individuals for any of the following **red flag** signs or symptoms:

- Chest pain
- Dyspnea
- Orthopnea
- Cough
- Lower extremity edema when there is a concern for heart disease
- Tachycardia
- Unheralded syncope
- Headache
- Acute visual changes
- New onset hypotension
- Hypertension

Imaging Modalities

General information

Ultrasound and magnetic resonance are the preferred imaging modalities to minimize radiation exposure in pregnancy. When imaging using ionizing radiation is necessary, radiation exposure should follow the ALARA principle (As Low As Reasonably Achievable). Shared decision making regarding diagnostic testing should occur in consultation with the individual, cardiologist, and obstetrical team when weighing the risk of fetal exposure to radiation against the need to diagnose or plan treatment for serious illness.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Transthoracic echocardiography (TTE)

- TTE (CPT® 93306) is the primary cardiac imaging modality in pregnancy. Baseline and surveillance echocardiography is indicated for several conditions as noted in **Maternal imaging in cardiovascular disease (CD-15.2)** Table 1.
- A repeat echocardiogram is indicated when there are new or worsening cardiovascular signs or symptoms, as described in **Peripartum Red Flags**, **Transthoracic Echocardiography (TTE)– Indications/initial evaluation (CD-2.2)** and **Frequency of Echocardiography Testing (CD-2.3)**, during and after pregnancy.

Exercise Stress Echo

- Exercise stress echo (CPT® 93350, 93351) is indicated pre-conception to assist with risk stratification in individuals with a documented history of **any** of the following:
  - Current left ventricular dysfunction
  - Previous history of left ventricular dysfunction
  - Valvular heart disease of any severity
  - There is a concern for myocardial reserve
- See Stress echocardiogram in **Stress Testing with Imaging – Indications (CD-1.4)** and **Stress echo–indications other than ruling out CAD (CD-2.7)**
- See **Hypertrophic Cardiomyopathy (CD-14)**

Coronary Angiography

- Fetal risk from ionizing radiation is highest before 20 weeks gestational age. When coronary angiography is medically necessary, the ALARA principle should be followed. Invasive management of acute coronary syndrome is associated with lower in-hospital mortality and should be considered. See **Diagnostic Heart Catheterization**

Cardiac MRI

- Cardiac MRI (CPT® 75557) is utilized in pregnant individuals to measure aortic dimensions, wall motion and ventricular function when the echocardiogram is non-diagnostic. Gadolinium-based contrast agents are not necessary in aortic imaging or most other indications in pregnancy. See **Cardiac MRI**.

Evidence Discussion

- Cardiovascular disease (CVD) in pregnancy has become increasingly prevalent in recent years.
- The increase in plasma volume during pregnancy requires significant physiological adaptation.
- Maternal mortality has increased in the last two decades with CVD accounting for 33% of all deaths.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

- Invasive management of myocardial infarction (MI) is associated with lower in-hospital mortality.
- Research has underrepresented females of childbearing age leading to significant deficits in our knowledge of cardiovascular care of these individuals.
- Cardiac Imaging using ionizing radiation
  - Multiple imaging modalities expose the pregnant individual and fetus to ionizing radiation.
  - This exposure causes concern for an elevated risk of childhood cancer.
  - Shared decision-making should be employed when weighing the fetal exposure to radiation against the need to diagnose serious illness

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Maternal imaging in cardiovascular disease (CD-15.2)

CD.MI.0015.2.A
v2.0.2025

Table 1: Suggested frequency of echo monitoring during pregnancy

Cardiovascular disease	Monitoring frequency
Hypertensive disorders of pregnancy (BP ≥130/90)	• An echocardiogram (TTE) (CPT® 93303, 93304, 93306, 93307, 93308) is indicated once during pregnancy in all hypertensive disorders of pregnancy. • A repeat TTE is indicated when there are new or worsening cardiovascular signs or symptoms
Valvular disorders/ Native and Prosthetic	• One TTE is indicated during the first trimester (weeks 1-12 of pregnancy) for individuals with known or suspected valvular heart disease. • A repeat TTE is indicated when there are new or worsening cardiovascular signs or symptoms
Severe Aortic stenosis (AS)	• A repeat TTE is indicated every 1-2 months or when there are new or worsening cardiovascular signs or symptoms
Mitral stenosis (MS)	• TTE is indicated each trimester (12 weeks) and prior to delivery in individuals with mild MS. • TTE is indicated every 1–2 months in individuals with moderate to severe MS. • A repeat TTE is indicated when there are new or worsening cardiovascular signs or symptoms
Dilated cardiomyopathy	• TTE is indicated during each trimester (12 weeks) • A repeat TTE is indicated when there are new or worsening cardiovascular signs or symptoms
Hypertrophic cardiomyopathy	• TTE is indicated in **asymptomatic** individuals each trimester • TTE is indicated in **symptomatic** individuals every 1-2 months. • A repeat TTE is indicated when there are new or worsening cardiovascular signs or symptoms

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Cardiovascular disease	Monitoring frequency
Peripartum cardiomyopathy	• TTE is indicated in individuals with signs and symptoms of heart failure. • A repeat TTE is indicated when there are new or worsening cardiovascular signs or symptoms ◦ TTE is indicated in subsequent pregnancies: ▪ At the time of the first prenatal visit ▪ At the end of the first and second trimesters ▪ One month prior to delivery ▪ After delivery prior to discharge ▪ One month postpartum ▪ At any time when there are worsening signs or symptoms of heart failure • TTE is indicated as requested when the individual is being treated with Cabergoline for peripartum cardiomyopathy
Pulmonary hypertension	• TTE is indicated in individuals with signs and symptoms of pulmonary hypertension • A repeat TTE is indicated at the discretion of the health care provider.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Maternal Imaging in Individuals with Aortopathy (CD-15.3)

CD.MI.0015.3.A
v2.0.2025

Pre-pregnancy imaging

Individuals at risk for aortic aneurysms **(Table 15-3-1)** should be evaluated with echocardiogram (TTE) **and** Computed Tomography (CT)/ Magnetic Resonance Imaging (MRI) of the Chest/Abdomen/Pelvis **(Table 15-3-2)** within 1 year prior to conception to evaluate for aortic valve disease and aortic dimensions.

Table 15-3-1

Individuals at risk for aortic aneurysm, aortic dissection, limb-threatening ischemia
Bicuspid Aortic Valve
Turner Syndrome
Coarctation of the Aorta
Marfan Syndrome
Type IV Ehlers-Danlos
Loeys-Dietz
Familial Thoracic Aortic Disease and Aortic Dissection (defined as first-degree relative with history of aortic dissection or thoracic aortic aneurysm or two second-degree relatives with history of aortic dissection or thoracic aortic aneurysm)

Table 15-3-2

Imaging for Aortic conditions	CPT®
CT Chest and/or Abdomen and/or Pelvis	71260 74177 74160 72193

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Imaging for Aortic conditions	CPT®
CTA Chest and/or Abdomen and/or Pelvis	71275 74175 72191 74174
MRA Chest and/or Abdomen and/or Pelvis	71555 74185 72198
Transthoracic Echocardiogram (TTE)	93303 93304 93306 93307 93308
Transesophageal Echocardiogram (TEE)	93312 93313 93314 93315 93316 93317
Doppler echocardiography-is indicated as add-on codes for TEE	+93320 +93321 +93325

Surveillance imaging during pregnancy and postpartum

Follow-up imaging with Echocardiogram (TTE) and CTA/MRA. TEE can be substituted if TTE is equivocal.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Suggested Frequency of Aortic Imaging during pregnancy and postpartum in individuals known to be high-risk for aortic aneurysm

Table 15-3-3

Condition	WHO Class	Imaging frequency	Postpartum (up to 42 days after birth)
Turner Syndrome	• II-III: Aortic root <20mm/m^2 with associated risk factors or <25 mm/m without associated risk factors	• Once during pregnancy if normal aortic dimension, or every two months if repaired coarctation	• Once during the postpartum period
	• IV: Aortic root ≥20mm/m2 with associated risk factors or ≥25 mm/m without associated risk factors	• Every 6 weeks if aorta diameter dilated >30mm	• Once during the postpartum period
	• Any patient with Turner who has severe coarctation	• At discretion of provider	• Once during the postpartum period
Marfan Syndrome	• III: Aortic root <45mm, mod-severe Aortic Insufficiency	• Every trimester if <40mm	• Once during the postpartum period
	• IV: Aortic root ≥45mm, history of dissection	• Every 6 weeks if aorta is ≥40mm	• Once during the postpartum period
Vascular Ehlers-Danlos	• Type IV	• Every 6 weeks	• Once during the postpartum period
Loeys-Dietz	• III: Aortic diameter <40mm	• Every 6 weeks	• Once during the postpartum period
	• IV: Aortic diameter ≥40mm	• Every 6 weeks	• Once during the postpartum period

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Condition	WHO Class	Imaging frequency	Postpartum (up to 42 days after birth)
Familial thoracic aortic aneurysms and dissections	• III: Aortic diameter <40mm	• Every trimester if <40mm aortic diameter	• Once during the postpartum period
	• IV: Aortic diameter ≥40mm	• Every 6 weeks if ≥40mm aortic diameter	• Once during the postpartum period

Background and Supporting Information

First-degree relative (sibling, parent, child).

Second-degree relative (aunt/uncles, grandparent, niece, nephew, cousin, or half-sibling of an individual)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Imaging in Pregnancy with Congenital Heart Disease (CHD) (CD-15.4)

CD.MI.0015.4.A
v2.0.2025

Pre-pregnancy imaging based on the World Health Organization (WHO) chart for imaging in pregnancy with CHD

Imaging modality and indication	CPT®
Echo (TTE) when planning pregnancy	93306
TEE if TTE equivocal	93312
CMR (cardiac MRI) can be performed prior to pregnancy in those lesions where CMR would be routinely performed at some later date	75557
CTA or MRA of chest if known aortic disease, Pulmonary artery disease, anomalous pulmonary veins, anomalous systemic veins. (also see peripartum aortopathy table.)	71275, 71555
Echo with new signs or symptoms	93303, 93304, 93306, 93308
Postpartum imaging per provider requested frequency	imaging as noted above
Stress imaging pre/during pregnancy when known coronary artery anomaly, pulmonary hypertension, LVOT obstruction, cardiac dysfunction, single ventricle	93350, 93351, 93320, 93325
WHO II, III, IV, can have echo/MR/CT/stress imaging prior to pregnancy	imaging as noted above

- Congenital heart disease imaging in pregnancy
  - Echocardiogram (TTE) when planning pregnancy
  - TEE if TTE equivocal
  - CMR can be performed prior to planning pregnancy in those lesions where CMR would be routinely performed at some later date

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

- CTA Chest or MRA Chest of arch if known disease with aortic involvement or if known dilation
- Repeat echocardiogram and MR (can be without gad) can be performed based on the WHO classification II, III, IV, or other risk factors
- Severe complex CHD TTE (93306)
  - Every 2-4 weeks for major physiological changes
  - As often as needed for any of the following:
    - Pulmonary hypertension
    - Changes in function
    - To guide delivery after 24 weeks
- Echo can be performed if new signs or symptoms during pregnancy
- Postpartum first year can have more frequent imaging
- Stress imaging pre/during pregnancy for individuals with known coronary artery anomaly, pulmonary hypertension, LVOT obstruction, cardiac dysfunction, single ventricle.
- WHO II, III, IV, can have echo/MR/CT/stress imaging prior to pregnancy
- WHO I-one echocardiogram during pregnancy
- WHO II-one echocardiogram per trimester during pregnancy
- WHO II/III-echocardiogram every 2 months during pregnancy
- WHO III/IV-echocardiogram monthly during pregnancy
  - Individuals may require more (even weekly) if treatment decision, delivery is considered.

- Syndromes that allow cardiac imaging at the time of diagnosis if not previously done. This list is not exhaustive
  - DiGeorge/velocardiofacial (22q11.2)
  - Down syndrome (trisomy 21)
  - Holt Oram (TBX5)
  - Klinefelter syndrome (47 XXY)
  - Noonan (PTPN11, KRAS, SOS1 RAF1, NRAS, BRAF, MAP2K1)
  - Turner (45X)
  - Williams (7q11.23 deletion)
  - Any syndrome associated with congenital heart disease.
- Echocardiogram at time of Diagnosis (either genetic testing or clinical features)
- CMR or CCTA if arch involved in disease.

Surveillance Imaging

Surveillance imaging after baseline studies.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

TTE frequency after initial imaging, (Individuals who also have aortopathy can have Chest MRA in addition to echo at same frequency.) Individuals with known poor/ inadequate imaging on echo, can have CMR in lieu of echocardiogram.

The World Health Organization modified classification of maternal cardiovascular risk

The World Health Organization established a modified classification of maternal cardiovascular risk used as a tool to evaluate risk status for pregnant individuals with various cardiovascular conditions.

Class	Risk	Sample Lesions
WHO Class I	No detectable increased risk of maternal mortality and no or mild increase in morbidity.	• Mild Pulmonary stenosis • Small PDA • Mild MVP • Successfully repaired simple lesions (ASD, VSD, PDA, anomalous pulmonary venous drainage) • Isolated PACs or PVCs
WHO Class II	Small increased risk of maternal mortality or moderate increase in morbidity.	• Un-operated ASD or VSD • Repaired TOF (uncomplicated) • Most arrhythmias
WHO Class II-III	Intermediate increased risk of maternal mortality or moderate to severe increase in morbidity.	• Mild left ventricular impairment • Hypertrophic cardiomyopathy • Native or tissue valvular heart disease not considered WHO I or IV • Aorta <45 mm in aortic disease associated with bicuspid aortic valve • Repaired coarctation

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Class	Risk	Sample Lesions
WHO Class III	Significantly increased risk of maternal mortality or severe morbidity. • Expert counseling required. • If pregnancy is decided upon, intensive specialist cardiac and obstetric monitoring needed throughout pregnancy, childbirth and the postpartum period.	• Mechanical valve • Systemic right ventricle • Fontan circulation • Unrepaired cyanotic heart disease • Other complex congenital heart disease
WHO Class IV	Extremely high-risk of maternal mortality or severe morbidity. • Pregnancy contraindicated. • If pregnancy occurs, termination should be discussed. • If pregnancy continues, care as for WHO class III.	• Pulmonary arterial hypertension from any cause • Severe systemic ventricular dysfunction (LVEF <30%, NYHA functional class III-IV) • Severe mitral stenosis; severe symptomatic aortic stenosis • Aortic dilation ≥50 mm in aortic disease associated with bicuspid aortic valve • Native severe coarctation of the aorta

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (CD-15)

v2.0.2025

1. Park K, Bairey Merz CN, Bello NA, et al. Management of Women With Acquired Cardiovascular Disease From Pre-Conception Through Pregnancy and Postpartum: JACC Focus Seminar 3/5. *J Am Coll Cardiol*. 2021;77(14):1799-1812. doi:10.1016/j.jacc.2021.01.057.
2. Lindley KJ, Bairey Merz CN, Asgar AW, et al. Management of Women With Congenital or Inherited Cardiovascular Disease From Pre-Conception Through Pregnancy and Postpartum: JACC Focus Seminar 2/5. *J Am Coll Cardiol*. 2021;77(14):1778-1798. doi:10.1016/j.jacc.2021.02.026.
3. O'Kelly AC, Sharma G, Vaught AJ, Zakaria S. The Use of Echocardiography and Advanced Cardiac Ultrasonography During Pregnancy. *Curr Treat Options Cardiovasc Med*. 2019;21(11):71. Published 2019 Nov 21. doi:10.1007/s11936-019-0785-5.
4. Bello NA, Bairey Merz CN, Brown H, et al. Diagnostic Cardiovascular Imaging and Therapeutic Strategies in Pregnancy: JACC Focus Seminar 4/5. *J Am Coll Cardiol*. 2021;77(14):1813-1822. doi:10.1016/j.jacc.2021.01.056.
5. Hemnes AR, Kiely DG, Cockrill BA, et al. Statement on pregnancy in pulmonary hypertension from the Pulmonary Vascular Research Institute. *Pulm Circ*. 2015;5(3):435-465. doi:10.1086/682230.
6. Steiner JM, Lokken E, Bayley E, et al. Cardiac and Pregnancy Outcomes of Pregnant Patients With Congenital Heart Disease According to Risk Classification System. Am J Cardiol. 2021;161:95-101. doi:10.1016/j.amjcard.2021.08.037.
7. Canobbio MM, Warnes CA, Aboulhosn J, et al. Management of Pregnancy in Patients With Complex Congenital Heart Disease: A Scientific Statement for Healthcare Professionals From the American Heart Association. Circulation. 2017;135(8):e50-e87. doi:10.1161/CIR.0000000000000458.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Cardiotoxic Agent-Related Cardiac Dysfunction

Guideline

Cardiotoxic Agent-Related Cardiac Dysfunction (CD-12)
References (CD-12)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Cardiotoxic Agent-Related Cardiac Dysfunction (CD-12)

CD.CS.0012.A
v2.0.2025

Cardiotoxic agent/Cancer Therapeutics-Related Cardiac Dysfunction (CD-12.1)

Transthoracic Echocardiogram (TTE)

Transthoracic Echocardiogram (TTE) is indicated to determine Left Ventricular (LV) function in individuals on cardiotoxic chemotherapeutic drugs

- 3D echocardiography CPT® 93319 is indicated in addition to the primary TTE and is the preferred echocardiography modality for the assessment of left ventricular ejection fraction (LVEF) and cardiac volumes. See **3D Echocardiography (CD 2.9)**
- Myocardial strain imaging (CPT® 93356) to obtain a Global Longitudinal Strain (GLS) is indicated as an important adjunct in screening for CTRCD. See **Myocardial Strain Imaging (CD 12.2)**

Multimodality imaging

- Guidelines support using echocardiography rather than MUGA for the determination of LVEF and/or wall motion EXCEPT in one of the circumstances described previously in **MUGA Study – Cardiac Indications (CD-3.4)**. (see **Background and supporting Information** below).
- CT coronary calcium scoring (CPT® 75571) is indicated every 5 years to screen for radiation induced coronary artery disease, unless previous coronary calcium score is >0 in cancer survivors who have received chest radiation therapy.
- Cardiac MRI (CMR) is indicated in the evaluation of CTRCD for the following:
  - TTE is not diagnostic
  - Tissue characterization for cardiomyopathy or myocarditis, particularly when Immune Checkpoint Inhibitor Myocarditis is being questioned.
  - See also **Cardiac MRI and MRA Chest – Indications (CD 5.2)**.

Frequency of CTRCD screening

- Baseline
  - All patients can have a baseline TTE prior to initiation of cardiotoxic agents
- During treatment with cardiotoxic agents

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

- The frequency of monitoring depends on the agent administered and the patient's baseline cardiovascular toxicity risk. (See **Background and Supporting Information** below)

- Post treatment with cardiotoxic agents surveillance
  - One TTE is indicated 3 to 12 months after completion of therapy
- Adult cancer survivors
  - Long term surveillance TTE is indicated every 5 years, except in those with low risk
  - Additional surveillance TTE, at 1 and 3 years after cancer therapy completion is indicated in those deemed to be high risk for CTRCD
- Adult survivors of childhood and adolescent cancer
  - Surveillance TTE is indicated every 2 years for survivors with indeterminate risk due to unknown cancer therapy history
  - Surveillance TTE is indicated every 2 years for high risk survivors, defined as a history of any of the following:
    - Radiation dose ≥30 Gy
    - Anthracycline dose of ≥100 mg/m^2 and radiation dose ≥15 Gy
    - Anthracycline dose ≥250 mg/m^2
  - Surveillance TTE is indicated every 5 years for moderate risk survivors, defined as a history of any of the following:
    - Radiation dose ≥15 to <30 Gy
    - Anthracycline dose of < 250 mg/m^2 and radiation dose <15 Gy
  - No screening is indicated in low risk survivors, defined as a history of any of the following:
    - Anthracycline dose of >0 to <100 mg/m^2
    - Radiation dose >0 to <15 Gy
- TTE is indicated for cancer survivors with a history of chest radiotherapy or anthracycline exposure who are pregnant or planning to become pregnant as follows:
  - Baseline exam
  - 12 weeks of pregnancy if missed the baseline TTE or in high risk survivors
  - 20 weeks of pregnancy for high risk survivors
  - TTE can be repeated for any cardiac symptoms at any other time as needed during or immediately following pregnancy
- Adults who received anthracyclines in childhood see **Cardiotoxicity and Echocardiography (PEDONC-19.2)**

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Background and Supporting Information

- High value screening protocol to detect CTRCD using TTE (CPT® 93306 or 93308) is contingent upon careful baseline cardiotoxicity risk assessment and stratification into low, moderate and high risk. Currently, there is no universally accepted risk score, documentation of risk by the provider is sufficient to guide screening strategy.
- Advantages of Echocardiography in comparison to MUGA in individuals on cardiotoxic chemotherapy:
  - No ionizing radiation
  - No IV access required when echo contrast is not used
  - Allows view of the pericardium to look for effusion
  - Allows estimate of pulmonary pressure
  - May allow visualization of a clot or tumor in the Inferior Vena Cava (IVC) and/or the right heart

Myocardial Strain Imaging (CD-12.2)

- Myocardial strain imaging (CPT® 93356) in addition to the primary echocardiogram in individuals receiving therapy with cardiotoxic agents for ANY of the following:
  - Initial evaluation-prior to treatment with EITHER:
    - Medications that could result in cardiotoxicity/heart failure
    - Radiation that could result in cardiotoxicity/heart failure
  - Re-evaluation of an individual previously or currently undergoing therapy as per echocardiogram parameters. See **Cardiotoxic agent/Cancer Therapeutics-Related Cardiac Dysfunction (CD-12.1)**
  - Re-evaluation of an individual undergoing therapy with worsening symptoms

Mavacamten for Obstructive Hypertrophic Cardiomyopathy (HCM) (CD-12.3)

Echocardiogram (CPT® 93306) is indicated for individuals treated with mavacamten for class II-III obstructive HCM as follows:

Initiation of treatment

- Baseline-at the beginning of treatment
- 4 weeks after treatment initiation
- 8 weeks after treatment initiation
- 12 weeks after treatment initiation
- Then every 12 weeks while on mavacamten

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Changes in treatment

- 4 weeks after any interruption of treatment (any missed dose)
- After any dosage change (including restart of treatment):
  - 4 weeks after dosage change
  - 12 weeks after dosage change
- After initiating a weak CYP2C19 inhibitor (e.g., omeprazole) or moderate CYP3A4 inhibitor (e.g., ciprofloxacin):
  - 4 weeks after start of medication
  - 12 weeks after start of medication
- At any time regardless of timing of prior echo when there are new cardiac signs or symptoms, or worsening of clinical status

See also **Hypertrophic Cardiomyopathy (HCM) (CD-14)**

Background and Supporting Information

Hypertrophic Cardiomyopathy (HCM) is a clinical diagnosis, established by imaging with 2D echocardiography or cardiovascular magnetic resonance (CMR) showing a maximal end-diastolic wall thickness of ≥ 15 mm anywhere in the left ventricle, in the absence of another cause of hypertrophy in adults. More limited hypertrophy (13–14 mm) can be diagnostic, particularly when present in family members of a patient with HCM or in conjunction with a positive genetic test, and/or associated with typical dynamic outflow obstruction, or distinctly abnormal ECG patterns.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (CD-12)

CD.CS.0012.A
v2.0.2025

1. Hendel RC, Berman DS, Carli MFD, et al. ACCF/ASNC/ACR/AHA/ASE/SCCT/SCMR/SNM 2009 Appropriate Use Criteria for Cardiac Radionuclide Imaging. *Circulation*. 2009;119(22). doi:10.1161/circulationaha.109.192519.
2. Genentech: Herceptin® (trastuzumab)-Information for Healthcare Providers. Genentech: Herceptin® (trastuzumab)-Information for Healthcare Providers. https://www.gene.com/medical-professionals/medicines/herceptin.
3. Virizuela JA, García AM, Peñas RDL, et al. SEOM clinical guidelines on cardiovascular toxicity (2018). *Clinical and Translational Oncology*. 2019;21(1):94-105. doi:10.1007/s12094-018-02017-3.
4. Friedman DL, Hudson MM. Health Link: Heart Health. Long-Term Follow-Up Guidelines for Survivors of Childhood, Adolescent, and Young Adult Cancers. http://www.survivorshipguidelines.org/. Published October 2018.
5. Marian AJ, Braunwald E. Hypertrophic Cardiomyopathy: Genetics, Pathogenesis, Clinical Manifestations, Diagnosis, and Therapy. Circ Res. 2017;121(7):749-770. doi:10.1161/CIRCRESAHA.117.311059.
6. CAMZYOS. Highlights of Prescribing Information. Bristol Myers Squibb. April 2022. https://packageinserts.bms.com/pi/pi_camzyos.pdf.
7. Lopez-Mattei J, et al. Cardiac computed tomographic imaging in cardio-oncology: An expert consensus document of the Society of Cardiovascular Computed Tomography (SCCT). Endorsed by the International Cardio-Oncology Society (ICOS). *J Cardiovasc Comput Tomogr*. 2023 Jan-Feb;17(1):66-83.
8. Ehrhardt MJ, Leerink JM, et al. Systematic review and updated recommendations for cardiomyopathy surveillance for survivors of childhood, adolescent, and young adult cancer from the International Late Effects of Childhood Cancer Guideline Harmonization Group. *Lancet Oncol.* 2023 Mar;24(3):e108-e120.
9. Lyon AR, Wilhelm M, Zamorano JL. et al. 2022 ESC Guidelines on cardio-oncology developed in collaboration with the European Hematology Association (EHA), the European Society for Therapeutic Radiology and Oncology (ESTRO) and the International Cardio-Oncology Society (IC-OS). *Eur Heart J*. 2022 Nov 1;43(41):4229-4361.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Cardiac Sarcoidosis

Guideline

Cardiac Sarcoidosis (CD-3.9)
References (CD-3.9)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Cardiac Sarcoidosis (CD-3.9)

CD.CS.0003.9.A
v2.0.2025

Imaging indications

Suspected cardiac sarcoidosis

- Cardiac MRI with gadolinium (CPT® 75561) is medically necessary initial imaging for identification of suspected cardiac sarcoidosis.
- Cardiac PET (CPT® 78432 or CPT® 78433) **OR** PET metabolic study (CPT® 78459 or CPT® 78429) and SPECT perfusion image (CPT® 78451) is medically necessary for suspected cardiac sarcoidosis for any of the following indications:
  - Initial imaging when there is a contraindication to MRI imaging (non-MRI safe pacemaker, renal failure)
  - Initial Cardiac MRI is equivocal or additional information is needed based on results from the MRI
  - To confirm diagnosis if suggested by MRI
  - Initial imaging to evaluate for suspected cardiac sarcoidosis when there is documented sarcoidosis outside of the heart

Monitoring of treatment of established cardiac sarcoidosis

- PET-Cardiac PET metabolic is indicated to monitor therapy in cardiac sarcoidosis. Requires PET with F-18 FDG metabolic study combined with a PET perfusion study (CPT® 78432 or CPT® 78433) OR PET metabolic study (CPT® 78459 or CPT® 78429) and SPECT perfusion image (CPT® 78451).
  - Prior to treatment of cardiac sarcoidosis
  - PET (heart FDG metabolic with perfusion study as above) can be repeated at 3-6 month intervals if there is active disease or to make therapeutic decisions.

Evidence Discussion

- Cardiac imaging is reasonable to detect cardiac sarcoidosis in the following:
  - Any patient with extra cardiac sarcoidosis even if no cardiac symptoms
  - Echo with basal thinning of the intraventricular septum, depressed EF <50 or regional wall motion abnormality not associated with CAD
  - Young patients with unexplained ventricular tachycardia, especially monomorphic VT

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

  - Patients with unexplained cardiomyopathy or heart failure (i.e., CAD has been ruled out)
  - Patients with unexplained arrhythmia especially advanced AV block or VT
- Initial imaging should be cardiac MRI with late gadolinium enhancement (LGE) protocol unless there is a contraindication to MRI imaging (non-MRI safe pacemaker, renal failure). Absence of LGE is a strong negative predictor for low rates of cardiac morbidity and mortality from cardiac sarcoidosis and further testing is not usually indicated.
- PET – Metabolic imaging with F-18 FDG for diagnosis if there is a contraindication to MRI and cardiac sarcoidosis is suspected. This requires PET with F-18 FDG metabolic study combined with a PET perfusion study.
- Full body PET/CT (CPT® 78815) is not indicated for the diagnosis or monitoring response to therapy of cardiac sarcoidosis. It may be considered to assist in diagnosis and/or treatment options in some instances of pulmonary sarcoidosis. See **Sarcoid (CH-15.1)** in the Chest Imaging Guidelines

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

References (CD-3.9)

CD.CS.0003.9.A

v2.0.2025

1. Birnie DH, Sauer WH, Bogun F, et al. HRS expert consensus statement on the diagnosis and management of arrhythmias associated with cardiac sarcoidosis. *Heart Rhythm*. 2014;11(7):1305-1323. doi:10.1016/j.hrthm.2014.03.043.
2. Blankstein R, Waller AH. Evaluation of Known or Suspected Cardiac Sarcoidosis. *Circ Cardiovasc Imaging*. 2016;9(3):e000867. doi:10.1161/CIRCIMAGING.113.000867.
3. Bravo PE, Singh A, Di Carli MF, Blankstein R. Advanced cardiovascular imaging for the evaluation of cardiac sarcoidosis. *J Nucl Cardiol* . 2019;26(1):188-199. doi:10.1007/s12350-018-01488-9.
4. Kim SJ, Pak K, Kim K. Diagnostic performance of F-18 FDG PET for detection of cardiac sarcoidosis; A systematic review and meta-analysis. *J Nucl Cardiol* . 2020;27(6):2103-2115. doi:10.1007/s12350-018-01582-y.
5. Manabe O, Oyama-Manabe N, Aikawa T, et al. Advances in Diagnostic Imaging for Cardiac Sarcoidosis. *J Clin Med* . 2021;10(24):5808. doi:10.3390/jcm10245808.
6. Ramirez R, Trivieri M, Fayad ZA, et al. Advanced Imaging in Cardiac Sarcoidosis. *J Nucl Med* . 2019;60(7):892-898. doi:10.2967/jnumed.119.228130
7. Writing group; Document reading group; EACVI Reviewers: This document was reviewed by members of the EACVI Scientific Documents Committee for 2014–2016 and 2016–2018. A joint procedural position statement on imaging in cardiac sarcoidosis: from the Cardiovascular and Inflammation & Infection Committees of the European Association of Nuclear Medicine, the European Association of Cardiovascular Imaging, and the American Society of Nuclear Cardiology. *Eur Heart J Cardiovasc Imaging* . 2017;18(10):1073-1089. doi:10.1093/ehjci/jex146.
8. Terasaki F, Azuma A, Anzai T, et al. JCS 2016 Guideline on Diagnosis and Treatment of Cardiac Sarcoidosi-Digest Version. *Circ J* . 2019;83(11):2329-2388. doi:10.1253/circj.CJ-19-0508.
9. Trivieri MG, Spagnolo P, Birnie D, et al. Challenges in Cardiac and Pulmonary Sarcoidosis: JACC State-of-the-Art Review. *J Am Coll Cardiol* . 2020;76(16):1878-1901. doi:10.1016/j.jacc.2020.08.042.
10. Ungprasert P, Carmona EM, Utz JP, et al. Epidemiology of Sarcoidosis 1946-2013: A Population-Based Study. *Mayo Clin Proc* . 2016;91(2):183-188. doi:10.1016/j.mayocp.2015.10.024.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Cardiac Amyloidosis

Guideline

Myocardial Tc-99m Pyrophosphate Imaging in Cardiac Amyloidosis (CD-3.8)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Myocardial Tc-99m Pyrophosphate Imaging in Cardiac Amyloidosis (CD-3.8)

CD.NC.0003.7.A
v2.0.2025

Coding

MUGA (Multi Gated Acquisition) – Blood Pool Imaging	CPT®
Myocardial Imaging, infarct avid, planar, qualitative or quantitative	78466
Myocardial Imaging, infarct avid, planar, qualitative or quantitative with ejection fraction by first pass technique	78468
Myocardial Imaging, infarct avid, planar, qualitative or quantitative tomographic SPECT with or without quantification	78469
Radiopharmaceutical Localization Imaging Limited area	78800
Radiopharmaceutical Localization Imaging SPECT Note: When reporting CPT® 78803, planar imaging of a limited area or multiple areas should be included with the SPECT	78803
Radiopharmaceutical localization of tumor, inflammatory process or distribution of radiopharmaceutical agent(s) (includes vascular flow and blood pool imaging, when performed); tomographic (SPECT) with concurrently acquired computed tomography (CT) transmission scan for anatomical review, localization and determination/detection of pathology, single area (e.g., head, neck, chest, pelvis), single-day imaging	78830

- Historically this method of imaging the myocardium was used to identify recent infarction, hence, the term "infarct-avid scan." Although still available, the sensitivity and specificity for identifying infarcted myocardial tissue are variable and the current use for this indication is limited. See **Cardiac MRI (CD-5)**.
- Tc-99m pyrophosphate imaging (CPT® 78469, 78803, or 78830) is indicated to identify cardiac amyloidosis.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

- Chest SPECT and planar imaging may be used, as well as whole-body imaging for identification of systemic ATTR (transthyretin) amyloidosis.
- For a single planar imaging session alone (without a SPECT study), report CPT® 78800 Radiopharmaceutical Localization Imaging Limited are

Indications

Tc-99m pyrophosphate imaging (CPT® 78469, 78803, or 78830) is indicated for **any** of the following:

- For diagnosis of ATTR amyloidosis in an individual undergoing evaluation for kidney transplant when **both**:
  - There is known systemic amyloidosis
  - Cardiac MRI (CMR) is either contraindicated or indeterminate. See **Kidney Transplant, Pre-Transplant Imaging Studies (AB-42.5)**.
- For diagnosis of ATTR amyloidosis after negative screening for presence of a monoclonal light chain to exclude AL amyloidosis when AL (light-chain) amyloidosis is suspected for one of the following abnormalities:
  - Serum kappa/lambda free light chain ratio (not SPEP)
    - Abnormal if ratio is <0.26 or >1.65
  - Serum or urine immunofixation electrophoresis (IFE)
    - Abnormal if monoclonal protein detected
- Diagnosis of cardiac ATTR in an individual with cardiac MRI or echocardiography findings consistent with or suggestive of cardiac amyloidosis
- Diagnosis of cardiac ATTR in an individual with known systemic amyloidosis or ATTR gene positive
- Diagnosis of an individual with suspected cardiac ATTR amyloidosis when there is a contraindication to CMR such as renal insufficiency or an implantable cardiac device

Note:

Cardiac follow-up should be based on Echocardiogram, Tn, NT-proBNP, clinical exam and symptom

Background and Supporting Information

- The following conditions would raise high index of suspicion:
  - Left ventricular hypertrophy but low voltage on ECG
  - Heart failure with preserved ejection fraction and an increase in left ventricular wall thickness.
  - Unexplained heart failure with preserved ejection fraction and concomitant right heart failure in an individual over the age of 60

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

- Individuals, especially elderly males, with signs/symptoms of heart failure and any of the following:
  - Lumbar spinal stenosis
  - Spontaneous biceps tendon rupture
  - Bilateral carpal tunnel syndrome
  - Atrial arrhythmia in the absence of usual risk factors
- Known or suspected familial amyloidosis.
- Low flow, low gradient aortic stenosis

Evidence Discussion

Appropriate Use Criteria from major professional societies including the American College of Cardiology and the American Heart Association support the use of myocardial perfusion imaging (MPI) with single photon emission computed tomography (SPECT) for patients with signs or symptoms consistent with coronary artery disease (CAD) such as typical angina. In addition, they support the use of SPECT perfusion imaging in symptomatic patients with known CAD and those with prior interventions such as coronary artery bypass surgery, coronary stenting, and preoperative risk stratification. These guidelines balance the appropriate testing of patients with SPECT versus unnecessary and potentially harmful testing and downstream procedures.

Also, as supported by society guidelines, use of SPECT is indicated in detection of cardiac transthyretin amyloidosis (ATTR) after light chain amyloidosis (AL) is ruled out by appropriate blood and urine testing.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Cardiac Trauma

Guideline

Cardiac Trauma Imaging (CD-10.1)
References (CD-10)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Cardiac Trauma Imaging (CD-10.1)

CD.CS.0010.1.A
v2.0.2025

Cardiac Trauma Imaging (CD-10.1)

- One of the following can be used to evaluate cardiac or aortic trauma:
  - Echocardiogram (TTE, TEE)
  - Cardiac MRI Cardiac (CPT® 75557 or CPT® 75561, and CPT® 75565)
  - Cardiac CT Cardiac (CPT® 75572)
  - CCTA (CPT® 75574)
  - Chest CTA Chest (CPT® 71275)
  - Chest CT Chest (CPT® 71260, CPT® 71270)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (CD-10)

CD.CS.0010.1.A

v2.0.2025

1. Conn A. Chest trauma. In: Trauma: A Comprehensive Emergency Medicine Approach. New York, NY: Cambridge University Press; 2011:190-212.
2. Stojanovska J, Hurwitz Koweek LM, Chung JH, et al. ACR Appropriateness Criteria® Blunt Chest Trauma-Suspected Cardiac Injury. Revised 2020. Am Coll Radiolo (ACR). Available at https://acsearch.acr.org/docs/3082590/Narrative/.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Congestive Heart Failure

Guideline

Congestive Heart Failure (CD-9)
References (CD-9)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Congestive Heart Failure (CD-9)

CD.CS.0009.A
v2.0.2025

CHF – Imaging (CD-9.1)

- Congestive heart failure (CHF), including post-cardiac transplant failure:
  - Echocardiogram is the first study after the clinical evaluation for suspected CHF.
  - MUGA, cardiac MRI or cardiac CT may be indicated if the ECHO is limited or does not completely answer the question.
  - Stress test to assess for CAD may be indicated. Follow stress testing guideline: **Stress Testing with Imaging – Indications (CD-1.4)**
- Arteriovenous fistula with "high output" heart failure:
  - CT Chest with contrast (CPT® 71260) and/or CT Abdomen and/or CT Pelvis with contrast (CPT® 74160 or CPT® 72193 or CPT® 74177) **OR**
  - CTA Chest (CPT® 71275) and/or CTA Abdomen and/or CTA Pelvis (CPT® 74175 or CPT® 72191 or CPT® 74174) **OR**
  - MRI Chest and/or MRI Abdomen and/or MRI Pelvis without and with contrast (CPT® 71552 and/or CPT® 74183 and/or CPT® 72197) **OR**
  - MRA Chest and/or MRA Abdomen and/or MRA Pelvis (CPT® 71555 and/or CPT® 74185 and/or CPT® 72198)
- Right-sided congestive heart failure can be a manifestation of pulmonary hypertension or serious lung disease.
  - CT Chest (CPT® 71260) or CTA Chest (CPT® 71275) to evaluate for recurrent pulmonary embolism

Evidence Discussion

- Congestive heart failure is a complex clinical syndrome with signs and symptoms that are a result of structural and/or functional impairment of ventricular ejection or filling which results in objective evidence of pulmonary or systemic congestion.
- Identification of the etiology of the cardiac dysfunction is crucial in the diagnosis of heart failure (HF) to determine subsequent management.
- Evaluation of HF usually entails multiple different diagnostic tools incorporating tools such as echocardiogram, stress testing, genetic testing, nuclear imaging, CT/ MRI imaging, endomyocardial biopsy and cardiac catheterization.
- Treatment of heart failure (HF) is targeted towards treating the underlying cause, improving the function and structure of the heart, reducing mortality and morbidity. This not only includes medications but may also entail the use of

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

cardiac resynchronization devices, monitoring devices, ventricular assist devices, cardiothoracic surgery and heart transplant.

Myocardial Sympathetic Innervation Imaging in Heart Failure (CD-3.6)

- Nuclear imaging using I-123-meta-iodobenzylguanidine (I-123-mIBG) in an attempt to image increased myocardial sympathetic activity is considered to be experimental and investigational.
- The AMA has established the following set of Category III codes to report these studies:
  - CPT® 0331T Myocardial sympathetic innervation imaging, planar qualitative and quantitative assessment
  - CPT® 0332T Myocardial sympathetic innervation imaging, planar qualitative and quantitative assessment; with tomographic SPECT.

Background and Supporting Information

In heart failure, the sympathetic nervous system is activated in order to compensate for the decreased myocardial function. Initially, this is beneficial, however, long-term this compensatory mechanism is detrimental and causes further damage.

Markers have been developed, using radioactive iodine, in an attempt to image this increased myocardial sympathetic activity. Currently, AdreView™ (Iodine-123 meta-iodobenzylguanidine), is the only FDA-approved imaging agent available for this purpose.

Evidence Discussion

I-123-meta-iodobenzylguanidine (MIBG) imaging of the sympathetic nerve activity of the heart has been proposed and approved for the identification of patients with heart failure. However, its clinical utility has not found widespread acceptance and its clinical usefulness remains in question. There are no societal guidelines for its routine use. The guidelines contain many other imaging platforms such as echocardiography, magnetic resonance imaging, perfusion and metabolic imaging that have proven superior for the diagnosis and management of patients with heart failure.

Left ventricular assist devices (LVAD) (CD-9.4)

Left ventricular assist devices (LVAD) are implantable devices used in individuals with advanced heart failure refractory to medical therapy as a bridge to transplantation or as a destination therapy.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Pre-LVAD implant

The following imaging studies are indicated for preoperative evaluation prior to planned LVAD implant:

- TTE (CPT® 93306)
- 3D rendering for echocardiography (CPT® 76376 or CPT® 76377)
- Cardiac MRI (CPT® 75557 or CPT® 75561) and CMR velocity flow mapping (CPT® 75565)
- CT Chest (CPT® 71250 or CPT® 71260) or CTA Chest (CPT® 71275) or MRI Chest (CPT® 71552) or MRA Chest (CPT® 71555)
- CTA Abdomen and Pelvis (74174) or MRA Abdomen and Pelvis (CPT® 74185 and CPT® 72198)
- CT Coronary Angiography (CPT® 75574) in individuals post-coronary artery bypass grafting to assess the location and course of the bypass grafts to guide the surgical approach
- Transesophageal echocardiography (CPT® 93312, 93320, 93325)
- Right heart catheterization (CPT® 93451) or Right and left heart catheterization (CPT 93453)

Post LVAD implant

TTE (CPT® 93306) is indicated as follows:

- Post-implant at the following intervals:
  - 2 weeks
  - One month
  - Three months
  - Six months
  - Twelve months
  - Every 6 months thereafter

CT

- CTA Chest (CPT® 71275) or CT Chest with contrast (CPT® 71260) is indicated for evaluation of LVAD malfunction
- CT Chest without contrast (CPT® 71250) or CT Chest with contrast (CPT® 71260) indicated for the evaluation of LVAD-related infections

FDG PET/CT for LVAD driveline infection (CPT® 78815 or CPT® 78429)

- Early infection detection for LVAD drivelines is desirable, since once the infection extends to the cannula and pump pocket, eradication becomes difficult. CT findings are nonspecific and metal device artifacts of the driveline itself affects sensitivity.
- FDG PET/CT can be approved for suspected LVAD infection if other studies and examination remain inconclusive.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

- See **FDG PET/CT for Infections (CD-6.5)**

Right heart catheterization (RHC)

- RHC (CPT® 93451) or Right and Left heart catheterization (CPT® 93453) as needed for hemodynamic assessment to guide changes to therapy

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (CD-9)

CD.CS.0009.A
v2.0.2025

1. Yancy CW, Jessup M, Bozkurt B, et al. 2013 ACCF/AHA Guideline for the Management of Heart Failure: Executive Summary: A Report of the American College of Cardiology Foundation/American Heart Association Task Force on Practice Guidelines. Circulation. 2013;128(16):1810-1852. doi:10.1161/cir.0b013e31829e8807.
2. Yancy CW, Jessup M, Bozkurt B, et al. 2016 ACC/AHA/HFSA Focused Update on New Pharmacological Therapy for Heart Failure: An Update of the 2013 ACCF/AHA Guideline for the Management of Heart Failure. *Journal of Cardiac Failure*. 2016;22(9):659-669. doi:10.1016/j.cardfail.2016.07.001.
3. Ponikowski P, Voors AA, Anker SD, et al. 2016 ESC Guidelines for the diagnosis and treatment of acute and chronic heart failure. *European Heart Journal*. 2016;37(27):2129-2200. doi:10.1093/eurheartj/ehw128.
4. Nakata T, Nakajima K, Yamashina S, et al. A Pooled Analysis of Multicenter Cohort Studies of 123I-mIBG Imaging of Sympathetic Innervation for Assessment of Long-Term Prognosis in Heart Failure. *JACC: Cardiovascular Imaging*. 2013;6(7):772-784. doi:10.1016/j.jcmg.2013.02.007.
5. Stainback RF, Estep JD, Agler DA, et al. Echocardiography in the Management of Patients with Left Ventricular Assist Devices: Recommendations from the American Society of Echocardiography. *Journal of the American Society of Echocardiography*. 2015;28(8):853-909. doi:10.1016/j.echo.2015.05.008.
6. Slaughter MS, Pagani FD, Rogers JG, et al. Clinical management of continuous-flow left ventricular assist devices in advanced heart failure. The Journal of Heart and Lung Transplantation. 2010;29(4). doi:10.1016/j.healun.2010.01.011.
7. Kirklin JK, Pagani FD, Goldstein DJ, et al. American Association for Thoracic Surgery/International Society for Heart and Lung Transplantation guidelines on selected topics in mechanical circulatory support. *J Thorac Cardiovasc Surg*. 2020;159(3):865-896. doi:10.1016/j.jtcvs.2019.12.021.
8. Saeed D, Feldman D, Banayosy AE, et al. The 2023 International Society for Heart and Lung Transplantation Guidelines for Mechanical Circulatory Support: A 10-Year Update. *J Heart Lung Transplant*. 2023;42(7):e1-e222. doi:10.1016/j.healun.2022.12.004.
9. Pergola V, Cameli M, Dandel M, Soliman-Aboumarie H. Editorial: Multimodality imaging of left ventricular assist devices: applications in advanced heart failure. *Front Cardiovasc Med*. 2023;10:1277563. Published 2023 Sep 28. doi:10.3389/fcvm.2023.1277563.
10. Masarone D, Houston B, Falco L, et al. How to Select Patients for Left Ventricular Assist Devices? A Guide for Clinical Practice. *J Clin Med.* 2023;12(16):5216. Published 2023 Aug 10. doi:10.3390/jcm12165216.
11. Tamaki N, Manabe O. Current status and perspectives of nuclear cardiology. Ann Nucl Med. 2024 Jan;38(1):20-30. doi: 10.1007/s12149-023-01878-1.
12. Saraste A, Ståhle M, Roivainen A, Knuuti J. Molecular Imaging of Heart Failure: An Update and Future Trends. Semin Nucl Med. 2024 Apr 11:S0001-2998(24)00028-X. doi: 10.1053/j.semnuclmed.2024.03.005.
13. Doherty JU, Kort S, Mehran R, et al. ACC/AATS/AHA/ASE/ASNC/HRS/SCAI/SCCT/SCMR/STS 2019 appropriate use criteria for multimodality imaging in the assessment of cardiac structure and function in nonvalvular heart disease: A report of the American College of Cardiology Appropriate Use Criteria Task Force, American Association for Thoracic Surgery, American Heart Association, American Society of Echocardiography, American Society of Nuclear Cardiology, Heart Rhythm Society, Society for Cardiovascular Angiography and Interventions, Society of Cardiovascular Computed Tomography, Society for Cardiovascular Magnetic Resonance, and the Society of Thoracic Surgeons. *J Thorac Cardiovasc Surg.* 2019 Apr;157(4):e153-e182. doi: 10.1016/j.jtcvs.2018.12.061.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Pre-surgical Cardiac Testing

Guideline

Cardiac Surgery Imaging (CD-13)
References (CD-13)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Cardiac Surgery Imaging (CD-13)

CD.CS.0013.A
v2.0.2025

Pre-Surgical Cardiac Testing – General Information (CD-13.1)

- It is important to differentiate requests for preoperative CT imaging before cardiac surgery according to type of procedure planned:
  - Primary cardiac operation –individuals who have not had prior heart surgery
  - Redo procedures –individuals who have had a prior procedure (it is important to determine the type of procedure as this may impact which modality is most appropriate for the pre-operative assessment)
  - Minimally invasive procedures, such as minimally invasive aortic valve operations, minimally invasive or robotic mitral operations, TAVR, MitraClip™ or other percutaneous valve procedures (such as valve in valve aortic or mitral, percutaneous tricuspid and TMVR which will be increasing in the future)
- In re-operative cardiac surgery, the benefit of preoperative CT is to assess for aortic calcifications, to evaluate the anatomic relationships in the mediastinum, such as the location of the various cardiac chambers and great vessels and proximity to the sternum, and to assess for the location of prior bypass grafts. Information can then be used to change the operative strategy including non-midline approach, peripheral vascular exposure, and alternative cannulation sites and for establishing cardiopulmonary bypass before re-sternotomy. These techniques can result in decreased incidence of intraoperative injury to heart, great vessels and prior bypass grafts and lower rates of postoperative stroke. IV contrast is necessary with these studies to delineate the anatomic structures. However, in individuals with renal insufficiency, the provider might choose to forgo the contrast if does not want to contrast load the individual prior to placing them on the heart-lung machine.
- Aortic atherosclerosis is recognized as the single most important determinant of postoperative stroke. There is evidence to support that preoperative CT is associated with lower postoperative stroke rates and mortality after primary cardiac surgery.
  - CT Chest without contrast (CPT® 71250) can be performed pre-operatively to allow the surgeon to:
    - Visualize the extent and location of aortic atherosclerosis
    - Change the operative strategy such as those problematic areas are avoided

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Primary Cardiac Surgery – No Previous Cardiac Surgery (CD-13.2)

- CT Chest without contrast (CPT® 71250) to evaluate for the presence of ascending aortic calcification may be indicated prior to primary cardiac surgery when there is documented high-risk for aortic calcification including any of the following:
  - Aortic calcification on chest x-ray or other diagnostic test (TEE, fluoroscopy, etc.)
  - Calcific aortic stenosis
  - End stage renal disease (dialysis)

Re-operative cardiac surgery (CD-13.3)

- Individuals undergoing re-operative cardiac surgery may undergo **one** of the following tests for preoperative assessment:
  - CT Chest with contrast
  - CTA Chest
  - CCTA only if prior CABG (this might be in addition to CT with contrast as CCTA will not show the extent of the thoracic aorta that needs to be visualized)
  - CT Heart usually does not provide the necessary information, and is not indicated routinely.

Minimally Invasive or Robotic Cardiac Surgery (CD-13.4)

- CTA Chest CPT® 71275 (or CT Chest with contrast CPT® 71260) and CTA Abdomen and Pelvis CPT® 74174 (or CT Abdomen and Pelvis with contrast CPT® 74177) are indicated for pre-operative assessment of suitability for the approach and for procedural planning of arterial and venous cannulation and cardiopulmonary bypass for individuals being considered for minimally invasive or robotic cardiac surgical procedures including the following:
  - Valve repair or replacement
  - Coronary artery bypass graft surgery
  - Aortic root or ascending aorta repair
  - Resection of intracardiac tumor, or thrombus or vegetation
  - Open lead extraction
  - Atrial septal defect repair

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Transcatheter Valve Interventions (CD-13.5)

Transcatheter Mitral Valve Repair (mitral valve clip)

- The following imaging may be used to determine if an individual is eligible for the procedure:
  - Transthoracic echo (TTE) (CPT® 93306) with or without 3D rendering
  - Transesophageal echo with or without 3D rendering
  - Heart catheterization, including right heart catheterization if requested
  - CCT (75572) is recommended in individuals with radiation-induced valve disease
- CTA/CTV of Chest, Abdomen, and Pelvis is not indicated prior to planned transcatheter mitral valve repair.
- Post-procedure transthoracic echo (TTE) can be performed at the following intervals:
  - One month
  - Six months
  - One year
  - Then annually

Transcatheter Tricuspid Valve Replacement

Pre-procedure imaging

- The following imaging studies are indicated to determine eligibility and for procedure planning Pre-Transcatheter Tricuspid Valve Replacement (TTVR):
  - Cardiac CT CPT® 75572
  - CTV Chest CPT® 71275
  - CTV Abdomen and Pelvis CPT® 74174
  - Cardiac CT (75572) is recommended in patients with radiation-induced valve disease

Post-procedure follow up

- TTE (CPT® 93306) is indicated post-procedure at the following intervals:
  - 1 month
  - 6 months
  - 1 year
  - Then annually

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

CT imaging in Transcatheter Aortic Valve Replacement (TAVR)

Pre-TAVR imaging

Pre-aortic valve replacement

- Once the decision has been made for aortic valve replacement, the following may be used to determine if an individual is a candidate for TAVR:
  - CTA Chest (CPT® 71275), Abdomen and Pelvis (combination code CPT® 74174) are indicated, and
  - CT Cardiac (CPT® 75572) is indicated to measure the aortic annulus or
  - Coronary CTA (CCTA CPT® 75574) is indicated to both measure the aortic annulus and assess the coronary arteries in lieu of heart catheterization
- A repeat diagnostic left heart catheterization is **not** medically necessary when the individual is undergoing a transcatheter aortic valve replacement (TAVR).

Transfemoral access not feasible

Alternative imaging can be obtained to evaluate vascular access for TAVR in individuals for whom it is documented either via the office note or prior imaging that transfemoral access would not be feasible due to **any** of the following exclusion criteria:

- Small vessels
- Highly calcified vessels
- Stenosed or occluded vessels
- Prior aortoiliac vascular intervention

Imaging is indicated based on the documented intended access site (transaxillary or transcarotid) and should be of the involved body areas. The following studies are indicated based on the documented planned access site:

- CTA of the Head (CPT® 70496) and/or Neck (CPT® 70498) for transcarotid access
- CTA of the Chest (CPT® 71275) and/or Upper extremity (CPT® 73206) for transaxillary access

Post-TAVR imaging

CT Cardiac (CPT® 75572) is indicated:

- If any of the post-TAVR TTEs are indeterminate or raises a concern about any of the following:
  - Valve thrombosis
  - Infective endocarditis
  - Structural degeneration
- When a Valve in Valve implantation or surgical re-do AVR is being contemplated

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

- Routine CT surveillance or follow up for incidental Hypoattenuated Leaflet Thickening (HALT) with or without restricted leaflet motion, also referred to as Hypoattenuation Affecting Motion (HAM) is NOT recommended

Evidence Discussion

The ability of the cardiac CT technology to provide a tomographic view of the cardiovascular system has resulted in its ubiquitous adoption in the pre-procedure planning for almost all cardiac structural interventions. Specifically, cardiac CT circumvents the image window limitation of echocardiography, it allows high definition visualization of the posterior structures and facilitates pre-procedural planning for pulmonary vein isolation, coronary sinus pacer leads insertion and left atrial appendage occlusion device implantation, among other trans-catheter structural interventions.

In non-interventional settings, cardiac CT provides an alternative to cardiac MRI when structural information cannot be adequately obtained by an echocardiography. Most notably, the evaluation of a cardiac mass, extent of pericardial disease, complex congenital heart disease and cardiomyopathy, can be performed by a cardiac CT when cardiac MRI is not available or contraindicated.

Trans-catheter Aortic Valve Replacement (TAVR)

The success of a Trans-catheter Aortic Valve Replacement (TAVR) procedure is contingent upon a meticulous pre-TAVR planning imaging study where cardiac CT allows accurate annulus sizing, coronary heights measurement, and calcification distribution evaluation, in addition to access site planning. Post-operatively, clinically suspected complications such as thrombus formation, infective endocarditis or structural degeneration can be confirmed on a cardiac CT; a routine surveillance strategy, however, is not supported because of unclear or even potentially harmful outcome of treating incidental findings.

Transcatheter Mitral Valve Repair (mitral valve clip)

In non-interventional settings, cardiac CT provides an alternative to cardiac MRI when structural information cannot be adequately obtained by an echocardiography. Most notably, the evaluation of a cardiac mass, extent of pericardial disease, complex congenital heart disease and cardiomyopathy, can be performed by a cardiac CT when cardiac MRI is not available or contraindicated. Percutaneous treatment of mitral regurgitation can be accomplished using venous access to apply a clip device (e.g., MitraClip currently FDA approved) to provide edge-to-edge mitral leaflet coaptation, approximating opposing sections of the anterior and posterior mitral valve leaflets. FDA approved indications include treatment for individuals with symptomatic, moderate to severe or severe primary mitral regurgitation whose surgical risks are prohibitive, as well as symptomatic moderate to severe or severe secondary mitral

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

regurgitation who have failed optimal medical therapy. This therapy should include, if indicated, cardiac resynchronization therapy.

Transcatheter Mitral & Tricuspid Valve Replacement

Transcatheter Tricuspid Valve Replacement device (EVOQUE) is currently FDA-approved. In individuals being considered for transcatheter tricuspid or mitral valve replacement, Cardiac CT CPT® 75572 provides detailed imaging of the valve annulus including measurement of valve annulus to guide selection of the appropriate sized valve. CTV Chest CPT® 71275 and CTV Abdomen and pelvis CPT® 74174 provide imaging of the iliac veins and inferior vena cava to exclude stenosis or significant tortuosity and aid in determining eligibility and procedure planning.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

References (CD-13)

CD.CS.0013.A
v2.0.2025

1. Cantinotti M. The importance and ways of exploring the entire chest before and after cardiac surgery: Chest radiography, lung ultrasonography, and computed tomography. *The Journal of Thoracic and Cardiovascular Surgery.* 2018;155(5):2041-2042. doi:10.1016/j.jtcvs.2018.01.032.
2. Merlo A, Chen K, Deo S, Markowitz A. Does routine preoperative computed tomography imaging provide clinical utility in patients undergoing primary cardiac surgery? *Interactive CardioVascular and Thoracic Surgery.* 2017;25(4):659-662. doi:10.1093/icvts/ivx098.
3. Erthal F, Inacio JR, Hazra S, Chan V, Chow BJW. Cardiac Computed Tomography Before and After Cardiac Surgery. *J Thorac Imaging.* 2018 May;33(3):156-167. doi:10.1097/RTI.0000000000000295.
4. Moodley S, Schoenhagen P, Gillinov AM, et al. Preoperative multidetector computed tomograpy angiography for planning of minimally invasive robotic mitral valve surgery impact on decision making. *J Thorac Cardiovasc Surg*. 2013 Aug;146(2):262-8. doi:10.1016/j.jtcvs.2012.06.052.
5. den Harder AM, de Heer LM, Meijer RC, et al. Effect of computed tomography before cardiac surgery on surgical strategy, mortality and stroke. *Eur J Radiol.* 2016 Apr;85(4):744-50. doi:10.1016/j.ejrad.2016.01.003.
6. Dass C, Simpson SA, Steiner RM, Guy TS. Preprocedural Computed Tomography Evaluation for Minimally Invasive Mitral Valve Surgery. *Journal of Thoracic Imaging*. 2015;30(6):386-396. doi:10.1097/rti.0000000000000170.
7. Adler Y, Fisman EZ, Shemesh J, et al. Spiral computed tomography evidence of close correlation between coronary and thoracic aorta calcifications. *Atherosclerosis.* 2004 Sep;176(1):133-8. doi: 10.1016/j.atherosclerosis.2004.03.027.
8. van der Linden J, Hadjinikolaou L, Bergman P, et al. Postoperative stroke in cardiac surgery is related to the location and extent of atherosclerotic disease in the ascending aorta. *J Am Coll Cardiol*. 2001 Jul;38(1):131-5. doi:10.1016/s0735-1097(01)01328-6.
9. Lapar DJ, Ailawadi G, Irvine JN Jr, et al. Preoperative computed tomography is associated with lower risk of perioperative stroke in reoperative cardiac surgery. *Interact Cardiovasc Thorac Surg*. 2011 Jun;12(6):919-23. doi:10.1510/icvts.2010.265165.
10. Nishi H, Mitsuno M, Tanaka H, Ryomoto M, Fukui S, Miyamoto Y. Who needs preoperative routine chest computed tomography for prevention of stroke in cardiac surgery? *Interact Cardiovasc Thorac Surg*. 2010 Jul;11(1):30-3. doi:10.1510/icvts.2009.231761.
11. Akhtar NJ, Markowitz AH, Gilkeson RC. Multidetector computed tomography in the preoperative assessment of cardiac surgery patients. *Radiol Clin North Am*. 2010 Jan;48(1):117-39. doi:10.1016/j.rcl.2009.09.002.
12. Khan NU, Yonan N. Does preoperative computed tomography reduce the risks associated with re-do cardiac surgery? *Interact Cardiovasc Thorac Surg*. 2009 Jul;9(1):119-23. doi:10.1510/icvts.2008.189506.
13. Bergman P, Linden JVD, Forsberg K, Öhman M. Preoperative Computed Tomography or Intraoperative Epiaortic Ultrasound for the Diagnosis of Atherosclerosis of the Ascending Aorta? *The Heart Surgery Forum*. 2004;7(3). doi:10.1532/hsf98.20033009.
14. Lee R, Matsutani N, Polimenakos AC, et al. Preoperative noncontrast chest computed tomography identifies potential aortic emboli. *Ann Thorac Surg.* 2007 Jul;84(1):38-41; discussion 42.
15. Nishi H, Mitsuno M, Ryomoto M, Miyamoto Y. Comprehensive approach for clamping severely calcified ascending aorta using computed tomography. *Interactive CardioVascular and Thoracic Surgery*. 2010;10(1):18-20. doi:10.1510/icvts.2009.216242.
16. Aviram G, Sharony R, Kramer A, et al. Modification of Surgical Planning Based on Cardiac Multidetector Computed Tomography in Reoperative Heart Surgery. *The Annals of Thoracic Surgery*. 2005;79(2):589-595. doi:10.1016/j.athoracsur.2004.07.012.
17. Harder AMD, Heer LMD, Maurovich-Horvat P, et al. Ultra low-dose chest CT with iterative reconstructions as an alternative to conventional chest x-ray prior to heart surgery (CRICKET study): Rationale and design of a multicenter randomized trial. *Journal of Cardiovascular Computed Tomography*. 2016;10(3):242-245. doi:10.1016/j.jcct.2016.01.016.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

18. O'gara PT, Grayburn PA, Badhwar V, et al. 2017 ACC Expert Consensus Decision Pathway on the Management of Mitral Regurgitation. *J Am Coll Cardiol*. 2017;70(19):2421-2449. doi:10.1016/j.jacc.2017.09.019.
19. Doherty JU, Kort S, Mehran R, Schoenhagen P, Soman P. ACC/AATS/AHA/ASE/ASNC/HRS/SCAI/SCCT/SCMR/STS 2017 appropriate use criteria for multimodality imaging in valvular heart disease: a report of the American College of Cardiology Appropriate Use Criteria Task Force, American Association for Thoracic Surgery, American Heart Association, American Society of Echocardiography, American Society of Nuclear Cardiology, Heart Rhythm Society, Society for Cardiovascular Angiography and Interventions, Society of Cardiovascular Computed Tomography, Society for Cardiovascular Magnetic Resonance, and Society of Thoracic Surgeons. *J Am Coll Cardiol* 2017;70:1647–72. doi:10.1007/s12350-017-1070-1.
20. Nishi H, Mitsuno M, Tanaka H, Ryomoto M, Fukui S, Miyamoto Y. Who needs preoperative routine chest computed tomography for prevention of stroke in cardiac surgery? *Interactive CardioVascular and Thoracic Surgery*. 2010;11(1):30-33. doi:10.1510/icvts.2009.231761.
21. Ramchandani M, Al Jabbari O, Abu Saleh WK, Ramlawi B. Cannulation Strategies and Pitfalls in Minimally Invasive Cardiac Surgery. *Methodist Debakey Cardiovasc J*. 2016 Jan-Mar;12(1):10-3. doi: 0.14797/mdcj-12-1-10.
22. Langer NB, Argenziano M. Minimally Invasive Cardiovascular Surgery: Incisions and Approaches. *Methodist Debakey Cardiovasc J.* 2016 Jan-Mar;12(1):4-9. doi: 10.14797/mdcj-12-1-4.
23. Ilcheva L, Risteski P, Tudorache I, et al. Beyond Conventional Operations: Embracing the Era of Contemporary Minimally Invasive Cardiac Surgery. *J Clin Med.* 2023 Nov 21;12(23):7210. doi: 10.3390/jcm12237210.
24. El-Sayed Ahmad A, Salamate S, Bakhtiary F. Lessons learned from 10 years of experience with minimally invasive cardiac surgery. *Front Cardiovasc Med.* 2023 Jan 9;9:1053572. doi: 0.3389/fcvm.2022.1053572.
25. Edwards EVOQUE Tricuspid Valve Replacement System FDA Approval https://www.fda.gov/medical-devices/recently-approved-devices/edwards-evoque-tricuspid-valve-replacement-system-p230013
26. Barreiro-Pérez M, González-Ferreiro R, Caneiro-Queija B, et al. Transcatheter Tricuspid Valve Replacement: Illustrative Case Reports and Review of State-of-Art. *J Clin Med.* 2023 Feb 9;12(4):1371. doi: 10.3390/jcm12041371.
27. Kodali S, Hahn RT, George I, et al.; TRISCEND Investigators. Transfemoral Tricuspid Valve Replacement in Patients With Tricuspid Regurgitation: TRISCEND Study 30-Day Results. JACC Cardiovasc Interv. 2022 Mar 14;15(5):471-480. doi: 10.1016/j.jcin.2022.01.016.
28. Kodali S, Hahn RT, Makkar R, et al. Transfemoral tricuspid valve replacement and one-year outcomes: the TRISCEND study. Eur Heart J. 2023 Dec 7;44(46):4862-4873. doi: 10.1093/eurheartj/ehad667.
29. Webb JG, Chuang AM, Meier D, et al. Transcatheter Tricuspid Valve Replacement With the EVOQUE System: 1-Year Outcomes of a Multicenter, First-in-Human Experience. *JACC Cardiovasc Interv*. 2022 Mar 14;15(5):481-491. doi: 10.1016/j.jcin.2022.01.280.
30. Oh NA, Kampaktsis PN, Gallo M, Guariento A, Weixler V, Staffa SJ, Avgerinos DV, Colli A, Doulamis IP. An updated meta-analysis of MitraClip versus surgery for mitral regurgitation. *Ann Cardiothorac Surg*. 2021 Jan;10(1):1-14. doi: 10.21037/acs-2020-mv-24.
31. McKellar SH, Harkness J, Reid BB, Sekaran NK, May HT, Whisenant BK. Residual or recurrent mitral regurgitation predicts mortality following transcatheter edge-to-edge mitral valve repair. JTCVS Open. 2023 Oct 31;16:191-206. doi: 10.1016/j.xjon.2023.10.019.
32. Cardiac computed tomographic imaging in cardio-oncology: An expert consensus document of the Society of Cardiovascular Computed Tomography (SCCT). Endorsed by the International Cardio-Oncology Society (ICOS). Lopez-Mattei, Juan et al. Journal of Cardiovascular Computed Tomography. 2023. 17 (1): 66 – 83

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Pulmonary Hypertension

Guideline

Pulmonary Hypertension (PH) (CD-8.1)
References (CD-8)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Pulmonary Hypertension (PH) (CD-8.1)

CD.CS.0008.1.A
v2.0.2025

Pulmonary Hypertension-Imaging indications

Transthoracic echocardiogram (TTE) (CPT® 93306) should be performed initially as it can help determine the probability of pulmonary hypertension.

Screening

A screening echocardiogram (TTE) for PH is indicated in individuals with documented history of **any** of the following:

- Individuals pre-operatively for planned liver transplant.
- Individuals evaluated for transjugular portosystemic shunt
- Portal Hypertension
- Liver disease with signs and symptoms of PH
- Bronchopulmonary dysplasia

Annual screening echo (TTE) is indicated in individuals with a documented history of any of the following:

- Systemic sclerosis (SSc)
- Individuals with PH mutations (e.g., BMPR2)
- First-degree relatives of individuals with PH
- Connective tissue disorder with symptoms consistent with PH
- Individuals with TR velocity ≥2.8 m/s, with no other findings on additional testing
- Individuals being treated with medications associated with PH
- Individuals who have a concern documented for PH and had a negative echocardiogram but still show signs or symptoms of PH

Follow-up testing is not indicated in individuals with TR velocity <2.8 m/s and no other signs, symptoms, or risk factors of PH

Initial imaging

Transthoracic echocardiogram (TTE) (CPT® 93306) is indicated for symptoms and signs of pulmonary hypertension (PH) including **any** of the following:

- Notes documenting clinical concern for pulmonary hypertension
- EKG findings concerning for PH such as **any** of the following:
  - Right ventricular hypertrophy (RVH)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

  - Right axis deviation
  - Right atrial enlargement
- Right ventricular hypertrophy or pulmonary artery dilation on other images
- History of pulmonary embolism with persistent or new onset DOE, or exercise limitation
- Suspected PH in individuals with lung disease
- DOE in individuals with connective tissue disorder, HIV, portal hypertension, SSc.
- Symptoms of PH (**any** of the following):
  - Breathlessness
  - SOB
  - Decreased exercise tolerance
  - Fatigue and rapid exhaustion
  - Palpitations
  - Dyspnea on bending forward
  - Hemoptysis
  - Exercise induced abdominal distention and nausea
  - Weight gain due to fluid retention
  - Syncope during or shortly after physical activity
  - Exertional chest pain

Stress Echo (CPT® 93350 or 93351) is indicated for **any** of the following:

- To assess for treatment in the setting of concomitant valvular disease
- As indicated by **Stress Testing with Imaging-Indications (CD-1.4)** or **Stress Echo-Indications Other than Ruling out CAD (CD-2.7)**
- There is documented concern for chronic thrombo-embolic pulmonary hypertension

Cardiac MRI (CPT® 75557) is indicated when there is documentation of **any** of the following:

- TTE is equivocal or unclear (e.g., for RV function) and the information is needed for management
- MRI and TTE may both be required for individuals who need RV pressure and function assessed, and prior RV function cannot be assessed by echocardiogram
- MRI can replace TTE when the issue that makes the imaging by echo unclear is likely to be seen in future echocardiograms

Other advanced imaging is indicated after TTE for the following:

- High-resolution CT Chest (CPT® 71250) is indicated in the setting of hypoxemia to rule out restrictive lung disorders such as pulmonary fibrosis
- CTA Chest (CPT® 71275) or MRA Chest (CPT® 71555) is indicated to evaluate for suspected acute and/or chronic pulmonary embolism

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

- V/Q scan (CPT® 78580-Pulmonary Perfusion Imaging or CPT® 78582-Pulmonary Ventilation (e.g., Aerosol or Gas) and Perfusion Imaging) is indicated to evaluate for any of the following:
  - Suspected acute pulmonary embolism
  - To evaluate for chronic thromboembolic pulmonary hypertension at 3 to 6 months post pulmonary embolism if both of the following apply:
    - Persistent or new onset dyspnea on exertion or exercise limitation
    - Evidence of pulmonary hypertension on follow up echo
  - To evaluate for chronic thromboembolic pulmonary hypertension in individuals with pulmonary hypertension of uncertain etiology
- SPECT imaging (CPT® 78803) or SPECT/CT imaging (CPT® 78830) can be added to V/Q scan if requested
- Transesophageal (TEE) contrast echocardiography or other imaging techniques (e.g., CT angiography, cardiac MRI) may be indicated, in addition to 2D Doppler and contrast examinations, to identify CHD to detect or exclude **any** of the following:
  - Sinus venosus
  - Atrial septal defects
  - Patent ductus arteriosus
  - Anomalous pulmonary venous connections

Indications for initial Catheterization

Right heart catheterization (RHC) is indicated for **any** of the following:

- Echo findings
  - TR velocity ≥3.4 m/second
  - TR velocity ≥2.9 m/second and presence of other PH signs on echo or other testing, or risk factors or associated indications
- Individuals with SSc where breathlessness remains unexplained (RHC is recommended despite normal echocardiogram).
- Individuals with connective tissue disorder who have symptoms or concerns for PH with a negative or equivocal echocardiogram.
- When recommended to determine if shunt closure is recommended due to congenital heart disease
- RHC if **moderate** to **severe** PH on echocardiogram (See **Background and Supporting Information** for definitions of mild, moderate and severe PH)
- RHC is indicated prior to starting PH medical therapy.
- Individuals with **low**-risk profile (based on an evidence based PAH Risk Score Calculator such as REVEAL 2.0, ESC/ERS & Compera 2.0) only need catheterization if indicated for another reason or equivocal studies.(See **Background and Supporting Information** for additional information about PH risk profile)
- RHC allowed when LHC indicated for separate indication.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

- RHC preoperative for surgical intervention treating the cause of PH (MV, TV, AV, PV).
- Eisenmenger syndrome – RHC is indicated when requested by provider.

Left heart catheterization (LHC) or Right and left heart catheterization as per the following guidelines:

- **Evaluation of Conditions Other than Coronary Artery Disease (CD-7.7)**
- **Diagnostic Left Heart Catheterization (LHC) (CD-7.3)**

Repeat Testing

Follow-up echocardiogram (TTE) on patients with PH is medically necessary for any of the following:

- Every 6 months for surveillance of stable individuals with moderate or severe pulmonary hypertension (pulmonary artery systolic pressure ≥50 mm Hg)
- Three months after any change in PH therapy
- Prior to planned intubation (e.g., for elective surgery)
- Prior to planned pregnancy
- During pregnancy as often as requested by provider
- Anytime, without regard for the number or timing of previous ECHO studies to evaluate change in clinical signs or symptoms

Pulmonary embolism (PE)

- TTE is indicated 3 to 6 months post pulmonary embolism if **any** of the following apply:
  - Persistent or new onset dyspnea on exertion, or exercise limitation
  - Pulmonary hypertension or right ventricular dysfunction on initial echo at PE diagnosis
  - History of recurrent pulmonary embolism

RHC is indicated for known PH as follows:

- At baseline
- Then every 6 months
- Anytime for clinical changes or with treatment changes

Other related sections

- **Frequency of Echocardiography Testing (CD-2.3)** in the Cardiac Imaging Guidelines
- **Right Heart Catheterization (RHC) (CD-7.4)** in the Cardiac Imaging Guidelines
- **Pulmonary hypertension (PHT) and Eisenmenger syndrome (CD-11.3.12)** in the Cardiac Imaging Guidelines
- **Congenital Heart Disease Modality Considerations (PEDCD-2.3)** in the Pediatric Cardiac Imaging Guidelines

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

- **Pediatric Pulmonary Hypertension-General (PEDCD-7)** in the Pediatric Cardiac Imaging Guidelines
- Pulmonary Embolism (PE) (CH-25) in the Chest Imaging Guidelines

Evidence Discussion

Pulmonary hypertension (PH) is a complex, chronic disease with multiple etiologies, that requires extensive evaluation, including ECG (right ventricular hypertrophy with/without strain, right atrial dilatation); chest x-ray; arterial blood gas, pulmonary function testing, CT angiography based on the etiology.

PH can be subdivided into the following five groups based on the underlying cause:
- Pulmonary arterial hypertension (PAH)
- PH due to left heart disease
- PH due to lung disease
- Chronic thromboembolic PH (CTEPH)
- PH with unclear and/or multifactorial mechanisms

Probability of PH is assessed at initial evaluation:
- High probability:
  - TR velocity ≥3.4 m/s
  - TR velocity between 2.9 to 3.4 m/s and **one** of the following:
    - Right ventricle or pulmonary artery enlargement
    - Interventricular septum flattening
    - Right ventricular systolic dysfunction
- Intermediate probability:
  - TR velocity between 2.9 to 3.4 m/s in the absence of other signs of PH
- Low probability:
  - TR velocity <2.8 m/s

Peak TR velocity ≥2.8 m/s may suggest PH; however, the presence or absence of PH cannot be reliably determined by TR velocity alone

In addition to the tricuspid regurgitation velocity, other findings on echo can increase the probability of PH, examples of these findings include:
- Abnormal tricuspid annular plane systolic excursion (TAPSE)
- Abnormal RV fractional area change (RV-FAC)
- Abnormal RV free-wall strain
- Abnormal tricuspid annulus velocity (S′ wave) derived from tissue Doppler imaging
- Abnormal RV ejection fraction (RVEF) derived from 3D echocardiography

MRI can be a useful test especially with respect to RV function

Right heart catheterization is the gold standard for diagnosing PH

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

See **Severe Pulmonary Artery Hypertension (PH) and Eisenmenger Syndrome (CD-11.3.12)** for additional information regarding Eisenmenger Syndrome

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

References (CD-8)

CD.CS.0008.1.A

v2.0.2025

1. Abman SH, Hansmann G, Archer SL, et al. Pediatric Pulmonary Hypertension: Guidelines From the American Heart Association and American Thoracic Society [published correction appears in Circulation. 2016 Jan 26;133(4):e368]. *Circulation*. 2015;132(21):2037-2099. doi:10.1161/CIR.0000000000000329.
2. Alabed S, Shahin Y, Garg P, et al. Cardiac-MRI Predicts Clinical Worsening and Mortality in Pulmonary Arterial Hypertension: A Systematic Review and Meta-Analysis [published correction appears in JACC Cardiovasc Imaging. 2021 Apr;14(4):884]. *JACC Cardiovasc Imaging*. 2021;14(5):931-942. doi:10.1016/j.jcmg.2020.08.013.
3. Alabed S, Uthoff J, Zhou S, et al. Machine learning cardiac-MRI features predict mortality in newly diagnosed pulmonary arterial hypertension. *European Heart Journal-Digital Health*. 2022;3(2):265-275. doi:10.1093/ehjdh/ztac022.
4. Bossone E, Dellegrottaglie S, Patel S, et al. Multimodality imaging in pulmonary hypertension. *Can J Cardiol*. 2015;31(4):440-459. doi:10.1016/j.cjca.2015.02.012.
5. Broncano J, Bhalla S, Gutierrez FR, et al. Cardiac MRI in Pulmonary Hypertension: From Magnet to Bedside. *Radiographics*. 2020;40(4):982-1002. doi:10.1148/rg.2020190179.
6. Dong Y, Pan Z, Wang D, et al. Prognostic Value of Cardiac Magnetic Resonance-Derived Right Ventricular Remodeling Parameters in Pulmonary Hypertension: A Systematic Review and Meta-Analysis. *Circ Cardiovasc Imaging*. 2020;13(7):e010568. doi:10.1161/CIRCIMAGING.120.010568.
7. Expert Panel on Thoracic Imaging, Sirajuddin A, Mirmomen SM, et al. ACR Appropriateness Criteria® Suspected Pulmonary Hypertension: 2022 Update. *J Am Coll Radiol*. 2022;19(11S):S502-S512. doi:10.1016/j.jacr.2022.09.018.
8. Goh ZM, Balasubramanian N, Alabed S, et al. Right ventricular remodelling in pulmonary arterial hypertension predicts treatment response. *Heart*. 2022;108(17):1392-1400. Published 2022 Aug 11. doi:10.1136/heartjnl-2021-320733.
9. Hulten EA, Bradley AJ. Cardiac Magnetic Resonance Evaluation of Pulmonary Arterial Hypertension: Transforming From Supplementary to Primary Imaging Modality?*JACC Cardiovasc Imaging*. 2021;14(5):943-946. doi:10.1016/j.jcmg.2020.11.022.
10. Humbert M, Kovacs G, Hoeper MM, et al. 2022 ESC/ERS Guidelines for the diagnosis and treatment of pulmonary hypertension. *Eur Heart J*. 2022;43(38):3618-3731. doi:10.1093/eurheartj/ehac237.
11. Kaemmerer H, Apitz C, Brockmeier K, et al. Pulmonary hypertension in adults with congenital heart disease: Updated recommendations from the Cologne Consensus Conference 2018. *Int J Cardiol*. 2018;272S:79-88. doi:10.1016/j.ijcard.2018.08.078.
12. Lewis MJ, Van Dissel A, Kochav J, et al. Cardiac MRI predictors of adverse outcomes in adults with a systemic right ventricle. *ESC Heart Fail*. 2022;9(2):834-841. doi:10.1002/ehf2.13745.
13. Mazurek A, Dziuk M, Witkowska-Patena E, Piszczek S, Gizewska A. The Utility of Hybrid SPECT/CT Lung Perfusion Scintigraphy in Pulmonary Embolism Diagnosis. *Respiration*. 2015;90(5):393-401. doi:10.1159/000439543.
14. McLaughlin VV, Archer SL, Badesch DB, et al. ACCF/AHA 2009 expert consensus document on pulmonary hypertension a report of the American College of Cardiology Foundation Task Force on Expert Consensus Documents and the American Heart Association developed in collaboration with the American College of Chest Physicians; American Thoracic Society, Inc.; and the Pulmonary Hypertension Association. *J Am Coll Cardiol*. 2009;53(17):1573-1619. doi:10.1016/j.jacc.2009.01.004.
15. Moledina S, Pandya B, Bartsota M, et al. Prognostic significance of cardiac magnetic resonance imaging in children with pulmonary hypertension. *Circ Cardiovasc Imaging*. 2013;6(3):407-414. doi:10.1161/CIRCIMAGING.112.000082.
16. Ostenfeld E, Kjellström B. The Conundrum of Right Ventricular Remodeling and Outcome in Pulmonary Hypertension. *Circ Cardiovasc Imaging*. 2020;13(7):e011208. doi:10.1161/CIRCIMAGING.120.011208.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

17. Reddy YNV, Carter RE, Obokata M, Redfield MM, Borlaug BA. A Simple, Evidence-Based Approach to Help Guide Diagnosis of Heart Failure with Preserved Ejection Fraction. *Circulation*. 2018;138(9):861-870. doi:10.1161/CIRCULATIONAHA.118.034646.
18. Remy-Jardin M, Ryerson CJ, Schiebler ML, et al. Imaging of Pulmonary Hypertension in Adults: A Position Paper from the Fleischner Society. *Radiology*. 2021;298(3):531-549. doi:10.1148/radiol.2020203108.
19. Runser LA, Gauer R, Houser A. Syncope: Evaluation and Differential Diagnosis. *AAFP Home*. https://www.aafp.org/afp/2017/0301/p303.html. Published March 1, 2017.
20. Sato T, Ambale-Venkatesh B, Zimmerman SL, et al. Right ventricular function as assessed by cardiac magnetic resonance imaging-derived strain parameters compared to high-fidelity micromanometer catheter measurements. *Pulm Circ*. 2021;11(4):20458940211032529. Published 2021 Sep 24. doi:10.1177/20458940211032529.
21. Thenappan T, Ormiston ML, Ryan JJ, Archer SL. Pulmonary arterial hypertension: pathogenesis and clinical management. *BMJ*. 2018;360:j5492. Published 2018 Mar 14. doi:10.1136/bmj.j5492.
22. van der Bruggen CE, Handoko ML, Bogaard HJ, et al. The Value of Hemodynamic Measurements or Cardiac MRI in the Follow-up of Patients with Idiopathic Pulmonary Arterial Hypertension. *Chest*. 2021;159(4):1575-1585. doi:10.1016/j.chest.2020.10.077.
23. van Wolferen SA, Marcus JT, Boonstra A, et al. Prognostic value of right ventricular mass, volume, and function in idiopathic pulmonary arterial hypertension. *Eur Heart J*. 2007;28(10):1250-1257. doi:10.1093/eurheartj/ehl477.
24. Xue L, Yang Y, Sun B, Liu B, Zeng Q, Xiong C. Mildly Elevated Pulmonary Arterial Pressure Is Associated with a High Risk of Progression to Pulmonary Hypertension and Increased Mortality: A Systematic Review and Meta-Analysis. *J Am Heart Assoc*. 2021;10(7):e018374.
25. Yaghi S, Novikov A, Trandafirescu T. Clinical update on pulmonary hypertension. *J Investig Med*. 2020;68(4):821-827. doi:10.1136/jim-2020-001291.
26. Chemla D, Castelain V, Hervé P, Lecarpentier Y, Brimioulle S. Haemodynamic evaluation of pulmonary hypertension. *Eur Respir J*. 2002;20(5):1314-1331. doi:10.1183/09031936.02.00068002.
27. Boucly A, Weatherald J, Salvale L, et al. External validation of a refined four-stratum risk assessment score from the French pulmonary hypertension registry. Eur Respir J 2022; 59:2102419 [DOI: 10.1183/13993003.02419-2021.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Pulmonary Vein Imaging

Guideline

Pulmonary Vein Imaging – Indications (CD-8.2)
References (CD-8)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Pulmonary Vein Imaging – Indications (CD-8.2)

CD.CS.0008.2.A
v2.0.2025

Indications

- MRI Cardiac (CPT® 75557 or CPT® 75561), MRV Chest (CPT® 71555), CTV Chest (CPT® 71275), or CT Cardiac (CPT® 75572) to evaluate anatomy of the pulmonary veins:
  - Prior to planned atrial fibrillation ablation/pulmonary vein isolation procedure
  - Post-procedure between 3-6 months after ablation because of a 1% to 2% incidence of asymptomatic pulmonary vein stenosis
    - If no pulmonary vein stenosis is present, no further follow-up imaging is required
    - If pulmonary vein stenosis is present on imaging following ablation and symptoms of pulmonary vein stenosis (usually shortness of breath) are present, can be imaged at 1, 3, 6, and 12 months

Background and Supporting Information

The majority (81%) of pulmonary vein stenosis remain stable over 1 year. Progression occurs in 8.8% and regression occurs in a small percentage.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (CD-8)

CD.CS.0008.2.A
v2.0.2025

1. Abman SH, Hansmann G, Archer SL, et al. Pediatric Pulmonary Hypertension: Guidelines From the American Heart Association and American Thoracic Society [published correction appears in Circulation. 2016 Jan 26;133(4):e368]. *Circulation*. 2015;132(21):2037-2099. doi:10.1161/CIR.0000000000000329.
2. Alabed S, Shahin Y, Garg P, et al. Cardiac-MRI Predicts Clinical Worsening and Mortality in Pulmonary Arterial Hypertension: A Systematic Review and Meta-Analysis [published correction appears in JACC Cardiovasc Imaging. 2021 Apr;14(4):884]. *JACC Cardiovasc Imaging*. 2021;14(5):931-942. doi:10.1016/j.jcmg.2020.08.013.
3. Alabed S, Uthoff J, Zhou S, et al. Machine learning cardiac-MRI features predict mortality in newly diagnosed pulmonary arterial hypertension. *European Heart Journal-Digital Health*. 2022;3(2):265-275. doi:10.1093/ehjdh/ztac022.
4. Bossone E, Dellegrottaglie S, Patel S, et al. Multimodality imaging in pulmonary hypertension. *Can J Cardiol*. 2015;31(4):440-459. doi:10.1016/j.cjca.2015.02.012.
5. Broncano J, Bhalla S, Gutierrez FR, et al. Cardiac MRI in Pulmonary Hypertension: From Magnet to Bedside. *Radiographics*. 2020;40(4):982-1002. doi:10.1148/rg.2020190179.
6. Dong Y, Pan Z, Wang D, et al. Prognostic Value of Cardiac Magnetic Resonance-Derived Right Ventricular Remodeling Parameters in Pulmonary Hypertension: A Systematic Review and Meta-Analysis. *Circ Cardiovasc Imaging*. 2020;13(7):e010568. doi:10.1161/CIRCIMAGING.120.010568.
7. Expert Panel on Thoracic Imaging, Sirajuddin A, Mirmomen SM, et al. ACR Appropriateness Criteria® Suspected Pulmonary Hypertension: 2022 Update. *J Am Coll Radiol*. 2022;19(11S):S502-S512. doi:10.1016/j.jacr.2022.09.018.
8. Goh ZM, Balasubramanian N, Alabed S, et al. Right ventricular remodelling in pulmonary arterial hypertension predicts treatment response. *Heart*. 2022;108(17):1392-1400. Published 2022 Aug 11. doi:10.1136/heartjnl-2021-320733.
9. Hulten EA, Bradley AJ. Cardiac Magnetic Resonance Evaluation of Pulmonary Arterial Hypertension: Transforming From Supplementary to Primary Imaging Modality?*JACC Cardiovasc Imaging*. 2021;14(5):943-946. doi:10.1016/j.jcmg.2020.11.022.
10. Humbert M, Kovacs G, Hoeper MM, et al. 2022 ESC/ERS Guidelines for the diagnosis and treatment of pulmonary hypertension. *Eur Heart J*. 2022;43(38):3618-3731. doi:10.1093/eurheartj/ehac237.
11. Kaemmerer H, Apitz C, Brockmeier K, et al. Pulmonary hypertension in adults with congenital heart disease: Updated recommendations from the Cologne Consensus Conference 2018. *Int J Cardiol*. 2018;272S:79-88. doi:10.1016/j.ijcard.2018.08.078.
12. Lewis MJ, Van Dissel A, Kochav J, et al. Cardiac MRI predictors of adverse outcomes in adults with a systemic right ventricle. *ESC Heart Fail*. 2022;9(2):834-841. doi:10.1002/ehf2.13745.
13. Mazurek A, Dziuk M, Witkowska-Patena E, Piszczek S, Gizewska A. The Utility of Hybrid SPECT/CT Lung Perfusion Scintigraphy in Pulmonary Embolism Diagnosis. *Respiration*. 2015;90(5):393-401. doi:10.1159/000439543.
14. McLaughlin VV, Archer SL, Badesch DB, et al. ACCF/AHA 2009 expert consensus document on pulmonary hypertension a report of the American College of Cardiology Foundation Task Force on Expert Consensus Documents and the American Heart Association developed in collaboration with the American College of Chest Physicians; American Thoracic Society, Inc.; and the Pulmonary Hypertension Association. *J Am Coll Cardiol*. 2009;53(17):1573-1619. doi:10.1016/j.jacc.2009.01.004.
15. Moledina S, Pandya B, Bartsota M, et al. Prognostic significance of cardiac magnetic resonance imaging in children with pulmonary hypertension. *Circ Cardiovasc Imaging*. 2013;6(3):407-414. doi:10.1161/CIRCIMAGING.112.000082.
16. Ostenfeld E, Kjellström B. The Conundrum of Right Ventricular Remodeling and Outcome in Pulmonary Hypertension. *Circ Cardiovasc Imaging*. 2020;13(7):e011208. doi:10.1161/CIRCIMAGING.120.011208.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

17. Reddy YNV, Carter RE, Obokata M, Redfield MM, Borlaug BA. A Simple, Evidence-Based Approach to Help Guide Diagnosis of Heart Failure with Preserved Ejection Fraction. *Circulation*. 2018;138(9):861-870. doi:10.1161/CIRCULATIONAHA.118.034646.
18. Remy-Jardin M, Ryerson CJ, Schiebler ML, et al. Imaging of Pulmonary Hypertension in Adults: A Position Paper from the Fleischner Society. *Radiology*. 2021;298(3):531-549. doi:10.1148/radiol.2020203108.
19. Runser LA, Gauer R, Houser A. Syncope: Evaluation and Differential Diagnosis. *AAFP Home*. https://www.aafp.org/afp/2017/0301/p303.html. Published March 1, 2017.
20. Sato T, Ambale-Venkatesh B, Zimmerman SL, et al. Right ventricular function as assessed by cardiac magnetic resonance imaging-derived strain parameters compared to high-fidelity micromanometer catheter measurements. *Pulm Circ*. 2021;11(4):20458940211032529. Published 2021 Sep 24. doi:10.1177/20458940211032529.
21. Thenappan T, Ormiston ML, Ryan JJ, Archer SL. Pulmonary arterial hypertension: pathogenesis and clinical management. *BMJ*. 2018;360:j5492. Published 2018 Mar 14. doi:10.1136/bmj.j5492.
22. van der Bruggen CE, Handoko ML, Bogaard HJ, et al. The Value of Hemodynamic Measurements or Cardiac MRI in the Follow-up of Patients with Idiopathic Pulmonary Arterial Hypertension. *Chest*. 2021;159(4):1575-1585. doi:10.1016/j.chest.2020.10.077.
23. van Wolferen SA, Marcus JT, Boonstra A, et al. Prognostic value of right ventricular mass, volume, and function in idiopathic pulmonary arterial hypertension. *Eur Heart J*. 2007;28(10):1250-1257. doi:10.1093/eurheartj/ehl477.
24. Xue L, Yang Y, Sun B, Liu B, Zeng Q, Xiong C. Mildly Elevated Pulmonary Arterial Pressure Is Associated with a High Risk of Progression to Pulmonary Hypertension and Increased Mortality: A Systematic Review and Meta-Analysis. *J Am Heart Assoc*. 2021;10(7):e018374.
25. Yaghi S, Novikov A, Trandafirescu T. Clinical update on pulmonary hypertension. *J Investig Med*. 2020;68(4):821-827. doi:10.1136/jim-2020-001291.
26. Chemla D, Castelain V, Hervé P, Lecarpentier Y, Brimioulle S. Haemodynamic evaluation of pulmonary hypertension. *Eur Respir J*. 2002;20(5):1314-1331. doi:10.1183/09031936.02.00068002.
27. Boucly A, Weatherald J, Salvale L, et al. External validation of a refined four-stratum risk assessment score from the French pulmonary hypertension registry. Eur Respir J 2022; 59:2102419 [DOI: 10.1183/13993003.02419-2021.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Cardiac Imaging in Individuals with Known or Planned Transplants

Guideline

Cardiac Imaging in Transplants (CD-16)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Cardiac Imaging in Transplants (CD-16)

CD.ST.0001.6.A
v2.0.2025

Imaging Criteria

Non-cardiac transplants

- Stress Testing in individuals for Non-Cardiac Transplant
  - Candidates for any type of organ, bone marrow, or stem cell transplant can undergo imaging stress testing every year (stress echo, SPECT MPI, stress MRI, or stress cardiac PET perfusion per the transplant center's protocol) prior to transplant. See **Kidney Transplant, Pre-Transplant Imaging Studies (AB-42.5)**.
  - An imaging stress test can be repeated annually after transplant for at least two years or within one year of a prior cardiac imaging study if there is evidence of progressive vasculopathy.
  - After two consecutive normal imaging stress tests, repeated testing is not supported more often than every other year without evidence for progressive vasculopathy or new symptoms.
  - Stress testing after five years may proceed according to normal patterns of consideration.

Cardiac transplant

- Pre-Cardiac Transplant evaluation
  - One of the following is indicated for individuals being evaluated for heart transplant suggested by the transplant center protocol: SPECT MPI, stress MRI, or PET MPI
  - The following modalities are indicated for an individual being evaluated for cardiac transplant:
    - CT chest (CPT® 71250 or 71260) **and**
    - Abdominal imaging with: Ultrasound abdomen (CPT® 76700 or 76705) or CT abdomen (CPT® 74150 or 74160) and/or MRI abdomen (CPT® 74181 or 74183) **and**
    - Right heart catheterization (CPT® 93451) or Right and left heart catheterization (CPT® 93453) or left heart catheterization (CPT® 93458)
- Post-Cardiac transplant assessment of transplant CAD:
  - Echocardiogram, 3D echocardiogram (CPT® 93319) and strain imaging (CPT® 93356) may be performed as needed per transplant protocol
  - **One** of the following imaging studies may be performed annually:
    - SPECT MPI (78451, 78452)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

- Stress ECHO (93350, 93351)
- Stress MRI (75559, 75563)
- Cardiac PET perfusion (CPT 78430, 78431, 78491, 78492)

Background and Supporting Information

Individuals who have undergone organ transplant are at increased risk for ischemic heart disease secondary to their medication. Risk of vasculopathy is 7% at one-year, 32% at five years and 53% at ten years.

For individuals being evaluated for cardiac transplant, MRI may be performed as the initial abdominal imaging modality or for further evaluation after initial abdominal imaging with Ultrasound or CT.

Evidence Discussion

Stress testing with imaging is indicated to exclude the presence of significant coronary artery disease as part of evaluating candidacy for any type of organ, bone marrow, or stem cell transplant. While on the transplant waiting list, stress testing with imaging is indicated annually to exclude progression of coronary artery disease. Stress testing with any imaging modality (stress echo, SPECT MPI, stress MRI, or stress cardiac PET perfusion) is supported per the transplant center's protocol. Recommendations regarding stress testing with imaging for pre-transplant evaluation are provided in established evidence-based medical specialty organization guidelines.

Stress testing with imaging also has a role in surveillance following cardiac transplant to evaluate for development of obstructive coronary artery disease due to cardiac allograft vasculopathy. Stress testing with any imaging modality (stress echo, SPECT MPI, stress MRI, or stress cardiac PET perfusion) is indicated annually post cardiac transplant. Recommendations regarding stress testing with imaging for post cardiac transplant surveillance are provided in established evidence-based medical specialty organization guidelines.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Hypertrophic Cardiomyopathy

Guideline

Hypertrophic Cardiomyopathy (HCM) (CD-14)
References (CD-14)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Hypertrophic Cardiomyopathy (HCM) (CD-14)

CD.CS.0014.A
v2.0.2025

HCM Imaging Indications

Hypertrophic Cardiomyopathy (HCM) is a clinical diagnosis, established by imaging with 2D echocardiography or cardiovascular magnetic resonance (CMR) showing a maximal end-diastolic wall thickness of ≥ 15 mm anywhere in the left ventricle, in the absence of another cause of hypertrophy in adults. More limited hypertrophy (13–14 mm) can be diagnostic, particularly when present in family members of a patient with HCM or in conjunction with a positive genetic test, and/or associated with typical dynamic outflow obstruction, or distinctly abnormal ECG patterns.

Screening

- Screening for inherited hypertrophic cardiomyopathy see **Transthoracic Echocardiography (TTE-Indications (CD-2.2)** and **Frequency of Echocardiography Testing (CD-2.3)**

Initial imaging, new or changed symptoms

Transthoracic echocardiography (TTE)

- TTE is indicated for the initial evaluation of a genotype positive individual with inherited hypertrophic cardiomyopathy

Transesophageal echocardiography (TEE) (CPT® 93312, 93320, 93325)

- TEE is indicated for the evaluation of individuals with hypertrophic cardiomyopathy if TTE is inconclusive for **any** of the following:
  - Mitral regurgitation secondary to structural abnormalities of the mitral valve
  - Subaortic membrane or aortic valve stenosis
- TEE is indicated for the pre-procedure planning for surgical myectomy or alcohol septal ablation evaluation of individuals with hypertrophic cardiomyopathy

Stress echocardiogram

- Exercise stress echo (CPT® 93351 or 93350) is indicated for the detection and quantification of dynamic left ventricular outflow tract obstruction in symptomatic individuals with HCM who do **not** have a resting or provocable outflow tract gradient ≥50 mm Hg on TTE.
- Stress echo can be repeated when there is documentation of **any** of the following:

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

- In 1 to 2 years if the resting or provocable outflow tract gradient is < 30 mm Hg on prior stress echo
- Worsening symptoms
- There has been a therapeutic change (i.e., change in medication, surgical procedure performed).

Cardiac CTA (CPT® 75574)

- Initial imaging study in individuals with hypertrophic cardiomyopathy and stable anginal symptoms.
  - Chest discomfort is common in individuals with hypertrophic cardiomyopathy. The incidence of false positive myocardial perfusion imaging abnormalities is higher in these individuals, whereas the incidence of severe coronary artery stenosis is low.

Cardiac MRI (CMR)

- Cardiac MRI (CPT® 75557 or CPT® 75561) for assessment of global ventricular function, myocardial composition and mass if a specific clinical question is left unanswered by a recent echocardiogram and results will affect patient management.

Left heart catheterization with coronary arteriography

- Left heart catheterization with coronary arteriography (CPT® 93458 or CPT® 93454) is indicated to rule out coronary artery disease prior to planned surgical myectomy for hypertrophic cardiomyopathy

Surveillance imaging

- TTE is indicated every year when there is no change in clinical status or treatment

Monitoring treatment

Repeat TTE (CPT® 93306) is indicated in individuals with Obstructive Hypertrophic Cardiomyopathy (HCM) for the following:

Mavacamten for obstructive hypertrophic cardiomyopathy

Initiation of treatment

- Baseline-at the beginning of treatment
- 4 weeks after treatment initiation
- 8 weeks after treatment initiation
- 12 weeks after treatment initiation
- Then every 12 weeks while on mavacamten

Changes in treatment

- 4 weeks after any interruption of treatment (any missed dose)
- After any dosage change (including restart of treatment):
  - 4 weeks after dosage change

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

  - 12 weeks after dosage change
- After initiating a weak CYP2C19 inhibitor (e.g., omeprazole) or moderate CYP3A4 inhibitor (e.g., ciprofloxacin):
  - 4 weeks after start of medication
  - 12 weeks after start of medication
- At any time regardless of timing of prior echo when there are new cardiac signs or symptoms, or worsening of clinical status

Post- Septal Reduction Therapy (SRT)

TTE is indicated within 3 to 6 months after SRT (surgical myectomy or alcohol septal ablation) to evaluate the procedural results in individuals with hypertrophic cardiomyopathy

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (CD-14)

CD.CS.0014.A
v2.0.2025

1. Arbelo E, Protonotarios A, Gimeno JR, et al. 2023 ESC Guidelines for the management of cardiomyopathies. *Eur Heart J*. 2023;44(37):3503-3626. doi:10.1093/eurheartj/ehad194.
2. Ommen, Steve R et al. 2020 AHA/ACC Guideline for the Diagnosis and Treatment of Patients With Hypertrophic Cardiomyopathy: Executive Summary: A Report of the American College of Cardiology/American Heart Association Joint Committee on Clinical Practice Guidelines. *Circulation*. 2020 Dec 22;142(25):e533-e557.
3. Nagueh SF, Phelan D, et al. Recommendations for Multimodality Cardiovascular Imaging of Patients with Hypertrophic Cardiomyopathy: An Update from the American Society of Echocardiography, in Collaboration with the American Society of Nuclear Cardiology, the Society for Cardiovascular Magnetic Resonance, and the Society of Cardiovascular Computed Tomography. *J Am Soc Echocardiogr*. 2022 Jun;35(6):533-569.
4. Ommen SR, Ho CY, Asif IM, et al. 2024 AHA/ACC/AMSSM/HRS/PACES/SCMR Guideline for the Management of Hypertrophic Cardiomyopathy: A Report of the American Heart Association/American College of Cardiology Joint Committee on Clinical Practice Guidelines. Circulation. 2024 May 8. doi: 10.1161/CIR.000000000000125.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Table of Contents

Guideline

General Considerations (BR-Preface 1)
Breast Ultrasound (BR-1)
MRI Breast Coding (BR-2)
Breast Reconstruction (BR-3)
MRI Breast Indications (BR-5)
Nipple Discharge/Galactorrhea (BR-6)
Breast Pain (Mastodynia) (BR-7)
Alternative Breast Imaging Approaches (BR-8)
Suspected Breast Cancer in Males (BR-9)
Breast Evaluation in Pregnant or Lactating Females (BR-10)
Transgender Breast Cancer Supplemental Screening (BR-12)
3D Rendering (BR-13)
Breast Mass (BR-14)
References (BR)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

General Considerations (BR-Preface 1)

Guideline

Abbreviations for Breast Guidelines
General Guidelines (BR-Preface 1.0)
BI-RADS™ Categories Chart (BR-Preface 1.1)
BI-RADS™ Breast Density Categories (BR-Preface 1.2)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Abbreviations for Breast Guidelines

BR.GG.Abbreviations.A
v4.0.2025

Abbreviations for Breast Guidelines	
BI-RADS™	Breast Imaging Reporting and Database System
BRCA	tumor suppressor gene
CAD	computer-aided detection
CT	computed tomography
CTA	computed tomography angiography
CTV	computed tomography venography
DCIS	ductal carcinoma in situ
FDA	Food and Drug Administration
FDG	fluorodeoxyglucose
FNA	fine needle aspiration
HRCT	high resolution computed tomography
LCIS	lobular carcinoma in situ
MRA	magnetic resonance angiography
MRI	magnetic resonance imaging
PEM	positron-emission mammography
PET	positron emission tomography

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

General Guidelines (BR-Preface 1.0)

BR.GG.0001.0.A

v4.0.2025

- A current clinical evaluation since the onset or change in symptoms is usually required prior to considering advanced imaging.
  - A clinical evaluation should include the following:
    - A relevant history and physical examination since the onset or change in symptoms
    - Appropriate laboratory studies and non-advanced imaging modalities, such as mammogram and/or ultrasound
    - Other meaningful contact (telephone call, electronic mail or messaging) since the onset or change in symptoms by an established individual can substitute for a face-to-face clinical evaluation
- Current clinical evaluation is not required prior to screening studies.
- Throughout this guideline, when MRI Breast is indicated any **ONE** of the following codes is supported:
  - CPT® 77049 MRI Breast Bilateral, including CAD, with and without contrast
  - HCPCS C8908 MRI Breast Bilateral, with and without contrast
- If the individual has breast implants, the following code is supported when MRI Breast is requested to assess integrity of breast implants **AND** is also indicated in the guidelines:
  - CPT® 77047 MRI Breast Bilateral, without contrast

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

BI-RADS™ Categories Chart (BR-Preface 1.1)

BR.GG.0001.1.A

v4.0.2025

BI-RADS™ Categories Chart	
Category	**Description**
Category 0: Incomplete	Need additional imaging evaluation or prior mammograms for comparison. Category 0 classification requires that additional imaging study be specified, e.g., ultrasound, additional mammogram view, MRI.
Category 1: Negative	There is nothing to comment on. The breasts are symmetrical and no masses, architectural disturbances, or suspicious calcifications are present.
Category 2: Benign Finding	This is also a negative mammogram, but the interpreter may wish to describe a finding. Involuting, calcified fibroadenomas, multiple secretory calcifications, fat-containing lesions (such as oil cysts, lipomas, galactoceles, and mixed density hamartomas) all have characteristic appearances, and may be labeled with confidence. The interpreter might wish to describe intramammary lymph nodes, implants, etc. while still concluding that there is no mammographic evidence of malignancy.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

BI-RADS™ Categories Chart	
Category	**Description**
Category 3: Probably Benign Finding – Short Interval Follow-up Suggested	A finding placed in this category should have a very high probability of being benign. It is not expected to change over the follow-up interval, but the radiologist would prefer to establish its stability. Data is becoming available that sheds light on the efficacy of short interval follow-up. At the present time, most approaches are intuitive. These will likely undergo future modification as more data accrue as to the validity of an approach, the interval required, and the type of findings that should be followed.
Category 4: Suspicious Abnormality – Biopsy Should Be Considered	There are lesions that do not have the characteristic morphologies of breast cancer but have a definite probability of being malignant. The radiologist has sufficient concern to urge a biopsy. If possible, the relevant possibilities should be cited so that the individual and her physician can make the decision on the ultimate course of action.
Category 5: Highly Suggestive of Malignancy – Appropriate Action Should Be Taken	These lesions have a high probability of being cancer and should be biopsied or treated surgically.
Category 6: Known Biopsy-Proven Malignancy – Appropriate Action Should Be Taken	These lesions have been biopsied and are known to be malignant.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

BI-RADS™ Breast Density Categories (BR-Preface 1.2)

BR.GG.0001.2.A

v4.0.2025

BI-RADS™ Breast Density Categories
Category A: Almost entirely fatty
Category B: Scattered fibroglandular densities
Category C: Heterogeneously dense
Category D: Extremely dense

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Breast Ultrasound (BR-1)

Guideline

Breast Ultrasound (BR-1.1)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Breast Ultrasound (BR-1.1)

BR.US.0001.1.A
v4.0.2025

- Routine performance of breast ultrasound as stand-alone screening or with screening mammography is not indicated.
  - Breast ultrasound is a supplemental screening alternative for high-risk females (as described in **MRI Breast Indications [BR-5]**) with dense breasts on mammography, when MRI Breast without and with contrast cannot be performed. The inability to perform MRI Breast may be because it cannot be tolerated (i.e., insurmountable claustrophobia or body habitus), or there exists a contraindication (i.e., non-MRI compatible implantable devices or an inability to receive MRI contrast).
  - Breast ultrasound (CPT® 76641 or CPT® 76642) is medically necessary when requested by the treating provider to complete the screening process, recommended by the radiologist report, OR to address a finding on the mammogram.
- Breast ultrasound (CPT® 76641: unilateral, complete; or, CPT® 76642: unilateral, limited) can be used to further evaluate abnormalities found on mammogram, especially in differentiating cysts from solid lesions.
  - A clinical office visit is not necessary prior to breast ultrasound when an abnormality has been identified on a mammogram.
- BI-RADS™ Cat 3 ultrasound follow-up imaging for stable findings at 6 months:
  - if repeat imaging remains BI-RADS™ 3, repeat at 12 months, 18 months, and 24 months from the date of the initial imaging.
    - After 2 years of stability, the finding should be assessed as benign (Cat 2).
  - if repeat imaging is BI-RADS™ 1 or 2, then imaging reverts to routine per individual's risk profile.
- Mammography and breast ultrasound, in any order, regardless of age for palpable breast masses or other clinical abnormalities (such as skin change, pain, nipple inversion). Ultrasound can enhance biopsy.
- For breast implant imaging, please see **Breast Implant Evaluation (BR-5.2)**.
- Axilla ultrasound (CPT® 76882)
  - For females with clinically suspicious lymph nodes, pre-operative axillary ultrasound with a FNA or biopsy can help identify individuals who have positive nodes.
    - See **Axillary Lymphadenopathy (and Mass) (CH-2.2)** in the Chest Imaging Guidelines.
  - Bilateral should be coded CPT® 76882 x 2.
- US-guided breast biopsy (CPT® 19083) includes the imaging component.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

  - Additional lesions should be billed using CPT® 19084.
- Ultrasound Breast can be repeated at least 6 months after an US-directed breast biopsy to document successful lesion sampling if histology is benign and non-specific, equivocal or uncertain.
- 3D Reconstruction (CPT® 76376 or CPT® 76377) is **NOT** indicated for breast ultrasound. It is commonly requested in conjunction with automated breast ultrasound (ABUS); there is no evidence to support its clinical usefulness.
- State-Specific Density Reporting and Imaging Mandate Laws
  - Breast density notification laws have been put into effect by many states. Breast density notification laws vary, but some also contain mandates for additional imaging, which may include MRI and/or ultrasound. For applicable requests involving members in these states, their legislative mandates should be followed.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

MRI Breast Coding (BR-2)

Guideline

MRI Breast Coding (BR-2.1)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

MRI Breast Coding (BR-2.1)

BR.MR.0002.1.A

v4.0.2025

- The use of gadolinium contrast is required for the evaluation of breast parenchyma.
- The use of gadolinium contrast is **NOT** necessary for the evaluation of implant integrity in asymptomatic, average-risk individuals.
- Computer-aided detection (CAD) is included with the MRI Breast CPT® 77049 and CPT® 77048 procedures. The use of HCPCS code C8937 (CAD including computer algorithm analysis of MRI Breast data for lesion detection/characterization, pharmacokinetic analysis, with further physician review for interpretation) is **NOT** necessary with these procedures.
  - The use of CAD has little influence on the sensitivity and specificity of MRI Breast interpretation.
  - The use of HCPCS code C8937 (CAD including computer algorithm analysis of MRI Breast data for lesion detection/characterization, pharmacokinetic analysis, with further physician review for interpretation) is currently considered investigational, experimental, and/or unproven.
  - Since the CAD software automatically performs 3D imaging, CPT® 76376 or CPT® 76377 should **NOT** be used in conjunction with MRI Breast.
- MRI-guided breast biopsy (CPT® 19085) includes the imaging component and the needle placement under MR guidance; CPT® 77021 MR guidance for needle placement is **NOT** an appropriate code to bill for a breast biopsy.
  - Additional lesions should be billed using CPT® 19086.
  - This program does not manage codes CPT® 19085 or CPT® 19086.

Background and Supporting Information

- Although MRI Breast has superior sensitivity in identifying new unknown malignancies, it carries a significant false positive risk when compared to mammogram and ultrasound. Incidental lesions are seen on 15% of MRI Breast and increase with younger age. The percentage of incidental lesions that turn out to be malignant varies from 3% to 20% depending on the individual population. Cancer is identified by MRI Breast in only 0.7% of those with “inconclusive mammographic lesions.”

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Breast Reconstruction (BR-3)

Guideline

Breast Reconstruction (BR-3.1)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Breast Reconstruction (BR-3.1)

BR.RC.0003.1.A

v4.0.2025

- CTA or MRA of the body part from which the free-tissue transfer flap is being taken, can be performed for breast reconstruction pre-operative planning.
  - For example, CTA Abdomen and/or Pelvis (CPT® 74175 or CPT® 72191 or CPT® 74174) or MRA Abdomen and/or Pelvis (CPT® 74185 and/or CPT® 72198) for Deep Inferior Epigastric Perforators (DIEP) flap.
- Routine use of CTA Chest (CPT® 71275) to evaluate recipient vessels is **NOT** indicated.
  - **Criteria exception**: In circumstances where there has been previous cardiac/ vascular surgery and/or known vascular anomalies in the chest, it may be warranted.
- There is currently insufficient evidence-based data to support the need for routine advanced imaging for TRAM flaps or other flaps performed on a vascular pedicle.

Evidence Discussion

The American College of Radiology (ACR) Appropriateness Criteria state that either MRA abdomen and pelvis with and without IV contrast and CTA abdomen and pelvis with IV contrast are usually appropriate for preoperative planning in patients undergoing DIEP flap breast reconstruction.[2] Studies have found CTA mapping results in a shorter operative time when compared with no mapping in cases of breast reconstruction with free-tissue flap transfer (e.g., with Deep Inferior Epigastric Perforator (DIEP) flaps).[1]

In contrast, routine use of CTA chest to evaluate for recipient vessels (often the internal mammary vessels) is not indicated. This is because a number of studies have found that the anatomy and course of these vessels is largely consistent, and that there is good concordance between surgical and radiological findings – either with ultrasound or CTA.[3] CTA, however, carries with it significant risks, including contrast nephrotoxicity and allergic reactions, and the significantly higher risk of radiation exposure in the chest than in the abdomen.[4] As such, many surgeons will use hand-held Doppler ultrasound either pre- and/or intra-operatively to evaluate recipient vessels. In certain circumstances, such as with previous surgery and/or radiation that would be expected affect the candidacy of potential recipient vessels, preoperative CTA of the chest may be considered.

As pedicled flaps, by definition, do not require a microvascular anastomosis and are not disconnected from their blood supply, there is no current evidence to support routine preoperative imaging in these patients. A recent study evaluating the use of preoperative CTA in patients undergoing pedicled TRAM flap reconstruction found that

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

there was no significant difference in terms of operative time nor flap loss in patients who had a preoperative CTA compared those who did not.[5]

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

MRI Breast Indications (BR-5)

Guideline

MRI Breast Indications (BR-5.1)
Breast Implant Evaluation (BR-5.2)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

MRI Breast Indications (BR-5.1)

BR.ID.0005.1.A
v4.0.2025

Breast MRI Considerations

- When MRI Breast imaging is medically necessary (per the criteria listed in the sections below), an MRI Breast Bilateral with and without contrast is supported.
- MRI Breast Unilateral is **NOT** clinically supported.
- See **Breast Ultrasound (BR-1)** when there is a contraindication to MRI contrast.
- See **MRI Breast Coding (BR-2)** for MRI-guided breast biopsy.
- See **Breast Cancer (ONC-11)** in the Oncology Imaging Guidelines for imaging indications related to breast cancer as follows:
  - Breast Cancer - Initial work-up/Staging
  - Breast Cancer - Restaging/Recurrence
  - Breast Cancer - Surveillance/Follow-up
  - Annual screening with prior history of breast cancer

Malignant Phyllodes Tumor (Cystosarcoma Phyllodes)

- MRI Breast is medically necessary pre-operatively to establish extent of disease where a diagnosis of malignant phyllodes tumor has previously been established by tissue diagnosis. See **Background and Supporting Information**.

MRI Following a Screening Mammogram and/or US in Asymptomatic Individuals

- MRI Breast is medically necessary for **EITHER** of the following:
  - When requested by the treating provider to complete the screening process, recommended by the radiologist report, OR to address a finding on the mammogram.
  - Documented histopathologic discordance between core-needle biopsy findings and imaging findings. MRI Breast is medically necessary for further evaluation **after** the discordant biopsy (before consideration for surgical management vs. observation).
    - Discordance exists when the biopsy result does not adequately explain the abnormal (BI-RADS™ 4 or 5) findings on mammogram and/or ultrasound.
- For symptomatic individuals, please refer to the following appropriate condition-based guideline:
  - **Nipple Discharge/Galactorrhea (BR-6.1)**
  - **Breast Pain (Mastodynia) (BR-7.1)**
  - **Suspected Breast Cancer in Males (BR-9.1)**
  - **Breast Mass (BR-14.1)**
- See **MRI BI-RADS™ 3** section for lesions categorized as BI-RADS™ 3 on MRI.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

MRI BI-RADS™ 3

- A probably benign lesion on **MRI** (MRI BI-RADS™ 3) should undergo repeat MRI in 6 months.
  - If repeat imaging remains MRI BI-RADS™ 3, then repeat at 12 months, 18 months, and 24 months from the date of the initial imaging.
    - After 2 years of stability, the finding should be assessed as benign (Cat 2)
  - If repeat imaging is BI-RADS™ 1 or 2, then imaging reverts to routine per individual's risk profile. See **Risk Factors** section.

Post Biopsy Imaging

- For lesions initially seen on MRI Breast and that have benign and non-specific, equivocal or uncertain histology (based on a stereotactic, MRI-guided, or US-directed breast biopsy), an MRI Breast is medically necessary at least 6 months after the biopsy to document successful lesion sampling.

Risk Factors

- Routine MRI Breast following bilateral mastectomy is **NOT** medically necessary (even if high-risk screening criteria may otherwise be met).
- Annual MRI Breast screening is medically necessary for individuals meeting the high-risk criteria in the table below:

High-Risk Indications	Age at which screening can start**
Genetic Mutations:*	
Li Fraumeni (p53)	20
BRCA 1 or 2	25
STK11, Peutz-Jeghers syndrome (PJS), PTEN Mutation (Cowden Syndrome), CDH1, NF1, PALB2, ATM, CHEK2	30**
BARD1, RAD51C, RAD51D	40**
Personal history of atypia/LCIS:	
ADH, ALH, LCIS	At diagnosis but not prior to age 25
Family history:	

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

High-Risk Indications	Age at which screening can start**
If the individual has **NOT** been tested for BRCA mutation **and** there is a first-degree relative (parent, sibling, child; half siblings are considered second-degree relatives) with BRCA 1 or BRCA 2 mutation. Annual screening is **NOT** medically necessary if the individual has been tested and is negative for BRCA 1 or BRCA 2 mutation unless they meet other criteria.	40**
Two or more first-degree relatives with breast or ovarian cancer	40**
One first-degree relative with breast cancer or ovarian cancer that was diagnosed ≤ age 50	40**
One first-degree relative with bilateral breast cancer, or both breast and ovarian cancer	40**
A first- or second-degree male relative (father, brother/half-brother, uncle, grandfather) diagnosed with breast cancer	40**
Risk by Gail (NCI), Claus, Tyrer-Cuzick (IBIS), or BRCAPRO Model:	
Clinical lifetime-risk estimated at greater than or equal to 20%	40**
Personal history of radiation therapy when younger than age 30:	
Radiation to chest, whole lung, mediastinum, axilla, mantle (including mini mantle or extended mantle), total or subtotal lymphoid irradiation or total body irradiation (TBI)	25 or 8 years after completion of radiation therapy *whichever comes later*
Breast Density:	
Heterogeneously Dense Breasts (Category C) or Extremely Dense Breasts (Category D) with no additional risk factors	40

*The following have unknown or insufficient evidence of breast cancer risk and additional MRI screening is NOT medically necessary at this time: MSH2, MLH1, MSH6, PMS2, EPCAM, NBN, genetic variants of unknown significance, genetic variants favoring polymorphism, and genetic variants of intermediate penetrance.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

OR 10 years prior to the age of diagnosis of the earliest relative with breast cancer (first-, second-, and third-degree relatives) *whichever comes first*, **but not before age 25

Background and Supporting Information

- myRisk® Hereditary Cancer (Myriad Genetics, Inc.) is not accepted as a risk calculator to determine high-risk for breast cancer.
- MRI should not be used in lieu of biopsy of mammographically, clinically, and/or sonographically suspicious findings (ACR Practice Guidelines).
- Phyllodes Tumor (Cystosarcoma Phyllodes)
  - Phyllodes tumor is usually benign and has clinical characteristics of fibroadenoma, although they may exhibit rapid growth. MRI Breast has not been shown to be of value in distinguishing fibroadenoma from phyllodes tumor.
  - Diagnosis is made by tissue diagnosis (percutaneous core biopsy or excisional biopsy). FNA biopsy is inaccurate in phyllodes tumor diagnosis and is not recommended.
  - Treatment is wide local excision. Axillary lymph node dissection is not necessary. It has a predilection for local recurrence following local excision.
  - If biopsy establishes a diagnosis of **malignant phyllodes** (cystosarcoma phyllodes), it should be treated as a soft tissue sarcoma. See **Sarcomas – Bone, Soft Tissue, and GIST (ONC-12)** in the Oncology Imaging Guidelines.

Evidence Discussion

High-Risk Indications

Li-Fraumeni Syndrome is associated with an increased incidence of premenopausal breast cancer, with the median age of diagnosis being in the early 30s.[10] Accordingly, the National Institute for Health and Care Excellence[9] recommended annual MRI screening beginning at age 20.[9]

While the American Cancer Society found that there's not enough evidence to make a recommendation for or against screening MRI in these populations[6],the NCCN has recommended annual breast MRI for those with ADH, ALH or LCIS who have at least a 20% residual lifetime risk of developing breast cancer. Screening could begin at the age of diagnosis of ADH or lobular neoplasia, but not before the age of 25. They further noted that the residual lifetime risk calculation depends on the age at diagnosis.[7]

BRCA1 and *2* are associated with a risk of developing breast cancer >60%.[8] The NCCN guidelines recommended starting MRI screening at the age of 25.[8]

STK11 mutations are associated with a 32-54% risk of developing primary breast cancer. *CDH1* and *PALB2* mutations each confer a risk of 41-60% of developing breast cancer. NCCN guidelines recommended starting MRI screening in these patients at

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

age 30. For patients with NF1, the risk of developing breast cancer is 20-40%. NCCN guidelines recommended considering annual MRI screening from ages 30-50. *ATM* mutations are associated with a 20-30% risk of developing breast cancer, and *CHEK2* mutations similarly are associated with a 20-40% risk. NCCN guidelines suggested consideration of annual breast MRI starting at age 30-35 in both of these groups. *PTEN* mutations are associated with a 40-60% risk of developing breast cancer. While NCCN guidelines are silent on breast cancer screening for this population, ESMO guidelines recommended starting annual MRI at the age of 30.[8,11]

BARD1, *RAD51C* and *RAD51D* are each associated with a 17-30% risk of developing breast cancer. The NCCN guidelines recommended considering an annual breast MRI starting at age 40.[8]

However, mutations and variants with a <15% absolute risk of developing breast cancer lack sufficient evidence to suggest that screening MRI would be beneficial. Therefore, the NCCN does not recommend screening MRI for these patients unless other risks are present.[8]

The American Cancer Society considers individuals who have a first-degree relative with a BRCA 1 or 2 gene mutation and who have not been tested themselves to be at high risk. They recommended an annual MRI screening starting at age 30.[6] On the other hand, NCCN guidelines suggested that untested individuals with a first-degree relative with a BRCA 1 or 2 mutation should start screening either 10 years before the youngest family member was diagnosed with breast cancer, but not before age 25, or at age 40, whichever comes first.[7]

The NCCN has issued guidance that now recommends patients with extremely dense breast tissue on mammogram begin screening with MRI breast at age 50, but also notes that "consideration can be given to start at age 40 based on individual risk factors".[7] The Updated Recommendations from ACR also addresses the use of MRI breast in patients with dense breast tissue for supplemental screening. They do not differentiate between heterogeneously and extremely dense breasts in their recommendation and instead, recommend screening for those with dense breasts starting at age forty.[86] ACR considers dense breasts to be heterogeneously dense (Category C) and extremely dense (Category D).[87]

MRI utilizes a magnetic field and radio waves with computer processing to produce detailed images whereas CT uses ionizing radiation. Radiation dosages vary based on many factors and can be harmful to tissues. Thus, from radiation safety perspective MRI should be utilized when appropriate and supported by existing literature; however, the NCCN also acknowledges potential harms of MRI use, such as increased false positives, increased recall, and increased benign biopsies.[7]

Phyllodes Tumor

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Phyllodes tumors of the breast are usually benign, fibroepithelial lesions that have a range of biologic behaviors. Diagnosis is made by percutaneous core biopsy or excisional biopsy. MRI breast has not been shown to be of value in distinguishing phyllodes tumor from fibroadenoma. However, malignant phyllodes have the propensity to metastasize. Thus, MRI is supported in malignant phyllodes to determine the extent of disease and resectability.[12]

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Breast Implant Evaluation (BR-5.2)

BR.ID.0005.2.U
v4.0.2025

Suspected Rupture of Breast Implants

- Routine surveillance imaging for asymptomatic individuals to assess the integrity of breast implants (silicone or saline) is **NOT** supported.
- Breast MRI is **NOT** indicated for evaluation of capsular contracture.
- For suspected rupture of breast implants (saline or silicone), with a relevant equivocal clinical examination and/or conventional imaging, the imaging for further evaluation is indicated in the table below:

SALINE

Evaluation of Suspected Rupture of Breast Implant		
Saline Implants (in females or transfeminine)	**Asymptomatic**	**Exam Equivocal For Rupture**
<30	No routine imaging supported.	Ultrasound
30-39	No routine imaging supported.	Ultrasound or Diagnostic Mammogram
≥40	No routine imaging supported.	Ultrasound or Diagnostic Mammogram

If ultrasound or diagnostic mammogram results are indeterminate for saline implant rupture, additional imaging with Breast MRI without contrast (CPT® 77047) is supported for further evaluation.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

SILICONE

Evaluation of Suspected Rupture of Breast Implant			
Silicone Implants (in females or transfeminine)	**Asymptomatic (< 5 years after implant placement)**	**Asymptomatic (initial imaging at > 5 years after implant placement and follow-up imaging every 2 to 3 years after initial negative imaging)**	**Exam Equivocal For Rupture**
All ages	No routine advanced imaging supported.	Ultrasound (further evaluation with Breast MRI without contrast (CPT® 77047) if ultrasound is indeterminate	Ultrasound OR Breast MRI without contrast (CPT® 77047)

Evidence Discussion

Breast Implant Evaluation

The two types of breast implants include saline and silicone. Saline implant rupture is more clinically apparent, since the body readily resorbs the leaking saline and the implant shell appears deflated on exam.[13] Thus, there is no role for MRI breast(s) in asymptomatic women with saline implants.[14] However, if the exam is equivocal for rupture, initial imaging supported by the American College of Radiology includes diagnostic mammogram and/or ultrasound in individuals >30 years old. In those <30 years of age, diagnostic mammogram is not typically performed and ultrasound is the initial imaging of choice.[14]

An exam is not as reliable for detecting the rupture of silicone implants as it is for saline implants. Therefore, if an exam is equivocal for rupture, imaging with a combination of ultrasound, mammogram, and/or MRI of the breast (with the choice of mammogram depending upon age) is appropriate.[15]

The initial evaluation of individuals who present with a suspicious finding on breast imaging or a palpable mass upon examination involves a biopsy (percutaneous or surgical if percutaneous is not feasible). If the biopsy results are discordant with the imaging findings, an MRI for further evaluation is supported.[16]

Imaging with BI-RADS assessment of category 4 require biopsy. MRI is not supported prior to biopsy.[17]

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Imaging with BI-RADS assessment of category 3 require short-term follow up imaging: at 6, 12, and 24 months.[18]

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Nipple Discharge/ Galactorrhea (BR-6)

Guideline

Nipple Discharge/Galactorrhea (BR-6.1)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Nipple Discharge/Galactorrhea (BR-6.1)

BR.DC.0006.1.A
v4.0.2025

- Pathologic nipple discharge
  - Initial imaging should include diagnostic mammogram and ultrasound (CPT® 76641: unilateral, complete; or, CPT® 76642: unilateral, limited). If these are negative or inconclusive, MRI Breast is the next appropriate imaging study.
- Physiologic nipple discharge
  - If nipple discharge is physiologic, there are no suspicious findings on clinical exam, and mammogram and ultrasound are negative, no additional imaging is necessary, and the individual can be reassured.

Background and Supporting Information

- Physiologic nipple discharge is predominantly bilateral but may be unilateral. It is commonly multi-duct. It is predominantly milky but may be white or a variety of colors including serous, yellow, green, brown, or gray. Evaluation for hyperprolactinemia can be considered.
- For milky discharge, prolactin and TSH levels are recommended to diagnose prolactinoma; pituitary imaging is not needed if normal serum Prolactin.
- Pathologic nipple discharge is defined as unilateral, bloody or serous, arising from a single duct, persistent, and spontaneous.

Evidence Discussion

No specific breast imaging is used for evaluation of physiologic discharge, other than usual screening mammogram in the appropriate age group. Otherwise, the evaluation is medical, including lab studies to rule out endocrine etiology. In a study of 13,443 women with nipple discharge, 316 (2.3%) had nonspontaneous discharge, only 1 (0.3%) of whom had carcinoma.[19] Similarly, a retrospective review of 273 women who underwent diagnostic and therapeutic surgery for nipple discharge found no malignancies in those presenting with physiologic nipple discharge.[20]

The evaluation of pathologic nipple discharge is aimed at determining if there is an underlying intraductal papilloma, high-risk lesion, or a malignancy. Larger studies estimate the rate of malignancy or high-risk histopathologic lesions to be 11% to 16% of patients with pathologic nipple discharge.[22] Initial radiographic evaluation includes both diagnostic mammography and targeted breast ultrasound. If both are non-diagnostic, then MRI is the next imaging modality used for evaluation. Contrast-enhanced MRI has demonstrated sensitivities of 93 to 100 percent for invasive cancers as well as benign papillary lesions.[23]

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Breast Pain (Mastodynia) (BR-7)

Guideline

Breast Pain (Mastodynia) (BR-7.1)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Breast Pain (Mastodynia) (BR-7.1)

BR.PA.0007.1.A
v4.0.2025

- Evaluation of breast pain requires a history and physical exam.
- Mammogram and ultrasound are the initial imaging for breast pain.
- Advanced imaging is **NOT** routinely indicated in individuals with breast pain.

Background and Supporting Information

- The risk of malignancy following a negative clinical examination (clinical breast exam, mammogram, ultrasound) has been estimated to be only 0.5%.

Evidence Discussion

In a recent study of 2820 patients presenting with breast pain, the cancer detection rate in those who underwent breast imaging was found to be 0.09%, 1% and 1.4% in patients under the age of 40, 40-49 and 50 years of age or older, respectively.[24] Similarly, in a case control study comparing 987 women with painful breasts and 987 controls, the prevalence of breast cancer was similar between the two groups (0.8% vs. 0.7%, respectively).[25] Given these data, in the absence of other factors, the American College of Radiology recommends against the use of MRI in patients with breast pain.[26]

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Alternative Breast Imaging Approaches (BR-8)

Guideline

Alternative Breast Imaging Approaches (BR-8.1)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Alternative Breast Imaging Approaches (BR-8.1)

BR.AA.0008.1.A
v4.0.2025

Molecular Breast Imaging (MBI)

- Molecular Breast Imaging (CPT® 78800) is supported in individuals who meet criteria for breast cancer screening with MRI (per **BR-5**) but for whom MRI is contraindicated.
  - See **Risk Factors** below.

Risk Factors

- Routine MRI Breast following bilateral mastectomy is NOT indicated (even if high-risk screening criteria may otherwise be met).
- Annual MRI Breast screening is indicated for individuals meeting the high-risk criteria in the table below:

High-Risk Indications	Age at which screening can start**
Genetic Mutations:*	
Li Fraumeni (p53)	20
BRCA 1 or 2	25
STK11, Peutz-Jeghers syndrome (PJS), PTEN Mutation (Cowden Syndrome), CDH1, NF1, PALB2, ATM, CHEK2	30**
BARD1, RAD51C, RAD51D	40**
Personal history of atypia/LCIS:	
ADH, ALH, LCIS	At diagnosis but not prior to age 25
Family history:	

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

High-Risk Indications	Age at which screening can start**
If the individual has **NOT** been tested for BRCA mutation **and** there is a first-degree relative (parent, sibling, child; half siblings are considered second-degree relatives) with BRCA 1 or BRCA 2 mutation. Annual screening is **NOT** indicated if the individual has been tested and is negative for BRCA 1 or BRCA 2 mutation unless they meet other criteria.	40**
Two or more first-degree relatives with breast or ovarian cancer	40**
One first-degree relative with breast cancer or ovarian cancer that was diagnosed ≤ age 50	40**
One first-degree relative with bilateral breast cancer, or both breast and ovarian cancer	40**
A first- or second-degree male relative (father, brother/half-brother, uncle, grandfather) diagnosed with breast cancer	40**
Risk by Gail (NCI), Claus, Tyrer-Cuzick (IBIS), or BRCAPRO Model:	
Clinical lifetime-risk estimated at greater than or equal to 20%	40**
Personal history of radiation therapy when younger than age 30:	
Radiation to chest, whole lung, mediastinum, axilla, mantle (including mini mantle or extended mantle), total or subtotal lymphoid irradiation or total body irradiation (TBI)	25 or 8 years after completion of radiation therapy *whichever comes later*
Breast Density:	
Heterogeneously Dense Breasts (Category C) or Extremely Dense Breasts (Category D) with no additional risk factors	40

*The following have unknown or insufficient evidence of breast cancer risk and additional MRI screening is NOT indicated at this time: MSH2, MLH1, MSH6, PMS2, EPCAM, NBN, genetic variants of unknown significance, genetic variants favoring polymorphism, and genetic variants of intermediate penetrance.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

OR 10 years prior to the age of diagnosis of the earliest relative with breast cancer (first-, second-, and third-degree relatives) *whichever comes first*, **but not before age 25

Other Alternative Breast Imaging Techniques

Other alternative breast imaging techniques may have FDA approval, but they remain investigational with respect to **BOTH** screening and diagnosis of breast cancer. These include the following:

- Nuclear breast imaging, including:
  - Scintimammography
  - Breast specific gamma imaging (BSGI)
- PET Mammography (PEM)
- Thermography
- Impedance Mammography
- Other techniques to detect oxygen consumption, light absorption, microwave transmission, nitrous oxide production
- CT Breast (CPT® 0633T, CPT® 0634T, CPT® 0635T, CPT® 0636T, CPT® 0637T, or CPT® 0638T)
- Cone Beam CT Breast

Background and Supporting Information

- CT Breast
  - CT Breast is evolving and currently being studied as a mode of breast cancer detection. It remains under investigation, and is not to be used in lieu of conventional breast imaging modalities.
- Positron Emission Mammography
  - There is currently insufficient data available to generate appropriateness criteria for this modality, and this procedure should be considered investigational at this time.
    - High-resolution positron-emission mammography (PEM) by Naviscan™ PET Systems, also referred to as Naviscan™ or PET mammography, performs high-resolution metabolic imaging for breast cancer using an FDG tracer. The PEM detectors are integrated into a conventional mammography system, allowing acquisition of the emission images immediately after the mammogram.
    - Requesting providers often ask for PEM as CPT® 78811 or “PET scan of the breast.”
    - The spatial resolution of this technique is at the individual duct level (1.5 mm) and allows visualization of intraductal as well as invasive breast cancers. This technique is especially adept at detecting ductal carcinoma in situ.
    - Early clinical trials have shown high clinical accuracy in characterizing lesions identified as suspicious on conventional imaging or physical examination,

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

as well as in detecting incidental breast cancers not seen on other imaging modalities.

- A prospective multi-center clinical trial for females with newly diagnosed breast cancer anticipating breast-conservation surgery was performed. These females underwent both high-resolution PEM imaging and breast MRI. Results showed that PEM and MRI had comparable breast-level sensitivity, although MRI had greater lesion-level sensitivity and more accurately depicted the need for mastectomy. PEM had greater specificity at the breast and lesion levels. Of these, 3.6% of the females had tumors seen only with PEM.
- The radiation exposure from a PEM study is 23 times higher than for digital mammography.

Evidence Discussion

There is limited data regarding the use of MBI in individuals of average breast cancer risk. However, in those classified as high risk (lifetime risk ≥ 20%), the NCCN guideline supported MBI for those who meet criteria for supplemental breast MRI, but who cannot undergo MRI.[7]

There is no data to support other alternative breast imaging techniques. They are not supported for screening by the ACR, NCCN, or other breast society guidelines. As more data becomes available, the guidelines will be updated accordingly.

The American Cancer Society considers individuals who have a first-degree relative with a BRCA 1 or 2 gene mutation and who have not been tested themselves to be at high risk. They recommended an annual MRI screening starting at age 30.[6] On the other hand, NCCN guidelines suggested that untested individuals with a first-degree relative with a BRCA 1 or 2 mutation should start screening either 10 years before the youngest family member was diagnosed with breast cancer, but not before age 25, or at age 40, whichever comes first.[7]

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Suspected Breast Cancer in Males (BR-9)

Guideline

Suspected Breast Cancer in Males (BR-9.1)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Suspected Breast Cancer in Males (BR-9.1)

BR.MA.0009.1.A
v4.0.2025

See **Breast Ultrasound (BR-1)**

- There is limited evidence on the use of MRI in the evaluation of male breast disease.
- Further diagnostic pathway for suspicious clinical or imaging findings usually requires tissue diagnosis.

Background and Supporting Information

- Breast cancer in males presents as a mass, skin/nipple change, or pathologic nipple discharge.

Evidence Discussion

Breast cancer management in cis-gender males is similar to females. NCCN guidelines recommend that, for male patients presenting with bilateral breast enlargement consistent with gynecomastia or pseudogynecomastia, reassurance with clinical management of the presumed cause (e.g., drug induced, hypogonadism, hyperthyroidism, etc) is all that is needed. For male patients presenting with palpable symptoms not explained by gynecomastia, or for those presenting with bloody nipple discharge, work up should include mammography and ultrasound, followed by core needle biopsy if these studies should be found to be BIRADS category 4-5.[7] Mammography has been found to be accurate in distinguishing benign from malignant lesions in men, and has a sensitivity and specificity of 92% and 90%, respectively, such that more advanced imaging is generally not required.[27]

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Breast Evaluation in Pregnant or Lactating Females (BR-10)

Guideline

Breast Evaluation in Pregnant or Lactating Females (BR-10.1)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Breast Evaluation in Pregnant or Lactating Females (BR-10.1)

BR.PR.0010.1.A
v4.0.2025

- Breast US (CPT® 76641 or CPT® 76642) is first-line imaging in pregnant and lactating females.
- If pregnant/lactating female has a palpable mass **OR** has persistent unilateral bloody nipple discharge and US is negative or suspicious, follow with diagnostic mammogram (with lead abdominal shielding).
- IV Gadolinium is required with MRI to evaluate breast parenchyma but is contraindicated in pregnancy. Biopsy, rather than advanced imaging, is recommended after inconclusive mammogram and US.
- Breast MRI without and with contrast (CPT® 77049) is supported for evaluation in lactating women if criteria are met otherwise (see **BR-5.1**).

Evidence Discussion

Pregnancy-associated breast cancer (PABC) is defined as breast cancer diagnosed during pregnancy, throughout the first postpartum year, or during lactation.

The most common presentation of PABC is a palpable mass, but >80% of palpable masses that are biopsied in pregnant and breastfeeding women are benign.[82]

Given the difficulty examining the pregnant and lactating individual, diagnostic breast imaging is crucial in characterizing the features of a palpable mass. In up to 20% of lactating women, isolated bloody nipple discharge without an associated mass can occur, most commonly due to benign etiologies. However, if persistent, bloody nipple discharge can also be a sign of breast cancer. Diagnostic imaging is also recommended in these women.

Ultrasound has the highest sensitivity for the diagnosis of PABC.[83,84] Additionally, both pregnant and lactating woman are predominantly young and have dense breast tissue. Therefore the sensitivity of mammography decreases in these women. For that reason, ultrasound is the first-line imaging in pregnant and lactating women.[84]

Advanced imaging with breast MRI has a limited role in pregnant women. The IV administration of gadolinium is contraindicated. If there is clinical suspicion of malignancy, a biopsy is the next step in evaluation.[61,85]

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Transgender Breast Cancer Supplemental Screening (BR-12)

Guideline

Transgender Breast Cancer Supplemental Screening (BR-12.1)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Transgender Breast Cancer Supplemental Screening (BR-12.1)

BR.TS.0012.1.A

v4.0.2025

- Annual supplemental Ultrasound **AND/OR** MRI Breast screening is indicated for the following:
  - Transmasculine (female-to-male) with **ALL** of the following risk factors:
    - Reduction mammoplasty or no chest surgery
    - Age ≥25
    - High-risk (≥20% lifetime risk)
- Annual Ultrasound and/or MRI Breast, in addition to mammogram, for breast cancer screening is **NOT** indicated in any other scenarios, including **ANY** of the following:
  - Transfeminine (male-to-female)
  - Transmasculine (female-to-male), who have had bilateral mastectomies
  - Transmasculine (female-to-male), who have **NOT** had mastectomies **AND** are at average risk or intermediate risk
- Acceptable models of calculating clinical lifetime-risk include the following: Gail (NCI), Claus, Tyrer-Cuzick (IBIS), or BRCAPRO.

Evidence Discussion

A number of studies have found that transgender patients who have transitioned from female to male have the same risk of developing breast cancer as their cis-gendered female counterparts.[28-30] As such, those who still have breast tissue (i.e., have only undergone reduction mammoplasty or no chest surgery), should be screened similarly to cis-gendered women.

The American College of Radiology Appropriateness criteria recommend the use of ultrasound and/or MRI for patients who are at intermediate to high risk based on either having a lifetime risk ≥ 20%, a personal history of breast cancer, lobular neoplasia or atypia, chest wall irradiation, or have a genetic predisposition to developing breast cancer.[30] The ACR, does however, recommend transmasculine (female-to-male) patients start screening earlier than their cis-gendered counterparts (starting at 25-30 years of age).[30]

For transmasculine patients who are at low to average risk, mammography alone is sufficient.[28-30] Patients who have had bilateral mastectomies have minimal residual breast tissue, such that breast cancer screening using imaging is not indicated.[28-30]

The ACR found insufficient evidence to support the use of routine MRI screening in transfeminine (male-to-female) patients, regardless of duration of hormone use and/or

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

genetic factors. Transfeminine patients who would otherwise be considered "high risk" based on personal or family history may consider annual mammography. Similaraly, mammography may be appropriate in transfeminine patients who have taken feminizing hormones for more than 5 years.[30]

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

3D Rendering (BR-13)

Guideline

3D Rendering (BR-13.1)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

3D Rendering (BR-13.1)

BR.TD.0013.1.A

v4.0.2025

- 3D rendering (CPT® 76376 or CPT® 76377) should **NOT** be used in conjunction with **ANY** 3D mammography code.
- 3D rendering (CPT® 76376 or CPT® 76377) is **NOT** indicated for breast ultrasound. It is commonly requested in conjunction with automated breast ultrasound (ABUS); there is no evidence to support its clinical usefulness.
- 3D rendering (CPT® 76376 or CPT® 76377) should **NOT** be used in conjunction with MRI Breast.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Breast Mass (BR-14)

Guideline

Breast Mass (BR-14.1)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Breast Mass (BR-14.1)

BR.MS.0014.1.A

v4.0.2025

- MRI Breast is **NOT** medically necessary to determine biopsy recommendations for suspicious or indeterminate lesion(s) that can be readily biopsied on physical exam, such as palpable masses.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (BR)

Guideline

References (BR)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

References (BR)

v4.0.2025

1. Wade RG, Watford J, Wormald JCR, Bramhall RJ, Figus A. Perforator mapping reduces the operative time of DIEP flap breast reconstruction: A systematic review and meta-analysis of preoperative ultrasound, computed tomography and magnetic resonance angiography. *J Plast Reconstr Aesthet Surg*. 2018;71(4):468-477. doi:10.1016/j.bjps.2017.12.012
2. Expert Panel on Vascular Imaging, Singh N, Aghayev A, et al. ACR Appropriateness Criteria® Imaging of Deep Inferior Epigastric Arteries for Surgical Planning (Breast Reconstruction Surgery): 2022 Update. *J Am Coll Radiol*. 2022;19(11S):S357-S363. doi:10.1016/j.jacr.2022.09.004
3. Murray AC, Rozen WM, Alonso-Burgos A, Ashton MW, Garcia-Tutor E, Whitaker IS. The anatomy and variations of the internal thoracic (internal mammary) artery and implications in autologous breast reconstruction: clinical anatomical study and literature review. *Surg Radiol Anat*. 2012;34(2):159-165. doi:10.1007/s00276-011-0886-7
4. Rozen WM, Alonso-Burgos A, Murray AC, Whitaker IS. Is there a need for preoperative imaging of the internal mammary recipient site for autologous breast reconstruction?. *Ann Plast Surg*. 2013;70(1):111-115. doi:10.1097/SAP.0b013e318210874f
5. Fong A, Park HS, Ross DA, Rozen WM. Preoperative planning of unilateral breast reconstruction with pedicled transverse rectus abdominis myocutaneous (TRAM) flaps: a pilot study of perforator mapping. *Gland Surg*. 2023;12(3):366-373. doi:10.21037/gs-22-529
6. American Cancer Society Recommendations for the Early Detection of Breast Cancer. American Cancer Society. https://www.cancer.org/cancer/types/breast-cancer/screening-tests-and-early-detection/american-cancer-society-recommendations-for-the-early-detection-of-breast-cancer.html
7. National Comprehensive Cancer Network® (NCCN®). NCCN Clinical Practice Guidelines in Oncology (NCCN Guidelines®): Breast Cancer Screening and Diagnosis. Version 2.2025. March 28, 2025. Referenced with permission from the NCCN Clinical Practice Guidelines in Oncology (NCCN Guidelines®) for Breast Cancer Screening and Diagnosis V.2.2025. ©2025 National Comprehensive Cancer Network, Inc. All rights reserved. The NCCN Guidelines® and illustrations herein may not be reproduced in any form for any purpose without the express written permission of the NCCN. To view the most recent and complete version of the NCCN Guidelines, go online to NCCN.org.
8. National Comprehensive Cancer Network® (NCCN®). NCCN Clinical Practice Guidelines in Oncology (NCCN Guidelines®): Genetic/Familial High-Risk Assessment: Breast, Ovarian, and Pancreatic. Version 3.2024. February 12, 2024. Referenced with permission from the NCCN Clinical Practice Guidelines in Oncology (NCCN Guidelines®) for Genetic/Familial High-Risk Assessment: Breast, Ovarian, and Pancreatic V.3.2024. ©2024 National Comprehensive Cancer Network, Inc. All rights reserved. The NCCN Guidelines® and illustrations herein may not be reproduced in any form for any purpose without the express written permission of the NCCN. To view the most recent and complete version of the NCCN Guidelines, go online to NCCN.org.
9. Familial breast cancer: classification, care and managing breast cancer and related risks in people with a family history of breast cancer. Clinical guideline [CG164]. National Institute for Health and Care Excellence. https://www.nice.org.uk/guidance/cg164/chapter/recommendations#surveillance-and-strategies-for-early-detection-of-breast-cancer
10. Olivier M, Goldgar DE, Sodha N, et al. Li-Fraumeni and related syndromes: correlation between tumor type, family structure, and TP53 genotype. *Cancer Res*. 2003;63(20):6643-6650.
11. Sessa C, Balmaña J, Bober SL, et al. Risk reduction and screening of cancer in hereditary breast-ovarian cancer syndromes: ESMO Clinical Practice Guideline. *Ann Oncol*. 2023;34(1):33-47. doi:10.1016/j.annonc.2022.10.004
12. Tan H, Zhang S, Liu H, et al. Imaging findings in phyllodes tumors of the breast. *Eur J Radiol*. 2012;81(1):e62-e69. doi:10.1016/j.ejrad.2011.01.085
13. Middleton MS. MR evaluation of breast implants. *Radiol Clin North Am*. 2014;52(3):591-608. doi:10.1016/j.rcl.2014.02.013
14. Expert Panel on Breast Imaging, Chetlen A, Niell BL, et al. ACR Appropriateness Criteria® Breast Implant Evaluation: 2023 Update. *J Am Coll Radiol*. 2023;20(11S):S329-S350. doi:10.1016/j.jacr.2023.08.019

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

15. Breast Implants - Certain Labeling Recommendations to Improve Patient Communication. Guidance for Industry and Food and Drug Administration Staff. U.S. Department of Health and Human Services Food and Drug Administration Center for Devices and Radiological Health. https://www.fda.gov/media/131885/download
16. Sanders LM, El-Madany M, Persing A, Mehta A. Use of Contrast-Enhanced MRI in Management of Discordant Core Biopsy Results. *AJR Am J Roentgenol*. 2019;212(5):1157-1165. doi:10.2214/ajr.18.20157
17. Radswiki T, Niknejad M, Yap J, et al. Breast imaging-reporting and data system (BI-RADS) assessment category 4. Reference article, Radiopaedia.org. doi:10.53347/rID-15151
18. Weerakkody Y, Kogan J, Niknejad M, et al. Breast imaging-reporting and data system (BI-RADS) assessment category 3. Reference article, Radiopaedia.org. doi:10.53347/rID-13651
19. Goksel HA, Yagmurdur MC, Demirhan B, et al. Management strategies for patients with nipple discharge. *Langenbecks Arch Surg*. 2005;390(1):52-58. doi:10.1007/s00423-004-0515-6
20. Bahl M, Baker JA, Greenup RA, Ghate SV. Diagnostic Value of Ultrasound in Female Patients With Nipple Discharge. *AJR Am J Roentgenol*. 2015;205(1):203-208. doi:10.2214/AJR.14.13354
21. Newman HF, Klein M, Northrup JD, Ray BF, Drucker M. Nipple discharge. Frequency and pathogenesis in an ambulatory population. *N Y State J Med*. 1983;83(7):928-933.
22. Simmons R, Adamovich T, Brennan M, et al. Nonsurgical evaluation of pathologic nipple discharge. *Ann Surg Oncol*. 2003;10(2):113-116. doi:10.1245/aso.2003.03.089
23. Boisserie-Lacroix M, Doutriaux-Dumoulin I, Chopier J, et al. Diagnostic accuracy of breast MRI for patients with suspicious nipple discharge and negative mammography and ultrasound: a prospective study. *Eur Radiol*. 2021;31(10):7783-7791. doi:10.1007/s00330-021-07790-4
24. Komenaka IK, Nodora J, Martinez ME, et al. Mastalgia is Not An Indication for Mammogram. *J Am Board Fam Med*. Published online September 12, 2022. doi:10.3122/jabfm.2022.AP.210476
25. Duijm LE, Guit GL, Hendriks JH, Zaat JO, Mali WP. Value of breast imaging in women with painful breasts: observational follow up study. *BMJ*. 1998;317(7171):1492-1495. doi:10.1136/bmj.317.7171.1492
26. Holbrook AI, Moy L, Akin EA, et al. ACR Appropriateness Criteria® Breast Pain. *J Am Coll Radiol.* 2018;15(11S):S276-S282. doi:10.1016/j.jacr.2018.09.014
27. Evans GF, Anthony T, Turnage RH, et al. The diagnostic accuracy of mammography in the evaluation of male breast disease [published correction appears in Am J Surg 2001 Jun;181(6):579]. *Am J Surg*. 2001;181(2):96-100. doi:10.1016/s0002-9610(00)00571-7
28. Sterling J, Garcia MM. Cancer screening in the transgender population: a review of current guidelines, best practices, and a proposed care model. *Transl Androl Urol*. 2020;9(6):2771-2785. doi:10.21037/tau-20-954
29. Clarke CN, Cortina CS, Fayanju OM, Dossett LA, Johnston FM, Wong SL. Breast Cancer Risk and Screening in Transgender Persons: A Call for Inclusive Care. *Ann Surg Oncol*. 2022;29(4):2176-2180. doi:10.1245/s10434-021-10217-5
30. Expert Panel on Breast Imaging, Brown A, Lourenco AP, et al. ACR Appropriateness Criteria® Transgender Breast Cancer Screening. *J Am Coll Radiol*. 2021;18(11S):S502-S515. doi:10.1016/j.jacr.2021.09.005
31. Sprague BL, Stout NK, Schechter C, et al. Benefits, Harms, and Cost-Effectiveness of Supplemental Ultrasonography Screening for Women with Dense Breasts. *Ann Intern Med*. 2015;162(3):157-166. doi:10.7326/m14-0692
32. Mendelson EB, Böhm-Vélez M, Berg WA, et al. ACR BI-RADS® Ultrasound. In: *ACR BI-RADS® Atlas, Breast imaging reporting and data system*. 5th ed. American College of Radiology. 2013.
33. Peters NH, Borel Rinkes IH, Zuithoff NP, Mali WP, Moons KG, Peeters PH. Meta-Analysis of MR imaging in the diagnosis of breast lesions. *Radiology*. 2008;246(1):116-124. doi:10.1148/radiol.2461061298
34. Moy L, Elias K, Patel V, et al. Is Breast MRI Helpful in the Evaluation of Inconclusive Mammographic Findings? *AJR Am J Roentgenol*. 2009;193(4):986-993. doi:10.2214/ajr.08.1229
35. Pinel-Giroux FM, El Khoury MM, Trop I, Bernier C, David J, Lalonde L. Breast Reconstruction: Review of Surgical Methods and Spectrum of Imaging Findings. *Radiographics*. 2013;33(2):435-453. doi:10.1148/rg.332125108
36. Dorrius MD, Jansen-van der Weide MC, van Ooijen PM, Pijnappel RM, Oudkerk M. Computer-aided detection in breast MRI: a systematic review and meta-analysis. *Eur Radiol*. 2011;21(8):1600-1608. doi:10.1007/s00330-011-2091-9

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

37. Lehman CD, Blume JD, DeMartini WB, Hylton NM, Herman B, Schnall MD. Accuracy and Interpretation Time of Computer-Aided Detection Among Novice and Experienced Breast MRI Readers. *AJR Am J Roentgenol.* 2013;200(6):W683-W689. doi:10.2214/ajr.11.8394
38. Saslow D, Boetes C, Burke W, et al. American Cancer Society Guidelines for Breast Screening with MRI as an Adjunct to Mammography. *CA Cancer J Clin*. 2007;57(2):75-89. doi:10.3322/canjclin.57.2.75
39. Emaus MJ, Bakker MF, Peeters PH, et al. MR Imaging as an Additional Screening Modality for the Detection of Breast Cancer in Women aged 50-75 Years with Extremely Dense Breasts: The DENSE Trial Study Design. *Radiology*. 2015;277(2):527-537. doi:10.1148/radiol.2015141827
40. Committee opinion no. 625: management of women with dense breasts diagnosed by mammography [published correction appears in Obstet Gynecol. 2016 Jan;127(1):166. doi: 10.1097/AOG.0000000000001228]. *Obstet Gynecol*. 2015;125(3):750-751. doi:10.1097/01.AOG.0000461763.77781.79
41. Siu AL. Screening for Breast Cancer: U.S. Preventive Services Task Force Recommendation Statement. *Ann Intern Med*. 2016;164(4):279-296. doi:10.7326/m15-2886
42. Expert Panel on Breast Imaging, Niell BL, Jochelson MS, et al. ACR Appropriateness Criteria® Female Breast Cancer Screening: 2023 Update. *J Am Coll Radiol*. 2024;21(6S):S126-S143. doi:10.1016/j.jacr.2024.02.019
43. McCarthy CM, Pusic AL, Kerrigan CL. Silicone Breast Implants and Magnetic Resonance Imaging Screening for Rupture: Do U.S. Food and Drug Administration Recommendations Reflect an Evidence-Based Practice Approach to Patient Care? *Plast Reconstr Surg*. 2008;121(4):1127-1134. doi:10.1097/01.prs.0000302498.44244.52
44. Holmich LR, Vejborg IM, Conrad C, et al. Untreated Silicone Breast Implant Rupture. *Plast Reconstr Surg*. 2004;114(1):204-214. doi:10.1097/01.prs.0000128821.87939.b5
45. Chaney AW, Pollack A, McNeese MD, et al. Primary treatment of cystosarcoma phyllodes of the breast. *Cancer*. 2000;89(7):1502-1511. doi:10.1002/1097-0142(20001001)89:7<1502::aid-cncr13>3.0.co;2-p
46. National Comprehensive Cancer Network® (NCCN®). NCCN Clinical Practice Guidelines in Oncology (NCCN Guidelines®): Breast Cancer. Version 4.2024. July 3, 2024. Phyllodes Tumor (PHYLL-1). Referenced with permission from the NCCN Clinical Practice Guidelines in Oncology (NCCN Guidelines®) for Breast Cancer V.4.2024. ©2024 National Comprehensive Cancer Network, Inc. All rights reserved. The NCCN Guidelines® and illustrations herein may not be reproduced in any form for any purpose without the express written permission of the NCCN. To view the most recent and complete version of the NCCN Guidelines, go online to NCCN.org.
47. National Comprehensive Cancer Network® (NCCN®). NCCN Clinical Practice Guidelines in Oncology (NCCN Guidelines®): Breast Cancer Risk Reduction. Version 2.2024. March 11, 2024. Referenced with permission from the NCCN Clinical Practice Guidelines in Oncology (NCCN Guidelines®) for Breast Cancer Risk Reduction V.2.2024. ©2024 National Comprehensive Cancer Network, Inc. All rights reserved. The NCCN Guidelines® and illustrations herein may not be reproduced in any form for any purpose without the express written permission of the NCCN. To view the most recent and complete version of the NCCN Guidelines, go online to NCCN.org.
48. Morris EA, Comstock CE, Lee CH, et al. ACR BI-RADS® Magnetic Resonance Imaging. In: *ACR BI-RADS® Atlas, Breast imaging reporting and data system*. 5th ed. American College of Radiology. 2013.
49. National Comprehensive Cancer Network® (NCCN®). NCCN Clinical Practice Guidelines in Oncology (NCCN Guidelines®): Breast Cancer. Version 4.2024. July 3, 2024. Paget Disease (PAGET-1). National Comprehensive Cancer Network (NCCN) Guidelines Version 4.2024: Breast Cancer. Referenced with permission from the NCCN Clinical Practice Guidelines in Oncology (NCCN Guidelines®) for Breast Cancer V.4.2024. ©2024 National Comprehensive Cancer Network, Inc. All rights reserved. The NCCN Guidelines® and illustrations herein may not be reproduced in any form for any purpose without the express written permission of the NCCN. To view the most recent and complete version of the NCCN Guidelines, go online to NCCN.org.
50. Lim HS, Jeong SJ, Lee JS, et al. Paget disease of the breast: mammographic, US, and MR imaging findings with pathologic correlation. *Radiographics.* 2011;31(7);1973-1987. doi:10.1148/rg.317115070
51. Lee SJ, Trikha S, Moy L, et al. ACR Appropriateness Criteria® Evaluation of Nipple Discharge. *J Am Coll Radiol*. 2017;14(5):138-153. doi:10.1016/j.jacr.2017.01.030
52. Berger N, Luparia A, Di Leo G, et al. Diagnostic Performance of MRI versus Galactography in Women with Pathologic Nipple Discharge: A Systematic Review and Meta-Analysis. *AJR Am J Roentgenol.* 2017;209(2):465-471. doi:10.2214/ajr.16.16682
53. Bahl M, Gadd MA, Lehman CD. JOURNAL CLUB: Diagnostic Utility of MRI After Negative or Inconclusive Mammography for the Evaluation of Pathologic Nipple Discharge. *AJR Am J Roentgenol*. 2017;209(6):1404-1410. doi:10.2214/AJR.17.18139

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

54. Morrogh M, Morris EA, Liberman L, Borgen PI, King TA. The Predictive Value of Ductography and Magnetic Resonance Imaging in the Management of Nipple Discharge. *Ann Surg Oncol.* 2007;14(12):3369-3377. doi:10.1245/s10434-007-9530-5
55. Berg WA. Nuclear Breast Imaging: Clinical Results and Future Directions. *J Nucl Med*. 2016;57(Supplement_1):46S-52S. doi:10.2967/jnumed.115.157891
56. Lee CH, Dershaw DD, Kopans D, et al. Breast cancer screening with imaging: recommendations from the Society of Breast Imaging and the ACR on the use of mammography, breast MRI, breast ultrasound, and other technologies for the detection of clinically occult breast cancer. *J Am Coll Radiol*. 2010;7(1):18-27. doi:10.1016/j.jacr.2009.09.022
57. Monticciolo DL, Newell MS, Moy L, Niell B, Monsees B, Sickles EA. Breast Cancer Screening in Women at Higher-Than-Average Risk: Recommendations From the ACR. *J Am Coll Radiol*. 2018;15(3 Pt A):408-414. doi:10.1016/j.jacr.2017.11.034.30
58. Golan O, Amitai Y, Barnea Y, Menes TS. Yield of surveillance magnetic resonance imaging after bilateral mastectomy and reconstruction: a retrospective cohort study. *Breast Cancer Res Treat*. 2018;174(2):463-468. doi:10.1007/s10549-018-05077-9
59. Sanders LM, El-Madany M, Persing A, Mehta A. Use of Contrast-Enhanced MRI in Management of Discordant Core Biopsy Results. *AJR Am J Roentgenol*. 2019;212(5):1157-1165. doi:10.2214/AJR.18.20157
60. ACR Practice Parameter for the Performance of Contrast-Enhanced Magnetic Resonance Imaging (MRI) of the Breast. Revised 2023. (Resolution 8). American College of Radiology. https://www.acr.org/-/media/ACR/Files/Practice-Parameters/mr-contrast-breast.pdf.
61. Expert Panel on Breast Imaging:, diFlorio-Alexander RM, Slanetz PJ, et al. ACR Appropriateness Criteria® Breast Imaging of Pregnant and Lactating Women. *J Am Coll Radiol*. 2018;15(11S):S263-S275. doi:10.1016/j.jacr.2018.09.013
62. Children's Oncology Group. Long-term follow up guidelines for survivors of childhood, adolescent and young adult cancers, version 5.0. Monrovia, CA: Children's Oncology Group; October 2018; 90. http://www.survivorshipguidelines.org/pdf/2018/COG_LTFU_Guidelines_v5.pdf.
63. Boone JM, Kwan ALC, Yang K, Burkett GW, Lindfors KK, Nelson TR. Computed Tomography for Imaging the Breast. *J Mammary Gland Biol Neoplasia*. 2006;11(2):103-111. doi:10.1007/s10911-006-9017-1
64. Boone JM, Nelson TR, Lindfors KK, Seibert JA. Dedicated Breast CT: Radiation Dose and Image Quality Evaluation. *Radiology*. 2001;221(3):657-667. doi:10.1148/radiol.2213010334
65. Diekmann F. Contrast-enhanced Dedicated Breast CT. *Radiology*. 2011;258(2):650-650. doi:10.1148/radiol.101761
66. Glick SJ. Breast CT. *Annu Rev Biomed Eng*. 2007;9(1):501-526. doi:10.1146/annurev.bioeng.9.060906.151924
67. Hendrick RE. Radiation doses and cancer risks from breast imaging studies. *Radiology*. 2010;257(1):246-253. doi:10.1148/radiol.10100570
68. Lindfors KK, Boone JM, Nelson TR, Yang K, Kwan AL, Miller DF. Dedicated breast CT: initial clinical experience. *Radiology*. 2008;246(3):725-733. doi:10.1148/radiol.2463070410
69. Prionas ND, Lindfors KK, Ray S, et al. Contrast-enhanced Dedicated Breast CT: Initial Clinical Experience. *Radiology*. 2010;256(3):714-723. doi:10.1148/radiol.10092311
70. Aminololama-Shakeri S, Abbey CK, Gazi P, et al. Differentiation of ductal carcinoma in-situ from benign micro-calcifications by dedicated breast computed tomography. *Eur J Radiol*. 2016;85(1):297-303. doi:10.1016/j.ejrad.2015.09.020
71. Aminololama-Shakeri S, Abbey CK, López JE, et al. Conspicuity of suspicious breast lesions on contrast enhanced breast CT compared to digital breast tomosynthesis and mammography. *Br J Radiol*. 2019;92(1097):20181034. doi:10.1259/bjr.20181034
72. Aminololama-Shakeri S, Hargreaves JB, Boone JM, Lindfors KK. Dedicated Breast CT: Screening Technique of the Future. *Curr Breast Cancer Rep*. 2016;8(4):242-247. doi:10.1007/s12609-016-0227-2
73. Expert Panel on Breast Imaging, Heller SL, Lourenco AP, et al. ACR Appropriateness Criteria® Imaging After Mastectomy and Breast Reconstruction. *J Am Coll Radiol*. 2020;17(11S):S403-S414. doi:10.1016/j.jacr.2020.09.009
74. Expert Panel on Breast Imaging:,Mainiero MB, Moy L, et al. ACR Appropriateness Criteria® Breast Cancer Screening. *J Am Coll Radiol*. 2017;14(11S):S383-S390. doi:10.1016/j.jacr.2017.08.044

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

75. Expert Panel on Breast Imaging, Lewin AA, Moy L, et al. ACR Appropriateness Criteria® Stage I Breast Cancer: Initial Workup and Surveillance for Local Recurrence and Distant Metastases in Asymptomatic Women. *J Am Coll Radiol*. 2019;16(11S):S428-S439. doi:10.1016/j.jacr.2019.05.024
76. Expert Panel on Breast Imaging:, Lourenco AP, Moy L, et al. ACR Appropriateness Criteria® Breast Implant Evaluation. *J Am Coll Radiol*. 2018;15(5S):S13-S25. doi:10.1016/j.jacr.2018.03.009
77. Expert Panel on Breast Imaging, Weinstein SP, Slanetz PJ, et al. ACR Appropriateness Criteria® Supplemental Breast Cancer Screening Based on Breast Density. *J Am Coll Radiol*. 2021;18(11S):S456-S473. doi:10.1016/j.jacr.2021.09.002
78. Expert Panel on Breast Imaging, Brown A, Lourenco AP, et al. ACR Appropriateness Criteria® Transgender Breast Cancer Screening. *J Am Coll Radiol*. 2021;18(11S):S502-S515. doi:10.1016/j.jacr.2021.09.005
79. Kanoi AV, Panchal KB, Sen S, Biswas G. Computed tomography angiographic study of internal mammary perforators and their use as recipient vessels for free tissue transfer in breast reconstruction. *Indian J Plast Surg*. 2017;50(01):050-055. doi:10.4103/ijps.ijps_168_16
80. Paetau AA, McLaughlin SA, McNeil RB, et al. Capsular Contracture and Possible Implant Rupture: Is Magnetic Resonance Imaging Useful? *Plast Reconstr Surg*. 2010 Mar;125(3):830-5. doi:10.1097/PRS.0b013e3181cb6066
81. ACR Practice Parameter for the Performance of Molecular Breast Imaging (MBI) Using a Dedicated Gamma Camera. Revised 2022. (Resolution 42). American College of Radiology. https://www.acr.org/-/media/ACR/Files/Practice-Parameters/MBI.pdf.
82. Vashi R, Hooley R, Butler R, Geisel J, Philpotts L. Breast imaging of the pregnant and lactating patient: physiologic changes and common benign entities. *AJR Am J Roentgenol*. 2013;200(2):329-336. doi:10.2214/AJR.12.9845
83. Taylor D, Lazberger J, Ives A, Wylie E, Saunders C. Reducing delay in the diagnosis of pregnancy-associated breast cancer: how imaging can help us. *J Med Imaging Radiat Oncol*. 2011;55(1):33-42. doi:10.1111/j.1754-9485.2010.02227.x
84. Ahn BY, Kim HH, Moon WK, et al. Pregnancy- and lactation-associated breast cancer: mammographic and sonographic findings. *J Ultrasound Med*. 2003;22(5):491-499. doi:10.7863/jum.2003.22.5.491
85. Vashi R, Hooley R, Butler R, Beisel J, Philpotts L. Breast imaging of the pregnant and lactating patient: imaging modalities and pregnancy-associated breast cancer. *AJR Am J Roentgenol*. 2013;200(2):321-328. doi:10.2214/AJR.12.9814
86. Monticciolo DL, Newell MS, Moy L, Lee CS, Destounis SV. Breast Cancer Screening for Women at Higher-Than-Average Risk: Updated Recommendations From the ACR. *J Am Coll Radiol*. 2023;20(9):902-914. doi:10.1016/j.jacr.2023.04.002
87. Expert Panel on Breast Imaging, Paulis LV, Lewin AA, et al. ACR Appropriateness Criteria® Supplemental Breast Cancer Screening Based on Breast Density: 2024 Update. *J Am Coll Radiol*. 2025;22(5S):S405-S423. doi:10.1016/j.jacr.2025.02.023
88. Women's Preventive Services Guidelines. Health Resources and Services Administration. Last reviewed January 2025.https://www.hrsa.gov/womens-guidelines

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Table of Contents

Guideline

General Information
Pacemaker Devices
Implantable Cardioverter-Defibrillator (ICD) Devices
Cardiac Resynchronization Therapy (CRT) Devices
Other Cardiac Implantable Devices

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

General Information

Guideline

General information

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

General information

CID.AD.101.A
v1.0.2025

Terms used in this guideline

Abbreviations

ACE inhibitor	Angiotensin-converting enzyme inhibitor
AMI	Acute myocardial infarction
ARVC	Arrhythmogenic right ventricular cardiomyopathy
AV	Atrioventricular
CC	Complications/comorbid conditions
CHF	Congestive heart failure
CM	Cardiomyopathy
CRT	Cardiac resynchronization therapy
EP	Electrophysiology
GDMT	Guideline-directed medical therapy
HCM	Hypertrophic cardiomyopathy
ICD	Implantable cardioverter defibrillator
LBBB	Left bundle branch block
LV	Left ventricle
LVEF	Left ventricular ejection fraction

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

MCC	Major complications/comorbid conditions
MI	Myocardial infarction
NCCM	Non-compaction cardiomyopathy
NYHA	New York Heart Association functional classification
RBBB	Right bundle branch block
RV	Right ventricle
TAVI	Transcatheter aortic valve implantation
TAVR	Transcatheter aortic valve replacement
VF	Ventricular fibrillation
VT	Ventricular tachycardia

Definitions

NYHA Heart Failure Definitions	**class I** - No symptoms and no limitation in ordinary physical activity, e.g. shortness of breath when walking, climbing stairs etc. **class II** - Mild symptoms (mild shortness of breath and/or angina) and slight limitation during ordinary activity. **class III** - Marked limitation in activity due to symptoms, even during less-than-ordinary activity, e.g. walking short distances (20–100 m). Comfortable only at rest. **class IV** - Severe limitations. Experiences symptoms even while at rest. Mostly bed-bound patients
Abnormal blood pressure response to exercise	Flat response/failure to augment; rise then fall during exercise; vasoactive cardiovascular drugs may result in an abnormal blood pressure response to exercise

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Ambulatory class IV CHF	Class IV heart failure with: 1) no active acute coronary syndrome; 2) no inotropes; and 3) on GDMT
Incessant VT:	Frequent recurrences of ongoing hemodynamically stable VT
Hypertrophic cardiomyopathy	Hypertrophic Cardiomyopathy (HCM) is a clinical diagnosis, established by imaging with 2D echocardiography or cardiovascular magnetic resonance (CMR) showing a maximal end-diastolic wall thickness of ≥15 mm anywhere in the left ventricle, in the absence of another cause of hypertrophy in adults. More limited hypertrophy (13–14 mm) can be diagnostic, particularly when present in family members of a patient with HCM or in conjunction with a positive genetic test, and/or associated with typical dynamic outflow obstruction, or distinctly abnormal ECG patterns.
Long QT Syndrome (LQTS):	A congenital disorder characterized by a prolongation of the QT interval on ECG and a propensity to ventricular tachyarrhythmias, which may lead to syncope, cardiac arrest, or sudden death. The QT interval on the ECG, measured from the beginning of the QRS complex to the end of the T wave, represents the duration of activation and recovery of the ventricular myocardium. QT intervals corrected for heart rate (QTc) longer than 0.44 seconds are generally considered abnormal, though a normal QTc can be more prolonged in females (up to 0.46 sec).The Bazett formula is the formula most commonly used to calculate the QTc, as follows: QTc = AT/square root of the R-R interval (in seconds).
Non-Compaction Cardiomyopathy:	A rare congenital cardiomyopathy that affects children and adults. It results from the failure of myocardial development during embryogenesis. It is also called spongiform cardiomyopathy. Symptoms are often a result of a poor pumping performance by the heart. The disease can be associated with other problems with the heart and the body.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Non-Sustained Ventricular Tachycardia (NSVT):	Three or more consecutive ventricular beats at a rate of greater than 120 beats/min with a duration of less than 30 seconds
Optimal Medical Therapy:	Optimal medical therapy for heart failure should include a beta-blocker and one of the following: • ACE inhibitor • angiotensin II receptor blocker • angiotensin receptor-neprilysin inhibitor
Structural Heart Disease:	A structural or functional abnormality of the heart, or of the blood vessels supplying the heart, that impairs its normal functioning.
TAVR (TAVI)	A minimally invasive procedure to treat aortic valve stenosis

General Guidelines (CRID-1.0)

General requirements

Current clinical information, which may include history, physical examination, symptoms, laboratory results, and imaging reports, are necessary for determining the medical necessity of implantable cardiac devices.

- The information provided should have clinical relevance to the request.
- If the information provided makes no reference to the potential indication for the request, then the medical necessity for the procedure(s) cannot be supported.
- Requests for a device when a same or similar device has already been placed is not supported without clear documentation that fulfills guideline criteria.

Procedure codes (CRID-1.1)

Procedure description	CPT®
Insertion of new or replacement of permanent pacemaker with transvenous electrode(s); atrial	33206
Insertion of new or replacement of permanent pacemaker with transvenous electrode(s); ventricular	33207

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Procedure description	CPT®
Insertion of new or replacement of permanent pacemaker with transvenous electrode(s); atrial and ventricular	33208
Insertion of pacemaker pulse generator only; single existing single lead	33212
Insertion of pacemaker pulse generator only; with existing dual leads	33213
Upgrade of implanted pacemaker system, conversion of single chamber system to dual chamber system (includes removal of previously placed pulse generator, testing of existing lead, insertion of new lead, insertion of new pulse generator)	33214
Removal of permanent pacemaker pulse generator with replacement of pacemaker pulse generator; single lead system	33227
Removal of permanent pacemaker pulse generator with replacement of pacemaker pulse generator; dual lead system	33228
Insertion of pacemaker pulse generator only; with existing multiple leads	33221
Insertion of pacing electrode, cardiac venous system, for left ventricular pacing, with attachment to previously placed pacemaker or pacing cardioverter-defibrillator pulse generator	33224
Insertion of pacing electrode, cardiac venous system, for left ventricular pacing, at time of insertion of pacing cardioverter-defibrillator pulse generator (including upgrade to dual chamber system and pocket revision)	33225
Removal of permanent pacemaker pulse generator with replacement of pacemaker pulse generator; multiple lead system	33229
Insertion of pacing cardioverter-defibrillator pulse generator only; with existing dual leads	33230
Insertion of pacing cardioverter-defibrillator pulse generator only; with existing multiple leads	33231
Insertion of pacing cardioverter-defibrillator pulse generator only; with existing single leads	33240
Insertion or replacement of permanent pacing cardioverter-defibrillator system with transvenous lead(s), single or dual chamber	33249
Removal of pacing cardioverter-defibrillator pulse generator with replacement of pacing cardioverter-defibrillator pulse generator; single lead system	33262

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Procedure description	CPT®
Removal of pacing cardioverter-defibrillator pulse generator with replacement of pacing cardioverter-defibrillator pulse generator; dual lead system	33263
Removal of pacing cardioverter-defibrillator pulse generator with replacement of pacing cardioverter-defibrillator pulse generator; multiple lead system	33264
Insertion or replacement of permanent subcutaneous implantable defibrillator system, with subcutaneous electrode, including defibrillation threshold evaluation, induction of arrhythmia, evaluation of sensing for arrhythmia termination, and programming or reprogramming of sensing or therapeutic parameters when performed	33270
Transcatheter insertion or replacement of permanent leadless pacemaker, right ventricular, including imaging guidance (e.g., fluoroscopy, venous ultrasound, ventriculography, femoral venography) and device evaluation (e.g., interrogation or programming), when performed	33274
Transcatheter implantation of wireless pulmonary artery pressure sensor for long-term hemodynamic monitoring, including deployment and calibration of the sensor, right heart catheterization, selective pulmonary catheterization, radiological supervision and interpretation, and pulmonary artery angiography, when performed	33289
Implantation or replacement of carotid sinus baroreflex activation device; total system	0266T
Insertion or replacement of permanent cardiac contractility modulation system, including contractility evaluation when performed, and programming of sensing and therapeutic parameters; pulse generator with transvenous electrodes	0408T
Insertion or replacement of permanent cardiac contractility modulation system, including contractility evaluation when performed, and programming of sensing and therapeutic parameters; pulse generator only	0409T
Insertion of wireless cardiac stimulator for left ventricular pacing, including device interrogation and programming, and imaging supervision and interpretation, when performed; complete system (includes electrode and generator [transmitter and battery])	0515T

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Procedure description	CPT®
Insertion of wireless cardiac stimulator for left ventricular pacing, including device interrogation and programming, and imaging supervision and interpretation, when performed; electrode only	0516T
Insertion of wireless cardiac stimulator for left ventricular pacing, including device interrogation and programming, and imaging supervision and interpretation, when performed; pulse generator component(s) (battery and/or transmitter) only	0517T
Removal and replacement of wireless cardiac stimulator for left ventricular pacing; pulse generator component(s) (battery and/or transmitter)	0519T
Removal and replacement of wireless cardiac stimulator for left ventricular pacing; pulse generator component(s) (battery and/or transmitter), including placement of a new electrode	0520T
Insertion or replacement of implantable cardioverter-defibrillator system with substernal electrode(s), including all imaging guidance and electrophysiological evaluation (includes defibrillation threshold evaluation, induction of arrhythmia, evaluation of sensing for arrhythmia termination, and programming or reprogramming of sensing or therapeutic parameters), when performed	0571T
Removal and replacement of substernal implantable defibrillator pulse generator	0614T
Transcatheter insertion of permanent dual-chamber leadless pacemaker, including imaging guidance (e.g., fluoroscopy, venous ultrasound, right atrial angiography, right ventriculography, femoral venography) and device evaluation (e.g., interrogation or programming), when performed; complete system (i.e., right atrial and right ventricular pacemaker components)	0795T
Transcatheter insertion of right atrial pacemaker component (when an existing right ventricular single leadless pacemaker exists to create a dual-chamber leadless pacemaker system)	0796T
Transcatheter insertion of right ventricular pacemaker component (when part of a dual-chamber leadless pacemaker system)	0797T

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Procedure description	CPT®
Transcatheter removal and replacement of permanent dual-chamber leadless pacemaker, including imaging guidance (e.g., fluoroscopy, venous ultrasound, right atrial angiography, right ventriculography, femoral venography) and device evaluation (e.g., interrogation or programming), when performed; dual-chamber system (i.e., right atrial and right ventricular pacemaker components)	0801T
Transcatheter removal and replacement of right atrial pacemaker component	0802T
Transcatheter removal and replacement of right ventricular pacemaker component (when part of a dual-chamber leadless pacemaker system)	0803T
Transcatheter insertion of permanent single-chamber leadless pacemaker, right atrial, including imaging guidance (e.g., fluoroscopy, venous ultrasound, right atrial angiography and/or right ventriculography, femoral venography, cavography) and device evaluation (e.g., interrogation or programming), when performed	0823T
Transcatheter removal and replacement of permanent single-chamber leadless pacemaker, right atrial, including imaging guidance (e.g., fluoroscopy, venous ultrasound, right atrial angiography and/or right ventriculography, femoral venography, cavography) and device evaluation (e.g., interrogation or programming), when performed	0825T
Insertion of permanent cardiac contractility modulation-defibrillation system component(s), including fluoroscopic guidance, and evaluation and programming of sensing and therapeutic parameters; pulse generator and dual transvenous electrodes/leads (pacing and defibrillation)	0915T
Insertion of permanent cardiac contractility modulation-defibrillation system component pulse generator only	0916T
Removal and replacement of permanent cardiac contractility modulation defibrillation pulse generator only	0923T
Transcatheter implantation of wireless left atrial pressure sensor for long-term left atrial pressure monitoring, including sensor calibration and deployment, right heart catheterization, transseptal puncture, imaging guidance, and radiological supervision and interpretation	0933T

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Removal and replacement (CRID-1.2)

- Generator replacement (CPT® 33212, 33213, 33221, 33227, 33228, 33229, 33230, 33231, 33240, 33262, 33263, 33264, 0614T, 0801T, 0802T, 0803T) with a same or similar device is indicated when:
  - Interrogation shows device is nearing Elective Replacement Indicator (ERI) or End of Life (EOL).
  - Interrogation report documents the device is not functioning correctly and requires replacement.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Pacemaker Devices

Guideline

Permanent Pacemaker Implantation (CRID-7)
References
Leadless Pacemaker (CRID-11.1)
References

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Permanent Pacemaker Implantation (CRID-7)

CID.PM.107.A
v1.0.2025

Codes included

Description	CPT®
Insertion of new or replacement of permanent pacemaker with transvenous electrode(s); atrial	33206
Insertion of new or replacement of permanent pacemaker with transvenous electrode(s); ventricular	33207
Insertion of new or replacement of permanent pacemaker with transvenous electrode(s); atrial and ventricular	33208

Indications for Permanent Pacemaker (CRID-7)

Sinus node dysfunction

Permanent pacemaker implantation is indicated for any of the following:

- Symptomatic sinus node dysfunction as evidenced by both of the following:
  - Documented sinus node dysfunction including one of the below:
    - Sinus bradycardia at rate <50 beats per minute
    - Sinus pauses >3 seconds
  - Symptoms attributable to sinus node dysfunction including one of the below:
    - Syncope or pre-syncope
    - Heart failure symptoms
    - Exertional fatigue and impaired exercise tolerance
- Sinus bradycardia at rate <40 beats per minute and symptoms possibly related to bradycardia
- Symptomatic sinus bradycardia (as defined above) is a consequence of essential medical management and continued treatment is clinically necessary
- Symptoms attributable to bradycardia as listed above and evidence of tachy-brady syndrome (sinus bradycardia, ectopic atrial bradycardia, or sinus pause alternating with periods of atrial flutter or atrial fibrillation)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

- Symptomatic chronotropic incompetence defined as limitations due to the inability to achieve 80% of maximum predicted heart rate (220-age)

Atrioventricular block (AVB)

Permanent pacemaker implantation is indicated for any of the following:

- AVB including one of the below with or without symptoms:
  - Second-degree Mobitz type II
  - High-grade (≥2 consecutive P waves at a constant physiologic rate that do not conduct to the ventricles)
  - Third-degree (complete heart block)
- Any degree of AVB with one of the following symptoms that are clearly attributable to the AVB:
  - Syncope or pre-syncope
  - Heart failure symptoms
  - Exertional fatigue and impaired exercise tolerance
- Third-degree and advanced second-degree AV block at any anatomic level associated with sustained or non-sustained ventricular tachycardia (ventricular rhythm at rate >100 bpm lasting ≥3 consecutive beats) presumed due to AV block
- Marked first-degree AVB (PR interval >0.3 seconds) or second-degree AVB with symptoms similar to those of pacemaker syndrome
- Symptomatic AVB as a consequence of guideline directed management and continued treatment is clinically necessary
- Persistent or permanent atrial fibrillation and symptomatic bradycardia including one of the following:
  - Rate <50 beats per minute
  - Regular QRS intervals indicating complete AVB
- Second degree AV block with a documented pause of ≥5 seconds during waking in the presence of atrial fibrillation, with or without symptoms
- Second degree AV block with documented periods of asystole ≥3.0 seconds in the presence of sinus rhythm, with or without symptoms
- Second-degree AVB noted to be located at intra- or infra-His levels at electrophysiology study (EPS), with or without symptoms
- Any AVB indication listed above occurring after acute myocardial infarction that does not resolve within 5 days
- Congenital complete or high-degree AVB in the presence of any of the following:
  - Symptoms related to bradycardia such as syncope, pre-syncope, heart failure symptoms, exertional fatigue, or impaired exercise tolerance
  - Wide QRS escape rhythm
  - Mean daytime heart rate below 50 bpm

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

- Pauses >3 times the cycle length of the ventricular escape rhythm
- Complex ventricular ectopy
- Prolonged QT interval
- Ventricular dysfunction, ventricular dilatation or significant mitral regurgitation

Conduction Disorders with 1:1 Atrioventricular Conduction

Permanent pacemaker implantation is indicated for any of the following:

- Individuals with syncope and bundle branch block and one of the following at electrophysiology study (EPS):
  - Baseline HV interval ≥70 ms
  - Second- or third-degree intra- or infra-Hisian block during incremental atrial pacing
- Alternating bundle branch block with or without symptoms
- HV interval ≥100 milliseconds noted at EPS, with or without symptoms
- Intra- or infra- Hisian block noted at EPS, with or without symptoms

Recurrent syncope

Permanent pacemaker implantation is indicated for individuals with recurrent syncope and any of the following:

- Spontaneous documented symptomatic asystolic pause >3 seconds due to sinus arrest or atrioventricular block (AVB)
- Spontaneous documented asymptomatic asystolic pause >6 seconds due to sinus arrest or AVB
- Cardioinhibitory carotid sinus syndrome as documented by one of the below:
  - Syncope caused by spontaneously occurring carotid sinus stimulation
  - Carotid sinus pressure that induces syncope and/or ventricular asystole of ≥3 seconds
- Syncope associated with asystole of ≥3 seconds during tilt testing
- Bundle branch block and one of the following at electrophysiology study (EPS):
  - Baseline HV interval ≥70 ms
  - Second- or third-degree intra- or infra-Hisian block during incremental atrial pacing
- Syncope after cardiac transplantation with or without documentation of bradyarrhythmia

Peri-procedural and post-operative indications

Permanent pacemaker implantation is indicated for any of the following:

- Prior to a planned catheter ablation of the atrioventricular (AV) junction for one of the following:

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

  - Rate control strategy for management of atrial fibrillation
  - Supraventricular tachycardia resulting in tachycardia induced cardiomyopathy that is not controlled with ablation or medical therapy
- Post Transcatheter Aortic Valve Implantation (TAVI) for any of the following:
  - Complete or high-degree atrioventricular block (AVB) that persists for 24 to 48 hours after TAVI
  - New-onset alternating bundle branch block after TAVI
  - Pre-existing right bundle branch block (RBBB) and new conduction abnormality onset during or after (TAVI) such as:
    - Transient high-degree AVB
    - PR prolongation
    - QRS axis change
- Sinus node dysfunction or AVB associated with symptoms or hemodynamic instability occurring after cardiac surgery that does not resolve within 5 days
- Post cardiac transplant for any of the following:
  - Relative bradycardia that is prolonged or recurrent, which limits rehabilitation or discharge after postoperative recovery
  - Syncope with or without documentation of bradyarrhythmia

Neuromuscular diseases known to involve the heart

Permanent pacemaker implantation may be considered for progressive neuromuscular diseases known to involve the heart with any degree of atrioventricular (AV) block including first degree AV block or any fascicular block, with or without symptoms, because there may be unpredictable progression of AV conduction disease. Progressive neuromuscular diseases known to involve the heart include:

- Myotonic muscular dystrophy
- Kearns-Sayre syndrome
- Erb dystrophy (limb-girdle muscular dystrophy)
- Peroneal muscular atrophy

Permanent Pacemaker Implantation - Non-indications (CRID-9)

- Permanent pacemaker implantation is **not** indicated in any of the following settings:
  - Sinus node dysfunction when there is documentation of any of the following
    - Individual is asymptomatic
    - The symptoms suggestive of bradycardia have been clearly documented to occur in the absence of bradycardia

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

    - Sinus node dysfunction is due to nonessential drug therapy
- Fascicular block without AV block or without symptoms concerning for AV block
- Incidentally noted hypersensitive cardioinhibitory response to carotid sinus stimulation when the individual remains asymptomatic or has vague symptoms
- Asymptomatic first-degree AV block
- Asymptomatic type-1 second-degree AV block at the supra-His (AV node) level or that which is not known to be intra- or infra-Hisian
- Asymptomatic transient AV block in the absence of intraventricular conduction defects or in isolated single fascicular block
- Situational vasovagal syncope when avoidance behavior is effectively preventing syncopal episodes
- Prior to Transcatheter Aortic Valve Replacement (TAVR) as a prophylactic measure in individuals with right bundle branch block (RBBB) when there is no indication for permanent pacing
- For the purpose of cardiac contractility modulation

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References

CID.PM.107.A
v1.0.2025

1. Kusumoto FM, Schoenfeld MH, Barrett C, et al. 2018 ACC/AHA/HRS Guideline on the Evaluation and Management of Patients With Bradycardia and Cardiac Conduction Delay: A Report of the American College of Cardiology/American Heart Association Task Force on Clinical Practice Guidelines and the Heart Rhythm Society [published correction appears in J Am Coll Cardiol. 2019 Aug 20;74(7):1016-1018]. *J Am Coll Cardiol*. 2019;74(7):e51-e156. doi:10.1016/j.jacc.2018.10.044.
2. Glikson M, Nielsen JC, Kronborg MB, et al. 2021 ESC Guidelines on cardiac pacing and cardiac resynchronization therapy [published correction appears in Eur Heart J. 2022 May 1;43(17):1651]. *Eur Heart J*. 2021;42(35):3427-3520. doi:10.1093/eurheartj/ehab364.
3. Writing Committee Members, Shah MJ, Silka MJ, et al. 2021 PACES Expert Consensus Statement on the Indications and Management of Cardiovascular Implantable Electronic Devices in Pediatric Patients. *Heart Rhythm*. 2021;18(11):1888-1924. doi:10.1016/j.hrthm.2021.07.038.
4. Correction to: 2022 AHA/ACC/HFSA Guideline for the Management of Heart Failure: A Report of the American College of Cardiology/American Heart Association Joint Committee on Clinical Practice Guidelines. *Circulation*. 2023;147(14):e674. doi:10.1161/CIR.0000000000001142.
5. Heidenreich PA, Bozkurt B, Aguilar D, et al. 2022 AHA/ACC/HFSA Guideline for the Management of Heart Failure: A Report of the American College of Cardiology/American Heart Association Joint Committee on Clinical Practice Guidelines [published correction appears in *Circulation*. 2022 May 3;145(18):e1033] [published correction appears in *Circulation*. 2022 Sep 27;146(13):e185] [published correction appears in *Circulation*. 2023 Apr 4;147(14):e674]. *Circulation*. 2022;145(18):e895-e1032. doi:10.1161/CIR.0000000000001063.
6. Borggrefe MM, Lawo T, Butter C, et al. Randomized, double blind study of non-excitatory, cardiac contractility modulation electrical impulses for symptomatic heart failure. *Eur Heart J.* 2008;29(8):1019-1028. doi:10.1093/eurheartj/ehn020.
7. Abraham WT, Kuck KH, Goldsmith RL, et al. A Randomized Controlled Trial to Evaluate the Safety and Efficacy of Cardiac Contractility Modulation [published correction appears in *JACC Heart Fail*. 2023 Jan;11(1):132]. *JACC Heart Fail*. 2018;6(10):874-883. doi:10.1016/j.jchf.2018.04.010.
8. Borggrefe M, Mann DL. Cardiac Contractility Modulation in 2018. *Circulation*. 2018;138(24):2738-2740. doi:10.1161/CIRCULATIONAHA.118.036460.
9. Kadish A, Nademanee K, Volosin K, et al. A randomized controlled trial evaluating the safety and efficacy of cardiac contractility modulation in advanced heart failure [published correction appears in *Am Heart J*. 2011 Jun;161(6):1220]. *Am Heart J. 2011*;161(2):329-337.e3372. doi:10.1016/j.ahj.2010.10.025.
10. McDonagh TA, Metra M, Adamo M, et al. 2021 ESC Guidelines for the diagnosis and treatment of acute and chronic heart failure: Developed by the Task Force for the diagnosis and treatment of acute and chronic heart failure of the European Society of Cardiology (ESC). With the special contribution of the Heart Failure Association (HFA) of the ESC. *Eur J Heart Fail*. 2022;24(1):4-131. doi:10.1002/ejhf.2333.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Leadless Pacemaker (CRID-11.1)

CID.PM.111.A
v1.0.2025

Codes included

Description	CPT®
Transcatheter insertion or replacement of permanent leadless pacemaker, right ventricular, including imaging guidance (e.g., fluoroscopy, venous ultrasound, ventriculography, femoral venography) and device evaluation (e.g., interrogation or programming), when performed	33274
Transcatheter insertion of permanent dual-chamber leadless pacemaker, including imaging guidance (e.g., fluoroscopy, venous ultrasound, right atrial angiography, right ventriculography, femoral venography) and device evaluation (e.g., interrogation or programming), when performed; complete system (i.e., right atrial and right ventricular pacemaker components)	0795T
Transcatheter insertion of permanent single-chamber leadless pacemaker, right atrial, including imaging guidance (e.g., fluoroscopy, venous ultrasound, right atrial angiography and/or right ventriculography, femoral venography, cavography) and device evaluation (e.g., interrogation or programming), when performed	0823T

Indications

Leadless right ventricular pacemaker (CRID-11.1.1)

Indications for permanent right ventricular leadless pacemaker (CPT® 33274) implant - **all** of the following must be met:

- Meets **one** of the following indications for leadless right ventricular pacemaker:
  - Symptomatic paroxysmal or permanent high-grade AV block in the presence of Atrial Fibrillation (AF)
  - Symptomatic paroxysmal or permanent high-grade AV block in the absence of AF, as an alternative to dual chamber pacing, when atrial lead placement is considered difficult, high risk, or not deemed necessary for effective therapy
  - Symptomatic bradycardia-tachycardia syndrome or sinus node dysfunction (sinus bradycardia or sinus pauses), as an alternative to atrial or dual chamber

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

pacing, when atrial lead placement is considered difficult, high risk, or not deemed necessary for effective therapy
- The following contraindications for leadless pacemaker are **not** present:
  - An implanted inferior vena cava filter
  - A mechanical tricuspid valve

Leadless dual chamber pacemaker system (CRID-11.1.2)

Indications for permanent dual chamber leadless pacemaker implant (CPT® 0795T) - **all** of the following must be met:
- Meets one of the following indications for leadless dual chamber pacemaker:
  - Sick sinus syndrome
  - Chronic, symptomatic second- and third-degree AV block
  - Recurrent Adams-Stokes syndrome
  - Symptomatic bilateral bundle branch block when tachyarrhythmia and other causes have been ruled out
- The following contraindications for leadless pacemaker are **not** present:
  - An implanted inferior vena cava filter
  - A mechanical tricuspid valve

Leadless right atrial pacemaker (CRID-11.1.3)

Indications for permanent leadless right atrial pacemaker implant (CPT® 0823T) - **all** of the following must be met:
- Meets the following indication for leadless right atrial pacemaker:
  - Sinus node dysfunction with normal AV and intraventricular conduction systems
- The following contraindications for leadless pacemaker are not present:
  - An implanted inferior vena cava filter
  - A mechanical tricuspid valve

General information

Right ventricular leadless pacemaker

The permanent right ventricular leadless pacemakers (CPT® 33274) consists of a single leadless device implanted directly into the right ventricle. The Medtronic Micra™ VR and Abbott Aveir™ VR right ventricular leadless pacemakers are capable only of VVI and VVIR pacing. The Medtronic Micra™ AV right ventricular leadless

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

pacemaker is also capable of VDD pacing. The right ventricular leadless pacemakers do not have capability for atrial pacing. The estimated battery life is about 10 years

Dual chamber leadless pacemaker

In contrast to the right ventricular leadless pacemakers referred to above, the dual chamber leadless pacemaker (i.e., Abbott Aveir™ DR leadless pacemaker system) has dual-chamber sensing and pacing functionality. The Abbott Aveir™ DR leadless pacemaker system consists of two separate components: one implanted in the right atrium and the other in the right ventricle.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References

CID.PM.111.A
v1.0.2025

1. Ngo L, Nour D, Denman RA, et al. Safety and Efficacy of Leadless Pacemakers: A Systematic Review and Meta-Analysis. *J Am Heart Assoc*. 2021 Jul 6;10(13):e019212. doi:10.1161/JAHA.120.019212.
2. Reddy V, Exner D, Doshi R, et al. Primary Results on Safety and Efficacy From the LEADLESS II–Phase 2 Worldwide Clinical Trial. *J Am Coll Cardiol EP*. 2022 Jan;8(1):115–117. doi:10.1016/j.jacep.2021.11.002.
3. Neugebauer F, Noti F, van Gool S, et al. Leadless atrioventricular synchronous pacing in an outpatient setting: Early lessons learned on factors affecting atrioventricular synchrony. *Heart Rhythm*. 2022 May;19(5):748-756. doi:10.1016/j.hrthm.2021.12.025.
4. El-Chami MF, Bockstedt L, Longacre C, et al. Leadless vs. transvenous single-chamber ventricular pacing in the Micra CED study: 2-year follow-up. *Eur Heart J*. 2022 March;43(12):1207-1215. doi:10.1093/eurheartj/ehab767.
5. Knops RE, Reddy VY, Ip JE, et al. A Dual-Chamber Leadless Pacemaker. *N Engl J Med*. 2023;388(25):2360-2370. doi:10.1056/NEJMoa2300080.
6. U.S. Food and Drug Administration (FDA). Summary of Safety and Effectiveness Data (SSED): Aveir™ DR Leadless System (PMS P150035/S003). 6/29/2023. [cited 10/01/2023] from www.accessdata.fda.gov/cdrh_docs/pdf15/P150035S003B.pdf
7. U.S. Food and Drug Administration (FDA). FDA Approval Order June 29, 2023: Aveir™ DR Leadless System (PMS P150035/S003). 6/29/2023. [cited 10/01/2023]. Available from: www.accessdata.fda.gov/cdrh_docs/pdf15/P150035S003A.pdf.
8. El-Chami MF, Garweg C, Clementy N, et al. Leadless pacemakers at 5-year follow-up: the Micra transcatheter pacing system post-approval registry. Eur Heart J. 2024 Apr 7;45(14):1241-1251. doi: 10.1093/eurheartj/ehae101.
9. Crossley GH, Longacre C, Higuera L, et al. Outcomes of patients implanted with an atrioventricular synchronous leadless ventricular pacemaker in the Medicare population. Heart Rhythm. 2024 Jan;21(1):66-73. doi: 10.1016/j.hrthm.2023.09.017. Epub 2023 Sep 23.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Implantable Cardioverter-Defibrillator (ICD) Devices

Guideline

Indications for ICD implantation (CRID-2)
ICD implantation non-indications (CRID-4)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Indications for ICD implantation (CRID-2)

CID.ICD.002.A
v1.0.2025

Codes included

Description	CPT®
Insertion or replacement of permanent pacing cardioverter-defibrillator system with transvenous lead(s), single or dual chamber	33249
Insertion or replacement of permanent subcutaneous implantable defibrillator system, with subcutaneous electrode, including defibrillation threshold evaluation, induction of arrhythmia, evaluation of sensing for arrhythmia termination, and programming or reprogramming of sensing or therapeutic parameters when performed	33270

Survivors of cardiac arrest (CRID-2.1)

- ICD implantation is indicated in individuals who are survivors of cardiac arrest due to ventricular tachycardia (VT) or ventricular fibrillation (VF) after evaluation has excluded any completely reversible causes

Structural heart disease with sustained VT (CRID-2.2)

- ICD implantation is indicated in individuals with structural heart disease (such as prior myocardial infarction (MI), congenital heart disease, and/or ventricular dysfunction) and spontaneous, sustained VT (greater than 30 seconds), whether hemodynamically stable or unstable

Syncope of undetermined origin and positive EP study (CRID-2.3)

- ICD implantation is indicated in individuals with syncope of undetermined origin who have clinically relevant, hemodynamically significant sustained VT or VF induced at electrophysiology (EP) study

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Unexplained syncope (CRID-2.4)

- ICD implantation is indicated in individuals with unexplained syncope, significant left ventricular (LV) dysfunction (LV ejection fraction less than 50%), and structural heart disease such as prior myocardial infarction (MI), congenital heart disease, and/or ventricular dysfunction

Ischemic cardiomyopathy (CRID-2.5)

- ICD implantation is indicated in individuals with **any** of the following:
  - Left ventricular systolic dysfunction due to ischemic heart disease and **all** of the following:
    - LV ejection fraction ≤35% despite ≥3 months of **optimal medical therapy**
    - Symptomatic heart failure (NYHA functional Class II or III)
  - Left ventricular systolic dysfunction due to ischemic heart disease and **all** of the following:
    - LV ejection fraction ≤30% despite ≥3 months of **optimal medical therapy**
    - NYHA functional Class I
  - Left ventricular systolic dysfunction due to ischemic heart disease and **all** of the following:
    - LV ejection fraction ≤ 40% despite ≥3 months of **optimal medical therapy**
    - Non-sustained ventricular tachycardia
    - Inducible sustained monomorphic ventricular tachycardia at electrophysiological (EP) study

Optimal medical therapy should include a beta-blocker and **one** of the following:
- ACE inhibitor
- angiotensin II receptor blocker
- angiotensin receptor-neprilysin inhibitor

Non-ischemic dilated cardiomyopathy (DCM) (CRID-2.6)

- ICD implantation is indicated in individuals with nonischemic dilated cardiomyopathy who have **all** of the following:
  - LV ejection fraction ≤35% despite ≥3 months of **optimal medical therapy**
  - Symptomatic heart failure (NYHA Class II or III CHF)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Sustained ventricular tachycardia with normal LV function (CRID-3.2)

- ICD implantation is reasonable for individuals with sustained VT and normal or near-normal ventricular function

Cardiomyopathy (CRID-3.3)

Individuals with cardiomyopathy who have one or more risk factors for sudden cardiac death

Hypertrophic Cardiomyopathy:

ICD implantation is reasonable for individuals with hypertrophic cardiomyopathy who have one or more risk factors for sudden cardiac death including the following:

- Unheralded syncope
- Family history of sudden death
- Septal wall thickness ≥ 30 mm
- Ventricular tachycardia, sustained or nonsustained
- LV apical aneurysm, independent of size
- LV ejection fraction < 50%
- Extensive late gadolinium enhancement (LGE) comprising ≥15% of LV mass

Cardiomyopathy due to Arrhythmogenic Right Ventricular Cardiomyopathy (ARVC):

ICD implantation is reasonable for individuals with ARVC who have one or more risk factors for sudden cardiac death Risk factors for sudden cardiac death include the following:

- Unheralded syncope
- Family history of sudden death
- Ventricular tachycardia, sustained or non-sustained
- Clinical signs of RV failure

Long QT syndrome (CRID-3.4)

- ICD implantation is reasonable in Long-QT Syndrome in the following settings:
  - Syncope and/or VT while receiving beta-blockers or if beta-blockers are contraindicated
  - Asymptomatic with other risk factors for sudden cardiac death
    - Risk factors for sudden cardiac death include the following:
      - QT_c greater than 500 msec or

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

- LQT 2 or 3
- Family history of sudden death

Brugada syndrome (CRID-3.5)

- ICD implantation is reasonable for individuals with Brugada Syndrome who have had the following:
  - Syncope **or**
  - Documented or inducible VT or VF

Catecholaminergic polymorphic ventricular tachycardia (CRID-3.6)

- ICD implantation is reasonable for individuals with catecholaminergic polymorphic VT who have syncope and/or documented sustained VT while receiving beta-blockers.

Other indications (CRID-3.7)

- ICD implantation is reasonable, regardless of LV ejection fraction measurement, for individuals with:
  - Cardiac sarcoidosis
  - Giant cell myocarditis
  - Chagas disease
- LV non compaction
  - ICD implantation should be considered for the primary prevention of sudden cardiac death due to malignant ventricular arrhythmias in individuals with non-compaction cardiomyopathy and impaired LV function (LV ejection fraction less than 50%)
    - ICD implantation is also indicated for normal LV function (LVEF greater than 50%) primary prevention cases with positive family history of sudden cardiac death. This exception is due to the presence of sarcomeric gene mutations reported in non-compaction cardiomyopathy
- ICD implantation may be considered in affected individuals with a familial cardiomyopathy associated with sudden death

Muscular Dystrophy (CRID-3.8)

- ICD implantation is reasonable, regardless of LV ejection fraction for **any** of the following:
  - Emery-Dreifuss muscular dystrophy (EDMD)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

- Limb-Girdle Type 1B muscular dystrophy (LGMD1B)
- Myotonic Dystrophy Type 1 with an indication for a permanent pacemaker
- Lamin A/C (LMNA) mutation (for patients who don't meet the above criteria of EDMD or LGMD1B) when there is documentation of **two or more** of the following risk factors for sudden cardiac death:
  - Non-sustained ventricular tachycardia
  - LVEF < 45%
  - Non-missense mutation (ins-del/truncating or mutations affecting splicing)
  - Male sex at birth
- For sustained VT see **Sustained Ventricular Tachycardia with Normal LV Function**

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

ICD implantation non-indications (CRID-4)

CID.ICD.002.A
v1.0.2025

Ischemic cardiomyopathy (CRID-4.1)

- ICD implantation is **not** indicated in individuals who have had a myocardial infarction within the past 40 days or who have had coronary revascularization within the past 90 days **unless** the following applies:
  - A separate indication for permanent pacemaker implantation exists (thus preventing a likely repeat procedure for an upgraded device in the near future)

NYHA class IV CHF (CRID-4.2)

- ICD implantation is **not** indicated for individuals with NYHA functional class IV symptoms **unless** one of the following applies:
  - It is a CRT-D device meeting the indications for CRT-D implantation listed in **Sinus Rhythm, Dilated Cardiomyopathy with NYHA Class II, III, or IV Congestive Heart Failure (CHF)**
  - The individual is awaiting heart transplantation
  - Left ventricular assist device (LVAD) is being used as destination therapy

Limited life expectancy (CRID-4.3)

- ICD implantation is **not** indicated for individuals who do not have a reasonable expectation of survival with an acceptable functional status for at least one year, even if they meet ICD implantation criteria listed in:
  - **Definite Indications for ICD Implantation** or
  - **Reasonable Indications for ICD Implantation**

Incessant VT or VF (CRID-4.4)

- ICD implantation is **not** indicated for individuals with incessant VT or VF
  - Incessant VT or VF is defined as hemodynamically stable VT or VF continuing for hours

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Psychiatric conditions (CRID-4.5)

- ICD implantation is **not** indicated in individuals with significant psychiatric illnesses that may be aggravated by device implantation or that may preclude systematic follow-up.

Reversible causes of VT/VF (CRID-4.6)

- ICD implantation is **not** indicated when VF or VT is due to a reversible cause such as:
  - Severe electrolyte disturbance
  - Drug-induced torsades de pointes
  - Acute, reperfused myocardial infarction with preserved ejection fraction

Ablation candidate, no structural heart disease (CRID-4.7)

- ICD implantation is **not** indicated if the individual has no structural heart disease and is a candidate for ablation. Surgical or catheter ablation can be curative in this setting.

Substernal implantable cardioverter-defibrillator (CRID-4.8)

CPT® 0571T

- Substernal implantable cardioverter-defibrillator systems involve inserting a defibrillator lead directly beneath the sternum anterior to the heart, and is intended to provide anti-tachycardia pacing as well as post-shock pacing without intravenous leads.
- At this time substernal implantable cardioverter-defibrillator systems are considered experimental and investigational.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Cardiac Resynchronization Therapy (CRT) Devices

Guideline

Indications for cardiac resynchronization therapy (CRT)-D implantation (CRID-5)
Cardiac resynchronization therapy (CRT)-D implantation - non-indications (CRID-6)
Cardiac resynchronization therapy (CRT)-P (CRID-10)
Wireless Cardiac Resynchronization (CRID-11.2)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Indications for cardiac resynchronization therapy (CRT)-D implantation (CRID-5)

CID.CRT.005.A
v1.0.2025

Procedures included

CPT® 33224, 33225, 33208, 33229, 33249, 33264

Sinus rhythm, dilated cardiomyopathy with LBBB (CRID-5.1)

- CRT-D is indicated in individuals with ischemic or nonischemic dilated cardiomyopathy who have **all** of the following
  - LV ejection fraction ≤35% despite ≥3 months of **optimal medical therapy (OMT)**
  - Left bundle branch block with QRS ≥120 msec
  - Symptomatic heart failure NYHA functional Class II, III, or ambulatory class IV
- CRT-P can be indicated when all of the requirements of CRT-D have been met and the individual in consultation with the providing physician declines the ICD function

Sinus rhythm, dilated cardiomyopathy with non-LBBB (CRID-5.3)

- CRT-D is indicated in individuals with ischemic or nonischemic dilated cardiomyopathy who have **all** of the following
  - LV ejection fraction ≤35% despite ≥3 months of **optimal medical therapy (OMT)**
  - Non-LBBB pattern with QRS duration ≥150 ms
  - Symptomatic heart failure NYHA class III, or ambulatory class IV
- CRT-P can be indicated when all of the requirements of CRT-D have been met and the individual in consultation with the providing physician declines the ICD function

Atrial fibrillation and NYHA class II, III, or IV Congestive Heart Failure (CRID-5.4)

- CRT-D is indicated in individuals with atrial fibrillation who have **all** of the following:
  - LV ejection fraction ≤35% despite ≥3 months of **optimal medical therapy (OMT)**
  - Meet one of the following CRT criteria:

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

        - Left bundle branch block (LBBB) with a QRS duration ≥120 ms and symptomatic heart failure New York Heart Association (NYHA) functional class II, III, or ambulatory class IV
        - Non-LBBB pattern with a QRS duration ≥150 and symptomatic heart failure NYHA class III or ambulatory class IV
    - Non-pharmacologic or pharmacologic rate control will allow near 100% biventricular pacing with CRT
- CRT-P can be indicated when all of the requirements of CRT-D have been met and the individual in consultation with the providing physician declines the ICD function

Dilated Cardiomyopathy with atrial fibrillation requiring AV Junction ablation for heart rate control (CRID-5.5)

CRT-D is indicated in individuals with atrial fibrillation and **all** of the following:

- LV ejection fraction ≤35% despite ≥3 months of **optimal medical therapy (OMT)**
- Uncontrolled heart rate requiring atrioventricular (AV) Junction ablation

CRT-P can be indicated when all of the requirements of CRT-D have been met and the individual in consultation with the providing physician declines the ICD function

Dilated Cardiomyopathy with high-grade AV block (CRID-5.6)

CRT-D is indicated in individuals in sinus rhythm or atrial fibrillation who have **all** of the following:

- LV ejection fraction ≤35% despite ≥3 months of **optimal medical therapy (OMT)**
- High-grade atrioventricular (AV) block requiring ventricular pacing

CRT-P can be indicated when all of the requirements of CRT-D have been met and the individual in consultation with the providing physician declines the ICD function

Indications for upgrade to CRT-D (CRID-5.7)

Upgrade to CRT-D is indicated in individuals who have **all** of the following:

- LV ejection fraction ≤35% despite ≥3 months of **optimal medical therapy (OMT)**
- New or worsening symptomatic heart failure (NYHA functional Class II, III, or ambulatory class IV) following implantation of a non-CRT pacemaker or cardioverter-defibrillator (ICD)
- Ventricular pacing >40%

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

CRT-P can be indicated when all of the requirements of CRT-D have been met and the individual in consultation with the providing physician declines the ICD function

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Cardiac resynchronization therapy (CRT)-D implantation - non-indications (CRID-6)

CID.CRT.006.A
v1.0.2025

Ischemic cardiomyopathy (CRID-6.1)

- CRT-D or CRT-P implantation is **not** indicated in individuals who have had a myocardial infarction within the past 40 days or who have had coronary revascularization within the past 90 days **unless** the following applies
  - A separate indication for permanent pacemaker implantation exists (thus preventing a likely repeat procedure for an upgraded device in the near future)

Reversible causes of cardiomyopathy (CRID-6.2)

- CRT-D implantation is **not** indicated in the setting of a reversible cardiomyopathy such as: toxic, metabolic, or tachycardia induced cardiomyopathy
  - Once the reversible aberration is corrected, clinical reassessment is indicated

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Cardiac resynchronization therapy (CRT)-P (CRID-10)

CID.CRT.010.A
v1.0.2025

Indications for CRT-P (CRID-10.1)

Procedures included

CPT® 33224, 33225, 33208, 33229

CRT-P is indicated for any of the following:

- High grade AV block and NYHA Class I, II or III Congestive Heart Failure:
  - CRT-P implantation is indicated in individuals who have **all** of the following:
    - LV ejection fraction <50%
    - NYHA Class I, II, or III heart failure
    - High grade AV block, including AV nodal ablation, requiring more than 40% ventricular pacing CRT-P
- Pacing-induced cardiomyopathy
  - Upgrade from non-CRT pacemaker to CRT-P is indicated in individuals who have **all** of the following:
    - LV EF >50% prior to implantation of non-CRT pacemaker
    - Right ventricular pacing burden ≥40%
    - One of the following occurring after implantation of non-CRT pacemaker:
      - Decline in LV EF ≥10%
      - New or worsening heart failure symptoms NYHA Class II or III
- See also **Indications for Cardiac Resynchronization Therapy (CRT)-D Implantation** for individuals who have met requirements for CRT-D, but decline the ICD function

Indications for conduction system pacing

His bundle pacing or left bundle branch area pacing (CPT® 33207 or CPT® 33208) may be considered when **Indications for CRT-P (CRID 10.1)** are met and one of the following applies:

- LV lead placement was attempted and was unsuccessful or suboptimal
- His bundle pacing or left bundle branch area pacing is planned in place of biventricular pacing

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Wireless Cardiac Resynchronization (CRID-11.2)

CID.CRT.112.A
v1.0.2025

Wireless cardiac resynchronization - Criteria (CRID-11.2)

- Permanent LV leadless pacemakers (CPT® 0515T) are implanted directly in the left ventricle for synchronization with RV leads in the setting of cardiac resynchronization therapy. At this time they are considered experimental and investigational.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Other Cardiac Implantable Devices

Guideline

Cardiac devices for other conditions
References

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Cardiac devices for other conditions

CID.OD.011.A
v1.0.2025

Wireless pulmonary artery pressure sensor - Criteria (CRID-11.3)

Codes addressed

Description	CPT®
Transcatheter implantation of wireless pulmonary artery pressure sensor for long-term hemodynamic monitoring, including deployment and calibration of the sensor, right heart catheterization, selective pulmonary catheterization, radiological supervision and interpretation, and pulmonary artery angiography, when performed	33289

Indications

Although FDA approved, the wireless pulmonary artery pressure sensor device (e.g., CardioMEMS™ HF System) has yet to be incorporated into the standard of care is considered experimental, investigational, or unproven at this time.

Evidence Discussion

Wireless Pulmonary Artery Pressure Sensor devices (CPT® 33289) such as, CardioMEMS™ HF System, are implanted into a branch of the pulmonary artery during right heart catheterization and require a specialized delivery system. These devices monitor constant pulmonary artery pressures over time, utilizing the concept that as pulmonary artery pressures increase, outpatient medical therapy can be adjusted. This can potentially reduce inpatient admissions and treatment.

- Although FDA approved, these devices have yet to be incorporated into the standard of care and remain investigational and experimental at this time.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Wireless left atrial pressure sensor (CID-11.4)

Codes included

Description	CPT®
Transcatheter implantation of wireless left atrial pressure sensor for long-term left atrial pressure monitoring, including sensor calibration and deployment, right heart catheterization, transseptal puncture, imaging guidance, and radiological supervision and interpretation	0933T

Indications

Further studies are needed to evaluate the safety, clinical efficacy, and long-term stability of the wireless left atrial pressure sensor device. Wireless left atrial pressure sensor is considered experimental, investigational, or unproven at this time.

Evidence Discussion

Wireless left atrial pressure sensor (e.g., V-LAP™ system) implantation is performed percutaneously via femoral vein access and trans-atrial septal approach. It is proposed that the availability of hemodynamic parameters might allow clinicians to tailor heart failure treatment.

Cardiac Contractility Modulation

Codes included

Description	CPT®
Insertion or replacement of permanent cardiac contractility modulation system, including contractility evaluation when performed, and programming of sensing and therapeutic parameters; pulse generator with transvenous electrodes	0408T
Insertion of permanent cardiac contractility modulation-defibrillation system component(s), including fluoroscopic guidance, and evaluation and programming of sensing and therapeutic parameters; pulse generator and dual transvenous electrodes/leads (pacing and defibrillation)	0915T

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Cardiac contractility modulation (CCM)

CPT® 0408T

Currently, there is insufficient evidence of benefit of cardiac contractility modulation (CCM) on clinical outcomes. CCM devices (e.g.,Optimizer Smart®) are considered experimental, investigational, or unproven at this time.

Combined Cardiac Contractility Modulation and Implantable Cardioverter Defibrillator Device (CCM-D)

CPT® 0915T

Currently there is insufficient evidence of safety, efficacy, and benefit of combined cardiac contractility modulation and implantable cardioverter defibrillator devices (CCM-D) devices on clinical outcomes. CCM-D devices (e.g., Optimizer® Integra™ CCM-D System) are considered experimental, investigational, or unproven at this time.

Evidence Discussion

Cardiac contractility modulation (CCM) delivers electrical signals during the ventricular absolute refractory period. This does not generate an action potential or mechanical contraction but is proposed to enhance ventricular contractile strength. CCM has been proposed as a potential treatment option for individuals with symptomatic heart failure with reduced left ventricular ejection fraction who are not candidates for cardiac resynchronization therapy.

CCM has previously been used along with a separate implantable cardioverter defibrillator device (ICD). The Combined Cardiac Contractility Modulation and Implantable Cardioverter Defibrillator Device (CCM-D) combines CCM and ICD functionality in one device.

Baroreflex Activation Therapy

Barostim

Description	CPT®
Implantation or replacement of carotid sinus baroreflex activation device; total system	0266T

Currently there is insufficient evidence of benefit of baroreflex activation therapy on clinical outcomes. Carotid baroreflex activation therapy (e.g., Barostim™ device) is considered experimental, investigational, or unproven at this time.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Evidence Discussion

Carotid baroreflex activation therapy (e.g., Barostim™ device) uses a subcutaneously implanted pulse generator and electrode system to deliver electrical impulses to the carotid artery baroreceptors. Carotid baroreflex activation is aimed at decreasing sympathetic activity and increasing parasympathetic activity and has been proposed as a potential treatment option for individuals with symptomatic heart failure with reduced left ventricular ejection fraction.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References

CID.OD.011.A
v1.0.2025

1. D'Amario D, Meerkin D, Restivo A, et al; VECTOR-HF Trial Investigators. Safety, usability, and performance of a wireless left atrial pressure monitoring system in patients with heart failure: the VECTOR-HF trial. Eur J Heart Fail. 2023 Jun;25(6):902-911. doi: 10.1002/ejhf.2869.
2. D'Amario D, Meerkin D, Restivo A, et al; VECTOR-HF Trial Investigators. Safety, usability, and performance of a wireless left atrial pressure monitoring system in patients with heart failure: the VECTOR-HF trial (final results) European Heart Journal, Volume 44, Supplement 2, November 2023, ehad655.1133, https://doi.org/10.1093/eurheartj/ehad655.1133.
3. Heidenreich PA, Bozkurt B, Aguilar D, et al. 2022 AHA/ACC/HFSA Guideline for the Management of Heart Failure: A Report of the American College of Cardiology/American Heart Association Joint Committee on Clinical Practice Guidelines [published correction appears in Circulation. 2022 May 3;145(18):e1033].
4. Borggrefe MM, Lawo T, Butter C, et al. Randomized, double blind study of non-excitatory, cardiac contractility modulation electrical impulses for symptomatic heart failure. Eur Heart J. 2008;29(8):1019-1028. doi:10.1093/eurheartj/ehn020.
5. Abraham WT, Kuck KH, Goldsmith RL, et al. A Randomized Controlled Trial to Evaluate the Safety and Efficacy of Cardiac Contractility Modulation [published correction appears in JACC Heart Fail. 2023 Jan;11(1):132]. JACC Heart Fail. 2018;6(10):874-883. doi:10.1016/j.jchf.2018.04.010.
6. Borggrefe M, Mann DL. Cardiac Contractility Modulation in 2018. Circulation. 2018;138(24):2738-2740. doi:10.1161/CIRCULATIONAHA.118.036460.
7. Kadish A, Nademanee K, Volosin K, et al. A randomized controlled trial evaluating the safety and efficacy of cardiac contractility modulation in advanced heart failure Am Heart J. 2011;161(2):329-337.e3372. doi:10.1016/j.ahj.2010.10.025.
8. Giallauria F, Cuomo G, Parlato A, et al. A comprehensive individual patient data meta-analysis of the effects of cardiac contractility modulation on functional capacity and heart failure-related quality of life. ESC Heart Fail. 2020;7(5):2922-2932.
9. McDonagh TA, Metra M, Adamo M, et al. 2021 ESC Guidelines for the diagnosis and treatment of acute and chronic heart failure: Developed by the Task Force for the diagnosis and treatment of acute and chronic heart failure of the European Society of Cardiology (ESC). With the special contribution of the Heart Failure Association (HFA) of the ESC. Eur J Heart Fail. 2022;24(1):4-131. doi:10.1002/ejhf.2333.
10. Assessment of Combined CCM and ICD Device in HFrEF (INTEGRA-D) ClinicalTrials.gov ID NCT05855135 https://clinicaltrials.gov/study/NCT05855135
11. Zile MR, Lindenfeld J, Weaver FA, et al. Baroreflex Activation Therapy in Patients with Heart Failure with Reduced Ejection Fraction. J Am Coll Cardiol. 2020 Jul 7;76(1):1-13. doi: 10.1016/j.jacc.2020.05.015.
12. Zile MR, Lindenfeld J, Weaver FA, et al. Baroreflex activation therapy in patients with heart failure and a reduced ejection fraction: Long-term outcomes. Eur J Heart Fail. 2024 Apr;26(4):1051-1061. doi: 10.1002/ejhf.3232.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Table of Contents

Guideline

General Guidelines (CH-1)
Lymphadenopathy (CH-2)
Cough (CH-3)
Non-Cardiac Chest Pain (CH-4)
Dyspnea/Shortness of Breath (CH-5)
Hemoptysis (CH-6)
Bronchiectasis (CH-7)
Bronchitis (CH-8)
Asbestos Exposure (CH-9)
Chronic Obstructive Pulmonary Disease (COPD) (CH-10)
Interstitial Disease (CH-11)
Pneumonia and Coronavirus Disease 2019 (COVID-19) (CH-13)
Other Chest Infections (CH-14)
Sarcoid (CH-15)
Solitary Pulmonary Nodule (SPN) (CH-16)
Pleural-Based Nodules and Other Abnormalities (CH-17)
Pleural Effusion (CH-18)
Pneumothorax/Hemothorax (CH-19)
Mediastinal Mass (CH-20)
Chest Trauma (CH-21)
Chest Wall Mass (CH-22)
Pectus Excavatum and Pectus Carinatum (CH-23)
Pulmonary Arteriovenous Fistula (AVM) (CH-24)
Pulmonary Embolism (PE) (CH-25)
Pulmonary Hypertension (CH-26)
Subclavian Steal Syndrome (CH-27)
Superior Vena Cava (SVC) Syndrome (CH-28)
Elevated Hemidiaphragm (CH-30)
Thoracic Outlet Syndrome (TOS) (CH-31)
Lung Transplantation (CH-32)
Lung Cancer Screening (CH-33)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

General Guidelines (CH-1)

Guideline

Abbreviations for Chest Guidelines
General Guidelines (CH-1.0)
General Guidelines – Chest X-Ray (CH-1.1)
General Guidelines – Chest Ultrasound (CH-1.2)
General Guidelines – CT Chest (CH-1.3)
General Guidelines – CTA Chest (CPT® 71275) (CH-1.4)
General Guidelines – MRI Chest without and with Contrast (CPT® 71552) (CH-1.5)
General Guidelines – Nuclear Medicine (CH-1.6)
Navigational Bronchoscopy (CH-1.7)
References (CH-1)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Abbreviations for Chest Guidelines

CH.GG.Abbreviations.A
v1.1.2025

Abbreviations for Chest Guidelines	
AAA	abdominal aortic aneurysm
ACE	angiotensin-converting enzyme
AVM	arteriovenous malformation
BP	blood pressure
CAD	computer-aided detection
CBC	complete blood count
COPD	chronic obstructive pulmonary disease
CT	computed tomography
CTA	computed tomography angiography
CTV	computed tomography venography
DVT	deep venous thrombosis
ECG	electrocardiogram
EM	electromagnetic
EMG	electromyogram
FDA	Food and Drug Administration
FDG	fluorodeoxyglucose
FNA	fine needle aspiration
GERD	gastroesophageal reflux disease

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Abbreviations for Chest Guidelines	
GI	gastrointestinal
HRCT	high resolution computed tomography
IPF	idiopathic pulmonary fibrosis
LFTP	localized fibrous tumor of the pleura
MRA	magnetic resonance angiography
MRI	magnetic resonance imaging
MRV	magnetic resonance venography
NCV	nerve conduction velocity
PE	pulmonary embolus
PET	positron emission tomography
PFT	pulmonary function tests
PPD	purified protein derivative of tuberculin
RODEO	Rotating Delivery of Excitation Off-resonance MRI
SPN	solitary pulmonary nodule
SVC	superior vena cava

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

General Guidelines (CH-1.0)

CH.GG.0001.0.A

v1.1.2025

- A pertinent clinical evaluation since the onset or change in symptoms is required prior to considering advanced imaging.
  - A pertinent clinical evaluation should include the following:
    - a detailed history and physical examination
    - appropriate laboratory studies and basic imaging, such as plain radiography or ultrasound
      - A recent chest x-ray since the onset or change in symptoms that has been over read by a radiologist would be performed in many of these cases prior to considering advanced imaging.[1,2]
        - Identify and compare with previous chest films to determine presence and stability.
  - For an established individual a meaningful technological contact (telehealth visit, telephone call, electronic mail or messaging) since the onset or change in symptoms can serve as a pertinent clinical evaluation.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

General Guidelines – Chest X-Ray (CH-1.1)

CH.GG.0001.1.A

v1.1.2025

- Chest x-ray can help identify previously unidentified disease and direct proper advanced imaging for such conditions as:
  - pneumothorax (See **Pneumothorax/Hemothorax (CH-19.1))**
  - pneumomediastinum (See **Pneumothorax/Hemothorax (CH-19.1)**
  - fractured ribs (See **Chest Trauma (CH-21.1))**
  - chest wall mass (See **Chest Wall Mass (CH-22.1))**
  - acute and chronic infections (See **Pneumonia and Coronavirus Disease 2019 (COVID-19) (CH-13)** and **Other Chest Infections (CH-14))**
  - malignancies
- Exceptions to preliminary chest x-ray include such conditions as:
  - supraclavicular lymphadenopathy (See **Supraclavicular Region (CH-2.1))**
  - known bronchiectasis (See **Bronchiectasis (CH-7.1))**
  - suspected interstitial lung disease (See **Interstitial Lung Disease (ILD)/Diffuse Lung Disease (DLD) (CH-11.1))**
  - positive PPD or tuberculosis (See **Other Chest Infections (CH-14)**)
  - suspected pulmonary AVM (See **Pulmonary Hypertension (CH-26.1))**

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

General Guidelines – Chest Ultrasound (CH-1.2)

CH.GG.0001.2.A

v1.1.2025

- Chest ultrasound (CPT® 76604) includes transverse, longitudinal, and oblique images of the chest wall with measurements of chest wall thickness, and also includes imaging of the mediastinum.
  - Chest ultrasound:
    - CPT® 76604
  - Breast ultrasound:
    - CPT® 76641: unilateral, complete
    - CPT® 76642: unilateral, limited
    - CPT® 76641 and CPT® 76642 be reported only once per breast, per imaging session
  - Axillary ultrasound:
    - CPT® 76882 (unilateral); if bilateral, can be reported as CPT® 76882 x 2

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

General Guidelines – CT Chest (CH-1.3)

CH.GG.0001.3.A

v1.1.2025

- Intrathoracic abnormalities found on chest x-ray, fluoroscopy, CT Abdomen, or other imaging modalities can be further evaluated with CT Chest with contrast (CPT® 71260).
- CT Chest without contrast (CPT® 71250) can be used for the following:
  - individual has contraindication to contrast
  - follow-up of pulmonary nodule(s)
  - High Resolution CT (HRCT)
- Low-dose CT Chest (CPT® 71271) See **Lung Cancer Screening (CH-33)**
- CT Chest without and with contrast (CPT® 71270) does not add significant diagnostic information above and beyond that provided by CT Chest with contrast, unless a question regarding calcification, most often within a lung nodule, needs to be resolved.[1]

CT Chest Coding Notes:

- High resolution CT Chest should be reported only with an appropriate code from the set CPT® 71250-CPT® 71270.
  - No additional CPT® codes should be reported for the “high resolution” portion of the scan. The “high resolution” involves additional slices which are not separately billable.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

General Guidelines – CTA Chest (CPT® 71275) (CH-1.4)

CH.GG.0001.4.A

v1.1.2025

- CTA Chest (CPT® 71275) can be considered for suspected Pulmonary Embolism and Thoracic Aortic disease.
  - CTA prior to minimally invasive or robotic surgery (See **Transcatheter Aortic Valve Replacement (TAVR) (CD-4.8)** in the Cardiac Imaging Guidelines).

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

General Guidelines – MRI Chest without and with Contrast (CPT® 71552) (CH-1.5)

CH.GG.0001.5.A

v1.1.2025

- Indications for MRI Chest are infrequent and may relate to concerns about CT contrast such as renal insufficiency or contrast allergy. MRI may be indicated:
  - Clarification of some equivocal findings on previous imaging studies, which are often in the thymic mediastinal region or determining margin (vascular/soft tissue) involvement with tumor and determined on a case-by-case basis.
    - Certain conditions include:
      - chest wall mass (See **Chest Wall Mass (CH-22.1)**
      - chest muscle tendon injuries (See **Muscle/Tendon Unit Injuries/Diseases (MS-11.1)** in the Musculoskeletal Imaging Guidelines)
      - pectoralis tendon rupture (See **Shoulder (MS-19)**)
      - brachial plexopathy (See **Brachial Plexus (PN-4.1)** in the Peripheral Nerve Disorders Imaging Guidelines)
      - thymoma (See **Thymoma and Thymic Carcinoma - Suspected/Diagnosis (ONC-10.5)** in the Oncology Imaging Guidelines)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

General Guidelines – Nuclear Medicine (CH-1.6)

CH.GG.0001.6.A
v1.1.2025

CPT	Description
78580	Pulmonary perfusion imaging (eg, particulate)
78582	Pulmonary ventilation (eg, aerosol or gas) and perfusion imaging
78597	Quantitative differential pulmonary perfusion, including imaging when performed
78598	Quantitative differential pulmonary perfusion and ventilation (e.g., aerosol or gas), including imaging when performed

- Pulmonary perfusion imaging (eg, particulate) (CPT® 78580) and pulmonary ventilation (eg, aerosol or gas) and perfusion imaging (CPT® 78582) See **Pulmonary Embolism (CH-25.1)**
- Quantitative differential pulmonary perfusion, including imaging when performed (CPT® 78597) and quantitative differential pulmonary perfusion and ventilation (e.g., aerosol or gas), including imaging when performed (CPT® 78598) See **Pre-Operative Assessment (CH-5.2)**

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Navigational Bronchoscopy (CH-1.7)

CH.GG.0001.7.A
v1.1.2025

- CPT® 76497 (Unlisted CT procedure) if:
  - A CT Chest has been performed within the last 6 weeks and study is needed for navigational bronchoscopy.
- CT Chest without contrast (CPT® 71250) if:
  - Previous diagnostic scan was ≥6 weeks ago and study is needed for navigational bronchoscopy
- Bronchoscopy with computer-assisted, image-guided navigation, includes three-dimensional reconstruction. Do not report in conjunction with 3-D rendering CPT codes (CPT® 76376) or (CPT® 76377).

Background and Supporting Information

- Navigational bronchoscopy: This is a form of guided bronchoscopy. A special sensor inside a bronchoscopy is used to navigate to the desired location within the lung. Computer software generates a virtual bronchial tree which provides a road map to the target lesion. A thin-cut CT Chest with optimized reconstruction parameters is required to generate the virtual map of the lungs. A previous CT Chest may not be usable for navigation if it was not formatted correctly, even if done just a few days prior.
- Names for navigational bronchoscopy systems can include:
  - superDimension or super-D
  - Spin Thoracic Navigation System
  - Archimedes
  - Monarch Platform - robotic
  - Ion - endoluminal robotic bronchoscopy platform
- Cone-Beam CT, (CBCT) is a newer technique that helps locate the nodule in real time. Recent studies have shown comparable results and diagnostic yields to other guided bronchoscopy strategies. CBCT, however, can expose the patient to additional radiation. Another study concluded that, "Additional studies are warranted to confirm the safety and efficacy of this technique". Efforts are required to improve diagnostic accuracy and standardized practices before CBCT can be considered mainstream.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

References (CH-1)

v1.1.2025

1. Raoof S, Feigin D, Sung A, Raoof S, Irugulpati L, Rosenow EC 3rd. Interpretation of plain chest roentgenogram. *Chest*. 2012;141(2):545-558. doi:10.1378/chest.10-1302
2. Eisen LA, Berger JS, Hegde A, Schneider RF. Competency in chest radiography. A comparison of medical students, residents, and fellows. *J Gen Intern Med*. 2006;21(5):460-465. doi:10.1111/j.1525-1497.2006.00427.x
3. Rawson JV, Pelletier AL. When to Order a Contrast-Enhanced CT. *Am Fam Physician*. 2013;88(5):312-316.
4. *RECOMMENDED CT SCAN and RECONSTRUCTION PARAMETERS SUPPLEMENT*. https://www.medtronic.com/content/dam/covidien/library/us/en/product/interventional-lung-solutions/illumisite-platform-scan-parameters-information-sheet.pdf
5. Gildea TR, Mazzone PJ, Karnak D, Meziane M, Mehta AC. Electromagnetic navigation diagnostic bronchoscopy: a prospective study. *Am J Respir Crit Care Med*. 2006;174(9):982-989. doi:10.1164/rccm.200603-344OC
6. Mehta AC, Hood KL, Schwarz Y, Solomon SB. The Evolutional History of Electromagnetic Navigation Bronchoscopy: State of the Art. *Chest*. 2018;154(4):935-947. doi:10.1016/j.chest.2018.04.029
7. Piro R, Fontana M, Casalini E, et al. Cone beam CT augmented fluoroscopy allows safe and efficient diagnosis of a difficult lung nodule. *BMC Pulm Med*. 2021;21(1):327. doi:10.1186/s12890-021-01697-y
8. Podder S, Chaudry S, Singh H, Jondall EM, Kurman JS, Benn BS. Efficacy and safety of cone-beam CT augmented electromagnetic navigation guided bronchoscopic biopsies of indeterminate pulmonary nodules. *Tomography*. 2022;8(4):2049-2058.doi:10.3390/tomography8040172.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Lymphadenopathy (CH-2)

Guideline

Supraclavicular Region (CH-2.1)
Axillary Lymphadenopathy (and Mass) (CH-2.2)
Mediastinal Lymphadenopathy (CH-2.3)
References (CH-2)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Supraclavicular Region (CH-2.1)

CH.LA.0002.1.A
v1.1.2025

- Ultrasound (CPT® 76536) is the initial study for palpable or suspected lymphadenopathy.
  - Allows simultaneous ultrasound-guided core needle biopsy (CPT® 76942)
  - CT Neck with contrast (CPT® 70491) or CT Chest with contrast (CPT® 71260) if ultrasound is indeterminate
    - See **General Guidelines (Neck-1.0)** in the Neck Imaging Guidelines

Evidence Discussion

For suspected or palpable supraclavicular lymphadenopathy, ultrasound (US) has an excellent sensitivity rate, up to 100% for the detection of metastases. CT Neck had a lower sensitivity rate of 83% for the same lesion. (van Overhagen,2004) Ultrasound avoids the ionizing radiation exposure of CT, is readily available and allows for the use of US-guided fine-needle aspiration cytologyfor diagnosis.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Axillary Lymphadenopathy (and Mass) (CH-2.2)

CH.LA.0002.2.A

v1.1.2025

- There is no evidence-based support for advanced imaging of clinically evidenced axillary lymphadenopathy prior to a biopsy.[2,3] If axillary node biopsy reveals benign findings, advanced imaging is not indicated. If axillary node biopsy reveals findings concerning for malignancy, pathology results will determine the need for further advanced imaging. See **Carcinoma of Unknown Primary Site (ONC-31.7)** in the Oncology imaging Guidelines for imaging recommendations for carcinoma found in an axillary lymph node.
- Localized axillary lymphadenopathy:
  - Axillary US (CPT® 76882)
    - Initial evaluation of any axillary mass or enlarged node
  - Search for adjacent hand or arm injury or infection, and
  - 3-4 week observation if benign clinical picture (for ipsilateral COVID vaccination-related adenopathy, observation for 12 or more weeks is recommended)[4]. Follow-up imaging with ultrasound can be obtained if there is a significant risk of metastatic adenopathy (e.g., breast, head and neck, upper extremity/trunk melanoma or lymphoma[5])
    - If axillary adenopathy is unchanged, then consider additional follow up 6 months after initial presentation[4]
  - Ultrasound directed core needle biopsy or surgical excisional biopsy of the most abnormal lymph node if condition persists, or malignancy is suspected, or surgical excisional biopsy if core needle biopsy results are non-diagnostic.
  - No advanced imaging indicated.
- Generalized axillary lymphadenopathy:
  - Axillary US (CPT® 76882)
    - Initial evaluation of any axillary mass or enlarged node
  - Ultrasound directed core needle biopsy or surgical excisional biopsy of the most abnormal lymph node if condition persists, if malignancy is suspected, or surgical excisional biopsy if core needle biopsy results are non-diagnostic.
  - Diagnostic work-up, including serological tests, for systemic diseases
  - See **Non-Hodgkin Lymphomas (ONC-27)** in the Oncology Imaging Guidelines.
- Occult primary cancer in axillary lymph node(s):
  - See **Metastatic Cancer, Carcinoma of Unknown Primary Site, and Other Types of Cancer (ONC-31)** in the Oncology Imaging Guidelines.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Evidence Discussion

Initial evaluation of an axillary mass or axillary lymphadenopathy (LAN) should be ultrasound (US). US allows for real-time evaluation and immediate image-directed biopsy.(Sun,2020) CT Chest is usually not appropriate in the evaluation of axillary LAN, especially in the female population with concern for breast cancer.(Expert Panel on Breast Imaging,2022)

Ultrasound is a very important initial imaging modality which is easy to obtain, universally available and portable, exposes patients to no radiation, and is cost effective. It is also excellent in helping to determine next best advanced imaging study including appropriate protocol and contrast level. US not only provides excellent soft tissue resolution, but also provides characterization of cystic lesions (Bosniak classification) whether complex or simple to help guide follow up imaging interval or biopsy.

Background and Supporting Information

- Adenocarcinoma is the most common histology, with breast cancer seen most often; non-palpable breast cancer and axillary metastases accounts for less than 0.5% of all breast cancers. Carcinomas of the lung, thyroid, stomach, colon, rectum, and pancreas have the potential to spread to axillary lymph nodes, but these metastases are rarely the first manifestations of disease.
- COVID-19 vaccine-related unilateral axillary adenopathy has been well documented to occur in 12% of recipients after the first dose and up to 16% after the second dose.[1] In some series the incidence has been as high as 53%.[2] Adenopathy usually develops within the first few days after vaccination and lasts a mean of 10 days. However, 29% had lymphadenopathy which persisted >6 weeks.[3] PET-CT can provide false positive results of unilateral axillary adenopathy up to 7-10 weeks post vaccination. Due to these concerns, in individuals with cancer history it is recommended that the vaccination be provided in the contralateral arm, especially in case of unilateral breast cancer.
- The Society for Breast Imaging (SBI) recommends that for unilateral axillary adenopathy on screening exams who received a recent COVID-19 vaccination in the ipsilateral upper extremity, a follow up interval of 12 or more weeks is recommended. If axillary adenopathy persists after short term follow up, then consider lymph node sampling to exclude breast and non-breast malignancy.[4] Imaging for urgent cancer related clinical indication should not be delayed in relationship to COVID vaccine timing. For routine surveillance, screening and similar non-urgent indications, postponement of imaging for at least 6 weeks after vaccinations should be considered.[5] However, the SBI no longer recommends delaying screening mammograms around COVID-19 vaccinations.[4,5]

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Mediastinal Lymphadenopathy (CH-2.3)

CH.LA.0002.3.A

v1.1.2025

- CT Chest with contrast (CPT® 71260) if mediastinal abnormalities are detected on a chest x-ray (over read by a radiologist), other non-dedicated advanced chest imaging, or clarification of mediastinal abnormalities on a non-contrast CT Chest.
  - Follow-up CT Chest (CPT® 71260) after 3-6 months if:
    - enlarged lymph nodes, ≥15 mm, are in the mediastinum with no other thoracic abnormalities; and
    - thereafter, stability or decreasing size, does not require further advanced imaging.
  - Further evaluations:
    - Lymph node biopsy (see methods below) should be considered for:
      - persistent or increasing lymphadenopathy on follow-up CT Chest; or
      - suspected malignancy.
      - See **Non-Hodgkin Lymphomas (ONC-27)** and/or **Hodgkin Lymphoma (ONC-28)** in the Oncology Imaging Guidelines for suspicion of Lymphoma.
- PET/CT (CPT® 78815) can be considered for enlarged lymph nodes, ≥15 mm with no explainable disease or increasing lymph node size on follow-up CT Chest

Evidence Discussion

- CT Chest indicated for mediastinal abnormalities detected on chest x-ray or other non-dedicated advanced imaging. CT allows for further tissue characterization and can distinguish between calcium, macroscopic fat and water attenuation fluid [1]. CT has higher contrast resolution than plain chest radiography. CT does carry with it the risk of both iodinated contrast exposure and ionizing radiation exposure.
- Asymptomatic, incidental mediastinal lymph nodes less than 15 mm (in the short axis) do not require follow up. Evison et al found that size was the greatest predictor of lymph node etiology with those less than 15 mm always found to be reactive (Munden, 2018).
- For mediastinal lymph nodes greater than or equal to 15 mm follow-up should be directed by suspected etiology. For those with low or no clinical suspicion for malignancy and no other thoracic abnormalities, follow up CT chest in 3-6 months is reasonable (Munden, 2018). If the lymph nodes have increased in size on follow-up imaging, PET/CT or tissue biopsy should be considered (Munden, 2018).
- For those with no explainable disease and mediastinal lymph nodes greater than or equal to 15 mm, PET/CT may be considered. However, PET/CT has well-documented false positive results in this setting given the overlap of increased FDG

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

uptake in both oncologic and infection or inflammatory disease processes (Munden, 2018).

Background and Supporting Information

- Incidentally detected lymph nodes <15 mm (in short axis) in individuals with no other findings do not require further evaluation.
- Most benign nodes have smooth and well-defined borders, show uniform and homogeneous attenuation, and demonstrate a central fatty hilum
- Explainable disease such as emphysema, interstitial lung disease, sarcoidosis, cardiac disease.
- Unexplained causes, consider lymphoma, undiagnosed metastatic disease, including testicular carcinoma in young male, and infection.
- Lymphadenopathy from neoplasms as well as from benign sources of inflammation can result in a positive PET scan. Therefore, the use of PET may not be helpful prior to histologic diagnosis.
- Less invasive methods of mediastinal biopsies are CT or ultrasound directed percutaneous biopsy, transbronchial biopsy, transbronchial biopsy using endobronchial ultrasound, and endoscopic ultrasound-guided FNA.
- More invasive and traditional methods are mediastinoscopy or thoracoscopy/ thoracotomy.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (CH-2)

v1.1.2025

1. Mehta N, Sales RM, Babagbemi K, et al. Unilateral axillary Adenopathy in the setting of COVID-19 vaccine. *Clin Imaging*. 2021;75:12-15. doi:10.1016/j.clinimag.2021.01.016.
2. Eifer M, Tau N, Alhoubani Y, et al. COVID-19 mRNA Vaccination: Age and Immune Status and Its Association with Axillary Lymph Node PET/CT Uptake. *J Nucl Med*. 2022;63(1):134-139. doi:10.2967/jnumed.121.262194.
3. Garreffa E, Hamad A, O'Sullivan CC, et al. Regional lymphadenopathy following COVID-19 vaccination: Literature review and considerations for patient management in breast cancer care. *Eur J Cancer*. 2021;159:38-51. doi:10.1016/j.ejca.2021.09.033.
4. Grimm L, Destounis S, Dogan B, et al. Revised SBI Recommendations for the Management of Axillary Adenopathy in Patients with Recent COVID-19 Vaccination Society of Breast Imaging Patient Care and Delivery Committee. https://assets-002.noviams.com/novi-file-uploads/sbi/pdfs-and-documents/policy-and-position-statements/2022/SBI-recommendations-for-managing-axillary-adenopathy-post-COVID-vaccination_updatedFeb2022.pdf.
5. Becker AS, Perez-Johnston R, Chikarmane SA, et al. Multidisciplinary Recommendations Regarding Post-Vaccine Adenopathy and Radiologic Imaging: *Radiology* Scientific Expert Panel. *Radiology*. 2021;300(2):E323-E327. doi:10.1148/radiol.2021210436.
6. van Overhagen H, Brakel K, Heijenbrok MW, et al. Metastases in supraclavicular lymph nodes in lung cancer: assessment with palpation, US, and CT. *Radiology*. 2004;232(1):75-80. doi:10.1148/radiol.2321030663
7. Lehman CD, DeMartini W, Anderson BO, Edge SB. Indications for breast MRI in the patient with newly diagnosed breast cancer. *J Natl Compr Canc Netw.* 2009;7(2):193-201. doi:10.6004/jnccn.2009.0013.
8. Yamaguchi H, Ishikawa M, Hatanaka K, Uekusa T, Ishimaru M, Nagawa H. Occult breast cancer presenting as axillary metastases. *Breast*. 2006;15(2):259-262. doi:10.1016/j.breast.2005.04.018.
9. Stigt JA, Boers JE, Oostdijk AH, van den Berg JW, Groen HJ. Mediastinal incidentalomas. *J Thorac Oncol*. 2011;6(8):1345-1349. doi:10.1097/JTO.0b013e31821d41c8.
10. English BS, Ray CE, Chang JY, et al. Expert Panel on Interventional Radiology. ACR Appropriateness Criteria® Radiologic Management of Thoracic Nodules and Masses. Am Coll Radiol (ACR); Date of Origin: 1996. Revised: 2015. https://acsearch.acr.org/docs/69343/Narrative/.
11. Munden RF, Carter BW, Chiles C, et al. Managing Incidental Findings on Thoracic CT: Mediastinal and Cardiovascular Findings. A White Paper of the ACR Incidental Findings Committee. *J Am Coll Radiol*. 2018;15(8):1087-1096. doi:10.1016/j.jacr.2018.04.029.
12. Expert Panel on Thoracic Imaging, Ackman JB, Chung JH, et al. ACR Appropriateness Criteria® Imaging of Mediastinal Masses. J Am Coll Radiol. 2021;18(5S):S37-S51. doi:10.1016/j.jacr.2021.01.007.
13. Expert Panel on Breast Imaging, Le-Petross HT, Slanetz PJ, et al. ACR Appropriateness Criteria® Imaging of the Axilla. J Am Coll Radiol. 2022;19(5S):S87-S113. doi:10.1016/j.jacr.2022.02.010.
14. Sun SX, Moseley TW, Kuerer HM, Yang WT. Imaging-Based Approach to Axillary Lymph Node Staging and Sentinel Lymph Node Biopsy in Patients With Breast Cancer. AJR Am J Roentgenol. 2020;214(2):249-258. doi:10.2214/AJR.19.22022.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Cough (CH-3)

Guideline

Cough (CH-3.1)
References (CH-3)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Cough (CH-3.1)

CH.CH.0003.1.A

v1.1.2025

- Initial evaluation should include a recent chest x-ray after the current episode of cough started or changed.[1,2]
  - In addition all medications known to cause coughing (e.g. ACE inhibitors, Sitagliptin) should be discontinued.[1,2,3]
- CT Chest (either with contrast [CPT® 71260] or without contrast [CPT® 71250]), if the initial chest x-ray is without abnormalities and all medications known to cause coughing have been discontinued, for the following:
  - Non-smoker cough after the following sequence for a total 3-week trial and investigation after ALL of the following:[4]
    - Antihistamine and decongestant or intranasal glucocorticoid treatment.[1,2,7]
    - Spirometry and/or pulmonary function tests (PFT's).[1,4,8]
    - Empiric trial of corticosteroids (oral or inhaled) and/or leukotriene receptor antagonist (e.g. Montelukast).[1,2,4,8,9]
    - Treatment of gastroesophageal reflux disease (GERD).[1,2,4,8,9]
      - See **Sinus and Facial Imaging (HD-29.1)** in the Head Imaging Guidelines.
  - Current or past cigarette smokers with either[4]:
    - new cough lasting greater than 2 weeks
    - changed chronic cough in worsening frequency or character
      - See **Hemoptysis (CH-6.1)**
  - For any abnormalities present on the initial chest x-ray, advanced chest imaging can be performed according to the relevant Chest Imaging Guidelines section.[1]
- CT Maxillofacial without contrast (CPT® 70486) or CT Sinus, limited without contrast (CPT® 76380) is indicated in those with suspicion of Upper Airway Cough Syndrome (UACS) in the following:[4,5,6]
  - Clinical criteria for chronic rhinosinusitis (CRS) or acute/recurrent rhinosinusitis are met, as per **Sinus and Facial Imaging (HD 29.1)**; **OR** ALL of the following:
    - at least a one week trial of daily antihistamine/decongestant
    - initial evaluation with a chest x-ray and/or CT Chest after the current episode of cough started or changed
    - all medications known to cause cough have been discontinued

Evidence Discussion

CT chest is not recommended routinely in people with a chronic cough, normal chest x-ray, and normal physical exam. There is concern regarding potential cancer risk from CT radiation exposure, especially in women and children.(Morice,2020) For patients

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

with cough of unknown etiology or a chronic cough refractory to therapy, a CT chest may identify changes not seen on chest x-ray, such as interstitial lung disease or bronchiectasis.(Morice,2020;Kuzniewski,2021)

Current or former smokers with a new cough or change in chronic cough do not need a trial of therapy for UACS, asthma or GERD prior to a chest CT if an initial chest x-ray is abnormal or non-diagnostic. (Irwin,2018)

CT maxillofacial may be considered for suspected chronic rhinosinusitis (CRS) as the cause of chronic cough after clinical examination and chest x-ray if there is no response to empiric therapy or if the history and nasal endoscopy findings are concerning for CRS.(Irwin,2018;Kuzniewski,2021;Donaldson,2023)

Background and Supporting Information

- The resolution of cough usually will occur at a median time of 26 days of stopping use of the angiotensin-converting enzyme (ACE) inhibitor drug.[2] Smoking cessation is “almost always effective” in resolving cough in smoker.[2]
- Cough after URI (Upper Respiratory Infection) can typically last beyond 2-3 weeks.[3]
- Objective evidence of classic asthmatic cough conventionally requires some evidence of variable airflow obstruction such as peak flow variability, or reversibility to bronchodilator of >12%-15%.[8]
- In adult patients with chronic cough suspected to be due to reflux-cough syndrome, it is recommended that treatment include (1) diet modification to promote weight loss in overweight or obese patients; (2) head of bed elevation and avoiding meals within 3 hours of bedtime; and (3) in patients who report heartburn or regurgitation, PPI's, H-2 receptor antagonists, alginate or antacid therapy sufficient to control these symptoms.[9]

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (CH-3)

v1.1.2025

1. Gibson P, Wang G, McGarvey L, et al. Treatment of Unexplained Chronic Cough: CHEST Guideline and Expert Panel Report. *Chest*. 2016;149(1):27-44.doi:10.1378/chest.15-1496.
2. Pratter MR, Brightling CE, Boulet LP, Irwin RS. An empiric integrative approach to the management of cough: ACCP evidence-based clinical practice guidelines. *Chest*. 2006;129(1 Suppl):222S-231S. doi:10.1378/chest.129.1_suppl.222S.
3. Ebell MH, Lundgren J, Youngpairoj S. How long does a cough last? Comparing patients' expectations with data from a systematic review of the literature. *Ann Fam Med*. 2013;11(1):5-13. doi:10.1370/afm.1430.
4. Irwin RS, French CL, Chang AB, Altman KW; CHEST Expert Cough Panel*. Classification of Cough as a Symptom in Adults and Management Algorithms: CHEST Guideline and Expert Panel Report. *Chest*. 2018;153(1):196-209. doi:10.1016/j.chest.2017.10.016.
5. Pratter MR. Chronic upper airway cough syndrome secondary to rhinosinus diseases (previously referred to as postnasal drip syndrome): ACCP evidence-based clinical practice guidelines. *Chest*. 2006;129(1 Suppl):63S-71S. doi:10.1378/chest.129.1_suppl.63S.
6. Donaldson AM. Upper Airway Cough Syndrome. *Otolaryngol Clin North Am*. 2023;56(1):147-155. doi:10.1016/j.otc.2022.09.011.
7. Dykewicz MS, Wallace DV, Amrol DJ, et al. Rhinitis 2020: A practice parameter update. *J Allergy Clin Immunol*. 2020;146(4):721-767. doi:10.1016/j.jaci.2020.07.007.
8. Morice AH, Millqvist E, Bieksiene K, et al. ERS guidelines on the diagnosis and treatment of chronic cough in adults and children [published correction appears in Eur Respir J. 2020 Nov 19;56(5):]. *Eur Respir J*. 2020;55(1):1901136. Published 2020 Jan 2. doi:10.1183/13993003.01136-2019.
9. Kahrilas PJ, Altman KW, Chang AB, et al. Chronic Cough Due to Gastroesophageal Reflux in Adults: CHEST Guideline and Expert Panel Report. *Chest*. 2016;150(6):1341-1360. doi:10.1016/j.chest.2016.08.1458.
10. Expert Panel on Thoracic Imaging, Kuzniewski CT, Kizhner O, et al. ACR Appropriateness Criteria® Chronic Cough. J Am Coll Radiol. 2021;18(11S):S305-S319. doi:10.1016/j.jacr.2021.08.007.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Non-Cardiac Chest Pain (CH-4)

Guideline

Non-Cardiac Chest Pain (CH-4.0)
Non-Cardiac Chest Pain – Imaging (CH-4.1)
Costochondritis/Other Musculoskeletal Chest Wall Syndrome (CH-4.2)
References (CH-4)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Non-Cardiac Chest Pain (CH-4.0)

CH.CP.0004.0.A
v1.1.2025

- See the following guidelines:
  - **Pulmonary Embolism (PE) (CH-25.1)**
  - **General Guidelines (CD-1)**
- Evidence is not conclusive whether Triple-rule-out CT (CAD, PE, and AD) will improve efficiency of patient management with acute chest pain.[1]

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Non-Cardiac Chest Pain – Imaging (CH-4.1)

CH.CP.0004.1.A
v1.1.2025

- Initial evaluation should include a chest x-ray.
  - CT Chest with contrast (CPT® 71260) or CTA Chest (CPT® 71275) if x-ray is abnormal. See **Pneumonia (CH-13.1)**
- Sub-Sternal Non-Cardiac Chest Pain:
  - If x-ray is normal and the chest pain is substernal, the individual should undergo evaluation of other possible causes of pain prior to advanced imaging (CT Chest with contrast or CTA Chest) including:[1,2,3]
    - Cardiac evaluation[1,2] (See *General Guidelines (CD-1)* in the Cardiac Imaging Guidelines)
    - GI treatment with any ONE of the following:
      - Trial of anti-reflux medication, or pH probe, or esophageal manometry[1] or
      - Barium swallow or endoscopy
    - Pulmonary Function Test (PFT's) in those with known or suspected respiratory disease
  - CT Chest with contrast (CPT® 71260) if persistent:
    - The initial chest x-ray reveals no abnormalities with known Sickle cell disease[2]
- Non-Cardiac Chest Pain, other than Sub-Sternal:
  - If x-ray is normal and the chest pain is in a location other than substernal:
    - CT Chest with (CPT® 71260) or without (CPT® 71250) contrast and/or bone scan for:
      - known or suspected malignancy, including individuals with chest pain associated with cough and weight loss
    - CT Chest with (CPT® 71260) or without (CPT® 71250) contrast for:
      - suspected infectious or inflammatory condition
      - history of prior chest intervention (surgery, Radiation Therapy)
    - MRI Chest without and with contrast (CPT® 71552) for:
      - necrotizing fasciitis
      - surgical planning prior to debridement procedure
  - For suspected migration of implantable contraceptive devices, see Implantable Contraceptive Devices (PV-10.3)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Evidence Discussion

It is important to rule out potentially life-threatening causes of acute chest pain, such as an acute coronary syndrome, aortic dissection, and pulmonary embolus. These topics are discussed in other guideline summaries (CD 1.0, CD 1.4, PVD 6.2 and PVD 6.3, CH 25.1). A specialized imaging protocol called the "triple rule-out" is sometimes used to evaluate the pulmonary arteries, aorta and coronary arteries. However, it is associated with higher non-diagnostic imaging quality, radiation and contrast doses. (Burris 2015). The population for which it may be useful is unknown. It is yet to be proven useful in large clinical trials, and its appropriate use needs to be further defined. (Burris, 2015;Hollander,2015;Expert Panel on Cardiac Imaging,2022).

An evaluation for the cause of non-cardiac "angina-like" chest pain should be done if it persists or recurs despite a negative stress test or anatomic cardiac evaluation, or a low risk designation by a clinical decision pathway.(Gulati,2021) The differential diagnosis of non-cardiac chest pain is broad. The most common causes in a primary care setting are chest wall pain, reflux esophagitis and costochondritis.(McConaghy,2020) Respiratory causes include pneumonia, pleuritis and pneumothorax. People with COPD or acute asthma exacerbations may experience chest pain.(Edmonsdstone,2000;Lee,2015) A thorough history and physical exam are important to help narrow the differential diagnosis and direct imaging. Musculoskeletal causes are usually diagnosed based on history and physical exam (point tenderness, reproducibility with palpation) without the need for diagnostic imaging. Most patients should have an ECG and chest x-ray (CR).(Gulati,2021;Cayley,2005) CR is rapid, non-invasive and is usually appropriate in the initial evaluation of acute non-specific chest pain with a low probability of coronary artery disease (CAD).(Gulati,2021;Beache,2020) In patients without evidence of cardiac or pulmonary disease, evaluation for a GI cause is reasonable. An empiric trial of acid suppression may be merited. If this is ineffective or there are alarm symptoms, an EGD, pH probe and/or motility study should be considered.(Gulati, 2021;Frieling,2018;Yamaski,2017)

Patients with sickle cell disease and acute chest pain should have a CR initially. (Gulati,2021) Acute chest syndrome is defined by a new infiltrate on CR with fever and/or respiratory symptoms. In the presence of unexplained hypoxemia and an unremarkable CR, CT chest may be obtained to evaluate the pulmonary vasculature and lung parenchyma.(Jain,2017)

CR is usually appropriate for non-traumatic chest wall pain and no history of malignancy to evaluate for a specific etiology, such as rib fracture, pneumonia, or pneumothorax. (Stowell,2021) Following a normal CR, CT chest is usually appropriate to evaluate chest pain in the setting of known or suspected malignancy, suspected infectious or inflammatory condition, or a history of prior chest intervention.(Stowell,2021) CT is more sensitive than CR for characterizing chest wall neoplasms, chest wall infections, and

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

subtle osseous and soft tissue lesions. Chest MRI is useful if there is a high suspicion for necrotizing fasciitis and for surgical planning prior to debridement.(Stowell,2021)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Costochondritis/Other Musculoskeletal Chest Wall Syndrome (CH-4.2)

CH.CP.0004.2.A

v1.1.2025

- Costochondritis or other suggested musculoskeletal chest wall syndrome does not require advanced imaging (CT or MRI) unless it meets other criteria in these guidelines.

Evidence Discussion

Costochondritis is a common cause of chest wall pain in adult patients presenting to the emergency department and physician's office.(Proulx,2009;Mott,2021)It is defined as inflammation of costochondral junctions of ribs or costosternal joints, usually at multiple levels and without any swelling or induration.(Proulx,2009) It is a self-limited condition. The diagnosis is largely based on history and physical examination, which reproduces pain on palpation of the chest wall. Upper body movement, deep breathing, and exertional activities often exacerbate the pain. (Proulx,2009; Mott,2021) Tietze syndrome presents similarly to costochondritis but includes visible edema at the involved joint(s), typically is unilateral involving the second rib, and is often incited by infection or trauma. (Mott,2021)

There are no laboratory tests or imaging tests findings specifically for the diagnosis of costochondritis. If a patient relates a history of dyspnea or chest wall trauma, a chest radiograph or rib series may be indicated.(Mott,2021) Chest radiographs can help identify potential sources of previously undifferentiated chest pain such as pneumothorax, pneumomediastinum, fractured ribs, acute and chronic infections, and malignancies.[1]

Most treatment recommendations are conservative in nature and have been traditionally accepted, perhaps because of the self-limited nature of the condition. (Proulx,2009;Mott,2021)

A large observational study found that 91% of patients with new-onset costochondritis had resolution of pain after three weeks of treatment with rest and nonsteroidal anti-inflammatory drugs. Recalcitrant cases may respond to corticosteroid injections. (Mott,2021)

Background and Supporting Information

- Chest x-ray could identify pneumothorax, pneumomediastinum, fractured ribs, acute and chronic infections, and malignancies.[1]

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

- Costochondritis can be readily diagnosed with palpation tenderness and/or hooking maneuver and imaging is non-specific.[3]

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (CH-4)

v1.1.2025

1. Hoffmann U, Akers SR, Brown RK, et al. ACR Appropriateness Criteria® Acute Nonspecific Chest Pain-Low Probability of Coronary Artery Disease [published correction appears in J Am Coll Radiol. 2016 Feb;13(2):231]. *J Am Coll Radiol*. 2015;12(12 Pt A):1266-1271. doi:10.1016/j.jacr.2015.09.004.
2. Expert Panel on Cardiac Imaging: Shah AB, Kirsch J, et al. ACR Appropriateness Criteria® Chronic Chest Pain-Noncardiac Etiology Unlikely-Low to Intermediate Probability of Coronary Artery Disease. *J Am Coll Radiol*. 2018;15(11S):S283-S290. doi:10.1016/j.jacr.2018.09.021.
3. Proulx A, Zryd TW. Costochondritis: diagnosis and treatment. *Am Fam Physician*. 2009;80(6):617-620.
4. Expert Panel on Thoracic Imaging, Stowell JT, Walker CM, et al. ACR Appropriateness Criteria® Nontraumatic Chest Wall Pain. *J Am Coll Radiol*. 2021;18(11S):S394-S405. doi:10.1016/j.jacr.2021.08.004.
5. Edmondstone WM. Chest pain and non-respiratory symptoms in acute asthma.

   Postgrad Med J. 2000;76(897):413-414. doi:10.1136/pmj.76.897.413.
6. McConaghy JR, Sharma M, Patel H. Acute chest pain in adults: Outpatient Evaluation.

   Am Fam Physician. 2020;102(12):721-727.
7. Haasenritter J, Biroga T, Keunecke C, et al. Causes of chest pain in primary care--a systematic review and meta-analysis.*Croat Med J*. 2015;56(5):422-430. doi:10.3325/cmj.2015.56.422.
8. Burris AC 2nd, Boura JA, Raff GL, Chinnaiyan KM. Triple Rule Out Versus Coronary CT Angiography in Patients With Acute Chest Pain: Results From the ACIC Consortium. JACC Cardiovasc Imaging. 2015;8(7):817-825. doi:10.1016/j.jcmg.2015.02.023.
9. Hollander JE, Chang AM. Triple Rule Out CTA Scans or the Right Test for the Right Patient. JACC Cardiovasc Imaging. 2015;8(7):826-827. doi:10.1016/j.jcmg.2015.02.022.
10. Expert Panel on Cardiac Imaging, Kirsch J, Wu CC, et al. ACR Appropriateness Criteria® Suspected Pulmonary Embolism: 2022 Update. J Am Coll Radiol. 2022;19(11S):S488-S501. doi:10.1016/j.jacr.2022.09.014.
11. Gulati M, Levy PD, Mukherjee D, et al. 2021 AHA/ACC/ASE/CHEST/SAEM/SCCT/SCMR Guideline for the Evaluation and Diagnosis of Chest Pain: A Report of the American College of Cardiology/American Heart Association Joint Committee on Clinical Practice Guidelines [published correction appears in Circulation. 2021 Nov 30;144(22):e455. doi: 10.1161/CIR.0000000000001047] [published correction appears in Circulation. 2023 Dec 12;148(24):e281. doi: 10.1161/CIR.0000000000001198]. Circulation. 2021;144(22):e368-e454. doi:10.1161/CIR.0000000000001029.
12. Lee AL, Harrison SL, Goldstein RS, Brooks D. Pain and its clinical associations in individuals with COPD: a systematic review. Chest. 2015;147(5):1246-1258. doi:10.1378/chest.14-2690.
13. Cayley WE Jr. Diagnosing the cause of chest pain. Am Fam Physician. 2005;72(10):2012-2021.
14. Expert Panel on Cardiac Imaging, Beache GM, Mohammed TH, et al. ACR Appropriateness Criteria® Acute Nonspecific Chest Pain-Low Probability of Coronary Artery Disease. J Am Coll Radiol. 2020;17(11S):S346-S354. doi:10.1016/j.jacr.2020.09.006.
15. Frieling T. Non-Cardiac Chest Pain. Visc Med. 2018;34(2):92-96. doi:10.1159/000486440.
16. Yamasaki T, Fass R. Noncardiac chest pain: diagnosis and management. Curr Opin Gastroenterol. 2017;33(4):293-300. doi:10.1097/MOG.0000000000000374.
17. Jain S, Bakshi N, Krishnamurti L. Acute Chest Syndrome in Children with Sickle Cell Disease. Pediatr Allergy Immunol Pulmonol. 2017;30(4):191-201. doi:10.1089/ped.2017.0814.
18. Expert Panel on Thoracic Imaging, Stowell JT, Walker CM, et al. ACR Appropriateness Criteria® Nontraumatic Chest Wall Pain. J Am Coll Radiol. 2021;18(11S):S394-S405. doi:10.1016/j.jacr.2021.08.004.
19. Mott T, Jones G, Roman K. Costochondritis: Rapid Evidence Review. Am Fam Physician. 2021;104(1):73-78.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Dyspnea/Shortness of Breath (CH-5)

Guideline

Dyspnea/Shortness of Breath (CH-5.1)
Pre-Operative Assessment (CH-5.2)
Post Endobronchial Valve (EBV) Placement (CH-5.3)
References (CH-5)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Dyspnea/Shortness of Breath (CH-5.1)

CH.SB.0005.1.A
v1.1.2025

- Initial evaluation should include a recent chest x-ray.[1,2]
  - CT Chest without contrast (CPT® 71250) if x-ray is abnormal.[1,2]
  - CT Chest without contrast (CPT® 71250, including HRCT), or CT Chest with contrast (CPT® 71260) if the initial chest x-ray is indeterminate and the following evaluations have been conducted and are indeterminate:[2]
    - ECG, echocardiogram or stress testing,[2] and
    - Pulse oximetry and pulmonary function studies (PFT's)[2]
- If pulmonary embolus (PE) is suspected, See **Pulmonary Embolism (PE) (CH-25)**.

Evidence Discussion

There is no standard approach for the evaluation of chronic dyspnea, and data that test diagnostic algorithms against standard clinical care are limited; however, clinical practice algorithms have been proposed and found to be effective. (Hudler,2022;Budhwar,2020;Sunjaya,2022; Oelsner,2015) If the diagnosis is not evident after a history and physical exam, initial diagnostic testing with pulse oximetry, spirometry, chest radiography (CR), ECG, and labs is recommended.(Ferry 2019, Sunjaya 2022, Budhwar 2020) While the individual utility of these tests varies for a specific diagnosis, they are commonly available and easy to perform.(Ferry,2019)

Spirometry can identify obstructive lung disease or suggest restrictive lung disease. The flow-volume loop may suggest intra- or extra-thoracic airway obstruction. Some authors recommend full pulmonary function tests as part of the initial investigation, while others consider spirometry an appropriate initial test.(Hudler,2022;Sunjaya,2022) Diagnostic accuracy is improved when spirometry is done in addition to a clinical assessment. (Ferry,2019)

ECG has a high negative predictive value for cardiac disease but low specificity. Thus, further testing such as echo is often necessary.(Ferry,2019) The recommended timing of echocardiography differs between algorithms but echo is an important test for cardiac causes of dyspnea.(Budhwar,2020;Ferry,2019) The American College of Radiology (ACR) states that for dyspnea of suspected cardiac origin, the initial diagnostic imaging should usually be CR followed by transthoracic echo.(Expert Panel on Cardiac Imaging,2017)

CR remains a valuable first line investigation of dyspnea.(Budhwar,2020) The ACR states that CR should generally be the first imaging study.(Expert Panel on Thoracic Imaging,2018) It may reveal abnormalities or guide further imaging decisions. Data on the diagnostic utility of chest CT for chronic dyspnea are limited. It is often used

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

following an abnormal CR or if other initial testing is negative. The ACR states that CT may be useful when CR abnormalities require further characterization or clinical findings necessitate additional imaging despite a normal CR.(Expert Panel on Thoracic Imaging,2018) CT without intravenous contrast is usually sufficient unless there is a suspicion for vascular abnormalities. The disadvantage is exposure to ionizing radiation; therefore, CT "requires careful patient selection with consideration given to patient age, risk of diagnostic radiation exposure and estimated diagnostic yield."(Ferry,2019)

Background and Supporting Information

- Dyspnea is the subjective experience of breathing discomfort.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Pre-Operative Assessment (CH-5.2)

CH.SB.0005.2.A

v1.1.2025

- For pre-operative assessment prior to a planned segmental, lobar or lung removal,[3,4] as well as for pre-interventional assessment prior to a planned endobronchial valve (e.g. Zephyr valve) placement, the following can be considered:
  - "Split Function Studies" (CPT® 78597-Quantitative Differential Pulmonary Perfusion, Including Imaging When Performed or CPT® 78598-Quantitative Differential Pulmonary Perfusion and Ventilation (e.g., Aerosol or Gas), Including Imaging When Performed) or SPECT/CT (CPT® 78830)

    AND/OR
  - CT Chest (CPT® 71250, CPT® 71260 or CPT® 71270) for pre-interventional procedure assessment prior to a planned endobronchial valve (e.g. Zephyr Valve) placement.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Post Endobronchial Valve (EBV) Placement (CH-5.3)

CH.SB.0005.3.A
v1.1.2025

- Suspected Post EBV Complication:
  - Initial evaluation should include a recent chest x-ray
    - CT Chest without contrast (CPT® 71250) or CT Chest with contrast (CPT® 71260) is appropriate for:
      - acute loss of benefit, lack of initial benefit, increased dyspnea, sudden chest pain, increased cough, suspected valve malposition/migration, or to evaluate target lobe volume reduction

Evidence Discussion

The most common acute complications following EBV placement are pneumothorax, pneumonia, COPD exacerbation and valve migration.(Slebos,2017) Pneumothorax occurs in 20-30% of patients, the majority within the first 48 hours after the procedure. Patients who have an acute increase in dyspnea, cough or chest pain, or an acute perceived loss of benefit, should have a chest X-ray (CR) to rule out pneumothorax. If the CR is non-diagnostic, a CT chest should be done to evaluate the valve position, the target lobe and volume reduction more precisely.(Koster,2020)

Following EBV placement, it may take several days to one month for significant volume reduction and atelectasis of the target lobe to occur. If no significant lung volume reduction is seen on CR at one month, a CT should be done to evaluate valve position. (Slebos,2017) A CT chest is performed routinely at some centers 6-8 weeks after EBV placement.(Koster,2020) If there has been no clinical benefit and no lobar atelectasis is evident on CT at 6 weeks, a revision bronchoscopy may be necessary.(Klooster,2021) The two most common causes of lack of benefit are the presence of interlobar collateral ventilation or valve misplacement/migration.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (CH-5)

v1.1.2025

1. Expert Panel on Thoracic Imaging:, McComb BL, Ravenel JG, et al. ACR Appropriateness Criteria® Chronic Dyspnea-Noncardiovascular Origin. *J Am Coll Radiol*. 2018;15(11S):S291-S301. doi:10.1016/j.jacr.2018.09.015.
2. Expert Panel on Cardiac Imaging:, Vogel-Claussen J, Elshafee ASM, et al. ACR Appropriateness Criteria® Dyspnea-Suspected Cardiac Origin. *J Am Coll Radiol*. 2017;14(5S):S127-S137. doi:10.1016/j.jacr.2017.01.032.
3. Morton K. Chapter 4. In: Morton K, eds. *Diagnostic Imaging: Nuclear Medicine*. Amirsys;2007:2-15.
4. Thrall JH, Ziessman HA. *Nuclear Medicine: The Requisites*. 2nd ed. Mosby; 2001:145-165.
5. Sciurba FC, Ernst A, Herth FJ, et al. A randomized study of endobronchial valves for advanced emphysema. *N Engl J Med*. 2010;363(13):1233-1244. doi:10.1056/NEJMoa0900928.
6. Davey C, Zoumot Z, Jordan S, et al. Bronchoscopic lung volume reduction with endobronchial valves for patients with heterogeneous emphysema and intact interlobar fissures (the BeLieVeR-HIFi study): a randomised controlled trial. *Lancet*. 2015;386(9998):1066-1073. doi:10.1016/S0140-6736(15)60001-0.
7. Klooster K, ten Hacken NH, Hartman JE, Kerstjens HA, van Rikxoort EM, Slebos DJ. Endobronchial Valves for Emphysema without Interlobar Collateral Ventilation. *N Engl J Med*. 2015;373(24):2325-2335. doi:10.1056/NEJMoa1507807.
8. Kristiansen JF, Perch M, Iversen M, Krakauer M, Mortensen J. Lobar Quantification by Ventilation/Perfusion SPECT/CT in Patients with Severe Emphysema Undergoing Lung Volume Reduction with Endobronchial Valves. *Respiration*. 2019;98(3):230-238. doi:10.1159/000500407.
9. Koster TD, Klooster K, Ten Hacken NHT, van Dijk M, Slebos DJ. Endobronchial valve therapy for severe emphysema: an overview of valve-related complications and its management. *Expert Rev Respir Med*. 2020;14(12):1235-1247. doi:10.1080/17476348.2020.1813571.
10. Slebos DJ, Shah PL, Herth FJ, Valipour A. Endobronchial Valves for Endoscopic Lung Volume Reduction: Best Practice Recommendations from Expert Panel on Endoscopic Lung Volume Reduction. *Respiration*. 2017;93(2):138-150. doi:10.1159/000453588.
11. Klooster K, Slebos DJ. Endobronchial Valves for the Treatment of Advanced Emphysema. Chest. 2021;159(5):1833-1842. doi:10.1016/j.chest.2020.12.007.
12. Parshall MB, Schwartzstein RM, Adams L, et al. An official American Thoracic Society statement: update on the mechanisms, assessment, and management of dyspnea. Am J Respir Crit Care Med. 2012;185(4):435-452. doi:10.1164/rccm.201111-2042ST.
13. Hudler A, Holguin F, Althoff M, Fuhlbrigge A, Sharma S. Pathophysiology and clinical evaluation of the patient with unexplained persistent dyspnea. Expert Rev Respir Med. 2022;16(5):511-518. doi:10.1080/17476348.2022.2030222.
14. Budhwar N, Syed Z. Chronic Dyspnea: Diagnosis and Evaluation. Am Fam Physician. 2020;101(9):542-548..
15. Sunjaya AP, Homaira N, Corcoran K, Martin A, Berend N, Jenkins C. Assessment and diagnosis of chronic dyspnoea: a literature review. NPJ Prim Care Respir Med. 2022;32(1):10. Published 2022 Mar 8. doi:10.1038/s41533-022-00271-1.
16. Oelsner EC, Lima JA, Kawut SM, et al. Noninvasive tests for the diagnostic evaluation of dyspnea among outpatients: the Multi-Ethnic Study of Atherosclerosis lung study. Am J Med. 2015;128(2):171-180.e5. doi:10.1016/j.amjmed.2014.09.023.
17. Ferry OR, Huang YC, Masel PJ, Hamilton M, Fong KM, Bowman RV, McKenzie SC, Yang IA. Diagnostic approach to chronic dyspnoea in adults. J Thorac Dis. 2019 Oct;11(Suppl 17):S2117-S2128. doi: 10.21037/jtd.2019.10.53. PMID: 31737340; PMCID: PMC6831921.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Hemoptysis (CH-6)

Guideline

Hemoptysis (CH-6.1)
Reference (CH-6)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Hemoptysis (CH-6.1)

CH.HS.0006.1.A

v1.1.2025

- Following a chest x-ray performed after hemoptysis started or worsened the following is indicated:
  - CT Chest with contrast (CPT® 71260) or CTA Chest (CPT® 71275)
- For recurrent hemoptysis, (hemoptysis occurring after medical therapy or embolization), the following is indicated:
  - CTA Chest (CPT® 71275)

NOTE:

- CT Chest without contrast, (CPT® 71250), is only warranted in individuals with poor renal function or life-threatening contrast allergy.
- There is no data to support the use of CT Chest without and with contrast, (CPT® 71270), in the diagnosis of hemoptysis.

Background and Supporting Information

- Chest x-ray has been shown to predict the side and cause of bleeding in up to 82% of individuals and can be abnormal in up to 90% of cases. The most common cause of hemoptysis was acute bronchitis with the second most common cause as respiratory tract neoplasm. Bronchiectasis and tuberculosis were additional common causes

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Reference (CH-6)

v1.1.2025

1. Expert Panel on Thoracic Imaging, Olsen KM, Manouchehr-Pour S, et al. ACR Appropriateness Criteria® Hemoptysis. *J Am Coll Radiol*. 2020;17(5S):S148-S159. doi:10.1016/j.jacr.2020.01.043

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Bronchiectasis (CH-7)

Guideline

Bronchiectasis (CH-7.1)
Adult Cystic Fibrosis (CH-7.2)
References (CH-7)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Bronchiectasis (CH-7.1)

CH.BR.0007.1.A
v1.1.2025

- High resolution CT Chest (HRCT) without contrast (CPT® 71250) for ANY of the following:[4,5]
  - To confirm suspected diagnosis of bronchiectasis after an initial x-ray.[1,2]
  - For known bronchiectasis with worsening symptoms or worsening PFT's.[2]
  - For hemoptysis with known or suspected bronchiectasis.[3]

Evidence Discussion

The British Thoracic Society (BTS) recommends performing a baseline chest x ray (CR) in people with suspected bronchiectasis followed by a thin section (< or equal to 1 mm slice thickness) CT scan to confirm the diagnosis.(Hill,2019) According to the American College of Radiology (ACR), CR is relatively insensitive but is usually appropriate and often performed as initial imaging for evaluation of associated conditions and exclusion of diseases that cause similar symptoms.(Little,2024) High resolution CT chest (HRCT) is considered the most accurate imaging modality for the diagnosis of bronchiectasis. (Ledda,2021) The ACR states that CT chest WO is usually appropriate for suspected bronchiectasis to identify and characterize the severity and distribution of bronchiectasis and to evaluate any associated parenchymal lung diseases.(Little,2024) CT chest can help identify an etiology, such as allergic bronchopulmonary aspergillosis, Primary Ciliary Dyskinesia, tracheobronchomegaly, or a foreign body.(Hill,2019;Ledda,2021)

MRI chest for suspected bronchiectasis is not recommended because. It is inferior to CT for evaluating lung parenchyma, and its use is mainly limited to research settings. (Little,2024)

CR is often the initial chest imaging exam to evaluate acute conditions in people with bronchiectasis, such as pneumonia or hemoptysis. CT chest WO is usually appropriate for the evaluation of complications and assessing changes in clinical status.(Little,2024) CT chest with contrast may be appropriate in the setting of a suspected acute infection and associated complication, such as abscess.(Little,2024) The BTS recommends a CT chest for people with a deteriorating clinical status, such as worsening symptoms, increased frequency or severity of acute exacerbations, or decreasing lung function.(Hill,2019) They recommend a CT chest with contrast if PE is suspected. CTA chest with contrast may be appropriate in the setting of hemoptysis to identify dilated bronchial arteries or systemic collateral vessels and for pre-procedure planning.(Little,2024;Ledda,2021)

High quality evidence in favor of repeated imaging is lacking.(Ledda,2021)CR may not show structural changes. Repeat HRCT carries the risk of increased radiation. Patients

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

with diseases associated with bronchiectasis may be evaluated with CT to help guide therapy and provide prognostic information.(Little,2024)The current indication for repeat HRCT is clinical deterioration.(Hill,2019)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Adult Cystic Fibrosis (CH-7.2)

CH.BR.0007.2.A

v1.1.2025

- CT Chest without contrast (CPT® 71250) or with contrast (CPT® 71260) is indicated for the following (without initial chest x-ray):
  - Suspected or initial diagnosis of Cystic Fibrosis
  - Biennially, (every 2 years), for routine surveillance
  - Persistent respiratory symptoms with reduced lung function despite therapy
  - Exacerbations when chest x-ray is indeterminate
  - Hemoptysis
  - Suspected fungal pneumonia
  - Pre and post-lung transplant evaluation
- See **Bronchiectasis (CH-7.1)**

Evidence Discussion

Imaging is an important method of evaluating the lungs in people with cystic fibrosis (CF). It has a stronger correlation with disease severity than pulmonary function tests and facilitates prompt therapy which may help limit irreversible lung damage. (Crowley,2021) Chest x- ray (CR) is less sensitive than CT chest at detecting early structural changes and disease progression.(Ciet,2022) However, CR is still most commonly used as the first line imaging examination for the assessment of acute complications due to its low cost, availability, low radiation and speed of acquisition. (Murphy,2016) CT is increasingly being used to monitor disease progression and make treatment decisions, but the routine use of CT for short term follow up during pulmonary exacerbations is not recommended due to the risk of a high cumulative radiation dose. Low dose chest CT (LDCT) is useful in patients with persistent respiratory symptoms and decreased lung function despite appropriate therapy.(Ciet,2022) There is little evidence regarding the optimal timing of CT monitoring. The current best clinical practice in several European CF centers is a CT every two years with a radiation dose as low as reasonably achievable (ALARA). Follow up imaging is determined by individual patient-dependent clinical factors.(Ciet,2022) The CF Foundation guidelines for adult CF clinical care recommend CR every 2-4 years in those with a stable clinical status and state that imaging should be considered if there are symptoms or signs of an acute pulmonary exacerbation, pneumothorax, lobar atelectasis or hemoptysis. (Yankaskas,2004;Flume,2010)

Several emerging techniques offer promising means of pulmonary imaging using less ionizing radiation, including ultra-low dose CT (ULDCT) and MRI. (Crowley,2021;Goralski,2021) The radiation dose with CR is 0.02mSv, 5.4 mSv for standard dose CT, 1 to 2 mSv for LDCT, and 0.05-0.08mSv for ULDCT. While pulmonary

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

MRI has promise as a means of routinely monitoring CF lung disease, it is currently limited by a lack of availability, high cost, lack of validation and standardized protocols, and the need for sedation or anesthesia in some patients.(Crowley,2021;Ciet,2022)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (CH-7)

v1.1.2025

1. Schneebaum N, Blau H, Soferman R, et al. Use and yield of chest computed tomography in the diagnostic evaluation of pediatric lung disease. *Pediatrics*. 2009;124(2):472-479. doi:10.1542/peds.2008-2694.
2. Rosen MJ. Chronic cough due to bronchiectasis: ACCP evidence-based clinical practice guidelines. *Chest*. 2006;129(1 Suppl):122S-131S. doi:10.1378/chest.129.1_suppl.122s.
3. Pasteur MC, Bilton D, Hill AT; British Thoracic Society Bronchiectasis non-CF Guideline Group. British Thoracic Society guideline for non-CF bronchiectasis. *Thorax*. 2010;65 Suppl 1:i1-i58. doi:10.1136/thx.2010.136119.
4. Expert Panel on Thoracic Imaging, Olsen KM, Manouchehr-Pour S, et al. ACR Appropriateness Criteria® Hemoptysis. *J Am Coll Radiol*. 2020;17(5S):S148-S159. doi:10.1016/j.jacr.2020.01.043.
5. Hansell DM. Bronchiectasis. *Radiol Clin North Am*. 1998;36(1):107-128. doi:10.1016/s0033-8389(05)70009-9.
6. Ciet P, Bertolo S, Ros M, et al. State-of-the-art review of lung imaging in cystic fibrosis with recommendations for pulmonologists and radiologists from the “iMAging managEment of cySTic fibROsis” (MAESTRO) consortium. *Eur Respir Rev*. 2022;31(163):210173. Published 2022 Mar 23. doi: 10.1183/16000617.0173-2021.
7. Averill S, Lubner MG, Menias CO, et al. Multisystem Imaging Findings of Cystic Fibrosis in Adults: Recognizing Typical and Atypical Patterns of Disease. *AJR Am J Roentgenol*. 2017;209(1):3-18. doi:10.2214/AJR.16.17462.
8. Flume PA, Basavaraj A, Garcia B, et al. Towards development of evidence to inform recommendations for the evaluation and management of bronchiectasis. Respir Med. 2023;211:107217. doi:10.1016/j.rmed.2023.107217.
9. Hill AT, Sullivan AL, Chalmers JD, et al. British Thoracic Society Guideline for bronchiectasis in adults. Thorax. 2019;74(Suppl 1):1-69. doi:10.1136/thoraxjnl-2018-212463.
10. Ledda RE, Balbi M, Milone F, et al. Imaging in non-cystic fibrosis bronchiectasis and current limitations. BJR Open. 2021;3(1):20210026. Published 2021 Jul 29. doi:10.1259/bjro.20210026.
11. Little BP, Walker CM, Bang TJ, et al. ACR appropriateness criteria: tracheobronchial disease. 2024.
12. Crowley C, Connor OJO, Ciet P, Tiddens HAWM, Maher MM. The evolving role of radiological imaging in cystic fibrosis. Curr Opin Pulm Med. 2021;27(6):575-585. doi:10.1097/MCP.0000000000000828.
13. Ciet P, Bertolo S, Ros M, et al. State-of-the-art review of lung imaging in cystic fibrosis with recommendations for pulmonologists and radiologists from the "iMAging managEment of cySTic fibROsis" (MAESTRO) consortium. Eur Respir Rev. 2022;31(163):210173. Published 2022 Mar 23. doi:10.1183/16000617.0173-2021.
14. Murphy KP, Maher MM, O'Connor OJ. Imaging of Cystic Fibrosis and Pediatric Bronchiectasis. AJR Am J Roentgenol. 2016;206(3):448-454. doi:10.2214/AJR.15.14437.
15. Yankaskas J, Marshall B, Sufian B, et al. Cystic Fibrosis Adult Care: Consensus Conference Report. Chest 2004 1; 125 (1Suppl):1S-39S.
16. Flume P, Mogayzel P, Robinson K, et al. Cystic Fibrosis Pulmonary Guidelines; pulmonary complications: hemoptysis and pneumothorax. Am J Respir Crit Care Med 2010. Vol 182: 298-306.
17. Goralski JL, Stewart NJ, Woods JC. Novel imaging techniques for cystic fibrosis lung disease. Pediatr Pulmonol. 2021;56 Suppl 1(Suppl 1):S40-S54. doi:10.1002/ppul.24931.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Bronchitis (CH-8)

Guideline

Bronchitis (CH-8.1)
References (CH-8)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Bronchitis (CH-8.1)

CH.BH.0008.1.A

v1.1.2025

- Chest x-ray is indicated as initial imaging. Advanced imaging is not needed for bronchitis unless directed by condition specific guideline.
- See the following guidelines for additional information- For Pneumonia, see: **Pneumonia (CH-13.1).**
- See the following guidelines for additional information- For Cough, see: **Cough (CH-3.1)**.
- See the following guidelines for additional information- For Pleural Effusion, see: **Pleural Effusion (CH-18.1).**
- See the following guidelines for additional information- For pulmonary mass, see: **Pulmonary Nodule (CH-16.1).**

Evidence Discussion

Acute bronchitis is a self-limited respiratory infection characterized by cough due to acute inflammation of the trachea and large airways without evidence of pneumonia.[1, 2.] This syndrome should be distinguished from the common cold, an acute exacerbation of chronic bronchitis and acute asthma.[1]

Cough associated with acute bronchitis typically lasts about two to three weeks. Other diagnoses must be considered when cough persists for more than three weeks.[1] Acute bronchitis is mainly caused by viruses, and antibiotics are not typically indicated in patients without chronic lung disease[1, 2]. Imaging is primarily used to rule out pneumonia. Evidence-based guidelines from the American College of Chest Physicians state that imaging is not needed in patients with acute bronchitis symptoms who have normal vital signs and normal lung examination findings.[2]

Chest radiographs are indicated in patients with symptoms of dyspnea, tachycardia, tachypnea and fever more than 100^0F or lung findings suggestive of pneumonia.[2]

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (CH-8)

v1.1.2025

1. Braman SS. Chronic cough due to acute bronchitis: ACCP evidence-based clinical practice guidelines. *Chest*. 2006;129(1 Suppl):95S-103S. doi:10.1378/chest.129.1_suppl.95s.
2. Kinkade S, Long NA. Acute bronchitis.*Am Fam Physician*. 2016;94(7):560-565.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Asbestos Exposure (CH-9)

Guideline

Asbestos Exposure (CH-9.1)
References (CH-9)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Asbestos Exposure (CH-9.1)

CH.AE.0009.1.A
v1.1.2025

- Chest x-ray as radiographic screening for asbestos exposure.[1,2]
  - Stable calcified pleural plaques on chest x-ray do not require advanced imaging of the chest.[2]
- CT Chest should not be used to screen populations at risk for asbestos-related diseases.[2]
- High resolution CT Chest (HRCT) (CPT® 71250) for ANY of the following:[2]
  - Any change seen on chest x-ray
  - Progressive respiratory symptoms that may indicate the development or progression of asbestos related interstitial fibrosis

Evidence Discussion

Several well-conducted epidemiologic studies of occupationally exposed workers, family contacts of workers, and persons living near asbestos mines have demonstrated that exposure to asbestos is associated with an increased incidence of asbestosis, lung cancer, mesothelioma, as well as other neoplasms. Asbestosis is a fibrotic lung disease caused by accumulation of asbestos fibers in the lungs. The diagnosis of asbestosis is most commonly made based on a history of exposure to asbestos, the presence of characteristic radiologic abnormalities, end-inspiratory rales, and other clinical features.

A chest x-ray of an individual exposed to asbestos may show pleural plaques, pleural calcifications, pleural fibrosis, or small irregular parenchymal opacities. Lung cancer risk is not elevated among individuals with asbestos-related pleural plaques in the absence of asbestosis.

Chest x-ray is currently indicated to screen for lung changes resulting from asbestos exposure and is recommended for those who have had relatively heavy exposure to asbestos. However, chest x-rays lack specificity. When a chest x-ray abnormality is indeterminate, High Resolution CT Chest (HRCT) is useful in revealing characteristic parenchymal abnormalities. There is a lack of consensus among experts regarding the value of HRCT for screening of asbestos-related pulmonary disease.

Background and Supporting Information

- Asbestosis and asbestos-related diseases include: pleural effusion, pleural plaques, lung cancer, and malignant mesothelioma. The risk of developing mesothelioma increases with increasing intensity and duration of exposure.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (CH-9)

v1.1.2025

1. OSHA, Occupational Safety and Health Standards, Medical surveillance guidelines for asbestos, 1910.1001 App H. https://www.osha.gov/pls/oshaweb/owadisp.show_document?p_table=standards&p_id=9995.
2. Banks DE, Shi R, McLarty J, et al. American College of Chest Physicians consensus statement on the respiratory health effects of asbestos. Results of a Delphi study. *Chest*. 2009;135(6):1619-1627. doi:10.1378/chest.08-1345
3. Agency for Toxic Substances and Disease Registry. Asbestos. Updated 2011. https://www.atsdr.cdc.gov/substances/toxsubstance.asp?toxid=4.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Chronic Obstructive Pulmonary Disease (COPD) (CH-10)

Guideline

COPD (CH-10.1)
References (CH-10)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

COPD (CH-10.1)

CH.PD.0010.1.A
v1.1.2025

- Chest x-ray should be performed initially.
  - CT Chest without contrast (CPT® 71250) or CT Chest with contrast (CPT® 71260)[1,2] can be performed if:
    - Emphysema is known or suspected and a pre-operative study for Lung Volume Reduction Surgery (LVRS) is being requested.[1] OR
    - Definitive diagnosis is not yet determined by PFT's, appropriate laboratory studies and chest x-ray and ONE of the following is suspected:
      - Bronchiectasis
      - Sarcoidosis
      - Emphysema
      - Pneumoconiosis
      - Idiopathic pulmonary fibrosis
      - Langerhans cell histiocytosis
      - Hypersensitivity pneumonitis
      - Bronchiolitis obliterans
      - Lipoid pneumonia
      - Drug toxicity
      - Lymphangitic cancer[2]
      - Alpha-1-Antitrypsin Deficiency
- Lung cancer screening is discussed in the following guideline:
  - See "Screening Indications" in **Lung Cancer Screening (CH-33)**
- Pre-interventional lung procedure assessment prior to a planned endobronchial valve (e.g. Zephyr valve) placement
  - See **Pre-Operative Assessment (CH-5.2)**

Evidence Discussion

Chest x-ray (CR) is usually the appropriate initial imaging study for suspected COPD to exclude alternative diagnoses and evaluate for comorbidities and complications. (2023 Gold Report,2023;Raoof,2023;Expert Panel on Thoracic Imaging,2018) CR, pulmonary function tests (PFT's) and selected blood tests lead to a specific diagnosis in a significant proportion of people with chronic dyspnea.(Raoof,2023) CT has increased sensitivity and specificity for determining the type, severity, and distribution of emphysema and bronchial abnormalities.(Raoof,2023;Expert Panel on Thoracic Imaging,2018) It is an important part of the pre-procedure evaluation process for lung volume reduction surgery, endobronchial valve placement, and lung transplantation.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

(Raoof,2023) The GOLD 2023 report recommends that CT be considered for COPD patients with persistent exacerbations and concern for another diagnosis, such as bronchiectasis or an atypical infection, or symptoms out of proportion to the disease severity suggested by PFT's.(2023 Gold Report,2023) Some authors have proposed broadening the definition of COPD to include CT-detected emphysema, air trapping or airway wall thickening, even in the absence of airflow obstruction on spirometry. (Lowe,2019;Ferrara,2021)

CT is helpful if a smoking-related interstitial lung disease, such as pulmonary Langerhans cell histiocytosis or Combined Pulmonary Fibrosis and Emphysema, is suspected.(Cottin,2022;Guiot,2022) It is recommended following a diagnosis of alpha-1 antitrypsin deficiency.(Stoller,2006) CT is also used in the evaluation of central airway abnormalities associated with COPD, such as tracheobronchomalacia and excessive dynamic airways collapse.(Raoof,2023) Annual lung cancer screening CT's should be performed in current or former smokers who meet the USPSTF criteria, but screening CT's are not recommended for those with COPD not due to smoking because there is insufficient evidence to establish benefit over harm.(2023 Gold Report,2023)

COPD exacerbations are characterized by dyspnea, cough and/or sputum which worsen over a period of less than two weeks.(2023 Gold Report,2023) They are mainly caused by respiratory viral infections. CR is often performed to rule out alternative diagnoses, such as pneumonia, pneumothorax or pulmonary edema.

Background and Supporting Information

- COPD includes asthmatic bronchitis, chronic bronchitis, and emphysema. COPD is airflow reduction (FEV1/FVC ratio <0.7 or FEV1 <80% predicted) in the presence of respiratory symptoms, such as dyspnea. Advanced chest imaging is not typically indicated in COPD exacerbation, which is an acute change in baseline dyspnea, cough, and/or sputum beyond normal day-to-day variations.[2]

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (CH-10)

v1.1.2025

1. Expert Panel on Thoracic Imaging:, McComb BL, Ravenel JG, et al. ACR Appropriateness Criteria® Chronic Dyspnea-Noncardiovascular Origin. *J Am Coll Radiol*. 2018;15(11S):S291-S301. doi:10.1016/j.jacr.2018.09.015.
2. Austin JH. Pulmonary emphysema: imaging assessment of lung volume reduction surgery [published correction appears in Radiology 1999 Sep;212(3):912]. *Radiology*. 1999;212(1):1-3. doi:10.1148/radiology.212.1.r99jl521.
3. 2023 GOLD Report - Global Initiative for Chronic Obstructive Lung Disease - GOLD. Global Initiative for Chronic Obstructive Lung Disease - GOLD. Published November 12, 2023. https://goldcopd.org/2023-gold-report-2/.
4. Raoof S, Shah M, Braman S, et al. Lung Imaging in COPD Part 2: Emerging Concepts. Chest. 2023;164(2):339-354. doi:10.1016/j.chest.2023.02.049.
5. Raoof S, Shah M, Make B, et al. Lung Imaging in COPD Part 1: Clinical Usefulness. Chest. 2023;164(1):69-84. doi:10.1016/j.chest.2023.03.007.
6. Lowe KE, Regan EA, Anzueto A, et al. COPDGene® 2019: Redefining the Diagnosis of Chronic Obstructive Pulmonary Disease. Chronic Obstr Pulm Dis. 2019;6(5):384-399. doi:10.15326/jcopdf.6.5.2019.0149.
7. Ferrera MC, Labaki WW, Han MK. Advances in Chronic Obstructive Pulmonary Disease. Annu Rev Med. 2021;72:119-134. doi:10.1146/annurev-med-080919-112707.
8. Cottin V, Selman M, Inoue Y, et al. Syndrome of Combined Pulmonary Fibrosis and Emphysema: An Official ATS/ERS/JRS/ALAT Research Statement. Am J Respir Crit Care Med. 2022;206(4):e7-e41. doi:10.1164/rccm.202206-1041ST.
9. Guiot J, Henket M, Frix AN, et al. Combined obstructive airflow limitation associated with interstitial lung diseases (O-ILD): the bad phenotype ?. Respir Res. 2022;23(1):89. Published 2022 Apr 11. doi:10.1186/s12931-022-02006-9.
10. Stoller JK, Hupertz V, Aboussouan LS. Alpha-1 Antitrypsin Deficiency. In: Adam MP, Feldman J, Mirzaa GM, et al., eds. GeneReviews®. Seattle (WA): University of Washington, Seattle; October 27, 2006.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Interstitial Disease (CH-11)

Guideline

Interstitial Lung Disease (ILD)/Diffuse Lung Disease (DLD) (CH-11.1)
E-cigarette, or Vaping, Product Use–Associated Lung Injury (EVALI) (CH-11.2)
References (CH-11)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Interstitial Lung Disease (ILD)/Diffuse Lung Disease (DLD) (CH-11.1)

CH.ID.0011.1.A

v1.1.2025

- High resolution CT Chest (HRCT) (*see below) without contrast (CPT® 71250) is the diagnostic modality of choice to evaluate or CT Chest with contrast (CPT® 71260)[10] (See **Background and Supporting Information**) for:
  - Interstitial changes or diffuse parenchymal changes identified on other imaging (including chest x-ray) (See **Dyspnea/Shortness of Breath (CH-5.1)**[1-6]
  - In individuals with pulmonary symptoms and abnormal pulmonary function studies (PFT's) and normal chest x-ray with high clinical suspicion for ILD or DLD, including but not limited to entities such as Hypersensitivity Pneumonitis, Cryptogenic Organizing Pneumonia (COP, formally known as BOOP), and Eosinophilic Pneumonia, as chest x-ray can be normal in up to 10% of ILD[8,9]
  - Initial imaging to identify interstitial disease with a connective tissue disease diagnosis, or significant exposures including (chest x-ray not required):
    - rheumatoid arthritis
    - scleroderma
    - idiopathic inflammatory myopathies (polymyositis, dermatomyositis, inclusion body myositis)
    - systemic lupus erythematosus
    - Sjögren's syndrome
    - mixed connective tissue disease
    - significant exposure and concern for:
      - asbestosis
      - silicosis
      - Coal miner's lung disease[1-6,11]
  - At any time for detection of Progressive Pulmonary Fibrosis (PPF), in individuals with ILD of known or unknown etiology, defined by at least one of the following:[12]
    - New or worsening respiratory symptoms
    - Worsening PFT's, defined as decline of either:
      - FVC of 5% or greater within the past year
      - DLCO of 10% or greater within the past year
  - Once a year in individuals with known pulmonary fibrosis if needed for:[10]
    - serial examination for improvements in diagnostic accuracy, or
    - evaluation of disease reversibility, stability, or progression.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

- Concern for interstitial lung disease post-COVID See **Coronavirus Disease 2019 (COVID-19) (CH-13.2)**
- HRCT can be done even if a regular CT Chest has been done recently. HRCT is done with a thinner-slice protocol that can provide additional details to help determine ILD subtype.
- HRCT can also be done with inspiratory/expiratory and supine/prone views.

Evidence Discussion

ILD is often suspected in those with chronic dyspnea or non-productive cough, especially in the setting of an inhalational exposure or systemic disease known to be associated with lung involvement.(Expert Panel on Thoracic Imaging,2020;Expert Panel on Thoracic Imaging,2021;Castelino,2010;Joy,2023) Chest x-ray (CR) and CT chest without contrast are usually appropriate for suspected ILD and provide complementary information.(Expert Panel on Thoracic Imaging,2020;Expert Panel on Thoracic Imaging,2021) A normal CR does not rule out ILD. Its primary function is to evaluate for an alternative diagnosis. CR remains an important imaging modality to screen for occupational lung disease.(Expert Panel on Thoracic Imaging,2020) High resolution CT (HRCT) has higher sensitivity and specificity for ILD. HRCT may help guide a biopsy site or provide a definitive diagnosis, making a biopsy unnecessary. (Expert Panel on Thoracic Imaging,2020;Expert Panel on Thoracic Imaging,2021) CT can provide prognostic information: patients with honeycombing or a usual interstitial pneumonia (UIP) pattern on CT have increased mortality.(Montesi,2020)

CR and CT chest without contrast are usually appropriate for evaluation of an acute exacerbation of ILD.(Expert Panel on Thoracic Imaging,2021) They can help exclude alternative causes for worsening clinical symptoms and confirm abnormalities consistent with progression of ILD. There are no data to support routine surveillance imaging of ILD, but serial CT's can improve diagnostic accuracy and evaluate disease stability, reversibility or progression.(Expert Panel on Thoracic Imaging,2021) The optimal interval for follow up HRCT to determine disease progression in idiopathic pulmonary fibrosis (IPF) is unknown. Raghu et al recommend consideration of an annual HRCT in people with IPF if there is clinical suspicion of worsening fibrosis or to screen for complications such as lung cancer.(6) In people with an ILD other than IPF and radiologic evidence of fibrosis, disease progression on HRCT is one of three criteria used to define progressive pulmonary fibrosis.(Raghu,2022;Wong,2020)

Interstitial lung abnormalities (ILA) are abnormalities on CT suggestive of ILD in people without a prior clinical diagnosis.(Hatabu,2020;Hunninghake,2022) They are common incidental findings, especially in older people. ILA are a radiologic observation. Differentiation between ILA and clinical or subclinical ILD must be on the basis of a clinical evaluation. When respiratory signs/symptoms or functional impairment is present, ILA likely represent mild ILD. The morphology and distribution of ILA are important: subpleural fibrotic ILA are most likely to progress. There is minimal evidence

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

to support a specific management plan for ILA. Hatabu et al recommend that when ILA are detected, a dedicated HRCT chest can help confirm and characterize the abnormalities, especially if the initial scan was incomplete (ie a CT abdomen) or not performed with thin sections.(Hatabu,2020) Hunninghake et al recommend that a HRCT should be done in those with ILA.(Hunninghake,2022) If clinically significant ILD is ruled out, Hatabu et al recommend a repeat CT at 12-24 months for those with subpleural fibrotic ILA or other risk factors for progression to ILD. However, participants in a recent consensus survey disagreed about repeating a HRCT at the follow up evaluation. (Hunninghake,2022) People with nonfibrotic nonsubpleural ILA and no symptoms or physiologic impairment do not need reimaging.(Hatabu,2020; Tomassetti,2022)

Background and Supporting Information

- DLD refers to diffuse parenchymal lung diseases or interstitial lung diseases. There are a multitude of pathologies that demonstrate involvement of the alveola, airways, or both, in addition to the pulmonary interstitium. A single term of ILD would not fully address the entities that are mostly parenchymal in nature, hence the term Diffuse Lung Disease is more technically correct. Both terms are included here for convenience and recognition.
- There is no relevant literature to support the use of CT with IV contrast for initial or follow-up imaging of ILD; however, IV contrast may be of use in evaluation of alternative diagnoses with overlapping clinical features or conditions that also involve the pleura, mediastinum, and pulmonary vessels.
- Progression of fibrosis is typically assessed visually, relying on the percentage of lung volume containing fibrotic features in the upper, mid, and lower lung zones. An increased extent of fibrotic features denotes progression. These may include increased traction bronchiectasis and bronchiolectasis, new ground-glass opacity with traction bronchiectasis, new fine reticulation, increased coarseness of reticular abnormality, new or increased honeycombing, and increased lobar volume loss.[12]

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

E-cigarette, or Vaping, Product Use–Associated Lung Injury (EVALI) (CH-11.2)

CH.ID.0011.2.A

v1.1.2025

- CT Chest with or without contrast (CPT® 71250 or CPT® 71260) if EVALI is suspected.[7]

Evidence Discussion

EVALI is a toxic inhalational acute lung injury with imaging and histopathologic patterns of organizing pneumonia and/or diffuse alveolar damage.(Kligerman,2020;Friedman, 2022) Chest x-ray (CR) can exclude other diagnoses and is often the first imaging study. CR is not abnormal at initial assessment in all patients with EVALI. When pulmonary abnormalities are not identified on CR or when further characterization of CR findings are needed to evaluate for another potential cause of symptoms, CT chest can be obtained.(Kligerman, 2020;Friedman, 2022)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

References (CH-11)

v1.1.2025

1. Expert Panel on Thoracic Imaging, Cox CW, Chung JH, et al. ACR Appropriateness Criteria® Occupational Lung Diseases. *J Am Coll Radiol*. 2020;17(5S):S188-S197. doi:10.1016/j.jacr.2020.01.022.
2. Expert Panel on Thoracic Imaging:, McComb BL, Ravenel JG, et al. ACR Appropriateness Criteria® Chronic Dyspnea-Noncardiovascular Origin. *J Am Coll Radiol.* 2018;15(11S):S291-S301. doi:10.1016/j.jacr.2018.09.015.
3. Misumi S, Lynch DA. Idiopathic pulmonary fibrosis/usual interstitial pneumonia: imaging diagnosis, spectrum of abnormalities, and temporal progression. *Proc Am Thorac Soc*. 2006;3(4):307-314.doi:10.1513/pats.200602-018TK.
4. Bradley B, Branley HM, Egan JJ, et al. Interstitial lung disease guideline: the British Thoracic Society in collaboration with the Thoracic Society of Australia and New Zealand and the Irish Thoracic Society [published correction appears in Thorax. 2008 Nov;63(11):1029. multiple author names added]. *Thorax*. 2008;63 Suppl 5:v1-v58. doi:10.1136/thx.2008.101691.
5. Dempsey OJ, Kerr KM, Remmen H, Denison AR. How to investigate a patient with suspected interstitial lung disease. *BMJ*. 2010;340:c2843. Published 2010 Jun 9. doi:10.1136/bmj.c2843.
6. Castelino FV, Varga J. Interstitial lung disease in connective tissue diseases: evolving concepts of pathogenesis and management. *Arthritis Res Ther*. 2010;12(4):213. doi:10.1186/ar3097.
7. https://www.cdc.gov/mmwr/volumes/68/wr/mm6846e2.htm?s_cid=mm6846e2_w.
8. Epler GR, McLoud TC, Gaensler EA, Mikus JP, Carrington CB. Normal chest roentgenograms in chronic diffuse infiltrative lung disease. *N Engl J Med*. 1978;298(17):934-939. doi: 10.1056/NEJM197804272981703.
9. Raghu G, Remy-Jardin M, Ryerson CJ, et al. Diagnosis of Hypersensitivity Pneumonitis in Adults. An Official ATS/JRS/ALAT Clinical Practice Guideline [published correction appears in Am J Respir Crit Care Med. 2021 Jan 1;203(1):150-151] [published correction appears in Am J Respir Crit Care Med. 2022 Aug 15;206(4):518]. *Am J Respir Crit Care Med*. 2020;202(3):e36-e69. doi:10.1164/rccm.202005-2032ST.
10. Expert Panel on Thoracic Imaging:, Hobbs SB, Chung JH, et al. ACR Appropriateness Criteria® Diffuse Lung Disease. *J Am Coll Radiol*. 2021;18(11S):S320-S329. doi:10.1016/j.jacr.2021.08.008.
11. Mathai SC, Danoff SK. Management of interstitial lung disease associated with connective tissue disease. *BMJ*. 2016;352:h6819. Published 2016 Feb 24. doi:10.1136/bmj.h6819.
12. Raghu G, Remy-Jardin M, Richeldi L, et al. Idiopathic Pulmonary Fibrosis (an Update) and Progressive Pulmonary Fibrosis in Adults: An Official ATS/ERS/JRS/ALAT Clinical Practice Guideline. *Am J Respir Crit Care Med*. 2022;205(9):e18-e47. doi:10.1164/rccm.202202-0399ST.
13. Hunninghake GM, Goldin JG, Kadoch MA, et al. Detection and early referral of patients with interstitial lung abnormalities: an expert survey initiative.

    Chest. 2022;161(2):470-482. doi:10.1016/j.chest.2021.06.035.
14. Joy GM, Arbiv OA, Wong CK, et al. Prevalence, imaging patterns and risk factors of interstitial lung disease in connective tissue disease: a systematic review and meta-analysis. Eur Respir Rev. 2023;32(167):220210. Published 2023 Mar 8. doi:10.1183/16000617.0210-2022.
15. Montesi SB, Fisher JH, Martinez FJ, Selman M, Pardo A, Johannson KA. Update in Interstitial Lung Disease 2019. Am J Respir Crit Care Med. 2020;202(4):500-507. doi:10.1164/rccm.202002-0360UP.
16. Wong AW, Ryerson CJ, Guler SA. Progression of fibrosing interstitial lung disease. Respir Res. 2020;21(1):32. Published 2020 Jan 29. doi:10.1186/s12931-020-1296-3.
17. Hatabu H, Hunninghake GM, Richeldi L, et al. Interstitial lung abnormalities detected incidentally on CT: a Position Paper from the Fleischner Society. Lancet Respir Med. 2020;8(7):726-737. doi:10.1016/S2213-2600(20)30168-5.
18. Tomassetti S, Poletti V, Ravaglia C, et al. Incidental discovery of interstitial lung disease: diagnostic approach, surveillance and perspectives [published correction appears in Eur Respir Rev. 2022 May 25;31(164):215206. doi: 10.1183/16000617.5206-2021]. Eur Respir Rev. 2022;31(164):210206. Published 2022 Apr 13. doi:10.1183/16000617.0206-2021.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

19. Kligerman S, Raptis C, Larsen B, et al. Radiologic, Pathologic, Clinical, and Physiologic Findings of Electronic Cigarette or Vaping Product Use-associated Lung Injury (EVALI): Evolving Knowledge and Remaining Questions. Radiology. 2020;294(3):491-505. doi:10.1148/radiol.2020192585.
20. Friedman J, Schooler GR, Kwon JK, Artunduaga M. Pediatric electronic cigarette or vaping product use-associated lung injury (EVALI): updates in the coronavirus disease 2019 (COVID-19) pandemic era. Pediatr Radiol. 2022;52(10):2009-2016. doi:10.1007/s00247-022-05454-z.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Pneumonia and Coronavirus Disease 2019 (COVID-19) (CH-13)

Guideline

Pneumonia (CH-13.1)
Coronavirus Disease 2019 (COVID-19) (CH-13.2)
References (CH-13)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Pneumonia (CH-13.1)

CH.PN.0013.1.A

v1.1.2025

- Chest x-ray should be performed initially in all individuals with suspected pneumonia, prior to considering advanced imaging.[1, 2]
  - CT Chest without or with contrast (CPT® 71250 or CPT® 71260) if initial or repeat chest x-ray findings reveal:
    - complication of pneumonia (e.g. abscess, effusion,necrotizing pneumonia, pneumothorax)[1,2]
    - possible lung mass associated with the infiltrate.2
  - CT Chest without or with contrast (CPT® 71250 or CPT® 71260) for hypoxia and/ or respiratory distress
  - CT Chest without or with contrast (CPT® 71250 or CPT®71260) after initial chest radiograph is negative or equivocal and one of the following:
    - Abnormal vital signs (including hypoxemia, pulse > 100, respiratory rate > 24, fever > 100)
    - Abnormal exam (including respiratory distress, dyspnea and or abnormal lung auscultation)
    - Advanced age (age>75), or other significant comorbidities
- If pulmonary emboli suspected, see **Pulmonary Embolism (CH-25.1).**
- CT Chest without or with contrast (CPT® 71250 or CPT® 71260) for immunocompromised individuals with any of the following:[15]
  - High suspicion for pneumonia despite equivocal or negative chest x-ray
  - Persistent radiographic abnormalities
  - Multiple or diffuse opacities or nodules

Evidence Discussion

Chest radiography (CR) is the appropriate first imaging modality in the evaluation of suspected pneumonia.(Dueck,2021) The American Thoracic Society (ATS) and the Infectious Diseases Society of America (IDSA) define a clinical diagnosis of pneumonia as symptoms and signs of pneumonia with radiographic confirmation. (Metlay,2019)

CT is more accurate/sensitive than CR and may be warranted when there is a high clinical suspicion for pneumonia (typical or atypical) and a delay in diagnosis could be life threatening.

CT chest without contrast is usually appropriate and CT chest with contrast may be appropriate in immunocompromised people with an acute respiratory illness and a normal/equivocal/nonspecific CR or a CR that demonstrates multiple, diffuse or confluent opacities.(Expert Panel on Thoracic Imaging,2019)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

MRI is usually not appropriate for the imaging of pneumonia.(Expert Panel on Thoracic Imaging,2018;Expert Panel on Thoracic Imaging,2019) MRI has a potential role for follow up imaging of parenchymal (Chest wall/mediastinal) disease, but CT is more sensitive and is preferred.(Expert Panel on Thoracic Imaging,2019)

Routine use of follow up chest imaging in adults who are improving and whose symptoms have resolved within 5-7 days is not recommended by the ATS/IDSA. (Metlay,2019) Repeat CR or CT after the completion of therapy is generally reserved for high risk patients, suspected complications, disease progression or when the clinical course differs from CR interpretation.(Dueck,2021,Lampichler,2017)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Coronavirus Disease 2019 (COVID-19) (CH-13.2)

CH.PN.0013.2.A
v1.1.2025

- CT Chest without contrast (CPT®71250), or with contrast (CPT®71260) in the following clinical situations:
  - Imaging for initial diagnosis:
    - Symptomatic COVID-19 positive individuals with underlying comorbidities (including but not limited to age >65 years, chronic lung disease, current or former smoker, chronic kidney disease, chronic liver disease, dementia, diabetes, Down's syndrome, HIV or other primary, secondary or acquired immunodeficiency, mood disorders, BMI ≥30, pregnancy, solid organ or blood stem cell transplant, cerebrovascular disease, substance use disorder, tuberculosis, cardiovascular disease, malignancy, bronchopulmonary dysplasia, chronic infections, or immunocompromised state). See CDC's list of higher risk for severe COVID for additional information: **https://www.cdc.gov/coronavirus/2019-ncov/need-extra-precautions/people-with-medical-conditions.html**
    - Moderate to severe symptomatic individuals with evidence of significant pulmonary dysfunction or damage (e.g., hypoxemia, moderate-to-severe dyspnea), suspected of having COVID-19, regardless of COVID-19 test results or when viral testing is not available.
    - Thromboembolic complications including pulmonary embolism, stroke and mesenteric ischemia are recognized complications of COVID-19. See **Pulmonary Embolism (CH-25.1)**,**Mesenteric Ischemia (AB-6.1)** in the Abdomen Imaging Guidelines, and **Stroke/TIA (HD-21.1)** in the Head Imaging Guidelines for appropriate imaging guidance.
    - Other systemic complications are being recognized as medical knowledge about this condition evolves. Imaging for possible COVID-19 complications should be managed by the appropriate condition based guidelines.
  - Imaging after initial diagnosis:
    - Imaging in the following clinical circumstances:
      - If there is significant worsening of symptoms in a COVID-19 positive individual and imaging will be used to modify individual management.
      - A recovered COVID-19 positive individual with significant residual functional impairment and/or persistence hypoxemia.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

- Symptomatic post-COVID individuals with concern for interstitial lung disease including organizing pneumonia imaging can be considered pre and post treatment.[11]

Evidence Discussion

Chest imaging is not routinely indicated as a screening test for COVID-19 in asymptomatic people or in people with suspected COVID-19 and mild clinical features unless they are at risk for disease progression.(Rubin,2020)

The American College of Radiology (ACR) states that CT chest should not be used as a screen or first-line test to diagnose COVID-19.(American College of Radiology,2020) Viral testing is the only specific method of diagnosis and confirmation with a viral test is required even if radiologic findings on chest radiography (CR) or CT are suggestive of COVID-19.

Imaging is indicated in people with COVID-19 and a worsening respiratory status or in people who have suspected COVID-19, a high pretest probability of disease, and moderate to severe clinical features.(Rubin,2020) Although less sensitive than CT, chest radiography (CR) is typically the first line imaging modality. (Rubin,2020;Long,2022;Expert Panel on Thoracic Imaging,2018)

Johnston et al have proposed a management algorithm for patients with COVID-19 pneumonia which recommends a clinical assessment with CR and PFT's 3-6 months after discharge.(Johnston,2023) Performance of a high resolution CT chest (HRCT) is based on risk factors (ICU admission, noninvasive or mechanical ventilation; male sex; age>60) and serial assessment of lung function and symptoms.

There is an increased risk of pulmonary embolus (PE) in people with COVID-19, including both microvascular/ in situ thrombosis and macrothrombotic events.(Ortega-Paz,2023) It is currently recommended that the same diagnostic strategy and the same D-dimer threshold be used for people with COVID-19 and suspected PE as in those without COVID-19.(Ortega-Paz,2023;Suh,2021)

Background and Supporting Information

- The role of advanced imaging in the diagnosis and management of COVID-19 is very dynamic in this rapidly evolving condition.
- Comorbidities may include: chronic heart, lung, liver, or renal disease; diabetes mellitus; alcoholism; malignancy; asplenia; organic brain disease (dementia, CVA, delirium).
- Findings on both Chest x-ray and CT Chest are non-specific. Chest x-rays may show patchy opacities with lower lung predominance. CT may show peripheral multifocal ground glass opacities with lower lung predominance. However, a significant portion of cases have opacities without a clear or specific distribution.[3,4,6] A reverse halo

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

sign or other findings of organizing pneumonia may be seen later during the course of illness. Atypical findings include isolated lobar or segmental consolidation without ground glass opacities, discrete small centrilobular ("tree-in-bud") nodules, pleural effusion.[8]
  - Pediatric individuals may have less pronounced imaging findings than adults.
- CT Chest abnormalities are common 3 months after discharge in adults who have been hospitalized for COVID-19 and are associated with more severe acute disease. Fibrosis was seen in a minority of people.[13,14] Most people re-imaged at one year showed radiologic improvement.[13]
- Major professional society guidelines to date:
  - The American College of Radiology (ACR) recommends that CT Chest should not be used for screening or as a first-line test to diagnose COVID-19.[3]
  - The Centers for Disease Control and Prevention (CDC) recommends viral testing as the only specific method of diagnosis.[4]
  - The CDC has stated that symptoms may appear 2-14 days after exposure to the virus. These symptoms may include:[5]
    - fever or chills
    - cough
    - shortness of breath or difficulty breathing
    - fatigue
    - muscle or body aches
    - headache
    - new loss of taste or smell
    - sore throat
    - congestion or runny nose
    - nausea or vomiting
    - diarrhea
  - The Fleischner Society consensus statement published on April 7, 2020, recommends against the use of imaging in individuals with suspected COVID-19 who are either asymptomatic or have only mild symptoms without evidence of significant pulmonary dysfunction or damage (e.g., absence of hypoxemia, no or mild dyspnea).[6]
  - According to The American Society of Transplantation, screening donors is based on methods below. Screening donors encompasses three different methods.[7]
    - Epidemiologic screening for travel and potential exposures
    - Screening for symptoms suggestive of COVID-19
    - Viral testing (nucleic acid testing of specimens)
    - There is no current indication for screening asymptomatic donors with advanced imaging.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

References (CH-13)

v1.1.2025

1. Metlay JP, Waterer GW, Long AC, et al. Diagnosis and treatment of adults with community-acquired pneumonia. An official clinical practice guideline of the American Thoracic Society and Infectious Diseases Society of America.*Am J Respir Crit Care Med*. 2019;200(7):e45-e67. doi:10.1164/rccm.201908-1581ST.
2. Expert Panel on Thoracic Imaging:, Jokerst C, Chung JH, et al. ACR Appropriateness Criteria® Acute Respiratory Illness in Immunocompetent Patients. *J Am Coll Radiol*. 2018;15(11S):S240-S251. doi:10.1016/j.jacr.2018.09.012.
3. American College of Radiology. ACR Recommendations for the use of Chest Radiography and Computed Tomography (CT) for Suspected COVID-19 Infection. acr.org. Available at https://www.acr.org/Advocacy-and-Economics/ACR-Position-Statements/Recommendations-for-Chest-Radiography-and-CT-for-Suspected-COVID19-Infection. 3/22/2020.
4. Evaluating and Testing Persons for Coronavirus Disease 2019 (COVID-19). Centers for Disease Control and Prevention. National Center for Immunization and Respiratory Diseases (NCIRD), Division of Viral Diseases. https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/testing.html.
5. Symptoms of Coronavirus. Centers for Disease Control and Prevention. National Center for Immunization and Respiratory Diseases (NCIRD), Division of Viral Diseases. Page last reviewed: May 13, 2020. https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html.
6. Foust AM, Phillips GS, Chu WC, et al. International Expert Consensus Statement on Chest Imaging in Pediatric COVID-19 Patient Management: Imaging Findings, Imaging Study Reporting and Imaging Study Recommendations. *Radiol Cardiothorac Imaging*. 2020;2(2):e200214. Published 2020 Apr 23. doi:10.1148/ryct.2020200214.
7. Rubin GD, Ryerson CJ, Haramati LB, et al. The Role of Chest Imaging in Patient Management During the COVID-19 Pandemic: A Multinational Consensus Statement from the Fleischner Society. *Radiology*. 2020;296(1):172-180. doi:10.1148/radiol.2020201365
8. Scott Simpson, Fernando U. Kay, Suhny Abbara, Sanjeev Bhalla, Jonathan H. Chung, Michael Chung, Travis S. Henry, Jeffrey P. Kanne, Seth Kligerman, Jane P. Ko, and Harold Litt . Radiological Society of North America Expert Consensus Statement on Reporting Chest CT Findings Related to COVID-19. Endorsed by the Society of Thoracic Radiology, the American College of Radiology, and RSNA. Published online: March 25 2020 https://pubs.rsna.org/doi/10.1148/ryct.2020200152
9. American Society of Transplantation: *SARS-CoV-2: Recommendations and Guidance for Organ Donor Testing and Evaluation*. Updated: January 18, 2023. https://www.myast.org/sites/default/files/Donor%20Testing%20Document1.18.23.pdf
10. Grillet F, Behr J, Calame P, Aubry S, Delabrousse E. Acute Pulmonary Embolism Associated with COVID-19 Pneumonia Detected by Pulmonary CT Angiography. *Radiology*. 2020;296(3):E186-E188. doi:10.1148/radiol.2020201544.
11. Myall KJ, Mukherjee B, Castanheira AM, et al. Persistent Post-COVID-19 Interstitial Lung Disease. An Observational Study of Corticosteroid Treatment. *Ann Am Thorac Soc*. 2021;18(5):799-806. doi:10.1513/AnnalsATS.202008-1002OC.
12. Ambardar SR, Hightower SL, Huprikar NA, Chung KK, Singhal A, Collen JF. Post-COVID-19 Pulmonary Fibrosis: Novel Sequelae of the Current Pandemic. *J Clin Med*. 2021;10(11):2452. Published 2021 Jun 1. doi:10.3390/jcm10112452.
13. Vijayakumar B, Tonkin J, Devaraj A, et al. CT Lung Abnormalities after COVID-19 at 3 Months and 1 Year after Hospital Discharge. *Radiology*. 2022;303(2):444-454. doi:10.1148/radiol.2021211746.
14. van den Borst B, Peters JB, Brink M, et al. Comprehensive Health Assessment 3 Months After Recovery From Acute Coronavirus Disease 2019 (COVID-19). *Clin Infect Dis*. 2021;73(5):e1089-1098. doi:10.1093/cid/ciaa1750.
15. Expert Panel on Thoracic Imaging, Lee C, Colletti PM, et al. ACR Appropriateness Criteria® Acute Respiratory Illness in Immunocompromised Patients. *J Am Coll Radiol*. 2019;16(11S):S331-S339. doi:10.1016/j.jacr.2019.05.019.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

16. Dueck NP, Epstein S, Franquet T, Moore CC, Bueno J. Atypical pneumonia: definition, causes, and imaging features.*Radiographics*. 2021;41(3):720-741. doi:10.1148/rg.2021200131.
17. Rubin GD, Ryerson CJ, Haramati LB, et al. The Role of Chest Imaging in Patient Management during the COVID-19 Pandemic: A Multinational Consensus Statement from the Fleischner Society. Radiology. 2020;296(1):172-180. doi:10.1148/radiol.2020201365.
18. **https://www.cdc.gov/coronavirus/2019-ncov/hcp/clinical-care/underlyingconditions.html** . Updated 4/12/24.
19. Long B, Carius BM, Chavez S, et al. Clinical update on COVID-19 for the emergency clinician: Presentation and evaluation. Am J Emerg Med. 2022;54:46-57. doi:10.1016/j.ajem.2022.01.028.
20. Davis HE, McCorkell L, Vogel JM, Topol EJ. Long COVID: major findings, mechanisms and recommendations [published correction appears in Nat Rev Microbiol. 2023 Jun;21(6):408. doi: 10.1038/s41579-023-00896-0]. Nat Rev Microbiol. 2023;21(3):133-146. doi:10.1038/s41579-022-00846-2.
21. Cho JL, Villacreses R, Nagpal P, et al. Quantitative Chest CT Assessment of Small Airways Disease in Post-Acute SARS-CoV-2 Infection. Radiology. 2022;304(1):185-192. doi:10.1148/radiol.212170.
22. Singh SJ, Baldwin MM, Daynes E, et al. Respiratory sequelae of COVID-19: pulmonary and extrapulmonary origins, and approaches to clinical care and rehabilitation. Lancet Respir Med. 2023;11(8):709-725. doi:10.1016/S2213-2600(23)00159-5.
23. Guinto E, Gerayeli FV, Eddy RL, Lee H, Milne S, Sin DD. Post-COVID-19 dyspnoea and pulmonary imaging: a systematic review and meta-analysis. Eur Respir Rev. 2023;32(169):220253. Published 2023 Aug 9. doi:10.1183/16000617.0253-2022.
24. Johnston J, Dorrian D, Linden D, Stanel SC, Rivera-Ortega P, Chaudhuri N. Pulmonary Sequelae of COVID-19: Focus on Interstitial Lung Disease. Cells. 2023;12(18):2238. Published 2023 Sep 8. doi:10.3390/cells12182238.
25. Kramer D, Hilton R, Roman J. Pulmonary fibrosis and COVID-19. Am J Med Sci. 2023;366(4):245-253. doi:10.1016/j.amjms.2023.07.006.
26. Ortega-Paz L, Talasaz AH, Sadeghipour P, et al. COVID-19-Associated Pulmonary Embolism: Review of the Pathophysiology, Epidemiology, Prevention, Diagnosis, and Treatment. Semin Thromb Hemost. 2023;49(8):816-832. doi:10.1055/s-0042-1757634.
27. Suh YJ, Hong H, Ohana M, et al. Pulmonary Embolism and Deep Vein Thrombosis in COVID-19: A Systematic Review and Meta-Analysis. Radiology. 2021;298(2):E70-E80. doi:10.1148/radiol.2020203557.
28. Lampichler K. Rolle der bildgebenden Verfahren zur Abklärung von Pneumoniekomplikationen [Role of imaging procedures in clarification of complications of pneumonia]. Radiologe. 2017;57(1):29-34. doi:10.1007/s00117-016-0195-6.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Other Chest Infections (CH-14)

Guideline

PPD or TB (Mycobacterium tuberculosis and Nontuberculous Mycobacterial Pulmonary Disease (NTM-PD)) (CH-14.1)
Fungal Infections (Suspected or Known) (CH-14.2)
Wegener's Granulomatosis/Granulomatosis with Polyangiitis and Related Entities (CH-14.3)
Suspected Sternal Dehiscence (CH-14.4)
References (CH-14)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

PPD or TB (Mycobacterium tuberculosis and Nontuberculous Mycobacterial Pulmonary Disease (NTM-PD)) (CH-14.1)

CH.CI.0014.1.A

v1.1.2025

- CT Chest with contrast (CPT® 71260) or CT Chest without contrast (CPT® 71250) with ANY of the following:
  - Normal or equivocal chest x-ray with ONE of the following:[1]
    - Positive PPD skin test or other positive tuberculin skin tests OR
    - Positive QuantiFERON-TB Gold OR
    - Suspected active (or reactivated) tuberculosis
  - Suspected complications or progression of tuberculosis (e.g. pleural tuberculosis, empyema, and mediastinitis)[2]
  - Suspected NTM-PD
  - If CT Chest is unremarkable, there is insufficient data to support performing subsequent CT Chest unless symptoms develop or chest x-ray shows a new abnormality.
  - Follow-up CT Chest with contrast (CPT® 71260) or without contrast (CPT® 71250) with frequency at the discretion of or in consultation with the pulmonary or infectious disease specialist (not to exceed 3 studies in 3 months).
  - Re-evaluate individuals undergoing active treatment who had abnormalities seen only on CT Chest.

Evidence Discussion

Chest radiography (CR) should be the initial for suspected active M. tuberculosis (MTB) infection based on clinical symptoms and demographics. a newly positive tuberculin skin test, (TST) or interferon-gamma release assay (IGRA). CT is appropriate if CR is equivocal and there is clinical suspicion of active MTB, especially in those with impaired cell-mediated immunity.(Wetscherek,2022) CT may be performed to evaluate suspected complications and monitor response to therapy.(Nel,2022;Expert Panel on Thoracic Imaging,2018)

CR is usually appropriate to distinguish latent from active MTB in people with evidence of new exposure (a newly positive TST/IGRA or a positive TST/IGRA with unknown prior status) but no clinical symptoms.(Ravenel,2017) The yield of CR for active MTB in the absence of clinical symptoms is low. CT is more sensitive than CR for the detection of

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

latent TB.(Moore,2023). CT is recommended when CR is equivocal for active MTB or when a diagnosis of latent MTB may affect future care.(Ravenel,2017;Piccazzo,2014)

When a TST is not available for people who are going to live in a group home, correctional institution or nursing facility, CR is usually appropriate as a surrogate screening measure.

Imaging (CR and CT) is an important component in the diagnosis and follow up of nontuberculous mycobacterial pulmonary disease (NTM-PD).(Lipman,2020) The diagnosis and determination of response to therapy are based upon radiologic, clinical, and microbiologic criteria.(Daley,2020;Haworth,2017) Serial CT imaging is important for monitoring disease progression and response to therapy. Radiologic findings provide prognostic information and may affect treatment recommendations.(Haworth,2017)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Fungal Infections (Suspected or Known) (CH-14.2)

CH.CI.0014.2.A

v1.1.2025

- CT Chest with contrast (CPT® 71260) or High resolution CT Chest (HRCT) without contrast (CPT® 71250):[3,4]
  - Initial diagnosis of any fungal pneumonia or chest infection[3,4]
  - Suspected complications or progression of the fungal chest infection (e.g. worsening pneumonitis; pleural effusion, empyema, mediastinitis)
  - Suspected Allergic Bronchopulmonary Aspergillosis (ABPA) in asthmatics with atypical presentation or poor response to conventional therapy[7,8,9]
- Follow-up CT Chest with contrast (CPT® 71260) or High Resolution CT Chest (HRCT) without contrast (CPT® 71250) with frequency at the discretion of or in consultation with the pulmonary or infectious disease specialist.

Evidence Discussion

CT chest is the imaging method of choice for suspected or known pulmonary fungal infections, especially in immunocompromised hosts.(Alexander,2021;Lewis,2023) Imaging findings are not specific but can lead to early detection of infection, help direct further diagnostic procedures and narrow the differential diagnosis. (Lewis,2023;Walker,2014) CT is also used to monitor response to therapy and identify complications.(Alexander,2021) The diagnosis of certain pulmonary fungal infections and determination of response to treatment require a combination of clinical, microbiologic and radiologic criteria.(Van Braeckel,2022; Setianingrum,2019;Denning,2016) Denning et al recommend follow up imaging 3-6 months after starting anti-fungal therapy for chronic pulmonary aspergillosis, then less frequently, or with any major change of clinical status based on the fact that radiologic change is slow and little change is visible on chest X-ray (CR) or CT in less than 3 months.(Denning,2016)

CT is not recommended in the routine evaluation of suspected asthma without a specific indication but may be of value to identify acute complications following a nondiagnostic CR, suspected alternative diagnoses or associated conditions, such as allergic bronchopulmonary aspergillosis.(Richards,2016;Ash,2017).

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Wegener's Granulomatosis/ Granulomatosis with Polyangiitis and Related Entities (CH-14.3)

CH.CI.0014.3.A

v1.1.2025

- See **Small Vessel Vasculitis (PVD-6.11)** for concerns of Wegener's Granulomatosis and Related Entities in Peripheral Vascular Disease imaging guidelines.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Suspected Sternal Dehiscence (CH-14.4)

CH.CI.0014.4.A
v1.1.2025

- Sternal wound dehiscence is primarily a clinical determination.
- Chest x-ray is performed prior to advanced imaging to identify abnormalities in the sternal wire integrity and/or a midsternal stripe. Other findings include rotated, shifted or ruptured wires.
- CT Chest without contrast (CPT® 71250) or CT Chest with contrast (CPT® 71260) for:
  - differentiating sternal wire migration from sternal dehiscence[10]
  - planned debridement and/or repair

See **Infection – General (MS-9.1)** for concerns for osteomyelitis or soft tissue infection.

Evidence Discussion

Sternal dehiscence is defined as sternal separation with intact sternal wires migrating with a displaced sternal fragment.(Hota,2018) The diagnosis is often made clinically; however, early signs may be subtle, and it may be clinically occult. (Boiselle,1999). Early detection of sternal dehiscence on chest x-ray (CR) is important..(Hota,2018;Boiselle,1999;Hayward,1994; Boiselle,2002) CT may be used in equivocal cases to assess for sternal separation or for preoperative planning. (Hota,2018,Silverborn,2022)

CT provides the best evaluation of sternal non-union when suspected based on pain, clicking and clinical evidence of sternal instability for > 3 months in the absence of infection.(Hota,2018)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

References (CH-14)

v1.1.2025

1. Expert Panel on Thoracic Imaging:, Ravenel JG, Chung JH, et al. ACR Appropriateness Criteria® Imaging of Possible Tuberculosis. *J Am Coll Radiol*. 2017;14(5S):S160-S165. doi:10.1016/j.jacr.2017.02.022.
2. Expert Panel on Thoracic Imaging, Lee C, Colletti PM, et al. ACR Appropriateness Criteria® Acute Respiratory Illness in Immunocompromised Patients. *J Am Coll Radiol*. 2019;16(11S):S331-S339. doi:10.1016/j.jacr.2019.05.019.
3. Walker CM, Abbott GF, Greene RE, Shepard JA, Vummidi D, Digumarthy SR. Imaging pulmonary infection: classic signs and patterns [published correction appears in AJR Am J Roentgenol. 2014 Jun;202(6):1396]. *AJR Am J Roentgenol*. 2014;202(3):479-492. doi:10.2214/AJR.13.11463.
4. Cordier JF, Valeyre D, Guillevin L, Loire R, Brechot JM. Pulmonary Wegener's granulomatosis. A clinical and imaging study of 77 cases. *Chest*. 1990;97(4):906-912. doi:10.1378/chest.97.4.906.
5. Peivandi AA, Vogel N, Opfermann UT, et al. Early detection of sternal dehiscence by conventional chest X-ray. *Thorac Cardiovasc Surg*. 2006;54(2):108-111. doi:10.1055/s-2005-872864.
6. Kumar K, Loebinger MR. Nontuberculous Mycobacterial Pulmonary Disease: Clinical Epidemiologic Features, Risk Factors, and Diagnosis: The Nontuberculous Mycobacterial Series. *Chest*. 2022;161(3):637-646. doi:10.1016/j.chest.2021.10.003.
7. Ash SY, Diaz AA. The role of imaging in the assessment of severe asthma. *Curr Opin Pulm Med*. 2017;23(1):97-102. doi:10.1097/MCP.0000000000000341.
8. Ward S, Heyneman L, Lee MJ, Leung AN, Hansell DM, Müller NL. Accuracy of CT in the diagnosis of allergic bronchopulmonary aspergillosis in asthmatic patients. *AJR Am J Roentgenol*. 1999;173(4):937-942. doi:10.2214/ajr.173.4.10511153.
9. Richards JC, Lynch D, Koelsch T, Dyer D. Imaging of Asthma. *Immunol Allergy Clin North Am*. 2016;36(3):529-545. doi:10.1016/j.iac.2016.03.005.
10. Hota P, Dass C, Erkmen C, Donuru A, Kumaran M. Poststernotomy Complications: A Multimodal Review of Normal and Abnormal Postoperative Imaging Findings. *AJR Am J Roentgenol*. 2018;211(6):1194-1205. doi:10.2214/AJR.18.19782.
11. Nel M, Franckling-Smith Z, Pillay T, Andronikou S, Zar HJ. Chest Imaging for Pulmonary TB-An Update. Pathogens. 2022;11(2):161. Published 2022 Jan 26. doi:10.3390/pathogens11020161.
12. Wetscherek MTA, Sadler TJ, Lee JYJ, Karia S, Babar JL. Active pulmonary tuberculosis: something old, something new, something borrowed, something blue. Insights Imaging. 2022;13(1):3. Published 2022 Jan 9. doi:10.1186/s13244-021-01138-8.
13. Expert Panel on Thoracic Imaging:, Jokerst C, Chung JH, et al. ACR Appropriateness Criteria® Acute Respiratory Illness in Immunocompetent Patients. J Am Coll Radiol. 2018;15(11S):S240-S251. doi:10.1016/j.jacr.2018.09.012.
14. Moore N, Maher M, Murphy G, O'Callaghan Maher M, O'Connor OJ, McEntee MF. CT in the detection of latent tuberculosis: a systematic review. Clin Radiol. 2023;78(8):568-575. doi:10.1016/j.crad.2023.04.014.
15. Piccazzo R, Paparo F, Garlaschi G. Diagnostic accuracy of chest radiography for the diagnosis of tuberculosis (TB) and its role in the detection of latent TB infection: a systematic review. J Rheumatol Suppl. 2014;91:32-40. doi:10.3899/jrheum.140100.
16. *WHO consolidated guidelines on tuberculosis: Module 2: screening – systematic screening for tuberculosis disease. Geneva: World Health Organization; 2021.*
17. Lipman M, Cleverley J, Fardon T, et al. Current and future management of non-tuberculous mycobacterial pulmonary disease (NTM-PD) in the UK. BMJ Open Respir Res. 2020;7(1):e000591. doi:10.1136/bmjresp-2020-000591.
18. Daley CL, Iaccarino JM, Lange C, et al. Treatment of nontuberculous mycobacterial pulmonary disease: an official ATS/ERS/ESCMID/IDSA clinical practice guideline. Eur Respir J. 2020;56(1):2000535. Published 2020 Jul 7. doi:10.1183/13993003.00535-2020.
19. Haworth CS, Banks J, Capstick T, et al. British Thoracic Society guidelines for the management of non-tuberculous mycobacterial pulmonary disease (NTM-PD). Thorax. 2017;72(Suppl 2):ii1-ii64. doi:10.1136/thoraxjnl-2017-210927.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

20. Alexander BD, Lamoth F, Heussel CP, et al. Guidance on Imaging for Invasive Pulmonary Aspergillosis and Mucormycosis: From the Imaging Working Group for the Revision and Update of the Consensus Definitions of Fungal Disease from the EORTC/MSGERC. Clin Infect Dis. 2021;72(Suppl 2):S79-S88. doi:10.1093/cid/ciaa1855.
21. Lewis RE, Stanzani M, Morana G, Sassi C. Radiology-based diagnosis of fungal pulmonary infections in high-risk hematology patients: are we making progress?. Curr Opin Infect Dis. 2023;36(4):250-256. doi:10.1097/QCO.0000000000000937.
22. Van Braeckel E, Page I, Davidsen JR, et al. Treatment outcome definitions in chronic pulmonary aspergillosis: a CPAnet consensus statement. Eur Respir J. 2022;59(6):2102950. Published 2022 Jun 9. doi:10.1183/13993003.02950-2021.
23. Setianingrum F, Rautemaa-Richardson R, Denning DW. Pulmonary cryptococcosis: A review of pathobiology and clinical aspects. Med Mycol. 2019;57(2):133-150. doi:10.1093/mmy/myy086.
24. Denning DW, Cadranel J, Beigelman-Aubry C, et al. Chronic pulmonary aspergillosis: rationale and clinical guidelines for diagnosis and management. Eur Respir J. 2016;47(1):45-68. doi:10.1183/13993003.00583-2015.
25. Hota P, Dass C, Erkmen C, Donuru A, Kumaran M. Poststernotomy Complications: A Multimodal Review of Normal and Abnormal Postoperative Imaging Findings. AJR Am J Roentgenol. 2018;211(6):1194-1205. doi:10.2214/AJR.18.19782.
26. Boiselle PM, Mansilla AV, Fisher MS, McLoud TC. Wandering wires: frequency of sternal wire abnormalities in patients with sternal dehiscence. AJR Am J Roentgenol. 1999;173(3):777-780. doi:10.2214/ajr.173.3.10470922.
27. Silverborn M, Heitmann LA, Sveinsdottir N, Rögnvaldsson S, Kristjansson TT, Gudbjartsson T. Non-infectious sternal dehiscence after coronary artery bypass surgery. J Cardiothorac Surg. 2022;17(1):249. Published 2022 Oct 3. doi:10.1186/s13019-022-02015-1.
28. Hayward RH, Knight WL, Reiter CG. Sternal dehiscence. Early detection by radiography. J Thorac Cardiovasc Surg. 1994;108(4):616-619.
29. Boiselle PM, Mansilla AV. A closer look at the midsternal stripe sign. AJR Am J Roentgenol. 2002;178(4):945-948. doi:10.2214/ajr.178.4.1780945.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Sarcoid (CH-15)

Guideline

Sarcoid (CH-15.1)
References (CH-15)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Sarcoid (CH-15.1)

CH.SA.0015.1.A
v1.1.2025

- CT Chest with contrast (CPT® 71260) or without contrast (CPT® 71250) for:
  - Establish or rule out the diagnosis when suspected
- Subsequent CT Chest with contrast (CPT® 71260) or without contrast (CPT® 71250), in known sarcoidosis, for ANY of the following:[1]
  - Development of worsening symptoms
  - New symptoms appear after a period of being asymptomatic
  - Treatment change is being considered
- If CT is equivocal, definitive diagnosis can only be made by biopsy.[2,3,4]
- PET/CT should not be used in the standard work-up of all sarcoidosis individuals. There is currently no evidence to support the use of PET/CT for screening.
- PET/CT (CPT® 78815) can be considered under the following conditions:[5,6,7]
  - Help guide biopsy location if:
    - known lesion on CT Chest is difficult to access, to help identify alternative biopsy location
    - no apparent lung involvement and to identify an extrapulmonary biopsy site
  - Differentiation of reversible granulomatous disease from irreversible pulmonary fibrosis and will affect treatment options
  - Help identify treatment failure where either current treatment will be modified or new treatment will be introduced

Evidence Discussion

Sarcoidosis is a multisystem disease of unknown etiology characterized by the formation of noncaseating granulomas in various organs.(Seve,2021) The diagnosis is based on three major criteria: a compatible clinical presentation, the finding of nonnecrotizing granulomatous inflammation in a tissue sample, and the exclusion of alternative causes of granulomatous disease.(Crouser,2020) Imaging plays an important role in the diagnosis. Although chest x-ray (CR) is often the first imaging test used, high resolution chest CT (HRCT) is more sensitive than CR for the detection of nodules and subtle fibrosis.(Seve,2021) Histologic examination of tissue remains the gold standard for reaching a definitive diagnosis.(Tana,2020) However, in the appropriate clinical context, certain patterns of mediastinal and parenchymal involvement on HRCT are virtually diagnostic of sarcoidosis.(Tana,2020) The American Thoracic Society (ATS) states that if asymptomatic bilateral hilar lymphadenopathy is found on chest imaging, histologic confirmation is not always required.(Crouser,2020)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

The monitoring of patients with pulmonary sarcoidosis is not standardized. Changes in imaging along with clinical features have been used to assess changes in disease activity.(Keijsers,2020) If spirometry and pulmonary symptoms are worsening, additional chest imaging may be useful to detect progression of pulmonary disease or an alternative diagnosis.(Gupta,2022) HRCT can also provide prognostic information by differentiating reversible from irreversible (ie fibrotic) lesions and show complications, such as mycetomas or evidence of pulmonary hypertension.(Tana,2020)

There is interest in the use of FDG PET CT for the diagnosis and monitoring of sarcoidosis. PET CT may reveal a more easily accessible biopsy site which is not clinically evident.(Seve,2021;Keijsers,2020) It may detect multi-organ and/or extra-thoracic involvement and demonstrate active inflammation not easily recognized by physical exam or other methods.(Keijsers,2020;Vender,2022) Studies have shown that FDG uptake in sarcoidosis represents active granulomatous inflammation. (Keijsers,2020) The evaluation of disease activity is valuable when there is doubt regarding the activity of lesions and a change in therapy is being considered. (Tana,2020). Positive scans should be interpreted with caution, however, because FDG uptake can be present in other inflammatory processes and malignancy. A significant correlation between decreased metabolic activity in the lungs, increased pulmonary function tests and improved symptoms in response to immunosuppressive medication has been demonstrated.(Keijsers,2020;Vender,2026) Most of the data regarding PET CT and sarcoidosis come from retrospective studies. Prospective trials are needed to determine the role of PET CT in monitoring the efficacy of therapy and the importance of abnormal PET CT's in asymptomatic patients.(Vender,2022) The threshold SUV that distinguishes active disease from fibrosis has not been determined. Few studies have compared the value of HRCT vs PET CT for diagnosis. Data on appropriate time intervals for follow up assessments and the role of PET-guided therapy are scarce. (Vender,2022)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (CH-15)

v1.1.2025

1. Hantous-Zannad S, Charrada L, Zidi A, Mestiri I, Ben Miled-M'rad K. Apport de la TDM dans l'exploration de la sarcoïdose thoracique [Value of CT scanning in the investigation of thoracic sarcoidosis]. *Rev Mal Respir.* 2003;20(2 Pt 1):207-213.
2. Okumura W, Iwasaki T, Toyama T, et al. Usefulness of fasting 18F-FDG PET in identification of cardiac sarcoidosis. *J Nucl Med*. 2004;45(12):1989-1998.
3. Sarcoidosis. foundation.chestnet.org. https://foundation.chestnet.org/lung-health-a-z/sarcoidosis/
4. Baughman RP, Culver DA, Judson MA. A concise review of pulmonary sarcoidosis. *Am J Respir Crit Care Med*. 2011;183(5):573-581. doi:10.1164/rccm.201006-0865CI
5. Akaike G, Itani M, Shah H, et al. PET/CT in the Diagnosis and Workup of Sarcoidosis: Focus on Atypical Manifestations. *Radiographics*. 2018;38(5):1536-1549. doi:10.1148/rg.2018180053
6. Keijsers RG, van den Heuvel DA, Grutters JC. Imaging the inflammatory activity of sarcoidosis. *Eur Respir J*. 2013;41(3):743-751. doi:10.1183/09031936.00088612
7. Teirstein AS, Machac J, Almeida O, Lu P, Padilla ML, Iannuzzi MC. Results of 188 whole-body fluorodeoxyglucose positron emission tomography scans in 137 patients with sarcoidosis. *Chest*. 2007;132(6):1949-1953. doi:10.1378/chest.07-1178.
8. Sève P, Pacheco Y, Durupt F, et al. Sarcoidosis: A Clinical Overview from Symptoms to Diagnosis. Cells. 2021;10(4):766. Published 2021 Mar 31. doi:10.3390/cells10040766.
9. Crouser ED, Maier LA, Wilson KC, et al. Diagnosis and Detection of Sarcoidosis. An Official American Thoracic Society Clinical Practice Guideline. Am J Respir Crit Care Med. 2020;201(8):e26-e51. doi:10.1164/rccm.202002-0251ST.
10. Tana C, Donatiello I, Coppola MG, et al. CT Findings in Pulmonary and Abdominal Sarcoidosis. Implications for Diagnosis and Classification. J Clin Med. 2020;9(9):3028. Published 2020 Sep 20. doi:10.3390/jcm9093028.
11. Keijsers RGM, Grutters JC. In Which Patients with Sarcoidosis Is FDG PET/CT Indicated?. J Clin Med. 2020;9(3):890. Published 2020 Mar 24. doi:10.3390/jcm9030890.
12. Gupta R, Judson MA, Baughman RP. Management of Advanced Pulmonary Sarcoidosis. Am J Respir Crit Care Med. 2022;205(5):495-506. doi:10.1164/rccm.202106-1366CI.
13. Vender RJ, Aldahham H, Gupta R. The role of PET in the management of sarcoidosis. Curr Opin Pulm Med. 2022;28(5):485-491. doi:10.1097/MCP.0000000000000892.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Solitary Pulmonary Nodule (SPN) (CH-16)

Guideline

Solitary Pulmonary Nodule (CH-16.0)
Solitary Pulmonary Nodule – Imaging (CH-16.1)
Incidental Pulmonary Nodules Detected on CT Images (CH-16.2)
Interval Imaging Outcomes (CH-16.3)
PET (CH-16.4)
References (CH-16)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Solitary Pulmonary Nodule (CH-16.0)

CH.SN.0016.0.A

v1.1.2025

- For Lung Cancer Screening (LDCT) including incidental findings from LDCT, See **Lung Cancer Screening (CH-33)**

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Solitary Pulmonary Nodule – Imaging (CH-16.1)

CH.SN.0016.1.A

v1.1.2025

- For these guidelines, manual nodule measurements should be based on the average of long- and short-axis diameters. The size threshold (<6 mm) corresponds to a rounded measurement of 5 mm or less in these guidelines. Measurements should be rounded to the nearest millimeter. Prediction models used to estimate malignancy yield better results with the average diameter than with the maximum transverse diameter. The dimension of small pulmonary nodules (<10mm) should be expressed as the average of the maximal long-axis and perpendicular maximal short-axis measurements in the same plane. For larger nodules and for masses larger than 10 mm, it is generally appropriate to record both long- and short-axis dimensions, with the long-axis dimension being used to determine the T factor in lung cancer staging and being a criterion for tumor response to treatment.[1,13]
- A pulmonary nodule can be determined to have changed in size when its average diameter has increased or decreased by at least 2mm (rounded to the nearest millimeter). Smaller changes do not reliably indicate change.[13]
- Maximum intensity projection (MIP), and Minimum intensity projection (MinIP) are 2D projections of the volumetric (3D) acquisition data.[11,12] These projections may be of use in evaluation pulmonary nodules, but these projections are included in the cross sectional imaging base codes, and is not separately reimbursable.
- CT Chest with contrast (CPT® 71260) or CT Chest without contrast (CPT® 71250) initially for discrete nodule(s) in the following scenarios:[1,2,3]
  - Lung nodule(s) seen on an imaging study other than a “dedicated” CT or MRI Chest. Examples of other studies:
    - Chest x-ray
    - CT abdomen
    - MRI spine
    - Coronary CTA[1]
  - But NOT in the following which are considered initial dedicated advanced chest imaging:
    - CT Chest without and with contrast (CPT® 71270)
    - CTA Chest (CPT® 71275)
    - MRI Chest without contrast (CPT® 71550)
    - MRI Chest without and with contrast (CPT® 71552)
    - MRA Chest without and with contrast (CPT® 71555)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

- Comparisons should include the earliest available study and the more recent previous CT Chest scans to determine if nodule was present and stable.[1]
  - Similar-sized pleural nodule(s) is treated as a pulmonary nodule(s)
- The size of the lung or pleural nodule(s) is crucial information for decisions making regarding follow-up. The largest of multiple lung and/or pleural nodules will guide the surveillance interval. (See **Incidental Pulmonary Nodules Detected on CT Images (CH-16.2)**, and **Pleural-Based Nodules and Other Abnormalities (CH-17.1)**
- A lung nodule is defined as an approximately rounded opacity (more or less well-defined) measuring up to 3 cm in diameter.
- Rounded lesions measuring more than 3 cm in diameter are termed lung masses and should be considered indicative of lung cancer until histologically proven otherwise. Approach to lung masses differ from that of nodules and these guideline are specifically for those abnormalities, occurring within the chest, that meet the definition of a pulmonary nodule(s).

Evidence Discussion

A pulmonary nodule is defined as a well or poorly defined rounded opacity < 3 cm in diameter. Focal pulmonary lesions > 3 cm are considered masses. Nodule measurement is currently determined by standard linear measurement with electronic calipers. Measurements and averages should be expressed to the nearest whole millimeter. The dimension of small pulmonary nodules (<10mm) should be expressed as the average of the maximal long-axis and perpendicular maximal short-axis measurements in the same plane. For larger nodules and masses, both long- and short-axis dimensions should be recorded.(Bankier,2017) Semi-automated nodule volumetry has superior sensitivity for detecting growth and is recommended as the preferred method by the British Thoracic Society (BTS), but it requires dedicated software and is currently not widely used in clinical practice. (Bankier,2017;Callister,2015) Nodule growth is defined as an increase of > 1.5 mm (> 2 cubic mm) by the Lung-RADS criteria, greater than or equal to 2 mm change in average diameter by the Fleischner criteria or an increase of at least 25% in volume by the BTS.(Callister,2015;MacMahon,2017;Christensen,2024) A number of studies have established the advantage of post-processing 3D CT techniques, such as maximum intensity projection (MIP), minimum intensity projection (MinIP) and volume rendering (VR) in the detection and assessment of pulmonary nodules. (Callister,2015;Naeem,2021;Li,2019)

If an indeterminate nodule is seen on a CR or CT, prior studies should be reviewed to determine possible growth or stability, including comparison with the earliest available study and more recent ones.(MacMahon,2017;Gould,2013;Martin,2023). If stability of a nodule seen on CR cannot be determined, CT chest is appropriate. (Gould,2013;Martin,2023) CT is the modality of choice to evaluate pulmonary nodules. (Martin,2023) Intravenous contrast is not required to identify or characterize nodules.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

The size of the nodule is crucial for determining the appropriate timing of follow up surveillance imaging.(MacMahon,2017).

For nodules which are detected incidentally on incomplete thoracic CT scans (e.g. cardiac, neck, spine or abdominal CT), the Fleischner society recommends no follow up for most nodules< 6 mm based on the estimated low risk of malignancy. The ACR states that an optional follow up CT may be done at 12 months for nodules < 6 mm with a suspicious morphology and/or upper lobe location.(Martin,2023) For nodules 6-8 mm, Fleischner and ACR guidelines recommend a CT chest after the appropriate interval (3-12 months, depending on clinical risk). For a nodule> 8 mm or a very suspicious nodule, an immediate CT chest is recommended.(MacMahon,2017;Martin,2023)

Background and Supporting Information

Abnormality examples include: mass, opacity, lesion, density, nodule, and calcification.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Incidental Pulmonary Nodules Detected on CT Images (CH-16.2)

CH.SN.0016.2.A
v1.1.2025

Solid Pulmonary Nodules

- These time intervals refer to the time from initial detection of the nodule(s).

Incidentally Detected Solid Pulmonary Nodules Follow-up Recommendations				
Nodule Type	**<6 mm (<100 mm ^{3})**	**6–8 mm**	**>8 mm**	**Comments**
Single Nodule	Follow-up (optional) CT at 12 months. No routine follow-up if stable at 12 months	CT at 6–12 months, then CT at 18–24 months if stable	CT at 3 months, then CT at 6-12 and then at 18-24 months if stable. Consider PET/CT* or biopsy	Certain individuals at high-risk with suspicious nodule morphology, upper lobe location, or both may warrant 12-month follow-up
Multiple Nodules	Follow-up (optional) CT at 12 months. *No routine follow-up if stable at 12 months	CT at 3–6 months, then at 18–24 months if stable	CT at 3–6 months, then at 18–24 months if stable. Consider PET/CT* or biopsy	Use most suspicious nodule as a guide to management. Follow-up intervals may vary according to size and risk.

- *PET/CT consider for ≥8 mm solid lung nodule or solid component of a sub-solid nodule, not for groundglass opacity.
- Follow-up indications after PET/CT:

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

  - If a PET/CT was found to be negative, follow-up with CT at 3 months, 9 months, and 21–24 months, if stable.
  - If a PET/CT was found to be positive, a biopsy was negative or non-diagnostic, follow-up with CT at 3 months, 9-12 months, and 24 months, if stable.
- These criteria are not intended for use in the following groups:
  - Individuals aged 35 years or younger
    - Considered to have an overall low risk for pulmonary malignancy
    - In this age group, nodules are most likely to be infectious rather than cancer
    - Management of incidentally-found pulmonary nodules in this group should be individualized
  - Known primary cancer with risks for metastases
  - Immunocompromised individuals at risk for infection

Sub-Solid Pulmonary Nodules

- These time intervals refer to the time from initial detection of the nodule(s).

Incidentally Detected Sub-Solid Pulmonary Nodules Follow-up Recommendations			
Nodule Type	**<6mm (<100 mm ^{3})**	**≥6mm (≥100 mm ^{3})**	**Comments**
Single Ground glass opacity (GGO)	Consider follow-up at 2 and 4 years. If solid component(s) or growth develops, consider resection.	CT at 6–12 months to confirm persistence, then follow-up with CT every 2 years until 5 years	In certain suspicious nodules, <6 mm, consider follow-up at 2 and 4 years. If solid component(s) or growth develops, consider resection.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Incidentally Detected Sub-Solid Pulmonary Nodules Follow-up Recommendations			
Single Sub-solid	Consider follow-up at 2 and 4 years. If growth develops, consider resection.	CT at 3–6 months to confirm persistence. If unchanged and solid component remains <6 mm, then annual CT should be performed for 5 years. If the solid component has suspicious morphology (i.e., lobulated margins or cystic components), is >8 mm or is growing: Consider PET/CT* or biopsy	In practice, part-solid nodules cannot be defined as such until ≥6 mm. Persistent part-solid nodules with solid components ≥6 mm should be considered highly suspicious.
Multiple Sub-Solid	CT at 3–6 months. If stable, consider CT at 2 and 4 years.	CT at 3–6 months. Subsequent management based on the most suspicious nodule(s).	Multiple <6 mm pure ground-glass nodules are usually benign.

• *PET/CT consider for ≥8 mm solid lung nodule or solid component of a sub-solid nodule, not for groundglass opacity.

- Follow-up indications after PET/CT:
  - If a PET/CT was found to be negative, follow-up with CT at 3 months, 9 months, and 21–24 months, if stable.
  - If a PET/CT was found to be positive, a biopsy was negative or non-diagnostic, follow-up with CT at 3 months, 9-12 months, and 24 months, if stable.
- These criteria are not intended for use in the following groups:
  - Individuals aged 35 years or younger
    - Considered to have an overall low risk for pulmonary malignancy
    - In this age group, nodules are most likely to be infectious rather than cancer
    - Management of incidentally-found pulmonary nodules in this group should be individualized
  - Known primary cancer with risks for metastases
  - Immunocompromised individuals at risk for infection

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

- Sub-solid nodules may either be a part-solid nodule, comprising of both solid and ground glass components or a pure ground glass nodule, the latter may also be referred to as "non-solid".
- For pulmonary nodule follow-up studies a CT Chest without IV contrast (CPT® 71250) is usually appropriate. IV contrast is not required to identify, characterize, or determine stability of pulmonary nodules in clinical practice)

Pulmonary Cyst(s) [10]

- May represent a rare form of adenocarcinoma, squamous cell carcinoma, or small cell carcinoma.
- Short-term initial imaging to exclude rapid growth can be considered at 3-6 months.
- Further imaging can be managed according to the sub-solid pathway above.

Evidence Discussion

A pulmonary nodule is defined as a well or poorly defined rounded opacity < 3 cm in diameter. The Fleischner Society guidelines for the management of incidental pulmonary nodules detected on CT were last updated in 2017.(MacMahon,2017) The purpose of the guidelines is to minimize both the number of unnecessary follow up exams and the chance of a malignancy advancing in stage during CT follow up prior to diagnosis. Surveillance is most appropriate if there is a very low probability of cancer or a high risk of complications from surgery or biopsy.(Gould,2013) It is important to establish the clinical probability of malignancy before ordering imaging. (MacMahon,2017;Gould;Callister,2015) The Fleischner guidelines are not intended to apply to people younger than 35, people with known primary cancers at risk of metastases or to immunocompromised people at risk of infection. They do not apply to patients with unexplained fever or respiratory symptoms.(Martin,2023) For patients younger than 35, lung cancer is rare. Management should be on a case by case basis, and the use of serial CT's should be minimized.(MacMahon,2017)

Solid nodules < 6 mm do not require follow up in patients at low risk of lung cancer or in all patients at high risk. Nodules which have a suspicious morphology or an upper lobe location may be followed up with a CT in 12 months. Solid nodules 6-8 mm may be followed with a CT at 6-12 months in low risk patients with a further follow up at 18-24 months in high risk patients. Two follow up CT's should be sufficient to rule out growth in most patients.

For solid nodules> 8 mm, the options are CT surveillance, an FDG PET/CT, tissue sampling or a combination of these. Surveillance CT scans for solid nodules> 8 mm may be done at 3 months, 6-12 months and 18-24 months.(MacMahon,2017).The American College of Chest Physicians (ACCP) guidelines recommend a PET/CT or nonsurgical biopsy for solid nodules of at least 8 mm when the pretest probability of malignancy is low to moderate.(Gould,2013) The pretest probability affects the interpretation of PET/CT results: high risk patients are at risk of false negative results and low risk patients

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

are at risk of false positive results.(Callister,2015) If there is a high pretest probability of cancer, a negative PET/CT does not reliably rule out cancer and either continued surveillance for at least 2 years or tissue sampling is advised.(Gould,2013;Maiga,2018) The ACCP states that the optimal interval for surveillance CT's for solid nodules> 8 mm is not determined, but standard practice is 3-6 months, 9-12 months and 18-24 months. They suggest surveillance with CT if the clinical probability of cancer is very low, the clinical probability of malignancy is low and a PET CT is negative, a PET CT is negative and a needle biopsy is non-diagnostic, or an informed patient prefers a non-aggressive approach. If a solid nodule shows clear growth on serial CT's, a non-surgical biopsy or surgical resection is recommended unless there are specific contraindications. (Gould,2013) A surgical diagnosis is recommended if there is a high clinical probability of lung cancer, the nodule is intensely hypermetabolic on PET/CT, a non-surgical biopsy is suspicious for cancer or a patient prefers a definitive diagnosis.(Gould,2013)

Multiple solid nodules < 6 mm are usually benign, representing granulomas or intrapulmonary lymph nodes. A 12 month follow up CT may be considered in high risk patients. If there is clinical evidence of infection or the patient is immunocompromised, infection should be considered. A short term follow CT may be appropriate. Multiple solid nodules with at least one nodule greater than or equal to 6 mm can be followed with CT's at 3-6 months and 18-24 months. Management should be based on the largest/ most suspicious nodule. Most metastases will grow over 3 months. The risk of cancer increases as the number of nodules increases from 1 to 4 but decreases if the number is greater than 4.

Subsolid nodules (SSN) include pure ground glass nodules (GGN) and part-solid nodules (PSN). SSN are more likely to be malignant than solid nodules but have a better prognosis than lung cancers which present as solid nodules.(Callister,2015) Many have slow growth rates and may remain stable for years. Pure GGN < 6 mm do not require routine follow up. However, this should not preclude the option of follow up CT's at 2 and 4 years in high risk patients. GGN greater than or equal to 6 mm can be followed at 6-12 months and then every two years until 5 years. The Fleischner Society states that these guidelines are not intended to preclude either shorter or longer term follow up in individual patients when deemed clinically appropriate. The ACCP states there is controversy regarding how long to follow part solid or ground glass nodules and that follow up over several years may be appropriate.

Solitary PSN < 6 mm do not require routine follow up. A follow up CT may be done at 2 and 4 years. For PSN greater than or equal to 6 mm with a solid component < 6 mm, a follow up CT may be done at 3-6 months and then annually for a minimum of 5 years. The 5 year period is somewhat arbitrary but considered reasonable if the nodule is unequivocally stable during that time period. If the solid component is at least 6 mm, follow up at 3-6 months should be done. A persistent PSN with a solid component of at least 6 mm or a growing solid component is highly suspicious. If the nodule has suspicious morphology, if the solid component is growing or > 8 mm, PET/CT or biopsy

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

should be considered.(MacMahon,2017;Callister,2015) Multiple PSN< 6 mm are often infectious. A repeat CT can be done at 3-6 months, then at 2 and 4 years. If at least one of the nodules is greater than or equal to 6 mm, a repeat CT can be done at 3-6 months, and management should be based on the most suspicious nodule.

Pulmonary cystic lesions may represent a cyst-related primary lung malignancy. There are no uniform surveillance criteria for these lesions, but some authors recommend a CT at 3-6 months to exclude rapid growth and then follow up CT's according to the SSN nodule guidelines.(Mets,2018)

NCCN guidelines for the management of incidental pulmonary nodules are consistent with the Fleischner guidelines.(NCCN,2023) For pulmonary nodules detected on lung cancer screening CT's, adherence to the American College of Radiology (ACR) Lung-RADS guidelines is recommended. (MacMahon,2017;Martin,2023;NCCN,2023;Christensen,2024) The British Thoracic Society and ACCP guidelines do not distinguish the management of screening-detected nodules from nodules detected incidentally.(Gould,2013;Callister,2015)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Interval Imaging Outcomes (CH-16.3)

CH.SN.0016.3.A
v1.1.2025

- No further advanced imaging is necessary if a nodule has been:
  - Stable for 2 years
    - Nodules(s) stable on chest x-ray
    - Nodule(s) ≥6mm stable on CT Chest[1]
  - Stable for 1 year
    - Nodule(s) <6mm[1]
  - At any time, if:
    - classically benign characteristics by chest x-ray or previous CT (e.g. benign calcification pattern typical for a granuloma or hamartoma)
    - decreasing in size, (≥ 6 mm at start, should be followed for a 2 year period as outlined in CH-16.2) disappearing nodule(s)
- Lung nodule(s) which increases in size or number should no longer be considered for CT screening or surveillance.[1,2,3,7]
  - with an increase in nodule(s) size or number, tissue sampling or other further diagnostic investigations should be considered.
  - PET, for solid nodules ≥8mm, should be considered (See **PET (CH-16.4)**

Evidence Discussion

If a chest x-ray (CR) or chest CT has demonstrated that a pulmonary nodule has benign characteristics, further imaging is not necessary. Benign characteristics include intranodular fat or a diffuse, central, laminated or popcorn pattern of calcification. (Gould,2013)

If an indeterminate nodule is seen on a CR or CT, prior studies should be reviewed to determine possible growth or stability, including comparison with the earliest available study and more recent ones.(Gould,2013;MacMahon,2017;Martin,2023). If stability of a nodule seen on CR cannot be determined, CT chest is appropriate. (Gould,2013;Martin,2023) If a solid nodule has been stable for at least 2 years, no additional evaluation is necessary.(Gould,2013)Two years of radiographic stability is considered strong presumptive evidence of a benign nodule. For solid nodules seen on CT, further follow up is not needed if nodules < 6 mm have been stable for one year or if nodules greater than or equal to 6 mm have been stable for two years(MacMahon,2017). Malignant nodules show a wide range of growth rates with some demonstrating regression at times. Solid nodules greater than or equal to 6 mm that decrease in size but do not completely resolve should be followed to resolution or lack of growth over 2 years.(Gould,2013;Callister,2015)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

There is controversy regarding how long to follow part solid or ground glass nodules. Follow up over several years may be appropriate.(Gould,2013) The Fleischner guidelines state that subsolid nodules< 6 mm may be followed for up to 4 years but that the guidelines are not intended to preclude either shorter or longer term follow up in individual patients when deemed clinically appropriate(MacMahon,2017). Subsolid nodules greater than or equal to 6 mm may be followed for 5 years. The 5 year period is "somewhat arbitrary but considered reasonable if the nodule is unequivocally stable during that time period."(MacMahon,2017)

PET/CT should be considered for solid nodules greater than or equal to 8 mm. (Gould,2013;MacMahon,2017) If a solid nodule shows clear growth on serial CT's, a non-surgical biopsy or surgical resection is recommended unless there are specific contraindications.(Gould,2013) Non-solid nodules which grow or develop solid components are often malignant and further evaluation and/or resection should be considered. (Gould,2013;Christensen,2024)

If a CT demonstrates multiple solid nodules< 6 mm and there is clinical evidence of infection or the patient is immunocompromised, infection should be considered and a short term follow up CT may be appropriate.(MacMahon,2017) Certain findings on a lung cancer screening CT which suggest an infectious or inflammatory process (e.g. >6 new nodules or solid nodules which are greater than or equal to 8 mm appearing in a short interval) are reported as Lung-RADS 0 and may be followed up with a LDCT in 1-3 months.(Christensen,2024) Some findings indicative of an infectious/inflammatory process may not warrant short-term follow-up (e.g. tree-in-bud nodules or new <3 cm ground glass nodules).

Background and Supporting Information:

- Approximately 20% of observed cancers have decreased in size at least at some point during their observation period. Therefore, a decreasing size of a nodule cannot be a reliable indicator of being benign.[(1)]
- For nodules that increase in number, this is not meant for known stable or benign nodules to be counted.
  - Example, known 4 mm nodule stable for 3 years, now presents with a new solid 8 mm pulmonary nodule, follow-up will be driven by new nodule size and type.
  - Example #2, known granuloma 5 mm from prior CT Chest one year ago and now CT Chest reveals a new 6 mm sub-solid nodule, follow-up would be driven by the new nodule size and type.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

PET (CH-16.4)

CH.SN.0016.4.A

v1.1.2025

- PET/CT (CPT® 78815) for a solid lung nodule ≥8 mm on dedicated advanced chest imaging, as described in **Solitary Pulmonary Nodule – Imaging (CH-16.1).** See **Non-Small Cell Lung Cancer – Suspected/Diagnosis (ONC-8.2)** in the Oncology Imaging Guidelines for lung mass ≥3.1 cm
  - If there is a history of malignancy, refer to the appropriate Oncology restaging/ recurrence guideline for indications for PET imaging.
  - Pleural nodule, See **Pleural-Based Nodules and Other Abnormalities (CH-17.1)**
  - Serial PET studies are not considered indicated
  - Not indicated for infiltrate, ground glass opacity, or hilar enlargement
  - Mediastinal lymphadenopathy - See **Mediastinal Lymphadenopathy (CH-2.3)** or Sarcoid concerns – See **Sarcoid (CH-15.1)**
- If a CT finding led to ordering a PET scan, and if that CT was >3 months ago, a repeat CT (CPT® 71250 or (CPT® 72160) is indicated prior to considering a PET scan.
  - A change in the status of the original finding may find that a PET scan is no longer appropriate.

Evidence Discussion

PET/CT may be performed for evaluation of a solid lung nodule greater than or equal to 8 mm on chest CT.(MacMahon,2017;Gould,2013;NCCN,2023) PET/CT has good sensitivity and moderate specificity for detecting malignancy in patients with a high risk of cancer and a nodule greater than or equal to 10 mm.(Callister,2015) Consensus opinion is that that nodules < 8 to 10 mm are not reliably characterized by PET/CT. (Gould, 2013;Callister,2015) The false negative rate of PET/CT is higher for nodules < 8 mm and for malignancies with low metabolic activity, such as adenocarcinoma in situ or well differentiated carcinoid tumor. PET/CT has a lower sensitivity and higher false negative rate for ground glass or part solid nodules.(Gould, 2013;Callister,2015) Infections and inflammatory disorders may cause false positive results.

Repeating a PET/CT is discouraged. If there is a high pretest probability of cancer, a negative PET/CT does not reliably rule out cancer and either continued surveillance for at least 2 years or tissue sampling is advised.(Gould, 2013;Maiga,2018). If a solid nodule shows clear growth on serial CT's, a non-surgical biopsy or surgical resection is recommended unless there are specific contraindications.(2) A surgical diagnosis is recommended if the nodule is hypermetabolic on PET/CT.(2)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

PET/CT may be indicated for the pre-treatment staging of patients with confirmed or strongly suspected lung cancer, as detailed in the oncology guidelines. (Gould,2013;NCCN,2023)

Background and Supporting Information

- A **nodule** is any pulmonary or pleural lesion that is a discrete, spherical opacity 2-30 mm in diameter surrounded by normal lung tissue. A larger nodule is called a mass. Entities that are not nodules, and are considered benign, include non-spherical linear, sheet-like, two-dimensional or scarring opacities.[3]
- **Malignant** nodule features can include spiculation, abnormal calcification, size greater than 7-10 mm, interval growth, history of a cancer that tends to metastasize to the lung or mediastinum, and/or smoking history.[1,3]
  - A nodule that grows at a rate consistent with cancer (doubling time 100 to 400 days) may be sampled for biopsy or resected.[1]
  - Less than 1% of <6 mm lung nodules are malignant.[1]
  - Three percent of all 8 mm lung nodules are malignant.[1]
  - Only one follow-up at 6-12 months is sufficient for 6-8 mm nodules and not all require traditional 2 year follow-up.[1]
  - The larger the solid component of a subsolid nodule, the greater the risk of invasiveness and metastases.[1]
  - Increased risk of primary cancer as the total nodule count increased from 1 to 4 but decreased risk in individuals with 5 or more nodules, most of which likely resulted from prior granulomatous infection.[1]
  - A nodule that does not grow in 6 months has a risk of malignancy at <10%.
- **Benign** features in solid nodules can include benign calcification (80% granuloma, 10% hamartoma), multiple areas of calcification, small size, multiple nodules, negative PET, and stability of size over 2 years.[3]
- **Ground glass** or subsolid opacities, which can harbor indolent adenocarcinoma with average doubling times of 3–5 years.[1]
- **Repeat PET** is discouraged. If the original PET is positive, biopsy may be performed. If the original PET is negative but subsequent CT Chest shows an increase in nodule size, biopsy may be performed.
- **Positive PET** is defined as a standardized uptake value (SUV) in the lung nodule greater than the baseline mediastinal blood pool. A positive PET can occur with infection or inflammation, including absence of lung cancer with localized infection, presence of lung cancer with associated (post-obstructive) infection and/or related inflammation.
- **False negative PET** can be seen in individuals with adenocarcinoma in situ (formally known as bronchoalveolar carcinoma), carcinoid tumors, a small size nodule, non-solid or ground glass opacity.[9] High pre-test likelihood of malignancy with negative findings on PET only reduces the likelihood of malignancy to 14%; while in an

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

individual with a low pre-test likelihood (20%) of malignancy, a negative PET reduces the likelihood of malignancy to 1%.[6]

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (CH-16)

v1.1.2025

1. MacMahon H, Naidich DP, Goo JM, et al. Guidelines for Management of Incidental Pulmonary Nodules Detected on CT Images: From the Fleischner Society 2017. *Radiology*. 2017;284(1):228-243. doi:10.1148/radiol.2017161659.
2. Gould MK, Donington J, Lynch WR, et al. Evaluation of individuals with pulmonary nodules: when is it lung cancer? Diagnosis and management of lung cancer, 3rd ed: American College of Chest Physicians evidence-based clinical practice guidelines. *Chest* 2013;143(5 Suppl):e93S-e120S. doi:10.1378/chest.12-2351.
3. Expert Panel on Thoracic Imaging, Martin MD, Henry TS, et al. ACR Appropriateness Criteria® Incidentally Detected Indeterminate Pulmonary Nodule.*J Am Coll Radiol*. 2023;20(11S):S455-S470. doi:10.1016/j.jacr.2023.08.024.
4. Tan BB, Flaherty KR, Kazerooni EA, Iannettoni MD; American College of Chest Physicians. The solitary pulmonary nodule. *Chest. 2003;*123(1 Suppl):89S-96S. doi:10.1378/chest.123.1_suppl.89s
5. Khandani, AH, Fielding JR. PET in management of small pulmonary nodules. *Radiology*. 2007;242(3):948-949. doi:10.1148/radiol.2423060308
6. Truong MT, Ko JP, Rossi SE, et al. Update in the evaluation of the solitary pulmonary nodule. *Radiographics*. 2014;34(6):1658-1679. doi:10.1148/rg.346130092.
7. Lung CT Screening Reporting and Data System (Lung-RADS™), American College of Radiology, Quality & Safety. https://www.acr.org/Quality-Safety/Resources/LungRADS.
8. National Comprehensive Cancer Network® (NCCN®) Guidelines® Version 1.2024 – July 19, 2023. Lung Cancer Screening. https://www.nccn.org/professionals/physician_gls/pdf/lung_screening.pdf. Referenced with permission from the NCCN Clinical Practice Guidelines in Oncology (NCCN Guidelines®) for Lung Cancer Screening Version 1.2024. © 2023 National Comprehensive Cancer Network® (NCCN®). All rights reserved. NCCN Guidelines® and illustrations herein may not be reproduced in any form for any purpose without the express written permission of the NCCN. To view the most recent and complete version of the NCCN Guidelines®, go online to NCCN.org.
9. National Comprehensive Cancer Network® (NCCN®) Guidelines® Version 3.2023 – April 13, 2023. Non-Small Cell Lung Cancer. https://www.nccn.org/professionals/physician_gls/pdf/nscl.pdf. Referenced with permission from the NCCN Clinical Practice Guidelines in Oncology (NCCN Guidelines®) for Non-Small Cell Lung Cancer Version 3.2023. © 2023 National Comprehensive Cancer Network® (NCCN®). All rights reserved. NCCN Guidelines® and illustrations herein may not be reproduced in any form for any purpose without the express written permission of the NCCN. To view the most recent and complete version of the NCCN Guidelines® , go online to NCCN.org.
10. Mets OM, Schaefer-Prokop CM, de Jong PA. Cyst-related primary lung malignancies: an important and relatively unknown imaging appearance of (early) lung cancer. *Eur Respir Rev*. 2018;27(150):180079. Published 2018 Dec 19. doi:10.1183/16000617.0079-2018.
11. Fishman EK, Ney DR, Heath DG, Corl FM, Horton KM, Johnson PT. Volume rendering versus maximum intensity projection in CT angiography: what works best, when, and why. *Radiographics*. 2006;26(3):905-922. doi:10.1148/rg.263055186.
12. Naeem MQ, Darira J, Ahmed MS, Hamid K, Ali M, Shazlee MK. Comparison of Maximum Intensity Projection and Volume Rendering in Detecting Pulmonary Nodules on Multidetector Computed Tomography. *Cureus*. 2021;13(3):e14025. Published 2021 Mar 21. doi:10.7759/cureus.14025.
13. Bankier AA, MacMahon H, Goo JM, Rubin GD, Schaefer-Prokop CM, Naidich DP. Recommendations for Measuring Pulmonary Nodules at CT: A Statement from the Fleischner Society. *Radiology*. 2017;285(2):584-600. doi:10.1148/radiol.2017162894.
14. Mankidy BJ, Mohammad G, Trinh K, et al. High risk lung nodule: A multidisciplinary approach to diagnosis and management. *Respir Med.* 2023;214:107277. doi:10.1016/j.rmed.2023.107277.
15. Hansell DM, Bankier AA, MacMahon H, McLoud TC, Müller NL, Remy J. Fleischner Society: glossary of terms for thoracic imaging. *Radiology*. 2008;246(3):697-722. doi:10.1148/radiol.2462070712.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

16. Lindell RM, Hartman TE, Swensen SJ, Jett JR, Midthun DE, Mandrekar JN. 5-year lung cancer screening experience: growth curves of 18 lung cancers compared to histologic type, CT attenuation, stage, survival, and size. *Chest*. 2009;136(6):1586-1595. doi:10.1378/chest.09-0915.
17. Callister ME, Baldwin DR, Akram AR, et al. British Thoracic Society guidelines for the investigation and management of pulmonary nodules [published correction appears in Thorax. 2015 Dec;70(12):1188. doi: 10.1136/thoraxjnl-2015-207168corr1]. Thorax. 2015;70 Suppl 2:ii1-ii54. doi:10.1136/thoraxjnl-2015-207168.
18. Maiga AW, Deppen SA, Mercaldo SF, et al. Assessment of Fluorodeoxyglucose F18-Labeled Positron Emission Tomography for Diagnosis of High-Risk Lung Nodules. JAMA Surg. 2018;153(4):329-334. doi:10.1001/jamasurg.2017.4495.
19. Christensen J, Prosper AE, Wu CC, et al. ACR Lung-RADS v2022: Assessment Categories and Management Recommendations. J Am Coll Radiol. 2024;21(3):473-488. doi:10.1016/j.jacr.2023.09.009.
20. Li WJ, Chu ZG, Zhang Y, Li Q, Zheng YN, Lv FJ. Effect of Slab Thickness on the Detection of Pulmonary Nodules by Use of CT Maximum and Minimum Intensity Projection. AJR Am J Roentgenol. 2019;213(3):562-567. doi:10.2214/AJR.19.21325.
21. Expert Panel on Thoracic Imaging, Martin MD, Henry TS, et al. ACR Appropriateness Criteria® Incidentally Detected Indeterminate Pulmonary Nodule. J Am Coll Radiol. 2023;20(11S):S455-S470. doi:10.1016/j.jacr.2023.08.024.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Pleural-Based Nodules and Other Abnormalities (CH-17)

Guideline

Pleural-Based Nodules and Other Abnormalities (CH-17.1)
Reference (CH-17)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Pleural-Based Nodules and Other Abnormalities (CH-17.1)

CH.PB.0017.1.A

v1.1.2025

- CT Chest with contrast (CPT® 71260) or CT Chest without contrast (CPT® 71250) (with contrast is preferred for initial evaluation) for pleural nodule(s).[1]
  - Pleural nodule(s) seen on an imaging study other than a "dedicated" CT or MRI Chest.[1]
  - Pleural nodule(s) identified incidentally on any of the following dedicated chest studies can replace CT Chest as the initial dedicated study.[1]
    - CT Chest without and with contrast (CPT® 71270).
    - CTA Chest (CPT® 71275).
    - MRI Chest without contrast (CPT® 71550).
    - MRI Chest without and with contrast (CPT® 71552).
    - MRA Chest without and with contrast (CPT® 71555).
  - After preliminary comparison with any available previous chest films to determine presence and stability
  - Using largest measurement of multiple nodule(s). (See **Solitary Pulmonary Nodule – Imaging (CH-16.1)**)
  - Following the Fleischner Society Guidelines for high-risk. (See **Incidental Pulmonary Nodules Detected on CT Images (CH-16.2)**)[1]
- PET/CT (CPT® 78815) can be considered if dedicated CT or MRI Chest identifies a pleural nodule/mass or defined area of pleural thickening that is ≥8 mm when there is a likelihood of malignancy including current or previous malignancy, pleural effusion, bone erosion, chest pain.[1]

Evidence Discussion

- CT Chest is indicated for the evaluation of pleural nodules[1,2,3]. CT scan is widely available and allows for easy access to isotropic 3-D reformatting[3]. A study looking at the utility of CT in investigation for malignancy showed a sensitivity of 68%, a specificity of 78%, a positive predictive value of 80% and a negative predictive value of 65% when CT findings were reported as malignant[3]. CT also carries the risk of exposure to iodinated contrast and ionizing radiation.
- Follow up for previously detected pleural nodules follows guidelines addressed elsewhere in these guidelines (See Solitary Pulmonary Nodule – Imaging (CH-16.1) and Incidental Pulmonary Nodules Detected on CT Images (CH-16.2)[1].
  - Of note, a study looking at over 8,700 LDCT chest scans identified 943 noncalcified nodules attached to the costal pleura, of these 897 were < 10 mm in

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

size. There were 603 that were either lentiform, oval, semicircular or triangular in shape and had smooth margins. All of these nodules, that met these qualifications of shape, size and smooth margins, were benign. Follow-up with annual screening, rather than more immediate work-up, was recommended.[2]

- PET/CT may be considered when the identified pleural nodule/mass or thickening is ≥ 8 mm and there is a likelihood of malignancy[1]. PET/CT may be useful in differentiating between benign and malignant disease; however, studies have shown a broad range of sensitivities (88-100%) and specifies (35-100%)[3]. PET/CT may be complicated by false positives such as infections and prior pleurodesis with talc, or false negatives such as low grade/low metabolic activity epithelioid mesothelioma[3].

Background and Supporting Information

- Pleural nodule/mass or thickening without suggestion of malignancy would undergo surveillance or biopsy.
- A study looking at over 8,700 LDCT chest scans identified 943 noncalcified nodules attached to the costal pleura, of these 897 were < 10 mm in size. There were 603 that were either lentiform, oval, semicircular or triangular in shape and had smooth margins. All of these nodules, that met these qualifications of shape, size and smooth margins, were benign. Follow-up with annual screening, rather than more immediate work-up, was recommended.[2]

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Reference (CH-17)

v1.1.2025

1. Rivera MP, Mehta AC, Wahidi MM. Establishing the diagnosis of lung cancer: Diagnosis and management of lung cancer, 3rd ed: American College of Chest Physicians evidence-based clinical practice guidelines. *Chest*. 2013;143(5 Suppl):e142S-e165S. doi:10.1378/chest.12-2353.
2. Zhu Y, Yip R, You N, Henschke CI, Yankelevitz DF. Management of Nodules Attached to the Costal Pleura at Low-Dose CT Screening for Lung Cancer. *Radiology*. 2020;297(3):710-718. doi:10.1148/radiol.2020202388.
3. Hallifax RJ, Talwar A, Wrightson JM, Edey A, Gleeson FV. State-of-the-art: Radiological investigation of pleural disease. Respir Med. 2017;124:88-99. doi:10.1016/j.rmed.2017.02.013.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Pleural Effusion (CH-18)

Guideline

Pleural Effusion (CH-18.1)
References (CH-18)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Pleural Effusion (CH-18.1)

CH.EF.0018.1.A
v1.1.2025

- CT Chest with contrast (CPT® 71260) after:[1,2]
- Chest x-ray, (upright posterior/anterior/lateral best), (lateral decubitus films can improve sensitivity); **and**

  one of the following:

  - Thoracentesis, (if possible)* to determine if fluid is exudative or transudative and remove as much as possible (this fluid can obscure the underlying lung parenchyma and possibly a mass)
  - Concern for loculated effusion, empyema, paramediastinal location, subpleural lung abscess or cavitation[3]
  - Check position of chest tube(s) or drainage catheters[2]
  - Surgical planning[2]
- Chest ultrasound (CPT® 76604) can be used as an alternative to chest x-ray to evaluate for the presence of fluid within the pleural spaces and guide thoracentesis.

Evidence Discussion

The most common initial diagnostic test suggesting a pleural effusion is often chest radiography (CR).(Bashour,2022) CR remains the most accessible form of chest imaging and will often be the initial study for suspected pleural disease. (Sundaralingam,2020;Shen,2017; Heffner,2017) Lateral decubitus CR has higher sensitivity and specificity for pleural effusion than other positions.(Zaki,2024) However, complicated effusions are often loculated and may not layer dependently. Lower lobe consolidation may mask the presence of an effusion. The American Association for Thoracic Surgery (AATS) states that CR, although useful as a first step, should be combined with additional imaging if pleural space infection is suspected.(Shen,2017) The American College of Radiology (ACR) states that consensus recommendations endorse CR as the initial imaging modality for suspected parapneumonic or malignant effusion, but there are limited empiric data to support this.(Morris,2023)

Ultrasound (US) is at least as effective as lateral decubitus views for the detection of pleural fluid and provides a better estimation of fluid volume. (Sundaralingam,2020;Shen,2017;Zaki,2024) When standard CR cannot rule out a pleural effusion, US has largely replaced decubitus views due to its speed, portability and greater sensitivity.(Heffner,2017) Identification of a pleural effusion for possible US-guided thoracentesis is the primary reason for chest US.(Morris,2023) The AATS guidelines state that CR and US are class 1 recommendations (should be done) for suspected pleural space infection.(Shen,2017)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Although diagnostic imaging plays an important role in the evaluation of pleural effusions, thoracentesis with pleural fluid analysis remains the necessary first invasive step.(Bashour,2022) Pleural fluid analysis is considered mandatory unless the clinical presentation suggests a high pretest probability of a transudative effusion.(Sundaralingam,2020;Feller-Kopman,2018) Initial evaluation should include an ultrasound (US)-guided thoracentesis to categorize the effusion as a transudate or exudate and obtain specimens for microbiology and cytology.(Feller-Kopman,2018;Beaudoin,2018;Roberts,2023) If a parapneumonic effusion is suspected, diagnostic aspiration must be performed to identify patients with a complicated effusion that requires drainage.(Shen,2017; Beaudoin,2018)

CT is not used routinely as the initial imaging study for pleural effusion unless there is suspicion for loculated fluid in an interlobar fissure or paramediastinal location, or CR demonstrates parenchymal lesions suggestive of cancer, septic emboli or cavitation.(Heffner,2017) CT can better distinguish between a loculated empyema and subpleural lung abscess. CT with IV contrast optimizes imaging of the pleura. CT chest with contrast is a class 2a recommendation (reasonable) for suspected pleural space infection in the AATS guidelines.(Shen,2017) If the etiology of an exudative effusion cannot be identified, or if it is not safe to perform a thoracentesis, a CT chest with contrast is appropriate.(Beaudoin,2018;Roberts,2023) The American College of Radiology (ACR) states that CR or CT chest with IV contrast is usually appropriate as initial imaging for people with recent pneumonia and suspected parapneumonic effusion or for people with dyspnea, cough or chest pain with a suspected malignant pleural effusion.(Morris,2023) Thoracentesis and chest CT cannot rule out malignancy or tuberculosis. Pleural biopsy is indicated for a recurrent undiagnosed exudative effusion (Sundaralingam,2020;Beaudoin,2018;Roberts,2023) When a diagnosis cannot be made, monitoring with interval CT scans for up to 2 years is appropriate.(Roberts,2023) CT is used in the diagnosis and management of late-stage empyema and malignant pleural effusion and can be used to check the position of drains and plan for surgical intervention.(Sundaralingam,2020)

Background and Supporting Information

- Bilateral effusions are more often systemic related transudates (congestive heart failure, renal failure, liver insufficiency, etc.), and advanced imaging is rarely needed. Large unilateral effusions can be malignant. Analysis of fluid may include: cytology, culture, cell count, and biochemical studies.
- PA chest x-ray can show a pleural effusion with approximately 200 ml of pleural fluid while a lateral view can reduce this to 50 ml. Ultrasound is even more sensitive with as little as 3-5 ml of fluid being detected. *Thoracentesis can only be safely performed with adequate fluid present. If only a trace effusion or inadequate amount of fluid is seen, a thoracentesis may not be possible.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (CH-18)

v1.1.2025

1. Light RW, Macgregor MI, Luchsinger PC, Ball WC Jr. Pleural effusions: the diagnostic separation of transudates and exudates. *Ann Intern Med* 1972;77(4):507-513. doi:10.7326/0003-4819-77-4-507.
2. Sundaralingam A, Bedawi EO, Rahman NM. Diagnostics in pleural disease. *Diagnostics (Basel)*. 2020; 10(12):1046.
3. MacDuff A, Arnold A, Harvey J; BTS Pleural Disease Guideline Group. Management of spontaneous pneumothorax: British Thoracic Society Pleural Disease Guideline 2010. *Thorax*. 2010;65 Suppl 2:ii18-ii31. doi:10.1136/thx.2010.136986.
4. Heffner JE, Klein JS, Hampson C. Diagnostic utility and clinical application of imaging for pleural space infections. *Chest*. 2010;137(2):467-479. doi:10.1378/chest.08-3002.
5. Sundaralingam A, Bedawi EO, Rahman NM. Diagnostics in Pleural Disease. Diagnostics (Basel). 2020;10(12):1046. Published 2020 Dec 4. doi:10.3390/diagnostics10121046.
6. Shen KR, Bribriesco A, Crabtree T, et al. The American Association for Thoracic Surgery consensus guidelines for the management of empyema. J Thorac Cardiovasc Surg. 2017;153(6):e129-e146. doi:10.1016/j.jtcvs.2017.01.030.
7. Zaki HA, Albaroudi B, Shaban EE, et al. Advancement in pleura effusion diagnosis: a systematic review and meta-analysis of point-of-care ultrasound versus radiographic thoracic imaging. Ultrasound J. 2024;16(1):3. Published 2024 Jan 23. doi:10.1186/s13089-023-00356-z.
8. Beaudoin S, Gonzalez AV. Evaluation of the patient with pleural effusion. CMAJ. 2018;190(10):E291-E295. doi:10.1503/cmaj.170420.
9. Roberts ME, Rahman NM, Maskell NA, et al. British Thoracic Society Guideline for pleural disease. Thorax. 2023;78(11):1143-1156. doi:10.1136/thorax-2023-220304.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Pneumothorax/ Hemothorax (CH-19)

Guideline

Pneumothorax/Hemothorax (CH-19.1)
Pneumomediastinum; Subcutaneous Emphysema (CH-19.2)
References (CH-19)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Pneumothorax/Hemothorax (CH-19.1)

CH.PT.0019.1.A
v1.1.2025

Chest x-ray and CT Chest are the first line tests for detecting pneumothorax/hemothorax and ruling out other lung diseases.[8]

- Chest x-ray initially.
  - CT Chest with contrast (CPT® 71260) or without contrast (CPT® 71250) if:
    - diagnosis of a small pneumothorax is in doubt, and the presence of a pneumothorax will affect individual treatment decisions[1]
    - preoperative study for treatment of pneumothorax[1]
    - pneumothorax associated with hemothorax[2]
    - suspected complications from hemothorax (e.g. empyema)[2]
    - suspected Alpha-1-Antitrypsin Deficiency (even without pneumothorax)[3]
    - suspected cystic lung disease, including lymphangioleiomyomatosis (LAM), tuberous sclerosis (TS), or Birt-Hogg-Dube (BHD) syndrome[6,7]
    - to determine the etiology of persistent pneumothorax/air leak, such as chest tube malposition, bronchopleural fistula, loculated pneumothorax, lung parenchymal disease[11]
    - suspected catamenial pneumothorax/thoracic endometriosis[8]
- MRI Chest without and with contrast (CPT® 71552) or MRI Chest without contrast (CPT® 71550) for:
  - detecting diaphragmatic endometriosis
  - pre-surgical planning for thoracic endometriosis[8,9,10]

Evidence Discussion

The majority of pneumothorax cases can be confirmed by upright PA chest radiography (CR), which remains the standard initial exam (Tschopp,2015;Noppen,2010).

While CT is more sensitive than CR in detecting pneumothorax, it is generally not required for diagnosis and should be avoided due to excess radiation (Tschopp,2015). CT may be necessary for diagnosing a very small pneumothorax or differentiating between a pneumothorax and a giant bulla in bullous emphysema (Noppen,2010). Although CT is the best method to measure the size of a pneumothorax, current evidence does not support basing treatment decisions solely on size (Mendogni,2020).

The 2001 ACCP guidelines advise against routine CT use for a first-time primary spontaneous pneumothorax (PSP). However, CT may be indicated to evaluate suspected pulmonary disorders not apparent on CR. For secondary spontaneous

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

pneumothorax (SSP), CT is acceptable for managing recurrent pneumothorax, persistent air leak, and surgical planning.

In contrast, the 2023 British Thoracic Society recommends CT chest for individuals with symptoms and high-risk characteristics. These include hemodynamic compromise, significant hypoxia, bilateral pneumothorax, underlying lung disease, hemopneumothorax, or age over 49 with a significant smoking history. This recommendation applies if the pneumothorax size on CR is insufficient for safe needle aspiration or chest tube intervention. The European Respiratory Society suggests that CT may be useful in complicated cases, when chest tube misalignment is suspected, when underlying lung disease is suspected, and in patients requiring surgery (Tschopp,2015).

High-resolution CT (HRCT) has better sensitivity than routine CT in the pre-operative detection of blebs and bullae (Mendogni,2020). However, it is unclear whether HRCT can predict the risk of recurrence or identify which patients may benefit from surgical intervention. It may help to identify those at lower risk: the positive predictive value of CT bleb scores for ipsilateral recurrence is relatively low at 68%, while the negative predictive value is high at 94% (Barton,2023)

Some experts advise considering a CT scan after a first time PSP if there are factors such as a family history of pneumothorax, presence of blebs, cysts, or bullae; female sex; or a family or personal history and/or physical examination findings suggestive of a pneumothorax-associated syndrome.(Baryon,2023; Boone,2019)

Although they have low specificity, the most sensitive tests for detecting pneumothorax and hemothorax are CR and CT. For detecting diaphragmatic endometriosis, Magnetic Resonance Imaging (MRI) of the chest is preferable.(Nezhat,2019)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Pneumomediastinum; Subcutaneous Emphysema (CH-19.2)

CH.PT.0019.2.A
v1.1.2025

- Chest x-ray initially.
  - CT Chest with contrast (CPT® 71260) or without contrast (CPT® 71250) if:
    - recent vomiting and/or suspected esophageal perforation[4,5]
    - associated pneumopericardium[4,5]
    - associated pneumothorax[4,5]
    - preoperative study for treatment[4,5]

Evidence Discussion

The diagnosis of Pneumomediastinum (PM) is usually established by a clinical exam and CR. The CR should include a lateral view. (Takada,2009; Dirweesh,2017) CR is the most common diagnostic imaging study.(Magouliotis,2023;Morgan,2021;Okada,2014;Alemu,2021) The reported sensitivity of CR ranges from 60-90%. (Magouliotis,2023;Caceres,2008;Kaneki,2000;Iyer,2009;Susai,2024) CT is more sensitive than CR, especially in cases of small amounts of air in the mediastinum. (Takada,2009;Dirweesh,2017; Kaneki,2000)

There is no evidence defining when CT should be used to evaluate pneumomediastinum (PM).CT should be done if the suspicion for PM remains high despite a normal CR or if there is concern for secondary PM due to a specific pathologic event.(Takada,2009; Magouliotis,2023)

CT can be beneficial in detecting injury to the tracheobronchial system, pneumothorax, pneumopericardium or esophageal perforation.(Susai,2024) Despite the usually benign and self-limiting course of spontaneous PM, additional imaging is often undertaken to rule out esophageal perforation or other underlying disorder. A retrospective review of adolescents and young adults with spontaneous PM demonstrated that no clear criteria were used for obtaining a CT and that the CT's did not impact clinical decisions. (Wald,2024) The authors concluded that advanced imaging is over-utilized in patients with suspected spontaneous PM without clinical evidence of necessity.

Background and Supporting Information

- An expiration chest x-ray can enhance the evaluation of equivocal plain x-ray. There is no data supporting the use of serial CT Chest to follow individuals with a known pneumothorax, pneumomediastinum, or hemothorax who are asymptomatic or have

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

stable symptoms. With the exception of the indications above, advanced imaging of the chest is rarely indicated in the diagnosis or management of pneumothorax, or pneumomediastinum. Inspiratory/expiratory chest x-rays are helpful in defining whether a pneumothorax is present.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (CH-19)

v1.1.2025

1. Manes N, Hernandez-Rodriguez H, Lopez-Martin S, Sanchez-Gascon F. Pneumothorax--guidelines of action. *Chest. 2002;121(2):669. doi:10.1378/chest.121.2.66.*
2. Mowery NT, Gunter OL, Collier BR, et al. Practice management guidelines for management of hemothorax and occult pneumothorax. *J Trauma*. 2011;70(2):510-518. doi:10.1097/TA.0b013e31820b5c31.
3. Sandhaus RA, Turino G, Brantly ML, et al. The Diagnosis and Management of Alpha-1 Antitrypsin Deficiency in the Adult. *Chronic Obst Pulm Dis.* 2016;3(3):668-682. Published 2016 Jun 6. doi:10.15326/jcopdf.3.3.2015.0182.
4. Daccord C, Good JM, Morren MA, Bonny O, Hohl D, Lazor R. Birt-Hogg-Dubé syndrome. *Eur Respir Rev*. 2020;29(157):200042. Published 2020 Sep 17. doi:10.1183/16000617.0042-2020.
5. Iyer VN, Joshi AY, Ryu JH. Spontaneous pneumomediastinum: analysis of 62 consecutive adult patients. *Mayo Clin Proc*. 2009;84(5):417-421. doi:10.1016/S0025-6196(11)60560-0.
6. Ryu JH, Moss J, Beck GJ, et al. The NHLBI lymphangioleiomyomatosis registry: characteristics of 230 patients at enrollment. *Am J Respir Crit Care Med*. 2006;173(1):105-111. doi:10.1164/rccm.200409-1298OC.
7. Raoof S, Bondalapati P, Vydyula R, et al. Cystic Lung Diseases: Algorithmic Approach. *Chest*. 2016;150(4):945-965. doi:10.1016/j.chest.2016.04.026.
8. Rousset P, Rousset-Jablonski C, Alifano M, Mansuet-Lupo A, Buy JN, Revel MP. Thoracic endometriosis syndrome: CT and MRI features. *Clin Radiol*. 2014;69(3):323-330. doi:10.1016/j.crad.2013.10.014.
9. Nezhat C, Lindheim SR, Backhus L, et al. Thoracic Endometriosis Syndrome: A Review of Diagnosis and Management. *JSLS*. 2019;23(3):e2019.00029. doi:10.4293/JSLS.2019.00029.
10. McKee DC, Mansour T, Wasson MN. Thoracic and diaphragmatic endometriosis: an overview of diagnosis and surgical treatment. *Curr Opin Obstet Gynecol*. 2022;34(4):204-209. doi:10.1097/GCO.0000000000000792.
11. Chaturvedi A, Lee S, Klionsky N, Chaturvedi A. Demystifying the persistent pneumothorax: role of imaging. *Insights Imaging*. 2016;7(3):411-429. doi:10.1007/s13244-016-0486-5.
12. Takada K, Matsumoto S, Hiramatsu T, et al. Spontaneous pneumomediastinum: an algorithm for diagnosis and management. Ther Adv Respir Dis. 2009;3(6):301-307. doi:10.1177/1753465809350888.
13. Dirweesh A, Alvarez C, Khan M, Christmas D. Spontaneous pneumomediastinum in a healthy young female: A case report and literature review. Respir Med Case Rep. 2017;20:129-132. Published 2017 Feb 6. doi:10.1016/j.rmcr.2017.01.014.
14. Magouliotis DE, Sgantzou I, Salemis NS, et al. Pneumomediastinum: Experience with 87 Patients. Acta Med Acad. 2023;52(2):88-94. doi:10.5644/ama2006-124.408.
15. Morgan CT, Maloney JD, Decamp MM, McCarthy DP. A narrative review of primary spontaneous pneumomediastinum: a poorly understood and resource-intensive problem. J Thorac Dis. 2021;13(6):3721-3730. doi:10.21037/jtd-21-193.
16. Okada M, Adachi H, Shibuya Y, Ishikawa S, Hamabe Y. Diagnosis and treatment of patients with spontaneous pneumomediastinum. Respir Investig. 2014;52(1):36-40. doi:10.1016/j.resinv.2013.06.001.
17. Alemu BN, Yeheyis ET, Tiruneh AG. Spontaneous primary pneumomediastinum: is it always benign?. J Med Case Rep. 2021;15(1):157. Published 2021 Mar 25. doi:10.1186/s13256-021-02701-z.
18. Caceres M, Ali SZ, Braud R, Weiman D, Garrett HE Jr. Spontaneous pneumomediastinum: a comparative study and review of the literature. Ann Thorac Surg. 2008;86(3):962-966. doi:10.1016/j.athoracsur.2008.04.067.
19. Kaneki T, Kubo K, Kawashima A, Koizumi T, Sekiguchi M, Sone S. Spontaneous pneumomediastinum in 33 patients: yield of chest computed tomography for the diagnosis of the mild type. Respiration. 2000;67(4):408-411. doi:10.1159/000029539.
20. Susai CJ, Banks KC, Alcasid NJ, Velotta JB. A clinical review of spontaneous pneumomediastinum. Mediastinum. 2023;8:4. Published 2023 Oct 27. doi:10.21037/med-23-25.
21. Wald L, Yergin C, Petroze R, Larson S, Islam S. The unnecessary workups and admissions of adolescents and young adults with spontaneous pneumomediastinum. Sci Rep. 2024;14(1):4501. Published 2024 Feb 24. doi:10.1038/s41598-024-55134-1.
22. Baumann MH, Strange C, Heffner JE, et al. Management of spontaneous pneumothorax: an American College of Chest Physicians Delphi consensus statement. Chest. 2001;119(2):590-602. doi:10.1378/chest.119.2.590.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

23. Mendogni P, Vannucci J, Ghisalberti M, et al. Epidemiology and management of primary spontaneous pneumothorax: a systematic review. Interact Cardiovasc Thorac Surg. 2020;30(3):337-345. doi:10.1093/icvts/ivz290.
24. Barton EC, Maskell NA, Walker SP. Expert Review on Spontaneous Pneumothorax: Advances, Controversies, and New Directions. Semin Respir Crit Care Med. 2023;44(4):426-436. doi:10.1055/s-0043-1769615.
25. Tschopp JM, Bintcliffe O, Astoul P, et al. ERS task force statement: diagnosis and treatment of primary spontaneous pneumothorax. Eur Respir J. 2015;46(2):321-335. doi:10.1183/09031936.00219214.
26. Noppen M. Spontaneous pneumothorax: epidemiology, pathophysiology and cause. Eur Respir Rev. 2010;19(117):217-219. doi:10.1183/09059180.00005310.
27. Roberts ME, Rahman NM, Maskell NA, et al. British Thoracic Society Guideline for pleural disease. Thorax. 2023;78(Suppl 3):s1-s42. doi:10.1136/thorax-2022-219784.
28. Boone PM, Scott RM, Marciniak SJ, Henske EP, Raby BA. The Genetics of Pneumothorax. Am J Respir Crit Care Med. 2019;199(11):1344-1357. doi:10.1164/rccm.201807-1212CI.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Mediastinal Mass (CH-20)

Guideline

Mediastinal Mass (CH-20.1)
References (CH-20)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Mediastinal Mass (CH-20.1)

CH.MM.0020.1.A

v1.1.2025

- CT Chest with contrast (CPT® 71260) or CT Chest without contrast (CPT® 71250) or MRI Chest without and with contrast (CPT® 71552) or MRI Chest without contrast (CPT® 71550), to evaluate mediastinal abnormalities, may include, but not limited to mediastinal cyst including bronchogenic, thymic, pericardial or esophageal, seen on chest x-ray or other non-dedicated chest imaging.
- MRI Chest without and with contrast (CPT® 71552) or MRI Chest without contrast (CPT® 71550) can be considered for indeterminate mediastinal mass on CT Chest.
  - Lesions that remain indeterminate on MRI, if biopsy is not performed, surveillance imaging could be performed at 3-12 month intervals over 2 years or more with MRI Chest, depending upon level of clinical concern.
- FDG PET/CT offers limited additional value beyond that of conventional CT in the initial assessment of mediastinal mass(es), with the exception of primary mediastinal lymphoma. See **Non-Hodgkin Lymphomas (ONC-27)** or **Hodgkin Lymphoma (ONC-28)** in the Oncology Imaging Guidelines. A positive FDG PET/CT has little value for discrimination between benign and malignant lesions. A negative FDG PET/CT does not prevent serial CT/MRIs, due to appreciable false negative rate.
  - MRI Chest without and with contrast (CPT® 71552) or MRI Chest without contrast (CPT® 71550) can be considered for indeterminate mediastinal mass on FDG PET/CT
- CT Chest with contrast (CPT® 71260), or CT Chest without contrast (CPT® 71250) or MRI Chest without and with contrast (CPT® 71552), or MRI Chest without contrast (CPT® 71550) for subsequent evaluations if:
  - new signs or symptoms, or
  - preoperative assessment
- For Adenopathy; See **Lymphadenopathy (CH-2).**
- For Goiter; See **Thyroid Nodule (NECK-8.1)** in the Neck Imaging Guidelines.
- For Myasthenia Gravis; See **Neuromuscular Junction Disorders (PN-6.1)** in the Peripheral Nerve Disorders Imaging Guidelines.

Evidence Discussion

Mediastinal nodules or masses may present as incidental findings on chest radiographs and cross-sectional imaging. Alternatively, they may be found during the evaluation of symptoms and signs that include chest pain, cough, dyspnea, dysphagia, cardiac tamponade, diaphragmatic paralysis, central venous thrombosis, superior vena cava syndrome, B-symptoms (in lymphoma), myasthenia gravis, and other paraneoplastic syndromes. The incidence rate is low with a reported prevalence of 0.73-4%. The most

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

frequent lesions encountered in the mediastinum are thymoma, neurogenic tumours and benign cysts (English,2020;Juanpere,2013)

CT is superior to chest radiography for detection of invasion of the mass across tissue planes, secondary to its higher contrast resolution. Anterior mediastinal tumors account for 50% of all mediastinal masses. CT has the ability to show the precise location, morphology, and pattern of contrast enhancement of an anterior mediastinal mass as well as its relationship to other mediastinal components or borders. (English,2020;Juanpere,2013)

MRI remains superior to CT for detection of invasion of the mass across tissue planes, including the chest wall and diaphragm, and involvement of neurovascular structures secondary to its higher soft-tissue contrast. MRI allows further tissue characterization of mediastinal masses beyond that of CT and FDG-PET/CT. Chemical-shift MRI has been shown to be useful in distinguishing normal thymus and thymic hyperplasia from thymic neoplasms and lymphoma. It can also prove the cystic nature of an indeterminate, non–water attenuation thymic mass on CT, preventing unnecessary biopsy and thymectomy. (English,2020;Juanpere,2013)

(FDG)-PET/CT offers limited additional value beyond that of conventional CT in the initial assessment of mediastinal masses, with the exception of its use for primary mediastinal lymphoma staging and surveillance and detection of metastatic lymphadenopathy. A positive FDG-PET/CT has little value for discrimination between benign and malignant lesions.(English,2020)

It is reasonable to perform a chest radiograph as an initial imaging step. Chest radiography can help localize a mass to a specific mediastinal compartment and thereby narrow the differential diagnosis. Chest radiography offers limited assistance regarding tissue characterization of mediastinal masses, with the exception of its occasional demonstration of calcium within a lesion.(English,2020)

There is little relevant literature to support the use of ultrasound (US) in the initial evaluation of a clinically suspected mediastinal mass.(English,2020)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (CH-20)

v1.1.2025

1. Kuhlman JE, Bouchardy L, Fishman EK, Zerhouni EA. CT and MR imaging evaluation of chest wall disorders. *Radiographics.* 1994;14(3):571-595. doi:10.1148/radiographics.14.3.8066273.
2. Juanpere S, Cañete N, Ortuño P, Martínez S, Sanchez G, Bernado L. A diagnostic approach to the mediastinal masses. *Insights Imaging*. 2013;4(1):29-52. doi:10.1007/s13244-012-0201-0.
3. Komanapalli C, Schipper P, Sukumar M. Pericardial Cyst. October 2022. doi:10.25373/ctsnet.21280404.
4. Expert Panel on Thoracic Imaging, Ackman JB, Chung JH, et al. ACR Appropriateness Criteria® Imaging of Mediastinal Masses. *J Am Coll Radiol*. 2021;18(5S):S37-S51. doi:10.1016/j.jacr.2021.01.007.
5. Proli C, De Sousa P, Jordan S, et al. A diagnostic cohort study on the accuracy of 18-fluorodeoxyglucose (^{18}FDG) positron emission tomography (PET)-CT for evaluation of malignancy in anterior mediastinal lesions: the DECiMaL study. *BMJ Open*. 2018;8(2):e019471. doi:10.1136/bmjopen-2017-019471.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Chest Trauma (CH-21)

Guideline

Chest Trauma (CH-21.1)
References (CH-21)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Chest Trauma (CH-21.1)

CH.CT.0021.1.A
v1.1.2025

- Chest x-ray initially.
  - CT Chest without contrast (CPT® 71250) or with contrast (CPT® 71260) for the following situations:[1]
    - Rib[1] or Sternal[2] Fracture:
      - With associated complications identified clinically or by other imaging, including pneumothorax, hemothorax, pulmonary contusion, atelectasis, flail chest, cardiovascular injury and/or injuries to solid or hollow abdominal organs.[1]
      - Uncomplicated, single fractures, multiple fractures, non-acute fractures, or occult rib fractures are NOT an indication for CT Chest unless malignancy is suspected as the etiology.[1]
    - Routine follow-up advanced imaging of rib or sternal fractures is not indicated.[1]
- CT Chest without contrast (CPT® 71250) or Tc-99m bone scan whole body (CPT® 78306) for suspected pathological rib fractures, with or without a history of trauma.[1]
- Clavicle Fractures:
  - CT Chest with contrast (CPT® 71260) or CT Chest without contrast (CPT® 71250) or MRI Chest without and with contrast (CPT® 71552) or MRI Chest without contrast (CPT® 71550) for proximal (medial) 1/3 fractures or sternoclavicular dislocations.[3]
  - X-ray is adequate for evaluation of middle and distal 1/3 fractures.[3]
- No advanced imaging of the abdomen or pelvis is indicated when there is chest trauma and no physical examination or laboratory evidence of abdominal and/or pelvic injury.

Evidence Discussion

- Chest x-ray, in combination with physical exam, is the appropriate initial diagnostic modality in those with suspected rib or sternal fracture after chest trauma. Although chest x-ray has low sensitivity (approximately 50%) for detection of rib fracture (Expert Panel on Thoracic Imaging,2019) it has the benefit of being widely and readily available and able to detect complications that may require additional imaging such as pneumo- or hemothorax and pulmonary contusions.(Expert Panel on Thoracic Imaging,2019; Lewis,2021) In addition, failure to detect rib fractures in uncomplicated cases does not significantly alter the patient management or outcomes. A study by Bansidhar et al. showed no difference in treatment in patient with minor chest trauma who did and did not have rib fractures diagnosed either clinically or radiographically.(Expert Panel on Thoracic Imaging,2019) Therefore in

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

uncomplicated cases additional advanced imaging is not indicated. Rodriguez et al. demonstrated that yield for CT of thoracic injury with major clinical significance after a normal chest x-ray is 1.5% (Rodriguez,2014) and would only detect one major injury for every 67 studies.(Rodriguez,2017)

- In cases where complications are identified clinically or by other imaging, additional imaging with CT chest is merited. CT does have higher sensitivity for detection of rib fractures (Expert Panel on Thoracic Imaging,2019) and in the detection and extent of pulmonary injuries.(Lewis,2021) It also may be useful in differentiating blunt cardiac injury from acute myocardial infarction. (Clancy,2012) However, CT does carry with it the risk of contrast related renal injury and allergic reactions.(Rodriguez,2017) It also exposes the patient to a greater amount of ionizing radiation than a chest x-ray and subsequent increased risk of induced cancers.(Rodriguez,2017) It is estimated that undergoing chest CT will result in one radiation induced cancer per every 720 40-year-old females and 1,538 40-year-old males. (Rodriguez,2017)
- If a pathological rib fracture is suspected imaging with either a CT chest or Tc-99m bone scan is warranted. CT may be helpful in differentiating primary tumor from metastasis and may aid in detection of the primary malignancy. (Expert Panel on Thoracic Imaging,2019) Tc-99mm bone scan has low specificity but high sensitivity (>95%) for detection of pathologic rib fractures. (Expert Panel on Thoracic Imaging,2019)
- Medial clavicular fractures are rare (<5% of cases) (Flores,2020)and may necessitate additional imaging with CT or MRI for evaluation. Midshaft and distal clavicular fractures are usually sufficiently evaluated by x-ray. (Flores,2020; Throckmorton,2007)
- Chest x-ray has poor sensitivity for identification of sternoclavicular dislocations. Given the risk for complications such as pneumothorax in posterior displacement advanced imaging may be required. CT is advantageous as it has superior image resolution. It also allows for 3D reconstruction to determine exact position of the sternoclavicular joint. MRI can also be utilized but it has poorer resolution than CT. However, it may be advantageous for evaluation of soft tissue conditions or ligamentous injury. (Morell,2016)
- Isolated chest injury without signs or symptoms of abdominal or pelvic injury does not support advanced imaging of the abdomen or pelvis. If abdominal or pelvic injury is suspected imaging is as dictated elsewhere in these guidelines.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (CH-21)

v1.1.2025

1. Expert Panel on Thoracic Imaging:, Henry TS, Donnelly EF, et al. ACR Appropriateness Criteria® Rib Fractures. *J Am Coll Radiol*. 2019;16(5S):S227-S234. doi:10.1016/j.jacr.2019.02.019.
2. Clancy K, Velopulos C, Bilaniuk JW, et al. Screening for blunt cardiac injury: an Eastern Association for the Surgery of Trauma practice management guideline. *J Trauma Acute Care Surg.* 2012;73(5 Suppl 4):S301-S306. doi:10.1097/TA.0b013e318270193a.
3. Throckmorton T, Kuhn JE. Fractures of the medial end of the clavicle. *J Shoulder Elbow Surg.* 2007;16(1):49-54. doi:10.1016/j.jse.2006.05.010.
4. Lewis BT, Herr KD, Hamlin SA, et al. Imaging Manifestations of Chest Trauma. Radiographics. 2021;41(5):1321-1334. doi:10.1148/rg.2021210042.
5. Rodriguez RM, Baumann BM, Raja AS, et al. Diagnostic yields, charges, and radiation dose of chest imaging in blunt trauma evaluations. Acad Emerg Med. 2014;21(6):644-650. doi:10.1111/acem.12396.
6. Rodriguez RM, Hendey GW, Mower WR. Selective chest imaging for blunt trauma patients: The national emergency X-ray utilization studies (NEXUS-chest algorithm). Am J Emerg Med. 2017;35(1):164-170. doi:10.1016/j.ajem.2016.10.066.
7. Flores DV, Goes PK, Gómez CM, Umpire DF, Pathria MN. Imaging of the Acromioclavicular Joint: Anatomy, Function, Pathologic Features, and Treatment. Radiographics. 2020;40(5):1355-1382. doi:10.1148/rg.2020200039.
8. Morell DJ, Thyagarajan DS. Sternoclavicular joint dislocation and its management: A review of the literature. World J Orthop. 2016;7(4):244-250. Published 2016 Apr 18. doi:10.5312/wjo.v7.i4.244.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Chest Wall Mass (CH-22)

Guideline

Chest Wall Mass (CH-22.1)
References (CH-22)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Chest Wall Mass (CH-22.1)

CH.CM.0022.1.A

v1.1.2025

- Chest x-ray is useful in the workup of a soft-tissue mass and is almost always indicated as the initial imaging study.[1]
  - Chest ultrasound (CPT® 76604) may be useful as an initial imaging study in the setting of a suspected superficial or subcutaneous lipoma. This modality may also be valuable in differentiating cystic from solid lesions and has also been used to assess the vascularity of lesions.[1]
  - Following a non-diagnostic Chest x-ray that does not show an obvious lipoma(s) or clearly benign entity (see **Soft Tissue Mass or Lesion of Bone (MS-10)** in the Musculoskeletal Imaging Guidelines), the following may be appropriate:[1,2]
    - MRI Chest without and with contrast (CPT® 71552) or
    - MRI Chest without contrast (CPT® 71550) or when MRI is contraindicated,
    - CT Chest with contrast (CPT® 71260)

Evidence Discussion

Radiography is usually the appropriate initial imaging study for both superficial and non-superficial soft tissue masses. Radiography can help identify calcifications, bone involvement, intrinsic fat and unsuspected skeletal abnormality or deformity. In general, radiographic findings related to a soft tissue mass can provide helpful insight in determining the next most appropriate imaging modality for further characterization.[1, 2]Non-contrast enhanced ultrasound is also an excellent triage tool for evaluating superficial soft tissue masses like superficial lipomas.[1]

MRI without and with IV contrast is usually appropriate as the next imaging study for a soft tissue mass following non-diagnostic radiographs or non-contrast enhanced ultrasound.[1, 2]

MRI helps to define intrinsic tumor characterization, vascular structures, neurovascular involvement, hemorrhage, edema and tumor necrosis. MRI without IV contrast may be beneficial compared with CT but use of MR contrast improves the differentiation of benign from malignant soft tissue masses[1, 2]. At least 20% to 25% of soft tissue masses can demonstrate features that allow for confident diagnosis based on MRI alone many of which are benign and thus would not warrant biopsy.[1]

When MRI is contraindicated, CT with IV contrast is usually appropriate following non-diagnostic radiograph or ultrasound.

CT with IV contrast is useful in distinguishing vascularized from potentially necrotic regions of a tumor or calcification. CT without IV contrast is usually not beneficial.[1, 2]

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Background and Supporting Information

- Chest x-rays of chest wall masses can detect calcification, ossification, or bone destruction as well as location and size.[1,2]
- CT Chest without contrast is usually not beneficial in the evaluation of a soft tissue mass. With modern CT technology, calcification can usually be distinguished from vascular enhancement on contrast enhanced scan. In the evaluation of suspected tumors, contrast imaging is especially useful in distinguishing vascularized from potentially necrotic regions of the tumor.[1]

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (CH-22)

v1.1.2025

1. Expert Panel on Musculoskeletal Imaging, Garner HW, Wessell DE, et al. ACR Appropriateness Criteria® Soft Tissue Masses: 2022 Update. *J Am Coll Radiol*. 2023;20(5S):S234-S245. doi:10.1016/j.jacr.2023.02.009
2. Expert Panel on Musculoskeletal Imaging, Bestic JM, Wessell DE, et al. ACR Appropriateness Criteria® Primary Bone Tumors. *J Am Coll Radiol*. 2020;17(5S):S226-S238. doi:10.1016/j.jacr.2020.01.038

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Pectus Excavatum and Pectus Carinatum (CH-23)

Guideline

Pectus Excavatum and Carinatum (CH-23.1)
References (CH-23)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Pectus Excavatum and Carinatum (CH-23.1)

CH.EC.0023.1.U

v1.1.2025

- CT Chest without contrast (CPT® 71250) or MRI Chest without and with contrast (CPT® 71552) and 3-D reconstruction (CPT® 76377 or CPT® 76376) if:
  - Candidates for surgical correction.[1,2]
  - Cardiac or pulmonary dysfunction has been identified[1,2]
    - ECG and echocardiography if cardiac symptoms or evidence of cardiac function abnormalities.
    - Chest x-ray and PFT's if increasing shortness of breath.[1]

Background and Supporting Information

- Chest measurements derived from CT Chest, such as the Haller Index or the correction index, are helpful to the thoracic surgeon in pre-operative assessment of chest wall deformities to assess for the appropriateness of operative repair prior to the development of symptomatic pectus deformities.
- The Haller index is calculated using the width of the chest divided by the distance between the posterior surface of the sternum and the anterior surface of the spine. A Haller index score is normal at 2.5 to 2.7 and severe at 3.25 or greater. The correction index uses an equation of (b−a)/b×100, in which a is the minimum distance between the anterior spine and the posterior surface of the sternum, and b is the maximum distance between the anterior spine and most anterior internal rib. It yields a percentage that the chest would need to be corrected to achieve normal dimensions, with a normal level being 10% or less.[3]
- Some have suggested that a CXR can replace the CT Chest for Haller Index calculation with a strong correlation and high diagnostic accuracy.[4]
- Expert consensus from The Society of Thoracic Surgeons 2023, recommended that a comprehensive evaluation with spirometry, ECG, and echocardiography be done with any cardio-pulmonary complaint. The Haller index, correction index, pulmonary compression or failed previous repair, in and of itself, was not an indication for surgery. Corrective surgery indications for those with severe pectus excavatum included; progression of deformity, presence of cardio-pulmonary symptoms, mitral valve prolapse, arrhythmia, significant body image disturbances, abnormal PFTs, abnormal cardiac function test or the presence of cardiac compression on imaging, (echo or CT).[5]

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (CH-23)

v1.1.2025

1. Marcovici PA, LoSasso BE, Kruk P, Dwek JR. MRI for the evaluation of pectus excavatum. *Pediatr Radiol. 2011*;41(6):757-758. doi:10.1007/s00247-011-2031-5.
2. Goretsky MJ, Kelly RE Jr, Croitoru D, Nuss D. Chest wall anomalies: pectus excavatum and pectus carinatum. *Adolesc Med Clin*. 2004;15(3):455-471. doi:10.1016/j.admecli.2004.06.002.
3. Abid I, Ewais MM, Marranca J, Jaroszewski DE. Pectus Excavatum: A Review of Diagnosis and Current Treatment Options. *J Am Osteopath Assoc*. 2017;117(2):106-113. doi:10.7556/jaoa.2017.021.
4. Scalise PN, Demehri FR. The management of pectus excavatum in pediatric patients: a narrative review. *Transl Pediatr*. 2023;12(2):208-220. doi:10.21037/tp-22-361.
5. Janssen N, Daemen JHT, van Polen EJ, et al. Pectus Excavatum: Consensus and Controversies in Clinical Practice. *Ann Thorac Surg*. 2023;116(1):191-199. doi:10.1016/j.athoracsur.2023.02.059.
6. Coorens NA, Janssen N, Daemen JHT, et al. Advancements in preoperative imaging of pectus excavatum: a comprehensive review. J Thorac Dis. 2024;16(1):696-707. doi:10.21037/jtd-23-662.
7. Sun J, Chen C, Peng Y, et al. Comparison of magnetic resonance imaging and computed tomography to measure preoperative parameters of children with pectus excavatum. Pediatr Investig. 2019;3(2):102-109. Published 2019 Jun 25. doi:10.1002/ped4.12132.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Pulmonary Arteriovenous Fistula (AVM) (CH-24)

Guideline

Pulmonary AVM (CH-24.1)
References (CH-24)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Pulmonary AVM (CH-24.1)

CH.AV.0024.1.A

v1.1.2025

- CT Chest with contrast (CPT® 71260), CT Chest without contrast (CPT® 71250), CTA Chest (preferred modality for pre-intervention planning) (CPT® 71275), or MRA Chest (CPT® 71555) for evaluation of:[1,2,3,5,6,7]
  - suspected pulmonary AVM, including individuals with HHT (Hereditary Hemorrhagic Telangiectasia) or who have a first degree relative with HHT[4,5]
  - first degree relatives of an individual with a primary pulmonary AVM
  - evaluation of individuals with paradoxical embolus/stroke and no evidence of patent foramen ovale on echocardiogram
  - follow-up of treated AVM's at 6 months post embolization and then every 3-5 years[4]
  - follow-up of untreated AVM's to be determined by treating physician but no more than annually. Usually the interval is 3-5 years due to the slow-growth nature of PAVM's[4]
  - treated or untreated PAVM's with recurrent symptoms[4]

Evidence Discussion

Chest x-ray is the most appropriate initial imaging exam with presentation of hypoxemia or hemoptysis but it does have low sensitivity for pulmonary arteriovenous malformation (PAVM).(Hanley,2016)

CT chest is the test of choice for diagnosing a PAVM. Contrast may be considered for an atypical nodule/soft tissue lesion on CT chest without contrast and suspicion for a PAVM. CTA chest is the gold standard for defining the vascular anatomy of a previously identified PAVM. It is not routinely used for diagnosis except in the setting of concomitant embolization therapy, diagnostic uncertainty, or pre-intervention planning.(Hanley,2016) MRA chest avoids ionizing radiation but is not as sensitive or specific as CT for the diagnosis of PAVM and has limitations detecting PAVM < 5 mm.(Hanley,2016) It has a potential role in younger people with Hereditary Hemorrhagic Telangiectasia (HHT) who may require lifelong surveillance.(Hanley,2016)

CT chest without contrast may be done to screen for PAVM in people with possible or confirmed Hereditary Hemorrhagic Telangiectasia (HHT). (Faughnan,2020;Faughnan,2011) A negative CT chest with or without contrast helps to exclude a clinically significant PAVM.(Shovlin,2017)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Background and Supporting Information

- Pulmonary AVMs are abnormal connections between pulmonary arteries and veins, usually found in the lower lobes, that can be either primary (such as in individuals with HHT) or acquired (such as trauma, bronchiectasis). They can be identified in up to 98% of chest x-rays by a peripheral, circumscribed, non-calcified lesion connected by blood vessels to the hilum of the lung. Treatment is often by surgery or embolization of the feeding artery using platinum coils or detachable balloons.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (CH-24)

v1.1.2025

1. De Cillis E, Burdi N, Bortone AS, et al. Endovascular treatment of pulmonary and cerebral arteriovenous malformations in patients affected by hereditary haemorrhagic teleangiectasia. *Curr Pharm Des*. 2006;12(10):1243-1248. doi:10.2174/138161206776361237
2. Gossage JR, Kanj G. Pulmonary arteriovenous malformations. A state of the art review. *Am J Respir Crit Care Med*. 1998;158(2):643-661. doi:10.1164/ajrccm.158.2.9711041
3. Lee EY, Boiselle PM, Cleveland RH. Multidetector CT evaluation of congenital lung anomalies. *Radiology*. 2008;247(3):632-648. doi:10.1148/radiol.2473062124
4. Faughnan ME, Palda VA, Garcia-Tsao G, et al. International guidelines for the diagnosis and management of hereditary haemorrhagic telangiectasia. *J Med Genet*. 2011;48(2):73-87. doi:10.1136/jmg.2009.069013
5. Faughnan ME, Mager JJ, Hetts SW, et al. Second International Guidelines for the Diagnosis and Management of Hereditary Hemorrhagic Telangiectasia. *Ann Intern Med*. 2020;173(12):989-1001. doi:10.7326/M20-1443
6. Shovlin CL, Condliffe R, Donaldson JW, Kiely DG, Wort SJ; British Thoracic Society Clinical Statement on Pulmonary Arteriovenous Malformations. *Thorax*. 2017;72(12):1154-1163. doi:10.1136/thoraxjnl-2017-210764
7. Hanley M, Ahmed O, Chandra A, et al. ACR Appropriateness Criteria® Clinically Suspected Pulmonary Arteriovenous Malformation. *J Am Coll Radiol*. 2016;13(7):796-800. doi:10.1016/j.jacr.2016.03.020

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Pulmonary Embolism (PE) (CH-25)

Guideline

Pulmonary Embolism (CH-25.1)
References (CH-25)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Pulmonary Embolism (CH-25.1)

CH.PE.0025.1.A
v1.1.2025

- CT Chest with contrast with PE protocol (CPT® 71260) or CTA Chest (CPT® 71275) if at least one symptom, clinical/laboratory finding or risk factor from each of the lists below are present.
  - With any ONE of the 3:[6,7,8]
    - Dyspnea, new onset and otherwise unexplained;
    - Chest pain, pleuritic;
    - Tachypnea
  - AND, with any ONE of the 3:[6,7,8]
    - Abnormal **D-dimer** test;
    - Wells Criteria score* higher than 4 points;
    - One risk factor** or symptom** of new onset demonstrating high clinical probability of PE

RISK FACTORS**[6,7,8]	SYMPTOMS ATTRIBUTED TO PE**[6,7,8]
Immobilization at least 3 days or surgery in last 4 weeks or recent trauma	Signs or symptoms of DVT
Previous history of DVT or PE	Hemoptysis
Cancer actively treated in last 6 months or receiving palliative treatment	Right heart strain or failure
Recent history of a long airplane flight	Systolic BP <90
Use of estrogen-based contraceptives (birth control pills, the patch, and vaginal ring)/Oral estrogen[1]	Syncope
Advanced age (≥70)	Cough
Congestive heart failure	Heart Rate >100
Obesity (BMI ≥35)	Palpitations

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

RISK FACTORS**[6,7,8]	SYMPTOMS ATTRIBUTED TO PE**[6,7,8]
Suspicion or diagnosis of COVID-19	

Well's Criteria for Clinical Probability of PE*[6]	
Clinical signs/symptoms of DVT (at minimum: leg swelling and pain with palpation of the deep veins)	3
PE is likely or equally likely diagnosis	3
Heart rate >100	1.5
Immobilization at least 3 days or surgery in last 4 weeks	1.5
Previous history of DVT or PE	1.5
Hemoptysis	1
Cancer actively treated in last 6 months or receiving palliative treatment	1
Calculate Probability: Low <2 Moderate 2 to 6 High >6	
Using the above criteria, only 3% of individuals with a low pretest probability had PE versus 63% of those with a high pretest probability.	

- Non-urgent cases which do not meet above 2-step criteria, should undergo prior to advanced imaging:[9]
  - Chest x-ray (to rule out other causes of acute chest pain)
  - Primary cardiac and pulmonary etiologies should be eliminated
- Pregnancy is a risk factor for thrombo-embolic events in and of itself. Additional risk factors are not required. Pregnant individuals with suspected PE are suggested to proceed with:[11,12,13]
  - If signs/symptoms of DVT are present, Doppler studies of the lower extremities (CPT® 93970 bilateral study or CPT® 93971 unilateral study) should be performed.
  - If no signs/symptoms of DVT, then chest x-ray should be done first.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

  - If chest x-ray is normal, then V/Q scan (CPT® 78580 or CPT® 78582) (preferred test), or CTA Chest (CPT® 71275) or CT Chest with contrast with PE protocol (CPT® 71260)[1]
  - If chest x-ray is abnormal or after non-diagnostic V/Q scan or if V/Q scanning is not readily available, then CTA Chest (CPT® 71275) or CT Chest with contrast with PE protocol (CPT® 71260).
- Ventilation-perfusion scans, also called V/Q, scans (CPT® 78580-Pulmonary Perfusion Imaging; CPT® 78582-Pulmonary Ventilation (e.g., Aerosol or Gas) and Perfusion Imaging) or SPECT/CT (CPT® 78830):[15]
  - Is not a replacement for CTA Chest[9]
  - Can be considered in any of the following:
    - Suspected pulmonary embolism if there is a contraindication to CT or CTA Chest (ventilation-perfusion scans CPT® 78582)
    - Suspected pulmonary embolism when a chest x-ray is negative and CTA Chest is not diagnostic (CPT® 78580 or CPT® 78582)
    - Follow-up of an equivocal or positive recent ventilation-perfusion lung scan to evaluate for interval change (CPT® 78580)
    - Suspected Chronic thromboembolic disease or Chronic thromboembolic pulmonary hypertension*, usually after 3 months of effective anticoagulation[14]
- Follow-up imaging in stable or asymptomatic individuals with known PE is not warranted[2,3,4,10]
- Follow-up imaging with CT Chest with contrast with PE protocol (CPT® 71260) or CTA Chest (CPT® 71275) for ANY of the following indications:
  - Recurrent or persistent signs or symptoms such as dyspnea, particularly if present after 3 months of anticoagulation, or
  - Elevated D-dimer which is persistent or recurrently elevated, or
  - Right heart strain or failure identified by EKG, ECHO or heart catheterization
- *Pulmonary Artery Hypertension (PAH) - See **Pulmonary Artery Hypertension (PAH) – Indications (CD-8.1)** in the Cardiac Imaging Guidelines

Evidence Discussion

Symptoms and signs of pulmonary embolus (PE) are nonspecific and common; therefore, knowing whom to test for PE is challenging.(Kahn,2022) In North America, PE is diagnosed in only 5% of people tested for it.(Konstantinides,2019) Chest x-ray (CR) is nonspecific but may rule out other causes of dyspnea and chest pain. (3) Avoiding the overuse of imaging tests is important, given the potential harms of radiation exposure, high costs and complications. The pretest clinical probability has an important effect on the predictive value of CT pulmonary angiography (CTPA). (Konstantinides,2019) Determining the clinical pretest probability of PE depends on clinical judgment, which lacks standardization and is subjective, or prediction rules.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

(Konstantinides,2019;Ishaaya,2020) Kahn et al recommend diagnostic imaging in those with a likelihood of PE greater than or equal to 15%, based on the "implicit sense" of the clinician, and either a structured clinical probability score (Wells, Revised or Simplified Geneva score) or a D-dimer above a pre-specified threshold.(Kahn,2022) Other experts recommend that imaging be done in those with a high pretest probability based on empirical clinical judgment or a prediction rule and in those with a low/ intermediate pretest probability and a positive D-dimer.(Konstantinides,2019,Expert Panel on Cardiac Imaging,2019) Imaging can be avoided in people with both a structured clinical probability score at or below the given cutoff and a D-dimer below the given cutoff value.(Kahn,2022) Imaging is likewise not appropriate in those with a low/ intermediate pretest probability based on clinical judgement and a normal D-dimer. (Konstantinides,2019,Expert Panel on Cardiac Imaging,2019)

CTPA is highly sensitive and specific and is the imaging method of choice for suspected PE.(Kahn,2022;Konstantinides,2019;Expert Panel on Cardiac Imaging,2019;Ishaaya,2020) It may also demonstrate other potential causes of the presenting symptoms. CTPA is a CT angiogram with intravenous (IV) contrast. The timing of the scan is tailored so that contrast enhances the pulmonary arterial system to identify potential filling defects. CT with contrast is usually not appropriate. According to the American College of Radiology, when IV contrast is given during CT acquisition for suspected PE, the study should be performed as a CTPA.(Expert Panel on Cardiac Imaging,2019)

Planar V/Q may preferentially be used in outpatients with a low clinical probability of PE and normal CR, in young (especially female) patients, pregnant women and patients with a history of contrast allergy or renal failure.(Konstantinides,2019) The proportion of diagnostic V/Q scans is higher in patients with a normal CXR. A normal V/Q scan has a high negative predictive value, but there is a high proportion of non-diagnostic scans and it cannot provide alternative diagnoses.(Expert Panel on Cardiac Imaging,2019) Abnormal regional lung perfusion may suggest PE but is not specific and requires correlation with ventilation studies or other imaging. Investigators have studied single-photon emission CT (SPECT) to improve the sensitivity and specificity of V/Q scans. Kahn et al state that V/Q SPECT is a low radiation option to minimize lung and breast tissue irradiation in younger patients.(Kahn,2022) Some authors believe that V/Q SPECT should be the preferred study in the evaluation of suspected PE.(Currie,2023) However, large scale prospective trials are needed to validate SPECT techniques before its widespread incorporation into diagnostic algorithms. (Konstantinides,2019;Parker,2012)

A normal perfusion scan and a negative CTPA appear equally safe for ruling out PE in pregnancy.(Konstantinides,2019) There is debate regarding which is the first test of choice. CTPA is more expensive and exposes the pregnant woman to more radiation than the fetus; V/Q scans have low radiation and no contrast-related side effects. (Kalaitzopoulos,2022) A compression duplex ultrasound of the lower extremity should be

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

performed if there are symptoms/signs of a DVT. If a DVT is diagnosed, anticoagulation can be administered without further imaging. A CXR is usually appropriate. An alternative diagnosis may be found, and it can inform the choice between CTPA and a V/Q scan as the next test when there is no clinical evidence of a DVT.(Expert Panel on Cardiac Imaging,2019) If there is no DVT and a CXR is normal, CTPA or a perfusion scan is appropriate. If the perfusion scan is normal, a ventilation scan may not be needed. If the CXR is abnormal, alternative causes have been considered and PE is still suspected, CTPA should be done.(Konstantinides,2019)

Acute PE is treated for at least 3 months with anticoagulation. Whether anticoagulation is stopped after 3 months or continued indefinitely depends on whether the reduced risk of recurrent venous thromboembolism (VTE) outweighs the increased risk of bleeding.(Konstantinides,2019) The risk of recurrent VTE after stopping anticoagulation is related to the risk factor category for the index PE/VTE event. There are many genetic and acquired risk factors for VTE associated with a low, intermediate or high risk of recurrence.(Konstantinides,2019;Ishaaya,2020)

Patency of the pulmonary arterial bed is restored in the majority of people within the first few months, and no routine CTPA imaging is needed.(Konstantinides,2019) Konstantinides et al recommend a transthoracic echocardiogram in those with dyspnea or functional limitation at follow up. If the probability of pulmonary hypertension is felt to be high, planar V/Q is considered the first line imaging test for suspected chronic thromboembolic pulmonary hypertension (CTEPH). CTPA should not be used as a stand alone test to rule out CTEPH. The diagnosis is based upon measurements made during right heart catheterization and mismatched perfusion defects on V/Q scan more than 3 months after an acute PE.(Konstantinides,2019)

Background and Supporting Information

- Pulmonary embolism is found in approximately 10% of all those that present with suspicion of PE. Dyspnea, pleuritic chest pain and tachypnea occur with about 50% incidence with leg swelling or pain just over 50%.
- D-dimer level has a high sensitivity and low specificity for diagnosing PE.
  - A negative D-dimer in combination with low or moderate PE risk classification has a negative predictive value approaching 100%.
  - D-dimer can be falsely elevated with recent surgery, injury, malignancy, sepsis, diabetes, pregnancy, or other conditions where fibrin products are likely to be present.
- CT imaging has supplanted V/Q scanning since the latter is difficult to obtain quickly, does not provide a substantial cost savings, and does not diagnose other pulmonary pathology.
- The decision to terminate anticoagulation treatment after previous pulmonary embolism (PE) with absent or stable symptoms is based on clinical evaluation and risk factors.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

- Repeat studies do not allow one the ability to distinguish new from residual clot, with luminal diameter and clot character poorly correlated to symptoms and ECHO findings.
- Two thirds of individuals with primary thromboembolism have residual pulmonary artery clot at 6 months and 50% remain at one year.
- Subsequent persistence or elevation of D-dimer is associated with increased risk of recurrent PE. ECHO and Right Heart Catheterization (RHC) can identify those with pulmonary hypertension. Yet, 1/2 of all have persistent or new pulmonary hypertension after primary thromboembolism and only half of this latter group has dyspnea at rest or exercise intolerance.
- Of note, pregnancy is accompanied by a progressive increase in D-dimer levels and as such, D-Dimer levels may not be helpful to rule-in or rule-out DVT/PE in pregnancy.[11,12]

Modality	Fetal radiation exposure in mGy
CXR	0.002-0.1
V/Q	0.32 – 0.74
CTPA	0.03 – 0.66

- Compared with V/Q scan, computed tomography pulmonary angiography (CTPA), is associated with a higher radiation dose to the mother: the calculated doses to breast and lung tissue have been estimated to range from 10 to 60 mGy and 39.5 mGy, respectively with CTPA as compared with 0.98 to 1.07 mGy and 5.7 to 13.5 mGy, respectively with V/Q scan.[12]

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

References (CH-25)

v1.1.2025

1. Canonico M, Plu-Bureau G, Lowe GD, Scarabin PY. Hormone replacement therapy and risk of venous thromboembolism in postmenopausal women: systematic review and meta-analysis. *BMJ*. 2008;336(7655):1227-1231. doi:10.1136/bmj.39555.441944.BE.
2. Fedullo PF, Auger WR, Kerr KM, Rubin LJ. Chronic thromboembolic pulmonary hypertension. *N Engl J Med*. 2001;345(20):1465-1472. doi:10.1056/NEJMra010902.
3. Kline JA, Steuerwald MT, Marchick MR, Hernandez-Nino J, Rose GA. Prospective evaluation of right ventricular function and functional status 6 months after acute submassive pulmonary embolism: frequency of persistent or subsequent elevation in estimated pulmonary artery pressure. *Chest*. 2009;136(5):1202-1210. doi:10.1378/chest.08-2988.
4. Nijkeuter M, Hovens MM, Davidson BL, Huisman MV. Resolution of thromboemboli in patients with acute pulmonary embolism: a systematic review. *Chest.* 2006;129(1):192-197. doi:10.1378/chest.129.1.192.
5. Palareti G, Cosmi B, Legnani C, et al. D-dimer testing to determine the duration of anticoagulation therapy [published correction appears in N Engl J Med. 2006 Dec 28;355(26):2797]. *N Engl J Med.* 2006;355(17):1780-1789. doi:10.1056/NEJMoa054444.
6. Wells PS, Anderson DR, Rodger M, et al. Excluding pulmonary embolism at the bedside without diagnostic imaging: management of patients with suspected pulmonary embolism presenting to the emergency department by using a simple clinical model and d-dimer. *Ann Intern Med*. 2001;135(2):98-107. doi:10.7326/0003-4819-135-2-200107170-00010.
7. Wolf SJ, McCubbin TR, Feldhaus KM, Faragher JP, Adcock DM. Prospective validation of Wells Criteria in the evaluation of patients with suspected pulmonary embolism. *Ann Emerg Med*. 2004;44(5):503-510. doi:10.1016/j.annemergmed.2004.04.002.
8. van Belle A, Büller HR, Huisman MV, et al. Effectiveness of managing suspected pulmonary embolism using an algorithm combining clinical probability, D-dimer testing, and computed tomography. *JAMA*. 2006;295(2):172-179. doi:10.1001/jama.295.2.172.
9. Expert Panels on Cardiac and Thoracic Imaging:, Kirsch J, Brown RKJ, et al. ACR Appropriateness Criteria® Acute Chest Pain-Suspected Pulmonary Embolism. *J Am Coll Radiol*. 2017;14(5S):S2-S12. doi:10.1016/j.jacr.2017.02.027.
10. Kearon C, Akl EA, Ornelas J, et al. Antithrombotic Therapy for VTE Disease: CHEST Guideline and Expert Panel Report [published correction appears in Chest. 2016 Oct;150(4):988]. *Chest*. 2016;149(2):315-352. doi:10.1016/j.chest.2015.11.026
11. American College of Obstetricians and Gynecologists' Committee on Practice Bulletins—Obstetrics. ACOG Practice Bulletin No. 196: Thromboembolism in Pregnancy [published correction appears in Obstet Gynecol. 2018 Oct;132(4):1068]. *Obstet Gynecol*. 2018;132(1):e1-e17. doi:10.1097/AOG.0000000000002706
12. Leung AN, Bull TM, Jaeschke R, et al. An official American Thoracic Society/Society of Thoracic Radiology clinical practice guideline: evaluation of suspected pulmonary embolism in pregnancy. *Am J Respir Crit Care Med*. 2011;184(10):1200-1208. doi:10.1164/rccm.201108-1575ST
13. Lim W, Le Gal G, Bates SM, et al. American Society of Hematology 2018 guidelines for management of venous thromboembolism: diagnosis of venous thromboembolism. *Blood Adv*. 2018;2(22):3226-3256. doi:10.1182/bloodadvances.2018024828.
14. Rivera-Lebron B, McDaniel M, Ahrar K, et al. Diagnosis, Treatment and Follow Up of Acute Pulmonary Embolism: Consensus Practice from the PERT Consortium. *Clin Appl Thromb Hemost*. 2019;25:1076029619853037. doi:10.1177/1076029619853037.
15. Derenoncourt PR, Felder GJ, Royal HD, et al. Ventilation-Perfusion Scan: A Primer for Practicing Radiologists. *Radiographics*. 2021;41(7):2047-2070. doi:10.1148/rg.20212100600.
16. Konstantinides SV, Meyer G, Becattini C, et al. 2019 ESC Guidelines for the diagnosis and management of acute pulmonary embolism developed in collaboration with the European Respiratory Society (ERS). *Eur Heart J*. 2020;41(4):543-603. doi:10.1093/eurheartj/ehz405.
17. Kahn SR, de Wit K. Pulmonary Embolism. N Engl J Med. 2022;387(1):45-57. doi:10.1056/NEJMcp2116489.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

18. Expert Panel on Cardiac Imaging, Kirsch J, Wu CC, et al. ACR Appropriateness Criteria® Suspected Pulmonary Embolism: 2022 Update. J Am Coll Radiol. 2022;19(11S):S488-S501. doi:10.1016/j.jacr.2022.09.014.
19. Ishaaya E, Tapson VF. Advances in the diagnosis of acute pulmonary embolism. F1000Res. 2020;9:F1000 Faculty Rev-44. Published 2020 Jan 24. doi:10.12688/f1000research.21347.1.
20. Currie GM, Bailey DL. V/Q SPECT and SPECT/CT in Pulmonary Embolism. J Nucl Med Technol. 2023;51(1):9-15. doi:10.2967/jnmt.122.264880.
21. Parker JA, Coleman RE, Grady E, et al. SNM practice guideline for lung scintigraphy 4.0 [published correction appears in J Nucl Med Technol. 2016 Dec;44(4):271.]. J Nucl Med Technol. 2012;40(1):57-65. doi:10.2967/jnmt.111.101386.
22. Kalaitzopoulos DR, Panagopoulos A, Samant S, et al. Management of venous thromboembolism in pregnancy. Thromb Res. 2022;211:106-113. doi:10.1016/j.thromres.2022.02.002.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Pulmonary Hypertension (CH-26)

Guideline

Pulmonary Hypertension (CH-26.1)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Pulmonary Hypertension (CH-26.1)

CH.PH.0026.1.A

v1.1.2025

- See the **Pulmonary Artery Hypertension (PAH) – Indications (CD-8.1)**

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Subclavian Steal Syndrome (CH-27)

Guideline

Subclavian Steal Syndrome (CH-27.1)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Subclavian Steal Syndrome (CH-27.1)

CH.SS.0027.1.A

v1.1.2025

- See **Subclavian Steal Syndrome (PVD-4.1)** for concerns of Subclavian Steal Syndrome in Peripheral Vascular Disease imaging guidelines.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Superior Vena Cava (SVC) Syndrome (CH-28)

Guideline

SVC Syndrome (CH-28.1)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

SVC Syndrome (CH-28.1)

CH.SV.0028.1.A

v1.1.2025

- See **SVC syndrome (PVD-4.2)** for concerns of SVC syndrome in Peripheral Vascular Disease imaging guidelines.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Elevated Hemidiaphragm (CH-30)

Guideline

Elevated Hemidiaphragm (CH-30.1)
References (CH-30)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Elevated Hemidiaphragm (CH-30.1)

CH.EH.0030.1.A

v1.1.2025

- CT Chest with contrast (CPT® 71260) and/or CT Neck with contrast (CPT® 70491) with new diaphragmatic paralysis after:[1,2]
  - previous chest x-rays are available and reviewed to determine if the diaphragmatic elevation is a new finding, and/or
  - fluoroscopic examination (“sniff test”) to differentiate true paralysis from weakness
- CT Abdomen with contrast (CPT® 74160) to rule out liver or abdominal process if CT Chest is negative.[1,2]
- Repeat advanced imaging studies in the absence of new signs or symptoms are not indicated.

Evidence Discussion

Diaphragmatic dysfunction includes eventration, weakness and paralysis. Diagnosis is based in part on static and dynamic imaging tests.(Ricoy,2019) Unilateral diaphragmatic paralysis is often asymptomatic and suspected when an elevated hemidiaphragm is found incidentally on chest x-ray (CR). CR is a simple and effective test to evaluate the pulmonary parenchyma and the diaphragm.(Ricoy,2019) The positive and negative predictive value of an elevated hemidiaphragm on CXR for diaphragmatic dysfunction is 33% and 93%, respectively. The presence of diaphragm elevation is not necessarily a sign of dysfunction, but its absence makes it unlikely.(Ricoy,2019)

Flouroscopy has traditionally been the gold standard for diagnosing diaphragmatic paralysis since it can visualize the diaphragm throughout the respiratory cycle and during forced inspiratory maneuvers (ie the "sniff test"). Some authors now consider US to be the imaging method of choice for the evaluation of diaphragmatic dysfunction. (Ricoy,2019;Windisch,2016) US is non-invasive, portable, quick and does not expose the patient to ionizing radiation. Absence of thickening of the diaphragm during inspiration, absence of caudal movement during normal inspiration or paradoxical movement during the sniff maneuver confirms paralysis.

A common concern is whether there is an underlying serious condition in those patients with unilateral hemidiaphragm paralysis with no evident etiology after a history, physical exam and CR. Piehler et al concluded that such patients are unlikely to have an underlying occult malignant or neurologic condition.(Piehler,1982) However, Windisch et al recommended that a one-time CT chest be done if there is clinical suspicion of possible malignancy with damage to the phrenic nerve.(Windisch,2016)

Additional imaging may be needed to rule out conditions which can cause an elevated hemidiaphragm but are not associated with respiratory muscle weakness. For

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

example, abdominal imaging can be done for suspected hepatic abscess, ascites, or splenomegaly.

Background and Supporting Information

- The right hemidiaphragm sits about 2 cm higher than the left.
- “Eventration” is thin membranous replacement of muscle, usually on the right, as the most common cause of elevation.
- Any injury to the phrenic nerve from neck to diaphragm can lead to paralysis.
- Common phrenic causes are traumatic or surgical injury or malignancy involving the mediastinum.
- Any loss of lung volume or increased abdominal pressure can lead to diaphragm elevation.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (CH-30)

v1.1.2025

1. Ko MA, Darling GE. Acquired paralysis of the diaphragm. *Thorac Surg Clin*. 2009;19(4):501-510. doi:10.1016/j.thorsurg.2009.08.011.
2. Qureshi A. Diaphragm paralysis. *Semin Respir Crit Care Med*. 2009;30(3):315-320. doi:10.1055/s-0029-1222445.
3. Ricoy J, Rodríguez-Núñez N, Álvarez-Dobaño JM, Toubes ME, Riveiro V, Valdés L. Diaphragmatic dysfunction. Pulmonology. 2019;25(4):223-235. doi:10.1016/j.pulmoe.2018.10.008.
4. Windisch W, Schönhofer B, Magnet FS, Stoelben E, Kabitz HJ. Diagnostik und Therapie der gestörten Zwerchfellfunktion [Diagnosis and Treatment of Diaphragmatic Dysfunction]. Pneumologie. 2016;70(7):454-461. doi:10.1055/s-0042-106694.
5. Piehler JM, Pairolero PC, Gracey DR, Bernatz PE. Unexplained diaphragmatic paralysis: a harbinger of malignant disease?. J Thorac Cardiovasc Surg. 1982;84(6):861-864.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Thoracic Outlet Syndrome (TOS) (CH-31)

Guideline

Thoracic Outlet Syndrome (CH-31.1)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Thoracic Outlet Syndrome (CH-31.1)

CH.TO.0031.1.A

v1.1.2025

- See **Thoracic Outlet Syndrome (PVD-4.2)** for concerns of Thoracic Outlet Syndrome in Peripheral Vascular Disease imaging guidelines.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Lung Transplantation (CH-32)

Guideline

Pre-Transplant Imaging Studies (CH-32.1)
Post-Transplant Imaging Studies (CH-32.2)
Reference (CH-32)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Pre-Transplant Imaging Studies (CH-32.1)

CH.LT.0032.1.A

v1.1.2025

- Individuals on the waiting list or being considered for the lung transplant can undergo advanced imaging per that institution's protocol as long as the studies do not exceed the following:
  - CT Chest with and without contrast (CPT® 71270), CT Chest with contrast (CPT® 71260), or CT Chest without contrast (CPT® 71250)
  - ECHO
  - Imaging Stress Test (MPI, SE, MRI) or Heart Catheterization (Right and Left); Heart catheterization can also be done after a positive stress test.
  - CTA Chest (CPT® 71275), and/or CTA Abdomen and Pelvis (CPT® 74174) and/or CTA Aorta with bilateral lower extremity run-off (CPT® 75635) is indicated without initial ABI's and/or arterial duplex for the following individuals:
    - Prior abdominal or lower extremity vascular intervention (any timeframe is acceptable)
    - Known peripheral artery disease (PAD) from prior imaging
    - Current symptoms of claudication, rest pain or gangrene
  - CTA Chest (CPT® 71275) and/or CTA Abdomen and Pelvis (CPT® 74174) and/or CTA Aorta with bilateral lower extremity run-off (CPT® 75635) is indicated after initial ABI's and/or arterial duplex for the following individuals:
    - Initial ABI's and/or arterial duplex suggest the presence of PAD per one of the following:
      - ABI of <0.9
      - Presence of plaque
      - Presence of vascular calcification, stenosis or occlusion
      - Small vessel size on the duplex
  - CT Abdomen and Pelvis with or without contrast (CPT® 74177 or CPT® 74176) for determining extracorporeal membrane oxygenation (ECMO) candidacy
- Other studies that will be considered include V/Q scan, Six Minute Walk Test.
- See **Transplant (CD-1.6)** in the Cardiac Imaging Guidelines.

Evidence Discussion

- Computed Tomography (CT) is often performed for evaluation of individuals prior to lung transplantation. CT allows for surgical planning,to delineate extent of the disease

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

and assess for any contraindications to transplant (Ng, 2009;Kim,2021). CT carries the risk of exposure to iodinated contrast and ionizing radiation.

- Evaluation of donors is commonly performed by chest radiography. (Kim,2021)
- Cardiac evaluation with echo and/or ischemic evaluation (image stress testing or heart catheterization) is also appropriate prior to lung transplantation.
- Extracorporeal Membrane Oxygenation (ECMO) has been increasingly utilized for bridging prior to lung transplantation or as an adjunct procedure post-transplant. (Hoetzenecker,2020;Faccioli,2021) Given the risk of vascular complications (Bonicolini, 2019) preoperative evaluation of the vasculature is reasonable. For those that are asymptomatic without previously known peripheral artery disease (PAD) initial work up with ankle-brachial index (ABI) and/or arterial duplex (Gerhard-Herman,2017) is supported. For those that are symptomatic, have a history of known PAD (either from prior imaging or previous vascular intervention) or initial work up has suggested the presence of PAD advanced imaging is indicated for further evaluation (Gerhard-Herman,2017).

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Post-Transplant Imaging Studies (CH-32.2)

CH.LT.0032.2.A

v1.1.2025

- CT Chest with and without contrast (CPT® 71270), CT Chest with contrast (CPT® 71260), or CT Chest without contrast (CPT® 71250) is supported for:[2]
  - initial post-transplant follow-up
  - suspected complication, either surgical, medical or infectious, (See **Background and Supporting Information**)
  - worsening PFT's
  - new finding on other imaging, including chest x-ray
- See **Transplant (CD-1.6)** in the Cardiac Imaging Guidelines.

Evidence Discussion

- There are no universally accepted follow-up protocols for routine post-transplant surveillance (Kim,2021). CT chest is supported for initial post-transplant follow up (Ng, 2009; Kim,2021;DeFreitas,2021). CT carries with it the risk of exposure to iodinated contrast and ionizing radiation.
- Additional follow-up is based on clinical presentation, suspected complication or findings on other imaging. (Ng, 2009;Kim,2021;DeFreitas,2021)

Background and Supporting Information

- Complications from lung transplantation are a major cause of morbidity and mortality.
- The three main categories of complications are surgical, medical and infectious.
  - Surgical complications include; anastomotic complications, bronchial dehiscence, bronchial stenosis, pneumothorax, hemothorax, hematoma, wound dehiscence and infection.
  - Medical complications include; primary graft dysfunction, pulmonary embolism and pulmonary infarction, Tracheobronchomalacia, posttransplant lymphoproliferative disease, primary disease recurrence, acute and chronic allograft rejection, including bronchiolitis obliterans and restrictive allograft syndrome.
  - Infectious complications include; hospital and community acquired nonmycobacterial pulmonary infections, mycobacterial infections, fungal infections, and viral infections, (CMV most common).

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Reference (CH-32)

v1.1.2025

1. Ng YL, Paul N, Patsios D, et al. Imaging of lung transplantation: review. *AJR Am J Roentgenol*. 2009;192(3 Suppl):S1-S19. doi:10.2214/AJR.07.7061.
2. DeFreitas MR, McAdams HP, Azfar Ali H, Iranmanesh AM, Chalian H. Complications of Lung Transplantation: Update on Imaging Manifestations and Management. *Radiol Cardiothorac Imaging*. 2021;3(4):e190252. Published 2021 Aug 26. doi:10.1148/ryct.2021190252.
3. Mb D, Bao B, Brechot N, et al. Extracorporeal Life Support Organization (ELSO) Ultrasound Guidance for Extra-Corporeal Membrane Oxygenation Veno-Venous ECMO Specific Guidelines. http://www.elso.org/Portals/0/Files/elso_Ultrasoundguidance_vvecmo_guidelines_MAY2015.pdf.
4. Bonicolini E, Martucci G, Simons J, et al. Limb ischemia in peripheral veno-arterial extracorporeal membrane oxygenation: a narrative review of incidence, prevention, monitoring, and treatment. *Crit Care*. 2019;23(1):266. Published 2019 Jul 30. doi:10.1186/s13054-019-2541-3.
5. Hoetzenecker K, Benazzo A, Stork T, et al. Bilateral lung transplantation on intraoperative extracorporeal membrane oxygenator: An observational study. *J Thorac Cardiovasc Surg*. 2020;160(1):320-327.e1. doi:10.1016/j.jtcvs.2019.10.155.
6. Faccioli E, Terzi S, Pangoni A, et al. Extracorporeal membrane oxygenation in lung transplantation: Indications, techniques and results. *World J Transplant*. 2021;11(7):290-302. doi:10.5500/wjt.v11.i7.290.
7. Kim SJ, Azour L, Hutchinson BD, et al. Imaging Course of Lung Transplantation: From Patient Selection to Postoperative Complications. Radiographics. 2021;41(4):1043-1063. doi:10.1148/rg.2021200173.
8. Gerhard-Herman MD, Gornik HL, Barrett C, et al. 2016 AHA/ACC Guideline on the Management of Patients With Lower Extremity Peripheral Artery Disease: Executive Summary: A Report of the American College of Cardiology/American Heart Association Task Force on Clinical Practice Guidelines [published correction appears in Circulation. 2017 Mar 21;135(12):e790. doi: 10.1161/CIR.0000000000000501]. Circulation. 2017;135(12):e686-e725. doi:10.1161/CIR.0000000000000470.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Lung Cancer Screening (CH-33)

Guideline

U.S. Preventive Services Task Force: Lung Cancer Screening (Commercial and Medicaid) (CH-33.1)
National Coverage Determination (NCD) for Lung Cancer Screening with Low Dose Computed Tomography (LDCT) (Medicare) (CH-33.2)
Incidental Pulmonary Nodules Detected on Low Dose CT Chest (LDCT) Images (CH-33.3)
References (CH-33)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

U.S. Preventive Services Task Force: Lung Cancer Screening (Commercial and Medicaid) (CH-33.1)

CH.CS.0033.1.A

v1.1.2025

- Low-dose CT Chest (CPT® 71271) for lung cancer screening in asymptomatic individuals* annually if all of the following criteria are met:

Screening Indications – Commercial and Medicaid	Imaging Study
• All criteria below must be met: ◦ Individual has not received a low-dose CT lung screening in less than 12 months; and ◦ Individual has NO health problems that substantially limit life expectancy or the ability or willingness to have curative lung surgery**; and ◦ Individual is between 50 and 80 years of age; and ◦ Individual has at least a 20 pack-year history of cigarette smoking; and ◦ Currently smokes or quit within the past ≤15 years	Low-Dose CT Chest without contrast (CPT® 71271)

*Symptoms of lung cancer (e.g., hemoptysis, unexplained cough, and/or unexplained weight loss of >15 pounds in the past year) warrant diagnostic evaluation, not screening.

For those that no longer qualify for annual LDCT for lung cancer screening but have known lung nodules, follow criteria for follow-up under CH-16. For example, a nodule that is new on the last screening LDCT may warrant continued diagnostic CT evaluation per CH-16.2.

**This is based on a range of chest or other organ signs, symptoms or conditions which would question the member's ability to undergo surgical or non-surgical treatment if a lung cancer was discovered. For example, congestive heart failure, advanced cancer from another site or a member with COPD who uses oxygen when ambulating, would be examples of conditions that would "substantially limit life expectancy." Conversely, stable COPD and its symptoms, including cough, shortness of breath would not "substantially limit life expectancy."

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

National Coverage Determination (NCD) for Lung Cancer Screening with Low Dose Computed Tomography (LDCT) (Medicare) (CH-33.2)

CH.CS.0033.2.A

v1.1.2025

- Medicare criteria for LDCT for Lung Cancer Screening (CPT® 71271) See *NCD 210.14*

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Incidental Pulmonary Nodules Detected on Low Dose CT Chest (LDCT) Images (CH-33.3)

CH.CS.0033.3.A

v1.1.2025

- Any Lung-RADS less than 1 year interval follow-up is coded as Low-Dose CT Chest (CPT® 71250) (Not CPT® 71271 which is ONLY the annual screen)
- For lung nodules, including incidental findings from studies other than screening LDCT, or if no longer qualify for screening LDCT, See **Incidental Pulmonary Nodules Detected on CT Images (CH-16.2)**

Lung-RADS Primary Category/ Category Descriptor	Management
0: Incomplete	If findings suggestive of an inflammatory or infectious process, follow-up with LDCT (CPT 71250) in 1-3 months
2: Benign appearance or behavior - very low likelihood of becoming a clinically active cancer due to size or lack of growth	Annual LDCT screening (CPT® 71271) in 12 months
3: Probably benign finding(s) - short term follow-up suggested; includes nodules with a low likelihood of becoming a clinically active cancer	6 month LDCT (CPT® 71250) and if unchanged on this CT it is coded as category 2 and returned to annual LDCT screening (CPT® 71271) in 12 months
4A: Suspicious - Findings for which additional diagnostic testing and/ or tissue sampling is recommended	PET/CT (CPT® 78815) when there is a ≥8 mm solid nodule or solid-component Follow-up with LDCT (CPT® 71250) in 3 months and if stable or decreased in size on this CT, it is coded as category 3 with follow-up LDCT (71250) at 6 months, if stable or decreased in size on this CT, return to annual LDCT screening (CPT® 71271) in 12 months

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Lung-RADS Primary Category/ Category Descriptor	Management
4B or 4X: Suspicious - Findings for which additional diagnostic testing and/ or tissue sampling is recommended	CT Chest with or without contrast, PET/ CT (CPT® 78815) and/or tissue sampling depending on the probability of malignancy and comorbidities. PET/CT (CPT® 78815) when there is a ≥8 mm solid component. If there is low suspicion of lung cancer, follow-up with LDCT (CPT® 71250) in 3 months with another LDCT (CPT® 71250) in 6 months and if unchanged on this CT return to annual LDCT screening (CPT® 71271) in 12 months

For those that no longer qualify for annual LDCT for lung cancer screening but have known lung nodules, follow criteria for follow-up under CH-16. For example, a nodule that is new on the last screening LDCT may warrant continued diagnostic CT evaluation per **CH-16.2**.

For a summary of changes and updates concerning Lung-RADS v2022 by the ACR:

Lung-RADS v2022 Summary Feb2023 (acr.org)

Evidence Discussion

- Low-dose computed tomography (LDCT) Chest for lung cancer screening has been shown to have sensitivity ranging from 59% to 100%, a specificity of 26.4% to 99.7%, a negative predictive value of 97.7% to 100% and a positive predictive value from 3.3% to 43.5%.(US Preventive Services Task Force,2021)The benefit of lung cancer screening is early detection and treatment. The NLST trial showed a relative risk reduction in lung cancer mortality of 20% (US Preventive Services Task Force,2021). The radiation dose of a LDCT is typically 10% to 30% of a standard-dose CT. (US Preventive Services Task Force,2021) The harms of a screening program would include false-positive results and subsequent unnecessary tests and procedures, the exposure to ionizing radiation and ensuing radiation-induced cancer, and increased patient anxiety and distress (US Preventive Services Task Force,2021).
- The risk of malignancy associated with a Lung CT Screening Reporting and Data System (Lung-RADS) score is as follows: a score of 2 is <1%; a score of 3 is 1-2%; a score of 4A is 5-15%; a score of 4B and 4X is >15%. (Lung-RADS,2019) The American College of Radiology (ACR) recommends follow up imaging of incidental pulmonary nodules detected on low dose lung cancer screening CT's based on

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

the Lung-RADS score (Lung-RADS,2019; Christensen, 2024) however, there is limited data on the impact of screening intervals (Christensen, 2024). The NLST and NELSON studies demonstrating reduction in lung cancer mortality were based on screening intervals of 1 year and 1, 3 and 5.5 years respectively (Christensen, 2024). Multiple studies have shown that the 3 month follow up recommended for Lung-RADS 4A nodules is optimal, but have raised concerns on stepwise downgrading of a stable 4A nodule to a Lung-RAD 2.(Christensen, 2024) Therefore the ACR has modified follow up intervals with stepped management using the following criteria:

- Nodules that are stable or decreased at follow-up are downgraded to the next lower Lung-RADS category Christensen, 2024)
- Nodules that completely resolve or are proven benign after an appropriate diagnostic evaluation are reclassified based on the most concerning finding (Christensen, 2024)
- Follow-up recommendations are timed from the current examination (Christensen, 2024)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

References (CH-33)

v1.1.2025

1. Christensen J, Prosper AE, Wu CC, et al. ACR Lung-RADS v2022: Assessment Categories and Management Recommendations.*Chest*. 2024;165(3):738-753. doi:10.1016/j.chest.2023.10.028.
2. US Preventive Services Task Force. Screening for Lung Cancer: US Preventive Services Task Force Recommendation Statement. *JAMA*. 2021;325(10):962–970. doi:10.1001/jama.2021.1117.
3. CMS Decision Memo for Lung Cancer Screening with Low Dose Computed Tomography (LDCT) (210.14) Effective Date of this Version 2/5/2015.
4. Lung-RADS™ Version 1.1 Assessment Categories Release date: 2022. https://www.acr.org/-/media/ACR/Files/RADS/Lung-RADS/Lung-RADS-2022.pdf.
5. Wolf AMD, Oeffinger KC, Shih TY, et al. Screening for lung cancer: 2023 guideline update from the American Cancer Society.*CA Cancer J Clin*. 2024;74(1):50-81. doi:10.3322/caac.21811.
6. Christensen J, Prosper AE, Wu CC, et al. ACR Lung-RADS v2022: Assessment Categories and Management Recommendations.*J Am Coll Radiol*. 2024;21(3):473-488. doi:10.1016/j.jacr.2023.09.009.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Table of Contents

Guideline

General Guidelines (HD-1)
Taste and Smell Disorders (HD-2)
Ataxia (HD-3)
Mental Health Disorders and Mental Status Change (HD-4)
Chiari and Skull-Base Malformations (HD-5)
Facial Palsy (Bell's Palsy)/Hemifacial Spasm (HD-6)
Recurrent Laryngeal Palsy/Vocal Cord Palsy (HD-7)
Dementia (HD-8)
Epilepsy/Seizures (HD-9)
Trigeminal Neuralgia and other Centrally Mediated Facial Pain Syndromes (HD-10)
Headache (HD-11)
Aneurysm and AVM (HD-12)
Head and Facial Trauma (HD-13)
CNS and Head Infection/Neuro-COVID-19 (HD-14)
Movement Disorders (HD-15)
Multiple Sclerosis (MS) and Related Conditions (HD-16)
Papilledema/Pseudotumor Cerebri (HD-17)
Paresthesias and/or Weakness (HD-18)
Pituitary (HD-19)
Scalp and Skull (HD-20)
Stroke/TIA (HD-21)
Cerebral Vasculitis (HD-22)
Dizziness, Vertigo and Syncope (HD-23)
Other Imaging Studies (HD-24)
Epistaxis (HD-25)
Mastoid Disease or Ear Pain (HD-26)
Hearing Loss and Tinnitus (HD-27)
Neurosurgical Imaging (HD-28)
Sinus and Facial Imaging (HD-29)
Temporomandibular Joint Disease (TMJ) and Dental/Periodontal/Maxillofacial Imaging (HD-30)
Cranial Neuropathies (HD-31)
Eye Disorders and Visual Loss (HD-32)
Acoustic Neuroma and Other Cerebellopontine Angle Tumors (HD-33)
Pineal/Colloid Cysts (HD-34)
Arachnoid Cysts (HD-35)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Nuclear Medicine (HD-36)
Sleep-Related Imaging (HD-37)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

General Guidelines (HD-1)

Guideline

Abbreviations for Head Imaging Guidelines
General Guidelines (HD-1.0)
General Guidelines – Anatomic Issues (HD-1.1)
General Guidelines – Modality (HD-1.2)
General Guidelines – MRI Brain (HD-1.3)
General Guidelines – CT Head (HD-1.4)
General Guidelines – CT and MR Angiography (CTA and MRA) (HD-1.5)
General Guidelines – PET Coding Notes (HD-1.6)
General Guidelines – Other Imaging Situations (HD-1.7)
References (HD-1)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Abbreviations for Head Imaging Guidelines

v1.0.2025

Abbreviations for Head Imaging Guidelines	
ACTH	adrenocorticotropic hormone
AD	Alzheimer's Disease
ADH	antidiuretic hormone
AION	arteritic ischemic optic neuritis
AVM	arteriovenous malformation
CBCT	Cone-beam computerized tomography
CMV	Cytomegalovirus
CSF	cerebrospinal fluid
CT	computed tomography
CTA	computed tomography angiography
DNA	deoxyribonucleic acid
DWI	diffusion weighted imaging (for MRI)
EEG	electroencephalogram
ENT	Ear, Nose, Throat
ESR	erythrocyte sedimentation rate
FDG	fluorodeoxyglucose
FSH	follicle-stimulating hormone

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Abbreviations for Head Imaging Guidelines	
FTD	Frontotemporal Dementia
GCA	giant cell arteritis
GCS	Glasgow Coma Scale
HIV	human immunodeficiency virus
LH	luteinizing hormone
MMSE	mini mental status examination
MRA	magnetic resonance angiography
MRI	magnetic resonance imaging
MRN	magnetic resonance neurography
MS	multiple sclerosis
MSI	magnetic source imaging
NAION	non-arteritic ischemic optic neuritis
NPH	normal pressure hydrocephalus
PET	positron emission tomography
PML	progressive multifocal leukoencephalopathy
PNET	primitive neuro ectodermal tumor
PWI	perfusion weighted imaging (for MRI)
SAH	subarachnoid hemorrhage
SIADH	Syndrome of Inappropriate Antidiuretic Hormone Secretion

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Abbreviations for Head Imaging Guidelines	
SLE	systemic lupus erythematosus
TIA	transient ischemic attack
TMJ	temporomandibular joint disease
TSH	thyroid-stimulating hormone
VBI	vertebrobasilar insufficiency
VP	ventriculoperitoneal
XRT	radiation therapy

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

General Guidelines (HD-1.0)

HD.GG.0001.0.A
v1.0.2025

- A pertinent clinical evaluation including a detailed history, physical examination including a neurological examination since the onset or change in symptoms, and appropriate laboratory studies should be performed prior to considering the use of an advanced imaging (CT, MR, Nuclear Medicine) procedure.
  - A pertinent clinical evaluation furnished via telehealth, since the onset or change in symptoms, is treated the same as an in-person clinical evaluation.
  - An exception to a pertinent clinical evaluation can be made if the individual is undergoing a guideline-supported, scheduled follow-up imaging evaluation.
    - Scheduled follow-up of known problems such as, multiple sclerosis, tumors, or hydrocephalus, scheduled surveillance with no new symptoms, screening asymptomatic individual due to family history or otherwise meet criteria for repeat imaging, as well as appropriate laboratory studies and non-advanced imaging modalities
  - A detailed neurological exam is required prior to advanced imaging except in the following scenarios:
    - Tinnitus, TMJ, sinus or mastoid disease, ear pain, hearing loss, eye disease, pituitary disease, and epistaxis. (A pertinent clinical evaluation since onset of symptoms is still required)
    - The request is from a neurologist, neurosurgeon, neuro-ophthalmologist, endocrinologist, gynecologist, otolaryngologist, or ophthalmologist who has seen the individual since onset of symptoms, or any provider in consultation with one of the above specialists.
- Other meaningful contact (telephone call, electronic mail or messaging) since the onset or change in symptoms, with an established individual can substitute for a face-to-face clinical evaluation
- CT head contrast as requested (CPT® 70450 OR CPT® 70460 OR CPT® 70470) is supported when MRI is contraindicated.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

General Guidelines – Anatomic Issues (HD-1.1)

HD.GG.0001.1.A
v1.0.2025

- If two studies using the same modality both cover the anatomic region of clinical interest, only one is generally needed, with the exception of the following scenarios:
  - CT Maxillofacial (CPT® 70486, CPT® 70487, or CPT® 70488) or CT Orbit/Temporal bone (CPT® 70480, CPT® 70481, or CPT® 70482): both cover the structures of the orbits, sinuses, and face. Two separate imaging studies are only supported if there is suspicion of simultaneous involvement of more posterior lesions, especially of the region involving the middle or inner ear.
  - Pituitary Gland: one study (either MRI Brain [CPT® 70553] or MRI Orbit/Face/Neck [CPT® 70543]) is adequate to report the imaging of the pituitary. If a previous routine MRI Brain was reported to show a possible pituitary tumor, a repeat MRI with dedicated pituitary protocol is supported.
  - Internal Auditory Canal: (IAC) MRI can be reported as a limited study with one code from the set (CPT® 70540, CPT® 70542, or CPT® 70543), but should not be used in conjunction with MRI Brain codes (CPT® 70551, CPT® 70552, or CPT® 70553) if IAC views are performed as part of the brain.
  - Mandible (jaw): CT Maxillofacial (CPT® 70486, CPT® 70487, or CPT® 70488) or CT Neck (CPT® 70490, CPT® 70491, or CPT® 70492) can be used to report imaging of the mandible. CT Neck will also image the submandibular space.
    - If MRI is indicated, MRI Orbit/Face/Neck (CPT® 70540, CPT® 70542, or CPT® 70543) can be used to report imaging of the mandible and submandibular space.
    - MRI Temporomandibular Joint(s) (TMJ) is reported as CPT® 70336. This code is inherently bilateral and should not be reported twice on the same date of service.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

General Guidelines – Modality (HD-1.2)

HD.GG.0001.2.A
v1.0.2025

- MRI is preferable to CT for most indications. For exceptions, See **General Guidelines – CT Head (HD-1.4)**
- MRI for these indications following an initial CT:
  - MRI Brain without and with contrast (CPT® 70553) to follow-up abnormalities seen on CT Head without contrast (CPT® 70450) when a mass, lesion, or infection is found.
  - MRI Brain without contrast (CPT® 70551) or MRI Brain without and with contrast (CPT® 70553) to follow-up abnormalities seen on CT Head without contrast (CPT® 70450) when there is suspected Multiple Sclerosis or other demyelinating disease.
  - MRI Brain without contrast (CPT® 70551) or MRI Brain without and with contrast (CPT® 70553) to follow up on stroke or TIA when initial CT Head was done on emergent basis.
  - MRI Brain without and with contrast (CPT® 70553) or MRI Brain without contrast (CPT® 70551) for evaluation of new onset seizures.

Evidence Discussion (HD-1.2)

- MRI of the brain is the appropriate initial imaging study for diagnosis, characterization and surveillance of a variety of neurologic conditions, including, but not limited to: neoplastic conditions, evaluation of the brain parenchyma, meninges, ischemia and infarction, neurodegenerative disorders, hydrocephalus, demyelinating conditions, post-traumatic brain injury, inflammatory and autoimmune disorders and infectious disorders.
- MRI brain has some benefit over CT for determining age of intracranial hemorrhage, early stroke (via Diffusion imaging sequences), and detection of micro hemorrhage.
- MRI is also indicated for further characterization of abnormalities detected on other imaging tests such as CT or sonography.
- Limitations to MRI include artifacts due to motion and susceptibility effects, contrast complications, contraindication due to ferromagnetic devices or implants. Additionally, severe claustrophobia may require sedation in order to complete the study.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

General Guidelines – MRI Brain (HD-1.3)

HD.GG.0001.3.A

v1.0.2025

- MRI Brain with contrast (CPT® 70552) should not be ordered except to follow-up on a very recent abnormal or equivocal non-contrast MRI Brain.[29]
- After an MRI Brain without contrast (CPT® 70551), a follow up MRI brain with contrast (CPT® 70552) may be performed at the discretion of a neurologist, a neurosurgeon, or a neuro-ophthalmologist, or any provider in consultation with a neurologist, neurosurgeon, or neuro-ophthalmologist, and/or at the recommendation of the radiologist. [32]
- Gadolinium is relatively contraindicated in pregnancy, MRI Brain without contrast (CPT® 70551) is supported.[33]
- The AMA CPT manual does not describe nor assign any minimum or maximum number of sequences for any CT or MRI study. Both MRI and CT imaging protocols are often influenced by the individual clinical situation of the individual and additional sequences are not uncommon. There are numerous MRI sequences that are performed to evaluate specific clinical questions, and this technology is constantly undergoing development. Additional sequences, however, are still performed and coded under the routine MRI Brain CPT® 70551, CPT® 70552, or CPT® 70553.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

General Guidelines – CT Head (HD-1.4)

HD.GG.0001.4.A
v1.0.2025

- Scenarios in which MRI is contraindicated (i.e. pacemakers, ICDs, cochlear implants, aneurysm clips, orbital metallic fragments, etc.)
- In urgent cases, CT Head, contrast as requested is supported [CT Head without and with contrast (CPT® 70470), CT Head with contrast (CPT® 70460) or CT Head without contrast (CPT® 70450)]
- CT Head without contrast (CPT® 70450) is supported for:
  - Mass effect
  - Blood/blood products
  - Urgent/emergent settings due to availability and speed of CT
  - Trauma
  - Recent hemorrhage, whether traumatic or spontaneous
  - Bony structures of the head evaluations including dystrophic calcifications
  - Hydrocephalus evaluation and follow-up (some centers use limited non-contrast "fast or rapid MRI" (CPT® 70551) to minimize radiation exposure in children).
  - Prior to lumbar puncture in individuals
  - Evaluation of optic disc edema and/or papilledema, a non-contrast CT Head is useful to assess for space-occupying processes such as intracranial hemorrhage, mass effect, and hydrocephalus, See **Papilledema/Pseudotumor Cerebri (HD-17.1)** and **Eye Disorders and Visual Loss (HD-32.1)**

Evidence Discussion (HD-1.4)

- CT head is the preferred modality for evaluation of bony structures, acute intracranial hemorrhage, trauma, and detection of abnormalities associated with calcifications.
- This modality is also useful for follow up of intracranial hemorrhage, hydrocephalus shunts, and post-operative follow up.
- CT head provides more rapid detection of intracranial abnormalities in urgent or emergent situations.
- CT has less motion artifact than MRI due to its faster acquisition and better spatial resolution than MRI.
- Limitations of CT include lower early detection rates for occult fracture than MRI, ionizing radiation exposure, and lower contrast resolution than MRI.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

General Guidelines – CT and MR Angiography (CTA and MRA) (HD-1.5)

HD.GG.0001.5.A

v1.0.2025

- MRA Head may be performed without contrast (CPT® 70544), with contrast (CPT® 70545), or without and with contrast (CPT® 70546)
- MRA Neck may be done without contrast (CPT® 70547), with contrast (CPT® 70548), or without and with contrast (CPT® 70549), depending on facility preference and protocols and type of scanner
- CTA Head is performed without and with contrast (CPT® 70496)
- CTA Neck is performed with and without contrast (CPT® 70498)
- Indications for CTA or MRA Head and Neck vessels include, but are not limited to the following:[12,24]
  - Pulsatile tinnitus
  - Hemifacial spasm if consideration for surgical decompression
  - Evaluation of stroke or TIA (see **Stroke/TIA (HD-21.1)**) including collateral assessment
  - Trigeminal neuralgia having failed medical therapy (see **Trigeminal Neuralgia and other Centrally Mediated Facial Pain Syndromes (HD-10.1)**)
  - Cerebral venous sinus thrombosis suspected with increased intracranial pressure (refractory headaches, papilledema, diagnosis of pseudotumor cerebri)
  - Aneurysm suspected with acute “thunderclap” headache syndrome and appropriate screening or evaluation of known subarachnoid hemorrhage and pseudoaneurysms (appropriate to limit CTA to include only the head to avoid unnecessary radiation to the individual)
  - Non-inflammatory vasculopathy, including radiation vasculopathy
  - Traumatic vascular injuries
  - Vascular malformations, vascular anatomic variants and fistulas
  - Arterial dissections
  - Tumors of vascular origin or involving vascular structures
  - Surgical and radiation therapy localization, planning and neuronavigation
  - Evaluation for vascular intervention and follow-up including post-surgical/post-treatment vascular complications
  - Intra-cranial pre-operative planning if there is concern of possible vascular involvement or risk for vascular complication from procedure
  - Vasculitis and collagen vascular disease

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

  - Eagle Syndrome - Dynamic/positional CTA to assess for vascular compression (also known as bow-hunter's syndrome)[12] (see **Eagle Syndrome (Neck-10.3)**)
  - NOTE: Evaluation of posterior circulation disease requires both neck and head MRA/CTA to visualize the entire vertebral-basilar system.
- MRA Head (CPT® 70544, CPT® 70545, or CPT® 70546) or CTA Head (CPT® 70496) is indicated for follow up of aneurysm clipping or coiling procedures (see **Intracranial Aneurysms (HD-12.1)**)
- MRA Head (CPT® 70544, CPT® 70545, or CPT® 70546) or CTA Head (CPT® 70496) **AND/OR** MRA Neck (CPT® 70547, CPT® 70548, or CPT® 70549) or CTA Neck (CPT® 70498) is indicated if arterial dissection is suspected, or known and re-evaluation is needed (as directed by neurologist or neurosurgeon or any provider in consultation with a neurologist or neurosurgeon)[12,24]
  - There are high risk scenarios including but not exclusive to: Fibromuscular dysplasia (FMD), Marfan Disease, motor vehicle accident (MVA) with whiplash, or chiropractic manipulation
- Other vascular imaging indications for headaches require additional information.
  - See **Stroke/TIA (HD-21.1)**, **Sudden Onset of Headache (HD-11.3)**, **New Headache Onset Older than Age 50 (HD-11.7)**, **Abnormal Blood Clotting (HD-11.9)**, **Pregnancy (HD-11.10)**, **Physical Exertion (HD-11.11)**, and **Systemic Infections (HD-11.13)**
- CT and MR Venography (CTV and MRV) are reported with the same codes as the CTA/MRA counterpart (there is no specific code for CT/MR venography):
  - If arterial and venous CT or MR studies are both performed in the same session, only **one** CPT® code is used to report both procedures
  - If an arterial CTA or MRA study has been performed and subsequently a repeat study is needed to evaluate the venous anatomy, then this study is supported
  - If a venous CTV or MRV study has been performed and subsequently a repeat study is needed to evaluate the arterial anatomy, then this study is supported
  - MRA without and with contrast with venous sinus thrombosis to differentiate total from subtotal occlusion is supported

Evidence Discussion (HD-1.5)

- Indications for cervicocerebral computed tomography angiography (CTA) of the head and neck vessels include the diagnosis, characterization and/or surveillance of a variety of vascular conditions, including, but not limited to, arterial aneurysms, dissections, ischemic stroke and transient ischemic attacks, vasculitis, traumatic vascular injuries, pulsatile tinnitus, tumors of vascular origin, and prior to surgical intervention. CTA may refer to arterial vessels (CTA) or evaluation of venous structures (CTV).

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

- CTA may be used as the initial imaging modality or as a follow up study for characterizing known disease or assessing changes over time.
- Depending on the indication, CTA may be limited to the head to avoid unnecessary radiation to the patient. Examples include surveillance of intracranial aneurysms (that are not located in the posterior circulation).
- Risks of CTA include exposure to ionizing radiation, thus, magnetic resonance angiography (MRA) is available as an alternative to reduce radiation exposure. In addition, MRA is an alternative for patients with iodinated contrast allergies or other contraindications to iodinated contrast.
- Magnetic resonance angiography (MRA) indications also cover a variety of vascular conditions of the head and neck, for diagnosis, characterization and surveillance, and may be used to evaluate either arterial (MRA) or venous structures (MRV).
- MRA, as an alternative modality, is noninvasive, and does not require iodinated contrast. Limitations include artifacts due to motion, slow or turbulent flow, and susceptibility effects, and claustrophobia. MRA may be performed without contrast or with gadolinium contrast. Gadolinium contrast administration is limited to those without renal impairment or known gadolinium contrast allergy. Additionally, MRA may not be a feasible option for those with contraindications to MRI such as incompatible pacemakers, cochlear implants, neurostimulators or other devices. In these scenarios, CTA may be the appropriate alternative.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

General Guidelines – PET Coding Notes (HD-1.6)

HD.GG.0001.6.A

v1.0.2025

- Metabolic Brain PET should be reported as Metabolic Brain PET (CPT® 78608)
- Amyloid Brain PET should be reported as limited PET (CPT® 78811) or limited PET/CT (CPT® 78814)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

General Guidelines – Other Imaging Situations (HD-1.7)

HD.GG.0001.7.A
v1.0.2025

Persistent Nausea and Vomiting

Screening for Metallic Fragments Before MRI

Gender Affirming Care Head and Neck Surgical Planning

3D Rendering

Eagle Syndrome

CSF Leak with or without Headache

Evidence Discussion (HD-1.7)

Persistent Nausea and Vomiting

- Nausea and vomiting, persistent, unexplained and a negative GI evaluation: MRI Brain without contrast (CPT® 70551) or MRI Brain without and with contrast (CPT® 70553) is supported

Screening for Metallic Fragments Before MRI

- Screening for metallic fragments before MRI should be done initially with plain x- ray.
  - The use of CT Orbital to rule out orbital metallic fragments prior to MRI is rarely necessary.
  - Plain x-rays are generally sufficient; x-ray detects fragments of 0.12 mm or more, and CT detects those of 0.07 mm or more.
- Plain x-ray is generally sufficient to screen for aneurysm clips

Gender Affirming Care Head and Neck Surgical Planning

- For gender affirming care procedure planning:
  - ANY or ALL of the following pre-operative CT requests are supported if the individual has a health plan benefit covering the gender affirming surgeries:[31,32]
    - CT Maxillofacial without contrast (CPT® 70486)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

        - CT Orbits/Temporal bone without contrast (CPT® 70480)
        - CT Neck with contrast (CPT® 70491)
        - CT Head without (CPT® 70450)
        - 3D rendering (CPT® 76376 or CPT® 76377)
    - Pre-operative imaging is not supported if the gender affirming surgeries are not health plan covered benefits.
    - Requesting providers are encouraged to confirm eligibility with the member's health plan prior to service.

3D Rendering

- CPT® 76377 (3D rendering requiring image post-processing on an independent workstation) or CPT® 76376 (3D rendering not requiring image post-processing on an independent workstation) is supported in the following clinical scenarios:
    - Bony conditions:
        - Evaluation of congenital skull abnormalities in newborns, infants, and toddler (usually for pre-operative planning)
        - Complex joint fractures or pelvis fractures
        - Spine fractures (usually for pre-operative planning)
        - Complex facial fractures
    - Pre-operative planning for other complex surgical cases
    - Cerebral angiography: 3D rendering when performed in conjunction with conventional angiography (i.e.: conventional 4 vessel cerebral angiography).
        - See **Intracranial Aneurysms (HD-12.1)**, **Arteriovenous Malformations (AVMs) and Related Lesions (HD-12.2)**, **Stroke/TIA (HD-21.1)**, and **Cerebral Vasculitis (HD-22.1)**[26]
- 3D Rendering (CPT® 76377 or CPT® 76376) for surgical planning and surgical follow up after craniotomy when ordered by surgical specialist or any provider in consultation with a surgical specialist.
- 3D Rendering indications in pediatric head imaging are identical to those in the general imaging guidelines.
- See **3D Rendering (Preface-4.1)** in the Preface Imaging Guidelines

Eagle Syndrome

- See **Eagle Syndrome (Neck-10.3)** in the Neck Imaging Guidelines.
- See **General Guidelines - CT and MR Angiography (CTA and MRA) (HD-1.5)** for vascular imaging related to Eagle Syndrome.[15]

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

CSF Leak with or without Headache

- CSF Leak with or without headache, see **Low Pressure Headache and CSF Leak (HD-11.15)**

Evidence Discussion (HD-1.7)

Neurologic evaluation of Nausea and vomiting

- In the evaluation of persistent, unexplained nausea and vomiting, an MRI brain is supported after a negative GI evaluation. Nausea and vomiting were reported as the initial symptom of a brain tumor in 5% of brain tumor cases. During the time course until diagnosis, nausea and vomiting is present in 25% of brain tumor cases.

Screening for metallic fragments

- The American College of Radiology White Paper on MR safety advises that all patients who have a history of orbit trauma by a potential ferromagnetic foreign body for which they sought medical attention are to have their orbits cleared by either a plain x-ray orbit films (2 views) or by a radiologist's review and assessment of a prior CT or MR images obtained since the suspected traumatic event. Screening for the presence of a metallic aneurysm clips with plain films of the skull is also is recommended. Although CT is more sensitive than plain films, the radiation dose is greatly increased.

3D Rendering

- 3-D/rotational angiography, as part of cerebral angiography, is also useful for radiation dose reduction during diagnostic and interventional neuroradiology procedures.

Gender affirming head and neck surgeries

- As the field has evolved, more centers are using frontal sinus setback as 90% of patients require frontal bone osteotomy and setback, based on their frontal bone anatomy. For individuals requiring bony manipulation, a fine-cut, non-contrast craniofacial CT scan from the vertex to the hyoid bone is used to map the bony framework. Virtual surgical planning improves efficiency, safety, and accuracy for frontal sinus setback and mandibular angle reduction surgeries. CT neck is indicated for laryngoplasty surgeries.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

References (HD-1)

v1.0.2025

1. ACR-ASNR-SPR Practice Parameter for the Performance of Computed Tomography (CT) of the Extracranial Head and Neck Revised 2021. (Resolution 5). https://www.acr.org/-/media/ACR/Files/Practice-Parameters/CT-Head-Neck
2. Hornby PJ. Central neurocircuitry associated with emesis. The American Journal of Medicine. 2001;111(8):106-112. doi:10.1016/s0002-9343(01)00849-x
3. Shosha E, Dubey D, Palace J, et al. Area postrema syndrome. Neurology. 2018;91(17). doi:10.1212/wnl.0000000000006392
4. Singh P, Yoon SS, Kuo B. Nausea: a review of pathophysiology and therapeutics. Therapeutic Advances in Gastroenterology. 2015;9(1):98-112. doi:10.1177/1756283x15618131
5. Gutkowski P, Rot S, Fritsch M, Meier U, Gölz L, Lemcke J. Secondary deterioration in patients with normal pressure hydrocephalus after ventriculoperitoneal shunt placement: a proposed algorithm of treatment. Fluids and Barriers of the CNS. 2020;17(1). doi:10.1186/s12987-020-00180-w
6. Capitán L, Santamaría JG, Simon D, et al. Facial Gender Confirmation Surgery. Plastic and Reconstructive Surgery. 2020;145(4). doi:10.1097/prs.0000000000006686
7. Hatcher-Martin JM, et al. Telemedicine in Neurology. Telemedicine Work Group of the American Academy of Neurology update. Neurology® 2020;94:30-38. doi:10.1212/WNL.0000000000008708
8. ACR ASNR SPR Practice Parameter for the Performance and Interpretation of Cervicocerebral Computed Tomography Angiography (CTA) Revised 2020
9. ACR ASNR SPR Practice Parameter for the Performance and Interpretation of Magnetic Resonance Imaging (MRI) of the Brain. Revised 2019
10. Expert Panel on Neurologic Imaging:, Kennedy TA, Corey AS, et al. ACR Appropriateness Criteria® Orbits Vision and Visual Loss. J Am Coll Radiol. 2018;15(5S):S116-S131. doi:10.1016/j.jacr.2018.03.023
11. Ederies A, Demchuk A, Chia T, Gladstone DJ, Dowlatshahi D, Bendavit G, Wong K, Symons SP, Aviv RI. Postcontrast CT extravasation is associated with hematoma expansion in CTA spot negative patients. Stroke. 2009 May;40(5):1672-6. doi: 10.1161/STROKEAHA.108.541201
12. Chuang WC, Short JH, McKinney AM, Anker L, Knoll B, McKinney ZJ. Reversible left hemispheric ischemia secondary to carotid compression in Eagle syndrome: surgical and CT angiographic correlation. AJNR Am J Neuroradiol 2007;28:143-5
13. Chou DW, Tejani N, Kleinberger A, Shih C. Initial Facial Feminization Surgery Experience in a Multicenter Integrated Health Care System. Otolaryngology–Head and Neck Surgery. 2020;163(4):737-742. doi:10.1177/0194599820924635
14. Raffaini M, Perello R, Tremolada C, Agostini T. Evolution of Full Facial Feminization Surgery. Journal of Craniofacial Surgery. 2019;30(5):1419-1424. doi:10.1097/scs.0000000000005221
15. Eggerstedt M, Hong YS, Wakefield CJ, Westrick J, Smith RM, Revenaugh PC. Setbacks in Forehead Feminization Cranioplasty: A Systematic Review of Complications and Patient-Reported Outcomes. Aesthetic Plastic Surgery. 2020;44(3):743-749. doi:10.1007/s00266-020-01664-8
16. Spiegel JH. Facial Feminization for the Transgender Patient. Journal of Craniofacial Surgery. 2019;30(5):1399-1402. doi:10.1097/scs.0000000000005645
17. Callen AL, Badiee RK, Phelps A, Potigailo V, Wang E, Lee S, Talbott J, Glastonbury C, Pomerantz JH, Narvid J. Facial Feminization Surgery: Key CT Findings for Preoperative Planning and Postoperative Evaluation. AJR 2020 Dec 30 [published online].Accepted manuscript. doi:10.2214/AJR.20.25228
18. James SE, Herman JL, Rankin S, Keisling M, Mottet L, Anafi M. (2016). The Report of the 2015 U.S. Transgender Survey. Washington, DC: National Center for Transgender Equality
19. Spiegel JH. Gender affirming and aesthetic cranioplasty: what's new?Curr Opin Otolaryngol Head Neck Surg 2020, 28:201-205. doi:10.1097/MOO.0000000000000640
20. Pasternak JJ and Abcejo AS. Anesthesia and the brain after concussion. Curr Opin Anesthesiol 2020, 33:639–645. doi:10.1097/ACO.0000000000000906
21. PRACTICE PARAMETER 1 Cervicocerebral MRA. https://www.acr.org/-/media/ACR/Files/Practice-Parameters/cervicocerebralmra.pdf?la=en

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

22. ACR-ASNR-SIR-SNIS Practice Prameter for the Performance of Diagnostic Cervicocerebral Catheter Angiography in Adults. Revised 2021. (Resolution 4) https://www.acr.org/-/media/ACR/Files/Practice-Parameters/cervicocerebralcathangio.pdf?la=en
23. Expert Panel on Neurologic Imaging, Whitehead MT, Cardenas AM, et al. ACR Appropriateness Criteria® Headache. *J Am Coll Radiol*. 2019;16(11S):S364-S377. doi:10.1016/j.jacr.2019.05.030
24. Expert Panel on Neurological Imaging: Luttrull MD, Boulter DJ, et al. ACR Appropriateness Criteria® Acute Mental Status Change, Delirium, and New Onset Psychosis. J Am Coll Radiol. 2019;16(5S):S26-S37. doi:10.1016/j.jacr.2019.02.024
25. Expert Panel on Neurological Imaging: Ledbetter LN, Burns J, et al. ACR Appropriateness Criteria® Cerebrovascular Diseases-Aneurysm, Vascular Malformation, and Subarachnoid Hemorrhage. J Am Coll Radiol. 2021;18(11S):S283-S304. doi:10.1016/j.jacr.2021.08.012
26. Expert Panel on Neurological Imaging, Rath TJ, Policeni B, et al. ACR Appropriateness Criteria® Cranial Neuropathy: 2022 Update. *J Am Coll Radiol*. 2022;19(11S):S266-S303. doi:10.1016/j.jacr.2022.09.021
27. Badhey, A et al. Eagle syndrome: A comprehensive review. Clin Neurol Neurosurg. 2017 159:34-38. doi: 10.1016/j.clineuro.2017.04.021
28. Jalisi S, Jamal B, Grillone G. Surgical management of long-standing eagle's syndrome. Annals of Maxillofacial Surgery. 2017;7(2):232. doi:10.4103/ams.ams_53_17
29. Tillema JM. Imaging of Central Nervous System Demyelinating Disorders. *Continuum (Minneap Minn)*. 2023;29(1):292-323. doi:10.1212/CON.0000000000001246
30. American College of Radiology. ACR Manual on Contrast Media. Available at: https://www.acr.org/-/media/ACR/Files/Clinical-Resources/Contrast_Media.pdf. Accessed June 22, 2023.
31. Dang BN, Hu AC, Bertrand AA, et al. Evaluation and treatment of facial feminization surgery: part I. forehead, orbits, eyebrows, eyes, and nose. Arch Plast Surg. 2021;48(5):503-510. doi:10.5999/aps.2021.00199.
32. Louis M, Travieso R, Oles N, Coon D. Narrative review of facial gender surgery: approaches and techniques for the frontal sinus and upper third of the face.*Ann Transl Med*. 2021;9(7):606. doi:10.21037/atm-20-6432.
33. Expert Panel on MR Safety, Kanal E, Barkovich AJ, et al. ACR guidance document on MR safe practices: 2013. J Magn Reson Imaging. 2013;37(3):501-530. doi:10.1002/jmri.24011
34. American College of Radiology. ACR practice parameter for performing and interpreting magnetic resonance imaging (MRI). Available at: https://www.acr.org/-/media/ACR/Files/Practice-Parameters/MR-PerfInterpret.pdf?la=en. America College of Radiology. Revised 2022.
35. Kubal WS. Updated imaging of traumatic brain injury. Radiologic clinics of North America. 2012;50(1):15.
36. Burgess RE, Kidwell CS. Use of MRI in the assessment of patients with stroke. Current neurology and neuroscience reports. 2011;11(1):28-34.
37. Kidwell CS, Chalela JA, Saver JL, et al. Comparison of MRI and CT for detection of acute intracerebral hemorrhage. JAMA : the journal of the American Medical Association. 2004;292(15):1823-1830
38. ACR–ASNR–SPR Practice Parameter for the Performance of Computed Tomography (CT) of the Head. Revised 2020.
39. Expert Panel on Neurological Imaging, Shih RY, Burns J, et al. ACR Appropriateness Criteria® Head Trauma: 2021 Update. J Am Coll Radiol. 2021;18(5S):S13-S36. doi:10.1016/j.jacr.2021.01.006
40. Barnes PD. Imaging of nonaccidental injury and the mimics: issues and controversies in the era of evidence-based medicine. Radiol Clin North Am 2011;49:205-29
41. ACR ASNR SPR Practice Parameter for the Performance and Interpretation of Cervicocerebral Magnetic Resonance Angiography (MRA) Revised 2020
42. Bailey W, Robinson L. Screening for intra-orbital metallic foreign bodies prior to MRI: Review of the evidence. Radiography (Lond). 2007;13(1):72-80. doi:10.1016/j.radi.2005.09.006
43. Johns T, Lawrence E. Evaluation and Treatment of Nausea and Vomiting in Adults. Am Fam Physician. 2024;109(5):417-425.
44. Alther B, Mylius V, Weller M, Gantenbein A. From first symptoms to diagnosis: Initial clinical presentation of primary brain tumors. Clinical and Translational Neuroscience. 2020;4(2). doi:10.1177/2514183X20968368
45. Gray R, Nguyen K, Lee JC, et al. Osseous Transformation with Facial Feminization Surgery: Improved Anatomical Accuracy with Virtual Planning. Plast Reconstr Surg. 2019;144(5):1159-1168.doi:10.1097/PRS.0000000000006166

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

46. Kanal E, Borgstede JP, Barkovich AJ, et al. American College of Radiology White Paper on MR Safety. AJR Am J Roentgenol. 2002;178(6):1335-1347. doi:10.2214/ajr.178.6.1781335

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Taste and Smell Disorders (HD-2)

Guideline

Taste and Smell Disorders (HD-2.1)
References (HD-2)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Taste and Smell Disorders (HD-2.1)

HD.TS.0002.1.A
v1.0.2025

- MRI Brain without and with contrast (CPT® 70553) or MRI Brain without contrast (CPT® 70551) **AND/OR** MRI Orbit/Face/Neck without (CPT® 70540) or MRI Orbit/Face/Neck without and with contrast (CPT® 70543) is indicated with unexplained unilateral or bilateral anosmia (inability to perceive odor) or dysgeusia (complete or partial loss of taste)[1]
- CT Maxillofacial (CPT® 70486, CPT® 70487 or CPT® 70488) is indicated initially if sinus or facial bone disorders are suspected
- For individuals who test positive for SARS-CoV-2 (see: **Neuro-COVID-19 and Sars-CoV-2 Vaccines (HD-14.2)** and **Stroke/TIA (HD-21.1)**)

Evidence Discussion (HD-2.1)

- Initial imaging of the olfactory nerve and pathway for unexplained unilateral or bilateral anosmia or for dysgeusia should utilize MRI brain and/or MRI orbits, face and neck. These imaging studies are supported by clinical evidence for the identification and characterization of a potential cranial nerve lesion.
- CT of the sinuses and face may be superior to identify fractures, inflammatory sinus disease, and other bony lesions in some cases.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

References (HD-2)

v1.0.2025

1. Expert Panel on Neurological Imaging, Rath TJ, Policeni B, et al. ACR Appropriateness Criteria® Cranial Neuropathy: 2022 Update. J Am Coll Radiol. 2022;19(11S):S266-S303. doi:10.1016/j.jacr.2022.09.021
2. Devere R. Disorders of Taste and Smell. CONTINUUM: Lifelong Learning in Neurology. 2017;23(2):421-446. doi:10.1212/con.0000000000000463
3. ACR-ASNR-SPR Practice Parameter for the Performance of Computed Tomography (CT) of the Extracranial Head and Neck Revised 2021. (Resolution 5). https://www.acr.org/-/media/ACR/Files/Practice-Parameters/CT-Head-Neck
4. Politi LS, Salsano E, Grimaldi M. Magnetic Resonance Imaging Alteration of the Brain in a Patient With Coronavirus Disease 2019 (COVID-19) and Anosmia. *JAMA Neurology*. 2020. doi:10.1001/jamaneurol.2020.2125
5. Soler ZM, Patel ZM, Turner JH, Holbrook EH. A primer on viral-associated olfactory loss in the era of COVID-19. International Forum of Allergy & *Rhinology*. 2020;10(7):814-820. doi:10.1002/alr.22578
6. ACR ASNR SPR Practice Parameter for the Performance and Interpretation of Magnetic Resonance Imaging (MRI) of the Brain. Revised 2019.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Ataxia (HD-3)

Guideline

Ataxia (HD-3.1)
References (HD-3)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Ataxia (HD-3.1)

HD.AX.0003.1.A
v1.0.2025

- Common manifestations include: poor coordination, an abnormal (including wide-based) gait, abnormal finger to nose testing, abnormal rapid alternating movements, abnormal eye movements, and/or difficulty with navigation of stairs and around corners.[3]
- MRI Brain without and with contrast (CPT® 70553) **OR** MRI Brain without contrast (CPT® 70551) is indicated in all individuals with ataxia:
  - MRI Cervical without contrast or without and with contrast (CPT® 72141 or CPT® 72156) **AND/OR** MRI Thoracic without contrast or without and with contrast (CPT® 72146 or CPT® 72157) **AND/OR** MRI Lumbar Spine without contrast or without and with contrast (CPT® 72148 or CPT® 72158) may be added if spinal disease is suspected
  - If these symptoms are acute and stroke is suspected, see **Stroke/TIA (HD-21.1)**
  - If MS is suspected, see **Multiple Sclerosis (MS) (HD-16.1)**
  - CT Head without contrast (CPT® 70450) **AND/OR** CT Orbit/Temporal Bone without contrast (CPT® 70480) may be added if these symptoms are acute following head trauma, (see also: **Head Trauma (HD-13.1)**)
- If brain tumor is suspected, see **Primary Central Nervous System Tumors (ONC-2.1)** in the Oncology Imaging Guidelines.
- For suspected Normal Pressure Hydrocephalus, see **Normal Pressure Hydrocephalus (NPH) (HD-8.4)**

Background and Supporting Information

- In general, MRI is preferred over CT, unless there is a history of acute trauma or contraindication to MRI. For all other causes, MRI provides better visualization of the cerebellum and posterior fossa.

Evidence Discussion (HD-3.1)

- MRI brain is the preferred initial imaging modality for evaluation of ataxia when a central nervous system cause is suspected. MRI of the spinal cord, to include the cervical and thoracic spine, may also be added if clinically indicated.
- CT head is not recommended for the initial evaluation of non-traumatic ataxia due to inferior soft tissue resolution when compared to MRI Brain. In addition, MRI brain provides better visualization of the cerebellum and posterior fossa and is more sensitive for the detection of posterior fossa infarcts.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

- In general, MRI is preferred over CT, unless there is a history of acute trauma or a contraindication to MRI.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (HD-3)

v1.0.2025

1. Wang LL, Thompson TA, Shih RY, et al. ACR Appropriateness Criteria® Dizziness and Ataxia. Available at https://acsearch.acr.org/docs/69477/Narrative/. American College of Radiology. Revised 2023.
2. Graff-Radford NR, Jones DT. Normal Pressure Hydrocephalus. *CONTINUUM: Lifelong Learning in Neurology*. 2019;25(1):165-186. doi:10.1212/con.0000000000000689
3. Ashizawa T, Xia G. Ataxia. *CONTINUUM: Lifelong Learning in Neurology*. 2016;22(4):1208-1226. doi:10.1212/con.0000000000000362
4. ACR ASNR SPR Practice Parameter for the Performance and Interpretation of Magnetic Resonance Imaging (MRI) of the Brain. Revised 2019.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Mental Health Disorders and Mental Status Change (HD-4)

Guideline

Autism Spectrum Disorders (HD-4.0)
Mental Health Related Disorders (HD-4.1)
Mental Status Change (HD-4.2)
References (HD-4)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Autism Spectrum Disorders (HD-4.0)

HD.BD.0004.0.A

v1.0.2025

- This group of diagnoses, including Asperger syndrome, is classified as pervasive development disorders (PDD). These diagnoses are established on clinical criteria, and no imaging study can confirm the diagnosis.
- Comprehensive evaluation for autism might include history, physical exam, audiology evaluation, speech, language, and communication assessment, cognitive and behavioral assessments, and academic assessment.
  - MRI Brain without and with contrast (CPT® 70553) **OR** MRI Brain without contrast (CPT® 70551) is indicated for **ANY** of the following:
    - New or worsening cognitive decline or focal neurologic findings documented on a pertinent physical[2]
  - PET imaging is considered not medically necessary in the evaluation of individuals with autism spectrum disorders.

Evidence Discussion (HD-4.0)

- While the diagnosis of Autism Spectrum Disorder is based on behavioral signs and symptoms, MRI brain with and without contrast is indicated for new or worsening focal neurological findings and/or loss of developmental milestones and/or regression. In these clinical situations, advanced imaging may be used to adjust a patient's treatment plan, without which their development may continue to regress.
- PET is considered not currently medically necessary in the evaluation of individuals with autism spectrum disorder PET imaging in this scenario would unnecessarily expose patients to radiation and provide no clinical utility related to autism spectrum disorder.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Mental Health Related Disorders (HD-4.1)

HD.BD.0004.1.A
v1.0.2025

- Mental health diagnoses, to include Attention Deficit Hyperactivity Disorder (ADHD), do not routinely require advanced imaging.[11]
- MRI Brain without contrast (CPT® 70551) **OR** MRI Brain without and with contrast **(**CPT® 70553) **OR** CT Head without contrast (CPT® 70450) may be indicated for the exceptions listed below:
  - Acute mental status change, disturbance in consciousness or arousal state
  - Psychotic disorders (including schizophrenia), bipolar disorder and related disorders in the following clinical presentations:
    - Acute psychosis
    - Late onset over age 40
    - Presentation of acute psychiatric symptoms with comorbid serious medical illness
    - Non-auditory hallucinations (e.g., visual, tactile, olfactory) with no known etiology
    - Nonresponse to adequate medication trials
    - Symptoms of an organic brain disorder (e.g., focal deficits, severe headache, or seizures)
- Prior to electroconvulsive therapy (ECT) treatment, the following may be utilized to screen for intracranial disease: MRI Brain without contrast (CPT® 70551) **OR** CT Head without contrast (CPT® 70450)
- Deep Brain Stimulation Therapy for psychiatric disorders is considered not medically necessary, except for medically refractory Obsessive Compulsive Disorder (OCD).[10]
  - Imaging supported prior to Deep Brain Stimulation (DBS) therapy for medically refractory Obsessive Compulsive Disorder (OCD):
    - MRI Brain without contrast (CPT® 70551) **OR** MRI Brain without and with contrast (CPT® 70553) **AND/OR** unlisted CT procedure code (CPT® 76497)

Evidence Discussion (HD-4.1)

- There is no role for advanced imaging in Mental health workup (including ADHD). Unnecessary imaging has detrimental effects in that it provides no positive impact on outcomes/management and does expose patients to unnecessary radiation, contrast, and financial strain.
- It would be appropriate to utilize Advanced imaging (CT or MRI) in the following conditions.
  - Acute mental status change, disturbance in consciousness or arousal state

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

- Psychiatric disorders with the following clinical presentations:
  - Acute psychosis
  - Late onset over age 40
  - Presentation of acute psychiatric symptoms with comorbid serious medical illness
  - Non-auditory hallucinations of unknown etiology
  - Nonresponse to adequate medication trials
  - Symptoms of an organic brain disorder (e.g., focal deficits, severe headache, or seizures)

- Advanced imaging may be medically necessary for electroconvulsive therapy clearance and prior to deep brain stimulation for medically refractory Obsessive Compulsive Disorder.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Mental Status Change (HD-4.2)

HD.BD.0004.2.A
v1.0.2025

After a detailed history, which includes onset, duration, and timeframe (i.e., constant vs intermittent) **AND** bedside neurologic exam that includes a mental status evaluation providing a description of the level of alertness, other characteristics and/or cognitive testing, the following are supported:

Indication	Supported Imaging
Acute or worsening mental status change, initial or repeat imaging	• CT Head without contrast (CPT® 70450) **OR** • If setting is urgent, CT Head contrast as requested (CPT® 70450 OR CPT® 70460 OR CPT® 70470) **OR** • If MRI is contraindicated, CT Head contrast as requested (CPT® 70450 OR CPT® 70460 OR CPT® 70470) • *CT Head permitted even with prior MRI Brain imaging* **OR** • MRI Brain without contrast (CPT® 70551) **OR** • MRI Brain without and with contrast (CPT® 70553) • *MRI Brain permitted even with prior head CT imaging*

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Indication	Supported Imaging
*Presence of any Red Flag, including: • Sudden language, focal motor, or sensory deficit – **Stroke/TIA (HD-21.1)** • Headache – **Headaches with Red Flags (HD-11.2)** • Hypertensive urgency – **Stroke/TIA (HD-21.1)** and **Sudden Onset of Headache (HD-11.3)** • Fever/tachycardia, possible meningitis, or other CNS infection – **CNS and Head Infection (HD-14.1)** • COVID-19 – **Neuro-COVID-19 and Sars-CoV-2 Vaccines (HD-14.2)** • Coagulopathy or anticoagulant use- **Abnormal Blood Clotting (HD-11.9)** • Pregnancy or post-partum – **Pregnancy (HD-11.10)** • Known malignancy – **Low Grade Gliomas (ONC-2.2)**, **High Grade Gliomas (ONC-2.3)** and **Brain Metastases (ONC-31.3)** • Trauma- **Head Trauma (HD-13.1)** • Non-auditory hallucinations – **Mental Health Related Disorders (HD-4.1)** • Suspected increased intracranial pressure – **Papilledema/Pseudotumor Cerebri (HD-17.1)** and **Hydrocephalus Shunts (HD-11.14)** • Seizure/suspected seizure – **Epilepsy/ Seizures (HD-9.1)**	*See relevant guideline

Background and Supporting Information

This section refers to acute/subacute mental status change, which generally involves signs and symptoms which begin over minutes to days, and includes changes in behavior and alertness, agitation, and/or confusion – as opposed to chronic, progressive cognitive decline, as in dementia.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Acute mental status change or encephalopathy is characterized by changes in behavior or alertness, agitation, confusion, as opposed to chronic, progressive cognitive decline, such as dementia related disorders.

Delirium and psychosis are defined as follows:

- Delirium is a disorder of acute onset involving deficits in attention, awareness, and cognition that fluctuate in severity over time. These are often associated with psychomotor disturbance, altered sleep cycle, and emotional variability. These disturbances may be hyperactive (restlessness, agitation) or hypoactive (psychomotor retardation, lethargy) and there may be accompanying fever and/or autonomic symptoms (tachycardia, sweating), depending on the underlying cause.
- Psychosis is a disorder of impaired reality, characterized by hallucinations, delusions, or both, without insight into their pathologic nature. It may be associated with disorganized behavior, thought blocking, illogicality, tangentiality, perseveration, and/or neologisms.

The purpose of the initial assessment is to characterize the etiology. This may include: toxic/ metabolic (e.g. hypoglycemic, drug exposures), structural (e.g. trauma, stroke, hypoxic-ischemic, hydrocephalus, tumor), paroxysmal (e.g. seizure, psychiatric), and inflammatory (e.g. infectious, autoimmune).

Of note, even a seemingly mild, reversible brain insult superimposed upon a chronic pathophysiologic process may cause a sudden mental status change, and head imaging may or may not be necessary, depending on the provider's pre-test suspicion of a significant new diagnosis.

Vagal Nerve Stimulators (VNS), which are FDA approved for treatment of depression, are included among potential treatments, which also include medication trials.

Evidence Discussion (HD-4.2)

- Advanced brain imaging is supported for acute onset of mental status change, or worsening symptoms in the setting of a known intracranial process with MRI brain with or without a previous CT head.
- Advanced imaging supported for mental status change with precipitating factors including suspected seizure, COVID related symptoms, head trauma, stroke, mass or known malignancy, suspected increased intracranial pressure, intracranial infection, hypertensive emergency, presence of coagulopathy, pregnancy and postpartum period, associated headache.
- According to the ACR, advantages of MRI for altered mental state include: 1) higher sensitivity for detection of ischemia, encephalitis, subtle cases of SAH; and 2) enhancement of pathology compared with CT. The disadvantages of MRI in this clinical scenario are the same as with MRI in general, including patient inconvenience

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

(longer examination time), imaging quality is susceptible to patients' movements, and implanted devices that are not MRI safe.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

References (HD-4)

v1.0.2025

1. Uzelac A. Imaging of Altered Mental Status. *Radiologic Clinics of North America*. 2020;58(1):187-197. doi:10.1016/j.rcl.2019.08.002
2. Expert Panel on Neurological Imaging: Luttrull MD, Boulter DJ, et al. ACR Appropriateness Criteria® Acute Mental Status Change, Delirium, and New Onset Psychosis. J Am Coll Radiol. 2019;16(5S):S26-S37. doi:10.1016/j.jacr.2019.02.024
3. Andrea S, Papirny M, Raedler T. Brain Imaging in Adolescents and Young Adults With First-Episode Psychosis. *The Journal of Clinical Psychiatry*. 2019;80(6). doi:10.4088/jcp.18m12665
4. Baker E, and Jeste SS. Diagnosis and Management of Autism Spectrum Disorder in the Era of Genomics. *Pediatric Clinics of North America*. 2015;62(3):607-618. doi:10.1016/j.pcl.2015.03.003
5. Zürcher NR, Bhanot A, McDougle CJ, Hooker JM. A systematic review of molecular imaging (PET and SPECT) in autism spectrum disorder: Current state and future research opportunities. *Neuroscience & Biobehavioral Reviews*. 2015;52:56-73. doi:10.1016/j.neubiorev.2015.02.002.
6. Julayanont P, Suryadevara U. Psychosis. *Continuum (Minneap Minn)*. 2021;27(6):1682-1711. doi:10.1212/CON.0000000000001013
7. Keepers GA. American Psychiatric Association.The American Psychiatric Association practice guideline for the treatment of patients with schizophrenia / Guideline Writing Group, Systematic Review Group, Committee on Practice Guidelines.3rd edition. American Psychiatric Association; 2021
8. Rapinesi C, Kotzalidis GD, Ferracuti S, Sani G, Girardi P, Del Casale A. Brain Stimulation in Obsessive-Compulsive Disorder (OCD): A Systematic Review. Curr Neuropharmacol. 2019;17(8):787-807. doi: 10.2174/1570159X17666190409142555. PMID: 30963971; PMCID: PMC7059162.
9. Ali SA, Mathur N, Malhotra AK, Braga RJ. Electroconvulsive Therapy and Schizophrenia: A Systematic Review. Mol Neuropsychiatry. 2019 Apr;5(2):75-83. doi: 10.1159/000497376. Epub 2019 Apr 2. PMID: 31192220; PMCID: PMC6528094.
10. Staudt MD, Pouratian N, Miller JP, et al. Congress of Neurological Surgeons Systematic Review and Evidence-Based Guidelines for Deep Brain Stimulations for Obsessive-Compulsive Disorder: Update of the 2014 Guidelines. Neurosurgery. 2021;88(4):710-712. doi:10.1093/neuros/nyaa596
11. Pereira-Sanchez V, Castellanos FX. Neuroimaging in attention-deficit/hyperactivity disorder. Curr Opin Psychiatry. 2021;34(2):105-111. doi:10.1097/YCO.0000000000000669
12. Expert Panel on MR Safety, Kanal E, Barkovich AJ, et al. ACR guidance document on MR safe practices: 2013. *J Magn Reson Imaging*. 2013;37(3):501-530. doi:10.1002/jmri.24011
13. ACR Appropriateness Criteria® Acute Mental Status Change, Delirium, and New Onset Psychosis. J Am Coll Radiol. 2019;16(5S):S26-S37. doi:10.1016/j.jacr.2019.02.024 American College of Radiology ACR Appropriateness Criteria® Altered Mental Status, Coma, Delirium, and Psychosis (revised 2024).

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Chiari and Skull-Base Malformations (HD-5)

Guideline

Chiari Malformations (HD-5.1)
Chiari II Malformations (Arnold Chiari Malformation) (HD-5.2)
Chiari III and IV Malformations (HD-5.3)
Basilar Impression/Basilar Invagination (HD-5.4)
Platybasia (HD-5.5)
Evidence Discussion (HD-5)
References (HD-5)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Chiari Malformations (HD-5.1)

HD.CM.0005.1.A
v1.0.2025

Indication	Supported Imaging
Initial Evaluation for suspected or known Chiari malformations:	• MRI Brain without contrast (CPT® 70551) or MRI Brain without and with contrast (CPT® 70553) **AND/OR** • MRI Cervical Spine without contrast (CPT® 72141) or MRI Cervical Spine without and with contrast (CPT® 72156) **AND/OR** • MRI Thoracic Spine without contrast (CPT® 72146) or MRI Thoracic Spine without and with contrast (CPT® 72157) **AND/OR** • MRI Lumbar Spine without contrast (CPT® 72148) or MRI Lumbar Spine without and with contrast (CPT® 72158)
Repeat imaging for one of the following: • New or worsening signs or symptoms • Surgical procedure is actively being considered • At the discretion of or in consultation with a neurologist and/or neurosurgeon coordinating the individual's care	• MRI Brain without contrast (CPT® 70551) or MRI Brain without and with contrast (CPT® 70553) **AND/OR** • MRI Cervical Spine without contrast (CPT® 72141) or MRI Cervical Spine without and with contrast (CPT® 72156) **AND/OR** • MRI Thoracic Spine without contrast (CPT® 72146) or MRI Thoracic Spine without and with contrast (CPT® 72157) **AND/OR** • MRI Lumbar Spine without contrast (CPT® 72148) or MRI Lumbar Spine without and with contrast (CPT® 72158)

- Familial screening is NOT indicated for Chiari Malformations.
- For CSF flow imaging, see **CSF Flow Imaging (HD-24.4)**

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Background and Supporting Information

Chiari I malformations involve caudal displacement or herniation of the cerebellar tonsils. Chiari I may be associated with syringomyelia and rarely with hydrocephalus. Most cases are asymptomatic and discovered incidentally on a head scan performed for another indication. When symptoms are present, they are usually nonspecific but can include headache, lower cranial nerve palsies, or sleep apnea.

Chiari II malformations are more severe than Chiari I malformations. These individuals usually present at birth. Myelomeningocele is always present, and syringomyelia and hydrocephalus are extremely common.

Chiari III malformations include cerebellar herniation into a high cervical myelomeningocele. Chiari IV malformation refers to complete cerebellar agenesis. Both Chiari III and IV malformations are noted at birth and are rarely compatible with life.

Repeat brain and spine imaging in individuals with Chiari I malformations and known syringomyelia or hydromyelia is highly individualized.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Chiari II Malformations (Arnold Chiari Malformation) (HD-5.2)

HD.CM.0005.2.A
v1.0.2025

- See **Chiari Malformations (HD-5.1)**

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Chiari III and IV Malformations (HD-5.3)

HD.CM.0005.3.A
v1.0.2025

- See **Chiari Malformations (HD-5.1)**

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Basilar Impression/Basilar Invagination (HD-5.4)

HD.CM.0005.4.A
v1.0.2025

Imaging indications for suspected or known Basilar Impression or Basilar Invagination:

- MRI Brain (CPT® 70551) **AND/OR** MRI Cervical Spine (CPT® 72141) without contrast
- If surgery is being considered, CT Head (CPT® 70450) **AND/OR** CT Cervical Spine (CPT® 72125) without contrast are also indicated **AND/OR** MRA Head (CPT® 70544, CPT® 70545, or CPT® 70546) **OR** CTA Head (CPT® 70496) **AND/OR** MRA Neck (CPT® 70547, CPT® 70548, or CPT® 70549) **OR** CTA Neck (CPT® 70498).[13]
- One-time screening of first-degree relatives with MRI Brain without contrast (CPT® 70551) is supported.

Background and Supporting Information

Basilar impression involves malformation of the occipital bone in relation to C1-2 (cervical vertebrae 1 and 2). The top of the spinal cord is inside the posterior fossa and the foramen magnum is undersized. Over time, this can lead to brain stem and upper spinal cord compression. Basilar impression can also be associated with the Chiari malformation, producing very complex anatomical abnormalities.

Basilar invagination is an abnormality at the craniovertebral junction, either congenital or degenerative, resulting in the odontoid prolapsing into the already limited space of the foramen magnum. It is commonly associated with conditions such as Chiari malformation, syringomyelia, and Klippel-Feil syndrome.[12]

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Platybasia (HD-5.5)

HD.CM.0005.5.A
v1.0.2025

Imaging indications for suspected or known Platybasia:

- MRI Brain without contrast (CPT®70551) or CT Head without contrast (CPT®70450)
- If surgery is being considered,
  - CT Head (CPT®70450) **AND/OR**
  - CT Cervical Spine without contrast (CPT®72125) **AND/OR**
  - MRA Head (CPT® 70544, CPT® 70545, or CPT® 70546) **OR**
  - CTA Head (CPT® 70496) **AND/OR**
  - MRA Neck (CPT® 70547, CPT® 70548, or CPT® 70549) **OR**
  - CTA Neck (CPT® 70498)[13]

Background and Supporting Information

Platybasia is a flattening malformation of the skull base, in which the clivus has a horizontal orientation.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Evidence Discussion (HD-5)

v1.0.2025

- A CT scan of the head is less sensitive than an MRI of the brain for evaluation of intracranial structures, including major structural abnormalities of the posterior fossa.
- Neuroimaging in the initial evaluation of Chiari malformation should include the spinal cord due to the common occurrence or increased frequency of associated conditions such as cervical syrinx and tethered cord.
- For initial evaluation, treatment planning, and follow up, MRI is the preferred modality for malformations of the brain and cervicocranial junction. MRI is ideal for evaluating soft tissues, neural structures, and ligaments.
- As congenital brainstem and cerebellar anomalies are associated with spinal anomalies, MRI of the complete spine is helpful for diagnosis, follow up and treatment planning.
- A phase-contrast CSF flow study at the craniocervical junction is a supportive study for evaluation of Chiari malformation.
- Evaluation of cervicojunction anomalies, including basilar invagination and platybasia, may require more than one modality for diagnosis and surgical planning. CT characterizes osseous anatomy and may be helpful for surgical planning. MRI is preferred for evaluation of the soft tissues, neural structures and ligaments for these conditions. As craniocervical junction anomalies may lead to compression of adjacent vascular structures, CT- or MR-Angiography of the head and neck are useful for surgical planning.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (HD-5)

v1.0.2025

1. Strahle J, Muraszko KM, Kapurch J, et al. Chiari malformation Type I and syrinx in children undergoing magnetic resonance imaging. *J Neurosurg Pediatr*. 2011 Aug; 8 (2): 205-213
2. Strahle J, Muraszko KM, Kapurch J, et al. Natural history of Chiari malformation Type I following decision for conservative treatment. *J Neurosurg Pediatr.* 2011 Aug; 8 (2): 214-221
3. Strahle J, Muraszko KM, Garton HJL, et al. Syrinx location and size according to etiology: identification of Chiari-associated syrinx. *J Neurosurg Pediatr*. 2015 July; 16 (1): 21-9 Epub 2015 Apr 3
4. Strahle J, Smith BW, Martinez M, et al. The association between Chiari malformation Type I, spinal syrinx, and scoliosis. *J Neurosurg Pediatr*. 2015 Jun; 15 (6): 607-611
5. Victorio MC, Khoury CK. Headache and Chiari I Malformation in Children and Adolescents. *Seminars in Pediatric Neurology*. 2016;23(1):35-39
6. Radic JAE, Cochrane DD. Choosing Wisely Canada: Pediatric Neurosurgery Recommendations. *Paediatrics & Child Health*. 2018;23(6):383-387. doi:10.1093/pch/pxy012
7. Smoker WRK and Khanna G. Imaging the craniocervical junction. Childs Nerv Syst. 2008 Oct; 24 (10): 1123-1145
8. Kinsman SL and Johnston MV. Congenital anomalies of the central nervous system. Nelson Textbook of Pediatrics, Chapter 609. eds Kliegman RM, St. Geme JW III, Blum NJ, Shah SS, Tasker RC, Wilson KM. 21st edition. 2020, pp 3063-3082
9. Dantas FLR, Dantas F, Caires AC, Botelho RV. Natural History and Conservative Treatment Options in Chiari Malformation Type I in Adults: A Literature Update. Cureus. 2020;12(12):e12050. Published 2020 Dec 13. doi:10.7759/cureus.12050
10. Holly LT, Batzdorf U. Chiari malformation and syringomyelia. J Neurosurg Spine. 2019;31(5):619-628. doi:10.3171/2019.7.SPINE181139
11. Rosenblum JS, Pomeraniec IJ, Heiss JD. Chiari Malformation (Update on Diagnosis and Treatment). Neurol Clin. 2022;40(2):297-307. doi:10.1016/j.ncl.2021.11.007
12. Brito JNPO, Santos BAD, Nascimento IF, Martins LA, Tavares CB. Basilar invagination associated with chiari malformation type I: A literature review. Clinics (Sao Paulo). 2019;74:e653. doi:10.6061/clinics/2019/e653
13. Pinter NK, McVige J, Mechtler L. Basilar Invagination, Basilar Impression, and Platybasia: Clinical and Imaging Aspects. Curr Pain Headache Rep. 2016;20(8):49. doi:10.1007/s11916-016-0580-x
14. Expert Panel on Pediatric Imaging, Radhakrishnan R, Shea LAG, et al. ACR Appropriateness Criteria® Ataxia-Child. J Am Coll Radiol. 2022;19(11S):S240-S255. doi:10.1016/j.jacr.2022.09.010
15. Expert Panel on Neurologic Imaging, Pallavi S, Utukuri MD, et al. ACR Appropriateness Criteria® Headache. Available at https://acsearch.acr.org/docs/69482/Narrative/ American College of Radiology. 2022.
16. Expert Panel on Pediatric Imaging:, Hayes LL, Palasis S, et al. ACR Appropriateness Criteria® Headache-Child. J Am Coll Radiol. 2018;15(5S):S78-S90. doi:10.1016/j.jacr.2018.03.017

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Facial Palsy (Bell's Palsy)/Hemifacial Spasm (HD-6)

Guideline

Facial Palsy (HD-6.1)
Hemifacial Spasm (HD-6.2)
Evidence Discussion (HD-6)
References (HD-6)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Facial Palsy (HD-6.1)

HD.FP.0006.1.A
v1.0.2025

- MRI Brain without and with contrast (CPT® 70553) (with attention to posterior fossa and IACs) or MRI Brain without contrast (CPT® 70551) **AND/OR** MRI Orbit/Face/Neck without contrast (CPT® 70540) or MRI Orbit/Face/Neck without and with contrast (CPT® 70543) are supported with the following "red flags" of unexplained facial paresis/paralysis in clinical scenarios with:[2]
  - Trauma to the temporal bone
  - History of tumor, systemic cancer, HIV or Lyme disease
  - No improvement in 8 weeks
  - No full recovery in 3 months
  - Gradual onset over weeks to months
  - Vertigo or hearing loss
  - Bilateral involvement
  - Other atypical or inconsistent features including:
    - Second episode of paralysis on the same side
    - Paralysis of isolated branches of the facial nerve
    - Paralysis associated with other cranial nerves
- MRI Brain without and with contrast (CPT® 70553) for known sarcoidosis with suspected neurosarcoid or CNS involvement is supported, (see also **Autoimmune/ Paraneoplastic Encephalitis & NeuroInflammatory Disorders (HD-14.3)**)
- CT Orbit/Temporal Bone without contrast (CPT® 70480), in the presence of red flags, to assess osseous integrity of the temporal bone, to characterize fractures, pre-surgical anatomy, inflammatory middle ear disease, bone tumor, facial canal foraminal expansion and/or bone erosion.[2]
- CT Orbit/Temporal Bone with contrast (CPT® 70481), in the presence of red flags, for suspected tumors and/or infection.[2]
- CT Maxillofacial without contrast (CPT® 70486) to assess bony facial nerve canal **OR** with contrast (CPT® 70487) when infection or tumor are suspected, if requested per institutional protocol.[2]
- MRA Head without contrast (CPT® 70544), with contrast (CPT® 70545), or without and with contrast (CPT® 70546) **AND/OR** MRA Neck without contrast (CPT® 70547), with contrast (CPT® 70548), or without and with contrast (CPT® 70549) **OR** CTA Head (CPT® 70496) **AND/OR** CTA Neck (CPT® 70498) for clinically suspected stroke[2] (see **General Guidelines- CT and MR Angiography (CTA and MRA) (HD-1.5)** and **Stroke/TIA (HD-21.1)**).

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Background and Supporting Information

Typical features of Bell's palsy include variable initial ipsilateral temporal and auricular pain before facial weakness, onset over 72 hours, ipsilateral complete facial weakness, and an otherwise normal neurological and systemic examination. There is usually slow improvement over several months. Unless "red flags" are present, imaging is not necessary.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Hemifacial Spasm (HD-6.2)

HD.FP.0006.2.A
v1.0.2025

- For hemifacial spasm, facial synkinesis, or blepharospasm:
  - MRI Brain without and with contrast (CPT® 70553)
  - Add CTA Head (CPT® 70496) or MRA Head (CPT® 70544, CPT® 70545, or CPT® 70546) for consideration of vascular decompression surgical procedure to clarify the vascular anatomy in individuals who have failed conservative medical management
- For tardive dyskinesia, see **Movement Disorders (HD-15.1)**

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Evidence Discussion (HD-6)

v1.0.2025

- Facial nerve palsy/Bell's Palsy, commonly referred to as Bell's Palsy, does not routinely require imaging as recommended by the American Academy of Neurology and the American Academy of Otolaryngology Head and Neck Surgery Foundation. Complete recovery typically occurs within 3 to 6 months.
- When imaging is indicated, MRI is the preferred modality for evaluating the facial nerve from its origin in the brainstem, through its intracranial and extracranial segments. This would include imaging of the brain, face or both areas concurrently. MRI is useful to exclude structural causes of facial nerve paralysis in the setting of red flags.
- Imaging is reserved for cases with "red flags," which include atypical, recurrent or persistent cases. Limiting imaging to those with "red flags" avoids unnecessary radiation exposure, identification of incidental findings, contrast reactions, and unnecessary costs. The risk of limiting imaging includes missing identifiable and treatable causes of facial paralysis. To mitigate this risk, clinical follow up is recommended at 3 months.
- MRI has sensitivity ranging from 73% to 100% in detecting peripheral spread of tumor.
- As the facial nerve courses through the temporal bone, CT temporal bone is useful to identify temporal bone fractures, bony anatomy, bone erosion and for surgical planning.
- Vascular imaging is helpful if stroke is clinically suspected.
- For evaluation of hemifacial spasm, MRA allows characterization of vascular loops compressing the facial nerve, with sensitivity >95% and correlates well with surgical findings.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (HD-6)

v1.0.2025

1. Baugh RF, Basura GJ, Ishii LE, et al. Clinical practice guideline. Bell's Palsy Executive Summary. *Otolaryngology–Head and Neck Surgery*. 2013;149(5):656-663. doi:10.1177/0194599813506835
2. Expert Panel on Neurological Imaging, Rath TJ, Policeni B, et al. ACR Appropriateness Criteria® Cranial Neuropathy: 2022 Update. J Am Coll Radiol. 2022;19(11S):S266-S303. doi:10.1016/j.jacr.2022.09.021
3. Yaltho TC, Jankovic J. The many faces of hemifacial spasm: Differential diagnosis of unilateral facial spasms. Movement Disorders. 2011;26(9):1582-1592. doi:10.1002/mds.23692
4. Reich SG. Bell's Palsy. CONTINUUM: Lifelong Learning in Neurology. 2017;23(2):447-466. doi:10.1212/con.0000000000000447
5. Stern BJ, Royal W, Gelfand JM, et al. Definition and Consensus Diagnostic Criteria for Neurosarcoidosis. JAMA Neurology. 2018;75(12):1546. doi:10.1001/jamaneurol.2018.2295
6. Gronseth GS, Paduga R; American Academy of Neurology. Evidence-based guideline update: steroids and antivirals for Bell palsy: report of the Guideline Development Subcommittee of the American Academy of Neurology. Neurology. 2012;79(22):2209-2213. doi:10.1212/WNL.0b013e318275978c
7. Induruwa I, Holland N, Gregory R, Khadjooi K. The impact of misdiagnosing Bell's palsy as acute stroke. Clin Med (Lond). 2019;19(6):494-498. doi:10.7861/clinmed.2019-0123
8. Yücel V, Özbal Güneş S, Keseroğlu K, et al. Prognostic and Clinical Role of Contrast Enhancement on Magnetic Resonance Imaging in Patients with Bell's Palsy. Turk Arch Otorhinolaryngol. 2022;60(2):80-87. doi:10.4274/tao.2022.2022-2-14
9. Bacorn C, Fong NST, Lin LK. Misdiagnosis of Bell's palsy: Case series and literature review. Clin Case Rep. 2020;8(7):1185-1191. Published 2020 Apr 16. doi:10.1002/ccr3.2832
10. Hohman MH, Hadlock TA. Etiology, diagnosis, and management of facial palsy: 2000 patients at a facial nerve center. Laryngoscope 2014;124:E283-93
11. Savary T, Fieux M, Douplat M, et al. Incidence of Underlying Abnormal Findings on Routine Magnetic Resonance Imaging for Bell Palsy. JAMA Netw Open. 2023;6(4):e239158. doi:10.1001/jamanetworkopen.2023.9158
12. Seok JI, Park JH, Park JA, Do Y. Contrast-enhanced MRI findings of patients with acute Bell palsy within 7 days of symptom onset: A retrospective study. Medicine (Baltimore). 2023;102(48):e36337. doi:10.1097/MD.0000000000036337

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Recurrent Laryngeal Palsy/Vocal Cord Palsy (HD-7)

Guideline

Recurrent Laryngeal Palsy/Vocal Cord Palsy (HD-7.1)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Recurrent Laryngeal Palsy/Vocal Cord Palsy (HD-7.1)

HD.RL.0007.1.A
v1.0.2025

- See **Recurrent Laryngeal Nerve Palsy in Neck-7.1**

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Dementia (HD-8)

Guideline

Dementia (HD-8.1)
Dementia - PET (HD-8.2)
Lewy Body Dementia (LBD) - SPECT Brain Scan (HD-8.3)
Normal Pressure Hydrocephalus (NPH) (HD-8.4)
Imaging Related to Alzheimer's Treatment with Amyloid Reduction Medications (HD-8.5)
References (HD-8)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Dementia (HD-8.1)

HD.DM.0008.1.A
v1.0.2025

- For acute mental status change, see **Mental Status Change (HD-4.2)** and **Stroke/ TIA (HD-21.1)**
- For members being considered for amyloid reducing medications for the treatment of Mild Cognitive Impairment (MCI) due to Alzheimer's disease or mild dementia due to Alzheimer's disease see **Imaging related to Alzheimer's Treatment with Amyloid Reduction Medications (HD-8.5)**
- MRI Brain without contrast (CPT® 70551) or MRI Brain without and with contrast (CPT® 70553) or CT Head without contrast (CPT® 70450) is supported after an initial clinical diagnosis of dementia has been established.
  - The following components are required:
    - A detailed neurological exam is not required when dementia is diagnosed with abnormal bedside mental status testing by score results
    - Established diagnosis of dementia: date of onset of symptoms with documentation of 6 months of cognitive decline based on a detailed history of memory loss with impairment of day-to-day activities confirmed by family members or others with knowledge of the individual's status

      OR
    - Results of bedside testing and/or neuropsychological testing can be performed when history and bedside mental status examination cannot provide a confident diagnosis.
      - Examples of abnormal bedside mental status testing such as Mini-Mental Status Exam (MMSE) with score <26, Montreal Cognitive Assessment Survey (MoCA) with score <26, Memory Impairment Screen (MIS) with score <5, the St. Louis University Mental Status (SLUMS) with score <21, or the Eight-item Informant Interview to Differentiate Aging and Dementia (AD8) Dementia Score > 2.[24]
    - Presumptive causes or etiology/ies of dementia
      - Cannot occur exclusively during bouts of delirium
      - Cannot be explained by another mental disorder
- For the evaluation of Normal Pressure Hydrocephalus, see **Normal Pressure Hydrocephalus (HD-8.4)**
- Quantitative Magnetic Resonance Image (MRI) Analysis of the Brain
  - Volumetric or quantitative analysis of the brain or temporal lobes and hippocampus may be ordered as Quantitative MRI Analysis of the Brain (CPT® 0865T or CPT® 0866T) or 3D rendering (CPT® 76376 and CPT® 76377).

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

- These studies lack sufficient specificity and sensitivity to be clinically useful in the evaluation or follow up of individuals with dementia. Their use is limited to research studies and are otherwise considered to be not medically necessary in routine clinical practice.

Background and Supporting Information

Mild Cognitive Impairment (MCI), also referred to as mild neurocognitive disorder, is marked by focal or multifocal cognitive impairment with minimal impairment of instrumental activities of daily living that do not cross the threshold for dementia.[16]

Dementia, or major neurocognitive disorder, as defined by the Diagnostic and Statistical Manual of Mental Disorders (DSM-5), refers to significant cognitive decline, with impairment in cognitive performance in domains including complex attention, executive function, learning and memory, language, perceptual-motor skills, or social cognition.[16]

Evidence Discussion (HD-8.1)

- The primary role of neuroimaging in the work up of patients diagnosed with dementia is to exclude other serious differential diagnosis such as tumors, subdural hematomas, and normal pressure hydrocephalus. The American Academy of Neurology (AAN) recommends the use of noncontrast CT or Brain MRI for aiding in the diagnosis of dementia. Cross sectional imaging may also identify characteristic brain atrophy patterns found in common neurodegenerative diseases and vascular insults. CT imaging may also be used when MRI scans are contraindicated.
- Volumetric MRI brain for the diagnosis of dementia is not currently recommended for routine clinical use by the AAN.There remains a significant evidence gap in the literature regarding clinical validation of volumetric MRI in the diagnosis of dementia. Their use remains limited to research studies.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Dementia - PET (HD-8.2)

HD.DM.0008.2.A

v1.0.2025

- Prior to consideration of Brain PET imaging for a diagnosis of dementia, all of the following components are required:
  - Established diagnosis of dementia: date of onset of symptoms with documentation of 6 months of cognitive decline based on a detailed history of memory loss with impairment of day-to-day activities confirmed by family members or others with knowledge of the individual's status

    OR
  - Results of bedside testing and/or neuropsychological testing can be performed when history and bedside mental status examination cannot provide a confident diagnosis.
    - Examples of abnormal bedside mental status testing such as Mini-Mental State Exam (MMSE) with score <26, Montreal Cognitive Assessment Survey (MoCA) with score <26, Memory Impairment Screen (MIS) with score <5, the St. Louis University Mental Status (SLUMS) with score <21 or the Eight-item Informant Interview to Differentiate Aging and Dementia (AD8) Dementia Score > 2.[24]
  - Results of any structural imaging (MRI or CT Head) performed.
  - Presumptive causes or etiology/ies of dementia
    - Cannot occur exclusively during bouts of delirium
    - Cannot be explained by another mental disorder

CPT® 78608 is used to report FDG PET metabolic brain studies for dementia, seizure disorders, and dedicated PET tumor imaging studies of the brain.

CPT® 78609 is used to report PET Brain perfusion studies that are not performed with FDG.

CPT® 78811 (limited PET) or CPT® 78814 (limited PET/CT) are used to report Amyloid Brain PET (these codes are for static images to measure amyloid, as opposed to the FDG PET which is a metabolic study).

- FDG PET for Dementia and Neurodegenerative Diseases
  - FDG Brain PET (CPT® 78608) is useful in distinguishing between Alzheimer's disease (AD) and Frontotemporal dementia (FTD)
  - It is otherwise considered not medically necessary for the purpose of diagnosis and management of mild cognitive impairment (MCI) and other forms of dementia including, but not limited to, Lewy Body disease, Parkinson's disease, Normal Pressure Hydrocephalus and Chronic Traumatic Encephalopathy.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

  - Appropriate documentation should support concern for one of the variants of Frontotemporal dementia (Behavioral Variant or Primary Progressive Aphasia type FTD) based on a detailed history and exam findings (which includes neuropsychological testing) and meet the following criteria:
    - Meets diagnostic criteria for AD and FTLD (frontotemporal lobar dementia); **AND**
    - Has a documented cognitive decline of at least 6 months; **AND**
    - Evaluation has ruled out specific alternative neurodegenerative disease or causative factors; **AND**
    - Cause of clinical symptoms is uncertain; **AND**
    - The results are expected to help clarify the diagnosis between FTLD and AD and help guide future treatment.
- Amyloid Brain PET
  - Amyloid Brain PET (CPT® 78811 or CPT® 78814) imaging is only indicated for treatment with amyloid-reducing medications (see **Imaging Related to Alzheimer's Treatment with Amyloid Reduction Medications (HD-8.5)**).
  - Otherwise, these studies are **NOT** considered medically necessary for any of the following scenarios:
    - Screening for dementia
    - Diagnosis of dementia
    - Differentiating between Alzheimer's disease and other neurodegenerative/ neurologic disorders
- For Cerebral Amyloid Angiopathy, see **Stroke/TIA (HD-21.1)**
- FDG-PET(CPT® 78608)/MRI Brain without contrast (CPT® 70551) OR MRI Brain without and with contrast (CPT® 70553) imaging may be considered on a case by case basis for those imaging centers that will utilize FDG-PET/MRI during an initial evaluation (instead of MRI alone) and who also have a standardization of imaging protocol.[21,22,23]

Background and Supporting Information

- The frontotemporal dementias (FTDs) are a group of neurodegenerative disorders that differ from Alzheimer's disease. The basic pathology involves accumulation of tau proteins in the brain rather than amyloid. Onset tends to be younger (less than 65) and progression usually more rapid than in senile dementia-Alzheimer type (SDAT). There is no treatment, and the medications used to help memory in Alzheimer's disease are not effective.
- There are several subtypes of FTD; most common are the behavioral variant with early loss of executive functions, impaired judgment disinhibition and impulsivity, and the semantic variant with primary and progressive loss of language ability. Other less

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

common subtypes include progressive supranuclear palsy, corticobasal syndrome, and FTD associated with motor neuron disease.

- Diagnosis is based on clinical features, neuropsychological testing, and brain imaging (preferably MRI) to rule out other structural disease. Metabolic (FDG) PET Brain is helpful by demonstrating patterns of abnormality more consistent with FTD than Alzheimer's disease.
- Recent research has examined the utility of PET/MRI for evaluation of patients with Dementia. Due to the prolonged acquisition time, motion during a PET may lead to artifacts such as blurring of the images. Use of co-registration of PET with MRI can lead to better PET assessment especially with quantitative measurements.[27,30] Utilization of PET/MRI provides greater confidence in imaging reading by permitting greater structural correlation. A recent study compared FDG-PET/CT and FDG-PET/MRI in a memory disorders clinic. This study identified more patients with cerebrovascular disease (stroke) and better cortical atrophy characterization.[28] The authors found that PET/MRI provided significant improvement in diagnosis and management of patients in which dementia is a consideration.

Evidence Discussion (HD-8.2)

- Diagnosis is based on clinical features, neuropsychological testing, and brain imaging (preferably MRI) to rule out other structural disease. FDG-PET accurately discriminates Alzheimer's disease patients from normal subjects with a sensitivity of 96% and specificity of 100%.
- Metabolic (FDG) PET Brain is helpful by demonstrating patterns of abnormality more consistent with FTD than Alzheimer's disease. FDG-PET Brain has a sensitivity of 86% and specificity of 97.6% in evaluating individuals with FTD.2 The use of FDG-PET increases diagnostic accuracy and confidence for both AD and FTD.2 It is particularly helpful in cases of diagnostic uncertainty.
- Recent research has examined the utility of PET/MRI for evaluation of patients with dementia. Due to the prolonged acquisition time, motion during a PET may lead to artifacts such as blurring of the images. Use of co-registration of PET with MRI can lead to better PET assessment especially with quantitative measurements. Utilization of PET/MRI provides greater confidence in reading images by permitting greater structural correlation. A recent study compared FDG-PET/CT and FDG-PET/MRI in a memory disorders clinic. The main findings were that FDG PET/MRI revealed more vascular pathology in 35% of patients, induced a change of the interpretation of FDG PET in 17% of patients, and was considered to influence patient management in 22% of patients.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Lewy Body Dementia (LBD) - SPECT Brain Scan (HD-8.3)

HD.DM.0008.3.A

v1.0.2025

- Dementia with Lewy bodies is often hard to diagnose because its early symptoms may resemble those of Alzheimer's or a psychiatric illness. Over time people with LBD often develop similar symptoms due to the presence of Lewy bodies in the brain.
  - Clinicians and researchers may use the "1-year rule" to help make a diagnosis. If cognitive, psychiatric, emotional, and/or personality symptoms appear at the same time as or at least a year before movement problems/parkinsonism, the diagnosis is dementia with Lewy bodies. If cognitive problems develop more than a year after the onset of movement problems, Parkinson's disease, the diagnosis is Parkinson's disease dementia (PDD).
- Core Clinical Symptoms
  - Dementia
  - Movement problems/parkinsonism
  - Cognitive fluctuations
  - Visual hallucinations
  - REM sleep behavior disorder
- Supportive Clinical Symptoms
  - Extreme sensitivity to antipsychotic medications
  - Falls, fainting
  - Severe problems with involuntary functions (maintaining blood pressure, incontinence, constipation, loss of smell)
  - Changes in personality and mood (depression, apathy, anxiety)
- Prior to consideration of SPECT Brain Scan for a diagnosis of LBD, all of the following components are required:
  - Established diagnosis of dementia: date of onset of symptoms with documentation of 6 months of cognitive decline based on a detailed history of memory loss with impairment of day-to-day activities confirmed by family members or others with knowledge of the individual's status **OR**
  - Results of bedside testing and/or neuropsychological testing can be performed when history and bedside mental status examination cannot provide a confident diagnosis.
    - Examples of abnormal bedside mental status testing such as Mini-Mental State Exam (MMSE) with score <26, Montreal Cognitive Assessment Survey (MoCA) with score <26, Memory Impairment Screen (MIS) with score <5, the St. Louis

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

University Mental Status (SLUMS) with score <21, or the Eight-item Informant Interview to Differentiate Aging and Dementia (AD8) Dementia Score > 2.[24]

- Results of any structural imaging (MRI or CT Head) performed
- SPECT Brain Scan (CPT® 78803 or CPT® 78830) is supported after all of the above criteria are met
- PET Brain is not indicated for LBD

Background and Supporting Information

Test Results Supporting Diagnosis

- Abnormal 123iodine-MIBG myocardial scintigraphy showing reduced communication of cardiac nerves
- Sleep study confirming REM sleep behavior disorder without loss of muscle tone

Evidence Discussion (HD-8.3)

- For suspected Lewy Body Dementia (LBD), a CT or MRI head is appropriate as the initial imaging study.
- To increase diagnostic accuracy of LBD, SPECT modalities are helpful for differentiating LBD from Alzheimer's dementia.
- Functional imaging of the dopamine transporter (DAT) (Iodine-123 Ioflupane) using SPECT shows a deficiency in the nigrostriatal pathway in LBD. This is considered a second line imaging test after cross-sectional imaging has excluded other pathology, such as vascular lesions along the nigrostriatal pathway, which can lead to abnormal DAT images with false positive results.
- An abnormal DAT-SPECT scan has a sensitivity of 77.7% and a specificity of 90.4% for probable LBD.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Normal Pressure Hydrocephalus (NPH) (HD-8.4)

HD.DM.0008.4.A

v1.0.2025

- CT Head without contrast (CPT® 70450) **OR** MRI Brain without contrast (CPT® 70551) is indicated if the individual has at least two symptoms involving gait abnormality (see ***Background and Supporting Information***), urinary incontinence, or dementia **AND**
  - The clinical symptoms cannot be completely explained by other neurological or non-neurological disease, **AND**
  - There is no apparent preceding disorder that would cause hydrocephalus[18,19,20]
- The components of Dementia are delineated in **Dementia (HD-8.1)**, but include:
  - Results of testing and/or neuropsychological testing can be performed when history and mental status examination cannot provide a confident diagnosis.
  - Examples of abnormal mental status testing such as Mini-Mental State Exam (MMSE) with score <26, Montreal Cognitive Assessment Survey (MoCA) with score <26, Memory Impairment Screen (MIS) with score <5, the St. Louis University Mental Status (SLUMS) with score <21, or the Eight-item Informant Interview to Differentiate Aging and Dementia (AD8) Dementia Score > 2.[24]
  - Presumptive causes or etiology/ies of dementia
    - Cannot occur exclusively during bouts of delirium
    - Cannot be explained by another mental disorder
- MRI Brain (CPT® 70551, CPT® 70552, or CPT®70553) is not generally indicated for the diagnosis of NPH if a CT has been performed. However, MRI Brain is indicated if needed for pre-surgical planning.
  - After neuro imaging the next step is CSF sampling, drainage, and dynamics
- Follow-up imaging for individuals diagnosed with NPH with a shunt should follow **Hydrocephalus Shunts (HD-11.14)**, **Low Pressure Headache and CSF Leak (HD-11.15)**, or **Nuclear Medicine (HD-36.1)**

Background and Supporting Information

Normal Pressure Hydrocephalus (NPH) seen typically in the elderly. It comprises a triad of symptoms: cognitive dysfunction, incontinence of urine, and gait disturbance (typically a “magnetic”, small-step, or broad based gait). The reported neuroradiologic marker for this is ventriculomegaly (enlarged ventricles) in the brain. Unfortunately, these symptoms and this neuroradiologic finding is common in the elderly, making the diagnosis of NPH in any given individual problematic. It is radiographically common and clinically rare.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Evidence Discussion (HD-8.4)

- Initial neuroimaging for the evaluation of suspected Normal Pressure Hydrocephalus (NPH) includes CT head or MRI brain in patients with clinical symptoms and no explanation for hydrocephalus.
- Only a single modality study is indicated. The initial best modality is MRI Brain because of its higher intrinsic soft tissue resolution and because it can often be used as a pre-surgical exam.
- By using the appropriate single best test we avoid duplicate imaging and unnecessary radiation to the lens of the eye and other Head and neck structures.
- Cine MRI showing hyperdynamic aqueductal CSF flow can also help in identifying shunt-responsive NPH patients.The benefit of this exam is that it offers us functional information about CSF flow and can help improve patient outcomes.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Imaging Related to Alzheimer's Treatment with Amyloid Reduction Medications (HD-8.5)

HD.DM.0008.5.A
v1.0.2025

Health plans may have specific criteria that differ in their coverage policies.

A pertinent clinical evaluation including a detailed history, mental status testing results, and appropriate laboratory studies should be performed prior to considering treatment with amyloid reduction medications.

Medical records should be provided that support a clinical diagnosis of Mild Cognitive Impairment (MCI) due to Alzheimer's Dementia (AD) or early Alzheimer's Dementia (AD). Other conditions such as Dementia with Lewy Bodies (DLB), Frontotemporal Dementia (FTD), vascular dementia, pseudodementia due to mood disorder, vitamin B12 deficiency, untreated thyroid disease, traumatic brain injury, and/or encephalopathy, have been excluded.

Results of bedside testing and/or neuropsychological testing can be performed when history and mental status examination cannot provide a confident diagnosis.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Donanemab (Kisunla®)

Indication	Supported Imaging
Consideration of Donanemab (Kisunla®) therapy and **ALL** of the following are met:[17,18] • Patient age ≥59 years of age and ≤ 86 years of age • MCI or Mild dementia due to AD • Mini-Mental State Examination (MMSE) score ≥20 and ≤28 • Progressive change in memory function for at least 6 months • No history of prior intracerebral hemorrhage greater than 1 cm, severe white matter disease OR vasogenic edema • Not currently taking another amyloid reducing drug • The medication is prescribed by a neurologist	Baseline MRI Brain (*within 3 months of medication initiation)* • MRI Brain without contrast (CPT® 70551) **OR** • MRI Brain without and with contrast (CPT® 70553) **AND/OR** • Amyloid PET Brain (CPT® 78811 or 78814)
On Donanemab therapy prior to the 2nd, 3rd, 4th and 7th infusions[17]	• MRI Brain without contrast (CPT® 70551) **OR** • MRI Brain without and with contrast (CPT® 70553)
Follow up while on Donanemab therapy with radiographically observed Amyloid-Related Imaging Abnormality (ARIA) See ***Background and Supporting Information***	• MRI Brain without contrast (CPT® 70551) **OR** • MRI Brain without and with contrast (CPT® 70553) per the treating neurologist

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Indication	Supported Imaging
Neurologic signs and/or symptoms occurring while on treatment with Donanemab[17]	• CT Head without contrast (CPT® 70450) **OR** • MRI Brain without contrast (CPT® 70551) **OR** • MRI Brain without and with contrast (CPT® 70553) A follow up MRI Brain is appropriate after a CT Head if requested.
Follow up imaging during treatment at 6, 12 and 18 months[17,18]	Amyloid PET Brain (CPT® 78811 or 78814)

Lecenamab (Leqembi®)

Indication	Supported Imaging
Consideration of Lecanemab (Leqembi) therapy and **ALL** of the following are met:[27,30] • Patient is ≥ 50 years of age and ≤ 90 years of age • MCI or Mild dementia due to AD • Qualifying test scores include Mini-Mental Status Exam (MMSE) with score ≥ 22, Clinical Dementia Rating global score of 0.5 or 1.0, Clinical Dementia Rating-Sum of Boxes (CDR-SB) ≥ 0.5 and/or a Memory Box score of 0.5 or greater • Patient has no history of brain hemorrhage, bleeding disorder or recent history (within 12 months) of stroke or transient ischemic attacks or any history of seizures • Not currently taking another amyloid reducing drug • The medication is prescribed by a neurologist	Baseline MRI Brain (*within 3 months of medication initiation*) • MRI Brain without contrast (CPT® 70551) **OR** • MRI Brain without and with contrast (CPT® 70553) **AND/OR** • Amyloid PET Brain (CPT® 78811 or CPT® 78814)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Indication	Supported Imaging
On Lecanemab therapy prior to 5th, 7th and 14th infusions	• MRI Brain without contrast (CPT® 70551) **OR** • MRI Brain without and with contrast (CPT® 70553)
Follow up while on Lecanemab therapy with radiographically observed Amyloid-Related Imaging Abnormality (ARIA) See ***Background and Supporting Information***	• MRI Brain without contrast (CPT® 70551) **OR** • MRI Brain without and with contrast (CPT® 70553) per the treating neurologist
Neurologic signs and/or symptoms occurring while on treatment with Lecanemab	• CT Head without contrast (CPT® 70450) **OR** • MRI Brain without contrast (CPT® 70551) **OR** • MRI Brain without and with contrast (CPT® 70553) A follow up MRI Brain is appropriate after a CT Head if requested
Post-treatment imaging at 18 months	• Amyloid PET Brain (CPT® 78811 or CPT® 78814)

Background and Supporting Information

Amyloid reduction medications are indicated for the treatment of Mild Cognitive Impairment (MCI) due to Alzheimer's disease and mild, early stage Alzheimer's disease.[25]

These medications are monoclonal antibodies that selectively bind to aggregated forms of beta amyloid. The accumulation of amyloid plaques in the brain is a defining pathophysiologic feature of Alzheimer's disease. In clinical trials, these medications reduce amyloid beta plaque compared with placebo.[25]

Amyloid related imaging abnormalities (ARIA) have been caused by these medications. ARIA usually occurs early in treatment and may be asymptomatic although serious and life-threatening events may occur. Screening MRI brain prior to treatment initiation and periodic monitoring during treatment is recommended. For moderate to severe ARIA, treatment may be suspended. Once ARIA is identified on a brain MRI, follow up MRIs are indicated to assess for radiographic resolution and/or symptom resolution with

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

the imaging time frame determined by the treating physician. Resumption of dosing is guided by clinical judgment.[25]

ARIA may be further characterized as ARIA with edema (ARIA-E) or ARIA with hemosiderin (ARIA-H). ARIA-E presents on MRI as brain edema or sulcal effusions. ARIA-H includes microhemorrhage and superficial siderosis. ARIA-E and ARIA-H may occur simultaneously.[25]

Although ARIA is usually asymptomatic, symptoms associated with ARIA include headache, confusion, visual changes, dizziness, nausea, aphasia, weakness, gait difficulty and seizures, including status epilepticus. Focal neurologic deficits may also occur.[25] The risk of ARIA is increased in apolipoprotein E Ɛ4 (ApoE Ɛ4) homozygotes.[25]

Evidence Discussion (HD-8.5)

- Structural brain imaging in the work up of patients diagnosed with dementia is primarily to exclude other significant intracranial abnormalities. A brain MRI will assist with the diagnosis of dementia by excluding structural pathology such as tumors or subdural hematomas.
- Amyloid related imaging abnormalities (ARIA) have been associated with treatment by amyloid reduction medications. ARIA usually occurs early in treatment and may be asymptomatic although serious and life-threatening events may occur. Screening brain MRI prior to treatment initiation and periodic monitoring during treatment is recommended. For moderate to severe ARIA, treatment may be suspended. Once ARIA is identified on a brain MRI, follow up MRIs are indicated to assess for radiographic resolution and/or symptom resolution with the imaging time frame determined by the treating physician. Resumption of dosing is guided by clinical judgment.
- Amyloid PET brain is a form of molecular imaging, which uses a tracer that binds to amyloid plaques in the brain. At the present time, the use of Amyloid PET brain is limited to confirming the presence of amyloid in the brain, in those with mild cognitive impairment due to Alzheimer's disease or mild dementia due to Alzheimer's disease, prior to treatment with amyloid reducing medications.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (HD-8)

v1.0.2025

1. McKhann GM, Knopman DS, Chertkow H, et al. The diagnosis of dementia due to Alzheimer's disease: Recommendations from the National Institute on Aging-Alzheimer's Association workgroups on diagnostic guidelines for Alzheimer's disease. Alzheimer's & Dementia. 2011;7(3):263-269. doi:10.1016/j.jalz.2011.03.005
2. Wippold FJ 2nd, Brown DC, Broderick DF, et al. ACR Appropriateness Criteria Dementia and Movement Disorders. J Am Coll Radiol. 2015;12(1):19-28. doi:10.1016/j.jacr.2014.09.025
3. Knopman DS, DeKosky ST, Cummings JL, et al. Practice parameter: Diagnosis of dementia (an evidence-based review): Report of the Quality Standards Subcommittee of the American Academy of Neurology. Neurology. 2001;56(9):1143-1153. doi:10.1212/wnl.56.9.1143
4. Johnson KA, Minoshima S, Bohnen NI, et al. Appropriate use criteria for amyloid PET: A report of the Amyloid Imaging Task Force, the Society of Nuclear Medicine and Molecular Imaging, and the Alzheimer's Association. Alzheimer's & Dementia. 2013;9(1):E1-E16. doi:10.1016/j.jalz.2013.01.002
5. Rabinovici GD, Gatsonis C, Apgar C, et al. Association of Amyloid Positron Emission Tomography With Subsequent Change in Clinical Management Among Medicare Beneficiaries With Mild Cognitive Impairment or Dementia. *Jama*. 2019;321(13):1286-1294. doi:10.1001/jama.2019.2000
6. Subramaniam RM, Frey KA, Hunt CH, et al. ACR–ACNM Practice Parameter for the Performance of Dopamine Transporter (DaT) Single Photon Emission Computed Tomography (SPECT) Imaging for Movement Disorders. Clinical Nuclear Medicine. 2017;42(11):847-852. doi:10.1097/rlu.0000000000001815
7. Graff-Radford NR, Jones DT. Normal Pressure Hydrocephalus. CONTINUUM: Lifelong Learning in Neurology. 2019;25(1):165-186. doi:10.1212/con.0000000000000689
8. Tartaglia MC, Rosen HJ, Miller BL. Neuroimaging in Dementia. Neurotherapeutics. 2011;8(1):82-92. doi:10.1007/s13311-010-0012-2
9. ACR ACNM ASNR SNMMI Practice Parameter for Brain PET-CT Imaging in Dementia. 2020
10. Consensus Recommendations for the Postmortem Diagnosis of Alzheimer's Disease. Neurobiology of Aging. 1997;18(4):S1-S2. doi:10.1016/s0197-4580(97)00057-2
11. Lombardi G, Crescioli G, Cavedo E, et al. Structural magnetic resonance imaging for the early diagnosis of dementia due to Alzheimer's disease in people with mild cognitive impairment. Cochrane Database of Systematic Reviews. Published online March 2, 2020. doi:10.1002/14651858.cd009628.pub2
12. Yousaf T, Dervenoulas G, Valkimadi P-E, Politis M. Neuroimaging in Lewy body dementia. Journal of Neurology. 2019;266(1):1-26. doi:10.1007/s00415-018-8892-x
13. Goto H, Ishii K, Uemura T, et al. Differential Diagnosis of Dementia with Lewy Bodies and Alzheimer Disease Using Combined MR Imaging and Brain Perfusion Single-Photon Emission Tomography. American Journal of Neuroradiology. 2010;31(4):720-725. doi:10.3174/ajnr.a1926
14. McCleery J, Morgan S, Bradley KM, Noel-Storr AH, Ansorge O, Hyde C. Dopamine transporter imaging for the diagnosis of dementia with Lewy bodies. Cochrane Database of Systematic Reviews. Published online January 30, 2015. doi:10.1002/14651858.cd010633.pub2
15. Armstrong MJ. Lewy Body Dementias. CONTINUUM: Lifelong Learning in Neurology. 2019;25(1):128-146. doi:10.1212/con.0000000000000685
16. American Psychiatric Association. Diagnostic and Statistical Manual of Mental Disorders. 5th ed. American Psychiatric Association; 2013. Pages 591-643.
17. Kisunla® intravenous infusion [prescribing information]. Indianapolis, IN: Eli Lilly and Company; July 2024
18. Sims JR, Zimmer JA, Evans CD, et al. Donanemab in Early Symptomatic Alzheimer Disease: The TRAILBLAZER-ALZ 2 Randomized Clinical Trial. JAMA. 2023;330(6):512-527. doi:10.1001/jama.2023.13239
19. Zukotynski K, Kuo PH, Mikulis D, et al. PET/CT of Dementia. American Journal of Roentgenology. 2018;211(2):246-259. doi:10.2214/ajr.18.19822
20. Nakajima M, Yamada S, Miyajima M, et al. Guidelines for Management of Idiopathic Normal Pressure Hydrocephalus (Third Edition): Endorsed by the Japanese Society of Normal Pressure Hydrocephalus. Neurologia medico-chirurgica. 2021;61(2):63-97. doi:10.2176/nmc.st.2020-0292
21. Capone PM, Bertelson JA, Ajtai B. Neuroimaging of Normal Pressure Hydrocephalus and Hydrocephalus. Neurologic Clinics. 2020;38(1):171-183. doi:10.1016/j.ncl.2019.09.003

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

22. Park HY, Park CR, Suh CH, Kim MJ, Shim WH, Kim SJ. Prognostic Utility of Disproportionately Enlarged Subarachnoid Space Hydrocephalus in Idiopathic Normal Pressure Hydrocephalus Treated with Ventriculoperitoneal Shunt Surgery: A Systematic Review and Meta-analysis. American Journal of Neuroradiology. 2021;42(8):1429-1436. doi:10.3174/ajnr.a7168
23. Chen KT, Salcedo S, Chonde DB, et al. MR-assisted PET motion correction in simultaneous PET/MRI studies of dementia subjects. J Magn Reson Imaging. 2018;48(5):1288-1296. doi:10.1002/jmri.26000
24. Kaltoft NS, Marner L, Larsen VA, Hasselbalch SG, Law I, Henriksen OM. Hybrid FDG PET/MRI vs. FDG PET and CT in patients with suspected dementia - A comparison of diagnostic yield and propagated influence on clinical diagnosis and patient management. PLoS One. 2019;14(5):e0216409. Published 2019 May 2. doi:10.1371/journal.pone.0216409
25. Patel KP, Wymer DT, Bhatia VK, Duara R, Rajadhyaksha CD. Multimodality Imaging of Dementia: Clinical Importance and Role of Integrated Anatomic and Molecular Imaging. Radiographics. 2020;40(1):200-222. doi:10.1148/rg.2020190070
26. Svensson A, Granvik E, Sjögren Forss K. Performance of the Eight-item Informant Interview to Differentiate Aging and Dementia within a context similar to the Swedish primary healthcare sector: a systematic review of diagnostic test accuracy studies. Scand J Prim Health Care. 2020;38(4):454-463. doi:10.1080/02813432.2020.1844370
27. Leqembi® intravenous infusion [prescribing information]. Nutley, NJ: Eisai; July 2023.
28. Cummings J, Apostolova L, Rabinovici GD, et al. Lecanemab: Appropriate Use Recommendations.*J Prev Alzheimers Dis*. 2023;10(3):362-377. doi:10.14283/jpad.2023.30
29. Swanson CJ, Zhang Y, Dhadda S, et al. A randomized, double-blind, phase 2b proof-of-concept clinical trial in early Alzheimer's disease with lecanemab, an anti-Aβ protofibril antibody [published correction appears in Alzheimers Res Ther. 2022 May 21;14(1):70].*Alzheimers Res Ther*. 2021;13(1):80. Published 2021 Apr 17. doi:10.1186/s13195-021-00813-8
30. van Dyck CH, Swanson CJ, Aisen P, et al. Lecanemab in Early Alzheimer's Disease. N Engl J Med. 2023;388(1):9-21. doi:10.1056/NEJMoa2212948
31. Expert Panel on Neurological Imaging, Moonis G, Subramaniam RM, et al. ACR Appropriateness Criteria® Dementia. J Am Coll Radiol. 2020;17(5S):S100-S112. doi:10.1016/j.jacr.2020.01.040
32. Pemberton HG, Zaki LAM, Goodkin O, et al. Technical and clinical validation of commercial automated volumetric MRI tools for dementia diagnosis-a systematic review [published correction appears in Neuroradiology. 2021 Sep 24;:]. Neuroradiology. 2021;63(11):1773-1789. doi:10.1007/s00234-021-02746-3
33. Foster NL, Heidebrink JL, Clark CM, et al. FDG-PET improves accuracy in distinguishing frontotemporal dementia and Alzheimer's disease. Brain. 2007;130(Pt 10):2616-2635. doi:10.1093/brain/awm177
34. Bradley WG Jr. CSF Flow in the Brain in the Context of Normal Pressure Hydrocephalus. AJNR Am J Neuroradiol. 2015;36(5):831-838. doi:10.3174/ajnr.A4124

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Epilepsy/Seizures (HD-9)

Guideline

Epilepsy/Seizures (HD-9.1)
Perioperative Evaluations for Drug-Resistant Epilepsy (HD-9.2)
References (HD-9)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Epilepsy/Seizures (HD-9.1)

HD.EP.0009.1.A
v1.0.2025

- MRI Brain without and with contrast (CPT® 70553) **OR** MRI Brain without contrast (CPT® 70551) for:
  - Evaluation of new onset seizures
  - Refractory or drug resistant seizures
  - New neurologic deficit or no return to previous neurologic baseline[1]
  - Change in the type of seizure
  - If CT Head was performed for an initial evaluation for new onset seizure, MRI (as described above) is indicated for additional evaluation
  - Follow-up MRI Brain with "Epilepsy Protocol" is supported.
- Repeat imaging at discretion of the neurologist or neurosurgeon, or any provider in consultation with a neurologist or neurosurgeon.
  - MRI Brain without and with contrast (CPT® 70553) **OR** MRI Brain without contrast (CPT® 70551) **OR** CT Head without contrast (CPT® 70450)[1]
- CT Head without contrast (CPT® 70450) for:
  - Evaluation of structural findings in seizure etiologies that contain dystrophic calcifications, such as with oligodendrogliomas and tuberous sclerosis.
  - Acute setting of seizure evaluation
- CT Head (contrast as requested) (CPT®70450, CPT®70460 **OR,** CPT®70470) when:
  - MRI is contraindicated
  - Request is urgent
- For Seizure and/or Altered Mental Status associated with Head Trauma, see **Head Trauma (HD-13.1)**
- 3D T1 and/or FLAIR sequences are useful in improving lesion detection for the diagnosis and monitoring of epilepsy. 3D T1 and FLAIR sequences do not require an additional CPT® for 3D rendering (CPT® 76376 and CPT® 76377).[12]

Evidence Discussion (HD-9.1)

- The use of advanced imaging is indicated for the initial evaluation of adults with seizure. Unenhanced CT is more readily available so is usually the initial imaging examination performed for adults presenting with first seizure. In the acute setting this primary exam is utilized to exclude conditions requiring urgent or emergent intervention, such as a bleed. CT is also appropriate if MRI is contraindicated and to evaluate seizure foci that contain dystrophic calcifications, such as oligodendrogliomas and tuberous sclerosis, yet the overall success of CT in detecting focal lesions in epilepsy is low, at approximately 30%. In studies where patients were

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

evaluated with both MRI and CT, CT failed to detect potentially epileptogenic lesions identified on MRI 16-42% of the time1.Therefore, MRI of the brain is the study of choice to evaluate new-onset seizures (when available), refractory or drug resistant seizures, prior to discontinuation of anti-epileptic therapy, and known seizure with change in semiology.

- If CT is initially performed, it can be followed by an MRI. If an MRI not using the "Epilepsy Protocol" is initially performed, it can be followed by an MRI with the Epilepsy Protocol for greater sensitivity of detection of epileptogenic lesions. The failure rate for detection of lesions improving from 39% to 91% with epilepsy-trained radiologist reading MRI images obtained using a specialized, epilepsy protocol.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Perioperative Evaluations for Drug-Resistant Epilepsy (HD-9.2)

HD.EP.0009.2.A
v1.0.2025

- The following requests are supported for consideration of potential surgery:
  - MRI Brain without contrast (CPT® 70551) **OR** MRI Brain with and without contrast (CPT® 70553)
    - Follow-up MRI Brain after a previous routine study if performed with special "Epilepsy Protocol" (typically 3T or 7T magnet, thin sections with angled slices through hippocampus and temporal lobes)
  - FDG PET (CPT® 78608)
    - PET/MRI is MRI Brain without contrast (CPT® 70551) **OR** MRI Brain with and without (CPT® 70553) co-registered **WITH** FDG-PET Brain (CPT® 78608) and is supported for pre-surgical evaluation of refractory seizure when requested by neurosurgeon or neurologist or any provider in consultation with a neurosurgeon or neurologist.[25]
  - Ictal SPECT (CPT® 78803)
  - Functional MRI (fMRI) (CPT® 70555 or CPT® 70554)
    - If MRA Head (CPT® 70544) is indicated but Functional MRI (CPT® 70554 or CPT® 70555) was erroneously ordered, then CPT® 70544 may be substituted when appropriate, (see **Functional MRI (fMRI) (HD-24.2)**)
  - MRI Brain without contrast (CPT® 70551) **OR** MRI Brain with and without (CPT® 70553)
    - Indicated if co-registered with Magnetoencephalography (MEG)[1]
  - 3D rendering CPT® 76377 (3D rendering requiring image post-processing on an independent workstation) or CPT®76376 (3D rendering not requiring image post-processing on an independent workstation) is not necessary for epilepsy surgery alone, since 3D rendering can be obtained as part of the MRI Brain epilepsy protocol, unless complicated surgical repair considerations involving craniotomy are required.[12]
- When non-invasive EEG monitoring is insufficient, intracranial monitoring with stereo-EEG or grids/strips and depth electrodes is indicated with additional imaging for neuronavigation. See **Neurosurgical Imaging (HD-28.1)** and **Neuronavigation (HD-28.2)**
  - Post-operative imaging including after intracranial (EEG) monitoring per neurosurgeon or neurologist or any provider in consultation with neurosurgeon or neurologist.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

- See **Primary Central Nervous System Tumors-General Considerations (ONC-2.1)** in the Oncology Imaging Guidelines and/or **Neurosurgical Imaging (HD-28.1)** for additional imaging requests for surgery

Background and Supporting Information

- Magnetoencephalography (MEG) plays an important role in clarifying the significance of abnormalities seen on both structural and functional imaging, for the purpose of epileptogenic zone localization for surgical planning. When used in conjunction with other techniques, MEG plays a major role in the non-invasive epilepsy surgery evaluation. Currently, the guidelines only require review for the MRI co-registered with MEG.
- MEG followed by co-registration with Brain MRI is referred to as Magnetic Source Imaging (MSI)[20]

Below are examples of surgical treatment or an interventional modality that may be under active consideration for individuals with intractable epilepsy (not all inclusive):

- Focal Resection
  - Temporal Lobe Resection
  - Extratemporal Resection
- Lesionectomy
- Multiple Subpial Transections
- Laser Interstitial Thermal Therapy (LITT)
- Anatomical or Functional Hemispherectomy and Hemispherotomy
- Corpus Callosotomy
- Stereotactic Radiosurgery
- Neurostimulation Device Implantations (Neuromodulation) including
  - Vagus Nerve Stimulation (VNS)
  - Responsive Neurostimulation (RNS) system also known as NeuroPace
  - Deep Brain Stimulation (DBS)

Evidence Discussion (HD-9.2)

- MRI head for the initial imaging of patients with known seizure disorder requiring surgical planning to identify the seizure focus including tumor, hippocampal sclerosis and vascular lesions. Follow-up MRI after a previous standard protocol study if performed with special "Epilepsy Protocol" can provide additional information.
- FDG-PET/CT brain may be complementary as a functional tool to structural imaging using MRI to localize the focus of refractory seizure activity, with reported sensitivities of PET in the assessment of temporal lobe epilepsy ranging from 87% to 90% and extra-temporal lobe epilepsy ranging from 38% to 55%.
- PET/MRI, performed as MRI brain without contrast, or with and without contrast, co-registered with FDG-PET brain, increased the sensitivity of brain MRI in 60% of non-

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

lesional patients and is therefore supported for pre-surgical evaluation of refractory seizures.

- Ictal SPECT, Functional MRI (fMRI) and MRI brain co-registered with Magnetoencephalography (MEG) are also useful to further identify the seizure focus as well as eloquent areas of the cortex that are essential for language, motor function and memory in surgical candidates when done as a replacement for the higher risk Wada test or direct electrical stimulation mapping.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

References (HD-9)

v1.0.2025

1. Expert Panel on Neurological Imaging, Lee RK, Burns J, et al. ACR Appropriateness Criteria® Seizures and Epilepsy. J Am Coll Radiol. 2020;17(5S):S293-S304. doi:10.1016/j.jacr.2020.01.037
2. Krumholz A, Wiebe S, Gronseth GS, et al. Evidence-based guideline: Management of an unprovoked first seizure in adults: Report of the Guideline Development Subcommittee of the American Academy of Neurology and the American Epilepsy Society. Neurology. 2015;84(16):1705-1713. doi:10.1212/wnl.0000000000001487
3. Hirtz D, Berg A, Bettis D, et al. Practice parameter: treatment of the child with a first unprovoked seizure: Report of the Quality Standards Subcommittee of the American Academy of Neurology and the Practice Committee of the Child Neurology Society. *Neurology*. 2003;60(2):166-175. doi:10.1212/01.wnl.0000033622.27961.b6
4. Lapalme-Remis S, Nguyen DK. Neuroimaging of Epilepsy. *Continuum (Minneap Minn)*. 2022;28(2):306-338. doi:10.1212/CON.0000000000001080
5. Tranvinh E, Lanzman B, Provenzale J, Wintermark M. Imaging Evaluation of the Adult Presenting With New-Onset Seizure. *AJR Am J Roentgenol*. 2019;212(1):15-25. doi:10.2214/ajr.18.20202
6. Ho K, Lawn N, Bynevelt M, Lee J, Dunne J. Neuroimaging of first-ever *Neurol Clin Pract*. 2013;3(5):398-403. doi:10.1212/CPJ.0b013e3182a78f25
7. Knowlton RC, Elgavish RA, Bartolucci A, et al. Functional imaging: II. Prediction of epilepsy surgery outcome. *Ann Neurol.* 2008;64(1):35-41. doi:10.1002/ana.21419
8. Weil S, Noachtar S, Arnold S, Yousry TA, Winkler PA, Tatsch K. Ictal ECD-SPECT differentiates between temporal and extratemporal epilepsy: confirmation by excellent postoperative seizure control. *Nucl Med Commun*. 2001;22(2):233-237. doi:10.1097/00006231-200102000-00016.
9. Qiu J, Cui Y, Qi B, Sun L, Zhu Z. The application of preoperative computed tomography angiogram for hemispherectomy. *Clin Pract*. 2017;7(4). doi:10.4081/cp.2017.992.
10. Guedj E, Varrone A, Boellaard R, et al. EANM procedure guidelines for brain PET imaging using [^{18}F]FDG, version 3 [published correction appears in Eur J Nucl Med Mol Imaging. 2022 Mar 7;:]. *Eur J Nucl Med Mol Imaging*. 2022;49(2):632-651. doi:10.1007/s00259-021-05603-w
11. Correction to: EANM procedure guidelines for brain PET imaging using [^{18}F]FDG, version 3.Guedj E, Varrone A, Boellaard R, Albert NL, Barthel H, van Berckel B, Brendel M, Cecchin D, Ekmekcioglu O, Garibotto V, Lammertsma AA, Law I, Peñuelas I, Semah F, Traub-Weidinger T, van de Giessen E, Van Weehaeghe D, Morbelli S.Eur J Nucl Med Mol Imaging. 2022 May;49(6):2100-2101. doi: 10.1007/s00259-022-05755-3.
12. Bernasconi A, Cendes F, Theodore WH, et al. Recommendations for the use of structural magnetic resonance imaging in the care of patients with epilepsy: A consensus report from the International League Against Epilepsy Neuroimaging Task Force.*Epilepsia*. 2019;60(6):1054-1068. doi:10.1111/epi.15612
13. Passaro EA. Neuroimaging in Adults and Children With Epilepsy.*Continuum (Minneap Minn)*. 2023;29(1):104-155. doi:10.1212/CON.0000000000001242
14. Szaflarski JP, Gloss D, Binder JR, et al. Practice guideline summary: Use of fMRI in the presurgical evaluation of patients with epilepsy: Report of the Guideline Development, Dissemination, and Implementation Subcommittee of the American Academy of Neurology.*Neurology*. 2017;88(4):395-402. doi:10.1212/WNL.0000000000003532
15. Ponisio MR, Zempel JM, Day BK, et al. The Role of SPECT and PET in Epilepsy.*AJR Am J Roentgenol*. 2021;216(3):759-768. doi:10.2214/AJR.20.23336
16. Rampp S, Stefan H, Wu X, et al. Magnetoencephalography for epileptic focus localization in a series of 1000 cases.*Brain*. 2019;142(10):3059-3071. doi:10.1093/brain/awz23
17. Culler GW 4th, Jobst BC. Surgical Treatments for Epilepsy.*Continuum (Minneap Minn)*. 2022;28(2):536-558. doi:10.1212/CON.0000000000001106
18. Delev D, Quesada CM, Grote A, et al. A multimodal concept for invasive diagnostics and surgery based on neuronavigated voxel-based morphometric MRI postprocessing data in previously nonlesional epilepsy. *J Neurosurg*. 2018;128(4):1178-1186. doi:10.3171/2016.12.jns161676.
19. Englot DJ, Nagarajan SS, Imber BS, et al. Epileptogenic zone localization using magnetoencephalography predicts seizure freedom in epilepsy surgery.*Epilepsia*. 2015;56(6):949-958. doi:10.1111/epi.13002

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

20. Laohathai C, Ebersole JS, Mosher JC, et al. Practical Fundamentals of Clinical MEG Interpretation in Epilepsy.*Front Neurol*. 2021;12:722986. Published 2021 Oct 14. doi:10.3389/fneur.2021.722986
21. Carrette E, Stefan H. Evidence for the Role of Magnetic Source Imaging in the Presurgical Evaluation of Refractory Epilepsy Patients.*Front Neurol*. 2019;10:933. Published 2019 Sep 10. doi:10.3389/fneur.201
22. Spencer D. MRI (minimum recommended imaging) in epilepsy.*Epilepsy Curr*. 2014;14(5):261-263. doi:10.5698/1535-7597-14.5.261
23. Wellmer J, Quesada CM, Rothe L, Elger CE, Bien CG, Urbach H. Proposal for a magnetic resonance imaging protocol for the detection of epileptogenic lesions at early outpatient stages.*Epilepsia*. 2013;54(11):1977-1987. doi:10.1111/epi.12375
24. Oldan JD, Shin HW, Khandani AH, Zamora C, Benefield T, Jewells V. Subsequent experience in hybrid PET-MRI for evaluation of refractory focal onset epilepsy.*Seizure*. 2018;61:128-134. doi:10.1016/j.seizure.2018.07.022
25. Salamon N, Kung J, Shaw SJ, et al. FDG-PET/MRI coregistration improves detection of cortical dysplasia in patients with epilepsy. Neurology. 2008;71(20):1594-1601. doi:10.1212/01.wnl.0000334752.41807.2f
26. Johnson R, Rizk G, Kaur H, Ibekwe H, Atta M, Gayed I. Refractory seizures: Prediction of outcome of surgical intervention based on results from PET-CT, PET-MRI and electroencephaolography.*Neuroradiol J*. 2020;33(1):57-65. doi:10.1177/1971400919881464
27. Tóth M, Barsi P, Tóth Z, et al. The role of hybrid FDG-PET/MRI on decision-making in presurgical evaluation of drug-resistant epilepsy.*BMC Neurol*. 2021;21(1):363. Published 2021 Sep 18. doi:10.1186/s12883-021-02352-z

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Trigeminal Neuralgia and other Centrally Mediated Facial Pain Syndromes (HD-10)

Guideline

Trigeminal Neuralgia/Trigeminal Neuropathy (HD-10.1)
Glossopharyngeal Neuralgia/Glossopharyngeal Neuropathy (HD-10.2)
Evidence Discussion (HD-10)
References (HD-10)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Trigeminal Neuralgia/Trigeminal Neuropathy (HD-10.1)

HD.TM.0010.1.A

v1.0.2025

- MRI Brain without and with contrast (CPT® 70553) (with special attention to the skull base) or MRI Brain without contrast (CPT® 70551) **AND/OR** facial imaging, MRI Orbit/Face/Neck without contrast (CPT® 70540) or MRI Orbit/Face/Neck with and without contrast (CPT® 70543)[5] for:
  - Symptoms of trigeminal neuropathy[5]
  - Trigeminal neuralgia
  - Trigeminal neuralgia which involves the ophthalmic nerve, (periorbital or forehead pain), once post-herpetic neuralgia (a complication of shingles) has been excluded by history
- CT Maxillofacial without contrast (CPT® 70486) **OR** CT Maxillofacial with contrast (CPT®70487) for evaluating the skull base and neural foramina[5]
- Contrast-enhanced navigation protocol CT (CPT® 76497) for gamma knife stereotactic radiosurgery for trigeminal neuralgia[5], (see also, **Neuronavigation (HD-28.2)** and **Post Operative Imaging (HD-28.3)**) for post-treatment imaging studies
- MRI Cervical spine without contrast (CPT® 72141) **OR** MRI Cervical spine without and with contrast (CPT® 72156) for suspected lesion of the spinal trigeminal tract and nucleus.[5]
- MRA Head (CPT® 70544, CPT® 70545 or CPT® 70546) **OR** CTA Head (CPT® 70496) for:
  - Trigeminal neuralgia (vascular imaging may be obtained concurrently with structural brain imaging)[5]
  - Failed medical treatment
  - Surgical planning

Background and Supporting Information

The differential diagnosis of facial pain is extensive, complex, and difficult, and there is considerable case-to-case variation in optimal imaging pathway.

Symptoms of trigeminal neuropathy include facial pain, facial numbness, and/or weakness of the muscles of mastication.

Trigeminal neuralgia, also known as tic douloureux (the involuntary wincing associated with the occurrence of pain), refers to sudden, severe, shooting "electrical" pains along

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

one or more sensory divisions of the trigeminal nerve, provoked by movements such as chewing, or by external stimuli, such as wind blowing or touching the face.

The spinal trigeminal tract and nucleus extend from the midpons caudally into the upper cervical cord at the C2-4 levels. For suspected lesions of the spinal trigeminal tract and nucleus, imaging the brain stem and the cervical spinal cord is supported.[5]

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Glossopharyngeal Neuralgia/ Glossopharyngeal Neuropathy (HD-10.2)

HD.TM.0010.2.A

v1.0.2025

- MRI Brain without and with contrast (CPT® 70553) or MRI Brain without contrast (CPT® 70551) **AND/OR** MRI Orbit/Face/Neck without and with contrast (CPT® 70543) or MRI Orbit/Face/Neck without contrast (CPT® 70540) for suspected glossopharyngeal neuralgia or neuropathy[5]
- CT Neck with contrast (CPT® 70491) to delineate skull base erosion, deep space neck masses, calcifications, the skull base bony anatomy and/or the stylohyoid ligament[5] (see also **Eagle Syndrome (Neck-10.3)**)
- MRA Head with contrast (CPT® 70545), or MRA Head without and with contrast (CPT® 70546) **AND/OR** MRA Neck with contrast (CPT® 70548), or MRA Neck without and with contrast (CPT® 70549), to assess for neurovascular compression for the evaluation of glossopharyngeal neuralgia[5]

Background and Supporting Information

- Glossopharyngeal neuralgia presents as severe pain in the throat and neck, classically triggered by swallowing.[5]
- Glossopharyngeal neuropathy may present with pain, dysphagia, loss of gag reflex, impaired taste, and impaired sensation along posterior one-third of the tongue and/or inability to elevate the palate.[5]

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Evidence Discussion (HD-10)

v1.0.2025

- The American Academy of Neurology recommends routine use of MRI in the evaluation of patients with trigeminal neuralgia. Neuroimaging identifies structural causes in up to 15% of patients. The most commonly identified abnormalities include cerebellopontine angle tumors and multiple sclerosis plaques.
- MRI brain and/or MRI orbits, face and neck are necessary for direct visualization of the entire course of the trigeminal nerve.
- MRA head, when combined with MRI brain for evaluation of vascular compression of the trigeminal nerve, has sensitivity of 97-100% and specificity of 100%. CTA is less commonly performed concurrently with MRI of the trigeminal nerve.
- CT maxillofacial may be complementary to MRI in characterizing skull base erosions, calcifications, and skull base foramina.
- In the evaluation of glossopharyngeal neuralgia, MRI of the brain and/or MRI orbits, face and neck, allows direct visualization of the entire course of the glossopharyngeal nerve. Imaging should include the pharynx and larynx to exclude a neck mass. To further evaluate bony anatomy, calcifications, and the stylohyoid ligament, CT neck is also appropriate. MRA head and neck is helpful to exclude neurovascular compression in patients with glossopharyngeal neuralgia

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (HD-10)

v1.0.2025

1. Goh BT, Poon CY, Peck RHL. The importance of routine magnetic resonance imaging in trigeminal neuralgia diagnosis. *Oral Surgery, Oral Medicine, Oral Pathology, Oral Radiology, and Endodontology*. 2001;92(4):424-429. doi:10.1067/moe.2001.115130.
2. Yaltho TC, Jankovic J. The many faces of hemifacial spasm: Differential diagnosis of unilateral facial spasms. *Movement Disorders.* 2011;26(9):1582-1592. doi:10.1002/mds.23692.
3. Cruccu G. Trigeminal Neuralgia. *CONTINUUM: Lifelong Learning in Neurology*. 2017;23(2):396-420. doi:10.1212/con.0000000000000451.
4. AAN Practice Parameter: The Diagnostic Evaluation and Treatment of Trigeminal Neuralgia. October 2008. Reaffirmed 5/22/2021.
5. Expert Panel on Neurological Imaging, Rath TJ, Policeni B, et al. ACR Appropriateness Criteria® Cranial Neuropathy: 2022 Update. J Am Coll Radiol. 2022;19(11S):S266-S303. doi:10.1016/j.jacr.2022.09.021

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Headache (HD-11)

Guideline

Headache General Guidelines (HD-11.0)
Headache and Suspected Vascular Dissection (HD-11.1)
Headaches with Red Flags (HD-11.2)
Sudden Onset of Headache (HD-11.3)
Trigeminal Autonomic Cephalgias (HD-11.4)
Skull Base, Orbit, Periorbital or Oromaxillary (HD-11.5)
Suspected Intracranial Extension of Sinusitis or Mastoiditis (HD-11.6)
New Headache Onset Older than Age 50 (HD-11.7)
Cancer or Immunosuppression (HD-11.8)
Abnormal Blood Clotting (HD-11.9)
Pregnancy (HD-11.10)
Physical Exertion (HD-11.11)
Headaches Associated With Head Trauma (HD-11.12)
Systemic Infections (HD-11.13)
Hydrocephalus Shunts (HD-11.14)
Low Pressure Headache and CSF Leak (HD-11.15)
Cervicogenic Headaches Including Occipital Neuritis/Neuralgia (HD-11.16)
Advanced Imaging Indications Related To Migraines (HD-11.17)
Evidence Discussion (HD-11)
References (HD-11)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Headache General Guidelines (HD-11.0)

HD.HA.0011.0.A
v1.0.2025

- Advanced imaging of the head is NOT indicated for any of the following:
  - Primary headache disorder in the absence of focal neurological deficits or "red flags" (see **Headaches with Red Flags (HD-11.2)** and **Advanced Imaging Indications Related to Migraines (HD-11.17)**)
  - Newly diagnosed migraine or tension-type headache with a normal neurologic exam or for chronic stable headache including migraine with no neurologic deficit.[16]
  - Duplex Ultrasound Carotid Arteries (CPT® 93880) does not have a role in the evaluation of headaches (including migraines), except for suspected carotid dissection (see **Initial Imaging (PVD-3.1)** in the Peripheral Vascular Disease Imaging Guidelines, **Headache and Suspected Vascular Dissection (HD-11.1),** and **Stroke/TIA (HD-21.1)**)

Background and Supporting Information

- The yield of detecting abnormal, treatable lesions by CT or MRI in individuals with headache but normal neurological exam has been found to be low[16]

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Headache and Suspected Vascular Dissection (HD-11.1)

HD.HA.0011.1.A

v1.0.2025

- CTA Neck (CPT® 70498) and MRA Neck (CPT® 70547, CPT® 70548, or CPT® 70549) are indicated in the evaluation for headache with suspected carotid or vertebral artery dissection and in certain high risk scenarios including, but not exclusive to: Fibromuscular dysplasia (FMD), Marfan Disease, acute MVA with whiplash, and acute headache and/or neck pain due to chiropractic manipulation.
  - CTA Head (CPT® 70496) or MRA Head (CPT® 70544, CPT® 70545, or CPT® 70546) is indicated if there is concern for extension of a carotid dissection to the skull base or above
  - Evaluation of posterior circulation disease requires both neck and head MRA/CTA to visualize the entire vertebro-basilar system
- MRA Neck (CPT® 70547, CPT® 70548, or CPT® 70549) or CTA Neck (CPT® 70498) if arterial dissection is suspected, or known and re-evaluation is needed (as directed by neurologist or neurosurgeon or any provider in consultation with a neurologist or neurosurgeon)
- MRA Head (CPT® 70544, CPT® 70545, or CPT® 70546) or CTA Head (CPT® 70496, or CPT® 70498) if arterial dissection is suspected, or known and re-evaluation is needed (as directed by neurologist or neurosurgeon or any provider in consultation with a neurologist or neurosurgeon)
- Other vascular imaging indications for headaches require additional information.
  - See **Stroke/TIA (HD-21.1)**, **Sudden Onset of Headache (HD-11.3)**, **New Headache Onset Older than Age 50 (HD-11.7)**, **Abnormal Blood Clotting (HD-11.9)**, **Pregnancy (HD-11.10)**, **Physical Exertion (HD-11.11)**, and **Systemic Infections (HD-11.13)**

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Headaches with Red Flags (HD-11.2)

HD.HA.0011.2.A
v1.0.2025

- MRI Brain without and with contrast (CPT® 70553) or MRI Brain without contrast (CPT® 70551) or CT Head without contrast (CPT® 70450) supported for any of the following:
  - Headache accompanied by seizures, vomiting, focal neurological complaints including dizziness, visual change, altered mental status, or acute hypertension (see **Primary Central Nervous System Tumors – General Considerations (ONC-2.1)** in the Oncology Imaging Guidelines and **Stroke/TIA (HD-21.1)**)
  - Abnormal examination findings (including, but not limited to, altered mental status, papilledema, focal signs or symptoms including unilateral weakness or sensory loss, hyperreflexia, clonus, increased tone, Hoffman or Babinski sign, loss of coordination, seizures, gait disturbance, cranial nerve abnormality, vision loss, nystagmus, dysarthria, dysphagia, fever, meningismus)
- Headaches with any of the following Red Flags
  - If any of the below unusual symptoms or history are present advanced imaging studies are supported (see relevant section):
    - Cancer history or immunosuppression (see **Cancer or Immunosuppression (HD-11.8)**)
    - Sudden onset (see **Sudden Onset of Headache (HD-11.3)**)
    - New onset age >50 (see **New Headache Onset Older than Age 50 (HD-11.7)** and **Migraine Exceptions (HD-11.17)**)
    - History of head trauma (see **Headaches Associated with Head Trauma (HD-11.12)**, and **Head and Facial Trauma (HD-13)**)
    - Headache precipitated by cough or valsalva, physical exertion, or sexual activity (see **Physical Exertion (HD-11.11)**)
    - Currently pregnant (including pregnancy and the immediate postpartum period) (see **Pregnancy (HD-11.10)**)
    - Hypercoagulable state or bleeding disorder (see **Abnormal Blood Clotting (HD-11.9)**)
    - New persistent headache (see **Migraine Exceptions (HD-11.17)**)
    - Headache awakens individual from sleep (see **Sudden Onset of Headache (HD-11.3)**)
- Chronic headache with significant change in character, severity or frequency of headache (For example: progressively worsening headache over a period of days or weeks, transformation of established migraine to chronic daily headaches):
  - MRI Brain without and with contrast (CPT® 70553); or
  - MRI Brain without contrast (CPT® 70551); or

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

- CT Head without contrast (CPT® 70450)
- MRA/MRV Head (CPT® 70544, CPT® 70545, or CPT® 70546) or CTA/CTV Head (CPT® 70496) can be added to evaluate the recent onset of a progressive, severe, daily headache, with or without papilledema and concern for cerebral venous sinus thrombosis.
  - CT and MR Venography (CTV and MRV) are reported with the same codes as the CTA/MRA counterpart. If arterial and venous CT or MR studies are both performed in the same session, only **ONE** CPT® code should be used to report both procedures
- For papilledema, see **Papilledema/Pseudotumor Cerebri (HD-17.1))**

Background and Supporting Information

Aura symptoms may accompany or precede a headache within 60 minutes and may include, but are not exclusive to the following symptoms:[28]

- Visual (flashing lights, loss of vision)
- Sensory (paresthesia)
- Speech and/or language (difficulty speaking)
- Motor (any weakness)
- Brainstem (dizziness, double vision) and retinal (visual complaints)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Sudden Onset of Headache (HD-11.3)

HD.HA.0011.3.A
v1.0.2025

- For sudden onset of headache including:
  - Worst, most severe headache ever experienced or thunderclap-type (example: awakening from sleep)
  - Sudden onset unilateral headache, suspected carotid or vertebral dissection or ipsilateral Horner's syndrome
  - Consideration of reversible cerebral vasoconstriction syndrome (RCVS) (typically bilateral headache)
  - High risk scenarios including Fibromuscular Dysplasia (FMD), Marfan Disease, MVA with whiplash, and chiropractic manipulation
- If any of these onset of headache features are present, the following are supported:
  - CT Head without contrast (CPT® 70450) **OR** MRI Brain without contrast (CPT® 70551) **OR** MRI Brain without and with contrast (CPT® 70553) **AND/OR**
  - CTA Head (CPT® 70496) **or** MRA Head (CPT® 70544, CPT® 70545, or CPT® 70546)
  - MRA Neck (CPT® 70547, CPT® 70548, or CPT® 70549) **OR** CTA Neck (CPT® 70498) if carotid or vertebral artery dissection is suspected
    - CT and MR Venography (CTV and MRV) are reported with the same codes as the CTA/MRA counterpart. If arterial and venous CT or MR studies are both performed in the same session, only **ONE** CPT® code should be used to report both procedures
- Repeat MRA/CTA Head and Neck imaging in 2-4 weeks if suspicion of Reversible Cerebral Vasoconstriction Syndrome (RCVS) is high[8]
- MRA Neck (CPT® 70547, CPT® 70548, or CPT® 70549) or CTA Neck (CPT® 70498) if arterial dissection is suspected, or known and re-evaluation is needed (as directed by neurologist or neurosurgeon or any provider in consultation with a neurologist or neurosurgeon)
- MRA Head (CPT® 70544, CPT® 70545, or CPT® 70546) or CTA Head (CPT® 70496, CPT® 70498) if arterial dissection is suspected, or known and re-evaluation is needed (as directed by neurologist or neurosurgeon or any provider in consultation with a neurologist or neurosurgeon)
- Other vascular imaging indications for headaches require additional information.
  - See **Stroke/TIA (HD-21.1)**, **New Headache Onset Older than Age 50 (HD-11.7)**, **Abnormal Blood Clotting (HD-11.9)**, **Pregnancy (HD-11.10)**, **Physical Exertion (HD-11.11)**, **Intracranial Aneurysms (HD-12.1)** and **Systemic Infections (HD-11.13)**

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Trigeminal Autonomic Cephalgias (HD-11.4)

HD.HA.0011.4.A
v1.0.2025

- For trigeminal autonomic cephalgias and cluster headache:[27]
  - MRI Brain without and with contrast (CPT® 70553) **OR**
  - MRI Brain without contrast (CPT® 70551)
  - May also include pituitary screening (see **Pituitary (HD-19)**)
- For facial pain (see **Trigeminal Neuralgia and other Centrally Mediated Facial Pain Syndromes (HD-10))**

Background and Supporting Information

Trigeminal autonomic cephalgias includes cluster headache, short-lasting, unilateral, neuralgiform headache attacks with conjunctival injection and tearing (SUNCT) syndromes; short-lasting unilateral neuralgiform headache attacks with cranial autonomic symptoms (SUNA) and hemicrania paroxysmal and continua.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Skull Base, Orbit, Periorbital or Oromaxillary (HD-11.5)

HD.HA.0011.5.A

v1.0.2025

- Skull base, orbital, periorbital or oromaxillary[1] imaging is indicated for concern of skull base tumors in individuals with head and neck cancers, other skull base abnormalities seen on previous imaging, any invasive sinus infections as well as sinus tumors or orbital tumors with intracranial extension.
- In these clinical scenarios, the following studies are indicated:
  - MRI Brain and/or Orbits/Face/Neck without and with contrast (CPT® 70553 and/or CPT® 70543) **OR**
  - MRI Brain and/or Orbits/Face/Neck without contrast (CPT® 70551 and/or CPT® 70540) **OR**
  - CT Head and/or Orbits/Temporal bone without and with contrast (CPT® 70470 and/or CPT® 70482) **OR**
  - CT Head and/or Orbits/Temporal bone with contrast (CPT® 70460 and/or CPT® 70481)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Suspected Intracranial Extension of Sinusitis or Mastoiditis (HD-11.6)

HD.HA.0011.6.A
v1.0.2025

- For suspected intracranial extension of sinusitis or mastoiditis:
  - MRI Brain without and with contrast (CPT® 70553)
  - See **Mastoid Disease or Ear Pain (HD-26.1)** and **Skull Base, Orbit, Periorbital or Oromaxillary (HD-11.5)**

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

New Headache Onset Older than Age 50 (HD-11.7)

HD.HA.0011.7.A
v1.0.2025

- For new onset headache in individuals older than 50 years of age:
  - MRI Brain without and with contrast (CPT® 70553) **OR**
  - MRI Brain without contrast (CPT® 70551) **OR**
  - CT Head without contrast (CPT® 70450)
  - If Giant Cell Arteritis, also known as Temporal Arteritis, is suspected, MRA Head (CPT® 70544, CPT® 70545, or CPT® 70546), see **Cerebral Vasculitis (HD-22)**

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Cancer or Immunosuppression (HD-11.8)

HD.HA.0011.8.A

v1.0.2025

- For new headache in individuals with cancer or who are immunocompromised:
  - MRI Brain without and with contrast (CPT® 70553) **OR**
  - MRI Brain without contrast (CPT® 70551)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Abnormal Blood Clotting (HD-11.9)

HD.HA.0011.9.A

v1.0.2025

- MRI Brain without and with contrast (CPT® 70553) **OR** MRI Brain without (CPT® 70551) **OR** CT Head without contrast (CPT® 70450):
  - New onset headaches in individual with hypercoagulable states or bleeding disorder
    - MRA/MRV Head (CPT® 70544, CPT® 70545, or CPT® 70546) or CTA/CTV Head (CPT® 70496) may be added for venogram when requested.
      - CT and MR Venography (CTV and MRV) are reported with the same codes as the CTA/MRA counterpart. If arterial and venous CT or MR studies are both performed in the same session, only **ONE** CPT® code should be used to report both procedures
  - Individuals with potential for bleeding diathesis
    - Taking anticoagulants or two or more antiaggregants or having a medical condition that predisposes to bleeding (for example, but not limited to: thrombocytopenia, liver failure, Idiopathic Thrombocytopenic Purpura (ITP), etc.).

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Pregnancy (HD-11.10)

HD.HA.0011.10.A

v1.0.2025

- For new onset headache during pregnancy or immediate post-partum period (within 3 months after delivery):
  - MRI Brain without contrast (Gadolinium relatively contraindicated in pregnancy) (CPT® 70551)
  - MRA/MRV Head (CPT® 70544, CPT® 70545, or CPT® 70546) or CTA/CTV Head (CPT® 70496) when venogram is requested
    - CT and MR Venography (CTV and MRV) are reported with the same codes as the CTA/MRA counterpart. If arterial and venous CT or MR studies are both performed in the same session, only one CPT® code should be used to report both procedures. (Gadolinium relatively contraindicated in pregnancy)
    - Vascular imaging can be performed concurrently with brain imaging
- Important causes of secondary headache include vascular disorders, such as pre-eclampsia, reversible cerebral vasoconstriction syndrome, and cerebral venous thrombosis, as well as idiopathic intracranial hypertension[1,6]
- For post LP/epidural anesthesia, see **Low Pressure Headache and CSF Leak (HD-11.15)**

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Physical Exertion (HD-11.11)

HD.HA.0011.11.A

v1.0.2025

- For onset of headache with Valsalva maneuver, cough, physical exertion, change in position, **or** sexual activity, but not merely a worsening of a pre-existing headache with these activities, the following procedures are supported:[26]
  - MRI Brain without and with contrast (CPT® 70553) **OR**
  - MRI Brain without contrast (CPT® 70551) **OR**
  - CT Head without contrast (CPT® 70450) **AND/OR**
  - MRA Head (CPT® 70544, CPT® 70545, or CPT® 70546) **OR**
  - CTA Head without and with contrast (CPT® 70496)
  - MRA Neck (CPT® 70547, CPT® 70548, or CPT® 70549) or CTA Neck (CPT® 70498) if carotid or vertebral artery dissection or aneurysm is suspected

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Headaches Associated With Head Trauma (HD-11.12)

HD.HA.0011.12.A

v1.0.2025

- New or progressively worsening headache with subacute head trauma, defined as within 7 days to three months post-trauma, with or without unexplained cognitive or neurologic deficits:[14]
  - CT Head without contrast (CPT® 70450) **OR**
  - MRI Brain without contrast (CPT® 70551)
- Persistent headaches attributed to traumatic injury to the head persisting for longer than 3 months following the injury, with or without unexplained cognitive or neurologic deficits:[14]
  - MRI Brain without contrast (CPT® 70551) **OR**
  - MRI Brain without and with contrast (CPT® 70553)
- Acute head trauma with headache, (see **Head Trauma (HD-13.1))**
- Acute headache attributed to traumatic injury to the head that developed within 7 days of injury[14] that does not meet criteria under **Head and Facial Trauma (HD-13)**, other subsections may apply including, but not exclusive to: **Headaches with Red Flags (HD-11.2)** and **Sudden Onset of Headache (HD-11.3)**

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Systemic Infections (HD-11.13)

HD.HA.0011.13.A
v1.0.2025

- Headaches in the setting of acute, subacute, or chronic systemic infections:
  - MRI Brain without and with contrast (CPT® 70553); or MRI Brain without contrast (CPT® 70551)
  - MRA/MRV Head (CPT® 70544, CPT® 70545, or CPT® 70546)
    - CT and MR Venography (CTV and MRV) are reported with the same codes as the CTA/MRA counterpart. If arterial and venous CT or MR studies are both performed in the same session, only one CPT® code should be used to report both procedures
  - CT Head without contrast (CPT® 70450) or CT Head without and with contrast (CPT® 70470), when MRI Brain is contraindicated (see **General Guidelines – CT Head (HD-1.4)** for additional CT Head indications)
  - CT Head without (CPT® 70450) prior to performance of Lumbar Puncture (aka spinal tap)
- See **CNS and Head Infection (HD-14.1)**
- See **Neuro-COVID-19 and Sars-CoV-2 Vaccines (HD-14.2)** for headache related to neuro-COVID-19 or SARS-CoV-2 vaccines

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Hydrocephalus Shunts (HD-11.14)

HD.HA.0011.14.A
v1.0.2025

Initial Imaging Indications

- MRI Brain without and with contrast (CPT® 70553) is indicated

Repeat Imaging Indications including CSF flow shunting and Ventriculostomy

- MRI Brain without contrast (CPT® 70551) or CT Head without contrast (CPT® 70450) for any of the following:
  - New signs or symptoms suggesting shunt malfunction or endoscopic third ventriculostomy (ETV) malfunction
    - Symptoms may include but are not limited to: sepsis after shunt setting adjustments, decreased level of consciousness, protracted vomiting, visual or neurologic deterioration, decline of mentation after initial improvement, or new or changing pattern of seizures
  - Requests ordered by a neurologist, neurosurgeon, or any provider in consultation with a neurologist or neurosurgeon
- MRI Brain without contrast (CPT® 70551) or CT Head without contrast (CPT® 70450) is indicated in the post-operative period following shunt placement or ETV, with further follow-up imaging 6-12 months after the procedure and then every 12 months for individuals with stable clinical findings
- Shunting into the peritoneum (VP shunts) can give rise to abdominal complications, but these are generally symptomatic, so surveillance imaging of the abdomen is not indicated.
  - Abdominal ultrasound (CPT® 76700) for suspicion of CSF pseudocyst formation or distal shunt outlet obstruction.
- See **General Guidelines – Other Imaging Situations (HD-1.7)**

Additional Rarely Used Studies

- Cisternogram (CPT® 78630) for the following:
  - Known hydrocephalus with worsening symptoms.
  - Suspected obstructive hydrocephalus.
  - Suspected normal pressure hydrocephalus with gait disturbance and either dementia or urinary incontinence.
  - CSF Leak (see **Low Pressure Headache and CSF Leak (HD-11.15)** and **Nuclear Medicine (HD-36.1)**)
- Cerebrospinal Ventriculography (CPT® 78635) for the following:
  - Evaluation of internal shunt, porencephalic cyst, or posterior fossa cyst.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

- Nuclear Medicine Shunt Evaluation (CPT® 78645) and CSF Flow SPECT (CPT® 78803) for the following:
  - Suspected malfunction of ventriculoperitoneal, ventriculopleural, or ventriculovenous shunts.
- For CSF flow imaging, see **CSF Flow Imaging (HD-24.4)**
- See also **General Guidelines - CT Head (HD-1.4)**

Background and Supporting Information

- Ventriculomegaly is the condition where ventricles are enlarged, and this may be due to 1) hydrocephalus, a condition of increased intracranial pressure (ICP) (imaging shows ventricles are disproportionately enlarged compared to sulci), or 2) brain atrophy, most commonly related to age or trauma, which is not associated with increased ICP (imaging shows ventricles and sulci are proportionately enlarged).
- Hydrocephalus is divided into obstructive/non-communicating vs. communicating types, and these usually have different etiologies and radiographic features.
- Obstructive or non-communicating hydrocephalus classically involves an intraventricular obstruction in which CSF flow over the convexities and between the ventricles is reduced, and the proximal ventricle(s) is/are dilated. This is a medical emergency.
- Communicating hydrocephalus involves extraventricular obstruction, poor absorption or overproduction of CSF. There is normal intracranial CSF flow and absence of disproportionate ventricular dilation, yet there is still a mildly increased CSF pressure. Normal pressure hydrocephalus is an example of this type.
- Distinguishing between ventriculomegaly due to brain atrophy and non-communicating hydrocephalus can be difficult with MRI Brain or CT Head alone, and modalities which visualize CSF flow may be useful such as cisternography or CT cisternography.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Low Pressure Headache and CSF Leak (HD-11.15)

HD.HA.0011.15.A
v1.0.2025

- Evaluation of suspected CSF leak (rhinorrhea/otorrhea) or refractory post-lumbar puncture or low pressure headache:[15]

Indication	Supported Imaging
Intracranial imaging	• MRI brain without and with contrast (CPT® 70553)
Spinal imaging (MRI)	• MRI Cervical Spine without contrast (CPT® 72141) or without and with contrast (CPT® 72156) **AND/OR** • MRI Thoracic Spine without contrast (CPT® 72146) or without and with contrast (CPT® 72157) **AND/OR** • MRI Lumbar Spine without contrast (CPT® 72148) or without and with contrast (CPT® 72158)
Spinal imaging, post-myelogram	• CT Cervical Spine with contrast (CPT® 72126) **AND/OR** • CT Thoracic Spine with contrast (CPT® 72129) **AND/OR** • CT Lumbar Spine with contrast (CPT® 72132)
Cisternogram, radionucleotide (111 In-DTPA)	• Radionucleotide cisternogram (CPT® 78630)
Cisternogram, post-myelogram (iodinated contrast)	• CT Head with contrast (CPT® 70460) **OR** • CT Maxillofacial with contrast (CPT® 70487) **OR** • CT Temporal Bone with contrast (CPT® 70481)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Indication	Supported Imaging
Symptoms of CSF rhinorrhea or otorrhea	• CT Head without contrast (CPT® 70450) **AND/OR** • CT Maxillofacial without contrast (CPT® 70486) **OR** • CT Temporal Bone without contrast (CPT® 70480)

- Additional Cisternogram (CPT® 78630) indications:
  - Known hydrocephalus with worsening symptoms (for example headache)
  - Suspected obstructive hydrocephalus
- Individuals with a Shunt (see **Hydrocephalus Shunts (HD-11.14)**)

Background and Supporting Information

- Common radiological findings of CSF leaks include: abnormalities of the cribiform plate or ethmoid sinus, dural dehiscence at the anterior skull base, pneumatization of the sphenoid sinus, and fluid within the middle ear.
- CSF leaks may occur in:
  - CSF shunt overdrainage
  - Traumatic CSF leaks
    - Thecal holes and rents from lumbar punctures and epidural catheterizations
    - Spinal and cranial surgeries including skull base and some sinus surgeries
    - Proximal brachial plexus and nerve root avulsion injuries
  - Spontaneous leaks may occur in, but not exclusive to:
    - Pre-existing weakness of the dural sac including:
      - Disorders of connective tissue matrix including Marfan syndrome, Marfanoid features
      - Joint hypermobility
    - Trivial trauma in the setting of preexisting dural weakness
    - Spondylotic spurs, herniated discs

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Cervicogenic Headaches Including Occipital Neuritis/Neuralgia (HD-11.16)

HD.HA.0011.16.A
v1.0.2025

- Brain imaging should follow applicable sections in **Headache (HD-11)**
- MRI Cervical Spine without contrast (CPT® 72141) or CT Cervical Spine without contrast (CPT® 72125)
  - Failure of recent (within 3 months) 6-week trial of provider-directed treatment (unless presence of a red flag) as defined in **Red Flag Indications (SP-1.2)**, and clinical re-evaluation after treatment period.
    - See **Neck (Cervical Spine) Pain Without/With Neurological Features (Including Stenosis) (SP-3.1)** and **Neck (Cervical Spine) Trauma (SP-3.2)** in the Spine Imaging Guidelines
    - Exemptions to the 6 weeks of conservative care include:
      - High risk mechanism of cervical spine injury within the last 3 months (see **Neck (Cervical Spine) Trauma (SP-3.2)** in the Spine Imaging Guidelines)
      - **Red Flag Indications (SP-1.2)** in the Spine Imaging Guidelines
      - **ANY** of the following:
        - Bony abnormalities: Atlanto-axial dislocations/instability (including but not limited to: Down's syndrome, Ehlers-Danlos and Marfan syndromes and rheumatoid arthritis), platybasia, osteomas, callous formation of the posterior C1/2 arches
        - Posterior fossa lesions, Chiari malformations, demyelinating disease
        - Myelopathy/myelitis (see **Myelopathy (SP-7.1)** in the Spine Imaging Guidelines)

Background and Supporting Information

- Cervicogenic Headache
  - Headache caused by a disorder of the cervical spine, usually accompanied by neck pain or other signs and symptoms of cervical disease. Typical findings include reduced cervical range of motion, side-locked pain, and symptoms exacerbated by provocative maneuvers such as head movement or digital pressure.
- Occipital Neuralgia/Neuritis - Occipital neuralgia is classified unilateral or bilateral paroxysmal, shooting or stabbing pain in the posterior part of the scalp, in the distribution(s) of the greater, lesser and/or third occipital nerves, sometimes accompanied by diminished sensation or dysaesthesia in the affected area and commonly associated with tenderness over the involved nerve(s).

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

- Pain has at least two of the following three characteristics:
  - Recurring in paroxysmal attacks lasting from a few seconds to minutes
  - Severe in intensity
  - Shooting, stabbing or sharp in quality
- Pain is associated with both of the following:
  - Dysaesthesia and/or allodynia apparent during innocuous stimulation of the scalp and/or hair
  - Either or both of the following:
    - Tenderness over the affected nerve branches
    - Trigger points at the emergence of the greater occipital nerve or in the distribution of C2
- Pain is eased temporarily by local anaesthetic block of the affected nerve(s)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Advanced Imaging Indications Related To Migraines (HD-11.17)

HD.HA.0011.17.A

v1.0.2025

- Advanced imaging of the head is NOT indicated for newly diagnosed migraine with a normal neurological exam or chronic stable migraine with no neurological deficit and/or no red flags (see **Headaches with Red Flags (HD-11.2)**).
  - See below for advanced imaging indications related to migraines.
- New migraine with age ≥50 (see **New Headache Onset Older than Age 50 (HD-11.7)**)
- Change in frequency or severity of migraine (see **Headaches with Red Flags (HD-11.2)**)
- MRI Brain without (CPT® 70551) or MRI Brain with and without (CPT® 70553) or CT Head without (CPT® 70450) for the following:
  - Unusual, prolonged or persistent aura (greater than 60 minutes) (See ***Background and Supporting Information***)
  - Worst migraine
  - Hemiplegic migraine
    - Migraine with any motor weakness.
  - Migrainous accompaniments
    - Passing neurological symptoms that can affect vision, speech, movement, and behavior-“mimic stroke”
  - Migraine aura without headache
    - Migraine with an aura in which the aura is neither accompanied nor followed by a headache within 60 minutes.
  - Side-locked migraine (unilateral)
    - Unilateral hemicranial pain – includes primary and secondary causes.
      - New daily persistent headache (new daily headache present greater than three months)
      - Trigeminal autonomic cephalgias includes cluster headache short-lasting, unilateral, neuralgiform headache attacks with conjunctival injection and tearing (SUNCT) syndromes; short-lasting unilateral neuralgiform headache attacks with cranial autonomic symptoms (SUNA) and hemicrania paroxysmal and continua are covered in **Trigeminal Autonomic Cephalgias (HD-11.4)**
  - Post-traumatic migraine
    - See **Head Trauma (HD-13.1)** and **Headaches Associated with Head Trauma (HD-11.12)**

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Background and Supporting Information

- Aura symptoms may accompany or precede a headache within 60 minutes and may include, but are not exclusive to, the following symptoms:[28]
  - Visual (flashing lights, loss of vision)
  - Sensory (paresthesia)
  - Speech and/or language (difficulty speaking)
  - Motor (any weakness)
  - Brainstem (double vision) and retinal (visual complaints)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Evidence Discussion (HD-11)

v1.0.2025

- The majority of headaches are due to benign causes and are self-limited. The yield of positive findings on a CT head for evaluation of headache in the emergency department setting ranged from 7% to 13%.
- The American College of Radiology in the Choosing Wisely campaign recommends against imaging for primary headache syndromes in the absence of red flags and with a normal neurologic exam. The American Headache Society and Choosing Wisely Task Force stated that the overuse or misuse of imaging studies for headache was the most commonly mentioned problem. Overuse of CT head was identified as the main concern. The authors note that a single CT scan of the head exposes patients to an average of 2 mSV of radiation, the equivalent of 8 months of background radiation.
- Incidental findings are common and can result in anxiety for the patient, additional referrals and specialist consults, and more imaging studies. Incidental findings on MRI occur in 2% of the general population.
- The American Headache Society and the American Academy of Neurology recommend neuroimaging in patients with headaches with atypical features, red flags and/or abnormal neurologic exam findings.
- The presence of neurologic or systemic signs, new headaches over age 50, or headaches in the setting of malignancy or immunosuppression, always require further evaluation with advanced imaging, and are considered "red flags," due to the higher likelihood of intracranial pathology. CT head in the presence of red flags is helpful to exclude intracranial hemorrhage. However, MRI brain has higher contrast resolution than CT head and is preferred for evaluation of structural pathologies, particularly in non-urgent settings.
- Subarachnoid hemorrhage due to ruptured cerebral aneurysm accounts for 4-12% of acute severe headaches. CT head is indicated as initial imaging for thunderclap headache. CT head had a negative predictive value between 99.9-100% in detecting aneurysmal subarachnoid hemorrhage within 6 hours of headache onset. The sensitivity is over 90% when CT head is performed within the first 24 hours. CT Angiography (CTA) head obtained concurrently or in follow up may identify cerebral aneurysm, dissection, and reversible cerebral vasoconstriction syndrome.
- In selected cases, CT head is supported for evaluation and follow up of headache caused by subdural or epidural hemorrhage, skull fracture, sinus infection or subarachnoid hemorrhage.
- New headaches in the setting of pregnancy and the postpartum period require special consideration.
- Over a third of pregnant women presenting to the hospital with headache have a secondary cause. Of patients with headache in the immediate post-partum period, 41% had an abnormal MRI brain.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

- Imaging in this scenario includes MRI brain, MR Venogram (MRV) head, and/or MR Angiography (MRA) head. Gadolinium contrast is relatively contraindicated during pregnancy and should be avoided.
- Trigeminal autonomic cephalgias, including cluster headaches, are required to have MRI brain to exclude pathology in the pituitary region. MRI should include the brain and the pituitary region.
- Headaches concerning for raised intracranial pressure or intracranial hypotension, required additional evaluation with neuroimaging. To exclude hydrocephalus, a mass, or cerebral venous sinus thrombosis, MRI brain, orbits and venogram are indicated in the setting of papilledema and/or intracranial hypertension. In urgent cases, a CT head can rapidly diagnose causes such as mass, edema or hydrocephalus.
- MRI is also useful to evaluate for structural causes of headache due to intracranial hypotension and csf leaks. Depending on the suspected source of the leak, imaging the brain and spinal cord may be required. Spinal imaging may include MRI of the spinal cord, or CT myelogram.
- CTA head or MRA head in the evaluation of headache are indicated for suspicion of carotid or vertebral arterial dissections, AVMs and cerebral aneurysm, as secondary causes of headache.
- CT Venogram (CTV) head or MRV head in the evaluation of headache are supported for suspicion of cerebral venous sinus thrombosis or stenosis in select cases, included suspected headache associated with pregnancy and the post-partum period, headache with papilledema, intracranial hypertension, and the trigeminal autonomic cephalgias.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

References (HD-11)

v1.0.2025

1. Expert Panel on Neurologic Imaging, Pallavi S, Utukuri MD, et al. ACR Appropriateness Criteria® Headache. Available at https://acsearch.acr.org/docs/69482/Narrative/ American College of Radiology. 2022.
2. Headache Classification Committee of the International Headache Society (IHS) The International Classification of Headache Disorders, 3rd edition. Cephalalgia. 2018;38(1):1-211
3. Thurtell MJ. Idiopathic Intracranial Hypertension. CONTINUUM: Lifelong Learning in Neurology. 2019;25(5):1289-1309. doi:10.1212/con.0000000000000770
4. Burch R. Headache in Pregnancy and the Puerperium. Neurologic Clinics. 2019;37(1):31-51. doi:10.1016/j.ncl.2018.09.004
5. Jamieson DG, Mcvige JW. Imaging of Neurologic Disorders in Pregnancy. Neurologic Clinics. 2020;38(1):37-64. doi:10.1016/j.ncl.2019.09.001
6. Rayhill M. Headache in Pregnancy and Lactation. *Continuum (Minneap Minn)*. 2022; 28(1): 72-92. doi: 10.1212/CON.0000000000001070
7. Kamel H, Navi BB, Sriram N, Hovsepian DA, Devereux RB, Elkind MS. Risk of a Thrombotic Event after the 6-Week Postpartum Period. New England Journal of Medicine. 2014;370(14):1307-1315. doi:10.1056/nejmoa1311485
8. Perillo T, Paolella C, Perrotta G, Serino A, Caranci F, Manto A. Reversible cerebral vasoconstriction syndrome: review of neuroimaging findings. *Radiol Med*. 2022; 127(9): 981-990. doi: 10.1007/s11547-022-01532-2
9. ACR-ASNR-SPR Practice Parameter for the Performance of Computed Tomography (CT) of the Extracranial Head and Neck Revised 2021. (Resolution 5). https://www.acr.org/-/media/ACR/Files/Practice-Parameters/CT-Head-Neck
10. Dobrocky T, Nicholson P, Häni L, et al. Spontaneous intracranial hypotension: searching for the CSF leak. *Lancet Neurol*. 2022; 21(4): 369-380. doi: 10.1016/S1474-4422(21)00423-3.
11. Expert Panel on Neurologic Imaging:, Salmela MB, Mortazavi S, et al. ACR Appropriateness Criteria® Cerebrovascular Disease. J Am Coll Radiol. 2017;14(5S):S34-S61. doi:10.1016/j.jacr.2017.01.051
12. Pruitt AA. Central Nervous System Infections Complicating Immunosuppression and Transplantation. CONTINUUM: Lifelong Learning in Neurology. 2018;24(5):1370-1396. doi:10.1212/con.0000000000000653
13. Evans, RW, Burch RC, Frishberg BM, et al. Neuroimaging for Migraine: The American Headache Society Systematic Review and Evidence-Based Guideline. Headache: The Journal of Head and Face Pain. 2020;60(2):318-336. doi:10.1111/head.13720
14. Expert Panel on Neurological Imaging, Shih RY, Burns J, et al. ACR Appropriateness Criteria® Head Trauma: 2021 Update. J Am Coll Radiol. 2021;18(5S):S13-S36. doi:10.1016/j.jacr.2021.01.006
15. ACR ASNR SPR Practice Parameter for the Performance of Myelography and Cisternography. Revised 2019
16. Jordan JE, Flanders AE. Headache and Neuroimaging: Why We Continue to Do It. *AJNR Am J Neuroradiol*. 2020; 41(7): 1149-1155. doi: 10.3174/ajnr.A6591
17. Sweet JA, Mitchell LS, Narouze S, et al. Occipital Nerve Stimulation for the Treatment of Patients With Medically Refractory Occipital Neuralgia. Neurosurgery. 2015;77(3):332-341. doi:10.1227/neu.0000000000000872
18. International Headache Society Classification of Headache Disorders-3 Part III: Neuropathies and Facial Pains and other headaches 13.4 Occipital Neuralgia-ICHD-3 Accessed 6/20/2024 https://ichd-3.org/13-painful-cranial-neuropathies-and-other-facial-pains/13-4-occipital-neuralgia/
19. International Headache Society Classification of Headache Disorders-3 Part II: The secondary headaches 11.2.1 Cervigoenic headache –ICHD-3 Accessed 6/20/2024 https://ichd-3.org/11-headache-or-facial-pain-attributed-to-disorder-of-the-cranium-neck-eyes-ears-nose-sinuses-teeth-mouth-or-other-facial-or-cervical-structure/11-2-headache-attributed-to-disorder-of-the-neck/11-2-1-cervicogenic-headache/
20. Doddamani RS, Meena RK, Sawarkar D, Aggarwal D, Chandra PS. Management Options in Occipital Neuralgia: A. Journal of Peripheral Nerve Surgery Vol. 2020;4(1)
21. O'Neill F, Nurmikko T, Sommer C. Other facial neuralgias. Cephalalgia. 2017;37(7):658-669. doi:10.1177/0333102417689995

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

22. Barmherzig R, Kingston W. Occipital Neuralgia and Cervicogenic Headache: Diagnosis and Management. Current Neurology and Neuroscience Reports. 2019;19(5). doi:10.1007/s11910-019-0937-8
23. Labastida-Ramírez A, Benemei S, Albanese M, et al. Persistent post-traumatic headache: a migrainous loop or not? The clinical evidence. The Journal of Headache and Pain. 2020;21(1). doi:10.1186/s10194-020-01122-5
24. Henderson FC, Austin C, Benzel E, et al. Neurological and spinal manifestations of the Ehlers-Danlos syndromes. American journal of medical genetics Part C, Seminars in medical genetics. 2017;175(1):195-211. doi:10.1002/ajmg.c.31549
25. Chou DE. Secondary Headache Syndromes. CONTINUUM: Lifelong Learning in Neurology. 2018;24(4):1179-1191. doi:10.1212/con.0000000000000640
26. Smith JH. Other Primary Headache Disorder. *Continuum (Minneap Minn)*. 2021; 27(3): 652-664. doi: 10.1212/CON.0000000000000960
27. Nahas SJ. Cluster Headache and Other Trigeminal Autonomic Cephalalgias. *Continuum (Minneap Minn)*. 2021; 27(3): 633-651. doi: 10.1212/CON.0000000000000965
28. Recober A. Pathophysiology of Migraine. *Continuum (Minneap Minn)*. 2021; 27(3): 586-596. doi: 10.1212/CON.000000000000983
29. Frishberg, B.; Rosenberg, J.; Matchar, D., et al. Evidence-Based Guidelines in the Primary Care Setting: Neuroimaging in Patients with Nonacute Headache. American Academy of Neurology: US Headache Consortium
30. Ray JC, Hutton EJ. Imaging in headache disorders. Aust Prescr 2022;45:88-92.https://doi.org/10.18773/austprescr.2022.023
31. Morris Z, Whiteley WN, Longstreth WT Jr, Weber F, Lee YC, Tsushima Y, et al. Incidental findings on brain magnetic resonance imaging: systematic review and meta-analysis. BMJ 2009;339:b3016. https://doi.org/10.1136/bmj.b3016
32. Loder E, Weizenbaum E, Frishberg B, Silberstein S; American Headache Society Choosing Wisely Task Force. Choosing wisely in headache medicine: the American Headache Society's list of five things physicians and patients should question. Headache. 2013;53(10):1651-1659. doi:10.1111/head.12233
33. Robbins MS, Farmakidis C, Dayal AK, Lipton RB. Acute headache diagnosis in pregnant women: a hospital-based study. Neurology. 2015;85(12):1024-1030. doi:10.1212/WNL.0000000000001954
34. Raffaelli B, Neeb L, Israel-Willner H, et al. Brain imaging in pregnant women with acute headache. J Neurol. 2018;265(8):1836-1843. doi:10.1007/s00415-018-8924-6
35. Shobeiri E, Torabinejad B. Brain magnetic resonance imaging findings in postpartum headache. Neuroradiol J. 2019;32(1):4-9. doi:10.1177/1971400918804193
36. Do TP, Remmers A, Schytz HW, et al. Red and orange flags for secondary headaches in clinical practice: SNNOOP10 list. Neurology. 2019;92(3):134-144. doi:10.1212/WNL.0000000000006697
37. Holle D, Obermann M. The role of neuroimaging in the diagnosis of headache disorders. Ther Adv Neurol Disord. 2013;6(6):369-374. doi:10.1177/1756285613489765

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Aneurysm and AVM (HD-12)

Guideline

Intracranial Aneurysms (HD-12.1)
Arteriovenous Malformations (AVMs) and Related Lesions (HD-12.2)
Evidence Discussion (HD-12)
References (HD-12)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Intracranial Aneurysms (HD-12.1)

HD.AN.0012.1.A
v1.0.2025

Disorders and Indications (Any of the following)	Supported Imaging
Screening for High Risk Populations as defined by the following criteria (screening usually begins at age 20 unless unusual circumstances as aneurysms are uncommon in children and adolescents): • Positive Family History: Two or more first degree relatives (parent, sibling or child) with history of cerebral aneurysm or SAH: screening every 5 years beginning at age 20. One first degree relative (parent, sibling or child) with history of cerebral aneurysm or SAH can have one screening study but risks and benefits should be discussed with the individual. • Autosomal dominant polycystic kidney disease (screening begins at age 20 to 65 and is repeated at five-year intervals)[34] • Alpha-1-antitrypsin deficiency • Alpha-glucosidase deficiency • Azygos anterior cerebral artery (presence of) • Coarctation of the aorta or bicuspid aortic valve • Fibromuscular dysplasia (one screening study after confirmed diagnosis) • Ehlers-Danlos Syndrome Type 4 (Vascular) • Glucocorticoid-remediable aldosteronism (GRA)[25] • Hereditary hemorrhagic telangiectasia (Osler-Weber-Rendu Syndrome) See **Screening for Vascular related genetic connective tissue Disorders (PVD-2.2)**	• CTA Head (CPT® 70496) **OR** • MRA Head (CPT® 70544, CPT® 70545, or CPT® 70546)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Disorders and Indications (Any of the following)	Supported Imaging
Screening for High Risk Populations as defined by the following criteria (screening usually begins at age 20 unless unusual circumstances as aneurysms are uncommon in children and adolescents) - ***CONTINUED***: • Kawasaki disease • Klinefelter syndrome • Klippel-Trenaunay-Weber Syndrome • Loeys-Dietz Syndrome • Marfan Syndrome • Microcephalic osteodysplastic primordial dwarfism • Neurofibromatosis Type 1 • Noonan Syndrome • Pheochromocytoma • Pseudoxanthoma elasticum • Tuberous sclerosis See **Screening for Vascular related genetic connective tissue Disorders (PVD-2.2)**	• CTA Head (CPT® 70496) **OR** • MRA Head (CPT® 70544, CPT® 70545, or CPT® 70546)
New or worsening clinical symptoms or signs of cerebral aneurysm, including: • Thunderclap headache (see **Sudden Onset of Headache (HD-11.3)**) • Third nerve palsy with pupillary involvement (pupil-sparing third nerve palsies are not caused by external compression) • Suspicion of aneurysm bleed [CT head or MRI brain or CSF exam showing evidence of subarachnoid hemorrhage (SAH) or intracerebral hemorrhage] • Abnormal CT Head or MRI Brain suggesting possible aneurysm	• CTA head (CPT® 70496) **OR** • MRA Head (CPT® 70544, CPT® 70545, or CPT® 70546) **AND/OR** • MRI Brain without contrast (CPT® 70551) or MRI Brain without and with contrast (CPT® 70553)
Questionable or equivocal findings on an initial MRA Head	CTA head (CPT® 70496)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Disorders and Indications (Any of the following)	Supported Imaging
For suspected or confirmed cerebral aneurysm, ruptured or unruptured, for initial evaluation, treatment, intervention or follow-up OR If initial catheter angiography is negative, repeat imaging is indicated.[22]	3D Rendering (CPT® 76377 or CPT® 76376) with cervicocerebral angiography/arteriography and/ or cerebral angiography[22] (See **General Guidelines - Other Imaging Situations (HD-1.7)**)
Follow up of known cerebral aneurysm: The optimal interval and duration for radiologic follow-up has not been determined. Radiographic follow-up for unruptured or treated intracranial aneurysms upon request by the neurosurgeon or team managing the intracranial aneurysm.[22]	• CTA head (CPT® 70496) **OR** • MRA Head (CPT® 70544, CPT® 70545 or CPT® 70546) **AND/OR** • MRI Brain without contrast (CPT® 70551) or MRI Brain without and with contrast (CPT® 70553)
Additional physical characteristics of a known aneurysm: • To evaluate and treat a giant aneurysm (>2.5 cm) • Posterior fossa aneurysms • Thrombosed or partially thrombosed aneurysms • To evaluate the relationship of the aneurysm to the dura • To evaluate for the presence of calcification • Other surveillance criteria as per the neurosurgeon or team managing the aneurysm repair	• MRI Brain without contrast (CPT® 70551) or MRI Brain without and with contrast (CPT® 70553)
Follow up of cerebral aneurysm located in the vertebro-basilar circulation OR If intracranial etiology of SAH has not been found	• MRA Neck (CPT® 70547, CPT® 70548, or CPT® 70549) **OR** • CTA Neck (CPT® 70498)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Disorders and Indications (Any of the following)	Supported Imaging
Subacute complications (i.e. vasospasm, delayed cerebral ischemia, and hydrocephalus), beginning days to weeks, arising from a subarachnoid hemorrhage and/or aneurysm treatment, upon request from the neurosurgeon and/or team managing the episode	CT Head **OR** MRI Brain contrast as requested
To evaluate individuals with SAH and negative studies for brain aneurysm in whom spinal abnormalities (i.e. AVM) may be suspected as the cause of hemorrhage	MRI Spine (Cervical without and with contrast CPT® 72156, **AND/OR** Thoracic without and with contrast CPT® 72157, **AND/OR** Lumbar without and with contrast CPT® 72158)
Catheter angiogram negative in SAH patient with remaining suspicion for cerebral aneurysm and these studies have not yet been performed:	• CTA Head (CPT® 70496) **AND/OR** • MRA Head (CPT® 70544, CPT® 70545 or CPT® 70546)

- High risk scenarios for vascular dissection include, but are not limited to: Fibromuscular dysplasia (FMD), Marfan Disease, MVA with whiplash, and chiropractic manipulation
  - MRA Neck (CPT® 70547, CPT® 70548, or CPT® 70549) or CTA Neck (CPT® 70498) if arterial dissection is suspected, or known and re-evaluation is needed (as directed by neurologist or neurosurgeon or any provider in consultation with a neurologist or neurosurgeon)
  - MRA Head (CPT® 70544, CPT® 70545, or CPT® 70546) or CTA Head (CPT® 70496, CPT® 70498) if arterial dissection is suspected, or known and re-evaluation is needed (as directed by neurologist or neurosurgeon or any provider in consultation with a neurologist or neurosurgeon)
- Other vascular imaging indications for headaches require additional information. See **Stroke/TIA (HD-21.1)**,**Sudden Onset of Headache (HD-11.3)**, **New Headache Onset Older than Age 50 (HD-11.7)**, **Abnormal Blood Clotting (HD-11.9)**, **Pregnancy (HD-11.10)**, **Physical Exertion (HD-11.11)**, and **Systematic Infections (HD-11.13)**

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Arteriovenous Malformations (AVMs) and Related Lesions (HD-12.2)

HD.AN.0012.2.A
v1.0.2025

Disorders and Indications (Any of the following)	Supported Imaging
Any aneurysmal and/or AVM disorders listed in this guideline • When MRI contraindicated[29] • Any urgent setting	• CT head without contrast (CPT® 70450) **AND/OR** • CTA head (CPT® 70496) **AND/OR** • CTA Neck (CPT® 70498)
Known AVM • When requested by a neurologist, neurosurgeon or any provider in consultation with a neurologist or neurosurgeon	• MRI Brain without contrast (CPT® 70551) **OR** • MRI Brain without and with contrast (CPT® 70553) **AND/OR** • MRA Head (CPT® 70544, CPT®70545, CPT® 70546) **OR** • CTA Head (CPT® 70496)
Known AVM in the vertebral-basilar system[22] • When requested by a neurologist, neurosurgeon or any provider in consultation with a neurologist or neurosurgeon	• Imaging as listed above in “known AVM” **AND/OR** • MRA Neck (CPT® 70547, CPT® 70548, OR CPT® 70549) **OR** • CTA Neck (CPT® 70498)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Disorders and Indications (Any of the following)	Supported Imaging
Subarachnoid Hemorrhage (SAH) • AVM is suspected based on a history of SAH	• MRI Brain without and with contrast (CPT® 70553) **OR** • MRI Brain without contrast (CPT® 70551)
Hereditary Hemorrhagic Telangiectasia (HHT; Osler-Weber-Rendu Syndrome) • Suspected based on family history with at least one affected first-degree relative (biological parent or sibling) • At diagnosis, especially if confirmed by genetic testing • Screening for confirmed HHT • Clinical signs or symptoms concerning for disease progression • When requested by a neurologist, neurosurgeon, geneticist, or any provider in consultation with a neurologist, neurosurgeon or geneticist	• MRI Brain without and with contrast (CPT® 70553) **OR** • MRI Brain without contrast (CPT® 70551) **AND/OR** • MRA Head (CPT® 70544, CPT® 70545, CPT® 70546) **OR** • CTA Head (CPT® 70496)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Disorders and Indications (Any of the following)	Supported Imaging
Capillary Malformation-Arteriovenous Malformation (CM-AVM) • Suspected based on family history with at least one affected first-degree relative (biological parent or sibling) • At diagnosis, especially if confirmed by genetic testing • Screening for confirmed CM-AVM • Clinical signs or symptoms concerning for disease progression • When requested by a neurologist, neurosurgeon, geneticist, or any provider in consultation with a neurologist, neurosurgeon or geneticist	• MRI Brain without and with contrast (CPT® 70553) **OR** • MRI Brain without contrast (CPT® 70551) **AND/OR** • MRA Head (CPT® 70544, CPT® 70545, CPT® 70546) **OR** • CTA Head (CPT® 70496) **AND/OR** • MRI Cervical Spine without and with contrast (CPT® 72156) **OR** • MRI Cervical Spine without contrast (CPT® 72141) **AND/OR** • MRI Thoracic Spine without and with contrast (CPT® 72157) **OR** • MRI Thoracic Spine without contrast (CPT® 72146)[31]

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Disorders and Indications (Any of the following)	Supported Imaging
Cerebral Cavernous Malformations (CCM) • At diagnosis, especially if confirmed by genetic testing • Screening for confirmed CCM • Clinical signs or symptoms concerning for disease progression • When requested by a neurologist, neurosurgeon, geneticist, or any provider in consultation with a neurologist, neurosurgeon or geneticist	• MRI Brain without and with contrast (CPT® 70553) **OR** • MRI Brain without contrast (CPT® 70551) **AND/OR** • MRA Head (CPT® 70544, CPT® 70545, CPT® 70546) **OR** • CTA Head (CPT® 70496) **AND/OR** • MRI Cervical Spine without and with contrast (CPT® 72156) **OR** • MRI Cervical Spine without contrast (CPT® 72141) **AND/OR** MRI Thoracic Spine without and with contrast (CPT® 72157) **OR** • MRI Thoracic Spine without contrast (CPT® 72146)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Disorders and Indications (Any of the following)	Supported Imaging
Microcephalic Osteodysplastic Primordial Dwarfism, Type II (MOPD II)[19] • At diagnosis, especially if confirmed by genetic testing • Screening for confirmed MOPD II, repeated annually • Clinical signs or symptoms concerning for disease progression • When requested by a neurologist, neurosurgeon, geneticist, or any provider in consultation with a neurologist, neurosurgeon or geneticist	• MRI Brain without contrast (CPT® 70551) **OR** • MRI Brain without and with contrast (CPT® 70553) **AND/OR** • MRA Head (CPT® 70544, CPT® 70545, CPT® 70546) **OR** • CTA Head (CPT® 70496) **AND/OR** • MRA Neck (CPT® 70547, CPT® 70548, OR CPT® 70549) **OR** • CTA Neck (CPT® 70498)
Sturge-Weber Syndrome • At diagnosis • Clinical signs or symptoms concerning for disease progression • When requested by a neurologist or neurosurgeon or any provider in consultation with a neurologist or neurosurgeon	• MRI Brain without contrast (CPT® 70551) **OR** • MRI Brain without and with contrast (CPT® 70553) **AND/OR** • MRI Orbits/Face/Neck without and with contrast (CPT® 70543) **OR** • MRI Orbits/Face/Neck without contrast (CPT® 70540)

- MRI Brain without and with contrast (CPT® 70553) **OR** MRI Brain without contrast (CPT® 70551), **OR** CT head without contrast (CPT® 70450) **AND/OR** MRA Head (CPT® 70544, CPT® 70545, or CPT® 70546) or CTA Head (CPT® 70496) supported for symptoms including headache, seizure, and/or focal neurologic deficits[11,20,26]

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

- For concerns related to stroke, see **Stroke/TIA HD-21.1**
- 3D imaging (CPT® 76376 or CPT® 76377) with MRI Brain without and with contrast (CPT® 70553) OR MRI Brain without contrast (CPT® 70551) is supported
- 3D Rendering (CPT® 76377 or CPT® 76376) with cerebral angiography to define the presence, location, and anatomy of intracranial and cervical vascular malformations at diagnosis and for follow up, including post-treatment[11,26], (see **General Guidelines - Other Imaging Situations (HD-1.7)** and **Background and Supporting Information**).
- See **General Guidelines – CT and MR Angiography (CTA and MRA) (HD-1.5)**
- Functional MRI (CPT® 70554 OR CPT® 70555) for surgical planning, see **Functional MRI (fMRI) (HD-24.2)**[11]

Background and Supporting Information

- Trauma is the most common reason for subarachnoid hemorrhage. Ruptured berry aneurysm is the most common reason for non-traumatic subarachnoid hemorrhage in adults
- Small aneurysms are present in about 1% to 2% of adults, but very few ever reach a size for which bleeding is a risk (>5 mm). Small (<3 to 4 mm) unruptured aneurysms in those with no personal history of SAH have a 0.1% to 0.5% a year rate of bleeding. The risk of cerebral aneurysm with family history ranges from 2% with one first degree relative to 30% to 35% for identical twin or two parents. The risks and benefits of screening these populations need to be considered before advanced imaging.
- AVMs most often come to clinical notice either by bleeding or by acting as a seizure focus. They are usually congenital, recognized later in life and have an initial risk of bleeding of 2% per year.
- Cerebral angiography is a form of angiography which provides images of blood vessels in and around the brain and/or neck. This is a catheter based procedure, using x-ray imaging guidance and iodine-based contrast to visualize blood vessels.
- Most intracranial AVMs are congenital, vary widely in their location and type, and are discovered at birth due to associated clinical findings or incidentally later in life. Certain hereditary conditions are associated with an increased risk for AVM development.
- Vascular malformations include arteriovenous, venous, cavernous, and capillary malformations.
- Hereditary AVMs usually have an autosomal dominant pattern of inheritance.[10,19,31,33]

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Evidence Discussion (HD-12)

v1.0.2025

- After the initial identification of a subarachnoid hemorrhage, the search for a ruptured cerebral aneurysm begins with imaging of the cerebral vessels with CT Angiopraphy (CTA), MR Angiography (MRA) or diagnostic cervico-cerebral catheter angiography.
- CTA head has over 90% sensitivity and specificity for the diagnosis of cerebral aneurysm in the setting of subarachnoid hemorrhage.
- MRA head has a sensitivity of 95% and a specificity of 89% for diagnosis of cerebral aneurysm.
- Diagnostic cervico-cerebral catheter angiography has the highest spatial and temporal resolution of any vascular imaging study, however, is invasive and requires use of contrast. It has a sensitivity and specificity over 98% for identification of aneurysm and can also diagnose vascular abnormalities in up to 13% with subarachnoid hemorrhage and a negative CTA. In addition, this modality can identify an aneurysm in 25% of previously negative studies and repeat studies are supported for this reason.
- In select cases of subarachnoid hemorrhage when an intracranial aneurysm is not identified, imaging the neck vessels and spinal vessels is appropriate.
- Aneurysm growth ranges from 4% to 14% on follow up imaging. For surveillance of incidentally identified cerebral aneurysms or ruptured and/or treated aneurysms, the less invasive modalities, CTA and/or MRA are supported, over the more invasive diagnostic cervico-cerebral angiography.
- Screening for cerebral aneurysms in high risk patient populations is also recommended with the less invasive modalities, CTA head or MRA head. This includes patients with autosomal dominant polycystic kidney disease (ADPKD), who had a prevalence of cerebral aneurysm ranging from 10-11.5%. The American Heart Association recommends screening those with at least 2 family members with cerebral aneurysm or subarachnoid hemorrhage. Screening is also recommended for conditions with known increased risk of cerebral aneurysm.
- Although vascular imaging is the primary focus of neuroimaging in the diagnosis and follow up of cerebral aneurysms, parenchymal imaging with MRI brain may be helpful in select clinical scenarios including giant aneurysms, posterior fossa aneurysms, in the setting of cranial neuropathies or focal neurologic findings and suspected stroke.
- Cervicocerebral angiography is the gold standard for imaging arteriovenous malformations (AVM) and arteriovenous fistulas (AVF). CT Angiography head (CTA) has a 90% sensitivity for the overall detection of AVMs and 100% for AVMs > 3 cm in size. In the evaluation of pulsatile tinnitus, CTA has a sensitivity of 86% with a specificity of 100% in identifying high flow AVFs. MR Angiography (MRA) is an alternative modality in these scenarios.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

- MRI brain for diagnosis and follow up of AVM has an overall sensitivity of 89% and 100% for lesions > 3 cm in size.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (HD-12)

HD.AN.0012.3.A
v1.0.2025

1. Rozenfeld MN, Ansari SA, Shaibani A, Russell EJ, Mohan P, Hurley MC. Should Patients with Autosomal Dominant Polycystic Kidney Disease Be Screened for Cerebral Aneurysms? *American Journal of Neuroradiology*. 2013;35(1):3-9. doi:10.3174/ajnr.a3437
2. Vlak MHM, Rinkel GJE, Greebe P, Greving JP, Algra A. Lifetime risks for aneurysmal subarachnoid haemorrhage: multivariable risk stratification. *Journal of Neurology, Neurosurgery & Psychiatry*. 2013;84(6):619-623. doi:10.1136/jnnp-2012-303783
3. Nguyen TN. Management of Unruptured Intracranial Aneurysms and Brain Arteriovenous Malformations.*Continuum (Minneap Minn)*. 2023;29(2):584-604. doi:10.1212/CON.0000000000001247
4. Thompson BG, Brown RD, Amin-Hanjani S, et al. Guidelines for the Management of Patients With Unruptured Intracranial Aneurysms. *Stroke*. 2015;46(8):2368-2400. doi:10.1161/str.0000000000000070
5. Chu LC, Johnson PT, Dietz HC, Fishman EK. CT Angiographic Evaluation of Genetic Vascular Disease: Role in Detection, Staging, and Management of Complex Vascular Pathologic Conditions. *American Journal of Roentgenology*. 2014;202(5):1120-1129. doi:10.2214/ajr.13.11485
6. Hishikawa T, Date I, Tokunaga K, et al. Risk of rupture of unruptured cerebral aneurysms in elderly patients. *Neurology*. 2015;85(21):1879-1885. doi:10.1212/wnl.0000000000002149
7. Backes, D, Rinkel GJE, Greving JP, et al. ELAPSS score for prediction of risk of growth of unruptured intracranial aneurysms. *Neurology*. 2017;88(17):1600-1606. doi:10.1212/wnl.0000000000003865
8. Ding D, Etminan N. A model for predicting the growth of unruptured intracranial aneurysms. *Neurology*. 2017;88(17):1594-1595. doi:10.1212/wl.0000000000003874
9. Kadian-Dodov D, Gornik HL, Gu X, et al. Dissection and Aneurysm in Patients With Fibromuscular Dysplasia. *Journal of the American College of Cardiology*. 2016;68(2):176-185. doi:10.1016/j.jacc.2016.04.044
10. McDonald J, Stevenson DA. Hereditary Hemorrhagic Telangiectasia. In: Adam MP, Mirzaa GM, Pagon RA, et al., eds.*GeneReviews®*. Seattle (WA): University of Washington, Seattle; June 26, 2000. [Updated 2021 Nov 24]
11. Derdeyn CP, Zipfel GJ, Albuquerque FC, et al. Management of Brain Arteriovenous Malformations: A Scientific Statement for Healthcare Professionals From the American Heart Association/American Stroke Association. *Stroke*. 2017;48(8). doi:10.1161/str.0000000000000134.
12. Expert Panel on Neurologic Imaging: Salmela MB, Mortazavi S, et al. ACR Appropriateness Criteria® Cerebrovascular Disease. J Am Coll Radiol. 2017;14(5S):S34-S61. doi:10.1016/j.jacr.2017.01.051
13. Rosser T. Neurocutaneous Disorders. CONTINUUM: Lifelong Learning in Neurology. 2018;24(1):96-129. doi:10.1212/con.0000000000000562
14. Horne MA, Flemming KD, Su I-C, et al. Clinical course of untreated cerebral cavernous malformations: a meta-analysis of individual patient data. *The Lancet Neurology*. 2016;15(2):166-173. doi:10.1016/s1474-4422(15)00303-8
15. Vella M, Alexander M, Mabray M, et al. Comparison of MRI, MRA, and DSA for Detection of Cerebral Arteriovenous Malformations in Hereditary Hemorrhagic Telangiectasia. *American Journal of Neuroradiology*. 2020;41(6):969-975. doi:10.3174/ajnr.a6549
16. Lawton MT and Vates GE. Subarachnoid Hemorrhage. *N Engl J Med* 2017;377:257-66. doi: 10.1056/NEJMcp1605827
17. Connolly ES, Rabinstein AA, Carhuapoma JR, et al. Guidelines for the Management of Aneurysmal Subarachnoid Hemorrhage. *Stroke*. 2012;43(6):1711-1737. doi:10.1161/str.0b013e3182587839
18. Meschia JF, Bushnell C, Boden-Albala B, et al. Guidelines for the Primary Prevention of Stroke. *Stroke*. 2014;45(12):3754-3832. doi:10.1161/str.0000000000000046
19. Bober MB, Jackson AP. Microcephalic Osteodysplastic Primordial Dwarfism, Type II: a Clinical Review. Curr Osteoporos Rep. 2017 Apr;15(2):61-69. doi: 10.1007/s11914-017-0348-1.
20. Chen, C-J et al. Brain arteriovenous malformations: A review of natural history, pathobiology, and interventions *Neurology* 2020 95(20):917-927. doi: 10.1212/WNL.0000000000010968

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

21. ACR-ASNR-SIR-SNIS Practice Prameter for the Performan of Diagnostic Cervicocerebral Catheter Angiography in Adults. Revised 2016. (Resolution 13) https://www.acr.org/-/media/ACR/Files/Practice-Parameters/CervicoCerebralCathAngio.pdf
22. Expert Panel on Neurological Imaging, Ledbetter LN, Burns J, et al. ACR Appropriateness Criteria® Cerebrovascular Diseases-Aneurysm, Vascular Malformation, and Subarachnoid Hemorrhage. J Am Coll Radiol. 2021;18(11S):S283-S304. doi:10.1016/j.jacr.2021.08.012
23. Nesvick CL, Oushy S, Ravindran K, et al. Repeat Catheter Angiography in Patients with Aneurysmal-Pattern Angiographically Negative Subarachnoid Hemorrhage. Neurocritical Care. Published online June 28, 2021. doi:10.1007/s12028-021-01247-8
24. Rosenberg TL, Suen JY, Richter GT. Arteriovenous Malformations of the Head and Neck. Otolaryngologic Clinics of North America. 2018;51(1):185-195. doi:10.1016/j.otc.2017.09.005
25. Litchfield WR, Anderson BF, Weiss RJ, Lifton RP, Dluhy RG. Intracranial aneurysm and hemorrhagic stroke in glucocorticoid-remediable aldosteronism. *Hypertension*. 1998;31(1 Pt 2):445-450. doi:10.1161/01.hyp.31.1.445
26. Johnson MD, Staarmann B, Zuccarello M. A Rational Approach to the Management of Cerebral Arteriovenous Malformations. *World Neurosurg*. 2022;159:338-347. doi:10.1016/j.wneu.2021.08.045
27. Hoh BL, Ko NU, Amin-Hanjani S, et al. 2023 Guideline for the Management of Patients With Aneurysmal Subarachnoid Hemorrhage: A Guideline From the American Heart Association/American Stroke Association [published online ahead of print, 2023 May 22]. Stroke. 2023;10.1161/STR.0000000000000436. doi:10.1161/STR.0000000000000436
28. Faughnan ME, Mager JJ, Hetts SW, et al. Second International Guidelines for the Diagnosis and Management of Hereditary Hemorrhagic Telangiectasia. *Ann Intern Med*. 2020;173(12):989-1001. doi:10.7326/M20-1443
29. Expert Panel on MR Safety, Kanal E, Barkovich AJ, et al. ACR guidance document on MR safe practices: 2013. *J Magn Reson Imaging*. 2013;37(3):501-530. doi:10.1002/jmri.24011
30. Sabeti S, Ball KL, Bhattacharya SK, et al. Consensus Statement for the Management and Treatment of Sturge-Weber Syndrome: Neurology, Neuroimaging, and Ophthalmology Recommendations. *Pediatr Neurol*. 2021;121:59-66. doi:10.1016/j.pediatrneurol.2021.04.013
31. Bayrak-Toydemir P, Stevenson DA. Capillary Malformation-Arteriovenous Malformation Syndrome. In: Adam MP, Mirzaa GM, Pagon RA, et al., eds. *GeneReviews*®. Seattle (WA): University of Washington, Seattle; February 22, 2011. Updated: September 12, 2019.
32. Hammill AM, Wusik K, Kasthuri RS. Hereditary hemorrhagic telangiectasia (HHT): a practical guide to management. *Hematology Am Soc Hematol Educ Program*. 2021;2021(1):469-477. doi:10.1182/hematology.2021000281
33. Morrison L, Akers A. Cerebral Cavernous Malformation, Familial. In: Adam MP, Mirzaa GM, Pagon RA, et al., eds. *GeneReviews*®. Seattle (WA): University of Washington, Seattle; February 24, 2003.
34. Malhotra A, Wu X, Matouk CC, Forman HP, Gandhi D, Sanelli P. MR Angiography Screening and Surveillance for Intracranial Aneurysms in Autosomal Dominant Polycystic Kidney Disease: A Cost-effectiveness Analysis.Radiology. 2019;291(2):400-408. doi:10.1148/radiol.2019181399.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Head and Facial Trauma (HD-13)

Guideline

Head Trauma (HD-13.1)
Facial Trauma (HD-13.2)
Evidence Discussion (HD-13)
References (HD-13)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Head Trauma (HD-13.1)

HD.TR.0013.1.A
v1.0.2025

For acute head trauma (0 to 7 days post-trauma)[7]

- CT Head without contrast (CPT® 70450) is preferred in individuals with **ANY** of the following modified Canadian CT Head Rule/New Orleans Criteria.[1,7,9]
  - Regardless of documented or stated head impact, ANY "dangerous mechanism of injury", either direct or indirect, including, but not exclusive to:
    - Fall from height greater than 3 feet
    - Fall greater than 5 steps down stairs
    - Any pedestrian motor vehicle accident
    - High impact motor vehicle accident
  - Individual >60 years old
  - Loss of consciousness, amnesia, or disorientation accompanying blunt head trauma within 24 hours
  - Taking one anticoagulant or two antiaggregants, (e.g., aspirin and Plavix)
  - Known platelet or clotting disorder
  - Glasgow coma scale (GCS) score of less than 15 at 2 hours following injury
  - >30 minutes of amnesia before impact
  - Suspected open skull fracture
  - Signs of basilar skull fracture (Battle's sign, Raccoon eyes, CSF rhinorrhea, cranial nerve palsy, hemotympanum, acute hearing loss)
  - Vomiting
  - Alcohol or drug intoxication
  - Visible trauma above clavicles
  - Deficits in short term memory, altered level of alertness, abnormal behavior or focal neurological deficit
  - Seizure
  - Headache, see **Headache Associated with Head Trauma (HD-11.12))**

For subacute head trauma (7 days to 3 months post-trauma)[7] and chronic head trauma (greater than 3 months post-trauma) symptoms[7]

- MRI Brain without contrast (CPT® 70551) or CT Head without contrast (CPT® 70450) is indicated for the initial imaging of individuals with subacute or chronic head trauma and unexplained cognitive or neurologic deficits.[7]
- MRI Brain without and with contrast (CPT® 70553) if post-traumatic infection is suspected

Repeat and follow-up imaging

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

- Follow-up imaging for known subdural hematomas, intracerebral hemorrhage, or contusions can be done at the discretion of the ordering provider with one of the following:
  - MRI Brain without and with contrast (CPT® 70553) **OR**
  - MRI Brain without contrast (CPT® 70551) **OR**
  - CT Head without and with contrast (CPT® 70470) **OR**
  - CT Head without contrast (CPT® 70450)
- For short term follow-up imaging of acute traumatic brain injury (TBI) without neurologic deterioration, CT Head without contrast (CPT® 70450) is the most appropriate imaging study in individuals with ANY of the following risk factors
  - subfrontal/temporal intraparenchymal contusions
  - anticoagulation
  - age >65 years
  - intracranial hemorrhage
- MRI Brain without contrast (CPT® 70551) or MRI Brain without and with contrast (CPT® 70553) can be approved as a complementary study when neurological findings or symptoms are not sufficiently explained by CT or in subacute and chronic TBI for new, persistent, or slowly progressive symptoms.[7]

For suspected intracranial venous or arterial injury

- CTA/CTV Head (CPT® 70496) or MRA/MRV Head (CPT® 70544, CPT® 70545, or CPT® 70546)
  - CT and MR Venography (CTV and MRV) are reported with the same codes as the CTA/MRA counterpart. If arterial and venous CT or MR studies are both performed in the same session, only one CPT® code should be used to report both procedures (see **General Guidelines - CT and MR Angiography (CTA and MRA) (HD-1.5))**

SPECT, PET, CT/MRI perfusion, DTI (diffusion tensor imaging), functional MRI, and MR spectroscopy are not considered routine clinical practice at this time.[3,7]

See **Neck (Cervical Spine) Pain Without/With Neurological Features (Including Stenosis) and Trauma (SP-3.2)** in the Spine Imaging Guidelines

See **General Guidelines – CT and MR Angiography (CTA and MRA) (HD-1.5)** for traumatic vascular injuries

Background and Supporting Information

Individuals with head trauma are at risk for facial and cervical trauma.

Recent studies have shown that Diffusion tensor MRI tractography may be more sensitive in demonstrating abnormalities such as axonal injury in closed head injury than conventional MRI, but these techniques are best described presently as research tools and their use in clinical practice is not determined.[3,8]

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Decisions regarding return to normal activities, including sports, are made based on the clinical status of the individual and repeat imaging is unnecessary.

In cases of post-traumatic infection, contrast-enhanced MRI or CT may be helpful.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Facial Trauma (HD-13.2)

HD.TR.0013.2.A
v1.0.2025

- CT Maxillofacial without contrast (CPT® 70486) and/or CT Head without contrast (CPT® 70450) indicated for any concern regarding significant injury to facial structures including but not limited to:
  - Concern for orbital, maxillary, or mandibular fractures[16]
  - Trauma with associated symptoms of anosmia, hearing, vision or speech changes, vertigo, facial numbness
  - Physical exam findings of CSF rhinorrhea (suspected post-traumatic CSF leak), malocclusion, severe focal facial tenderness, focal loss of facial sensation
- CT Orbits/Temporal Bone without contrast (CPT® 70480) and/or CT Head without contrast (CPT® 70450)[11]
  - Concern for orbital injury or orbital wall fracture
  - Symptoms of diplopia, blurred vision, vision loss
  - Physical exam findings of enophthalmos, entrapment of extraocular muscle(s)
  - Suspicion for temporal bone fracture
  - Physical exam findings of CSF otorrhea (suspected post-traumatic CSF leak)
- MRI Maxillofacial without contrast (CPT® 70540) **OR** MRI Maxillofacial without and with contrast (CPT® 70543) for evaluation of cranial nerve deficits not explained or incompletely characterized on CT.[16]
- If concern for CSF leak and CT Maxillofacial or Temporal bone is inconclusive[7], (see **Low Pressure Headache and CSF Leak (HD-11.15)**)

Background and Supporting Information

Imaging is not necessary in the evaluation of simple nasal fractures if tenderness and swelling is limited to the nasal bridge, the individual can breathe through each naris, and there is no septal hematoma.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Evidence Discussion (HD-13)

v1.0.2025

- For evaluation of acute mild head trauma, less than 10% will have positive findings on CT head, and of this group, less than 1% will require neurosurgical intervention.
- The American College of Emergency Physicians and the Choosing Wisely Initiative recommend avoiding CT scans of the head in emergency department patients with minor head injury who are at low risk based on validated decision rules. This recommendation was based on the concern for patient exposure to ionizing radiation and the increased life time risk of cancer with such exposure.
- Selective CT scanning is recommended by validated clinical practice guidelines, including the New Orleans Criteria and the Canadian CT Head Rule. Both guidelines are 100% sensitive for mild head trauma requiring neurosurgical intervention. The New Orleans Criteria has a sensitivity > 97% for any traumatic finding on CT, with a specificity less than 6%. The Canadian CT Head Rule has a sensitivity between 83.4% - 87.2% with a specificity between 37.2% – 39.7%. The Canadian CT Head Rule has a 100% sensitivity and 29% specificity in cases of intracranial hemorrhage.
- When imaging is indicating by a validated clinical decision rule, CT head is the preferred imaging modality for evaluation of acute head trauma.
- If the initial CT head confirms subdural hematoma, follow up CT head is supported to monitor progression.
- For follow up in patients with persistent neurologic deficits without etiology identified on initial CT head, MRI brain is more sensitive, and can visualize cortical contusions, subdural hematomas, and white matter lesions in diffuse axonal injury. Up to 27% of patients with mild traumatic brain injury (TBI) with normal initial CT head show abnormalities on MRI brain.
- When vascular injury is suspected in the setting of head trauma, CT Angiography (CTA) head and neck is a non-invasive, rapid, and useful modality to evaluate for arterial injury. MR Angiography is an alternative option. For suspected intracranial venous injury, CT Venography (CTV) is indicated, with MR Venography (MRV) an alternative option.
- There is insufficient evidence to support the use of single-photon emission computed tomography (SPECT), FDG-PET/CT brain, CT/MRI-Perfusion, MR spectroscopy (MRS), functional MRI (fMRI), or diffusion tensor imaging (DTI) in the evaluation of head trauma.
- Patients with head trauma are also at risk for orbital, facial and temporal bone injuries. CT of the orbit can diagnose fractures, displaced fracture fragments, foreign bodies, traumatic hematoma, and extraocular muscle injury. CT head is also recommended in the evaluation of suspected orbital fractures due to concomitant intracranial injury incidence of 9%.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

- CT maxillofacial is useful in diagnosing maxillofacial injuries including non-displaced fractures. CT provides multiplanar and 3-D image reconstructions, allowing for better characterization of complex fractures, which is useful for surgical planning.
- Over one-third of patients with frontal sinus fractures are likely to have a concomitant intracranial injury, thus concurrent CT head imaging is recommended in patient with suspected frontal sinus fractures. In addition, between 8% to 10% of patients with frontal sinus fractures have subdural or epidural hematomas requiring surgical treatment.
- High resolution CT (HRCT) facial and temporal bone are sensitive modalities for subtle or non-displaced skull base defects, with sensitivity of 92% for identifying cerebrospinal fluid leak.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (HD-13)

HD.TR.0013.3.A
v1.0.2025

1. Stiell IG, Wells GA, Vandemheen K, et al. The Canadian CT Head Rule for patients with minor head injury. *Lancet*. 2001;357(9266):1391-1396. doi:10.1016/s0140-6736(00)04561-x
2. Giza CC, Kutcher JS, Ashwal S, et al. Summary of evidence-based guideline update: Evaluation and management of concussion in sports: Report of the Guideline Development Subcommittee of the American Academy of Neurology. Neurology. 2013;80(24):2250-2257. doi:10.1212/wnl.0b013e31828d57dd
3. Silverberg ND, Iaccarino MA, Panenka WJ, et al. Management of Concussion and Mild Traumatic Brain Injury: A Synthesis of Practice Guidelines. *Arch Phys Med Rehabil*. 2020;101(2): 382-393. doi: 10.1016/j.apmr.2019.10.179.
4. Hoffmann JF. An Algorithm for the Initial Management of Nasal Trauma. *Facial Plast Surg*. 2015;31(3): 183-193. doi: 10.1055/s-0035-1555618.
5. Sun JK, Lemay DR. Imaging of facial trauma. *Neuroimaging Clin N Am*. 2002;12(2):295-309. doi:10.1016/s1052-5149(02)00002-3
6. Harmon KG, Clugston JR, Dec K, et al. American Medical Society for Sports Medicine position statement on concussion in sport. *Br J Sports Med*. 2019;53(4):213-225. doi:10.1136/bjsports-2018-100338
7. Expert Panel on Neurological Imaging, Shih RY, Burns J, et al. ACR Appropriateness Criteria® Head Trauma: 2021 Update. J Am Coll Radiol. 2021;18(5S):S13-S36. doi:10.1016/j.jacr.2021.01.006
8. Wintermark M, Sanelli PC, Anzai Y, et al. Imaging Evidence and Recommendations for Traumatic Brain Injury: Conventional Neuroimaging Techniques. *J A Coll Radiol*. 2015;12(2):e1-e14. doi:10.1016/j.jacr.2014.10.014
9. Papa L, Stiell IG, Clement CM, et al. Performance of the Canadian CT Head Rule and the New Orleans Criteria for predicting any traumatic intracranial injury on computed tomography in a United States Level I trauma center. *Acad Emerg Med*. 2012;19(1): 2-10. doi: 10.1111/j.1553-2712.2011.01247.x.
10. Reljic T, Mahony H, Djulbegovic B, et al. Value of Repeat Head Computed Tomography after Traumatic Brain Injury: Systematic Review and Meta-Analysis. *J Neurotrauma*. 2014;31(1):78-98. doi:10.1089/neu.2013.2873
11. Expert Panel on Neurologic Imaging:, Kennedy TA, Corey AS, et al. ACR Appropriateness Criteria® Orbits Vision and Visual Loss. J Am Coll Radiol. 2018;15(5S):S116-S131. doi:10.1016/j.jacr.2018.03.023
12. Mower WR, Hoffman JR, Herbert M, et al. Developing a Decision Instrument to Guide Computed Tomographic Imaging of Blunt Head Injury Patients. *J Trauma*. 2005;59(4):954-959. doi:10.1097/01.ta.0000187813.79047.42
13. Haydel MJ, Preston CA, Mills TJ, Luber S, Blaudeau E, Deblieux PM. Indications for Computed Tomography in Patients with Minor Head Injury. *N Engl J Med*. 2000;343(2):100-105. doi:10.1056/nejm200007133430204
14. https://www.cdc.gov/traumaticbraininjury/pdf/tbi_clinicians_factsheet-a.pdf
15. ACR-ASNR-SPR Practice Parameter for the Performance of Computed Tomography (CT) of the Extracranial Head and Neck Revised 2021. (Resolution 5). https://www.acr.org/-/media/ACR/Files/Practice-Parameters/CT-Head-Neck
16. Expert Panel on Neurological Imaging, Parsons MS, Policeni B, et al. ACR Appropriateness Criteria® Imaging of Facial Trauma Following Primary Survey.J Am Coll Radiol. 2022;19(5S):S67-S86. doi:10.1016/j.jacr.2022.02.013.
17. American College of Emergency Physicians Clinical Policies Subcommittee (Writing Committee) on Mild Traumatic Brain Injury, Valente JH, Anderson JD, et al. Clinical Policy: Critical Issues in the Management of Adult Patients Presenting to the Emergency Department With Mild Traumatic Brain Injury: Approved by ACEP Board of Directors, February 1, 2023 Clinical Policy Endorsed by the Emergency Nurses Association (April 5, 2023). Ann Emerg Med. 2023;81(5):e63-e105. doi:10.1016/j.annemergmed.2023.01.014
18. Smits M, Dippel DW, de Haan GG, et al. External validation of the Canadian CT Head Rule and the New Orleans Criteria for CT scanning in patients with minor head injury. JAMA. 2005;294(12):1519-1525. doi:10.1001/jama.294.12.1519

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

CNS and Head Infection/ Neuro-COVID-19 (HD-14)

Guideline

CNS and Head Infection (HD-14.1)
Neuro-COVID-19 and Sars-CoV-2 Vaccines (HD-14.2)
Autoimmune/Paraneoplastic Encephalitis & Neuroinflammatory Disorders (HD-14.3)
References (HD-14)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

CNS and Head Infection (HD-14.1)

HD.HI.0014.1.A
v1.0.2025

INITIAL IMAGING

- Signs of intracranial infection include, but are not limited to
  - headaches, seizures, meningeal signs (neck stiffness)
  - new focal neurological deficits in a setting of fever or elevated white blood cell count (WBC)
  - known infection elsewhere or
  - immunosuppression
- **ONE** of the following studies for suspected intracranial infection if any of these signs of infection are present:
  - MRI Brain without and with contrast (CPT® 70553) **OR** MRI Brain without contrast (CPT® 70551) **OR**
  - CT Head (CPT® 70450, CPT® 70460, or CPT® 70470) in cases where MRI is contraindicated, in urgent scenarios, or prior to lumbar puncture, see **General Guidelines-CT Head (HD-1.4)**
  - If vascular involvement is suspected, in addition to MRI Brain, the following are supported[21]:
    - MRA Head (CPT® 70544, CPT® 70545, or CPT® 70546) **OR**
    - CTA Head (CPT® 70496) **AND/OR**
    - MRA Neck (CPT® 70547, CPT® 70548, or CPT® 70549) **OR**
    - CTA Neck (CPT® 70498)
    - (CT and MR Venography (CTV and MRV) are reported with the same codes as the CTA/MRA counterpart (there is no specific code for CT/MR venography)
  - Concern for vasculitis, see **Cerebral Vasculitis (HD-22)**

REPEAT IMAGING

- As requested by an infectious disease specialist, neurologist, neurosurgeon, radiologist or any provider coordinating care with an infectious disease specialist, neurologist, neurosurgeon or radiologist
- Repeat imaging would refer to any of the CPT codes listed above as initial imaging.
  - See **General Guidelines – CT Head (HD-1.4)** regarding additional indications for CT Head.
  - See **Skull Base Osteomyelitis (SBO) (HD-20.1)**, **Sinus and Facial Imaging (HD-29.1)**, **Dental/Periodontal/Maxillofacial Imaging (HD-30.2)**, **Mental Status Change (HD-4.2)**, and **Eye Disorders and Visual Loss (HD-32.1)**

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Evidence Discussion (HD-14.1)

- A head CT is recommended for quickly assessing intracranial infections in urgent cases. However, MRI is more effective for examining conditions that affect the cranial nerves, brain tissue, and meninges. Although MRI is superior in detecting minor changes in the brain associated with infections, CT scans can promptly identify pathophysiological changes that may influence the patient's prognosis.
- Acute bacterial meningitis often presents with a normal CT scan. However, due to the high mortality rate of up to 50% when left untreated, a CT scan is necessary to rule out other causes of encephalopathy or neurologic deficits. In certain clinical situations, CT is also required to exclude increased intracranial pressure before performing a lumbar puncture. Venous thromboses increase the risk of hemorrhage and are linked to high mortality. Consequently, both CT and MRI scans, including T1-weighted sequences, are recommended. These scans help detect high signal changes in several venous sinuses and can be complemented with CT- or MR-venography.
- Similar considerations apply when diagnosing non-bacterial central nervous system (CNS) infections. CT scans are advantageous due to quick access to care, faster diagnosis, and earlier treatment initiation, which can reduce morbidity. However, MRI is superior in detecting patterns of vasogenic versus cytotoxic edema, contrast enhancement, and the distribution of involvement, whether multifocal or unifocal/unihemispheric. These distinctions are crucial in differentiating between differential diagnoses, such as systemic infections with hematogenous spread versus head/neck infections with a direct spread pattern.
- Many patients present with neurologic signs and symptoms that are indicative of either a cortical or subcortical syndrome. Often, these cannot be fully characterized by clinical presentation alone. As a result, radiologic evaluation becomes essential in diagnosing the etiology of the underlying process. The potential causes are varied and include meningoencephalitis, acute cerebrovascular disease, hemorrhagic necrotizing encephalopathy, immune-mediated (Bickerstaff) encephalitis, and demyelinating diseases such as acute disseminated encephalomyelitis (ADEM) and multiple sclerosis (MS). Therefore, prompt and accurate diagnosis is critical to select the most appropriate imaging method (MRI vs. CT) for each clinical scenario.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Neuro-COVID-19 and Sars-CoV-2 Vaccines (HD-14.2)

HD.HI.0014.2.A
v1.0.2025

- The following studies are supported for evaluation of:
  - Acute or chronic Neuro-COVID-19 syndrome
    - MRI Brain without contrast (CPT® 70551) **OR**
    - MRI Brain without and with contrast (CPT® 70553) **OR**
    - CT Head without contrast (CPT® 70450) **OR**
    - CT Head without and with contrast (CPT® 70470) is supported if there is a contraindication to MRI **AND/OR**
    - MRA Head (CPT® 70544, CPT® 70545, or CPT® 70546) OR CTA Head (CPT® 70496) **AND/OR**
    - MRA Neck (CPT® 70547, CPT® 70548, or CPT® 70549) or CTA Neck (CPT® 70498)
    - CT and MR Venography (CTV and MRV) are reported with the same codes as the CTA/MRA counterpart (there is no specific code for CT/MR venography):
      - If arterial and venous CT or MR studies are both performed in the same session, only one CPT® code is used to report both procedures
      - If an arterial CTA or MRA study has been performed and subsequently a repeat study is needed to evaluate the venous anatomy, then this study is supported
      - If a venous CTV or MRV has been performed and subsequently a repeat study is needed to evaluate the arterial anatomy, then this study is supported
      - MRA without and with contrast with venous sinus thrombosis to differentiate total from subtotal occlusion is supported
  - Suspected neurologic adverse reactions after SARS- CoV-2 vaccination:
    - MRI Brain without contrast (CPT® 70551) **OR**
    - MRI Brain without and with contrast (CPT® 70553) **OR**
    - CT head without contrast (CPT® 70450) **OR**
    - CT head without and with contrast (CPT® 70470) is supported if there is a contraindication to MRI **AND/OR**
    - MRA Head (CPT® 70544, CPT® 70545, or CPT® 70546) OR CTA Head (CPT® 70496) **AND/OR**
    - MRA Neck (CPT® 70547, CPT® 70548, or CPT® 70549) or CTA Neck (CPT® 70498)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

        - CT and MR Venography (CTV and MRV) are reported with the same codes as the CTA/MRA counterpart (there is no specific code for CT/MR venography):
            - If arterial and venous CT or MR studies are both performed in the same session, only one CPT® code is used to report both procedures
            - If an arterial CTA or MRA study has been performed and subsequently a repeat study is needed to evaluate the venous anatomy, then this study is supported
            - If a venous CTV or MRV has been performed and subsequently a repeat study is needed to evaluate the arterial anatomy, then this study is supported
            - MRA without and with contrast with venous sinus thrombosis to differentiate total from subtotal occlusion is supported
    - If suspected transverse myelitis and/or COVID infection, then ANY the following are supported:
        - MRI Cervical without and with contrast (CPT® 72156)
        - MRI Thoracic without and with contrast (CPT® 72157)
        - MRI Lumbar Spine without and with contrast (CPT® 72158)[35,36]
        - See **Stroke/TIA (HD-21.1)** for vascular imaging
        - See **Transverse Myelitis (HD-16.4)** regarding spine imaging to evaluate for post-vaccination neurological syndrome
- Repeat imaging considered on a case-by-case basis for a change in neurological symptoms or signs on the neurological exam and/or change in the treatment.

Background and Supporting Information

- The findings observed in the central nervous system in the acute-phase of COVID- 19 may extend into a prolonged symptomatic phase of Neuro-COVID in long haulers with chronic COVID syndrome. Symptoms may include, but are not inclusive to: "brain fog", dizziness, inability to concentrate, psychiatric symptoms, and confusion.[8,9]
- Acute-phase neurologic manifestations of COVID-19 include: headache, dizziness, taste and smell dysfunction, impaired consciousness (described as confusion or agitation), cerebrovascular events (ischemic stroke, cerebral venous sinus thrombosis, cerebral hemorrhage), seizures, meningoencephalitis, and immune-mediated neurologic diseases (Guillan-Barre syndrome, Miller-Fisher syndrome, polyneuritis cranialis, transverse myelitis).[10,11,15,16,20]
- Neurologic adverse reactions in those receiving SARS-CoV-2 vaccines, including mRNA vaccines (Pfizer, Moderna), have been reported, and include, although not limited to: headache, Guillan-Barre syndrome, transverse myelitis, facial nerve palsy, small fiber neuropathy, autoimmune encephalitis, reversible cerebral vasoconstriction syndrome, multiple sclerosis, neuromyelitis optica, intracerebral bleeding, cerebral venous sinus thrombosis, hypophysitis, epilepsy, encephalopathy, and acute disseminated encephalomyelitis.[13,14,17,18,19,21]

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

- Cases of Thrombosis with Thrombocytopenia Syndrome (TTS) following administration of the Johnson & Johnson/Janssen COVID-19 Vaccine have been reported in males and females, in a wide age range of individuals 18 years and older, with the highest reporting rate (approximately 8 cases per 1,000,000 doses administered) in females ages 30-49 years; overall, approximately 15% of TTS cases have been fatal. Currently available evidence supports a causal relationship between TTS and the Johnson & Johnson/Janssen COVID-19 Vaccine. The clinical course of these events shares features with autoimmune heparin-induced thrombocytopenia. In individuals with suspected TTS following administration of the Johnson & Johnson/Janssen COVID-19 Vaccine, the use of heparin may be harmful and alternative treatments may be needed. Consultation with hematology specialists is strongly recommended. The American Society of Hematology has published considerations relevant to the diagnosis and treatment of TTS following administration of the Janssen COVID-19 Vaccine (https://www.hematology.org/covid-19/vaccine-induced-immunethrombotic-thrombocytopenia). (see Full EUA Prescribing Information).

Evidence Discussion (HD-14.2)

- A head CT is recommended for quickly assessing intracranial infections in urgent cases. However, MRI is more effective for examining conditions that affect the cranial nerves, brain tissue, and meninges. Although MRI is superior in detecting minor changes in the brain associated with infections, CT scans can promptly identify pathophysiological changes that may influence the patient's prognosis.
- Acute bacterial meningitis often presents with a normal CT scan. However, due to the high mortality rate of up to 50% when left untreated, a CT scan is necessary to rule out other causes of encephalopathy or neurologic deficits. In certain clinical situations, CT is also required to exclude increased intracranial pressure before performing a lumbar puncture. Venous thromboses increase the risk of hemorrhage and are linked to high mortality. Consequently, both CT and MRI scans, including T1-weighted sequences, are recommended. These scans help detect high signal changes in several venous sinuses and can be complemented with CT- or MR-venography.
- Similar considerations apply when diagnosing non-bacterial central nervous system (CNS) infections. CT scans are advantageous due to quick access to care, faster diagnosis, and earlier treatment initiation, which can reduce morbidity. However, MRI is superior in detecting patterns of vasogenic versus cytotoxic edema, contrast enhancement, and the distribution of involvement, whether multifocal or unifocal/unihemispheric. These distinctions are crucial in differentiating between differential diagnoses, such as systemic infections with hematogenous spread versus head/neck infections with a direct spread pattern.
- Many patients present with neurologic signs and symptoms that are indicative of either a cortical or subcortical syndrome. Often, these cannot be fully characterized by clinical presentation alone. As a result, radiologic evaluation becomes essential

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

in diagnosing the etiology of the underlying process. The potential causes are varied and include meningoencephalitis, acute cerebrovascular disease, hemorrhagic necrotizing encephalopathy, immune-mediated (Bickerstaff) encephalitis, and demyelinating diseases such as acute disseminated encephalomyelitis (ADEM) and multiple sclerosis (MS). Therefore, prompt and accurate diagnosis is critical to select the most appropriate imaging method (MRI vs. CT) for each clinical scenario.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Autoimmune/Paraneoplastic Encephalitis & Neuroinflammatory Disorders (HD-14.3)

HD.HI.0014.3.A
v1.0.2025

Indications:

When acute/ subacute or rapid progression (< 3 months) of altered mental status, focal findings including cranial nerve, motor or sensory symptoms or memory loss or psychiatric symptoms, seizure, and/ or focal CNS findings are present.[26]

OR

There is a stated concern for neuro-inflammatory encephalitis from or in consultation with a neurologist, neurosurgeon, psychiatrist, oncologist, rheumatologist, or infectious disease specialist. [26]

Initial Imaging[26]:

- MRI Brain without and with contrast (CPT® 70553) **OR** MRI Brain without contrast (CPT® 70551) **OR**
- CT Head without contrast (CPT® 70450) **OR** CT Head without and with contrast (CPT® 70470) when MRI is unavailable or contraindicated or for bony pathology concerns
- MRA Head (CPT® 70544, CPT® 70545, or CPT® 70546) **OR** CTA Head (CPT® 70496) **AND/OR** MRA Neck (CPT® 70547, CPT® 70548, or CPT® 70549) **OR** CTA Neck (CPT® 70498) for evaluating large vessel obstructions, aneurysms and vascular malformations, dissection, vasospasm, and vasculopathies such as CNS vasculitis (see **Cerebral Vasculitis (HD-22.1)**, **Intracranial Aneurysms (HD-12.1)**, **Arteriovenous Malformations (AVMs) and Related Lesions (HD-12.2)**, **Stroke/TIA (HD-21.1)**)

Repeat Imaging:

MRI Brain without and with contrast (CPT® 70553) **OR** MRI Brain without contrast (CPT® 70551) when specialized sequences are needed such as, but not limited to[26]:

- High T2 contrast sequences (CISS, FIESTA) sequences to identify blood (SWI) or
- To identify acute cytotoxic edema (DWI) or
- When requested by or in consultation with a neurologist, oncologist, rheumatologist, infectious disease specialist, neurosurgeon, or psychiatrist.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Metabolic (FDG) Brain PET (CPT® 78608) is indicated to evaluate individuals suspected of having encephalitis, including autoimmune encephalitis, if diagnosis remains unclear after evaluation with MRI Brain, CSF analysis, and/or lab testing including serology.[26]

Neurosarcoidosis[31,32,33,34]:

- Supported for known or suspected neurosarcoidosis.
  - MRI Brain without and with contrast (CPT® 70553)

    AND/OR
  - If spinal cord involvement suspected, then
    - MRI Cervical Spine without and with contrast (CPT® 72156) **AND/OR**
    - MRI Thoracic Spine without and with contrast (CPT® 72157) **AND/OR**
    - MRI Lumbar Spine without and with contrast (CPT® 72158)

    AND/OR
  - If peri-orbital involvement suspected, then
    - MRI Orbits/Face/Neck without and with contrast (CPT® 70543)
  - Repeat imaging supported if requested by neurologist, rheumatologist, ophthalmologist, oncologist or radiologist or provider in consultation with a neurologist, rheumatologist, ophthalmologist, oncologist or radiologist.
- For non-neurologic imaging related to sarcoidosis (see **Sarcoid (CH-15.1)**)

Background and Supporting Information[26]

Supportive studies in the evaluation of Autoimmune/Paraneoplastic Encephalopathy include:

- CSF pleocytosis (>5 WBC/µL) or
- EEG changes or
- Supporting labs (including positive CSF antibody positivity and/or serologies)

Potential etiologies:

- Paraneoplastic
  - NMDA Receptor encephalitis
  - LGI1 antibody encephalitis
- Autoimmune
  - Neurosarcoidosis can involve any of the following:
    - Brain, Cranial Nerves, Spinal Cord and/or Peripheral Nerves
    - Acute Disseminated Encephalomyelitis (ADEM), Anti-MOG Syndrome, Multiple Sclerosis (MS), Neuromyelitis Optica (NMO)
    - IgG4 related disease

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

    - CNS histiocytosis
- Neuro-rheumatologic
    - ANCA related disease
    - Behcet's disease
    - Sjogren Syndrome +/- Rheumatoid Arthritis (RA)

FDG-PET imaging of the brain for paraneoplastic and autoimmune encephalitis may be more sensitive than Brain MRI (87% vs. 56%) but is nonspecific. Areas of hypometabolism are seen in neurodegenerative disorders such as dementias. However, topographic patterns of hypometabolism may help characterize the disorder as autoimmune/ paraneoplastic encephalitis, in a way that may help clarify diagnosis and alter management strategies. For example, anterior to posterior gradient of hypometabolism is seen in NMDA Receptor encephalitis. Hemispheric hypometabolism out of proportion to atrophy characterizes Rasmussen encephalitis.[26]

Non-head Imaging

- MRI is helpful in determining the length of spine lesion (short versus longitudinally extensive transverse myelitis), width (partial versus transverse), and location (eccentric, central, hemicord, anterior versus posterior, conus, tracts, or meningeal).
    - See **Myelopathy (SP-7.1)** and **Anti-MOG Syndromes (HD-16.3)**
- The Trident Sign on axial MRI, which has been described in relation to neurosarcoidosis, demonstrates leptomeningeal or dorsal subpial enhancement that may or may not involve the central canal.
    - See **Myelopathy (SP-7.1)**
- Involvement of the conus medullaris is a clue to Anti-MOG (Myelin Oligodendrocyte Glycoprotein-associated disorder) as the cause of longitudinally extensive transverse myelitis.
    - See **Transverse Myelitis (HD-16.4)**
- CT of the chest, abdomen, and pelvis with contrast is a generally accepted first method of screening for occult malignancy or systemic inflammation (e.g., sarcoidosis).
    - See **Paraneoplastic Syndromes (ONC-30.3)** and **Sarcoid (CH-15.1)**

Evidence Discussion (HD-14.3)

- The American College of Radiology (ACR) Appropriateness Criteria® provides guidance on the appropriateness of CT versus MRI Brain in certain clinical scenarios relating to altered mental status. For acute, undifferentiated presentations and with focal symptoms, CT head is an appropriate modality, but with known intracranial process, suspected medical illness or toxic-metabolic etiology, and/or psychosis, MRI Brain, is appropriate and in some cases may be preferable.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

- In the appropriate clinical scenarios, recognition of structural and functional imaging patterns of brain involvement using CT head, MRI brain, and brain PET, in autoimmune encephalitis (including paraneoplastic and non-rheumatologic inflammatory disorders) can facilitate rapid access to appropriate treatment, as well as avoid invasive diagnostic procedures such as brain biopsy.
- FDG-PET/CT brain performed at a median 4 weeks of symptom onset was more often abnormal than initial MRI, EEG, or laboratory cerebrospinal fluid testing, in patients with suspected autoimmune encephalitis (AE), with focal hypometabolism, the most common PET/CT finding.
- Spine MRI shows abnormalities in up to 45% of cases of paraneoplastic myeloneuropathy.
- The three-dimensional (3D) constructive interference in steady state (CISS) is a gradient-echo MRI or Fast Imaging Employing Steady-state Acquisition Cycled Phases (FIESTA-C) on GE MRI systems are widely employed for over a decade and have been shown to have utility in demonstration of contrast between cerebrospinal fluid and brain parenchymal structure. Therefore, these have particular utility in the examination of cranial nerves, the ventricular system, cavernous sinus, and other structures which are commonly involved in neuro-inflammatory conditions.
- Neuropsychiatric lupus and other neuro-inflammatory conditions have been described to mimic vascular disease, such as vasculitis and small vessel cerebrovascular disease, and in these cases vessel imaging with CT Angiography (CTA) and MR Angiography (MRA) Brain can contribute to meaningful diagnosis.
- In the evaluation of a first episode of psychosis when an autoimmune cause is suspected, up to 4% of cases have abnormalities on MRI brain.
- Sarcoidosis can manifest with neurologic complications in every part of the neural axis, with diagnostic challenges represented by multiple pathophysiologic pathways and frequently lack of specific histopathologic diagnosis. In clinically suspected neurosarcodoisis on the basis of synthesized clinical history and physical examination findings, the demonstration of neuro-inflammation using cerebrospinal fluid testing and contrast-enhanced MRI is useful. In difficult or complicated cases, FDG-PET and Gallium-67 imaging have been useful for identification of targets for biopsy.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (HD-14)

v1.0.2025

1. Abdalkader M, Xie J, Cervantes-Arslanian A, Takahashi C, Mian AZ. Imaging of Intracranial Infections. *Seminars in Neurology*. 2019;39(03):322-333. doi:10.1055/s-0039-1693161
2. Probasco JC, Solnes L, Nalluri A, et al. Abnormal brain metabolism on FDG-PET/CT is a common early finding in autoimmune encephalitis. *Neurology - Neuroimmunology Neuroinflammation*. 2017;4(4). doi:10.1212/nxi.0000000000000352
3. Rubin R. As Their Numbers Grow, COVID-19 "Long Haulers" Stump Experts. *JAMA*. 2020;324(14):1381–1383. doi:10.1001/jama.2020.17709
4. E. M. Liotta et al. Frequent neurologic manifestations and encephalopathy-associated morbidity in Covid-19 patients. *Annals of Clinical and Translational Neurology* 2020; 7(11): 2221–2230 doi: 10.1002/acn3.51210.
5. Chen X, Laurent S, Onur OA, Kleineberg NN, Fink GR, Schweitzer F, Warnke C. A systematic review of neurological symptoms and complications of COVID-19. *Journal of Neurology*. 2021 Feb;268(2):392-402. doi: 10.1007/s00415-020-10067-3
6. Finsterer J Neurological side effects of SARS-CoV-2 vaccinations Acta Neurol Scand. 2022 145(1): 5–9. doi: 10.1111/ane.13550
7. Kaulen LD, Doubrovinskaia S, Mooshage C, Jordan B, Purrucker J, Haubner C, Seliger C, Lorenz HM, Nagel S, Wildemann B, Bendszus M, Wick W, Schönenberger S. Neurological autoimmune diseases following vaccinations against SARS-CoV-2: a case series. Eur J Neurol. 2022 Feb;29(2):555-563. doi: 10.1111/ene.15147
8. Maury A, Lyoubi A, Peiffer-Smadja N, de Broucker T, Meppiel E. Neurological manifestations associated with SARS-CoV-2 and other coronaviruses: A narrative review for clinicians. Rev Neurol (Paris). 2021 Jan-Feb;177(1-2):51-64. doi: 10.1016/j.neurol.2020.10.001
9. Moreno-Escobar MC, Kataria S, Khan E, Subedi R, Tandon M, Peshwe K, Kramer J, Niaze F, Sriwastava S. Acute transverse myelitis with Dysautonomia following SARS-CoV-2 infection: A case report and review of literature. J Neuroimmunol. 2021 Apr 15;353:577523. doi: 10.1016/j.jneuroim.2021.577523
10. Patone M, Handunnetthi L, Saatci D, Pan J, Katikireddi SV, Razvi S, Hunt D, Mei XW, Dixon S, Zaccardi F, Khunti K, Watkinson P, Coupland CAC, Doidge J, Harrison DA, Ravanan R, Sheikh A, Robertson C, Hippisley-Cox J. Neurological complications after first dose of COVID-19 vaccines and SARS-CoV-2 infection. Nat Med. 2021 Dec;27(12):2144-2153. doi: 10.1038/s41591-021-01556-7
11. Rosenblum HG, Hadler SC, Moulia D, Shimabukuro TT, Su JR, Tepper NK, Ess KC, Woo EJ, Mba-Jonas A, Alimchandani M, Nair N, Klein NP, Hanson KE, Markowitz LE, Wharton M, McNally VV, Romero JR, Talbot HK, Lee GM, Daley MF, Mbaeyi SA, Oliver SE. Use of COVID-19 Vaccines After Reports of Adverse Events Among Adult Recipients of Janssen (Johnson & Johnson) and mRNA COVID-19 Vaccines (Pfizer-BioNTech and Moderna): Update from the Advisory Committee on Immunization Practices - United States, July 2021. MMWR Morb Mortal Wkly Rep. 2021 Aug 13;70(32):1094-1099. doi: 10.15585/mmwr.mm7032e4
12. Rosenblum HG, Gee J, Liu R, Marquez PL, Zhang B, Strid P, Abara WE, McNeil MM, Myers TR, Hause AM, Su JR, Markowitz LE, Shimabukuro TT, Shay DK. Safety of mRNA vaccines administered during the initial 6 months of the US COVID-19 vaccination programme: an observational study of reports to the Vaccine Adverse Event Reporting System and v-safe. Lancet Infect Dis. 2022 Mar 7:S1473-3099(22)00054-8. doi: 10.1016/S1473-3099(22)00054-8
13. Vasconcelos TMF, Oliveira DN, Ferreira GM, Torres FC, Castro JDV, Braga-Neto P, Sobreira-Neto MA. Covid-19 post-infectious acute transverse myelitis responsive to corticosteroid therapy: report of two clinical cases. J Neurovirol. 2021 Oct;27(5):791-796. doi: 10.1007/s13365-021-01010-x 12
14. Frontera JA, Tamborska AA, Doheim MF, Garcia-Azorin D, Gezegen H, Guekht A, Yusof Khan AHK, Santacatterina M, Sejvar J, Thakur KT, Westenberg E, Winkler AS, Beghi E; contributors from the Global COVID-19 Neuro Research Coalition. Neurological Events Reported after COVID-19 Vaccines: An Analysis of VAERS. Ann Neurol. 2022 Mar 2. doi: 10.1002/ana.26339
15. ACR–ASNR–SPR PRACTICE PARAMETER FOR THE PERFORMANCE OF COMPUTED TOMOGRAPHY (CT) OF THE HEAD https://www.acr.org/-/media/ACR/Files/Practice-Parameters/CT-Head.pdf

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

16. Expert Panel on Neurological Imaging, Rath TJ, Policeni B, et al. ACR Appropriateness Criteria® Cranial Neuropathy: 2022 Update.*J Am Coll Radiol*. 2022;19(11S):S266-S303. doi:10.1016/j.jacr.2022.09.021
17. Anand P. Neurologic Infections in Patients on Immunomodulatory and Immunosuppressive Therapies.*Continuum (Minneap Minn)*. 2021;27(4):1066-1104. doi:10.1212/CON.0000000000000985
18. Chow F. Neurosyphilis.*Continuum (Minneap Minn)*. 2021;27(4):1018-1039. doi:10.1212/CON.0000000000000982
19. Roos KL. Neurologic Complications of Lyme Disease.*Continuum (Minneap Minn)*. 2021;27(4):1040-1050. doi:10.1212/CON.0000000000001015
20. Singh SK, Hasbun R. Neuroradiology of infectious diseases.*Curr Opin Infect Dis*. 2021;34(3):228-237. doi:10.1097/QCO.0000000000000725
21. Weidauer S, Wagner M, Enkirch SJ, Hattingen E. CNS Infections in Immunoincompetent Patients : Neuroradiological and Clinical Features.*Clin Neuroradiol*. 2020;30(1):9-25. doi:10.1007/s00062-019-00837-6
22. Sakai M, Higashi M, Fujiwara T, et al. MRI imaging features of HIV-related central nervous system diseases: diagnosis by pattern recognition in daily practice.*Jpn J Radiol*. 2021;39(11):1023-1038. doi:10.1007/s11604-021-01150-4
23. Corrêa DG, de Souza SR, Freddi TAL, Fonseca APA, Dos Santos RQ, Hygino da Cruz LC Jr. Imaging features of neurosyphilis.*J Neuroradiol*. 2023;50(2):241-252. doi:10.1016/j.neurad.2023.01.003
24. Beghi E, Helbok R, Ozturk S, et al. Short- and long-term outcome and predictors in an international cohort of patients with neuro-COVID-19.*Eur J Neurol*. 2022;29(6):1663-1684. doi:10.1111/ene.15293
25. Premraj L, Kannapadi NV, Briggs J, Seal SM, Battaglini D, Fanning J, Suen J, Robba C, Fraser J, Cho SM. Mid and long-term neurological and neuropsychiatric manifestations of post-COVID-19 syndrome: A meta-analysis. J Neurol Sci. 2022 Mar 15;434:120162. doi: 10.1016/j.jns.2022.120162. Epub 2022 Jan 29. PMID: 35121209; PMCID: PMC8798975.
26. Wahed LA, Cho TA. Imaging of Central Nervous System Autoimmune, Paraneoplastic, and Neuro-rheumatologic Disorders. Continuum (Minneap Minn). 2023 Feb 1;29(1):255-291. doi: 10.1212/CON.0000000000001244. PMID: 36795880.
27. Bordonne, M., Chawki, M.B., Doyen, M. *et al.* Brain 18F-FDG PET for the diagnosis of autoimmune encephalitis: a systematic review and a meta-analysis. *Eur J Nucl Med Mol Imaging* 48, 3847–3858 (2021). https://doi.org/10.1007/s00259-021-05299-y
28. Graus F, Titulaer MJ, Balu R, et al. A clinical approach to diagnosis of autoimmune encephalitis. Lancet Neurol. 2016;15(4):391-404. doi:10.1016/S1474-4422(15)00401-9
29. Budhram A, Leung A, Nicolle MW, Burneo JG. Diagnosing autoimmune limbic encephalitis.*CMAJ*. 2019;191(19):E529-E534. doi:10.1503/cmaj.181548
30. Solnes LB, Jones KM, Rowe SP, et al. Diagnostic Value of ^{18}F-FDG PET/CT Versus MRI in the Setting of Antibody-Specific Autoimmune Encephalitis.*J Nucl Med*. 2017;58(8):1307-1313. doi:10.2967/jnumed.116.184333
31. Stern BJ, Royal W, Gelfand JM, et al. Definition and Consensus Diagnostic Criteria for Neurosarcoidosis: From the Neurosarcoidosis Consortium Consensus Group. JAMA Neurology. 2018;75(12):1546. doi:10.1001/jamaneurol.2018.2295.
32. Bradshaw MJ, Pawate S, Koth LL, Cho TA, Gelfand JM. Neurosarcoidosis: Pathophysiology, Diagnosis, and Treatment. Neurol Neuroimmunol Neuroinflamm. 2021 Oct 4;8(6):e1084. doi: 10.1212/NXI.0000000000001084
33. Fritz D, van de Beek D, Brouwer MC. Clinical features, treatment and outcome in neurosarcoidosis: systematic review and meta-analysis. BMC Neurol. 2016 Nov 15;16(1):220. doi: 10.1186/s12883-016-0741-x
34. Pawate S. Sarcoidosis and the Nervous System. *Continuum (Minneap Minn)*. 2020 Jun;26(3):695-715. doi: 10.1212/CON.0000000000000855
35. Khan E, Shrestha AK, Colantonio MA, Liberio RN, Sriwastava S. Acute transverse myelitis following SARS-CoV-2 vaccination: a case report and review of the literature. *J Neurol*. 2022.269(3):1121-1132. doi:10.1007/s00415-021-10785-2
36. Ismail II, Salama S. Association of CNS demyelination and COVID-19 infection: an updated systematic review. *J Neurol*. 2022:269(2):541-576. doi:10.1007/s00415-021-10752-x
37. Tunkel AR, Hartman BJ, Kaplan SL, et al. Practice guidelines for the management of bacterial meningitis. Clin Infect Dis. 2004;39(9):1267-1284. doi:10.1086/425368

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

38. Proulx N, Fréchette D, Toye B, Chan J, Kravcik S. Delays in the administration of antibiotics are associated with mortality from adult acute bacterial meningitis. QJM. 2005;98(4):291-298. doi:10.1093/qjmed/hci047
39. Nguyen I, Urbanczyk K, Mtui E, Li S. Intracranial CNS Infections: A Literature Review and Radiology Case Studies. Semin Ultrasound CT MR. 2020 Feb;41(1):106-120. doi: 10.1053/j.sult.2019.09.003. Epub 2019 Oct 2. PMID: 31964490.
40. Sklinda K, Dorobek M, Wasilewski PG, Dreżewski K, Dębicka M, Walecki J, Mruk B. Radiological Manifestation of Neurological Complications in the Course of SARS-CoV-2 Infection. Front Neurol. 2021 Oct 20;12:711026. doi: 10.3389/fneur.2021.711026. PMID: 34744963; PMCID: PMC8563625.
41. Paterson RW, Brown RL, Benjamin L, Nortley R, Wiethoff S, Bharucha T, et al.. The emerging spectrum of COVID-19 neurology: clinical, radiological and laboratory findings. Brain. (2020) 143:3104–20. 10.1093/brain/awaa240
42. Kremer S, Lersy F, de Sèze J, Ferré JC, Maamar A, Carsin-Nicol B, et al.. Brain MRI findings in severe COVID-19: a retrospective observational study. Radiology. (2020) 297:E242–51. 10.1148/radiol.2020202222
43. Radmanesh A, Raz E, Zan E, Derman A, Kaminetzky M. Brain imaging use and findings in COVID-19: a single academic center experience in the epicenter of disease in the United States. Am J Neuroradiol. (2020) 41:1179–83. 10.3174/ajnr.A6610
44. Tu TM, Yi SJ, Koh JS, et al. Incidence of Cerebral Venous Thrombosis Following SARS-CoV-2 Infection vs mRNA SARS-CoV-2 Vaccination in Singapore. JAMA Netw Open. 2022;5(3):e222940. doi:10.1001/jamanetworkopen.2022.2940
45. American College of Radiology ACR Appropriateness Criteria® Altered Mental Status, Coma, Delirium, and Psychosis. Revised 2024.
46. Insights Imaging. 2018 Oct;9(5):857-882. doi: 10.1007/s13244-018-0643-0. Epub 2018 Sep 19. PMID: 30232767; PMCID: PMC6206383.
47. Shah S, Vazquez Do Campo R, Kumar N, McKeon A, Flanagan EP, Klein C, Pittock SJ, Dubey D. Paraneoplastic Myeloneuropathies: Clinical, Oncologic, and Serologic Accompaniments. Neurology. 2021 Jan 26;96(4):e632-e639. doi: 10.1212/WNL.0000000000011218. Epub 2020 Nov 18. PMID: 33208548; PMCID: PMC7905784.
48. Hingwala D, Chatterjee S, Kesavadas C, Thomas B, Kapilamoorthy TR. Applications of 3D CISS sequence for problem solving in neuroimaging. Indian J Radiol Imaging. 2011 Apr;21(2):90-7. doi: 10.4103/0971-3026.82283. PMID: 21799590; PMCID: PMC3137865.
49. Lancaster E. The Diagnosis and Treatment of Autoimmune Encephalitis. J Clin Neurol. 2016 Jan;12(1):1-13. doi: 10.3988/jcn.2016.12.1.1. PMID: 26754777; PMCID: PMC4712273.
50. Guasp M, Giné-Servén E, Maudes E, Rosa-Justicia M, Martínez-Hernández E, Boix-Quintana E, Bioque M, Casado V, Módena-Ouarzi Y, Guanyabens N, Muriana D, Sugranyes G, Pacchiarotti I, Davi-Loscos E, Torres-Rivas C, Ríos J, Sabater L, Saiz A, Graus F, Castro-Fornieles J, Parellada E, Dalmau J. Clinical, Neuroimmunologic, and CSF Investigations in First Episode Psychosis. Neurology. 2021 Jul 6;97(1):e61-e75. doi: 10.1212/WNL.0000000000012191. Epub 2021 May 12. PMID: 33980703.
51. Ibitoye RT, Wilkins A, Scolding NJ. Neurosarcoidosis: a clinical approach to diagnosis and management. J Neurol. 2017 May;264(5):1023-1028. doi: 10.1007/s00415-016-8336-4. Epub 2016 Nov 22. PMID: 27878437; PMCID: PMC5413520.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Movement Disorders (HD-15)

Guideline

Movement Disorders (HD-15.1)
Evidence Discussion (SP-15)
References (HD-15)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Movement Disorders (HD-15.1)

HD.MD.0015.1.A
v1.0.2025

- The majority of movement disorders are diagnosed based on a clinical diagnosis and do not require imaging. These include:
  - Typical Parkinson's Disease
  - Essential Tremor or tremors of anxiety or weakness
  - Restless Leg Syndrome
  - Tics or spasms which can be duplicated at will
  - Tourette syndrome[22]
  - Tardive dyskinesia[19,20,21]
- MRI Brain without contrast (CPT® 70551) or MRI brain without and with contrast (CPT® 70553) in the following clinical scenarios:
  - Clinical diagnostic uncertainty
  - Incomplete or uncertain response to medication
  - Anti-psychotic drug-induced Parkinsonism or Atypical Tardive dyskinesia[19,20,21]
  - Atypical Parkinsonism suspected because of unusual clinical features. These may include, but are not limited to:
    - Persistent unilateral signs or symptoms
    - Onset under age 50
    - Rapid progression
    - See ***Background and Supporting Information*** for further information on atypical parkinsonism and Parkinson's Plus Syndromes
  - Suspected Huntington Disease
- Evaluation for surgical treatment of Essential Tremor, Parkinson's disease, and/or Spasmodic Torticollis/Dystonia, see **Torticollis and Dystonia (Neck-10.2)** in the Neck Imaging Guidelines
  - Deep Brain Stimulation (DBS) therapy
    - MRI Brain without contrast (CPT® 70551) **OR** MRI Brain without and with contrast (CPT® 70553) **AND/OR** unlisted CT procedure code (CPT® 76497)
  - MR guided Focused Ultrasound:
    - CT Head without contrast (CPT® 70450) to evaluate bone density **AND/OR** MRI Brain without contrast (CPT® 70551) **OR** MRI Brain without and with contrast (CPT® 70553)
  - Repeat imaging studies for pre-surgical evaluation, MRI Brain without contrast (CPT® 70551) **OR** MRI Brain without and with contrast (CPT® 70553) **AND/OR** CT Head without contrast (CPT® 70450), when ordered by a Neurosurgeon or

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Neurologist or any provider in consultation with a Neurosurgeon or Neurologist if greater than 6 months old **and/or** for new symptoms/signs
    - Post op imaging when ordered by a Neurosurgeon or Neurologist or any provider in consultation with a Neurosurgeon or Neurologist for either procedure, see also **Post-Operative Imaging (HD-28.3)** indications
- Dopamine Transporter Scan [DAT-SPECT Radiopharmaceutical Localization SPECT (Ioflupane I-123 SPECT)] (CPT® 78803 or CPT® 78830) **OR** Fluorodopa F^{18} (F-DOPA) PET Brain (CPT® 78608):[2,3,16,17,18]
    - To evaluate motor symptoms (tremor, rigidity, bradykinesia, and/or postural instability) in suspected Parkinsonian Syndromes (Parkinson Disease, Multiple System Atrophy, Progressive Supranuclear Palsy, Corticobasal Degeneration) when the diagnosis is unclear, to differentiate from non-neurodegenerative disorders, such as Essential Tremor, drug-induced tremor, vascular parkinsonism, and/or psychogenic tremor
    - Imaging with either modality, **not both**, is supported when the diagnosis remains unclear after evaluation by a neurologist, medication trials and brain imaging.[1]
    - See ***Background and Supporting Information*** for additional information regarding Parkinson's Plus Syndromes.
    - Neither DAT Scans nor F-DOPA PET scans are useful for differentiation of subtypes of Parkinson's syndromes, to monitor progression of disease or predict risk of development of disease mainly to exclude other conditions with similar clinical presentations.
- MRI Brain with and without (CPT® 70553) for initial imaging for suspected motor neuron disease (see **Motor Neuron Disease/Amyotrophic Lateral Sclerosis (ALS) (PND-8.1)** in the Peripheral Nerve and Neuromuscular Disorders Imaging Guideline)
- Dementia associated with movement disorder (see **Lewy Body Dementia (LBD) – SPECT Brain Scan (HD-8.3))**

Background and Supporting Information

- Parkinson's Plus Syndromes are a group of disorders characterized by atypical parkinsonism. They are NOT Parkinson's disease. They represent different neurodegenerative diseases with features of PD, and may be confused with PD. These syndromes include, but are not limited to:
    - Multiple system atrophy: orthostatic hypotension (dysautonomia), dysphonia, dysarthria
    - Progressive Supranuclear Palsy: balance difficulties, vertical gaze paresis
    - Corticobasal Syndrome: dysphasia, apraxia, myoclonus, alien-limb phenomenon
- These are distinct entities. Care must be taken to determine if there are unusual features present that will suggest atypical parkinsonian syndrome.
- Dementia with Lewy bodies (DLB): dementia prior to movement disorder (see **Lewy Body Dementia (LBD) - SPECT Brain Scan (HD-8.3)**)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Evidence Discussion (HD-15)

- The majority of movements disorders are diagnosed based on history and clinical examination findings and do not require imaging.For cases of diagnostic uncertainty, incomplete response to medication, for atypical Parkinsonism or drug-induced parkinsonism, and for suspected Huntington disease, MRI brain is the preferred imaging modality.
- Structural imaging with MRI Brain is usually normal in patients with Parkinson's disease but is useful to diagnose causes of secondary parkinsonism, such as stroke, iron deposition, normal pressure hydrocephalus, and neoplasm.
- CT head is not preferred due to its limited soft-tissue characterization when compared to MRI.
- Functional imaging studies assessing dopaminergic function in Parkinson's disease include single-photon emission computed tomography (SPECT) and positron emission tomography (PET) imaging.1,2,3 These studies are used as an adjunct diagnostic test.
- Both Dopamine Transporter single-photon emission computed tomography (DAT-SPECT) and [18F]-fluorodopa (F-DOPA) PET brain are useful to differentiate suspected Parkinsonian syndromes from non-neurodegenerative disorders such as Essential Tremor, drug-induced tremors, vascular parkinsonism, and/or psychogenic tremors.
- DAT-SPECT has a sensitivity of 91% with a specificity of 100% for Essential Tremor, a sensitivity of 86.2% with a specificity of 93.8% for drug-induced parkinsonism, and a sensitivity of 86.2% with a specificity of 82.9% for vascular parkinsonism.
- F-DOPA PET brain has a sensitivity of 73% with a specificity of 91% for evaluation of parkinsonian syndrome vs non-neurodegenerative parkinsonian syndrome.
- Neither DAT-SPECT scans nor F-DOPA PET brain scans are useful for the differentiation between subtypes of Parkinsonian syndromes, to monitor progression of disease nor to predict the risk of development of disease.
- There is insufficient evidence for the routine use of FDG-PET brain in the diagnosis of Parkinsonian syndromes.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Evidence Discussion (SP-15)

v1.0.2025

Despite advances made in high-resolution spinal imaging, plain films remain integral in providing optimal care for spine patients and continue to provide critical information that cannot be obtained with other imaging modalities. X-ray imaging with anteroposterior, lateral, oblique and flexion-extension views is considered the primary imaging modality for postoperative evaluation and can provide complementary information to advanced imaging. X-rays can provide information as to whether a concomitant instability is present which would further assist with pre-operative planning. Also, when prior surgery is a concern, x-ray provides additional clinical information as to the details of the hardware for which this detail can many times be obscured with advanced imaging techniques (MRI/CT). An x-ray often has a larger field-of-view than an MRI or CT and has the potential to identify more proximal or distal pathology in the spine that could ultimately assist in determining the patient's diagnosis. X-rays can also determine whether an advanced diagnostic imaging study is actually needed, what specific advanced diagnostic imaging study is warranted and if contrast is required.

There are risks associated with advanced imaging including but not limited to radiation exposure, implanted device complications, metallic foreign body complications and contrast complications. Studies have also linked the increase rate of imaging with the increase rate of surgery and also found early magnetic resonance imaging (MRI) had an eightfold increased risk of surgery.

Although most patients with acute neck or back pain will improve with 6 weeks of conservative care, conservative care would not be necessary for patients with prolonged intractable pain present within 6 months of surgery or if a red flag indication was present. In general, initial plain x-rays and an initial course of conservative care can provide a significant clinical benefit that would outweigh the clinical harm from perhaps briefly delaying advanced imaging if needed. A course of conservative care or plain x-ray findings many times may obviate the need for advanced imaging which possess their own set of significant risks.

For revision thoracic or lumbar anterior spinal arthrodesis, CT angiography or MR angiography may be indicated, however, risks are present with these modalities including radiation exposure (CT), availability of the imaging modalities in close proximity to patients, potential out-of-pocket costs to patients, and sensitivity to patient movement (MRI).

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (HD-15)

v1.0.2025

1. Expert Panel on Neurological Imaging, Harvey HB, Watson LC, et al. ACR Appropriateness Criteria® Movement Disorders and Neurodegenerative Diseases. J Am Coll Radiol. 2020;17(5S):S175-S187. doi:10.1016/j.jacr.2020.01.042
2. Thaler A, Alcalay RN. Diagnosis and Medical Management of Parkinson Disease.*Continuum (Minneap Minn)*. 2022;28(5):1281-1300. doi:10.1212/CON.0000000000001152
3. Maiti B, Perlmutter JS. Imaging in Movement Disorders.*Continuum (Minneap Minn)*. 2023;29(1):194-218. doi:10.1212/CON.0000000000001210
4. Subramaniam RM, Frey KA, Hunt CH, et al. ACR-ACNM Practice Parameter for the Performance of Dopamine Transporter (DaT) Single Photon Emission Computed Tomography (SPECT) Imaging for Movement Disorders. Clinical Nuclear Medicine. 2017;42(11):847-852. doi:10.1097/rlu.0000000000001815
5. Bega D, Gonzalez-Latapi P, Zadikoff C, Spies W, Simuni T. Is There a Role for DAT-SPECT Imaging in a Specialty Movement Disorders Practice? Neurodegenerative Diseases. 2015;15(2):81-86. doi:10.1159/000370116
6. Mohammed N, Patra D, Nanda A. A meta-analysis of outcomes and complications of magnetic resonance–guided focused ultrasound in the treatment of essential tremor. Neurosurgical Focus. 2018;44(2). doi:10.3171/2017.11.focus17628
7. Schreglmann SR, Krauss JK, Chang JW, Bhatia KP, Kägi G. Functional lesional neurosurgery for tremor: a systematic review and meta-analysis. Journal of Neurology, Neurosurgery & Psychiatry. 2018;89(7):717-726. doi:10.1136/jnnp-2017-316302
8. Halpern CH, Santini V, Lipsman N, et al. Three-year follow-up of prospective trial of focused ultrasound thalamotomy for essential tremor. Neurology. 2019;93(24). doi:10.1212/wnl.0000000000008561
9. Pouratian N, Baltuch G, Elias WJ, Gross R. American Society for Stereotactic and Functional Neurosurgery Position Statement on Magnetic Resonance-Guided Focused Ultrasound for the Management of Essential Tremor. Neurosurgery. 2019. doi:10.1093/neuros/nyz510
10. Shah BR, et.al. Advanced MRI techniques for transcranial high intensity focused ultrasound targeting. Brain 2020:1-9. doi:10.1093/brain/awaa107
11. Elias JW. A randomized Trial of Focused Ultrasound Thalamotomy for Essential Tremor. N Engl J Med 2016;375:730-9. doi: 10.1056/NEJMoa1600159
12. Rughani A, Schwalb JM, Sidiropoulos C, et al. Congress of Neurological Surgeons Systematic Review and Evidence-Based Guideline on Subthalamic Nucleus and Globus Pallidus Internus Deep Brain Stimulation for the Treatment of Patients With Parkinson's Disease: Executive Summary. Neurosurgery. 2018;82(6):753-756. doi:10.1093/neuros/nyy037.
13. Y. Xiao, J. C. Lau, D. Hemachandra, G. Gilmore, A. Khan and T. M. Peters, "Image guidance in deep brain stimulation surgery to treat Parkinson's disease: a comprehensive review," in IEEE Transactions on Biomedical Engineering, doi: 10.1109/TBME.2020.3006765.
14. Sakamoto F, Shiraishi S, Ogasawara K, et al. A diagnostic strategy for Lewy body disease using DAT-SPECT, MIBG and Combined index. Annals of Nuclear Medicine. 2020;34(6):415-423. doi:10.1007/s12149-020-01464-9.
15. Humanitarian Device Exemption. U.S. Food and Drug Administration (FDA). Page Last Updated: 07/12/2021. https://www.accessdata.fda.gov/scripts/cdrh/cfdocs/cfhde/hde.cfm?id=H020007
16. Fluorodopa F18 Injection Package Insert. Highlights of prescribing information. U.S. Food and Drug Administration Website. https://www.accessdata.fda.gov/drugsatfda_docs/label/2019/200655s000lbl.pdf. Revised 10/2019.
17. Dhawan V, Niethammer MH, Lesser ML, et al. Prospective F-18 FDOPA PET Imaging Study in Human PD. *Nucl Med Mol Imaging.* 2022;56(3):147-157.doi:10.1007/s13139-022-00748-4
18. Morbelli S, Esposito G, Arbizu J, et al. EANM practice guideline/SNMMI procedure standard for dopaminergic imaging in Parkinsonian syndromes 1.0.*Eur J Nucl Med Mol Imaging*. 2020;47(8):1885-1912. doi:10.1007/s00259-020-04817-8

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

19. Jain R, Correll CU. Tardive Dyskinesia: Recognition, Patient Assessment and Differential Diagnosis. J Clin Psychiatry. 2018;79(2):nu17034ah1c. doi:10.4088/JCP.nu17034ah1c
20. Perju-Dumbrava L, Kempster P. Movement disorders in psychiatric patients. BMJ Neurol Open. 2020;2(2):e000057. Published 2020 Dec 1. doi:10.1136/bmjno-2020-000057
21. Ward KM, Citrome L. Antipsychotic-Related Movement Disorders: Drug-Induced Parkinsonism vs. Tardive Dyskinesia-Key Differences in Pathophysiology and Clinical Management. Neurol Ther. 2018;7(2):233-248. doi:10.1007/s40120-018-0105-0
22. Serajee FJ, Mahbubul Huq AH. Advances in Tourette syndrome: diagnoses and treatment. Pediatr Clin North Am. 2015;62(3):687-701. doi:10.1016/j.pcl.2015.03.007
23. Wagle Shukla A. Diagnosis and Treatment of Essential Tremor. Continuum (Minneap Minn). 2022;28(5):1333-1349. doi:10.1212/CON.0000000000001181
24. Politis, M. Neuroimaging in Parkinson disease: from research setting to clinical practice. Nat Rev Neurol 10, 708–722 (2014). https://doi.org/10.1038/nrneurol.2014.205
25. Ba F, Martin WR. Dopamine transporter imaging as a diagnostic tool for parkinsonism and related disorders in clinical practice. Parkinsonism Relat Disord. 2015;21(2):87-94. doi:10.1016/j.parkreldis.2014.11.007
26. Brigo F, Matinella A, Erro R, Tinazzi M. [^{123}I]FP-CIT SPECT (DaTSCAN) may be a useful tool to differentiate between Parkinson's disease and vascular or drug-induced parkinsonisms: a meta-analysis. Eur J Neurol. 2014;21(11):1369-e90. doi:10.1111/ene.12444

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Multiple Sclerosis (MS) and Related Conditions (HD-16)

Guideline

Multiple Sclerosis (MS) (HD-16.1)
Neuromyelitis Optica Spectrum Disorders (HD-16.2)
MOG Antibody-Associated Disease (MOGAD) (HD-16.3)
Transverse Myelitis (HD-16.4)
Evidence Discussion (HD-16)
References (HD-16)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Multiple Sclerosis (MS) (HD-16.1)

HD.MS.0016.1.A
v1.0.2025

Establishing a New Diagnosis of Multiple Sclerosis

Repeat Imaging for Unclear Diagnosis

New Neurologic Symptoms in an Individual with Multiple Sclerosis

Baseline Imaging with Disease Modifying Therapy (DMT)

Current Treatment with High Risk Disease Modifying Therapy (DMT)

Annual Imaging on Low Risk DMT or No Treatment

History of Clinically Isolated Syndrome (CIS) or Radiologically Isolated Syndrome (RIS)

Prolonged Treatment with Tysabri (natalizumab)

Progressive Multifocal Leukoencephalopathy (PML) Evaluation

Background and Supporting Information

- MRI Lumbar Spine is not needed since Cervical and Thoracic studies will usually visualize the entire spinal cord. If the clinical concern is for lumbosacral radiculopathy, see **Lower Extremity Pain with Neurological Features (Radiculopathy, Radiculitis, or Plexopathy and Neuropathy) with or without Low Back (Lumbar Spine) Pain (SP-6.1)** in the Spine Imaging Guidelines.
- Family members need not be screened, unless they exhibit suspicious signs or symptoms suggestive of MS.
- Computed Tomography (CT) scans of the head and/or spine are **NOT** indicated for the evaluation of multiple sclerosis due to inferior soft tissue resolution when compared to MRI.[47]
- 3D FLAIR sequences are useful in improving lesion detection for the diagnosis and monitoring of multiple sclerosis. 3D FLAIR sequences do not require an additional CPT® for 3D rendering (CPT® 76376 and CPT® 76377).[1]
- Quantitative Magnetic Resonance Image (MRI) Analysis of the Brain
  - Volumetric or quantitative analysis of the brain or temporal lobes and hippocampus may be ordered as Quantitative MRI Analysis of the Brain (CPT® 0865T or CPT® 0866T) or 3D rendering (CPT® 76376 and CPT® 76377).
  - These studies lack sufficient specificity and sensitivity to be clinically useful in the evaluation or follow up of individuals with Multiple Sclerosis. Their use is limited to

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

research studies and are otherwise considered to be not medically necessary in routine clinical practice.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Establishing a New Diagnosis of Multiple Sclerosis

Indication	Supported Imaging
Establishing a new diagnosis of Multiple Sclerosis is based on the following: • Clinical suspicion based on recurrent episodes of variable neurological signs and/or symptoms **AND** • Baseline exclusion of appropriate alternative conditions that can mimic MS **OR** Clinically Isolated Syndrome (CIS)* based on **ALL** of the following: • First episode of neurologic symptoms and neurologic deficits concerning for possible demyelinating disease • Symptoms last ≥ 24 hours[43] • Baseline exclusion of appropriate alternative conditions that can mimic MS **OR** Radiologically Isolated Syndrome (RIS)* based on **ALL** of the following: • Individual with brain MRI obtained for unrelated reason with findings conspicuous for demyelinating disease[41]	• MRI Brain without and with contrast (CPT® 70553) **OR** • MRI Brain without contrast (CPT® 70551) if there is a contraindication to gadolinium If optic neuritis** is suspected the following imaging is **ALSO** indicated: • MRI Orbit without and with contrast (CPT® 70543) **OR** • MRI Orbit without contrast (CPT® 70540) ****For additional information related to optic neuritis see Eye Disorders and Visual Loss (HD-32.1)** **AND/OR** • MRI Cervical Spine without and with contrast (CPT® 72156) **OR** • MRI Cervical Spine without contrast (CPT® 72141) **AND/OR** • MRI Thoracic Spine without and with contrast (CPT® 72157) **OR** • MRI Thoracic Spine without contrast (CPT® 72146)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Indication	Supported Imaging
• Baseline exclusion of appropriate alternative conditions that can mimic MS *For more information about CIS and RIS, see ***Background and Supporting Information***	

Repeat Imaging for Unclear Diagnosis

Indication	Supported Imaging
Diagnosis of Multiple Sclerosis remains unclear or equivocal after initial MRI • May repeat imaging 3- 6 months after initial MRI Brain	• MRI Brain without contrast (CPT® 70551) **OR** • MRI Brain without and with contrast (CPT® 70553)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

New Neurologic Symptoms in an Individual with Multiple Sclerosis

Indication	Supported Imaging
New neurologic signs or symptoms in an individual with Multiple Sclerosis and/or concern for a possible diagnosis of demyelinating disease	• MRI Brain without contrast (CPT® 70551) **OR** • MRI Brain without and with contrast (CPT® 70553) If optic neuritis is suspected**, the following imaging is **ALSO** indicated: • MRI Orbit without and with contrast (CPT® 70543) **OR** • MRI Orbit without contrast (CPT® 70540) ****For additional information related to optic neuritis, see Eye Disorders and Visual Loss (HD-32.1)** If there are new or worsening symptoms concerning for spinal cord involvement, the following imaging is **ALSO** indicated: • MRI Cervical Spine without contrast (CPT® 72141) **OR** • MRI Cervical Spine without and with contrast (CPT® 72156) **AND/OR** • MRI Thoracic Spine without contrast (CPT® 72146) **OR** • MRI Thoracic Spine without and with contrast (CPT® 72157)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Baseline Imaging with Disease Modifying Therapy (DMT)

Indication	Supported Imaging
• Before starting **OR** changing disease modifying therapy (DMT)[1] **AND/OR** • 3-6 months after starting or changing DMT to establish a new MRI treatment baseline **AND/OR** • If there are new abnormal MRI Brain findings without clinical symptoms, an additional follow up MRI Brain is supported after 6 months[1]	• MRI Brain without contrast (CPT® 70551) **OR** • MRI Brain without and with contrast (CPT® 70553)

Current Treatment with High Risk Disease Modifying Therapy (DMT)

Indication	Supported Imaging *Every 6 Months*	Supported Imaging *Annually*
Individuals treated with DMT* associated with either the risk of progressive multifocal leukoencephalopathy (PML) **AND/OR** other CNS opportunistic infections * For list of medications, see ***Background and Supporting Information***	• MRI Brain without contrast (CPT® 70551) **OR** • MRI Brain without and with contrast (CPT® 70553)	• MRI Cervical Spine without contrast (CPT® 72141) **OR** • MRI Cervical Spine without and with contrast (CPT® 72156) **AND/OR** • MRI Thoracic Spine without contrast (CPT® 72146) **OR** • MRI Thoracic Spine without and with contrast (CPT® 72157)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Annual Imaging on Low Risk DMT or No Treatment

Indication	Supported Imaging Annually
Individuals with diagnosed Multiple Sclerosis with **EITHER** of the following: • Not treated with disease modifying therapy (DMT)* **OR** • Treated with low risk DMT (beta interferon or glatiramer acetate medications) * For list of DMT medications, see ***Background and Supporting Information***	• MRI Brain without contrast (CPT® 70551) **OR** • MRI Brain without and with contrast (CPT® 70553) **AND/OR** • MRI Cervical Spine without contrast (CPT® 72141) **OR** • MRI Cervical Spine without and with contrast (CPT® 72156) **AND/OR** • MRI Thoracic Spine without contrast (CPT® 72146) **OR** • MRI Thoracic Spine without and with contrast (CPT® 72157)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

History of Clinically Isolated Syndrome (CIS) or Radiologically Isolated Syndrome (RIS)

Indication	Supported Imaging *Annually*
Patient with history of Clinically Isolated Syndrome* (CIS)[1] **OR** Patient with history of Radiologically Isolated Syndrome* (RIS)[1] *For more information about CIS or RIS, see ***Background and Supporting Information***	• MRI Brain without contrast (CPT® 70551) **OR** • MRI Brain without and with contrast (CPT® 70553) If there are new or worsening symptoms concerning for spinal cord involvement, the following imaging is **ALSO** indicated:[1] • MRI Cervical Spine without contrast (CPT® 72141) **OR** • MRI Cervical Spine without and with contrast (CPT® 72156) **AND/OR** • MRI Thoracic Spine without contrast (CPT® 72146) OR • MRI Thoracic Spine without and with contrast (CPT® 72157)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Prolonged Treatment with Tysabri® (natalizumab)

Indication	Supported Imaging *Every 3-6 Months*	Supported Imaging *Annually*
Individuals treated with Tysabri® (natalizumab) with the following medical history: • ≥ 18 months of treatment ◦ During Tysabri® (natalizumab) treatment and up to 9-12 months after transitioning off Tysabri® (natalizumab)[1] **AND** • JC virus antibody positive	• MRI Brain without contrast (CPT® 70551) **OR** • MRI Brain without and with contrast (CPT® 70553)	• MRI Cervical Spine without contrast (CPT® 72141) **OR** • MRI Cervical Spine without and with contrast (CPT® 72156) **AND/OR** • MRI Thoracic Spine without contrast (CPT® 72146) **OR** • MRI Thoracic Spine without and with contrast (CPT® 72157)

Progressive Multifocal Leukoencephalopathy (PML) Evaluation

Indication	Supported Imaging
Symptoms suggestive of PML* during treatment with Tysabri® (natalizumab) or other medication with similar risk * For more information about PML, see ***Background and Supporting Information***	• MRI Brain without contrast (CPT® 70551) **OR** • MRI Brain without and with contrast (CPT® 70553)

Background and Supporting Information

- Multiple sclerosis is an autoimmune disease that is associated with inflammation, demyelination, and neurodegenerative changes within the optic nerves, brain and spinal cord (i.e. central nervous system (CNS)).
- A diagnosis of multiple sclerosis can be established after an individual has at least one clinical event suggestive of central nervous system (CNS) demyelination with

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

evidence of separation of space and time on MRI as well as reasonably excluding other possible conditions that could account for the clinical and imaging findings.[1,45]

- Multiple sclerosis commonly begins with a relapsing-remitting course with partial or complete neurologic recovery following acute events.
  - An acute demyelinating event lasts at least 24 hours or longer
  - Common types of MS relapses include:
    - Unilateral optic neuritis
    - Brainstem or cerebellar syndrome (i.e. trigeminal neuralgia, diplopia or intranuclear ophthalmoplegia (INO), and/or ataxia)
    - Partial transverse myelitis
  - Individuals with multiple sclerosis are most often diagnosed during their twenties or thirties.
  - Females are more frequently diagnosed with multiple sclerosis compared to males.
- The first event concerning for demyelinating disease without meeting criteria for separation of time is known as a clinically isolated syndrome (CIS).[43]
- Individuals who undergo a brain MRI for other indications (i.e. headaches, trauma, seizure) which incidentally reveals abnormalities that are characteristic for demyelination in the absence of clinical symptoms is known as radiologically isolated syndrome (RIS).[41,43,45]
- Progressive Multifocal Leukoencephalopathy (PML) is a progressive multi-focal disease of the central nervous system that can occur in individuals treated with immunosuppressive or immunomodulatory medications.[46]
  - In individuals treated with natalizumab, there is an increased risk of developing PML in individuals who:
    - Received prior immunosuppressive medication, and/or
    - Have a high JC virus antibody index, and/or
    - Received natalizumab for ≥ 18 months[1]
- There is a relatively high incidence of PML in individuals treated with natalizumab although other disease modifying therapies have been associated with PML.[1,46]
- Interferon beta medications include (but are not limited to): Avonex®, Betaseron®, Extavia®, Plegridy®, Rebif®
- Glatiramer acetate medications include (but are not limited to): Copaxone, Glatopa®
- Medications associated with a high risk of PML and/or other CNS opportunistic infections (i.e. herpes encephalitis, cryptococcal meningitis) include (but are not limited to): Tysabri® (natalizumab), Tecfidera® (dimethyl fumarate), Gilenya® (fingolimod), Tascenso® ODT (fingolimod), Aubagio® (teriflunomide), Ocrevus® (ocrelizumab), Kesimpta® (ofatumumab), Mavenclad® (cladribine), Mayzent® (siponimod), Ponvory® (ponesimod), Vumerity® (diroximel fumarate), Zeposia® (ozanimod), Lemtrada® (alemtuzumab), Bafiertam® (monomethyl fumarate), Briumvi® (ublituximab), Rituxan® (rituximab)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Neuromyelitis Optica Spectrum Disorders (HD-16.2)

HD.MS.0016.2.A
v1.0.2025

Initial evaluation of Neuromyelitis Optica (NMO) or Neuromyelitis Optica Spectrum Disorders (NMOSD) with any of the following:

Indication	Supported Imaging
Clinical concern for optic neuritis	• MRI Orbit without and with contrast (CPT® 70543) **OR** • MRI Orbit without contrast (CPT® 70540)
Recurrent hiccups or intractable nausea and/or vomiting (clinical concern for area postrema syndrome)	• MRI Brain without and with contrast (CPT® 70553) **OR** • MRI Brain without contrast (CPT® 70551)
Other neurologic signs or symptoms concerning for brain involvement	• MRI Brain without and with contrast (CPT® 70553) **OR** • MRI Brain without contrast (CPT® 70551)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Indication	Supported Imaging
Clinical concern for transverse myelitis	• MRI Cervical Spine without and with contrast (CPT® 72156) **OR** • MRI Cervical Spine without contrast (CPT® 72141) **AND/OR** • MRI Thoracic Spine without and with contrast (CPT® 72157) **OR** • MRI Thoracic Spine without contrast (CPT® 72146) **AND/OR** Due to potential for conus involvement: • MRI Lumbar Spine without and with contrast (CPT® 72158) **OR** • MRI Lumbar Spine without contrast (CPT® 72148)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Indication	Supported Imaging
Positive NMO antibody test when ordered by a neurologist or any provider in consultation with a neurologist[37]	• MRI Brain without and with contrast (CPT® 70553) **OR** • MRI Brain without contrast (CPT® 70551) **AND/OR** • MRI Orbit without and with contrast (CPT® 70543) **OR** • MRI Orbit without contrast (CPT® 70540) **AND/OR** • MRI Cervical Spine without and with contrast (CPT® 72156) **OR** • MRI Cervical Spine without contrast (CPT® 72141) **AND/OR** • MRI Thoracic Spine without and with contrast (CPT® 72157) **OR** • MRI Thoracic Spine without contrast (CPT® 72146)

Patient with established diagnosis of (NMOSD) with any of the following:

Indication	Supported Imaging
Clinical concern for optic neuritis	• MRI Orbit without and with contrast (CPT® 70543) **OR** • MRI Orbit without contrast (CPT® 70540)
New neurologic signs or symptoms concerning for brain involvement	• MRI Brain without and with contrast (CPT® 70553) **OR** • MRI Brain without contrast (CPT® 70551)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Indication	Supported Imaging
Clinical concern for transverse myelitis	• MRI Cervical Spine without and with contrast (CPT® 72156) **OR** • MRI Cervical Spine without contrast (CPT® 72141) **AND/OR** • MRI Thoracic Spine without and with contrast (CPT® 72157) **OR** • MRI Thoracic Spine without contrast (CPT® 72146) **AND/OR** Due to potential for conus involvement: • MRI Lumbar Spine without and with contrast (CPT® 72158) **OR** • MRI Lumbar Spine without contrast (CPT® 72148)
Repeat imaging may be supported for **ANY** of the following: • Re-establish baseline after starting treatment (typically 3-6 months after last MRI) • Changing disease modifying therapy (DMT) • As requested when ordered by a neurologist, neuro-ophthalmologist, ophthalmologist or any provider in consultation with a neurologist, neuro-ophthalmologist or ophthalmologist[37]	• MRI Brain without and with contrast (CPT® 70553) **OR** • MRI Brain without contrast (CPT® 70551) **AND/OR** • MRI Orbit without and with contrast (CPT® 70543) **OR** • MRI Orbit without contrast (CPT® 70540) **AND/OR** • MRI Cervical Spine without and with contrast (CPT® 72156) **OR** MRI Cervical Spine without contrast (CPT® 72141) **AND/OR** • MRI Thoracic Spine without and with contrast (CPT® 72157) **OR** • MRI Thoracic Spine without contrast (CPT® 72146)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

- For Neuromyelitis Optica Spectrum Disorder with concern for occult neoplasm, see **Paraneoplastic Syndromes (ONC-30.3)** in the Oncology Imaging Guidelines.[53]
- Computed Tomography (CT) scans of the head and/or spine are not recommended for the evaluation of NMOSD due to inferior soft tissue resolution when compared to MRI.[47]
- Quantitative Magnetic Resonance Image (MRI) Analysis of the Brain
  - Volumetric or quantitative analysis of the brain or temporal lobes and hippocampus may be ordered as Quantitative Analysis of the Brain (CPT® 0865T or CPT® 0866T) or 3D rendering (CPT® 76376 and CPT® 76377).
  - These studies lack sufficient specificity and sensitivity to be clinically useful in the evaluation or follow up of individuals with NMOSD. Their use is limited to research studies and are otherwise considered to be not medically necessary in routine clinical practice.

Background and Supporting Information

- Neuromyelitis optica spectrum disorder (NMOSD, Devic's disease) is a chronic inflammatory autoimmune disease that involves the optic nerves, spinal cord and brain.
- Accrual of disability occurs during acute episodes in patients with NMOSD.
  - Even after a single event, severe permanent disability can occur, especially if not treated immediately and appropriately.
  - Unlike multiple sclerosis, it is rare for individuals with NMOSD to develop asymptomatic lesions within the brain, optic nerves and/or spinal cord.[34]
- Core clinical characteristics of NMOSD include[7]
  - Optic neuritis
    - Frequently bilateral optic nerve involvement with severe vision loss
  - Longitudinally extensive transverse myelitis
    - Extends ≥ 3 complete vertebral segments of the spinal cord
  - Area postrema syndrome
    - Otherwise unexplained episode of recurrent hiccups or intractable nausea and vomiting
  - Brainstem or cerebral syndrome with NMOSD typical brain lesions[7]
  - Rarely paraneoplastic syndromes occur with NMO spectrum disorder
  - Medications used for the treatment of NMO spectrum disorders include (but are not limited to) azathioprine, Enspryng® (satralizumab), mycophenolate, Soliris® (eculizumab), rituximab[37], Uplizna® (inebilizumab) and Ultomiris® (ravulizumab)[54]
    - Possible adverse reactions associated with treatment include risk of PML and meningococcal infections.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

- Several medications that are effective in multiple sclerosis, including interferon β, fingolimod, alemtuzumab, and natalizumab are associated with severe outcomes, including catastrophic exacerbations in patients with NMOSD.[35]

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

MOG Antibody-Associated Disease (MOGAD) (HD-16.3)

HD.MS.0016.3.A
v1.0.2025

Initial evaluation of MOG (myelin oligodendrocyte glycoprotein) antibody-associated diseases (MOGAD) with any of the following:

Indication	Supported Imaging
Clinical concern for optic neuritis	• MRI Orbit without and with contrast (CPT® 70543) **OR** • MRI Orbit without contrast (CPT® 70540)
Neurologic signs or symptoms concerning for brain involvement	• MRI Brain without and with contrast (CPT® 70553) **OR** • MRI Brain without contrast (CPT® 70551)
Clinical concern for transverse myelitis	• MRI Cervical Spine without and with contrast (CPT® 72156) **OR** • MRI Cervical Spine without contrast (CPT® 72141) **AND/OR** • MRI Thoracic Spine without and with contrast (CPT® 72157) **OR** • MRI Thoracic Spine without contrast (CPT® 72146) **AND/OR** Due to potential for conus involvement: • MRI Lumbar Spine without and with contrast (CPT® 72158) **OR** • MRI Lumbar Spine without contrast (CPT® 72148)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Indication	Supported Imaging
Positive MOG antibody test when ordered by a neurologist or any provider in consultation with a neurologist[34]	• MRI Brain without and with contrast (CPT® 70553) **OR** • MRI Brain without contrast (CPT® 70551) **AND/OR** • MRI Orbit without and with contrast (CPT® 70543) **OR** • MRI Orbit without contrast (CPT® 70540) **AND/OR** • MRI Cervical Spine without and with contrast (CPT® 72156) **AND/OR** MRI Thoracic Spine without and with contrast (CPT® 72157) **OR** • MRI Cervical Spine without contrast (CPT® 72141) **AND/OR** MRI Thoracic Spine without contrast (CPT® 72146) **AND/OR** Due to potential for conus involvement: • MRI Lumbar Spine without and with contrast (CPT® 72158) **OR** • MRI Lumbar Spine without contrast (CPT® 72148)

Patients with established diagnosis of (MOGAD) with any of the following:

Indication	Supported Imaging
Clinical concern for optic neuritis	• MRI Orbit without and with contrast (CPT® 70543) **OR** • MRI Orbit without contrast (CPT® 70540)
Neurologic signs or symptoms concerning for brain involvement	• MRI Brain without and with contrast (CPT® 70553) **OR** • MRI Brain without contrast (CPT® 70551)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Indication	Supported Imaging
Clinical concern for transverse myelitis	• MRI Cervical Spine without and with contrast (CPT® 72156) **OR** • MRI Cervical Spine without contrast (CPT® 72141) **AND/OR** • MRI Thoracic Spine without and with contrast (CPT® 72157) **OR** • MRI Thoracic Spine without contrast (CPT® 72146) **AND/OR** Due to potential for conus involvement: • MRI Lumbar Spine without and with contrast (CPT® 72158) **OR** • MRI Lumbar Spine without contrast (CPT® 72148)
Repeat imaging may be supported for **ANY** of the following: • Re-establish baseline after starting treatment (typically 3-6 months after last MRI) • Changing disease modifying therapy (DMT) • As requested when ordered by a neurologist, neuro-ophthalmologist, ophthalmologist or any provider in consultation with a neurologist, neuro-ophthalmologist or ophthalmologist[34]	• MRI Brain without and with contrast (CPT® 70553) **OR** • MRI Brain without contrast (CPT® 70551) **AND/OR** • MRI Orbit without and with contrast (CPT® 70543) **OR** • MRI Orbit without contrast (CPT® 70540) **AND/OR** • MRI Cervical Spine without and with contrast (CPT® 72156) **AND/OR** MRI Thoracic Spine without and with contrast (CPT® 72157) **OR** • MRI Cervical Spine without contrast (CPT® 72141) **AND/OR** MRI Thoracic Spine without contrast (CPT® 72146)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

- For MOG (myelin oligodendrocyte glycoprotein) Antibody-Associated Disease with concern for occult neoplasm, see **Paraneoplastic Syndromes (ONC-30.3)** in the Oncology Imaging Guidelines.[52]
- Computed Tomography (CT) scans of the head and/or spine are not recommended for the evaluation of MOG (myelin oligodendrocyte glycoprotein) Antibody-Associated Disease due to inferior soft tissue resolution when compared to MRI.[47]

Background and Supporting Information

- MOG (myelin oligodendrocyte glycoprotein)-IgG disorders are CNS inflammatory diseases, distinct from multiple sclerosis and NMO-spectrum disorders.
- Unlike multiple sclerosis and neuromyelitis optica spectrum disorder (NMOSD), individuals with MOG antibody-associated disease (MOGAD) can have a monophasic or relapsing course.[34]
  - Relapses are more common in the first six months after the first episode.
  - An acute relapse is considered when an individual with MOGAD develops new neurologic signs or symptoms at least 30 days following the previous event.
- Diagnosis is based on the clinical presentation, MRI findings, and the presence of auto-antibodies.
- Clinical features of individuals with MOGAD include[34]
  - Optic neuritis
    - Bilateral optic neuritis is common at onset, and seems to be more frequent in individuals with MOGAD than with those with multiple sclerosis or neuromyelitis optica spectrum disorder (NMOSD).[34]
    - Vision improves quickly with return to normal or near normal visual acuity following treatment with intravenous corticosteroids.[34]
  - Transverse myelitis
    - Cauda equina and peripheral nerve root involvement can occur (lumbar spine imaging is indicated)[45]
    - Can occur as an isolated episode of transverse myelitis, as a component of ADEM or in conjunction with optic neuritis.[34]
    - T2 spinal cord lesions often are centrally located and can be restricted to the grey matter producing the “H sign” on MRI[34]
    - Most T2 lesions resolve or reduce in size substantially on follow up MRI
  - Brainstem encephalitis
  - Encephalitis with seizures[45]
  - Acute disseminated encephalomyelitis (ADEM)
    - Occurs mainly in children but can occur in adults.
  - Tumefactive brain lesions
  - Cranial neuropathies

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

- Unlike multiple sclerosis, it is rare for individuals with MOGAD to develop asymptomatic lesions within the brain, optic nerves and/or spinal cord.[34]

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Transverse Myelitis (HD-16.4)

HD.MS.0016.4.A
v1.0.2025

An initial assessment, to include a pertinent history and neurologic exam, should be performed prior to imaging requests.

Clinical Concern for Transverse Myelitis

Indication	Supported Imaging
Clinical concern for transverse myelitis	• MRI Cervical Spine without and with contrast (CPT® 72156) **OR** • MRI Cervical Spine without contrast (CPT® 72141) **AND/OR** • MRI Thoracic Spine without and with contrast (CPT® 72157) **OR** • MRI Thoracic Spine without contrast (CPT® 72146) **AND/OR** Due to potential for conus involvement: • MRI Lumbar Spine without and with contrast (CPT® 72158) **OR** • MRI Lumbar Spine without contrast (CPT® 72148) **AND/OR** • MRI Brain without and with contrast (CPT® 70553) **OR** • MRI Brain without contrast (CPT® 70551) If optic neuritis is suspected*, the following imaging is **ALSO** indicated: • MRI Orbit without and with contrast (CPT® 70543) **OR** • MRI Orbit without contrast (CPT® 70540) ***For additional information related to optic neuritis see Eye Disorders and Visual Loss (HD-32.1)**

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

New Neurologic Signs or Symptoms

Indication	Supported Imaging
New neurologic signs or symptoms	• MRI Cervical Spine without and with contrast (CPT® 72156) **OR** • MRI Cervical Spine without contrast (CPT® 72141) **AND/OR** • MRI Thoracic Spine without and with contrast (CPT® 72157) **OR** • MRI Thoracic Spine without contrast (CPT® 72146) **AND/OR** • MRI Brain without and with contrast (CPT® 70553) **OR** • MRI Brain without contrast (CPT® 70551) If optic neuritis is suspected*, the following imaging is **ALSO** indicated: • MRI Orbit without and with contrast (CPT® 70543) **OR** • MRI Orbit without contrast (CPT® 70540) ***For additional information related to optic neuritis, see Eye Disorders and Visual Loss (HD-32.1)**

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

History of Transverse Myelitis

Indication	Supported Imaging Annually for 5 years[44]
Individual with a history of transverse myelitis • Ordered by a neurologist or any provider in consultation with a neurologist	• MRI Cervical Spine without and with contrast (CPT® 72156) **OR** • MRI Cervical Spine without contrast (CPT® 72141) **AND/OR** • MRI Thoracic Spine without and with contrast (CPT® 72157) **OR** • MRI Thoracic Spine without contrast (CPT® 72146) **AND/OR** • MRI Brain without and with contrast (CPT® 70553) **OR** • MRI Brain without contrast (CPT® 70551)

- For transverse myelitis with concern for occult neoplasm, see **Paraneoplastic Syndromes (ONC-30.3)** in the Oncology Imaging Guidelines.[22]
- Individuals with transverse myelitis present with various symptoms of sensory, motor and/or autonomic dysfunction.
  - Bilateral signs and/or symptoms (although not necessarily symmetrical)[42]
  - Examination findings may include but are not limited to any of the following:
    - Bilateral limb weakness
    - Loss of manual dexterity
    - New or worsening foot drop
    - Sensory abnormalities
    - Sensory level
    - Hyperreflexia (including upgoing toes, positive Babinski, Hoffman's sign, clonus)
    - Gait abnormality (spastic or ataxic gait)
    - See also: ***Background and Supporting Information***
  - If inflammation is identified within the spinal cord suggestive of transverse myelitis, a brain MRI is recommended to evaluate for a multifocal inflammatory process[42]
- See **Multiple Sclerosis (MS) (HD-16.1)**, **Neuromyelitis Optica Spectrum Disorders (HD-16.2)**, **MOG Antibody-Associated Diseases (MOGAD) (HD-16.3)**

Background and Supporting Information

- Symptoms may include but are not limited to the following:
  - Motor weakness of a limb or limbs, including paraparesis and/or complete paralysis

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

  - Change in sensation in a limb or limbs that may be associated with paresthesias and/or dysthesias.
  - Urinary urgency, incontinence and/or urinary retention
  - Worsening constipation and/or bowel urgency/incontinence
  - Sexual dysfunction
  - Lhermitte's sign
  - New or worsening spasticity
- Acute transverse myelitis is defined as an acute inflammatory syndrome leading to motor and/or sensory impairment, with or without sphincter dysfunction, secondary to a variety of autoimmune or inflammatory diseases.[42]
- Diagnosed by spinal MRI and/or cerebrospinal fluid.
- Individuals typically progress to maximal neurological deficits within 4 weeks.
- Longitudinally extensive transverse myelitis (≥ 3 vertebral segments) is more commonly associated with neuromyelitis optica spectrum disorders (NMOSD) and/or MOG antibody-associated diseases (MOGAD)[34,44]
- Transverse myelitis:
  - May be idiopathic
  - Initial event of multiple sclerosis (see **Multiple Sclerosis (MS) (HD-16.1)**
  - Initial event of neuromyelitis optica spectrum disorder (NMOSD) (see **Neuromyelitis Optica Spectrum Disorders (HD-16.2)**)
  - Initial event of MOG antibody-associated disease (MOGAD) (see **MOG Antibody-Associated Diseases (MOGAD) (HD-16.3)**)
  - May be associated with connective tissue disease
    - Systemic lupus erythematous (SLE)
    - Rheumatoid Arthritis (RA)
    - Sjögren's syndrome
    - Systemic sclerosis
  - Manifestation of neurosarcoidosis (see **Autoimmune/Paraneoplastic Encephalitis & Neuroinflammatory Disorders (HD-14.3)**)
  - Post-infectious and/or post-vaccination related
    - COVID-19 and COVID-19 post-vaccination myelitis cases have been reported (see **Neuro-COVID-19 and Sars-COV-2 Vaccines (HD-14.2)**)
    - May have a prodromal syndrome with fever, respiratory and/or gastrointestinal symptoms[40]
    - May be associated with headache, neck stiffness or recurrence of fever[40]

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Evidence Discussion (HD-16)

v1.0.2025

- Magnetic resonance imaging (MRI) is the recommended imaging modality for the diagnosis and monitoring of multiple sclerosis (MS) and other inflammatory diseases of the central nervous system (CNS). Its high sensitivity for the evaluation of inflammatory and neurodegenerative processes in the brain and spinal cord has made it the gold standard for the evaluation of patients with MS.
- Computed Tomography Scan (CT) is not recommended for the evaluation of MS due to inferior soft tissue resolution when compared to MRI.
- MRI plays an important role in the following clinical scenarios:
  - establishing the diagnosis of multiple sclerosis (MS) by establishing evidence for dissemination in space and time.
  - diagnostic workup. Approximately 50-90% of patients with MS have spinal cord lesions.
  - detecting optic nerve abnormalities in patients with symptoms concerning for optic neuritis.
  - assessment of treatment response and in monitoring for potential treatment related safety concerns. Management and surveillance intervals are primarily consensus based and have been addressed in several evidence and practice based guidelines.
  - evaluation of other central nervous system (CNS) inflammatory diseases, including autoimmune disseminated encephalomyelitis (ADEM), neuromyelitis optica (NMO), myelin oligodendrocyte glycoprotein antibody-associated disease (MOGAD) and transverse myelitis (TM).
  - detecting conus medullaris involvement in patients with myelin oligodendrocyte glycoprotein-associated disease (MOGAD) and transverse myelitis.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (HD-16)

v1.0.2025

1. Wattjes MP, Ciccarelli O, Reich DS, et al. 2021 MAGNIMS-CMSC-NAIMS consensus recommendations on the use of MRI in patients with multiple sclerosis. *The Lancet Neurology*. 2021;20(8):653-670. doi:10.1016/S1474-4422(21)00095-8
2. Thompson AJ, Banwell BL, Barkhof F, et al. Diagnosis of multiple sclerosis: 2017 revisions of the McDonald criteria. *The Lancet Neurology*. 2018;17(2):162-173. doi:10.1016/s1474-4422(17)30470-2
3. Kaunzner UW, Gauthier SA. MRI in the assessment and monitoring of multiple sclerosis: an update on best practice. *Therapeutic Advances in Neurological Disorders*. 2017;10(6):247-261. doi:10.1177/1756285617708911
4. FDA Drug Safety Communication: New risk factor for Progressive Multifocal Leukoencephalopathy (PML) associated with Tysabri (natalizumab). Originally issued February 13, 2018. U S Food and Drug Administration Home Page. https://www.fda.gov/drugs/drug-safety-and-availability/fda-drug-safety-communication-new-risk-factor-progressive-multifocal-leukoencephalopathy-pml
5. Rae-Grant A, Day GS, Marrie RA, et al. Comprehensive systematic review summary: Disease-modifying therapies for adults with multiple sclerosis. *Neurology*. 2018;90(17):789-800. doi:10.1212/wnl.0000000000005345
6. Shosha E, Dubey D, Palace J, et al. Area postrema syndrome. *Neurology*. 2018;91(17). doi:10.1212/wnl.0000000000006392
7. Wingerchuk DM, Banwell B, Bennett JL, et al. International consensus diagnostic criteria for neuromyelitis optica spectrum disorders. *Neurology*. 2015;85(2):177-189. doi:10.1212/wnl.0000000000001729
8. Kaunzner UW, Gauthier SA. MRI in the assessment and monitoring of multiple sclerosis: an update on best practice. *Therapeutic Advances in Neurological Disorders*. 2017;10(6):247-261. doi:10.1177/1756285617708911
9. Expert Panel on Neurologic Imaging:, Kennedy TA, Corey AS, et al. ACR Appropriateness Criteria® Orbits Vision and Visual Loss. *J Am Coll Radiol*. 2018;15(5S):S116-S131. doi:10.1016/j.jacr.2018.03.023
10. Hornby PJ. Central neurocircuitry associated with emesis. *The American Journal of Medicine*. 2001;111(8):106-112. doi:10.1016/s0002-9343(01)00849-x
11. Ciccarelli O, Cohen JA, Reingold SC, et al. Spinal cord involvement in multiple sclerosis and neuromyelitis optica spectrum disorders. *The Lancet Neurology*. 2019;18(2):185-197. doi:10.1016/s1474-4422(18)30460-5
12. Ciron J, Audoin B, Bourre B, et al. Recommendations for the use of Rituximab in neuromyelitis optica spectrum disorders. *Revue Neurologique*. 2018;174(4):255-264. doi:10.1016/j.neurol.2017.11.005
13. Rudie JD, Mattay RR, Schindler M, et al. An Initiative to Reduce Unnecessary Gadolinium-Based Contrast in Multiple Sclerosis Patients. *Journal of the American College of Radiology*. 2019;16(9):1158-1164. doi:10.1016/j.jacr.2019.04.005
14. Major EO. Progressive Multifocal Leukoencephalopathy Lesions and JC Virus. *JAMA Neurology*. 2018;75(7):789. doi:10.1001/jamaneurol.2018.0004
15. Vukusic S, Rollot F, Casey R, et al. Progressive Multifocal Leukoencephalopathy Incidence and Risk Stratification Among Natalizumab Users in France. *JAMA Neurology*. 2020;77(1):94. doi:10.1001/jamaneurol.2019.2670
16. Rae-Grant A, Day GS, Marrie RA, et al. Practice guideline recommendations summary: Disease-modifying therapies for adults with multiple sclerosis: Report of the Guideline Development, Dissemination, and Implementation Subcommittee of the American Academy of Neurology. [published correction appears in Neurology. 2019 Jan 8;92(2):112].*Neurology*. 2018;90(17):777-788. doi:10.1212/WNL.0000000000005347
17. Wattjes MP, Barkhof F. Diagnosis of natalizumab-associated progressive multifocal leukoencephalopathy using MRI. *Current Opinion in Neurology*. 2014;27(3):260-270. doi:10.1097/wco.0000000000000099
18. Bloomgren G, Richman S, Hotermans C, et al. Risk of Natalizumab-Associated Progressive Multifocal Leukoencephalopathy. *New England Journal of Medicine*. 2012;366(20):1870-1880. doi:10.1056/nejmoa1107829
19. Hegen H, Reindl M. Recent developments in MOG-IgG associated neurological disorders. *Ther Adv Neurol Disord*. 2020 Jul 31;13:1756286420945135. doi: 10.1177/1756286420945135

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

20. De Stefano N, Battaglini M, Pareto D, et al. MAGNIMS recommendations for harmonization of MRI data in MS multicenter studies. Neuroimage Clin. 2022;34:102972. doi:10.1016/j.nicl.2022.102972
21. Reich DS, Lucchinetti CF, Calabresi PA. Multiple Sclerosis. N Engl J Med. 2018;378(2):169-180. doi:10.1056/NEJMra1401483
22. Lopez Chiriboga S, Flanagan EP. Myelitis and Other Autoimmune Myelopathies. *CONTINUUM: Lifelong Learning in Neurology*. 2021;27(1):62-92. doi:10.1212/con.0000000000000900
23. Genovese AV, Hagemeier J, Bergsland N, et al. Atrophied Brain T2 Lesion Volume at MRI Is Associated with Disability Progression and Conversion to Secondary Progressive Multiple Sclerosis. *Radiology*. 2019;293(2):424-433. doi:10.1148/radiol.2019190306
24. Jakimovski D, Zivadinov R, Bergsland N, Ramasamy DP, Hagemeier J, Genovese AV, Hojnacki D, Weinstock-Guttman B, Dwyer MG. Clinical feasibility of longitudinal lateral ventricular volume measurements on T2-FLAIR across MRI scanner changes. *Neuroimage Clin*. 2021;29:102554. doi: 10.1016/j.nicl.2020.102554
25. Saslow L, Li DKB, Halper J, et al. An International Standardized Magnetic Resonance Imaging Protocol for Diagnosis and Follow-up of Patients with Multiple Sclerosis. *International Journal of MS Care*. 2020;22(5):226-232. doi:10.7224/1537-2073.2020-094
26. Berger B, Hottenrott T, Rauer S, Stich O. Screening for onconeural antibodies in neuromyelitis optica spectrum disorders. *BMC Neurology*. 2017;17(1). doi:10.1186/s12883-016-0779-9
27. Carnero Contentti E, Correale J. Neuromyelitis optica spectrum disorders: from pathophysiology to therapeutic strategies. *Journal of Neuroinflammation*. 2021;18(1). doi:10.1186/s12974-021-02249-1
28. Juryńczyk M, Weinshenker B, Akman-Demir G, et al. Status of diagnostic approaches to AQP4-IgG seronegative NMO and NMO/MS overlap syndromes. *Journal of Neurology*. 2015;263(1):140-149. doi:10.1007/s00415-015-7952-8
29. Winkelmann A, Loebermann M, Reisinger EC, Hartung H-P, Zettl UK. Disease-modifying therapies and infectious risks in multiple sclerosis. *Nature Reviews Neurology*. 2016;12(4):217-233. doi:10.1038/nrneurol.2016.21
30. Gastaldi M, Marchioni E, Banfi P, et al. Predictors of outcome in a large retrospective cohort of patients with transverse myelitis. Mult Scler. 2018;24(13):1743-1752. doi:10.1177/1352458517731911
31. Lavi ES, Pal A, Bleicher D, Kang K, Sidani C. MR Imaging of the Spine: Urgent and Emergent Indications. Semin Ultrasound CT MR. 2018;39(6):551-569. doi:10.1053/j.sult.2018.10.006
32. Sarbu N, Lolli V, Smirniotopoulos JG. Magnetic resonance imaging in myelopathy: a pictorial review. Clin Imaging. 2019;57:56-68. doi:10.1016/j.clinimag.2019.05.002
33. Stern BJ, Royal W 3rd, Gelfand JM, et al. Definition and Consensus Diagnostic Criteria for Neurosarcoidosis: From the Neurosarcoidosis Consortium Consensus Group. JAMA Neurol. 2018;75(12):1546-1553. doi:10.1001/jamaneurol.2018.2295
34. Banwell B, Bennett JL, Marignier R, et al. Diagnosis of myelin oligodendrocyte glycoprotein antibody-associated disease: International MOGAD Panel proposed criteria.*Lancet Neurol*. 2023;22(3):268-282. doi:10.1016/S1474-4422(22)00431-8
35. Holmoy T, Høglund RA, Illes Z, Myhr KM, Torkildsen Ø. Recent progress in maintenance treatment of neuromyelitis optica spectrum disorder.*J Neurol*. 2021;268(12):4522-4536. doi:10.1007/s00415-020-10235-5
36. Ismail II, Salama S. Association of CNS demyelination and COVID-19 infection: an updated systematic review. *J Neurol*. 2022:269(2):541-576. doi:10.1007/s00415-021-10752-x
37. Jarius S, Aktas O, Ayzenberg I, et al. Update on the diagnosis and treatment of neuromyelits optica spectrum disorders (NMOSD) - revised recommendations of the Neuromyelitis Optica Study Group (NEMOS). Part I: Diagnosis and differential diagnosis. (published online ahead of print, 2023 Apr 6).*J Neurol*. 2023;10.1007/s00415-023-11634-0. doi:10.1007/s00415-023-11634-0
38. Khan E, Shrestha AK, Colantonio MA, Liberio RN, Sriwastava S. Acute transverse myelitis following SARS-CoV-2 vaccination: a case report and review of the literature. *J Neurol*. 2022.269(3):1121-1132. doi:10.1007/s00415-021-10785-2
39. Marrodan M, Hernandez MA, Kohler AA, Correale J. Differential diagnosis in acute inflammatory myelitis. *Multi Scler Relat Disord* 2020:46:102481. doi doi:10.1016/j.msard.2020.102481
40. Murphy OC, Messacar K, Benson L, et al. Acute flaccid myelitis: cause, diagnosis, and management. Lancet. 2021:397(10271):334-346. doi:10.1016/S0140-6736(20)32723-9
41. Okuda DT, Kantarci O, Lebrun-Frénay C, et al. Dimethyl Fumarate Delays Multiple Sclerosis in Radiologically Isolated Syndrome.*Ann Neurol*. 2023;93(3):604-614. doi:10.1002/ana.26555

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

42. Transverse Myelitis Consortium Working Group. Proposed diagnostic criteria and nosology of acute transverse myelitis.*Neurology*. 2002;59(4):499-505. doi:10.1212/wnl.59.4.499
43. Lublin FD, Reingold SC, Cohen JA, et al. Defining the clinical course of multiple sclerosis: the 2013 revisions.*Neurology*. 2014;83(3):278-286. doi:10.1212/WNL.0000000000000560
44. Bulut E, Shoemaker T, Karakaya J, et al. MRI Predictors of Recurrence and Outcome after Acute Transverse Myelitis of Unidentified Etiology.*AJNR Am J Neuroradiol*. 2019;40(8):1427-1432. doi:10.3174/ajnr.A6121
45. Tillema JM. Imaging of Central Nervous System Demyelinating Disorders.*Continuum (Minneap Minn)*. 2023;29(1):292-323. doi:10.1212/CON.0000000000001246
46. Kartau M, Sipilä JO, Auvinen E, Palomäki M, Verkkoniemi-Ahola A. Progressive Multifocal Leukoencephalopathy: Current Insights. Degener Neurol Neuromuscul Dis. 2019;9:109-121. Published 2019 Dec 2. doi:10.2147/DNND.S203405
47. ACR ASNR SPR Practice Parameter for the Performance and Interpretation of Magnetic Resonance Imaging (MRI) of the Brain. Revised 2019.
48. Expert Panel on Neurological Imaging, Agarwal V, Shah LM, et al. ACR Appropriateness Criteria® Myelopathy: 2021 Update.*J Am Coll Radiol*. 2021;18(5S):S73-S82. doi:10.1016/j.jacr.2021.01.020
49. Sastre-Garriga J, Pareto D, Battaglini M, et al. MAGNIMS consensus recommendations on the use of brain and spinal cord atrophy measures in clinical practice.*Nat Rev Neurol*. 2020;16(3):171-182. doi:10.1038/s41582-020-0314-x
50. Shahriari M, Sotirchos ES, Newsome SD, Yousem DM. MOGAD: How It Differs From and Resembles Other Neuroinflammatory Disorders.*AJR Am J Roentgenol*. 2021;216(4):1031-1039. doi:10.2214/AJR.20.24061
51. Trentinaglia M, Dinoto A, Carta S, et al. Investigating the association between neoplasms and MOG antibody-associated disease.*Front Neurol*. 2023;14:1193211. Published 2023 Jun 9. doi:10.3389/fneur.2023.1193211
52. Molazadeh N, Bose G, Lotan I, Levy M. Autoimmune diseases and cancers overlapping with myelin oligodendrocyte glycoprotein antibody-associated disease (MOGAD): A systematic review.*Mult Scler J Exp Transl Clin*. 2022;8(4):20552173221128170. Published 2022 Oct 20. doi:10.1177/20552173221128170
53. Ding M, Lang Y, Cui L. AQP4-IgG positive paraneoplastic NMOSD: A case report and review.*Brain Behav*. 2021;11(10):e2282. doi:10.1002/brb3.2282
54. Kümpfel T, Giglhuber K, Aktas O, et al. Update on the diagnosis and treatment of neuromyelitis optica spectrum disorders (NMOSD) - revised recommendations of the Neuromyelitis Optica Study Group (NEMOS). Part II: Attack therapy and long-term management [published correction appears in J Neurol. 2024 Jun;271(6):3702-3707].*J Neurol*. 2024;271(1):141-176. doi:10.1007/s00415-023-11910-z

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Papilledema/Pseudotumor Cerebri (HD-17)

Guideline

Papilledema/Pseudotumor Cerebri (HD-17.1)
References (HD-17)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Papilledema/Pseudotumor Cerebri (HD-17.1)

HD.PP.0017.1.A
v1.0.2025

- See **Eye Disorders and Visual Loss (HD-32.1)**
- Papilledema and Pseudotumor Cerebri (Idiopathic Intracranial Hypertension, Benign Intracranial Hypertension):
  - MRI Orbits/Face/Neck without contrast (CPT® 70540) **OR** MRI Orbits/Face/Neck without and with contrast (CPT® 70543) **OR** CT Orbits/Temporal bone with contrast (CPT® 70481) **OR** CT Orbit/Temporal bone without contrast (CPT® 70480) **AND/OR** MRI Brain without contrast (CPT® 70551) **OR** MRI Brain with and without contrast (CPT® 70553):
    - Suspected elevated intracranial pressure **AND/OR** papilledema
    - CT Head without contrast (CPT® 70450) can be approved when MRI is contraindicated or for urgent evaluation
    - See **General Guidelines – CT Head (HD-1.4)** regarding required use of CT Head prior to lumbar puncture and/or spinal tap.
    - See **Eye Disorders and Visual Loss (HD-32.1)** regarding concern for orbital pseudotumor or primary orbital disorder.
  - Repeat imaging to evaluate either:
    - Shunt dysfunction in those individuals who have had ventriculoperitoneal (VP) or lumboperitoneal (LP) shunts (See **Hydrocephalus Shunts (HD-11.14)**)
    - Clinical deterioration (with worsening or new neurological signs and symptoms)
  - MRA Head (CPT® 70544, CPT® 70545, or CPT® 70546) or CTA Head (CPT® 70496) may be added for venogram when requested.[2]
    - CT and MR Venography (CTV and MRV) are reported with the same codes as the CTA/MRA counterpart. If arterial and venous CT or MR studies are both performed in the same session, only one CPT® code should be used to report both procedures
    - See **Stroke/TIA (HD-21.1)**

Evidence Discussion (HD-17)

- In the evaluation of suspected or known intracranial hypertension and/or exam findings of papilledema, neuroimaging is helpful for diagnosis, excluding other structural causes, and for the identification of venous outflow obstruction.
- MRI Brain allows detection of findings supportive of intracranial hypertension and detection of structural abnormalities such as mass, edema, or hydrocephalus. MR

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Venogram allows identification of venous sinus stenosis and thrombosis for treatment planning in these scenarios.

- Alternatively, CT Head allows exclusion of secondary causes such as hydrocephalus, mass or edema, particularly in urgent scenarios.CT Venogram allows direct vessel visualization to exclude venous outflow obstruction in these cases.
- In addition, orbital symptoms may be evaluated with either CT Orbits or MRI Orbits, with CT providing superior bony anatomy evaluation and calcification detection and MRI providing superior soft tissue resolution and evaluation of the optic nerve

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

References (HD-17)

v1.0.2025

1. Friedman DI. Papilledema and Idiopathic Intracranial Hypertension. CONTINUUM: Lifelong Learning in Neurology. 2014;20:857-876. doi:10.1212/01.con.0000453314.75261.66
2. Expert Panel on Neurologic Imaging, Pallavi S, Utukuri MD, et al. ACR Appropriateness Criteria® Headache. Available at https://acsearch.acr.org/docs/69482/Narrative/ American College of Radiology.2022.
3. Thurtell MJ. Idiopathic Intracranial Hypertension. CONTINUUM: Lifelong Learning in Neurology. 2019;25(5):1289-1309. doi:10.1212/con.0000000000000770
4. Wall M. Update on Idiopathic Intracranial Hypertension. *Neurologic Clinics*. 2017;35(1):45-57. doi:10.1016/j.ncl.2016.08.004
5. Costello F, Scott JN. Imaging in Neuro-ophthalmology. CONTINUUM: Lifelong Learning in Neurology. 2019;25(5):1438-1490. doi:10.1212/con.0000000000000783
6. Aylward SC, Reem RE. Pediatric Intracranial Hypertension. *Pediatr Neurol*. 2017 Jan;66:32-43. doi: 10.1016/j.pediatrneurol.2016.08.010
7. Expert Panel on Neurologic Imaging:, Kennedy TA, Corey AS, et al. ACR Appropriateness Criteria® Orbits Vision and Visual Loss. J Am Coll Radiol. 2018;15(5S):S116-S131. doi:10.1016/j.jacr.2018.03.023
8. Friedman DI, Jacobson DM. Diagnostic criteria for idiopathic intracranial hypertension. Neurology. 2002;59(10):1492-1495. doi:10.1212/01.wnl.0000029570.69134.1b
9. Barkatullah AF, Leishangthem L, Moss HE. MRI findings as markers of idiopathic intracranial hypertension. Curr Opin Neurol. 2021;34(1):75-83. doi:10.1097/WCO.0000000000000885

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Paresthesias and/ or Weakness (HD-18)

Guideline

Sensory/Weakness Complaints (HD-18.1)
References (HD-18)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Sensory/Weakness Complaints (HD-18.1)

HD.PS.0018.1.A
v1.0.2025

Advanced imaging for complaints of sensory loss and/or paresthesias (see ***Background and Supporting Information***) and/or weakness that are unaccompanied by other symptoms and not preceded by trauma must have the following: a thorough clinical history and a detailed neurological exam (including the symptomatic area).

Imaging for sensory and weakness complaints may be indicated with the following findings:

ANY of the following: • Hyperreflexia • Babinski/Hoffman sign* • Increased tone in affected limb • Bladder and/or bowel dysfunction[4] • Motor symptoms in ANY of the following patterns: ◦ Two limbs on same side of body ◦ Face and limb involvement • Sensory symptoms in ANY of the following patterns: ◦ Two limbs on same side of body ◦ Face and limb involvement *See ***Background and Supporting Information***	• MRI Brain without contrast (CPT® 70551) **OR** • MRI Brain without and with contrast (CPT® 70553) **AND/OR** • MRI Cervical Spine without contrast (CPT® 72141) **OR** • MRI Cervical Spine without and with contrast (CPT® 72156) **AND/OR** • MRI Thoracic Spine without contrast (CPT® 72146) **OR** • MRI Thoracic Spine without and with contrast (CPT® 72157)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Findings Specific to the Spinal Cord	Supported Imaging
ANY of the following: • Decreased pinprick sensation on one side of the body with weakness and decreased proprioception on the other side • Sensory level (also called spinal cord level) on the trunk with sensory loss in both legs • Tight band around the trunk or torso[4] • Pure sensory symptoms with proximal and distal involvement and a symmetric pattern • Decreased or absent reflexes AND noted concern for spinal cord shock or acute spinal cord injury*[4] *See ***Background and Supporting Information***	• MRI Cervical Spine without contrast (CPT® 72141) **OR** • MRI Cervical Spine without and with contrast (CPT® 72156) **AND/OR** • MRI Thoracic Spine without contrast (CPT® 72146) **OR** • MRI Thoracic Spine without and with contrast (CPT® 72157)

Findings Specific to the Terminal End of the Spinal Cord	Supported Imaging
Concern for conus medullaris syndrome.* • Symptoms may include, but are not limited to: ◦ Saddle anesthesia ◦ Urinary retention ◦ Bowel incontinence ◦ Lower limb paresthesias ◦ Lower limb weakness *See ***Background and Supporting Information***	• MRI Lumbar Spine without contrast (CPT® 72148) **OR** • MRI Lumbar Spine without and with contrast (CPT® 72158)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

- MRI Lumbar Spine is not typically indicated to visualize the spinal cord except in the clinical scenarios noted above. MRI Cervical Spine and MRI Thoracic Spine will image the entire spinal cord.
- Findings NOT consistent with central nervous system localization and NOT supporting brain or spinal cord imaging include:
  - Sensory loss that involves the hands and feet and not the trunk
  - Limb pain
- For symptoms after trauma, refer to **Head Trauma (HD-13.1)** and/or the appropriate level in the Spine Imaging Guidelines
- For generalized weakness, polyneuropathy, and/or other patterns of sensory and/or motor symptoms not referenced above, refer to the following guidelines:
  - Myopathy or myositis, see **Muscle Diseases (PN-8.5)** and **Gaucher Disease (Storage Disorders) (PN-8.6)**
  - Motor Neuron Disease or Amyotrophic Lateral Sclerosis (ALS), see **Motor Neuron Disease/Amyotrophic Lateral Sclerosis (ALS) (PN-8.1)**
  - Neuromuscular Junction Disorders, see **Neuromuscular Junction Disorders (PN-8.4)**
  - Multifocal Motor Neuropathy (MMN) and Chronic Inflammatory Demyelinating Polyneuropathy (CIDP), see **Polyneuropathy (PN-3.1)**
  - Polyneuropathy, see **Polyneuropathy (PN-3.1)**
  - Neuropathy with concern for malignancy, see **Paraneoplastic Syndromes (ONC-30.3)** in the Oncology Imaging Guidelines
  - Proximal asymmetric and concern for plexopathy, see **Brachial Plexus (PN-4.1)** and/or **Lumbar and Lumbosacral Plexus (PN-5.1)**
  - Sensory and/or motor symptoms localized to a single nerve, see **Focal Neuropathy (PN-2.1)**
  - Thoracic Outlet Syndrome, see **Thoracic Outlet Syndrome (CH-31.1)** in the Chest Imaging Guidelines
  - Radiculopathy, see appropriate level in the Spine Imaging Guidelines
  - Cauda Equina Syndrome, see **Red Flag Indications (SP-1.2)** in the Spine Imaging Guidelines

Background and Supporting Information

- Paresthesia refers to an abnormal sensation that is associated with nervous system dysfunction and may be described as a tingling, pricking, pins and needles, or a burning sensation. The priority is to determine whether the etiology is due to pathology of the peripheral nervous system (PNS) or central nervous system (CNS).
- A thorough clinical history, including symptom location and time course, can be helpful to differentiate PNS pathologies from CNS. For example, paresthesia affecting one side of the face and/or body (i.e. hemisensory deficit) points strongly towards

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

central nervous system dysfunction. Therefore, brain and/or spinal cord imaging may be supported based on the location of symptoms. Typically, lumbar spine imaging is not supported unless there is sphincter involvement, saddle anesthesia, and/or cauda equina syndrome is suspected. In contrast, an insidious course of distal, symmetric limb paresthesia is more commonly associated with peripheral nerve abnormalities. In such cases, NCS/EMG testing results should be completed prior to advanced imaging. (See *Peripheral Nerve and Neuromuscular Disorders Imaging Guidelines)*.

- Upper motor neuron signs (e.g. increased tone, hyperreflexia, presence of Babinski or Hoffman signs) may support a need for central nervous system imaging.
- Lower motor neuron signs (e.g. decreased tone, hypo- or areflexia, muscle atrophy) may support evaluation for peripheral nervous system diseases. Nerve conduction and needle EMG testing should be completed prior to advanced imaging.
- It is important to note that both peripheral and central nervous system disease can co-exist. As a result, if both upper and lower motor neuron signs are observed simultaneously, advanced imaging may be supported regardless of NCS/EMG testing results, (see **Polyneuropathy (PN-3.1)** in the Peripheral Nerve and Neuromuscular Disorders (PNND) Imaging Guidelines).
- Babinski sign - presence of an upgoing big toe with stimulation of the lateral plantar region of the foot.[14]
- Hoffman sign - involuntary flexion of the fingers, particularly the thumb and index fingers, triggered by flicking the distal segment of the middle finger.[14]
- Spinal cord shock/acute spinal cord injury - occurs after hyperacute or acute injury to the cord and presents with flaccid areflexia below the level of injury. May be associated with hypotension and/or bradycardia if loss of sympathetic tone occurs. Signs may last from days to weeks before upper motor neuron findings develop.[4]
- Conus Medullaris Syndrome - compressive damage to the spinal cord from T12-L2. Symptoms suggestive of conus medullaris syndrome include saddle anesthesia, urinary retention, bowel incontinence, and/or lower extremity motor or sensory changes.[13]

Evidence Discussion (HD-18)

- The imaging modality of choice for the evaluation of signs or symptoms localizing to the spinal cord is with MRI. MRI allows visualization of the soft tissues and structures that comprise the neural axis. Imaging of the cervical and thoracic segments are sufficient to view the entire spinal cord.
- MRI of the lumbar spine is reserved for the evaluation of conus and the cauda equina.
- For evaluation of isolated distal symmetric polyneuropathy, MRI of the brain and/or spine rarely change management in these patients despite being frequently performed. MRI has little role in these scenarios as it evaluates the central nervous system.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

References (HD-18)

v1.0.2025

1. Paresthesia Information Page. National Institute of Neurological Disorders and Stroke. https://www.ninds.nih.gov/Disorders/All-Disorders/Paresthesia-Information-Page
2. Levin MC, By, Professional.Manuals.TopicPage.LastRevisionDate| Content last modified Jan 2019. Numbness - Neurologic Disorders. Merck Manuals Professional Edition. https://www.merckmanuals.com/professional/neurologic-disorders/symptoms-of-neurologic-disorders/numbness
3. London ZN. A Structured Approach to the Diagnosis of Peripheral Nervous System Disorders. CONTINUUM: Lifelong Learning in Neurology. 2020;26(5):1130-1160. doi:10.1212/con.0000000000000922
4. Hardy TA. Spinal Cord Anatomy and Localization. CONTINUUM: Lifelong Learning in Neurology. 2021;27(1):12-29. doi:10.1212/con.0000000000000899
5. Larson ST and Wilbur J. Muscle Weakness in Adults: Evaluation and Differential Diagnosis. Am Fam Physician. 2020;101(2):95-108
6. Filippakis A, Jara J, Ventura N, Scala S, Scopa C, Ruthazer R, Karakis I, Srinivasan J, Russell JA, Ho DT. A prospective study of benign fasciculation syndrome and anxiety. Muscle & nerve. 2018 Dec;58(6):852-4
7. Callaghan BC, Price RS, Feldman EL. Distal Symmetric Polyneuropathy. JAMA. 2015;314(20):2172. doi:10.1001/jama.2015.13611
8. Hughes R. Investigation of peripheral neuropathy. BMJ. 2010;341(nov05 1):c6100-c6100. doi:10.1136/bmj.c6100.6
9. Campbell WW. DeJong's The Neurologic Examination, 7th ed, Lippincott Williams & Wilkins, Philadelphia 2013
10. Wattjes MP, Ciccarelli O, Reich DS, et al. 2021 MAGNIMS-CMSC-NAIMS consensus recommendations on the use of MRI in patients with multiple sclerosis. The Lancet Neurology. 2021;20(8):653-670. doi:10.1016/S1474-4422(21)00095-8
11. Expert Panel on Neurological Imaging, Agarwal V, Shah LM, et al. ACR Appropriateness Criteria® Myelopathy: 2021 Update.J Am Coll Radiol. 2021;18(5S):S73-S82. doi:10.1016/j.jacr.2021.01.020
12. Expert Panel on Neurologic Imaging:, Bykowski J, Aulino JM, et al. ACR Appropriateness Criteria®Plexopathy.*J Am Coll Radiol*. 2017;14(5S):S225-S233. doi:10.1016/j.jacr.2017.02.002

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Pituitary (HD-19)

Guideline

Pituitary (HD-19.1)
Post-Operative and Repeat Imaging Indications (HD-19.2)
Empty Sella Turcica (HD-19.3)
Craniopharyngioma and Other Hypothalamic/Pituitary Region Tumors (HD-19.4)
Evidence Discussion (HD-19)
References (HD-19)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Pituitary (HD-19.1)

HD.PT.0019.1.A
v1.0.2025

- Endocrine laboratory studies should be performed prior to considering advanced imaging, except in the cases of stable, non-functioning microadenomas or macroadenomas, cysts and/or for incidentally found lesions.
- MRI Brain without and with contrast (CPT® 70553) or MRI Brain without contrast (CPT® 70551) with a specific pituitary protocol that includes fine cuts through the sella is the primarily performed pituitary imaging:
  - MRI Orbit/Face/Neck without and with contrast (CPT® 70543) or CT Head without and with contrast (CPT® 70470) are alternatives
  - CT Head without contrast (CPT® 70450) or without and with contrast (CPT® 70470) **AND/OR** CT Maxillofacial without contrast (CPT® 70486) in addition to MRI to visualize perisellar bony structures in the pre-operative evaluation of certain sellar tumors and for pre-operative planning for transphenoidal approaches
    - See **General Guidelines – Anatomic Issues (HD-1.1)** as CT Temporal bone (CPT® 70480) is supported instead of CT Maxillofacial per surgeon's preference and contrast level
  - CTA Head (CPT® 70496) or MRA Head (CPT® 70544, CPT® 70545, or CPT® 70546) for surgical planning
  - MRI Brain without and with contrast (CPT® 70553) covers both brain and dedicated pituitary if performed at the same time; no additional CPT® codes are needed
- Repeat imaging for incidentally found lesions on other studies:
  - MRI Brain without and with contrast (CPT® 70553) or MRI Orbit/Face/Neck without and with contrast (CPT® 70543) follow-up dedicated pituitary study obtained if a pituitary abnormality is reported incidentally on a MRI Brain or CT Head performed for other reasons (MRI Brain without and with contrast [CPT® 70553] covers both brain and dedicated pituitary if performed at the same time; no additional CPT® codes are needed); further evaluation and subsequent imaging dependent on specific imaging and biochemical laboratory evaluation findings.
- Repeat Imaging in the setting of worsening clinical status or new neurologic symptoms
- See **Secondary Amenorrhea (PV-3.1)** in the Pelvic Imaging Guidelines for initial lab and imaging work up to exclude other causes. See Female Hypogonadism or Prolactinoma or other relevant sections in the grid if suspicion for pituitary tumor/ disease.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Pituitary Imaging

Indication	Initial Imaging	Repeat Imaging
Microadenoma: Nonfunctioning, unexplained pituitary asymmetries, or incidentally found small tumors (<10 mm)	• MRI Brain without and with contrast (CPT® 70553) or MRI Brain without contrast (CPT® 70551)	• MRI Brain without and with contrast (CPT® 70553) or MRI Brain without contrast (CPT® 70551) at 12 months and then (if stable in size), every 1-2 years for 3 years, and less frequently thereafter based on clinical status
Macroadenoma (≥10 mm): Nonfunctioning and/ or not surgically removed including those with a post-operative remnant	• MRI Brain without and with contrast (CPT® 70553) or MRI Brain without contrast (CPT® 70551)	• MRI Brain without and with contrast (CPT® 70553) or MRI Brain without contrast (CPT® 70551) every 6 months for the first year and then (if stable in size), every year for 3 years, and less frequently thereafter based on clinical status (longer if craniopharyngioma)
Acromegaly* **(** Elevated IGF-1 confirmed by lack of suppression of growth hormone on glucose suppression testing)	• MRI Brain without and with contrast (CPT® 70553) or MRI Brain without contrast (CPT® 70551)	• MRI Brain without and with contrast (CPT® 70553) or MRI Brain without contrast (CPT® 70551) ◦ At least 12 weeks after surgery to evaluate for residual tumor ◦ If treated with Pegvisomant, 6 to 12 months after treatment initiated, then annually if stable ◦ Long-term follow-up imaging based on clinical and biochemical status at the request of a specialist or any provider in consultation with a specialist

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Indication	Initial Imaging	Repeat Imaging
Cushing's Disease** (Pituitary ACTH excess leading to hypercortisolism)	• MRI Brain without and with contrast (CPT® 70553) or MRI Brain without contrast (CPT® 70551)	• MRI Brain without and with contrast (CPT® 70553) or MRI Brain without contrast (CPT® 70551) ◦ At least 12 weeks after surgery as new baseline ◦ Annually after bilateral adrenalectomy for Cushing's disease or ectopic ACTH production ◦ Long-term follow-up imaging based on clinical and biochemical status at the request of a specialist or any provider in consultation with a specialist
Rathke's cleft cyst/ Simple cyst	• MRI Brain without and with contrast (CPT® 70553) or MRI Brain without contrast (CPT® 70551)	• MRI Brain without and with contrast (CPT® 70553) or MRI Brain without contrast (CPT® 70551) in one year; if stable and without mass effect or invasion into surrounding structures, no further imaging is required.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Indication	Supported Imaging
Prolactinomas* **	• MRI Brain without and with contrast (CPT® 70553) or MRI Brain without contrast (CPT® 70551) with: ◦ Diagnosis: ▪ Unexplained prolactin level above the normal range ◦ On Dopamine Agonist (DA) therapy with good response: ▪ Macroadenomas 3 months after start of DA therapy ▪ Microadenomas 1 year after start of DA therapy ▪ To decide on stoppage of therapy after ~2 years if in “remission” (normal PRL and no visible tumor on MRI) ◦ On Dopamine Agonist therapy with suboptimal response: ▪ PRL levels rise ▪ New symptoms develop (galactorrhea, vision changes, headaches, pituitary deficiency) ▪ If on high dose maximal DA and no plans for surgery/radiation therapy use guideline for microadenoma or macroadenoma ◦ After Dopamine Agonist therapy: ▪ Rise in PRL level ▪ For DA stoppage at menopause, use guideline for microadenoma or macroadenoma ◦ Not on therapy – refer to recommendations for repeat imaging for microadenoma or macroadenoma ◦ Galactorrhea/nipple discharge with normal prolactin and thyroid function levels: See **Nipple Discharge/Galactorrhea (BR-6.1)** in the Breast Imaging Guidelines
Medication-induced Prolactinemia ****	• To differentiate between medication-induced hyperprolactinemia and hyperprolactinemia due to a pituitary or hypothalamic mass if the medication cannot be discontinued or hyperprolactinemia persists after medication discontinuation[22]

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Indication	Supported Imaging
TSH, FSH, or LH producing adenomas (inappropriate pituitary hypersecretion of TSH, FSH or LH)** *	• MRI Brain without and with contrast (CPT® 70553) or MRI Brain without contrast (CPT® 70551) when hormone levels are inappropriately elevated and there is a concern for a pituitary lesion. • Refer to appropriate post-operative, or Microadenoma/ Macroadenoma guidelines based on the size of the lesion and initial management. ◦ Long-term follow-up imaging based on clinical and biochemical status at the request of a specialist or any provider in consultation with a specialist
Male Hypogonadism*** *	• MRI Brain without and with contrast (CPT® 70553) or MRI Brain without contrast (CPT® 70551) if **ONE** of the following: ◦ Severe secondary hypogonadism (as indicated by morning serum testosterone level <150 ng/dl and low or normal LH and FSH levels) (See ***Background and Supporting Information***) ◦ Below normal testosterone level (serum total testosterone, free testosterone and/or bioavailable morning testosterone) AND low or normal LH and FSH levels, in an individual with either: ▪ Panhypopituitarism ▪ Hyperprolactinemia ▪ Signs of tumor mass effect (headache, visual impairment, or visual field deficit) ▪ Elevated sex hormone binding globulin (SHBG)
Female Hypogonadism (Secondary Amenorrhea may be a feature)[25]	• MRI Brain without and with contrast (CPT® 70553) or MRI Brain without contrast (CPT® 70551) for normal or low FSH with low estradiol (LH may be normal or low also)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Indication	Supported Imaging
Growth Hormone Deficiency (Adult onset) [25]	MRI Brain without and with contrast (CPT® 70553) or MRI Brain without contrast (CPT® 70551) for the following: • Low Growth Hormone (GH) **OR** • Low IGF-1 **AND** • One abnormal provocative test (likely will be Glucagon Stimulation test as GNRH is unavailable and Insulin Tolerance test poses risks) • If 3 or more pituitary hormones are deficient (including GH), then provocative test is not needed.
Secondary (Central) Adrenal Insufficiency [25]	MRI Brain without and with contrast (CPT® 70553) or MRI Brain without contrast (CPT® 70551) for the following: • ACTH is low or normal at 10 or lower **AND** • Low baseline cortisol level < 3 µg/dL **OR** • abnormal ACTH stimulation test with suboptimal cortisol stimulation where cortisol does not reach above 18 µg/dL
Central Hypothyroidism [25]	• MRI Brain without and with contrast (CPT® 70553) or MRI Brain without contrast (CPT® 70551) for the following: ◦ Low free T4 with normal, low or mildly elevated TSH
Hypopituitarism **(deficiency of one or more pituitary hormones)**	• MRI Brain without and with contrast (CPT® 70553) or MRI Brain without contrast (CPT® 70551)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Indication	Initial Imaging	Repeat Imaging for Non-Operative Care
Diabetes Insipidus (DI) - ADH deficiency	• MRI Brain without and with contrast (CPT® 70553) or MRI Brain without contrast (CPT® 70551) if: ◦ Laboratory testing consistent with DI (serum osmolality should be high and urine osmolality should be low) and etiology uncertain	NA
Syndrome of Inappropriate ADH (SIADH)	• MRI Brain without and with contrast (CPT® 70553)) or MRI Brain without contrast (CPT® 70551) if: ◦ Etiology remains uncertain or is thought to be in the nervous system; ◦ Urine osmolality should be high and serum osmolality low	NA
Other Pituitary Region Tumors	• Evaluation may require CT in addition to MRI to evaluate for hyperostosis.	

Background and Supporting Information

- ***Acromegaly:** A serum level of growth hormone greater than 1ng/mL when measured two hours following an oral glucose load confirms acromegaly.
- ****Cushing's Disease:** It is important to differentiate Cushing's syndrome (hypercortisolism from any source) from Cushing's disease which is ACTH hypersecretion from the pituitary gland. Hypercortisolism is quantified by 24hour urine cortisol collection, low dose dexamethasone suppression test and/or late night salivary cortisol measurement. ACTH is elevated or inappropriately normal in Cushing's disease and ectopic sources of ACTH production, but suppressed in other causes of hypercortisolism.[26] A high dose dexamethasone suppression test can help determine if the elevated ACTH is from a pituitary or ectopic source. Petrosal sinus sampling may be required for tumor localization pre-operatively in the setting of a normal pituitary MRI or a small adenoma. These tumors may be managed with surgery, medical therapy, radiation and/or bilateral adrenalectomy.
- ***Prolactinoma:** To establish the diagnosis of hyperprolactinemia, a single measurement of serum prolactin is recommended; a level above the upper limit of normal confirms the diagnosis as long as the serum sample was obtained without excessive venipuncture stress. Pregnancy and primary hypothyroidism should be excluded as physiologic causes of prolactin elevation and medications that may be contributing to prolactin elevation should be considered. Dopamine agonist therapy

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

is typically stopped during pregnancy, monitoring of prolactin levels ceases. Routine imaging surveillance during pregnancy is not recommended due to risk to fetus. Repeat imaging with MRI without gadolinium can be performed however for new or worsening symptoms, such as headaches or visual symptoms.

- **** **Medication-induced prolactin elevation** : Medication induced hyperprolactinemia is seen most commonly with antipsychotics/neuroleptics and antidepressants, but may also be seen with some anti-emetics and antihypertensive agents. In individuals on prolactin elevating drugs, a prolactin level should be repeated after withdrawal of medications for 72 h, however, this approach may not be safe if this treatment is offered for psychiatric indications. If stopping the drug is not feasible, pituitary MRI is advised to rule out a sellar/parasellar tumor.[22]
- *****TSH, FSH, or LH producing adenomas:** These are the least common of all hormonally active pituitary tumors. Individuals with TSH secreting adenomas have inappropriate TSH elevation in the setting of hyperthyroidism (elevated thyroid hormone levels). Almost all gonadotroph adenomas are clinically non-functioning. The infrequent presentation of a functioning gonadotroph adenoma should be differentiated clinically from appropriate FSH and LH elevation seen in low estrogen states (including menopause) as well as primary hypogonadism (testicular failure). Functioning TSH, FSH or LH pituitary adenomas may be managed with surgical, radiation and/or medical therapies.
- ******Male Hypogonadism:** Alterations in sex hormone-binding globulin (SHBG) can impact testosterone levels. Free or bioavailable testosterone concentrations should be measured when total testosterone concentrations are close to the lower limit of the normal range and when altered SHBG levels are suspected (e.g. moderate obesity, nephrotic syndrome, hypo- and hyperthyroidism, use of glucocorticoids, progestins, estrogens, and androgenic steroids, anticonvulsants, acromegaly, diabetes mellitus, aging, HIV disease, liver cirrhosis, hepatitis). LH and FSH should be obtained to evaluate for secondary (central) hypogonadism, once low testosterone level is confirmed. Morning testosterone level is drawn anytime before 10 am for a typical sleep-wake cycle.
- Central hypothyroidism is an anatomic or functional disorder of the pituitary gland or the hypothalamus, resulting in altered TSH secretion. Diagnosis is usually made biochemically with low circulating free T4 (FT4) concentrations associated with low/normal serum TSH levels.[24]

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Post-Operative and Repeat Imaging Indications (HD-19.2)

HD.PT.0019.2.A

v1.0.2025

- For imaging in the immediate post-operative period or for acute surgical complications
  - See **Primary Central Nervous System Tumors (ONC-2.1)** in the Oncology Imaging Guidelines**.**
- A routine post-operative MRI is generally done at 3 months and/or at the discretion of, or in consultation with an Endocrinologist, Neurologist, Neurosurgeon, ENT, Ophthalmologist, Neuro-Ophthalmologist or Radiation Oncologist.
- Frequency of follow-up imaging depends on the post-operative size and/or functional status of the pituitary adenoma. Refer to the grid sections for Microadenoma/ Macroadenoma as well as those for disorders of pituitary hormone excess.
- Individuals with hyper-functioning tumors such as acromegaly, Cushing's disease, and excess TSH secretion may be treated with a combination of surgery, medical therapy and radiation. Long-term monitoring of clinical status and repeat imaging at the discretion of, or in consultation with an Endocrinologist, Neurologist, Neurosurgeon, ENT, Ophthalmologist, Neuro-Ophthalmologist or Radiation Oncologist.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Empty Sella Turcica (HD-19.3)

HD.DPT.0019.3.A

v1.0.2025

- Enlarged/Empty Sella Turcica: An enlarged sella turcica without evident tumor is an incidental finding on MRI Brain or CT Head from a defect in the dural diaphragm of the sella (especially if there is elevated intracranial pressure from another cause), pituitary surgery, or as a result of a pituitary tumor which has expanded the sella and then infarcted (pituitary apoplexy).
- MRI Brain with and without contrast (pituitary protocol) (CPT® 70553) with thin sections of pituitary or MRI Brain without contrast (CPT® 70551) is supported. CT Head with and without contrast (CPT® 70470) – If MRI is contraindicated.
  - Primary Empty Sella:
    - Incidentally found on other studies, asymptomatic and no related abnormalities: follow up at 2 years. No further imaging unless clinical symptoms develop (neuro-/ophthalmological symptoms, intracranial hypertension, or endocrine/ hormonal abnormalities).
    - Following medical or surgical treatment of related endocrine, neurological, or ophthalmological problems: follow-up imaging every 6 months in the year after treatment and/or at the request of a specialist or any provider in consultation with a specialist (see **Papilledema/Pseudotumor Cerebri (HD-17.1)** for additional imaging recommendations)
  - Secondary Empty Sella
    - Imaging according to the cause or if clinical disease progression (such as adenomas, infiltrative or malignant disorders, hormonal abnormalities, neuro-/ ophthalmological symptoms)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Craniopharyngioma and Other Hypothalamic/Pituitary Region Tumors (HD-19.4)

HD.DPT.0019.4.A

v1.0.2025

- See **Craniopharyngioma and Other Hypothalamic/Pituitary Region Tumors (PEDONC-4.10)**

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Evidence Discussion (HD-19)

v1.0.2025

- MRI imaging of the Sella region using high-resolution pituitary protocols is the preferred diagnostic imaging modality for evaluation of the pituitary and sellar regions and is considered the gold standard for imaging the pituitary gland when there is suspicion of hypothalamic pituitary disease.
- Both the anatomy and pathology of the pituitary gland and surrounding areas including optic chiasm, infundibulum and vascular structures, as well as an empty sella, are reliably depicted on MRI.
- MRI is the most sensitive imaging study for evaluating pituitary disease.
- CT of the Sella can be used to detect bone destructive lesions of the skull base, such as craniopharyngiomas, menigiomas, or larger pituitary macroadenomas, but CT is insensitive when compared to MRI for pituitary pathology.
- MRI utilizes a magnetic field and radio waves with computer processing to produce detailed images whereas CT uses ionizing radiation. Radiation dosages vary based on many factors and can be harmful to tissues. Thus, from radiation safety perspective MRI should be utilized when appropriate and supported by existing literature.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

References (HD-19)

v1.0.2025

1. American Association of Clinical Endocrinologists Medical Guidelines for Clinical Practice for the Evaluation and Treatment of Hypogonadism in Adult Male Patients—2002 Update. *Endocrine Practice*. 2002;8(6):439-456. doi:10.4158/ep.8.6.439
2. Katznelson L, Laws ER, Melmed S, et al. Acromegaly: An Endocrine Society Clinical Practice Guideline. *The Journal of Clinical Endocrinology & Metabolism*. 2014;99(11):3933-3951. doi:10.1210/jc.2014-2700
3. Melmed S, Casanueva FF, Hoffman AR, et al. Diagnosis and Treatment of Hyperprolactinemia: An Endocrine Society Clinical Practice Guideline. *The Journal of Clinical Endocrinology & Metabolism*. 2011;96(2):273-288. doi:10.1210/jc.2010-1692
4. Hoang JK Hoffman AR, González RG, et al. Management of Incidental Pituitary Findings on CT, MRI, and 18 F-Fluorodeoxyglucose PET: A White Paper of the ACR Incidental Findings Committee. *Journal of the American College of Radiology*. 2018;15(7):966-972. doi:10.1016/j.jacr.2018.03.037
5. Marinis LD, Bonadonna S, Bianchi A, Maira G, Giustina A. Primary Empty Sella. *The Journal of Clinical Endocrinology & Metabolism*. 2005;90(9):5471-5477. doi:10.1210/jc.2005-0288
6. Chiloiro S, Giampietro A, Bianchi A, et al. DIAGNOSIS OF ENDOCRINE DISEASE: Primary empty sella: a comprehensive review. *European Journal of Endocrinology*. 2017;177(6). doi:10.1530/eje-17-0505
7. Freda PU, Beckers AM, Katznelson L, et al. Pituitary Incidentaloma: An Endocrine Society Clinical Practice Guideline. *The Journal of Clinical Endocrinology & Metabolism*. 2011;96(4):894-904. doi:10.1210/jc.2010-1048
8. Expert Panel on Neurologic Imaging:, Burns J, Policeni B, et al. ACR Appropriateness Criteria® Neuroendocrine Imaging. J Am Coll Radiol. 2019;16(5S):S161-S173. doi:10.1016/j.jacr.2019.02.017
9. Thompson CJ et al.eds. Melmed S et al. Chapter 10: Posterior Pituitary. In: *Williams Textbook of Endocrinology*, 14th ed., 2019: 303-330
10. Cooke DW et al.eds. Melmed S et al. Chapter 25: Normal and Aberrant Growth in Children. In: *Williams Textbook of Endocrinology*, 14th ed. 2019: 937-1022
11. Styne DM. eds. Melmed S et al. Chapter 26: Physiology and Disorders of Puberty. In: *Williams Textbook of Endocrinology*, 14th ed. 2019: 1023-1164
12. Bhasin S, Brito JP, Cunningham GR, et al. Testosterone Therapy in Men With Hypogonadism: An Endocrine Society* Clinical Practice Guideline. *The Journal of Clinical Endocrinology & Metabolism*. 2018;103(5):1715-1744. doi:10.1210/jc.2018-00229
13. Chen CC, Carter BS, Wang R, et al. Congress of Neurological Surgeons Systematic Review and Evidence-Based Guideline on Preoperative Imaging Assessment of Patients With Suspected Nonfunctioning Pituitary Adenomas. *Neurosurgery*. 2016;79(4). Pp E524-526. doi:10.1227/neu.0000000000001391
14. Nieman LK, Biller BMK, Findling JW, et al. Treatment of Cushing's Syndrome: An Endocrine Society Clinical Practice Guideline. *The Journal of Clinical Endocrinology & Metabolism.* 2015;100(8):2807-2831. doi:10.1210/jc.2015-1818
15. Woodmansee WW, Carmichael J, Kelly D, Katznelson L. American Association Of Clinical Endocrinologists And American College Of Endocrinology Disease State Clinical Review: Postoperative Management Following Pituitary Surgery. *Endocrine Practice*. 2015;21(7):832-838. doi:10.4158/ep14541.dscr
16. Ziu M, Dunn IF, Hess C, et al. Congress of Neurological Surgeons Systematic Review and Evidence-Based Guideline on Posttreatment Follow-up Evaluation of Patients With Nonfunctioning Pituitary Adenomas. *Neurosurgery*. 2016;79(4):E541-E543. doi:10.1227/neu.0000000000001392
17. Jane JA, Jr. Surgical Treatment of Pituitary Adenomas. (Updated 10/4/2019). In: Feingold KR, Anawalt B, Boyce A, et al. eds. Endotext [Internet]. South Dartmouth (MA): MD Text com, Inc; 2000
18. Cardinale F, Pero G, Quilici L, et al. Cerebral Angiography for Multimodal Surgical Planning in Epilepsy Surgery: Description of a New Three-Dimensional Technique and Literature Review. *World Neurosurgery*. 2015;84(2):358-367. doi:10.1016/j.wneu.2015.03.028
19. Prevedello D, Otto B, Carrau R, de Lara D, Ditzel Filho LeoFS. Application of Image Guidance in Pituitary Surgery. *Surgical Neurology International*. 2012;3(3):73. doi:10.4103/2152-7806.95418

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

20. Guo Z, Liu C, Hou H, et al. Preoperative Computed Tomography (CT) Evaluation of Anatomical Abnormalities in Endonasal Transsphenoidal Approach in Pituitary Adenoma. *Medical Science Monitor*. 2018;24:1268-1275. doi:10.12659/msm.904402
21. Aghi MK, Chen CC, Fleseriu M, et al. Congress of Neurological Surgeons Systematic Review and Evidence-Based Guidelines on the Management of Patients With Nonfunctioning Pituitary Adenomas. *Neurosurgery*. 2016;79(4):521-523. doi:10.1227/neu.0000000000001386
22. Samperi I, Lithgow K, Karavitaki N. Hyperprolactinaemia. *Journal of Clinical Medicine*. 2019;8(12):2203. doi:10.3390/jcm8122203
23. Esposito D, Olsson DS, Ragnarsson O, Buchfelder M, Skoglund T, Johannsson G. Non-functioning pituitary adenomas: indications for pituitary surgery and post-surgical management. *Pituitary*. 2019;22(4):422-434. doi:10.1007/s11102-019-00960
24. Persani L. Central Hypothyroidism: Pathogenic, Diagnostic, and Therapeutic Challenges. *The Journal of Clinical Endocrinology & Metabolism*. 2012;97(9):3068-3078. doi:10.1210/jc.2012-1616
25. Fleseriu M, Hashim IA, Karavitaki N, et al. Hormonal Replacement in Hypopituitarism in Adults: An Endocrine Society Clinical Practice Guideline.*J Clin Endocrinol Metab*. 2016;101(11):3888-3921. doi:10.1210/jc.2016-2118
26. Sharma ST; AACE Adrenal Scientific Committee. AN INDIVIDUALIZED APPROACH TO THE EVALUATION OF CUSHING SYNDROME.*Endocr Pract*. 2017;23(6):726-737. doi:10.4158/EP161721.RA
27. American College of Radiology. ACR practice parameter for performing and interpreting magnetic resonance imaging (MRI). Available at: https://www.acr.org/-/media/ACR/Files/Practice-Parameters/MR-PerfInterpret.pdf?la=en. America College of Radiology. Revised 2022.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Scalp and Skull (HD-20)

Guideline

Scalp and Skull Lesions (HD-20.1)
Skull Base Osteomyelitis (SBO) (HD-20.2)
References (HD-20)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Scalp and Skull Lesions (HD-20.1)

HD.SK.0020.1.A
v1.0.2025

The majority of these are benign soft tissue or bony lesions easily defined by physical examination or with skull x-rays or ultrasound.

- Ultrasound is the initial imaging of scalp lesions[6]
- X-ray is the initial imaging of skull (bony) lesions[6]
- CT Head without or without and with contrast (CPT® 70450 or CPT® 70470) is indicated for the following scenarios:
  - Any lesion on physician examination and skull x-ray or ultrasound which is not clearly benign.
  - In cases where surgical planning is in progress, x-rays and/or ultrasound are not required.
  - When bony lesions are detected on physical examination with any of the following:[6]
    - Signs or symptoms of Langerhan's cell histiocytosis
    - Signs or symptoms of multiple myeloma
    - History of a cancer condition with a suspicion of metastasis
    - History of Paget's disease
    - History of radiation therapy to the head region
- MRI Brain without contrast (CPT® 70551) or MRI Brain with and without contrast (CPT® 70553) if there is concern for intracranial extension.
- See **Dental/Periodontal/Maxillofacial Imaging (HD-30.2)** for mandibular masses
- The following imaging is indicated for children and adults with Pott Puffy Tumor:
  - MRI Brain without and with contrast (CPT®70553) or CT Head without and with contrast (CPT® 70470)[4]
  - Repeat imaging is supported if requested by a neurologist, neurosurgeon, otolaryngologist (ENT) and/or oromaxillofacial surgeon (OMS) or any provider coordinating care with a neurologist, neurosurgeon, otolaryngologist (ENT) and/or oromaxillofacial surgeon (OMS)

Background and Supporting Information

Pott Puffy Tumor is an abscess involving the frontal bone with adjacent osteomyelitis as the result of a frontal sinus infection that spreads contiguously through the wall of the sinus or through hematogenous spread via the veins that drain sinus mucosa.[4]

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Evidence Discussion (HD-20.1)

- The ACR Practice Parameter or the Performance of Computed Tomography (CT) of the head and of the extracranial head and neck gives a broad description of some of the pathologies that would be beneficially imaged using this modality, and points out that the reason for imaging must be for a valid medical reason and should be done with the aim for using only the minimum necessary radiation. This in some cases requires the use of additional modalities.
- The majority of skull lesions is benign, but advanced imaging characteristics may aid in defining the lesion as having a relatively high pretest probability of malignancy (prior to histological confirmation). However, clinical contextual information is necessary to help decide which patients would benefit from advanced imaging including the patient's age and features of the patient's presenting history.
- Ultrasound offers many radiographic advantages for the characterization of scalp masses, which are not visualized by CT or MRI, the primary goal being to differentiate benign vs. malignant scalp masses. Cancers of the scalp represent 2% of all skin cancers. In both squamous and basal cell carcinomas, the US shows hypoechoic solid tumors with increased vascularity, and basal cell pathology can also consist of hyperechoic spots internally.
- In folliculotropic mycosis fungoides (FMF), the most common manifestation of cutaneous T-cell lymphoma, the sonographic features include skin thickening, and hypoechoic upper dermis and hair follicles, with large surrounding hyperechoic deposits.
- Skull (bony) lesions are most often discovered incidentally either clinically or as a result of CT or MRI of the brain performed for another indication, and these skull masses can be either malignant or benign. The patient history is essential to understand along with the imaging characteristics in order to obtain accurate diagnosis. Radiographic features, both CT- and MRI- specific can be used to differentiate between benign and malignant lesions, identifying whether lesions have well-defined borders, sclerotic margins and a narrow transition zone.
- The presence of bony destruction is a useful observation, periosteal reaction, soft tissue component, and intracranial or extracranial extension can be identified as malignant features in addition, and patterns such as lytic vs. sclerotic, dingle vs multiple, homogeneous vs varied composition also can give helpful information for diagnosis, and various patterns are recognizable that may support the tissue type of origin such as fibrogenic, chondrogenic, osteogenic, vascular, etc.
- Plain radiograph can identify some of these features as a first diagnostic study, but advanced imaging may be necessary, in conjunction with x-ray, and at times CT and MRI are useful as complementary studies.
- Pott puffy tumor is a rare complication of sinusitis or trauma, and early diagnosis is important since it is treatable with broad spectrum antibiotics, therefore advanced imaging is indicated with a clinical suspicion.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Skull Base Osteomyelitis (SBO) (HD-20.2)

HD.SK.0020.2.A

v1.0.2025

- Note: SBO may occur from the temporal bones or paranasal sinuses and imaging should be of the region of origin
- Neuroimaging is indicated in the diagnosis and treatment of skull base osteomyelitis and necrotizing external otitis. The following advanced imaging studies for the diagnosis of skull base osteomyelitis and necrotizing external otitis:
  - MRI Brain without and with contrast (CPT® 70553)
    - Will be positive earliest in disease
  - CT Head without contrast (CPT® 70450), CT Temporal bone without contrast (CPT® 70480), CT Temporal bone with contrast (CPT® 70481), CT Maxillofacial without contrast (CPT® 70486), CT Maxillofacial with contrast (CPT® 70487) or CT Neck with (CPT® 70491)
    - Will best define bony destruction, but is positive later in disease
  - Gallium-67 Scan (CPT® 78800 or 78801, and 78803, 78831, 78830 or 78832)[2]
  - Bone Scan (CPT® 78830 or 78832)[2]
    - Skull base osteomyelitis: + Gallium and + Bone scan
    - Necrotizing otitis externa: + Gallium and - Bone scan
  - Indium WBC (CPT® 78800 or 78801, and 78803, 78831, 78830 or 78832) may be substituted for or used in addition to Gallium scanning to evaluate response to therapy and especially in cases that have undergone surgical debridement.[2]
- Treatment response: Gallium-67 Scan every 4-6 weeks till scan is negative[2]
- Surveillance Scanning: Gallium-67 Scan at 4 weeks and 3 months post-treatment[2]

Background and Supporting Information

Skull based osteomyelitis is a rare complication of otitis externa. It occurs most commonly among the immunocompromised, older members (greater than 65 years of age) and members with diabetes.[5]

Evidence Discussion (HD-20.2)

- CT, although involves radiation, is more readily available and provides superior information regarding bony erosion and/or demineralization in the patient with suspected osteomyelitis.
- MRI can assist with early detection of bone changes in as early as 3-5 days from onset of osteomyelitis. In cases of diabetic osteomyelitis MRI provides a sensitivity of

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

90% and a specificity of 79%. MRI provides superior soft tissue detail and intracranial involvement secondary to its superior resolution when compared to CT for evaluation of skull based osteomyelitis.

- Both nuclear imaging by means of Technetium 99m (^{99m}Tc) and Gallium 67 (^{67}Ga) scan can assist in localizing infection. The Gallium scan is often used to determine the resolution of the infection and thus the end of antibiotic therapy. The Technetium 99m scan can be useful for detecting the infection however often times remains positive prolonged period of time, and thus should not be used to determine resolution of infection.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

References (HD-20)

v1.0.2025

1. ACR-ASNR-SPR Practice Parameter for the Performance of Computed Tomography (CT) of the Extracranial Head and Neck Revised 2021. (Resolution 5). https://www.acr.org/-/media/ACR/Files/Practice-Parameters/CT-Head-Neck
2. Khan M, Quadri SQ, Kazmi A, et al. A comprehensive review of skull base osteomyelitis: Diagnostic and therapeutic challenges among various presentations. *Asian Journal of Neurosurgery*. 2018;13(4):959. doi:10.4103/ajns.ajns_90_17
3. Expert Panel on Neurologic Imaging:, Kirsch CFE, Bykowski J, et al. ACR Appropriateness Criteria® Sinonasal Disease. *J Am Coll Radiol*. 2017;14(11S):S550-S559. doi:10.1016/j.jacr.2017.08.041
4. Barnett RR, Piazza MG, Elton SW. Pediatric Neurosurgery in Primary Care: Masses of the Scalp and Skull in Children.*Pediatr Clin North Am*. 2021;68(4):743-757. doi:10.1016/j.pcl.2021.04.003
5. Treviño González JL, Reyes Suárez LL, Hernández de León JE. Malignant otitis externa: An updated review. Am J Otolaryngol. 2021 Mar-Apr;42(2):102894. doi: 10.1016/j.amjoto.2020.102894. Epub 2021 Jan 5. PMID: 33429178
6. Gomez CK, Schiffman SR, Bhatt AA. Radiological review of skull lesions. Insights Imaging. 2018 Oct;9(5):857-882. doi: 10.1007/s13244-018-0643-0. Epub 2018 Sep 19. PMID: 30232767; PMCID: PMC6206383
7. ACR–ASNR–SPR PRACTICE PARAMETER FOR THE PERFORMANCE OF COMPUTED TOMOGRAPHY (CT) OF THE HEAD https://www.acr.org/-/media/ACR/Files/Practice-Parameters/CTHead.pdf
8. Wortsman X, Wortsman J, Matsuoka L, Saavedra T, Mardones F, Saavedra D, Guerrero R, Corredoira Y. Sonography in pathologies of scalp and hair. Br J Radiol. 2012 May;85(1013):647-55. doi: 10.1259/bjr/22636640. Epub 2012 Jan 17. PMID: 22253348; PMCID: PMC3479884.
9. Ugga L, Cuocolo R, Cocozza S, Ponsiglione A, Stanzione A, Chianca V, D'Amico A, Brunetti A, Imbriaco M. Spectrum of lytic lesions of the skull: a pictorial essay. Insights Imaging. 2018 Oct;9(5):845-856. doi: 10.1007/s13244-018-0653-y. Epub 2018 Sep 19. PMID: 30232766; PMCID: PMC6206388.
10. Sharma P, Sharma S, Gupta N, Kochar P, Kumar Y. Pott puffy tumor. Proc (Bayl Univ Med Cent). 2017 Apr;30(2):179-181. doi: 10.1080/08998280.2017.11929575. PMID: 28405074; PMCID: PMC5349820.
11. Álvarez Jáñez F, Barriga LQ, Iñigo TR, Roldán Lora F. Diagnosis of Skull Base Osteomyelitis. Radiographics. 2021 Jan-Feb;41(1):156-174. doi: 10.1148/rg.2021200046. PMID: 33411616.
12. Khan H. Necrotising Otitis Externa: An Overview Of Imaging Modalities. J Ayub Med Coll Abbottabad. 2022 Oct-Dec;34(4):858-861. doi: 10.55519/JAMC-04-8899. PMID: 36566413.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Stroke/TIA (HD-21)

Guideline

Stroke/TIA (HD-21.1)
Risk Assessment for Extracranial Carotid Disease (HD-21.2)
Cryptogenic Stroke (HD-21.3)
Transient Global Amnesia (HD-21.4)
Moyamoya Syndrome/Disease (HD-21.5)
Sickle Cell Disease (HD-21.6)
Multisystemic Smooth Muscle Syndrome (MSMS)/Smooth Muscle Dysfunction Syndrome (SMDS)/ACTA2 Mutations (HD-21.7)
Evidence Discussion (HD-21)
References (HD-21)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Stroke/TIA (HD-21.1)

HD.HL.0021.1.A
v1.0.2025

Indications	Supported Imaging
• Acute ischemic stroke (within the first 24 hours) • Transient ischemic attacks (TIA) • Suspected Hemorrhagic stroke • Suspected Subdural hemorrhage	**ANY** or **ALL** may be approved: • CT Head without contrast (CPT® 70450) • CTA Head (CPT® 70496) • CTA Neck (CPT® 70498) • CT Perfusion (CPT® 0042T)
Concern for new stroke or TIA (MRI is preferred for evaluation of stroke/ TIA, with or without a previous CT head)	• MRI Brain without contrast (CPT® 70551) **OR** • MRI Brain without and with contrast (CPT® 70553)
Contraindication to MRI	• CT Head without contrast (CPT® 70450) **OR** • CT Head without and with contrast (CPT® 70470)
Arterial Vascular Imaging supported for TIA/Stroke evaluation including dissection: • Supported concurrently with brain imaging	• MRA Head (CPT® 70544, CPT® 70545, or CPT® 70546) **OR** • CTA Head (CPT® 70496) **AND/OR** • MRA Neck (CPT® 70547, CPT® 70548, or CPT® 70549) **OR** • CTA Neck (CPT® 70498)
Venous vascular imaging for evaluation of venous infarcts	• MR or CT Venography (MRA Head [CPT® 70544, CPT® 70545, or CPT® 70546]) **OR** • CTA Head (CPT® 70496)
Cerebral Angiography for stroke evaluation	• 3D Rendering (CPT® 76377 or CPT® 76376)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Indications	Supported Imaging
Stroke in Pregnancy and other hypercoagulable states[43] • See arterial and venous vascular imaging studies above for vascular imaging requests • See ***Background and Supporting Information***	• MRI Brain without contrast (CPT® 70551) **OR** • CT Head without contrast (CPT® 70450)
Amaurosis Fugax or Ocular Microembolism • May include optic nerve/retinal arterial or Hollenhorst plaques on exam	See above for TIA or New Stroke brain imaging options and vascular imaging
Repeat imaging for follow up and resolution of stroke or hemorrhage	As requested by a neurologist, neurosurgeon, hematologist, or physiatrist (PM&R) or any provider in consultation with a neurologist, neurosurgeon, hematologist or physiatrist
Reversible Cerebral Vasoconstriction Syndrome	See **Sudden Onset of Headache (HD-11.3)**
Neurologic signs and/or symptoms, including headaches, associated with COVID-19 infection and/or COVID-19 vaccination (Strokes may be arterial or venous)	• MRI Brain without contrast (CPT® 70551) **OR** • MRI Brain without and with contrast (CPT® 70553) See also **General Guidelines-CT head (HD-1.4)**, **Abnormal Blood Clotting (HD-11.9)** and **Neuro-Covid-19 (HD-14.2)**
Adults with HbSS (Sickle cell disease) or HbSb Thalassemia	One time MRI Brain without contrast (CPT® 70551) or MRI Brain without and with contrast (CPT® 70553) for screening to deter silent cerebral infarcts Follow up or repeat testing per Neurologist or Hematologist or in consultation with a Neurologist or Hematologist See also **Sickle Cell Disease (HD-21.6)**

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Indications	Supported Imaging
Documented Stroke or TIA	Transcranial Doppler Studies See **Transcranial Doppler CPT® 93886 (HD-24.8)**
Moyamoya Disease, when surgery or other vascular intervention is being considered	See **Moyamoya Syndrome/Disease (HD-21.5)**
Evaluation of paradoxical venous thromboembolism in cryptogenic stroke with PFO	See **Acute Limb Swelling (PVD-12.2)** and **Cryptogenic Stroke (HD-21.3)**
Cerebral Amyloid Angiopathy (CAA) (31,32,38)	• MRI Brain without contrast (CPT® 70551) **OR** • MRI Brain without and with contrast (CPT® 70553) **OR** • CT Head without contrast (CPT® 70450) Amyloid-PET Brain (CPT® 78811 or CPT® 78814) is considered not medically necessary for stroke evaluation. See **Dementia PET (HD-8.2)**
Multisystem Smooth Muscle Syndrome/ Smooth Muscle Dysfunction Syndrome	See **Multisystem Smooth Muscle Syndrome/Smooth Muscle Dysfunction Syndrome (HD-21.7)**

Background and Supporting Information

- Pregnancy is an independent risk factor for stroke. Additional risk factors are not required for assessment of a stroke/TIA with acute focal neurological deficits.
- Additional arterial and venous hypercoagulable states that impose a stroke risk include:
  - Antiphospholipid syndrome
  - Hyperhomocysteinemia
  - Factor V Leiden mutation
  - Prothrombin gene mutation
  - Protein S deficiency

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

- Protein C deficiency
- Anti-thrombin deficiency

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Risk Assessment for Extracranial Carotid Disease (HD-21.2)

HD.HL.0021.2.A

v1.0.2025

- Duplex Ultrasound Carotid Arteries (CPT® 93880 or CPT® 93882) for the following:
  - Asymptomatic or symptomatic cervical bruits;
  - Clinical suspicion of extracranial carotid occlusion and the rationale is included
  - Pulsatile neck mass
  - Evaluation of blunt or penetrating neck trauma
  - Amaurosis fugax or ocular microembolism (optic nerve/retinal arterial or Hollenhorst plaques seen on exam)
  - Recent history of focal cerebral or ocular transient ischemic attacks
- Follow-up with CTA or contrast enhanced MRA
  - CTA and contrast enhanced MRA are comparable non-invasive imaging alternatives each with their own advantages and disadvantages
- For additional indications for Duplex Ultrasound Carotid Arteries
  - See **Initial Imaging (PVD-3.1)** in the Peripheral Vascular Disease (PVD) Imaging Guidelines
- For repeat (Surveillance) Duplex Ultrasound Carotid Arteries (CPT® 93880 or CPT® 93882)
  - See **Surveillance Imaging with NO History of Carotid Surgery or Intervention (PVD-3.2)** and **Surveillance Imaging WITH History of Carotid Surgery or Intervention (PVD-3.3)** in the Peripheral Vascular Disease (PVD) Imaging Guidelines.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Cryptogenic Stroke (HD-21.3)

HD.ST.0021.3.A
v1.0.2025

- 25% of individuals with ischemic stroke have no probable cause and is considered cryptogenic after a standard workup including an echocardiogram, inpatient cardiac telemetry or 24-Holter monitoring, CT or MRI Brain and vessel imaging of the brain or neck arteries and hematologic tests.
- A stroke may also be considered cryptogenic after a standard evaluation fails to yield an etiology in a person <50 years of age without risk factors with more extensive testing.
- Most cryptogenic sources are embolic in etiology from venous or arterial sources with investigations from disturbances in coagulation and sources of embolism including patent foramen ovale (PFO) and paroxysmal atrial fibrillation.
- Specialized evaluation with the following documentation:
  - MRI/CT Brain with results of stroke
  - Results of MRA/CTA Head and Neck
  - TTE or TEE
  - 24-Hr Holter monitor or Inpatient cardiac telemetry and 12-Lead ECG
- Hematologic testing to include: CBC, Platelet count, INR, PT, PTT, D-Dimer and Arterial and Venous Hypercoagulability tests
  - MRA or CTA Pelvis for the evaluation of paradoxical venous thromboembolism with PFO
    - See **Acute Limb Swelling (PVD-12)** in the Peripheral Vascular Disease (PVD) Imaging Guidelines.
  - Workup for occult cancer, CT Chest Abdomen and/or Pelvis with contrast after the previously indicated tests with results are provided.
    - See **Paraneoplastic Syndromes (ONC-30.3)** in the Oncology Imaging Guidelines.
  - Cardiac CT (CPT® 75574 or CPT® 75572) instead of TEE if TTE is inconclusive

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Transient Global Amnesia (HD-21.4)

HD.ST.0021.4.A

v1.0.2025

- Transient Global Amnesia (TGA) is a clinical diagnosis with the differential diagnosis including, but not exclusive to: ischemic events, migraine headaches, and transient epileptic amnesia.
- Characteristics of TGA may include the following:
  - Inability to retain new information, lasting for several hours with preservation of alertness and all other cognitive functions with repetitive queries and amnesia[39]
  - Witnessed episode
  - There must be anterograde amnesia during the attack
  - Cognitive impairment is limited to amnesia
  - No clouding of consciousness or loss of personal identity
  - No focal neurological signs/symptoms
  - No epileptic features
  - Attack must resolve within 24 hours
  - No recent head injury or active epilepsy
- Head and vessel imaging for ischemic etiology work-up should follow **Stroke/TIA (HD-21.1)**
- For suspected seizure, see **Epilepsy/Seizures (HD-9.1)**

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Moyamoya Syndrome/Disease (HD-21.5)

HD.ST.0021.5.A
v1.0.2025

Initial imaging for Moyamoya Syndrome/Disease

- Below are indicated for initial evaluation of Moyamoya Syndrome/Disease:[36]
  - MRI Brain without contrast (CPT® 70551) **OR**
  - MRI Brain without and with contrast (CPT® 70553) **AND/OR**
  - MRA Head (CPT® 70544, CPT® 70545, **OR** CPT® 70546) **AND/OR**
  - MRA Neck (CPT® 70547, CPT® 70548 **OR** CPT® 70549)
    - If MRA is contraindicated or not readily available, then CTA Head (CPT® 70496) **AND/OR** CTA Neck (CPT® 70498) is/are supported

Repeat imaging for Moyamoya Syndrome/Disease[36]

- MRA Head (CPT® 70544, CPT® 70545, or CPT® 70546) every 12 months **AND/OR**
- MRA Neck (CPT® 70547, CPT® 70548 or CPT® 70549)
  - If MRA is contraindicated or not readily available, then CTA Head (CPT® 70496) **AND/OR** CTA Neck (CPT® 70498) is/are supported
- MRI Brain without contrast (CPT® 70551) **OR** MRI Brain without and with contrast (CPT® 70553) every 12 months[33,36]
- Radiopharmaceutical Localization Imaging SPECT (CPT® 78803, CPT® 78830 or CPT® 78832)[12] with vasodilating agent acetazolamide (Diamox) challenge is supported when surgery or other vascular intervention is considered. Follow up or repeat testing per neurologist, neurosurgeon, hematologist or in consultation with a neurologist, neurosurgeon, or hematologist.
- 3D Rendering (CPT® 76377 or CPT® 76376) with cerebral angiography to define the presence, location, and anatomy of intracranial and cervical vascular malformations.[22]
  - See **General Guidelines - Other Imaging Situations (HD-1.7)** and **3D Rendering (Preface-4.1)** in the Preface Imaging Guidelines[37]
- CT Perfusion (CPT® 0042T) **OR** MRI Perfusion (CPT® 70551 OR CPT® 70552 OR CPT® 70553)[51] indicated:
  - When requested by neurologist and/or neurosurgeon
  - Prior to change in treatment
  - Post-surgical[33,36]

Screening imaging for Moyamoya Disease[34,35]

- Screening not indicated for Moyamoya Syndrome

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

- See ***Background and Supporting Information***

- Screening for Moyamoya Disease is indicated for:
  - First degree relatives (biological parent, full sibling, or biological child) of individuals with Moyamoya Disease when requested by, or any provider in consultation with a neurologist, geneticist or neurosurgeon
- Below are indicated for screening evaluation of Moyamoya Disease:
  - MRA Head (CPT® 70544, CPT® 70545, **OR** CPT® 70546) **OR** Transcranial Doppler (TCD) Ultrasound (CPT® 93886 or CPT® 93888) (see **Transcranial Doppler (CPT®93886) (HD-24.8)** in the Head Imaging Guidelines)
  - If MRA is contraindicated or not readily available, then CTA Head (CPT® 70496) is supported

CT Perfusion (CPT® 0042T)

- Is supported if requested by a neurologist, neurosurgeon or any provider coordinating care with a neurologist or neurosurgeon.[36]

MRI Perfusion

- MRI Perfusion may be obtained with MRI Brain (CPT® 70551 OR CPT® 70552 OR CPT® 70553)
  - No additional CPT® codes are necessary or appropriate to perform MRI perfusion.[33]

Background and Supporting Information

Moyamoya disease (MMD) is a rare cerebrovascular disease characterized by progressive spontaneous bilateral occlusion of the intracranial internal carotid arteries (ICA) and their major branches (middle cerebral artery, MCA, and anterior cerebral artery, ACA) with compensatory capillary collaterals as an expression of pathologically increased angiogenic activity resembling a "puff of smoke" (Japanese: Moyamoya) on cerebral angiography.[41] Moyamoya Disease is most prevalent individuals with East Asian ancestry. Up to 15% of individuals with Moyamoya Disease may have a family history of Moyamoya Disease. [34,35]

Moyamoya Disease is distinguished from Moyamoya Syndrome (MMS). MMD is a primary disease process. MMS is a secondary process that occurs in response to another underlying pathological process that causes stenosis of intracranial blood vessels.[40] There are two peaks of incidence with different clinical presentations, at around 10 years and 30-40 years. The peak appears to occur later in women than men. In children, ischemic symptoms, especially transient ischemic attacks, are predominant. Intellectual decline, seizures, and involuntary movements are also more common in this

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

age group. In contrast, adult patients present with intracranial hemorrhage more often than pediatric patients.[35]

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Sickle Cell Disease (HD-21.6)

HD.ST.0021.6.A
v1.0.2025

- MRI Brain without contrast (CPT® 70551) **OR** MRI Brain without and with contrast (CPT® 70553) indications:
  - Screening to detect silent cerebral infarcts[8]
  - New symptoms or cognitive impairment occurs or a change in academic performance[8]
  - Prior to any change in therapy[42, 44, 45, 46,52]
- MRA Head (CPT® 70544, CPT® 70545 OR CPT® 70546) **OR** CTA Head (CPT® 70496) indications:
  - Any new, indeterminate or equivocal findings on MRI Brain[8]
  - Prior to any change in therapy[42, 44, 45, 46,52]

Background and Supporting Information

Individuals with sickle cell disease are at significantly increased risk for stroke and silent infarction, beginning at a very young age. Recent advances allow physicians to identify individuals at high risk for stroke and begin a primary stroke prevention program.

Identification of silent cerebral infarction is important because treatment with prophylactic red cell transfusions to maintain hemoglobin S levels at <30% of total hemoglobin may reduce recurrent stroke and extent of neurologic damage.

- TCD for children aged 17 years old may be appropriate on a case-by-case basis.
- See **Transcranial Doppler (CPT® 93886)(HD-24.8)** in the Head Imaging Guidelines for other indications for this modality and **Stroke/TIA (HD-21.1)** in the Head Imaging Guidelines.
- After 17 years old, for individuals with a history of abnormal TCDs, TCDs may be repeated every 3 months.[47]
- TCD is not indicated for individuals with other phenotypes (Hgb SC, Hgb Sβ$^+$).[8]

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Multisystemic Smooth Muscle Syndrome (MSMS)/Smooth Muscle Dysfunction Syndrome (SMDS)/ACTA2 Mutations (HD-21.7)

HD.ST.0021.7.A
v1.0.2025

Indications	Supported Imaging
Initial evaluation for confirmed ACTA2 mutation[49]	• MRI Brain without and with contrast (CPT® 70553) with OR without MRI perfusion **AND/OR** • MRA Head (CPT® 70544, CPT® 70545, or CPT® 70546) **AND/OR** • MRA Neck (CPT® 70547, CPT® 70548, or CPT® 70549)
Repeat imaging if requested by neurologist and/or neurosurgeon and/or geneticist and/or provider coordinating care with a neurologist and/or neurosurgeon and/or geneticist[49]	• MRI Brain without and with contrast (CPT® 70553) with OR without MRI perfusion **AND/OR** • MRA Head (CPT® 70544, CPT® 70545, or CPT® 70546) **AND/OR** • MRA Neck (CPT® 70547, CPT® 70548, or CPT® 70549)

- MRI Perfusion may be obtained with MRI Brain (CPT® 70551 OR CPT® 70552 OR CPT® 70553)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

  - No additional CPT® codes are necessary or appropriate to perform MRI perfusion.[51]

- Because radiation is a known risk factor for development of moyamoya, MRI/MRA Head is recommended instead of Computed Tomography (CT)/CTA.[49]
  - See ***Background and Supporting Information***
- Conventional catheter angiogram 3D rendering (CPT® 76376 or CPT® 76377) should be reserved for patients with focal neurologic symptoms or evidence on MRA or transcranial Doppler (TCD) of critical or progressive narrowing of the cerebral arteries.[49]
  - See **Screening for Suspected Peripheral Artery Disease/Aneurysmal Disease (PVD-2)**

Background and Supporting Information

Smooth muscle dysfunction syndrome (SMDS)/Multisystemic Smooth Muscle Syndrome (MSMS) presents with a recognizable pattern of complications, including congenital mydriasis, patent ductus arteriosus (PDA), pulmonary arterial hypertension, aortic and other arterial aneurysms, moyamoya-like cerebrovascular disease, intestinal hypoperistalsis and malrotation, and hypotonic bladder.[49]

SMDS/MSMS is caused by heterozygous mutations of the ACTA2 altering arginine 179, most commonly p.Arg179His. With a single exception, all cases are due to de novo mutations.[49]

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Evidence Discussion (HD-21)

v1.0.2025

- Guidelines from the American Heart Association (AHA) and American Stroke Association support the role of neuroimaging in stroke triage and patient selection for endovascular therapy in the management of acute stroke. Current AHA guidelines also recommend non-invasive imaging of the carotid arteries for patients with TIA or stroke who may be candidates for carotid endarterectomy or stenting. This includes CT Angiography (CTA) of the head and neck or MR Angiography (MRA) of the head and neck.
- For clinically suspected stroke, initial imaging includes CT head to exclude intracranial hemorrhage, exclude other structural causes and assess for early ischemic changes. CT Angiography (CTA) head is indicated during the initial evaluation to assess for large vessel occlusion and has high sensitivity of 93% and specificity of 100%. CTA neck is also a rapid modality for imaging the extracranial vasculature to identify carotid stenosis, occlusion and vertebral-basilar disease.
- CT Perfusion (CTP) can identify patients with large vessel occlusion who may be candidates for endovascular therapy in the acute stroke setting.
- A CT stroke protocol that includes unenhanced CT, CTA head, and CTP has effective radiation doses between 10-15 mSvm, with newer generation scanners and optimized sequences with lower radiation doses closer to 2 mSv.5
- MRI brain with Diffusion Weighted Imaging (DWI) is the most sensitive test to detect an acute ischemic infarct, with a sensitivity of 94% and a specificity of 97%.
- MR Angiography (MRA) head and neck is an alternative to CTA for identification of vascular lesions in the setting of a stroke evaluation. Diagnostic cervicocerebral catheter angiography has the highest spatial and temporal resolution of any vascular imaging study, however, is invasive and requires use of contrast.
- Compared with CT, a full stroke protocol with MRI is longer to acquire and susceptible to motion artifacts, in addition to contraindication with metallic devices, and certain implants. MRI, however, does have the advantage of increased sensitivity for acute ischemia, including in transient ischemic attack, and does not require radiation.
- In the delayed stroke evaluation, CT head may identify complications such as hemorrhagic conversion, mass effect and herniation. MRI brain in this scenario can confirm the extent of an ischemic stroke, evaluate for underlying pathology and identify any complications.
- For clinically suspected transient ischemic attack (TIA), CT head is useful to exclude hemorrhage and other intracranial abnormalities. CT perfusion can identify abnormalities in the setting of TIA in up to one-third of cases. CT Angiography (CTA) head and neck is a rapid modality for evaluating intracranial and extracranial vascular lesions. MRA head and neck is an alternative modality, preferred in those with renal impairment and iodine contrast allergy. MRI brain is the most sensitive modality for

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

acute ischemic infarct. MRI brain with Diffusion Weighted Imaging (DWI) sequences can identify ischemic changes in approximately 40% of patients with TIA.

- For clinically suspected venous sinus thrombosis, imaging is indicated to identify the clot and assess for complications, such as venous infarction or hemorrhagic transformation. In addition to imaging previously reviewed for the stroke protocol, CT Venogram (CTV) or MR Venogram (MRV) are appropriate to localize the clot within the venous system.
- For stroke or hemorrhage related to Cerebral amyloid angiopathy (CAA), Amyloid PET brain has a sensitivity that ranges from 82% to 91%, however, it's specificity is poor, ranging from 44% to 55%, therefore, this modality is not recommended.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (HD-21)

v1.0.2025

1. Expert Panel on Neurological Imaging, Pannell JS, Corey AS, et al. ACR Appropriateness Criteria® Cerebrovascular Diseases- Stroke and Stroke-Related Conditions.Available at https://acsearch.acr.org/docs/3149012/Narrative/. American College of Radiology. Revised 2023.
2. Kovacs MJ. Letter by Kovacs Regarding Article, “Diagnosis and Management of Cerebral Venous Thrombosis: A Statement for Healthcare Professionals From the American Heart Association/American Stroke Association.” Stroke. 2011;42(7). doi:10.1161/strokeaha.111.619437
3. Stam J. Thrombosis of the Cerebral Veins and Sinuses. New England Journal of Medicine. 2005;352(17):1791-1798. doi:10.1056/nejmra042354
4. Schievink WI. Spontaneous dissection of the carotid and vertebral arteries. The New England Journal of Medicine. 2001;344(12):898-906. doi:10.1056/NEJM200103223441206
5. Arnold M, Bousser M-G. Carotid and vertebral artery dissection. Practical Neurology. 2005;5(2):100-109. doi:10.1111/j.1474-7766.2005.00292.x
6. Powers WJ, Rabinstein AA, Ackerson T, et al. Guidelines for the Early Management of Patients With Acute Ischemic Stroke: 2019 Update to the 2018 Guidelines for the Early Management of Acute Ischemic Stroke: A Guideline for Healthcare Professionals From the American Heart Association/American Stroke Association. Stroke. 2019;50(12). doi:10.1161/str.0000000000000211
7. Burton TM, Bushnell CD. Reversible Cerebral Vasoconstriction Syndrome. Stroke. 2019;50(8):2253-2258. doi:10.1161/strokeaha.119.024416
8. Debaun MR, Jordan LC, King AA, et al. American Society of Hematology 2020 guidelines for sickle cell disease: prevention, diagnosis, and treatment of cerebrovascular disease in children and adults. Blood Advances. 2020;4(8):1554-1588. doi:10.1182/bloodadvances.2019001142
9. Osgood M, Budman E, Carandang R, Goddeau JRP, Henninger N. Prevalence of Pelvic Vein Pathology in Patients with Cryptogenic Stroke and Patent Foramen Ovale Undergoing MRV Pelvis. Cerebrovascular Diseases. 2015;39(3-4):216-223. doi:10.1159/000376613
10. Messé SR, Gronseth GS, Kent DM, et al. Practice advisory update summary: Patent foramen ovale and secondary stroke prevention. Neurology. 2020;94(20):876-885. doi:10.1212/wnl.0000000000009443
11. Demeestere J, Wouters A, Christensen S, Lemmens R, Lansberg MG. Review of Perfusion Imaging in Acute Ischemic Stroke. Stroke. 2020;51(3):1017-1024. doi:10.1161/strokeaha.119.028337
12. Latchaw RE, Yonas H, Hunter GJ, et al. Guidelines and recommendations for perfusion imaging in cerebral ischemia: A scientific statement for healthcare professionals by the writing group on perfusion imaging, from the Council on Cardiovascular Radiology of the American Heart Association.*Stroke*. 2003;34(4):1084-1104. doi:10.1161/01.STR.0000064840.99271.9E
13. Belani P, Schefflein J, Kihira S, et al. COVID-19 Is an Independent Risk Factor for Acute Ischemic Stroke. American Journal of Neuroradiology. 2020. doi:10.3174/ajnr.a6650
14. Merkler AE, Parikh NS, Mir S, et al. Risk of Ischemic Stroke in Patients With Coronavirus Disease 2019 (COVID-19) vs Patients With Influenza. JAMA Neurology. 2020. doi:10.1001/jamaneurol.2020.2730
15. Guzik A, Bushnell C. Stroke Epidemiology and Risk Factor Management. CONTINUUM: Lifelong Learning in Neurology. 2017;23(1):15-39. doi:10.1212/con.0000000000000416
16. Tsivgoulis G, Alexandrov AV. Ultrasound in Neurology. CONTINUUM: Lifelong Learning in Neurology. 2016;22(5):1655-1677. doi:10.1212/con.0000000000000374
17. Meschia JF, Bushnell C, Boden-Albala B, et al. Guidelines for the Primary Prevention of Stroke. Stroke. 2014;45(12):3754-3832. doi:10.1161/str.0000000000000046
18. Lawton MT and Vates GE. Subarachnoid Hemorrhage. N Engl J Med 2017;377:257-66. doi: 10.1056/NEJMcp1605827
19. ACR AIUM SPR SRU Practice Parameter for the Performance of an Ultrasound Examination of the Extracranial Cerebrovascular System. 2016
20. ACR-ASNR-SPR Practice Parameter for the Performance of Computed Tomography (CT) of the Extracranial Head and Neck Revised 2021. (Resolution 5). https://www.acr.org/-/media/ACR/Files/Practice-Parameters/CT-Head-Neck

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

21. Kamel, H, et al. Tailoring the Approach to Embolic Stroke of Undetermined Source. A Review. JAMA Neurol;76(7):855-861. doi:10.1001/jamaneurol.2019.0591
22. Navi BB and Iadecola C. Ischemic Stroke in Cancer Patients: A Review of an Underappreciated Pathology. Ann Neurol. 2018 May ; 83(5): 873–883. doi:10.1002/ana.25227
23. Saver, JL. Cryptogenic Stroke. NEngl J Med 2016;374:2065-74. doi:10.1056/NEJMcp1503946
24. Scwarzbach CJ, et al. Stroke and Cancer. The Importance of Cancer-Associated Hypercoagulation as a Possible Stroke Etiology Stroke. 2012;43:3029-3034. doi: 10.1161/STROKEAHA.112.658625
25. Mangla A, Navi BB, Layton K, Kamel H. Transient global amnesia and the risk of ischemic stroke. Stroke. 2014;45(2):389-393. doi:10.1161/STROKEAHA.113.003916
26. Spiegel DR, Smith J, Wade RR, et al. Transient global amnesia: current perspectives. Neuropsychiatric Disease and Treatment. 2017;Volume 13:2691-2703. doi:10.2147/ndt.s130710
27. Chandra A, Stone CR, Du X, Li WA, Huber M, Bremer R, Geng X, Ding Y. The cerebral circulation and cerebrovascular disease III: Stroke. Brain circulation. 2017 Apr;3(2):66
28. Hakimi R, Sivakumar S. Imaging of Carotid Dissection. Current Pain and Headache Reports. 2019;23(1). doi:10.1007/s11916-019-0741-9
29. Ghoneim A, Straiton J, Pollard C, Macdonald K, Jampana R. Imaging of cerebral venous thrombosis. Clinical Radiology. 2020;75(4):254-264. doi:10.1016/j.crad.2019.12.009
30. Dmytriw AA, Song JSA, Yu E, Poon CS. Cerebral venous thrombosis: state of the art diagnosis and management. Neuroradiology. 2018;60(7):669-685. doi:10.1007/s00234-018-2032-2
31. ACR-ASNR-SIR-SNIS Practice Prameter for the Performan of Diagnostic Cervicocerebral Catheter Angiography in Adults. Revised 2016. (Resolution 13) https://www.acr.org/-/media/ACR/Files/Practice-Parameters/CervicoCerebralCathAngio.pdf
32. McCarter SJ, Lesnick TG Lowe V et al. Cerebral Amyloid Angiopathy Pathology and Its Association With Amyloid-β PET Signal Neurology 2021;97 (18) :e1799-e1808. doi:10.1212/WNL.0000000000012770
33. Baron JC, Farid K, Dolan E, et al. Diagnostic utility of amyloid PET in cerebral amyloid angiopathy-related symptomatic intracerebral hemorrhage. J Cereb Blood Flow Metab. 2014;34(5):753-758. doi:10.1038/jcbfm.2014.43
34. ACR-ASNR- SPR Practice Parameters for the performance of Computed Tomography (CT) perfusion in neuroradiologic imaging. Revised 2017. Resolution 18. https://www.acr.org/-/media/ACR/Files/Practice-Parameters/CT-Perfusion.pdf
35. Han C, Feng H, Han YQ, et al. Prospective screening of family members with moyamoya disease patients.*PLoS One*. 2014;9(2):e88765. Published 2014 Feb 19. doi:10.1371/journal.pone.0088765
36. Kim JS. Moyamoya Disease: Epidemiology, Clinical Features, and Diagnosis.*J Stroke*. 2016;18(1):2-11. doi:10.5853/jos.2015.01627
37. Choudri A, Zaza A, Auschwitz T, Mossa-Basha M. Noninvasive vascular imaging of moyamoya: Diagnosis, followup, and surgical planning. Journal of Pediatric Neuroradiology 3 (2014) 13–20. doi:10.3233/PNR-14082
38. Expert Panel on Neurological Imaging, Ledbetter LN, Burns J, et al. ACR Appropriateness Criteria® Cerebrovascular Diseases-Aneurysm, Vascular Malformation, and Subarachnoid Hemorrhage. J Am Coll Radiol. 2021;18(11S):S283-S304. doi:10.1016/j.jacr.2021.08.012
39. Szidonya L, Nickerson JP. Cerebral Amyloid Angiopathy.*Radiol Clin North Am*. 2023;61(3):551-562. doi:10.1016/j.rcl.2023.01.009
40. Ropper AH. Transient Global Amnesia.*N Engl J Med*. 2023;388(7):635-640. doi:10.1056/NEJMra2213867
41. Berry JA, Cortez V, Toor H, Saini H, Siddiqi J. Moyamoya: An Update and Review.*Cureus*. 2020;12(10):e10994. Published 2020 Oct 16. doi:10.7759/cureus.10994
42. Mertens R, Graupera M, Gerhardt H, et al. The Genetic Basis of Moyamoya Disease.*Transl Stroke Res*. 2022;13(1):25-45. doi:10.1007/s12975-021-00940-2
43. Krishnamurti L. Hematopoietic Cell Transplantation for Sickle Cell Disease. Front Pediatr. 2021;8:551170. Published 2021 Jan 5. doi:10.3389/fped.2020.551170
44. Roeder HJ, Lopez JR, Miller EC. Ischemic stroke and cerebral venous sinus thrombosis in pregnancy.*Handb Clin Neurol*. 2020;172:3-31. doi:10.1016/B978-0-444-64240-0.00001-5
45. Kanter J, Liem RI, Bernaudin F, et al. American Society of Hematology 2021 guidelines for sickle cell disease: stem cell transplantation. Blood Adv. 2021;5(18):3668-3689. doi:10.1182/bloodadvances.2021004394C

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

46. Jordan LC, Kassim AA, Wilkerson KL, Lee CA, Waddle SL, Donahue MJ. Using novel magnetic resonance imaging methods to predict stroke risk in individuals with sickle cell anemia. Hematol Oncol Stem Cell Ther. 2020;13(2):76-84. doi:10.1016/j.hemonc.2019.12.009
47. Hirtz D, Kirkham FJ. Sickle Cell Disease and Stroke. Pediatr Neurol. 2019;95:34-41. doi:10.1016/j.pediatrneurol.2019.02.018
48. Bernaudin F, Verlhac S, Arnaud C, et al. Long-term treatment follow-up of children with sickle cell disease monitored with abnormal transcranial Doppler velocities. Blood. 2016;127(14):1814-1822. doi:10.1182/blood-2015-10-675231.
49. Kirkham FJ, Lagunju IA. Epidemiology of Stroke in Sickle Cell Disease.*J Clin Med*. 2021;10(18):4232. Published 2021 Sep 18. doi:10.3390/jcm10184232
50. Regalado ES, Mellor-Crummey L, De Backer J, et al. Clinical history and management recommendations of the smooth muscle dysfunction syndrome due to ACTA2 arginine 179 alterations. *Genet Med.* 2018;20(10):1206-1215. doi:10.1038/gim.2017.245
51. Cuoco JA, Busch CM, Klein BJ, et al. ACTA2 Cerebral Arteriopathy: Not Just a Puff of Smoke. *Cerebrovasc Dis.* 2018;46(3-4):161-171. doi:10.1159/000493863.
52. ACR–ASNR–SPR PRACTICE PARAMETER FOR THE PERFORMANCE OF INTRACRANIAL MAGNETIC RESONANCE PERFUSION IMAGING. Revised 2022 (Resolution 24). *PRACTICE PARAMETER MR_Perfusion*.https://www.acr.org/-/media/ACR/Files/Practice-Parameters/mr-perfusion.pdf? la=en.
53. Nickel RS, Kamani NR. Ethical Challenges in Hematopoietic Cell Transplantation for Sickle Cell Disease. Biol Blood Marrow Transplant. 2018;24(2):219-227. doi:10.1016/j.bbmt.2017.08.034
54. Duvekot MHC, van Es ACGM, Venema E, et al. Accuracy of CTA evaluations in daily clinical practice for large and medium vessel occlusion detection in suspected stroke patients. Eur Stroke J. 2021;6(4):357-366. doi:10.1177/23969873211058576
55. de Oliveira EP, Fiebach JB, Vagal A, Schaefer PW, Aviv RI. Controversies in Imaging of Patients With Acute Ischemic Stroke: AJR Expert Panel Narrative Review. AJR Am J Roentgenol. 2021;217(5):1027-1037. doi:10.2214/AJR.21.25846
56. Chalela JA, Kidwell CS, Nentwich LM, et al. Magnetic resonance imaging and computed tomography in emergency assessment of patients with suspected acute stroke: a prospective comparison. Lancet. 2007;369(9558):293-298. doi:10.1016/S0140-6736(07)60151-2
57. Mullins ME, Schaefer PW, Sorensen AG, et al. CT and conventional and diffusion-weighted MR imaging in acute stroke: study in 691 patients at presentation to the emergency department. Radiology. 2002;224(2):353-360. doi:10.1148/radiol.2242010873
58. Wintermark M, Sanelli PC, Albers GW, et al. Imaging recommendations for acute stroke and transient ischemic attack patients: A joint statement by the American Society of Neuroradiology, the American College of Radiology, and the Society of NeuroInterventional Surgery. AJNR Am J Neuroradiol. 2013;34(11):E117-E127. doi:10.3174/ajnr.A3690

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Cerebral Vasculitis (HD-22)

Guideline

Cerebral Vasculitis (HD-22.1)
References (HD-22)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Cerebral Vasculitis (HD-22.1)

HD.CV.0022.1.A
v1.0.2025

- When CNS vasculitis is suspected, MRI Brain without and with contrast (CPT® 70553) is supported
  - MRA Head (CPT® 70544, CPT® 70545, or CPT® 70546) **AND/OR**
  - MRA Neck (CPT® 70547, CPT® 70548, or CPT® 70549); **OR**
  - CTA Head (CPT® 70496) **AND/OR**
  - CTA Neck (CPT® 70498) are supported concurrently with brain imaging
- Primary CNS vasculitis includes Giant Cell Arteritis also known as Temporal Arteritis (see **New Headache Onset Older than Age 50 (HD-11.7)**)
- If initial vascular imaging is suspicious for vasculitis, 3D rendering (CPT® 76377 or CPT® 76376) with cervicocerebral angiography/arteriography (see **General Guidelines- Other Imaging Situations (HD-1.7)**)
- Transcranial Doppler Studies for individuals with documented vasculitis or concern for vasospasm (see **Transcranial Doppler (CPT® 93886) (HD-24.8**))
- FDG-PET/CT Brain (CPT® 78608) is not supported due to lack of peer reviewed literature or expert consensus supporting the study for vasculitis.[7]
- For extra-cranial giant cell arteritis evaluation (see **Giant Cell Arteritis (PVD-6.9.2))**

Background and Supporting Information

The diagnosis of primary central nervous system vasculitis is challenging because of its nonspecific and varied symptoms. Central nervous system vasculitis typically presents with headache, followed by encephalopathy and behavioral changes. Focal neurologic deficits, including but not limited to, visual loss, unilateral weakness, language impairment, sensory loss, incoordination, occurs in 20% to 30% of individuals. Seizures and intracranial hemorrhage may also occur. With a strong clinical suspicion, brain imaging is important for supporting the diagnostic process and directing biopsy.[6]

Classification of vasculitides based on vessel size adapted from Younger. MRA and CTA are useful for the evaluation of the large proximal arteries; evaluation of a possible small vessel vasculitis may be beyond the resolution of routine MRA and CTA Head. However, other abnormalities, such as atherosclerotic disease, arterial dissection, Moyamoya disease, or reversible cerebral vasoconstriction may be demonstrated. Conventional angiogram is superior to MRA and CTA in demonstrating abnormalities in smaller vessels and is considered the "gold standard" in the evaluation of primary small vessel CNS vasculitis.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Dominant Vessel Involved	Primary	Secondary
Large arteries	• Giant cell arteritis • Takayasu's arteritis	Aortitis with rheumatoid disease; Infection (e.g. syphilis)
Medium arteries	• Classical polyarteritis nodosa • Kawasaki disease	Infection (e.g. hepatitis B)
Small vessels and medium arteries	• Wegener's granulomatosis • Churg–Strauss syndrome • Microscopic polyangiitis	Vasculitis with rheumatoid disease, systemic lupus erythematosus (lupus cerebritis), Sjögren's syndrome, drugs, infection (e.g. HIV)
Small vessels	• Henoch-Schönlein purpura • Essential cryoglobulinemia • Cutaneous leukocytoclastic vasculitis	Drugs (e.g. sulphonamides, etc.) Infection (e.g. hepatitis C)

Evidence Discussion (HD-22)

- Noninvasive neuroimaging modalities play a role in the diagnostic evaluation of central nervous vasculitis by providing supportive imaging findings and guiding biopsy. The preferred modality for the evaluation of central nervous system vasculitis is MRI, which provides superior soft-tissue resolution. MRI brain is abnormal in > 95% of patients with CNS vasculitis. MRI brain shows infarcts in up to 50% of cases and white matter hyperintensities in 42% of cases.
- MRA head was found to be abnormal in 81% of patients with angiographic findings of vasculitis and normal in 100% of patients with a normal angiogram.
- CT Angiography is an alternative non-invasive modality that also provides visualization of blood vessels.
- FDG-PET/CT brain is not supported due to the high physiologic FDG uptake in the brain and limited resolution of the camera system.6 Atherosclerosis may also interfere with the FDG-PET interpretation.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (HD-22)

v1.0.2025

1. Younger DS. Epidemiology of Neurovasculitis. *Neurologic Clinics*. 2016;34(4):887-917. doi:10.1016/j.ncl.2016.06.006
2. Soun JE, Song JW, Romero JM, Schaefer PW. Central Nervous System Vasculopathies. *Radiologic Clinics of North America*. 2019;57(6):1117-1131. doi:10.1016/j.rcl.2019.07.005
3. Salmela MB, Mortazavi S, Jagadeesan BD, et al. ACR Appropriateness Criteria ® Cerebrovascular Disease. *Journal of the American College of Radiology*. 2017;14(5). doi:10.1016/j.jacr.2017.01.051
4. Okazaki T, Shinagawa S, Mikage H. Vasculitis syndrome-diagnosis and therapy. *Journal of General and Family Medicine*. 2017;18(2):72-78. doi:10.1002/jgf2.4
5. Ikeda T, Furukawa F, Kawakami T, et al. Outline of guidelines for the management of vasculitis and vascular disorders in Japan, 2016 revised edition. *The Journal of Dermatology*. 2017;45(2):122-127. doi:10.1111/1346-8138.14086
6. Expert Panel on Neurological Imaging, Ledbetter LN, Burns J, et al. ACR Appropriateness Criteria® Cerebrovascular Diseases-Aneurysm, Vascular Malformation, and Subarachnoid Hemorrhage. J Am Coll Radiol. 2021;18(11S):S283-S304. doi:10.1016/j.jacr.2021.08.012
7. Slart RHJA; Writing group; Reviewer group; FDG-PET/CT(A) imaging in large vessel vasculitis and polymyalgia rheumatica: joint procedural recommendation of the EANM, SNMMI, and the PET Interest Group (PIG), and endorsed by the ASNC. Eur J Nucl Med Mol Imaging. 2018;45(7):1250-1269. doi:10.1007/s00259-018-3973-8
8. Wahed LA, Cho TA. Imaging of Central Nervous System Autoimmune, Paraneoplastic, and Neuro-rheumatologic Disorders. Continuum (Minneap Minn). 2023;29(1):255-291. doi:10.1212/CON.0000000000001244

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Dizziness, Vertigo and Syncope (HD-23)

Guideline

Dizziness/Vertigo (HD-23.1)
Syncope (HD-23.2)
References (HD-23)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Dizziness/Vertigo (HD-23.1)

HD.DZ.0023.1.A
v1.0.2025

Indications	Supported Imaging
Red Flags: • History of malignancy • Associated symptoms: ◦ Headache ◦ Hearing loss ◦ Unilateral tinnitus ◦ Visual disturbances ◦ Drop attacks ◦ Vestibular migraine ◦ Weakness • Duration of episode: ◦ Episodes lasting hour(s) or ◦ Continuous • Exam findings: ◦ Inconclusive positional testing or equivocal or unusual nystagmus findings (Negative Dix-Hallpike) ◦ Visual disturbances including loss and diplopia ◦ Hearing loss ◦ Abnormal cranial nerve findings ◦ Ataxia ◦ Positive Romberg sign ◦ Absent head thrust sign ◦ Focal neurologic deficits ◦ Dysarthria ◦ Weakness, including unilateral or hemibody weakness • Failed treatment: ◦ Failure to respond to vestibular therapy or unable to participate due to clinical condition • Abnormal test results: ◦ ENG/VNG results support central cause	• MRI Brain without contrast (CPT 70551) **OR** • MRI Brain without and with contrast (CPT 70553) **OR** • CT head without contrast (CPT 70450) If MRI contraindicated: • CT head without contrast (CPT 70450) **OR** • CT head without and with contrast (CPT 70470) See also: • **Headaches with Red Flags (HD-11.2)** • **Multiple Sclerosis and Related Conditions (HD-16)** • **Brain Metastases (ONC-31.3)**

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Indications	Supported Imaging
Stroke/TIA	See **Stroke/TIA (HD-21.1)**
Acoustic Neuroma/Vestibular Schwannoma	• MRI Brain without and with contrast (with IAC views) (CPT® 70553) **OR** without contrast (CPT® 70551) • Limited MRI Brain with attention to internal auditory canals (CPT® 70540, CPT® 70542, OR CPT® 70543) when requested by the provider in place of a complete MRI Brain See also • **Acoustic Neuroma (HD-33.1)** • **Peripheral Nerve Sheath Tumors (PN-9.1)**
Head trauma / Temporal Bone Fracture / Post-traumatic vertigo	• CT Head without contrast (CPT® 70450) ◦ See **Head Trauma (HD-13.1)** **AND/OR** • CT Orbit/Temporal bone without contrast (CPT® 70480)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Indications	Supported Imaging
Vertebrobasilar disease/ Vertebrobasilar Insufficiency/ Dissection	• CTA Head (CPT® 70496 **AND/ OR** • CTA Neck (CPT® 70498) **OR** • MRA Head (CPT® 70544, CPT® 70545, OR CPT® 70546) **AND/OR** • MRA Neck (CPT® 70547, CPT® 70548, or CPT®70549) See also: • **General Guidelines - CT and MR Angiography (CTA and MRA) (HD-1.5)** • **Headache and Suspected Vascular Dissection (HD-11.1)** • **Intracranial Aneurysms (HD-12.1)**
Semicircular canal dehiscence	• CT Orbit/Temporal bone without contrast (CPT® 70480)
Meniere's Disease	• MRI Brain without and with contrast (with IAC views) (CPT® 70553) **OR** without contrast (CPT® 70551) • Limited MRI Brain with attention to internal auditory canals (CPT® 70540, CPT® 70542, OR CPT® 70543) when requested by the provider in place of a complete MRI Brain

Background and Supporting Information

- Dizziness, a common complaint, with benign and dangerous causes, may be continuous, triggered, or spontaneous.
- For the continuously dizzy individual with nystagmus at the time of evaluation, a head impulse test and a test of skew should be performed to determine if dizziness is due

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

to a peripheral cause or a posterior circulation stroke. Abnormalities on exam may be indications for imaging as detailed below.

- For triggered dizziness, positional testing such as the Dix-Hallpike maneuver, and/or orthostatic blood pressure measurements, should be performed. If symptoms are reproduced on examination, triggered dizziness is confirmed. Imaging as indicated in the relevant sections below.
- Spontaneous dizziness may be due to vestibular migraine, TIA, or Meniere's disease, among other causes. A detailed neurologic examination should be performed, and imaging as detailed below.
- The Dix-Hallpike maneuver should be performed or the individual should be referred to a clinician who could perform the procedure if Benign Paroxysmal Positional Vertigo (BPPV) is suspected.
- The Head Impulse Test (HIT) is also known as the Head thrust test. It is designed to evaluate the vestibular-ocular reflex in an individual with concern for a peripheral vestibulopathy due to ACUTE spontaneous vertigo. The individual is instructed to look at the examiner during the entire test. The individual's head is then quickly turned or rotated to one side and then the other. If normal, the individual's eyes should remain locked on the examiner. If abnormal, the eyes will move in the direction of the head rotation and then quickly correct. This saccade indicates peripheral vestibular hypofunction on the side of the direction that the head is turned. The HIT test is abnormal in individuals with vestibular neuronitis, and normal in individuals with a posterior circulation stroke.
- Posterior Canal BPPV (85%-95% of BPPV cases) is defined as:
  - Individual reports repeated episodes of vertigo with changes in head position relative to gravity.
  - Each of the following criteria is fulfilled on physical exam:
    - Vertigo associated with torsional (rotatory), upbeating (toward the forehead) nystagmus is provoked by the Dix-Hallpike test.
    - There is a latency period between the completion of the Dix-Hallpike maneuver and the onset of vertigo and nystagmus.
    - The provoked vertigo and nystagmus increase and then resolve within 60 seconds from the onset of the nystagmus.
- Lateral or Horizontal Canal BPPV (5%-15% of BPPV cases) will have horizontal or no nystagmus to which a supine roll test assess for this condition.
- Exclusions for Dix-Hallpike maneuver
  - Individual previously diagnosed with BPPV and who on date of encounter in calendar year does not have positional dizziness or vertigo consistent with active BPPV
  - Individual has declined Dix-Hallpike maneuver

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

  - Individual has cervical spinal disease (i.e., cervical stenosis, severe kyphoscoliosis, limited cervical range of motion, Down's syndrome, severe rheumatoid arthritis, cervical radiculopathies, Paget's disease, ankylosing spondylitis, low back dysfunction, spinal cord injuries, spinal fractures)
  - Individual unable to lay flat (i.e., severe heart disease)
  - Individual has severe atherosclerotic disease or recent dissection involving the anterior or posterior cerebral circulation
  - Unable to be seated in exam chair (i.e., morbidly obese), or maneuver cannot be safely performed given morbid obesity
  - Ehlers Danlos/Marfans/Connective tissue disorder due to risk of cranio spinal instability/dissection
- Triggered episodic vestibular syndrome (t-EVS) usually last seconds to minutes with the most common triggers (vs. exacerbating factors) are head motion or change in body position. In the Emergency Department, benign paroxysmal positional vertigo (BPPV) is the second most common cause of t-EVS after orthostatic hypotension. Far lateral rotation of the neck leads to mechanical occlusion of one or both vertebral arteries causing temporary symptoms of vertigo and nystagmus when this position is maintained and may occur with the individual upright.
- Diagnoses or conditions associated with OH or nOH include: Parkinson Disease (PD), Multiple System Atrophy (MSA), Pure Autonomic Failure (PAF) or Dementia with Lewy Bodies (DLB), unexplained fall or syncope, peripheral neuropathies secondary to diabetes, amyloidosis and HIV), individuals ≥70 years of age and frail and on multiple medications and individuals with postural (orthostatic) dizziness or nonspecific symptoms that occur when standing. Symptoms may include: lightheadedness or dizziness, the sensation of blacking out, cognitive dysfunction, mental dulling, generalized weakness, neck pain or discomfort in the suboccipital and paracervical region (coat hanger) or playpnea (dyspnea while standing).
- Secondary or advanced laboratory testing is considered for use in select individuals for paraneoplastic syndromes (paraneoplastic panel) and serum and urine protein electrophoresis for monoclonal gammopathy for peripheral neuropathy.
  - See **Polyneuropathy (PN-3.1)** in the Peripheral Nerve and Neuromuscular Disorders Imaging Guidelines, **Multiple Myeloma and Plasmacytomas (ONC-25)** in the Oncology Imaging Guidelines, and **Paraneoplastic Syndromes (ONC-30.3)** in the Oncology Imaging Guidelines.
- Semicircular canal dehiscence (SCD) is a rare syndrome caused by dehiscence in the boney covering of the affected superior, posterior or lateral semicircular canal. When present, it can result in vestibular symptoms of vertigo associated with auditory symptoms including oscillopsia evoked by noise and conductive hearing loss. The vestibular symptoms in SCD can be debilitating. Individuals may note that loud noises cause them to see things moving or that they experience a similar sensation when they cough, sneeze, or strain to lift something heavy. The signs of vestibular

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

abnormalities in SCD relate directly to the effect of the dehiscence which has created a third mobile window of the inner ear. Some individuals have a conductive hearing loss for low-frequency sounds that can resemble the pattern in otosclerosis.

- Occlusive carotid artery disease does not cause fainting but rather causes focal neurologic deficits such as unilateral weakness. Thus, carotid imaging will not identify the cause of the fainting and increases cost. Fainting is a frequent complaint, affecting 40% of people during their lifetime.

Evidence Discussion (HD-23.1)

- MRI brain is the preferred initial imaging modality for evaluation of persistent vertigo, vertigo associated with an abnormal neurologic exam, and vertigo due to a suspected central cause.
- CT head is not recommended for the initial evaluation of dizziness due to inferior soft tissue resolution when compared to MRI Brain. In addition, MRI brain provides better visualization of the cerebellum and posterior fossa and is more sensitive for the detection of posterior fossa infarcts. For suspected superior semicircular canal dehiscence, CT temporal bone is the appropriate initial imaging study.
- In the evaluation of dizziness or vertigo in the emergency department, the positivity rate of CT head was 2%, for MRI brain 4%, with the diagnostic yield increasing to 12% for MRI brain if neurologic findings were present.
- For dizziness due to suspected vertebral-basilar insufficiency, MRA sensitivity reaches 97% when performed with contrast-enhancement.
- For suspected vertebral artery dissection, CTA had the highest sensitivity 100%, followed by MRA 77%, and Doppler ultrasound at 71%.
- Vascular imaging should include the entire vertebral artery from the origin at the aortic arch to the basilar artery.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Syncope (HD-23.2)

HD.DZ.0023.2.A
v1.0.2025

Indications	Supported Imaging
Syncope with focal signs of a neurologic deficit **OR** Syncope without focal signs of a neurological deficit AND negative or inconclusive Electrocardiogram (EKG)	• MRI Brain without contrast (CPT® 70551) **OR** • MRI Brain without and with contrast (CPT® 70553) **OR** • CT Head without contrast (CPT® 70450) **AND/OR** • CTA Head (CPT® 70496) **OR** • MRA Head (CPT® 70544, CPT® 70545, or CPT® 70546) **AND/OR** • CTA Neck (CPT® 70498) **OR** • MRA Neck (CPT® 70547, CPT® 70548, or CPT® 70549)
Recurrent syncope with risk of head injury or head trauma related to syncope[6,15]	See **Head Trauma (HD-13.1)**
Situational syncope, including precipitating factors to syncope such as coughing, defecation, eating, laughing, or urination Myoclonic jerks without symptoms or signs associated with seizure, including but not limited to prolonged amnesia/confusion, tongue biting.	Advanced imaging is not indicated
Loss of consciousness with other symptoms or signs of seizure, including but not limited to, prolonged amnesia/ confusion, tongue biting, and/or urinary incontinence.	See **Epilepsy/Seizure (HD-9.1)**

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Evidence Discussion (HD-23.2)

- The Choosing Wisely Campaign Best Practices, supported by the American College of Emergency Physicians, American College of Physicians, and the American Academy of Neurology, recommend against neuroimaging in the evaluation of simple syncope and a normal neurologic evaluation.
- The initial evaluation for patients with syncope includes a detailed history, physical exam and electrocardiography. Neuroimaging has a low diagnostic yield of 5% to 6.4% of an acute abnormality on CT head. Clinical factors associated with abnormal scans include head trauma or a focal neurologic deficit on exam.
- In select cases when neuroimaging is indicated, structural brain imaging with either CT head or MRI brain may be useful, along with vascular imaging, depending on the suspected underlying pathology.
- Inappropriate imaging studies may identify incidental findings, incorrectly assumed to be the cause of syncope, leading to further delay in the identification of the true cause and risk additional unnecessary procedures.
- Situational syncope does not require advanced imaging.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (HD-23)

v1.0.2025

1. Runser LA, Gauer RL and Houser A. Syncope: Evaluation and Differential Diagnosis. *Am Fam Physician*. 2017;95(5):303-312
2. Expert Panel on Neurologic Imaging:, Sharma A, Kirsch CFE, et al. ACR Appropriateness Criteria® Hearing Loss and/or Vertigo. *J Am Coll Radiol*. 2018;15(11S):S321-S331. doi:10.1016/j.jacr.2018.09.020
3. Cheshire WP. Syncope. *CONTINUUM: Lifelong Learning in Neurology*. 2017;23(2):335-358. doi:10.1212/con.0000000000000444
4. Bhattacharyya N, Gubbels SP, Schwartz SR, et al. Clinical Practice Guideline: Benign Paroxysmal Positional Vertigo (Update). *Otolaryngology–Head and Neck Surgery*. 2017;156(3_suppl). doi:10.1177/0194599816689667
5. ACR-ASNR-SPR Practice Parameter for the Performance of Computed Tomography (CT) of the Extracranial Head and Neck Revised 2021. (Resolution 5). https://www.acr.org/-/media/ACR/Files/Practice-Parameters/CT-Head-Neck
6. Shen W-K, Sheldon RS, Benditt DG, et al. 2017 ACC/AHA/HRS Guideline for the Evaluation and Management of Patients With Syncope: A Report of the American College of Cardiology/American Heart Association Task Force on Clinical Practice Guidelines and the Heart Rhythm Society. Circulation. 2017;136(5). doi:10.1161/cir.0000000000000499
7. Basura GJ, Adams ME, Monfared A, et al. Clinical Practice Guideline: Ménière's Disease. *Otolaryngology–Head and Neck Surgery*. 2020;162(2_suppl). doi:10.1177/0194599820909438
8. Gibbons CH, Schmidt P, Biaggioni I, et al. The recommendations of a consensus panel for the screening, diagnosis, and treatment of neurogenic orthostatic hypotension and associated supine hypertension. *Journal of Neurology*. 2017;264(8):1567-1582. doi:10.1007/s00415-016-8375-x
9. Choosing Wisely. An initiative of the ABIM Foundation. *American Academy of Neurology*. Released February 21, 2013; Last reviewed 2019
10. Choosing Wisely. An initiative of the ABIM Foundation. *American College of Emergency Physicians*. October 27, 2014
11. Scott JW, Schwartz AL, Gates JD, Gerhard-Herman M, Havens JM. Choosing Wisely for Syncope: Low-Value Carotid Ultrasound Use. *Journal of the American Heart Association*. 2014;3(4). doi:10.1161/jaha.114.001063
12. Dix-Hallpike maneuver performed for paitents with BPPV. www.aan.com. https://www.aan.com/policy-and-guidelines/quality/quality-measures2/quality-measures/other/dix-hallpike-maneuver-performed-for-paitents-with-BPPV
13. Baloh RW. Vestibular Migraine I: Mechanisms, Diagnosis, and Clinical Features. *Seminars in Neurology*. 2020;40(01):076-082. doi:10.1055/s-0039-3402735
14. Tehrani ASS, Kattah JC, Kerber KA, et al. Diagnosing Stroke in Acute Dizziness and Vertigo. *Stroke*. 2018;49(3):788-795. doi:10.1161/strokeaha.117.016979
15. Expert Panels on Cardiac Imaging and Neurological Imaging, Kligerman SJ, Bykowski J, et al. ACR Appropriateness Criteria® Syncope. *J Am Coll Radiol*. 2021;18(5S):S229-S238. doi:10.1016/j.jacr.2021.02.021
16. Shmuely S, et al. Differentiating Motor Phenomena in Tilt-Induced Syncope and Convulsive Seizures. *Neurology*. 2018;90:e1339-e1346. doi:10.1212/WNL.0000000000005301
17. Henderson FC, Austin C, Benzel E, et al. Neurological and spinal manifestations of the Ehlers-Danlos syndromes. American journal of medical genetics Part C, Seminars in medical genetics. 2017;175(1):195-211. doi:10.1002/ajmg.c.31549
18. Edlow JA, Gurley KL, Newman-Toker DE. A New Diagnostic Approach to the Adult Patient with Acute Dizziness. *The Journal of Emergency Medicine*. 2018;54(4):469-483. doi:10.1016/j.jemermed.2017.12.024
19. Edlow JA. The timing-and-triggers approach to the patient with acute dizziness. *Emerg Med Pract*. 2019 Dec;21(12):1-24. Epub 2019 Dec 1. PMID: 31765116
20. Krishnan K, Bassilious K, Eriksen E, et al. Posterior circulation stroke diagnosis using HINTS in patients presenting with acute vestibular syndrome: A systematic review. *European Stroke Journal*. Published online April 10, 2019:239698731984370. doi:10.1177/2396987319843701

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

21. Fife TD. Approach to the History and Evaluation of Vertigo and Dizziness. *CONTINUUM: Lifelong Learning in Neurology*. 2021;27(2):306-329. doi:10.1212/con.0000000000000938
22. Hain TC, Cherchi M. Vestibular Testing. *CONTINUUM: Lifelong Learning in Neurology*. 2021;27(2):330-347. doi:10.1212/con.0000000000000978
23. Steenerson KK. Acute Vestibular Syndrome. *CONTINUUM: Lifelong Learning in Neurology*. 2021;27(2):402-419. doi:10.1212/con.0000000000000958
24. Wang LL, Thompson TA, Shih RY, et al. ACR Appropriateness Criteria® Dizziness and Ataxia. Available at https://acsearch.acr.org/docs/69477/Narrative/. American College of Radiology. Revised 2023.
25. ACR ASNR SPR Practice Parameter for the Performance and Interpretation of Magnetic Resonance Imaging (MRI) of the Brain. Revised 2019.
26. Langer-Gould AM, Anderson WE, Armstrong MJ, et al. The American Academy of Neurology's top five choosing wisely recommendations. Neurology. 2013;81(11):1004-1011. doi:10.1212/WNL.0b013e31828aab14
27. Mitsunaga MM, Yoon HC. Journal Club: Head CT scans in the emergency department for syncope and dizziness. AJR Am J Roentgenol. 2015;204(1):24-28. doi:10.2214/AJR.14.12993
28. Cutsforth-Gregory JK. Postural Tachycardia Syndrome and Neurally Mediated Syncope. Continuum (Minneap Minn). 2020;26(1):93-115. doi:10.1212/CON.0000000000000818
29. Bayard M, Gerayli F, Holt J. Syncope: Evaluation and Differential Diagnosis. Am Fam Physician. 2023;108(5):454-463

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Other Imaging Studies (HD-24)

Guideline

Transcranial Magnetic Stimulation (TMS) (HD-24.1)
Functional MRI (fMRI) (HD-24.2)
Magnetic Resonance Spectroscopy (MRS) (HD-24.3)
CSF Flow Imaging (HD-24.4)
CT or MRI Perfusion (HD-24.5)
Magnetic Resonance Neurography (MRN) (HD-24.6)
Cone Beam Computed Tomography (CBCT) (HD-24.7)
Transcranial Doppler (CPT® 93886) (HD-24.8)
Evidence Discussion (HD-24)
References (HD-24)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Transcranial Magnetic Stimulation (TMS) (HD-24.1)

HD.OI.0024.1.A

v1.0.2025

In TMS, an electromagnetic coil placed on the surface of the skull overlying the motor cortex depolarizes the motor axons, creating a motor evoked potential (MEP), which is recorded via superficial skin electrodes as it passes through the upper and lower motor pathways to an innervated muscle.

TMS is typically utilized for behavioral health purposes.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Functional MRI (fMRI) (HD-24.2)

HD.OI.0024.2.A
v1.0.2025

- fMRI is useful in pre-operative scenarios to define the “eloquent” areas of brain
  - The ordering physician must be a neurologist, neurosurgeon or radiation oncologist or any provider in consultation with one of these specialists.
- Primary indications for fMRI include, but are not limited to, the following:
  - Assessment of intracranial neoplasm and other targeted lesions
  - Presurgical planning and operative risk assessment
  - Assessment of eloquent cortex (e.g., language, sensory, motor, visual centers) in relation to a tumor or another focal lesion
  - Surgical planning (biopsy or resection)
  - Therapeutic follow-up, as a one-time, post-operative, follow up study
  - Evaluation of preserved eloquent cortex
  - Assessment of eloquent cortex for epilepsy surgery
  - Assessment of radiation treatment planning and post-treatment evaluation of eloquent cortex
- fMRI is indicated with PET Brain in epilepsy surgery planning
- Procedure codes for functional MRI:
  - CPT® 70554 MRI Brain, functional MRI, including test selection and administration of repetitive body part movement and/or visual stimulation, not requiring physician or psychologist administration
  - CPT® 70555 MRI Brain, functional MRI; requiring physician or psychologist administration of entire neurofunctional testing
  - If MRA Head (CPT® 70544) is indicated but Functional MRI (CPT® 70554 or CPT® 70555) was erroneously ordered, then CPT® 70544 may be substituted when appropriate
- MRI Brain (CPT® 70551 or CPT® 70553) and/or fMRI (CPT® 70554 or CPT® 70555) are appropriate concurrently
  - See **Unlisted Procedures/Therapy Treatment Planning (Preface-4.3)** in the Preface Imaging Guidelines if MRI Unlisted is requested for surgical planning

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Magnetic Resonance Spectroscopy (MRS) (HD-24.3)

HD.OI.0024.3.A

v1.0.2025

- MRS (CPT® 76390) involves analysis of the levels of certain chemicals in a pre-selected voxels (small regions) on an MRI scan done at the same time.
- When conventional imaging by magnetic resonance imaging (MRI) or computed tomography (CT) provides limited information regarding specific clinical questions, indications for MRS in adults and children include, but are not limited to, the following and is evaluated on a case-by-case basis:
  - Distinguish recurrent brain tumor from radiation necrosis as an alternative to PET (CPT® 78608)
  - Diagnosis of certain rare inborn errors of metabolism affecting the CNS (primarily pediatric individuals)
  - Evidence or suspicion of primary or secondary neoplasm (pre-treatment and post-treatment)
  - Grading of primary glial neoplasm, particularly high-grade versus low-grade glioma
  - Evidence or suspicion of brain infection, especially cerebral abscess (pre-treatment and post-treatment) and HIV-related infections
  - Seizures, especially temporal lobe epilepsy

Background and Supporting Information

- Evaluation of certain primary brain tumors where diagnostic accuracy has been established in peer-reviewed literature.
  - See **Primary Central Nervous System Tumors – General Considerations (ONC-2.1)**, **Low Grade Gliomas (ONC-2.2)**, and **High Grade Gliomas (ONC-2.3)** in the Oncology Imaging Guidelines

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

CSF Flow Imaging (HD-24.4)

HD.OI.0024.4.A
v1.0.2025

- Pulse-gated MRI imaging or MRI CINE is generally performed as a part of a MRI Brain study. It is not coded separately for pre-operative evaluation of hydrocephalus, Chiari syndromes, Normal Pressure Hydrocephalus, Idiopathic Intracranial Hypertension (also known as pseudotumor cerebri), and spontaneous intracranial hypotension.
- There is no specific or unique procedure code for this study; it is done as a special sequence of a routine MRI Brain without contrast (CPT® 70551).
- If not previously performed as part of recent study, a second study for the purpose of evaluating CSF flow may be performed.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

CT or MRI Perfusion (HD-24.5)

HD.OI.0024.5.A
v1.0.2025

- Performed as part of a CT Head or MRI Brain examination in the evaluation of individuals with very new strokes or brain tumors.
- CT perfusion study, if performed in conjunction with a CT angiogram of the intracranial and/or cervical vessels, can be performed before, after, or concurrent with the CT angiogram.
  - CTA Head and/or Neck is indicated in conjunction with the CT Perfusion study (CPT® 0042T)
- CPT® 0042T - “cerebral perfusion analysis using CT”.
  - To evaluation of acute stroke (<24 hours) to help identify individuals with stroke-like symptoms and to help identify those most likely to benefit from thrombolysis or thrombectomy
  - Follow up for acute cerebral ischemia or infarction and/or reperfusion in the subacute or chronic phase of recovery
  - To assist in planning and evaluating the effectiveness of therapy for cervical or intracranial arterial occlusive disease (as an isolated test or in combination with a cerebrovascular reserve challenge) and/or chronic cerebral ischemia
  - Identifying cerebral hyperperfusion syndrome following revascularization
  - Evaluation of the vascular status of solid tumors where MRI is degraded due to susceptibility artifact from air-containing spaces, surgical clips, or dental work
  - Follow up of tumor response to therapy
- MRI Perfusion may be obtained with MRI Brain (CPT® 70551 OR CPT® 70552 OR CPT® 70553).
  - No additional CPT® codes are necessary or appropriate to perform MRI perfusion.[9]
- Indications for perfusion magnetic resonance imaging (MRI) MRI Perfusion (CPT® 70551 OR CPT® 70552 OR CPT® 70553)[9] include the following:
  - Diagnosis and Characterization of Mass Lesions
    - Differential diagnosis (tumor versus tumor mimic)
    - Diagnosis of primary neoplasms (may include grading)
    - Surgical planning (biopsy or resection)
    - Targeting locations for biopsy
    - Guiding resection extent
  - Therapeutic follow-up
    - Radiation necrosis versus recurrent or residual tumor
    - Chemonecrosis versus recurrent or residual tumor

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

        - Pseudoprogression and pseudoresponse
        - Monitor potential transformation of non-resectable low grade neoplasms to higher grade
    - Assessment of Neurovascular Disease
        - Acute stroke (assessment of ischemic penumbra)
        - Assessment of the hemodynamic significance of cervical or intracranial vascular stenosis
        - Assessment of cervical or intracranial revascularization efficacy
        - Assessment of vasospasm
- Other indications are usually regarded as not medically necessary.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Magnetic Resonance Neurography (MRN) (HD-24.6)

HD.OI.0024.6.A

v1.0.2025

- See **Magnetic Resonance Neurography (MRN) (PN-7.1)** in the Peripheral Nerve and Neuromuscular Disorders (PNND) Imaging Guidelines.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Cone Beam Computed Tomography (CBCT) (HD-24.7)

HD.OI.0024.7.A
v1.0.2025

- CPT® Codes: CPT® 70486, CPT® 70487, CPT® 70488, CPT® 70480, CPT® 70482 (No separate 3-D rendering codes should be reported)
- An alternative to traditional CT imaging is in-office cone beam testing and possible decreased radiation dosage. The indications for office-based CT imaging are the same as for traditional scanners, and they should not be used for diagnosing or managing uncomplicated acute bacterial rhinosinusitis (ABRS).
- See **Temporomandibular Joint Disease (TMJ) (HD-30.1)** and **Dental/Periodontal/ Maxillofacial Imaging (HD-30.2)**

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Transcranial Doppler (CPT® 93886) (HD-24.8)

HD.OI.0024.8.A
v1.0.2025

- Transcranial Doppler (TCD) is a non-invasive ultrasonic technique that measures local blood flow velocity and direction in the proximal portions of intracranial and extracranial arteries

CPT Code	Description	Additional Notes
93886	Transcranial Doppler study of the intracranial arteries; complete study	
93888	Transcranial Doppler study of the intracranial arteries; limited study	
93890	Transcranial Doppler study of the intracranial arteries; vasoreactivity study	
93892	Transcranial Doppler study of the intracranial arteries; emboli detection without intravenous microbubble injection	
93893	Transcranial Doppler study of the intracranial arteries; emboli detection with intravenous microbubble injection	Report 93893 if the study is performed with intravenous microbubble injection. Transcranial Doppler studies described as "with contrast" are performed with intravenous microbubble injection. The bubbles serve to enhance ultrasound thus enabling better visualization of the intracranial arteries.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

- Transcranial Doppler studies are ordered either as a single complete or limited study or as a combination of the complete or limited study with additional studies for further evaluation of the condition being investigated.
- Evaluation of Stroke/TIA usually includes CPT® 93886 and CPT® 93890 (Vasoreactivity study) and either CPT® 93892 or CPT® 93893 (Emboli detection).
  - Examples include:
    - Evaluation of right to left cardiac shunts: Detection of microemboli in individuals with stroke or TIA. (CPT® 93892 or CPT® 93893 added to CPT® 93886)
    - Evaluation of intracranial occlusive disease in individuals with documented stroke or TIA (CPT® 93890 added to CPT® 93886)
    - Evaluation of hemodynamic effects of known severe extra-cranial occlusive disease (CPT® 93890 added to CPT® 93886)
- TCD studies are indicated for the following:
  - Evaluation of severe stenosis or occlusion of the extracranial (≥60% diameter reduction) and major basal intracranial arteries (≥50% diameter reduction)
  - Detection and serial evaluation of cerebral vasospasm in subarachnoid hemorrhage
  - Evaluation of cerebral embolization including in COVID-19 and refractory encephalopathy
  - Assessing the extent of collateral circulation in individuals with known regions of severe stenosis or occlusion
  - To detect residual right to left shunting after repair/closure of an intracardiac or intrapulmonary shunt
  - Evaluation of AVM both pre and post-surgical intervention.
  - Periprocedural monitoring to detect cerebral thrombosis, embolization, hypoperfusion, and hyperperfusion
  - Assessing the stroke risk in children aged two to sixteen with homozygous sickle cell disease
  - Annual screening for individuals with Sickle Cell Anemia (Hb-SS) and Sickle Beta Thalassemia (Sß) (CPT® 93886) up to the age of 16.
- TCD studies are not indicated for evaluation of:
  - Brain tumors
  - Familial and degenerative disease of the brain
  - Psychiatric disorders
  - Epilepsy
  - Migraine or other primary headache disorders
  - Infectious and inflammatory conditions

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Background and Supporting Information

- Transcranial Doppler (TCD) ultrasound provides rapid, non-invasive, real time measure of cerebrovascular function.
- TCD can be used to measure flow velocity in the proximal cerebral arteries to assess relative changes in flow, diagnose focal vascular stenosis, or to detect embolic signals within these arteries.
- TCD can be used to measure blood flow responses to changes in blood pressure (cerebral autoregulation), changes in end-tidal CO2 (cerebral vasoreactivity), or cognitive and motor activation (neurovascular coupling or functional hyperemia).
- A technical limitation of TCD includes inadequate temporal bone acoustic windows due to a thickened skull which limits ultrasound penetration
- Studies are ongoing regarding the use of TCD in the evaluation of dementia and psychiatric conditions such as depression.
- CPT® 93890, CPT® 93892, CPT® 93893 represent add on services that require additional expertise, lab time, and equipment not included in the complete and limited codes. These additional codes may be appropriate during the same encounter if medical necessity is documented.
- CPT® 93890 Vasoreactivity Study: Measures response of cerebral blood flow to increased CO2 levels (following breath holding or administration of acetazolamide); It is used to evaluate risk of stroke and significance of carotid stenosis; individuals with loss of normal reactive changes are likely to be at increased risk of stroke.
- CPT® 93892/CPT® 93893: Identification of right to left shunts (microembolic signals may be detected during TCD monitoring) and may indicate source of emboli in individuals with stroke or TIA. TCD bubble test is very sensitive and may be superior to transthoracic and transesophageal echocardiography in detection of right to left shunts.
- Transcranial Doppler (TCD) is considered not medically necessary for the following indications:
  - Assessing individuals with migraine;
  - Monitoring during cardiopulmonary bypass and other cerebrovascular and cardiovascular interventions, and surgical procedures (except during carotid endarterectomy, as noted above);
  - Evaluation of individuals with dilated vasculopathies such as fusiform aneurysms;
  - Assessing autoregulation, physiologic, and pharmacological responses of cerebral arteries; and/or
  - Evaluating children with various vasculopathies, such as moyamoya disease and neurofibromatosis.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Evidence Discussion (HD-24)

v1.0.2025

- Functional magnetic resonance imaging (fMRI) is useful for localizing eloquent cortex in relation to a focal brain lesion, for pre-surgical planning and therapeutic follow up. Overall functional MRI imaging sensitivity is 83% with a specificity of 82%, for mapping language and motor functions. Functional MRI is a useful tool for predicting post-operative outcomes in patients with a single brain tumor. Overall, fMRI studies are used in preoperative decision making in 89% of tumor patients and in 91% of epilepsy surgery patients. In 63% of epilepsy patients undergoing surgical evaluation, fMRI imaging results helped to avoid further studies, including the Wada test.
- For cases when conventional imaging by magnetic resonance imaging or computed tomography provides limited information regarding specific clinical questions, magnetic resonance spectroscopy (MRS) provides further characterization of brain tumors, radiation treatment changes, cerebral abscess, seizure disorders, and inherited metabolic disorders. MRS has a 90% sensitivity and 86% specificity in distinguishing tumoral tissue from non-tumoral tissue.
- Pulse-gated MRI imaging or MRI CINE is performed as part of an MRI brain study and allows qualitative and quantitative analysis of oscillatory cerebrospinal fluid (CSF) movement in normal and abnormal conditions. This imaging technique is useful for evaluation of hydrocephalus, Chiari syndromes, Normal Pressure Hydrocephalus, intracranial hypertension, and spontaneous intracranial hypotension.
- MRI perfusion is useful for the diagnosis and characterization of mass lesions, surgical planning and therapeutic follow up. MR perfusion allows localization of tumor for higher yield on stereotactic biopsy and noninvasive differentiation between radiation necrosis from recurrent tumor when conventional MR findings are equivocal.
- CT perfusion has multiple uses including in stroke diagnosis and treatment planning, characterization of neoplastic disease and response to treatment, and is alternative modality for those with contraindication to MRI-based perfusion imaging.
- The American Heart Association/American Stroke Association guidelines for acute stroke management recommend CT Perfusion for selecting candidates for mechanical thrombectomy within 24 hours after last known well.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

References (HD-24)

v1.0.2025

1. Tsivgoulis G, Alexandrov AV. Ultrasound in Neurology. *CONTINUUM: Lifelong Learning in Neurology*. 2016;22(5):1655-1677. doi:10.1212/con.0000000000000374
2. American College of Radiology. ACR–SPR–SSR practice parameter for the performance of computed tomography (CT) perfusion in neuroradiologic imaging. 2022; Available at: PRACTICE PARAMETER CT Perfusion. https://www.acr.org/-/media/ACR/Files/Practice-Parameters/ctperfusion.pdf?la=en
3. Connolly ES, Rabinstein AA, Carhuapoma JR, et al. Guidelines for the Management of Aneurysmal Subarachnoid Hemorrhage. *Stroke*. 2012;43(6):1711-1737. doi:10.1161/str.0b013e3182587839
4. ACR-ASNR-SPR Practice Parameter for the Performance of Computed Tomography (CT) of the Extracranial Head and Neck Revised 2021. (Resolution 5). https://www.acr.org/-/media/ACR/Files/Practice-Parameters/CT-Head-Neck
5. Demeestere J, Wouters A, Christensen S, Lemmens R, Lansberg MG. Review of Perfusion Imaging in Acute Ischemic Stroke. *Stroke*. 2020;51(3):1017-1024. doi:10.1161/strokeaha.119.028337
6. American College of Radiology. ACR-AIUM-SPR-SRU practice parameter for the performance of transcranial doppler ultrasound. 2022; Available at: PRACTICE PARAMETER TRANSCRANIAL DOPPLER ULTRASOUND. https://www.acr.org/-/media/ACR/Files/Practice-Parameters/us-transcranial.pdf?la=en
7. American College of Radiology. ACR–SPR–SSR practice parameter for the performance of functional magnetic resonance imaging (fMRI) of the brain. 2022; Available at: PRACTICE PARAMETER FMRI. https://www.acr.org/-/media/ACR/Files/Practice-Parameters/fmrbrain.pdf?la=en
8. American College of Radiology. ACR–SPR–SSR practice parameter for the performance and interpretation of magnetic resonance spectroscopy of the central nervous system. 2019; Available at: PRACTICE PARAMETER MR Spectroscopy. https://www.acr.org/-/media/ACR/Files/Practice-Parameters/mr-spectroscopy.pdf?la=en
9. ACR–ASNR–SPR PRACTICE PARAMETER FOR THE PERFORMANCE OF INTRACRANIAL MAGNETIC RESONANCE PERFUSION IMAGING. Revised 2022 (Resolution 24). *PRACTICE PARAMETER MR_Perfusion*.https://www.acr.org/-/media/ACR/Files/Practice-Parameters/mr-perfusion.pdf? la=en
10. Bradley WG. Magnetic Resonance Imaging of Normal Pressure Hydrocephalus. *Seminars in Ultrasound, CT and MRI*. 2016;37(2):120-128. doi:10.1053/j.sult.2016.01.005
11. Farb R, Rovira À. Chapter 2: Hydrocephalus and CSF Disorders. In: Hodler J, Kubik-Huch RA, von Schulthess GK. eds. Hydrocephalus and CSF Disorders-- Diseases of the Brain, Head and Neck, Spine 2020–2023: Diagnostic Imaging. 2020 Feb 15.
12. Antipova D, Eadie L, Macaden AS, Wilson P. Diagnostic value of transcranial ultrasonography for selecting subjects with large vessel occlusion: a systematic review. *The Ultrasound Journal*. 2019;11(1). doi:10.1186/s13089-019-0143-6
13. Batra A, Clark JR, LaHaye K, et al. Transcranial Doppler Ultrasound Evidence of Active Cerebral Embolization in COVID-19. *Journal of Stroke and Cerebrovascular Diseases*. 2021;30(3):105542. doi:10.1016/j.jstrokecerebrovasdis.2020.105542
14. Purkayastha S, Sorond F. Transcranial Doppler Ultrasound: Technique and Application. *Seminars in neurology*. 2012;32(4):411-420. doi:10.1055/s-0032-1331812
15. Feng Y, Su X, Zheng C, Lu Z. The Noninvasive Diagnostic Value of MRN for CIDP: A Research from Qualitative to Quantitative. *Spine*. 2020;45(21):1506-1512. doi:10.1097/brs.0000000000003599
16. AIUM Practice Guideline for the Performance of a Transcranial Doppler Ultrasound Examination for Adults and Children. *Journal of Ultrasound in Medicine*. 2012;31(9):1489-1500. doi:10.7863/jum.2012.31.9.1489
17. Expert Panel on Pediatric Imaging, Robertson RL, Palasis S, et al. ACR Appropriateness Criteria® Cerebrovascular Disease-Child. J Am Coll Radiol. 2020;17(5S):S36-S54. doi:10.1016/j.jacr.2020.01.036
18. McGirr A, Vila-Rodriguez F, Cole J, et al. Efficacy of Active vs Sham Intermittent Theta Burst Transcranial Magnetic Stimulation for Patients With Bipolar Depression. *JAMA Network Open*. 2021;4(3):e210963. doi:10.1001/jamanetworkopen.2021.0963
19. Lacomis D, Gooch C. Upper motor neuron assessment and early diagnosis in ALS. *Neurology*. 2019;92(6):255-256. doi:10.1212/wnl.0000000000006867

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

20. Rosenfeld RM, Piccirillo JF, Chandrasekhar SS, et al. Clinical Practice Guideline (Update): Adult Sinusitis. *Otolaryngology–Head and Neck Surgery*. 2015;152(2_suppl):S1-S39. doi:10.1177/0194599815572097
21. American College of Radiology. ACR–SPR–SSR practice parameter for the performance of intracranial magnetic resonance perfusion imaging. 2022; Available at: PRACTICE PARAMETER MR Perfusion. https://www.acr.org/-/media/ACR/Files/Practice-Parameters/mr-perfusion.pdf?la=en
22. Bizzi A, Blasi V, Falini A, et al. Presurgical functional MR imaging of language and motor functions: validation with intraoperative electrocortical mapping. Radiology. 2008;248(2):579-589. doi:10.1148/radiol.2482071214
23. Kundu B, Penwarden A, Wood JM, et al. Association of functional magnetic resonance imaging indices with postoperative language outcomes in patients with primary brain tumors. Neurosurg Focus. 2013;34(4):E6. doi:10.3171/2013.2.FOCUS12413
24. Lee CC, Ward HA, Sharbrough FW, et al. Assessment of functional MR imaging in neurosurgical planning. AJNR Am J Neuroradiol. 1999;20(8):1511-1519.
25. Medina LS, Bernal B, Dunoyer C, et al. Seizure disorders: functional MR imaging for diagnostic evaluation and surgical treatment--prospective study. Radiology. 2005;236(1):247-253. doi:10.1148/radiol.2361040690
26. Castillo M, Kwock L, Scatliff J, Mukherji SK. Proton MR spectroscopy in neoplastic and non-neoplastic brain disorders. Magn Reson Imaging Clin N Am. 1998;6(1):1-20.
27. Law, M. MR Spectroscopy of Brain Tumors. Topics in Magnetic Resonance Imaging:TMRI. 2004;15(5):291-313.
28. Weinberg BD, Kuruva M, Shim H, Mullins ME. Clinical Applications of Magnetic Resonance Spectroscopy in Brain Tumors: From Diagnosis to Treatment. Radiol Clin North Am. 2021;59(3):349-362. doi:10.1016/j.rcl.2021.01.004
29. Powers WJ, Rabinstein AA, Ackerson T, et al. Guidelines for the Early Management of Patients With Acute Ischemic Stroke: 2019 Update to the 2018 Guidelines for the Early Management of Acute Ischemic Stroke: A Guideline for Healthcare Professionals From the American Heart Association/American Stroke Association. Stroke 2019;50:e344-e418.
30. Petrella JR, Provenzale JM. MR perfusion imaging of the brain: techniques and applications. AJR Am J Roentgenol 2000;175:207-19

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Epistaxis (HD-25)

Guideline

Epistaxis (HD-25.1)
References (HD-25)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Epistaxis (HD-25.1)

HD.EX.0025.1.A
v1.0.2025

- After initial nasal endoscopy by ENT, if there are findings suspicious for a mass lesion:
  - CT Maxillofacial without or with contrast (CPT® 70486 or CPT® 70487) **AND/OR**
  - MRI Orbit/Face/Neck without and with contrast (CPT® 70543)
- Patients who have failed initial management with cauterization and packing and have persistent or recurrent epistaxis despite these primary interventions, should be referred to a clinician who can evaluate the patient for their candidacy for surgical ligation or endovascular embolization.[3]
- Prior to embolization with surgical or endovascular technique, CT Maxillofacial without contrast (CPT® 70486) **OR** CT Maxillofacial with contrast (CPT® 70487) is supported when requested by the clinician performing embolization or referring for embolization.
  - If endovascular embolization is planned, CTA Head (CPT® 70496) **AND/OR** CTA Neck (CPT® 70498) may be requested ahead of the interventional radiologic procedure.[5]

Background and Supporting Information

The American Academy of Otolaryngology Head and Neck Surgery recommend, in its most recent 2020 Clinical Practice Guidelines on Epistaxis, that the clinician should perform, or should refer to a clinician who can perform, nasal endoscopy to identify the site of bleeding and guide further management in patients with recurrent nasal bleeding, despite prior treatment with packing or cautery, or with recurrent unilateral nasal bleeding. No recommendations for advanced imaging are outlined in this Guideline without the exam findings (anterior rhinoscopy and/or nasal endoscopy) or the procedural needs of the patient indicating the need for such studies. If anterior rhinoscopy does not reveal the source of bleeding, it is recommended that the clinician perform nasal endoscopy, or refer to a clinician who can perform nasal endoscopy, first.[3]

Embolization procedures have shown an average nosebleed control rate of 87%, with minor transient complications in 20% (transient nasal ischemia, temporal-facial pain or numbness, headache, swelling, jaw claudication, trismus, and access site complications not requiring additional therapy) and major complications in up to 2.1% to 3.8% (skin/nasal necrosis, permanent facial nerve paralysis, monocular blindness, and stroke).

Detailed angiography, including internal and external carotid angiography, and precise embolization techniques are required. Despite use of meticulous techniques and knowledge of external carotid-internal carotid anastomoses, blindness and stroke are the most feared complications of endovascular embolization. These complications are

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

rare but are more frequent than in patients undergoing surgical arterial ligation. In one study, similar transient ischemic attacks are demonstrated across all groups but there is increased risk of stroke in the groups who underwent endovascular embolization alone (0.9%) or combined with surgical ligation (1.6%) as compared with surgical ligation alone (0.1%). [3,4,5]

Evidence Discussion (HD-25)

- The American Academy of Otolaryngology - Head & Neck Surgery (AAO-HNS) recommends, in its most recent 2020 Clinical Practice Guidelines on Epistaxis, that the clinician should perform, or should refer to a clinician who can perform, nasal endoscopy to identify the site of bleeding and to guide further management in patients with recurrent nasal bleeding despite prior treatment with packing or cautery, or with recurrent unilateral nasal bleeding. No recommendations for advanced imaging are outlined in this AAO-HNS Guideline without the exam findings (anterior rhinoscopy and/or nasal endoscopy) or the procedural needs of the patient, directing the need for such studies. If anterior rhinoscopy does not reveal the source of bleeding, it is recommended that the clinician perform nasal endoscopy is recommended first. or refer to a clinician who can perform nasal endoscopy, first.
- Further characterization of any mass lesions suspected on initial nasal endoscopy may be evaluated with CT Maxillofacial, either with OR without contrast (CPT® 70487 or CPT® 70486), AND/OR MRI Orbit, Face, and/or Neck without and with contrast (CPT® 70543)
- Because of the risks involved in embolization procedures (blindness, stroke and others), CT or MRI imaging is supported prior to any planned intervention.
- Embolization procedures have shown an average nosebleed control rate of 87%, with minor transient complications in 20% (transient nasal ischemia, temporal-facial pain or numbness, headache, swelling, jaw claudication, trismus, and access site complications not requiring additional therapy) and major complications in up to 2.1% to 3.8% (skin/nasal necrosis, permanent facial nerve paralysis, monocular blindness, and stroke).

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (HD-25)

v1.0.2025

1. Expert Panel on Neurologic Imaging:, Kirsch CFE, Bykowski J, et al. ACR Appropriateness Criteria® Sinonasal Disease. *J Am Coll Radiol*. 2017;14(11S):S550-S559. doi:10.1016/j.jacr.2017.08.041
2. ACR-ASNR-SPR Practice Parameter for the Performance of Computed Tomography (CT) of the Extracranial Head and Neck Revised 2021. (Resolution 5). https://www.acr.org/-/media/ACR/Files/Practice-Parameters/CT-Head-Neck
3. Tunkel DE, Anne S, Payne SC, et al. Clinical Practice Guideline: Nosebleed (Epistaxis). *Otolaryngology–Head and Neck Surgery*. 2020;162(1_suppl). doi:10.1177/0194599819890327
4. Strach K, Schröck A, Wilhelm K, et al. Endovascular treatment of epistaxis: indications, management, and outcome.*Cardiovasc Intervent Radiol*. 2011;34(6):1190-1198. doi:10.1007/s00270-011-0155-5
5. Brinjikji W, Kallmes DF, Cloft HJ. Trends in epistaxis embolization in the United States: a study of the Nationwide Inpatient Sample 2003-2010.*J Vasc Interv Radiol*. 2013;24(7):969-973. doi:10.1016/j.jvir.2013.02.035

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Mastoid Disease or Ear Pain (HD-26)

Guideline

Mastoid Disease or Ear Pain (HD-26.1)
References (HD-26)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Mastoid Disease or Ear Pain (HD-26.1)

HD.MA.026.1.A
v1.0.2025

A pertinent clinical evaluation including a detailed history, physical examination (including otoscopic examination), must be performed on any individual with ear pain prior to considering advanced imaging. Common causes of ear pain include external and middle ear infections, dental problems, sinus infection, neck problems, tonsillitis, and pharyngitis.

Indications (Any one of the following)	Supported Imaging
• Persistent ear pain without obvious cause • Clinical suspicion for complicated or invasive infection such as mastoiditis • Clinical suspicion for complications from otitis media • Clinical suspicion of mass lesion causing ear pain • Significant trauma with concern for hematoma formation • Pre-operative planning	• CT Orbits/Temporal Bone without contrast (CPT® 70480) **OR** • CT Orbits/Temporal Bone without and with contrast (CPT® 70482) **OR** • MRI Brain without and with contrast with attention to internal auditory canals (CPT® 70553) **OR** • MRI Orbits/Face/Neck without and with contrast (CPT® 70543)

- Advanced imaging is not indicated in the overwhelming majority of individuals with ear pain.
- Advanced imaging for the diagnosis and management of suspected cholesteatoma, in particular, should be reserved for the otolaryngologist or in consultation with the otolaryngologist
- Imaging indicated for pre-operative evaluation for cholesteatoma surgery:
  - CT Orbits/Temporal Bone without contrast (CPT® 70480) **OR**
  - CT Orbits/Temporal Bone without and with contrast (CPT® 70482) **AND/OR**
  - MRI Brain without and with contrast with attention to internal auditory canals (CPT® 70553) **OR**
  - MRI Orbits/Face/Neck without and with contrast (CPT® 70543)
- Indicated one time post-operatively to exclude residual or regrown cholesteatoma to avoid the need for a second-look surgery:
  - CT Orbits/Temporal Bone without contrast (CPT® 70480) **OR**
  - CT Orbits/Temporal Bone without and with contrast (CPT® 70482) **AND/OR**

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

  - MRI Brain without and with contrast with attention to internal auditory canals (CPT® 70553), **OR**
  - MRI Orbits/Face/Neck without and with contrast (CPT® 70543)
- Eustachian Tube Dilation: (endoscopic balloon dilatation of the Eustachian Tube, to treat persistent Eustachian tube dysfunction)[3,4]
  - CT Orbit/Temporal Bone without contrast (CPT® 70480) can be approved for pre-operative evaluation of possible aberrant carotid.
- Concern for Petrous Apex Lesions when requested by the Otolaryngologist or in consultation with the Otolaryngologist, the following are supported:[6]
  - CT Orbit/Temporal bone without contrast (CPT® 70480) **OR**
  - CT Orbit/Temporal bone without and with contrast (CPT® 70482) **AND/OR**
  - MRI Brain without and with contrast (CPT® 70553) **OR**
  - MRI Orbits/Face/Neck without or with contrast (CPT® 70543)
- For concern related to non-resolving otalgia with chronic otorrhea:
  - See **Skull Base Osteomyelitis (SBO) (HD-20.2)**

Background and Supporting Information

- Common causes of ear pain include external and middle ear infections, dental problems, sinus infection, neck problems, and referred pain from the oral pharynx.
- Clinical suspicion for complications from otitis media such as coalescent mastoiditis, resulting in: subperiosteal abscess formation/Bezold's abscess, acute facial nerve paralysis, and intracranial abscess formation.
- Cholesteatomas are expansive cysts of the middle ear filled with cellular debris. They can be congenital or arise from recurrent middle ear infections or trauma to the tympanic membrane. Hearing loss is usually conductive, although if the lesion is large enough combined conductive and sensorineural hearing loss may be present. Otoscopic exam findings and symptoms may include a white mass in the middle ear cleft, painless drainage from the ear or chronic/recurrent ear infections.
- Petrous apex lesions/infections may include: cholesteatoma, cephelocele, mucocele, and cholesterol granuloma and can present with symptoms of pain, hearing loss, headache, vertigo, and Cranial nerve insults(including CN V VI, VII, IX, X, XI).

Evidence Discussion (HD-26)

- Contrast enhanced CT is commonly used for evaluation of head and neck infections due to its accessibility and short examination time. MRI provides better sensitivity of soft tissue infections in the setting of cholesteatoma, when there is concern for abscess formation or intracranial complications.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (HD-26)

v1.0.2025

1. ACR-ASNR-SPR Practice Parameter for the Performance of Computed Tomography (CT) of the Extracranial Head and Neck Revised 2021. (Resolution 5). https://www.acr.org/-/media/ACR/Files/Practice-Parameters/CT-Head-Neck
2. Rosenfeld RM, Shin JJ, Schwartz SR, et al. Clinical Practice Guideline: Otitis Media with Effusion (Update). Otolaryngology–Head and Neck Surgery. 2016;154(1_suppl):S1-S41. doi:10.1177/0194599815623467
3. Micucci S, Keschner DB, Liang J. Eustachian Tube Balloon Dilation: Emerging Practice Patterns for a Novel Procedure. Ann Otol Rhinol Laryngol. 2018 Nov;127(11):848-855. doi: 10.1177/0003489418798858.
4. Tucci DL, McCoul ED, Rosenfeld RM, Tunkel DE, Batra PS, Chandrasekhar SS, Cordes SR, Eshraghi AA, Kaylie D, Lal D, Lee J, Setzen M, Sindwani R, Syms CA 3rd, Bishop C, Poe DS, Corrigan M, Lambie E. Clinical Consensus Statement: Balloon Dilation of the Eustachian Tube. Otolaryngol Head Neck Surg. 2019 Jul;161(1):6-17. doi: 10.1177/0194599819848423.
5. Treviño González JL, Reyes Suárez LL, Hernández de León JE. Malignant otitis externa: An updated review. Am J Otolaryngol. 2021 Mar-Apr;42(2):102894. doi: 10.1016/j.amjoto.2020.102894. Epub 2021 Jan 5. PMID: 33429178
6. Potter GM, Siripurapu R. Imaging of Petrous Apex Lesions. Neuroimaging Clin N Am. 2021;31(4):523-540. doi:10.1016/j.nic.2021.06.005
7. Baba A, Kurokawa R, Kurokawa M, Reifeiss S, Policeni BA, Ota Y, Srinivasan A. Advanced imaging of head and neck infections. J Neuroimaging. 2023 Jul-Aug;33(4):477-492. doi: 10.1111/jon.13099. Epub 2023 Mar 15. PMID: 36922159.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Hearing Loss and Tinnitus (HD-27)

Guideline

Hearing Loss (HD-27.1)
Tinnitus (HD-27.2)
References (HD-27)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Hearing Loss (HD-27.1)

HD.HL.0027.1.A
v1.0.2025

- An initial evaluation including hearing tests, by bedside testing or by formal audiology, is necessary to determine whether an individual's hearing loss is conductive (external or middle ear structures) or sensorineural (inner ear structures, such as cochlea or auditory nerve) hearing loss. See **General Guidelines (HD-1.0)**
- CT Orbits/Temporal Bone without (CPT® 70480) **OR** MRI Brain without and with contrast (with IAC views) (CPT® 70553) **OR** MRI Brain without contrast (CPT® 70551):
  - Mixed conductive (MC)/Sensorineural (SN) hearing loss or any sensorineural hearing loss (MRI generally preferred for SN - See ***Background and Supporting Information***)
  - Unilateral fluctuating or asymmetric hearing loss
  - Cholesteatoma (see **Mastoid Disease or Ear Pain (HD-26.1)**)
  - Congenital hearing loss
  - Surgical planning, including cochlear implants (both CT Temporal Bone and MRI Brain for surgical planning if requested by surgeon or any provider in consultation with the surgeon)
  - Hearing loss with vertigo (see **Dizziness/Vertigo (HD-23.1)**)
- CT Orbits/Temporal Bone without contrast (CPT® 70480):
  - Conductive hearing loss should have a CT Temporal Bone initially in the absence of an evident mass in the middle ear
- CT Orbits/Temporal Bone with contrast (CPT® 70481):
  - Glomus tumors or other vascular tumors of the middle ear, and/or surgical planning
  - Acquired sensorineural hearing loss if MRI unavailable or contraindicated
- Limited MRI Brain with attention to internal auditory canals (CPT® 70540, CPT® 70542, or CPT® 70543) when requested by the provider in place of a complete MRI Brain. Note: Limited MRI codes should not be used in addition to MRI Brain codes; IAC views are performed as additional sequences as part of the brain study (see **General Guidelines – Anatomic Issues (HD-1.1)**)

Background and Supporting Information

- Sensorineural (SN) hearing loss – MRI is generally preferable to CT. CT Temporal bone is indicated in post-traumatic SN hearing loss, to evaluate for bony remodeling of the IAC due to vestibular schwannoma and labyrinthine ossification resulting from prior infection and for consideration of otospongiosis, a common cause of MC and SN hearing loss.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Evidence Discussion (HD-27.1)

- A complete history and otologic exam should be performed prior to advanced imaging for the workup of hearing loss. Formal audiometric testing is also necessary to determine whether the hearing loss is conductive, sensorineural or mixed.
- MRI brain is generally preferred for sensorineural and mixed hearing loss, particularly for unilateral hearing loss, congenital loss, or for surgical planning.
- CT orbits/temporal bone is preferred for cases of conductive hearing loss, trauma, or suspected bony or middle ear disorders.
- Both may be supported for surgical planning (cochlear implants, petrous apex disorders)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Tinnitus (HD-27.2)

HD.HL.0027.2.A
v1.0.2025

- A hearing evaluation is not required prior to imaging for tinnitus.
- The history in individuals with tinnitus should include a description of the tinnitus (episodic or constant, pulsatile or non-pulsatile, rhythmicity, pitch, quality of the sound), as well as inciting or alleviating factors. Continuous and pulsatile tinnitus are more concerning for an underlying and significant disorder. Audiometric assessment can be used as initial diagnostic testing particularly in individuals with tinnitus that is unilateral, persistent (>6 months) or associated with hearing difficulties (see **General Guidelines (HD-1.0)**)

Indications (Any one of the following)[1,5,6]	Supported Imaging
• Clinical suspicion of mass lesion causing tinnitus • Asymmetric or unilateral non-pulsatile tinnitus (i.e tinnitus that localizes to one ear) • Tinnitus associated with focal neurologic abnormalities, including asymmetric hearing loss • Persistent tinnitus after recent significant trauma. • Pulsatile tinnitus with or without concern for vascular lesion	• CT Orbits/Temporal Bone without contrast (CPT® 70480) **OR** • CT Orbits/Temporal Bone without and with contrast (CPT® 70482) **OR** • MRI Brain without and with contrast with attention to internal auditory canals (CPT® 70553) **OR** • MRI Brain without contrast with attention to internal auditory canals (CPT® 70551) **OR** • MRI Orbits/Face/Neck without contrast (CPT® 70540), with contrast CPT® 70542, or without and with contrast (CPT® 70543)
• Pulsatile tinnitus • Suspicion for vascular lesions	• MRA Head (CPT® 70544, CPT® 70545 OR CPT® 70546) **OR** • CTA Head (CPT® 70496) **AND/OR** • MRA Neck (CPT® 70547, CPT® 70548 or CPT® 70549) **OR** • CTA Neck (CPT® 70498)

- Imaging not supported for bilateral non-pulsatile tinnitus without other neurologic signs or symptoms[6]
- Limited MRI Brain with attention to internal auditory canals (CPT® 70540, CPT® 70542, or CPT® 70543) when requested by the provider in place of a complete MRI

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Brain. Note: Limited MRI codes should not be used in addition to MRI Brain codes; IAC views are performed as additional sequences as part of the brain study (see **General Guidelines – Anatomic Issues (HD-1.1)**)

- CT and MR Venography (CTV and MRV) are reported with the same codes as the CTA/MRA counterpart. If arterial and venous CT or MR studies are both performed in the same session, only one CPT® code should be used to report both procedures.

Background and Supporting Information

- Non-pulsatile tinnitus may be described as ringing, buzzing, or clicking sensations which is constant and non-synchronous.
- Pulsatile tinnitus is a repetitive sound coinciding with the individual's heartbeat. The symptom may be subjective or objective.

Evidence Discussion (HD-27.2)

- A targeted history and clinical examination should be performed as the initial evaluation of a patient with tinnitus and determination as to whether the tinnitus is bothersome or not should be made before any imaging is considered.
- Both MRI and CT have utility in diagnosing the etiology of tinnitus, particularly for concerns of mass lesions, or for tinnitus in conjunction with hearing loss or trauma.
- MRA or CTA of the head and neck are also useful in the workup of pulsatile tinnitus or for suspicion of a vascular lesion

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (HD-27)

v1.0.2025

1. Expert Panel on Neurologic Imaging:, Sharma A, Kirsch CFE, et al. ACR Appropriateness Criteria® Hearing Loss and/or Vertigo. J Am Coll Radiol. 2018;15(11S):S321-S331. doi:10.1016/j.jacr.2018.09.020
2. Isaacson J, Vora NM. Differential diagnosis and treatment of hearing loss. *American Family Physician*. 2003 Sep 15;68(6):1125-32
3. Chandrasekhar SS, Do BST, Schwartz SR, et al. Clinical Practice Guideline: Sudden Hearing Loss (Update). *Otolaryngology–Head and Neck Surgery*. 2019;161(1_suppl). doi:10.1177/0194599819859885
4. ACR-ASNR-SPR Practice Parameter for the Performance of Computed Tomography (CT) of the Extracranial Head and Neck Revised 2021. (Resolution 5). https://www.acr.org/-/media/ACR/Files/Practice-Parameters/CT-Head-Neck
5. Expert Panel on Neurologic Imaging: Jain, V, Policeni B, et al. ACR Appropriateness Criteria® Tinnitus. 2023 https://acsearch.acr.org/docs/3094199/Narrative/
6. Tunkel DE, Bauer CA, Sun GH, Rosenfeld RM, Chandrasekhar SS, Cunningham ER Jr, Archer SM, Blakley BW, Carter JM, Granieri EC, Henry JA, Hollingsworth D, Khan FA, Mitchell S, Monfared A, Newman CW, Omole FS, Phillips CD, Robinson SK, Taw MB, Tyler RS, Waguespack R, Whamond EJ. Clinical practice guideline: tinnitus executive summary. Otolaryngol Head Neck Surg. 2014 Oct;151(4):533-41. doi: 10.1177/0194599814547475

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Neurosurgical Imaging (HD-28)

Guideline

Neurosurgical Imaging (HD-28.1)
Neuronavigation (HD-28.2)
Post-Operative Imaging (HD-28.3)
Evidence Discussion (HD-28)
References (HD-28)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Neurosurgical Imaging (HD-28.1)

HD.NI.0028.1.A

v1.0.2025

- Typically advanced imaging for monitoring disease for mass lesions occurs after biopsy (histologic) confirmation. This ensures appropriate determination related to phase of oncology imaging and alignment to appropriate diagnosis-specified guideline section.
  - However, repeat imaging by neurosurgeons or others of the management team for areas of the central nervous system (CNS) where permanent neurologic damage would be excessive with even a limited biopsy attempt is supported.
  - Examples would include, but are not exclusive to: medically fragile individual, and tumors of the brainstem, eloquent areas of the brain, deep gray matter areas of the brain (ex. thalamus), and cavernous sinus.
- Repeat diagnostic head imaging:
  - Previous diagnostic head imaging is determined to be inadequate or additional imaging sequences/protocols are required by the neurosurgeon or the treatment team
  - Prior imaging is greater than 6 months old

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Neuronavigation (HD-28.2)

HD.NI.0028.2.A
v1.0.2025

- Neurosurgical navigation is “image-based” meaning that the necessary pre-operative CT and MRI images are used for navigation in the operating room (image acquisition). Accurate registration (a process to match the pre-operative images to the individual position) of pre-operative images is necessary to guide surgery regardless of the navigation system that is used. Registration can be point-based or surface matched routines to allow the surgeon to view the overlapping data sets and the current situation to allow navigation.
- The process of registration for neuronavigation via the acquisition of pre-operative CT and MRI images does not require a radiologist interpretation.
  - Diagnostic imaging codes are not indicated for the purpose of registration for neuronavigation.
  - Can be referenced by proprietary brand systems such as Brainlab or Stealth imaging procedures
  - See **Unlisted Procedures/Therapy Treatment Planning (Preface-4.3)** in the Preface Imaging Guidelines and **Unlisted Procedure Codes (ONC-1.5)** in Oncology in the Oncology Imaging Guidelines
- Advanced imaging for neuronavigation (image acquisition for registration for surgery) with one of each of the following as unlisted codes apply:
  - Unlisted MRI procedure code (CPT® 76498)
  - Unlisted CT procedure code (CPT® 76497)
  - Due to variances with techniques currently available for neuronavigation, the following are indicated:
    - CTA Head without and with contrast (CPT® 70496) or MRA Head (CPT® 70544, CPT® 70545 or CPT® 70546) (to avoid arterial and venous structures)
    - 3D (CPT® 76377 or CPT® 76376) (see **General Guidelines – Other Imaging Situations (HD-1.7)**)
  - Diagnostic imaging codes are only indicated if radiological supervision and interpretation of imaging is necessary with supporting documentation
    - MRI Brain without contrast (CPT® 70551) **OR** MRI Brain with contrast (CPT® 70552) **OR** MRI Brain without and with contrast (CPT® 70553) (contrast as requested) **AND/OR** CT Head without contrast (CPT® 70450) **OR** CT Head with contrast (CPT® 70460) **OR** CT Head without and with contrast (CPT® 70470) (contrast as requested)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Post-Operative Imaging (HD-28.3)

HD.NI.0028.3.A

v1.0.2025

- Post-operative imaging including MRI Brain without contrast (CPT® 70551), or MRI Brain with contrast (CPT® 70552), or MRI Brain without and with contrast (CPT® 70553) (contrast as request) or CT Head without contrast (CPT® 70450), or CT Head with contrast (CPT® 70460), or CT Head without and with contrast (CPT® 70470) (contrast as request) per neurosurgeon's or in concert with management team's request that includes, but not exclusive to:
  - Within 24-72 hours following brain surgery including to document the need for repeat surgery or if adjuvant intervention is necessary, concern or rule out for complication(s), evaluation if incomplete resection vs. consideration for plan for gross resection
  - Signs or symptoms indicating concern of clinical deterioration
  - Development of new neurological signs or symptoms
  - Follow-up on blood products, edema, and/or concern of cerebrospinal fluid leak
  - Follow up imaging per condition-based guideline
- See additional condition-based guidelines:
  - Pediatric Neurosurgeries
    - See **Special Imaging Studies in Evaluation for Epilepsy Surgery (PEDHD-6.3)** in the Pediatric Head Imaging Guidelines
    - See **Modality General Considerations (PEDONC-1.3)** and **Pediatric CNS Tumors (PEDONC-4)** in the Pediatric and Special Populations Oncology Guidelines
  - Epilepsy
    - See **Presurgical Work-Up for Drug-Resistant Epilepsy (HD-9.2)**
  - Movement Disorders
    - See **Movement Disorders (HD-15.1)**
  - Pituitary or Sella Surgery
    - See **Pituitary (HD-19.1)**
  - Acoustic Neuroma and Other Cerebellopontine Angle Tumors
    - See **Acoustic Neuroma and Other Cerebellopontine Angle Tumors (HD-33.1)**
  - Central Nervous System Tumors
    - See **Primary Central Nervous System Tumors (ONC-2)** and **Brain Metastases (ONC-31.3)** in the Oncology Imaging Guidelines

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Evidence Discussion (HD-28)

v1.0.2025

- Imaging modalities for neurosurgical planning include MRI brain and CT head, along with vascular imaging.
- MRI brain is the preferred modality for the evaluation of intracranial neoplasms and other conditions affecting the brain parenchyma, meninges or cranium, due to its superior soft tissue resolution when compared to CT head.
- CT head is the preferred modality for evaluation of bony structures in the pre-operative setting.
- For localization of relevant vascular anatomy prior to surgery, MRI angiography (MRA) head and neck or CT angiography (CTA) head and neck, may be appropriate.
- Pre-surgical navigational imaging, whether by CT or MRI, allows a spatially accurate anatomical patient model for use in the treatment-planning process.
- The requirements for surgical planning images differ from the requirements for diagnostic images, especially regarding the spatial accuracy of the images in the stereotactic coordinates used for localization and targeting.
- Navigation based on an immediate preoperative scan optimizes the accuracy of data used for initial surgical planning. Navigation systems reduce length of surgery, lower incidence of wound infection and shorten length of post-operative hospital stay.
- For post-operative imaging, CT head is also useful for follow up of intracranial hemorrhage, edema, hydrocephalus, shunts, and general post-operative follow up. CT head has the benefit of providing rapid evaluation if a post-operative complication is suspected. Post-operative MRI brain provides superior soft tissue resolution in less urgent scenarios.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

References (HD-28)

v1.0.2025

1. Orringer DA, Golby A, Jolesz F. Neuronavigation in the surgical management of brain tumors: current and future trends. Expert Review of Medical Devices. 2012;9(5):491-500. doi:10.1586/erd.12.42
2. Rughani A, Schwalb JM, Sidiropoulos C, et al. Congress of Neurological Surgeons Systematic Review and Evidence-Based Guideline on Subthalamic Nucleus and Globus Pallidus Internus Deep Brain Stimulation for the Treatment of Patients With Parkinson's Disease: Executive Summary. Neurosurgery. 2018;82(6):753-756. doi:10.1093/neuros/nyy037
3. Kotecha R, Sahgal A, Rubens M, et al. Stereotactic radiosurgery for non-functioning pituitary adenomas: meta-analysis and International Stereotactic Radiosurgery Society practice opinion. Neuro-Oncology. 2019;22(3):318-332. doi:10.1093/neuonc/noz225
4. Xiao Y, Lau JC, Hemachandra D, Gilmore G, Khan AR, Peters TM. Image Guidance in Deep Brain Stimulation Surgery to Treat Parkinson's Disease: A Comprehensive Review. IEEE Transactions on Biomedical Engineering. 2021;68(3):1024-1033. doi:10.1109/tbme.2020.3006765
5. Delev D, Quesada CM, Grote A, et al. A multimodal concept for invasive diagnostics and surgery based on neuronavigated voxel-based morphometric MRI postprocessing data in previously nonlesional epilepsy. Journal of Neurosurgery. 2018;128(4):1178-1186. doi:10.3171/2016.12.jns161676
6. Yang I, Udawatta M, Prashant GN, et al. Stereotactic Radiosurgery for Neurosurgical Patients: A Historical Review and Current Perspectives. World Neurosurgery. 2019;122:522-531. doi:10.1016/j.wneu.2018.10.193
7. ACR-ASNR-SPR Practice Parameter for the Performance of Computed Tomography (CT) of the Extracranial Head and Neck Revised 2021. (Resolution 5). https://www.acr.org/-/media/ACR/Files/Practice-Parameters/CT-Head-Neck
8. Fitzpatrick JM. The role of registration in accurate surgical guidance. Proceedings of the Institution of Mechanical Engineers, Part H: Journal of Engineering in Medicine. 2009;224(5):607-622. doi:10.1243/09544119jeim589
9. Maurer CR, Fitzpatrick JM, Wang MY, Galloway RL, Maciunas RJ, Allen GS. Registration of head volume images using implantable fiducial markers. IEEE Transactions on Medical Imaging. 1997;16(4):447-462. doi:10.1109/42.611354
10. Pfisterer WK, Papadopoulos S, Drumm DA, Smith K, Preul MC. Fiducial Versus Nonfiducial Neuronavigation Registration Assessment and Considerations of Accuracy. Operative Neurosurgery. 2008;62(suppl_1):ONS201-ONS208. doi:10.1227/01.neu.0000317394.14303.99
11. Gumprecht HK, Widenka DC, Lumenta CB. Brain Lab VectorVision Neuronavigation System: Technology and Clinical Experiences in 131 Cases. Neurosurgery. 1999;44(1):97-104. doi:10.1097/00006123-199901000-00056
12. Grunert P, Darabi K, Espinosa J, Filippi R. Computer-aided navigation in neurosurgery. Neurosurgical Review. 2003;26(2):73-99. doi:10.1007/s10143-003-0262-0
13. Mezger U, Jendrewski C, Bartels M. Navigation in surgery. Langenbeck's Archives of Surgery. 2013;398(4):501-514. doi:10.1007/s00423-013-1059-4
14. Omay SB, Barnett GH. Surgical navigation for meningioma surgery. Journal of Neuro-Oncology. 2010;99(3):357-364. doi:10.1007/s11060-010-0359-6
15. Maciunas R. Computer-assisted neurosurgery. Clin Neurosurg. 2006;(53):267-271
16. Kelly PJ, Kall BA, Goerss SJ. Results of Computed Tomography-based Computer-assisted Stereotactic Resection of Metastatic Intracranial Tumors. Neurosurgery. 1988;22(1):7-17. doi:10.1227/00006123-198801000-00002
17. Wang MY, Maurer CR, Fitzpatrick JM, Maciunas RJ. An automatic technique for finding and localizing externally attached markers in CT and MR volume images of the head. IEEE Transactions on Biomedical Engineering. 1996;43(6):627-637. doi:10.1109/10.495282
18. American College of Radiology. ACR Practice Parameter for the performance of brain sterotactic radiosurgery
19. American College of Radiology. ACR–ASNR–SPR practice parameter for the performance and interpretation of magnetic resonance imaging (MRI) of the brain
20. PRACTICE PARAMETER 1 Cervicocerebral MRA. https://www.acr.org/-/media/ACR/Files/Practice-Parameters/cervicocerebralmra.pdf?la=en

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

21. PRACTICE PARAMETER 1 Cervicocerebral CTA. https://www.acr.org/-/media/ACR/Files/Practice-Parameters/CervicoCerebralCTA.pdf?la=en
22. ACR–ASNR–SPR Practice Parameter for the Performance of Computed Tomography (CT) of the Head. Revised 2020
23. Khoshnevisan A, Allahabadi NS. Neuronavigation: principles, clinical applications and potential pitfalls. Iran J Psychiatry. 2012;7(2):97-103.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Sinus and Facial Imaging (HD-29)

Guideline

Sinus and Facial Imaging (HD-29.1)
Evidence Discussion (HD-29.1)
References (HD-29)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Sinus and Facial Imaging (HD-29.1)

HD.SI.0029.1.U

v1.0.2025

- CT Maxillofacial without contrast (CPT® 70486) or limited CT Sinus without contrast (CPT® 76380) is supported for ANY of the following:[3]
  - Acute sinusitis without resolution of symptoms after a minimum of 4 weeks of treatment (Treatment can include an appropriate course and duration of empiric oral antibiotic, topical intranasal steroid, and/or nasal saline rinses.)
  - Concern for potential or suspected complicated sinusitis, which is sinusitis with actual or threatened orbital or intracranial extension
  - Recurrent sinusitis (4 or more episodes of acute bacterial rhinosinusitis within the past 12 months without symptoms or signs between episodes)
    - In practice, recurrent acute exacerbations of chronic rhinosinusitis are seen as well as recurrent acute rhinosinusitis with disease free intervals between the acute episodes. CT Maxillofacial without contrast (CPT® 70486) may still be indicated under chronic sinusitis definitions.[6]
  - Chronic sinusitis (≥12 weeks sinusitis) with at least two of the following signs and symptoms:
    - Mucopurulent drainage
    - Nasal obstruction or congestion
    - Facial pain, pressure, and/or fullness (may involve the anterior face, periorbital region, or manifest with headache that is localized or diffuse)
    - Decreased sense of smell (see **Taste and Smell Disorders (HD-2.1)** if anosmia, hyposmia, or dysosmia is an isolated symptom)
    - (**Note**: A trial of antibiotic therapy is not required prior to imaging if individual meets criteria for chronic sinusitis)
  - Sinus surgery is being considered (including Balloon Sinus Ostial Dilation or Functional Endoscopic Sinus Surgery)
  - Follow up on incidentally noted sinus pathology (i.e. mucosal thickening, partial opacification of a sinus, or other indeterminate finding in incompletely visualized sinuses) on other imaging studies not performed for the purpose of evaluating sinus pathology, such as MRI Brain for headache, when requested by ENT for clinical correlation.
- Studies requested for the sole purpose of navigation for sinus surgery should be coded CPT® 77011 (CT guidance for stereotactic localization).
  - It is not appropriate to report both CPT® 70486 and CPT® 77011 for the same CT stereotactic localization imaging session (see **CT-, MR-, or Ultrasound-Guided Procedures (Preface-4.2)**) in the Preface Imaging Guidelines).

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

- For unexplained cough as the main symptom, and suspected Upper Airway Cough Syndrome (UACS) as the etiology, see **Cough (CH-3.1)** in the Chest Imaging Guidelines.
- CT Maxillofacial with contrast (CPT® 70487)* is indicated in the immunocompromised individual with symptoms of sinusitis[3], and suspicion for ANY of the following:
  - Orbital or facial cellulitis
  - Proptosis
  - Abnormal visual examination
  - Ophthalmoplegia
  - Fungal or vascular lesions visualized in nasal cavity
- *Contrast level as requested when ordered by the surgeon or in consultation with the surgeon (i.e. ENT or ophthalmologist)[3]
- CT Maxillofacial without contrast (CPT® 70486) **OR** CT Maxillofacial with contrast (CPT® 70487) **OR** MRI Orbits/Face/Neck without and with contrast (CPT® 70543). However, CT Maxillofacial without contrast (CPT® 70486) may also be requested with MRI Orbits/Face/Neck without and with contrast (CPT® 70543) for surgical planning or osseous involvement.[1,3,4]
  - Sinonasal obstruction, polyp, or suspected mass
  - Suspected orbital complication
  - Suspected invasive fungal sinusitis
  - Cystic fibrosis
  - Osteomyelitis and odontogenic infections, see **Skull Base Osteomyelitis (SBO) (HD-20.2)** and **Dental/Periodontal/Maxillofacial Imaging (HD-30.2)** for additional imaging modalities
- MRI Brain with and without contrast (CPT® 70553) for suspected intracranial complication
- CT Orbits/Temporal bone without contrast (CPT® 70480) or CT Orbits/Temporal bone with contrast (CPT® 70481) performed alone or added to CT Maxillofacial for:
  - Suspected orbital complications[4]
- For Skull Base Osteomyelitis (SBO), see **Skull Base Osteomyelitis (SBO) (HD-20.2)**
- Repeat imaging for ANY of the following scenarios:
  - An ENT specialist or any provider in consultation with an ENT specialist requests the imaging **and** ONE or more of the following:
    - There has been a follow-up visit since the previous imaging and there is no improvement after an additional 3 weeks of conservative treatment after initial imaging was completed:
      - The following imaging is indicated: CT Maxillofacial without contrast (CPT® 70486) **OR** limited CT Sinus without contrast (CPT® 76380)[1,3,4]
    - There is a new abnormality on exam such as obstructing mass

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

- The following imaging is indicated: CT Maxillofacial without contrast (CPT® 70486) **OR** CT Maxillofacial with contrast (CPT® 70487)[1,3,4]

▪ If sinus surgery is planned (including but not limited to Balloon Sinus Ostial Dilation or Functional Endoscopic Sinus Surgery) **AND** the most recent diagnostic CT Maxillofacial without contrast (CPT® 70486) is greater than 6 months old **OR** there is a change in clinical status as described above (i.e interval completion of provider-prescribed medical management after the last CT was performed), a repeat diagnostic CT Maxillofacial without contrast (CPT® 70486) is supported for surgical planning.[1,3,4]

- Repeat CT Maxillofacial solely for the use of navigation during the sinus surgery (i.e. the most recent diagnostic CT Maxillofacial performed within the prior six months was only inadequate due to lacking anatomic landmarks or insufficient thinness of cuts) should be requested with CPT® 77011, not the diagnostic CPT® 70486.
- 3D Rendering (CPT® 76376 or CPT® 76377) should not be reported in conjunction with CPT® 77011 (or CPT® 70486 if used). The procedure inherently generates a 3D dataset.

- Complications of ABRS (acute bacterial rhinosinusitis) are suspected based on:
  - Any constellation of symptoms worrisome for intracranial extension of infection or meningitis (i.e. severe headache, photophobia, fever, neck stiffness)
  - Severe headache
  - Facial swelling
  - Cranial nerve palsies
  - Orbital signs (cellulitis, impaired extraocular motility, decrease in vision or proptosis)
- Complications of ABRS are best assessed using iodine contrast-enhanced CT Maxillofacial with contrast (CPT® 70487) **OR** gadolinium based MR imaging (MRI Orbits/Face/Neck without and with contrast (CPT® 70543) to identify extra-sinus extension or involvement[1,3,4]
  - CT Maxillofacial without contrast (CPT® 70486) may also be requested with MRI Orbits/Face/Neck without and with contrast (CPT® 70543) for surgical planning or osseous involvement.[1,3,4]
  - Suspected complications are the only indication for MR imaging of the paranasal sinuses in the setting of ABRS.

For additional medical necessity criteria for CT maxillofacial, see Cone Beam Imaging, see **Cone Beam Computed Tomography (CBCT) (HD-24.7)** and **Dental/Peridontal/ Maxillofacial Imaging (HD-30.2)**)

Evaluation of potential candidates for Eustachian Tube balloon dilation procedure is with a one-time CT of the temporal bone without contrast (CPT® 70480). See medical

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

necessity discussion in **Mastoid Disease or Ear Pain (HD-26.1)**. CT Sinus/Maxillofacial irrespective of contrast level is not supported if the sole indication for medical necessity is to evaluate a potential candidate for Eustachian Tube balloon dilation procedure, without meeting other HD-29.1 medical necessity criteria.[7,8]

Background and Supporting Information

- Rhinosinusitis is defined as inflammation of the nasal cavity and adjacent paranasal sinuses. Acute sinusitis refers to symptom duration <4 weeks, subacute 4 to 12 weeks, and chronic >12 weeks. Complicated sinusitis refers to symptoms suggesting spread of disease into adjacent structures, including orbital or intracranial complications.
- There is no evidence to support advanced imaging of acute (<4 weeks) and subacute (4 to 12 weeks) uncomplicated rhinosinusitis.
- There is no evidence to support routine follow-up advanced imaging after treatment with clinical improvement of sinusitis.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Evidence Discussion (HD-29.1)

v1.0.2025

- The American Academy of Otolaryngology – Head & Neck Surgery (AAO-HNS) recommends that clinicians should not obtain radiographic imaging for patients with suspected uncomplicated Acute Rhinosinusitis (ARS), with imaging reserved for cases with clinically suspected complication. ARS refers to inflammation of the nasal cavity and paranasal sinuses lasting <4 weeks' duration.
- Contrasted CT maxillofacial is first line imaging for rhinosinusitis with suspected complications (orbital or intracranial). There is up to 91% accuracy with CT to detect orbital complications vs clinical exam alone. CT also is preferred for surgical planning. However, CT is often more useful for surgical planning and easier to perform. Non-contrasted CT sinus is not preferred, but may be useful for surgical navigation. There is no relevant literature to support pre- and post-contrast CT imaging. MRI head or orbits/face/neck can be complementary with CT. MRI is more accurate than CT in the evaluation of soft tissues regarding intra-orbital and intracranial complications.
- Chronic rhinosinusitis, acute recurrent bacterial sinusitis, non-invasive fungal sinusitis, and/or sinonasal polyposis are best evaluated initially with non-contrast CT maxillofacial. CT is critical for surgical planning. Contrast is not necessary unless complications are suspected. MRI is not useful as the first-line study because of the lack of bony detail. In select cases, evaluation with MRI without and with IV contrast may be helpful to differentiate fluid secretions from inflamed mucosa and exclude an underlying obstructing mass.
- Urgent CT maxillofacial, either without or with IV contrast is first line imaging for any suspected invasive fungal sinusitis, as delay in diagnosis and surgical debridement could increase the already high risk of mortality. In cases of invasive fungal sinusitis, MRI without and with IV contrast of the head and/or orbits/face/neck is adjunctive to look for invasion into surrounding soft tissues as well as vascular complications.
- CT and MRI are considered complimentary imaging modalities in the evaluation of a sinonasal mass—localizing and characterizing the lesions to determine their extent for treatment planning. If an MRI is planned, the CT may be performed without IV contrast since the main purpose of the CT is to evaluate osseous involvement.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

References (HD-29)

v1.0.2025

1. Rosenfeld RM, Piccirillo JF, Chandrasekhar SS, et al. Clinical Practice Guideline (Update): *Adult Sinusitis*. Otolaryngology–Head and Neck Surgery. 2015;152(2_suppl):S1-S39. doi:10.1177/0194599815572097
2. Desrosiers M, Evans GA, Keith PK, et al. Canadian clinical practice guidelines for acute and chronic rhinosinusitis. *Allergy, Asthma & Clinical Immunology*. 2011;7(1). doi:10.1186/1710-1492-7-2
3. Expert Panel on Neurological Imaging, Hagiwara M, Policeni B, et al. ACR Appropriateness Criteria® Sinonasal Disease: 2021 Update. J Am Coll Radiol. 2022;19(5S):S175-S193. doi:10.1016/j.jacr.2022.02.011.
4. ACR-ASNR-SPR Practice Parameter for the Performance of Computed Tomography (CT) of the Extracranial Head and Neck Revised 2021. (Resolution 5). https://www.acr.org/-/media/ACR/Files/Practice-Parameters/CT-Head-Neck
5. Abdalkader M, Xie J, Cervantes-Arslanian A, Takahashi C, Mian AZ. Imaging of Intracranial Infections. *Seminars in Neurology*. 2019;39(03):322-333. doi:10.1055/s-0039-1693161
6. Wu D, Bleier B, Wei Y. Definition and characteristics of acute exacerbation in adult patients with chronic rhinosinusitis: a systematic review.*J Otolaryngol Head Neck Surg*. 2020;49(1):62. Published 2020 Aug 18. doi:10.1186/s40463-020-00459-w
7. Micucci S, Keschner DB, Liang J. Eustachian Tube Balloon Dilation: Emerging Practice Patterns for a Novel Procedure. Ann Otol Rhinol Laryngol. 2018 Nov;127(11):848-855. doi: 10.1177/0003489418798858.
8. Tucci DL, McCoul ED, Rosenfeld RM, Tunkel DE, Batra PS, Chandrasekhar SS, Cordes SR, Eshraghi AA, Kaylie D, Lal D, Lee J, Setzen M, Sindwani R, Syms CA 3rd, Bishop C, Poe DS, Corrigan M, Lambie E. Clinical Consensus Statement: Balloon Dilation of the Eustachian Tube. Otolaryngol Head Neck Surg. 2019 Jul;161(1):6-17. doi: 10.1177/0194599819848423.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Temporomandibular Joint Disease (TMJ) and Dental/ Periodontal/Maxillofacial Imaging (HD-30)

Guideline

Temporomandibular Joint Disease (TMJ) (HD-30.1)
Dental/Periodontal/Maxillofacial Imaging (HD-30.2)
References (HD-30)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Temporomandibular Joint Disease (TMJ) (HD-30.1)

HD.TJ.0030.1.A

v1.0.2025

- MRI TMJ (CPT® 70336) is the diagnostic study of choice and should be reserved for those who fail a minimum of 6 weeks of non-surgical treatment **AND** who are actively being considered for TMJ surgery. The exception to the conservative management requirement includes recent trauma, dislocation, severe malocclusion, dental infection or abscess.[6,8]
- CT Maxillofacial without contrast (CPT® 70486) or without and with contrast (CPT® 70488) when there is suspicion of bony involvement based on prior x-ray or MRI
- Ultrasound (CPT® 76536) can be used to look for the presence of a joint effusion and to evaluate cartilage and disk displacement with open and closed mouth imaging and to guide injections
- For TMJ imaging in patients with Juvenile Idiopathic Arthritis (see **Temporomandibular Joint (TMJ) Imaging in Children (PEDHD-25)** in the Pediatric Head Imaging Guidelines)
  - MRI TMJ (CPT® 70336) is indicated annually for detecting silent TMJ arthritis in children and young adults with juvenile idiopathic arthritis as requested by a rheumatologist and/or oral/maxillofacial surgeon (OMS) and/or any provider in consultation with a rheumatologist or OMS.
  - Repeat imaging with MRI TMJ (CPT® 70336) in patients with JIA is indicated for any of the following:
    - Change in signs or symptoms suggesting progression of disease
    - To monitor the effects of treatment[11]
  - Bone Scintigraphy/Bone Scan 3 Phase Study (CPT® 78315) in individuals over 12 years of age is indicated in anticipation or consideration of surgery.
- Jaw Asymmetry - Unilateral condylar hyperplasia is manifested by slow growth in areas of the mandible causing facial asymmetry. It is usually a self-limiting condition seen predominantly in 12–30 year olds.
  - CPT® 78315 Bone Scan 3 Phase Study is indicated in anticipation or consideration of surgery[13]

Evidence Discussion (HD-30.1)

- MRI is preferred for evaluation of the temporomandibular joint (TMJ) due to its superior contrast resolution and it ability to acquire dynamic imaging for demonstration of the functionality of the joint.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

- MRI is the imaging modality of choice for the diagnosis of internal derangement with an accuracy of 95% in assessing the disc position and form and 93% accuracy in assessing the osseous changes.
- MRI is reserved for patients with persistent symptoms in whom conservative measures have been ineffective, or in those with suspected internal joint derangement. Imaging the TMJ prematurely may lead to harms including unnecessary surgery.
- CT is the alternative modality for evaluating bony anatomy of the TMJ, fractures, degenerative changes, erosions, infections, congenital anomalies, acute and chronic inflammatory conditions, pre-operative evaluation and follow up after surgery.
- For pre-operative planning of unilateral condylar hyperplasia, bone scintigraphy is useful to predict ongoing condylar growth.
- The diagnosis of chronic rheumatoid arthritis of the TMJ is established with contrast-enhanced MRI. It is the preferred imaging study for diagnosis, disease progression, treatment monitoring and annual surveillance of TMJ arthritis in juvenile idiopathic arthritis (JIA).

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Dental/Periodontal/Maxillofacial Imaging (HD-30.2)

HD.TJ.0030.2.A
v1.0.2025

- Cone beam CT for surgical planning when plain x-rays alone are insufficient. Potential indications include but are not limited to:
  - Impacted teeth
  - Supernumerary teeth
  - Dentoalveolar trauma
  - Root resorption
  - Foreign body
  - Odontogenic cysts, tumors, or other jaw pathology
  - Cleft pathology
  - Orthognathic surgery for dentofacial anomalies
  - Osteomyelitis and odontogenic infections (X-ray not required)
  - Bisphosphonate-related osteonecrosis of the jaw (X-ray not required)
  - Salivary gland stones
  - Maxillofacial bone graft planning
  - Dental implants related to tooth loss from injury, trauma, or jaw pathology such as cysts, tumors, or cancer
  - Post-operative imaging, including dental implants[14,15]
- Cone Beam CT: Report with CPT® Codes: CPT® 70486, CPT® 70487, CPT® 70488, CPT® 70480, CPT® 70482 (see **Cone Beam Computed Tomography (CBCT) (HD-24.7)**)
- 3-D rendering (CPT® 76376 or CPT® 76377) should **NOT** be reported separately
- Cone beam CT (CBCT) may also be called i-CAT scanner or mini-CAT scanner

Evidence Discussion (HD-30.2)

- CT is the radiologic modality for evaluating the bony anatomy of the head, acute and chronic inflammatory conditions, paranasal sinuses, pre-operative evaluation and follow up after surgery.
- Recommendations by the American Association of Endodontists and the American Academy of Oral and Maxillofacial Radiology support the use of cone beam CT (CBCT) as a supplemental imaging technique when conventional radiography fails to answer the clinical question and for surgical planning.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (HD-30)

v1.0.2025

1. De Vos W, Casselman J, Swennen GRJ. Cone-beam computerized tomography (CBCT) imaging of the oral and maxillofacial region: A systematic review of the literature. *International Journal of Oral and Maxillofacial Surgery*. 2009;38(6):609-625. doi:10.1016/j.ijom.2009.02.028
2. Scrivani SJ, Keith DA, Kaban LB. Temporomandibular Disorders. *New England Journal of Medicine*. 2008;359(25):2693-2705. doi:10.1056/nejmra0802472
3. Bag AK. Imaging of the temporomandibular joint: An update. *World Journal of Radiology*. 2014;6(8):567. doi:10.4329/wjr.v6.i8.567
4. Horner K, O'Malley L, Taylor K, Glenny A-M. Guidelines for clinical use of CBCT: a review. *Dentomaxillofacial Radiology*. 2015;44(1):20140225. doi:10.1259/dmfr.20140225
5. ACR-ASNR-SPR Practice Parameter for the Performance of Computed Tomography (CT) of the Extracranial Head and Neck Revised 2021. (Resolution 5). https://www.acr.org/-/media/ACR/Files/Practice-Parameters/CT-Head-Neck https://www.acr.org/-/media/ACR/Files/Practice-Parameters/CT-Head-Neck.pdf
6. Guidelines for Diagnosis and Management of Disorders Involving the Temporomandibular Joint and Related Musculoskeletal Structures. Cranio ®. 2003;21(1):68-76. doi:10.1080/08869634.2003.11746234
7. Mercuri LG. Management of temporomandibular joint disorders. Journal of Oral Biology and Craniofacial Research. 2012;2(3):141-142. doi:10.1016/j.jobcr.2012.10.010
8. Gauer R, Semidey M. Diagnosis and Treatment of Temporomandibular Disorders. *Am Fam Physician*. 2015 Mar 15;91(6):378-386
9. National Academies of Sciences. Temporomandibular Disorders: Priorities for Research and Care. Priorities for Research and Care | The National Academies Press. https://doi.org/10.17226/25652. Published March 12, 2020
10. Whyte A, Boeddinghaus R, Bartley A, Vijeyaendra R. Imaging of the temporomandibular joint. Clin Radiol. 2021 Jan;76(1):76.e21-76.e35. doi: 10.1016/j.crad.2020.06.020
11. Schmidt C, Ertel T, Arbogast M, et al. The Diagnosis and Treatment of Rheumatoid and Juvenile Idiopathic Arthritis of the Temporomandibular Joint. Dtsch Arztebl Int. 2022;119(4):47-54. doi:10.3238/arztebl.m2021.0388
12. Kim IH, Singer SR, Mupparapu M. Review of cone beam computed tomography guidelines in North America. Quintessence Int. 2019 Jan 25;50(2):136-145. doi: 10.3290/j.qi.a41332
13. Almeida FT, Pacheco-Pereira C, Flores-Mir C, Le LH, Jaremko JL, Major PW. Diagnostic ultrasound assessment of temporomandibular joints: a systematic review and meta-analysis. Dentomaxillofac Radiol. 2019 Feb;48(2):20180144. doi: 10.1259/dmfr.20180144 9
14. Weiss R 2nd, Read-Fuller A. Cone Beam Computed Tomography in Oral and Maxillofacial Surgery: An Evidence-Based Review.*Dent J (Basel)*. 2019;7(2):52. Published 2019 May 2. doi:10.3390/dj7020052
15. Jacobs R, Salmon B, Codari M, Hassan B, Bornstein MM. Cone beam computed tomography in implant dentistry: recommendations for clinical use.*BMC Oral Health*. 2018;18(1):88. Published 2018 May 15. doi:10.1186/s12903-018-0523-5
16. Liu P, Shi J. Growth trends analysis of unilateral condylar hyperplasia followed up with planar scintigraphy: Retrospective overview of 249 cases. *Medicine (Baltimore)*. 2021;100(51):e28226. doi:10.1097/MD.0000000000028226

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Cranial Neuropathies (HD-31)

Guideline

Cranial Neuropathies (HD-31.1)
References (HD-31)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Cranial Neuropathies (HD-31.1)

HD.CN.0031.1.A
v1.0.2025

Cranial Neuropathies Imaging Indications

- MRI Brain without and with contrast (CPT® 70553) **OR** MRI Brain without contrast (CPT® 70551) is indicated for all individuals with new or worsening specific cranial nerve abnormalities.[2]
- MRI Orbit/Face/Neck without and with contrast (CPT® 70543) **OR** MRI Orbit/Face/Neck without contrast (CPT® 70540) is also indicated for individuals with abnormalities in cranial nerves I, II, III, IV, V, VI, VII, IX, X, XI, or XII.[1,2]
- CT Neck with contrast (CPT® 70491) is supported for evaluation of abnormalities involving cranial nerves IX, X, XI, or XII.[2]
- Imaging of the Brain and Orbit, Face and/or Neck may be performed concurrently when requested.[2]
- For specific cranial neuropathies[2], see the corresponding guideline section listed below:
  - CN I: Olfactory nerve (see **Taste and Smell Disorders (HD-2.1)**)
  - CN II, III, IV, VI: Optic, Oculomotor, Trochlear and Abducens (see **Eye Disorders and Visual Loss (HD-32.1)**)
  - CN V: Trigeminal nerve (see **Trigeminal Neuralgia and other Centrally Mediated Facial Pain Syndromes (HD-10.1)**)
  - CN VII: Facial nerve (see **Facial Palsy (HD-6.1)**)
  - CN VIII: Vestibulocochlear nerve (see **Dizziness/Vertigo (HD-23.1)**, **Hearing Loss (HD 27.1)**, **Tinnitus (HD 27.2)**, **Acoustic Neuroma and Other Cerebellopontine Angle Tumors (HD 33.1)**. For isolated nystagmus (see **Eye Disorders and Visual Loss (HD-32.1)**)
  - CN IX: Glossopharyngeal nerve (see **Glossopharyngeal Neuralgia/ Glossopharyngeal Neuropathy HD-10.2)**)
  - CN X: Vagal nerve, imaging as detailed above (see also **Recurrent Laryngeal Palsy/Vocal Cord Palsy (Neck-7.1)**)
  - CN XI: Spinal accessory nerve, imaging as indicated above
  - CN XII: Hypoglossal nerve, imaging as indicated above
- For cranial neuropathies, whether isolated or multiple, due to clinically suspected stroke and/or vascular dissection (see **General Guidelines - CT and MR Angiography (CTA and MRA) (HD-1.5)**, **Headache and Suspected Vascular Dissection (HD-11.1)** and **Stroke/TIA (HD-21.1)**

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Background and Supporting Information

If a detailed clinical evaluation is unable to localize the site of the lesion, imaging of the entire course of the relevant cranial nerve is required, as cranial neuropathy can result from pathology affecting the nerve fibers at any point along the course of the nerve, from the cranial nerve origin in the brainstem to the end organ supplied by the nerve, requiring multiple imaging modalities.

The spinal trigeminal tract and nucleus extend from the midpons caudally into the upper cervical cord at the C2-4 levels. For suspected lesions of the spinal trigeminal tract and nucleus, imaging the brain stem and cervical spinal cord is supported.[2] See **Trigeminal Neuralgia and other Centrally Mediated Facial Pain Syndromes (HD-10.1)**.

Number	Cranial Nerve Name	Nerve dysfunction on exam	Guideline Section in HD
I	Olfactory (smell)	Anosmia, hyposmia, parosmia, phatosmia	2
II	Optic (vision)	Optic neuritis, disc edema, papilledema, afferent pupillary defect APD)	16, 17, 32
III	Oculomotor (eye and pupil movement)	Eye "down and out", +/- dilated pupil, ptosis, diplopia	32
IV	Trochlear (depresses the eye)	Inability to depress the eye, diplopia	32
V	Trigeminal (sensation, mastication, taste)	Pain, numbness, corneal reflex loss, jaw deviation, trigeminal neuralgia, loss of taste	10
VI	Abducens (lateral movement of the eye)	Eye turns medially, inability to abduct, lateral rectus palsy, diplopia	32

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Number	Cranial Nerve Name	Nerve dysfunction on exam	Guideline Section in HD
VII	Facial (movement facial muscles, taste at 2/3, salivation/ lacrimation)	Inability to close eyelid, smile, nasolabial fold flattening, hyperacusis, impaired taste, salivation, lacrimation	6
VIII	Auditory, Vestibular, Vestibulochochlear (hearing and balance)	Hearing loss, tinnitus, vertigo, nystagmus, abnormal gait/ balance, sway on Romberg	23, 27, 33
IX	Glossopharyngeal (swallow, sensation, pharynx, posterior 1/3 tongue, parotid salivary gland)	Depressed gag reflex and palate, dysphagia, uvula deviation, throat pain	10, 2
X	Vagus (swallow, speech, parasympathetic to heart, lungs, GI tract)	Vocal cord paralysis, recurrent laryngeal nerve palsy, spasmodic dysphonia	7.1, 1.1
XI	Spinal Accessory (motor function neck/shoulder)	Sternocleidomastoid (SCM) weakness when turning head opposite, shoulder elevation, winging scapula	1.1
XII	Hypoglossal (tongue movement)	Tongue deviation, atrophy, fasciculation	1.1

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Number	Cranial Nerve Name	Nerve dysfunction on exam	Guideline Section in HD
INO	Internuclear Opthalmoplegia (lesion of medial longitudinal fasciculus, CN III, CN VI)	Impaired adduction of ipsilateral eye with nystagmus of abducting eye	16, 21, 22
Horner Syndrome	Disruption of sympathetic innervation to eye and face	Ptosis, miosis (constricted pupil), facial anhidrosis (absence of sweating)	32.2, 11.3

Evidence Discussion (HD-31.1)

- Imaging of each body section along the entire course of the relevant cranial nerve may be indicated if detailed clinical evaluation is unable to localize the site of the lesion. Cranial neuropathy can result from pathology affecting the nerve fibers at any point along the course of the nerve, from the cranial nerve origin in the brainstem to the end organ supplied by the nerve, indicating need to image multiple body sections. MRI brain, orbits, face, neck, or any combination may be necessary depending on the clinical need.
- MRI is the standard modality for imaging the cranial nerves.
- CT Neck is useful to exclude neck masses when evaluating either isolated or multiple lower cranial neuropathies. CT may be complementary to MRI in characterizing skull base erosions, calcifications, and skull base foramina.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (HD-31)

v1.0.2025

1. Expert Panel on Neurologic Imaging:, Kennedy TA, Corey AS, et al. ACR Appropriateness Criteria® Orbits Vision and Visual Loss. J Am Coll Radiol. 2018;15(5S):S116-S131. doi:10.1016/j.jacr.2018.03.023
2. Expert Panel on Neurological Imaging, Rath TJ, Policeni B, et al. ACR Appropriateness Criteria® Cranial Neuropathy: 2022 Update. J Am Coll Radiol. 2022;19(11S):S266-S303. doi:10.1016/j.jacr.2022.09.021
3. ACR ASNR SPR Practice Parameter for the Performance and Interpretation of Magnetic Resonance Imaging (MRI) of the Brain. Revised 2019.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Eye Disorders and Visual Loss (HD-32)

Guideline

Eye Disorders and Visual Loss (HD-32.1)
Pupillary Abnormalities Including Horner's Syndrome (HD-32.2)
References (HD-32)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Eye Disorders and Visual Loss (HD-32.1)

HD.VL.0032.1.A
v1.0.2025

- For specific conditions - See ***Background and Supporting Information*** that include table of abbreviations
- Examination of ocular complaints and visual loss may include evaluation of pupillary responses, extraocular motility, visual acuity, visual field testing, intraocular pressures, external examination, slit lamp examination, and/or fundoscopic exam of retinae. An exam performed by a Neuro-Ophthalmologist, Ophthalmologist, Neurologist, or an Optometrist meets this requirement.
- MRI Orbits/Face/Neck without contrast (CPT® 70540) **OR** MRI Orbits/Face/Neck without and with contrast (CPT® 70543) **OR** CT Orbits/Temporal bone with contrast (CPT® 70481) **OR** CT Orbits/Temporal bone without contrast (CPT® 70480) **AND/OR** MRI Brain without contrast (CPT® 70551) **OR** MRI Brain with and without contrast (CPT® 70553):[1]
  - Unexplained vision loss
  - Optic atrophy (Cranial Nerve II)
  - Optic neuropathy (Cranial Nerve II)
  - Papilledema/optic disc swelling (Cranial Nerve II) (see **Cranial Neuropathies (HD-31.1)** and **Papilledema/Pseudotumor Cerebri (HD-17.1)**)
  - Afferent Pupillary Defect (APD) or Relative Afferent Pupillary Defect (RAPD)
  - Chiasmal symptoms/signs (including bitemporal field deficit)
  - Ophthalmoplegia, Diplopia, and/or Cranial nerve palsy (Specifically CN III, IV, and VI, see **Cranial Neuropathies (HD-31.1)**)
  - Nystagmus[21]
- For optic disc edema/papilledema, CT Head without contrast (CPT® 70450) is helpful to assess for space-occupying processes such as intracranial hemorrhage, mass effect and hydrocephalus.[16]
- For suspected optic neuritis, MRI is the preferred modality (see **Multiple Sclerosis (MS) (HD-16.1)** and **Neuromyelitis Optica Spectrum Disorders (HD-16.2)**)
- Visual field defects are associated with retrochiasmal pathology (see **Stroke/TIA (HD-21.1)** or **Primary Central Nervous System Tumors (ONC-2)** in the Oncology Imaging Guidelines or **Brain Metastasis (ONC- 31.3)** in the Oncology Imaging Guidelines)
- MRI Orbits/Face/Neck without contrast (CPT® 70540) or MRI Orbits/Face/Neck without and with contrast (CPT® 70543) or CT Orbits/Temporal bone with contrast (CPT® 70481):
  - Exophthalmos (including thyroid eye disease), enophthalmos or non-traumatic orbital asymmetry

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

  - Suspected orbital cellulitis or atypical pre-septal cellulitis, uveitis or scleritis
  - Orbital mass or metastasis
  - Orbital inflammatory syndrome (orbital pseudotumor) and dacryocystitis or dacryoadenitis
- CT Orbits/Temporal bone without contrast (CPT® 70480) and/or CT Head without contrast (CPT® 70450):
  - Orbital trauma with visual defect
  - Exophthalmos (including thyroid eye disease)
- CT Maxillofacial without and with contrast (CPT® 70488) or CT Maxillofacial without contrast (CPT® 70486) or CT Maxillofacial with contrast (CPT® 70487)[22,23]
  - For pre-operative planning for procedures including dacryocystorhinostomy (DCR) to correct nasolacrimal duct obstruction (NLDO)[22,23]
- When requested by the surgeon or in consultation with surgeon, contrast level as requested. This includes requests from Ophthalmologists and Oculoplastic surgeons. Contrast level preference may vary per institutional protocol.
- MRA Head (CPT® 70544, CPT® 70545, or CPT® 70546) or CTA Head (CPT® 70496) for suspicion of intracranial aneurysm, including Third nerve palsy with pupillary involvement (see **Intracranial Aneurysms (HD-12.1)**
- MRA Head (CPT®70544, CPT®70545, or CPT®70546) or CTA Head (CPT®70496) **AND/OR** MRA Neck (CPT®70547, CPT®70548, or CPT®70549) or CTA Neck (CPT® 70498) for evaluation of diplopia due to suspected stroke or TIA (see **Intracranial Aneurysms (HD-12.1)**)
- Amaurosis Fugax (see **Stroke/TIA (HD-21.1)**)
  - Individuals describe a transient darkening or loss of vision, typically monocular
- Central Retinal Artery Occlusion, Branch Retinal Artery Occlusion, and Ophthalmic Artery Occlusion (see **Stroke/TIA (HD-21.1)**)
  - Individuals describe a sudden monocular loss of vision or visual field. Etiology is usually embolic and is considered a stroke to the retina
- There is currently no data to support advanced imaging while on Tepezza® (teprotumumab) unless there are neurologic symptoms or ophthalmologic symptoms.[19,20] Any one of the following are supported when additional imaging is indicated:
  - MRI Orbits/Face/Neck without contrast (CPT® 70540)
  - MRI Orbits/Face/Neck without and with contrast (CPT® 70543)
  - CT Orbits/Temporal bone with contrast (CPT® 70481)
  - CT Orbits/Temporal bone without contrast (CPT® 70480)
  - CT head without contrast (CPT® 70450)
- Additional imaging indications include:

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

  - To reassess compressive optic neuropathy (Symptoms/Signs of compressive optic neuropathy include APD, decreased visual acuity, and/ or visual field defects)
  - For non-response to Tepezza (Teprotumumab) or relapses, worsening proptosis, diplopia, lid retraction, or optic neuropathy
  - For surgical planning for orbital decompression, strabismus surgery or lid surgery
- Autoimmune Retinopathy
  - Suspicion for CAR (Cancer associated retinopathy) or MAR (melanoma associated retinopathy) syndromes (see **Paraneoplastic Syndromes (ONC-30.3)** in the Oncology Imaging Guidelines)
- Oncologic conditions
  - Retinoblastoma (see **Retinoblastoma (PEDONC-12)** in the Pediatric and Special Populations Oncology Imaging Guidelines)
  - Uveal (choroidal) melanoma (see **Ocular Melanoma (ONC-5.9)** in the Oncology Imaging Guidelines)
  - Biopsy results are not required before initial staging
- Vasculitis including Temporal Arteritis (Giant Cell Arteritis) (see **Cerebral Vasculitis (HD-22.1)**)

Background and Supporting Information

- Imaging Non-Indications
  - Imaging is not necessary if visual loss or ocular symptom/sign is due to known intrinsic eye disease, such as refractive errors, amblyopia, pterygium, subconjunctival hemorrhage, conjunctivitis, cataracts, macular degeneration, central serous retinopathy, retinal vein occlusion, retinal detachment, etc. Monocular diplopia is not an indication for imaging. Physiologic anisocoria (difference in pupil diameter between the two eyes of 2 mm or less) and surgically distorted pupils are not indications for imaging.
  - Imaging is not typically necessary in cases of ptosis without concern for Horner's or 3rd nerve palsy
- Advanced imaging of the brain and orbit are not routinely paired.
  - Suspicion for disorders involving both regions is needed to image both regions.
  - Orbital imaging alone may be sufficient unless other signs or symptoms suggest brain involvement.
- Thyroid function and iodine contrast: thyroid dysfunction can occur in susceptible individuals after iodine exposure.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

List of Abbreviations and Meanings:

Abbreviation	Meaning
AC	Anterior chamber
APD	Afferent pupillary defect (see RAPD)
BCVA	Best-corrected visual acuity
C3F8	Gas bubble injected into vitreous cavity during retina surgery
cc	With correction (current new or old glasses or contact lenses)
CP	Color plates
C/S	Conjunctiva/sclera
CSME	Clinically significant macular edema
CVF	Confrontation visual field (testing of gross field of view)
D	Disc, optic nerve head
DBH	Dot blot hemorrhages
DCR	Dacryocystorhinostomy
DFE	Dilated fundus exam
E	Esophoria at distance
E'	Esophoria at near
EOM	Extraocular movements
ERM	Epiretinal membrane
ET	Esotropia at distance
E(T)	Intermittent esotropia at distance
ET'	Esotropia at near
E(T)'	Intermittent esotropia at near
GVF	Goldmann visual field test

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Abbreviation	Meaning
HT	Hypertropia
HVF	Humphrey visual field test (automated perimetry)
I	Iris
Ishihara	Commonly used color plates
IOP	Intraocular pressure
K	Cornea
LF	Levator function
LFH	Lid fissure height
LLL	Lids, lashes, lacrimal gland
M	Macula
ME	Macular edema
MH	Macular hole
MP	Membrane peel
MRD1	Margin-reflex distance from upper lid margin to pupillary light reflex
MRx	Manifest refraction
NI	No improvement
NLDO	Nasolacrimal duct obstruction
NSC or NS	Nuclear sclerotic cataract
OD	Right eye
OS	Left eye
ortho	Eyes are aligned on the same target
OCT	Optical Coherence Tomography
P	Periphery

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Abbreviation	Meaning
PD	Prism diopter
ph or PH	Pinhole (crude assessment of best-corrected visual acuity)
PPV or PPVx	Pars plana vitrectomy
PVD	Posterior vitreous detachment
RAPD	Relative Afferent Pupillary Defect (see APD)
RD	Retinal detachment
RT	Retinal tear
SB	Scleral buckle
sc	Without correction
SF6	Gas bubble injected into vitreous cavity during retina surgery
SLE	Slit lamp examination
SO	Silicone oil
SRF	Subretinal fluid
Ta	Applanation tonometry (intraocular pressure measurement)
Tp	Tonopen tonometry (intraocular pressure measurement)
V	Vessels
Va	Visual acuity
VF	Visual field testing (formal automated perimetry versus confrontation visual field testing)
X	Exophoria at distance
X'	Exophoria at near
XT	Exotropia
X(T)	Intermittent exotropia at distance
XT'	Exotropia at near

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Abbreviation	Meaning
X(T)'	Intermittent exotropia at near

Evidence Discussion (HD-32.1)

- When evaluating suspected or known issues involving the eye, orbit, and/or brain, consideration must be given to:
  - whether or not imaging is required,
  - which body area should be imaged, i.e. brain, orbits, or both, and
  - which modality, MRI or CT, would best provide the information needed while exposing an individual to the least risk.
- The body area imaged should be reasonably expected to be potentially involved in the suspected condition. The angles of and distance between each view differ between brain imaging and orbital imaging. There are circumstances in which imaging of both the brain and orbits may be useful, as in conditions that can affect both locations or for which evaluation by the different techniques provides useful information.
- Soft tissue detail such as neural tissue is well-visualized by MRI.
- Calcification, bone, and hemorrhages are well-visualized by CT.
- MRI carries no risk of radiation exposure but is sensitive to motion, takes longer, and may require sedation or anesthesia for a longer duration than would be required for CT. Certain populations may have psychological or physical difficulty undergoing MRI scans, including children, those with obesity, movement disorders, anxiety or claustrophobia.
- CT carries risk of radiation exposure but is less sensitive to motion and has a shorter duration than MRI. Imaging more than one body area increases the exposure dose. Certain populations may carry higher risk of detrimental effects from exposure, including children.
- Radiation exposure of the ocular lens contributes to cataract formation. Radiation doses vary between CT scans due to differences in scanning technique, number of images taken per CT, body area scanned, CT machines used, and facility protocols. The cancer risk of radiation exposure in diagnostic CT is considered extremely low, and the benefit of an appropriately indicated CT examination far outweighs the potential risk. Cataract formation is among the earliest radiation associated pathologies in the eye. The Beaver Dam Eye Study, a population-based study of common age-related eye diseases, found that nuclear sclerosis and posterior subcapsular opacity were significantly associated with CAT scans.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Pupillary Abnormalities Including Horner's Syndrome (HD-32.2)

HD.VL.0032.2.A
v1.0.2025

- Anisocoria and Other Pupillary Disorders
  - Physiologic anisocoria (difference in pupil diameter between the two eyes of typically 2 mm or less) and surgically distorted pupils are not indications for advanced imaging.
  - Dilated pupil from suspected Third nerve palsy (see **Eye Disorders and Visual Loss (HD-32.1)**)
  - Horner's Syndrome (See below)
- Horner's Syndrome (anisocoria, ptosis, and ipsilateral anhidrosis) is caused by disruption of sympathetic innervation to the eye and face. Definitive diagnosis may be established by pharmacologic testing of the pupillary response with eye drops. Evaluation and imaging depends on determining whether the cause is a central lesion (brainstem or cervical spinal cord), preganglionic lesion (spinal cord or sympathetic chain in the chest), or postganglionic lesion (neck or carotid artery).
- MRI Brain without contrast (CPT® 70551) or MRI Brain without and with contrast (CPT® 70553) for suspected intracranial or brainstem lesions
- MRI Cervical Spine without contrast (CPT® 72141) or MRI Cervical Spine without and with contrast (CPT® 72156) for suspected spinal cord abnormality
- MRI Brachial plexus for Horner syndrome with traction or trauma to the brachial plexus[2]
  - Any **ONE** of the following:
    - MRI Upper Extremity other than joint without contrast (CPT® 73218)
    - MRI Upper Extremity other than joint without and with contrast (CPT® 73220)
    - MRI Chest without contrast (CPT® 71550)
    - MRI Chest without and with contrast (CPT® 71552)
    - MRI Neck without contrast (CPT® 70540)
    - MRI Neck without and with contrast (CPT® 70543)
- CT Chest with contrast (CPT® 71260) or MRI Chest without and with contrast (CPT®71552) for suspected chest mass[4,24]
- CT Neck with contrast (CPT® 70491) or MRI Face/Neck/Orbits without and with contrast (CPT®70543) for suspected neck mass[4]
- CTA Neck without and with contrast (CPT® 70498) or MRA Neck (CPT® 70547, CPT® 70548, or CPT® 70549) for suspected carotid injury or dissection

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

- MRI Orbits/Face/Neck without contrast (CPT® 70540), MRI Orbits/Face/Neck without and with contrast (CPT® 70543) or CT Orbits/Temporal bone with contrast (CPT® 70481) for suspected orbital lesion or mass

Evidence Discussion (HD-32.2)

- In the evaluation of Horner Syndrome, if a detailed clinical evaluation is unable to localize the site of the lesion, imaging of the entire course of the relevant oculosympathetic pathway is required, as symptoms may result from pathology affecting the nerve fibers at any point along the course of the pathway, requiring multiple imaging modalities. MRI brain, MRI Orbits/Face/Neck, MRI cervical spine and/or MRI Brachial plexus studies may be necessary, depending on the clinical presentation.
- CT Neck is useful to exclude neck masses. CT may be complementary to MRI in characterizing skull base erosions, calcifications, and skull base foramina.
- For suspected lung masses associated with Horner syndrome, such as for evaluation of Pancoast tumors, chest imaging is recommended. A mass may be diagnosed on a CT chest or an MRI chest. CT scans provide 60% sensitivity, 65% specificity, and 63% accuracy in defining the local extent of tumor, in contrast to MRI with a sensitivity of 88%, a specificity of 100%, and an accuracy of 94%. MRI of the chest is a more accurate preoperative examination in identifying the local extent of a Pancoast tumor.
- For suspected carotid injury or dissection, vascular imaging with either CT Angiography (CTA) neck or MR Angiography (MRA) neck is indicated, depending on the individual's risk and benefit profile.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (HD-32)

v1.0.2025

1. Expert Panel on Neurologic Imaging:, Kennedy TA, Corey AS, et al. ACR Appropriateness Criteria® Orbits Vision and Visual Loss. J Am Coll Radiol. 2018;15(5S):S116-S131. doi:10.1016/j.jacr.2018.03.023
2. Lee JH, Lee HK, Lee DH, Choi CG, Kim SJ, Suh DC. Neuroimaging Strategies for Three Types of Horner Syndrome with Emphasis on Anatomic Location. *American Journal of Roentgenology*. 2007;188(1):W74-W81. doi:10.2214/ajr.05.1588
3. Szatmáry G. Imaging in Patients With Visual Symptoms. CONTINUUM: Lifelong Learning in Neurology. 2016;22(5):1499-1528. doi:10.1212/con.0000000000000375
4. Kawasaki AK. Diagnostic Approach to Pupillary Abnormalities. CONTINUUM: Lifelong Learning in Neurology. 2014;20:1008-1022. doi:10.1212/01.con.0000453306.42981.94
5. Prasad S. Diagnostic Neuroimaging in Neuro-ophthalmic Disorders. CONTINUUM: Lifelong Learning in Neurology. 2014;20:1023-1062. doi:10.1212/01.con.0000453305.65851.1c
6. ACR-ASNR-SPR Practice Parameter for the Performance of Computed Tomography (CT) of the Extracranial Head and Neck Revised 2021. (Resolution 5). https://www.acr.org/-/media/ACR/Files/Practice-Parameters/CT-Head-Neck
7. Tamhankar MA, Volpe NJ. Management of acute cranial nerve 3, 4 and 6 palsies: role of neuroimaging. *Curr Opin Ophthalmol*. 2015;26(6):464–468. doi:10.1097/ICU.0000000000000200
8. Tamhankar MA, Biousse V, Ying GS, et al. Isolated third, fourth, and sixth cranial nerve palsies from presumed microvascular versus other causes: a prospective study. *Ophthalmology*. 2013;120(11):2264–2269. doi:10.1016/j.ophtha.2013.04.009
9. Pineles SL, Velez FG. Isolated Ocular Motor Nerve Palsies. *J Binocul Vis Ocul Motil*. 2018;68(3):70–77. doi:10.1080/2576117X.2018.1481266
10. Flaxel CJ, Adelman RA, Bailey ST, et al. Retinal and Ophthalmic Artery Occlusions Preferred Practice Pattern®. *Ophthalmology*. 2020;127(2):P259–P287. doi:10.1016/j.ophtha.2019.09.028
11. Dagi LR, Velez FG, Archer SM, et al. Adult Strabismus Preferred Practice Pattern®. *Ophthalmology*. 2020;127(1):P182–P298. doi:10.1016/j.ophtha.2019.09.023
12. Sadaka A, Schockman SL, Golnik KC. Evaluation of Horner Syndrome in the MRI Era. *Journal of Neuro-Ophthalmology.* 2017;37(3):268-272. doi:10.1097/wno.0000000000000503
13. Glisson CC. Approach to Diplopia. CONTINUUM: Lifelong Learning in Neurology. 2019;25(5):1362-1375. doi:10.1212/con.0000000000000786
14. Gross JR, Mcclelland CM, Lee MS. An approach to anisocoria. *Current Opinion in Ophthalmology*. 2016;27(6):486-492. doi:10.1097/icu.0000000000000316
15. Costello F, Scott JN. Imaging in Neuro-ophthalmology. CONTINUUM: Lifelong Learning in Neurology. 2019;25(5):1438-1490. doi:10.1212/con.0000000000000783
16. Expert Panel on Neurologic Imaging, Whitehead MT, Cardenas AM, et al. ACR Appropriateness Criteria® Headache. J Am Coll Radiol. 2019;16(11S):S364-S377. doi:10.1016/j.jacr.2019.05.030
17. Lee SY, Rhee CM, Leung AM, Braverman LE, Brent GA, Pearce EN. A review: Radiographic iodinated contrast media-induced thyroid dysfunction. J Clin Endocrinol Metab. 2015;100(2):376-383. doi:10.1210/jc.2014-3292
18. van der Molen AJ, Thomsen HS, Morcos SK; Contrast Media Safety Committee, European Society of Urogenital Radiology (ESUR). Effect of iodinated contrast media on thyroid function in adults. Eur Radiol. 2004 May;14(5):902-7. doi: 10.1007/s00330-004-2238-z
19. Teo HM, Smith TJ, Joseph SS Efficacy and Safety of Teprotumumab in Thyroid Eye Disease Ther Clin Risk Manag. 2021 17:1219-1230. doi: 10.2147/TCRM.S303057
20. Bednarczuk Z, Pearce, SH The knowns and unknowns of teprotumumab for thyroid eye disease Lancet Diabetes Endocrinol. 2021 9:323-325. doi: 10.1016/S2213-8587(21)00076-0
21. Lee AG, Brazis PW. Localizing forms of nystagmus: symptoms, diagnosis, and treatment.*Curr Neurol Neurosci Rep*. 2006;6(5):414-420. doi:10.1007/s11910-996-0022-y
22. Freitag SK, Roos JC. Preoperative imaging should be performed prior to surgery in all cases of acquired nasolacrimal obstruction-Yes.*Eye (Lond*). 2017;31(3):351-352. doi:10.1038/eye.2016.237

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

23. Choi SC, Lee S, Choi HS, Jang JW, Kim SJ, Lee JH. Preoperative Computed Tomography Findings for Patients with Nasolacrimal Duct Obstruction or Stenosis.*Korean J Ophthalmol*. 2016;30(4):243-250. doi:10.3341/kjo.2016.30.4.243
24. Panagopoulos N, Leivaditis V, Koletsis E, et al. Pancoast tumors: characteristics and preoperative assessment.J Thorac Dis. 2014;6 Suppl 1(Suppl 1):S108-S115. doi:10.3978/j.issn.2072-1439.2013.12.29
25. Watson RE, Yu L. Safety Considerations in MRI and CT. Continuum (Minneap Minn). 2023 Feb 1;29(1):27-53. doi: 10.1212/CON.0000000000001213. PMID: 36795872.
26. Klein BE, Klein R, Linton KL, Franke T. Diagnostic x-ray exposure and lens opacities: the Beaver Dam Eye Study. Am J Public Health. 1993 Apr;83(4):588-90. doi: 10.2105/ajph.83.4.588. PMID: 8460743; PMCID: PMC1694473.
27. Poon R, Badawy MK. Radiation dose and risk to the lens of the eye during CT examinations of the brain. J Med Imaging Radiat Oncol. 2019 Dec;63(6):786-794. doi: 10.1111/1754-9485.12950. Epub 2019 Sep 13. PMID: 31520467.
28. Hopper KD, Neuman JD, King SH, Kunselman AR. Radioprotection to the eye during CT scanning. AJNR Am J Neuroradiol. 2001 Jun-Jul;22(6):1194-8. PMID: 11415918; PMCID: PMC7974781.
29. Lee AG, Hayman LA, Brazis PW. The evaluation of isolated third nerve palsy revisited: an update on the evolving role of magnetic resonance, computed tomography, and catheter angiography. Surv Ophthalmol. 2002;47(2):137-157.
30. Lee AG, Johnson MC, Policeni BA, Smoker WR. Imaging for neuro-ophthalmic and orbital disease – a review. Clin Exp Ophthalmol. 2009;37(1):30-53.
31. Lee AG, Brazis PW, Garrity JA, White M. Imaging for neuro-ophthalmic and orbital disease. Am J Ophthalmol. 2004;138(5):852-862.
32. American College of Radiology. ACR Appropriateness Criteria® Radiation Dose Assessment Introduction. http://www.acr.org/~/media/ACR/Documents/AppCriteria/RadiationDoseAssessmentIntro.pdf
33. American College of Radiology. ACR Appropriateness Criteria®, Orbits, Vision and Visual Loss
34. Stewart F, Akleyev A, Hauer-Jensen M, et al. ICRP publication 118: ICRP statement on tissue reactions and early and late effects of radiation in normal tissues and organs–threshold doses for tissue reactions in a radiation protection context. Ann ICRP 2012; 41: 1–322.
35. Hamada N, Fujimichi Y. Role of carcinogenesis related mechanisms in cataractogenesis and its implications for ionizing radiation cataractogenesis. Cancer Lett 2015; 368: 262–74.
36. Expert Panel on Neurological Imaging, Rath TJ, Policeni B, et al. ACR Appropriateness Criteria® Cranial Neuropathy: 2022 Update. J Am Coll Radiol. 2022;19(11S):S266-S303. doi:10.1016/j.jacr.2022.09.021

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Acoustic Neuroma and Other Cerebellopontine Angle Tumors (HD-33)

Guideline

Acoustic Neuroma and Other Cerebellopontine Angle Tumors (HD-33.1)
References (HD-33)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Acoustic Neuroma and Other Cerebellopontine Angle Tumors (HD-33.1)

HD.AC.0033.1.A

v1.0.2025

- Acoustic neuroma and vestibular schwannoma may be used interchangeably
- Initial diagnosis is usually made during evaluation for asymmetric hearing loss and/or vertigo (see **Dizziness, Vertigo and Syncope (HD-23)** and **Hearing Loss and Tinnitus (HD-27)**) for evaluation of those problems)
- MRI Brain without and with contrast (CPT® 70553) which should be done with attention to the internal auditory canals for initial diagnosis.
- MRI Brain without contrast (CPT® 70551) if performed with FIESTA protocol
- MRI Orbits/Face/Neck without and with contrast (CPT® 70543) with audiologic or clinical features of retrocochlear hearing loss and a negative MRI Brain and in the rare individual in whom a detailed search is indicated for both a lesion of the cerebellopontine angle **and** lesions of the cerebral hemispheres
- Repeat MRI Brain (contrast as requested) 6 months after diagnosis, then annually for 5 years and thereafter per neurologist, neurosurgeon, or otolaryngologist, or any provider in consultation with a neurologist, neurosurgeon, or otolaryngologist.[7]
- MRI Brain without and with contrast with attention to the internal auditory canals (CPT® 70553) is performed after surgical resection and following stereotactic radiation therapy at 6 to 12 months to document the completeness of tumor removal and to serve as a baseline for further follow-up. Additional follow up is done annually for 5 years and every 2 years thereafter.
- Limited MRI Brain with attention to internal auditory canals (CPT® 70540, CPT® 70542, or CPT® 70543) when requested by the provider in place of a complete MRI Brain. Note: Limited MRI codes should not be used in addition to MRI Brain codes; IAC views are performed as additional sequences as part of the brain study. (See **General Guidelines – Anatomic Issues (HD-1.1)**)
- See **Primary Central Nervous System Tumors- General Considerations (ONC-2.1)** in the Oncology Imaging Guidelines for additional imaging requests for surgery

Evidence Discussion (HD-33)

- MRI brain is the preferred initial imaging modality for evaluation of persistent vertigo, vertigo associated with an abnormal neurologic exam, vertigo due to a suspected central cause, pulsatile or asymmetric tinnitus, and/or hearing loss.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

- CT head is not recommended for the initial evaluation of suspected acoustic neuroma due to inferior soft tissue resolution when compared to MRI Brain. In addition, MRI brain provides better visualization of the cerebellum, posterior fossa and cranial nerves.
- MRI brain, in this clinical scenario, is performed using specialized internal auditory canal (IAC) protocols, which include thin-section sequences to evaluate for vascular loops and small vestibular schwannomas.
- MRI brain can diagnose lesions in the cerebellopontine angle including schwannoma, meningioma, and other posterior fossa tumors.
- 3D-Fast imaging employing steady state acquisition (3D-FIESTA) demonstrates significantly higher spatial resolution with superior imaging contrast between cranial nerves and CSF with a shorter acquisition time than conventional MRI scan.
- Follow up imaging is recommended 6 months after diagnosis to evaluate for rapid growth, then annually for 5 years. After 5 years, tumor growth that has remained stable is unlikely but may still occur, therefore, lifelong surveillance is advised with longer imaging intervals.
- Follow up imaging after surgical resection and/or stereotactic radiosurgery to assess residual tumor and treatment response is performed at 6-12 months with additional follow up annually for 5 years and every 2 years thereafter.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

References (HD-33)

v1.0.2025

1. Kesavadas C, Thomas B, Kapilamoorthy T, Hingwala D, Chatterjee S. Applications of 3D CISS sequence for problem solving in neuroimaging. *Indian Journal of Radiology and Imaging*. 2011;21(2):90. doi:10.4103/0971-3026.82283.
2. Camelio S, Schmid UD, Horsfield MA, et al. Visualization of cranial nerves I-XII: value of 3D CISS and T2-weighted FSE sequences. *European Radiology*. 2000;10(7):1061-1067. doi:10.1007/s003300000452.
3. Olson JJ, Kalkanis SN, Ryken TC. Congress of Neurological Surgeons Systematic Review and Evidence-Based Guidelines on the Treatment of Adults With Vestibular Schwannomas: Executive Summary. *Neurosurgery.* 2017;82(2):129-134. doi:10.1093/neuros/nyx586.
4. Zou J, Hirvonen T. “Wait and scan” management of patients with vestibular schwannoma and the relevance of non-contrast MRI in the follow-up. *Journal of Otology.* 2017;12(4):174-184. doi:10.1016/j.joto.2017.08.002.
5. Lin EP, Crane BT. The Management and Imaging of Vestibular Schwannomas. *American Journal of Neuroradiology*. 2017;38(11):2034-2043. doi:10.3174/ajnr.a5213.
6. Goldbrunner R, Weller M, Regis J, et al. EANO guideline on the diagnosis and treatment of vestibular schwannoma. *Neuro-Oncology*. 2019;22(1):31-45. doi:10.1093/neuonc/noz153.
7. Somers T, Kania R, Waterval J, Havenbergh TV. What is the Required Frequency of MRI Scanning in the Wait and Scan Management? J Int Adv Otol 2018; 14(1): 85-9. doi: 10.5152/iao.2018.5348.
8. Wang LL, Thompson TA, Shih RY, et al. ACR Appropriateness Criteria® Dizziness and Ataxia. Available at https://acsearch.acr.org/docs/69477/Narrative/. American College of Radiology. Revised 2023
9. ACR ASNR SPR Practice Parameter for the Performance and Interpretation of Magnetic Resonance Imaging (MRI) of the Brain. Revised 2019.
10. Expert Panel on Neurological Imaging, Jain V, Policeni B, et al. ACR Appropriateness Criteria® Tinnitus: 2023 Update. J Am Coll Radiol. 2023;20(11S):S574-S591. doi:10.1016/j.jacr.2023.08.017

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Pineal/Colloid Cysts (HD-34)

Guideline

Pineal/Colloid Cysts (HD-34.1)
References (HD-34)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Pineal/Colloid Cysts (HD-34.1)

HD.PT.0034.1.A
v1.0.2025

Pineal Cysts

Pineal cysts are generally discovered incidentally and do not require surgical intervention.

- MRI Brain without contrast (CPT® 70551) or MRI Brain without and with contrast (CPT® 70553) is indicated for initial evaluation of pineal cysts if not already completed.
- Repeat MRI Brain is not indicated for most individuals with pineal cysts, but MRI Brain without contrast (CPT® 70551) or MRI Brain without and with contrast (CPT® 70553) for the following:
  - New or worsening headache or focal neurologic deficits suggesting progression of cyst
  - Pre-operative planning

Colloid Cysts

- MRI Brain without contrast (CPT® 70551) or MRI Brain without and with contrast (CPT® 70553) is indicated for the initial evaluation of colloid cysts if not already completed.
- Repeat MRI Brain without contrast (CPT® 70551) or without and with contrast (CPT® 70553) for colloid cysts for the following:
  - In the presence of symptoms including syncope
  - Evaluation of CSF flow (CPT® 70551)
  - When requested by a neurologist or neurosurgeon or any provider in consultation with a neurologist or neurosurgeon

Evidence Discussion (HD-34)

- MRI brain is the preferred modality for the evaluation of intracranial cysts, due to its superior soft tissue resolution when compared to CT head.
- Follow up imaging of pineal cysts is supported for new or worsening headaches, focal neurologic deficits, and/or for surgical planning, otherwise, routine follow up is not supported.
- In contrast to pineal cysts, colloid cysts may lead to sudden obstruction of cerebrospinal fluid flow at the foramen of Monro, resulting in neurologic symptoms, including syncope. Other than this scenario, follow up imaging indications are similar to pineal cysts.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

References (HD-34)

v1.0.2025

1. Ajtai B, Bertelson JA. Imaging of Intracranial Cysts. *CONTINUUM: Lifelong Learning in Neurology*. 2016;22(5):1553-1573. doi:10.1212/con.0000000000000372.
2. Tanaka T, Arnold L, Gabriela Mazuru D, Golzy M, Carr SB, Litofsky NS. Pineal cysts: Does anyone need long-term follow up? *Journal of Clinical Neuroscience*. 2021;83:146-151. doi:10.1016/j.jocn.2020.10.051.
3. Jussila M-P, Olsén P, Salokorpi N, Suo-Palosaari M. Follow-up of pineal cysts in children: is it necessary? *Neuroradiology*. 2017;59(12):1265-1273. doi:10.1007/s00234-017-1926-8.
4. ACR ASNR SPR Practice Parameter for the Performance and Interpretation of Magnetic Resonance Imaging (MRI) of the Brain. Revised 2019.
5. Velicu MA, Rossmann K, Vahedi A, et al. On Natural History and Management of Colloid Cysts: Time to Rethink? World Neurosurg. 2023;170:e188-e199. doi:10.1016/j.wneu.2022.10.094

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Arachnoid Cysts (HD-35)

Guideline

Arachnoid Cysts (HD-35.1)
References (HD-35)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Arachnoid Cysts (HD-35.1)

HD.AR.0035.1.A
v1.0.2025

Arachnoid cysts arise in the middle or posterior fossa, and the majority of lesions are discovered incidentally and do not require surgical intervention.

- MRI Brain without contrast (CPT® 70551) or MRI Brain without and with contrast (CPT® 70553) is indicated for initial evaluation of arachnoid cysts if not already completed.
- Repeat MRI Brain is not indicated for most individuals with arachnoid cysts, except in the following scenarios:
  - New or worsening headache or focal neurologic deficits suggesting progression of cyst
  - Pre-operative planning
  - When requested by a neurologist or neurosurgeon or any provider in consultation with a neurologist or neurosurgeon

Evidence Discussion (HD-35)

- MRI brain is the preferred modality for evaluation and follow up of intracranial arachnoid cysts, due to its superior soft tissue resolution when compared to CT head.
- Most intracranial arachnoid cysts remain asymptomatic and follow up imaging is not routinely supported. Surgical intervention is reserved for those with symptoms.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (HD-35)

v1.0.2025

1. Ajtai B, Bertelson JA. Imaging of Intracranial Cysts. *CONTINUUM: Lifelong Learning in Neurology*. 2016;22(5):1553-1573. doi:10.1212/con.0000000000000372.
2. Hall S, Smedley A, Sparrow O, Mathad N, Waters R, Chakraborty A, Tsitouras V. Natural History of Intracranial Arachnoid Cysts. *World Neurosurg*. 2019 Jun;126:e1315-e1320. doi: 10.1016/j.wneu.2019.03.087.
3. ACR ASNR SPR Practice Parameter for the Performance and Interpretation of Magnetic Resonance Imaging (MRI) of the Brain. Revised 2019.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Nuclear Medicine (HD-36)

Guideline

Nuclear Medicine (HD-36.1)
References (HD-36)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Nuclear Medicine (HD-36.1)

HD.NM.0036.1.A
v1.0.2025

Nuclear medicine studies used in the evaluation of some head/brain disorders, and other rare indications as well.

- Brain Scintigraphy with or without vascular flow (any one of CPT® 78600, CPT® 78601, CPT® 78605, or CPT® 78606)
- Brain Imaging Radiopharmaceutical Localization SPECT (CPT® 78803)[1]
  - Immunocompromised individuals with mass lesion detected on CT or MRI for differentiation between lymphoma and infection
  - In distinguishing recurrent brain tumor from radiation necrosis
  - Can be performed with vasodilating agent acetazolamide (Diamox) to assess functional reserve capacity to predict critically reduced perfusion in individuals with chronic cerebrovascular disease (for example, in Moya-Moya disease) and identify individuals who might benefit from an extracranial-to-intracranial (EC-IC) bypass to augment Cerebral Blood Flow, and to assess pre-operatively the potential for ischemia following carotid artery sacrifice. See **Moyamoya Syndrome/Disease (HD-21.5)**
- Brain Imaging Vascular Flow (CPT® 78610)
  - Cerebral ischemia
  - Establish brain death
- CSF Leakage Detection (CPT® 78650)
  - Evaluation of CSF rhinorrhea, otorrhea, or refractory post-lumbar puncture headache
  - Suspected normal pressure hydrocephalus with gait disturbance and either dementia or urinary incontinence
- Radiopharmaceutical Dacryocystography (CPT® 78660)
  - Suspected obstruction of nasolacrimal duct due to excessive tearing
- Cisternogram (CPT® 78630) for the following:
  - Known hydrocephalus with worsening symptoms
  - Suspected obstructive hydrocephalus
  - CSF Leak[5] (see **Low Pressure Headache and CSF Leak (HD-11.15)** and **Facial Trauma (HD-13.2)**)
- Cerebrospinal Ventriculography (CPT® 78635) for the following:
  - Evaluation of internal shunt, porencephalic cyst, or posterior fossa cyst
- Nuclear Medicine Shunt Evaluation (CPT® 78645) and CSF Flow SPECT (CPT® 78803) for the following:

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

  - Suspected malfunction of ventriculoperitoneal, ventriculopleural, or ventriculovenous shunts.
- DAT-SPECT **OR** Fluorodopa F (F-DOPA) PET Brain see **Lewy Body Dementia (LBD) – SPECT Brain Scan (HD-8.3)** and **Movement Disorders (HD-15.1))**
- Jaw Asymmetry - see **Temporomandibular Joint Disease (HD-30.1)**

Evidence Discussion (HD-36)

- Nuclear medicine studies are adjunct, functional imaging modalities in the evaluation of a variety of neurologic conditions, and are generally helpful when structural brain imaging modalities are unable to provide answers to complex clinical questions.
- The American Academy of Neurology practice guideline recommends brain SPECT to assist with prognostication in adults with traumatic brain injuries.
- Single-photon emission CT (SPECT) is the most readily available nuclear medicine technique for assessment of cerebral hemodynamics. Brain SPECT has also been validated for evaluation of cerebrovascular reactivity to acetazolamide (ACZ) challenge in patient with various types of vaso-occlusive disease, including Moyamoya disease.
- Brain SPECT has been used in the evaluation of stroke, TIA, monitoring of medical or surgical therapy, assessment of cerebral blood flow reserve, and estimation of prognosis. The sensitivity of brain SPECT for acute stroke localization is 85.5% with a specificity of 97.6%.4
- Brain SPECT used with specific perfusion agents is useful in distinguishing radiation effects from residual or recurrent tumor, and/or for distinguishing cerebral lymphoma from infection, a distinction not always possible with CT or MRI.
- Dacryocystography is supported to localize the lacrimal drainage system and evaluate for suspected obstruction in the nasolacrimal duct.
- Radionuclide CSF shunt studies can evaluate shunt patency, differentiate proximal versus distal obstruction, and localize the site of obstruction. The combination of CT and radionuclide is more sensitive than CT alone in diagnosing shunt malfunction.
- CT head cisternography in the evaluation of CSF leak has a sensitivity range between 85%-92%. This modality is particularly useful when there are multiple potential CSF leak sites. Radionuclide cisternography is useful for confirming the presence of a CSF leak.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (HD-36)

v1.0.2025

1. Bega D, Gonzalez-Latapi P, Zadikoff C, Spies W, Simuni T. Is There a Role for DAT-SPECT Imaging in a Specialty Movement Disorders Practice? Neurodegenerative Diseases. 2015;15(2):81-86. doi:10.1159/000370116
2. Vagal A, Leach J, Fernandez-Ulloa M, Zuccarello M. The Acetazolamide Challenge: Techniques and Applications in the Evaluation of Chronic Cerebral Ischemia. American Journal of Neuroradiology. 2009;30(5):876-884. doi:10.3174/ajnr.a1538
3. Subramaniam RM, Frey KA, Hunt CH, et al. ACR–ACNM Practice Parameter for the Performance of Dopamine Transporter (DaT) Single Photon Emission Computed Tomography (SPECT) Imaging for Movement Disorders. Clinical Nuclear Medicine. 2017;42(11):847-852. doi:10.1097/rlu.0000000000001815
4. Giacino JT, Katz DI, Schiff ND, et al. Practice guideline update recommendations summary: Disorders of consciousness. Neurology. 2018;91(10):450-460. doi:10.1212/wnl.0000000000005926
5. Expert Panel on Neurological Imaging, Shih RY, Burns J, et al. ACR Appropriateness Criteria® Head Trauma: 2021 Update. J Am Coll Radiol. 2021;18(5S):S13-S36. doi:10.1016/j.jacr.2021.01.006
6. Camargo EE. Brain SPECT in neurology and psychiatry. J Nucl Med. 2001;42(4):611-623.
7. Latchaw RE, Yonas H, Hunter GJ, et al. Guidelines and recommendations for perfusion imaging in cerebral ischemia: A scientific statement for healthcare professionals by the writing group on perfusion imaging, from the Council on Cardiovascular Radiology of the American Heart Association. Stroke. 2003;34(4):1084-1104. doi:10.1161/01.STR.0000064840.99271.9E
8. Wallace AN, McConathy J, Menias CO, Bhalla S, Wippold FJ 2nd. Imaging evaluation of CSF shunts. AJR Am J Roentgenol. 2014;202(1):38-53. doi:10.2214/AJR.12.10270
9. Singh S, Ali MJ, Paulsen F. Dacryocystography: From theory to current practice. Ann Anat. 2019;224:33-40. doi:10.1016/j.aanat.2019.03.009

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Sleep-Related Imaging (HD-37)

Guideline

General Guidelines Sleep-Related Imaging (HD-37.1)
References (HD-37)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

General Guidelines Sleep-Related Imaging (HD-37.1)

HD.SL.0037.1.A
v1.0.2025

- Hypersomnolence:
  - When there are focal neurologic signs or suspicion for an inflammatory neurologic process as the etiology. Recognition and treatment of a comorbid sleep disorders is paramount, and a complete neurologic history and examination should precede any request for advanced imaging.
    - MRI Brain with and without contrast (CPT® 70553) **OR**
    - MRI Brain without contrast (CPT® 70551)
- Central Sleep Apnea:
  - For unexplained central sleep apnea syndrome when a primary CNS etiology is suspected; i.e., unassociated with CHF, COPD or other potential etiology. Specific etiologies should be stated for imaging requests, including but not limited to, suspected Chiari malformation, stroke, CNS demyelinating disease, posterior fossa lesion, anoxia or infection.
    - MRI Brain with and without contrast (CPT® 70553) **OR**
    - MRI Brain without contrast (CPT® 70551)
- Oral Appliance:
  - There is a lack of published case-controlled clinical studies in Sleep literature validating the use of advanced imaging with respect to oral appliance therapy (pre-treatment assessment).
  - Previous literature has demonstrated support for cephalometric studies (x-ray)[1] in predicting treatment success.
  - Nasoendoscopy (sedated and non-sedated with provocative maneuvers such as Mueller maneuver) has been helpful as well in this regard.[2]
  - Routine use of advanced imaging is not supported at this time.
- For suspected sleep-related seizures (see **Epilepsy and Other Seizure Disorders (HD-9)**)

Evidence Discussion (HD-37.1)

- Patient management is rarely impacted by structural brain imaging in the evaluation of unexplained hypersomnolence. Instead, a thorough evaluation can result in an accurate diagnosis while safeguarding patients from unnecessary exposure to radiation and over-reliance on incidental imaging findings as potential contributors to the symptom(s).

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

- The appropriate step in care for patients with disordered sleep is to evaluate their breathing with polysomnography. Advanced imaging can lead to gaps in care and ineffective treatment of disordered sleep patterns. Instead, emphasis should be placed on holistic evaluation, including sleep history and sleep testing. Radiography (X-Rays), 3D Advanced Imaging, or dynamic nasopharyngoscopy are not supported by evidence to being superior over polysomnography at this time.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (HD-37)

v1.0.2025

1. Guarda-Nardini L, Manfredini D, Mion M, Heir G, Marchese-Ragona R. Anatomically Based Outcome Predictors of Treatment for Obstructive Sleep Apnea with Intraoral Splint Devices: A Systematic Review of Cephalometric Studies. *Journal of Clinical Sleep Medicine*. 2015;11(11):1327-1334. doi:10.5664/jcsm.5198
2. Sutherland K, Vanderveken OM, Tsuda H, et al. Oral Appliance Treatment for Obstructive Sleep Apnea: An Update. *Journal of Clinical Sleep Medicine*. Published online February 15, 2014. doi:10.5664/jcsm.3460
3. Deak MC, Kirsch DB. Sleep-Disordered Breathing in Neurologic Conditions. *Clinics in Chest Medicine*. 2014;35(3):547-556. doi:10.1016/j.ccm.2014.06.009
4. Trotti LM, Bliwise DL. Brain MRI findings in patients with idiopathic hypersomnia.*Clin Neurol Neurosurg*. 2017;157:19-21. doi:10.1016/j.clineuro.2017.03.010
5. Kotuła J, Kuc AE, Lis J, Kawala B, Sarul M. New Sagittal and Vertical Cephalometric Analysis Methods: A Systematic Review.*Diagnostics (Basel)*. 2022;12(7):1723. Published 2022 Jul 15. doi:10.3390/diagnostics12071723
6. Ramar K, Dort LC, Katz SG, et al. Clinical Practice Guideline for the Treatment of Obstructive Sleep Apnea and Snoring with Oral Appliance Therapy: An Update for 2015.*J Clin Sleep Med*. 2015;11(7):773-827. Published 2015 Jul 15. doi:10.5664/jcsm.4858
7. Chen H, Eckert DJ, van der Stelt PF, Guo J, Ge S, Emami E, Almeida FR, Huynh NT (2020) Phenotypes of responders to mandibular advancement device therapy in obstructive sleep apnea patients: a systematic review and meta-analysis. Sleep Med Rev. 49:101229
8. Lee CH, Ng WY, Hau W, Ho HH, Tai BC, Chan MY, Richards AM, Tan HC. Excessive daytime sleepiness is associated with longer culprit lesion and adverse outcomes in patients with coronary artery disease. J Clin Sleep Med. 2013 Dec 15;9(12):1267-72. doi: 10.5664/jcsm.3266. PMID: 24340288; PMCID: PMC3836337.
9. Murray BJ. A Practical Approach to Excessive Daytime Sleepiness: A Focused Review. Can Respir J. 2016;2016:4215938. doi: 10.1155/2016/4215938. Epub 2016 May 12. PMID: 27445538; PMCID: PMC4904525.
10. Yaggi HK, Concato J, Kernan WN, Lichtman JH, Brass LM, Mohsenin V. Obstructive sleep apnea as a risk factor for stroke and death. N Engl J Med. 2005 Nov 10;353(19):2034-41. doi: 10.1056/NEJMoa043104. PMID: 16282178.
11. Sahlin C, Sandberg O, Gustafson Y, Bucht G, Carlberg B, Stenlund H, Franklin KA. Obstructive sleep apnea is a risk factor for death in patients with stroke: a 10-year follow-up. Arch Intern Med. 2008 Feb 11;168(3):297-301. doi: 10.1001/archinternmed.2007.70. PMID: 18268171.
12. Dunietz GL, Chervin RD, Burke JF, Braley TJ. Obstructive sleep apnea treatment disparities among older adults with neurological disorders. Sleep Health. 2020 Aug;6(4):534-540. doi: 10.1016/j.sleh.2020.01.009. Epub 2020 Apr 21. PMID: 32331862; PMCID: PMC7529672.
13. Guarda-Nardini L, Manfredini D, Mion M, Heir G, Marchese-Ragona R. Anatomically Based Outcome Predictors of Treatment for Obstructive Sleep Apnea with Intraoral Splint Devices: A Systematic Review of Cephalometric Studies. Journal of Clinical Sleep Medicine. 2015;11(11):1327-1334. doi:10.5664/jcsm.5198

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Table of Contents

Guideline

General Guidelines (MS-1)
Imaging Techniques (MS-2)
3D Rendering (MS-3)
Avascular Necrosis (AVN)/Osteonecrosis (MS-4)
Fractures (MS-5)
Foreign Body (MS-6)
Ganglion Cysts (MS-7)
Gout/Calcium Pyrophosphate Deposition Disease (CPPD)/ Pseudogout/ Chondrocalcinosis (MS-8)
Infection/Osteomyelitis (MS-9)
Soft Tissue Mass or Lesion of Bone (MS-10)
Muscle/Tendon Unit Injuries/Diseases (MS-11)
Osteoarthritis (MS-12)
Chondral/Osteochondral Lesions (MS-13)
Osteoporosis (MS-14)
Rheumatoid Arthritis (RA) and Inflammatory Arthritis (MS-15)
Post-Operative Joint Replacement Surgery (MS-16)
Limb Length Discrepancy (MS-17)
Anatomical Area Tables – General Information (MS-18)
Shoulder (MS-19)
Elbow (MS-20)
Wrist (MS-21)
Hand (MS-22)
Pelvis (MS-23)
Hip (MS-24)
Knee (MS-25)
Ankle (MS-26)
Foot (MS-27)
Nuclear Medicine (MS-28)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

General Guidelines (MS-1)

Guideline

Procedure Codes Associated with Musculoskeletal Imaging (MS)
General Guidelines (MS-1.0)
References (MS-1)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Procedure Codes Associated with Musculoskeletal Imaging (MS)

MS.GG.ProcedureCodes.A
v2.0.2025

MRI/MRA	CPT®
MRI Upper Extremity, other than joint, without contrast	73218
MRI Upper Extremity, other than joint, with contrast	73219
MRI Upper Extremity, other than joint, without and with contrast	73220
MRI Upper Extremity, any joint, without contrast	73221
MRI Upper Extremity, any joint, with contrast	73222
MRI Upper Extremity, any joint, without and with contrast	73223
MR Angiography Upper Extremity without or with contrast	73225
MRI Lower Extremity, other than joint, without contrast	73718
MRI Lower Extremity, other than joint, with contrast	73719
MRI Lower Extremity, other than joint, without and with contrast	73720
MRI Lower Extremity, any joint, without contrast	73721
MRI Lower Extremity, any joint, with contrast	73722
MRI Lower Extremity, any joint, without and with contrast	73723
MR Angiography Lower Extremity without or with contrast	73725
MRI Pelvis without contrast	72195
MRI Pelvis with contrast	72196

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

MRI/MRA	CPT®
MRI Pelvis without and with contrast	72197

CT/CTA	CPT®
CT Upper Extremity without contrast	73200
CT Upper Extremity with contrast	73201
CT Upper Extremity without and with contrast	73202
CT Angiography Upper Extremity without and with contrast	73206
CT Lower Extremity without contrast	73700
CT Lower Extremity with contrast	73701
CT Lower Extremity without and with contrast	73702
CT Angiography Lower Extremity without and with contrast	73706
CT Pelvis without contrast	72192
CT Pelvis with contrast	72193
CT Pelvis without and with contrast	72194
Bone Mineral Density CT, one or more sites, axial skeleton	77078

Ultrasound	CPT®
Ultrasound, complete joint (ie, joint space and peri-articular soft tissue structures) real-time with image documentation	76881
Ultrasound, limited, joint or other nonvascular extremity structure(s) (e.g., joint space, peri-articular tendon[s], muscle[s], nerve[s], other soft tissue structure[s], or soft tissue mass[es]), real-time with image documentation	76882

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Ultrasound	CPT®
Ultrasound, pelvic (nonobstetric), real time with image documentation	76857

Nuclear Medicine	CPT®
Bone Marrow Imaging, Limited	78102
Bone Marrow Imaging, Multiple	78103
Bone Marrow Imaging, Whole Body	78104
Bone or Joint Imaging Limited	78300
Bone or Joint Imaging Multiple	78305
Bone Scan Whole Body	78306
Bone Scan 3 Phase Study	78315
Radiopharmaceutical localization of tumor, inflammatory process or distribution of radiopharmaceutical agent(s) (includes vascular flow and blood pool imaging, when performed); planar, single area (e.g., head, neck, chest, pelvis), single day imaging	78800
Radiopharmaceutical localization of tumor, inflammatory process or distribution of radiopharmaceutical agent(s) (includes vascular flow and blood pool imaging, when performed); planar, 2 or more areas (eg, abdomen and pelvis, head and chest), 1 or more days imaging or single area imaging over 2 or more days	78801
Radiopharmaceutical localization of tumor, inflammatory process or distribution of radiopharmaceutical agent(s) (includes vascular flow and blood pool imaging, when performed); planar, whole body, single day imaging	78802
Radiopharmaceutical localization of tumor, inflammatory process or distribution of radiopharmaceutical agent(s) (includes vascular flow and blood pool imaging, when performed); tomographic (SPECT), single area (e.g., head, neck, chest, pelvis), single day imaging	78803

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Nuclear Medicine	CPT®
Radiopharmaceutical localization of tumor, inflammatory process or distribution of radiopharmaceutical agent(s) (includes vascular flow and blood pool imaging, when performed); tomographic (SPECT) with concurrently acquired computed tomography (CT) transmission scan for anatomical review, localization and determination/detection of pathology, single area (e.g., head, neck, chest, pelvis), single day imaging	78830
Radiopharmaceutical localization of tumor, inflammatory process or distribution of radiopharmaceutical agent(s) (includes vascular flow and blood pool imaging, when performed); tomographic (SPECT), minimum 2 areas (e.g., pelvis and knees, abdomen and pelvis), single day imaging, or single area imaging over 2 or more days	78831
Radiopharmaceutical localization of tumor, inflammatory process or distribution of radiopharmaceutical agent(s) (includes vascular flow and blood pool imaging, when performed); tomographic (SPECT) with concurrently acquired computed tomography (CT) transmission scan for anatomical review, localization and determination/detection of pathology, minimum 2 areas (e.g., pelvis and knees, abdomen and pelvis), single day imaging, or single area imaging over 2 or more days	78832

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

General Guidelines (MS-1.0)

MS.GG.0001.0.A

v2.0.2025

- Before advanced diagnostic imaging can be considered, there must be an in-person clinical evaluation as well as a clinical re-evaluation after a trial of failed conservative treatment; the clinical re-evaluation may consist of an in-person evaluation or other meaningful contact with the provider's office such as email, web, telephone communications, or clinical documentation from a provider.
- An in-person clinical evaluation for the current episode of the condition is required to have been performed before advanced imaging can be considered. This may have been either the initial clinical evaluation or the clinical re-evaluation.
- The in-person clinical evaluation should include a relevant history and physical examination, appropriate laboratory studies, and non-advanced imaging modalities. Other forms of meaningful contact (e.g., telephone call, electronic mail, telemedicine, or messaging) are not acceptable as an in-person evaluation.
- Prior to advanced imaging consideration, the results of plain x-rays performed after the current episode of symptoms started or changed need to be available to the requesting provider of the advanced imaging study for all musculoskeletal conditions, unless otherwise noted in the guidelines.
  - Initial plain x-ray can rule out those situations that do not often require advanced imaging, such as osteoarthritis, acute/healing fracture, dislocation, osteomyelitis, acquired/congenital deformities, and tumors of bone amenable to biopsy or radiation therapy (in known metastatic disease), etc.
  - X-ray may provide complementary clinical information regarding detailed bony anatomy, and may assist with preoperative planning when surgery is being contemplated.
  - X-ray may provide clinically significant details for soft tissue masses, such as soft tissue calcification, presence or absence of phleboliths, radiographic density, and effect on adjacent bone.
  - X-ray often has a larger field of view than MRI or CT and has the potential to identify more proximal or distal pathology in an extremity.
- Clinical re-evaluation is required prior to consideration of advanced diagnostic imaging to document failure of significant clinical improvement following a recent (within 12 weeks) six week trial of provider-directed conservative treatment. Clinical re-evaluation can include documentation of an in-person encounter with a provider or documentation of other meaningful contact with a provider’s office by the individual (e.g. telephone call, electronic mail, telemedicine, or messaging).
- Provider-directed conservative treatment may include rest, ice, compression, and elevation (R.I.C.E.), non-steroidal anti-inflammatories (NSAIDs), narcotic and non-narcotic analgesic medications, oral or injectable corticosteroids,

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

viscosupplementation injections, a provider-directed home exercise program, cross-training, and/or physical/occupational therapy or immobilization by splinting/casting/bracing.

- Orthopedic specialist evaluation can be helpful in determining the need for advanced imaging.
  - The need for repeat advanced imaging should be carefully considered and may not be indicated if prior imaging has been performed.
  - Serial advanced imaging, whether CT or MRI, for surveillance of healing or recovery from musculoskeletal disease is not supported by the medical evidence in the majority of musculoskeletal conditions.

Evidence Discussion (MS-1)

For most patients with a musculoskeletal complaint, a diagnosis can be made based on a detailed history, physical examination and plain radiographs.

X-rays can determine whether an advanced diagnostic imaging study is actually needed, what specific advanced diagnostic imaging study is warranted and if contrast is needed. X-rays often have a larger field-of-view than an MRI or CT and have the potential to identify more proximal or distal pathology in an extremity that could ultimately assist in determining the patient's diagnosis. Advanced imaging results are better interpreted when compared to plain x-rays, which provide complementary clinical information regarding detailed bony anatomy and may assist with pre-operative planning when surgery is being contemplated. Taljanovic, et al. concluded when MRI is necessary, radiographs are considered an essential, initial complementary study for the reading of musculoskeletal MRIs. Initial plain x-rays (prior to obtaining advanced imaging) for musculoskeletal conditions are also recommended by the American College of Radiology Appropriate Use Criteria.

Advanced imaging is typically not necessary for the initial evaluation for patients with a musculoskeletal complaint. Treatment for many musculoskeletal conditions does not rely on advanced imaging results and most patients will improve within a few weeks or months with conservative care. Advanced imaging can often demonstrate abnormalities that have no relevance to the patient's symptoms. It has been reported that approximately 30 – 40 percent of middle-aged patients and an even higher percentage of older patients have asymptomatic meniscus, rotator cuff and superior labral tears. Advanced imaging incidental findings can possibly lead to overtreatment with referral to specialists and possibly unnecessary surgery. Additional risks to the patient associated with advanced imaging include but are not limited to radiation exposure, implanted device complications, metallic foreign body complications and contrast complications.

In general, initial plain x-rays and an initial course of conservative care can provide a significant clinical benefit that would outweigh the clinical harm from perhaps briefly

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

delaying advanced imaging if needed. A course of conservative care or plain x-ray findings many times may obviate the need for advanced imaging which possess their own set of significant risks.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

References (MS-1)

v2.0.2025

1. Reinus WR. Clinician's guide to diagnostic imaging. New York, NY: *Springer Science*; 2014.
2. Visconti AJ, Biddle J, Solomon M. Follow-up imaging for vertebral osteomyelitis a teachable moment. *JAMA*. 2014;174(2):184. doi: 10.1001/jamainternmed.2013.12742.
3. Fabiano V, Franchino G, Napolitano M, Ravelli A, Dilillo D, Zuccotti GV. Utility of magnetic resonance imaging in the follow-up of children affected by acute osteomyelitis. *Curr Pediatr Res*. 2017;21(2):354-358.
4. Pompan DC. Appropriate use of MRI for evaluating common musculoskeletal conditions. *Am Fam Physician*. 2011 Apr 15;83(8):883-4.
5. Sher JS, Uribe JW, Posada A, Murphy BJ, Zlatkin MB. Abnormal findings on magnetic resonance images of asymptomatic shoulders. *J Bone Joint Surg Am*. 1995;77(1):10-15.
6. Yamaguchi K, Ditsios K, Middleton WD, Hildebolt CF, Galatz LM, Teefey SA. The demographic and morphological features of rotator cuff disease. A comparison of asymptomatic and symptomatic shoulders. *J Bone Joint Surg Am*. 2006;88(8):1699-1704.
7. Ryzewicz M, Peterson B, Siparsky PN, Bartz RL. The diagnosis of meniscus tears: the role of MRI and clinical examination. *Clin Orthop Relat Res*. 2007;455:123-133.
8. Englund M, Guermazi A, Gale D, et al. Incidental meniscal findings on knee MRI in middle-aged and elderly persons. *N Engl J Med*. 2008;359(11):1108-1115.
9. Schwartzberg R, Reuss BL, Burkhart BG, et al. High prevalence of superior labral tears diagnosed by MRI in middle-aged patients with asymptomatic shoulders. *Orthop J Sports Med*. 2016 Jan 5;4(1):2325967115623212. doi: 10.1177/2325967115623212. PMID: 26779556; PMCID: PMC4710128.
10. Taljanovic MS, Hunter TB, Fitzpatrick KA, Krupinski EA, Pope TL. Musculoskeletal magnetic resonance imaging: importance of radiography. *Skeletal Radiol*. 2003 Jul;32(7):403-11.
11. Nacey N, Fox MG, Blankenbaker DG, et al. ACR Appropriateness Criteria® Chronic Shoulder Pain. Available at https://acsearch.acr.org/docs/3101482/Narrative/. American College of Radiology. Revised 2022.
12. Fox, MG, Chang, EY, Amini, B, et al. ACR Appropriateness Criteria® Chronic Knee Pain. Available at https://acsearch.acr.org/docs/69432/Narrative/. American College of Radiology. Revised 2018.
13. Watson RE, Yu L. Safety Considerations in MRI and CT. *Continuum (Minneap Minn)*. 2023 Feb 1;29(1):27-53.
14. Bradley MP, Tung G, Green A. Overutilization of shoulder magnetic resonance imaging as a diagnostic screening tool in patients with chronic shoulder pain. *J Shoulder Elbow Surg*. 2005 May-Jun;14(3):233-7.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Imaging Techniques (MS-2)

Guideline

Plain X-Ray (MS-2.1)
MRI or CT (MS-2.2)
Ultrasound (MS-2.3)
Contrast Issues (MS-2.4)
Positron Emission Tomography (PET/CT) (MS-2.5)
Nuclear Medicine (MS-2.6)
Evidence Discussion (MS-2)
References (MS-2)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Plain X-Ray (MS-2.1)

MS.IM.0002.1.A

v2.0.2025

- The results of plain x-rays performed after the current episode of symptoms started or changed need to be available to the requesting provider of the advanced imaging study for all musculoskeletal conditions, unless otherwise noted in the guidelines, to rule out those situations that do not often require advanced imaging, such as: osteoarthritis, acute/healing fracture, dislocation, osteomyelitis, acquired/congenital deformities, and tumors of bone amenable to biopsy or radiation therapy (in known metastatic disease), etc.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

MRI or CT (MS-2.2)

MS.IM.0002.2.A

v2.0.2025

- Magnetic Resonance Imaging (MRI) is often the preferred advanced imaging modality in musculoskeletal conditions because it is superior in imaging the soft tissues and can also define physiological processes in some instances [e.g. edema, loss of circulation (AVN), and increased vascularity (tumors)].
- Computed Tomography (CT) is preferred for imaging cortical bone anatomy; thus, it is useful for studying complex fractures (particularly of the joints), dislocations, and assessing delayed union or non-union of fractures, if plain X-rays are equivocal. CT may be the procedure of choice in individuals who cannot undergo an MRI, such as those with pacemakers.

Positional MRI

- Positional MRI is also referred to as dynamic, standing, weight-bearing, or kinetic MRI. Currently, there is inadequate scientific evidence to support the medical necessity of this study. As such, it should be considered not medically necessary.

Positional CT

- Positional CT, also referred to as weight-bearing or cone beam CT, may be useful in imaging of the foot and ankle.
  - If a request for foot or ankle imaging with positional CT meets medical necessity criteria for standard CT imaging (as defined in the condition-specific guidelines), the request may be approved.
    - Positional CT of anatomic areas other than the foot and ankle are considered not medically necessary.

dGEMRIC Evaluation of Cartilage

- Delayed gadolinium enhanced Magnetic Resonance Imaging of Cartilage (dGEMRIC) is a technique where an MRI estimates joint cartilage glycosaminoglycan content after penetration of the contrast agent in order to detect cartilage breakdown. Currently, there is inadequate scientific evidence to support the medical necessity of this study. As such, it should be considered not medically necessary for the diagnosis and surveillance of, or preoperative planning related to chondral pathology.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Ultrasound (MS-2.3)

MS.IM.0002.3.A

v2.0.2025

- Ultrasound (US) uses sound waves to produce images that can be used to evaluate a variety of musculoskeletal disorders. As with US in general, musculoskeletal US is highly operator-dependent, and proper training and experience are required to perform consistent, high-quality evaluations.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Contrast Issues (MS-2.4)

MS.IM.0002.4.A

v2.0.2025

- Most musculoskeletal imaging (MRI or CT) is without contrast; however, the following examples may be considered with contrast:
  - Tumors, osteomyelitis, and soft tissue infection (without and with contrast)
  - MRI arthrography (with contrast only)
  - MRI for rheumatoid arthritis and inflammatory arthritis (contrast as requested)
  - For individuals with a contrast contraindication, if the advanced imaging recommendation specifically includes contrast, the corresponding advanced imaging study without contrast may be approved as an alternative, although the non-contrast study may not provide an adequate evaluation of the condition of concern.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Positron Emission Tomography (PET/CT) (MS-2.5)

MS.IM.0002.5.A
v2.0.2025

- PET/CT is a nuclear medicine/computed tomography (CT) fusion study that uses a positron emitting radiotracer to create cross-sectional and volumetric images based on tissue metabolism. PET imaging fusion with CT allows for better anatomic localization of the areas of abnormal increased tissue activity seen on PET.
- PET/CT is indicated for imaging of certain musculoskeletal conditions when MRI or CT is equivocal or cannot be performed. See: **Nuclear Medicine (MS-28)** for specific indications.
  - At this time, FDG is the only indicated radiotracer for use with PET/CT in the imaging of musculoskeletal conditions.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Nuclear Medicine (MS-2.6)

MS.IM.0002.6.A

v2.0.2025

- A bone scan is a nuclear medicine imaging study in which an amount of radioactive material is injected and images are obtained at different time intervals, depending on the condition. A bone scan is done to reveal problems with bone metabolism. Areas where bone cells are repairing themselves show the most activity. It can help diagnose a number of bone conditions, including cancer of the bone or metastasis, location of bone inflammation, fracture, and bone infection.
- Nuclear Medicine WBC Scan is performed using radioactive material which is tagged to the white blood cells. When injected into the body, the material attaches to sites of inflammation/infection. Once distributed in these areas, the sites of suspected infection/inflammation can be seen on nuclear imaging equipment. These can be imaged as a planar study, SPECT study, or SPECT/CT study.
- Bone Marrow Imaging is used in combination with a WBC Scan to help differentiate between true infection and physiological marrow uptake. The bone marrow scan provides a map of the normal physiological white cell uptake that is then compared to the white blood cell scan. Any discordance in white cell uptake (e.g., more WBC uptake than marrow uptake) between the two studies indicates a focus of infection.
- See: **Nuclear Medicine (MS-28)** and condition-specific guidelines for specific indications.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Evidence Discussion (MS-2)

v2.0.2025

MRI is an excellent advanced imaging modality for musculoskeletal conditions. It is highly sensitive and specific for evaluation of soft tissue secondary to its superior soft tissue contrast resolution. It is highly sensitive for detection of occult fractures. MRI also carries the benefit of no ionizing radiation exposure. MRI is limited by its longer acquisition times, limited availability, distortion artifacts and incompatibility with some implantable devices and metallic objects. There is lack of high level evidence to support positional MRI.

Currently, there is inadequate high level scientific evidence to support the medical necessity of delayed gadolinium enhanced Magnetic Resonance Imaging of Cartilage (dGEMRIC). As such, it should be considered not medically necessary for the diagnosis and surveillance of, or preoperative planning related to chondral pathology.

CT is preferred for the evaluation of cortical bone anatomy. CT has the advantage of being widely available, especially in acute care settings. CT does carry the risk of ionizing radiation and it is estimated that 2% of all cancers in the United States may be attributable to radiation exposure from CT scans. Positional CT has been shown to be useful in the evaluation of foot and ankle conditions, however, there is there is insufficient evidence to support the use of positional CT for other anatomic areas.

FDG-PET/CT scan is highly sensitive (81-100%) and specific (87-100%) for the detection of osteomyelitis. However, FDG is the only indicated radiotracer for use with PET/CT in the imaging of musculoskeletal conditions.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (MS-2)

v2.0.2025

1. DeMuro JP, Simmons S, Smith K, et al. Utility of MRI in blunt trauma patients with a normal cervical spine CT and persistent midline neck pain on palpation. *Global Journal of Surgery*. 2013;1(1):4-7. doi:10.12691/js-1-1-2.
2. Hsu W, Hearty TM. Radionuclide imaging in the diagnosis and management of orthopaedic disease. *J Am Acad Orthop Surg.* 2012;20(3):151-159. doi:10.5435/JAAOS-20-03-151.
3. Kayser R, Mahlfeld K, Heyde CE. Partial rupture of the proximal Achilles tendon: a differential diagnostic problem in ultrasound imaging. *Br J Sports Med*. 2005;9(11):838–842. doi:10.1136/bjsm.2005.018416.
4. Ward RJ, Weissman BN, Kransdorf MJ, et. al. Expert Panel on Musculoskeletal Imaging. ACR Appropriateness Criteria® Acute hip pain-suspected fracture. *Am Coll Radiol (ACR);* Date of Origin: 2013. Revised: 2018. https://acsearch.acr.org/docs/3082587/Narrative/.
5. Mosher TJ, Kransdorf MJ, Adler R, et. al. Expert Panel on Musculoskeletal Imaging. ACR Appropriateness Criteria® Acute trauma to the ankle. *Am Coll Radiol (ACR);* Date of Origin: 2013. Revised: 2020. https://acsearch.acr.org/docs/69436/Narrative/.
6. Small KM, Adler RS, Shah SH, et al. Expert Panel on Musculoskeletal Imaging. ACR Appropriateness Criteria® Shoulder Pain - Atraumatic. *Am Coll Radiol (ACR)*; New 2018. https://acsearch.acr.org/docs/3101482/Narrative/.
7. Amini B, Beckmann NM, Beaman FD, et al. Expert Panel on Musculoskeletal Imaging. ACR Appropriateness Criteria® Shoulder Pain - Traumatic. *Am Coll Radiol (ACR)*; Revised 2017. https://acsearch.acr.org/docs/69433/Narrative/.
8. Hayes CW, Roberts CC, Bencardino JT, et. al. Expert Panel on Musculoskeletal Imaging. ACR Appropriateness Criteria® chronic elbow pain. *Am Coll Radiol (ACR*); Date of Origin:1998. Revised: 2022. https://acsearch.acr.org/docs/69423/Narrative/.
9. Wise JN, Weissman BN, Appel M, et. al. Expert Panel on Musculoskeletal Imaging. ACR Appropriateness Criteria® chronic foot pain. *Am Coll Radiol (ACR*); Date of Origin:1998. Revised: 2020. https://acsearch.acr.org/docs/69424/Narrative/.
10. Jawetz ST, Fox MG, Blankenbaker DG, et al. ACR Appropriateness Criteria® Chronic Hip Pain. Available at https://acsearch.acr.org/docs/69425/Narrative/. American College of Radiology. Revised 2022.
11. Rubin DA, Roberts CC, Bencardino JT, et. al. Expert Panel on Musculoskeletal Imaging. ACR Appropriateness Criteria® chronic wrist pain. *Am Coll Radiol (ACR)*; Revised: 2017. https://acsearch.acr.org/docs/69427/Narrative/.
12. Bennett DL, Nelson JW, Weissman BN, et. al. Expert Panel on Musculoskeletal Imaging. ACR Appropriateness Criteria® nontraumatic knee pain. *Am Coll Radiol (ACR);*1995. Revised: 2018. https://acsearch.acr.org/docs/69432/Narrative/.
13. Murphey MD, Roberts CC, Bencardino JT, et. al. Expert Panel on Musculoskeletal Imaging. ACR Appropriateness Criteria® osteonecrosis of the hip. *Am Coll Radiol (ACR);*Date of Origin: 1995. Revised: 2022. https://acsearch.acr.org/docs/69420/Narrative/.
14. Bruno MA, Weissman BN, Kransdorf MJ, et. al. Expert Panel on Musculoskeletal Imaging. ACR Appropriateness Criteria® acute hand and wrist trauma. *Am Coll Radiol (ACR);* Date of Origin: 1995. Revised: 2018. https://acsearch.acr.org/docs/69418/Narrative/.
15. Bencardino JT, Stone TJ, Roberts CC, et. al. Expert Panel on Musculoskeletal Imaging. ACR Appropriateness Criteria® stress (fatigue/insufficiency) fracture, including sacrum, excluding other vertebrae. *Am Coll Radiol (ACR);* Revised: 2016. https://acsearch.acr.org/docs/69435/Narrative/.
16. Luchs JS, Flug JA, Weissman BN, et. al. Expert Panel on Musculoskeletal Imaging. ACR Appropriateness Criteria® chronic ankle pain. *Am Coll Radiol (ACR);* Date of Origin: 1998. Revised: 2017. https://acsearch.acr.org/docs/69422/Narrative/.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

17. Pierce JL, Perry MT, Wessell DE, et. al. ACR Appropriateness Criteria® Suspected Osteomyelitis, Septic Arthritis, or Soft Tissue Infection (Excluding Spine and Diabetic Foot). Available at https://acsearch.acr.org/docs/3094201/Narrative. American College of Radiology. Revised: 2022.
18. Kransdorf MJ, Weissman BN, Appel M, et al. Expert Panel on Musculoskeletal Imaging. ACR Appropriateness Criteria® suspected osteomyelitis of the foot in patients with diabetes mellitus. *Am Coll Radiol (ACR);* Date of Origin: 1995. Revised: 2019. https://acsearch.acr.org/docs/69340/Narrative/.
19. Zoga AC, Weissman BN, Kransdorf MJ, et al. Expert Panel on Musculoskeletal Imaging. ACR Appropriateness Criteria® soft-tissue masses. *Am Coll Radiol (ACR);* Date of Origin: 1995. Revised: 2017. https://acsearch.acr.org/docs/69434/Narrative/.
20. Morrison WB, Weissman BN, Kransdorf MJ, et al. Expert Panel on Musculoskeletal Imaging. ACR Appropriateness Criteria® primary bone tumors. *Am Coll Radiol (ACR);* Date of Origin: 1995. Revised: 2019. https://acsearch.acr.org/docs/69421/Narrative/.
21. Weissman BN, Palestro CJ, Appel M, et al. Expert Panel on Musculoskeletal Imaging. ACR Appropriateness Criteria® imaging after total hip arthroplasty. *Am Coll Radiol (ACR);* Date of Origin:1998. Revised: 2015. https://acsearch.acr.org/docs/3094200/Narrative/.
22. Hochman MG, Melenevsky YV, Metter DF, et al. Expert Panel on Musculoskeletal Imaging. ACR Appropriateness Criteria® imaging after total knee arthroplasty. *Am Coll Radiol (ACR);* Revised: 2017. https://acsearch.acr.org/docs/69430/Narrative/.
23. Gyftopoulos S, Rosenberg ZS, Roberts CC, et al. Expert Panel on Musculoskeletal Imaging. ACR Appropriateness Criteria® imaging after shoulder arthroplasty. *Am Coll Radiol (ACR);* Date of Origin: 2016. Revised: 2021https://acsearch.acr.org/docs/3097049/Narrative/.
24. Patel ND, Broderick DF, Burns J, et al. Expert Panel on Neurologic Imaging. ACR Appropriateness Criteria®: low back pain. *Am Coll Radiol (ACR);* Date of Origin:1996. Last Review: 2021. https://acsearch.acr.org/docs/69483/Narrative/.
25. Shetty VS, Reis MN, Aulino JM, et al. Expert Panel on Neurologic Imaging. ACR Appropriateness Criteria®: head trauma. *Am Coll Radiol (ACR);* Date of Origin:1996. Last Review: 2020. https://acsearch.acr.org/docs/69481/Narrative/.
26. Li X, Yi P, Curry EJ, Murakami AM. Ultrasonography as a diagnostic, therapeutic, and research tool in orthopaedic surgery. *J Am Acad Orthop Surg*. 2018;26(6):187-196. doi: 10.5435/JAAOS-D-16-00221.
27. de Cesar Netto C, Myerson MS, Day J, et. al. Consensus for the use of weightbearing CT in the assessment of progressive collapsing foot deformity. *Foot Ankle Int*. 2020;41(10):1277-1282.
28. Conti MS, Ellis SJ. Weight-bearing ct scans in foot and ankle surgery. *J Am Acad Orthop Surg*. 2020;28(14):e595-e603.
29. de Cesar Netto C, Schon LC, Thawait GK, et. al. Flexible adult acquired flatfoot deformity: comparison between weight-bearing and non-weight-bearing measurements using cone-beam computed tomography. *J Bone Joint Surg Am*. 2017;99(18):e98.
30. Chung, C.B., Pathria, M.N. & Resnick, D. MRI in MSK: is it the ultimate examination?. *Skeletal Radiol*. 2024;53(9):1727-1735. doi:10.1007/s00256-024-04601-x.
31. D'Amore T, Klein G, Lonner J. The Use of Computerized Tomography Scans in Elective Knee and Hip Arthroplasty-What Do They Tell Us and at What Risk?. *Arthroplast Today*. 2022;15:132-138. Published 2022 May 5.
32. Rutgers M, Bartels LW, Tsuchida AI, Castelein RM, Dhert WJ, Vincken KL, van Heerwaarden RJ, Saris DB. dGEMRIC as a tool for measuring changes in cartilage quality following high tibial osteotomy: a feasibility study. *Osteoarthritis Cartilage*. 2012 Oct;20(10):1134-41.
33. Bulat E, Bixby SD, Siversson C, Kalish LA, Warfield SK, Kim YJ. Planar dGEMRIC Maps May Aid Imaging Assessment of Cartilage Damage in Femoroacetabular Impingement. *Clin Orthop Relat Res*. 2016 Feb;474(2):467-78.
34. Kim SD, Jessel R, Zurakowski D, Millis MB, Kim YJ. Anterior delayed gadolinium-enhanced MRI of cartilage values predict joint failure after periacetabular osteotomy. *Clin Orthop Relat Res*. 2012 Dec;470(12):3332-41.
35. Palestro CJ. FDG-PET in musculoskeletal infections. *Semin Nucl Med.* 2013;43:367-76.
36. Wenter V, Muller JP, Albert NL, et al. The diagnostic value of [(18)F]FDG PET for the detection of chronic osteomyelitis and implant-associated infection. *Eur J Nucl Med Mol Imaging.* 2016;43:749-61.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

37. Bruno F, Barile A, Arrigoni F, Laporta A, Russo A, Carotti M, Splendiani A, Di Cesare E, Masciocchi C. Weight-bearing MRI of the knee: a review of advantages and limits. *Acta Biomed*. 2018 Jan 19;89(1-S):78-88.
38. Bruno F, Arrigoni F, Palumbo P, Natella R, Splendiani A, Di Cesare E, Guglielmi G, Masciocchi C, Barile A. Weight-bearing MR Imaging of Knee, Ankle and Foot. *Semin Musculoskelet Radiol*. 2019 Dec;23(6):594-602.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

3D Rendering (MS-3)

Guideline

3D Rendering (MS-3)
Reference (MS-3)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

3D Rendering (MS-3)

MS.TD.0003.A
v2.0.2025

- Indications for musculoskeletal 3-D image post-processing for preoperative planning when conventional imaging is insufficient for:
  - Complex fractures (comminuted or displaced)/dislocations of any joint.
  - Spine fractures, pelvic/acetabulum fractures, intra-articular fractures.
  - Preoperative planning for other complex surgical cases.
- The code assignment for 3-D rendering depends upon whether the 3-D post-processing is performed on the scanner workstation (CPT® 76376) or on an independent workstation (CPT® 76377).
  - 2-D reconstruction (i.e. reformatting axial images into the coronal plane) is considered part of the tomography procedure, is not separately reportable, and does not meet the definition of 3-D rendering.
  - It is not indicated to report 3-D rendering in conjunction with CTA and MRA because those procedure codes already include the post-processing.
  - In addition to the term "3-D," the following terms may also be used to describe 3-D post-processing:
    - Maximum intensity projection (MIP)
    - Shaded surface rendering
    - Volume rendering
- Additionally - If multiple CPT codes are performed for the same indication on the same day, one 3D rendering code is required. If they are performed on separate days, 3D rendering codes are required for each study on each day.
- The 3-D rendering codes require concurrent supervision of image post-processing 3-D manipulation of volumetric data set and image rendering.

Evidence Discussion (MS-3)

3D CT improves both the reliability and the accuracy of radiographic characterization of articular fractures of the distal radius and influences treatment decisions, compared to 2D imaging alone. 3D reconstructions can be particularly helpful in preoperative planning for complex articular injuries. The addition of 3D reconstructions to standard 2D CT images has been shown to change operative management in up to 48% of intra-articular distal radius fractures.

In the evaluation of traumatic elbow injuries, 3D CT reconstruction of coronoid and olecranon fractures can identify specific shapes, sizes, and orientations of fracture fragments associated with various patterns of traumatic elbow instability which can impact surgical treatment planning.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

In shoulder trauma, 3D CT images may better characterize fracture patterns and humeral neck angulation, which can affect functional outcomes. 3D CT images can better visualize scapula fracture displacement and angulation.

Pelvic and acetabular fractures can be difficult to appreciate on routine radiographs. Complex injuries and subtle fractures, especially in the axial plane, can be better demonstrated on 3D CT images.

For the assessment of postoperative alignment in trauma patients with ankle pilon fractures, studies have found 3D reconstruction with MRI to be comparable to that of 3D CT reconstructions. Evaluations of complex trauma, articular surfaces, and osseous alignment are potential indications in ankle imaging that may benefit from 3D reconstruction.

In a study of 35 patients with multiple rib fractures requiring surgical stabilization, imaging with 3D CT in addition to 2D CT and plain radiography changed the surgical plan in 65.7% of the cases, compared to imaging with plain radiography and 2D CT alone.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Reference (MS-3)

v2.0.2025

1. Torabi M, Lenchik L, Beaman FD, et al. ACR Appropriateness Criteria® Acute Hand and Wrist Trauma. Available at https:// acsearch.acr.org/docs/69418/Narrative/. American College of Radiology. Revised 2018.
2. Harness NG, Ring D, Zurakowski D, Harris GJ, Jupiter JB. The influence of three-dimensional computed tomography reconstructions on the characterization and treatment of distal radial fractures. *J Bone Joint Surg Am.* 2006;88:1315-23.
3. Siriwanarangsun P, Bae WC, Statum S, Chung CB. Advanced MRI Techniques for the Ankle. *AJR Am J Roentgenol*. 2017 Sep;209(3):511-524.
4. Chen KC, Ha AS, Bartolotto RJ, et al. ACR Appropriateness Criteria® Acute Elbow and Forearm Pain. Available at https://acsearch.acr.org/docs/3195154/Narrative/. American College of Radiology. Revised 2024.
5. Amini B, Beckmann NM, Beaman, FD, et al. Expert Panel on Musculoskeletal Imaging. American College of Radiology ACR Appropriateness Criteria® Shoulder Pain-Traumatic. Am Coll Radiol (ACR); Revised: 2017.
6. Falchi M, Rollandi GA. CT of pelvic fractures. *Eur J Radiol*. 2004 Apr;50(1):96-105.
7. Pulley BR, Taylor BC, Fowler TT, et al. Utility of three-dimensional computed tomography for the surgical management of rib fractures. *Journal of Trauma and Acute Care Surgery*. 2015 Mar; 78(3):530-4.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Avascular Necrosis (AVN)/ Osteonecrosis (MS-4)

Guideline

AVN (MS-4.1)
References (MS-4)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

AVN (MS-4.1)

MS.AN.0004.1.A

v2.0.2025

- MRI without contrast, MRI without and with contrast, or CT without contrast of the area of interest can be performed when plain x-ray findings are negative or equivocal and clinical symptoms warrant further investigation for suspected avascular necrosis.
- Advanced imaging for AVN confirmed by plain x-ray is appropriate for treatment planning in the following situations:
  - Femoral head:
    - MRI Hip without contrast (CPT® 73721) or CT Hip without contrast (CPT® 73700)
  - Distal Femur:
    - MRI Knee without contrast (CPT® 73721) or CT Knee without contrast (CPT® 73700)
  - Talus:
    - MRI Ankle without contrast (CPT® 73721) or CT Ankle without contrast (CPT® 73700)
  - Tarsal navicular (Kohler Disease):
    - MRI Foot without contrast (CPT® 73718) or CT Foot without contrast (CPT® 73700)
  - Metatarsal head (Frieberg's Infraction):
    - MRI Foot without contrast (CPT® 73718) or CT Foot without contrast (CPT® 73700)
  - Humeral head:
    - MRI Shoulder without contrast (CPT® 73221) or CT Shoulder without contrast (CPT® 73200)
  - Lunate (Kienbock's Disease)/Scaphoid (Preiser's Disease):
    - CT Wrist without contrast (CPT® 73200) or MRI Wrist without contrast (CPT® 73221)
- Individuals with acute lymphoblastic leukemia and known or suspected osteonecrosis should be imaged according to guidelines in **Acute Lymphoblastic Leukemia (PEDONC-3.2)** in the Pediatric and Special Populations Oncology Imaging Guidelines.
- Known or suspected osteonecrosis in long-term cancer survivors should be imaged according to guidelines in **Osteonecrosis in Long Term Cancer Survivors (PEDONC-19.4)** in the Pediatric and Special Populations Oncology Imaging Guidelines.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Background and Supporting Information

- Classification systems use a combination of plain x-rays, MRI, and clinical features to stage avascular necrosis.

Evidence Discussion (MS-4)

Multiple articles report that obtaining plain radiographs is fundamental in the work-up and follow-up of patients presenting with symptoms suspicious for osteonecrosis/ avascular necrosis (AVN). The American College of Radiology Appropriateness Criteria for Osteonecrosis (revised 2022) also supports radiography as the initial imaging study for clinically suspected osteonecrosis. Also noted was that although radiographs are less sensitive for detection of early osteonecrosis, they help to exclude other causes of extremity pain such as fracture, primary arthritis, or tumor. In late stage osteonecrosis, x-rays will also show findings of secondary osteoarthritis.

Plain x-rays are also valuable as initial imaging as they can determine the necessity of advanced imaging, what specific advanced imaging study is warranted and if contrast is needed. As x-rays often have a larger field of view than MRI or CT, they have the potential to identify more proximal or distal pathology in an extremity. It is also noteworthy that when MRI is necessary, radiographs are considered an essential, initial complementary study for the reading of musculoskeletal MRIs.

The literature and the American College of Radiology Appropriateness Criteria for Osteonecrosis (revised 2022) support advanced imaging when initial x-rays are negative or equivocal and osteonecrosis is still suspected. MRI has been shown to be the most sensitive and specific imaging modality for the diagnosis of osteonecrosis, with a sensitivity and specificity nearing 100%. Advanced imaging for AVN is also supported for treatment planning when AVN is confirmed by plain x-ray.

It should be noted, however, that advanced imaging can often demonstrate abnormalities that have no relevance to the patient's symptoms. Advanced imaging incidental findings can possibly lead to overtreatment with referral to specialists and possibly unnecessary surgery. Ganguli et. al. reported incidental findings on screening and diagnostic tests are common and may trigger cascades of further testing and treatment. Also reported was that such cascades of care come with substantial potential for harm (including patient anxiety and additional treatment risks) in addition to monetary costs and inconvenience. Risks of advanced imaging also include but are not limited to radiation exposure, implanted device complications, metallic foreign body complications and contrast complications.

Although the use of any coverage criteria includes the possible risk of delayed care, EviCore firmly believes the benefits of our evidence based criteria best ensure patient safety and highly outweigh any clinical harm from perhaps briefly delaying advanced imaging if needed.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (MS-4)

v2.0.2025

1. Calder JD, Hine AL, Pearse MF, Revell PA. The relationship between osteonecrosis of the proximal femur identified by MRI and lesions proven by histological examination. *J Bone Joint Surg Br*. 2008;90(2):154-158.
2. Karantanas AH, Drakonaki EE. The role of MR imaging in avascular necrosis of the femoral head. *Semin Musculoskelet Radiol*. 2011;15(3):281-300. doi:10.1055/s-0031-1278427.
3. Karim AR, Cherian JJ, Jauregui JJ, et al. Osteonecrosis of the knee: review. *Ann Transl Med*. 2015;3(1). doi:10.3978/j.issn.2305-5839.2014.11.13.
4. Mintz DN, Roberts CC, Bencardino JT, et al. Expert Panel on Musculoskeletal Imaging. ACR Appropriateness Criteria® chronic hip pain. *Am Coll Radiol (ACR)*; Revised:2016. https://acsearch.acr.org/docs/69425/Narrative/.
5. Rubin DA, Roberts CC, Bencardino JT, et al. Expert Panel on Musculoskeletal Imaging. ACR Appropriateness Criteria® chronic wrist pain. *Am Coll Radiol (ACR)*; Revised:2017. https://acsearch.acr.org/docs/69427/Narrative/.
6. Bennett DL, Nelson JW, Weissman BN, et al. Expert Panel on Musculoskeletal Imaging. ACR Appropriateness Criteria® nontraumatic knee pain. *Am Coll Radiol (ACR)*; Date of Origin:1995. Revised: 2018. https://acsearch.acr.org/docs/69432/Narrative/.
7. Ha AS, Chang EY, Bartolotta FJ, et al. ACR Appropriateness Criteria® Osteonecrosis. Available at https://acsearch.acr.org/docs/69420/Narrative/. American College of Radiology. Revised 2022.
8. Pierce TP, Jauregui JJ, Cherian JJ, Elmallah RK, Mont MA. Imaging evaluation of patients with osteonecrosis of the femoral head. *Curr Rev Musculoskelet Med*. 2015 Sep;8(3):221-7.
9. Lespasio MJ, Sodhi N, Mont MA. Osteonecrosis of the Hip: A Primer. *Perm J*. 2019;23:18-100.
10. Hernigou P, Hernigou J, Scarlat M. Shoulder Osteonecrosis: Pathogenesis, Causes, Clinical Evaluation, Imaging, and Classification. *Orthop Surg*. 2020 Oct;12(5):1340-1349.
11. Parekh, Selene G. MD; Kadakia, Rishin J. MD. Avascular Necrosis of the Talus. *Journal of the American Academy of Orthopaedic Surgeons.* 29(6):p e267-e278, March 15, 2021.
12. Zhang H, Fletcher AN, Scott DJ, Nunley J. Avascular Osteonecrosis of the Talus: Current Treatment Strategies. *Foot & Ankle International*. 2022;43(2):291-302.
13. DiGiovanni, Christopher W. MD; Patel, Amar MD; Calfee, Ryan MD; Nickisch, Florian MD. Osteonecrosis in the Foot. *Journal of the American Academy of Orthopaedic Surgeons.* 15(4):p 208-217, April 2007
14. Taljanovic MS, Hunter TB, Fitzpatrick KA, Krupinski EA, Pope TL. Musculoskeletal magnetic resonance imaging: importance of radiography. *Skeletal Radiol*. 2003 Jul;32(7):403-11.
15. Watson RE, Yu L. Safety Considerations in MRI and CT. *Continuum (Minneap Minn)*. 2023 Feb 1;29(1):27-53.
16. Zalavras CG, Lieberman JR. Osteonecrosis of the femoral head: evaluation and treatment. *J Am Acad Orthop Surg.* 2014;22:455-64.
17. Choi HR, Steinberg ME, E YC. Osteonecrosis of the femoral head: diagnosis and classification systems. *Curr Rev Musculoskelet Med.* 2015;8:210-20.
18. Register B, Pennock AT, Ho CP, Strickland CD, Lawand A, Philippon MJ. Prevalence of abnormal hip findings in asymptomatic participants: a prospective, blinded study. *Am J Sports Med*. 2012 Dec;40(12):2720-4.
19. Englund M, Guermazi A, Gale D, et al. Incidental meniscal findings on knee MRI in middle-aged and elderly persons. *N Engl J Med*. 2008;359(11):1108-1115.
20. Tocci SL, Madom IA, Bradley MP, Langer PR, DiGiovanni CW. The diagnostic value of MRI in foot and ankle surgery. *Foot Ankle Int*. 2007 Feb;28(2):166-8.
21. Pompan DC. Appropriate use of MRI for evaluating common musculoskeletal conditions. *Am Fam Physician*. 2011 Apr 15;83(8):883-4.
22. Ganguli I, Simpkin AL, Lupo C, et al. Cascades of care after incidental findings in a US national survey of physicians [published correction appears in *JAMA Netw Open*. 2019 Nov 1;2(11):e1916768. doi: 10.1001/jamanetworkopen.2019.16768]. *JAMA Netw Open*. 2019;2(10):e1913325. Published 2019 Oct 2. doi:10.1001/jamanetworkopen.2019.13325.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Fractures (MS-5)

Guideline

Acute Fracture (MS-5.1)
Suspected Occult/Stress/Insufficiency Fracture/Stress Reaction and Shin Splints (MS-5.2)
Other Indications (MS-5.3)
Evidence Discussion (MS-5)
References (MS-5)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Acute Fracture (MS-5.1)

MS.FX.0005.1.A
v2.0.2025

- CT or MRI without contrast if **ANY** of the following:
  - Complex (comminuted or displaced) fracture with or without dislocation on plain x-ray.
    - CT is preferred unless it is associated with neoplastic disease when MRI without/with contrast is preferred unless MRI contraindicated.
  - Individual presents initially to the requesting provider with a documented history of an acute traumatic event at least two weeks prior with a negative plain x-ray at the time of this face-to-face encounter and a clinical suspicion for an occult/stress/ insufficiency fracture see: **Suspected Occult/ Stress/ Insufficiency Fracture/ Stress Reaction and Shin Splints (MS-5.2)**.
- For osteochondral fracture or osteochondral injury, see: **Chondral/Osteochondral Lesions, Including Osteochondritis Dissecans and Fractures (MS-13.1)**

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Suspected Occult/Stress/Insufficiency Fracture/Stress Reaction and Shin Splints (MS-5.2)

MS.FX.0005.2.A
v2.0.2025

This section does not include indications for periprosthetic fractures. See **Post-Operative Joint Replacement Surgery – General (MS-16.1)**, **Nuclear Medicine (MS-28)**, and anatomical area tables for individual joints.

- MRI without contrast can be performed for suspected hip/femoral neck, tibia, pelvis/sacrum, tarsal navicular, proximal fifth metatarsal, or scaphoid occult/stress/insufficiency fractures, and suspected atypical femoral shaft fractures related to bisphosphonate use if the initial evaluation of history, physical exam and plain x-ray fails to establish a definitive diagnosis.
  - CT without contrast can be performed as an alternative to MRI for suspected occult/insufficiency fractures of the pelvis/hip and suspected atypical femoral shaft fractures related to bisphosphonate see: **Pelvis (MS-23)** and **Hip (MS-24)**, and suspected occult fractures of the scaphoid see: **Wrist (MS-21)**.
  - For suspected fractures, when MRI cannot be performed, see **Nuclear Medicine (MS-28)**
- MRI or CT without contrast can be performed for all other suspected occult/stress/insufficiency fractures with either of the following:
  - Repeat plain x-rays remain non-diagnostic for fracture after a minimum of 10 days of provider-directed conservative treatment **OR**
  - Initial plain x-rays obtained a minimum of 14 days after the onset of symptoms are non-diagnostic for fracture
  - For suspected fractures, when MRI cannot be performed, see **Nuclear Medicine (MS-28)**
- MRI of the lower leg without contrast (CPT® 73718) for suspected shin splints when **BOTH** of the following are met:
  - Initial plain x-ray **AND**
  - Failure of a 6-week trial of provider-directed conservative treatment
- For stress reaction, advanced imaging is not medically necessary for surveillance or “return to play” decisions regarding a stress reaction identified on an initial imaging study.
- MRI without contrast of the area of interest for stress fracture follow-up imaging for "return to play" evaluation at least 3 months after the initial imaging study for stress fracture.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

- For periprosthetic fractures related to joint replacement see: **Post-Operative Joint Replacement Surgery (MS-16.1)**, **Shoulder (MS-19)**, **Elbow (MS-20)**, **Hip (MS-24)**, **Knee (MS-25)**, and **Ankle (MS-26)**.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Other Indications (MS-5.3)

MS.FX.0005.3.A

v2.0.2025

- CT or MRI without contrast after recent (within 30 days) plain x-ray if **ONE** of the following is present:
  - Concern for delayed union or non-union of fracture, osteotomy, or joint fusions.
  - Part of preoperative evaluation for a planned surgery of a complex fracture with or without dislocation.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Evidence Discussion (MS-5)

v2.0.2025

The vast majority of acute fractures can be easily diagnosed via plain radiography. Therefore, it is widely accepted that the initial imaging for a patient with a suspected fracture should be plain radiographs. For patients noted to have a complex fracture (comminuted or displaced) on initial plain radiographs, CT can provide detailed bony information to allow further evaluation and treatment planning.

Initial imaging for a suspected stress fracture should begin with plain radiographs. Although initial x-rays may not identify the fracture, repeat x-ray imaging in 10 – 14 days is supported by the American College of Radiology Appropriateness Criteria for Stress (Fatigue-Insufficiency) Fracture Including Sacrum Excluding Other Vertebrae (revised 2024). Repeat radiographs may show osseous reaction confirming the presence of an occult or stress fracture. However, if repeat x-rays remain negative and there is still suspicion of an occult or stress fracture, MRI is recommended as it has been shown to be the most sensitive and specific imaging modality for workup of suspected stress injuries. CT, Bone scan, SPECT and SPECT/CT are also considered as options per American College of Radiology Appropriateness Criteria for Stress (Fatigue-Insufficiency) Fracture Including Sacrum Excluding Other Vertebrae (revised 2024).

There exists a subset of occult/stress/insufficiency fractures that have an increased risk of fracture progression, delayed healing, non-union and avascular necrosis. For these high risk injuries, advanced imaging is recommended if initial x-rays are negative or indeterminate as these injuries require early diagnosis and immediate treatment.

The evaluation of patients with suspected shin splints/medial tibial stress syndrome includes a detailed history, physical examination and plain x-rays. Most patients will improve with conservative care, however, MRI is recommended if the patient fails to respond to an adequate trial of conservative treatment.

For the assessment of bony healing, serial x-ray imaging is usually sufficient. However, if there are still concerns for delayed union or non-union, CT scanning can provide detail as to the presence or absence of bridging callus. MRI can also assist in the evaluation of bone healing.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

References (MS-5)

v2.0.2025

1. Bencardino JT, Stone TJ, Roberts CC, et al. Expert Panel on Musculoskeletal Imaging. ACR Appropriateness Criteria® Stress (Fatigue/Insufficiency) Fracture, Including Sacrum, Excluding Other Vertebrae. *Am Coll Radiol (ACR);* Revised: 2016. https://acsearch.acr.org/docs/69435/Narrative/.
2. Mintz DN, Roberts CC, Bencardino JT, et al. Expert Panel on Musculoskeletal Imaging. ACR Appropriateness Criteria® Chronic Hip Pain. *Am Coll Radiol (ACR);* Revised: 2016. https://acsearch.acr.org/docs/69425/Narrative/.
3. Bruno MA, Weissman BN, Kransdorf MJ, et al. Expert Panel on Musculoskeletal Imaging. ACR Appropriateness Criteria® Acute Hand and Wrist Trauma. *Am Coll Radiol (ACR);* Date of Origin: 1995. Revised: 2018. https://acsearch.acr.org/docs/69418/Narrative/.
4. Luchs JS, Flug JA, Weissman BN, et al. Expert Panel on Musculoskeletal Imaging. ACR Appropriateness Criteria® Chronic Ankle Pain. *Am Coll Radiol (ACR);* Date of Origin: 1998. Revised: 2017. https://acsearch.acr.org/docs/69422/Narrative/.
5. Ross AB, Lee, KS, Chang, EY, et al. ACR Appropriateness Criteria® Acute Hip Pain-Suspected Fracture. Available at https://acsearch.acr.org/docs/3082587/Narrative/. American College of Radiology. Revised 2018.
6. Mosher TJ, Kransdorf MJ, Adler R, et al. Expert Panel on Musculoskeletal Imaging. ACR Appropriateness Criteria® Acute Trauma to the Ankle. *Am Coll Radiol (ACR);* Date of Origin: 2013. Revised: 2020. https://acsearch.acr.org/docs/69436/Narrative/.
7. Hayes CW, Roberts CC, Bencardino JT, et al. Expert Panel on Musculoskeletal Imaging. ACR Appropriateness Criteria® Chronic Elbow Pain. *Am Coll Radiol (ACR);* Date of Origin: 1998. Revised: 2022. https://acsearch.acr.org/docs/69423/Narrative/.
8. Wise JN, Weissman BN, Appel M, et al. Expert Panel on Musculoskeletal Imaging. ACR Appropriateness Criteria® Chronic Foot Pain. *Am Coll Radiol (ACR);* Date of Origin: 1998. Revised: 2020. https://acsearch.acr.org/docs/69424/Narrative/.
9. Greene WB. *Essentials of Musculoskeletal Care.* 3rd edition. Rosemont, IL: American Academy of Orthopaedic Surgeons; 2005:568-570.
10. Galbraith RM, Lavallee ME. Medial tibial stress syndrome: conservative treatment options. *Curr Rev Muscuolskelet Med.* 2009;2:127-133. doi:10.1007/s12178-009-9055-6.
11. Boks SS, Vroegindeweij D, Kroes BW, et al. MRI follow-up of posttraumatic bone bruises of the knee in general practice. *AJR Am J Roentgenol.* 2007;189 556-562. doi:10.2214/AJR.07.2276.
12. Kaeding CC, Yu JR, Wright R, et al. Management and return to play of stress fractures. *Clin J Sport Med.* 2005;15:442-7.
13. Sormaala MJ, Niva MH, Kiuru MJ, et al. Stress injuries of the calcaneus detected with magnetic resonance imaging in military recruits. *J Bone Joint Surg Am.* 2006;88:2237-42. doi:10.2106/JBJS.E.01447.
14. Shin AY, Morin WD, Gorman JD, et al. The superiority of magnetic resonance imaging in differentiating the cause of hip pain in endurance athletes. *Am J Sports Med.* 1996;24:168-76. doi:10.1177/036354659602400209.
15. Slocum KA, Gorman JD, Puckett ML, et al. Resolution of abnormal MR signal intensity in patients with stress fractures of the femoral neck. *AJR Am J Roentgenol.* 1997;168:1295-9. doi:10.2214/ajr.168.5.9129429.
16. Fredericson M, Bergman AG, Hoffman KL, et al. Tibial stress reaction in runners. Correlation of clinical symptoms and scintigraphy with a new magnetic resonance imaging grading system. *Am J Sports Med.* 1995;23(4):472-81. doi:10.1177/036354659502300418.
17. Bernstein EM, Kelsey TJ, Cochran GK, Deafenbaugh BK, Kuhn KM. Femoral neck stress fractures: An updated review. *J Am Acad Orthop Surg*. 2022;30:302-311. doi:10.5435/JAAOS-D-21-00398.
18. De Smet AA, Doherty MP, Norris MA, Hollister MC, Smith DL. Are oblique views needed for trauma radiography of the distal extremities? *AJR Am J Roentgenol.* 1999;172:1561-5.
19. Bica D, Sprouse RA, Armen J. Diagnosis and Management of Common Foot Fractures. *Am Fam Physician*. 2016 Feb 1;93(3):183-91.
20. Pecci M, Kreher JB. Clavicle fractures. *Am Fam Physician*. 2008 Jan 1;77(1):65-70.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

21. Patel DS, Statuta SM, Ahmed N. Common Fractures of the Radius and Ulna. *Am Fam Physician*. 2021 Mar 15;103(6):345-354.
22. Mujoomdar M, Russell E, Dionne F, et al. Optimizing Health System Use of Medical Isotopes and Other Imaging Modalities [Internet]. Ottawa (ON): Canadian Agency for Drugs and Technologies in Health; 2012. APPENDIX 2.4, Diagnosis of Fracture.
23. Tornetta P 3rd, Gorup J. Axial computed tomography of pilon fractures. *Clin Orthop Relat Res*. 1996 Feb; (323):273-6.
24. Misra S, Vaishya R, Trikha V, Maheshwari J. Practice guidelines for proximal humeral fractures. *J Clin Orthop Trauma*. 2019 May-Jun;10(3):631-633.
25. Bahrs, C., Rolauffs, B., Südkamp, N.P. et al. Indications for computed tomography (CT-) diagnostics in proximal humeral fractures: a comparative study of plain radiography and computed tomography. *BMC Musculoskelet Disord.* 10, 33 (2009).
26. Morrey ME, Morrey BF, Sanchez-Sotelo J, Barlow JD, O'Driscoll S. A review of the surgical management of distal humerus fractures and nonunions: From fixation to arthroplasty. *J Clin Orthop Trauma*. 2021 Jun 12;20:101477.
27. Morrison WB, Deely D, Fox MG, et al. Expert Panel on Musculoskeletal Imaging. ACR Appropriateness Criteria® Stress (Fatigue/Insufficiency) Fracture, Including Sacrum, Excluding Other Vertebrae. Am Coll Radiol (ACR); Revised: 2024. https://acsearch.acr.org/docs/69435/Narrative/.
28. Fredericson M, Jennings F, Beaulieu C, Matheson GO. Stress fractures in athletes. *Top Magn Reson Imaging*. 2006 Oct;17(5):309-25.
29. Wright AA, Hegedus EJ, Lenchik L, Kuhn KJ, Santiago L, Smoliga JM. Diagnostic Accuracy of Various Imaging Modalities for Suspected Lower Extremity Stress Fractures: A Systematic Review With Evidence-Based Recommendations for Clinical Practice. *Am J Sports Med*. 2016 Jan;44(1):255-63.
30. McInnis KC, Ramey LN. High-Risk Stress Fractures: Diagnosis and Management. *PM R*. 2016 Mar;8(3 Suppl):S113-24.
31. Boden BP, Osbahr DC. High-risk stress fractures: evaluation and treatment. *J Am Acad Orthop Surg*. 2000 Nov-Dec;8(6):344-53.
32. Blood T, Feller RJ, Cohen E, Born CT, Hayda R. Atypical fractures of the femur: Evaluation and treatment. *JBJS Reviews*. 2015 Mar 3;3:3.
33. Nicholson JA, Yapp LZ, Keating JF, Simpson AHRW. Monitoring of fracture healing. Update on current and future imaging modalities to predict union. *Injury*. 2021 Jun;52 Suppl 2:S29-S34.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Foreign Body (MS-6)

Guideline

Foreign Body – General (MS-6.1)
References (MS-6)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Foreign Body – General (MS-6.1)

MS.FB.0006.1.A

v2.0.2025

- Ultrasound (CPT® 76881 or CPT® 76882) or CT without contrast or MRI without and with contrast or MRI without contrast of the area of interest can be approved after plain x-rays rule out the presence of radiopaque foreign bodies.
  - Ultrasound (CPT® 76881 or CPT® 76882) is the preferred imaging modality for radiolucent (non-radiopaque) foreign bodies (e.g. wood, plastic)
  - CT without contrast is recommended when plain x-rays are negative and a radiopaque foreign body is still suspected, as CT is favored over MRI for the identification of foreign bodies
  - MRI without and with contrast is an alternative to US and CT for assessing the extent of infection associated with a suspected foreign body

Evidence Discussion (MS-6.1)

- X-ray is a good initial screening examination in suspected foreign bodies of the musculoskeletal system. X-rays provide an excellent overview of the anatomic area of interest.
- X-rays have 98% sensitivity in the evaluation of radiopaque foreign bodies. Metallic foreign bodies are radiopaque and are readily detectable by x-ray.
- If a foreign body is not visualized on x-rays, Ultrasound can be performed for further evaluation. Ultrasound has high sensitivity and specificity in detecting radiolucent objects like wood, and plastic. Ultrasound is also widely available, accessible and does not involve ionized radiation. Ultrasound can also help to evaluate complications of foreign body such as infections and vascular or tendon injuries.
- CT is useful when X-rays are negative but a radiopaque foreign body is still suspected. MRI is better than CT in the assessment of infection associated with a foreign body.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (MS-6)

v2.0.2025

1. Gorbachova T, Chang EY, Ha AS, et. al. ACR Appropriateness Criteria® Acute Trauma to the Foot. Available at https://acsearch.acr.org/docs/70546/Narrative/. American College of Radiology. Revised: 2019.
2. Pierce JL, Perry MT, Wessell DE, et. al. ACR Appropriateness Criteria® Suspected Osteomyelitis, Septic Arthritis, or Soft Tissue Infection (Excluding Spine and Diabetic Foot). Available at https://acsearch.acr.org/docs/3094201/Narrative. American College of Radiology. Revised: 2022.
3. Chan C, Salam GA. Splinter removal. *Am Fam Physician.* 2003;67(12):2557-2562.
4. Peterson JJ, Bancroft LW, Kransdorf MJ. Wooden foreign bodies: imaging appearance. (*AJR) Am J Roentgenol.* 2002;178(3):557-562. doi:10.2214/ajr.178.3.1780557.
5. Jarraya M, Hayashi D, de Villiers RV, et al. Multimodality imaging of foreign bodies of the musculoskeletal system. (*AJR) Am J Roentgenol*. 2014;203(1):W92-102. doi:10.2214/AJR.13.11743.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Ganglion Cysts (MS-7)

Guideline

Ganglion Cysts – General (MS-7.1)
References (MS-7)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Ganglion Cysts – General (MS-7.1)

MS.GC.0007.1.A
v2.0.2025

- Plain x-ray is the initial imaging study for ganglion cysts.
  - Results of plain x-rays performed after the current episode of symptoms started or changed need to be available to the requesting provider
- MRI without contrast or MRI without and with contrast or US (CPT® 76881 or CPT® 76882) is appropriate for surgical planning.
- Advanced imaging is not indicated for ganglions that can be diagnosed by history and physical examination.

Evidence Discussion (MS-7.1)

The most appropriate initial imaging test for ganglion is an x-ray. Some conditions need additional imaging tests for diagnosis or to plan for treatment, when x-rays are normal or equivocal. When there is a cystic mass for which surgery is being considered, Ultrasound or MRI can be considered. Ultrasound is often sufficient for evaluating typical cysts and MRI is useful for preoperative purposes, for cysts with atypical features or when neurologic symptoms are present. High resolution MRI was also found to be diagnostic for occult dorsal wrist ganglion.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

References (MS-7)

v2.0.2025

1. Stensby JD, Fox MG, Nacey N, et al. ACR Appropriateness Criteria®Chronic Hand and Wrist Pain. Available at https://acsearch.acr.org/docs/69427/Narrative/. American College of Radiology. Revised 2023.
2. Rubin DA, Roberts CC, Bencardino JT, et al. Expert Panel on Musculoskeletal Imaging. ACR Appropriateness Criteria® Soft-Tissue Masses. *Am Coll Radiol (ACR);* Date of Origin: 1995. Revised: 2017. https://acsearch.acr.org/docs/69434/Narrative/.
3. Freire V, Guerini H, Campagna R, et al. Imaging of hand and wrist cysts: a clinical approach. (*AJR) Am J R Roentgenol.* 2012;199(5):W618-W628. doi:10.2214/AJR.11.8087.
4. Vo P, Wright T, Hayden F, Dell P, et al. Evaluating dorsal wrist pain: MRI diagnosis of occult dorsal wrist ganglion. *J Hand Surg Am.* 1995;20(4):667-670. doi:10.1016/S0363-5023(05)80288-6.
5. Teefey SA, Dahiya N, Middleton WD, et al. Ganglia of the hand and wrist: a sonographic analysis. *AJR Am J Roentgenol.* 2008;191(3):716-720. doi:10.2214/AJR.07.3438.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Gout/Calcium Pyrophosphate Deposition Disease (CPPD)/ Pseudogout/ Chondrocalcinosis (MS-8)

Guideline

Gout – General (MS-8.1)
CPPD (Pseudogout/Chondrocalcinosis) – General (MS-8.2)
Evidence Discussion (MS-8)
References (MS-8)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Gout – General (MS-8.1)

MS.GD.0008.1.A

v2.0.2025

- CT without contrast, MRI without contrast, or MRI without and with contrast of the area of interest is indicated when **BOTH** of the following are met:
  - Initial plain x-ray to rule out other potential disease processes
  - Infection or neoplasm is in the differential diagnosis for soft-tissue tophi

Background and Supporting Information

- Early stages of gout can be diagnosed clinically since radiographic findings are not present early in the disease course.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

CPPD (Pseudogout/Chondrocalcinosis) – General (MS-8.2)

MS.GD.0008.2.A

v2.0.2025

- Calcium pyrophosphate deposition disease (CPPD), also called pseudogout, can often be diagnosed from plain x-rays; advanced diagnostic imaging is generally not medically necessary.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Evidence Discussion (MS-8)

v2.0.2025

The American College of Radiology (ACR) Appropriateness Criteria for Chronic Extremity Joint Pain-Suspected Inflammatory Arthritis, Crystalline Arthritis, or Erosive Osteoarthritis (revised 2022) recommends plain radiography as the initial imaging study for chronic extremity joint pain where crystalline arthritis is suspected. X-rays may contain sufficient findings for the diagnosis of gout or calcium pyrophosphate deposition disease (CPPD). Plain x-rays may also rule out or rule in alternative causes of pain such as arthritis, infection or trauma.

Advanced imaging is typically not required for the evaluation of patients with suspected crystalline arthropathy, as a definitive diagnosis can be made based on the presence of monosodium urate crystals or calcium pyrophosphate crystals on synovial fluid microscopy. However, advanced imaging can be helpful in the evaluation of tophi when neoplasm or infection are included in the differential diagnosis.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (MS-8)

v2.0.2025

1. Hsu CY, Shih TT, Huang KM, et al. Tophaceous gout of the spine: MR imaging features. *Clin Radiol*. 2002;57(10):919.
2. Schumacher HR Jr, Becker MA, Edwards NL, et al. Magnetic resonance imaging in the quantitative assessment of gouty tophi. *Int J Clin Pract*. 2006;60(4):408. doi:10.1111/j.1368-5031.2006.00853.x.
3. McQueen FM, Doyle A, Reeves Q, Gao A. Bone erosions in patients with chronic gouty arthropathy are associated with tophi but not bone oedema or synovitis: new insights from a 3 T MRI study. *Rheumatology*. 2014;53(1):95-103. doi:10.1093/rheumatology/ket329.
4. Dore RK. Gout: What primary care physicians want to know. *J Clin Rheumatol.* 2008;14(5S):S47-S54. doi:10.1097/RHU.0b013e3181896c35.
5. Eggebeen AT. Gout: an update. *Am Fam Physician.* 2007;76(6):801-808.
6. Burns C, Wortmann RL. Gout. In: Imboden JB, Hellmann DB, Stone JH, eds. *CURRENT Diagnosis & Treatment: Rheumatology*. 3rd edition. New York: McGraw-Hill; 2013:332-338.
7. Jacobson JA, Roberts CC, Bencardino JT, et al. Expert Panel on Musculoskeletal Imaging. ACR Appropriateness Criteria® Chronic extremity joint pain-suspected inflammatory arthritis. *Am Coll Radiol (ACR);* 2017;14(5):S81-S89. http://www.jacr.org/article/S1546-1440(17)30183-7/fulltext.
8. Subhas N, Wu F, Fox MG, et al. ACR Appropriateness Criteria® Chronic Extremity Joint Pain-Suspected Inflammatory Arthritis, Crystalline Arthritis, or Erosive Osteoarthritis. Available at https://acsearch.acr.org/docs/3097211/Narrative/. American College of Radiology. Revised 2022.
9. McQueen FM, Doyle A, Dalbeth N. Imaging in gout--what can we learn from MRI, CT, DECT and US? *Arthritis Res Ther*. 2011;13(6):246.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Infection/ Osteomyelitis (MS-9)

Guideline

Infection – General (MS-9.1)
Septic Joint (MS-9.2)
Evidence Discussion (MS-9)
References (MS-9)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Infection – General (MS-9.1)

MS.OI.0009.1.A

v2.0.2025

- MRI without contrast, MRI without and with contrast, CT without contrast, CT with contrast, or Ultrasound (CPT® 76881 or 76882) of the affected area is appropriate after plain x-ray(s) in the following scenarios:
  - Plain x-ray(s) do not demonstrate infection, **AND**
  - Plain x-ray(s) do not suggest alternative diagnoses such as neuropathic arthropathy or fracture, **AND**
  - Soft tissue or bone infection (osteomyelitis) is suspected **OR**
  - Plain x-ray(s) are positive for infection, **AND**
  - The extent of infection into the soft tissues and any skip lesions require evaluation
- Individuals with suspected spinal infections
  - See: **Red Flag Indications (SP-1.2)** for advanced imaging guidelines
- Individuals with diabetic foot infections after plain x-ray(s)
  - See: **Foot (MS-27)** for advanced imaging guidelines
- For nuclear medicine studies appropriate in specific scenarios, see: **Nuclear Medicine (MS-28)**

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Septic Joint (MS-9.2)

MS.OI.0009.2.A

v2.0.2025

- MRI without and with contrast, MRI without contrast, CT without contrast, CT with contrast, or Ultrasound (CPT® 76881 or CPT® 76882) of the affected joint is appropriate when standard or image-guided arthrocentesis is contraindicated, unsuccessful, or non-diagnostic, and the clinical documentation satisfies ALL of the following criteria:
  - History and physical examination findings [One of the following]:
    - Development of an acutely hot and swollen joint (< 2 weeks)
    - Decreased range of motion due to pain
    - Documented fever
  - Laboratory tests [One of the following]:
    - Leukocytosis
    - Elevated ESR or C-reactive protein
    - Analysis of the joint fluid is non-diagnostic
  - Plain x-ray of the joint
    - Results of plain x-rays performed after the current episode of symptoms started or changed need to be available to the requesting provider
- MRI without and with contrast, MRI without contrast, CT without contrast, or CT with contrast of the affected joint is appropriate after plain x-rays if the arthrocentesis is diagnostic and if there is a confirmed septic joint, to evaluate the extent of infection into the soft tissues and any skip lesions that would require evaluation.
  - Results of plain x-rays performed after the current episode of symptoms started or changed need to be available to the requesting provider

Background and Supporting Information

- Analysis of joint fluid is most often sufficient to diagnose a septic joint.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Evidence Discussion (MS-9)

v2.0.2025

Radiographs should be used for the initial evaluation of musculoskeletal infections, including osteomyelitis, septic arthritis, and soft tissue infection. Obtaining the initial radiograph provides an excellent overview of the anatomic area of interest and can exclude fractures and tumors as the cause of swelling or pain.

Radiographs also help with the interpretation of future imaging studies such as CT, MRI, ultrasound (US), and nuclear medicine scans.

The clinical presentation of a hot swollen joint is common and has wide differential diagnosis. Septic arthritis is traditionally a clinical diagnosis based on physical examination and prompt arthrocentesis.

In many cases, imaging cannot distinguish infected from non-infected joints or fluid collections, and aspiration and culture are needed for diagnosis.

US, MRI, or CT is usually appropriate as the next imaging study for suspected septic arthritis, soft tissue infection, or osteomyelitis following normal radiographs. They may also be helpful to evaluate the adjacent soft tissues for infection. These procedures are equivalent alternatives (i.e., only one procedure will be ordered to provide the clinical information to effectively manage the patient's care).

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (MS-9)

v2.0.2025

1. Coakley G, Mathews C, Field M, et al. BSR & BHPR, BOA, RCGP and BSAC guidelines for management of the hot swollen joints in adults. *Rheumatology.* 2006;45(8):1039-1041. doi:10.1093/rheumatology/kel163a.
2. Karchevsky M, Schweitzer ME, Morrison WB, et al. MRI findings of septic arthritis and associated osteomyelitis in adults. (*AJR) Am J Roentgenol.* 2004;182(1):119-122. doi:10.2214/ajr.182.1.1820119.
3. Griffin LY. *Essentials of Musculoskeletal Care.* 3rd edition. Rosemont, IL: American Academy of Orthopaedic Surgeons; 2005:918.
4. Staheli LT. Septic arthritis. In: Staheli LT, ed. *Fundamentals of Pediatric Orthopedics.* 4th edition. Philadelphia, PA: Lippincott Williams & Wilkins; 2008:110-111.
5. Kransdorf MJ, Weissman BN, Appel M, et. al. Expert Panel on Musculoskeletal Imaging. ACR Appropriateness Criteria® Suspected osteomyelitis of the foot in patients with diabetes mellitus. *Am Coll Radiol (ACR).* 2012. https://acsearch.acr.org/docs/69340/Narrative/.
6. Pierce JL, Perry MT, Wessel DE, et. al. ACR Appropriateness Criteria® Suspected Osteomyelitis, Septic Arthritis, or Soft Tissue Infection (Excluding Spine and Diabetic Foot). Available at: https://acsearch.acr.org/docs/3094201/Narrative/. American College of Radiology. Revised 2022.
7. Rubin DA, Roberts CC, Bencardino JT, et. al. Expert Panel on Musculoskeletal Imaging. ACR Appropriateness Criteria® Chronic wrist pain. *Am Coll Radiol (ACR);* Revised: 2017. https://acsearch.acr.org/docs/69427/Narrative/.
8. Small KM, Adler RS, Shah SH, et al. Expert Panel on Musculoskeletal Imaging. ACR Appropriateness Criteria® Shoulder Pain - Atraumatic. Am Coll Radiol (ACR); New 2018. https://acsearch.acr.org/docs/3101482/Narrative/.
9. Amini B, Beckmann NM, Beaman FD, et al. Expert Panel on Musculoskeletal Imaging. ACR Appropriateness Criteria® Shoulder Pain - Traumatic. Am Coll Radiol (ACR); Revised 2017. https://acsearch.acr.org/docs/69433/Narrative/.
10. Mintz DN, Roberts CC, Bencardino JT, et. al. Expert Panel on Musculoskeletal Imaging. ACR Appropriateness Criteria® Chronic hip pain. *Am Coll Radiol (ACR);* Revised: 2016. https://acsearch.acr.org/docs/69425/Narrative/.
11. Reinus WR. Clinician's Guide to Diagnostic Imaging. 2014. Springer-Verlag New York.
12. Visconti AJ, Biddle J, Solomon M. Follow-up imaging for vertebral osteomyelitis a teachable moment. *JAMA Itern Med*. 2014;174(2):184. doi:10.1001/jamainternmed.2013.12742.
13. Fabiano V, Franchino G, Napolitano M, et. al. Utility of magnetic resonance imaging in the follow-up of children affected by acute osteomyelitis. *Curr Pediatr Res*. 2017;21(2):354-358.
14. Patel ND, Broderick DF, Burns J, et. al. Expert Panel on Neurologic Imaging. ACR Appropriateness Criteria®: Low back pain. *Am Coll Radiol (ACR).* 2015; Revised: 2021. https://acsearch.acr.org/docs/69483/Narrative/.
15. Simpfendorfer CS. Radiologic Approach to Musculoskeletal Infections. *Infect Dis Clin North Am.* 2017;31:299-324.
16. Chan BY, Crawford AM, Kobes PH, et al. Septic Arthritis: An Evidence-Based Review of Diagnosis and Image-Guided Aspiration. *AJR Am J Roentgenol.* 2020;215:568-81.
17. Porrino J, Richardson ML, Flaherty E, et al. Septic Arthritis and Joint Aspiration: The Radiologist's Role in Image-Guided Aspiration for Suspected Septic Arthritis. *Semin Roentgenol.* 2019;54:177-89.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Soft Tissue Mass or Lesion of Bone (MS-10)

Guideline

Soft Tissue Mass (MS-10.1)
Lesion of Bone (MS-10.2)
References (MS-10)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Soft Tissue Mass (MS-10.1)

MS.ST.0010.1.A
v2.0.2025

- History and physical exam of any palpable soft tissue mass should include documentation of any one or more of the following clinical features:
  - Increase in volume/size
  - More than 5 cm in diameter
  - Painful
  - Deep or subfascial location[9,10]
- Plain x-ray is indicated as the initial imaging study, with the exception of individuals with cancer predisposition syndrome.
  - Results of plain x-rays performed after the current episode of symptoms started or changed need to be available to the requesting provider
- MRI without and with contrast or without contrast or US of the area of interest (CPT® 76881 or 76882) is appropriate when ANY of the following are met after plain x-ray:
  - Soft tissue mass(es) which are increasing in volume/size, more than 5 cm in diameter, painful or deep or in a subfascial location[9,10]
  - Surgical planning
- Known or suspected soft tissue mass in an individual with a cancer predisposition syndrome, see **Screening Imaging in Cancer Predisposition Syndromes (PEDONC-2)** in the Pediatric and Special Populations Oncology Imaging Guidelines.
- CT with contrast or CT without and with contrast is appropriate when MRI is contraindicated or after a metal limiting MRI evaluation.
- Advanced imaging is not indicated for:
  - Subcutaneous lipoma with no surgery planned
  - Ganglia, see: **Ganglion Cysts (MS-7)**
  - Sebaceous cyst

Background and Supporting Information

- Plain x-rays can determine if an advanced imaging procedure is indicated, and if so, which modality is most appropriate. If non-diagnostic, these initial plain x-rays can provide complementary information if advanced imaging is indicated.

Evidence Discussion (MS-10.1)

- After a relevant history and physical exam that does not define the etiology of a subcutaneous lesion, plain radiographs are indicated. A plain film may show a benign soft tissue or bone lesion as the etiology and no advanced imaging would be necessary. If plain film is non-diagnostic, it could better direct initial imaging to the

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

correct modality. Furthermore, plain x-ray may provide complementary information to advanced imaging allowing a better interpretation.

- Clearly benign findings on exam (lipoma, ganglion, sebaceous cyst) do not need additional imaging prior to treatment unless the imaging was necessary for surgical management or for a possible malignancy.
- Magnetic Resonance Imaging (MRI) is a superior modality for evaluation of soft tissue masses but Computed Tomography (CT) is appropriate for contraindications to CT. Ultrasound can be useful following plain radiograph to further characterize a mass or better delineate extent and origin of the lesion.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Lesion of Bone (MS-10.2)

MS.ST.0010.2.A
v2.0.2025

- Complete x-ray of the entire bone containing the lesion of bone is required prior to consideration of advanced imaging. Many benign bone tumors have a characteristic appearance on plain x-ray and advanced imaging is not necessary.
- MRI without and with contrast, MRI without contrast, or CT without contrast may be indicated if ONE of the following applies:
  - Diagnosis uncertain based on plain x-ray appearance
  - Imaging requested for preoperative planning
- MRI without and with contrast or without contrast is appropriate when plain x-ray reveals an osteochondroma with clinical concern of malignant transformation.
- For Paget's Disease:
  - Bone scan (See: **Nuclear Medicine (MS-28)**) **OR**
  - MRI (contrast as requested) can be considered if the diagnosis (based on plain x-rays and laboratory studies) is in doubt.
  - MRI (contrast as requested) can be considered if malignant degeneration, which occurs in up to 10% of cases, is suspected.

Evidence Discussion (MS-10.2)

- After a relevant history and physical exam that does not define the etiology of a bone tumor, plain radiographs are indicated. Plain radiography of the entire bone containing the lesion is necessary because many benign bone tumors have a characteristic appearance on plain x-ray and the risks of advanced imaging would be unnecessary. If plain imaging is equivocal, it may still direct initial imaging to the correct modality. Furthermore, plain x-ray may provide complementary information to advanced imaging allowing a better interpretation.
- If diagnostic uncertainty remains, concerns for malignant degeneration exist, or imaging is requested for surgical planning, advanced imaging is indicated.
- Magnetic Resonance Imaging (MRI) is a superior modality for evaluation of many bone tumors but Computed Tomography (CT) is appropriate for contraindications to MRI.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

References (MS-10)

v2.0.2025

1. American College of Radiology. ACR–SPR–SSR practice parameter for the performance and interpretation of magnetic resonance imaging (mri) of bone and soft-tissue tumors. 2020; Available at: https://www.acr.org/-/media/ACR/Files/Practice-Parameters/MR-SoftTissue-Tumors.pdf.
2. Garner HW, Wessell DE, Lenchik L, et al. ACR Appropriateness Criteria® Soft Tissue Masses. Available at https:// acsearch.acr.org/docs/69434/Narrative/. American College of Radiology. Revised 2022.
3. Thomas JM, Chang, EY, Ha AS, et al. ACR Appropriateness Criteria® Chronic Elbow Pain. Available at https:// acsearch.acr.org/docs/69423/Narrative/. American College of Radiology. Revised 2022.
4. Musculoskeletal Tumor Society: Systematic Literature Review on the Use of Imaging Prior to Referral to a Musculoskeletal Oncologist. Rosemont, IL, Musculoskeletal Tumor Society, February 2018.
5. Schneider D, Hofmann MR, and Peterson JA. Diagnosis and treatment of Paget's Disease of Bone. *Am Fam Physician.* 2002;65(10):2069-2072.
6. Theodorou DJ, Theodorou SJ, and Kakitsubata Y. Imaging of Paget Disease of bone and its musculoskeletal complications: review. (*AJR)) Am J Roentgenol.* 2012;196(6):S64-S75. doi:10.2214/AJR.10.7222
7. Sinha S and Peach AH. Diagnosis and management of soft tissue sarcoma. *BMJ.* 2010;341:c7170. doi:10.1136/bmj.c7170.
8. Wu JS, Hochman MG. Soft-tissue tumors and tumorlike lesions: a systematic imaging approach. *Radiology.* 2009;253(2):297-316. doi:10.1148/radiol.2532081199.
9. Rochwerger A, Mattei JC. Management of soft tissue tumors of the musculoskeletal system. *Orthop Traumatol Surg Res*. 2018;104(1S):S9-S17. doi:10.1016/j.otsr.2017.05.031.
10. Johnson CJ, Pynsent PB, Grimer RJ. Clinical features of soft tissue sarcomas. *Ann R Coll Surg Engl*. 2001;83(3):203-205.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Muscle/Tendon Unit Injuries/Diseases (MS-11)

Guideline

Muscle/Tendon Unit Injuries/Diseases (MS-11.1)
Acute Compartment Syndrome (MS-11.2)
Chronic Exertional Compartment Syndrome (MS-11.3)
Evidence Discussion (MS-11)
References (MS-11)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Muscle/Tendon Unit Injuries/Diseases (MS-11.1)

MS.MI.0011.1.A
v2.0.2025

- Plain x-ray is the initial imaging study for muscle/tendon unit injuries.
  - Results of plain x-rays performed after the current episode of symptoms started or changed need to be available to the requesting provider
- MRI without contrast or US (CPT® 76881 or CPT® 76882) is supported for **EITHER** of the following:
  - Suspected partial tendon rupture of a specific (named) tendon
  - Complete tendon rupture of a specific named tendon for preoperative planning
- MRI is not medically necessary for muscle belly strains/muscle tears
- See: **Shoulder (MS-19)** for clinical suspicion of a partial or complete rotator cuff tear
- See: **Inflammatory Muscle Diseases (PN-6.2)** in the Peripheral Nerve and Neuromuscular Disorders Imaging Guidelines and **Inflammatory Muscle Diseases (PEDMS-10.3)** in the Pediatric Musculoskeletal Imaging Guidelines

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Acute Compartment Syndrome (MS-11.2)

MS.MI.0011.2.A

v2.0.2025

- Advanced imaging is not indicated. Diagnosis is made clinically and by direct measurement of compartment pressure and is a surgical emergency.

Background and Supporting Information

- Noninvasive methods of measuring compartment pressures and diagnosing acute compartment syndrome are under study, but are currently not medically necessary and unproven.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Chronic Exertional Compartment Syndrome (MS-11.3)

MS.MI.0011.3.A

v2.0.2025

- Advanced imaging should only be considered when ruling out other potential causes of extremity pain following a plain x-ray and conservative treatment as indicated.
  - Results of plain x-rays performed after the current episode of symptoms started or changed need to be available to the requesting provider

Background and Supporting Information

- Direct measurement of compartment pressure remains the diagnostic standard. Noninvasive methods of measuring compartment pressures and diagnosing chronic exertional compartment syndrome are under study, but are currently not medically necessary and unproven.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Evidence Discussion (MS-11)

v2.0.2025

Initial evaluation of a patient with a suspected tendon injury should include an accurate history, careful examination and plain radiographs. After x-ray, additional imaging may include MRI or ultrasound, both of which can demonstrate changes to tendons as a result of disease and/or injury. Both MRI and ultrasound findings have been validated against surgical and histological findings. Complete and partial tendon tears can be easily visualized with these modalities and results of advanced imaging can play a role in treatment planning.

There is lack of evidence to support surgical repair of muscle belly strains/tears. As these injuries are treated non-operatively, advanced imaging will typically not change the treatment plan and is not required.

Acute compartment syndrome is diagnosed based on clinical findings and the measurement of compartmental pressures. Advanced imaging does not play a role in the diagnosis or management of this condition and may delay the time to surgical treatment.

For chronic exertional compartment syndrome, dynamic intracompartmental pressure measurements are considered the gold standard for diagnosis. MRI has lacked validity as a non-invasive diagnostic tool for this condition. However, MRI may be useful to rule out other possible sources of pain if plain x-rays fail to find a source.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (MS-11)

v2.0.2025

1. Griffin LY. *Essentials of Musculoskeletal Care.* 3rd edition. Rosemont, IL: American Academy of Orthopaedic Surgeons; 2005:452.
2. Kayser R, Mahlfeld K, Heyde CE. Partial rupture of the proximal Achilles tendon: a differential diagnostic problem in ultrasound imaging. *Br J Sports Med*. 2005;39:838-842. doi:10.1136/bjsm.2005.018416.
3. Rominger MB, Lukosch CJ, Bachmann GF. MR imaging of compartment syndrome of the lower leg: a case control study. *Eur Radiol*. 2004;14:1432-1439. doi:10.1007/s00330-004-2305-5.
4. McDonald S, Bearcroft P. Compartment syndromes. *Semin Musculoskelet Radiol.* 2010;14(2):236-244. doi:10.1055/s-0030-1253164.
5. Ringler MD, Litwiller DV, Felmlee JP, et al. MRI accurately detects chronic exertional compartment syndrome: a validation study. *Skeletal Radiology.* 2013;42:385-392. doi:10.1007/s00256-012-1487-1.
6. van den Brand JG, Nelson T, Verleisdonk EJ, van der Werken C. The diagnostic value of intracompartmental pressure measurement, magnetic resonance imaging, and near-infrared spectroscopy in chronic exertional compartment syndrome: a prospective study in 50 patients. *Am J Sports Med.* 2005;33:699-704. doi:10.1177/0363546504270565.
7. Heer ST, Callander JW, Kraeutler MJ, Mei-Dan O, Mulcahey MK. Hamstring Injuries. *The Journal of Bone and Joint Surgery*. 2019;101(9):843-853. doi:10.2106/jbjs.18.00261.
8. Chang, EY, Tadros AS, Amini B, et al. ACR Appropriateness Criteria® Chronic Ankle Pain. Available at https://acsearch.acr.org/docs/69422/Narrative/. American College of Radiology. Revised 2017.
9. Vishwanathan K, Soni K. Distal biceps rupture: Evaluation and management. *J Clin Orthop Trauma*. 2021 May 20;19:132-138.
10. Hodgson RJ, O'Connor PJ, Grainger AJ. Tendon and ligament imaging. *Br J Radiol*. 2012 Aug;85(1016):1157-72.
11. Chang A, Miller TT. Imaging of tendons. *Sports Health*. 2009 Jul;1(4):293-300.
12. Almekinders LC. Results of surgical repair versus splinting of experimentally transected muscle. *J Orthop Trauma*. 1991;5(2):173-6.
13. Ramos LA, de Carvalho RT, Abdalla RJ, Ingham SJ. Surgical treatment for muscle injuries. *Curr Rev Musculoskelet Med*. 2015 Jun;8(2):188-92.
14. Beiner JM, Jokl P. Muscle contusion injuries: current treatment options. *J Am Acad Orthop Surg*. 2001 Jul-Aug;9(4):227-37.
15. American Academy of Orthopaedic Surgeons Appropriate Use Criteria for the Diagnosis and Management of Acute Compartment Syndrome aaos.org/acsauc Published September 20, 2019
16. Schmidt AH. Acute compartment syndrome. *Injury*. 2017 Jun;48 Suppl 1:S22-S25. doi: 10.1016/j.injury.2017.04.024. Epub 2017 Apr 24.
17. van der Kraats AM, Winkes M, Janzing HMJ, Eijkelenboom RPR, de Koning MTG. Review of Reliable and Valid Noninvasive Tools for the Diagnosis of Chronic Exertional Compartment Syndrome. *Orthop J Sports Med*. 2023 Jan 13;11(1): 23259671221145151. Published 2023 Jan 13. doi:10.1177/23259671221145151

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Osteoarthritis (MS-12)

Guideline

Osteoarthritis (MS-12.1)
Treatment Planning (Non-Surgical and Surgical, Other Than Joint Replacement) (MS-12.2)
Imaging Prior to Non-Customized-to-Patient Joint Replacement Surgery/Not for Intraoperative Navigation (MS-12.3)
Customized-to-Patient Joint Replacement Surgery/Intraoperative Navigation (MS-12.4)
Evidence Discussion (MS-12)
References (MS-12)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Osteoarthritis (MS-12.1)

MS.OT.0012.1.A
v2.0.2025

- Plain x-ray is the initial imaging study for osteoarthritis.
  - Results of plain x-rays performed after the current episode of symptoms started or changed need to be available to the requesting provider

Background and Supporting Information

- Plain x-rays are performed initially and will reveal characteristic joint space narrowing, osteophyte formation, cyst formation, and subchondral sclerosis.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Treatment Planning (Non-Surgical and Surgical, Other Than Joint Replacement) (MS-12.2)

MS.OT.0012.2.A
v2.0.2025

- Results of plain x-rays performed after the current episode of symptoms started or changed need to be available to the requesting provider, unless otherwise specified below.
- CT without contrast is appropriate when ALL of the following apply:
  - Requested for treatment planning, AND
  - Congenital or significant atypical post-traumatic arthritic deformities are identified on plain x-ray, AND
  - The aforementioned deformities require further evaluation of their clinical significance, AND
  - The request is related to the shoulder, elbow, wrist, hip, knee, or ankle
- MRI Knee without contrast (CPT® 73721) is appropriate in an individual with osteoarthritis for clinical suspicion of a symptomatic degenerative meniscus tear following plain x-rays and conservative treatment. See: **Knee (MS-25)**
- MRI arthrogram or CT arthrogram is appropriate when joint sparing/salvage reconstructive surgery is planned for the following:
  - Suspected concomitant rotator cuff tear of the shoulder - See: **Shoulder (MS-19)**
  - Suspected concomitant labral tear of the shoulder - See: **Shoulder (MS-19)**
  - Suspected concomitant labral tear of the hip - See: **Hip (MS-24)**
  - Suspected concomitant internal derangement of the knee - See: **Knee (MS-25)**

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Imaging Prior to Non-Customized-to-Patient Joint Replacement Surgery/Not for Intraoperative Navigation (MS-12.3)

MS.OT.0012.3.A
v2.0.2025

- **ALL** of the following are required for ***elbow, wrist, hip, knee, or ankle*** advanced imaging after plain x-ray has been performed:
  - Imaging is requested for pre-operative planning for non-customized-to-patient joint replacement surgery/not for intra-operative navigation **AND**
  - Congenital or significant atypical post-traumatic arthritic deformities are identified on plain x-ray **AND**
  - The aforementioned deformities require further evaluation of their clinical significance
  - One of the following advanced imaging studies are indicated after the above criteria are satisfied:
    - **Elbow:** CT Elbow without contrast (CPT® 73200)
    - **Wrist:** CT Wrist without contrast (CPT® 73200)
    - **Hip:** CT Hip without contrast (CPT® 73700) or CT Pelvis without contrast (CPT® 72192)
    - **Knee:** CT Knee without contrast (CPT® 73700)
    - **Ankle:** CT Ankle without contrast (CPT® 73700)
- **ALL** of the following are required for ***shoulder*** advanced imaging after plain x-ray has been performed:
  - Results of plain x-rays performed after the current episode of symptoms started or changed need to be available to the requesting provider **AND**
  - Imaging is requested for pre-operative planning for non-customized-to-patient joint replacement surgery/not for intra-operative navigation
  - The following advanced imaging study(ies) is/are indicated after the above criteria are satisfied:
    - CT Shoulder without contrast (CPT® 73200) **AND/OR**
    - MRI Shoulder without contrast (CPT® 73221)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Customized-to-Patient Joint Replacement Surgery/Intraoperative Navigation (MS-12.4)

MS.OT.0012.4.A

v2.0.2025

- The following imaging studies are appropriate per the listed criteria after plain x-ray has been performed.
  - Results of plain x-rays performed after the current episode of symptoms started or changed need to be available to the requesting provider
- CT without contrast or MRI without contrast of the shoulder, elbow, wrist, hip, knee, or ankle is appropriate* when the request is for:
  - Treatment planning for customized-to-patient joint replacement surgery **OR**
  - Surgical planning using intraoperative navigation for joint replacement surgery (e.g. MAKOplasty) **AND**
  - The joint replacement surgery has been approved or does not require prior authorization
- *The preoperative imaging listed above is considered **not medically necessary** if any of the following are deemed not medically necessary, not a covered benefit, or experimental, investigational, or unproven by the health plan:
  - Joint replacement surgery
  - Customized-to-patient implant
  - Computer assisted surgical navigation (e.g. MAKOplasty)
- See: **Unlisted Procedures/Therapy Treatment Planning (Preface-4.3)** in the Preface Imaging Guidelines

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Evidence Discussion (MS-12)

v2.0.2025

The diagnosis of osteoarthritis can be made based on history, physical exam and plain x-rays. Advanced imaging is typically not necessary for the initial evaluation. For the vast majority of patients, treatment of osteoarthritis does not rely on advanced imaging findings and many can improve with conservative care. Advanced imaging, when not indicated, can result in incidental findings and possible overtreatment with referral to specialists and possibly unnecessary surgery.

However, for patients who are poorly responding to conservative care and there is a concern for concomitant joint pathology (e.g. degenerative meniscus tear, rotator cuff tear, labral tear of the hip or shoulder), advanced imaging may be able to identify additional sources of symptoms. Additionally, when congenital or significant atypical post-traumatic arthritic deformities are present on plain x-ray, CT imaging would be able to provide additional bony detail for treatment planning.

Plain x-rays are typically sufficient for preoperative planning for the majority of patients undergoing joint replacement surgery. However, for those with congenital or significant atypical post-traumatic arthritic deformities, CT scan can be of value for further evaluation/planning. Also, if the joint replacement surgery will use a custom implant, patient specific instrumentation or computer assisted navigation, advanced imaging will be required prior to the surgery.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (MS-12)

v2.0.2025

1. Bennett DL, Nelson JW, Weissman BN, et. al. Expert Panel on Musculoskeletal Imaging. ACR Appropriateness Criteria® Nontraumatic Knee Pain. *Am Coll Radiol (ACR);* Date of Origin: 1995. Last Review: 2018. https:// acsearch.acr.org/docs/69432/Narrative/.
2. Manek NJ, Lane NE. Osteoarthritis: Current concepts in diagnosis and management. *Am Fam Physician* 2000 March;61(6):1795-1804. https://www.aafp.org/afp/2000/0315/p1795.html.
3. Griffin LY. *Essentials of Musculoskeletal Care.* 3rd edition. Rosemont, IL: American Academy of Orthopaedic Surgeons; 2005:84.
4. Quatman CE, Hettrich CM, Schmitt LC, et. al. The Clinical Utility and Diagnostic Performance of MRI for Identification of Early and Advanced Knee Osteoarthritis: A Systematic Review. *Am J Sports Med.* 2011;39(7):1557–1568. doi:10.1177/0363546511407612.
5. Braun HJ, Gold GE. Diagnosis of osteoarthritis: imaging. *Bone.* 2012;51(2):278–288. doi:10.1016/ j.bone.2011.11.019.
6. Sinusas K. Osteoarthritis: diagnosis and treatment. *Am Fam Physician*. 2012 Jan 1;85(1):49-56. Erratum in: *Am Fam Physician*. 2012 Nov 15;86(10):893.
7. Jawetz ST, Fox MG, Blankenbaker DG , et al. ACR Appropriateness Criteria® Chronic Hip Pain. Available at https:// acsearch.acr.org/docs/69425/Narrative/. American College of Radiology. Revised 2022.
8. DeRogatis M, Anis HK, Sodhi N, Ehiorobo JO, Chughtai M, Bhave A, Mont MA. Non-operative treatment options for knee osteoarthritis. *Ann Transl Med*. 2019 Oct;7(Suppl 7):S245.
9. Nunna B Jr, Parihar P, Wanjari M, Shetty N, Bora N. High-Resolution Imaging Insights into Shoulder Joint Pain: A Comprehensive Review of Ultrasound and Magnetic Resonance Imaging (MRI). *Cureus*. 2023 Nov 17;15(11):e48974.
10. Shi XT, Li CF, Cheng CM, Feng CY, Li SX, Liu JG. Preoperative Planning for Total Hip Arthroplasty for Neglected Developmental Dysplasia of the Hip. *Orthop Surg*. 2019 Jun;11(3):348-355.
11. O'Connor MI, Kransdorf MJ. Customized knee arthroplasty and the role of preoperative imaging. *AJR Am J Roentgenol*. 2013 Sep;201(3):W443-50.
12. Pompan DC. Appropriate use of MRI for evaluating common musculoskeletal conditions. *Am Fam Physician*. 2011 Apr 15;83(8):883-4.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Chondral/Osteochondral Lesions (MS-13)

Guideline

Chondral/Osteochondral Lesions, Including Osteochondritis Dissecans and Fractures (MS-13.1)
References (MS-13)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Chondral/Osteochondral Lesions, Including Osteochondritis Dissecans and Fractures (MS-13.1)

MS.OD.0013.1.A
v2.0.2025

- MRI without contrast, MRI with contrast (arthrogram), or CT with contrast (arthrogram) of the joint or area of interest is indicated when **EITHER** of the following are met:
  - Plain x-rays are negative and an osteochondral fracture is still suspected
  - Plain x-ray and clinical exam suggest an unstable osteochondral injury
- If plain x-rays show a non-displaced osteochondral fragment, follow-up imaging should be with plain x-rays. Advanced imaging is not necessary.
- MRI without contrast or CT without contrast is indicated when healing (including post-operative fixation) cannot be adequately assessed on follow-up plain x-rays.
- See anatomical table sections for recommendations on anatomy-specific osteochondral injuries
  - See: **Ankle (MS-26)** for suspected osteochondral injury of the ankle
  - See: **Elbow (MS-20)** for suspected osteochondral injury of the elbow

Evidence Discussion (MS-13.1)

Radiography should be the first imaging test performed to evaluate chondral/ osteochondral lesions.

Radiographs help to exclude other causes of pain and to determine skeletal maturity, which significantly affects prognosis and management of Osteochondritis Dissecans lesions (OCD), because open physes have a much higher potential for healing with conservative treatment. In patients with Osteochondritis Dissecans(OCD) or subchondral insufficiency fracture on radiographs or if radiograph is negative but osteochondral fracture is still suspected, MRI without IV contrast maybe indicated to evaluate cartilage for additional injuries and for grading of osteochondral fractures and OCD. MRI is also useful to determine the best method of treatment.

CT without contrast maybe indicated to evaluate patients with OCD to confirm loose bodies or when MRI is not definitive. MR arthrography or CT arthrography is an effective test for locating intra-articular osteochondral fragments, loose bodies and grading chondral and osteochondral lesions.

Radiographs were found to be substantial to excellent at detecting healing of OCD lesions. In clinical practice, serial radiographs are recommended for monitoring healing

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

of juvenile OCD lesions. Repeat MRI is suggested only if radiographs are not diagnostic for healing and for worsening symptoms, or change in examination.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (MS-13)

v2.0.2025

1. Bridges MD, Berland LL, Cernigliaro JG, et al. ACR Practice Guideline. ACR-SSR Practice Guideline for the Performance and Interpretation of Magnetic Resonance Imaging (MRI). *Am Coll Radiol (ACR)*. 2017. https://www.acr.org/-/media/ACR/Files/Practice-Parameters/mr-perf-interpret.pdf?la=en.
2. Fox, MG, Chang, EY, Amini, B, et al. ACR Appropriateness Criteria® Chronic Knee Pain. Available at https://acsearch.acr.org/docs/69432/Narrative/. American College of Radiology. Revised 2018.
3. American College of Radiology. ACR–SPR–SSR practice parameter for the performance and interpretation of magnetic resonance imaging (mri) of the elbow. 2021; Available at: https: //www.acr.org/-/media/ACR/Files/Practice-Parameters/mr-elbow.pdf?la=en.
4. Nammour MA, Mauro CS, Bradley JP, Arner JW. Osteochondritis Dissecans Lesions of the Knee: Evidence-Based Treatment. *Journal of the American Academy of Orthopaedic Surgeons*. 2024;32(13):587-596. doi:https://doi.org/10.5435/jaaos-d-23-00494.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Osteoporosis (MS-14)

Guideline

Osteoporosis (MS-14)
References (MS-14)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Osteoporosis (MS-14)

MS.OP.0014.A
v2.0.2025

- Plain x-ray is not required.
- Quantitative CT (CPT® 77078) can be approved for screening when DXA scanner is unavailable or known to be inaccurate for ANY of the following populations:
  - Women age ≥65 years
  - Men age >70 years
  - Women age <65 years who have additional risk factors for osteoporosis based on medical history and other findings:
    - Estrogen deficiency
    - A history of maternal hip fracture that occurred after age 50 years
    - Low body mass (<127 lb. or 57.6 kg)
    - History of amenorrhea (>1 year before age 42 years)
  - Women age <65 years or men age <70 years who have additional risk factors:
    - Current use of cigarettes
    - Loss of height, thoracic kyphosis
  - Individuals of any age with bone mass osteopenia or fragility fractures on imaging studies such as x-rays, CT, or MRI
  - Individuals age 50 years and older who develop a wrist, hip, spine, or proximal humerus fracture with minimal or no trauma, excluding pathologic fractures
  - Individuals of any age who develop 1 or more insufficiency fractures
  - Premenopausal females or males age 20 to 50 years with risk factors:
    - Individuals with medical conditions that could alter bone mineral density
      - Chronic renal failure
      - Rheumatoid arthritis and other inflammatory arthritides
      - Eating disorders, including anorexia nervosa and bulimia
      - Organ transplantation
      - Prolonged immobilization
      - Conditions associated with secondary osteoporosis, such as gastrointestinal malabsorption or malnutrition, sprue, osteomalacia, vitamin D deficiency, endometriosis, acromegaly, chronic alcoholism or established cirrhosis, and multiple myeloma
      - Individuals who have had gastric bypass for obesity
      - Individuals with an endocrine disorder known to adversely affect bone mineral density (e.g., hyperparathyroidism, hyperthyroidism, or Cushing syndrome)
  - Individuals receiving (or expected to receive) glucocorticoid therapy for >3 months

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

- Hypogonadal men older than 18 years and men with surgically or chemotherapeutically-induced castration
- Individuals beginning or receiving long-term therapy with medications known to adversely affect BMD (e.g., anti-convulsant drugs, androgen deprivation therapy, aromatase inhibitor therapy, or chronic heparin)

Note: Repeat screening quantitative computed tomography (QCT) can be approved no sooner than every two years.

- Quantitative CT scan (CPT® 77078) can be approved for non-screening/monitoring when DXA scanner is unavailable or known to be inaccurate for ANY of the following circumstances:
  - Follow-up in cases where QCT was the original study
  - Multiple healed vertebral compression fractures
  - Significant scoliosis
  - Advanced arthritis of the spine due to increased cortical sclerosis often with large marginal osteophytes
  - Obese individual over the weight limit of the dual-energy x-ray absorptiometry (DXA) exam table
  - Individuals with BMI >35kg/m^2
  - Extremes in body height (i.e. very large and very small individuals)
  - Individuals with extensive degenerative disease of the spine
  - A clinical scenario that requires sensitivity to small changes in trabecular bone density (parathyroid hormone and glucocorticoid treatment monitoring).

Note: Repeat non-screening/monitoring QCT can be approved no earlier than one year following a change in treatment regimen, and only when the results will directly impact a treatment decision.

Evidence Discussion (MS-14)

Osteoporotic fractures are associated with disability, loss of independence, limitation of ambulation, chronic pain, and decreased quality of life. Approximately 20% of hip fracture patients require long-term nursing care, and 21-30% of patients who experience a hip fracture die within one year.

The primary diagnostic test used to screen for osteoporosis is the central DXA (dual xray absorptiometry) which accurately measures bone mineral density at the hip and lumbar spine. DXA accuracy and reproducibility has led to the established standards for diagnosis of osteoporosis by the World Health Organization. The radiation dose for both lumbar spine and hip scanning in a DXA scan is approximately equivalent to that of a chest xray.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Quantitative CT is regarded as a secondary tool after DXA for screening for osteoporosis. QCT provides a volumetric bone mineral density, as opposed to DXA which is based on a 2-D area measurement. QCT can be performed on most commercially available CT scanners, with the required densitometry analysis software. Quantitative CT is highly accurate in determining tissue density within a region of interest. Indications for QCT are the same as for DXA, however DXA is recommended as the first-line screening and follow-up test for bone density. If DXA is not available, QCT may be used as a secondary technique. Selected conditions in which QCT is considered superior to DXA include extremes in body height, BMI >35, clinical scenarios when an increased sensitivity to small changes in trabecular bone density is required, and in patients with advanced degenerative bony changes in the spine. A potential harm of Quantitative CT is increased radiation exposure (1-10 mSv) as compared to <0.1 mSv for DXA scan.

Radiography has a lower sensitivity for bone loss than DXA. Osteopenia is not a reliable finding on xray until 30-40% of the bone has been lost. There is insufficient evidence to support the use of xray as a screening tool in patients suspected of having low bone mineral density. Patients whose xrays report osteopenia and/or fragility fractures should be referred for DXA for further characterization of bone density.

There is insufficient evidence to support the current use of quantitative ultrasound as a screening tool in patients suspected of having low bone mineral density.

The American College of Radiology Appropriateness Criteria supports DXA as the primary diagnostic choice to screen women >65 years of age and men >70 years of age for osteoporosis, and for postmenopausal women <65 years of age with additional risk factors for fracture.

The National Osteoporosis Foundation recommends bone mineral density testing in all women age 65 and older and all men age 70 and older, and in postmenopausal women younger than 65 years and men aged 50-69 years based on their risk factor profile, including if they had a fracture as an adult.

The USPSTF found convincing evidence that bone measurement tests are accurate for detecting osteoporosis and predicting osteoporotic fractures in women and men, and that drug therapies reduce subsequent fracture rates in postmenopausal women. The USPSTF recommends screening for osteoporosis with bone measurement testing to prevent osteoporotic fractures in women 65 years and older (B recommendation), and in postmenopausal women younger than 65 who are at increased risk of osteoporosis (B recommendation). The USPSTF concluded that current evidence is insufficient to assess the balance of benefits and harms of screening for osteoporosis in men.

One trial (Shepstone et al) evaluated the effect of screening for osteoporosis on anxiety and quality of life and found no difference between screened and unscreened intervention groups. Potential harms of screening for osteoporosis include false negative

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

results, as well as false positive results that can lead to unnecessary treatment, although the USPSTF determined that the potential harms of osteoporosis drug therapies are small.

Central DXA is the "gold standard" for serial assessment of BMD and an important component of osteoporosis management. Biological changes in bone density are small compared to the inherent error in the test itself, and interpretation of serial bone density studies depends on appreciation of the smallest change in BMD that is beyond the range of error of the test. This least significant change (LSC) varies with the specific instrument used, patient population, measurement site, technologist's skill with patient positioning and test analysis, and the confidence intervals used. QCT of the lumbar spine can also be used for serial assessment of bone mineral density changes in men and women. The National Osteoporosis Foundation recommends repeat bone mineral density assessments one to two years after initiating medical therapy for osteoporosis and every two years thereafter, but recognizes that testing more frequently may be warranted in certain clinical situations, and may be needed less frequently in patients without major risk factors or significant bone density loss on initial BMD testing.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (MS-14)

v2.0.2025

1. American Association of Clinical Endocrinologists (AACE) Menopause Guidelines Revision Task Force. American Association of Clinical Endocrinologists medical guidelines for clinical practice for the diagnosis and treatment of postmenopausal osteoporosis. *Endocr Pract*. 2016;22(Suppl 4):1-42. https://www.aace.com/files/postmenopausal-guidelines.pdf.
2. Coleman F, de Buer SJ, LeBoff MS, et al. National Osteoporosis Foundation (NOF). Clinician's guide to prevention and treatment of osteoporosis. *Osteoporos Int.* 2014;25(10):2359–2381. doi:10.1007/s00198-014-2794-2.
3. Final Recommendation Statement Osteoporosis to Prevent Fractures: Screening uspreventiveservicestaskforce.org. Updated June 26, 2018. Accessed June 3, 2024. https://www.uspreventiveservicestaskforce.org/uspstf/recommendation/osteoporosis-screening
4. Yu JS, Krishna NG, Fox MG, et. al. ACR Appropriateness Criteria® Osteoporosis and Bone Mineral Density. Available at https://acsearch.acr.org/docs/69358/Narrative/. American College of Radiology. Revised 2022.
5. Cosman F, de Beur SJ, LeBoff MS, et al. Clinician's Guide to Prevention and Treatment of Osteoporosis [published correction appears in *Osteoporos Int*. 2015 Jul;26(7):2045-7. doi: 10.1007/s00198-015-3037-x]. *Osteoporos Int*. 2014;25(10):2359-2381. doi:10.1007/s00198-014-2794-2.
6. Shepstone L, Lenaghan E, Cooper C, et al; SCOOP Study Team. Screening in the community to reduce fractures in older women (SCOOP): a randomised controlled trial. *Lancet*. 2018;391(10122):741-747. doi:10.1016/S0140-6736(17)32640-5

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Rheumatoid Arthritis (RA) and Inflammatory Arthritis (MS-15)

Guideline

Rheumatoid Arthritis (RA) and Inflammatory Arthritis (MS-15.1)
Pigmented Villonodular Synovitis (PVNS) (MS-15.2)
References (MS-15)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Rheumatoid Arthritis (RA) and Inflammatory Arthritis (MS-15.1)

MS.RA.0015.1.A
v2.0.2025

- Plain x-ray, physical exam and appropriate laboratory studies* are required prior to advanced imaging.
  - Results of plain x-rays performed after the current episode of symptoms started or changed need to be available to the requesting provider
- MRI without contrast OR MRI without and with contrast or US (CPT® 76881 or CPT® 76882) is appropriate for the most symptomatic joint, or of the dominant hand or wrist, in **ALL** of the following situations:
  - When diagnosis is uncertain prior to initiation of drug therapy.
  - To study the effects of treatment with disease modifying anti-rheumatic drug (DMARD) therapy.
  - To identify seronegative RA individuals that might benefit from early DMARD therapy.
  - To determine change in treatment, such as:
    - Switching from standard DMARD therapy to tumor necrosis factor (TNF) therapy.
    - Changing to a different TNF drug therapy, then one MRI (contrast as requested) of a single joint can be performed.
    - Addition of other treatments, including joint injections
- MRI or US should NOT be considered for routine follow-up of treatment.

Background and Supporting Information

- *Examples of appropriate laboratory studies may include: Lyme titers, rheumatoid factor (RF), anti-cyclic citrullinated peptide (anti-CCP), sedimentation rate (ESR), C-reactive protein (CRP), and antinuclear antibody (ANA)], joint fluid analysis

Evidence Discussion (MS-15.1)

Rheumatoid arthritis (RA) is a chronic autoimmune disease characterized by persistent inflammation and joint damage. Clinical and laboratory assessment of RA remains the cornerstone of diagnosis and response to treatment. Imaging modalities such as plain radiographs serve as important adjuncts to examination and laboratory findings in the evaluation of suspected inflammatory arthritis. Plain radiographs should be obtained first, and inconclusive or non-diagnostic imaging results can be further evaluated with advanced imaging. They have a low sensitivity compared with CT, MRI, or Ultrasound (US) in detecting erosions and multiple views are often needed but location and

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

distribution of erosions are usually adequate for diagnosis. MRI allows assessment of all structures as well as bone edema and baseline bone edema on low and high field MRI in patients with early RA is predictive of future radiographic damage. Joints and bones in the hand are often affected in RA and assessing changes in these joints can help in therapy monitoring. MRI and US play important roles in detecting subclinical disease in patients with inflammatory arthritis. These modalities have higher sensitivity in detecting subclinical synovitis, tenosynovitis, osteitis, and early erosive disease compared with physical exam and xray, therefore useful in early diagnosis and evaluating response to treatment.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Pigmented Villonodular Synovitis (PVNS) (MS-15.2)

MS.RA.0015.2.A

v2.0.2025

- MRI of the affected joint without contrast or CT of the affected joint with contrast (arthrogram) if MRI contraindicated is supported following plain x-rays.
  - Results of plain x-rays performed after the current episode of symptoms started or changed need to be available to the requesting provider

Evidence Discussion (MS-15.2)

Pigmented villonodular synovitis (PVNS) is a benign, hypertrophic synovial process characterized by villous, nodular, and villonodular proliferation and pigmentation from hemosiderin. Hemosiderin deposition is more prominent with diffuse disease. Radiographs are non-specific and may appear normal 20% of the time but joint effusion, soft-tissue swelling, extrinsic erosion of bone, absence of calcification, preservation of joint space, and/or normal bone mineralization may be seen in diffuse intraarticular PVNS. Localized form my appear normal on plain radiographs. CT shows nonspecific synovial thickening and optimally demonstrates bone erosion but the extent of lesions are not well depicted with this modality, whereas MR can demonstrate extent of disease. MR is used after plain radiography because monoarticular arthropathy can be nonspecific but there can be pathopnomic low signal intensity lesions seen on T2-weighted. MR is optimal for demonstrating the relationship of extraarticular lesions to the the tendon sheath to suggest the diagnosis.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

References (MS-15)

v2.0.2025

1. Rubin DA, Roberts CC, Bencardino JT, et. al. Expert Panel on Musculoskeletal Imaging. ACR Appropriateness Criteria® Chronic Wrist Pain. *Am Coll Radiol (ACR);* Revised: 2017. https://acsearch.acr.org/docs/69427/Narrative/.
2. Luchs JS, Flug JA, Weissman BN, et. al. Expert Panel on Musculoskeletal Imaging. ACR Appropriateness Criteria® Chronic Ankle Pain. *Am Coll Radiol (ACR);* Date of Origin: 1998. Revised: 2017. https://acsearch.acr.org/docs/69422/Narrative/.
3. Hayes CW, Roberts CC, Bencardino JT, et. al. Expert Panel on Musculoskeletal Imaging. ACR Appropriateness Criteria® Chronic Elbow Pain. *Am Coll Radiol (ACR);* Date of Origin: 1998. Revised: 2022. https://acsearch.acr.org/docs/69423/Narrative/.
4. Jacobson JA, Roberts CC, Bencardino JT, et. al. Expert Panel on Musculoskeletal Imaging. ACR Appropriateness Criteria® Chronic Extremity Joint Pain-Suspected Inflammatory Arthritis. *Am Coll Radiol (ACR);* New: 2016. https://acsearch.acr.org/docs/3097211/Narrative/.
5. Wise JN, Weissman BN, Appel M, et. al. Expert Panel on Musculoskeletal Imaging. ACR Appropriateness Criteria® Chronic Foot Pain. *Am Coll Radiol (ACR);* Date of Origin: 1998. Revised: 2020. https://acsearch.acr.org/docs/69424/Narrative/.
6. Mintz DN, Roberts CC, Bencardino JT, et. al. Expert Panel on Musculoskeletal Imaging. ACR Appropriateness Criteria® Chronic Hip Pain. *Am Coll Radiol (ACR);* Revised: 2016. https://acsearch.acr.org/docs/69425/Narrative/.
7. Boutry N, Morel M, Flipo RM, et al. Early rheumatoid arthritis: a review of MRI and sonographic findings. *AJR Am J Roentgenol*. 2007;189:1502-1509. doi:10.2214/AJR.07.2548.
8. Murphey MD, Rhee JH, Lewis RB, et al. Pigmented villonodular synovitis: radiologic-pathologic correlation. *Radiographics*. 2008;28:1493-1518. doi:10.1148/rg.285085134.
9. Conaghan P, Edmonds J, Emery P, et al. Magnetic resonance imaging in rheumatoid arthritis: summary of OMERACT activities, current status, and plans. *Journal of Rheumatology.* 2001;28(5):1158-1161. http://www.jrheum.org/content/28/5/1158.long.
10. Ostergaard M, McQueen FM, Bird P, et al. Magnetic resonance imaging in rheumatoid arthritis--advances and research priorities. *Journal of Rheumatology.* 2005;32(12):2462-2464. http://www.jrheum.org/content/32/12/2462.long.
11. Mcqueen FM. The use of MRI in early RA. *Rheumatology.* 2008;47(11):1597-1599. doi:10.1093/rheumatology/ken332.
12. Gossec L, Fautrel B, Pham T, et al. Structural evaluation in the management of patients with rheumatoid arthritis: development of recommendations for clinical practice based on published evidence and expert opinion. *Joint Bone Spine*. 2005;72(3):229-234. doi:10.1016/j.jbspin.2004.10.011.
13. Cohen SB, Potter H, Deodhar A, et al. Extremity magnetic resonance imaging in rheumatoid arthritis: updated literature review. *Arthritis Care & Research*. 2011;63(5):660-665. doi:10.1002/acr.20413.
14. Singh JA, Furst DE, Bharat A, et al. 2012 update of the 2008 American College of Rheumatology recommendations for the use of disease-modifying antirheumatic drugs and biologic agents in the treatment of rheumatoid arthritis. *Arthritis Care & Research.* 2012;64(5):625-639. doi:10.1002/acr.21641.
15. Saag KG, Teng GG, Patkar NM, et al. American College of Rheumatology 2008 recommendations for the use of nonbiologic and biologic disease-modifying antirheumatic drugs in rheumatoid arthritis. *Arthritis & Rheumatism (Arthritis Care & Research).* 2008;59:762-784. doi:10.1002/art.23721.
16. Subhas N, Wu F, Fox MG, et al. ACR Appropriateness Criteria® Chronic Extremity Joint Pain-Suspected Inflammatory Arthritis, Crystalline Arthritis, or Erosive Osteoarthritis: 2022 Update. *J Am Coll Radiol.* 2023;20:S20-S32.
17. Kgoebane K, Ally MMTM, Duim-Beytell MC, Suleman FE. The role of imaging in rheumatoid arthritis. *S Afr J Rad*. 2018; 22(1), a1316. https://doi.org/10.4102/sajr. v22i1.1316

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

18. Schleich C, Buchbender C, Sewerin P, Miese F, Aissa J, Brinks R, Evaluation of a simplified version of the Rheumatoid Arthritis Magnetic Resonance Imaging Score (RAMRIS) comprising 5 joints (RAMRIS). *Clin Exp Rheumatol*. 2015; 33(2): 209-215.
19. Terslev L, Ostergaard M. Rheumatoid Arthritis Relapse and Remission - Advancing Our Predictive Capability Using Modern Imaging. *J Inflamm Res*. 2021;14:2547-2555. Published 2021 Jun 16. doi:10.2147/JIR.S284405.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Post-Operative Joint Replacement Surgery (MS-16)

Guideline

Post-Operative Joint Replacement Surgery – General (MS-16.1)
References (MS-16)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Post-Operative Joint Replacement Surgery – General (MS-16.1)

MS.PS.0016.1.A
v2.0.2025

- CT without contrast, MRI without contrast, or nuclear medicine studies (see: **MS-28** for nuclear medicine studies) with **ALL** of the following:
  - Recent plain x-ray is nondiagnostic
  - Suspected aseptic loosening of orthopaedic joint replacements
    - CT shoulder without contrast (CPT® 73200) can be performed following plain x-rays regardless of plain x-ray findings. See: **Shoulder (MS-19)**
      - Results of plain x-rays performed after the current episode of symptoms started or changed need to be available to the requesting provider
- CT without contrast or MRI without contrast with **ALL** of the following:
  - Negative plain x-ray
  - High suspicion for a periprosthetic fracture
    - CT Shoulder without contrast (CPT® 73200) can be performed following plain x-rays regardless of plain x-ray findings. See: **Shoulder (MS-19)**
      - Results of plain x-rays performed after the current episode of symptoms started or changed need to be available to the requesting provider
- Joint aspiration is the initial evaluation after plain x-ray for a painful joint replacement when periprosthetic infection is suspected.
  - Results of plain x-rays performed after the current episode of symptoms started or changed need to be available to the requesting provider
  - For suspected infection with negative or inconclusive joint aspiration culture see: **Nuclear Medicine (MS-28)**
- MRI Hip without contrast (CPT® 73721) or Ultrasound (CPT® 76881 or CPT® 76882) are both appropriate for **EITHER** of the following:
  - Diagnosis of ALVAL (aseptic lymphocytic-dominated vasculitis-associated lesion) pseudotumors surrounding metal-on-metal (MoM) hip prostheses. One of these two imaging modalities can be approved but not both. See: **Soft Tissue Mass or Lesion of Bone (MS-10)**
  - Metal-On-Metal (MoM) Hip Prostheses that are considered high-risk for implant performance issues from THA (Total hip arthroplasty) cup-neck impingement and subsequent ALTR (adverse local tissue reaction) with Co and Cr ion levels greater than 10 ppb.
- CT Hip without contrast (CPT® 73700) **OR** MRI Hip without contrast (CPT® 73721):
  - Evaluate suspected particle disease (aggressive granulomatous disease) of the hip when infection has been excluded.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

- For specific joints post-operative from replacement surgery:
  - See: **Shoulder (MS-19)**
  - See: **Elbow (MS-20)**
  - See: **Wrist (MS-21)**
  - See: **Hip (MS-24)**
  - See: **Knee (MS-25)**
  - See: **Ankle (MS-26)**

Background and Supporting Information

- Complications following joint replacement surgery include (not limited to) periprosthetic fracture, infection, aseptic loosening, failure of fixation/component malposition, and wear.

Evidence Discussion (MS-16)

- The American College of Radiology (ACR) recommends plain x-rays as the initial study for routine follow up of asymptomatic patients and for symptomatic patients who have undergone joint replacement surgery. Plain x-rays can identify fractures or show signs of loosening, wear, osteolysis or infection. When plain x-rays are negative or inconclusive and there is a suspicion for aseptic loosening or fracture, advanced imaging can help to identify these conditions.
- The first line of preoperative evaluation for a suspected prosthetic joint infection should be plain x-rays, blood tests and joint aspiration with synovial fluid laboratory analysis. Although both false-positive and false-negative results may occur, joint aspiration with synovial fluid analysis remains the most useful test for confirming the presence or absence of infection and identifying the causative organism. If there is a negative or inconclusive joint aspiration and infection is still suspected, advanced imaging can provide additional information.
- For patients with negative or non-diagnostic x-rays for whom there is suspicion of a soft tissue abnormality (e.g. tendinitis, tendinopathy, bursitis, arthrofibrosis), a course of conservative care will allow many patients to improve. If there is failure to improve, advanced imaging would be appropriate. However, if there is concern for a rotator cuff tear in a patient who underwent shoulder replacement surgery, conservative care would not be necessary.
- Patients with metal on metal hip replacements are at risk for adverse local tissue reactions (ALTRs) including metallosis, pseudotumor and generalized synovitis that can result in tissue damage. After initial x-rays, advanced imaging is recommended for symptomatic patients.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (MS-16)

v2.0.2025

1. Mintz DN, Roberts CC, Bencardino JT, et al. Expert Panel on Musculoskeletal Imaging. ACR Appropriateness Criteria® Chronic Hip Pain. *Am Coll Radiol (ACR);* Revised: 2016. https://acsearch.acr.org/docs/69425/Narrative/.
2. Walker EA, Fox MG, Blankenbaker DG, et. al. ACR Appropriateness Criteria® Imaging After Total Knee Arthroplasty. Available at https://acsearch.acr.org/docs/69430/Narrative/. American College of Radiology. Revised: 2023.
3. Roberts CC, Metter DF, Fox MG, et. al. Expert Panel on Musculoskeletal Imaging. ACR Appropriateness Criteria® Imaging After Shoulder Arthroplasty. *Am Coll Radiol (ACR);* Date of Origin: 2016. Revised: 2021. https://acsearch.acr.org/docs/3097049/Narrative/.
4. Weissman BN, Palestro CJ, Fox MG, et. al. Expert Panel on Musculoskeletal Imaging. ACR Appropriateness Criteria® Imaging After Total Hip Arthroplasty. Am Coll Radiol (ACR); Revised: 2023. Available at: https://acsearch.acr.org/docs/3094200/Narrative
5. Toms AD, Davidson D, Masri BA, et al. Management of peri-prosthetic infection in total joint arthroplasty. *J Bone Joint Surg Br.* 2006;88(2):149-155. doi:10.1302/0301-620X.88B2.17058.
6. Love C, Marwin SE, Tomas MB, et al. Diagnosing infection in the failed joint replacement: A comparison of coincidence detection 18F-FDG and 111In-labeled leukocyte/99mTc-sulfur colloid marrow imaging. *J Nucl Med.* 2004;45(11):1864-1871.
7. Nawabi DH, Gold S, Lyman SL, et al. MRI predicts ALVAL and tissue damage in metal-on-metal hip arthroplasty. *Clin Orthop Relat Res.* 2014;472(2):471-481. doi:10.1007/s11999-013-2788-y.
8. Verberne SJ, Raijmakers PG, Temmerman OP. The accuracy of imaging techniques in the assessment of periprosthetic hip infection: a systematic review and meta-analysis. *J Bone Joint Surg Am*. 2016;98(19):1638-45. doi:10.2106/JBJS.15.00898.
9. Fritz J, Meshram P, Stern SE, Fritz B, Srikumaran U, McFarland EG. Diagnostic performance of advanced metal artifact reduction MRI for periprosthetic shoulder infection. *J Bone Joint Surg Am*. 2022;104:1352-1361. doi:10.2106/JBJS.21.00912.
10. Zahar A, Sarungi M. Diagnosis and management of the infected total knee replacement: a practical surgical guide. *J Exp Orthop*. 2021 Feb 22;8(1):14.
11. Pérez-Prieto D, Hinarejos P, Alier A, et al. Adherence to a reliable PJI diagnostic protocol minimizes unsuspected positive cultures rate. *BMC Musculoskelet Disord*. 2021;22(1):653. Published 2021 Aug 2. doi:10.1186/s12891-021-04431-1
12. Schinsky MF, Della Valle CJ, Sporer SM, Paprosky WG. Perioperative testing for joint infection in patients undergoing revision total hip arthroplasty. *J Bone Joint Surg Am*. 2008 Sep;90(9):1869-75. doi: 10.2106/JBJS.G.01255. Erratum in: *J Bone Joint Surg Am*. 2010 Mar;92(3):707.
13. Capogna BM, Shenoy K, Youm T, Stuchin SA. Tendon Disorders After Total Hip Arthroplasty: Evaluation and Management. *J Arthroplasty*. 2017 Oct;32(10):3249-3255.
14. Chalmers BP, Perry KI, Taunton MJ, Mabry TM, Abdel MP. Diagnosis of adverse local tissue reactions following metal-on-metal hip arthroplasty. *Curr Rev Musculoskelet Med*. 2016 Mar;9(1):67-74.
15. Hall DJ, Pourzal R, Jacobs JJ. What Surgeons Need to Know About Adverse Local Tissue Reaction in Total Hip Arthroplasty. *J Arthroplasty*. 2020 Jun;35(6S):S55-S59.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Limb Length Discrepancy (MS-17)

Guideline

Limb Length Discrepancy (MS-17.1)
References (MS-17)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Limb Length Discrepancy (MS-17.1)

MS.LL.0017.1.A

v2.0.2025

- Either plain radiographic or “CT scanogram,” both reported with CPT® 77073, is appropriate to radiographically evaluate limb length discrepancy due to congenital anomalies, acquired deformities, growth plate (physeal injuries or surgery), or inborn errors of metabolism.
  - A diagnostic advanced imaging CPT code (e.g., CPT® 73700, CPT® 73701, or CPT® 73702) is not indicated for evaluation of limb length discrepancy.

Evidence Discussion (MS-17)

- X-ray (standing anteroposterior radiograph) is the most reliable choice for evaluation of limb length discrepancy. Imaging may be done using a CT scanogram as an analogue to conventional x-ray.
- Advanced imaging modalities are not indicated for evaluating limb length discrepancy. Alfuth, et al state that MRI "may be more expensive, may require sedation in some patients, often needs a longer time to schedule and to carry out the examination, and may be not allowed in patients with specific implanted devices".

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (MS-17)

v2.0.2025

1. Leitzes A, Potter HG, Amaral T, et al. Reliability and accuracy of MRI scanogram in the evaluation of limb length discrepancy. *J Pediatr Orthop*. 2005;25(6):747-749.
2. Alfuth M, Fichter P, Knicker A. Leg length discrepancy: A systematic review on the validity and reliability of clinical assessments and imaging diagnostics used in clinical practice. *PLoS One*. 2021 Dec 20;16(12):e0261457. doi: 10.1371/journal.pone.0261457. PMID: 34928991; PMCID: PMC8687568.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Anatomical Area Tables – General Information (MS-18)

Guideline

Anatomical Area Tables – General Information (MS-18)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Anatomical Area Tables – General Information (MS-18)

MS.AA.0018.A
v2.0.2025

The imaging guidelines for each anatomical area are presented in table format. The table below includes a description of how each column header should be utilized for each guideline **Shoulder (MS-19)** through **Foot (MS-27)**.

After an initial plain x-ray has been obtained, and results are available to the provider, the following advanced imaging is indicated (as described in General Guidelines [MS-1.0])			
Condition (Individual's condition)	Conservative Treatment (Is failure of 6 weeks of provider-directed conservative treatment within the past 12 weeks with clinical re-evaluation required?) (Yes or No)	Advanced Imaging (The appropriate advanced imaging indicated for this condition. In some scenarios, advanced imaging may not be indicated.)	Comments (Additional comments related to the condition.)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Shoulder (MS-19)

Guideline

Shoulder (MS-19)
Evidence Discussion (MS-19)
References (MS-19)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Shoulder (MS-19)

MS.SH.0019.A
v2.0.2025

After an initial plain x-ray has been obtained, and results are available to the provider, the following advanced imaging is indicated (as described in General Guidelines [MS-1.0])			
Condition (Individual's Condition)	**Conservative Treatment (Is failure of 6 weeks of provider-directed conservative treatment within the past 12 weeks with clinical re-evaluation required?) (Yes or No)**	**Advanced Imaging (The appropriate advanced imaging indicated for this condition. In some scenarios, advanced imaging may not be indicated.)**	**Comments (Additional comments related to the condition.)**
General Shoulder Pain	Yes	• MRI Shoulder without contrast (CPT®73221) **OR** • US Shoulder (CPT® 76881 or CPT® 76882) **OR** • CT Shoulder with contrast (arthrogram) (CPT®73201) if MRI contraindicated	
Symptomatic Loose Bodies	No	• MRI Shoulder without contrast (CPT®73221)	
Impingement	Yes	• MRI Shoulder without contrast (CPT®73221) **OR** • MRI Shoulder with contrast (arthrogram) (CPT®73222) **OR** • US Shoulder (CPT® 76881 or CPT® 76882) **OR** • CT Shoulder with contrast (CPT® 73201) if MRI is contraindicated	
Tendonitis/ Bursitis	Yes	• MRI Shoulder without contrast (CPT®73221) **OR** • US Shoulder (CPT® 76881 or CPT® 76882)	

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

After an initial plain x-ray has been obtained, and results are available to the provider, the following advanced imaging is indicated (as described in General Guidelines [MS-1.0])			
Condition (Individual's Condition)	**Conservative Treatment (Is failure of 6 weeks of provider-directed conservative treatment within the past 12 weeks with clinical re-evaluation required?) (Yes or No)**	**Advanced Imaging (The appropriate advanced imaging indicated for this condition. In some scenarios, advanced imaging may not be indicated.)**	**Comments (Additional comments related to the condition.)**
Tendon Rupture (Biceps Long Head)	No	• When clinical exam is inconclusive due to inability to visualize a "Popeye" sign clinically, or for preoperative planning: ◦ MRI Shoulder without contrast (CPT®73221) **OR** ◦ US Shoulder (CPT® 76881 or CPT® 76882)	
Tendon Rupture (Pectoralis Major/Minor)	No	• When clinical exam is inconclusive, or for preoperative planning: ◦ MRI Shoulder without contrast (CPT®73221) **OR** ◦ MRI Chest without contrast (CPT®71550) **OR** ◦ US Shoulder (CPT® 76881 or CPT® 76882)	

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

After an initial plain x-ray has been obtained, and results are available to the provider, the following advanced imaging is indicated (as described in General Guidelines [MS-1.0])			
Condition (Individual's Condition)	**Conservative Treatment (Is failure of 6 weeks of provider-directed conservative treatment within the past 12 weeks with clinical re-evaluation required?) (Yes or No)**	**Advanced Imaging (The appropriate advanced imaging indicated for this condition. In some scenarios, advanced imaging may not be indicated.)**	**Comments (Additional comments related to the condition.)**
Shoulder Rotator Cuff Tear (Complete and Partial)	Yes*	• MRI Shoulder without contrast (CPT®73221) **OR** • MRI Shoulder with contrast (arthrogram) (CPT®73222) **OR** • US Shoulder (CPT® 76881 or CPT® 76882) **OR** • CT Shoulder with contrast (arthrogram) (CPT®73201) if MRI is contraindicated	*Conservative treatment is not required with an acute shoulder injury prior to the onset of symptoms and consideration of surgery. If surgery is being considered, MRI without contrast, MRI with contrast (arthrogram), or CT arthrogram are required

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

After an initial plain x-ray has been obtained, and results are available to the provider, the following advanced imaging is indicated (as described in General Guidelines [MS-1.0])			
Condition (Individual's Condition)	**Conservative Treatment (Is failure of 6 weeks of provider-directed conservative treatment within the past 12 weeks with clinical re-evaluation required?) (Yes or No)**	**Advanced Imaging (The appropriate advanced imaging indicated for this condition. In some scenarios, advanced imaging may not be indicated.)**	**Comments (Additional comments related to the condition.)**
Partial Tendon Rupture (Excluding Partial Rotator Cuff Tears)	No	• For a suspected partial tendon rupture of a specific named tendon not otherwise specified: ◦ MRI Shoulder without contrast (CPT®73221) **OR** ◦ US Shoulder (CPT®76881 or CPT® 76882)	MRI is *NOT* needed for muscle belly strains/ muscle tears.
Complete Rupture – Tear of a Specific Named Tendon	No	• For preoperative planning: ◦ MRI Shoulder without contrast (CPT®73221) **OR** ◦ US Shoulder (CPT®76881 or CPT® 76882)	
Shoulder Labral Tear (e.g., SLAP, ALPSA, HAGL)	Yes	• MRI Shoulder with contrast (arthrogram) (CPT®73222) **OR** • MRI Shoulder without contrast (CPT®73221) **OR** • CT Shoulder with contrast (arthrogram) (CPT®73201)	

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

After an initial plain x-ray has been obtained, and results are available to the provider, the following advanced imaging is indicated (as described in General Guidelines [MS-1.0])			
Condition (Individual's Condition)	**Conservative Treatment (Is failure of 6 weeks of provider-directed conservative treatment within the past 12 weeks with clinical re-evaluation required?) (Yes or No)**	**Advanced Imaging (The appropriate advanced imaging indicated for this condition. In some scenarios, advanced imaging may not be indicated.)**	**Comments (Additional comments related to the condition.)**
Shoulder Dislocation/ Subluxation/ Instability, or Bankart/ Hill-Sachs Lesions	Yes*	• Individuals 40 years of age or younger with a first time dislocation, and in individuals with recurrent dislocations, conservative treatment not required: ◦ MRI Shoulder with contrast (arthrogram) (CPT®73222) **OR** ◦ MRI Shoulder without contrast (CPT®73221) **OR** ◦ CT Shoulder with contrast (arthrogram) (CPT®73201) **OR** ◦ CT Shoulder without contrast (CPT®73200) if MRI is contraindicated	*Conservative treatment is required in individuals over age 40 with a first time dislocation.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

After an initial plain x-ray has been obtained, and results are available to the provider, the following advanced imaging is indicated (as described in General Guidelines [MS-1.0])			
Condition (Individual's Condition)	**Conservative Treatment (Is failure of 6 weeks of provider-directed conservative treatment within the past 12 weeks with clinical re-evaluation required?) (Yes or No)**	**Advanced Imaging (The appropriate advanced imaging indicated for this condition. In some scenarios, advanced imaging may not be indicated.)**	**Comments (Additional comments related to the condition.)**
Frozen Shoulder/ Adhesive Capsulitis	Yes	• MRI Shoulder without contrast (CPT® 73221)	
Avascular Necrosis (AVN) of the Humeral Head	No	• See: **AVN (MS-4.1)**	
Acromio-clavicular (AC) Separation	No	• MRI Shoulder without contrast (CPT® 73221) to rule out possible rotator cuff tear following AC separation	

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

After an initial plain x-ray has been obtained, and results are available to the provider, the following advanced imaging is indicated (as described in General Guidelines [MS-1.0])			
Condition (Individual's Condition)	**Conservative Treatment (Is failure of 6 weeks of provider-directed conservative treatment within the past 12 weeks with clinical re-evaluation required?) (Yes or No)**	**Advanced Imaging (The appropriate advanced imaging indicated for this condition. In some scenarios, advanced imaging may not be indicated.)**	**Comments (Additional comments related to the condition.)**
Sterno-clavicular (SC) Dislocation	No	• X-rays are **NOT** required • For evident or suspected sterno-clavicular dislocations:[24,25,26] ◦ CT Chest without contrast (CPT® 71250) **OR** CT Chest with contrast (CPT® 71260) ◦ MRI Chest without contrast (CPT® 71550) **OR** MRI Chest without and with contrast (CPT® 71552) for: ▪ Differentiating physeal injury from sternoclavicular dislocation in younger patients aged < 25 years[24] **OR** ▪ Planning for operative repair[26] • For proximal (medial) 1/3 fractures of the clavicle: ◦ CT Chest with contrast (CPT® 71260) **OR** CT Chest without contrast (CPT® 71250) **OR** ◦ MRI Chest without contrast (CPT® 71550) **OR** MRI Chest without and with contrast (CPT® 71552)	

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

After an initial plain x-ray has been obtained, and results are available to the provider, the following advanced imaging is indicated (as described in General Guidelines [MS-1.0])			
Condition (Individual's Condition)	**Conservative Treatment (Is failure of 6 weeks of provider-directed conservative treatment within the past 12 weeks with clinical re-evaluation required?) (Yes or No)**	**Advanced Imaging (The appropriate advanced imaging indicated for this condition. In some scenarios, advanced imaging may not be indicated.)**	**Comments (Additional comments related to the condition.)**
Post-Operative Shoulder Surgery for Impingement, Rotator Cuff Tear, and/or Labral Tear	Yes	• In symptomatic individuals: ◦ MRI Shoulder without contrast (CPT® 73221) **OR** ◦ MRI Shoulder with contrast (arthrogram) (CPT® 73222) • US Shoulder (CPT® 76881 or CPT® 76882) is also appropriate in symptomatic individuals following rotator cuff repair • CT Shoulder with contrast (arthrogram) (CPT® 73201) if MRI contraindicated	

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

After an initial plain x-ray has been obtained, and results are available to the provider, the following advanced imaging is indicated (as described in General Guidelines [MS-1.0])			
Condition (Individual's Condition)	**Conservative Treatment (Is failure of 6 weeks of provider-directed conservative treatment within the past 12 weeks with clinical re-evaluation required?) (Yes or No)**	**Advanced Imaging (The appropriate advanced imaging indicated for this condition. In some scenarios, advanced imaging may not be indicated.)**	**Comments (Additional comments related to the condition.)**
Post-Operative Shoulder (Glenohumeral) Replacement Surgery	No	• For suspected aseptic loosening or fracture as additional imaging following plain x-rays: ◦ CT Shoulder without contrast (CPT® 73200) **OR** ◦ MRI Shoulder without contrast (CPT® 73221) **OR** ◦ US Shoulder (CPT® 76881 or CPT® 76882) **OR** ◦ Bone scan (CPT® 78315) **OR** ◦ Distribution Of Radiopharmaceutical Agent SPECT (CPT® 78803 or CPT® 78831) **OR**	See also: **Post-Operative Joint Replacement (MS-16)**

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

After an initial plain x-ray has been obtained, and results are available to the provider, the following advanced imaging is indicated (as described in General Guidelines [MS-1.0])			
Condition (Individual's Condition)	**Conservative Treatment (Is failure of 6 weeks of provider-directed conservative treatment within the past 12 weeks with clinical re-evaluation required?) (Yes or No)**	**Advanced Imaging (The appropriate advanced imaging indicated for this condition. In some scenarios, advanced imaging may not be indicated.)**	**Comments (Additional comments related to the condition.)**
		◦ Hybrid SPECT/CT (CPT® 78830) • For suspected infection with negative or inconclusive joint aspiration culture: ◦ MRI Shoulder without contrast (CPT® 73321) **OR** ◦ MRI Shoulder without and with contrast (CPT® 73223) **OR** ◦ CT Shoulder with contrast (CPT® 73201) **OR** ◦ US Shoulder (CPT® 76881 or CPT® 76882) **OR** ◦ See also: **Nuclear Medicine (MS-28)** • For possible rotator cuff tear:	

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

After an initial plain x-ray has been obtained, and results are available to the provider, the following advanced imaging is indicated (as described in General Guidelines [MS-1.0])			
Condition (Individual's Condition)	**Conservative Treatment (Is failure of 6 weeks of provider-directed conservative treatment within the past 12 weeks with clinical re-evaluation required?) (Yes or No)**	**Advanced Imaging (The appropriate advanced imaging indicated for this condition. In some scenarios, advanced imaging may not be indicated.)**	**Comments (Additional comments related to the condition.)**
		◦ CT Shoulder with contrast (arthrogram) (CPT® 73201) **OR** ◦ MRI Shoulder without contrast (CPT® 73221) **OR** ◦ US Shoulder (CPT® 76881 or CPT® 76882) • For possible nerve injury: ◦ MRI Shoulder without contrast (CPT® 73221) **OR** ◦ US Shoulder (CPT® 76881 or CPT® 76882)	

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Evidence Discussion (MS-19)

v2.0.2025

For most patients with a shoulder complaint, a diagnosis can be made based on a detailed history, physical examination and plain radiographs. Advanced imaging is typically not necessary for the initial evaluation. Multiple articles have shown advanced imaging can often demonstrate abnormalities that have no relevance to the patient's symptoms. It has been reported that approximately 30 – 40 percent of middle-aged patients and an even higher percentage of older patients have asymptomatic rotator cuff and superior labral tears. Advanced imaging incidental findings can possibly lead to overtreatment with referral to specialists and possibly unnecessary surgery.

Plain x-rays are valuable as initial imaging as they can determine the necessity of advanced imaging, what specific advanced imaging study is warranted and if contrast is needed. As x-rays often have a larger field of view than MRI or CT, they have the potential to identify more proximal or distal pathology in an extremity. Initial plain x-rays for the evaluation of shoulder conditions are also recommended by the American College of Radiology Appropriate Use Criteria. It is also noteworthy that when MRI is necessary, radiographs are considered an essential, initial complementary study for the reading of musculoskeletal MRIs.

Treatment for many shoulder conditions does not rely on advanced imaging results and most patients will improve within a few weeks or months with conservative care. However, for some shoulder conditions (e.g., loose bodies, suspected full thickness rotator cuff tear when there is consideration for surgery, issues after shoulder replacement surgery), conservative care would not be necessary prior to advanced imaging.

In addition to overtreatment and possibly unnecessary surgery due to incidental findings, risks of advanced imaging include but are not limited to radiation exposure, implanted device complications, metallic foreign body complications, and contrast complications.

For many shoulder conditions, initial plain x-rays and an initial course of conservative care can provide a significant clinical benefit that would outweigh the clinical harm from perhaps briefly delaying advanced imaging if needed. A course of conservative care or plain x-ray findings many times may obviate the need for advanced imaging which possesses its own set of significant risks.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (MS-19)

v2.0.2025

1. Amini B, Beckmann NM, Beaman FD, et al. Expert Panel on Musculoskeletal Imaging. ACR Appropriateness Criteria® Shoulder Pain - Traumatic. *Am Coll Radiol (ACR);* Revised 2017. https://acsearch.acr.org/docs/69433/Narrative/.
2. Neviaser RJ, Neviaser TJ. Recurrent instability of the shoulder after age 40. *J Shoulder Elbow Surg.*1995;4(6):416-418.
3. Bradley M, Tung G, Green A. Overutilization of shoulder magnetic resonance imaging as a diagnostic screening tool in patients with chronic shoulder pain. *J Shoulder Elbow Surgery*. 2005;14(3):233-237. doi:10.1016/j.jse.2004.08.002.
4. Fongemie AE, Buss DD, and Rolnick SJ. Management of shoulder impingement syndrome and rotator cuff tears. *Am Fam Physician*. 1998;57(4):667-674. https://www.aafp.org/afp/1998/0215/p667.html.
5. Griffin LY. *Essentials of Musculoskeletal Care.* 3rd edition. Rosemont, IL: American Academy of Orthopaedic Surgeons; 2005:212.
6. Gyftopoulos S, Rosenberg ZS, Roberts CC, ET. Al. Expert Panel on Musculoskeletal Imaging. ACR Appropriateness Criteria® Imaging After Shoulder Arthroplasty. *Am Coll Radiol (ACR);* Date of Origin: 2016. https://acsearch.acr.org/docs/3097049/Narrative/.
7. Hovelius L, Olofsson A, Sandstrom B, et al. Nonoperative treatment of primary anterior shoulder dislocation in patients forty years of age and younger: a prospective twenty-five year follow-up. *J Bone Joint Surg.* 2008;90:945-52. doi:10.2106/JBJS.G.00070.
8. Lin A, Gasbarro G, Sakr M. Clinical Applications of Ultrasonography in the Shoulder and Elbow. *J Am Acad Orthop Surg*. 2018;26:303-312.
9. Magee T. 3-T MRI of the shoulder: is MR arthrography necessary? *AJR J Am Roentgenol.* 2009:192:86-92. doi:10.2214/AJR.08.1097.
10. Major NM, Browne J, Domzalski T, Cothran RL, Helms CA. Evaluation of the glenoid labrum with 3-T MRI: is intraarticular contrast necessary. *AJR Am J Roentgenol*. 2011;196:1139-1144. doi:10.2214/AJR.08.1734.
11. McDonald LS, Dewing CB, Shupe PG, et al. Disorders of the proximal and distal aspects of the biceps muscle. *J Bone Joint Surg*. 2013;95:1235-1245. doi:10.2106/JBJS.L.00221.
12. Petersen SA, Murphy TP. The timing of rotator cuff repair for the restoration of function. *Journal of Shoulder and Elbow Surgery*. 2011;20(1):62-68. doi:10.1016/j.jse.2010.04.045.
13. Rehman A , Robinson P. Sonographic evaluation of injuries of the pectoralis muscles. *AJR* Am J Roentgenol. 2005;184:1205-1211. doi:10.2214/ajr.184.4.01841205.
14. Small KM, Adler RS, Shah SH, et al. Expert Panel on Musculoskeletal Imaging. ACR Appropriateness Criteria® Shoulder Pain - Atraumatic. *Am Coll Radiol (ACR);* New 2018. https://acsearch.acr.org/docs/3101482/Narrative/.
15. Steinbach LS, Chung CB, Yoshioka H. Technical Considerations for MRI of Upper Extremity Joints. In: Chung CB, Steinbach LS, eds. *MRI of the Upper Extremity Shoulder, Elbow, Wrist and Hand* Philadelphia, PA: Lippincott Williams & Wilkins 2010:211.
16. Streubel PN, Krych AJ, Simone JP, et al. Anterior glenohumeral instability: a pathology-based surgical treatment strategy. *J Am Acad Orthop Surg*. 2014;22:283-294. doi:10.5435/JAAOS-22-05-283.
17. Werner BC, Brockmeier SF, and Miller MD. Etiology, diagnosis, and management of failed SLAP repair. *J Am Acad Orthop Surg*. 2014;22(9):554-565. doi:10.5435/JAAOS-22-09-554.
18. Woodward TW and Best TM. The painful shoulder: Part II. Acute and chronic disorders. *Am Fam Physician*. 2000;61(11):3291-3300. https://www.aafp.org/afp/2000/0601/p3291.html.
19. Zappia M, Di Pietto F, Aliprandi A, et al. Multi-modal imaging of adhesive capsulitis of the shoulder. *Insights Imaging*. 2016;7:365-371.
20. Frankle MA, Teramoto A, Luo Z-P, Levy JC, Pupello D. Glenoid morphology in reverse shoulder arthroplasty: Classification and surgical implications. *Journal of Shoulder and Elbow Surgery*. 2009;18(6):874-885. doi:10.1016/j.jse.2009.02.013.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

21. Beaman FD, von Herrmann PF, Kransdorf MJ, et. al. Expert Panel on Musculoskeletal Imaging. ACR Appropriateness Criteria® Suspected osteomyelitis, septic arthritis, or soft tissue infection (excluding spine and diabetic foot). *Am Coll Radiol (ACR)*; Date of Origin: 2016. Revised: 2022.
22. Kowalczuk M, Elmaraghy A. Pectoralis major rupture: Evaluation and management. *J Am Acad Orthop Surg*. 2022;30:e617-e627. doi:10.5435/JAAOS-D-21-00541.
23. Fritz J, Meshram P, Stern SE, Fritz B, Srikumaran U, McFarland EG. Diagnostic performance of advanced metal artifact reduction MRI for periprosthetic shoulder infection. *J Bone Joint Surg Am*. 2022;104:1352-1361. doi:10.2106/JBJS.21.00912.
24. Edwin J, Ahmed S, Verma S, Tytherleigh-Strong G, Karuppaiah K, Sinha J. Swellings of the sternoclavicular joint: review of traumatic and non-traumatic pathologies. *EFORT Open Rev*. 2018 Aug 25;3(8):471-484. doi: 10.1302/2058-5241.3.170078. PMID: 30237905; PMCID: PMC6134883.
25. Morell DJ, Thyagarajan DS. Sternoclavicular joint dislocation and its management: A review of the literature. *World J Orthop*. 2016 Apr 18;7(4):244-50. doi: 10.5312/wjo.v7.i4.244. PMID: 27114931; PMCID: PMC4832225.
26. Garcia JA, Arguello AM, Momaya AM, Ponce BA. Sternoclavicular Joint Instability: Symptoms, Diagnosis And Management. *Orthop Res Rev*. 2020;12:75-87. Published 2020 Jul 28. doi:10.2147/ORR.S170964.
27. Pompan DC. Appropriate use of MRI for evaluating common musculoskeletal conditions. *Am Fam Physician*. 2011;83(8):883-4.
28. Sher JS, Uribe JW, Posada A, Murphy BJ, Zlatkin MB. Abnormal findings on magnetic resonance images of asymptomatic shoulders. *J Bone Joint Surg Am*. 1995;77(1):10-15.
29. Yamaguchi K, Ditsios K, Middleton WD, Hildebolt CF, Galatz LM, Teefey SA. The demographic and morphological features of rotator cuff disease. A comparison of asymptomatic and symptomatic shoulders. *J Bone Joint Surg Am*. 2006;88(8):1699-1704.
30. Schwartzberg R, Reuss BL, Burkhart BG, Butterfield M, Wu JY, McLean KW. High Prevalence of Superior Labral Tears Diagnosed by MRI in Middle-Aged Patients With Asymptomatic Shoulders. *Orthop J Sports Med*. 2016 Jan 5;4(1):2325967115623212. doi: 10.1177/2325967115623212. PMID: 26779556; PMCID: PMC4710128.
31. Taljanovic MS, Hunter TB, Fitzpatrick KA, Krupinski EA, Pope TL. Musculoskeletal magnetic resonance imaging: importance of radiography. *Skeletal Radiol*. 2003;32(7):403-11.
32. Burbank KM, Stevenson JH, Czarnecki GR, Dorfman J. Chronic shoulder pain: part I. Evaluation and diagnosis. *Am Fam Physician*. 2008;77(4):453-60.
33. Nacey N, Fox MG, Blankenbaker DG, et al. ACR Appropriateness Criteria® Chronic Shoulder Pain. Available at https://acsearch.acr.org/docs/3101482/Narrative/. American College of Radiology. Revised 2022.
34. Watson RE, Yu L. Safety Considerations in MRI and CT. *Continuum (Minneap Minn)*. 2023;29(1):27-53.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Elbow (MS-20)

Guideline

Elbow (MS-20)
Evidence Discussion (MS-20)
References (MS-20)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Elbow (MS-20)

MS.EB.0020.A
v2.0.2025

After an initial plain x-ray has been obtained, and results are available to the provider, the following advanced imaging is indicated (as described in General Guidelines [MS-1.0])			
Condition (Individual's condition)	**Conservative Treatment (Is failure of 6 weeks of provider-directed conservative treatment within the past 12 weeks with clinical re-evaluation required?) (Yes or No)**	**Advanced Imaging (The appropriate advanced imaging indicated for this condition. In some scenarios, advanced imaging may not be indicated.)**	**Comments (Additional comments related to the condition.)**
General Elbow Pain	Yes	• MRI Elbow without contrast (CPT® 73221) **OR** • US Elbow (CPT® 76881 or CPT® 76882)	
Symptomatic Loose Bodies	No	• MRI Elbow without contrast (CPT® 73221) **OR** • MRI Elbow with contrast (arthrogram) (CPT® 73222) **OR** • CT Elbow without contrast (CPT® 73200) **OR** • CT Elbow with contrast (arthrogram) (CPT® 73201)	
Tendonitis	Yes	• MRI Elbow without contrast (CPT® 73221) **OR** • US Elbow (CPT® 76881 or CPT® 76882)	
Bursitis	Yes	• MRI Elbow without and with contrast (CPT® 73223) **OR** • MRI Elbow without contrast (CPT® 73221) **OR** • US Elbow (CPT® 76881 or CPT® 76882)	

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

After an initial plain x-ray has been obtained, and results are available to the provider, the following advanced imaging is indicated (as described in General Guidelines [MS-1.0])			
Condition (Individual's condition)	**Conservative Treatment (Is failure of 6 weeks of provider-directed conservative treatment within the past 12 weeks with clinical re-evaluation required?) (Yes or No)**	**Advanced Imaging (The appropriate advanced imaging indicated for this condition. In some scenarios, advanced imaging may not be indicated.)**	**Comments (Additional comments related to the condition.)**
Lateral (tennis elbow) or Medial (golfer's elbow) Epicondylitis	Yes	• To confirm clinical diagnosis of epicondylitis if symptoms persist for longer than 6 months despite at least 6 weeks conservative treatment in the last 3 months: ◦ MRI Elbow without contrast (CPT® 73221) **OR** ◦ US Elbow (CPT® 76881 or CPT® 76882)	Epicondylitis, caused by tendon degeneration and tear of the common extensor tendon laterally or of the common flexor tendon medially, is a common clinical diagnosis for which imaging is not medically necessary except as noted.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

After an initial plain x-ray has been obtained, and results are available to the provider, the following advanced imaging is indicated (as described in General Guidelines [MS-1.0])			
Condition (Individual's condition)	**Conservative Treatment (Is failure of 6 weeks of provider-directed conservative treatment within the past 12 weeks with clinical re-evaluation required?) (Yes or No)**	**Advanced Imaging (The appropriate advanced imaging indicated for this condition. In some scenarios, advanced imaging may not be indicated.)**	**Comments (Additional comments related to the condition.)**
Suspected Osteochondral Injury	No	• If plain x-rays are negative and an osteochondral fracture is still suspected: ◦ MRI Elbow without contrast (CPT® 73221) **OR** ◦ MRI Elbow with contrast (arthrogram) (CPT® 73222) **OR** ◦ CT Elbow without contrast (CPT® 73200) **OR** ◦ CT Elbow with contrast (arthrogram) (CPT® 73201)	See: **Chondral/ Osteochondral Lesions (MS-13** for other osteochondral injury scenarios
Ruptured Biceps Insertion at Elbow	No	• When clinical exam is inconclusive or for preoperative planning: ◦ MRI Elbow without contrast (CPT® 73221) **OR** ◦ US Elbow (CPT® 76881 or CPT® 76882)	

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

After an initial plain x-ray has been obtained, and results are available to the provider, the following advanced imaging is indicated (as described in General Guidelines [MS-1.0])			
Condition (Individual's condition)	**Conservative Treatment (Is failure of 6 weeks of provider-directed conservative treatment within the past 12 weeks with clinical re-evaluation required?) (Yes or No)**	**Advanced Imaging (The appropriate advanced imaging indicated for this condition. In some scenarios, advanced imaging may not be indicated.)**	**Comments (Additional comments related to the condition.)**
Ruptured Triceps Insertion at Elbow	No	• When clinical exam is inconclusive or for preoperative planning: ◦ MRI Elbow without contrast (CPT® 73221) **OR** ◦ US Elbow (CPT® 76881 or CPT® 76882)	
Partial Tendon Rupture	No	• For a suspected partial tendon rupture of a specific named tendon not otherwise specified: ◦ MRI Elbow without contrast (CPT® 73221) **OR** ◦ US Elbow (CPT® 76881 or CPT® 76882)	MRI is *NOT* needed for muscle belly strains/muscle tears.
Complete Rupture – Tear of a Specific Named Tendon	No	• For preoperative planning: ◦ MRI Elbow without contrast (CPT® 73221) **OR** ◦ US Elbow (CPT® 76881 or CPT® 76882)	

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

After an initial plain x-ray has been obtained, and results are available to the provider, the following advanced imaging is indicated (as described in General Guidelines [MS-1.0])			
Condition (Individual's condition)	**Conservative Treatment (Is failure of 6 weeks of provider-directed conservative treatment within the past 12 weeks with clinical re-evaluation required?) (Yes or No)**	**Advanced Imaging (The appropriate advanced imaging indicated for this condition. In some scenarios, advanced imaging may not be indicated.)**	**Comments (Additional comments related to the condition.)**
Trauma	No	• When surgery is being considered: ◦ MRI Elbow without contrast (CPT® 73221) **OR** ◦ CT Elbow without contrast (CPT® 73200)	
Ulnar Collateral Ligament (UCL) Tear	No	• Following acute or repetitive (including overhead throwing athletes) elbow trauma: ◦ MRI Elbow with contrast (arthrogram) (CPT® 73222) **OR** ◦ MRI Elbow without contrast (CPT® 73221) **OR** ◦ US Elbow (CPT® 76881 or CPT® 76882) **OR** ◦ CT Elbow with contrast (arthrogram) (CPT® 73201)	
Suspected Nerve Abnormality	NA	• This condition is imaged according to the criteria found in the Peripheral Nerve and Neuromuscular Disorders Guidelines. See: **Focal Neuropathy (PN-2)** in the Peripheral Nerve and Neuromuscular Disorders Imaging Guidelines	

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

After an initial plain x-ray has been obtained, and results are available to the provider, the following advanced imaging is indicated (as described in General Guidelines [MS-1.0])			
Condition (Individual's condition)	**Conservative Treatment (Is failure of 6 weeks of provider-directed conservative treatment within the past 12 weeks with clinical re-evaluation required?) (Yes or No)**	**Advanced Imaging (The appropriate advanced imaging indicated for this condition. In some scenarios, advanced imaging may not be indicated.)**	**Comments (Additional comments related to the condition.)**
Post-Operative	Yes	• CT Elbow without contrast (CPT® 73200) in symptomatic post-operative individuals following surgical treatment of complex fractures **OR** • MRI Elbow without contrast (CPT® 73221) in symptomatic post-operative individuals following soft-tissue surgery	

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

After an initial plain x-ray has been obtained, and results are available to the provider, the following advanced imaging is indicated (as described in General Guidelines [MS-1.0])			
Condition (Individual's condition)	**Conservative Treatment (Is failure of 6 weeks of provider-directed conservative treatment within the past 12 weeks with clinical re-evaluation required?) (Yes or No)**	**Advanced Imaging (The appropriate advanced imaging indicated for this condition. In some scenarios, advanced imaging may not be indicated.)**	**Comments (Additional comments related to the condition.)**
Post-Operative Elbow Replacement Surgery	No	• For suspected aseptic loosening or periprosthetic fracture when recent plain x-ray is nondiagnostic: ◦ CT Elbow without contrast (CPT® 73200) **OR** ◦ Bone scan (CPT® 78315) **OR** ◦ Distribution Of Radiopharmaceutical Agent SPECT (CPT® 78803 or 78831) **OR** ◦ Hybrid SPECT/CT (CPT® 78830) • For suspected infection with negative or inconclusive joint aspiration culture: ◦ MRI Elbow without contrast (CPT® 73221) **OR** ◦ MRI Elbow without and with contrast (CPT® 73223) **OR** ◦ CT Elbow with contrast (CPT® 73201) **OR** ◦ US Elbow (CPT® 76881 or CPT® 76882) **OR** ◦ See also: **Nuclear Medicine (MS-28)**	

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Evidence Discussion (MS-20)

v2.0.2025

A diagnosis for the vast majority of elbow conditions can be made based on a detailed history, physical examination and plain x-rays. Advanced imaging is typically not necessary for the initial evaluation. Multiple articles have shown advanced imaging can often demonstrate elbow abnormalities in asymptomatic patients and that the prevalence of asymptomatic abnormalities increases with age. Advanced imaging incidental findings can possibly lead to overtreatment with referral to specialists and possibly unnecessary surgery.

Plain x-rays are valuable as initial imaging as they can determine the necessity of advanced imaging, what specific advanced imaging study is warranted and if contrast is needed. As x-rays often have a larger field of view than MRI or CT, they have the potential to identify more proximal or distal pathology in an extremity. Initial plain x-rays for the evaluation of elbow conditions are supported in the literature. It is also noteworthy that when MRI is necessary, radiographs are considered an essential, initial complementary study for the reading of musculoskeletal MRIs.

Treatment for many elbow conditions does not rely on advanced imaging results and most patients will improve within a few weeks or months with conservative care. Lateral epicondylitis may take 6 months or longer to improve, however, advanced imaging rarely is needed to make the diagnosis or play a role in treatment decision making. However, for some elbow conditions (e.g. loose bodies, suspected tendon or ligament tears, issues after elbow replacement surgery), conservative care would not be necessary prior to advanced imaging.

In addition to overtreatment and possibly unnecessary surgery due to incidental findings, risks of advanced imaging include but are not limited to radiation exposure, implanted device complications, metallic foreign body complications and contrast complications.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

References (MS-20)

v2.0.2025

1. McDonald LS, Dewing CB, Shupe PG, et al. Disorders of the proximal and distal aspects of the biceps muscle. *J Bone Joint Surg*. 2013;95:1235-1245. doi:10.2106/JBJS.L.00221.
2. Torp-Pedersen TE, Torp-Pedersen ST, Qvistgaard E, et al. Effect of glucocorticosteroid injections in tennis elbow verified on colour Doppler ultrasonography: evidence of inflammation. *Br J Sports Med*. 2008;42(12):978-982. doi:10.1136/bjsm.2007.041285.
3. Johnson GW, Cadwallader K, Scheffel SB, et al.Treatment of lateral epicondylitis. *Am Fam Physician*. 2007;76(6):843-848. https://www.aafp.org/afp/2007/0915/p843.html .
4. Griffin LY. *Essentials of Musculoskeletal Care*. 3rd edition. Rosemont, IL: American Academy of Orthopaedic Surgeons; 2005:279-280.
5. Thomas JM, Chang, EY, Ha AS, et al. ACR Appropriateness Criteria® Chronic Elbow Pain. Available at https://acsearch.acr.org/docs/69423/Narrative/. American College of Radiology. Revised 2022.
6. Bruce JR, Andrews JR. Ulnar collateral ligament injuries in the throwing athlete. *J Am Acad Orthop Surg*. 2014;22:315-325.
7. Beltran J, Rosenberg ZS. Diagnosis of compressive and entrapment neuropathies of the upper extremity: value of MR imaging. *AJR Am J Roentgenol*. 1994;163(3):525-531. doi:10.2214/ajr.163.3.8079837.
8. Lin A, Gasbarro G, Sakr M. Clinical Applications of Ultrasonography in the Shoulder and Elbow. *J Am Acad Orthop Surg*. 2018;26:303-312.
9. Stanborough RO, Wessell DE, Elhassan BT, Schoch BS. MRI of the elbow: Interpretation of common orthopaedic injuries. *J Am Acad Orthop Surg*. 2022;30:e573-e583. doi:10.5435/JAAOS-D-21-00193.
10. Beaman FD, von Herrmann PF, Kransdorf MJ, et. al. Expert Panel on Musculoskeletal Imaging. ACR Appropriateness Criteria® Suspected Osteomyelitis, Septic Arthritis, or Soft Tissue Infection (Excluding Spine and Diabetic Foot). *Am Coll Radiol (ACR)*; Date of Origin: 2016. Revised: 2022. https://acsearch.acr.org/docs/3094201/Narrative/.
11. Javed M, Mustafa S, Boyle S, Scott F. Elbow pain: a guide to assessment and management in primary care. *Br J Gen Pract*. 2015 Nov;65(640):610-2.
12. Kane SF, Lynch JH, Taylor JC. Evaluation of elbow pain in adults. *Am Fam Physician*. 2014 Apr 15;89(8):649-57.
13. Pompan DC. Appropriate use of MRI for evaluating common musculoskeletal conditions. *Am Fam Physician*. 2011 Apr 15;83(8):883-4.
14. Bastian SA, Rahmi H, Crues J, Bhanu S, Blout C, Rangarajan R, Lee B, Itamura J. Variations of magnetic resonance imaging findings in asymptomatic elbows. *J Shoulder Elbow Surg*. 2019 Jun;28(6S):S154-S160.
15. Garcia GH, Gowd AK, Cabarcas BC, Liu JN, Meyer JR, White GM, Romeo AA, Verma NN. Magnetic Resonance Imaging Findings of the Asymptomatic Elbow Predict Injuries and Surgery in Major League Baseball Pitchers. *Orthop J Sports Med*. 2019 Jan 29;7(1)
16. Husarik DB, Saupe N, Pfirrmann CW, Jost B, Hodler J, Zanetti M. Ligaments and plicae of the elbow: normal MR imaging variability in 60 asymptomatic subjects. *Radiology*. 2010;257(1):185-194. doi:10.1148/radiol.10092163
17. Paluch AJ, Burden EG, Batten TJ, Knight B, Anaspure R, Aboelmagd S, Evans JP, Smith CD. Defining tennis elbow characteristics - The assessment of magnetic resonance imaging defined tendon pathology in an asymptomatic population. *Shoulder Elbow*. 2024 Apr;16(2):206-213.
18. Taljanovic MS, Hunter TB, Fitzpatrick KA, Krupinski EA, Pope TL. Musculoskeletal magnetic resonance imaging: importance of radiography. *Skeletal Radiol*. 2003 Jul;32(7):403-11.
19. Johnson GW, Cadwallader K, Scheffel SB, Epperly TD. Treatment of lateral epicondylitis. *Am Fam Physician*. 2007 Sep 15;76(6):843-8.
20. Watson RE, Yu L. Safety Considerations in MRI and CT. *Continuum (Minneap Minn)*. 2023 Feb 1; 29(1):27-53.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Wrist (MS-21)

Guideline

Wrist (MS-21)
Evidence Discussion (MS-21)
References (MS-21)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Wrist (MS-21)

MS.WR.0021.A
v2.0.2025

After an initial plain x-ray has been obtained, and results are available to the provider, the following advanced imaging is indicated (as described in General Guidelines [MS-1.0])			
Condition (Individual's condition)	**Conservative Treatment (Is failure of 6 weeks of provider-directed conservative treatment within the past 12 weeks with clinical re-evaluation required?) (Yes or No)**	**Advanced Imaging (The appropriate advanced imaging indicated for this condition. In some scenarios, advanced imaging may not be indicated.)**	**Comments (Additional comments related to the condition.)**
General Wrist Pain	Yes	• MRI Wrist without contrast (CPT® 73221) **OR** • MR Wrist with contrast (arthrogram) (CPT® 73222)[2] **OR** • CT Wrist with contrast (arthrogram) (CPT® 73201)[2] **OR** • CT Wrist without contrast (CPT® 73700)[2] **OR** • US Wrist (CPT® 76881 or CPT® 76882)	
Tendonitis	Yes	• MRI Wrist without contrast (CPT® 73221) **OR** • MRI Wrist without and with contrast (CPT® 73220)[2] **OR** • US Wrist (CPT® 76881 or CPT® 76882)	

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

After an initial plain x-ray has been obtained, and results are available to the provider, the following advanced imaging is indicated (as described in General Guidelines [MS-1.0])			
Condition (Individual's condition)	**Conservative Treatment (Is failure of 6 weeks of provider-directed conservative treatment within the past 12 weeks with clinical re-evaluation required?) (Yes or No)**	**Advanced Imaging (The appropriate advanced imaging indicated for this condition. In some scenarios, advanced imaging may not be indicated.)**	**Comments (Additional comments related to the condition.)**
Kienbock's Disease (Avascular Necrosis (AVN) of the Lunate)/ Preiser's Disease (Avascular Necrosis (AVN) of the Scaphoid)	No	See **AVN (MS-4.1)**	
Suspected Navicular/ Scaphoid Fracture	No	When suspected based on history and physical exam, advanced imaging guided by: **Suspected Occult/ Stress/ Insufficiency Fracture/ Stress Reaction and Shin Splints (MS-5.2)**	

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

After an initial plain x-ray has been obtained, and results are available to the provider, the following advanced imaging is indicated (as described in General Guidelines [MS-1.0])			
Condition (Individual's condition)	**Conservative Treatment (Is failure of 6 weeks of provider-directed conservative treatment within the past 12 weeks with clinical re-evaluation required?) (Yes or No)**	**Advanced Imaging (The appropriate advanced imaging indicated for this condition. In some scenarios, advanced imaging may not be indicated.)**	**Comments (Additional comments related to the condition.)**
Distal Radioulnar Joint (DRUJ) Instability	No	• CT of both wrists without contrast (CPT® 73200) (should include wrists in supination and pronation)	
Complex Distal Radius/ Ulna Fracture	No	• CT Wrist without contrast (CPT® 73200)	
Carpal Tunnel Syndrome/ Ulnar Tunnel Syndrome	NA	• This condition is imaged according to the criteria found in the Peripheral Nerve and Neuromuscular Disorders Guidelines. See **Focal Neuropathy (PN-2)** in the Peripheral Nerve and Neuromuscular Disorders Imaging Guidelines	
Intrinsic Ligament (e.g. scapholunate)/ Triangular Fibrocartilage Complex (TFCC) Injuries	Yes	• MRI Wrist with contrast (arthrogram) (CPT® 73222) **OR** • CT Wrist with contrast (arthrogram) (CPT® 73201)	

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

After an initial plain x-ray has been obtained, and results are available to the provider, the following advanced imaging is indicated (as described in General Guidelines [MS-1.0])			
Condition (Individual's condition)	**Conservative Treatment (Is failure of 6 weeks of provider-directed conservative treatment within the past 12 weeks with clinical re-evaluation required?) (Yes or No)**	**Advanced Imaging (The appropriate advanced imaging indicated for this condition. In some scenarios, advanced imaging may not be indicated.)**	**Comments (Additional comments related to the condition.)**
Complete Rupture - Tear of a Specific Named Tendon	No	• For preoperative planning: ◦ MRI Wrist without contrast (CPT® 73221) **OR** ◦ MRI Wrist without and with contrast (CPT® 73220)[2] **OR** ◦ US Wrist (CPT® 76881 or CPT® 76882)	
Partial Tendon Rupture	No	• For a suspected partial tendon rupture of a specific named tendon not otherwise specified: ◦ MRI Wrist without contrast (CPT® 73221) **OR** ◦ MRI Wrist without and with contrast (CPT® 73220)[2] **OR** ◦ US Wrist (CPT® 76881 or CPT® 76882)	MRI is **NOT** needed for muscle belly strains/muscle tears.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

After an initial plain x-ray has been obtained, and results are available to the provider, the following advanced imaging is indicated (as described in General Guidelines [MS-1.0])			
Condition (Individual's condition)	**Conservative Treatment (Is failure of 6 weeks of provider-directed conservative treatment within the past 12 weeks with clinical re-evaluation required?) (Yes or No)**	**Advanced Imaging (The appropriate advanced imaging indicated for this condition. In some scenarios, advanced imaging may not be indicated.)**	**Comments (Additional comments related to the condition.)**
Post-Operative	Yes	• CT Wrist without contrast (CPT® 73200) in symptomatic individuals following surgery for navicular/scaphoid fractures and complex distal radius/ulna fractures **OR** • MRI Wrist with contrast (arthrogram) (CPT® 73222) in symptomatic individuals following DRUJ or TFCC surgery	

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

After an initial plain x-ray has been obtained, and results are available to the provider, the following advanced imaging is indicated (as described in General Guidelines [MS-1.0])			
Condition (Individual's condition)	**Conservative Treatment (Is failure of 6 weeks of provider-directed conservative treatment within the past 12 weeks with clinical re-evaluation required?) (Yes or No)**	**Advanced Imaging (The appropriate advanced imaging indicated for this condition. In some scenarios, advanced imaging may not be indicated.)**	**Comments (Additional comments related to the condition.)**
Post-Operative Wrist Replacement Surgery	No	• For suspected aseptic loosening or periprosthetic fracture when recent plain x-ray is nondiagnostic: ◦ CT Wrist without contrast (CPT® 73200) **OR** ◦ Bone scan (CPT® 78315, 78300, or 78306) **OR** ◦ Distribution Of Radiopharmaceutical Agent SPECT (CPT® 78803 or CPT® 78831) **OR** ◦ Hybrid SPECT/CT (CPT® 78830) • For suspected infection with negative or inconclusive joint aspiration culture: ◦ MRI Wrist without contrast (CPT® 73221) **OR** ◦ MRI Wrist without and with contrast (CPT® 73223) **OR** ◦ CT Wrist with contrast (CPT® 73201) **OR** ◦ US Wrist (CPT® 76881 or CPT® 76882) **OR** ◦ See also: **Nuclear Medicine (MS-28)**	

One Study/Area Only

In hand and wrist advanced imaging, studies are frequently ordered of both areas. This is unnecessary since wrist MRI will image from above the wrist to the mid-metacarpal area. **Only one** CPT® code should be reported.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Evidence Discussion (MS-21)

v2.0.2025

For the vast majority of wrist conditions, a diagnosis can be made based on a detailed history, physical examination and plain radiographs. Advanced imaging is typically not necessary for the initial evaluation. Multiple articles have shown advanced imaging can often demonstrate wrist abnormalities in asymptomatic patients and that the prevalence of asymptomatic abnormalities increases with age. Iordache, et. al. concluded the prevalence of incidental TFCC findings in MRI scans of asymptomatic subjects is high. Also concluded was the presence of an abnormal TFCC on MRI may be of questionable clinical meaning, because there is a high incidence of TFCC abnormalities in asymptomatic subjects, particularly those over the age of 50. Advanced imaging incidental findings can possibly lead to overtreatment with referral to specialists and possibly unnecessary surgery.

Plain x-rays are valuable as initial imaging as they can determine the necessity of advanced imaging, what specific advanced imaging study is warranted and if contrast is needed. As x-rays often have a larger field of view than MRI or CT, they have the potential to identify more proximal or distal pathology in an extremity. Initial plain x-rays for the evaluation of wrist conditions are supported in the literature. The American College of Radiology Appropriate Use Criteria also recommends initial plain x-rays prior to advanced imaging for both chronic wrist pain and acute wrist trauma. It is also noteworthy that when MRI is necessary, radiographs are considered an essential, initial complementary study for the reading of musculoskeletal MRIs.

Treatment for many wrist conditions does not rely on advanced imaging results and many patients will improve within a few weeks or months with conservative care. However, for some wrist conditions (e.g. suspected tendon tears, suspected scaphoid fracture, issues after wrist replacement surgery), conservative care would not be necessary prior to advanced imaging.

In addition to overtreatment and possibly unnecessary surgery due to incidental findings, risks of advanced imaging include but are not limited to radiation exposure, implanted device complications, metallic foreign body complications and contrast complications.

For many wrist conditions, initial plain x-rays and an initial course of conservative care can provide a significant clinical benefit that would outweigh the clinical harm from perhaps briefly delaying advanced imaging if needed. A course of conservative care or plain x-ray findings many times may obviate the need for advanced imaging which possess their own set of significant risks.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (MS-21)

v2.0.2025

1. Torabi M, Lenchik L, Beaman FD, et. al. Expert Panel on Musculoskeletal Imaging. ACR Appropriateness Criteria® Acute Hand and Wrist Trauma. *Am Coll Radiol (ACR);* Date of Origin: 1995. Revised: 2018. https://acsearch.acr.org/docs/69418/Narrative/.
2. Stensby, JD, Fox MG, Nacey N, et al. ACR Appropriateness Criteria® Chronic Hand and Wrist Pain. Available at https://acsearch.acr.org/docs/69427/Narrative/. American College of Radiology. Revised 2023.
3. Hayter CL, Gold SL, Potter HG. Magnetic resonance imaging of the wrist: bone and cartilage injury. *J Magn Reson Imaging*. 2013;37(5):1005-19. doi:10.1002/jmri.23845.
4. Pruitt DL, Gilula LA, Manske PR, et al. Computed tomography scanning with image reconstruction in evaluation of distal radius fractures. *J Hand Surg Am*.1994;19(5):720-727. doi:10.1016/0363-5023(94)90174-0.
5. Magee T. Comparison of 3-T MRI and arthroscopy of intrinsic wrist ligament and TFCC tears. *AJR Am J Roentgenol*. 2009:192:80-85. doi:10.2214/AJR.08.1089.
6. Lee RK, Ng AW, Tong CS, et al. Intrinsic ligament and triangular fibrocartilage complex tears of the wrist: comparison of MDCT arthrography, conventional 3-T MRI, and MR arthrography. *Skeletal Radiol.* 2013;42:1277-85. doi:10.1007/s00256-013-1666-8.
7. Pahwa S, Srivastava DN, Sharma R, et al. Comparison of conventional MRI and MR arthrography in the evaluation wrist ligament tears: A preliminary experience. *Indian J Radiol Imaging.* 2014;3:259-67. doi:10.4103/0971-3026.137038.
8. Beaman FD, von Herrmann PF, Kransdorf MJ, et. al. Expert Panel on Musculoskeletal Imaging. ACR Appropriateness Criteria® Suspected Osteomyelitis, Septic Arthritis, or Soft Tissue Infection (Excluding Spine and Diabetic Foot). *Am Coll Radiol (ACR)*; Date of Origin: 2016. Revised: 2022. https://acsearch.acr.org/docs/3094201/Narrative/.
9. Forman TA, Forman SK, Rose NE. A clinical approach to diagnosing wrist pain. *Am Fam Physician*. 2005 Nov 1;72(9):1753-8.
10. Shehab R, Mirabelli MH. Evaluation and diagnosis of wrist pain: a case-based approach. *Am Fam Physician*. 2013 Apr 15;87(8):568-73. Erratum in: *Am Fam Physician*. 2013 Oct 1;88(7):427.
11. Hansford, Barry G. MD. Multimodality Pitfalls of Wrist Imaging With a Focus on Magnetic Resonance Imaging: What the Radiologist Needs to Know. *Top Magn Reson Imaging*.2020: 29(5):263-272. doi:10.1097/RMR.0000000000000254.
12. Portnoff B, Casey JC, Thirumavalavan J, Abbott E, North R, Gil JA. Prevalence of asymptomatic TFCC tears on MRI: A systematic review. *Hand Surg Rehabil*. 2024 Mar 15:101684.
13. Pompan DC. Appropriate use of MRI for evaluating common musculoskeletal conditions. *Am Fam Physician*. 2011 Apr 15;83(8):883-4.
14. Watson RE, Yu L. Safety Considerations in MRI and CT. *Continuum (Minneap Minn)*. 2023 Feb 1;29(1):27-53.
15. Chan JJ, Teunis T, Ring D. Prevalence of triangular fibrocartilage complex abnormalities regardless of symptoms rise with age: systematic review and pooled analysis. *Clin Orthop Relat Res*. 2014 Dec;472(12):3987-94.
16. Iordache SD, Rowan R, Garvin GJ, Osman S, Grewal R, Faber KJ. Prevalence of triangular fibrocartilage complex abnormalities on MRI scans of asymptomatic wrists. *J Hand Surg Am*. 2012 Jan;37(1):98-103.
17. Taljanovic MS, Hunter TB, Fitzpatrick KA, Krupinski EA, Pope TL. Musculoskeletal magnetic resonance imaging: importance of radiography. *Skeletal Radiol*. 2003 Jul;32(7):403-11.
18. Peters-Veluthamaningal C, Winters JC, Groenier KH, Meyboom-DeJong B. Randomised controlled trial of local corticosteroid injections for de Quervain's tenosynovitis in general practice. *BMC Musculoskelet Disord*. 2009;10:131. Published 2009 Oct 27. doi:10.1186/1471-2474-10-131.
19. Adams JE, Habbu R. Tendinopathies of the Hand and Wrist [published correction appears in *J Am Acad Orthop Surg*. 2016 Feb;24(2):123]. *J Am Acad Orthop Surg*. 2015;23(12):741-750. doi:10.5435/JAAOS-D-14-00216.
20. Jawed A, Ansari MT, Gupta V. TFCC injuries: How we treat? *J Clin Orthop Trauma*. 2020 Jul-Aug;11(4):570-579.
21. Michelotti BF, Mathews A, Chung KC. Appropriateness of the Use of Magnetic Resonance Imaging in the Diagnosis and Treatment of Wrist Soft Tissue Injury. *Plast Reconstr Surg*. 2018 Feb;141(2):410-419.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Hand (MS-22)

Guideline

Hand (MS-22)
Evidence Discussion (MS-22)
References (MS-22)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Hand (MS-22)

MS.HA.0022.A
v2.0.2025

After an initial plain x-ray has been obtained, and results are available to the provider, the following advanced imaging is indicated (as described in General Guidelines [MS-1.0])			
Condition (Individual's condition)	**Conservative Treatment (Is failure of 6 weeks of provider-directed conservative treatment within the past 12 weeks with clinical re-evaluation required?) (Yes or No)**	**Advanced Imaging (The appropriate advanced imaging indicated for this condition. In some scenarios, advanced imaging may not be indicated.)**	**Comments (Additional comments related to the condition.)**
General Hand Pain	Yes	• MRI Hand or Finger without contrast (CPT® 73218) **OR** • MRI Hand or Finger without and with contrast (CPT® 73220)[3] **OR** • US Hand (CPT® 76881 or CPT® 76882)	
Tendonitis	Yes	• MRI Hand or Finger without contrast (CPT® 73218) **OR** • MRI Hand or Finger without and with contrast (CPT® 73220)[3] **OR** • US Hand or Finger (CPT® 76881 or CPT® 76882)	
Occult Fracture	No	• Advanced imaging guided by: **Suspected Occult/ Stress/ Insufficiency Fracture/ Stress Reaction and Shin Splints (MS-5.2)**	

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

After an initial plain x-ray has been obtained, and results are available to the provider, the following advanced imaging is indicated (as described in General Guidelines [MS-1.0])			
Condition (Individual's condition)	**Conservative Treatment (Is failure of 6 weeks of provider-directed conservative treatment within the past 12 weeks with clinical re-evaluation required?) (Yes or No)**	**Advanced Imaging (The appropriate advanced imaging indicated for this condition. In some scenarios, advanced imaging may not be indicated.)**	**Comments (Additional comments related to the condition.)**
Complex Fracture	No	• CT Hand or Finger without contrast (CPT® 73200) when plain x-ray shows a complex fracture	
Ulnar Collateral Ligament (UCL) Thumb Injury	No	• If rule out for Stener lesion or complete tear of UCL of the thumb MCP joint: ◦ MRI Thumb without contrast (CPT® 73218) **OR** ◦ US Thumb (CPT® 76881 or CPT® 76882)	Also called "Gamekeeper's Thumb" or "Skier's Thumb"
Complete Rupture – Tear of a Specific Named Tendon	No	• For preoperative planning: ◦ MRI Hand or Finger without contrast (CPT® 73218) **OR** ◦ MRI Hand or Finger without and with contrast (CPT® 73220)[3] **OR** ◦ US Hand or Finger (CPT® 76881 or CPT® 76882)	

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

After an initial plain x-ray has been obtained, and results are available to the provider, the following advanced imaging is indicated (as described in General Guidelines [MS-1.0])			
Condition (Individual's condition)	**Conservative Treatment (Is failure of 6 weeks of provider-directed conservative treatment within the past 12 weeks with clinical re-evaluation required?) (Yes or No)**	**Advanced Imaging (The appropriate advanced imaging indicated for this condition. In some scenarios, advanced imaging may not be indicated.)**	**Comments (Additional comments related to the condition.)**
Partial Tendon Rupture	No	• For a suspected partial tendon rupture of a specific named tendon not otherwise specified: ◦ MRI Hand or Finger without contrast (CPT® 73218) **OR** ◦ MRI Hand or Finger without and with contrast (CPT® 73220)[3] **OR** ◦ US Hand or Finger (CPT® 76881 or CPT® 76882)	MRI is *NOT* needed for muscle belly strains/muscle tears.
Post-Operative	Yes	• In symptomatic post-operative individuals following surgical treatment for complex hand or finger fractures or following soft-tissue surgery: ◦ CT Hand or Finger without contrast (CPT® 73200) **OR** ◦ MRI Hand or Finger without contrast (CPT® 73218)	

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

One Study/Area Only

In hand and wrist advanced imaging, studies are frequently ordered of both areas. This is unnecessary since wrist MRI will image from above the wrist to the mid-metacarpal area. **Only one CPT ® code should be reported**.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Evidence Discussion (MS-22)

v2.0.2025

For most patients with a hand complaint, a diagnosis can be made based on a detailed history, physical examination and plain radiographs. Advanced imaging is typically not necessary for the initial evaluation. Multiple articles have shown advanced imaging can often demonstrate abnormalities that have no relevance to the patient's symptoms and that the prevalence of asymptomatic abnormalities increases with age. Advanced imaging incidental findings can possibly lead to overtreatment with referral to specialists and possibly unnecessary surgery. Ganguli et. al. reported incidental findings on screening and diagnostic tests are common and may trigger cascades of further testing and treatment. Also reported was that such cascades of care come with substantial potential for harm (including patient anxiety and additional treatment risks) in addition to monetary costs and inconvenience.

Plain x-rays are valuable as initial imaging as they can determine the necessity of advanced imaging, what specific advanced imaging study is warranted and if contrast is needed. As x-rays often have a larger field of view than MRI or CT, they have the potential to identify more proximal or distal pathology in an extremity. The American College of Radiology Appropriate Use Criteria recommends initial plain x-rays prior to advanced imaging for both chronic hand pain and acute hand trauma. It is also noteworthy that when MRI is necessary, radiographs are considered an essential, initial complementary study for the reading of musculoskeletal MRIs.

Treatment for some hand conditions such as tendonitis and generalized hand pain does not rely on advanced imaging results and many patients will improve within a few weeks or months with conservative care. However, for some hand conditions (e.g. suspected tendon tears, suspected ulnar collateral ligament tear, complex fractures), conservative care would not be necessary prior to advanced imaging.

In addition to overtreatment and possibly unnecessary surgery due to incidental findings, risks of advanced imaging include but are not limited to radiation exposure, implanted device complications, metallic foreign body complications and contrast complications.

For many hand conditions, initial plain x-rays and an initial course of conservative care can provide a significant clinical benefit that would outweigh the clinical harm from perhaps briefly delaying advanced imaging if needed. A course of conservative care or plain x-ray findings many times may obviate the need for advanced imaging which possess their own set of significant risks.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (MS-22)

v2.0.2025

1. Torabi M, Lenchik L,Beaman FD, et. al. Expert Panel on Musculoskeletal Imaging. ACR Appropriateness Criteria® Acute Hand and Wrist Trauma. *Am Coll Radiol (ACR);* Date of Origin: 1995. Revised: 2018. https://acsearch.acr.org/docs/69418/Narrative/.
2. Hayter CL, Gold SL, Potter HG. Magnetic resonance imaging of the wrist: Bone and cartilage injury. *J Magn Reson Imaging*. 2013;37(5):1005-19. doi:10.1002/jmri.23845.
3. Stensby, JD, Fox MG, Nacey, N, et al. ACR Appropriateness Criteria® Chronic Hand and Wrist Pain. Available at https://acsearch.acr.org/docs/69427/Narrative/. American College of Radiology. Revised 2023.
4. Watson RE, Yu L. Safety Considerations in MRI and CT. *Continuum (Minneap Minn)*. 2023 Feb 1;29(1):27-53.
5. Taljanovic MS, Hunter TB, Fitzpatrick KA, Krupinski EA, Pope TL. Musculoskeletal magnetic resonance imaging: importance of radiography. *Skeletal Radiol*. 2003 Jul;32(7):403-11.
6. Adams JE, Habbu R. Tendinopathies of the Hand and Wrist [published correction appears in *J Am Acad Orthop Surg*. 2016 Feb;24(2):123]. *J Am Acad Orthop Surg*. 2015;23(12):741-750. doi:10.5435/JAAOS-D-14-00216.
7. Vassa R, Garg A, Omar IM. Magnetic resonance imaging of the wrist and hand. *Pol J Radiol*. 2020 Aug 26;85:e461-e488.
8. Pompan DC. Appropriate use of MRI for evaluating common musculoskeletal conditions. *Am Fam Physician*. 2011 Apr 15;83(8):883-4.
9. Kenney RJ, Hammert WC. Physical examination of the hand. *J Hand Surg Am*. 2014 Nov;39(11):2324-34.
10. Tsai P, Beredjiklian PK. Physical diagnosis and radiographic examination of the thumb. *Hand Clin*. 2008 Aug;24(3):231-7.
11. Hirschmann A, Sutter R, Schweizer A, Pfirrmann CW. MRI of the thumb: anatomy and spectrum of findings in asymptomatic volunteers. *AJR Am J Roentgenol*. 2014;202(4):819-827. doi:10.2214/AJR.13.11397.
12. Chan JJ, Teunis T, Ring D. Prevalence of triangular fibrocartilage complex abnormalities regardless of symptoms rise with age: systematic review and pooled analysis. *Clin Orthop Relat Res*. 2014;472(12):3987-3994. doi:10.1007/s11999-014-3825-1.
13. Ganguli I, Simpkin AL, Lupo C, Weissman A, Mainor AJ, Orav EJ, Rosenthal MB, Colla CH, Sequist TD. Cascades of Care After Incidental Findings in a US National Survey of Physicians. [published correction appears in *JAMA Netw Open*. 2019 Nov 1;2(11):e1916768. doi: 10.1001/jamanetworkopen.2019.16768]. *JAMA Netw Open*. 2019;2(10):e1913325. Published 2019 Oct 2. doi:10.1001/jamanetworkopen.2019.13325.
14. Portnoff B, Casey JC, Thirumavalavan J, Abbott E, North R, Gil JA. Prevalence of asymptomatic TFCC tears on MRI: A systematic review. *Hand Surg Rehabil*. 2024 Mar 15:101684.
15. Gil JA, Hresko AM, Weiss AC. Current Concepts in the Management of Trigger Finger in Adults. *J Am Acad Orthop Surg*. 2020 Aug 1;28(15):e642-e650.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Pelvis (MS-23)

Guideline

Pelvis (MS-23)
Evidence Discussion (MS-23)
References (MS-23)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Pelvis (MS-23)

MS.PE.0023.A
v2.0.2025

After an initial plain x-ray has been obtained, and results are available to the provider, the following advanced imaging is indicated (as described in General Guidelines [MS-1.0])			
Condition (Individual's condition)	**Conservative Treatment (Is failure of 6 weeks of provider-directed conservative treatment within the past 12 weeks with clinical re-evaluation required?) (Yes or No)**	**Advanced Imaging (The appropriate advanced imaging indicated for this condition. In some scenarios, advanced imaging may not be indicated.)**	**Comments (Additional comments related to the condition.)**
General Pain-Pelvis	Yes	• MRI Pelvis without contrast (CPT® 72195) **OR** • MRI RT and/or LT Hip without contrast (CPT® 73721)	
Tendonitis	Yes	• MRI Pelvis without contrast (CPT® 72195) **OR** • MRI RT and/or LT Hip without contrast (CPT® 73721)	
Occult/Stress/ Insufficiency Fracture	No	When suspected based on history and physical exam, advanced imaging guided by: **Suspected Occult/ Stress/ Insufficiency Fracture/ Stress Reaction and Shin Splints (MS-5.2)** for occult/ stress/insufficiency fractures of the pelvis	

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

After an initial plain x-ray has been obtained, and results are available to the provider, the following advanced imaging is indicated (as described in General Guidelines [MS-1.0])			
Condition (Individual's condition)	**Conservative Treatment (Is failure of 6 weeks of provider-directed conservative treatment within the past 12 weeks with clinical re-evaluation required?) (Yes or No)**	**Advanced Imaging (The appropriate advanced imaging indicated for this condition. In some scenarios, advanced imaging may not be indicated.)**	**Comments (Additional comments related to the condition.)**
Complex Fracture/ Dislocation - Pelvis, Sacrum and Acetabulum	No	• CT Pelvis without contrast (CPT® 72192)	Additionally, 3D rendering may be appropriate for preoperative planning. See: **3D Rendering (MS-3)**
Sacro-iliac (SI) Joint Pain, Sacroiliitis, Coccydynia	Yes	• Advanced imaging guided by: ◦ **Sacroiliac (SI) Joint Pain/ Sacroiliitis (SP-10.1)** in the Spine Imaging Guidelines ◦ **Coccydynia without Neurological Features (SP-5.2)** in the Spine Imaging Guidelines	
Piriformis Syndrome	NA	• This condition is imaged according to the criteria found in the Peripheral Nerve and Neuromuscular Disorders Guidelines. See: **Focal Neuropathy (PN-2)** in the Peripheral Nerve and Neuromuscular Disorders Imaging Guidelines	

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

After an initial plain x-ray has been obtained, and results are available to the provider, the following advanced imaging is indicated (as described in General Guidelines [MS-1.0])			
Condition (Individual's condition)	**Conservative Treatment (Is failure of 6 weeks of provider-directed conservative treatment within the past 12 weeks with clinical re-evaluation required?) (Yes or No)**	**Advanced Imaging (The appropriate advanced imaging indicated for this condition. In some scenarios, advanced imaging may not be indicated.)**	**Comments (Additional comments related to the condition.)**
Partial Tendon Rupture	No	• MRI Pelvis without contrast (CPT® 72195) for a suspected partial tendon rupture of a specific named tendon not otherwise specified	MRI is *NOT* needed for muscle belly strains/muscle tears.
Osteitis Pubis/ Symphysis Pubis Diastasis	Yes	• MRI Pelvis without contrast (CPT® 72195)	
Athletic Pubalgia (Sports Hernia)	Yes	• To evaluate for the cause of suspected athletic pubalgia: ◦ MRI Pelvis without contrast (athletic pubalgia protocol) (CPT® 72195) **OR** ◦ Dynamic pelvic ultrasound (CPT® 76857)	
Post-Operative	Yes	• CT Pelvis without contrast (CPT® 72192) in symptomatic individuals following surgery for complex pelvic ring/acetabular fractures	

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Evidence Discussion (MS-23)

v2.0.2025

For many patients with musculoskeletal pelvic issue, a diagnosis can be made based on a detailed history, physical examination and plain radiographs. Advanced imaging is typically not necessary for the initial evaluation. Multiple articles have shown advanced imaging can often demonstrate abnormalities that have no relevance to the patient's symptoms. Register et. al. found labral tears in 69% of asymptomatic volunteers. It was also reported that the asymptomatic participants in their study older than 35 years were 13.7 time more likely to have a chondral defect and 16.7 times more likely to have a subchondral cyst compared with participants 35 or younger. Advanced imaging incidental findings can possibly lead to overtreatment with referral to specialists and possibly unnecessary surgery. Ganguli et. al. reported incidental findings on screening and diagnostic tests are common and may trigger cascades of further testing and treatment. Also reported was that such cascades of care come with substantial potential for harm (including patient anxiety and additional treatment risks) in addition to monetary costs and inconvenience.

Plain x-rays are valuable as initial imaging as they can determine the necessity of advanced imaging, what specific advanced imaging study is warranted and if contrast is needed. As x-rays often have a larger field of view than MRI or CT, they have the potential to identify more proximal or distal pathology in an extremity. Initial plain x-rays for the evaluation of musculoskeletal pelvic and hip conditions are also recommended by the American College of Radiology Appropriate Use Criteria. It is also noteworthy that when MRI is necessary, radiographs are considered an essential, initial complementary study for the reading of musculoskeletal MRIs.

Treatment for some musculoskeletal pelvic conditions (e.g. tendonitis, osteitis pubis) do not rely on advanced imaging results and many patients will improve within a few weeks or months with conservative care. However, for some musculoskeletal pelvic conditions (e.g. complex fractures, suspected tendon tear), conservative care would not be necessary prior to advanced imaging.

In addition to overtreatment and possibly unnecessary surgery due to incidental findings, risks of advanced imaging include but are not limited to radiation exposure, implanted device complications, metallic foreign body complications and contrast complications.

For many patients with a musculoskeletal pelvic condition, initial plain x-rays and an initial course of conservative care can provide a significant clinical benefit that would outweigh the clinical harm from perhaps briefly delaying advanced imaging if needed. A course of conservative care or plain x-ray findings many times may obviate the need for advanced imaging which possess their own set of significant risks.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

References (MS-23)

v2.0.2025

1. Morrison WB, Deely D, Fox MG, et al. ACR Appropriateness Criteria® Stress (Fatigue-Insufficiency) Fracture Including Sacrum Excluding Other Vertebrae. Available at https://acsearch.acr.org/docs/69435/Narrative/. American College of Radiology. Revised 2024.
2. Mehta S, Auerbach JD, Born CT, et al. Sacral fractures. *J Am Acad Orthop Surg*. 2006;14:656-665.
3. Omar IM, Zoga AC, Kavanagh EC, et al. Athletic Pubalgia and "Sports Hernia": Optimal MR Imaging Technique and Findings. *RadioGraphics*. 2008;28:1415-1438. doi:10.1148/rg.285075217.
4. Khan W, Zoga AC, Meyers WC. Magnetic Resonance Imaging of Athletic Pubalgia and the Sports Hernia - Current Understanding and Practice. *Magn Reson Imaging Clin N Am*. 2013;21:97-110. doi:10.1016/j.mric.2012.09.008.
5. Morley N, Grant T, Blount K, et al. Sonographic evaluation of athletic pubalgia. *Skeletal Radiol*. 2016 May;45(5):689-99. doi:10.1007/s00256-016-2340-8.
6. Caudill P, Nyland J, Smith C, et al. Sports hernias: a systematic literature review. *British Journal of Sports Medicine*. 2008;42(12):954-964. doi:10.1136/bjsm.2008.047373.
7. Suarez JC, Ely EE, Mutnal AB, et al. Comprehensive approach to the evaluation of groin pain. *Journal of the American Academy of Orthopaedic Surgeons*. 2013;21:558-570. doi:10.5435/JAAOS-21-09-558.
8. Heer ST, Callander JW, Kraeutler MJ, Mei-Dan O, Mulcahey MK. Hamstring Injuries. *The Journal of Bone and Joint Surgery*. 2019;101(9):843-853. doi:10.2106/jbjs.18.00261.
9. Kopscik M, Crisman JL, Lomasney L, Smith S, Jadidi S. Sports Hernias: A Comprehensive Review for Clinicians. *Cureus*. 2023;15(8):e43283. Published 2023 Aug 10. doi:10.7759/cureus.43283.
10. Childs DD, Leyendecker JR. MRI of the pelvis: a guide to incidental findings for musculoskeletal radiologists. *Semin Musculoskelet Radiol*. 2008 Mar;12(1):83-103.
11. Papavasiliou A, Siatras T, Bintoudi A, Milosis D, Lallas V, Sykaras E, Karantanas A. The gymnasts' hip and groin: a magnetic resonance imaging study in asymptomatic elite athletes. *Skeletal Radiol*. 2014 Aug;43(8):1071-7.
12. Jawetz ST, Fox MG, Blankenbaker DG , et al. ACR Appropriateness Criteria® Chronic Hip Pain. Available at https:// acsearch.acr.org/docs/69425/Narrative/. American College of Radiology. Revised 2022.
13. Ross AB, Lee, KS, Chang, EY, et al. ACR Appropriateness Criteria® Acute Hip Pain-Suspected Fracture. Available at https://acsearch.acr.org/docs/3082587/Narrative/. American College of Radiology. Revised 2018.
14. Chan BY, Allen H, Davis KW, Blankenbaker DG. MR Imaging of the hip: Avoiding pitfalls, identifying normal variants. *Appl Radiol*. 2018; 47(12):8-14.
15. Register B, Pennock AT, Ho CP, Strickland CD, Lawand A, Philippon MJ. Prevalence of abnormal hip findings in asymptomatic participants: a prospective, blinded study. *Am J Sports Med*. 2012 Dec;40(12):2720-4.
16. Pompan DC. Appropriate use of MRI for evaluating common musculoskeletal conditions. *Am Fam Physician*. 2011 Apr 15;83(8):883-4.
17. Via AG, Frizziero A, Finotti P, Oliva F, Randelli F, Maffulli N. Management of osteitis pubis in athletes: rehabilitation and return to training - a review of the most recent literature. *Open Access J Sports Med*. 2018 Dec 24;10:1-10. Published 2018 Dec 24. doi:10.2147/OAJSM.S155077.
18. Lynch, T. Sean MD; Bedi, Asheesh MD; Larson, Christopher M. MD. Athletic Hip Injuries. *Journal of the American Academy of Orthopaedic Surgeons.* 25(4):p 269-279, April 2017.
19. Taljanovic MS, Hunter TB, Fitzpatrick KA, Krupinski EA, Pope TL. Musculoskeletal magnetic resonance imaging: importance of radiography. *Skeletal Radiol*. 2003 Jul;32(7):403-11.
20. Watson RE, Yu L. Safety Considerations in MRI and CT. *Continuum (Minneap Minn)*. 2023 Feb 1;29(1):27-53.
21. Ganguli I, Simpkin AL, Lupo C, Weissman A, Mainor AJ, Orav EJ, Rosenthal MB, Colla CH, Sequist TD. Cascades of Care After Incidental Findings in a US National Survey of Physicians. *JAMA Netw Open*. 2019 Nov 1;2(11):e1916768. doi: 10.1001/jamanetworkopen.2019.16768]. *JAMA Netw Open*. 2019;2(10):e1913325. Published 2019 Oct 2. doi:10.1001/jamanetworkopen.2019.13325
22. De Grove V, Buls N, Vandenbroucke F, Shahabpour M, Scafoglieri A, de Mey J, De Maeseneer M. MR of tendons about the hip: A study in asymptomatic volunteers. *Eur J Radiol*. 2021 Oct;143:109876.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Hip (MS-24)

Guideline

Hip (MS-24)
Evidence Discussion (MS-24)
References (MS-24)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Hip (MS-24)

MS.HI.0024.A
v2.0.2025

After an initial plain x-ray has been obtained, and results are available to the provider, the following advanced imaging is indicated (as described in General Guidelines [MS-1.0])			
Condition (Individual's condition)	**Conservative Treatment (Is failure of 6 weeks of provider-directed conservative treatment within the past 12 weeks with clinical re-evaluation required?) (Yes or No)**	**Advanced Imaging (The appropriate advanced imaging indicated for this condition. In some scenarios, advanced imaging may not be indicated.)**	**Comments (Additional comments related to the condition.)**
General Hip Pain	Yes	• MRI Hip without contrast (CPT® 73721) **OR** • US Hip (CPT® 76881 or CPT® 76882)	
Symptomatic Loose Bodies	No	• MRI Hip without contrast (CPT® 73721)	
Tendonitis/ Bursitis	Yes	• MRI Hip without contrast (CPT® 73721) **OR** • US Hip (CPT® 76881 or CPT® 76882)	
Hip Abductor Tendon Tear/ Avulsion	No	• MRI Hip without contrast (CPT® 73721) **OR** • US Hip (CPT® 76881 or CPT® 76882)	
Complete Rupture – Tear of a Specific Named Tendon	No	• For preoperative planning: ◦ MRI Hip without contrast (CPT® 73721) **OR** ◦ US Hip (CPT® 76881 or CPT® 76882)	

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

After an initial plain x-ray has been obtained, and results are available to the provider, the following advanced imaging is indicated (as described in General Guidelines [MS-1.0])			
Condition (Individual's condition)	**Conservative Treatment (Is failure of 6 weeks of provider-directed conservative treatment within the past 12 weeks with clinical re-evaluation required?) (Yes or No)**	**Advanced Imaging (The appropriate advanced imaging indicated for this condition. In some scenarios, advanced imaging may not be indicated.)**	**Comments (Additional comments related to the condition.)**
Partial Tendon Rupture	No	• For a suspected partial tendon rupture of a specific named tendon not otherwise specified: ◦ MRI Hip without contrast (CPT® 73721) **OR** ◦ US Hip (CPT® 76881 or CPT® 76882)	MRI is *NOT* needed for muscle belly strains/ muscle tears.
Occult/Stress/ Insufficiency Fracture	No	When suspected based on history and physical exam, advanced imaging guided by: **Suspected Occult/ Stress/ Insufficiency Fracture/ Stress Reaction and Shin Splints (MS-5.2)** for occult/ stress/insufficiency fractures of the hip	
Avascular Necrosis (AVN) of the Femoral Head	No	• See: **AVN (MS-4.1)**	

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

After an initial plain x-ray has been obtained, and results are available to the provider, the following advanced imaging is indicated (as described in General Guidelines [MS-1.0])			
Condition (Individual's condition)	**Conservative Treatment (Is failure of 6 weeks of provider-directed conservative treatment within the past 12 weeks with clinical re-evaluation required?) (Yes or No)**	**Advanced Imaging (The appropriate advanced imaging indicated for this condition. In some scenarios, advanced imaging may not be indicated.)**	**Comments (Additional comments related to the condition.)**
Labral Tear	Yes	• MRI Hip with contrast (arthrogram) (CPT® 73722) **OR** • CT Hip with contrast (arthrogram) (CPT® 73701) **OR** • MRI Hip without contrast (CPT® 73721)	
Femoroacetabular Impingement	Yes	• For preoperative planning for femoroacetabular impingement: ◦ MRI Hip without contrast (CPT® 73721) **OR** ◦ MRI Hip with contrast (arthrogram) (CPT® 73722) • **IN ADDITION TO:** ◦ CT Hip without contrast (CPT® 73700) **OR** ◦ CT Pelvis without contrast (CPT® 72192)	

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

After an initial plain x-ray has been obtained, and results are available to the provider, the following advanced imaging is indicated (as described in General Guidelines [MS-1.0])			
Condition (Individual's condition)	**Conservative Treatment (Is failure of 6 weeks of provider-directed conservative treatment within the past 12 weeks with clinical re-evaluation required?) (Yes or No)**	**Advanced Imaging (The appropriate advanced imaging indicated for this condition. In some scenarios, advanced imaging may not be indicated.)**	**Comments (Additional comments related to the condition.)**
Piriformis Syndrome	NA	• This condition is imaged according to the criteria found in the Peripheral Nerve and Neuromuscular Disorders Guidelines. See **Focal Neuropathy (PN-2)** in the Peripheral Nerve and Neuromuscular Disorders Imaging Guidelines	
Post-Operative	Yes	• Symptomatic individuals following surgery for labral tears and femoroacetabular impingement: ◦ MRI Hip with contrast (arthrogram) (CPT® 73722) • Symptomatic individuals following surgery for hip fracture and/or hip avascular necrosis: ◦ CT Hip without contrast (CPT® 73700) **OR** ◦ MRI Hip without contrast (CPT® 73721)	

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

After an initial plain x-ray has been obtained, and results are available to the provider, the following advanced imaging is indicated (as described in General Guidelines [MS-1.0])			
Condition (Individual's condition)	**Conservative Treatment (Is failure of 6 weeks of provider-directed conservative treatment within the past 12 weeks with clinical re-evaluation required?) (Yes or No)**	**Advanced Imaging (The appropriate advanced imaging indicated for this condition. In some scenarios, advanced imaging may not be indicated.)**	**Comments (Additional comments related to the condition.)**
Post-Operative Hip Replacement Surgery	No*	• For suspected aseptic loosening of hip replacement when recent plain x-ray is nondiagnostic: ◦ CT Hip without contrast (CPT® 73700) **OR** ◦ Bone scan (CPT® 78315) **OR** ◦ Distribution Of Radiopharma-ceutical Agent SPECT (CPT® 78803 or CPT® 78831) **OR** ◦ Hybrid SPECT/CT (CPT® 78830) • For suspected infection with negative or	See: **Post-Operative Joint Replacement Surgery (MS-16)**

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

After an initial plain x-ray has been obtained, and results are available to the provider, the following advanced imaging is indicated (as described in General Guidelines [MS-1.0])			
Condition (Individual's condition)	**Conservative Treatment (Is failure of 6 weeks of provider-directed conservative treatment within the past 12 weeks with clinical re-evaluation required?) (Yes or No)**	**Advanced Imaging (The appropriate advanced imaging indicated for this condition. In some scenarios, advanced imaging may not be indicated.)**	**Comments (Additional comments related to the condition.)**
		inconclusive joint aspiration culture: ◦ MRI Hip without contrast (CPT® 73721) **OR** ◦ MRI Hip without and with contrast (CPT® 73723) **OR** ◦ CT Hip with contrast (CPT® 73701) **OR** ◦ CT Hip without contrast (CPT® 73700)[9] **OR** ◦ US Hip (CPT® 76881 or CPT® 76882) **OR** ◦ See also: **Nuclear Medicine (MS-28)** • For suspicion of a periprosthetic fracture when	

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

After an initial plain x-ray has been obtained, and results are available to the provider, the following advanced imaging is indicated (as described in General Guidelines [MS-1.0])			
Condition (Individual's condition)	**Conservative Treatment (Is failure of 6 weeks of provider-directed conservative treatment within the past 12 weeks with clinical re-evaluation required?) (Yes or No)**	**Advanced Imaging (The appropriate advanced imaging indicated for this condition. In some scenarios, advanced imaging may not be indicated.)**	**Comments (Additional comments related to the condition.)**
		recent plain x-ray is nondiagnostic: ◦ CT Hip without contrast (CPT® 73700) **OR** ◦ Bone scan (CPT® 78315) **OR** ◦ Distribution Of Radiopharma-ceutical Agent SPECT (CPT® 78803 or CPT® 78831) **OR** ◦ Hybrid SPECT/ CT (CPT® 78830) • To evaluate component malposition or heterotopic bone after plain x-ray: ◦ CT Hip without contrast (CPT® 73700)	

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

After an initial plain x-ray has been obtained, and results are available to the provider, the following advanced imaging is indicated (as described in General Guidelines [MS-1.0])			
Condition (Individual's condition)	**Conservative Treatment (Is failure of 6 weeks of provider-directed conservative treatment within the past 12 weeks with clinical re-evaluation required?) (Yes or No)**	**Advanced Imaging (The appropriate advanced imaging indicated for this condition. In some scenarios, advanced imaging may not be indicated.)**	**Comments (Additional comments related to the condition.)**
		• For possible nerve injury: ◦ MRI Hip without contrast (CPT® 73721) • For suspected tendinitis/bursitis, abductor injury, or other soft tissue abnormality (*requires conservative treatment): ◦ MRI Hip without contrast (CPT® 73721) **OR** ◦ US Hip (CPT® 76881 or CPT® 76882)	

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Evidence Discussion (MS-24)

v2.0.2025

For most patients with a hip complaint, a diagnosis can be made based on a detailed history, physical examination and plain radiographs. Advanced imaging is typically not necessary for the initial evaluation. Multiple articles have shown advanced imaging can often demonstrate abnormalities that have no relevance to the patient's symptoms. Register et. al. found labral tears in 69% of asymptomatic volunteers. It was also reported that the asymptomatic participants in their study older than 35 years were 13.7 time more likely to have a chondral defect and 16.7 times more likely to have a subchondral cyst compared with participants 35 or younger. Advanced imaging incidental findings can possibly lead to overtreatment with referral to specialists and possibly unnecessary surgery. Ganguli et. al. reported incidental findings on screening and diagnostic tests are common and may trigger cascades of further testing and treatment. Also reported was that such cascades of care come with substantial potential for harm (including patient anxiety and additional treatment risks) in addition to monetary costs and inconvenience.

Plain x-rays are valuable as initial imaging as they can determine the necessity of advanced imaging, what specific advanced imaging study is warranted and if contrast is needed. As x-rays often have a larger field of view than MRI or CT, they have the potential to identify more proximal or distal pathology in an extremity. Initial plain x-rays for the evaluation of hip conditions are also recommended by the American College of Radiology Appropriate Use Criteria It is also noteworthy that when MRI is necessary, radiographs are considered an essential, initial complementary study for the reading of musculoskeletal MRIs.

Treatment for several hip conditions (e.g. tendonitis, bursitis, generalized hip pain) do not rely on advanced imaging results and many patients will improve within a few weeks or months with conservative care. However, for some hip conditions (e.g. loose bodies, suspected tendon tear, particular issues after hip replacement surgery), conservative care would not be necessary prior to advanced imaging.

In addition to overtreatment and possibly unnecessary surgery due to incidental findings, risks of advanced imaging include but are not limited to radiation exposure, implanted device complications, metallic foreign body complications and contrast complications.

For many hip conditions, initial plain x-rays and an initial course of conservative care can provide a significant clinical benefit that would outweigh the clinical harm from perhaps briefly delaying advanced imaging if needed. A course of conservative care or plain x-ray findings many times may obviate the need for advanced imaging which possess their own set of significant risks.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (MS-24)

v2.0.2025

1. Greene WB (Ed.). *Essentials of Musculoskeletal Care.* 2nd Ed. Rosemont, IL, American Academy of Orthopaedic Surgeons, 2001.
2. Manek NJ and Lane NE. Osteoarthritis: Current concepts in diagnosis and management. *Am Fam Physician*. 2000;61(6):1795-1804. https://www.aafp.org/afp/2000/0315/p1795.html .
3. Papadoupoulos EC and Kahn SN. Piriformis syndrome and low back pain: a new classification and review of the literature. *Orthop Clin North Am.* 2004;35(1):65-71. doi:10.1016/S0030-5898(03)00105-6.
4. Reurink G, Sebastian, Bisselink JM, et al. Reliability and Validity of Diagnostic Acetabular Labral Lesions with Magnetic Resonance Arthrography. *J Bone Joint Surg A.* 2012;94(181):1643-1648. doi:10.2106/JBJS.K.01342.
5. Steinbach LS, Palmer WE, and Schweitzer ME. Special Focus Session MR Arthrography1. *RadioGraphics.* 2002;22(5):1223-1246.
6. Redmond JM, Chen AW, and Domb BG. Greater Trochanteric Pain Syndrome. *J Am Acad Orthop Surg*. 2016;24(4):231-240. doi:10.5435/JAAOS-D-14-00406.
7. Center for Devices and Radiological Health. Metal-on-Metal Hip Implants - Information for Orthopaedic Surgeons. U S Food and Drug Administration Home Page.
8. Ross AB, Lee KS, Chang EY, et al. ACR Appropriateness Criteria® Acute Hip Pain-Suspected Fracture. Available at https://acsearch.acr.org/docs/3082587/Narrative/. American College of Radiology. Revised 2018.
9. Weissman BN, Palestro CJ, Appel M, et. al. Expert Panel on Musculoskeletal Imaging. ACR Appropriateness Criteria® Imaging After Total Hip Arthroplasty. *Am Coll Radiol (ACR);* Date of Origin: 1998. Last Review: 2023. https://acsearch.acr.org/docs/3094200/Narrative/.
10. Jawetz ST, Fox MG, Blankenbaker DG, et al. ACR Appropriateness Criteria® Chronic Hip Pain. Available at https://acsearch.acr.org/docs/69425/Narrative/. American College of Radiology. Revised 2022.
11. Murphey MD, Roberts CC, Bencardino JT, et. al. Expert Panel on Musculoskeletal Imaging. ACR Appropriateness Criteria® Osteonecrosis of the Hip. *Am Coll Radiol (ACR);* Date of Origin: 1995. Revised: 2022. https://acsearch.acr.org/docs/69420/Narrative/ .
12. Bencardino JT, Stone TJ, Roberts CC, et. al. Expert Panel on Musculoskeletal Imaging. ACR Appropriateness Criteria® Stress (Fatigue/Insufficiency) Fracture, Including Sacrum, Excluding Other Vertebrae. *Am Coll Radiol (ACR);* Revised: 2016. https://acsearch.acr.org/docs/69435/Narrative/.
13. Verberne SJ, Raijmakers PG, and Temmerman OP. The Accuracy of Imaging Techniques in the Assessment of Periprosthetic Hip Infection. A Systematic Review and Meta-Analysis. *J Bone Joint Surg Am*. 2016;98(19):1638-45. doi:10.2106/JBJS.15.00898.
14. Shin AY, Morin WD, Gorman JD, et al. The superiority of magnetic resonance imaging in differentiating the cause of hip pain in endurance athletes. *Am J Sports Med*. 1996;24:168-76. doi:10.1177/036354659602400209.
15. Slocum KA, Gorman JD, Puckett ML, et al. Resolution of abnormal MR signal intensity in patients with stress fractures of the femoral neck. *AJR Am J Roentgenol*. 1997;168:1295-9. doi:10.2214/ajr.168.5.9129429.
16. Lee EY, Margherita AJ, Gierada DS, et al. MRI of Piriformis Syndrome. *American Journal of Roentgenology*. 2004;183:63-64. doi:10.2214/ajr.183.1.1830063.
17. Jankiewicz JJ, Hennrikus WL, and Houkom JA. The appearance of the piriformis muscle syndrome in computed tomography and magnetic resonance imaging: a case report and review of the literature. *Clin Orthop.* 1991;262:205-09.
18. Rossi P, Cardinali P, Serrao M, et al.. Magnetic resonance imaging findings in piriformis syndrome: a case report. *Arch Phys Med Rehabil.* 2001;82(4):519-21. doi:10.1053/apmr.2001.21971.
19. Heer ST, Callander JW, Kraeutler MJ, Mei-Dan O, Mulcahey MK. Hamstring Injuries. *The Journal of Bone and Joint Surgery.* 2019;101(9):843-853. doi:10.2106/jbjs.18.00261.
20. Beaman FD, von Herrmann PF, Kransdorf MJ, et. al. Expert Panel on Musculoskeletal Imaging. ACR Appropriateness Criteria® Suspected Osteomyelitis, Septic Arthritis, or Soft Tissue Infection (Excluding Spine and Diabetic Foot). *Am Coll Radiol (ACR)*; Date of Origin: 2016. Revised: 2022. https://acsearch.acr.org/docs/3094201/Narrative/.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

21. Margo K, Drezner J, Motzkin D. Evaluation and management of hip pain: an algorithmic approach. *J Fam Pract*. 2003 Aug;52(8):607-17.
22. Chamberlain R. Hip Pain in Adults: Evaluation and Differential Diagnosis. *Am Fam Physician*. 2021 Jan 15;103(2):81-89. Erratum in: *Am Fam Physician*. 2021 Mar 1;103(5):263.
23. Gómez-Hoyos J, Martin RL, Martin HD. Current Concepts Review: Evaluation and Management of Posterior Hip Pain. *J Am Acad Orthop Surg*. 2018 Sep 1;26(17):597-609.
24. Verrill MM, Hall MN, Loven B. FPIN's clinical inquiries. Evaluation of hip pain in older adults. *Am Fam Physician*. 2012 Aug 15;86(4):1-2.
25. Trigg SD, Schroeder JD, Hulsopple C. Femoroacetabular Impingement Syndrome. *Curr Sports Med Rep*. 2020;19(9):360-366. doi:10.1249/JSR.0000000000000748 .
26. Schmaranzer F, Kheterpal AB, Bredella MA. Best Practices: Hip Femoroacetabular Impingement. *AJR Am J Roentgenol*. 2021 Mar;216(3):585-598.
27. Chan BY, Allen H, Davis KW, Blankenbaker DG. MR Imaging of the hip: Avoiding pitfalls, identifying normal variants. *Appl Radiol*. 2018; 47(12):8-14.
28. Register B, Pennock AT, Ho CP, Strickland CD, Lawand A, Philippon MJ. Prevalence of abnormal hip findings in asymptomatic participants: a prospective, blinded study. *Am J Sports Med*. 2012 Dec;40(12):2720-4.
29. Pompan DC. Appropriate use of MRI for evaluating common musculoskeletal conditions. *Am Fam Physician*. 2011 Apr 15;83(8):883-4.
30. Taljanovic MS, Hunter TB, Fitzpatrick KA, Krupinski EA, Pope TL. Musculoskeletal magnetic resonance imaging: importance of radiography. *Skeletal Radiol*. 2003 Jul;32(7):403-11.
31. Watson RE, Yu L. Safety Considerations in MRI and CT. *Continuum (Minneap Minn)*. 2023 Feb 1;29(1):27-53.
32. Ganguli I, Simpkin AL, Lupo C, Weissman A, Mainor AJ, Orav EJ, Rosenthal MB, Colla CH, Sequist TD. Cascades of Care After Incidental Findings in a US National Survey of Physicians. *JAMA Netw Open*. 2019 Nov 1;2(11):e1916768. doi: 10.1001/jamanetworkopen.2019.16768]. *JAMA Netw Open*. 2019;2(10):e1913325. Published 2019 Oct 2. doi:10.1001/jamanetworkopen.2019.13325
33. Battaglia PJ, D'Angelo K, Kettner NW. Posterior, Lateral, and Anterior Hip Pain Due to Musculoskeletal Origin: A Narrative Literature Review of History, Physical Examination, and Diagnostic Imaging. *J Chiropr Med*. 2016 Dec;15(4):281-293.
34. Vahedi H, Aalirezaie A, Azboy I, Daryoush T, Shahi A, Parvizi J. Acetabular Labral Tears Are Common in Asymptomatic Contralateral Hips With Femoroacetabular Impingement. *Clin Orthop Relat Res*. 2019 May;477(5):974-979.
35. Frank JM, Harris JD, Erickson BJ, Slikker W 3rd, Bush-Joseph CA, Salata MJ, Nho SJ. Prevalence of Femoroacetabular Impingement Imaging Findings in Asymptomatic Volunteers: A Systematic Review. *Arthroscopy*. 2015 Jun;31(6):1199-204.
36. Anzillotti G, Iacomella A, Grancagnolo M, Bertolino EM, Marcacci M, Sconza C, Kon E, Di Matteo B. Conservative vs. Surgical Management for Femoro-Acetabular Impingement: A Systematic Review of Clinical Evidence. *J Clin Med*. 2022 Oct 2;11(19):5852.
37. Lustenberger DP, Ng VY, Best TM, Ellis TJ. Efficacy of treatment of trochanteric bursitis: a systematic review. *Clin J Sport Med*. 2011 Sep;21(5):447-53
38. Aaron DL, Patel A, Kayiaros S, Calfee R. Four common types of bursitis: diagnosis and management. *J Am Acad Orthop Surg*. 2011 Jun;19(6):359-67

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Knee (MS-25)

Guideline

Knee (MS-25)
Evidence Discussion (MS-25)
References (MS-25)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Knee (MS-25)

MS.KN.0025.A
v2.0.2025

After an initial plain x-ray has been obtained, and results are available to the provider, the following advanced imaging is indicated (as described in General Guidelines [MS-1.0])			
Condition (Individual's condition)	**Conservative Treatment (Is failure of 6 weeks of provider-directed conservative treatment within the past 12 weeks with clinical re-evaluation required?) (Yes or No)**	**Advanced imaging (The appropriate advanced imaging indicated for this condition. In some scenarios, advanced imaging may not be indicated.)**	**Comments (Additional comments related to the condition.)**
General Knee Pain	Yes	• MRI Knee without contrast (CPT® 73721) **OR** • US Knee (CPT® 76881 or CPT® 76882)	
Symptomatic Loose Bodies	No	• MRI Knee without contrast (CPT® 73721) **OR** • CT Knee with contrast (arthrogram) (CPT® 73701) if MRI cannot be performed	
Tendonitis	Yes	• MRI Knee without contrast (CPT® 73721) **OR** • US Knee (CPT® 76881 or CPT® 76882)	
Complex Knee Fracture	No	• MRI Knee without contrast (CPT® 73721) **OR** • CT Knee without contrast (CPT® 73700)	See also: **Fractures (MS-5)**

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

After an initial plain x-ray has been obtained, and results are available to the provider, the following advanced imaging is indicated (as described in General Guidelines [MS-1.0])			
Condition (Individual's condition)	**Conservative Treatment (Is failure of 6 weeks of provider-directed conservative treatment within the past 12 weeks with clinical re-evaluation required?) (Yes or No)**	**Advanced imaging (The appropriate advanced imaging indicated for this condition. In some scenarios, advanced imaging may not be indicated.)**	**Comments (Additional comments related to the condition.)**
Meniscus Tear	Yes*	• MRI Knee without contrast (CPT® 73721) **OR** • CT Knee with contrast (arthrogram) (CPT® 73701) if MRI cannot be performed *Conservative treatment is not required if at least 2 of following 4 criteria are met: 1) Positive McMurray's, positive Thessaly, or positive Apley's Compression Test 2) twisting or acute injury of the knee 3) locked knee/inability to fully extend the knee on exam in comparison to the opposite knee 4) knee effusion	

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

After an initial plain x-ray has been obtained, and results are available to the provider, the following advanced imaging is indicated (as described in General Guidelines [MS-1.0])			
Condition (Individual's condition)	**Conservative Treatment (Is failure of 6 weeks of provider-directed conservative treatment within the past 12 weeks with clinical re-evaluation required?) (Yes or No)**	**Advanced imaging (The appropriate advanced imaging indicated for this condition. In some scenarios, advanced imaging may not be indicated.)**	**Comments (Additional comments related to the condition.)**
		• MRI Knee without contrast (CPT® 73721) for clinical suspicion of a symptomatic degenerative meniscus tear in an individual with osteoarthritis following conservative treatment	

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

After an initial plain x-ray has been obtained, and results are available to the provider, the following advanced imaging is indicated (as described in General Guidelines [MS-1.0])			
Condition (Individual's condition)	**Conservative Treatment (Is failure of 6 weeks of provider-directed conservative treatment within the past 12 weeks with clinical re-evaluation required?) (Yes or No)**	**Advanced imaging (The appropriate advanced imaging indicated for this condition. In some scenarios, advanced imaging may not be indicated.)**	**Comments (Additional comments related to the condition.)**
Ligament Tear	Yes*	• MRI Knee without contrast (CPT® 73721) *Conservative treatment is not required if any of the following signs are positive in comparison to the opposite knee: • Anterior drawer • Lachman • Pivot shift • Posterior drawer • Posterior sag • Valgus stress • Varus stress	

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

After an initial plain x-ray has been obtained, and results are available to the provider, the following advanced imaging is indicated (as described in General Guidelines [MS-1.0])			
Condition (Individual's condition)	**Conservative Treatment (Is failure of 6 weeks of provider-directed conservative treatment within the past 12 weeks with clinical re-evaluation required?) (Yes or No)**	**Advanced imaging (The appropriate advanced imaging indicated for this condition. In some scenarios, advanced imaging may not be indicated.)**	**Comments (Additional comments related to the condition.)**
Knee Joint Dislocation	No	• Following significant trauma to evaluate for ligament and vascular injury: ◦ MRI Knee without contrast (CPT® 73721) AND *EITHER* ◦ MR Angiography lower extremity without and with contrast (CPT® 73725) **OR** ◦ CT Angiography lower extremity without and with contrast (CPT® 73706)	
Patellar Dislocation/ Subluxation	No	• MRI Knee without contrast (CPT® 73721) **OR** CT Knee without contrast (CPT® 73700) when there is an acute knee injury, consideration of surgery, **AND** concern for osteochondral fracture or loose osteochondral fracture fragment	

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

After an initial plain x-ray has been obtained, and results are available to the provider, the following advanced imaging is indicated (as described in General Guidelines [MS-1.0])			
Condition (Individual's condition)	**Conservative Treatment (Is failure of 6 weeks of provider-directed conservative treatment within the past 12 weeks with clinical re-evaluation required?) (Yes or No)**	**Advanced imaging (The appropriate advanced imaging indicated for this condition. In some scenarios, advanced imaging may not be indicated.)**	**Comments (Additional comments related to the condition.)**
Recurrent Patellar Instability	Yes	• MRI Knee without contrast (CPT® 73721) **OR** CT Knee without contrast (CPT® 73700) if consideration for surgery	
Patellofemoral Pain Syndrome/ Anterior Knee Pain/ Tracking Disorder	Yes	• MRI Knee without contrast (CPT® 73721) **OR** CT Knee without contrast (CPT® 73700) if consideration for surgery	

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

After an initial plain x-ray has been obtained, and results are available to the provider, the following advanced imaging is indicated (as described in General Guidelines [MS-1.0])			
Condition (Individual's condition)	**Conservative Treatment (Is failure of 6 weeks of provider-directed conservative treatment within the past 12 weeks with clinical re-evaluation required?) (Yes or No)**	**Advanced imaging (The appropriate advanced imaging indicated for this condition. In some scenarios, advanced imaging may not be indicated.)**	**Comments (Additional comments related to the condition.)**
Suspected Osteochondral Injury	No	• If plain x-rays are negative and an osteochondral fracture is still suspected: ◦ MRI Knee without contrast (CPT® 73721) **OR** ◦ MRI Knee with contrast (arthrogram) (CPT® 73722) **OR** ◦ CT Knee with contrast (arthrogram) (CPT® 73701)	See: **Chondral/ Osteochondral Lesions (MS-13)** for other osteochondral injury scenarios.
Avascular Necrosis (AVN) of the Distal Femur	No	• See: **AVN (MS-4.1)**	

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

After an initial plain x-ray has been obtained, and results are available to the provider, the following advanced imaging is indicated (as described in General Guidelines [MS-1.0])			
Condition (Individual's condition)	**Conservative Treatment (Is failure of 6 weeks of provider-directed conservative treatment within the past 12 weeks with clinical re-evaluation required?) (Yes or No)**	**Advanced imaging (The appropriate advanced imaging indicated for this condition. In some scenarios, advanced imaging may not be indicated.)**	**Comments (Additional comments related to the condition.)**
Baker's Cyst (Popliteal Cyst)	Yes	• US Knee (CPT® 76881 or CPT® 76882) is the initial imaging study • MRI Knee without contrast (CPT® 73721) for preoperative planning	See also: **Acute Limb Swelling (PVD-12)** in the Peripheral Vascular Disease Imaging Guidelines
Plica (Symptomatic Synovial Plica/ Medial Synovial Shelf)	Yes	• MRI Knee without contrast (CPT® 73721)	
Hemarthrosis (Traumatic)	*See comments	• *See specific trauma-related section (e.g. ligament tear, suspected osteochondral injury, patellar dislocation)	
Hemarthrosis (Non-traumatic or spontaneous)[23,24]	No	• MRI Knee without contrast (CPT® 73721)	

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

After an initial plain x-ray has been obtained, and results are available to the provider, the following advanced imaging is indicated (as described in General Guidelines [MS-1.0])			
Condition (Individual's condition)	**Conservative Treatment (Is failure of 6 weeks of provider-directed conservative treatment within the past 12 weeks with clinical re-evaluation required?) (Yes or No)**	**Advanced imaging (The appropriate advanced imaging indicated for this condition. In some scenarios, advanced imaging may not be indicated.)**	**Comments (Additional comments related to the condition.)**
Complete Rupture of the Distal Quadriceps Tendon or Patellar Ligament/ Tendon	No	• For preoperative planning: ◦ MRI Knee without contrast (CPT® 73721) **OR** ◦ US Knee (CPT® 76881 or CPT® 76882)	
Partial Tendon Rupture	No	• For a suspected partial tendon rupture of a specific named tendon not otherwise specified: ◦ MRI Knee without contrast (CPT® 73721) **OR** ◦ US Knee (CPT® 76881 or CPT® 76882)	MRI is *NOT* needed for muscle belly strains/ muscle tears.
Complete Rupture – Tear of a Specific Named Tendon	No	• For preoperative planning: ◦ MRI Knee without contrast (CPT® 73721) **OR** ◦ US Knee (CPT® 76881 or CPT® 76882)	

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

After an initial plain x-ray has been obtained, and results are available to the provider, the following advanced imaging is indicated (as described in General Guidelines [MS-1.0])			
Condition (Individual's condition)	**Conservative Treatment (Is failure of 6 weeks of provider-directed conservative treatment within the past 12 weeks with clinical re-evaluation required?) (Yes or No)**	**Advanced imaging (The appropriate advanced imaging indicated for this condition. In some scenarios, advanced imaging may not be indicated.)**	**Comments (Additional comments related to the condition.)**
Post-Operative	Yes	• In symptomatic individuals following surgery for meniscus tears and reconstruction of the anterior cruciate ligament: ◦ MRI Knee with contrast (arthrogram) (CPT® 73722) **OR** ◦ MRI Knee without contrast (CPT® 73721) • In symptomatic individuals following surgery for fracture/dislocation: ◦ CT Knee without contrast (CPT® 73700)	

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

After an initial plain x-ray has been obtained, and results are available to the provider, the following advanced imaging is indicated (as described in General Guidelines [MS-1.0])			
Condition (Individual's condition)	**Conservative Treatment (Is failure of 6 weeks of provider-directed conservative treatment within the past 12 weeks with clinical re-evaluation required?) (Yes or No)**	**Advanced imaging (The appropriate advanced imaging indicated for this condition. In some scenarios, advanced imaging may not be indicated.)**	**Comments (Additional comments related to the condition.)**
Post-Operative Knee Replacement Surgery	No*	• For suspected aseptic loosening when recent plain x-ray is nondiagnostic: ◦ CT Knee without contrast (CPT® 73700) **OR** ◦ MRI Knee without contrast (CPT® 73721) **OR** ◦ See also: **Nuclear Medicine (MS-28)** • For suspected infection with negative or inconclusive joint aspiration culture: ◦ MRI Knee without contrast (CPT® 73721) **OR** ◦ MRI Knee without and with contrast (CPT® 73723) **OR** ◦ CT Knee with contrast (CPT® 73701) **OR** ◦ US Knee (CPT® 76881 or 76882)	See also: **Post-Operative Joint Replacement Surgery (MS-16)**

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

After an initial plain x-ray has been obtained, and results are available to the provider, the following advanced imaging is indicated (as described in General Guidelines [MS-1.0])			
Condition (Individual's condition)	**Conservative Treatment (Is failure of 6 weeks of provider-directed conservative treatment within the past 12 weeks with clinical re-evaluation required?) (Yes or No)**	**Advanced imaging (The appropriate advanced imaging indicated for this condition. In some scenarios, advanced imaging may not be indicated.)**	**Comments (Additional comments related to the condition.)**
		◦ See also: **Nuclear Medicine (MS-28)** • Following plain x-ray for suspected periprosthetic fracture: ◦ CT Knee without contrast (CPT® 73700) **OR** ◦ MRI Knee without contrast (CPT® 73721) ◦ 3-phase bone scan (CPT®78315) • For suspected osteolysis or component instability, rotation, or wear: ◦ CT Knee without contrast (CPT® 73700) **OR** ◦ MRI Knee without contrast (CPT® 73721) • For suspected periprosthetic soft tissue abnormality unrelated to infection (e.g.,	

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

After an initial plain x-ray has been obtained, and results are available to the provider, the following advanced imaging is indicated (as described in General Guidelines [MS-1.0])			
Condition (Individual's condition)	**Conservative Treatment (Is failure of 6 weeks of provider-directed conservative treatment within the past 12 weeks with clinical re-evaluation required?) (Yes or No)**	**Advanced imaging (The appropriate advanced imaging indicated for this condition. In some scenarios, advanced imaging may not be indicated.)**	**Comments (Additional comments related to the condition.)**
		tendinopathy, arthrofibrosis, patellar clunk syndrome, impingement of nerves or other soft tissue) *requires conservative treatment: ◦ MRI Knee without contrast (CPT® 73721) **OR** ◦ US Knee (CPT® 76881 or CPT® 76882)	

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Evidence Discussion (MS-25)

v2.0.2025

For most patients with a knee complaint, a diagnosis can be made based on a detailed history, physical examination and plain radiographs. Advanced imaging is typically not necessary for the initial evaluation. Multiple articles have shown advanced imaging can often demonstrate abnormalities that have no relevance to the patient's symptoms. It has been reported that approximately 30 – 40 percent of middle-aged patients and an even higher percentage of older patients have asymptomatic meniscus tears. Advanced imaging incidental findings can possibly lead to overtreatment with referral to specialists and possibly unnecessary surgery.

Plain x-rays are valuable as initial imaging as they can determine the necessity of advanced imaging, what specific advanced imaging study is warranted and if contrast is needed. As x-rays often have a larger field of view than MRI or CT, they have the potential to identify more proximal or distal pathology in an extremity. Initial plain x-rays for the evaluation of knee conditions are also recommended by the American College of Radiology Appropriate Use Criteria. It is also noteworthy that when MRI is necessary, radiographs are considered an essential, initial complementary study for the reading of musculoskeletal MRIs.

Treatment for many knee conditions does not rely on advanced imaging results and most patients will improve within a few weeks or months with conservative care. However, for some knee conditions (e.g. loose bodies, suspected tendon tear, particular issues after knee replacement surgery), conservative care would not be necessary prior to advanced imaging.

In addition to overtreatment and possibly unnecessary surgery due to incidental findings, risks of advanced imaging include but are not limited to radiation exposure, implanted device complications, metallic foreign body complications and contrast complications.

For many knee conditions, initial plain x-rays and an initial course of conservative care can provide a significant clinical benefit that would outweigh the clinical harm from perhaps briefly delaying advanced imaging if needed. A course of conservative care or plain x-ray findings many times may obviate the need for advanced imaging which possess their own set of significant risks.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

References (MS-25)

v2.0.2025

1. Harrison BK, Abell BE, Gibson TW. The Thessaly test for detection of meniscal tears: validation of a new physical examination technique for primary care medicine. *Clin J Sport Med*. 2009;19:9-12. doi:10.1097/JSM.0b013e31818f1689.
2. Landewé RBM, Günther KP, Lukas C, et al. EULAR/EFFORT recommendations for the diagnosis and initial management of patients with acute or recent onset swelling of the knee. *Ann Rheum Dis*. 2010;69:12-19. doi:10.1136/ard.2008.104406.
3. Johnson MW. Acute knee effusions: a systematic approach to diagnosis. *Am Fam Physician*. 2000;61(8):2391-2400. https://www.aafp.org/afp/2000/0415/p2391.html.
4. Sung-Jae Kim, Byoung-Yoon Hwang, Choi DH, et al. *J Bone Joint Surg A*. 2012;94(16):e118 1-7.
5. Kannus P, Järvinen M. Nonoperative treatment of acute knee ligament injuries. A review with special reference to indications and methods. *Sports Med*.1990;9(4):244-260. doi:10.2165/00007256-199009040-00005.
6. Manek NJ and Lane NE. Osteoarthritis: Current concepts in diagnosis and management. *Am Fam Physician*. 2000;61(6):1795-1804. https://www.aafp.org/afp/2000/0315/p1795.html.
7. Griffin LY. *Essentials of Musculoskeletal Care.* 3rd edition. Rosemont, IL: American Academy of Orthopaedic Surgeons; 2005:84, 541-545.
8. Lee IS, Choi JA, Kim TK, et al. Reliability analysis of 16-MDCT in preoperative evaluation of total knee arthroplasty and comparison with intraoperative measurements. *Am J Roentgenol*. 2006;186(6):1778-1782. doi:10.2214/AJR.05.1191.
9. Morrissey RT, Weinstein SL (Eds.). *Lovell and Winter's Pediatric Orthopaedics*. 6th Ed. Philadelphia, PA: Lippincott Williams and Wilkins; 2005:1413.
10. Woolson ST, Harris AHS, Wagner DW, et al; Component alignment during total knee arthroplasty with use of standard or custom instrumentation: A Randomized Clinical Trial Using Computed Tomography for Postoperative Alignment Measurement. *Journal of Bone and Joint Surgery*. 2014;96:366-372. doi:10.2106/JBJS.L.01722.
11. Vance K, Meredick R, Schweitzer ME, et al. Magnetic resonance imaging of the postoperative meniscus. *Arthroscopy*. 2009;25:522-30. doi:10.1016/j.arthro.2008.08.013.
12. Magee T, Shapiro M, and Williams D. Prevalence of meniscal radial tears of the knee revealed by MRI after surgery. *Am J Roentgenol.* 2004;184:931-936. doi:10.2214/ajr.182.4.1820931.
13. Meyers AB, Haims AH, Menn K, et al. Imaging of anterior cruciate ligament repair and its complications. *Am J Roentgenol.* 2010;194:476-484. doi:10.2214/AJR.09.3200.
14. Tuite, MJ, Kransdorf MJ, Beaman FD, et. al. Expert Panel on Musculoskeletal Imaging. ACR Appropriateness Criteria® Acute Trauma to the Knee. *Am Coll Radiol (ACR);* Date of Origin: 1998. Revised: 2019. https://acsearch.acr.org/docs/69419/Narrative.
15. Bennett DL, Nelson JW, Weissman BN, et. al. Expert Panel on Musculoskeletal Imaging. ACR Appropriateness Criteria® Nontraumatic Knee Pain. *Am Coll Radiol (ACR);* Date of Origin: 1995. Revised: 2018. https://acsearch.acr.org/docs/69432/Narrative/.
16. Zoga AC, Weissman BN, Kransdorf MJ, et. al. Expert Panel on Musculoskeletal Imaging. ACR Appropriateness Criteria® Soft-Tissue Masses. *Am Coll Radiol (ACR);* Date of Origin: 1995. Revised: 2017. https://acsearch.acr.org/docs/69434/Narrative/.
17. Walker EA, Fox MG, Blankenbaker DG, et. al. ACR Appropriateness Criteria® Imaging After Total Knee Arthroplasty. Available at: https://acsearch.acr.org/docs/69430/Narrative/. American College of Radiology. Revised 2023.
18. Kurosaka M, Yagi M, Yoshiya S, Muratsu H, Mizuno K. Efficacy of the axially loaded pivot shift test for the diagnosis of a meniscal tear. *Int Orthop*. 1999;23:271-274. doi:10.1007/s002640050369.
19. Fowler PJ, Lubliner JA. The predictive value of five clinical signs in the evaluation of meniscal pathology. *Arthroscopy*. 1989;5(3):184-186. doi:10.1016/0749-8063(89)90168-0.
20. Beaman FD, von Herrmann PF, Kransdorf MJ, et. al. Expert Panel on Musculoskeletal Imaging. ACR Appropriateness Criteria® Suspected Osteomyelitis, Septic Arthritis, or Soft Tissue Infection (Excluding Spine

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

and Diabetic Foot). *Am Coll Radiol (ACR)*; Date of Origin: 2016. Revised: 2022. https://acsearch.acr.org/docs/3094201/Narrative/.

21. Pauyo T, Park JP, Bozzo I, Bernstein M. Patellofemoral instability part I: evaluation and nonsurgical treatment. *J Am Acad Orthop Surg*. 2022;30:e1431-e1442. doi:10.5435/JAAOS-D-22-00254.
22. Sasho T, Ogino S, Tsuruoka H, et al. Spontaneous Recurrent Hemarthrosis of the Knee in the Elderly: Arthroscopic Treatment and Etiology. *Arthroscopy: The Journal of Arthroscopic & Related Surgery*. 2008; 24(9):1027-1033.
23. van Vulpen LFD, Holstein K, Martinoli C. Joint disease in haemophilia: Pathophysiology, pain and imaging. *Haemophilia*. 2018;24 Suppl 6:44-49. doi:10.1111/hae.13449.
24. Pompan DC. Appropriate use of MRI for evaluating common musculoskeletal conditions. *Am Fam Physician*. 2011 Apr 15;83(8):883-4.
25. Englund M, Guermazi A, Gale D, et al. Incidental meniscal findings on knee MRI in middle-aged and elderly persons. *N Engl J Med*. 2008;359(11):1108-1115.
26. Deshpande BR, Losina E, Smith SR, Martin SD, Wright RJ, Katz JN. Association of MRI findings and expert diagnosis of symptomatic meniscal tear among middle-aged and older adults with knee pain. *BMC Musculoskelet Disord*. 2016 Apr 11;17:154.
27. Ryzewicz M, Peterson B, Siparsky PN, Bartz RL. The diagnosis of meniscus tears: the role of MRI and clinical examination. *Clin Orthop Relat Res*. 2007;455:123-133.
28. Taljanovic MS, Hunter TB, Fitzpatrick KA, Krupinski EA, Pope TL. Musculoskeletal magnetic resonance imaging: importance of radiography. *Skeletal Radiol*. 2003 Jul;32(7):403-11.
29. Bunt CW, Jonas CE, Chang JG. Knee Pain in Adults and Adolescents: The Initial Evaluation. *Am Fam Physician*. 2018 Nov 1;98(9):576-585.
30. Fox MG, Chang EY, Amini B, et. al. ACR Appropriateness Criteria® Chronic Knee Pain. Available at https://acsearch.acr.org/docs/69432/Narrative/. American College of Radiology. Revised 2018.
31. Watson RE, Yu L. Safety Considerations in MRI and CT. *Continuum (Minneap Minn)*. 2023 Feb 1;29(1):27-53.
32. Song YD, Jain NP, Kim SJ, Kwon SK, Chang MJ, Chang CB, Kim TK. Is Knee Magnetic Resonance Imaging Overutilized in Current Practice? *Knee Surg Relat Res*. 2015 Jun;27(2):95-100.
33. Sherman SL, Gulbrandsen TR, Lewis HA, Gregory MH, Capito NM, Gray AD, Bal BS. Overuse of Magnetic Resonance Imaging in the Diagnosis and Treatment of Moderate to Severe Osteoarthritis. *Iowa Orthop J*. 2018;38:33-37. PMID: 30104922; PMCID: PMC6047403.
34. Petron DJ, Greis PE, Aoki SK, Black S, Krete D, Sohagia KB, Burks R. Use of knee magnetic resonance imaging by primary care physicians in patients aged 40 years and older. *Sports Health*. 2010;2(5):385-390. doi:10.1177/1941738110377420 .
35. Khaund R, Flynn SH. Iliotibial band syndrome: a common source of knee pain. *Am Fam Physician*. 2005 Apr 15;71(8):1545-50.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Ankle (MS-26)

Guideline

Ankle (MS-26)
Evidence Discussion (MS-26)
References (MS-26)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Ankle (MS-26)

MS.AL.0026.A
v2.0.2025

After an initial plain x-ray has been obtained, and results are available to the provider, the following advanced imaging is indicated (as described in General Guidelines [MS-1.0])			
Condition (Individual's condition)	**Conservative Treatment (Is failure of 6 weeks of provider-directed conservative treatment within the past 12 weeks with clinical re-evaluation required?) (Yes or No)**	**Advanced Imaging (The appropriate advanced imaging indicated for this condition. In some scenarios, advanced imaging may not be indicated.)**	**Comments (Additional comments related to the condition.)**
General Ankle Pain	Yes	• MRI Ankle without contrast (CPT® 73721) **OR** • US Ankle (CPT® 76881 or CPT® 76882)	
Symptomatic Loose Bodies	No	• MRI Ankle without contrast (CPT® 73721)	
Complex Fracture	No	• MRI Ankle without contrast (CPT® 73721) **OR** • CT Ankle without contrast (CPT® 73700)	
Ankle Sprain, Including Avulsion Fracture	Yes	• MRI Ankle Without Contrast (CPT® 73721) **OR** • CT Ankle without contrast (CPT® 73700)	

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

After an initial plain x-ray has been obtained, and results are available to the provider, the following advanced imaging is indicated (as described in General Guidelines [MS-1.0])			
Condition (Individual's condition)	**Conservative Treatment (Is failure of 6 weeks of provider-directed conservative treatment within the past 12 weeks with clinical re-evaluation required?) (Yes or No)**	**Advanced Imaging (The appropriate advanced imaging indicated for this condition. In some scenarios, advanced imaging may not be indicated.)**	**Comments (Additional comments related to the condition.)**
High Ankle Sprain (Syndesmosis Injury)	No	• MRI Ankle without contrast (CPT® 73721) **OR** • CT Ankle without contrast (CPT® 73700)	
Suspected Osteochondral Injury	No	• If plain x-rays are negative and an osteochondral fracture is still suspected, ONE of the following: ◦ MRI Ankle without contrast (CPT® 73721) **OR** ◦ CT Ankle without contrast (CPT® 73700)	See: **Chondral/ Osteochondral Lesions (MS-13)** for other osteochondral injury scenarios
Avascular Necrosis (AVN) of the Talus	No	• See:**AVN (MS-4.1)**	

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

After an initial plain x-ray has been obtained, and results are available to the provider, the following advanced imaging is indicated (as described in General Guidelines [MS-1.0])			
Condition (Individual's condition)	**Conservative Treatment (Is failure of 6 weeks of provider-directed conservative treatment within the past 12 weeks with clinical re-evaluation required?) (Yes or No)**	**Advanced Imaging (The appropriate advanced imaging indicated for this condition. In some scenarios, advanced imaging may not be indicated.)**	**Comments (Additional comments related to the condition.)**
Anterior Impingement **Anterior-Lateral Impingement** **Posterior Impingement (e.g., Os Trigonum Syndrome)**	Yes	• MRI Ankle with contrast (arthrogram) (CPT® 73722) **OR** • CT Ankle with contrast (arthrogram) (CPT® 73701) **OR** • MRI Ankle without contrast (CPT® 73721)	
Tendonitis	Yes	• For suspected posterior tibial dysfunction, peroneal tendon or subluxation, Achilles tendonitis: ◦ MRI Ankle without contrast (CPT® 73721) **OR** ◦ US Ankle (CPT® 76881 or CPT® 76882)	
Complete Rupture of Achilles Tendon	No	• For preoperative evaluation: ◦ MRI Ankle without contrast (CPT® 73721) **OR** ◦ US Ankle (CPT® 76881 or CPT® 76882)	

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

After an initial plain x-ray has been obtained, and results are available to the provider, the following advanced imaging is indicated (as described in General Guidelines [MS-1.0])			
Condition (Individual's condition)	**Conservative Treatment (Is failure of 6 weeks of provider-directed conservative treatment within the past 12 weeks with clinical re-evaluation required?) (Yes or No)**	**Advanced Imaging (The appropriate advanced imaging indicated for this condition. In some scenarios, advanced imaging may not be indicated.)**	**Comments (Additional comments related to the condition.)**
Complete Rupture -Tear of a Specific Named Tendon	No	• For preoperative planning: ◦ MRI Ankle without contrast (CPT® 73721) **OR** ◦ US Ankle (CPT® 76881 or CPT® 76882)	
Partial Tendon Rupture	No	• For a suspected partial tendon rupture of a specific named tendon not otherwise specified: ◦ MRI Ankle without contrast (CPT® 73721) **OR** ◦ US Ankle (CPT® 76881 or CPT® 76882)	MRI is *NOT* needed for muscle belly strains/ muscle tears.
Instability	Yes	• For preoperative evaluation: ◦ MRI Ankle without contrast (CPT® 73721) **OR** ◦ MRI Ankle with contrast (arthrogram) (CPT® 73722)	
Charcot Ankle	Yes	• MRI Ankle without contrast (CPT® 73721)	

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

After an initial plain x-ray has been obtained, and results are available to the provider, the following advanced imaging is indicated (as described in General Guidelines [MS-1.0])			
Condition (Individual's condition)	**Conservative Treatment (Is failure of 6 weeks of provider-directed conservative treatment within the past 12 weeks with clinical re-evaluation required?) (Yes or No)**	**Advanced Imaging (The appropriate advanced imaging indicated for this condition. In some scenarios, advanced imaging may not be indicated.)**	**Comments (Additional comments related to the condition.)**
Post-Operative	Yes	• In symptomatic individuals following surgery for ligament/tendon injuries, *one of the following*: ◦ MRI Ankle without contrast (CPT® 73721) **OR** ◦ US Ankle (CPT® 76881 or CPT® 76882) • For symptomatic individuals following surgery for complex fractures: ◦ CT Ankle without contrast (CPT® 73700)	

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

After an initial plain x-ray has been obtained, and results are available to the provider, the following advanced imaging is indicated (as described in General Guidelines [MS-1.0])			
Condition (Individual's condition)	**Conservative Treatment (Is failure of 6 weeks of provider-directed conservative treatment within the past 12 weeks with clinical re-evaluation required?) (Yes or No)**	**Advanced Imaging (The appropriate advanced imaging indicated for this condition. In some scenarios, advanced imaging may not be indicated.)**	**Comments (Additional comments related to the condition.)**
Post-Operative Ankle Replacement Surgery	No	• For suspected aseptic loosening or periprosthetic fracture when recent plain x-ray is nondiagnostic: ◦ CT Ankle without contrast (CPT® 73700) **OR** ◦ Bone scan (CPT® 78315, 78300, or 78306) **OR** ◦ Distribution Of Radiopharmaceutical Agent SPECT (CPT® 78803 or 78831) **OR** ◦ Hybrid SPECT/CT (CPT® 78830) • For suspected infection with negative or inconclusive joint aspiration culture: ◦ MRI Ankle without contrast (CPT® 73721) **OR**	See: **Post-Operative Joint Replacement Surgery (MS-16)**

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

After an initial plain x-ray has been obtained, and results are available to the provider, the following advanced imaging is indicated (as described in General Guidelines [MS-1.0])			
Condition (Individual's condition)	**Conservative Treatment (Is failure of 6 weeks of provider-directed conservative treatment within the past 12 weeks with clinical re-evaluation required?) (Yes or No)**	**Advanced Imaging (The appropriate advanced imaging indicated for this condition. In some scenarios, advanced imaging may not be indicated.)**	**Comments (Additional comments related to the condition.)**
		◦ MRI Ankle without and with contrast (CPT® 73723) **OR** ◦ CT Ankle with contrast (CPT® 73701) **OR** ◦ US Ankle (CPT® 76881 or CPT® 76882) **OR** ◦ See also: **Nuclear Medicine (MS-28)**	

One Study/Area Only

In foot and ankle advanced imaging, studies are frequently ordered of both areas. This is unnecessary since ankle MRI will image from above the ankle to the mid-metatarsal area. **Only one CPT® code should be reported** .

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Evidence Discussion (MS-26)

v2.0.2025

For most patients with an ankle complaint, a diagnosis can be made based on a detailed history, physical examination and plain radiographs. Advanced imaging is typically not necessary for the initial evaluation. Multiple articles have shown advanced imaging can often demonstrate abnormalities that have no relevance to the patient's symptoms. Advanced imaging incidental findings can possibly lead to overtreatment with referral to specialists and possibly unnecessary surgery. Ganguli et. al. reported incidental findings on screening and diagnostic tests are common and may trigger cascades of further testing and treatment. Also reported was that such cascades of care come with substantial potential for harm (including patient anxiety and additional treatment risks) in addition to monetary costs and inconvenience.

Plain x-rays are valuable as initial imaging as they can determine the necessity of advanced imaging, what specific advanced imaging study is warranted and if contrast is needed. As x-rays often have a larger field of view than MRI or CT, they have the potential to identify more proximal or distal pathology in an extremity. Initial plain x-rays for the evaluation of ankle conditions are also recommended by the American College of Radiology Appropriate Use Criteria. It is also noteworthy that when MRI is necessary, radiographs are considered an essential, initial complementary study for the reading of musculoskeletal MRIs.

Treatment for many ankle conditions does not rely on advanced imaging results and most patients will improve within a few weeks or months with conservative care. However, for some ankle conditions (e.g. loose bodies, suspected tendon tear, issues after ankle replacement surgery), conservative care would not be necessary prior to advanced imaging.

In addition to overtreatment and possibly unnecessary surgery due to incidental findings, risks of advanced imaging include but are not limited to radiation exposure, implanted device complications, metallic foreign body complications and contrast complications.

For many ankle conditions, initial plain x-rays and an initial course of conservative care can provide a significant clinical benefit that would outweigh the clinical harm from perhaps briefly delaying advanced imaging if needed. A course of conservative care or plain x-ray findings many times may obviate the need for advanced imaging which possess their own set of significant risks.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

References (MS-26)

v2.0.2025

1. Donovan A, Rosenberg ZS. MRI of ankle and lateral hindfoot impingement syndromes. *AJR*. 2010;195: 595-604.
2. Wolfe MW, Uhl TL, and McClusky LC. Management of ankle sprains. *Am Fam Physician* 2001;63(1):93-104. https://www.aafp.org/afp/2001/0101/p93.html.
3. Griffin LY. *Essentials of Musculoskeletal Care.* 3rd edition. Rosemont, IL: American Academy of Orthopaedic Surgeons; 2005:593-596; 606-609; 683.
4. Bergkvist D, Astrom I, Josefsson PO, et al. Acute Achilles Tendon Rupture: A Questionnaire Follow-up of 487 Patients. *J Bone Joint Surg Am.* 2012;94(13):1229-1233. doi:10.2106/JBJS.J.01601.
5. Hartgerink P, Fessell DP, Jacobson JA, et al. Full- versus partial-thickness Achilles tendon tears: sonographic accuracy and characterization in 26 cases with surgical correlation. *Radiology* 2001;220:406-412. doi: 10.1148/radiology.220.2.r01au41406.
6. Jones MP, Riaz JK, Smith RLC. Surgical Interventions for Treating Acute Achlles Tendon Rupture: Key Findings from a Recent Cochrane Review. *J Bone Joint Surg Am.* 2012;94(12):e88 1-6. doi:10.2106/jbjs.j.01829.
7. Vaseenon T, Amendola A. Update on anterior ankle impingement. *Current Reviews in Musculoskeletal Medicine*. 2012;5:140-150. doi:10.1007/s12178-012-9117-z.
8. Talusan PG, Toy J, Perez J, Milewski MD, et al. Anterior ankle impingement: diagnosis and treatment. *J Am Acad Orthop Surg*. 2014;22:333-339. doi:10.5435/JAAOS-22-05-333.
9. Nault ML, Kocher MS, Micheli LJ. Os Trigonum Syndrome. *J Am Acad Orthop Surg*. 2014;22:545-553. doi:10.5435/JAAOS-22-09-545.
10. Peace KAL, Jillier JC, Hulme A, et al. MRI features of posterior ankle impingement syndrome in ballet dancers: a review 25 cases. *Clinical Radiology*. 2004;59:1025-1033. doi:10.1016/j.crad.2004.02.010.
11. J Kane and R Zell. Achilles Tendon Rupture. Physician Resource Center. *American Orthopaedic Foot & Ankle Society*. Last reviewed July 2015.
12. Garras DN, et al. MRI is Unnecessary for Diagnosing Acute Achilles Tendon Ruptures. *Clinical Orthopaedics and Related Research*. 2012;470:2268–2273 Retrospective Analysis with finding. doi:10.1007/s11999-012-2355-y.
13. Smith SE, Chang EY, Ha AS, et al. ACR Appropriateness Criteria® Acute Trauma to the Ankle. Available at https://acsearch.acr.org/docs/69436/Narrative/. American College of Radiology. Revised 2020.
14. Chang EY, Tadros AS, Amini B, et al. ACR Appropriateness Criteria® Chronic Ankle Pain. Available at https://acsearch.acr.org/docs/69422/Narrative/. American College of Radiology. Revised 2017.
15. Dodd A, Daniels TR. Charcot Neuroarthropathy of the Foot and Ankle. *J Bone Joint Surg Am.* 2018;100:696-711. doi:10.2106/JBJS.17.00785.
16. Beaman FD, von Herrmann PF, Kransdorf MJ, et. al. Expert Panel on Musculoskeletal Imaging. ACR Appropriateness Criteria® Suspected Osteomyelitis, Septic Arthritis, or Soft Tissue Infection (Excluding Spine and Diabetic Foot). *Am Coll Radiol (ACR)*; Date of Origin: 2016. Revised: 2022. https://acsearch.acr.org/docs/3094201/Narrative/.
17. Pompan DC. Appropriate use of MRI for evaluating common musculoskeletal conditions. *Am Fam Physician*. 2011 Apr 15;83(8):883-4.
18. Deu RS, Coslick AM, Dreher G. Tendinopathies of the Foot and Ankle. *Am Fam Physician*. 2022 May 1;105(5):479-486.
19. Tiemstra JD. Update on acute ankle sprains. *Am Fam Physician*. 2012 Jun 15;85(12):1170-6.
20. Tocci SL, Madom IA, Bradley MP, Langer PR, DiGiovanni CW. The diagnostic value of MRI in foot and ankle surgery. *Foot Ankle Int*. 2007 Feb;28(2):166-8.
21. Taljanovic MS, Hunter TB, Fitzpatrick KA, Krupinski EA, Pope TL. Musculoskeletal magnetic resonance imaging: importance of radiography. *Skeletal Radiol*. 2003 Jul;32(7):403-11.
22. de Ga K, Noblett D, Bateni C. Ankle MRI and preceding radiographs: an evaluation of physician ordering practices. *Skeletal Radiol*. 2022;51(12):2263-2268. doi:10.1007/s00256-022-04084-8.
23. Watson RE, Yu L. Safety Considerations in MRI and CT. *Continuum (Minneap Minn)*. 2023 Feb 1;29(1):27-53.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

24. Ganguli I, Simpkin AL, Lupo C, Weissman A, Mainor AJ, Orav EJ, Rosenthal MB, Colla CH, Sequist TD. Cascades of Care After Incidental Findings in a US National Survey of Physicians. *JAMA Netw Open*. 2019 Nov 1;2(11):e1916768. doi: 10.1001/jamanetworkopen.2019.16768]. *JAMA Netw Open*. 2019;2(10):e1913325. Published 2019 Oct 2. doi:10.1001/jamanetworkopen.2019.13325.
25. Noto AM, Cheung Y, Rosenberg ZS, Norman A, Leeds NE: MR imaging of the ankle: normal variants. *Radiology*. 1989;170(1 Pt 1):121-124. doi:10.1148/radiology.170.1.2909084.
26. Rosenberg ZS, Bencardino J, Mellado JM: Normal variants and pitfalls in magnetic resonance imaging of the ankle and foot. *Top Magn Reson Imaging*. 9:262–272, 1998.
27. Papaliodis DN, Vanushkina MA, Richardson NG, DiPreta JA. The foot and ankle examination. *Med Clin North Am*. 2014 Mar;98(2):181-204.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Foot (MS-27)

Guideline

Foot (MS-27)
Evidence Discussion (MS-27)
References (MS-27)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Foot (MS-27)

MS.FT.0027.A
v2.0.2025

After an initial plain x-ray has been obtained, and results are available to the provider, the following advanced imaging is indicated (as described in General Guidelines [MS-1.0])			
Condition (Individual's condition)	**Conservative Treatment (Is failure of 6 weeks of provider-directed conservative treatment within the past 12 weeks with clinical re-evaluation required?) (Yes or No)**	**Advanced imaging (The appropriate advanced imaging indicated for this condition. In some scenarios, advanced imaging may not be indicated.)**	**Comments (Additional comments related to the condition.)**
General Foot Pain	Yes	• MRI Foot without contrast (CPT® 73718)	
Complex Fractures	No	• CT Foot without contrast (CPT® 73700)	
Plantar Plate Disorders, Including Turf Toe Injuries	Yes	• MRI Foot without contrast (CPT® 73718)	
Sesamoid Disorders	Yes	• MRI Foot without contrast (CPT® 73718) **OR** • CT Foot without contrast (CPT® 73700)	

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

After an initial plain x-ray has been obtained, and results are available to the provider, the following advanced imaging is indicated (as described in General Guidelines [MS-1.0])			
Condition (Individual's condition)	**Conservative Treatment (Is failure of 6 weeks of provider-directed conservative treatment within the past 12 weeks with clinical re-evaluation required?) (Yes or No)**	**Advanced imaging (The appropriate advanced imaging indicated for this condition. In some scenarios, advanced imaging may not be indicated.)**	**Comments (Additional comments related to the condition.)**
Lisfranc Tarsometatarsal Fracture or Dislocation	No	• MRI Foot without contrast (CPT® 73718) **OR** • CT Foot without contrast (CPT® 73700)	
Tarsal Navicular Stress/Occult Fracture	No	• MRI Foot without contrast (CPT® 73718) • Tc-99m bone scan foot (CPT® 78315) if MRI cannot be performed • CT Foot without contrast (CPT® 73700) for follow-up of healing fractures	See also: **Suspected Occult/ Stress/ In-sufficiency Fracture/ Stress Reaction and Shin Splints (MS-5.2)**

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

After an initial plain x-ray has been obtained, and results are available to the provider, the following advanced imaging is indicated (as described in General Guidelines [MS-1.0])			
Condition (Individual's condition)	**Conservative Treatment (Is failure of 6 weeks of provider-directed conservative treatment within the past 12 weeks with clinical re-evaluation required?) (Yes or No)**	**Advanced imaging (The appropriate advanced imaging indicated for this condition. In some scenarios, advanced imaging may not be indicated.)**	**Comments (Additional comments related to the condition.)**
Avascular Necrosis (AVN) of the Tarsal Navicular (Kohler Disease) or Metatarsal Head (Frieberg's Infraction)	No	• See: **AVN (MS-4.1)**	
Tendonitis	Yes	• MRI Foot without contrast (CPT® 73718) **OR** • US Foot (CPT® 76881 or CPT® 76882)	
Complete Rupture – Tear of a Specific Named Tendon	No	• For preoperative planning: ◦ MRI Foot without contrast (CPT® 73718) **OR** ◦ US Foot (CPT® 76881 or CPT® 76882)	

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

After an initial plain x-ray has been obtained, and results are available to the provider, the following advanced imaging is indicated (as described in General Guidelines [MS-1.0])			
Condition (Individual's condition)	**Conservative Treatment (Is failure of 6 weeks of provider-directed conservative treatment within the past 12 weeks with clinical re-evaluation required?) (Yes or No)**	**Advanced imaging (The appropriate advanced imaging indicated for this condition. In some scenarios, advanced imaging may not be indicated.)**	**Comments (Additional comments related to the condition.)**
Partial Tendon Rupture	No	• For a suspected partial tendon rupture of a specific named tendon not otherwise specified: ◦ MRI Foot without contrast (CPT® 73718) **OR** ◦ US Foot (CPT® 76881 or CPT® 76882)	MRI is *NOT* needed for muscle belly strains/muscle tears.
Morton's Neuroma	Yes	• For preoperative planning: ◦ MRI Foot without contrast (CPT® 73718) **OR** ◦ MRI Foot without and with contrast (CPT® 73720) **OR** ◦ US Foot (CPT® 76881 or CPT® 76882)	
Plantar Fasciitis	Yes*	• For preoperative planning: ◦ MRI Foot without contrast (CPT® 73718) **OR** ◦ US Foot (CPT® 76881 or CPT® 76882)	*Provider-directed conservative treatment must be for 6 months or more.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

After an initial plain x-ray has been obtained, and results are available to the provider, the following advanced imaging is indicated (as described in General Guidelines [MS-1.0])			
Condition (Individual's condition)	**Conservative Treatment (Is failure of 6 weeks of provider-directed conservative treatment within the past 12 weeks with clinical re-evaluation required?) (Yes or No)**	**Advanced imaging (The appropriate advanced imaging indicated for this condition. In some scenarios, advanced imaging may not be indicated.)**	**Comments (Additional comments related to the condition.)**
Suspected Plantar Fascia Rupture or Tear	Yes	• MRI Foot without contrast (CPT® 73718) **OR** • US Foot (CPT® 76881 or CPT® 76882)	
Diabetic Foot Infection	No	• For suspected osteomyelitis or soft tissue infection as a complement to plain x-ray (both plain x-ray and advanced imaging are indicated): ◦ MRI Foot without and with contrast (CPT® 73720) **OR** ◦ MRI Foot without contrast (CPT® 73718) **OR** ◦ CT foot without contrast (CPT® 73700) **OR** ◦ CT Foot with contrast (CPT® 73701)[13]	See also: **Infection-General (MS-9.1)**

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

After an initial plain x-ray has been obtained, and results are available to the provider, the following advanced imaging is indicated (as described in General Guidelines [MS-1.0])			
Condition (Individual's condition)	**Conservative Treatment (Is failure of 6 weeks of provider-directed conservative treatment within the past 12 weeks with clinical re-evaluation required?) (Yes or No)**	**Advanced imaging (The appropriate advanced imaging indicated for this condition. In some scenarios, advanced imaging may not be indicated.)**	**Comments (Additional comments related to the condition.)**
Tarsal Tunnel Syndrome including Baxter's Neuropathy	Yes	• For preoperative planning if mass/lesion is suspected as etiology of entrapment: ◦ MRI Foot without contrast (CPT® 73718) **OR** ◦ US Foot (CPT® 76881 or CPT® 76882)	
Tarsal Coalition	Yes	• For preoperative planning: ◦ MRI Ankle without contrast (CPT® 73721) **OR** ◦ CT Ankle without contrast (CPT® 73700)	
Sinus Tarsi Syndrome	Yes	• MRI Ankle without contrast (CPT® 73721) if diagnosis is unclear or for preoperative evaluation	
Charcot Foot	Yes	• MRI Foot without contrast (CPT® 73718) **OR** • MRI Foot without and with contrast (CPT® 73720)	
CRPS Type I	Yes	• Triple phase bone scan (CPT® 78315) OR • MRI Foot without contrast (CPT® 73718)	

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

After an initial plain x-ray has been obtained, and results are available to the provider, the following advanced imaging is indicated (as described in General Guidelines [MS-1.0])			
Condition (Individual's condition)	**Conservative Treatment (Is failure of 6 weeks of provider-directed conservative treatment within the past 12 weeks with clinical re-evaluation required?) (Yes or No)**	**Advanced imaging (The appropriate advanced imaging indicated for this condition. In some scenarios, advanced imaging may not be indicated.)**	**Comments (Additional comments related to the condition.)**
Post-Operative	Yes	• In symptomatic individuals following surgery for conditions including the tendons, ligaments, and plantar plate, ONE of the following: ◦ MRI Foot without contrast (CPT® 73718) **OR** ◦ US Foot (CPT® 76881 or CPT® 76882) • In symptomatic individuals following surgery for complex fractures, sesamoid fractures, and subtalar arthrodesis: ◦ CT Foot without contrast (CPT® 73700)	

One Study/Area Only

In foot and ankle advanced imaging, studies are frequently ordered of both areas. This is unnecessary since ankle MRI will image from above the ankle to the mid- metatarsal area. **Only one CPT® code should be reported.**

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Evidence Discussion (MS-27)

v2.0.2025

A diagnosis can be made for most patients with a foot complaint based on a detailed history, physical examination and plain x-rays. Advanced imaging is typically not necessary for the initial evaluation. Multiple articles have shown advanced imaging can often demonstrate abnormalities that have no relevance to the patient's symptoms. Advanced imaging incidental findings can possibly lead to overtreatment with referral to specialists and possibly unnecessary surgery. Ganguli et. al. reported incidental findings on screening and diagnostic tests are common and may trigger cascades of further testing and treatment. Also reported was that such cascades of care come with substantial potential for harm (including patient anxiety and additional treatment risks) in addition to monetary costs and inconvenience.

Plain x-rays are valuable as initial imaging as they can determine the necessity of advanced imaging, what specific advanced imaging study is warranted and if contrast is needed. As x-rays often have a larger field of view than MRI or CT, they have the potential to identify more proximal or distal pathology in an extremity. Initial plain x-rays for the evaluation of foot conditions are also recommended by the American College of Radiology Appropriate Use Criteria. It is also noteworthy that when MRI is necessary, radiographs are considered an essential, initial complementary study for the reading of musculoskeletal MRIs.

Treatment for many foot conditions does not rely on advanced imaging results and most patients will improve within a few weeks or months with conservative care. Plantar fasciitis may take up to 12 months of non-operative treatment, however, MRI imaging is rarely needed for treatment planning. It should be noted though, for some foot conditions (e.g. Lisfranc injuries, suspected tendon tear, diabetic foot infections), conservative care would not be necessary prior to advanced imaging.

In addition to overtreatment and possibly unnecessary surgery due to incidental findings, risks of advanced imaging include but are not limited to radiation exposure, implanted device complications, metallic foreign body complications and contrast complications.

For many foot conditions, initial plain x-rays and an initial course of conservative care can provide a significant clinical benefit that would outweigh the clinical harm from perhaps briefly delaying advanced imaging if needed. A course of conservative care or plain x-ray findings many times may obviate the need for advanced imaging which possess their own set of significant risks.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (MS-27)

v2.0.2025

1. Griffin LY. *Essentials of Musculoskeletal Care.* 3rd edition. Rosemont, IL: American Academy of Orthopaedic Surgeons; 2005:619-622;667-671;681-684;697-699;700-702.
2. Needell S, Cutler J. Morton neuroma imaging. eMedicine, April 11, 2011
3. Morton's Neuroma. MDGuidelines™.
4. Berquist TH. *Radiology of the Foot and Ankle.* 2nd Ed. Philadelphia, Lippincott, 2000, pp.155-156.
5. Bouche R. Sinus Tarsi Syndrome. What is Sinus Tarsi Syndrome, Testing and Treatment. http://www.aapsm.org/sinus_tarsi_syndrome.html.
6. D Resnick. Internal Derangements of Joints 2006: Imaging-Arthroscopic Correlation. Washington, DC.Oct.31-Nov. 4, 2006.
7. Doty JF, Coughlin MJ. Metatarsophalangeal joint instability of the lesser toes and plantar plate deficiency. *J Am Acad Orthop Surg*. 2014;22(4):235-245. doi:10.5435/JAAOS-22-04-235.
8. Lareau CR, Sawyer GA, Wang JH, et al. Plantar and medial heel pain: diagnosis and management. *J Am Acad Orthop Surg*. 2014;22:372-380. doi:10.5435/JAAOS-22-06-372.
9. Sung, W, Weil L Jr, Weill LS Sr, et al. Diagnosis of plantar plate injury by magnetic resonance imaging with reference to Intraoperative findings. *Journal of Foot Ankle Surgery.* 2012;51(5):570-574. doi:10.1053/j.jfas.2012.05.009.
10. Gorbachova T, Chang EY, Ha AS, et al. ACR Appropriateness Criteria® Acute Trauma to the Foot. Available at https://acsearch.acr.org/docs/70546/Narrative/. American College of Radiology. Revised 2019.
11. Tafur M, Bencardino JT, Roberts CC, et al. ACR Appropriateness Criteria® Chronic Foot Pain. Available at https://acsearch.acr.org/docs/69424/Narrative/. American College of Radiology. Revised 2020.
12. Bencardino JT, Stone TJ, Roberts CC, et. al. Expert Panel on Musculoskeletal Imaging. ACR Appropriateness Criteria® Stress (Fatigue/Insufficiency) Fracture, Including Sacrum, Excluding Other Vertebrae*. Am Coll Radiol (ACR);* Revised: 2016. https://acsearch.acr.org/docs/69435/Narrative/.
13. Walker EA, Beaman FD, Wessell DE, et al. ACR Appropriateness Criteria® Suspected Osteomyelitis of the Foot in Patients with Diabetes Mellitus. Available at https://acsearch.acr.org/docs/69340/Narrative/. American College of Radiology. Revised 2019.
14. Thomas JL, Christensen JC, Kravitz SR, et al. The Diagnosis and Treatment of Heel Pain: A Clinical Practice Guideline - Revision 2010. *J Foot Ankle Surg*. 2010;49:S1-S19. doi: 10.1053/j.jfas.2010.01.001.
15. Goff JD, Crawford R. Diagnosis and Treatment of Plantar Fasciitis. *Am Fam Physician*. 2011 Sep;84(6):676-682. https://www.aafp.org/afp/2011/0915/p676.html.
16. Baxter D, Pfeffer G. Treatment of chronic heel pain by surgical release of the first branch of the lateral plantar nerve. *Clin Orthop.* 1992;279:229–236.
17. Schepsis A, Leach R, Gorzyca J. Plantar fasciitis: etiology, treatment, surgical results, and review of the literature. *Clin Orthop* 1991;266:185–196.
18. Neufeld SK, Cerato R. Plantar fasciitis: evaluation and treatment. *J Am Acad Orthop Surg.* 2008;16:338-46. doi:10.5435/00124635-200806000-00006.
19. Dodd A, Daniels TR. Charcot Neuroarthropathy of the Foot and Ankle. *J Bone Joint Surg Am.* 2018;100:696-711. doi:10.2106/JBJS.17.00785.
20. Deu RS, Coslick AM, Dreher G. Tendinopathies of the Foot and Ankle. *Am Fam Physician*. 2022 May 1;105(5):479-486.
21. Tocci SL, Madom IA, Bradley MP, Langer PR, DiGiovanni CW. The diagnostic value of MRI in foot and ankle surgery. *Foot Ankle Int*. 2007 Feb;28(2):166-8.
22. Papaliodis DN, Vanushkina MA, Richardson NG, DiPreta JA. The foot and ankle examination. *Med Clin North Am*. 2014 Mar;98(2):181-204.
23. Trojian T, Tucker AK. Plantar Fasciitis. *Am Fam Physician*. 2019 Jun 15;99(12):744-750.
24. Joong MA, El-Khoury GY. Radiologic evaluation of chronic foot pain. *Am Fam Physician*. 2007 Oct 1;76(7):975-83.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

25. Pompan DC. Appropriate use of MRI for evaluating common musculoskeletal conditions. *Am Fam Physician*. 2011 Apr 15;83(8):883-4.
26. Aparisi Gómez, M., Aparisi, F., Bartoloni, A. et al. Anatomical variation in the ankle and foot: from incidental finding to inductor of pathology. Part I: ankle and hindfoot. *Insights Imaging.* 10, 74 (2019).
27. Rosenberg ZS, Bencardino J, Mellado JM: Normal variants and pitfalls in magnetic resonance imaging of the ankle and foot. *Top Magn Reson Imaging.* 9:262–272, 1998.
28. Becker BA, Childress MA. Common Foot Problems: Over-the-Counter Treatments and Home Care. *Am Fam Physician*. 2018 Sep 1;98(5):298-303.
29. Taljanovic MS, Hunter TB, Fitzpatrick KA, Krupinski EA, Pope TL. Musculoskeletal magnetic resonance imaging: importance of radiography. *Skeletal Radiol*. 2003 Jul;32(7):403-11.
30. Watson RE, Yu L. Safety Considerations in MRI and CT. *Continuum (Minneap Minn)*. 2023 Feb 1;29(1):27-53.
31. Ganguli I, Simpkin AL, Lupo C, Weissman A, Mainor AJ, Orav EJ, Rosenthal MB, Colla CH, Sequist TD. Cascades of Care After Incidental Findings in a US National Survey of Physicians. *JAMA Netw Open*. 2019 Nov 1;2(11):e1916768. doi: 10.1001/jamanetworkopen.2019.16768]. *JAMA Netw Open*. 2019;2(10):e1913325. Published 2019 Oct 2. doi:10.1001/jamanetworkopen.2019.13325.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Nuclear Medicine (MS-28)

Guideline

Nuclear Medicine (MS-28)
Evidence Discussion (MS-28)
References (MS-28)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Nuclear Medicine (MS-28)

MS.NM.0028.A
v2.0.2025

Results of plain x-rays performed after the current episode of symptoms started or changed need to be available to the requesting provider, unless otherwise specified below.

- SPECT scan may be approved for any of the indications for which a bone scan can be approved.
  - If the request is for CPT® 78300 and CPT® 78803, then only CPT® 78803 is to be approved if medical necessity is established.
  - If the request is for CPT® 78305 or CPT® 78306 and CPT® 78803, then two CPT® codes may be approved if medical necessity is established.
- Nuclear Medicine may be used in the evaluation of some musculoskeletal disorders, and other rare indications exist as well.
  - Evaluation of suspected aseptic loosening of orthopedic prostheses when recent plain x-ray is nondiagnostic:
    - Bone scan (CPT® 78315) **OR**
    - Distribution Of Radiopharmaceutical Agent SPECT (CPT® 78803, or 78831) **OR**
    - Hybrid SPECT/CT (CPT® 78830)
    - See also: **Post-Operative Joint Replacement Surgery (MS-16)** and anatomic tables
  - For detection of ischemic or infarcted regions in sickle cell disease:
    - Nuclear medicine bone marrow imaging (CPT® 78102, 78103, or 78104) **OR**
    - SPECT (CPT® 78803) **OR**
    - Hybrid SPECT/CT (CPT® 78830)
    - See also: **Modality General Considerations (PEDMS-1.3)**
  - Evaluation of complex regional pain syndrome or reflex sympathetic dystrophy, after failure of six weeks provider-directed conservative treatment (per **General Guidelines [MS-1.0]**):
    - Triple phase bone scan (CPT® 78315)
    - See: **Foot (MS-27)** for imaging criteria of CRPS of the foot
  - Evaluation of Paget's disease
    - Bone scan (CPT® codes: 78300, 78305, or 78306) **OR**
    - Distribution Of Radiopharmaceutical Agent SPECT (CPT® 78803) **OR**
    - Hybrid SPECT/CT (CPT® 78830)
    - See also: **Soft Tissue Mass or Lesion of Bone (MS-10)**
  - Suspected fractures

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

- If criteria per **Suspected Occult/Stress/Insufficiency Fracture/Stress Reaction and Shin Splints (MS-5.2)** *(excluding peri-prosthetic fractures)* are met, but MRI cannot be performed:
  - Tc-99m bone scan whole-body (CPT® 78306) with SPECT of the area of interest (CPT® 78803) **OR**
  - Hybrid SPECT/CT (CPT® 78830) **OR**
  - Bone scan (CPT® 78315, 78305, or 78300)

  AND
- For ***peri-prosthetic fractures*** when MRI cannot be performed:
  - Tc-99m bone scan whole-body (CPT® 78306) with SPECT of the area of interest (CPT® 78803) **OR**
  - Hybrid SPECT/CT (CPT® 78830) **OR**
  - Bone scan (CPT® 78315, 78305, or 78300)

◦ Evaluation of suspected bone infection if MRI or CT cannot be done and when infection is multifocal, or when the infection is associated with orthopedic hardware or chronic bone alterations from trauma or surgery
- FDG PET/CT (CPT® 78815 for multifocal infection, or CPT® 78811 for unifocal/ limited area of interest) if MRI or CT is equivocal or cannot be done
  - At this time, FDG is the only indicated radiotracer for use with PET/CT in the imaging of musculoskeletal conditions.
- Bone scan (CPT® 78315, 78300, 78305, or 78306) **OR**
- Distribution Of Radiopharmaceutical Agent SPECT (CPT® 78803 or 78831) **OR**
- Hybrid SPECT/CT (CPT® 78830 or 78832)
- A labeled leukocyte scan (radiopharmaceutical inflammatory imaging - one of CPT® codes: 78800, 78801, 78802, or 78803) in concert with Tc-99m sulfur colloid marrow imaging (one of CPT® codes: 78102, 78103, or 78104)
- See also: **Post-Operative Joint Replacement Surgery (MS-16)**
- For specific joints post-operative from replacement surgery:
  - See: **Shoulder (MS-19)**
  - See: **Elbow (MS-20)**
  - See: **Wrist (MS-21)**
  - See: **Hip (MS-24)**
  - See: **Knee (MS-25)**
  - See: **Ankle (MS-26)**

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Evidence Discussion (MS-28)

v2.0.2025

In most patients with a musculoskeletal complaint, a diagnosis can be made based on a detailed history, physical examination and plain radiographs. X-rays can determine whether an advanced diagnostic imaging study is actually needed, what specific advanced diagnostic imaging study is warranted and if contrast is needed.

MRI and or CT are the study of choice if x-rays are non-diagnostic or equivocal. MRI may be as sensitive as nuclear medicine scans but also considerably more specific. Given the risk of radiation from nuclear medicine imaging it is important to carefully select the proper patient indication. Based on American College of Radiology Appropriateness Criteria for bone pathology and also supported by literature, nuclear medicine is used infrequently but is supported for the following musculoskeletal indications:

- Evaluation of suspected aseptic loosening of orthopedic prostheses when recent plain x-ray is non-diagnostic. Bone Scan SPECT or SPECT/CT are not the initial imaging modalities but may be used as an adjunct in cases where the MRI or CT show metal artifact or equivocal findings.
- Evaluation of suspected bone infection following a x-ray and if MRI or CT cannot be done and when infection is multifocal, or when the infection is associated with orthopedic hardware or chronic bone alterations from trauma or surgery. SPECT/CT or SPECT bone scan imaging along with SPECT/CT or SPECT labeled leukocyte imaging are the most sensitive nuclear studies for bone or hardware infection.
- Suspected Occult/Stress/Insufficiency Fracture/Stress Reaction and Shin Splints with negative x-ray and MRI cannot be performed, bone scan can be performed with SPECT or SPECT/CT or Three phase bone scan.
- Evaluation of complex regional pain syndrome or reflex sympathetic dystrophy, after failure of six weeks provider-directed conservative treatment (per General Guidelines [MS-1.0]): - Triple phase bone scan (CPT® 78315) is indicated.
- For detection of ischemic or infarcted regions of bone. The first imaging study is a X-ray. The next study of choice is MRI without contrast. Bone scan is rarely useful when MRI cannot be done.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

References (MS-28)

v2.0.2025

1. Pierce JL, Perry MT, Wessell DE, et al. ACR Appropriateness Criteria® Suspected Osteomyelitis, Septic Arthritis, or Soft Tissue Infection (Excluding Spine and Diabetic Foot). Available at https:// acsearch.acr.org/ docs/ 3094201/Narrative/. American College of Radiology. Revised 2022.
2. Walker EA, Beaman FD, Wessell DE, et al. ACR Appropriateness Criteria® Suspected Osteomyelitis of the Foot in Patients with Diabetes Mellitus. Available at https://acsearch.acr.org/docs/69340/Narrative/. American College of Radiology. Revised 2019.
3. Wise JN, Weissman BN, Appel M, et. al. Expert Panel on Musculoskeletal Imaging. ACR Appropriateness Criteria® Chronic Foot Pain. *Am Coll Radiol (ACR);* Date of Origin: 1998. Revised: 2020. https:// acsearch.acr.org/docs/69424/Narrative/.
4. Bencardino JT, Stone TJ, Roberts CC, et. al. Expert Panel on Musculoskeletal Imaging. ACR Appropriateness Criteria® Stress (Fatigue/Insufficiency) Fracture, Including Sacrum, Excluding Other Vertebrae. *Am Coll Radiol (ACR);* Revised: 2016. https://acsearch.acr.org/docs/69435/Narrative/.
5. Walker EA, Fox MG, Blankenbaker DG, et. al. ACR Appropriateness Criteria® Imaging After Total Knee Arthroplasty. Available at: https://acsearch.acr.org/docs/69430/Narrative/. American College of Radiology. Revised 2023.
6. Weissman BN, Palestro CJ, Fox MG, et. al. Expert Panel on Musculoskeletal Imaging. ACR Appropriateness Criteria® Imaging After Total Hip Arthroplasty. Am Coll Radiol (ACR); Revised: 2023. Available at: https:// acsearch.acr.org/docs/3094200/Narrative.
7. Rizzo PF, Gould ES, Lyden JP, Asnis SE. Diagnosis of occult fractures about the hip. Magnetic resonance imaging compared with bone-scanning. *J Bone Joint Surg Am.* 1993;75:395-401.
8. Holder L.E., Cole L.A., Meyerson M.S. Reflex sympathetic dystrophy in the foot: clinical and scintigraphic criteria. *Radiology*. 1992; 184: 531-535.
9. Expert Panel on Musculoskeletal Imaging, Ha AS, Chang EY, et al. ACR Appropriateness Criteria® Osteonecrosis: 2022 Update. *J Am Coll Radiol*. 2022;19(11S):S409-S416. doi:10.1016/j.jacr.2022.09.009.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Table of Contents

Guideline

General (Neck-1)
Dysphagia and Upper Digestive Tract Disorders (Neck-3)
Neck Mass/Swelling/ Adenopathy (Neck-5)
Recurrent Laryngeal Nerve Palsy (Neck-7)
Thyroid and Parathyroid (Neck-8)
Imaging of the Larynx, Trachea, and Bronchus (Neck-9)
Neck Pain (Neck-10)
Salivary Gland Disorders (Neck-11)
Sore Throat, Odynophagia, and Hoarseness (Neck-12)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

General (Neck-1)

Guideline

Abbreviations for Neck Imaging Guidelines
General Guidelines (Neck-1.0)
References (Neck-1)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Abbreviations for Neck Imaging Guidelines

NK.GG.Abbreviations.A
v1.0.2025

Abbreviations for Neck Imaging Guidelines	
ALS	amyotrophic lateral sclerosis
CT	computed tomography
ENT	Ear, Nose, Throat
FNA	fine needle aspiration
GERD	gastroesophageal reflux disease
GI	gastrointestinal
HIV	human immunodeficiency virus
MRI	magnetic resonance imaging

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

General Guidelines (Neck-1.0)

NK.GG.0001.0.A

v1.0.2025

- A pertinent clinical evaluation since the onset or change in symptoms including a detailed history, physical examination, appropriate laboratory studies, and basic imaging such as plain radiography or ultrasound should be performed prior to considering advanced imaging (CT, MR, Nuclear Medicine), unless the individual is undergoing guideline-supported scheduled imaging evaluation. A meaningful technological contact (telehealth visit, telephone call, electronic mail or messaging) since the onset or change in symptoms can serve as a pertinent clinical evaluation.
- Advanced imaging of the neck covers the following areas:
  - Skull base (thus, a separate CPT® code for head imaging in order to visualize the skull base is not necessary)
  - Nasopharynx
  - Upper oral cavity to the head of the clavicle
  - Parotid glands and the supraclavicular region
- Ultrasound of neck soft tissues including thyroid, parathyroid, parotid and other salivary glands, lymph nodes, cysts, etc. is coded as CPT® 76536. This can be helpful in more ill-defined masses or fullness and differentiating adenopathy from mass or cyst, to define further advanced imaging.
- CT Neck
  - CT Neck is usually obtained with contrast only (CPT® 70491).
    - With the exception of 4D CT Neck without and with contrast (CPT® 70492) for parathyroid adenoma localization, little significant information is added by performing a CT Neck without and with contrast (CPT® 70492), and there is the risk of added radiation exposure, especially to the thyroid.
    - CT Neck without contrast (CPT® 70490) can be difficult to interpret due to difficulty identifying the blood vessels.
      - Exceptions include:
        - Contrast is generally not required when evaluating known or suspected tracheal anomalies with CT.
        - Additionally, non-contrast CT may be supported for the evaluation of salivary duct stones in the appropriate clinical circumstance where intravenous contrast may obscure high attenuation stones. Dual-phase CT imaging (without and with IV contrast) is not supported in this situation.[4]
    - Contrast enhanced CT is helpful in the assessment of cervical adenopathy and preoperative planning, including in the setting of thyroid carcinomas.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

  - Contrast may cause intense and prolonged enhancement of the thyroid gland which interferes with radioactive iodine nuclear medicine studies.
  - Use of IV contrast is an important adjunct, however, because it helps to delineate the anatomic relationship between the primary tumor and metastatic disease. Iodine is generally cleared within four to eight weeks in most individuals, so concern about iodine burden from IV contrast causing a clinically significant delay in subsequent whole-body scans (WBSs) or radioactive iodine (RAI) treatment after the imaging followed by surgery is generally unfounded. The benefit gained from improved anatomic imaging generally outweighs any potential risk of a several week delay in RAI imaging or therapy. Where there is concern, a urinary iodine to creatinine ratio can be measured.

- MRI Neck
  - MRI Neck is used less frequently than CT Neck.
  - MRI Neck without and with contrast (CPT® 70543) is appropriate if CT suggests the need for further imaging or if ultrasound or CT suggests any of the following:
    - Neurogenic tumor (schwannoma, neurofibroma, glomus tumor, etc.)
    - Vascular malformations
    - Deep neck masses
    - Angiofibromas
    - Cystic neck mass[5]
    - Concern for malignancy (see **Squamous Cell Carcinomas of the Head and Neck (ONC-3)**, **Salivary Gland Cancers (ONC-4)**, or **Thyroid Cancer (ONC-6)** as appropriate)
  - MRI Neck without and with contrast (CPT® 70543) is also directly supported if the head and neck surgeon or neurosurgeon, or the provider in consultation with the head and neck surgeon or neurosurgeon, has reasonable clinical concern:
    - for a skull base or nasopharyngeal neoplasm, or potential perineural invasion/ cranial nerve involvement.[2]
    - that extensive dental amalgam may obscure the anatomy on CT in individuals with oral cavity neoplasm.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

References (Neck-1)

v1.0.2025

1. Haugen BR, Alexander EK, Bible KC, et al. 2015 American Thyroid Association Management Guidelines for Adult Patients with Thyroid Nodules and Differentiated Thyroid Cancer: The American Thyroid Association Guidelines Task Force on Thyroid Nodules and Differentiated Thyroid Cancer. *Thyroid*. 2016;26(1):1-133. doi:10.1089/thy.2015.0020
2. Pynnonen MA, Gillespie MB, Roman B, et al. Clinical Practice Guideline: Evaluation of the Neck Mass in Adults. *Otolaryngol Head Neck Surg*. 2017;157(2_suppl):S1-S30. doi:10.1177/0194599817722550
3. National Comprehensive Cancer Network® (NCCN®) Guidelines® Version 4.2024 – May 1, 2024. Head and Neck Cancers. https://www.nccn.org/professionals/physician_gls/pdf/head-and-neck.pdf. Referenced with permission from the NCCN Clinical Practice Guidelines in Oncology (NCCN Guidelines®) for Head and Neck Cancers Version 4.2024. © 2024 National Comprehensive Cancer Network® (NCCN®). All rights reserved. NCCN Guidelines® and illustrations herein may not be reproduced in any form for any purpose without the express written permission of the NCCN. To view the most recent and complete version of the NCCN Guidelines®, go online to NCCN.org.
4. Purcell YM, Kavanagh RG, Cahalane AM, Carroll AG, Khoo SG, Killeen RP. The Diagnostic Accuracy of Contrast-Enhanced CT of the Neck for the Investigation of Sialolithiasis. *AJNR Am J Neuroradiol*. 2017;38(11):2161-2166. doi:10.3174/ajnr.A5353
5. Yunusova L, Rizaev J, Aoyama T, et al. Magnetic resonance imaging in the diagnosis of cystic lesions of the neck. *Ann Cancer Res Ther*. 2021;29(1):102-109. doi:10.4993/acrt.29.102

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Dysphagia and Upper Digestive Tract Disorders (Neck-3)

Guideline

Dysphagia and Upper Digestive Tract Disorders (Neck-3.1)
References (Neck-3)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Dysphagia and Upper Digestive Tract Disorders (Neck-3.1)

NK.ED.0003.1.A
v1.0.2025

- **General considerations**
  - A detailed history of the dysphagia symptoms is important to distinguish neurogenic, pharyngeal and esophageal disorders.
  - Dysphagia (difficulty swallowing) can be the result of a wide range of benign and malignant processes that affects the body's ability to move food or liquid from the mouth to the pharynx and into the esophagus.
  - A short duration (weeks to months) of rapidly progressive esophageal dysphagia with associated weight loss is highly suggestive of esophageal cancer.
  - Advanced imaging for individuals presenting with isolated globus rarely impacts clinical management. In a study of 148 neck CTs and 104 barium esophagrams done for the evaluation of globus sensation, there were no malignancies detected.[19]
- **Gastroesophageal reflux disease (GERD)** [5,14]
  - Advanced imaging is generally not indicated for the evaluation of GERD, the diagnosis of which is usually made on the basis of clinical history, in conjunction with endoscopy, pH monitoring, Upper GI Barium Studies, and occasionally manometry. Exceptions would include the following:
    - Non-cardiac chest pain suspected of being GERD should be evaluated first to exclude cardiac and other etiologies. See **Non-Cardiac Chest Pain-Imaging (CH-4.1)** in the Chest Imaging Guidelines.
    - Gastric emptying study (CPT® 78264) for individuals with refractory GERD symptoms, and gastroparesis is being considered.
- **Suspected foreign body impaction and ingested foreign bodies** [1-3]
  - Plain x-rays initial imaging.
  - If imaging is inconclusive, and there is suspicion of a radiolucent foreign body (such as fish or chicken bones, wood, plastic, thin metal objects, aluminum can pop-ups, etc.):[18]
    - CT Neck and/or Chest with or without contrast
    - 3-D reconstruction (CPT® 76377 or CPT® 76376) is indicated in this setting.
  - The use of oral contrast is discouraged (to avoid the aspiration of contrast material) for acute dysphagia or foreign body impaction, as the contrast may not pass, may be aspirated, and can interfere with subsequent endoscopic intervention.
- **Oropharyngeal dysphagia** [4,10,11]

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

- Oropharyngeal dysphagia (difficulty in transferring food from the mouth to the pharynx)
  - Suspected neurologic causes: See appropriate sections in **Head Imaging Guidelines**.
  - Initial evaluation is with direct visualization with laryngoscopy and/or upper endoscopy and a swallow study.
    - Video fluoroscopic swallowing study – (Dynamic radiographic evaluation of swallowing during speech pathologist-guided oral intake of various consistencies)
    - Flexible fiberoptic laryngoscopy and/or FEES (Fiberoptic Endoscopic Evaluation of Swallowing. FEES is a dynamic evaluation of swallowing via direct visualization using transnasal laryngoscopy during speech pathologist-guided oral intake of various consistencies.
  - CT Neck with contrast (CPT® 70491) is indicated for any documented anatomic abnormalities suggested by direct visualization—ie, on exam with flexible laryngoscopy or rigid video stroboscopy or FEES.
    - Completion of a radiographic swallow study, though potentially helpful, is NOT necessary prior to the requested advanced imaging in such a case.

- **Esophageal dysphagia** [4,6,10,11]
  - Esophageal dysphagia (difficulty in transferring food down the esophagus in the retrosternal region, e.g., food sticking in the neck or chest)
    - Initial evaluation is with barium esophagram or upper gastrointestinal endoscopy.
    - Esophageal manometry if indicated, though not required.
    - Advanced imaging is supported for the evaluation of structural abnormalities demonstrated on either esophagram or direct visualization (i.e., laryngoscopy/ upper GI endoscopy), such as an external compression, tumor, stricture, diverticulum, etc.
      - Contrasted CT Neck (CPT® 70491), CT Chest (CPT® 71260), **and/or** CT Abdomen (CPT® 74160) depending on the location of the abnormality identified.
- **Suspected perforation, abscess, or fistula**
  - CT Neck, Chest, **and/or** Abdomen, contrast as requested (preferably with contrast- CPT® 70491, CPT® 71260, CPT® 74160), depending on location.
- **Hiatal hernia**
  - See **Hiatal Hernia (AB-12.3)** in the Abdomen Imaging Guidelines.
- **Globus sensation** [7-9, 19]
  - Globus sensation is a feeling of a lump or foreign body in the throat. In general, laryngoscopy, endoscopy, and physical examination will rule out malignant causes

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

and advanced imaging is usually not needed for evaluation. It is considered a mild form of dysphagia.

- Direct visualization with laryngoscopy and/or upper endoscopy should be performed prior to advanced imaging.
  - Unremarkable laryngoscopy and/or upper endoscopy does not preclude advanced imaging if **red flag** symptoms are also present:
    - weight loss
    - odynophagia/throat pain
    - referred otalgia
    - hoarseness
    - hemoptysis, **AND/OR**
    - other unilateral presentation of concerning symptoms.
  - CT Neck with contrast (CPT® 70491) for ANY of the following:
    - Negative or equivocal findings on laryngoscopy and/or upper endoscopy with any **red flag** present
    - Known history of upper aerodigestive or esophageal malignancy
    - Known history of lymphoma
    - History of previous neck, esophageal, or gastric surgery–see below, and see **Background and Supporting Information** for post-operative oropharyngeal dysphagia associated with Anterior Cervical Spine Surgery (ACSS).
    - Palpable abnormality on physical examination such as neck mass

- **Post-operative dysphagia**
  - Dysphagia following surgery on the oropharynx, soft tissues of the neck, cervical spine, esophagus, or stomach:
    - In the immediate post-operative period, within 3 months of the surgery, the concern is for fluid collections, anastomotic leaks, perforations, and abscess. Prior laryngoscopy/upper endoscopy and barium esophagram are not required initially.
      - CT Neck with contrast (CPT® 70491) **AND/OR** CT Chest with contrast (CPT® 71260)
    - In the delayed post-operative period—three months or greater from surgery, the primary modalities for evaluation are history, physical, endoscopy (laryngoscopy or EGD) and/or barium esophagram/videofluoroscopic swallow study (VFSS) to direct any additional advanced imaging.[10,17] See also **Background and Supporting Information**.
      - If the results of endoscopy and/or barium esophagram or VFSS are abnormal or inconclusive, the following is supported:
        - CT Neck with contrast (CPT®70491) **AND/OR** CT Chest with contrast (CPT® 71260)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

- **Suspected vascular ring** [8,9,12,13,15,16] (See **Dysphagia (PEDNECK-5)**)
  - Advanced imaging can be performed if a vascular ring is suspected by, or in consultation with, the treating specialty, i.e., cardiothoracic surgery, cardiology, otolaryngology, and/or pulmonology. More commonly, this congenital pathology would be suspected in a much younger population, however, dysphagia lusoria is a relatively rare condition involving a vascular ring (usually an aberrant right subclavian artery). As children these individuals are asymptomatic but develop worsening dysphagia later in adulthood, presumably secondary to increasing calcification and blood pressure.
    - CTA Chest (CPT® 71275) **OR** MRA Chest (CPT® 71555) are the preferred imaging studies in the evaluation of a suspected vascular ring.
    - CT Chest with contrast (CPT® 71260) **OR** MRI Chest without contrast (CPT® 71550) **OR** MRI Chest without and with contrast (CPT® 71552) can be performed as alternative exams in the evaluation of suspected vascular ring.

Background and Supporting Information

- Postoperative oropharyngeal dysphagia is one of the most common complications following anterior cervical spine surgery (ACSS), and is considered by some to be an inevitable result of this surgery, rather than a surgical complication.[17]
- Severe dysphagia after ACSS should prompt immediate evaluation to exclude any potentially reversible surgical complication such as bone graft dislodgement, hematoma or retropharyngeal abscess.[17]
- In general, history, exam, plain films, laryngoscopy, and videofluoroscopic swallow studies are considered the primary modalities for evaluation. The videofluoroscopic swallow study, in fact, is the gold standard in evaluation, and is very sensitive in patients post-ACSS, and should be considered the initial evaluation in patients who are status post ACSS with globus sensation, or mild dysphagia.[17]

Evidence Discussion

Dysphagia

- Imaging studies are complementary to endoscopy (and in certain cases, also manometry) in the evaluation of dysphagia. The optimal imaging study depends on the nature and location of the dysphagia, as well as clinical setting. Fluoroscopy, however, is usually the first line choice.
- Modified barium swallow study (videofluoroscopic procedure performed in conjunction with a speech therapist) is generally first line for oropharyngeal dysphagia. CT is generally not indicated because it does not assess motility, nor the oropharyngeal and esophageal mucosa as well. CT may be helpful if subsequent evaluation if initial studies are not revealing, or if there are suspicious findings.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

- Barium esophagram is generally first line for retrosternal dysphagia. CT is generally not indicated because it does not assess motility, nor esophageal mucosa as well. CT may be helpful if subsequent evaluation if initial studies are not revealing, or if there are suspicious findings.
- Fluoroscopy still remains the imaging of choice for initial evaluation of early (as well as late) post-operative dysphagia, within the oropharyngeal or retrosternal regions. Utilizing a water-soluble contrast first, followed by barium if necessary, suspected leaks or fistulas may be investigated. Esophagrams are highly specific for leaks, but not as sensitive as CT. If high clinical suspicion remains following negative esophagram, esophagography and CT combined have a sensitivity and negative predictive value of 100%, but a specificity of 27% and positive predictive value of 56%.
- For oropharyngeal and retrosternal dysphagia, contrasted CT of the neck and/or chest is indicated when there is concern of early post-operative complications, such as leak, fluid collection, abscess, or hematoma.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (Neck-3)

v1.0.2025

1. Guelfguat M, Kaplinskiy V, Reddy SH, DiPoce J. Clinical guidelines for imaging and reporting ingested foreign bodies [published correction appears in AJR Am J Roentgenol. 2014 Sep;203(3):694. DiPoce, C Jason [corrected to DiPoce, Jason]]. *AJR Am J Roentgenol*. 2014;203(1):37-53. doi:10.2214/AJR.13.12185
2. Takada M, Kashiwagi R, Sakane M, Tabata F, Kuroda Y. 3D-CT diagnosis for ingested foreign bodies. *Am J Emerg Med*. 2000;18(2):192-193. doi:10.1016/s0735-6757(00)90018-4
3. ASGE Standards of Practice Committee, Ikenberry SO, Jue TL, et al. Management of ingested foreign bodies and food impactions. *Gastrointest Endosc*. 2011;73(6):1085-1091. doi:10.1016/j.gie.2010.11.010
4. ASGE Standards of Practice Committee, Pasha SF, Acosta RD, et al. The role of endoscopy in the evaluation and management of dysphagia. *Gastrointest Endosc*. 2014;79(2):191-201. doi:10.1016/j.gie.2013.07.042
5. Katz PO, Gerson LB, Vela MF. Guidelines for the diagnosis and management of gastroesophageal reflux disease [published correction appears in Am J Gastroenterol. 2013 Oct;108(10):1672]. *Am J Gastroenterol*. 2013;108(3):308-329. doi:10.1038/ajg.2012.444
6. Liu LWC, Andrews CN, Armstrong D, et al. Clinical Practice Guidelines for the Assessment of Uninvestigated Esophageal Dysphagia. *J Can Assoc Gastroenterol*. 2018;1(1):5-19. Published 2018 Feb 9. doi:10.1093/jcag/gwx008
7. Lee BE, Kim GH. Globus pharyngeus: a review of its etiology, diagnosis and treatment. *World J Gastroenterol*. 2012;18(20):2462-2471. doi:10.3748/wjg.v18.i20.2462
8. Expert Panel on Vascular Imaging, Gunn AJ, Kalva SP, et al. ACR Appropriateness Criteria® Nontraumatic Aortic Disease. *J Am Coll Radiol*. 2021;18(5S):S106-S118. doi:10.1016/j.jacr.2021.02.004
9. Expert Panel on Cardiac Imaging:, Woodard PK, Ho VB, et al. ACR Appropriateness Criteria® Known or Suspected Congenital Heart Disease in the Adult. *J Am Coll Radiol*. 2017;14(5S):S166-S176. doi:10.1016/j.jacr.2017.02.036
10. Expert Panel on Gastrointestinal Imaging:, Levy AD, Carucci LR, et al. ACR Appropriateness Criteria® Dysphagia. *J Am Coll Radiol*. 2019;16(5S):S104-S115. doi:10.1016/j.jacr.2019.02.007
11. ASGE Standards of Practice Committee, Pasha SF, Acosta RD, et al. The role of endoscopy in the evaluation and management of dysphagia. *Gastrointest Endosc*. 2014;79(2):191-201. doi:10.1016/j.gie.2013.07.042
12. Poletto E, Mallon MG, Stevens RM, Avitabile CM. Imaging Review of Aortic Vascular Rings and Pulmonary Sling. *J Am Osteopath Coll Radiol*. 2017;6(2):5-14
13. Hellinger JC, Daubert M, Lee EY, Epelman M. Congenital thoracic vascular anomalies: evaluation with state-of-the-art MR imaging and MDCT. *Radiol Clin North Am*. 2011;49(5):969-996. doi:10.1016/j.rcl.2011.06.013 2011;49(5):969-996. doi:10.1016/j.rcl.2011.06.013
14. Manning MA, Shafa S, Mehrotra AK, Grenier RE, Levy AD. Role of Multimodality Imaging in Gastroesophageal Reflux Disease and Its Complications, with Clinical and Pathologic Correlation. *RadioGraphics*. 2020;40(1):44-71. doi:10.1148/rg.2020190029
15. Yoshimura N, Fukahara K, Yamashita A, et al. Congenital vascular ring. *Surg Today*. 2020;50(10):1151-1158. doi:10.1007/s00595-019-01907-5
16. Hanneman K, Newman B, Chan F. Congenital Variants and Anomalies of the Aortic Arch. *Radiographics*. 2017;37(1):32-51. doi:10.1148/rg.2017160033
17. Anderson KK, Arnold PM. Oropharyngeal dysphagia after anterior cervical spine surgery: a review. *Global Spine J*. 2013;3(4):273-286. doi:10.1055/s-0033-1354253
18. Leinwand K, Brumbaugh DE, Kramer RE. Button Battery Ingestion in Children: A Paradigm for Management of Severe Pediatric Foreign Body Ingestions. *Gastrointest Endosc Clin N Am*. 2016;26(1):99-118. doi:10.1016/j.giec.2015.08.003
19. Alhilali L, Seo SH, Branstetter BF 4th, Fakhran S. Yield of neck CT and barium esophagram in patients with globus sensation. *AJNR Am J Neuroradiol*. 2014;35(2):386-389. doi:10.3174/ajnr.A3683
20. Lantos JE, Levine MS, Rubesin SE, Lau CT, Torigian DA. Comparison between esophagography and chest computed tomography for evaluation of leaks after esophagectomy and gastric pull-through. *J Thorac Imaging*. 2013;28(2):121-128. doi:10.1097/RTI.0b013e31826ff062

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Neck Mass/Swelling/ Adenopathy (Neck-5)

Guideline

Neck Mass/Swelling/Adenopathy (Neck-5.1)
References (Neck-5)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Neck Mass/Swelling/Adenopathy (Neck-5.1)

NK.NM.0005.1.A

v1.0.2025

- Cervical lymphadenitis is common and follows most viral or bacterial infections of the ears, nose and throat. Painful acute lymphadenopathy should be treated with a trial of conservative therapy for 2-weeks, including antibiotics if appropriate. If there is improvement with conservative treatment, advanced imaging is not indicated. If the adenopathy persists, it can be imaged as per below.[1,2,4]
- Ultrasound (CPT® 76536) can be considered for **ANY** of the following:[1,2,4]
  - Cervical adenopathy/lymphadenitis or an inflammatory, infective, or reactive mass that has failed a 2-week trial of treatment (including antibiotics if appropriate) or observation[1,2]
  - Anterior neck masses[2]
  - Any ill-defined mass, fullness or asymmetry[2]
- CT Neck with contrast (CPT® 70491) can be initially considered if:[2,4]
  - Neck mass with any ONE of the following:
    - Size ≥1.5cm[4]
    - Mass present ≥2 weeks or of uncertain duration[4]
    - Non-tender neck masses[4]
    - Firm texture or fixation of the mass[4]
    - Suspected peritonsillar, retropharyngeal or other cervical space abscess[2]
    - Ulceration of skin overlying the neck mass[4,7]
    - Ear pain ipsilateral to the neck mass[4]
    - Associated onset of hoarseness persistent for greater than 3-weeks[10]
    - Associated onset of throat pain, tonsil asymmetry, oral or oropharyngeal ulceration, weight loss, or hemoptysis[4,7]
    - History of malignancy that would be primary or metastatic to the neck[4]
    - Prior ultrasound results, if performed, are suspicious or indeterminate for malignancy[2]
  - Isolated tonsil asymmetry with concerning features such as suspicious appearance, firmness, palatal immobility, rapid unilateral enlargement, history of malignancy, or immune compromise.[11-13]
  - Carcinoma found in a lymph node or other neck mass[2]
  - Suspected or known sarcoidosis[5]
  - Preoperative evaluation of any neck mass[2]
- MRI Orbit/Face/Neck without and with contrast (CPT® 70543) is supported if:[2]

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

  - CT suggests the need for further imaging[2]
  - Ultrasound or CT suggests neurogenic tumor (schwannoma, neurofibroma, glomus tumor, etc.), vascular malformations, cystic neck mass[7,9], deep neck masses[2], or angiofibroma[2].
- MRI Orbit/Face/Neck without and with contrast (CPT® 70543) is also directly supported without prior CT Neck or ultrasound requirement, if the head and neck specialist, or the provider in consultation with the head and neck specialist, has reasonable clinical concern for:
  - skull base or nasopharyngeal neoplasm, **OR**
  - potential perineural invasion/cranial nerve involvement, **AND/OR**
  - extensive dental amalgam which may obscure the anatomy on CT in individuals with oral cavity neoplasm.

Background and Supporting Information

- Inflammatory neck adenopathy is often associated with upper respiratory infection, pharyngitis, dental infection, HIV and toxoplasmosis. Occasionally it is associated with sarcoidosis and tuberculosis.
- Malignancy is a greater possibility in adults that are heavy drinkers and smokers, but HPV associated disease is on the rise and there can be a high suspicion for malignancy even without these traditional risk factors.
- ENT evaluation can be helpful in determining the need for advanced imaging.
- Although CT and MRI can have characteristic appearances for certain entities, biopsy and histological diagnosis are the only way to obtain a definitive diagnosis. The preferred initial method of biopsy is Ultrasound guided core needle biopsy of the mass.[5,6]
- The most common causes of neoplastic cervical adenopathy are metastasis from head and neck tumors or lymphoma.
- Tonsil asymmetry is a common exam finding in both adults and children and is often benign. In cases of associated suspicious characteristics, neck imaging is supported, even if there is not an associated neck mass.[11-13]
- MRI has great specificity for determining the boundaries and prevalence of developmental neck cysts. It may thus be considered optimal to use only MRI, which leads to a correct diagnosis in more than 90% of cases.[9]

Evidence Discussion

- CT has several benefits that support its utilization as a primary imaging modality, including its availability and cost. CT imaging is generally easily tolerated by patients because of short scanning time (<5 minutes) and large scanner bore. While CT utilizes ionizing radiation, the average dose of 3 mSv (equivalent to approximately 150 chest x-rays) is considered acceptable in the adult population.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

- MRI is preferred for tumors of the nasopharynx or when there is a cranial nerve concern on physical examination because of its sensitivity to abnormalities of the skull base and in the detection of perineural spread. MRI also offers improved tissue contrast and can help detect subclinical tumors not evident with nasal endoscopy.
- Ultrasound is also used to characterize neck masses, to guide tissue sampling, and to search for additional masses. It is both noninvasive and inexpensive. Ultrasound is, however, best suited for evaluation of superficial tissue, in situations where there will be a delay in obtaining CT or MRI, if the use of contrast medium is contraindicated, or as an adjunct to expedite FNA biopsy.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

References (Neck-5)

v1.0.2025

1. Ferrer R. Lymphadenopathy: differential diagnosis and evaluation. *Am Fam Physician*. 1998;58(6):1313-1320.
2. Expert Panel on Neurologic Imaging:, Aulino JM, Kirsch CFE, et al. ACR Appropriateness Criteria® Neck Mass-Adenopathy. *J Am Coll Radiol*. 2019;16(5S):S150-S160. doi:10.1016/j.jacr.2019.02.025
3. Shulman ST, Bisno AL, Clegg HW, et al. Clinical practice guideline for the diagnosis and management of group A streptococcal pharyngitis: 2012 update by the Infectious Diseases Society of America [published correction appears in Clin Infect Dis. 2014 May;58(10):1496. Dosage error in article text]. *Clin Infect Dis*. 2012;55(10):e86-e102. doi:10.1093/cid/cis629
4. Pynnonen MA, Gillespie MB, Roman B, et al. Clinical Practice Guideline: Evaluation of the Neck Mass in Adults Executive Summary. *Otolaryngol Head Neck Surg*. 2017;157(3):355-371. doi:10.1177/0194599817723609
5. Chapman MN, Fujita A, Sung EK, et al. Sarcoidosis in the Head and Neck: An Illustrative Review of Clinical Presentations and Imaging Findings. *AJR Am J Roentgenol*. 2017;208(1):66-75. doi:10.2214/AJR.16.16058
6. McKnight CD, Glastonbury CM, Ibrahim M, Rivas-Rodriguez F, Srinivasan A. Techniques and Approaches for Safe, High-Yield CT-Guided Suprahyoid Head and Neck Biopsies. *AJR Am J Roentgenol*. 2017;208(1):76-83. doi:10.2214/AJR.16.16558
7. Pynnonen MA, Gillespie MB, Roman B, et al. Clinical Practice Guideline: Evaluation of the Neck Mass in Adults. *Otolaryngol Head Neck Surg*. 2017;157(2_suppl):S1-S30. doi:10.1177/0194599817722550
8. National Comprehensive Cancer Network® (NCCN®) Guidelines® Version 4.2024 – May 1, 2024. Head and Neck Cancers. https://www.nccn.org/professionals/physician_gls/pdf/head-and-neck.pdf. Referenced with permission from the NCCN Clinical Practice Guidelines in Oncology (NCCN Guidelines®) for Head and Neck Cancers Version 4.2024. © 2024 National Comprehensive Cancer Network® (NCCN®). All rights reserved. NCCN Guidelines® and illustrations herein may not be reproduced in any form for any purpose without the express written permission of the NCCN. To view the most recent and complete version of the NCCN Guidelines®, go online to NCCN.org.
9. Yunusova L, Rizaev J, Aoyama T, et al. Magnetic resonance imaging in the diagnosis of cystic lesions of the neck. *Ann Cancer Res Ther*. 2021;29(1):102-109. doi:10.4993/acrt.29.102
10. Stachler RJ, Francis DO, Schwartz SR, et al. Clinical Practice Guideline: Hoarseness (Dysphonia) (Update) [published correction appears in Otolaryngol Head Neck Surg. 2018 Aug;159(2):403]. *Otolaryngol Head Neck Surg*. 2018;158(1_suppl):S1-S42. doi:10.1177/0194599817751030
11. Cinar F. Significance of asymptomatic tonsil asymmetry. *Otolaryngol Head Neck Surg*. 2004;131(1):101-103. doi:10.1016/j.otohns.2004.02.004
12. Puttasiddaiah P, Kumar M, Gopalan P, Browning ST. Tonsillectomy and biopsy for asymptomatic asymmetric tonsillar enlargement: are we right?. *J Otolaryngol*. 2007;36(3):161-163.
13. Edwards D, Sheehan S, Ingrams D. Unilateral tonsil enlargement in children and adults: is routine histology tonsillectomy warranted? A multi-centre series of 323 patients. *J Laryngol Otol*. 2023;137(9):1022-1026. doi:10.1017/S002221512200216X

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Recurrent Laryngeal Nerve Palsy (Neck-7)

Guideline

Recurrent Laryngeal Nerve Palsy (Neck-7.1)
References (Neck-7)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Recurrent Laryngeal Nerve Palsy (Neck-7.1)

NK.PA.0007.1.A

v1.0.2025

- The following are supported with new diagnosis[6] of idiopathic unilateral vocal fold paralysis/immobility or weakness, as identified on videostroboscopy or laryngoscopy by an Otolaryngologist—Head and Neck surgeon, or a clinician in consultation with such a specialist:[1,4,8,9]
  - MRI Brain without and with contrast (CPT® 70553) **OR** MRI Brain without contrast (CPT® 70551)

    AND
  - MRI Orbit/Face/Neck with and without contrast (CPT® 70543) **OR** CT Neck with contrast (CPT® 70491)

    AND
  - CT Chest with contrast (CPT® 71260) (Strongly recommended for left vocal fold paralysis and may be indicated for right vocal fold paralysis. If requested, see **Background and Supporting Information**.)[1-4,7-10]

Background and Supporting Information[1-10]

- The right and left recurrent laryngeal nerves supply the motor innervation of the right and left vocal folds/cords, respectively. They are branches off of the Vagus Nerve, CN X. The entire pathway from origin to endpoint of this nerve must be visualized in cases of presumed idiopathic vocal fold paralysis, newly identified by laryngoscopy, to search for a possible cause. From the origin of the vagus at the medulla oblongata to the looping down into the superior mediastinum and back to the neck of its branching nerve (the recurrent laryngeal nerve)—advanced imaging is required to screen for a cause for otherwise idiopathic vocal fold paralysis/paresis. The greater the degree of motion impairment, the more likely it is to find a cause on imaging.
- The superior mediastinum is most noteworthy for containing the take-off point of the three great branches of the aortic arch: the brachiocephalic trunk (also known as the innominate artery), the left common carotid artery, and the left subclavian artery.
- The extent of the CT Neck with contrast, to be inclusive of the entirety of the course of the recurrent laryngeal nerve in question, would have to extend to the "thoracic inlet" portion of the superior mediastinum on the right, and the "aortic triangle" portion of the superior mediastinum on the left.
- Contrasted CT Chest is strongly supported with left vocal cord palsy due to the lower course of the recurrent laryngeal nerve branch on the left side of the body. It curves

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

inferior to the aortic arch and ascends in the groove between the trachea and the esophagus. However, the course of the recurrent laryngeal nerve on the right side may be as low as the level at which the brachiocephalic artery meets the subclavian artery, and this area of the thoracic inlet may or may not be contained within the anatomic extent of a CT neck at all institutions.

- Repeat imaging for a pre-existing diagnosis of idiopathic unilateral vocal cord paralysis may be considered on a case by case basis. Recommendations include possibly repeating advanced imaging as above within 5 years after initial diagnosis and workup, or performing regular (annual) clinical evaluations with imaging reserved for the development of new symptoms or exam findings.[6]

Evidence Discussion

Evaluation of Idiopathic Unilateral Vocal Fold Paralysis/Immobility

- Idiopathic unilateral vocal fold immobility is a diagnosis of exclusion. When it is noted that a vocal cord is immobile on laryngoscopy, the etiology must be sought. If it is not apparent on history and laryngoscopy, this work-up involves imaging the entire pathway of the motor nerve supply to the involved side of the larynx—from the brain to the superior mediastinum.
- Generally, CT imaging does not have a significant diagnostic yield in the evaluation of idiopathic unilateral vocal fold paralysis/immobility and otherwise unnecessarily exposes patients to radiation.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (Neck-7)

v1.0.2025

1. Merati AL, Halum SL, Smith TL. Diagnostic testing for vocal fold paralysis: survey of practice and evidence-based medicine review. *Laryngoscope*. 2006;116(9):1539-1552. doi:10.1097/01.mlg.0000234937.46306.c2
2. Paddle PM, Mansor MB, Song PC, Franco RA Jr. Diagnostic Yield of Computed Tomography in the Evaluation of Idiopathic Vocal Fold Paresis. *Otolaryngol Head Neck Surg*. 2015;153(3):414-419. doi:10.1177/0194599815593268
3. Chew HS, Goh JCG, Tham DYA. Diagnostic yield of computed tomography in the evaluation of unilateral vocal fold palsy. *J Laryngol Otol*. 2021;135(3):255-258. doi:10.1017/S0022215121000463
4. Misono S, Merati AL. Evidence-based practice: evaluation and management of unilateral vocal fold paralysis. *Otolaryngol Clin North Am*. 2012;45(5):1083-1108. doi:10.1016/j.otc.2012.06.011
5. Stachler RJ, Francis DO, Schwartz SR, et al. Clinical Practice Guideline: Hoarseness (Dysphonia) (Update) [published correction appears in Otolaryngol Head Neck Surg. 2018 Aug;159(2):403]. *Otolaryngol Head Neck Surg*. 2018;158(1_suppl):S1-S42. doi:10.1177/0194599817751030
6. Noel JE, Jeffery CC, Damrose E. Repeat Imaging in Idiopathic Unilateral Vocal Fold Paralysis: Is It Necessary?. *Ann Otol Rhinol Laryngol*. 2016;125(12):1010-1014. doi:10.1177/0003489416670654
7. Paquette CM, Manos DC, Psooy BJ. Unilateral vocal cord paralysis: a review of CT findings, mediastinal causes, and the course of the recurrent laryngeal nerves [published correction appears in Radiographics. 2012 Nov-Dec;32(7):2166]. *Radiographics*. 2012;32(3):721-740. doi:10.1148/rg.323115129
8. Rubin AD, Sataloff RT. Vocal fold paresis and paralysis. *Otolaryngol Clin North Am*. 2007;40(5):1109-1131. doi:10.1016/j.otc.2007.05.012
9. Ivey CM. Vocal Fold Paresis. *Otolaryngol Clin North Am*. 2019;52(4):637-648. doi:10.1016/j.otc.2019.03.008
10. Politano S, Morell F, Calamari K, DeSilva B, Matrka L. Yield of Imaging to Evaluate Unilateral Vocal Fold Paralysis of Unknown Etiology. *Laryngoscope*. 2021;131(8):1840-1844. doi:10.1002/lary.29152

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Thyroid and Parathyroid (Neck-8)

Guideline

Thyroid Nodule (Neck-8.1)
Hyperthyroidism and Hypothyroidism (Neck-8.2)
Parathyroid Imaging (Neck-8.3)
Parathyroid Incidentaloma (Neck-8.4)
References (Neck-8)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Thyroid Nodule (Neck-8.1)

NK.PT.0008.1.A

v1.0.2025

- **Serum thyrotropin (TSH)** should be measured in the initial evaluation of thyroid nodule/mass/asymmetry/goiter but is not required for follow-up imaging.[1,3,6,7]
- **Ultrasound (US) Neck (CPT ® 76536)** is required as the initial study prior to any advanced imaging studies for evaluation of a palpable thyroid nodule/mass/asymmetry/goiter.[3,5]
  - Ultrasound is also indicated for nodules incidentally found on CT, MRI, or PET (focal activity).[2,3,6]
- See **Thyroid Cancer-Surveillance/Follow-Up (ONC-6.4)** for thyroid nodules that are biopsy proven thyroid cancer but are being monitored on active surveillance.
- A thyroid nodule detected for the first time during pregnancy should be managed in the same way as in non-pregnant individuals, except for avoiding the use of radioactive agents for diagnostic and therapeutic purposes.[3]
- **Nuclear scan (CPT ® 78013 or CPT ® 78014)** is indicated if the serum TSH is subnormal and ANY of the following:
  - Single or multiple thyroid nodules[1,3,6,7]
  - Suspicion of ectopic thyroid tissue[3]
  - Presence of thyroid nodule in the setting of Grave's disease[3,7]
- **Nuclear medicine thyroid scan (CPT ® 78013 or CPT ® 78014)** is considered for ANY of the following (TSH is not required prior to imaging in the below settings):
  - Evaluate eligibility for radioiodine therapy[3]
  - Select nodules to biopsy in multinodular goiter even if TSH not low[1,6,7]
  - Substernal goiter with compressive symptoms (e.g., dyspnea, stridor, cough, dysphonia, dysphagia)
  - Non-diagnostic or indeterminate FNA of thyroid nodule (e.g., follicular lesion of undetermined significance), to see if hot (functioning) nodule that may be benign vs cold nodule
- **CT Neck with contrast (CPT ® 70491), or CT Neck without contrast (CPT ® 70490), or MRI Orbit/Face/Neck without contrast (CPT ® 70540), or MRI Orbit/Face/Neck without and with contrast (CPT ® 70543) :**

  Imaging should be done only after initial thyroid ultrasound has been performed.[3]

  MRI and CT **are not** indicated for routine thyroid nodule evaluation and should only be considered for:[5]
  - evaluation of extent of known substernal goiter.[3,7]
  - suspected airway compression (i.e., subjective sense of dyspnea or choking sensation in the clinical history with known multinodular goiter).[3,7]

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

  - presence of pathologic lymph nodes in cervical regions not visualized on ultrasound.[3]
  - clinically suspected advanced thyroid disease, including invasive primary tumor.[3,6,7]
  - any preoperative planning for thyroid disease.[3,5,9,10]
- **CT Chest without contrast (CPT ® 71250) or with contrast (CPT ® 71260)** is also indicated for:
  - preoperative planning for individuals with substernal extension of the thyroid, pulmonary symptoms, or abnormalities on recent chest x-ray, and should be ordered by a surgeon or in consultation with a surgeon.[10]
- **Thyroglossal duct cysts (TGDC)** are the most common type of congenital neck cyst of the midline neck, and may be first diagnosed in adulthood, though more commonly in early childhood.[8,9]
  - A physical exam feature includes the rise and fall of the midline mass with protrusion and retraction of the tongue, due to its embryonal connection to the foramen cecum.[8,9]
  - There is a small risk (about 1%) of incidental malignant degeneration within the TGDC, particularly within adults, and therefore, it is uniformly managed surgically. The Sistrunk procedure, which involves resection of the TGDC and its complete tract within the surrounding midline tissues—to include the middle third of the hyoid bone, is considered the gold standard in surgical management with a less than 5% risk of recurrence.[8,9]
  - Advanced imaging, per surgeon's request—or a provider in consultation with the head and neck surgeon, to include Neck Ultrasound (CPT® 76536) **AND/OR** CT Neck with contrast (CPT® 70491) or MRI Neck with and without contrast (CPT® 70543), is generally supported pre-operatively, or for the evaluation of a suspected recurrence.[8,9]

Background and Supporting Information

- The American College of Rheumatology (ACR) Thyroid Imaging, Reporting, and Data System (TI-RADS), consisting of five levels, is utilized for recommendations in determining US follow-up vs FNA of thyroid nodule(s). TI-RADS levels are determined based on the ultrasound appearance of the nodule . Grading criteria are available at https://www.acr.org/-/media/ACR/Files/RADS/TIRADS/TI-RADS-chart.pdf?la=en.
- The American Thyroid Association (ATA) guidelines from 2015 also use imaging characteristics and size for thyroid nodule risk stratification however size cutoffs are slightly more generous when compared to ACR-TIRADs. Sonographic imaging and/or biopsy requests in accordance with ATA criteria are appropriate.
- Link to ATA's thyroid nodule risk related to ultrasound appearance:[3]
  - https://www.liebertpub.com/cms/10.1089/thy.2015.0020/asset/images/large/figure2.jpeg

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

- Link to ATA's FNA criteria:[3]
  - https://www.ncbi.nlm.nih.gov/core/lw/2.0/html/tileshop_pmc/tileshop_pmc_inline.html?title=Click%20on%20image%20to%20zoom&p=PMC3&id=4739132_fig-1.jpg
- Fine-Needle Aspiration (FNA) biopsy is indicated for suspicious and/or large thyroid nodules prior to CT or MRI imaging.[3]
- Ultrasound is not used to screen: 1) the general population, 2) individuals with normal thyroid on palpation with a low risk of thyroid cancer, 3) individuals with hyperthyroidism, 4) individuals with hypothyroidism or 5) individuals with thyroiditis. Conversely, US can be considered in individuals who have no symptoms but are high-risk as a result of: history of head and neck irradiation, total body irradiation for bone marrow transplant, exposure to fallout from radiation during childhood or adolescence, as well as family history of thyroid cancer syndromes such as MEN2, medullary or papillary thyroid cancer, Cowden's disease, familial adenomatous polyposis, Carney complex, Werner syndrome/progeria.
- There is insufficient evidence supporting the use of PET to distinguish indeterminate thyroid nodules that are benign from those that are malignant.
- 18FDG-PET imaging is not routinely recommended for the evaluation of thyroid nodules with indeterminate cytology. Routine preoperative 18FDG-PET scanning is not recommended.
- Elastography provides information about nodule stiffness that is complementary to gray scale ultrasound findings in nodules with indeterminate cytology or ultrasound findings. It should not be used as a substitute for gray scale ultrasound.
- Use of ultrasound contrast medium is not recommended for the diagnostic evaluation of thyroid nodules and its current use is restricted to definition of size and limits of necrotic zones after minimally invasive nodule ablation techniques.

Evidence Discussion

- Ultrasound (US) plays a key role in determining which nodules display characteristics suspicious for malignancy and warrant biopsy. Of palpable thyroid nodules, the American College of Radiology (ACR) states, "US provides high-resolution imaging to show that the palpable abnormality is within the thyroid and is the best study to characterize the nodule for the risk of malignancy"[5]. US is also the best study to demonstrate goiter size and evaluate thyroid morphology.[5]
- Nuclear imaging with a radionuclide uptake and scan also plays an important role in thyroid imaging. In the setting of a suppressed thyroid stimulating hormone (TSH) level, nuclear imaging helps to determine whether the patient has thyrotoxicosis.
- A thyroid nuclear scan, in conjunction with thyroid ultrasound, is also useful in the setting of a multinodular goiter and a normal TSH to identify hypofunctioning or isofunctioning nodules which should be targeted for biopsy.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

- Neck CT is useful in determining the extent of a substernal goiter, evaluating whether a goiter is causing tracheal compression or deviation, assessing the extent of invasive thyroid cancer, or for preoperative imaging. It does not have a role in distinguishing benign from malignant thyroid nodules.
- Neck CT is preferred to neck MRI, as there is less respiratory motion artifact.
- FDG-PET/CT does not have a role in the initial imaging of a thyroid nodule.[5]

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Hyperthyroidism and Hypothyroidism (Neck-8.2)

NK.PT.0008.2.A
v1.0.2025

- Hyperthyroidism suspected[4]
  - Thyroid Uptake Study (CPT® 78012 or CPT® 78014) if ONE of the following:
    - TSH below normal range and elevated free T4 and/or free T3, OR
    - Subclinical hyperthyroidism with TSH <0.1 mU/L and normal free T4 and free T3, OR
    - Subclinical hyperthyroidism with TSH below the lower limit of normal but ≥0.1 and normal free T4 and free T3 in the setting of any of the following:
      - Age ≥65
      - Symptoms of hyperthyroidism
      - Presence of cardiac disease or osteoporosis
  - Ultrasound (US) Neck (CPT® 76536) if any of the following:
    - Palpable nodule on examination
    - Nuclear scanning is suggestive of thyroid nodular disease
    - Diagnostic uncertainty regarding the etiology of hyperthyroidism based on clinical presentation and initial biochemical evaluation
    - To evaluate thyroid dimensions for planning RAI treatment
    - Nuclear scanning is contraindicated (i.e., pregnancy, breastfeeding etc)
- Hyperthyroidism on therapy---For individuals with thyroid hormone levels (TSH, free T4 and free T3) within the normal, hypothyroid, or hyperthyroid range while receiving treatment with an anti-thyroid medication (methimazole or propylthiouracil/PTU):
  - Nuclear Scan (CPT® 78013 or CPT® 78014) if ONE of the following:
    - To determine the cause of hyperthyroidism if there was no diagnostic scan prior to the start of medical therapy
    - To characterize the uptake in a thyroid nodule(s) to properly triage the nodule for FNA if there was no diagnostic scan prior to the start of medical therapy
  - Thyroid Uptake Study (CPT® 78012 or CPT® 78014) if:
    - plan is for radioactive iodine therapy as definitive hyperthyroidism treatment.
- Hypothyroidism: There is no role for thyroid imaging in the workup of hypothyroidism in adults. Imaging for thyroid morphology does not help differentiate among causes of hypothyroidism, and all causes of hypothyroidism will have decreased radioiodine uptake.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Evidence Discussion

- The etiology of thyrotoxicosis is not always apparent in clinical presentation and therefore the use of diagnostic imaging studies is indicated to determine the etiology of hyperthyroidism.
- Thyroid nuclear scans play a central role in thyroid disease evaluation. They provide a planar image of the thyroid gland using a gamma camera to assess potential variability in the concentration of the radioisotope within thyroid tissue and can be combined with measurements of uptake of specific tracers and provide very useful information regarding thyroid pathology and function.
- Imaging with a radioiodine uptake and scan provides a valuable benefit as it can help confirm the cause for thyrotoxicosis and helps to decide the most appropriate treatment, which may vary depending on cause of hyperthyroidism.
- Imaging with a thyroid nuclear scan also has a role in planning therapy with radioactive iodine.
- Radioiodine uptake and scans can distinguish between high-uptake causes of thyrotoxicosis, such as Graves disease, toxic adenoma, and toxic multinodular goiter, and low-uptake causes, such as subacute thyroiditis.
- The scan component is helpful in differentiating between the high-uptake causes that show a focal uptake pattern, such as toxic adenoma or toxic multinodular goiter, and the high uptake causes that show a diffuse uptake pattern such as Graves disease.
- If radioiodine therapy is planned, the uptake component of the scan can then help determine the dose.
- A neck ultrasound is the best imaging study to evaluate thyroid morphology and can be a helpful adjunct study to a radioiodine uptake. Although a Doppler ultrasound may help to distinguish the cause of hyperthyroidism, a radionuclide uptake study is still preferred because it directly measures thyroid activity rather than inferring it based on blood flow.
- When a radioactive uptake scan shows nodules from toxic multinodular goiter or toxic adenoma, a neck ultrasound can confirm presence of nodules and also evaluate for suspicious features of malignancy.
- Though radioactivity exposure exists with the use of radioactive scans, the studies are an invaluable resource when helping to establish the cause of hyperthyroidism and guide treatment; guidelines as to when it is appropriate to order should be followed to avoid unnecessary radiation exposure.
- There is no role for imaging in the workup of hypothyroidism in adults. Imaging for thyroid morphology does not help differentiate among causes of hypothyroidism, and all causes of hypothyroidism will have decreased radioiodine uptake.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Parathyroid Imaging (Neck-8.3)

NK.PT.0008.3.A
v1.0.2025

- Classic primary hyperparathyroidism
  - Parathyroid Planar Imaging (CPT® 78070), Parathyroid Planar Imaging with SPECT (CPT® 78071), or Parathyroid Planar Imaging with SPECT/CT (preferred study) (CPT® 78072)[2,3,5] AND/OR Ultrasound (CPT® 76536)[1,2] AND/OR 4D CT Neck without and with contrast (CPT® 70492) are appropriate if BOTH of the following conditions are met:[1-3]
    - PTH and Calcium levels are elevated (See **Background and Supporting Information**)
    - Intention of the study is preoperative localization
      - All parathyroid nuclear scan codes (CPT® 78070, CPT® 78071, CPT® 78072) include thyroid subtraction when performed and no additional thyroid nuclear scan CPT codes are required unless otherwise indicated in **Thyroid Nodule (Neck-8.1)** or **Hyperthyroidism and Hypothyroidism (Neck 8.2)**.
      - Reporting or billing CPT® 78800 for the purpose of intraoperative parathyroid localization using a gamma probe is not supported if performed along with a parathyroid nuclear scan (CPT® 78070, CPT® 78071, CPT® 78072).
      - Ultrasound (CPT® 76536) can be ordered independently to evaluate the thyroid per criteria in **Thyroid Nodule (Neck-8.1)** or **Hyperthyroidism and Hypothyroidism (Neck 8.2)**.
      - 3D Imaging (CPT® 76376 or CPT® 76377) is indicated with a 4D CT Neck.
  - MRI Neck without and with contrast (CPT® 70543) for cases of re-operation, difficult localization or ionizing radiation contraindication[1,6] as ordered by an Endocrinologist, Parathyroid surgeon, or Radiologist or any provider in consultation with one of these specialists.
  - CT Chest with contrast (CPT® 71260) in rare circumstances in the evaluation of ectopic mediastinal parathyroid adenomas[14] as ordered by an Endocrinologist, Parathyroid surgeon, or Radiologist or any provider in consultation with one of these specialists.
  - Choline PET/CT (CPT® 78815 or CPT® 78816) is considered experimental and investigational for preoperative localization in cases of primary hyperparathyroidism.[15-17]
  - Repeat imaging is supported both in individuals with prior non-localizing imaging who have not yet undergone parathyroid exploration OR in cases of hyperparathyroidism that recurs or persists after parathyroid surgery if reimaging is being ordered by a surgeon or any provider after consultation with a surgeon with expertise in parathyroidectomy.[1]

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

- Primary hyperparathyroidism variants
  - Primary hyperparathyroidism with non-elevated serum calcium (serum calcium level normal and PTH elevated)
    - Confirmatory study is elevated ionized calcium, elevated albumin corrected calcium or elevated historic calcium levels.[1,4]
  - Hypercalcemia with inappropriately non-suppressed PTH (calcium level elevated and PTH normal)
    - PTH level ≥25 pg/mL is consistent with primary hyperparathyroidism.
    - See **Background and Supporting Information** for more information.
  - Intention of parathyroid imaging should be for pre-operative localization.
  - Use the same guidance on imaging modalities as described in "classic" primary hyperparathyroidism.

Primary Hyperparathyroidism variants:

	Calcium	PTH	Confirms/strongly suggests primary hyperparathyroidism
Classic primary hyperparathyroidism	High	High	Yes
Primary hyperparathyroidism with non-elevated serum calcium	Normal	High	Elevated ionized albumin corrected or historic calcium levels*
Hypercalcemia with inappropriately non-suppressed PTH	High	Normal	PTH ≥25 pg/ml

- Normocalcemic hyperparathyroidism
  - Serum calcium levels (including ionized calcium levels) are always normal and PTH levels are elevated.
  - Secondary causes of PTH elevation are excluded. See **Background and Supporting Information** for differential diagnosis of secondary hyperparathyroidism.
  - Calcium, PTH and clinical status should be monitored annually.
    - In the event of laboratory progression to hypercalcemia, refer to "classic" primary hyperparathyroidism for imaging guidance.
    - In the event of clinical progression (decline in bone mineral density or new fracture/renal stone/nephrocalcinosis), imaging for the intent of preoperative

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

localization is as requested by or after consultation with a specialist or any provider in consultation with a specialist.[18]

- Secondary renal hyperparathyroidism
  - Serum calcium levels are low or normal (but may also be elevated in more advanced disease) and PTH levels are very elevated.
  - Imaging for the intent of preoperative localization as requested by or after consultation with a specialist if all of the following are met:
    - Individual has stage 3a-stage 5 chronic kidney disease (GFR<60).
    - PTH level is >9x upper limit of normal reference range for the lab testing facility (~585 pg/mL) despite standard medical or pharmacologic therapy (calcimimetics, calcitriol and/or vitamin D analogs).[19]
- Tertiary hyperparathyroidism
  - Serum calcium and PTH levels are elevated as a result of long standing secondary hyperparathyroidism in individuals on renal replacement therapy or after renal transplant.
  - Imaging for the intent of preoperative localization as requested by or in consultation with a specialist.

Hyperparathyroidism subtypes:

	Calcium	PTH	Clinical Hallmarks
Normocalcemic Hyperparathyroidism	Normal	High	Calcium never elevated
Secondary Renal Hyperparathyroidism	Low/Normal/High	Very High	Stage 3a-5 CKD, PTH >9x ULN
Tertiary Hyperparathyroidism	High	High	ESRD/renal transplant

Background and Supporting Information

- Hypercalcemia in individuals with primary hyperparathyroidism may be determined by elevated serum calcium, elevated serum ionized calcium, elevated serum calcium level corrected for albumin, or historic calcium elevation. A comparison of serial measurements of calcium is helpful in determining the presence of true hypercalcemia as calcium levels may be variable over time.
- Parathyroidectomy candidacy should be determined by the provider, however national guidelines recognize the following criteria for surgery:[1,4]
  - All individuals <50 years of age, regardless of whether objective features are present or absent

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

- All symptomatic individuals, including those with kidney stones, hypercalcemic crises, pathologic fractures or other associated symptoms
- Individuals with findings concerning for parathyroid cancer (very high calcium >13)
- All asymptomatic individuals with the following:
  - Serum calcium >1.0 mg/dl (0.25 mmol/l) above the normal range
  - BMD by DEXA: T-score ≤2.5 at the lumbar spine, total hip femoral neck or distal 1/3 radius (The forearm- i.e., distal 1/3 radius is preferentially impacted by primary hyperparathyroidism as this area is rich in cortical bone.)
  - Vertebral fracture by x-ray, CT, MRI and vertebral fracture assessment
  - Estimated glomerular filtration rate of less than 60 ml/min
  - Urinary calcium excretion >400 mg in 24 hours
  - Nephrolithiasis or nephrocalcinosis by x-ray, ultrasound or CT
- Asymptomatic individuals who cannot participate in appropriate medical surveillance
- Asymptomatic individuals desiring definitive surgical management

- For cases of “normocalcemic hyperparathyroidism” in which primary hyperparathyroidism is not confirmed, additional investigation for secondary causes of hyperparathyroidism (renal insufficiency, hypercalciuria as a primary renal abnormality, vitamin D deficiency and gastrointestinal malabsorption problems such as short gut syndrome, celiac disease, Crohn's disease or a prior Roux-en-Y bypass surgery) is indicated.[1,18]
- For cases of hypercalcemia in which primary hyperparathyroidism is not confirmed, additional consideration for other causes of hypercalcemia (malignancy including PTH-RP mediated and myeloma, granulomatous disease, FHH, medications including thiazide diuretics, excessive calcium/vitamin D supplementation and the history of or present lithium use) is indicated.[1]

Evidence Discussion

- The purpose of parathyroid imaging is to aid in localizing hyperfunctioning parathyroid gland(s) for the purpose of curative surgery. Imaging has no role in the diagnosis of hyperparathyroidism.
- There may be a need for more than one modality in the localization of a parathyroid adenoma as studies have shown because no one modality is superior over others,
- The sensitivity and PPV of imaging modalities will vary in different situations, such as whether the patient has a single parathyroid adenoma or if multiple parathyroid glands are involved, if the imaging is for an initial surgical intervention versus a re-operation, and whether the patient has primary, secondary, or tertiary hyperparathyroidism.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Parathyroid Incidentaloma (Neck-8.4)

NK.PT.0008.4.A
v1.0.2025

- A mass incidentally found on neck imaging that may represent an enlarged parathyroid gland, should prompt laboratory testing including calcium and PTH levels.[1-5]
  - If laboratory abnormalities suggest hyperparathyroidism, i.e., "functioning parathyroid incidentaloma", see **Hyperparathyroidism (NECK- 8.3)** for imaging recommendations.
  - If there are no laboratory abnormalities and diagnoses other than parathyroid incidentaloma are suspected, see **Neck Mass/Swelling/Adenopathy (NECK- 5.1)** for imaging recommendations.
  - Parathyroid nuclear scans are commonly requested for an evaluation of a PTI however the sensitivity of these scans are low in individuals with normal calcium/ PTH and no clinical symptoms of primary hyperparathyroidism.[5,6] Reliance on either a positive scan or negative scan to decide if surgery is indicated is not supported by current literature.
- If a parathyroid incidentaloma is suspected on imaging prior to planned thyroid surgery or other head/neck surgery[4], the following studies are indicated if ordered by the surgical team or any provider in consultation with the surgical team:
  - Parathyroid Planar Imaging (CPT® 78070), Parathyroid Planar Imaging with SPECT (CPT® 78071), or Parathyroid Planar Imaging with SPECT/CT (CPT® 78072) AND/OR Ultrasound (CPT® 76536) AND/OR 4D CT Neck without and with contrast (CPT® 70492)
- Ultrasound (US) Neck (CPT® 76536) is indicated annually if the mass was not removed surgically.[3]

Background and Supporting Information

- "Parathyroid incidentalomas" include parathyroid adenomas found unexpectedly at the time of surgery or seen on ultrasound.[1-6]
- Normal sized parathyroid glands (~6mm) are not usually identified by most imaging modalities, so enlargement warrants laboratory evaluation to rule out pathologic causes such as primary hyperparathyroidism or rarely parathyroid carcinoma.[1-4]
- Sonographic imaging features of a parathyroid incidentaloma (ovoid, hypoechoic, well circumscribed and adjacent to but separate from the thyroid either posteriorly or inferiorly) may have overlap with perithyroidal lymph nodes and exophytic thyroid nodules in a multinodular goiter.[1-4]
- The literature does report cases of pathologically confirmed parathyroid adenomas/ hyperplasia in individuals with normal serum calcium and PTH levels, so these

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

enlarged parathyroid glands, may represent an early stage of hyperparathyroidism. It is unclear what percentage of non-functioning PTIs become hyper-secreting over time, but many of these masses are surgically managed.[2,3,4,6]

- Normally sized and normally functioning parathyroid glands do not take up sestamibi or tetrofosmin.[7] The likelihood of a positive parathyroid nuclear scan is low in the setting of normal calcium and PTH levels.[5,6]
- Parathyroid fine needle aspiration biopsy has been used historically however its diagnostic use is limited, due to the potential for hemorrhage and fibrosis which make eventual surgical dissection and pathologic interpretation more difficult.[1,4]

Evidence Discussion

- With the advent of high resolution CT scans, ultrasounds and other imaging modalities, along with their widespread use as diagnostic modalities, parathyroid lesions are increasingly being incidentally found on these imaging studies
- The distinct features of parathyroid lesions are readily seen on ultrasound imaging
- If lab work does not indicate hyperfunctioning of the parathyroid gland, then these lesions can be monitored annually with ultrasound as parathyroid nuclear scans have low sensitivity for detection in patients with normal parathyroid function.
- Parathyroid nuclear scans, 4D CT of the Neck, and Neck ultrasound studies can be used in evaluation of parathyroid incidentalomas found prior to a pending neck surgery to aid in preoperative evaluation, as determined by the surgical team.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

References (Neck-8)

v1.0.2025

Thyroid

1. Hoang JK, Langer JE, Middleton WD, et al. Managing incidental thyroid nodules detected on imaging: white paper of the ACR incidental Thyroid Findings Committee. *J Am Coll Radiol*. 2015;12(2):143-150. doi:10.1016/j.jacr.2014.09.038
2. Gharib H, Papini E, Garber JR, et al. American Association Of Clinical Endocrinologists, American College Of Endocrinology, And Associazione Medici Endocrinologi medical guidelines for clinical practice for the diagnosis and management of thyroid nodules–2016 update. *Endocr Pract*. 2016;22(5):622-639. doi:10.4158/EP161208.GL
3. Haugen BR, Alexander EK, Bible KC, et al. 2015 American Thyroid Association Management Guidelines for Adult Patients with Thyroid Nodules and Differentiated Thyroid Cancer: The American Thyroid Association Guidelines Task Force on Thyroid Nodules and Differentiated Thyroid Cancer. *Thyroid*. 2016;26(1):1-133. doi:10.1089/thy.2015.0020
4. Donangelo I, Suh SY. Subclinical hyperthyroidism: when to consider treatment. *Am Fam Physician*. 2017;95(11):710-716.
5. Expert Panel on Neurological Imaging:, Hoang JK, Oldan JD, et al. ACR Appropriateness Criteria® Thyroid Disease. *J Am Coll Radiol*. 2019;16(5S):S300-S314. doi:10.1016/j.jacr.2019.02.004
6. Ross DS, Burch HB, Cooper DS, et al. 2016 American Thyroid Association Guidelines for Diagnosis and Management of Hyperthyroidism and Other Causes of Thyrotoxicosis [published correction appears in Thyroid. 2017 Nov;27(11):1462. doi: 10.1089/thy.2016.0229.correx]. *Thyroid*. 2016;26(10):1343-1421. doi:10.1089/thy.2016.0229
7. Tessler FN, Middleton WD, Grant EG, et al. ACR Thyroid Imaging, Reporting and Data System (TI-RADS): White Paper of the ACR TI-RADS Committee. *J Am Coll Radiol*. 2017;14(5):587-595. doi:10.1016/j.jacr.2017.01.046
8. Corvino A, Pignata S, Campanino MR, et al. Thyroglossal duct cysts and site-specific differential diagnoses: imaging findings with emphasis on ultrasound assessment. *J Ultrasound*. 2020;23(2):139-149. doi:10.1007/s40477-020-00433-2
9. Chou J, Walters A, Hage R, et al. Thyroglossal duct cysts: anatomy, embryology and treatment. *Surg Radiol Anat*. 2013;35(10):875-881. doi:10.1007/s00276-013-1115-3
10. Hanson MA, Shaha AR, Wu JX. Surgical approach to the substernal goiter. *Best Pract Res Clin Endocrinol Metab*. 2019;33(4):101312. doi:10.1016/j.beem.2019.101312

Parathyroid

1. Wilhelm SM, Wang TS, Ruan DT, et al. The American Association of Endocrine Surgeons Guidelines for Definitive Management of Primary Hyperparathyroidism. *JAMA Surg*. 2016;151(10):959-968. doi:10.1001/jamasurg.2016.2310
2. Bilezikian JP, Brandi ML, Eastell R, et al. Guidelines for the management of asymptomatic primary hyperparathyroidism: summary statement from the Fourth International Workshop. *J Clin Endocrinol Metab*. 2014;99(10):3561-3569. doi:10.1210/jc.2014-1413
3. Udelsman R, Åkerström G, Biagini C, et al. The surgical management of asymptomatic primary hyperparathyroidism: proceedings of the Fourth International Workshop. *J Clin Endocrinol Metab*. 2014;99(10):3595-3606. doi:10.1210/jc.2014-2000
4. Parnell KE, Oltmann SC. The surgical management of primary hyperparathyroidism: an updated review. *Int J Endocr Oncol*. 2018;5(1). doi:10.2217/ije-2017-0019
5. ACR–SPR Practice Parameter For The Performance of Parathyroid Scintigraphy. Revised 2019.
6. Kunstman JW, Kirsch JD, Mahajan A, Udelsman R. Clinical review: Parathyroid localization and implications for clinical management. *J Clin Endocrinol Metab*. 2013;98(3):902-912. doi:10.1210/jc.2012-3168

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

7. Orr LE, Mckenzie TJ, Thompson GB, Farley DR, Wermers RA, Lyden ML. Surgery for Primary Hyperparathyroidism with Normal Non-suppressed Parathyroid Hormone can be Both Challenging and Successful. *World J Surg*. 2018;42(2):409-414. doi:10.1007/s00268-017-4323-x
8. Bahl M. Preoperative Parathyroid Imaging: Trends in Utilization and Comparative Accuracy of Sonography, Scintigraphy, and 4-Dimensional Computed Tomography. *J Comput Assist Tomogr*. 2019;43(2):264-268. doi:10.1097/RCT.0000000000000821
9. Kukar M, Platz TA, Schaffner TJ, et al. The use of modified four-dimensional computed tomography in patients with primary hyperparathyroidism: an argument for the abandonment of routine sestamibi single-positron emission computed tomography (SPECT). *Ann Surg Oncol*. 2015;22(1):139-145. doi:10.1245/s10434-014-3940-y
10. Kelly HR, Hamberg LM, Hunter GJ. 4D-CT for preoperative localization of abnormal parathyroid glands in patients with hyperparathyroidism: accuracy and ability to stratify patients by unilateral versus bilateral disease in surgery-naive and re-exploration patients. *AJNR Am J Neuroradiol*. 2014;35(1):176-181. doi:10.3174/ajnr.A3615
11. Solorzano CC, Carneiro-Pla D. Minimizing cost and maximizing success in the preoperative localization strategy for primary hyperparathyroidism. *Surg Clin North Am*. 2014;94(3):587-605. doi:10.1016/j.suc.2014.02.006
12. Wang TS, Cheung K, Farrokhyar F, Roman SA, Sosa JA. Would scan, but which scan? A cost-utility analysis to optimize preoperative imaging for primary hyperparathyroidism. *Surgery*. 2011;150(6):1286-1294. doi:10.1016/j.surg.2011.09.016
13. Lubitz CC, Stephen AE, Hodin RA, Pandharipande P. Preoperative localization strategies for primary hyperparathyroidism: an economic analysis. *Ann Surg Oncol*. 2012;19(13):4202-4209. doi:10.1245/s10434-012-2512-2
14. Mortenson MM, Evans DB, Lee JE, et al. Parathyroid exploration in the reoperative neck: improved preoperative localization with 4D-computed tomography. *J Am Coll Surg*. 2008;206(5):888-896. doi:10.1016/j.jamcollsurg.2007.12.044
15. Boccalatte LA, Higuera F, Gómez NL, et al. Usefulness of 18F-Fluorocholine Positron Emission Tomography-Computed Tomography in Locating Lesions in Hyperparathyroidism: A Systematic Review. *JAMA Otolaryngol Head Neck Surg*. 2019;145(8):743-750. doi:10.1001/jamaoto.2019.0574
16. Broos WAM, van der Zant FM, Knol RJJ, Wondergem M. Choline PET/CT in parathyroid imaging: a systematic review. *Nucl Med Commun*. 2019;40(2):96-105. doi:10.1097/MNM.0000000000000952
17. Parvinian A, Martin-Macintosh EL, Goenka AH, et al. ^{11}C-Choline PET/CT for Detection and Localization of Parathyroid Adenomas. *AJR Am J Roentgenol*. 2018;210(2):418-422. doi:10.2214/AJR.17.18312
18. Cusano NE, Silverberg SJ, Bilezikian JP. Normocalcemic primary hyperparathyroidism. *J Clin Densitom*. 2013;16(1):33-39. doi:10.1016/j.jocd.2012.12.001
19. Erratum: Kidney Disease: Improving Global Outcomes (KDIGO) CKD-MBD Update Work Group. KDIGO 2017 Clinical Practice Guideline Update for the Diagnosis, Evaluation, Prevention, and Treatment of Chronic Kidney Disease-Mineral and Bone Disorder (CKD-MBD). *Kidney Int Suppl*. 2017;7:1-59. *Kidney Int Suppl (2011)*. 2017;7(3):e1. doi:10.1016/j.kisu.2017.10.001
20. Expert Panel on Neurological Imaging, Zander D, Bunch PM, et al. ACR Appropriateness Criteria® Parathyroid Adenoma. *J Am Coll Radiol*. 2021;18(11S):S406-S422. doi:10.1016/j.jacr.2021.08.013
21. Bilezikian JP, Khan AA, Silverberg SJ, et al. Evaluation and Management of Primary Hyperparathyroidism: Summary Statement and Guidelines from the Fifth International Workshop. *J Bone Miner Res*. 2022;37(11):2293-2314. doi:10.1002/jbmr.4677

Parathyroid Incidentaloma

1. Patel KN, Yip L, Lubitz CC, et al. The American Association of Endocrine Surgeons Guidelines for the Definitive Surgical Management of Thyroid Disease in Adults. *Ann Surg*. 2020;271(3):e21-e93. doi:10.1097/SLA.0000000000003580
2. Sung JY. Parathyroid ultrasonography: the evolving role of the radiologist. *Ultrasonography*. 2015;34(4):268-274. doi:10.14366/usg.14071
3. Ghervan C, Silaghi A, Nemeş C. Parathyroid incidentaloma detected during thyroid sonography - prevalence and significance beyond images. *Med Ultrason*. 2012;14(3):187-191.
4. Shroff P, McGrath GA, Pezzi CM. Incidentalomas of the parathyroid gland: multiple presentations, variable function, and review of the literature. *Endocr Pract*. 2005;11(6):363-369. doi:10.4158/EP.11.6.363

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

5. Khanna S, Singh S, Khanna AK. Parathyroid incidentaloma. *Indian J Surg Oncol*. 2012;3(1):26-29. doi:10.1007/s13193-012-0143-5
6. Frasoldati A, Pesenti M, Toschi E, Azzarito C, Zini M, Valcavi R. Detection and diagnosis of parathyroid incidentalomas during thyroid sonography. *J Clin Ultrasound*. 1999;27(9):492-498. doi:10.1002/(sici)1097-0096(199911/12)27:9<492::aid-jcu2>3.0.co;2-h
7. Kannan S, Milas M, Neumann D, Parikh RT, Siperstein A, Licata A. Parathyroid nuclear scan. A focused review on the technical and biological factors affecting its outcome. *Clin Cases Miner Bone Metab*. 2014;11(1):25-30.
8. Bilezikian JP, Khan AA, Silverberg SJ, et al. Evaluation and Management of Primary Hyperparathyroidism: Summary Statement and Guidelines from the Fifth International Workshop. *J Bone Miner Res*. 2022;37(11):2293-2314. doi:10.1002/jbmr.4677

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Imaging of the Larynx, Trachea, and Bronchus (Neck-9)

Guideline

Imaging of the Larynx, Trachea, and Bronchus (Neck-9.1)
References (Neck-9)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Imaging of the Larynx, Trachea, and Bronchus (Neck-9.1)

NK.TR.0009.1.A
v1.0.2025

- Initial evaluation for suspected laryngotracheal pathology:
  - Direct visualization of the upper airway (via laryngoscopy, with or without bronchoscopy), and can also include
  - Plain x-rays of the neck with or without chest x-ray
- To further evaluate definite abnormalities found on either of the above, including laryngotracheal, tracheal, or bronchial anomalies, foreign bodies or persistent segmental or lobar lung collapse:
  - CT Neck with contrast (CPT® 70491) **OR** CT Neck without contrast (CPT® 70490) **AND/OR**
  - CT Chest with contrast (CPT® 71260) **OR** CT Chest without contrast (CPT® 71250), depending on the anatomic level of the lesion.
    - See **Squamous Cell Carcinomas of the Head and Neck—Suspected/ Diagnosis (ONC-3.1)** for suspected laryngotracheal tumor.
- For suspected subglottic stenosis (SGS) after evaluation by a specialist or in consultation with a specialist who has directly visualized the upper airway:
  - CT Neck with contrast (CPT® 70491) **OR** CT Neck without contrast (CPT® 70490) is supported.
- For obstructive physiology in the setting of tracheomalacia:
  - Expiratory HRCT (CPT® 71250) is supported.[1]

Background and Supporting Information

- Bronchoscopy can further evaluate the distal endobronchial tree.
- Suspected laryngotracheal disease can be identified by inspiratory or biphasic stridor and a characteristic flow-volume loop of PFTs.[1]
- The visualization of tracheal or bronchial "inspissation" or thickening of secretions without an abnormality, is not a risk for malignancy.[3]
- CT with multiplanar reformatting has proven comparable to rigid bronchoscopy with a 100% sensitivity and specificity of detecting SGS and for measuring length and grade of stenosis.[5]

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Evidence Discussion

- Radiographs by means of neck and chest radiographs are sensitive for only those radio opaque foreign bodies but have value in providing information regarding other chest pathology such as presence of consolidation, atelectasis and bronchiectasis.[6]
- CT is more sensitive than x ray in identifying airway foreign bodies due to its higher resolution.[7]
- CT scan can rapidly and accurately identify laryngo-tracheo-bronchial abnormalities prior to bronchoscopy such as pneumonia, airway stenosis, atelectasis, effusion and consolidation.[7-9]
- CT provides a sensitivity of more than 96% and a specificity of more than 97% in comparison to bronchoscopy for detecting tracheomalacia. CT provides the advantage of simultaneously evaluating mediastinal, vascular and lung pathologies.[10]

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (Neck-9)

v1.0.2025

1. Dyer DS, Mohammed TL, Kirsch J, et al. ACR appropriateness Criteria® chronic dyspnea: suspected pulmonary origin. *J Thorac Imaging*. 2013;28(5):W64-W66. doi:10.1097/RTI.0b013e31829a2dc3
2. Obusez EC, Jamjoom L, Kirsch J, Gildea T, Mohammed TL. Computed tomography correlation of airway disease with bronchoscopy: part I--nonneoplastic large airway diseases. *Curr Probl Diagn Radiol*. 2014;43(5):268-277. doi:10.1067/j.cpradiol.2014.05.002
3. Gould MK, Donington J, Lynch WR, et al. Evaluation of individuals with pulmonary nodules: when is it lung cancer? Diagnosis and management of lung cancer, 3rd ed: American College of Chest Physicians evidence-based clinical practice guidelines. *Chest*. 2013;143(5 Suppl):e93S-e120S. doi:10.1378/chest.12-2351
4. Expert Panel on Thoracic Imaging:, McComb BL, Ravenel JG, et al. ACR Appropriateness Criteria® Chronic Dyspnea-Noncardiovascular Origin. *J Am Coll Radiol*. 2018;15(11S):S291-S301. doi:10.1016/j.jacr.2018.09.015
5. Pasick LJ, Anis MM, Rosow DE. An Updated Review of Subglottic Stenosis: Etiology, Evaluation, and Management. *Curr Pulmonol Rep*. 2022;11(2):29-38. doi:10.1007/s13665-022-00286-6
6. Bajaj D, Sachdeva A, Deepak D. Foreign body aspiration. *J Thorac Dis*. 2021;13(8):5159-5175. doi:10.21037/jtd.2020.03.94
7. Kara K, Ozdemir C, Tural Onur S, Satici C, Tokgoz Akyil F, Nedime Sokucu S. Late Diagnosis of Foreign Body Aspiration in Adults: Case Series and Review of the Literature. *Respir Care*. 2024;69(3):317-324. Published 2024 Feb 28. doi:10.4187/respcare.10723
8. Liu X, Ni F, Guo T, et al. Risk factors associated with radiolucent foreign body inhalation in adults: a 10-year retrospective cohort study. *Respir Res*. 2022;23(1):238. Published 2022 Sep 10. doi:10.1186/s12931-022-02165-9
9. Abdel Razek AA. Imaging of connective tissue diseases of the head and neck. *Neuroradiol J*. 2016;29(3):222-230. doi:10.1177/1971400916639605
10. Wallis C, Alexopoulou E, Antón-Pacheco JL, et al. ERS statement on tracheomalacia and bronchomalacia in children. *Eur Respir J*. 2019;54(3):1900382. Published 2019 Sep 28. doi:10.1183/13993003.00382-2019

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Neck Pain (Neck-10)

Guideline

Neck Pain (Cervical) (Neck-10.1)
Torticollis and Dystonia (Neck-10.2)
Eagle's Syndrome (Neck-10.3)
References (Neck-10)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Neck Pain (Cervical) (Neck-10.1)

NK.NP.0010.1.A

v1.0.2025

- Neck pain is usually related to a specific process including pharyngitis, radiculopathy, adenopathy, mass, carotid dissection and torticollis, and therefore found elsewhere in these guidelines.[1]
- For the evaluation of neck pain or other symptoms which may involve the cervical spine, including myelopathy and cervical radiculopathy,[1] see **Spine Imaging Guidelines**.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Torticollis and Dystonia (Neck-10.2)

NK.NP.0010.2.A
v1.0.2025

Older Child (beyond infancy) or Adult[1]

- To identify fracture or malalignment in cases of trauma:
  - Initial evaluation with recent trauma (without a high-risk mechanism of injury–see **SP-3.2 Neck (Cervical Spine) Trauma**) is by plain radiographs of the cervical spine.[10,11,12] If inconclusive:
    - CT Neck with contrast (CPT® 70491) **AND/OR**
    - CT Cervical Spine without contrast (CPT® 72125)
- In the clinical setting of cervical spine trauma with an associated neurologic deficit:
  - MRI Cervical Spine without contrast (CPT® 72141) is supported.
- To evaluate for soft tissue or neurological cause in cases with no trauma history:
  - CT Neck with contrast (CPT® 70491), **AND/OR**
  - MRI Cervical Spine without contrast (CPT® 72141), **OR**
  - CT Cervical Spine without contrast (CPT® 72125)
    - Positive→ Further advanced imaging is not required if CT Neck or CT/MRI Cervical Spine has identified local cause.
    - Negative→ MRI Brain without and with contrast (CPT® 70553) to exclude CNS cause.

Evidence Discussion

- Plain radiography continues to be the primary imaging modality for the initial diagnosis of neck concerns in cases of trauma without high-risk mechanism of injury.
- CT offers superior depiction of cortical bone and is more sensitive than radiographs in assessing facet degenerative disease, osteophyte formation, and other osseous structures.
- Patients with abnormal neurological findings benefit from MRI to help identify spinal cord abnormalities and soft tissue causes in the workup of dystonia and/or torticollis.
- Risks associated with imaging include but are not limited to radiation exposure and contrast complications.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Eagle's Syndrome (Neck-10.3)

NK.NP.0010.3.A
v1.0.2025

Also known as "calcified stylohyoid ligament", "elongation of styloid process", or "stylocarotid artery syndrome".

- **"Classic Eagle Syndrome"**
  - Typically seen in individuals after pharyngeal trauma or tonsillectomy[4,5]
  - Characterized by ipsilateral dull, persistent pharyngeal pain, centered in the ipsilateral tonsillar fossa, that can be referred to the ear, and exacerbated by rotation of the head
  - Other symptoms may include dysphagia, sensation of foreign body in the throat, tinnitus, or cervicofacial pain.
  - If Eagle Syndrome is suspected on exam and/or lateral neck x-ray:[4,5]
    - CT Maxillofacial with contrast (CPT® 70487) **OR** CT Maxillofacial without contrast (CPT® 70486) **AND/OR**
    - CT Neck with contrast (CPT® 70491) **OR** CT Neck without contrast (CPT® 70490)
- **"Stylocarotid Artery Syndrome"** (i.e., the anterior circulation equivalent of "bow hunter syndrome"—rotational vertebral artery occlusion syndrome[8,9])
  - It is characterized by the compression of the internal or external carotid artery (with their peri-vascular sympathetic fibers) by a laterally or medially deviated styloid process.
  - It is related to a pain along the distribution of the artery, which is provoked and exacerbated by rotation and compression of the neck.
  - It is not correlated with tonsillectomy.
  - If Stylocarotid Artery Syndrome is suspected on exam and/or lateral neck x-ray:
    - CT Maxillofacial with contrast (CPT® 70487) **AND/OR**
    - CT Neck with contrast (CPT® 70491)
    - Dynamic/Positional CTA (CPT® 70498) is also supported to assess for concerns of vascular compression (see also **General Guidelines - CT and MR Angiography (CTA and MRA) (HD-1.5)**[9] and **General Guidelines - Other Imaging Situations (HD-1.7)**[6]
    - In cases of impingement of the internal carotid artery, there may be referred supraorbital pain and parietal headache. In cases of external carotid artery irritation, the pain radiates to the infraorbital region.
- CT scanning (and in particular, 3-D CT scanning) represents an extremely valuable imaging tool in patients with Eagle syndrome. 3-D rendering (CPT® 76376 or CPT®

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

76377) is supported as an add on to CT Neck (CPT® 70491 **or** CPT® 70490), if requested, for accurate evaluation of the styloid process in relation to its anatomic relationship with the other head and neck structures, in surgical planning.[7] See **3D Rendering (Preface-4.1)**.

Background and Supporting Information

- Torticollis or cervical dystonia is an abnormal twisting of the neck resulting in head rotation. Its causes are many and may be congenital or acquired and caused by trauma, infection/inflammation, neoplasm and/or idiopathic. It occurs more frequently in children and on the right side (75%).
- Eagle syndrome is characterized by recurrent pain in the oropharynx and face due to an elongated styloid process or calcified stylohyoid ligament. The styloid process is a slender outgrowth at the base of the temporal bone, immediately posterior to the mastoid apex.[4,8]

Evidence Discussion

- If Eagle syndrome is suspected on exam and/or lateral neck xray, CT Maxillofacial or CT Neck are supported.[4,7]
- CT is the preferred modality for evaluation of bony structures and detection of abnormalities associated with calcifications.
- Indications for cervicocerebral computed tomography angiography (CTA) or magnetic resonance angiography (MRA) of the head and neck vessels or include the diagnosis, characterization and/or surveillance of a variety of vascular conditions, including vascular compression of the internal or external carotid artery by an elongated styloid process (Eagle Syndrome).[6]
- Risks of CTA include exposure to ionizing radiation, thus, magnetic resonance angiography (MRA) is available as an alternative to reduce radiation exposure. In addition, MRA is an alternative for patients with iodinated contrast allergies or other contraindications to iodinated contrast.[6,14]
- MRA, as an alternative modality, is noninvasive, and does not require iodinated contrast. Limitations include artifacts due to motion, slow or turbulent flow, and susceptibility effects, and claustrophobia. Additionally, MRA may not be a feasible option for those with contraindications to MRI such as incompatible pacemakers, cochlear implants, neurostimulators or other devices. In these scenarios, CTA may be the appropriate alternative.[6,14,15]

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (Neck-10)

v1.0.2025

1. Expert Panel on Neurological Imaging:, McDonald MA, Kirsch CFE, et al. ACR Appropriateness Criteria® Cervical Neck Pain or Cervical Radiculopathy. *J Am Coll Radiol*. 2019;16(5S):S57-S76. doi:10.1016/j.jacr.2019.02.023
2. Haque S, Bilal Shafi BB, Kaleem M. Imaging of torticollis in children. *Radiographics*. 2012;32(2):557-571. doi:10.1148/rg.322105143
3. Boyko N, Eppinger MA, Straka-DeMarco D, Mazzola CA. Imaging of congenital torticollis in infants: a retrospective study of an institutional protocol. *J Neurosurg Pediatr*. 2017;20(2):191-195. doi:10.3171/2017.3.PEDS16277
4. Badhey A, Jategaonkar A, Anglin Kovacs AJ, et al. Eagle syndrome: A comprehensive review. *Clin Neurol Neurosurg*. 2017;159:34-38. doi:10.1016/j.clineuro.2017.04.021
5. Jalisi S, Jamal BT, Grillone GA. Surgical Management of Long-standing Eagle's Syndrome. *Ann Maxillofac Surg*. 2017;7(2):232-236. doi:10.4103/ams.ams_53_17
6. ACR-ASNR-SPR Practice Parameter for the Performance and Interpretation of Cervicocerebral Computed Tomography Angiography (CTA). Revised 2020.
7. Kent DT, Rath TJ, Snyderman C. Conventional and 3-Dimensional Computerized Tomography in Eagle's Syndrome, Glossopharyngeal Neuralgia, and Asymptomatic Controls. *Otolaryngol Head Neck Surg*. 2015;153(1):41-47. doi:10.1177/0194599815583047
8. Elimairi I, Baur DA, Altay MA, Quereshy FA, Minisandram A. Eagle's Syndrome. *Head Neck Pathol*. 2015;9(4):492-495. doi:10.1007/s12105-014-0599-4
9. Chuang WC, Short JH, McKinney AM, Anker L, Knoll B, McKinney ZJ. Reversible left hemispheric ischemia secondary to carotid compression in Eagle syndrome: surgical and CT angiographic correlation. *AJNR Am J Neuroradiol*. 2007;28(1):143-145.
10. Expert Panel on Neurological Imaging and Musculoskeletal Imaging:, Beckmann NM, West OC, et al. ACR Appropriateness Criteria® Suspected Spine Trauma. *J Am Coll Radiol*. 2019;16(5S):S264-S285. doi:10.1016/j.jacr.2019.02.002
11. Hoffman JR, Mower WR, Wolfson AB, Todd KH, Zucker MI. Validity of a set of clinical criteria to rule out injury to the cervical spine in patients with blunt trauma. National Emergency X-Radiography Utilization Study Group [published correction appears in N Engl J Med 2001 Feb 8;344(6):464]. *N Engl J Med*. 2000;343(2):94-99. doi:10.1056/NEJM200007133430203
12. Thompson WL, Stiell IG, Clement CM, Brison RJ; Canadian C-Spine Rule Study Group. Association of injury mechanism with the risk of cervical spine fractures. 2009;11(1):14-22. doi:10.1017/s1481803500010873
13. Expert Panel on Neurological Imaging:, McDonald MA, Kirsch CFE, et al. ACR Appropriateness Criteria® Cervical Neck Pain or Cervical Radiculopathy. *J Am Coll Radiol*. 2019;16(5S):S57-S76. doi:10.1016/j.jacr.2019.02.023
14. ACR-ASNR-SNIS-SPR Practice Parameter for the Performance of Cervicocerebral Magnetic Resonance Angiography (MRA). Revised 2020.
15. Expert Panel on MR Safety, Kanal E, Barkovich AJ, et al. ACR guidance document on MR safe practices: 2013. *J Magn Reson Imaging*. 2013;37(3):501-530. doi:10.1002/jmri.24011

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Salivary Gland Disorders (Neck-11)

Guideline

Salivary Gland Disorders (Neck-11.1)
References (Neck-11)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Salivary Gland Disorders (Neck-11.1)

NK.SG.0011.1.A
v1.0.2025

- **Xerostomia (Dry Mouth)**
  - Salivary Gland Nuclear Imaging (one of CPT® 78230, CPT® 78231, or CPT® 78232) can be considered for any one of the following:
    - Dry mouth and either:
      - Sjögren's syndrome
      - Sialadenitis
      - History of head or neck radiation therapy
      - History of cerebral palsy
      - Parotid mass to allow preoperative diagnosis of Warthin's tumor
- **Salivary Gland Stones, Sialadenitis or Stenosis**:[1]
  - Sialography (contrast dye injection) under fluoroscopy, can be performed to rule out a salivary duct stone or stricture, using
    - Post-sialography CT (CT Maxillofacial without contrast [CPT® 70486] for Stensen's duct of the parotid gland, which would be most common; **or** CT Neck without contrast [CPT® 70490] for the level of the Wharton's Duct); **or** post-sialography MRI (MRI Orbit/Face/Neck without contrast [CPT® 70540]) **OR**
  - CT Maxillofacial area with contrast (CPT® 70487) **OR**
  - CT Neck with contrast (CPT® 70491)
    - CT performed only without IV contrast (CPT® 70490) may be helpful in a small minority of cases, such as cases of follow-up for known salivary stones, or for post-sialography imaging, as described above **OR**
  - MRI Orbit/Face/Neck without and with contrast (CPT® 70543)
- **Parotid or Other Salivary Gland Mass**
  - The following are appropriate:[2]
    - Ultrasound (CPT® 76536) is supported as initial or additional imaging and does not need to be completed prior to the performance of advanced imaging.
    - MRI Orbit/Face/Neck without and with contrast preferred (CPT® 70543) **or** MRI Orbit/Face/Neck without contrast (CPT® 70540) **OR**
    - CT Neck with contrast (CPT® 70491) preferred **or** CT Maxillofacial area with contrast (CPT® 70487)
- **Repeat Imaging (CT or MRI, as above)**[4]
  - There is currently no standard timeframe for repeat advanced imaging to follow known benign pathology of the salivary gland that has been resected—partially or completely, or only observed. This holds true even if the salivary lesion has the potential for recurrence or malignant transformation (i.e., pleomorphic adenoma).

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

- Repeat advanced imaging, as requested by the surgeon or those in consultation with the surgical team, is indicated if recent history and exam demonstrate signs:
  - concerning for complications of surgery, or
  - recurrence or progression of neoplasm/lesion

Evidence Discussion

- Current history and comprehensive head & neck exam are required prior to any advanced imaging for suspected salivary gland pathology.
- CT should be performed with IV contrast to distinguish vessels from lymph nodes and to confirm if a mass is hypervascular. *Dual-phase CT imaging (without and with IV contrast) is not supported*.[2]
  - CT performed only without IV contrast may be helpful in a small minority of cases including cases of follow-up for known salivary stones or post-sialography studies.
- A recent study in the American Journal of Neuroradiology comparing contrast enhanced and non-contrast enhanced CT in the evaluation of sialolithiasis demonstrated excellent sensitivity and specificity with no false-positive results using contrast-enhanced CT alone (without the addition of non-contrasted images for comparison). Benefits of initial only contrast-enhanced CT include better evaluation of the ductal system, improved soft tissue contrast in assessing salivary masses and decreased radiation dose (compared to dual phase CT imaging (without and with IV contrast)).[3]
- The preferred modality to evaluate suspected parotid lesions is MRI of the face and/or neck with and without IV contrast. It can provide comprehensive information about the full extent of the mass (ie, deep lobe involvement) and other local invasion (such as perineural tumor spread and possible extension into the temporal bone).
- Repeat Imaging (CT or MRI)[4]
  - There is currently no standard timeframe for repeat advanced imaging to follow known benign pathology of the salivary gland that has been resected—partially or completely, or only observed. This holds true even if the salivary lesion has the potential for recurrence or malignant transformation (i.e., pleomorphic adenoma).
  - Repeat advanced imaging, as requested by the surgeon or those in consultation with the surgical team, is indicated if recent history and exam demonstrate signs:
    - Concerning for complications of surgery, or
    - Recurrence or progression of neoplasm/lesion

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (Neck-11)

v1.0.2025

1. Wilson KF, Meier JD, Ward PD. Salivary gland disorders. *Am Fam Physician*. 2014;89(11):882-888.
2. Expert Panel on Neurologic Imaging:, Aulino JM, Kirsch CFE, et al. ACR Appropriateness Criteria® Neck Mass-Adenopathy. *J Am Coll Radiol*. 2019;16(5S):S150-S160. doi:10.1016/j.jacr.2019.02.025
3. Purcell YM, Kavanagh RG, Cahalane AM, Carroll AG, Khoo SG, Killeen RP. The Diagnostic Accuracy of Contrast-Enhanced CT of the Neck for the Investigation of Sialolithiasis. *AJNR Am J Neuroradiol*. 2017;38(11):2161-2166. doi:10.3174/ajnr.A5353
4. Wittekindt C, Streubel K, Arnold G, Stennert E, Guntinas-Lichius O. Recurrent pleomorphic adenoma of the parotid gland: analysis of 108 consecutive patients. *Head Neck*. 2007;29(9):822-828. doi:10.1002/hed.20613

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Sore Throat, Odynophagia, and Hoarseness (Neck-12)

Guideline

Definitions (Neck-12.0)
Sore Throat/Throat Pain/Odynophagia (Neck-12.1)
Hoarseness (Neck-12.2)
References (Neck-12)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Definitions (Neck-12.0)

NK.ST.0012.0.A

v1.0.2025

- Hoarseness – Altered voice quality reported by the individual
- Dysphagia – Disordered or impaired swallowing i.e., food impactions, globus sensation, choking/aspiration, regurgitation (see **Dysphagia and Upper Digestive Tract Disorders (Neck-3.1)**)
- Odynophagia – Painful swallowing

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Sore Throat/Throat Pain/Odynophagia (Neck-12.1)

NK.ST.0012.1.A
v1.0.2025

- See **Dysphagia and Upper Digestive Tract Disorders (Neck-3.1)** for dysphagia as the primary symptom.
- Sore Throat/Throat Pain/Odynophagia
  - Uncomplicated viral or streptococcal pharyngitis with sore throat[3]
    - Imaging studies are not indicated. See **Neck Mass/Swelling/Adenopathy (Neck-5.1)** for suspected complications of pharyngitis/tonsillitis, such as a cervical space abscess.
  - Postoperative throat pain or odynophagia after head and neck procedure with suspected complication of procedure:[4]
    - CT Neck with contrast (CPT® 70491)
  - Sore throat/throat pain/odynophagia that is persistent or progressive for two or more weeks, in spite of any treatment measures or observation:
    - Initial evaluation is laryngoscopy
      - If the initial laryngoscopy is abnormal, or if it is negative, and if there is a continued suspicion of submucosal lesion of the pharynx[2,4] due to any red flag symptoms (weight loss, referred otalgia, hoarseness, hemoptysis, and/or unilateral presentation of symptoms):
        - CT Neck with contrast (CPT® 70491) **OR**
        - MRI Orbit/Face/Neck without and with contrast (CPT® 70543)
      - Alarm symptoms of persistent unilateral throat pain or odynophagia with ipsilateral referred otalgia is especially suspicious for a submucosal tumor of the head and neck (versus more distal esophageal pathology).[5]
      - If subjective dysphagia AND odynophagia are both present and the initial laryngoscopy and neck exam are normal (i.e. no cervical space abscess or post-surgical complication is suspected), and no red flag symptoms are present, then barium esophagram (or GI upper endoscopy) is indicated prior to the advanced imaging studies of the neck listed above.[5,6]

Evidence Discussion

- Both CT and MRI can be used to delineate masses and provide cross sectional visualization of lesions that are deep to the mucosal surface. CT has the advantage to being readily available, requiring less time and less expense when compared to MRI.[7,8]

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Hoarseness (Neck-12.2)

NK.ST.0012.2.A

v1.0.2025

- Laryngoscopy is the primary diagnostic modality for evaluating individuals with hoarseness. Imaging studies, including CT and MRI, are unnecessary in most individuals with hoarseness because most hoarseness is self-limited or caused by pathology that can be identified by laryngoscopy alone.
- The need for advanced imaging is based upon abnormal findings upon laryngoscopy,[1] such as:
  - Immobile or partially mobile vocal cord [see **Recurrent Laryngeal Nerve Palsy (NECK-7.1)**]
  - Any growth, asymmetry, ulceration, or other suspected neoplasm of the glottis or supraglottis [see **Neck Mass/Swelling/Adenopathy (Neck 5.1)**; see also **ONC-3.0-3.4**].

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (Neck-12)

v1.0.2025

1. Stachler RJ, Francis DO, Schwartz SR, et al. Clinical Practice Guideline: Hoarseness (Dysphonia) (Update) [published correction appears in Otolaryngol Head Neck Surg. 2018 Aug;159(2):403. doi:10.1177/0194599818766900]. *Otolaryngol Head Neck Surg*. 2018;158(1_suppl):S1-S42. doi:10.1177/0194599817751030
2. Pynnonen MA, Gillespie MB, Roman B, et al. Clinical Practice Guideline: Evaluation of the Neck Mass in Adults. *Otolaryngol Head Neck Surg*. 2017;157(2_suppl):S1-S30. doi:10.1177/0194599817722550
3. Shulman ST, Bisno AL, Clegg HW, et al. Clinical practice guideline for the diagnosis and management of group A streptococcal pharyngitis: 2012 update by the Infectious Diseases Society of America [published correction appears in Clin Infect Dis. 2014 May;58(10):1496. Dosage error in article text]. *Clin Infect Dis*. 2012;55(10):e86-e102. doi:10.1093/cid/cis629
4. Expert Panel on Gastrointestinal Imaging:, Levy AD, Carucci LR, et al. ACR Appropriateness Criteria® Dysphagia. *J Am Coll Radiol*. 2019;16(5S):S104-S115. doi:10.1016/j.jacr.2019.02.007
5. Belafsky PC. Odynophagia a Warning Sign and Indication for Timely Endoscopy. *ENT Today*. August 1, 2014. https://www.enttoday.org/article/literature-review-odynophagia-a-warning-sign-and-indication-for-timely-endoscopy/
6. Hwang C, Desai B, Desai A. Dysphagia and Odynophagia. In: Desai B, Desai A, eds. *Primary Care for Emergency Physicians*. Springer, Cham. 2017. doi:10.1007/978-3-319-44360-7_8
7. Rahim I, Napolitano A, Burd C, Lingam RK. Imaging of pharyngeal pathology. *Br J Radiol*. 2023;96(1149):20230046. doi:10.1259/bjr.20230046
8. McCormack SM, Nicewicz MJ. Complications and Diagnosis of Branchial Cleft Cysts: A Case Report. *Cureus*. 2022;14(12):e32667. Published 2022 Dec 18. doi:10.7759/cureus.32667

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Table of Contents

Guideline

Obstetrical Ultrasound Imaging General Guidelines (OB-1)
Abbreviations and Glossary for OB Ultrasound Imaging Guidelines
General Guidelines (OB-1.0)
Inappropriate Use of OB Ultrasound (OB-1.2)
Ultrasound Code Selection (OB-1.3)
References (OB-1)
Uncertain Dates (OB-2)
Uncertain Dates/Unknown Last Menstrual Period (LMP) (OB-2.1)
References (OB-2)
Intrauterine Device (IUD) (OB-3)
Locate an Intrauterine Device (IUD) (OB-3.1)
References (OB-3)
Infertility (OB-4)
History of Infertility (OB-4.1)
Present Pregnancy with ART Treatment (IVF) (OB-4.2)
Recurrent Pregnancy Loss (OB-4.3)
References (OB-4)
Vaginal Bleeding and/or Abdominal/Pelvic Pain/Cramping (OB-5)
Acute Abdominal/Pelvic Pain (OB-5.1)
Vaginal Bleeding (OB-5.2)
Ectopic Pregnancy (OB-5.3)
Spontaneous Abortion/Threatened/Missed Abortion (OB-5.4)
Hydatidiform Mole (OB-5.5)
References (OB-5)
Fetal Aneuploidy and Anomaly Screening (OB-6)
First Trimester Screening (OB-6.1)
Second Trimester Screening (OB-6.2)
References (OB-6)
Fetal Anatomic Scan/Cervical Length Screening (OB-7)
Fetal Anatomic Scan (OB-7.1)
Fetal Anatomic Scan – Follow-up (OB-7.2)
Cervical Length Screening (OB-7.3)
References (OB-7)
Third Trimester Imaging (OB-8)
Third Trimester Imaging – Ultrasound (OB-8.1)
Reference (OB-8)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

High Risk Pregnancy (OB-9)
High Risk General Information (OB-9.0)
High Risk Group One – Risk Factors (OB-9.1)
High Risk Group Two - Ultrasound Findings (OB-9.2)
High Risk Group Three – Pre-pregnancy BMI ≥30 kg/m^2 (OB-9.3)
High Risk Group Four – Macrosomia (OB-9.4)
High Risk Group Five – Zika and COVID-19 Virus (OB-9.5)
High Risk Group Six - Pre-Gestational or Early Diagnosed (≤20 weeks) Diabetes (OB-9.6)
High Risk Group Seven Gestational Diabetes (OB-9.7)
Hypertensive Disorders in Pregnancy (OB-9.8)
History of Spontaneous Pre-Term Delivery/History of PPROM (OB-9.9)
History of Stillbirth (OB-9.10)
Short Interval Pregnancy (≤18 months between last delivery and conception of current pregnancy) (OB-9.11)
Detailed First Trimester Fetal Anatomic Scan (OB-9.12)
References (OB-9)
High Risk Medications and Substances (OB-10)
Potentially Teratogenic Medications/Substances (OB-10.1)
Medications/ Exposures Associated with Poor Pregnancy Outcome (OB-10.2)
References (OB-10)
Multiple Gestations (OB-11)
Suspected Multiple Gestations (OB-11.1)
Known Dichorionic Multiple Gestations (OB-11.2)
Known Monochorionic-Diamniotic or Monochorionic-Monoamniotic Multiple Gestations (OB-11.3)
References (OB-11)
Fetal Echocardiography (ECHO) (OB-12)
Fetal Echocardiography – Coding (OB-12.1)
Fetal Echocardiography - Indications for Fetal Conditions (OB-12.2)
Fetal Echocardiography - Indications for Maternal Conditions (OB-12.3)
Fetal Echocardiography - Indications for Medication or Drug Exposure (OB-12.4)
References (OB-12)
Fetal MRI (OB-13)
Indications for Fetal MRI (OB-13.1)
References (OB-13)
Abnormal Fetal Position/ Presentation and Pelvimetry (OB-14)
Abnormal Fetal Position or Presentation (OB-14.1)
Pelvimetry (OB-14.2)
References (OB-14)
Adnexal Mass/Uterine Fibroids and Uterine Anomalies (OB-15)
Adnexal Mass (OB-15.1)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Uterine Fibroids in Pregnancy (OB-15.2)
Uterine Anomalies in Pregnancy (OB-15.3)
References (OB-15)
Alloimmunization/Rh Isoimmunization/Other Causes of Fetal Anemia/Parvo/ Hydrops (OB-16)
Alloimmunization/Rh Isoimmunization (OB-16.1)
Exposure to Parvovirus B-19 (OB-16.2)
Twin Anemia Polycythemia Sequence (OB-16.3)
Other Fetal Hydrops/Nonimmune Hydrops (OB-16.4)
Other Causes of Fetal Anemia (OB-16.5)
References (OB-16)
Amniotic Fluid Abnormalities/ Oligohydramnios/Polyhydramnios (OB-17)
Amniotic Fluid Abnormalities (OB-17.1)
References (OB-17)
Cervical Insufficiency/Current Preterm Labor (OB-18)
Cervical Insufficiency (OB-18.1)
Cerclage in Place in Current Pregnancy (OB-18.2)
Current Preterm Labor (OB-18.3)
References (OB-18)
No Fetal Heart Tones/Decreased Fetal Movement (OB-19)
No Fetal Heart Tones (OB-19.1)
Decreased Fetal Movement (OB-19.2)
References (OB-19)
Fetal Growth Problems (FGR and Macrosomia) (OB-20)
Fetal Growth Restriction Current Pregnancy (OB-20.1)
Macrosomia – Large for Dates Current Pregnancy (OB-20.2)
References (OB-20)
Placental and Cord Abnormalities (OB-21)
Single Umbilical Artery (Two Vessel Cord) (OB-21.1)
Persistent Right Umbilical Vein (PRUV) (OB-21.2)
Placental/Cord Abnormalities (OB-21.3)
Subchorionic Hematoma/Hemorrhage (Placental Hematoma) (OB-21.4)
Suspected Abruptio Placentae (OB-21.5)
Previa (Placenta Previa and Vasa Previa) (OB-21.6)
Placenta Accreta Spectrum (PAS): Accreta, Increta, Percreta (OB-21.7)
References (OB-21)
Late-term/Post-term Pregnancy (OB-22)
Late-term/Post-term Pregnancy (OB-22.1)
References (OB-22)
Preterm/Prelabor Rupture of Membranes (OB-23)
Current Preterm/Prelabor Rupture of Membranes (PPROM) (OB-23.1)
Current Prelabor Rupture of Membranes (PROM) (OB-23.2)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (OB-23)
Previous C-section or History of Uterine Scar (OB-24)
Previous C-section or History of Uterine Scar (OB-24.1)
References (OB-24)
Termination of Pregnancy – Imaging (OB-25)
Imaging for Planned Pregnancy Termination (OB-25.1)
References (OB-25)
Trauma (OB-26)
Trauma – Imaging (OB-26.1)
References (OB-26)
Unequal Fundal Size and Dates (OB-27)
Unequal Fundal Size and Dates (OB-27.1)
References (OB-27)
Procedure Coding Basics for Established Pregnancy (OB-28)
Procedure Coding Basics for Established Pregnancy General Considerations (OB-28.1)
Required Elements for Complete First Trimester Ultrasound (OB-28.2)
Required Elements for Second or Third Trimester Fetal Anatomic Evaluation Ultrasound (OB-28.3)
Required Elements for a Detailed Fetal Anatomic Evaluation Ultrasound (OB-28.4)
Fetal Nuchal Translucency (OB-28.5)
Limited and Follow-up Studies (OB-28.6)
Obstetric Transvaginal Ultrasound (OB-28.7)
Biophysical Profile (BPP) (OB-28.8)
Fetal Doppler (OB-28.9)
Duplex Scan (OB-28.10)
Fetal Echocardiography (OB-28.11)
3D and 4D Rendering (OB-28.12)
Required Elements for a Detailed First Trimester Fetal Anatomic Evaluation Ultrasound (OB-28.13)
References (OB-28)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Obstetrical Ultrasound Imaging General Guidelines (OB-1)

Guideline

Abbreviations and Glossary for OB Ultrasound Imaging Guidelines
General Guidelines (OB-1.0)
Inappropriate Use of OB Ultrasound (OB-1.2)
Ultrasound Code Selection (OB-1.3)
References (OB-1)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Abbreviations and Glossary for OB Ultrasound Imaging Guidelines

OB.GG.0001.00.A
v1.0.2025

Abbreviations and Glossary for OB Ultrasound Imaging Guidelines	
ACOG	American College of Obstetricians and Gynecologists
AFI	amniotic fluid index
AFP	alpha-fetoprotein
ART	Assisted Reproductive Technology
B-mode (brightness)	two dimensional imaging procedure, B-mode ultrasound is the basis for all static and real time B-scan images
BPP	**Biophysical Profile** includes the ultrasound variables: fetal breathing, muscle tone, and movement as well as amniotic fluid volume. BPP can be performed with or without a non-stress test (NST) which involves fetal heart rate (FHR) monitoring.
CST	contraction stress test
D & C/D & E	dilatation and curettage/ Dilation and Evacuation
Dichorionic twins	twins having distinct chorions (membrane that forms the fetal part of the placenta), including monozygotic twins (from one oocyte [egg]) separated within 72 hours of fertilization and all dizygotic twins (from two oocytes fertilized at the same time

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Abbreviations and Glossary for OB Ultrasound Imaging Guidelines	
Doppler	involves measuring a change in frequency when the motion of vascular flow is measured
EDC	Estimated Date of Confinement; determined from the first day of the last menstrual cycle
EDD	Estimated Date of Delivery
FGR	Fetal growth restriction; an estimated weight of the fetus at or below 10th percentile for gestational age; and/or abdominal circumference of the fetus at or below 10th percentile for gestational age
FHR	fetal heart rate
hCG	human chorionic gonadotropin
IDDM	insulin-dependent diabetes mellitus
M-mode	ultrasound imaging technique in which structure movement can be depicted in a wave-like manner; primarily used in cardiac and fetal cardiac imaging
Macrosomia	estimated fetal weight of greater than 4000 or 4500 grams
Monochorionic twins	twins developed from one oocyte (egg) developing with a single chorions (membrane that forms the fetal part of the placenta)
NICU	Neonatal Intensive Care Unit
NST	fetal non-stress test

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Abbreviations and Glossary for OB Ultrasound Imaging Guidelines	
Oligohydramnios	diminished amniotic fluid volume (AFV) for gestational age; definitions include: maximum deepest pocket of ≤2cm and/or AFI of ≤5cm or <the 5th percentile for gestational age if <30 weeks.
PACS	Picture Archiving and Communications System
Polyhydramnios	AFI ≥24cm or maximum vertical pocket of ≥8 cm
PROM	preterm rupture of membranes
Quad screen	alpha-fetoprotein (AFP), estriol, human chorionic gonadotropin (hCG), inhibin A
Real time scan	considered the most common type of ultrasound; a 2-dimensional scan that reflects structure and motion over time, scanning and display of images are run at a sufficiently rapid rate so that moving structures can be viewed moving at their natural rate; frame rates ≥15 frames per second are considered “real time”

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

General Guidelines (OB-1.0)

OB.GG.0001.0.A

v1.0.2025

- This document offers an in-depth, indication driven guide to obstetrical imaging
- The use of an obstetrical CPT code is only indicated with a positive pregnancy test or an otherwise confirmed pregnancy. It is not appropriate to report non-obstetrical, pelvic ultrasound procedure codes (CPT® 76830, CPT® 76856, and CPT® 76857) with a positive pregnancy test or a confirmed pregnancy
- An evaluation of pregnancy with a history and physical exam (an initial office visit) is necessary prior to obstetric ultrasound imaging requests
  - The following information must be submitted with each request:
    - Expected date of delivery
    - Gestational age at date of service
    - Results of prior ultrasound studies if available
- Ultrasound assessment is an accurate method of determining gestational age, fetal number, viability, and placental location, and it is recommended for all pregnant patients
  - Though fetal anatomy survey (CPT® 76805/CPT® 76811 if high-risk) can be performed as early as 14 weeks gestation, per ACOG, in the absence of other specific indications, the optimal time for a single ultrasound examination is at 18 to 22 weeks of gestation. This timing allows for a survey of fetal anatomy in most females and an accurate estimation of gestational age.[2]
    - For a Normal (Low Risk) Pregnancy report a fetal anatomy ultrasound CPT® 76805 if ≥16 weeks
    - If pregnancy is **High Risk** can report:
      - A detailed first-trimester obstetric ultrasound[3,15] [requested as CPT® 76801 plus CPT® 76813 (and CPT® 76802 plus CPT® 76814 for each additional fetus)] between 12 weeks 0 days and 13 weeks 6 days (if indicated), See **Detailed First Trimester Fetal Anatomic Scan (OB-9.12), and**
      - A detailed fetal anatomy ultrasound (CPT® 76811) if ≥16 weeks
      - These high risk scans are indication driven and are generally performed by a Maternal Fetal Medicine (MFM) specialist/Perinatologist, or a Radiologist at an AIUM or ACR accredited facility. See **High Risk Pregnancy (OB-9)**
  - Current ACOG and SMFM guidelines state that the method of cervical length (CL) screening in singleton gestations without a prior spontaneous preterm birth (PTB) cannot yet be universally mandated. Initial cervical length screening by transabdominal or transperineal ultrasound may limit the need for transvaginal exams.
    - Transvaginal ultrasound (CPT® 76817) can be performed if:

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

- The screening transabdominal CL appears shortened (≤ 3.6 cm) and transvaginal exam would be needed to guide therapeutic recommendations
- If a documented screening transabdominal attempt fails to visualize the cervix
- SMFM currently recommends against routine use of progesterone, pessary, or cerclage for the treatment of cervical shortening in twin gestations outside of the context of a clinical trial
    - Therefore, serial measurements of cervical length in multiple gestations is not recommended

◦ Fetal Nuchal Translucency (CPT® 76813) can be performed if Cell-Free DNA (cfDNA) is not planned or has not already been performed, as they are both screening tools for fetal aneuploidy

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Inappropriate Use of OB Ultrasound (OB-1.2)

OB.GG.0001.2.A
v1.0.2025

Obstetrical ultrasound studies cannot be authorized for payment for individuals who do not have a positive pregnancy test or clinical evidence of a pregnancy (fetal heart tones)

- Obstetrical ultrasound is **not** medically indicated for the following:
  - Sex determination only
  - To provide a keepsake or souvenir picture

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Ultrasound Code Selection (OB-1.3)

OB.GG.0001.3.A
v1.0.2025

- See **Procedure Coding Basics for Established Pregnancy (OB-28)**
  - It is not appropriate to report non-obstetrical pelvic ultrasound procedure codes (CPT® 76830, CPT® 76856, and CPT® 76857) with a positive pregnancy test or confirmed pregnancy

CPT® Code Guidance
CPT® 76801 and CPT® 76802 (for each additional fetus) are reported for complete studies performed during the first trimester (<14 weeks). These codes should only be used once per pregnancy unless the mother changes to a new medical caregiver at a new office and there is a new medical indication for ultrasound.
CPT® 76813 and CPT® 76814 (each additional fetus) are used to report nuchal translucency screening: an ultrasound measurement of the clear (translucent) space at the back of the fetal neck to assess risk for Down Syndrome (Trisomy 21), Trisomy 18, and other genetic disorders.
CPT® 76801 plus CPT® 76813 (and CPT® 76802 **plus** CPT® 76814 for each additional fetus) when billed together, are used to report a detailed first-trimester obstetric ultrasound examination between 12 weeks 0 days and 13 weeks 6 days.[3,15] • This indication-driven detailed first trimester fetal anatomic evaluation is generally performed by those with special skills to perform this study, such as a Maternal Fetal Medicine specialist (Perinatologist), or a Radiologist with advanced training in fetal imaging. • These codes should only be used once per pregnancy unless the mother changes to a new medical caregiver at a new office and there is a new medical indication for ultrasound. See **Detailed First Trimester Fetal Anatomic Scan (OB-9.12)**
CPT® 76805 and CPT® 76810 (for each additional fetus) are used to report complete studies (anatomy scan) performed during the second and third trimester, in a normal (low risk) pregnancy. These studies should only be used once per pregnancy unless the mother changes to a new medical caregiver at a new office and there is a new medical indication for ultrasound.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

CPT® Code Guidance
CPT® 76811 and CPT® 76812 (for each additional fetus) describe a detailed fetal anatomic survey and are used only when the study includes this service. These studies should only be used once per pregnancy unless the mother changes to a new medical caregiver at a new office and there is a new medical indication for ultrasound. This detailed fetal anatomic evaluation is generally performed by those with special skills to perform this study, such as a Maternal Fetal Medicine specialist (Perinatologist), or a Radiologist with advanced training in fetal imaging. In circumstances where a detailed fetal anatomy (CPT® 76811) is indicated but access is limited due to geographic or other constraints, a standard fetal anatomy survey (CPT® 76805) can be authorized instead at the appropriate gestational age.
CPT® 76817 is used to report a transvaginal ultrasound. The other OB ultrasound codes are used for transabdominal studies.
CPT® 76816 is used to report a follow up study, such as a growth scan or follow up on anatomy when more than one area requires reexamination. • CPT® 76816 [should not be performed prior to a CPT® 76801 or an anatomy scan CPT® 76805 (normal pregnancy) or Detailed anatomy scan CPT® 76811 (high risk pregnancy)] • CPT® 76816 should not be done on same date of service as CPT® 76815
CPT® 76815 describes a limited or 'quick look' study • It can be used at any gestational age for various indications, including quick look for AFI assessment, fetal heart-beat, fetal position, placental location etc. • It can be used specifically for 'dating' (when indicated) in those that don't meet gestational age criteria for dating with CPT® 76801 or are too early for anatomy scan (i.e. >14 weeks but <16 weeks) • It is also used to report a modified BPP. • Note: CPT® 76815 should never be reported with complete studies CPT® 76801/ CPT® 76802, CPT® 76805/CPT® 76810, CPT® 76811/CPT® 76812, or with CPT® 76816 or BPP (CPT® 76818 and CPT® 76819).
CPT® 76818 (includes non-stress test) and CPT® 76819: are used to report a Biophysical profile (BPP), a test for antepartum fetal surveillance (A BPP is not typically performed before 26 weeks due to lack of fetal brain stem maturity prior to this gestational age).

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

CPT® Code Guidance
CPT® 76820 describes Doppler velocimetry of the umbilical artery.
CPT® 76821 describes Doppler velocimetry of the middle cerebral artery.
CPT® 76825 describes fetal echocardiography and and CPT® 76827 describes the Doppler portion of the echocardiogram. These codes should only be used once per pregnancy unless the mother changes to a new medical caregiver at a new office or there is a new medical indication for ultrasound. CPT® 76826 describes a follow up fetal echocardiography and CPT® 76828 describes a follow up Doppler portion of the echocardiogram. CPT® 93325 can be added for color mapping in conjunction with fetal echocardiography procedures.
CPT® 93976 describes a limited duplex scan and is used during pregnancy for characterizing the pattern and direction of blood flow in arteries and veins. It can be used to report fetal umbilical-placental flow evaluation (accreta or other placental or cord abnormalities).
CPT® 74712 and CPT® 74713 (for each additional fetus) are used to report a fetal MRI (indicated for more in depth imaging of certain fetal abnormalities).

Background and Supporting Information

- ACOG recommendations for imaging during pregnancy and lactation:
  - Ultrasonography and magnetic resonance imaging (MRI) are not associated with risk and are the imaging techniques of choice for the pregnant patient, but they should be used prudently and only when use is expected to answer a relevant clinical question or otherwise provide medical benefit to the patient.
  - With few exceptions, radiation exposure through radiography (Xrays), computed tomography (CT) scan, or nuclear medicine imaging techniques is at a dose much lower than the exposure associated with fetal harm. If these techniques are necessary in addition to ultrasound or MRI or are more readily available for the diagnosis in question, they should not be withheld from a pregnant patient.
  - The use of gadolinium contrast with MRI should be limited; it should be used as a contrast agent in a pregnant female only if it significantly improves diagnostic performance and is expected to improve fetal or maternal outcome.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

  - With regards to iodinated IV contrast media, “it is generally recommended that contrast only be used if absolutely required to obtain additional diagnostic information that will affect the care of the fetus or female during pregnancy.”
- In circumstances where the individual is deemed to have an increased risk for a fetal abnormality and does not have access to a provider who can perform a fetal anatomic ultrasound examination (CPT® 76811) **due to geographic or other constraints**, a standard (after first trimester) fetal anatomic ultrasound examination (CPT® 76805) can be authorized instead.
- CPT® 76816 [should not be performed prior to a CPT® 76801 or an anatomy scan CPT® 76805 (normal pregnancy) or Detailed anatomy scan CPT® 76811 (high risk pregnancy)], and is typically not performed prior to 14 weeks gestation.
- Typically all components of the BPP (CPT® 76818 and CPT® 76819), such as breathing, are not present until ≥26 weeks gestation. However, a modified BPP (CPT® 76815) can be utilized sooner in certain high risk cases but should not be done prior to 22 weeks.
- SMFM suggest that ductus venosus, middle cerebral artery, or uterine artery Doppler use for routine clinical management of early- or late-onset FGR *is not recommended*
- The minimal use of color Doppler alone (CPT® 93976), when performed for anatomical structure identification, during a standard ultrasound procedure, is not separately reimbursable.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (OB-1)

v1.0.2025

1. Reddy UM, Abuhamad AZ, Levine D, Saade GR. Fetal Imaging: Executive Summary of a Joint Eunice Kennedy Shriver National Institute of Child Health and Human Development, Society for Maternal-Fetal Medicine, American Institute of Ultrasound in Medicine, American College of Obstetricians and Gynecologists, American College of Radiology, Society for Pediatric Radiology, and Society of Radiologists in Ultrasound Fetal Imaging Workshop. Obstetrical & Gynecological Survey. 2014;69(8):453-455. doi:10.1097/01.ogx.0000453817.62105.4a
2. Practice Bulletin No. 175: Ultrasound in Pregnancy. Obstet Gynecol. 2016;128(6):e241-e256. Reaffirmed 2022. doi:10.1097/AOG.0000000000001815
3. AIUM Practice Parameter for the Performance of Detailed Diagnostic Obstetric Ultrasound Examinations Between 12 Weeks 0 Days and 13 Weeks 6 Days. *Journal of Ultrasound in Medicine*. Published online August 27, 2020. doi:10.1002/jum.15477
4. AIUM-ACR-ACOG-SMFM-SRU Practice Parameter for the Performance of Standard Diagnostic Obstetric Ultrasound Examinations. Journal of Ultrasound in Medicine. 2018;37(11). doi:10.1002/jum.14831
5. AIUM Practice Parameter for the Performance of Detailed Second- and Third-Trimester Diagnostic Obstetric Ultrasound Examinations. Journal of Ultrasound in Medicine. 2019;38(12):3093-3100. doi:10.1002/jum.15163
6. AIUM Practice Parameter for the Performance of Limited Obstetric Ultrasound Examinations by Advanced Clinical Providers. Journal of Ultrasound in Medicine. 2018;37(7):1587-1596. doi:10.1002/jum.14677
7. AIUM Practice Parameter for the Performance of Fetal Echocardiography. Journal of Ultrasound in Medicine. 2019;39(1). doi:10.1002/jum.15188
8. Martins JG, Biggio JR, Abuhamad A. Society for Maternal-Fetal Medicine (SMFM) Consult Series #52: Diagnosis and Management of Fetal Growth Restriction. American Journal of Obstetrics and Gynecology. 2020. doi:10.1016/j.ajog.2020.05.010
9. ACOG Practice Bulletin No. 229: Antepartum Fetal Surveillance. *Obstetrics & Gynecology* 2021;137:e116-27. Reaffirmed 2024 doi:10.1097/aog.0000000000004410
10. ACOG Committee Opinion No. 828. Indications for outpatient antenatal fetal surveillance. American College of Obstetricians and Gynecologists. *Obstetrics & Gynecology* 2021;137:e177–97. Reaffirmed 2024 doi:10.1097/aog.0000000000004407
11. Society for Maternal and Fetal Medicine (SMFM), coding committee, December 2012. SMFM's white paper on Ultrasound Code 76811 https://www.smfm.org/news/ultrasound-code-76811
12. Natale R, Nasello-Paterson C, Connors G. Patterns of fetal breathing activity in the human fetus at 24 to 28 weeks of gestation. *American Journal of Obstetrics and Gynecol*ogy. 1988;158(2):317-321. doi:10.1016/0002-9378(88)90146-9
13. ACOG committee opinion Number 723.Guidelines for diagnostic imaging during pregnancy and lactation. *Obstetrics & Gynecology*. 2017;130(4):e210-e216.Reaffirmed 2021. doi:10.1097/aog.0000000000002355
14. ACOG Practice bulletin Number 226. Screening for Fetal Chromosomal Abnormalities . *Obstetrics & Gynecology*. 2020, Reaffirmed 2024; 136(4):e48-e69. doi:10.1097/aog.0000000000004084
15. SMFM Coding Committee White Paper: Coding for the "new" First Trimester Detailed Diagnostic Obstetric Ultrasound. Society for Maternal Fetal Medicine website. 6-2021 https://www.smfm.org/news/coding-for-the-new-first-trimester-detailed-diagnostic-obstetric-ultrasound-
16. Cummings J; Committee on Fetus and Newborn. Antenatal Counseling Regarding Resuscitation and Intensive Care Before 25 Weeks of Gestation. *Pediatrics*. 2015 Sep;136(3):588-95. doi: 10.1542/peds.2015-2336. PMID: 26324869.
17. Society for Maternal-Fetal Medicine (SMFM). Electronic address: pubs@smfm.org, Biggio J; SMFM Publications Committee. SMFM Consult Series #70: Management ofshortcervix in individuals without a historyofspontaneous preterm birth. Am J Obstet Gynecol. 2024;231(2):B2-B13. doi:10.1016/j.ajog.2024.05.006

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Uncertain Dates (OB-2)

Guideline

Uncertain Dates/Unknown Last Menstrual Period (LMP) (OB-2.1)
References (OB-2)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Uncertain Dates/Unknown Last Menstrual Period (LMP) (OB-2.1)

OB.UD.0002.1.A

v1.0.2025

- If there is a difference in the clinical size of the uterus on pelvic exam and the estimated gestational age calculated by the LMP OR there is an uncertain/unknown LMP OR there have been irregular periods in the last year, one of the following can be performed:
  - If <14 weeks by pelvic exam CPT® 76801 one time (plus CPT® 76802 for each additional fetus) and/or CPT® 76817 one time if a complete ultrasound has not yet been performed
    - CPT®76801 is preferred for dating, but if this is unable to be completed then CPT® 76815 **and/or** CPT® 76817 for a transvaginal ultrasound is indicated
  - If ≥14 weeks by abdominal exam CPT® 76815 or CPT® 76805 (CPT® 76811 if high risk) if complete fetal anatomic scan has not yet been performed

Background and Supporting Information

- CPT® 76815 should never be reported with complete studies CPT® 76801/CPT® 76802, CPT® 76805/CPT® 76810 or CPT® 76811/CPT® 76812 or with CPT® 76816 or BPP (CPT® 76818 and CPT® 76819).
- Though a fetal anatomy survey (CPT® 76805/CPT® 76811) can be performed as early as 14 weeks gestation, per ACOG, in the absence of other specific indications, it is optimally performed at 18 to 22 weeks of gestation.[1]

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (OB-2)

v1.0.2025

1. Practice Bulletin No. 175: Ultrasound in Pregnancy. Obstetrics & Gynecology. 2016;128(6):e241-e256. Reaffirmed 2022. doi:10.1097/AOG.0000000000001815
2. Reddy UM, Abuhamad AZ, Levine D, Saade GR. Fetal Imaging: Executive Summary of a Joint Eunice Kennedy Shriver National Institute of Child Health and Human Development, Society for Maternal-Fetal Medicine, American Institute of Ultrasound in Medicine, American College of Obstetricians and Gynecologists, American College of Radiology, Society for Pediatric Radiology, and Society of Radiologists in Ultrasound Fetal Imaging Workshop. Obstetrics & Gynecology. 2014;123(5):1070-1082. doi:10.1097/aog.0000000000000245
3. ACOG Committee Opinion No 700: Methods for Estimating the Due Date. Obstetrics & Gynecology. 2017;129(5):e150-e154. Reaffirmed 2022. doi:10.1097/AOG.0000000000002046
4. ACOG Committee Opinion Number 688: Management of Suboptimally Dated Pregnancies, Obstetrics & Gynecology. 2017;129(3). Reaffirmed 2024. doi:10.1097/AOG.0000000000001949

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Intrauterine Device (IUD) (OB-3)

Guideline

Locate an Intrauterine Device (IUD) (OB-3.1)
References (OB-3)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Locate an Intrauterine Device (IUD) (OB-3.1)

OB.ID.0003.1.A

v1.0.2025

- CPT® 76801 and/or CPT® 76817 if <14 weeks and a complete ultrasound has not yet been performed or
- CPT® 76815 and/or CPT® 76817 if complete ultrasound has already been performed or if ≥14 weeks.
- CPT® 76805 (CPT® 76811 if otherwise indicated), if ≥16 weeks when an anatomy ultrasound (CPT® 76805/CPT® 76811) has not yet been performed, and
- 3-D Rendering (CPT® 76376/CPT® 76377) can be added for suspected retained IUD
- For continued pregnancy with retained IUD[4] image as per **High Risk Group One – Risk Factors (OB 9.1)**

Background and Supporting Information

- CPT® 76815 should never be reported with complete studies CPT® 76801/CPT® 76802, CPT® 76805/CPT® 76810 or CPT® 76811/CPT® 76812 or with CPT® 76816 or BPP (CPT® 76818 and CPT® 76819).
- Though fetal anatomy survey (CPT® 76805/CPT® 76811) can be performed as early as 14 weeks gestation, per ACOG, in the absence of other specific indications, it is optimally performed at 18 to 22 weeks of gestation.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (OB-3)

v1.0.2025

1. Nowitzki KM, Hoimes ML, Chen B, Zheng LZ, Kim YH. Ultrasonography of intrauterine devices. *Ultrasonography.* 2015;34(3):183-194. doi:10.14366/usg.15010
2. ACOG Committee Opinion No 672 Clinical challenges of long-acting reversible contraceptive methods. *Obstetrics & Gynecology*. 2016;128(3):e69-e77. Reaffirmed 2020.doi:10.1097/aog.0000000000001644
3. Prabhakaran S and Chuang A. In-office retrieval of intrauterine contraceptive devices with missing strings. *Contraception*. 2011;83(2):102-106. doi:10.1016/j.contraception.2010.07.004
4. ACOG Practice Bulletin 186: Long-Acting Reversible Contraception: Implants and Intrauterine Devices. *Obstet Gynecol.* 2017 Nov;130(5):e251-e269. Reaffirmed 2021. doi: 10.1097/AOG

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Infertility (OB-4)

Guideline

History of Infertility (OB-4.1)
Present Pregnancy with ART Treatment (IVF) (OB-4.2)
Recurrent Pregnancy Loss (OB-4.3)
References (OB-4)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

History of Infertility (OB-4.1)

OB.IF.0004.1.A
v1.0.2025

- If the current or a prior pregnancy was conceived using an ovulation induction agent (for example Clomid) and/or by intrauterine insemination (IUI), **or**
- If there is a history of infertility or history of IVF in a **prior** pregnancy
- Report:
  - Complete first trimester ultrasound CPT® 76801 [plus CPT® 76802 for each additional fetus] if <14 weeks and a complete ultrasound has not yet been performed, **and/or** CPT® 76817 for a transvaginal ultrasound
    - CPT® 76801 is preferred for dating, but if this is unable to be completed then CPT® 76815 **and/or** CPT® 76817 for a transvaginal ultrasound is indicated
  - CPT® 76805 if ≥16 weeks, when complete fetal anatomic scan has not yet been performed
  - Then, follow normal/low risk imaging See **Fetal Anatomic Scan (OB-7.1)**
- Repeat ultrasound is not usually necessary unless there are new clinical indications

Background and Supporting Information

- CPT® 76815 should never be reported with complete studies CPT® 76801/CPT® 76802, CPT® 76805/CPT® 76810 or CPT® 76811/CPT® 76812 or with CPT® 76816 or BPP (CPT® 76818 and CPT® 76819).
- Though fetal anatomy survey (CPT® 76805/CPT® 76811) can be performed as early as 14 weeks gestation, per ACOG, in the absence of other specific indications, it is optimally performed at 18 to 22 weeks of gestation.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Present Pregnancy with ART Treatment (IVF) (OB-4.2)

OB.IF.0004.2.A
v1.0.2025

- If the **current** pregnancy was conceived by IVF, can perform
  - Complete first trimester ultrasound CPT® 76801 [plus CPT® 76802 for each additional fetus] if <14 weeks and a complete ultrasound has not yet been performed, **and/or** CPT® 76817 for a transvaginal ultrasound
    - CPT® 76801 is preferred for dating, but if this is unable to be completed then CPT® 76815 **and/or** CPT® 76817 for a transvaginal ultrasound is indicated
  - A detailed first-trimester obstetric ultrasound [requested as CPT® 76801 plus CPT® 76813 (and CPT® 76802 plus CPT® 76814 for each additional fetus)] between 12 weeks 0 days and 13 weeks 6 days[6]
  - Detailed Fetal Anatomic Scan CPT® 76811 ≥16 weeks
  - Initial Fetal echo CPT® 76825 **and/or** CPT® 76827 **+/-** CPT® 93325 at ≥16 weeks
  - A growth scan (CPT® 76816) is indicated in the third trimester (≥28 weeks)
    - If additional high risk factors are noted, imaging as per high risk factor (OB 9.0)
  - Starting at 36 weeks, weekly BPP (CPT® 76818 or CPT® 76819) or modified BPP (CPT® 76815)

Background and Supporting Information

- CPT® 76815 should never be reported with complete studies CPT® 76801/CPT® 76802, CPT® 76805/CPT® 76810 or CPT® 76811/CPT® 76812 or with CPT® 76816 or BPP (CPT® 76818 and CPT® 76819).
- Though fetal anatomy survey (CPT® 76805/CPT® 76811) can be performed as early as 14 weeks gestation, per ACOG, in the absence of other specific indications, it is optimally performed at 18 to 22 weeks of gestation.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Recurrent Pregnancy Loss (OB-4.3)

OB.IF.0004.3.A
v1.0.2025

- If there is a history of at least 2 consecutive or 3 non-consecutive clinical miscarriages/losses at <20 weeks gestation
  - Complete first trimester ultrasound CPT® 76801 [plus CPT® 76802 for each additional fetus] if <14 weeks and a complete ultrasound has not yet been performed, and/or CPT® 76817
    - CPT® 76801 is preferred for dating, but if this is unable to be completed then CPT® 76815 **and/or** CPT® 76817 for a transvaginal ultrasound is indicated
  - Detailed Fetal Anatomic Scan CPT® 76811 ≥16 weeks
  - Starting at 22 weeks follow-up growth scans (CPT® 76816) every 3 to 6 weeks
  - Starting at 36 weeks, weekly BPP (CPT® 76818 or CPT® 76819) or modified BPP (CPT® 76815)
- If history of one or more 2nd trimester loss (14 to 24 weeks gestation)
  - CPT® 76815 **and/or** CPT® 76817 every 2 weeks from 16 to 24 weeks.[5] See **Cervical Insufficiency (OB 18.1)**

Background and Supporting Information

- CPT® 76815 should never be reported with complete studies CPT® 76801/CPT® 76802, CPT® 76805/CPT® 76810 or CPT® 76811/CPT® 76812 or with CPT® 76816 or BPP (CPT® 76818 and CPT® 76819).
- Though fetal anatomy survey (CPT® 76805/CPT® 76811) can be performed as early as 14 weeks gestation, per ACOG, in the absence of other specific indications, it is optimally performed at 18 to 22 weeks of gestation.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (OB-4)

v1.0.2025

1. Kondapalli LA, Perales-Puchalt A. Low birth weight: is it related to assisted reproductive technology or underlying infertility? *Fertility and Sterility*. 2013;99(2):303-310. doi:10.1016/j.fertnstert.2012.12.035
2. Definitions of infertility and recurrent pregnancy loss: a committee opinion. *Fertility and Sterility*. 2020;113(3):533-535. doi:10.1016/j.fertnstert.2019.11.025
3. ACOG Practice Bulletin No. 200. Early pregnancy loss. *Obstetrics & Gynecology*. 2018;132(5). Reaffirmed 2021. doi:10.1097/aog.0000000000002899
4. ACOG Committee Opinion No. 828. Indications for outpatient antenatal fetal surveillance. American College of Obstetricians and Gynecologists. *Obstetrics & Gynecology*. 2021;137:e177–97. Reaffirmed 2024 doi:10.1097/aog.0000000000004407
5. Mcintosh J, Feltovich H, Berghella V, Manuck T. The role of routine cervical length screening in selected high- and low-risk women for preterm birth prevention. Society for Maternal-Fetal Medicine (SMFM) Consult Series #40. *American Journal of Obstetrics and Gynecology*. 2016;215(3). doi:10.1016/j.ajog.2016.04.027
6. AIUM Practice Parameter for the Performance of Detailed Diagnostic Obstetric Ultrasound Examinations Between 12 Weeks 0 Days and 13 Weeks 6 Days. *Journal of Ultrasound in Medicine*. Published online August 27, 2020. doi:10.1002/jum.15477
7. Society for Maternal-Fetal Medicine (SMFM). Electronic address: pubs@smfm.org; Ghidini A, Gandhi M, McCoy J, Kuller JA; Publications Committee. Society for Maternal-Fetal Medicine Consult Series #60: Management of pregnancies resulting from in vitro fertilization. Am J Obstet Gynecol. 2022 Mar;226(3):B2-B12. doi: 10.1016/j.ajog.2021.11.001.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Vaginal Bleeding and/or Abdominal/Pelvic Pain/Cramping (OB-5)

Guideline

Acute Abdominal/Pelvic Pain (OB-5.1)
Vaginal Bleeding (OB-5.2)
Ectopic Pregnancy (OB-5.3)
Spontaneous Abortion/Threatened/Missed Abortion (OB-5.4)
Hydatidiform Mole (OB-5.5)
References (OB-5)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Acute Abdominal/Pelvic Pain (OB-5.1)

OB.AP.0005.1.A
v1.0.2025

For acute abdominal/pelvic pain:
At the time of complaint, can perform: • Complete first trimester ultrasound CPT® 76801 and/or CPT® 76817 if complete ultrasound has not yet been performed, and <14 weeks **or** • CPT® 76815 and/or CPT® 76817 **or** • CPT® 76805 (CPT® 76811 if otherwise indicated), if ≥14 weeks when an anatomy ultrasound (CPT® 76805/CPT® 76811) has not yet been performed **or** • CPT® 76816 (if an anatomy ultrasound CPT® 76805 or CPT® 76811 has previously been performed and at least 2 weeks since anatomy ultrasound) • Repeat ultrasound is not usually necessary unless there are new indications. • Note: Above imaging for acute onset abdominal-pelvic pain, NOT for contraction pain/rule out labor. See **Current Preterm Labor (OB-18.3)**

Background and Supporting Information

- CPT® 76815 should never be reported with complete studies CPT® 76801/CPT® 76802, CPT® 76805/CPT® 76810 or CPT® 76811/CPT® 76812 or with CPT® 76816 or BPP (CPT® 76818 and CPT® 76819).
- Though fetal anatomy survey (CPT® 76805/CPT® 76811) can be performed as early as 14 weeks gestation, per ACOG, in the absence of other specific indications, it is optimally performed at 18 to 22 weeks of gestation.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Vaginal Bleeding (OB-5.2)

OB.AP.0005.2.A
v1.0.2025

First Trimester
At the time of complaint, can perform: • Complete first trimester ultrasound CPT® 76801 and/or CPT® 76817 if complete ultrasound has not yet been performed, and <14 weeks **or** • CPT® 76815 and/or CPT® 76817 • Repeat ultrasound is not usually necessary unless there are new indications.
Second and Third Trimesters
At the time of complaint, can perform: • CPT® 76815 and/or CPT® 76817 **or** • CPT® 76805/CPT® 76811 if indicated (plus CPT® 76812 for each additional fetus) if ≥14 weeks, if fetal anatomic scan has not yet been performed, and/or CPT® 76817 **or** • CPT® 76816 and/or CPT® 76817 if fetal anatomy scan CPT® 76805/CPT® 76811 has been performed • Plus CPT® 93976 (limited duplex scan) if requested [See **Placental and Cord Abnormalities (OB-21)**]. • BPP (CPT® 76818 or CPT® 76819) can be considered starting at 26 weeks. • Repeat ultrasound is not usually necessary unless there are new indications • For suspected placental abruption, See **Suspected Abruptio Placentae (OB-21.5)** • CPT® 76821 if vaginal bleeding with +KB (Kleihauer-Betke) (if feto-maternal hemorrhage – at risk for fetal anemia and hydrops)

Background and Supporting Information

- CPT® 76815 should never be reported with complete studies CPT® 76801/CPT® 76802, CPT® 76805/CPT® 76810 or CPT® 76811/CPT® 76812 or with CPT® 76816 or BPP (CPT® 76818 and CPT® 76819).
- Though fetal anatomy survey (CPT® 76805/CPT® 76811) can be performed as early as 14 weeks gestation, per ACOG, in the absence of other specific indications, it is optimally performed at 18 to 22 weeks of gestation.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Ectopic Pregnancy (OB-5.3)

OB.AP.0005.3.A
v1.0.2025

Ectopic Pregnancy
First Trimester
• If there is a history of an ectopic pregnancy or • If there are abnormally rising hCG titers (non-doubling hCG), or • If there are signs or symptoms of ectopic pregnancy, e.g. pain and/or bleeding. • Report: ◦ Complete first trimester ultrasound CPT® 76801 and/or CPT® 76817 if complete ultrasound has not yet been performed, and is <14 weeks **or** ◦ CPT® 76815 and/or CPT® 76817 ◦ Plus Color Doppler ultrasonography (CPT® 93976) if an adnexal mass is confirmed ◦ If a cornual or (interstitial) ectopic or C-section scar ectopic pregnancy is suspected[5,6] ▪ CPT® 76376 or CPT® 76377, and/or CPT® 93976 as add-on codes ▪ MRI Pelvis without contrast (CPT® 72195) if ultrasound is inconclusive. ▪ See **3D and 4D Rendering (OB 28.12)** and **Previous C-section or History of Uterine Scar (OB 24.1)**
• If ectopic pregnancy is being treated non-surgically with Methotrexate: ◦ If symptomatic, see **Vaginal Bleeding (OB-5.2)** and\or **Acute Abdominal/Pelvic Pain (OB-5.1)** or the imaging guidelines above for ectopic pregnancy ◦ If bHCG is not declining appropriately with treatment, see the imaging guidelines above for ectopic pregnancy

Background and Supporting Information

- Cornual or (interstitial) pregnancies pose a significant high morbidity/mortality risk due to massive intraperitoneal bleeding, and are often difficult to diagnose. Conventional sonography still remains the primary diagnostic tool, but 3D US and MRI are being utilized more frequently to aid in earlier detection and treatment.
- CPT® 76815 should never be reported with complete studies CPT® 76801/CPT® 76802, CPT® 76805/CPT® 76810 or CPT® 76811/CPT® 76812 or with CPT® 76816 or BPP (CPT® 76818 and CPT® 76819).

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

- Though fetal anatomy survey (CPT® 76805/CPT® 76811) can be performed as early as 14 weeks gestation, per ACOG, in the absence of other specific indications, it is optimally performed at 18 to 22 weeks of gestation

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Spontaneous Abortion/Threatened/ Missed Abortion (OB-5.4)

OB.AP.0005.4.A
v1.0.2025

Spontaneous Abortion/Threatened/Missed Abortion
• To evaluate for threatened or missed abortion: ◦ Complete first trimester ultrasound CPT® 76801 and/or CPT® 76817 if complete ultrasound has not yet been performed, and is <14 weeks **or** ◦ CPT® 76815 and/or CPT® 76817 **or** ◦ CPT® 76805/CPT® 76811 if indicated (plus CPT® 76812 for each additional fetus), if ≥14 weeks when complete fetal anatomic scan has not yet been performed, and/or CPT® 76817 ◦ Repeat ultrasound (CPT® 76815 and/or CPT® 76817) can be repeated weekly if hCG is rising or not falling, or if unable to confirm a viable IUP (fetal pole with cardiac activity) ▪ Ultrasound imaging can be repeated earlier than seven days if there are new symptoms
• For complete spontaneous abortion, ultrasound is generally not indicated if there is no pain, or ongoing bleeding, and hCG levels are decreasing.

Background and Supporting Information

- CPT® 76815 should never be reported with complete studies CPT® 76801/CPT® 76802, CPT® 76805/CPT® 76810 or CPT® 76811/CPT® 76812 or with CPT® 76816 or BPP (CPT® 76818 and CPT® 76819).
- Though fetal anatomy survey (CPT® 76805/CPT® 76811) can be performed as early as 14 weeks gestation, per ACOG, in the absence of other specific indications, it is optimally performed at 18 to 22 weeks of gestation

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Hydatidiform Mole (OB-5.5)

OB.AP.0005.5.A
v1.0.2025

Hydatidiform Mole
First, Second and Third Trimester
• Ultrasound can be performed for diagnosis of hydatidiform mole ◦ Complete first trimester ultrasound CPT® 76801 and/or CPT® 76817 if complete ultrasound has not yet been performed, and is <14 weeks, **or** ◦ CPT® 76815 and/or CPT® 76817 **or** ◦ CPT® 76805/CPT® 76811 if indicated (plus CPT® 76812 for each additional fetus) if ≥14 weeks, when complete fetal anatomic scan has not yet been performed, and/or CPT® 76817 ◦ CPT® 76830 and CPT® 76856 or CPT® 76857 if hCG titers are not decreasing as expected, or are increasing following treatment, or if there is onset of pain despite falling hCG titers. See **Molar Pregnancy and GTN (PV-16.1)** in the Pelvis Imaging Guidelines • History of a molar pregnancy, can perform: ◦ Complete first trimester ultrasound CPT® 76801 if <14 weeks, **or** ◦ CPT® 76815 and/or CPT® 76817 **or** ◦ CPT® 76805/CPT® 76811 if indicated (plus CPT® 76812 for each additional fetus) if ≥14 weeks, when complete fetal anatomic scan has not yet been performed, and/or CPT® 76817

Background and Supporting Information

- CPT® 76815 should never be reported with complete studies CPT® 76801/CPT® 76802, CPT® 76805/CPT® 76810 or CPT® 76811/CPT® 76812 or with CPT® 76816 or BPP (CPT® 76818 and CPT® 76819).
- Though fetal anatomy survey (CPT® 76805/CPT® 76811) can be performed as early as 14 weeks gestation, per ACOG, in the absence of other specific indications, it is optimally performed at 18 to 22 weeks of gestation.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (OB-5)

v1.0.2025

1. ACOG Practice Bulletin No. 200. Early Pregnancy Loss. *Obstetrics & Gynecology*. 2018;132(5). Reaffirmed 2021. doi:10.1097/aog.0000000000002899
2. Mari G, Norton ME, Stone J, et al. Society for Maternal-Fetal Medicine (SMFM) Clinical Guideline #8: The fetus at risk for anemia–diagnosis and management. *American Journal of Obstetrics and Gynecology*. 2015;212(6):697-710. doi:10.1016/j.ajog.2015.01.059
3. ACOG Practice Bulletin No. 193. Tubal Ectopic Pregnancy. *Obstetrics & Gynecology. 2018;131(3). Reaffirmed 2022. doi:10.1097/aog.0000000000002560*
4. ACOG Practice Bulletin No. 174. Evaluation and Management of Adnexal Masses. *Obstetrics & Gynecology*. 2016;128(5). Reaffirmed 2021. doi:10.1097/aog.0000000000001768
5. Ramanathan S, Raghu V, Ladumor SB, Nagadi AN, Palaniappan Y, Dogra V, Schieda N. Magnetic resonance imaging of common, uncommon, and rare implantation sites in ectopic pregnancy. *Abdom Radiol (NY)*. 2018 Dec;43(12):3425-3435. doi: 10.1007/s00261-018-1604-2
6. Dibble EH, Lourenco AP. Imaging Unusual Pregnancy Implantations: Rare Ectopic Pregnancies and More. *AJR Am J Roentgenol*. 2016 Dec;207(6):1380-1392. doi: 10.2214/AJR.15.15290
7. Abu-Rustum NR, Yashar CM, Bean S, et al. Gestational Trophoblastic Neoplasia, Version 2.2019, NCCN Clinical Practice Guidelines in Oncology. *Journal of the National Comprehensive Cancer Network*. 2019;17(11):1374-1391. doi:10.6004/jnccn.2019.0053

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Fetal Aneuploidy and Anomaly Screening (OB-6)

Guideline

First Trimester Screening (OB-6.1)
Second Trimester Screening (OB-6.2)
References (OB-6)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

First Trimester Screening (OB-6.1)

OB.FA.0006.1.A
v1.0.2025

- First trimester screening includes the assessment of biochemical markers and fetal nuchal translucency (NT) (CPT® 76813). An increased Fetal Nuchal Translucency, defined as a NT ≥3.0 mm, or >95th percentile for the crown rump length (CRL), may indicate a fetus with aneuploidy (e.g. Down's syndrome, Trisomy 18) but may also indicate an increased risk for cardiac defects or other structural defects or genetic syndromes in euploid fetuses.
- Nuchal translucency can be performed if CRL 44-83 mm (typically between 10 4/7 and 14 weeks' gestation).
- Indications for a detailed first-trimester fetal anatomic ultrasound [requested as CPT® 76801 plus CPT® 76813 (and CPT® 76802 plus CPT® 76814 for each additional fetus)] See **Detailed First Trimester Fetal Anatomic Scan (OB-9.12)**

First Trimester Screening:
• Ultrasound CPT® 76813 (plus CPT® 76814 for each additional fetus) is the initial imaging for first trimester screening, to evaluate fetal nuchal translucency
• If increased Fetal Nuchal Translucency (NT ≥3.0 mm or >95th percentile for the CRL), perform: ◦ A detailed first-trimester obstetric ultrasound [requested as CPT® 76801 **plus** CPT® 76813 (and CPT® 76802 **plus** CPT® 76814 for each additional fetus)] between 12 weeks 0 days and 13 weeks 6 days,[9] **and/or** ◦ Fetal anatomic ultrasound (CPT® 76811) at ≥16 weeks ◦ Fetal echo (CPT® 76825 and/or CPT® 76827 and/or CPT® 93325) at ≥16 weeks ◦ Cell-Free DNA (cfDNA), Amniocentesis or CVS can be performed ◦ See **High Risk Pregnancy (OB-9)** and **Fetal Echocardiography - Indications for Fetal Conditions (OB-12.2)**

- Fetal NT (CPT® 76813) is NOT recommended if cfDNA has already been planned or performed, as they are both screening tools for fetal aneuploidy.
  - Twins and higher order multiples are an exception to this since the sensitivity of cfDNA screening may not be as accurate in this group.[10]
    - Fetal NT (CPT® 76813) can be performed in twins and higher order multiples even if cfDNA has already been planned or performed. See **Known Dichorionic Multiple Gestations (OB-11.2)** and **Known Monochorionic-Diamniotic or Monochorionic-Monoamniotic Multiple Gestations (OB-11.3)**

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

- Cell-Free DNA (cfDNA) can be performed any time after 10 weeks gestation and is currently the most sensitive screening test for Down's syndrome per the American College of Medical Genetics and Genomics (99% accurate).
- Those with a positive cfDNA should be offered diagnostic testing (amniocentesis or CVS) and a detailed first-trimester obstetric ultrasound [requested as CPT® 76801 **plus** CPT® 76813 (and CPT® 76802 **plus** CPT® 76814 for each additional fetus)] between 12 weeks 0 days and 13 weeks 6 days,[9] and a detailed anatomy scan (CPT®76811) at ≥16 weeks. See **High Risk Group One – Risk Factors (OB-9.1)**.
  - A "no call" or indeterminate result can occur (risk is higher with maternal obesity), which also has a higher risk of aneuploidy. These individuals should managed as if positive.

Background and Supporting Information

- CPT® 76801 **plus** CPT® 76813 [and CPT® 76802 **plus** CPT® 76814 for each additional fetus)] when billed together, can also be used to report a detailed late first-trimester obstetric ultrasound examination – performed between 12 weeks 0 days and 13 weeks 6 days
  - This indication-driven detailed first trimester fetal anatomic evaluation is generally performed by those with special skills to perform this study, such as a Maternal Fetal Medicine specialist (Perinatologist), or a Radiologist with advanced training in fetal imaging. It can be performed even if cfDNA has been planned or performed.
- CPT® 76813/CPT® 76814 for first trimester screening alone, can be performed once per pregnancy, and should be performed only by those certified by the Fetal Medicine Foundation or Nuchal Translucency Quality Review Program (NTQR).
- The use of ultrasound codes (CPT® 76801/CPT® 76802) should be indication driven and should NOT be routinely done whenever an ultrasound for nuchal translucency (CPT® 76813/CPT® 76814) is requested. In cases where there is either a maternal and/or fetal indication, then the CPT® 76801/CPT® 76802 code can indeed be billed along with the nuchal translucency screening (CPT® 76813/CPT® 76814).
- CPT® 76815 should never be reported with complete studies CPT® 76801/CPT® 76802, CPT® 76805/CPT® 76810 or CPT® 76811/CPT® 76812 or with CPT® 76816 or BPP (CPT® 76818 and CPT® 76819).
- Though fetal anatomy survey (CPT® 76805/CPT® 76811) can be performed as early as 14 weeks gestation, per ACOG, in the absence of other specific indications, it is optimally performed at 18 to 22 weeks of gestation.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Second Trimester Screening (OB-6.2)

OB.FA.0006.2.A
v1.0.2025

Second Trimester Screening:
• A fetal anatomy ultrasound (CPT® 76805) and/or QUAD screen can be performed during the second trimester to detect fetal aneuploidy, neural tube defects, and other anatomical defects. ◦ See **Fetal Anatomic Scan (OB-7.1)**
• If the quad screening is abnormal, a detailed anatomy ultrasound (CPT® 76811) can be performed.

Background and Supporting Information

Multiple marker screening is used in the second trimester (15 to 22 6/7 weeks) to screen for aneuploidy as well as open neural tube defects (ONTD).

- Maternal serum alpha-fetoprotein (MSAFP) can be done at 15 to 20 weeks to screen for neural tube defects in those that have had cfDNA or NT screen.
- The “quad” screen (AFP (alpha-fetoprotein), hCG (human chorionic gonadotropin), uE (Unconjugated estriol), dimeric inhibin-A) is the most commonly used test for the second trimester.
- A penta screen (quad screen markers + hyperglycosylated hCG) may be done in lieu of a quad screen.
- Combined, integrated or sequential screening (first and second trimester screening) may also be used and provides a higher detection rate than a single screening.
- Providers often wait for the results of the quad screen before ordering CPT® 76805. If the quad screen is abnormal, they may request CPT® 76811 in lieu of CPT® 76805.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (OB-6)

v1.0.2025

1. ACOG Practice bulletin number 226. Screening for fetal chromosomal abnormalities. *Obstetrics & Gynecology*. 2020 Oct;136(4):e48-e69. Reaffirmed 2024 doi: 10.1097/AOG.0000000000004084
2. ACOG Practice Bulletin No. 175: Ultrasound in Pregnancy. *Obstetrics & Gynecology*. 2016;128(6):e241-e256. Reaffirmed 2022 doi:10.1097/AOG.0000000000001815
3. Gregg AR, Skotko BG, Benkendorf JL, et al. Noninvasive prenatal screening for fetal aneuploidy, 2016 update: a position statement of the American College of Medical Genetics and Genomics. *Genetics in Medicine*. 2016;18(10):1056-1065. doi:10.1038/gim.2016.97
4. Norton ME, Biggio JR, Kuller JA, Blackwell SC. Society for Maternal-Fetal Medicine (SMFM) Consult Series | #42: The role of ultrasound in women who undergo cell-free DNA screening. *American Journal of Obstetrics and Gynecology*. 2017;216(3):B2-B7. doi:10.1016/j.ajog.2017.01.005
5. Society for Maternal and Fetal Medicine (SMFM), coding committee, October 2017. SMFM's white paper on billing combination of 76801 and 76813
6. ACOG Practice Bulletin No. 162 Prenatal diagnostic testing for genetic disorders. *Obstetrics & Gynecology*. 2016;127(5). Reaffirmed 2020. doi:10.1097/aog.0000000000001405
7. Donofrio MT, Moon-Grady AJ, Hornberger LK, et al. Diagnosis and Treatment of Fetal Cardiac Disease. Circulation. 2014;129(21):2183-2242. doi:10.1161/01.cir.0000437597.44550.5d
8. ACOG Practice Bulletin: No.187: Neural Tube Defects. *Obstetrics & Gynecology*. 2017 Dec;130(6):e279-e290. Reaffirmed 2021. doi: 10.1097/AOG.0000000000002412
9. AIUM Practice Parameter for the Performance of Detailed Diagnostic Obstetric Ultrasound Examinations Between 12 Weeks 0 Days and 13 Weeks 6 Days. *Journal of Ultrasound in Medicine*. Published online August 27, 2020. doi:10.1002/jum.15477
10. ACOG Practice Bulletin No. 231: Multifetal Gestations: Twin, Triplet, and Higher-Order Multifetal Pregnancies. *Obstet Gynecol*. 2021;137:e145-62 Reaffirmed 2024 doi:10.1097/AOG.0000000000004397

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Fetal Anatomic Scan/ Cervical Length Screening (OB-7)

Guideline

Fetal Anatomic Scan (OB-7.1)
Fetal Anatomic Scan – Follow-up (OB-7.2)
Cervical Length Screening (OB-7.3)
References (OB-7)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Fetal Anatomic Scan (OB-7.1)

OB.AS.0007.1.A

v1.0.2025

- Though fetal anatomy survey (CPT® 76805/CPT® 76811) can be performed as early as 14 weeks gestation, per ACOG, in the absence of other specific indications, it is optimally performed at 18 to 22 weeks of gestation. This timing allows for a survey of fetal anatomy and an accurate estimation of gestational age.
  - For a **normal/low risk** pregnancy, report a fetal anatomy ultrasound CPT® 76805 if ≥16 weeks.
  - If **high risk** indication is met can report:
    - A detailed fetal anatomy ultrasound (CPT® 76811) if ≥16 weeks[15,16]
    - These high risk scans indication driven and generally performed by a Maternal Fetal Medicine (MFM) specialist/Perinatologist, or a Radiologist at an AIUM or ACR accredited facility.
    - See **High Risk Pregnancy (OB-9)**
  - For a detailed first-trimester fetal anatomy ultrasound [requested as CPT® 76801 plus CPT® 76813 (and CPT® 76802 plus CPT® 76814 for each additional fetus)] between 12 weeks 0 days and 13 weeks 6 days See **Detailed First Trimester Fetal Anatomic Scan (OB-9.12)**

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Fetal Anatomic Scan – Follow-up (OB-7.2)

OB.AS.0007.2.A

v1.0.2025

- Follow-up ultrasounds (CPT® 76815 to assess a single item or CPT® 76816 if multiple areas to be assessed) can be performed once for incomplete or equivocal finding on initial fetal anatomic scan. This can be performed at any time after incomplete anatomy scan.
- CPT® 76816 (should not be performed prior to a CPT® 76801 or an anatomy scan CPT® 76805 (normal pregnancy) or Detailed anatomy scan CPT® 76811 (high risk pregnancy)
- If pregnancy is high risk See **High Risk Pregnancy (OB-9)** or other applicable high risk guideline.
- Detailed anatomy ultrasound CPT® 76811 can be performed (if not previously performed) when initial fetal anatomic scan CPT® 76805 is abnormal. See **High Risk Pregnancy (OB-9)**
- CPT® 76815 should never be reported with complete studies CPT® 76801/CPT® 76802, CPT® 76805/CPT® 76810 or CPT® 76811/CPT® 76812 or with CPT® 76816 or BPP (CPT® 76818 and CPT® 76819).

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Cervical Length Screening (OB-7.3)

OB.AS.0007.3.A

v1.0.2025

- Current ACOG and SMFM guidelines state that the method of CL screening in singleton gestations without a prior spontaneous PTB cannot yet be universally mandated. Initial cervical length screening by transabdominal or transperineal ultrasound may limit the need for transvaginal exams
  - Transvaginal ultrasound (CPT® 76817) can be performed if:
    - The transabdominal cervical length (CL) appears shortened (≤3.6cm) and transvaginal exam would be needed to guide therapeutic recommendations.
    - If documented screening transabdominal attempt fails to visualize cervix, then CPT® 76817 may be performed on a case by case basis.
  - If cervical shortening is identified – See **Cervical Insufficiency (OB-18.1)**
- SMFM currently recommends against routine use of progesterone, pessary or cerclage for the treatment of cervical shortening in twin gestations outside of the context of a clinical trial.
  - Therefore serial measurements of cervical length in multiple gestations is not recommended.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (OB-7)

v1.0.2025

1. AIUM-ACR-ACOG-SMFM-SRU Practice Parameter for the Performance of Standard Diagnostic Obstetric Ultrasound Examinations. *Journal of Ultrasound in Medicine*. 2018;37(11). doi:10.1002/jum.14831
2. AIUM Practice Parameter for the Performance of Detailed Second- and Third-Trimester Diagnostic Obstetric Ultrasound Examinations. *Journal of Ultrasound in Medicine*. 2019;38(12):3093-3100. doi:10.1002/jum.15163
3. Practice Bulletin No. 175: Ultrasound in Pregnancy. *Obstetrics & Gynecology*. 2016;128(6):e241-e256. Reaffirmed 2022 doi:10.1097/AOG.0000000000001815
4. AIUM Practice Parameter for the Performance of Limited Obstetric Ultrasound Examinations by Advanced Clinical Providers. *Journal of Ultrasound in Medicine*. 2018;37(7):1587-1596. doi:10.1002/jum.14677
5. American Medical Association. CPT—Current Procedural Terminology. American Medical Association. https://www.ama-assn.org/practice-management/cpt. Published 2019. Copyright 1995 - 2019
6. ACOG Practice Bulletin No. 234: Prediction and Prevention of Spontaneous Preterm Birth. *Obstetrics & Gynecology*. 2021;138(2):e65-e90. doi:10.1097/aog.0000000000004479
7. Cho HJ, Roh H-J. Correlation Between Cervical Lengths Measured by Transabdominal and Transvaginal Sonography for Predicting Preterm Birth. *Journal of Ultrasound in Medicine*. 2016;35(3):537-544. doi:10.7863/ultra.15.03026
8. Esplin MS, Elovitz MA, Iams JD, et al. Predictive Accuracy of Serial Transvaginal Cervical Lengths and Quantitative Vaginal Fetal Fibronectin Levels for Spontaneous Preterm Birth Among Nulliparous Women. *JAMA*. 2017;317(10):1047. doi:10.1001/jama.2017.1373
9. Jain S, Kilgore M, Edwards RK, Owen J. Revisiting the cost-effectiveness of universal cervical length screening: importance of progesterone efficacy. *American Journal of Obstetrics and Gynecology*. 2016;215(1). doi:10.1016/j.ajog.2016.01.165
10. Blackwell SC, Gyamfi-Bannerman C, Biggio JR Jr, et al. 17-OHPC to Prevent Recurrent Preterm Birth in Singleton Gestations (PROLONG Study): A Multicenter, International, Randomized Double-Blind Trial. *Am J Perinatol*. 2020;37(2):127–136. doi:10.1055/s-0039-3400227
11. Mcintosh J, Feltovich H, Berghella V, Manuck T. The role of routine cervical length screening in selected high- and low-risk women for preterm birth prevention. Society for Maternal-Fetal Medicine (SMFM) Consult Series #40. *American Journal of Obstetrics and Gynecology*. 2016;215(3). doi:10.1016/j.ajog.2016.04.027
12. Friedman AM, Schwartz N, Ludmir J, Parry S, Bastek JA, Sehdev HM. Can transabdominal ultrasound identify women at high risk for short cervical length? *Acta Obstetricia et Gynecologica Scandinavica*. 2013;92(6):637-641. doi:10.1111/aogs.12111
13. EPPPIC Group. Evaluating Progestogens for Preventing Preterm birth International Collaborative (EPPPIC): meta-analysis of individual participant data from randomised controlled trials. Lancet. 2021 Mar 27;397(10280):1183-1194
14. SMFM, 2021. SMFM Statement: Response to EPPPIC and considerations of the use of progestogens for the prevention of preterm birth
15. AIUM Practice Parameter for the Performance of Detailed Diagnostic Obstetric Ultrasound Examinations Between 12 Weeks 0 Days and 13 Weeks 6 Days. Journal of Ultrasound in Medicine. Published online August 27, 2020. doi:10.1002/jum.1547
16. 2SMFM Coding Committee White Paper: Coding for the "new" First Trimester Detailed Diagnostic Obstetric Ultrasound. Society for Maternal Fetal Medicine website. 6-2021
17. Society for Maternal-Fetal Medicine (SMFM). Electronic address: pubs@smfm.org, Biggio J; SMFM Publications Committee. SMFM Consult Series #70: Management ofshortcervix in individuals without a historyofspontaneous preterm birth. Am J Obstet Gynecol. 2024;231(2):B2-B13. doi:10.1016/j.ajog.2024.05.006

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Third Trimester Imaging (OB-8)

Guideline

Third Trimester Imaging – Ultrasound (OB-8.1)
Reference (OB-8)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Third Trimester Imaging – Ultrasound (OB-8.1)

OB.TI.0008.1.A

v1.0.2025

- Imaging in the third trimester is indicated for bleeding, pain, absent fetal heart tones, decreased fetal movement and/or other high-risk indications
  - See specific guidelines based on indication
- For suspected breech position, See **Abnormal Fetal Position/Presentation (OB-14)**

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Reference (OB-8)

v1.0.2025

1. Practice Bulletin No. 175: Ultrasound in Pregnancy. *Obstetrics & Gynecology*. 2016;128(6):e241-e256. Reaffirmed 2022 doi:10.1097/AOG.0000000000001815

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

High Risk Pregnancy (OB-9)

Guideline

High Risk General Information (OB-9.0)
High Risk Group One – Risk Factors (OB-9.1)
High Risk Group Two - Ultrasound Findings (OB-9.2)
High Risk Group Three – Pre-pregnancy BMI ≥30 kg/m^2 (OB-9.3)
High Risk Group Four – Macrosomia (OB-9.4)
High Risk Group Five – Zika and COVID-19 Virus (OB-9.5)
High Risk Group Six - Pre-Gestational or Early Diagnosed (≤20 weeks) Diabetes (OB-9.6)
High Risk Group Seven Gestational Diabetes (OB-9.7)
Hypertensive Disorders in Pregnancy (OB-9.8)
History of Spontaneous Pre-Term Delivery/History of PPROM (OB-9.9)
History of Stillbirth (OB-9.10)
Short Interval Pregnancy (≤18 months between last delivery and conception of current pregnancy) (OB-9.11)
Detailed First Trimester Fetal Anatomic Scan (OB-9.12)
References (OB-9)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

High Risk General Information (OB-9.0)

OB.HR.0009.0.A
v1.0.2025

High Risk Pregnancy General Information:

- Though CPT® 76811 can be performed as early as 14 weeks gestation, per ACOG, in the absence of other specific indications, it is optimally performed at 18 to 22 weeks of gestation.
- The detailed first trimester ultrasound and the detailed fetal anatomic evaluation are indication driven and generally performed by those with special skills to perform this study, such as a Maternal Fetal Medicine specialist (Perinatologist), or a Radiologist with advanced training in fetal imaging. See **Detailed First Trimester Fetal Anatomic Scan (OB-9.12)**
- In circumstances where the individual is deemed to have an increased risk for a fetal abnormality and does not have access to a provider who can perform the a fetal anatomic ultrasound examination (CPT® 76811) **due to geographic or other constraints**, a standard (after first trimester) fetal anatomic ultrasound examination (CPT® 76805) can be authorized instead.
- CPT® 76805, CPT® 76810, CPT® 76811, and CPT® 76812 should only be used once per pregnancy unless the mother changes to a new medical caregiver at a new office and there is a new medical indication and/or change in condition.
- Current ACOG and SMFM guidelines state that the method of CL screening in singleton gestations without a prior spontaneous PTB cannot yet be universally mandated. Initial cervical length screening by transabdominal or transperineal ultrasound may limit the need for transvaginal exams.
  - Transvaginal ultrasound (CPT® 76817) can be performed if:
    - The transabdominal cervical length (CL) appears shortened (≤3.6 cm) and transvaginal exam would be needed to guide therapeutic recommendations.
    - If documented screening transabdominal attempt fails to visualize cervix, then CPT® 76817 may be performed on a case by case basis. See **Cervical Length Screening (OB-7.3)**.
    - If cervical shortening is identified – See **Cervical Insufficiency (OB-18.1)**
  - SMFM currently recommends against routine use of progesterone, pessary, or cerclage for the treatment of cervical shortening in twin gestations outside of the context of a clinical trial.
    - Therefore, serial measurements of cervical length in multiple gestations in not recommended.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

- CPT® 76816 (should not be performed prior to a CPT® 76801 or an anatomy scan CPT® 76805 (normal pregnancy) or Detailed anatomy scan CPT® 76811 (high risk pregnancy)
- Typically all components of the BPP (CPT® 76818 and CPT® 76819), such as breathing, are not present until ≥26 weeks gestation. However, a modified BPP (CPT® 76815) can be utilized sooner in certain high risk cases but should not be done prior to 22 weeks. .
- CPT® 76815 should never be reported with complete studies CPT® 76801/CPT® 76802, CPT® 76805/CPT® 76810 or CPT® 76811/CPT® 76812 or with CPT® 76816 or BPP (CPT® 76818 and CPT® 76819).
- SMFM suggest that ductus venosus, middle cerebral artery, or uterine artery Doppler use for routine clinical management of early- or late-onset FGR *is not recommended*

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

High Risk Group One – Risk Factors (OB-9.1)

OB.HR.0009.1.A
v1.0.2025

High Risk Pregnancy – Risk Factors:

Socio-Demographic Risk Factors (maternal age)
• Age ≥35 years of age at the estimated date of confinement (EDC)

Lifestyle Related Risk Factors (legal or illicit drug/alcohol use)
• Recreational drug (e.g. cocaine, amphetamines, opiates) or excessive alcohol use (≥5 drinks per week) during current pregnancy, or excessive (at least weekly) Marijuana/Cannabinoids/THC use in 2nd and/or 3rd trimesters ◦ For 1st trimester marijuana exposure – See **Potentially Teratogenic Medications/ Substances (OB-10.1)**
• Nicotine (≥10 cigarettes a day) • Other nicotine exposure in pregnancy (e-cigs, vaping, chewing, patch) are also high risk
• Current Maternal IV drug use • Current use of Suboxone, Subutex, Methadone • Other polysubstance use
See **Medications/ Exposures Associated with Poor Pregnancy Outcome (OB 10.2)** for imaging recommendations for other high-risk medication or substances not listed above

Health Condition Related Risk Factors (maternal diseases or conditions)
• Anemia severe, <8 grams Hgb or 24% HCT
• Antiphospholipid Syndrome
• Asthma (poorly controlled or steroid dependent)
• Autoimmune disease (e.g. Multiple Sclerosis, Immune Thrombocytopenic Purpura)
• Bariatric surgery

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Health Condition Related Risk Factors (maternal diseases or conditions)
• Connective tissue disorders (lupus, RA, scleroderma, Sjogren's, etc.)
• DVT/PE or Maternal thrombophilia (Antiphospholipid Syndrome, Factor V Leiden mutation, Antithrombin III deficiency, Protein C/Protein S deficiency, Prothrombin gene mutation etc.)
• Heart disease (Maternal) – World Health Organization (WHO) Class II or greater
• Hemoglobinopathies (e.g. sickle cell disease, Alpha and Beta thalassemia minor (trait) or major)
• History of endometrial ablation or Uterine Artery embolization
• History of solid organ transplant and/or history of solid organ donation
• Inflammatory Bowel Disease (Ulcerative colitis, Crohn's Disease)
• Liver disease e.g. Hepatitis, Cholestasis of pregnancy (see imaging below)
• Malignancy complicating pregnancy
• Maternal malnutrition (BMI <18.5) or poor weight gain in pregnancy (1 lb per week in 2nd or 3rd trimester if BMI ≤24.9)
• PKU
• Renal disease e.g. glomerulonephritis, persistent protein in the urine, renal insufficiency
• Seizure disorders – on antiepileptic medication
• Thyroid disorder (e.g. hyperthyroidism, poorly controlled hypothyroidism)

Previous pregnancy related risk factors
• Prior pregnancy with adverse outcome (e.g. severe or early onset preeclampsia ≤34 weeks, abruption, accreta, previous uterine dehiscence or rupture, nonimmune hydrops). • Prior pregnancy with SGA (baby weighing <2500 grams (5.5 pounds/5 lbs 8 oz) at term or less than the 10th percentile of expected weight) or FGR at any gestational age. • For stillbirth See: **History of Stillbirth (OB-9.10)**

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Current pregnancy related risk factors
• Abnormal 1st or 2nd trimester screen (e.g. Abnormal MSAFP; Low PAPP_A; Elevated inhibin A, elevated hCG[31])
• Known chromosomal abnormalities or abnormal cfDNA
• Genetic Carrier status e.g., Cystic Fibrosis/Known carrier of Spinal Muscular Atrophy (SMA), CF, Tay-Sachs genetic diseases
• Major Fetal anomaly such as gastroschisis, fetal ventriculomegaly, moderate or severe fetal urinary tract dilation defined as ≥7mm at <28 weeks or >9 mm at ≥28 weeks[32], achondroplasias, fetal congenital heart disease, neural tube defect, etc. For sustained fetal arrhythmias. See **Other Causes of Fetal Anemia (OB-16.5)** For Persistent Right Umbilical Vein (PRUV) - See **Persistent Right Umbilical Vein (PRUV) (OB-21.2)**.
• Grand multiparity: must have completed 5 or more pregnancies of greater than 20 weeks gestation, living or stillbirth (does not include current pregnancy; twins count as 1 pregnancy)
• Abnormal Fetal Nuchal Translucency ≥3.0mm or above the 95th percentile for the CRL
• No prenatal care prior to the third trimester
• Short inter-pregnancy interval ≤6 months from delivery to conception.[33,34] [For inter-pregnancy interval >6 to 18 months – See **Short Interval Pregnancy (≤18 months between last delivery and conception of current pregnancy) (OB-9.11)**]
• Pregnancy with retained IUD

Maternal Infections (not exposure)
• Acquired Immune Deficiency Syndrome/HIV Positive
• Chicken Pox/Varicella
• Cytomegalovirus (CMV)
• Malaria
• Known parvovirus in current pregnancy post fetal treatment. See **Exposure to Parvovirus B-19 (OB-16.2)**
• Rubella
• Syphilis, untreated

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Maternal Infections (not exposure)
• Toxoplasmosis
• Tuberculosis
• For Zika Virus and COVID-19 Virus See **High Risk Group Five: Zika and COVID-19 Virus (OB-9.5)**

Imaging For Above Conditions
• Complete first trimester ultrasound CPT® 76801 [plus CPT® 76802 for each additional fetus] if <14 weeks and a complete ultrasound has not yet been performed, **and/or** CPT® 76817 for a transvaginal ultrasound ◦ CPT® 76801 is preferred for dating, but if this is unable to be completed then CPT® 76815 **and/or** CPT® 76817 for a transvaginal ultrasound is indicated ◦ See **Detailed First Trimester Fetal Anatomic Scan (OB-9.12)** for indications for detailed first trimester fetal anatomic evaluation[5,6] • Detailed Fetal Anatomic Scan CPT® 76811 if ≥16 weeks ◦ Though CPT® 76811 can be performed as early as 14 weeks gestation, per ACOG, in the absence of other specific indications, it is optimally performed at 18 to 22 weeks of gestation
• Starting at 22 weeks follow-up growth scans (CPT® 76816) every 3 to 6 weeks
• BPP (CPT® 76818 or CPT® 76819) or modified BPP (CPT® 76815), weekly starting at 32 weeks • More frequent antepartum fetal surveillance can be performed as stipulated below: ◦ Starting at 32 weeks, perform BPP (CPT® 76818 or CPT® 76819) or modified BPP (CPT® 76815) **up to 2x weekly** for the conditions below: ▪ Antiphospholipid Syndrome ▪ Maternal Renal Disease (moderate to severe with creatinine >1.4mg/dl) ▪ Sickle cell disease ◦ Starting **at diagnosis** perform BPP (CPT® 76818 or CPT® 76819) if ≥26 weeks, or modified BPP (CPT® 76815) if ≥22 weeks, **up to 2x weekly**: ▪ Intra-hepatic cholestasis of pregnancy (IHCP) ▪ Complicated Sickle cell disease (e.g. co-existing hypertension, vaso-occlusive crisis, fetal growth restriction) ▪ Complicated SLE (e.g. active lupus nephritis, or recent flares) ▪ Major fetal anomaly in the current pregnancy (e.g. gastroschisis, fetal ventriculomegaly, fetal hydronephrosis (>10mm), achondroplasias, fetal congenital heart disease, neural tube defect, sustained fetal arrhythmias)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Background and Supporting Information

Studies that note lower birth weights among offspring exposed to marijuana have noted that these findings were more pronounced among females who used more marijuana, particularly during the first and second trimesters (at least weekly during the pregnancy). CPT® 76811 can be performed, however, given the limited evidence for antenatally detected abnormal growth, serial growth ultrasounds is not indicated in the absence of other findings concerning for growth restriction.

Modified WHO Classification of Heart Disease in Pregnancy
WHO I: Uncomplicated pulmonary stenosis (PS), mitral valve prolapse (MVP), well repaired patient ductus arteriosus (PDA) or persistent anomalous pulmonary venous return (PAPVR)
WHO II: Unrepaired ASD/VSD, repaired tetralogy of fallot (TOF), most arrhythmias
WHO II-II: Mild LV impairment, hypertrophic cardiomyopathy (HCM), valvular heart disease, Marfan without aortic dilation, bicuspid aortic valve (BAV) with Ao <4.5 cm, repaired coarctation of the aorta
WHO III: Mechanical valves, systemic right ventricle (RV), Fontan, cyanotic heart disease, Marfan Aorta 4.0-4.5 cm, Bicuspid Aortic Valve Aorta 4.5-5.0 cm
WHO IV: **Pregnancy Contraindicated** – native severe coarctation of the aorta, Pulmonary Hypertension, LVEF <30%, NYHA III-IV, severe symptomatic mitral stenosis (MS), Marfan Aorta >4.5; Bicuspid aortic valves Ao >5.0; prior peripartum cardiomyopathy with residual LV impairment.

Recommended Weight Gain During Pregnancy			
Pre-pregnancy weight Category	**BMI**	**Total Wt Gain (lbs)**	**Recommended Rate of gain in 2nd and 3rd trimester (lb/wk)**
Underweight	<18.5	28-40	1
Normal weight	18.5-24.9	25-35	1
Overweight	25-29.99	15-25	0.6

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Recommended Weight Gain During Pregnancy			
Obese	>30	11-20	0.5

Modified from. ACOG Practice Bulletin No 230. Obesity in Pregnancy, *Obstetrics & Gynecology*: June 2021

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

High Risk Group Two - Ultrasound Findings (OB-9.2)

OB.HR.0009.2.A
v1.0.2025

Soft Markers for Aneuploidy (OB-9.2.1)

- If the following 'soft markers' are found in fetus of current pregnancy on routine imaging:
  - Shortened long bones (femur and/or humerus),
  - Mild Pyelectasis[28,32] (4 mm to <7 mm at 16 to 27 weeks; or 7 mm to <9 mm at ≥28 weeks)
    - For moderate or severe fetal urinary tract dilation (≥7mm at <28 weeks or >9 mm at ≥28 weeks) See **High Risk Group One - Risk factors (OB-9.1)**
  - Echogenic bowel
  - See **Other Ultrasound Findings (OB-9.2.2)** for Fetal Echogenic intra-cardiac focus and/or choroid plexus cyst
- Detailed Fetal anatomic scan ≥16 weeks (CPT® 76811).
- One follow-up scan (CPT® 76816) in third trimester

Other Ultrasound Findings (OB-9.2.2)

- If an isolated soft marker[28] is found in fetus of current pregnancy on routine imaging, including:
  - Choroid plexus cyst, or
  - Echogenic intra-cardiac foci, or
  - Thickened nuchal fold (≥6mm at 15 to 20 weeks), or
  - Absent or hypoplastic nasal bone
  - Report:
    - Detailed fetal anatomic scan (CPT® 76811) at ≥16 weeks
- If a Major fetal anomaly is found, or if abnormal cfDNA or amniocentesis results - See **High Risk Group One - Risk factors (OB-9.1)**
- If negative cfDNA or negative amniocentesis – Fetal echo or follow-up ultrasound are not warranted for these isolated findings

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

- If history of a prior pregnancy with a chromosomal and/or structural congenital anomaly, or
- Current pregnancy with suspected fetal anomaly on initial imaging
- Report:
  - A detailed first-trimester obstetric ultrasound[5,6] [requested as CPT® 76801 **plus** CPT® 76813 (and CPT® 76802 **plus** CPT® 76814 for each additional fetus)] between 12 weeks 0 days and 13 weeks 6 days, **and/or**
  - Detailed fetal anatomic scan (CPT® 76811) at ≥16 weeks
- If a Major fetal anomaly is found - See **High Risk Group One - Risk factors (OB-9.1)** and/or **Fetal Echocardiography - Indications for Fetal Conditions (OB 12.2)**

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

High Risk Group Three – Pre-pregnancy BMI ≥30 kg/m^2 (OB-9.3)

OB.HR.0009.3.A
v1.0.2025

Pre-pregnancy BMI ≥30 kg/m^2
• Complete first trimester anatomy ultrasound CPT® 76801 [plus CPT® 76802 for each additional fetus] if <14 weeks and a complete ultrasound has not yet been performed, **and/or** CPT® 76817 for a transvaginal ultrasound ◦ CPT® 76801 is preferred for dating, but if this is unable to be completed then CPT® 76815 and/or CPT® 76817 for a transvaginal ultrasound is indicated • A detailed first trimester fetal anatomic evaluation[5,6] can be performed between 12 weeks 0 days and 13 weeks 6 days. (See **Detailed First Trimester Fetal Anatomic Scan (OB-9.12)** for indications) ◦ Report: CPT® 76801 plus CPT® 76813 (and CPT® 76802 plus CPT® 76814 for each additional fetus) for a detailed first trimester fetal anatomy ultrasound. ▪ A detailed first trimester fetal anatomic evaluation can be performed if indicated, even if cfDNA has been planned or performed • A detailed fetal anatomic scan at ≥16 weeks (CPT® 76811) ◦ Though CPT® 76811 can be performed as early as 14 weeks gestation, per ACOG, in the absence of other specific indications, it is optimally performed at 18 to 22 weeks of gestation

Class I Obesity - Pre-pregnancy BMI 30 to 34.9 (OB-9.3.1)

Class I Obesity (BMI 30-34.9)
• After first and second trimester imaging as outlined above, Report **One** follow-up scan (CPT® 76816) between 32 to 36 weeks ◦ If unable to clinically assess fundal height due to body habitus a growth scan (CPT® 76816) can be considered in the early third trimester with follow up in 4 weeks

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Class II Obesity - Pre-pregnancy BMI 35-39.9 (OB-9.3.2)

Class II Obesity (BMI 35-39.9)
• After first and second trimester imaging as outlined above, Report: ◦ Growth scans (CPT® 76816) every 4 weeks starting in the third trimester (≥28 weeks) ◦ BPP (CPT® 76818 or CPT® 76819) or a modified BPP (CPT® 76815) weekly starting at 36 weeks

Class III Obesity - Pre-pregnancy BMI ≥40 (OB-9.3.3)

Class III Obesity (BMI ≥40)
• After first and second trimester imaging as outlined above, Report: ◦ Growth scans (CPT® 76816) every 4 weeks starting in the third trimester (>28 weeks) ◦ BPP (CPT® 76818 or CPT® 76819) or modified BPP (CPT® 76815) weekly starting at 32 weeks

Background and Supporting Information

If pre-pregnancy or early pregnancy weight is over 200 pounds, it can be presumed that BMI is ≥30 kg/m^2.

Recommended Weight Gain During Pregnancy			
Pre-pregnancy weight Category	**BMI**	**Total Wt Gain (lbs)**	**Recommended Rate of gain in 2nd and 3rd trimester (lb/wk)**
Underweight	<18.5	28-40	1
Normal weight	18.5-24.9	25-35	1
Overweight	25-29.99	15-25	0.6
Obese	>30	11-20	0.5

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Modified from ACOG Practice Bulletin No 230. Obesity in Pregnancy, *Obstetrics & Gynecology*: June 2021

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

High Risk Group Four – Macrosomia (OB-9.4)

OB.HR.0009.4.A
v1.0.2025

Prior Pregnancy with Macrosomia (OB-9.4.1)

Prior pregnancy with macrosomia (baby weighing >4000 grams at term or greater than the 90th percentile of expected weight)
• Report one of the following in the first trimester to establish dates: ◦ Complete first trimester ultrasound CPT® 76801 [plus CPT® 76802 for each additional fetus] if <14 weeks and a complete ultrasound has not yet been performed, **and/or** CPT® 76817 for a transvaginal ultrasound ▪ CPT® 76801 is preferred for dating, but if this is unable to be completed then CPT® 76815 and/or CPT® 76817 for a transvaginal ultrasound is indicated ◦ Detailed Fetal Anatomic Scan CPT® 76811 if ≥16 weeks ▪ Though CPT® 76811 can be performed as early as 14 weeks gestation, per ACOG, in the absence of other specific indications, it is optimally performed at 18 to 22 weeks of gestation
• Follow-up scan (CPT® 76816) in the third trimester (28-32 weeks) and at ≥35 weeks to plan for delivery[35,36]

Current Pregnancy with Suspected or Known Macrosomia (OB-9.4.2)

- See **Macrosomia – Large for Dates Current Pregnancy (OB-20.2)**
- See **Unequal Fundal Size and Dates (OB-27)**

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

High Risk Group Five – Zika and COVID-19 Virus (OB-9.5)

OB.HR.0009.5.A
v1.0.2025

Zika Virus (OB-9.5.1)

Zika Virus
Suspected exposure without symptoms[37] • Report one of the following: ◦ Complete first trimester ultrasound CPT® 76801 [plus CPT® 76802 for each additional fetus] if <14 weeks and a complete ultrasound has not yet been performed, **and/or** CPT® 76817 for a transvaginal ultrasound ▪ CPT® 76801 is preferred for dating, but if this is unable to be completed then CPT® 76815 and/or CPT® 76817 for a transvaginal ultrasound is indicated ◦ CPT® 76805/CPT® 76811 if otherwise indicated (plus CPT® 76810/CPT® 76812 for each additional fetus) if anatomy ultrasound has not yet been performed, **or** ◦ CPT® 76816 if anatomy ultrasound (CPT® 76805/CPT® 76811) previously performed ▪ Though a fetal anatomy scan can be performed as early as 14 weeks gestation, per ACOG, in the absence of other specific indications, it is optimally performed at 18 to 22 weeks of gestation ◦ If test positive or if symptoms developed, See below

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Zika Virus

Suspected exposure with symptoms or known infection[37]

- Report one of the following:
  - Complete first trimester ultrasound CPT® 76801 [plus CPT® 76802 for each additional fetus] if <14 weeks and a complete ultrasound has not yet been performed, **and/or** CPT® 76817 for a transvaginal ultrasound
    - CPT® 76801 is preferred for dating, but if this is unable to be completed then CPT® 76815 and/or CPT® 76817 for a transvaginal ultrasound is indicated
  - CPT® 76811 if ≥16 weeks when an anatomy ultrasound (CPT® 76811) has not yet been performed
    - Though CPT® 76811 can be performed as early as 14 weeks gestation, per ACOG, in the absence of other specific indications, it is optimally performed at 18 to 22 weeks of gestation
  - Growth scan, (CPT® 76816) every 3 to 4 weeks to monitor for findings such as intracranial calcifications and microcephaly, starting at 16 weeks.
  - CPT® 76816 if anatomy ultrasound (CPT® 76805/CPT® 76811) previously performed
    - Though a fetal anatomy scan can be performed as early as 14 weeks gestation, per ACOG, in the absence of other specific indications, it is optimally performed at 18 to 22 weeks of gestation
  - If fetal anomaly suspected or diagnosed See **High Risk Group One – Risk Factors (OB-9.1)**, if FGR diagnosed, See **Fetal Growth Restriction Current Pregnancy (OB-20.1)**

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

COVID-19 Virus (OB-9.5.2)

COVID-19 Virus
COVID-19 infection in the current pregnancy[39] • Report one of the following: ◦ Complete first trimester ultrasound CPT® 76801 [plus CPT® 76802 for each additional fetus] if <14 weeks and a complete ultrasound has not yet been performed, **and/or** CPT® 76817 for a transvaginal ultrasound ▪ CPT® 76801 is preferred for dating, but if this is unable to be completed then CPT® 76815 and/or CPT® 76817 for a transvaginal ultrasound is indicated ◦ CPT® 76805 (CPT® 76811 if otherwise indicated), if ≥16 weeks when an anatomy ultrasound (CPT® 76805/CPT® 76811) has not yet been performed ▪ Though fetal anatomy survey (CPT® 76805/CPT® 76811) can be performed as early as 14 weeks gestation, per ACOG, in the absence of other specific indications, it is optimally performed at 18 to 22 weeks of gestation. ◦ Growth scan (CPT® 76816) every 3 to 4 weeks starting at 22 weeks [See **High Risk Group One - Risk factors (OB-9.1)**] ◦ Starting **at diagnosis** perform weekly BPP (CPT® 76818 or CPT® 76819) if ≥26 weeks, or modified BPP (CPT® 76815) if ≥22 weeks. (See **High Risk Group One - Risk factors (OB-9.1)**) ◦ If FGR diagnosed then follow **FGR imaging Fetal Growth Restriction Current Pregnancy (OB-20.1)**

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

High Risk Group Six - Pre-Gestational or Early Diagnosed (≤20 weeks) Diabetes (OB-9.6)

OB.HR.0009.6.A

v1.0.2025

- If diabetes is diagnosed prior to pregnancy or in the first or early second trimester (typically before 20 weeks gestation) with standard diagnostic criteria of: HbA1C ≥6.5%, fasting plasma glucose ≥126 mg/dL, or 2-hour glucose ≥200 mg/dL on a 75-g oral glucose tolerance test, then image as below.

Test	When	Frequency	Codes
First Trimester (Dating) Ultrasound	<14 weeks	Once	CPT® 76801 is preferred for dating, but if this is unable to be completed then CPT® 76815 and/or CPT® 76817 for a transvaginal ultrasound is indicated
Detailed first-trimester obstetric ultrasound[5,6]	12 to 13+6 weeks	Once	CPT® 76801 **plus** CPT® 76813 (and CPT® 76802 **plus** CPT® 76814 for each additional fetus)
Fetal anatomic scan	≥16 weeks	Once	CPT® 76811
Initial Fetal echo	Starting at ≥16 weeks	Once	CPT® 76825 and/or CPT® 76827 and/or CPT® 93325
Ultrasound (for fetal growth)	Starting at 22 weeks	Every 2 to 4 weeks	CPT® 76816

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Test	When	Frequency	Codes
Biophysical Profile (BPP) or modified BPP	Starting at 32 weeks (can start at ≥26 weeks if complicated by additional risk factors (e.g., FGR Oligohydramnios, HTN)	Up to twice weekly	CPT® 76818 (BPP) or CPT® 76819 (BPP) or CPT® 76815 (modified BPP)
Umbilical artery Doppler (if FGR diagnosed)	Upon diagnosis of FGR if ≥22 weeks	Weekly	CPT® 76820

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

High Risk Group Seven Gestational Diabetes (OB-9.7)

OB.HR.0009.7.A
v1.0.2025

Gestational Diabetes - Diet-Controlled (GDM-A1) (OB-9.7.1)

If patient has gestational diabetes and it is diet controlled:			
Test	**When**	**Frequency**	**Codes**
Fetal anatomic scan	≥16 weeks	Once	CPT® 76805
Ultrasound (for fetal growth)	Once at the time of diagnosis, then starting at 32 weeks	Every 4 weeks	CPT® 76816
Biophysical Profile (BPP) or modified BPP	Starting at 34 weeks	Once weekly if diet controlled.	CPT® 76818 (BPP) **or** CPT® 76819 (BPP) **or** CPT® 76815 (modified BPP)

Gestational Diabetes on Medications (GDM-A2) (OB-9.7.2)

If patient has gestational diabetes and is on oral medication or insulin:			
Test	**When**	**Frequency**	**Codes**
Fetal anatomic scan	≥16 weeks	Once	CPT® 76811
Fetal echo (if HbA1C >6%)	Once in the third trimester (≥32 weeks)	Once	CPT® 76825 **and/or** CPT® 76827 **and/or** CPT® 93325

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

If patient has gestational diabetes and is on oral medication or insulin:			
Test	**When**	**Frequency**	**Codes**
Ultrasound (for fetal growth)	Starting at 22 weeks	Every 2 to 4 weeks	CPT® 76816
Biophysical Profile (BPP) or modified BPP	Starting at 32 weeks (can start at ≥26 if complicated by additional risk factors (e.g., FGR Oligohydramnios))	Up to twice weekly	CPT® 76818 (BPP) **or** CPT® 76819 (BPP) **or** CPT® 76815 (modified BPP)
Umbilical artery Doppler (if FGR diagnosed)	Upon diagnosis of FGR if ≥22 weeks	Weekly	CPT® 76820

Background and Supporting Information

- If HbA1c levels are >6%, in those with GDM-A2, fetal echocardiogram in the third trimester to assess for ventricular hypertrophy can be performed.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Hypertensive Disorders in Pregnancy (OB-9.8)

OB.HR.0009.8.A
v1.0.2025

Screening in High Risk Groups (OB-9.8.1)

Screening in High Risk Groups
• SMFM state that uterine artery Doppler has limited diagnostic accuracy and clinical utility in predicting FGR, SGA birth, and perinatal mortality. As such, its use for screening in high risk groups *is not recommended*.

Current Chronic Hypertension not on Medication (OB-9.8.2)

Test	When	Frequency	Codes
First Trimester (Dating) Ultrasound	<14 weeks	Once	CPT® 76801 is preferred for dating, but if this is unable to be completed then CPT® 76815 and/ or CPT® 76817 for a transvaginal ultrasound is indicated
Fetal anatomic scan	≥16 weeks	Once	CPT® 76811
Ultrasound (for fetal growth)	In the third trimester (≥28 weeks)	Every 4-6 weeks	CPT® 76816
If blood pressure is elevated from baseline, See **Gestational Hypertension (GH, preeclampsia, toxemia) (OB-9.8.4)** below			

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Current Chronic Hypertension on Medication (OB-9.8.3)

Test	When	Frequency	Codes
First Trimester (Dating) Ultrasounds	<14 weeks	Once	CPT® 76801 is preferred for dating, but if this is unable to be completed then CPT® 76815 and/or CPT® 76817 for a transvaginal ultrasound is indicated
Detailed Fetal Anatomic Scan	≥16 weeks	Once	CPT® 76811
Ultrasound (for fetal growth)	Starting at 22 weeks gestation	Every 3 to 4 weeks	CPT® 76816
Biophysical profile (BPP) or modified BPP	Starting at 32 weeks If complicated by other risk factors (e.g. DM, FGR Oligohydramnios) can start at ≥26 weeks)	Once weekly If complicated by other risk factors (e.g., FGR Oligohydramnios) twice weekly	CPT® 76818 (BPP) or CPT® 76819 (BPP) or CPT® 76815 (AFI)
Umbilical artery Doppler (if FGR diagnosed) See **Fetal Growth Restriction Current Pregnancy (OB-20.1)**	Upon diagnosis of FGR if ≥22 weeks	Twice weekly	CPT® 76820

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Gestational Hypertension (GH, preeclampsia, toxemia) (OB-9.8.4)

Test	When	Frequency	Codes
Fetal anatomic scan	≥16 weeks	Once	CPT® 76805 or CPT 76811 if other high risk issues and if not previously completed
Growth US	Starting at time of diagnosis	Every 3 to 4 weeks If FGR, Oligohydramnios or severe preeclampsia (every 2 to 4 weeks)	CPT® 76816
BPP	Starting at time of diagnosis if ≥26 weeks	Up to twice weekly Hypertension/ pre-eclampsia with severe features - Daily	CPT® 76818 or CPT® 76819
Modified BPP	Starting at time of diagnosis if ≥22 weeks	Up to twice weekly Hypertension/pre-eclampsia with severe features - Daily	CPT® 76815
Umbilical artery Doppler **Fetal Growth Restriction Current Pregnancy (OB-20.1)**	Starting at time of diagnosis of FGR or Oligohydramnios if ≥22 weeks	Twice weekly	CPT® 76820

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Background and Supporting Information

Disorder	Definition
Hypertension in pregnancy	Systolic blood pressure ≥140 mm Hg or diastolic BP ≥90 mm Hg, or both, measured on two occasions at least 4 hours apart
Severe-range hypertension	Systolic blood pressure ≥160 mm Hg or diastolic BP ≥110 mm Hg, or both, measured on two occasions at least 4 hours apart
Chronic hypertension	Hypertension diagnosed or present before pregnancy or before 20 weeks of gestation; or hypertension that is diagnosed for the first time during pregnancy and that does not resolve in the postpartum period
Chronic hypertension with superimposed preeclampsia	Preeclampsia in a female with a history of hypertension before pregnancy or before 20 weeks of gestation
Gestational hypertension	Hypertension diagnosed after 20 weeks of gestation, in a female with a previously normal blood pressure.
Preeclampsia	Disorder of pregnancy associated with new-onset hypertension, which occurs most often after 20 weeks of gestation and frequently near term. Although often accompanied by new-onset proteinuria, hypertension and other signs or symptoms of preeclampsia may present in some females in the absence of proteinuria.
Eclampsia	Convulsive manifestation of the hypertensive disorders of pregnancy and is among the more severe manifestations of the disease.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

History of Spontaneous Pre-Term Delivery/History of PPROM (OB-9.9)

OB.HR.0009.9.A
v1.0.2025

Spontaneous Preterm Delivery or PPROM <37 0/7 Weeks (OB-9.9.1)

Initial Imaging

- For initial imaging:
  - Complete first trimester ultrasound CPT® 76801 [plus CPT® 76802 for each additional fetus] if <14 weeks and a complete ultrasound has not yet been performed, **and/or** CPT® 76817 for a transvaginal ultrasound
    - CPT® 76801 is preferred for dating, but if this is unable to be completed then CPT® 76815 and/or CPT® 76817 for a transvaginal ultrasound is indicated

- Fetal Anatomy Ultrasound CPT® 76811 [plus CPT® 76812 for each additional fetus] if ≥16 weeks and a complete fetal anatomic scan has not yet been performed during this pregnancy
  - Though fetal anatomy survey (CPT® 76805/CPT® 76811) can be performed as early as 14 weeks gestation, per ACOG, in the absence of other specific indications, it is optimally performed at 18 to 22 weeks of gestation.
- CPT® 76817 and/or CPT® 76815 every 1 to 4 weeks, starting at ≥16 0/7 weeks until 24 0/7 weeks
- Starting after the fetal anatomic scan at ≥22 weeks, ultrasound (CPT® 76816) can be performed every 3 to 6 weeks until delivery
- If history of Preterm Delivery or PPROM below 37 0/7 weeks in immediately preceding pregnancy starting at 32 weeks, weekly BBP CPT® 76818 or CPT® 76819 or modified BPP CPT® 76815
- If funneling or short cervix ≤25 mm (2.5 cm) is found on a transvaginal ultrasound in a singleton pregnancy See **Cervical Insufficiency (OB-18.1)**
- For current preterm labor See **Current Preterm Labor (OB-18.3)**
- If additional risk factors present see **OB 9.1** for indications for fetal monitoring

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

History of Stillbirth (OB-9.10)

OB.HR.0009.10.A
v1.0.2025

Initial Imaging

- For initial imaging:
  - Complete first trimester ultrasound CPT® 76801 [plus CPT® 76802 for each additional fetus] if <14 weeks and a complete ultrasound has not yet been performed, and/or CPT® 76817 for a transvaginal ultrasound
    - CPT® 76801 is preferred for dating, but if this is unable to be completed then CPT® 76815 and/or CPT® 76817 for a transvaginal ultrasound is indicated
  - A detailed first trimester fetal anatomic evaluation[5,6] can be performed between 12 weeks 0 days and 13 weeks 6 days. (See **Detailed First Trimester Fetal Anatomic Scan (OB-9.12)** for indications)
    - Report: CPT® 76801 **plus** CPT® 76813 (and CPT® 76802 **plus** CPT® 76814 for each additional fetus) for a detailed first trimester fetal anatomy ultrasound
      - A detailed first trimester fetal anatomic evaluation can be performed if indicated, even if cfDNA has been planned or performed

- Fetal anatomic scan at ≥16 weeks (CPT® 76811)
  - Though fetal anatomy survey (CPT® 76805/CPT® 76811) can be performed as early as 14 weeks gestation, per ACOG, in the absence of other specific indications, it is optimally performed at 18 to 22 weeks of gestation
- Follow up ultrasound (CPT® 76816) every 2 to 4 weeks to assess fetal growth starting at 22 weeks or two weeks before prior pregnancy loss.
- Twice weekly BPP (CPT® 76818 or CPT® 76819, if ≥26 weeks) **or** modified BPP CPT® 76815 (not to be performed prior to 22 weeks) starting at 32 weeks or two weeks before prior pregnancy loss

Background and Supporting Information

- A history of stillbirth is not an indication for fetal echo. Per 2020 ACOG bulletin – there is no mention of recommendation for echo – just a detailed anatomy US. If demised fetus had a confirmed cardiac anomaly on autopsy, or if the detailed anatomy scan on either the demised fetus or the current pregnancy had findings suspicious for cardiac anomaly, then echo may be indicated. See **Fetal Echocardiography - Indications for Fetal Conditions (OB 12.2)**

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Short Interval Pregnancy (≤18 months between last delivery and conception of current pregnancy) (OB-9.11)

OB.HR.0009.11.A
v1.0.2025

If Inter-Pregnancy interval ≤6 months[33,34]
• Follow imaging as per **High Risk Group One – Risk Factors (OB 9.1)**
If Inter-Pregnancy interval >6 months but ≤18 months[33,34]
• Report one of the following to establish dates: ◦ Complete first trimester ultrasound CPT® 76801 [plus CPT® 76802 for each additional fetus] if <14 weeks and a complete ultrasound has not yet been performed, **and/or** CPT® 76817 for a transvaginal ultrasound ▪ CPT® 76801 is preferred for dating, but if this is unable to be completed then CPT® 76815 and/or CPT® 76817 for a transvaginal ultrasound is indicated • For fetal anatomy scan report CPT® 76805 (CPT® 76811 if otherwise indicated), if ≥16 weeks ◦ Though fetal anatomy survey (CPT® 76805/CPT® 76811) can be performed as early as 14 weeks gestation, per ACOG, in the absence of other specific indications, it is optimally performed at 18 to 22 weeks of gestation. • One follow-up scan, CPT® 76816 in the third trimester (28-32 weeks) to assess fetal growth.

Background and Supporting Information

Inter-pregnancy intervals shorter than 18 months are associated with higher risks of adverse pregnancy outcomes, including preterm delivery, small-for-gestational-age (SGA) birth, and infant mortality. Per ACOG, females should be advised to avoid inter-pregnancy intervals shorter than 6 months due to even more significant risks.[33]

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Detailed First Trimester Fetal Anatomic Scan (OB-9.12)

OB.HR.0009.12.A

v1.0.2025

- A detailed first trimester fetal anatomic evaluation[5,6] can be performed, if indicated, between 12 weeks 0 days and 13 weeks 6 days.
  - If indicated report: CPT® 76801 **plus** CPT® 76813 (and CPT® 76802 **plus** CPT® 76814 for each additional fetus) [requested together] for a detailed first trimester fetal anatomy ultrasound.
    - A detailed first trimester fetal anatomic scan can be requested even if cfDNA has been planned or performed.
- Indications for a detailed first trimester fetal anatomic ultrasound include but are not limited to conditions below

Detailed First-Trimester Fetal Anatomy Scan Indications
◦ Previous fetus or child with a congenital, genetic, or chromosomal anomaly
◦ Known or suspected fetal abnormality detected by ultrasound in the current pregnancy
◦ Fetus at increased risk for a congenital anomaly based on the following: ▪ 35 years or older at delivery ▪ Maternal pre-gestational diabetes ▪ Pregnancy conceived via in vitro fertilization ▪ Multiple gestation ▪ Teratogen exposure ▪ Enlarged nuchal translucency ▪ Positive screening test results for aneuploidy, including cell-free DNA screening and serum-only or combined first-trimester screening
◦ Other conditions possibly affecting the pregnancy/fetus, including: ▪ Maternal body mass index of 30 kg/m or higher ▪ Placental implantation covering the internal cervical os under a cesarean scar site or cesarean scar pregnancy diagnosed in index gestation

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (OB-9)

v1.0.2025

1. Practice Bulletin No. 175: Ultrasound in Pregnancy. *Obstetrics & Gynecology*. 2016;128(6):e241-e256. Reaffirmed 2022. doi:10.1097/AOG.0000000000001815
2. ACOG Practice Bulletin No. 229: Antepartum Fetal Surveillance. *Obstetrics & Gynecology*. 2021, Reaffirmed 2024;137:e116-27. doi:10.1097/aog.0000000000004410
3. ACOG Committee Opinion No. 828. Indications for outpatient antenatal fetal surveillance. American College of Obstetricians and Gynecologists. *Obstetrics & Gynecology.* 2021;137:e177–97. Reaffirmed 2024 doi:10.1097/aog.0000000000004407
4. Reddy UM, Abuhamad AZ, Levine D, Saade GR. Fetal Imaging. *Obstetrical & Gynecological Survey*. 2014;69(8):453-455. doi:10.1097/01.ogx.0000453817.62105.4a
5. AIUM Practice Parameter for the Performance of Detailed Diagnostic Obstetric Ultrasound Examinations Between 12 Weeks 0 Days and 13 Weeks 6 Days. *Journal of Ultrasound in Medicine*. Published online August 27, 2020. doi:10.1002/jum.15477
6. SMFM Coding Committee White Paper: Coding for the "new" First Trimester Detailed Diagnostic Obstetric Ultrasound. Society for Maternal Fetal Medicine website. 6-2021
7. AIUM Practice Parameter for the Performance of Detailed Second- and Third-Trimester Diagnostic Obstetric Ultrasound Examinations. *Journal of Ultrasound in Medicine*. 2019;38(12):3093-3100. doi:10.1002/jum.15163
8. ACOG Practice Bulletin No. 200: Early Pregnancy Loss. *Obstetrics & Gynecology*. 2018;132(5):e197-e207. Reaffirmed 2021.doi:10.1097/AOG.0000000000002899
9. Mcintosh J, Feltovich H, Berghella V, Manuck T. The role of routine cervical length screening in selected high- and low-risk women for preterm birth prevention. *American Journal of Obstetrics and Gynecology*. 2016;215(3). doi:10.1016/j.ajog.2016.04.027
10. Donofrio MT, Moon-Grady AJ, Hornberger LK, et al. Diagnosis and Treatment of Fetal Cardiac Disease. Circulation. 2014;129(21):2183-2242. doi:10.1161/01.cir.0000437597.44550.5d
11. Cavazos-Rehg PA, Krauss MJ, Spitznagel EL, et al. Maternal Age and Risk of Labor and Delivery Complications. *Maternal and Child Health Journal*. 2014;19(6):1202-1211. doi:10.1007/s10995-014-1624-7
12. ACOG Committee Opinion No. 807: Tobacco and Nicotine Cessation During Pregnancy. *Obstetrics & Gynecology*. 2020;135(5). Reaffirmed 2023. doi:10.1097/aog.0000000000003822
13. Machado JDB, Filho PV, Petersen GO, Chatkin JM. Quantitative effects of tobacco smoking exposure on the maternal-fetal circulation. *BMC Pregnancy and Childbirth*. 2011;11(1). doi:10.1186/1471-2393-11-24
14. Hackshaw A, Rodeck C, Boniface S. Maternal smoking in pregnancy and birth defects: a systematic review based on 173 687 malformed cases and 11.7 million controls. *Human Reproduction Update*. 2011;17(5):589-604. doi:10.1093/humupd/dmr022
15. Regan, Annette K. PhD, MPH; Bombard, Jennifer M. MSPH; O'Hegarty, Michelle M. PhD; Smith, Ruben A. PhD; Tong, Van T. MPH Adverse Birth Outcomes Associated With Prepregnancy and Prenatal Electronic Cigarette Use, *Obstetrics & Gynecology*: July 2021 - Volume 138 - Issue 1 - p 85-94. doi: 10.1097/AOG.0000000000004432
16. Metz TD, Borgelt LM. Marijuana Use in Pregnancy and While Breastfeeding. *Obstetrics & Gynecology*. 2018;132(5):1198-1210. doi:10.1097/aog.0000000000002878
17. ACOG Committee Opinion No. 722: Marijuana Use During Pregnancy and Lactation. *Obstetrics & Gynecology*. 2017;130(4). Reaffirmed 2021. doi:10.1097/aog.0000000000002354
18. ACOG Committee Opinion No. 711: Opioid Use and Opioid Use Disorder in Pregnancy. *Obstetrics & Gynecology*. 2017;130(2). Reaffirmed 2021. doi:10.1097/aog.0000000000002235
19. ACOG Committee Opinion No. 479: Methamphetamine Abuse in Women of Reproductive Age. *Obstetrics & Gynecology*. 2011;117(3):751-755. Reaffirmed 2021. doi:10.1097/aog.0b013e318214784e
20. ACOG Practice Bulletin No. 90: Asthma in Pregnancy. *Obstetrics & Gynecology*. 2008;111(2, Part 1):457-464. Reaffirmed 2020. doi:10.1097/aog.0b013e3181665ff4
21. ACOG Practice Bulletin No. 212. Pregnancy and heart disease. *Obstetrics & Gynecology*. 2019;122:e320-56. Reaffirmed 2021 doi:10.1097/AOG.0000000000003243

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

22. ACOG Practice Bulletin No. 233: Anemia in Pregnancy. *Obstetrics & Gynecology*. 2021;138:e55-64. doi:10.1097/00006250-200701000-00055
23. ACOG Practice Bulletin No. 223: Thyroid Disease in Pregnancy. *Obstetrics & Gynecology*. 2020;135(6). Reaffirmed 2023. doi:10.1097/aog.0000000000003894
24. Lee, RH; Greenberg, M; Metz, TD; et al. Society for Maternal-Fetal Medicine (SMFM) Consult Series #53: Intrahepatic cholestasis of pregnancy. February 2021
25. Egan N, Bartels Ä, Khashan A, et al. Reference standard for serum bile acids in pregnancy. *BJOG: An International Journal of Obstetrics & Gynaecology*. 2012;119(4):493-498. doi:10.1111/j.1471-0528.2011.03245.x
26. Getahun D, Fassett MJ, Longstreth GF, et al. Association between maternal inflammatory bowel disease and adverse perinatal outcomes. *Journal of Perinatology*. 2014;34(6):435-440. doi:10.1038/jp.2014.41
27. ACOG Committee Opinion No. 776. Immune modulating therapies in pregnancy and lactation. *Obstetrics & Gynecology*. 2019;133(4):846-849. Reaffirmed 2021. doi:10.1097/aog.0000000000003177
28. Prabhu,M, Kuller,JA, Biggio, JR. Society for Maternal-Fetal Medicine Consult Series #57: Evaluation and management of isolated soft ultrasound markers for aneuploidy in the second trimester. October 2021
29. ACOG Practice Bulletin No 230. Obesity in Pregnancy, *Obstetrics & Gynecology*: June 2021 - Volume 137 - Issue 6 - p e128-e144 doi: 10.1097/AOG.0000000000004395
30. Schuster M, Madueke-Laveaux OS, Mackeen AD, Feng W, Paglia MJ. The effect of the MFM obesity protocol on cesarean delivery rates. *American Journal of Obstetrics and Gynecology*. 2016;215(4). doi:10.1016/j.ajog.2016.05.005
31. ACOG Practice Bulletin No. 226: Screening for Fetal Chromosomal Abnormalities. Obstetrics & Gynecology. 2020;136(4):e48-e69. Reaffirmed 2024 doi:10.1097/aog.0000000000004084
32. Norton ME, Cheng Y, Chetty S, et al. SMFM Fetal Anomalies Consult Series #4: Genitourinary anomalies. American Journal of Obstetrics and Gynecology. 2021;225(5):B2-B35. doi:10.1016/j.ajog.2021.06.009
33. Obstetric Care Consensus No. 8: Interpregnancy Care. Obstetrics & Gynecology. 2019;133(1):e51-e72. Reaffirmed 2021 doi:10.1097/aog.0000000000003025
34. Schummers L, Hutcheon JA, Hernandez-Diaz S, et al. Association of Short Interpregnancy Interval With Pregnancy Outcomes According to Maternal Age. JAMA Intern Med. 2018;178(12):1661-1670. doi:10.1001/jamainternmed.2018.4696
35. ACOG Practice Bulletin No. 216: Fetal Macrosomia. Obstet Gynecol. 2020; 135(1):246-248. Reaffirmed 2023. doi:10.1097/aog.0000000000003607
36. Frick AP, Syngelaki A, Zheng M, Poon LC, Nicolaides KH. Prediction of large-for-gestational-age neonates: screening by maternal factors and biomarkers in the three trimesters of pregnancy. Ultrasound Obstet Gynecol. 2016 Mar;47(3):332-9. doi: 10.1002/uog.15780
37. Viens LJ, Fleck-Derderian S, Baez-Santiago MA, Oduyebo T, Broussard CS, Khan S, Jones AM, Meaney-Delman D. Role of Prenatal Ultrasonography and Amniocentesis in the Diagnosis of Congenital Zika Syndrome: A Systematic Review. Obstet Gynecol. 2020 May;135(5):1185-1197. doi: 10.1097/AOG.0000000000003829.
38. Boelig RC, Saccone G, Bellussi F, Berghella V. MFM guidance for COVID-19. *American Journal of Obstetrics & Gynecology MFM*. 2020:100106. doi:10.1016/j.ajogmf.2020.100106
39. Giuliani, F., Oros, D., Gunier, R.B., et. Al. Effects of prenatal exposure to maternal COVID-19 and perinatal care on neonatal outcome: results from the INTERCOVID Multinational Cohort Study Published online: April 19, 2022
40. Novoa RH, Quintana W, Llancarí P, Urbina-Quispe K, Guevara-Ríos E, Ventura W. Maternal clinical characteristics and perinatal outcomes among pregnant women with coronavirus disease 2019. A systematic review. *Travel Med Infect Dis*. 2021;39:101919. doi:10.1016/j.tmaid.2020.101919
41. ACOG Practice Bulletin No. 201: Pregestational Diabetes Mellitus. *Obstetrics & Gynecology*. 2018;132(6). Reaffirmed 2023. doi:10.1097/aog.0000000000002960
42. ACOG Practice Bulletin No. 190: Gestational Diabetes Mellitus. *Obstetrics & Gynecology*. 2018;131(2). Reaffirmed 2019. doi:10.1097/aog.0000000000002501
43. ACOG Practice Bulletin No. 203: Chronic Hypertension in Pregnancy. *Obstetrics & Gynecology*. 2019;133(1). doi:10.1097/aog.0000000000003020
44. ACOG Practice Bulletin No. 222: Gestational Hypertension and Preeclampsia. *Obstetrics & Gynecology*. 2020;135(6). Reaffirmed 2023. doi:10.1097/aog.0000000000003891

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

45. ACOG Practice Bulletin No. 227: Fetal Growth Restriction. *Obstetrics & Gynecology*. 2021;137(2):e16-e28 doi: 10.1097/AOG.0000000000004251
46. Sciscione AC, Hayes EJ. Uterine artery Doppler flow studies in obstetric practice. *American Journal of Obstetrics and Gynecology*. 2009;201(2):121-126. doi:10.1016/j.ajog.2009.03.027
47. Martins JG, Biggio JR, Abuhamad A. Society for Maternal-Fetal Medicine (SMFM) Consult Series #52: Diagnosis and Management of Fetal Growth Restriction. *American Journal of Obstetrics and Gynecology*. 2020. doi:10.1016/j.ajog.2020.05.010
48. ACOG. Practice Bulletin No. 171: Management of Preterm Labor. *Obstetrics & Gynecology*. 2020;128(4). Reaffirmed 2022. doi:10.1097/aog.0000000000001711
49. Yang J, Baer RJ, Berghella V, et al. Recurrence of Preterm Birth and Early Term Birth. *Obstetrics & Gynecology*. 2016;128(2):364-372. doi:10.1097/aog.0000000000001506
50. Lengyel CS, Ehrlich S, Iams JD, Muglia LJ, Defranco EA. Effect of Modifiable Risk Factors on Preterm Birth: A Population Based-Cohort. *Maternal and Child Health Journal*. 2016;21(4):777-785. doi:10.1007/s10995-016-2169-8
51. ACOG Practice Bulletin No. 234: Prediction and Prevention of Spontaneous Preterm Birth. *Obstetrics & Gynecology*. 2021;138(2):e65-e90. doi:10.1097/aog.0000000000004479
52. SMFM Statement: Use of 17-alpha hydroxyprogesterone caproate for prevention of recurrent preterm birth. *American Journal of Obstetrics and Gynecology*. 2020. doi:10.1016/j.ajog.2020.04.001
53. Blackwell SC, Gyamfi-Bannerman C, Biggio JR Jr, et al. 17-OHPC to Prevent Recurrent Preterm Birth in Singleton Gestations (PROLONG Study): A Multicenter, International, Randomized Double-Blind Trial. *Am J Perinatol*. 2020;37(2):127–136. doi:10.1055/s-0039-3400227
54. EPPPIC Group. Evaluating Progestogens for Preventing Preterm birth International Collaborative (EPPPIC): meta-analysis of individual participant data from randomised controlled trials. *Lancet*. 2021 Mar 27;397(10280):1183-1194
55. SMFM, 2021. SMFM Statement: Response to EPPPIC and considerations of the use of progestogens for the prevention of preterm birth1
56. Obstetric Care Consensus No. 10: Management of Stillbirth. *Obstetrics & Gynecology*. 2020;135(3). Reaffirmed 2021 doi:10.1097/aog.0000000000003719
57. Gardosi J, Madurasinghe V, Williams M, Malik A, Francis A. Maternal and fetal risk factors for stillbirth: population based study. *Bmj*. 2013;346(jan24 3). doi:10.1136/bmj.f108
58. Cummings J; COMMITTEE ON FETUS AND NEWBORN. Antenatal Counseling Regarding Resuscitation and Intensive Care Before 25 Weeks of Gestation. Pediatrics. 2015 Sep;136(3):588-95. doi: 10.1542/peds.2015-2336. PMID: 26324869.
59. Malacova, E,Regan, A,Nassar, N,Raynes-Greenow, C,Leonard, H,Srinivasjois, R,Shand, A,Lavin, T,Pereira, G.Risk of stillbirth, preterm delivery, and fetal growth restriction following exposure in a previous birth: systematic review and meta-analysis. BJOG2018;125:183–192
60. Society for Maternal-Fetal Medicine (SMFM), Irani RA, Coscia LA, Chang E, Lappen JR; SMFM Publications Committee. Electronic address: pubs@smfm.org. Society for Maternal-Fetal Medicine Consult Series #66: Prepregnancy evaluation and pregnancy management of patients with solid organ transplants.

    Am J Obstet Gynecol. 2023;229(2):B10-B32. doi:10.1016/j.ajog.2023.04.022
61. Society for Maternal-Fetal Medicine (SMFM). Electronic address: pubs@smfm.org, Biggio J; SMFM Publications Committee. SMFM Consult Series #70: Management ofshortcervix in individuals without a historyofspontaneous preterm birth. Am J Obstet Gynecol. 2024;231(2):B2-B13. doi:10.1016/j.ajog.2024.05.006

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

High Risk Medications and Substances (OB-10)

Guideline

Potentially Teratogenic Medications/Substances (OB-10.1)
Medications/ Exposures Associated with Poor Pregnancy Outcome (OB-10.2)
References (OB-10)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Potentially Teratogenic Medications/ Substances (OB-10.1)

OB.MS.0010.1.A
v1.0.2025

- If maternal exposure to any of the below Potentially Teratogenic Medications/ Substances report:
  - Complete first trimester anatomy ultrasound CPT® 76801 [plus CPT® 76802 for each additional fetus] if <14 weeks and a complete ultrasound has not yet been performed, **and/or** CPT® 76817 for a transvaginal ultrasound
    - CPT® 76801 is preferred for dating, but if this is unable to be completed then CPT® 76815 and/or CPT® 76817 for a transvaginal ultrasound is indicated
  - A detailed first trimester fetal anatomic evaluation can be performed between 12 weeks 0 days and 13 weeks 6 days. (See **Detailed First Trimester Fetal Anatomic Scan (OB-9.12)** for indications)
    - Report: CPT® 76801 **plus** CPT® 76813 (and CPT® 76802 **plus** CPT® 76814 for each additional fetus) for a detailed first trimester fetal anatomy ultrasound
      - A detailed first trimester fetal anatomic evaluation can be performed if indicated, even if cfDNA has been planned or performed
  - CPT® 76811 (detailed fetal anatomy) if ≥16 weeks
    - Though fetal anatomy survey (CPT® 76805/CPT® 76811) can be performed as early as 14 weeks gestation, per ACOG, in the absence of other specific indications, it is optimally performed at 18 to 22 weeks of gestation

Potentially Teratogenic Medications/Substances
Aminoglycosides (amikacin, gentamycin, kanamycin, tobramycin, and other mycins)
Aspirin – only if exposed less than 10 weeks gestation
Benzodiazepines [e.g.,Diazepam (valium), Lorazepam (Ativan), Alprazolam (Xanax) etc.]
Codeine
Ergotamine (e.g. Methergine)
Fluconazole (Diflucan)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Potentially Teratogenic Medications/Substances
Lead (Exposure in early pregnancy)
Leflunomide (first trimester exposure)
Marijuana/Cannabinoids/THC Exposure
Methyl mercury
Oral contraceptives (combined and/or progestin only exposure in the first trimester)
Selective serotonin reuptake inhibitors (SSRI) (e.g., Sertraline (Zoloft), Citalopram (Celexa), Fluoxetine (Prozac) etc.)
Serotonin norepinephrine receptor inhibitors (SNRIs) SNRIs (e.g., Venlafexine (Effexor), Duloxetine (Cymbalta), etc.)
Serotonin modulators e.g. Trazadone, etc.
Tricyclics (e.g., Amitriptyline (Elavil), Imipramine (Tofranil) etc.)
Tetracyclines (e.g., Chlortetracycline, Doxycycline, Methacycline, Sumycin, etc.)

- This is ***not*** an all-inclusive list.
  - See **High Risk Group One – Risk Factors (OB 9.1)** Health Condition Related Risk Factors (maternal diseases or conditions) or other appropriate guideline for indicated imaging based on disease process being treated.
  - See **Medications/Exposures Associated with Poor Pregnancy Outcome (OB 10.2)**
- Studies that note lower birth weights among offspring exposed to marijuana have noted that these findings were more pronounced among females who used more marijuana, particularly during the first and second trimesters (at least weekly during the pregnancy). CPT® 76811 can be performed, however, given the limited evidence for antenatally detected abnormal growth, serial growth ultrasounds is not indicated in the absence of other findings concerning for growth restriction.
- If documented excessive use (at least weekly) of Marijuana/Cannabinoids/THC in 2nd and/ or 3rd trimesters - See **High Risk Group One – Risk Factors (OB 9.1)**

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

- Other atypical antidepressants like Bupropion, Mirtazapine, Nefazodone and Duloxetine have **not** been linked to an increased risk of fetal anomalies or poor pregnancy outcomes.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Medications/ Exposures Associated with Poor Pregnancy Outcome (OB-10.2)

OB.MS.0010.2.A
v1.0.2025

- If maternal exposure to any of the Medications or Exposures noted below:
  - Complete first trimester anatomy ultrasound CPT® 76801 [plus CPT® 76802 for each additional fetus] if <14 weeks and a complete ultrasound has not yet been performed, **and/or** CPT® 76817 for a transvaginal ultrasound
    - CPT® 76801 is preferred for dating, but if this is unable to be completed then CPT® 76815 **and/or** CPT® 76817 for a transvaginal ultrasound is indicated
  - A detailed first trimester fetal anatomic evaluation can be performed between 12 weeks 0 days and 13 weeks 6 days. (See **Detailed First Trimester Fetal Anatomic Scan (OB-9.12)** for indications)
    - Report: CPT® 76801 **plus** CPT® 76813 (and CPT® 76802 **plus** CPT® 76814 for each additional fetus) for a detailed first trimester fetal anatomy ultrasound
      - A detailed first trimester fetal anatomic evaluation can be performed if indicated, even if cfDNA has been planned or performed
  - Further imaging as per **High Risk Group One – Risk Factors (OB 9.1)**

Medications/Substances associated with poor pregnancy outcome
Anti-convulsants (e.g., Dilantin, Lamictal, Phenobarbital, Tegretol, Valproate etc.)
Anti-hypertensive Agents (e.g. ACE inhibitors, Angiotensin II Antagonists, Beta Blockers, etc.)
Anti-neoplastic agents (e.g. Daunorubicin etc.)
Anti-psychotics (e.g. Abilify, Haldol, Latuda, Seroquel, Stelazine Thorazine Zyprexa, etc.)
Carbon monoxide
Corticosteroids (e.g. Prednisone, Cortisone, etc.)
Coumadin/ warfarin

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Medications/Substances associated with poor pregnancy outcome
Heparin/ Low Molecular Weight Heparin (ongoing use during pregnancy)
Immune Modulating Drugs (e.g. Azathioprine, Belatacept, Cyclophosphamide, Cyclosporin A, Hydroxychloroquine, Hydroxyurea, Leflunomide, Mycophenolate mofetil, Sirolimus/Everolimus, etc.)
Lithium
Methimazole
Methotrexate
Mifepristone (RU486)
Misoprostol
Monoamine oxidase inhibitors e.g. Phenelzine (Nardil)
Penicillamine
Pregabalin (Lyrica), Gabapentin (Neurontin)
Quinine
Retinoic acid/retinoid medications
Stimulants (e.g. Ritalin, adderal, etc. and other stimulants used to treat ADHD)
Thalidomide

- This is ***not*** an all-inclusive list. See **High Risk Group One – Risk Factors (OB 9.1)** Health Condition Related (maternal diseases or conditions) or other appropriate guideline for indicated imaging based on disease process being treated.

Background and Supporting Information

- In circumstances where the individual is deemed to have an increased risk for a fetal abnormality and does not have access to a provider who can perform a fetal anatomic ultrasound examination (CPT® 76811) due to geographic or other constraints, a

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

standard (after first trimester) fetal anatomic ultrasound examination (CPT® 76805) can be authorized instead.

- CPT® 76815 should never be reported with complete studies CPT® 76801/CPT® 76802, CPT® 76805/CPT® 76810 or CPT® 76811/CPT® 76812 or with CPT® 76816 or BPP (CPT® 76818 and CPT® 76819)
- Though fetal anatomy survey (CPT® 76805/CPT® 76811) can be performed as early as 14 weeks gestation, per ACOG, in the absence of other specific indications, it is optimally performed at 18 to 22 weeks of gestation

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (OB-10)

v1.0.2025

1. Practice Bulletin No. 175: Ultrasound in Pregnancy. *Obstetrics & Gynecology*. 2016;128(6):e241-e256. Reaffirmed 2022. doi:10.1097/AOG.0000000000001815
2. Treatment and Management of Mental Health Conditions During Pregnancy and Postpartum: ACOG Clinical Practice Guideline No. 5.Obstet Gynecol. 2023;141(6):1262-1288. doi:10.1097/AOG.0000000000005202
3. Burkey BW, Holmes AP. Evaluating Medication Use in Pregnancy and Lactation: What Every Pharmacist Should Know. *The Journal of Pediatric Pharmacology and Therapeutics*. 2013;18(3):247-258. doi:10.5863/1551-6776-18.3.247
4. ACOG Committee Opinion No. 711: Opioid Use and Opioid Use Disorder in Pregnancy. *Obstetrics & Gynecology*. 2017;130(2):e81-e94. Reaffirmed 2021. doi:10.1097/aog.0000000000002235
5. Schaefer C, Peters PWJ, Miller RK. Drugs during Pregnancy and Lactation: Treatment Options and Risk Assessment. 3rd ed. London: Elsevier/Academic Press; 2015
6. ACOG Committee Opinion No. 776 Immune Modulating Therapies in Pregnancy and Lactation. *Obstetrics & Gynecology*. 2019;133(4):846-849. Reaffirmed 2021. doi:10.1097/aog.0000000000003177
7. ACOG Committee Opinion No. 722: Marijuana Use During Pregnancy and Lactation. *Obstetrics & Gynecology*. 2017;130(4). Reaffirmed 2021. doi:10.1097/aog.0000000000002354
8. Reprotox • Home Page. reprotox.org. http://reprotox.org
9. Society for Maternal-Fetal Medicine Consult Series #66: Prepregnancy evaluation and pregnancy management of patients with solid organ transplants Society for Maternal-Fetal Medicine (SMFM); Roxanna A. Irani, MD, PhD; Lisa A. Coscia, RN, BSN, CCTC; Eugene Chang, MD; and Justin R. Lappen, MD; SMFM Publications Committee
10. Society for Maternal-Fetal Medicine Consult Series #68: Sickle cell disease in pregnancy Society for Maternal-Fetal Medicine; Rachel G. Sinkey, MD; Foluso J. Ogunsile, MD; Julie Kanter, MD; Cynthia Bean, MD; and Mara Greenberg, MD; Society for Maternal-Fetal Medicine Publications Committee

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Multiple Gestations (OB-11)

Guideline

Suspected Multiple Gestations (OB-11.1)
Known Dichorionic Multiple Gestations (OB-11.2)
Known Monochorionic-Diamniotic or Monochorionic-Monoamniotic Multiple Gestations (OB-11.3)
References (OB-11)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Suspected Multiple Gestations (OB-11.1)

OB.MG.0011.1.A
v1.0.2025

For Suspected multiple pregnancies:
• Complete first trimester ultrasound CPT® 76801 [plus CPT® 76802 for each additional fetus] if <14 weeks and a complete ultrasound has not yet been performed, **and/or** CPT® 76817 for a transvaginal ultrasound ◦ CPT® 76801 is preferred for dating, but if this is unable to be completed then CPT® 76815 and/or CPT® 76817 for a transvaginal ultrasound is indicated • CPT® 76805 and CPT® 76810 for each additional fetus if ≥14 weeks if a dating ultrasound or a complete anatomy ultrasound has not yet been performed during this pregnancy

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Known Dichorionic Multiple Gestations (OB-11.2)

OB.MG.0011.2.A
v1.0.2025

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

For Known dichorionic multiple pregnancies:

- Complete first trimester anatomy ultrasound CPT® 76801 [plus CPT® 76802 for each additional fetus] if <14 weeks and a complete ultrasound has not yet been performed, **and/or** CPT® 76817 for a transvaginal ultrasound
  - CPT® 76801 is preferred for dating, but if this is unable to be completed then CPT® 76815 and/or CPT® 76817 for a transvaginal ultrasound is indicated
- A detailed first trimester fetal anatomic evaluation[3,4] can be performed between 12 weeks 0 days and 13 weeks 6 days. (See **Detailed First Trimester Fetal Anatomic Scan (OB-9.12)** for indications)
  - Report: CPT® 76801 **plus** CPT® 76813 (and CPT® 76802 **plus** CPT® 76814 for each additional fetus) for a detailed first trimester fetal anatomy ultrasound
    - A detailed first trimester fetal anatomic evaluation can be performed if indicated, even if cfDNA has been planned or performed
- Fetal NT (CPT® 76813) can be performed in twins and higher order multiples even if cfDNA has already been planned or performed.[1] See **First Trimester Screening (OB-6.1)**
- CPT® 76811 and CPT® 76812 for each additional fetus at ≥16 weeks if a complete detailed anatomic scan (CPT® 76811) has not yet been performed
  - Though fetal anatomy survey (CPT® 76805/CPT® 76811) can be performed as early as 14 weeks gestation, per ACOG, in the absence of other specific indications, it is optimally performed at 18 to 22 weeks of gestation
- SMFM currently recommends against routine use of progesterone, pessary or cerclage for the treatment of cervical shortening in twin gestations outside of the context of a clinical trial.
  - Therefore serial measurements of cervical length in multiple gestations is not recommended.
- If cervical shortening is identified – See **Cervical Insufficiency (OB-18.1)**
- Growth ultrasound (CPT® 76816) can be done every 4 to 6 weeks at ≥14 weeks.
- If otherwise uncomplicated dichorionic twins, perform BPP (CPT® 76818 or CPT® 76819) **or** modified BPP (CPT® 76815) weekly starting at 36 weeks
- If additional risk factors (e.g. diabetes, or hypertensive disease), BPP (CPT® 76818 or CPT® 76819) **or** modified BPP (CPT® 76815) can be performed weekly starting at 32 weeks or sooner (See **High Risk Pregnancy (OB-9)**)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

For Known dichorionic multiple pregnancies:

- Fetal loss of one twin during the first trimester does not appear to increase the risk of FGR or preterm delivery in the surviving twin, however, loss of one or more fetus(es) after the first trimester is associated with increased risk for FGR and PTB
  - Dichorionic twin gestations with loss of one fetus after the first trimester (≥14 weeks) should be imaged according to **High Risk Group (OB-9.1)**
- If FGR or growth discordance ≥20% is diagnosed, can perform:
  - CPT® 76816 (growth ultrasound) every 2 to 4 weeks
  - Modified BPP (CPT® 76815) up to twice weekly starting at ≥22 weeks, or BPP (CPT® 76818 or CPT® 76819) up to twice weekly starting at ≥26 weeks
  - UA Doppler (CPT® 76820) weekly (starting at ≥22 weeks)
- If Severe FGR (EFW ≤3%, AC ≤3%), **OR** Abnormal UA Doppler studies (defined as a PI, RI, or S/D ratio greater than the 95th percentile for gestational age **OR** absent or reversed end-diastolic velocity (AEDV or REDV), **OR** confirmed oligohydramnios:
  - BPP (CPT® 76818 or CPT® 76819 or CPT® 76815) and/or umbilical artery (UA) Doppler (CPT® 76820) may be needed more frequently (2-3 times per week, or even daily).
- If IVF dichorionic twins, report an initial fetal echo as CPT® 76825 and/or CPT® 76827 with or without CPT® 93325. Trans-abdominal fetal echo is usually not performed prior to 16 weeks. See **Indications for Maternal Conditions (OB-12.3)**
- If other high risk factors, See **High Risk Pregnancy (OB-9)**

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Known Monochorionic-Diamniotic or Monochorionic-Monoamniotic Multiple Gestations (OB-11.3)

OB.MG.0011.3.A
v1.0.2025

For Known monochorionic-diamniotic or monochorionic-monoamniotic multiple pregnancies
• Complete first trimester anatomy ultrasound CPT® 76801 [plus CPT® 76802 for each additional fetus] if <14 weeks and a complete ultrasound has not yet been performed, **and/or** CPT® 76817 for a transvaginal ultrasound ◦ CPT® 76801 is preferred for dating, but if this is unable to be completed then CPT® 76815 and/or CPT® 76817 for a transvaginal ultrasound is indicated
• A detailed first trimester fetal anatomic evaluation[3,4] can be performed between 12 weeks 0 days and 13 weeks 6 days. (See **Detailed First Trimester Fetal Anatomic Scan (OB-9.12)** for indications). ◦ Report: CPT® 76801 **plus** CPT® 76813 (and CPT® 76802 **plus** CPT® 76814 for each additional fetus) for a detailed first trimester fetal anatomy ultrasound ▪ A detailed first trimester fetal anatomic evaluation can be performed if indicated, even if cfDNA has been planned or performed
• Fetal NT (CPT® 76813) can be performed in twins and higher order multiples even if cfDNA has already been planned or performed.[1]
• CPT® 76811 and CPT® 76812 for each additional fetus at ≥16 weeks if a complete detailed anatomic scan (CPT® 76811) has not yet been performed ◦ Though fetal anatomy survey (CPT® 76805/CPT® 76811) can be performed as early as 14 weeks gestation, per ACOG, in the absence of other specific indications, it is optimally performed at 18 to 22 weeks of gestation
• Universal cervical length (CL) screening with transvaginal ultrasound (CPT® 76817) is NOT recommended in monochorionic twin gestations. ◦ Transvaginal ultrasound (CPT® 76817) can be performed if the transabdominal cervical length (CL) is ≤3.6 cm. If documented transabdominal attempt fails to visualize cervix, then CPT® 76817 may be performed on a case by case basis. See **Cervical Length Screening (OB-7.3)**. If cervical shortening is identified – See **Cervical Insufficiency (OB-18.1)**

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

For Known monochorionic-diamniotic or monochorionic-monoamniotic multiple pregnancies
• CPT® 76816 (growth ultrasound) every 2 to 4 weeks starting at 14 weeks • Initial Fetal Echo (CPT® 76825 and/or CPT® 76827) with or without color Doppler (CPT® 93325) (usually not performed <16 weeks). • MCA Doppler (CPT® 76821) is indicated every 2 weeks starting at 16 weeks until delivery to monitor for Twin-Twin Transfusions Syndrome (TTTS) and/or Twin Anemia Polycythemia Sequence (TAPS). This can be performed with a limited ultrasound (CPT® 76815) or growth ultrasound (CPT® 76816).
• Perform BPP (CPT® 76818 or CPT® 76819) or modified BPP (CPT® 76815) weekly starting at 32 weeks or sooner if additional risk factors (eg. diabetes, or hypertensive disease - See **High Risk Pregnancy (OB-9)**)
• If TTTS is suspected or diagnosed, or if FGR or growth discordance ≥20% is diagnosed perform: ◦ BPP (CPT® 76818 or CPT® 76819 (≥26 weeks) or CPT® 76815) and/or umbilical artery (UA) Doppler (CPT® 76820) and/or MCA Doppler (CPT® 76821) 2 to 3 times per week (May be needed more frequently on a case-by-case basis) ◦ TTTS is diagnosed by the ultrasound findings of polyhydramnios in one twin (the recipient) and oligohydramnios in the other twin (the donor). If AFI is discordant between the twins (low but not <2 cm in one and/or high but not >8 cm in the other); weekly imaging (MCA and/or limited US) can be performed ◦ If TTTS is diagnosed, follow-up fetal echo (CPT® 76826 and/or CPT® 76828) with or without color Doppler (CPT® 93325) can also be performed as requested. See **Fetal Echocardiography - Coding (OB-12.1)** and **Fetal Echocardiography - Indications for Fetal Conditions (OB-12.2)**
• Fetal loss of one twin during the first trimester does not appear to increase the risk of FGR or preterm delivery in the surviving twin, however, loss of one or more fetus(es) after the first trimester is associated with increased risk for FGR and PTB.
• Monochorionic gestations or higher order Multiple pregnancy with loss of one or more fetus(es) after the first trimester (≥14 weeks) should be imaged according to **Multiple Gestations (OB-11.3)**.
• If other high risk factors, See **High Risk Pregnancy (OB-9)**
• Triplets or higher order Multiple Pregnancy receive same imaging as monochorionic-diamniotic twins.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Background and Supporting Information

- The sensitivity of cfDNA screening may not be as accurate in twins and higher order multiples. First trimester screening in twins has a similar detection rate to singleton gestation.
- Birth weight discordance = (larger twin weight minus smaller twin weight) divided larger twin weight × 100.
- Universal CL screening with transvaginal ultrasound (CPT® 76817) is NOT recommended in twin gestations. In addition, Per ACOG - Cerclage placement (prophylactic or rescue) should be avoided in multifetal pregnancies. However, because several studies have shown that a one-time CL measurement ≤20 mm at 18-24 weeks may be an accurate predictor of preterm birth in multiple gestation, and because progesterone therapy might reduce the risk of neonatal morbidity and mortality associated with PTB, then a one-time transvaginal CL assessment can be performed if trans-abdominal CL measures ≤3.6 cm (as with singleton gestation- See **Cervical Length Screening (OB-7.3)**.
- TTTS is diagnosed by the ultrasound findings of polyhydramnios in one twin (the recipient) and oligohydramnios in the other twin (the donor). If AFI is discordant between the twins (low but not <2 cm in one and/or high but not >8 cm in the other); weekly imaging (MCA and/or limited US) can be performed to rule-out developing TTTS.
- There is no evidence that routine assessment with UA Doppler is beneficial in the absence of growth or fluid discordance.[1]
- Fetal loss of one twin during the first trimester does not appear to increase the risk of FGR or preterm delivery in the surviving twin, however, loss of one or more fetus(es) after 17 weeks gestation is associated with increased risk for FGR and PTB and should be imaged according to **Multiple Gestations (OB-11)**. Monochorionic twin pregnancies with demise of one twin after 17 weeks have up to an 18% chance of major morbidity or mortality for the remaining fetus.
- Typically all components of the BPP (CPT® 76818 and CPT® 76819), such as breathing, are not present until ≥26 weeks gestation. However, a modified BPP (CPT® 76815) can be performed sooner in certain high risk cases but should not be done prior to 22 weeks.
- CPT® 76815 should never be reported with complete studies CPT® 76801/CPT® 76802, CPT® 76805/CPT® 76810 or CPT® 76811/CPT® 76812 or with CPT® 76816 or BPP (CPT® 76818 and CPT® 76819)
- Though fetal anatomy survey (CPT® 76805/CPT® 76811) can be performed as early as 14 weeks gestation, per ACOG, in the absence of other specific indications, it is optimally performed at 18 to 22 weeks of gestation
- In circumstances where CPT® 76811 cannot be performed See **Ultrasound Code Selection (OB-1.3)**

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (OB-11)

v1.0.2025

1. ACOG Practice Bulletin No. 231: Multifetal Gestations: Twin, Triplet, and Higher-Order Multifetal Pregnancies. *Obstetrics & Gynecology*. 2021;137:e145-62. Reaffirmed 2024; doi:10.1097/AOG.0000000000004397
2. ACOG Practice Bulletin No. 175: Ultrasound in Pregnancy. *Obstetrics & Gynecology*. 2016;128(6):e241-e256. Reaffirmed 2022. doi:10.1097/AOG.0000000000001815
3. AIUM Practice Parameter for the Performance of Detailed Diagnostic Obstetric Ultrasound Examinations Between 12 Weeks 0 Days and 13 Weeks 6 Days. *Journal of Ultrasound in Medicine*. Published online August 27, 2020. doi:10.1002/jum.15477
4. SMFM Coding Committee White Paper: Coding for the "new" First Trimester Detailed Diagnostic Obstetric Ultrasound. Society for Maternal Fetal Medicine website. 6-2021
5. Khalil A, Rodgers M, Baschat A, et al. ISUOG Practice Guidelines: role of ultrasound in twin pregnancy. *Ultrasound in Obstetrics & Gynecology*. 2016;47(2):247-263. doi:10.1002/uog.1582
6. ACOG Practice Bulletin No. 234: Prediction and Prevention of Spontaneous Preterm Birth. *Obstetrics & Gynecology*. 2021;138:e65-90
7. ACOG Practice Bulletin No. 142: Cerclage for the Management of Cervical Insufficiency. *Obstetrics & Gynecology*. 2014;123(2, PART 1):372-379. Reaffirmed 2020. doi:10.1097/01.aog.0000443276.68274.cc
8. Rafael TJ, Berghella V, Alfirevic Z. Cervical stitch (cerclage) for preventing preterm birth in multiple pregnancy. Cochrane Database of Systematic Reviews. September 2014. doi:10.1002/14651858.cd009166.pub2
9. Roman A, Rochelson B, Fox NS, Hoffman M, Berghella V, Patel V, Calluzzo I, Saccone G, Fleischer A. Efficacy of ultrasound-indicated cerclage in twin pregnancies. *Am J Obstet Gynecol*. 2015 Jun;212(6):788.e1-6. doi: 10.1016/j.ajog.2015.01.031
10. Razaz N, Avitan T, Ting J, Pressey T, Joseph K. Perinatal outcomes in multifetal pregnancy following fetal reduction. *Canadian Medical Association Journal*. 2017;189(18). doi:10.1503/cmaj.160722
11. Mcintosh J, Feltovich H, Berghella V, Manuck T. The role of routine cervical length screening in selected high- and low-risk women for preterm birth prevention. Society for Maternal-Fetal Medicine (SMFM) Consult Series #40. *American Journal of Obstetrics and Gynecology*. 2016;215(3). doi:10.1016/j.ajog.2016.04.027
12. EPPPIC Group. Evaluating Progestogens for Preventing Preterm birth International Collaborative (EPPPIC): meta-analysis of individual participant data from randomised controlled trials. *Lancet*. 2021 Mar 27;397(10280):1183-1194
13. SMFM, 2021. SMFM Statement: Response to EPPPIC and considerations of the use of progestogens for the prevention of preterm birth
14. Practice Committee of American Society for Reproductive Medicine: Multiple gestation associated with infertility therapy: an American Society for Reproductive Medicine Practice Committee opinion. *Fertility and Sterility*. 2012;97(4):825-834. doi:10.1016/j.fertnstert.2011.11.048
15. Slaghekke F, Pasman S, Veujoz M, et al. Middle cerebral artery peak systolic velocity to predict fetal hemoglobin levels in twin anemia-polycythemia sequence. *Ultrasound in Obstetrics & Gynecology*. 2015;46(4):432-436. doi:10.1002/uog.14925
16. Lopriore E, Slaghekke F, Oepkes D, Middeldorp JM, Vandenbussche FP, Walther FJ. Clinical outcome in neonates with twin anemia-polycythemia sequence. *American Journal of Obstetrics and Gynecology*. 2010;203(1). doi:10.1016/j.ajog.2010.02.032
17. Slaghekke F, Kist W, Oepkes D, et al. Twin Anemia-Polycythemia Sequence: Diagnostic Criteria, Classification, Perinatal Management and Outcome. *Fetal Diagnosis and Therapy*. 2010;27(4):181-190. doi:10.1159/000304512.
18. Tollenaar LSA, Slaghekke F, Middeldorp JM, et al. Twin Anemia Polycythemia Sequence: Current Views on Pathogenesis, Diagnostic Criteria, Perinatal Management, and Outcome. *Twin Research and Human Genetics*. 2016;19 (3):222-233. doi:10.1017/thg.2016.18
19. ACOG Practice Bulletin No. 227: Fetal Growth Restriction. *Obstetrics & Gynecology*. 2021;137(2):e16-e28 doi: 10.1097/AOG.0000000000004251

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

20. Martins JG, Biggio JR, Abuhamad A. Society for Maternal-Fetal Medicine (SMFM) Consult Series #52: Diagnosis and Management of Fetal Growth Restriction. *American Journal of Obstetrics and Gynecology*. 2020. doi:10.1016/j.ajog.2020.05.010
21. Simpson LL. Twin-twin transfusion syndrome. *American Journal of Obstetrics and Gynecology*. 2013;208(1):3-18. doi:10.1016/j.ajog.2012.10.880
22. Lanna MM, Consonni D, Faiola S, et al. Incidence of Cerebral Injury in Monochorionic Twin Survivors after Spontaneous Single Demise: Long-Term Outcome of a Large Cohort. *Fetal Diagnosis and Therapy*. 2019;47(1):66-73. doi:10.1159/000500774.Hoskins
23. SMFM Special Statement: Updated checklists for management of monochorionic twin pregnancy. *American Journal of Obstetrics and Gynecology*. 2020
24. ACOG Committee Opinion No. 828. Indications for outpatient antenatal fetal surveillance. American College of Obstetricians and Gynecologists. *Obstetrics & Gynecology*. 2021;137:e177–97. Reaffirmed 2024 doi:10.1097/aog.0000000000004407
25. Roman A, Zork N, Haeri S, Schoen CN, Saccone G, Colihan S, Zelig C, Gimovsky AC, Seligman NS, Zullo F, Berghella V. Physical examination-indicated cerclage in twin pregnancy: a randomized controlled trial. Am J Obstet Gynecol. 2020 Jun 25:S0002-9378(20)30672-4. doi: 10.1016/j.ajog.2020.06.047. Epub ahead of print. PMID: 32592693
26. Society for Maternal-Fetal Medicine: Eighteen Things Physicians and Patients Should Question. Released February 3, 2014 (1–4); February 1, 2016 (5–9); May 1, 2019 (10–13); Revised January 14, 2021; March 10, 2021 (14–18); Revised December 15, 2022
27. Society for Maternal-Fetal Medicine (SMFM). Electronic address: pubs@smfm.org, Biggio J; SMFM Publications Committee. SMFM Consult Series #70: Management of short cervix in individuals without a history of spontaneous preterm birth. Am J Obstet Gynecol. 2024;231(2):B2-B13. doi:10.1016/j.ajog.2024.05.006

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Fetal Echocardiography (ECHO) (OB-12)

Guideline

Fetal Echocardiography – Coding (OB-12.1)
Fetal Echocardiography - Indications for Fetal Conditions (OB-12.2)
Fetal Echocardiography - Indications for Maternal Conditions (OB-12.3)
Fetal Echocardiography - Indications for Medication or Drug Exposure (OB-12.4)
References (OB-12)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Fetal Echocardiography – Coding (OB-12.1)

OB.FE.0012.1.A
v1.0.2025

- Supported fetal echocardiography (echo) codes include:
  - Initial Fetal Echo, CPT® 76825 and Doppler Echo CPT® 76827 are performed only once per fetus/per facility (i.e. Maternal Fetal Medicine versus Pediatric Cardiology request)
  - Follow-up-Fetal echo and/or Follow-up Doppler echo (CPT® 76826/CPT® 76828)
  - CPT® 93325 for Doppler color flow velocity mapping
- An initial fetal echo is usually not performed prior to 16 weeks.
- Doppler echo procedure codes (CPT® 76827 or CPT® 76828) include the evaluation of veins, arteries, and valves. Guidelines do not support the billing of additional codes (CPT® 76820 and/or CPT® 76821)

Background and Supporting Information

- The minimal use of color Doppler (CPT® 93325) alone, when performed for anatomical structure identification during a standard ultrasound procedure, is not separately reimbursable

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Fetal Echocardiography - Indications for Fetal Conditions (OB-12.2)

OB.FE.0012.2.A
v1.0.2025

Initial Fetal echocardiography (CPT® 76825) and/or Doppler echocardiography (CPT® 76827) with or without Doppler color flow velocity mapping (CPT® 93325) can be performed if ≥16 weeks, for the indications listed below (See **Fetal Echocardiography – Coding (OB-12.1)**):

Fetal Echocardiography - Indications for Fetal Conditions
• Known or suspected abnormal fetal cardiac evaluation on fetal anatomic scan. ◦ Known or suspected abnormality must be documented as hard copy or acknowledged verbally by provider of known or suspected fetal cardiac evaluation ◦ Suboptimal cardiac evaluation alone is not an indication for fetal echogram. If the 4-chamber view is adequate and there is no other suspicion of a cardiac abnormality, a fetal echocardiogram is not considered medically necessary. A follow up ultrasound (CPT® 76815 or CPT® 76816) is indicated for suboptimal visualization. If the follow-up ultrasound fails to show a 4-chamber view or there is suspicion of a cardiac abnormality, fetal echocardiogram is indicated.
• Fetal cardiac arrhythmia; persistent fetal tachycardia or bradycardia
• Major fetal extra-cardiac anomaly
• Congenital heart disease (CHD) in a 1st degree relative of the fetus (i.e. CHD in the mother, father, or sibling of the fetus) or a half-sibling of the fetus
• Known fetal chromosomal abnormalities (fetal aneuploidy) or ultrasound findings of a suspected chromosomal abnormality (excluding soft markers as only ultrasound findings) ◦ Early onset FGR (<32 weeks) may be a sign of fetal aneuploidy[11,12]
• Single umbilical artery • Chorioangioma or Umbilical cord varix (if suspicion of fetal hydrops) • Fetal intra-abdominal venous anomaly (persistent right umbilical vein)
• Fetal effusion (pericardial, pleural effusion, ascites, etc.) • Fetal hydrops, See **Alloimmunization/Rh Isoimmunization/Other Causes of Fetal Anemia/Parvo/Hydrops (OB-16)**
• Monochorionic twins/TTTS

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Fetal Echocardiography - Indications for Fetal Conditions
• Abnormal Fetal Nuchal Translucency scan (NT ≥3.0mm or above the 95th percentile for the CRL) during current pregnancy. • Abnormal ductus venosus waveform[5]
• Fetal echocardiography may be indicated with severe or unexplained polyhydramnios, or if there are also other suspicious findings on an anatomy scan
• Fetal Echo is **NOT** indicated for an isolated soft marker found on routine imaging including: ◦ Choroid plexus cyst, or ◦ Echogenic intra-cardiac foci, or ◦ Thickened nuchal fold (≥6mm at 15 to 20 weeks), or ◦ Absent or hypoplastic nasal bone, or ◦ Echogenic bowel, or ◦ Shortened long bones, or ◦ Pyelectasis

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Fetal Echocardiography - Indications for Maternal Conditions (OB-12.3)

OB.FE.0012.3.A
v1.0.2025

Initial Fetal echocardiography (CPT® 76825) and/or Doppler echocardiography (CPT® 76827) with or without Doppler color flow velocity mapping (CPT® 93325) can be performed if ≥16 weeks, for the indications listed below (See **Fetal Echocardiography – Coding (OB-12.1)**):

Maternal Conditions:
• Maternal pre-gestational DM or early diagnosed GDM (1st or early 2nd trimester) • Maternal gestational diabetes mellitus, if HbA1C >6% [in the third trimester (≥32 weeks)] • Maternal connective tissue disease (SLE, RA, Sjogrens) with Anti-Ro/SSA or anti-La/SSB antibodies present   ◦ Weekly follow-up Fetal echocardiography (CPT® 76826) and/or Doppler fetal echocardiography (CPT® 76828) or CPT® 76815 from the 18th through the 26th week of pregnancy and then every other week until 30 weeks • Phenylketonuria • Infections associated with cardiac anomalies (such as parvovirus, Rubella, Coxsackie virus) • Genetic conditions associated with CHD in a first degree relative of the fetus (e.g. Marfan syndrome, 22q11.2 deletion syndrome (DiGeorge Syndrome) or Noonan syndrome) • Prior child with CHD born to mother and/or father of the fetus[5] • Pregnancy conceived by assisted reproductive technology:[1]   ◦ In Vitro Fertilization (IVF)   ◦ Intracytoplasmic sperm injection (ICSI)[1]

Background and Supporting Information

- If diabetes is diagnosed prior to pregnancy or in the first or early second trimester (typically before 20 weeks gestation) with standard diagnostic criteria of: HbA1C ≥6.5%, fasting plasma glucose ≥126 mg/dL, or 2-hour glucose ≥200 mg/dL on a 75-g oral glucose tolerance test, then image as above
- For those with GDM on medication, if HbA1c levels are >6%, fetal echocardiogram in the third trimester to assess for ventricular hypertrophy can be performed.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

- The Society of Maternal Fetal Medicine states "we recommend that serial fetal echocardiograms for assessment of the PR interval not be routinely performed in patients with anti-SSA or anti-SSB antibodies outside of a clinical trial setting".
- Follow up for known fetal cardiac anomalies is highly individualized and should be based on the individual cardiac lesion. Interval for follow-up echocardiography should be determined by Maternal Fetal Medicine or Pediatric Cardiologist.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Fetal Echocardiography - Indications for Medication or Drug Exposure (OB-12.4)

OB.FE.0012.4.A
v1.0.2025

Initial Fetal echocardiography (CPT® 76825) and/or Doppler echocardiography (CPT® 76827) with or without Doppler color flow velocity mapping (CPT® 93325) can be performed if ≥16 weeks, for the indications listed below (See **Fetal Echocardiography – Coding (OB-12.1)**):

- Ace inhibitors
- Alcohol (excessive quantities)
- Anti-seizure medication, e.g. carbamazepine, hydantoin, valproate
- Folate antagonists (methotrexate)
- Lithium
- NSAIDS (Ibuprofen, Indomethacin) 2nd and 3rd trimester
- Paroxetine (Paxil)
- Retinoids (e.g Isotretinoin, Retinoic acid, Vitamin A -over 10,000 IU per day, etc.)
- Thalidomide
- Venlafaxine (Effexor)
- This may not be an all-inclusive list, however, exposure to other potential teratogens associated with cardiac anomalies in the fetus are typically adequately assessed with a detailed fetal anatomy ultrasound. (CPT® 76811) (See **Potentially Teratogenic Medications/Substances (OB 10.1)**)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

References (OB-12)

v1.0.2025

1. Donofrio MT, Moon-Grady AJ, Hornberger LK, et al. Diagnosis and Treatment of Fetal Cardiac Disease. Circulation. 2014;129(21):2183-2242. doi:10.1161/01.cir.0000437597.44550.5d
2. Brucato A. Prevention of congenital heart block in children of SSA-positive mothers. *Rheumatology*. 2008;47(Supplement 3):iii35-iii37. doi:10.1093/rheumatology/ken153
3. Mcbride KL, Garg V. Impact of Mendelian inheritance in cardiovascular disease. Annals of the New York Academy of Sciences. 2010;1214(1):122-137. doi:10.1111/j.1749-6632.2010.05791.x
4. Reddy UM, Abuhamad AZ, Levine D, et al. Fetal imaging: executive summary of a joint Eunice Kennedy Shriver National Institute Child Health and Human Development, Society for Maternal-Fetal Medicine, American Institute of Ultrasound in Medicine, American College of Obstetricians and Gynecologists, American College of Radiology, Society of Pediatric Radiology, and Society of Radiologists in Ultrasound Fetal Imaging Workshop. Obstet Gynecol Survey. 2014;69(8):453-455
5. Lee W, Allan L, Carvalho JS, et al. ISUOG consensus statement: what constitutes a fetal echocardiogram? *Ultrasound in Obstetrics and Gynecology*. 2008;32(2):239-242. doi:10.1002/uog.6115
6. Friedman DM, Kim MY, Copel JA, et al. Utility of Cardiac Monitoring in Fetuses at Risk for Congenital Heart Block. The PR Interval and Dexamethasone Evaluation (PRIDE) Prospective Study. Circulation. 2008;117(4):485-493. doi:10.1161/circulationaha.107.707661
7. AIUM Practice Parameter for the Performance of Fetal Echocardiography. *Journal of Ultrasound in Medicine*. 2019;39(1). doi:10.1002/jum.15188
8. Sammaritano LR, Bermas BL, Chakravarty EE, et al. 2020 American College of Rheumatology Guideline for the Management of Reproductive Health in Rheumatic and Musculoskeletal Diseases. *Arthritis Care & Research*. 2020;72(4):461-488. doi:10.1002/acr.24130
9. Jenkins KJ, Correa A, Feinstein JA, et al. Noninherited Risk Factors and Congenital Cardiovascular Defects: Current Knowledge. *Circulation*. 2007;115(23):2995-3014. doi:10.1161/circulationaha.106.183216
10. Anderson KN, Lind JN, Simeone RM, Bobo WV, Mitchell AA, Riehle-Colarusso T, Polen KN, Reefhuis. Maternal Use of Specific Antidepressant Medications During Early Pregnancy and the Risk of Selected Birth Defects. *J.JAMA Psychiatry.* 2020 Aug 5;77(12):1246-55. doi: 10.1001/jamapsychiatry.2020.2453
11. ACOG Practice Bulletin No. 227: Fetal Growth Restriction. *Obstet Gynecol*. 2021;137(2):e16-e28 doi: 10.1097/AOG.0000000000004251
12. Martins JG, Biggio, JR, Abuhamad, A. Society for Maternal-Fetal Medicine (SMFM) Consult Series #52: Diagnosis and Management of Fetal Growth Restriction. 2020 doi:10.1016/j.ajog.2015.01.059
13. Turan S, Asoglu MR, Ozdemir H, Seger L, Turan OM. Accuracy of the Standardized Early Fetal Heart Assessment in Excluding Major Congenital Heart Defects in High-Risk Population: A Single-Center Experience. J Ultrasound Med. 2022 Apr;41(4):961-969. doi: 10.1002/jum.15782. Epub 2021 Jul 20.
14. Society for Maternal-Fetal Medicine (SMFM). Electronic address: pubs@smfm.org, Silver R, Craigo S, et al. Society for Maternal-Fetal Medicine Consult Series #64: Systemic lupus erythematosus in pregnancy. Am J Obstet Gynecol. 2023;228(3):B41-B60. doi:10.1016/j.ajog.2022.09.001.
15. Society for Maternal-Fetal Medicine (SMFM), Osmundson SS, Grobman W, et al. Society for Maternal-Fetal Medicine response to Cuneo etal. Am J Obstet Gynecol. 2023;229(4):364-365. doi:10.1016/j.ajog.2023.06.039
16. Moon-Grady AJ, Donofrio MT, Gelehrter S, et al. Guidelines and Recommendations for Performance of the Fetal Echocardiogram: An Update from the American Society of Echocardiography. J Am Soc Echocardiogr. 2023;36(7):679-723. doi:10.1016/j.echo.2023.04.014

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Fetal MRI (OB-13)

Guideline

Indications for Fetal MRI (OB-13.1)
References (OB-13)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Indications for Fetal MRI (OB-13.1)

OB.MR.0013.1.A
v1.0.2025

ACOG recommendations for imaging during pregnancy and lactation:

- Ultrasonography and magnetic resonance imaging (MRI) are not associated with risk and are the imaging techniques of choice for the pregnant patient, but they should be used prudently and only when use is expected to answer a relevant clinical question or otherwise provide medical benefit to the patient.
- The use of gadolinium contrast with MRI should be limited; it should be used as a contrast agent in a pregnant female only if it significantly improves diagnostic performance and is expected to improve fetal or maternal outcome.

CPT® Code Guidance
• Fetal MRI (CPT® 74712); for each additional fetus (CPT® 74713)
• Do not report CPT® 74712 and CPT® 74713 in conjunction with CPT® 72195, CPT® 72196, CPT® 72197
• If only placenta or maternal pelvis is imaged without fetal imaging, use MRI Pelvis (CPT® 72195)

- Fetal MRI (CPT® 74712) [plus CPT® 74713 for each additional fetus] optimally performed after 18 to 22 weeks gestation, for assessment of known or suspected fetal abnormalities for counseling, surgical, or delivery planning.
  - There are cases when surgical planning may necessitate imaging earlier than 18 weeks. For those cases where surgery is to be performed prior to 18 weeks and they otherwise meet indications for imaging per this criteria, Fetal MRI may be approved.
- 3D-4D (CPT® 76376 or CPT® 76377) rendering can be added for surgical planning with diagnosis of complex CHD in the fetus or for surgical planning of other complex fetal malformations[6].
- Repeat fetal MRI (CPT® 74712) [plus CPT® 74713 for each additional fetus] later in pregnancy for:
  - Delivery or perinatal surgical planning
- Fetal MRI indications include but may not be limited to the following:
  - Brain
    - Congenital anomalies
      - Ventriculomegaly
      - Agenesis of the corpus callosum

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

- Abnormalities of the cavum septum pellucidum
- Holoprosencephaly
- Posterior fossa anomalies
- Malformations of cerebral cortical development
- Microcephaly
- Solid or cystic masses
- Cephalocele

▪ Screening fetuses with a family risk for brain anomalies
- Tuberous sclerosis
- Corpus callosal dysgenesis
- Malformations of cerebral cortical development

▪ Vascular abnormalities
- Vascular malformations
- Hydranencephaly
- Intra-uterine cerebrovascular accident (CVA)

◦ Spine
▪ Congenital anomalies
- Neural tube defects
- Sacrococcygeal teratomas
- Caudal regression/sacral agenesis
- Syringomyelia
- Vertebral anomalies

◦ Skull, face, and neck
▪ Masses of the face and neck
- Vascular or lymphatic malformations
- Hemangiomas
- Goiter
- Teratomas
- Facial clefts

▪ Airway obstruction
- Conditions that may impact parental counseling, prenatal management, delivery planning, and postnatal therapy

◦ Thorax
▪ Masses
- Congenital pulmonary airway malformations (congenital cystic adenomatoid malformation; sequestration, and congenital lobar emphysema);
- Congenital diaphragmatic hernia
- Effusion
- Mediastinal masses

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

        - Assessment for esophageal atresia
    - Volumetric assessment of lung
        - Cases at risk for pulmonary hypoplasia secondary to oligohydramnios, chest mass, or skeletal dysplasias
- Abdomen, retroperitoneal and pelvis
    - Bowel anomalies such as anorectal malformations, or complex bowel obstructions such as with megacystis microcolon hypoperistalsis syndrome
    - Abdominal wall defect
    - Mass
        - Abdominal–pelvic cyst
        - Tumors (e.g. hemangiomas, neuroblastomas, sacrococcygeal teratomas, and suprarenal or renal masses)
    - Complex genitourinary anomalies (e.g. cloaca, prune belly syndrome)
- Congenital Heart Disease (CHD)
- Skeletal dysplasia
- Multiple malformations
- Complications of monochorionic twins/TTTS (eg. Laser treatment of twins, demise of one twin, conjoined twins)
- Any suspected fetal anomaly associated with severe oligohydramnios or anhydramnios

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (OB-13)

v1.0.2025

1. Saleem SN. Fetal MRI: An approach to practice: A review. *Journal of Advanced Research*. 2014;5(5):507-523. doi:10.1016/j.jare.2013.06.001
2. Prayer D, Malinger G, Brugger PC, et al. ISUOG Practice Guidelines: performance of fetal magnetic resonance imaging. *Ultrasound in Obstetrics & Gynecology*. 2017;49(5):671-680. doi:10.1002/uog.17412
3. Reddy UM, Abuhamad AZ, Levine D, Saade GR. Fetal Imaging: Executive Summary of a Joint Eunice Kennedy Shriver National Institute of Child Health and Human Development, Society for Maternal-Fetal Medicine, American Institute of Ultrasound in Medicine, American College of Obstetricians and Gynecologists, American College of Radiology, Society for Pediatric Radiology, and Society of Radiologists in Ultrasound Fetal Imaging Workshop. *Obstetrics & Gynecology*. 2014;123(5):1070-1082. doi:10.1097/aog.0000000000000245
4. American College of Radiology (ACR) and the Society for Pediatric Radiology (SPR). Practice Parameters by Modality | American College of Radiology: Practice Parameter for the Safe And Optimal Performance of Fetal Magnetic Resonance Imaging (MRI). American College of Radiology | American College of Radiology. https://www.acr.org/-/media/ACR/Files/Practice-Parameters/MR-Fetal.pdf. Published 2015. (Resolution 11)
5. American College of Obstetricians and Gynecologists Committee Opinion No. 723. Guidelines for diagnostic imaging during pregnancy and lactation. *Obstetrics & Gynecology*. 2017;130(4). Reaffirmed 2021. doi:10.1097/aog.0000000000002355
6. Lloyd DFA, Pushparajah K, et. al. Three-dimensional visualisation of the fetal heart using prenatal MRI with motion-corrected slice-volume registration: a prospective, single-centre cohort study. *Lancet*. 2019 Apr 20;393(10181):1619-1627. doi: 10.1016/S0140-6736(18)32490-5

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Abnormal Fetal Position/ Presentation and Pelvimetry (OB-14)

Guideline

Abnormal Fetal Position or Presentation (OB-14.1)
Pelvimetry (OB-14.2)
References (OB-14)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Abnormal Fetal Position or Presentation (OB-14.1)

OB.FP.0014.1.A

v1.0.2025

- To confirm suspected abnormal fetal position or presentation (transverse or breech presentation) at ≥36 weeks gestation, report one of the following:
  - CPT® 76805 (plus CPT® 76810 for each additional fetus) when complete anatomy scan has not yet been performed in the pregnancy **or**
  - CPT® 76815 for limited ultrasound to check fetal position **or**
  - CPT® 76816 if version is being considered and/or for delivery planning

Background and Supporting Information

- Fetal presentation should be assessed by abdominal palpation (Leopold's) at 36 weeks or later, when presentation is likely to influence the plans for the birth. Routine assessment of presentation by abdominal palpation before 36 weeks is not always accurate. Suspected fetal malpresentation should be confirmed by an ultrasound assessment. An ultrasound can be performed at ≥36 weeks gestation to determine fetal position to allow for external cephalic version. Ultrasound to determine fetal position is not necessary prior to 36 weeks gestation unless delivery is imminent.
- CPT® 76815 should never be reported with complete studies CPT® 76801/CPT® 76802, CPT® 76805/CPT® 76810 or CPT® 76811/CPT® 76812 or with CPT® 76816 or BPP (CPT® 76818 and CPT® 76819).

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Pelvimetry (OB-14.2)

OB.FP.0014.2.A

v1.0.2025

- Pelvimetry (CT or MRI Pelvimetry CPT® 72192 or CPT® 72195) lacks sufficient evidence to be clinically useful. Current recommendations are that further randomized control studies be performed before it is adapted into routine clinical practice.[3,4]

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (OB-14)

v1.0.2025

1. ACOG Practice Bulletin No. 221: External Cephalic Version. *Obstetrics & Gynecology*. 2020;135(5). Reaffirmed 2020: 135(5):e203-e212..Reaffirmed 2023 doi:10.1097/aog.0000000000003837
2. Pattinson RC, Cuthbert A, Vannevel V. Pelvimetry for fetal cephalic presentations at or near term for deciding on mode of delivery. Cochrane Database of Systematic Reviews. Published online March 30, 2017. doi:10.1002/14651858.cd000161.pub2
3. Salk I, Cetin A, Salk S, Cetin M. Pelvimetry by Three-Dimensional Computed Tomography in Non-Pregnant Multiparous Women Who Delivered Vaginally. Polish Journal of Radiology. 2016;81:219-227. doi:10.12659/pjr.896380

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Adnexal Mass/Uterine Fibroids and Uterine Anomalies (OB-15)

Guideline

Adnexal Mass (OB-15.1)
Uterine Fibroids in Pregnancy (OB-15.2)
Uterine Anomalies in Pregnancy (OB-15.3)
References (OB-15)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Adnexal Mass (OB-15.1)

OB.AM.0015.1.A
v1.0.2025

Adnexal Mass
• For a known or suspected adnexal/pelvic mass, perform: ◦ Complete first trimester ultrasound CPT® 76801 [plus CPT® 76802 for each additional fetus] if <14 weeks and a complete ultrasound has not yet been performed, **and/or** CPT® 76817 for a transvaginal ultrasound ▪ CPT® 76801 is preferred for dating, but if this is unable to be completed then CPT® 76815 and/or CPT® 76817 for a transvaginal ultrasound is indicated ◦ CPT® 76805 [plus CPT® 76810 if more than one fetus] if a complete fetal anatomic scan has not yet been performed and ≥14 weeks, **or** ◦ CPT® 76816 if a complete anatomy scan was done previously and/or CPT® 76817 if poor visualization of the adnexal mass.
• Following the initial ultrasound, follow up can be done once in each trimester ◦ CPT® 76805 [plus CPT® 76810 for each additional fetus] if a complete fetal anatomic scan has not yet been performed, **or** ◦ CPT® 76815 or CPT® 76816 if a complete ultrasound was previously performed. ◦ CPT® 76817 if poor visualization of the adnexal mass
• MRI Pelvis (CPT® 72195) without contrast can be done for indeterminate findings on ultrasound; for surgical planning and/or for suspected malignancy.
• See **Adnexal Mass/Ovarian Cysts (PV-5)** in the Pelvis Imaging Guidelines

Background and Supporting Information

- The majority of adnexal masses in pregnancy are benign, the most common diagnoses are mature teratomas and corpus luteum or paraovarian cysts. Malignancy is reported in only 1.2-6.8% of pregnant patients with persistent mass.
- Levels of CA-125 are elevated in pregnancy, a low-level elevation in pregnancy is not typically associated with malignancy.
- ACOG recommendations for imaging during pregnancy and lactation:
  - Ultrasonography and magnetic resonance imaging (MRI) are not associated with risk and are the imaging techniques of choice for the pregnant patient, but they should be used prudently and only when use is expected to answer a relevant clinical question or otherwise provide medical benefit to the patient.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

- The use of gadolinium contrast with MRI should be limited; it should be used as a contrast agent in a pregnant female only if it significantly improves diagnostic performance and is expected to improve fetal or maternal outcome.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Uterine Fibroids in Pregnancy (OB-15.2)

OB.AM.0015.2.A

v1.0.2025

- If more than one fibroid, total size of all fibroids should be used, i.e. one fibroid at 2 cm and one 3 cm is total of 5 cm and imaging would be indicated as below:
  - Moderate (>5 cm) and large (>10 cm) fibroid(s):
    - Complete first trimester ultrasound CPT® 76801 [plus CPT® 76802 for each additional fetus] if <14 weeks and a complete ultrasound has not yet been performed, **and/or** CPT® 76817 for a transvaginal ultrasound
      - CPT® 76801 is preferred for dating, but if this is unable to be completed then CPT® 76815 and/or CPT® 76817 for a transvaginal ultrasound is indicated
    - Fetal anatomic scan (CPT® 76805 or CPT® 76811 if other high risk indication. See **High Risk Pregnancy (OB-9)**) if ≥16 weeks.
      - Though fetal anatomy survey (CPT® 76805/CPT® 76811) can be performed as early as 14 weeks gestation, per ACOG, in the absence of other specific indications, it is optimally performed at 18 to 22 weeks of gestation.
    - If the fibroid is in the lower uterine segment or the cervix (cervical fibroid), can perform ultrasound (CPT® 76815) and/or transvaginal ultrasound (CPT® 76817) every 2 weeks between 16 to 24 weeks, and
    - Follow up ultrasound (CPT® 76816) every 3 to 6 weeks, starting at 22 weeks.
- Submucosal fibroid(s) of any size:
  - Complete first trimester ultrasound CPT® 76801 [plus CPT® 76802 for each additional fetus] if <14 weeks and a complete ultrasound has not yet been performed, **and/or** CPT® 76817 for a transvaginal ultrasound
    - CPT® 76801 is preferred for dating, but if this is unable to be completed then CPT® 76815 and/or CPT® 76817 for a transvaginal ultrasound is indicated
  - Fetal anatomic scan [CPT® 76805 or CPT® 76811 if other high risk indication. See **High Risk Pregnancy (OB-9)** if ≥16 weeks
  - If placentation is over a submucosal fibroid:
    - Follow up ultrasound (CPT® 76816) every 3 to 6 weeks, starting at 22 weeks

Background and Supporting Information

- Though pregnancy seems to have little or no effect on the overall size of fibroids, Fibroids affect pregnancy and delivery in several ways, with abdominal pain, miscarriage, fetal malpresentation, and difficult delivery being the most frequent complications. These complications relate to preterm labor, placental abruption, fetal growth restriction, and fetal compression syndromes. The risk of preterm labor appears to correlate with the size of the fibroid (over 600 cm^3) and/or the presence of multiple fibroids. Placental abruption has been reported to occur

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

frequently in pregnancies complicated by fibroids, especially with placentation over a fibroid. Fibroid volumes >200 cm^3 are more commonly associated with fetal growth restriction. Fetal compression syndrome is a direct result of large fibroids and is not commonly found with small fibroids. Finally, malposition or obstructed labor may be associated with fibroids of the lower uterine segment.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Uterine Anomalies in Pregnancy (OB-15.3)

OB.AM.0015.3.A
v1.0.2025

- For uterine septum, uterine didelphys, unicornuate uterus, bicornuate uterus:
  - Complete first trimester ultrasound CPT® 76801 [plus CPT® 76802 for each additional fetus] if <14 weeks and a complete ultrasound has not yet been performed, **and/or** CPT® 76817 for a transvaginal ultrasound
    - CPT® 76801 is preferred for dating, but if this is unable to be completed then CPT® 76815 and/or CPT® 76817 for a transvaginal ultrasound is indicated
  - CPT® 76805 or CPT® 76811 and/or CPT® 76817 at ≥16 weeks
    - Though fetal anatomy survey (CPT® 76805/CPT® 76811) can be performed as early as 14 weeks gestation, per ACOG, in the absence of other specific indications, it is optimally performed at 18 to 22 weeks of gestation.
  - CPT® 76817 and/or CPT® 76815 every 2 weeks at 16 to 24 weeks (See **Cervical Insufficiency (OB-18.1)**)
  - CPT® 76816 every 3 to 6 weeks starting at ≥22 weeks
  - Starting at 32 weeks, weekly BPP (CPT® 76818 or CPT® 76819) or modified BPP (CPT® 76815)

Background and Supporting Information

- CPT® 76815 should never be reported with complete studies CPT® 76801/CPT® 76802, CPT® 76805/CPT® 76810 or CPT® 76811/CPT® 76812 or with CPT® 76816 or BPP (CPT® 76818 and CPT® 76819).
- Though fetal anatomy survey (CPT® 76805/CPT® 76811) can be performed as early as 14 weeks gestation, per ACOG, in the absence of other specific indications, it is optimally performed at 18 to 22 weeks of gestation.
- In circumstances where the individual is deemed to have an increased risk for a fetal abnormality and does not have access to a provider who can perform a detailed fetal anatomic ultrasound examination (CPT® 76811) due to geographic or other constraints, a standard (after first trimester) fetal ultrasound examination (CPT® 76805) can be authorized instead.
- CPT® 76811 and CPT® 76812 should only be used once per pregnancy unless the mother changes to a new medical caregiver at a new office and there is a new medical indication and/or change in condition.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (OB-15)

v1.0.2025

1. ACOG Practice Bulletin No. 174: Evaluation and Management of Adnexal Masses. Obstet Gynecol. 2016;128(5):e210-e226. Reaffirmed 2021.doi:10.1097/AOG.0000000000001768
2. Stout M, Odibo A, Graseck A, et al. Leiomyomas at Routine Second-trimester Ultrasound Examination and Adverse Obstetric Outcomes. Obstetric Anesthesia Digest. 2012;32(1):21-22. doi:10.1097/01.aoa.0000410780.41686.41
3. Lee HJ, Norwitz ER, Shaw J. Contemporary management of fibroids in pregnancy. Reviews in obstetrics & gynecology. https://www.ncbi.nlm.nih.gov/pmc/articles/PMC2876319/. Published 2010
4. Shavell VI, Thakur M, Sawant A, et al. Adverse obstetric outcomes associated with sonographically identified large uterine fibroids. Fertility and Sterility. 2012;97(1):107-110. doi:10.1016/j.fertnstert.2011.10.009
5. Kase BA, Blackwell SC. SMFM consult: Fibroids in pregnancy: Meaning and Management. Contemporary OBGYN. http://www.contemporaryobgyn.net/modern-medicine-feature-articles/smfm-consult-fibroids-pregnancy-meaning-and-management. Published December 5, 2014
6. Sei K, Masui K, Sasa H, Furuya K. Size of uterine leiomyoma is a predictor for massive haemorrhage during caesarean delivery. European Journal of Obstetrics & Gynecology and Reproductive Biology. 2018;223:60-63. doi:10.1016/j.ejogrb.2018.02.014
7. Penzias A, Bendikson K, Butts S, et al. Removal of myomas in asymptomatic patients to improve fertility and/or reduce miscarriage rate: a guideline. Fertility and Sterility. 2017;108(3):416-425. doi:10.1016/j.fertnstert.2017.06.034
8. ACOG Practice Bulletin No. 142: Cerclage for the Management of Cervical Insufficiency. Obstet Gynecol. 2014;123(2, PART 1):372-379. Reaffirmed 2020. doi:10.1097/01.aog.0000443276.68274.cc
9. Hua M, Odibo AO, Longman RE, Macones GA, Roehl KA, Cahill AG. Congenital uterine anomalies and adverse pregnancy outcomes. American Journal of Obstetrics and Gynecology. 2011;205(6). doi:10.1016/j.ajog.2011.07.022
10. Pfeifer S, Butts S, Dumesic D, et al. Uterine septum: a guideline. Fertility and Sterility. 2016;106(3):530-540. doi:10.1016/j.fertnstert.2016.05.014

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Alloimmunization/Rh Isoimmunization/Other Causes of Fetal Anemia/ Parvo/Hydrops (OB-16)

Guideline

Alloimmunization/Rh Isoimmunization (OB-16.1)
Exposure to Parvovirus B-19 (OB-16.2)
Twin Anemia Polycythemia Sequence (OB-16.3)
Other Fetal Hydrops/Nonimmune Hydrops (OB-16.4)
Other Causes of Fetal Anemia (OB-16.5)
References (OB-16)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Alloimmunization/Rh Isoimmunization (OB-16.1)

OB.AR.0016.1.A
v1.0.2025

Imaging for Alloimmunization/Rh Isoimmunization for any of the following indications:
• When any one of the following maternal antibody titers are ≥1:8 (critical titer): ◦ Rhesus antibodies (Cc/Dd/Ee) ◦ Anti-Duffy (anti-fya) antibody ◦ Anti-Kidd antibody • If maternal antibody titers are ≥1:8 for other atypical antigens that may be associated with hemolytic disease of the fetus and newborn, e.g. p antigen, MNS series, MSSsMT, Diego, Public antigens, Private antigens. • Anti-Kell antibody (any antibody titer warrants additional evaluation) • If evidence of fetal hydrops on previous imaging • Prior pregnancy associated with HDFN (hemolytic disease of the fetus and newborn)

The following imaging is indicated:
• Complete first trimester ultrasound CPT® 76801 [plus CPT® 76802 for each additional fetus] if <14 weeks and a complete ultrasound has not yet been performed, **and/or** CPT® 76817 for a transvaginal ultrasound ◦ CPT® 76801 is preferred for dating, but if this is unable to be completed then CPT® 76815 and/or CPT® 76817 for a transvaginal ultrasound is indicated • Detailed Fetal Anatomic Scan (CPT® 76811) ≥16 weeks ◦ Though fetal anatomy survey (CPT® 76805/CPT® 76811) can be performed as early as 14 weeks gestation, per ACOG, in the absence of other specific indications, it is optimally performed at 18 to 22 weeks of gestation.
• CPT® 76816 every 2 to 4 weeks to assess fetal growth starting after fetal anatomic scan (CPT® 76811)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

The following imaging is indicated:
• Fetal middle cerebral artery (MCA) Doppler (CPT® 76821) and CPT® 76815 every 1 to 2 weeks starting at 16 weeks • BPP (CPT® 76818 or CPT® 76819) or modified BPP (CPT® 76815) weekly, starting at 32 weeks or sooner if suspected worsening fetal condition (≥26 weeks), e.g. abnormally trending MCA dopplers, suspected hydrops, or polyhydramnios. • More frequent imaging (MCA Doppler and/or BPP) can be performed if suspected worsening fetal condition (up to 2x weekly), e.g. abnormally trending MCA dopplers, suspected hydrops, or polyhydramnios.

Background and Supporting Information

- Fetal anemia and hydrops may be a result of immune conditions, such as red-cell or Kell alloimmunization, non-immune hydrops caused by parvovirus B19 infection or any other known acquired or congenital causes of fetal anemia.
- Rhesus isoimmunization/alloimmunization is the process through which fetal Rh+ red blood cells enter the circulation of an Rh negative mother causing her to produce antibodies which can cross the placenta and destroy the red blood cells of the current Rh+ fetus and/or in subsequent Rh+ pregnancies.
- Atypical antigens not listed above, may be associated with hemolytic disease of the fetus and newborn and may require fetal assessment as in Alloimmunization/Rh Isoimmunization (OB-16.1) if maternal antibody titers are ≥1:8. Atypical antigens include: MNSs series (M, N, S, s, U, Mi), MSSs-Mta, Diego (Di^a, Di^b), P- PPTj, Public antigen (Yt, En, Co2). Private antigens (Biles, Good, Heibel, Radin, $Wright^a$, and Z^d). PP1Pk, Far, Good, Lan, LW.
- Peak systolic velocity (PSV) of the fetal middle cerebral artery can be used as a substitute for amniocentesis to evaluate a fetus at risk for anemia due to Rhesus isoimmunization/alloimmunization. Measurements can be initiated as early as 16 weeks of gestation if there is a past history of early severe fetal anemia or very high titers. Because MCA-PSV increases across gestation, results are adjusted for gestational age.
- In circumstances where the individual is deemed to have an increased risk for a fetal abnormality and does not have access to a provider who can perform a detailed fetal anatomic ultrasound examination (CPT® 76811) due to geographic or other constraints, a standard (after first trimester) fetal ultrasound examination (CPT® 76805) can be authorized instead.
- CPT® 76811 and CPT® 76812 should only be used once per pregnancy unless the mother changes to a new medical caregiver at a new office **and** there is a new medical indication and/or change in condition.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Exposure to Parvovirus B-19 (OB-16.2)

OB.AR.0016.2.A
v1.0.2025

- Parvovirus B-19 Exposure (Fifth Disease):
  - Complete first trimester ultrasound CPT® 76801 [plus CPT® 76802 for each additional fetus] if <14 weeks and a complete ultrasound has not yet been performed, **and/or** CPT® 76817 for a transvaginal ultrasound
    - CPT® 76801 is preferred for dating, but if this is unable to be completed then CPT® 76815 and/or CPT® 76817 for a transvaginal ultrasound is indicated
  - CPT® 76811 if not yet performed and ≥16 weeks
    - Though fetal anatomy survey (CPT® 76805/CPT® 76811) can be performed as early as 14 weeks gestation, per ACOG, in the absence of other specific indications, it is optimally performed at 18 to 22 weeks of gestation.
  - CPT® 76816 if >2 weeks since performance of the fetal anatomic scan (CPT® 76811)
- Confirmed Parvovirus B-19 Infection (+IgM):
  - Ultrasound (CPT® 76816) every 2 to 4 weeks to assess fetal growth starting after performance of the fetal anatomic scan (CPT® 76811) and
  - Starting at time of confirmed infection weekly limited ultrasound (CPT® 76815) if >22 weeks or weekly BPP (CPT® 76818 or CPT® 76819) if ≥26 weeks gestation and
  - Fetal middle cerebral artery (MCA) Doppler (CPT® 76821) every 1 to 2 weeks, starting at time of confirmed infection (if ≥16 weeks)
  - Continue above imaging for 8 to 12 weeks after initial date of exposure

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Twin Anemia Polycythemia Sequence (OB-16.3)

OB.AR.0016.3.A

v1.0.2025

- See **Known Monochorionic-Diamniotic or Monochorionic-Monoamniotic Multiple Gestations (OB-11.3)**

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Other Fetal Hydrops/Nonimmune Hydrops (OB-16.4)

OB.AR.0016.4.A

v1.0.2025

- Suspected or known hydrops from any cause should be imaged according to **Alloimmunization/Rh Isoimmunization (OB-16.1)**

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Other Causes of Fetal Anemia (OB-16.5)

OB.AR.0016.5.A

v1.0.2025

- MCA Doppler (CPT® 76821) assessment can be performed if there is suspected fetal anemia (e.g. fetus with heart failure, hydrops, alloimmunization), in a fetus at high risk for fetal anemia due to other pregnancy complications, e.g. chorioangioma, umbilical vein varix, or finding of sustained fetal tachyarrhythmia or bradyarrhythmia - See **Indications for Fetal Conditions (OB-12.2)**, **Alloimmunization/Rh Isoimmunization (OB-16.1)**, and **Placental and Cord Abnormalities (OB-21)**

Background and Supporting Information

- In circumstances where the individual is deemed to have an increased risk for a fetal abnormality and does not have access to a provider who can perform a fetal anatomic ultrasound examination (CPT® 76811) due to geographic or other constraints, a standard (after first trimester) fetal anatomic ultrasound examination (CPT® 76805) can be authorized instead.
- CPT® 76811 and CPT® 76812 should only be used once per pregnancy unless the mother changes to a new medical caregiver at a new office and there is a new medical indication and/or change in condition.
- Typically all components of the BPP (CPT® 76818 and CPT® 76819), such as breathing, are not present until ≥26 weeks gestation. However, a modified BPP (CPT® 76815) can be utilized sooner in certain high risk cases but should not be done prior to 22 weeks. .

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (OB-16)

v1.0.2025

1. ACOG Practice Bulletin No. 181. Prevention of Rh D alloimmunization. *Obstetrics & Gynecology* 2017(2); 130: 57-70. Reaffirmed 2021. doi:10.1097/aog.0000000000002232
2. ACOG Practice Bulletin No. 192. Management of Alloimmunization During Pregnancy. *Obstetrics & Gynecology*. 2018;131(3):e82-e90. Reaffirmed 2019. doi:10.1097/aog.0000000000002528
3. Mari G, Deter RL, Carpenter RL, et al. Noninvasive Diagnosis by Doppler Ultrasonography of Fetal Anemia Due to Maternal Red-Cell Alloimmunization. *New England Journal of Medicine*. 2000;342(1):9-14. doi:10.1056/nejm200001063420102
4. Mari G, Norton ME, Stone J, et al. Society for Maternal-Fetal Medicine (SMFM) Clinical Guideline #8: The fetus at risk for anemia–diagnosis and management. *American Journal of Obstetrics and Gynecology*. 2015;212(6):697-710. doi:10.1016/j.ajog.2015.01.059
5. Crane J, Mundle W, Boucoiran I, et al. Parvovirus B19 Infection in Pregnancy. *Journal of Obstetrics and Gynaecology Canada*. 2014;36(12):1107-1116. doi:10.1016/s1701-2163(15)30390-x
6. ACOG. Practice Bulletin No. 151: Cytomegalovirus, parvovirus B19, varicella zoster, and toxoplasmosis in pregnancy. *Obstetrics & Gynecology*. 2015;125(6):1510-1525. Reaffirmed 2020. doi:10.1097/01.aog.0000466430.19823.53
7. Norton ME, Chauhan SP, Dashe JS. Society for Maternal-Fetal Medicine (SMFM) Clinical Guideline #7: nonimmune hydrops fetalis. *American Journal of Obstetrics and Gynecology*. 2015;212(2):127-139. doi:10.1016/j.ajog.2014.12. 018

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Amniotic Fluid Abnormalities/ Oligohydramnios/ Polyhydramnios (OB-17)

Guideline

Amniotic Fluid Abnormalities (OB-17.1)
References (OB-17)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Amniotic Fluid Abnormalities (OB-17.1)

OB.AF.0017.1.A
v1.0.2025

For suspected polyhydramnios or oligohydramnios:
• For example, unequal size and dates or suspected preterm/prelabor rupture of membranes. See **Unequal Fundal Size and Dates (OB-27)** and/or **Preterm/ Prelabor Rupture of Membranes (OB-23)** ◦ CPT® 76815 for quick look for AFI check
For **confirmed** diagnosis of **polyhydramnios:** AFI ≥24cm or maximum vertical pocket (MVP) ≥8cm.
• CPT® 76811 (Detailed Fetal Anatomy) at diagnosis, if not previously performed • CPT® 76816 starting at ≥22 weeks ◦ Every 3 - 4 weeks for mild polyhydramnios (AFI 24 - 29.9 cm or MVP 8 - 9.9 cm) ◦ Every 2 weeks for severe polyhydramnios (AFI ≥30 cm or MVP ≥10 cm) • CPT® 76815 weekly for antepartum fetal surveillance starting at ≥22 weeks • BPP (CPT® 76818 or CPT® 76819) or modified BPP (CPT® 76815) for AFI with NST starting at 26 weeks ◦ Weekly for mild polyhydramnios ◦ Twice weekly for severe polyhydramnios
For **confirmed** diagnosis of **oligohydramnios:** AFI ≤5 cm or maximum vertical pocket ≤2 cm
• CPT® 76811 if not already performed; or • CPT® 76816 every 2 to 4 weeks starting at ≥22 weeks • CPT® 76815 weekly for antepartum fetal surveillance from 22 - 26 weeks • CPT® 76818 or CPT® 76819 or a modified BPP (CPT® 76815), weekly, starting at 26 weeks • CPT® 76820 weekly starting at time of diagnosis if ≥22 weeks

Background and Supporting Information

- Polyhydramnios can be an early presenting finding of fetal hydrops associated with fetal anemia. Middle cerebral artery Doppler is commonly used to diagnose whether this fetal anemia is present or not. See **Alloimmunization/Rh Isoimmunization (OB-16.1)**

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

- Polyhydramnios may also present as a finding of cardiac dysfunction, fetal arrhythmias or cardiac malformation. Fetal echocardiography may be indicated if there are abnormal findings on an anatomy scan. See **Fetal Echocardiography (ECHO) (OB-12)**
- In circumstances where the individual is deemed to have an increased risk for a fetal abnormality and does not have access to a provider who can perform a fetal anatomic ultrasound examination (CPT® 76811) due to geographic or other constraints, a standard (after first trimester) fetal anatomic ultrasound examination (CPT® 76805) can be authorized instead.
- CPT® 76811 and CPT® 76812 should only be used once per pregnancy unless the mother changes to a new medical caregiver at a new office and there is a new medical indication and/or change in condition.
- Typically all components of the BPP (CPT® 76818 and CPT® 76819), such as breathing, are not present until ≥26 weeks gestation. However, a modified BPP (CPT® 76815) can be utilized sooner in certain high risk cases but should not be done prior to viability (22 weeks).
- CPT® 76815 should never be reported with complete studies CPT® 76801/CPT® 76802, CPT® 76805/CPT® 76810 or CPT® 76811/CPT® 76812 or with CPT® 76816 or BPP (CPT® 76818 and CPT® 76819).
- Though fetal anatomy survey (CPT® 76805/CPT® 76811) can be performed as early as 14 weeks gestation, per ACOG, in the absence of other specific indications, it is optimally performed at 18 to 22 weeks of gestation.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (OB-17)

v1.0.2025

1. Practice Bulletin No. 175: Ultrasound in Pregnancy. *Obstetrics & Gynecology*. 2016;128(6):e241-e256. Reaffirmed 2022. doi:10.1097/AOG.0000000000001815
2. ACOG Practice Bulletin No. 229: Antepartum Fetal Surveillance. *Obstetrics & Gynecology*. 2021, Reaffirmed 2024;137(6):e177-e197. doi:10.1097/aog.0000000000004407
3. ACOG Committee Opinion No. 828. Indications for outpatient antenatal fetal surveillance. American College of Obstetricians and Gynecologists. *Obstetrics & Gynecology*. 2021, Reaffirmed 2024;137:e177–e197. doi:10.1097/aog.0000000000004407
4. AIUM Practice Parameter for the Performance of Detailed Second- and Third-Trimester Diagnostic Obstetric Ultrasound Examinations. *Journal of Ultrasound in Medicine*. 2019;38(12):3093-3100. doi:10.1002/jum.15163
5. Dashe JS, Pressman EK, Hibbard JU. SMFM Consult Series #46: Evaluation and management of polyhydramnios. *American Journal of Obstetrics and Gynecology*. 2018;219(4). doi:10.1016/j.ajog.2018.07.016
6. Guidelines for Perinatal Care, 8th Edition; By AAP Committee on Fetus and Newborn and ACOG Committee on Obstetric Practice; Edited by Sarah J. Kilpatrick, Lu-Ann Papile and George A. Macones; Published in 2017
7. Martins JG, Biggio JR, Abuhamad A. Society for Maternal-Fetal Medicine (SMFM) Consult Series #52: Diagnosis and Management of Fetal Growth Restriction. *American Journal of Obstetrics and Gynecology*. 2020. doi:10.1016/j.ajog.2020.05.010

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Cervical Insufficiency/ Current Preterm Labor (OB-18)

Guideline

Cervical Insufficiency (OB-18.1)
Cerclage in Place in Current Pregnancy (OB-18.2)
Current Preterm Labor (OB-18.3)
References (OB-18)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Cervical Insufficiency (OB-18.1)

OB.CI.0018.1.A
v1.0.2025

- For any of the following:
  - History of cervical insufficiency (defined as one or more 2nd trimester loss (14 to 24 weeks gestation) related to painless cervical dilation.)
  - History of cerclage in prior pregnancy
  - History of prior precipitous delivery
  - Surgical trauma to cervix, e.g.
    - Over dilation of cervix during a termination of pregnancy
    - Cervical obstetrical laceration from a previous delivery
    - History of extensive or multiple prior cold-knife conization or Loop Electrosurgical Excision Procedures (LEEP)
- Complete first trimester ultrasound CPT® 76801 [plus CPT® 76802 for each additional fetus] if <14 weeks and a complete ultrasound has not yet been performed, **and/or** CPT® 76817 for a transvaginal ultrasound
  - CPT® 76801 is preferred for dating, but if this is unable to be completed then CPT® 76815 and/or CPT® 76817 for a transvaginal ultrasound is indicated
- CPT® 76805 or CPT® 76811 if other high risk factors [plus CPT® 76810/CPT® 76812 for each additional fetus] **and/or** CPT® 76817 at ≥16 weeks if a complete fetal anatomic scan has not yet been performed during this pregnancy.
  - Though fetal anatomy survey (CPT® 76805/CPT® 76811) can be performed as early as 14 weeks gestation, per ACOG, in the absence of other specific indications, it is optimally performed at 18 to 22 weeks of gestation.
- CPT® 76815 **and/or** CPT® 76817 every 1 to 4 weeks from 16 0/7 to 24 0/7 weeks
- CPT® 76816 can be performed every 3 to 6 weeks starting after the fetal anatomic scan at 16 weeks
- Note: Lower uterine segment or cervical fibroid may also require CL screening with (CPT® 76815) and/or transvaginal ultrasound (CPT® 76817) every 2 weeks between 16 to 24 weeks (See **Uterine Fibroids in Pregnancy (OB-15.2)**)

- If funneling or short cervix ≤25 mm (2.5 cm) is found on a transvaginal ultrasound
  - CPT® 76816 can be performed after a complete ultrasound every 3 to 4 weeks **and/or**
  - CPT® 76817 and/or CPT® 76815 every 1 to 2 weeks until 32 weeks
  - Note: CPT® 76815 should not be done on same date of service as CPT® 76816
  - Starting at 32 weeks, BPP (CPT® 76818 or CPT® 76819) or a modified BPP (CPT® 76815) can be performed once weekly.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Cerclage in Place in Current Pregnancy (OB-18.2)

OB.CI.0018.2.A

v1.0.2025

- Complete first trimester ultrasound CPT® 76801 [plus CPT® 76802 for each additional fetus] if <14 weeks and a complete ultrasound has not yet been performed, **and/or** CPT® 76817 for a transvaginal ultrasound
  - CPT® 76801 is preferred for dating, but if this is unable to be completed then CPT® 76815 and/or CPT® 76817 for a transvaginal ultrasound is indicated
- CPT® 76805 or CPT® 76811 if other high risk factors [plus CPT® 76810/CPT® 76812 for each additional fetus] and/or CPT® 76817 once if a complete detailed fetal anatomic scan has not been performed
- CPT® 76816 can be performed every 3 to 6 weeks starting after the fetal anatomic scan at 16 weeks.
- If a **prophylactic** (history-indicated) cerclage is placed in the current pregnancy (usually done early in the second trimester due to a prior 2nd trimester loss after painless cervical dilation at ≤24 weeks gestation)
  - CPT® 76815 **and/or** CPT® 76817 can be performed once between 16 to 24 weeks to determine if cervical shortening is present
    - If cervical shortening or funneling is noted See **Cervical Insufficiency (OB-18.1)**.
    - Further CL surveillance CPT® 76815 **and/or** CPT® 76817 every 2 weeks is not indicated.
- If a **rescue** cerclage (exam indicated) was placed due to cervical shortening or dilation found by ultrasound or physical exam in the current pregnancy
  - Transvaginal (CPT® 76817 and/or CPT® 76815) every 2 weeks, starting at ≥16 weeks until 32 weeks.
- If funneling or further shortening of the cervix is found See **Cervical Insufficiency (OB 18.1)**

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Current Preterm Labor (OB-18.3)

OB.CI.0018.3.A
v1.0.2025

- Preterm labor in current pregnancy (contractions **PLUS** cervical change at <37 weeks gestation), can perform once when symptomatic
  - CPT® 76805 or CPT® 76811 if other high risk factors [plus CPT® 76810/CPT® 76812 for each additional fetus] if a complete fetal anatomic scan has not yet been performed during this pregnancy; **or**
  - CPT® 76815 **or** CPT® 76816, if a complete fetal anatomic scan was performed previously, (CPT® 76816 if more than 2 weeks since last growth), **and/or** CPT® 76817
- Biophysical profile (BPP) (CPT® 76818 **or** CPT® 76819) **or** modified BPP (CPT® 76815), once when symptomatic if ≥26 weeks.
- For history of pre-term labor, See **History of Spontaneous Pre-Term Delivery/ History of PPROM (OB-9.9)**

Background and Supporting Information

- In circumstances where the individual is deemed to have an increased risk for a fetal abnormality and does not have access to a provider who can perform a fetal anatomic ultrasound examination (CPT® 76811) due to geographic or other constraints, a standard (after first trimester) fetal anatomic ultrasound examination (CPT® 76805) can be authorized instead.
- CPT® 76811 and CPT® 76812 should only be used once per pregnancy unless the mother changes to a new medical caregiver at a new office and there is a new medical indication and/or change in condition.
- Typically all components of the BPP (CPT® 76818 and CPT® 76819), such as breathing, are not present until ≥26 weeks gestation. However, a modified BPP (CPT® 76815) can be utilized sooner in certain high risk cases but should not be done prior to 22 weeks.
- CPT® 76815 should never be reported with complete studies CPT® 76801/CPT® 76802, CPT® 76805/CPT® 76810 or CPT® 76811/CPT® 76812 or with CPT® 76816 or BPP (CPT® 76818 and CPT® 76819).
- Though fetal anatomy survey (CPT® 76805/CPT® 76811) can be performed as early as 14 weeks gestation, per ACOG, in the absence of other specific indications, it is optimally performed at 18 to 22 weeks of gestation.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

References (OB-18)

v1.0.2025

1. ACOG Practice Bulletin No.142: Cerclage for the Management of Cervical Insufficiency. *Obstetrics & Gynecology*. 2014;123(2, PART 1):372-379.Reaffirmed 2020. doi:10.1097/01.aog.0000443276.68274.cc
2. ACOG Practice Bulletin No. 234: Prediction and Prevention of Spontaneous Preterm Birth. *Obstetrics & Gynecology*. 2021;138:e65-90
3. ACOG. Practice Bulletin No. 171: Management of Preterm Labor. *Obstetrics & Gynecology*. 2016;128(4).Reaffirmed 2022. doi:10.1097/aog.0000000000001711
4. Practice Bulletin No. 175: Ultrasound in Pregnancy. *Obstetrics & Gynecology*. 2016;128(6):e241-e256. Reaffirmed 2022. doi:10.1097/AOG.0000000000001815
5. Society for Maternal-Fetal Medicine. Progesterone and preterm birth prevention: translating clinical trials data into clinical practice. *American Journal of Obstetrics and Gynecology*. 2012;206(5):376-386. doi:10.1016/j.ajog.2012.03.010
6. Esplin MS, Elovitz MA, Iams JD, et al. Predictive Accuracy of Serial Transvaginal Cervical Lengths and Quantitative Vaginal Fetal Fibronectin Levels for Spontaneous Preterm Birth Among Nulliparous Women. *JAMA.* 2017;317(10):1047. doi:10.1001/jama.2017.1373
7. Mcintosh J, Feltovich H, Berghella V, Manuck T. The role of routine cervical length screening in selected high- and low-risk women for preterm birth prevention. Society for Maternal-Fetal Medicine (SMFM) Consult Series #40. *American Journal of Obstetrics and Gynecology*. 2016;215(3). doi:10.1016/j.ajog.2016.04.027
8. Meis PJ, Klebanoff M, Thom E, Dombrowski MP, et.al.; National Institute of Child Health and Human Development Maternal-Fetal Medicine Units Network. Prevention of recurrent preterm delivery by 17 alpha-hydroxyprogesterone caproate. N Engl J Med. 2003 Jun 12;348(24):2379-85. doi: 10.1056/NEJMoa035140
9. Blackwell SC, Gyamfi-Bannerman C, Biggio JR Jr, et al. 17-OHPC to Prevent Recurrent Preterm Birth in Singleton Gestations (PROLONG Study): A Multicenter, International, Randomized Double-Blind Trial. *Am J Perinatol*. 2020;37(2):127–136. doi:10.1055/s-0039-3400227
10. EPPPIC Group. Evaluating Progestogens for Preventing Preterm birth International Collaborative (EPPPIC): meta-analysis of individual participant data from randomised controlled trials. *Lancet*. 2021 Mar 27;397(10280):1183-1194
11. SMFM, 2021. SMFM Statement: Response to EPPPIC and considerations of the use of progestogens for the prevention of preterm birth
12. Society for Maternal-Fetal Medicine (SMFM). Electronic address: pubs@smfm.org; SMFM Publications Committee. Society for Maternal-Fetal Medicine Statement: Response to the Food and Drug Administration's withdrawal of 17-alpha hydroxyprogesterone caproate. Am J Obstet Gynecol. 2023 Jul;229(1):B2-B6. doi: 10.1016/j.ajog.2023.04.012

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

No Fetal Heart Tones/ Decreased Fetal Movement (OB-19)

Guideline

No Fetal Heart Tones (OB-19.1)
Decreased Fetal Movement (OB-19.2)
References (OB-19)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

No Fetal Heart Tones (OB-19.1)

OB.FT.0019.1.A
v1.0.2025

- Prior to considering ultrasound, fetal heart tones (FHT) should be assessed with a hand-held doppler device.

First Trimester
• If ≥12 weeks gestation and unable to obtain FHT using a hand-held doppler, **or** • If <12 weeks gestation, in the setting of absent fetal heart tones, only if accompanied by other maternal signs or symptoms (such as cramping, vaginal bleeding, etc.) **or** • If <12 weeks and FHT had previously been heard using a fetal hand-held doppler, but now are unable to be heard by this method, regardless of symptoms • Report **one** of the following: ◦ Complete first trimester anatomy ultrasound CPT® 76801 (plus CPT® 76802 for each additional fetus) and/or CPT® 76817 if a complete ultrasound has not yet been performed; **or** ◦ CPT® 76815 and/or CPT® 76817
Second and Third Trimester
Report **one** of the following: • CPT® 76815 for limited ultrasound **or** • CPT® 76805 (plus CPT® 76810 for each additional fetus) if ≥14 weeks, when complete fetal anatomic scan CPT® 76805 has not yet been performed **or** • CPT® 76816 if ≥14 weeks and an anatomy ultrasound (CPT® 76801 or CPT® 76805/ CPT® 76811) was performed previously

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Decreased Fetal Movement (OB-19.2)

OB.FT.0019.2.A

v1.0.2025

- One of the following can be performed at the time of the complaint of decreased fetal movement:
  - Limited ultrasound or modified BPP (CPT® 76815) or
  - If ≥26 weeks BPP (CPT® 76818 or CPT® 76819) or a modified BPP (CPT® 76815) can be performed. See **Biophysical Profile (BPP) (OB-28.8)**
  - CPT® 76816 for delivery planning, e.g. if BPP/Modified BPP is abnormal.
  - Subsequent/repeat ultrasound is not usually necessary unless there are new indications or if BPP is abnormal.

Background and Supporting Information

- CPT® 76815 should never be reported with complete studies CPT® 76801/CPT® 76802, CPT® 76805/CPT® 76810 or CPT® 76811/CPT® 76812 or with CPT® 76816 or BPP (CPT® 76818 and CPT® 76819).

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (OB-19)

v1.0.2025

1. ACOG Practice Bulletin No. 229: Antepartum Fetal Surveillance. *Obstetrics & Gynecology*. 2021, Reaffirmed 2024;137(6):e177-e197. doi:10.1097/aog.0000000000004407
2. ACOG Committee Opinion No. 828. Indications for outpatient antenatal fetal surveillance. *Obstetrics & Gynecology.* 2021, Reaffirmed 2024;137:e177–e197. doi:10.1097/aog.0000000000004407
3. Practice Bulletin No. 175: Ultrasound in Pregnancy. *Obstetrics & Gynecology* 2016;128(6):e241-e256. Reaffirmed 2022. doi:10.1097/AOG.0000000000001815

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Fetal Growth Problems (FGR and Macrosomia) (OB-20)

Guideline

Fetal Growth Restriction Current Pregnancy (OB-20.1)
Macrosomia – Large for Dates Current Pregnancy (OB-20.2)
References (OB-20)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Fetal Growth Restriction Current Pregnancy (OB-20.1)

OB.FG.0020.1.A

v1.0.2025

- The ACOG definition of Fetal Growth Restriction (FGR): Estimated or actual weight of the fetus ≤10th percentile for gestational age, and/or Abdominal Circumference ≤10th percentile.

For Suspected FGR:
• If there is a ≥3cm difference in fundal height measurement and gestational age, **or** • FGR is suspected based on reduced fetal growth velocity, defined as a fall in the EFW or AC of 50% or more (e.g. from 70% to 20% ect.).[12] • Report **one** of the following: ◦ CPT® 76805/CPT® 76811 if otherwise indicated (plus CPT® 76810/CPT® 76812 for each additional fetus) if anatomy ultrasound has not yet been performed **or** ◦ CPT® 76816 if anatomy ultrasound (CPT® 76805/CPT® 76811) previously performed
• For clinical situations that have a higher probability of FGR such as maternal hypertension, maternal diabetes, previous stillbirth, etc. See **High Risk Pregnancy (OB-9)**, or the specific guidelines for these clinical entities for guidance regarding follow-up ultrasounds to assess fetal growth

For Known FGR:
• Detailed Fetal Anatomic Scan (CPT® 76811) at diagnosis if not already performed
• Starting at diagnosis, if ≥16 weeks gestation, follow up ultrasound (CPT® 76816) can be performed every 2 to 4 weeks if complete anatomy ultrasound previously performed • Starting at 22 weeks, a modified BPP (CPT®76815) can be performed once or twice weekly, **or** • Starting at 26 weeks, BPP (CPT® 76818 or CPT® 76819) **or** a modified BPP (CPT® 76815) can be performed once or twice weekly, **and** • Starting at 22 weeks Umbilical artery (UA) Doppler (CPT® 76820) can be performed weekly. • If FGR is diagnosed in the current ultrasound, BPP (CPT® 76818 or CPT® 76819) can be performed if ≥26 weeks, and/or UA Doppler (CPT® 76820) if ≥22 weeks.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

For Known FGR:
• If Severe FGR (EFW ≤3%, AC ≤3%), **OR** Abnormal UA Doppler studies (defined as a PI, RI, or S/D ratio greater than the 95th percentile for gestational age **OR** absent or reversed end-diastolic velocity (AEDV or REDV), **OR** confirmed oligohydramnios: ◦ BPP (CPT® 76818 or CPT® 76819 or CPT® 76815) and/or umbilical artery (UA) Doppler (CPT® 76820) can be performed twice weekly.[5]
• Per SMFM guidelines: Ductus venosus, middle cerebral artery, or uterine artery Doppler use for routine clinical management of early- or late-onset FGR is not recommended

Background and Supporting Information

- An abnormal umbilical artery Doppler is defined as a PI, RI, or S/D ratio greater than the 95th percentile for gestational age or an absent or reversed end-diastolic velocity (AEDV or REDV). Those with REDV are usually hospitalized for closer surveillance and delivery planning.
- Fetuses with early onset FGR are at significant risk for Intrauterine Fetal Demise (IUFD) and the rate of fetal growth prior to 23 weeks and Umbilical Artery (UA) Doppler findings may aid in counseling patients in this peri-viability period (Termination of Pregnancy (TOP) versus attempt at prolonging pregnancy till viability).
- In circumstances where CPT® 76811 cannot be performed See **Ultrasound Code Selection (OB-1.3)**
- Typically all components of the BPP (CPT® 76818 and CPT® 76819), such as breathing, are not present until ≥26 weeks gestation. However, a modified BPP (CPT® 76815) can be utilized sooner in certain high risk cases but should not be done prior to 22 weeks.
- CPT® 76815 should never be reported with complete studies CPT® 76801/CPT® 76802, CPT® 76805/CPT® 76810 or CPT® 76811/CPT® 76812 or with CPT® 76816 or BPP (CPT® 76818 and CPT® 76819).
- Though fetal anatomy survey (CPT® 76805/CPT® 76811) can be performed as early as 14 weeks gestation, per ACOG, in the absence of other specific indications, it is optimally performed at 18 to 22 weeks of gestation.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Macrosomia – Large for Dates Current Pregnancy (OB-20.2)

OB.FG.0020.2.A

v1.0.2025

- The ACOG definition of macrosomia: Estimated fetal weight of greater than 4000 grams (DM) or 4500 grams (non-DM); ≥90th percentile for gestational age.
- For history of a macrosomia See **Prior Pregnancy with Macrosomia (OB-9.4.1)**

For Suspected Macrosomia
• At ≥22 weeks gestation, if there is a ≥3 week difference in fundal height and gestational age, or if the estimated fetal weight is ≥90th percentile for gestational age[11], report **one** of the following: ◦ CPT® 76805 [plus CPT® 76810 for each additional fetus] if a complete fetal anatomic scan has not yet been performed **or** ◦ CPT® 76816 if a complete ultrasound was done previously • See **Unequal Fundal Size and Dates (OB-27.1)**
For Known Macrosomia ≥90th percentile
Report: • CPT® 76816 at ≥35 weeks for delivery planning (if more than 2 weeks since last growth).[11] • In a low risk pregnancy, ultrasound is generally not indicated to estimate fetal weight before 30 weeks gestation. As such, repeat imaging is generally not necessary unless needed to plan for delivery or if there are other high risk indications. • Additional imaging recommendations are usually guided by the cause of the fetal macrosomia (obesity, DM, etc.) See appropriate guideline for indication
• Per SMFM guidelines: Ductus venosus, middle cerebral artery, or uterine artery Doppler use for routine clinical management of early- or late-onset FGR is not recommended

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (OB-20)

v1.0.2025

1. ACOG Practice Bulletin No. 227: Fetal Growth Restriction. *Obstetrics & Gynecology*. 2021;137(2):e16-e28 doi: 10.1097/AOG.0000000000004251
2. Martins JG, Biggio, JR, Abuhamad, A. Society for Maternal-Fetal Medicine (SMFM) Consult Series #52: Diagnosis and Management of Fetal Growth Restriction. 2020 doi:10.1016/j.ajog.2015.01.059
3. ACOG Practice Bulletin No. 230: Obesity in Pregnancy, *Obstetrics & Gynecology*. 2021;137(6):e128-e144. doi:10.1097/aog.0000000000004395
4. ACOG Practice Bulletin No. 229: Antepartum Fetal Surveillance. *Obstetrics & Gynecology*. 2021, Reaffirmed 2024;137(6):e177-e197. doi:10.1097/aog.0000000000004407
5. ACOG Committee Opinion No. 828. Indications for outpatient antenatal fetal surveillance. American College of Obstetricians and Gynecologists. *Obstetrics & Gynecology*. 2021, Reaffirmed 2024;137(6):e177-e197. doi:10.1097/aog.0000000000004407
6. American Institute of Ultrasound in Medicine. AIUM practice guideline for the performance of detailed second-and–third-trimester diagnostic obstetric ultrasound examinations. *Journal of Ultrasound Medicine*. 2019; 38:3093-3100
7. ACOG Practice Bulletin No. 175: Ultrasound in Pregnancy. *Obstetrics & Gynecology*. 2016;128(6):e241-e256. Reaffirmed 2022. doi:10.1097/AOG.0000000000001815
8. Berkley E, Chauhan SP, Abuhamad A. Doppler assessment of the fetus with intrauterine growth restriction. *American Journal of Obstetrics and Gynecology*. 2012; 206(4):300-308. doi:10.1016/j.ajog.2012.01.022
9. Obstetric Care consensus No. 6: Periviable Birth. American College of Obstetricians and Gynecologists; Society for Maternal-Fetal Medicine. *Obstetrics & Gynecology*. 2017;130(4):e187-e199. Reaffirmed 2021. doi:10.1097/aog.0000000000002352
10. ACOG Practice Bulletin No. 216: Fetal Macrosomia. *Obstetrics & Gynecology*. 2020; 135(1):246-248. Reaffirmed 2023. doi:10.1097/aog.0000000000003607
11. Frick AP, Syngelaki A, Zheng M, Poon LC, Nicolaides KH. Prediction of large-for-gestational-age neonates: screening by maternal factors and biomarkers in the three trimesters of pregnancy. *Ultrasound Obstet Gynecol*. 2016 Mar;47(3):332-9. doi: 10.1002/uog.15780
12. ISUOG Practice Guidelines: diagnosis and management of small-for-gestational-age fetus and fetal growth restriction. *Ultrasound Obstet Gynecol* 2020; 56: 298–312

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Placental and Cord Abnormalities (OB-21)

Guideline

Single Umbilical Artery (Two Vessel Cord) (OB-21.1)
Persistent Right Umbilical Vein (PRUV) (OB-21.2)
Placental/Cord Abnormalities (OB-21.3)
Subchorionic Hematoma/Hemorrhage (Placental Hematoma) (OB-21.4)
Suspected Abruptio Placentae (OB-21.5)
Previa (Placenta Previa and Vasa Previa) (OB-21.6)
Placenta Accreta Spectrum (PAS): Accreta, Increta, Percreta (OB-21.7)
References (OB-21)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Single Umbilical Artery (Two Vessel Cord) (OB-21.1)

OB.UA.0021.1.A
v1.0.2025

If a single umbilical artery is found on initial imaging:	
• Detailed anatomic ultrasound at ≥16 weeks ◦ Though fetal anatomy survey (CPT® 76805/CPT® 76811) can be performed as early as 14 weeks gestation, per ACOG, in the absence of other specific indications, it is optimally performed at 18 to 22 weeks of gestation.	CPT® 76811
• Fetal echocardiogram (if ≥16 weeks)	CPT® 76825 **and/or** CPT® 76827 **and/or** CPT® 93325
• Follow-up ultrasound to evaluate fetal growth at ≥28 weeks and then every 3 to 6 weeks if more than one clinical high-risk factors are documented	CPT® 76816
• Weekly BPP or modified BPP starting at 36 weeks	CPT® 76818 **or** CPT® 76819 (BPP) **or** modified BPP CPT® 76815

Background and Supporting Information

- In circumstances where the individual is deemed to have an increased risk for a fetal abnormality and does not have access to a provider who can perform a fetal anatomic ultrasound examination (CPT® 76811) due to geographic or other constraints, a standard (after first trimester) fetal anatomic ultrasound examination (CPT® 76805) can be authorized instead.
- CPT® 76811 and CPT® 76812 should only be used once per pregnancy unless the mother changes to a new medical caregiver at a new office and there is a new medical indication and/or change in condition.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Persistent Right Umbilical Vein (PRUV) (OB-21.2)

OB.UA.0021.2.A
v1.0.2025

PRUV – is a variant of the usual intra-abdominal umbilical venous connection. It may be associated with other fetal defects.

If a PRUV is found on initial imaging:	
• Detailed anatomic ultrasound at ≥16 weeks ◦ Though fetal anatomy survey (CPT® 76805/CPT® 76811) can be performed as early as 14 weeks gestation, per ACOG, in the absence of other specific indications, it is optimally performed at 18 to 22 weeks of gestation. .	CPT® 76811
• Fetal echocardiogram (if ≥16 weeks)	CPT® 76825 **and/or** CPT® 76827 **and/or** CPT® 93325
• Follow-up ultrasound to evaluate fetal growth at ≥22 weeks and then every 3 to 6 weeks if more than one clinical high-risk factors are documented	CPT® 76816
• Weekly BPP or modified BPP starting at 32 weeks	CPT® 76818 **or** CPT® 76819 (BPP) **or** modified BPP CPT® 76815

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Placental/Cord Abnormalities (OB-21.3)

OB.UA.0021.3.A
v1.0.2025

Placental/Cord Abnormalities (OB-21.3.1)

Circumvallate Placenta

Placental hemangioma

Succenturiate placenta or accessory lobe

Hypo/Hyper-coiled Umbilical Cord

Marginal Cord Insertion

Umbilical cord cyst

Velamentous Cord Insertion

- Fetal anatomic scan can be performed after 16 weeks (CPT® 76805/CPT® 76811) with or without CPT® 93976 (limited duplex scan of arterial and venous)
  - Though fetal anatomy survey (CPT® 76805/CPT® 76811) can be performed as early as 14 weeks gestation, per ACOG, in the absence of other specific indications, it is optimally performed at 18 to 22 weeks of gestation.
- Ultrasound CPT® 76817 can be performed to evaluate the placenta and/or cord in relation to the cervix
- Ultrasound (CPT® 76816) with or without CPT® 93976 (limited duplex scan) every 3-6 weeks starting at 28 weeks until delivery
- Weekly BPP or modified BPP (CPT® 76818/CPT® 76819 or CPT® 76815) starting at 32 weeks

Background and Supporting Information

- **Hypo/Hyper-coiled umbilical cord -** Several studies have reported an increased frequency of adverse pregnancy outcome, including congenital anomalies, growth restriction, fetal heart rate abnormalities, preterm birth, and intrauterine death in pregnancies with both hypocoiled and hypercoiled umbilical cord**.**

Other Placental/Cord Abnormalities (OB-21.3.2)

Amniotic Sheet/ Amniotic Band (Uterine Synechiae)

- Fetal anatomic scan can be performed after 16 weeks (CPT® 76805)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

  - Though fetal anatomy survey (CPT® 76805/CPT® 76811) can be performed as early as 14 weeks gestation, per ACOG, in the absence of other specific indications, it is optimally performed at 18 to 22 weeks of gestation.
- One follow-up Ultrasound (CPT® 76816) can be performed in the 3rd trimester to ensure that the band is not restricting fetal growth or movement.
- **Amniotic Band Syndrome** is a completely different entity, associated with an increased risk of fetal anomalies and poor outcome. If Amniotic band syndrome is suspected or diagnosed, image as in **High Risk Pregnancy (OB-9)**.

Chorioangioma

Umbilical cord varix

- Detailed fetal anatomic scan can be performed after 16 weeks (CPT® 76811) with or without CPT® 93976 (limited duplex scan).
  - Though fetal anatomy survey (CPT® 76805/CPT® 76811) can be performed as early as 14 weeks gestation, per ACOG, in the absence of other specific indications, it is optimally performed at 18 to 22 weeks of gestation.
- Ultrasound (CPT® 76816) with or without CPT® 93976 (limited duplex scan) every 3-6 weeks starting at the time of diagnosis until delivery
- Weekly BPP (CPT® 76818 or CPT® 76819) or a modified BPP (CPT® 76815) starting at 32 weeks
- Both chorioangioma and UVV can be associated with fetal anemia and/or low output heart failure. As such, MCA Dopplers (CPT® 76821) may be indicated on a case-by-case basis, e.g. If turbulence develops within the UVV
- If suspected or known hydrops, Fetal ECHO (CPT® 76825, CPT® 76827, CPT® 93325) may be indicated. See **Fetal Echocardiography - Indications for Fetal Conditions (OB-12.2)**. If fetal hydrops develops then image as per **Alloimmunization/Rh Isoimmunization (OB-16.1)**

Background and Supporting Information

- Amniotic Bands visualized on ultrasound are often due to uterine synechiae (intrauterine adhesions), residual gestation sac of a demised twin, fibrin strands s/p bleeding, chorioamniotic separation or may be noted with a circumvallate placenta. In general, they are benign entities and are not associated with adverse pregnancy outcome.
- In circumstances where the individual is deemed to have an increased risk for a fetal abnormality and does not have access to a provider who can perform the more desirable fetal and maternal ultrasound with detailed fetal anatomic examination (CPT® 76811) due to geographic or other constraints, a standard (after first trimester) fetal and maternal ultrasound (CPT® 76805) can be authorized instead.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

- CPT® 76811 and CPT® 76812 should only be used once per pregnancy unless the mother changes to a new medical caregiver at a new office and there is a new medical indication and/or change in condition

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Subchorionic Hematoma/Hemorrhage (Placental Hematoma) (OB-21.4)

OB.UA.0021.4.A
v1.0.2025

Subchorionic Hematoma/Hemorrhage (Placental Hematoma)
• Ultrasound can be performed for follow-up of a known subchorionic hematoma or placental hematoma ◦ CPT® 76815 and/or CPT® 76817 if the last ultrasound was performed ≥7 days ago or ◦ CPT® 76816 and/or CPT® 76817 if a complete ultrasound scan was performed ≥2 weeks ago
• Imaging can be repeated earlier than seven days if there are new or worsening symptoms such as an increasing amount of vaginal bleeding or increasing cramping or pain.
• No further imaging is needed if the follow-up ultrasound shows that the hemorrhage has resolved.
• If pregnancy is in second or third trimester follow **Suspected Abruptio Placentae (OB-21.5)**

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Suspected Abruptio Placentae (OB-21.5)

OB.UA.0021.5.A
v1.0.2025

Suspected Abruptio Placentae
Second and Third Trimesters
• For **suspected** abruptio placentae: ◦ CPT® 76805 [plus CPT® 76810 for each additional fetus] or CPT® 76811 if confirmed,[16] and/or CPT® 76817 if a complete fetal anatomic scan has not yet been performed during this pregnancy, with or without CPT® 93976 (limited duplex scan) ◦ CPT® 76815 for limited ultrasound and/or CPT® 76817, or ◦ CPT® 76816 if anatomy ultrasound was done previously, and/or CPT® 76817 ◦ Vaginal bleeding with +KB (Kleihauer-Betke) – feto-maternal hemorrhage – at risk for fetal anemia and hydrops CPT® 76821 can be performed.
• Ultrasound is appropriate to follow-up a **known** abruption: ◦ CPT® 76815 or CPT® 76816 if a complete ultrasound was done previously and/or CPT® 76817. ◦ The number and frequency of follow-up ultrasounds will depend on the degree of abruption and the presence or absence of ongoing signs and symptoms.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Previa (Placenta Previa and Vasa Previa) (OB-21.6)

OB.UA.0021.6.A
v1.0.2025

Placenta Previa (OB-21.6.1)

Placenta Previa
Second and Third Trimesters
• For **suspected** placenta previa (placental edge covers the internal cervical os) one of the following ultrasound can be performed: ◦ CPT® 76805 [plus CPT® 76810 for each additional fetus] and/or CPT® 76817 if a complete fetal anatomic scan has not yet been performed during this pregnancy with or without CPT® 93976 (limited duplex scan) **or** ◦ CPT® 76815 for limited ultrasound and/or CPT® 76817 with or without CPT® 93976 (limited duplex scan) **or** ◦ CPT® 76816 if a complete ultrasound was done previously **and/or** CPT® 76817 for a transvaginal ultrasound with or without CPT® 93976 (limited duplex scan)
• For **known** placenta previa (placental edge covers the internal cervical os) or low lying placenta (placental edge <2 cm from internal os): ◦ One routine follow-up ultrasound can be performed in the 3rd trimester (CPT® 76815 or CPT® 76816 and/or CPT® 76817) ▪ If placenta previa or low lying placenta is still present, one follow-up ultrasound (CPT® 76815 or CPT® 76816 and/or CPT® 76817) can be performed in 3-4 weeks ◦ If persistent placenta previa (placental edge covers the internal cervical os), BPP (CPT® 76818/CPT® 76819 or modified BPP (CPT® 76815) weekly, starting at 32 weeks ◦ Follow-up ultrasound can be performed at any time if bleeding occurs BPP (CPT® 76818 **or** CPT® 76819) **or** CPT® 76815 **or** CPT® 76816 if a complete ultrasound was done previously **and/or** CPT® 76817)

Background and Supporting Information

- For pregnancies beyond 16 weeks, if the placental edge is ≥2 cm away from the internal os, the placental location should be reported as normal.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

- If the placental edge is <2 cm from the internal os but not covering the internal os, it should be labeled as low lying.
- If the placental edge covers the internal cervical os, the placenta should be labeled as a placenta previa.
- "There is no evidence to guide the optimal time of subsequent imaging in pregnancies thought to have placenta previa. In stable patients it is reasonable to perform a follow-up ultrasonogram at approximately 32 weeks of gestation and an additional study at 36 weeks of gestation (if the previa persists) to determine the optimal route and timing of delivery. There is no clear benefit from more frequent ultrasonograms (eg, every 4 weeks) in stable cases."[17]

Vasa Previa (OB-21.6.2)

- Vasa previa occurs when fetal blood vessels that are unprotected by the umbilical cord or placenta run through the amniotic membranes and cross over the internal cervical os.

If a Vasa Previa is found on initial imaging:	
Detailed anatomic ultrasound at ≥16 weeks • Though fetal anatomy survey (CPT® 76805/CPT® 76811) can be performed as early as 14 weeks gestation, per ACOG, in the absence of other specific indications, it is optimally performed at 18 to 22 weeks of gestation.	CPT® 76811 and/or[19] CPT® 76817
Follow-up growth ultrasound every 2 to 4 weeks starting at ≥22 weeks	CPT® 76816 and/or[19] CPT® 76817
Once vasa previa is confirmed cervical length screening every 2 to 4 weeks starting at 28 weeks	CPT® 76817 and CPT® 76816 or CPT® 76815
BPP or modified BPP weekly starting at 32 weeks (can be performed earlier and/or more frequently if worsening fetal condition suspected)	CPT® 76818 or CPT® 76819 (BPP) or CPT® 76815

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Placenta Accreta Spectrum (PAS): Accreta, Increta, Percreta (OB-21.7)

OB.UA.0021.7.A
v1.0.2025

- PAS includes placenta accreta, placenta increta or placenta percreta.

Suspected PAS (OB-21.7.1)

- For **suspected** PAS:
  - CPT® 76811 or CPT® 76805 and/or CPT® 76817 if a complete fetal anatomic scan has not yet been performed. Can be performed with or without CPT® 93976 (limited duplex scan) **or**
  - CPT® 76816 (if a complete ultrasound was done previously) or CPT® 76815 and/or CPT® 76817 with or without CPT® 93976 (limited duplex scan)
  - MRI Pelvis without contrast (CPT® 72195) if inconclusive or equivocal ultrasound

Known PAS (OB-21.7.2)

- For **known** PAS:
  - Follow up growth ultrasounds can be performed every 2 to 4 weeks (CPT® 76816 if a complete ultrasound was done previously and/or CPT® 76817)
  - BPP (CPT® 76818 or CPT® 76819) or a modified BPP (CPT® 76815) weekly, starting at 32 weeks or sooner if indicated (other high-risk concerns)
  - Follow-up ultrasound can be performed at any time if bleeding occurs (CPT® 76815 and/or CPT® 76817)
  - MRI Pelvis without contrast (CPT® 72195) if the ultrasound is indeterminate or advanced imaging is needed for surgical planning. MRI Pelvis without contrast (CPT® 72195) is the appropriate code if only placenta or maternal pelvis is imaged without fetal imaging
    - The uterus, tubes and ovaries arise out of the pelvis and are considered pelvic organs. If the uterus rises out of the pelvic cavity, the imaging field can be determined on scout films. Imaging of the abdomen is not supported for problems suspected to arise from the pelvis.
    - The scout images (CT) and localizer images (MRI) are used to define the imaging field that is relevant to anatomical structures of clinical interest. The imaging field is defined by this clinical question, not by the imaging procedure code. The imaging code indicates the general anatomical region but does not define the specific imaging protocol or sequences.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Background and Supporting Information

- ACOG recommendations for imaging during pregnancy and lactation:
  - Ultrasonography and magnetic resonance imaging (MRI) are not associated with risk and are the imaging techniques of choice for the pregnant patient, but they should be used prudently and only when use is expected to answer a relevant clinical question or otherwise provide medical benefit to the patient.
  - The use of gadolinium contrast with MRI should be limited; it should be used as a contrast agent in a pregnant female only if it significantly improves diagnostic performance and is expected to improve fetal or maternal outcome.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (OB-21)

v1.0.2025

1. ACOG Committee Opinion No. 723. Guidelines for Diagnostic Imaging During Pregnancy and Lactation *Obstetrics & Gynecology*. 2017 Oct;130(4):933-934. Reaffirmed 2021 doi: 10.1097/AOG.0000000000002350
2. AIUM Practice Parameter for the Performance of Limited Obstetric Ultrasound Examinations by Advanced Clinical Providers. *Journal of Ultrasound in Medicine*. 2018;37(7):1587-1596. doi:10.1002/jum.14677
3. Prabhu,M, Kuller,JA, Biggio, JR. Society for Maternal-Fetal Medicine Consult Series #57: Evaluation and management of isolated soft ultrasound markers for aneuploidy in the second trimester. October 2021
4. Lide B, Lindsley W, Foster MJ, Hale R, Haeri S. Intrahepatic Persistent Right Umbilical Vein and Associated Outcomes. *Journal of Ultrasound in Medicine*. 2016;35(1):1-5. doi:10.7863/ultra.15.01008
5. Zangen R, Boldes R, Yaffe H, Schwed P, Weiner Z. Umbilical cord cysts in the second and third trimesters: significance and prenatal approach. *Ultrasound in Obstetrics and Gynecology*. 2010;36(3):296-301. doi:10.1002/uog.7576
6. Predanic M, Perni SC, Chasen ST, et.al. Ultrasound evaluation of abnormal umbilical cord coiling in second trimester of gestation in association with adverse pregnancy outcome. *American Journal of Obstetrics and Gynecology*. 2005 Aug;193(2):387-94. doi:10.1016/j.ajog.2004.12.092
7. Laat MWMD, Franx A, Bots ML, Visser GHA, Nikkels PGJ. Umbilical Coiling Index in Normal and Complicated Pregnancies. *Obstetrics & Gynecology*. 2006;107(5):1049-1055. doi:10.1097/01.aog.0000209197.84185.15
8. Mckinney J, Rac MW, Gandhi M. Society for Maternal-Fetal Medicine (SMFM) Fetal Anomalies Consult Series #2: December 2019. https://doi.org/10.1016/j.ajog.2019.09
9. Jensen KK, Oh KY, Kennedy AM, Sohaey R. Intrauterine Linear Echogenicities in the Gravid Uterus: What Radiologists Should Know. *Radiographics*. 2018 Mar-Apr;38(2):642-657. doi: 10.1148/rg.2018170062
10. Sistrom CL, Ferguson JE. Abnormal membranes in obstetrical ultrasound: incidence and significance of amniotic sheets and circumvallate placenta. *Ultrasound in Obstetrics and Gynecology*. 1993 Jul 1;3(4):249-55. doi: 10.1046/j.1469-0705.1993.03040249.x
11. Weissmann-Brenner A, Simchen MJ, Moran O, Kassif E, Achiron R, Zalel Y. Isolated fetal umbilical vein varix-prenatal sonographic diagnosis and suggested management. Prenatal Diagnosis. 2009;29(3):229-233. doi:10.1002/pd.2219
12. Zalel Y, Lehavi O, Heifetz S, et al. Varix of the fetal intra-abdominal umbilical vein: prenatal sonographic diagnosis and suggested in utero management. *Ultrasound in Obstetrics and Gynecology*. 2000;16(5):476-478. doi:10.1046/j.1469-0705.2000.00283.x
13. Lee SW, Kim MY, Kim JE, Chung JH, Lee HJ, Yoon JY. Clinical characteristics and outcomes of antenatal fetal intra-abdominal umbilical vein varix detection. *Obstetrics & Gynecology Science*. 2014;57(3):181. doi:10.5468/ogs.2014.57.3.181
14. ACOG Committee Opinion No. 831 Summary: Medically Indicated Late-Preterm and Early-Term Deliveries. *Obstetrics & Gynecology*. 2021;138:e35-39
15. Tuuli MG, Norman SM, Odibo AO, Macones GA, Cahill AG. Perinatal Outcomes in Women With Subchorionic Hematoma. *Obstetrics & Gynecology*. 2011;117(5):1205-1212. doi:10.1097/aog.0b013e31821568de
16. Gyamfi-Bannerman C. Society for Maternal-Fetal Medicine (SMFM) Consult Series #44: Management of bleeding in the late preterm period. *American Journal of Obstetrics and Gynecology*. 2018;218(1). doi:10.1016/j.ajog.2017.10.019
17. Heller HT, Mullen KM, Gordon RW, Reiss RE, Benson CB. Outcomes of pregnancies with a low-lying placenta diagnosed on second-trimester sonography. *Journal of Ultrasound in Medicine*. 2014 Apr;33(4):691-6. doi: 10.7863/ultra.33.4.691
18. Silver RM. Abnormal Placentation Placenta Previa, Vasa Previa, and Placenta Accreta. Obstetrics & Gynecology. 2015;126(3):654-668. doi:10.1097/aog.0000000000001005
19. Sinkey RG, Odibo AO, Dashe JS. Society for Maternal-Fetal Medicine (SMFM) #37: Diagnosis and management of vasa previa. *American Journal of Obstetrics and Gynecology*. 2015;213(5):615-619. doi:10.1016/j.ajog.2015.08.031
20. Cahill AG, Beigi R, Heine P, Silver RM, Wax JR. Placenta Accreta Spectrum. Obstetric Care Consensus No. 7. *Obstetrics & Gynecology*. 2018;132(6):e259-e275. doi:10.1097/aog.0000000000002983

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

21. Kilcoyne A, Shenoy-Bhangle AS, Roberts DJ, Sisodia RC, Gervais DA, Lee SI. MRI of Placenta Accreta, Placenta Increta, and Placenta Percreta: Pearls and Pitfalls. *American Journal of Roentgenology*. 2017;208(1):214-221. doi:10.2214/ajr.16.16281
22. SMFM Coding Committee White Paper: Coding for Placenta Accreta Spectrum
23. Calì G, Giambanco L, Puccio G, Forlani F. Morbidly adherent placenta: evaluation of ultrasound diagnostic criteria and differentiation of placenta accreta from percreta. *Ultrasound in Obstetrics & Gynecology*. 2013;41(4):406-412. doi:10.1002/uog.12385
24. Jauniaux E, Collins S, Burton GJ. Placenta accreta spectrum: pathophysiology and evidence-based anatomy for prenatal ultrasound imaging. *American Journal of Obstetrics and Gynecology*. 2018;218(1):75-87. doi:10.1016/j.ajog.2017.05.067
25. Mari G, Norton ME, Stone J, et al. Society for Maternal-Fetal Medicine (SMFM) Clinical Guideline #8: The fetus at risk for anemia–diagnosis and management. *American Journal of Obstetrics and Gynecology*. 2015;212(6):697-710. doi:10.1016/j.ajog.2015.01.059
26. Shainker SA, Coleman B, Timor-Tritsch IE, Bhide A, Bromley B, Cahill AG, Gandhi M, Hecht JL, Johnson KM, Levine D, Mastrobattista J, Philips J, Platt LD, Shamshirsaz AA, Shipp TD, Silver RM, Simpson LL, Copel JA, Abuhamad A; Society for Maternal-Fetal Medicine. Electronic address: pubs@smfm.org. Special Report of the Society for Maternal-Fetal Medicine Placenta Accreta Spectrum Ultrasound Marker Task Force: Consensus on definition of markers and approach to the ultrasound examination in pregnancies at risk for placenta accreta spectrum. *American Journal of Obstetrics and Gynecology*. 2021 Jan;224(1):B2-B14. doi: 10.1016/j.ajog.2020.09.001

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Late-term/Post-term Pregnancy (OB-22)

Guideline

Late-term/Post-term Pregnancy (OB-22.1)
References (OB-22)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Late-term/Post-term Pregnancy (OB-22.1)

OB.LT.0022.1.A
v1.0.2025

- Ultrasound is supported at ≥41 weeks gestation
  - CPT® 76816 (if ≥2 weeks since last follow up ultrasound).
  - Twice weekly BPP (CPT® 76818 or CPT® 76819) or modified BPP CPT® 76815

Background and Supporting Information

- In late-term/post-term pregnancies, uterine artery Doppler velocimetry (CPT® 93976) has not been found to be useful. Per SMFM - uterine artery Doppler has limited diagnostic accuracy and clinical utility in predicting FGR, SGA birth, and perinatal mortality.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (OB-22)

v1.0.2025

1. Practice Bulletin No. 146: Management of Late-Term and Postterm Pregnancies. *Obstetrics & Gynecology*. 2014;124(2, PART 1):390-396. Reaffirmed 2020. doi:10.1097/01.AOG.0000452744.06088.48
2. Martins JG, Biggio JR, Abuhamad A. Society for Maternal-Fetal Medicine (SMFM) Consult Series #52: Diagnosis and Management of Fetal Growth Restriction. *American Journal of Obstetrics and Gynecology*. 2020. doi:10.1016/j.ajog.2020.05.010
3. ACOG Committee Opinion No. 828. Indications for outpatient antenatal fetal surveillance. American College of Obstetricians and Gynecologists. *Obstetrics & Gynecology*. 2021, Reaffirmed 2024;137(6):e177-e197. doi:10.1097/aog.0000000000004407

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Preterm/Prelabor Rupture of Membranes (OB-23)

Guideline

Current Preterm/Prelabor Rupture of Membranes (PPROM) (OB-23.1)
Current Prelabor Rupture of Membranes (PROM) (OB-23.2)
References (OB-23)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Current Preterm/Prelabor Rupture of Membranes (PPROM) (OB-23.1)

OB.RM.0023.1.A

v1.0.2025

- If suspected preterm/prelabor rupture of membranes (<37 weeks) perform:
  - One time CPT® 76815 for quick look for AFI check, **OR**
  - If confirmed oligohydramnios or PPROM CPT® 76816 or CPT® 76811 if detailed anatomy scan not previously performed[1] for delivery planning
    - This will likely result in a hospital admission for evaluation and monitoring until delivery. Only in rare cases is outpatient monitoring performed.
- See **Amniotic Fluid Abnormalities (OB-17.1)**

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Current Prelabor Rupture of Membranes (PROM) (OB-23.2)

OB.RM.0023.2.A
v1.0.2025

- If ≥37 weeks and PROM is suspected
  - One time CPT® 76815 for quick look for AFI check, **OR**
  - CPT® 76816 (If confirmed oligohydramnios or PROM), for delivery planning
    - This will likely result in a hospital admission for delivery

Background and Supporting Information

- CPT® 76815 should never be reported with complete studies CPT® 76801/CPT® 76802, CPT® 76805/CPT® 76810 or CPT® 76811/CPT® 76812 or with CPT® 76816 or BPP (CPT® 76818 and CPT® 76819).

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (OB-23)

v1.0.2025

1. ACOG Practice Bulletin No. 234: Prediction and Prevention of Spontaneous Preterm Birth. *Obstetrics & Gynecology*. 2021;138(2):e65-e90. doi:10.1097/aog.0000000000004479
2. ACOG Practice Bulletin No. 171: Management of Preterm Labor. *Obstetrics & Gynecology*. 2016;128(4):e155-e164. Reaffirmed 2022. doi:10.1097/AOG.000000000000171
3. ACOG Practice Bulletin No. 217: Prelabor Rupture of Membranes. *Obstetrics & Gynecology*. March 2020;135:e80–e97. Reaffirmed 2023. doi: 10.1097/AOG.0000000000003701
4. ACOG Committee Opinion No. 831. Medically Indicated Late-Preterm and Early-Term Deliveries. *Obstetrics & Gynecology*. 2021;138(1):e35-e39. doi:10.1097/aog.0000000000004447

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Previous C-section or History of Uterine Scar (OB-24)

Guideline

Previous C-section or History of Uterine Scar (OB-24.1)
References (OB-24)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Previous C-section or History of Uterine Scar (OB-24.1)

OB.CS.0024.1.A
v1.0.2025

Previous Cesarean section and/or uterine scar
• Report one of the following: ◦ Complete first trimester ultrasound CPT® 76801 [plus CPT® 76802 for each additional fetus] if <14 weeks and a complete ultrasound has not yet been performed, and/or CPT® 76817 for a transvaginal ultrasound ▪ CPT® 76801 is preferred for dating, but if this is unable to be completed then CPT® 76815 and/or CPT® 76817 for a transvaginal ultrasound is indicated • For a normal/low risk pregnancy report a fetal anatomy ultrasound CPT® 76805 if ≥16 weeks. If pregnancy is high risk report a detailed fetal anatomy ultrasound CPT® 76811 if ≥16 weeks – See **High Risk Pregnancy (OB-9)** • Growth scan (CPT® 76816) in the early third trimester (between 28-32 weeks) **and** • CPT® 76816 once in the late third trimester for delivery planning (36-38 weeks) • Transvaginal ultrasound, CPT® 76817 if poor visualization of the lower uterine segment or if uterine wall thinning (dehiscence) is suspected. • If a cesarean scar pregnancy[5] is suspected, can perform: ◦ CPT® 76817 with or without CPT® 93976 (limited duplex scan) and/or ◦ CPT® 76376 or CPT® 76377 ◦ MRI Pelvis without contrast (CPT® 72195) if inconclusive or equivocal ultrasound • See **3D and 4D Rendering (OB 28.12)** and **Suspected PAS (OB-21.7.1)**

Background and Supporting Information

- Cesarean scar pregnancy (CSP) is a complication in which an early pregnancy implants in the fibrous tissue of a prior uterine scar. Because of the fibrous nature of scar tissue, a CSP is at risk for dehiscence, placenta accreta and hemorrhage. Females who consider pregnancy after a CSP are at significant risk of recurrence.
- A combination of transvaginal and transabdominal, combined with color Doppler ultrasound imaging are recommended for diagnosis.
- CPT® 76815 should never be reported with complete studies CPT® 76801/CPT® 76802, CPT® 76805/CPT® 76810 or CPT® 76811/CPT® 76812 or with CPT® 76816 or BPP (CPT® 76818 and CPT® 76819).

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

- Though fetal anatomy survey (CPT® 76805/CPT® 76811) can be performed as early as 14 weeks gestation, per ACOG, in the absence of other specific indications, it is optimally performed at 18 to 22 weeks of gestation.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (OB-24)

v1.0.2025

1. Gyamfi-Bannerman C, Gilbert S, Landon MB, et al. Risk of Uterine Rupture and Placenta Accreta With Prior Uterine Surgery Outside of the Lower Segment. *Obstetrics & Gynecology*. 2012;120(6):1332-1337. doi:10.1097/aog.0b013e318273695b
2. ACOG Practice Bulletin No. 205: Vaginal Birth After Cesarean Delivery. *Obstetrics & Gynecology*. 2019;133(2):110-127. doi:10.1097/aog.0000000000003078
3. Hamar BD, Levine D, Katz NL, Lim K-H. Expectant Management of Uterine Dehiscence in the Second Trimester of Pregnancy. *Obstetrics & Gynecology*. 2003;102(Supplement):1139-1142. doi:10.1097/00006250-200311001-00006
4. Oyelese Y, Tchabo J-G, Chapin B, Nair A, Hanson P, Mclaren R. Conservative Management of Uterine Rupture Diagnosed Prenatally on the Basis of Sonography. *Journal of Ultrasound in Medicine*. 2003;22(9):977-980. doi:10.7863/jum.2003.22.9.977
5. Miller R, Timor-Tritsch IE, Gyamfi-Bannerman C. Society for Maternal-Fetal Medicine (SMFM) Consult Series #49: Cesarean scar pregnancy. *American Journal of Obstetrics and Gynecology*. 2020;222(5):B2-B14. doi:10.1016/j.ajog.2020.01.030
6. Ramanathan S, Raghu V, Ladumor SB, Nagadi AN, Palaniappan Y, Dogra V, Schieda N. Magnetic resonance imaging of common, uncommon, and rare implantation sites in ectopic pregnancy. *Abdom Radiol (NY)*. 2018 Dec;43(12):3425-3435. doi: 10.1007/s00261-018-1604-2
7. Dibble EH, Lourenco AP. Imaging Unusual Pregnancy Implantations: Rare Ectopic Pregnancies and More. *AJR Am J Roentgenol*. 2016 Dec;207(6):1380-1392. doi: 10.2214/AJR.15.15290

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Termination of Pregnancy – Imaging (OB-25)

Guideline

Imaging for Planned Pregnancy Termination (OB-25.1)
References (OB-25)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Imaging for Planned Pregnancy Termination (OB-25.1)

OB.PT.0025.1.A
v1.0.2025

- State and Federal legislation supersede these guidelines, see individual state regulations. For states in which pregnancy termination is supported by law, imaging as follows:
- For a planned pregnancy termination, ultrasound can be performed to determine intrauterine pregnancy and gestational age.
  - Complete first trimester anatomy ultrasound CPT® 76801 if <14 weeks and/or CPT® 76817, or
  - CPT® 76815 and/or CPT® 76817, or
  - If ≥14 weeks, CPT® 76805 (or CPT® 76811 if otherwise indicated, e.g. termination planned for chromosomal of structural fetal anomaly) can be performed (there may be State mandated imaging prior to termination).
- Routine follow-up is not usually necessary after uncomplicated medical abortion.
- For suspected medical abortion complication See **Spontaneous Abortion/ Threatened/Missed Abortion (OB 5.4)**

Background and Supporting Information

- In general, most ultrasounds are indicated for planned pregnancy termination regardless of clinical information provided. Imaging may be indicated to confirm EGA, placenta location, and/or fetal anomalies.
- Though routine follow-up is not usually necessary after uncomplicated medical abortion, if otherwise medically indicated or preferred by the patient, follow-up ultrasound assessment after a medically induced termination can be considered
- CPT® 76815 should never be reported with complete studies CPT® 76801/CPT® 76802, CPT® 76805/CPT® 76810 or CPT® 76811/CPT® 76812 or with CPT® 76816 or BPP (CPT® 76818 and CPT® 76819).
- Though fetal anatomy survey (CPT® 76805/CPT® 76811) can be performed as early as 14 weeks gestation, per ACOG, in the absence of other specific indications, it is optimally performed at 18 to 22 weeks of gestation

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (OB-25)

v1.0.2025

1. ACOG Practice Bulletin No.225. Medication abortion up to 70 days of gestation. *Obstetrics & Gynecology*. 2020;136:e31-47. Reaffirmed 2023.
2. ACOG Practice Bulletin No. 135. Second-trimester abortion. *Obstetrics & Gynecology*. 2013;121(6):1394-1406. Reaffirmed 2021. Reaffirmed 2023. doi:10.1097/01.aog.0000431056.79334.cc

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Trauma (OB-26)

Guideline

Trauma – Imaging (OB-26.1)
References (OB-26)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Trauma – Imaging (OB-26.1)

OB.TR.0026.1.A
v1.0.2025

Prior to 13 weeks:
• Blunt trauma in the first trimester (prior to 13 weeks) generally does not cause pregnancy loss with the exception of profound hypotension: ◦ No imaging is indicated unless there is cramping and/or bleeding.
Between 13-20 weeks gestation:
• CPT® 76815 and/or CPT® 76817 can be performed, **or** • Complete first trimester anatomy ultrasound CPT® 76801 and/or CPT® 76817 if complete ultrasound has not yet been performed, and is <14 weeks **or** • CPT® 76805 (plus CPT® 76810 for each additional fetus) (or CPT® 76811/CPT® 76812 if otherwise indicated) if ≥14 weeks, when complete fetal anatomic scan has not yet been performed
After 20 weeks:
• CPT® 76805 (or CPT® 76811 plus CPT® 76812 for each additional fetus if otherwise indicated) when a fetal anatomic scan has not yet been performed, or • CPT® 76815 and/or CPT® 76817 or • CPT® 76816 • Additionally, starting at 26 weeks, BPP (CPT® 76818 or CPT® 76819) or modified BPP (CPT® 76815) can be considered • CPT® 76821 if vaginal bleeding with +KB (Kleihauer-Betke) (if feto-maternal hemorrhage - at risk for fetal anemia and hydrops) • Other advanced imaging may be indicated. See **Blunt Abdominal Trauma (AB-10.1)**

Background and Supporting Information

- Typically all components of the BPP (CPT® 76818 and CPT® 76819), such as breathing, are not present until ≥26 weeks gestation. However, a modified BPP (CPT® 76815) can be utilized sooner in certain high risk cases but should not be done prior to 22 weeks.
- CPT® 76815 should never be reported with complete studies CPT® 76801/CPT® 76802, CPT® 76805/CPT® 76810 or CPT® 76811/CPT® 76812 or with CPT® 76816 or BPP (CPT® 76818 and CPT® 76819).

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

- Though fetal anatomy survey (CPT® 76805/CPT® 76811) can be performed as early as 14 weeks gestation, per ACOG, in the absence of other specific indications, it is optimally performed at 18 to 22 weeks of gestation.
- ACOG recommendations for imaging during pregnancy and lactation:
  - Ultrasonography and magnetic resonance imaging (MRI) are not associated with risk and are the imaging techniques of choice for the pregnant patient, but they should be used prudently and only when use is expected to answer a relevant clinical question or otherwise provide medical benefit to the patient.
  - With few exceptions, radiation exposure through radiography (Xrays), computed tomography (CT) scan, or nuclear medicine imaging techniques is at a dose much lower than the exposure associated with fetal harm. If these techniques are necessary in addition to ultrasound or MRI or are more readily available for the diagnosis in question, they should not be withheld from a pregnant patient.
  - The use of gadolinium contrast with MRI should be limited; it should be used as a contrast agent in a pregnant female only if it significantly improves diagnostic performance and is expected to improve fetal or maternal outcome.
  - With regards to iodinated IV contrast media, “it is generally recommended that contrast only be used if absolutely required to obtain additional diagnostic information that will affect the care of the fetus or woman during pregnancy”.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (OB-26)

v1.0.2025

1. Jain V, Chari R, Maslovitz S, Farine D; Maternal Fetal Medicine Committee, Bujold E, Gagnon R, Basso M, Bos H, Brown R, Cooper S, Gouin K, McLeod NL, Menticoglou S, Mundle W, Pylypjuk C, Roggensack A, Sanderson F. Guidelines for the Management of a Pregnant Trauma Patient. *Journal of Obstetrics and Gynecology Can*. 2015 Jun;37(6):553-74. English, French. doi: 10.1016/s1701-2163(15)30232-2
2. Greco PS, Day LJ, Pearlman MD. Guidance for Evaluation and Management of Blunt Abdominal Trauma in Pregnancy. *Obstetrics & Gynecology*. 2019 Dec;134(6):1343-1357. doi: 10.1097/AOG.0000000000003585
3. Mari G, Norton ME, Stone J, et al. Society for Maternal-Fetal Medicine (SMFM) Clinical Guideline #8: The fetus at risk for anemia–diagnosis and management. *American Journal of Obstetrics and Gynecology*. 2015;212(6):697-710. doi:10.1016/j.ajog.2015.01
4. ACOG Practice Bulletin No. 211: Critical Care in Pregnancy. *Obstetrics & Gynecology*. 2019 May;133(5):e303-e319. Reaffirmed 2021. doi: 10.1097/AOG.0000000000003241

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Unequal Fundal Size and Dates (OB-27)

Guideline

Unequal Fundal Size and Dates (OB-27.1)
References (OB-27)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Unequal Fundal Size and Dates (OB-27.1)

OB.US.0027.1.A
v1.0.2025

Unequal fundal size is defined as ≥3 cm difference between fundal height measurement and gestational age (weeks), at ≥22 weeks gestation
• One ultrasound can be performed (CPT® 76805) if complete fetal anatomic scan is planned and has not been performed **or** • CPT® 76816 if complete anatomy scan or detailed anatomy ultrasound (CPT® 76805/CPT® 76811) has been done previously • Where fundus cannot be adequately palpated such as in obesity, leiomyomas, multiple gestations, See appropriate chapter

Background and Supporting Information

- CPT® 76815 should never be reported with complete studies CPT® 76801/CPT® 76802, CPT® 76805/CPT® 76810 or CPT® 76811/CPT® 76812 or with CPT® 76816 or BPP (CPT® 76818 and CPT® 76819).
- Though fetal anatomy survey (CPT® 76805/CPT® 76811) can be performed as early as 14 weeks gestation, per ACOG, in the absence of other specific indications, it is optimally performed at 18 to 22 weeks of gestation

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (OB-27)

v1.0.2025

1. Pay A, Frøen J, Staff A, Jacobsson B, Gjessing H. Prediction of small-for-gestational-age status by symphysis-fundus height: a registry-based population cohort study. *BJOG: An International Journal of Obstetrics & Gynaecology*. 2016;123(7):1167-1173. doi:10.1111/1471-0528.13727
2. Pay ASD, Wiik J, Backe B, Jacobsson B, Strandell A, Klovning A. Symphysis-fundus height measurement to predict small-for-gestational-age status at birth: a systematic review. *BMC Pregnancy and Childbirth*. 2015;15(1). doi:10.1186/s12884-015-0461-z
3. ACOG Practice Bulletin No. 227: Fetal Growth Restriction. *Obstetrics & Gynecology*. 2021;137(2):e16-e28 doi: 10.1097/AOG.0000000000004251
4. ACOG Practice Bulletin No. 216: Macrosomia. *Obstetrics & Gynecology*. 2020;135(1):246-248. Reaffirmed 2023. doi:10.1097/aog.0000000000003607

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Procedure Coding Basics for Established Pregnancy (OB-28)

Guideline

Procedure Coding Basics for Established Pregnancy General Considerations (OB-28.1)
Required Elements for Complete First Trimester Ultrasound (OB-28.2)
Required Elements for Second or Third Trimester Fetal Anatomic Evaluation Ultrasound (OB-28.3)
Required Elements for a Detailed Fetal Anatomic Evaluation Ultrasound (OB-28.4)
Fetal Nuchal Translucency (OB-28.5)
Limited and Follow-up Studies (OB-28.6)
Obstetric Transvaginal Ultrasound (OB-28.7)
Biophysical Profile (BPP) (OB-28.8)
Fetal Doppler (OB-28.9)
Duplex Scan (OB-28.10)
Fetal Echocardiography (OB-28.11)
3D and 4D Rendering (OB-28.12)
Required Elements for a Detailed First Trimester Fetal Anatomic Evaluation Ultrasound (OB-28.13)
References (OB-28)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Procedure Coding Basics for Established Pregnancy General Considerations (OB-28.1)

OB.PC.0028.1.A

v1.0.2025

- All obstetric ultrasound studies require permanently recorded images which may be stored on film or in a Picture Archiving and Communication System (PACS). Obstetric ultrasound services may not be billed without image recording.
- Ultrasound procedure codes include the preparation of a required final written report which should be included in the patient's medical record.
  - Each procedure code has specific required elements which are described in this section.
  - The report should document the results of the evaluation of each element or the reason any element is non-visualized.
  - Documentation of less than the required elements requires the billing of the "limited" code for that anatomic region.
  - Only one (1) limited exam should be billed per encounter.
- The use of a hand-held or any Doppler device that does not create a hard-copy output is considered part of the physical examination and is not separately billable.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Required Elements for Complete First Trimester Ultrasound (OB-28.2)

OB.PC.0028.2.A
v1.0.2025

CPT® Code Guidance
• Complete First Trimester Ultrasound [CPT® 76801 and CPT® 76802 (for each additional fetus)] can be performed up to and including 13 6/7 weeks gestation and is defined in CPT® as including the following elements: ◦ Number and size of gestational sacs and fetuses ◦ Survey of visible fetal anatomic structures and placental evaluation when possible ◦ Qualitative assessment of amniotic fluid volume/gestational sac shape ◦ Examination of maternal uterus and adnexa
• Complete First Trimester Ultrasound (CPT® 76801 and CPT® 76802) should only be reported once per pregnancy/per practice/facility unless the mother changes to a new medical caregiver at a new practice/facility and there is a new medical indication for ultrasound.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Required Elements for Second or Third Trimester Fetal Anatomic Evaluation Ultrasound (OB-28.3)

OB.PC.0028.3.A
v1.0.2025

CPT® Code Guidance

- A complete second or third trimester fetal anatomic evaluation ultrasound (CPT® 76805 and CPT® 76810 for each additional fetus) is defined in CPT® as including the following elements:
  - **Head, face, and neck:** Lateral cerebral ventricles; Choroid plexus; Midline falx; Cavum septum pellucidum; Cerebellum; Cistern magna; Upper lip: A measurement of the nuchal fold may be helpful during a specific age interval to assess the risk of aneuploidy
  - **Chest/Heart:** Four-chamber view; Left and Right ventricular outflow tracts
  - **Abdomen:** Stomach (presence, size, and situs); Kidneys; Urinary bladder; Umbilical cord insertion site into the fetal abdomen and number of vessels
  - **Spine:** Cervical, thoracic, lumbar, and sacral spine
  - **Extremities:** Legs and arms
  - **Genitalia:** (In multiple gestations and when medically indicated)
  - **Placenta:** Location; Relationship to internal os; Appearance; Placental cord insertion (when possible) and overall standard evaluation
  - Fetal number and Presentation
  - Qualitative or semi-qualitative estimate of amniotic fluid
  - **Maternal anatomy:** Cervix (transvaginal if cervical length on transabdominal ultrasound appears shortened (≤3.6cm) and transvaginal exam would be needed to guide therapeutic recommendations), Uterus, and Adnexa See **Cervical Length Screening (OB-7.3)**
  - **Fetal Biometry**: Biparietal diameter, Head circumference, Femur length, Abdominal circumference, and Fetal weight estimate.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

CPT® Code Guidance
• CPT® 76805 and CPT® 76810 **should only be used once per pregnancy per practice/facility** unless the mother changes to a new medical caregiver at a new practice/facility and there is a new medical indication for ultrasound. • Though fetal anatomy survey (CPT® 76805/CPT® 76811) can be performed as early as 14 weeks gestation, per ACOG, in the absence of other specific indications, it is optimally performed at 18 to 22 weeks of gestation. This timing allows for a survey of fetal anatomy and an accurate estimation of gestational age • Follow-up studies to CPT® 76805/CPT® 76810 should be coded as CPT® 76815 or CPT® 76816.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Required Elements for a Detailed Fetal Anatomic Evaluation Ultrasound (OB-28.4)

OB.PC.0028.4.A
v1.0.2025

CPT® Code Guidance
• Detailed fetal anatomy scan (CPT® 76811 and CPT® 76812 for each additional fetus) is generally performed by those with special skills to perform this study, such as Maternal Fetal Medicine specialists (Perinatologists), or Radiologists **with advanced training in fetal imaging**.
• CPT® 76811 and CPT® 76812 are defined in CPT® as including all of the requirements listed for CPT® 76805 and CPT® 76810. In addition, the report must document detailed anatomic evaluation of the following elements: ◦ **Head, face, and neck:** 3rd and 4th ventricles; Lateral ventricles; Cerebellar lobes, vermis, and cisterna magna; Corpus callosum; Integrity and shape of cranial vault; Brain parenchyma; Neck; Profile; Coronal face (nose/lips/lenses); Palate, maxilla, mandible, and tongue; Ear position and size; Orbits ◦ **Chest/Heart**: Aortic arch; Superior and inferior vena cava; 3-vessel view; 3-vessel and trachea view; Lungs; Integrity of diaphragm; Ribs ◦ **Abdomen**: Small and large bowel; Adrenal glands; Gallbladder; Liver; Renal arteries; Spleen; Integrity of abdominal wall ◦ **Spine**: Integrity of spine and overlying soft tissue; Shape and curvature ◦ **Extremities**: Number: architecture and position; Hands; Feet; Digits: number and position ◦ Genitalia: Gender ◦ **Placenta:** Masses; Placental cord insertion; Accessory/succenturiate lobe with location of connecting vascular supply to primary placenta ◦ **Biometry**: Cerebellum; Inner and outer orbital diameters; Nuchal thickness (16 to 20 wk); Nasal bone measurement (15 to 22 wk); Humerus; Ulna/radius; Tibia/fibula ◦ **Maternal Anatomy**: Cervix (transvaginal if cervical length on transabdominal ultrasound appears shortened (≤3.6cm) and transvaginal exam would be needed to guide therapeutic recommendations); Uterus; Adnexa See **Cervical Length Screening (OB-7.3)**

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

CPT® Code Guidance
• CPT® 76811 and CPT® 76812 **should only be used once per pregnancy per practice/ facility** unless the mother changes to a new medical caregiver at a new facility and there is a new medical indication for ultrasound. • Though fetal anatomy survey (CPT® 76805/CPT® 76811) can be performed as early as 14 weeks gestation, per ACOG, in the absence of other specific indications, it is optimally performed at 18 to 22 weeks of gestation. This timing allows for a survey of fetal anatomy and an accurate estimation of gestational age • Follow-up studies to CPT® 76811/CPT® 76812 should be coded as CPT® 76815 or CPT® 76816. • In circumstances where the individual is deemed to have an increased risk for a fetal abnormality and does not have access to a provider who can perform a fetal anatomic ultrasound examination (CPT® 76811) due to geographic or other constraints, a standard (after first trimester) fetal anatomic ultrasound examination (CPT® 76805) can be authorized instead.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Fetal Nuchal Translucency (OB-28.5)

OB.PC.0028.5.A
v1.0.2025

CPT® Code Guidance
• CPT® 76813 and CPT® 76814 (for each additional fetus) describe ultrasound measurement of the clear (translucent) space at the back of the fetal neck. ◦ The first trimester screening can be performed if CRL measures 44-83 mm (typically between 10 4/7 and 14 weeks' gestation). • Abnormal Fetal Nuchal Translucency scan (NT ≥3 mm or above the 95th percentile for the CRL) suggests an increased risk for aneuploidy, or may be a marker for cardiac defects, abdominal wall defects, diaphragmatic hernia, and genetic syndromes in euploid fetuses during current pregnancy. • The sonographer performing the study and/or the physician interpreting the study must be credentialed by the Maternal Fetal Medicine Foundation or Nuchal Translucency Quality Review Program (NTQR)
• The use of ultrasound codes (CPT® 76801/CPT® 76802) should be indication driven and should not be routinely done whenever an ultrasound for nuchal translucency (CPT® 76813/CPT® 76814) is requested. In cases where there is either a maternal and/or fetal indication, then the CPT® 76801 code can be billed along with the nuchal translucency screening (CPT® 76813/CPT® 76814). • Fetal Nuchal Translucency (CPT® 76813 and CPT® 76814) should only be reported once per pregnancy

Background and Supporting Information

- The first trimester screening is typically done between 11 and 13 6/7 weeks but can be performed if the crown rump length (CRL) measures between 44-83 mm (typically at gestational age range 10 4/7 to 14 weeks)
- **Required elements of the CPT® 76813 ultrasound code include:**
  - Fetal crown-rump measurement
  - Observation of fetal cardiac activity
  - Observation of the embryo at high magnification until the embryonic neck is in a neutral position and spontaneous embryonic movement allows for differentiation between the outer edge of the nuchal skin and the amnion
  - Measurement of the largest distance between the inner borders of the fetal nuchal translucency

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Limited and Follow-up Studies (OB-28.6)

OB.PC.0028.6.A
v1.0.2025

CPT® Code Guidance
• **CPT® 76815** describes a **limited** or "quick look" study used when medically indicated to report one or more of the elements listed in the code definition, i.e. "fetal heartbeat", placental location, for viability/dating (when indicated), or fluid check (re: modified BPP which is NST with CPT® 76815) ◦ Reported only once, regardless of the number of fetuses, and only once per date of service ◦ CPT® 76815 should never be reported with complete studies CPT® 76801/CPT® 76802, CPT® 76805/CPT® 76810 or CPT® 76811/CPT® 76812 or with CPT® 76816 or BPP (CPT® 76818 and CPT® 76819).
• **CPT® 76816** describes a **follow-up** ultrasound (eg, re-evaluation of fetal size by measuring standard growth parameters and amniotic fluid volume, re-evaluation of organ system(s) suspected or confirmed to be abnormal on a previous scan), trans-abdominal approach, per fetus. ◦ The use of this CPT code is reserved for subsequent follow up ultrasound only; i.e. complete ultrasound (CPT® 76801, or CPT® 76805/CPT® 76811) must have been performed previously. ◦ Components include: Focused assessment of fetal biometry, amniotic fluid volume and/or a detailed re-examination of a specific organ or system known or suspected to be abnormal on prior ultrasound. ◦ CPT® 76816 should be reported once per fetus evaluated in follow-up. ◦ CPT® 76816 should never be reported with complete studies (CPT® 76801, CPT® 76802, CPT® 76805/CPT® 76810, or CPT® 76811/CPT® 76810) or with a limited study (CPT® 76815). ◦ CPT® 76816 should not be performed prior to a CPT® 76801 and/or an anatomy scan CPT® 76805 (normal pregnancy) or Detailed anatomy scan CPT® 76811 (high risk pregnancy), and is typically not performed before 14 weeks gestation.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Obstetric Transvaginal Ultrasound (OB-28.7)

OB.PC.0028.7.A
v1.0.2025

CPT® Code Guidance
• **CPT® 76817** is used to report an obstetrical transvaginal ultrasound for cervical length assessment (when indicated), or in certain circumstances with poor visualization by transabdominal US assessment.
• **CPT® 76817** is reported only once regardless of the number of fetuses.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Biophysical Profile (BPP) (OB-28.8)

OB.PC.0028.8.A
v1.0.2025

CPT® Code Guidance
• CPT® 76818 includes non-stress testing. Supported ≥26 weeks.
• CPT® 76819 does not include the non-stress testing portion. Supported ≥26 weeks
• CPT® 76815 is a modified BPP – includes NST and AFI. Supported ≥22 weeks
• BPPs performed on more than one fetus, should be reported separately. • Modified BPP (CPT® 76815) should be reported only once, regardless of the number of fetuses, and only once per date of service. • Modified BPP (CPT® 76815) should never be reported with complete studies, CPT® 76805/CPT® 76810 or CPT® 76811/CPT® 76812 or with CPT® 76816 or BPP (CPT® 76818 and CPT® 76819).

Background and Supporting Information

- The BPP is designed to predict the presence or absence of fetal asphyxia and, ultimately the risk of fetal death. A BPP is scored out of 10 with each parameter given a score of 0 or 2. A score ≥8 is considered normal. The following parameters are evaluated:
  - Fetal breathing movements
  - Gross fetal body movements
  - Fetal tone
  - Amniotic fluid volume, at least one vertical pocket 2 x 2 cm
  - Reactive FHR (non-stress testing portion)
- CPT® 76815 is used to assess the AFI portion of a modified BPP (NST + AFI)
- Typically all components of the BPP (CPT®76818 and CPT®76819), such as breathing, are not present until ≥26 weeks gestation. However, a modified BPP (CPT®76815) can be utilized sooner in certain high risk cases but should not be done prior to 22.
- If BPP ≤6, repeat BPP in ≤24 hours

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Fetal Doppler (OB-28.9)

OB.PC.0028.9.A
v1.0.2025

CPT® Code Guidance
• CPT® 76820 describes Doppler velocimetry of the umbilical artery (UA Doppler) ◦ Utilized for known FGR; See **Fetal Growth Restriction Current Pregnancy (OB-20.1)** and known oligohydramnios See **Amniotic Fluid Abnormalities (OB-17.1)**, and is typically performed ≥22 weeks gestation. ◦ Can be performed with known twin to twin transfusion or known discordant twins (See **Multiple Gestations (OB-11)**) ◦ Its use to predict preeclampsia, and stillbirth is considered investigational.
• CPT® 76821 describes Doppler velocimetry of the middle cerebral artery (MCA Doppler). ◦ Performed to evaluate a fetus at risk for anemia due to Rhesus isoimmunization/ alloimmunization (as a substitute for amniocentesis), Twin anemia polycythemia sequence and non-immune hydrops caused by parvovirus B19 infection or any other known acquired or congenital cause of fetal anemia. See **Alloimmunization/Rh Isoimmunization (OB-16.1)**, **Other Causes of Fetal Anemia (OB-16.5)**, and **Multiple Gestations (OB-11)** • MCA Doppler (CPT® 76821) assessment can be performed if the fetus is at high risk for fetal anemia due to other pregnancy complications, e.g. chorioangioma, umbilical vein varix, or finding of sustained fetal tachyarrhythmia or bradyarrhythmia or a known congenital heart defect with suspected heart failure in the fetus - See **Indications for Fetal Conditions (OB-12.2)**, **Alloimmunization/Rh Isoimmunization (OB-16.1)**, and **Placental and Cord Abnormalities (OB-21)** • SMFM suggest that ductus venosus, middle cerebral artery, or uterine artery Doppler use for routine clinical management of early- or late-onset FGR *is not recommended*

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Duplex Scan (OB-28.10)

OB.PC.0028.10.A

v1.0.2025

- A Duplex scan describes an ultrasonic scanning procedure for characterizing the pattern and direction of blood flow in arteries and veins. It produces real-time images integrating a B-mode two dimensional vascular structure, Doppler spectral analysis, and color flow Doppler imaging.
- **CPT® 93976** describes a limited duplex scan and is used during pregnancy to report uterine artery Doppler studies (done to report fetal umbilical-placental flow evaluation, accreta or other placental or cord abnormalities).
  - **CPT® 93975** describes a complete duplex scan. This code is **NOT** used in obstetrical imaging.
- The minimal use of color Doppler alone, when performed for anatomical structure identification, during a standard ultrasound procedure, is not separately reimbursable.
- SMFM state that uterine artery Doppler has limited diagnostic accuracy and clinical utility in predicting FGR, SGA birth, and perinatal mortality. As such, its use for screening in high risk groups is not recommended

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Fetal Echocardiography (OB-28.11)

OB.PC.0028.11.A
v1.0.2025

CPT® Code Guidance
• CPT® 76825 describes a complete fetal echocardiography. • CPT® 76827 describes a complete Doppler echocardiography, fetal, pulsed wave and/or continuous wave with spectral display ◦ It is usually billed along with CPT® 76825
• CPT® 76826 describes a follow-up or repeat fetal echocardiogram ◦ It should never be billed with CPT® 76825 or more than once per fetus on any date of service • CPT® 76828 is a follow-up or repeat Doppler fetal echocardiogram
• Procedure code (CPT® 76827 or CPT® 76828) includes the evaluation of veins, arteries, and valves, and covers Doppler evaluation of the ductus venosus, ductus arteriosus, and PR Interval measurement as well as other vessels. Guidelines do not support the additional billing of CPT® 76820 and/or CPT® 76821. • It is inappropriate to report codes CPT® 76825 – CPT® 76828 for the routine monitoring of fetal heart tones using a hand-held or any Doppler device that does not create a hard-copy output. Such fetal heart tone monitoring is considered part of the physical examination and is not separately billable.
• CPT® 93325 is used to report color mapping in conjunction with fetal echocardiography procedures CPT® 76825 – CPT® 76828. ◦ The use of color Doppler (CPT® 93325) alone, when performed for anatomical structure identification, during a standard ultrasound procedure, is not separately reimbursable.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

3D and 4D Rendering (OB-28.12)

OB.PC.0028.12.A

v1.0.2025

- There is currently insufficient data to generate appropriateness criteria for the use of 3D and 4D rendering in conjunction with Obstetrical ultrasound imaging.
  - Per ACOG, despite the technical advantages of 3-dimensional ultrasonography, proof of a clinical advantage of 3-dimensional ultrasonography in prenatal diagnosis, in general, is still lacking.
- However, 3D-4D (CPT® 76376 or CPT® 76377) rendering can be considered in certain situations of abnormal pregnancy implantation like suspected C-section scar pregnancies or suspected cornual (interstitial) ectopic pregnancy, or to locate an IUD. See **Locate an Intrauterine Device (IUD) (OB-3.1)**, **Previous C-section or History of Uterine Scar (OB 24.1)**, **Ectopic Pregnancy (OB 5.3)**, and **Uterine Anomalies (PV-14.1)** in the Pelvis Imaging Guidelines
- 3D-4D (CPT® 76376 or CPT® 76377) rendering can be used for surgical planning with diagnosis of complex CHD in the fetus or for surgical planning of other complex fetal malformations.[16]

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Required Elements for a Detailed First Trimester Fetal Anatomic Evaluation Ultrasound (OB-28.13)

OB.PC.0028.13.A
v1.0.2025

CPT® Code Guidance
• Detailed first trimester fetal anatomy scan, CPT® 76801 **plus** CPT® 76813 (and CPT® 76802 **plus** CPT® 76814 for each additional fetus) can be performed between 12 weeks 0 days and 13 weeks 6 days when indicated (See **Detailed First Trimester Fetal Anatomic Scan (OB-9.12)** for indications).

A Detailed first trimester fetal anatomy scan must document detailed anatomic evaluation of the following elements:

- **General:** Cardiac activity; Number of fetuses and gestational sacs
- **Head, face, and neck:** Cranial bones (calvarium); falx cerebri; choroid plexus; transthalamic flax cerebri; Thalami; Posterior fossa; brain stem; 4th ventricles; cisterns magna; Corpus callosum; nasal bone; profile; maxilla; mandible; evaluation for cystic hygroma, dilated jugular; lymphatic sacs; nuchal translucency evaluation
- **Chest/Heart**: Cardiac position and axis; 4-chamber view; 3- vessel and trachea view; Lungs; Integrity of diaphragm; Ribs
- **Abdomen**: Stomach; Liver; Cord insertion into abdominal wall; Bladder; Umbilical arteries; Integrity of abdominal wall
- **Spine**: Integrity of spine and overlying soft tissue; Shape and curvature
- **Extremities**: Number: architecture and position; Hands; Feet: number and position
- **Placenta:** Position; Umbilical cord insertion; Echo texture
- **Biometry**: Crown-rump length
- **Maternal Anatomy**: Myometrial masses; Mullein duct anomalies; Uterus; Ovaries; Adnexa and cul-de-sac

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

CPT® Code Guidance
• A Detailed first trimester fetal anatomy scan, CPT® 76801 plus CPT® 76812 (and CPT® 76802 plus CPT® 76814 for each additional fetus) should only be reported once per pregnancy/per practice/facility unless the mother changes to a new medical caregiver at a new practice/facility and there is a new medical indication for ultrasound. • It is generally performed by those with special skills to perform this study, such as Maternal Fetal Medicine specialists (Perinatologists), or Radiologists **with advanced training in fetal imaging**.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (OB-28)

v1.0.2025

1. AIUM-ACR-ACOG-SMFM-SRU Practice Parameter for the Performance of Standard Diagnostic Obstetric Ultrasound Examinations. *Journal of Ultrasound in Medicine*. 2018;37(11). doi:10.1002/jum.14831
2. AIUM Practice Parameter for the Performance of Detailed Second- and Third-Trimester Diagnostic Obstetric Ultrasound Examinations. *Journal of Ultrasound in Medicine*. 2019;38(12):3093-3100. doi:10.1002/jum.15163
3. Reddy UM, Abuhamad AZ, Levine D, Saade GR. Fetal Imaging: Executive Summary of a Joint Eunice Kennedy Shriver National Institute of Child Health and Human Development, Society for Maternal-Fetal Medicine, American Institute of Ultrasound in Medicine, American College of Obstetricians and Gynecologists, American College of Radiology, Society for Pediatric Radiology, and Society of Radiologists in Ultrasound Fetal Imaging Workshop. *Obstetrics & Gynecology*. 2014;123(5):1070-1082. doi:10.1097/aog.0000000000000245
4. Practice Bulletin No. 175: Ultrasound in Pregnancy. *Obstetrics & Gynecology*. 2016;128(6):e241-e256. Reaffirmed 2020. Reaffirmed 2022. doi:10.1097/AOG.0000000000001815
5. ACOG Practice Bulletin No. 226: Screening for Fetal Chromosomal Abnormalities. *Obstetrics & Gynecology*. 2020;136(4):e48-e69. Reaffirmed 2024 doi:10.1097/aog.0000000000004084
6. Society for Maternal and Fetal Medicine (SMFM), coding committee. SMFM Coding Committee White Paper: Billing of 76801 and/or 76813 with cfDNA. October 2017
7. AIUM Practice Parameter for the Performance of Limited Obstetric Ultrasound Examinations by Advanced Clinical Providers. *Journal of Ultrasound in Medicine*. 2018;37(7):1587-1596. doi:10.1002/jum.14677
8. ACOG Practice Bulletin No. 229: Antenatal Fetal Surveillance. *Obstetrics & Gynecology*. 2021;137(6):e177-e197. Reaffirmed 2024 doi:10.1097/aog.0000000000004407
9. ACOG Committee Opinion No. 828. Indications for outpatient antenatal fetal surveillance. American College of Obstetricians and Gynecologists. *Obstetrics & Gynecology*. 2021;137:e177–97. Reaffirmed 2024 doi:10.1097/aog.0000000000004407
10. ACOG Practice Bulletin No. 227: Fetal Growth Restriction. Obstet Gynecol. 2021;137(2):e16-e28 doi: 10.1097/AOG.0000000000004251
11. Galan HL. Timing Delivery of the Growth-Restricted Fetus. Seminars in Perinatology. 2011;35(5):262-269. doi:10.1053/j.semperi.2011.05.009
12. Martins JG, Biggio JR, Abuhamad A. Society for Maternal-Fetal Medicine (SMFM) Consult Series #52: Diagnosis and Management of Fetal Growth Restriction. *American Journal of Obstetrics and Gynecology*. 2020. doi:10.1016/j.ajog.2020.05.010
13. AIUM Practice Parameter for the Performance of Fetal Echocardiography. *Journal of Ultrasound in Medicine*. 2019;39(1). doi:10.1002/jum.15188
14. Miller R, Timor-Tritsch IE, Gyamfi-Bannerman C. Society for Maternal-Fetal Medicine (SMFM) Consult Series #49: Cesarean scar pregnancy. *American Journal of Obstetrics and Gynecology*. 2020;222(5):B2-B14. doi:10.1016/j.ajog.2020.01.030
15. Dibble EH, Lourenco AP. Imaging Unusual Pregnancy Implantations: Rare Ectopic Pregnancies and More. *AJR Am J Roentgenol*. 2016 Dec;207(6):1380-1392. doi: 10.2214/AJR.15.15290
16. Ramanathan S, Raghu V, Ladumor SB, Nagadi AN, Palaniappan Y, Dogra V, Schieda N. Magnetic resonance imaging of common, uncommon, and rare implantation sites in ectopic pregnancy. *Abdom Radiol (NY)*. 2018 Dec;43(12):3425-3435. doi: 10.1007/s00261-018-1604-2
17. Lloyd DFA, Pushparajah K, Simpson JM, et al. Three-dimensional visualisation of the fetal heart using prenatal MRI with motion-corrected slice-volume registration: a prospective, single-centre cohort study. *The Lancet*. 2019;393(10181):1619-1627. doi:10.1016/s0140-6736(18)32490-5

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Table of Contents

Guideline

General Guidelines (ONC-1)
Primary Central Nervous System Tumors (ONC-2)
Squamous Cell Carcinomas of the Head and Neck (ONC-3)
Salivary Gland Cancers (ONC-4)
Melanomas and Other Skin Cancers (ONC-5)
Thyroid Cancer (ONC-6)
Small Cell Lung Cancer (ONC-7)
Non-Small Cell Lung Cancer (ONC-8)
Esophageal and GE Junction Cancer (ONC-9)
Other Thoracic Tumors (ONC-10)
Breast Cancer (ONC-11)
Sarcomas – Bone, Soft Tissue, and GIST (ONC-12)
Pancreatic Cancer (ONC-13)
Upper GI Cancers (ONC-14)
Neuroendocrine Cancers and Adrenal Tumors (ONC-15)
Colorectal and Small Bowel Cancer (ONC-16)
Renal Cell Cancer (RCC) (ONC-17)
Transitional Cell Cancer (ONC-18)
Prostate Cancer (ONC-19)
Testicular, Ovarian and Extragonadal Germ Cell Tumors (ONC-20)
Ovarian Cancer (ONC-21)
Uterine Cancer (ONC-22)
Cervical Cancer (ONC-23)
Anal Cancer & Cancers of the External Genitalia (ONC-24)
Multiple Myeloma and Plasmacytomas (ONC-25)
Leukemias, Myelodysplasia and Myeloproliferative Neoplasms (ONC-26)
Non-Hodgkin Lymphomas (ONC-27)
Hodgkin Lymphoma (ONC-28)
Hematopoietic Stem Cell Transplantation (ONC-29)
Medical Conditions with Cancer in the Differential Diagnosis (ONC-30)
Metastatic Cancer, Carcinoma of Unknown Primary Site, and Other Types of Cancer (ONC-31)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

General Guidelines (ONC-1)

Guideline

Abbreviations for Oncology Imaging Guidelines
General Guidelines (ONC-1.0)
Key Principles (ONC-1.1)
Phases of Oncology Imaging and General Phase-Related Considerations (ONC-1.2)
Nuclear Medicine (NM) Imaging in Oncology (ONC-1.3)
PET Imaging in Oncology (ONC-1.4)
Unlisted Procedure Codes in Oncology (ONC-1.5)
Predisposition Syndromes (ONC-1.6)
References (ONC-1)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Abbreviations for Oncology Imaging Guidelines

ON.GG.Abbreviations.A
v3.0.2025

Abbreviations for Oncology Imaging Guidelines	
ACTH	adrenocorticotropic hormone
AFP	alpha-fetoprotein
ALKP	alkaline phosphatase
AP	anteroposterior
betaHCG	beta human chorionic gonadotropin
CA 125	cancer antigen 125 test
CA 19-9	cancer antigen 19-9
CA 15-3	cancer antigen 15-3
CA 27-29	cancer antigen 27-29
CBC	complete blood count
CEA	carcinoembryonic antigen
CNS	central nervous system
CR	complete response
CTA	computed tomography angiography
DCIS	ductal carcinoma in situ
DLBCL	diffuse large B cell lymphomas
DRE	digital rectal exam
EGD	esophagogastroduodenoscopy
ENT	ear, nose, throat
EOT	end of therapy
ERCP	endoscopic retrograde cholangiopancreatography
ESR	erythrocyte sedimentation rate

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Abbreviations for Oncology Imaging Guidelines	
EUA	exam under anesthesia
EUS	endoscopic ultrasound
FDG	fluorodeoxyglucose
FNA	fine needle aspiration
FUO	fever of unknown origin
GE	gastroesophageal
GI	gastrointestinal
GU	genitourinary
GTR	gross total resection
HG	high-grade
HIV	human immunodeficiency disease
HRPC	hormone refractory prostate cancer
hypermet	hypermetabolic
IFRT	involved field radiation therapy
inv	invasive
LAR	low anterior resection
LCIS	lobular carcinoma in situ
LDH	lactate dehydrogenase
LFT	liver function tests
LND	lymph node dissection
MALT	mucosa associated lymphoid tissue
maint	maintenance
MEN	multiple endocrine neoplasia
MG	myasthenia gravis
MGUS	monoclonal gammopathy of unknown significance
MIBG	I-123 metaiodobenzylguanidine scintigraphy
MRA	magnetic resonance angiography

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Abbreviations for Oncology Imaging Guidelines	
MRI	magnetic resonance imaging
MUGA	'multiple gated acquisition' cardiac nuclear scan
MWA	microwave ablation
NaF	sodium fluoride
NET	neuroendocrine tumor
NCCN®	National Comprehensive Cancer Network
NHL	non-Hodgkin's lymphoma
NPC	nasopharyngeal carcinoma
NSABP	National Surgical Adjuvant Breast and Bowel Project
NSAIDS	nonsteroidal anti-inflammatory drugs
NSCLC	non-small cell lung cancer
NSGCT	non-seminomatous germ cell tumor
PA	posteroanterior
PCI	prophylactic cranial irradiation
PET	positron emission tomography
COG	Children's Oncology Group
PSA	prostate specific antigen
RFA	radiofrequency ablation
RPLND	retroperitoneal lymph node dissection
SqCCa	squamous cell carcinoma
SCLC	small cell lung cancer
SIADH	syndrome of inappropriate secretion of antidiuretic hormone
TCC	transitional cell carcinoma
TLH	total laparoscopic hysterectomy
TNM	tumor node metastasis staging system
TSH	thyroid-stimulating hormone
TURBT	trans-urethral resection of bladder tumor

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Abbreviations for Oncology Imaging Guidelines	
VIPoma	vasoactive intestinal polypeptide
WLE	wide local incision
WB-MRI	whole body MRI
WM	Waldenstrom's macroglobulinemia
WBXRT	whole brain radiation therapy

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

General Guidelines (ONC-1.0)

ON.GG.0001.0.A
v3.0.2025

- A relevant clinical evaluation or meaningful contact (telephone call, electronic mail or messaging) should be performed prior to considering advanced imaging, unless the individual is undergoing guideline-supported scheduled off therapy surveillance evaluation or cancer screening. The clinical evaluation may include a relevant history and physical examination, including biopsy, appropriate laboratory studies, and results of non-advanced or advanced imaging modalities.
- Unless otherwise stated in the disease-specific guideline, a histological confirmation of malignancy (or recurrence) and the stage of disease is required to perform a medical necessity review of the requested imaging.
- Generally, the studies listed in the disease-specific sections reflect the studies supported by current literature and research for that condition. If a study is not listed, then it is not supported.
- Routine imaging of brain, spine, neck, chest, abdomen, pelvis, bones, or other body areas is not indicated except where explicitly stated in a diagnosis-specific guideline section, or if one of the following applies:
  - Known prior disease involving the requested body area
  - New or worsening symptoms or physical exam findings involving the requested body area (including non-specific findings such as ascites or pleural effusion)
  - New finding on basic imaging study such as plain x-ray or ultrasound
  - New finding on adjacent body area CT/MRI study (i.e., pleural effusion observed on CT abdomen)
- Unless otherwise stated in the disease-specific guideline, advanced imaging of asymptomatic individuals is not routinely supported without signs or symptoms of systemic involvement of cancer.
- Repeat imaging studies are not generally necessary unless there is evidence of disease progression, recurrence of disease, and/or the repeat imaging will affect an individual's clinical management.
- Conventional imaging performed prior to diagnosis should not be repeated unless there is a delay of at least 6 weeks since previous imaging and treatment initiation or there are new or significantly worsening clinical signs or symptoms

Phase	Imaging Timeframe
After definitive local therapy of primary tumor (surgery or radiation therapy)	• Follow surveillance guidelines

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Phase	Imaging Timeframe
During adjuvant chemotherapy	• Follow surveillance guidelines
After ablative therapy	• See disease-specific guidelines
During chemotherapy or immunotherapy for measurable disease	• Every 2 cycles (generally every 6 to 8 weeks)
During endocrine/hormonal therapy for measurable disease	• Every 3 months (12 weeks)
Measurable metastatic disease being monitored off therapy	• Every 3 months (12 weeks)
Minimal metastatic disease on maintenance therapy	• Every 3 months (12 weeks)
Surveillance for history of metastatic disease with complete response and being observed off-therapy	• Imaging typically not indicated beyond 5 years from completion of treatment for metastatic disease

- Advanced imaging is not indicated for evaluation of in situ or non-invasive cancers or cancer surveillance after complete surgical removal of primary disease unless otherwise stated in the cancer-specific guidelines.
- Advanced imaging is not indicated for monitoring disease in individuals who choose to not receive standard oncologic therapy but may be receiving alternative therapies or palliative care and/or hospice. All advanced imaging indicated for initial staging of the specific cancer type can be approved once when the individual is considering initiation of a standard therapeutic approach (surgery, chemotherapy, or radiation therapy).
- Brain imaging is performed for signs or symptoms of brain disease
  - MRI Brain without and with contrast (CPT® 70553) is the recommended study for evaluation of suspected or known brain metastases. If a non-contrast CT head shows suspicious lesion, MRI brain may be obtained to further characterize the lesion.
  - CT without and with contrast (CPT® 70470) can be approved when MRI is contraindicated or not available, or if there is skull bone involvement.
  - Certain malignancies including, but not limited to melanoma and lung cancer have indications for brain imaging for asymptomatic individuals.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

  - If stage IV disease is demonstrated elsewhere or if systemic disease progression is noted, refer to disease specific guidelines.
  - Initiation of angiogenesis therapy is not an indication for advanced imaging of the brain in asymptomatic individuals (Avastin/Bevacizumab; < 3% risk of bleeding and < 1% risk of serious bleeding).
- Bone Scan:
  - Primarily used for evaluation of bone metastases in individuals with solid malignancies.
  - Indications for bone scan in individuals with history of malignancy include – bone pain, rising tumor markers, elevated alkaline phosphatase or in individuals with primary bone tumor.
  - For evaluation of suspected or known bony metastases, CPT® 78306 (Nuclear bone scan whole body), may be approved.
  - Radiopharmaceutical Localization scan SPECT (CPT® 78803 or CPT® 78831) or SPECT/CT (CPT® 78830 or CPT® 78832) may be approved as an add-on test for further evaluation of a specific area of interest.
  - CPT® codes 78300 (Nuclear bone scan limited), 78305 (Nuclear bone scan multiple areas) or 78315 do not have any indications in oncology nuclear medicine imaging.
- Bone scan supplemented by plain x-rays are the initial imaging modalities for suspected malignant bone pain. For specific imaging indications, see also:
  - **Nuclear Medicine (NM) Imaging in Oncology (ONC-1.3)**
  - **Bone (Non-Vertebral) Metastases (ONC-31.5)**
  - **Spinal/Vertebral Metastases (ONC-31.6)**
  - **Carcinoma of Unknown Primary Site (ONC-31.7)**
- Advanced imaging used for radiation therapy treatment planning should not be authorized using any of the diagnostic imaging codes for CT, MRI, or PET.
  - Advanced imaging performed in support of radiation therapy treatment planning should be reported with CPT® 76498 for Unlisted MRI or CPT® 76497 for Unlisted CT scan.
- Delay PET/CT for at least 12 weeks after completion of radiation treatment, unless required sooner for imminent surgical resection.
- PET/CT may be considered prior to biopsy in order to determine a more favorable site for biopsy when a prior biopsy was nondiagnostic or a relatively inaccessible site is contemplated which would require invasive surgical intervention for biopsy attempt.
- PET/CT may be indicated if:
  - conventional imaging (CT, MRI or bone scan) reveals findings that are inconclusive or negative, with continued suspicion for recurrence
- Unless specified in diagnosis-specific guideline section PET/CT Imaging is NOT indicated for:

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

  - infection, inflammation, trauma, post-operative healing, granulomatous disease, rheumatological conditions
  - concomitantly with separate diagnostic CT studies
  - conclusive evidence of distant or diffuse metastatic disease on recent conventional imaging studies
  - metastatic disease in the central nervous system (CNS)
  - lesions less than 8 mm in size
  - follow up after localized therapy (i.e. radiofrequency ablation, embolization, stereotactic radiation, etc.)
  - rare malignancies, due to lack of available evidence regarding the diagnostic accuracy of PET in rare cancers
  - surveillance
    - Serial monitoring of individuals who are not currently receiving anti-tumor treatment or are receiving maintenance treatment
    - Serial monitoring of FDG avidity until resolution.
    - PET/CT avidity in a residual mass at the end of planned therapy is not an indication for PET/CT imaging during surveillance.
    - Residual mass that has not changed in size since the last conventional imaging does not justify PET imaging
- Unless otherwise specified for a specific cancer type, once PET has been documented to be negative for a given individual's cancer or all PET-avid disease has been surgically resected, PET should not be used for continued disease monitoring or surveillance.
- PET/MRI is generally not supported for a vast majority of oncologic conditions due to lack of standardization in imaging technique and interpretation. However, it may be approved select circumstances when the following criteria are met:
  - The individual meets condition-specific guidelines for PET/MRI OR
  - The individual meets ALL of the following:
    - The individual meets guideline criteria for PET/CT, AND
    - PET/CT is not available at the treating institution, AND
    - The provider requests PET/MRI in lieu of PET/CT
  - When the above criteria are met, PET/MRI may be reported using the code combination of PET Whole-Body (CPT® 78813) and MRI Unlisted (CPT® 76498). All other methods of reporting PET/MRI are inappropriate.
    - When clinically appropriate, diagnostic MRI codes may be indicated at the same time as the PET/MRI code combination.
- The specific radiotracer planned to be used with PET/CT imaging is required to perform a medical necessity review. Indications for PET/CT imaging using non-FDG radiotracers are listed in diagnosis-specific guidelines.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

- Supported radiotracers:
  - ^{18}F-FDG
  - ^{68}Gallium DOTATATE (NETSPOT®) for low-grade neuroendocrine tumors and medullary thyroid cancer
  - ^{64}Cu-DOTATATE (DETECTNET®) for low-grade neuroendocrine tumors
  - ^{68}Ga-DOTA-TOC for low-grade neuroendocrine tumors
  - ^{11}C Choline for prostate cancer
  - ^{18}F-Fluciclovine (AXUMIN®) for prostate cancer
  - ^{68}Ga PSMA-11 for prostate cancer
  - ^{18}F Piflufolastat (Pylarify®) for prostate cancer
  - ^{68}Ga Gozetotide (Illuccix® and Locametz®) for prostate cancer
  - ^{18}F Flotufolastat (Posluma®) for prostate cancer
  - ^{18}F Fluoroestradiol (Cerianna®) for breast cancer
  - ^{18}F Na Fluoride PET bone scan for breast cancer and prostate cancer
- Unsupported radiotracers:
  - PET/CT imaging using isotopes other than those specified above

- Octreotide scan:
  - Specific for low and intermediate grade neuroendocrine tumors which express specific cell surface somatostatin receptors. See cancer specific guidelines for recommended use.
  - One of the following codes may be approved when Octreotide scan is requested:
  - CPT® 78802 (Radiopharmaceutical localization of tumor whole-body single day study)
  - CPT® 78804 (Radiopharmaceutical localization of tumor whole-body two or more days)
  - In addition to one of the above CPT codes, CPT® 78803 (Radiopharmaceutical localization of tumor SPECT), SPECT CPT® 78831, or hybrid SPECT/CT (CPT® 78830 or 78832) may be approved as an add-on test for further evaluation of a specific area of interest.

Clinical Trials

- Similar to investigational and experimental studies, clinical trial imaging requests will be considered to determine whether they meet these evidence-based guidelines.
- Imaging studies which are inconsistent with established clinical standards, or are requested for data collection and not used in direct clinical management are not supported.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Key Principles (ONC-1.1)

ON.GG.0001.1.A
v3.0.2025

AGE APPROPRIATE GUIDELINES	
Age of Individual	**Appropriate Imaging Guidelines**
≥18 years old at initial diagnosis	• General Oncology Imaging Guidelines, except where directed otherwise by a specific guideline section
<18 years old at initial diagnosis	• Pediatric and Special Populations Oncology Imaging Guidelines, except where directed otherwise by a specific guideline section
15 to 39 years old at initial diagnosis (defined as Adolescent and Young Adult (AYA) oncology individuals)	• When unique guidelines for a specific cancer type exist only in either General Oncology or Pediatric and Special Populations Oncology, AYA individuals should be imaged according to the guideline section for their specific cancer type, regardless of the individual's age • When unique guidelines for a specific cancer type exist in both General Oncology and Pediatric and Special Populations Oncology, AYA individuals should be imaged according to the age rule in the previous bullet

- Conventional Imaging (mostly CT, sometimes MRI or bone scan) of the affected area(s) drives much of initial and re-staging and surveillance. PET is not indicated for surveillance imaging unless specifically stated in the diagnosis-specific guideline sections.
- Brain imaging is performed for signs or symptoms of brain disease.
  - MRI Brain without and with contrast (CPT® 70553) is the recommended study for evaluation of suspected or known brain metastases.
  - MRI Brain without and with contrast (CPT® 70553) may be obtained if a non-contrast CT Head shows suspicious lesion.
  - CT Head without and with contrast (CPT® 70470) can be approved when MRI is contraindicated or not available, or if there is skull bone involvement.
  - Initiation of angiogenesis therapy is not an indication for advanced imaging of the brain in asymptomatic individuals (Avastin/Bevacizumab; <3% risk of bleeding and <1% risk of serious bleeding).

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

- Individuals receiving cardiotoxic chemotherapy (such as doxorubicin, trastuzumab, pertuzumab, mitoxantrone, etc.) may undergo cardiac evaluation – at baseline and for monitoring while on active therapy.
  - Echocardiography (CPT® 93306, CPT® 93307, or CPT® 93308) rather than MUGA scan for determination of LVEF and/or wall motion.
    - MUGA Scan may be performed instead of ECHO in individuals who have a low LV ejection fraction of <50% on a prior ECHO or MUGA, pre-existing left ventricular wall motion abnormalities from ischemic or non-ischemic cardiomyopathies, congestive heart failure or when ECHO is technically limited and prevents accurate assessment of LV function.
    - A prior MUGA is not a reason to approve another MUGA (it is not necessary to compare LVEF by the same modality).
  - The timeframe for monitoring the ejection fraction should be determined by the provider, but no more often than baseline and at every 6 weeks.
  - May repeat every 4 weeks if cardiotoxic chemotherapeutic drug is withheld for significant left ventricular cardiac dysfunction.
  - See: **Oncologic Indications for Cancer Therapeutics-Related Cardiac Dysfunction (CTRCD) (CD-12.1)** in the Cardiology Imaging Guidelines
- CTA or MRA of a specific anatomic region is indicated when requested for surgical planning when there is suspected vascular proximity to proposed resection margin.
- Adults (≥18 years) with a diagnosis of Li-Fraumeni Syndrome (LFS) may be screened for malignancy with a Whole-Body MRI (CPT® 76498) on an annual basis. Annual Brain MRI (CPT® 70553) may be performed as part of Whole-Body MRI or as a separate exam. Due to lack of standardization of technique, interpretation, and availability of Whole-Body MRI, individuals with LFS are encouraged to participate in clinical trials.

Use of Contrast

- CT imaging should be performed with contrast for known or suspected body regions, unless contraindicated.
  - Shellfish allergy is not a contraindication to contrast. Individuals with known shellfish allergy do not have contrast reaction any more often than other atopic individuals or individuals with other food allergies.
  - For iodinated contrast dye allergy, either CT scans without contrast or MRI scans without and with contrast are indicated.
  - If CT scanning is considered strongly indicated in an individual with known contrast allergy, CT with contrast may be considered to be safely performed following prednisone premedication over a 24-hour period prior to the study.
- For individuals with renal insufficiency which precludes contrast use, CT without contrast appropriate disease-specific areas should be offered. Further imaging (such as MRI) may be indicated if non-contrast CT results are inconclusive.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

- Severe renal insufficiency, i.e. an eGFR less than 30, is a contraindication for an MRI using a gadolinium-based contrast agent (GBCA) as well. In individuals with eGFR greater than 40, GBCA administration can be safely performed. GBCA administered to individuals with acute kidney injury or severe chronic kidney disease can result in a syndrome of nephrogenic systemic fibrosis (NSF), but GBCAs are not considered nephrotoxic at dosages approved for MRI.
- Gadolinium deposition has been found in individuals with normal renal function following the use of gadolinium based contrast agents (GBCAs).
  - The U.S. Food and Drug Administration (FDA) is investigating the risk of brain deposits following repeated use of GBCAs.
  - The FDA has noted that, “It is unknown whether these gadolinium deposits are harmful or can lead to adverse health effects.” and have recommended:
    - To reduce the potential for gadolinium accumulation, health care professionals should consider limiting GBCA use to clinical circumstances in which the additional information provided by the contrast is necessary.
    - Health care professionals are also urged to reassess the necessity of repetitive GBCA MRIs in established treatment protocols.

Radiation Exposure

- The use of MRI in place of CT scans to reduce risk of secondary malignancy from radiation exposure during CT is not supported by the peer-reviewed literature. Unless otherwise specified in the Guidelines, MRI in place of CT scans for this purpose alone is not indicated. In some instances (i.e., testicular cancer surveillance), MRI may be considered inferior to CT scans.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Phases of Oncology Imaging and General Phase-Related Considerations (ONC-1.2)

ON.GG.0001.2.A
v3.0.2025

Phases of Oncology Imaging	Definition
Screening	Imaging requested for individuals at increased risk for a particular cancer in the absence of known clinical signs or symptoms
Suspected Diagnosis	Imaging requested to evaluate a suspicion of cancer, prior to histological confirmation
Initial work-up and Staging	Imaging requested after biopsy confirmation and prior to starting specific treatment
Treatment response or Interim Restaging	Imaging performed during active treatment with chemotherapy, targeted therapy, immunotherapy, or endocrine therapy
Restaging of locally treated lesions	Imaging performed to evaluate primary or metastatic lesions with ablation using cryoablation, radiofrequency, radioactive isotope, microwave or chemotherapy
Restaging / Suspected Recurrence	Imaging requested when there is suspicion for progression or recurrence of known cancer based on clinical signs/symptoms, laboratory tests or basic imaging studies
Surveillance	Imaging performed in individuals who: • Are asymptomatic or have chronic stable symptoms, and • Have no clinical suspicion of change in disease status, and • Are not receiving active anti-tumor treatment or are receiving maintenance treatment

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

General Phase-Related Considerations

- Conventional imaging performed prior to diagnosis should not be repeated unless there is a delay of at least 6 weeks since previous imaging and treatment initiation or there are new or significantly worsening clinical signs or symptoms.

Phase	Imaging Timeframe
After definitive local therapy of primary tumor (surgery or radiation therapy)	• Follow surveillance guidelines
During adjuvant chemotherapy or endocrine therapy	• Follow surveillance guidelines
After ablative therapy	• See disease-specific guidelines
During chemotherapy or immunotherapy for measurable disease	• Every 2 cycles (generally every 6 to 8 weeks)
During endocrine/hormonal therapy for measurable disease	• Every 3 months (12 weeks)
Metastatic disease on maintenance therapy	• Every 3 months (12 weeks)
Measurable metastatic disease being monitored off therapy	• Every 3 months (12 weeks) for up to 5 years after completion of treatment for metastatic disease

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Nuclear Medicine (NM) Imaging in Oncology (ONC-1.3)

ON.GG.0001.3.A

v3.0.2025

- This section does not apply to PET imaging. PET imaging considerations can be found in **PET Imaging in Oncology (ONC-1.4)**
- Bone Scan:
  - Primarily used for evaluation of bone metastases in individuals with solid malignancies.
  - Indications for bone scan in individuals with history of malignancy include – bone pain, rising tumor markers, elevated alkaline phosphatase or in individuals with primary bone tumor.
  - For evaluation of suspected or known bony metastases, CPT® 78306 (Nuclear bone scan whole-body), may be approved.
    - Radiopharmaceutical Localization scan SPECT (CPT® 78803 or CPT® 78831) or SPECT/CT (CPT® 78830 or CPT® 78832) may be approved for further evaluation of unclear findings on a whole body scan or clinically suspected lesions with negative whole body bone scan or documented bone metastasis.
  - CPT® codes 78300 (Nuclear bone scan limited), 78305 (Nuclear bone scan multiple areas) or 78315 do not have any indications in oncology nuclear medicine imaging.
- Octreotide scan:
  - Specific for low and intermediate grade neuroendocrine tumors which express specific cell surface somatostatin receptors. See cancer specific guidelines for recommended use.
  - One of the following codes may be approved when Octreotide scan is requested:
    - CPT® 78802 (Radiopharmaceutical localization of tumor whole-body single day study)
    - CPT® 78804 (Radiopharmaceutical localization of tumor whole-body two or more days)
  - In addition to one of the above CPT codes, CPT® 78803 (Radiopharmaceutical localization of tumor SPECT), SPECT CPT® 78831, or hybrid SPECT/CT (CPT® 78830 or 78832) may be approved as an add-on test for further evaluation of a specific area of interest.
- Bone marrow imaging:
  - This study is rarely performed for evaluation of the entire bone marrow in conditions like myeloproliferative disorders, sickle cell bone infarct or ischemia, avascular necrosis or myeloma.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

  - The correct CPT code for this study is CPT® 78104 (Diagnostic Nuclear Medicine Procedures on the Hematopoietic, Reticuloendothelial and Lymphatic System).
- Brain imaging SPECT with Technetium-99m or thallium-201 (CPT® 78803 or CPT® 78830):
  - Immunocompromised individuals with mass lesion detected on CT or MRI for differentiation between lymphoma and infection
  - In distinguishing recurrent brain tumor from radiation necrosis
- Radiopharmaceutical localization of tumor or distribution of radiopharmaceutical agent(s):
  - CPT® 78800, CPT® 78801, CPT® 78802, CPT® 78804, CPT® 78803, CPT® 78831 (SPECT), or CPT® 78830 or CPT® 78832 (SPECT/CT)
  - for evaluation of fever of unknown origin and osteomyelitis
  - for suspected infections such as infected central lines, grafts or shunts
- Gallium Isotope Scan**:**
  - Radiopharmaceutical Localization of tumor (CPT® 78800, CPT® 78801, CPT® 78802, CPT® 78803, or CPT® 78804), SPECT CPT® 78831, or hybrid SPECT/CT CPT® 78830 or 78832
  - This may be rarely used in place of PET/CT scan when PET/CT scan not available and PET/CT is indicated by guidelines for lymphoma, sarcoma, melanoma or myeloma.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

PET Imaging in Oncology (ONC-1.4)

ON.GG.0001.4.A
v3.0.2025

- CPT codes:
  - PET imaging in oncology should use PET/CT fusion (CPT® 78815 or CPT® 78816) Unbundling PET/CT imaging into separate PET and diagnostic CT codes is otherwise not supported.
  - The decision whether to use skull base to mid-femur (“eyes to thighs”) procedure code for PET (CPT® 78812 or CPT® 78815) or whole-body PET (CPT® 78813 or CPT® 78816) is addressed in the diagnosis-specific guideline sections.
  - ”Limited area” protocol is done infrequently, but may be considered, and is reported with PET (CPT® 78811) or for PET/CT (CPT® 78814).
- Radiotracers:
  - Unless specified otherwise, the term “PET” refers to ^{18}F-FDG-PET and PET/CT fusion studies.
  - Indications for PET/CT imaging using non-FDG radiotracers are listed in diagnosis-specific guidelines. The indications may be as follows:
- Supported radiotracers:
  - ^{18}F-FDG
  - ^{68}Gallium DOTATATE (NETSPOT®) for low-grade neuroendocrine tumors and medullary thyroid cancer
  - ^{64}Cu-DOTATATE (DETECTNET®) for low-grade neuroendocrine tumors
  - ^{68}Ga-DOTA-TOC for low-grade neuroendocrine tumors
  - ^{11}C Choline for prostate cancer
  - ^{18}F-Fluciclovine (AXUMIN®) for prostate cancer
  - ^{68}Ga PSMA-11 for prostate cancer
  - ^{18}F Piflufolastat (Pylarify®) for prostate cancer
  - ^{68}Ga Gozetotide (Illuccix® and Locametz®) for prostate cancer
  - ^{18}F Flotufolastat (Posluma®) for prostate cancer
  - ^{18}F Fluoroestradiol (Cerianna®) for breast cancer
  - ^{18}F Na Fluoride PET bone scan for breast cancer and prostate cancer
- Unsupported radiotracers:
  - PET/CT imaging using isotopes other than those specified above

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

CPT/ HCPCS Code	Code Description	Brand or common name	Guideline Section and Cancer Type
A9552	^{18}F Fluoro deoxyglucose	FDG	Various guideline sections where PET is indicated
A9580	^{18}F Sodium fluoride	N/A	ONC-11: Breast Cancer, ONC-19: Prostate Cancer
A9587	^{68}Ga-68 Dotatate	NETSPOT®	ONC-15: Low-grade neuroendocrine tumors, ONC-6: Medullary thyroid cancer
A9515	^{11}C Choline	N/A	ONC-19, Prostate Cancer
A9588	^{18}F-Fluciclovine	AXUMIN®	ONC-19, Prostate Cancer
A9593 A9594	^{68}Ga PSMA-11	N/A	ONC-19, Prostate Cancer
A9595	^{18}F Piflufolastat	Pylarify®	ONC-19, Prostate Cancer
A9596	^{68}Ga Gozetotide	Illuccix®	ONC-19, Prostate Cancer
A9800	^{68}Ga Gozetotide	Locametz®	ONC-19, Prostate Cancer
A9608	^{18}F Flotufolastat	Posluma®	ONC-19, Prostate Cancer
A9591	^{18}F Fluoroestradiol	Cerianna®	ONC-11, Breast Cancer
A9592	^{64}Cu Copper dotatate	Detectnet®	ONC-15, Low-grade neuroendocrine tumors
C9067	^{68}Ga Gallium-DOTA-TOC	N/A	ONC-15, Low-grade neuroendocrine tumors

- Unless specified in diagnosis-specific guideline section PET/CT Imaging is NOT indicated for:
  - infection, inflammation, trauma, post-operative healing, granulomatous disease, rheumatological conditions

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

- concomitantly with separate diagnostic CT studies
- conclusive evidence of distant or diffuse metastatic disease on recent conventional imaging studies
- metastatic disease in the central nervous system (CNS)
- lesions less than 8 mm in size
- follow up after localized therapy (i.e. radiofrequency ablation, embolization, stereotactic radiation, etc.)
- rare malignancies, due to lack of available evidence regarding the diagnostic accuracy of PET in rare cancers
- surveillance
  - Serial monitoring of individuals who are not currently receiving anti-tumor treatment or are receiving maintenance treatment
  - Serial monitoring of FDG avidity until resolution.
  - PET/CT avidity in a residual mass at the end of planned therapy is not an indication for PET/CT imaging during surveillance.
  - Residual mass that has not changed in size since the last conventional imaging does not justify PET imaging
- Unless otherwise specified for a specific cancer type, once PET has been documented to be negative for a given individual's cancer or all PET-avid disease has been surgically resected, PET should not be used for continued disease monitoring or surveillance.

- PET/CT may be indicated if:
  - Conventional imaging (CT, MRI or bone scan) reveals findings that are inconclusive or negative, with continued suspicion for recurrence
  - The individual is undergoing salvage treatment for a recurrent solid tumor with residual measurable disease on conventional imaging and confirmed repeat negative PET imaging will allow the individual to transition from active treatment to surveillance.
  - PET/CT may be considered prior to biopsy in order to determine a more favorable site for biopsy when a prior biopsy was nondiagnostic or a relatively inaccessible site is contemplated which would require invasive surgical intervention for biopsy attempt.
- PET/CT for rare malignancies is not covered by these guidelines due to lack of available evidence regarding diagnostic accuracy of PET/CT in the majority of rare cancers. Conventional imaging studies should be used for initial staging and treatment response for these diagnoses. PET/CT can be approved if all of the following apply:
  - Conventional imaging (CT, MRI or bone scan) reveals equivocal or suspicious findings.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

  - No other specific metabolic imaging (MIBG, octreotide, technetium, etc.) is appropriate for the disease type.
  - The submitted clinical information describes a specific decision regarding the individual's care that will be made based on the PET/CT results.
- Delay PET/CT for at least 12 weeks after completion of radiation treatment, unless required sooner for imminent surgical resection.
- PET mammography (PEM, generally reported with CPT® 78811) is considered experimental and investigational at this time.
- PET/MRI is generally not supported for a vast majority of oncologic conditions due to lack of standardization in imaging technique and interpretation. However, it may be approved in select circumstances when the following criteria are met:
  - The individual meets condition-specific guidelines for PET/MRI OR
  - The individual meets ALL of the following:
    - The individual meets guideline criteria for PET/CT, AND
    - PET/CT is not available at the treating institution, AND
    - The provider requests PET/MRI in lieu of PET/CT
  - When the above criteria are met, PET/MRI may be reported using the code combination of PET Whole-Body (CPT® 78813) and MRI Unlisted (CPT® 76498). All other methods of reporting PET/MRI are inappropriate.
    - When clinically appropriate, diagnostic MRI codes may be indicated at the same time as the PET/MRI code combination.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Unlisted Procedure Codes in Oncology (ONC-1.5)

ON.GG.0001.5.A

v3.0.2025

- There is often no unique procedure code for a service performed solely for treatment planning purposes. AMA instructions in the CPT state that if no specific code exists for a particular service, the service is reported with an unlisted code.
- Advanced imaging being used for radiation therapy treatment planning should not be authorized using any of the diagnostic imaging codes for CT, MRI or PET. Advanced imaging performed in support of radiation therapy treatment planning should be reported with:
  - **CPT® 76498 for Unlisted MRI** – when MRI will be used for treatment planning of radiation therapy to be delivered ONLY to the brain, prostate and cervix. The use of this code for radiation treatment planning of any other cancers/body parts not listed above may be reviewed on a case-by-case basis.
  - **CPT® 76497 for Unlisted CT** – may NOT be used for radiation treatment planning. CT imaging performed in support of radiation therapy treatment planning is bundled in with the concurrent radiation treatment authorization codes and a separate authorization for treatment planning is not required.
  - Imaging associated with image-directed biopsy should be reported with the corresponding interventional codes. See also: CT-, MR-, or Ultrasound-Guided Procedures (Preface-4.2) in the Preface Imaging Guidelines.
  - For advanced imaging used solely for the purpose of Surgical planning, see: **Unlisted Procedures/Therapy treatment planning (Preface-4.3)** in the Preface Imaging Guidelines

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Predisposition Syndromes (ONC-1.6)

ON.GG.0001.6.A

v3.0.2025

- For predisposition syndrome screening in adult individuals, see: **Screening Imaging in Cancer Predisposition Syndromes (PEDONC-2)** in the Pediatric and Special Populations Oncology Imaging Guidelines

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (ONC-1)

v3.0.2025

1. ACR Committee on Drugs and Contrast Media. *ACR Manual on Contrast Media, version 10.3*. Reston, VA: American College of Radiology; 2018.
2. The American College of Radiology. *Practice parameter for the performance of skeletal scintigraphy (bone scan)*. Rev. 2017.
3. The American College of Radiology. *Practice parameter for performing FDG-PET/CT in oncology.* Rev. 2016.
4. The American College of Radiology. *Practice parameter for the performance of tumor scintigraphy with gamma cameras)*. Rev. 2015.
5. Erdi YE. Limits of tumor detectability in nuclear medicine and PET. *Mol Imaging Radionucl Ther.* 2012;21(1):23-28. doi:10.4274/Mirt.128.
6. Hapani S, Sher A, Chu D, Wu S. Increased risk of serious hemorrhage with bevacizumab in cancer patients: a meta-analysis. *Oncology*. 2010;79(1):27-38. doi:10.1159/000314980.
7. ACR Appropriateness Criteria. *Pretreatment planning of Invasive cancer of Cervix*. Rev. 2015.
8. ACR Appropriateness Criteria. *External Beam Radiation therapy treatment planning for clinically localized prostate cancer.* Rev. 2016.
9. Metcalfe P, Liney GP, Holloway L, et al. The potential for an enhanced role for MRI in radiation-therapy treatment planning. *Technol Cancer Res Treat*. 2013;12(5):429-46. doi:10.7785/tcrt.2012.500342.
10. Daly MB, Pal T, AlHilli Z, et. al. National Comprehensive Cancer Network (NCCN) Guidelines Version 2.2025 – November 7, 2024, Genetic/Familial High Risk Assessment: Breast, Ovarian, Pancreatic, and Prostate available at: https://www.nccn.org/professionals/physician_gls/pdf/bopp.pdf Referenced with permission from the NCCN Clinical Practice Guidelines in Oncology (NCCN Guidelines™) for Genetic/Familial High Risk Assessment: Breast and Ovarian V2.2025 – November 7, 2024 ©2024 National Comprehensive Cancer Network, Inc. All rights reserved. The NCCN Guidelines™ and illustrations herein may not be reproduced in any form for any purpose without the express written permission of the NCCN. To view the most recent and complete version of the NCCN Guidelines™, go online to NCCN.org.
11. Coverage of Clinical Trials under the Patient Protection and Affordable Care Act; 42 U.S.C.A. § 300gg-8.
12. Bergsland E, Goldner WS, Benson III AB, et al. National Comprehensive Cancer Network (NCCN) Guidelines Version 4.2024 – January 17, 2025. Neuroendocrine and Adrenal Tumors, available at: https://www.nccn.org/professionals/physician_gls/pdf/neuroendocrine.pdf. Referenced with permission from the NCCN Clinical Practice Guidelines in Oncology (NCCN Guidelines™) for Neuroendocrine and Adrenal Tumors V4.2024 – January 17, 2025. ©2025 National Comprehensive Cancer Network, Inc. All rights reserved. The NCCN Guidelines™ and illustrations herein may not be reproduced in any form for any purpose without the express written permission of the NCCN. To view the most recent and complete version of the NCCN Guidelines™, go online to NCCN.org.
13. ASCO. (2021). Choosing Wisely. Retrieved from https://old-prod.asco.org/news-initiatives/current-initiatives/cancer-care-initiatives/value-cancer-care/choosing-wisely.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Primary Central Nervous System Tumors (ONC-2)

Guideline

Primary Central Nervous System Tumors – General Considerations (ONC-2.1)
Low Grade Gliomas (ONC-2.2)
High Grade Gliomas (ONC-2.3)
Medulloblastoma and Supratentorial Primitive Neuroectodermal Tumors (sPNET) (ONC-2.4)
Ependymoma (ONC-2.5)
Central Nervous System Germ Cell Tumors (ONC-2.6)
CNS Lymphoma (Also Known as Microglioma) (ONC-2.7)
Meningiomas (Intracranial and Intraspinal) (ONC-2.8)
Spinal Cord Tumors (Benign and Malignant) (ONC-2.9)
Choroid Plexus Tumors (ONC-2.10)
References (ONC-2)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Primary Central Nervous System Tumors – General Considerations (ONC-2.1)

ON.CN_0002.1.A
v3.0.2025

- This guideline section applies to primary CNS tumors only. For imaging guidelines in metastatic brain cancer, see the appropriate diagnosis-specific section or **Brain Metastases (ONC-31.3)** for imaging guidelines.
- Primary brain tumors presenting only with uncomplicated headache are very uncommon. Most primary brain tumors present with specific CNS symptoms.
- Histologic confirmation is critical. Therapeutic decisions should not be made on radiographic findings alone, except for ANY of the following:
  - Medically fragile individuals for whom attempted biopsy carries excess medical risk, as stated in writing by both the attending physician and surgeon.
  - Brain stem tumors or other sites where the imaging findings are pathognomonic and the risk of permanent neurological damage is excessive with even a limited biopsy attempt.
- For evaluation of known or suspected spinal cord compromise, see: **Spinal/Vertebral Metastases (ONC-31.6)**
- For suspected brain tumors in neurofibromatosis, see: **Screening Imaging in Cancer Predisposition Syndromes (PEDONC-2)** in the Pediatric and Special Populations Oncology Imaging Guidelines
- Rare tumors occurring more commonly in the pediatric population should be imaged according to the imaging guidelines in: **Pediatric Central Nervous System Tumors (PEDONC-4)** in the Pediatric and Special Populations Oncology Imaging Guidelines.

Indication	Imaging Study
Characterization and follow up of all brain tumors	• MRI Brain without and with contrast (CPT® 70553) • CT Head without and with contrast (CPT® 70470) can be approved when MRI is contraindicated or not available, or there is skull bone involvement • CT Head (contrast as requested) can be approved for preoperative planning when requested by the operating surgeon

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Indication	Imaging Study
Preoperative planning or to clarify inconclusive findings on MRI or CT	• MRA Head (CPT® 70544) or CTA Head (CPT® 70496)
Within 24 to 72 hours following brain tumor surgery	• MRI Brain without and with contrast (CPT® 70553)
Clinical deterioration or development of new neurological features	• MRI Brain without and with contrast (CPT® 70553) • MRI Spine without and with contrast (Cervical-CPT® 72156, Thoracic-CPT® 72157, Lumbar-CPT® 72158) for signs/symptoms of spinal involvement or if spinal involvement is suspected

MR Spectroscopy in Brain Tumors (MRS, CPT® 76390)

- MRS is only supported for use in brain tumors of specified histologies where diagnostic accuracy has been established in peer-reviewed literature.
  - See diagnosis-specific guidelines for MRS indications
- MRS is considered not medically necessary for all other histologies and indications not listed in a diagnosis-specific guideline section.

PET Brain Imaging (CPT® 78608 and CPT® 78609)

- PET Brain Metabolic Imaging (CPT® 78608) is only supported for use in brain tumors of specified histologies where diagnostic accuracy has been established in peer-reviewed literature.
- PET Brain metabolic imaging (CPT® 78608) is considered not medically necessary for all other histologies and indications not listed in a diagnosis-specific guideline section.
- PET Brain perfusion imaging (CPT® 78609) is not indicated in the evaluation or management of primary CNS tumors.
- Body PET studies (CPT® 78811, CPT® 78812, and CPT® 78813) and fusion PET/CT studies (CPT® 78814, CPT® 78815, or CPT® 78816) are not indicated in the evaluation or management of primary CNS tumors.
- See: **Other Imaging Studies (HD-24)** in the Head Imaging Guidelines for details on other advanced neuro-imaging studies.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Evidence Discussion

Primary central nervous system tumors account for 1.4% of all new cancer diagnoses in the United States and 2.7% of deaths due to cancer. Primary central nervous system tumors develop within any region of the brain. Utilizing the WHO classification of tumors, Low grade tumors (WHO I, II) are the most common primary brain tumors. (71.7% of all tumors). High grade tumors (WHO II/IV) account for 28.3% of all tumors. Meningioma is the most common low grade tumor accounting for 39.7% of all tumors. Glioblastoma is the most common malignant glioma accounting for 15.4% of all tumors. The most recent classification of these tumors is based on histology and on molecular diagnostics.

The primary imaging modality for the evaluation of primary brain tumors is an MRI Brain and Spine (with and without contrast). The standard MRI protocol minimally includes T1 and T2, fluid-attenuated inversion recovery (FLAIR), gradient-echo/ susceptibility, diffusion-weighted imaging, and post contrast T1-weighted images to characterize the tumor. MRI provides much better characterization of intracranial parenchymal tumors in comparison to CT. MRI is more sensitive in detecting lesions in the posterior fossa and in evaluation of leptomeningeal spread of tumor. CT imaging (with and/or without contrast) is valuable in the emergent scenario to assist in initial description of the disease. CT imaging of brain and spine should be used in patients with a contraindication for use of MRI (those with metallic implants or those who experience claustrophobia). If there is bone involvement, CT imaging may be included with MRI for disease assessment.

Advanced imaging modalities may be included to complement standard imaging to further characterize tumors and assist in treatment decisions. MRI perfusion measures blood flow in the tumor and can be useful in differentiating viable tumor versus radiation necrosis, in determining tumor grade and in determining optimal site for biopsy. MR Spectroscopy involves analysis of the levels of certain chemicals in pre-selected voxels (small regions) on an MRI scan done at the same time. MR spectroscopy may be useful in defining grade of tumor or differentiate viable tumor from radiation necrosis. The use of MR spectroscopy is limited to specific histologies based on peer-reviewed literature. A major limitation of both modalities is the added imaging time. Brain FDG-PET imaging may also be considered to differentiate viable tumor versus radiation necrosis, to determine optimal biopsy site and to determine tumor grade. The use of Brain FDG-PET imaging is limited to specific histologies based on peer-reviewed literature.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Low Grade Gliomas (ONC-2.2)

ON.CN.0002.2.A
v3.0.2025

- These tumors are defined as having a WHO histologic grade of I or II (out of IV), can occur anywhere in the CNS, and includes the following tumors:
  - Pilocytic Astrocytoma
  - Fibrillary (or Diffuse) Astrocytoma
  - Optic Pathway Gliomas
  - Pilomyxoid Astrocytoma
  - Oligodendroglioma
  - Oligoastrocytoma
  - Oligodendrocytoma
  - Subependymal Giant Cell Astrocytoma (SEGA)
  - Ganglioglioma
  - Gangliocytoma
  - Dysembryoplastic infantile astrocytoma (DIA)
  - Dysembryoplastic infantile ganglioglioma (DIG)
  - Dysembryoplastic neuroepithelial tumor (DNT)
  - Tectal plate gliomas
  - Cervicomedullary gliomas
  - Pleomorphic xanthoastrocytoma (PXA)
  - Any other glial tumor with a WHO grade of I or II

Indication	Imaging Study
Initial Staging	• MRI Brain without and with contrast (CPT® 70553) if not already done • MRI Spine without and with contrast (Cervical-CPT® 72156, Thoracic-CPT® 72157, Lumbar-CPT® 72158) ◦ MRI Spine with contrast only (Cervical-CPT® 72142, Thoracic-CPT® 72147, Lumbar-CPT® 72149) can be approved if being performed immediately following a contrast-enhanced MRI Brain

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Indication	Imaging Study
After initial resection or other treatment (radiation therapy, etc.)	• MRI Brain without and with contrast (CPT® 70553)
For individuals undergoing chemotherapy treatment	• MRI Brain without and with contrast (CPT® 70553) every 2 cycles • Individuals with spinal cord involvement at diagnosis can have MRI without and with contrast of the involved spinal region on the same schedule as MRI brain
ONE of the following: • Determine need for biopsy when transformation to high-grade glioma is suspected based on clinical symptoms or recent MRI findings • Evaluate a brain lesion of indeterminate nature when the study will be used to determine whether biopsy/resection can be safely postponed	ANY of the following: • PET Brain Metabolic Imaging (CPT® 78608) • MRI Perfusion imaging (CPT® 70553)
ONE of the following: • Distinguish low-grade from high-grade gliomas • Evaluate a brain lesion of indeterminate nature when the study will be used to determine whether biopsy/resection can be safely postponed • Distinguish radiation-induced tumor necrosis from progressive disease within 18 months of completing radiotherapy	ANY of the following: • MR Spectroscopy (CPT® 76390) • MRI Perfusion imaging (CPT® 70553)
Suspected intracranial or intraspinal recurrence	• All imaging supported for initial staging may be repeated

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Indication	Imaging Study
Surveillance, grade I	• MRI Brain without and with contrast (CPT® 70553) every 3 months for up to 5 years • Individuals with spinal cord involvement at diagnosis can have MRI Spine without and with contrast (Cervical-CPT® 72156, Thoracic-CPT® 72157, Lumbar-CPT® 72158) on the same schedule as MRI Brain
Surveillance, grade II (not poor performance status as defined below)	• MRI Brain without and with contrast (CPT® 70553) every 3 months for 5 years, then every 6 months thereafter • Individuals with spinal cord involvement at diagnosis can have MRI Spine without and with contrast (Cervical- CPT® 72156, Thoracic- CPT® 72157, Lumbar- CPT® 72158) on the same schedule as MRI Brain
Surveillance, grade II and poor performance status (Karnofsky Performance Score <60)	• MRI Brain without and with contrast (CPT® 70553) every 2 months for 3 years, then every 3 months thereafter • Individuals with spinal cord involvement at diagnosis can have MRI Spine without and with contrast (Cervical- CPT® 72156, Thoracic- CPT® 72157, Lumbar- CPT® 72158) on the same schedule as MRI Brain

Evidence Discussion

The primary brain tumors classified as low grade gliomas are listed in the guideline. Initial staging in low grade glioma includes both MRI Brain as well as MRI Whole Spine. Whole spine MRI imaging is indicated for initial staging as the finding of spinal metastases, leptomeningeal disease will impact prognosis, and treatment approaches. MRI studies should be completed both without and with gadolinium contrast. However, MRI Spine with contrast only can be approved if being performed immediately following a contrast-enhanced MRI Brain for patient-centricity to limit time in the MRI machine if requested since the non-contrast component is less essential for the evaluation of spine. MRI imaging is completed after initial resection or radiation to establish a new

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

baseline for disease monitoring. If intracranial or intraspinal recurrence is suspected or documented, MRI imaging that was completed for initial staging is repeated.

In patients undergoing active therapy, MRI imaging may be repeated after every 2 cycles of therapy for disease assessment. If there is spine involvement, MRI Spine of the involved spinal region can be included on this same schedule.

Advanced imaging modalities such as MRI perfusion imaging, MR Spectroscopy and/or PET Brain Metabolic Imaging used in conjunction with standard MRI imaging can be performed to characterize non-invasively changes in the tumor not noted on standard MRI or as problem solving tools with inconclusive findings on MRI imaging. Results of these advanced imaging modalities may be the basis to pursue additional treatment and/or surgical intervention; to define transition of the tumor to a higher grade or to distinguish between radiation-induced radiation necrosis and progressive disease within 18 months of completing radiation therapy.

Surveillance imaging is conducted at a frequency and interval based on published standards noted in the NCCN guidelines. Individuals with poor performance status require more frequent imaging than others because of their higher risk for complications or recurrence (NCCN, 2024). More frequent imaging may be done as clinically indicated by the treating physician, in the event of clinical changes such as development of seizures or neurologic deterioration that are suspicious for disease progression.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

High Grade Gliomas (ONC-2.3)

ON.CN.0002.3.A
v3.0.2025

- These tumors are defined as having a WHO histologic grade of III or IV (out of IV can occur anywhere in the CNS (though the majority occur in the brain), and include the following tumors:
  - Anaplastic astrocytoma
  - Glioblastoma multiforme
  - Diffuse intrinsic pontine glioma (DIPG, or “brainstem glioma”)
  - Gliomatosis cerebri
  - Gliosarcoma
  - Anaplastic oligodendroglioma
  - Anaplastic ganglioglioma
  - Anaplastic mixed glioma
  - Anaplastic mixed ganglioneuronal tumors
  - Any other glial tumor with a WHO grade of III or IV

Indication	Imaging Study
Initial Staging	• MRI Brain without and with contrast (CPT® 70553) if not already done • MRI Spine without and with contrast (Cervical-CPT® 72156, Thoracic-CPT® 72157, Lumbar-CPT® 72158) ◦ MRI Spine with contrast only (Cervical-CPT® 72142, Thoracic-CPT® 72147, Lumbar-CPT® 72149) can be approved if being performed immediately following a contrast-enhanced MRI Brain
Immediately following partial or complete resection	• MRI Brain without and with contrast (CPT® 70553)
Immediately following radiation therapy (XRT)	• MRI Brain without and with contrast (CPT® 70553) once within 2 to 8 weeks following completion of treatment, and then go to surveillance imaging

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Indication	Imaging Study
For individuals undergoing chemotherapy treatment	• MRI Brain without and with contrast (CPT® 70553) every 2 cycles • Individuals with spinal cord involvement at diagnosis can have MRI without and with contrast of the involved spinal region on the same schedule as MRI Brain
ONE of the following: • Distinguish low-grade from high-grade gliomas • Evaluate a brain lesion of indeterminate nature when the study will be used to determine whether biopsy/resection can be safely postponed • Distinguish radiation-induced tumor necrosis from progressive disease within 18 months of completing radiotherapy	ANY of the following: • MR Spectroscopy (CPT® 76390) • MRI Perfusion imaging (CPT® 70553)
ONE of the following: • Distinguish radiation-induced tumor necrosis from progressive disease • Evaluate inconclusive MRI findings when the study will be used to determine need for biopsy or change in therapy, including a change from active therapy to surveillance • Evaluate a brain lesion of indeterminate nature when the study will be used to determine whether biopsy/resection can be safely postponed	ANY of the following: • MRI Perfusion imaging (CPT® 70553) • PET Brain metabolic imaging (CPT® 78608) ◦ PET Brain is not indicated in gliomas occurring in the brain stem due to poor uptake and lack of impact on individual outcomes
Suspected intracranial or intraspinal recurrence	• All imaging supported for initial staging may be repeated

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Indication	Imaging Study
Surveillance	• MRI Brain without and with contrast (CPT® 70553) every 2 months for 3 years and every 3 months thereafter • Individuals with spinal cord involvement at diagnosis can have MRI Spine without and with contrast (Cervical-CPT® 72156, Thoracic-CPT® 72157, Lumbar-CPT® 72158) on the same schedule as MRI Brain

Evidence Discussion

The primary brain tumors classified as high grade gliomas are listed in the guideline. Initial staging in high grade glioma includes both MRI Brain as well as MRI Whole spine. Whole spine MRI imaging is indicated for initial staging as the finding of spinal metastases and leptomeningeal disease will impact prognosis and treatment approaches. MRI studies should be completed both without and with gadolinium contrast. However, MRI Spine with contrast only can be approved if being performed immediately following a contrast-enhanced MRI Brain for patient-centricity to limit time in the MRI machine if requested, since the non-contrast component is less essential for the evaluation of spine. MRI imaging is indicated after initial resection or radiation to establish a new baseline for disease monitoring. If intracranial or intraspinal recurrence is suspected or documented, MRI imaging that was completed for initial staging is repeated.

In patients undergoing active therapy, MRI imaging may be repeated after every 2 cycles of therapy for disease assessment. If there is spine involvement, MRI spine of the involved spinal region can be included on this same schedule.

Advanced imaging modalities such as MRI perfusion imaging, MR Spectroscopy and/or PET Brain Metabolic Imaging used in conjunction with standard MRI imaging can be performed as problem solving tools to characterize non-invasively changes in the tumor noted on standard MRI. Results of these advanced imaging modalities may be the basis to pursue additional treatment and/or surgical intervention; to distinguish low-grade from high-grade gliomas; to distinguish between radiation-induced radiation necrosis and progressive disease within 18 months of completing radiation therapy.

Surveillance imaging is conducted at a frequency and interval based on published standards noted in the NCCN guidelines. More frequent imaging may be done as clinically indicated by the treating physician, in the event of a clinical change such as development of seizures or neurologic deterioration that is suspicious for disease progression.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Medulloblastoma and Supratentorial Primitive Neuroectodermal Tumors (sPNET) (ONC-2.4)

ON.CN.0002.4.A

v3.0.2025

- Medulloblastoma and sPNET imaging indications in adult individuals are identical to those for pediatric individuals. See: **Medulloblastoma (MDB), Supratentorial Primitive Neuroectodermal Tumors (sPNET), and Pineoblastoma (PEDONC-4.4)** in the Pediatric and Special Populations Oncology Imaging Guidelines.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Ependymoma (ONC-2.5)

ON.CN.0002.5.A

v3.0.2025

- Ependymoma imaging indications in adult individuals are identical to those for pediatric individuals. See: **Ependymoma (PEDONC-4.8)** in the Pediatric and Special Populations Oncology Imaging Guidelines.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Central Nervous System Germ Cell Tumors (ONC-2.6)

ON.CN.0002.6.A

v3.0.2025

- Central nervous system germ cell tumor imaging indications in adult individuals are identical to those for pediatric individuals. See: **CNS Germinomas and Non-Germinomatous Germ Cell Tumors (NGGCT) (PEDONC-4.7)** in the Pediatric and Special Populations Oncology Imaging Guidelines.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

CNS Lymphoma (Also Known as Microglioma) (ONC-2.7)

ON.CN.0002.7.A
v3.0.2025

Indication	Imaging Study
Initial Staging	ALL of the following are indicated: • MRI Brain without and with contrast (CPT® 70553) • MRI Cervical Spine without and with contrast (CPT® 72156) • MRI Thoracic Spine without and with contrast (CPT® 72157) • MRI Lumbar Spine without and with contrast (CPT® 72158)
Extra-neural evaluation to confirm CNS primary *Individuals with CNS Lymphoma that is metastatic should be imaged according to: • **Non-Hodgkin Lymphomas (ONC-27)** for individuals age ≥18 years • **Pediatric Aggressive Mature B-Cell Non-Hodgkin Lymphomas (NHL) (PEDONC-5.3)** in the Pediatric Oncology Imaging Guidelines for individuals age ≤17 years	ANY or ALL of the following are indicated: • CT Chest with contrast (CPT® 71260) • CT Abdomen and Pelvis with contrast (CPT® 74177) • PET/CT (CPT® 78815) can be approved for evaluation of inconclusive findings on CT imaging
Treatment Response	• MRI without and with contrast of all positive disease sites every 2 cycles
Suspected intracranial or intraspinal recurrence	• All imaging supported for initial staging may be repeated

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Indication	Imaging Study
Surveillance	• MRI without and with contrast of all positive disease sites every 3 months for 2 years, then every 6 months for 3 years, then annually thereafter

Evidence Discussion

Primary central nervous system lymphoma is an aggressive non-Hodgkin lymphoma that can occur in any location within the intracranial neuraxis (brain, spine, cranial nerves, and leptomeninges). This malignancy can occur in immunocompromised patients or immunocompetent patients and represents approximately 4% of all intracranial malignancies. Individuals may present with focal neurological deficits or nonspecific neurological findings depending on the specific location of tumor involvement.

For initial staging, MRI Brain without and with contrast and whole spine imaging without and with gadolinium contrast are indicated. CNS lymphoma has potential to spread throughout the intracranial neuraxis. For confirmation as a primary central nervous system lymphoma, extra neural evaluation is indicated and follows the ONC-27 Non-Hodgkin Lymphoma Guideline. This evaluation includes CT Chest with contrast and CT Abdomen and Pelvis with contrast. FDG PET/CT can be approved if extra-neural CT imaging is inconclusive. Evaluation of treatment response can be assessed after every 2 cycles of treatment with MRI without and with contrast of all positive disease sites. All imaging obtained for initial staging is repeated for suspected disease recurrence to evaluate for metastatic disease. Surveillance imaging includes MRI Brain without and with of all positive disease sites on a schedule outlined in the guideline.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Meningiomas (Intracranial and Intraspinal) (ONC-2.8)

ON.CN.0002.8.A
v3.0.2025

Indication	Imaging Study
Initial Staging of Intracranial Meningioma	ANY or ALL of the following are indicated: • MRI Brain without and with contrast (CPT® 70553) • CT Head (contrast as requested)
Initial staging of Intraspinal Meningioma	ONE of the following: • MRI without and with contrast of appropriate spinal region (Cervical CPT® 72156, Thoracic CPT® 72157, and Lumbar CPT® 72158) OR • CT without and with contrast of the appropriate spinal region (Cervical CPT® 72127, Thoracic CPT® 72130, and Lumbar CPT® 72133)
Inconclusive MRI Brain or CT Head and further imaging is needed to confirm diagnosis	• Dotatate PET/CT Brain (CPT® 78814)
Treatment Response	• MRI without and with contrast of all positive disease sites every 2 cycles
Suspected recurrence of intracranial or intraspinal disease	• All imaging supported for initial staging may be repeated
Suspected recurrence with inconclusive findings on MRI	Any ONE of the following studies: • Octreotide SPECT Brain (CPT® 78803) • Octreotide SPECT/CT Brain (CPT® 78830) • Dotatate PET/CT Brain (CPT® 78814)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Indication	Imaging Study
Surveillance for Grade I (low-grade) and Grade II (atypical) intracranial meningioma (completely resected, partially resected, and unresected)	• MRI Brain without and with contrast (CPT® 70553) every 3 months in year 1, then every 6 months for 5 years ◦ Imaging every 1-3 years thereafter as clinically indicated
Surveillance for Grade I (low-grade) and Grade II (atypical) intraspinal meningioma (completely resected, partially resected, and unresected)	ONE of the following at 3, 6, and 12 months, and then every 6 months for 5 years: • MRI without and with contrast (CPT® 72156 [Cervical spine], CPT® 72157 [Thoracic spine], CPT® 72158 [Lumbar spine]) of the involved spinal level OR • CT without and with contrast (CPT® 72127 [Cervical spine], CPT® 72130 [Thoracic spine], CPT® 72133 [Lumbar spine]) of the involved spinal level • Imaging every 1-3 years thereafter as clinically indicated
Surveillance for Grade III (malignant or anaplastic) Meningioma	• Intracranial Meningioma: MRI Brain without and with contrast (CPT® 70553) every 2 months for 3 years, and then every 3 months thereafter • Intraspinal Meningioma: MRI or CT without and with contrast of the involved spinal region every 2 months for 3 years and then every 3 months thereafter

Evidence Discussion

Meningiomas are the most frequent primary central nervous system tumors, accounting for approximately 34% of all primary brain and spine tumors. Meningiomas are extra-axial, dural-based tumors that are derived from the dura and occur throughout the neuroaxis. Meningiomas are a heterogeneous group of tumors that have been classified in three histologic grades, WHO Grades I (benign), II and III (aggressive). Meningiomas can involve bone resulting in bone overgrowth or infiltration into bony structures. Meningiomas are associated with genetic syndromes and molecular alterations.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Approaches for classification are evolving to incorporate histopathologic, genetic and molecular characteristics.

The standard imaging modality is MRI without and with contrast. CT imaging is supported, as there is potential for bone involvement. Meningioma overexpresses somatostatin receptors. PET imaging using various radiolabeled somatostatin receptor ligands (SSAs) such as 68Ga-DOTA-Tyr3-octreotide (DOTATOC), 68Ga-DOTA-d-Phe1-Tyr3-octreotide (DOTATATE), or 68Ga-DOTA-l-Nal3-octreotide (DOTANOC) have been used for the diagnostic evaluation of meningioma. PET imaging with these ligands is supported for restaging to clarify inconclusive findings on MRI imaging. ^{111}In-octreotide scintigraphy (octreotide) imaging has a similar imaging indication as ^{68}Ga-DOTATATE PET/CT. In surveillance, the schedule for follow-up MRI/CT imaging is based on tumor grade and extent of residual disease.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Spinal Cord Tumors (Benign and Malignant) (ONC-2.9)

ON.CN.0002.9.A

v3.0.2025

- See: **Low Grade Gliomas (ONC-2.2)** and **High Grade Gliomas (ONC-2.3)** for imaging guidelines of low-grade and high-grade gliomas of the spinal cord
- See: **Malignant Tumors of the Spinal Cord (PEDONC-4.9)** in the Pediatric and Special Populations Oncology Imaging Guidelines for other malignant spinal cord tumors
- See: **Neurofibromatosis 1 and 2 (NF1 and NF2) (PEDONC-2.3)** in the Pediatric and Special Populations Oncology Imaging Guidelines for spinal tumors in individuals with Neurofibromatosis 1 or 2
- See: **Spinal/Vertebral Metastases (ONC-31.6)** for known secondary malignancy involving the spine/spinal canal/spinal cord

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Choroid Plexus Tumors (ONC-2.10)

ON.CN.0002.10.A

v3.0.2025

- Choroid Plexus Tumor imaging indications in adult individuals are identical to those for pediatric individuals. See: **Choroid Plexus Tumors (PEDONC-4.13)** in the Pediatric and Special Populations Oncology Imaging Guidelines.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

References (ONC-2)

v3.0.2025

1. Nabors LB, Portnow J, Baehring J, et. al. National Comprehensive Cancer Network (NCCN) Guidelines Version 4.2024 – January 21, 2025 Central Nervous System Cancers, available at: https://www.nccn.org/professionals/physician_gls/pdf/cns.pdf. Referenced with permission from the NCCN Clinical Practice Guidelines in Oncology (NCCN Guidelines™) for Central Nervous System Tumors Cancer V4.2024. – January 21, 2025 ©2025 National Comprehensive Cancer Network, Inc. All rights reserved. The NCCN Guidelines™ and illustrations herein may not be reproduced in any form for any purpose without the express written permission of the NCCN. To view the most recent and complete version of the NCCN Guidelines™, go online to NCCN.org.
2. Brandão LA, Castillo M. Adult brain tumors: clinical applications of magnetic resonance spectroscopy. *Magn Reson Imaging Clin N Am.* 2016;24(4):781-809. doi:10.1016/j.mric.2016.07.005.
3. Pasquier D, Bijmolt S, Veninga T, et al. Atypical and malignant meningioma: outcome and prognostic factors in 119 irradiated patients. A multicenter, retrospective study of the Rare Cancer Network. *Int J Radiat Oncol Biol Phys*. 2008;71(5):1388. doi:10.1016.j.ijrobp.2007.12.020.
4. Modha A, Gutin PH. Diagnosis and treatment of atypical and anaplastic meningiomas: a review. *Neurosurgery*. 2005;57(3):538-550.
5. Horská A, Barker PB. Imaging of brain tumors: MR spectroscopy and metabolic imaging. *Neuroimaging Clin N Am*. 2010;20(3):293-310. doi:10.1016/j.nic.2010.04.003.
6. Sundgren PC. MR Spectroscopy in radiation Injury. *Am J Neuroradiol*. 2009;30(8):1469-1476. doi:10.3174/ajnr.A1580.
7. American College of Radiology. ACR–ASNR-SPR practice parameter for the performance of intracranial magnetic resonance perfusion imaging. 2017; Available at: https://www.acr.org/-/media/ACR/Files/Practice-Parameters/MR-Perfusion.pdf?la=en.
8. Mabray MC, Barajas Jr. RF, Cha S. Modern brain tumor imaging. *Brain Tumor Res. Treat*. 2015;3:8–23.
9. Ostrom QT, Price M, Neff C, et al. CBTRUS statistical report: primary brain and other central nervous system tumors diagnosed in the United States in 2015-2019. *Neuro Oncol.* 2022;24(Suppl 5):v1.
10. American College of Radiology. ACR–ASNR-SPR practice parameter for the performance and interpretation of magnetic resonance spectroscopy of the central nervous system. www.acr.org/-/media/ACR/Files/Practice-Parameters/mr-spectroscopy.pdf?la=en.
11. Brain tumours (primary) and brain metastases in adults. London: National Institute for Health and Care Excellence (NICE); 2021 Jan 29. (NICE Guideline, No. 99.) Available from: https://www.ncbi.nlm.nih.gov/books/NBK544711/
12. WHO Classification of Tumors Editorial Board (2021) Central nervous system tumours, 5th edn. International Agency for Research on Cancer, Lyon.
13. Echevarría ME, Fangusaro J, Goldman S. Pediatric central nervous system germ cell tumors: a review. *Oncologist*. 2008;13(6):690.
14. Jung AY. Basics for Pediatric brain tumor imaging: techniques and protocol recommendations. *BrainTumor Res Treat*. 2004;12:1-13.
15. Jaju A, Li Y, Dahmoush et al. Imaging of pediatric brain tumors: A COG Diagnostic Imaging Committee/SPROncology Committee/ASPNR White Paper. *Pediatr Blood Cancer.* 2023;70(Suppl. 4):e30147. doi:10.1002/pbc.30147.
16. Grommes C, Rubenstein JL et al. Comprehensive approach to diagnosis and treatment of newly diagnosed primary CNS lymphoma. *Neuro-Oncol*. 2018;21(3):296-305. doi:10.1093/neuonc/noy192.
17. Galldiks N, Albert NL et al. PET imaging in patients with meningioma-report of the RANO/PET Group. *Neuro Oncol.* 2017;19(12):1576.
18. Huntoon K, Toland AMS, Dahiya S. Meningioma: a review of clinicopathological and molecular aspects. *Front Oncol*. 2020;10:579599. doi:10.3389/fonc.2020.579599.
19. Maas SLN, Stichel D et al. Integrated molecular-morphologic meningioma classification: a multicenter retrospective analysis, retrospectively and prospectively validated. *J Clin Oncol*. 2021;39(34):3839.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

20. Han S, Suh CH, Woo S, Kim YJ, Lee JJ. Performance of 68Ga-DOTA-conjugated somatostatin receptor-targeting peptide PET in detection of pheochromocytoma and paraganglioma: a systematic review and metaanalysis. *J Nucl Med*. 2019; 60:369–376.
21. Duong LM, McCarthy BJ, McLendon RE, Dolecek TA, Kruchko C, Douglas LL, Ajani UA .. Descriptive epidemiology of malignant and nonmalignant primary spinal cord, spinal meninges, and cauda equina tumors, United States, 2004-2007. *Cancer*. 2012;118(17):4220. Epub 2012 Jan 3

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Squamous Cell Carcinomas of the Head and Neck (ONC-3)

Guideline

Squamous Cell Carcinomas of the Head and Neck – General Considerations (ONC-3.0)
Squamous Cell Carcinomas of the Head and Neck – Suspected/Diagnosis (ONC-3.1)
Squamous Cell Carcinomas of the Head and Neck – Initial Work-up/Staging (ONC-3.2)
Squamous Cell Carcinomas of the Head and Neck – Restaging/Recurrence (ONC-3.3)
Squamous Cell Carcinomas of the Head and Neck – Surveillance/Follow-up (ONC-3.4)
References (ONC-3)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Squamous Cell Carcinomas of the Head and Neck – General Considerations (ONC-3.0)

ON.HN.0003.0.A

v3.0.2025

- Individuals with esthesioneuroblastoma should be imaged according to this guideline section.
- Stage III/IV disease encompasses any primary tumor larger than 4 cm or documented lymph node positive disease.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Squamous Cell Carcinomas of the Head and Neck – Suspected/Diagnosis (ONC-3.1)

ON.HN.0003.1.A

v3.0.2025

- See: **Neck Masses - Imaging (NECK-5.1)** in the Neck Imaging Guidelines for evaluation of suspected malignancy in the neck.
- PET may be considered prior to biopsy in order to determine a more favorable site for biopsy when:
  - a prior biopsy was nondiagnostic or
  - a relatively inaccessible site is contemplated which would require invasive surgical intervention for biopsy attempt

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Squamous Cell Carcinomas of the Head and Neck – Initial Work-up/Staging (ONC-3.2)

ON.HN.0003.2.A
v3.0.2025

Indication	Imaging Study
All Stages of Disease	• CT Neck with contrast (CPT® 70491) **or** MRI Orbits/Face/Neck (OFN) without and with contrast (CPT® 70543) • CT Chest with contrast (CPT® 71260) or CT Chest without contrast (CPT® 71250)
For sentinel lymph node evaluation when nodes are not clinically positive	• Lymph system imaging (lymphoscintigraphy, CPT® 78195) ◦ SPECT/CT (CPT® 78830) if requested
Nasal cavity and paranasal sinuses (bony erosion or skull base and intracranial involvement)	ONE of the following studies is indicated: • CT Maxillofacial with contrast (CPT® 70487) • CT Neck with contrast (CPT® 70491) • MRI Orbits/Face/Neck without and with contrast (CPT® 70543)
Nasopharyngeal (NPC) Cancer	• PET/CT (CPT® 78815) • MRI Orbits/Face/Neck without and with contrast (CPT® 70543) is the preferred study ◦ CT Neck (CPT® 70491) **and/or** CT Maxillofacial (CPT® 70487) with contrast can be approved if contraindication to MRI • CT Chest with contrast (CPT® 71260)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Indication	Imaging Study
For ANY of the following: • Known stage III or IV disease • To determine role for upfront surgery vs chemoradiation in T3-T4 size tumor • Prior to start of primary chemoradiotherapy and have not undergone definitive surgical resection • Inconclusive findings on conventional imaging (CT, MRI) • In order to direct laryngoscopy/exam under anesthesia for biopsy • Pulmonary nodule(s) ≥8 mm in size • Cervical lymph node biopsy positive for squamous cell carcinoma and no primary site identified on CT or MRI Neck and Chest • Inconclusive findings suggestive of disease outside the head and neck area	• PET/CT (CPT® 78815)
Signs or symptoms of abdominal metastatic disease including, but not limited to, elevated liver function tests	• CT Abdomen with contrast (CPT® 74160)
Any head and neck cancer with neurological findings or suspicion of skull base invasion	• MRI Brain without and with contrast (CPT® 70553)

Evidence Discussion

Accurate initial staging guides prognosis and management options. CT Neck with contrast or MRI Neck with and without contrast is required for correct tumor, nodal, and metastases (TNM) staging. A Contrasted CT of the chest is also supported if requested.

- Classification of tumor staging involves determination of mass size and extent of invasion, if present, of surrounding structures.
- Size and location (including laterality and nodal basin) of pathologic lymph nodes is also required for accurate nodal staging, which will further direct treatment planning to include the extent of potential neck dissection and/or field of radiation.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Lymphoscintigraphy is supported, with SPECT if requested, for sentinel node evaluation when nodes are not clinically obviously positive.

- Assessment for potential distant metastases ("M") is based on clinical signs/symptoms and the presence of advanced locoregional primary disease. Discovery of distant metastasis, or a second primary, shifts management to more systemic options. A heavy smoking history also may be a separate indication for advanced imaging of the chest. Up to 7-14% of patients may have a separate lung primary at the time of initial staging of head and neck SCCa. The use of IV contrast improves the detection of mediastinal and hilar adenopathy, and generally, CT Chest with contrast is preferred. Given the rarity of abdominal or pelvic metastatic disease, abdominopelvic imaging is only supported for signs and symptoms of metastatic disease.
  - Nasopharyngeal carcinoma (NPC) has a relatively high rate of distant metastases compared with other head and neck cancers, being found in 5-11% of patients at the time of initial diagnosis. The most common sites of metastasis are bone (20%), lung (13%), and liver (9%).
- FDG-PET/CT Skull Base to Mid-Thigh detects and localizes primary tumor site, and can be helpful in squamous cell carcinoma (SCCa) of the head and neck with unknown primary. It is also equivalent to and possibly superior to contrast-enhanced CT Neck for accurate diagnosis of regional nodal disease. It is helpful in confirming distant metastases as well. The National Comprehensive Cancer Network (NCCN) recommends FDG-PET/CT for initial staging of any NPC, as well as for patients with locoregionally advanced SCCa (ie, T3-T4 primary or >/= N1 nodal staging).
  - PET/CT alone, however, is not sufficient for initial staging. It does not provide the necessary anatomic detail of the primary tumor's extent for accurate "T" staging, which is required for best selection of local disease management options. Contrast-enhanced CT Neck or MRI Neck are necessary adjuncts.
  - If imaging fails to reveal an obvious primary, PET/CT should be completed before exam under anesthesia, biopsies, and tonsillectomy, to help identify potential primary sites before any intervention occurs.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Squamous Cell Carcinomas of the Head and Neck – Restaging/Recurrence (ONC-3.3)

ON.HN.0003.3.A
v3.0.2025

Indication	Imaging Study
Following complete resection and/or radical neck dissection	See: **Surveillance/Follow-up (ONC-3.4)**
Following primary chemoradiotherapy or radiation therapy in individuals who have not undergone surgical resection of primary tumor or neck dissection	ONE of the following: • CT Neck with contrast (CPT® 70491); **or** • MRI Orbits/Face/Neck without and with contrast (CPT® 70543); **or** • PET/CT (CPT® 78815) no sooner than 12 weeks (3 months) post completion of radiation therapy ◦ If post-treatment PET/CT scan is negative, further surveillance imaging is not routinely indicated.
Post-treatment PET is positive for residual disease	ONE of the following: • CT Neck with contrast (CPT® 70491); **or** • MRI Orbits/Face/Neck without and with contrast (CPT® 70543)
Post-treatment PET is equivocal for residual disease	PET/CT (CPT® 78815) at 3-6 months from prior post-treatment PET/CT
Induction chemotherapy response	• CT Neck with contrast (CPT® 70491) or MRI Orbits/Face/Neck without and with contrast (CPT® 70543) • PET not indicated to assess response to induction chemotherapy
Concern for progression seen on imaging performed at completion of induction chemotherapy	EITHER or ALL of the following: • CT Chest with contrast (CPT® 71260) or CT Chest without contrast (CPT® 71250) • PET/CT (CPT® 78815)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Indication	Imaging Study
Measurable or metastatic disease undergoing active treatment	Every 2 cycles (6-8 weeks): • CT Neck with contrast (CPT® 70491) OR • MRI Orbits/ Face/Neck without and with contrast (CPT® 70543) AND • CT with contrast of involved body sites
Suspected local recurrence	• CT Neck with contrast (CPT® 70491) or MRI Orbits/ Face/Neck without and with contrast (CPT® 70543) • CT Chest with contrast (CPT® 71260)
Biopsy proven local recurrence	ONE of the following: • PET/CT (CPT® 78815) **or** • CT Neck with contrast (CPT® 70491) or MRI Orbits/ Face/Neck without and with contrast (CPT® 70543) and CT Chest with contrast (CPT® 71260) or CT Chest without contrast (CPT® 71250)
Inconclusive conventional imaging (CT or MRI)	• PET/CT (CPT® 78815)
Any of the following: • Known prior thoracic disease • New or worsening pulmonary symptoms • New or worsening chest x-ray findings	• CT Chest with contrast (CPT® 71260) or CT Chest without contrast (CPT® 71250)

Evidence Discussion

Follow-up imaging is required for the evaluation of treatment response. In alignment with the NCCN, a PET/CT is supported following primary chemoradiotherapy in individuals who have not undergone surgical resection of the primary tumor or neck dissection. For patients receiving induction chemotherapy prior to definitive therapy, a CT or MRI of the primary tumor site to assess response is recommended by NCCN after 2-3 cycles of

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

induction, but a repeat PET/CT is not routinely recommended by NCCN unless there are unclear findings on this CT or MRI. For patients with metastatic disease on active treatment, cross sectional imaging of involved body areas is supported every 2 cycles. PET/CT is supported for only as a problem-solving tool for inconclusive conventional imaging, as the incidence of false positive findings is high in the setting of ongoing inflammation with known disease.

For individuals treated with primary chemoradiotherapy, a negative PET at the 3-6 month timeframe predicts improved survival at 2 years, with a negative predictive value of 95-97%. PET/CT performed earlier than this timeframe is associated with higher false-positive findings and should be avoided. CT or MRI neck may be performed **in lieu of** PET/CT, but PET/CT has excellent sensitivity and specificity in this setting, so these studies are generally not supported **in addition to** a PET/CT as they add additional radiation without a clear impact on management.

For suspected local recurrence, CT or MRI of the primary site (neck/face) is supported, as well as CT of the chest as lung and mediastinal nodes are the most common site of metastatic disease at recurrence, often without pulmonary symptoms. PET/CT has a relatively high false-positive rate due to ongoing inflammatory changes, and thus these guidelines do not support PET/CT for suspected recurrence until recurrence is proven by biopsy.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Squamous Cell Carcinomas of the Head and Neck – Surveillance/Follow-up (ONC-3.4)

ON.HN.0003.4.A
v3.0.2025

Indications	Imaging Study
Individuals treated with surgical resection of primary site and/or neck dissection (with or without postoperative radiation therapy)	Once within 6 months of completing all treatment: • CT Neck with contrast (CPT® 70491) **or** MRI Orbits/Face/Neck without and with contrast (CPT® 70543) • CT with contrast of any other involved body area
If above post-treatment CT or MRI imaging shows residual abnormalities	ONE of the following, once within 6 months of prior imaging: • CT Neck with contrast (CPT® 70491) OR • MRI Orbits/Face/Neck without and with contrast (CPT® 70543)
Individuals treated with definitive radiation therapy or combined chemoradiation, and post-treatment imaging is negative	Further surveillance imaging is not routinely indicated
After initial post-treatment study, for ANY of the following: • Nasopharyngeal primary site • Difficult physical exam due to the effects of treatment (e.g., scarring, etc.) or unable to visualize deep-seated primary site	Annually for 3 years: • CT Neck with contrast (CPT® 70491) **or** MRI Orbits/Face/Neck without and with contrast (CPT® 70543)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Indications	Imaging Study
• CT Chest is not indicated for surveillance. Individuals with smoking history may undergo annual low dose CT cancer screening if criteria are met (See: **Lung Cancer Screening (CH-33)** in the Chest Imaging Guidelines)	

Evidence Discussion

Timely detection and accurate assessment of the extent of recurrent disease will direct salvage therapy and improve prognosis. A thorough head and neck clinical examination will typically guide any additional imaging that may be necessary, after post-treatment baseline imaging. There is no controlled prospective data showing a survival benefit for long term surveillance imaging. 3-year disease free survival in patients undergoing surveillance imaging vs those undergoing clinical surveillance only is not significantly different (41% vs 46%, P=0.91) . Given the excellent NPV of PET/CT 3-6 months post therapy, and the fact that median time to recurrence is 6 months, eviCore guidelines support cross sectional imaging once within 6 months of completion of therapy, following the initial post treatment PET/CT. For patients whose primary tumor site cannot be evaluated with physical exam and for patients with nasopharyngeal primary tumors, CT neck or MRI face/orbit neck are supported annually for 3 years, as 80-90% of recurrences occur within 3 years.

The role of annual CT Chest screening for surveillance of lung metastasis is controversial in head and neck cancer, following primary definitive treatment (surgery, XRT, or systemic therapy/XRT). Further study is needed to determine the extent of the positive effect and/or cost-effectiveness of this approach. Patients with a heavy smoking history may be at increased risk, and may meet criteria for low-dose CT lung cancer screening as defined in CH-33 in the Chest Imaging Guidelines.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (ONC-3)

v3.0.2025

1. Pfister DG, Spencer S, Adkins D, et al. National Comprehensive Cancer Network (NCCN) Guidelines Version 2.2025 – January 17, 2025 Head and Neck Cancers, available at: https://www.nccn.org/professionals/physician_gls/pdf/head-and-neck.pdf. Referenced with permission from the NCCN Clinical Practice Guidelines in Oncology (NCCN Guidelines™) for Head and Neck Cancer V2.2025 – January 17, 2025 ©2025 National Comprehensive Cancer Network, Inc. All rights reserved. The NCCN Guidelines™ and illustrations herein may not be reproduced in any form for any purpose without the express written permission of the NCCN. To view the most recent and complete version of the NCCN Guidelines™, go online to NCCN.org.
2. Goel R, Moore W, Sumer B, Khan S, Sher D, Subramaniam RM. Clinical practice in PET/CT for the management of head and neck squamous cell cancer. *AJR Am J Roentgenol.* 2017;209(2):289-303. doi:10.2214/AJR.17.18301.
3. Moncrieff M, Pywell S, Snelling A, et. al. Effectiveness of SPECT/CT imaging for sentinel node biopsy staging of primary cutaneous melanoma and patient outcomes. *Ann Surg Oncol.* 2022;29(2):767-775. doi:10.1245/s10434-021-10911-4.
4. Quartuccio N, Garau LM, Arnone A, et. al. Comparsion of 99mTc-labeled colloid SPECT/CT and planar lymphoscintigraphy in sentinel lymph node detection in patients with melanoma: a meta-analysis. *J Clin Med*. 2020;9(6):1680. doi:10.3390/jcm9061680.
5. Bennie G, Vorster M, Buscombe J, Sathekge M. The added value of a single-photon emission computed tomography-computed in sentinel lymph node mapping in patients with breast cancer and malignant melanoma. *World J Nucl Med*. 2015;14(01):41-46. doi:10.4103/1450-1147.150543.
6. Gule-Monroe MK, Calle S, Policeni B, et al. ACR Appropriateness Criteria® Staging and Post-Therapy Assessment of Head and Neck Cancer. *J Am Coll Radiol*. 2023;20(11S):S521-S564. doi:10.1016/j.jacr.2023.08.008.
7. Yao M, Smith RB, Graham MM, et al. The role of FDG PET in management of neck metastasis from head-and-neck cancer after definitive radiation treatment. *Int J Radiat Oncol Biol Phys*. 2005;63(4):991-9. doi:10.1016/j.ijrobp.2005.03.066.
8. Moeller BJ, Rana V, Cannon BA, et al. Prospective risk-adjusted [18F] Fluorodeoxyglucose positron emission tomography and computed tomography assessment of radiation response in head and neck cancer. *J Clin Oncol.* 2009;27(15):2509-15. doi:10.1200/JCO.2008.19.3300.
9. Lowe VJ, Duan F, Subramaniam RM, et al. Multicenter Trial of [18F] fluorodeoxyglucose positron emission tomography/computed tomography staging of head and neck cancer and negative predictive value and surgical impact in the N0 neck: results from ACRIN 6685. *J Clin Oncol*. 2019;37(20):1704-1712. doi:10.1200/JCO.18.01182.
10. Awan MJ, Lavertu P, Zender C, et al. Post-treatment PET/CT and p16 status for predicting treatment outcomes in locally advanced head and neck cancer after definitive radiation. *Eur J Nucl Med Mol Imaging*. 2017;44(6):988-997. doi:10.1007/s00259-016-3612-1.
11. Ho AS, Tsao GJ, Chen FW, et al. Impact of positron emission tomography/computed tomography surveillance at 12 and 24 months for detecting head and neck cancer recurrence. *Cancer*. 2013;19:1349-1356.
12. Heineman TE, Kuan EC, St John MA. When should surveillance imaging be performed after treatment for head and neck cancer? *Laryngoscope*. 2017;127:533-534.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Salivary Gland Cancers (ONC-4)

Guideline

Salivary Gland Cancers – General Considerations (ONC-4.0)
Salivary Gland Cancers – Suspected/Diagnosis (ONC-4.1)
Salivary Gland Cancers – Initial Work-up/Staging (ONC-4.2)
Salivary Gland Cancers – Restaging/Recurrence (ONC-4.3)
Salivary Gland Cancers – Surveillance/Follow-up (ONC-4.4)
References (ONC-4)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Salivary Gland Cancers – General Considerations (ONC-4.0)

ON.SG.0004.0.A

v3.0.2025

- Salivary gland tumors may originate within the parotid, submandibular, sublingual or minor salivary glands in the mouth.
- Histological subtypes include:
  - mucoepidermoid
  - acinic
  - adenocarcinoma
  - adenoid cystic carcinoma
  - malignant myoepithelial tumors
  - squamous cell carcinoma
  - lymphoma and metastatic squamous carcinoma can occur in the parotid gland
- Over 80% of parotid gland tumors are benign. A bilateral parotid tumor is most likely Warthin's tumor.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Salivary Gland Cancers – Suspected/ Diagnosis (ONC-4.1)

ON.SG.0004.1.A

v3.0.2025

- See: **Salivary Gland Disorders (NECK-11)** and **Neck Masses – Imaging (NECK-5.1)** in the Neck Imaging Guidelines for evaluation of salivary gland masses, salivary gland stones and neck masses.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Salivary Gland Cancers – Initial Work-up/ Staging (ONC-4.2)

ON.SG.0004.2.A
v3.0.2025

Indication	Imaging Study
Biopsy-proven malignancy	ONE of the following can be approved: • MRI Orbits/Face/Neck without and with contrast (CPT® 70543) • CT Neck with contrast (CPT® 70491) • CT Neck without contrast (CPT® 70490)
Skull base invasion	• MRI Brain without and with contrast (CPT® 70553)
• Adenoid cystic carcinoma • Lymphadenopathy in the neck • Pulmonary signs or symptoms • Abnormal chest x-ray	• CT Chest with contrast (CPT® 71260) or CT Chest without contrast (CPT® 71250)
Inconclusive findings on conventional imaging	• PET/CT (CPT® 78815)

Evidence Discussion

There are over 40 histologies of salivary gland malignancies, with different patterns of presentation and invasiveness. The choice of MRI vs CT depends on location of tumor, specific symptoms, and patient characteristics. CT may be useful to assess stones and sialadenitis, which may mimic tumor, and I superior for assessing cortical bone erosion. MRI is superior in the assessment of extent of soft tissue disease and perineural invasion. Contrast is recommended in all studies to better outline primary site and to better assess nodal involvement.

In individuals who present with metastatic disease outside the neck, 90% are lung/ chest node metastases. Metastatic disease to lung is most common with adenoid cystic carcinoma and chest imaging is supported in all patients with this histology. Contrast should be used to allow for assessment of nodal disease in the chest. In other histologies, metastatic disease is less common, and thus chest imaging is only supported in patients with neck adenopathy, abnormal chest x-ray, or pulmonary signs and symptoms.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Perineural and skull base invasion may occur with salivary gland cancers, particularly with adenoid cystic carcinoma, where perineural spread is seen in 50-60% of patients. When skull base invasion is clinically suspected an MRI brain with and without contrast is supported by these guidelines in the interest of patient safety. MRI with and without gadolinium and with fat-saturated, T1 weighted MRI sequences is the most sensitive technique to evaluate for invasion of skull base and perineural invasion.

The role of PET/CT remains controversial in salivary gland cancers. Several studies show no statistically significant different in outcomes with imaging with PET/CT vs conventional imaging. The rate of change in treatment plan based on imaging with PET/CT is widely variable across studies, ranging from 15-47%. PET/CT is not adequate to distinguish benign from malignant parotid tumors. Benign tumors such as Warthin tumor can have FDG uptake, and low-grade malignant tumors may not take up FDG. Healthy salivary glands may also exhibit FDG uptake and obscure tumors. While there is emerging evidence in the use of FDG-PET/CT and PET/MRI to assess for distant disease and perineural spread, it is not considered routine at this time and is not routinely recommended by the NCCN. PET/CT thus remains reserved as a problem-solving tool when conventional imaging is inconclusive.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Salivary Gland Cancers – Restaging/ Recurrence (ONC-4.3)

ON.SG.0004.3.A
v3.0.2025

Indication	Imaging Study
After complete surgical resection	One-time imaging to establish baseline within 3-4 months of surgical resection is medically necessary using ONE of the following: • MRI Orbits/Face/Neck without and with contrast (CPT® 70543) • CT Neck with contrast (CPT® 70491) • CT Neck without contrast (CPT® 70490)
Individuals with unresected disease receiving systemic therapy (chemotherapy)	The following may be approved every 2 cycles: • CT Neck with contrast (CPT® 70491) OR MRI Orbits/Face/Neck without and with contrast (CPT® 70543) • CT with contrast or MRI without and with for any other sites of disease
Recurrence or progression suspected based on new or worsening signs or symptoms	ONE of the following may be approved: • CT Neck with contrast (CPT® 70491) • MRI Orbits/Face/Neck without and with contrast (CPT® 70543) In addition, for all individuals: • CT Chest with contrast (CPT® 71260)
Inconclusive findings on conventional imaging	• PET/CT (CPT® 78815)
All other individuals	• No routine advanced imaging indicated

Evidence Discussion

NCCN supported one-time imaging with CT or MRI to establish a new baseline for future comparison.[1] CT or MRI based on initial tumor and patient characteristics is

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

supported every 2 cycles of systemic chemotherapy. If recurrence of progression is clinically suspected at any time, CT neck with contrast or MRI without and with contrast is supported based on prior tumor characteristics and symptoms, per NCCN recommendations and ACR Appropriateness Criteria®. The incidence of metastatic disease to the chest is higher at recurrence than at initial presentation, with 63% of patients with metastatic recurrence presenting with metastatic disease to the chest, so CT Chest is supported for suspected recurrence. Contrast should be used to allow better assessment of nodal disease, in addition to parenchymal lesions. PET/CT remains a tool for the clarification of inconclusive findings on conventional imaging. Any CNS symptoms warrant MRI with further guidance in guideline ONC-31.3.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Salivary Gland Cancers – Surveillance/ Follow-up (ONC-4.4)

ON.SG.0004.4.A
v3.0.2025

Indication	Imaging Study
Total surgical resection	• No routine advanced imaging indicated
Unresectable or partially resected disease, including those treated with radiation therapy	• Either CT Neck with contrast (CPT® 70491) or MRI Orbits/Face/Neck without and with contrast (CPT® 70543) once within 6 months of completion of treatment
Adenoid cystic carcinoma	ANY of the following, annually for up to 10 years: • CT Neck with contrast (CPT® 70491) or MRI Orbits/Face/Neck without and with contrast (CPT® 70543) • CT Chest with contrast (CPT® 71260) or CT Chest without contrast (CPT® 71250)

Evidence Discussion

The mainstay of surveillance for head and neck cancers including salivary gland carcinoma are frequent history and physical examination. For most histologies, no survival benefit has been documented with imaging surveillance over clinical surveillance. The NCCN notes most recurrences are picked up by patient report of symptoms. For all histologies other than adenoid cystic carcinoma, guidelines support imaging of the primary tumor site once within 6 months from completion of therapy to establish post-treatment baseline, with further imaging guided by signs and symptoms of recurrence. Adenoid cystic carcinoma has the highest incidence of metastatic disease, with over 60 percent of patients presenting with metastatic disease at recurrence having a history of this histology. They also have the longest risk of recurrence, with a median time to recurrence of 3 years with some recurrences occurring as late as 10 years from diagnosis. For patients with a history of adenoid cystic carcinoma, CT Neck with contrast or MRI orbit/face/neck as well as CT Chest with or without contrast are supported annually for up to 10 years.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

References (ONC-4)

v3.0.2025

1. Pfister DG, Spencer S, Adkins D et al. National Comprehensive Cancer Network (NCCN) Guidelines Version 2.2025 January 17, 2025 Head and Neck Cancers, available at: https://www.nccn.org/professionals/physician_gls/pdf/head-and-neck.pdf. Referenced with permission from the NCCN Clinical Practice Guidelines in Oncology (NCCN Guidelines™) for Head and Neck Cancer 2.2025 January 17, 2025. ©2025 National Comprehensive Cancer Network, Inc. All rights reserved. The NCCN Guidelines™ and illustrations herein may not be reproduced in any form for any purpose without the express written permission of the NCCN. To view the most recent and complete version of the NCCN Guidelines™, go online to NCCN.org.
2. Palacios E, Ellis M, Lam EC, Neitzschman H, Haile M. Pitfalls in imaging the submandibular glands with PET/CT. *Ear Nose Throat* J. 2015;94(10-11):E37-E39.
3. Seo YL, Yoon DY, Baek S, et al. Incidental focal FDG uptake in the parotid glands on PET/CT in patients with head and neck malignancy. *Eur Radiol*. 2015;25(1):171-177. doi:10.1007/s00330-0140339701.
4. Park HL, Yoo le R, Lee N, et al. The value of F-18 FDG PET for planning treatment and detecting recurrence in malignant salivary gland tumors: comparison with conventional imaging studies. *Nucl Med Mol Imaging*. 2013;47(4):242-248. doi:10.1007/s13139-013-0222-8.
5. Bertagna F, Nicolai P, Maroldi R. Diagnostic role of 18F-FDG-PET or PET/CT in salivary gland tumors: a systematic review. *Rev Esp Med Nucl Imagen Mol*.2015;34(5):295-302.
6. Garg M, Tudor-Green B, Bisase B. Current thinking in the management of adenoid cystic carcinoma of the head and neck. *British Journal of Oral and Maxillofacial Surgery*. 2019;57(8):716-721. doi:10.1016/j.bjoms.2019.07.021.
7. Geiger JL, Ismaila N, Beadle B, et al. Management of salivary gland malignancy: ASCO guideline. *Journal of Clinical Oncology*. 2021;39(17):1909-1941. doi:10.1200/JCO.21.00449.
8. Gule-Monroe MK, Calle S, Policeni B, et al. ACR Appropriateness Criteria® Staging and Post-Therapy Assessment of Head and Neck Cancer. *J Am Coll Radiol*. 2023;20(11S):S521-S564. doi:10.1016/j.jacr.2023.08.008.
9. National Cancer Institute PDQ for Salivary Gland Cancer Treatment-Health Professional Version. Salivary Gland Cancer Treatment (PDQ®) - NCI.
10. Kim MJ, Kim JS, Roh JL, et al. Utility of 18F-FDG PET/CT for detecting neck metastasis in patients with salivary gland carcinomas: preoperative planning for necessity and extent of neck dissection. *Ann Surg Oncol.* 2013;20(3):899-905. doi:10.1245/s10434-012-2716-5.
11. Larson CR, Wiggins RH. FDG-PET imaging of salivary gland tumors. *Semin Ultrasound CT MR*. 2019;40(5):391-399. doi:10.1053/j.sult.2019.07.003.
12. Yousem DM, Kraut MA, Chalian AA. Major salivary gland imaging. *Radiology*. 2000;216(1):19-29. doi:10.1148/radiology.216.1.r00jl4519.
13. Mimica X, McGill M, Hay A, et al. Distant metastasis of salivary gland cancer: Incidence, management, and outcomes. *Cancer*. 2020;126(10):2153-2162. doi:10.1002/cncr.32792.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Melanomas and Other Skin Cancers (ONC-5)

Guideline

Melanoma – General Considerations (ONC-5.0)
Melanoma – Suspected/Diagnosis (ONC-5.1)
Melanoma – Initial Work-up/Staging (ONC-5.2)
Melanoma – Restaging/Recurrence (ONC-5.3)
Melanoma – Surveillance/Follow-up (ONC-5.4)
Non-Melanoma Skin Cancers – General Considerations (ONC-5.5)
Non-Melanoma Skin Cancers – Initial Work-up/Staging (ONC-5.6)
Non-Melanoma Skin Cancers – Restaging/Recurrence (ONC-5.7)
Non-Melanoma Skin Cancers – Surveillance/Follow-up (ONC-5.8)
Ocular Melanoma (ONC-5.9)
References (ONC-5)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Melanoma – General Considerations (ONC-5.0)

ON.SC.0005.0.A
v3.0.2025

- Melanomas can metastasize in an unpredictable fashion.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Melanoma – Suspected/Diagnosis (ONC-5.1)

ON.SC.0005.1.A
v3.0.2025

Indication	Imaging Study
All	• Imaging is not indicated until histologic diagnosis is confirmed

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Melanoma – Initial Work-up/Staging (ONC-5.2)

ON.SC.0005.2.A
v3.0.2025

Indication	Imaging Study
Stage 0 or IA (in situ or disease <1 mm)	• Routine advanced imaging is not indicated
• Stage IB (<0.8 mm with ulceration or 0.8-1 mm without or with ulceration) • Stage II (lesions >1 mm thick, but node negative)	• CT with contrast or MRI without and with contrast of specific areas, only if signs or symptoms indicate need for further evaluation
For sentinel lymph node evaluation in stages IB and II	• Lymph system imaging (lymphoscintigraphy, CPT® 78195) ◦ SPECT/CT (CPT® 78830) if requested
Any of the following: • Stage III (sentinel node positive, palpable regional nodes) • Stage IV (metastatic)	• MRI Brain without and with contrast (CPT® 70553) AND one of the following: • PET/CT (CPT® 78815 or CPT® 78816) OR • CT Chest with contrast (CPT® 71260) and CT Abdomen and Pelvis with contrast (CPT® 74177)
• Head or neck primary site • Palpable lymphadenopathy in the neck • Mucosal melanoma of the head or neck region	In addition to above initial staging imaging, if PET/CT not performed: • CT Neck with contrast (CPT® 70491)
• Primary site of melanoma is unknown **and** CT Chest, Abdomen, and Pelvis are negative	• PET/CT (CPT® 78815 or CPT® 78816)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Evidence Discussion

Formal diagnosis and clinical staging of melanoma needs to take place before any imaging is completed as 84% of patients present with localized disease, 9% with regional disease and 4% with distant metastatic disease. Stage 0 (in situ) or 1A does not require routine advanced imaging as the 5 year survival rate is >98% with very little risk for recurrence or metastases. For Stage IB or II disease, sentinel lymph node mapping is indicated and depending on results, survival rates range from 50-90% that also incorporates tumor thickness, ulceration and mitotic rate. The yield of imaging in screening patients with clinical Stage 0-II disease for asymptomatic distant metastatic disease is very low due to low sensitivity and false positive findings. Therefore, the NCCN does not recommend imaging unless needed for surgical planning or to evaluate specific signs or symptoms of disease. Stage III or IV disease can be staged using PET/CT or CT Chest/Abdomen/Pelvis, with PET/CT often preferred due to its superiority over CT in detecting distant metastases. Baseline MRI brain is indicated with or without symptoms due to high risk of CNS involvement estimated to be 15.8% at 5 years for Stage III and up to 60% overall in individuals with advanced stage disease. If primary site of melanoma is unknown and CT Chest/Abdomen/Pelvis negative, PET/CT can be performed due to its higher sensitivity and ability to image the extremities.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Melanoma – Restaging/Recurrence (ONC-5.3)

ON.SC.0005.3.A

v3.0.2025

- All recurrences should be confirmed histologically, except when excessive morbidity from a biopsy may occur, such as a biopsy requiring craniotomy.

Indication	Imaging Study
Individuals receiving chemotherapy, with measurable disease, every 2 cycles (commonly every 6 to 8 weeks)	• CT Chest with contrast (CPT® 71260); **and** CT Abdomen and Pelvis with contrast (CPT® 74177)
All in situ recurrences	• Restaging imaging is not needed after adequate aggressive local therapy (See Surveillance below)
Documented or clinically suspected (see top of page regarding biopsy morbidity) recurrence at: • True scar recurrence (if re-excision suggests more than in situ disease) • In-transit disease • Regional lymph nodes • Metastatic site	• CT Chest with contrast (CPT® 71260); **and** CT Abdomen and Pelvis with contrast (CPT® 74177) In addition, for all individuals: • MRI Brain without and with contrast (CPT® 70553) In addition, for head or neck primary: • CT Neck with contrast (CPT® 70491)
ANY of the following: • Inconclusive findings on conventional imaging • Isolated metastatic site found on conventional imaging	• PET/CT (CPT® 78815 or CPT® 78816)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Indication	Imaging Study
Brain imaging is indicated for: • New discovery of metastatic disease or progression of metastatic disease • Signs or symptoms of CNS disease • If considering Interleukin (IL-2) therapy	• MRI Brain without and with contrast (CPT® 70553)

Evidence Discussion

Individuals receiving chemotherapy with measurable disease can undergo CT Chest/Abdomen/Pelvis every 2 cycles. In situ recurrences do not require restaging imaging due to its high cure rate while recurrence at the primary site, in-transit disease, regional nodes and metastatic site can undergo CT Chest/Abdomen/Pelvis and MRI Brain due to the higher risk of CNS involvement. PET/CT is reserved for inconclusive findings or isolated metastatic site found on CT imaging to guide decisions on local versus systemic therapy. MRI Brain is also indicated for newly diagnosed or progressive metastatic disease, signs or symptoms of CNS involvement or if IL-2 therapy is being considered.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Melanoma – Surveillance/Follow-up (ONC-5.4)

ON.SC.0005.4.A
v3.0.2025

Indication	Imaging Study
Stage 0, IA, IB and IIA Melanomas	• No routine advanced imaging indicated
Stage IIB, IIC, IIIA and IIIB Melanomas	• CT Chest (CPT® 71260) **and** CT Abdomen and Pelvis (CPT® 74177) with contrast every 6 months for 2 years, then annually for 3 years • For melanoma arising from extremities, advanced imaging of the primary site is not routinely indicated for surveillance in asymptomatic individuals.
Stage IIIC and IV Melanomas	• CT Chest (CPT® 71260) **and** CT Abdomen and Pelvis (CPT® 74177) with contrast every 3 months for 2 years, then every 6 months for 3 years • MRI Brain without and with contrast (CPT® 70553) annually for 3 years • For melanoma arising from extremities, advanced imaging of the primary site is not routinely indicated for surveillance in asymptomatic individuals.
Mucosal Melanoma of the head or neck region	In addition to above stage-based surveillance imaging, the following may be obtained ONCE within 6 months of completing all treatment: • CT Neck with contrast (CPT® 70491) or MRI Orbits/Face/Neck without and with contrast (CPT® 70543) • CT with contrast of any other involved body area
Liver metastases treated with focal therapy	• See: **Liver Metastases (ONC-31.2)**

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Evidence Discussion

The majority of recurrences, especially in those with early stage disease, are detected clinically by either the patient or during physical exam thus supporting no surveillance imaging in Stage 0, 1A, 1B and IIA disease. Furthermore, additional studies have reported low yield, significant false positivity (often associated with increased patient anxiety and medical costs) and risks of cumulative radiation exposure. 7 Patient with more advanced disease are more likely to recur, and recur more quickly, with the risk of recurrence reaching low levels after only 2.7 years, thereby supporting Stage IIB/IIC as well as Stage IIIA/IIIB undergoing CT Chest/Abdomen/Pelvis every 6 months for 2 years then annually for 3 years. Due to the even high risk of early distant recurrence, Stage IIIC/IV should undergo CT Chest/Abdomen/Pelvis every 3 months for 2 years then every 6 months for 3 years as well as MRI brain annually for 3 years. The utility of PET/CT scan in sentinel lymph positive Stage III melanoma was minimal with only 2 out of 38 patients (108 total scans) being true positive with 9 scans showing false positive results thus supporting CT rather than PET/CT imaging in this setting. For melanoma arising from extremities, advanced imaging of the primary site is not indicated in asymptomatic individuals. Mucosal melanoma of the head or neck region can also undergo on a one-time basis CT Neck or MRI Orbits/Face/Neck or CT of any other involved body area within 6 months of completing treatment.

The NCCN (Principles of Imaging) does not specify the type of imaging required during the workup, response assessment or surveillance other than listing "cross-sectional with or without brain imaging" thus allowing the provider to determine if CT or PET/CT may be most appropriate. Amongst the many factors playing a role in this decision include cost, convenience, false positives/false negatives, dye and radiation exposure.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Non-Melanoma Skin Cancers – General Considerations (ONC-5.5)

ON.SC.0005.5.A

v3.0.2025

- Advanced imaging is generally not indicated for basal cell and squamous cell skin cancers.
- PET/CT scan is not indicated for evaluation of non-melanoma skin cancers unless specified within the guidelines below (e.g. Merkel cell carcinoma).
- Merkel cell carcinoma is an unusual skin cancer with neuroendocrine-like histologic features, which has a high propensity (25% to 33%) for regional lymph node spread and occasionally, metastatic spread to lungs.
- Merkel cell carcinoma may present as a primary cancer or as a skin metastasis from a non-cutaneous primary neuroendocrine carcinoma (i.e., small cell lung cancer), therefore conventional imaging is indicated initially to confirm the absence of metastasis prior to considering PET scan.

Evidence Discussion

Advanced imaging to include PET/CT is generally not indicated for basal cell (BCC) or squamous cell (SCC) skin cancers. The incidence of metastatic BCC was found to be <1% at 14 years of follow-up while metastatic SCC is noted to be rare. Merkel cell carcinoma, due to its high propensity (25-33%) for regional lymph node spread as well as distant metastases (12-20%), conventional imaging is indicated initially prior to considering PET scan.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Non-Melanoma Skin Cancers – Initial Work-up/Staging (ONC-5.6)

ON.SC.0005.6.A
v3.0.2025

Indication	Imaging Study
Body area with unexplained signs or symptoms	• CT with contrast of that body area
Perineural invasion or local regional extension (i.e. bone; deep soft tissue) involvement	ONE of the following may be approved of the primary site: • MRI without contrast **or** without and with contrast • CT (contrast as requested)
Skin lesion may be a dermal metastasis from distant primary	• CT Chest (CPT® 71260) and CT Abdomen and Pelvis (CPT® 74177) with contrast • PET/CT (CPT® 78815 or CPT® 78816) is indicated if conventional imaging (CT or MRI) is unable to identify a primary site
Squamous cell carcinoma head or neck skin with regional lymphadenopathy	• CT Neck (CPT® 70491) and CT Chest (CPT® 71260) with contrast
Merkel Cell carcinoma	• CT Chest with contrast (CPT® 71260) and CT Abdomen and Pelvis with contrast (CPT® 74177) • CT with contrast of other involved body area(s) • PET/CT (CPT® 78815 or CPT® 78816) if inconclusive conventional imaging • Lymph system imaging (lymphoscintigraphy, CPT® 78195) for sentinel lymph node evaluation ◦ SPECT/CT (CPT® 78830) if requested
Signs or symptoms of CNS involvement	• MRI Brain with and without contrast (CPT® 70553)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Evidence Discussion

A body area with unexplained signs or symptoms can undergo imaging with CT with contrast. For SCC, MRI or CT of the primary site with MRI favored if there is perineural or deep soft tissue involvement while CT is preferred for bone disease. If the skin lesion is felt to be a dermal metastasis from a distant primary, CT Chest/Abdomen/Pelvis with contrast is the initial recommended imaging with PET/CT indicated if conventional imaging is unable to identify a primary site and especially if the primary tumor may involve an extremity.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Non-Melanoma Skin Cancers – Restaging/Recurrence (ONC-5.7)

ON.SC.0005.7.A

v3.0.2025

- All recurrences should be confirmed histologically, except when excessive morbidity from a biopsy may occur, such as a biopsy requiring craniotomy.

Indication	Imaging Study
Recurrence where planned therapy is more extensive than simple wide local excision	• CT with contrast of the primary and recurrent site(s)
Suspected or biopsy-proven recurrence of Merkel cell carcinoma	• CT Chest (CPT® 71260) **and** CT Abdomen and Pelvis (CPT® 74177) with contrast • CT with contrast of other symptomatic body area(s)
Inconclusive findings on conventional imaging	• PET/CT (CPT® 78815 or 78816)
Signs or symptoms of CNS involvement	• MRI Brain without and with contrast (CPT® 70553)

Evidence Discussion

For recurrences where planned therapy is more extensive than simple wide local excision, CT with contrast of primary site and recurrent site(s) is indicated. Merkel cell carcinoma recurrence can be evaluated with CT Chest/Abdomen/Pelvis plus any other symptomatic areas. PET/CT can be done for inconclusive findings on conventional imaging. MRI Brain indicated for signs or symptoms of CNS involvement.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Non-Melanoma Skin Cancers – Surveillance/Follow-up (ONC-5.8)

ON.SC.0005.8.A
v3.0.2025

Indication	Imaging Study
Merkel cell cancer with any of the following high-risk factors: • Stage II-IV • Individuals assigned male at birth • Immunosuppression • Merkel Cell polyomavirus negative status • Age ≥70 • Non-sentinel lymph node metastases	• CT Chest (CPT® 71260) and CT Abdomen and Pelvis (CPT® 74177) with contrast every 6 months for 5 years • Add CT Neck with contrast (CPT® 70491) if known prior neck disease or scalp/facial/neck disease
All others	• Routine advanced imaging for surveillance is not indicated • Imaging indicated only for signs and symptoms of recurrent disease

Evidence Discussion

In node positive Merkel cell carcinoma, recurrence rates have been found to be up to 33% at 5 years. In addition, individuals assigned male at birth are twice as likely to develop Merkel Cell carcinoma. Also, the likelihood of developing Merkel Cell increases with age. One study showed that 73.6% of Merkel Cell cases are diagnosed at age greater than 70 (Grabowski, 2008). Additional risk factors for recurrence of Merkel Cell are polyomavirus negative status, non-sentinel lymph node metastases, and immunosuppression (Bordeaux, 2025). Routine imaging is not indicated for SCC or BCC in the absence of signs and symptoms of recurrence.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Ocular Melanoma (ONC-5.9)

ON.SC.0005.9.A
v3.0.2025

General Considerations

- Approximately 95% of ocular melanomas arise from the uvea (iris, ciliary body and choroid) and 5% arise from the conjunctiva or orbit.
- Biopsy is usually not necessary for initial diagnosis of uveal melanoma but may be useful in cases when diagnosis is uncertain (e.g. amelanotic tumors, retinal detachment) or for prognostic analysis and risk stratification.
- Treatment is directed to the affected eye with systemic therapy reserved only for known metastatic disease.
- The most common site of metastatic disease is the liver.
- Surveillance of the affected eye is with clinical examination only; advanced imaging is supported for surveillance of systemic metastatic disease based on individual risk factors. See risk categories below for surveillance recommendations.

Ocular Melanoma Risk Categories

Low Risk	Medium Risk	High-Risk
T1	T2 and T3	T4
Class IA	Class IB	Class 2
Spindle cell histology	Mixed Spindle and Epitheloid cells	Epitheloid cell histology
No extraoccular extension	No extraoccular extension	Extraoccular extension present
No ciliary body involvement	No ciliary body involvement	Ciliary body involvement present
Chromosome mutations: • Disomy 3 • EIF1AX mutation • Gain of chromosome 6p	Chromosome mutations: • SF3B1 mutation	Chromosome mutations: • BAP1 mutation • PRAME mutation • Monosomy 3 • Gain of chromosome 8q

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Indication	Imaging Study
Initial staging of suspected or biopsy-proven uveal melanoma	ANY or ALL of the following: • CT Chest with contrast (CPT® 71260) • CT Abdomen and Pelvis with contrast (CPT® 74177), OR MRI Abdomen without and with contrast (CPT® 74183) with CT Pelvis with contrast (CPT® 72913), OR MRI Abdomen without and with contrast (CPT® 74183) with MRI Pelvis without and with contrast (CPT® 72197) • MRI Orbits/Face/Neck without and with contrast (CPT® 70543)
Neurological signs/ symptoms	• MRI Brain without and with contrast (CPT® 70553)
Restaging/Suspected Recurrence	ANY or ALL of the following: • MRI Brain without and with contrast (CPT® 70553) • MRI Orbits/Face/Neck without and with contrast (CPT® 70543) • CT Chest with contrast (CPT® 71260) AND one of the following: • CT Abdomen and Pelvis with contrast (CPT® 74177) OR • MRI Abdomen without and with contrast (CPT® 74183) with CT Pelvis with contrast (CPT® 72913) OR ◦ Ultrasound Abdomen may be substituted for MRI Abdomen if requested • MRI Abdomen without and with contrast (CPT® 74183) with MRI Pelvis without and with contrast (CPT® 72197)
Surveillance for Low Risk disease	Annually for 10 years: • CT Chest with contrast (CPT® 71260) • CT Abdomen with contrast (CPT® 74160) or MRI Abdomen without and with contrast (CPT® 74183)
Surveillance for Medium Risk disease	Every 6 months up to year 10: • CT Chest with contrast (CPT® 71260) • CT Abdomen with contrast (CPT® 74160) or MRI Abdomen without and with contrast (CPT® 74183)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Indication	Imaging Study
Surveillance for High-risk disease	Every 3 months for 5 years, then every 6 months up to year 10: • CT Chest with contrast (CPT® 71260) • CT Abdomen with contrast (CPT® 74160) or MRI Abdomen without and with contrast (CPT® 74183)

Evidence Discussion

Approximately 95% of ocular melanoma occur in the uvea and 5% from the conjunctiva or orbit. Biopsy may not be mandatory for diagnosis but should be performed if diagnosis is uncertain or for prognostic analysis and risk stratification. Less than 3% of cases present with metastatic disease with 5 year risk of metastasis ranging from 3-5% in Stage I to 44% or higher in Stage III. The most common site of metastatic disease is the liver (80%) but may also spread to the lungs, bone, skin/soft tissue and lymph nodes. Surveillance of the affected eye is with clinical examination only with advanced imaging supported based on individual risk factors. Initial staging includes MRI orbits/face/neck to determine extraocular extension that impacts treatment planning (radiation therapy versus enucleation). While the risk of baseline metastases may be low, the NCCN favors baseline staging before treatment to include CT Chest/Abdomen/Pelvis in addition to aforementioned MRI. MRI brain indicated with any neurologic signs or symptoms. Restaging/recurrence with same imaging as initial staging as well as including MRI brain. Surveillance: Local recurrence is rare (<10%) and the development of metastatic disease is much more common (up to 70% up to 20 years after initial diagnosis) hence the following recommendations for surveillance that does not include local imaging unless clinically indicated. For low risk disease, CT Chest with CT or MRI of the abdomen annually for 10 years. For medium risk disease, same as low risk but every 6 months for a total of 10 years. For high risk disease, every 3 months for 5 years, then annually for a total of 10 years. The NCCN recognizes the optimal surveillance strategy is an issue of debate due to overall low yield of testing and the risk of cumulative radiation exposure.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (ONC-5)

v3.0.2025

1. Swetter SM, Johnson, D, Albertini MR, et al. National Comprehensive Cancer Network (NCCN) Guidelines Version 2.2025 – January 28, 2025 Melanoma: Cutaneous, available at: https://www.nccn.org/professionals/physician_gls/pdf/cutaneous_melanoma.pdf Referenced with permission from the NCCN Clinical Practice Guidelines in Oncology (NCCN Guidelines™) for Melanoma: Cutaneous V2.2025 – January 28, 2025 ©2025 National Comprehensive Cancer Network, Inc. All rights reserved. The NCCN Guidelines™ and illustrations herein may not be reproduced in any form for any purpose without the express written permission of the NCCN. To view the most recent and complete version of the NCCN Guidelines™, go online to NCCN.org.
2. Swetter S, Johnson D, Albertini MR, et al. National Comprehensive Cancer Network (NCCN) Guidelines Version 1.2025 – February 11, 2025 Melanoma: Uveal, available at: https://www.nccn.org/professionals/physician_gls/pdf/uveal.pdf Referenced with permission from the NCCN Clinical Practice Guidelines in Oncology (NCCN Guidelines™) for Melanoma: Uveal V1.2025 – February 11, 2025 ©2025 National Comprehensive Cancer Network, Inc. All rights reserved. The NCCN Guidelines™ and illustrations herein may not be reproduced in any form for any purpose without the express written permission of the NCCN. To view the most recent and complete version of the NCCN Guidelines™, go online to NCCN.org.
3. Bordeaux J, Blitzblau R, Aasi SZ, et al. National Comprehensive Cancer Network (NCCN) Guidelines Version 1.2025 – January 13, 2025 Merkel Cell Carcinoma, available at: https://www.nccn.org/professionals/physician_gls/pdf/mcc.pdf Referenced with permission from the NCCN Clinical Practice Guidelines in Oncology (NCCN Guidelines™) for Merkel Cell Carcinoma V1.2025 – January 13, 2025 ©2025 National Comprehensive Cancer Network, Inc. All rights reserved. The NCCN Guidelines™ and illustrations herein may not be reproduced in any form for any purpose without the express written permission of the NCCN. To view the most recent and complete version of the NCCN Guidelines™, go online to NCCN.org.
4. Bordeaux J, Aasi SZ, Alam M, et al. National Comprehensive Cancer Network (NCCN) Guidelines Version 2.2025 – February 7, 2025 Basal Cell Skin Cancer, available at: https://www.nccn.org/professionals/physician_gls/pdf/nmsc.pdf Referenced with permission from the NCCN Clinical Practice Guidelines in Oncology (NCCN Guidelines™) for Basal Cell Skin Cancer V2.2025 – February 7, 2025 ©2025 National Comprehensive Cancer Network, Inc. All rights reserved. The NCCN Guidelines™ and illustrations herein may not be reproduced in any form for any purpose without the express written permission of the NCCN. To view the most recent and complete version of the NCCN Guidelines™, go online to NCCN.org
5. Bordeaux J, Aasi SZ, Alam M, et al, National Comprehensive Cancer Network (NCCN) Guidelines Version 2.2025 – February 7, 2025 Squamous Cell Skin Cancer, available at: https://www.nccn.org/professionals/physician_gls/pdf/squamous.pdf Referenced with permission from the NCCN Clinical Practice Guidelines in Oncology (NCCN Guidelines™) for Squamous Cell Skin Cancer V2.2025 – February 7, 2025 ©2025 National Comprehensive Cancer Network, Inc. All rights reserved. The NCCN Guidelines™ and illustrations herein may not be reproduced in any form for any purpose without the express written permission of the NCCN. To view the most recent and complete version of the NCCN Guidelines™, go online to NCCN.org.
6. Schröer-Günther MA, Wolff RF, Westwood ME, et al. F-18-fluoro-2-deoxyglucose positron emission tomography (PET) and PET/computed tomography imaging in primary staging of patients with malignant melanoma: a systematic review. *Syst Rev*. 2012;1:62. doi:10.1186/2046-4053-1-62.
7. Xing Y, Bronstein Y, Ross MI, et al. Contemporary diagnostic imaging modalities for the staging and surveillance of melanoma patients: a meta-analysis. *J Natl Cancer Inst*. 2011;103(2):129-142. doi:10.1093/jnci/djq455.
8. Rodriguez Rivera AM, Alabbas H, Ramjuan A, Meguerditchian AN. Value of positron emission tomography scan in stage III cutaneous melanoma: a systematic review and meta-analysis. *Surg Oncol*. 2014;23(1):11-16. doi:10.1016/j.suronc.2014.01.002.
9. Nathan P, Cohen V, Coupland S, et al. Uveal melanoma UK national guidelines. *European Journal of Cancer*. 2015;51(16):2404-2412. doi:10.1016/j.ejca/2015.07.013.
10. Moncrieff M, Pywell S, Snelling A, et. al. Effectiveness of SPECT/CT imaging for sentinel node biopsy staging of primary cutaneous melanoma and patient outcomes. *Ann Surg Oncol*. 2022;29(2):767-775. doi:10.1245/s10434-021-10911-4.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

11. Bennie G, Vorster M, Buscombe J, Sathekge M. The added value of a single-photon emission computed tomography-computed in sentinel lymph node mapping in patients with breast cancer and malignant melanoma. *World J Nucl Med.* 2015;14(01):41-46. doi:10.4103/1450-1147.150543
12. Quartuccio N, Garau LM, Arnone A, et. al. Comparsion of 99mTc-labeled colloid SPECT/CT and planar lymphoscintigraphy in sentinel lymph node detection in patients with melanoma: a meta-analysis. *J Clin Med*. 2020;9(6):1680. doi:10.3390/jcm9061680.
13. Echanique KA, Ghazizadeh S, Moon A, et al. Head and neck melanomas: a 22-year experience of recurrence following sentinel lymph node biopsy. *Laryngoscope Investigative Otolaryngology*. 2021;6:738-746. doi:10.1002/lio2.605.
14. Licata G, Scharf, Ronchi A, et al. Diagnosis and management of melanoma of the scalp: a review of the literature. *Clinical, Cosmetic and Investigative Dermatology*. 2021;14:1435-1447. doi:10.2147/CCID.S293115.
15. Shreve C, Shropshire C, Cotter D. Metastatic Squamous cell carcinoma: a cautionary tale. *Cureus*, 2020;12(10): e10879.
16. Nguyen-Nielsen M, Wang L, Pedersen L, et al. The incidence of metastatic basal cell carcinoma (mBCC) in Denmark, 1997-2010. *Eur J Dermatol*. 2015;25:463-468.
17. Siegel RL, Miller KD, Jemal A. Cancer statistics, 2015. *CA Cancer J Clin*. 2015;65:5-29.
18. Melanoma Survival Rates - Melanoma Research Alliance (curemelanoma.org)
19. Haydu L, Lo S, et al. Cumulative Incidence and predictors of CNS metastasis for patient with AJCC 8th edition stage III melanoma. *Journal of Clinical Oncology*. 2020;38.
20. Ajithkumar T, Parkinson C, Fife K, Corrie P, Jefferies S. Evolving treatment options for melanoma brain metastases. *Lancet Oncol*. 2015;16:e486–e497. doi:10.1016/S1470-2045(15)00141-2.
21. Garbe C, Paul A, Kohler-Spath H, et al. Prospective evaluation of a follow-up schedule in cutaneous melanoma patients: recommendations for an effective follow-up strategy. *J Clin Oncol*. 2003;21:520-529.
22. Baker JJ, Meyers MO, Frank J, et al. Routine restaging PET/CT and detection of initial recurrence in sentinel lymph node positive stage III melanoma. *Am J Surg*. 2014;207:549-554.
23. Rajagopal S, Yao X, Abadir W, et al. Surveillance evaluations in patients with stage I, II, III, or resectable IV melanoma who were treated with curative intent: a systematic review. *Surgical Oncology*. 2024;54:102077. doi:10.1016/j.suronc.2024.102077.
24. Grabowski J, Saltzstein SL, Sadler GR, Tahir Z, Blair S. A comparison of Merkel cell carcinoma and melanoma: results from the California cancer registry. *Clin Med Oncol*. 2008;2:327-333. doi:10.4137/cmo.s423.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Thyroid Cancer (ONC-6)

Guideline

Thyroid Cancer – General Considerations (ONC-6.0)
Thyroid Cancer – Suspected/Diagnosis (ONC-6.1)
Thyroid Cancer – Initial Work-up/Staging (ONC-6.2)
Thyroid Cancer – Restaging/Recurrence (ONC-6.3)
Thyroid Cancer – Surveillance/Follow-up (ONC-6.4)
References (ONC-6)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Thyroid Cancer – General Considerations (ONC-6.0)

ON.TC.0006.0.A

v3.0.2025

- Individuals of all ages with thyroid cancer are imaged according to this guideline.
- Whole-Body Thyroid Nuclear scan (also known as whole-body radioiodine scan) is coded with CPT® 78018. If CPT® 78018 is obtained and found to be positive, CPT® 78020 may be approved as an add-on test to evaluate the degree of iodine uptake.
- Single photon emission computed tomography (SPECT) imaging – Radiopharmaceutical Localization of Tumor SPECT (CPT® 78803 or CPT® 78831) or SPECT/CT Hybrid study (CPT® 78830 or CPT® 78832) may complement planar and pinhole imaging and can be approved as an add-on wherever radioiodine (RAI) scans are indicated.
- Whole-Body Thyroid Nuclear scan (also known as whole-body RAI scan) is the imaging modality of choice for differentiated thyroid cancers, as these are usually not well visualized on FDG-PET/CT scans. Individuals who have RAI-diagnostic scan negative and PET-positive disease will generally not respond to RAI treatment, whereas individuals who have PET-negative and RAI-diagnostic scan negative disease may still be candidates for empiric RAI treatment.
- Radioiodine (RAI) refractory disease is defined as: (i) the malignant/metastatic tissue does not ever concentrate RAI (no uptake outside the thyroid bed at the first therapeutic WBS), (ii)the tumor tissue loses the ability to concentrate RAI after previous evidence of RAI-avid disease (in the absence of stable iodine contamination), (iii) RAI is concentrated in some lesions but not in others, and (iv) metastatic disease progresses despite significant concentration of RAI[6].

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Thyroid Cancer – Suspected/Diagnosis (ONC-6.1)

ON.TC.0006.1.A

v3.0.2025

- See: **Thyroid Nodule (NECK-8.1)** in the Neck Imaging Guidelines for suspected thyroid malignancies.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Thyroid Cancer – Initial Work-up/Staging (ONC-6.2)

ON.TC.0006.2.A
v3.0.2025

Follicular, Papillary, and Hürthle Cell (Oncocytic) Carcinomas	Imaging Study
ONE of the following: • Locally advanced disease or fixation suggested by clinical exam and/or ultrasound • Substernal or bulky disease • Disease precluding full ultrasound examination • Vocal cord paresis	ONE of the following: • MRI Neck without contrast (CPT® 70540) • MRI Neck without and with contrast (CPT® 70543) • CT Neck with contrast (CPT® 70491) can be approved if contrast study is necessary for complete pre-operative assessment and use of IV contrast will not delay post-operative use of RAI therapy.
• Extent of thyroid remnant cannot be accurately ascertained from the surgical report, neck ultrasound, or cross-sectional imaging • Unresectable residual disease • To assess for iodine-avid metastatic disease • When the results may alter the decision to treat • Prior to administration of RAI therapy	• Whole-Body Thyroid Nuclear scan (CPT® 78018) ◦ CPT® 78020 is indicated as an add-on test to evaluate the degree of iodine uptake AND/OR • SPECT (CPT® 78803, or CPT® 78831), OR SPECT/CT Hybrid study (CPT® 78830, or CPT® 78832)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Follicular, Papillary, and Hürthle Cell (Oncocytic) Carcinomas	Imaging Study
Skeletal pain	• Bone scan (CPT® 78306) See also: **Nuclear Medicine (NM) Imaging in Oncology (ONC-1.3)** for additional bone scan codes • Whole-Body Thyroid Nuclear scan (CPT® 78018) ◦ CPT® 78020 is indicated as an add-on test to evaluate the degree of iodine uptake AND/OR • SPECT (CPT® 78803 or CPT® 78831), OR SPECT/CT Hybrid study (CPT® 78830, or CPT® 78832)
Suspicious findings on chest x-ray, US, or substernal extension of mass	• CT Chest without contrast (CPT® 71250)
All other individuals	• Routine preoperative advanced imaging is not indicated

Medullary Thyroid Carcinomas	Imaging Study
ANY of the following: • Elevated CEA levels • Calcitonin level >300pg/mL • Positive lymph nodes	ANY or ALL of the following: • CT Neck with contrast (CPT® 70491) • CT Chest with contrast (CPT® 71260) • CT Abdomen with contrast (CPT® 74160) **or** CT Abdomen without and with contrast (CPT® 74170) • MRI Abdomen without and with contrast (CPT® 74183) • Bone scan (CPT® 78306) see also: **Nuclear Medicine (NM) Imaging in Oncology (ONC-1.3)** for additional bone scan codes

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Medullary Thyroid Carcinomas	Imaging Study
Skeletal pain	• Bone scan (CPT® 78306) see also: **Nuclear Medicine (NM) Imaging in Oncology (ONC-1.3)** for additional bone scan codes
Inconclusive findings on conventional imaging	• ^{68}Gallium-labeled PET/CT (CPT® 78815)

Anaplastic/Poorly Differentiated Thyroid Carcinomas	Imaging Study
All	ANY or ALL of the following: • CT Neck with contrast (CPT® 70491) or MRI Orbit, Face, Neck without and with contrast (CPT® 70543) • CT Chest with contrast (CPT® 71260) • CT Abdomen and Pelvis with contrast (CPT® 74177) • FDG PET/CT (CPT® 78815) • CT Head with contrast (CPT® 70460)
Skeletal pain	• Bone scan see also: **Nuclear Medicine (NM) Imaging (ONC-1.3)** in Oncology

Evidence Discussion

For Follicular, Papillary and Hurthle Cell carcinomas, focused imaging of the neck using contrast enhanced CT or MRI is recommended to assess extent of local disease and guide pre-surgical planning. CT Chest with contrast may be indicated based on these results to include substernal extension of the thyroid mass. There are no established guidelines regarding the minimum gap between contrast enhanced CT with iodinated contrast agents and iodine-131/123 for whole body scintigraphy (WBS) in the treatment of residual disease and distant metastases, with majority recommendation of a gap of 4 weeks and 2 months. In the post-thyroidectomy setting, WBS is recommended to assess for either extent of thyroid remnant, when results may alter the decision to treat and prior to administration of radioactive iodine (RAI) therapy. In the presence of skeletal pain, whole body bone scan or WBS to assess for osseous metastases. Medullary thyroid carcinoma is frequently aggressive with 48% of patients having localized disease, 35% with tumors extending beyond the thyroid into surrounding tissues or regional nodes and 13% with distant metastases typically to the lung, liver

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

or bones. Due to these concerns, more extensive staging is indicated that includes contrast enhanced CT of neck, chest and abdomen as well as bone scan if there are elevated CEA levels, calcitonin level >300 pg/nL or positive lymph nodes. Skeletal pain can be imaged with bone scan. Gallium-68 labelled dotatate PET/CT or if not available Indium-111-pentetreotide (Octreoscan) is useful due to high expression of somatostatin receptors in MTC and is indicated if conventional imaging is inconclusive due to its high sensitivity compared to other imaging modalities especially if calcitonin levels are >500. Anaplastic thyroid carcinoma is the most aggressive variant of thyroid cancer with distant metastases in over 50% of cases at presentation most commonly involving the lung, bone and brain with 5 year survival < 10%. Complete staging with CT Neck, Chest, Abdomen and Pelvis is supported in conjunction with FDG PET/CT as the diagnostic contrasted CTs may better elucidate vascular and airway involvement. MRI of the brain is also indicated.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Thyroid Cancer – Restaging/Recurrence (ONC-6.3)

ON.TC.0006.3.A
v3.0.2025

Follicular, Papillary, and Hürthle Cell (Oncocytic) Carcinomas	Imaging Study
Post-thyroidectomy, if gross residual disease	ONE of the following: • MRI Neck without contrast (CPT® 70540) • MRI Neck without and with contrast (CPT® 70543) • CT Neck with contrast (CPT® 70491)
Within 2 weeks (ideally 7 to 10 days) following the administration of Radioactive Iodine therapy	• Whole-body thyroid nuclear scan (CPT® 78018) • The following may be approved as an add-on test: ◦ CPT® 78020 to evaluate the degree of iodine uptake ◦ SPECT (CPT® 78803, or CPT® 78831), or SPECT/CT Hybrid study (CPT® 78830, or CPT® 78832)
ANY of the following: • Recurrence documented by biopsy • Increasing thyroglobulin level without Thyrogen® stimulation • Thyroglobulin level >2 ng/mL or higher than previous after Thyrogen® stimulation • Anti-thyroglobulin antibody present • Evidence of residual thyroid tissue on ultrasound or physical exam after thyroidectomy or ablation	ALL of the following: • CT Neck with contrast (CPT® 70491) or MRI Neck without and with contrast (CPT® 70543) • CT Chest with contrast (CPT® 71260) • CT with contrast of any symptomatic body area • Whole-body Thyroid Nuclear Scan (CPT® 78018) ◦ The following may be approved as an add-on test: ▪ CPT® 78020 to evaluate the degree of iodine uptake ▪ SPECT (CPT® 78803 or CPT® 78831), or SPECT/CT Hybrid study (CPT® 78830, or CPT® 78832)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Follicular, Papillary, and Hürthle Cell (Oncocytic) Carcinomas	Imaging Study
ANY of the following: • Rising thyroglobulin level with negative CT scans AND radioiodine scan • Inconclusive findings on conventional imaging (CT scans and radioiodine scan) • Known radioiodine-refractory disease and CT scans are negative or inconclusive	• FDG PET/CT (CPT® 78815)
Measurable metastatic disease on systemic therapy (no more often than every 2 cycles)	• CT Chest with contrast (CPT® 71260) • CT with contrast of affected or symptomatic body area

Medullary Thyroid Carcinoma	Imaging Study
ANY of the following: • Elevated CEA levels • Calcitonin level ≥150 pg/mL • Signs or symptoms of recurrence	ANY or ALL of the following: • CT Neck with contrast (CPT® 70491) or MRI Neck without and with contrast (CPT® 70543) • CT Chest with contrast (CPT® 71260) • CT Abdomen either with (CPT® 74160) or without and with contrast (CPT® 74170) • Bone scan (CPT® 78306) See also: **Nuclear Medicine (NM) Imaging (ONC-1.3)** in Oncology
Inconclusive conventional imaging with calcitonin ≥150 pg per mL	• ^{68}Gallium-labeled DOTATATE PET/CT (CPT® 78815)
Calcitonin level >500	ONE of the following: • MRI Abdomen without and with contrast (CPT® 74183) • Whole-body MRI (CPT® 76498)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Anaplastic/Poorly Differentiated Thyroid Carcinoma	Imaging Study
Measurable metastatic disease on systemic treatment	Any of the following every 2 cycles (usually every 6-8 weeks): • CT Neck with contrast (CPT® 70491) • CT Chest with contrast (CPT® 71260) • CT Abdomen and Pelvis with contrast (CPT® 74177) • CT of any other involved/symptomatic sites
Signs or symptoms of recurrence	ONE of the following combinations, not both: • CT Neck with contrast (CPT® 70491), CT Chest with contrast (CPT® 71260), CT Abdomen and Pelvis with contrast (CPT® 74177) **OR** • FDG PET/CT (CPT® 78815) In addition to one of the above studies: • MRI Brain without and with contrast (CPT® 70553)

Evidence Discussion

For Follicular, Papillary and Hurthle Cell carcinomas, CT or MRI neck can be performed if gross residual disease is found in the neck post-thyroidectomy. RAI therapy is administered after thyroidectomy for several reasons to include remnant ablation, treat presumed foci of neoplastic cells and/or treat persistent or recurrent disease. Within 2 weeks of treatment, WBS is indicated to stage the disease and document the I-131 avidity of any structural lesion. Follow-up is usually a combination of exam, laboratories (thyroglobulin and anti-thyroglobulin antibody levels) and ultrasound. If there is concern for recurrence, CT of the neck/chest as well as any symptomatic body area along with WBS should be performed to complete restaging. In the setting of rising thyroglobulin level with negative conventional imaging, inconclusive conventional imaging or known RAI-refractory disease with negative/inconclusive CT scans, FDG PET/CT can be performed due to its high sensitivity (94%) and specificity (80-84%) compared to conventional imaging. FDG uptake is associated with a worse prognosis and refractoriness to RAI therapy. Initial imaging for MTC recurrence based on elevated CEA levels, calcitonin level >150 pg/mL or signs/symptoms of recurrence should

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

undergo CT or MRI Neck, CT Chest and Abdomen, and bone scan. If this imaging is inconclusive and calcitonin is >150, Gallium-68 labeled dotatate PET/CT or if not available Indium-111-pentetreotide (Octreoscan) is indicated as outlined in the initial work-up/staging section. In individuals with very high calcitonin levels, whole-body MRI or MRI liver are useful for imaging evaluation to evaluate for metastases.[1] Initial imaging for ATC recurrence includes either CT Neck, Chest, Abdomen and Pelvis or FDG PET/CT as well as MRI Brain due to its aggressive and widespread behavior. For individuals on systemic therapy, CT of neck/chest/abdomen/pelvis with any additional involved/symptomatic sites can be done every 2 cycles.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Thyroid Cancer – Surveillance/Follow-up (ONC-6.4)

ON.TC.0006.4.A
v3.0.2025

Follicular, Papillary, and Hürthle Cell (Oncocytic) Carcinomas	Imaging Study
Individuals being monitored on active surveillance	• Neck ultrasound (CPT® 76536) every 6 months for 2 years, and then annually thereafter
All other individuals post-treatment	• Neck ultrasound (CPT® 76536) once at 6-12 months post-treatment, and then annually thereafter
For individuals with ANY of the following: • Node positive disease • RAI-avid metastases	• Whole-body Thyroid Nuclear Scan annually (CPT® 78018) ◦ CPT® 78020 is indicated as an add-on test to evaluate the degree of iodine uptake AND/OR • SPECT (CPT® 78803, or CPT® 78831), OR SPECT/CT Hybrid study (CPT® 78830, or CPT® 78832)

Medullary Carcinomas	Imaging Study
All individuals	• CEA and calcitonin are required for monitoring medullary carcinomas • Routine surveillance imaging is not indicated

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Anaplastic/Poorly Differentiated Thyroid Carcinomas	Imaging Study
All individuals	Every 3 months for 2 years: • CT Neck with contrast (CPT® 70491) • CT Chest with contrast (CPT® 71260) • CT Abdomen and Pelvis with contrast (CPT® 74177) • MRI Brain without and with contrast (CPT® 70553)

Evidence Discussion

For Follicular, Papillary and Hurthle Cell carcinomas, all individuals are monitored with ultrasound either every 6 months for 2 years then annually (active surveillance) or once at 6-12 months then annually (post-treatment). For node positive disease or RAI-avid metastases, WBS annually. MTC is monitored with CEA and calcitonin levels with no routine imaging indicated. ATC requires close monitoring with CT neck/chest/abdomen/pelvis and MRI Brain every 3 months for 2 years as the vast majority of relapses occur within this timeframe.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

References (ONC-6)

v3.0.2025

1. Haddad RH, Bischoff L, Salgado SA, et al. National Comprehensive Cancer Network (NCCN) Guidelines Version 1.2025 – March 27. 2025 Thyroid carcinoma, available at: https://www.nccn.org/professionals/physician_gls/pdf/thyroid.pdf Referenced with permission from the NCCN Clinical Practice Guidelines in Oncology (NCCN Guidelines™) for Thyroid carcinoma V1.2025 – March 27, 2025 ©2025 National Comprehensive Cancer Network, Inc. All rights reserved. The NCCN Guidelines™ and illustrations herein may not be reproduced in any form for any purpose without the express written permission of the NCCN. To view the most recent and complete version of the NCCN Guidelines™, go online to NCCN.org.
2. Slough CM, Randolph GW. Workup of well-differentiated thyroid carcinoma. *Cancer Control*. 2006;13(2):99-105. doi:10.1177/107327480601300203.
3. Smallridge RC, Ain KB, Asa SL, et al. American Thyroid Association guidelines for management of patients with anaplastic thyroid cancer. *Thyroid*. 2012;22(11):1104-1139. doi:10.1089/thy.2012.0302.
4. Wells SA Jr, Asa SL, Dralle H, et al. American Thyroid Association guidelines for the management of medullary thyroid carcinoma. *Thyroid.* 2015;25(6):567-610. doi:10.1089/thy.2014.0335.
5. Yeh MW, Bauer AJ, Bernet VA, et al. American Thyroid Association statement on preoperative imaging for thyroid cancer surgery. *Thyroid.* 2015;25:3-14. doi:10.1089/thy.2014.0096.
6. Haugen BR, Alexander EK, Bible KB, et al. 2015 American Thyroid Association management guidelines for adult patients with thyroid nodules and differentiated thyroid cancer: the American Thyroid Association guidelines task force on thyroid nodules and differentiated thyroid cancer. *Thyroid*. 2016;26(1):1-133. doi:10.1089/thy.2015.0020.
7. Silberstein EB, Alavi A, Balon HR, et al. The SNMMI Practice Guideline for therapy of thyroid disease with ^{131}I3.0.*J Nucl Med*. 2012;53(10):1633-1651. doi:10.2967/jnumed.112.105148.
8. Avram AM, Fig LM, Frey KA, Gross MD, Wong KK. Preablation 131-I scans with SPECT/CT in postoperative thyroid cancer patients: what is the impact on staging? *J Clin Endocrinol Metab*. February 21, 2013 [Epub ahead of print].

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Small Cell Lung Cancer (ONC-7)

Guideline

Small Cell Lung Cancer – General Considerations (ONC-7.0)
Small Cell Lung Cancer – Suspected/Diagnosis (ONC-7.1)
Small Cell Lung Cancer – Initial Work-up/Staging (ONC-7.2)
Small Cell Lung Cancer – Restaging/Recurrence (ONC-7.3)
Small Cell Lung Cancer – Surveillance/Follow-up ONC-7.4
References (ONC-7)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Small Cell Lung Cancer – General Considerations (ONC-7.0)

ON.SL.0007.0.A

v3.0.2025

- Combined histologies of small and non-small cell are considered small cell lung cancer. Use this guideline for imaging recommendations for small and large cell high-grade (poorly differentiated) neuroendocrine tumors of the lung.
- Imaging is presently guided by traditional staging of limited or extensive disease.
  - Extensive stage is either metastatic disease or an extent which cannot be encompassed by a single radiotherapy portal.
  - Limited staging is confined to one side of the chest.
- Individuals treated curatively for SCLC are at increased risk for developing a second lung cancer. If new lung nodule is seen on imaging without any evidence of other systemic disease, follow **Lung Metastases (ONC-31.1)** for work-up of nodule.
- For carcinoid (low-grade neuroendocrine tumors) of the lung, see: **Neuroendocrine Cancers and Adrenal Tumors (ONC-15)**.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Small Cell Lung Cancer – Suspected/ Diagnosis (ONC-7.1)

ON.SL.0007.1.A
v3.0.2025

Indication	Imaging Study
• Abnormal chest x-ray or clinical suspicion remains high despite a normal chest x-ray in symptomatic individual	• CT Chest without contrast (CPT® 71250) **or** • CT Chest with contrast (CPT® 71260)
• Pulmonary nodule <8 mm in size noted on CT Chest	• See: **Incidental Pulmonary Nodules Detected on CT Images (CH-16.2)** in the Chest Imaging Guidelines
• Pulmonary nodule 8 mm (0.8 cm) to 30 mm (3 cm) seen on CT Chest or MRI Chest	• PET/CT (CPT® 78815) • PET is Positive: Qualifies as initial staging PET/CT
• Pulmonary mass 31 mm (3.1 cm) or greater seen on CT or MRI	• PET/CT (CPT® 78815) can be approved prior to biopsy if ONE or MORE of the following applies: ◦ Definitive treatment with resection or radiation will be utilized instead of biopsy if PET confirms limited disease ◦ Multiple possible biopsy options are present within the chest and PET findings will be used to determine the most favorable biopsy site • Biopsy is indicated prior to PET imaging for all other indications in pulmonary masses ≥31 mm (3.1 cm) in size
• Mediastinal/Hilar Mass	See: **Lymphadenopathy (CH-2)** in the Chest Imaging Guidelines
• Paraneoplastic syndrome suspected	See: **Paraneoplastic Syndromes (ONC-30.3)**

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Evidence Discussion

For patients with suspected lung cancer and an abnormal chest x-ray or a high suspicion for lung cancer with symptoms of lung cancer, a CT Chest is indicated, with or without contrast. If a PET/CT is performed in the workup of a pulmonary nodule and is positive, it qualifies as the initial staging PET. The radiotracer supported for PET/CT for lung cancer is 18-FDG (NCI 2024, Megyesfalvi 2023). While some small cell lung cancer (SCLC) has a neuroendocrine component, the sensitivity, specificity and predictive value of dotatate PET/CT are uncertain at this time and dotatate PET is not supported (NCI 2024, Megyesfalvi 2023). Lesions 31mm or greater are considered masses rather than nodules, and should be biopsied rather than re-imaged with PET/CT (MacMahon 2017).

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Small Cell Lung Cancer – Initial Work-up/ Staging (ONC-7.2)

ON.SL.0007.2.A
v3.0.2025

Indication	Imaging Study
Initial staging	ANY or ALL of the following: • CT Chest with contrast (CPT® 71260) • CT Abdomen and Pelvis with contrast (CPT® 74177) • MRI Brain without and with contrast (CPT® 70553) • Bone scan (CPT® 78306), if PET/CT not being done or not available (See also: **Nuclear Medicine (NM) Imaging in Oncology (ONC-1.3)** for additional bone scan codes)
• To confirm the extent of disease when initial CT Chest/Abdomen/Pelvis and MRI Brain indicate limited stage disease (confined to one side of the chest) • To evaluate inconclusive findings on conventional imaging	• PET/CT (CPT® 78815)
• Inconclusive bone findings on PET/CT or bone scan	• MRI without and with contrast of the involved body site

Evidence Discussion

SCLC has widespread distant metastatic potential, with 2/3 of patients having metastatic disease at diagnosis and 10-15% including central nervous system disease (NCI 2024, Megyesfalvi 2023). Diagnostic contrasted CTs of chest, abdomen and pelvis as well as MRI brain with and without contrast are supported (Ganti 2025). If PET has been completed in the pulmonary nodule workup, a repeat PET/CT is generally not supported. If a PET/CT was done prior to diagnosis and conventional imaging clearly shows extensive stage disease, a PET/CT does not change management. However, if a PET/CT was not done prior to diagnosis, a PET/CT is supported to confirm limited stage disease prior to treatment, as FDG PET/CT changes stage versus conventional imaging

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

in up to 25% of patients(NCI 2024, Megyesfalvi 2023). Bony metastatic disease is not unusual in SCLC; thus, evaluation for bony metastatic disease is supported (NCI 2024, Ganti 2025).

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Small Cell Lung Cancer – Restaging/ Recurrence (ONC-7.3)

ON.SL.0007.3.A
v3.0.2025

Indication	Imaging study
Treatment response in individuals treated with sequential chemotherapy-radiation or chemotherapy alone* *For individuals receiving systemic therapy and concurrent radiation therapy, response assessment is recommended only after completion of initial therapy (see box below).	After every 2 cycles, ANY or ALL of the following: • CT Chest with contrast (CPT® 71260) • CT Abdomen and Pelvis with contrast (CPT® 74177) • MRI Brain without and with contrast (CPT® 70553) for measurable brain metastases being treated with systemic therapy • Bone scan (CPT® 78306) (See also: **Nuclear Medicine (NM) Imaging in Oncology (ONC-1.3)** for additional bone scan codes) • PET is not indicated for evaluation of treatment response in SCLC but can be considered on a case-by-case basis.
Following completion of planned treatment: • Chemoradiation • Adjuvant chemotherapy • Radiation	ANY or ALL of the following: • CT Chest with contrast (CPT® 71260) • CT Abdomen and Pelvis with contrast (CPT® 74177) • MRI Brain without and with contrast (CPT® 70553) for measurable brain metastases being treated with systemic therapy • Bone scan (CPT® 78306) (See also: **Nuclear Medicine (NM) Imaging in Oncology (ONC-1.3**) for additional bone scan codes)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Indication	Imaging study
Restaging (suspected recurrence)	ANY or ALL of the following: • CT Chest with contrast (CPT® 71260) • CT Abdomen and Pelvis with contrast (CPT® 74177) • MRI Brain without and with contrast (CPT® 70553) • Bone scan (CPT® 78306) (See: **Nuclear Medicine (NM) Imaging in Oncology (ONC-1.3)** for additional bone scan codes) • PET is not indicated for evaluation of recurrent SCLC but can be considered on a case-by-case basis.
For response assessment following primary treatment	• MRI Brain without and with contrast (CPT® 70553)

Evidence Discussion

Conventional imaging with contrasted CT Chest, Abdomen and Pelvis is supported every 2 cycles of chemotherapy and at the end of chemoradiation. MRI Brain with and without contrast is supported when there is measurable CNS disease being treated with systemic therapy. If prophylactic cranial irradiation (PCI) is planned, an MRI brain is supported at end of initial treatment as some patients will harbor asymptomatic brain metastases and will require different management (Ganti 2025, Gaebe 2024), and PCI would expose the patient to radiation doses and neurotoxicity without benefit. CT Chest, Abdomen and Pelvis as well as MRI Brain and bone scan are supported if recurrence is suspected. Further literature is emerging to determine the role of FDG PET-CT for treatment response and suspected recurrence; these guidelines do not routinely support PET/CT for treatment response or suspected recurrence of SCLC, but provide flexibility on a case by case basis, particularly for patients with bony metastatic disease (Quartuccio 2019 and 2021, NCI 2024, Ganti 2025).

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Small Cell Lung Cancer – Surveillance/ Follow-up ONC-7.4

ON.PC.0007.4.A
v3.0.2025

Indication	Imaging Study
Limited stage SCLC	Every 3 months for two years, every 6 months during year three, and then annually: • CT Chest without (CPT® 71250) or CT Chest with (CPT® 71260) contrast • CT Abdomen and Pelvis with contrast (CPT® 74177)
Extensive stage SCLC	Every 2 months for one year, every 3 months for two years, every 6 months for two years, and then annually: • CT Chest without (CPT® 71250) or CT Chest with (CPT® 71260) contrast • CT Abdomen and Pelvis with contrast (CPT® 74177)
Screening for brain metastases, regardless of PCI status	• MRI Brain without and with contrast (CPT® 70553) every 3 months for 1 year and then every 6 months thereafter
Surveillance of known and/or treated brain metastases	• See: **Brain Metastases (ONC-31.3)**
New lung nodule(s)	• See: **Lung Metastases (ONC-31.1)**

Evidence Discussion

Surveillance with CT contrasted chest, abdomen and pelvis is supported. MRI chest is less sensitive than CT chest and usually not supported as a substitution for lung cancer, and CT abdomen/pelvis are favored by ACR over MRI for this indication as well (ACR 2024). Follow up is supported more frequently in the first two years post treatment, as that is when recurrence is most common (NCI 2024, Ganti 2025, Megyesfalvi 2023). The surveillance timeframe is determined by the initial extent of disease. For those with limited stage disease, these guidelines support the above CT imaging every 3 months for 2 years, every 6 months during year 3, and then annually. For those with extensive stage disease, imaging with above CTs is supported every 2 months for 1 year, every 3 months for two years, every 6 months for 2 years, then annually. This is in alignment

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

with the follow up visit timeframe recommended by the NCCN. Up to 30% of patients develop metastatic disease to the brain. Screening for brain metastases is supported to allow early treatment of brain metastases prior to potentially impairing neurologic symptoms. MRI is preferred over CT for its increased sensitivity and specificity, at an interval of every 3 months for 1 year then every 6 months indefinitely (Ganti 2025, NCI 2024, Gaebe 2024). PET/CT is not supported for surveillance due to excessive radiation exposure, false positive incidental findings, and financial toxicity.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

References (ONC-7)

v3.0.2025

1. Ganti AKP, Loo Jr. BW, Badiyan S, et al. National Comprehensive Cancer Network (NCCN) Guidelines Version 4.2025 – January 13, 2025 Small Cell Lung Cancer, available at: https://www.nccn.org/professionals/physician_gls/pdf/sclc.pdf Referenced with permission from the NCCN Clinical Practice Guidelines in Oncology (NCCN Guidelines™) for Small Cell Lung Cancer V4.2025 – January 13, 2025 ©2025 National Comprehensive Cancer Network, Inc. All rights reserved. The NCCN Guidelines™ and illustrations herein may not be reproduced in any form for any purpose without the express written permission of the NCCN. To view the most recent and complete version of the NCCN Guidelines™, go online to NCCN.org.
2. Lu YY, Chen JH, Liang JA, Chu S, Lin WY, Kao CH. 18F-FDG PET or PET/CT for detecting extensive disease in small-cell lung cancer: a systematic review and meta-analysis. *Nucl Med Commun*. 2014;35(7):697-703. doi:10.1097/MNM.0000000000000122.
3. Carter BW, Glisson BS, Truong MT, Erasmus JJ. Small cell lung carcinoma: staging, imaging, and treatment considerations. *Radiographics*. 2014;34(6):1707-1721. doi:10.1148/rg.346140178.
4. Kalemkerian G. Staging and imaging of small cell lung cancer. *Cancer Imag*. 2011;11(1):253-258.doi:10.1102/1470-7330.2011.0036.
5. MacMahon H, Naidich DP, Goo JM, et al. Guidelines for management of incidental pulmonary nodules detected on CT images: From the Fleischner Society 2017. *Radiology*. 2017;284(1):228-243. doi:10.1148/radiol.2017161659.
6. Megyesfalvi Z, Gay CM, Popper H, et al. Clinical insights into small cell lung cancer: Tumor heterogeneity, diagnosis, therapy, and future directions. *CA Cancer J Clin*. 2023;73(6):620-652. doi:10.3322/caac.21785.
7. Gaebe K, Erickson AW, Li AY, et al. Re-examining prophylactic cranial irradiation in small cell lung cancer: a systematic review and meta-analysis. *EClinicalMedicine*. 2024;67:102396. doi:10.1016/j.eclinm.2023.102396.
8. Quartuccio N, Evangelista L, Alongi P, et al. Prognostic and diagnostic value of [18F]FDG-PET/CT in restaging patients with small cell lung carcinoma: an Italian multicenter study. *Nucl Med Commun*. 2019;40(8):808-814. doi:10.1097/MNM.0000000000001038.
9. PDQ® Adult Treatment Editorial Board. PDQ Small Cell Lung Cancer Treatment. Bethesda, MD: National Cancer Institute. Available at: https://www.cancer.gov/types/lung/hp/small-cell-lung-treatment-pdq.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Non-Small Cell Lung Cancer (ONC-8)

Guideline

Non-Small Cell Lung Cancer – General Considerations (ONC-8.0)
Non-Small Cell Lung Cancer – Asymptomatic Screening (ONC-8.1)
Non-Small Cell Lung Cancer – Suspected/Diagnosis (ONC-8.2)
Non-Small Cell Lung Cancer – Initial Work-up/Staging (ONC-8.3)
Non-Small Cell Lung Cancer – Restaging/Recurrence (ONC-8.4)
Non-Small Cell Lung Cancer – Surveillance/Follow-up (ONC-8.5)
References (ONC-8)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Non-Small Cell Lung Cancer – General Considerations (ONC-8.0)

ON.NL.0008.0.A

v3.0.2025

- Non-small cell lung cancer includes adenocarcinoma, squamous cell carcinoma, adenosquamous and large cell tumors.
- See: **Bronchopulmonary or Thymic Carcinoid – Initial Staging (ONC-15.6)** for evaluation of low-grade neuroendocrine tumors (carcinoid) of the lung.
- See: **Small Cell Lung Cancer (ONC-7)** for evaluation of high-grade small cell and large cell neuroendocrine tumors of the lung.
- PET/CT may be considered to confirm solitary focus of extra-pulmonary metastatic disease (i.e., brain or adrenal) if the individual is being considered for an aggressive treatment for oligometastatic disease.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Non-Small Cell Lung Cancer – Asymptomatic Screening (ONC-8.1)

ON.NL.0008.1.A

v3.0.2025

- See: **Lung Cancer Screening (CH-33)** in the Chest Imaging Guidelines for criteria for Low-dose CT Chest for lung cancer screening.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Non-Small Cell Lung Cancer – Suspected/Diagnosis (ONC-8.2)

ON.NL.0008.2.A
v3.0.2025

Indication	Imaging Study
Abnormal chest x-ray or clinical suspicion remains high despite a normal chest x-ray in symptomatic individual	• CT Chest without contrast (CPT® 71250) **or** • CT Chest with contrast (CPT® 71260)
Pulmonary nodule <8 mm in size noted on CT Chest	• See: **Incidental Pulmonary Nodules Detected on CT Images (CH-16.2)** in the Chest Imaging Guidelines
Pulmonary nodule 8 mm (0.8 cm) to 30 mm (3 cm) seen on CT Chest or MRI Chest	• PET/CT (CPT® 78815) • If PET is Positive: Qualifies as initial staging PET/CT
Pulmonary mass 31 mm (3.1 cm) or greater seen on CT or MRI	• PET/CT (CPT® 78815) can be approved prior to biopsy if ONE or MORE of the following applies: ◦ Definitive treatment with resection or radiation will be utilized instead of biopsy if PET confirms limited disease ◦ Multiple possible biopsy options are present within the chest and PET findings will be used to determine the most favorable biopsy site • Biopsy is indicated prior to PET imaging for all other indications in pulmonary masses ≥31 mm (3.1 cm) in size
Mediastinal/Hilar Lymphadenopathy	See: **Mediastinal Lymphadenopathy (CH-2.3)** in the Chest Imaging Guidelines
Mediastinal/Hilar Mass	See: **Mediastinal Mass (CH-20)** in the Chest Imaging Guidelines
Paraneoplastic syndrome suspected	See: **Paraneoplastic Syndromes (ONC-30.3)**

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Evidence Discussion

For patients with suspected lung cancer and an abnormal chest x-ray or a high suspicion for lung cancer with symptoms of lung cancer, a CT Chest is indicated, with or without contrast. If a PET/CT is performed in the workup of a pulmonary nodule and is positive, it qualifies as the initial staging PET. The radiotracer supported for PET/CT for lung cancer is 18-FDG (NCI 2024, MacMahon 2017). Lesions 31mm or greater are considered masses rather than nodules (MacMahon 2017). There is no clear evidence for PET/CT over biopsy in this case. Generally, masses should be biopsied rather than re-imaged. PET/CT is supported if definitive treatment with resection or radiation will be utilized instead of biopsy (if PET confirms limited disease), or if multiple biopsy sites are present within the chest and PET findings will be used to determine the most favorable biopsy site. This maximizes patient safety when making decisions regarding invasive procedures.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Non-Small Cell Lung Cancer – Initial Work-up/Staging (ONC-8.3)

ON.NL.0008.3.A
v3.0.2025

Indication	Imaging Study
All individuals	ANY or ALL of the following: • CT Chest with contrast (CPT® 71260) • CT Abdomen with contrast (CPT® 74160) ◦ CT Abdomen may be omitted if CT Chest report clearly documents upper abdomen through level of adrenals • PET/CT (CPT® 78815) (if not already completed prior to histological diagnosis) • Bone scan (CPT® 78306, if PET/CT not being done) See also: **Nuclear Medicine (NM) Imaging in Oncology (ONC-1.3)** for additional bone scan codes
Stage IB-IV disease	• MRI Brain without and with contrast (CPT® 70553) ◦ If MRI Brain is contraindicated or not available, CT Head with contrast (CPT® 70460) or CT Head without and with contrast (CPT® 70470)
Superior sulcus (Pancoast) tumor suspected	ANY or ALL of the following: • MRI Chest without and with contrast (CPT® 71552) • MRI Cervical Spine without and with contrast (CPT® 72156) • MRI Thoracic Spine without and with contrast (CPT® 72157)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Evidence Discussion

CT Chest and upper abdomen to the level of the adrenals is supported for initial staging, as liver and adrenal metastatic disease are common in NSCLC. Pelvic disease is rare and imaging of the pelvis without pelvic symptoms is not recommended by NCCN (Riely, 2025). FDG PET-CT is supported by NCCN in all patients (Riely, 2025).

Over 10% of patients with stage III or IV disease present with metastatic disease to the brain, and 4-5% of patients with stage II disease. MRI Brain with and without contrast has a higher detection rate for metastatic disease to the brain than CT, and is indicated in all patients with stage II-IV disease (Riely, 2025). For patients with stage IB disease, MRI Brain with and without contrast is optional in this setting but can be considered to prevent under-staging and under-treatment, since a small number of patients with apparent stage I disease and no CNS symptoms will have occult brain lesions (Riely 2025, NCI 2024) and will require additional therapies.

For patients with superior sulcus (Pancoast) tumor, MRI Chest and MRI Cervical and Thoracic Spine with and without contrast have higher specificity for chest wall invasion, neurologic involvement, and fibrosis than CT alone, and are supported in addition to the imaging stated above (Unal 2024, Riely 2025).

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Non-Small Cell Lung Cancer – Restaging/Recurrence (ONC-8.4)

ON.NL.0008.4.A
v3.0.2025

Indication	Imaging Study
Stage I or II individuals who undergo definitive local treatment with surgery, radiation, or radiosurgery	• Restaging imaging is not indicated. See: **Surveillance/Follow-up (ONC-8.5)**
Measurable disease, undergoing active treatment	ANY or ALL of the following every 2 cycles: • CT Chest with (CPT® 71260) **or** CT Chest without contrast (CPT® 71250) • CT Abdomen with contrast (CPT® 74160) ◦ CT Abdomen and Pelvis with contrast (CPT® 74177) may be substituted for known pelvic disease or pelvic symptoms • MRI Brain without and with contrast (CPT® 70553) for measurable brain metastases being treated with systemic therapy
ANY of the following: • After neoadjuvant treatment for evaluation of surgical resectability • Prior to starting adjuvant therapy • Inadequately resected disease	• CT Chest with (CPT® 71260) **or** CT Chest without contrast (CPT® 71250)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Indication	Imaging Study
Suspected recurrence	ANY or ALL of the following: • CT Chest with (CPT® 71260) **or** CT Chest without contrast (CPT® 71250) • CT Abdomen with contrast (CPT® 74160) ◦ CT Abdomen and Pelvis with contrast (CPT® 74177) may be substituted for known pelvic disease or pelvic symptoms
Newly identified lung nodule(s)	• See: **Lung Metastases (ONC-31.1)** for new nodule evaluation
ANY of the following: • Suspected/biopsy proven recurrence localized to the chest cavity • Inconclusive findings conventional imaging • To differentiate tumor from radiation scar/fibrosis • Stage IV with oligometastatic disease on conventional imaging and individual is a candidate for aggressive surgical resection or other localized treatment of metastases with a curative intent	• PET/CT (CPT® 78815)
ANY of the following: • Following a demonstrated adequate response to neoadjuvant therapy if intracranial disease will preclude surgery • Documented recurrence/progression • New or worsening neurological signs or symptoms	• MRI Brain without and with contrast (CPT® 70553)

Evidence Discussion

In alignment with the NCCN, CT Chest and Abdomen with contrast are supported every two cycles, with pelvic imaging only for a history of pelvic disease or new pelvic symptoms. These are also supported at any time for clinically suspected recurrence.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

MRI brain with and without contrast is supported every 2 cycles for patients with known brain metastases being treated with systemic therapy, or at any time for patients with new neurologic symptoms or documented systemic progression (Riely, 2025). An additional CT chest is supported if requested after neoadjuvant therapy to evaluate for resectability, in the interest of safe resection. CT is also supported post-operatively to assess baseline prior to starting adjuvant therapy, in alignment with NCCN (Riely, 2025).

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Non-Small Cell Lung Cancer – Surveillance/Follow-up (ONC-8.5)

ON.NL.0008.5.A
v3.0.2025

Indication	Study
Stage I-II (treatment including surgery and/ or chemotherapy, but no radiation)	• CT Chest with contrast (CPT® 71260) or CT Chest without contrast (CPT® 71250) every 6 months for 3 years and then annually
Stage I-II treated with radiation therapy Stage III-IV (metastatic sites treated with definitive intent)	• CT Chest with contrast (CPT® 71260) **or** CT Chest without contrast (CPT® 71250) every 3-6 months for 3 years, every 6 months for 2 years and then annually
New lung nodule	• See: **Lung Metastases (ONC-31.1)**

Evidence Discussion

CT Chest with or without contrast is recommended by national guidelines every 6 months for 3 years and then annually for patients with stage I or II disease. To prevent under-treatment, patients treated with radiation who have residual abnormalities on imaging may undergo more frequent imaging every 3-6 months for the first year then every 6 months for 2 years, then annually thereafter (Riely 2025, Schneider 2020). Patients with stage II disease or definitively treated metastatic disease are at higher risk for relapse particularly in the first 2 years, and NCCN recommends CT Chest every 3-6 months for 3 years, every 6 months for 2 years, then annually. (Riely, 2025, Schneider 2020). Asymptomatic abdominal and pelvic imaging exposes to radiation with low-yield for metastatic disease detection and is not supported (Riely 2025, Schneider 2020). FDG-PET is not supported for surveillance due to excessive false positive rates, radiation exposure, and increased risk of unnecessary procedures for incidental false positive findings (Schneider 2020, Riely 2025). MRI brain for asymptomatic surveillance is low yield in asymptomatic NSCLC surveillance and is not routinely recommended (Schneider 2020, Riely 2025).

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

References (ONC-8)

v3.0.2025

1. Riely GJ, Wood DE, Aisner DL, et al, National Comprehensive Cancer Network (NCCN) Guidelines Version 3.2025 – January 14, 2025. Non-small cell lung cancer, available at: https://www.nccn.org/professionals/physician_gls/pdf/nscl.pdf Referenced with permission from the NCCN Clinical Practice Guidelines in Oncology (NCCN Guidelines™) for Non-small cell lung cancer V3.2025 – January 14, 2025. ©2025 National Comprehensive Cancer Network, Inc. All rights reserved. The NCCN Guidelines™ and illustrations herein may not be reproduced in any form for any purpose without the express written permission of the NCCN. To view the most recent and complete version of the NCCN Guidelines™, go online to NCCN.org.
2. Scheider BJ, Ismaila N, Aerts J, et al. Lung cancer surveillance after definitive curative-intent therapy: ASCO guideline. *J Clin Oncol*. 2020;38(7):753-766. doi:10.1200/JCO.19.02748.
3. MacMahon H, Naidich DP, Goo JM, et al. Guidelines for management of incidental pulmonary nodules detected on CT images: from the Fleischner Society 2017. *Radiology*. 2017;284(1):228-243. doi:10.1148/radiol.2017161659.
4. Calman L, Beaver K, Hind D, Lorigan P, Roberts C, Lloyd-Jones M. Survival benefits from follow-up of patients with lung cancer: a systematic review and meta-analysis. *J Thorac Oncol*. 2011;6(12):1993-2004. doi:10.1097/JTO.0b013e31822b01a1.
5. Lou F, Huang J, Sima CS et al. Patterns of recurrence and second primary lung cancer in early-stage lung cancer survivors followed with routine computed tomography surveillance. *J Thorac Cardiovasc Surg*. 2013;145:75-81. https://www.ncbi.nlm.nih.gov/pubmed/23127371 .
6. Colt HG, Murgu SD, Korst RJ, et al. Follow-up and surveillance of the patient with lung cancer after curative-intent therapy: diagnosis and management of lung cancer, 3rd ed: American College of Chest Physicians evidence-based clinical practice guidelines. *Chest*. 2013;143:e437S-454S. https://www.ncbi.nlm.nih.gov/pubmed/23649451.
7. Dane B, Grechushkin V, Plank A, et al. PET/CT vs. non-contrast CT alone for surveillance 1-year post lobectomy for stage I non-small cell lung cancer. *Am J Nucl Med Mol Imaging*. 2013; 3:408-416. https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3784804/ .
8. Zhao L, He ZY, Zhong XN, et al. (18)FDG-PET/CT for detection of mediastinal nodal metastasis in non-small cell lung cancer: a meta-analysis. *Surg Oncol*. 2012;21(3):230-236. https://www.ncbi.nlm.nih.gov/pubmedhealth/PMH0049561/ .
9. Li J, Xu W, Kong F, et al. Meta-analysis: accuracy of 18FDG PET-CT for distant metastasis in lung cancer patients. *Surg Oncol*. 2013;22(3):151-155. https://www.ncbi.nlm.nih.gov/pubmed/23664848 .
10. Ravenel JG. Evidence-based imaging in lung cancer: a systematic review. *J Thorac Imaging*. 2012; 27(5):315-324. http://journals.lww.com/thoracicimaging/Abstract/2012/09000/Evidence_based_Imaging_in_Lung_Cancer__A.8.aspx .
11. Bille A, Pelosi E, Skanjeti A, et al. Preoperative intrathoracic lymph node staging in patients with non-small-cell lung cancer: accuracy of integrated positron emission tomography and computed tomography. *Eur J Cardiothorac Surg*. 2009;36(3):440-445. https://academic.oup.com/ejcts/article-lookup/doi/10.1016/j.ejcts.2009.04.003.
12. Ravenel JG, Rosenzweig KE, Kirsch J, et al. ACR Appropriateness Criteria non-invasive clinical staging of bronchogenic carcinoma. *J Am Coll Radiol*. 2014;11(9):849-56. doi:10.1016/j.jacr.2014.05.020.
13. Ünal S, Heineman DJ, van Dorp M, et al. Chest wall resections for sulcus superior tumors. *J Thorac Dis*. 2024;16(2):1715-1723. doi: 10.21037/jtd-23-828.
14. PDQ® Adult Treatment Editorial Board. PDQ Non-Small Cell Lung Cancer Treatment. Bethesda, MD: National Cancer Institute. Available at Non-Small Cell Lung Cancer Treatment (PDQ®) - NCI.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Esophageal and GE Junction Cancer (ONC-9)

Guideline

Esophageal and GE Junction Cancer – General Considerations (ONC-9.0)
Esophageal and GE Junction Cancer – Suspected/Diagnosis (ONC-9.1)
Esophageal and GE Junction Cancer – Initial Work-up/Staging (ONC-9.2)
Esophageal and GE Junction Cancer – Restaging/Recurrence (ONC-9.3)
Esophageal and GE Junction Cancer – Surveillance/Follow-up (ONC-9.4)
References (ONC-9)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Esophageal and GE Junction Cancer – General Considerations (ONC-9.0)

ON.EJ.0009.0.A

v3.0.2025

- Imaging for esophageal cancer is determined by cell type and in which third of the esophagus it occurs.
- Cancers of the upper and middle third are usually squamous cell and are highly associated with tobacco and alcohol abuse.
- Cancers of the gastroesophageal (GE) junction are treated as lower third cancers. Lower third cancers are usually adenocarcinomas; 62% of these arise in the setting of Barrett's esophagus, a condition associated with high body mass index (BMI).

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Esophageal and GE Junction Cancer – Suspected/Diagnosis (ONC-9.1)

ON.EJ.0009.1.A

v3.0.2025

- See: **Dysphagia and Upper Digestive Tract Disorders (NECK-3.1)** in the Neck Imaging Guidelines for evaluation of suspected esophageal malignancy.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Esophageal and GE Junction Cancer – Initial Work-up/Staging (ONC-9.2)

ON.EJ.0009.2.A
v3.0.2025

Indication	Imaging Study
Biopsy proven	• CT Chest (CPT® 71260) and CT Abdomen (CPT® 74160) with contrast ◦ CT Abdomen and Pelvis with contrast (CPT® 74177) may be approved instead of CT Abdomen if there are pelvic signs or symptoms
In addition to the above, for any of the following: • Upper 1/3 of esophagus • Neck mass	• CT Neck with contrast (CPT® 70491)
If no evidence of metastatic disease on conventional imaging	• PET/CT (CPT® 78815)

Evidence Discussion

- Upon initial diagnosis of cancer, CT Chest/Abdomen is recommended with the addition of pelvis if there are signs/symptoms of disease. NCCN states that "CT can be used to determine the location of the primary tumor and its proximity to other structures" (Ajani, 2024).
- Cancers diagnosed in the upper 1/3 of the esophagus should also obtain CT of the neck due to concern for nodal spread.
- If CT imaging does not show evidence of metastatic disease, PET/CT is indicated to assess for occult metastases to help finalize treatment options (curative versus palliative). PET/CT is not sensitive for locoregional nodal assessment as often these nodes are obscured by metabolic activity in the primary tumor but is more sensitive than CT for detecting distant metastases.
- NCCN also states that PET/CT has "limited ability to ability to differentiate between cT1, cT2, and cT3 tumors. Therefore, CT should be performed as part of initial workup (as well as pelvic CT scan with contrast if clinically indicated) while FDG-PET/CT should be reserved for patients with no evidence of M1 disease" (Ajani, 2024).

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Esophageal and GE Junction Cancer – Restaging/Recurrence (ONC-9.3)

ON.EJ.0009.3.A
v3.0.2025

Indication	Imaging Study
After primary chemoradiation therapy prior to surgery	Any ONE of the following, not both: • PET/CT (CPT® 78815) no sooner than 5 weeks post completion of radiation therapy OR • CT Chest (CPT® 71260) and CT Abdomen (CPT® 74160) with contrast ◦ CT Abdomen and Pelvis with contrast (CPT® 74177) may be approved instead of CT Abdomen if there are pelvic signs or symptoms or known pelvic disease
Post-surgical resection	• See: **Surveillance/Follow-up (ONC-9.4)**
Monitoring response to chemotherapy for stage IV/ metastatic disease	Every 2 cycles of treatment (~every 6-8 weeks): • CT Abdomen with contrast (CPT® 74160) • CT Chest with contrast (CPT® 71260)
• If conventional imaging is inconclusive **or** • Salvage surgical candidate with recurrence and no metastatic disease documented by conventional imaging	• PET/CT (CPT® 78815)
For ANY of the following: • Signs or symptoms of recurrence • Biopsy proven on follow-up endoscopy • Recurrence suggested by other imaging (i.e. chest x-ray or barium swallow)	• CT Chest (CPT® 71260) and CT Abdomen (CPT® 74160) with contrast

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Indication	Imaging Study
If previously involved or new signs or symptoms	• CT Pelvis with contrast (CPT® 72193) and/or CT Neck with contrast (CPT® 70491)

Evidence Discussion

- Primary treatment typically involves chemoradiotherapy alone, surgery alone or both.
- After primary chemoradiation has been completed and prior to surgery, one of the following is recommended: CT Chest/Abdomen or PET/CT, with the latter ideally no sooner than 5 weeks after completion of radiation to minimize risk of false positives.
- Post-surgical resection is handled as disease surveillance.
- For Stage IV disease on chemotherapy, CT Chest/Abdomen indicated every 2 cycles.
- If conventional imaging is inconclusive or the member is a candidate for salvage surgery upon recurrence with no evidence of metastatic disease, PET/CT is indicated.
- CT Chest/Abdomen for signs/symptoms of recurrence, biopsy proven recurrence on follow-up endoscopy and recurrence suggested by other imaging.
- CT imaging of any appropriate area (e.g. neck, pelvis) if new signs/symptoms or known previous involvement.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Esophageal and GE Junction Cancer – Surveillance/Follow-up (ONC-9.4)

ON.EJ.0009.4.A
v3.0.2025

Indication	Imaging Study
Stage 0-IA (Tis, T1a) disease	• No routine advanced imaging indicated
Stage IB (T1b)-III disease	• CT Chest (CPT® 71260) and CT Abdomen (CPT® 74160) with contrast every 6 months for 2 years and then annually for 3 more years
Stage IV disease	• See: **Phases of Oncology Imaging and General Phase-Related Considerations (ONC-1.2)**

Evidence Discussion

- Stage 0-IA (Tis, T1a): No routine advanced imaging indicated. Fully treated Tis and T1aN0 disease have prognoses that approximate a non-cancer cohort.
- Stage IB (T1b): CT Chest/Abdomen with contrast annually for 3 years. T1b does not perform as well as fully treated Tis and T1aN0 disease, thus supporting current recommendations.
- Stage II-III: CT Chest/Abdomen every 6 months for 2 years then annually for 3 years.
- Stage IV: CT Chest/Abdomen (additional sites as clinically indicated) every 3 months while on maintenance therapy or every 3 months up to 5 years if being monitored off therapy.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (ONC-9)

v3.0.2025

1. Ajani JA, D'Amico TA, Barzi A, et al. National Comprehensive Cancer Network (NCCN) Guidelines Version 5.2024 – December 20, 2024. Esophageal and esophagogastric junction cancers, available at: https://www.nccn.org/professionals/physician_gls/pdf/esophageal.pdf Referenced with permission from the NCCN Clinical Practice Guidelines in Oncology (NCCN Guidelines™) for Esophageal and esophagogastric junction cancers V5.2024 – December 20, 2024. ©2024 National Comprehensive Cancer Network, Inc. All rights reserved. The NCCN Guidelines™ and illustrations herein may not be reproduced in any form for any purpose without the express written permission of the NCCN. To view the most recent and complete version of the NCCN Guidelines™, go online to NCCN.org.
2. Klaeser B, Nitzsche E, Schuller JC, et al. Limited predictive value of FDG-PET for response assessment in the preoperative treatment of esophageal cancer: results of a prospective multi-center trial (SAKK 75/02). *Onkologie*. 2009;32(12):724-730. doi:10.1159/000251842.
3. Malik V, Lucey JA, Duffy GJ, et al. Early repeated 18F-FDG PET scans during neoadjuvant chemoradiation fail to predict histopathologic response or survival benefit in adenocarcinoma of the esophagus. *J Nucl Med*. 2010;51(12):1863-1869. doi:10.2967/jnumed.110.079566.
4. Stiekema J, Vermeulen D, Vegt E, et al. Detecting interval metastases and response assessment using 18F-FDG PET/CT after neoadjuvant chemoradiotherapy for esophageal cancer. *Clin Nucl Med.* 2014;39(10):862-867. doi:10.1097/RLU.0000000000000517.
5. Sudo K, Xiao L, Wadhwa R, et al. Importance of surveillance and success of salvage strategies after definitive chemoradiation in patients with esophageal cancer. *J Clin Oncol*. 2014;32(30):3400-3405. doi:10.1200/JCO.2014.56.7156.
6. Lou F, Sima CS, Adusumilli PS, et al. Esophageal cancer recurrence patterns and implications for surveillance. *J Thorac Oncol.* 2013;8(12):1558–1562. doi:10.1097/01.JTO.0000437420.38972.fb.
7. Goense L, van Rossum PS, Reitsma JB, et al. Diagnostic performance of 18F-FDG PET and PET/CT for the detection of recurrent esophageal cancer after treatment with curative intent: a systematic review and meta-analysis. *J Nucl Med*. 2015;56(7):995-1002. doi:10.2967/jnumed.115.155580.
8. van Westreenen HL, Westerterp M, Bossuyt PMM, et al. Systematic review of the staging performance of 18F-fluorodeoxyglucose positron emission tomography in esophageal cancer. *J Clin Oncol*. 2004;22:3805- 3812.
9. van Westreenen HL, Heeren PA, van Dullemen HM, et al. Positron emission tomography with F-18-fluorodeoxyglucose in a combined staging strategy of esophageal cancer prevents unnecessary surgical explorations. *J Gastrointest Surg*. 2005;9:54-61.
10. Nilsson K, Klevebro F, Sunde B, et al. Oncologic outcomes of standard versus prolonged time to surgery after neoadjuvant chemoradiotherapy for oesophageal cancer in the multicenter, randomized, controlled NeoRes II trial. *Annals of Oncology*. 2023;34:1015-1024.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Other Thoracic Tumors (ONC-10)

Guideline

Malignant Pleural Mesothelioma – Suspected/Diagnosis (ONC-10.1)
Malignant Pleural Mesothelioma – Initial Work-up/Staging (ONC-10.2)
Malignant Pleural Mesothelioma – Restaging (ONC-10.3)
Malignant Pleural Mesothelioma – Surveillance (ONC-10.4)
Thymoma and Thymic Carcinoma – Suspected/Diagnosis (ONC-10.5)
Thymoma and Thymic Carcinoma – Initial Work-up/Staging (ONC-10.6)
Thymoma and Thymic Carcinoma – Restaging (ONC-10.7)
Thymoma and Thymic Carcinoma – Surveillance (ONC-10.8)
References (ONC-10)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Malignant Pleural Mesothelioma – Suspected/Diagnosis (ONC-10.1)

ON.OT.0010.1.A

v3.0.2025

- See: **Asbestos Exposure (CH-9.1)** in the Chest Imaging Guidelines for evaluation of suspected mesothelioma.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Malignant Pleural Mesothelioma – Initial Work-up/Staging (ONC-10.2)

ON.OT.0010.2.A
v3.0.2025

Indication	Imaging Study
Cytologically or pathologically proven	• CT Chest (CPT® 71260) **and** CT Abdomen (CPT® 74160) with contrast ◦ CT Abdomen and Pelvis with contrast (CPT® 74177) may be approved instead of CT Abdomen if there are pelvic signs or symptoms
For EITHER of the following: • No evidence of distant metastatic disease on CT imaging • Inconclusive conventional imaging	• PET/CT (CPT® 78815)
Suspicion of possible chest wall, spinal, diaphragmatic, or vascular involvement based on CT imaging	• MRI Chest without and with contrast (CPT® 71552)

Evidence Discussion

Initial staging guidelines are based on National Comprehensive Cancer Network (NCCN) recommendations. Contrasted CT chest and CT abdomen are supported for initial staging once mesothelioma is proven with lung fluid cytology or tissue biopsy. Contrast allows better evaluation of nodal disease in addition to parenchymal disease and offers improved characterization of direct extrapulmonary tumor invasion. MRI is inferior for parenchymal lung imaging thus CT is essential. Anatomic soft tissue detail, differentiation from progressive benign fibrosis, and brachiocephalic vascular involvement may be better demonstrated on MRI without and with contrast, so this study is supported for suspected chest wall, spine, diaphragm, or vascular involvement. The

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

most common site of metastatic disease outside the chest is the liver, so CT abdomen is an important part of the initial workup. However, pelvic disease is rare and pelvic CT exposes to additional radiation and is low yield in patients without pelvic signs and symptoms. Pelvis may be added to contrasted CT in patients with signs and symptoms of pelvic involvement, including direct abdominoperitoneal invasion. National Cancer Database review of over 40,000 patients treated between 2004 and 2020 reveals that 50% of patients are metastatic upon presentation. Signs and symptoms of metastatic disease in body areas not addressed in ONC 10 may be imaged according to their respective sections in ONC 31, for which separate evidence summaries are provided.

PET/CT is not first line imaging for mesothelioma as it is inadequate for differentiating benign vs malignant changes in exposure-related progressive massive pulmonary fibrosis, but of which take up FDG in unpredictable fashions. Understaging of the primary site is common with PET/CT alone. Conventional imaging is essential. However, PET/CT is supported to confirm the absence of metastatic disease on conventional imaging (negative or inconclusive) prior to resection, as up to 29% of patients initially identified as operable may be reclassified as inoperable due to identification of distant metastatic disease on PET/CT during pre-operative evaluation.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Malignant Pleural Mesothelioma – Restaging (ONC-10.3)

ON.OT.0010.3.A
v3.0.2025

Indication	Imaging Study
Signs or symptoms of recurrence	• CT Chest (CPT® 71260) **and** CT Abdomen (CPT® 74160) with contrast ◦ CT Abdomen and Pelvis with contrast (CPT® 74177) may be approved instead of CT Abdomen if there are pelvic signs or symptoms
Treatment with chemotherapy	Every 2 cycles: • CT Chest (CPT® 71260) **and** CT Abdomen (CPT® 74160) with contrast ◦ CT Abdomen and Pelvis with contrast (CPT® 74177) may be approved instead of CT Abdomen if there are pelvic signs or symptoms
Following induction chemotherapy prior to surgical resection	• CT Chest (CPT® 71260) **and** CT Abdomen (CPT® 74160) with contrast ◦ CT Abdomen and Pelvis with contrast (CPT® 74177) may be approved instead of CT Abdomen if there are pelvic signs or symptoms • PET/CT (CPT® 78815) if no evidence of distant metastatic disease
Inconclusive CT Chest	• MRI Chest without and with contrast (CPT® 71552)

Evidence Discussion

For patients on chemotherapy, contrasted CT of chest and abdomen are supported every 2 cycles. Pelvic imaging may be added for signs and symptoms of peritoneal/ pelvic disease or known pelvic/peritoneal disease as noted in the initial staging section. The same logic applies to any patients with signs and symptoms of recurrence.
For patients receiving induction chemotherapy, CT chest and abdomen (with pelvis if previously reviewed indications are present) are supported at end of induction. Response is categorized by validated mRECIST criteria on CT. If there is no metastatic

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

disease, this may again be confirmed with PET/CT prior to attempted resection, ensuring the patient is not subjected to futile invasive surgery when RT or further systemic therapy may be more appropriate. If CT chest is inconclusive, MRI chest without and with contrast is supported. MRI chest may differentiate between treatment-related changes (fibrosis) and persistent mesothelioma, which is not well-differentiated on PET/CT as both may have unpredictable FDG uptake.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Malignant Pleural Mesothelioma – Surveillance (ONC-10.4)

ON.OT.0010.4.A
v3.0.2025

Indication	Imaging Study
All	• CT Chest with contrast (CPT® 71260) and previously involved regions every 3 months for 2 years, then annually thereafter

Evidence Discussion

There is no clear consensus for surveillance imaging for malignant pleural mesothelioma, and the NCCN offers no guidance on this topic. The European Society of Medical Oncology (ESMO) advises CT for surveillance without a specific timeframe. Given the known value of CT in assessing primary mesothelioma and abdomino/peritoneal metastatic disease, these guidelines support CT for surveillance. The timeframe is based on National Cancer Database survival statistics for malignant pleural mesothelioma. In review of 40,000+ patients treated between 2004 and 2020, patients undergoing surgery had a median survival time for 19.8 months, compared with 7.9 months in those who had not undergone surgery. The 2-year survival for those who underwent surgery was 44%, with 18% 2-year survival in unresectable patients. 5-year survival is 5% in unresected patients, and 16% in those who underwent surgery. These guidelines support CT Chest and Abdomen with contrast every 3 months for the first 2 years, then annually. As noted in the restaging section, CT imaging is always supported for new signs and symptoms.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Thymoma and Thymic Carcinoma – Suspected/Diagnosis (ONC-10.5)

ON.OT.0010.5.A

v3.0.2025

- The proceeding guidelines are intended to be used for imaging of malignant mediastinal masses.
- See: **Mediastinal Mass (CH-20.1)** in the Chest Imaging Guidelines for evaluation of mediastinal mass without confirmation of malignancy.
- See: **Bronchopulmonary or Thymic Carcinoid – Initial Staging (ONC-15.6)** for imaging guidelines for thymic carcinoid.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Thymoma and Thymic Carcinoma – Initial Work-up/Staging (ONC-10.6)

ON.OT.0010.6.A
v3.0.2025

Indication	Imaging Study
Encapsulated or invasive limited disease	• CT Chest with contrast (CPT® 71260)
Extensive mediastinal involvement on CT Chest	• CT Abdomen with contrast (CPT® 74160) • CT Neck with contrast (CPT® 70491)
Inconclusive finding on CT	ONE of the following: • PET/CT (CPT® 78815) • MRI Chest without and with contrast (CPT® 71552)
Preoperative planning	• MRI Chest without and with contrast (CPT® 71552)
Thymic Carcinomas	• Image according to **Non-Small Cell Lung Cancer - Initial Work-up/Staging (ONC-8.3)**

Evidence Discussion

Thymomas and thymic carcinomas originate in the thymus and are epithelial tumors. Thymomas are rare tumors (though most common primary tumor of anterior mediastinum) that typically spread locally with 5-year survival rates of 90% while thymic carcinomas are very rare, more invasive and often present with metastases with 5-year survival rates of 55%. Initial imaging for thymoma includes CT Chest with contrast that usually shows a well-defined rounded or oval mass without adenopathy. If there is extensive mediastinal involvement, CT Neck/Abdomen with contrast can be performed. If CT imaging is inconclusive, PET/CT or MRI Chest with and without contrast may be indicated, with MRI preferred in thymic carcinoma. For preoperative planning, MRI Chest is also indicated.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Thymoma and Thymic Carcinoma – Restaging (ONC-10.7)

ON.OT.0010.7.A
v3.0.2025

Indication	Study
Adjuvant therapy following surgical resection	• Follow surveillance imaging
Following induction chemotherapy prior to surgical resection, if no evidence of metastatic disease	ONE of the following: • PET/CT (CPT® 78815) • CT Chest with contrast (CPT® 71260) • MRI Chest without and with contrast (CPT® 71552)
For suspected recurrence	• CT Chest with contrast (CPT® 71260)
Recurrence with extensive mediastinal involvement on CT Chest	• CT Abdomen with contrast (CPT® 74160) • CT Neck with contrast (CPT® 70491)
Inconclusive finding on CT	ONE of the following: • PET/CT (CPT® 78815) • MRI Chest without and with contrast (CPT® 71552)
Metastatic disease on chemotherapy	• CT Neck (CPT® 70491), CT Chest (CPT® 71260), and CT Abdomen (CPT® 74160) with contrast, every 2 cycles of therapy
Thymic carcinomas	• See: **Non-Small Cell Lung Cancer Restaging/ Recurrence (ONC-8.4)**

Evidence Discussion

If induction chemotherapy is given, PET/CT can be obtained prior to surgical resection as studies have shown a correlation of radiographic response to pathologic response to help guide resectability. Chest imaging with CT or MRI are also accepted imaging choices for this purpose. For recurrence, CT Chest with CT Neck/Abdomen as clinically

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

indicated. PET/CT or MRI Chest indicated if CT Chest is inconclusive. For individuals on chemotherapy for metastatic disease, CT Neck/Chest/Abdomen with contrast can be given every 2 cycles.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Thymoma and Thymic Carcinoma – Surveillance (ONC-10.8)

ON.OT.0010.8.A
v3.0.2025

Indication	Study
Thymoma, R0 resection	• CT Chest with contrast (CPT® 71260) and previously involved regions every 6 months for 2 years, then annually until year 10
Thymoma, R1 or R2 resection	• CT Chest with contrast (CPT® 71260) and previously involved regions every 6 months for 2 years, then annually until year 10
Thymic carcinoma, R0 resection	• CT Chest with contrast (CPT® 71260) every 6 months for 2 years and then annually until year 5
Thymic carcinoma, R1 or R2 resection	• CT Chest with contrast (CPT® 71260) and previously involved regions every 3 months for 2 years, then annually until year 5

Evidence Discussion

Thymoma surveillance is stratified into resection categories by NCCN. Thymoma surveillance should be with CT Chest with contrast and any previously involved areas for 10 years due to the risk of late recurrence.[3] Thymic carcinoma, like thymoma, management depends on the extent of resection. NCCN stated "patients who have an R0 resection have a 5-year survival of approximately 60%".[3] Thymic carcinoma surveillance recommendations from NCCN are based on consensus as there is a paucity of published studies specifically addressing surveillance imaging of thymic carcinoma. The recommendation includes imaging for 5 years.[3]

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (ONC-10)

v3.0.2025

1. Riely GJ, Wood DE, Stevenson J, et al. National Comprehensive Cancer Network (NCCN) Guidelines Version 2.2025 – January 14, 2025. Mesothelioma: Pleural, available at: https://www.nccn.org/professionals/physician_gls/pdf/meso_pleural.pdf. Referenced with permission from the NCCN Clinical Practice Guidelines in Oncology (NCCN Guidelines™) for Mesothelioma: Pleural V2.2025 – January 14, 2025. ©2025 National Comprehensive Cancer Network, Inc. All rights reserved. The NCCN Guidelines™ and illustrations herein may not be reproduced in any form for any purpose without the express written permission of the NCCN. To view the most recent and complete version of the NCCN Guidelines™, go online to NCCN.org.
2. Riely GJ, Wood DE, Stevenson J, et al. National Comprehensive Cancer Network (NCCN) Guidelines Version 2.2025 – January 14, 2025. Mesothelioma: Peritoneal, available at: https://www.nccn.org/professionals/physician_gls/pdf/meso_peritoneal.pdf. Referenced with permission from the NCCN Clinical Practice Guidelines in Oncology (NCCN Guidelines™) for Mesothelioma: Peritoneal V2.2025 – January 14, 2025. ©2025 National Comprehensive Cancer Network, Inc. All rights reserved. The NCCN Guidelines™ and illustrations herein may not be reproduced in any form for any purpose without the express written permission of the NCCN. To view the most recent and complete version of the NCCN Guidelines™, go online to NCCN.org.
3. Riely GJ, Wood DE, Aisner DL, et al. National Comprehensive Cancer Network (NCCN) Guidelines Version 1.2025 – October 30, 2024. Thymoma and Thymic carcinoma, available at: https://www.nccn.org/professionals/physician_gls/pdf/thymic.pdf. Referenced with permission from the NCCN Clinical Practice Guidelines in Oncology (NCCN Guidelines™) for Thymoma and Thymic carcinoma, V1.2025 – October 30, 2024. ©2024 National Comprehensive Cancer Network, Inc. All rights reserved. The NCCN Guidelines™ and illustrations herein may not be reproduced in any form for any purpose without the express written permission of the NCCN. To view the most recent and complete version of the NCCN Guidelines™, go online to NCCN.org.
4. Sørensen JB, Ravn J, Loft A, Brenøe J, Berthelsen AK, Nordic Mesothelioma Group. Preoperative staging of mesothelioma by 18F-fluoro-2-deoxy-D-glucose positron emission tomography/computer tomography fused imaging and mediastinoscopy compared to pathological findings after extrapleural pneumonectomy. *Eur J Cardiothorac Surg*. 2008;34:1090-1096. doi:10.1016/j.ejcts.2008.07.050.
5. Wilcox BE, Subramaniam RM, Peller PJ, et al. Utility of computed tomography-positron emission tomography for selection of operable malignant pleural mesothelioma. *Clin lung cancer*. 2009;10:244-248. doi: 10.3816/CLC.2009.n.033.
6. Marom EM. Imaging thymoma. *J Thorac Oncol*. 2010;5(10 Suppl 4):S296-S303. doi:10.1097/JTO.0b013e3181f209ca.
7. Marom EM. Advances in thymoma imaging. *J Thorac Imaging*. 2013;28(2):69-80. doi:10.1097/RTI.0b013e31828609a0.
8. Hayes SA, Huang J, Plodkowski AJ, et al. Preoperative computed tomography findings predict surgical resectability of thymoma. *J Thorac Oncol*. 2014;9(7):1023-1030. doi:10.1097/JTO.0000000000000204.
9. Mineo TC, Ambrogi V. Malignant pleural mesothelioma: factors influencing the prognosis. *Oncology.* 2012;26(12):1164-75.
10. Cox CW, Chung JH, Ackman JB, et al. ACR Appropriateness Criteria® Occupational Lung Diseases. *J Am Coll Radiol*. 2020;17(5S):S188-S197. doi:10.1016/j.jacr.2020.01.022.
11. Tsao AS, Pass HI, Rimner A, Mansfield AS. New era for malignant pleural mesothelioma: updates on therapeutic options. *J Clin Oncol*. 2022;40(6):681692. doi:10.1200/JCO.21.01567.
12. Sugarbaker PH. Intra-abdominal manifestations of pleural mesothelioma. *Ann Transl Med*. 2017;5(11):231. doi:10.21037/atm.2016.11.44.
13. Popat S, Baas P, Faivre-Finn C, et al. ESMO Guidelines Committee.Malignant pleural mesothelioma: ESMO Clinical Practice Guidelines for diagnosis, treatment and follow-up. *Ann Oncol*. 2022;33(2):129-142. doi:10.1016/j.annonc.2021.11.005.
14. Sadohara J, Fujimoto K, Muller NL et al. Thymic epithelial tumors: comparison of CT and MR imaging findings of low-risk thymomas, high-risk thymomas, and thymic carcinomas. *Eur J Radiol*. 2006;60:7079.
15. Treglia G, Sadeghi R, Giovanella L, et al. Is (18)F-FDG PET useful in predicting the WHO grade of malignancy in thymic epithelial tumors? A meta-analysis. *Lung Cancer.* 2014;86:5-13.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

16. Lococo F, Chiapetta M, Triumbari E. et al. Current roles of PET/CT in thymic epithelial tumors: which evidences and which prospects? A pictorial review. *Cancers*. 2021;13(23).
17. Bou-Samra P, Chang A, Azari F,et al. Epidemiological, therapeutic, and survival trends in malignant pleural mesothelioma: A review of the National Cancer Database. *Cancer Med*. 2023;12(11):12208-12220. doi:10.1002/cam4.5915.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Breast Cancer (ONC-11)

Guideline

Breast Cancer – General Considerations (ONC-11.0)
Breast Cancer – Suspected/Diagnosis (ONC-11.1)
Breast Cancer – Initial Work-up/Staging (ONC-11.2)
Breast Cancer – Restaging/Recurrence (ONC-11.3)
Breast Cancer – Surveillance/Follow-up (ONC-11.4)
References (ONC-11)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Breast Cancer – General Considerations (ONC-11.0)

ON.BC.0011.0.A

v3.0.2025

- This guideline applies to invasive carcinoma and ductal carcinoma in situ histologies of breast cancer.
- Advanced imaging to evaluate for distant metastases is not indicated for asymptomatic individuals with invasive carcinoma or ductal carcinoma in situ (DCIS).
- High-risk lesions, such as LCIS, ADH, and ALH are discussed in **Breast MRI Indications (BR-5.1)**.
- Bone scan has a high concordance rate with PET for detecting bone metastases.
- Scintimammography and Breast Specific Gamma Imaging (BSGI) are considered experimental, investigational, or unproven.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Breast Cancer – Suspected/Diagnosis (ONC-11.1)

ON.BC.0011.1.A

v3.0.2025

- See: **Breast MRI Indications (BR-5.1)** in the Breast Imaging Guidelines for evaluation of suspected breast cancer.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Breast Cancer – Initial Work-up/Staging (ONC-11.2)

ON.BC.0011.2.A
v3.0.2025

Indication	Imaging Study
Newly diagnosed breast cancer or ductal carcinoma in situ	• Diagnostic bilateral mammogram and/or Ultrasound Breast (CPT® 76641 or CPT® 76642) are imaging modalities of choice • MRI Breast bilateral without and with contrast (CPT® 77049)
ANY of the following: • Atypical ductal hyperplasia (ADH) • Atypical lobular hyperplasia (ALH) • Lobular carcinoma in situ (LCIS)	See: **Breast MRI Indications (BR-5.1)**
ANY of the following: • Ductal carcinoma in situ • Stage I-III	• For sentinel lymph node evaluation: Lymph system imaging (lymphoscintigraphy, CPT® 78195) ◦ SPECT/CT (CPT® 78830) if requested
Stages I, II, and operable stage III (N1 disease)	• Routine systemic imaging is not indicated for initial staging of non-metastatic breast cancer in the absence of signs or symptoms

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Indication	Imaging Study
ANY of the following: • Clinically suspected or biopsy-proven distant metastases/Stage IV disease (not locally advanced disease with three or less positive axillary nodes) • Signs or symptoms of systemic disease • Elevated liver function tests or tumor markers • Inflammatory breast cancer (stage T4d) • 4 or more axillary lymph nodes positive for cancer involvement (i.e., N2 disease)	ANY or ALL of the following: • CT Chest (CPT® 71260) **and** CT Abdomen and Pelvis (CPT® 74177) with contrast • Bone scan (CPT® 78306) (if PET/CT is not being performed) See: **Nuclear Medicine (NM) Imaging in Oncology (ONC-1.3)** for additional bone scan codes
ANY of the following: • Stage III N2 disease • T4 disease • Inflammatory breast cancer (stage T4d) • Inconclusive CT and/or bone scan	In addition to the above: • FDG PET/CT (CPT® 78815)
Bone pain	• Bone scan (CPT® 78306) (see: **Nuclear Medicine (NM) Imaging in Oncology (ONC-1.3)**) for additional bone scan codes • PET/CT (CPT® 78815) with Sodium Fluoride radiotracer may be obtained if CT, MRI, Bone scan and FDG PET/CT scan are inconclusive for bone metastases • See: **Bone (Non-Vertebral) Metastases (ONC-31.5)** • See: **Spinal/Vertebral Metastases (ONC-31.6)**

Evidence Discussion

Evaluation of disease in the breast/axilla with breast MRI:

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

National Comprehensive Cancer Network (NCCN) guidelines state that breast MRI "may be used for staging evaluation to define extent of cancer or presence of multifocal or multicentric cancer in the ipsilateral breast, or to screen the contralateral breast at the time of initial diagnosis".[1] Disagreement continues to exist as to whether the benefit of breast MRI in initial staging outweighs the drawbacks. Detractors cite evidence of increased time-to-surgery, high false-positive rates among the reasons to avoid universal usage of breast MRI in initial staging.[12,32] The American Society of Breast Surgeons Consensus (ASBrS) statement recommend against the use of routine MRI in the preoperative workup of patients with breast cancer.[11] MRI may be helpful in elucidating whether disease exists in the intervening breast tissue thereby aiding in tumor size estimation and the decision to opt for mastectomy vs. lumpectomy. NCCN cautions that "surgical decisions should not be based solely on MRI findings".[1] Breast MRI has been shown to find occult primary cancers in roughly two thirds of patients who present with positive axillary lymph nodes, allowing for definitive surgical management.[31] NCCN states that breast MRI "may be helpful for evaluation before and after preoperative systemic therapy to define extent of disease, response to treatment, and potential for breast-conservation therapy".[1] Breast MRI has also been shown to more accurately predict tumor size in patients with invasive lobular carcinoma than conventional imaging.[36] While data are limited on the use of breast MRI in the setting of Paget's disease of the breast, one study found that for patients with a histologic diagnosis of Paget's disease and a negative mammogram, MRI was able to detect occult cancer in 4/8 (50%) patients.[34] NCCN guidelines note that there is considerable controversy in the use of MRI based on breast density.[1] They note that MRI advocates argue that it has a high sensitivity to find occult disease in "dense breasts where mammographically occult disease is more likely to elude preoperative detection"; however, MRI detractors note the high percentage of false- positive findings, resulting in further workup, overestimation of extent of disease and increased frequency of mastectomy. Given the recommendation by NCCN that breast MRI may be useful for specific circumstances in initial staging, these guidelines allow for the approval of breast MRI in initial staging to empower patients and providers to discuss the risks and benefits of this modality and move forward with the most advantageous choice for the patient's specific circumstances.

Lymphatic mapping with lymphoscintigraphy and/or SPECT/CT:

Sentinel node biopsy is important in the staging of patients with breast cancer. However, lymphoscintigraphy has limited utility in this setting.[21] In patients with recurrent disease who have had previous axillary surgery, lymphoscintigraphy with SPECT/CT may be helpful in delineating alternate drainage pathways).[20] In patients who have had a positive axillary node prior to neoadjuvant chemotherapy, some authors have also found the technique to be helpful in identifying the previously positive clipped node, which may not be subsequently identified as a sentinel node.[23]

Systemic staging with CT Chest, Abdomen, Pelvis, and bone scan vs. PET/CT:

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

The NCCN guidelines state to "consider additional imaging studies only in the presence of signs and symptoms of metastatic disease and for patients who are clinically high risk".[1] This is in keeping with the ACR Appropriateness Criteria which states that systemic staging is "usually not appropriate" for all newly diagnosed clinical Stage I-IIA (early stage) breast cancer patients, and clinical Stage IIB-III (late stage) patients with ER+/HER2- breast cancer (American College of Radiology (ACR) Appropriateness Criteria Imaging of Invasive Breast Cancer, 2023). Over a third of patients with inflammatory breast cancer will have distant metastatic disease at presentation and NCCN does recommend staging studies in these patients.[1,33]

NCCN guidelines recommend CT scan for the work up for distant metastatic disease.[1] NCCN also states that the "routine use of FDG PET/CT is not recommended in the staging of clinical stage I, II, or operable III (T3,N1) breast cancer.[1] However, NCCN indicates that PET/CT may be performed at the same time as diagnostic CT and can be helpful as a problem-solving tool when conventional imaging is suspicious or inconclusive. It is also noted to be "helpful in identifying unsuspected regional nodal disease and/or distant metastases when used in addition to standard staging studies".[1] Bone imaging is not recommended if FDG PET/CT is already going to be performed.[1] Given the above, these guidelines allow for the selected use of concomitant PET/CT for initial staging in specific clinical circumstances.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Breast Cancer – Restaging/Recurrence (ONC-11.3)

ON.BC.0011.3.A
v3.0.2025

- For imaging related to breast reconstruction, see: **Breast Reconstruction (BR-3.1)** in the Breast Imaging Guidelines

Indication	Imaging Study
ANY of the following: • End of planned neoadjuvant chemotherapy to determine resectability • Biopsy proven local recurrence • Suspicion of recurrence with inconclusive mammogram and/or ultrasound (BIRADS 0) • Mammogram and ultrasound conflicts with physical exam	• MRI Breast Bilateral without and with contrast (CPT® 77049)
After neoadjuvant chemotherapy, if sentinel lymph node evaluation is planned	• Lymph system imaging (lymphoscintigraphy, CPT® 78195) ◦ SPECT/CT (CPT® 78830) if requested
ANY of the following: • Assessing for residual disease after surgery • Assessing response to neoadjuvant chemotherapy • After lumpectomy or mastectomy, prior to adjuvant therapy	• Neither PET nor CT are indicated for systemic restaging after neoadjuvant chemotherapy or after surgery

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Indication	Imaging Study
• Treatment response in individuals with metastatic disease and measurable disease on imaging ◦ For individuals receiving chemotherapy, imaging is indicated after every 2 cycles ◦ For individuals receiving hormonal or endocrine therapy, imaging is indicated every 3 months	• CT Chest with contrast (CPT® 71260); and CT Abdomen and Pelvis with contrast (CPT® 74177) • Bone scan (CPT® 78306) (see also: **Nuclear Medicine (NM) Imaging in Oncology (ONC-1.3)** for additional bone scan codes) In addition to the above options, for individuals receiving systemic treatment for brain metastases: • MRI Brain without and with contrast (CPT® 70553)
ANY of the following: • Elevated LFTs • Elevated tumor markers • Signs or symptoms of recurrence • Biopsy proven recurrence	Any or all of the following: • CT Chest (CPT® 71260) and CT Abdomen and Pelvis (CPT® 74177) with contrast • Bone scan (CPT® 78306) (See also: **Nuclear Medicine (NM) Imaging in Oncology) (ONC-1.3)** for additional bone scan codes) For individuals with prior history of brain metastases or current signs or symptoms of brain metastases: • MRI Brain without and with contrast (CPT® 70553)
• Inconclusive CT, MRI, and/or bone scan • Treatment response assessment for bone-only metastases (excluding brain metastases) and a prior bone scan has not been performed for serial comparison	• ^{18}F-FDG PET/CT (CPT® 78815)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Indication	Imaging Study
Individuals with known or suspected bone metastases AND inconclusive bone findings on ALL of the following: • CT, MRI, bone scan, and FDG PET/CT scan	• ^{18}F Sodium Fluoride PET/CT (CPT® 78815)
To determine the ER-status of suspected/known metastatic recurrence noted on CT/bone scan **and** any one of the following: • Biopsy of metastatic site is non-diagnostic/inconclusive • Biopsy of metastatic site is risky & cannot be performed (metastatic sites in the brain, spine or near vascular structures)	• ^{18}F-FES (fluoroestradiol) PET/CT scan (CPT® 78815 or CPT® 78816)

Evidence Discussion

Evaluation of disease in the breast/axilla with breast MRI:

Breast MRI has been shown to predict extent of pathological tumor response in the breast and lymph nodes after neoadjuvant systemic therapy better than conventional imaging, although may over- or under-estimate residual tumor size.[35]

While some authors have found the use of MRI to be helpful in terms of estimating size of ipsilateral breast tumor recurrences and finding multifocal or multicentric disease[27], others have found that the addition of MRI in this context did not significantly change management and increased time to definitive therapy.[26] However, as previously noted, MRI may be a useful adjunct in situations where conventional imaging is inconclusive.

Systemic staging with CT Chest, Abdomen, Pelvis, and bone scan vs. PET/CT:

As patients with symptoms for distant metastatic disease would have had systemic staging prior to neoadjuvant chemotherapy and/or surgery, there is no indication to repeat these until treatment is completed. However, for patients with metastatic disease, NCCN guidelines recommend CT Chest, Abdomen, and Pelvis with contrast every 2-4 cycles of chemotherapy or every 2-6 months of endocrine therapy and bone scan is recommended every 4-6 cycles of chemotherapy or every 2-6 months of endocrine therapy. Restaging using these modalities is also advised if there is concern for progression of disease. They note that PET/CT is not routinely indicated for restaging "because of the absence of a reproducible, validated, and widely accepted set of standards for disease activity assessment". PET is instead preferred to be reserved as

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

a problem-solving tool when conventional imaging is inconclusive. Additionally, NCCN notes sodium fluoride PET/CT may be helpful to detect bone metastases where other imaging is inconclusive.[1]

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Breast Cancer – Surveillance/Follow-up (ONC-11.4)

ON.BC.0011.4.U
v3.0.2025

Indication	Imaging Study
Measurable metastatic disease on maintenance therapy or being monitored off therapy	ANY or ALL of the following, every 3 months for up to 5 years after completion of active treatment: • CT Chest (CPT® 71260) and CT Abdomen and Pelvis (CPT® 74177) with contrast • Bone scan (CPT® 78306) (see also: **Nuclear Medicine (NM) Imaging in Oncology (ONC-1.3)** for additional bone scan codes)
• Asymptomatic non-metastatic disease • Individuals receiving post-operative adjuvant therapy	• No advanced imaging indicated
Individuals with a personal history of breast cancer (not treated with bilateral mastectomy)	• Annual MRI Breast Bilateral without and with contrast (CPT® 77049)

Evidence Discussion

Evaluation of disease in the breast/axilla with breast MRI:

NCCN guidelines suggest that "the utility of MRI in follow-up screening of most patients with prior breast cancer is undefined", but recommend annual MRI in patients with a personal history of breast cancer who were either younger than age 50 or who have dense breasts.[1] ACR also addressed the use of MRI breast in individuals with dense breast tissue. They did not differentiate between heterogeneously and extremely dense breasts in the recommendation. ACR consider dense breasts to be heterogeneously dense (Category C) and extremely dense (Category D).[29] As breast cancer patients may have residual breast tissue in the ipsilateral or contralateral breast for which certain genetic mutations may increase the risk of subsequent cancers, breast MRI would also be indicated in such patients.[1] Patients with a clinical lifetime risk estimated to be ≥ 20% lifetime risk prior to their diagnosis of breast cancer and/or who had a history of ADH or lobular neoplasia would have been candidates for breast cancer screening with

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

breast MRI regardless (see BR 5.1) and therefore, would equally be eligible for this screening modality after breast cancer treatment, as long as they had not had bilateral mastectomies. Patients who have had bilateral mastectomies have little residual tissue, and therefore, surveillance with breast imaging would be of little value. A recent meta-analysis found that the rate of occult cancer in patients with mastectomy and the rate at which MRI detected cancer in patients after mastectomy was well below the current BIRADS benchmark for women with genetic predispositions to cancer.[25]

Systemic surveillance with CT Chest, Abdomen, Pelvis, and bone scan vs. PET/CT:

The NCCN guidelines state "In the absence of clinical signs and symptoms suggestive of recurrent disease, there is no indication for laboratory or imaging studies for metastases screening".[1] This is in keeping with ASCO's Choosing Wisely guideline which similarly recommends against surveillance testing with biomarkers or imaging for asymptomatic breast cancer patients who have been treated with curative intent.[28] Several studies have shown no benefit from routine imaging which can result in unnecessary radiation exposure and biopsies, and lead to misdiagnosis and treatment related complications.[24] A recent study also found that more intensive screening for metastasis did not result in improved survival.[22]

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (ONC-11)

v3.0.2025

1. Gradishar WJ, Moran MS, Abraham J, et al. National Comprehensive Cancer Network (NCCN) Guidelines Version 4.2025 – April 17, 2025. Breast cancer, available at: https://www.nccn.org/professionals/physician_gls/pdf/breast.pdf Referenced with permission from the NCCN Clinical Practice Guidelines in Oncology (NCCN Guidelines™) for Breast Cancer V4.2025 – April 17, 2025. ©2025 National Comprehensive Cancer Network, Inc. All rights reserved. The NCCN Guidelines™ and illustrations herein may not be reproduced in any form for any purpose without the express written permission of the NCCN. To view the most recent and complete version of the NCCN Guidelines™, go online to NCCN.org.
2. Cardoso F, Costa A, Norton L, et al. ESO-ESMO 2nd international consensus guidelines for advanced breast cancer (ABC2). *Ann Oncol*. 2014;25(10):1871-1888. doi:10.1093/annonc/mdu385.
3. Khatcheressian JL, Hurley P, Bantug E, et al. Breast cancer follow-up and management after primary treatment: American Society of Clinical Oncology clinical practice guideline update. *J Clin Oncol.* 2013;31:961-965. doi:10.1200/JCO.2012.45.9859.
4. Puglisi F, Follador A, Minisini AM, et al. Baseline staging tests after a new diagnosis of breast cancer: further evidence of their limited indications. *Ann Oncol*. 2005;16(2):263-266. doi:10.1093/annonc/mdi063.
5. Rong J, Wang S, Ding Q, Yun M, Zheng Z, Ye S. Comparison of 18 FDG PET-CT and bone scintigraphy for detection of bone metastases in breast cancer patients. A meta-analysis. *Surg Oncol*. 2013;22(2):86-91. doi:10.1016/j.suronc.2013.01.002.
6. Hong S, Li J, Wang S. 18FDG PET-CT for diagnosis of distant metastases in breast cancer patients. A meta-analysis. *Surg Oncol*. 2013;22(2):139-143. doi:10.1016/j.suronc.2013.03.001.
7. Cheng X, Li Y, Liu B, Xu Z, Bao L, Wang J. 18F-FDG PET/CT and PET for evaluation of pathological response to neoadjuvant chemotherapy in breast cancer: a meta-analysis. Acta Radiol. 2012;53(6):615-627. doi:10.1258/ar.2012.110603.
8. Simos D, Catley C, van Walraven C, et al. Imaging for distant metastases in women with early-stage breast cancer: a population-based cohort study. *CMAJ*. 2015;187(12):E387-E397. doi:10.1503/cmaj.150003.
9. Crivello ML, Ruth K, Sigurdson ER, et al. Advanced imaging modalities in early stage breast cancer: preoperative use in the United States Medicare population. *Ann Surg Oncol*. 2013;20(1):102-110. doi:10.1245/s10434-012-2571-4.
10. Heller SL, Lourenco AP, Niell BL, et. al. ACR Appropriateness Criteria® - Imaging after Mastectomy and Breast Reconstruction. Available at https://acsearch.acr.org/docs/3155410/Narrative/. American College of Radiology.
11. Landercasper J, Bailey L, Berry TS, et. al. Don't routinely order breast MRI in new breast cancer patients. American Society of Breast Surgeons. https://www.choosingwisely.org/clinician-lists/breast-surgeons-mris-in-new-breast-cancer-patients/
12. Chagpar AB, Howard-McNatt M, Chiba A, et. al. Factors affecting time to surgery in breast cancer patients. *Am Surg*. 2022;88(4):648-652. doi:10.1177/00031348211054714.
13. Peters NHGM, van Esser S, van den Bosch MAAJ, et. al. Preoperative MRI and surgical management in patients with nonpalpable breast cancer: the MONET – randomized controlled trial. *Eur J Cancer*. 2011;47(6):879-886. doi:10.1016/j.ejca.2010.11.035
14. Turnbull L, Brown S, Harvey I, et. al. Comparative effectiveness of MRI in breast cancer (COMICE) trial: a randomized controlled trial. *Lancet*. 2010;375(9714):563-571. doi:10.1016/S0140-6736(09)62070-5.
15. Daly MB, Pal T, AlHilli Z, et. al. National Comprehensive Cancer Network (NCCN) Guidelines Version 3.2025 – March 6, 2025. Genetic/Familial High-Risk Assessment: Breast, Ovarian, Pancreatic, and Prostate, available at: https://www.nccn.org/professionals/physician_gls/pdf/genetics_bopp.pdf Referenced with permission from the NCCN Clinical Practice Guidelines in Oncology (NCCN Guidelines™) for Genetic/Familial High-Risk Assessment: Breast, Ovarian, Pancreatic, and Prostate V3.2025 – March 6, 2025. ©2025 National Comprehensive Cancer Network, Inc. All rights reserved. The NCCN Guidelines™ and illustrations herein may not be reproduced in any form for any purpose without the express written permission of the NCCN. To view the most recent and complete version of the NCCN Guidelines™, go online to NCCN.org.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

16. Moncrieff M, Pywell S, Snelling A, et. al. Effectiveness of SPECT/CT imaging for sentinel node biopsy staging of primary cutaneous melanoma and patient outcomes. *Ann Surg Oncol*. 2022;29(2):767-775. doi:10.1245/s10434-021-10911-4.
17. Quartuccio N, Garau LM, Arnone A, et. al. Comparsion of 99mTc-labeled colloid SPECT/CT and planar lymphoscintigraphy in sentinel lymph node detection in patients with melanoma: a meta-analysis. *J Clin Med*. 2020;9(6):1680. doi:10.3390/jcm9061680.
18. Bennie G, Vorster M, Buscombe J, Sathekge M. The added value of a single-photon emission computed tomography-computed in sentinel lymph node mapping in patients with breast cancer and malignant melanoma. *World J Nucl Med.* 2015;14(01):41-46. doi:10.4103/1450-1147.150543
19. Ulaner GA, Mankoff DA, Clark AS, et al. Appropriate use criteria for estrogen receptor-targeted pet imaging with 16α-18f-fluoro-17β-fluoroestradiol. *J Nucl Med.* 2023;64(3):351-354. doi:10.2967/jnumed.123.265420.
20. Borrelli P, Donswijk ML, Stokkel MP, et al. Contribution of SPECT/CT for sentinel node localization in patients with ipsilateral breast cancer relapse. *Eur J Nucl Med Mol Imaging*. 2017;44(4): 630-637. doi:10.1007/s00259-0163545-8.
21. Chagpar, AB, Kehdy F, Scoggins CR, et al. Effect of lymphoscintigraphy drainage patterns on sentinel lymph node biopsy in patients with breast cancer. *Am J Surg*. 2005;190(4):557-562. doi:10.1016/j.amjsurg.2005.06.010.
22. Cheun JH, Jung J, Lee ES, et al. Intensity of metastasis screening and survival outcomes in patients with breast cancer. *Sci Rep*. 2021;11(1):2851. doi:10.1038/s41598-021-82485-w.
23. Christin OL, Kuten J, Even-Sapir E, Klausner J, Menes TS. Node positive breast cancer: Concordance between baseline PET/CT and sentinel node assessment after neoadjuvant therapy. *Surg Oncol*. 2021;30:1-5. doi:10.1016/j.suronc.2019.05.006.
24. Jochelson MHD, Ganz PA. Surveillance and monitoring in breast cancer survivors: maximizing benefit and minimizing harm. *ASCO Educational Book*. 2013;33(33). doi:https://doi.org/10.14694/EdBook_AM.2013.33.e13.
25. Smith D, Sepehr S, Karakatsanis A, Strand F, Valachis A. Yield of surveillance imaging after mastectomy with or without reconstruction for patients with prior breast cancer: a systematic review and meta-analysis. *JAMA Network Open*. 2021;5(12):e2244212-e2244212. doi:10.1001/jamanetworkopen.2022.44212.
26. Sutherland A, Huppe A, Wagner JL. The clinical impact of MRI on surgical planning for patients with in-breast tumor recurrence. *Breast Cancer Res Treat*. 2022;193(2):515-522. doi:10.1007/s10549-022-06589-1.
27. Walstra C, Schipper RJ, Winter-Warnars GA, et al. Local staging of ipsilateral breast tumor recurrence: mammography, ultrasound, or MRI? *Breast Cancer Res Treat*. 2020;184(2), 385-395. doi:10.1007/s10549-020-05850-9.
28. ASCO. 2021. *Choosing Wisely.* Retrieved from: https://old-prod.asco.org/news-initiatives/current-initiatives/cancer-care-initiatives/value-cancer-care/choosing-wisely.
29. Monticciolo DL, Newell MS, Moy L, Lee CS, Destounis SV. Breast Cancer Screening for Women at Higher-Than-Average Risk: Updated Recommendations From the ACR. *J Am Coll Radiol*. 2023;20(9):902-914. doi:10.1016/j.jacr.2023.04.002
30. Bevers TB, Niell BL, Aminololama-Shakeri S, et al. National Comprehensive Cancer Network (NCCN) Guidelines Version 2.2025 – March 28, 2025. Breast Cancer Screening and Diagnosis, available at: https://www.nccn.org/professionals/physician_gls/pdf/breast-screening.pdf Referenced with permission from the NCCN Clinical Practice Guidelines in Oncology (NCCN Guidelines™) for Breast Cancer Screening and Diagnosis V2.2025 – March 28, 2025. ©2025 National Comprehensive Cancer Network, Inc. All rights reserved. The NCCN Guidelines™ and illustrations herein may not be reproduced in any form for any purpose without the express written permission of the NCCN. To view the most recent and complete version of the NCCN Guidelines™, go online to NCCN.org.
31. de Bresser J, de Vos B, van der Ent F, Hulsewé K. Breast MRI in clinically and mammographically occult breast cancer presenting with an axillary metastasis: a systematic review. *ESJO*. 2010;36:114-119.
32. Cozzi A, Schiaffino S. Preoperative breast MRI in women with dense breasts: can we keep up with a rapidly changing scenario? *European Radiology*. 2023;33:8077-8079. doi:10.1007/s00330-023-10075-7.
33. Kleer CG, van Golen KL, Merajver SD. Molecular biology of breast cancer metastasis. Inflammatory breast cancer: clinical syndrome and molecular determinants. *Breast Cancer Res*. 2000;2:423-429.
34. Morrogh M, Morris EA, Liberman L, Van Zee K, Cody III HS, King TA. MRI identifies otherwise occult disease in select patients with Paget disease of the nipple. *Am Coll Surg*. 2008;206(2):316-321. doi:10.1016/j.jamcollsurg.2007.07.046.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

35. Yeh E, Slanetz P, Kopans DB, et al. Prospective comparison of mammography, sonography, and MRI in patients undergoing neoadjuvant chemotherapy for palpable breast cancer. *AJR*. 2005;184:868-877.
36. Hovis KK, Lee JM, Hippe DS, et al. Accuracy of preoperative breast MRI versus conventional imaging in measuring pathologic extent of invasive lobular carcinoma. *Journal of Breast Imaging*. 2021;288-298. doi:10.1093/jbi/wbab015.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Sarcomas – Bone, Soft Tissue, and GIST (ONC-12)

Guideline

Bone and Soft Tissue Sarcomas – General Considerations (ONC-12.1)
Soft Tissue Sarcomas – Initial Work-up/Staging (ONC-12.2)
Soft Tissue Sarcomas – Restaging/Recurrence (ONC-12.3)
Soft Tissue Sarcomas Surveillance/Follow-up (ONC-12.4)
Gastrointestinal Stromal Tumor (GIST) (ONC-12.5)
Bone Sarcomas – Initial Work-up/Staging (ONC-12.6)
Bone Sarcomas – Restaging/Recurrence (ONC-12.7)
Bone Sarcomas – Surveillance/Follow-up (ONC-12.8)
Benign Bone Tumors – General Considerations (ONC-12.9)
Benign Bone Tumors – Initial Work-up/Staging (ONC-12.10)
Benign Bone Tumors – Restaging/Recurrence (ONC-12.11)
Benign Bone Tumors – Surveillance/Follow-up (ONC-12.12)
References (ONC-12)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Bone and Soft Tissue Sarcomas – General Considerations (ONC-12.1)

ON.SS.0012.1.A
v3.0.2025

- Sarcomas are tumors of mesenchymal origin, classified as high-, intermediate-, and low-grade (G) tumors (sometimes described as “spindle cell” cancers). They can arise in any bony, cartilaginous, smooth muscle, skeletal muscle, or cardiac muscle tissue.
- Malignant nerve sheath tumor cell types should be imaged as high-grade sarcoma.
- Sarcomas occur in both adult and pediatric individuals, but some are more common in one age group than the other. Unless specified below, individuals age ≥18 years old should be imaged according to this guideline section.
- Exceptions include:
  - Rhabdomyosarcoma in individuals of all ages should be imaged according to guidelines in **Rhabdomyosarcoma (RMS) (PEDONC-8.2)** in the Pediatric Oncology Imaging Guidelines.
  - Osteogenic sarcoma (Osteosarcoma) in individuals of all ages should be imaged according to guidelines in **Osteogenic Sarcoma (OS) (PEDONC-9.3)** in the Pediatric Oncology Imaging Guidelines.
  - Ewing sarcoma and Primitive Neuroectodermal Tumor in individuals of all ages should be imaged according to guidelines in **Ewing Sarcoma and Primitive Neuroectodermal Tumors (ESFT) (PEDONC-9.4)** in the Pediatric Oncology Imaging Guidelines.
  - Kaposi’s sarcoma in individuals of all ages should be imaged according to guidelines in **Kaposi’s Sarcoma (ONC-31.10)**.
  - See: **Uterine Cancer (ONC-22)** for imaging recommendations for uterine sarcoma.
  - Desmoplastic small round cell tumor in individuals of all ages should be imaged according to guidelines in **Non-Rhabdomyosarcoma Soft Tissue Sarcomas (NRSTS) (PEDONC-8.3).**

Evidence Discussion

The choice of imaging modality is driven by the primary tumor site. Cross sectional imaging of the primary site with MRI with and without contrast or CT with contrast is recommended for best illustration of anatomic detail and vascular and nodal involvement and provides flexibility for clinician discretion for choice of modality for all sites for maximum tumor definition with consideration of minimizing radiation exposure. CT is superior for evaluation for metastatic disease of the lung, which is supported for all patients with a newly diagnosed malignant sarcoma. Imaging both with and without

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

contrast for evaluation of metastatic disease to the lung is not supported as this exposes patients to higher radiation doses without significant clinical benefit.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Soft Tissue Sarcomas – Initial Work-up/ Staging (ONC-12.2)

ON.SS.0012.2.A
v3.0.2025

Indication	Imaging Study
All individuals	• CT Chest with (CPT® 71260) or CT Chest without (CPT® 71250) contrast • MRI without and with contrast of involved area ◦ CT of involved area if contraindication to MRI
ANY of the following: • Angiosarcoma • Alveolar soft part sarcoma • Clear cell sarcoma • Epithelioid sarcoma • Hemangiopericytoma • Leiomyosarcoma • Liposarcoma • Retroperitoneal or intra-abdominal primary site (including pelvic primary site) • Other histologies documented to have propensity for lymphatic spread and deep-seated tumors	In addition to the above, one of the following combinations: • CT Abdomen and Pelvis with contrast (CPT® 74177) • MRI Abdomen (CPT® 74183) and MRI Pelvis (CPT® 72197) without and with contrast • MRI Abdomen (CPT® 74183) with and without contrast and CT Pelvis (CPT® 72193) with contrast • CT Abdomen (CPT® 74160) with contrast and MRI Pelvis (CPT® 72197) without and with contrast
ANY of the following: • Myxoid round cell liposarcoma • Angiosarcoma • Alveolar soft part sarcoma • Cardiac sarcoma • Neurologic signs or symptoms raising suspicion of CNS metastases	In addition to the above: • MRI Brain without and with contrast (CPT® 70553) • MRI Cervical/Thoracic/Lumbar Spine without and with contrast (CPT® 72156, CPT® 72157, and CPT® 72158)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Indication	Imaging Study
Leiomyosarcoma	In addition to the above: • Bone scan (CPT® 78306) (see also: **Nuclear Medicine (NM) Imaging in Oncology [ONC-1.3]** for additional bone scan codes)
ANY of the following: • Grade of tumor in doubt following biopsy • Conventional imaging suggests solitary metastasis amenable to surgical resection • Inconclusive conventional imaging • Prior to planned neoadjuvant therapy	• PET/CT (CPT® 78815 or CPT® 78816)
Desmoid Tumors	ONE of the following: • CT without contrast or with contrast of the affected body part • MRI without contrast or without and with contrast of the affected body part • Imaging of lung, lymph node, and metastatic site for these tumors is not indicated
Dermatofibrosarcoma Protuberans (DFSP)	ONE of the following: • CT without contrast or with contrast of the affected body part • MRI without contrast or without and with contrast of the affected body part • CT Chest with (CPT® 71260) or without (CPT® 71250) contrast for: ◦ Pulmonary symptoms ◦ Abnormal chest x-ray ◦ Sarcomatous differentiation

Evidence Discussion

- PET/CT is supported where the grade of tumor is in doubt following biopsy or to confirm oligometastatic disease amenable to local treatment, to support treatment

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

decision making. NCCN also supports the use of PET/CT for initial staging prior to planned neoadjuvant therapy (von Mehren, NCCN 2024). It is also a useful tool to follow inconclusive conventional imaging.

- Different subtypes of soft tissue sarcomas have different patterns of spread; thus a histologic diagnosis is essential to determine imaging strategy.
- Abdominal and pelvic imaging is not supported for extremity, trunk or head and neck primary sites, unless documented histologies with propensity for lymphatic spread (Zagars, 2003). Due to the propensity of myxoid and round cell liposarcomas for leptomeningeal spread, initial evaluation of the spine with MRI is supported. MRI of the brain is supported for those with CNS signs and symptoms, and for all patients with angiosaroma, alveolar soft part sarcomas, and cardiac sarcoma (von Mehren, NCCN 2024).
- For Desmoid tumors, disease biology and patterns of recurrence do not support metastatic disease workup, CT Chest or body areas outside of the primary site subject patients to additional radiation and incidental finding risk (Peng, 2012).
- For Dermatofibrosarcoma Protuberans (DFSP), CT Chest is supported for sarcomatous differentiation as noted for other sarcoma histologies above, or for pulmonary symptoms. In the absence of these features, CT exposes to risk with no statistically significant clinical benefit (Schmultz, NCCN 2024, Akram 2014).

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Soft Tissue Sarcomas – Restaging/ Recurrence (ONC-12.3)

ON.SS.0012.3.A
v3.0.2025

Indication	Imaging Study
ANY of the following: • After preoperative radiotherapy • After surgical resection • After adjuvant radiotherapy	• MRI without and with contrast or CT with contrast of affected body area • Chest or lymph node imaging is not indicated if no abnormality on previous imaging
Baseline end of therapy evaluation	• Same studies as indicated during initial work-up
ANY of the following: • Differentiate tumor from radiation or surgical fibrosis • Determine response to neoadjuvant therapy • Confirm oligometastatic disease prior to curative intent surgical resection	• PET/CT (CPT® 78815 or CPT® 78816) ◦ If treated with radiation therapy, PET/CT no sooner than 12 weeks (3 months) post completion of radiation therapy
Chemotherapy response for individuals with measurable disease	• CT with contrast or MRI without and with contrast of affected body area every 2 cycles
Recurrence suspected	• Repeat all imaging for initial workup of specific histology and/or primary site and other symptomatic areas
Preoperative planning prior to resection	ANY or ALL of the following: • MRI without contrast or without and with contrast of involved area • CT (contrast as requested) of involved area

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Indication	Imaging Study
Dermatofibrosarcoma Protuberans (DFSP)	• CT without contrast or with contrast of the affected body part or MRI without contrast or without and with contrast of the affected body part • CT Chest with (CPT® 71260) or without (CPT® 71250) contrast for: ◦ Known prior thoracic disease ◦ New or worsening pulmonary symptoms ◦ New or worsening chest x-ray ◦ Sarcomatous differentiation

Evidence Discussion

- Local therapy is a cornerstone of treatment for sarcomas. Cross-sectional imaging of primary site, with modality used at diagnosis specific to tumor site, is supported after pre-operative radiotherapy, and after resection of adjuvant radiotherapy to determine response, as well as for pre-operative planning prior to resection and every two cycles of treatment during active therapy. NCCN supports imaging for a baseline at the end of therapy. In the absence of known lung involvement or pulmonary symptoms, restaging of lung on active treatment does not provide benefit in most histologies and exposes patient to additional radiation and risk of incidental findings (von Mehren, NCCN 2024).
- NCCN indicates that PET/CT may be useful for therapy response. Patients with baseline tumor SUVmax ≥6 and <40% decrease in FDG avidity after neoadjuvant therapy are at high risk for disease recurrence. Pretreatment tumor SUVmax and change in SUV max after neoadjuvant therapy has been shown to identify patients at high risk of tumor recurrence and may be used to identify patients most likely to benefit from additional chemotherapy (Schuetze, 2005). PET/CT is supported to assess neoadjuvant therapy response, to differentiate scarring from disease, or to confirm oligometastatic disease prior to resection (von Mehren, NCCN 2024, Schuetze SM, et al. 2005).

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Soft Tissue Sarcomas Surveillance/ Follow-up (ONC-12.4)

ON.SS.0012.4.A
v3.0.2025

Indication	Imaging Study
For any of the following: • Retroperitoneal/intra-abdominal primary site (including pelvic primary site) • Angiosarcoma • Epithelioid sarcoma	ANY or ALL of the following every 3 months for 3 years, then every 6 months for 2 more years, then annually: • CT Chest with (CPT® 71260) or without (CPT® 71250) contrast • CT Abdomen and Pelvis with contrast (CPT® 74177) • CT with contrast or MRI without and with contrast of any other involved body areas
Myxoid/round cell liposarcoma	ANY or ALL of the following every 3 months for 2 years, then every 6 months for 2 more years, then annually: • CT Chest with (CPT® 71260) or without (CPT® 71250) contrast • CT Abdomen and Pelvis with contrast (CPT® 74177) • CT with contrast or MRI without and with contrast of any other involved body areas • MRI Cervical/Thoracic/Lumbar Spine without and with contrast (CPT® 72156, CPT® 72157, and CPT® 72158)
Low-grade/Stage I extremity or trunk, primary site	ANY or ALL of the following every 6 months for 2 years, then annually thereafter: • CT Chest with contrast (CPT® 71260) or CT Chest without contrast (CPT® 71250) • CT with contrast, MRI without contrast, or MRI without and with contrast of primary site

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Indication	Imaging Study
ANY of the following: • Extremity/trunk primary site - grade II/stage II or higher • Head/neck primary site	ANY or ALL of the following every 3 months for 2 years, then every 6 months for 2 more years, then annually: • CT with contrast, MRI without contrast, or MRI without and with contrast of primary site • CT Chest with (CPT® 71260) or without (CPT® 71250) contrast • CT with contrast or MRI without and with contrast of any other involved body areas
ANY of the following: • Angiosarcoma • Alveolar soft part sarcoma • Cardiac sarcoma	In addition to the above studies: • MRI Brain without and with contrast (CPT® 70553) annually For surveillance of individuals with known brain metastases, see: **Brain Metastases (ONC-31.3)**
Desmoid tumors	ONE of the following every 3 months for 3 years, then every 6-12 months: • CT without contrast or with contrast of the affected body part • MRI without contrast or without and with contrast of the affected body part
Dermatofibrosarcoma Protuberans	• No routine imaging unless clinical signs/symptoms of recurrence

Evidence Discussion

Time frames, modality, and body site for surveillance by histology are based on tumor recurrence patterns specific to primary site and tumor biology (von Mehren, NCCN 2024, Peng 2012, Akram 2014). PET/CT is not supported for asymptomatic surveillance, as this can lead to unnecessary radiation exposure and invasive procedures or excess treatment.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Gastrointestinal Stromal Tumor (GIST) (ONC-12.5)

ON.SS.0012.5.A
v3.0.2025

General Considerations

- GISTs are mesenchymal neoplasms of the gastrointestinal (GI) tract, mostly found in the stomach and upper small bowel, commonly metastasizing to the liver and abdominal cavity and primarily treated with surgery.
- Recurrence risk of GIST is estimated by prognostic model based on location, size of primary tumor, and mitotic rate per high power field (HPF). High-risk category includes any tumor >5 cm with >5 mitoses/50 HPF and any tumors >10 cm in size regardless of mitotic rate.

Indication	Imaging Study
Suspected/Diagnosis	• CT Abdomen and Pelvis with contrast (CPT® 74177)
Initial Work-up/Staging	• CT Chest (CPT® 71260) and CT Abdomen and Pelvis (CPT® 74177) with contrast • MRI Abdomen without and with contrast (CPT® 74183) is indicated for evaluation of liver lesions that are equivocal on CT imaging or for preoperative assessment of liver • PET (CPT® 78815) is indicated for evaluation of inconclusive findings on conventional imaging
Monitoring response to treatment (every 8 to 12 weeks) in either of the following: • Unresectable primary disease • Metastatic disease	EITHER of the following: • CT Abdomen and Pelvis with contrast (CPT® 74177) • MRI Abdomen without and with contrast (CPT® 74183) and MRI Pelvis without and with contrast (CPT® 72197)
Known or suspected recurrence	• CT Abdomen and Pelvis with contrast (CPT® 74177)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Indication	Imaging Study
Any of the following: • Prior evidence of chest disease • Signs or symptoms of chest disease	• CT Chest with contrast (CPT® 71260)
Evaluation of inconclusive findings on conventional imaging	• PET/CT (CPT® 78815)
Surveillance for any of the following: • Incompletely resected • Metastatic disease • High-risk disease	• CT Abdomen and Pelvis with contrast (CPT® 74177) every 3 months for 3 years, then every 6 months for 2 years, and then annually
Surveillance for all others	• CT Abdomen and Pelvis with contrast (CPT® 74177) every 6 months for 5 years, then annually

Evidence Discussion

Suspected/Diagnosis

CT Abdomen and Pelvis are recommended by NCCN (von Mehren, 2024) for suspected GIST. While CT Chest is supported to rule out metastatic disease in biopsy proven GIST, advanced imaging prior to confirmation of diagnosis may expose patient to unnecessary radiation and increased irrelevant incidental findings.

Initial staging

CT is preferred for initial staging of GIST over MRI as it is easier to access, faster, and less costly while MRI is not viewed as superior (von Mehren, 2024). MRI should be used to clarify inconclusive liver findings. The NCCN notes that PET/CT is not a substitute for diagnostic CT, which has superior sensitivity for this tumor site, but PET/CT is supported for inconclusive CT findings, aligning with NCCN recommendations (von Mehren, 2024).

Restaging

Abdominal/pelvic imaging every 8-12 weeks to assess response to TKI is appropriate given the typical response timeframe for this treatment (Kelly, 2021). More frequent imaging may lead to premature or incorrect treatment decisions. Chest imaging in the absence of prior chest findings or signs and symptoms of chest involvement is low-yield and not recommended by the NCCN (von Mehren, 2024), it poses potential for risk of increased incidental findings and increased radiation exposure.

Surveillance

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Surveillance guidelines align with NCCN recommendations with regard to modality, body site and timeframe. FDG PET/CT is supported only to clarify ambiguous findings on other advanced imaging (von Mehren, 2024).

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Bone Sarcomas – Initial Work-up/Staging (ONC-12.6)

ON.SS.0012.6.A
v3.0.2025

- Osteogenic sarcoma (Osteosarcoma) in individuals of all ages should be imaged according to guidelines in **Osteogenic Sarcoma (OS) (PEDONC-9.3)** in the Pediatric Oncology Imaging Guidelines.
- Ewing sarcoma and Primitive Neuroectodermal Tumor in individuals of all ages should be imaged according to guidelines in **Ewing Sarcoma and Primitive Neuroectodermal Tumors (ESFT) (PEDONC-9.4)** in the Pediatric Oncology Imaging Guidelines.

Indication	Imaging Study
Chondrosarcoma • Low-grade intra-compartmental • High-grade (grade II or grade III) • Clear cell • Extra-compartmental	ANY or ALL of the following: • MRI without contrast or without and with contrast of involved area • CT (contrast as requested) of involved area • CT Chest with (CPT® 71260) or without (CPT® 71250) contrast
Dedifferentiated chondrosarcoma	See: **Osteogenic Sarcoma (OS) (PEDONC-9.3)** for imaging recommendations
Mesenchymal chondrosarcoma	See: **Ewing's Sarcoma Family of Tumors (PEDONC-9.4)** for imaging recommendations

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Indication	Imaging Study
Chordoma	ANY or ALL of the following: • MRI without contrast or without and with contrast of involved area • CT (contrast as requested) of involved area • CT Chest with (CPT® 71260) or without (CPT® 71250) contrast • CT Abdomen and Pelvis with contrast (CPT® 74177) • MRI Cervical (CPT® 72156), Thoracic (CPT® 72157), and Lumbar (CPT® 72158) Spine without and with contrast • Bone scan (CPT® 78306) (see also: **Nuclear Medicine (NM) Imaging in Oncology (ONC-1.3)** for additional bone scan codes)
Chordoma with inconclusive findings on conventional imaging	PET/CT (CPT® 78815 or CPT® 78816)

Evidence Discussion

The choice of imaging modality is driven by the primary tumor site. Cross sectional imaging of the primary site with MRI with and without contrast or CT with contrast is recommended for best illustration of anatomic detail and vascular and nodal involvement. Our guideline provides flexibility for provider discretion for choice of modality for all sites. Providers should choose modality expected to offer maximum primary tumor definition with consideration of minimizing radiation exposure (Mehren, Biermann, NCCN 2024). CT is more sensitive and specific than MRI for evaluation for metastatic disease of the lung and is supported for all patients with a newly diagnosed malignant sarcoma. Imaging both with and without contrast for evaluation of metastatic disease to the lung is not supported as this exposes patients to higher radiation doses without significant clinical benefit. CT either with or without contrast should be selected at discretion of the provider (ACR, 2024).

Chordomas have a propensity for the distant disease at presentation including spine, so unlike other bone sarcomas, imaging of the abdomen and pelvis with contrasted CT as well as bone scan and MRI of the spine are supported. FDG PET/CT is supported only for inconclusive conventional imaging. PET is not generally supported for initial staging of other histologies discussed in this section due to low sensitivity and specificity (Biermann, NCCN 2024).

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Bone Sarcomas – Restaging/Recurrence (ONC-12.7)

ON.SS.0012.7.A
v3.0.2025

Indication	Imaging Study
Chondrosarcoma • Low-grade intra-compartmental • High-grade (grade II or grade III) • Clear cell • Extra-compartmental	ANY or ALL of the following, after completion of radiotherapy or every 2 cycles of chemotherapy: • MRI without contrast or without and with contrast of involved area • CT (contrast as requested) of involved area • CT Chest with (CPT® 71260) or without (CPT® 71250) contrast
Suspected recurrence of atypical cartilaginous tumor (low-grade intra-compartmental appendicular tumor)	• MRI without contrast or without and with contrast of involved area or CT (contrast as requested) of involved area • CT Chest with (CPT® 71260) or without (CPT® 71250) contrast • Bone scan (CPT® 78306) (see also: **Nuclear Medicine (NM) Imaging in Oncology [ONC-1.3]** for additional bone scan codes)
Dedifferentiated chondrosarcoma	See: **Osteogenic Sarcoma (OS) (PEDONC-9.3)** for imaging recommendations
Mesenchymal chondrosarcoma	See: **Ewing's Sarcoma Family of Tumors (PEDONC-9.4)** for imaging recommendations
Chordoma	ANY or ALL of the following, after completion of radiotherapy or every 2 cycles of chemotherapy: • MRI without contrast or without and with contrast of involved area • CT (contrast as requested) of involved area • Bone scan (CPT® 78306) (see also: **Nuclear Medicine (NM) Imaging in Oncology [ONC-1.3]** for additional bone scan codes)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Indication	Imaging Study
Chordoma with inconclusive findings on conventional imaging	PET/CT (CPT® 78815 or CPT® 78816)

Evidence Discussion

CT Chest is supported for restaging for all bone sarcomas, as well as MRI of primary site. CT of other body areas is driven by clinical symptoms and patterns of spread at primary site and not routine across all cell types (Biermann, NCCN 2024). PET/CT for restaging is not routinely supported but may be used for inconclusive conventional imaging (Biermann, NCCN 2024).

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Bone Sarcomas – Surveillance/Follow-up (ONC-12.8)

ON.SS.0012.8.A
v3.0.2025

Indication	Imaging Study
• Intra-compartmental Chondrosarcoma	ANY or ALL of the following every 6-12 months for 2 years, then annually for 10 years: • Plain x-ray of primary site ◦ MRI without and with contrast is indicated for new findings on plain x-ray or new/worsening clinical symptoms. • Chest x-ray ◦ CT Chest with (CPT® 71260) or without (CPT® 71250) contrast for new findings on chest x-ray, or new/ worsening signs/symptoms
• Grade I, II, or III Chondrosarcoma • Clear Cell Chondrosarcoma • Extra-compartmental Chondrosarcoma • Low-grade extra-compartmental appendicular tumors	ANY or ALL of the following every 6 months for 5 years, then annually for 10 years: • Plain x-ray of primary site ◦ MRI without and with contrast is indicated for new findings on plain x-ray or new/worsening clinical symptoms. • CT Chest with (CPT® 71260) **or** CT Chest without (CPT® 71250) contrast
Dedifferentiated chondrosarcoma	See: **Osteogenic Sarcoma (OS) (PEDONC-9.3)** for imaging recommendations
Mesenchymal chondrosarcoma	See: **Ewing's Sarcoma Family of Tumors (PEDONC-9.4)** for imaging recommendations

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Indication	Imaging Study
Chordoma	• Plain x-ray of primary site every 6 months for 5 years and then annually until year 10 ◦ MRI without and with contrast is indicated for new findings on plain x-ray or new/worsening clinical symptoms. • Chest x-ray every 6 months for 5 years and then annually until year 10 ◦ CT Chest with (CPT® 71260) or without (CPT® 71250) contrast may be obtained annually or for evaluation of any new findings on chest x-ray or new/worsening signs/symptoms

Evidence Discussion

Data do not show an overall survival benefit with advanced imaging surveillance of sarcomas. Less than 20% of local recurrences are detected based on advanced imaging surveillance in asymptomatic patients. Sensitivity and specificity of chest imaging are higher in grade two or higher disease (Srinivasan, 2024).

For grades I-III disease, plain x-ray is supported as primary tool for primary site surveillance, with cross sectional advanced imaging for signs and symptoms of progression or changes on x-ray. Chest imaging is supported with either plain imaging or CT. Recurrence beyond 10 years is rare; asymptomatic surveillance imaging beyond 10 years is low yield and is not generally supported (Biermann, 2024).

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Benign Bone Tumors – General Considerations (ONC-12.9)

ON.SS.0012.9.A
v3.0.2025

- Variety of diagnoses, including osteoid osteochondroma, chondroblastoma, desmoplastic fibroma, Paget's disease, osteoid osteoma and others.
- Plain x-ray appearance is diagnostic for many benign bone tumors and advanced imaging is generally unnecessary except for preoperative planning.
- MRI without and with contrast is the primary modality for advanced imaging of bone tumors and can be approved to help narrow differential diagnoses and determine whether biopsy is indicated.
- Some benign bone tumor types carry a risk of malignant degeneration over time, but routine advanced imaging surveillance has not been shown to improve outcomes for these individuals.
- MRI without and with contrast can be approved to evaluate new findings on plain x-ray new/worsening clinical symptoms not explained by a recent plain x-ray.
- There are no data to support the use of PET/CT in the evaluation of benign bone tumors, and PET requests should not be approved without biopsy confirmation of a malignancy.
- Other benign bone tumors should be imaged according to guidelines in **Lesion of Bone (MS-10.1)** in the General Musculoskeletal Imaging Guidelines or **Mass Involving Bone (including Lytic and Blastic Metastatic Disease) (PEDMS-3.4)** in the Pediatric Musculoskeletal Imaging Guidelines.

Evidence Discussion

Many benign bone tumors have characteristic appearance on plain x-ray, particularly in conjunction with history, patient age, and size and growth characteristics. Lesions without aggressive appearing characteristics on x-ray generally do not require further evaluation. Advanced imaging modalities are supported when x-ray is indeterminate for malignancy to determine management strategy. Thus, the advanced imaging guidelines in this section pertain to enchondromas, which often appear indeterminate on plain x-ray, and giant cell tumor of bone (GCTB), which have potential for malignant degeneration and metastasis.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Benign Bone Tumors – Initial Work-up/ Staging (ONC-12.10)

ON.SS.0012.10.A
v3.0.2025

Indication	Imaging Study
Giant Cell Tumor of Bone (GCTB)	ANY or ALL of the following: • MRI without contrast or without and with contrast of involved area • CT (contrast as requested) of involved area • CT Chest with (CPT® 71260) or without (CPT® 71250) contrast • Bone scan (CPT® 78306) (see also: **Nuclear Medicine (NM) in Oncology [ONC-1.3]** for additional bone scan codes)
Enchondroma	• MRI without contrast or without and with contrast of primary site

Evidence Discussion

- Giant Cell Tumor of Bone
  - MRI can help distinguish malignant transformation, while complex bony anatomy maybe better visualized on CT. To establish management strategy, our guidelines support using both modalities for involved areas in alignment with NCCN and ACR (Biermann 2023, Montgomery 2019).
  - CT Chest and whole-body bone scan are supported at time of initial staging given the malignant and metastatic potential of GCTB. CT abdomen and pelvis are not supported without symptoms in these areas as this would not be a typical pattern of metastasis in the setting of malignant degeneration of GCTB. CT of abdomen and pelvis increases radiation exposure with low yield (Biermann, 2023).
- Enchondroma
  - MRI can help distinguish suspected enchondroma on plain film from other more malignant entities and is supported for initial staging to confirm characteristic appearance.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Benign Bone Tumors – Restaging/ Recurrence (ONC-12.11)

ON.ss.0012.11.A
v3.0.2025

Indication	Imaging Study
Giant Cell Tumor of Bone (GCTB)	ANY or ALL of the following, after completion of radiotherapy or every 2 cycles of chemotherapy: • MRI without contrast or without and with contrast of involved area • CT (contrast as requested) of involved area • Bone scan (CPT® 78306 (see also: **Nuclear Medicine (NM) Imaging in Oncology [ONC-1.3]** for additional bone scan codes)
Enchondroma	Plain films of primary site

Evidence Discussion

- GCTB
  - For patients requiring chemotherapy, repeat of all imaging done at initial staging may be done every two cycles to assess treatment response or need to change therapy. For patients treated with radiotherapy, repeat imaging may be done at completion of radiotherapy to verify treatment response and establish baseline for surveillance (Biermann, 2024).
- Enchondroma
  - Once initial staging with advanced imaging has been completed, plain films should be adequate to ensure stability or for suspected recurrence, restaging after local therapy, or surveillance. Further advanced imaging is generally low yield unless there are indeterminate findings on the plain films.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Benign Bone Tumors – Surveillance/ Follow-up (ONC-12.12)

ON.SS.0012.12.A
v3.0.2025

Indication	Imaging Study
Giant Cell Tumor of Bone (GCTB)	ANY or ALL of the following every 6-12 months for 4 years, then annually thereafter: • Plain x-ray of primary site ◦ MRI without and with contrast is indicated for new findings on plain x-ray or new/worsening clinical symptoms. • Chest x-ray ◦ CT Chest with (CPT® 71260) or without (CPT® 71250) contrast for new findings on chest x-ray, or new/worsening signs/ symptoms.
Enchondroma	Plain films of primary site

Evidence Discussion

- GCTB
  - The role of advanced imaging in asymptomatic surveillance is not well established for GCTB. Though late recurrences can occur, there is not strong data to support advanced imaging over plain film in asymptomatic patients. These guidelines allow advanced imaging if there are indeterminate findings on plain film, both for primary site and chest. Time frames for plain films are in alignment with NCCN. (Biermann 2024, Montgomery 2019)
- Enchondroma
  - Once initial staging with advanced imaging has been completed, plain films should be adequate to ensure stability or further imaging for recurrence, restaging after local therapy, or surveillance . Further advanced imaging is generally low yield unless there are indeterminate findings on the plain films.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (ONC-12)

v3.0.2025

1. Von Mehren M, Kane III JM, Armstrong SA, et al. National Comprehensive Cancer Network (NCCN) Guidelines Version 4.2024 – November 21, 2024. Soft Tissue Sarcoma, available at: https://www.nccn.org/ professionals/ physician_gls/pdf/sarcoma.pdf. Referenced with permission from the NCCN Clinical Practice Guidelines in Oncology (NCCN Guidelines™) for Soft Tissue Sarcoma V4.2024 – November 21, 2024. ©2024 National Comprehensive Cancer Network, Inc. All rights reserved. The NCCN Guidelines™ and illustrations herein may not be reproduced in any form for any purpose without the express written permission of the NCCN. To view the most recent and complete version of the NCCN Guidelines™, go online to NCCN.org.
2. Biermann JS, Hirbe A, Agulnik M, et al. National Comprehensive Cancer Network (NCCN) Guidelines Version 1.2025 – August 20, 2024. Bone cancer, available at: https://www.nccn.org/professionals/physician_gls/ pdf/bone.pdf. Referenced with permission from the NCCN Clinical Practice Guidelines in Oncology (NCCN Guidelines™) for Bone cancer V1.2025 – August 20, 2024. ©2024 National Comprehensive Cancer Network, Inc. All rights reserved. The NCCN Guidelines™ and illustrations herein may not be reproduced in any form for any purpose without the express written permission of the NCCN. To view the most recent and complete version of the NCCN Guidelines™, go online to NCCN.org.
3. Von Mehren M, Kane III JM, Armstrong SA, et al. National Comprehensive Cancer Network (NCCN) Guidelines Version 1.2024 – March 8, 2024. Gastrointestinal Stromal Tumors, available at: https:// www.nccn.org/ professionals/physician_gls/pdf/gist.pdf. Referenced with permission from the NCCN Clinical Practice Guidelines in Oncology (NCCN Guidelines™) for Gastrointestinal Stromal Tumors V1.2024 – March 8, 2024. ©2024 National Comprehensive Cancer Network, Inc. All rights reserved. The NCCN Guidelines™ and illustrations herein may not be reproduced in any form for any purpose without the express written permission of the NCCN. To view the most recent and complete version of the NCCN™ Guidelines, go online to NCCN.org
4. Nishiguchi T, Mochizuki K, Ohsawa M, et al, Differentiating benign notochordal cell tumors from chordomas: radiographic features on MRI, CT, and tomography. *Am Jour Roentgenol*. 2011;196(3):644-650. doi:10.2214/ AJR.10.4460.
5. Van den Abbeele AD. The lessons of GIST-PET and PET/CT: a new paradigm for imaging. *Oncologist*. 2008;13:8-13. doi:10.1634/theoncologist.13-S2-8.
6. Demetri GD, von Mehren M, Antonescu CR, et al. NCCN Task Force report: update on the management of patients with gastrointestinal stromal tumors. *J Natl Compr Canc Netw.* 2010;8(Suppl 2):S42-44.
7. Peng PD, Hyder O, Mavros MN, et al. Management and recurrence patterns of desmoids tumors: a multi-institutional analysis of 211 patients. *Ann Surg Oncol*. 2012;19(13):4036-4042. doi:10.1245/s10434-012-2634-6.
8. Tseng WW, Amini B, Madewell JE. Follow-up of the soft tissue sarcoma patient. *J Surg Oncol.* 2015;111(5):641-645. doi:10.1002/jso.23814.
9. Grotz TE, Donohue JH. Surveillance strategies for gastrointestinal stromal tumors. *J Surg Oncol*. 2011;104(8):921-927. doi:10.1002/jso.21862.
10. Akram J, Wooler G, Lock-Andersen J. Dermatofibrosarcoma protuberans: clinical series, national Danish incidence data and suggested guidelines. *J Plast Surg Hand Surg*. 2014;48(1):67-73. doi:10.3109/2000656X.2013.812969.
11. Puri A, Gulia A, Hawaldar R, Ranganathan P, Badwe RA. Does intensity of surveillance affect survival after surgery for sarcomas? Results of a randomized noninferiority trial. *Clin Orthop Relat Res*. 2014;472(5):1568-1575. doi:10.1007/s11999-013-3385-9.
12. Biermann JS, Adkins DR, Aqulnik M, et al. Bone cancer. *J Natl Compr Canc Netw*. 2013;11(6):688-723.
13. Schuetze SM, Rubin BP, Vernon C, et al. Use of positron emission tomography in localized extremity soft tissue sarcoma treated with neoadjuvant chemotherapy. *Cancer*. 2005;103(2):339-48. doi:10.1002/cncr.20769.
14. Zagars GK, Ballo MT, Pisters PW, et al. Prognostic factors for patients with localized soft-tissue sarcoma treated with conservation surgery and radiation therapy: an analysis of 1225 patients. *Cancer*. 2003;97(10):253043. doi:10.1002/cncr.11365.
15. Bordeaux J, Blitzblau R, Aasi SZ, et al. National Comprehensive Cancer Network (NCCN) Guidelines Version 1.2025 – October 11, 2024. Dermatofibrosarcoma protuberans, available at: https://www.nccn.org/professionals/ physician_gls/pdf/dfsp.pdf. Referenced with permission from the NCCN Clinical Practice Guidelines in Oncology

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

(NCCN Guidelines™) for Dermatofibrosarcoma protuberans V1.2025– October 11, 2024. ©2024 National Comprehensive Cancer Network, Inc. All rights reserved. The NCCN Guidelines™ and illustrations herein may not be reproduced in any form for any purpose without the express written permission of the NCCN. To view the most recent and complete version of the NCCN Guidelines™, go online to NCCN.org.

16. Montgomery C, Couch C, Emory CL, Nicholas R. Giant cell tumor of bone: review of current literature, evaluation, and treatment options. *J Knee Surg*. 2019;32(4):331336. doi:10.1055/s-0038-1675815.
17. Kelly CM, Gutierrez Sainz L, Chi P. The management of metastatic GIST: current standard and investigational therapeutics. *J Hematol Oncol.* 2021;14(1):2. doi:10.1186/s13045-02001026-6.
18. Srinivasan S, Keerthivasagam S, Kumar S, Puri A. Impact of surveillance imaging in detecting local and metastatic lung recurrences among patients with sarcomas of the extremities: a systematic review and meta-analysis. *Ann Surg Oncol*. 2024;31(1):213227. doi: 10.1245/s10434-023-14429-9.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Pancreatic Cancer (ONC-13)

Guideline

Pancreatic Cancer – General Considerations (ONC-13.0)
Pancreatic Cancer – Screening Studies for Pancreatic Cancer (ONC-13.1)
Pancreatic Cancer – Suspected/Diagnosis (ONC-13.2)
Pancreatic Cancer – Initial Work-up/Staging (ONC-13.3)
Pancreatic Cancer – Restaging/Recurrence (ONC-13.4)
Pancreatic Cancer – Surveillance/Follow-up (ONC-13.5)
References (ONC-13)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Pancreatic Cancer – General Considerations (ONC-13.0)

ON.PC.0013.0.A

v3.0.2025

- This guideline refers only to adenocarcinoma of the exocrine pancreas, which accounts for over 90% of pancreatic malignancies. This guideline may also be used for cancer of the Ampulla of Vater.
- Neuroendocrine and carcinoid tumors of the pancreas are not included in this guideline, see: **Neuroendocrine Cancers and Adrenal Tumors (ONC-15)**.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Pancreatic Cancer – Screening Studies for Pancreatic Cancer (ONC-13.1)

ON.PC.0013.1.A
v3.0.2025

- Detailed history of any known inherited syndrome in the individual and detailed family history in first- and second-degree relatives, including the age and lineage, is essential to guide screening recommendations. See table below for age- and risk-specific screening recommendations.
- New onset of diabetes in individuals older than 50 has been recognized as a potential indicator of the development of pancreatic cancer. Approximately 1% of individuals in this category are diagnosed with cancer within 3 years. A prediction model has been established which identifies those individuals at greatest risk for pancreatic malignancy. The scoring system, known as ENDPAC (Enriching New-Onset Diabetes for Pancreatic Cancer) is based on 3 discriminatory factors, including change in blood glucose, change in weight, and age of onset at the time of the new diagnosis of diabetes. A score of >3 imparts an elevated risk of pancreatic cancer (3.6%), and these individuals should be screened. Screening is not indicated at this time for scores of 0-2.

Indications	Imaging Study
Individuals who meet **BOTH** of the following criteria: • One or more first- or second-degree relative affected with pancreatic cancer **AND** • Known mutation carrier of ONE of the following genes: ◦ Lynch Syndrome (MLH1, MSH2, or MSH6 gene mutations) ◦ BRCA1 ◦ PALB2 mutation ◦ EPCAM ◦ TP53	• MRI Abdomen without and with contrast (CPT® 74183) or MRCP with 3D rendering (CPT® 74183 and CPT® 76376 or CPT® 76377) starting at age 50 or 10 years earlier than the youngest family member affected with exocrine pancreatic cancer, repeat annually

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Indications	Imaging Study
Individuals with family history of pancreatic cancer but no known genetic mutation: • Individuals with 2 relatives with pancreatic cancer where one is a first-degree relative • Individuals with 3 or more relatives with pancreatic cancer	• MRI Abdomen without and with contrast (CPT® 74183) or MRCP with 3D rendering (CPT® 74183 and CPT® 76376 or CPT® 76377) starting at age 45 or 10 years earlier than the youngest family member affected with exocrine pancreatic cancer, repeat annually
Pancreatic Cancer Kindred (individuals who have at least one first-degree relative with pancreatic cancer who in turn also has a first-degree relative with pancreatic cancer) and NO known genetic germline mutations	• MRI Abdomen without and with contrast (CPT® 74183) or MRCP with 3D rendering (CPT® 74183 and CPT® 76376 or CPT® 76377) starting at age 50 or 10 years earlier than the youngest family member affected with pancreatic cancer, repeat annually
Hereditary Pancreatitis (PRSS1, CPA1, and CTRC gene mutations)	• MRI Abdomen without and with contrast (CPT® 74183) or MRCP with 3D rendering (CPT® 74183 and CPT® 76376 or CPT® 76377) beginning at age 40 or 20 years after the first pancreatitis attack, repeat annually.
Peutz-Jeghers Syndrome (LKB1/STK11 gene mutation)	• MRI Abdomen without and with contrast (CPT® 74183) or MRCP with 3D rendering (CPT® 74183 and CPT® 76376 or CPT® 76377) starting at age 30 or 10 years earlier than the youngest family member affected with exocrine pancreatic cancer, repeat annually ◦ Family history is not required to begin imaging at age 30

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Indications	Imaging Study
CDKN2A mutation (also known as p16, p16INK4a, and MTS1, FAMM-Familial Atypical Multiple Melanoma and Mole Syndrome)	• MRI Abdomen without and with contrast (CPT® 74183) or MRCP with 3D rendering (CPT® 74183 and CPT® 76376 or CPT® 76377) beginning at age 40 or 10 years earlier than the youngest family member affected with exocrine pancreatic cancer, repeat annually. ◦ Family history is not required to begin imaging at age 40
• BRCA2 • ATM (Ataxia-Telangiectasia)	• MRI Abdomen without and with contrast (CPT® 74183) or MRCP with 3D rendering (CPT® 74183 and CPT® 76376 or CPT® 76377) starting at age 50 or 10 years earlier than the youngest family member affected with exocrine pancreatic cancer, repeat annually. ◦ Family history is not required to begin imaging at age 50
Screening MRI reveals cystic lesion of the pancreas	• Repeat MRI Abdomen without and with contrast (CPT® 74183) or MRCP with 3D rendering (CPT® 74183 and CPT® 76376 or CPT® 76377) in 6 months
Screening MRI reveals indeterminate solid lesion	• CT Abdomen with contrast – pancreatic protocol (CPT® 74160) • May repeat MRI Abdomen without and with contrast (CPT® 74183) or MRCP with 3D rendering (CPT® 74183 and CPT® 76376 or CPT® 76377) in 3 months after the CT scan
Screening MRI reveals pancreatic stricture and/or dilation ≥6 mm without a mass	• CT Abdomen with contrast – pancreatic protocol (CPT® 74160) • May repeat MRI Abdomen without and with contrast (CPT® 74183) or MRCP with 3D rendering (CPT® 74183 and CPT® 76376 or CPT® 76377) in 3 months after the CT scan

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Indications	Imaging Study
New onset diabetes in adults with ENDPAC score of ≥3	• CT Abdomen without and with contrast (CPT® 74170) or MRI Abdomen without and with contrast (CPT® 74183) or MRCP with 3D rendering (CPT® 74183 and CPT® 76376 or CPT® 76377) at baseline; if negative, can be repeated once after 6 months

Evidence Discussion

International Cancer of the Pancreas Screening Consortium (CAPS) recommends screening for those with an estimated lifetime risk of pancreatic cancer >5%, to facilitate early detection, as the survival of patients diagnosed with advanced disease at presentation is extremely poor. Patients may be high risk due to family history of 2-3 relatives with pancreatic adenocarcinoma with first degree relative affected, or those with known deleterious genetic mutations in conjunction with one first- or second-degree relative with pancreatic adenocarcinoma.[3,14,17] Asymptomatic screening has not been shown to improve outcomes in those without an established lifetime risk of >5%, including those with only more distant relatives affected, a single relative affected and no known high-risk mutation, or those with mutations whose risk is unknown.[3,14]

The lifetime risk and age at presentation varies with each genetic mutation. Updated CAPS recommendations generally support imaging at age 50 or ten years younger than the age of the youngest relative with pancreatic adenocarcinoma. These guidelines align with CAPS and NCCN with multiple exceptions to this to allow screening at younger ages for patients with mutations known to be higher risk or present at younger ages.[17,13] US Preventative Services Task Force (USPSTF) does not generally recommend pancreatic cancer screening, though they did not evaluate patients with high-risk criteria in this data. The USPSTF notes that screening has moderate risk due to unnecessary imaging and management of incidental findings.[4] These findings further support that screening for those that do not meet the clearly defined risk factors listed in the guideline is not indicated.

MRI without and with contrast shows up to 93% sensitivity for pancreatic lesions and better illustrates pancreatic ducts, which may indirectly identify pancreatic malignancy, and is the preferred modality for screening for most patients in these guidelines. This is superior to both CT and endoscopic ultrasound, which may not detect smaller lesions.[15] CT pancreatic protocol is supported in these guidelines if indeterminate findings on MRI in the interest of early detection.

A unique group is patients with new onset diabetes and ENDPAC score >3. These patients are at an elevated risk of developing pancreatic cancer within 6 months even in

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

the absence of family history or known deleterious mutations. MRI or CT is supported in this population at diagnosis of diabetes and again in 6 months.[16,12]

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Pancreatic Cancer – Suspected/ Diagnosis (ONC-13.2)

ON.PC.0013.2.A
v3.0.2025

Indication	Imaging Study
For any suspected symptoms only (e.g., epigastric pain, weight loss, pain radiating to back, etc.)	• Ultrasound (CPT® 76700 or CPT® 76705) • Also see: **Epigastric Pain and Dyspepsia (AB-2.5)**
Symptoms suspicious for pancreatic cancer AND any one of the following: • Abnormal labs (e.g., elevated CA 19-9, ALKP, bilirubin, or GGTP) • Abnormal physical exam findings (e.g., abdominal mass) • Abnormal or non-diagnostic ultrasound/ERCP	Any ONE of the following: • CT Pancreatic Protocol (CT Abdomen with contrast with dual phase imaging, CPT® 74160) • MRI Abdomen without and with contrast (CPT® 74183) or MRCP with 3D rendering (CPT® 74183 and CPT® 76376 or CPT® 76377)
Preoperative studies for potentially resectable tumors without confirmed histologic diagnosis	• See: **Pancreatic Cancer – Initial Work-up/ Staging (ONC-13.3)**

Evidence Discussion

For patients with symptoms suspicious for pancreatic cancer with abnormal labs and physical findings or abnormal or non-diagnostic ultrasound or ERCP, CT pancreatic protocol (abdomen without and with contrast) or MRI abdomen without and with contrast are supported. CT pancreatic protocol has a sensitivity and specific or 90 and 87 percent respectively.[20,19] Sensitivity and specificity of MRI and 89 and 90% respectively.[20,19] CT has the advantage of being less costly, more accessible, and faster, but exposes to more radiation. MRI may be more sensitive for visualization of pancreatic ducts and has less radiation exposure, but can be less accessible, more costly, takes longer, and can pose difficulties with claustrophobia and has more contraindications.[19] Given their similar sensitivity and specificity, these guidelines allow flexibility for providers and patients to weigh risks and benefits for each patient for suspected disease.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Pancreatic Cancer – Initial Work-up/ Staging (ONC-13.3)

ON.PC.0013.3.A
v3.0.2025

Indication	Imaging Study
All individuals	• CT Chest with contrast (CPT® 71260) • CT Abdomen and Pelvis with (CPT® 74177) or CT Abdomen and Pelvis without and with contrast (CPT® 74178)
For any of the following: • Preoperative planning • CT insufficient to determine resectability • Evaluation of indeterminate liver lesions	• MRI Abdomen without and with contrast (CPT® 74183) or MRCP with 3D rendering (CPT® 74183 and CPT® 76376 or CPT® 76377)
No evidence of metastatic disease on CT or MRI AND any of the following: • Equivocal or indeterminate conventional imaging findings • Markedly elevated CA 19-9 • Large primary tumor(s) • Enlarged regional lymph nodes • Planned neoadjuvant therapy	• PET/CT (CPT® 78815)

Evidence Discussion

For biopsy proven pancreatic adenocarcinoma, evaluation for metastatic disease with contrasted CTs of the chest, abdomen and pelvis are supported, given that approximately 80% of patients have metastatic or locally advanced disease at presentation.[20] Resectability has a dramatic impact on prognosis, and MRI abdomen with and without contrast is supported in addition to CT if CT insufficient to determine resectability, for preoperative planning, or to evaluate indeterminate liver lesions.[1] Given the high incidence of metastatic disease at presentation, if high-risk features are noted but no metastatic disease is visible on conventional imaging, a PET/CT is

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

supported to assess for occult extra-pancreatic metastatic disease, in alignment with the NCCN. This is not a substitute for a diagnostic-quality contrasted CT or MRI, which is superior for detecting pancreatic disease.[1,19] PET/MRI has a weak expert consensus without sufficient data, and as such these guidelines do not routinely support this modality.[1,21,22,24]

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Pancreatic Cancer – Restaging/ Recurrence (ONC-13.4)

ON.PC.0013.4.A
v3.0.2025

Indication	Imaging Study
For ANY of the following: • After neoadjuvant therapy • Post-operative baseline • Suspected recurrence	• CT Chest with contrast (CPT® 71260) • Abdominal imaging with one of the following, using same modality as used at initial evaluation: ◦ CT Abdomen and Pelvis with (CPT® 74177) ◦ CT Abdomen and Pelvis without and with contrast (CPT® 74178) ◦ MRI Abdomen without and with contrast (CPT® 74183) ◦ MRCP with 3D rendering (CPT® 74183 and CPT® 76376 or CPT® 76377) • CT with contrast of other involved or symptomatic areas
Unresectable disease or metastatic disease on chemotherapy	Every 2 cycles of treatment (commonly every 6 to 8 weeks): • CT Chest with contrast (CPT® 71260) • CT Abdomen and Pelvis with (CPT® 74177) or CT Abdomen and Pelvis without and with contrast (CPT® 74178) • CT with contrast of other involved or symptomatic areas
Unexplained elevated liver enzymes or inconclusive recent CT abnormality	• MRI Abdomen without and with contrast (CPT® 74183) or MRCP with 3D rendering (CPT® 74183 and CPT® 76376 or CPT® 76377)
If complete surgical resection was initial therapy	• See: **Pancreatic Cancer – Surveillance/Follow-up for surveillance imaging (ONC-13.5)**
Inconclusive findings on conventional imaging	• PET/CT (CPT® 78815)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Evidence Discussion

For patients with unresectable or metastatic disease on chemotherapy, imaging of the chest, abdomen and pelvis with contrast (or without and with contrast for the abdomen and pelvis) are supported every 2 cycles of treatment, given the high rate of progression and metastases, to allow for prompt consideration of changes in treatment. CT of any involved or symptomatic area is also supported. The same imaging is supported after neoadjuvant chemoradiation to assess resectability and rule out metastatic disease. Resection is the mainstay of curative therapy in pancreatic cancer, but only 20% of patients achieve this status. Patients with unresectable or metastatic disease are unlikely to benefit from surgery, thus pre-operative evaluation for metastasis is essential to minimize unnecessary surgical risk.[20,1] As noted in the initial staging section, both CT and MRI have advantages and disadvantages. MRI is more specific for liver disease and offers better soft tissue differentiation for inconclusive findings.[1,24] The same imaging guidance applies to suspected recurrence of disease. Restaging studies are also supported as a post-operative baseline, to ensure the absence of residual disease and make decisions regarding adjuvant treatment, and to ensure accurate comparison for surveillance imaging.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Pancreatic Cancer – Surveillance/Follow-up (ONC-13.5)

ON.PC.0013.5.A
v3.0.2025

Indication	Imaging Study
All individuals (other than resected ampullary cancer)	Every 3 months for 2 years, then annually: • CT Chest with contrast (CPT® 71260) And ANY ONE of the following: • CT Abdomen and Pelvis with contrast (CPT® 74177) • MRI Abdomen without and with contrast (CPT® 74183) and MRI Pelvis without and with contrast (CPT® 72197)
Resected ampullary cancer	Every 3 months for 2 years, then every 6 months for up to 5 years: • CT Chest without contrast (CPT® 71260) or CT Chest without contrast (CPT® 71250) • CT Abdomen and Pelvis with contrast (CPT® 74177) or MRI Abdomen without and with contrast (CPT® 74183) and MRI Pelvis without and with contrast (CPT® 72197)
Measurable metastatic disease on maintenance therapy or being monitored off therapy	Every 3 months for up to 5 years after completion of definitive treatment, then annually: • CT Chest with contrast (CPT® 71260) • CT Abdomen and Pelvis with contrast (CPT® 74177) or MRI Abdomen without and with contrast (CPT® 74183) and MRI Pelvis without and with contrast (CPT® 72197)

Evidence Discussion

Data on the role of surveillance in pancreatic cancer are limited, due to the poor prognosis and small numbers of patients with long-term follow up. The NCCN recommendations for surveillance are based on consensus rather than data, and SEER-Medicare data shows no significant survival benefit for patients who received regular surveillance scans/no improved outcome with earlier detection of recurrence.[1,23] The role of ongoing imaging in patients with metastatic disease on maintenance or observation is also unclear. There is no clear data on length of time for maintenance

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

therapy in those with metastatic disease, and treatment 'holidays' are often interjected in therapy. Outside of situations where there is a clear impact on management decisions, ASCO states that imaging should be supplanted by clinical evaluation.[24]However, the NCCN offers several second and third-line treatment options. These guidelines provide some flexibility for patient-centricity and provider preference in this setting, allowing for CT Chest, Abdomen and Pelvis every 3 months for up to 5 years and then annually after completion of definitive treatment.[1] Specifically for individuals with resected ampullary cancer, NCCN recommended surveillance after adjuvant therapy every three to six months for two years, then every six to 12 months for up to five years. Imaging studies as well as history, physical exam, and tumor marker studies are recommended components of surveillance for these individuals.[25]

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (ONC-13)

v3.0.2025

1. Tempero MA, Malafa MP, Benson III AB, et al. National Comprehensive Cancer Network (NCCN) Guidelines Version 1.2025 – December 20, 2024. Pancreatic Adenocarcinoma, available at: https://www. nccn.org/professionals/physician_gls/pdf/pancreatic.pdf Referenced with permission from the NCCN Clinical Practice Guidelines in Oncology (NCCN Guidelines™) for Pancreatic Adenocarcinoma V1.2025 – December 20, 2024. ©2024 National Comprehensive Cancer Network, Inc. All rights reserved. The NCCN Guidelines™ and illustrations herein may not be reproduced in any form for any purpose without the express written permission of the NCCN. To view the most recent and complete version of the NCCN Guidelines™, go online to NCCN.org.
2. Syngal S, Brand RE, Church JM, et al. ACG clinical guideline: genetic testing and management of hereditary gastrointestinal cancer syndromes. *Am. J. Gastroenterol*. 2015;110(2):223-262. doi:10.1038/ajg.2014.435.
3. Canto MI, Harinck F, Hruban RH, et al. International Cancer of the Pancreas Screening (CAPS) consortium summit on the management of patients with increased risk for familial pancreatic cancer. *Gut.* 2013;62(3):339-347. doi:10.1136/gutjnl-2012-303108.
4. U.S. Preventive Services Task Force. *Screening for pancreatic cancer: recommendation statement.* Rockville, Maryland: Agency for Healthcare Research and Quality (AHRQ); 2004.
5. Heinrich S, Goerres GW, Schafer M, et al. Positron emission tomography/computed tomography influences on the management of resectable pancreatic cancer and its cost-effectiveness. *Ann Surg*. 2005;242(2):235-243.
6. Gemmel C, Eickhoff A, Helmstädter L, Riemann JF. Pancreatic cancer screening: state of the art. *Expert Rev Gastroenterol Hepatol*. 2009;3(1):89-96. doi:10.1586/17474124.3.1.89.
7. Al-Hawary MM, Francis IR, Chari ST, et al. Pancreatic ductal adenocarcinoma radiology reporting template: consensus statement of the Society of Abdominal Radiology and the American Pancreatic Association. *Gastroenterology*. 2014;146(1):291-304. doi:10.1053/j.gastro.2013.11.004.
8. Tersmette AC, Petersen GM, Offerhaus GJ. Increased risk of incident pancreatic cancer among first-degree relatives of patients with familial pancreatic cancer. *Clin Cancer Res*. 2001;7(3):738-44.
9. Tzeng CW, Abbott DE, Cantor SB et al. Frequency and intensity of postoperative surveillance after curative treatment of pancreatic cancer: a cost-effectiveness analysis. *Ann Surg Oncol*. 2013;20(7):2197-2203. doi:10.1245/s10434-013-2889-6.
10. Furman MJ, Lambert LA, Sullivan ME, Whalen GF. Rational follow-up after curative cancer resection. *Journal of Clinical Oncology*. 2013;31(9):1130-1133. doi:10.1200/JCO.2012.46.4438.
11. Tzeng C, Fleming J, Lee J, et al. Yield of clinical and radiographic surveillance in patients with resected pancreatic adenocarcinoma following multimodal therapy. *HPB*. 2012;14(6):365-372. doi:10.1111/j.1477-2574.2012.00445.x.
12. Sharma, A, Kandlakunta H, Nagpal SJS, et.al. Model to determine risk of pancreatic cancer in patients with new-onset diabetes. *Gastroenterology.* 2018;155(3):730-739.
13. Goggins M, Overbeek KA, Brand R, et. al. Management of patients with increased risk for familial pancreatic cancer: updated recommendations from the International Cancer of the Pancreas Screening Consortium. *Gut*. 2020;69(1):7-17. doi:10.1136/gutjnl-2019-319352.
14. Abe T, Blackford AL, Tamura K, et al. Deleterious germline mutations are a risk factor for neoplastic progression among high-risk individuals undergoing pancreatic surveillance. *J Clin Oncol.* 2019;37(13):1070-1080. doi:10.1200/JCO.18.01512.
15. Khayat S, Choudhary K, Gurav J, et al. Pancreatic cancer: from early detection to personalized treatment approaches. *Ann Med Surg (Lond)*. 2024;86(5):2866-2872. doi:10.1097/MS9.0000000000002011.
16. Hajibandeh S, Intrator C, Carrington-Windo E, et al. Accuracy of the END-PAC model in predicting the risk of developing pancreatic cancer in patients with new-onset diabetes: a systematic review and meta-analysis. *Biomedicines*. 2023;11(11):3040. doi:10.3390/biomedicines11113040.
17. Daly MB, Pal T, AlHilli Z, et al. National Comprehensive Cancer Network (NCCN) Guidelines Version V2.2025 – November 7, 2024. Genetic/Familial High-Risk Assessment: Breast, Ovarian, Pancreatic, and Prostate available at: https://www.nccn.org/professionals/physician_gls/pdf/bopp.pdf Referenced with permission from the NCCN Clinical Practice Guidelines in Oncology (NCCN Guidelines™) for Genetic/Familial High-Risk Assessment: Breast, Ovarian, Pancreatic, and Prostate V2.2025 – November 7, 2024. ©2024 National

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Comprehensive Cancer Network, Inc. All rights reserved. The NCCN Guidelines™ and illustrations herein may not be reproduced in any form for any purpose without the express written permission of the NCCN. To view the most recent and complete version of the NCCN Guidelines™, go online to NCCN.org.

18. Kato S, Honda K. Use of biomarkers and imaging for early detection of pancreatic cancer. *Cancers (Basel).* 2020;12(7):1965. doi:10.3390/cancers12071965.
19. Toft J, Hadden WJ, Laurence JM, et al. Imaging modalities in the diagnosis of pancreatic adenocarcinoma: A systematic review and meta-analysis of sensitivity, specificity and diagnostic accuracy. *Eur J Radiol*. 2017;92:17-23. doi:10.1016/j.ejrad.2017.04.009.
20. PDQ® Adult Treatment Editorial Board. PDQ. Bethesda, MD: National Cancer Institute. Pancreatic Cancer Treatment (PDQ®)–Health Professional Version. Available at Pancreatic Cancer Treatment (PDQ®) - NCI.
21. Rijkers AP, Valkema R, Duivenvoorden HJ, van Eijck CH. Usefulness of F-18-fluorodeoxyglucose positron emission tomography to confirm suspected pancreatic cancer: a meta-analysis. *Eur J Surg Oncol.* 2014;40(7):794-804. doi:10.1016/j.ejso.2014.03.016.
22. Wang Z, Chen JQ, Liu JL, Qin XG, Huang Y. FDG-PET in diagnosis, staging and prognosis of pancreatic carcinoma: a meta-analysis. *World J Gastroenterol*. 2013;19(29):4808-17. doi:10.3748/wjg.v19.i29.4808.
23. Witkowski ER, Smith JK, Ragulin-Coyne E, Ng SC, Shah SA, Tseng JF. Is it worth looking? Abdominal imaging after pancreatic cancer resection: a national study. *J Gastrointest Surg*. 2012;16(1):121-8. doi:10.1007/s11605-011-1699-z.
24. Sohal DP, Mangu PB, Khorana AA, et al. Metastatic pancreatic cancer: American Society of Clinical Oncology clinical practice guideline. *J Clin Oncol*. 2016;34(23):2784-96. doi:10.1200/JCO.2016.67.1412.
25. Tempero MA, Malafa MP, Chiorean EG, et al. National Comprehensive Cancer Network (NCCN) Guidelines Version V2.2025 – January 10, 2025. Ampullary Adenocarcinoma, available at: https://www.nccn.org/professionals/physician_gls/pdf/ampullary.pdf Referenced with permission from the NCCN Clinical Practice Guidelines in Oncology (NCCN Guidelines™) for Ampullary Adenocarcinoma V2.2025 – January 10, 2025. ©2025 National Comprehensive Cancer Network, Inc. All rights reserved. The NCCN Guidelines™ and illustrations herein may not be reproduced in any form for any purpose without the express written permission of the NCCN. To view the most recent and complete version of the NCCN Guidelines™, go online to NCCN.org

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Upper GI Cancers (ONC-14)

Guideline

Hepatocellular Carcinoma (HCC) – General Considerations (ONC-14.1)
Hepatocellular Carcinoma (HCC) – Suspected/Diagnosis (ONC-14.2)
Hepatocellular Carcinoma (HCC) – Initial Work-up/Staging (ONC-14.3)
Hepatocellular Carcinoma (HCC) – Restaging/Recurrence (ONC-14.4)
Hepatocellular Carcinoma (HCC) – Surveillance/Follow-up (ONC-14.5)
Gallbladder and Biliary Tumors – Initial Work-up/Staging (ONC-14.6)
Gallbladder and Biliary Tumors – Restaging/Recurrence (ONC-14.7)
Gallbladder and Biliary Tumors – Surveillance/Follow-up (ONC-14.8)
Gastric Cancer – Initial Work-up/Staging (ONC-14.9)
Gastric Cancer – Restaging/Recurrence (ONC-14.10)
Gastric Cancer – Surveillance/Follow-up (ONC-14.11)
References (ONC-14)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Hepatocellular Carcinoma (HCC) – General Considerations (ONC-14.1)

ON.GI.0014.1.A

v3.0.2025

- A biopsy is not always required for the diagnosis of Hepatocellular carcinoma (HCC). A dedicated triple-phase CT or MRI may be obtained. MRI with contrast is the test of choice for the evaluation of liver masses. It offers soft tissue contrast resolution superior to CT as well as the possibility of using two different contrast agents, one of which if more blood flow based and the other which also is blood flow based and demonstrates hepatobiliary function (Eovist). Classical imaging findings include:
  - arterial phase hyper-enhancement
  - venous phase washout appearance
  - capsule appearance
  - threshold growth
- For individuals who are high-risk for developing HCC (cirrhosis, chronic Hepatitis B or current or prior HCC), if the liver lesion is >1 cm with 2 classic enhancements on triple-phase CT or MRI, the diagnosis is confirmatory and biopsy is not needed.
- For lesions less than 1 cm or with less than 2 classical enhancements or for any liver lesions in individuals who are not high-risk, a biopsy is needed for histological confirmation. PET/CT scan is considered not medically necessary for the diagnosis or staging of HCC.

Evidence Discussion

HCC does not necessarily require a biopsy for diagnosis as a triple phase CT or MRI can support the diagnosis in the absence of biopsy as these lesions are characterized by arterial hypervascularity and "wash out" on portal venous phases unlike the surrounding liver. For individuals who are high-risk for developing HCC (cirrhosis, chronic Hepatitis B or current or prior HCC), if the liver lesion is >1 cm with 2 classic enhancements on triple-phase CT or MRI, the diagnosis is confirmatory and biopsy is not needed. For lesions less than 1 cm or with less than 2 classical enhancements or for any liver lesions in individuals who are not high-risk, a biopsy may be needed for histological confirmation. Serum biomarkers such as AFP are not sensitive or specific enough to establish a diagnosis. PET/CT scan is not medically necessary for the diagnosis or staging of HCC due to limited sensitivity.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Hepatocellular Carcinoma (HCC) – Suspected/Diagnosis (ONC-14.2)

ON.GI.0014.2.A

v3.0.2025

- See: **Chronic Liver Disease, Cirrhosis and Screening for HCC (AB-26.1)** in the Abdomen Imaging Guidelines.
- See: **Liver Lesion Characterization (AB-29.1)** in the Abdomen Imaging Guidelines.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Hepatocellular Carcinoma (HCC) – Initial Work-up/Staging (ONC-14.3)

ON.GI.0014.3.A
v3.0.2025

Indication	Imaging Study
All individuals	• CT Chest with contrast (CPT® 71260) or CT Chest without contrast (CPT® 71250) And ONE of the following: • CT Abdomen with contrast (CPT® 74160) • CT Abdomen without and with contrast (CPT® 74170) • CT Abdomen and Pelvis with contrast (CPT® 74177) or without and with contrast (CPT® 74178) • MRI Abdomen (CPT® 74183) and MRI Pelvis (CPT® 72197) without and with contrast • Bone scan (CPT® 78306) (for skeletal symptoms)
Inconclusive conventional imaging	• PET/CT (CPT® 78815)

Evidence Discussion

Initial imaging of hepatocellular carcinoma seeks to establish the tumor burden in the liver. CT or MRI imaging is preferred over the use of ultrasound. Additionally, common sites of metastases in individuals with hepatocellular carcinoma include the lungs, adrenal glands, peritoneum, and bone. Thus, initial work-up for all newly diagnosed individuals requires chest imaging. Bone scan completes this initial work-up by allowing dedicated imaging to identify potential bone metastases if suspected. PET/CT is a useful tool for evaluating inconclusive findings on the initial imaging studies due to its limited specificity but high sensitivity.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Hepatocellular Carcinoma (HCC) – Restaging/Recurrence (ONC-14.4)

ON.GI.0014.4.A
v3.0.2025

Indication	Imaging Study
ONE of the following: • After initial therapy • For suspected recurrence or new liver lesions • Individuals receiving systemic therapy (every 2 cycles)	• CT Chest with contrast (CPT® 71260) or CT Chest without contrast (CPT® 71250) And ONE of the following: • CT Abdomen with contrast (CPT® 74160) • CT Abdomen without and with contrast (CPT® 74170) • CT Abdomen and Pelvis with contrast (CPT® 74177) or CT Abdomen and Pelvis without and with contrast (CPT® 74178) • MRI Abdomen (CPT® 74183) and MRI Pelvis (CPT® 72197) without and with contrast
Inconclusive conventional imaging	• PET/CT (CPT® 78815)
Hepatocellular Carcinoma treated with local therapy (ablation, embolization)	See: **Liver Metastases (ONC-31.2)** for imaging studies indicated prior to and post-procedure
Hepatocellular Carcinoma awaiting liver transplant	See: **Liver Transplant, Pre-Transplant (AB-42.1)** in the Abdomen Imaging Guidelines

Evidence Discussion

To assess response after treatment, dedicated imaging of the chest, abdomen, and pelvis are indicated. NCCN stated, "CT of the chest and CT or MRI of the abdomen and pelvis are the preferred modalities as they reliably assess intranodular arterial vascularity, a key feature of residual or recurrent tumor".[2] Thus, these studies are also recommended for suspected recurrence or new liver lesions. PET/CT remains a useful tool for evaluation of inconclusive conventional studies due to its limited sensitivity but high specificity.[2] For individuals undergoing liver embolization, CTA Abdomen can be obtained immediately prior to this procedure. In addition, either MRI or CT of the

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Abdomen with and without contrast can be obtained immediately prior and 1 month post-ablation. ONC-31.2 provides a broader description of additional appropriate studies prior to and after embolization for liver metastases.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Hepatocellular Carcinoma (HCC) – Surveillance/Follow-up (ONC-14.5)

ON.GI.0014.5.A
v3.0.2025

Indication	Imaging Study
Hepatocellular Carcinoma: • Treated with surgical resection • Treated with embolization • Being monitored off therapy	Every 3 months for 2 years, then every 6 months until year 5: • CT Chest with contrast (CPT® 71260) or CT Chest without contrast (CPT® 71250) And ONE of the following: • CT Abdomen with contrast (CPT® 74160) • CT Abdomen without and with contrast (CPT® 74170) • CT Abdomen and Pelvis with contrast (CPT® 74177) or without and with contrast (CPT® 74178) • MRI Abdomen (CPT® 74183) and Pelvis (CPT® 72197) without and with contrast
Hepatocellular Carcinoma treated with liver transplant	• See: **Liver Transplant, Post-transplant Imaging (AB-42.3)** in the Abdomen Imaging Guidelines

Evidence Discussion

Individuals treated with surgical resection, embolization or being monitored off therapy, recommendation is to obtain CT chest with or without contrast every 3 months for 2 years then every 6 months until year 5 as well as one of the following: CT Abdomen with or with/without contrast, CT Abdomen/Pelvis with or with/without contrast or MRI Abdomen/Pelvis with and without contrast. Multiphasic cross-sectional imaging with CT or MRI is preferred due to its reliability in assessing arterial vascularity, which is associated with increased risk of recurrence following treatment. HCC treated with transplant is addressed in AB-42.3, Liver Transplant and Post-Transplant Imaging.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Gallbladder and Biliary Tumors – Initial Work-up/Staging (ONC-14.6)

ON.GI.0014.6.A
v3.0.2025

Indication	Imaging Study
All individuals	• CT Chest with contrast (CPT® 71260) or CT Chest without contrast (CPT® 71250) And ONE of the following: • CT Abdomen with contrast (CPT® 74160) • CT Abdomen without and with contrast (CPT® 74170) • CT Abdomen and Pelvis with contrast (CPT® 74177) • MRI Abdomen (CPT® 74183) and MRI Pelvis (CPT® 72197) without and with contrast • MRCP with 3D rendering (CPT® 74183 and CPT® 76376 or CPT® 76377)
Inconclusive liver findings on CT (if MRI not already performed)	MRI Abdomen (CPT® 74183) and MRI Pelvis (CPT® 72197) without and with contrast
Inconclusive findings on MRI Abdomen	• PET/CT (CPT® 78815)

Evidence Discussion

High-quality contrast-enhanced cross-sectional imaging (CT and/or MRI) of the chest, abdomen, and pelvis is recommended to evaluate tumor penetration through the wall of the gallbladder and the presence of nodal and distant metastases, and to detect the extent of direct tumor invasion of other organs/biliary system or major vascular invasion. PET/CT is a useful tool for inconclusive findings on CT/MRI, with downsides including false-positives related to inflammation of the gallbladder.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Gallbladder and Biliary Tumors – Restaging/Recurrence (ONC-14.7)

ON.GI.0014.7.A
v3.0.2025

Indication	Imaging Study
ANY of the following: • After initial therapy • For suspected recurrence or new liver lesions • Individuals receiving systemic chemotherapy (every 2 cycles)	• CT Chest with contrast (CPT® 71260) or CT Chest without contrast (CPT® 71250) And ONE of the following: • CT Abdomen with contrast (CPT® 74160) • CT Abdomen and Pelvis with contrast (CPT® 74177) • MRI Abdomen (CPT® 74183) and MRI Pelvis (CPT® 72197) without and with contrast
Inconclusive liver findings on CT (if MRI not already performed for restaging)	• MRI Abdomen (CPT® 74183) and MRI Pelvis (CPT® 72197) without and with contrast
Inconclusive findings on MRI Abdomen	• PET/CT (CPT® 78815)

Evidence Discussion

CT Chest with or without contrast plus one of the following: CT Abdomen with or with/without contrast, CT Abdomen/Pelvis with contrast and MRI Abdomen/Pelvis with and without contrast. High-quality contrast-enhanced cross-sectional imaging (CT and/or MRI) of the chest, abdomen, and pelvis is recommended to evaluate tumor penetration through the wall of the gallbladder and the presence of nodal and distant metastases, and to detect the extent of direct tumor invasion of other organs/biliary system or major vascular invasion. PET/CT for inconclusive findings on CT/MRI keeping in mind false positives related to an inflamed gallbladder are problematic.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Gallbladder and Biliary Tumors – Surveillance/Follow-up (ONC-14.8)

ON.GI.0014.8.A
v3.0.2025

Indication	Imaging Study
All individuals	Every 3 months for 2 years, and then every 6 months up to year 5: • CT Chest with contrast (CPT® 71260) or CT Chest without contrast (CPT® 71250) And ONE of the following: • CT Abdomen with contrast (CPT® 74160) • CT Abdomen without and with contrast (CPT® 74170) • CT Abdomen and Pelvis with contrast (CPT® 74177) • MRI Abdomen (CPT® 74183) and MRI Pelvis (CPT® 72197) without and with contrast
Biliary carcinoma treated with liver transplant	See: **Liver Transplant, Post-transplant Imaging (AB-42.3)** in the Abdomen Imaging Guidelines

Evidence Discussion

NCCN stated "there are no data to support a specific surveillance schedule following resection of gallbladder cancer".[3] However, NCCN did suggest consideration of imaging studies every three to six months for two years, and then every six to twelve months for up to five years. Recurrence typically occurs within two years.[3] Thus, this guideline allows for all individuals to receive imaging based upon that schedule. Biliary cancer treated with liver transplant would follow AB-42.3, Liver Transplant, Post-transplant Imaging.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Gastric Cancer – Initial Work-up/Staging (ONC-14.9)

ON.GI.0014.9.A
v3.0.2025

Indication	Imaging Study
All individuals	• CT Chest with contrast (CPT® 71260) • CT Abdomen and Pelvis with contrast (CPT® 74177)
Gastric cancer ≥T2 or higher with no metastatic disease by conventional imaging	• PET/CT (CPT® 78815)

Evidence Discussion

All individuals should get CT Chest/Abdomen/Pelvis with contrast. For T2 or higher stage disease with no metastatic disease by CT, PET/CT recommended to complete staging. FDG-PET alone is not an adequate diagnostic procedure in the detection and preoperative staging of gastric cancer, but can be helpful when used in conjunction with CT.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Gastric Cancer – Restaging/Recurrence (ONC-14.10)

ON.GI.0014.10.A
v3.0.2025

Indication	Imaging Study
• After initial therapy for presumed surgically resectable disease • Post curative chemoradiation being treated without surgery • For suspected recurrence	• CT Chest with contrast (CPT® 71260) and CT Abdomen and Pelvis with contrast (CPT® 74177)
Monitoring response to chemotherapy (every 2 cycles, ~every 6-8 weeks) for: • Unresected primary disease • Metastatic disease	• CT Abdomen and Pelvis with contrast (CPT® 74177) • CT Chest with contrast (CPT® 71260)
New liver lesion(s) and primary site controlled	• CT Abdomen without and with contrast (CPT® 74170) or MRI Abdomen without and with contrast (CPT® 74183)
EITHER of the following: • Inconclusive findings on conventional imaging • Restaging of individuals with unresectable disease who cannot undergo CT with contrast due to renal insufficiency or contrast allergy	• PET/CT (CPT® 78815)

Evidence Discussion

CT Chest/Abdomen/Pelvis should be obtained after initial therapy for presumed resectable disease, post curative chemoradiation (no surgery) and for suspected recurrence. Monitoring chemotherapy response should include CT Abdomen/Pelvis and include CT Chest for known disease, new/worsening pulmonary symptoms or abnormal chest x-ray. PET/CT can be considered with inconclusive findings on conventional imaging. PET/CT is also the preferred option for imaging individuals who cannot undergo CT evaluations due to contrast allergies or renal insufficiency.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Gastric Cancer – Surveillance/Follow-up (ONC-14.11)

ON.GI.0014.11.A
v3.0.2025

Indication	Imaging Study
Stage I (treated with resection alone)	• No routine imaging unless clinical signs/ symptoms of recurrence
ANY of the following: • Stage I treated with systemic therapy • Stages II-III • Stage IV - Metastatic disease with no measurable disease post definitive treatment	Every 6 months for 2 years, and then annually for 3 more years: • CT Chest with contrast (CPT® 71260) or CT Chest without contrast (CPT® 71250) and CT Abdomen and Pelvis with contrast (CPT® 74177) ◦ In individuals who cannot undergo CT with contrast due to renal insufficiency or contrast allergy, MRI Abdomen without and with contrast (CPT® 74183) and MRI Pelvis without and with contrast (CPT® 72197) are the medically necessary substitute.
Measurable metastatic disease on maintenance therapy or being monitored off therapy	Every 3 months for up to 5 years after completion of active treatment: • CT Chest with contrast (CPT® 71260) • CT Abdomen and Pelvis with contrast (CPT® 74177)

Evidence Discussion

Stage I treated with resection alone does not require routine imaging in the absence of signs/symptoms of recurrence. Stage I treated with systemic therapy, Stages II-III and Stage IV s/p definitive treatment of all measurable disease or being observed off therapy should undergo CT Chest/Abdomen/Pelvis every 6 months for 2 years then annually up to 5 years. Measurable metastatic disease on maintenance therapy or being monitored off therapy should undergo CT Chest/Abdomen/Pelvis every 3 months for up to 5 years after completion of active treatment.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (ONC-14)

v3.0.2025

1. Ajani JA, D'Amico TA, Bentrem DJ, et al. National Comprehensive Cancer Network (NCCN) Guidelines Version 2.2025 – April 4, 2025. Gastric cancer, available at: https://www.nccn.org/professionals/physician_gls/pdf/gastric.pdf Referenced with permission from the NCCN Clinical Practice Guidelines in Oncology (NCCN Guidelines™) for Gastric cancer V2.2025 – April 4, 2025. ©2025 National Comprehensive Cancer Network, Inc. All rights reserved. The NCCN Guidelines™ and illustrations herein may not be reproduced in any form for any purpose without the express written permission of the NCCN. To view the most recent and complete version of the NCCN Guidelines™, go online to NCCN.org.
2. Benson AB, D'Angelica MI, Abrams T, et al. National Comprehensive Cancer Network (NCCN) Guidelines Version 1.2025—March 20, 2025, Hepatocellular Carcinoma, available at: https://www.nccn.org/professionals/physician_gls/pdf/hcc.pdf, Referenced with permission from the NCCN Clinical Practice Guidelines in Oncology (NCCN Guidelines™) for Hepatocellular Carcinoma V1.2025 March 20, 2025. ©2025 National Comprehensive Cancer Network, Inc. All rights reserved. The NCCN Guidelines™ and illustrations herein may not be reproduced in any form for any purpose without the express written permission of the NCCN. To view the most recent and complete version of the NCCN Guidelines™, go online to NCCN.org.
3. Benson AB, D'Angelica MI, Abrams T, et al. National Comprehensive Cancer Network (NCCN) Guidelines Version 1.2025—March 20, 2025, Biliary Tract Cancers, available at: https://www.nccn.org/professionals/physician_gls/pdf/btc.pdf, Referenced with permission from the NCCN Clinical Practice Guidelines in Oncology (NCCN Guidelines™) for Biliary Tract Cancers V1.2025 March 20, 2025. ©2025 National Comprehensive Cancer Network, Inc. All rights reserved. The NCCN Guidelines™ and illustrations herein may not be reproduced in any form for any purpose without the express written permission of the NCCN. To view the most recent and complete version of the NCCN Guidelines™, go online to NCCN.org
4. Vallböhmer D, Hölscher AH, Schnieder PM, et al. [18F]-fluorodeoxyglucose-positron emission tomography for the assessment of histopathologic response and prognosis after completion of neoadjuvant chemotherapy in gastric cancer. *J Surg Oncol*. 2010;102(2):135-140. doi:10.1002/jso.21592.
5. Zou H, Zhao Y. 18FDG PET-CT for detecting gastric cancer recurrence after surgical resection: a meta-analysis. *Surg Oncol*. 2013;22(3):162-166. doi:10.1016/j.suronc.2013.05.001.
6. Bridgewater J, Galle PR, Khan SA, et al. Guidelines for the diagnosis and management of intrahepatic cholangiocarcinoma. *J Hepatol*. 2014;60(6):1268-1289. doi:10.1016/j.jhep.2014.01.021.
7. Khan SA, Davidson BR, Goldin RD, et al. Guidelines for the diagnosis and treatment of cholangiocarcinoma: an update. *Gut.* 2012;61(12):1657-1669. doi:10.1136/gutjnl-2011-301748.
8. Natsuizaka M, Omura T, Akaike T, et al. Clinical features of hepatocellular carcinoma with extrahepatic metastases. *J Gastroenterol Hepatol.* 2005;20:1781-1787.
9. Roayaie S, Blume IN, Thung SN, et al. A system of classifying microvascular invasion to predict outcome after resection in patients with hepatocellular carcinoma. *Gastroenterology*. 2009;137:850-855.
10. Sumie S, Nakashima O, Okuda K, et al. The significance of classifying microvascular invasion in patients with hepatocellular carcinoma. *Ann Surg Oncol.* 2014;21:1002-1009.
11. Furlan A, Ferris JV, Hosseinzadeh K, Borhani AA. Gallbladder carcinoma update: multimodality imaging evaluation, staging, and treatment options. *AJR Am J Roentgenol*. 2008;191:1440-1447.
12. Lamarca A, Barriuso J, Chander A, et al. (18)F-fluorodeoxyglucose positron emission tomography ((18)FDG-PET) for patients with biliary tract cancer: Systematic review and meta-analysis. *J Hepatol*. 2019;71:115-129.
13. Dassen AE, Lips DJ, Hoekstra CJ, et al. FDG-PET has no definite role in preoperative imaging in gastric cancer. *Eur J Surg Onc*ol 2009;35:449- 455.
14. Lim JS, Yun MJ, Kim M-J, et al. CT and PET in stomach cancer: preoperative staging and monitoring of response to therapy. *Radiographics*. 2006;26:143-156.
15. Farinati F, Marino D, De Giorgio M, et al. Diagnostic and prognostic role of alpha-fetoprotein in hepatocellular carcinoma: both or neither? *Am J Gastroenterol.* 2006;101:524-532.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Neuroendocrine Cancers and Adrenal Tumors (ONC-15)

Guideline

General Considerations (ONC-15.1)
Gastrointestinal/Pancreatic Neuroendocrine Cancers – Suspected/Diagnosis (ONC-15.2)
Gastrointestinal/Pancreatic Neuroendocrine Cancers – Initial Work-up/Staging (ONC-15.3)
Gastrointestinal/Pancreatic Neuroendocrine Cancers – Restaging/Recurrence (ONC-15.4)
Gastrointestinal/Pancreatic Neuroendocrine Cancers – Surveillance (ONC-15.5)
Bronchopulmonary or Thymic Carcinoid – Initial Staging (ONC-15.6)
Bronchopulmonary or Thymic Carcinoid – Restaging/Recurrence (ONC-15.7)
Bronchopulmonary or Thymic Carcinoid – Surveillance (ONC-15.8)
Adrenal Tumors – Suspected/Diagnosis (ONC-15.9)
Adrenal Tumors – Initial Work-up/Staging (ONC-15.10)
Adrenal Tumors – Restaging/Recurrence (ONC-15.11)
Adrenal Tumors – Surveillance (ONC-15.12)
Adrenocortical Carcinoma (ONC-15.13)
References (ONC-15)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

General Considerations (ONC-15.1)

ON.NA.0015.1.A
v3.0.2025

This guideline includes low-grade or well-differentiated carcinoid and endocrine tumors of the lung, thymus, pancreas, gastrointestinal tract or unknown primary site; including insulinoma, glucagonoma, VIPoma, gastrinoma, somatostatinoma and others as well as catecholamine-secreting tumors of the adrenal gland such as pheochromocytoma, paraganglioma, adrenocortical carcinoma, and others.

- For poorly-differentiated or high-grade small cell or large cell neuroendocrine tumors arising outside the lung or from an unknown primary site, see: **Extrathoracic Small Cell and Large Cell Neuroendocrine Tumors (ONC-31.8)**.
- For poorly-differentiated or high grade neuroendocrine tumors of the lung, see: **Small Cell Lung Cancer (ONC-7)**.
- Neuroblastoma, ganglioneuroblastoma, and ganglioneuroma occurring in adults should be imaged according to **Neuroblastoma (PEDONC-6)** in the Pediatric Oncology Imaging Guidelines.
- Many are associated with Multiple Endocrine Neoplasia (MEN) familial syndromes.
  – See: **Multiple Endocrine Neoplasias (MEN) (PEDONC-2.8)** in the Pediatric Oncology Imaging Guidelines for screening recommendations.
- Somatostatin receptor (SSR) based imaging is more sensitive and specific for evaluation of well-differentiated neuroendocrine tumors and may be performed using ^{111}In DTPA Octreotide scintigraphy or PET/CT scan with SSR radiotracers (such as ^{68}Ga–DOTATATE, ^{68}Ga-DOTATOC, or ^{64}Cu-DOTATATE). This study is not part of evaluation of poorly-differentiated or high-grade neuroendocrine tumors, which are imaged according to: **Extrathoracic Small Cell and Large Cell Neuroendocrine Tumors (ONC-31.8)**.

Evidence Discussion

This guideline includes low-grade or well-differentiated (Grade 1, 2 or 3; Ki-67 > 20% and < 55%) carcinoid and endocrine tumors of the lung, thymus, pancreas, gastrointestinal tract or unknown primary site; including insulinoma, glucagonoma, VIPoma, gastrinoma, somatostatinoma and others as well as catecholamine-secreting tumors of the adrenal gland such as pheochromocytoma, paraganglioma, adrenocortical carcinoma, and others. These tumors are particularly sensitive and specific to somatostatin receptor (SSR) based imaging (nearly 80% express SSR on the cell surface) while poorly differentiated or high-grade tumors typically are not with imaging recommendations being addressed in separate guidelines.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Gastrointestinal/Pancreatic Neuroendocrine Cancers – Suspected/ Diagnosis (ONC-15.2)

ON.NA.0015.2.A
v3.0.2025

Indication	Imaging Study
• Systemic symptoms strongly suggestive of functioning neuroendocrine tumor • Suspicious findings on other imaging studies • Unexplained elevation in ANY of the following: ◦ Chromogranin A ◦ 5HIAA ◦ Insulin ◦ VIP ◦ Glucagon ◦ Gastrin ◦ Substance P ◦ Serotonin ◦ Somatostatin	ANY of the following: • CT Abdomen and Pelvis with contrast (CPT® 74177) or without and with contrast (CPT® 74178) **OR** MRI Abdomen (CPT® 74183) and MRI Pelvis (CPT® 72197) without and with contrast • CT Chest with contrast (CPT® 71260) or CT Chest without contrast (CPT® 71250) • CT with contrast or MRI without and with contrast of any other symptomatic body areas

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Indication	Imaging Study
• Continued suspicion with negative/ inconclusive CT or MRI	ONE of the following: • PET/CT (CPT® 78815) or PET/MRI (CPT® 78813 and CPT® 76498) with any ONE of the following SSR radiotracers: ◦ ^{68}Ga-DOTATATE ◦ ^{68}Ga-DOTATOC ◦ ^{64}Cu-DOTATATE • If PET/CT is not available, octreotide scan ◦ Any one of the following planar imaging codes - CPT® 78801, 78802, or 78804 **AND** ◦ Any one of the follow SPECT/SPECT-CT codes - CPT® 78803, 78830, 78831, 78832

Evidence Discussion

Neuroendocrine tumors (NETs) arise from cells of the endocrine system that can be found throughout the body. They can occur sporadically or arise in the context of an inherited genetic syndrome. Presentation is usually attributable to hormonal hypersecretion (functional tumors) that can include flushing/diarrhea/wheezing (Carcinoid syndrome), hypertension and hypoglycemia versus being found incidentally on various imaging studies. If these symptoms/signs are suspicious for a NET, appropriate serologic/urinary workup may include chromogranin A, 5HIAA, insulin, VIP, glucagon, gastrin, substance P, serotonin and somatostatin. If these markers are elevated, CT chest with or without contrast as well as CT or MRI of abdomen/pelvis/ any other symptomatic body area is indicated. CT is best for detection of primary small bowel lesions and lymphadenopathy while MRI is preferred for pancreatic NETs and detecting hepatic metastases. If these imaging studies are negative/inconclusive, SSR based imaging with either Octreotide scan or Dotatate/Dotatoc (Gallium-68, Copper-64) may be indicated (SSR PET/CT). All three of these functional imaging modalities are FDA approved and can be performed in individuals on somatostatin analog therapy and are considered to be superior to Octreotide scan. FDG-based PET/CT has limited use as the majority of NETs are metabolically inactive and fail to take up the tracer well.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Gastrointestinal/Pancreatic Neuroendocrine Cancers – Initial Work-up/Staging (ONC-15.3)

ON.NA.0015.3.A
v3.0.2025

- For undifferentiated neuroendocrine tumors, see: **Extrathoracic Small Cell and Large Cell Neuroendocrine Tumors ONC-31.8**

Indication	Imaging Study
ANY of the following: • Jejunal • Ileal • Colon • Gastric type 3 • Neuroendocrine tumors of unknown primary • Grade 3 well-differentiated tumors	If not already done, ANY or ALL of the following are indicated: • PET/CT (CPT® 78815) or PET/MRI (CPT® 78813 and CPT® 76498) with any ONE of the following SSR radiotracers: ◦ 68Ga-DOTATATE ◦ 68Ga-DOTATOC ◦ 68Cu-DOTATATE • CT Chest with contrast (CPT® 71260) or CT Chest without contrast (CPT® 71250) • And ONE of the following: ◦ CT Abdomen and Pelvis with contrast (CPT® 74177) ◦ CT Abdomen and Pelvis without and with contrast (CPT® 74178) ◦ MRI Abdomen (CPT® 74183) and MRI Pelvis (CPT® 72197) without and with contrast

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Indication	Imaging Study
All other GI or pancreatic neuroendocrine (carcinoid) tumors	If not already done: • CT Abdomen and Pelvis with contrast (CPT® 74177) or without and with contrast (CPT® 74178) OR MRI Abdomen (CPT® 74183) and Pelvis (CPT® 72197) without and with contrast is indicated • CT Chest with contrast (CPT® 71260) or CT Chest without contrast (CPT® 71250)
Inconclusive CT or MRI scans	ONE of the following: • PET/CT (CPT® 78815) or PET/MRI (CPT® 78813 and CPT® 76498) with any ONE of the following SSR radiotracers: ◦ ^{68}Ga-DOTATATE ◦ ^{68}Ga-DOTATOC ◦ ^{64}Cu-DOTATATE • If PET is not available, octreotide scan (ANY one of the following): ◦ Any one of the following planar imaging codes - CPT® 78801, 78802, or 78804 AND ◦ Any one of the following SPECT/SPECT-CT codes - CPT® 78803, 78830, 78831, 78832
ANY of the following: • Markers fail to normalize after complete resection AND CT/MRI and somatostatin-receptor based study are negative • Biopsy-proven neuroendocrine tumor of unknown primary site AND CT/MRI and somatostatin-receptor based study are negative	• FDG-PET/CT (CPT® 78815)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Evidence Discussion

For initial evaluation of all neuroendocrine tumors, the National Comprehensive Cancer Network (NCCN) recommends that cross-sectional imaging be performed of the primary site of disease utilizing either CT or MRI. Imaging with chest CT is also an NCCN recommended consideration. For certain disease types including neuroendocrine tumors of the jejunum, ileum, and colon, as well as gastric type 3, neuroendocrine tumors of unknown primary, and grade 3 well-differentiated tumors, the NCCN recommends that a PET/CT or PET/MRI utilizing SSR radiotracers be performed in addition to diagnostic CT or MRI imaging. Brain imaging is not generally recommended for well-differentiated NET without signs and symptoms of neurologic involvement. The NCCN states octreotide scans are "much less sensitive for defining SSTR-positive disease than PET". Thus, these guidelines reserve octreotide scans as a problem-solving tool if PET is inconclusive or not available. (NCCN, 2025)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Gastrointestinal/Pancreatic Neuroendocrine Cancers – Restaging/ Recurrence (ONC-15.4)

ON.NA.0015.4.A
v3.0.2025

Indication	Imaging Study
All after surgical resection	• See: **Gastrointestinal/Pancreatic Neuroendocrine Cancers – Surveillance (ONC-15.5)**
Unresectable/metastatic disease on treatment with somatostatin analogues	• CT or MRI of involved body area no more frequently than every 3 months
Unresectable/metastatic disease on treatment with chemotherapy	• CT or MRI of involved body area every 2 cycles (6 to 8 weeks)
Suspected recurrence	• PET/CT (CPT® 78815) or PET/MRI (CPT® 78813 and CPT® 76498) with any ONE of the following SSR radiotracers: ◦ ^{68}Ga-DOTATATE ◦ ^{68}Ga-DOTATOC ◦ ^{64}Cu-DOTATATE AND • CT Chest without contrast (CPT® 71250) or CT Chest with contrast (CPT® 71260) And ONE of the following: • CT Abdomen and Pelvis with contrast (CPT® 74177) • CT Abdomen and Pelvis without and with contrast (CPT® 74178) • MRI Abdomen (CPT® 74183) and MRI Pelvis (CPT® 72197) without and with contrast

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Indication	Imaging Study
Continued suspicion for recurrence with negative or inconclusive CT or MRI, and PET not available	• Octreotide scan: ◦ Any one of the following planar imaging codes - CPT® 78801, 78802, or 78804 **AND** ◦ Any one of the following SPECT/SPECT-CT codes - CPT® 78803, 78830, 78831, 78832
To assess candidacy for peptide receptor radionuclide therapy (PRRT) with Lutetium ^{177}Lu-dotatate	• PET/CT (CPT® 78815) or PET/MRI (CPT® 78813 and CPT® 76498) with any ONE of the following SSR radiotracers: ◦ ^{68}Ga-DOTATATE ◦ ^{68}Ga-DOTATOC ◦ ^{64}Cu-DOTATATE

Evidence Discussion

NCCN recommends that for any suspected recurrence of disease, PET/CT or PET/MRI be performed in addition to systemic diagnostic imaging. For individuals with unresectable/metastatic disease, NCCN states that "anatomic imaging should generally be performed every 12 weeks-12 months based on clinical or pathologic signs of aggressiveness". Thus, CT imaging of involved body area is recommended every 3 months if on somatostatin therapy versus every 2 cycles (6-8 weeks) if on chemotherapy. To assess for candidacy for peptide receptor radionuclide therapy (PRRT) with Lutetium Lu-177 dotatate (Lutathera), any of the 3 SSR PET/CT or PET/MRI options are supported. The NCCN states octreotide scans are "much less sensitive for defining SSTR-positive disease than PET". Thus, these guidelines reserve octreotide scans as a problem-solving tool if PET is inconclusive or not available. (NCCN, 2025)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Gastrointestinal/Pancreatic Neuroendocrine Cancers – Surveillance (ONC-15.5)

ON.NA.0015.5.A
v3.0.2025

Indication	Imaging Study
ANY of the following: • Appendix carcinoid <1 cm, completely resected • Rectal carcinoid <1 cm, completely resected • Gastric carcinoid treated with complete endoscopic resection	• Advanced imaging is not routinely indicated for surveillance
Rectal carcinoid 1-2 cm, completely resected	• MRI Pelvis without and with contrast (CPT® 72197) at 6 and 12 months post resection. No further routine surveillance imaging indicated
All other GI neuroendocrine tumors (stomach, large and small intestine)	• CT Abdomen and Pelvis with contrast (CPT® 74177) or MRI Abdomen (CPT® 74183) and MRI Pelvis (CPT® 72197) without and with contrast once at 3 to 12 months postoperatively and every 12-24 months up to year 10
Unresected GI neuroendocrine tumors being monitored with observation alone	• CT Abdomen with contrast (CPT® 74160) once at 3 to 12 months from initial diagnosis, then every 3 months for 1 year, then every 6 months in year 2, and then annually up to year 10
Pancreatic neuroendocrine tumors	• CT Abdomen with contrast (CPT® 74160) once at 3 to 12 months postoperatively then annually up to year 10
Unresected pancreatic neuroendocrine tumors being monitored with observation alone	• CT Abdomen with contrast (CPT® 74160) once at 3 to 12 months from initial diagnosis then annually up to year 10

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Indication	Imaging Study
Measurable metastatic disease on maintenance treatment or off therapy	• CT of involved body area no more frequently than every 3 months

Evidence Discussion

In the absence of signs/symptoms of recurrence, advanced imaging is not routinely indicated for completely resected appendiceal carcinoid <1 cm, completely resected rectal carcinoid <1 cm, and gastric carcinoid treated with complete endoscopic resection due to their excellent prognosis and low risk of recurrence. For completely resected rectal carcinoid 1-2 cm, MRI pelvis with and without contrast at 6 and 12 months post-resection and if clear, no further imaging. Due to the indolent nature of NETs, long term follow-up is recommended. For all other GI NETs, CT or MRI abdomen/ pelvis once 3-12 months postoperatively and then every 12-24 months for 10 years is supported by NCCN. Unresected GI NETs on observation should undergo CT abdomen with contrast once at 3-12 months from initial diagnosis then annually up to year 10. Resected pancreatic NETs should undergo CT abdomen with contrast once at 3-12 months postoperatively then annually up to year 10. Unresected pancreatic NETs should undergo CT Abdomen with contrast once at 3-12 months from initial diagnosis then annually up to year 10. For individuals with measurable metastatic disease on maintenance or off therapy, CT of involved body area no more frequently than every 3 months. After 10 years, surveillance should be as clinically indicated. (NCCN, 2025)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Bronchopulmonary or Thymic Carcinoid – Initial Staging (ONC-15.6)

ON.NA.0015.6.A
v3.0.2025

Indication	Imaging Study
Initial diagnosis	If not already done: • CT Chest with contrast (CPT® 71260) • CT Abdomen with contrast (CPT® 74160) or without and with contrast (CPT® 74170) or MRI Abdomen (CPT® 74183) without and with contrast
Inconclusive CT or MRI scans	ONE of the following: • Octreotide scan (ANY ONE of the following): ◦ Any one of the following planar imaging codes - CPT® 78801, 78802, or 78804 **AND** ◦ Any one of the following SPECT/SPECT-CT codes - CPT® 78803, 78830, 78831, 78832 • PET/CT (CPT® 78815) or PET/MRI (CPT® 78813 and CPT® 76498) with any ONE of the following SSR radiotracers: ◦ ^{68}Ga-DOTATATE ◦ ^{68}Ga-DOTATOC ◦ ^{64}Cu-DOTATATE

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Indication	Imaging Study
ANY of the following: • Markers fail to normalize after complete resection AND CT/MRI and somatostatin-receptor based study are negative • Biopsy-proven neuroendocrine tumor of unknown primary site AND CT/MRI and somatostatin-receptor based study are negative	• FDG-PET/CT (CPT® 78815) OR PET/MRI (CPT® 78813 and CPT® 76498)

Evidence Discussion

More than 80% of lung carcinoids are diagnosed at Stage I or II with the most common sites of metastases being liver, bone, and lung. Most thymic carcinoids are diagnosed at Stage III or IV with the most common sites of metastases being pleura, pericardium, bone, lung, and liver. Recommended initial imaging includes CT Chest with contrast and CT or MRI of the abdomen. Imaging of the brain, pelvis or osseous structures is based on signs/symptoms of disease. If the CT/MRI is inconclusive, Octreotide scan or SSR-based PET can be completed. In the setting where markers fail to normalize after surgery AND CT/MRI and SSR based study are negative OR there is biopsy proven NET of unknown origin AND CT/MRI and SSR based study are negative, FDG-based PET is indicated for the concern of a higher-grade NET being present.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Bronchopulmonary or Thymic Carcinoid – Restaging/Recurrence (ONC-15.7)

ON.NA.0015.7.A
v3.0.2025

Indication	Imaging Study
All after surgical resection	• See: **Bronchopulmonary or Thymic Carcinoid - Surveillance (ONC-15.8)**
Unresectable/metastatic disease on treatment with somatostatin analogues	• CT or MRI of involved body area no more frequently than every 3 months
Unresectable/metastatic disease on treatment with chemotherapy	• CT or MRI of involved body area every 2 cycles (6 to 8 weeks)
Progression of symptoms or elevation of tumor markers	• CT Chest without (CPT® 71250) or CT Chest with contrast (CPT® 71260) And ONE of the following: • CT Abdomen and Pelvis with contrast (CPT® 74177) • CT Abdomen and Pelvis without and with contrast (CPT® 74178) • MRI Abdomen (CPT® 74183) and Pelvis (CPT® 72197) without and with contrast

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Indication	Imaging Study
Continued suspicion for recurrence with negative or inconclusive CT or MRI	ONE of the following: • Octreotide scan ◦ Any one of the following planar imaging codes - CPT® 78801, 78802, or 78804 **AND** ◦ Any one of the following SPECT/SPECT-CT codes - CPT® 78803, 78830, 78831, 78832 • PET/CT (CPT® 78815) or PET/MRI (CPT® 78813 and CPT® 76498)with any ONE of the following SSR radiotracers: ◦ ^{68}Ga-DOTATATE ◦ ^{68}Ga-DOTATOC ◦ ^{64}Cu-DOTATATE

Evidence Discussion

For individuals with unresectable/metastatic disease, CT imaging of involved body area is recommended every 3 months if on somatostatin therapy versus every 2 cycles (6-8 weeks) if on chemotherapy. CT Chest and CT/MRI Abdomen/Pelvis is indicated for progression of symptoms or elevation of tumor markers while Octreotide scan or SSR PET if conventional imaging is negative/inconclusive.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Bronchopulmonary or Thymic Carcinoid – Surveillance (ONC-15.8)

ON.NA.0015.8.A
v3.0.2025

Indication	Imaging Study
Carcinoid tumors of lung or thymus	• CT Chest with contrast (CPT® 71260) or CT Chest without contrast (CPT® 71250) and CT Abdomen with contrast (CPT® 74160) once at 3 to 12 months post resection and then annually up to year 10
Unresected primary tumors being monitored with observation alone	• CT Chest with contrast (CPT® 71260) or CT Chest without contrast (CPT® 71250) and CT Abdomen with contrast (CPT® 74160) once at 3 to 12 months from initial diagnosis then annually up to year 10
Asymptomatic lung or thymus distant metastasis on observation alone	Every 3 months for 1 year, and then every 6 months: • CT Chest with contrast (CPT® 71260) or CT Chest without contrast (CPT® 71250) • CT Abdomen and Pelvis with contrast (CPT® 74177) or MRI Abdomen (CPT® 74183) and MRI Pelvis (CPT® 72197) without and with contrast
Measurable metastatic disease on maintenance treatment or off therapy	• CT Chest with contrast (CPT® 71260) • CT of involved body area no more frequently than every 3 months

Evidence Discussion

For carcinoid tumors of the lung or thymus, prognosis varies. In typical lung carcinoid, 5-year and 10-year overall survival (OS) is approximately 81-96% and 74-91% respectively for both node negative and node positive disease. With atypical histology, 5-year OS is 82-90% in node negative disease and 58-71% in node positive disease. Thymic carcinoid 5-year OS is <50%. Due to lack of long-term follow-up imaging studies, it is recommended to minimize risk of radiation exposure using CT or MRI. In individuals with resected disease, CT Chest 3-12 months post resection and then annually for up to 3 years then every 2 years up to year 10. Unresected primary tumors on observation follow a similar schedule with CT Chest 3-12 months from initial diagnosis and then annually for up to 3 years then every 2 years up to year 10. Measurable metastatic disease on maintenance therapy or observation undergoes CT of involved body area no

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

more frequently than every 3 months. After 10 years, surveillance should be as clinically indicated.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Adrenal Tumors – Suspected/Diagnosis (ONC-15.9)

ON.NA.0015.9.A

v3.0.2025

- See: **Adrenal Cortical Lesions (AB-16.1)** in the Abdomen Imaging Guidelines for evaluation of indeterminate adrenal masses.
- Adrenal tumors that involve the adrenal medulla or neural crest tissue outside the adrenal gland include pheochromocytoma, paraganglioma, and paraganglioneuroma.
  - These tumors are imaged according to sections **ONC-15.10 through ONC-15.12**.
  - Malignant adrenal tumors that involve the adrenal cortex are addressed in **Adrenocortical Carcinoma (ONC-15.13).**
- Adrenocortical carcinoma is imaged according to **Adrenocortical Carcinoma (ONC-15.13)**.
- If concern for genetic predisposition syndrome such as MEN, neurofibromatosis, or Von Hippel-Lindau disease, see screening recommendations in **Screening Imaging and Cancer Predisposition Syndromes (PEDONC-2)** in the Pediatric Oncology Imaging Guidelines.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Adrenal Tumors – Initial Work-up/Staging (ONC-15.10)

ON.NA.0015.10.A
v3.0.2025

- This guideline can be applied to **any primary site** (including beyond adrenal gland) for pheochromocytoma, paraganglioma, or paraganglioneuroma.

Indication	Imaging Study
For ANY of the following: • Pheochromocytoma • Paraganglioma • Paraganglioneuroma	If not already done: • CT Chest without (CPT® 71250) or CT Chest with contrast (CPT® 71260) And ONE of the following (if not already done): • CT Abdomen and Pelvis with contrast (CPT® 74177) • CT Abdomen and Pelvis without and with contrast (CPT® 74178) • MRI Abdomen (CPT® 74183) and MRI Pelvis (CPT® 72197) without and with contrast • CT with contrast or MRI without and with contrast of any other symptomatic body areas
Hypercortisolemia with ANY of the following: • Tumor greater than 4 cm • Inhomogeneous • Irregular margins • Local invasion • Other malignant imaging characteristics	ANY or ALL of the following: • FDG PET/CT (CPT® 78815) • CT Abdomen with contrast (CPT® 74160) or CT Abdomen without and with contrast (CPT® 74170) or MRI Abdomen without and with contrast (CPT® 74183)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Indication	Imaging Study
Continued suspicion with negative/ inconclusive CT or MRI	ONE of the following: • Octreotide or MIBG scan: ◦ Any one of the following planar imaging codes - CPT® 78801, 78802, 78804 **AND** ◦ Any one of the following SPECT/SPECT-CT codes - CPT® 78803, 78830, 78831, 78832 • PET/CT (CPT® 78815) or PET/MRI (CPT® 78813 and CPT® 76498) with any ONE of the following SSR radiotracers: ◦ ^{68}Ga-DOTATATE ◦ ^{68}Ga-DOTATOC ◦ ^{64}Cu-DOTATATE
All above studies done and negative/ inconclusive	• FDG PET/CT scan (CPT® 78815)

Evidence Discussion

Radiologic evaluation of adrenal tumors should follow biochemical conformation of the diagnosis of pheochromocytoma and paraganglioglioma. Ninety-five percent of this group of tumors occur in the abdomen and pelvis. Paragangliomas account for 15% of this group of tumors. The initial work-up/staging of this group of tumors includes CT Chest (with contrast or without contrast) as approximately 10% of paragangliomas are found in the chest and pheochromocytoma has a potential to metastasize to chest. CT imaging with or without and with contrast or MRI imaging without and with contrast of the abdomen, pelvis and any other symptomatic body areas are indicated for initial staging. Hypercortisolemia can be caused by benign and malignant tumors. NCCN states, "Malignancy should be suspected if the tumor is larger than 4 centimeters or is inhomogeneous with irregular margins and/or has local invasion and other malignant imaging characteristics" and goes on to recommend imaging with PET/CT, CT Chest, and CT or MRI abdominal imaging (Bergsland, 2025).

Functional imaging is a valuable problem-solving tool when there is continued suspicion for this group of tumors with inconclusive or negative findings on CT/MRI. ^{123}I/ ^{131}I-MIBG sensitivity is higher for detecting pheochromocytoma than for detecting paraganglioma, at 88% and 67%, respectively. Another approach to functional imaging utilizes ^{68}Ga-DOTA-somatostatin analogs including DOTATOC, DOTANOC, and DOTATATE (SSR-PET/CT. In meta-analyses, the sensitivity of 68Ga-DOTA-somatostatin

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

analogs (93%) is superior to ^{18}F-FDG (74%), and ^{123}I/ ^{131}I-MIBG (38%). Imaging with ^{111}In-pentetreotide (octreotide) (24%) is less sensitive that imaging with ^{68}Ga-DOTA-somatostatin analogs. Of note, functional imaging using ^{18}F-FDG PET/CT can be useful for evaluation in the scenario that CT/MRI and other functional imaging studies are negative/inconclusive.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Adrenal Tumors – Restaging/Recurrence (ONC-15.11)

ON.NA.0015.11.A
v3.0.2025

- This guideline can be applied to **any primary site** (including beyond adrenal gland) for pheochromocytoma, paraganglioma, or paraganglioneuroma.

Indication	Imaging Study
If surgery is primary therapy	See: **ONC-15.12** for surveillance recommendations
Recurrence, progression of symptoms, or elevation of tumor markers	• CT Chest without contrast (CPT® 71250) or CT Chest with contrast (CPT® 71260) • CT with contrast of involved areas And ONE of the following: • CT Abdomen and Pelvis with contrast (CPT® 74177) • CT Abdomen and Pelvis without and with contrast (CPT® 74178) • MRI Abdomen (CPT® 74183) and MRI Pelvis (CPT® 72197) without and with contrast
Continued suspicion for recurrence with negative or inconclusive CT or MRI	ONE of the following: • Octreotide or MIBG scan (ANY ONE of the following): ◦ Any one of the following planar imaging codes - CPT® 78801, 78802, or 78804 **AND** ◦ Any one of the following SPECT/SPECT-CT codes - CPT® 78803, 78830, 78831, 78832 • PET/CT (CPT® 78815) or PET/MRI (CPT® 78813 and CPT® 76498) with any ONE of the following SSR radiotracers: ◦ ^{68}Ga-DOTATATE ◦ ^{68}Ga-DOTATOC ◦ ^{64}Cu-DOTATATE

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Indication	Imaging Study
To assess candidacy for peptide receptor radionuclide therapy (PRRT) with Lutetium ^{177}Lu-dotatate	• PET/CT (CPT® 78815) or PET/MRI (CPT® 78813 and CPT® 76498) with any ONE of the following SSR radiotracers: ◦ ^{68}Ga-DOTATATE ◦ ^{68}Ga-DOTATOC ◦ ^{64}CU-DOTATATE
For ANY of the following: • All above studies done and negative/ inconclusive • Hypercortisolemia with inconclusive findings on CT • Pheochromocytoma bone-dominant disease • Paraganglioma bone-dominant disease	• FDG-PET/CT scan (CPT® 78815)

Evidence Discussion

In individuals who underwent surgery for resection of localized disease, CT Abdomen with contrast is supported within the first year post resection. Follow-up imaging is based on surveillance recommendations noted in Adrenal Tumors – Surveillance (ONC 15.12). In individuals who develop recurrence, progression of symptoms or elevation of tumor markers, the extent of disease must be determined with CT/MRI imaging. CT chest (with contrast or without contrast), CT imaging with or without and with contrast or MRI imaging without and with contrast of the abdomen, pelvis and any any other symptomatic body areas are indicated. Functional imaging with ^{111}In-pentetreotide (octreotide scan) or ^{68}Ga-DOTA-somatostatin analog PET is a valuable problem solving tool when there is continued suspicion of recurrence with inconclusive or negative findings on CT/MRI. Further evaluation using ^{18}F-FDG PET/CT can be useful for evaluation in the scenario that CT/MRI and other functional imaging studies are negative/inconclusive. ^{18}F-FDG PET/CT is also supported by NCCN for the evaluation of hypercortisolemia with inconclusive findings on CT, pheochromocytoma bone-dominant disease, and paraganglioma bone-dominant disease.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Adrenal Tumors – Surveillance (ONC-15.12)

ON.NA.0015.12.A
v3.0.2025

- This guideline can be applied to **any primary site** (including beyond adrenal gland) for pheochromocytoma, paraganglioma, paraganglioneuroma, or hypercortisolemia.

Indication	Imaging Study
All individuals	Once within 3-12 months post resection and then annually for 10 years: • CT Chest with contrast (CPT® 71260) or without contrast (CPT® 71250) • CT Abdomen and Pelvis with contrast (CPT® 74177) or MRI Abdomen and Pelvis without and with contrast (CPT® 74183 and 72197) • CT with contrast of other involved body areas
Measurable metastatic disease being observed off therapy or on maintenance treatment	• CT of involved body area no more frequently than every 3 months for up to 5 years after completion of definitive therapy and annually thereafter

Evidence Discussion

In individuals who had resectable disease, CT imaging of the chest and either CT or MR imaging of the abdomen, pelvis, and any other previously involved body areas are indicated once within 3-12 months post resection then annually for 10 years. In individuals with measurable metastatic disease being observed off therapy or on maintenance therapy are at greater risk for recurrence. In addition to the imaging schedule noted above, imaging of the involved body area is indicated with greater frequency (3 months) for up to 5 years followed by annual imaging.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Adrenocortical Carcinoma (ONC-15.13)

ON.NA.0015.13.A
v3.0.2025

Indication	Imaging Study
Initial Staging	• FDG PET/CT (CPT® 78815) • CT Chest without (CPT® 71250) or CT Chest with contrast (CPT® 71260) And ONE of the following (if not already done): • CT Abdomen and Pelvis with contrast (CPT® 74177) • CT Abdomen and Pelvis without and with contrast (CPT® 74178) • MRI Abdomen (CPT® 74183) and MRI Pelvis (CPT® 72197) without and with contrast
Suspected recurrence	• CT Chest without (CPT® 71250) or CT Chest with contrast (CPT® 71260) And ONE of the following: • CT Abdomen and Pelvis with contrast (CPT® 74177) • CT Abdomen and Pelvis without and with contrast (CPT® 74178) • MRI Abdomen (CPT® 74183) and MRI Pelvis (CPT® 72197) without and with contrast
• Inconclusive findings on conventional imaging	• FDG PET/CT (CPT® 78815)
Surveillance after complete response to definitive treatment	Annually for 5 years: • CT Chest with contrast (CPT® 71260) or CT Chest without contrast (CPT® 71250) • CT Abdomen with contrast (CPT® 74160) or MRI Abdomen (CPT® 74183) without and with contrast • CT of other involved body areas with contrast

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Indication	Imaging Study
Measurable metastatic disease on maintenance therapy or being monitored off therapy	Every 3 months for up to 5 years after completion of definitive therapy: • CT Chest with contrast (CPT® 71260) or CT Chest without contrast (CPT® 71250) • CT Abdomen and Pelvis with contrast (CPT® 74177) or MRI Abdomen (CPT® 74183) and MRI Pelvis (CPT® 72197) without and with contrast • CT with contrast of other involved body areas

Evidence Discussion

Adrenocortical Carcinoma (ACC) is a rare, aggressive tumor arising from the adrenal cortex. Most cases of ACC are sporadic; however, ACC has been described as a component of hereditary cancer syndromes that include Li-Fraumeni syndrome, Beckwith Weidemann syndrome and multiple endocrine neoplasia type 1 (MEN1). Recommended imaging guidelines for screening of individuals with these syndromes are summarized in Screening Imaging in Cancer Predisposition Syndromes (PEDONC-2). ACCs that secrete excess adrenal hormones are classified as functional tumors and occur in 15-30% of cases in adults. Those patients with functional tumors present with Cushing's syndrome and/or virilization. The majority of adults with non-functioning ACCs present symptomatically with abdominal pain or flank pain; however, these tumors may present asymptomatically as a large palpable intra-abdominal mass or incidentally as a small adrenal mass. Approximately 30% of ACCs present with metastatic disease in lymph nodes, lung, live and bone. ACCs may also present with invasion of adjacent structures and with venous extension.

CT and MRI cross-sectional imaging are the standard imaging modalities used for the evaluation of ACC. Due to the measurable risk for widely metastatic disease at initial presentation, cross-section imaging of the chest and abdomen/pelvis is indicated. CT Chest (with contrast or without contrast) is indicated to evaluate for lung metastases. Cross-sectional imaging of the abdomen/pelvis using CT Abdomen/Pelvis (with or with and without contrast) or MRI Abdomen as well as MRI Pelvis (with and without contrast) are indicated for characterization of the primary tumor and evaluation for metastatic disease. If recurrence is suspected, the same imaging studies should be completed as was done for initial staging. Additional imaging may be needed to assess other suspicious sites of disease based on clinical signs/symptoms.

NCCN endorses the use of FDG PET/CT in addition to diagnostic CT or MRI for initial imaging of suspected adrenocortical carcinoma. FDG PET/CT scan is a valuable

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

problem-solving tool; thus, FDG PET/CT is supported to characterize inconclusive findings CT/MRI.

CT imaging is the standard approach in surveillance. In individuals who had complete response to definitive therapy, the recommendation is annual imaging for 5 years after completion of treatment as the rate of recurrence is < 25% and overall survival rate approaches 74-95% at 5 years. In individuals with metastatic disease on maintenance therapy or being monitored off treatment, the frequency of CT imaging is shortened and repeated at 3 month intervals for up to 5 years.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (ONC-15)

v3.0.2025

1. Bergsland E, Rose JB, Benson III AB, et al. National Comprehensive Cancer Network (NCCN) Guidelines Version 4.2024 – January 17, 2025. Neuroendocrine and Adrenal tumors, available at: https://www. nccn.org/professionals/physician_gls/pdf/neuroendocrine.pdf Referenced with permission from the NCCN Clinical Practice Guidelines in Oncology (NCCN Guidelines™) for Neuroendocrine and Adrenal tumors V4.2024 – January 17, 2025. ©2025 National Comprehensive Cancer Network, Inc. All rights reserved. The NCCN Guidelines™ and illustrations herein may not be reproduced in any form for any purpose without the express written permission of the NCCN. To view the most recent and complete version of the NCCN Guidelines™, go online to NCCN.org.
2. Qadan M, Ma Y, Visser BC, et al. Reassessment of the current American Join Committee on Cancer staging system for pancreatic neuroendocrine tumors. *J Am Coll Surg*. 2014;218(2):188-195. doi:10.1016/j.jamcollsurg.2013.11.001.
3. Lenders JWM, Duh Q-Y, Eisenhofer G, et al. Pheochromocytoma and paraganglioma: an Endocrine Society clinical practice guideline. *J Clin Endocrinol Metab*. 2014;99(6):1915-1942. doi:10.1210/jc.2014-1498.
4. Ruys AT, Bennink RJ, van Westreenen HL, et al. FDG-positron emission tomography/computed tomography and standardized uptake value in the primary diagnosis and staging of hilar cholangiocarcinoma. *HPB (Oxford)*. 2011;13(4):256-262. doi:10.1111/j.1477-2574.2010.00280.x.
5. Ter-Minassian M, Chan JA, Hooshmand SM, et al. Clinical presentation, recurrence, and survival in patients with neuroendocrine tumors: results from a prospective institutional database. *Endocr Relat Can*. 2013;20(2):187-196. doi:10.1530/ERC-12-0340.
6. Murray SE, Lloyd RV, Sippel RS, Chen H, Oltmann SC. Postoperative surveillance of small appendiceal carcinoid tumors. *Am J Surg*. 2014;207(3):342-345. doi:10.1016/j.amjsurg.2013.08.038.
7. Thakker RV, Newey PJ, Walls GV, et al. Clinical practice guidelines for multiple endocrine neoplasia type 1 (MEN1). *J Clin Endocrinol Metab*. 2012;97(9):2990-3011. doi:10.1210/jc.2012-1230.
8. Singh S, Moody L, Chan DL, et al. Follow-up recommendations for completely resected gastroenteropancreatic neuroendocrine tumors. *JAMA Oncol*. 2018;4(11):1597-1604. doi:10.1001/jamaoncol.2018.2428.
9. Zhang J, Kunz P. Making sense of a complex disease: a practical approach to managing neuroendocrine tumors. *JCO Oncology Practice*. 2022;18(4):258-264.
10. Maxwell J, Howe J. Imaging in neuroendocrine tumors: an update for the clinician. *Int J Endocr Oncol*. 2015;2(2):159-168.
11. Galgano S, Iravani A, Bodei L, et al. Imaging of neuroendocrine neoplasms: monitoring treatment response—AJR expert panel narrative review. *AJR*. 2022;218(5):767-780.
12. Strosberg J, El-Haddad G, Wolin E, et al. Phase 3 trial of Lu-177 dotatate for midgut neuroendocrine tumors. *New England Journal of Medicine*. 2017;376(2):125-135.
13. Chi Y, Du F, Zhao H, et al. Characteristics and long-term prognosis of patients with rectal neuroendocrine tumors. *World Journal of Gastroenterology*. 2014;20(43):16252-16257.
14. Baudin E, Caplin M, Garcia-Carbonero R, et al. Lung and thymic carcinoids: ESMO Clinical Practice Guidelines for diagnosis, treatment and follow-up. *Annals of Oncology*. 2021;32(4):439-451.
15. Carrasquillo JA, Chen CC et al. Imaging of pheochromocytoma and paraganglioma. *J Nucl Med*. 2021;62(8):1033–1042.
16. Fishbein L, Del Rivero J, et al. The North American Neuroendocrine Tumor Society consensus guidelines for surveillance and management of metastatic and/or unresectable pheochromocytoma and paraganglioma. *Pancreas*. 2021;50(4):469-493. doi:10.1097/MPA.0000000000001792.
17. Han S, Suh CH, Woo S, Kim YJ, Lee JJ. Performance of 68Ga-DOTA-conjugated somatostatin receptor-targeting peptide PET in detection of pheochromocytoma and paraganglioma: a systematic review and metaanalysis. *J Nucl Med*. 2019;60:369–376.
18. Leung K, Stamm M, Raja A, Low G. Pheochromocytoma: the range of appearances on ultrasound, CT, MRI, and functional imaging. *AJR*. 2013;200(2).237-468. doi:10.2214/AJR.12.9126.
19. Bharwani N, Rockall AG, Sahdev A, et al. Adrenocortical carcinoma: the range of appearances on CT and MRI. *AJR*. 2011;196(6): w706-714. doi:10.2214/AJR.10.5540.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

20. Fassnacht M, Dekkers O, Else T, et al. European Society of Endocrinology clinical practice guidelines on the management of adrenocortical carcinoma in adults, in collaboration with the European Network for the Study of Adrenal Tumors. *Eur J Endocrinol.* 2018;179(4)G1-G46. doi:1.1530/EJE-18-0608.
21. Fassnacht M, Johanssen S, Fenske W, et al. Improved survival in patients with stage II adrenocortical carcinoma followed up prospectively by specialized centers. *J Clin Endocrinol Metab*. 2010;95(11):4925. doi:10.1210/jc.2010-0803.
22. Sidhu S, Sywak M, Robinson B, Delbridge L. Adrenocortical cancer: recent clinical and molecular advances. *Curr Opin Oncol*. 2004;16(1):13. doi:10.1097/00001622-200401000-00004.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Colorectal and Small Bowel Cancer (ONC-16)

Guideline

Colorectal Cancer – General Considerations (ONC-16.0)
Colorectal Cancer – Suspected/Diagnosis (ONC-16.1)
Colorectal Cancer – Initial Work-up/Staging (ONC-16.2)
Colorectal Cancer – Restaging/Recurrence (ONC-16.3)
Colorectal Cancer – Surveillance/Follow-up (ONC-16.4)
Small Bowel Cancer – Initial Work-up/Staging (ONC-16.5)
Small Bowel Cancer – Restaging/Recurrence (ONC-16.6)
Small Bowel Cancer – Surveillance/Follow-up (ONC-16.7)
References (ONC-16)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Colorectal Cancer – General Considerations (ONC-16.0)

ON.CC.0016.0.A

v3.0.2025

- Neuroendocrine tumors of the bowel are covered in: **Neuroendocrine Cancers and Adrenal Tumors (ONC-15)**.
- Appendiceal adenocarcinoma (including pseudomyxoma peritonei) follows imaging guidelines for colorectal cancer.
- For squamous cell carcinoma of the rectum, see: **Anal Carcinoma (ONC-24)**.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Colorectal Cancer – Suspected/ Diagnosis (ONC-16.1)

ON.CC.0016.1.A

v3.0.2025

- See: **GI Bleeding (AB-22)** or **CT Colonography (CTC) (AB-25.1)** in the Abdomen Imaging Guidelines for evaluation of suspected colorectal malignancies.
- See: **Abnormal Findings on Endoscopy/Colonoscopy (AB-13.3)** in the Abdomen Imaging Guidelines for evaluation of abnormal findings on endoscopy/colonoscopy.
- If findings on colonoscopy are suspicious for colon cancer, see: **Colorectal Cancer – Initial Work-up/Staging (ONC-16.2)**.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Colorectal Cancer – Initial Work-up/ Staging (ONC-16.2)

ON.CC.0016.2.A
v3.0.2025

Indication	Imaging Study
Carcinoma within a polyp that is completely removed	• No advanced imaging needed
• Biopsy proven invasive adenocarcinoma • Colonoscopy findings suspicious for colon cancer	• CT Chest with contrast (CPT® 71260) and CT Abdomen and Pelvis with contrast (CPT® 74177)
• Further evaluation of an inconclusive liver lesion seen on CT • Potentially resectable liver metastases	• MRI Abdomen without and with contrast (CPT® 74183)
Rectal adenocarcinoma	• MRI Pelvis without and with contrast (CPT® 72197) or MRI Pelvis without contrast (CPT® 72195) (can be obtained in addition to CT scans for initial staging)
Rectal adenocarcinoma with ANY one of the following: • Rectal MRI is contraindicated • Rectal MRI is inconclusive • Superficial lesions	• Endorectal ultrasound (CPT® 76872)
ONE of the following: • Isolated metastatic lesion(s) on other imaging and individual is a candidate for aggressive surgical resection or other localized treatment to metastasis for curative intent • Inconclusive conventional imaging	• PET/CT (CPT® 78815)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Evidence Discussion

- Carcinoma within a polyp that is completed resected does not require advanced imaging.
- Invasive cancer at any stage requires advanced imaging with CT of CAP with contrast needed to adequately visualize lung, nodal and especially liver lesions with MRI of abdomen appropriate in the event of unclear liver lesions. The chest CT can identify lung metastases, which occur in approximately 4% to 9% of patients with colon and rectal cancer.
- Rectal cancer requires additional dedicated imaging with MRI pelvis that is superior to CT imaging to locally stage this form of colon cancer with endorectal/ endoscopic ultrasound (EUS) providing additional staging information when MRI is contraindicated/inconclusive/superficial. MRI is considered superior to EUS due to the latter's limitations in regard to high/bulky tumors, tumor deposits or vascular invasion.
- PET/CT is reserved for inconclusive CT/MRI imaging and to confirm isolated metastases that are amenable to definitive localized treatment with curative intent.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Colorectal Cancer – Restaging/ Recurrence (ONC-16.3)

ON.CC.0016.3.A
v3.0.2025

Indication	Imaging Study
• Complete resection • Individuals receiving post-operative adjuvant chemotherapy	• See: **Surveillance/Follow-up (ONC-16.4)**
Recurrence suspected (i.e., signs or symptoms, elevated CEA)	• CT Chest with contrast (CPT® 71260) and CT Abdomen and Pelvis (CPT® 74177) with contrast
After completion of planned neoadjuvant therapy	Prior to surgical resection in individuals with non-metastatic rectal cancer: • CT Chest with contrast (CPT® 71260) and Any ONE of the following: • CT Abdomen and Pelvis with contrast (CPT® 74177) • CT Abdomen with contrast (CPT® 74160) and MRI Pelvis without and with contrast (CPT® 72197)
Unresected primary disease or metastatic disease on chemotherapy	Every 2 cycles of chemotherapy treatment and at the completion of chemoradiotherapy: • CT Chest with contrast (CPT® 71260) • CT Abdomen and Pelvis with contrast (CPT® 74177) • CT with contrast of other involved or symptomatic areas
• Further evaluation of an inconclusive liver lesion seen on CT • Potentially resectable liver metastases	• MRI Abdomen without and with contrast (CPT® 74183)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Indication	Imaging Study
ONE of the following: • Postoperative elevated or rising CEA or LFTs with negative recent conventional imaging • Isolated metastatic lesion(s) on other imaging and individual is a candidate for aggressive surgical resection or other localized treatment to metastasis for curative intent • Differentiate local tumor recurrence from postoperative and/or post-radiation scarring	• PET/CT (CPT® 78815)
New or worsening pelvic pain and recent CT imaging negative or inconclusive	• MRI Pelvis without and with contrast (CPT® 72197)

Evidence Discussion

- If recurrence is suspected, CT Chest/Abdomen/Pelvis with contrast is the first line of imaging
- NCCN states that ctDNA is not recommended for surveillance (Benson III, 2025).
- Upon completion of neoadjuvant therapy, to insure the cancer has not progressed prior to definitive surgery, repeat imaging of the chest, abdomen and pelvis is indicated
- With measurable disease or unresected primary disease on chemotherapy, CT imaging is indicated every 2 cycles of treatment to assess response and appropriateness to continue the same treatment or change to new therapy.
- MRI Abdomen is indicated for inconclusive liver lesion or to better define resectability.
- PET/CT may be used in specific situations to better determine cancer recurrence if CT/MRI is inconclusive. These results may allow aggressive interventions (surgery, radiation, liver directed therapy) to take place with goal of cure, explain elevated or rising CEA level or LFTs with negative conventional imaging and can also be useful to differentiate surgical/radiation scarring from cancer. A systemic review and meta-analysis of 11 studies using PET/CT with elevated CEA and negative CT Chest/Abdomen/Pelvis showed a sensitivity of 94% and specificity of 77% in detection of tumor recurrence.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Colorectal Cancer – Surveillance/Follow-up (ONC-16.4)

ON.CC.0016.4.A
v3.0.2025

Indication	Imaging/Lab Study
Colon and rectal adenocarcinoma: • Stage I	• No routine advanced imaging indicated
Colon and rectal adenocarcinoma: • Stage II-III	• CT Chest with contrast (CPT® 71260) and CT Abdomen and Pelvis with contrast (CPT® 74177) after completion of surgery and then annually for 5 years
Colon and rectal adenocarcinoma: • Stage IV or distant metastatic disease (post definitive treatment of all measurable disease or being observed off therapy)	• CT Chest with contrast (CPT® 71260) and CT Abdomen and Pelvis with contrast (CPT® 74177) every 6 months for 2 years and then annually for 3 years
Measurable metastatic disease on maintenance therapy	Every 3 months for up to 5 years after completion of active treatment: • CT Chest with contrast (CPT® 71260) • CT Abdomen and Pelvis with contrast (CPT® 74177)
Rectal cancer treated with transanal excision alone	Any one of the following every 6 months for 5 years: • Endorectal ultrasound (CPT® 76872) • MRI Pelvis without and with contrast (CPT® 72197)
Stage II-III rectal cancer treated with chemoradiation alone (no surgical treatment)	In addition to the above stage-specific surveillance: • MRI Pelvis (CPT® 72197) without and with contrast every 6 months for 3 years

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Indication	Imaging/Lab Study
Pseudomyxoma peritonei	ONE of each of the following, every 3 months for first year, then every 6 months for 4 more years: • CT Chest with (CPT® 71260) or CT Chest without contrast (CPT® 71250) • CT Abdomen and Pelvis with contrast (CPT® 74177) or MRI Abdomen (CPT® 74183) and MRI Pelvis (CPT® 72197) without and with contrast

Evidence Discussion

- Up to 95% of recurrences occur in the first 5 years after surgery with 80% occurring in the first 3 years, many of which can still be cured supporting the need for CT imaging.
- Given the >90% cure rate with Stage I cancer, routine imaging is not usually indicated.
- Given the recurrence rate between 20-30% in Stage II-III disease, CT Chest/Abdomen/Pelvis is indicated after completion of surgery (new baseline) and annually for 5 years. More frequent imaging has a lower level of support based on the following trials: FACS, COLOFOL, CEAwatch, and PRODIGE 13.
- For Stage IV cancer s/p definitive treatment or being observed off therapy, CT imaging is recommended every 6 months for 2 years then annually for 3 years.
- For Stage IV cancer that is measurable and on maintenance therapy, CT imaging is recommended every 3 months for up to 5 years after completion of active treatment.
- For rectal cancer treated with transanal excision alone, due to higher risk of local recurrence, endorectal ultrasound (EUS) should be performed every 6 months for 5 years with pelvic MRI reserved for abnormal findings on EUS or EUS can't be performed as well as new signs/symptoms concerning for local recurrence.
- Treatment with chemoradiation alone (no surgery) is becoming more common in the setting of rectal cancer in the presence of a complete response to therapy with 5 year survival rates exceeding 80% in several trials. These members require additional follow-up studies to include MRI Pelvis every 6 months for 3 years as well as DRE/endoscopy every 3-4 months for 2 years and every 6 months for 3 more years to assess for local recurrence even without s/s of recurrence.
- Pseudomyxoma peritonei is a condition associated with appendiceal cancer and requires close imaging follow-up due to high risk of recurrence thus imaging with CT/MRI is indicated every 3 months for year 1 and every 6 months for 4 more years.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Small Bowel Cancer – Initial Work-up/ Staging (ONC-16.5)

ON.CC.0016.5.A
v3.0.2025

This section provides imaging guidelines for small bowel adenocarcinoma arising from the duodenum, jejunum, and ileum.

Indication	Imaging/Lab Study
Carcinoma within a polyp that is completely removed	• No advanced imaging needed
Invasive adenocarcinoma	• CT Chest with contrast (CPT® 71260) and CT Abdomen and Pelvis (CPT® 74177) with contrast ◦ MRI Abdomen without and with contrast (CPT® 74183) and MRI Pelvis without and with contrast (CPT® 72197) if CT is inconclusive or cannot be performed

Evidence Discussion

- Cancerous polyps that are completely removed do not require imaging.
- Invasive cancer at any stage requires advanced imaging with CT of Chest/Abdomen/ Pelvis with contrast needed to adequately visualize lung, nodal and especially liver lesions with MRI of abdomen/pelvis appropriate in the event the CT is inconclusive or cannot be performed.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Small Bowel Cancer – Restaging/ Recurrence (ONC-16.6)

ON.CC.0016.6.A
v3.0.2025

Indication	Imaging Study
Complete resection	• See Surveillance below
Recurrence suspected	• CT Chest (CPT® 71260) and CT Abdomen and Pelvis (CPT® 74177) with contrast
Unresected primary disease or metastatic disease on chemotherapy	Every 2 cycles of chemotherapy: • CT Chest with contrast (CPT® 71260) • CT Abdomen and Pelvis with contrast (CPT® 74177)
Further evaluation of an inconclusive liver lesion seen on CT	• MRI Abdomen without and with contrast (CPT® 74183)
ONE of the following: • Postoperative elevated or rising CEA or LFTs with negative recent conventional imaging • Isolated metastatic lesion(s) on other imaging and individual is a candidate for aggressive surgical resection or other localized treatment to metastasis for curative intent	• PET/CT (CPT® 78815)

Evidence Discussion

- If recurrence is suspected, CT Chest/Abdomen/Pelvis with contrast is the first line of imaging.
- With measurable disease or unresected primary disease on chemotherapy, CT imaging is indicated every 2 cycles of treatment to assess response and appropriateness to continue the same treatment or change to new therapy.
- MRI Abdomen is indicated for inconclusive liver lesion on CT

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

- PET/CT may be used in specific situations to better determine cancer recurrence if CT/MRI is inconclusive. These results may allow aggressive interventions (surgery, radiation, liver directed therapy) to take place with goal of cure and also explain elevated or rising CEA level or LFTs with negative conventional imaging.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Small Bowel Cancer – Surveillance/ Follow-up (ONC-16.7)

ON.CC.0016.7.A
v3.0.2025

Indication	Imaging/Lab Study
Stage I-III	• CT Chest (CPT® 71260) and CT Abdomen and Pelvis (CPT® 74177) with contrast after completion of surgery, and then annually for 5 years
Stage IV - Metastatic disease (post definitive treatment of all measurable disease, or being observed off therapy)	• CT Chest with contrast (CPT® 71260) and CT Abdomen and Pelvis (CPT® 74177) with contrast every 6 months for 2 years and then annually for 3 years
Measurable metastatic disease on maintenance therapy	Every 3 months for up to 5 years after completion of active treatment: • CT Chest with contrast (CPT® 71260) • CT Abdomen and Pelvis with contrast (CPT® 74177)

Evidence Discussion

- Stage I, II and III cancers undergo CT CAP at completion of surgery then annually for 5 years, similar to Colorectal guidelines due to lack of data regarding optimal approach.
- For Stage IV cancer s/p definitive treatment or being observed off therapy, CT imaging is recommended every 6 months for 2 years then annually for 3 years.
- For Stage IV cancer that is measurable and on maintenance therapy, CT imaging is recommended every 3 months for up to 5 years after completion of active treatment.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (ONC-16)

v3.0.2025

1. Benson III AB, Venook AP, Adam M, et al. National Comprehensive Cancer Network (NCCN) Guidelines Version 1.2025 – February 6, 2025. Colon cancer, available at: https://www.nccn.org/professionals/physician_gls/pdf/colon.pdf. Referenced with permission from the NCCN Clinical Practice Guidelines in Oncology (NCCN Guidelines™) for Colon cancer V1.2025 – February 6, 2025. ©2025 National Comprehensive Cancer Network, Inc. All rights reserved. The NCCN Guidelines™ and illustrations herein may not be reproduced in any form for any purpose without the express written permission of the NCCN. To view the most recent and complete version of the NCCN Guidelines™, go online to NCCN.org.
2. Benson III AB, Venook AP, Adam M, et al. National Comprehensive Cancer Network (NCCN) Guidelines Version 1.2025 – February 7, 2025. Rectal cancer, available at: https://www.nccn.org/professionals/physician_gls/pdf/rectal.pdf. Referenced with permission from the NCCN Clinical Practice Guidelines in Oncology (NCCN Guidelines™) for Rectal cancer V1.2025 – February 7, 2025. ©2025 National Comprehensive Cancer Network, Inc. All rights reserved. The NCCN Guidelines™ and illustrations herein may not be reproduced in any form for any purpose without the express written permission of the NCCN. To view the most recent and complete version of the NCCN Guidelines™, go online to NCCN.org.
3. Benson AB, Venook AP, Pedersen K, et al. National Comprehensive Cancer Network (NCCN) Guidelines Version 1.2025 – January 17, 2025. Small Bowel Adenocarcinoma, available at: https://www.nccn.org/professionals/physician_gls/pdf/small_bowel.pdf. Referenced with permission from the NCCN Clinical Practice Guidelines in Oncology (NCCN Guidelines™) for Small Bowel Adenocarcinoma V1.2025 – January 17, 2025. ©2025 National Comprehensive Cancer Network, Inc. All rights reserved. The NCCN Guidelines™ and illustrations herein may not be reproduced in any form for any purpose without the express written permission of the NCCN. To view the most recent and complete version of the NCCN Guidelines™, go online to NCCN.org.
4. ACR Appropriateness Criteria. Pretreatment Staging of Colorectal Cancer. Rev. 2011.
5. Bailey CE, Hu C-Y, You YN et al. Variation in positron emission tomography use after colon cancer resection. *J Oncol Pract*. 2015;11(3):e363-e372. doi:10.1200/JOP.2014.001933.
6. Lu YY, Chen JH, Ding HJ, Chien CR, Lin WY, Kao CH. A systematic review and meta-analysis of pretherapeutic lymph node staging of colorectal cancer by 18F-FDG PET or PET/CT. *Nucl Med commun*. 2012;33(11):1127-1133. doi:10.1097/MNM0b013e328357b2d9.
7. Moulton CA, Gu CS, Law CH, et al. Effect of PET before liver resection on surgical management for colorectal adenocarcinoma metastases: a randomized clinical trial. *JAMA*. 2014;311(18):1863-1869. doi:10.1001/jama.2014.3740.
8. Steele SR, Chang GJ, Hendren S, et al. Practice guideline for the surveillance of patients after curative treatment of colon and rectal cancer. *Dis Colon Rectum*. 2015;58(8):713-725. doi:10.1097/DCR.0000000000000410.
9. van de Velde CJ, Boelens PG, Borras JM, et al. EURECCA colorectal: multidisciplinary management: European concensus conference colon & rectum. *Eur J Cancer*. 2014;50(1):e1-e34. doi:10.1016/j.ejca.2013.06.048.
10. Akce M, El-Rayes BF. Nonsurgical management of rectal cancer. *Journal of Oncology Practice*. 2019;15(3):123-131. doi:10.1200/JOP.18.00769.
11. Qiu M, Hu J, Yang D, et al. Pattern of distant metastases in colorectal cancer: a SEER based study. *Oncotarget*. 2015;6:38658-38666. doi:10.18632/oncotarget.6130.
12. Balyasnikova S, Brown G. Optimal imaging strategies for rectal cancer staging and ongoing management. *Curr Treat Options Oncol*. 2016;17:32. doi:10.1007/s11864-016-0403-7.
13. Lu YY, Chen JH, Chien CR, et al. Use of FDG-PET or PET/CT to detect recurrent colorectal cancer in patients with elevated CEA: a systematic review and meta-analysis. *Int J Colorectal Dis*. 2013;28:1039-1047. doi:10.1007/s00384-013-1659-z.
14. Byun HK, Koom WS. A practical review of watch-and-wait approach in rectal cancer. *Radiat Oncol Jl*. 2023;41:4-11. doi:10.3857/roj.2023.00038.
15. Hardiman KM, Felder SI, Friedman G, et al. The American Society of Colon and Rectal Surgeons clinical practice guidelines for the surveillance and survivorship care of patients after curative treatment of colon and rectal cancer. *Diseases of the Colon & Rectum*. 2021;64(5):517-533. doi:10.1097/DCR.0000000000001984.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Renal Cell Cancer (RCC) (ONC-17)

Guideline

Renal Cell Cancer (RCC) – General Considerations (ONC-17.0)
Renal Cell Cancer (RCC) – Suspected/Diagnosis (ONC-17.1)
Renal Cell Cancer (RCC) – Initial Work-up/Staging (ONC-17.2)
Renal Cell Cancer (RCC) – Restaging/Recurrence (ONC-17.3)
Renal Cell Cancer (RCC) – Surveillance (ONC-17.4)
References (ONC-17)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Renal Cell Cancer (RCC) – General Considerations (ONC-17.0)

ON.RC.0017.0.A

v3.0.2025

- PET is considered not medically necessary for initial diagnosis, staging or restaging of renal cell cancer.
- A minority of adult individuals with renal cell cancer (RCC) will have translocations in TFE3 or TFEB, which have a different natural history than “adult type” RCC. Individuals of any age with TFE3 or TFEB translocated RCC should be imaged according to guidelines in **Pediatric Renal Cell Carcinoma (RCC) (PEDONC-7.4)** in the Pediatric Oncology Imaging Guidelines.
- Individuals of any age with Wilms tumor should be imaged according to guidelines in section **Unilateral Wilms Tumor (UWT) (PEDONC-7.2)** or **Bilateral Wilms Tumor (BWT) (PEDONC-7.3)** in the Pediatric Oncology Imaging Guidelines.
- Oncocytoma in individuals of all ages should be imaged according to these guidelines.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Renal Cell Cancer (RCC) – Suspected/ Diagnosis (ONC-17.1)

ON.RC.0017.1.A
v3.0.2025

Indication	Imaging Study
• Solitary renal mass suspicious for renal cell cancer	• See: **Indeterminate Renal Lesion (AB-35.1)** in the Abdomen Imaging Guidelines for evaluation of suspected renal malignancies • CT Chest with contrast with (CPT® 71260) or without contrast (CPT® 71250)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Renal Cell Cancer (RCC) – Initial Work-up/Staging (ONC-17.2)

ON.RC.0017.2.A
v3.0.2025

Indication	Imaging study
All individuals	If not done previously: • CT Chest with (CPT® 71260) or without (CPT® 71250) contrast • CT Abdomen and Pelvis, contrast as requested
ANY of the following: • Extension of tumor into the vena cava by other imaging • Inconclusive findings on CT	• MRI Abdomen without and with contrast (CPT® 74183)
Bone pain	• Bone scan (CPT® 78306) (See: **Nuclear Medicine (NM) Imaging in Oncology (ONC-1.3)** for additional bone scan codes)
EITHER of the following: • Signs/symptoms suspicious for brain metastases • Newly diagnosed stage IV/ metastatic RCC	• MRI Brain without and with contrast (CPT® 70553)

Evidence Discussion

American Urological Association (AUA) and the National Comprehensive Cancer Network (NCCN) guidelines state that pre- and post-contrast enhanced axial imaging, either CT or MRI, is the ideal imaging technique for the diagnosis and staging of clinically localized renal masses. Contrast-enhanced abdominal imaging best characterizes the mass, provides information regarding both the affected and unaffected renal unit, can assess extrarenal tumor spread (venous invasion or regional lymph nodes), and evaluates the adrenal glands and other abdominal organs for visceral metastasis.

Masses initially diagnosed by ultrasound should be confirmed with pre- and post-contrast enhanced imaging.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

In patients with RCC or suspicion of RCC, complete staging is typically completed with chest radiography (CXR) or chest CT. Bone scans should be reserved primarily for patients with bone pain as the prevalence of osseous metastasis for localized renal cell cancer has been shown to be low in patients without symptoms suggestive of osseous metastasis. Brain imaging is reserved for patients with neurologic symptoms, as most patients with metastasis to the central nervous system are symptomatic, or patients with newly diagnosed metastatic disease.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Renal Cell Cancer (RCC) – Restaging/ Recurrence (ONC-17.3)

ON.RC.0017.3.A
v3.0.2025

Indication	Imaging Study
Unresectable disease or metastatic disease on systemic therapy	Every 2 cycles of treatment (commonly every 6 to 8 weeks: • CT Chest with contrast (CPT® 71260) • CT Abdomen and Pelvis, contrast as requested (CPT® 74177, CPT® 74178, or CPT® 74176) • CT with contrast of other involved or symptomatic areas
Recurrence suspected	• CT Chest with contrast (CPT® 71260) • CT Abdomen and Pelvis, contrast as requested (CPT® 74177, CPT® 74178, or CPT® 74176)
EITHER of the following: • Biopsy-proven recurrent/ metastatic disease • Signs or symptoms concerning for brain metastases	• MRI Brain without and with contrast (CPT® 70553)

Evidence Discussion

Patients presenting with findings suggesting a new renal primary or local recurrence of renal malignancy, should undergo metastatic evaluation including chest and abdominal imaging. The most common sites of distant metastasis include lung, bone, retroperitoneal and mediastinal nodes, liver, brain, or multiple sites.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Renal Cell Cancer (RCC) – Surveillance (ONC-17.4)

ON.RC.0017.4.A
v3.0.2025

Indication	Imaging Study
RCC on active surveillance of renal mass <1 cm	ALL of the following, once within 6 months of surveillance initiation and annually thereafter: • CT Abdomen, contrast as requested (CPT® 74170, CPT® 74160, or CPT® 74150) or MRI Abdomen without and with contrast (CPT® 74183) • Chest x-ray ◦ CT Chest with contrast (CPT® 71260) or without contrast (CPT® 71250) is indicated instead of chest x-ray for any of the following: ▪ Known prior thoracic disease ▪ New or worsening pulmonary symptoms ▪ New or worsening chest x-ray findings
RCC on active surveillance of renal mass ≥1 cm	ALL of the following, every 3 months for year 1, every 6 months for years 2 and 3 and annually thereafter: • CT Abdomen, contrast as requested (CPT® 74170, CPT® 74160, or CPT® 74150) OR MRI Abdomen without and with contrast (CPT® 74183) • Chest x-ray ◦ CT Chest with contrast (CPT® 71260) or without contrast (CPT® 71250) is indicated instead of chest x-ray for any of the following: ▪ Known prior thoracic disease ▪ New or worsening pulmonary symptoms ▪ New or worsening chest x-ray findings

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Indication	Imaging Study
Follow up after post-ablation therapy of RCC	EITHER of the following, at 1 to 3 months, 6 months, and 12 months post-ablation and then annually thereafter: • CT Abdomen, contrast as requested (CPT® 74170), CPT® 74160, or CPT® 74150 or • MRI Abdomen without and with contrast (CPT® 74183) AND Annually for 5 years: • Chest x-ray or CT Chest with contrast (CPT® 71260) or without contrast (CPT® 71250)
Stage I RCC, after partial or radical nephrectomy	ONE of each of the following, 3 to 12 months post-resection: • CT Chest with (CPT® 71260) or CT Chest without contrast (CPT® 71250) • CT Abdomen, contrast as requested (CPT® 74170, CPT® 74160, or CPT® 74150) or MRI Abdomen without and with contrast (CPT® 74183) ONE of each of the following, annually for 5 years: • Chest x-ray or CT Chest with (CPT® 71260) or without (CPT® 71250) contrast • MRI Abdomen without and with contrast (CPT® 74183) or CT Abdomen, contrast as requested (CPT® 74170, CPT® 74160, or CPT® 74150)
Stage II RCC, post-nephrectomy	ONE of each of the following, 3 to 6 months post-resection: • CT Chest with (CPT® 71260) or without (CPT® 71250) contrast • CT Abdomen, contrast as requested (CPT® 74170, CPT® 74160, or CPT® 74150) or MRI Abdomen without and with contrast (CPT® 74183) ONE of each of the following, every 6 months for 2 years, then annually until year 5: • Chest x-ray or CT Chest with (CPT® 71260) or without (CPT® 71250) contrast • MRI Abdomen without and with contrast (CPT® 74183) or CT Abdomen, contrast as requested (CPT® 74170, CPT® 74160, or CPT® 74150)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Indication	Imaging Study
Stage III RCC, post-nephrectomy	ONE of each of the following, 3 to 6 months post-resection: • CT Chest with (CPT® 71260) or without (CPT® 71250) contrast • CT Abdomen, contrast as requested (CPT® 74170, CPT® 74160, or CPT® 74150) or MRI Abdomen without and with contrast (CPT® 74183) ONE of each of the following, every 3 months for 3 years, then annually to year 5: • CT Chest with (CPT® 71260) or without (CPT® 71250) contrast • CT Abdomen, contrast as requested (CPT® 74170, CPT® 74160, or CPT® 74150) or MRI Abdomen without and with contrast (CPT® 74183)
Stage IV/metastatic disease on maintenance therapy or being observed off therapy	Every 3 months for up to 5 years after completion of active treatment: • CT Chest (CPT® 71260) and CT Abdomen and Pelvis contrast as requested (CPT® 74177, CPT® 74176, or CPT®74178)

Evidence Discussion

Active surveillance Stage T1a:

Active surveillance entails serial abdominal imaging in order to study the growth rate of the tumor and it is recommended that abdominal imaging (CT or MRI with contrast) within 6 months from initiation of active surveillance; subsequent imaging (with CT, MRI, or ultrasound [US]) may be performed annually thereafter. CT and MRI have both been found to accurately predict pathologic tumor size in a retrospective analysis. Therefore, best clinical judgment should be used in choosing the imaging modality. A chest x-ray or chest CT at baseline and annually as clinically indicated to assess for pulmonary metastases. Repeat chest imaging can be considered if intervention is being contemplated.

Follow up after ablative therapy for Stage T1a:

An abdominal imaging either CT or MRI with and without IV contrast (unless otherwise contraindicated) at 1 through 6 months to assess treatment response, followed by annual abdominal CT or MRI (preferred) for 5 years or longer as clinically indicated. If the patient cannot receive IV contrast, MRI is preferred.

Follow up after partial or radical nephrectomy for Stages 1-2:

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Stage I RCC, it is recommended that abdominal CT or MRI (preferred) within 3 to 12 months following renal surgery, then annually for up to 5 years or longer as clinically indicated. For patients with stage II RCC, it is recommended to increase in abdominal imaging frequency, with baseline abdominal CT or MRI (preferred) every 6 months for 2 years, then annually for up to 5 years or longer, as clinically indicated.

It is also recommended that yearly chest x-ray or CT for at least 5 years and as clinically indicated thereafter.

Follow up for patients with Stage 3 RCC:

It is recommended to obtain a baseline abdominal CT or MRI within 3 to 6 months following surgery, followed by CT, MRI (preferred), or US every 3 to 6 months for at least 3 years, and annually thereafter for up to 5 years.

A baseline chest CT within 3 to 6 months following surgery, is also recommended as well as continued imaging (CT preferred) every 3 to 6 months for at least 3 years, and annually thereafter for up to 5 years.

CT is the preferred modality for those with a high risk of recurrence.

Follow up for patient with relapse or unresectable disease or Stage 4 RCC:

It is recommended to obtain chest, abdominal and pelvic imaging at baseline and then as clinically indicated based on clinical status, and therapeutic schedule.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (ONC-17)

v3.0.2025

1. Motzer RJ, Jonasch E, Agarwal N, et al. National Comprehensive Cancer Network (NCCN) Guidelines Version 3.2025 – January 9, 2025. Kidney cancer, available at: https://www.nccn.org/professionals/physician_gls/pdf/kidney.pdf Referenced with permission from the NCCN Clinical Practice Guidelines in Oncology (NCCN Guidelines™) for Kidney cancer V3.2025 – January 9, 2025. ©2025 National Comprehensive Cancer Network, Inc. All rights reserved. The NCCN Guidelines™ and illustrations herein may not be reproduced in any form for any purpose without the express written permission of the NCCN. To view the most recent and complete version of the NCCN Guidelines™, go online to NCCN.org.
2. ACR Appropriateness Criteria. *Post-treatment follow up of renal cell carcinoma*. Rev. 2013.
3. Herts BR, Silverman SG, Hindman NM, et al. *Management of the incidental renal mass on CT: a white paper of the ACR incidental findings committee*. J Am Coll Radiol. 2018;15(2):264-273. doi:10.1016/j.jacr.2017.04.028.
4. Finelli A, Ismaila N, Bro B, et al. Management of small renal masses. American Society of Clinical Oncology clinical practice guideline. *Journal of Clinical Oncology*. 2017;35(6):668-680. doi:10.1200/JCO.2016.69.9645.
5. Davenport MS, Caoili EM, Cohan RH, et al. MRI and CT characteristics of successfully ablated renal masses: imaging surveillance after radiofrequency ablation. *AJR Am J Roentgenol.* 2009;192:1571-1578. doi:10.2214/AJR.08.1303.
6. Clark TW, Millward SF, Gervais DA, et al. Reporting standards for percutaneous thermal ablation of renal cell carcinoma. *J Vasc Interv Radiol*. 2009;20(7 Suppl):S409-S416. doi:10.1016/j.jvir.2009.04.013.
7. Rais-Bahrami S, Guzzo TJ, Jarrett TW, Kavoussi LR, Allaf ME. Incidentally discovered renal masses: oncological and perioperative outcomes in patients with delayed surgical intervention. *BJU Int*. 2009;103(10):1355-1358. doi:10.1111/j.1464-410X.2008.08242.x.
8. Wang HY, Ding HJ, Chen JH, Chao CH, Lu YY, Lin WY, Kao CH. Meta-analysis of the diagnostic performance of [18F]FDG-PET and PET/CT in renal cell carcinoma. *Cancer Imaging*. 2012 October;12:464-474. doi:10.1102/1470-7330.2012.0042.
9. Kim EH, Strope SA. Postoperative surveillance imaging for patients undergoing nephrectomy for renal cell carcinoma. *Urol Oncol*. 2015;33(12):499-502. doi:10.1016/j.urolonc.2015.08.008.
10. Sankineni S, Brown A, Cieciera M, Choyke PL, Turkbey B. Imaging of renal cell carcinoma. *Urol Oncol*. 2016;34(3):147-155. doi:10.1016/j.urolonc.2015.05.020.
11. ACR Appropriateness Criteria. *Renal cell carcinoma staging*. Rev. 2015.
12. Campbell S, Uzzo R, Allaf M, et al. Renal mass and localized renal cancer: AUA guideline. *J Urol*. 2017:198(3):520-529. doi:10.1016/j.juro.2017.04.100.
13. Kutikov A, Fossett LK, Ramchandani P, et al. Incidence of benign pathologic findings at partial nephrectomy for solitary renal mass presumed to be renal cell carcinoma on preoperative imaging. *Urology*. 2006;68:737.
14. Lane BR, Babineau D, Kattan MW, et al. A preoperative prognostic nomogram for solid enhancing renal tumors 7 cm or less amenable to partial nephrectomy. *J Urol*. 2007;178:429.
15. Johnson DC, Vukina J, Smith AB, et al. Preoperatively misclassified, surgically removed benign renal masses: a systematic review of surgical series and United States population level burden estimate. *J Urol*. 2015;193:30.
16. Davenport MS, Perazella MA, Yee J, et al. Use of intravenous iodinated contrast media in patients with kidney disease: Consensus statements from the American College of Radiology and the National Kidney Foundation. *Radiology*. 2020;294:660.
17. Mano R, Vertosick E, Sankin AI, et al. Subcentimeter pulmonary nodules are not associated with disease progression in patients with renal cell carcinoma. *J Urol*. 2015;193:776.
18. Weinreb JC, Rodby RA, Yee J, et al. Use of intravenous gadolinium-based contrast media in patients with kidney disease: Consensus statements from the American College of Radiology and the national kidney foundation. *Radiology*. 2021;298:28.
19. Koga S, Tsuda S, Nishikido M, et al. The diagnostic value of bone scan in patients with renal cell carcinoma. *J Urol*. 2001;166:2126.
20. Campell SC, Clark PE, Chang SS, et al. Renal mass and localized renal cancer: evaluation, management, and follow-up: AUA guideline part I. *J Urol.* 2021;206:199.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

21. Campbell SC, Uzzo RG, Karam JA, et al Renal mass and localized renal cancer: evaluation, management, and follow-up: AUA guideline: Part II. *J Urol*. 2021;206:209.
22. Park JW, Jo MK, Lee HM. Significance of 18F-fluorodeoxyglucose positron-emission tomography/computed tomography for the postoperative surveillance of advanced renal cell carcinoma. *BJU Int*. 2009;103:615-619.
23. Dabestani S, Beisland C, Stewart GD, et al. Long-term outcomes of follow-up for initially localised clear cell renal cell carcinoma: RECUR database analysis. *Eur Urol Focus*. 2019;5:857-866.
24. Koga S, Tsuda S, Nishikido M, et al. The diagnostic value of bone scan in patients with renal cell carcinoma. *J Urol*. 2001;166:2126-8.
25. Mano R, Vertosick E, Sankin AI, et al. Subcentimeter pulmonary nodules are not associated with disease progression in patients with renal cell carcinoma. *J Urol.* 2015;193:776-82.
26. Thompson RH, Hill JR, Babayev Y, et al. Metastatic renal cell carcinoma risk according to tumor size. *J Urol.* 2009;182:41-5.
27. Umbreit EC, Shimko MS, Childs MA, et al. Metastatic potential of a renal mass according to original tumour size at presentation. *BJU Int*. 2012;109:190-4; discussion 94
28. Winter H, Meimarakis G, Angele MK, et al. Tumor infiltrated hilar and mediastinal lymph nodes are an independent prognostic factor for decreased survival after pulmonary metastasectomy in patients with renal cell carcinoma. *J Urol*. 2010;184:1888-94
29. Flanigan RC, Campbell SC, Clark JI, Picken MM. Metastatic renal cell carcinoma. *Curr Treat Options Oncol*. 2003;4:385-90.
30. Griffin N, Gore ME, Sohaib SA. Imaging in metastatic renal cell carcinoma. *AJR Am J Roentgenol*. 2007;189:360-70.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Transitional Cell Cancer (ONC-18)

Guideline

Transitional Cell Cancer – General Considerations (ONC-18.0)
Transitional Cell Cancer – Suspected/Diagnosis (ONC-18.1)
Transitional Cell Cancer – Initial Work-up/Staging (ONC-18.2)
Transitional Cell Cancer – Restaging/Recurrence (ONC-18.3)
Transitional Cell Cancer – Surveillance/Follow-up (ONC-18.4)
References (ONC-18)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Transitional Cell Cancer – General Considerations (ONC-18.0)

ON.TS.0018.0.A

v3.0.2025

- Transitional cell cancers can include: tumors of the bladder, ureters, prostate, urethra, or renal pelvis. For primary cancer of the kidney, see: **Renal Cell Cancer (RCC) (ONC-17)**.
- Most common histology of bladder cancer is transitional cell (TCC) or urothelial carcinoma (UCC). Rare histologies include adenocarcinoma, squamous cell (imaged according to **Transitional Cell Cancer (ONC-18)**), or small cell (imaged according to **Extrathoracic Small Cell and Large Cell Neuroendocrine Tumors (ONC-31.8)**).
- Urachal cancer is rare type of bladder cancer; the most common histology is adenocarcinoma. These are imaged according to muscle invasive bladder cancer.
- PET not routinely indicated in transitional cell cancer with exception noted below in **Transitional Cell Cancer – Initial Work-up/Staging (ONC-18.2)**.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Transitional Cell Cancer – Suspected/ Diagnosis (ONC-18.1)

ON.TS.0018.1.A

v3.0.2025

- See: **Hematuria and Hydronephrosis (AB-39)** in the Abdomen Imaging Guidelines for evaluation of suspected transitional cell malignancies.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Transitional Cell Cancer – Initial Work-up/Staging (ONC-18.2)

ON.TS.0018.2.A
v3.0.2025

Indication	Imaging Study
All individuals	ONE of the following: • CT Abdomen and Pelvis without and with contrast (CPT® 74178) ◦ MRI Abdomen (CPT® 74183) and MRI Pelvis (CPT® 72197) without and with contrast if contraindication to CT contrast • CT Abdomen and Pelvis without contrast (CPT® 74176) with retrograde pyelogram or renal ultrasound (CPT® 76770 or CPT® 76775) in individuals who cannot receive either CT or MRI contrast
Sessile or high-grade tumors	In addition to the imaging above, if not already performed: • MRI Pelvis without and with contrast (CPT® 72197)
ANY of the following: • Muscle invasive bladder carcinoma • Urethral carcinoma • Urothelial carcinoma of the prostate	• CT Chest without (CPT® 71250) or with (CPT® 71260) contrast
Individuals without metastatic disease, when requested by operating surgeon for operative planning	• CT with contrast or MRI without and with contrast of all operative sites

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Indication	Imaging Study
Evaluation of suspected bone metastasis: • Individuals with symptoms of bone metastasis • Laboratory indicators of bone metastasis • Individuals with muscle invasive disease • Suspected sites of extra-osseous metastatic disease	Any ONE of the following: • Bone scan (CPT® 78306) (see: **Nuclear Medicine (NM) Imaging in Oncology [ONC-1.3]** for additional bone scan codes) • MRI without and with contrast of areas of suspected involvement • FDG PET/CT (CPT® 78815)
To evaluate inconclusive findings on conventional imaging	• PET/CT (CPT® 78815)
Suspected brain metastases	See: **Brain Metastases (ONC-31.3)**

Evidence Discussion

Initial staging of non-muscle invasive bladder cancer (NMIBC)

A clinician should perform upper tract imaging as a component of the initial evaluation of a patient with bladder cancer, NCCN guidelines recommend CT urography CTU (CT of the abdomen and pelvis without and with IV contrast with excretory imaging), which is an imaging study that is tailored to improve visualization of both the upper and lower urinary tracts. CT scan can require a significant dose of ionizing radiation but the speed of image acquisition reduces the potential for motion artifact.

MR urography (MRU) may be appropriate, especially in patient with poor renal function or iodinated contrast allergy but with GFR >30 and no acute renal failure. MRU can be degraded due to motion artifact, but there is no ionizing radiation with this imaging modality.

CTU and MRU allow for comprehensive evaluation of the genitourinary tract, as well as assessment of retroperitoneal and pelvic lymph nodes.

Renal ultrasound (US) or CT without contrast may be utilized in conjunction with retrograde ureteropyelograpy in patients who cannot receive either iodinated or gadolinium-based contrast material. Ultrasound requires no ionizing radiation, but is not sufficient for evaluation alone, and must be combined with either retrograde ureteropyelography or ureteroscopy to completely evaluate the upper urinary tract.

NCCN guidelines states that chest imaging may not be necessary in the initial staging of non-invasive disease, as the risk of chest metastasis in patient with TA or T1 NMBIC is low.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

FDG PET/CT is not recommended to delineate the anatomy of the upper urinary tract as it does not provide detailed imaging of the bladder. Thus, it is reserved as a problem-solving tool when other imaging studies are inconclusive.

Initial staging of non-metastatic muscle-invasive bladder cancer (MIBC)

Prior to muscle-invasive bladder cancer management, clinicians should perform a complete staging evaluation, including imaging of the chest and cross-sectional imaging of the abdomen and pelvis with intravenous contrast if not contraindicated. Laboratory evaluation should include a comprehensive metabolic panel (complete blood count, liver function tests, alkaline phosphatase, and renal function).

All patient with MIBC require imaging of the thorax. Chest radiography is an effective screening exam. Any abnormality should be followed up with a CT exam.

For sessile or high-grade tumors, it is recommended that MRI Pelvis be performed in addition to CTU for local staging (NCCN, 2024).

NCCN indicates that bone imaging is indicated if there are clinical indications of bone metastases or in individuals with muscle-invasive disease (NCCN, 2024).

FDG PET/CT is not recommended to delineate the anatomy of the upper urinary tract as it does not provide detailed imaging of the bladder. Thus, it is reserved as a problem-solving tool when other imaging studies are inconclusive.

Initial staging of Urothelial Carcinoma of the prostate/primary carcinoma of the urethra

Initial work up is similar to non-metastatic muscle invasive bladder cancer and should include Chest CT, CTU or MRU.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Transitional Cell Cancer – Restaging/ Recurrence (ONC-18.3)

ON.TS.0018.3.A
v3.0.2025

Indication	Imaging Study
After definitive surgery	• CT Abdomen and Pelvis with contrast (CPT® 74177) or CT Abdomen and Pelvis without and with contrast (CPT® 74178) for post-operative baseline
Recurrence suspicion	• CT Abdomen and Pelvis with contrast (CPT® 74177) or with and without contrast (CPT® 74178) • CT Chest with contrast (CPT® 71260) for ANY of the following: ◦ Known prior thoracic disease ◦ New or worsening pulmonary symptoms ◦ New or worsening chest x-ray findings ◦ Known prior or suspected muscle invasive disease
After neoadjuvant therapy and before resection	• CT Chest with contrast (CPT® 71260) and CT Urogram (CPT® 74178)
Monitoring therapy for metastatic disease	Every 2 cycles of therapy: • CT Abdomen and Pelvis with contrast (CPT® 74177) • CT Chest with contrast (CPT® 71260) for ANY of the following: ◦ Known prior thoracic disease ◦ New or worsening pulmonary symptoms ◦ New or worsening chest x-ray findings
To evaluate inconclusive findings on conventional imaging	• PET/CT (CPT® 78815)

Evidence Discussion

Patients presenting with findings suggesting a new primary or local recurrence of malignancy, should undergo metastatic evaluation including abdominal and pelvic

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

imaging. The most common sites for metastasis include lymph nodes, bone, lung, liver, and peritoneum. The recommended imaging for restaging of suspected recurrence mirrors that which is performed in initial staging.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Transitional Cell Cancer – Surveillance/ Follow-up (ONC-18.4)

ON.TS.0018.4.A
v3.0.2025

Indication	Imaging Study
ANY of the following: • Papillary urothelial neoplasm of low malignant potential • Low risk lesions ◦ Solitary Ta lesions ≤3cm • Intermediate risk lesions ◦ Low-grade >3 cm ◦ Low-grade multifocal ◦ T1 lesions ◦ High-grade solitary Ta ≤3cm	One-time baseline imaging at the end of therapy: • CT Urogram (CPT® 74178) or MR Urogram (CPT® 74183 and CPT® 72197) • Further advanced imaging is not routinely indicated for surveillance
ANY of the following high-risk non-muscle invasive transitional cell carcinoma of the bladder or upper tracts: • Multifocal high-grade lesions • High-grade lesions >3 cm • Superficial and minimally invasive (Tis and T1) • BCG unresponsive • Lymphovascular invasion • Prostatic urethral invasion	• CT Urogram (CPT® 74178) or MR Urogram (CPT® 74183 and CPT® 72197) (imaging as performed at initial staging) every 1-2 years for 10 years
Non-muscle-invasive transitional carcinoma of the bladder treated with cystectomy	• CT Urogram (CPT® 74178) or MR Urogram (CPT® 74183 and CPT® 72197) (imaging as performed at initial staging) at 3 and 12 months post-cystectomy, and then annually for years 2-5

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Indication	Imaging Study
Muscle invasive lower and upper genitourinary tumors treated with cystectomy, nephrectomy, or chemoradiation	Every 3-6 months for 2 years, then annually for 3 more years: • CT Chest with contrast (CPT® 71260) or CT Chest without contrast (CPT® 71250), and CT Abdomen and Pelvis with contrast (CPT® 74177) or without and with contrast (CPT® 74178) OR • CT Chest with contrast (CPT® 71260) or CT Chest without contrast (CPT® 71250), and MR Urogram (CPT® 74183 and CPT® 72197)
Measurable metastatic disease on maintenance therapy or being monitored off therapy	Every 3 months for up to 5 years after completion of active treatment: • CT Chest with contrast (CPT® 71260) • CT Abdomen and Pelvis with contrast (CPT® 74177), CT Urogram (CPT® 74178), or MR Urogram (CPT® 74183 and CPT® 72197) (imaging as performed at initial staging)
Urethral cancers (high-risk T1 or greater) and urothelial carcinoma of the prostate	Every 3-6 months for 2 years, then annually: • CT Abdomen and Pelvis with contrast (CPT® 74177) or without and with contrast (CPT® 74178) OR • MR Urogram (CPT® 74183 and CPT® 72197) AND • Chest x-ray ◦ CT Chest with contrast (CPT® 71260) or CT Chest without contrast (CPT® 71250) for any of the following: ▪ Signs/symptoms of pulmonary disease ▪ Abnormal chest x-ray ▪ Prior involvement of the chest

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Evidence Discussion

Surveillance of non-muscle invasive bladder cancer

In an asymptomatic patient with a history of low-risk NMIBC a clinician should not perform routine surveillance upper tract imaging, after the initial baseline.

For an intermediate or high-risk patient, a clinician should consider performing surveillance upper tract imaging at one-to-two-year intervals. Initially obtaining imaging at 12 months, then every 1-2 years up to 10 years. CT urography (CTU), MRU, or retrograde ureteropyelography with non-contrast CT or US or ureteroscopy with a non-contrast CT or US.

Routine chest imaging is not appropriate for patients with NMBIC unless an abnormality is identified with chest radiography.>

Surveillance of non-metastatic muscle-invasive bladder cancer

Clinicians should obtain chest imaging and cross-sectional imaging of the abdomen and pelvis with CT or magnetic resonance imaging (MRI) at 6-12 month intervals for 2-3 years and then may continue annually.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (ONC-18)

v3.0.2025

1. Flaig TW, Spiess PE, Abern M, et al. National Comprehensive Cancer Network (NCCN) Guidelines Version 5.2024 – October 28, 2024. Bladder cancer, available at: https://www.nccn.org/professionals/physician_gls/pdf/bladder.pdf Referenced with permission from the NCCN Clinical Practice Guidelines in Oncology (NCCN Guidelines™) for Bladder cancer V5.2024, October 28, 2024. ©2024 National Comprehensive Cancer Network, Inc. All rights reserved. The NCCN Guidelines™ and illustrations herein may not be reproduced in any form for any purpose without the express written permission of the NCCN. To view the most recent and complete version of the NCCN Guidelines™, go online to NCCN.org.
2. Verma S, Rajesh A, Prasad SR et al, Urinary bladder cancer: role of MR imaging. *Radiographics*. 2012;32(2):371-387. doi:10.1148/rg.322115125.
3. Lu YY, Chen JH, Liang JA. Clinical value of FDG PET or PET/CT in urinary bladder cancer: a systematic review and meta-analysis. *Eur J Radiol*. 2012;81(9):2411-2416. doi:10.1016/j.ejrad.2011.07.018.
4. Gakis G, Witjes JA, Comperat E, et al. EAU guidelines on primary urethral carcinoma. *Eur Urol.* 2013;64(5):823-830. doi:10.1016/j.eururo.2013.03.044.
5. Rouprêt M, Babjuk M, Compérat E, et al. European guidelines on upper tract urothelial carcinomas: 2013 update. *Eur Urol*. 2013;63(6):1059-1071. doi:10.1016/j.eururo.2013.03.032.
6. Holzbeierlein J, Bixler BR, Buckley DI, et al. Treatment of non-metastatic muscle-invasive bladder cancer: AUA/ASCO/SUO guideline (2017; amended 2020, 2024). *J Urol*. 2024. doi:10.1097/JU.0000000000003981.
7. Holzbeierlein J, Bixler BR, Buckley DI, et al. Diagnosis and treatment of non-muscle invasive bladder cancer: AUA/SUO guideline: 2024 amendment. *J Urol*. 2024. doi:10.1097/JU.0000000000003846.
8. Coleman JA, Clark PE, Bixler BR, et al. Diagnosis and management of non-metastatic upper tract urothelial carcinoma: AUA/SUO guideline. *J Urol*. 2023;209(6):1071-1081.
9. Juri H, Koyama M, Azuma H, Narumi Y. Are there any metastases to the chest in non-muscle invasive bladder cancer patients on follow-up computed tomography? *Int Urol Nephrol*. 2018;50:1771-78.
10. Wang D, Zhang WS, Xiong MH, Yu M, Xu JX. Bladder tumors: dynamic contrast-enhanced axial imaging, multiplanar reformation, three-dimensional reconstruction and virtual cystoscopy using helical CT. *Chin Med J (Engl)*. 2004;117:62-6.
11. Witjes JA, Bruins HM, Carrión A, et al. EUA guidelines on muscle-invasive and metastatic bladder cancer. *European Association of Urology*. 2024;6-97. https://uroweb.org/guidelines/muscle-invasive-and-metastatic-bladder-cancer.
12. Powles T, Bellmunt J, Comperat E, et al. Bladder cancer: ESMO clinical practice guideline for diagnosis, treatment and follow-up. *Ann Oncol*. 2022;33:244-58.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Prostate Cancer (ONC-19)

Guideline

Prostate Cancer – General Considerations (ONC-19.0)
Suspected Prostate Cancer (ONC-19.1)
Prostate Cancer – Initial Work-up/Staging (ONC-19.2)
Prostate Cancer – Restaging/Recurrence (ONC-19.3)
Prostate Cancer – Follow-up On Active Surveillance (ONC-19.4)
Surveillance/Follow-up For Treated Prostate Cancer (ONC-19.5)
References (ONC-19)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Prostate Cancer – General Considerations (ONC-19.0)

ON.PR.0019.0.A

v3.0.2025

- Prostate cancer screening begins at age 45 for individuals at average risk of prostate cancer. However, individuals at high-risk may begin screening at age 40. High-risk features include:
  - African ancestry
  - germline mutations (BRCA1 or 2, HOXB13, ATM, CHEK2, or mismatch repair genes - MLH1, MSH2, MSH6, PMS2) that increase the risk of prostate cancer
  - family history of first or second-degree relative with prostate, male breast, colorectal, pancreatic, endometrial or female breast cancer at age <45 years
- Treatment of benign prostatic hyperplasia with 5-alfa reductase inhibitors (such as finasteride and dutasteride) can falsely reduce the measured PSA levels by 50%. Thus, the reported PSA level should be doubled when prostate cancer is suspected in individuals on these medications.
- Individuals with high-risk adverse clinical and pathological factors may benefit from a more aggressive diagnostic and therapeutic approach at the time of relapse after initial treatment. These factors include pre-treatment Gleason score of ≥8, pre-treatment clinical stage of cT3b or higher, positive surgical margins, post-treatment PSA doubling time of <3 months, and an interval to biochemical failure of <3 years after initial treatment.
- PET/CT scans using ^{18}F-FDG radiotracer are not medically necessary for evaluation of prostate cancer.
- ^{11}C Choline, ^{18}F-Fluciclovine (AXUMIN®), and PSMA-specific radiopharmaceuticals have recently gained FDA approval for evaluation of prostate cancer. Optimal detection rates for these radiotracers vary greatly with PSA levels. False positive rate is high and histological confirmation of positive sites is recommended.
- PSMA-specific PET radiopharmaceuticals that are currently FDA-approved and indicated in prostate cancer are: ^{68}Ga PSMA-11 (UCSF & UCLA), ^{18}F Piflufolastat (Pylarify®), ^{18}F Flotufolastat (Posluma®), and ^{68}Ga Gozetotide (Illuccix® and Locametz®).
- While early detection of low-volume recurrence after treatment of prostate cancer using PET/CT scans may influence therapeutic decisions, there is lack of evidence that this approach has any meaningful impact on overall survival.
- As high intensity focused ultrasound prostate ablation is considered investigational and experimental at this time, and advanced imaging for treatment planning and/or surveillance of high intensity focused ultrasound prostate ablation is not indicated.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

- MR Spectroscopy (CPT® 76390) is considered not medically necessary in the evaluation of prostate cancer at this time.
- As laser prostate ablation is considered investigational and experimental at this time, advanced imaging for treatment planning and/or surveillance of laser prostate ablation is not indicated.
- Monitoring an elevated prostate-specific antigen level (PSA) with serial MRI is not indicated for suspected prostate cancer.
- Requests for imaging based on PSA must provide a recent PSA.

ISUP Prostate Cancer Grade Groups[30]

Grade Group	Gleason Score	Gleason Pattern
1	≤6	≤3+3
2	7	3+4
3	7	4+3
4	8	4+4, 3+5, 5+3
5	9 or 10	4+5, 5+4, or 5+5

NCCN Initial Risk Stratification

- Very Low Risk
  - ALL of the following features are present:
    - Tumor not clinically palpable, but present on one or both lobes on biopsy (cT1a, cT1b, or cT1c)
    - PSA (ng/mL) <10
    - Gleason Grade Group = 1
    - <3 prostate biopsy cores positive, ≤50% cancer in each core
    - PSA Density <0.15 ng/mL/g
- Low Risk
  - ALL of the following features are present but does not qualify for very low risk:
    - Clinical T Stage = cT1-cT2a (palpable tumor limited to ≤1/2 of one side)
    - PSA (ng/mL) <10
    - Gleason Grade Group = 1
- Intermediate Risk

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

  - No "high-risk" or "very high-risk" features and one or more of the following intermediate risk factors (IRFs):
    - cT2b-cT2c
    - Grade group 2 or 3
    - PSA 10-20 ng/mL
  - Favorable Intermediate Risk
    - ALL of the following features must be present:
      - Only 1 IRF
      - Gleason Grade Group = 1 or 2
      - <50% biopsy cores positive (e.g., <6 of 12 cores)
  - Unfavorable Intermediate Risk
    - One or more of the following must be present:
      - 2 or 3 IRFs
      - Gleason grade group = 3
      - ≥50% biopsy cores positive (e.g., ≥6 of 12 cores)
- High-Risk
  - Only ONE of the following high-risk features is present:
    - Clinical T Stage = cT3a (unilateral or bilateral extra-prostatic extension that is not fixed and does not invade the seminal vesicles)
    - PSA (ng/mL) >20
    - Gleason Grade Group = 4 or 5
- Very High-Risk
  - At least ONE of the following features is present:
    - Clinical T stage = cT3b-cT4 (extension into the seminal vesicles or invasion into adjacent structures)
    - Primary Gleason Pattern = 5
    - Gleason Grade Group = 4 or 5 in >4 cores
    - Presence of 2 or 3 high-risk features (noted above)

3D Rendering of MRI for MRI / Ultrasound Fusion Biopsy:

- When specific target lesion(s) is (are) detected on mpMRI (multi-parametric MRI) prostate and classified as PIRADS 4 or 5, 3D Rendering (CPT® 76377) to generate prostate segmentation data image set for target identification on MRI/Transrectal ultrasound (TRUS) fusion biopsy is approvable as:
  - Subsequent separate standalone request; or
  - As retrospective request for medical necessity.
- For MRI/TRUS fusion biopsy of a PIRADS 1-3 lesion, approval of 3D rendering at independent workstation (CPT® 76376 or CPT® 76377) can be considered on a case-by-case basis.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

- If there is no target lesion identified on MRI then 3D rendering and MRI/TRUS fusion biopsy is generally not indicated.
- The 3D rendering for the TRUS component of the fusion is a part of the UroNav Fusion Equipment Software and an additional 3D code CPT® 76376 or CPT® 76377 should not be approved.

Evidence Discussion

Screening can begin as early as age 40 for high-risk patients (Black/African-American identity, certain germline mutations, and concerning family history) and 45 for individuals with average risk. Those with a first-degree relative diagnosed at age less than 60 years have a more than 2 fold increase in likelihood of prostate cancer diagnosis. Individuals with African ancestry have a 60% higher incidence of prostate cancer. Individuals with high-risk adverse clinical and pathologic factors may benefit from a more aggressive diagnostic and therapeutic approach at the time of relapse after initial treatment.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Suspected Prostate Cancer (ONC-19.1)

ON.PR.0019.1.A
v3.0.2025

Indication	Imaging Study
ANY of the following: • Age 40-75 years with PSA >3 ng/ml or very suspicious DRE and ONE of the following high-risk features: ◦ African ancestry ◦ Germline mutations that increase the risk of prostate cancer ◦ Family history of first- or second-degree relative with prostate, male breast, pancreatic, or ovarian cancer ◦ Family history of first- or second-degree relative diagnosed at age ≤45 years with female breast cancer ◦ Family history of first- or second-degree relative diagnosed at age ≤50 years with colorectal or endometrial cancer • Age 45-75 years and ONE of the following: ◦ PSA >3 ng/ml ◦ Very suspicious DRE • Age >75 years and ONE of the following: ◦ PSA ≥4 ng/ml ◦ Very suspicious DRE • At least one negative/non-diagnostic TRUS biopsy and ANY of the following: ◦ Rising PSA ◦ Abnormal DRE ◦ Need for confirmatory MR/US fusion biopsy	ANY of the following: • Transrectal ultrasound (CPT® 76872) • TRUS-guided biopsy (CPT® 76942) • MRI Pelvis without and with contrast (CPT® 72197) or MRI Pelvis without contrast (CPT® 72195) if an MR/US guided fusion biopsy is planned • MRI/US fusion biopsy (CPT® 76942)
• PIRADS 4 or 5 lesion identified on recent diagnostic MRI Pelvis (CPT® 72195 or CPT® 72197) and planning for biopsy to be done by MRI/TRUS fusion technique	• 3D Rendering (CPT® 76376 or CPT® 76377)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Indication	Imaging Study
ANY of the following: • Multifocal (3 or more lesions) high-grade prostatic intraepithelial neoplasia (PIN) • Atypia on biopsy	• Extended pattern re-biopsy within 6 months by TRUS-guided biopsy (CPT® 76942)
• Focal PIN (1-2 lesions)	ONE of the following: • MRI Pelvis without contrast (CPT® 72195) • MRI Pelvis without and with contrast (CPT® 72197) • MRI/US fusion biopsy (CPT® 76942) • MRI guided biopsy (CPT® 77021)

Evidence Discussion

Based on the high-risk factors outlined above along with age, digital rectal exam (DRE) findings and PSA level, further imaging work-up may be indicated to include transrectal ultrasound with or without biopsy, MRI of the pelvis without and/or with contrast as well as MRI/US fusion biopsy is indicated. These interventions will help dictate the appropriate therapy for each individual diagnosed with prostate cancer.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Prostate Cancer – Initial Work-up/ Staging (ONC-19.2)

ON.PR.0019.2.A
v3.0.2025

Indication	Imaging Study
Localized prostate cancer with any of the following risk groups (see: **ONC-19.0** for definition of risk groups): • Very low risk • Low risk • Favorable intermediate risk	Advanced imaging is not routinely indicated for initial staging If not already performed prior to biopsy, MRI Pelvis without and with contrast (CPT® 72197) is appropriate for any of the following: • Prior to planned treatment (surgery and/or radiation therapy) • To establish candidacy for active surveillance
Localized prostate cancer with any of the following risk groups (see: **ONC-19.0** for definition of risk groups): • Unfavorable intermediate risk • High-risk • Very high-risk	Any ONE of the following combinations, not all (may be obtained in addition to mpMRI prostate): • CT Chest with contrast (CPT® 71260), CT Abdomen and Pelvis with contrast (CPT® 74177), and Bone scan (CPT® 78306) • CT Chest with contrast (CPT® 71260), CT Abdomen with contrast (CPT® 74160), MRI Pelvis without and with contrast (CPT® 72197) if not previously performed, and Bone scan (CPT® 78306) • PSMA PET/CT scan (CPT® 78815 or CPT® 78816) using any one of the following radiotracers: ◦ ^{68}Ga-PSMA-11 ◦ ^{18}F Piflufolastat (Pylarify®) ◦ ^{68}Ga Gozetotide (Illuccix® and Locametz®) ◦ ^{18}F Flotufolastat (Posluma®)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Indication	Imaging Study
Known or clinically oligo- or low volume suspected metastatic prostate cancer (including prior to prostate biopsy)	Any ONE of the following combinations, not all: • CT Chest with contrast (CPT® 71260), CT Abdomen and Pelvis with contrast (CPT® 74177), and Bone scan (CPT® 78306) • CT Chest with contrast (CPT® 71260), CT Abdomen with contrast (CPT® 74160), MRI Pelvis without and with contrast (CPT® 72197) if not previously performed, and Bone scan (CPT® 78306) • PSMA PET/CT (CPT® 78815 or CPT® 78816) or PSMA PET/MRI (CPT® 78813 and CPT® 76498) with any of the following radiotracers: ◦ ^{68}Ga-PSMA-11 ◦ ^{18}F Piflufolastat (Pylarify®) ◦ ^{18}F Flotufolastat (Posluma®) ◦ ^{68}Ga Gozetotide (Illuccix® and Locametz®)
Known or clinically suspected diffuse metastatic prostate cancer (including prior to prostate biopsy)	Any ONE of the following combinations, not all: • CT Chest with contrast (CPT® 71260), CT Abdomen and Pelvis with contrast (CPT® 74177), and Bone scan (CPT® 78306) • CT Chest with contrast (CPT® 71260), CT Abdomen with contrast (CPT® 74160), MRI Pelvis without and with contrast (CPT® 72197) if not previously performed, and Bone scan (CPT® 78306)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Indication	Imaging Study
Inconclusive bone scan	Any ONE of the following: • CT with contrast of involved body site • MRI without and with contrast of involved body site • PET/CT (CPT® 78815 or CPT® 78816) or PET/MRI (CPT® 78813 and CPT® 76498) using any one of the following radiotracers: ◦ ^{18}F Fluciclovine ◦ ^{11}C Choline ◦ ^{68}Ga-PSMA-11 ◦ ^{18}F Piflufolastat (Pylarify®) ◦ ^{18}F Flotufolastat (Posluma®) ◦ ^{68}Ga Gozetotide (Illuccix® and Locametz®) ◦ ^{18}F sodium fluoride

Evidence Discussion

Risk stratification uses a minimum of stage, Gleason grade, and PSA to assign individuals to risk groups that in turn help select the imaging options and predict the probability of biochemical recurrence after definitive local therapy. The current prostate cancer grading system was adopted from the ISUP 2014 consensus conference with the goal to limit overtreatment. The grading system is divided into 6 risk groups.

The goal of imaging is to detect and characterize disease in order to guide disease management. Very low risk, low risk, and favorable intermediate risk does not routinely require advanced imaging. NCCN states that "conventional bone scans are rarely positive in asymptomatic patients with PSA <10 ng/mL". Very low risk, low risk, and favorable intermediate risk groups have very low risk of positive bone scan or CT scan.

Unfavorable intermediate risk, high-risk, and very high-risk do require imaging that can be a combination of CT/MRI Pelvis or PSMA PET using specific radiotracers. In individuals with known or suspected metastatic disease, CT Chest, Abdomen, and Pelvis along with bone scan are indicated. MRI Pelvis is an acceptable choice in lieu of CT Pelvis due to MRI's ability to provide detailed soft tissue characterization and contrast. NCCN supports bone imaging for those at high risk for skeletal metastases.

For inconclusive bone findings, NCCN states that additional imaging using CT, MRI, PSMA-PET/CT or PSMA-PET/MRI, or PET/CT or PET/MRI with F-18 sodium fluoride,

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

C-11 choline, or F-18 fluciclovine can be considered. For conventional imaging suggesting oligo- or low-volume metastatic disease, PET/CT using specific radiotracers can be performed to confirm the individual is a candidate for localized treatment. F18-FDG PET/CT scans are considered not medically necessary for evaluation of prostate cancer because, per NCCN, there is a lack of data surrounding the use of this radiotracer in individuals with prostate cancer. Other radiotracers (C11 choline, F18-Fluciclovine, PSMA-specific) are FDA approved and have influenced treatment planning but the impact on long-term survival remains to be studied. However, data does indicate that PSMA-PET has a high sensitivity for metastatic disease and small-volume disease compared to conventional imaging and therefore it has become a useful tool for the evaluation of individuals with prostate cancer.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Prostate Cancer – Restaging/Recurrence (ONC-19.3)

ON.PR.0019.3.A
v3.0.2025

Indication	Imaging Study
For ANY of the following: • Obvious progression by DRE with plans for prostatectomy or radiation therapy • Repeat TRUS biopsy for rising PSA shows progression to a higher Gleason's score with plans for prostatectomy or radiation therapy • Inconclusive findings on CT scan	• MRI Pelvis without and with contrast (CPT® 72197)
Non-metastatic prostate cancer previously treated with ablation, hormonal therapy, or chemotherapy **and** any one of the following: • Clinical suspicion of relapse/recurrence • Palpable anastomotic recurrence • PSA rises above post-treatment baseline to >0.2 ng/mL on two consecutive measurements	Any ONE of the following combinations: • CT Chest with contrast (CPT® 71260), CT Abdomen and Pelvis with contrast (CPT® 74177), and Bone scan (CPT® 78306) (see: **Nuclear Medicine (NM) Imaging in Oncology (ONC-1.3)** for additional bone scan codes) • CT Chest with contrast (CPT® 71260), CT Abdomen with contrast (CPT® 74160), MRI Pelvis without and with contrast (CPT® 72197), and Bone scan (CPT® 78306) (see: **Nuclear Medicine (NM) Imaging in Oncology (ONC-1.3)** for additional bone scan codes)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Indication	Imaging Study
Non-metastatic prostate cancer previously treated with prostatectomy and **all** of the following are met: • Persistent detectable PSA after prostatectomy, or • Undetectable PSA that subsequently becomes detectable with two consecutive increases in PSA (to any amount), or • Any increase in PSA to 0.1 ng/mL or higher AND: • Individual is a candidate for salvage local therapy	Any ONE of the following: • PSMA PET/CT scan (CPT® 78815 or CPT® 78816) or PET/MRI (CPT® 78813 and CPT® 76498) with any of the following radiotracers: ◦ ^{68}Ga-PSMA-11 ◦ ^{18}F Piflufolastat (Pylarify®) ◦ ^{18}F Flotufolastat (Posluma®) ◦ ^{68}Ga Gozetotide (Illuccix® and Locametz®) • CT Chest with contrast (CPT® 71260), CT Abdomen and Pelvis with contrast (CPT® 74177), and Bone scan (CPT® 78306) • CT Chest with contrast (CPT® 71260), CT Abdomen with contrast (CPT® 74160), MRI Pelvis without and with contrast (CPT® 72197), and Bone scan (CPT® 78306) (see: **Nuclear Medicine (NM) Imaging in Oncology (ONC-1.3)** for additional bone scan codes)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Indication	Imaging Study
Non-metastatic prostate cancer previously treated with radiation therapy and **all** of the following are met: • Two consecutive increases in PSA above nadir AND • Individual is a candidate for salvage local therapy	Any ONE of the following: • PSMA PET/CT scan (CPT® 78815 or CPT® 78816) or PET/MRI (CPT® 78813 and CPT® 76498) with any of the following radiotracers: ◦ ^{68}Ga-PSMA-11 ◦ ^{18}F Piflufolastat (Pylarify®) ◦ ^{18}F Flotufolastat (Posluma®) ◦ ^{68}Ga Gozetotide (Illuccix® and Locametz®) • CT Chest with contrast (CPT® 71260), CT Abdomen and Pelvis with contrast (CPT® 74177), and Bone scan (CPT® 78306) • CT Chest with contrast (CPT® 71260), CT Abdomen with contrast (CPT® 74160), MRI Pelvis without and with contrast (CPT® 72197), and Bone scan (CPT® 78306) (see: **Nuclear Medicine (NM) Imaging in Oncology (ONC-1.3)** for additional bone scan codes)
Non-metastatic prostate cancer previously treated with prostatectomy or radiation therapy, and **all** of the following are met: • PSA rises on two consecutive measurements above post-treatment baseline **and** • PSA ≥1 ng/mL **and** • Recent CT scan and bone scan are negative for metastatic disease **and** • Individual is a candidate for salvage local therapy	• PET/CT scan (CPT® 78815 or CPT® 78816) using any **ONE** of the following radiotracers: ◦ ^{18}F-Fluciclovine ◦ ^{11}C Choline

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Indication	Imaging Study
Suspected progression of known metastatic disease based on: • New or worsening signs/symptoms • Rising PSA levels	• CT Chest with contrast (CPT® 71260), CT Abdomen and Pelvis with contrast (CPT® 74177), and Bone scan (CPT® 78306) (see: **Nuclear Medicine (NM) Imaging in Oncology (ONC-1.3)** for additional bone scan codes) • CT with contrast of any involved or symptomatic body part
Metastatic prostate cancer receiving treatment with chemotherapy or Pluvicto®	One of the following combinations, every 2 cycles (6 to 8 weeks), while on chemotherapy: • CT Abdomen and Pelvis with contrast (CPT® 74177) and CT scan with contrast of any involved body part OR • CT Abdomen with contrast (CPT® 74160), MRI Pelvis without and with contrast (CPT® 72197) AND, every 3-6 months: • Bone scan (CPT® 78306) (see: **Nuclear Medicine (NM) Imaging in Oncology (ONC-1.3)** for additional bone scan codes)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Indication	Imaging Study
Metastatic prostate cancer receiving anti-androgen therapy	One of the following combinations, every 3 months, while on anti-androgen therapy: • CT Abdomen and Pelvis with contrast (CPT® 74177) and CT scan of any involved body part OR • CT Abdomen with contrast (CPT® 74160), MRI Pelvis without and with contrast (CPT® 72197) AND, every 3-6 months: • Bone scan (CPT® 78306) (see: **Nuclear Medicine (NM) Imaging in Oncology (ONC-1.3)** for additional bone scan codes)
Previously treated metastatic prostate cancer progressed on conventional imaging and being considered for ^{177}Lu-PSMA-617 (Pluvicto®) treatment[31, 32]	• PSMA PET/CT scan (CPT® 78815 or CPT® 78816) with one of the following agents: ◦ ^{68}Ga PSMA-11 ◦ ^{18}F Piflufolastat (Pylarify®) ◦ ^{68}Ga Gozetotide (Illuccix® and Locametz®) ◦ ^{18}F Flotufolastat (Posluma®)
Prior to start of Xofigo® (Radium-223) therapy	• ONE time CT Chest, Abdomen, and Pelvis with contrast (CPT® 71260 and CPT® 74177)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Indication	Imaging Study
Inconclusive bone scan	Any ONE of the following: • CT with contrast of involved body site • MRI without and with contrast of involved body site • PET/CT (CPT® 78815 or CPT® 78816) or PET/MRI (CPT® 78813 and CPT® 76498) using any one of the following radiotracers: ◦ ^{18}F Fluciclovine ◦ ^{11}C Choline ◦ ^{68}Ga-PSMA-11 ◦ ^{18}F Piflufolastat (Pylarify®) ◦ ^{18}F Flotufolastat (Posluma®) ◦ ^{68}Ga Gozetotide (Illuccix® and Locametz®) ◦ ^{18}F sodium fluoride
Conventional imaging studies (CT and bone scan) suggests oligo- or low volume metastatic disease that needs further confirmation	• PET/CT scan (CPT® 78815 or CPT® 78816) using any one of the following radiotracers: ◦ ^{18}F Fluciclovine ◦ ^{11}C Choline ◦ ^{68}Ga-PSMA-11 ◦ ^{18}F Piflufolastat (Pylarify®) ◦ ^{68}Ga Gozetotide (Illuccix® and Locametz®) ◦ ^{18}F Flotufolastat (Posluma®)

Evidence Discussion

The use of PSMA PET radiotracers has been shown to impact treatment planning but more research is needed on the impact to long-term outcomes. However, the benefit to patients of initiating treatment earlier for recurrent disease detected on PSMA PET outweighs the disadvantages of possible false-positives. For non-metastatic prostate cancer previously treated with prostatectomy, NCCN states that PET can be used without prerequisite conventional imaging for suspected biochemical recurrence. This recommendation is due to "increased sensitivity and specificity of PSMA-PET tracers for detecting micrometastatic disease compared to conventional imaging". Conventional imaging is also noted as useful for workup of recurrence or progression. For individuals

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

treated with radiation therapy, NCCN states that suspected recurrence can also be imaged using these modalities. In the setting of distant metastatic disease, CT imaging along with bone scan is the mainstay of imaging with PET/CT reserved for inconclusive conventional imaging or oligo-/low volume disease that needs confirmation. NCCN states "CT provides a high level of anatomic detail, and may detect gross extracapsular disease, nodal metastatic disease, and/or visceral metastatic disease". PSMA imaging at baseline is indicated for individuals being considered for 177Lu-PSMA-617 (Pluvicto®) treatment. (NCCN, 2024)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Prostate Cancer – Follow-up On Active Surveillance (ONC-19.4)

ON.PR.0019.4.A
v3.0.2025

Active surveillance is being increasingly utilized in prostate cancer, and this therapeutic option involves regimented monitoring of an individual with known diagnosis of low risk prostate cancer for disease progression, without specific anticancer treatment. While being treated with active surveillance, an individual is generally considered a potential candidate for curative intent treatment approaches in the event that disease progression occurs.

It is important to distinguish active surveillance from watchful waiting (or observation), which is generally employed in individuals with limited life expectancy. Watchful waiting involves cessation of routine monitoring and treatment is initiated only if symptoms develop.

Current active surveillance guidelines suggest the following protocol:

- PSA every 6 months
- Digital Rectal Exam (DRE) every 12 months
- Repeat prostate biopsy every 12 months
- Repeat mpMRI (CPT® 72195 or CPT® 72197) no more often than every 12 months

Indication	Imaging Study
Routine monitoring on active surveillance protocol	• MRI Pelvis without (CPT® 72195) or without and with contrast (CPT® 72197) at initiation of active surveillance, and every 12 months thereafter
Planning for re-biopsy to be done by MRI/US fusion technique	• 3D Rendering (CPT® 76376 or CPT® 76377)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Indication	Imaging Study
For ANY of the following: • Progression is suspected based on DRE changes or rising PSA and a recent TRUS biopsy was negative • Repeat TRUS biopsy shows progression to a higher Gleason score	• MRI Pelvis without (CPT® 72195) or MRI Pelvis without and with contrast (CPT® 72197)
Individuals on active surveillance who are noted to have progression and have plans to initiate treatment	• Imaging studies for initial staging as per **ONC-19.2**

Evidence Discussion

For certain individuals who fall into a low risk category, close monitoring in the absence of treatment can be pursued with the intent to offer curative therapy in the event progression occurs. Current guidelines include PSA every 6 months, DRE every 12 months, repeat prostate biopsy every 12 months and repeat mpMRI no more often than every 12 months. NCCN states that a metastatic staging evaluation is not indicated for those on active surveillance. With progression and the decision to pursue treatment, imaging is performed according to the same principles as stated in initial staging.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Surveillance/Follow-up For Treated Prostate Cancer (ONC-19.5)

ON.PR.0019.5.A
v3.0.2025

Indication	Imaging Study
ANY of the following: • Asymptomatic or stable chronic symptoms • Stable DRE findings • Stable PSA levels	• Advanced imaging is not routinely indicated for surveillance

Evidence Discussion

For individuals who are asymptomatic or have chronic stable findings to include DRE and PSA, advanced imaging is not routinely indicated. This form of monitoring is also referred to as observation. NCCN states that the advantages of observation avoidance of "possible side effects of unnecessary confirmatory testing and definitive therapy" (Schaeffer, 2024).

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

References (ONC-19)

v3.0.2025

1. Schaeffer E, Srinivas S, Adra N, et al. National Comprehensive Cancer Network (NCCN) Guidelines Version 4.2024 – May 17, 2024. Prostate cancer, available at: https://www.nccn.org/professionals/physician_gls/pdf/prostate.pdf. Referenced with permission from the NCCN Clinical Practice Guidelines in Oncology (NCCN Guidelines™) for Prostate cancer V4.2024 – May 17, 2024. ©2024 National Comprehensive Cancer Network, Inc. All rights reserved. The NCCN Guidelines™ and illustrations herein may not be reproduced in any form for any purpose without the express written permission of the NCCN. To view the most recent and complete version of the NCCN Guidelines™, go online to NCCN.org.
2. Moses KA, Sprenkle PC, Bahler C, et al. National Comprehensive Cancer Network (NCCN) Guidelines V2.2024 – March 6, 2024. Prostate Cancer Early Detection available at: https://www.nccn.org/professionals/physician_gls/pdf/prostate detection.pdf. Referenced with permission from the NCCN Clinical Practice Guidelines in Oncology (NCCN Guidelines™) for Prostate Cancer Early Detection V2.2024 – March 6, 2024 ©2024 National Comprehensive Cancer Network, Inc. All rights reserved. The NCCN Guidelines™ and illustrations herein may not be reproduced in any form for any purpose without the express written permission of the NCCN. To view the most recent and complete version of the NCCN Guidelines™, go online to NCCN.org.
3. Jadvar H, Calais J, Fanti S, et. al. Appropriate use criteria for prostate-specific membrane antigen PET imaging, Society for Nuclear Medicine and Molecular Imaging. https://www.snmmi.org/ClinicalPractice/content.aspx?ItemNumber=38657.
4. Hofman MS, Lawrentschuk N, Francis RJ, et. al. Prostate-specific membrane antigen PET-CT in patients with high-risk prostate cancer before curative-intent surgery or radiotherapy (proPSMA): a prospective, randomised, multicentre study. *Lancet*. 2020;395(10231):1208-1216. doi:10.1016/S0140-6736(20)30314-7.
5. Pienta KJ, Gorin MA, Rowe SP, et. al. A phase 2/3 prospective multicenter study of the diagnostic accuracy of prostate specific membrane antigen PET/CT with ^{18}F-DCFPyL in prostate cancer patients (OSPREY). *J Urol*. 2021;206(1):52-61. doi:10.1097/JU.0000000000001698.
6. Artibani W, Porcaro AB, De Marco V, et. al. Management of biochemical recurrence after primary curative treatment for prostate cancer: A review. *Urol Int*. 2018;100:251–262. doi:10.1159/000481438.
7. Zumsteg ZS, Spratt DE, Romesser PB, et. al. The natural history and predictors of outcome following biochemical relapse in the dose escalation era for prostate cancer patients undergoing definitive external beam radiotherapy. *Eur Urol*. 2015;67(6):1009-1016. doi:10.1016/j.eururo.2014.09.028.
8. Trabulsi EJ, Rumble RB, Jadvar H, et al. Optimum imaging strategies for advanced prostate cancer: ASCO guideline. *J Clin Oncol*. 2020 Jan 15. doi:10.1200/JCO/19.02757 (Epub ahead of print).
9. Andriole G, Siegel B, LOCATE Study Group. PD60-12 Sites of prostate cancer recurrence delineated with 18F-Flucicloved positron emission tomography in patients with negative or equivocal conventional imaging. *Journal of Urology*. 2019;201(4):e1100-e1101. doi:10.1097/01.JU.0000557289.21741.20.
10. ACR Appropriateness Criteria. Prostate cancer – pretreatment detection, surveillance, and staging. Rev. 2016.
11. Schoots IG, Nieboer D, Giganti F, Moore CM, Bangma CH, Roobol MJ. Is magnetic resonance imaging-targeted biopsy a useful addition to systematic confirmatory biopsy in men on active surveillance for low risk prostate cancer? A systematic review and meta-analysis. *BJU Int*. 2018;122(6):946-958. doi:10.1111/bju.14358.
12. Mullins J, Bodenkamp D, Landis P, et al. Multiparametric magnetic resonance imaging findings in men with low-risk prostate cancer followed by active surveillance. *BJU Int.* 2013;111(7):1037-1045. doi:10.1111/j.1464-410X.2012.11641.x.
13. Sanda MG, Chen RC, Crispino T, et al. *AUA/ASTRO/SUO guidelines for clinically localized prostate cancer.* Linthicum, MD: American Urological Association; 2017.
14. Lu-Yao GL, Albertsen PC, Moore DF, et al. Outcomes of localized prostate cancer following conservative management. *JAMA*. 2009;302(11):1202-1209. doi:10.1001/jama.2009.1348.
15. Chen RC, Rumble RB, Loblaw DA, et al. Active surveillance for the management of localized prostate cancer (Cancer Care Ontario guideline): American Society of Clinical Oncology clinical practice guideline endorsement. *J Clin Oncol*. 2016;34(18):2182-2190. doi:10.1200/JCO.2015.65.7759.
16. Liu D, Lehmann HP, Frick KD, Carter HB. Active surveillance versus surgery for low risk prostate cancer: a clinical decision analysis. *J Urol*. 2012;187(4):1241-1246. doi:10.1016/j.juro/2011.12.015.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

17. Klotz L, Zhang L, Lam A, Nam R, Mamedov A, Loblaw A. Clinical results of long-term follow-up of a large, active surveillance cohort with localized prostate cancer. *J Clin Oncol*. 2010;28(1):126-131. doi:10.1200/JCO.2009.24.2180.
18. Blomqvist L, Carlsson S, Gjertsson P, et al. Limited evidence for the use of imaging to detect prostate cancer: a systematic review. *Eur J Radiol*. 2014;83(9):1601–1606. doi:10.1016.j.ejrad.2014.06.028.
19. Schoots IG, Petrides N, Giganti F, et al. Magnetic resonance imaging in active surveillance of prostate cancer: a systematic review. *Eur Urol*. 2015;67(4):627-636. doi:10.1016/j.eururo.2014.10.050.
20. Quentin M, Blondin D, Arsov C, et al. Prospective evaluation of magnetic resonance imaging guided in-bore prostate biopsy versus systematic transrectal ultrasound guided prostate biopsy in biopsy naïve men with elevated prostate specific antigen. *J Urol*. 2014;192(5):1374-1379. doi:10.1016/j.juro.2014.05.090.
21. Klotz L, Vesprini D, Sethukavalan P, et al. Long-term follow-up of a large active surveillance cohort of patients with prostate cancer. *J Clin Oncol*. 2015;33(3):272-277. doi:10.1200/JCO.2014.55.1192.
22. Cooperberg MR. Long-term active surveillance for prostate cancer: answers and questions. *J Clin Oncol*. 2015;33(3):238-240. doi:10.1200/JCO.2014.59.2329.
23. Risko R, Merdan S, Womble PR, et al. Clinical predictors and recommendations for staging CT scan among men with prostate cancer. *Urology*. 2014;84(6):1329-1334. doi:10.1016.j.urology.2014.07.051.
24. Heck MM, Souvatzoglou M, Retz M, et al. Prospective comparison of computed tomography, diffusion-weighted magnetic resonance imaging and [11C]choline positron emission tomography/computed tomography for preoperative lymph node staging in prostate cancer patients. *Eur J Nucl Med Mol Imaging*. 2014;41(4):694-701. doi:10.1007/s00259-013-2634-1.
25. Armstrong JM, Martin CR, Dechet C, et al. ^{18}F-fluciclovine PET CT detection of biochemical recurrent prostate cancer at specific PSA thresholds after definitive treatment. *J Urol Onc*. 2020;38(7):636.e1-636.e6. doi:10.1016/j.urolonc.2020.03.021.
26. Baruch B, Lovrec P, Solanki A, et al. Fluorine 18 labeled fluciclovine PET/CT in clinical practice: factors affecting the rate of detection of recurrent prostate cancer. *AJR*. 2019;213(4):851-858. doi:10.2214/AJ.19.21153.
27. Marcus C, Butler P, Bagrodia A, et al. Fluorine-18-labeled fluciclovine PET/CT in primary and biochemical recurrent prostate cancer management. *AJR*. 2020:1-10. doi:10.2214/AJR.19.22404.
28. Trabulsi EJ, Rumble BR, Jadvar H, et. al. Optimum imaging strategies for advanced prostate cancer: ASCO guideline. J Clin Oncol. 2020;38:1963-1996. doi:10.1200/JCO.19.02757.
29. Lowrance WT, Breau RH, Chou R, et. al. Advanced Prostate Cancer: AUA/ASTRO/SUO Guideline PART I. *J Urol*. 2021;205:14.
30. Epstein JI, Egevad L, Amin MB, Delahunt B, Srigley JR, Humphrey PA. The 2014 International Society of Urological Pathology (ISUP) consensus conference on gleason grading of prostatic carcinoma: definition of grading patterns and proposal for a new grading system. *Am J Surg Pathol.* 2016;40(2):244-52. doi:10.1097/PAS.0000000000000530.
31. FDA Oncology Center of Excellence. FDA approves Pluvicto for metastatic castration-resistant prostate cancer. 2022. https://www.fda.gov/drugs/resources-information-approved-drugs/fda-approves-pluvicto-metastatic-castration-resistant-prostate-cancer.
32. Sartor O, de Bono J, Chi KN, et. al. Lutetium-177-PSMA-617 for metastatic castration-resistant prostate cancer. *N Engl J Med*. 2021;385:1091-1103. doi:10.1056/NEJMoa2107322.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Testicular, Ovarian and Extragonadal Germ Cell Tumors (ONC-20)

Guideline

Testicular, Ovarian and Extragonadal Germ Cell Tumors – General Considerations (ONC-20.0)
Testicular, Ovarian and Extragonadal Germ Cell Tumors – Initial Work-Up/Staging (ONC-20.1)
Testicular, Ovarian and Extragonadal Germ Cell Tumors – Restaging/Recurrence (ONC-20.2)
Testicular, Ovarian and Extragonadal Germ Cell Tumors – Surveillance (ONC-20.3)
References (ONC-20)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Testicular, Ovarian and Extragonadal Germ Cell Tumors – General Considerations (ONC-20.0)

ON.TO.0020.0.A

v3.0.2025

- This section applies to primary germ cell tumors occurring outside the central nervous system if individual's age >15 years at the time of initial diagnosis. Individuals age ≤15 years at diagnosis should be imaged according to pediatric guidelines in: **Pediatric Germ Cell Tumors (PEDONC-10)** in the Pediatric Oncology Imaging Guidelines.
- These guidelines are for germ cell tumors of the testicle, ovary and extragonadal sites as well as malignant sex cord stromal tumors (granulosa cell and Sertoli-Leydig cell tumors).
- Requests for imaging must state the histologic type of the cancer being evaluated.
- Classified as pure seminomas (dysgerminomas, 40%) or non-seminomatous germ cell tumors (NSGCT, 60%):
  - Pure seminomas are defined as pure seminoma histology with a normal serum concentration of alpha fetoprotein (AFP). Seminomas with elevated AFP are by definition mixed.
  - Required for TNM staging are the tumor marker levels indicated by "S" (TNMS)
  - Mixed tumors are treated as NSGCTs, as they tend to be more aggressive.
  - The NSGCT histologies include:
    - yolk-sac tumors
    - immature (malignant) teratomas
    - choriocarcinomas (<1%)
    - embryonal cell carcinomas (15% to 20%)
    - endodermal sinus tumors (ovarian)
    - combinations of all of the above (mixed)
- MRI in place of CT scans to reduce risk of secondary malignancy is not supported by the peer-reviewed literature. CT scans are indicated for surveillance and are the preferred modality of imaging to assess for recurrence.
- PET/CT is considered not medically necessary for evaluation of non-seminomatous germ cell tumors
- Active surveillance in testicular cancer refers to treatment with surgery (orchiectomy) alone without any additional post-operative treatment such as chemotherapy or radiotherapy.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Testicular, Ovarian and Extragonadal Germ Cell Tumors – Initial Work-Up/ Staging (ONC-20.1)

ON.TO.0020.1.A
v3.0.2025

Indication	Imaging Study
Suspicious testicular mass on ultrasound	EITHER of the following: • CT Abdomen and Pelvis with contrast (CPT® 74177) or • MRI Abdomen without and with contrast (CPT® 74183) and MRI Pelvis without and with contrast (CPT® 72197)
After orchiectomy or oophorectomy: • Orchiectomy/oophorectomy is both diagnostic and therapeutic, and imaging was not performed prior to surgery	EITHER of the following: • CT Abdomen and Pelvis with contrast (CPT® 74177) or • MRI Abdomen without and with contrast (CPT® 74183) and MRI Pelvis without and with contrast (CPT® 72197)
Prior to initiation of chemotherapy to confirm staging, if prior imaging was performed ≥4 weeks ago	Repeat abdominal imaging with ONE of the following: • CT Abdomen and Pelvis with contrast (CPT® 74177) or • MRI Abdomen without and with contrast (CPT® 74183) and MRI Pelvis without and with contrast (CPT® 72197)
For ANY of the following: • Non-seminoma histology • Ovarian germ cell tumor • Abdominal lymphadenopathy noted on CT scan • Abnormal chest x-ray or signs/ symptoms suggestive of chest involvement	• CT Chest with contrast (CPT® 71260)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Indication	Imaging Study
Extragonadal Germ Cell Tumor	• CT Chest with contrast (CPT® 71260) and CT Abdomen and Pelvis with contrast (CPT® 74177)
Pelvic mass suspicious for ovarian etiology	See: **Ovarian Cancer - Suspected/Diagnosis (ONC-21.2)**

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Testicular, Ovarian and Extragonadal Germ Cell Tumors – Restaging/ Recurrence (ONC-20.2)

ON.TO.0020.2.A
v3.0.2025

Indication	Imaging Study
Treatment response for individuals with metastatic disease, every 2 cycles	• CT Abdomen and Pelvis with contrast (CPT® 74177) OR • MRI Abdomen without and with contrast (CPT® 74183) and MRI Pelvis without and with contrast (CPT® 72197) AND • CT with contrast of previously involved body areas
Seminoma with residual mass >3 cm after completion of chemotherapy	• PET/CT (CPT® 78815)
Nonseminoma or pure seminoma with partial response or with residual mass and ALL of the following: • Abnormal AFP or beta-hCG levels • Need to evaluate for occult brain metastases	• MRI Brain without and with contrast (CPT® 70553)
Stage IIA pure seminoma or stage IIA nonseminoma with borderline retroperitoneal lymph nodes on preoperative imaging, 4-8 weeks after preoperative imaging	ONE of the following: • CT Abdomen and Pelvis with contrast (CPT® 74177) or • MRI Abdomen without and with contrast (CPT® 74183) and MRI Pelvis without and with contrast (CPT® 72197)
End of therapy evaluation for NSGCT post chemotherapy or post retroperitoneal lymph node dissection (RPLND)	• CT Abdomen and Pelvis with contrast (CPT® 74177)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Indication	Imaging Study
Recurrence suspected, including increased tumor markers	• CT Chest (CPT® 71260) and CT Abdomen and Pelvis (CPT® 74177) with contrast • Ultrasound (CPT® 76856 or CPT® 76857) of the remaining gonad if applicable
Unexplained pulmonary symptoms despite a negative chest x-ray, or new findings on chest x-ray	• CT Chest with contrast (CPT® 71260)
All others	• See: **Surveillance (ONC-20.3)**

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Testicular, Ovarian and Extragonadal Germ Cell Tumors – Surveillance (ONC-20.3)

ON.TO.0020.3.A
v3.0.2025

Indication	Imaging Study
Stage I seminoma treated with orchiectomy alone (no radiotherapy or chemotherapy, also called active surveillance)	ONE of the following, every 4 months in year 1, then every 6 months for years 2 and 3, and then annually until year 5: • CT Abdomen and Pelvis with contrast (CPT® 74177) • CT Abdomen with contrast (CPT® 74160) • MRI Abdomen without and with contrast (CPT® 74183) • MRI Abdomen without and with contrast (CPT® 74183) and MRI Pelvis without and with contrast (CPT® 72197)
Stage I seminoma treated with radiotherapy and/or chemotherapy	ONE of the following, annually for 3 years: • CT Abdomen and Pelvis with contrast (CPT® 74177) • CT Abdomen with contrast (CPT® 74160) • MRI Abdomen without and with contrast (CPT® 74183) • MRI Abdomen without and with contrast (CPT® 74183) and MRI Pelvis without and with contrast (CPT® 72197)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Indication	Imaging Study
Stage IIA and non-bulky stage IIB seminomas treated with radiotherapy or chemotherapy	ONE of the following, once at 3 months, then once at 9-12 months after completion of therapy, then annually for 2 additional years: • CT Abdomen and Pelvis with contrast (CPT® 74177) • CT Abdomen with contrast (CPT® 74160) • MRI Abdomen without and with contrast (CPT® 74183) • MRI Abdomen without and with contrast (CPT® 74183) and MRI Pelvis without and with contrast (CPT® 72197)
Stage II seminoma treated with primary RPLND and NOT treated with adjuvant chemotherapy	ONE of the following, every 4 months in year 1, every 6 months in year 2, and annually in year 3: • CT Abdomen and Pelvis with contrast (CPT® 74177) • CT Abdomen with contrast (CPT® 74160) • MRI Abdomen without and with contrast (CPT® 74183) • MRI Abdomen without and with contrast (CPT® 74183) and MRI Pelvis without and with contrast (CPT® 72197)
Stage II seminoma treated with primary RPLND AND adjuvant chemotherapy	ONE of the following, at 6 months, 12 months, and 24 months: • CT Abdomen and Pelvis with contrast (CPT® 74177) • CT Abdomen with contrast (CPT® 74160) • MRI Abdomen without and with contrast (CPT® 74183) • MRI Abdomen without and with contrast (CPT® 74183) and MRI Pelvis without and with contrast (CPT® 72197)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Indication	Imaging Study
Bulky stage IIB, IIC, and III seminomas treated with chemotherapy	For individuals with ≤3 cm residual mass, ONE of the following every 4 months for 1 year, every 6 months for 1 year, and then annually for 2 additional years: • CT Abdomen and Pelvis with contrast (CPT® 74177) • CT Abdomen with contrast (CPT® 74160) • MRI Abdomen without and with contrast (CPT® 74183) • MRI Abdomen without and with contrast (CPT® 74183) and MRI Pelvis without and with contrast (CPT® 72197) For individuals with >3 cm residual mass and negative PET scan, ONE of the following at 6 and 12 months after completion of therapy, then annually until year 5: • CT Abdomen and Pelvis with contrast (CPT® 74177) • CT Abdomen with contrast (CPT® 74160) • MRI Abdomen without and with contrast (CPT® 74183) • MRI Abdomen without and with contrast (CPT® 74183) and MRI Pelvis without and with contrast (CPT® 72197) For individuals with thoracic disease: • CT Chest with contrast (CPT® 71260) every 2 months for 1 year, then every 3 months for 1 year, then annually until year 5 after completion of therapy

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Indication	Imaging Study
Stage IA non-seminomatous germ cell tumors treated with orchiectomy alone (without risk factors)	ONE of the following, every 4 months for one year, every 6 months in the second year, and then annually for years 3, 4, and 5: • CT Abdomen and Pelvis with contrast (CPT® 74177) • CT Abdomen with contrast (CPT® 74160) • MRI Abdomen without and with contrast (CPT® 74183) • MRI Abdomen without and with contrast (CPT® 74183) and MRI Pelvis without and with contrast (CPT® 72197)
Stage IB non-seminomatous germ cell tumors treated with orchiectomy alone (with risk factors – lymphovascular invasion or invasion into spermatic cord/scrotum)	ONE of the following, every 4 months for years 1 and 2, then every 6 months for year 3, and then once in year 4: • CT Abdomen and Pelvis with contrast (CPT® 74177) • CT Abdomen with contrast (CPT® 74160) • MRI Abdomen without and with contrast (CPT® 74183) • MRI Abdomen without and with contrast (CPT® 74183) and MRI Pelvis without and with contrast (CPT® 72197)
Stage IA/IB non-seminomatous germ cell tumors treated with chemotherapy and/or primary RPLND	ONE of the following, annually for 2 years: • CT Abdomen and Pelvis with contrast (CPT® 74177) • CT Abdomen with contrast (CPT® 74160) • MRI Abdomen without and with contrast (CPT® 74183) • MRI Abdomen without and with contrast (CPT® 74183) and MRI Pelvis without and with contrast (CPT® 72197)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Indication	Imaging Study
Stage II-III non-seminomatous germ cell tumors with complete response to chemotherapy +/- post-chemotherapy RPLND	ONE of the following, every 4 months in year 1, every 6 months in year 2, and then annually in year 3: • CT Abdomen and Pelvis with contrast (CPT® 74177) • CT Abdomen with contrast (CPT® 74160) • MRI Abdomen without and with contrast (CPT® 74183) • MRI Abdomen without and with contrast (CPT® 74183) and MRI Pelvis without and with contrast (CPT® 72197) For individuals with known thoracic disease or thoracic symptoms, every 4 months in year 1, every 6 months in year 2, then annually until year 4 after completion of therapy: • CT Chest with contrast (CPT® 71260)
Stage IIA, IIB, or IIC non-seminomatous germ cell tumors treated with post-primary RPLND AND adjuvant chemotherapy	ONE of the following, once at 3-4 months after completion of RPLND: • CT Abdomen and Pelvis with contrast (CPT® 74177) • CT Abdomen with contrast (CPT® 74160) • MRI Abdomen without and with contrast (CPT® 74183) • MRI Abdomen without and with contrast (CPT® 74183) and MRI Pelvis without and with contrast (CPT® 72197)
Stage IIA or IIB non-seminomatous germ cell tumors treated with post-primary RPLND WITHOUT adjuvant chemotherapy	ONE of the following, once at 4 months after completion of therapy and once in year 2: • CT Abdomen and Pelvis with contrast (CPT® 74177) • CT Abdomen with contrast (CPT® 74160) • MRI Abdomen without and with contrast (CPT® 74183) • MRI Abdomen without and with contrast (CPT® 74183) and MRI Pelvis without and with contrast (CPT® 72197)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Indication	Imaging Study
All stages of ovarian dysgerminoma germ cell tumors	• CT Abdomen and Pelvis with contrast (CPT® 74177) every 4 months for 1 year, every 6 months for 1 year and then annually for 3 years after completion of therapy
All ovarian non-dysgerminoma germ cell tumors • Embryonal tumor • Endodermal sinus tumor • Immature teratoma • Non-gestational choriocarcinoma	• CT Abdomen and Pelvis with contrast (CPT® 74177) every 4 months for 1 year, every 6 months for 1 year and then annually for 3 years after completion of therapy • CT Chest with contrast (CPT® 71260) every 4 months for 1 year and every 6 months for 1 year after completion of therapy
• Sex cord stromal tumors (male and female) • Mature teratoma	• No routine advanced imaging indicated
Extragonadal germ cell tumors	• CT of the involved region every 3 months for one year and every 6 months for one year.

Evidence Discussion - ONC-20

Initial Evaluation

- American Urological Association guideline recommends scrotal ultrasound with Doppler should be obtained in patients with a unilateral or bilateral scrotal mass suspicious for neoplasm and that magnetic resonance imaging (MRI) should not be used in the initial evaluation and diagnosis of a testicular lesion suspected of being a neoplasm.
- Ultrasound requires no ionizing radiation and is readily available. Overall ultrasound is relatively quick and non-invasive modality to evaluate a testicular lesion. There are relatively few disadvantages of ultrasound for testicular lesions and primarily relate to sonographer experience.
- As advanced imaging modalities, computer tomography (CT) and magnetic resonance imaging (MRI) offer excellent 3-dimensional resolution. CT scan can require a significant dose of ionizing radiation, but the speed of image acquisition reduces the potential for motion artifact. MRI yields better soft contrast resolution than CT and does not expose individuals to ionizing radiation, but due to longer image time is motion artifact-prone and may require sedation.

Seminoma:

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

- NCCN recommends CT of the abdomen and pelvis with contrast or MRI of the abdomen and pelvis with and without contrast, and a chest x-ray. Chest CT with contrast is recommended if there is a positive finding on abdomen CT or abnormal chest x-ray.

Nonseminoma:

- NCCN recommends CT of the abdomen, pelvis and chest with contrast or MRI of the abdomen and pelvis with and without contrast in addition to a chest CT with contrast.

Surveillance

Pure seminoma:

- Chest radiography is sufficient when compared with CT for follow-up of stage 1 pure seminoma and is recommended by NCCN. While CT is more sensitive than radiography for detecting recurrent disease in the chest, this added sensitivity is offset by lower specificity and a higher false positive detection rate for abnormalities that are not metastatic.
- Scrotal US does not have a role in the restaging of men with testicular cancer that has been established by orchiectomy, unless there is concern for contralateral tumor or equivocal clinical exam.
- CT Abdomen and Pelvis is the reference standard imaging test used for assessing the retroperitoneum. It is rapid, reproducible, and provides excellent imaging of the para-aortic and paracaval regions but does expose patients to significant ionizing radiation.
- MRI of the abdomen and pelvis
  - MRI has comparable accuracy with CT for the detection of metastatic retroperitoneal lymph nodes and has the benefit of no ionizing radiation. The disadvantage of MRI is longer imaging time which can lead to motion artifact.
- CT of the abdomen and pelvis is the standard imaging test used for assessing the retroperitoneum for nodal metastasis but does expose the patient to high levels of ionizing radiation.
- NCCN guidelines recommend chest radiography for the surveillance of stage 1 nonseminomatous testicular cancer but chest CT with contrast is preferred in the presence of thoracic symptoms.
- MRI of the abdomen and pelvis shows comparable accuracy with CT in the detection of metastatic retroperitoneal lymph nodes and does not have high levels of ionizing radiation but is subject to motion artifact due to longer imaging time.
- Scrotal US does not have a role in the restaging of men with testicular cancer that has been established by orchiectomy, unless there is concern for contralateral tumor or equivocal clinical exam.

Nonseminoma:

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

- CT of the abdomen and pelvis is the standard imaging test used for assessing the retroperitoneum for nodal metastasis but does expose the patient to high levels of ionizing radiation.
- NCCN guidelines recommend chest radiography for the surveillance of stage 1 nonseminomatous testicular cancer but chest CT with contrast is preferred in the presence of thoracic symptoms.
- MRI of the abdomen and pelvis shows comparable accuracy with CT in the detection of metastatic retroperitoneal lymph nodes and does not have high levels of ionizing radiation but is subject to motion artifact due to longer imaging time.
- Scrotal US does not have a role in the restaging of men with testicular cancer that has been established by orchiectomy, unless there is concern for contralateral tumor or equivocal clinical exam.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (ONC-20)

v3.0.2025

1. Gilligan T, Lin DW, Adra N, et al. National Comprehensive Cancer Network (NCCN) Guidelines Version 2.2025 – March 25, 2025. Testicular cancer, available at: https://www.nccn.org/professionals/physician_gls/pdf/testicular.pdf Referenced with permission from the NCCN Clinical Practice Guidelines in Oncology (NCCN Guidelines™) for Testicular cancer V2.2025 – March 25, 2025. ©2025 National Comprehensive Cancer Network, Inc. All rights reserved. The NCCN Guidelines™ and illustrations herein may not be reproduced in any form for any purpose without the express written permission of the NCCN. To view the most recent and complete version of the NCCN Guidelines™, go online to NCCN.org.
2. Armstrong DK, Alvarez RD, Backes FJ, et. al. National Comprehensive Cancer Network (NCCN) Guidelines Version 1.2025 – March 5, 2025. Ovarian cancer, including fallopian tube cancer and primary peritoneal cancer, available at: https://www.nccn.org/professionals/physician_gls/pdf/ovarian.pdf Referenced with permission from the NCCN Clinical Practice Guidelines in Oncology (NCCN Guidelines™) for Ovarian cancer V1.2025 – March 5, 2025. ©2025 National Comprehensive Cancer Network, Inc. All rights reserved. The NCCN Guidelines ™ and illustrations herein may not be reproduced in any form for any purpose without the express written permission of the NCCN. To view the most recent and complete version of the NCCN Guidelines™, go online to NCCN.org.
3. Salani R, Backes FJ, Fung MF, et al. Post treatment surveillance and diagnosis of recurrence in women with gynecologic malignancies: Society of Gynecologic Oncologists recommendations. *Am J Obstet Gynecol*. 2011;204(6):466-478. doi:10.1016/j.ajog.2011.03.008.
4. Gershenson DM. Management of ovarian germ cell tumors. *J Clin Oncol*. 2007;25(20):2938-2943. doi:10.1200/JCO.2007.10.8738.
5. Colombo N, Parma G, Zanagnolo V, Insinga A. Management of ovarian stromal cell tumors. *J Clin Oncol*. 2007;25(20):2944-2951. doi:10.1200/JCO.2007.11.1005.
6. Cadron I, Leunen K, Van Gorp T, Amant F, Neven P, Vergote I. Management of Borderline Ovarian Neoplasms. *J Clin Oncol*. 2007;25(20):2928-2937. doi:10.1200/JCO/2007.10.8076.
7. del Carmen MG, Birrer M, Schorge JO. Carcinosarcoma of the ovary: a review of the literature. *Gynecol Oncol*. 2012;125(1):271-277. Doi:10.1016/j.ygyno.2011.12.418.
8. Kollmannsberger C, Tandstad T, Bedard PL, et al. Patterns of relapse in patients with clinical stage I testicular cancer managed with active surveillance. *J Clin Oncol*. 2015;33(1):51-57. doi:10.1200/JCO.2014.56.2116.
9. Oechsle K, Hartmann M, Brenner W, et al. [18F]Fluorodeoxyglucose positron emission tomography in nonseminomatous germ cell tumors after chemotherapy: the German multicenter positron emission tomography study group. *J Clin Oncol*. 2008;26(36):5930-5935. doi:10.1200/JCO.2008.17.1157.
10. Daugard G, Gundgaard MG, Mortensen MS, et al. Surveillance for stage I non seminoma testicular cancer: outcomes and long term follow-up in a population based cohort. *J. Clin Oncol*. 2014;32(34):3817-3823. doi:10.1200/JCO.2013.53.5831.
11. Zuniga A, Kakiashvilli D, Jewett MA. Surveillance in stage I nonseminomatous germ cell tumours of the testis. *BJU Int*. 2009;104:1351-1356. doi:10.1111/j.1464-410X.2009.08858.x.
12. Stephenson A, Bass EB, Bixler BR, et al. Diagnosis and treatment of early-stage testicular cancer: AUA Guideline amendment 2023. *J Urol*. 2023;10.1097/JU.0000000000003694. doi:10.1097/JU.0000000000003694.
13. Harvey ML, Geldart TR, Duell R, Mead GM, Tung K. Routine computerised tomographic scans of the thorax in surveillance of stage I testicular non-seminomatous germ-cell cancer--a necessary risk? *Ann Oncol*. 2002;13:237-42.
14. Horan G, Rafique A, Robson J, Dixon AK, Williams MV. CT of the chest can hinder the management of seminoma of the testis; it detects irrelevant abnormalities. *Br J Cancer*. 2007;96:882-5.
15. Meyer CA, Conces DJ. Imaging of intrathoracic metastases of nonseminomatous germ cell tumors. *Chest Surg Clin N Am*. 2002;12:717-38.
16. Horan G, Rafique A, Robson J, Dixon AK, Williams MV. CT of the chest can hinder the management of seminoma of the testis; it detects irrelevant abnormalities. *Br J Cancer*. 2007;96:882-5.
17. Laukka M, Mannisto S, Beule A, Kouri M, Blomqvist C. Comparison between CT and MRI in detection of metastasis of the retroperitoneum in testicular germ cell tumors: a prospective trial. *Acta Oncol*. 2020;59:660-65.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Ovarian Cancer (ONC-21)

Guideline

Ovarian Cancer – General Considerations (ONC-21.0)
Screening for Ovarian Cancer (ONC-21.1)
Ovarian Cancer – Suspected/Diagnosis (ONC-21.2)
Ovarian Cancer – Initial Work-Up/Staging (ONC-21.3)
Ovarian Cancer – Restaging/Recurrence (ONC-21.4)
Ovarian Cancer – Surveillance (ONC-21.5)
References (ONC-21)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Ovarian Cancer – General Considerations (ONC-21.0)

ON.OC.0021.0.A

v3.0.2025

- Ovarian cancers include: epithelial ovarian cancers, ovarian cancers of low malignant potential and mixed Müllerian tumors, primary peritoneal and fallopian tube cancers.
  - There are five main types of epithelial ovarian cancers:
    - High-grade serous carcinoma (HGSC) (70%)
    - Endometrioid carcinoma (EC) (10%)
    - Clear cell carcinoma (CCC) (10%)
    - Mucinous carcinoma (MC) (3%)
    - Low-grade serous carcinoma (LGSC) (<5%)
- Borderline tumors (formerly referred to as tumors of low malignant potential) usually have some feature of carcinoma when they recur.
- Fallopian tube and primary peritoneal are usually serous carcinoma.
- Germ cell tumors and sex cord stromal tumors (granulosa cell tumors), are imaged according to **Testicular, Ovarian and Extragonadal Germ Cell Cancer (ONC-20)**.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Screening for Ovarian Cancer (ONC-21.1)

ON.OC.0021.1.A
v3.0.2025

Indication	Imaging/Lab Study
High-Risk Factors: • Family history of BRCA 1 or BRCA 2 mutations • Family history of ovarian cancer • Hereditary ovarian cancer syndrome that includes ovarian, breast, and/or endometrial and gastrointestinal cancers [Lynch II syndrome] in multiple members of two to four generations • Low parity • Decreased fertility • Delayed childbearing	• The use of advanced imaging for ovarian cancer screening is considered not medically necessary. • Genetic counseling is recommended for women with an increased-risk family history
Known BRCA-1 or BRCA-2 mutation	• Transvaginal ultrasound (CPT® 76830), combined with CA-125 for ovarian cancer screening may be considered annually starting at age 30, until risk-reducing salpingo-oophorectomy is performed

Evidence Discussion

According to ACR Appropriateness Criteria for ovarian cancer screening, any imaging in an average risk member is "usually not appropriate."

There is much debate about the role of imaging in screening for ovarian cancer. This cancer has a low prevalence but is the leading cause of mortality in women in the United States. Average lifetime risk is 1.3%. There are factors that increase the risk such as family history, BRCA 1 or BRCA 2 mutations, nulliparity, lack of hormonal contraceptive use, and lack of breastfeeding. Genetic predisposition is associated with the highest increase in risk.

In members who are considered high-risk (personal or family history, genetic predisposition or elevated CA-125) ultrasound and color doppler may be appropriate annual screening along with CA-125. Lu, et al. demonstrate a PPV 40% with specificity

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

of 99.9% using ROCA (2013). Studies showed that the risk for developing ovarian cancer increases with age beginning around age 30 years.[12]

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Ovarian Cancer – Suspected/Diagnosis (ONC-21.2)

ON.OC.0021.2.A
v3.0.2025

- See: **Complex Adnexal Masses (PV-5.3)** for imaging guidelines for evaluation of suspected ovarian malignancies.
- To differentiate the origin of pelvic masses that are not clearly of ovarian origin, see: **Suspected Adnexal Mass (PV-5.1)**.

Indication	Imaging/Lab Study
• Pelvic signs or symptoms • Palpable pelvic mass	• Transvaginal (TV) ultrasound imaging (CPT® 76830) and/or Pelvic ultrasound (CPT® 76856 or CPT® 76857)
Ultrasound shows a complex and/or solid adnexal mass	• See: **Complex Adnexal Masses (PV-5.3)**
Ultrasound shows complex and/or solid adnexal mass suspicious for ovarian malignancy AND any of the following signs/symptoms concerning for metastatic disease: • Ascites • Abdominal symptoms (distension, tenderness) • Elevated CA-125 • Elevated LFTs • Obstructive uropathy**	• CT Abdomen and Pelvis with contrast (CPT® 74177) ◦ MRI Abdomen and MRI Pelvis without and with contrast (CPT® 74183 and CPT® 72197) are medically necessary in lieu of CT for individuals with renal insufficiency or contrast allergy. • **CT Abdomen and Pelvis without and with contrast (CT Urogram – CPT® 74178) may be approved only for symptoms of obstructive uropathy

Evidence Discussion

Since staging of ovarian cancer is primarily surgical, routine imaging is not indicated pre-operatively. If there is a question about the pelvic mass evaluation by ultrasound, transvaginal or pelvic ultrasound using O-RADS or IOTA is indicated to clarify risk before surgery. For individuals who have renal insufficiency and therefore are unable to undergo contrasted CT imaging of the abdomen and pelvis, the accepted substitute imaging is MR with contrast.[1] This imaging will provide the necessary level of soft tissue detail that would not be achievable with a non-contrasted CT.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Ovarian Cancer – Initial Work-Up/Staging (ONC-21.3)

ON.OC.0021.3.A
v3.0.2025

Indication	Imaging Study
Initial staging of all newly diagnosed ovarian cancer, if imaging has not yet been performed	• CT Abdomen and Pelvis with contrast (CPT® 74177) ◦ MRI Abdomen and MRI Pelvis without and with contrast (CPT® 74183 and CPT® 72197) are medically necessary in lieu of CT for individuals with renal insufficiency or contrast allergy. • CT Chest with contrast (CPT® 71260) or CT Chest without contrast (CPT® 71250) for: ◦ Abnormal signs/symptoms of pulmonary disease ◦ Abnormal chest x-ray ◦ Concern for metastatic disease (i.e., elevated tumor markers, abdominal symptoms)
ANY of the following: • Primary peritoneal disease with biopsy-proven malignancy consistent with ovarian carcinoma • Elevated tumor markers with negative or inconclusive CT imaging	ONE of the following: • MRI Abdomen without and with contrast (CPT® 74183) and/or MRI Pelvis without and with contrast (CPT® 72197) OR • PET/CT (CPT® 78815)
If both CT and MRI are inconclusive	• PET/CT (CPT® 78815)
If CT, MRI, and PET/CT are inconclusive	• PET/MRI (CPT® 78813 and 76498)

Evidence Discussion

If advanced imaging was not already performed, it is necessary to image the abdomen and pelvis with CT. NCCN stated that advanced imaging may improve assessment

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

of metastases, staging, and preoperative planning.[1] For individuals who have renal insufficiency and therefore are unable to undergo contrasted CT imaging of the abdomen and pelvis, the preferred substitute imaging is MR with contrast. This imaging will provide the necessary level of soft tissue detail that would not be achievable with a non-contrasted CT. For those with primary peritoneal disease or inconclusive or conflicting CT imaging, NCCN stated "MRI has been shown to provide equivalent accuracy for staging and comparable accuracy for predicting peritoneal tumor volume, and can be useful if CT results are inconclusive".[1] Chest imaging via CT either with or without contrast is necessary for suspected pulmonary disease or if there is concern for metastatic disease. NCCN stated this imaging is helpful to detect pleural or pulmonary metastases, as well as pleural effusion, which may help with treatment planning.[1] PET is a helpful tool in evaluation of indeterminate lesions on other imaging as it is shown to have high accuracy for detection of metastases.[1]

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Ovarian Cancer – Restaging/Recurrence (ONC-21.4)

ON.OC.0021.4.A
v3.0.2025

Indication	Imaging Study
Completely resected or definitively treated with chemotherapy and normal(ized) tumor markers	• No advanced imaging needed
ANY of the following: • Unresected disease • Unknown preoperative markers • Difficult or abnormal examination • Elevated LFTs • Elevated tumor markers (CA-125, inhibin) • Signs or symptoms of recurrence	• CT Abdomen and Pelvis with contrast (CPT® 74177) ◦ MRI Abdomen and MRI Pelvis without and with contrast (CPT® 74183 and CPT® 72197) are medically necessary in lieu of CT for individuals with renal insufficiency or contrast allergy. • CT Chest with contrast (CPT® 71260) or CT Chest without contrast (CPT® 71250) for ANY of the following: ◦ Known prior thoracic disease ◦ New or worsening pulmonary symptoms ◦ New or worsening chest x-ray findings ◦ Rising tumor markers (CA-125, inhibin)
Monitoring response to treatment (every 2 cycles, or ~every 6 to 8 weeks)	• CT Abdomen and Pelvis with contrast (CPT® 74177) ◦ MRI Abdomen and MRI Pelvis without and with contrast (CPT® 74183 and CPT® 72197) are medically necessary in lieu of CT for individuals with renal insufficiency or contrast allergy. • CT Chest with contrast (CPT® 71260) or CT Chest without contrast (CPT® 71250) for ANY of the following: ◦ Known prior thoracic disease ◦ New or worsening pulmonary symptoms ◦ New or worsening chest x-ray findings

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Indication	Imaging Study
• CT negative or inconclusive and CA-125 continues to rise or elevated LFTs • Conventional imaging failed to demonstrate tumor or if persistent radiographic mass with rising tumor markers	ONE of the following: • MRI Abdomen and MRI Pelvis without and with contrast (CPT® 74183 and CPT® 72197) OR • PET/CT (CPT® 78815)
If both CT and MRI are inconclusive	• PET/CT (CPT® 78815)
If CT, MRI, and PET/CT are inconclusive	• PET/MRI (CPT® 78813 and 76498)

Evidence Discussion

If disease was completely resected and normal CA-125 or other markers normal, then no imaging is needed. If there any question or signs or symptoms of recurrence then the appropriate imaging is similar to that of initial staging. To monitor response to treatment, CT is appropriate every two cycles.

NCCN stated that advanced imaging may improve assessment of metastases and assist in staging.[1] For individuals who have renal insufficiency and therefore are unable to undergo contrasted CT imaging of the abdomen and pelvis, the preferred substitute imaging is MR with contrast. This imaging will provide the necessary level of soft tissue detail that would not be achievable with a non-contrasted CT. NCCN stated "MRI has been shown to provide equivalent accuracy for staging and comparable accuracy for predicting peritoneal tumor volume, and can be useful if CT results are inconclusive".[1] Thus, MRI is a tool presented for use in the event that CT results are inconclusive or conflict with the clinical picture. Chest imaging via CT either with or without contrast is necessary for suspected pulmonary disease or if there is concern for metastatic disease. NCCN stated this imaging is helpful to detect pleural or pulmonary metastases, as well as pleural effusion, which may help with treatment planning.[1] PET/CT is a helpful tool in evaluation of indeterminate lesions on other imaging as it is shown to have high accuracy for detection of metastases.[1]

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Ovarian Cancer – Surveillance (ONC-21.5)

ON.OC.0021.5.A
v3.0.2025

Indication	Imaging Study
Stages I-III	• Advanced imaging is not routinely indicated for surveillance
Measurable metastatic disease on maintenance therapy or being monitored off therapy	Every 3 months for up to 5 years after completion of active treatment: • CT Abdomen and Pelvis with contrast (CPT® 74177) ◦ MRI Abdomen and MRI Pelvis without and with contrast (CPT® 74183 and CPT® 72197) are medically necessary in lieu of CT for individuals with renal insufficiency. • CT with contrast of previously involved body areas • CT Chest with contrast (CPT® 71260) or CT Chest without contrast (CPT® 71250) for known history of chest involvement

Evidence Discussion

Stages I to III there is no need for advanced imaging if there are no signs or symptoms. If on maintenance or if there is measurable disease present, CT of the areas involved every three months for up to 5 years. For individuals who have renal insufficiency and therefore are unable to undergo contrasted CT imaging of the abdomen and pelvis, the preferred substitute imaging is MR with contrast. This imaging will provide the necessary level of soft tissue detail that would not be achievable with a non-contrasted CT.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (ONC-21)

v3.0.2025

1. Armstrong DK, Alvarex RD, Backes FJ, et al. National Comprehensive Cancer Network (NCCN) Guidelines Version 1.2025 – March 5, 2025. Ovarian Cancer Including Fallopian Tube Cancer and Primary Peritoneal Cancer available at: https://www.nccn.org/professionals/physician_gls/pdf/ovarian.pdf Referenced with permission from the NCCN Clinical Practice Guidelines in Oncology (NCCN Guidelines™) for Ovarian Cancer Including Fallopian Tube Cancer and Primary Peritoneal Cancer V1.2025 – March 5, 2025. ©2025 National Comprehensive Cancer Network, Inc. All rights reserved. The NCCN Guidelines™ and illustrations herein may not be reproduced in any form for any purpose without the express written permission of the NCCN. To view the most recent and complete version of the NCCN Guidelines™, go online to NCCN.org.
2. Daly MB, Pal T, AlHilli Z, et al. National Comprehensive Cancer Network (NCCN) Guidelines Version V3.2025 – March 6, 2025. Genetic/Familial High-Risk Assessment: Breast, Ovarian, and Pancreatic available at: https://www.nccn.org/professionals/physician_gls/pdf/genetics_bop.pdf Referenced with permission from the NCCN Clinical Practice Guidelines in Oncology (NCCN Guidelines™) for Ovarian cancer V3.2025 – March 6, 2025. ©2025 National Comprehensive Cancer Network, Inc. All rights reserved. The NCCN Guidelines™ and illustrations herein may not be reproduced in any form for any purpose without the express written permission of the NCCN. To view the most recent and complete version of the NCCN Guidelines™, go online to NCCN.org.
3. Moyer VA, U.S. Preventive Services Task Force. Screening for ovarian cancer: U.S. Preventive Services Task Force reaffirmation recommendation statement. *Ann Intern Med*. 2012;157(12):900-904. doi:10.7326/0003-4819-157-11-201212040-00539.
4. Cadron I, Leunen K, Van Gorp T, Amant F, Neven P, Vergote I. Management of borderline ovarian neoplasms. *J Clin Onco*l. 2007;25(20):2928-2937. doi:10.1200/JCO.2007.10.8076.
5. ACR Appropriateness Criteria. *Ovarian cancer screening*. Rev. 2017.
6. Rosenthal AN, Fraser LSM, Phipott S. Evidence of stage shift in women diagnosed with ovarian cancer during phase II of the United Kingdom familial ovarian cancer screening study. *J Clin Oncol*. 2017;35(13):13:1411-1420. doi:10.1200/JCO.2016.69.9330.
7. Shinagare AB, O'Neill AC, Cheng S, et al. Advanced high-grade serous ovarian cancer: frequency and timing of thoracic metastases and the implications for chest imaging follow-up. *Radiology*. 2015;277(3):733-740. doi:10.1148/radiol.2015142467.
8. Musto A, Grassetto G, Marzola MC, et al. Management of epithelial ovarian cancer from diagnosis to restaging: an overview of the role of imaging techniques with particular regard to the contribution of 18F-FDG PET/CT. *Nucl Med Commun*. 2014;35(6):588-597. doi:10.1097/MNM.0000000000000091.
9. Fischerova D, Burgetova A. Imaging techniques for the evaluation of ovarian cancer. *Best Pract Res Clin Obstet Gynaecol*. 2014;28(5):697-720. doi:10.1016/j.bpobgyn.2014.04.006.
10. Andriotti, RT, Timmerman, D, Strachowski, LM, et al, O-RADS US risk stratification and management system a concensus guideline from ACR ovarian-adnexal reporting and data system committee. *Radiology*. 2020; 294(1):168-185.
11. Lu KH, Skales S, Hernandez MA, et al. A 2 Stage ovarian cancer screening strategy using the Risk of Ovarian Cancer Algorithm (ROCA) identifies early-stage incident cancers and demonstrates high positive predictive values. *Cancer*. 2013;119(19) 3454-3461.
12. Kotsopoulos J, Gronwold J, Karlan B, et al. Age-specific ovarian cancer risks among women with a BRCA1 or BRCA2 mutation. *Gynecol Oncol*. 2018;150(1):85-91. doi:10.1016/j.ygyno.2018.05.011.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Uterine Cancer (ONC-22)

Guideline

Uterine Cancer – General Considerations (ONC-22.0)
Uterine Cancer – Suspected/Diagnosis (ONC-22.1)
Uterine Cancer – Initial Work-Up/Staging (ONC-22.2)
Uterine Cancer – Restaging/Recurrence (ONC-22.3)
Uterine Cancer – Surveillance (ONC-22.4)
Gestational Trophoblastic Neoplasia (GTN) (ONC-22.5)
References (ONC-22)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Uterine Cancer – General Considerations (ONC-22.0)

ON.UC.0022.0.A

v3.0.2025

- Gestational trophoblastic neoplasia (GTN) – see: **Molar Pregnancy and Gestational Trophoblastic Neoplasia (GTN) (PV-16.1)** in the Pelvic Imaging Guidelines.
- Most common cell type is adenocarcinoma. Uterine sarcomas are also imaged according to this guideline.
- Staging of uterine cancer is primarily surgical. Advanced imaging is not routinely indicated pre-operatively for laparoscopic/minimally invasive surgery unless initial staging criteria are met. Pelvic and para-aortic lymphadenectomy can still be performed.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Uterine Cancer – Suspected/Diagnosis (ONC-22.1)

ON.UC.0022.1.A

v3.0.2025

- See: **Abnormal Uterine Bleeding (PV-2.1)** in the Pelvic Imaging Guidelines for evaluation of suspected uterine malignancies.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Uterine Cancer – Initial Work-Up/Staging (ONC-22.2)

ON.UC.0022.2.A
v3.0.2025

Indication	Imaging Study
ANY of the following: • Extra-uterine disease suspected • To assess local extent of tumor prior to fertility-sparing surgery for well-differentiated Stage IA (grade 1) uterine cancer • Poor surgical candidate (due to medical comorbidities) considering medical therapy	• MRI Pelvis without and with contrast (CPT® 72197) • Transvaginal ultrasound (CPT® 76830) if MRI is contraindicated • Chest x-ray ◦ CT Chest with contrast (CPT® 71260) for: ▪ New or worsening pulmonary symptoms ▪ New or worsening chest x-ray findings In addition, for surgical staging: • Lymph system imaging (lymphoscintigraphy, CPT® 78195) ◦ SPECT/CT (CPT® 78830) if requested
ANY of the following: • Abdominal symptoms or abnormal examination findings • Elevated LFTs • Other imaging studies suggest liver involvement	ONE of the following: • CT Abdomen and Pelvis with contrast (CPT® 74177) • CT Abdomen with contrast (CPT® 74160)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Indication	Imaging Study
ANY of the following high-risk histologies: • Papillary serous • Clear cell • High-grade/poorly differentiated endometrioid carcinoma • Uterine sarcomas: ◦ Carcinosarcoma ◦ Soft tissue sarcoma of the uterus ◦ Leiomyosarcoma ◦ Rhabdomyosarcoma ◦ Undifferentiated sarcoma ◦ Endometrial stromal sarcoma	• CT Chest (CPT® 71260) and CT Abdomen and Pelvis (CPT® 74177) with contrast • Lymph system imaging (lymphoscintigraphy, CPT® 78195) ◦ SPECT/CT (CPT® 78830) if requested
Tumors detected incidentally or incompletely staged surgically ***and*** ANY of the following high-risk features: • Myoinvasion >50% • Cervical stromal involvement • Lymphovascular invasion • Tumor >2 cm	• CT Chest (CPT® 71260) and CT Abdomen and Pelvis (CPT® 74177) with contrast
Inconclusive findings on conventional imaging	• PET/CT scan (CPT® 78815)

Evidence Discussion

- The National Comprehensive Cancer Network guidelines (NCCN) for non-fertility sparing treatment recommend considering chest imaging with chest x-ray. If an abnormality is seen on chest x-ray, or if there are symptoms of chest involvement, then chest CT may be performed. Both NCCN and the American College of Radiology note that MRI of the pelvis is the preferred imaging modality when pretreatment assessment of local tumor extent is indicated due to suspected extra-uterine disease or prior to fertility sparing treatment.
- Transvaginal ultrasound can be done if MRI is contraindicated or unavailable.
- If distant metastatic disease is suspected based on abnormal physical examination findings, or for high-grade endometrioid carcinoma, serous, clear cell or

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

carcinosarcoma, cross-sectional imaging with CT Chest and CT Abdomen and Pelvis can be considered.

- For incidental findings of endometrial cancer after hysterectomy or incompletely surgically staged with uterine risk factors (myoinvasion of over 50%, cervical stromal involvement or tumor larger than 2 cm), consideration should be given to CT Chest/ Abdomen and Pelvis to evaluate for distant metastatic disease per NCCN guidelines.
- FDG-PET/CT in select patients if metastases is suspected and other cross-sectional imaging is inconclusive.
- Although endometrial cancer is surgically staged, preoperative imaging can help tailor surgery and medical treatment in cases as outlined by NCCN and ACR. MRI or transvaginal ultrasound is valuable to assess local tumor extent. CT and/or PET-CT is valuable to assess lymph node metastases and distant spread. Preoperative imaging may identify deep myometrial invasion, cervical stromal involvement and metastatic disease. Although these imaging methods may provide information about likely tumor stage, the reported accuracies for preoperative staging of endometrial cancer by conventional imaging have not yet been good enough to replace surgical staging.
- MRI Pelvis has long been established as a valuable imaging method in the preoperative staging of endometrial cancer because it allows the most accurate evaluation of the extent of the pelvis tumor. A meta-analysis showed that the efficacy of contrast-enhanced MRI is significantly better than that of non-contrast MRI and US, and tended toward better results than CT, in evaluating the depth of myometrial invasion in patients with EC.
- Transvaginal ultrasound may be used if MRI is contraindicated. A study found this imaging modality to have a 79.5% sensitivity and an 89.6% specificity for detecting deep myometrial invasion. However, MRI showed greater accuracy than ultrasound and ultrasound is limited in the setting of concomitant benign disease.
- CT Chest, Abdomen and Pelvis may be used for detection of lymph node metastases, if distant metastatic disease is suspected as per NCCN and ACR listed above.
- FDG-PET/CT may be indicated if distant metastatic disease is suspected and CT scans are inconclusive. A meta-analysis reported that the overall pooled sensitivity, specificity, and accuracy of using FDG-PET/CT for detection of lymph node metastasis in EC was 72.0%, 94.0%, and 88.0%, respectively.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Uterine Cancer – Restaging/Recurrence (ONC-22.3)

ON.UC.0022.3.A
v3.0.2025

Indication	Imaging Study
• Unresected disease • Medically inoperable disease • Incomplete surgical staging • Difficult or abnormal examination • Elevated LFTs or rising tumor markers • Signs or symptoms of recurrence	• CT Chest (CPT® 71260) **and** • CT Abdomen and Pelvis with contrast (CPT® 74177)
Monitoring response to chemotherapy (every 2 cycles, ~every 6-8 weeks) for: • Unresected primary disease • Metastatic disease	• CT Abdomen and Pelvis with contrast (CPT® 74177) • CT Chest with contrast (CPT® 71260) for: ◦ Known prior thoracic disease ◦ New or worsening pulmonary symptoms ◦ New or worsening chest x-ray findings
Any of the following: • After fertility sparing treatment • Inconclusive CT scan findings	• MRI Pelvis without and with contrast (CPT® 72197)
• Inconclusive findings on conventional imaging	• PET/CT (CPT® 78815)

Evidence Discussion

- Recurrence rates for low- or intermediate-risk patients with endometrial cancer are infrequent. A recent review of post-treatment surveillance and diagnosis of recurrence in women with gynecologic cancers sponsored by the Society of Gynecologic Oncology recommends that radiologic evaluation be used only to investigate suspicion of recurrent disease because of symptoms or physical exam and not for routine surveillance after treatment.
- CT Chest, Abdomen and Pelvis is useful for suspected recurrence of disease based on abnormal physical examination findings and/or new pelvis, abdominal or pulmonary symptoms. A study reported that 45 asymptomatic women had routine

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

CT scans, and recurrence was diagnosed by CT in only 2 (4.4%), whereas 37 symptomatic women had CT scans for suspicion of recurrence, and it was confirmed by CT in 17 (46%).

- MRI of the pelvis may be done after fertility sparing treatment for persistent endometrial carcinoma. In patients with persistent endometrial carcinoma after 6 months of failed hormonal therapy, pelvic MRI to exclude myoinvasion and nodal/ovarian metastasis is recommended before continuing fertility-sparing therapy.
- FDG-PET/CT may give further clinically applicable information in cases where conventional imaging is inconclusive. As per the prior meta-analysis, the overall pooled sensitivity, specificity, and accuracy of using FDG-PET/CT for detection of lymph node metastasis in EC was 72.0%, 94.0%, and 88.0%, respectively.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Uterine Cancer – Surveillance (ONC-22.4)

ON.UC.0022.4.A
v3.0.2025

Indication	Imaging Study
Stage I-III of uterine carcinoma	Advanced imaging is not routinely indicated for surveillance
Measurable metastatic disease on maintenance therapy or being monitored off therapy	Every 3 months for up to 5 years after completion of definitive treatment: • CT Abdomen and Pelvis with contrast (CPT® 74177) • CT with contrast of previously involved body areas
All stages of uterine sarcoma: • Soft tissue sarcoma of the uterus • Leiomyosarcoma • Adenosarcoma • Carcinosarcoma • Rhabdomyosarcoma • Undifferentiated sarcoma • Endometrial stromal sarcoma	CT Chest (CPT® 71260) and CT Abdomen and Pelvis with contrast (CPT® 74177) every 3 months for 2 years, every 6 months for 3 years, and then every 1-2 years until year 10

Evidence Discussion

- Advanced imaging is not routinely indicated for surveillance for non-metastatic, asymptomatic disease in endometrial cancer. A recent review of post-treatment surveillance and diagnosis of recurrence in women with gynecologic cancers sponsored by the Society of Gynecologic Oncology recommends that radiologic evaluation be used only to investigate suspicion of recurrent disease because of symptoms or physical exam and not for routine surveillance after treatment.
- Measurable metastatic disease can be followed with CT Abdomen and Pelvis and CT of previously involved body areas every 3 months for 5 years after treatment.
- All stages of uterine sarcoma, CT Chest, Abdomen and Pelvis every 3 months for 2 years, every 6 months for 3 years and then every 1-2 years until year 10.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Gestational Trophoblastic Neoplasia (GTN) (ONC-22.5)

ON.UC.0022.5.A

v3.0.2025

- The most common form of gestational trophoblastic disease (GTD) is hydatidiform mole (HM), a benign form, also known as molar pregnancy.
  - See: **Molar Pregnancy and GTN (PV-16.1)**
- Gestational trophoblastic neoplastic disorders including a malignant form of GTD, and can present as invasive mole, choriocarcinoma, placental site trophoblastic tumor (PSTT), or epithelioid trophoblastic tumor (ETT). GTN cells are malignant and can metastasize to other organs such as lungs, brain, bone and vagina. These tumors have a high likelihood of cure and treatment with methotrexate usually allows for fertility preservation.
- Surveillance is generally with serial monitoring of HCG levels, and advanced imaging is reserved for high-risk histologies where HCG levels may not be a reliable marker.

Indication	Imaging Study
Initial staging	• CT Chest with contrast (CPT® 71260) • CT Abdomen and Pelvis with contrast (CPT® 74177)
EITHER of the following: • Pulmonary metastases noted on CT scan • Signs/symptoms of CNS involvement	• MRI Brain without and with contrast (CPT® 70553)
EITHER of the following: • Monitoring response to systemic therapy (every 2 cycles, i.e., 6-8 weeks) • Suspected progression	• CT Chest with contrast (CPT® 71260) • CT Abdomen and Pelvis with contrast (CPT® 74177)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Indication	Imaging Study
Surveillance for any of the following high risk histologies: • Placental site trophoblastic tumor (PSTT) • Epithelioid trophoblastic tumor (ETT)	Annually for 2 years: • CT Chest with contrast (CPT® 71260) • CT Abdomen and Pelvis with contrast (CPT® 74177)

Evidence Discussion

- The most common form of GTD is hydatidiform mole (HM), also known as molar pregnancy. HMs are considered a benign, premalignant disease.
- Initial determination of suspected HM is often made based on ultrasound findings in combination with clinical symptoms and hCG levels.
- Gestational trophoblastic neoplastic disorders include a malignant form of GTD, and can present as invasive mole, choriocarcinoma, placental site trophoblastic tumor (PSTT), or epithelioid trophoblastic tumor (ETT). GTN cells are malignant and can metastasize to other organs such as lungs, brain, bone and vagina.
- Initial staging of GTN includes a CT of chest and CT of abdomen and pelvis.
- If pulmonary metastases are noted on CT chest or for signs or symptoms of central nervous system (CNS) involvement, MRI brain is indicated to evaluate for metastatic disease. Rates of CNS metastases are low with post-molar GTN, but approximately 20% of patients with choriocarcinoma have CNS involvement.
- For monitoring response to treatment or for suspected progression CT Chest, Abdomen and Pelvis is performed.
- Post-treatment surveillance in general is done with monitoring of hCG levels in patients with post-molar GTN or choriocarcinoma, where hCG is a reliable tumor marker.
- Surveillance imaging for placental site or epithelioid trophoblastic tumor can be done with CT Chest, Abdomen, and Pelvis annually for 2 years. Post-treatment imaging is indicated for follow-up after treatment of PSTT and ETT, where hCG is a less reliable tumor marker.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

References (ONC-22)

v3.0.2025

1. Abu-Rustum NR, Campos SM, Arend R, et al. National Comprehensive Cancer Network (NCCN) Guidelines Version 2.2025 – January 31, 2025. Uterine Neoplasms, available at: https://www.nccn.org/professionals/physician_gls/pdf/uterine.pdf Referenced with permission from the NCCN Clinical Practice Guidelines in Oncology (NCCN Guidelines™) for Uterine Neoplasms 2.2025 – January 31, 2025. ©2025 National Comprehensive Cancer Network, Inc. All rights reserved. The NCCN Guidelines™ and illustrations herein may not be reproduced in any form for any purpose without the express written permission of the NCCN. To view the most recent and complete version of the NCCN Guidelines™, go online to NCCN.org.
2. Fader AN, Boruta D, Olawaiye AB, Gehrig PA. Updates on uterine papillary serous carcinoma. *Expert Rev Obstet Gynecol*. 2009;4(6):647-657. doi:10.1586/eog.09.49.
3. Boruta DM 2nd, Gehrig PA, Fader AN, Olawaiye AB. Management of women with uterine papillary serous cancer: A Society of Gynecologic Oncology (SGO) review. *Gynecol Oncol*. 2009;115(1):142-153. doi:10.1016/j.ygyno.2009.06.011.
4. Olawaiye AB, Boruta DM 2nd. Management of women with clear cell endometrial cancer: a Society of Gynecologic Oncology (SGO) review. *Gynecol Oncol*. 2009;113(2):277-283. doi:10.1016/j.ygyno.2009.02.003.
5. Salani R, Backes FJ, Fung MF et al. Post treatment surveillance and diagnosis of recurrence in women with gynecologic malignancies: Society of Gynecologic Oncologists recommendations. *Am J Obstet Gynecol.* 2011;204(6):466-478. doi:10.1016/j.ajog.2011.03.008.
6. Reinhold C, Ueno Y, Akin EA, et. al. ACR Appropriateness Criteria® - Evaluation and follow-up of endometrical cancer. Available at https://acsearch.acr.org/docs/69459/Narrative/. American College of Radiology. Accessed 7/29/2020.
7. Abu-Rustum NR, Campos SM, Arend R, et al. National Comprehensive Cancer Network (NCCN) Guidelines Version 2.2025 – January 31, 2025. Gestational Trophoblastic Neoplasia, available at: https://www.nccn.org/professionals/physician_gls/pdf/cns.pdf. Referenced with permission from the NCCN Clinical Practice Guidelines in Oncology (NCCN Guidelines™ for Gestational Trophoblastic Neoplasia, V2.2025 January 31, 2025. ®2025 National Comprehensive Cancer Network, Inc. All rights reserved. The NCCN Guidelines™ and illustrations herein may not be reproduced in any form for any purpose without the express written permission of the NCCN. To view the most recent and complete version of the NCCN Guidelines™, go online to NCCN.org.
8. Haldorsen IS, Salvesen HB. What is the best preoperative imaging for endometrial cancer? *Curr Oncol Rep*. 2016;18:25.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Cervical Cancer (ONC-23)

Guideline

Cervical Cancer – General Considerations (ONC-23.0)
Cervical Cancer – Suspected/Diagnosis (ONC-23.1)
Cervical Cancer – Initial Work-Up/Staging (ONC-23.2)
Cervical Cancer – Restaging/Recurrence (ONC-23.3)
Cervical Cancer – Surveillance (ONC-23.4)
References (ONC-23)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Cervical Cancer – General Considerations (ONC-23.0)

ON.CV.0023.0.A

v3.0.2025

- Primary histology for cervical cancer is squamous cell. Other, less common histologies are adenosquamous and adenocarcinoma. If biopsy is consistent with one of these less common histologies, it is necessary to clarify that tumor is not of primary uterine origin.
- If the primary histology is uterine in origin, follow imaging recommendations for uterine cancer, see: **Uterine Cancer (ONC-22)**.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Cervical Cancer – Suspected/Diagnosis (ONC-23.1)

ON.CV.0023.1.A
v3.0.2025

Indication	Imaging Study
All	• Biopsy should be performed prior to imaging

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Cervical Cancer – Initial Work-Up/ Staging (ONC-23.2)

ON.CV.0023.2.A
v3.0.2025

Indication	Imaging Study
All individuals with one of the following: • Stage I-IVA • Stage IVB amenable to local treatment	• MRI Pelvis without and with contrast (CPT® 72197)
Stage IB1-IB3, non-fertility sparing treatment	In addition to MRI Pelvis above, any ONE of the following combinations: • PET/CT (CPT® 78815) or • CT Chest with contrast (CPT® 71260) and CT Abdomen and Pelvis with contrast (CPT® 74177) or • PET/MRI (CPT® 78813 and CPT® 76498)
ANY of the following: • Stage 1B1-IB3, fertility-sparing treatment • Stage II-IVA • Any size cervical cancer incidentally found in a hysterectomy specimen	In addition to MRI Pelvis above, any ONE of the following combinations: • PET/CT (CPT® 78815) or • CT Chest with contrast (CPT® 71260) and CT Abdomen and Pelvis with contrast (CPT® 74177) or • CT Chest without contrast (CPT® 71250) and CT Abdomen and Pelvis with contrast (CPT® 74177)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Indication	Imaging Study
Small cell neuroendocrine carcinoma of the cervix (NECC)	MRI Brain without and with contrast (CPT® 70553) and any ONE of the following combinations: • PET/CT (CPT® 78815) or • CT Chest with contrast (CPT® 71260) and CT Abdomen and Pelvis with contrast (CPT® 74177) or • CT Chest without contrast (CPT® 71250) and CT Abdomen and Pelvis with contrast (CPT® 74177)
Inconclusive findings on conventional imaging	• PET/CT (CPT® 78815)

Evidence Discussion

- MRI Pelvis is recommended by NCCN in virtually all individuals, with exception of stage IVB not amenable to local treatment. MRI Pelvis imaging is used to assess local disease extent, to help with surgical treatment planning, and to help with any radiation treatment planning.[1]
- Systemic imaging is indicated to assess for lymphadenopathy and distant metastases. The goal of systemic imaging is to evaluate for metastatic disease. CT imaging of the chest, abdomen, and pelvis are useful; PET/CT is the recommended study of choice in higher stages of disease. NCCN stated of non-fertility-sparing approaches, "depending on their stage and disease bulk, patients with stage IB or IIA tumors can be treated with surgery, RT, or concurrent chemoradiation. A combined PET/CT scan can be performed to rule out extra pelvic disease before deciding how to treat these patients. Neck/chest/abdomen/pelvis/groin FDG-PET/CT is preferred to evaluate metastatic disease. A chest/abdomen/pelvis CT or FDG-PET/MRI can also be performed."[1]
- Meta-analyses have shown CT with intravenous (IV) contrast to have 43% to 55% sensitivity and 71% specificity for parametrial invasion, and 41% sensitivity and 92% specificity for bladder invasion In comparison, MRI demonstrated 71% specificity (95% confidence interval [CI], 62%-79%) and 91% sensitivity (95% CI, 88%-93%) for parametrial invasion, and 84% sensitivity (95% CI, 57%-95%) and 95% specificity (95% CI, 87%-98%) for bladder invasion.
- Small cell neuroendocrine carcinoma of the cervix (NECC) is considered an aggressive form of cervical cancer. The NCCN recommended studies are adapted

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

from their own guidelines on neuroendocrine tumors and non-small cell lung cancers.[1] Brain imaging is indicated in this cell type to evaluate for metastatic disease to the brain.

- PET/CT remains a useful tool for evaluation of inconclusive findings on conventional imaging.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Cervical Cancer – Restaging/Recurrence (ONC-23.3)

ON.CV.0023.3.A
v3.0.2025

Indication	Imaging Study
Stage I treated with definitive surgery	• See: **Cervical Cancer – Surveillance (ONC-23.4)**
EITHER of the following: • Stage IB3 • Stage I treated with post-operative adjuvant radiation or chemoradiation due to positive nodes, positive parametria, positive margins, or local cervical factors	• PET/CT (CPT® 78815) 3-6 months post-completion of therapy
Stage II-IV	ONE of the following within 3-6 months of completion of therapy: • PET/CT (CPT® 78815) or • CT Chest (CPT® 71260) and CT Abdomen and Pelvis (CPT® 74177) with contrast)
Small cell NECC, treated with primary chemoradiation	ONE of the following after completion of therapy: • PET/CT (CPT® 78815) and MRI Brain without and with contrast (CPT® 70553) or • CT Chest (CPT® 71260) and CT Abdomen and Pelvis (CPT® 74177) with contrast and MRI Brain without and with contrast (CPT® 70553)
Inconclusive findings on CT scan or PET/CT	MRI Pelvis without and with contrast (CPT® 72197)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Indication	Imaging Study
Unresectable disease or metastatic disease on systemic treatment	Every 2 cycles of treatment (commonly every 6 to 8 weeks): • CT Chest with contrast (CPT® 71260) • CT Abdomen and Pelvis with contrast (CPT® 74177) • CT with contrast of other involved or symptomatic areas
Inconclusive conventional imaging	• PET/CT (CPT® 78815)
Suspected or biopsy proven recurrence	EITHER of the following, not both: • PET/CT (CPT® 78815) OR • CT Chest (CPT® 71260) and CT Abdomen and Pelvis with contrast (CPT® 74177)

Evidence Discussion

- The main purpose of imaging after primary surgery is to determine whether distant metastases are present.[1] Thus, repeating systemic imaging for certain individuals in whom surgery was not definitive treatment is recommended.
- For unresectable or metastatic disease on systemic treatment, CT Chest/Abdomen/Pelvis every 2 cycles is appropriate.
- PET/CT remains a useful tool for evaluation of inconclusive conventional imaging. MRI Pelvis, given its excellent resolution of soft-tissue imaging, is a recommended tool for evaluation of an inconclusive CT or PET/CT.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Cervical Cancer – Surveillance (ONC-23.4)

ON.CV.0023.4.A
v3.0.2025

Indication	Imaging Study
Stage I disease treated with fertility sparing approach	• MRI Pelvis without and with contrast (CPT® 72197) at 6 months after surgery and then annually for 2-3 years
Small cell NECC	Once, 3-6 months after completion of therapy: • PET/CT (CPT® 78815) Then, every 3 months for 1 year, then every 6 months: • CT Chest (CPT® 71260) and CT Abdomen and Pelvis (CPT® 74177) with contrast and MRI Brain without and with contrast (CPT® 70553)
All other individuals	• No routine advanced imaging needed in asymptomatic individuals.

Evidence Discussion

With stage I post fertility-sparing treatment, MRI Pelvis is supported by NCCN for surveillance imaging at 6 months post-operatively and then annually for 2-3 years. For small-cell NECC, NCCN supported PET/CT at completion of therapy and supported ongoing surveillance, but a timeframe is not provided. There is little data in the medical literature specific to this topic. It is therefore reasonable to follow the NCCN-recommended surveillance schedule for extrathoracic small cell neuroendocrine tumors for small cell NECC. For small-cell NECC, NCCN supported PET/CT at completion of therapy and supported ongoing surveillance, but a timeframe is not provided. There is little data in the medical literature specific to this topic. It is therefore reasonable to follow the NCCN-recommended surveillance schedule for extrathoracic small cell neuroendocrine tumors for small cell NECC.[1]

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

References (ONC-23)

v3.0.2025

1. Abu-Rustum NR, Campos SM, Amarnath S, et al. National Comprehensive Cancer Network (NCCN) Guidelines Version 4.2025 – March 24, 2025. Cervical Cancer, available at: https://www.nccn.org/professionals/physician_gls/pdf/cervical.pdf. Referenced with permission from the NCCN Clinical Practice Guidelines in Oncology (NCCN Guidelines™) for Cervical Cancer V4.2025 – March 24, 2025. ©2025 National Comprehensive Cancer Network, Inc. All rights reserved. The NCCN Guidelines™ and illustrations herein may not be reproduced in any form for any purpose without the express written permission of the NCCN. To view the most recent and complete version of the NCCN Guidelines™, go online to NCCN.org.
2. Salani R, Backes FJ, Fung MF et al. Post treatment surveillance and diagnosis of recurrence in women with gynecologic malignancies: Society of Gynecologic Oncologists recommendations. Am J Obstet Gynecol. 2011;204(6):466-478. doi:10.1016/j.ajog.2011.03.008.
3. Zanagnolo V, Ming L, Gadducci A, et al. Surveillance procedures for patients with cervical carcinoma: a review of the literature. *Int J Gynecol Cancer.* 2009;19(3):194-201. doi:10.1111/IGC.0b013e3181a130f3.
4. Elit L, Fyles AW, Devries MC, et al. Follow-up for women after treatment for cervical cancer: A systematic review. *Gynecol Oncol.* 2009;114(3):528-535. doi:10.1016/j.ygyno.2009.06.001.
5. Schwarz JK, Siegel BA, Dehdashti F, Grigsby PW. Association of posttherapy positron emission tomography with tumor response and survival in cervical carcinoma. *JAMA*. 2007;298(19):2289-2295. doi:10.1001/jama.298.19.2289.
6. Meads C, Davenport C, Malysiak S, et al. Evaluating PET-CT in the detection and management of recurrent cervical cancer: systematic reviews of diagnostic accuracy and subjective elicitation. *BJOG*. 2014;121(4):398-407. doi:10.1111/1471-0528.12488.
7. Chu Y, Zheng A, Wang F, et al. Diagnostic value of 18F-FDG-PET or PET-CT in recurrent cervical cancer: a systematic review and meta-analysis. *Nucl Med Commun*. 2014; 35(2):144-150. doi:10.1097/MNM.0000000000000026.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Anal Cancer & Cancers of the External Genitalia (ONC-24)

Guideline

Anal Carcinoma – General Considerations (ONC-24.0)
Anal Carcinoma – Suspected/Diagnosis (ONC-24.1)
Anal Carcinoma – Initial Work-up/Staging (ONC-24.2)
Anal Carcinoma – Restaging/Recurrence (ONC-24.3)
Anal Carcinoma – Surveillance (ONC-24.4)
Cancers of External Genitalia – General Considerations (ONC-24.5)
Cancers of External Genitalia – Initial Work-Up/Staging (ONC-24.6)
Cancers of External Genitalia – Restaging/Recurrence (ONC-24.7)
Cancers of External Genitalia – Surveillance (ONC-24.8)
References (ONC-24)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Anal Carcinoma – General Considerations (ONC-24.0)

ON.AN.0024.0.A

v3.0.2025

- Most are squamous cell carcinomas, although some transitional and cloacogenic carcinomas are seen.
- Adenocarcinoma of the anal canal is managed as rectal cancer according to **Colorectal and Small Bowel Cancer (ONC-16)**.
- Squamous cell carcinoma of the perianal region (up to 5 cm radius from the anal verge) are imaged according to anal carcinoma guidelines.
- Bowen's disease and Paget's disease of the perianal and perigenital skin are considered non-invasive/in-situ conditions and do not routinely require advanced imaging. See: **Non-Melanoma Skin Cancers – Initial Work-up/Staging (ONC-5.6)**.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Anal Carcinoma – Suspected/Diagnosis (ONC-24.1)

ON.AN.0024.1.A
v3.0.2025

Indication	Imaging Study
All	• Advanced imaging prior to biopsy is not needed

Evidence Discussion

Advanced imaging prior to biopsy is not indicated as most tumors are staged clinically by direct examination and microscopic confirmation (biopsy).

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Anal Carcinoma – Initial Work-up/ Staging (ONC-24.2)

ON.AN.0024.2.A
v3.0.2025

Indication	Imaging Study
All individuals	• CT Chest with contrast (CPT® 71260) and Any ONE of the following: • CT Abdomen and Pelvis with contrast (CPT® 74177) • CT Abdomen with contrast (CPT® 74160) and MRI Pelvis without and with contrast (CPT® 72197)
• Stage II-III Squamous Cell Carcinoma of the Anal Canal and no evidence of metastatic disease by conventional imaging • Inconclusive findings on conventional imaging	• PET/CT (CPT® 78815)

Evidence Discussion

All individuals undergo CT Chest with contrast and either CT Abdomen and Pelvis with contrast or CT Abdomen with contrast and MRI Pelvis with/without contrast. CT allows information on whether there is other organ involvement or possible disease spread. PET/CT is supported in stage II-III disease with no evidence of distant metastatic disease by conventional imaging or if conventional imaging is inconclusive. PET/CT is useful in assessing pelvic nodes and has been shown to change the nodal status/ TNM stage in up to 41% of patients. PET/CT does not replace a diagnostic CT in initial staging.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Anal Carcinoma – Restaging/Recurrence (ONC-24.3)

ON.AN.0024.3.A
v3.0.2025

Indication	Imaging Study
Stage I treated with complete surgical resection	• See: **Anal Carcinoma – Surveillance (ONC-24.4)** for surveillance guidelines
Stages I, II and III – post chemoradiation evaluation	Any ONE of the following: • CT Abdomen and Pelvis with contrast (CPT® 74177) • MRI Abdomen (CPT® 74183) and MRI Pelvis (CPT® 72197) without and with contrast
Metastatic (stage IV) disease	• CT Abdomen and Pelvis with contrast (CPT® 74177) every 2 cycles (generally 6 to 8 weeks) on treatment • CT Chest with contrast (CPT® 71260) if chest x-ray is abnormal or if symptoms of chest involvement
• Difficult or abnormal examination • Elevated LFTs • Signs or symptoms of recurrence • Biopsy proven recurrence	Preferably using same imaging studies as used in initial imaging: • CT Chest (CPT® 71260) with contrast and Any ONE of the following: • CT Abdomen and Pelvis with contrast (CPT® 74177) • MRI Abdomen (CPT® 74183) and MRI Pelvis (CPT® 72197) without and with contrast
Inconclusive findings on conventional imaging	• PET/CT (CPT® 78815)

Evidence Discussion

Due to low risk of recurrence, stage I treated with complete surgical resection would follow surveillance guidelines that do not recommend any routine imaging. For stages I, II, and III treated with chemoradiation, CT Abdomen and Pelvis, or MRI Abdomen and Pelvis should be obtained upon completion of therapy. Stage IV disease on treatment should undergo CT Abdomen and Pelvis every 2 cycles with imaging of the chest if chest x-ray is abnormal or symptoms develop. If recurrence is suspected, CT Chest

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

with either CT Abdomen and Pelvis or MRI Abdomen and Pelvis should be performed. NCCN states that imaging for recurrence is preferred to mirror the same imaging studies as used in initial imaging (NCCN, 2025). PET/CT is indicated for inconclusive findings on conventional imaging.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Anal Carcinoma – Surveillance (ONC-24.4)

ON.AN.0024.4.A
v3.0.2025

Indication	Imaging Study
Stage I	• Advanced imaging is not routinely indicated for surveillance
• Stage II • Stage III • Local recurrence treated definitively	• CT Chest (CPT® 71260) with contrast or CT Chest without contrast (CPT® 71250) annually for 3 years • And ANY one of the following annually for three years: ◦ CT Abdomen and Pelvis with contrast (CPT® 74177) ◦ MRI Abdomen without and with contrast (CPT® 74183) and MRI Pelvis without and with contrast (CPT® 72197)
Stage IV – measurable metastatic disease on maintenance treatment or being observed off treatment	Every 3 months for up to 5 years after completion of all treatment: • CT Chest (CPT® 71260) with contrast • CT Abdomen and Pelvis with contrast (CPT® 74177)

Evidence Discussion

For individuals with Stage II-III disease or had definitive treatment of a local recurrence, CT Chest with or without contrast plus either CT Abdomen and Pelvis with contrast or MRI Abdomen and Pelvis with/without contrast is indicated annually for 3 years. NCCN states that FDG PET/CT is not indicated for surveillance of local recurrence treated definitively (NCCN, 2025).

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Cancers of External Genitalia – General Considerations (ONC-24.5)

ON.AN.0024.5.A

v3.0.2025

- These imaging guidelines are applicable for squamous cell carcinomas arising from the vulva, vagina, penis, urethra, and scrotum.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Cancers of External Genitalia – Initial Work-Up/Staging (ONC-24.6)

ON.AN.0024.6.A
v3.0.2025

Indication	Imaging Study
Clinical node negative **vulvar** cancer with ANY of the following: • Lesion >2 cm • Any size with stromal invasion >1 mm	• For planned sentinel lymph node evaluation: Lymph system imaging (lymphoscintigraphy, CPT® 78195) ◦ SPECT/CT (CPT® 78830) if requested
For stage II or higher **vulvar** cancer or suspected metastatic vulvar cancer based on one of the following: • Abnormal physical exam findings • Bulky vulvar tumor (≥4 cm or close to critical structures) • Vaginal, urethral, or anal involvement • Delay in presentation or treatment • Pelvic, abdominal, or pulmonary symptoms	ONE of the following: • CT Abdomen and Pelvis with contrast (CPT® 74177) OR • CT Abdomen with contrast (CPT® 74160) and MRI Pelvis without and with contrast (CPT® 72197) • CT Chest with contrast (CPT® 71260) is medically necessary only for: ◦ Signs/symptoms suggestive of chest involvement ◦ Abnormal findings on chest x-ray

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Indication	Imaging Study
Vaginal carcinoma	ONE of the following combinations: • PET/CT (CPT® 78815) and MRI Pelvis without and with contrast (CPT® 72197) or • CT Abdomen and Pelvis with contrast (CPT® 74177) and CT Chest with contrast (CPT® 71260) or • CT Abdomen with contrast (CPT® 74160) and MRI Pelvis without and with contrast (CPT® 72197) and CT Chest with contrast (71260)
Penile carcinoma with ANY of the following: • Non-palpable inguinal lymph nodes and intermediate or high-risk lesion (T1b or any T2 or greater) • Palpable inguinal lymph nodes • Difficult pelvic node assessment on physical exam	Any ONE of the following: • CT Abdomen and Pelvis with contrast (CPT® 74177) • MRI Abdomen (CPT® 74183) and MRI Pelvis (CPT® 72197) without and with contrast • CT Abdomen with contrast (CPT® 74160) and MRI Pelvis without and with contrast (CPT® 72197) • CT Chest with contrast (CPT® 71260)
• Inconclusive findings on conventional imaging • Pelvic nodes enlarged but biopsy not technically feasible	• PET/CT (CPT® 78815)

Evidence Discussion

Lymphoscintigraphy is appropriate for the workup of vulvar cancer since the disease spreads through skin layer and into the lymph system. FIGO surgical staging is used after superficial removal of the lesion. If it is a large (>2 cm) or stromal invasion (>1 mm) then spread is evaluated with CT. CT imaging plays an important role in stage II or higher disease by helping to delineate the extent of tumor and assisting in treatment planning.[3] CT of the chest is valuable if there are signs or symptoms of chest involvement. In the evaluation of vaginal carcinoma, NCCN stated that PET/CT is the preferred imaging for evaluation of metastatic disease (conventional CT of the

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

chest, abdomen, and pelvis remains a recommended option). MRI Pelvis is indicated in addition to PET/CT or conventional CT for assessment of local disease extent.[14] For the initial workup of penile cancer, cross-sectional imaging with CT or MRI of the abdomen and pelvis are necessary for pelvic node evaluation in circumstances where there is greater chance of lymph node involvement, palpable lymph nodes, or when it is difficult to physically assess potential lymph node involvement.[2] Evaluation of inguinal lymph nodes "has been identified as the single most important prognostic indicator in determining long-term survival in patients with invasive penile squamous cell carcinoma".[2] MRI can also provide information on depth of tumor invasion.[2] PET/CT remains a problem solving tool for inconclusive conventional imaging. PET/CT has higher sensitivity for individuals with node positive penile cancer than those without, thus it is used as a tool of lymph node assessment when biopsy is not technically feasible.[2]

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Cancers of External Genitalia – Restaging/Recurrence (ONC-24.7)

ON.AN.0024.7.A
v3.0.2025

Indication	Imaging Study
• Difficult or abnormal examination • Elevated LFTs • Signs or symptoms of recurrence • Biopsy proven recurrence	• CT Chest with contrast (CPT® 71260) And ANY one of the following: • CT Abdomen and Pelvis with contrast (CPT® 74177) • MRI Abdomen (CPT® 74183) and MRI Pelvis (CPT® 72197) without and with contrast
EITHER of the following: • individuals receiving systemic treatment for measurable disease • At the end of definitive therapy	Any ONE of the following, every 2 cycles (generally 6 to 8 weeks) during treatment at at the end of planned chemotherapy treatment: • CT Abdomen and Pelvis with contrast (CPT® 74177) or • MRI Abdomen (CPT® 74183) and MRI Pelvis (CPT® 72197) without and with contrast or • CT Abdomen with contrast (CPT® 74160) and MRI Pelvis (CPT® 72197) AND • CT Chest with contrast (CPT® 71260)
Vaginal primary tumor treated with upfront radiation therapy	• PET/CT (CPT® 78815) at least 12 weeks after completion of radiation therapy ◦ MRI Pelvis without and with contrast (CPT® 72197) is medically necessary if PET/CT not available (can be performed sooner than 12 weeks after completion of therapy) ◦ MRI Pelvis without and with contrast (CPT® 72197) is medically necessary for clarification of PET/CT findings
Vulvar carcinoma following definitive primary therapy with chemoradiation or surgery	3-6 months after primary therapy: • MRI Pelvis without and with contrast (CPT® 72197)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Indication	Imaging Study
Inconclusive findings on conventional imaging	• PET/CT (CPT® 78815)

Evidence Discussion

Signs or symptoms of recurrence should be imaged with CT or MRI to evaluate for metastatic disease. Specifically for vaginal cancer, PET/CT is preferred to re-image three to four months after the completion of radiation therapy to determine response to treatment while avoiding false-positive from recent radiation. If PET/CT is inconclusive, NCCN stated that MRI is the preferred imaging for clarification.[14] For vulvar cancer, reassessment with MR imaging is necessary to assess response to treatment and re-evaluate lymph node involvement.[3] PET/CT can be used as a tool for evaluation of inconclusive conventional imaging.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Cancers of External Genitalia – Surveillance (ONC-24.8)

ON.AN.0024.8.A
v3.0.2025

Indication	Imaging Study
• All stages of vulvar and vaginal cancers	• See: **ONC-24.7** for post-treatment imaging 3-6 months after completion of therapy. Additional routine advanced imaging is not indicated for asymptomatic surveillance.
• Penile Cancer: stage I-IIIA	• CT Abdomen and Pelvis with contrast (CPT® 74177) every 6 months for 2 years, and then every 12 months for 2 years
• Penile cancer: stages IIIB-IV	• CT Chest with contrast (CPT® 71260) and CT Abdomen and Pelvis with contrast (CPT® 74177) every 3 months for one year, then every 6 months for 3 more years

Evidence Discussion

If no symptoms or findings on recent physical examination then advanced imaging is not indicated for all stages of vulvar and vaginal cancer.[3,14] For stage I-IIIA penile cancer, the NCCN supported CT Abdomen and Pelvis for surveillance, with chest imaging via radiograph only on the same schedule as CTs. For stages IIIB-IV penile cancer, chest CT is supported for surveillance with more frequent CT Abdomen and Pelvis than in early stage disease.[2]

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (ONC-24)

v3.0.2025

1. Benson III AB, Venook AP, Adam M, et al. National Comprehensive Cancer Network (NCCN) Guidelines Version 2.2025 – January 17, 2025. Anal Carcinoma, available at: https://www.nccn.org/professionals/physician_gls/pdf/anal.pdf. Referenced with permission from the NCCN Clinical Practice Guidelines in Oncology (NCCN Guidelines™) for Anal Carcinoma V2.2025 – January 17, 2025. ©2025 National Comprehensive Cancer Network, Inc. All rights reserved. The NCCN Guidelines™ and illustrations herein may not be reproduced in any form for any purpose without the express written permission of the NCCN. To view the most recent and complete version of the NCCN Guidelines™, go online to NCCN.org.
2. Flaig TW, Spiess PE, Abern M. National Comprehensive Cancer Network (NCCN) Guidelines Version 2.2025 – January 6, 2025. Penile Cancer, available at: https://www.nccn.org/professionals/physician_gls/ pdf/penile.pdf. Referenced with permission from the NCCN Clinical Practice Guidelines in Oncology (NCCN Guidelines™) for Penile Cancer V2.2025 – January 6, 2025. ©2025 National Comprehensive Cancer Network, Inc. All rights reserved. The NCCN Guidelines™ and illustrations herein may not be reproduced in any form for any purpose without the express written permission of the NCCN. To view the most recent and complete version of the NCCN Guidelines™, go online to NCCN.org.
3. Abu-Rustum NR, Campos SM, Arend R. et al. National Comprehensive Cancer Network (NCCN) Guidelines Version 1.2025 – February 10, 2025. Vulvar Cancer (Squamous Cell Carcinoma), available at: htt ps://www.nccn.org/professionals/physician_gls/pdf/vulvar.pdf. Referenced with permission from the NCCN Clinical Practice Guidelines in Oncology (NCCN Guidelines™) for Vulvar Cancer (Squamous Cell Carcinoma) V1.2025 – February 10, 2025. ©2025 National Comprehensive Cancer Network, Inc. All rights reserved. The NCCN Guidelines™ and illustrations herein may not be reproduced in any form for any purpose without the express written permission of the NCCN. To view the most recent and complete version of the NCCN Guidelines™, go online to NCCN.org.
4. Bhuva NJ, Glynne-Jones R, Sonoda L, Wong WL, Harrison MK. To PET or not to PET? That is the question. Staging in anal cancer. *Ann Oncol*. 2012;23(8):2078-2082. doi:10.1093/annonc/mdr599.
5. Mistrangelo M, Pelosi E, Bellò M, et al. Role of positron emission tomography-computed tomography in the management of anal cancer. *Int J Radiat Oncol Biol Phys*. 2012;84(1):66-72. doi:10.1016/j.ijrobp.2011.10.048.
6. Jones M, Hruby G, Solomon M, Rutherford N, Martin J. The role of FDG-PET in the initial staging and response assessment of anal cancer: a systematic review and meta-analysis. *Ann Surg Oncol*. 2015;22(11):3574-3581. doi:10.1245/s10434-015-4391-9.
7. Moncrieff M, Pywell S, Snelling A, et. al. Effectiveness of SPECT/CT imaging for sentinel node biopsy staging of primary cutaneous melanoma and patient outcomes. *Ann Surg Oncol*. 2022;29(2):767-775. doi:10.1245/s10434-021-10911-4.
8. Quartuccio N, Garau LM, Arnone A, et. al. Comparsion of 99mTc-labeled colloid SPECT/CT and planar lymphoscintigraphy in sentinel lymph node detection in patients with melanoma: a meta-analysis. *J Clin Med.* 2020;9(6):1680. doi:10.3390/jcm9061680.
9. Bennie G, Vorster M, Buscombe J, Sathekge M. The added value of a single-photon emission computed tomography-computed in sentinel lymph node mapping in patients with breast cancer and malignant melanoma. *World J Nucl Med*. 2015;14(01):41-46. doi:10.4103/1450-1147.150543.
10. 10. Cummings BJ, Ajani JA, Swallow CJ. Cancer of the anal region. In: DeVita Jr. VT, Lawrence TS, Rosenberg SA, et al., eds. Cancer: Principles & Practice of Oncology, Eighth Edition. Philadelphia, PA: Lippincott, Williams & Wilkins; 2008.
11. Jones M, Hruby G, Solomon M, et al. The role of FDG-PET in the initial staging and response assessment of anal cancer: a systematic review and meta-analysis. *Ann Surg Oncol.* 2015;22:3574-3581.
12. Kim KW, Schenagre AB, Krajewski KM, et al, Update on imaging of vulvar squamous cell carcinoma. *AJR Am. J. Roentgenol.* 2013;201:W147-157.
13. Del Pino M, Rodriquez-Carunchio L, Ordi J. Pathways of vulvar intraepithelial neoplasia and squamous cell carcinoma. *Histopathology*. 2013;62:161-175.
14. Abu-Rustum NR, Campos SM, Yashar CM. National Comprehensive Cancer Network (NCCN) Guidelines Version 5.2025 – February 28, 2025. Vaginal Cancer. available at https://www.nccn.org/professionals/

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

physician_gls/pdf/vaginal.pdf: Referenced with permission from the NCCN Clinical Practice Guidelines in Oncology (NCCN Guidelines™) for Vaginal Cancer V5.2025 – February 28, 2025. ©2025 National Comprehensive Cancer Network, Inc. All rights reserved. The NCCN Guidelines™ and illustrations herein may not be reproduced in any form for any purpose without the express written permission of the NCCN. To view the most recent and complete version of the NCCN Guidelines™, go online to NCCN.org.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Multiple Myeloma and Plasmacytomas (ONC-25)

Guideline

Multiple Myeloma and Plasmacytomas – General Considerations (ONC-25.0)
Multiple Myeloma and Plasmacytomas –Suspected/Diagnosis (ONC-25.1)
Multiple Myeloma and Plasmacytomas – Initial Work-Up/Staging (ONC-25.2)
Multiple Myeloma and Plasmacytomas – Restaging/Recurrence (ONC-25.3)
Multiple Myeloma and Plasmacytomas – Surveillance (ONC-25.4)
References (ONC-25)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Multiple Myeloma and Plasmacytomas – General Considerations (ONC-25.0)

ON.MM.0025.0.A

v3.0.2025

- Multiple myeloma (MM) is a neoplastic disorder characterized by the proliferation of a single clone of plasma cells derived from B cells which grows in the bone marrow and adjacent bone, producing skeletal destruction.
- Multiple myeloma group of disorders can be classified as below, which influence imaging modality of choice.

Condition	Monoclonal protein	Bone marrow plasma cells	CRAB criteria**
Solitary Plasmacytoma (biopsy proven tumor containing plasma cells)	<3 gm/dL	Absent	Absent
Monoclonal Gammopathy of Unknown Significance (MGUS)	<3 gm/dL	<10%	Absent
Smoldering Myeloma (SMM) (stage I MM or asymptomatic MM)	≥3 gm/dL	10% - 60%	Absent
Multiple Myeloma (MM)	≥3 gm/dL	≥10%	Present

**CRAB criteria = hypercalcemia, renal insufficiency, anemia, lytic bony lesions

- Diagnosis and monitoring of response to therapy is primarily with laboratory studies that include urine and serum monoclonal protein levels, serum free light chain levels, LDH and beta-2 microglobulin. Routine advanced imaging to monitor response to treatment is not indicated.
- Rarely, (<5%), an individual may have nonsecretory myeloma, which does not produce measurable M-protein. These individuals require imaging as primary method to monitor disease.
- Other conditions that may present with monoclonal gammopathy include:
  - POEMS syndrome: Polyneuropathy, Organomegaly, Endocrinopathy, Monoclonal protein and Skin Changes – may also have sclerotic bone lesions and Castleman's disease. See: **Multiple Myeloma and Plasmacytomas – Initial Work-up/Staging (ONC-25.2)** for imaging recommendations.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

- Waldenström's Macroglobulinemia: IgM monoclonal protein along with bone marrow infiltration of small lymphocytes. See: **Waldenström Macroglobulinemia or Lymphoplasmacytic Lymphoma (ONC-27.10)** for imaging recommendations.
- Systemic Light chain Amyloidosis: light chain monoclonal protein in serum or urine with clonal plasma cells in bone marrow, systemic involvement of the kidneys, liver, heart, gastrointestinal tract or peripheral nerves due to amyloid deposition. See: **Multiple Myeloma and Plasmacytomas – Initial Work-up/Staging (ONC-25.2)** and **Cardiac Amyloidosis (CD-3.8)**for imaging recommendations for systemic light chain amyloidosis.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Multiple Myeloma and Plasmacytomas – Suspected/Diagnosis (ONC-25.1)

ON.MM.0025.1.A
v3.0.2025

See: **Initial Work-up/Staging (ONC-25.2)**

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Multiple Myeloma and Plasmacytomas – Initial Work-Up/Staging (ONC-25.2)

ON.MM.0025.2.A
v3.0.2025

Indication	Imaging Study
Either of the following: • Confirmed myeloma • Myeloma suspected based on any of the following: ◦ Abnormal skeletal survey or other imaging ◦ Abnormal myeloma labs ◦ Signs/symptoms of multiple myeloma	EITHER of the following: • Whole-body low-dose skeletal CT (CPT® 76497) or • Whole-body FDG PET/CT (CPT® 78816)
Inconclusive findings on whole-body low-dose skeletal CT	• PET/CT (CPT® 78815 or CPT® 78816)
To discern smoldering myeloma from active myeloma and whole-body CT or PET are negative or inconclusive	ONE of the following: • MRI Bone Marrow Blood Supply (CPT® 77084) • Whole-body MRI (CPT® 76498) • CT contrast as requested of a specific area to determine radiotherapy or surgical candidacy, or for suspected extra-osseous plasmacytoma
Initial work-up of suspected or known POEMS syndrome	• CT Chest with contrast (CPT® 71260) and • CT Abdomen and Pelvis with contrast (CPT® 74177) • Whole-body FDG PET/CT (CPT® 78816) for sclerotic bone lesions on other imaging

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Indication	Imaging Study
Initial work-up of suspected or known systemic light chain amyloidosis	• Whole-body low dose skeletal CT (76497) OR Whole-body FDG PET/CT (78816) • Additional imaging, base on suspected organ involvement: ◦ CT Chest with contrast (CPT® 71260) ◦ CT Abdomen and Pelvis with contrast (CPT® 74177) For additional imaging related to cardiac involvement, see: **Cardiac Amyloidosis (CD-3.8)**

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Multiple Myeloma and Plasmacytomas – Restaging/Recurrence (ONC-25.3)

ON.MM.0025.3.A
v3.0.2025

Indication	Imaging Study
Extra-osseous plasmacytoma response to initial therapy	Repeat imaging with ONE of the following, whichever modality was used at initial diagnosis: • Whole-body low-dose skeletal CT scan (CPT® 76497) • Whole-body FDG PET/CT (CPT® 78816) • Whole-body MRI (CPT® 76498) • CT of any previously involved area, contrast as requested • MRI of any previously involved area, contrast as requested
Known spine involvement with new neurological signs/symptoms or worsening pain	• MRI Cervical (CPT® 72156), Thoracic (CPT® 72157), Lumbar spine (CPT® 72158) without and with contrast
Treatment response assessment • After completion of primary therapy • Non-secretory multiple myeloma • To determine therapy response with inconclusive labs	Repeat imaging with ONE of the modalities below, whichever was used at initial diagnosis: • Whole-body low-dose skeletal CT scan (CPT® 76497) • Whole-body FDG PET/CT (CPT® 78816)
CAR-T cell therapy	Once before treatment and once 30-60 days after completion of treatment: • PET/CT (CPT® 78815 or CPT® 78816)
ANY of the following: • Suspected relapse/recurrence • Suspected progression of MGUS or SMM to a more malignant form	EITHER of the following: • Whole-body low-dose skeletal CT (CPT® 76497) • Whole-body FDG PET/CT (CPT® 78816)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Indication	Imaging Study
ANY of the following: • Negative PET will allow change in management from active treatment to maintenance or surveillance. • Inconclusive findings on conventional imaging • Whole-body low-dose skeletal CT (CPT® 76497) is unfeasible and recurrence or progression is suspected	• PET/CT (CPT® 78815 or CPT® 78816)
To discern smoldering myeloma from active myeloma and whole-body CT or PET are negative or inconclusive	ONE of the following: • MRI Bone Marrow Blood Supply (CPT® 77084) • Whole-body MRI (CPT® 76498) • MRI without contrast, or MRI without and with contrast for any previously involved bony area or symptomatic area (including whole spine for spinal symptoms)
Stem cell transplant recipients	ONE of the following, once before transplant and once within 30-100 days after transplant: Imaging should use same modality as initial diagnosis. • Whole-body low-dose skeletal CT scan (CPT® 76497) • MRI Bone Marrow Blood Supply (CPT® 77084) • Whole-body MRI (CPT® 76498) • PET/CT (CPT® 78815 or CPT® 78816)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Multiple Myeloma and Plasmacytomas – Surveillance (ONC-25.4)

ON.MM.0025.4.A
v3.0.2025

Indication	Study
• Smoldering myeloma • Multiple myeloma	ANY ONE of the following (using same imaging modality used at diagnosis) annually: • Whole-body low-dose skeletal CT (CPT® 76497) • MRI Bone Marrow Blood Supply (CPT® 77084) • Whole-body MRI (CPT® 76498) • Whole-body FDG PET/CT (CPT® 78816)
Solitary plasmacytomas	Any ONE of the following (using same imaging modality used at diagnosis) annually for 5 years: • Whole-body low-dose skeletal CT (CPT® 76497) • MRI Bone Marrow Blood Supply (CPT® 77084) • Whole-body MRI (CPT® 76498) • Whole-body FDG PET/CT (CPT® 78816)

Evidence Discussion - ONC-25

- Bone disease is the most frequent feature of multiple myeloma (MM), occurring in approximately two thirds of patients at diagnosis and in nearly all patients during their disease. Imaging is a key part of the evaluation of all patients with suspected MM. And plays a very important role in the management of MM. It is necessary for detection of lytic bone lesions, which represent a marker of disease-related end-organ damage and are traditionally used to diagnose MM and to establish the need for immediate therapy.
- The detection of bone and bone marrow lesions is crucial in the investigation of multiple myeloma and often dictates the decision to start treatment. Cross-sectional imaging (i.e., CT, PET/CT, and MRI) is preferred because these modalities are more sensitive than plain radiographs for the detection of most skeletal lesions in MM.
- Whole body low dose CT (WBLDCT) can be used as a baseline assessment of bone involvement. CT is quick, convenient, relatively sensitive, and cost effective in this scenario. WBLDCT was introduced to detect osteolytic lesions in the whole skeleton, with high accuracy, no need for contrast agents, and twofold to threefold lower radiation dose exposure compared with standard CT. Low-dose whole-body CT

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

has increased sensitivity compared with conventional skeletal survey in the detection of bone disease, which can reveal information leading to changes in therapy and disease management that could prevent or delay the onset of clinically significant morbidity and mortality as a result of skeletal-related events.

- 18F-FDG PET/CT imaging could identify sites of extra medullary disease (EMD), which represent an unfavorable prognostic feature, and it helps to accurately differentiate between solitary plasmacytoma (SP) and MM, as well as to predict the risk of early progression from smoldering MM (SMM) to active disease. This is more sensitive than CT for the detection of extra medullary disease. The combination of functional imaging with positron emission tomography (PET) plus morphological assessment with CT makes this technique the most effective in identifying potential sites of EMD. The use of FGD PET/CT can also confirm a suspected diagnosis of solitary plasmacytoma and can distinguish between smoldering and active multiple myeloma. Thus, NCCN states that FDG PET/CT is the preferred imaging for initial diagnostic workup.
- Whole-body MRI can distinguish between smoldering and active multiple myeloma, acting as a problem-solving tool when PET/CT or whole-body CT is inconclusive.
- MRI is the elective imaging technique to assess the degree of BM PC infiltration, even before bone destruction is present, owing to its ability to visualize large volumes of BM. MRI is highly sensitive for the detection of bone and bone marrow focal lesions and predictive of progression. Unlike CT and PET/CT, MRI can detect focal bone lesions that are not yet lytic (i.e., without advanced cortical bone destruction). Up to half of patients without other evidence of end-organ damage with normal plain films may demonstrate tumor-related lesions on MRI.
- Whole body diffusion weighted MRI (DW-MRI) - Also known as MRI Bone Marrow Blood Supply CPT 77084 is a non-contrast study that covers from the vertex to the heels. Diffusion-weighted magnetic resonance imaging (DWI or DW-MRI) is the use of specific MRI sequences as well as software that generates images from the resulting data that uses the diffusion of water molecules to generate contrast in MR images. This produces images where the contrast between tissues is based on differences in the motion of water at a cellular level. As cellularity in marrow increases secondary either to disease or increased hematopoietic tissue, the amount of free water increases. The capability of WB DW-MRI to demonstrate both focal and diffuse marrow infiltration throughout the whole skeleton makes this extremely useful as a subjective tool for monitoring disease status and assessment of response.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (ONC-25)

v3.0.2025

1. Kumar SK, Callander NS, Adekola K, et al. National Comprehensive Cancer Network (NCCN) Guidelines Version 1.2025 – September 17, 2024. Myeloma, available at: https://www.nccn.org/professionals/physician_gls/pdf/myeloma.pdf Referenced with permission from the NCCN Clinical Practice Guidelines in Oncology (NCCN Guidelines™) for Myeloma V1.2025 – September 17, 2024. ©2024 National Comprehensive Cancer Network, Inc. All rights reserved. The NCCN Guidelines™ and illustrations herein may not be reproduced in any form for any purpose without the express written permission of the NCCN. To view the most recent and complete version of the NCCN Guidelines™, go online to NCCN.org.
2. Hillengass J, Usmani S, Rajkumar SV, Durie BGM, Mateos M, Lonial S. International myeloma working group consensus recommendations on imaging in monoclonal plasma cell disorders. The Lancet. 2019:20(6):PE302-E312. doi:10.1016/S1470-2045(19)30309-2.
3. Kyle RA, Remstein ED, Therneau TM, et al. Clinical course and prognosis of smoldering (asymptomatic) multiple myeloma. *N Engl J Med*. 2007;356:2582-2590. doi:10.1056/NEJMoa070389.
4. Dimopoulos M, Terpos E, Comenzo RL, et al. International myeloma working group consensus statement and guidelines regarding the current role of imaging techniques in the diagnosis and monitoring of multiple myeloma. *Leukemia*. 2009;23(9):1545-1556. doi:10.1038/leu.2009.89.
5. ACR Committee on Drugs and Contrast Media. ACR Manual on Contrast Media, version 10.3. Reston, VA: American College of Radiology; 2018.
6. Mulligan ME, Badros AZ. PET/CR and MR imaging in myeloma. Skeletal Radiol. 2007;36(1):5-16. doi:10.1007/s00256-006-0184-3.
7. Dimopoulos MA, Hillengrass J, Usmani S, et al. Role of magnetic resonance imaging in the management of patients with multiple myeloma: a consensus statement. *J Clin Oncol.* 2015;33(6):657-664. doi:10.1200/JCO.2014.57.9961.
8. Dimopoulos M, Terpos E, Comenzo RL, et al. International myeloma working group consensus statement and guidelines regarding the current role of imaging techniques in the diagnosis and monitoring of multiple myeloma. *Leukemia*. 2009;23(9):1545-1556. doi:10.1038.leu.2008.89.
9. Dammacco F, Rubini G, Ferrari C, Vacca A, Racanelli V. 18F-FDG PET/CT: a review of diagnostic and prognostic features in multiple myeloma and related disorders. *Clin Exp Med*. 2015;15(1):1-18. doi:10.1007/s10238-014-0308-3.
10. Ferraro R, Agarwal A, Martin-Macintosh EL, Peller PJ, Subramaniam RM. MR imaging and PET/CT in diagnosis and management of multiple myeloma. *Radiographics*. 2015;35(2):438-454. doi:10.1148/rg.352140112.
11. Rajkumar SV, Kumar S. Multiple myeloma: diagnosis and treatment. *Mayo Clin Proc*. 2016;91(1):101-119. doi:10.1016/j.mayocp.2015.11.007.
12. Westerland O, Amlani A, Kelly-Morland C, et. al. Comparison of the diagnostic performance and impact on management of 18F-FDG PET/CT and whole-body MRI in multiple myeloma. *Eur J Nucl ed Mol Imaging*. 2021. doi:10.1007/s00259-020-05182-2.
13. Terpos E, Berenson J, Raje N, Roodman GD. Management of bone disease in multiple myeloma. *Expert Rev Hematol.* 2014;7(1):113-125.
14. Zamagni E, Cavo M. The role of imaging techniques in the management of multiple myeloma. *Br J Haematol*. 2012;159(5):499-513.
15. Kyle RA, Rajkumar SV. Multiple myeloma. *N Engl J Med*. 2004;351(18):1860-1873.
16. Hillengass J et al: Whole-body computed tomography versus conventional skeletal survey in patients with multiple myeloma: a study of the International Myeloma Working Group. *Blood Cancer J*. 2017;7(8):e599. doi:10.1038/bcj.2017.78.
17. Pianko MJ, Terpos E, Roodman GD, et al. Whole-body low-dose computed tomography and advanced imaging techniques for multi ple myeloma bone disease. *Clin Cancer Res*. 2014;20(23):5888-5897.
18. Ippolito D, Besostri V, Bonaffini PA, Rossini F, Di Lelio A, Sironi S. Diagnostic value of whole body low-dose computed tomography (WBLDCT) in bone lesions detection in patients with multiple myeloma (MM). *Eur J Radiol*. 2013;82(12):2322-2327.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

19. Lu YY, Chen JH, Lin WY, et al. FDG PET or PET/CT for detecting intramedullary and extra medullary lesions in multiple myeloma: a systematic review and meta-analysis. *Clin Nucl Med*. 2012; 37(9):833-837.
20. Cavo M, et al. Role of 18F-FDG PET/CT in the diagnosis and management of multiple myeloma and other plasma cell disorders: a consensus statement by the International Myeloma Working Group. *Lancet Oncol.* 2017;18(4):e206-e217. doi:10.1016/S1470-2045(17)30189-4.
21. Walker R, Barlogie B, et al. Magnetic resonance imaging in multiple myeloma: diagnostic and clinical implications. *J Clin Oncol*. 2007;25(9):1121-8. doi:10.1200/JCO.2006.08.5803.
22. Ailawadhi S et al: Extent of disease burden determined with magnetic resonance imaging of the bone marrow is predictive of survival outcome in patients with multiple myeloma. *Cancer*. 2010;116(1):84-92. doi:10.1002/cncr.24704.
23. Messiou C, Kaiser M. Whole body diffusion weighted MRI--a new view of myeloma. *Br J Haematol*. 2015;171(1):29-37. doi:10.1111/bjh.13509.
24. Walker R, Barlogie B, Haessler J, et al. Magnetic resonance imaging in multiple myeloma: diagnostic and clinical implications. *J Clin Oncol*. 2007; 25:1121-1128.
25. Bartel TB, Haessler J, Brown TL, et al. F18-fluorodeoxyglucose positron emission tomography in the context of other imaging techniques and prognostic factors in multiple myeloma. *Blood*. 2009;114:2068-2076.
26. Zamagni E, Nanni C, Mancuso K, et al. PET/CT improves the definition of complete response and allows to detect otherwise unidentifiable skeletal progression in multiple myeloma. *Clin Cancer Res*. 2015;21:4384-4390.
27. Moreau P, Attal M, Caillot D, et al. Prospective evaluation of magnetic resonance imaging and [(18)F]fluorodeoxyglucose positron emission tomography-computed tomography at diagnosis and before maintenance therapy in symptomatic patients with multiple myeloma included in the IFM/DFCI 2009 trial: Results of the IMAJEM study. *J Clin Oncol*. 2017; 35:2911-2918.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Leukemias, Myelodysplasia and Myeloproliferative Neoplasms (ONC-26)

Guideline

Leukemias, Myelodysplasia and Myeloproliferative Neoplasms – General Considerations (ONC-26.1)
Acute Leukemias (ONC-26.2)
Chronic Myeloid Leukemias, Myelodysplastic Syndrome and Myeloproliferative Disorders (ONC-26.3)
Chronic Lymphocytic Leukemia (CLL)/Small Lymphocytic Lymphoma (SLL) (ONC-26.4)
References (ONC-26)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Leukemias, Myelodysplasia and Myeloproliferative Neoplasms – General Considerations (ONC-26.1)

ON.LM.0026.1.A

v3.0.2025

- Routine advanced imaging is not indicated for the evaluation and management of Hairy cell leukemia in the absence of specific localizing clinical symptoms.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Acute Leukemias (ONC-26.2)

ON.LM.0026.2.A

v3.0.2025

- Imaging indications for acute lymphoblastic leukemia in adult individuals are identical to those for pediatric individuals. See: **Acute Lymphoblastic Leukemia (ALL) (PEDONC-3.2)** in the Pediatric and Special Populations Oncology Imaging Guidelines.
- Imaging indications for acute myeloid leukemia in adult individuals are identical to those for pediatric individuals. See: **Acute Myeloid Leukemia (AML) (PEDONC-3.3)** in the Pediatric and Special Populations Oncology Imaging Guidelines.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Chronic Myeloid Leukemias, Myelodysplastic Syndrome and Myeloproliferative Disorders (ONC-26.3)

ON.LM.0026.3.A

v3.0.2025

- Routine advanced imaging is not indicated in the evaluation and management of chronic myeloid leukemias, myelodysplastic syndromes or myeloproliferative disorders in the absence of specific localizing clinical symptoms or clearance for hematopoietic stem cell transplantation.
- See: **Hematopoietic Stem Cell Transplantation (ONC-29)** for imaging guidelines related to transplant.
- For work-up of elevated blood counts, see: **Paraneoplastic Syndromes – General Considerations (ONC-30.3)**.

Evidence Discussion

It is not routinely recommended to utilize advanced imaging for chronic myeloid leukemia, myelodysplastic syndromes, and myeloproliferative disorders. In the interest of patient safety such that infectious and iatrogenic complications are assessed in a timely manner, these guidelines provide flexibility for approval of advanced imaging for specific localizing symptoms, and a separate guideline section for imaging related to stem cell transplantation.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Chronic Lymphocytic Leukemia (CLL)/ Small Lymphocytic Lymphoma (SLL) (ONC-26.4)

ON.LM.0026.4.A
v3.0.2025

- PET imaging is not indicated in the evaluation of CLL/SLL with the exception of suspected Richter's transformation (see suspected transformation, below).
- CLL/SLL is monitored with serial laboratory studies. Routine advanced imaging is not indicated for monitoring treatment response or surveillance, except when initial studies reveal bulky disease involvement.
- Bulky disease is defined as lymph node mass >10 cm or spleen >6 cm below costal margin.

Indication	Imaging Study
Initial Staging/Diagnosis	• Advanced imaging is not routinely indicated for initial evaluation of asymptomatic individuals
For ANY of the following: • Bulky lymph node mass (>10 cm) • Splenomegaly >6 cm below costal margin • Presence of B symptoms • Progressive anemia and thrombocytopenia • Prior to planned systemic therapy	ANY or ALL of the following may be approved: • CT Chest with contrast (CPT® 71260) • CT Abdomen and Pelvis with contrast (CPT® 74177)
Treatment Response	• For individuals with bulky nodal disease at diagnosis, CT with contrast of previously involved area(s) every 2 cycles of therapy • Routine imaging is not indicated for individuals without bulky nodal disease at diagnosis
End of Therapy Evaluation	• For individuals with bulky nodal disease at diagnosis, CT with contrast of previously involved area(s)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Indication	Imaging Study
Suspected Progression	ANY or ALL of the following may be approved: • CT Chest with contrast (CPT® 71260) • CT Abdomen and Pelvis with contrast (CPT® 74177) • CT with contrast of previously involved area(s)
Suspected transformation (Richter's) from a low-grade lymphoma to a more aggressive type based on one or more of the following: • New B symptoms • Rapidly growing lymph nodes • Extranodal disease develops • Significant recent rise in LDH above normal range	• PET/CT (CPT® 78815 or CPT® 78816)
Surveillance	For individuals with bulky nodal disease at diagnosis, every 6 months for two years, then annually: • CT Chest with contrast (CPT® 71260) • CT Abdomen and Pelvis with contrast (CPT® 74177) • CT with contrast of previously involved area(s) Routine imaging is not indicated for individuals without bulky nodal disease at diagnosis

Evidence Discussion

Suspected/Diagnosis (whenever applicable)

- Diagnosis is by flow cytometry and biopsy. Aligned with the NCCN no imaging is supported.

Initial staging

- These guidelines are aligned with the NCCN and do not support routine advanced imaging for CLL/SLL. However, in the interest of patient safety, to recognize mass effect as assess risk of tumor lysis syndrome prior to treatment, CT imaging of the

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

chest, abdomen and pelvis are supported. CT Neck may be added if neck symptoms, per the general oncology guidelines. (Shah 2024)

Restaging

- Routine imaging is not supported unless there is bulky nodal disease, as noted in 'initial staging' section. For Bulky nodal disease, treatment response imaging with CT is supported every 2 cycles or for signs and symptoms of disease progression.
- There is no data-supported benefit to routine monitoring with PET/CT, and PET/CT is significantly more radiation than CT alone. PET/CT is supported only for signs and symptoms of Richter's transformation to high grade lymphoma, where the diagnosis can be made without invasive procedure using this modality (Shah 2024).

Surveillance

- There is no benefit to advanced imaging for surveillance of patients without bulky nodal disease at diagnosis, and there is a risk of increased radiation exposure and invasive pursuit of incidental findings. In patients with bulky disease at diagnosis, flexibility is provided for surveillance imaging every 6months x 2 years to assess for mass effect or progression (Shah 2024).

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (ONC-26)

v3.0.2025

1. Wierda WG, Brown J, Abramson JS, et al. National Comprehensive Cancer Network (NCCN) Guidelines Version 3.2025 – April 2, 2025. Chronic Lymphocytic Leukemia/Small Lymphocytic Lymphoma, available at: https://www.nccn.org/professionals/physician_gls/pdf/cll.pdf Referenced with permission from the NCCN Clinical Practice Guidelines in Oncology (NCCN Guidelines™) for Chronic Lymphocytic Leukemia/Small Lymphocytic Lymphoma V3.2025 – April 2, 2025. ©2025 National Comprehensive Cancer Network, Inc. All rights reserved. The NCCN Guidelines™ and illustrations herein may not be reproduced in any form for any purpose without the express written permission of the NCCN. To view the most recent and complete version of the NCCN Guidelines™, go online to NCCN.org.
2. Conte MJ, Bowen DA, Wiseman GA, et al. Use of positron emission tomography-computed tomography in the management of patients with chronic lymphocytic leukemia/small lymphocytic lymphoma. *Leuk Lymphoma*. 2014;55(9):2079-2084. doi:10.3109/10428194.2013.869801.
3. Mauro FR, Chauvie S, Paoloni F, et al. Diagnostic and prognostic role of PET/CT in patients with chronic lymphocytic leukemia and progressive disease. *Leukemia*. 2015;29(6):1360-1365. doi:10.1038/leu.2015.21.
4. Nabhan C, Rosen ST. Chronic lymphocytic leukemia: a clinical review. *JAMA*. 2014;312(21):2265-2276. doi:10.1001/jama.2014.14553.
5. Patnaik MM, Tefferi A. Chronic myelomonocytic leukemia: focus on clinical practice. *Mayo Clin Proc*. 2016;91(2):259-272. doi:10.1016/j.mayocp.2015.11.011.
6. American Society of Hematology. Choosing Wisely: Don't perform baseline or routine surveillance computed tomography (CT) scans in patients with asymptomatic, early-stage chronic lymphocytic leukemia (CLL). 2014. https://www.choosingwisely.org/clinician-lists/american-society-hematology-baseline-or-routine-surveillance-ct-scans-for-asymptomatic-early-stage-chronic-lymphocytic-leukemia/.
7. National Cancer Institute PDQ Cancer Information Summaries: adult treatment. Hairy cell Leukemia. PDQ® Adult Cancer Treatment Summaries - NCI.
8. Troussard X, Maître E, Paillassa J. Hairy cell leukemia 2024: Update on diagnosis, risk-stratification, and treatment-Annual updates in hematological malignancies. *Am J Hematol*. 2024;99(4):679-696. doi:10.1002/ajh.27240.
9. Inaba H, Teachey D, Annesley C , et al. National Comprehensive Cancer Network (NCCN) Guidelines Version 6.2024 – July 19, 2024. Pediatric Acute Lymphoblastic Leukemia, available at: https://www.nccn.org/professionals/physician_gls/pdf/ped_all.pdf Referenced with permission from the NCCN Clinical Practice Guidelines in Oncology (NCCN Guidelines™) for Pediatric Acute Lymphoblastic Leukemia V6.2024 – July 19, 2024. ©2024 National Comprehensive Cancer Network, Inc. All rights reserved. The NCCN Guidelines™ and illustrations herein may not be reproduced in any form for any purpose without the express written permission of the NCCN. To view the most recent and complete version of the NCCN Guidelines™, go online to NCCN.org.
10. Ranta S, Palomäki M, Levinsen M, et al. Role of neuroimaging in children with Acute Lymphoblastic Leukemia and central nervous system involvement at diagnosis. *Pediatr Blood Cancer*. 2016;64:64-70. doi:10.1002/pbc.26182/epdf.
11. Baden LR, Swaminathan S, Almyroudis N, et al. Referenced with permission from the NCCN Clinical Practice Guidelines in Oncology (NCCN Guidelines®) for Prevention and Treatment of Cancer-Related Infections © National Comprehensive Cancer Network, Inc. 2023. All rights reserved. To view the most recent and complete version of the guideline, go online to NCCN.org.
12. Ha AS, Chang EY, Bartolotta RJ, et. al. Expert Panel on Musculoskeletal Imaging. ACR Appropriateness Criteria® Osteonecrosis. Am Coll Radiol (ACR); Date of Origin: 2016. Revised: 2022.
13. Shah N, Bhatia R, Altman J, et al. National Comprehensive Cancer Network (NCCN) Guidelines Version 2.2024 – December 5, 2023. Chronic Myeloid Leukemia, available at: https://www.nccn.org/professionals/physician_gls/pdf/cml.pdf Referenced with permission from the NCCN Clinical Practice Guidelines in Oncology (NCCN Guidelines™) for Chronic Myeloid Leukemia V2.2024 – December 5, 2023. ©2023 National Comprehensive Cancer Network, Inc. All rights reserved. The NCCN Guidelines™ and illustrations herein may not be reproduced in any form for any purpose without the express written permission of the NCCN. To view the most recent and complete version of the NCCN Guidelines™, go online to NCCN.org.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

14. Baden LR, Swaminathan S, Almyroudis NG, et al. National Comprehensive Cancer Network (NCCN) Guidelines Version 1.2024 – April 30, 2024. Prevention and Treatment of Cancer-Related Infections, available at: https://www.nccn.org/professionals/physician_gls/pdf/infections.pdf Referenced with permission from the NCCN Clinical Practice Guidelines in Oncology (NCCN Guidelines™) for Prevention and Treatment of Cancer-Related Infections V1.2024 – April 30, 2024. ©2024 National Comprehensive Cancer Network, Inc. All rights reserved. The NCCN Guidelines™ and illustrations herein may not be reproduced in any form for any purpose without the express written permission of the NCCN. To view the most recent and complete version of the NCCN Guidelines™, go online to NCCN.org.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Non-Hodgkin Lymphomas (ONC-27)

Guideline

Non-Hodgkin Lymphomas – General Considerations (ONC-27.1)
Diffuse Large B Cell Lymphoma (DLBCL) (ONC-27.2)
Follicular Lymphoma (ONC-27.3)
Marginal Zone Lymphomas (ONC-27.4)
Mantle Cell Lymphoma (ONC-27.5)
Burkitt's Lymphomas (ONC-27.6)
Lymphoblastic Lymphomas (ONC-27.7)
T Cell Lymphomas (ONC-27.8)
Post-Transplant Lymphoproliferative Disorders (ONC-27.9)
Waldenström Macroglobulinemia or Lymphoplasmacytic Lymphoma (ONC-27.10)
References (ONC-27)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Non-Hodgkin Lymphomas – General Considerations (ONC-27.1)

ON.NH.0027.1.A
v3.0.2025

- Lymphoma is often suspected when individuals have any of the following:
  - Bulky lymphadenopathy (lymph node mass >10 cm in size), hepatomegaly or splenomegaly
  - The presence of systemic symptoms (fever, drenching night sweats or unintended weight loss of >10%, called “B symptoms”)
- Individuals with AIDS-related lymphoma should be imaged according to the primary lymphoma histology.
- See: **Castleman’s Disease (unicentric and multicentric) (ONC-31.11)** for guidelines covering Castleman’s disease.
- See: **Chronic Lymphocytic Leukemia (CLL)/Small Lymphocytic Lymphoma (SLL) (ONC-26.4)** for guidelines covering Chronic Lymphocytic Leukemia (CLL)/ Small Lymphocytic Lymphoma (SLL).

Indication	Imaging Study
• Biopsy proven lymphoma, or • Suspected lymphoma and any one of the following: ◦ Bulky lymphadenopathy (LN mass >10 cm) ◦ Hepatomegaly ◦ Splenomegaly ◦ B symptom: Unexplained fever, drenching night sweats, unintended weight loss >10% total body weight	• CT Chest (CPT® 71260) and CT Abdomen and Pelvis (CPT® 74177) with contrast ◦ MRI without and with contrast for individuals who cannot tolerate CT contrast due to allergy or impaired renal function
Signs or symptoms of disease involving the neck	• CT Neck with contrast (CPT® 70491)
Signs or symptoms suggesting CNS involvement with lymphoma.	• MRI Brain without and with contrast (CPT® 70553) • See: **CNS Lymphoma (also known as Microglioma) (ONC-2.7)**

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Indication	Imaging Study
Known or suspected bone involvement with lymphoma	• MRI without and with contrast of symptomatic or previously involved bony areas ◦ Bone scan is inferior to MRI for evaluation of known or suspected bone involvement with lymphoma
Determine a more favorable site for biopsy when a relatively inaccessible site is contemplated	• PET/CT (CPT® 78815 or CPT® 78816) ◦ PET/CT is not indicated for all other indications prior to histological confirmation of lymphoma
CAR-T cell therapy	Once before treatment and once 30-60 days after completion of treatment: • PET/CT (CPT® 78815 and CPT® 78816)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Diffuse Large B Cell Lymphoma (DLBCL) (ONC-27.2)

ON.TO.0027.2.A

v3.0.2025

- Grey zone lymphomas, primary mediastinal B cell lymphomas, Grade 3 (high) follicular lymphoma, double-hit or triple-hit lymphomas, and primary cutaneous diffuse large B cell lymphoma should also be imaged according to these guidelines.

Indication	Imaging Study
Initial Staging/ Diagnosis	ONE of the following may be approved: • PET/CT (CPT® 78815 or CPT® 78816) OR • CT Chest with contrast (CPT® 71260) and CT Abdomen and Pelvis with contrast (CPT® 74177)
Treatment response for all stage I, and stage II without extensive mesenteric disease	ANY of the following may be approved: • CT with contrast of previously involved area(s) may be approved every 2 cycles (6-8 weeks) of therapy • PET/CT (CPT® 78815 or CPT® 78816) after 3-4 cycles of chemotherapy (in lieu of CT or for inconclusive CT)
Treatment response for stage II WITH extensive mesenteric disease, and stages III-IV	ANY of the following may be approved: • CT with contrast of previously involved area(s) may be approved every 2 cycles (6-8 weeks) of therapy • PET/CT (CPT® 78815 or CPT® 78816) after 2-4 cycles of chemotherapy (in lieu of CT or for inconclusive CT)
End of Chemotherapy and/or Radiation Therapy Evaluation	ANY or ALL of the following may be approved: • PET/CT (CPT® 78815 or CPT® 78816) may be approved at the end of chemotherapy and again at the end of radiation • CT with contrast of previously involved area(s)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Indication	Imaging Study
Suspected Recurrence	ANY or ALL of the following may be approved: • CT Chest with contrast (CPT® 71260) • CT Abdomen and Pelvis with contrast (CPT® 74177) • CT with contrast of previously involved area(s) • PET/CT can be considered in rare circumstances (e.g., bone involvement).
Biopsy-proven recurrence	• PET/CT (CPT® 78815 or CPT® 78816)
CAR-T cell therapy	Once before treatment and once 30-60 days after completion of treatment: • PET/CT (CPT® 78815 or CPT® 78816)
Surveillance for ANY of the following: • All stages of DLBCL • Relapsed lymphoma • Primary mediastinal large B cell lymphoma • Primary cutaneous diffuse large B cell lymphoma	• Every 6 months for 2 years after completion of treatment: ◦ CT Chest with contrast (CPT® 71260) ◦ CT Abdomen and Pelvis with contrast (CPT® 74177) ◦ CT with contrast of previously involved area(s)

Evidence Discussion

Initial Staging

- These guidelines for initial staging align with NCCN and support either PET/CT or diagnostic CTs. Greater than 97 percent of DLBCL are FDG-avid, though it is not known to be more accurate than CT for DLBCL at initial staging. However, baseline PET may be useful for comparison, as end of treatment remission assessment with PET-CT is more accurate than CT alone in DLBCL (Barrington 2014).

Restaging

- CT is supported by NCCN every 2 cycles for restaging. PET/CT is supported by NCCN for interim restaging after 3-4 cycles of therapy and at the end of

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

chemotherapy and/or radiation for lower stage disease. For stage II with extensive mesenteric disease, stage III, and stage IV, NCCN supports PET/CT more frequently - after 2-4 cycles of therapy and at the end of therapy. PET/CT remains standard for remission assessment at end of therapy, where its accuracy is greater that CT alone for DLBCL (Barrington 2014, Zelenetz 2024). Documentation of residual tissue at end of therapy is useful for monitoring for relapse, and as such diagnostic, contrast enhanced CT is supported if requested in addition to PET at end of therapy (Barrington 2014, Zelenetz 2024).

- FDG avidity is prognostic for relapsed/refractory DLBCL and may have a role in patient selection for CAR-T therapy and to assess response, so is supported as a baseline before CAR-T and once 30-60 days after completion, to assess response and identify patients who may be candidates for further salvage therapy (Barrington 2014, Zelenetz 2024).

Surveillance

- The false-positive rate with PET scans for surveillance in various studies is 16-20%, potentially leading to unnecessary investigations, radiation exposure, biopsies, expense, and patient anxiety (Cheson 2014, Lynch 2014). Several small studies have failed to note an improvement in relapse detection with CT over clinical observation in DLBCL, however, there is no definitive standard for surveillance imaging with CT (Thompson 2014, ElGalaly 2015). The majority of relapses occur in the first 2 years, and the NCCN supports CT imaging of involved areas and chest, abdomen and pelvis every 6 months for the first two year. In the interest of patient and provider centricity, these guidelines align with the NCCN with respect to surveillance in DLBCL.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Follicular Lymphoma (ONC-27.3)

ON.NH.0027.3.A
v3.0.2025

- This section applies to follicular lymphomas with WHO grade of 1 (low) or 2 (intermediate) and primary cutaneous follicle center lymphoma. Grade 3 (high) follicular lymphomas should be imaged according to guidelines found in: **Diffuse Large B Cell Lymphoma (DLBCL) (ONC-27.2)**.

Indication	Imaging Study
Initial Staging/Diagnosis	ANY or ALL of the following may be approved: • CT Chest with contrast (CPT® 71260) • CT Abdomen and Pelvis with contrast (CPT® 74177)
For ANY of the following: • If radiation therapy is being considered for stage I or II disease • If systemic therapy is planned • Pediatric-type follicular lymphoma in adults	• PET/CT (CPT® 78815 or CPT® 78816)
Treatment Response	• CT with contrast of previously involved area(s) every 2 cycles of therapy
End of Therapy Evaluation	ONE of the following may be approved: • PET/CT (CPT® 78815 or CPT® 78816) OR • CT Chest with contrast (CPT® 71260) and • CT Abdomen and Pelvis with contrast (CPT® 74177) • CT with contrast of previously involved area(s)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Indication	Imaging Study
Suspected Recurrence	ANY or ALL of the following may be approved: • CT Chest with contrast (CPT® 71260) • CT Abdomen and Pelvis with contrast (CPT® 74177) • CT with contrast of previously involved area(s)
Suspected transformation (Richter's) from a low grade lymphoma to a more aggressive type based on one or more of the following: • New B symptoms • Rapidly growing lymph nodes • Extranodal disease develops • Significant recent rise in LDH above normal range	• PET/CT (CPT® 78815 or CPT® 78816)
Surveillance for ANY of the following: • After completion of active treatment • On maintenance treatment • Observation without any treatment	For all stages, every 6 months for two years, then annually: • CT Chest with contrast (CPT® 71260) • CT Abdomen and Pelvis with contrast (CPT® 74177) • CT with contrast of previously involved area(s)
Surveillance of pediatric-type follicular lymphoma in adults	Advanced imaging is not indicated routinely after complete response

Evidence Discussion

Initial Staging

Diagnostic quality CT with contrast or PET/CT may be used for initial staging. Clinical stage is modified in only 15-20% of patients with use of PET/CT and results in a change in treatment in only 8% of patients (Zelenetz, 2024). A baseline PET/CT is useful for comparison for treatment response and to determine if further treatment intensification is necessary and is recommended if systemic therapy is planned. PET/CT is particularly important in the setting of localized disease with a plan for RT only, to rule out any other

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

systemic disease and to serve as a baseline for treatment response (Zelenetz 2024, Barrington 2014, Barrington 2016, Cheson 2014).

Restaging

PET/CT is of unclear utility for interim restaging, as interim PET/CT response shows no association with overall survival, thus conventional CT is supported (Dupuis, 2012). PET/CT does identify patients at risk of progression at end of induction therapy, where initial studies showed that 69% of patients who were classified as not having complete remission on CT were re-classified as complete metabolic remission when staged with PET/CT at end of induction (Barrington 2016 PMID 27095319). This increased sensitivity and specificity more accurately identifies patients at risk of poor progression free survival who may be candidates for consolidative therapy and prevents over and under-treatment. These results only apply to end of induction PET/CT (Barrington 2016, Zelenetz 2024, Barrington 2014).

While PET/CT alone is not sufficient to diagnose transformation of follicular lymphoma to diffuse large B cell lymphoma, when clinical signs and symptoms and lab values suggest transformation, PET/CT can be useful to detect transformation. SUV >10 predicts aggressive lymphoma with 80% certainty and PPV increases at higher SUVs (Noy 2009, Zelentz 2024). FDG avidity is also standard of care to select biopsy site in suspected transformation (Noy 2009, Zelenetz 2024)

Surveillance

There is little data on the role of surveillance imaging in indolent lymphomas including follicular lymphoma. The majority of relapses occur within the first 2 years post completion of therapy, and these guidelines align with the NCCN support of CT no more than every 6 months in the first two years and no more than annually following. Given that indolent lymphoma is considered a chronic condition, there is no endpoint for this imaging if requested (Zelenetz, 2024). The exception is pediatric-type follicular lymphoma, for which there is no survival benefit with detection of recurrence via surveillance imaging vs clinical detection; surveillance imaging is not supported in this population (Lynch 2014, Zelenetz 2024). PET/CT surveillance is generally not supported, due to a false positive rate as high as 20%, with no documented survival benefit, and increased radiation, invasive procedures, anxiety and cost (Zelenetz 2024, Lynch 2014).

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Marginal Zone Lymphomas (ONC-27.4)

ON.NH.0027.4.A
v3.0.2025

- MALT lymphomas in any location and primary cutaneous marginal zone lymphoma should also be imaged according to these guidelines.
- Splenic Marginal Zone Lymphoma is diagnosed with splenomegaly, peripheral blood flow cytometry and bone marrow biopsy. Splenectomy is diagnostic and therapeutic. PET scan is not routinely indicated prior to splenectomy.

Indication	Imaging Study
Initial Staging/ Diagnosis	ANY or ALL of the following may be approved: • CT Chest with contrast (CPT® 71260) • CT Abdomen and Pelvis with contrast (CPT® 74177)
EITHER of the following: • If radiation therapy is being considered for stage I or II disease • If systemic therapy is planned	• PET/CT (CPT® 78815 or CPT® 78816)
Treatment Response	• CT with contrast of previously involved area(s) every 2 cycles of therapy
End of Therapy Evaluation	ONE of the following may be approved: • CT with contrast of previously involved area(s) • PET/CT (CPT® 78815 or CPT® 78816)
Suspected Recurrence	ANY or ALL of the following may be approved: • CT Chest with contrast (CPT® 71260) • CT Abdomen and Pelvis with contrast (CPT® 74177) • CT with contrast of previously involved area(s)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Indication	Imaging Study
Suspected recurrence and ANY of the following: • Symptoms of end organ dysfunction • Clinically significant or progressive cytopenias • Bulky disease (single mass of ≥7 cm or ≥3 or more nodal sites 3 cm in diameter) • Steady or rapid progression	In addition to the CT imaging above: • PET/CT (CPT® 78815 or CPT® 78816)
Surveillance of all stages of nodal marginal zone lymphoma for any of the following: • After completion of active treatment • On maintenance treatment • Observation without any treatment	Every 6 months for two years, then annually: • CT Chest with contrast (CPT® 71260) • CT Abdomen and Pelvis with contrast (CPT® 74177) • CT with contrast of previously involved area(s)
Surveillance of all stages of extranodal marginal zone lymphoma	Advanced imaging is not routinely indicated for surveillance of asymptomatic individuals

Evidence Discussion

Initial Staging

Diagnostic, contrasted CT of chest, abdomen and pelvis is supported for all patients to assess extent of disease in. PET avidity of extranodal marginal zone lymphoma is unreliable, as only 50-75% of these tumors are FDG avid (Barrington, 2014). A baseline

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

PET/CT is useful for comparison for treatment response and to determine if further treatment intensification is necessary, and so is recommended if systemic therapy is planned. PET/CT is particularly important in the setting of localized disease with a plan for RT only, to rule out any other systemic disease and to serve as a baseline for treatment response (Zelenetz 2024, Barrington 2014, Cheson 2014).

Restaging

There is no clear role for PET in interim restaging of marginal zone lymphoma, CT is supported every 2 cycles in alignment with the NCCN. End of therapy PET/CT is supported to identify patients without a complete metabolic response who are candidates for extended therapy, to prevent over- or under- treatment. (Zelenetz 2024, Barrington 2014).

Surveillance

There is little data on the role of surveillance imaging in indolent lymphomas including marginal zone lymphoma. Extranodal marginal zone lymphoma typically remains localized, and asymptomatic surveillance with advanced imaging is not supported (Zucca, 2020).The majority of relapses occur within the first 2 years post completion of therapy. Our guidelines align with the NCCN support of CT no more than every 6 months in the first two years and no more than annually following. Given that indolent lymphoma is considered a chronic condition, there is no endpoint for this imaging if requested (Zelenetz, 2024). PET/CT surveillance is not universally supported, due to a false positive rate as high as 20%, with no documented survival benefit, and increased radiation, invasive procedures, anxiety, and cost (Lynch, 2014). However, PET/CT is a supported imaging modality for specific circumstances of recurrence; NCCN supports PET/CT in recurrence when there are indications for treatment (Zelenetz, 2024).

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Mantle Cell Lymphoma (ONC-27.5)

ON.NH.0027.5.A
v3.0.2025

Indication	Imaging Study
Initial Staging/Diagnosis	ONE of the following may be approved: • CT Chest with contrast (CPT® 71260) and CT Abdomen and Pelvis with contrast (CPT® 74177) OR • PET/CT (CPT® 78815 or CPT® 78816)
Treatment Response	• CT with contrast of previously involved area(s) every 2 cycles of therapy • PET/CT is not indicated for monitoring treatment response but can be considered in rare circumstances when CT did not show disease (e.g., bone).
End of Therapy Evaluation	ONE of the following may be approved: • CT with contrast of previously involved area(s) • PET/CT (CPT® 78815 or CPT® 78816)
Suspected Recurrence	ANY or ALL of the following may be approved: • CT Chest with contrast (CPT® 71260) • CT Abdomen and Pelvis with contrast (CPT® 74177) • CT with contrast of previously involved area(s) • PET/CT can be considered in rare circumstances (e.g., bone involvement).
Surveillance for all stages	Every 6 months for 2 years, and then annually: • CT Chest with contrast (CPT® 71260) • CT Abdomen and Pelvis with contrast (CPT® 74177) • CT with contrast of previously involved area(s)

Evidence Discussion

Initial Staging

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Diagnostic CT with contrast OR PET/CT is supported. PET/CT is the preferred modality particularly when systemic therapy is planned, in order to prevent under treatment (Barrington 2016, Zelenetz 2024).

Restaging

Interim restaging with PET/CT has not been shown to change outcomes, thus CT alone is supported every two cycles unless the sites of disease are only visible on PET/CT. However, PET/CT is supported at end of planned therapy as a lack of complete metabolic response may require maintenance treatment (Zelenetz, 2024).

Surveillance

Late relapses, as far as 15 years out, can occur with mantle cell lymphoma. The benefit of detection of with imaging vs clinical detection remains unclear, and some studies have shown no significant advantage in survival for relapses after first remission detected by surveillance imaging (Guidot, 2018). However, this is still an active point for discussion among treating providers, and the NCCN still supports surveillance imaging with CT scan (Guidot 2018, Zelenetz 2024). Given that most providers consider the NCCN the standard of care, this guideline aligns with the more conservative NCCN recommended timeframe, to acknowledge this data while maintaining a patient and provider centric approach. Surveillance scanning with PET/CT has a positive predictive value of only 24% in this entity and is not supported (Guidot 2018, Zelenetz 2024).

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Burkitt's Lymphomas (ONC-27.6)

ON.NH.0027.6.A
v3.0.2025

Indication	Imaging Study
Initial Staging/Diagnosis	ANY or ALL of the following may be approved: • PET/CT (CPT® 78815 or CPT® 78816) • CT Chest with contrast (CPT® 71260) • CT Abdomen and Pelvis with contrast (CPT® 74177)
Treatment Response	• CT with contrast of previously involved area(s) every 2 cycles of therapy • PET/CT is not indicated for monitoring treatment response but can be considered in rare circumstances when CT did not show disease (e.g., bone).
End of Therapy Evaluation	ANY or ALL of the following may be approved: • PET/CT (CPT® 78815 or CPT® 78816) may be approved at the end of chemotherapy and again at the end of radiation • CT with contrast of previously involved area(s)
Suspected Recurrence	ANY or ALL of the following may be approved: • CT Chest with contrast (CPT® 71260) • CT Abdomen and Pelvis with contrast (CPT® 74177) • CT with contrast of previously involved area(s) • PET/CT can be considered in rare circumstances (e.g., bone involvement).
Surveillance	Every 6 months for 2 years after completion of treatment: • CT Chest with contrast (CPT® 71260) • CT Abdomen and Pelvis with contrast (CPT® 74177)

Evidence Discussion

Initial Staging/Diagnosis

In alignment with the NCCN, both diagnostic quality CT scan with contrast and PET/CT are supported in Burkitt's Lymphoma. Diagnostic, contrasted CT is helpful for clarifying

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

node bulk (individual nodes vs conglomerates), anatomic relationships of bulky disease, abdominal and Waldeyer's ring involvement, as well as abdominal visceral involvement, all of which are relevant to treatment decisions and emergency management in Burkitt's lymphoma. Baseline metabolic activity is useful for comparison at end of therapy, where FDG avidity defines treatment response (Zelenetz 2024, Cheson 2024).

Treatment Response

CT alone (rather than PET/CT) should be used to assess response between cycles, as complete response is not defined until completion of upfront therapy regimen. At the end of all planned upfront therapy a PET/CT is supported, even in addition to diagnostic contrasted CTs. Metabolic response at this time point determines whether therapy can be considered complete or whether local therapy or intensification of treatment will be necessary (Zelenetz 2024, Cheson 2024, Barrington 2024).

Surveillance

The role of surveillance in Burkitt's Lymphoma is somewhat controversial. Clinically evident symptoms of recurrence develop quickly in this aggressive entity, and recurrence is as likely to be diagnosed based on symptoms as by surveillance imaging in some studies (Lynch 2014). PET/CT surveillance of Burkitt's Lymphoma is widely discouraged as it increases false positive findings, radiation exposure, and does not improve outcomes (Lynch 2014, Barrington 2024). The NCCN is considered the standard for care in the U.S. and NCCN supports CT with contrast every 6 months for 2 years, with which our guidelines align for a patient and provider centric approach. Relapse after 2 years is rare, imaging after this point for asymptomatic surveillance has not been shown to improve outcomes (Zelenetz 2024, Lynch 2014).

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Lymphoblastic Lymphomas (ONC-27.7)

ON.NH.0027.7.A

v3.0.2025

- Individuals with lymphoblastic lymphoma (even those with bulky nodal disease) are treated using the leukemia treatment plan appropriate to the cell type (B or T cell). Imaging indications in adult individuals are identical to those for pediatric individuals. See: **Acute Lymphoblastic Leukemia (ALL) (PEDONC-3.2)** in the Pediatric Oncology Imaging Guidelines.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

T Cell Lymphomas (ONC-27.8)

ON.NH.0027.8.A
v3.0.2025

- Includes Peripheral T-Cell Lymphomas, Mycosis Fungoides/Sézary Syndrome, Anaplastic Large Cell Lymphoma (ALCL) including breast implant-associated ALCL, Angioimmunoblastic lymphoma, and Primary Cutaneous CD30+T Cell Lymphoproliferative Disorders

Indication	Imaging Study
Initial Staging/ Diagnosis	ANY or ALL of the following may be approved: • PET/CT (CPT® 78815 or CPT® 78816) • CT Chest with contrast (CPT® 71260) • CT Abdomen and Pelvis with contrast (CPT® 74177)
T-cell lymphoma of nasal cavity, oropharynx, or nasopharynx	In addition to the imaging above: • MRI Orbits, Face, and Neck without and with contrast (CPT® 70543)
Breast implant-associated ALCL	In addition to the above initial staging studies: • Ultrasound Breast (CPT® 76641 or CPT® 76642) ◦ MRI Breast (CPT® 77049) may be indicated for evaluation of inconclusive ultrasound findings
Treatment Response	Any ONE of the following may be approved after 3-4 cycles: • PET/CT (CPT® 78815 or 78816) or • CT Chest with contrast (CPT® 71260), and • CT Abdomen and Pelvis with contrast (CPT® 74177) and • CT with contrast of previously involved area(s)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Indication	Imaging Study
End of Therapy Evaluation	Any ONE of the following may be approved at the end of chemotherapy and again at the end of radiation therapy: • PET/CT (CPT® 78815 or CPT® 78816) or • CT Chest with contrast (CPT® 71260), and • CT Abdomen and Pelvis with contrast (CPT® 74177), and • CT with contrast of previously involved area(s)
Suspected Recurrence	ANY or ALL of the following may be approved: • CT Chest with contrast (CPT® 71260) • CT Abdomen and Pelvis with contrast (CPT® 74177) • CT with contrast of previously involved area(s) • PET/CT can be considered in rare circumstances (e.g., bone involvement).
Surveillance, all stages	Every 6 months for 2 years, then annually for 5 years: • CT Chest with contrast (CPT® 71260), CT Abdomen and Pelvis with contrast (CPT® 74177), and CT of previously involved areas

Evidence Discussion

Initial Staging

FDG PET/CT fusion (PET with attenuation CT) is valuable for initial staging as patients with T cell lymphoma often have extranodal disease, which may be missed on body area specific diagnostic CTs. Noncontiguous nodes, Waldeyer ring, and GI/liver involvement is also common in T cell lymphomas and may be difficult to distinguish on PET/CT fusion studies alone, thus our guidelines support the use of diagnostic quality, contrasted CTs when requested. To ensure correct staging and treatment stratification and prevent under- or over-treatment, in addition to PET/CT fusion imaging (NCI PDQ 2024, Horwitz 2024, Zelenetz 2024).

Treatment Response

Modality for restaging should be determined by which studies best illustrated disease at initial staging. PET/CT fusion imaging OR body area specific diagnostic quality, contrasted CTs are generally adequate for comparison to initial staging to assess response (Horwitz, 2024) after 3-4 cycles and again at end of chemotherapy and at end

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

of radiation. Imaging prior to 3-4 cycles may result in over- or under-treatment, and thus is not supported (Horwitz 2024, Zelenetz 2024).

Surveillance

There is no evidence illustrating an overall survival advantage in detection of relapse from imaging vs clinical detection, but data suggests better progression free survival after second line treatment in patients undergoing imaging surveillance (Lynch, 2014). Considering these perspectives and to align with the NCCN,CT of viscera and all previously involved areas is supported every 6 months for 2 years, then annually for 5 years (Horwitz, 2024). PET/CT surveillance is not supported as no survival improvement is noted with PET/CT surveillance, and it subjects patients to increased radiation, increased costs, and increased risk of invasive procedures for incidental findings, as the false positive rate in this setting is as high as 20 percent (Lynch 2014, Barrington 2016). CT is generally supported for suspected recurrence as well, with PET reserved for biopsy proven recurrence, by the same rationale.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Post-Transplant Lymphoproliferative Disorders (ONC-27.9)

ON.NH.0027.9.A
v3.0.2025

- Post-transplant lymphoproliferative disorder (PTLD) or viral-associated lymphoproliferative disorder can rarely occur following solid organ or hematopoietic stem cell transplantation, or in primary immunodeficiency. When reduction of immunosuppression is unsuccessful, these are often treated with chemoimmunotherapy similar to high-grade NHL.
- This section applies to Monomorphic (B-cell type) PTLD and Polymorphic PTLD.
- For Hodgkin-lymphoma subtype of PTLD, see: **Hodgkin Lymphomas (ONC-28)** for imaging recommendations.

Indication	Imaging Study
Initial Staging/ Diagnosis	ANY or ALL of the following may be approved: • PET/CT (CPT® 78815 or CPT® 78816) • CT Chest with contrast (CPT® 71260) • CT Abdomen and Pelvis with contrast (CPT® 74177)
Treatment Response	ANY or ALL of the following may be approved after 4 weeks of reducing immunosuppression or every 2 cycles (6-8 weeks) of chemo/immunotherapy: • CT Chest with contrast (CPT® 71260), and • CT Abdomen and Pelvis with contrast (CPT® 74177), and • CT with contrast of previously involved area(s)
End of Therapy Evaluation	ANY one of the following may be approved at the end of treatment: • PET/CT (CPT® 78815 or CPT® 78816) or • CT Chest with contrast (CPT® 71260), and • CT Abdomen and Pelvis with contrast (CPT® 74177), and • CT with contrast of previously involved area(s)
Suspected recurrence	• CT Chest with contrast (CPT® 71260) • CT Abdomen and Pelvis with contrast (CPT® 74177)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Indication	Imaging Study
Surveillance	Advanced imaging is not routinely indicated for surveillance

Evidence Discussion

Initial staging

FDG PET/CT fusion (PET with attenuation CT) is valuable for initial staging as patients with PTLD often have extranodal and/or multi-site disease, which may be missed on body area specific diagnostic CTs. Patients with single sites of disease may be managed with local treatment alone, thus thorough assessment for systemic disease is essential to prevent under-treatment. Node bulk has prognostic value and is used for treatment stratification, and bulky masses vs noncontiguous nodes may be difficult to distinguish on PET/CT fusion studies alone. These guidelines thus support the use of diagnostic quality, contrasted CTs when requested in addition to PET/CT fusion imaging (NCI PDQ 2024, Zelenetz 2024).

Restaging

Restaging with CT is supported every 2 cycles of chemotherapy as is standard for most disease processes (Zelenetz, 2024). Median time to failure of reduction of immunosuppression as first line therapy, however, is only 45 days, so for patient safety our guidelines support earlier restaging in this scenario as soon as 4 weeks after reduction of immunosuppression (Reshef, 2011). Changing therapy based on interim PET/CT alone is not supported and thus our guidelines support CT alone for interim restaging, with biopsy for concerning findings (Zelenetz 2024, Cheson 2014, Barrington 2014). These guidelines do support PET/CT at end of planned treatment to ensure a complete metabolic response (Zelenetz 2024, Cheson 2014, Barrington 2014). Concurrent diagnostic CTs may be done in lieu of PET/CT if requested, but diagnostic CTs in addition to PET/CT fusion studies do not offer additional information in the setting of a complete metabolic response (Barrington 2014, Cheson 2014).

Surveillance

Advanced imaging surveillance is not supported for PTLD (Zelenetz 2024, Lynch 2014). Surveillance imaging has not been shown to improve outcomes for PTLD and it subjects patients to increased radiation, increased costs, and increased risk of invasive procedures for incidental findings (Lynch, 2014). Surveillance is predominantly via EBV PCR (Zelenetz, 2024).

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Waldenström Macroglobulinemia or Lymphoplasmacytic Lymphoma (ONC-27.10)

ON.NH.0027.10.A
v3.0.2025

Indication	Imaging Study
Initial Staging/Diagnosis	ANY or ALL of the following are indicated: • CT Chest with contrast (CPT® 71260) • CT Abdomen and Pelvis with contrast (CPT® 74177) • PET/CT (CPT® 78815 or CPT® 78816)
Treatment Response	• CT with contrast of previously involved area(s) every 2 cycles of therapy
End of Therapy Evaluation	• CT with contrast of previously involved area(s)
Suspected Recurrence	ANY or ALL of the following may be approved: • CT Chest with contrast (CPT® 71260) • CT Abdomen and Pelvis with contrast (CPT® 74177) • CT with contrast of previously involved area(s)
Surveillance	Advanced imaging is not routinely indicated for surveillance

Evidence Discussion

Initial Staging

NCCN supports contrasted CT of chest, abdomen, and pelvis (Kumar 2025, Dimopoulous 2019). PET/CT fusion is recommended equally with diagnostic CT by the NCCN (Kumar, 2025).

Restaging

NCCN supports contrasted, diagnostic quality CTs every 2 cycles of chemotherapy and at end of treatment to determine response and prevent under-treatment. Diagnostic, contrasted CTs of chest, abdomen, pelvis and previously involved areas are supported for suspected recurrence (Kumar 2025, Dimopoulous 2019). PET/CT is not consistently

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

correlated with monoclonal protein response, which is the primary means of monitoring this entity and PET/CT is not recommended for restaging of this entity (Banwait 2011,Thomas 2019, Kumar 2025).

Surveillance

Surveillance of lymphoplasmacytic lymphoma is based on laboratory monitoring of blood counts and chemistries, serum proteins, and immunoglobulins. There is no established role for imaging surveillance in this entity (Thomas 2019, Kumar 2025).

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (ONC-27)

v3.0.2025

1. Zelenetz AD, Gordon LI, Abramson JS, et al. National Comprehensive Cancer Network (NCCN) Guidelines Version 1.2025 – December 20, 2024. B-cell lymphomas, available at: https://www.nccn.org/professionals/physician_gls/pdf/B-CELL.pdf Referenced with permission from the NCCN Clinical Practice Guidelines in Oncology (NCCN Guidelines™) for B-cell lymphomas V1.2025 – December 20, 2024. ©2024 National Comprehensive Cancer Network, Inc. All rights reserved. The NCCN Guidelines™ and illustrations herein may not be reproduced in any form for any purpose without the express written permission of the NCCN. To view the most recent and complete version of the NCCN Guidelines™, go online to NCCN.org.
2. Horwitz SM, Ansell S, Ai WZ, et al. National Comprehensive Cancer Network (NCCN) Guidelines Version 1.2025 – November 11, 2024. T-cell lymphomas, available at: https://www.nccn.org/professionals/physician_gls/pdf/T-CELL.pdf Referenced with permission from the NCCN Clinical Practice Guidelines in Oncology (NCCN Guidelines™) for T-cell lymphomas V1.2025 – November 11, 2024. ©2024 National Comprehensive Cancer Network, Inc. All rights reserved. The NCCN Guidelines™ and illustrations herein may not be reproduced in any form for any purpose without the express written permission of the NCCN. To view the most recent and complete version of the NCCN Guidelines™, go online to NCCN.org.
3. Cheson BD, Fisher RI, Barrington SF, et al. Recommendations for initial evaluation, staging, and response assessment for Hodgkin and Non-Hodgkin lymphoma: the Lugano classification. *J Clin Oncol*. 2014;32(27):3059-3067. doi:10.1200/JCO.2013.54.8800.
4. Barrington SF, Mikhaeel NG, Kostakoglu L, et al. Role of imaging in the staging and response assessment of lymphoma: consensus of the International Conference on Malignant Lymphomas Imaging Working Group. *J Clin Oncol*. 2014;32(27):3048-3058. doi:10.1200/JCO.2013.53.5229.
5. Thompson CA, Ghesquieres H, Maurer MJ, et al. Utility of routine post-therapy surveillance imaging in diffuse Large B-Cell Lymphoma. *J Clin Oncol*. 2014;32(31):3506-3512. doi:10.1200/JCO.2014.55.7561.
6. El-Galaly TC, Jakobsen LH, Hutchings M, et al. Routine imaging for diffuse Large B-Cell Lymphoma in first complete remission does not improve post-treatment survival: a Danish-Swedish population-based study. *J Clin Oncol*. 2015;33(34):3993-3998. doi:10.1200/JCO.2015.62.0229.
7. Huntington SF, Svoboda J, Doshi JA. Cost-effectiveness analysis of routine surveillance imaging of patients with diffuse Large B-Cell Lymphoma in first remission. *J Clin Oncol*. 2015;33(13):1467-1474. doi:10.1200/JCO.2014.58.5729.
8. Mamot C, Klingbiel D, Hitz F, et al. Final results of a prospective evaluation of the predictive value of interim positron emission tomography in patients with diffuse large B-cell lymphoma treated with R-CHOP-14 (SAKK 38/07). *J Clin Oncol*. 2015;33(23):2523-2529. doi:10.1200/JCO.2014.58.9846.
9. Mylam KJ, Nielsen AL, Pedersen LM, Hutchings M. Fluorine-18-fluorodeoxyglucose positron emission tomography in diffuse large B-cell lymphoma. *PET Clin*. 2014;9(4):443-455. doi:10.1016/j.cpet.2014.06.001.
10. Avivi I, Zilberlicht A, Dann EJ, et al. Strikingly high false positivity of surveillance FDG-PET/CT scanning among patients with diffuse large cell lymphoma in the rituximab era. *Am J Hematol*. 2013;88(5):400-405. doi:10.1002/ajh.23423.
11. Ulrich Dührsen, Stefan Müller, Bernd Hertenstein, et al. Positron emission tomography-guided therapy of aggressive non-Hodgkin lymphomas (PETAL): a multicenter, randomized phase III trial. *J Clin Oncol*. 2018;36(20):2024-2034. doi:10.1200/JCO.2017.76.8093.
12. Bijal S, Mattison RJ, Abboud R, et al. National Comprehensive Cancer Network (NCCN) Guidelines Version 3.2024 – December 20, 2024. Acute Lymphoblastic Leukemia, available at: https://www.nccn.org/professionals/physician_gls/pdf/all.pdf Referenced with permission from the NCCN Clinical Practice Guidelines in Oncology (NCCN Guidelines™) for Acute Lymphoblastic Leukemia V3.2024 – December 20, 2024. ©2024 National Comprehensive Cancer Network, Inc. All rights reserved. The NCCN Guidelines™ and illustrations herein may not be reproduced in any form for any purpose without the express written permission of the NCCN. To view the most recent and complete version of the NCCN Guidelines™, go online to NCCN.org.
13. Lynch RC, Zelenetz AD, Armitage JO, Carson KR. Surveillance imaging for lymphoma: pros and cons. *Am Soc Clin Oncol Educ Book*. 2014:e388-95. doi:10.14694/EdBook_AM.2014.34.e388.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

14. Kumar SK, Callander NS, Adekola K, et al. National Comprehensive Cancer Network (NCCN) Guidelines Version 3.2025 –February 6, 2025. Waldenstrom Macroglobulinemia/Lymphoplasmacytic Lymphoma, available at: https://www.nccn.org/professionals/physician_gls/pdf/waldenstroms.pdf Referenced with permission from the NCCN Clinical Practice Guidelines in Oncology (NCCN Guidelines™) for Waldenstrom Macroglobulinemia/ Lymphoplasmacytic Lymphoma V3.2025 – February 6, 2025. ©2025 National Comprehensive Cancer Network, Inc. All rights reserved. The NCCN Guidelines™ and illustrations herein may not be reproduced in any form for any purpose without the express written permission of the NCCN. To view the most recent and complete version of the NCCN Guidelines™, go online to NCCN.org.
15. Banwait R, O'Regan K, Campigotto F, et al. The role of 18F-FDG PET/CT imaging in Waldenstrom macroglobulinemia. *Am J Hematol*. 2011;86(7):567-72. doi:10.1002/ajh.22044.
16. Thomas R, Braschi-Amirfarzan M, Laferriere SL, Jagannathan JP. Imaging of Waldenström macroglobulinemia: a comprehensive review for the radiologist in the era of personalized medicine. *AJR Am J Roentgenol.* 2019;213(6):W248-W256. doi:10.2214/AJR.19.21493.
17. Dimopoulos MA, Kastritis E. How I treat Waldenström macroglobulinemia. *Blood*. 2019;134(23):2022-2035. doi:10.1182/blood.2019000725.
18. Noy A, Schöder H, Gönen M, et al. The majority of transformed lymphomas have high standardized uptake values (SUVs) on positron emission tomography (PET) scanning similar to diffuse large B-cell lymphoma (DLBCL). *Ann Oncol*. 2009;20(3):508-12. doi:10.1093/annonc/mdn657.
19. Zucca E, Arcaini L, Buske C, et al. Marginal zone lymphomas: ESMO clinical practice guidelines for diagnosis, treatment and follow-up. *Ann Oncol*. 2020;31(1):17-29. doi:10.1016/j.annonc.2019.10.010.
20. Barrington SF, Mikhaeel NG. PET scans for staging and restaging in diffuse large b-cell and follicular lymphomas. *Curr Hematol Malig Rep*. 2016;11(3):185-95. doi:10.1007/s11899-016-0318-1.
21. Dupuis J, Berriolo-Riedinger A, Julian A, et al. Impact of [18F]Fluorodeoxyglucose Positron Emission Tomography response evaluation in patients with high-tumor burden follicular lymphoma treated with immunochemotherapy: a prospective study from the Groupe d'Etudes des Lymphomes de l'Adulte and GOELAMS. *J Clin Oncol.* 2012;30:4317-4322.
22. Reshef R, Vardhanabhuti S, Luskin MR, et al. Reduction of immunosuppression as initial therapy for posttransplantation lymphoproliferative disorder. *Am J Transplant*. 2011;11(2):336-47. doi:10.1111/ j.1600-6143.2010.03387.x.
23. Paquin AR, Oyogoa E, McMurry HS, et al. The diagnosis and management of suspected lymphoma in general practice. *Eur J Haematol*. 2023;110(1):3–13. doi:10.1111/ejh.13863.
24. Kühnl A, Cunningham D, Hutka M, et al. Rapid access clinic for unexplained lymphadenopathy and suspected malignancy: prospective analysis of 1000 patients. *BMC Hematol*. 2018;18:19. doi:10.1186/s12878-018-0109-0.
25. Bosch X, Coloma E, Donate C, et al. Evaluation of unexplained peripheral lymphadenopathy and suspected malignancy using a distinct quick diagnostic delivery model: prospective study of 372 patients. *Medicine (Baltimore)*. 2014;93(16):e95. doi:10.1097/MD.0000000000000095.
26. Nixon S, Bezverbnaya K, Maganti M, et al. Evaluation of lymphadenopathy and suspected lymphoma in a lymphoma rapid diagnosis clinic. *JCO Oncol Pract*. 2020;16(1):e29-e36. doi:10.1200/JOP.19.00202.
27. Tokola S, Kuitunen H, Turpeenniemi-Hujanen T, Kuittinen O. Interim and end-of-treatment PET-CT suffers from high false-positive rates in DLBCL: Biopsy is needed prior to treatment decisions. *Cancer Med*. 2021;10(9):3035-3044. doi:10.1002/cam4.3867.
28. Guidot DM, Switchenko JM, Nastoupil LJ, et al. Surveillance imaging in mantle cell lymphoma in first remission lacks clinical utility. *Leuk Lymphoma*. 2018;59(4):888-895. doi:10.1080/10428194.2017.1361032.
29. National Cancer Institute PDQ® Cancer Treatment Summary, Peripheral T-Cell Non-hodgkin Lymphoma Treatment –Health Professional Version. Peripheral T-Cell Non-Hodgkin Lymphoma Treatment (PDQ®) - NCI (cancer.gov).

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Hodgkin Lymphoma (ONC-28)

Guideline

Hodgkin Lymphoma – General Considerations (ONC-28.1)
Classical Hodgkin Lymphoma (ONC-28.2)
Nodular Lymphocyte – Predominant Hodgkin Lymphoma (ONC-28.3)
References (ONC-28)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Hodgkin Lymphoma – General Considerations (ONC-28.1)

ON.HL.0028.1.A
v3.0.2025

- Lymphoma is often suspected when individuals have any of the following:
  - Bulky lymphadenopathy (lymph node mass >10 cm in size), hepatomegaly or splenomegaly
  - The presence of systemic symptoms (fever, drenching night sweats or unintended weight loss of >10%, called “B symptoms”)
- Individuals with AIDS-related lymphoma should be imaged according to the primary lymphoma histology.
- The **Deauville Criteria** are internationally accepted criteria, which utilize a five-point scoring system for the FDG avidity of a Hodgkin's lymphoma or Non-Hodgkin's lymphoma tumor mass as seen on FDG PET.
  - Score 1: No uptake above the background
  - Score 2: Uptake ≤mediastinum
  - Score 3: Uptake >mediastinum but ≤liver
  - Score 4: Uptake moderately increased compared to the liver at any site
  - Score 5: Uptake markedly increased compared to the liver at any site
  - Score X: New areas of uptake unlikely to be related to lymphoma

Indication	Imaging Study
• Biopsy proven lymphoma, or • Suspected lymphoma and any one of the following: ◦ Bulky lymphadenopathy (LN mass >10 cm) ◦ Hepatomegaly ◦ Splenomegaly ◦ B symptom: Unexplained fever, drenching night sweats, unintended weight loss >10% total body weight	• CT Chest (CPT® 71260) and CT Abdomen and Pelvis (CPT® 74177) with contrast ◦ MRI without and with contrast for individuals who cannot tolerate CT contrast due to allergy or impaired renal function
Signs or symptoms of disease involving the neck	• CT Neck with contrast (CPT® 70491)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Indication	Imaging Study
Signs or symptoms suggesting CNS involvement with lymphoma	• MRI Brain without and with contrast (CPT® 70553) • See: **CNS Lymphoma (also known as Microglioma) (ONC-2.7)**
Known or suspected bone involvement with lymphoma	• MRI without and with contrast of symptomatic or previously involved bony areas ◦ Bone scan is inferior to MRI for evaluation of known or suspected bone involvement with lymphoma
Determine a more favorable site for biopsy when a relatively inaccessible site is contemplated	• PET/CT (CPT® 78815 or CPT® 78816) ◦ PET/CT is medically unnecessary for all other indications prior to histological confirmation of lymphoma
CAR-T cell therapy	Once before treatment and once 30-60 days after completion of treatment: • PET/CT (CPT® 78815 or CPT® 78816)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Classical Hodgkin Lymphoma (ONC-28.2)

ON.HL.0028.2.A

v3.0.2025

- This section applies to nodular sclerosis, mixed cellularity, lymphocyte-depleted and lymphocyte-rich subtypes of Hodgkin lymphoma.
- Pregnancy-specific considerations: US Abdomen (CPT® 76700) or MRI Abdomen without contrast (CPT® 74181) and MRI Pelvis without contrast (CPT® 72195) are medically necessary in lieu of PET/CT or CT imaging.

Indication	Imaging Study
Initial Staging/Diagnosis	ANY or ALL of the following: • PET/CT (CPT® 78815 or CPT® 78816) • CT Neck with contrast (CPT® 70491) • CT Chest with contrast (CPT® 71260) • CT Abdomen and Pelvis with contrast (CPT® 74177)
Prior to initiation of therapy if one month or more has passed since previous PET/CT was performed	• PET/CT (CPT® 78815 or CPT® 78816)
Treatment Response	• PET/CT (CPT® 78815 or CPT® 78816) as frequently as every 2 cycles
End of Chemotherapy and/or Radiation Therapy Evaluation	• PET/CT (CPT® 78815 or CPT® 78816) may be approved at the end of chemotherapy and again at the end of radiation (at least 12 weeks after completion of radiation therapy)
Suspected or biopsy proven recurrence	ANY or ALL of the following: • CT Neck with contrast (CPT® 70491) • CT Chest with contrast (CPT® 71260) • CT Abdomen and Pelvis with contrast (CPT® 74177) • CT with contrast of previously involved area(s) • PET/CT (CPT® 78815 or CPT® 78816) if suspected recurrence ≥3 months after completion of therapy

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Indication	Imaging Study
Surveillance	ANY or ALL of the following, every 6 months for 2 years after completion of therapy: • CT Neck with contrast (CPT® 70491) • CT Chest with contrast (CPT® 71260) • CT Abdomen and Pelvis with contrast (CPT® 74177) • CT with contrast of previously involved area(s) In addition to the above studies: • A single follow-up PET/CT may be approved at three months if end of therapy PET/CT shows Deauville 4 or 5 FDG avidity

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Nodular Lymphocyte – Predominant Hodgkin Lymphoma (ONC-28.3)

ON.HL.0028.3.A
v3.0.2025

Indication	Imaging Study
Initial Staging/Diagnosis	ANY or ALL of the following may be approved: • PET/CT (CPT® 78815 or CPT® 78816) • CT Neck with contrast (CPT® 70491) • CT Chest with contrast (CPT® 71260) • CT Abdomen and Pelvis with contrast (CPT® 74177)
Treatment Response	• CT with contrast of previously involved areas as frequently as every 2 cycles
End of Chemotherapy and/or Radiation Therapy Evaluation	• PET/CT (CPT® 78815 or CPT® 78816) may be approved at the end of chemotherapy and again at the end of radiation (at least 12 weeks after completion of radiation therapy)
Suspected Recurrence	ANY or ALL of the following may be approved: • CT Neck with contrast (CPT® 70491) • CT Chest with contrast (CPT® 71260) • CT Abdomen and Pelvis with contrast (CPT® 74177) • CT with contrast of previously involved area(s)
Biopsy proven recurrence	• PET/CT (CPT® 78815 or CPT® 78816)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Indication	Imaging Study
Suspected transformation (Richter's) from a low-grade lymphoma to a more aggressive type based on one or more of the following: • New B symptoms • Rapidly growing lymph nodes • Extranodal disease develops • Significant recent rise in LDH above normal range	• PET/CT (CPT® 78815 or CPT® 78816)
Surveillance	ANY or ALL of the following may be approved every 6 months for 2 years after completion of therapy: • CT Neck with contrast (CPT® 70491) • CT Chest with contrast (CPT® 71260) • CT Abdomen and Pelvis with contrast (CPT® 74177) • CT with contrast of previously involved area(s) In addition to the above studies: • A single follow-up PET/CT may be approved at three months if end of therapy PET/CT shows Deauville 4 or 5 FDG avidity

Evidence Discussion - ONC-28

Initial staging and Restaging

PET imaging is useful for staging, prognosis, and treatment stratification in all subtypes of Hodgkin Lymphoma. Staging with PET/CT rather than CT often confirms a higher stage of disease. While overall survival outcome is not clearly improved by staging/ restaging with PET/CT, stratification of treatment based on PET/CT benefits patients by preventing over- and under-treatment. PET is thus supported for initial staging, re-staging every 2 cycles, and at the end of therapy. False positive rates are elevated in the weeks following radiation, reaching up to 20%. Decisions based on scans done in close proximity to radiation may result in over-treatment. Therefore, PET/CT should not be performed until 12 weeks after completion of radiation.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Diagnostic CT with contrast is supported concurrently with PET/CT for initial staging as it may better differentiate nodal conglomerates from individual nodes in close proximity, and node bulk is prognostic and also used for treatment stratification. However, performing diagnostic CTs concurrently with PET/CT at restaging does not provide a benefit, as FDG avidity is highly indicative of response in Hodgkin lymphoma, where CT alone may over- or under- estimate response. FDG avidity guides response assessment and informs subsequent treatment decisions. This includes intensifying therapy if PET avidity persists after 2-4 cycles, or omitting consolidative radiotherapy in cases of good response on PET/CT after 4 cycles for low-stage disease. A complete metabolic response (Deauville score of 3 or less) should be confirmed to determine the end of treatment . If the end-of-therapy PET/CT shows a Deauville score of 4-5, repeating the PET/CT 3 months later is appropriate to confirm the metabolic status of residual masses and to prevent under-treatment.

While PET/MRI shows high concordance with PET/CT at a decreased radiation dose, it is inferior for assessing disease in the lungs, more time-consuming, and more costly. Furthermore, it has not been established as a standard for treatment stratification in adult Hodgkin Lymphoma and is therefore not recommended over PET/CT.

Surveillance

Surveillance imaging with PET/CT is not supported, as the false-positive rate with PET scans in this context is greater than 20%, leading to unnecessary investigations, radiation exposure, biopsies, expense, and patient anxiety. In addition, no statistically significant difference in survival has been noted with CT surveillance imaging in Hodgkin Lymphoma, despite statistically significant increase in radiation exposure and cost. However, given that many existing protocols still require surveillance imaging, the NCCN continues to support CT surveillance every 6 months in the first two years post therapy if requested. Given that the NCCN is viewed as the standard of care in most US Oncology treatment centers, we have chosen to align with this current NCCN recommendation for a patient- and provider-centric approach.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (ONC-28)

v3.0.2025

1. Hoppe RT, Advani RH, Ambinder RF, et al. National Comprehensive Cancer Network (NCCN) Guidelines Version 2.2025 – January 30, 2025. Hodgkin lymphoma, available at: https://www.nccn.org/professionals/physician_gls/pdf/hodgkins.pdf Referenced with permission from the NCCN Clinical Practice Guidelines in Oncology (NCCN Guidelines™) for Hodgkins Lymphoma V2.2025 – January 30, 2025. ©2025 National Comprehensive Cancer Network, Inc. All rights reserved. The NCCN Guidelines™ and illustrations herein may not be reproduced in any form for any purpose without the express written permission of the NCCN. To view the most recent and complete version of the NCCN Guidelines™, go online to NCCN.org.
2. Cheson BD, Fisher RI, Barrington SF, et al. Recommendations for initial evaluation, staging, and response assessment for Hodgkin and Non-Hodgkin lymphoma: the Lugano classification. J Clin Oncol. 2014;32(27):3059-3067. doi:10.1200/JCO.2013.54.8800.
3. Barrington SF, Mikhaeel NG, Kostakoglu L, et al. Role of imaging in the staging and response assessment of lymphoma: consensus of the International Conference on Malignant Lymphomas Imaging Working Group. J Clin Oncol. 2014;32(27):3048-3058. doi:10.1200/JCO.2013.53.5229.
4. Pingali SR, Jewell SW, Havlat L, et al. Limited utility of routine surveillance imaging for classical Hodgkin lymphoma patients in first complete remission. *Cancer*. 2014;120:2122-2129.
5. Ha CS, Hodgson DC, Advani R, et al. Follow-up of Hodgkin lymphoma. ACR Appropriateness Criteria® 2014;1-16.
6. Picardi M, Pugliese N, Cirillo, M et al. Advanced-stage Hodgkin lymphoma: US/Chest radiography for detection of relapse in patients in first complete remission—a randomized trial of routine surveillance imaging procedures. *Radiology*. 2014;272:262-274.
7. Gallamini A, and Kostakoglu L. Interim FDG-PET in Hodgkin lymphoma: a compass of a safe navigation in clinical trials? *Blood*. 2012;120(25):4913-4920.
8. Biggi A, Gallamini A, Chauvie S, et al. International validation study for interim PET in ABVD-treated, advanced-stage Hodgkin lymphoma: interpretation criteria and concordance rate among reviewers. *J Nucl Med*. 2013; 54(5):683-690.
9. Gallamini A, Barrington SF, Biggi, et al. The predictive role of interim positron emission tomography for Hodgkin lymphoma treatment outcome is confirmed using the interpretation criteria of the Deauville five-point scale. *Haematologica*. 2014; 99(6):1107-1113.
10. El-Galaly TC, Mylam KJ, Brown P, et al. Positron emission tomography/computed tomography surveillance in patients with Hodgkin lymphoma in first remission has a low positive predictive value and high costs. *Haematologica*. 2012;97(6):931-936.
11. Fuchs M, Goergen H, Kobe C, et al. Positron Emission tomography-guided treatment in early-stage favorable Hodgkin lymphoma: final results of the international, randomized phase III HD16 trial by the German Hodgkin study group. *J Clin Oncol*. 2019;37(31):2835-2845. doi:10.1200/JCO.19.00964.
12. Borchmann P, Plütschow A, Kobe C, et al. PET-guided omission of radiotherapy in early-stage unfavourable Hodgkin lymphoma (GHSG HD17): a multicentre, open-label, randomised, phase 3 trial. *Lancet Oncol*. 2021;22(2):223-234. doi:10.1016/S1470-2045(20)30601-X.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Hematopoietic Stem Cell Transplantation (ONC-29)

Guideline

General Considerations for Stem Cell Transplant (ONC-29.1)
Reference (ONC-29)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

General Considerations for Stem Cell Transplant (ONC-29.1)

ON.HT.0029.1.A
v3.0.2025

Transplant Types:

Allogeneic ("allo"): The donor and recipient are different people, and there are multiple types depending on the source of the stem cells and degree of match between donor and recipient. This is most commonly used in diseases originating in the hematopoietic system, such as leukemias and lymphomas, and bone marrow failure syndromes or metabolic disorders. Common types are:

- Matched sibling donor (MSD or MRD): Donor and recipient are full siblings and HLA-matched
- Matched unrelated donor (MUD): Donor and recipient are HLA matched but not related to each other
- Cord blood: Donor stem cells come from frozen umbilical cord blood not related to the recipient, sometimes from multiple different donors at once
- Haploidentical transplant (haplo): Donor is a half-HLA match to the recipient, usually a parent

Autologous ("auto"): The donor and recipient are the same person. The process involves delivery of high dose chemotherapy that is ablative to the bone marrow, followed by an infusion of one's own harvested stem cells.

Allogeneic HSCT results in a much greater degree of immunosuppression than autologous HSCT because of the need to allow the new immune system to chimerize with the recipient's body. Immune reconstitution commonly takes more than a year for individuals who receive allogeneic HSCT, and individuals remain at high- risk for invasive infections until that has occurred.

Pre-Transplant Imaging in HSCT:

- Pre-transplant imaging in HSCT generally takes place within 30 days prior to transplant and involves a reassessment of the individual's disease status as well as infectious disease clearance.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Indication	Imaging
Immediate pre-transplant period	• CT Chest with contrast (CPT® 71260) or CT Chest without contrast (CPT® 71250) for ANY of the following: ◦ Any individual prior to undergoing allogeneic transplant ◦ New findings on chest x-ray ◦ New/worsening signs/symptoms of chest involvement • CT Sinus (CPT® 70486) for any clinical signs or symptoms • CT of other body areas is not indicated without clinical signs or symptoms of involvement
Assess cardiac function	• Echocardiogram (CPT® 93306, CPT® 93307 or CPT® 93308) ◦ MUGA scan (CPT® 78472) may be indicated in specific circumstances, see: **Oncologic Indications for Cancer Therapeutics-Related Cardiac Dysfunction (CTRCD) (CD-12.1)** in the Cardiac Imaging Guidelines
Assess pulmonary function	• Pulmonary function tests
Assess primary disease status	• See disease-specific guidelines for end of therapy response assessment

Post-Transplant Imaging in HSCT:

- There are many common complications from HSCT, including infection, acute and chronic graft versus host disease (GVHD), hepatic sinusoidal obstruction syndrome, restrictive lung disease, among others.
- Disease response generally takes place at ~Day +30 (autos and some allos) or ~Day +100 (allos) post-transplant.

Indication	Imaging
Assess known or suspected HSCT complications	• Site-specific imaging should generally be approved

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Indication	Imaging
Suspected hepatic GVHD (elevated liver enzymes)	• Abdominal US (CPT® 76700 or CPT® 76705)
Suspected Bronchiolitis Obliterans Syndrome (BOS)	• CT Chest without contrast (CPT® 71250)
Assess primary disease status post-transplant	• See disease-specific guidelines for end of therapy evaluation and surveillance
Individuals receiving tandem auto transplants (2-4 autos back-to-back, spaced 6 to 8 weeks apart)	• Guideline recommended imaging can be repeated after each transplant

Evidence Discussion

Pre-Transplant imaging in Hematopoietic Stem Cell Transplant (HSCT)

This refers to imaging in the immediate pre-transplant period, approximately 30 days prior to anticipated HSCT. There is not a clear consensus for pre-transplant infectious screening with imaging, but a CT chest and CT sinus are supported for any clinical signs and symptoms of respiratory or sinus infection. The NCCN does not support CT imaging for infection screening in asymptomatic patients. There is no clear data to support pre-transplant sinus imaging in adult patients; extrapolation from pediatric data shows no change in pre-transplantation management nor prediction of post-transplant sinusitis based on pre-transplant imaging of asymptomatic patients. Screening for infection of abdomen and pelvis with advanced imaging is not supported as it has not been shown to change management or outcomes yet increases cost and radiation exposure. Echocardiogram is supported prior to transplant conditioning for all patients, to assure the safest possible dosing for cardiotoxic agents. MUGA scan is supported to supplement echocardiogram in patients with a previous low ejection fraction (LVEF <50%).

Post-Transplant imaging in HSCT

Timing of post-transplant disease restaging varies by disease process. Generally, repeat imaging follows the disease-specific guidelines for end of therapy evaluation and surveillance. For patients receiving tandem auto transplants, disease-specific imaging can be repeated after each transplant. Imaging for post-transplant complications maximizes patient safety and allows for early intervention.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Reference (ONC-29)

v3.0.2025

1. Loren AW, Mielcarek M, Bolaños-Meade J, et. al. National Comprehensive Cancer Network (NCCN) Guidelines Version 2.2024 – August 30, 2024. Hematopoietic Cell Transplantation, available at: https://www. nccn.org/professionals/physician_gls/pdf/hct.pdf. Referenced with permission from the NCCN Clinical Practice Guidelines in Oncology (NCCN Guidelines®) for Hematopoietic Cell Transplantation V2.2024 – August 30, 2024. ©2024 National Comprehensive Cancer Network, Inc. All rights reserved. The NCCN Guidelines® and illustrations herein may not be reproduced in any form for any purpose without the express written permission of the NCCN. To view the most recent and complete version of the NCCN Guidelines®, go online to NCCN.org.
2. Harreld JH, Kaufman RA, Kang G, et al. Utility of pre-hematopoietic cell transplantation sinus CT screening in children and adolescents. *AJNR Am J Neuroradiol*. 2020;41(5):911-916. doi:10.3174/ajnr.A6509.
3. Chan SS, Coblentz A, Bhatia A, et al. Imaging of pediatric hematopoietic stem cell transplant recipients: A COG Diagnostic Imaging Committee/SPR Oncology Committee White Paper. *Pediatr Blood Cancer*. 2023;70 Suppl 4(Suppl 4):e30013. doi:10.1002/pbc.30013.
4. Kaste SC, Kaufman RA, Sunkara A, et al. Routine pre- and post-hematopoietic stem cell transplant computed tomography of the abdomen for detecting invasive fungal infection has limited value. *Biol Blood Marrow Transplant*. 2015;21(6):1132-5. doi:10.1016/j.bbmt.2015.02.023.
5. Plana JC, Galderisi M, Barac A, et al. Expert consensus for multimodality imaging evaluation of adult patients during and after cancer therapy: a report from the American Society of Echocardiography and the European Association of Cardiovascular Imaging. *European Heart Journal - Cardiovascular Imaging*. 2014;15(10):1063-1093. doi:10.1093/ehjci/jeu192.
6. Peña E, Souza CA, Escuissato DL, et al. Noninfectious pulmonary complications after hematopoietic stem cell transplantation: practical approach to imaging diagnosis. *Radiographics*. 2014;34(3):663-83. doi:10.1148/rg.343135080.
7. Alhomoud M, Chokr N, Gomez-Arteaga A, et a. Screening chest CT prior to allogenic hematopoietic stem cell trasplantation. *Transplant Cell Ther*. 2023;29(5):326.e1-326.e10. doi:10.1016/j.jtct.2023.01.029.
8. McQuinn D, Racki L, Venkre VP, et al. Full body screening computed tomography prior to allogeneic hematopoietic stem cell transplantation: a single institution experience from an academic center. *Blood*. 2023;142:378-379.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Medical Conditions with Cancer in the Differential Diagnosis (ONC-30)

Guideline

Fever of Unknown Origin (FUO) (ONC-30.1)
Unexplained Weight Loss (ONC-30.2)
Paraneoplastic Syndromes (ONC-30.3)
References (ONC-30)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Fever of Unknown Origin (FUO) (ONC-30.1)

ON.MC.0030.1.A
v3.0.2025

- FUO is defined as a persistent fever ≥101°F and ≥3 weeks with unidentified cause.
- While fever is a classic "B" symptom of advanced lymphoma, a cancer-related fever presenting in isolation without any other signs or symptoms of neoplastic disease is rare.

Indication	Imaging Study
If physical examination, Chest X-ray, and laboratory studies are non-diagnostic	• Echocardiogram (CPT® 93306) • Abdominal ultrasound (CPT® 76700) • MRI Brain without and with contrast (CPT® 70553)
Above studies (including PE/ENT exam, pelvic exam, and DRE with laboratory studies) have failed to demonstrate site of infection	• CT Chest (CPT® 71260) and CT Abdomen and Pelvis (CPT® 74177) with contrast • Radiopharmaceutical localization of tumor or distribution of radiopharmaceutical agent(s): CPT® 78800, CPT® 78801, or CPT® 78802, CPT® 78804, CPT® 78803 or CPT® 78831 (SPECT), or CPT® 78830, or CPT® 78832 (SPECT/CT)
"B" symptoms	• See: **Non-Hodgkin Lymphomas (ONC-27)**
Any CNS sign/symptom accompanied by fever	• MRI Brain without and with contrast (CPT® 70553)
All individuals	• PET is not indicated in the work-up of individuals with FUO

Evidence Discussion

The widely accepted definition of "Fever of Unknown Origin" is persistent fever of at least 101 degrees F for at least 3 weeks with unidentified cause. Most published recommendations are based on expert consensus rather than data. Malignancy accounts for 20-30% of FUO in adults (David 2022, Wright 2020). The remainder are infectious, inflammatory, and immune mediated. Physical exam, chest x-ray, and

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

laboratory findings including workup for specific infections should guide workup, and all routine age-based cancer screening should be complete. If these are negative, further workup may be indicated. Echocardiogram, abdominal ultrasound, and MRI Brain without and with contrast are supported, with sensitivity rates of 80-86%, as abdominal and pelvic abscess, endocarditis, and viral and bacterial CNS processes remain more common causes of fever than malignancy (David 2022, Bleeker-Rovers 2007, Wright 2020). These modalities limit radiation exposure and are recommended as first line imaging in most algorithms (David 2022, Wright 2020, Bleeker-Rovers 2007).

If the above workup has not demonstrated a source of infection, CT with contrast of the chest, abdomen and pelvis is supported as second line imaging, with sensitivity of up to 90% and specificity up to 70% for determining the cause of fever (Davis 2022, Wright 2020). Technitium-based scans are insensitive but highly specific (93-94%), with the advantage of lower radiation exposure than CT, and are supported to localize infectious or inflammatory foci (David 2022, Hayakawa 2016, Takeuchi 2016). MRI Brain without and with contrast is supported for any CNS symptoms accompanied by fever, as supported by several FUO algorithms and as outlined in HD-14.1 CNS and Head Infection. B symptoms with concern for lymphoma also warrant CTs, with further details outlined in eviCore ONC 27.1. The utility of PET/CT in workup of FUO is emerging, but specificity is variable, ranging from 52-85% (Bleeker-Rovers 2007, Kan 2019, Takeuchi 2016, Minamimoto 2022, Palestro 2023). At this time it is not routinely supported in the workup of FUO.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Unexplained Weight Loss (ONC-30.2)

ON.MC.0030.2.A
v3.0.2025

- Unintentional weight loss is defined as loss of ≥10 lbs. or ≥5% of body weight over 6 months or less, without an identifiable reason.
- Initial workup for all individuals may include appropriate detailed history, physical exam, baseline laboratory studies (e.g., CBC, CMP, HgbA1c, ESR/CRP, infectious workup, stool hemoccult, endocrine evaluation to rule out thyroid, pituitary, or gonadal dysfunction, etc.), chest x-ray, age-appropriate cancer screening, and neurological evaluation to rule out depression/dementia.
- Additional workup is directed to evaluate specific signs, symptoms, red flags, or abnormalities detected on initial workup. See condition-specific imaging guidelines for additional details.
- PET is not appropriate in the work-up of individuals with unexplained weight loss.

Indication	Imaging Study
CNS symptoms or abnormal pituitary hormones	• MRI Brain or Sella Turcica without and with contrast (CPT® 70553)
Abnormal thyroid function	• Thyroid ultrasound (CPT® 76536)
Abnormal liver function	• Abdominal ultrasound (CPT® 76700)
Abnormal kidney function	• Ultrasound kidney and bladder (CPT® 76770 or CPT® 76775)
Suspected cardiac dysfunction	• Echocardiogram (CPT® 93306)
Non-smokers	• Chest x-ray ◦ CT Chest with contrast (CPT® 71260) to evaluate abnormalities on chest x-ray
Current or former smokers	• CT Chest with contrast (CPT® 71260)
Dysphagia or early satiety	See: **Dysphagia and Esophageal Disorders (NECK-3)**
GI bleeding	See: **GI Bleeding (AB-22)**
Abdominal pain without red flag signs	See: **Abdominal Pain (AB-2)**

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Indication	Imaging Study
Suspected pancreatic cancer in individuals aged ≥60 years with weight loss and at least one of the following[13]: • Diarrhea • Back pain • Abdominal pain • Nausea/vomiting • Constipation • New onset diabetes • Abnormal labs (CA 19-9, LFTs) • Non-diagnostic or negative abdominal ultrasound	Any ONE of the following may be obtained: • CT Abdomen with contrast (CPT® 74160) • CT Abdomen and Pelvis with contrast (CPT® 74177) • MRI Abdomen without and with contrast (CPT® 74183) See also: **Epigastric Pain and Dyspepsia (AB-2.5)**
If all of the above do not identify cause of weight loss	Any of the following, if not previously performed: • CT Chest (CPT® 71260) • CT Abdomen and Pelvis (CPT® 74177) with contrast

Evidence Discussion

Gradual weight loss is a common occurrence in the elderly. Unintentional weight loss that is associated with in increased risk of morbidity and mortality is generally defined as a weight loss of percentage5 body weight over a period of 6-12 months (Gaddey 2014, Alibhai 2005). Among patients with unintentional weight loss, a minority are diagnosed with malignancy (Bosch 2017, Nicholson 2018). There is no unified published consensus or guideline to guide the workup for weight loss, but most publications recommend that the primary workup should be symptom- focused and include laboratory studies and age-appropriate cancer screening. Workup for particular symptoms or lab findings should be guided by condition-specific guidelines. Based on symptoms and lab findings, thyroid ultrasound, abdominal/renal ultrasounds, and/or echocardiogram are supported by these guidelines. All patients with CNS symptoms or abnormal pituitary hormones warrant an MRI. A chest x-ray is reasonable in all patients (Gaddey 2014, Alibhai 2005, Metalidis 2007).

A negative baseline evaluation is reassuring; with at least one prospective study showing that no patients with a negative baseline clinical and laboratory evaluation were found to have malignancy on subsequent studies (Metalidis 2007, Gaddey 2014). However, other prospective studies do illustrate that underlying malignancy may be

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

detected on advanced imaging, with the highest predictive value for lung, pancreatic, lymphomas, prostate and colorectal cancers (Bosch 2017, Nicholson 2018). Based on this, these guidelines support contrasted CT chest as part of initial workup for all smokers with clinically significant weight loss. These guidelines also support CT or MRI Abdomen (or CT Abdomen and Pelvis) as part of initial workup for patients age 60+ with clinical significant weight loss and additional signs and symptoms significantly associated with pancreatic cancer (NICE 2015). For all other patients, if the patient has clinically significant unintentional weight loss as defined in paragraph 1, and the initial baseline evaluations above are negative, CT with contrast of the chest, abdomen and pelvis are appropriate and supported by these guidelines (Gaddey 2014, Nicholson 2018, Alibhai 2005).

No published algorithm routinely supports PET/CT in the evaluation of unexplained weight loss, and there are no prospective studies illustrating the sensitivity or specificity of PET in this scenario. There may be patients who meet evidence-based criteria for PET/CT based on their specific signs, symptoms and findings, particularly in the lymphomas (refer to guidelines ONC-27 and 28 and ONC 1.4).

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Paraneoplastic Syndromes (ONC-30.3)

ON.MC.0030.3.A
v3.0.2025

- Paraneoplastic syndromes are metabolic and neuromuscular disturbances. These syndromes are not directly related to a tumor or to metastatic disease. There may be a lead time between initial finding of a possible paraneoplastic syndrome and appearance of the cancer with imaging. Limited studies suggest annual imaging for 2 years after diagnosis of possible paraneoplastic syndrome may detect cancer, however benefit after 2 years is not well documented.
- The following are the most common symptoms of paraneoplastic syndromes known to arise from various malignancies:
  - Hypertrophic Pulmonary Osteoarthropathy: Often presents as a constellation of rheumatoid-like polyarthritis, periostitis of long bones, and clubbing of fingers and toes
  - Amyloidosis
  - Hypercalcemia
  - Hypophosphatemia
  - Cushing's Syndrome
  - Somatostatinoma syndrome (vomiting, abdominal pain, diarrhea, cholelithiasis)
  - Syndrome of inappropriate antidiuretic hormone secretion (SIADH)
  - Polymyositis/dermatomyositis
  - Opsoclonus
  - Paraneoplastic sensory neuropathy
  - Subacute cerebellar degeneration
  - Eaton-Lambert syndrome (a myasthenia-like syndrome)
  - Second event of unprovoked thrombosis
  - Disseminated Intravascular Coagulation
  - Migratory thrombophlebitis
  - Polycythemia
  - Chronic leukocytosis and/or thrombocytosis
  - Elevated tumor markers
  - Cryptogenic stroke (see also: **HD-21.3)**
- See: **Muscle Disorders (PN-6)** in the Peripheral Nerve Disorders Imaging Guidelines.
- See: **Multiple Myeloma and Plasmacytomas (ONC-25)** for evaluation of possible multiple myeloma.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Indication	Imaging Study
Initial evaluation	• CT Chest (CPT® 71260) and CT Abdomen and Pelvis (CPT® 74177) with contrast
ANY of the following: • Abnormality on conventional imaging difficult to biopsy • Inconclusive conventional imaging • Documented paraneoplastic antibody and conventional imaging fails to demonstrate primary site	• PET/CT (CPT® 78815 or CPT® 78816)
Subsequent evaluation for known paraneoplastic syndrome	• CT Chest (CPT® 71260) and CT Abdomen and Pelvis (CPT® 74177) with contrast may be repeated every 6 months for 2 years after initial imaging for Lambert-Eaton Myasthenia syndrome • CT Chest (CPT® 71260) and CT Abdomen and Pelvis (CPT® 74177) with contrast may be repeated every 6 months for 4 years for all other paraneoplastic syndromes
Systemic mastocytosis	ANY ONE of the following: • CT Abdomen and Pelvis (CPT® 74177) with contrast • MRI Abdomen (CPT® 74183) and MRI Pelvis (CPT® 72197) without and with contrast is indicated • PET/CT scan is not indicated for evaluation of mastocytosis
First episode of unprovoked DVT/VTE	• Imaging to evaluate for malignancy is not indicated
Second unprovoked DVT/PE	• Imaging may be considered in the setting of a negative work-up for inherited thrombophilia and antiphospholipid syndrome
Thyroid US is recommended for elevated CEA, and upper/lower endoscopy is recommended for elevated CEA or CA 19-9.	

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Evidence Discussion

Cross sectional imaging with contrasted CT of the chest, abdomen and pelvis is generally considered first-line to look for visceral malignancy in most paraneoplastic syndromes. While sensitivity varies widely (30-82% across studies), specificity is reasonable (71-100%) (Sheikhbahaei 2017). PET/CT is supported in patients with documented paraneoplastic antibodies, inconclusive conventional imaging, or to assess for alternate biopsy sites when an abnormality is found on conventional imaging that is inaccessible for biopsy. The sensitivity and specificity of PET/CT is approximately 80%, when used to evaluate patients who had negative or unclear conventional imaging (Harlos 2019). PET/CT is not supported as first line imaging as PET may miss smaller tumors, and has a false negative rate of approximately 20% in this setting (Sheikhbahaei 2017). While there is a lack of prospective data on monitoring paraneoplastic syndromes, it is known that these phenomena may precede detectable malignancy. In the interest of patient safety, these guidelines support repeat CT imaging every 6 months for 4 years; for Lambert-Eaton Syndrome, 2 years is sufficient as 96% of associated SCLC is detected in the first year, with later reports generally from an era of lesser quality CTs. (Pelosof 2010, Badawy 2023, Titulauer 2011).

Venous thromboembolism in the absence of a hypercoagulable risk factor may suggest occult malignancy. Blood testing, exam and non-advanced imaging have been shown to be helpful in most cancers that present with a first unprovoked DVT, but other advanced imaging is not cost-effective without other symptoms suggesting malignancy in this setting. In the setting of a second unprovoked DVT, cross sectional imaging with contrasted CT may be considered and is supported by eviCore guidelines (Badawy 2023, Rutherford 2007, Schwartzbach 2012).

Systemic mastocyctosis may also develop extramedullary involvement and end-organ dysfunction, particularly involving liver and spleen. CT or MRI of abdomen and pelvis are supported in alignment with the NCCN. There is no NCCN recommendation for PET/CT in systemic mastocytosis.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (ONC-30)

v3.0.2025

1. Carrier M, Lazo-Langner A, Shivakumar S, et al. Screening for occult cancer in unprovoked venous thromboembolism. *N Engl J Med*. 2015 June;373:697-704. doi:10.1056/NEJMoa1506623.
2. Sioka C, Fotopoulos A, Kyritsis AP. Paraneoplastic neurological syndromes and the role of PET imaging. *Oncology.* 2010;78(2):150–156. doi:10.1159/000312657.
3. Schramm N, Rominger A, Schmidt C, et al. Detection of underlying malignancy in patients with paraneoplastic neurological syndromes: comparison of 18F-FDG PET/CT and contrast-enhanced CT. *Eur J Nucl Med Mol Imaging*. 2013;40(7):1014-1024. doi:10.1007/s00259-013-2372-4.
4. Qiu L, Chen Y. The role of 18F-FDG PET or PET/CT in the detection of fever of unknown origin. *Eur J Radiol*. 2012;81(11):3524-3529. doi:10.1016/j.ejrad.2012.05.025.
5. Pelosof LC, Gerber DE. Paraneoplastic syndromes: an approach to diagnosis and treatment. *Mayo Clin Proc*. 2010;85(9):838-854. doi:10.4065/mcp.2010.0099.
6. Wong CJ. Involuntary weight loss. *Med Clin North Am.*2014;98(3):625-43. doi:10.1016/j.mcna.2014.01.012.
7. Titulaer MJ, Soffieti R, Dalmau J, et al. Screening of tumours in paraneoplastic syndromes: report of an EFNS task force. *Eur J Neurol.* 2011;18(1):19–e3. doi:10.1111/j.1468-1331.2010.03220.x.
8. Lancaster E. Paraneoplastic disorders. *Continuum (Minneap Minn)*. 2017;23(6, Neuro-oncology):1653-1679. doi:10.1212/CON.0000000000000542.
9. Gerds AT, Gotlib J, Abdelmessieh P, et al. National Comprehensive Cancer Network (NCCN) Guidelines Version 3.2024 – April 24, 2024. Systemic Mastocytosis, available at: https://www.nccn.org/professionals/physician_gls/pdf/mastocytosis.pdf. Referenced with permission from the NCCN Clinical Practice Guidelines in Oncology (NCCN Guidelines™) for Systemic Mastocytosis V3.2024 – April 2, 2024. ©2024 National Comprehensive Cancer Network, Inc. All rights reserved. The NCCN Guidelines™ and illustrations herein may not be reproduced in any form for any purpose without the express written permission of the NCCN. To view the most recent and complete version of the NCCN Guidelines™, go online to NCCN.org.
10. Saver JL. Cryptogenic stroke. *N Engl J Med.* 2016;374:2065-2074. doi:10.1056/NEJMcp1503946.
11. Schwarzbach CJ, Schaefer A, Ebert A, et. al. Stroke and cancer: the importance of cancer-assocaited hypercoagulation as a possible stroke etiology. *Stroke*. 2012;43(11):3029-3034. doi:10.1161/STROKEAHA.112.658625.
12. Kamel H, Merkler AE, Iadecola C, Gupta A, Navi B. Tailoring the approach to embolic stroke of undetermined source: a review. *JAMA Neurol*. 2019;76(7):855-861. doi:10.1001/jamaneurol.2019.0591.
13. National Institute for Health and Care Excellence (NICE). Upper gastroinestinal tract cancers. In: Suspected cancer: recognition and referral. 2015. https://www.nice.org.uk/guidance/ng12/chapter/Recommendations-organised-by-site-of-cancer#upper-gastrointestinal-tract-cancers.
14. David A, Quinlan JD. Fever of unknown origin in adults. *Am Fam Physician*. 2022;105(2):137-143.
15. Wright WF, Auwaerter PG. Fever and fever of unknown origin: review, recent advances, and lingering dogma. *Open Forum Infect Dis*. 2020;7(5):ofaa132. doi:10.1093/ofid/ofaa132.
16. Bleeker-Rovers CP, Vos FJ, de Kleijn EMHA, et al. A prospective multicenter study on fever of unknown origin: the yield of a structured diagnostic protocol. *Medicine (Baltimore)*. 2007;86(1):26-38. doi:10.1097/MD.0b013e31802fe858.
17. Bleeker-Rovers CP, Vos FJ, Mudde AH, et al. A prospective multi-centre study of the value of FDG-PET as part of a structured diagnostic protocol in patients with fever of unknown origin. *Eur J Nucl Med Mol Imaging*. 2007;34(5):694-703. doi:10.1007/s00259-006-0295-z.
18. Hayakawa K, Ramasamy B, Chandrasekar PH. Fever of unknown origin: an evidence-based review. *Am J Med Sci*. 2012;344(4):307-16. doi:10.1097/MAJ.0b013e31824ae504.
19. Minamimoto R. Optimal use of the FDG-PET/CT in the diagnostic process of fever of unknown origin (FUO): a comprehensive review. *Jpn J Radiol*. 2022;40(11):1121-1137. doi:10.1007/s11604-022-01306-w.
20. Palestro CJ, Brandon DC, Dibble EH, Keidar Z, Kwak JJ. FDG PET in evaluation of patients with fever of unknown origin: AJR expert panel narrative review. *AJR Am J Roentgenol*. 2023;221(2):151-162. doi:10.2214/AJR.22.28726.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

21. Takeuchi M, Dahabreh IJ, Nihashi T, Iwata M, Varghese GM, Terasawa T. Nuclear imaging for classic fever of unknown origin: meta-analysis. *J Nucl Med.* 2016;57(12):1913-1919. doi:10.2967/jnumed.116.174391.
22. Kan Y, Wang W, Liu J, Yang J, Wang Z. Contribution of 18F-FDG PET/CT in a case-mix of fever of unknown origin and inflammation of unknown origin: a meta-analysis. *Acta Radiol*. 2019;60(6):716-725. doi:10.1177/0284185118799512.
23. Gaddey HL, Holder K. Unintentional weight loss in older adults. *Am Fam Physician*. 2014;89(9):718-22.
24. Nicholson BD, Hamilton W, O'Sullivan J, Aveyard P, Hobbs FR. Weight loss as a predictor of cancer in primary care: a systematic review and meta-analysis. *Br J Gen Pract*. 2018;68(670):e311-e322. doi: 10.3399/bjgp18X695801.
25. Bosch X, Monclús E, Escoda O, et al. Unintentional weight loss: Clinical characteristics and outcomes in a prospective cohort of 2677 patients. *PLoS One*. 2017;12(4):e0175125. doi:10.1371/journal.pone.0175125.
26. Alibhai SM, Greenwood C, Payette H. An approach to the management of unintentional weight loss in elderly people. *CMAJ*. 2005;172(6):773-80. doi:10.1503/cmaj.1031527.
27. Metalidis C, Knockaert DC, Bobbaers H, Vanderschueren S. Involuntary weight loss. Does a negative baseline evaluation provide adequate reassurance? *Eur J Intern Med*. 2008;19(5):345-9. doi:10.1016/j.ejim.2007.09.019.
28. National Institute for Health and Care Excellence (NICE). Upper gastroinestinal tract cancers. In: Suspected cancer: recognition and referral. 2015. https://www.nice.org.uk/guidance/ng12/chapter/Recommendations-organised-by-site-of-cancer#uppergastrointestinal-tract-ca.
29. Harlos C, Metser U, Poon R, MacCrostie P, Mason W. 18 F-Fluorodeoxyglucose positron-emission tomography for the investigation of malignancy in patients with suspected paraneoplastic neurologic syndromes and negative or indeterminate conventional imaging: a retrospective analysis of the Ontario PET Access Program, with systematic review and meta-analysis. *Curr Oncol*. 2019;26(4):e458-e465. doi:10.3747/co.26.4583.
30. Pelosof LC, Gerber DE. Paraneoplastic syndromes: an approach to diagnosis and treatment. *Mayo Clin Proc*. 2010;85(9):838-54. doi:10.4065/mcp.2010.0099.
31. Badawy M, Revzin MV, Consul N, et al. Paraneoplastic syndromes from head to toe: pathophysiology, imaging features, and workup. *Radiographics*. 2023;43(3):e220085. doi:10.1148/rg.220085.
32. Sundermann B, Schröder JB, Warnecke T, et al. Imaging workup of suspected classical paraneoplastic neurological syndromes: a systematic review and retrospective analysis of 18F-FDG-PET-CT. Acad Radiol. 2017;24(10):1195–1202.
33. Sheikhbahaei S, Marcus CV, Fragomeni RS, Rowe SP, Javadi MS, Solnes LB. Whole-Body 18F-FDG PET and 18F-FDG PET/CT in patients with suspected paraneoplastic syndrome: a systematic review and meta-analysis of diagnostic accuracy. *J Nucl Med*. 2017;58(7):1031–1036.
34. Titulaer MJ, Soffieti R, Dalmau J, et al. Screening of tumours in paraneoplastic syndromes: report of an EFNS task force. *Eur J Neurol*. 2011;18(1):19–e3. doi:10.1111/j.1468-1331.2010.03220.x.
35. Rutherford GC, Dineen RA, O'Connor A. Imaging in the investigation of paraneoplastic syndromes. *Clin Radiol*. 2007;62(11):1021–1035.
36. Schwarzbach CJ, Schaefer A, Ebert A, et. al. Stroke and cancer: the importance of cancer-associated hypercoagulation as a possible stroke etiology. *Stroke*. 2012;43(11):3029-3034. doi:10.1161/STROKEAHA.112.658625.3.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Metastatic Cancer, Carcinoma of Unknown Primary Site, and Other Types of Cancer (ONC-31)

Guideline

General Guidelines (ONC-31.0)
Lung Metastases (ONC-31.1)
Liver Metastases (ONC-31.2)
Brain Metastases (ONC-31.3)
Adrenal Gland Metastases (ONC-31.4)
Bone (Non-Vertebral) Metastases (ONC-31.5)
Spinal/Vertebral Metastases (ONC-31.6)
Carcinoma of Unknown Primary Site (ONC-31.7)
Extrathoracic Small Cell and Large Cell Neuroendocrine Tumors (ONC-31.8)
Primary Peritoneal Mesothelioma (ONC-31.9)
Kaposi's Sarcoma (ONC-31.10)
Castleman's Disease (Unicentric and Multicentric) (ONC-31.11)
References (ONC-31)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

General Guidelines (ONC-31.0)

ON.UP.0031.0.A

v3.0.2025

- Guideline sections Lung Metastases (ONC-31.1) through Spinal Vertebral Metastases (ONC-31.6) are designed to supplement the disease-specific guidelines when the disease-specific guidelines do not provide guidance on the clinical scenario in question.
- These sections can also be used if the cancer type is rare and does not have its own diagnosis-specific imaging guidelines.
- These sections may also be used for lesions suspicious for cancer that do not have guidance in other disease-specific areas of the guidelines.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Lung Metastases (ONC-31.1)

ON.UP.0031.1.A
v3.0.2025

Indication	Imaging Study
New or worsening signs or symptoms suggestive of metastatic lung involvement or new or worsening chest x-ray abnormality	• CT Chest with contrast (CPT® 71260) • CT Chest without contrast (CPT® 71250) can be approved if there is a contraindication to CT contrast or only parenchymal lesions are being evaluated
Chest wall or brachial plexus involvement	• MRI Chest without and with contrast (CPT® 71552)
ONE of the following **and** no diagnosis-specific guideline regarding PET imaging: • Lung nodule(s) ≥8 mm • Confirm solitary metastasis amenable to resection on conventional imaging	• PET/CT (CPT® 78815) • When primary cancer known, PET request should be reviewed by primary cancer guideline
Previous or current malignancy and pulmonary nodule(s) that would reasonably metastasize to the lungs	• CT Chest with contrast (CPT® 71260) or CT Chest without contrast (CPT® 71250) at 3, 6, 12, and 24 months from the first study

Evidence Discussion

All patients with a history of cancer who have new signs or symptoms suggestive of metastatic disease to the lung, or who have new or worsening findings on chest x-ray, warrant CT chest. Contrast is preferable in most scenarios to include evaluation of soft tissue and nodes, but a non-contrast study may be approved if there is a contraindication to contrast or if only parenchymal lung lesions are being evaluated. CT with contrast (or without if for parenchymal lesion only) is supported to follow up new lung nodules in patients with a history of malignancy (Christensen 2024). There is, however, no clear consensus on a time line for this follow up across all malignancy types. Where guidance is not provided in the disease-specific guidelines, these guidelines suggest a follow up time line of CT at 3,6,12 and 24 months from discovery of nodule, extrapolating from Fleischner and Lung-RADS data that a nodule stable >24 months is exceedingly unlikely to be malignant (MacMahon 2017, Christensen 2024). MRI with and without contrast is supported for suspected malignant infiltration of the

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

brachial plexus or chest wall infiltration, for better soft tissue delineation (Szaro 2021, 2022).

PET/CT is generally addressed in the guidelines for each specific cancer. If no specific guidance is provided, PET/CT is supported for lung nodules greater than or equal to 8mm (MacMahon 2017). In the interest of patient safety to prevent futile invasive procedures on patients with occult metastatic disease, PET/CT is also supported by these guidelines to confirm solitary metastasis on conventional imaging that may be amenable to curative-intent resection. PET/CT surveillance is not generally supported due to high radiation exposure, financial toxicity, and excess radiation exposure.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Liver Metastases (ONC-31.2)

ON.UP.0031.2.A
v3.0.2025

- Yitrium-90 Radioembolization (Y90-RE) is also known either as Selective Internal Radiation Therapy (SIRT) or trans-arterial radioembolization (TARE). (Y90-RE) is indicated for inoperable hepatocellular carcinoma and metastatic disease to the liver. Yitrium-90 resin or glass microsphere is injected into the hepatic vessel which supplies the tumor bed. This delivers high radiation dose to the tumor selectively.
- Yitrium-90 Radioembolization consists of three parts:

1. The pre-treatment planning angiogram with Technetium 99m macroaggregated albumin (Tc-MAA). The TcMAA acts as surrogate for biodistribution of application of Y-90. Planar or SPECT/CT are performed for calculation of lung shunt fraction and identification of extra hepatic uptake. The assessment of hepatopulmonary shunt is important in the determination eventual radiation dose. Presence of extra-hepatic uptake may preclude treatment or require coil embolization.
2. Yitrium-90 Radioembolization treatment typically done 7-10 days after mapping.
3. Post-treatment imaging may be done to confirm tumor localization.

- Ablation of liver metastases or primary HCC may be performed utilizing chemical, chemotherapeutic, radiofrequency, or radioactive isotope. Regardless of the modality of ablation, PET is not indicated for assessing response to this mode of therapy.

Indication	Imaging Study
New or worsening signs or symptoms suggestive of metastatic liver involvement or new elevation in LFTs	• CT Abdomen with (CPT® 74160) or without and with (CPT® 74170) contrast
ANY of the following: • Considering limited resection • Inconclusive CT findings	• MRI Abdomen without and with contrast (CPT® 74183)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Indication	Imaging Study
ONE of the following **and** no diagnosis-specific guideline regarding PET imaging: • Confirm solitary metastasis amenable to resection on conventional imaging • LFT's and/or tumor markers continue to rise and CT and MRI are negative	• PET/CT (CPT® 78815) ◦ When primary cancer known, PET request should be reviewed by primary cancer guideline
Monitoring of liver metastases that have been surgically resected	• Review according to primary cancer guideline
Evaluation of hepatic artery chemotherapy infusion or TACE (transarterial chemoembolization)	• CTA Abdomen (CPT® 74175) is indicated immediately prior to embolization ONE of the following studies immediately prior to and one month post-embolization, if not previously done: • CT Abdomen without and with contrast (CPT® 74170) • MRI Abdomen without and with contrast (CPT® 74183)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Indication	Imaging Study
Evaluation for hepatic artery radioembolization with Y-90 radioactive spheres (TheraSphere or SIR Spheres) for liver metastases or primary liver tumors	To assess hepatic vascular anatomy before the procedure, any ONE of the following: • 3D Rendering (CPT® 76377) if conventional hepatic angiogram is being performed • CTA Abdomen (CPT® 74175) ONE of the following studies may be approved PRE-treatment based upon provider preference: • Radiopharmaceutical Localization Limited Area (CPT® 78800 or CPT® 78801) • SPECT or SPECT/CT (CPT® 78803, 78831, 78830, or 78832) • CPT® 78835 may be approved as an add-on code with SPECT/CT codes only (CPT® 78803, 78831, 78830, or 78832) for calculation of lung shunt fraction if planar imaging (CPT® 78800 or CPT® 78801) not performed. Liver-lung shunt calculation is included in planar scans and does not require additional Lung Perfusion Scan ONE of the following studies may be approved POST-treatment based upon provider preference: • Radiopharmaceutical Localization Limited Area (CPT® 78800 or CPT® 78801) • SPECT or SPECT/CT (CPT® 78803, 78831, 78830, or 78832)
Monitoring of ablated liver metastases or primary tumors	ONE of the following, immediately prior to ablation, 1 month post-ablation, then every 3 months for 2 years, and then every 6 months until year 5: • CT Abdomen without and with contrast (CPT® 74170) • MRI Abdomen without and with contrast (CPT® 74183)

Evidence Discussion

For patients with known malignancy with new symptoms suggestive of metastatic liver involvement or increase in LFTs, these guidelines support CT of the abdomen

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

with contrast or with and without contrast as first line imaging. This helps differentiate vascular enhancement patterns, number of lesions, and associated abdominal findings. If the CT remains indeterminate, MRI with and without contrast is supported as MRI enables better characterization of the internal features of the lesion (Gore 2017, Maino 2023). For patient safety, MRI is also supported if limited resection is being considered.

PET/CT is less specific than conventional imaging for liver lesions, and is not first line to clarify indeterminate liver findings on CT (Gore 2017). However, if LFTs or tumor markers continue to rise and CT and MRI are negative, PET/CT may be used as a problem-solving tool to look for occult metastatic disease (Gore 2017). In the interest of patient safety, if a curative-intent resection of a liver lesion is planned, PET/CT may be used to confirm the liver metastasis is solitary to prevent subjecting the patient to a futile resection.

Imaging is indicated to evaluate for hepatic artery chemotherapy infusion or transarterial chemoembolization (TACE). Either CT or or MRI with and without contrast may be used for this purpose, per provider preference based on individual tumor characteristics, per the logic note in paragraph 1. These guidelines for imaging for radioembolization align with international working group TheraSphere Global Dosimetry Steering Committee (DSC) recommendations (Salem 2023). Vascular mapping prior to radioembolization with CTA abdomen (with 3d rendering if requested), as well as a single nuclear medicine liver planar study or SPECT/SPECT-CT study, based on provider preference and individual tumor characteristics (Salem 2023). Liver-lung shunt calculations can generally be calculated from pre-treatment scans and an addition lung perfusion scan is not generally supported (Salem 2023). The nuclear imaging used pre-treatment is supported once post-treatment, and cross sectional imaging with CT or MRI to evaluate response is supported 1 month post treatment (Salem 2023).

Monitoring of ablated liver tumors, metastatic or primary, is with cross sectional imaging with CT or MRI abdomen, with and without contrast, per provider preference based on patient and tumor characteristics. In alignment with the NCCN hepatocellular carcinoma surveillance recommendations, this guideline supports this imaging 1 month post ablation, every 3 months for 2 years, then every 6 months until year 5 (Benson 2024). PET is not routinely supported for follow up for ablated liver lesions, regardless of ablation modality (Benson 2024, Barabasch 2015). The sensitivity of PET is only 65% in this setting, compared with 96% for MRI, and the positive and negative predictive values are also significantly superior for MRI vs PET (Barabasch 2015).

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Brain Metastases (ONC-31.3)

ON.UP.0031.3.A
v3.0.2025

Indication	Imaging Study
Individual with cancer and signs or symptoms of CNS disease or known brain metastasis with new signs or symptoms.	• MRI Brain without and with contrast (CPT® 70553)
To determine candidacy for SRS, and a diagnostic thin-slice MRI Brain has not been performed in the preceding 30 days	• MRI Brain without and with contrast (CPT® 70553)
Stereotactic radiosurgery planning	• Unlisted MRI for treatment planning purposes (CPT® 76498)
Monitoring of brain metastases treated with surgery or radiation therapy	Post-treatment, then every 3 months for 1 year and every 6 months thereafter: • MRI Brain without and with contrast (CPT® 70553) ***Individuals treated with stereotactic radiosurgery alone may have MRI Brain without and with contrast (CPT® 70553) immediately after stereotactic radiosurgery, then every 2 months for the first year, and then every 6 months thereafter
Brain metastases treated with radiation therapy, with recent MRI Brain indeterminate in distinguishing radiation necrosis vs. tumor progression	• MRI Perfusion imaging (CPT® 70553)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Indication	Imaging Study
Brain metastases treated with radiation therapy, with recent MRI Brain and MR Perfusion studies both unable to distinguish radiation necrosis vs. tumor progression	• PET Metabolic Brain (CPT® 78608)
Any of the following: • Solitary brain metastasis suspected in individual with prior diagnosis of cancer and no diagnosis-specific guideline regarding PET imaging • Brain metastases and no known primary tumor	• CT Chest (CPT® 71260) and CT Abdomen and Pelvis (CPT® 74177) with contrast • Mammography for female individuals • PET/CT (CPT® 78815 or CPT® 78816) is indicated for ANY of the following: ◦ Inconclusive conventional imaging ◦ Confirm either stable systemic disease or absence of other metastatic disease ◦ When primary cancer known, PET request should be reviewed by primary cancer guideline
Primary brain tumors	See: **Primary Central Nervous System Tumors (ONC-2)**
MR Spectroscopy (CPT® 76390) is considered not medically necessary for evaluation of metastatic brain cancer	

Evidence Discussion

Brain metastases are the most common malignant intracranial tumors with an incidence 10-fold higher than primary central brain tumors. Common presenting signs and symptoms of brain metastases include headache, nausea, vomiting, focal neurologic deficits, and mental status changes. The most common cancer associated with brain metastases is lung cancer approaching 50% of the cases. Melanoma is associated with the highest incidence of brain metastases.

These guidelines support MRI Brain without and with contrast as the standard imaging modality for evaluation of an individual with suspected or known brain metastases. The post-treatment monitoring after surgery or radiation is based on NCCN guidelines. Specifically for stereotactic radiosurgery planning, a diagnostic MRI is not supported and the MRI request is based on an unlisted procedure code. Advanced imaging with MR perfusion imaging is a problem-solving tool, complementing a standard MRI Brain, to distinguish between radiation necrosis and tumor progression. PET Metabolic Brain

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

imaging is a useful tool to distinguish between radiation necrosis and tumor progression with recent indeterminate MRI Brain and MR Perfusion study.

In individuals who present with brain metastases and no known primary tumor, an evaluation to define a primary cancer is supported. Imaging studies that are supported include CT Chest and CT Abdomen and Pelvis with contrast. Mammography is supported for this staging in female individuals. PET/CT is indicated for inconclusive standard imaging, for evaluation of other metastatic disease or for staging if supported by primary cancer guideline. Biopsy or resection of a suspicious lesion is needed to establish a definitive diagnosis.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Adrenal Gland Metastases (ONC-31.4)

ON.UP.0031.4.A
v3.0.2025

Indication	Imaging Study
Differentiate benign adrenal adenoma from metastatic disease	• See: **Adrenal Cortical Lesions (AB-16.1)** in the Abdomen Imaging Guidelines
Known cancer and no known systemic metastases: • New adrenal mass • Enlarging adrenal mass • Inconclusive findings on recent CT	If not done previously, ANY of the following may be obtained: • CT Abdomen without contrast (CPT® 74150) • CT Abdomen without and with contrast (CPT® 74170, adrenal protocol) • MRI Abdomen without contrast (CPT® 74181) • MRI Abdomen without and with contrast (CPT® 74183) • CT-directed needle biopsy (CPT® 77012)
One of the following and no diagnosis-specific guideline regarding PET imaging: • Biopsy is not feasible or is non-diagnostic • Isolated metastasis on conventional imaging and individual is a candidate for aggressive surgical management	• PET/CT (CPT® 78815) When primary cancer known, PET request should be reviewed by primary cancer guideline
Known extra-adrenal malignancy and undiagnosed adrenal mass being monitored off treatment	See: Phases of **Oncology Imaging and General Phase-Related Considerations (ONC-1.2)**

Evidence Discussion

In patients with known extra-adrenal malignancy and no known systemic metastatic disease who have been found to have a new, enlarging or inconclusive adrenal mass

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

on other imaging, a non-contrast CT adrenal protocol or CT abdomen with and without contrast adrenal protocol or an MRI abdomen without or without and with contrast are all supported by ACR appropriateness criteria (Mody 2021). Non-contrast images allow for initial attenuation measurements, but contrast-enhanced images with imaging for washout characteristics can help differentiate adenomas from metastatic disease (Mody 2021, Mayo-Smith 2017). Non-contrast chemical shift MRI can help detect intracytoplasmic fat, providing insight into benign vs malignant characteristics, but post-contrast imaging adds further specificity for adenoma (Mody 2021, Mayo-Smith 2017). CT-directed needle biopsy may also be appropriate and is supported by the guidelines if requested (Mody 2021, Mayo-Smith 2017).

The utility of PET-CT varies with histology and type of radiotracer. Generally, the use of PET-CT for a given malignancy is addressed in the disease-specific guidelines. For lesions with no known history of malignancy, there is no primary evidence supporting the use of FDG PET-CT for initial evaluation (Mody 2021). In one study of 1,049 incidental adrenal masses in patients with no known history of cancer, zero were malignant (Song 2008). Mild SUV uptake can also be seen in benign adenomas, bringing the sensitivity of PET-CT to only 85% (Vikram 2008, Metser 2006, Mody 2021). False-positive interpretations potentially result in unnecessary invasive procedures. When other adrenal-specific cross sectional imaging is suspicious for malignancy by size and other criteria, biopsy is preferred. If a biopsy is not feasible or non-diagnostic, PET-CT may show increased SUV uptake in malignant lesions and guide further decision making, and is supported by the ACR in this context (Mody 2021, Mayo-Smith 2017).

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Bone (Non-Vertebral) Metastases (ONC-31.5)

ON.UP.0031.5.A
v3.0.2025

- This guideline may be used for individuals with or without a history of malignancy, depending on the indications as listed below.

Indication	Imaging Study
Individuals ≥40 years of age with no history of malignancy who have a symptomatic bone lesion seen on x-ray and malignancy is suspected	EITHER of the following: • CT Chest with contrast (CPT® 71260), CT Abdomen and Pelvis with contrast (CPT® 74177), and Bone Scan (CPT® 78306) OR • FDG PET/CT (CPT® 78815 or CPT® 78816)
Individuals less than 40 years of age with a bone lesion on x-ray	See: **Lesion of Bone (MS-10.2)**
Suspected bone metastasis due to ANY of the following in an individual with a current or prior malignancy: • Bone pain • Rising tumor markers • Elevated alkaline phosphatase	• Bone scan (CPT® 78306) supplemented by plain x-rays is the initial diagnostic imaging study of choice (see: **Nuclear Medicine (NM) Imaging in Oncology [ONC-1.3]** for additional bone scan codes)
ANY of the following: • Bone scan is not feasible or readily available • Bone scan is equivocal or indeterminate • Continued suspicion despite negative/inconclusive bone scan or other imaging modalities • Soft tissue component suspected on other imaging modalities • Differentiate neoplastic disease from Paget's disease of the bone	EITHER of the following: • MRI without and with contrast of the involved body site • CT without or with contrast of the involved body site

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Indication	Imaging Study
Bone metastases suspected and **both** bone scan and either CT or MRI are inconclusive	• ^{18}F-FDG-PET/CT (CPT® 78815 or CPT® 78816)
EITHER of the following: • No prior cancer history with suspected bone metastatic disease or pathologic fracture on plain x-ray • Adult individuals with a biopsy-proven carcinoma of unknown origin in a bone lesion	• See: **Carcinoma of Unknown Primary Site (ONC-31.7)**

Evidence Discussion

Bone scan supplemented by plain x-ray is the generally the first-line modality for patients with current or history of malignancy who have new bone pain, rising tumor markers or elevated alkaline phosphatase. Bone scan is 79-86% sensitive and 81-88% specific for metastatic lesions (Yang 2011, Qu 2012). Bone scan allows rapid whole-skeletal evaluation, to ensure additional bony disease is not missed by focusing on a single site of cross-sectional imaging. MRI is a useful problem-solving tool if there is continued suspicion for bony metastatic disease with a negative bone scan (DiPrimio 2023, Yang 2011). MRI is supported when a soft tissue component is suspect to avoid understaging and undertreatment (ACR 2024, DiPrimio 2023). MRI is also the most specific study to supplement plain x-ray to differentiate Paget disease of bone from neoplastic disease (Lombardi, 2022).

MRI is more accurate than CT or bone scan for the evaluation of malignant vertebral compression fractures and additionally can assess for cord compression, edema or leptomeningeal disease (Liu 2017). Patients with known stage IV cancer with new back pain or any sings of neurologic compromise may be immediately evaluated by MRI of the whole spine without or without and with contrast (ACR 2024, Liu 2017). MRI is also indicated for suspected leptomeningeal disease (ACR 2024, Liu 2017). CT has the lower accuracy than MRI or bone scan in this setting and is only supported when MRI is contraindicated (Liu, 2017). New leptomeningeal disease should prompt an MRI of the brain for complete neuroaxis imaging.

Where imaging is suspicious for bony metastatic disease and a workup for multiple myeloma is negative, CT chest, abdomen and pelvis with contrast are supported to look for a primary malignancy (Piccoli, 2015).

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

The sensitivity and specificity of FDG PET-CT for bony metastatic disease varies with the malignancy. For example, for breast cancer, PET may be more sensitive (96% vs 76% for bone scan) but may be less specific (92% vs 95% for bone scan). However, for some cancers sensitivity of PET is as low as 56% (Liu 2017, Qu 2012). Given this variability, PET/CT is supported as a problem- solving tool when both bone scan and MRI or CT are inconclusive. NCCN does support the use of FDG PET/CT specifically in individuals who 40 years of age or older and who have a symptomatic bone lesion with an abnormal x-ray (Bierrman, 2025). These guidelines allow the flexibility of using FDG PET/CT in this specific scenario if it is desired in lieu of diagnostic CT and bone scan. NaF PET is considered investigational due to varying sensitivity and specificity (Zhang-Yin 2023, Ahmed 2022).

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Spinal/Vertebral Metastases (ONC-31.6)

ON.UP.0031.6.A
v3.0.2025

- Individuals with stage IV cancer with new onset back pain can forgo a bone scan (and plain films) in lieu of an MRI with and without contrast of the spine.

Indication	Imaging Study
Known cancer history and spinal cord compression suspected based on signs/ symptoms of neurological compromise, including, but not limited to: • Unexpected, sudden loss of bowel or bladder control • Sudden loss of ability to ambulate • Complete loss of pinprick sensation corresponding to a specific vertebral level • Loss of pain at a site that had previously been refractory to pain management	MRI Cervical (CPT® 72156), MRI Thoracic (CPT® 72157), and MRI Lumbar Spine (CPT® 72158) without and with contrast OR without contrast • CT Cervical (CPT® 72126), CT Thoracic (CPT® 72129), and CT Lumbar (CPT® 72132) Spine if MRI is contraindicated
Individual with a known history of cancer and ANY of the following: • Metastatic or stage IV cancer with new or worsening back pain • Continued suspicion despite negative/ inconclusive bone scan or other imaging modalities • Back pain and suspicion of spinal malignancy based on any one of the following: ◦ Night pain ◦ Age >70 years ◦ Uncontrolled or unintentional weight loss ◦ Pain unrelieved by change in position ◦ Severe or worsening spinal pain	ONE of the following: • MRI of the relevant spinal level without contrast • MRI of the relevant spinal level without and with contrast • CT of the relevant spinal level without contrast • CT Myelogram of the relevant spinal level

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Indication	Imaging Study
Monitoring untreated vertebral metastases	One of the following, every 3 months for 1 year: • MRI without and with contrast of the involved spinal level • CT without or with contrast of the involved spinal level **Imaging beyond 1 year is based on any new clinical signs/symptoms
Monitoring metastases within the spine treated with surgery and/or radiation therapy	One of the following, once within 3 months post-treatment, and then every 3 months for 1 year: • MRI without and with contrast of the involved spinal level • CT without or with contrast of the involved spinal level **Imaging beyond 1 year is based on any new clinical signs/symptoms

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Indication	Imaging Study
Leptomeningeal involvement with cancer	Suspected: • MRI Brain without and with contrast (CPT® 70553) and MRI Cervical (CPT® 72156), Thoracic (CPT® 72157), and Lumbar spine (CPT® 72158) without and with contrast • CT Cervical (CPT® 72127), Thoracic (CPT® 72130), and Lumbar Spine (CPT® 72133) without and with contrast can be approved if MRI is contraindicated or not readily available On active treatment: • MRI Brain without and with contrast (CPT® 70553) and MRI Cervical (CPT® 72156), Thoracic (CPT® 72157), and Lumbar spine (CPT® 72158) without and with contrast every 2 cycles • CT with or without contrast of the involved spinal level if MRI is contraindicated Once treatment completed: • Routine advanced imaging not indicated for surveillance in asymptomatic individuals

Evidence Discussion

The incidence of malignant cord compression varies with cancer type but is rarely the first sign of systemic cancer. Back pain is the most common presenting symptoms and is reported in 80-95% of patients. Pain is often refractory to traditional pain medications. Sensory and motor deficits occur in 35-75% of patients, and acute bowel/bladder dysfunction are other red flags for cord compression. Up to 35% of patients have multiple levels of compression, which may be non-contiguous, and as such where symptoms as above suggest cord compression in a patient with a history of malignancy, imaging of the whole spine is warranted. MRI with and without contrast has a sensitivity and specificity of 93 and 97 percent respectively. ACR Appropriateness Criteria® state CT myelogram 'may be appropriate' in this setting, and it may be faster to obtain, and may be necessary to plan surgical intervention, and thus is also supported by these guidelines for suspected malignant cord compression.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Some patients will present with more localized symptoms suggestive of localized nerve root involvement but not consistent with the above symptoms of cord compression. Unilateral symptoms suggest a lower motor neuron lesion. Other symptoms suggestive of nerve root involvement are night pain, refractory pain, and pain unrelieved by a change in position. Elderly patients with a cancer history are also at higher risk for nerve root involvement. Unintentional weight loss without other localizing symptoms may also suggest nerve root involvement. Aligning with ACR Appropriateness Criteria, in patients with a history of malignancy with any of the above, MRI without and with contrast of the involved spinal level of symptoms is supported. CT is less sensitive than MRI in this setting and is supported only when MRI is contraindicated.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Carcinoma of Unknown Primary Site (ONC-31.7)

ON.UP.0031.7.A
v3.0.2025

General Considerations

- Defined as carcinoma found in a lymph node or in an organ known not to be the primary for that cell type (e.g., adenocarcinoma arising in the brain or in a neck lymph node).
- This guideline also applies to a pathologic fracture that is clearly due to metastatic neoplastic disease in an individual without a previous cancer history.
- Detailed history and physical examination including pelvic and rectal exams and laboratory tests to be performed before advanced imaging.
- Individuals presenting with a thoracic squamous cell carcinoma described as metastatic appearing on chest imaging, or in lymph nodes above the clavicle, should undergo a detailed head and neck examination by a clinician skilled in laryngeal and pharyngeal examinations, especially in smokers.
- Individuals with suspected unknown primary based on only suspicious lytic bone lesions should be considered for serum protein electrophoresis (SPEP); urine protein electrophoresis (UPEP) and serum free light chains prior to consideration of extensive imaging.

Indication	Imaging Study
Carcinoma found in a lymph node or in an organ known not to be primary	• CT Chest (CPT® 71260) and CT Abdomen and Pelvis with contrast (CPT® 74177) • CT Neck with contrast (CPT® 70491) if cervical or supraclavicular involvement • CT with contrast or MRI without and with contrast of any other symptomatic site • For female individuals: ◦ Diagnostic (not screening) mammogram and full pelvic exam ◦ MRI Breasts Bilateral (CPT® 77049) if pathology consistent with breast primary and mammogram is inconclusive

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Indication	Imaging Study
Sebaceous carcinoma of the skin (can be associated with underlying primary malignancy)	• CT Chest (CPT® 71260) and CT Abdomen and Pelvis with contrast (CPT® 74177) • CT Neck with contrast (CPT® 70491) if cervical or supraclavicular involvement • CT with contrast or MRI without and with contrast of any other symptomatic site
Axillary adenocarcinoma	• Diagnostic (not screening) mammogram and full pelvic exam • MRI Breasts Bilateral (CPT® 77049) if pathology consistent with breast primary and mammogram is inconclusive • If the above are non-diagnostic for primary site: ◦ CT Neck (CPT® 70491), CT Chest (CPT® 71260), and CT Abdomen (CPT® 74160) with contrast ◦ CT with contrast or MRI without and with contrast of any other symptomatic site
EITHER of the following: • Carcinoma found within a bone lesion • Unexplained pathologic fracture	• CT Chest (CPT® 71260) and CT Abdomen and Pelvis with contrast (CPT® 74177) • Bone Scan (CPT® 78306) (see: **Nuclear Medicine (NM) Imaging in Oncology (ONC-1.3)** for additional bone scan codes) • CT with contrast or MRI without and with contrast of any symptomatic site
ANY of the following: • Above studies have failed to demonstrate site of primary • CT scans reveal isolated metastatic disease for which definitive curative therapy is planned	• PET/CT (CPT® 78815 or CPT® 78816)
Post-treatment surveillance	• Advanced imaging is not indicated for routine surveillance of asymptomatic individuals after treatment completion

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Evidence Discussion

Carcinoma of unknown primary site (CUP) is defined as carcinoma found in a lymph node or in an organ known not to be the primary for that cell type (e.g., adenocarcinoma arising in the brain or in a neck lymph node). This guideline also applies to a pathologic fracture that is clearly due to metastatic neoplastic disease in an individual without a previous cancer history. Individuals with suspected unknown primary based on only suspicious lytic bone lesions should be considered for serum protein electrophoresis (SPEP); urine protein electrophoresis (UPEP) and serum free light chains prior to consideration of extensive imaging.

CUP generally occurs in older adults, the majority 6-75 years, and accounts for 2-9% of all tumors. Median survival is poor, at 3-10 months. 20% of patients fall into a more favorable risk group with median survival >1 year, and imaging may help identify this group (Kramer 2022, Stevenson 2024). The primary step in workup of CUP, before advanced imaging, is a detailed history and physical examination including pelvic and rectal exams and laboratory tests, including basic CBC/Chemistries/LFTS but also tumor markers, immunohistochemistry, and PSA (for men over 40). Endoscopy should also be considered if pathology suggests a GI primary. CT of the chest, abdomen and pelvis with contrast is supported for all individuals where primary site is not suggested on physical and lab evaluation, in alignment with NCCN and the European Society of Medical Oncology (ESMO) (Stevenson 2024, Kramer 2022). CT neck may be included if cervical or supraclavicular involvement, as well as CT or MRI for other symptomatic sites or abnormal sites on physical, with the choice of modality driven by body site of interest. If the site of carcinoma is a bone lesion that is not consistent with multiple myeloma, a bone scan should be added to the workup. Morphology on bone scan can help determine the primary site, where lytic lesions are most suggestive of myeloma, renal cell, GI and melanoma, and blastic lesions most commonly occur with prostate cancer and GI carcinoid. Other morphologic features such as location and expansile nature can also help guide workup and treatment toward a particular primary site. (Piccioli 2015). PET/CT has not been shown to be superior to bone scan for this purpose, and in fact may be less sensitive than bone scan for lesions <1cm (Piccioli 2015, Stevenson 2024)

It is essential that female patients have a diagnostic (not screening), mammogram and full pelvic exam. If pathology is consistent with breast cancer from axillary node or other metastatic site, but mammogram is inconclusive, a bilateral breast MRI with and without contrast is supported, as MRI may identify the breast as the primary site in approximately half of the patients presenting with axillary adenocarcinoma metastases (Buchanan 2005, Stevenson 2024). If a primary site is still not found, CT Neck, Chest, Abdomen and Pelvis are supported.

These guidelines align with the NCCN and support PET-CT can be used as a problem-solving tool to look for a primary site of disease when the studies described above still

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

do not reveal a primary site (Stevenson 2024). PET is of intermediate specificity in this setting and large randomized trials are lacking (Stevenson 2024). A meta-analysis on the use of PET/CT in patients with CUP found that primary tumors were detected in 37% of 433 patients across 11 studies, with pooled sensitivity and specificity of 84% (Kwee 2009, Stevenson 2024). In addition, if CT scans reveal oligometastatic disease and definitive curative therapy is planned, the absence of other sites of disease may be confirmed with PET-CT to prevent over- or under-treatment (Kramer 2022, Stevenson 2024).

Subsequent imaging and surveillance should follow the guideline for each primary site, once a likely primary has been established. NCCN states follow-up should be with history and physical with subsequent diagnostic testing based on symptoms. In 20-50% of patients, the primary site remains unidentified even after postmortem examination, thus continued imaging is low-yield and may contribute to the significant distress associated with the uncertainty of this condition (Kramer 2022, Stevenson 2024). There is no data-driven algorithm for imaging surveillance when the primary site of disease remains undiscovered (Stevenson, 2024).

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Extrathoracic Small Cell and Large Cell Neuroendocrine Tumors (ONC-31.8)

ON.UP.0031.8.A
v3.0.2025

- All poorly-differentiated or high-grade, small cell and large cell neuroendocrine tumors arising outside the lungs or of unknown primary origin are imaged according to these guidelines.
- For intrathoracic poorly differentiated neuroendocrine cancer, see: **Small Cell Lung Cancer (ONC-7)**

Indication	Imaging Study
Initial staging	ONE of the following combinations: • CT Chest (CPT® 71260) and CT Abdomen and Pelvis (CPT® 74177) with contrast • CT Chest with contrast (CPT® 71260) and MRI Abdomen without and with contrast (CPT® 74183) and MRI Pelvis without and with contrast (CPT® 72197)
Inconclusive findings on conventional imaging studies	• PET/CT (CPT® 78815)
ANY of the following: • Poorly differentiated neuroendocrine cancers of the head or neck • Signs or symptoms of CNS involvement	• MRI Brain without and with contrast (CPT® 70553)
Restaging during treatment	ONE of the following combinations, every 2 cycles: • CT Chest (CPT® 71260) and CT Abdomen and Pelvis (CPT® 74177) and CT of any known sites of disease with contrast • CT Chest with contrast (CPT® 71260) and MRI Abdomen without and with contrast (CPT® 74183) and MRI Pelvis without and with contrast (CPT® 72197) and CT with contrast of any known sites of disease

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Indication	Imaging Study
Suspected Recurrence	ANY or ALL of the following are indicated: • CT Chest (CPT® 71260) and CT Abdomen and Pelvis (CPT® 74177) with contrast or CT Chest with contrast (CPT® 71260) and MRI Abdomen without and with contrast (CPT® 74183) and MRI Pelvis without and with contrast (CPT® 72197) • MRI Brain without and with contrast (CPT® 70553) • Bone scan (CPT® 78306) (See: **Nuclear Medicine (NM) Imaging in Oncology (ONC-1.3)** for additional bone scan codes) • PET imaging is generally **not** indicated but can be considered for rare circumstances.
Surveillance	ONE of the following combinations every 3 months for 1 year, then every 6 months: • CT Chest (CPT® 71260) and CT Abdomen and Pelvis (CPT® 74177) • CT Chest with contrast (CPT® 71260) and MRI Abdomen without and with contrast (CPT® 74183) and MRI Pelvis without and with contrast (CPT® 72197)

Evidence Discussion

Poorly differentiated/high grade neuroendocrine tumors (NET) may occur anywhere in the body and exhibit more aggressive behavior than other neuroendocrine tumors. When these tumors occur in the lung, they are managed like small cell lung cancer and the small-cell lung cancer guidelines apply. This section refers to extrathoracic, poorly-differentiated or high-grade NETs.

Initial Staging

Initial staging with contrasted CT of the chest, abdomen and pelvis is supported, with sensitivity and specificity ranging from 82-100% (Półtorak-Szymczak 2021, Bergsland 2023). Metastatic disease, particularly to the liver, is common with this entity within this setting (Walter 2017, NCI 2024). MRI is equally supported by NCCN for imaging of the abdomen and pelvis. Given the undifferentiated nature of these tumors, dotatate PET/CT is not routinely supported as they do not consistently have somatostatin receptors, with some studies showing this modality missing 50% of tumors (NCI 2024). Sensitivity and specificity of FDG PET/CT is superior to somatostatin-receptor based imaging for undifferentiated tumors, but is still widely variable and is not supported for first line imaging but may be used as a problem-solving tool when conventional

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

imaging is inconclusive (Bergsland 2023, Kaewput 2022). Poorly differentiated NETs do have a propensity for CNS involvement, and MRI brain with and without contrast is supported for initial staging with head and neck primary site or for any signs and symptoms suggestive of CNS involvement (Bergsland 2023, NCI 2024). Suspected bony metastatic disease may be evaluated using guideline ONC-31.5.

Restaging and suspected recurrence

In alignment with NCCN, conventional imaging may be repeated every 2 cycles of treatment. In the case of suspected recurrence, CT chest, abdomen and pelvis with contrast are supported as well and MRI brain and bone scan, in alignment with NCCN (Bergsland, 2023). FDG PET/CT is not routinely supported in this setting for the reasons cited in the section on initial staging but may be utilized in rare circumstances in the interest of patient safety.

Surveillance

Guidelines support conventional imaging studies every 3 months for the first year, then every 6 months for 4 additional years, then annually indefinitely due to the long term-risk of recurrence in this entity (Walter 2023, NCI 2024, Bergsland 2023).

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Primary Peritoneal Mesothelioma (ONC-31.9)

ON.UP.0031.9.A
v3.0.2025

Indication	Imaging Study
Initial staging	• CT Chest (CPT® 71260) and CT Abdomen and Pelvis (CPT® 74177) with contrast • PET/CT (CPT® 78815) if there is no evidence of metastatic disease or conventional imaging is inconclusive
Recurrence/ Restaging	• If there is known prior disease, CT Chest (CPT® 71260) and CT Abdomen and Pelvis (CPT® 74177) with contrast • PET for inconclusive finding on conventional imaging
Surveillance	• CT Abdomen and Pelvis with contrast (CPT® 74177) every 3-6 months for 5 years, then annually until year 10

Evidence Discussion

Contrasted CT of chest, abdomen and pelvis is essential to assess the degree of dissemination, verify that peritoneal disease is not metastatic from another primary site, evaluate lymphadenopathy, and to identify metastatic disease. For primary peritoneal mesothelioma, most patients present with advanced locoregional disease (Magge 2014). Spread into pleural space and local lymph nodes are the primary sites of metastatic disease, with more distant/diffuse metastatic disease much less common (Magge 2024,Yan 2009). Sensitivity of CT is superior to MRI for this entity (Anwar 2024). As with other malignancies, if CT shows a liver lesion indeterminate for metastatic disease, MRI may be used for further assessment per guideline section ONC-31.2. The sensitivity of PET-CT for malignant peritoneal mesothelioma ranges from 58-100%, so it is not a primary imaging tool for staging. However, PET/CT may detect small peritoneal implants that are missed on CT and alter management (Anwar 2024, Ettinger 2024). These guidelines support PET-CT when no metastatic disease is detected on conventional imaging to ensure patients are not under-staged.

Contrasted CT of the abdomen and pelvis are supported for restaging, as sensitivity of CT is superior to MRI for this disease process (Anwar 2024). Given that progression to chest disease is rare (Anwar 2024, Magge 2014), CT chest is supported for restaging only if there is known disease in the chest or if new chest symptoms develop. Given the widely variable sensitivity of PET-CT for peritoneal mesothelioma, it is supported only for inconclusive findings on conventional imaging.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

NCCN guidelines and outcome data support contrasted CT of the chest/abdomen/pelvis every 3 months for 2 years then annually until year 10 (Ettinger 2024, Magge 2014). Frequent imaging is supported only within the first two years as 68 percent of recurrences occur within the first 2 years (Magge 2014), then annual imaging moving forward.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Kaposi's Sarcoma (ONC-31.10)

ON.UP.0031.10.A
v3.0.2025

Indication	Imaging Study
Kaposi's Sarcoma	• Advanced imaging is not generally indicated since disease is generally localized to skin. • CT Chest (CPT® 71260) and CT Abdomen and Pelvis (CPT® 74177) with contrast can be approved at initial diagnosis. If initial scans are negative then future imaging would be based on signs or symptoms.

Evidence Discussion

Most Kaposi Sarcoma (KS) is most often confined to skin, however it can sometimes be found in viscera, particularly in HIV-associated disease. To prevent under-staging and to assess the need for systemic therapy, CT of the chest, abdomen and pelvis with contrast are supported at initial diagnosis.

Routine advanced imaging is not supported if there is no visceral disease at diagnosis, but restaging CTs may be approved for patients with visceral disease on systemic therapy per the timeframes offered in ONC-1.2. Contrasted CTs may also be approved to evaluate areas with specific signs and symptoms of new involvement.

There is no data or expert consensus that supports routine surveillance imaging for Kaposi Sarcoma.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Castleman's Disease (Unicentric and Multicentric) (ONC-31.11)

ON.UP.0031.11.A
v3.0.2025

Indication	Imaging Study
Initial staging	• Either CT Chest (CPT® 71260) and CT Abdomen and Pelvis (CPT® 74177) with contrast **or** PET/CT (CPT® 78815) • CT Neck with contrast (CPT® 70491) if cervical or supraclavicular involvement • If CT scans were utilized initially and suggested unicentric disease, and surgical resection is being considered, PET/CT (CPT® 78815) can be approved to confirm unicentric disease • If unicentric disease is surgically removed, proceed to Surveillance section
Restaging: • Multicentric disease or surgically unresected unicentric disease on chemotherapy	ONE of the following every 2 cycles: • CT Chest (CPT® 71260) and CT Abdomen and Pelvis (CPT® 74177) with contrast • PET/CT (CPT® 78815)
ANY of the following: • Suspected recurrence • Recurrent B symptoms • Rising LDH/IL-6/ VEGF levels	ONE of the following: • CT Chest (CPT® 71260) and CT Abdomen and Pelvis (CPT® 74177) with contrast • PET/CT (CPT® 78815)
Surveillance	• CT with contrast of involved areas no more than every 6 months up to 5 years

Evidence Discussion

Initial Staging

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

PET/CT fusion is supported for initial staging of Castleman's Disease (Zelenetz, 2024). PET/CT not only assesses for multicentric disease, but the SUV can be used to determine Castleman's disease vs frank lymphoma (Dispenzieri, 2020). A diagnostic, contrasted CTs of the chest, abdomen, pelvis as well as neck if suspected neck disease may be substituted for PET/CT, but diagnostic CT is not generally supported concurrently with PET (Zelenetz, 2024). However, if diagnostic CTs were utilized initially and surgical resection is being considered, these guidelines allow a PET/CT to be done subsequently in the interest of patient safety, to confirm unicentric disease and prevent understaging.

Restaging/Recurrence

Unicentric disease that is surgically resected is considered to be in surveillance and imaging follows surveillance guidelines. For multicentric disease or unresected unicentric disease on chemotherapy, disease may be monitored every 2 cycles with contrasted CT of the chest, abdomen and pelvis or PET/CT fusion studies, in alignment with the NCCN. The same imaging is supported for suspected recurrence or labs concerning for development of POEMS-associated MCD or HHV-8 MCD, as these entities are rapidly aggressive (Hoffman 2022, Dispenzieri 2020). Concurrent contrasted diagnostic CTs with PET/CT fusion studies do not generally change management and as such are not supported, nor are concurrent scans suggested by NCCN or international consensus recommendations (Zelenetz 2024, Hoffman 2022, Dispenzieri 2020, VanRhee 2018).

Surveillance

There are no clear consensus guidelines for imaging surveillance of Castleman's Disease. In the interest of patient safety given a multitude of curative treatment options for recurrent disease, these guidelines support surveillance imaging with CT with contrast of involved body areas no more than every 6 months up to 5 years. PET/CT is not supported for surveillance in alignment with ASCO Choosing Wisely campaign.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (ONC-31)

v3.0.2025

1. Stevenson MM, Bowles DW, Ettinger DS, et al. National Comprehensive Cancer Network (NCCN) Guidelines Version 2.2025 – September 11, 2024. Occult primary (Cancer of Unknown Primary [CUP]), available at: https://www.nccn.org/professionals/physician_gls/pdf/occult.pdf Referenced with permission from the NCCN Clinical Practice Guidelines in Oncology (NCCN Guidelines™) for Occult Primary V2.2025 – September 11, 2024 ©2024 National Comprehensive Cancer Network, Inc. All rights reserved. The NCCN Guidelines™ and illustrations herein may not be reproduced in any form for any purpose without the express written permission of the NCCN. To view the most recent and complete version of the NCCN Guidelines™, go online to NCCN.org.
2. Nabors BL, Portnow J, Baehring J, et al. National Comprehensive Cancer Network (NCCN) Guidelines Version 4.2024 – January 21, 2025. Central Nervous System Cancers, available at: https://www.nccn.org/professionals/physician_gls/pdf/cns.pdf Referenced with permission from the NCCN Clinical Practice Guidelines in Oncology (NCCN Guidelines™) for CNS Cancer V4.2024 – January 21, 2025. ©2025 National Comprehensive Cancer Network, Inc. All rights reserved. The NCCN Guidelines™ and illustrations herein may not be reproduced in any form for any purpose without the express written permission of the NCCN. To view the most recent and complete version of the NCCN Guidelines™, go online to NCCN.org.
3. Zelenetz AD, Gordon LI, Abramson JS, et al, National Comprehensive Cancer Network (NCCN) Guidelines Version 1.2025 – January 21, 2025. B-cell lymphomas, available at: https://www.nccn.org/professionals/physician_gls/pdf/B-CELL.pdf Referenced with permission from the NCCN Clinical Practice Guidelines in Oncology (NCCN Guidelines™) for B-cell lymphomas V1.2025 – January 21, 2025. ©2025 National Comprehensive Cancer Network, Inc. All rights reserved. The NCCN Guidelines™ and illustrations herein may not be reproduced in any form for any purpose without the express written permission of the NCCN. To view the most recent and complete version of the NCCN Guidelines™, go online to NCCN.org.
4. ACR Appropriateness Criteria®*Incidentally discovered adrenal mass.* Rev. 2012.
5. Pawaskar AS, Basu S. Role of 2-fluoro-2-deoxyglucose PET/computed tomography in carcinoma of unknown primary. *PET Clin.* 2015;10(3):297-310. doi:10.1016/j.cpet.2015.03.004.
6. Avram AM. Radioiodine scintigraphy with SPECT/CT: an important diagnostic tool for thyroid cancer staging and risk stratification. *J Nucl Med*. 2012;53(5): 754-764. doi:10.2967/jnumed.111.104133.
7. Mayo-Smith WW, Song JH, Boland GL, et al. Management of incidental adrenal masses: a white paper of the ACR Incidental Findings Committee. *J Am Coll Radiol*. 2017;14(8):1038-1044. doi:10.1016/j.jacr.2017.05.001.
8. Vaidya A, Hamrahian A, Bancos I, Fleseriu M, Ghayee HK. The evaluation of incidentally discovered adrenal masses. *Endocrine Practice*. 2019:25(2);178-192. doi: 10.4158/DSCR-2018-0565.
9. Bergsland E, Rose JB, Benson III AB, et al. National Comprehensive Cancer Network (NCCN) Guidelines Version 4.2024 – January 17, 2025. Neuroendocrine and Adrenal Tumors, available at: https://www.nccn.org/professionals/physician_gls/pdf/neuroendocrine.pdf Referenced with permission from the NCCN Clinical Practice Guidelines in Oncology (NCCN Guidelines™) for Neuroendocrine and Adrenal Tumors V4.2024 – January 17, 2025. ©2025 National Comprehensive Cancer Network, Inc. All rights reserved. The NCCN Guidelines™ and illustrations herein may not be reproduced in any form for any purpose without the express written permission of the NCCN. To view the most recent and complete version of the NCCN Guidelines™, go online to NCCN.org.
10. Furuse M, Nonoguchi N, Yamada K, et. al. Radiological diagnosis of brain radiation necrosis after cranial irradiation for brain tumor: a systematic review. *Radiat Oncol*. 2019;14(28). doi:10.1186/s13014-019-1228-x.
11. American College of Radiology. ACR practice parameter for the performance of stereotactic radiosurgery. 2016; https://www.acr.org/-/media/ACR/Files/Practice-Parameters/stereobrain.pdf
12. Soffietti R, Abacioglu U, Baumert B, et. al. Diagnosis and treatment of brain metastases from solid tumors: guidelines from the European Assocation of Neuro-Oncology (EANO). *Neuro-Oncology*. 2017;19(2):162-174. doi:10.1093/neuonc/now241.
13. Mehrabian H, Detsky J, Soliman H, Sahgal A, Stanisz GJ. Advanced magnetic resonance imaging techniques in management of brain metastases. *Front Oncol*. 2019;9(440). doi:10.3389/fonc.2019.00440.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

14. Murthy R, Nunez R, Szklaruk J, et. al. Yttrium-90 microsphere therapy for hepatic malignancy: devices, indications, technical considerations and potential complications. *RadioGraphics*. 2005;25:S41–S55. doi:10.1148/rg.25si055515.
15. Lencioni R, Petruzzi P, Crocetti L. Chemoembolization of hepatocellular carcinoma. *Semin Intervent Radiol*. 2013;30(1):3-11. doi:10.1055/s-0033-1333648.
16. Tong AK, Kao YH, Too CW, Chin KF, Ng DC, Chow PK. Yttrium-90 hepatic radioembolization: clinical review and current techniques in interventional radiology and personalized dosimetry. *Br J Radiol*. 2016;89(1062):20150943.
17. Lopez B, Mahvash A, Lam MGEH, Kappadath SC. Calculation of lung mean dose and quantification of error for ^{90}Y-microsphere radioembolization using ^{99m}Tc-MAA SPECT/CT and diagnostic chest CT. *Med Phys*. 2019;46(9):3929-3940.
18. Villalobos A, Soliman MM, Majdalany BS, et al. Yttrium-90 Radioembolization Dosimetry: What trainees need to know. *Semin Intervent Radiol*. 2020;37(5):543-554.
19. Torkian P, Ragulojan R, J Woodhead G, et al. Lung shunt fraction quantification methods in radioembolization: What you need to know. *Br J Radiol*. 2022;95(1139):20220470.
20. Graves SA, Bageac A, Crowley JR, Merlino DAM. Reimbursement Approaches for Radiopharmaceutical Dosimetry: Current Status and Future Opportunities. *J Nucl Med*. 2021;62(Suppl 3):48S-59S.
21. Brenner AW, Patel AJ. Review of current principles of the diagnosis and management of brain metastases. *Front Oncol*. 2022;12:857622.
22. Mitchell DK, Kwon HJ et al. Brain metastases: an update on multi-disciplinary approach of clinical management *Neurochirurgie*. 2022;68(1): 69–85. doi:10.1016/j.neuchi.2021.04.001.
23. PDQ® Adult Treatment Editorial Board. PDQ Kaposi Sarcoma Treatment. Bethesda, MD: National Cancer Institute. Updated 09/21/2023. Available at: https://www.cancer.gov/types/soft-tissue-sarcoma/hp/kaposi-treatment-pdq.
24. Lawton AJ, Lee KA, Cheville AL, et al. Assessment and management of patients with metastatic spinal cord compression: a multidisciplinary review. *J Clin Oncol*. 2019;37(1):61-71. doi:10.1200/JCO.2018.78.1211.
25. Agarwal V, Shah LM, Parsons MS, et al. ACR Appropriateness Criteria® Myelopathy: 2021 Update. *J Am Coll Radiol*. 2021;18(5S):S73-S82. doi:10.1016/j.jacr.2021.01.020.
26. Juliano AF, Policeni B, Agarwal V, et al. ACR Appropriateness Criteria® Ataxia. *J Am Coll Radiol*. 2019;16(5S):S44-S56. doi:10.1016/j.jacr.2019.02.021.
27. Song JH, Chaudhry FS, Mayo-Smith WW. The incidental adrenal mass on CT: prevalence of adrenal disease in 1,049 consecutive adrenal masses in patients with no known malignancy. *AJR Am J Roentgenol*. 2008;190(5):1163-8. doi:10.2214/AJR.07.2799.
28. Metser U, Miller E, Lerman H, Lievshitz G, Avital S, Even-Sapir E. 18F-FDG PET/CT in the evaluation of adrenal masses. *J Nucl Med*. 2006;47(1):32-7.
29. Vikram R, Yeung HD, Macapinlac HA, Iyer RB. Utility of PET/CT in differentiating benign from malignant adrenal nodules in patients with cancer. *AJR Am J Roentgenol.* 2008;191(5):1545-51. doi:10.2214/AJR.07.3447.
30. Krämer A, Bochtler T, Pauli C, et al. Cancer of unknown primary: ESMO clinical practice guideline for diagnosis, treatment and follow-up. *Ann Oncol.* 2023;34(3):228-246. doi:10.1016/j.annonc.2022.11.013.
31. Kwee TC, Kwee RM. Combined FDG-PET/CT for the detection of unknown primary tumors: systematic review and meta-analysis. *Eur Radiol*. 2009;19:731-744.
32. Buchanan CL, Morris EA, Dorn PL, et al. Utility of breast magnetic resonance imaging in patients with occult primary breast cancer. *Ann Surg Oncol*. 2005;12:1045-1053.
33. Piccioli A, Maccauro G, Spinelli MS, Biagini R, Rossi B. Bone metastases of unknown origin: epidemiology and principles of management. *J Orthop Traumatol*. 2015;16(2):81-6. doi:10.1007/s10195-015-0344-0.
34. Ettinger DS, Wood DE, Stevenson J, et al. National Comprehensive Cancer Network (NCCN) Guidelines Version 1.2025 – November 21, 2024. Mesothelioma: Peritoneal, available at: https://www.nccn.org/professionals/physician_gls/pdf/meso_peritoneal.pdf Referenced with permission from the NCCN Clinical Practice Guidelines in Oncology (NCCN Guidelines™) for Mesothelioma: Peritoneal V1.2025 – November 21, 2024. ©2024 National Comprehensive Cancer Network, Inc. All rights reserved. The NCCN Guidelines™ and illustrations herein may not be reproduced in any form for any purpose without the express written permission of the NCCN. To view the most recent and complete version of the NCCN Guidelines™, go online to NCCN.org.
35. Magge D, Zenati MS, Austin F, et al. Malignant peritoneal mesothelioma: prognostic factors and oncologic outcome analysis. *Ann Surg Oncol*. 2014;21(4):1159-65. doi:10.1245/s10434-013-3358-y.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

36. Yan TD, Deraco M, Baratti D, et al. Cytoreductive surgery and hyperthermic intraperitoneal chemotherapy for malignant peritoneal mesothelioma: multi-institutional experience. *J Clin Oncol*. 2009;27(36):6237-42. doi:10.1200/JCO.2009.23.9640.
37. Zelenetz AD, Fayad LE, Mayur N. National Comprehensive Cancer Network (NCCN) Guidelines Version 2.2025 – January 28, 2025. Castleman disease, available at: https://www.nccn.org/professionals/physician_gls/pdf/castleman.pdf Referenced with permission from the NCCN Clinical Practice Guidelines in Oncology (NCCN Guidelines™) for Castleman Disease V2.2025 – January 28, 2025. ©2025 National Comprehensive Cancer Network, Inc. All rights reserved. The NCCN Guidelines™ and illustrations herein may not be reproduced in any form for any purpose without the express written permission of the NCCN. To view the most recent and complete version of the NCCN Guidelines™, go online to NCCN.org.
38. Hoffmann C, Hentrich M, Tiemann M, et al. Recent advances in Castleman disease. *Oncol Res Treat*. 2022;45(11):693-704. doi:10.1159/000526640.
39. Dispenzieri A, Fajgenbaum DC. Overview of Castleman disease. *Blood*. 2020;135(16):1353-1364. doi:10.1182/blood.2019000931.
40. Van Rhee F, Voorhees P, Dispenzieri A,et al. International, evidence-based consensus treatment guidelines for idiopathic multicentric Castleman disease. *Blood*. 2018;132(20):2115-2124. doi:10.1182/blood-2018-07-862334.
41. Yang HL, Liu T, Wang XM, Xu Y, Deng SM. Diagnosis of bone metastases: a meta-analysis comparing ¹#FDG PET, CT, MRI and bone scintigraphy. *Eur Radiol*. 2011;21(12):2604-17. doi:10.1007/s00330-011-2221-4.
42. Qu X, Huang X, Yan W, Wu L, Dai K. A meta-analysis of ¹#FDG-PET-CT, ¹#FDG-PET, MRI and bone scintigraphy for diagnosis of bone metastases in patients with lung cancer. *Eur J Radiol*. 2012;81(5):1007-15. doi:10.1016/j.ejrad.2011.01.126.
43. Di Primio G, Boyd GJ, Fung CI, et al. Recommendations for the management of incidental musculoskeletal findings on MRI and CT. *Can Assoc Radiol J*. 2023;74(3):514-525. doi:10.1177/08465371231152151.
44. Liu T, Wang S, Liu H, et al. Detection of vertebral metastases: a meta-analysis comparing MRI, CT, PET, BS and BS with SPECT. *J Cancer Res Clin Oncol*. 2017;143(3):457-465. doi:10.1007/s00432-016-2288-z.
45. Lombardi AF, Aihara AY, Fernandes ADRC, Cardoso FN. Imaging of Paget's disease of bone. *Radiol Clin North Am*. 2022;60(4):561-573. doi:10.1016/j.rcl.2022.02.005.
46. Zhang-Yin J, Panagiotidis E. Role of 18F-NaF PET/CT in bone metastases. *Q J Nucl Med Mol Imaging*. 2023;67(4):249-258. doi:10.23736/S1824-4785.23.03534-3.
47. Ahmed N, Sadeq A, Marafi F, Gnanasegaran G, Usmani S. Therapy-induced bone changes in oncology imaging with 18F-sodium fluoride (NaF) PET-CT. *Ann Nucl Med*. 2022;36(4):329-339. doi:10.1007/s12149-022-01730-y.
48. Walter T, Tougeron D, Baudin E, et al. Poorly differentiated gastro-entero-pancreatic neuroendocrine carcinomas: Are they really heterogeneous? Insights from the FFCD-GTE national cohort. *Eur J Cancer*. 2017;79:158-165. doi:10.1016/j.ejca.2017.04.009.
49. NCI PDQ Gastrointestinal neuroendocrine tumors treatment. Gastrointestinal Neuroendocrine Tumors (PDQ®) - NCI (cancer.gov).
50. Kaewput C, Vinjamuri S. Role of Combined 68Ga DOTA-Peptides and 18F FDG PET/CT in the Evaluation of Gastroenteropancreatic Neuroendocrine Neoplasms. *Diagnostics (Basel)*. 2022;12(2):280. doi:10.3390/diagnostics12020280.
51. Półtorak-Szymczak G, Budlewski T, Furmanek MI, et al. Radiological Imaging of gastro-entero-pancreatic neuroendocrine tumors. The review of current literature emphasizing the diagnostic value of chosen imaging methods. *Front Oncol*. 2021;11:670233. doi:10.3389/fonc.2021.670233.
52. Szaro P, McGrath A, Ciszek B, Geijer M. Magnetic resonance imaging of the brachial plexus. Part 1: Anatomical considerations, magnetic resonance techniques, and non-traumatic lesions. *Eur J Radiol Open*. 2021;9:100392. doi:10.1016/j.ejro.2021.100392.
53. Szaro P, Geijer M, Ciszek B, McGrath A. Magnetic resonance imaging of the brachial plexus. Part 2: Traumatic injuries. *Eur J Radiol Open*. 2022;9:100397. doi:10.1016/j.ejro.2022.100397.
54. MacMahon H, Naidich DP, Goo JM, et al. Guidelines for Management of Incidental Pulmonary Nodules Detected on CT Images: From the Fleischner Society 2017. *Radiology*. 2017;284(1):228-243. doi:10.1148/radiol.2017161659.
55. Christensen J, Prosper AE, Wu CC, et al. ACR Lung-RADS v2022: Assessment Categories and Management Recommendations. *Chest*. 2024;165(3):738-753. doi:10.1016/j.chest.2023.10.028.
56. Gore RM, Pickhardt PJ, Mortele KJ, et al. Management of incidental liver lesions on CT: A white paper of the ACR incidental findings committee. *J Am Coll Radiol.* 2017;14(11):1429-1437. doi:10.1016/j.jacr.2017.07.018.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

57. Maino C, Vernuccio F, Cannella R, et al. Liver metastases: The role of magnetic resonance imaging. *World J Gastroenterol*. 2023;29(36):5180-5197. doi:10.3748/wjg.v29.i36.5180.
58. Benson AB, D'Angelica MI, Abrams T, et al. National Comprehensive Cancer Network (NCCN) Guidelines Version 3.2024—September 24, 2024, Hepatocellular Carcinoma, available at: https://www.nccn.org/professionals/physician_gls/pdf/hcc.pdf, Referenced with permission from the NCCN Clinical Practice Guidelines in Oncology (NCCN Guidelines™) for Hepatocellular Carcinoma V3.2024 September 24, 2024. ©2024 National Comprehensive Cancer Network, Inc. All rights reserved. The NCCN Guidelines™ and illustrations herein may not be reproduced in any form for any purpose without the express written permission of the NCCN. To view the most recent and complete version of the NCCN Guidelines™, go online to NCCN.org.
59. Salem R, Padia SA, Lam M, et al. Clinical, dosimetric, and reporting considerations for Y-90 glass microspheres in hepatocellular carcinoma: updated 2022 recommendations from an international multidisciplinary working group. *Eur J Nucl Med Mol Imaging*. 2023;50(2):328-343. doi:10.1007/s00259-022-05956-w.
60. Barabasch A, Kraemer NA, Ciritsis A, et al. Diagnostic accuracy of diffusion-weighted magnetic resonance imaging versus positron emission tomography/computed tomography for early response assessment of liver metastases to Y90-radioembolization. *Invest Radiol.* 2015;50(6):409-15. doi:10.1097/RLI.0000000000000144.
61. Reid A, Suneja G, Alexiev B, et al. National Comprehensive Cancer Network (NCCN) Guidelines Version 2.2025—January 14, 2025, Kaposi Sarcoma, available at: https://www.nccn.org/professionals/physician_gls/pdf/kaposi.pdf, Referenced with permission from the NCCN Clinical Practice Guidelines in Oncology (NCCN Guidelines™) for Hepatocellular Carcinoma V2.2025 January 14, 2025. ©2025 National Comprehensive Cancer Network, Inc. All rights reserved. The NCCN Guidelines™ and illustrations herein may not be reproduced in any form for any purpose without the express written permission of the NCCN. To view the most recent and complete version of the NCCN Guidelines™, go online to NCCN.org.
62. Mody RN, Remer EM, Nikolaidis P, et al. ACR Appropriateness Criteria® Adrenal Mass Evaluation: 2021 Update. *J Am Coll Radiol*. 2021;18(11S):S251-S267. doi:10.1016/j.jacr.2021.08.010.
63. Biermann JS, Hirbe A, Ahlawat S, et al. National Comprehensive Cancer Network (NCCN) Guidelines Version 1.2025 – August 20, 2024. Bone Cancer, available at: https://www.nccn.org/professionals/physician_gls/pdf/bone.pdf Referenced with permission from the NCCN Clinical Practice Guidelines in Oncology (NCCN Guidelines™) for Bone Cancer V1.2025 – August 20, 2024 ©2024 National Comprehensive Cancer Network, Inc. All rights reserved. The NCCN Guidelines™ and illustrations herein may not be reproduced in any form for any purpose without the express written permission of the NCCN. To view the most recent and complete version of the NCCN Guidelines™, go online to NCCN.org.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Table of Contents

Guideline

General Guidelines (PV-1)
Abnormal Uterine Bleeding (PV-2)
Amenorrhea (PV-3)
Adenomyosis (PV-4)
Adnexal Mass/Ovarian Cysts (PV-5)
Endometriosis (PV-6)
Pelvic Inflammatory Disease (PID) (PV-7)
Polycystic Ovary Syndrome (PV-8)
Initial Infertility Evaluation, Female (PV-9)
Intrauterine Device (IUD) and Tubal Occlusion (PV-10)
Pelvic Pain/Dyspareunia, Female (PV-11)
Leiomyoma/Uterine Fibroids (PV-12)
Periurethral Cysts, Urethral Diverticula, and Vaginal Masses (PV-13)
Congenital (Mullerian) Uterine and Vaginal Anomalies (PV-14)
Fetal MRI and Other Pregnancy Imaging (PV-15)
Molar Pregnancy and Gestational Trophoblastic Neoplasia (GTN) (PV-16)
Impotence/Erectile Dysfunction (PV-17)
Penis–Soft Tissue Mass (PV-18)
Male Pelvic Disorders (PV-19)
Scrotal Pathology (PV-20)
Fistulae, Abscess, and Pilonidal Cyst (PV-21)
Urinary Incontinence/Pelvic Prolapse/Fecal Incontinence (PV-22)
Patent Urachus (PV-23)
Bladder Mass (PV-24)
Ureteral and/or Bladder Trauma or Injury (PV-25)
Gender Affirmation Surgery; Pelvic (PV-26)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

General Guidelines (PV-1)

Guideline

Abbreviations for Pelvis Imaging Guidelines
General Guidelines (PV-1.0)
General Guidelines – Overview (PV-1.1)
References (PV-1)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Abbreviations for Pelvis Imaging Guidelines

PV.GG.Abbreviations.A
v1.0.2025

Abbreviations for Pelvis Imaging Guidelines	
CA-125	cancer antigen 125 test
CT	computed tomography
FSH	follicle-stimulating hormone
GTN	gestational trophoblastic neoplasia
HCG	human chorionic gonadotropin
IC/BPS	interstitial cystitis/bladder pain syndrome
IUD	intrauterine device
KUB	kidneys, ureters, bladder (frontal supine abdomen radiograph)
LH	luteinizing hormone
MRA	magnetic resonance angiography
MRI	magnetic resonance imaging
MSv	millisievert
PA	posteroanterior projection
PID	pelvic inflammatory disease
TA	transabdominal
TSH	thyroid-stimulating hormone

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Abbreviations for Pelvis Imaging Guidelines	
TV	transvaginal
UCPPS	Urologic Chronic Pelvic Pain Syndrome
WBC	white blood cell count

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

General Guidelines (PV-1.0)

PV.GG.0001.0.U

v1.0.2025

- A current clinical evaluation since the onset or change in symptoms is required before advanced imaging can be considered. The clinical evaluation should include a relevant history and physical examination including a pelvic and/or urological exam, appropriate laboratory studies, and non-advanced imaging modalities such as plain x-ray or Pelvic ultrasound (CPT® 76856 or CPT® 76857) and/or Transvaginal ultrasound (CPT® 76830) and/or Transperineal ultrasound (CPT® 76872).
  - Other meaningful contact (telehealth visit, telephone call, electronic mail or messaging) since the onset or change in symptoms for follow up visit by an established individual can substitute for a face-to-face clinical evaluation.
- The use of gynecology CPT codes for pregnant females is not supported. Therefore, transvaginal ultrasound (CPT® 76830) and pelvic ultrasound (CPT® 76856 or CPT® 76857) are not supported for those with a positive pregnancy test or known pregnancy. If a pregnancy test is positive, then obstetrical CPT codes are indicated.
- The uterus, tubes and ovaries arise out of the pelvis and are considered pelvic organs. If the uterus rises out of the pelvic cavity, the imaging field can be determined on scout films. Imaging of the abdomen is not routinely supported for problems suspected to arise from the pelvis unless specifically described in other areas of the guidelines.
- The scout images (CT) and localizer images (MRI) are used to define the imaging field that is relevant to anatomical structures of clinical interest. The imaging field is defined by this clinical question, not by the imaging procedure code. The imaging code indicates the general anatomical region but does not define the specific imaging protocol or sequences.
- MRI (MRI Pelvis without contrast CPT® 72195) for Defecography is considered investigational/experimental by UHC.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

General Guidelines – Overview (PV-1.1)

PV.GG.0001.1.A
v1.0.2025

- When indicated, pregnant females should be evaluated with ultrasound or MRI without contrast to avoid radiation exposure. In carefully selected clinical circumstances, evaluation with CT may be considered with careful attention to technique and radiation protection as deemed clinically appropriate.

Ultrasound

- Transvaginal ultrasound is the recommended modality for imaging; no alternative modality has demonstrated sufficient superiority to justify routine use, and Transvaginal (TV) ultrasound (CPT® 76830) is the optimal study to evaluate adult female pelvic pathology.
- Pelvic ultrasound (complete CPT® 76856, or limited CPT® 76857) is supported if it is a complementary study to the TV ultrasound. It may substitute for TV in pediatric individuals or non-sexually active females.
- Transperineal ultrasound (CPT® 76872) is supported for cases of suspected urethral abnormalities, urinary incontinence, pelvic prolapse, or vaginal cysts.
- CPT® 76942 is used to report ultrasound imaging guidance for needle placement during biopsy, aspiration, and other percutaneous procedures.

Soft Tissue Ultrasound

- Pelvic wall, buttocks, and penis - CPT® 76857

Scrotal Ultrasound

- See
  - **Impotence/Erectile Dysfunction (PV-17.1)**
  - **Penis-Soft Tissue Mass (PV-18.1)**
- Ultrasound scrotum and contents - CPT 76870

3D Rendering with Ultrasound

- 3D Rendering (CPT® 76376 or CPT® 76377)
  - CPT® 76377 (3D rendering requiring image post-processing on an independent work station) or CPT®

    76376 (3D rendering not requiring image post-processing on an independent workstation) in the following clinical scenarios:
    - Uterine intra-cavitary lesion when initial ultrasound is equivocal (See **Abnormal Uterine Bleeding (AUB) (PV-3.1)** and **Leiomyoma/Uterine Fibroids (PV-12.1)**

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

  - Hydrosalpinges or peritoneal cysts when initial ultrasound is equivocal (See **Complex Adnexal Masses (PV-5.3)**)
  - Lost IUD (inability to feel or see IUD string) with initial ultrasound (See **Intrauterine Device (PV-10.1)**)
  - Uterine anomaly is suspected on ultrasound (See **Uterine Anomalies (PV-14.1)**)
  - Infertility if ultrasound is indeterminate or there is clinical suspicion for intra-cavitary lesion (such as polyp or fibroid), hydrosalpinx, uterine synechia, adenomyosis or uterine anomalies (See **Initial Infertility Evaluation, Female (PV-9.1)**)
- There is currently insufficient data to generate appropriateness criteria for the use of 3D and 4D rendering in conjunction with Obstetrical ultrasound imaging. Per ACOG, proof of a clinical advantage of 3-dimensional ultrasonography in prenatal diagnosis, in general, is still lacking.
- 3D-4D (CPT® 76376 or CPT® 76377) rendering can be used in certain situations of abnormal pregnancy implantation like suspected C-section scar pregnancies or suspected cornual (interstitial) ectopic pregnancy, or to locate an IUD.
- 3D-4D (CPT® 76376 or CPT® 76377) rendering can be used for surgical planning with diagnosis of complex CHD in the fetus or for surgical planning of other complex fetal malformations.

Other Ultrasound

- CPT® 93975 Duplex scan (complete) of arterial inflow and venous outflow of abdominal, pelvic, scrotal contents and/or retroperitoneal organs; complete study.
- CPT® 93976 Duplex scan (limited) of arterial inflow and venous outflow of abdominal, pelvic, scrotal contents and/or retroperitoneal organs; limited study.
- CPT® 93975 and CPT® 93976 should not be reported together during the same session.

CT

- CT is not generally warranted for evaluating pelvic anatomy because it is limited due to soft tissue contrast resolution.

MRI

- Can be used as a more targeted study or for individuals allergic to iodinated contrast.
  - MRI Pelvis without contrast (CPT® 72195)
  - MRI Pelvis without and with contrast (CPT® 72197)
  - MRI Pelvis with contrast only (CPT® 72196) is rarely performed

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Evidence Discussion (PV-1.1)

- Ultrasonography and magnetic resonance imaging (MRI) are the imaging techniques of choice for the pregnant patient, they should be used prudently and only when use is expected to answer a relevant clinical question.
- CT is not generally warranted for evaluating pelvic anatomy because it is limited due to soft tissue contrast resolution. Computed tomography (CT) scans are generally not recommended during pregnancy unless the benefits clearly outweigh the potential risks. Computed tomography (CT) scan if necessary in addition to ultrasonography or MRI or if more readily available for the diagnosis in question, should not be withheld from a pregnant patient. The risk of adverse effects from ionizing radiation should always be weighed against the risk of not performing the procedure and the benefit derived from the procedure.
- Ultrasound is the recommended modality for imaging the female pelvis; no alternative modality has demonstrated sufficient superiority to justify routine use, and transvaginal ultrasound is the optimal study to evaluate adult female pelvic pathology. Transabdominal pelvic ultrasound is a useful complementary study to transvaginal ultrasound and may substitute for transvaginal ultrasound in pediatric individuals or non-sexually active females. The American Institute of Ultrasound in Medicine (AIUM.org) launched an initiative in 2012 "Ultrasound First," which advocates the use of ultrasound examinations before other imaging modalities when the evidence shows that ultrasound imaging is at least equally, if not more, effective for the target anatomic area. This applies particularly to obstetric and gynecologic patients for whom a skillfully performed and well-interpreted ultrasound image usually obviates the need to proceed to additional more costly and complex cross-sectional imaging techniques.
- Transperineal ultrasound can be useful for cases of suspected urethral abnormalities, urinary incontinence, pelvic prolapse, or vaginal cysts. A study by Yang, et al confirmed transvaginal or transperineal ultrasound to be a non-invasive and cost-effective modality for diagnosis of urethral and periurethral masses. Vaginal and urethral imaging is limited on transvaginal ultrasound due to the position of the endovaginal probe rendering the vagina out of the field, on computed tomography (CT) due to poor soft tissue discrimination of the vaginal walls and on magnetic resonance imaging (MRI). MRI of the vagina should be done with thin slice thickness and proper choice of the degree of angulation and used MR sequence, otherwise there is limited evaluation of the vagina. Transperineal ultrasound is also a dynamic real-time examination, and can detect subtle abnormalities that are not seen in static imaging.
- Scrotal ultrasound is supported for evaluation of scrotal pain or suspected mass. The American Urological Association recommends scrotal ultrasound for initial evaluation of unilateral or bilateral scrotal mass suspicious for neoplasm.
- Three-dimensional (3D) rendering with ultrasound can be considered when ultrasound shows suspected uterine anomaly, uterine intra-cavitary lesion,

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

hydrosalpinges or peritoneal cysts. A study by Laskshmy et al found 3D ultrasound to be a highly sensitive and specific tool for accurately diagnosing congenital uterine anomalies. 3D rendering has shown a high degree of concordance with MRI and laparoscopy for congenital uterine anomalies, and is non-invasive, readily available and relatively cost-effective. Three-dimensional ultrasound is a noninvasive method for evaluation of adnexal pathology.

- Doppler scan can be of benefit in addition to ultrasound for further evaluation of suspected uterine or ovarian abnormalities. Doppler flow mapping is useful in diagnosing submucosal fibroids and endometrial polyps. Per ACOG (American College of Obstetrics and Gynecology), color Doppler ultrasonography is useful to evaluate the vascular characteristics of adnexal masses. MRI pelvis is useful in cases such as inconclusive ultrasound for adenomyosis, "MRI is a second-line examination in the diagnosis of internal adenomyosis, mainly after a non-conclusive US evaluation. In addition, MRI can differentiate between the subtypes of adenomyosis." MRI pelvis is also useful for further evaluation of indeterminate adnexal masses. A study by Dirrichs, et al found MRI to improve sensitivity and specificity of diagnosis of indeterminate adnexal masses detected at TVUS, and use of MRI changed therapeutic management in 34% of cases. MRI can aid in the diagnosis of deep pelvic endometriosis. MRI pelvis is useful for further evaluation of unexplained pelvis pain when ultrasound evaluation is inconclusive. Pelvic MRI is useful for evaluation of fibroids prior to uterine-sparing interventional techniques. "Although a high-quality ultrasonography (US) examination may be sufficient for evaluation in patients with straightforward cases of fibroids (for instance to estimate the size of a dominant fibroid), imaging evaluation is most reliably performed with magnetic resonance (MR) imaging to determine the characteristics, number, size, and location of fibroids and to assess for other pathologic conditions such as adenomyosis."

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (PV-1)

v1.0.2025

1. Practice Bulletin No. 174. The Evaluation and Management of Adnexal Masses. *Obstetrics & Gynecology*. 2016 Reaffirmed 2021;128(5):1193-1195. doi:10.1097/aog.0000000000001763
2. Lakshmy S, Rose N, Ramachandran M. Role of three dimensional ultrasound in uterine anomalies - 3D assessment of cervix in septate uteri. *International Journal of Reproduction, Contraception, Obstetrics and Gynecology*. 2016:3563-3567. doi:10.18203/2320-1770.ijrcog20163445
3. Benacerraf BR, Abuhamad AZ, Bromley B, et al. Consider ultrasound first for imaging the female pelvis. *American Journal of Obstetrics and Gynecology*. 2015;212(4):450-455. doi:10.1016/j.ajog.2015.02.015
4. Turkgeldi E, Urman B, Ata B. Role of Three-Dimensional Ultrasound in Gynecology. *Journal of Obstetrics and Gynaecology of India*. 2014;65(3):146-154. doi:10.1007/s13224-014-0635-z
5. Graupera B, Pascual MA, Hereter L, et al. Accuracy of three-dimensional ultrasound compared with magnetic resonance imaging in diagnosis of Müllerian duct anomalies using ESHRE-ESGE consensus on the classification of congenital anomalies of the female genital tract. *Ultrasound in Obstetrics & Gynecology*. 2015;46(5):616-622. doi:10.1002/uog.14825
6. Sakhel K, Benson CB, Platt LD, Goldstein SR, Benacerraf BR. Begin with the basics: role of 3-dimensional sonography as a first-line imaging technique in the cost-effective evaluation of gynecologic pelvic disease. *Journal of Ultrasound in Medicine*. 2013;32(3):381-388. doi:10.7863/jum.2013.32.3.381
7. AIUM Practice Parameter for the Performance of an Ultrasound Examination of the Female Pelvis *J Ultrasound Med* 2020; 9999:1-7
8. Seidel, H. M. (2011). Mosby's guide to physical examination. St. Louis, Mo: Mosby/Elsevier
9. Practice Bulletin No. 175: Ultrasound in Pregnancy, *Obstetrics & Gynecology*: December 2016 - Volume 128 - Issue 6 - p e241-e25 Reaffirmed 2022
10. Lloyd DFA, Pushparajah K, Simpson JM, et al. Three-dimensional visualisation of the fetal heart using prenatal MRI with motion-corrected slice-volume registration: a prospective, single-centre cohort study.

    Lancet. 2019;393(10181):1619-1627. doi:10.1016/s0140-6736(18)32490-5.
11. Guidelines for diagnostic imaging during pregnancy and lactation. Committee Opinion No. 723. American College of Obstetricians and Gynecologists. Obstet Gynecol 2017;130:e210–6. Reaffirmed 2021.
12. ACR-SPR Practice Parameter for Imaging Pregnant or Potentially Pregnant Patients with Ionizing Radiation. Resolution 31, revised 2023.
13. Minton K.K., Abuhamad A.Z., 2012 Ultrasound First Forum Proceedings. J Ultrasound Med. 2013; 32: 555-566.
14. Yang et al. Ultrasonographic Imaging Features of Female Urethral and Peri-urethral Masses. Ultrasound in Medicine and Biology. 2020:46 (8):1896-1907.
15. Hamed ST, Mansour SM. Surface transperineal ultrasound and vaginal abnormalities: applications and strengths. Br J Radiol. 2017 Dec;90(1080):20170326. doi: 10.1259/bjr.20170326.
16. Hartman MS, Leyendecker JR, Friedman B, et al. ACR Appropriateness Criteria® Acute Onset of Scrotal Pain–Without Trauma, Without Antecedent Mass. Last review date: 2019. https://acsearch.acr.org/docs/69363/Narrative/
17. Stephenson A, Eggener SE, Bass EB, et al. Diagnosis and Treatment of Early Stage Testicular Cancer: AUA Guideline. Journal of Urology. 2019;202(2):272-281. doi:10.1097/ju.0000000000000318.
18. Meng-Hsing Wu, Yueh-Chin Cheng, Chiung-Hsin Chang, Huei-Chen Ko, Fong-Ming Chang, Three-dimensional Ultrasound in Evaluation of the Ovary. Journal of Medical Ultrasound, Volume 20, Issue 3, 2012, Pages 136-141, ISSN 0929-6441, https://doi.org/10.1016/j.jmu.2012.07.001.
19. Cil AP, Tulunay G, Kose MF, Haberal A. Power Doppler properties of endometrial polyps and submucosal fibroids: a preliminary observational study in women with known intracavitary lesions. Ultrasound Obstet Gynecol. 2010 Feb;35(2):233-7. doi: 10.1002/uog.7470. PMID: 20101638.
20. Bazot M, Daraï E. Role of transvaginal sonography and magnetic resonance imaging in the diagnosis of uterine adenomyosis. Fertility and Sterility. 2018;109(3):389-397. doi:10.1016/j.fertnstert.2018.01.024

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

21. Dirrichs T, Bauerschlag D, Maass N, Kuhl CK, Schrading S. Impact of multiparametric MRI (mMRI) on the therapeutic management of adnexal masses detected with transvaginal ultrasound (TVUS): an interdisciplinary management approach. Acad Radiol. 2022;29(2):183-97. doi:10.1016/j.acra.2020.11.016
22. Macario S, Chassang M, Novellas S, et al. The Value of Pelvic MRI in the Diagnosis of Posterior Cul-DeSac Obliteration in Cases of Deep Pelvic Endometriosis. American Journal of Roentgenology. 2012;199(6):1410-1415. doi:10.2214/ajr.11.7898
23. Maturen KE, Akin EA, Dassel M, et al. ACR Appropriateness Criteria® Postmenopausal Subacute or Chronic Pelvic Pain. Journal of the American College of Radiology. 2018;15(11):S365-S372. doi:10.1016/j.jacr.2018.09.023.
24. Silberzweig JE, Powell DK, Matsumoto AH, Spies JB. Management of Uterine Fibroids: A Focus on Uterine-sparing Interventional Techniques. Radiology. 2016;280(3):675-692. doi:10.1148/radiol.2016141693
25. Zulfiqar M, Shetty A, Yano M, McGettigan M, Itani M, Naeem M, Ratts VS, Siegel CL. Imaging of the Vagina: Spectrum of Disease with Emphasis on MRI Appearance. Radiographics. 2021 SepOct;41(5):1549-1568. doi: 10.1148/rg.2021210018. Epub 2021 Jul 23.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Abnormal Uterine Bleeding (PV-2)

Guideline

Abnormal Uterine Bleeding (AUB) (PV-2.1)
Retained Products of Conception (PV-2.2)
References (PV-2)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Abnormal Uterine Bleeding (AUB) (PV-2.1)

PV.UB.0002.1.A
v1.0.2025

- Pregnancy test should be done initially if premenopausal
- If pregnancy test is negative or post menopausal initial evaluation includes ANY or ALL of the following:
  - Pelvic ultrasound (CPT® 76856 or CPT® 76857) and/or Transvaginal ultrasound (CPT® 76830), D&C and/or endometrial biopsy
- Advanced imaging is not indicated for Endometrial Intraepithelial Neoplasia or Atypical Endometrial Hyperplasia (EIN-AEH)
- In females with postmenopausal bleeding
  - Those with thickened endometrium on ultrasound, those whose ultrasound failed to identify a thin, distinct endometrial strip and/or those with continued vaginal bleeding should all undergo endometrial sampling to rule out endometrial carcinoma
- If biopsy confirms a malignancy, then see the appropriate oncology guideline.
- If ultrasound is equivocal for intracavitary lesion
  - Duplex (Doppler) scan (CPT® 93975 complete; CPT® 93976 limited) as an add-on to TV ultrasound (CPT® 76830).
  - 3-D Rendering (CPT® 76377 or CPT® 76376) as an add-on.
- If ultrasound is equivocal for an intracavitary lesion, saline infusion sonohysterography (CPT® 76831) may be indicated.
- CT is not generally warranted for evaluating AUB since uterine anatomy is limited due to soft tissue contrast resolution.
  - An abnormal endometrium found incidentally on CT should be referred for TV ultrasound for further evaluation.
- MRI is not indicated for evaluation of abnormal uterine bleeding, please see specific Pelvis Imaging sections for MRI indications for ultrasound findings such as adnexal mass or uterine fibroids. See **Adnexal Mass/Ovarian Cysts (PV-5)** and **Leiomyomata (PV-12.1)**.

Evidence Discussion (PV-2.1)

- Transabdominal pelvic and/or transvaginal pelvic ultrasound are widely accepted as the initial imaging modality of choice for evaluation of abnormal uterine bleeding. Ultrasound also allows for real-time evaluation with color and power Doppler which can help identify vascular flow and distinguish fluid and cysts from soft tissue. Additional benefits to ultrasound as a first line imaging modality include wide

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

availability, fast access, and lack of ionizing radiation exposure. 3-D Rendering has been shown to a useful adjunct for analysis of suspected lesions the endometrial cavity.

- MRI is not supported as an initial imaging modality for the diagnosis of abnormal uterine bleeding. While MRI is accepted as an adjunct modality to ultrasound in cases where ultrasound may not fully characterize a soft tissue abnormality, imaging should be directed by the type of suspected soft tissue abnormality (i.e. adenomyosis, endometriosis, fibroids, and adnexal mass) and is addressed in additional sections of these guidelines. CT is of limited use in the evaluation of abnormal uterine bleeding given its suboptimal evaluation of the soft tissue of female pelvic organs.
- In premenopausal women presenting with abnormal uterine bleeding a pregnancy test should be performed. For those with a positive pregnancy test, imaging with appropriate obstetric ultrasound should be performed.
- Vaginal bleeding is the presenting symptom in 90% of postmenopausal women with endometrial cancer. An endometrial strip of 4mm or less on ultrasound has been found to have a greater than 99% negative predictive value for endometrial cancer. However, this cutoff may be inadequate in Black women, as it missed five-fold more cases than in White women. Endometrial tissue sampling remains the gold standard for diagnosis of endometrial carcinoma. As such, those with thickened endometrium on ultrasound, those who ultrasound failed to identify a thin, distinct endometrial strip and those with continued vaginal bleeding should all undergo endometrial sampling to rule out endometrial carcinoma.
- The incidence of concurrent endometrial cancer with the diagnosis of Endometrial Intraepithelial Neoplasia or Atypical Endometrial Hyperplasia (EIN-AEH) is approximately 30% to 50%. This makes evaluation for concurrent carcinoma imperative in the diagnosis of EIN-AEH for those considering a fertility-sparing treatment. The most accurate method for diagnosis is hysteroscopic-guided uterine sampling which has the added benefit of direct visualization of any intrauterine pathology such as endometrial polyps.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Retained Products of Conception (PV-2.2)

PV.UB.0002.2.A

v1.0.2025

- For abnormal uterine bleeding and/or pelvic pain with concern for retained products of conception (RPOC):
  - Pelvic ultrasound (CPT® 76856 or CPT® 76857) and/or Transvaginal ultrasound (CPT® 76830) is supported one time, repeat US is indicated for continued symptoms
  - Color Doppler ultrasonography (CPT® 93975 or CPT® 93976) may be added to ultrasound to aid in diagnosis of RPOC
  - CT Pelvis with and without contrast (CPT® 72194) OR MRI Pelvis with and without contrast (CPT® 72197) is supported if US with Color Doppler is equivocal AND further imaging is needed for surgical planning

Evidence Discussion (PV-2.2)

- Transabdominal pelvic and/or transvaginal pelvic ultrasound are widely accepted as the initial imaging modality of choice for evaluation of suspected retained products of conception (RPOC). Ultrasound also allows for real-time evaluation with color and power Doppler which can help identify vascular flow within the endometrial complex, which improves the specificity and negative predictive value of detecting RPOC. Additional benefits to ultrasound as a first line imaging modality include wide availability, fast access, and lack of ionizing radiation exposure.
- For most cases ultrasound is sufficient for detection of RPOC. For cases where ultrasound is inconclusive additional imaging with MRI or CT may provide additional information to aid in surgical planning.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (PV-2)

v1.0.2025

1. Management of Endometrial Intraepithelial Neoplasia or Atypical Endometrial Hyperplasia: ACOG Clinical Consensus No. 5.Obstet Gynecol. 2023;142(3):735-744. doi:10.1097/AOG.0000000000005297
2. Trimble C, Method M, et al.Management of Endometrial Precancers. *Obstetrics & Gynecology* 2012:120(5): 1160-1175. doi: 10.1097/AOG.0b013e31826bb121
3. Practice Bulletin No. 128. Diagnosis of Abnormal Uterine Bleeding in Reproductive-Aged Women. *Obstetrics & Gynecology*. 2012;120(1):197-206; reaffirmed 2021. doi:10.1097/aog.0b013e318262e320
4. Sakhel K, Benson CB, Platt LD, Goldstein SR, Benacerraf BR. Begin With the Basics. *Journal of Ultrasound in Medicine*. 2013;32(3):381-388. doi:10.7863/jum.2013.32.3.381
5. Benacerraf BR, Abuhamad AZ, Bromley B, et al. Consider ultrasound first for imaging the female pelvis. *American Journal of Obstetrics and Gynecology*. 2015;212(4):450-455. doi:10.1016/j.ajog.2015.02.015
6. Practice Bulletin No. 136. Management of Abnormal Uterine Bleeding Associated With Ovulatory Dysfunction. *Obstetrics & Gynecology*. 2013; Reaffirmed 2022. 122(1):176-185. doi:10.1097/01.aog.0000431815.52679.bb
7. Bocca SM, Oehninger S, Stadtmauer L, et al. A Study of the Cost, Accuracy, and Benefits of 3-Dimensional Sonography Compared With Hysterosalpingography in Women With Uterine Abnormalities. *Journal of Ultrasound in Medicine*. 2012;31(1):81-85. doi:10.7863/jum.2012.31.1.81
8. Maheux-Lacroix S, Li F, Laberge PY, Abbott J. Imaging for Polyps and Leiomyomas in Women With Abnormal Uterine Bleeding. *Obstetrics & Gynecology*. 2016;128(6):1425-1436. doi:10.1097/aog.0000000000001776
9. Cil AP, Tulunay G, Kose MF, Haberal A. Power Doppler properties of endometrial polyps and submucosal fibroids: a preliminary observational study in women with known intracavitary lesions. *Ultrasound in Obstetrics and Gynecology*. 2010;35(2):233-237. doi:10.1002/uog.7470
10. Bezircioglu I, Baloglu A, Cetinkaya B, Yigit S, Oziz E. The diagnostic value of the Doppler ultrasonography in distinguishing the endometrial malignancies in women with postmenopausal bleeding. *Archives of Gynecology and Obstetrics*. 2011;285(5):1369-1374. doi:10.1007/s00404-011-2159-4
11. Gupta A, Desai A, Bhatt S. Imaging of the Endometrium: Physiologic Changes and Diseases: *Women's Imaging. Radiographics*. 2017;37(7):2206–2207. doi:10.1148/rg.2017170008
12. Postpartum hemorrhage. Practice Bulletin No. 183.*Obstetrics & Gynecology*. 2017;130(4):e168-e186. Reaffirmed 2021 doi:10.1097/aog.0000000000002351
13. Kamaya A, Krishnarao PM, Nayak N, Jeffrey RB, Maturen KE. Clinical and imaging predictors of management in retained products of conception. *Abdom Radiol (NY)*. 2016 Dec;41(12):2429-2434. doi: 10.1007/s00261-016-0954-x
14. The role of transvaginal ultrasonography in evaluating the endometrium of women with postmenopausal bleeding. ACOG Committee Opinion No. 734. *Obstetrics & Gynecology*. 2018;131(5):e124-e129. Reaffirmed 2023 doi:10.1097/aog.0000000000002631
15. Sellmyer MA, Desser TS, Maturen KE, Jeffrey RB, Kamaya A. Physiologic, Histologic, and Imaging Features of Retained Products of Conception. *RadioGraphics*. 2013;33(3):781-796. doi:10.1148/rg.333125177
16. Committee Opinion No. 557. Management of acute abnormal uterine bleeding in nonpregnant reproductive-aged women. American College of Obstetricians and Gynecologists. *Obstet Gynecol* 2013; 121:891–6. Reaffirmed 2024 doi:10.1097/01.AOG.0000428646.67925.9a
17. Expert Panel on GYN and OB Imaging; Robbins JB, Sadowski EA, Maturen KE, Akin EA, Ascher SM, Brook OR, Cassella CR, Dassel M, Henrichsen TL, Learman LA, Patlas MN, Saphier C, Wasnik AP, Glanc P. ACR Appropriateness Criteria® Abnormal Uterine Bleeding. J Am Coll Radiol. 2020 Nov;17(11S):S336-S345. doi: 10.1016/j.jacr.2020.09.008. PMID: 33153547.
18. Doll KM, Romano SS, Marsh EE, Robinson WR. Estimated performance of transvaginal ultrasonography for evaluation of postmenopausal bleeding in a simulated cohort of Black and White women in the US. JAMA Oncol 2021;7:1158–65. doi: 1001/jamaoncol.2021.1700
19. Ring KL, Mills AM, Modesitt SC. Endometrial Hyperplasia. Obstet Gynecol. 2022 Dec 1;140(6):1061-1075. doi: 10.1097/AOG.0000000000004989. Epub 2022 Nov 2. PMID: 36357974.
20. Expert Panel on GYN and OB Imaging; Uyeda JW, George E, Reinhold C, Akin EA, Ascher SM, Brook OR, Henrichsen TL, Henwood PC, Learman LA, Maturen KE, Patlas MN, Robbins JB, Sadowski EA, Saphier

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

C, Wall DJ, Glanc P. ACR Appropriateness Criteria® Postpartum Hemorrhage. J Am Coll Radiol. 2020 Nov;17(11S):S459-S471. doi: 10.1016/j.jacr.2020.09.011. PMID: 33153557.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Amenorrhea (PV-3)

Guideline

Secondary Amenorrhea (PV-3.1)
Primary Amenorrhea (PV-3.2)
References (PV-3)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Secondary Amenorrhea (PV-3.1)

PV.AM.0003.1.A
v1.0.2025

- Pregnancy test should be done initially
- If a pregnancy test is positive:
  - Refer to the member's individual coverage policy regarding obstetrical imaging indications and appropriate obstetrical imaging procedural codes. Billing of gynecology codes during pregnancy is not supported.
- If a pregnancy test is negative, further evaluation includes any of the following:
  - FSH, TSH, estradiol, and/or prolactin levels are indicated depending on clinical suspicion.
  - Serum free and total testosterone and/or DHEAS levels are indicated if there is evidence of hyperandrogenism
  - Pelvic ultrasound (CPT® 76856 or CPT® 76857) and/or TV ultrasound (CPT® 76830) for suspected uterine or ovarian pathology
- The results of test(s) above determine the next steps, which include:
  - For suspected adrenal tumor, See **Adrenal Cortical Lesions (AB-16)** in the Abdomen Imaging Guidelines.
  - For suspected pituitary tumor, See **Pituitary (HD-19)** in the Head Imaging Guidelines
  - For suspected Asherman's Syndrome:
    - Hysterosalpingogram (CPT® 74740), sonohysterosalpingography (CPT® 76831), and/or hysteroscopy if ultrasound is indeterminate for Asherman's syndrome.
    - MRI Pelvis without contrast (CPT® 72195) or without and with contrast (CPT® 72197) if hysterosalpingogram (CPT® 74740), sonohysterosalpingography (CPT® 76831), or hysteroscopy is indeterminate for Asherman's Syndrome.

Background and Supporting Information

- Asherman's syndrome: an acquired condition which refers to having scar tissue in the uterus

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Primary Amenorrhea (PV-3.2)

PV.AM.0003.2.A
v1.0.2025

- Prior to imaging a history, physical examination and Tanner stage should be evaluated.
- Initial evaluation may include pelvic ultrasound (CPT® 76856 or CPT® 76857) and/or TV ultrasound (CPT® 76830) if ANY of the following:
  - Normal pubertal development and negative pregnancy test
  - Pelvic exam is indeterminate or unable to be performed
  - Delayed puberty with follicle-stimulating hormone (FSH) or luteinizing hormone (LH) that is elevated for the individual's age and Tanner stage
- If ultrasound defines a uterine or vaginal anomaly see **Uterine Anomalies (PV-14.1)**
- For suspected pituitary tumor, See **Pituitary (HD-19)** in the Head Imaging Guidelines

Background and Supporting Information

- Evaluation of an individual without a uterus (determined by imaging or examination) may include karyotype and/or testosterone levels.
- TV ultrasound (CPT® 76830) is appropriate in pediatric individuals who are sexually active or use a tampon and consent to the study.

Evidence Discussion (PV-3)

- The initial work up of amenorrhea should include a physical exam, pregnancy test and hormonal work up. For those with a positive pregnancy test, imaging with appropriate obstetric ultrasound should be performed. Hormonal testing can help to further direct appropriate imaging.
- Transabdominal pelvic and/or transvaginal pelvic ultrasound are widely accepted as the initial imaging modality of choice for evaluation of amenorrhea. Ultrasound also allows for real-time evaluation with color and power Doppler which can help identify vascular flow and distinguish fluid and cysts from soft tissue1. Additional benefits to ultrasound as a first line imaging modality include wide availability, fast access, and lack of ionizing radiation exposure.
- MRI is supported as an adjunct to inconclusive ultrasound imaging, especially if the ultrasound is suggestive of a congenital uterine or vaginal anomaly. CT is of limited use in the evaluation of amenorrhea given its suboptimal evaluation of the soft tissue of female pelvic organs.
- For suspected Asherman's syndrome, the gold standard for diagnosis remains hysteroscopy which has the added benefit of allowing for simultaneous treatment of adhesive disease. However, hysteroscopy carries with it risks of anesthesia and uterine perforation. Hysterosaplingogram (HSG) allows for simultaneous evaluation of

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

tubal patency. Sonohsyterography (SHG) has a high negative predictive value (98%), but only a modest positive predictive value (43%). MRI may be a useful adjunct to HSG, SHG and hysteroscopy, especially in cases where there is complete obstruction of the endometrial cavity limiting the diagnostic ability of these tests.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (PV-3)

v1.0.2025

1. Hoffman BL, Schorge JO, Schaffer JI, et al. Chapter 17. Amenorrhea. In: Hoffman BL, Schorge JO, Schaffer JI, et al, eds. Williams Gynecology. 4th ed. New York: McGraw-Hill; 2020
2. Klein DA, Paradise SL, Reeder R. Amenorrhea: an approach to diagnosis and management. *American Family Physician*. 2019 Jul 1;100(1):39-48
3. Committee Opinion No. 605. Primary Ovarian Insufficiency in Adolescents and Young Women. *Obstetrics & Gynecology*. 2014;124(1):193-197. Reaffirmed 2021 doi:10.1097/01.aog.0000451757.51964.98.
4. Polycystic ovary syndrome. ACOG Practice Bulletin No. 194. American College of Obstetricians and Gynecologists. *Obstetrics and Gynecology.* 2018. Reaffirmed 2022. 131:e157–71. doi:10.1097/aog.0000000000002656
5. Committee Opinion 779. Management of Acute Obstructive Uterovaginal Anomalies. *Obstetrics & Gynecology*. 2019;133(6). doi:10.1097/aog.0000000000003281. Reaffirmed 2021
6. Committee on Adolescent Health Care. ACOG Committee Opinion No. 728: Müllerian Agenesis: Diagnosis, Management, And Treatment. *Obstetrics and Gynecology*. 2018;131(1):e35-e42. doi:10.1097/AOG.0000000000002458. Reaffirmed 2020
7. Practice Committee of the American Society for Reproductive Medicine. Electronic address: jhayes@asrm.org. Current evaluation of amenorrhea: a committee opinion. Fertil Steril. 2024 Mar 6:S0015-0282(24)00082-7. doi: 10.1016/j.fertnstert.2024.02.001. Epub ahead of print. PMID: 38456861
8. Dreisler E, Kjer JJ. Asherman's syndrome: current perspectives on diagnosis and management. Int J Womens Health. 2019 Mar 20;11:191-198. doi: 10.2147/IJWH.S165474. PMID: 30936754; PMCID: PMC6430995.
9. Tan IF, Robertson M. The role of imaging in the investigation of Asherman's syndrome. Australas J Ultrasound Med. 2011 Aug;14(3):15-18. doi: 10.1002/j.2205-0140.2011.tb00118.x. Epub 2015 Dec 31. PMID: 28191115; PMCID: PMC5024900

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Adenomyosis (PV-4)

Guideline

Adenomyosis (PV-4.1)
References (PV-4)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Adenomyosis (PV-4.1)

PV.AD.0004.1.A
v1.0.2025

- TV ultrasound (CPT® 76830) and/or Pelvic ultrasound (CPT® 76856 or CPT® 76857) is the diagnostic procedure of choice for the initial evaluation of suspected adenomyosis. Duplex Doppler (CPT® 93975 or CPT® 93976) can be added if requested.
- MRI Pelvis without contrast (CPT® 72195) or MRI Pelvis without and with contrast (CPT® 72197) is considered a second-line imaging option after transvaginal ultrasound if:
  - Diagnosis is inconclusive for adenomyosis after an ultrasound and further delineation would affect management
  - MRI needed to guide the treatment of adenomyosis in an individual with an enlarged uterus, and coexisting leiomyoma/fibroid following indeterminate ultrasound

Background and Supporting Information

Adenomyosis is when endometrial tissue, which normally lines the uterus, moves into the outer muscular walls of the uterus. Adenomyosis is a histologic diagnosis and is suspected by history and physical examination. Ultrasound findings of adenomyosis include heterogeneous myometrium, myometrial cysts, asymmetric myometrial thickness, and subendometrial echogenic linear striations.

Evidence Discussion (PV-4.1)

- Transabdominal pelvic and/or transvaginal pelvic ultrasound are widely accepted as the initial imaging modality of choice for evaluation of adenomyosis. Ultrasound also allows for real-time evaluation with color and power Doppler which can help identify vascular flow and distinguish fluid and cysts from soft tissue. In the presence of features mimicking leiomyomas, Doppler US displaying vessels perpendicular to the endometrial interface, is suggestive of adenomyosis. Transvaginal ultrasound has a sensitivity of 83.8% and specificity of 63.9% for adenomyosis. The overall diagnostic accuracy of the use of transvaginal ultrasound with color Doppler for adenomyosis is 93.8%. Additional benefits to ultrasound as a first line imaging modality include wide availability, fast access, and lack of ionizing radiation exposure.
- MRI of the pelvis is a second-line examination in the diagnosis of adenomyosis, mainly after an inconclusive US evaluation. MRI pelvis is useful in individuals with coexisting leiomyoma. A meta-analysis comparing the diagnostic performance of MRI and transvaginal ultrasound reported that MRI had a pooled sensitivity of 77% and

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

a specificity of 89%. The authors concluded that MRI performs more favorably than transvaginal ultrasound in the presence of associated uterine leiomyomas.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

References (PV-4)

v1.0.2025

1. Practice Bulletin No. 128. Diagnosis of Abnormal Uterine Bleeding in Reproductive-Aged Women. *Obstet Gynecol*. 2012 Jul;120(1):197-206. Reaffirmed 2024 doi:10.1097/aog.0b013e318262e320.
2. Bazot M, Daraï E. Role of transvaginal sonography and magnetic resonance imaging in the diagnosis of uterine adenomyosis. *Fertility and Sterility*. 2018;109(3):389-397. doi:10.1016/j.fertnstert.2018.01.024
3. Chronic pelvic pain. ACOG Practice Bulletin No. 218. American College of Obstetricians and Gynecologists. *Obstet Gynecol* 2020; Reaffirmed 2023; 135:e98–109. doi:10.1097/aog.0000000000003716
4. Vannuccini S, Luisi S. et al. Role of Medical Therapy in the management of Uterine Adenomyosis. *Fertility and Sterility*. 2018;109(3):398-405.
5. Dessouky R, Gamil SA, Nada MG, Mousa R, Libda Y. Management of Uterine Adenomyosis: current trends and uterine artery embolization as a potential alternative to hysterectomy. *Insights Imaging*. 2019;10(1):48. Published 2019 Apr 27. doi:10.1186/s13244-019-0732-8
6. Vannuccini S, Petraglia F. Recent advances in understanding and managing adenomyosis. *F1000Res*. 2019;8: F1000 Faculty Rev-283. Published 2019 Mar 13. doi:10.12688/f1000research.17242.
7. Diagnosis and treatment of adenomyosis (Ebernella). Shirin Dason, Crystal Chan and Mara Sobel CMAJ February 16, 2021 193 (7) E242; doi: https://doi.org/10.1503/cmaj.201607
8. Chapron C, Vannuccini S, Santulli P, et al. Diagnosing adenomyosis: an integrated clinical and imaging approach. *Human Reproduction Update*. 2020;26(3):392-411. doi:10.1093/humupd/dmz049
9. Moawad G, Fruscalzo A, Youssef Y, Kheil M, Tawil T, Nehme J, Pirtea P, Guani B, Afaneh H, Ayoubi JM, Feki A. Adenomyosis: An Updated Review on Diagnosis and Classification. J Clin Med. 2023 Jul 21;12(14):4828. doi: 10.3390/jcm12144828. PMID: 37510943; PMCID: PMC10381628
10. Expert Panel on GYN and OB Imaging; Robbins JB, Sadowski EA, Maturen KE, Akin EA, Ascher SM, Brook OR, Cassella CR, Dassel M, Henrichsen TL, Learman LA, Patlas MN, Saphier C, Wasnik AP, Glanc P. ACR Appropriateness Criteria® Abnormal Uterine Bleeding. J Am Coll Radiol. 2020 Nov;17(11S):S336-S345. doi: 10.1016/j.jacr.2020.09.008. PMID: 33153547.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Adnexal Mass/ Ovarian Cysts (PV-5)

Guideline

Suspected Adnexal Mass – Initial Evaluation (PV-5.1)
Simple Cysts (PV-5.2)
Complex Adnexal Masses (PV-5.3)
Screening for Ovarian Cancer/Suspected Ovary Cancer (PV-5.4)
References (PV-5)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Suspected Adnexal Mass – Initial Evaluation (PV-5.1)

PV.MC.0005.1.A
v1.0.2025

- A potential mass is found on exam and/or found incidentally on other imaging
- Transvaginal (TV) ultrasound imaging (CPTCPT® 76830) is the initial study of choice.
  - Pelvic ultrasound (CPT® 76856 or CPT® 76857) can be performed if requested as a complimentary study to the TV ultrasound.
  - Once confirmed, Color Doppler ultrasonography (CPT® 93975 or CPT® 93976) may be useful to evaluate the vascular characteristics of adnexal masses.
- MRI Pelvis without contrast (CPT® 72195), OR without and with contrast (CPT® 72197; CPT® 72195 if pregnant) if ultrasound does not identify the origin of the pelvic mass (adnexal, uterine, or other in etiology).
  - If the mass is unrelated to female pelvic anatomy, see **Abdominal Mass (AB-13)** in the Abdomen Imaging Guidelines.
  - The uterus, tubes, and ovaries arise out of the pelvis and are considered pelvic organs. If the uterus rises out of the pelvic cavity, the imaging field can be determined on scout films. Imaging of the abdomen is not supported for problems suspected to arise from the pelvis.

Background and Supporting Information

- Consultation with or referral to a gynecologic oncologist is recommended for females with an adnexal mass who meet one or more of the following criteria:[7]
  - Postmenopausal with elevated CA-125 level, ultrasound findings suggestive of malignancy, ascites, a nodular or fixed pelvic mass, or evidence of abdominal or distant metastasis.[7]
  - Premenopausal with very elevated CA-125 level, ultrasound findings suggestive of malignancy, ascites, a nodular or fixed pelvic mass, or evidence of abdominal or distant metastasis.[7]
  - Premenopausal or postmenopausal with an elevated score on a formal risk assessment test such as the multivariate index assay, risk of malignancy index, or the Risk of Ovarian Malignancy Algorithm or one of the ultrasound-based scoring systems from the International Ovarian Tumor Analysis group.[7]
- Simple and Complex Adnexal Cysts
  - Simple cysts are smooth walled and clear without debris.
  - Complex cysts can have solid areas or excrescences, and/or debris in them, greater than 3mm irregular septations, mural nodules with Doppler-detected blood flow, and/or free abdominal/pelvic fluid.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

- Suspected Adnexal Mass – Tumor Markers
  - The adnexa include the ovaries, Fallopian tubes, and ligaments that hold the uterus in place.
  - CA-125 is a tumor marker that is useful for the evaluation of adnexal mass:
    - Elevation occurs with both malignant (epithelial cancer) and benign entities (leiomyoma, endometriosis, PID, inflammatory disease such as lupus, and inflammatory bowel disease).
    - Increase in the markers over time occurs with malignancy only
    - Consider tumor markers in individuals with an abnormal ultrasound that is not a simple cyst
  - Other markers include Beta hCG, LDH, and AFP (germ cell tumors) and Inhibin A and B (granulosa cell tumor).

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Simple Cysts (PV-5.2)

PV.MC.0005.2.A
v1.0.2025

- Simple cysts are smooth, thin walled, anechoic and clear without debris. Simple cysts up to 10 cm in diameter as measured by ultrasound are almost universally benign.
  - Repeat TV ultrasound (CPT® 76830) and/or Pelvic ultrasound (CPT® 76857 or CPT® 76856)
    - Follow up according to the below schedule if ≤10 cm
  - Routine use of 3D rendering (CPT® 76376/CPT® 76377) for evaluation of simple ovarian cysts is not supported.

Simple Cyst Follow-Up

Size	Pre-Menopausal	Post-Menopausal
≤3 cm	• None	• None
>3 cm to 5 cm	• None	• Follow-up in 12 months with TV ultrasound (CPT® 76830) and/or Pelvic ultrasound (CPT® 76857 or CPT® 76856) ◦ If smaller (≥10-15% decrease) no further surveillance. ◦ If stable follow-up TV ultrasound (CPT® 76830) and/or Pelvic ultrasound (CPT® 76857 or CPT® 76856) at 24 months from initial exam ◦ If enlarging (≥10%-15% increase) follow-up TV ultrasound (CPT® 76830) and/or Pelvic ultrasound (CPT® 76857 or CPT® 76856) at 12 and 24 months from initial exam • If there is a change in morphology on follow imaging see **Complex Adnexal Masses (PV 5.3)**

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Size	Pre-Menopausal	Post-Menopausal
>5 cm to ≤10 cm	• Follow up in 8-12 weeks (proliferative phase if possible) TV ultrasound (CPT® 76830) and/or Pelvic ultrasound (CPT® 76857 or CPT® 76856); further follow-up intervals may be adjusted on basis of degree of cyst change	• Follow-up in 3-6 months with TV ultrasound (CPT® 76830) and/or Pelvic ultrasound (CPT® 76857 or CPT® 76856); further follow-up intervals may be adjusted on basis of degree of cyst change. • Subsequent follow up with TV ultrasound (CPT® 76830) and/or Pelvic ultrasound (CPT® 76857 or CPT® 76856), annually and if stable for 2 years or decreasing in size, no further imaging follow-up is needed.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Size	Pre-Menopausal	Post-Menopausal
>10 cm	• If not excised consider US follow up within 6 months. TV Ultrasound (CPT® 76830) and/ or Pelvic ultrasound (CPT® 76857 or CPT® 76856) • If stable follow up Ultrasound can be done at 12 and 24 months from initial exam • If solid component, MRI Pelvis without and with contrast (CPT® 72197) may be approved • If ultrasound equivocal for Simple cyst, MRI Pelvis without and with contrast (CPT® 72197) • If follow up ultrasound imaging shows changing morphology and/or a vascular component then consider MRI Pelvis without and with contrast (CPT® 72197)	• If not excised consider US follow up within 6 months. TV ultrasound (CPT® 76830) and/or Pelvic ultrasound (CPT® 76857 or CPT® 76856) • If stable follow up Ultrasound can be done at 12 and 24 months from initial exam • If solid component, MRI Pelvis without and with contrast (CPT® 72197) may be approved • If ultrasound equivocal for Simple cyst, MRI Pelvis without and with contrast (CPT® 72197) • If follow up ultrasound imaging shows changing morphology and/or a vascular component then consider MRI Pelvis without and with contrast (CPT® 72197)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Complex Adnexal Masses (PV-5.3)

PV.MC.0005.3.A
v1.0.2025

- Ultrasound imaging should provide characteristics of the cyst/mass prior to consideration of advanced imaging.
- Complex cysts found on ultrasound have characteristics that include: solid areas or excrescences, and/or debris, may have greater than 3mm irregular septations, and/or mural nodules with Doppler-detected blood flow, and/or free abdominal/pelvic fluid. Complex cysts have an O-RADS™ score of 2 or higher.
- Routine use of 3D rendering (CPT® 76376/CPT® 76377) for evaluation of complex ovarian cysts is not supported unless otherwise mentioned in the table below.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Follow up Complex Adnexal Masses

Condition	Pre-Menopausal	Post-Menopausal
Typical hemorrhagic cyst < 10 cm (O-RADS™ 2)	• If initial ultrasound imaging confirms hemorrhagic cyst ≤5 cm no further imaging is necessary • If initial ultrasound imaging confirms hemorrhagic cyst >5 cm but <10 cm, follow up with Pelvic ultrasound (CPT® 76856 or CPT® 76857) and/or TV ultrasound (CPT® 76830) in 8-12 weeks is indicated. Duplex (Doppler) scan (CPT® 93975 complete; CPT® 93976 limited) may be approved as an add-on to TV ultrasound (CPT® 76830). ◦ If follow-up imaging confirms a hemorrhagic cyst that has not completely resolved or has enlarged, an MRI Pelvis without and with contrast (CPT® 72197) can be considered. ◦ If stable follow up TV ultrasound (CPT® 76830) and/or Pelvic ultrasound (CPT® 76857 or CPT® 76856) can be done at 24 months from initial exam	• Early postmenopausal (<5 years) either: ◦ follow-up TV ultrasound (CPT® 76830) and/or Pelvic ultrasound (CPT® 76857 or CPT® 76856) in 2-3 months OR ◦ MRI Pelvis without and with contrast (CPT® 72197) • Late postmenopausal (≥ 5 years) hemorrhagic cyst should not occur ◦ MRI Pelvis without and with contrast (CPT® 72197)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Condition	Pre-Menopausal	Post-Menopausal
Hemorrhagic cyst ≥10cm (O-RADS™ 3)	• If initial ultrasound imaging confirms a Typical Hemorrhagic cyst ≥10cm ◦ If not excised consider TV ultrasound (CPT® 76830) and/or Pelvic ultrasound (CPT® 76857 or CPT® 76856) follow up within 6 months ▪ If stable, follow up Ultrasound can be done at 12 and 24 months from initial exam ◦ If solid component, MRI Pelvis without and with contrast (CPT® 72197) may be approved ◦ If ultrasound equivocal for Hemorrhagic cyst, MRI Pelvis without and with contrast (CPT® 72197) ◦ If follow up ultrasound imaging shows changing morphology and/or a vascular component then consider MRI Pelvis without and with contrast (CPT® 72197)	• MRI Pelvis without and with contrast (CPT® 72197) can be considered

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Condition	Pre-Menopausal	Post-Menopausal
Typical Endometriomas < 10cm (O-RADS™ 2)	• If initial imaging confirms a Typical Endometrioma, follow-up Pelvic ultrasound (CPT® 76856 or CPT® 76857) and/or TV ultrasound (CPT® 76830); duplex (Doppler) scan (CPT® 93975 complete; CPT® 93976 limited) may be approved as an add-on to TV ultrasound (CPT® 76830) ◦ If <10cm and not surgically excised follow-up TV ultrasound (CPT® 76830) and/or Pelvic ultrasound (CPT® 76857 or CPT® 76856) in 12 months ▪ If stable follow up Ultrasound can be done at 24 months from initial exam ◦ If ultrasound equivocal for Endometriomas, MRI Pelvis without and with contrast (CPT® 72197) ◦ If follow up ultrasound imaging shows changing morphology and/or a vascular component then consider MRI Pelvis without and with contrast (CPT® 72197)	• If initial ultrasound imaging confirms a typical endometrioma < 10cm then either: ◦ Follow-up TV ultrasound (CPT® 76830) and/or Pelvic ultrasound (CPT® 76857 or CPT® 76856) in 2-3 months OR ◦ MRI Pelvis without and with contrast (CPT® 72197)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Condition	Pre-Menopausal	Post-Menopausal
Typical Endometriomas ≥10cm (O-RADS™ 3)	• If initial ultrasound imaging confirms a Typical Endometrioma ≥10cm ◦ If not excised consider TV ultrasound (CPT® 76830) and/or Pelvic ultrasound (CPT® 76857 or CPT® 76856) follow up within 6 months ▪ If stable follow up Ultrasound can be done at 12 and 24 months from initial exam ◦ If solid component, MRI Pelvis without and with contrast (CPT® 72197) may be approved ◦ If ultrasound equivocal for Endometrioma, MRI Pelvis without and with contrast (CPT® 72197) ◦ If follow up ultrasound imaging shows changing morphology and/or a vascular component then consider MRI Pelvis without and with contrast (CPT® 72197)	• MRI Pelvis without and with contrast (CPT® 72197)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Condition	Pre-Menopausal	Post-Menopausal
Typical Dermoid < 10cm (O-RADS™ 2)	• If initial features are only suggestive for or if assessment is uncertain follow up Pelvic ultrasound (CPT® 76856 or CPT® 76857) and/or TV ultrasound (CPT® 76830) within 3 months is appropriate • If initial ultrasound imaging confirms a Dermoid, follow-up Pelvic ultrasound (CPT® 76856 or CPT® 76857); and/or TV ultrasound (CPT® 76830); duplex (Doppler) scan (CPT® 93975 complete; CPT® 93976 limited) may be approved as an add-on to TV ultrasound (CPT® 76830). ◦ If ≤10 cm, may consider follow-up TV ultrasound (CPT® 76830) and/or Pelvic ultrasound (CPT® 76857 or CPT® 76856) in 12 months if not surgically excised ▪ If stable follow up Ultrasound can be done at 24 months from initial exam ◦ If ultrasound equivocal for Dermoid, MRI Pelvis without and with contrast (CPT® 72197) ◦ If follow up ultrasound imaging shows changing morphology and/or a vascular component then consider MRI Pelvis without and with contrast (CPT® 72197)	• Same as Pre-Menopausal

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Condition	Pre-Menopausal	Post-Menopausal
Typical Dermoid ≥ 10cm (O-RADS™ 3)	• If initial ultrasound imaging confirms a Typical Dermoid ≥10cm ◦ If not excised consider TV ultrasound (CPT® 76830) and/or Pelvic ultrasound (CPT® 76857 or CPT® 76856) follow up within 6 months ▪ If stable follow up Ultrasound can be done at 12 and 24 months from initial exam ◦ If solid component, MRI Pelvis without and with contrast (CPT® 72197) may be approved ◦ If ultrasound equivocal for Dermoid, MRI Pelvis without and with contrast (CPT® 72197) ◦ If follow up ultrasound imaging shows changing morphology and/or a vascular component then consider MRI Pelvis without and with contrast (CPT® 72197)	• Same as Pre-Menopausal
Typical benign extraovarian lesions Hydrosalpinges (Hydrosalpinx) or Peritoneal cysts (ORADS™ 2)	• If initial imaging confirms hydrosalpinx or peritoneal cysts, follow up imaging is not indicated	• If initial imaging confirms hydrosalpinx or peritoneal cysts, follow up imaging is not indicated

Complex and/or solid adnexal mass incompletely evaluated by ultrasound

- Generally a repeat ultrasound is recommended (see table above for appropriate time intervals): TV ultrasound (CPT® 76830) and/or Pelvic ultrasound (CPT® 76857 or CPT® 76856)
- MRI Pelvis without and with contrast (CPT® 72197, CPT® 72195 if pregnant) one time:
  - To follow masses when they cannot be optimally visualized by ultrasound (e.g. suboptimal sonography due to large mass or obese individual)
  - Unexplained change of appearance during ultrasound follow-up

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

  - Other Individual-driven indications (e.g. the application of established risk prediction models (e.g., family history of ovarian cancer), correlation with abnormal serum biomarkers, and/or pelvic symptoms)
  - Differentiate the origin of pelvic masses that are not clearly of ovarian origin
  - O-RADS™ score of 3 with a solid component
  - O-RADS™ score of 4 or 5
- Concern for metastatic ovarian malignancy, see **Ovarian Cancer (ONC-21)** in the Oncology Imaging Guidelines

Background and Supporting Information

O-RADS™ Classification

O-RADS	
O-RADS™ 0	Incomplete Evaluation
O-RADS™ 1	Normal Ovary • No ovarian lesion • Physiologic cyst: follicle ≤3cm or corpus luteum typically ≤3cm
O-RADS™ 2	Almost Certainly Benign • Simple cyst less than 10 cm • Bilocular, smooth cyst • Unilocular, smooth, non-simple cysts (internal echos and/or incomplete septations) • Typical benign ovarian lesions <10cm (hemorrhagic cyst, dermoid cyst, endometrioma) • Typical benign extraovarian lesions (paraovarian cyst, peritoneal inclusion cysts, hydrosalpinx)
O-RADS™ 3	Low Risk • Typical benign ovarian lesions ≥10cm • Uni- or bilocular cyst, smooth, ≥10cm • Unilocular cyst, irregular, any size • Multilocular cyst, smooth, <10cm, Color Score (CS) <4 • Solid lesion, ± shadowing, smooth, any size, CS =1 • Solid lesion, shadowing, smooth, any size, CS 2-3

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

O-RADS	
ORADS™ 4	Intermediate Risk • Bilocular cysts without solid component(s), Irregular, any size, any color score • Multilocular cysts without solid component(s) ◦ Smooth, 10 cm, CS <4 ◦ Smooth, any size, CS 4 ◦ Irregular, any size, any CS • Unilocular cyst with solid component(s) ◦ <4 papillary projections or any solid component(s) not considered a papillary projection, any size • Bl- or multilocular cyst with solid component(s), any size, CS 1-2 • Solid lesion, non-shadowing, smooth, any size, CS 2-3
ORADS™ 5	High Risk • Unilocular cyst, ≥4 papillary projections, any size, and CS • Bi- or multilocular cyst with solid component(s), any size, CS 3-4 • Solid lesion, ± shadowing, smooth, any size, CS 4 • Solid lesion, irregular, any size, any CS • Ascites and/or peritoneal nodules

Pre-Menopausal – see table above

- For females of reproductive age (Pre-Menopausal), evaluation may include a pregnancy test (a quantitative hCG may be necessary if an ectopic pregnancy is suspected), CBC, serial hematocrit measurements, and appropriate cultures.
- Symptomatic individuals often require immediate interventions (antibiotics, surgery, and/or expectant management).
- Ultrasound characteristics usually suggest the diagnosis (ectopic pregnancy, functional cysts, tubo-ovarian abscess (See **Pelvic Inflammatory Disease (PV-7.1)**), hydrosalpinx, dermoid, endometrioma, hemorrhagic cyst and pedunculated fibroids (See **Leiomyomata/Uterine Fibroids (PV-12.1)**) and direct the treatment.
- An ovarian mass suspicious for metastatic disease (e.g. from breast, uterine, colorectal or gastric cancer) should be evaluated based on the appropriate Oncology Imaging Guidelines.

Post-Menopausal – see table above

- For post-menopausal females, most pelvic complex cysts or solid masses should be evaluated for surgical intervention and have tumor markers (i.e. CA-125) measured.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

- Some females for whom the usual management of a pelvic mass would include surgery may be at increased risk for perioperative morbidity and mortality. In such cases, repeat imaging may be a safer alternative than immediate surgery, although the frequency of follow-up imaging has not been determined.
- An ovarian mass suspicious for metastatic disease (e.g. from breast, uterine, colorectal or gastric cancer) should be evaluated based on the appropriate Oncology Imaging Guidelines.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Screening for Ovarian Cancer/Suspected Ovary Cancer (PV-5.4)

PV.MC.0005.4.A
v1.0.2025

- See **Ovarian Cancer (ONC-21)** in the Oncology Imaging Guidelines

Evidence Discussion (PV-5)

- Transabdominal pelvic and/or transvaginal pelvic ultrasound are widely accepted as the initial imaging modality of choice for female reproductive organs. Ultrasound has high sensitivity (>90%) for adnexal pathology. Ultrasound also allows for real-time evaluation with color and power Doppler which can help identify vascular flow and differentiate solid components. Additional benefits to ultrasound as a first line imaging modality include wide availability, fast access and lack of ionizing radiation exposure. MRI is accepted as an adjunct modality to ultrasound in cases where ultrasound may not fully characterize a soft tissue abnormality due to its superior signal to noise ratio. CT is of limited use in the evaluation of adnexal masses given its suboptimal delineation of adnexal soft tissue.
- Accurate diagnosis of adnexal pathology is imperative in order to limit invasive interventions for benign lesions and improve preoperative triage to a gynecologic oncologist for high-risk lesions. In order to standardize reporting of adnexal lesions, the American College of Radiology (ACR) has created the Ovarian-Adnexal Reporting and Data-System (O-RADS). A meta-analysis of 26 studies demonstrated that O-RADS has high sensitivity for detection of malignancy (95%). A classification of O-RADS US Category 2 has an extremely low risk of malignancy (<1%), while a Category 5 has a high risk of malignancy (≥50%). For an indeterminate lesion on ultrasound or features concerning for malignancy, adjunct imaging with MRI is supported to aid in preoperative triage.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (PV-5)

v1.0.2025

1. Sakhel K, Benson CB, Platt LD, Goldstein SR, Benacerraf BR. Begin With the Basics. *Journal of Ultrasound in Medicine*. 2013;32(3):381-388. doi:10.7863/jum.2013.32.3.381
2. Benacerraf BR, Abuhamad AZ, Bromley B, et al. Consider ultrasound first for imaging the female pelvis. American *Journal of Obstetrics and Gynecology*. 2015;212(4):450-455. doi:10.1016/j.ajog.2015.02.015
3. Practice Bulletin No. 174 Evaluation and Management of Adnexal masses. *Obstetrics & Gynecology*. 2016; Reaffirmed 2021.128(5):1193-1195. doi:10.1097/aog.0000000000001763
4. Alcázar JL, Guerriero S, Laparte C, Ajossa S, Jurado M. Contribution of power Doppler blood flow mapping to gray-scale ultrasound for predicting malignancy of adnexal masses in symptomatic and asymptomatic women. European *Journal of Obstetrics & Gynecology and Reproductive Biology*. 2011;155(1):99-105. doi:10.1016/j.ejogrb.2010.11.010
5. Guerriero S, Alcazar JL, Ajossa S, et al. Transvaginal Color Doppler Imaging in the Detection of Ovarian Cancer in a Large Study Population. *International Journal of Gynecological Cancer*. 2010;20(5):781-786. doi:10.1111/igc.0b013e3181de9481
6. Andreotti RF, Timmerman D, Benacerraf BR, et al. Ovarian-Adnexal Reporting Lexicon for Ultrasound: A White Paper of the ACR Ovarian-Adnexal Reporting and Data System Committee. *Journal of the American College of Radiology*. 2018;15(10):1415-1429. doi:10.1016/j.jacr.2018.07.004
7. Andreotti RF, Timmerman D, Strachowski LM, et al. O-RADS US Risk Stratification and Management System: A Consensus Guideline from the ACR Ovarian-Adnexal Reporting and Data System Committee. *Radiology*. 2020;294(1):168-185. doi:10.1148/radiol.2019191150
8. Levine D, Patel MD, Suh-Burgmann EJ, et al. Simple Adnexal Cysts: SRU Consensus Conference Update on Follow-up and Reporting. *Radiology*. 2019;293(2):359-371. doi:10.1148/radiol.2019191354
9. Atri M, Alabousi A, Reinhold C, et al. ACR Appropriateness Criteria® Clinically Suspected Adnexal Mass, No Acute Symptoms. *Journal of the American College of Radiology*. 2019;16(5). doi:10.1016/j.jacr.2019.02.011
10. Wu M-H, Cheng Y-C, Chang C-H, Ko H-C, Chang F-M. Three-dimensional Ultrasound in Evaluation of the Ovary. *Journal of Medical Ultrasound*. 2012;20(3):136-141. doi:10.1016/j.jmu.2012.07.001
11. Sladkevicius P, Jokubkiene L, Timmerman D, et al. Vessel morphology depicted by three-dimensional power Doppler ultrasound as second-stage test in adnexal tumors that are difficult to classify: prospective diagnostic accuracy study. *Ultrasound in Obstetrics & Gynecology*. 2021;57(2):324-334. doi:10.1002/uog.22191
12. Dirrichs T, Bauerschlag D, Maass N, Kuhl CK, Schrading S. Impact of multiparametric MRI (mMRI) on the therapeutic management of adnexal masses detected with transvaginal ultrasound (TVUS): an interdisciplinary management approach. *Acad Radiol*. 2022;29(2):183-97. doi:10.1016/j.acra.2020.11.016
13. American College of Radiology Committee on O-RADS™ (Ovarian and Adnexal). O-RADS MRI Risk Score Governing Concepts. Available at: https://www.acr.org/-/media/ACR/Files/RADS/O-RADS/O-RADS-MR-Risk-Stratification-System-Table-Updated-May-2023.pdf. Accessed on June 01, 2023.
14. Patel-Lippmann, K; Wasnik, A; Akin, E, et al. ACR Appropriateness Criteria® Clinically Suspected Adnexal Mass, No Acute Symptoms. 2023, https://acsearch.acr.org/docs/69466/Narrative/.
15. Zhang Q, Dai X, Li W. Systematic Review and Meta-Analysis of O-RADS Ultrasound and O-RADS MRI for Risk Assessment of Ovarian and Adnexal Lesions. AJR Am J Roentgenol. 2023 Jul;221(1):21-33. doi: 10.2214/AJR.22.28396. Epub 2023 Feb 1. PMID: 36722758
16. O-RADS US v2022: An Update from the American College of Radiology's Ovarian-Adnexal Reporting and Data System US Committee. Lori M. Strachowski, Priyanka Jha, Catherine H. Phillips, Misty M. Blanchette Porter, Wouter Froyman, Phyllis Glanc, Yang Guo, Maitray D. Patel, Caroline Reinhold, Elizabeth J. Suh-Burgmann, Dirk Timmerman, and Rochelle F. AndreottiRadiology 2023 308:3

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Endometriosis (PV-6)

Guideline

Endometriosis (PV-6.1)
References (PV-6)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Endometriosis (PV-6.1)

PV.EM.0006.1.A
v1.0.2025

- TV ultrasound (CPT® 76830) and/or Pelvic ultrasound (CPT® 76856 or CPT® 76857) is the first line diagnostic exam for suspected endometriosis.
- MRI Pelvis without contrast (CPT® 72195) or without and with contrast (CPT® 72197):
  - Prior to planned surgery for suspected deep pelvic endometriosis such as rectovaginal endometriosis, deeply infiltrative bladder endometriosis, and cul-de-sac obliteration.
  - To characterize complex adnexal masses as endometrioma if ultrasound equivocal See **Complex Adnexal Masses (PV-5.3)**
    - If known or suspected thoracic endometriosis, see **Pneumothorax/Hemothorax (CH-19.1)**in the Chest Imaging Guidelines.

Evidence Discussion (PV-6.1)

- Transabdominal pelvic and/or transvaginal pelvic ultrasound (TVUS) are widely accepted as the initial imaging modality of choice for evaluation of endometriosis. A meta-analysis by Hudelist et al found transvaginal ultrasound was found to have a sensitivity and specificity of 91 and 98%, respectively, with a positive predictive value of 98% and negative predictive value of 95%. A study by Goncalves et al compared TVUS done preoperatively to diagnostic laparoscopy for deep and ovarian endometriosis. This study found TVUS to be accurate in identifying all sites of ovarian and deep endometriosis, with significantly higher sensitivity than diagnostic laparoscopy in detecting rectosigmoid endometriosis. Additional benefits to ultrasound as a first line imaging modality include wide availability, fast access, and lack of ionizing radiation exposure.
- MRI of the pelvis can be useful for cases of suspected deep pelvic endometriosis. A study by Macario et al found MRI of the pelvis prior to laparoscopy to have an overall sensitivity of 91.9% and specificity of 91.2% in the preoperative diagnosis of deep pelvic endometriosis with cul-de-sac obliteration. MRI is also indicated for further evaluation of suspected endometrioma of the ovary if ultrasound is equivocal. The American College of Radiology (ACR) Appropriateness Criteria for adnexal mass states, "When an adnexal mass is indeterminate on US, either the organ of origin is uncertain or it is unclear whether the mass is benign or malignant, then MRI with intravenous (IV) contrast (if feasible) becomes the modality of choice." Per the ACR Appropriateness Criteria, "MRI can readily diagnose typical endometriomas." A study by Dirrichs et al found MRI to improve sensitivity and specificity of diagnosis for indeterminate adnexal masses found with TVUS. In this study, MRI changed the management decision in 34% of patients.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

References (PV-6)

v1.0.2025

1. Practice Bulletin No. 114: Management of Endometriosis. *Obstetrics & Gynecology*. 2010;116(1):223-236. Reaffirmed 2022 doi:10.1097/aog.0b013e3181e8b073.
2. Hudelist G, English J, Thomas AE, Tinelli A, Singer CF, Keckstein J. Diagnostic accuracy of transvaginal ultrasound for non-invasive diagnosis of bowel endometriosis: systematic review and meta-analysis. *Ultrasound in Obstetrics & Gynecology*. 2011;37(3):257-263. doi:10.1002/uog.8858
3. Macario S, Chassang M, Novellas S, et al. The Value of Pelvic MRI in the Diagnosis of Posterior Cul-De-Sac Obliteration in Cases of Deep Pelvic Endometriosis. *American Journal of Roentgenology*. 2012;199(6):1410-1415. doi:10.2214/ajr.11.7898
4. ACOG Committee Opinion No. 760 Summary: Dysmenorrhea and Endometriosis in the Adolescent. *Obstetrics & Gynecology*. 2018;132(6):1517-1518. Reaffirmed 2021 doi:10.1097/aog.0000000000002981.
5. Guerriero S, Saba L, Pascual MA, et al. Transvaginal ultrasound vs magnetic resonance imaging for diagnosing deep infiltrating endometriosis: systematic review and meta-analysis. *Ultrasound in Obstetrics & Gynecology*. 2018;51(5):586-595. doi:10.1002/uog.18961
6. Chronic pelvic pain. ACOG Practice Bulletin No. 218. American College of Obstetricians and Gynecologists. *Obstet Gynecol* 2020; Reaffirmed 2023;135:e98–109
7. Goncalves MO, Siufi Neto J, Andres MP, Siufi D, de Mattos LA, Abrao MS. Systematic evaluation of endometriosis by transvaginal ultrasound can accurately replace diagnostic laparoscopy, mainly for deep and ovarian endometriosis. *Human Reproduction*. 2021;36(6):1492-1500. doi:10.1093/humrep/deab085
8. Nisenblat V, Bossuyt PMM, Farquhar C, Johnson N, Hull ML. Imaging modalities for the non-invasive diagnosis of endometriosis. *The Cochrane Database of Systematic Reviews*. 2016;2:CD009591. doi:10.1002/14651858.CD009591.pub2
9. Siegelman ES, Oliver ER. MR Imaging of Endometriosis: Ten Imaging Pearls. *RadioGraphics*. 2012;32(6):1675-1691. doi:10.1148/rg.326125518
10. Guerriero S, Ajossa S, Pagliuca M, Borzacchelli A, Deiala F, Springer S, Pilloni M, Taccori V, Pascual MA, Graupera B, Saba L, Alcazar JL. Advances in Imaging for Assessing Pelvic Endometriosis. Diagnostics (Basel). 2022 Nov 26;12(12):2960. doi: 10.3390/diagnostics12122960. PMID: 36552967; PMCID: PMC9777476.
11. Andreotti RF, Timmerman D, Strachowski LM, et al. O-RADS US Risk Stratification and Management System: A Consensus Guideline from the ACR Ovarian-Adnexal Reporting and Data System Committee. Radiology. 2020;294(1):168-185. doi:10.1148/radiol.2019191150.
12. Atri M, Alabousi A, Reinhold C, et al. ACR Appropriateness Criteria® Clinically Suspected Adnexal Mass, No Acute Symptoms. Journal of the American College of Radiology. 2019;16(5). doi:10.1016/j.jacr.2019.02.011.
13. Dirrichs T, Bauerschlag D, Maass N, Kuhl CK, Schrading S. Impact of multiparametric MRI (mMRI) on the therapeutic management of adnexal masses detected with transvaginal ultrasound (TVUS): an interdisciplinary management approach. Acad Radiol. 2022;29(2):183-97. doi:10.1016/j.acra.2020.11.016.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Pelvic Inflammatory Disease (PID) (PV-7)

Guideline

Pelvic Inflammatory Disease (PV-7.1)
References (PV-7)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Pelvic Inflammatory Disease (PV-7.1)

PV.PI.0007.1.A
v1.0.2025

- Clinical examination alone is usually sufficient for confirming the diagnosis of pelvic inflammatory disease. See **Pelvic Pain/Dyspareunia, Female (PV-11.1)** if other causes of pelvic pain are suspected.
- Pelvic ultrasound (CPT® 76856 or CPT® 76857) and/or TV ultrasound (CPT® 76830) is the initial study for imaging of suspected pelvic inflammatory disease (PID) if diagnosis is uncertain following bimanual pelvic examination and laboratory testing (such as WBC, CRP and ESR, Microscopy of the vaginal secretions, and testing for Neisseria gonorrhoeae and Chlamydia trachomatis) OR for suspected Tubo-Ovarian Abscess (TOA). Color Doppler ultrasonography (CPT® 93975 or CPT® 93976) may be added.
- CT Pelvis with contrast (CPT® 72193) or MRI Pelvis with and without contrast (CPT® 72197):
  - If diagnosis is uncertain following examination, laboratory testing and ultrasound
  - Ultrasound shows extensive abscess formation and further imaging is needed for treatment planning
  - Suspected TOA with inconclusive ultrasound
- If suspected abdominal abscess see **Abdominal Sepsis (Suspected Abdominal Abscess) (AB-3.1)**in the Abdomen Imaging Guidelines.

Background and Supporting Information

PID may be clinically suspected based on findings of abdominal and/or pelvic pain, cervical or vaginal mucopurulent discharge, dyspareunia, inter-menstrual and/or post coital bleeding, fever, low back pain, nausea/vomiting, urinary frequency, cervical motion tenderness, uterine and/or adnexal tenderness on exam.

Laboratory findings may include elevated erythrocyte sedimentation rate, elevated C-reactive protein, lab documentation of cervical infection with N. gonorrheae or C. trachomatis, WBC on saline microscopy of vaginal fluid, and/or endometrial biopsy with endometritis.

Evidence Discussion (PV-7.1)

- Clinical examination and laboratory testing are appropriate in the initial diagnostic testing for suspected pelvic inflammatory disease (PID). Imaging studies can be helpful when further evaluation is needed and to rule out other differential diagnoses such as ovarian cysts or gastrointestinal disease.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

- Transabdominal pelvic and/or transvaginal pelvic ultrasound are widely accepted as the initial imaging modality of choice for evaluation of pelvic inflammatory disease. Additional benefits to ultrasound as a first line imaging modality include wide availability, fast access, and lack of ionizing radiation exposure. The addition of Power Doppler to ultrasonography has been found to increase sensitivity in the diagnosis of PID.
- CT Pelvis or MRI Pelvis can be considered if further imaging is needed following inconclusive ultrasound for diagnosis of PID, suspected tubo-ovarian abscess, or to evaluate for the extent of PID abscess formation for treatment planning.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (PV-7)

v1.0.2025

1. Liu B, Donovan B, Hocking JS, Knox J, Silver B, Guy R. Improving Adherence to Guidelines for the Diagnosis and Management of Pelvic Inflammatory Disease: A Systematic Review. *Infectious Diseases in Obstetrics and Gynecology*. 2012;2012:1-6. doi:10.1155/2012/325108
2. Jaiyeoba O, Soper DE. A Practical Approach to the Diagnosis of Pelvic Inflammatory Disease. *Infectious Diseases in Obstetrics and Gynecology*. 2011;2011:1-6. doi:10.1155/2011/753037
3. Workowski KA. Centers for Disease Control and Prevention Sexually Transmitted Diseases Treatment Guidelines. *Clinical Infectious Diseases*. 2015;61(suppl 8). doi:10.1093/cid/civ771
4. Practice Bulletin No. 174. Evaluation and Management of Adnexal Masses. American College of Obstetricians and Gynecologists. *Obstet Gynecol* 2016;128:e210–26. Reaffirmed 2021 doi:10.1097/aog.0000000000001768.
5. Prevention of Infection After Gynecologic Procedures. *Obstetrics & Gynecology*. 2018;131(6):1177-1179. doi:10.1097/aog.0000000000002672
6. Revzin MV, Mathur M, Dave HB, Macer ML, Spektor M. Pelvic Inflammatory Disease: Multimodality Imaging Approach with Clinical-Pathologic Correlation. *RadioGraphics*. 2016;36(5):1579-1596. doi:10.1148/rg.2016150202
7. ACR Appropriateness Criteria® Acute Pelvic Pain in the Reproductive Age Group, Ultrasound Quarterly: June 2016 - Volume 32 - Issue 2 - p 108-115 doi: 10.1097/RUQ.0000000000000200
8. Maturen KE, Akin EA, Dassel M, et al. ACR Appropriateness Criteria® Postmenopausal Subacute or Chronic Pelvic Pain. *Journal of the American College of Radiology*. 2018;15(11):S365-S372. doi:10.1016/j.jacr.2018.09.023
9. Henrichsen TL, Maturen KE, Robbins JB, et al. ACR Appropriateness Criteria® Postmenopausal Acute Pelvic Pain. *Journal of the American College of Radiology*. 2021;18(5):S119-S125. doi:10.1016/j.jacr.2021.02.003
10. Polena V, Huchon C, Varas Ramos C, Rouzier R, Dumont A, Fauconnier A. Non-invasive tools for the diagnosis of potentially life-threatening gynaecological emergencies: a systematic review.

    PLoS One. 2015;10(2):e0114189. doi: 10.1371/journal.pone.0114189.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Polycystic Ovary Syndrome (PV-8)

Guideline

Polycystic Ovary Syndrome (PCOS) (PV-8.1)
References (PV-8)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Polycystic Ovary Syndrome (PCOS) (PV-8.1)

PV.PC.0008.1.A
v1.0.2025

- Pelvic ultrasound (CPT® 76856 or CPT® 76857) and/or TV ultrasound (CPT® 76830) is indicated when history, exam, and/or laboratory findings are suspicious for PCOS.
- Laboratory testing to be done prior to advanced imaging: Virilizing hormone levels (Testosterone and DHEAS). Disorders that mimic the clinical features of Polycystic ovary syndrome (PCOS) should be excluded by measuring: TSH, Prolactin, and 17-OHP (hydroxyprogesterone) levels. Others to consider based on the clinical presentation: Cortisol levels, ACTH, dexamethasone suppression testing, IGF-1, FSH, LH, estradiol.
- If elevated serum levels of androgens are found and an adrenal etiology is suspected - see **Adrenal Cortical Lesions (AB-16.1)** in the Abdomen Imaging Guidelines.

Background and Supporting Information

- Polycystic ovary syndrome is the most common hormonal disorder among females of reproductive age, and is one of the leading causes of infertility.
- Diagnostic criteria of polycystic ovary syndrome (Two of the following three criteria are required):
  - Oligo/anovulation
  - Hyperandrogenism
    - Clinical (hirsutism or less commonly male pattern alopecia) or
    - Biochemical (raised FAI (free androgen index) or free testosterone)
  - Polycystic ovaries on ultrasound
    - Defined as an ovary containing 12 or more follicles (or 25 or more follicles using new ultrasound technology) measuring 2 to 9 mm in diameter or an ovary that has a volume of greater than 10 mL on ultrasonography. A single ovary meeting either or both of these definitions is sufficient for diagnosis of polycystic ovaries.
- Clinical Features of PCOS
  - Hirsutism and male pattern balding consistent with hyperandrogenism
  - Irregular or absent menstrual cycles
  - Subfertility or infertility
  - Psychological symptoms – anxiety, depression, psychosexual dysfunction, eating disorders
  - Metabolic features – obesity, dyslipidaemia, diabetes

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Evidence Discussion (PV-8)

- Transabdominal pelvic and/or transvaginal pelvic ultrasound are widely accepted as the modality of choice for evaluation of the ovaries in patients with suspected polycystic ovarian syndrome (PCOS). Ultrasound allows for real-time evaluation of the pelvic anatomy, has wide availability, fast access, and lack of ionizing radiation exposure. It also allows for follicular count which will help establish the diagnosis of PCOS.
- Laboratory testing may point to other etiology of symptoms and may better direct additional imaging.
- Imaging for suspected adrenal pathology is addressed in the Abdominal Section of these guidelines.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (PV-8)

v1.0.2025

1. ACOG Practice Bulletin 194. Polycystic Ovary Syndrome. *Obstetrics and Gynecology*. 2018. 131(6):e157-e171. Reaffirmed 2022 doi: 10.1097/AOG.0000000000002656
2. Dumesic DA, Oberfield SE, Stener-Victorin E, Marshall JC, Laven JS, Legro RS. Scientific Statement on the Diagnostic Criteria, Epidemiology, Pathophysiology, and Molecular Genetics of Polycystic Ovary Syndrome. *Endocrine Reviews*. 2015;36(5):487-525. doi:10.1210/er.2015-1018
3. Teede HJ, Misso ML, Costello MF, et al. Erratum. Recommendations from the international evidence-based guideline for the assessment and management of polycystic ovary syndrome. *Human Reproduction*. 2018;34(2):388-388. doi:10.1093/humrep/dey363
4. Martin KA, Anderson RR, Chang RJ, et al. Evaluation and Treatment of Hirsutism in Premenopausal Women: An Endocrine Society Clinical Practice Guideline. *The Journal of Clinical Endocrinology & Metabolism*. 2018;103(4):1233-1257. doi:10.1210/jc.2018-00241
5. Mayo-Smith WW, Song JH, Boland GL, et al. Management of Incidental Adrenal Masses: A White Paper of the ACR Incidental Findings Committee. *Journal of the American College of Radiology*. 2017;14(8):1038-1044. doi:10.1016/j.jacr.2017.05.001.
6. Rotterdam ESHRE/ASRM-Sponsored PCOS Consensus Workshop Group. Revised 2003 consensus on diagnostic criteria and long-term health risks related to polycystic ovary syndrome. *Fertil Steril*. 2004;81(1):19–25.
7. Obesity in adolescents. Committee Opinion No. 714. *Obstetrics & Gynecology*. 2017. 130(3):e127-e140. Reaffirmed 2021 doi:10.1097/aog.0000000000002297

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Initial Infertility Evaluation, Female (PV-9)

Guideline

Initial Infertility Evaluation, Female (PV-9.1)
References (PV-9)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Initial Infertility Evaluation, Female (PV-9.1)

PV.IE.0009.1.A
v1.0.2025

This guideline is not intended for fertility treatment follow-up and management. See individual fertility coverage policy for imaging during active fertility treatment.

- A one-time Pelvic ultrasound (CPT® 76856 or CPT® 76857) and/or TV ultrasound (CPT® 76830) for initial infertility workup.[1]
  - Repeat ultrasounds or serial ultrasounds are not indicated for initial infertility workup
- To evaluate for tubal patency:
  - Hysterosalpingography (HSG) (CPT® 74740) **or** Sonohysterosalpingography (CPT® 76831)
- If ultrasound is indeterminate or there is clinical suspicion for intra-cavitary lesion (such as polyp or fibroid), hydrosalpinx, uterine synechia, adenomyosis or uterine anomalies:
  - 3D US imaging (add-on CPT® 76376 or CPT® 76377)
  - US Color Doppler (CPT® 93975 or CPT® 93976)

Background and Supporting Information

Some payors do not provide coverage for infertility evaluation and/or treatment.

Evidence Discussion (PV-9)

- Transabdominal pelvic and/or transvaginal pelvic ultrasound are widely accepted as the initial imaging modality of choice for evaluation of the female pelvis. Ultrasound allows for real-time evaluation, has wide availability, fast access, and lack of ionizing radiation exposure. The addition of 3D ultrasound is beneficial in cases when intrauterine abnormalities are suspected. The diagnostic accuracy of 3D ultrasound is 90% to 95% for uterine anomalies. Adding Doppler evaluation provides information about vascularity and tissue perfusion.
- Hysterosalpingography (HSG) or Sonohysterosalpingography can be utilized in assessing tubal patency. Sonohysterosalpingography is more operator dependent than HSG, however, both procedures benefit patients in that they can help avoid the more invasive laparoscopy and chromotubation, which carry the risks of surgery and anesthesia.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (PV-9)

v1.0.2025

1. Vickramarajah S, Stewart V, Ree KV, Hemingway AP, Crofton ME, Bharwani N. Subfertility: What the Radiologist Needs to Know. *RadioGraphics*. 2017;37(5):1587-1602. doi:10.1148/rg.2017170053
2. AIUM Practice Parameter for Ultrasonography in Reproductive Medicine. 2017 American Institute of Ultrasound in Medicine
3. B Benacerraf, T Shipp, B Bromley. Which Patients Benefit from a 3D Reconstructed Coronal View of the Uterus Added to Standard Routine 2D Pelvic Sonography? AJR Am J Roentgenol. 2008;190(3):626-629. doi:10.2214/AJR.07.2632
4. Pleş L, Alexandrescu C, Ionescu CA, Arvătescu CA, Vladareanu S, Moga MA. Three-dimensional scan of the uterine cavity of infertile women before assisted reproductive technology use. *Medicine (Baltimore)*. 2018;97(41):e12764. doi:10.1097/MD.0000000000012764
5. Groszmann YS, Benacerraf BR. Complete evaluation of anatomy and morphology of the infertile patient in a single visit; the modern infertility pelvic ultrasound examination. *Fertility and sterility*. 2016 Jun 1;105(6):1381-93. doi:10.1016/j.fertnstert.2016.03.026.
6. Practice Committee of the American Society for Reproductive Medicine. Diagnostic evaluation of the infertile female: a committee opinion. *Fertility and Sterility*. 2015;103(6):e44-e50. doi:10.1016/j.fertnstert.2015.03.019
7. Cil AP, Tulunay G, Kose MF, Haberal A. Power Doppler properties of endometrial polyps and submucosal fibroids: a preliminary observational study in women with known intracavitary lesions. *Ultrasound in Obstetrics and Gynecology*. 2010;35(2):233-237. doi:10.1002/uog.7470. doi:10.1002/uog.7470.
8. Infertility workup for the women's health specialist. ACOG Committee Opinion No. 781. American College of Obstetricians and Gynecologists. Obstetrics & Gynecol. 2019;133(6):e377-e384. Reaffirmed 2023. doi:10.1097/AOG.0000000000003271.
9. Pleş L, Alexandrescu C, Ionescu CA, Arvătescu CA, Vladareanu S, Moga MA. Three-dimensional scan of the uterine cavity of infertile women before assisted reproductive technology use. Medicine (Baltimore). 2018;97(41):e12764. doi:10.1097/MD.0000000000012764

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Intrauterine Device (IUD) and Tubal Occlusion (PV-10)

Guideline

Intrauterine Device (PV-10.1)
Hysteroscopically Placed Tubal Occlusion Device (PV-10.2)
Implantable Contraceptive Devices (PV-10.3)
References (PV-10)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Intrauterine Device (PV-10.1)

PV.ID.0010.1.A
v1.0.2025

- Imaging to evaluate position prior to, immediately after and, for example, 6 weeks after IUD insertion is not indicated
- Pelvic ultrasound (CPT® 76856 or CPT® 76857) and/or TV ultrasound (CPT® 76830) if:
  - Abnormal pelvic exam prior to IUD insertion, such as pelvic mass, irregularly shaped uterus, or enlarged uterus
  - Suspected IUD complication:
    - Abnormal IUD position
    - Uterine perforation
    - Severe pain
    - Excessive bleeding
    - Suspected infection

"Lost" IUD inability to palpate IUD string on pelvic exam, and/or see IUD on speculum exam:

- Desires continuation of IUD for contraception, unable to visualize with cytobrush sweep of the cervix:
  - TV ultrasound CPT® 76830 abd/or Pelvic ultrasound (CPT® 76856 or CPT® 76857); with or without 3-D Rendering (CPT® 76377 or CPT® 76376)
    - If TV and/or Pelvic ultrasound is negative or non-diagnostic, plain x-ray should be performed if pregnancy test is negative
      - If IUD is not visualized on x-ray a diagnosis of expulsion can be made
    - CT Pelvis without contrast (CPT® 72192) or CT Abdomen and Pelvis without contrast (CPT® 74176) or MRI Pelvis without contrast (CPT® 72195) when both ultrasound and plain x-ray are equivocal or non-diagnostic as it may be useful to delineate IUD position and relationship to other abdominal organs.
- Desires removal of IUD and unable to palpate, see or retrieve IUD string on pelvic exam and/or speculum exam:
  - If failed attempt to retrieve IUD with instrumentation of external cervical os
    - TV ultrasound (CPT® 76830) and/or Pelvic ultrasound (CPT® 76856 or CPT® 76857; with or without 3-D Rendering (CPT® 76377 or CPT® 76376)
      - If TV and/or Pelvic ultrasound is negative or non-diagnostic, plain x-ray should be performed if pregnancy test is negative

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

    - If IUD is not visualized on x-ray a diagnosis of expulsion can be made
  - CT Pelvis without contrast (CPT® 72192) or CT Abdomen and Pelvis without contrast (CPT® 74176) or MRI Pelvis without contrast (CPT® 72195) when both ultrasound and plain x-ray are equivocal or non-diagnostic as it may be useful to delineate IUD position and relationship to other abdominal organs.
- If pregnancy test is positive:
  - The use of gynecology CPT codes for pregnant females is not supported. Therefore, transvaginal ultrasound (CPT® 76830) and pelvic ultrasound (CPT® 76856 or CPT® 76857) are not supported for those with a positive pregnancy test or known pregnancy. If a pregnancy test is positive, then obstetrical CPT codes are indicated. **(General Guidelines (PV-1.0)**).

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Hysteroscopically Placed Tubal Occlusion Device (PV-10.2)

PV.ID.0010.2.A

v1.0.2025

- TV ultrasound (CPT® 76830) and/or Pelvic ultrasound (CPT® 76856 or CPT® 76857) if:
  - Suspected complication of hysteroscopically placed tubal occlusion device:
    - Abnormal tubal occlusion device position
    - Uterine perforation
    - Severe pain
    - Excessive bleeding

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Implantable Contraceptive Devices (PV-10.3)

PV.ID.0010.3.A
v1.0.2025

- If implant is unable to be palpated
  - If implant is radiopaque (contains barium sulphate)
    - Initial imaging should include either Ultrasound or X-ray of arm
    - If thoracic implant migration is suspected Chest X-ray should be considered
    - If Chest X-ray is equivocal CT Chest without or with contrast (CPT® 71250 or CPT® 71260) or CTA Chest (CPT® 71275)
  - If implant is radiolucent
    - Initial imaging should include Ultrasound of the arm
    - MRI Upper Extremity without contrast (CPT® 73218) if ultrasound is equivocal
    - If thoracic implant migration is suspected MRI Chest without or without and with contrast (CPT® 71550 or CPT® 71552)

Background and Supporting Information

- As of 2019, neither the Essure nor the Adiana tubal occlusion device is in production.
- Currently the only implant available in the United States is an etonogesterl containing implant. The original version of this implant (Implanon) was released in 2001. This was replaced by an updated implant in 2011 (Nexplanon) which contains barium sulphate, making it radiopaque and easily visualized on X-ray.
- A rare complication of the implant is distant vascular migration to the pulmonary vasculature.

Evidence Discussion (PV-10)

- Transabdominal and transvaginal ultrasounds are the initial imaging methods for locating a malpositioned IUD. Ultrasound has the benefits of being widely available, accurate, and free from exposure to ionizing radiation. The addition of 3D image processing to ultrasound is advantageous as it allows for the visualization of the complete IUD, including the shaft and arms, and demonstrates its relationship to the endometrial cavity.
- In cases where the ultrasound is non-diagnostic and the pregnancy test is negative, an X-ray should be performed. X-rays are useful as IUDs are radiopaque; if the IUD is not visualized on an X-ray, a diagnosis of expulsion can be made.
- If both ultrasound and X-ray results are equivocal, CT or MRI may be useful to delineate the IUD's position and its relationship to other abdominal organs.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (PV-10)

v1.0.2025

1. Boortz HE, Margolis DJA, Ragavendra N, Patel MK, Kadell BM. Migration of Intrauterine Devices: Radiologic Findings and Implications for Patient Care. *RadioGraphics*. 2012;32(2):335-352. doi:10.1148/rg.322115068
2. Prabhakaran S, Chuang A. In-office retrieval of intrauterine contraceptive devices with missing strings. *Contraception*. 2011;83(2):102-106. doi:10.1016/j.contraception.2010.07.004
3. Sakhel K, Benson CB, Platt LD, Goldstein SR, Benacerraf BR. Begin With the Basics. *Journal of Ultrasound in Medicine*. 2013;32(3):381-388. doi:10.7863/jum.2013.32.3.381
4. Benacerraf BR, Abuhamad AZ, Bromley B, et al. Consider ultrasound first for imaging the female pelvis. *American Journal of Obstetrics and Gynecology*. 2015;212(4):450-455. doi:10.1016/j.ajog.2015.02.015
5. Practice Bulletin No. 186: Long-Acting Reversible Contraception: Implants and Intrauterine Devices. *Obstet Gynecol*. 2017 Nov 2017 130(5):251-269. Reaffirmed 2021. doi: 10.1097/AOG.0000000000002394.
6. Nowitzki KM, Hoimes ML, Chen B, Zheng LZ, Kim YH. Ultrasonography of intrauterine devices. *Ultrasonography*. 2015;34(3):183-194. doi:10.14366/usg.15010
7. Guelfguat M, Gruenberg TR, Dipoce J, Hochsztein JG. Imaging of Mechanical Tubal Occlusion Devices and Potential Complications. *RadioGraphics*. 2012;32(6):1659-1673. doi:10.1148/rg.326125501
8. Simpson W, Beitia L. Multimodality imaging of the Essure tubal occlusion device. *Clinical Radiology*. 2012;67(12). doi:10.1016/j.crad.2012.08.013
9. Wong L, White N, Ramkrishna J, Júnior EA, Meagher S, Costa FDS. Three-dimensional imaging of the uterus: The value of the coronal plane. *World Journal of Radiology*. 2015;7(12):484. doi:10.4329/wjr.v7.i12.484
10. Rowlands S, Oloto E, Horwell DH. Intrauterine devices and risk of uterine perforation: current perspectives. *Open Access J Contracept*. 2016;7:19–32. Published 2016 Mar 16. doi:10.2147/OAJC.S85546
11. FSRH Guideline (February 2021) Progestogen-only Implant.

    BMJ Sex Reprod Health. 2021;47(Suppl 1):1-62. doi:10.1136/bmjsrh-2021-CHC
12. American College of Obstetricians and Gynecologists' Committee on Gynecologic Practice; Long-Acting Reversible Contraceptive Expert Work Group. Committee Opinion No 672: Clinical Challenges of Long-Acting Reversible Contraceptive Methods.

    Obstet Gynecol. 2016;128(3):e69-e77. Reaffirmed 2024 doi:10.1097/AOG.0000000000001644
13. de Kroon CD, van Houwelingen JC, Trimbos JB, Jansen FW. The value of transvaginal ultrasound to monitor the position of an intrauterine device after insertion. A technology assessment study. Hum Reprod. 2003;18(11):2323-2327. doi:10.1093/humrep/deg433

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Pelvic Pain/Dyspareunia, Female (PV-11)

Guideline

Pelvic Pain/Dyspareunia, Female (PV-11.1)
References (PV-11)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Pelvic Pain/Dyspareunia, Female (PV-11.1)

PV.PD.0011.1.U
v1.0.2025

- Often, the history, physical examination, and laboratory data can guide subsequent workup in individuals presenting with pelvic pain. When possible, use the more specific guideline, depending on clinical presentation and the differential diagnosis. (i.e.-endometriosis **Endometriosis (PV-6.1)**, adnexal mass **Adnexal Mass/Ovarian Cysts (PV-5)**, etc.).
- If there is clinical concern that a non gynecological condition is the cause of pelvic pain, such as a vascular, urological or gastrointestinal etiology, see the applicable guideline section(s).
- Premenopausal pelvic pain - Pregnancy test should be done prior to imaging.
  - If pregnancy test is positive, see the applicable obstetrical imaging policy.
- If pregnancy test is negative or postmenopausal:
  - Ultrasound – transvaginal (CPT® 76830) and/or pelvic (CPT® 76856 or CPT® 76857)
  - Duplex Doppler (CPT® 93975 or CPT® 93976) can be added if there is an ovarian mass and/or suspicion of ovarian torsion on the initial ultrasound.
  - Duplex Doppler (CPT® 93975 or CPT® 93976) for chronic pelvic pain (pelvic pain for 6 months or greater)
- Further imaging as per appropriate section of guidelines (i.e.-ovarian mass/torsion **Adnexal Mass/Ovarian Cysts (PV-5)**, PID **Pelvic Inflammatory Disease (PV-7.1)**, etc.)
- If initial ultrasound is normal, further evaluation depending on the clinical suspicion may include urological work-up, gastroenterology work-up, laparoscopic evaluation(s)
- If the initial ultrasound is equivocal for unexplained chronic pelvic pain (pelvic pain for 6 months or greater) and/or above evaluations are non-diagnostic:
  - CT Pelvis with contrast (CPT® 72193) OR
  - MRI Pelvis without contrast or with and without contrast (CPT® 72195 or CPT® 72197)
- Pelvic Pain/Hip Pain - Rule Out Piriformis Syndrome
  - See **Focal Neuropathy (PN-2.1)** in the Peripheral Nerve and Neuromuscular Disorders Imaging Guidelines
  - See **Hip(MS-24)** in the Musculoskeletal Imaging Guidelines
- Work-up of interstitial cystitis/bladder pain syndrome (IC/BPS) may include history, physical exam, laboratory exam (urinalysis and urine culture), cystoscopy, and measurement of post void residual urine by bladder catheterization.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

  - Pelvic ultrasound (CPT® 76856 or CPT® 76857) and/or TV ultrasound (CPT® 76830).
    - CT Pelvis with contrast (CPT®72193) if ultrasound is equivocal for complicated interstitial cystitis/bladder pain syndrome (when ordered by specialist or any provider in consultation with a specialist).
- Proctalgia Syndromes
  - Prior to advanced imaging, the evaluation of rectal/perineal pain should include:
    - Digital rectal examination (assess for mass, fissures, hemorrhoids, etc.)
    - Pelvic examination in females to exclude PID
    - Recent flexible sigmoidoscopy or colonoscopy subsequent to the start of reported symptoms to exclude inflammatory conditions or malignancy.
    - Endoanal ultrasound (CPT® 76872), MRI Pelvis with and without contrast (CPT® 72197), or CT Pelvis with contrast (CPT® 72193) are appropriate after the above studies have been performed or if laboratory or clinical information suggest infection, abscess, or inflammation
- MRI (MRI Pelvis without contrast CPT® 72195) for Defecography is considered investigational/experimental by UHC.

Background and Supporting Information

- Interstitial Cystitis/Bladder Pain Syndrome (IC/BPS) has an unpleasant sensation (pain, pressure, discomfort), perceived to be related to the urinary bladder. It is associated with lower urinary tract symptoms of more than six weeks duration, in the absence of infection or other identifiable causes.
- Proctalgia syndromes are characterized by recurrent episodes of rectal/perineal pain, and may be due to sustained contractions of the pelvic floor musculature.

Evidence Discussion (PV-11)

- Transabdominal pelvic and/or transvaginal pelvic ultrasound are widely accepted as the initial imaging modality of choice for pelvic pain of gynecologic origin. Ultrasound also allows for real-time evaluation with color and power Doppler which can help identify vascular flow and distinguish fluid and cysts from soft tissue. Additional benefits to ultrasound as a first line imaging modality include wide availability, fast access, and lack of ionizing radiation exposure.
- MRI is accepted as an adjunct modality to ultrasound in cases where ultrasound may not fully characterize a soft tissue abnormality due to its superior signal to noise ratio.

  CT of the pelvis may demonstrate engorged veins, pelvic fulid, peritoneal thickening, hydrosalpinx or pyosalpinx and tubo-ovarian abscess.
- MRI pelvis, CT pelvis or endoanal ultrasound are appropriate for the evaluation of proctalgia after digital rectal examination, pelvic examination in females and recent endoscopy to exclude inflammatory conditions or malignancy.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

- Often, the history, physical examination, and laboratory data can guide subsequent workup in individuals presenting with pelvic pain. If initial ultrasound is normal, further evaluation may include urological work-up, gastroenterology work-up, or laparoscopic evaluation(s).
- The differential diagnosis for chronic pelvic pain is extensive. Determining the etiology of pelvic pain is important to plan treatment.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (PV-11)

v1.0.2025

1. Hanno PM, Erickson D, Moldwin R, Faraday MM. Diagnosis and Treatment of Interstitial Cystitis/Bladder Pain Syndrome: AUA Guideline Amendment. *Journal of Urology*. 2015;193(5):1545-1553. doi:10.1016/j.juro.2015.01.086
2. Hanno PM, Burks DA, Clemens JQ, et al. AUA Guideline for the Diagnosis and Treatment of Interstitial Cystitis/Bladder Pain Syndrome. *Journal of Urology*. 2011;185(6):2162-2170. Amended 2014, 2022 doi:10.1016/j.juro.2011.03.064
3. Steege JF, Siedhoff MT. Chronic Pelvic Pain. *Obstetrics & Gynecology*. 2014;124(3):616-629. doi:10.1097/aog.0000000000000417
4. Wald A, Bharucha AE, Limketkai B, et al. ACG Clinical Guidelines: Management of Benign Anorectal Disorders.Am J Gastroenterol. 2021;116(10):1987-2008. doi:10.14309/ajg.0000000000001507
5. Practice Bulletin No. 114: Management of Endometriosis. *Obstetrics & Gynecology*. July 2010;116(1):223-236. Reaffirmed 2020. doi:10.1097/aog.0b013e3181e8b073
6. Practice Bulletin No. 213: Female Sexual Dysfunction. *Obstetrics & Gynecology*. 2019 July; Reaffirmed 2022; (134):1-18.
7. Practice Bulletin No. 218. Chronic pelvic pain. *Obstetrics & Gynecology*. 2020; Reaffirmed 2023;135(3). doi:10.1097/aog.0000000000003716
8. Kraemer S, Watson V, Peters KM. The Evaluation and Management of Interstitial Cystitis/Bladder Pain Syndrome. *EMJ Urol* 2019;7(1):75-82
9. Maturen KE, Akin EA, Dassel M, et al. ACR Appropriateness Criteria® Postmenopausal Subacute or Chronic Pelvic Pain. *Journal of the American College of Radiology*. 2018;15(11):S365-S372. doi:10.1016/j.jacr.2018.09.023
10. Henrichsen TL, Maturen KE, Robbins JB, et al. ACR Appropriateness Criteria® Postmenopausal Acute Pelvic Pain. *Journal of the American College of Radiology*. 2021;18(5):S119-S125. doi:10.1016/j.jacr.2021.02.003.
11. ACR Appropriateness Criteria® Acute Pelvic Pain in the Reproductive Age Group. Ultrasound Quarterly. 2016 - Volume 32 - Issue 2 - p 108-115 Revised 2023 doi: 10.1097/RUQ.0000000000000200

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Leiomyoma/Uterine Fibroids (PV-12)

Guideline

Leiomyoma/Uterine Fibroids (PV-12.1)
References (PV-12)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Leiomyoma/Uterine Fibroids (PV-12.1)

PV.UF.0012.1.A
v1.0.2025

Leiomyomata are also known as “fibroids.”

The uterus, tubes and ovaries arise out of the pelvis and are considered pelvic organs. If the uterus rises out of the pelvic cavity, the imaging field can be determined on scout films. Imaging of the abdomen is not supported for problems suspected to arise from the pelvis.

- Pelvic ultrasound (CPT® 76856 or CPT® 76857) and/or TV ultrasound (CPT® 76830) for any of the following:
  - Suspected leiomyoma with symptoms of pelvic pain, suspected ureteral obstruction secondary to inability to void urine, pelvic pressure and/or abnormal uterine bleeding and/or an enlarged uterus found on physical exam with a negative pregnancy test (if pre-menopausal).
  - Pre-operative prior to myomectomy
  - Recurrent symptoms such as abnormal bleeding, pain, or pelvic pressure
  - 3-D Rendering (CPT® 76377 or CPT® 76376) and/or Duplex (Doppler) scan (CPT® 93975 complete; CPT® 93976 limited) if ultrasound is equivocal and intracavitary lesion is suspected, or for surgical planning for myomectomy
  - There is no current evidence to support 3-D Rendering (CPT® 76377 or CPT® 76376) for planning for uterine artery embolization.
- MRI Pelvis and/or Abdomen to determine surgical approach for hysterectomy is not supported.
- MRI Pelvis without and with contrast (CPT® 72197), or without contrast (CPT® 72195) in the evaluation of leiomyomas for the following:
  - Guide the treatment of leiomyoma/fibroid in an enlarged uterus with multiple leiomyoma/fibroid following indeterminate ultrasound when myomectomy is planned.
  - Equivocal sonohysterography or panoramic hysteroscopy with suspected submucous leiomyoma and imaging is needed to plan for myomectomy
  - Leiomyoma necrosis is suspected
  - Guide the treatment of leiomyoma/fibroid in an enlarged uterus with multiple leiomyoma/fibroid following indeterminate ultrasound when Radiofrequency Ablation of Leiomyomas is planned
  - Uterine artery embolization is being considered
    - If MRI is equivocal, MRA Pelvis (CPT® 72198) or CTA Pelvis (CPT® 72191) if requested by or in consultation with the interventional radiologist planning the uterine artery embolization

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

        - There is no evidence to support interval MRI after embolization unless persistent or recurrent symptoms
- If malignancy is suspected, See **Oncology Imaging Guidelines**.
    - MRI Pelvis with and without (CPT® 72197) for suspected leiomyosarcoma if one or more of the following ultrasound features AND symptoms are present;
        - Ultrasound features suggestive of leiomyosarcoma are:
            - Large sized (greater than 8 cm)
            - Irregular borders
            - Areas of cystic change or necrosis
            - Increase in central and peripheral vascularity
            - Rapid change in size
        - Symptoms suggestive of leiomyosarcoma would include postmenopausal woman with an new or rapidly enlarging myometrial mass or rapid growth of a uterine mass in a premenopausal patient (increase of 6 weeks gestation size within 1 year)
- CT is generally not warranted for evaluating pelvic anatomy because it is limited due to soft tissue contrast resolution

Evidence Discussion (PV-12)

- Transabdominal pelvic and/or transvaginal pelvic ultrasound are widely accepted as the initial imaging modality of choice for uterine fibroids. Ultrasound also allows for real-time evaluation with color and power Doppler which can help identify vascular flow and distinguish fluid and cysts from soft tissue. 3-D rendering is useful for further evaluation of intracavitary lesions and for surgical planning for myomectomy. Additional benefits to ultrasound as a first line imaging modality include wide availability, fast access, and lack of ionizing radiation exposure.
- MRI is accepted as an adjunct modality to ultrasound in cases where ultrasound may not fully characterize a soft tissue abnormality due to its superior signal to noise ratio. MRI can be useful for surgical planning for myomectomy, determining degeneration or necrosis of fibroids, and to plan uterine artery embolization or radiofrequency ablation.
- MRI may be considered for suspected leiomyosarcoma in cases where ultrasound features and symptoms are suggestive of this diagnosis. The reported prevalence of unsuspected sarcoma at surgery for symptomatic leiomyoma ranges widely, from 0.01% (one in 10 000) to 0.28% (one in 352).
- MRI offers the highest accuracy for characterization of uterine masses before intervention due to improved soft-tissue contrast, larger field of view, diffusion sequences, and multiplanar sequences. For procedural planning, MRI offers better localization of fibroid position in the uterus and can be used to assess viability and arterial supply of fibroids. In the context of preprocedural planning, MRI features have

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

been evaluated for performance in separating leiomyosarcoma from leiomyomas or atypical leiomyomas. MRI features noted in multiple studies as associated with leiomyosarcoma include the following features: intermediate to high signal intensity of the mass at T2-weighted imaging, irregular margins of the uterine mass with the adjacent myometrium, and high signal intensity at high–b value diffusion-weighted imaging and corresponding low signal intensity on apparent diffusion coefficient maps.

- MRA or CTA may be used to determine vascular flow to uterine fibroids for embolization planning in cases where MRI is insufficient. Knowledge of the vascular supply for fibroids is crucial for successful embolization of target arteries.
- CT is of limited use in the evaluation of pelvic anatomy due to limited soft tissue contrast resolution.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (PV-12)

v1.0.2025

1. Sakhel K, Benson CB, Platt LD, Goldstein SR, Benacerraf BR. Begin With the Basics: role of 3-dimensional sonography as a first-line imaging technique in the cost-effective evaluation of gynecologic pelvic disease. *Journal of Ultrasound in Medicine*. 2013;32(3):381-388. doi:10.7863/jum.2013.32.3.381
2. Benacerraf BR, Abuhamad AZ, Bromley B, et al. Consider ultrasound first for imaging the female pelvis. *American Journal of Obstetrics and Gynecology*. 2015;212(4):450-455. doi:10.1016/j.ajog.2015.02.015
3. Turkgeldi E, Urman B, Ata B. Role of Three-Dimensional Ultrasound in Gynecology. *Journal of Obstetrics and Gynaecology of India*. 2014;65(3):146-154. doi:10.1007/s13224-014-0635-z
4. Deshmukh SP, Gonsalves CF, Guglielmo FF, Mitchell DG. Role of MR Imaging of Uterine Leiomyomas before and after Embolization. *RadioGraphics*. 2012;32(6). doi:10.1148/rg.326125517
5. Silberzweig JE, Powell DK, Matsumoto AH, Spies JB. Management of Uterine Fibroids: A Focus on Uterine-sparing Interventional Techniques. *Radiology*. 2016;280(3):675-692. doi:10.1148/radiol.2016141693
6. Matteson KA, Butts SF. Committee Opinion No 701. Choosing the Route of Hysterectomy for Benign Disease. *Obstetrics and Gynecology*. 2017 Jun 1;129(6):1149-50 (Reaffirmed 2019)
7. Practice Bulletin No. 228. Management of Symptomatic Uterine Leiomyomas. *Obstetrics & Gynecology*. 2021;137(6):e100-e115. doi:10.1097/aog.0000000000004401
8. Hindman N, Kang S, Fournier L, Lakhman Y, Nougaret S, Reinhold C, Sadowski E, Huang JQ, Ascher S. MRI Evaluation of Uterine Masses for Risk of Leiomyosarcoma: A Consensus Statement. Radiology. 2023 Feb;306(2):e211658. doi: 10.1148/radiol.211658.
9. Stewart KA, Greenberg JA, Kho KA, Cohen Rassier SL. Radiofrequency Ablation of Leiomyomas. Obstet Gynecol. 2023 Apr 13. doi: 10.1097/AOG.0000000000005196.
10. Practice Bulletin No. 228. Management of Symptomatic Uterine Leiomyomas. Obstetrics & Gynecology. 2021;137(6):e100-e115. doi:10.1097/aog.0000000000004401
11. Maciel C, Tang YZ, Sahdev A, Madureira AM, Vilares Morgado P. Preprocedural MRI and MRA in planning fibroid embolization. Diagn Interv Radiol. 2017 Mar-Apr;23(2):163-171. doi: 10.5152/dir.2016.16623. PMID: 28163256; PMCID: PMC5338584.
12. Expert Panel on GYN and OB Imaging; Ascher, SM, Wasnik AP, Patlas MN, VanBuren W, Maturen KE. ACR Appropriateness Criteria® Fibroids. J Am Coll Radiol. 2022 Nov;19(11S):S319-S328. DOI: https://doi.org/10.1016/j.jacr.2022.09.019

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Periurethral Cysts, Urethral Diverticula, and Vaginal Masses (PV-13)

Guideline

Periurethral cysts, Skene duct cyst and Gartner's duct cyst (PV-13.1)
Urethral Diverticula (PV-13.2)
Vaginal Masses (PV-13.3)
References (PV-13)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Periurethral cysts, Skene duct cyst and Gartner's duct cyst (PV-13.1)

PV.UD.0013.1.A
v1.0.2025

- Initial evaluation includes any of the following:
  - Pelvic ultrasound (CPT® 76856 or CPT® 76857) and/or Transvaginal ultrasound (CPT® 76830) and/or Transperineal ultrasound (CPT® 76872)
    - MRI Pelvis without and with contrast (CPT® 72197) for surgical planning when ultrasound equivocal

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Urethral Diverticula (PV-13.2)

PV.UD.0013.2.A

v1.0.2025

- Initial evaluation may include Pelvic ultrasound (CPT® 76856 or CPT® 76857) and/or Transvaginal ultrasound (CPT® 76830) and/or Transperineal ultrasound (CPT® 76872)
- Urethrography, or CT Urethrography (CT Pelvis without and with contrast CPT® 72194 or CT Pelvis with contrast CPT® 72193) to evaluate any urethral abnormalities
- MRI Pelvis without and with contrast (CPT® 72197) for surgical planning

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Vaginal Masses (PV-13.3)

PV.UD.0013.3.A
v1.0.2025

- Initial evaluation includes Pelvic ultrasound (CPT® 76856 or CPT® 76857) and/or Transvaginal ultrasound (CPT® 76830) and/or Transperineal ultrasound (CPT® 76872)
- MRI Pelvis without and with contrast (CPT® 72197) for surgical planning

Background and Supporting Information

Symptomatic infection of congenital periurethral glands can result in urethral diverticula. Symptoms include pain, urinary urgency, frequency of urination, recurrent urinary tract infection, dribbling after urination, or incontinence.

Evidence Discussion (PV-13)

- Transabdominal, transvaginal and transperineal ultrasound are often utilized as initial imaging for female pelvic anatomy. Ultrasound has the benefit of being widely available, accurate and does not have exposure to ionizing radiation. MRI is useful in cases of equivocal ultrasound imaging or for surgical planning.
- Multiple modalities can be used for the detection of urethral diverticula. Transperineal and transvaginal ultrasound can be utilized in detecting urethral diverticula. Ultrasound has the advantage of being readily available, does not require catheterization and lacks exposure to ionizing radiation. However ultrasound is operator dependent and the reported sensitivity for detection of urethral diverticula ranges from <50 to 100%. Urethrography can also be used to detect urethral diverticula with a sensitivity of 67-95% but carries the risk of radiation exposure. MRI has excellent soft tissue resolution and has a reported sensitivity of 100% for urethral diverticula.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (PV-13)

v1.0.2025

1. Lazarus E, Allen BC, Blaufox MD, et al. ACR Appropriateness Criteria® Recurrent Lower Urinary Tract Infection in Women. Revised 2020. https://acsearch.acr.org/docs/69491/Narrative/
2. Crescenze IM, Goldman HB. Female Urethral Diverticulum: Current Diagnosis and Management. *Current Urology Reports*. 2015;16(10). doi:10.1007/s11934-015-0540-8
3. El-Nashar SA, Singh R, Bacon MM, et al. Female Urethral Diverticulum. *Female Pelvic Medicine & Reconstructive Surgery*. 2016;22(6):447-452. doi:10.1097/spv.0000000000000312
4. Greiman AK, Rolef J, Rovner ES. Urethral diverticulum: A systematic review. *Arab Journal of Urology*. 2019;17(1):49-57. doi:10.1080/2090598x.2019.1589748
5. Desmarais CM. Skene's Gland Abscess. *Journal of Diagnostic Medical Sonography*. 2015;31(6):390-393. doi:10.1177/8756479315599545
6. Yang et al. Ultrasonographic Imaging Features of Female Urethral and Peri-urethral Masses. *Ultrasound in Medicine and Biology*. 2020:46 (8):1896-1907
7. Okeahialam NA, Taithongchai A, Sultan AH, Thakar R. Transperineal and endovaginal ultrasound for evaluating suburethral masses: comparison with magnetic resonance imaging. *Ultrasound in Obstetrics & Gynecology*. 2021;57(6):999-1005. doi:10.1002/uog.23123
8. Vaidya RV, Olson K, Wolter C, Khan A. Characterization of Urethral Diverticula in Women. Female Pelvic Med Reconstr Surg. 2022 Jan 1;28(1):54-56. doi: 10.1097/SPV.0000000000001060.
9. Pirpiris A, Chan G, Chaulk RC, Tran H, Liu M. An update on urethral diverticula: Results from a large case series. Can Urol Assoc J. 2022 Aug;16(8):E443-E447. doi: 10.5489/cuaj.7650.
10. Hamed ST, Mansour SM. Surface transperineal ultrasound and vaginal abnormalities: applications and strengths. Br J Radiol. 2017 Dec;90(1080):20170326. doi: 10.1259/bjr.20170326.
11. Zulfiqar M, Shetty A, Yano M, McGettigan M, Itani M, Naeem M, Ratts VS, Siegel CL. Imaging of the Vagina: Spectrum of Disease with Emphasis on MRI Appearance. Radiographics. 2021 Sep-Oct;41(5):1549-1568. doi: 10.1148/rg.2021210018. Epub 2021 Jul 23.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Congenital (Mullerian) Uterine and Vaginal Anomalies (PV-14)

Guideline

Uterine Anomalies (PV-14.1)
Vaginal Anomalies (PV-14.2)
References (PV-14)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Uterine Anomalies (PV-14.1)

PV.UA.0014.1.A

v1.0.2025

- Pelvic ultrasound (CPT® 76856 or CPT® 76857) and/or TV ultrasound (CPT® 76830) indicated for initial evaluation. 3-D Rendering (CPT® 76377 or CPT® 76376) may be an add-on if uterine anomaly is suspected on ultrasound.
- If ultrasound is indeterminate:
  - Sonohysterosalpingography (CPT® 76831)
- Retroperitoneal ultrasound (CPT® 76770 or CPT® 76775) is indicated to evaluate for possible coexisting renal anomalies.
  - MRI Abdomen without contrast or without and with contrast (CPT® 74181 or CPT® 74183) or CT urography (CT Abdomen and Pelvis without and with contrast CPT® 74178) for indeterminate renal anomaly[8] on ultrasound.
- An arcuate uterus is considered a normal variant. Therefore, advanced imaging of a known arcuate uterus is not supported.
- MRI Pelvis without and with contrast (CPT® 72197):
  - Ultrasound is indeterminate for a complex uterine anomaly, or
  - Requested for surgical planning of previously diagnosed uterine anomaly

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Vaginal Anomalies (PV-14.2)

PV.UA.0014.2.A
v1.0.2025

- Pelvic ultrasound (CPT® 76856 or CPT® 76857) and/or TV ultrasound (CPT® 76830) and/or Transperineal ultrasound (CPT® 76872) and/or Translabial ultrasound (CPT® 76857) are indicated for initial evaluation. 3-D Rendering (CPT® 76377 or CPT® 76376) may be an add-on if vaginal anomaly is suspected on ultrasound.
- MRI Pelvis without and with contrast (CPT® 72197):
  - Ultrasound is indeterminate for a complex vaginal anomaly, or
  - Requested for surgical planning of previously diagnosed vaginal anomaly

Background and Supporting Information

- Mullerian anomalies are complex structural anomalies deriving from errors in the embryonic development of the mullerian duct. These may include uterine remnant or agenesis, cervical agenesis, unicornate utereus, bicornuate uterus, uterine didelphys, septate uterus, vaginal septum and/or other complex anomalies.

Evidence Discussion (PV-14)

- Transabdominal and transvaginal ultrasound remain the preferred initial imaging for female pelvic anatomy. Ultrasound has the benefit of being widely available, accurate and does not have exposure to ionizing radiation, making it an excellent first line modality for the evaluation of Müllerian anomalies. With the addition of 3D imaging, ultrasound has a reported sensitivity as high as 100% for the detection of uterine anomalies. MRI is also highly sensitive for the detection of uterine anomalies and is useful in cases of equivocal ultrasound imaging or for surgical planning of known complex malformations.
- For detection of congenital anomalies of the kidney and upper urinary tract ultrasound is usually the first line imaging modality because of its wide availability, low cost and lack of ionizing radiation. CT or MRI can be utilized for further delineation of the renal anatomy in cases where ultrasound is inconclusive.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (PV-14)

v1.0.2025

1. Benacerraf BR, Abuhamad AZ, Bromley B, et al. Consider ultrasound first for imaging the female pelvis. *American Journal of Obstetrics and Gynecology*. 2015;212(4):450-455. doi:10.1016/j.ajog.2015.02.015
2. Graupera B, Pascual MA, Hereter L, et al. Accuracy of three-dimensional ultrasound compared with magnetic resonance imaging in diagnosis of Müllerian duct anomalies using ESHRE-ESGE consensus on the classification of congenital anomalies of the female genital tract. *Ultrasound in Obstetrics & Gynecology*. 2015;46(5):616-622. doi:10.1002/uog.14825
3. ACR–SAR–SPR Practice Parameter for the Performance of Magnetic Resonance Imaging of the Soft Tissue Components of the Pelvis. Revised 2020 (Resolution 28). https://www.acr.org/-/media/ACR/Files/Practice-Parameters/mr-softtissue-pel.pdf?la=en
4. Committee Opinion No. 779 Management of Acute Obstructive Uterovaginal Anomalies. *Obstetrics & Gynecology*. 2019; Reaffirmed 2021;133(6). doi:10.1097/aog.0000000000003281
5. Committee Opinion No. 728 Mullerian Agenesis: Diagnosis, Management and Treatment. *Obstetrics & Gynecology*. 2018;131(1). Reaffirmed 2020. doi:10.1097/aog.0000000000002458
6. Uterine septum: a guideline Practice Committee of the American Society for Reproductive Medicine. *Fertility and Sterility*. 2016;106(3):530-540. doi:10.1016/j.fertnstert.2016.05.014
7. Ramanathan, Subramaniyan et al. “Multi-modality imaging review of congenital abnormalities of kidney and upper urinary tract.” *World journal of radiology* vol. 8,2 (2016): 132-41. doi:10.4329/wjr.v8.i2.132
8. Houat AP, Guimarães CTS, Takahashi MS, et al. Congenital Anomalies of the Upper Urinary Tract: A Comprehensive Review. *RadioGraphics*. 2021;41(2):462-486. doi:10.1148/rg.2021200078
9. Pfeifer SM, Attaran M, Goldstein J, et. al. ASRM müllerian anomalies classification 2021. *Fertil Ster*il. 2021;116(5):1238-1252. doi:10.1016/j.fertnstert.2021.09.025.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Fetal MRI and Other Pregnancy Imaging (PV-15)

Guideline

Fetal MRI (PV-15.1)
Placenta Accreta/Placenta Accreta Spectrum/Placenta Percreta (PV-15.2)
C-section, Cornual or Interstitial Ectopic Pregnancy (PV-15.3)
Pelvimetry (PV-15.4)
References (PV-15)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Fetal MRI (PV-15.1)

PV.MR.0015.1.A
v1.0.2025

CPT® Code Guidance
• Fetal MRI (CPT® 74712) [plus CPTCPT® 74713 for each additional fetus]
• Do not report CPT® 74712 and CPT® 74713 in conjunction with CPTCPT® 72195, CPT® 72196, CPT® 72197
• If only placenta or maternal pelvis is imaged without fetal imaging, use MRI Pelvis (CPT® 72195)

Indications for Fetal MRI

- Fetal MRI (CPT® 74712) [plus CPTCPT® 74713 for each additional fetus] optimally performed after 18 to 22 weeks gestation, for assessment of known or suspected fetal abnormalities for counseling, surgical, or delivery planning.
  - There are cases when surgical planning may necessitate imaging earlier than 18 weeks. For those cases where surgery is to be performed prior to 18 weeks and they otherwise meet indications for imaging per this criteria, Fetal MRI may be approved.
- 3D-4D (CPT® 76376 or CPT® 76377) rendering can be added for surgical planning with diagnosis of complex CHD in the fetus or for surgical planning of other complex fetal malformations
- Repeat fetal MRI (CPT® 74712) [plus CPT® 74713 for each additional fetus] later in pregnancy for:
  - Delivery or perinatal surgical planning
- Fetal MRI indications include but may not be limited to the following:
  - Brain
    - Congenital anomalies
      - Ventriculomegaly
      - Agenesis of the corpus callosum
      - Abnormalities of the cavum septum pellucidum
      - Holoprosencephaly
      - Posterior fossa anomalies
      - Malformations of cerebral cortical development
      - Microcephaly
      - Solid or cystic masses
      - Cephalocele

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

- Screening fetuses with a family risk for brain anomalies
  - Tuberous sclerosis
  - Corpus callosal dysgenesis
  - Malformations of cerebral cortical development
- Vascular abnormalities
  - Vascular malformations
  - Hydranencephaly
  - Intra-uterine cerebrovascular accident (CVA)

◦ Spine
- Congenital anomalies
  - Neural tube defects
  - Sacrococcygeal teratomas
  - Caudal regression/sacral agenesis
  - Syringomyelia
  - Vertebral anomalies

◦ Skull, face, and neck
- Masses of the face and neck
  - Vascular or lymphatic malformations
  - Hemangiomas
  - Goiter
  - Teratomas
  - Facial clefts
- Airway obstruction
  - Conditions that may impact parental counseling, prenatal management, delivery planning, and postnatal therapy

◦ Thorax
- Masses
  - Congenital pulmonary airway malformations (congenital cystic adenomatoid malformation; sequestration, and congenital lobar emphysema);
  - Congenital diaphragmatic hernia
  - Effusion
  - Mediastinal masses
  - Assessment for esophageal atresia
- Volumetric assessment of lung
  - Cases at risk for pulmonary hypoplasia secondary to oligohydramnios, chest mass, or skeletal dysplasias

◦ Abdomen, retroperitoneal and pelvis
- Bowel anomalies such as anorectal malformations, or complex bowel obstructions such as with megacystis microcolon hypoperistalsis syndrome

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

    - Abdominal wall defect
    - Mass
        - Abdominal–pelvic cyst
        - Tumors (e.g. hemangiomas, neuroblastomas, sacrococcygeal teratomas, and suprarenal or renal masses)
    - Complex genitourinary anomalies (e.g. cloaca, prune belly syndrome)
- Congenital Heart Disease (CHD)
- Skeletal dysplasia
- Multiple malformations
- Complications of monochorionic twins/TTTS (e.g. Laser treatment of twins, demise of one twin, conjoined twins)
- Any suspected fetal anomaly associated with severe oligohydramnios or anhydramnios.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Placenta Accreta/Placenta Accreta Spectrum/Placenta Percreta (PV-15.2)

PV.MR.0015.2.A

v1.0.2025

- Obstetrical Ultrasound is the initial imaging modality, Color Doppler CPT® 93975 Duplex scan (complete) or CPT® 93976 Duplex scan (limited) may be added to evaluate vascularity for suspected or confirmed placenta accreta spectrum
- MRI Pelvis without contrast (CPT® 72195) if the ultrasound is indeterminate or advanced imaging is needed for surgical planning.
- MRI Pelvis without contrast (CPT® 72195) is the appropriate code if only placenta or maternal pelvis is imaged without fetal imaging
  - Abdominal imaging is not indicated to evaluate a pelvic organ such as uterus, tubes or ovaries.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

C-section, Cornual or Interstitial Ectopic Pregnancy (PV-15.3)

PV.MR.0015.3.A

v1.0.2025

- If a cornual (interstitial) ectopic or C-section scar ectopic pregnancy is suspected on ultrasound:[9,10]
  - 3D rendering (CPT® 76376 or CPT® 76377), and/or Color Doppler (CPT® 93976) can be performed with ultrasound
  - MRI Pelvis without contrast (CPT® 72195) if ultrasound is inconclusive.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Pelvimetry (PV-15.4)

PV.MR.0015.4.A

v1.0.2025

- Pelvimetry (CT or MRI Pelvimetry) lacks sufficient evidence to be clinically useful. Current recommendations are that further randomized control studies be performed before it is adapted into routine clinical practice.[11,12]

Evidence Discussion (PV-15)

- Transabdominal and transvaginal obstetric ultrasound remain the preferred initial imaging for fetal evaluation of the fetus and maternal pelvic anatomy. Ultrasound has the benefit of being widely available and does not have exposure to ionizing radiation.Paragraph
- Fetal MRI has emerged as an adjunct imaging to fetal ultrasound in cases where the initial ultrasound is unclear or additional information is needed for surgical or delivery planning. It has the benefits of not being limited by maternal body habitus, fetal position, ossification of fetal skull/bones, or oligohydramnios.
- There is much uncertainty surrounding the use of gadolinium in pregnancy. Gadolinium is water-soluble and can cross the placenta, reaching the amniotic fluid and fetal circulation. While the risk of fetal effects of gadolinium remains uncertain, it has been shown to be teratogenic in animal studies. Given these possible fetal risks, the use of gadolinium in pregnancy should be limited. Its use should only be in situations where the benefits clearly outweigh the risks.
- MRI can be used as an adjunct to ultrasound if there is suspicion for abnormal placentation. Sensitivity and specificity for placental invasion is comparable between ultrasound and MRI (sensitivity of 88% and sensitivity of 86% for ultrasound and 93% and 94% for MRI). MRI has also been associated with both false positive and false negative diagnoses. Hence, a stepwise approach to evaluation, starting with ultrasound, then followed by the use of MRI for equivocal or nondiagnostic ultrasound is supported.
- Ectopic pregnancy is the leading cause of maternal mortality in the first trimester. Ultrasound remains the initial imaging modality for ectopic pregnancy, but MRI may add additional information, especially in cases of rare implantation-site ectopic pregnancy (e.g. Cesarean Section scar ectopic). MRI is indicated in cases where the ultrasound is nondiagnostic.
- There is currently insufficient evidence to support the use of imaging pelvimetry (x-ray, CT or MRI) in delivery planning.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (PV-15)

v1.0.2025

1. Saleem SN. Fetal MRI: An approach to practice: A review. *Journal of Advanced Research*. 2014;5(5):507-523. doi:10.1016/j.jare.2013.06.001
2. American College of Radiology (ACR), Society for Pediatric Radiology (SPR). ACR-SPR practice guideline for the safe and optimal performance of fetal magnetic resonance imaging (MRI). American College of Radiology (ACR). Revised 2015 (Resolution 11). Revised 2020 (Resolution 45) https://www.acr.org/-/media/ACR/Files/Practice-Parameters/MR-Fetal.pdf
3. Kilcoyne A, Shenoy-Bhangle AS, Roberts DJ, Sisodia RC, Gervais DA, Lee SI. MRI of Placenta Accreta, Placenta Increta, and Placenta Percreta: Pearls and Pitfalls. *American Journal of Roentgenology*. 2017;208(1):214-221. doi:10.2214/ajr.16.16281
4. Reddy UM, Abuhamad AZ, Levine D, Saade GR. Fetal Imaging: Executive Summary of a Joint Eunice Kennedy Shriver National Institute of Child Health and Human Development, Society for Maternal-Fetal Medicine, American Institute of Ultrasound in Medicine, American College of Obstetricians and Gynecologists, American College of Radiology, Society for Pediatric Radiology, and Society of Radiologists in Ultrasound Fetal Imaging Workshop. *Obstetrics & Gynecology*. 2014;123(5):1070-1082. doi:10.1097/aog.0000000000000245
5. Cahill AG, Beigi R, Heine RP, Silver RM, Wax JR. Placenta Accreta Spectrum. *American Journal of Obstetrics and Gynecology*. 2018;219(6). doi:10.1016/j.ajog.2018.09.042
6. Prayer D, Malinger G, Brugger PC, et al. ISUOG Practice Guidelines: performance of fetal magnetic resonance imaging. *Ultrasound in Obstetrics & Gynecology*. 2017;49(5):671-680. doi:10.1002/uog.17412
7. Shainker SA, Coleman B, Timor IE, Bhide A, Bromley B, Cahill AG, Gandhi M, Hecht JL, Johnson KM, Levine D, Mastrobattista J. Special Report of the Society for Maternal-Fetal Medicine Placenta Accreta Spectrum Ultrasound Marker Task Force: Consensus on definition of markers and approach to the ultrasound examination in pregnancies at risk for placenta accreta spectrum. *American Journal of Obstetrics and Gynecology*. 2021 Jan;224(1):B2-14
8. American College of Obstetricians and Gynecologists Committee Opinion No. 723. Guidelines for diagnostic imaging during pregnancy and lactation. *Obstetrics & Gynecology*. 2017; Reaffirmed 2021;130(4). doi:10.1097/aog.0000000000002355
9. Ramanathan S, Raghu V, Ladumor SB, Nagadi AN, Palaniappan Y, Dogra V, Schieda N. Magnetic resonance imaging of common, uncommon, and rare implantation sites in ectopic pregnancy. *Abdom Radiol (NY)*. 2018 Dec;43(12):3425-3435. doi: 10.1007/s00261-018-1604-2
10. Dibble EH, Lourenco AP. Imaging Unusual Pregnancy Implantations: Rare Ectopic Pregnancies and More. *AJR Am J Roentgenol*. 2016 Dec;207(6):1380-1392. doi: 10.2214/AJR.15.15290
11. Pattinson RC, Cuthbert A, Vannevel V. Pelvimetry for fetal cephalic presentations at or near term for deciding on mode of delivery. *Cochrane Database of Systematic Reviews*. Published online March 30, 2017. doi:10.1002/14651858.cd000161.pub2
12. Salk I, Cetin A, Salk S, Cetin M. Pelvimetry by Three-Dimensional Computed Tomography in Non-Pregnant Multiparous Women Who Delivered Vaginally. *Polish Journal of Radiology*. 2016;81:219-227. doi:10.12659/pjr.896380
13. Lloyd DFA, Pushparajah K, et. al. Three-dimensional visualisation of the fetal heart using prenatal MRI with motion-corrected slice-volume registration: a prospective, single-centre cohort study. *Lancet*. 2019 Apr 20;393(10181):1619-1627. doi: 10.1016/S0140-6736(18)32490-5
14. Committee Opinion No. 723 Summary: Guidelines for Diagnostic Imaging During Pregnancy and Lactation. Obstet Gynecol. 2017;130(4):933-934. Reaffirmed 2021. doi:10.1097/AOG.0000000000002350
15. Expert Panel on Women's Imaging, Poder L, Weinstein S, et al. ACR Appropriateness Criteria® Placenta Accreta Spectrum Disorder. J Am Coll Radiol. 2020;17(5S):S207-S214. doi:10.1016/j.jacr.2020.01.031

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Molar Pregnancy and Gestational Trophoblastic Neoplasia (GTN) (PV-16)

Guideline

Molar Pregnancy and GTN (PV-16.1)
References (PV-16)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Molar Pregnancy and GTN (PV-16.1)

PV.MP.0016.1.A
v1.0.2025

- Molar pregnancy –
  - Ultrasound is the initial study of choice
  - Once diagnosed on an Obstetrical Ultrasound treatment is usually evacuation.
- Individuals should undergo chest x-ray pre- and post-evacuation.
  - If chest x-ray is positive for metastases, management as per GTN guidelines, see **Gestational Trophoblastic Neoplasia (GTN)/Choriocarcinoma (ONC-22.5)** in the Oncology Imaging Guidelines.
- Serum hCG levels are obtained every 1-2 weeks after treatment of molar pregnancy until they normalize
- Individuals with a molar pregnancy and rising or plateauing hCG levels post evacuation and/or Gestational trophoblastic neoplasia
  - See **Gestational Trophoblastic Neoplasia (GTN)/Choriocarcinoma (ONC-22.5)** in the Oncology Imaging Guidelines.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (PV-16)

v1.0.2025

1. Soper JT. Gestational Trophoblastic Disease. *Obstetrics & Gynecology*. 2021;137(2):355-370. doi:10.1097/aog.0000000000004240
2. Abu-Rustum NR, Yashar CM, Arend R, et al. National Comprehensive Cancer Network (NCCN) Guidelines Version 1.2023 – October 27, 2023. Gestational Trophoblastic Neoplasia, Gestational Trophoblastic Neoplasia, available at: https://www.nccn.org/professionals/physician_gls/pdf/gtn.pdf. Referenced with permission from the NCCN Clinical Practice Guidelines in Oncology (NCCN Guidelines™ for Gestational Trophoblastic Neoplasia, V1.2024 -10/27/23. ®2023 National Comprehensive Cancer Network, Inc. All rights reserved. The NCCN Guidelines™ and illustrations herein may not be reproduced in any form for any purpose without the express written permission of the NCCN. To view the most recent and complete version of the NCCN Guidelines™, go online to NCCN.org.
3. Horowitz NS, Eskander RN, Adelman MR, Burke W. Epidemiology, diagnosis, and treatment of gestational trophoblastic disease: A Society of Gynecologic Oncology evidenced-based review and recommendation.

   Gynecol Oncol. 2021;163(3):605-613. doi:10.1016/j.ygyno.2021.10.003.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Impotence/Erectile Dysfunction (PV-17)

Guideline

Impotence/Erectile Dysfunction (PV-17.1)
References (PV-17)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Impotence/Erectile Dysfunction (PV-17.1)

PV.ED.0017.1.A
v1.0.2025

- Imaging depends on the suspected disease:
  - Penile Doppler ultrasound (CPT® 93980) if erectile dysfunction suspected[2]
  - CTA Pelvis with contrast (CPT® 72191) if large vessel vascular insufficiency is suspected following ultrasound.
  - Duplex ultrasound (CPT® 93980) to assess penile vasculature in Peyronie's disease[1]
  - If male hypogonadism is suspected, See **Pituitary (HD-19)** in the Head Imaging Guidelines
- Functional MRI or PET studies are not medically necessary for this indication.
- Priapism
  - Penile Doppler Ultrasound (CPT® 93980) if non-ishemic priapism is suspected
  - MRI likely does not have a role in the initial diagnosis of priapism given the time sensitive nature of diagnosis and management
  - In patients with persistent non-ischemic priapism where an embolization may be necessary CTA (CPT® 72191) or MRA Pelvis (CPT® 72198)
  - Penial Doppler Ultrasound (CPT® 93980) post procedure for ischemic priapism
  - If patient has priapism > 24-48 hours or refractory to treatment, MRI Pelvis without and with contrast (CPT® 72197) or MRI Pelvis without contrast (CPT® 72195) may be indicated

Evidence Discussion (PV-17)

- Erectile dysfunction (ED) may utilize penile Doppler ultrasound to assess penile vasculature. Ultrasound has the advantages of being able to provide robust information about both cavernous arterial inflow and the veno-occlusive capacity of the penis, is readily available, minimally invasive and tolerated well by patients. Advanced imaging with CTA of the pelvis with contrast may be indicated if large vessel vascular insufficiency is suspected. A penile duplex ultrasound may be utilized in the workup of Peyronie's disease.
- Advanced imaging for ED or Peyronie's disease with either PET or functional MRI is considered investigational.
- A penile Doppler ultrasound may be utilized for workup of non-ischemic priapism or post procedure for ischemic priapism. The sensitivity of Doppler ultrasound in localizing an anterior-cavernosal fistula is approximately 100%. If embolization is planned, CTA or MRA of the pelvis may be indicated.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (PV-17)

v1.0.2025

1. Nehra A, Alterowitz R, Culkin DJ, et al. Peyronie's Disease: AUA Guideline. *Journal of Urology*. 2015;194(3):745-753. doi:10.1016/j.juro.2015.05.098
2. Sikka SC, Hellstrom WJ, Brock G, Morales AM. Standardization of Vascular Assessment of Erectile Dysfunction. *The Journal of Sexual Medicine*. 2013;10(1):120-129. doi:10.1111/j.1743-6109.2012.02825.x
3. White C, Gulati M, Gomes A, Rajfer J, Raman S. Pre-embolization evaluation of high-flow priapism: magnetic resonance angiography of the penis.

   Abdom Imaging. 2013;38(3):588-97. doi: 10.1007/s00261-012-9936-9.
4. Arrichiello A, Angileri SA, Buccimazza G, et. al. Interventional radiology management of high flow priapism: review of the literature. *Acta Biomed*. 2020;91(10-S):e2020010. doi:10.23750/abm.v91i10-S.10233.
5. Bivalacqua TJ, Allen BK, Brock GB, et al. The diagnosis and management of recurrent ischemic priapism, priapism in sickle cell patients, and non-ischemic priapism: an AUA/SMSNA guideline.*J Urol*. 2022;208(1):43-52.
6. Muneer A, Alnajjar HM, Ralph D. Recent advances in the management of priapism. F1000Res. 2018;7:37. Published 2018 Jan 10. doi:10.12688/f1000research. 12828.
7. Burnett AL, Nehra A, Breau RH, et al. Erectile Dysfunction: AUA Guideline [published correction appears in J Urol. 2022 Mar;207(3):743]. J Urol. 2018;200(3):633-641. doi:10.1016/j.juro.2018.05.004
8. Varela CG, Yeguas LAM, Rodríguez IC, Vila MDD. Penile Doppler Ultrasound for Erectile Dysfunction: Technique and Interpretation. AJR Am J Roentgenol. 2020;214(5):1112-1121. doi:10.2214/AJR.19.22141

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Penis–Soft Tissue Mass (PV-18)

Guideline

Penis-Soft Tissue Mass (PV-18.1)
References (PV-18)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Penis-Soft Tissue Mass (PV-18.1)

PV.PM.0018.1.A
v1.0.2025

- Penile ultrasound (CPT® 76857) for initial evaluation soft-tissue lesions of the penis, Duplex (Doppler) scan CPT® 93975 complete; CPT® 93976 limited) may be approved as an add-on.
- If primary penile cancer is suspected, biopsy is indicated
  - For further workup of biopsy confirmed penile cancer see **Cancers of External Genitalia – Initial Work-up/Staging (ONC-24.6)** in the Oncology Imaging Guidelines.
- Peyronie's Disease
  - Ultrasound (CPT® 76857) recommended
  - MRI Pelvis without and with contrast (CPT® 72197) if ultrasound is equivocal and surgery or injection therapy is being contemplated

Evidence Discussion (PV-18)

- Soft tissue lesions of the penis can be evaluated with penile ultrasound with doppler imaging as an initial evaluation. Ultrasound allows a readily available, non-invasive option for accurate assessment of the vascular and structural features of the penis while avoiding ionizing radiation. Advanced imaging with CT abdomen and pelvis and/or lymphoscintigraphy or SPECT/CT may be indicated for biopsy proven cancer depending on the stage, however is not necessary for the initial workup of a penile mass.
- Peyronie's disease can be initially assessed utilizing ultrasonography. Advanced imaging with MR can be performed after equivocal ultrasound if necessary prior to surgical intervention or injection therapy.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (PV-18)

v1.0.2025

1. Chipollini J, De la Rosa AH, Azizi M, Shayegan B, Zorn KC, Spiess PE. Patient presentation, differential diagnosis, and management of penile lesions. *Can Urol Assoc J*. 2019;13(2 Suppl 1):S2–S8. doi:10.5489/cuaj.5712
2. Rocher L, Glas L, Cluzel G, Ifergan J, Bellin M. Imaging tumours of the penis. *Diagnostic and Interventional Imaging*. 2012;93(4):319-328. doi:10.1016/j.diii.2012.01.020
3. Kirkham A. MRI of the penis. *The British Journal of Radiology*. 2012;85(special_issue_1). doi:10.1259/bjr/63301362
4. Bertolotto M, Pavlica P, Serafini G, Quaia E, Zappetti R. Painful Penile Induration: Imaging Findings and Management. *RadioGraphics*. 2009;29(2):477-493. doi:10.1148/rg.292085117
5. Prando D. New Sonographic Aspects of Peyronie Disease. *Journal of Ultrasound in Medicine*. 2009;28(2):217-232. doi:10.7863/jum.2009.28.2.217
6. Bilgutay AN, Pastuszak AW. Peyronie's Disease: A Review of Etiology, Diagnosis, and Management. *Current Sexual Health Reports*. 2015;7(2):117-131. doi:10.1007/s11930-015-0045-y

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Male Pelvic Disorders (PV-19)

Guideline

Male Pelvic Disorders (PV-19.1)
References (PV-19)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Male Pelvic Disorders (PV-19.1)

PV.PE.0019.1.U
v1.0.2025

- Prostate
  - Prostate Disorders
    - Suspected Benign Prostatic Hypertrophy with obstructive voiding symptoms can undergo:
      - Transrectal ultrasound (CPT® 76872) or Pelvis transabdominal ultrasound (bladder and prostate [CPT® 76856 or CPT® 76857]).
    - Prostatitis with urinary retention or suspected abscess can undergo any of the following imaging studies:
      - Transrectal ultrasound (CPT® 76872) or Pelvis transabdominal ultrasound (bladder and prostate [CPT® 76856 or CPT® 76857])
      - CT Pelvis with contrast (CPT® 72193) or MRI Pelvis without contrast (CPT® 72195) or with and without contrast (CPT® 72197) if ultrasound is equivocal for abscess or mass
  - Prostate Artery Embolization (PAE)
    - MRA Pelvis (CPT® 72198) or CTA Pelvis (CPT® 72191) is indicated for evaluation of the pelvic vasculature if:
      - Prostate artery embolization is planned
- Testicular
  - Hematospermia, transrectal ultrasound (TRUS) (CPT® 76872) can be the initial imaging study in all cases.
    - MRI Pelvis without contrast (CPT® 72195) or MRI Pelvis without and with contrast (CPT® 72197) to evaluate:
      - Suspected hemorrhage within the seminal vesicles
      - Radiation injury, neoplasia
      - Failure of conservative treatment for 2 weeks
      - Abnormal findings on Transrectal ultrasound
- Rectal
  - Proctalgia Syndromes
    - Prior to advanced imaging, the evaluation of rectal/perineal pain should include:
      - Digital rectal examination (assess for mass, prostate, fissures, hemorrhoids, etc.)
      - Recent flexible sigmoidoscopy or colonoscopy subsequent to the start of reported symptoms to exclude inflammatory conditions or malignancy

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

        - Endoanal ultrasound (CPT® 76872), MRI Pelvis without and with contrast (CPT® 72197), or CT Pelvis with contrast (CPT® 72193) are appropriate after the above studies have been performed or if laboratory or clinical information suggest infection, abscess, or inflammation
    - MRI (MRI Pelvis without contrast CPT® 72195) for Defecography is considered investigational/experimental by UHC
- Bladder
    - Work-up of interstitial cystitis/bladder pain syndrome (IC/BPS) may include history, physical exam, laboratory exam (urinalysis and urine culture), cystoscopy, and measurement of post void residual urine by bladder catheterization
        - Pelvic ultrasound (CPT® 76856 or CPT® 76857)
            - CT Pelvis with contrast (CPT® 72193) if ultrasound is equivocal for complicated interstitial cystitis/bladder pain syndrome (when ordered by specialist or any provider in consultation with the specialist)

Background and Supporting Information

- The proctalgia syndromes are characterized by recurrent episodes of rectal/perineal pain, and may be due to sustained contractions of the pelvic floor musculature.

Evidence Discussion (PV-19)

- For patients with lower urinary tract symptoms suspected to be caused by Benign Prostatic Hypertrophy ultrasound is the modality of choice for evaluation. It allows for assessment of bladder volume and post-void residual as well as intravesical prostatic protrusion. Ultrasound is advantageous as it is readily available, effective, and free of ionizing radiation.
- Prostate Artery Embolization is an excepted treatment for the management of lower urinary tract symptoms according to the American Urological Association. Imaging is indicated for further delineation of the pelvic vasculature to aid in preprocedure surgical planning. The accuracy of CTA to identify the Prostate artery has been shown to approximately 97%. MRI angiography has been shown to identify the prostate artery in 76% of cases, has been helpful in identifying malignancy when suspected and does not carry the risk of radiation exposure.
- Transrectal ultrasound is supported for the initial diagnostic imaging for hematospermia. Ultrasound has high sensitivity for detecting abnormalities of the prostate and seminal tract, demonstrating abnormalities in 82-95% of men with hematospermia. Ultrasound is advantageous as it is readily available, effective, and free of ionizing radiation. It also allows for simultaneous aspiration or biopsy of any lesions detected. MRI is a useful adjunct to ultrasound imaging. CT has limited value in the evaluation of hematospermia due to its limited ability to differentiate structural changes of the prostate and seminal tract and its lack of soft-tissue contrast.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

- In patients with suspected Proctalgia initial evaluation should include a through exam, including digital rectal exam and direct visualization with sigmoidoscopy or colonoscopy to exclude other causes of rectal pain. Clinical history and normal digital rectal exam is often sufficient to make a diagnosis of Proctalgia. If infection, abscess or inflammation is suspected imaging is indicated.
- The work up for interstitial cystitis/bladder pain syndrome (IC/BPS) should include a careful history, physical and laboratory examination. Additional testing such as radiologic imaging should be undertaken only when it will alter the treatment approach. Ultrasound may be useful for adjunct diagnosis and has the advantages of being widely available and without ionizing radiation. Additional testing with CT may be appropriate when ultrasound results are inconclusive but bears the risk of ionizing radiation.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (PV-19)

v1.0.2025

1. Nickel JC. Prostatitis. *Canadian Urological Association Journal*. 2011:306-315. doi:10.5489/cuaj.11211
2. Hosseinzadeh K, Oto A, Allen BC, et al. ACR Appropriateness Criteria® Hematospermia. *Journal of the American College of Radiology*. 2017;14(5). doi:10.1016/j.jacr.2017.02.023
3. Zhao H, Luo J, Wang D, et al. The Value of Transrectal Ultrasound in the Diagnosis of Hematospermia in a Large Cohort of Patients. *Journal of Andrology*. 2011;33(5):897-903. doi:10.2164/jandrol.111.013318
4. Macdonald A, Burrell S. Infrequently Performed Studies in Nuclear Medicine: Part 2. *Journal of Nuclear Medicine Technology*. 2009;37(1):1-13. doi:10.2967/jnmt.108.057851
5. Hartman MS, Leyendecker JR, Friedman B, et al. ACR Appropriateness Criteria® Acute Onset of Scrotal Pain–Without Trauma, Without Antecedent Mass. Last review date: 2019. https://acsearch.acr.org/docs/69363/Narrative/
6. Friedman B, Leyendecker JR, Blaufox MD, et al. ACR Appropriateness Criteria® Lower Urinary Tract Symptoms: Suspicion of Benign Prostatic Hyperplasia Last review date: 2019. https://acsearch.acr.org/docs/69368/Narrative/
7. Wald A, Bharucha AE, Cosman BC, Whitehead WE. ACG Clinical Guideline: Management of Benign Anorectal Disorders. *American Journal of Gastroenterology*. 2014;109(8):1141-1157. doi:10.1038/ajg.2014.190
8. Kraemer S, Watson V, Peters KM. The Evaluation and Management of Interstitial Cystitis/Bladder Pain Syndrome. *EMJ Urol* 2019;7(1):75-82
9. Foster HE, Barry MJ, Dahm P et al: Surgical management of lower urinary tract symptoms attributed to benign prostatic hyperplasia: AUA Guideline. *J Urol* 2018, 200:612
10. Parsons JK, Dahm P, Kohler TS et al: Surgical management of lower urinary tract symptoms attributed to benign prostatic hyperplasia: AUA Guideline amendment 2020. *J Urol* 2020; 204: 799
11. Sandhu JS, Bixler BR, Dahm P, et al. Management of lower urinary tract symptoms attributed to benign prostatic hyperplasia (BPH): AUA Guideline amendment 2023. J Urol. 2023;10.1097/JU.0000000000003698. https://doi.org/10.1097/JU.0000000000003698
12. Dias US Jr, de Moura MRL, Viana PCC, de Assis AM, Marcelino ASZ, Moreira AM, Leite CC, Cerri GG, Carnevale FC, Horvat N. Prostatic Artery Embolization: Indications, Preparation, Techniques, Imaging Evaluation, Reporting, and Complications. Radiographics. 2021 Sep-Oct;41(5):1509-1530. doi: 10.1148/rg.2021200144. Epub 2021 Aug 20. PMID: 34415807; PMCID: PMC9394104
13. Vibhor Wadhwa, Timothy D McClure, Role of Imaging in Prostate Artery Embolization, Seminars in Roentgenology, Volume 56, Issue 4, 2021, Pages 410-415, ISSN 0037-198X, https://doi.org/10.1053/j.ro.2021.08.007.
14. Rostambeigi N, Golzarian J, Little MW. Updates on Preprocedural Evaluation and Patient Selection for Prostatic Artery Embolization. Semin Intervent Radiol. 2022 Dec 20;39(6):547-554. doi: 10.1055/s-0042-1760274. PMID: 36561799; PMCID: PMC9767769.
15. Carrington, E.V., Popa, SL. & Chiarioni, G. Proctalgia Syndromes: Update in Diagnosis and Management. Curr Gastroenterol Rep 22, 35 (2020). https://doi.org/10.1007/s11894-020-00768-0
16. Clemens JQ, Erickson DR, Varela NP, Lai HH. Diagnosis and Treatment of Interstitial Cystitis/Bladder Pain Syndrome. J Urol. 2022;208(1):34-42. doi:10.1097/JU.0000000000002756
17. Homma Y, Akiyama Y, Tomoe H, et al. Clinical guidelines for interstitial cystitis/bladder pain syndrome. Int J Urol. 2020;27(7):578-589. doi:10.1111/iju.14234

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Scrotal Pathology (PV-20)

Guideline

Scrotal Pathology (PV-20.1)
Paratesticular and spermatic cord masses (PV-20.2)
Testicular Microlithiasis (PV-20.3)
References (PV-20)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Scrotal Pathology (PV-20.1)

PV.SP.0020.1.A

v1.0.2025

- Scrotal ultrasound (CPT® 76870) and/or Duplex (Doppler) ultrasound (CPT® 93975 or CPT® 93976) of the scrotum for initial evaluation of scrotal pain or mass
  - MRI Pelvis without and with contrast (CPT® 72197) or Tc-99m scrotal scintigraphy (CPT® 78761) if ultrasound is inconclusive.[1,2]
- Scrotal ultrasound (CPT® 76870), MRI Pelvis without and with contrast (CPT® 72197), or CT Pelvis with contrast (CPT® 72193) for cryptorchidism/undescended testis in the adult.
- Scrotal ultrasound and/or Duplex (Doppler) ultrasound (CPT® 76870 and/or CPT® 93975 or CPT® 93976) of the scrotum with color flow mapping in supine and upright positions to assess venous reflux into plexus pampiniformis if varicocele suspected (for example, in inguinal hernia evaluation)
  - CT Abdomen and Pelvis with contrast (CPT® 74177) for right-sided varicocele, when there is suspicion for intra-abdominal pathology

Background and Supporting Information

- The causes of scrotal pain may include torsion, epididymitis, strangulated hernia, segmental testicular infarction, trauma, testicular tumor, and idiopathic scrotal edema.[1]

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Paratesticular and spermatic cord masses (PV-20.2)

PV.SP.0020.2.A

v1.0.2025

- Scrotal ultrasound (CPT® 76870) is the appropriate initial imaging procedure.
  - MRI Pelvis without and with contrast (CPT® 72197), exploration and biopsy are additional considerations if ultrasound is inconclusive.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Testicular Microlithiasis (PV-20.3)

PV.SP.0020.3.A
v1.0.2025

- Scrotal ultrasound (CPT® 76870) for initial evaluation
- Annual Scrotal ultrasound (CPT® 76870) follow-up, only if a risk factor is present which include:
  - Family history of germ cell tumor
  - Maldescent
  - Orchidopexy
  - Testicular atrophy
- For Personal history of germ cell tumor See **Testicular, Ovarian and Extragonadal Germ Cell Tumors (ONC-20)** in the Oncology Imaging Guidelines

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (PV-20)

v1.0.2025

1. Gerena M, Allen BC, Turkbey, et al. ACR Appropriateness Criteria® Acute Onset of Scrotal Pain–Without Trauma, Without Antecedent Mass. Last review date: 2024. https://acsearch.acr.org/docs/69363/Narrative/
2. Kim W, Rosen MA, Langer JE, Banner MP, Siegelman ES, Ramchandani P. US–MR Imaging Correlation in Pathologic Conditions of the Scrotum. *RadioGraphics*. 2007;27(5):1239-1253. doi:10.1148/rg.275065172
3. Wolfman DJ, Marko J, Gould CF, Sesterhenn IA, Lattin GE. Mesenchymal Extratesticular Tumors and Tumorlike Conditions:From the Radiologic Pathology Archives. *RadioGraphics*. 2015;35(7):1943-1954. doi:10.1148/rg.2015150179
4. Tan IB, Ang KK, Ching BC, Mohan C, Toh CK, Tan MH. Testicular microlithiasis predicts concurrent testicular germ cell tumors and intratubular germ cell neoplasia of unclassified type in adults. *Cancer*. 2010;116(19):4520-4532. doi:10.1002/cncr.25231
5. Decastro BJ, Peterson AC, Costabile RA. A 5-Year Followup Study of Asymptomatic Men With Testicular Microlithiasis. *The Journal of Urology*. 2008;179(4):1420-1423. doi:10.1016/j.juro.2007.11.080
6. Winter TC, Kim B, Lowrance WT, Middleton WD. Testicular Microlithiasis: What Should You Recommend? *American Journal of Roentgenology*. 2016;206(6):1164-1169. doi:10.2214/ajr.15.15226
7. Richenberg J, Belfield J, Ramchandani P, et al. Testicular microlithiasis imaging and follow-up: guidelines of the ESUR scrotal imaging subcommittee. *European Radiology*. 2014;25(2):323-330. doi:10.1007/s00330-014-3437-x
8. Richenberg J, Brejt N. Testicular microlithiasis: is there a need for surveillance in the absence of other risk factors? *European Radiology*. 2012;22(11):2540-2546. doi:10.1007/s00330-012-2520-4
9. AIUM Practice Guideline for the Performance of Scrotal Ultrasound Examinations. *Journal of Ultrasound in Medicine*. 2015;34(8):1-5. doi:10.7863/ultra.34.8.15.13.0006
10. Parenti GC, Feletti F, Carnevale A, Uccelli L, Giganti M. Imaging of the scrotum: beyond sonography. *Insights Imaging*. 2018;9(2):137-148. doi:10.1007/s13244-017-0592-z.11
11. Stephenson A, Eggener SE, Bass EB, et al. Diagnosis and Treatment of Early Stage Testicular Cancer: AUA Guideline. *Journal of Urology*. 2019;202(2):272-281. doi:10.1097/ju.0000000000000318
12. Hodler J, et al. (eds.), Diseases of the Abdomen and Pelvis 2018–2021, IDKD Springer Series, https://doi.org/10.1007/978-3-319-75019-4_24

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Fistulae, Abscess, and Pilonidal Cyst (PV-21)

Guideline

Fistula in Ano (PV-21.1)
Abscess (PV-21.2)
Pelvic Fistula (PV-21.3)
Pilonidal Cyst (PV-21.4)
References (PV-21)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Fistula in Ano (PV-21.1)

PV.PA.0021.1.A
v1.0.2025

- MRI Pelvis without and with contrast (CPT® 72197) is the preferred study.
  - If MRI cannot be performed, endoscopic ultrasound is superior, and thus preferential, to CT imaging.
  - CT Pelvis with contrast (CPT® 72193) is an inferior study to either of the above (accuracy of endoscopic ultrasound vs. CT for perianal fistula is 82% vs. 24%) and its use should be limited only to those circumstances in which MRI and endoscopic ultrasound cannot be performed.

Evidence Discussion (PV-21.1)

- Anorectal fistulas most commonly arise from abscesses that originate in the anal crypts (90%). Physical exam will frequently identify these but advanced imaging is often needed to determine the course of the fistulous tract, its relationship with the sphincteric musculature and associated infection/abscess. Because of its superior resolution, MRI is the preferred modality, followed by endoscopic ultrasound and then CT.
- Non-iatrogenic anal fistula located in atypical positions (lateral) suggest the possibility of Crohn's disease. See IBD – Perirectal/Perianal disease (AB-23.3).

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Abscess (PV-21.2)

PV.PA.0021.2.A
v1.0.2025

- MRI Pelvis without and with contrast (CPT® 72197) is the preferred study
  - CT Pelvis with contrast (CPT® 72193) is supported as an alternative study if desired.
- For the evaluation of Perianal and Perirectal Disease related to Crohn's Disease, See **Perirectal/Perianal Disease (AB-23.3)** in the Abdomen Imaging Guidelines.

Evidence Discussion (PV-21.2)

- Pelvic infections can take the form of intraperitoneal abscesses or perineal wall infections.
- Refer to Abdominal Sepsis (AB-3-1) for intraabdominal pelvic abscess.
- History and physical can usually identify perineal (perirectal and perianal) abscesses. Due to a high rate of recurrence due to associated fistulous tracts, advanced imaging with MRI (preferred because of its improved resolution), endorectal ultrasound or CT scan. Primary treatment is surgical drainage.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Pelvic Fistula (PV-21.3)

PV.PA.0021.3.A
v1.0.2025

- History and physical exam (to include pelvic and/or anorectal examination):
  - Rectovesicular Fistula:
    - MRI Pelvis with and without contrast (CPT® 72197) OR
    - CT Pelvis with contrast (CPT® 72193)
  - Vaginal Fistula:
    - Enterovaginal, Colovaginal, Rectovaginal or Anovaginal:
      - Anoscopy and/or proctoscopy
      - Endoanal ultrasound (rarely used)
      - MRI Pelvis with and without contrast (CPT® 72197) is the preferred initial modality for suspected enterovaginal fistula
      - CT Pelvis with contrast (CPT® 72193) can be considered if:
        - MRI contraindicated OR urgent evaluation of acute diverticulitis OR early postoperative period
    - Urinary Vaginal Fistula (Ureterovaginal, Vesicovaginal, or Urethrovaginal):
      - Cystoscopy
      - CT urography (CT Abdomen and Pelvis without and with contrast CPT® 74178) and/or CT cystography (CT Pelvis without contrast CPT® 72192) or
      - MRI Pelvis with and without contrast (CPT® 72197)

Background and Supporting Information

- A vaginal fistula is an abnormal communication between the vagina and either a portion of the digestive system or the urinary tract
  - Causes of vaginal fistula may include IBD, endometriosis, infection, tumor, radiation, obstetrical trauma and surgical injuries.
  - Symptoms of vaginal fistula-Persistent vaginitis, dyspareunia, perineal dermatitis, foul-smelling vaginal discharge, and/or urinary or fecal incontinence.
- A rectovesicular fistula is an abnormal communication between the rectum and the bladder.
  - Causes of rectovesicular fistula may include chronic infection, cancer, diverticulitis, IBD, radiation and surgical injuries.
  - Symptoms of rectovesicular fistula-Bubbles in the urine, brown or cloudy urine, blood in the urine, painful urination, recurrent urinary tract infection, and/or abdominal pain

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Evidence Discussion (PV-21.3)

- MRI has been established as a method of delineating vaginal fistulas. This is secondary to its excellent soft tissue resolution, allowing identification of acute inflammatory changes, post-surgical fibrosis, neoplastic tissue and abscesses. It also has the benefit of lacking ionizing radiation, but may have limited access as compared with CT. MRI is also contraindicated by the presence of metallic foreign body or MRI-incompatible devices, such as some pacemakers. Studies have shown a positive predictive value of 92% for delineation of anorectal vaginal fistulas.
- CT can also be utilized in the visualization of fistulas. It does have lower contrast resolution than MRI and does carry the risk of ionizing radiation. It may be beneficial in emergent situations given the wide availability or in situations where an MRI is contraindicated. CT-urography/cystography is also a mainstay in evaluation of the urinary tract and can be utilized to evaluate urinary vaginal fistulas.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Pilonidal Cyst (PV-21.4)

PV.PA.0021.4.A
v1.0.2025

- Advanced imaging is not indicated for pilonidal cyst disease[9].
- For suspected osteomyelitis, see: **Infection/Osteomyelitis (MS-9)** in the Musculoskeletal Imaging Guidelines
- For abdominal fistulae, see: **Fistulae (AB-48)** in the Abdomen Imaging Guidelines
- For suspected spinal dysraphism, see: **Cutaneous Indications to Suspect Occult Spinal Dysrpahism (PEDSP-4.2)** in the Pediatric Spine Imaging Guidelines

Evidence Discussion (PV-21.4)

- Pilonidal cysts most frequently arise in the natal cleft, the groove between the buttocks overlying the sacral area. Asymptomatic disease usually does not require any treatment. Acute and chronic infections can be evaluated sufficiently with history and physical alone. Advanced imaging is limited to concern for complicated disease (See **Infection/Osteomyelitis - MS-9.1**).

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (PV-21)

v1.0.2025

1. Ziech M, Felt–Bersma R, Stoker J. Imaging of Perianal Fistulas. *Clinical Gastroenterology and Hepatology*. 2009;7(10):1037-1045. doi:10.1016/j.cgh.2009.06.030
2. Gaertner WB, Burgess PL, Davids JS, et al. The American Society of Colon and Rectal Surgeons Clinical Practice Guidelines for the Management of Anorectal Abscess, Fistula-in-Ano, and Rectovaginal Fistula.Dis Colon Rectum. 2022;65(8):964-985. doi:10.1097/DCR.0000000000002473
3. Tonolini M. Elucidating vaginal fistulas on CT and MRI. *Insights into Imaging*. 2019;10(1). doi:10.1186/s13244-019-0812-9
4. VanBuren WM, Lightner AL, Kim ST, et al. Imaging and Surgical Management of Anorectal Vaginal Fistulas. *RadioGraphics*. 2018;38(5):1385-1401. doi:10.1148/rg.2018170167
5. Hancock KJ, Gajjar AH. Anorectal Disorders. *Obstetrics & Gynecology*. 2020;136(3):642-642. doi:10.1097/aog.0000000000004047
6. Levy AD, Liu PS, Kim DH, et al. ACR Appropriateness Criteria® Anorectal Disease. *Journal of the American College of Radiology*. 2021;18(11):S268-S282. doi:10.1016/j.jacr.2021.08.009
7. Fecal incontinence. ACOG Practice Bulletin No. 210. *Obstetrics & Gynecology*. 2019;133(4):e260-e273. (reaffirmed 2023) doi:10.1097/aog.0000000000003187
8. Berman L. Utility of magnetic resonance imaging in anorectal disease. *World Journal of Gastroenterology*. 2007;13(23):3153. doi:10.3748/wjg.v13.i23.3153
9. Johnson EK, Vogel JD, Cowan ML, Feingold DL, Steele SR. The American Society of Colon and Rectal Surgeons' clinical practice guidelines for the management of pilonidal disease.

   Dis Colon Rectum. 2019;62:146-157. doi:10.1097/DCR.0000000000001237.
10. Rogers, Rebecca G. MD; Jeppson, Peter C. MD. Current Diagnosis and Management of Pelvic Fistulae in Women. Obstetrics and Gynecology 128(3):p 635-650, September 2016. doi:10.1097/ACOG.0000000000001519
11. Vogel JD, Johnson EK, Morris AM, et al. Clinical Practice Guideline for the Management of Anorectal Abscess, Fistula-in-Ano, and Rectovaginal Fistula. Diseases of the Colon & Rectum. 2016;59(12):1117- 1133
12. Abcarian H. Anorectal infection: abscess-fistula. Clin Colon Rectal Surg 2011; 24:14.
13. Doll D, Friederichs J, Boulesteix AL, et al. Surgery for asymptomatic pilonidal sinus disease. Int J Colorectal Dis 2008; 23:839.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Urinary Incontinence/ Pelvic Prolapse/Fecal Incontinence (PV-22)

Guideline

Urinary Incontinence – Initial Imaging (PV-22.1)
Urinary Incontinence – Further Imaging (PV-22.2)
Pelvic Prolapse (PV-22.3)
Fecal Incontinence (PV-22.4)
References (PV-22)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Urinary Incontinence – Initial Imaging (PV-22.1)

PV.IN.0022.1.A
v1.0.2025

- Initial Imaging, associated with other evaluations, are:
  - Non-Neurogenic Incontinence
    - Measurements of post void residual urine by Bladder ultrasound (CPT® 51798) OR Bladder catheterization
    - In addition to post void residual volume determination, screening for UTI should be considered
  - Neurogenic Incontinence
    - Ultrasound urinary tract (CPT® 76770 or CPT® 76775)

Background and Supporting Information

Urinary incontinence can be “stress,” “urgency,” or mixed; neurogenic or non-neurogenic; and complicated or uncomplicated. Neurogenic incontinence can occur from cerebral, spinal or peripheral neurological diseases.

Evidence Discussion (PV-22.1)

- The workup of urinary incontinence involves a thorough history and physical examination. For incontinence due to non-neurogenic causes, advanced imaging is rarely necessary in the initial evaluation. Assessment of the urine post void residual may be completed either with bladder ultrasound or urethral catheterization.
- Baseline imaging should be obtained in the evaluation of neurogenic urinary incontinence with renal bladder ultrasound.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Urinary Incontinence – Further Imaging (PV-22.2)

PV.IN.0022.2.A
v1.0.2025

- CT Abdomen and Pelvis, contrast as requested, or CT Pelvis, contrast as requested, for any of the following:
  - Abnormality on ultrasound that requires further evaluation
  - Complicated incontinence
    - Failed conservative treatment
    - Pain or dysuria
    - Hematuria
    - Recurrent infection
    - Previous radical pelvic surgery
    - Suspected fistula
    - Suspected mass
    - Previous pelvic or prostate irradiation
  - Suspected fistulae
  - Detecting ectopic ureters if ultrasound is non-diagnostic
  - Pre-operative planning for complicated incontinence when ordered by or in consultation with the operating physician
- For neurogenic urinary incontinence See **Red Flag Indications (SP-1.2)** and **Myelopathy (SP-7.1)** in the Spine Imaging Guidelines and **Dementia (HD-8.1)** and **Normal Pressure Hydrocephalus (NPH) (HD-8.4)** in the Head Imaging Guidelines.

Evidence Discussion (PV-22.2

- Urinary incontinence that has failed a trial of conservative treatment may require advanced imaging with CT of the abdomen and/or pelvis with or without contrast. Advanced imaging may also be ordered for pre-operative planning if requested by the surgeon or to follow up on an abnormality noted on previous ultrasound.
- Other clinical scenarios where advanced imaging may be indicated are incontinence occurring concomitantly with abdominal or pelvic pain, dysuria or hematuria, or in the setting of recurrent urinary tract infections. Incontinence in the setting of previous radical pelvic surgery or radiation may also require advanced imaging.
- If there is suspicion of a fistula, mass, or ectopic ureters (and ultrasound is non-diagnostic), advanced imaging with CT may be indicated.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Pelvic Prolapse (PV-22.3)

PV.IN.0022.3.U
v1.0.2025

- Transvaginal (TV) ultrasound (CPT® 76830) and/or Transperineal ultrasound (CPT® 76872) is the initial study of choice
  - Pelvic ultrasound (CPT® 76856 or CPT® 76857) can be performed if requested as a complimentary study.
- Urodynamic testing may be helpful if there is incontinence with a stage II or greater prolapse or voiding dysfunction
- MRI Pelvis (CPT® 72195 or CPT® 72197) for the following:
  - Pelvic floor anatomy and pelvic organ prolapse evaluations if exam and TV ultrasound (CPT® 76830) and/or Pelvic ultrasound (CPT® 76856 or CPT® 76857) are equivocal; or
  - Pre-operative planning for complex organ prolapse when ordered by or in consultation with the operating physician; or
  - Persistent incontinence following surgery
- Mesh and Graft complications
  - Diagnostic evaluation for mesh and graft complications may include colonoscopy, cystoscopy, and/or urodynamics
  - Transvaginal (TV) ultrasound (CPT® 76830) and/or Pelvic ultrasound (CPT® 76856 or CPT® 76857), CT Abdomen and/or Pelvis, contrast as requested, MRI Pelvis without contrast or without and with contrast (CPT® 72195 or CPT® 72197) depending on the mesh and graft complication
- Sacral osteomyelitis may be a complication of sacrocolpopexy. MRI Pelvis with and without contrast (CPT® 72197) is indicated for lower back pain and/or suspected sacral osteomyelitis after this procedure.
- MRI (MRI Pelvis without contrast CPT® 72195) for Defecography is considered investigational/experimental by UHC.

Evidence Discussion (PV-22.3)

- The mainstay of evaluation of pelvic organ prolapse remains clinical pelvic examination. This allows for direct evaluation of prolapse and calculation prolapse quantification.
- Translabial, transperineal or transvaginal ultrasound have shown correlation with. Ultrasound also allows for real-time evaluation, has wide availability, fast access, and lack of ionizing radiation exposure.
- MRI has been shown to have excellent soft tissue delineation. It circumstances were clinical exam and ultrasound are equivocal, MRI may provide additional information for conditions such as enterocele, sigmoidocele and intussusception.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

- Complications related to mesh and graft placement in pelvic floor surgery are diverse in nature. Work up for suspected complication is complex and may include a diverse range of diagnostic procedures such as radiologic imaging, cystoscopy, and colonoscopy. Surgical meshes have variable visibility. Given the varied nature of this these complications modality of imaging should be tailored to suspected complication.
- A known rare complication of sacrocolpopexy is sacral osteomyelitis. In cases of suspected osteomyelitis, MRI is the preferred imaging as it has a very high sensitivity for detection infection, especially in early stages.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Fecal Incontinence (PV-22.4)

PV.IN.0022.4.U
v1.0.2025

The evaluation of fecal incontinence generally proceeds as follows:

- Determine the severity of the incontinence (Bristol Stool Scale, Fecal Incontinence Severity Index, etc.)
- History and Physical to include digital rectal examination and perianal pinprick (to assess for neurogenic causes)
- Trial of conservative management
- Diagnostic Testing if symptoms persist to include:
  - Ano-rectal Manometry
  - Balloon Expulsion Test
  - Endoanal ultrasound (CPT® 76872) to confirm sphincter defects in individuals with suspected sphincter injury (e.g. history of vaginal delivery or anorectal surgery)
  - MRI Pelvis (CPT® 72197) can be considered if:
    - Ano-rectal manometry suggests weak sphincter pressures AND/OR there is an abnormal balloon expulsion test AND
    - There has been a failure of a recent trial of conservative management AND
    - Surgery is being considered
- MRI (MRI Pelvis without contrast (CPT® 72195) for Defecography is considered investigational/experimental by UHC.

Background and Supporting Information

With regards to fecal incontinence ACG Guidelines note that “the internal sphincter is visualized more clearly by endoanal ultrasound, whereas MRI is superior for discriminating between an external anal sphincter tear and a scar and for identifying external sphincter atrophy.

However, guidelines adopted by the American Society of Colon and Rectal Surgeons note that “Endoanal ultrasound is a useful and sensitive tool in the evaluation of patients with FI (fecal incontinence), especially when there is a history of vaginal delivery or anorectal surgery. Ultrasound can reliably identify internal and external sphincter defects that may be associated with sphincter dysfunction.” In addition, the guidelines note “Other modalities (eg, MRI) have shown substantial interobserver variability and, at this point, are likely inferior to ultrasound imaging, but they may provide additional information where endoanal ultrasound is unavailable.”

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Evidence Discussion (PV-22.4)

- According to the American College of Gastroenterology, the American Society of Colon and Rectal Surgeons and the American College of Obstetrics and Gynecology, complete history and physical exam is essential for the evaluation of patient with fecal incontinence.
- For patients that fail conservative measures, ano-rectal manometry and rectal balloon expulsion testing should be performed. This may help to guide additional treatment and diagnostic testing.
- Endoanal ultrasound (EAUS) can be considered in individuals with suspected sphincter injury. Ultrasound is widely available and well tolerated, however it is operator-dependent. EAUS shows very good interobserver agreement in the diagnosis of sphincter defects and the measurement of the internal anal sphincter.
- MRI has also emerged as an imaging modality for evaluation of fecal incontinence. While EAUS is superior for the evaluation of the internal anal sphincter, MRI shows better distinction between fat and muscle in the evaluation of the external anal sphincter. MRI is limited by the fact that it is not as readily available and is unsuitable for patients with limiting conditions such as metal implants and claustrophobia. MRI defecography also may play a role in the evaluation of fecal incontinence as it allows for insight into important functional disorders related to defecation.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (PV-22)

v1.0.2025

1. Wald A, Bharucha AE, Limketkai, B et al. ACG Clinical Guideline: Management of Benign Anorectal Disorders. *American Journal of Gastroenterology*. 2021;116(10). P 1987-2008.>
2. Practice Bulletin No. 155. Urinary Incontinence in Women. *Obstetrics & Gynecology*. 2015;126(5). doi:10.1097/aog.0000000000001148 (Reaffirmed 2022)
3. Practice Bulletin No. 214. Pelvic Organ Prolapse. *Obstetrics & Gynecology*. 2019 (Reaffirmed 2021);134:126-42. doi:10.1097/aog.0000000000003519
4. Committee Opinion No. 694. Management of Mesh and Graft Complications in Gynecologic Surgery. *Obstetrics & Gynecology*. 2017 (Reaffirmed 2021);129(4). doi:10.1097/aog.0000000000002022
5. Bordeianou, L. G., Thorsen, A. J., Keller, D. S., Hawkins, A. T., Messick, C., Oliveira, L., Feingold, D. L., Lightner, A. L., & Paquette, I. M. (2023).The American Society of Colon and Rectal Surgeons Clinical Practice Guidelines for the Management of Fecal Incontinence.Diseases of the colon and rectum,66(5), 647-661.https://doi.org/10.1097/DCR.0000000000002776.
6. Chung DE, Yurteri-Kaplan LA, Asatiani T, Brennand EA, Wang A, Grimes CL. Female Pelvic Medicine & Reconstructive Surgery (FPMRS) challenges on behalf of the collaborative research in pelvic surgery consortium (CoRPS): managing complicated cases series 2: management of urinary incontinence in a neurogenic patient. *International Urogynecology Journal*. 2018;30(2):193-196. doi:10.1007/s00192-018-3806-0
7. Tan C, Geng J, Tang J, Yang X. The relationship between obstructed defecation and true rectocele in patients with pelvic organ prolapse. *Scientific Reports*. 2020;10(1). doi:10.1038/s41598-020-62376-2
8. Volløyhaug I, Rojas RG, Mørkved S, Salvesen KÅ. Comparison of transperineal ultrasound with POP-Q for assessing symptoms of prolapse. *International Urogynecology Journal*. 2018;30(4):595-602. doi:10.1007/s00192-018-3722-3
9. Committee Opinion No. 603: Evaluation of uncomplicated stress urinary incontinence in women before surgical treatment.Obstet Gynecol. 2014;123(6):1403-1407. Reaffirmed 2020. doi:10.1097/01.AOG.0000450759.34453.31
10. American College of Obstetricians and Gynecologists. ACOG practice bulletin no. 210: fecal incontinence. *Obstetrics & gynecology*. 2019 (Reaffirmed 2023); Apr;133(4):e260-73. doi: 10.1097/AOG.
11. Larouche M, Belzile E, Geoffrion R. Surgical Management of Symptomatic Apical Pelvic Organ Prolapse. *Obstetrics & Gynecology*. 2021;137(6):1061-1073. doi:10.1097/aog.0000000000004393
12. Gavlin A, Kierans AS, Chen J, Song C, Guniganti P, Mazzariol FS. Imaging and Treatment of Complications of Abdominal and Pelvic Mesh Repair. *RadioGraphics*. 2020;40(2):432-453. doi:10.1148/rg.2020190106
13. Carberry CL, Tulikangas BM, Ridgeway BM, et al. American Urogynecologic Society Best Practice Statement: Evaluation and Counseling of Patients with Pelvic Organ Prolapse. Female Pelvic Medicine and Reconstructive Surgery 23(5):p 281-287, 9/10 2017. (Reaffirmed 2020) doi:10.1097/SPV.0000000000000424
14. Evaluation of uncomplicated stress urinary incontinence in women before surgical treatment. Committee Opinion No. 603. The American College of Obstetricians and Gynecologists. Obstet Gynecol 2014;123:1403–7 (Reaffirmed 2020)
15. Barbier H, Carberry CL, Karjalainen PK, et al. International Urogynecology consultation chapter 2 committee 3: the clinical evaluation of pelvic organ prolapse including investigations into associated morbidity/pelvic floor dysfunction. Int Urogynecol J. 2023;34(11):2657-2688. doi:10.1007/s00192-023-05629-8
16. Sbeit W, Khoury T, Mari A. Diagnostic approach to faecal incontinence: What test and when to perform?. World J Gastroenterol. 2021;27(15):1553-1562. doi:10.3748/wjg.v27.i15.1553

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Patent Urachus (PV-23)

Guideline

Patent Urachus (PV-23.1)
References (PV-23)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Patent Urachus (PV-23.1)

PV.UR.0023.1.A

v1.0.2025

- Drainage from the umbilicus, redness around umbilicus, abdominal pain, or urinary tract infection from persistent fetal connection between the bladder and the umbilicus:
  - Ultrasound (CPT® 76856 or CPT® 76857 and/or CPT® 76700 or CPT® 76705) or voiding cystourethrography (VCUG) (CPT® 74455) for suspected patent urachus
  - CT Pelvis with contrast (CPT® 72193) or MRI Pelvis without contrast (CPT® 72195) or with and without contrast (CPT® 72197) if the ultrasound is equivocal or if additional imaging is needed for surgical planning if there is a suspected urachal carcinoma or other urachal abnormality.

Evidence Discussion (PV-23)

- A patent urachus (connecting bladder to umbilicus) can manifest as redness around or drainage from the umbilicus, abdominal pain, or urinary tract infections.
- If suspected, ultrasound is indicated as the initial evaluation as it can be diagnostic without exposing the patient to radiation.
- Advanced imaging of the pelvis is indicated for inconclusive ultrasound or for surgical planning.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

References (PV-23)

v1.0.2025

1. Villavicencio CP, Adam SZ, Nikolaidis P, Yaghmai V, Miller FH. Imaging of the Urachus: Anomalies, Complications, and Mimics. *RadioGraphics*. 2016;36(7):2049-2063. doi:10.1148/rg.2016160062
2. Buddha S, Menias CO, Katabathina VS. Imaging of urachal anomalies. *Abdominal Radiology*. 2019;44(12):3978-3989. doi:10.1007/s00261-019-02205-x
3. Das JP, Vargas, HB, Lee A, Hutchingson B, et al. The urachus revisited: multimodal imaging of benign and malignant urachal pathology. BR J Radiol. 2020 Jun; 93 (1110): 20190118.
4. Yacoub JH, Clark JA, PAal EE, Manning MA. Approach to Cystic Lesions in the Abdomen and Pelvis, with Radiologic-Pathologic Correlation. *Radiographics*. Sep-Oct 2021; 41 (5): 1368-1386
5. Berrocal T, López-Pereira P, Arjonilla A, Gutiérrez J. Anomalies of the Distal Ureter, Bladder, and Urethra in Children: Embryologic, Radiologic, and Pathologic Features. RadioGraphics. 2002;22(5):1139-1164. doi:10.1148/radiographics.22.5.g02se101139
6. Little DC, Shah SR, Peter SDS, et al. Urachal anomalies in children: the vanishing relevance of the preoperative voiding cystourethrogram. Journal of Pediatric Surgery. 2005;40(12):1874-1876. doi:10.1016/j.jpedsurg.2005.08.029
7. Parada Villavicencio C, Adam SZ, Nikolaidis P, Yaghmai V, Miller FH. Imaging of the Urachus: Anomalies, Complications, and Mimics. Radiographics. 2016;36(7):2049-2063. doi:10.1148/rg.2016160062
8. West HC, Anton CG. Bladder and Urethra. In: Coley B, Saunders E, eds. Caffey's Pediatric Diagnostic Imaging. Philadelphia PA; 2019:1157-1166
9. Elder JS. Anomilies of the Bladder. In: Kliegman RM, St. Geme JW III, Blum NJ, Shah SS, Tasker RC, Wilson KM, eds. Nelson Textbook of Pediatrics, 21st ed. 2020:2810-2811.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Bladder Mass (PV-24)

Guideline

Bladder Mass (PV-24.1)
References (PV-24)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Bladder Mass (PV-24.1)

PV.BL.0024.1.A
v1.0.2025

- Bladder masses incidentally found on other imaging (ultrasound, cystoscopy or KUB):
  - CT Pelvis without contrast (CPT® 72192) for suspected bladder stone if initial imaging is equivocal or if surgery is planned
  - CT Pelvis with and without contrast (CPT® 72194) for suspected bladder diverticuli
- See **Oncology Imaging Guidelines** for biopsy confirmed or suspected malignancy

Background and Supporting Information

Symptoms of bladder mass may include hematuria, urgency, frequency, chronic urinary infection, obstruction or urinary retention.

Evidence Discussion (PV-24.1)

- Symptoms of bladder mass may include hematuria, urgency or frequency of urination, urinary infection or urinary retention.
- Bladder masses may be found incidentally on initial imaging such as ultrasound, cystoscopy or KUB (Kidney, Ureter and Bladder X-ray).
- Suspected bladder stone may be further evaluated with CT pelvis if initial imaging is inconclusive or for surgical planning. CT has a higher sensitivity than ultrasound for bladder stones.
- Suspected bladder diverticuli can be further evaluated with CT pelvis.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (PV-24)

v1.0.2025

1. Dighe MK, Bhargava P, Wright J. Urinary Bladder Masses. *Journal of Computer Assisted Tomography*. 2011;35(4):411-424. doi:10.1097/rct.0b013e31821c2e9d
2. Verma S, Rajesh A, Prasad SR, et al. Urinary Bladder Cancer: Role of MR Imaging. *RadioGraphics*. 2012;32(2):371-387. doi:10.1148/rg.322115125
3. Raman SP, Fishman EK. Bladder Malignancies on CT: The Underrated Role of CT in Diagnosis. *American Journal of Roentgenology*. 2014;203(2):347-354. doi:10.2214/ajr.13.12021
4. Shelmerdine SC, Lorenzo AJ, Gupta AA, Chavhan GB. Pearls and Pitfalls in Diagnosing Pediatric Urinary Bladder Masses. *RadioGraphics*. 2017;37(6):1872-1891. doi:10.1148/rg.2017170031
5. Hughes T, Ho HC, Pietropaolo A, Somani BK. Guideline of guidelines for kidney and bladder stones. Turk J Urol. 2020 Nov;46(Supp. 1):S104-S112. doi: 10.5152/tud.2020.20315. Epub 2020 Oct 9. PMID: 33052834; PMCID: PMC7731951.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Ureteral and/or Bladder Trauma or Injury (PV-25)

Guideline

Ureteral and/or Bladder Trauma or Injury (PV-25.1)
References (PV-25)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Ureteral and/or Bladder Trauma or Injury (PV-25.1)

PV.BT.0025.1.A
v1.0.2025

- Abdominal and/or Pelvic ultrasound (CPT® 76700 and/or CPT® 76856) is supported if requested
- CT cystography (CT Pelvis without contrast CPT® 72192) is supported for suspected bladder injury
- CT Abdomen and Pelvis with OR with and without contrast (CPT® 74177 or CPT® 74178) if:
  - Suspected iatrogenic/operative injury OR
  - Blunt trauma and suspected bladder or ureteral injury with one or more of the following (See **Blunt Abdominal Trauma (AB-10.1)** in the Abdomen Imaging Guidelines):
    - Abdominal pain or tenderness
    - Pelvic or femur fracture
    - Hematocrit <30%
    - Hematuria
    - Non-examinable individual (intoxicated, less than fully conscious, Glasgow Coma Scale Score >13, etc.)
    - Evidence of abdominal wall trauma or seat-belt sign
    - Rapid deceleration injury

Background and Supporting Information

Bladder trauma: CT cystography- CT Pelvis without contrast allowing the radiologist or Urologist to instill contrast to r/o bladder injury and/or perforation.

Ureteral injury: "*Iatrogenic ureteral injuries can occur during gynecologic, obstetric, urologic, colorectal, general, or vascular surgery; gynecologic surgery accounts for more than half of all iatrogenic injuries.*"[2]

Evidence Discussion (PV-25)

- Ultrasound can performed for suspected ureteral and/or bladder trauma. It may aid in triage of injuries and may lead to immediate surgical intervention rather than additional imaging. However it has lower sensitivity compared to CT, particularly in genitourinary injury.
- For patients with suspected bladder injury retrograde cystography is appropriate. CT cystography has a reported 95-100% sensitivity and specificity for the diagnosis of

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

bladder rupture. It has the benefits of being widely available and accurate, but does have exposure to ionizing radiation.

- Those presenting with suspected ureteral injury CT of the abdomen and pelvis is appropriate for evaluation of the complete urinary tract. Imaging with contrast is preferred for evaluation of as it has higher sensitivity for detecting concurrent visceral organ and vascular injuries. Urogram is helpful in further evaluation of the ureters as it may show contrast extravasation from the ureter or partial or complete ureteral obstruction.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (PV-25)

v1.0.2025

1. Ramchandani P, Buckler PM. Imaging of Genitourinary Trauma. *American Journal of Roentgenology*. 2009;192(6):1514-1523. doi:10.2214/ajr.09.2470
2. Morey AF, Broghammer JA, Hollowell CMP, McKibben MJ, Souter L. Urotrauma Guideline 2020: AUA Guideline. *Journal of Urology*. Published online October 14, 2020. doi:10.1097/ju.0000000000001408
3. Shyu JY, Khurana B, Soto JA, et al. ACR Appropriateness Criteria® Major Blunt Trauma. *Journal of the American College of Radiology*. 2020;17(5):S160-S174. doi:10.1016/j.jacr.2020.01.024
4. Chan DPN, Abujudeh HH, Cushing GL, Novelline RA. CT Cystography with Multiplanar Reformation for Suspected Bladder Rupture: Experience in 234 Cases. *American Journal of Roentgenology*. 2006;187(5):1296-1302. doi:10.2214/ajr.05.0971
5. Jansen JO, Yule SR, Loudon MA. Investigation of blunt abdominal trauma. *BMJ (Clinical research ed)*. 2008;336(7650):938-942. doi:10.1136/bmj.39534.686192.80

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Gender Affirmation Surgery; Pelvic (PV-26)

Guideline

Gender Affirmation Surgery; Pelvic (PV-26.1)
References (PV-26)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Gender Affirmation Surgery; Pelvic (PV-26.1)

PV.GA.0026.1A
v1.0.2025

- Preoperative imaging is supported as outlined below if the individual has a health plan benefit covering pelvic gender affirmation surgery. Preoperative imaging is not supported if pelvic gender affirmation surgery is not a health plan covered benefit.
- Preoperative imaging:
  - Metoidioplasty
    - Preoperative imaging is not supported
  - Phalloplasty
    - Muscular flaps used for neophallus creation are generally obtained from anterior lateral thigh (pedicled flap) or forearm (radial free flap)
      - For planned radial free flap, upper extremity CT angiography (CPT® 73206) of anticipated donor site (unilateral) for evaluation of perforator anatomy.
      - For planned anterior lateral thigh flap, bilateral lower extremity CT angiogram (CPT® 73706)
      - If iodinazed contrast allergy, MRA (contrast as requested)
  - Vaginoplasty
    - Preoperative imaging is not supported
- Postoperative complications:
  - Doppler ultrasound (CPT)
    - Monitoring of flap perfusion after phalloplasty for suspected vascular insufficiency
  - CT Abdomen and Pelvis OR CT Pelvis (contrast as requested - CPT® 74176, CPT® 74177, CPT® 74178, CPT® 72192, CPT® 72193, or CPT® 72194) for suspected postoperative complications
    - Complications after surgery may include hematoma, seroma, abscesses, fistula, urinary tract injury, etc. (See **Ureteral and/or Bladder Trauma or Injury (PV-25.1)** for ureteral and/or bladder injury)
  - MRI Pelvis with and without contrast (CPT® 72197)
    - Suspected fistula
    - Non diagnostic CT scan AND further imaging is needed for treatment planning

Background and Supporting Information

- Metoidioplasty-Metoidioplasty is a procedure using clitoral hypertrophy and clitoral release to form masculine-appearing external genitalia

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

- Phalloplasty-Phalloplasty includes the creation of a neophallus using muscular flaps
- Vaginoplasty-Vaginoplasty refers to the surgical creation of a vulva and vaginal canal

Evidence Discussion (PV-26)

- Routine preoperative imaging is not supported for metoidioplasty or Vaginoplasty.
- CT angiography is indicated for preoperative evaluation for phalloplasty in order to map size, location and course of the vasculature. CTA has been found to have high accuracy in perforator detection (sensitivity of 96-100% and specificity of 95-100% in studies investigating abdominal perforators), short time for image acquisition and high reproducibility. It however does carry the risk of ionizing radiation and exposure to iodinated contrast.
- Doppler ultrasound allows for monitoring of vascular perfusion of the neophallus after phalloplasty. Ultrasound is readily available and does not carry risk of ionizing radiation.
- Expert opinion holds that CT would be indicated for postoperative complications of gender affirmation surgery. CT allows for fast and accurate identification of common postoperative complications such as abscess, hematoma and seroma. CT angiography aids in the diagnosis of arterial or venous thrombosis as well as identification of arterial bleeding in the setting of hemorrhage. CT does carry the risk of ionizing radiation and iodinated contrast allergy.
- MRI is the preferred modality for suspected fistula given its superior soft tissue delineation in these cases.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

References (PV-26)

v1.0.2025

1. Coleman E, Radix AE, Bouman WP, et al. Standards of Care for the Health of Transgender and Gender Diverse People, Version 8.Int J Transgend Health. 2022;23(Suppl 1):S1-S259. Published 2022 Sep 6. doi:10.1080/26895269.2022.2100644.
2. Hassan O, Sun D, Jha P. Imaging in Gender Affirmation Surgery. *Current Urology Reports*. 2021;22(2). doi:10.1007/s11934-020-01029-3
3. Doo FX, Khorsandi A, Avanessian B, Bowers M, Somwaru AS. Gender Affirmation Surgery: A Primer on Imaging Correlates for the Radiologist. *American Journal of Roentgenology*. 2019;213(6):1194-1203. doi:10.2214/ajr.19.21686
4. Stowell JT, Horowitz JM, Thomas S. Gender-affirming surgical techniques, complications, and imaging considerations for the abdominal radiologist. *Abdom Radiol (NY)*. 2020 Jul;45(7):2036-2048. doi: 10.1007/s00261-019-02398-1
5. Stowell JT, Grimstad FW, Kirkpatrick DL, et al. Imaging Findings in Transgender Patients after Gender-affirming Surgery. *RadioGraphics*. 2019;39(5):1368-1392. doi:10.1148/rg.2019190010
6. Health Care for Transgender and Gender Diverse Individuals. ACOG Committee Opinion No. 823. *Obstetrics & Gynecology*. 2021;137(3):e75–88. Reaffirmed 2024. doi:10.1097/AOG.0000000000004296
7. Annen AW, Heston AL, Dugi DD III, Dy GW, Bluebond-Langner R, Jensen KK, Berli JU. Masculinizing Genital Surgery: An Imaging Primer for the Radiologist. AJR Am J Roentgenol. 2020 Jan;214(1):W27-W36. doi: 10.2214/AJR.19.21597
8. Ono S, Hayashi H, Ohi H, Ogawa R. Imaging Studies for Preoperative Planning of Perforator Flaps: An Overview. Clin Plast Surg. 2017 Jan;44(1):21-30. doi: 10.1016/j.cps.2016.09.004.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Table of Contents

Guideline

General Guidelines (PN-1)
Focal Neuropathy (PN-2)
Polyneuropathy (PN-3)
Brachial Plexus (PN-4)
Lumbar and Lumbosacral Plexus (PN-5)
Muscle Disorders (PN-6)
Magnetic Resonance Neurography (MRN) (PN-7)
Neuromuscular Disorders (PN-8)
Peripheral Nerve Sheath Tumors (PNST) (PN-9)
Nuclear Imaging (PN-10)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

General Guidelines (PN-1)

Guideline

Abbreviations for Peripheral Nerve and Neuromuscular Disorders Imaging Guidelines
General Guidelines (PN-1.0)
References (PN-1)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Abbreviations for Peripheral Nerve and Neuromuscular Disorders Imaging Guidelines

PN.GG.Abbreviations.A
v1.0.2025

Abbreviations for Peripheral Nerve Disorders Imaging Guidelines	
AIDS	Acquired Immunodeficiency Syndrome
ALS	Amyotrophic Lateral Sclerosis
CIDP	Chronic Inflammatory Demyelinating Polyneuropathy
CNS	central nervous system
CPK	creatinine phosphokinase
CT	computed tomography
EMG	electromyogram
LEMS	Lambert-Eaton Myasthenic Syndrome
MG	myasthenia gravis
MRI	magnetic resonance imaging
MRN	magnetic resonance neurography
MRS	magnetic resonance spectroscopy
NCV	nerve conduction velocity
PET	positron emission tomography
PNS	peripheral nervous system

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Abbreviations for Peripheral Nerve Disorders Imaging Guidelines	
PNST	Peripheral Nerve Sheath Tumor
POEMS	Polyneuropathy, Organomegaly, Endocrinopathy, M-protein, Skin changes
TOS	Thoracic Outlet Syndrome

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

General Guidelines (PN-1.0)

PN.GG.0001.0.A
v1.0.2025

- A pertinent clinical evaluation is required before advanced imaging can be considered. The clinical evaluation should include a pertinent history and physical examination, including a neurological examination, (since the onset or change in symptoms), appropriate laboratory studies, non-advanced imaging modalities, and electromyography/nerve conduction (EMG/NCV) studies. Other meaningful technological contact (telehealth visit, telephone call or video call, electronic mail or messaging) since the onset or change in symptoms, by an established individual can serve as a pertinent clinical evaluation.
- Nerve conduction studies are often normal early in the disease course with changes occurring from one to four weeks after symptom onset in the majority of individuals. This will be taken into consideration on a case-by-case basis in regards to the EMG/NCV requirement in each section requirement of the Peripheral Nerve and Neuromuscular Disorders (PNND) Imaging Guidelines.
- Due to the termination of the federal public health emergency declaration, the COVID-19 pandemic is no longer considered an indication to waive electrodiagnostic (EMG/NCV) study requirements within the Peripheral Nerve and Neuromuscular Disorders Imaging Guidelines.[7]
- If imaging of peripheral nerves is indicated, ultrasound is the preferred modality for superficial peripheral nerves. MRI may be used for imaging deep nerves such as the lumbosacral plexus or nerves obscured by overlying bone such as the brachial plexus or for surgical planning. CT is limited to cases in which MRI is contraindicated.

Evidence Discussion (PN-1.0)

- Electromyography (EMG) and nerve conduction velocity (NCV) studies are useful in establishing the origin of peripheral nerve pathology and in guiding further diagnostic evaluation. Needle EMG following traumatic nerve injury may detect denervation of muscles that do not seem clinically affected. The optimal time to search for denervation changes is 10 to 14 days after the injury. Needle EMG may show residual innervation to paralyzed muscles. Follow-up EMG and NCV studies may demonstrate early evidence of re-innervation or evolving abnormalities that objectively demonstrate the temporal course of peripheral nerve pathology.
- Deferring EMG due to COVID-19 is less relevant at this time.
- For superficial peripheral nerves, ultrasound has significantly higher resolution than MRI. In terms of expense, safety, and noninvasiveness, ultrasound has clear advantages over MRI and the few comparative reports available confirm the value of ultrasound as an initial imaging choice.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

- Advantages of ultrasound over MRI for detecting peripheral nerve pathology include lower cost, rapidity of examination, higher spatial resolution, imaging of the nerve in continuity, and ease of side-to-side comparisons. Ultrasound may better detect subtle changes in nerve caliber. This is important because peripheral nerve pathology is often fusiform in shape and can extend along the length of the nerve without greatly altering its cross-section area. MRI frequently misses multifocal (71%) and occasionally single pathologies.
- Advantages of MRI over ultrasound include superior contrast between tissues, imaging of structures that are deep or surrounded by bone, and tissue characterization using multi-sequence analysis and IV contrast.
- There is greater accuracy (96%) of diagnoses in cases of peripheral nerve sheath tumor, traumatic neuroma or neuropathy, idiopathic mono-neuropathy or plexopathy, fibrosis of nerves, nerve compression caused by ganglion or synovial cysts or any other soft tissue structures, non-neural soft tissue tumors, intra-neural granulomas, and vasculitis with ultrasound than MRI.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (PN-1)

v1.0.2025

1. Walker FO. Ultrasonography in Peripheral Nervous System Diagnosis. *Continuum (Minneap Minn)*. 2017;23(5):1276-1294. doi: 10.1212/con.0000000000000522.
2. Ohana M, Moser T, Moussaouï A, et al. Current and future imaging of the peripheral nervous system. *Diagn Interv Imaging*. 2014;95(1):17-26. doi: 10.1016/j.diii.2013.05.008.
3. Stoll G, Wilder-Smith E, Bendszus M. Imaging of the peripheral nervous system. *Handb Clin Neurol*. Published online 2013:137-153. doi: 10.1016/b978-0-444-52902-2.00008-4.
4. Jin PH. Localization and Diagnostic Evaluation of Peripheral Nerve Disorders.*Continuum (Minneap Minn)*. 2023;29(5):1312-1326. doi:10.1212/CON.0000000000001333.
5. Kassardjian CD, Desai U, Narayanaswami P. Practical Guidance for Managing EMG Requests and Testing during the COVID-19 Pandemic. *Muscle Nerve*. Published online April 11, 2020. doi: 10.1002/mus.26891.
6. London ZN. A Structured Approach to the Diagnosis of Peripheral Nervous System Disorders. *Continuum (Minneap Minn)*. 2020;26(5):1130-1160. doi: 10.1212/con.0000000000000922.
7. National Center for Immunization and Respiratory Disease (NCIRD). End of the Federal COVID-19 Public Health Emergency (PHE) Declaration | CDC. Centers for Disease Control and Prevention. Updated September 12, 2023. Accessed February 24, 2024. https://www.cdc.gov/coronavirus/2019-ncov/your-health/end-of-phe.html.
8. Chichkova RI, Katzin L.EMG and Nerve Conduction Studies in Clinical Practice.Practical Neurology.Jan/Feb 2010.
9. Zaidman CM, Seelig MJ, Baker JC, Mackinnon SE, Pestronk A. Detection of peripheral nerve pathology: comparison of ultrasound and MRI. Neurology. 2013;80(18):1634-1640. doi:10.1212/WNL.0b013e3182904f3f
10. Alkhalifah B. Comparison of Magnetic Resonance Imaging and High-Resolution Ultrasound for the Diagnosis of Pathologies of the Peripheral Nerve. J Pharm Bioallied Sci. 2023 Jul;15(Suppl 2):S1277-S1279. doi: 10.4103/jpbs.jpbs_126_23. Epub 2023 Apr 28. PMID: 37694034; PMCID: PMC10485461.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Focal Neuropathy (PN-2)

Guideline

Focal Neuropathy (PN-2.1)
References (PN-2)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Focal Neuropathy (PN-2.1)

PN.FN.0002.1.A
v1.0.2025

Focal Disorder	EMG/NCV Initially?	Advanced Imaging
Carpal Tunnel Syndrome	YES	• When EMG/NCV and clinical findings are equivocal **AND** only when requested for pre-operative planning, MRI Upper Extremity Joint (Wrist) without contrast (CPT® 73221) is indicated. • For radiculopathy, see **Neck (Cervical Spine) Pain Without/With Neurological Features (Including Stenosis) and Trauma (SP-3)** in the Spine Imaging Guidelines.
Ulnar Neuropathy	YES	After EMG/NCV, only **ONE** of the following is indicated if requested for surgical consideration: • MRI Upper Extremity Joint (Elbow or Wrist) without contrast (CPT® 73221), **OR** • MRI Upper Extremity Other Than Joint (Forearm or Hand) without contrast (CPT® 73218)
Radial Neuropathy	YES	• MRI Upper Extremity Other Than Joint (Arm or Forearm) without contrast (CPT® 73218) when surgery is being considered. • MRI Upper Extremity Other Than Joint (Arm or Forearm) without and with contrast (CPT® 73220) if there is a suspicion of a nerve tumor such as a neuroma.

Radial Neuropathy Notes : Leads to wrist drop with common sites of entrapment at the inferior aspect of the humerus (Saturday night palsy) or the forearm (Posterior Interosseous Syndrome). Entrapment of the nerve at the wrist (Wartenberg syndrome or handcuff palsy) typically spares motor involvement and results only in sensory changes.

Trauma or fractures of the humerus, radius, or ulna can damage the radial nerve.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Focal Disorder	EMG/NCV Initially?	Advanced Imaging
Pudendal Neuropathy[7,8]	NO	• **Documented concern specifically for pudendal neuropathy, pudendal neuralgia, or pudendal entrapment** : MRI Pelvis without contrast (CPT® 72195) **OR** MRI Pelvis without and with contrast (CPT® 72197) ◦ If there is a contraindication to MRI **and** the above documented concern is present, then **ONE** of the following is indicated: ▪ CT Pelvis without contrast (CPT® 72192) ▪ CT Pelvis with contrast (CPT® 72193) ▪ CT Pelvis without and with contrast (CPT® 72194) • For all other pelvic concerns, see the following Pelvic Imaging Guidelines (as indicated): ◦ **Pelvic Pain/Dyspareunia Female (PV-11.1)** ◦ **Impotence/Erectile Dysfunction (PV-17.1)** ◦ **Male Pelvic Disorders (PV-19.1)** ◦ **Scrotal Pathology (PV-20.1)**
Pudendal Neuropathy Notes : Causes pain, sexual dysfunction, or sensory change in the genitals, perineum, and perianal region. May be caused by trauma, recurrent injury from exercise such as cycling, pelvic mass, or after viral infection (e.g., post-herpetic neuralgia).		
Sciatic Neuropathy	YES	• MRI Pelvis without contrast (CPT® 72195) • CT Pelvis without contrast (CPT® 72192) is **NOT** routinely indicated due to lack of soft tissue contrast. ◦ It should only be performed in the rare circumstance of contrast allergy and/ or contraindication to MRI such as pacemaking device.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Focal Disorder	EMG/NCV Initially?	Advanced Imaging
Sciatic Neuropathy Notes : May be caused by trauma to the gluteal area with hematoma, injection palsy, hip or pelvic fractures, or hip replacement (arthroplasty). **Piriformis Syndrome** involves entrapment of the sciatic nerve at the sciatic notch in the pelvis by a tight piriformis muscle band. Concerns for piriformis syndrome should be imaged according to the sciatic neuropathy criteria.		
Femoral Neuropathy	NO	• MRI Pelvis without contrast (CPT® 72195)
Femoral Neuropathy Notes : May occur as a complication of pelvic surgery in females or those on anticoagulants with retroperitoneal bleeding, or as a mononeuropathy in diabetics		
Meralgia Paresthetica	NO	• MRI Pelvis without contrast (CPT® 72195) is indicated for **ANY** of the following scenarios: ◦ Cases of diagnostic uncertainty ◦ Pre-operative planning • CT Pelvis without contrast (CPT® 72192) is **NOT** routinely indicated due to lack of soft tissue contrast. ◦ It should only be performed in the rare circumstance of contrast allergy and/ or contraindication to MRI such as pacemaking device.
Meralgia Paresthetica Notes : Sensory loss in the lateral femoral cutaneous nerve as it exits the pelvis under the inguinal ligament (lateral thigh without extension into lower leg), and is usually diagnosed based on a careful history and physical exam. EMG/NCV testing is often technically difficult and not required.		
Peroneal Neuropathy	YES	• MRI Lower Extremity Joint (Knee) without contrast (CPT® 73721) **OR** MRI Lower Extremity Other Than Joint without contrast (CPT® 73718) when surgery is considered or when ordered by or in consultation with a surgeon.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Focal Disorder	EMG/NCV Initially?	Advanced Imaging
Tarsal Tunnel Syndrome	N/A	• See **Foot (Tarsal Tunnel Syndrome) (MS-27)** in the Musculoskeletal Imaging Guidelines.

Evidence Discussion (PN-2.1)

- Focal neuropathies are typically diagnosed by a combination of clinical history, thorough neurological examination, and electrodiagnostic testing with electromyography (EMG) and nerve conduction studies (NCS).
- When clinical evaluation and electrodiagnostic testing are inconclusive, MRI may allow for better identification and anatomic localization of lesions and is considered the gold standard for imaging of the peripheral nerve.
- The sensitivity and specificity of MRI findings for carpal tunnel syndrome are low (sensitivity, 23%–96%; specificity, 39%– 87%), and for this reason MRI imaging does not play a role in the routine clinical assessment of carpal tunnel syndrome. However, MRI of the wrist can help identify surgical candidates when clinical and electrodiagnostic findings are inconclusive.
- When caused by nerve entrapment or compression, focal neuropathies may benefit from surgical release or decompression. MRI can provide visualization of the cause of compression, rule out other causes of nerve injury, and allow for a more focused operative approach, particularly when surgery is considered to decompress common entrapment neuropathies of the ulnar, radial, and peroneal nerves.
- Sciatic, femoral, and pudendal neuropathies often occur secondary to trauma, compression, or entrapment of the affected nerve. These are often diagnosed clinically or localized with electrodiagnostic testing. MRI imaging of the pelvis may be indicated to assess for sources of compression, including occult malignancy.
- Meralgia paresthetica is the common term describing pathology of the lateral femoral cutaneous nerve of the thigh. The nerve is prone to injury and compression but may have a variable anatomic course. Meralgia paresthetica is primarily diagnosed by clinical history and exam, as neuroimaging and electrodiagnostic testing results may be difficult to interpret. Neuroimaging is most useful in cases of diagnostic uncertainty, particularly when surgical exploration and treatment are considered.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (PN-2)

v1.0.2025

1. Andreisek G, Crook DW, Burg D, Marincek B, Weishaupt D. Peripheral Neuropathies of the Median, Radial, and Ulnar Nerves: MR Imaging Features. *RadioGraphics*. 2006;26(5):1267-1287 doi: 10.1148/rg.265055712.
2. Linda DD, Harish S, Stewart BG, Finlay K, Parasu N, Rebello RP. Multimodality Imaging of Peripheral Neuropathies of the Upper Limb and Brachial Plexus. *RadioGraphics*. 2010;30(5):1373-1400. doi: 10.1148/rg.305095169.
3. Hobson-Webb LD, Juel VC. Common Entrapment Neuropathies. *Continuum (Minneap Minn)* . 2017;23(2):487-511. doi: 10.1212/con.0000000000000452
4. Tsivgoulis G, Alexandrov AV. Ultrasound in Neurology. Continuum (Minneap Minn). 2016;22(5):1655-1677. doi: 10.1212/con.0000000000000374.
5. Latef TJ, Bilal M, Vetter M, Iwanaga J, Oskouian RJ, Tubbs RS. Injury of the Radial Nerve in the Arm: A Review. Cureus. 2018;10(2):e2199. Published 2018 Feb 16. doi:10.7759/cureus.2199.
6. Kalia V, Jacobson JA. Imaging of Peripheral Nerves of the Upper Extremity. *Radiol Clin N Am*. 2019;57(5):1063-1071. doi: 10.1016/j.rcl.2019.04.001.
7. Luesma MJ, Galé I, Fernando J. Diagnostic and therapeutic algorithm for pudendal nerve entrapment syndrome. Algoritmo diagnóstico y terapéutico del síndrome de atrapamiento del nervio pudendo. *Med Clin (Barc)*. 2021;157(2):71-78. doi: 10.1016/j.medcli.2021.02.012.
8. Labat JJ, Riant T, Robert R, Amarenco G, Lefaucheur JP, Rigaud J. Diagnostic criteria for pudendal neuralgia by pudendal nerve entrapment (Nantes criteria). *Neurourol Urodyn*. 2008;27(4):306-310. doi: 10.1002/nau.20505.
9. Stoll G, Wilder-Smith E, Bendszus M. Imaging of the peripheral nervous system. Handb Clin Neurol. Published online 2013:137-153. doi: 10.1016/b978-0-444-52902-2.00008-4.
10. Levesque A, Bautrant E, Quistrebert V, et al. Recommendations on the management of pudendal nerve entrapment syndrome: A formalised expert consensus. Eur J Pain. 2022;26(1):7-17. doi:10.1002/ejp.1861.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Polyneuropathy (PN-3)

Guideline

Polyneuropathy (PN-3.1)
References (PN-3)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Polyneuropathy (PN-3.1)

PN.PN.0003.1.A
v1.0.2025

Poly-Disorder	EMG/NCV Initially?	Advanced Imaging	Comments
Polyneuropathies with Central Nervous System (CNS) Involvement	YES	If clinical findings point to abnormalities in those areas, then **ANY** of the following are indicated: • MRI Brain without and with contrast (CPT® 70553), **AND/OR** • MRI Cervical Spine without and with contrast (CPT® 72156), **AND/OR** • MRI Thoracic Spine without and with contrast (CPT® 72157), **AND/OR** • MRI Lumbar Spine without and with contrast (CPT® 72158)[6,7]	Examples: Guillain-Barré syndrome, inflammatory polyneuropathies unspecified, and Lyme disease
AIDS-Related Cytomegaloviral Neuropathy/ Radiculopathy[1]	YES	• MRI Lumbar Spine without and with contrast (CPT® 72158) • If concern for myelopathy, **ANY** of the following imaging are **ALSO** indicated: ◦ MRI Cervical Spine without and with contrast (CPT® 72156), **AND/OR** ◦ MRI Thoracic Spine without and with contrast (CPT® 72157)	• Often presents with urinary retention and a clinically confusing picture in the legs. • For myelopathic signs and symptoms, see **Myelopathy (SP-7.1)** .

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Poly-Disorder	EMG/NCV Initially?	Advanced Imaging	Comments
Chronic Inflammatory Demyelinating Polyneuropathy (CIDP)	YES	MRI Lumbar Spine without and with contrast (CPT® 72158) **AND/OR** MRI Cervical Spine without and with contrast (CPT® 72156) if diagnosis uncertain following EMG/NCV.[7] • For imaging requests of the brachial or lumbosacral plexus or muscle: See **Brachial Plexus (PN-4.1)**, **Lumbar and Lumbosacral Plexus (PN-5.1)**, and **Muscle Diseases (PN-8.5)**	
Multifocal Motor Neuropathy	YES	If diagnosis is uncertain following EMG/NCV, MRI of the Brachial Plexus is supported with **ONE** of the following: • MRI Upper Extremity other than joint without and with contrast (CPT® 73220) • MRI Chest without and with contrast (CPT® 71552) • MRI Neck without and with contrast (CPT® 70543)	
POEMS (Polyneuropathy, Organomegaly, Endocrinopathy, M-protein, Skin changes)	YES	Advanced imaging is for the non-neurological etiologies of this rare osteosclerotic plasmacytoma syndrome.	See **Multiple Myeloma and Plasmacytomas (ONC-25)** in the Oncology Imaging Guidelines.
Subacute Sensory Neuronopathy & Other Paraneoplastic Demyelinating Neuropathies	YES	• Advanced imaging should be guided by specific clinical concern (see relevant guideline). • For evaluation of suspected paraneoplastic syndromes, see **Paraneoplastic Syndromes (ONC-30.3)** in the Oncology Imaging Guidelines.	

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Background and Supporting Information

- Central Nervous System (CNS) Imaging (Brain and Spinal Cord) is not required for Polyneuropathy without CNS signs/symptoms.[6]
- Distal symmetric polyneuropathy is the most common pattern of generalized peripheral neuropathy. It is typically sensory predominant and may demonstrate neurological abnormalities including reduced or absent deep tendon reflexes (DTRs), reduced sensation to multiple testing modalities (vibration, proprioception, etc). In more advanced staging, mild motor weakness may be present. It is most often associated with diabetes and metabolic abnormalities. In the absence of atypical findings (such as asymmetrical presentation, significant weakness, or upper motor neuron exam findings such as hyperreflexia or spasticity), distal symmetric polyneuropathy does not require central nervous system (CNS) imaging.[6]

Evidence Discussion (PN-3.1)

- Polyneuropathies are typically diagnosed by a combination of clinical history, thorough neurological examination, lab work up, and electrodiagnostic testing with electromyography (EMG) and nerve conduction studies (NCS).
- For systemic polyneuropathies with potential for central nervous system (CNS) involvement, such as Lyme disease-related polyneuropathy and some inflammatory polyneuropathies, MRI imaging of the brain and/or spinal cord may be helpful identify typical patterns of involvement or to rule out other pathologies when clinical findings suggest CNS involvement.
- Neuropathy is the most common neurological complication of human immunodeficiency virus (HIV) infection and, in its most common form, is treated with symptom management and anti-viral therapy. However, other acquired immunodeficiency syndrome (AIDS)-related neurological disorders may be difficult to clinically differentiate from common HIV polyneuropathy and may require more aggressive treatment. Accurate diagnosis of AIDS-related cytomegalovirus (CMV) polyradiculopathy, HIV vasculitis, or AIDS-related motor neuron disease is required for appropriate treatment; MRI imaging of the spinal cord or nerve roots may assist with diagnosis when clinically indicated.
- Chronic acquired demyelinating polyneuropathies, including chronic inflammatory demyelinating polyneuropathy (CIDP) and multifocal motor neuropathy (MMN), are diagnosed by clinical history and results of electromyography and nerve conduction studies. If the diagnosis remains uncertain after these studies, neuroimaging may help establish the diagnosis. Evidence of lumbar nerve root involvement on MRI lumbar spine is supportive of a CIDP diagnosis. T2-weighted signal change on MRI of the brachial plexus is often present in MMN patients.
- POEMS (Polyneuropathy, Organomegaly, Endocrinopathy, M-protein, Skin Changes) syndrome is a disorder affecting multiple organ systems which occurs in the setting of a plasma cell disorder. Diagnosis is based on electrodiagnostic confirmation of polyneuropathy and work up of the underlying oncologic condition.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

- Electrodiagnostic testing can provide valuable findings in the investigation of some paraneoplastic polyneuropathies; however, identification of the underlying malignancy and appropriate oncological management are key to management.

PNND Imaging Guidelines

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (PN-3)

v1.0.2025

1. Harrison TB, Smith B. Neuromuscular Manifestations of HIV/AIDS. *J Clin Neuromuscul Dis*. 2011;13(2):68-84. doi: 10.1097/cnd.0b013e318221256f.
2. Eftimov F, Lucke IM, Querol LA, Rajabally YA, Verhamme C. Diagnostic challenges in chronic inflammatory demyelinating polyradiculoneuropathy. *Brain*. 2020;143(11):3214-3224. doi: 10.1093/brain/awaa265.
3. Saperstein D. Chronic Acquired Demyelinating Polyneuropathies. *Semin Neurol*. 2008;28(2):168-184. doi: 10.1055/s-2008-1062268.
4. Binks S, Uy C, Honnorat J, Irani SR. Paraneoplastic neurological syndromes: a practical approach to diagnosis and management. *Pract Neurol*. 2022;22(1):19-31. doi: 10.1136/practneurol-2021-003073.
5. Stoll G, Wilder-Smith E, Bendszus M. Imaging of the peripheral nervous system. *Handb Clin Neurol*. Published online 2013:137-153. doi: 10.1016/b978-0-444-52902-2.00008-4.
6. London ZN. A Structured Approach to the Diagnosis of Peripheral Nervous System Disorders. *Continuum (Minneap Minn)*. 2020;26(5):1130-1160. doi: 10.1212/con.0000000000000922.
7. Tazawa K, Matsuda M, Yoshida T, et al. Spinal nerve root hypertrophy on MRI: clinical significance in the diagnosis of chronic inflammatory demyelinating polyradiculoneuropathy.*Intern Med*. 2008;47(23):2019-2024. doi:10.2169/internalmedicine.47.1272.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Brachial Plexus (PN-4)

Guideline

Brachial Plexus (PN-4.1)
References (PN-4)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Brachial Plexus (PN-4.1)

PN.BP.0004.1.A
v1.0.2025

- EMG/NCV examination is required prior to advanced imaging except in cases of malignant infiltration or radiation plexitis as detailed below.[8-12]

Brachial Plexus Imaging		
Indication	**Imaging**	**Notes**
Malignant infiltration (EMG not required)	Any **ONE** of the following: • MRI Upper Extremity other than joint without contrast (CPT® 73218) • MRI Upper Extremity other than joint without and with contrast (CPT® 73220) • MRI Chest without contrast (CPT® 71550) • MRI Chest without and with contrast (CPT® 71552) • MRI Neck without contrast (CPT® 70540) • MRI Neck without and with contrast (CPT® 70543)	
Radiation plexitis to rule out malignant infiltration (EMG not required)		
Neurogenic Thoracic Outlet Syndrome (TOS)[10]		
Preoperative work up requiring evaluation of the brachial plexus		
Brachial plexitis (Parsonage-Turner Syndrome or painful brachial amyotrophy)	• Any **ONE** of the above studies **AND** • If there is concern for radiculopathy in addition to plexopathy, MRI Cervical Spine without contrast (CPT® 72141)	• For concern for cervical radiculopathy, see **Neck (Cervical Spine) Pain Without/With Neurological Features (Including Stenosis) and Trauma (SP-3)** • For details of brachial plexitis (Parsonage-Turner Syndrome), see **Background and Supporting Information**.
Traumatic injury[13]		

- MRI Chest and Neck are inherently bilateral, whereas MRI Upper Extremity is unilateral.
- If MRI is not available or is contraindicated, CT offers the next highest level of anatomic visualization and can characterize local osseous or vascular anatomy

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

and injury. In this circumstance, when the above criteria are met, only **ONE** of the following studies is indicated:
  - **CT Neck Soft Tissue** : CT Neck without contrast (CPT® 70490); **or** , CT Neck with contrast (CPT® 70491); **or** , CT Neck without and with contrast (CPT® 70492)
  - **CT Upper Extremity** : CT Upper Extremity without contrast (CPT® 73200); **or** , CT Upper Extremity with contrast (CPT® 73201); **or** , CT Upper Extremity without and with contrast (CPT® 73202)
  - **CT Chest** : CT Chest without contrast (CPT® 71250); **or** , CT Chest with contrast (CPT® 71260); **or** , CT Chest without and with contrast (CPT® 71270)
- MRI should be performed prior to consideration of PET imaging.
  - For PET imaging, see **PET Imaging in Oncology (ONC-1.4)** in the Oncology Imaging Guidelines.

Background and Supporting Information

- Brachial plexitis (Parsonage-Turner syndrome or painful brachial amyotrophy) is a self-limited syndrome characterized by initial shoulder region pain followed by weakness of specific muscles in a pattern which does not conform to involvement of a single root or distal peripheral nerve.

Evidence Discussion (PN-4.1)

- MRI is the imaging study of choice to evaluate the brachial plexus due to superior soft-tissue contrast and good spatial resolution, providing detailed definition of intraneural anatomy as well as localizing pathologic lesions in conditions in which electrodiagnostic and physical findings are nonspecific. A variety of findings may be seen within the brachial plexus on MRI, including increased T2 signal intensity, focal or diffuse enhancement, or enlargement or edema of nerve segments. Furthermore, signal abnormalities or atrophy in muscles supplied by the brachial plexus can help support a plexopathy. MRI is more sensitive than CT at identifying subtle infiltrative lesions regions or areas of enhancement.
- Regarding fluorine-18-2-fluoro-2-deoxy-D-glucose (FDG)-PET/CT, there is no relevant literature to support the use of FDG-PET/CT in the evaluation of traumatic or nontraumatic brachial plexopathy in the absence of a known malignancy.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (PN-4)

v1.0.2025

1. Wittenberg KH, Adkins MC. MR Imaging of Nontraumatic Brachial Plexopathies: Frequency and Spectrum of Findings. *RadioGraphics*. 2000;20(4):1023-1032. doi: 10.1148/radiographics.20.4.g00jl091023
2. Expert Panel on Neurological and Musculoskeletal Imaging, Boulter DJ, Job J, et al. ACR Appropriateness Criteria® Plexopathy: 2021 Update. *J Am Coll Radiol*. 2021;18(11S):S423-S441. doi:10.1016/j.jacr.2021.08.014.
3. Rubin DI. Brachial and lumbosacral plexopathies: A review. *Clin Neurophysiol Pract*. 2020;5:173-193. Published 2020 Aug 13. doi:10.1016/j.cnp.2020.07.005.
4. Qayyum A, MacVicar AD, Padhani AR, Revell P, Husband JES. Symptomatic Brachial Plexopathy following Treatment for Breast Cancer: Utility of MR Imaging with Surface-Coil Techniques. *Radiology*. 2000;214(3):837-842. doi: 10.1148/radiology.214.3.r00mr11837.
5. Gasparotti R, Shah L. Brachial and Lumbosacral Plexus and Peripheral Nerves. In: Hodler J, Kubik-Huch RA, von Schulthess GK, eds.*Diseases of the Brain, Head and Neck, Spine 2020–2023: Diagnostic Imaging*. Cham (CH): Springer; February 15, 2020.241-254.
6. Ohana M, Moser T, Moussaouï A, et al. Current and future imaging of the peripheral nervous system. *Diagn Interve Imaging*. 2014;95(1):17-26. doi: 10.1016/j.diii.2013.05.008.
7. Szaro P, McGrath A, Ciszek B, Geijer M. Magnetic resonance imaging of the brachial plexus. Part 1: Anatomical considerations, magnetic resonance techniques, and non-traumatic lesions. *Eur J Radiol Open*. 2022;9:100392. doi:1 0.1016/j.ejro.2021.100392.
8. Szaro P, Geijer M, Ciszek B, McGrath A. Magnetic resonance imaging of the brachial plexus. Part 2: Traumatic injuries. *Eur J Radiol Open*. 2022;9:100397. doi: 10.1016/j.ejro.2022.100397.
9. Magill ST, Brus-Ramer M, Weinstein PR, Chin CT, Jacques L. Neurogenic thoracic outlet syndrome: current diagnostic criteria and advances in MRI diagnostics. *Neurosurg*. 2015;39(3):E7. doi: 10.3171/2015.6.focus15219.
10. Mallouhi A, Marik W, Prayer D, Kainberger F, Bodner G, Kasprian G. 3T MR tomography of the brachial plexus: Structural and microstructural evaluation. *Eur JRadiol*. 2012;81(9):2231-2245. doi: 10.1016/j.ejrad.2011.05.021.
11. Gilcrease-Garcia BM, Deshmukh SD, Parsons MS. Anatomy, Imaging, and Pathologic Conditions of the Brachial Plexus. *RadioGraphics*. 2020;40(6):1686-1714. doi: 10.1148/rg.2020200012.
12. Wade RG, Takwoingi Y, Wormald JCR, et al. MRI for Detecting Root Avulsions in Traumatic Adult Brachial Plexus Injuries: A Systematic Review and Meta-Analysis of Diagnostic Accuracy. *Radiology*. 2019;293(1):125-133. doi: 10.1148/radiol.2019190218.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Lumbar and Lumbosacral Plexus (PN-5)

Guideline

Lumbar and Lumbosacral Plexus (PN-5.1)
References (PN-5)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Lumbar and Lumbosacral Plexus (PN-5.1)

PN.LP.0005.1.A
v1.0.2025

- EMG/NCV examination is required prior to advanced imaging.
  - EMG/NCV is **NOT** required if there is concern for malignant infiltration.
- For suspected lumbar and/or lumbosacral plexopathy, **ONE** of the following is indicated
  - MRI Pelvis without contrast (CPT® 72195) with fat suppression imaging, **OR**
  - MRI Pelvis without and with contrast (CPT® 72197) with fat suppression imaging, **OR**
  - MRI Abdomen without contrast (CPT® 74181) and MRI Pelvis without contrast (CPT® 72195) with fat suppression imaging, **OR**
  - MRI Abdomen without and with contrast (CPT® 74183) and MRI Pelvis without and with contrast (CPT® 72197) with fat suppression imaging
- If suspected lumbar and/or lumbosacral plexopathy is due to a traumatic injury, then MRI Lumbar Spine without contrast (CPT® 72148) is **ALSO** indicated.
  - See **Low Back (Lumbar Spine) Trauma (SP-6.2)**
- If MRI is not available or is contraindicated, CT offers the next highest level of anatomic visualization and can characterize local osseous or vascular anatomy and injury. In this circumstance, when requested for suspected lumbar and/or lumbosacral plexopathy, **EITHER** of the following is indicated:
  - CT Pelvis with contrast (CPT® 72193), **OR**
  - CT Abdomen and Pelvis with contrast (CPT® 74177)
- For PET imaging, see **PET Imaging in Oncology (ONC-1.4)** in the Oncology Imaging Guidelines.

Background and Supporting Information

- Lumbar and lumbosacral plexopathy may be caused by any of the following:
  - Malignant infiltration
  - Radiation
  - Traumatic injury
  - Inflammation including sarcoidosis and infection
  - Toxic including iatrogenic during delivery (obstetric) or related to nerve blocks (ex. Botox®)
  - Metabolic including etiologies including diabetes

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Evidence Discussion (PN-5.1)

- MRI is the imaging study of choice to evaluate the lumbosacral plexus due to superior soft-tissue contrast and good spatial resolution, providing detailed definition of intraneural anatomy as well as localizing pathologic lesions in conditions in which electrodiagnostic and physical findings are nonspecific. Abnormal MRI findings in lumbosacral plexopathies include increased T2 signal intensity, focal or diffuse enhancement, or enlargement or edema of nerve segments. MRI is more sensitive than CT at identifying subtle infiltrative lesions, although CT may be useful to assess for psoas hematoma.
- Regarding fluorine-18-2-fluoro-2-deoxy-D-glucose (FDG)-PET/CT, there is no relevant literature to support the use of FDG-PET/CT in the evaluation of traumatic or nontraumatic lumbosacral plexopathy in the absence of a known malignancy.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (PN-5)

v1.0.2025

1. Expert Panel on Neurological and Musculoskeletal Imaging, Boulter DJ, Job J, et al. ACR Appropriateness Criteria® Plexopathy: 2021 Update.*J Am Coll Radiol*. 2021;18(11S):S423-S441. doi:10.1016/j.jacr.2021.08.014.
2. Pinto MV, Ng PS, Howe BM, et al. Lumbosacral Radiculoplexus Neuropathy. *Neurology*. 2021;96(16):e2098-e2108. doi: 10.1212/wnl.0000000000011799.
3. Dyck PJB, Thaisetthawatkul P. Lumbosacral Plexopathy. *Continuum (Minneap Minn)*. 2014;20:1343-1358. doi: 10.1212/01.con.0000455877.60932.d3.
4. Rubin DI. Brachial and lumbosacral plexopathies: A review. *Clin Neurophysiol Pract*. 2020;5:173-193. Published 2020 Aug 13. doi:10.1016/j.cnp.2020.07.005.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Muscle Disorders (PN-6)

Guideline

Muscle Disorders (PN-6)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Muscle Disorders (PN-6)

v1.0.2025

- See **Neuromuscular Junction Disorders (PN-8.4)**
- See **Muscle Disease (PN-8.5)**
- See **Gaucher Disease (Storage Disorders) (PN-8.6)**

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Magnetic Resonance Neurography (MRN) (PN-7)

Guideline

Magnetic Resonance Neurography (MRN) (PN-7.1)
References (PN-7)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Magnetic Resonance Neurography (MRN) (PN-7.1)

PN.MR.0007.1.A
v1.0.2025

- MRN is supported when **ALL** of the following criteria are met:
  - The study is to evaluate a traumatic or compressive focal neuropathy **or** a brachial plexus injury.
  - The study is requested by a neurosurgeon, orthopedic surgeon, neurologist, or podiatrist after an in-person clinical evaluation **AND** when surgery is being considered.
  - EMG/NCV has been performed and results provided.
  - The diagnosis remains unclear following prior imaging of the region with x-ray, ultrasound, or conventional imaging (CT or MRI).
    - For conventional imaging criteria, see **Focal Neuropathy (PN-2.1)** and **Brachial Plexus (PN-4.1)**.
- MRN is reported as **ONE** of the following:
  - Unlisted MRI procedure code (CPT® 76498), **OR**
  - MRI extremity with **ONE** of the following codes:
    - MRI Upper Extremity, other than joint, without contrast (CPT® 73218)
    - MRI Upper Extremity, other than joint, without and with contrast (CPT® 73220)
    - MRI Lower Extremity, other than joint, without contrast (CPT® 73718)
    - MRI Lower Extremity, other than joint, without and with contrast (CPT® 73720)
- MRN for **ANY** other indication is considered **NOT medically necessary** at this time, including for assessment of lumbosacral plexopathy, neuromuscular disease, and polyneuropathy.

Background and Supporting Information

Magnetic resonance neurography utilizes standard MRI equipment with sequences and technology that allow for optimized viewing of the peripheral nerve. MRN creates greater contrast between the nerve and other surrounding soft tissue to allow a detailed view of the nerve tissue and layers. This allows for more accurate diagnosis of the location and degree of nerve injury.

Evidence Discussion (PN-7.1)

- Magnetic resonance neurography (MRN) offers advantages over standard MRI imaging by utilizing sequences and technology that optimize viewing of the peripheral nerve. MRN presents no increased risk to safety over standard MRI.1 MRN is a non-

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

invasive, accurate, reliable method of demonstrating normal and abnormal nerve and assessing regional muscle denervation with good surgical correlation to findings.

- Efficacy and reliability of MRN have been clinically validated in the diagnosis and localization of traumatic and compressive focal neuropathies and brachial plexus injuries for the purpose of surgical consideration. A clinical study assessing the impact of MRN data on surgical planning noted that review of MRN altered the suspected nerve involvement in 23% and changed the nerve injury grade in 27% of patients studied. Surgeons reported MRN altered their determination of the need for surgery in 63%, timing of surgery in 41%, length of skin incision in 27%, and time in the operating room in 30% of cases reviewed. This data suggests that MRN may improve the selection of candidates for surgical repair of these lesions and may narrow the focus of surgery.
- There is insufficient literature to support the role of MRN for evaluation of other pathologies, including but not limited to, lumbosacral plexopathy, neuromuscular disease, and polyneuropathy. Thus, MRN is considered not medically necessary at this time for indications other than traumatic and compressive focal neuropathies and brachial plexus injuries.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (PN-7)

v1.0.2025

1. Chhabra A, Belzberg AJ, Rosson GD, et al. Impact of high resolution 3 tesla MR neurography (MRN) on diagnostic thinking and therapeutic patient management. *Eur Radiol*. 2016;26(5):1235-1244. doi: 10.1007/s00330-015-3958-y.
2. Chhabra A, Madhuranthakam AJ, Andreisek G. Magnetic resonance neurography: current perspectives and literature review. *Eur Radiol*. 2018;28(2):698-707. doi: 10.1007/s0030-017-4976-8.
3. Holzgrefe RE, Wagner ER, Singer AD, Daly CA. Imaging of the peripheral nerve: concepts and future direction of magnetic resonance neurography and ultrasound. *J Hand Surg Am*. 2019;44(12):1066-1079. doi: 10.1016/i.ihsa.2019.06.021.
4. Sneag DB, Queler S. Technological advancements in magnetic resonance neurography. *Curr Neurol Neurosci Rep*. 2019;19(10):75. Published 2019 Aug 24. doi: 10.1007/s11910-019-0996-x.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Neuromuscular Disorders (PN-8)

Guideline

Motor Neuron Disease/Amyotrophic Lateral Sclerosis (ALS) (PN-8.1)
Spinal Muscular Atrophy (PN-8.2)
Fasciculations (PN-8.3)
Neuromuscular Junction Disorders (PN-8.4)
Muscle Diseases (PN-8.5)
Gaucher Disease (Storage Disorders) (PN-8.6)
References (PN-8)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Motor Neuron Disease/Amyotrophic Lateral Sclerosis (ALS) (PN-8.1)

PN.ND.0008.1.A

v1.0.2025

- A neurological examination is **NOT** required for an individual with established diagnosis of motor neuron disease/ALS **or** when diagnosis is suspected by a neurologist, geneticist, or a physical medicine and rehabilitation (PM&R) specialist.
- For initial evaluation of suspected motor neuron disease/ALS, **ANY** of the following are indicated
  - **Brain** : MRI Brain without contrast (CPT® 70551) **or** MRI Brain without and with contrast (CPT® 70553), **AND/OR**
  - **Cervical Spine** : MRI Cervical Spine without contrast (CPT® 72141) **or** MRI Cervical Spine without and with contrast (CPT® 72156), **AND/OR**
  - Thoracic Spine: MRI Thoracic Spine without contrast (CPT® 72146) **or** MRI Thoracic Spine without and with contrast (CPT® 72157), **AND/OR**
  - **Lumbar Spine** : MRI Lumbar Spine without contrast (CPT® 72148) **or** MRI Lumbar Spine without and with contrast (CPT® 72158)
- Repeat imaging can be evaluated based on the appropriate **Spine Imaging Guidelines.**

Background and Supporting Information

- Evidence of lower motor neuron dysfunction in a muscle may include clinical examination of muscle weakness/wasting or EMG abnormalities to meet the criteria for the diagnosis of ALS.
- Motor Neuron Diseases (also known as Anterior Horn Cell Diseases) are heterogeneous and encompass either upper motor neurons, or lower motor neurons, or both. Upper motor neurons begin in the cerebral cortex and descend into the brainstem (corticobulbar), or spinal cord, where there is a connection to the lower motor neuron that exits the central nervous system and reaches out to the muscle.
  - The various types can be divided into the areas so affected:
    - Amyotrophic Lateral Sclerosis (Lou Gehrig's disease) – both Upper and Lower Motor Neurons
    - Primary Lateral Sclerosis – Upper Motor Neurons
    - Progressive Muscular Atrophy – Lower Motor Neurons
    - Progressive Bulbar Palsy – Rare and limited to bulbar muscles (muscles innervated by the Cranial Nerves – dysarthria and dysphagia)
  - Other rare conditions:

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

  - Monomelic Amyotrophy (Hirayama disease)
  - Spinal Bulbar Muscular Atrophy (Kennedy Disease)
- Signs of lower motor neuron pathology include weakness, fasciculations, atrophy, decreased muscle tone, decreased reflexes, and a plantar extensor response (Babinski sign).
- Signs of upper motor neuron pathology include weakness, increased muscle tone, increased reflexes, and a plantar flexor response.[11]

Evidence Discussion (PN-8.1)

MRI of the Brain and/or Spine is indicated to evaluate for amyotrophic lateral sclerosis (ALS)-associated changes as well as evaluation for disorders that may mimic ALS.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Spinal Muscular Atrophy (PN-8.2)

PN.ND.0008.2.A

v1.0.2025

- Molecular genetic testing is the standard tool for diagnosis for the early consideration in any infant with weakness or hypotonia.
  - MRI is **NOT** supported for diagnosis in children, unless other diseases are being considered. See **Spinal Muscular Atrophy (PEDPN-5.1)** .
- In individuals with adult-onset disease, the differential includes later-onset motor neuron disorders, such as ALS
  - For these conditions, advanced imaging is indicated when upper and lower motor neuron findings are present. For imaging, see **Motor Neuron Disease/ Amyotrophic Lateral Sclerosis (ALS) (PN-8.1)**.

Evidence Discussion (PN-8.2)

- Spinal Muscular Atrophy (SMA) is a genetic/hereditary disorder. Molecular genetic testing is the standard tool for diagnosis of Spinal Muscular Atrophy (SMA). MRI is NOT supported for diagnosis of SMA unless other diseases are being considered.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Fasciculations (PN-8.3)

PN.ND.0008.3.A
v1.0.2025

Fasciculations are involuntary, irregular movements of muscle caused by activation of a single motor unit that may be secondary to benign or non-benign etiologies.[12]

- **ALL** of the following evaluations are required prior to advanced imaging:
  - **History and physical exam** should include documentation of the following: time course of symptoms, areas of involvement, weakness, and any associated symptoms such as pain, sensory loss, or bowel or bladder dysfunction.
  - **EMG/NCV evaluation**
  - **Laboratory evaluation** (e.g., complete blood count; comprehensive metabolic panel; serum calcium; thyroid function testing; vitamin B12 level; sed rate; ANA; rheumatoid factor; serum protein electrophoresis with immunofixation; Lyme testing; HIV testing; testing for heavy metals; etc.)

  In the setting of clinical concern for radiculopathy, neuromuscular disorders, or muscle disorders, see the following imaging guidelines:
  - **Neuromuscular Junction Disorders (PN-8.4)**
  - **Muscle Diseases (PN-8.5)**
  - **Neck (Cervical Spine) Pain without and with Neurological Features (Including Stenosis) (SP-3.1)**
  - **Lower Extremity Pain with Neurological Features (Radiculopathy, Radiculitis, or Plexopathy and Neuropathy) with or without Low Back (Lumbar Spine) Pain (SP-6.1)**
- In the presence of upper motor neuron signs (e.g. increased tone; hyperreflexia; presence of Babinski or Hoffman signs) when there is concern for motor neuron disease, including amyotrophic lateral sclerosis (ALS), **ANY** of the following CNS studies are indicated:
  - **Brain** : MRI Brain without contrast (CPT® 70551) **or** MRI Brain without and with contrast (CPT® 70553), **AND/OR**
  - **Cervical Spine** : MRI Cervical Spine without contrast (CPT® 72141) **or** MRI Cervical Spine without and with contrast (CPT® 72156), **AND/OR**
  - **Thoracic Spine** : MRI Thoracic Spine without contrast (CPT® 72146) **or** MRI Thoracic Spine without and with contrast (CPT® 72157)
  - See **Motor Neuron Disease/Amyotrophic Lateral Sclerosis (ALS) (PN-8.1)**
- **Lumbar Spine** : Lumbar spine imaging is **NOT** indicated unless there is sphincter involvement **or** there is a need to rule out lower motor neuron etiologies in the lower extremities (e.g., lumbar radiculopathy). See the following Spine Imaging Guidelines:
  - **Red Flag Indications (SP-1.2)**

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

- **Lower Extremity Pain with Neurological Features (Radiculopathy, Radiculitis, or Plexopathy and Neuropathy) with or without Low Back (Lumbar Spine) Pain (SP-6.1)**

Evidence Discussion (PN-8.3)

- Fasciculations in isolation are usually benign, especially when they occur repetitively for seconds at a single site and in a single muscle. Fasciculations are more likely to be pathologic if they occur simultaneously in multiple muscles or if they are associated with objective weakness, atrophy, or hyperreflexia.
- Although fasciculations are characteristic of Motor Neuron Disease/Amyotrophic Lateral Sclerosis (MND/ALS) and may occur in other neurological conditions, they are also a very common occurrence in the general population, being noticed by about 70% of normal healthy individuals.
- EMG/NCV evaluation may help differentiate patients with benign fasciculations from those who warrant further investigation.
- Appropriate laboratory evaluation and imaging would depend on suspected etiology.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Neuromuscular Junction Disorders (PN-8.4)

PN.ND.0008.4.A
v1.0.2025

Myasthenia Gravis (MG)

- For imaging requests related to ptosis and ocular movements associated with MG, see **Eye Disorders and Visual Loss (HD-32.1)**
- After an established diagnosis of MG or when MG is suspected by a neurologist, rheumatologist, or ophthalmologist, ONE of the following is indicated to assess for MG related thymic disease:[13,16]
  - CT Chest with contrast (CPT® 71260), **OR**
  - CT Chest without contrast (CPT® 71250), **OR**
  - MRI Chest without and with contrast (CPT® 71552), **OR**
  - MRI Chest without contrast (CPT® 71550)
- Repeat of **ANY ONE** of the above imaging studies is indicated if the initial imaging study was negative for **ANY** of the following scenarios:
  - Symptoms of chest mass
  - Rising anti-striated muscle antibody titers
  - Need for pre-operative evaluation (clinical presentation, electro-diagnostic studies, and antibody titers)

Lambert–Eaton Myasthenic Syndrome (LEMS)

Lambert–Eaton Myasthenic Syndrome (LEMS) is associated with malignancies, especially small cell lung cancer.

- For a suspected diagnosis, **ANY** of the following are indicated: CT Chest with contrast (CPT® 71260) **AND/OR** CT Abdomen and Pelvis with contrast (CPT® 74177)[17,18]
  - See **Paraneoplastic Syndromes (ONC-30.3)**
- If initial CT was negative and there is persistent suspicion, **ANY** of the above imaging studies are indicated every 6 months for 2 years from date of initial negative imaging.[17,18]
  - See **Paraneoplastic Syndromes (ONC-30.3)**

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Stiff-Person Syndrome

Stiff-person syndrome is associated with cancers such as, but not limited to, small cell lung cancer, pancreatic neuroendocrine cancer, and breast cancer.[19,20]

- If Stiff-person syndrome is suspected based on clinical findings, **ANY** of the following are indicated:
  - **Abdomen/Pelvis** : CT Abdomen and Pelvis with contrast (CPT® 74177) **or** CT Abdomen and Pelvis without and with contrast (CPT® 74178); **OR** , MRI Abdomen without and with contrast (CPT® 74183) **and** MRI Pelvis without and with contrast (CPT® 72197)
  - **Chest** : CT Chest with contrast (CPT® 71260) **or** CT Chest without contrast (CPT® 71250)
  - **Symptomatic Body Areas** : CT with contrast **or** MRI without and with contrast of any other symptomatic body areas
  - See **Paraneoplastic Syndromes (ONC-30.3)**

Background and Supporting Information

- Myasthenia gravis is an autoimmune disease of the neuromuscular junctions, manifested by fatigable weakness of the cranial nerves (examples - ocular: ptosis, diplopia; bulbar: dysphagia, dysarthria, dysphonia), as well as generalized limb weakness, depending on the severity of the disease. Associated antibodies: acetylcholine receptor (AChR), muscle specific kinase (MuSK).
- Lambert Eaton Myasthenic Syndrome (LEMS) is also an autoimmune disease affecting the neuromuscular junction presenting with ocular and bulbar symptoms and proximal limb weakness. Associated antibodies: P/Q voltage-gated calcium channel (VGCC).
- LEMS can occur as a paraneoplastic syndrome associated with malignancy (cancer-associated LEMS) or as an autoimmune phenomenon in the absence of malignancy (non-tumor LEMS). Between 50% and 60% of all LEMS cases are associated with malignancy, particularly small cell lung carcinoma (SCLC), although LEMS has been described in individuals with non–small cell and mixed-cell lung carcinomas, neuroendocrine tumors such as prostate cancer, thymoma, and lymphoproliferative disorders.[17]
- Stiff-person syndrome is an autoimmune disease associated with muscle spasm and muscle rigidity affecting the trunk and limb muscles. Associated antibodies: Glutamic acid decarboxylase (GAD).

Evidence Discussion (PN-8.4)

- In patients with Myasthenia Gravis, advanced chest imaging with CT or MRI is preferred over X-Ray for the evaluation of thymic disease and for planned thymectomy.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

- Lambert-Eaton Myasthenic Syndrome has been associated with malignancies. Initial and repeat imaging with CT of Chest and/or Abdomen and Pelvis are supported to evaluate for associated cancers, especially small cell lung cancer and neuroendocrine tumors.
- Stiff-Person Syndrome has been associated with malignancies. Initial and repeat imaging of the Chest and/or Abdomen and/or Pelvis and/or any symptomatic body area with CT Chest and/or CT Abdomen and Pelvis or MRI Abdomen and/or Pelvis and/or CT or MRI of any symptomatic body area are supported to evaluate for associated cancers, such as small cell lung cancer, pancreatic neuroendocrine cancer, and breast cancer.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Muscle Diseases (PN-8.5)

PN.ND.0008.5.A
v1.0.2025

- MRI may be helpful in demonstrating abnormalities in muscles that are difficult to examine or not clinically weak and can help distinguish between different types of muscle disease. MRI is also useful in determining sites for muscle biopsy.

Imaging for Muscle Disease		
Disease	**Indication**	**Imaging**
Any Known or Suspected Muscle Disease	To plan muscle biopsy	Typically an affected muscle is imaged. ◦ Upper Extremity: MRI Upper Extremity other than joint without contrast (CPT® 73218); **OR** , MRI Upper Extremity other than joint without and with contrast (CPT® 73220)* **AND/OR** ◦ Lower Extremity: MRI Lower Extremity other than joint without contrast (CPT® 73718); **OR** , MRI Lower Extremity other than joint without and with contrast (CPT® 73720)* * When indication column criteria are met, bilateral studies are supported if requested
Myopathy or Myositis	Additional evaluation after clinical exam, EMG/NCV, **OR** labs	
Inflammatory Muscle Diseases ◦ Dermatomyositis ◦ Polymyositis ◦ Inclusion body myositis	◦ Evaluation of differential diagnosis ◦ Selection of biopsy site ◦ Clinical concern for progression ◦ Treatment monitoring ◦ Detection of occult malignancy	

- For interstitial lung disease associated with inflammatory myopathies, see **Interstitial Lung Disease (ILD)/Diffuse Lung Disease (DLD) (CH-11.1)** in the Chest Imaging Guidelines.
- For dermatomyositis and polymyositis with concern for occult neoplasm, see **Paraneoplastic Syndromes (ONC-30.3)** in the Oncology Imaging Guidelines.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Evidence Discussion (PN-8.5)

- MRI is supported in known or suspected muscle disease to identify involved muscle(s). MRI may highlight muscle edema and pathology at the potential biopsy site.2 MRI is helpful to avoid a false-negative biopsy.
- The ordering of tests should be based on the differential diagnosis arrived at by the history and examination. Laboratory evaluation is often a critical initial step to guide further investigations. Nerve conduction studies and EMG aid in making the diagnosis of neuromuscular disorders and are best conceptualized as extensions of the history and neurologic examination.
- MRI of the affected muscle is supported in the evaluation of patients with suspected Inflammatory Myopathy to help identify a reversible etiology such as Immune-Mediated Necrotizing Myopathy.
- MRI of affected muscle is supported in the diagnosis and follow-up of patients with Inflammatory Myopathies, such as Dermatomyositis, Polymyositis and Inclusion Body Myositis to identify disease specific patterns and evaluate response to treatment.
- Inflammatory Muscle Diseases, including Dermatomyositis and Polymyositis, have been associated with malignancy. Initial and repeat imaging with CT Chest and/or Abdomen and Pelvis are supported to evaluate for associated cancers, such as adenocarcinomas.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Gaucher Disease (Storage Disorders) (PN-8.6)

PN.ND.0008.6.A
v1.0.2025

Imaging for Gaucher Disease
Initial Imaging
• MRI Lumbar Spine without contrast (CPT® 72148) • Bilateral femurs with MRI Lower Extremity, other than joint, without contrast (CPT® 73718) • MRI Abdomen without contrast (CPT® 74181) • DEXA scan • CT Chest without contrast (CPT® 71250) for individuals with new or worsening pulmonary symptoms
Every 12 months
• To assess treatment response for individuals on enzyme replacement therapy or assess disease progression for individuals in surveillance ◦ MRI Lumbar Spine without contrast (CPT® 72148) ◦ Bilateral femurs with MRI Lower Extremity, other than joint, without contrast (CPT® 73718) ◦ MRI Abdomen without contrast (CPT® 74181) ◦ CT Chest without contrast (CPT® 71250) for individuals with documented pulmonary involvement
New or worsening pulmonary symptoms
• CT Chest without contrast (CPT® 71250)
DEXA scans
• Every 12-24 months until it is normal • Enzyme replacement therapy dose change • Every 3 years
Acute bone pain

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Imaging for Gaucher Disease
• X-ray ◦ MRI of affected areas with and without contrast if x-ray is non-diagnostic or indicates the need for further imaging, such as equivocal for osteonecrosis, infection, or malignancy

- PET/CT imaging is considered not medically necessary in the evaluation of Gaucher disease. ^{18}F-FDG does not reliably detect Gaucher disease in the marrow, and other isotopes are not yet FDA-approved for clinical use.

Background and Supporting Information

- Gaucher disease is group of autosomal recessive inborn errors of metabolism characterized by lack of the enzyme acid ß-glucuronidase with destructive ceramide storage in various tissues. Gaucher disease is a treatable disorder (enzyme replacement) in which the liver, spleen, and bone marrow/bones are the most affected organs. Diagnosis is established by decreased enzyme activity or genetic testing.
- Three major types of Gaucher disease are recognized:
  - **Type I** (non-neuropathic form or adult form): progressive hepatomegaly, splenomegaly, anemia and thrombocytopenia, and marked skeletal involvement; lungs and kidneys may also be involved, but central nervous system is spared
  - **Type II** (acute neuropathic form or infantile form): severe progressive neurological involvement and death by 2 to 4 years of age; hepatomegaly, splenomegaly, is also present (usually evident by 6 months of age)
  - **Type III** : type I with neurological involvement and slowly progressive disease. Onset may be present before two years of age with survival to the third or fourth decade of life.
- Additionally, there is a perinatal-lethal and a cardiovascular form. The cardiovascular form involves the heart, spleen and eyes. Note that cardiopulmonary complications may be present, with varying frequency and severity, in all subtypes.
- Individuals with Gaucher disease are at risk for osteonecrosis, osteomyelitis, and bony tumors

Evidence Discussion (PN-8.6)

- Initial imaging and lifelong re-imaging is supported due to Gaucher Disease progressive, multisystem involvement.
- Due to bone involvement, including increased risk for Multiple Myeloma, Skeletal X-rays, MRI of Lumbar Spine and MRI Bilateral Femurs are supported. Delineating extent of disease can have positive impact on developing appropriate treatment strategies.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

- Dual-energy x-ray absorptiometry (DXA) Scan is supported to evaluate for bone disease including increased risk of osteoporosis. This study helps to predict and avoid pathologic fractures.
- CT is the preferred study for the evaluation of lung parenchyma and is supported to evaluate for pulmonary involvement.
- MRI Abdomen is supported to evaluate for associated visceral disease, such as hepatic, splenic and biliary disease. This Modality has better signal to noise ration and soft tissue contrast helping to make more precise diagnosis.
- The role of PET/CT imaging in Gaucher Disease is yet to be established. In the absence of malignancy, PET/CT is not considered medically necessary in the evaluation of Gaucher disease. Unnecessary use of this study would expose the patient to excess radiation and noncontributory imaging.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (PN-8)

v1.0.2025

1. Kollewe K, Körner S, Dengler R, Petri S, Mohammadi B. Magnetic resonance imaging in amyotrophic lateral sclerosis. *Neurol Res Int*. 2012;2012:608501. doi: 10.1155/2012/608501.
2. Filippi M, Agosta F, Abrahams S, et al. EFNS guidelines on the use of neuroimaging in the management of motor neuron diseases. *Eur J Neurol*. 2010;17(4):526-e20. doi: 10.1111/j.1468-1331.2010.02951.x.
3. Agosta F, Spinelli EG, Filippi M. Neuroimaging in amyotrophic lateral sclerosis: current and emerging uses. *Expert Rev Neurother*. 2018;18(5):395-406. doi: 10.1080/14737175.2018.1463160.
4. Garg N, Park SB, Vucic S, et al. Differentiating lower motor neuron syndromes. *J Neurol Neurosurg Psychiatry*. 2017;88(6):474-483. doi: 10.1136/jnnp-2016-313526.
5. Shefner JM, Al-Chalabi A, Baker MR, et al. A proposal for new diagnostic criteria for ALS. *Clin Neurophysiol*. 2020;131(8):1975-1978. doi: 10.1016/j.clinph.2020.04.005.
6. Glascock J, Sampson J, Haidet-Phillips A, et al. Treatment Algorithm for Infants Diagnosed with Spinal Muscular Atrophy through Newborn Screening. *J Neuromuscul Dis*. 2018;5(2):145-158. doi: 10.3233/JND-180304.
7. Silveira-Moriyama L, Paciorkowski AR. Genetic Diagnostics for Neurologists.*Continuum (Minneap Minn)*. 2018;24(1, Child Neurology):18-36. doi: 10.1212/CON.0000000000000556.
8. Hatcher-Martin JM, Adams JL, Anderson ER, et al. Telemedicine in neurology: Telemedicine Work Group of the American Academy of Neurology update. *Neurology®*. 2020;94(1):30-38. doi:10.1212/WNL.0000000000008708
9. Prior TW, Leach ME, Finanger E. Spinal Muscular Atrophy. In: Adam MP, Everman DB, Mirzaa GM, et al., eds. *GeneReviews® [Internet]*. 2000 Feb 24; [Updated 2020 Dec 3]. Seattle (WA). University of Washington, Seattle. 1993-2022.
10. Filippakis A, Jara J, Ventura N, et al. A prospective study of benign fasciculation syndrome and anxiety. *Muscle Nerve*. 2018;58(6):852-854. doi: 10.1002/mus.26193.
11. Quinn C, Elman L. Amyotrophic Lateral Sclerosis and Other Motor Neuron Diseases. *Continuum (Minneap Minn)*. 2020;26(5):1323-1347. doi: 10.1212/CON.0000000000000911.
12. Bashford J, Chan WK, Coutinho E, Norwood F, Mills K, Shaw CE. Demystifying the spontaneous phenomena of motor hyperexcitability.*Clin Neurophysiol*. 2021;132(8):1830-1844. doi:10.1016/j.clinph.2021.03.053
13. National Comprehensive Cancer Network® (NCCN®). NCCN Clinical Practice Guidelines in Oncology (NCCN Guidelines®): Thymoma and Thymic Carcinomas Version 1.2024. November 21, 2023. Referenced with permission from the NCCN Clinical Practice Guidelines in Oncology (NCCN Guidelines®) for Thymoma and Thymic Carcinomas V.1.2024. ©National Comprehensive Cancer Network, Inc. 2024. All rights reserved. Accessed May 24, 2024. The NCCN Guidelines® and illustrations herein may not be reproduced in any form for any purpose without the express written permission of the NCCN. To view the most recent and complete version of the NCCN Guidelines®, go online to NCCN.org.
14. Narayanaswami P, Sanders DB, Wolfe G, et al. International Consensus Guidance for Management of Myasthenia Gravis: 2020 Update. *Neurology*. 2021;96(3):114-122. doi: 10.1212/WNL.0000000000011124.
15. Hehir MK 2nd, Li Y. Diagnosis and Management of Myasthenia Gravis. *Continuum (Minneap Minn)*. 2022;28(6):1615-1642. doi: 10.1212/CON.0000000000001161.
16. Tuan PA, Vien MV, Dong HV, Sibell D, Giang BV. The Value of CT and MRI for Determining Thymoma in Patients with Myasthenia Gravis. *Cancer Control*. 2019;26(1):1073274819865281. doi:10.1177/1073274819865281.
17. Raja SM. Lambert-Eaton Myasthenic Syndrome and Botulism. *Continuum (Minneap Minn)*. 2022;28(6):1596-1614. doi: 10.1212/CON.0000000000001205.
18. Kesner VG, Oh SJ, Dimachkie MM, Barohn RJ. Lambert-Eaton Myasthenic Syndrome. *Neurol Clin*. 2018;36(2):379-394. doi: 10.1016/j.ncl.2018.01.008.
19. Newsome SD, Johnson T. Stiff person syndrome spectrum disorders; more than meets the eye. *J Neuroimmunol*. 2022;369:577915. doi: 10.1016/j.jneuroim.2022.577915.
20. Dade M, Berzero G, Izquierdo C, et al. Neurological Syndromes Associated with Anti-GAD Antibodies. *Int J Mol Sci*. 2020;21(10):3701. Published 2020 May 24. doi: 10.3390/ijms21103701.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

21. Manousakis G. Inflammatory Myopathies. *Continuum (Minneap Minn)*. 2022;28(6):1643-1662. doi: 10.1212/CON.0000000000001179.
22. Malartre S, Bachasson D, Mercy G, et al. MRI and muscle imaging for idiopathic inflammatory myopathies. *Brain Pathol*. 2021;31(3):e12954. doi: 10.1111/bpa.12954.
23. Goyal NA. Inclusion Body Myositis. *Continuum (Minneap Minn)*. 2022;28(6):1663-1677. doi: 10.1212/CON.0000000000001204.
24. Maas M, Poll LW, Terk MR. Imaging and quantifying skeletal involvement in Gaucher disease. *Br J Radiol*. 2002;75(suppl_1):A13-A24. doi: 10.1259/bjr.75.suppl_1.750013.
25. Giraldo P, Pocoví M, Pérez-Calvo J, Rubio-Félix D, Giralt M. Report of the Spanish Gaucher's disease registry: clinical and genetic characteristics. *Haematologica*. 2000;85(8):792-799.
26. London ZN. A Structured Approach to the Diagnosis of Peripheral Nervous System Disorders. *Continuum (Minneap Minn)*. 2020;26(5):1130-1160. doi: 10.1212/CON.0000000000000922.
27. Silvestri NJ. A Symptoms and Signs Approach to the Patient with Neuromuscular Weakness. *Continuum (Minneap Minn)*. 2022;28(6):1580-1595. doi: 10.1212/CON.0000000000001150.
28. Pastores GM, Hughes DA. Gaucher Disease. In: Adam MP, Ardinger HH, Pagon RA, et al., eds. *GeneReviews® [Internet]*. 2000 Jul 27 [Updated 2018 Jun 21]. Seattle (WA): University of Washington, Seattle; 1993-2022. Available from: https://www.ncbi.nlm.nih.gov/books/NBK1269/.
29. Degnan AJ, Ho-Fung VM, Ahrens-Nicklas RC, et al. Imaging of non-neuronopathic Gaucher disease: recent advances in quantitative imaging and comprehensive assessment of disease involvement. *Insights Imaging*. 2019;10(1). doi: 10.1186/s13244-019-0743-5.
30. Kaplan P, Baris H, De Meirleir L, et al. Revised recommendations for the management of Gaucher disease in children. *Eur JPediatr*. 2012;172(4):447-458. doi: 10.1007/s00431-012-1771-z.
31. Simpson WL, Hermann G, Balwani M. Imaging of Gaucher Disease. *World J Radiol*. 2014;6(9):657-668. doi: 10.4329/wjr.v6.i9.657.
32. Leeuwenberg KE, van Alfen N, Christopher-Stine L, et al. Ultrasound can differentiate inclusion body myositis from disease mimics. *Muscle Nerve*. 2020;61(6):783-788. doi: 10.1002/mus.26875.
33. Tudorancea AD, Ciurea PL, Vreju AF, et al. A Study on Dermatomyositis and the Relation to Malignancy. *Curr Health Sci J*. 2021;47(3):377-382. doi: 10.12865/CHSJ.47.03.07.
34. Lancaster E. Paraneoplastic Disorders. *Continuum (Minneap Minn)*. 2017;23(6, Neuro-oncology):1653-1679. doi: 10.1212/CON.0000000000000542.
35. Guimaraes JB, Cavalcante WCP, Cruz IAN, et al. Musculoskeletal Ultrasound in Inclusion Body Myositis: A Comparative Study with Magnetic Resonance Imaging. *Ultrasound Med Biol*. 2021;47(8):2186-2192. doi: 10.1016/j.ultrasmedbio.2021.04.019.
36. Day JA, Bajic N, Gentili S, Patel S, Limaye V. Radiographic patterns of muscle involvement in the idiopathic inflammatory myopathies. *Muscle Nerve*. 2019;60(5):549-557. doi: 10.1002/mus.26660.
37. Pilania K, Jankharia B. Role of MRI in idiopathic inflammatory myopathies: a review article. *Acta Radiol*. 2022;63(2):200-213. doi: 10.1177/0284185121990305.
38. Guimarães JB, Nico MA, Omond AG, et al. Diagnostic Imaging of Inflammatory Myopathies: New Concepts and a Radiological Approach. *Curr Rheumatol Rep*. 2019;21(3):8. Published 2019 Feb 14. doi: 10.1007/s11926-019-0807.
39. Flanagan EP. Paraneoplastic Disorders of the Nervous System. *Continuum (Minneap Minn)*. 2020; 26(6): 1602-1628. doi: 10.1212/CON.0000000000000941.
40. Izenberg A. Amyotrophic Lateral Sclerosis and Other Motor Neuron Diseases. Continuum (Minneap Minn). 2023;29(5):1538-1563. doi:10.1212/CON.0000000000001345
41. Oskoui M, Servais L. Spinal Muscular Atrophy. Continuum (Minneap Minn). 2023;29(5):1564-1584. doi:10.1212/CON.0000000000001338
42. Montalvo A, Swash M, de Carvalho M. Benign fasciculations: A follow-up study with electrophysiological studies. Muscle Nerve. 2021
43. Expert Panel on Thoracic Imaging, Ackman JB, Chung JH, et al. ACR Appropriateness Criteria® Imaging of Mediastinal Masses. J Am Coll Radiol. 2021;18(5S):S37-S51. doi:10.1016/j.jacr.2021.01.007
44. Joyce NC, Oskarsson B, Jin LW. Muscle biopsy evaluation in neuromuscular disorders. Phys Med Rehabil Clin N Am. 2012;23(3):609-631. doi:10.1016/j.pmr.2012.06.006

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

45. Walters J, Baborie A. Muscle biopsy: what and why and when?. Pract Neurol. 2020;20(5):385-395. doi:10.1136/practneurol-2019-002465
46. Wu MJ, Liao WA, Lin PY, Sun YT. Muscle Biopsy: A Requirement for Precision Medicine in Adult-Onset Myopathy. J Clin Med. 2022;11(6):1580. Published 2022 Mar 13. doi:10.3390/jcm11061580

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Peripheral Nerve Sheath Tumors (PNST) (PN-9)

Guideline

Peripheral Nerve Sheath Tumors (PNST) (PN-9.1)
References (PN-9)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Peripheral Nerve Sheath Tumors (PNST) (PN-9.1)

PN.NS.0009.1.A
v1.0.2025

PNST such as Schwannomas or Neurofibromas arise from Schwann cells or other connective tissue of the nerve. They can be located anywhere in the body.

When Peripheral Nerve Sheath Tumors (PNST) is suspected, the following advanced imaging is indicated:	
Suspected Lesion/Indication	**Imaging**
Vestibular Schwannoma	• MRI Brain without and with contrast (CPT® 70553) See **Acoustic Neuroma and Other Cerebellopontine Angle Tumors (HD-33.1)** in the Head Imaging Guidelines
Paraspinal Neurofibroma	**ANY** of the following imaging: • MRI Cervical Spine without and with contrast (CPT® 72156), **AND/OR** • MRI Thoracic Spine without and with contrast (CPT® 72157), **AND/OR** • MRI Lumbar Spine without and with contrast (CPT® 72158)
Neurofibroma of the Limb or Torso (other than Paraspinal)	• MRI without and with contrast or without contrast of the area of interest after plain x-ray* ◦ See **Soft Tissue Mass (MS-10.1)** in the Musculoskeletal Imaging Guidelines *Plain x-ray is not required in an individual with a cancer predisposition syndrome. • See **Screening Imaging in Cancer Predisposition Syndromes (PEDONC-2)** in the Pediatric and Special Populations Oncology Imaging Guidelines

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Routine follow-up imaging is NOT indicated *except in the following scenarios:*	
Suspected Lesion/Indication	**Imaging**
New symptoms or neurological findings	• MRI without and with contrast of the known body area containing PNST
Post-operatively for ANY of the following scenarios: • At the discretion of or in consultation with the surgeon; • If the tumor was not completely removed and the imaging is requested to re-establish baseline	• MRI without and with contrast of the known body area containing PNST or from which PNST was removed
Request for metastatic work-up when malignant transformation is known or suspected	**ANY** of the following imaging: • CT Chest with contrast (CPT® 71260) **AND/OR** • CT Abdomen with contrast (CPT® 74160)

- For guidelines related to known malignancies in individuals with Neurofibromatosis 1 (NF1), see the appropriate imaging guideline for the specific cancer type.

Background and Supporting Information

- The role of PET imaging in Peripheral Nerve Sheath Tumors is not yet well established.[8]
- Malignant transformation may be present in approximately 5% of Peripheral Nerve Sheath Tumors.

Evidence Discussion (PN-9.1)

- Peripheral Nerve Sheath Tumors (PNSTs) may arise from any body region. PNSTs are susceptible to malignant transformation. Therefore, MRI of the known or suspected body region is supported for evaluation.
- MRI is the preferred imaging modality for soft tissue tumors, such as PNSTs, and is a relatively safe imaging modality since radiation exposure is not involved. The role of PET imaging in Peripheral Nerve Sheath Tumors is not yet well established. Otherwise, PET imaging in this clinical scenario would not add any clinical value and would unnecessarily expose patients to radiation.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (PN-9)

v1.0.2025

1. Ahlawat S, Blakeley JO, Langmead S, Belzberg AJ, Fayad LM. Current status and recommendations for imaging in neurofibromatosis type 1, neurofibromatosis type 2, and schwannomatosis. *Skelet Radiol*. 2019;49(2):199-219. doi: 10.1007/s00256-019-03290-1.
2. Soldatos T, Fisher S, Karri S, Ramzi A, Sharma R, Chhabra A, Advanced MR Imaging of Peripheral Nerve Sheath Tumors Including Diffusion Imaging. *Semin Musculoskelet Radiol*. 2015;19(02):179-190. doi: 10.1055/s-0035-1546823.
3. Zhang J, Li Y, Zhao Y, Qiao J. CT and MRI of superficial solid tumors. *Quant Imaging Med Surg*. 2018;8(2):232-251. doi: 10.21037/qims.2018.03.03.
4. Rosser T. Neurocutaneous Disorders. *Continuum (Minneap Minn)*. 2018;24(1):96-129. doi: 10.1212/con.0000000000000562.
5. Dare AJ, Gupta AA, Thipphavong S, Miettinen M, Gladdy RA. Abdominal neoplastic manifestations of neurofibromatosis type 1. *Neuro-Oncol Adv*. 2020;2(Supplement_1):i124-i133. doi: 10.1093/noajnl/vdaa032.
6. Bruno F, Arrigoni F, Mariani S, et al. Advanced magnetic resonance imaging (MRI) of soft tissue tumors: techniques and applications. *Radiol Med*. 2019;124(4):243-252. doi: 10.1007/s11547-019-01035-7.
7. Ruggieri M, Polizzi A, Marceca GP, Catanzaro S, Praticò AD, Di Rocco C. Introduction to phacomatoses (neurocutaneous disorders) in childhood. *Childs Nerv Syst*. 2020;36(10):2229-2268. doi: 10.1007/s00381-020-04758-5.
8. Assadi M, Velez E, Najafi MH, Matcuk G, Gholamrezanezhad A. PET Imaging of Peripheral Nerve Tumors. *PET Clinics*. 2019;14(1):81-89. doi: 10.1016/j.cpet.2018.08.013.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Nuclear Imaging (PN-10)

Guideline

Nuclear Imaging (PN-10.1)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Nuclear Imaging (PN-10.1)

PN.NI.0010.1.A
v1.0.2025

- Nuclear Medicine
  - Nuclear medicine studies are **NOT** indicated in the evaluation of peripheral nerve disorders.

Evidence Discussion (PN-10)

- Though PET has well established roles in disorders other than peripheral neuropathies, the resolution of PET is on the order of millimeters, which limits its usefulness in evaluation of peripheral nerve disorders. As a result, PET may be most useful for nerve injury in combination with higher resolution structural imaging such as MRI.
- Fusion PET/MRIs role in peripheral nerve injuries is less defined and still largely limited to animal studies as an alternative non-invasive diagnostic modality.
- At this time, the use of PET/MRI for Peripheral Nerve Disease is considered not medically necessary.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Table of Contents

Guideline

General Information
Genetic Predisposition to Arterial Disease
Cerebrovascular Imaging
Aortic Imaging
Peripheral Arterial Imaging
Venous Imaging

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

General Information

Guideline

Abbreviations and Glossary for the PVD Imaging Guidelines
General Guidelines (PVD-1.0)
General Information (PVD-1.1)
Procedure Coding (PVD-1.2)
General Guidelines – Imaging (PVD-1.3)
Nuclear Medicine Imaging indications (PVD-10.1)
References

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Abbreviations and Glossary for the PVD Imaging Guidelines

v1.0.2025

(See also:Cardiac Imaging Guidelines Glossary)

AAA	Abdominal aortic aneurysm
ABI	Ankle brachial index: a noninvasive, non-imaging test for arterial insufficiency – (see toe-brachial index below). This testing can also be done after exercise if resting results are normal.
Claudication or intermittent claudication	usually a painful cramping sensation of the legs with walking or severe leg fatigue
CLI	Critical Limb Ischemia
CTA	Computed tomography angiography
CTV	Computed tomography venography
DLCO	Diffusion capacity: defined as the volume of carbon monoxide transferred into the blood per minute per mmHg of carbon monoxide partial pressure
DVT	Deep venous thrombosis
ECG	Electrocardiogram
ENT	Ears, Nose, Throat
EVAR	Endovascular Aneurysm Repair
HbA1C	Hemoglobin A1C: test used to determine blood sugar control for individuals with diabetes
MRA	Magnetic resonance angiography

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

MRV	Magnetic resonance venography
PAD	Peripheral artery disease
PAH	Pulmonary artery hypertension
PFT	Pulmonary function tests
PVD	Peripheral vascular disease
PSV ratio	Peak systolic velocities
SVC	Superior vena cava
TEVAR	Thoracic Endovascular Aortic Repair
TIA	Transient ischemic attack
TTE	Transthoracic echocardiogram
Toe-Brachial Index	Useful in individuals with ABI above the normal range due to non-compressible posterior tibial or dorsalis pedis arteries
V/Q Scan	Ventilation and perfusion scan

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

General Guidelines (PVD-1.0)

PVD.GG.0001.0.A
v1.0.2025

Procedure Coding (PVD-1.2)

Non-Invasive Physiologic Studies of Extremity Arteries	CPT®
• Limited bilateral noninvasive physiologic studies of upper or lower extremity arteries. • Non-invasive physiologic studies of upper or lower extremity arteries, single level, bilateral (e.g., ankle/brachial indices, Doppler waveform analysis, volume plethysmography, transcutaneous oxygen tension measurement).	93922
• Complete bilateral noninvasive physiologic studies of upper or lower extremity arteries, 3 or more levels. • Non-invasive physiologic studies of upper or lower extremity arteries, multiple levels or with provocative functional maneuvers, complete bilateral study (e.g., segmental blood pressure measurements, segmental Doppler waveform analysis, segmental volume plethysmography, segmental transcutaneous oxygen tension measurements, measurements with postural provocative tests, measurements with reactive hyperemia).	93923

- CPT® 93922 and CPT® 93923 can be requested and reported only once for the upper extremities and once for the lower extremities.
- CPT® 93922 and CPT® 93923 should not be ordered on the same request nor billed together for the same date of service.
- CPT® 93924 and CPT® 93922 and/or CPT® 93923 should not be ordered on the same request and should not be billed together for the same date of service.
- ABI studies performed with handheld dopplers, where there is no hard copy output for evaluation of bidirectional blood flow, are not reportable by these codes.

Non-Invasive Physiologic Studies of Extremity Arteries	CPT®
Non-invasive physiologic studies of lower extremity arteries, at rest and following treadmill stress testing, complete bilateral study.	93924

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Arterial Duplex – Upper and Lower Extremities	CPT®
Duplex scan of lower extremity arteries or arterial bypass grafts; complete bilateral.	93925
• A complete duplex scan of the lower extremity arteries includes examination of the full length of the common femoral, superficial femoral and popliteal arteries. • The iliac, deep femoral, and tibioperoneal arteries may also be examined.	
Duplex scan of lower extremity arteries or arterial bypass grafts; unilateral or limited study.	93926
• The limited study is reported when only one extremity is examined or when less than a full examination is performed (e.g. only one or two vessels or follow-up).	
Duplex scan of upper extremity arteries or arterial bypass grafts; complete bilateral.	93930
• A complete duplex of the upper extremity arteries includes examination of the subclavian, axillary, and brachial arteries. • The radial and ulnar arteries may also be included.	
Duplex scan of upper extremity arteries or arterial bypass grafts; unilateral or limited study.	93931
• The limited study is reported when only one extremity is examined or when less than a full examination is performed (e.g. only one or two vessels or follow-up).	

Cerebrovascular Artery Studies	CPT®
Duplex scan of extracranial arteries; complete bilateral study.	93880
Duplex scan of extracranial arteries; unilateral or limited study.	93882
• This study is often referred to as a “carotid ultrasound” or “carotid duplex”. • Typically, it includes evaluation of the common, internal, and external carotid arteries.	

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Transcranial Doppler Studies	CPT®
Transcranial Doppler study of the intracranial arteries; complete study	93886
Transcranial Doppler study of the intracranial arteries; limited study	93888
Transcranial Doppler vasoreactivity study	93890
Transcranial Doppler study of the intracranial arteries; emboli detection without intravenous microbubble injection	93892
Transcranial Doppler study of the intracranial arteries; emboli detection with intravenous microbubble injection	93893

Venous Studies - Extremities	CPT®
Duplex scan of extremity veins, including responses to compression and other maneuvers; complete bilateral study.	93970
Duplex scan of extremity veins, including responses to compression and other maneuvers; unilateral or limited study.	93971
• These codes are used to report studies of lower or upper extremity veins. • A complete bilateral study of the lower extremity veins includes examination of the common femoral, proximal deep femoral, great saphenous and popliteal veins. Calf veins may also be included. • A complete bilateral study of upper extremity veins includes examination of the subclavian, jugular, axillary, brachial, basilica, and cephalic veins. Forearm veins may also be included.	

Visceral Vascular Studies	CPT®
Duplex scan of arterial inflow and venous outflow of abdominal, pelvic, scrotal contents and/or retroperitoneal organs; complete study.	93975
Duplex scan of arterial inflow and venous outflow of abdominal, pelvic, scrotal contents and/or retroperitoneal organs; limited study	93976

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Visceral Vascular Studies	CPT®
Duplex scan of aorta, inferior vena cava, iliac vasculature, or bypass grafts; complete study	93978
Duplex scan of aorta, inferior vena cava, iliac vasculature, or bypass grafts; unilateral or limited study	93979

Duplex for Hemodialysis Access	CPT®
Duplex scan of hemodialysis access (including arterial inflow, body of access and venous outflow).	93990
Duplex scan of arterial inflow and venous outflow for preoperative vessel assessment prior to creation of hemodialysis access; complete bilateral study	93985
Duplex scan of arterial inflow and venous outflow for preoperative vessel assessment prior to creation of hemodialysis access; complete unilateral study	93986

General Guidelines (PVD-1.0)

- A pertinent clinical evaluation, or meaningful technological contact (telehealth visit, telephone call, electronic mail or messaging), is required prior to considering advanced imaging, including relevant medical treatments and a vascular history and physical that includes (when applicable):
  - Palpation of pulses
  - Evaluation of lower extremities for presence of non-healing wounds or gangrene
  - Associated skin changes such as thickened nails, absence of hair in the feet or calves, cool extremities
  - Evaluation for the presence of arterial bruits
  - Appropriate laboratory studies
  - Non-advanced imaging modalities, such as recent ABIs (within 60 days) after symptoms started or worsened
- ABI should be measured first:
  - If normal, then further vascular studies are generally not indicated.
  - If clinical suspicion for PAD remains high with normal ABI's, exercise ABI's (CPT® 93924) can be performed on a treadmill to elicit ischemia

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

  - The TBI (toe-brachial index) is used to establish the diagnosis of PAD in the setting of non-compressible arteries (ABI ≥1.40) and may also be used to assess perfusion in individuals with suspected CLI (rest pain and/or non-healing wound)
- If a prior imaging study (Ultrasound, MRA, CTA, Catheter angiogram, etc.) has been completed for a condition, a follow-up, additional, or repeat study for the same condition is generally not indicated unless there has been a change in the individual's condition, previous imaging showed an indeterminate finding, or eviCore healthcare guidelines support routine follow-up imaging.
- Runoff studies (CPT® 75635 for CTA or CPT® 74185, CPT® 73725, and CPT® 73725 for MRA) image from the umbilicus to the feet
  - CTA Abdomen and lower extremities should be reported as CPT® 75635, rather than using the individual CPT® codes for the abdomen, pelvis, and legs
  - MRA Abdomen, MRA Pelvis and MRA Lower extremities should be reported as CPT® 74185, CPT® 73725, and CPT® 73725. The CPT® code for MRA Pelvis (CPT® 72198) should not be included in this circumstance.

General Information (PVD-1.1)

- Risk factors for vascular disease include:
  - Diabetes
  - Cigarette smoking
  - Hypertension
  - Hyperlipidemia
  - Age >50, with at least one risk factor, are considered "at risk" for vascular disease
  - See also: **Impotence/Erectile Dysfunction (PV-17)** in the Pelvis Imaging Guidelines.
- Signs and symptoms of peripheral arterial disease
  - Claudication (Cramping pain in the legs, most notably back of the calves but can involve hips or thighs, after walking which is relieved with rest but recurs at a predictable distance)
    - Symptoms that are not consistent with claudication include
      - Generalized leg pain
      - Nocturnal cramps
      - Pain that is not easily relieved after a few minutes of rest
      - Burning pain in feet
  - Critical limb ischemia
    - Rest pain: Pain in the foot (not leg) at rest, particularly at night when the leg is elevated. Pain is relieved by dangling the leg off the bed or moving to an upright position

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

        - Non-healing wounds: Wounds present for >2 weeks with little to no evidence of healing
    - Erectile dysfunction can be associated with vascular disease
- Claudication and critical limb ischemia have different natural histories. Claudication generally follows a benign indolent course. 70% of individuals with claudication will have the same symptoms after five years with no progression. Critical limb ischemia, on the other hand, is associated with a high rate of limb loss (25%) and death (35%) one year after presentation
- Simultaneous venous and arterial systems evaluation are unusual but are occasionally needed
- Post-angioplasty/reconstruction: follow-up imaging is principally guided by symptoms. See also:
    - **Post Aortic Endovascular/Open Surgery Surveillance Studies (PVD-6.8)**
    - **Post-Procedure Surveillance Studies (PVD-7.3)**

General Guidelines – Imaging (PVD-1.3)

- Imaging Studies:
    - Carotid studies MRA Neck (CPT® 70543) or CTA Neck (CPT® 70491) capture the area from the top of the aortic arch (includes the origin of the innominate artery, common carotid artery, and subclavian artery, which gives off the vertebral artery) to the base of the skull.
    - CTA or MRA Abdomen (CPT® 74175 or CPT® 74185) images from the diaphragm to the umbilicus or iliac crest
    - CTA or MRA Chest (CPT® 71275 or CPT® 71555) images from the base of the neck to the dome of the liver
    - Runoff studies (CPT® 75635 for CTA or CPT® 74185, CPT® 73725, and CPT® 73725 for MRA) image from the umbilicus to the feet
        - CTA Abdomen and lower extremities should be reported as CPT® 75635, rather than using the individual CPT® codes for the abdomen, pelvis, and legs
        - MRA Abdomen, MRA Pelvis and MRA Lower extremities should be reported as CPT® 74185, CPT® 73725, and CPT® 73725. The CPT® code for MRA Pelvis (CPT® 72198) should not be included in this circumstance
    - Studies used to quantify plaque morphology in noncoronary vessels (CPT® 0710T, CPT® 0711T, CPT® 0712T, CPT® 0713T) are considered experimental, investigational, or unproven.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

General Information (PVD-1.1)

PVD.GG.0001.1.A
v1.0.2025

- Risk factors for vascular disease include:
  - Diabetes
  - Cigarette smoking
  - Hypertension
  - Hyperlipidemia
  - Age >50, with at least one risk factor, are considered “at risk” for vascular disease
  - See also: **Impotence/Erectile Dysfunction (PV-17)** in the Pelvis Imaging Guidelines.
- Signs and symptoms of peripheral arterial disease
  - Claudication (Cramping pain in the legs, most notably back of the calves but can involve hips or thighs, after walking which is relieved with rest but recurs at a predictable distance)
    - Symptoms that are not consistent with claudication include
      - Generalized leg pain
      - Nocturnal cramps
      - Pain that is not easily relieved after a few minutes of rest
      - Burning pain in feet
  - Critical limb ischemia
    - Rest pain: Pain in the foot (not leg) at rest, particularly at night when the leg is elevated. Pain is relieved by dangling the leg off the bed or moving to an upright position
    - Non-healing wounds: Wounds present for >2 weeks with little to no evidence of healing
  - Erectile dysfunction can be associated with vascular disease
- Claudication and critical limb ischemia have different natural histories. Claudication generally follows a benign indolent course. 70% of individuals with claudication will have the same symptoms after five years with no progression. Critical limb ischemia, on the other hand, is associated with a high rate of limb loss (25%) and death (35%) one year after presentation
- Simultaneous venous and arterial systems evaluation are unusual but are occasionally needed
- Post-angioplasty/reconstruction: follow-up imaging is principally guided by symptoms. See also:
  - **Post Aortic Endovascular/Open Surgery Surveillance Studies (PVD-6.8)**
  - **Post-Procedure Surveillance Studies (PVD-7.3)**

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Procedure Coding (PVD-1.2)

PVD.GG.0001.2.A
v1.0.2025

Non-Invasive Physiologic Studies of Extremity Arteries	CPT®
• Limited bilateral noninvasive physiologic studies of upper or lower extremity arteries. • Non-invasive physiologic studies of upper or lower extremity arteries, single level, bilateral (e.g., ankle/brachial indices, Doppler waveform analysis, volume plethysmography, transcutaneous oxygen tension measurement).	93922
• Complete bilateral noninvasive physiologic studies of upper or lower extremity arteries, 3 or more levels. • Non-invasive physiologic studies of upper or lower extremity arteries, multiple levels or with provocative functional maneuvers, complete bilateral study (e.g., segmental blood pressure measurements, segmental Doppler waveform analysis, segmental volume plethysmography, segmental transcutaneous oxygen tension measurements, measurements with postural provocative tests, measurements with reactive hyperemia).	93923

- CPT® 93922 and CPT® 93923 can be requested and reported only once for the upper extremities and once for the lower extremities.
- CPT® 93922 and CPT® 93923 should not be ordered on the same request nor billed together for the same date of service.
- CPT® 93924 and CPT® 93922 and/or CPT® 93923 should not be ordered on the same request and should not be billed together for the same date of service.
- ABI studies performed with handheld dopplers, where there is no hard copy output for evaluation of bidirectional blood flow, are not reportable by these codes.

Non-Invasive Physiologic Studies of Extremity Arteries	CPT®
Non-invasive physiologic studies of lower extremity arteries, at rest and following treadmill stress testing, complete bilateral study.	93924

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Arterial Duplex – Upper and Lower Extremities	CPT®
Duplex scan of lower extremity arteries or arterial bypass grafts; complete bilateral.	93925
• A complete duplex scan of the lower extremity arteries includes examination of the full length of the common femoral, superficial femoral and popliteal arteries. • The iliac, deep femoral, and tibioperoneal arteries may also be examined.	
Duplex scan of lower extremity arteries or arterial bypass grafts; unilateral or limited study.	93926
• The limited study is reported when only one extremity is examined or when less than a full examination is performed (e.g. only one or two vessels or follow-up).	
Duplex scan of upper extremity arteries or arterial bypass grafts; complete bilateral.	93930
• A complete duplex of the upper extremity arteries includes examination of the subclavian, axillary, and brachial arteries. • The radial and ulnar arteries may also be included.	
Duplex scan of upper extremity arteries or arterial bypass grafts; unilateral or limited study.	93931
• The limited study is reported when only one extremity is examined or when less than a full examination is performed (e.g. only one or two vessels or follow-up).	

Cerebrovascular Artery Studies	CPT®
Duplex scan of extracranial arteries; complete bilateral study.	93880
Duplex scan of extracranial arteries; unilateral or limited study.	93882
• This study is often referred to as a “carotid ultrasound” or “carotid duplex”. • Typically, it includes evaluation of the common, internal, and external carotid arteries.	

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Transcranial Doppler Studies	CPT®
Transcranial Doppler study of the intracranial arteries; complete study	93886
Transcranial Doppler study of the intracranial arteries; limited study	93888
Transcranial Doppler vasoreactivity study	93890
Transcranial Doppler study of the intracranial arteries; emboli detection without intravenous microbubble injection	93892
Transcranial Doppler study of the intracranial arteries; emboli detection with intravenous microbubble injection	93893

Venous Studies - Extremities	CPT®
Duplex scan of extremity veins, including responses to compression and other maneuvers; complete bilateral study.	93970
Duplex scan of extremity veins, including responses to compression and other maneuvers; unilateral or limited study.	93971
• These codes are used to report studies of lower or upper extremity veins. • A complete bilateral study of the lower extremity veins includes examination of the common femoral, proximal deep femoral, great saphenous and popliteal veins. Calf veins may also be included. • A complete bilateral study of upper extremity veins includes examination of the subclavian, jugular, axillary, brachial, basilica, and cephalic veins. Forearm veins may also be included.	

Visceral Vascular Studies	CPT®
Duplex scan of arterial inflow and venous outflow of abdominal, pelvic, scrotal contents and/or retroperitoneal organs; complete study.	93975
Duplex scan of arterial inflow and venous outflow of abdominal, pelvic, scrotal contents and/or retroperitoneal organs; limited study	93976

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Visceral Vascular Studies	CPT®
Duplex scan of aorta, inferior vena cava, iliac vasculature, or bypass grafts; complete study	93978
Duplex scan of aorta, inferior vena cava, iliac vasculature, or bypass grafts; unilateral or limited study	93979

Duplex for Hemodialysis Access	CPT®
Duplex scan of hemodialysis access (including arterial inflow, body of access and venous outflow).	93990
Duplex scan of arterial inflow and venous outflow for preoperative vessel assessment prior to creation of hemodialysis access; complete bilateral study	93985
Duplex scan of arterial inflow and venous outflow for preoperative vessel assessment prior to creation of hemodialysis access; complete unilateral study	93986

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

General Guidelines – Imaging (PVD-1.3)

PVD.GG.0001.3.A
v1.0.2025

- Imaging Studies:
  - Carotid studies MRA Neck (CPT® 70543) or CTA Neck (CPT® 70491) capture the area from the top of the aortic arch (includes the origin of the innominate artery, common carotid artery, and subclavian artery, which gives off the vertebral artery) to the base of the skull.
  - CTA or MRA Abdomen (CPT® 74175 or CPT® 74185) images from the diaphragm to the umbilicus or iliac crest
  - CTA or MRA Chest (CPT® 71275 or CPT® 71555) images from the base of the neck to the dome of the liver
  - Runoff studies (CPT® 75635 for CTA or CPT® 74185, CPT® 73725, and CPT® 73725 for MRA) image from the umbilicus to the feet
    - CTA Abdomen and lower extremities should be reported as CPT® 75635, rather than using the individual CPT® codes for the abdomen, pelvis, and legs
    - MRA Abdomen, MRA Pelvis and MRA Lower extremities should be reported as CPT® 74185, CPT® 73725, and CPT® 73725. The CPT® code for MRA Pelvis (CPT® 72198) should not be included in this circumstance
  - Studies used to quantify plaque morphology in noncoronary vessels (CPT® 0710T, CPT® 0711T, CPT® 0712T, CPT® 0713T) are considered experimental, investigational, or unproven.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Nuclear Medicine Imaging indications (PVD-10.1)

PVD.GG.0010.1.A
v1.0.2025

- Nuclear medicine studies are rarely used in the evaluation of peripheral vascular disorders but are indicated in the following circumstances:
  - Lymphoscintigraphy (CPT® 78195) is indicated for evaluation of lower extremity lymphedema when recent Doppler ultrasound of the lower extremity and abdomen are negative for valvular insufficiency.
  - Vascular flow imaging (CPT® 78445) is an obsolete study that has been replaced by MRA, CTA, or Duplex ultrasonography, and is not supported for any indication at this time.
  - Venous thrombosis imaging (CPT® 78456, CPT® 78457, and CPT® 75458) are obsolete studies that have been replaced by MRA, CTA, or Duplex ultrasonography, and are not supported for any indication at this time.
  - Indium 111 (^{111}In)–labeled white blood cell (WBC) or Gallium-67 citrate studies (CPT® 78800, CPT® 78801, CPT® 78802, or CPT® 78803) can be approved for evaluation of the following:
    - Mycotic aneurysms.
    - Vascular graft infection.
    - Infection of central venous catheter or other indwelling device.
  - PET/CT (CPT® 78815) can be approved if all of the following apply:
    - Clinical suspicion of aortic infection (graft or native aorta) AND
    - CT-angiogram is equivocal/indeterminate AND
    - Neither Indium-111 nor Gallium-67 studies have been performed, AND are not available (or not technically feasible)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References

v1.0.2025

1. Gerhard-Herman MD, Gornik HL, Barrett C, et al. 2016 AHA/ACC Guideline on the management of patients with lower extremity peripheral artery disease. *J Am Coll Cardiol*. 2017 Mar 69 (11):1467-1508.
2. Conte MS, Pomposelli FB, et al. Society for Vascular Surgery practice guidelines for atherosclerotic occlusive disease of the lower extremities: management of asymptomatic disease and claudication [published correction appears in J Vasc Surg. 2015 May;61(5):1382]. *J Vasc Surg*. 2015;61(3 Suppl):2S-41S. doi:10.1016/j.jvs.2014.12.009.
3. Aboyans V, Criqui MH, Abraham P, et al. Measurement and interpretation of the ankle-brachial index: a scientific statement from the American Heart Association [published correction appears in Circulation. 2013 Jan 1;127(1):e264]. *Circulation*. 2012;126(24):2890-2909.
4. Drachman DE, Beckman JA. The Exercise Ankle-Brachial Index: A Leap Forward in Noninvasive Diagnosis and Prognosis. *JACC Cardiovasc Interv.* 2015;8(9):1245-1247. doi:10.1016/j.jcin.2015.06.006.
5. Herraiz-Adillo Á, Cavero-Redondo I, Álvarez-Bueno C, Pozuelo-Carrascosa DP, Solera-Martínez M. The accuracy of toe brachial index and ankle brachial index in the diagnosis of lower limb peripheral arterial disease: A systematic review and meta-analysis. *Atherosclerosis*. 2020;315:81-92. doi:10.1016/j.atherosclerosis.2020.09.026.
6. Lucinian YA, Lamarche, Y, Demers P, Martineau P, Harel F, Pelletier-Galarneau M. FDG-PET/CT for the Detection of Infection Following Aortic Root Replacement Surgery. *JACC: Cardiovascular Imaging*. 2020: 13; 1447-1448.
7. Keidar Z, Engel A, Hoffman A, Israel O, Nitecki S. Prosthetic Vascular Graft Infection: The Role of 18F-FDG PET/CT. *J Nucl Med*. 2007; 48:1230–1236.
8. Wassélius J, Malmstedt J, Kalin B, Larsson S, Sundin A, Hedin U, and Jacobsson H. High 18F-FDG Uptake in Synthetic Aortic Vascular Grafts on PET/CT in Symptomatic and Asymptomatic Patients. *J Nucl Med*. 2008; 49:1601–1605.
9. Fukuchi K, Ishida Y, Higashi M, Tsunekawa T, Ogino H, Minatoya K, et al. Detection of aortic graft infection by fluorodeoxyglucose positron emission tomography: Comparison with computed tomographic findings. *J Vasc Surg.* 2005;42:919-925.
10. Dibble EH, Yoo DC, Baird GL, Noto RB. FDG PET/CT of Infection: Should It Replace Labeled Leukocyte Scintigraphy of Inpatients? *AJR* .2019; 213:1358–1365.
11. Lauri C, Iezzi R, Rossi M, Tinelli G , Sica S, Signore A et al. Imaging Modalities for the Diagnosis of Vascular Graft Infections: A Consensus Paper amongst Different Specialists. *J Clin Med*. 2020, 9, 1510; doi:10.3390/jcm9051510.
12. Chakfé N, Diener H, Lejay A, et al. Editor's Choice – European Society for Vascular Surgery (ESVS) 2020 Clinical Practice Guidelines on the Management of Vascular Graft and Endograft Infections. *Eur J Vasc Endovasc Surg*. 2020; 59: 339-384.
13. Reinders Folmer EI, Von Meijenfeldt GCI, Van der Laan MJ, Glaudemans AWJM, Slart RHJA, Saleem BR, Zeebregts CJ. Diagnostic Imaging in Vascular Graft Infection: A Systematic Review and Meta-Analysis. *Eur J Vasc Endovasc Surg*. 2018; 56:719-729.
14. Puges M, Bérard X, Ruiz JB, Debordeaux F, Desclaux A, Stecken L, Pereyre S et al. Retrospective Study Comparing WBC scan and 18F-FDG PET/CT in Patients with Suspected Prosthetic Vascular Graft Infection. *Eur J Vasc Endovasc Surg*. 2019; 57: 876-884.
15. Saleem BR, Berger P, Vaartjes I, et al. Modest utility of quantitative measures in 18F-fluorodeoxyglucose positron emission tomography scanning for the diagnosis of aortic prosthetic graft infection. *J Vasc Surg.* 2015;61:965-971.
16. Reinders Folmer EI, von Meijenfeldt GCI, Te Riet Ook Genaamd Scholten RS, et al. A systematic review and meta-analysis of ^{18}F-fluoro-d-deoxyglucose positron emission tomography interpretation methods in vascular graft and endograft infection. *J Vasc Surg*. 2020;72(6):2174-2185.e2. doi:10.1016/j.jvs.2020.05.065.
17. Kim SJ, Lee SW, Jeong SY, Pak K, Kim Y. A systematic review and meta-analysis of 18F-fluorodeoxyglucose positron emission tomography or positron emission tomography/computed tomography for detection of infected prosthetic vascular grafts. *J Vasc Surg*. 2019;70:307-13.)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Genetic Predisposition to Arterial Disease

Guideline

Screening for Peripheral Artery /Aneurysmal Disease (PVD-2)
References

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Screening for Peripheral Artery / Aneurysmal Disease (PVD-2)

PVD.GP.0002.A
v1.0.2025

Asymptomatic Screening (PVD-2.1)

- Routine screening of asymptomatic individuals for PAD is not advised. Those with CVD risk factors should be placed on best medical management and should be questioned on symptoms of PAD at annual physicals.
- Currently, there is no evidence to demonstrate that screening all individuals with PAD for asymptomatic atherosclerosis in other arterial beds improves clinical outcome.
- Resting ABI's may be indicated in individuals with abnormal pulse exams.

Evidence Discussion

Screening for Suspected Peripheral Artery Disease/Aneurysmal Disease

Generally, routine screening for peripheral arterial disease in asymptomatic patients is not cost-effective and has not been shown to improve patient outcomes. There are some familial and genetic conditions that may predispose individuals to aneurysmal disease and dissection. In these cases, surveillance imaging has been shown to improve early detection and intervention when indicated. Conditions that may have an elevated risk for vascular disease include:

- Familial Aneurysm Syndromes
- Fibromuscular Dysplasia
- Spontaneous Coronary Artery Dissection (SCAD)
- Ehlers-Danlos
- Marfan
- Loeys-Dietz

In the case of aneurysms detected in patients with SCAD, Marfan's, Loeys-Dietz and Ehlers-Danlos Type IV syndromes, a more frequent surveillance pattern along with additional anatomic region imaging may be indicated as these syndromes demonstrate a higher incidence of aneurysm development and degeneration. Intervention recommendations follow general guidelines for thoracic aortic, abdominal aortic and visceral artery aneurysms once detected.

While duplex imaging remains an effective modality for abdominal aortic surveillance, these conditions often involve the thoracic aorta as well as cerebrovascular and visceral

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

vessel abnormalities that may be technically limited with this approach. Due to the high incidence of aneurysm development in multiple anatomic locations, CT/MR imaging is recommended for surveillance in this population for cases with indeterminate ultrasound imaging.

There is an association between bicuspid aortic valve and thoracic aneurysm development. Individuals diagnosed with this condition should undergo screening and follow standard surveillance patterns using CT/MR of the chest as well as echocardiography should a thoracic aortic aneurysm be detected. The addition of cardiac-specific CT/MR has not shown benefit in these cases as the pathology is usually noted within the aorta.

Multisystemic Smooth Muscle Syndrome [MSMS], Smooth Muscle Dysfunction Syndrome [SMDS] and ACATA2 mutuations have a high incidence of aneurysm development early in life and should undergo screening and routine surveillance after genetic confirmation. To minimize radiation exposure in this pediatric population, MR and ultrasound imaging are recommended when possible.

Screening for Vascular related genetic connective tissue Disorders (PVD-2.2)

- Vascular related genetic connective tissue Disorders include:
  - Familial Aneurysm Syndromes
  - Fibromuscular Dysplasia
  - Spontaneous Coronary Artery Dissection (SCAD)
  - Ehlers-Danlos
  - Marfan
  - Loeys-Dietz

Table 1: Table of Thoracic Aorta Imaging Options

Description	CPT®
CT Chest without contrast	71250
CT Chest with contrast	71260
CTA Chest	71275
MRA Chest	71555
Transesophageal echocardiogram (TEE)	93312 or 93313 or 93314

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Screening and initial diagnosis

- Screening for Familial Syndromes in individuals with a positive family history (1st degree relative with dissection/TAA) but no known genetic syndrome/mutation, otherwise known as Suspected Familial Aneurysm Syndrome.
  - ECHO (CPT® 93306, CPT® 93307, or CPT® 93308) and chest x-ray for all First-degree relatives (parents, siblings, children) of individuals with TAA and/or dissection.
  - Any imaging listed in the **Table of Thoracic Aorta Imaging Options** can be performed if these studies identify a TAA or are equivocal or do not visualize the ascending or descending aorta adequately.
  - Studies can be repeated at 2 year intervals if prior results are negative
- Initial imaging for individuals with documented SCAD/fibromuscular dysplasia/Marfan/ Loeys-Dietz/Ehlers-Danlos type IV:
  - On initial diagnosis of Ehlers-Danlos, Loeys Deitz or Marfans or SCAD or suspicion of fibromuscular dysplasia, full vascular imaging should be performed from head to pelvis with:
    - CTA or MRA Head (CPT® 70496 or CPT® 70546 or CPT® 70545)
    - CTA or MRA Neck (CPT® 70498 or CPT® 70548 or CPT® 70549)
    - CTA or MRA Chest or CT Chest with contrast
    - CTA Abdomen/Pelvis or MRA Abdomen/Pelvis (CPT® 74174) or (CPT® 74185 and CPT® 72198)
  - If there are no identified aneurysms or dissections, repeat imaging can be obtained at two-year intervals

Surveillance

- Surveillance imaging
  - If an aneurysm is identified in individuals with fibromuscular dysplasia, then the aneurysm can be surveilled per the typical timeframe as described in **Thoracic Aortic Aneurysm (TAA) (PVD-6.2)**, **Abdominal Aortic Aneurysm (PVD-6.3)**, **Iliac Artery Aneurysm (PVD- 6.4)**, and **Visceral Artery Aneurysm (PVD-6.5)**.
  - Follow-Up of aneurysms in individuals with documented SCAD/Marfan's/Loeys-Dietz/Ehlers-Danlos type IV
    - Imaging can be performed every 6 months once an aneurysm has been identified until a decision has been made to repair.
      - Intracranial aneurysm – CTA or MRA Head (CPT® 70496 or 70544)
      - Aneurysm of a cervical artery – Carotid duplex or CTA or MRA neck if unable to fully visualize with carotid duplex
      - Thoracic aorta – CTA Chest (CPT® 71275) or CT Chest with (CPT® 71260) or without (CPT® 71250), MRA chest (CPT® 71555)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

- Abdominal aneurysm – Abdominal duplex (CPT® 93975/93976/93978/93979/76770/76775)
- Visceral aneurysm – These can be difficult to visualize on duplex. If not visible on duplex, can obtain a CTA or MRA Abdomen and Pelvis.

Background and supporting information

Fibromuscular dysplasia and spontaneous coronary artery dissection is diagnosed radiographically. Loeys-Dietz, Marfans, Ehlers-Danlos type IV are diagnosed with genetic testing.

Evidence Discussion

Screening for Vascular Related Genetic Connective Tissue Disorders

Generally, routine screening for peripheral arterial disease in asymptomatic patients is not cost-effective and has not been shown to improve patient outcomes. There are some familial and genetic conditions that may predispose individuals to aneurysmal disease and dissection. In these cases, surveillance imaging has been shown to improve early detection and intervention when indicated. Conditions that may have an elevated risk for vascular disease include:

- Familial Aneurysm Syndromes
- Fibromuscular Dysplasia
- Spontaneous Coronary Artery Dissection (SCAD)
- Ehlers-Danlos
- Marfan
- Loeys-Dietz

In the case of aneurysms detected in patients with SCAD, Marfan's, Loeys-Dietz and Ehlers-Danlos Type IV syndromes, a more frequent surveillance pattern along with additional anatomic region imaging may be indicated as these syndromes demonstrate a higher incidence of aneurysm development and degeneration.[4,5] Intervention recommendations follow general guidelines for thoracic aortic, abdominal aortic and visceral artery aneurysms once detected.

While duplex imaging remains an effective modality for abdominal aortic surveillance, these conditions often involve the thoracic aorta as well as cerebrovascular and visceral vessel abnormalities that may be technically limited with this approach. Due to the high incidence of aneurysm development in multiple anatomic locations, CT/MR imaging is recommended for surveillance in this population for cases with indeterminate ultrasound imaging.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Screening for TAA with bicuspid aortic valves (PVD-2.3)

Table 2: Table of Thoracic Aorta Imaging Options

Description	CPT®
CT Chest without contrast	71250
CT Chest with contrast	71260
CTA Chest	71275
MRA Chest	71555
Transesophageal echocardiogram (TEE)	93312 or 93313 or 93314

Indications

Screening

- Screening in individuals with bicuspid aortic valve:
  - Screening, any requested imaging from the **Table of Thoracic Aorta Imaging Options** and/or ECHO (CPT® 93306, CPT® 93307, or CPT® 93308).
    - Additional imaging such as Cardiac MRI, Cardiac CT, or CCTA is **not** generally indicated.
    - There is no evidence-based data to support screening relatives of individuals with bicuspid aortic valve for TAA except with echocardiogram.
  - Follow-up per TAA Follow-Up guidelines in **Thoracic Aortic Aneurysm (TAA) (PVD-6.2)**
- If no dilatation of the aortic root or ascending thoracic aorta is found, there is no evidence-based data to support continued surveillance imaging.

Surveillance

There is no evidence-based data to support continued surveillance imaging if **no** dilatation of the aortic root or ascending thoracic aorta is found.

Evidence Discussion

Screening for TAA with Bicuspid Aortic Valves

There is an association between bicuspid aortic valve and thoracic aneurysm development. Individuals diagnosed with this condition should undergo screening and follow standard surveillance patterns using CT/MR of the chest as well as echocardiography should a thoracic aortic aneurysm be detected. The addition of cardiac-specific CT/MR has not shown benefit in these cases as the pathology is usually

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

noted within the aorta. If negative for bicuspid valve pathology, additional surveillance imaging is not been supported.

Screening for Vascular Related Disorders in ACTA2 Mutations (PVD 2.4)

Screening for Vascular Related Disorders in Multisystemic Smooth Muscle Syndrome (MSMS)/Smooth Muscle Dysfunction Syndrome (SMDS)/ACTA2 Mutations

Initial imaging

Upon initial genetic confirmation, all of the following studies can be approved:

- Transthoracic echocardiogram (TTE) (CPT® 93306)
- MRA Chest (CPT® 71555) or CTA Chest and CT Chest with contrast (CPT® 71275 and 71260)
- MRA Abdomen and Pelvis (CPT® 74185 and 72198) or CTA Abdomen and Pelvis (CPT® 74174)
- MRI Perfusion study Brain CPT® 70553
- MRA Head and Neck (CPT® 70544 or 70545 AND 70548)
- Ultrasound Upper extremity(ies) (CPT® 93930 or 93931) or CTA Upper extremity (CPT® 73206) or MRA Upper extremity (CPT® 73225)

Repeat testing

Repeat testing with any of the studies listed under initial imaging is indicated when there is documentation of new signs or symptoms.

Surveillance imaging

Surveillance imaging with any of the studies listed in initial imaging is indicated according to the following:

- Transthoracic echocardiogram repeat every 6 months
- Chest imaging can be repeated every 12 months starting at age 10
- Abdomen and pelvis imaging can be repeated every 12 months starting age 10
- Upper extremity imaging can be repeated every 12 months starting age 10
- MRI perfusion study Brain see **Dysfunction Syndrome (SMDS)/ACTA2 Mutations (PEDHD-12.8)**
- MRA Head and Neck see **Dysfunction Syndrome (SMDS)/ACTA2 Mutations (PEDHD-12.8)**

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Background and supporting information

Smooth Muscle Dysfunction Syndrome presents as congenital mydriasis, a patent ductus arteriosus (PDA), pulmonary arterial hypertension (PAH) during infancy. Patients go on to developed aortic, peripheral arterial, and cerebrovascular disorders in childhood.

- Caused by heterozygous mutation of ACTA2. P.Arg179His
- Cases mostly due to de novo mutations, so imaging screening based on family history without genetic confirmation is not supported.
- Because radiation is a known risk factor for moyamoya disease. MRI/MRA Head is recommended instead of Computed Tomography (CT)/CTA

Evidence Discussion

Screening for Vascular Related Disorders in Multisystemic Smooth Muscle Syndrome (MSMS)/Smooth Muscle Dysfunction Syndrome (SMDS)/ACTA2 Mutations

Multisystemic Smooth Muscle Syndrome [MSMS], Smooth Muscle Dysfunction Syndrome [SMDS] and ACATA2 mutuations have a high incidence of aneurysm development early in life and should undergo screening and routine surveillance after genetic confirmation. To minimize radiation exposure in this pediatric population, MR and ultrasound imaging are recommended when possible.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References

PVD.GP.0002.A
v1.0.2025

1. Andras A, Ferket B. Screening for peripheral arterial disease. Cochrane Database Syst Rev. 2014; (4):CD010835. Published 2014 Apr 7. doi:10.1002/14651858.CD010835.pub2
2. Firnhaber JM, Powell CS. Lower Extremity Peripheral Artery Disease: Diagnosis and Treatment [published correction appears in Am Fam Physician. 2019 Jul 15;100(2):74]. Am Fam Physician. 2019;99(6):362-369
3. US Preventive Services Task Force, Curry SJ, Krist AH, et al. Screening for Peripheral Artery Disease and Cardiovascular Disease Risk Assessment with the Ankle-Brachial Index:US Preventive Services Task Force Recommendation Statement. JAMA. 2018;320(2):177. doi:10.1001/jama.2018.8357.
4. Schoenhoff F, Schmidli J, Czerny M, Carrel TP. Management of aortic aneurysms in patients with connective tissue disease. J Cardiovasc Surg (Torino). 2013;54(1 Suppl 1):125-134.
5. Andras A, Ferket B. Screening for peripheral arterial disease. Cochrane Database Syst Rev. 2014; (4):CD010835. Published 2014 Apr 7. doi:10.1002/14651858.CD010835.pub2.
6. Hiratzka LF, Bakris GL, Beckman JA, et al. 2010 ACCF/AHA/AATS/ACR/ASA/SCA/SCAI/SIR/STS/SVM guidelines for the diagnosis and management of patients with thoracic aortic disease. J Am Coll Cardiol. 2010; 55: e27-e129.
7. Hayes SN, Kim ES, Saw J, et al. Spontaneous Coronary Artery Dissection: Current State of the Science: A Scientific Statement from the American Heart Association. Circulation. 2018;137(19). doi:10.1161/ cir.0000000000000564.
8. MacCarrick G, Black J, Bowdin S, et al. Loeys–Dietz syndrome: a primer for diagnosis and management. Genet Med (2014).16:576–587 doi:10.1038/gim.2014.11.
9. Gornik HL, Persu A, Adlam D, et al. First International Consensus on the diagnosis and management of fibromuscular dysplasia [published correction appears in Vasc Med. 2019 Oct;24(5):475. Vasc Med. 2019;24(2):164-189. doi:10.1177/1358863X18821816.
10. Persu A, Niepen PVD, Touzé E, et al. Revisiting Fibromuscular Dysplasia. Hypertension. 2016;68(4):832-839. doi:10.1161/hypertensionaha.116.07543.
11. Olin JW, Gornik HL, Bacharach JM, et al. Fibromuscular Dysplasia: State of the Science and Critical Unanswered Questions. Circulation. 2014;129(9):1048-1078. doi:10.1161/01.cir.0000442577.96802.8c.
12. Demo E, Rigelsky C, Rideout AL, et al. Genetics and Precision Medicine: Heritable Thoracic Aortic Disease. Med Clin North Am. 2019;103(6):1005-1019. doi:10.1016/j.mcna.2019.08.001.
13. Regalado ES, Mellor-Crummey L, De Backer J, et al. Clinical history and management recommendations of the smooth muscle dysfunction syndrome due to ACTA2 arginine 179 alterations. Genet Med. 2018;20(10):1206-1215. doi:10.1038/gim.2017.245.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Cerebrovascular Imaging

Guideline

Cerebrovascular and Carotid Disease - Initial Imaging (PVD-3.1)
Surveillance Imaging with NO History of Carotid Surgery or Intervention (PVD-3.2)
Surveillance Imaging WITH History of Carotid Surgery or Intervention (PVD-3.3)
References

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Cerebrovascular and Carotid Disease - Initial Imaging (PVD-3.1)

PVD.CV.0003.1.A
v1.0.2025

- Duplex ultrasound (CPT® 93880 bilateral or CPT® 93882 unilateral) should generally be used to evaluate possible carotid artery disease, prior to considering advanced imaging, when ANY of the following apply:
  - Known or suspected retinal arterial emboli or Hollenhorst plaque
  - Pulsatile neck masses
  - Carotid or cervical bruit
  - Abnormal findings on physical exam of the carotid arteries (e.g., absent carotid pulses)
  - Preoperative evaluation of individuals with evidence of severe diffuse atherosclerosis, scheduled for major cardiovascular surgical procedures
  - Preoperative evaluation of individuals prior to elective cardiovascular surgery in individuals older than 65 years of age and in those with peripheral artery disease, history of cigarette smoking, history of stroke or TIA, or carotid bruit
  - Suspected Subclavian Steal Syndrome
    - See **Subclavian Steal Syndrome (CH-27)** in the Chest Imaging Guidelines
  - Blunt neck trauma in the absence of focal neurologic symptoms
  - Neurologic complaints after chiropractic neck manipulation
  - Vasculitis potentially involving carotid arteries, such as Takayasu's arteritis and fibromuscular dysplasia (FMD). In patients with neurologic symptoms and concern for cerebral vasculitis, see **Cerebral vasculitis (HD 22.1)**
  - Remote history of stroke or TIA (Greater than one month).
- Typical Symptoms of TIA/Stroke, see **Stroke/TIA (HD-21)** in the Head Imaging Guidelines
- CTA or MRA Neck is indicated for suspected internal carotid artery dissection, in individuals with **any** of the following mechanisms of injury or risk factors for arterial dissection:
  - Chiropractic manipulation of neck
  - Whiplash injury
  - Fibromuscular dysplasia/Marfan's
  - Stroke in the young (age ≤50)
- CTA or MRA Neck can be approved for suspected vertebrobasilar pathology:
  - Symptoms include:
    - Vertigo associated with nausea and vomiting

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

        - Diplopia
        - Loss of vision in one or both eyes
        - Dysarthria
        - Bifacial numbness
        - Bilateral extremity weakness and/or numbness
        - Acute changes in mental status
        - Loss of consciousness
        - Ataxia
    - MRA or CTA of **both** Neck and Head are required to visualize the entire vertebral-basilar system for evaluation of posterior circulation disease. See **General Guidelines – CT and MR Angiography (HD-1.5)** in the Head Imaging Guidelines
    - Surveillance imaging, post-stenting or known vertebrobasilar disease, interval determined by Vascular Specialist, Neurologist, or Neurosurgeon or any provider in consultation with a vascular specialist, neurologist, or neurosurgeon for ANY of the following:
        - Asymptomatic
        - Unchanged symptoms
        - New or worsening symptoms
- After Intracranial Hemorrhage:
    - Initial Imaging see **Head Trauma (HD-13.1)** in the Head Imaging Guidelines
    - Surveillance Imaging
        - Interval determined by neurosurgeon or neurologist or any provider in consultation with a neurologist or neurosurgeon.
- For Suspected Subclavian Steal Syndrome:
    - Initial imaging should be a carotid duplex
        - If initial duplex demonstrates high-grade stenosis or occlusion of the subclavian artery, advanced imaging is NOT indicated unless the individual is symptomatic with arm claudication or signs of hypo-perfusion of the vertebral artery with recurrent dizziness
    - Surveillance of subclavian arterial disease is NOT indicated if there has not been any intervention such as a carotid-subclavian bypass or subclavian stent
    - Advanced imaging, see **Subclavian Steal Syndrome – General (CH-27)** in the Chest Imaging Guidelines
- Carotid ultrasound screening in asymptomatic individuals due only to risk factors is **not** indicated.
- Repeat imaging of the cervical vessels (regardless of when the previous carotid imaging was performed) is indicated for new signs and symptoms consistent with carotid artery disease (e.g., TIA, amaurosis fugax, change in nature of a carotid bruit) using one of the following:

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

- Duplex ultrasound (CPT® 93880 bilateral study or CPT® 93882 unilateral study)
- MRA Neck with contrast (CPT® 70548) or without and with contrast (CPT® 70549)
- CTA Neck (CPT® 70498)

Evidence Discussion

Cerebrovascular and Carotid Disease- Initial Imaging

Indications for carotid artery imaging are suspicion for carotid stenosis, aneurysm, dissection or vasculitis. The signs and symptoms generally accepted for carotid imaging are listed in the guideline.

Standard first line imaging is the Duplex ultrasound (DU). This study obtains gray-scale pictures, as well as velocity and direction of blood flow in the vessels. The combination of B mode and Doppler techniques allows for detection of all of the above mentioned pathologies. DU has limitations in evaluation of the vertebral artery origins as well as extent of carotid dissection. Therefore, if there is concern for either vertebrobasilar insufficiency or carotid dissection, CT angiography (CTA) or MR angiography (MRA) is supported.

However, DU has become the first-line imaging modality for identifying patients with internal carotid artery stenosis. In part, this is because consensus ultrasound criteria have been developed to standardize carotid ultrasound examinations and categorize carotid artery stenosis severity. The rationale for use of DU is its low cost, availability, and high sensitivity and specificity. It avoids exposure to radiation and intravenous contrast agents as well.

CTA and MRA have more limited use for screening due to the risks associated with them. CTA risks include intravenous contrast and radiation exposure. Contrast complications include allergy and contrast induced nephropathy. MRA risk is related to use of gadolinium contrast, which confers the risk of nephrogenic systemic fibrosis in patients with renal insufficiency. MRA also is contraindicated in patients with metallic implants. Additionally, both CTA and MRA are not appropriate for screening purposes, due to their considerable costs.

It is well established that for carotid stenosis 70-99% in an asymptomatic patient, or 50-99% stenosis in a symptomatic patient, there is a role for carotid intervention for stroke prevention. Once duplex identifies this degree of stenosis, CTA/MRA is indicated for pre-procedure planning. Additionally, CTA/MRA is indicated for patients undergoing evaluation for carotid artery stenting (CAS) as delineation of relevant anatomy is necessary for procedural success.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Surveillance Imaging with NO History of Carotid Surgery or Intervention (PVD-3.2)

PVD.CV.0003.2.A
v1.0.2025

- Surveillance imaging is indicated once a year for individuals with fibromuscular dysplasia of the extracranial internal carotid arteries.
- Reporting standards for carotid stenosis varies widely. The most commonly used criteria, however, is noted in the chart below published by the Society of Radiology in 2003

Primary parameters			Additional Parameters	
% Stenosis	ICA PSV (cm/sec)	Plaque estimate (%)	ICA/CCA PSV ratio	ICA/EDV (cm/sec)
Normal	< 125	None	< 2.0	< 40
< 50	< 125	< 50	< 2.0	< 40
50-69	125-230	≥ 50	2.0-4.0	40-100
≥ 70 but less than near occlusion	> 230	> 50	> 4.0	> 100
Near occlusion	High, low, or undetectable	Visible	Variable	Variable
Total occlusion	undetectable	Visible- no detectable lesion	Not applicable	Not applicable

- If normal study, no routine follow-up imaging is indicated
- If <50% internal carotid stenosis
  - Duplex ultrasound (CPT® 93880 bilateral or CPT® 93882 unilateral) can be performed every **two** years
- Between 50% and 70% internal carotid stenosis

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

- Duplex ultrasound (CPT® 93880 bilateral or CPT® 93882 unilateral) can be performed annually.
- A repeat duplex (CPT® 93880 bilateral or CPT® 93882 unilateral) may be performed in three to six months until stability is reached when **one** of the following occurs:
  - Change in the character of the bruit
  - Duplex demonstrates rapid progression, including:
    - Doubling of peak systolic velocities in the internal carotid arteries
    - Increase of the ICA/CCA ratio
    - Heavy calcification in the internal carotid arteries
    - Thrombus in the internal carotid arteries
    - Ulcerated plaque in the internal carotid arteries
    - Echolucent plaque in the internal carotid arteries
- A one-time CTA Neck (CPT® 70498) or MRA Neck (CPT® 70548) is indicated to confirm degree of stenosis in individuals with ulcerated plaque or heavy calcification of the internal carotid artery seen on duplex.

- Internal carotid stenosis ≥70% or ICA/CCA ratio >4
  - Duplex ultrasound (CPT® 93880 bilateral or CPT® 93882 unilateral) or MRA Neck with contrast (CPT® 70548) or CTA Neck (CPT® 70498) can be performed at the following intervals:
    - Every 6 months until one of the following occurs:
      - Intervention is performed
      - Decision is made to not intervene
- MRA Neck with contrast (CPT® 70548) or CTA Neck (CPT® 70498) is indicated if duplex Ultrasound shows ≥70% occlusion/stenosis of the internal carotid artery or the ICA/CCA ratio is >4.0, even with a lower percentage of stenosis.
  - If carotid stent is planned
    - MRA Head (CPT® 70544, or CPT® 70545, or CPT® 70546) or CTA Head (CPT® 70496) can be added

Evidence Discussion

Surveillance Imaging with NO History of Carotid Surgery or Intervention

DU is established as the primary diagnostic test for carotid surveillance imaging. Consensus statements have established the appropriate time intervals for repeat imaging. If however, there are new symptoms or physical findings, repeat duplex imaging is supported, regardless of time interval. If at any time there is >70% re-stenosis, CTA or MRA is indicated.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Surveillance Imaging WITH History of Carotid Surgery or Intervention (PVD-3.3)

PVD.CV.0003.3.A
v1.0.2025

- Duplex ultrasound (CPT® 93880 bilateral or CPT® 93882 unilateral) is indicated post-carotid surgery or intervention at the following intervals:
  - 1 month after procedure
  - Every 6 months for 2 years after procedure
  - Then annually
- If ≥70% residual internal carotid stenosis is seen on duplex at 1 month after procedure
  - Duplex ultrasound (CPT® 93880 bilateral or CPT® 93882 unilateral) or CTA Neck (CPT® 70498) or MRA Neck (CPT® 70548) is indicated at the following intervals:
    - Every 3-6 months for one year
    - Then annually or until decision is made to re-intervene.
- If ≥70% residual internal carotid stenosis is seen on duplex at any time post-procedure, then
  - CTA Neck (CPT® 70498) or MRA Neck (CPT® 70548) is indicated for further evaluation and at six-month intervals until decision is made to re-intervene.

Background and Supporting Information

- MRA Neck (CPT® 70548) or CTA Neck (CPT® 70498) may be indicated if ultrasound is technically difficult or confirmation of the degree of stenosis on ultrasound is needed because an interventional procedure is being considered

Evidence Discussion

Surveillance Imaging with WITH History of Carotid Surgery or Intervention

As described in PVD 3.1, DU is established as the primary diagnostic test for carotid surveillance imaging. Consensus statements have established the appropriate time intervals for repeat imaging. If however, there are new symptoms or physical findings, repeat duplex imaging is supported, regardless of time interval. If at any time there is >70% re-stenosis, CTA or MRA is indicated.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References

v1.0.2025

1. Expert Panel on Vascular Imaging: Verma N, Steigner ML, Aghayev A, et al. ACR Appropriateness Criteria ® Suspected Retroperitoneal Bleed. J Amer Coll Radiol 2021; 18: S482-S487.
2. Grant EG, Benson CB, et al. Carotid artery stenosis: gray-scale and Doppler US diagnosis--Society of Radiologists in Ultrasound Consensus Conference. *Radiology*. 2003 Nov;229(2):340-6.
3. Wardlaw JM, Chappell FM, Stevenson M, et al. Accurate, practical and cost-effective assessment of carotid stenosis in the UK. *Health Technol Assess*. 2006;10(30).
4. AbuRahma AF, Efthymios D, et al. Society for Vascular Surgery clinical practice guidelines for management of extracranial cerebrovascular disease. *J Vasc Surg*. 2022 Jan;75(1S):4S-22S.
5. Ricotta J, AbuRahma A, Ascher E, et al.Updated Society for Vascular Surgery guidelines for management of extracranial carotid disease.*J Vasc Surg*.2011;54(3):e1–e31.
6. AbuRahma AF, Srivastava M, Stone PA, et al. Critical appraisal of the Carotid Duplex Consensus criteria in the diagnosis of carotid artery stenosis.*J Vasc Surg*.2011;53:53–60

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Aortic Imaging

Guideline

Aortic Disorders General Information (PVD-6.1)
References
Thoracic Aortic Aneurysm (TAA) (PVD-6.2)
References
Iliac Artery Aneurysm (IAA) (PVD-6.4)
References
Abdominal Aortic Aneurysm (AAA) (PVD-6.3)
References
Aortic and Arterial Dissection and Other Aortic Conditions (PVD-6.7)
References
Post Aortic Endovascular/Open Surgery Surveillance Studies (PVD-6.8)
References
Large Vessel Vasculitis (PVD-6.9)
References
Medium Vessel Vasculitis (PVD-6.10)
References
Small Vessel Vasculitis (PVD-6.11)
References

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Aortic Disorders General Information (PVD-6.1)

PVD.AD.0006.1.A
v1.0.2025

Duplex ultrasound for visceral vascular studies	CPT®
Duplex scan of arterial inflow and venous outflow of abdominal, pelvic, scrotal contents and/or retroperitoneal organs; complete study.	93975
Duplex scan of arterial inflow and venous outflow of abdominal, pelvic, scrotal contents and/or retroperitoneal organs; limited study.	93976
Duplex scan of aorta, inferior vena cava, iliac vasculature, or bypass grafts; complete study.	93978
Duplex scan of aorta, inferior vena cava, iliac vasculature, or bypass grafts; unilateral or limited study.	93979
Ultrasound, abdominal aorta, real time, with image documentation, screening study for abdominal aortic aneurysm (AAA) for AAA screening	76706

- In clinical practice, CT, CTA, MRA are usually preferred to evaluate for stenosis of these vessels rather than ultrasound (Exception: Duplex ultrasound is indicated to rule out testicular or ovarian torsion or to evaluate an abdominal bruit or a pulsatile abdominal mass).
- Mesenteric Ischemia
  - See **Mesenteric/Colonic Ischemia (AB-6)** in the Abdomen Imaging Guidelines.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References

PVD.AD.0006.1.A
v1.0.2025

1. Bonci G, Steigner ML, et al. ACR Appropriateness Criteria® Thoracic Aorta Interventional Planning and Follow-Up. *J Am Coll Radiol*. 2017;14(11S):S570-S583. doi:10.1016/j.jacr.2017.08.042.
2. Kalva SP, Dill KE, et al. ACR Appropriateness Criteria® nontraumatic aortic disease. *J Thorac Imaging*. 2014;29(5):W85-W88. doi:10.1097/RTI.0000000000000107.
3. Albornoz G, Coady MA, Roberts M, et al. Familial thoracic aortic aneurysms and dissections--incidence, modes of inheritance, and phenotypic patterns. *Ann Thorac Surg*. 2006;82(4):1400-1405. doi:10.1016/j.athoracsur.2006.04.098.
4. Anderson JL, Halperin JL, Albert N, et al. Management of Patients with Peripheral Artery Disease (Compilation of 2005 and 2011 ACCF/AHA Guideline Recommendations).. *J Am Coll Cardiol*. 2013;61(14):1555-1570. doi:10.1016/j.jacc.2013.01.004.
5. Bennett SJ, Dill KE, Hanley M, et al. ACR Appropriateness Criteria ® Suspected Thoracic Aortic Aneurysm. *J Am Coll Radiol*. 2018;15(5). doi:10.1016/j.jacr.2018.03.031.
6. Chaikof EL, Dalman RL, Eskandari MK, et al. The Society for Vascular Surgery practice guidelines on the care of patients with an abdominal aortic aneurysm .*J Vasc Surg*. 2018;67(1). doi:10.1016/j.jvs.2017.10.044.
7. Elefteriades JA. Natural history of thoracic aortic aneurysms: indications for surgery, and surgical versus nonsurgical risks. *Ann Thorac Surg* 2002; 74: S1877-S1880.
8. Erben Y, Brownstein AJ, Rajaee S. Natural History of and Management of Splanchnic Artery Aneurysms in a Single Tertiary Referral Center. *J Vasc Surg* 2018 Oct; 68(4): 1079-1087.
9. Chaer RA, Abularrage CJ, Coleman DM, et al. The Society for Vascular Surgery clinical practice guidelines on the management of visceral aneurysms. *J Vasc Surg*. 2020;72(1S):3S-39S. doi:10.1016/j.jvs.2020.01.039.
10. Expert Panel on Cardiac Imaging. ACR Appropriateness Criteria® Acute Chest Pain -- Suspected Aortic Dissection. *American College of Radiology (ACR)*; 2014.
11. Collard M, Sutphin PD, Kalva SP, et al. Expert Panel on Vascular Imaging. ACR Appropriateness Criteria® Abdominal Aortic Aneurysm Follow-up (without Repair). *J Am Coll Radiol*. 2019;16(5S):S2-S6. doi:10.1016/j.jacr.2019.02.005.
12. Corey MR, Ergul EA, Cambria RP. The Natural History of Sphlanchnic Aneurysms and Outcome after Operative Intervention. *J Vasc Surg*. 2016 April 63 (4):949-57.
13. Dejaco C, Ramiro S, Duftner C, et al. EULAR recommendations for the use of imaging in large vessel vasculitis in clinical practice. *Annals of the Rheumatic Diseases*. 2018;77(5):636-643. doi:10.1136/annrheumdis-2017-212649.
14. Diercks D, Promes S, Schuur J, et al. American College of Emergency Physicians. Clinical policy: critical issues in the evaluation and management of adult patients with suspected acute nontraumatic thoracic aortic dissection. *Ann Emerg Med*. 2015 Jan; 65 (1) :32-42.
15. Francois CJ, Skulborstad EP, Majdalany BS, et al. Expert Panels on Vascular Imaging and Interventional Radiology. ACR Appropriateness Criteria® Abdominal Aortic Aneurysm: Interventional Planning and Follow-Up. *J Am Coll Radiol*. 2018;15(5S):S2-S12. doi:10.1016/j.jacr.2018.03.008.
16. Harvin HJ, Verma N, Nikolaidis P, et al. ACR Appropriateness Criteria ® Renovascular Hypertension. *J Am Coll Radiol*. 2017;14(11). doi:10.1016/j.jacr.2017.08.040.
17. Hiratzka LF, Bakris GL, Beckman JA, et al. 2010 ACCF/AHA/AATS/ACR/ASA/SCA/SCAI/SIR/STS/SVM Guidelines for the diagnosis and management of patients with thoracic aortic disease. A Report of the American College of Cardiology Foundation/American Heart Association Task Force on Practice Guidelines, American Association for Thoracic Surgery, American College of Radiology,American Stroke Association, Society of Cardiovascular Anesthesiologists, Society for Cardiovascular Angiography and Interventions, Society of Interventional Radiology, Society of Thoracic Surgeons,and Society for Vascular Medicine [published correction appears in J Am Coll Cardiol. 2013 Sep 10;62(11):1039-40]. *J Am Coll Cardiol*. 2010;55(14):e27-e129. doi:10.1016/j.jacc.2010.02.015.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

18. Kallianos KG, Burris NS. Imaging Thoracic Aortic Aneurysm. *Radiol Clin North Am*. 2020;58(4):721-731. doi:10.1016/j.rcl.2020.02.009.
19. Loren F. Hiratzka MD, et al, 2010 ACCF/AHA/AATS/ACR/ASA/SCAI/SIR/STS/SVM Guidelines for the Diagnosis and Management of Patients with Thoracic Aortic Disease. *Circulation* 2010; 121: e266-e369.
20. Masuda Y1, Yamada Z, Morooka N, Watanabe S, Inagaki Y.Prognosis of patients with medically treated aortic dissections. *Circulation*. 1991 Nov;84(5 Suppl):III7-13.
21. Moser M, Setaro JF. Resistant or Difficult-to-Control Hypertension. *New England Journal of Medicine*. 2006;355(4):385-392. doi:10.1056/nejmcp041698.
22. Persu A, Giavarini A, Touzé E, et al. European consensus on the diagnosis and management of fibromuscular dysplasia. *Journal of Hypertension*. 2014;32(7):1367-1378.doi:10.1097/hjh.0000000000000213.
23. Sakamoto I, Sueyoshi E, Hazama S, et al. Endovascular treatment of iliac artery aneurysms. *Radiographics* October 2005;25:S213-S227.
24. Shiga T, Wajima Z, Apfel CC, Inoue T, Ohe Y. Diagnostic Accuracy of Transesophageal Echocardiography, Helical Computed Tomography, and Magnetic Resonance Imaging for Suspected Thoracic Aortic Dissection: Systematic Review and Meta-analysis. *Arch Intern Med* 2006; 166 (13): 1350-1356.
25. Alcantara S, Yang CK, Sasson J, et al. The evidence for nonoperative management of visceral artery dissections: a single-center experience. *Ann Vasc Surg*. 2015;29(1):103-108. doi:10.1016/j.avsg.2014.09.004.
26. Smith T, Quencer KB. Best Practice Guidelines: Imaging Surveillance After Endovascular Aneurysm Repair. *American Journal of Roentgenology*. 2020;214(5):1165-1174. doi:10.2214/ajr.19.22197.
27. Tadros TM, Klein MD, Shapira OM. Ascending aortic dilatation associated with bicuspid aortic valve. *Circulation* 2009; 119: 880-890.
28. Taimen K, Salomäki SP, Hohenthal U, et al. The Clinical Impact of Using 18F-FDG-PET/CT in the Diagnosis of Suspected Vasculitis: The Effect of Dose and Timing of Glucocorticoid Treatment. *Contrast Media & Molecular Imaging*. 2019;2019:1-8. doi:10.1155/2019/9157637.
29. van Bogerijen GH, Tolenaar JL, Rampoldi V, et.al. Predictors of aortic growth in uncomplicated type B aortic dissection. *J Vasc Surg*. 2014 Apr;59(4):1134-43. doi: 10.1016/j.jvs.2014.01.042.
30. Whelton PK, Carey RM, Aronow WS, et al. 2017 ACC/AHA/AAPA/ABC/ACPM/AGS/APhA/ASH/ASPC/NMA/PCNA Guideline for the Prevention, Detection, Evaluation, and Management of High Blood Pressure in Adults: A Report of the American College of Cardiology/American Heart Association Task Force on Clinical Practice Guidelines. *Hypertension*. 2018;71(6). doi:10.1161/hyp.0000000000000065.
31. Zierler RE, Jordan WD, Lal BK, et al. The Society for Vascular Surgery practice guidelines on follow-up after vascular surgery arterial procedures. *J Vasc Surg* . 2018;68(1):256-284. doi:10.1016/j.jvs.2018.04.018.1.
32. Salim S, Machin M, Patterson BO, Bicknell C. The Management of Penetrating Aortic Ulcer. *Hearts*. 2020;1(1):5-13. doi:10.3390/hearts1010003.
33. Eric M. Isselbacher, MD, Ourania Preventza, MD,et al. 2022 ACC/AHA guideline for the diagnosis and management of aortic disease: a report of the American Heart Association/American College of Cardiology Joint Committee on Clinical Practice Guidelines. *Circulation*. 2022;146:e334–e482. doi: 10.1161/CIR.0000000000001106.
34. Nicolaou G, Ismail M, Cheng D. Thoracic endovascular aortic repair: update on indications and guidelines. *Anesthesiol Clin*. 2013 Jun;31(2):451-78. doi: 10.1016/j.anclin.2013.01.001.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Thoracic Aortic Aneurysm (TAA) (PVD-6.2)

PVD.AI.0006.2.A
v1.0.2025

Thoracic Aortic Aneurysm (TAA) (PVD-6.2)

- Advanced imaging with a CT or MR is preferred imaging for this diagnosis. Transesophageal echocardiogram (TEE) can also be indicated for initial imaging of ascending and descending thoracic aortic aneurysms. For repeat imaging or established thoracic aneurysms, TEE is indicated **only** when imaging with CT or MR is contraindicated.
- Given the diversity of studies, pathology, and provider preference, **one** of the imaging studies in the Table of Thoracic Aorta Imaging Options can be approved for Thoracic Aortic Aneurysm (TAA) as indicated in this section

Table of Thoracic Aorta Imaging Options	CPT®
CT Chest with contrast	71260
CT Chest without contrast	71250
CTA Chest	71275
MRA Chest	71555
TEE	93312-93314

- For TAA associated with a dissection, please see section **Aortic Dissection and Other Aortic Conditions (PVD-6.7)**
- For suspected TAA, any requested imaging from the Table of Thoracic Aorta Imaging Options above:
  - Abnormalities identified on chest x-ray (abnormality including widened mediastinum, suspicious calcifications) or other imaging studies (fluoroscopy, MRI Spine, etc.) abnormality.
- For known TAA accompanied with chest pain or back pain and suspicion of rupture, any requested imaging from the Table of Thoracic Aorta Imaging Options above.
- For planning for pre–thoracic endovascular repair (TEVAR) of thoracic aorta disease.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

  - CTA Chest, and/or Abdomen, and/or Pelvis (CPT® 71275, CPT® 74175, CPT® 72191, CPT® 74174); or
  - MRA Chest, and/or Abdomen, and/or Pelvis (CPT® 71555, CPT® 74185, CPT® 72198).
- For follow-up of ascending aortic aneurysms CTA Chest (CPT® 71275) or CT Chest (CPT® 71250 or CPT® 71260) or MRA chest (CPT® 71555)
  - Operative treatment is reasonable for asymptomatic individuals when the diameter of the arch exceeds 5.5 cm.
  - For individuals with ascending aortic aneurysms <4.0 cm in diameter
    - Repeat imaging annually
  - For individuals with ascending aortic aneurysms ≥4.0 cm
    - Repeat imaging 6 months.
  - TEE is indicated **only** when imaging with CT or MR is contraindicated
- For follow-up of descending aortic aneurysms, any requested imaging from the "Table of Thoracic Aorta Imaging Options" above for the following:
  - "Medically" treated/observation.
    - 3.5cm to 4.4 cm TAA can be followed annually.
    - ≥4.5 cm TAA can be followed every 6 months.
    - ≥3.0 cm TAA when there is concern for growth can have a one-time 3-month interval advanced imaging.
  - TEE is indicated **only** when imaging with CT or MR is contraindicated
- Screening in the presence of other aortic aneurysms.
  - In an individual with a known TAA, screening for AAA is indicated with an abdominal duplex. See **Abdominal Aortic Aneurysm (AAA) (PVD-6.3)**.
  - In an individual with a known AAA, screening for TAA is not supported by sufficient evidence.
- Screening in individuals with bicuspid aortic valve or familial TAA syndromes. See **Screening for TAA with bicuspid aortic valve (PVD-2.3)**. See **Screening for Vascular related genetic connective tissue Disorders (PVD-2.2)**

Background and Supporting Information

The thoracic aorta is generally divided into two segments: the ascending aorta, which includes the aortic root, aortic arch and ends just distal to the left subclavian artery and the descending aorta, which starts just distal to the left subclavian artery to the level of the diaphragm.

Evidence Discussion

Thoracic Aortic Aneurysm (TAA)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Thoracic aortic aneurysms may enlarge over time. Once an aneurysm meets specific size criteria, its risk of rupture as well as the high mortality risk associated with rupture exceeds the risk of surgical intervention. Surveillance recommendations for ascending and descending thoracic aortic aneurysms have been addressed in several major studies.

The location of the thoracic aorta within the chest cavity limits the ability of noninvasive ultrasound to monitor aneurysm size. American College of Radiology recommendations are for CT/MR imaging to monitor the thoracic aorta diameter to determine when surgical intervention is needed. Transesophageal echocardiography has only been demonstrated to be effective for surveillance if CT/MR imaging is contraindicated.

Thoracic aortic aneurysms may be isolated; however, they may extended below the diaphragm to include portions of the abdominal aorta. Abdominal aortic aneurysms should be followed according to their designated guidelines but may be included with thoracic imaging for certain planned interventions. Certain genetic and familial aneurysm syndromes may have a higher risk of TAA incidence and may warrant additional imaging for detection and surveillance. Additionally, most surgical approaches for thoracic aortic repair require CT/MR imaging for preoperative planning

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References

PVD.AI.0006.2.A
v1.0.2025

1. Upchurch GR, Escobar GA, Azizzadeh A, et al. Society for Vascular Surgery clinical practice guidelines of thoracic endovascular aortic repair for descending thoracic aortic aneurysms. *J Vasc Surg*. 2021;73(1). doi:10.1016/j.jvs.2020.05.076.
2. Nicolaou G, Ismail M, Cheng D. Thoracic endovascular aortic repair: update on indications and guidelines. *Anesthesiol Clin*. 2013 Jun;31(2):451-78. doi: 10.1016/j.anclin.2013.01.001.
3. Bonci G, Steigner ML, et al. ACR Appropriateness Criteria® Thoracic Aorta Interventional Planning and Follow-Up. *J Am Coll Radiol*. 2017;14(11S):S570-S583. doi:10.1016/j.jacr.2017.08.042.
4. Kalva SP, Dill KE, et al. ACR Appropriateness Criteria® nontraumatic aortic disease. *J Thorac Imaging*. 2014;29(5):W85-W88. doi:10.1097/RTI.0000000000000107.
5. Albornoz G, Coady MA, Roberts M, et al. Familial thoracic aortic aneurysms and dissections--incidence, modes of inheritance, and phenotypic patterns. *Ann Thorac Surg*. 2006;82(4):1400-1405. doi:10.1016/j.athoracsur.2006.04.098.
6. Bennett SJ, Dill KE, Hanley M, et al. ACR Appropriateness Criteria ® Suspected Thoracic Aortic Aneurysm. *J Am Coll Radiol*. 2018;15(5). doi:10.1016/j.jacr.2018.03.031.
7. Elefteriades JA. Natural history of thoracic aortic aneurysms: indications for surgery, and surgical versus nonsurgical risks. *Ann Thorac Surg* 2002; 74: S1877-S1880.
8. Expert Panel on Cardiac Imaging. ACR Appropriateness Criteria® Acute Chest Pain -- Suspected Aortic Dissection. *American College of Radiology (ACR)*; 2014.
9. Diercks D, Promes S, Schuur J, et al. American College of Emergency Physicians. Clinical policy: critical issues in the evaluation and management of adult patients with suspected acute nontraumatic thoracic aortic dissection. *Ann Emerg Med*. 2015 Jan; 65 (1) :32-42.
10. Hiratzka LF, Bakris GL, Beckman JA, et al. 2010 ACCF/AHA/AATS/ACR/ASA/SCA/SCAI/SIR/STS/SVM Guidelines for the diagnosis and management of patients with thoracic aortic disease. A Report of the American College of Cardiology Foundation/American Heart Association Task Force on Practice Guidelines, American Association for Thoracic Surgery, American College of Radiology,American Stroke Association, Society of Cardiovascular Anesthesiologists, Society for Cardiovascular Angiography and Interventions, Society of Interventional Radiology, Society of Thoracic Surgeons,and Society for Vascular Medicine [published correction appears in J Am Coll Cardiol. 2013 Sep 10;62(11):1039-40]. *J Am Coll Cardiol*. 2010;55(14):e27-e129. doi:10.1016/j.jacc.2010.02.015.
11. Kallianos KG, Burris NS. Imaging Thoracic Aortic Aneurysm. *Radiol Clin North Am*. 2020;58(4):721-731. doi:10.1016/j.rcl.2020.02.009.
12. Loren F. Hiratzka MD, et al, 2010 ACCF/AHA/AATS/ACR/ASA/SCAI/SIR/STS/SVM Guidelines for the Diagnosis and Management of Patients with Thoracic Aortic Disease. *Circulation* 2010; 121: e266-e369.
13. Masuda Y1, Yamada Z, Morooka N, Watanabe S, Inagaki Y.Prognosis of patients with medically treated aortic dissections. *Circulation*. 1991 Nov;84(5 Suppl):III7-13.
14. Shiga T, Wajima Z, Apfel CC, InoueT, Ohe Y. Diagnostic Accuracy of Transesophageal Echocardiography, Helical Computed Tomography, and Magnetic Resonance Imaging for Suspected Thoracic Aortic Dissection: Systematic Review and Meta-analysis. *Arch Intern Med* 2006; 166 (13): 1350-1356.
15. Tadros TM, Klein MD, Shapira OM. Ascending aortic dilatation associated with bicuspid aortic valve. *Circulation* 2009; 119: 880-890.
16. van Bogerijen GH, Tolenaar JL, Rampoldi V, et.al. Predictors of aortic growth in uncomplicated type B aortic dissection. *J Vasc Surg*. 2014 Apr;59(4):1134-43. doi: 10.1016/j.jvs.2014.01.042.
17. Zierler RE, Jordan WD, Lal BK, et al. The Society for Vascular Surgery practice guidelines on follow-up after vascular surgery arterial procedures. *J Vasc Surg* . 2018;68(1):256-284. doi:10.1016/j.jvs.2018.04.018.1.
18. Eric M. Isselbacher, MD, Ourania Preventza, MD,et al. 2022 ACC/AHA guideline for the diagnosis and management of aortic disease: a report of the American Heart Association/American College of

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Cardiology Joint Committee on Clinical Practice Guidelines. Circulation. 2022;146:e334–e482. doi: 10.1161/CIR.0000000000001106

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Iliac Artery Aneurysm (IAA) (PVD-6.4)

PVD.AD.0006.4.A
v1.0.2025

- Ultrasound (CPT® 76882 or CPT® 93925) for evaluation of a suspected IAA
  - CT Pelvis with contrast (CPT® 72193) if ultrasound is equivocal.
  - Ultrasound for follow-up imaging annually if an aneurysm is ≥2cm
- Additional Imaging
  - CT Abdomen and Pelvis with contrast (CPT® 74177), CT Abdomen and Pelvis without and with contrast (CPT® 74178), or CTA Abdomen and Pelvis (CPT® 74174) for preoperative imaging if endovascular or open repair is being considered

Background and Supporting Information

- Isolated IAA's are rare and are typically associated with AAA
- Approximately one third to one half of isolated IAA's are bilateral at time of presentation
- Abdominal Aortic aneurysm rupture usually occurs at a diameter of 5 cm or larger, whereas common iliac aneurysms that are less than 3 cm in diameter almost never rupture

Evidence Discussion

Annual surveillance of iliac artery aneurysms is indicated to determine when intervention is necessary if an iliac aneurysm exceeds 2cm in diameter. Duplex ultrasound is the primary imaging modality for individuals without technical limitations related to body habitus. It has been demonstrated to be accurate, cost-effective and does not use ionizing radiation or contrast. CT imaging may be indicated for cases where ultrasound is equivocal or for surgical planning.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References

PVD.AD.0006.4.A
v1.0.2025

1. Bonci G, Steigner ML, et al. ACR Appropriateness Criteria® Thoracic Aorta Interventional Planning and Follow-Up. *J Am Coll Radiol*. 2017;14(11S):S570-S583. doi:10.1016/j.jacr.2017.08.042.
2. Kalva SP, Dill KE, et al. ACR Appropriateness Criteria® nontraumatic aortic disease. *J Thorac Imaging*. 2014;29(5):W85-W88. doi:10.1097/RTI.0000000000000107.
3. Albornoz G, Coady MA, Roberts M, et al. Familial thoracic aortic aneurysms and dissections--incidence, modes of inheritance, and phenotypic patterns. *Ann Thorac Surg*. 2006;82(4):1400-1405. doi:10.1016/j.athoracsur.2006.04.098.
4. Anderson JL, Halperin JL, Albert N, et al. Management of Patients with Peripheral Artery Disease (Compilation of 2005 and 2011 ACCF/AHA Guideline Recommendations).. *J Am Coll Cardiol*. 2013;61(14):1555-1570. doi:10.1016/j.jacc.2013.01.004.
5. Bennett SJ, Dill KE, Hanley M, et al. ACR Appropriateness Criteria ® Suspected Thoracic Aortic Aneurysm. *J Am Coll Radiol*. 2018;15(5). doi:10.1016/j.jacr.2018.03.031.
6. Chaikof EL, Dalman RL, Eskandari MK, et al. The Society for Vascular Surgery practice guidelines on the care of patients with an abdominal aortic aneurysm .*J Vasc Surg*. 2018;67(1). doi:10.1016/j.jvs.2017.10.044.
7. Elefteriades JA. Natural history of thoracic aortic aneurysms: indications for surgery, and surgical versus nonsurgical risks. *Ann Thorac Surg* 2002; 74: S1877-S1880.
8. Erben Y, Brownstein AJ, Rajaee S. Natural History of and Management of Splanchnic Artery Aneurysms in a Single Tertiary Referral Center. *J Vasc Surg* 2018 Oct; 68(4): 1079-1087.
9. Chaer RA, Abularrage CJ, Coleman DM, et al. The Society for Vascular Surgery clinical practice guidelines on the management of visceral aneurysms. *J Vasc Surg*. 2020;72(1S):3S-39S. doi:10.1016/j.jvs.2020.01.039.
10. Expert Panel on Cardiac Imaging. ACR Appropriateness Criteria® Acute Chest Pain -- Suspected Aortic Dissection. *American College of Radiology (ACR)*; 2014.
11. Collard M, Sutphin PD, Kalva SP, et al. Expert Panel on Vascular Imaging. ACR Appropriateness Criteria® Abdominal Aortic Aneurysm Follow-up (without Repair). *J Am Coll Radiol*. 2019;16(5S):S2-S6. doi:10.1016/j.jacr.2019.02.005.
12. Corey MR, Ergul EA, Cambria RP. The Natural History of Sphlanchnic Aneurysms and Outcome after Operative Intervention. *J Vasc Surg*. 2016 April 63 (4):949-57.
13. Dejaco C, Ramiro S, Duftner C, et al. EULAR recommendations for the use of imaging in large vessel vasculitis in clinical practice. *Annals of the Rheumatic Diseases*. 2018;77(5):636-643. doi:10.1136/annrheumdis-2017-212649.
14. Diercks D, Promes S, Schuur J, et al. American College of Emergency Physicians. Clinical policy: critical issues in the evaluation and management of adult patients with suspected acute nontraumatic thoracic aortic dissection. *Ann Emerg Med*. 2015 Jan; 65 (1) :32-42.
15. Francois CJ, Skulborstad EP, Majdalany BS, et al. Expert Panels on Vascular Imaging and Interventional Radiology. ACR Appropriateness Criteria® Abdominal Aortic Aneurysm: Interventional Planning and Follow-Up. *J Am Coll Radiol*. 2018;15(5S):S2-S12. doi:10.1016/j.jacr.2018.03.008.
16. Harvin HJ, Verma N, Nikolaidis P, et al. ACR Appropriateness Criteria ® Renovascular Hypertension. *J Am Coll Radiol*. 2017;14(11). doi:10.1016/j.jacr.2017.08.040.
17. Hiratzka LF, Bakris GL, Beckman JA, et al. 2010 ACCF/AHA/AATS/ACR/ASA/SCA/SCAI/SIR/STS/SVM Guidelines for the diagnosis and management of patients with thoracic aortic disease. A Report of the American College of Cardiology Foundation/American Heart Association Task Force on Practice Guidelines, American Association for Thoracic Surgery, American College of Radiology,American Stroke Association, Society of Cardiovascular Anesthesiologists, Society for Cardiovascular Angiography and Interventions, Society of Interventional Radiology, Society of Thoracic Surgeons,and Society for Vascular Medicine [published correction appears in J Am Coll Cardiol. 2013 Sep 10;62(11):1039-40]. *J Am Coll Cardiol*. 2010;55(14):e27-e129. doi:10.1016/j.jacc.2010.02.015.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

18. Kallianos KG, Burris NS. Imaging Thoracic Aortic Aneurysm. *Radiol Clin North Am*. 2020;58(4):721-731. doi:10.1016/j.rcl.2020.02.009.
19. Loren F. Hiratzka MD, et al, 2010 ACCF/AHA/AATS/ACR/ASA/SCAI/SIR/STS/SVM Guidelines for the Diagnosis and Management of Patients with Thoracic Aortic Disease. *Circulation* 2010; 121: e266-e369.
20. Masuda Y1, Yamada Z, Morooka N, Watanabe S, Inagaki Y.Prognosis of patients with medically treated aortic dissections. *Circulation*. 1991 Nov;84(5 Suppl):III7-13.
21. Moser M, Setaro JF. Resistant or Difficult-to-Control Hypertension. *New England Journal of Medicine*. 2006;355(4):385-392. doi:10.1056/nejmcp041698.
22. Persu A, Giavarini A, Touzé E, et al. European consensus on the diagnosis and management of fibromuscular dysplasia. *Journal of Hypertension*. 2014;32(7):1367-1378.doi:10.1097/hjh.0000000000000213.
23. Sakamoto I, Sueyoshi E, Hazama S, et al. Endovascular treatment of iliac artery aneurysms. *Radiographics* October 2005;25:S213-S227.
24. Shiga T, Wajima Z, Apfel CC, Inoue T, Ohe Y. Diagnostic Accuracy of Transesophageal Echocardiography, Helical Computed Tomography, and Magnetic Resonance Imaging for Suspected Thoracic Aortic Dissection: Systematic Review and Meta-analysis. *Arch Intern Med* 2006; 166 (13): 1350-1356.
25. Alcantara S, Yang CK, Sasson J, et al. The evidence for nonoperative management of visceral artery dissections: a single-center experience. *Ann Vasc Surg*. 2015;29(1):103-108. doi:10.1016/j.avsg.2014.09.004.
26. Smith T, Quencer KB. Best Practice Guidelines: Imaging Surveillance After Endovascular Aneurysm Repair. *American Journal of Roentgenology*. 2020;214(5):1165-1174. doi:10.2214/ajr.19.22197.
27. Tadros TM, Klein MD, Shapira OM. Ascending aortic dilatation associated with bicuspid aortic valve. *Circulation* 2009; 119: 880-890.
28. Taimen K, Salomäki SP, Hohenthal U, et al. The Clinical Impact of Using 18F-FDG-PET/CT in the Diagnosis of Suspected Vasculitis: The Effect of Dose and Timing of Glucocorticoid Treatment. *Contrast Media & Molecular Imaging*. 2019;2019:1-8. doi:10.1155/2019/9157637.
29. van Bogerijen GH, Tolenaar JL, Rampoldi V, et.al. Predictors of aortic growth in uncomplicated type B aortic dissection. *J Vasc Surg*. 2014 Apr;59(4):1134-43. doi: 10.1016/j.jvs.2014.01.042.
30. Whelton PK, Carey RM, Aronow WS, et al. 2017 ACC/AHA/AAPA/ABC/ACPM/AGS/APhA/ASH/ASPC/NMA/PCNA Guideline for the Prevention, Detection, Evaluation, and Management of High Blood Pressure in Adults: A Report of the American College of Cardiology/American Heart Association Task Force on Clinical Practice Guidelines. *Hypertension*. 2018;71(6). doi:10.1161/hyp.0000000000000065.
31. Zierler RE, Jordan WD, Lal BK, et al. The Society for Vascular Surgery practice guidelines on follow-up after vascular surgery arterial procedures. *J Vasc Surg* . 2018;68(1):256-284. doi:10.1016/j.jvs.2018.04.018.1.
32. Salim S, Machin M, Patterson BO, Bicknell C. The Management of Penetrating Aortic Ulcer. *Hearts*. 2020;1(1):5-13. doi:10.3390/hearts1010003.
33. Eric M. Isselbacher, MD, Ourania Preventza, MD,et al. 2022 ACC/AHA guideline for the diagnosis and management of aortic disease: a report of the American Heart Association/American College of Cardiology Joint Committee on Clinical Practice Guidelines. *Circulation*. 2022;146:e334–e482. doi: 10.1161/CIR.0000000000001106.
34. Nicolaou G, Ismail M, Cheng D. Thoracic endovascular aortic repair: update on indications and guidelines. *Anesthesiol Clin*. 2013 Jun;31(2):451-78. doi: 10.1016/j.anclin.2013.01.001.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Abdominal Aortic Aneurysm (AAA) (PVD-6.3)

PVD.AD.0006.3.A
v1.0.2025

Screen for AAA

- Ultrasound abdominal aorta with any of the studies from the table of Duplex ultrasound for visceral vascular studies in **Aortic Disorders General Information (PVD-6.1)** is the preferred initial imaging study to screen for AAA.
- One-time screening recommendations for AAA (Ultrasound CPT® 76706)
  - Individuals 65 to 75 years of age with a history of tobacco use.
  - Individuals older than 75 years with a history of tobacco use and in otherwise good health who have not previously received a screening ultrasound examination.
  - All first-degree relatives of individuals who present with an AAA and are between 65 and 75, or in those older than 75 in good health.
- AAA screening is reasonable with ultrasound (CPT® 76706, 93975, 93976, 93978, or 93979) if there is a documented thoracic aortic aneurysm; however, there is insufficient evidence to support the use of advanced imaging to screen for a thoracic aortic aneurysm in individuals with known abdominal aortic aneurysm.

Survey known AAA

Ultrasound abdominal aorta with any of the studies from the table of Duplex ultrasound for visceral vascular studies in **Aortic Disorders General Information (PVD-6.1)** is the preferred initial imaging study to survey known AAA.

- Surveillance recommendations for AAA (CPT® 76706, 93975, 93976, 93978, 93979)
  - >2.5 cm but <3.0 cm: 10 years
  - 3.0 cm to 3.9 cm: 3 year intervals
  - 4.0 cm to 4.9 cm: every 12 months
  - 5.0 cm to 5.4 cm: every 6 months
  - >5.4 cm or aortic diameter has increased in size by 0.5 cm in six months, or at least 1 cm in a year may undergo more frequent monitoring and should be evaluated by a Vascular Specialist
- Additional Imaging
  - CT Abdomen and Pelvis with contrast (CPT® 74177), CT Abdomen and Pelvis without contrast (CPT® 74176), or CTA Abdomen and Pelvis (CPT® 74174), or CTA Abdomen (CPT® 74175), or CTA Pelvis (CPT® 72191).

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

- Suspected or known AAA with recent-onset abdominal or back pain, particularly in the presence of a pulsatile epigastric mass or significant risk factors for AAA
- Pre-operative imaging for AAA repair

Evaluate a pulsatile abdominal mass

Ultrasound abdominal aorta with any of the studies from the table of Duplex ultrasound for visceral vascular studies in **Aortic Disorders General Information (PVD-6.1)** is the preferred initial imaging study to evaluate a pulsatile abdominal mass:

- Additional Imaging with CT Abdomen and Pelvis with contrast (CPT® 74177), CT Abdomen and Pelvis without contrast (CPT® 74176), or CTA Abdomen and Pelvis (CPT® 74174), or CTA Abdomen (CPT® 74175), or CTA Pelvis (CPT® 72191) for either:
  - Suspected or known AAA with recent-onset abdominal or back pain, particularly in the presence of a pulsatile epigastric mass or significant risk factors for AAA
  - Pre-operative imaging for AAA repair

Obese Individual (BMI ≥35)

- CT Abdomen and Pelvis with contrast (CPT® 74177) or without contrast (CPT® 74176) can be substituted for US using the same timeline as a non-obese individual. Ultrasound abdominal aorta should ideally first be attempted to see if the image quality is adequate.

Evidence Discussion

Abdominal Aortic Aneurysm (AAA) Abdominal aortic aneurysmal disease is usually asymptomatic and discovered incidentally. Symptomatic aortic aneurysms are at high risk for rupture with a significant mortality risk and should be treated emergently with imaging and intervention as indicated. Screening for AAA has some benefit for high risk populations including some long-term tobacco users, individuals with known thoracic or other aneurysms and individuals with certain genetic or familial syndromes. Individuals found to have a pulsatile mass on abdominal exam may also warrant imaging for suspected aneurysmal disease.

For chronic aneurysms, several major studies have been performed with recommendations on surveillance frequency based on rupture risk. Once the rupture risk of an aneurysm meets or exceeds the risk of surgical repair, intervention is recommended. Most repair approaches use endovascular techniques that require preoperative imaging with CT/MR to determine specific anatomic data for appropriate device selection.

The anatomic location of abdominal aortic aneurysms allows ultrasound to be used as a primary imaging modality in most cases for surveillance. Ultrasound uses no radiation or contrast, can be performed in an outpatient setting and is cost-effective. CT/MR imaging

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

is usually reserved for intervention planning or for cases where ultrasound has been found to have technical limitations related to body habitus or other structural issues.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References

PVD.AD.0006.3.A
v1.0.2025

1. Bonci G, Steigner ML, et al. ACR Appropriateness Criteria® Thoracic Aorta Interventional Planning and Follow-Up. *J Am Coll Radiol*. 2017;14(11S):S570-S583. doi:10.1016/j.jacr.2017.08.042.
2. Kalva SP, Dill KE, et al. ACR Appropriateness Criteria® nontraumatic aortic disease. *J Thorac Imaging*. 2014;29(5):W85-W88. doi:10.1097/RTI.0000000000000107.
3. Albornoz G, Coady MA, Roberts M, et al. Familial thoracic aortic aneurysms and dissections--incidence, modes of inheritance, and phenotypic patterns. *Ann Thorac Surg*. 2006;82(4):1400-1405. doi:10.1016/j.athoracsur.2006.04.098.
4. Anderson JL, Halperin JL, Albert N, et al. Management of Patients with Peripheral Artery Disease (Compilation of 2005 and 2011 ACCF/AHA Guideline Recommendations).. *J Am Coll Cardiol*. 2013;61(14):1555-1570. doi:10.1016/j.jacc.2013.01.004.
5. Bennett SJ, Dill KE, Hanley M, et al. ACR Appropriateness Criteria ® Suspected Thoracic Aortic Aneurysm. *J Am Coll Radiol*. 2018;15(5). doi:10.1016/j.jacr.2018.03.031.
6. Chaikof EL, Dalman RL, Eskandari MK, et al. The Society for Vascular Surgery practice guidelines on the care of patients with an abdominal aortic aneurysm .*J Vasc Surg*. 2018;67(1). doi:10.1016/j.jvs.2017.10.044.
7. Elefteriades JA. Natural history of thoracic aortic aneurysms: indications for surgery, and surgical versus nonsurgical risks. *Ann Thorac Surg* 2002; 74: S1877-S1880.
8. Erben Y, Brownstein AJ, Rajaee S. Natural History of and Management of Splanchnic Artery Aneurysms in a Single Tertiary Referral Center. *J Vasc Surg* 2018 Oct; 68(4): 1079-1087.
9. Chaer RA, Abularrage CJ, Coleman DM, et al. The Society for Vascular Surgery clinical practice guidelines on the management of visceral aneurysms. *J Vasc Surg*. 2020;72(1S):3S-39S. doi:10.1016/j.jvs.2020.01.039.
10. Expert Panel on Cardiac Imaging. ACR Appropriateness Criteria® Acute Chest Pain -- Suspected Aortic Dissection. *American College of Radiology (ACR)*; 2014.
11. Collard M, Sutphin PD, Kalva SP, et al. Expert Panel on Vascular Imaging. ACR Appropriateness Criteria® Abdominal Aortic Aneurysm Follow-up (without Repair). *J Am Coll Radiol*. 2019;16(5S):S2-S6. doi:10.1016/j.jacr.2019.02.005.
12. Corey MR, Ergul EA, Cambria RP. The Natural History of Sphlanchnic Aneurysms and Outcome after Operative Intervention. *J Vasc Surg*. 2016 April 63 (4):949-57.
13. Dejaco C, Ramiro S, Duftner C, et al. EULAR recommendations for the use of imaging in large vessel vasculitis in clinical practice. *Annals of the Rheumatic Diseases*. 2018;77(5):636-643. doi:10.1136/annrheumdis-2017-212649.
14. Diercks D, Promes S, Schuur J, et al. American College of Emergency Physicians. Clinical policy: critical issues in the evaluation and management of adult patients with suspected acute nontraumatic thoracic aortic dissection. *Ann Emerg Med*. 2015 Jan; 65 (1) :32-42.
15. Francois CJ, Skulborstad EP, Majdalany BS, et al. Expert Panels on Vascular Imaging and Interventional Radiology. ACR Appropriateness Criteria® Abdominal Aortic Aneurysm: Interventional Planning and Follow-Up. *J Am Coll Radiol*. 2018;15(5S):S2-S12. doi:10.1016/j.jacr.2018.03.008.
16. Harvin HJ, Verma N, Nikolaidis P, et al. ACR Appropriateness Criteria ® Renovascular Hypertension. *J Am Coll Radiol*. 2017;14(11). doi:10.1016/j.jacr.2017.08.040.
17. Hiratzka LF, Bakris GL, Beckman JA, et al. 2010 ACCF/AHA/AATS/ACR/ASA/SCA/SCAI/SIR/STS/SVM Guidelines for the diagnosis and management of patients with thoracic aortic disease. A Report of the American College of Cardiology Foundation/American Heart Association Task Force on Practice Guidelines, American Association for Thoracic Surgery, American College of Radiology,American Stroke Association, Society of Cardiovascular Anesthesiologists, Society for Cardiovascular Angiography and Interventions, Society of Interventional Radiology, Society of Thoracic Surgeons,and Society for Vascular Medicine [published correction appears in J Am Coll Cardiol. 2013 Sep 10;62(11):1039-40]. *J Am Coll Cardiol*. 2010;55(14):e27-e129. doi:10.1016/j.jacc.2010.02.015.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

18. Kallianos KG, Burris NS. Imaging Thoracic Aortic Aneurysm. *Radiol Clin North Am*. 2020;58(4):721-731. doi:10.1016/j.rcl.2020.02.009.
19. Loren F. Hiratzka MD, et al, 2010 ACCF/AHA/AATS/ACR/ASA/SCAI/SIR/STS/SVM Guidelines for the Diagnosis and Management of Patients with Thoracic Aortic Disease. *Circulation* 2010; 121: e266-e369.
20. Masuda Y1, Yamada Z, Morooka N, Watanabe S, Inagaki Y.Prognosis of patients with medically treated aortic dissections. *Circulation*. 1991 Nov;84(5 Suppl):III7-13.
21. Moser M, Setaro JF. Resistant or Difficult-to-Control Hypertension. *New England Journal of Medicine*. 2006;355(4):385-392. doi:10.1056/nejmcp041698.
22. Persu A, Giavarini A, Touzé E, et al. European consensus on the diagnosis and management of fibromuscular dysplasia. *Journal of Hypertension*. 2014;32(7):1367-1378.doi:10.1097/hjh.0000000000000213.
23. Sakamoto I, Sueyoshi E, Hazama S, et al. Endovascular treatment of iliac artery aneurysms. *Radiographics* October 2005;25:S213-S227.
24. Shiga T, Wajima Z, Apfel CC, Inoue T, Ohe Y. Diagnostic Accuracy of Transesophageal Echocardiography, Helical Computed Tomography, and Magnetic Resonance Imaging for Suspected Thoracic Aortic Dissection: Systematic Review and Meta-analysis. *Arch Intern Med* 2006; 166 (13): 1350-1356.
25. Alcantara S, Yang CK, Sasson J, et al. The evidence for nonoperative management of visceral artery dissections: a single-center experience. *Ann Vasc Surg*. 2015;29(1):103-108. doi:10.1016/j.avsg.2014.09.004.
26. Smith T, Quencer KB. Best Practice Guidelines: Imaging Surveillance After Endovascular Aneurysm Repair. *American Journal of Roentgenology*. 2020;214(5):1165-1174. doi:10.2214/ajr.19.22197.
27. Tadros TM, Klein MD, Shapira OM. Ascending aortic dilatation associated with bicuspid aortic valve. *Circulation* 2009; 119: 880-890.
28. Taimen K, Salomäki SP, Hohenthal U, et al. The Clinical Impact of Using 18F-FDG-PET/CT in the Diagnosis of Suspected Vasculitis: The Effect of Dose and Timing of Glucocorticoid Treatment. *Contrast Media & Molecular Imaging*. 2019;2019:1-8. doi:10.1155/2019/9157637.
29. van Bogerijen GH, Tolenaar JL, Rampoldi V, et.al. Predictors of aortic growth in uncomplicated type B aortic dissection. *J Vasc Surg*. 2014 Apr;59(4):1134-43. doi: 10.1016/j.jvs.2014.01.042.
30. Whelton PK, Carey RM, Aronow WS, et al. 2017 ACC/AHA/AAPA/ABC/ACPM/AGS/APhA/ASH/ASPC/NMA/PCNA Guideline for the Prevention, Detection, Evaluation, and Management of High Blood Pressure in Adults: A Report of the American College of Cardiology/American Heart Association Task Force on Clinical Practice Guidelines. *Hypertension*. 2018;71(6). doi:10.1161/hyp.0000000000000065.
31. Zierler RE, Jordan WD, Lal BK, et al. The Society for Vascular Surgery practice guidelines on follow-up after vascular surgery arterial procedures. *J Vasc Surg* . 2018;68(1):256-284. doi:10.1016/j.jvs.2018.04.018.1.
32. Salim S, Machin M, Patterson BO, Bicknell C. The Management of Penetrating Aortic Ulcer. *Hearts*. 2020;1(1):5-13. doi:10.3390/hearts1010003.
33. Eric M. Isselbacher, MD, Ourania Preventza, MD,et al. 2022 ACC/AHA guideline for the diagnosis and management of aortic disease: a report of the American Heart Association/American College of Cardiology Joint Committee on Clinical Practice Guidelines. *Circulation*. 2022;146:e334–e482. doi: 10.1161/CIR.0000000000001106.
34. Nicolaou G, Ismail M, Cheng D. Thoracic endovascular aortic repair: update on indications and guidelines. *Anesthesiol Clin*. 2013 Jun;31(2):451-78. doi: 10.1016/j.anclin.2013.01.001.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Aortic and Arterial Dissection and Other Aortic Conditions (PVD-6.7)

PVD.AD.0006.7.A
v1.0.2025

Table 3: Coding

Imaging for Aortic conditions	CPT®
CT Chest, and/or Abdomen, and/or Pelvis	71260 74177 74160 72193
CTA Chest, and/or Abdomen, and/or Pelvis	71275 74175 72191 74174
MRA Chest, and/or Abdomen, and/or Pelvis	71555 74185 72198

- CTA or MRA of the entire aorta (including arch branches) and extending through the femoral arteries for suspected aortic dissection. Any of the following studies can be used if acute dissection is suspected:
  - CT Chest (CPT® 71260 or CPT® 71270) **and/or one of the following:**
    - CT Abdomen (CPT® 74160 or CPT® 74170) with or without and with contrast
    - CT Pelvis (CPT® 72193 or CPT® 72194) with or without and with contrast
    - CT Abdomen and Pelvis (CPT® 74177 or CPT® 74178) with or without and with contrast
  - CTA Chest (CPT® 71275) and/or **one** of the following:
    - CTA Abdomen (CPT® 74175)
    - CTA Pelvis (CPT® 72191)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

        - CTA Abdomen and Pelvis (CPT® 74174)
    - MRA Chest and/or Abdomen and/or Pelvis (CPT® 71555 and/or CPT® 74185 and/or CPT® 72198)
- Any aortic dissection, regardless of treatment modality (medical or surgical), may have the following advanced imaging of the involved segment(s) of aorta according to the Imaging for Aortic Conditions table above at the following intervals:
    - 1 month
    - 6 months
    - 12 months
    - If stable, annually
- In individuals with Marfan syndrome/Loeys-Dietz/Ehlers-Danlos
    - As aneurysmal expansion within a dissection can occur rapidly, post-dissection imaging in these individuals is indicated as follows:
        - 1 month
        - 3 months
        - 6 months
        - 12 months
        - yearly thereafter
    - Depending on the location of the dissection the following may be approved:
        - CTA or MRA Head (CPT® 70496 or CPT® 70544)
        - Carotid duplex or CTA Neck or MRA Neck (CPT® 93980, CPT® 70498, or CPT® 70547)
        - CTA or MRA Chest (CPT® 71275 or CPT® 71555)
        - CTA Abdomen and Pelvis (CPT® 74174); or CTA or MRA Abdomen (CPT® 74175 or CPT® 74185); or CTA or MRA Pelvis (CPT® 72191 or CPT® 72198)
- Asymptomatic incidentally found arterial dissections not affecting the aorta including but not excluded to iliac arteries, visceral arteries, extracranial arteries can be imaged according to the general schedule:
    - Within one month of discovery
    - Six months
    - 12 months
    - No further imaging after 12 months if noted to be stable
- Asymptomatic penetrating aortic ulcers treated medically can be imaged according to the following time intervals:
    - One month after diagnosis
    - If stable, every 6 months for 2 years
    - Then at appropriate intervals thereafter (depending on patient age and PAU characteristics) as determined by the provider managing the condition

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Background and Supporting Information

Classic symptoms of sharp, severe acute onset of retrosternal or interscapular chest pain is seen in 96% and is best adapted to the emergent setting. Chest x-ray is imprecise; any suspicion should be considered since up to 10% of individuals with aortic dissection present without classic symptoms.

Evidence Discussion

Aortic and Arterial Dissection and Other Aortic Conditions

Aortic and arterial dissection is usually a result of vessel wall damage due to uncontrolled hypertension or physical trauma. Some connective tissue and genetic disorders also carry a higher risk for vessel dissection. Emergent cases usually present with symptoms of impending vessel rupture, organ malperfusion or hemodynamic instability. For these cases, advanced imaging is required for surgical planning. Additional imaging of anatomic regions with suspected involvement are considered necessary in these cases. Acute dissection cases without these features may be observed with medical management until stable.

A chronic arterial dissection will often degenerate into an aneurysm over time. Multiple major studies have been conducted to recommend criteria for intervention based on size and anatomic considerations. Individuals with certain genetic syndromes including Marfan, Loeys-Dietz and Ehlers- Danlos Type IV may be at risk for accelerated vessel degeneration and should undergo more frequent surveillance.

Due to the complex anatomy associated with arterial dissection, CT/MR imaging is recommended over duplex imaging for thoracic, abdominal and visceral artery dissections. Duplex imaging may still be useful for carotid monitoring depending on the extent of vessel involvement.

Asymptomatic arterial dissections not associated with the aorta should undergo regular surveillance for the first year after detection. No further imaging has found to be of benefit if findings remain stable.

Penetrating aortic ulcers are frequently found in the setting of severe aortic atherosclerosis and may carry a significant rupture risk. Frequent surveillance for the first year after detection is indicated to determine if intervention is necessary. If the penetrating aortic ulcer remains stable after twelve months, the frequency of imaging may be reduced to annually until intervention is indicated.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References

PVD.AD.0006.7.A
v1.0.2025

1. Bonci G, Steigner ML, et al. ACR Appropriateness Criteria® Thoracic Aorta Interventional Planning and Follow-Up. *J Am Coll Radiol*. 2017;14(11S):S570-S583. doi:10.1016/j.jacr.2017.08.042.
2. Kalva SP, Dill KE, et al. ACR Appropriateness Criteria® nontraumatic aortic disease. *J Thorac Imaging*. 2014;29(5):W85-W88. doi:10.1097/RTI.0000000000000107.
3. Albornoz G, Coady MA, Roberts M, et al. Familial thoracic aortic aneurysms and dissections--incidence, modes of inheritance, and phenotypic patterns. *Ann Thorac Surg*. 2006;82(4):1400-1405. doi:10.1016/j.athoracsur.2006.04.098.
4. Anderson JL, Halperin JL, Albert N, et al. Management of Patients with Peripheral Artery Disease (Compilation of 2005 and 2011 ACCF/AHA Guideline Recommendations).. *J Am Coll Cardiol*. 2013;61(14):1555-1570. doi:10.1016/j.jacc.2013.01.004.
5. Bennett SJ, Dill KE, Hanley M, et al. ACR Appropriateness Criteria ® Suspected Thoracic Aortic Aneurysm. *J Am Coll Radiol*. 2018;15(5). doi:10.1016/j.jacr.2018.03.031.
6. Chaikof EL, Dalman RL, Eskandari MK, et al. The Society for Vascular Surgery practice guidelines on the care of patients with an abdominal aortic aneurysm .*J Vasc Surg*. 2018;67(1). doi:10.1016/j.jvs.2017.10.044.
7. Elefteriades JA. Natural history of thoracic aortic aneurysms: indications for surgery, and surgical versus nonsurgical risks. *Ann Thorac Surg* 2002; 74: S1877-S1880.
8. Erben Y, Brownstein AJ, Rajaee S. Natural History of and Management of Splanchnic Artery Aneurysms in a Single Tertiary Referral Center. *J Vasc Surg* 2018 Oct; 68(4): 1079-1087.
9. Chaer RA, Abularrage CJ, Coleman DM, et al. The Society for Vascular Surgery clinical practice guidelines on the management of visceral aneurysms. *J Vasc Surg*. 2020;72(1S):3S-39S. doi:10.1016/j.jvs.2020.01.039.
10. Expert Panel on Cardiac Imaging. ACR Appropriateness Criteria® Acute Chest Pain -- Suspected Aortic Dissection. *American College of Radiology (ACR)*; 2014.
11. Collard M, Sutphin PD, Kalva SP, et al. Expert Panel on Vascular Imaging. ACR Appropriateness Criteria® Abdominal Aortic Aneurysm Follow-up (without Repair). *J Am Coll Radiol*. 2019;16(5S):S2-S6. doi:10.1016/j.jacr.2019.02.005.
12. Corey MR, Ergul EA, Cambria RP. The Natural History of Sphlanchnic Aneurysms and Outcome after Operative Intervention. *J Vasc Surg*. 2016 April 63 (4):949-57.
13. Dejaco C, Ramiro S, Duftner C, et al. EULAR recommendations for the use of imaging in large vessel vasculitis in clinical practice. *Annals of the Rheumatic Diseases*. 2018;77(5):636-643. doi:10.1136/annrheumdis-2017-212649.
14. Diercks D, Promes S, Schuur J, et al. American College of Emergency Physicians. Clinical policy: critical issues in the evaluation and management of adult patients with suspected acute nontraumatic thoracic aortic dissection. *Ann Emerg Med*. 2015 Jan; 65 (1) :32-42.
15. Francois CJ, Skulborstad EP, Majdalany BS, et al. Expert Panels on Vascular Imaging and Interventional Radiology. ACR Appropriateness Criteria® Abdominal Aortic Aneurysm: Interventional Planning and Follow-Up. *J Am Coll Radiol*. 2018;15(5S):S2-S12. doi:10.1016/j.jacr.2018.03.008.
16. Harvin HJ, Verma N, Nikolaidis P, et al. ACR Appropriateness Criteria ® Renovascular Hypertension. *J Am Coll Radiol*. 2017;14(11). doi:10.1016/j.jacr.2017.08.040.
17. Hiratzka LF, Bakris GL, Beckman JA, et al. 2010 ACCF/AHA/AATS/ACR/ASA/SCA/SCAI/SIR/STS/SVM Guidelines for the diagnosis and management of patients with thoracic aortic disease. A Report of the American College of Cardiology Foundation/American Heart Association Task Force on Practice Guidelines, American Association for Thoracic Surgery, American College of Radiology,American Stroke Association, Society of Cardiovascular Anesthesiologists, Society for Cardiovascular Angiography and Interventions, Society of Interventional Radiology, Society of Thoracic Surgeons,and Society for Vascular Medicine [published correction appears in J Am Coll Cardiol. 2013 Sep 10;62(11):1039-40]. *J Am Coll Cardiol*. 2010;55(14):e27-e129. doi:10.1016/j.jacc.2010.02.015.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

18. Kallianos KG, Burris NS. Imaging Thoracic Aortic Aneurysm. *Radiol Clin North Am*. 2020;58(4):721-731. doi:10.1016/j.rcl.2020.02.009.
19. Loren F. Hiratzka MD, et al, 2010 ACCF/AHA/AATS/ACR/ASA/SCAI/SIR/STS/SVM Guidelines for the Diagnosis and Management of Patients with Thoracic Aortic Disease. *Circulation* 2010; 121: e266-e369.
20. Masuda Y1, Yamada Z, Morooka N, Watanabe S, Inagaki Y.Prognosis of patients with medically treated aortic dissections. *Circulation*. 1991 Nov;84(5 Suppl):III7-13.
21. Moser M, Setaro JF. Resistant or Difficult-to-Control Hypertension. *New England Journal of Medicine*. 2006;355(4):385-392. doi:10.1056/nejmcp041698.
22. Persu A, Giavarini A, Touzé E, et al. European consensus on the diagnosis and management of fibromuscular dysplasia. *Journal of Hypertension*. 2014;32(7):1367-1378.doi:10.1097/hjh.0000000000000213.
23. Sakamoto I, Sueyoshi E, Hazama S, et al. Endovascular treatment of iliac artery aneurysms. *Radiographics* October 2005;25:S213-S227.
24. Shiga T, Wajima Z, Apfel CC, Inoue T, Ohe Y. Diagnostic Accuracy of Transesophageal Echocardiography, Helical Computed Tomography, and Magnetic Resonance Imaging for Suspected Thoracic Aortic Dissection: Systematic Review and Meta-analysis. *Arch Intern Med* 2006; 166 (13): 1350-1356.
25. Alcantara S, Yang CK, Sasson J, et al. The evidence for nonoperative management of visceral artery dissections: a single-center experience. *Ann Vasc Surg*. 2015;29(1):103-108. doi:10.1016/j.avsg.2014.09.004.
26. Smith T, Quencer KB. Best Practice Guidelines: Imaging Surveillance After Endovascular Aneurysm Repair. *American Journal of Roentgenology*. 2020;214(5):1165-1174. doi:10.2214/ajr.19.22197.
27. Tadros TM, Klein MD, Shapira OM. Ascending aortic dilatation associated with bicuspid aortic valve. *Circulation* 2009; 119: 880-890.
28. Taimen K, Salomäki SP, Hohenthal U, et al. The Clinical Impact of Using 18F-FDG-PET/CT in the Diagnosis of Suspected Vasculitis: The Effect of Dose and Timing of Glucocorticoid Treatment. *Contrast Media & Molecular Imaging*. 2019;2019:1-8. doi:10.1155/2019/9157637.
29. van Bogerijen GH, Tolenaar JL, Rampoldi V, et.al. Predictors of aortic growth in uncomplicated type B aortic dissection. *J Vasc Surg*. 2014 Apr;59(4):1134-43. doi: 10.1016/j.jvs.2014.01.042.
30. Whelton PK, Carey RM, Aronow WS, et al. 2017 ACC/AHA/AAPA/ABC/ACPM/AGS/APhA/ASH/ASPC/NMA/PCNA Guideline for the Prevention, Detection, Evaluation, and Management of High Blood Pressure in Adults: A Report of the American College of Cardiology/American Heart Association Task Force on Clinical Practice Guidelines. *Hypertension*. 2018;71(6). doi:10.1161/hyp.0000000000000065.
31. Zierler RE, Jordan WD, Lal BK, et al. The Society for Vascular Surgery practice guidelines on follow-up after vascular surgery arterial procedures. *J Vasc Surg* . 2018;68(1):256-284. doi:10.1016/j.jvs.2018.04.018.1.
32. Salim S, Machin M, Patterson BO, Bicknell C. The Management of Penetrating Aortic Ulcer. *Hearts*. 2020;1(1):5-13. doi:10.3390/hearts1010003.
33. Eric M. Isselbacher, MD, Ourania Preventza, MD,et al. 2022 ACC/AHA guideline for the diagnosis and management of aortic disease: a report of the American Heart Association/American College of Cardiology Joint Committee on Clinical Practice Guidelines. *Circulation*. 2022;146:e334–e482. doi: 10.1161/CIR.0000000000001106.
34. Nicolaou G, Ismail M, Cheng D. Thoracic endovascular aortic repair: update on indications and guidelines. *Anesthesiol Clin*. 2013 Jun;31(2):451-78. doi: 10.1016/j.anclin.2013.01.001.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Post Aortic Endovascular/Open Surgery Surveillance Studies (PVD-6.8)

PVD.AD.0006.8.A
v1.0.2025

Open Procedures

- Aortic root/ascending aortic procedures for aneurysm/dissection (ex: aortic root repair, arch/hemi-arch repair, Elephant trunk repair). One of the following post-operative studies [Echocardiography or CT Chest with contrast (CPT® 71260) or CT Chest without contrast (CPT® 71250) or CTA Chest (CPT® 71275)], is indicated as follows:
  - Within 1 year post-operative
  - Then every 5 years
- Open descending thoracic aortic aneurysm repair - **One** of the following post-operative studies [CT Chest with contrast (CPT® 71260) **or** CT Chest without contrast (CPT® 71250) **or** CTA Chest (CPT® 71275)], is indicated as follows:
  - Within 1 year post-operative
  - Then every 5 years
- Open Aortic Abdominal Aneurysm Repair - contrast and non-contrast enhanced CT of the entire aorta (CPT® 74176, CPT® 74177, CPT® 74174):
  - Within 1 year post-operative
  - Then every 5-years
  - As requested to assess for suspected infection of the graft (see **Nuclear Medicine Imaging indications (PVD-10.1)** for nuclear medicine imaging for vascular graft infection).

Endovascular procedures

Post-operative surveillance after TEVAR for any indication (PVD-6.8.1)

Imaging for post-operative TEVAR	CPT®
CT Chest, and/or Abdomen, and/or Pelvis	• 71260 • 74177 • 74160 • 72193

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Imaging for post-operative TEVAR	CPT®
CTA Chest, and/or Abdomen, and/or Pelvis	• 71275 • 74175 • 72191 • 74174
MRA Chest, and/or Abdomen, and/or Pelvis	• 71555 • 74185 • 72198

Note:

Abdomen and Pelvis imaging is indicated only if TEVAR performed for a dissection that extends into the abdomen or pelvis

- **Any** of the above studies listed in the table can be performed as follows:
  - One month
  - Twelve months
  - Then annually for life
- If an endoleak is identified at the 1-month study more frequent imaging can be considered

Post-operative surveillance after abdominal EVAR (endovascular aneurysm repair) (PVD-6.8.2)

Imaging for post-operative abdominal EVAR	CPT®
CT Abdomen and/or Pelvis with contrast	74160 72193 74177
CT Abdomen and/or Pelvis without and with contrast	74170 72194 74178

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Imaging for post-operative abdominal EVAR	CPT®
CTA Abdomen and/or Pelvis	74175 72191 74174
MRA Abdomen and/or Pelvis	74185 72198

- CT as per above coding as requested and color duplex ultrasound (CPT® 93975, CPT® 93976, CPT® 93978, or CPT® 93979) one month after EVAR
- If no endoleak, or sac enlargement, repeat either preferred CT or duplex ultrasound (but not both) at 12 months
- If a type II endoleak is observed 1 month after EVAR, may approve **both** at 6 months :
  - Any of the above CT with contrast
  - Color duplex US
- If no endoleak or AAA sac enlargement is detected at 1 year after EVAR annual surveillance with:
  - Color duplex US
  - If DGUS is not available, any of the above CT can be performed
- If a type II endoleak is associated with an aneurysm sac that is shrinking or stable in size:
  - Continue surveillance with color duplex US every 6 months for 2 years
  - Annually thereafter.
- If US detects a new endoleak, graft migration, or aneurysm sac growth > 5mm:
  - Any of the above CT scan as requested.
  - Non-contrast CT of the entire aorta at 5-year intervals (CPT®74176)

Post-endoleak intervention surveillance imaging

Surveillance imaging after EVAR, or any subsequent endoleak intervention, is based on the most recent intervention.

For any subsequent interventions for endoleak repair, imaging can be obtained at 1 month with CT and then follow protocol as above.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Endovascular (Stent) Iliac Repair (PVD-6.8.3)

Imaging for endovascular iliac repair (stent)	CPT®
CT Pelvis	72193 72194
CTA Pelvis	72191
MRA Pelvis	72198

- One of the above studies can be performed for endovascular iliac repair (stent)
- If performed in conjunction with EVAR, surveillance can follow the same schedule as EVAR.
- For isolated iliac artery aneurysm repair, surveillance can be performed with an arterial duplex (CPT® 93975, CPT® 93976, CPT® 93978, or CPT® 93979) or CT or MR as above if duplex unavailable:
  - Post-operatively within the first month
  - 6 months after endovascular treatment
  - Annually

Additional Information

Evidence Discussion

Post Aortic Endovascular/Open Surgery Surveillance Studies

Surgical approaches to aortic repair have evolved over the past several decades. Open repair is still common for treatment of ascending aortic pathology as well as some thoracic/abdominal aortic disease with complex anatomy. In recent years, however, advances in endovascular technology have made this modality preferred for descending thoracic, abdominal and iliac artery repairs.

Multiple studies have been performed with several recommendations for aortic graft surveillance depending on anatomic location and repair type. Open repair surveillance tends to use longer frequency intervals due to the durability of the repair approach. While less invasive, endovascular repairs require more frequent monitoring as the graft components have a higher risk of technical complication with a need for repeat intervention.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

When an endovascular graft system becomes displaced or does not adhere properly to the native vessel wall, an endoleak may develop. An endoleak increases the risk of rupture within a previously repaired aneurysm sac and may require repeat intervention. Some endoleak types may be monitored with regular surveillance if the aneurysm sac diameter remains stable. However, if the aneurysm sac increases in size or if a high risk endoleak type is detected, repeat intervention with preoperative imaging is indicated to prevent rupture. Post-endoleak repairs also require regular surveillance as these may also be at risk for technical failure over time.

Thoracic aortic surveillance imaging is usually performed with CT/MR due to the anatomic limitations of duplex in this region. Abdominal aortic surveillance after endovascular repair is initially performed with CT/MR to ensure proper alignment of all graft components. Once this has been established, surveillance with duplex ultrasound is indicated unless technical limitations are noted. If an endoleak is detected or if additional pathology such as graft infection is suspected, CT/MR imaging would be appropriate to provide additional anatomic detail. Similarly, if there is concern for repeat intervention, preoperative imaging with CT/MR is indicated.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References

PVD.AD.0006.8.A
v1.0.2025

1. Bonci G, Steigner ML, et al. ACR Appropriateness Criteria® Thoracic Aorta Interventional Planning and Follow-Up. *J Am Coll Radiol*. 2017;14(11S):S570-S583. doi:10.1016/j.jacr.2017.08.042.
2. Kalva SP, Dill KE, et al. ACR Appropriateness Criteria® nontraumatic aortic disease. *J Thorac Imaging*. 2014;29(5):W85-W88. doi:10.1097/RTI.0000000000000107.
3. Albornoz G, Coady MA, Roberts M, et al. Familial thoracic aortic aneurysms and dissections--incidence, modes of inheritance, and phenotypic patterns. *Ann Thorac Surg*. 2006;82(4):1400-1405. doi:10.1016/j.athoracsur.2006.04.098.
4. Bennett SJ, Dill KE, Hanley M, et al. ACR Appropriateness Criteria® Suspected Thoracic Aortic Aneurysm. *J Am Coll Radiol*. 2018;15(5). doi:10.1016/j.jacr.2018.03.031.
5. Chaikof EL, Dalman RL, Eskandari MK, et al. The Society for Vascular Surgery practice guidelines on the care of patients with an abdominal aortic aneurysm .*J Vasc Surg*. 2018;67(1). doi:10.1016/j.jvs.2017.10.044.
6. Diercks D, Promes S, Schuur J, et al. American College of Emergency Physicians. Clinical policy: critical issues in the evaluation and management of adult patients with suspected acute nontraumatic thoracic aortic dissection. *Ann Emerg Med*. 2015 Jan; 65 (1) :32-42.
7. Francois CJ, Skulborstad EP, Majdalany BS, et al. Expert Panels on Vascular Imaging and Interventional Radiology. ACR Appropriateness Criteria® Abdominal Aortic Aneurysm: Interventional Planning and Follow-Up. *J Am Coll Radiol*. 2018;15(5S):S2-S12. doi:10.1016/j.jacr.2018.03.008.
8. Kallianos KG, Burris NS. Imaging Thoracic Aortic Aneurysm. *Radiol Clin North Am*. 2020;58(4):721-731. doi:10.1016/j.rcl.2020.02.009.
9. Loren F. Hiratzka MD, et al, 2010 ACCF/AHA/AATS/ACR/ASA/SCAI/SIR/STS/SVM Guidelines for the Diagnosis and Management of Patients with Thoracic Aortic Disease. *Circulation* 2010; 121: e266-e369.
10. Shiga T, Wajima Z, Apfel CC, InoueT, Ohe Y. Diagnostic Accuracy of Transesophageal Echocardiography, Helical Computed Tomography, and Magnetic Resonance Imaging for Suspected Thoracic Aortic Dissection: Systematic Review and Meta-analysis. *Arch Intern Med* 2006; 166 (13): 1350-1356.
11. Smith T, Quencer KB. Best Practice Guidelines: Imaging Surveillance After Endovascular Aneurysm Repair. *American Journal of Roentgenology*. 2020;214(5):1165-1174. doi:10.2214/ajr.19.22197.
12. Zierler RE, Jordan WD, Lal BK, et al. The Society for Vascular Surgery practice guidelines on follow-up after vascular surgery arterial procedures. *J Vasc Surg* . 2018;68(1):256-284. doi:10.1016/j.jvs.2018.04.018.1.
13. Gilbert R. Upchurch Jr, MD, Guillermo A. Escobar, MD, et al. Society for Vascular Surgery clinical practice guidelines of thoracic endovascular aortic repair for descending thoracic aortic aneurysms. J Vasc Surg 2021;73:55S-83S.
14. Isselbacher, MD, Ourania Preventza, MD,et al. 2022 ACC/AHA guideline for the diagnosis and management of aortic disease: a report of the American Heart Association/American College of Cardiology Joint Committee on Clinical Practice Guidelines. Circulation. 2022;146:e334–e482. doi:10.1161/CIR.0000000000001106.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Large Vessel Vasculitis (PVD-6.9)

PVD.AD.0006.9.A
v1.0.2025

- Large vessel vasculitis is generally sub-grouped into three areas
  - Aortitis (Inflammatory Aortitis)
  - Giant Cell Vasculitis
  - Takayasu Arteritis

Inflammatory Aortitis (PVD-6.9.1)

Imaging for Inflammatory Aortitis	CPT®
CTA Chest	71275
MRA Chest	71555
CTA Pelvis	72191
MRA Pelvis	72198
CTA Abdomen and Pelvis	74174
CTA Abdomen	74175
MRA Abdomen	74185

Initial imaging

- Initial imaging with CTA or MRA of the affected body region is considered medically necessary after the following workup:
  - Lab studies: CBC, CMP, elevated inflammatory markers such as ESR or CRP
  - Clinical history suggestive of disease listed below in **Background and Supporting information**
  - PET/CT is considered **not medically necessary** for management of pediatric vasculitis at this time.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Repeat imaging

- Follow-up imaging with CTA or MRA of the affected body region is considered medically necessary for:
  - Change in signs/symptoms
  - Known aneurysm monitoring
    - See **Aneurysm and AVM (HD-12)** in the Head Imaging Guidelines
    - See **Thoracic Aortic Aneurysms (PVD-6.2)**
    - See **Abdominal Aortic Aneurysms (PVD-6.3)**

Background and Supporting Information

Aortitis may be congenital (Marfan's, Hypermobility Syndromes, others) or acquired, including traumatic, atherosclerotic (dissecting aneurysm, other), infectious (syphilis, tuberculosis, other), neoplastic or inflammatory (Ankylosing Spondylitis, Giant Cell Arteritis, Cogan's, Relapsing Polychondritis, Behcet's Syndrome, Polyarteritis Nodosa, Granulomatous Polyangiitis, Lupoid, idiopathic, other).

Giant Cell Arteritis (GCA) (PVD-6.9.2)

Imaging for Giant Cell Arteritis	CPT®
CTA Chest	71275
MRA Chest	71555
CTA Pelvis	72191
MRA Pelvis	72198
CTA Abdomen and Pelvis	74174
CTA Abdomen	74175
MRA Abdomen	74185
MRA Head without contrast	70544
MRA Head with contrast	70545
MRA Neck without contrast	70547

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Imaging for Giant Cell Arteritis	CPT®
MRA Neck with contrast	70548
CTA Neck	70498
PET/CT skull base to mid-thigh	78815

Initial imaging

- GCA may be subdivided into two basic types; Cranial and Extra-cranial
  - **Cranial GCA** is the more common type with temporal artery involvement. For predominantly Cranial GCA:
    - US (CPT® 93880 or CPT® 93882) of the temporal (and or axillary) arteries is the preferred modality. Ultrasound should be considered prior to advanced imaging.
    - MRA Head and/or MRA Neck (CPT® 70544, or CPT® 70545, or CPT® 70547, or CPT® 70548) may be considered when:
      - Vascular trained ultrasonography is not available
      - US is negative or equivocal with a clinical suspicion of GCA
    - CT and PET are **not** currently recommended for the assessment of inflammation of cranial arteries.

    Note:

    For suspected cerebral vasculitis in individuals with neurologic symptoms, see **Cerebral Vasculitis (HD-22)** in the Head Imaging Guidelines

  - **Extra-cranial GCA:** less commonly encountered. None of the “classic” clinical signs or symptoms of cranial GCA are present initially but may develop later.
    - Extra-cranial GCA is characterized by at least two or more of the following:
      - Jaw and/or upper extremity claudication
      - Fever/weight loss or fever of unknown origin (FUO) symptoms
      - New murmurs
      - Pulse asymmetry
      - Abdominal pain
      - Pulsatile mass
      - High inflammatory markers such as CRP or ESR > 50 mm/h
    - Imaging for aortic root, arch or abdomen involvement:
      - MRA Chest (CPT® 71555), MRA Neck (CPT® 70547), MRA Abdomen (CPT® 74185), CTA Chest (CPT® 71275), CTA Neck (CPT® 70498) or CTA Abdomen (CPT® 74175)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

- PET (CPT® 78815) is indicated if MRA or CTA are non-diagnostic and there is still suspicion for aortic root, arch or abdomen involvement

Repeat imaging

- Follow-up imaging is indicated for **any** of the following:
  - One-time documentation of remission or disease control
  - Change in signs/symptoms suggesting progression of disease
  - Although individuals with GCA can develop aortic aneurysms over time screening in the absence of signs or symptoms is not medically necessary
  - In individuals with known thoracic or abdominal aortic aneurysm:
    - See **Thoracic Aortic Aneurysm (TAA) (PVD-6.2)** for thoracic aneurysm surveillance
    - See **Abdominal Aortic Aneurysm (AAA) (PVD-6.3)** for abdominal aneurysm surveillance.
- Follow-up imaging is not routinely recommended for individuals in clinical and biochemical remission or without aneurysm/complication.

Background and supporting information

Giant Cell Arteritis is the most commonly encountered vasculitis in adults. Although classically thought of as a disease of the temporal arteries, aortic arch involvement is now recognized as a frequent complication (up to 50% of individuals) and responsible for many of the more serious morbidities encountered such as blindness.

Evidence Discussion

Large Vessel Vasculitis

Initial diagnosis of large vessel vasculitis (Inflammatory aortis, Giant cell, and Takayasu arteritis) should be made through history, physical exam and laboratory values including inflammatory markers. In cases of suspected large vessel disease, ultrasound, CT/ and MR imaging of the neck/chest/abdomen/pelvis are may be indicated.[4,5,6,7] PET imaging should be reserved for cases where CT/MR are non-diagnostic and the likelihood of disease based on other factors is high.

Follow up imaging is indicated for individuals with known aneurysmal disease or who remain symptomatic on active therapy. For Takayasu arteritis, annual surveillance in the absence of symptoms is recommended due to the high risk of progressive vascular damage.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Takayasu Arteritis (PVD-6.9.3)

Imaging for Takayasu Arteritis	CPT®
CTA Chest	71275
CTA Pelvis	72191
CTA Abdomen and Pelvis	74174
CTA Abdomen	74175
MRA Chest	71555
MRA Pelvis	72198
MRA Abdomen	74185

Initial imaging

- Initial imaging is indicated for signs and symptoms suggestive of disease such as absent radial pulse, difficulty obtaining BP in one arm, or unexplained hypertension.
- Any of the following modalities may be indicated for evaluation of Takayasu arteritis:
  - MRA of the affected body area(s) (contrast as requested)
  - CTA of the affected body area(s) (contrast as requested)
  - Ultrasound with Doppler of the affected body area(s)

Repeat imaging

Repeat imaging is indicated at the following intervals:

- Every 3 months to monitor treatment response during active treatment with systemic therapy.
- Annually for surveillance of known involved body areas to detect progressive vascular damage that may require intervention

Evidence Discussion

Large Vessel Vasculitis

Initial diagnosis of large vessel vasculitis (Inflammatory aortis, Giant cell, and Takayasu arteritis) should be made through history, physical exam and laboratory values including inflammatory markers. In cases of suspected large vessel disease, ultrasound, CT/ and

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

MR imaging of the neck/chest/abdomen/pelvis are may be indicated.[4,5,6,7] PET imaging should be reserved for cases where CT/MR are non-diagnostic and the likelihood of disease based on other factors is high.

Follow up imaging is indicated for individuals with known aneurysmal disease or who remain symptomatic on active therapy. For Takayasu arteritis, annual surveillance in the absence of symptoms is recommended due to the high risk of progressive vascular damage

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References

PVD.AD.0006.9.A
v1.0.2025

1. Taimen K, Salomäki SP, Hohenthal U, et al. The Clinical Impact of Using 18F-FDG-PET/CT in the Diagnosis of Suspected Vasculitis: The Effect of Dose and Timing of Glucocorticoid Treatment. *Contrast Media & Molecular Imaging*. 2019;2019:1-8. doi:10.1155/2019/9157637.
2. Zierler RE, Jordan WD, Lal BK, et al. The Society for Vascular Surgery practice guidelines on follow-up after vascular surgery arterial procedures. *J Vasc Surg* . 2018;68(1):256-284. doi:10.1016/j.jvs.2018.04.018.1.
3. Muratore F, Pipitone N, Salvarani C, Schmidt WA. Imaging of vasculitis: State of the art. *Best Practice Research Clinical Rheumatology.* 2016;30(4):688-706. doi:10.1016/j.berh.2016.09.010.
4. Soussan M, Nicolas P, Schramm C, et al. Management of Large-Vessel Vasculitis With FDG-PET. Medicine. 2015;94(14). doi:10.1097/md.0000000000000622.
5. Besson FL, Parienti J-J, Bienvenu B, et al. Diagnostic performance of 18F-fluorodeoxyglucose positron emission tomography in giant cell arteritis: a systematic review and meta-analysis. *European Journal of Nuclear Medicine and Molecular Imaging*. 2011;38(9):1764-1772. doi:10.1007/s00259-011-1830-0.
6. Sivaraman V, Fels EC, and Ardoin SP. Vasculitis syndromes. Nelson Textbook of Pediatrics, Chapter 192. eds Kliegman RM, St. Geme JW III, Blum NJ, et al. 21st ed. Philadelphia, PA: Elsevier; 2020:1317-1327.
7. Soliman M, Laxer R, Manson D, et. al. Imaging of systemic vasculitis in childhood. *Pediatric Radiology.* 2015;45(8):1110-1125. doi:10.1007/s00247-015-3339-3.
8. Sharma AM, Singh S, Lewis JE. Diagnostic Approach in Patients With Suspected Vasculitis. *Techniques in Vascular and Interventional Radiology*. 2014;17(4):226-233. doi:10.1053/j.tvir.2014.11.002.
9. Ammirati E, Moroni F, Pedrotti P, et al. Non-Invasive Imaging of Vascular Inflammation. *Frontiers in Immunology*. 2014;5:1-15. doi:10.3389/fimmu.2014.00399.
10. Granata C, Damasio MB, Zaottini F, et al. Imaging of Childhood Vasculitis. *Radiologic Clinics of North America.* 2017;55(5):1131-1143. doi:10.1016/j.rcl.2017.05.001.
11. Broncano J, Vargas D, Bhalla S, Cummings KW, Raptis CA, Luna A. CT and MR Imaging of Cardiothoracic Vasculitis. *RadioGraphics*. 2018;38(4):997-1021. doi:10.1148/rg.2018170136.
12. Jennette JC, Falk RJ, Bacon PA, et al. 2012 Revised International Chapel Hill Consensus Conference Nomenclature of Vasculitides. *Arthritis & Rheumatism*. 2012;65(1):1-11. doi:10.1002/art.37715.
13. Ozen S, Pistorio A, Iusan SM, et al. EULAR/PRINTO/PRES criteria for Henoch-Schonlein purpura, childhood polyarteritis nodosa, childhood Wegener granulomatosis and childhood Takayasu arteritis: Ankara 2008. Part II: Final classification criteria. *Annals of the Rheumatic Diseases.* 2010;69(5):798-806. doi:10.1136/ard.2009.116657
14. Cui J, Huang LY, Guo J, Wu CR, Zhang B. Diagnosis and treatment of adult mixed-type Henoch-Schönlein purpura. *Cent Eur J Immunol*. 2019;44(2):138-143. doi:10.5114/ceji.2019.87064 .
15. HRCT imaging of pulmonary involvement in granulomatosis with polyangiitis and microscopic polyangiitis at disease onset and during follow-up. Thomas Villeneuve, Stanislas Faguer, et al. *Semin Arthritis Rheum*. 2023 Dec:63:152307.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Medium Vessel Vasculitis (PVD-6.10)

PVD.AD.0006.10.A
v1.0.2025

- There are two main types of medium-size vessel vasculitis:
  - Polyarteritis nodosa
  - Kawasaki disease

Kawasaki disease

- Imaging guidelines for Kawasaki Disease are addressed in **Kawasaki Disease (PEDCD-6)** in the Pediatric Cardiac imaging guideline
- Long-term routine surveillance imaging in asymptomatic Kawasaki disease is indicated as follows:

Long term routine surveillance in asymptomatic imaging for Kawasaki disease

AHA risk level	Largest Aneurysm At Any Point	Largest Current Aneurysm	Routine Echo	Routine Stress Imaging	Routine Coronary Imaging
All			All risk levels 4-6 weeks after acute illness		
1	Normal	Normal	One echo 2-12 months after acute illness	none	none
2	Dilation	Dilation	6 months One year If dilation remains echo every 2-5 years until resolves	None	None

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

AHA risk level	Largest Aneurysm At Any Point	Largest Current Aneurysm	Routine Echo	Routine Stress Imaging	Routine Coronary Imaging
		Normal	After acute illness: 2-12 months One echocardiogram at one year No echocardiogram after one year		
3.1	Small	Small	6 months 12 months then yearly	2-3 years	3-5 years
3.2	Small	Normal or dilated	6 months 12 months Then yearly	3-5 years	none
4.1	Medium	Medium	3 months 6 months 12 months Every 6-12 months after that	1-3 years	2-5 years
4.2	Medium	Small	6 months and 12 months, every 1 year	2-3 years	3-5 years
4.3	Medium	Normal Or Dilated	Every 1-2 years	2-4 years	none

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

AHA risk level	Largest Aneurysm At Any Point	Largest Current Aneurysm	Routine Echo	Routine Stress Imaging	Routine Coronary Imaging
5.1	Large	Large	1 month 3 months 6 months 9 months 12 months Then every 3-6 months	6-12 months	at 2-6 months, every 1-5 years
5.2	Large	Medium	Every 6-12 months	yearly	2-5 years
5.3	Large	Small	6-12 month	1-2 years	2-5 years
5.4	Large	Normal Or Dilation	1-2 years	2-5 years	none

Polyarteritis Nodosa

Initial imaging

Any ONE of the following modalities is indicated for documented clinical suspicion of Polyarteritis Nodosa:

- MRA of the affected body area(s) (contrast as requested)
- CTA of the affected body area(s) (contrast as requested)
- Ultrasound (US) with Doppler of the affected body area(s)

Repeat imaging

Imaging with MRA, CTA, or US with Doppler of the affected body area(s) is indicated for established Polyarteritis Nodosa as follows:

- Every 3 months during active treatment with systemic therapy to evaluate treatment response
- Annually for surveillance of known involved body areas to detect progressive vascular damage that may require intervention

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Background and supporting information

- Based on AHA recommendations, the following classifications are used in risk stratification of coronary artery abnormalities[1]
  - Z-Score classification accounts for the effects of body size and age through use of baseline coronary dimensions adjusted for body surface area. The Z score value represents the number of standard deviation above the mean. (e.g., z=0 pt. has coronary artery dimension value equal to mean, z=2 person has value 2 standard deviation above the mean, based on age, gender, BSA).
  - Coronary Artery Abnormalities Risk Classification based on Z-Score:
    - 1 - No involvement at any time point (Z score always <2)
    - 2 - Dilation only (Z score 2 to <2.5)
    - 3 - Small aneurysm (Z score ≥2.5 to <5)
      - 3.1 - Current or persistent
      - 3.2 - Decreased to dilation only or normal luminal dimension
    - 4 - Medium aneurysm (Z score ≥5 to <10, and absolute dimension <8 mm)
      - 4.1 - Current or persistent
      - 4.2 - Decreased to small aneurysm
      - 4.3 - Decreased to dilation only or normal luminal dimension
    - 5 - Large and giant aneurysm (Z score ≥10, or absolute dimension ≥8 mm)
      - 5.1 - Current or persistent
      - 5.2 - Decreased to medium aneurysm
      - 5.3 - Decreased to small aneurysm
      - 5.4 - Decreased to dilation only or normal luminal dimension
  - Additional clinical features that may increase the long-term risk of myocardial ischemia
    - Greater length and distal location of aneurysms that increase the risk of flow stasis
    - Greater total number of aneurysms
    - Greater number of branches affected
    - Presence of luminal irregularities
    - Abnormal characterization of the vessel walls (calcification, luminal myofibroblastic proliferation)
    - Presence of functional abnormalities (impaired vasodilation, impaired flow reserve)
    - Absence or poor quality of collateral vessels
    - Previous revascularization performed
    - Previous coronary artery thrombosis

[1] Mccrindle BW, Rowley AH, Newburger JW, et al. Diagnosis, Treatment, and Long-Term Management of Kawasaki Disease: A Scientific Statement for Health Professionals from the American Heart Association. Circulation. 2017;135(17). doi:10.1161/cir.0000000000000484.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

- Previous myocardial infarction
- Presence of ventricular dysfunction

Evidence Discussion

Medium Vessel Vasculitis

Medium vessel vasculitis includes multiple inflammatory processes that affect the major arteries the cerebrovascular, thoracic and abdominal regions. Cardiac involvement is also common. Pediatric populations are most often affected. Aneurysmal degeneration risk is high and does require regular surveillance. The two most common types include:

- Polyarteritis nodosa
- Kawasaki disease

Initial diagnosis should be made through history, physical exam and laboratory values including inflammatory markers. Aneurysmal degeneration of vessels may be seen in multiple anatomic regions. For individuals with suspected disease, ultrasound, CT and MR imaging of the neck/chest/abdomen/pelvis is indicated.

Annual surveillance in the absence of symptoms is still recommended due to the high risk of progressive vascular damage.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References

PVD.AD.0006.10.A
v1.0.2025

1. Sivaraman V, Fels EC, and Ardoin SP. Vasculitis syndromes. Nelson Textbook of Pediatrics, Chapter 192. eds Kliegman RM, St. Geme JW III, Blum NJ, et al. 21st ed. Philadelphia, PA: Elsevier; 2020:1317-1327.
2. Sharma AM, Singh S, Lewis JE. Diagnostic Approach in Patients With Suspected Vasculitis. *Techniques in Vascular and Interventional Radiology.* 2014;17(4):226-233. doi:10.1053/j.tvir.2014.11.002.
3. Ozen S, Pistorio A, Iusan SM, et al. EULAR/PRINTO/PRES criteria for Henoch-Schonlein purpura, childhood polyarteritis nodosa, childhood Wegener granulomatosis and childhood Takayasu arteritis: Ankara 2008. Part II: Final classification criteria. *Annals of the Rheumatic Diseases*. 2010;69(5):798-806. doi:10.1136/ard.2009.116657.
4. Mccrindle BW, Rowley AH, Newburger JW, et al. Diagnosis, Treatment, and Long-Term Management of Kawasaki Disease: A Scientific Statement for Health Professionals from the American Heart Association. *Circulation*. 2017; 135(17). doi:10.1161/cir.0000000000000484.
5. Granata C, Damasio MB, Zaottini F, et al. Imaging of Childhood Vasculitis. *Radiologic Clinics of North America*. 2017;55(5):1131-1143. doi:10.1016/j.rcl.2017.05.001.
6. Ammirati E, Moroni F, Pedrotti P, et al. Non-Invasive Imaging of Vascular Inflammation. *Frontiers in Immunology.* 2014;5:1-15. doi:10.3389/fimmu.2014.0039.
7. Soliman M, Laxer R, Manson D, et. al. Imaging of systemic vasculitis in childhood. *Pediatric Radiology*. 2015;45(8):1110-1125. doi:10.1007/s00247-015-3339-3.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Small Vessel Vasculitis (PVD-6.11)

PVD.AD.0006.11.A
v1.0.2025

- Advanced imaging is not sensitive enough to detect changes in small vessels, and is not indicated for primary assessment of any small vessel vasculitis.
- End-organ damage occurs with several of the small vessel vasculitides. Advanced imaging indicated for the following:
  - Henoch-Schönlein Purpura (HSP)
  - Granulomatosis with polyangiitis (GPA, formerly known as Wegener's granulomatosis)
  - Eosinophilic granulomatosis with polyangiitis (EGPA, formerly known as ChurgStrauss Syndrome)
  - Immune complex associated small-vessel vasculitis [immunoglobulin A–associated vasculitis (IgAV)]

IgA vasculitis Henoch-Schönlein Purpura (HSP)

Initial imaging

Ultrasound (US) Abdomen (CPT® 76700) is indicated to evaluate possible gastrointestinal complications of known or suspected HSP including **any** of the following:

- Bowel wall edema and hemorrhage
- Intussusception

CT Abdomen with contrast (CPT® 74160) if additional information is needed after ultrasound for management

Repeat imaging

US Abdomen (CPT® 76700) is indicated for known HSP to evaluate new or worsening gastrointestinal symptoms

Background and Supporting Information

Henoch-Schönlein Purpura (HSP) is the most common vasculitis of childhood, mainly involving small blood vessels.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Granulomatosis with polyangiitis (GPA) formerly Wegener's granulomatosis

Initial imaging

Initial imaging as a baseline prior to starting immunosuppressive therapy is indicated in all individuals who are newly diagnosed or suspected of having Antineutrophil cytoplasmic autoantibody (ANCA)-associated vasculitides (AAV) with either or both of the following to evaluate the extent of the disease:

- CT Sinuses (CPT® 70486) and/or
- CT Chest without contrast (CPT® 71250) or with contrast (CPT® 71260)

Note:

Preferred CT imaging in individuals with AAV should be performed without an iodinated contrast agent administered.

Repeat imaging

CT Sinuses (CPT® 70486) and/or CT Chest without contrast (CPT® 71250) or CT Chest with contrast (CPT® 71260) are indicated for **any** of the following:

- New or worsening clinical symptoms affecting the body area requested
- Assess response to medical therapy when a change in treatment regimen is being considered
- Annually-to evaluate the extent of disease

Eosinophilic granulomatosis with polyangiitis (EGPA) formerly Churg-Strauss Syndrome

Initial imaging

- CT Chest without contrast (CPT® 71250) or CT Chest with contrast (CPT® 71260) is indicated in the initial evaluation of Eosinophilic granulomatosis with polyangiitis (EGPA) formerly known as Churg-Strauss Syndrome.

Repeat imaging

- CT Chest without contrast (CPT® 71250) or CT Chest with contrast (CPT® 71260) is indicated for any of the following:
  - New or worsening clinical symptoms affecting the body area requested

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

- Assess response to medical therapy when a change in treatment regimen is being considered
- Annually-to evaluate the extent of disease

Immune complex associated small-vessel vasculitis

Initial imaging

- Doppler ultrasound (US) of the affected body part (most commonly abdomen) is indicated in the initial evaluation of immune complex associated small-vessel vasculitis

Repeat imaging

- Doppler ultrasound (US) of the affected body part (most commonly abdomen) is indicated in the following circumstances
  - New or worsening clinical symptoms affecting the body area requested
  - To assess response to medical therapy when a change in treatment is being considered
  - Annually-to evaluate the extent of disease

Evidence Discussion

Small Vessel Vasculitis

Advanced imaging is not routinely needed with diagnosis of Small vessel vasculitis. In suspected cases, clinical assessment of end-organ damage is usually indicated in both the adult and pediatric population

Initial diagnostic workup should include history, physical exam, and laboratory data including inflammatory markers. End-organ damage may involve multiple organ systems based on the type of vasculitis. For individuals with suspected disease, ultrasound, CT and MR imaging of the affected anatomic regions may be indicated. Annual surveillance in the absence of symptoms is still recommended due to the high risk of progressive vascular damage.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References

PVD.AD.0006.11.A
v1.0.2025

1. Anderson JL, Halperin JL, Albert N, et al. Management of Patients with Peripheral Artery Disease (Compilation of 2005 and 2011 ACCF/AHA Guideline Recommendations). *J Am Coll Cardiol*. 2013;61(14):1555-1570. doi:10.1016/j.jacc.2013.01.004.
2. Dejaco C, Ramiro S, Duftner C, et al. EULAR recommendations for the use of imaging in large vessel vasculitis in clinical practice. *Annals of the Rheumatic Diseases*. 2018;77(5):636-643. doi:10.1136/annrheumdis-2017-212649.
3. Persu A, Giavarini A, Touzé E, et al. European consensus on the diagnosis and management of fibromuscular dysplasia. *Journal of Hypertension*. 2014;32(7):1367-1378.doi:10.1097/hjh.0000000000000213.
4. Taimen K, Salomäki SP, Hohenthal U, et al. The Clinical Impact of Using 18F-FDG-PET/CT in the Diagnosis of Suspected Vasculitis: The Effect of Dose and Timing of Glucocorticoid Treatment. *Contrast Media & Molecular Imaging*. 2019;2019:1-8. doi:10.1155/2019/9157637.
5. Zierler RE, Jordan WD, Lal BK, et al. The Society for Vascular Surgery practice guidelines on follow-up after vascular surgery arterial procedures. *J Vasc Surg* . 2018;68(1):256-284. doi:10.1016/j.jvs.2018.04.018.1.
6. Muratore F, Pipitone N, Salvarani C, Schmidt WA. Imaging of vasculitis: State of the art. *Best Practice Research Clinical Rheumatology.* 2016;30(4):688-706. doi:10.1016/j.berh.2016.09.010.
7. Lensen KDF, Comans EFI, Voskuyl AE, et al. Large-Vessel Vasculitis: Interobserver Agreement and Diagnostic Accuracy of18F-FDG-PET/CT. BioMed Research International. 2015;2015:1-8.doi:10.1155/2015/914692. .
8. Soussan M, Nicolas P, Schramm C, et al. Management of Large-Vessel Vasculitis With FDG-PET. Medicine. 2015;94(14). doi:10.1097/md.0000000000000622.
9. Besson FL, Parienti J-J, Bienvenu B, et al. Diagnostic performance of 18F-fluorodeoxyglucose positron emission tomography in giant cell arteritis: a systematic review and meta-analysis. *European Journal of Nuclear Medicine and Molecular Imaging*. 2011;38(9):1764-1772. doi:10.1007/s00259-011-1830-0.
10. Sivaraman V, Fels EC, and Ardoin SP. Vasculitis syndromes. Nelson Textbook of Pediatrics, Chapter 192. eds Kliegman RM, St. Geme JW III, Blum NJ, et al. 21st ed. Philadelphia, PA: Elsevier; 2020:1317-1327.
11. Soliman M, Laxer R, Manson D, et. al. Imaging of systemic vasculitis in childhood. *Pediatric Radiology.* 2015;45(8):1110-1125. doi:10.1007/s00247-015-3339-3.
12. Sharma AM, Singh S, Lewis JE. Diagnostic Approach in Patients With Suspected Vasculitis. *Techniques in Vascular and Interventional Radiology*. 2014;17(4):226-233. doi:10.1053/j.tvir.2014.11.002.
13. Ammirati E, Moroni F, Pedrotti P, et al. Non-Invasive Imaging of Vascular Inflammation. *Frontiers in Immunology*. 2014;5:1-15. doi:10.3389/fimmu.2014.00399.
14. Granata C, Damasio MB, Zaottini F, et al. Imaging of Childhood Vasculitis. *Radiologic Clinics of North America.* 2017;55(5):1131-1143. doi:10.1016/j.rcl.2017.05.001.
15. Broncano J, Vargas D, Bhalla S, Cummings KW, Raptis CA, Luna A. CT and MR Imaging of Cardiothoracic Vasculitis. *RadioGraphics*. 2018;38(4):997-1021. doi:10.1148/rg.2018170136.
16. Jennette JC, Falk RJ, Bacon PA, et al. 2012 Revised International Chapel Hill Consensus Conference Nomenclature of Vasculitides. *Arthritis & Rheumatism*. 2012;65(1):1-11. doi:10.1002/art.37715.
17. Ozen S, Pistorio A, Iusan SM, et al. EULAR/PRINTO/PRES criteria for Henoch-Schonlein purpura, childhood polyarteritis nodosa, childhood Wegener granulomatosis and childhood Takayasu arteritis: Ankara 2008. Part II: Final classification criteria. *Annals of the Rheumatic Diseases.* 2010;69(5):798-806. doi:10.1136/ard.2009.116657
18. Cui J, Huang LY, Guo J, Wu CR, Zhang B. Diagnosis and treatment of adult mixed-type Henoch-Schönlein purpura. *Cent Eur J Immunol*. 2019;44(2):138-143. doi:10.5114/ceji.2019.87064 .
19. HRCT imaging of pulmonary involvement in granulomatosis with polyangiitis and microscopic polyangiitis at disease onset and during follow-up. Thomas Villeneuve, Stanislas Faguer, et al. *Semin Arthritis Rheum*. 2023 Dec:63:152307.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Peripheral Arterial Imaging

Guideline

Upper Extremity PVD – Imaging (PVD-4.1)
References
Renovascular Hypertension/Renal Artery Stenosis (PVD-6.6)
References
Visceral Artery Aneurysm (PVD-6.5)
References
Median Arcuate Ligament Syndrome, Nutcracker Syndrome and other Abdominal Vascular Compression Syndromes (PVD-18)
References
Lower Extremity Artery Aneurysms (PVD-7.4)
References
Claudication and Critical Limb Ischemia (PVD-7.1)
References
Popliteal Artery Entrapment Syndrome (PVD-7.2)
References
Post-Procedure Surveillance Studies (PVD-7.3)
References
Arterial Imaging for Free Flaps in Reconstructive Surgery (PVD-7.5)
References
Arteriovenous Malformations (AVMs) (PVD-9.1)
References
Suspected Retroperitoneal Bleed (PVD-9.2)
References

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Upper Extremity PVD – Imaging (PVD-4.1)

PVD.AI.0004.1.A
v1.0.2025

Initial Imaging

- Arterial ultrasound upper extremities (CPT® 93930 or CPT® 93931) for signs and symptoms of arterial insufficiency including:
  - Arm or hand claudication
  - Bluish discoloration of the hand or fingers
  - Unilateral cold, painful, pulseless hand
  - Non-healing wound (>2 weeks with no healing or evidence of healing) or frank gangrene
- For Subclavian Steal Syndrome (see **Background and Supporting Information**) carotid duplex (CPT® 93882) is the initial and definitive imaging study.

Note:

If the carotid duplex is not diagnostic for reversal of flow in the ipsilateral vertebral artery, then neurological symptoms should be evaluated according to the Head Imaging guideline

---

- CTA Upper extremity (CPT® 73206) or MRA of Upper extremity (CPT® 73225), **and/or** CTA Chest (CPT® 71275) or MRA Chest (CPT® 71555) for:
  - Abnormal arterial ultrasound results
  - Equivocal arterial ultrasound results
  - Pre-operative planning
- For suspected Fibromuscular Dysplasia of the brachial artery, appropriate studies include:
  - MRA Upper extremity (CPT® 73225)
  - CTA Upper extremity (CPT® 73206)
  - Arterial Ultrasound (CPT® 93930 bilateral study or CPT® 93931 unilateral study)
- For arterial thoracic outlet syndrome (see **Background and Supporting Information**):
  - Initial imaging with CXR must be done to identify bony abnormalities and other potential causes of symptoms.
  - CTA Chest (CPT® 71275) (preferred study) or MRA Chest (CPT® 71555) (preferred study) or CT Chest either without or with contrast (CPT® 71250 or CPT® 71260) or MRI Chest with contrast (CPT® 71551)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Post-revascularization

- Arterial Duplex (CPT® 93931) can be obtained following upper extremity arterial revascularization at:
  - Baseline (within one month)
  - 6 months
  - Then annually if stable
  - Anytime for new or worsening symptoms of arterial insufficiency

Background and Supporting Information

Subclavian Steal refers to a hemodynamically significant stenosis or occlusion of the subclavian/innominate artery which results in the reversal of blood flow in the vertebral artery (VA). Signs/Symptoms associated with this syndrome include:

- Physical examination with a >15mmHg discrepancy in blood pressure between two arms
- Supraclavicular bruit
- Symptoms of vertebrobasilar insufficiency, including vertigo and limb paresthesia particularly with use of the ipsilateral arm.

Thoracic outlet syndrome (TOS) refers to compression of the neurovascular structures within the thoracic outlet as they pass from the neck and thorax to the axilla.

- There are three types of TOS, neurogenic, arterial and venous.
- Neurogenic TOS refer to Brachial Plexus (PN-4.1) in the peripheral nerve disorders imaging
- Venous TOS refer to Upper Extremity Venous Imaging (PVD 4.2)

Evidence Discussion

Upper extremity PVD

Duplex ultrasound (DU) is the initial imaging modality for assessment of patients with symptoms of upper extremity arterial occlusive disease including arm/hand claudication, non-healing wounds, blue discoloration, or a unilateral cold, painful, and pulseless hand.

DU is a non-invasive, cost-effective method for screening for arterial disease of the upper extremity. It has high sensitivity and specificity when compared to CT angiography (CTA) and MR angiography (MRA). CTA and MRA also evaluate anatomic location of disease but are reserved for confirmed vascular disease, suspected fibromuscular dysplasia of the brachial artery, and/or pre-operative planning. They are not first line imaging studies due to the higher risks associated with their use and the cost.

Post-revascularization surveillance with DU has been established as a reliable method to monitor the intervention for recurrence of disease. The time intervals for surveillance

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

have been established at one and six months post-intervention, then yearly. If at any time, there are new signs or symptoms of disease, repeat duplex imaging is supported

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References

PVD.AI.0004.1.A
v1.0.2025

1. Skeik N, Soo-Hoo SS, Porten BR, et al. Arterial Embolisms and Thrombosis in Upper Extremity Ischemia. *Vascular and Endovascular Surgery*. 2015;49(5-6):100-109. doi:10.1177/1538574415596740.
2. Hughes K, Cubangbang M, Blackman K, et al. Upper Extremity Bypass for Chronic Ischemia—A National Surgical Quality Improvement Program Study Database Study. *Vascular and Endovascular Surgery*. 2013;47(3):192-194. doi:10.1177/1538574413478472.
3. Louis L Nguyen, Andrew J Soo Hoo. Evaluation and Management of Arterial Thoracic Outlet Syndrome. *Thorac Surg Clin*. 2021 Feb;31(1):45-54. doi:10.1016/j.thorsurg.2020.09.006.
4. Dalio MB, Filho ERDS, Barufi MB, et al. Contemporary Management of Arterial Thoracic Outlet Syndrome. *Ann Vasc Surg*. 2021;74:42-52. doi:10.1016/j.avsg.2021.01.078.
5. Potter BJ, Pinto DS. Subclavian steal syndrome. *Circulation*. 2014;129(22):2320-2323. doi:10.1161/CIRCULATIONAHA.113.006653.
6. Mohebali J,Clouse WD.Innominate, common carotid, and subclavian disease.In:Cronenwett JL,Farber A,Mitchell EL,eds.Vascular Decision Making: Medical, Endovascular, Surgical.1st ed.Philadelphia:Wolters-Kluwer;2021.
7. Aboyans V, Ricco JB, Bartelink ML, et al.Editor's Choice – 2017 ESC Guidelines on the Diagnosis and Treatment of Peripheral Arterial Diseases, in collaboration with the European Society for Vascular Surgery (ESVS).*Eur J Vasc Endovasc Surg*.2018;55(3):305–368. PMID: 28851596.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Renovascular Hypertension/Renal Artery Stenosis (PVD-6.6)

PVD.AI.0006.6.A
v1.0.2025

Initial imaging

- MRA Abdomen (CPT® 74185) or CTA Abdomen (CPT® 74175) or US kidney retroperitoneal (CPT® 76775) and/or Doppler (CPT® 93975, 93976, 93978, or 93979 if expertise is available) are indicated when there is documentation of **any** of the following:
  - Individual is adherent to full doses of three blood pressure medications (including a diuretic) yet has still not achieved goal
  - Sudden and persistent worsening of previously controlled hypertension
  - Onset of hypertension younger than 30 years of age
  - Malignant hypertension with coexistent evidence of acute end-organ damage (acute renal failure, new visual or neurological disturbance and/or advanced retinopathy) or flash pulmonary edema
  - Individuals who develop hypertension (≥140/90) within the first 20 weeks of pregnancy when hypertension persists >12 weeks post-partum
  - New or worsening renal function/increasing creatinine (especially after the administration of an ACE inhibitor or with angiotensin receptor blocking agent)
- Carotid duplex (CPT® 93880) is reasonable to screen for carotid involvement in individuals with documented or highly suspicious renal artery stenosis due to fibromuscular dysplasia (mostly women between 15 and 50 years of age).

Screening

CTA Abdomen (CPT® 74175) or MRA Abdomen (CPT® 74185) to screen for renovascular fibromuscular dysplasia in hypertensive individuals with documented cervicocephalic fibromuscular dysplasia. The assessment of other vascular beds should be considered if supported by suggestive symptoms or medical history.

Carotid duplex (CPT® 93880) is reasonable to screen for carotid involvement in individuals with documented or highly suspicious renal artery stenosis due to fibromuscular dysplasia (mostly women between 15 and 50 years of age)

Repeat imaging post revascularization

- CTA Abdomen (CPT® 74175), or MRA Abdomen (CPT® 74185), or CT Abdomen with contrast (CPT® 74160) is indicated after stent placement at the following intervals:

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

- 1 month post-procedure
- 6 months post-procedure
- 12 months post-procedure
- Then annually

Background and Supporting Information

Renal artery revascularization has **not** been shown to be more effective than medical therapy in most situations and should not be pursued except in extreme cases, or if there is concern for Takayasu arteritis or fibromuscular dysplasia.

Gadolinium agents may be contraindicated in individuals with severe renal disease or on dialysis due to the risk of developing nephrogenic systemic sclerosis

Evidence Discussion

Renovascular Hypertension

The American Heart Association 2017 guidelines on hypertension estimate renovascular disease to be the source of 5-34% of all cases. Multiple studies have shown that intervention is not more effective than medical therapy in most cases as reviewed by the KDIGO conference in 2022; however, it is noted that these recommendations continue to evolve. While duplex ultrasound is the preferred imaging modality, patients with compromised renal function or technical limitations due to body habitus may require CT/MR imaging for monitoring.

Current recommendations for renal artery screening in the setting of hypertension refractory to medical therapy include the following:

- Individual is adherent to full doses of three blood pressure medications (including a diuretic) yet has still not achieved goal
- Sudden and persistent worsening of previously controlled hypertension
- Onset of hypertension younger than 30 years of age
- Malignant hypertension with coexistent evidence of acute end-organ damage (acute renal failure, new visual or neurological disturbance and/or advanced retinopathy) or flash pulmonary edema
- Individuals who develop hypertension (≥140/90) within the first 20 weeks of pregnancy when hypertension persists >12 weeks post-partum o New or worsening renal function/increasing creatinine (especially after the administration of an ACE inhibitor or with angiotensin receptor blocking agent)

Fibromuscular dysplasia carries a higher risk of concomitant renal and carotid artery involvement. Screening of both anatomic regions is indicated upon diagnosis.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Post-intervention imaging with CT/MR imaging at standard 1/6/12 month intervals followed by annual imaging to assess for stent patency follow standard recommendations for non-coronary interventions. Additional surveillance is not indicated in the absence of symptoms.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References

PVD.AI.0006.6.A
v1.0.2025

1. Harvin HJ, Verma N, Nikolaidis P, et al. ACR Appropriateness Criteria ® Renovascular Hypertension. *J Am Coll Radiol*. 2017;14(11). doi:10.1016/j.jacr.2017.08.040..
2. Moser M, Setaro JF. Resistant or Difficult-to-Control Hypertension. *N Engl J Med*. 2006;355(4):385-392. doi:10.1056/nejmcp041698.
3. Whelton PK, Carey RM, Aronow WS, et al. 2017 ACC/AHA/AAPA/ABC/ACPM/AGS/APhA/ASH/ASPC/NMA/PCNA Guideline for the Prevention, Detection, Evaluation, and Management of High Blood Pressure in Adults: A Report of the American College of Cardiology/American Heart Association Task Force on Clinical Practice Guidelines. *Hypertension*. 2018;71(6). doi:10.1161/hyp.0000000000000065.
4. Hicks CW, Clark TWI, Cooper CJ, et al. Atherosclerotic Renovascular Disease: A KDIGO (Kidney Disease: Improving Global Outcomes) Controversies Conference. *Am J Kidney Dis*. 2022;79(2):289-301. doi:10.1053/j.ajkd.2021.06.025.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Visceral Artery Aneurysm (PVD-6.5)

PVD.AD.0006.5.A
v1.0.2025

- Treatment is generally indicated for visceral aneurysms ≥2cm.
- Workup for suspected visceral artery aneurysm (spleen, kidney, liver or intestines) if calcifications seen on plain film imaging can include:
  - Ultrasound (CPT® 76700, 76705, 93975, 93976, 93978, or 93979), or
  - CTA Abdomen (CPT® 74175), or
  - CT Abdomen with contrast (CPT® 74160).
- Ultrasound (CPT® 76700,76705, 93975, 93976, 93978, or 93979) **or** CTA Abdomen (CPT® 74175) **or** CT Abdomen with contrast (CPT® 74160) for further monitoring based on the intervals below or as determined by a vascular specialist or any provider in consultation with a vascular specialist:
  - Splenic artery aneurysms:
    - <20mm can be imaged every three years
    - 20mm to 29mm can be imaged annually
    - If ≥30mm, they should be referred for treatment, either stent, excision or splenectomy
  - For all other visceral artery aneurysms:
    - Initial evaluation with six-month follow-up for one year
    - Further follow-up annually if no significant enlargement is seen
- CTA Abdomen (CPT® 74175), MRA Abdomen (CPT® 74185), or CT Abdomen with contrast (CPT® 74160) are indicated following stent placement at:
  - 1 month
  - 6 months
  - 12 months
  - Then every year

Background and Supporting Information

- Splenic artery aneurysms, the most common (60%), tend to exhibit very slow rates of growth, while the other visceral artery aneurysms are more unpredictable in their rate of growth with a greater tendency to rupture.
- Visceral Artery Aneurysms are defined by an increase of more than 50% of the original arterial diameter and include hepatic, renal and intestinal artery aneurysms.
- Vascular specialty consultation is beneficial in order to determine the time-frame to intervention.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Evidence Discussion

Aneurysmal disease, besides primarily involving the large vessels, can also affect medium and smaller sized vessels. Visceral cases are uncommon and occasionally are associated with certain connective tissue and genetic disorders. They are often found incidentally on imaging. Ultrasound, CT, or CTA imaging may be indicated for surveillance in these cases. Due to the anatomic location of the visceral vessels, duplex ultrasound may have technical limitations. Consideration of best surveillance study should be decided on initial imaging and whether a certain modality is felt to provide diagnostic information. Example; some splenic arterial aneurysms may be diagnostic with US but others may be obscured by bowel gas requiring CT/CTA.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References

PVD.AD.0006.5.A
v1.0.2025

1. Erben Y, Brownstein AJ, Rajaee S. Natural History of and Management of Splanchnic Artery Aneurysms in a Single Tertiary Referral Center. *J Vasc Surg.* 2018 Oct; 68(4): 1079-1087
2. Alcantara S, Yank CK. The evidence for nonperative management of visceral arterial dissections.A single center experience. *Annals of Vasc Surg* 2015; 29: 103–108.
3. Chaer R, Abularrage C, Coleman D et al. The Society for Vascular Surgery clinical practice guidelines on the management of visceral aneurysms. *J Vasc Surg.* 2020;72:3S-39S.
4. Corey MR, Ergul EA, Cambria RP. The Natural History of Sphlanchnic Aneurysms and Outcome after Operative Intervention. *J Vasc Surg*. 2016 April 63 (4):949-57.
5. Smith T, Quencer KB. Best Practice Guidelines: Imaging Surveillance After Endovascular Aneurysm Repair. *Am J Roent*. 2020;214(5):1165-1174. doi:10.2214/ajr.19.22197.
6. Zierler RE, Jordan WD, Lal BK, et al. The Society for Vascular Surgery practice guidelines on follow-up after vascular surgery arterial procedures. *J Vasc Surg*. 2018;68(1):256-284. doi:10.1016/j.jvs.2018.04.018.1.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Median Arcuate Ligament Syndrome, Nutcracker Syndrome and other Abdominal Vascular Compression Syndromes (PVD-18)

PVD.AI.0018.A
v1.0.2025

Median Arcuate Ligament Syndrome

Table 4: Codes included

CPT®	Description
74175	Computed tomographic angiography, abdomen, with contrast material(s), including noncontrast images, if performed, and image postprocessing
74185	Magnetic resonance angiography, abdomen, with or without contrast material(s)
93975	Duplex scan of arterial inflow and venous outflow of abdominal, pelvic, scrotal contents and/or retroperitoneal organs; complete study
93976	Duplex scan of arterial inflow and venous outflow of abdominal, pelvic, scrotal contents and/or retroperitoneal organs; limited study

Initial Imaging

- Duplex Doppler Ultrasound of Mesenteric Arteries (CPT® 93975 or 93976) is indicated as the initial imaging
- CTA or MRA Abdomen (CPT® 74175 or 74185) is indicated for **either** :
  - US results are equivocal
  - Preoperative planning

Repeat imaging

- Surveillance imaging is not indicated post-operatively in the absence of abdominal symptoms.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Background and supporting information

A non-atherosclerotic cause of chronic mesenteric ischemia.

Patients are typically younger with an average age range of 30-50 years old and a female to male ratio of 4:1

Patients may have symptoms of postprandial abdominal pain, nausea, vomiting, food aversion, weight loss. Symptoms are nonspecific, so MALS may be considered a diagnosis of exclusion.

Imaging will demonstrate compression of the celiac artery by fibers of the median arcuate ligament, but this is a nonspecific finding and may be seen in the asymptomatic population.

Pathophysiologically related to foregut ischemic from compression of the celiac artery; may also be related to neuropathic pain secondary to compression of the celiac ganglion.

Treatment is generally surgical, via a variety of approaches.

Left Renal Vein Compression ("Nutcracker") Syndrome

Table 5: Codes included

CPT®	description
93975	Duplex scan of arterial inflow and venous outflow of abdominal, pelvic, scrotal contents and/or retroperitoneal organs; complete study
93976	Duplex scan of arterial inflow and venous outflow of abdominal, pelvic, scrotal contents and/or retroperitoneal organs; limited study
74174	Computed tomographic angiography, abdomen and pelvis, with contrast material(s), including noncontrast images, if performed, and image postprocessing
72198	Magnetic resonance angiography, pelvis, with or without contrast material(s)
74185	Magnetic resonance angiography, abdomen, with or without contrast material(s)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Initial Imaging

- Abdominal duplex (CPT® 93975 or 93976) is indicated as the initial imaging to confirm left renal vein compression syndrome.
- CTV or MRV Abdomen and Pelvis (CPT® 74174) or (CPT® 74185 and 72198) is indicated for preoperative planning when left renal vein compression syndrome is confirmed by duplex ultrasound.

Repeat imaging

- Postoperative follow up imaging is not indicated in the absence of symptomatology.

Background and supporting information

Patients may present with symptoms related to compression of the left renal vein between the aorta and superior mesenteric artery. A less common presentation ("posterior nutcracker syndrome") is related to compression of a retroaortic (or circumaortic) left renal vein between the aorta and vertebral body.

The radiologic finding may be asymptomatic or considered a normal variant.

Signs/symptoms may include hematuria, proteinuria, flank pain, pelvic congestion/ associated pain in females, varicocele in males.

There may be an overlap in symptom complex with patients who have pelvic congestion syndrome, iliac vein compression (May-Thurner).

There is no single accepted treatment modality. Approaches will range from conservative/medical (esp in younger patients), to endovascular, to open/laparoscopic/ robotic surgical.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

References

PVD.AI.0018.A

v1.0.2025

1. Velasquez CA, Saeyeldin A, Zafar MA, Brownstein AJ, Erben Y. A systematic review on management of nutcracker syndrome.*J Vasc Surg Venous Lymphat Disord*. 2018;6(2):271-278. doi:10.1016/j.jvsv.2017.11.005.
2. Ananthan K, Onida S, Davies AH. Nutcracker Syndrome: An Update on Current Diagnostic Criteria and Management Guidelines.*Eur J Vasc Endovasc Surg*. 2017;53(6):886-894. doi:10.1016/j.ejvs.2017.02.015.
3. Meissner MH, Khilnani NM, Labropoulos N, Gasparis AP, Gibson K, Greiner M, et al. The Symptoms-Varices-Pathophysiology classification of pelvic venous disorders: A report of the American Vein & Lymphatic Society International Working Group on Pelvic Venous Disorders. *J Vasc Surg Venous Lymphat Disord* 2021;9:568-84.
4. De Maeseneer MG, Kakkos SK, Aherne T, et al. Editor's Choice - European Society for Vascular Surgery (ESVS) 2022 Clinical Practice Guidelines on the Management of Chronic Venous Disease of the Lower Limbs [published correction appears in Eur J Vasc Endovasc Surg. 2022 Aug-Sep;64(2-3):284-285].*Eur J Vasc Endovasc Surg*. 2022;63(2):184-267. doi:10.1016/j.ejvs.2021.12.024.
5. Gloviczki P, Comerota AJ, Dalsing MC, et al. The care of patients with varicose veins and associated chronic venous diseases: clinical practice guidelines of the Society for Vascular Surgery and the American Venous Forum.*J Vasc Surg*. 2011;53(5 Suppl):2S-48S. doi:10.1016/j.jvs.2011.01.079.
6. Columbo JA, Trus T, Nolan B, et al. Contemporary management of median arcuate ligament syndrome provides early symptom improvement.*J Vasc Surg*. 2015;62(1):151-156. doi:10.1016/j.jvs.2015.01.050.
7. Goodall R, Langridge B, Onida S, Ellis M, Lane T, Davies AH. Median arcuate ligament syndrome.*J Vasc Surg*. 2020;71(6):2170-2176. doi:10.1016/j.jvs.2019.11.012.
8. Kim EN, Lamb K, Relles D, Moudgill N, DiMuzio PJ, Eisenberg JA. Median Arcuate Ligament Syndrome-Review of This Rare Disease.*JAMA Surg*. 2016;151(5):471-477. doi:10.1001/jamasurg.2016.0002.
9. Björck M, Koelemay M, Acosta S, et al. Editor's Choice - Management of the Diseases of Mesenteric Arteries and Veins: Clinical Practice Guidelines of the European Society of Vascular Surgery (ESVS).*Eur J Vasc Endovasc Surg*. 2017;53(4):460-510. doi:10.1016/j.ejvs.2017.01.010.
10. Expert Panels on Vascular Imaging and Gastrointestinal Imaging:, Ginsburg M, Obara P, et al. ACR Appropriateness Criteria® Imaging of Mesenteric Ischemia.*J Am Coll Radiol*. 2018;15(11S):S332-S340. doi:10.1016/j.jacr.2018.09.018.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Lower Extremity Artery Aneurysms (PVD-7.4)

PVD.AI.0007.4.A
v1.0.2025

Imaging indications

Iliac artery aneurysm

See **Iliac Artery Aneurysm (IAA) (PVD-6.4)**

Femoral artery aneurysm

- Initial imaging
  - Ultrasound (CPT® 93925 bilateral study or CPT® 93926 unilateral study).
- Surveillance imaging
  - Asymptomatic true femoral aneurysms smaller than 2.5 cm in diameter
    - Ultrasound (CPT® 93926 unilateral study) annually
  - Asymptomatic true femoral aneurysms larger than 2.5 cm
    - Ultrasound (CPT® 93926 unilateral study) every 6 months
- Other imaging
  - CTA or MRA Lower extremity (CPT® 73706 or 73725 or 74198 or 75635):
    - Preoperative study for individuals with no plans for invasive angiography
    - Technically limited or abnormal ultrasound results

Popliteal artery aneurysm

- Initial imaging
  - Ultrasound (CPT® 93925 bilateral study or CPT® 93926 unilateral study) and Ultrasound to assess for a contralateral popliteal aneurysm and abdominal aortic aneurysm (CPT® 76770 or CPT® 76775)
- Surveillance imaging
  - If no intervention: Ultrasound (CPT® 93926 unilateral study) annually
  - Post-intervention: (ABI (CPT® 93922) and Duplex ultrasound are indicated as follows:
    - 3 months post-operative
    - 6 months post-operative
    - 12 months post-operative
    - Then annually

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

- Other imaging
  - CTA or MRA (CPT® 73706 or 73725 or 74185 or 75635) for:
    - Preoperative study
    - Technically limited or abnormal ultrasound results

Evidence Discussion

Duplex ultrasound is the preferred modality for surveillance of lower extremity arterial aneurysms. This modality uses no ionizing radiation or contrast, has a reasonable level of accuracy and is cost-effective. CT/MR imaging may be indicated for preoperative planning or in cases where ultrasound is technically limited.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References

PVD.AI.0007.4.A
v1.0.2025

1. Hall HA, Minc S, Babrowski T. Peripheral artery aneurysm.*Surg Clin North Am*. 2013;93(4):911-ix. doi:10.1016/j.suc.2013.04.008.
2. von Stumm M, Teufelsbauer H, Reichenspurner H, Debus ES. Two Decades of Endovascular Repair of Popliteal Artery Aneurysm--A Meta-analysis. *Eur J Vasc Endovasc Surg*. 2015;50(3):351-359. doi:10.1016/j.ejvs.2015.04.036
3. Kim TI, Sumpio BE. Management of Asymptomatic Popliteal Artery Aneurysms. *Int J Angiol*. 2019;28(1):5-10. doi:10.1055/s-0038-1676792.
4. Corriere MA, Guzman RJ. True and false aneurysms of the femoral artery. *Semin Vasc Surg*. 2005;18(4):216-223. doi:10.1053/j.semvascsurg.2005.09.008
5. Farber A, Angle N, Avgerinos E, Dubois L, Eslami M, Geraghty P, et al. The Society for Vascular Surgery clinical practice guidelines on popliteal artery aneurysms. *J Vasc Surg* 2022; 75:109S-20S.
6. Smith T, Quencer KB. Best Practice Guidelines: Imaging Surveillance After Endovascular Aneurysm Repair. *American Journal of Roentgenology.* 2020;214(5):1165-1174. doi:10.2214/ajr.19.22197.
7. Zierler RE, Jordan WD, Lal BK, et al. The Society for Vascular Surgery practice guidelines on follow-up after vascular surgery arterial procedures. *J Vasc Surg*. 2018;68(1):256-284. doi:10.1016/j.jvs.2018.04.018.1.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Claudication and Critical Limb Ischemia (PVD-7.1)

PVD.AI.0007.1.A
v1.0.2025

- Resting ABI for initial evaluation of suspected PAD. This can be accomplished at the bedside as part of the physical examination or requested as CPTCPT® 93922 (limited Doppler ultrasound) or CPTCPT® 93923 (multi-level complete Doppler ultrasound)
  - CPTCPT® 93923 may be performed once
  - Follow-up studies may be performed with CPTCPT® 93922
  - Post-exercise ABI (CPTCPT® 93924) can be performed if the resting ABI is >0.89 and PAD is still highly suspected clinically.
- History and physical suggestive of PAD include:
  - History
    - Claudication- reproducible calf or thigh cramping with exertion that is relieved completely with rest
    - Critical limb ischemia
    - Rest pain suggestive of ischemia-pain in the ball of foot when the leg is in an elevated position particularly at night
    - Distal non-healing wound or punched out ulcer with sharply demarcated edges present for >2 weeks with no evidence of healing, i.e. presence of granulation tissue
  - Physical Examination
    - Abnormal lower extremity pulse examination
    - Vascular bruit
    - Non-healing lower extremity wound
    - Lower extremity gangrene
    - Other suggestive lower extremity physical findings (e.g., elevation pallor/ dependent rubor)
    - Atrophic nails, hair loss, shiny skin
- If resting ABI (CPTCPT® 93922) is normal (0.9 to 1.3) and disease is still suspected:
  - Differentiate from “pseudoclaudication”. See **Lumbar Spinal Stenosis (SP-9)** in the Spine Imaging Guidelines
  - Re-measure ABI after exercise (CPTCPT® 93924)
  - A TBI (toe-brachial index) may be used as further screening in individuals with ABI’s ≥1.4
  - Advanced imaging is necessary only if there is consideration for invasive therapy not to confirm diagnosis

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

- Duplex ultrasound (CPTCPT® 93925 bilateral study or CPTCPT® 93926 unilateral study) and Doppler studies are adjuncts to abnormal ABI that may be used to identify location and extent of disease once there has been a decision for revascularization.
- MRA Aorta and Pelvic vessels, and Lower extremities (CPTCPT® 74185, CPTCPT® 73725 and CPTCPT® 73725), or CTA with run-off (CPTCPT® 75635) to further evaluate the lower extremity arteries for ANY of the following:
  - Potentially limb-threatening vascular disease evidenced by:
    - Skin breakdown
    - Non-healing ischemic ulcers
    - Resting leg pain
    - Gangrene
  - Blue Toe Syndrome:
    - Emboli from aortic plaque or mural thrombus
    - Hyperviscosity syndrome
    - Hypercoagulable states
    - Vasculitis
  - Preoperative planning for Intermittent claudication (i.e., non-limb threatening ischemia) AND there is documentation of both of the following:
    - Failed 3-months' conservative medical therapy (physician supervised walking/ exercise program plus medical therapy)
    - Functional disability (e.g., exercise impairment sufficient to threaten the individual's employment or to require significant alterations in the individual's lifestyle)
  - CTA lower extremity (CPT® 73706) OR MRA lower extremity (CPT® 73725) can be approved for evaluation of PVD when aortoiliac disease is not a concern or the state of the aorta and iliac arteries is already known as documented in the clinical history

Note:

MRA Pelvis (CPT® 72198) should not be requested/billed with CPT® 74185, CPT® 73725 and CPT® 73725

- To evaluate for an embolic source:
  - CTA chest (CPT 71275) OR MRA Chest (CPT 71555) AND
  - CTA A/P (74174) OR MRA a/p (74185) (if imaging of abdomen/pelvis not already obtained)

  See also Echocardiogram in the Cardiac imaging guideline

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Background and Supporting Information

Claudication symptoms usually remain stable (70% to 80% of individuals) and do not worsen or improve at rapid rates. Repeat studies to assess the efficacy of medical therapy are not indicated unless there is a negative change in clinical status for the purpose of preoperative planning such as worsening claudication or progression to critical limb ischemia.

Evidence Discussion

Claudication and Critical Limb Ischemia

Introduction and natural history:

Peripheral arterial disease (PAD) is defined as chronic, atherosclerotic occlusive disease of the lower extremities. The vast majority of patients with PAD are asymptomatic. A much smaller group has symptomatic PAD, consisting of intermittent claudication(IC), rest pain or tissue loss.

The natural history of PAD for asymptomatic and IC patients is relatively benign. It is estimated that 7% (4%–11%) of asymptomatic patients deteriorate to IC over a 5-year period. Multiple studies have established that patients with IC are at very low risk of major amputation (<1% per year).

For these reasons, the first line of treatment for patient with IC is risk factor reduction/ modification and exercise therapy. A meta-analysis of 1200 patients determined that exercise therapy, compared with placebo or usual care, provides an overall improvement in walking ability of 50% to 200%, with improvements maintained for up to 2 years. Additionally, with intensive medical management, <5% of patients will develop symptoms of advanced ischemia, such as ischemic rest pain, tissue loss, or require amputation.

Diagnosis:

Measurement of the ankle-brachial index (ABI) is the primary method for establishing the diagnosis of PAD. An ABI of 0.90 has been demonstrated to have high sensitivity and specificity for the identification of PAD compared with the gold standard of conventional angiography (CA). It is a simple non-invasive method to assess for PAD. It avoids use of radiation, and contrast agents. It can be performed easily in an office setting and is cost-effective.

Further studies for evaluation of anatomic location of disease are warranted if PAD is proven. Arterial duplex combines Doppler spectral analysis and B-mode imaging to evaluate blood flow and anatomy. It has been shown to be effective in localizing arterial vascular disease with comparable sensitivity and specificity to CT angiography (CTA), MR angiography (MRA) and CA. It is also non-invasive, cost-effective, and avoids radiation and contrast exposure.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Due to their associated risks, CTA, MRA and CA should be reserved for patients in whom revascularization treatment is being considered. CTA risks include exposure to intravenous contrast and radiation. Contrast complications include allergy and contrast induced nephropathy. MRA risk includes exposure to gadolinium which confers the risk of nephrogenic systemic fibrosis in patients with renal insufficiency. MRA also is contraindicated in patients with metallic implants. CA risks include radiation and contrast exposure as well as access site complications. Since it is an invasive procedure, there is risk for arterial injury, embolization and thrombosis.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References

PVD.AI.0007.1.A
v1.0.2025

1. Dick F, Ricco J-B, Davies A.H, Cao P, et. al. Chapter VI: Follow-up after Revascularization. *European Journal of Vascular and Endovascular Surgery*, Volume 42, Supplement 2, 2011 pp.S75-90.
2. Lane TRA et al. Post-Operative Surveillance after Open Peripheral Arterial Surgery. *Eur J Vasc Endovasc Surg.* Volume 42, Issue 1, July 2011. Pages 59-77.
3. Brooke BS, Beck AW, Kraiss LW, et al. Association of Quality Improvement Registry Participation with Appropriate Follow-up after Vascular Procedures. *JAMA Surgery*. 2018;153(3):216. doi:10.1001/jamasurg.2017.3942.
4. Rooke TW, Hirsch AT, Misra S, Sidawy AN, et al. 2011 ACCF/AHA focused update of the guideline for the management of patients with peripheral artery disease (updating the 2005 guideline): a report of the American College of Cardiology Foundation/American Heart Association Task Force on Practice Guidelines: developed in collaboration with the Society for Cardiovascular Angiography and Interventions, Society of Interventional Radiology, Society for Vascular Medicine, and Society for Vascular Surgery. American College of Cardiology Foundation/American Heart Association Task Force on Practice Guidelines., Society for Cardiovascular Angiography and Interventions., Society of Interventional Radiology., Society for Vascular Medicine., Society for Vascular Surgery. *J Vasc Surg.* 2011 Nov; 54(5):e32-58.
5. Conte MS, Pomposelli FB, and Clair DG. Society for Vascular Surgery practice guidelines for atherosclerotic occlusive disease of the lower extremities: Management of asymptomatic disease and claudication. J Vasc Surg. March 2015;61(3):2S-41S.e1.
6. Bui TD, Mills JL Sr, Inhnat DM et al. The natural history of duplex-detected stenosis after femoropopliteal endovascular therapy suggests questionable clinical utility of routine duplex surveillance. *J Vasc Surg*. 2012 Feb 55:2:346-352.
7. Troutman DA, Madden NJ, Dougherty MJ, et al. Duplex Ultrasound Diagnosis of Failing Stent Grafts Placed for Occlusive Disease. *J Vasc Surg* 2014;70:1–5.
8. Humphries MD, Pevec WC, Laird JR, et.al. Early Duplex Scanning after Infrainguinal Endovascular Therapy. *J Vasc Surg* 2011; 53:353–8.
9. Zierler RE, Jordan WD, Lal BK, et al. The Society for Vascular Surgery practice guidelines on follow-up after vascular surgery arterial procedures. *J Vasc Surg*. 2018 Jul;68(1):256-284. doi: 10.1016/j.jvs.2018.04.018.
10. Cooper K, Majdalany BS, Kalva SP, et al. ACR Appropriateness Criteria ® Lower Extremity Arterial Revascularization—Post-Therapy Imaging. *J Am Coll Radiol*. 2018;15:S104-S115.
11. Gerhard-Herman MD, Gornik HL, Barrett C, et al. 2016 AHA/ACC Guideline on the management of patients with lower extremity peripheral artery disease: a report of the American College of Cardiology/American Heart Association Task Force on Clinical Practice Guidelines. *Circulation*. 2017; 135: e726-e779.
12. Ahmed O, Hanley M, Bennett SJ, et al. ACR Appropriateness Criteria® Vascular claudication -Assessment for Revascularization. *J Am Coll Radiol*. 2017 May;14(5S):S372-S379. doi: 10.1016/j.jacr.2017.02.037.
13. Macedo TA, Johnson M, Hallett Jr JW, and Breen JF. Popliteal artery entrapment syndrome: role of imaging in the diagnosis. *AJR Am J Roentgen*. 2003 Nov;181(5):1259-1265. doi:10.2214/ajr.181.5.1811259.
14. Ahmed O, Hanley M, Bennett SJ, et al. ACR ® Appropriateness Criteria Vascular Claudication-Assessment for Revascularization.*J Am Coll Radiol*. 2017;14(5):S372-S379. doi:10.1016/j.jacr.2017.02.037.
15. Expert Panels on Vascular Imaging and Cardiac Imaging: Parenti VG, Vijay K, Maroules CD, Majdalany BS, Koweek LM, Khaja MS, et al. ACR Appropriateness Criteria ® Workup of Noncerebral Systemic Arterial Embolic Source. *Journal of the American College of Radiology*, Volume 20, Issue 5, Supplement, S285-S300, May 2023
16. Sigvant B, Lundin F, Wahlberg E. The risk of disease progression in peripheral arterial disease is higher than expected: a meta-analysis of mortality and disease progression in peripheral arterial disease.*Eur J Vasc Endovasc Surg*.2016;51(3):395–403.
17. Watson L, Ellis B, Leng GC. Exercise for intermittent claudication. *Cochrane Database Syst Rev* 2008; (4):CD000990.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

18. Norgren L, Hiatt WR, Dormandy JA, et al. Inter-Society Consensus for the Management of Peripheral Arterial Disease (TASC II). *J Vasc Surg* 2007;45(Suppl S):S5-67.
19. Collins R, Burch J, Cranny G,et al.Duplex ultrasound, magnetic resonance angiography, and computed tomography angiography for the diagnosis and assessment of symptomatic, lower limb peripheral disease: systematic review. *BMJ* 2007;334:1257.
20. Conte MS, Pomposelli FB, et al. Society for Vascular Surgery practice guidelines for atherosclerotic occlusive disease of the lower extremities: Management of asymptomatic disease and claudication. *J Vasc Surg* 2015;61:2S-41S.
21. Hirsch AT, Haskal ZJ, et al. ACC/AHA Guidelines for the Management of Patients with Peripheral Arterial Disease. *J Vasc Interv Radiol* 2006; 17:1383–1398.
22. Conte MS, Bradbury AW, et al. Global vascular guidelines on the management of chronic limb-threatening ischemia. *JVS*, June 2019. 69:6 3S-125S.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Popliteal Artery Entrapment Syndrome (PVD-7.2)

PVD.AI.0007.2.A
v1.0.2025

- Diagnosis of popliteal artery stenosis or occlusion due to compression by adjacent muscle and tendons all of the following are indicated:
  - Resting ABI (CPT® 93922 OR 93923) AND/OR Post-Exercise ABI (CPT ® 93924) AND
  - Ultrasound (CPT® 93926 unilateral study) AND
  - Either CTA Lower extremity (CPT® 73706), or MRA Lower extremity (CPT® 73725).
  - CT or MRI Lower Extremity (contrast as requested) if requested by the operating surgeon

Background and Supporting Information

Popliteal Artery Entrapment Syndrome is typically seen in young men (ages 20 to 40) but is not exclusive to this gender or age group.

Evidence Discussion

Popliteal Artery Entrapment

Popliteal artery entrapment syndrome is a nonatheromatous cause of lower extremity ischemic symptoms. It is caused by abnormal embryologic development of the structures in the popliteal fossa. The symptoms are caused by compression of the popliteal artery by the muscles or fibrous bands. The typical presentation is claudication symptoms in physically active young men who have normal pulse examination.

Due to its unusual nature and presentation, ultrasound, CT Angiography or MR Angiography of the lower extremity is supported for diagnosis. Since it is critical to understand the anatomic relationships of the muscles to the vessels in the popliteal fossa, CT or MRI of the lower extremity is supported if requested by the surgeon for pre-operative planning.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References

PVD.AI.0007.2.A
v1.0.2025

1. Expert Panels on Vascular Imaging: Francois CJ, Skulborstad EP, Kalva SP, et al. ACR Appropriateness Criteria ® Nonatherosclerotic Peripheral Arterial Disease. *J Am Coll Radiol* 2019; 16: S174-S183.
2. Grimm NL, Danilkowicz R, Shortell C, Toth AP. Popliteal Artery Entrapment Syndrome. *JBJS Rev* 2020;8(1):e0035.
3. Zhong H, Gan J, Zhao Y, Xu Z, Liu C, Shao G, and Wu X. Role of CT angiography in the diagnosis and treatment of popliteal vascular entrapment syndrome. Am J Roentgenol. 2011;197(6):W1147-54.
4. Sinha S, Houghton J, Holt PJ, et al. Popliteal entrapment syndrome.*J Vasc Surg*.2012;55(1):252–262e30.
5. Shahi N, Arosemena M, Kwon J, et al.Functional popliteal artery entrapment syndrome: a review of diagnosis and management.*Ann Vasc Surg*.2019;59:259–267.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Post-Procedure Surveillance Studies (PVD-7.3)

PVD.AI.0007.3.A
v1.0.2025

- Scheduled Interval
  - ABI (CPT® 93922) following any revascularization procedure
    - ABI (CPT® 93922) or Duplex ultrasound (CPT® 93926 unilateral study) at each routine follow up is indicated generally after a history/physical has been performed
    - Further imaging studies such as CTA or MRA are indicated for worsening symptoms, an abnormal duplex or a significant reduction (>0.15) in the ABI

Indication	Imaging
Suprainguinal Revascularization, both open and endovascular therapy, including Aortobifem/iliofem/fem-fem bypass/iliac angioplasty/stent	• Clinical examination and ABI (CPT® 93922) with arterial duplex (CPT® 93925 or CPT® 93926) at: ◦ Within 1 month ◦ 6 months ◦ 12 months ◦ Then annually
Infrainguinal Open Revascularization (Femoral-popliteal, femoral-tibial, femoral-distal bypass)	
• With vein or autologous conduit	• Clinical exam and ABI (CPT® 93922) with arterial duplex (CPT® 93925 or CPT® 93926) ◦ Post-operatively ◦ 3 months ◦ 6 months ◦ 12 months ◦ Then annually

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Indication	Imaging
• With Prosthetic conduit (PTFE/Dacron)	• Clinical exam and ABI (CPT® 93922) with arterial duplex (CPT® 93925 or CPT® 93926) ◦ Post-operatively ◦ 6 months ◦ 12 months ◦ Then annually
Infrainguinal Endovascular Revascularization Femoropopliteal angioplasty/stent	• Clinical exam and ABI (CPT® 93922) with arterial duplex (CPT® 93925 or CPT® 93926): ◦ Within 1 month ◦ 3 month ◦ Every 6 months for two years ◦ Then annually

After suprainguinal intervention (PVD-7.3.1)

- One of the following studies: Arterial duplex, CTA Abdomen and Pelvis, CT Abdomen and Pelvis with contrast, CTA Aorta with lower extremity runoff, MRI Abdomen and Pelvis, MRA Abdomen and Pelvis, or MRA Aorta with lower extremity runoff for any **one** of the following:
  - Worsening signs or symptoms
  - Reduction of ABI >0.15
  - Peak systolic velocities or PSV ratio suggestive of high grade stenosis or in-stent re-stenosis

After infrainguinal intervention (PVD-7.3.2)

- CTA Lower Extremity (CPT® 73706) **or** MRA Lower Extremity (CPT® 73725) or CTA aorta with lower extremity runoff CPT® 75635)for any **one** of the following:
  - Worsening signs or symptoms
  - Reduction of ABI >0.15
  - Duplex suggestive of threatened graft
- If intervention was performed for a non-healing wound and wound has gone on to heal, no additional imaging is recommended for surveillance.
- Repeat arterial duplex imaging can be obtained for worsening clinical signs and symptoms such as the presence of a new wound or rest pain

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Additional information

Evidence Discussion

Post-Procedure Surveillance Studies

Once an intervention (open or endovascular) has been performed, surveillance imaging is supported. The rationale for this is to maintain patency of the treated lesions to avoid further symptoms and/or amputation. Surveillance imaging with ABI and duplex is supported at various intervals depending on the type of intervention, stent vs. bypass, and by bypass material.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References

PVD.AI.0007.3.A
v1.0.2025

1. Dick F, Ricco J-B, Davies A.H, Cao P, et. al. Chapter VI: Follow-up after Revascularization. *European Journal of Vascular and Endovascular Surgery*, Volume 42, Supplement 2, 2011 pp.S75-90.
2. Lane TRA et al. Post-Operative Surveillance after Open Peripheral Arterial Surgery. *Eur J Vasc Endovasc Surg.* Volume 42, Issue 1, July 2011. Pages 59-77.
3. Brooke BS, Beck AW, Kraiss LW, et al. Association of Quality Improvement Registry Participation with Appropriate Follow-up after Vascular Procedures. *JAMA Surgery*. 2018;153(3):216. doi:10.1001/jamasurg.2017.3942.
4. Rooke TW, Hirsch AT, Misra S, Sidawy AN, et al. 2011 ACCF/AHA focused update of the guideline for the management of patients with peripheral artery disease (updating the 2005 guideline): a report of the American College of Cardiology Foundation/American Heart Association Task Force on Practice Guidelines: developed in collaboration with the Society for Cardiovascular Angiography and Interventions, Society of Interventional Radiology, Society for Vascular Medicine, and Society for Vascular Surgery. American College of Cardiology Foundation/American Heart Association Task Force on Practice Guidelines., Society for Cardiovascular Angiography and Interventions., Society of Interventional Radiology., Society for Vascular Medicine., Society for Vascular Surgery. *J Vasc Surg.* 2011 Nov; 54(5):e32-58
5. Conte MS, Pomposelli FB, and Clair DG. Society for Vascular Surgery practice guidelines for atherosclerotic occlusive disease of the lower extremities: Management of asymptomatic disease and claudication. *J Vasc Surg*. March 2015;61(3):2S-41S.e1
6. Bui TD, Mills JL Sr, Inhnat DM et al. The natural history of duplex-detected stenosis after femoropopliteal endovascular therapy suggests questionable clinical utility of routine duplex surveillance. *J Vasc Surg*. 2012 Feb 55:2:346-352
7. Troutman DA, Madden NJ, Dougherty MJ, et al. Duplex Ultrasound Diagnosis of Failing Stent Grafts Placed for Occlusive Disease. *J Vasc Surg* 2014;70:1–5.
8. Humphries MD, Pevec WC, Laird JR, et.al. Early Duplex Scanning after Infrainguinal Endovascular Therapy. *J Vasc Surg* 2011; 53:353–8.
9. Zierler RE, Jordan WD, Lal BK, et al. The Society for Vascular Surgery practice guidelines on follow-up after vascular surgery arterial procedures. *J Vasc Surg*. 2018 Jul;68(1):256-284. doi: 10.1016/j.jvs.2018.04.018.
10. Cooper K, Majdalany BS, Kalva SP, et al. ACR Appropriateness Criteria® Lower Extremity Arterial Revascularization—Post-Therapy Imaging. *J Am Coll Radiol*. 2018;15:S104-S115.
11. Gerhard-Herman MD, Gornik HL, Barrett C, et al. 2016 AHA/ACC Guideline on the management of patients with lower extremity peripheral artery disease: a report of the American College of Cardiology/American Heart Association Task Force on Clinical Practice Guidelines. *Circulation*. 2017; 135: e726-e779.
12. Ahmed O, Hanley M, Bennett SJ, et al. ACR Appropriateness Criteria® Vascular claudication -Assessment for Revascularization. *J Am Coll Radiol*. 2017 May;14(5S):S372-S379. doi: 10.1016/j.jacr.2017.02.037.
13. Macedo TA, Johnson M, Hallett Jr JW, and Breen JF. Popliteal artery entrapment syndrome: role of imaging in the diagnosis. *AJR Am J Roentgen*. 2003 Nov;181(5):1259-1265. doi:10.2214/ajr.181.5.1811259.
14. Sigvant B, Lundin F, Wahlberg E.The risk of disease progression in peripheral arterial disease is higher than expected: a meta-analysis of mortality and disease progression in peripheral arterial disease.*Eur J Vasc Endovasc Surg*.2016;51(3):395–403.
15. Criqui MH, Langer RD, Fronek A, et al. Mortality over a period of 10 years in patients with peripheral arterial disease. N Engl J Med 1992;326:381-6.
16. Watson L, Ellis B, Leng GC. Exercise for intermittent claudication. Cochrane Database Syst Rev 2008; (4):CD000990.
17. Norgren L, Hiatt WR, Dormandy JA, Nehler MR, Harris KA, Fowkes FG. Inter-Society Consensus for the Management of Peripheral Arterial Disease (TASC II). J Vasc Surg 2007;45(Suppl S):S5-67.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

18. Collins R, Burch J, Cranny G, et al.Duplex ultrasound, magnetic resonance angiography, and computed tomography angiography for the diagnosis and assessment of symptomatic, lower limb peripheral disease: systematic review. *BMJ*.2007;334:1257.
19. Conte MS, Pomposelli FB, et al. Society for Vascular Surgery practice guidelines for atherosclerotic occlusive disease of the lower extremities: Management of asymptomatic disease and claudication. *J Vasc Surg* 2015;61:2S-41S.
20. Hirsch AT, Haskal ZJ, et al. ACC/AHA Guidelines for the Management of Patients with Peripheral Arterial Disease. *J Vasc Interv Radiol* 2006; 17:1383–1398.
21. Conte MS, Bradbury AW, et al. Global vascular guidelines on the management of chronic limb-threatening ischemia. *JVS*, June 2019. 69:6 3S-125S

.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Arterial Imaging for Free Flaps in Reconstructive Surgery (PVD-7.5)

PVD.AI.0007.5.A
v1.0.2025

Indications

- Breast reconstruction preoperative planning: See **Breast Reconstruction (BR-3)** in the Breast Imaging Guidelines
- Head and neck reconstruction: CTA or MRA unilateral lower extremity (CPT® 73706 or 73725) of the harvest site is indicated to evaluate perforator anatomy for planned fibular flap
  - Bilateral imaging is indicated when requested from the operating surgeon to select harvest site

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References

PVD.AI.0007.5.A
v1.0.2025

1. Hall HA, Minc S, Babrowski T. Peripheral artery aneurysm.*Surg Clin North Am*. 2013;93(4):911-ix. doi:10.1016/j.suc.2013.04.008.
2. von Stumm M, Teufelsbauer H, Reichenspurner H, Debus ES. Two Decades of Endovascular Repair of Popliteal Artery Aneurysm--A Meta-analysis. *Eur J Vasc Endovasc Surg*. 2015;50(3):351-359. doi:10.1016/j.ejvs.2015.04.036
3. Kim TI, Sumpio BE. Management of Asymptomatic Popliteal Artery Aneurysms. *Int J Angiol*. 2019;28(1):5-10. doi:10.1055/s-0038-1676792.
4. Corriere MA, Guzman RJ. True and false aneurysms of the femoral artery. *Semin Vasc Surg*. 2005;18(4):216-223. doi:10.1053/j.semvascsurg.2005.09.008
5. Farber A, Angle N, Avgerinos E, Dubois L, Eslami M, Geraghty P, et al. The Society for Vascular Surgery clinical practice guidelines on popliteal artery aneurysms. *J Vasc Surg* 2022; 75:109S-20S.
6. Smith T, Quencer KB. Best Practice Guidelines: Imaging Surveillance After Endovascular Aneurysm Repair. *American Journal of Roentgenology.* 2020;214(5):1165-1174. doi:10.2214/ajr.19.22197.
7. Zierler RE, Jordan WD, Lal BK, et al. The Society for Vascular Surgery practice guidelines on follow-up after vascular surgery arterial procedures. *J Vasc Surg*. 2018;68(1):256-284. doi:10.1016/j.jvs.2018.04.018.1.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Arteriovenous Malformations (AVMs) (PVD-9.1)

PVD.AI.0009.1.A
v1.0.2025

- See **Pulmonary AVMs (CH-24.1)** in the Chest Imaging Guidelines
- See **Arteriovenous Malformations (AVMs) and Related Lesions (HD 12.2)** in the Head Imaging Guidelines
- See **Arteriovenous Malformations (AVMs) and Fistulas (PEDPVD-2.5)** in the Pediatric Peripheral Vascular Disease Imaging Guidelines
- See **Pelvic Pain/Dyspareunia, Female (PV-11.1)** in the Pelvis Imaging Guidelines

Initial imaging

- Ultrasound with Doppler is indicated as an initial examination for superficial lesions in the limbs.
  - Large lesion characterization may be limited by ultrasound imaging window.
  - Ultrasound is also limited in evaluating AVM relationship to airway or bony structures.

Evaluation and surveillance

- MRI without contrast or without and with contrast of the affected body part is the study of choice for abdominal AVMs and deep tissue (below the skin) AVM's in the limbs.
- MRA (contrast as requested) of the affected body part can be approved for evaluation and surveillance of known AVMs.
- It is unusual for both MRI and MRA to be necessary for routine treatment response or surveillance imaging of AVMs, but both may be approved for preoperative planning.
- CT and CTA can also be used to characterize AVMs and their relationship to normal structures but is generally not better than MRI and has associated radiation risks.
  - CT with contrast and/or CTA (contrast as requested) of the affected body part can be approved when MRI and/or MRA is inconclusive or contraindicated.

Post-embolization

- Advanced imaging can be approved one-time post-embolization to evaluate for successful resolution of the AVM.
- Additional imaging (same study performed pre-procedure or as requested by the treating provider) can be approved for treatment planning purposes if resolution of the AVM was not achieved.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Background and Supporting Information

Arteriovenous malformations are characterized by a network of multiple abnormal vascular channels interposed between enlarged feeding arteries and draining veins. The arteriovenous fistula has a single communication interposed between a feeding artery and a draining vein. The normal capillary bed is absent in both lesions. Both lesions may have an aggressive clinical course and are characterized by a reddish pulsatile mass which has a thrill or bruit. Though often recognized at birth, these lesions may grow and present near adolescence.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References

PVD.AI.0009.1.A
v1.0.2025

1. Pizzo PA, Poplack DG, Krishnamurthy R, Daldrup-Link HE, Jones JY, et. al. Imaging studies in the diagnosis and management of pediatric malignancies. In: Principles and Practice of Pediatric Oncology. Vol 7. Philadelphia: Wolters Kluwer; 2016:185-234.
2. Martin KL. Vascular disorders. *Nelson Textbook of Pediatrics*, Chapter 669. eds Kliegman R, St. Geme JW III, Blum NJ, et al. 21st ed. Philadelphia, PA: Elsevier; 2020:3461-3469.
3. Blei F, Guarini A. Current workup and therapy of infantile hemangiomas. Clinics in Dermatology. 2014;32(4):459-470. doi:10.1016/j.clindermatol.2014.02.001.
4. Cahill AM, Nijs ELF. Pediatric Vascular Malformations: Pathophysiology, Diagnosis, and the Role of Interventional Radiology. *CardioVascular and Interventional Radiology*. 2011;34(4):691-704. doi:10.1007/s00270-011-0123-0.
5. Bagrodia N, Defnet AM, Kandel JJ. Management of lymphatic malformations in children. *Current Opinion in Pediatrics*. 2015;27(3):356-363. doi:10.1097/mop.0000000000000209.
6. Wassef M, Blei F, Adams D, et al. Vascular Anomalies Classification: Recommendations from the International Society for the Study of Vascular Anomalies. *Pediatrics*. 2015;136(1):e203-e214. doi:10.1542/peds.2014-3673.
7. Kutz AM, Aranibar L, Lobos N, Wortsman X. Color Doppler Ultrasound Follow-Up of Infantile Hemangiomas and Peripheral Vascularity in Patients Treated with Propranolol. *Pediatric Dermatology*. 2015;32(4):468-475. doi:10.1111/pde.12596.
8. Adams DM, Trenor CC, Hammill AM, et al. Efficacy and Safety of Sirolimus in the Treatment of Complicated Vascular Anomalies. *Pediatrics*. 2016;137(2). doi:10.1542/peds.2015-3257.
9. Snyder E, Puttgen K, Mitchell S, Ahlawat S, Tekes A. Magnetic Resonance Imaging of the Soft Tissue Vascular Anomalies in Torso and Extremities in Children: An Update with 2014 International Society for the Study of Vascular Anomalies Classification. *Journal of Computer Assisted Tomography*. 2017;42(2):167-177. doi:10.1097/rct.0000000000000675.
10. Merrow AC, Gupta A, Patel MN, Adams DM. 2014 Revised Classification of Vascular Lesions from the International Society for the Study of Vascular Anomalies: Radiologic-Pathologic Update. *RadioGraphics*. 2016;36(5):1494-1516. doi:10.1148/rg.2016150197.
11. Johnson CM, Navarro OM. Clinical and sonographic features of pediatric soft-tissue vascular anomalies part 1: classification, sonographic approach and vascular tumors. *Pediatric Radiology*. 2017;47(9):1184-1195. doi:10.1007/s00247-017-3885-y.
12. Johnson CM, Navarro OM. Clinical and sonographic features of pediatric soft-tissue vascular anomalies part 2: vascular malformations. *Pediatric Radiology*. 2017;47(9):1196-1208. doi:10.1007/s00247-017-3906-x.
13. Sadick M, Müller-Wille R, Wildgruber M, Wohlgemuth W. Vascular Anomalies (Part I): Classification and Diagnostics of Vascular Anomalies. RöFo - Fortschritte auf dem Gebiet der Röntgenstrahlen und der bildgebenden Verfahren. 2018;190(09):825-835. doi:10.1055/a-0620-8925.
14. Olivieri B, White CL, Restrepo R, et. al. Low-Flow Vascular Malformation Pitfalls: From Clinical Examination to Practical Imaging Evaluation—Part 2, Venous Malformation Mimickers. *American Journal of Roentgenology*. 2016;206(5):952-962. doi:10.2214/ajr.15.15794.
15. White CL, Olivieri B, Restrepo R, et.al. Low-Flow Vascular Malformation Pitfalls: From Clinical Examination to Practical Imaging Evaluation—Part 1, Lymphatic Malformation Mimickers. *American Journal of Roentgenology*. 2016;206(5):940-951. doi:10.2214/ajr.15.15793.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Suspected Retroperitoneal Bleed (PVD-9.2)

PVD.AI.0009.1.A
v1.0.2025

Initial Imaging

- CT abdomen and pelvis with IV contrast (CPT 74177) OR CT abdomen and pelvis with and without IV contrast (CPT 74178) OR CT angiogram abdomen and pelvis (CPT 74174)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References

PVD.AI.0009.1.A

v1.0.2025

1. Expert Panel on Vascular Imaging: Verma N, Steigner ML, Aghayev A, Azene EM, Chong ST, Desjardins B, et al. ACR Appropriateness Criteria ® Suspected Retroperitoneal Bleed. J Amer Coll Radiol 2021; 18: S482-S487

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Venous Imaging

Guideline

Venous Imaging General Information (PVD-11)
References
Upper Extremity Venous – Imaging (PVD-4.2)
References
Acute Limb Swelling (PVD-12)
References
Chronic limb swelling due to chronic deep venous thrombosis (DVT)/May-Thurner syndrome (PVD-13)
References
Chronic limb swelling due to venous insufficiency/Venous stasis changes/Varicose veins (PVD-14)
References
Imaging for Hemodialysis Access (PVD-8)
References
IVC filters – Treatment (PVD-16.2)
References
Post iliac vein stenting/angioplasty (PVD-17.1)
References

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Venous Imaging General Information (PVD-11)

PVD.VI.0011.A
v1.0.2025

Abbreviations and glossary (PVD-11.1)

Abbreviation	Definition
CTV	Computed Tomography Venography
DVT	Deep Venous Thrombosis
EVA	Endovenous ablation – a minimally invasive procedure using heat to obliterate the saphenous vein for the treatment of venous reflux
IVC	Inferior vena cava
May-Thurner's	Syndrome of compression of the left iliac vein via an overlying right common iliac artery. The pulsations of the artery into the vein against the 5th lumbar vertebrae can predispose to DVT
MRV	Magnetic Resonance Venography
Phlebectomy	Removal of a vein usually through a small incision
Post-thrombotic syndrome	Constellation of symptoms including chronic edema and pain that develops after a DVT
Sclerotherapy	Injection of an irritant into a vein to obliterate it
SEPS	Sub-fascial endoscopic perforator surgery
SVT	Superficial venous thrombosis

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Abbreviation	Definition
VVI	Venous Valvular Insufficiency – a study utilizing ultrasound to assess for the presence of reflux within the superficial and deep veins of the lower extremity.

Venous imaging - General guidelines (PVD-11.2)

- A current clinical evaluation (within 60 days), including medical treatments, are required prior to considering advanced imaging, which includes:
  - Relevant history and physical examination including:
    - The affected limb(s), the extent of the edema (calf and/or thigh), pitting or non-pitting. With regard to venous insufficiency, presence or absence of hyperpigmentation or other skin changes, ulcerations if applicable, size of varicosities if present as well as distribution
    - Arterial examination to rule out phlegmasia alba/cerulea dolens which is compromised arterial flow secondary to extensive DVT if applicable
    - Appropriate laboratory studies, for example d-dimer, if applicable
    - Non-advanced imaging modalities, such as a venous duplex or venous valvular insufficiency study (VVI) after symptoms started or worsened
  - Other meaningful contact (telephone call, electronic mail or messaging) by an established patient can substitute for a face-to-face clinical evaluation.
- General Guidelines-Imaging (PVD-11.4)
  - Venous duplex (CPT® 93970, CPT® 93971) of the limb is the initial imaging of choice
    - Follow-up duplex imaging (CPT® 93970, CPT® 93971) is not generally indicated to document resolution and should only be obtained for new signs/symptoms or for concerns of propagation of thrombus when the treatment plan would change (Insertion of IVC filter, change of anticoagulation, etc.)
  - Imaging studies
    - Venous duplex (CPT® 93970, CPT® 93971) should visualize the veins, with demonstration of the presence or absence of compressibility and venous flow.
    - Venous valvular insufficiency studies (CPT® 93970, CPT® 93971) visualize the veins of the lower extremity, assess for reflux (reversal of venous antegrade flow after valve closure) and measure its duration.
    - CTV or MRV Abdomen and Pelvis (CPT® 74174) or (CPT® 74185 and 72198) images with contrast involves taking images from the diaphragm to just below the inguinal ligament after a delay of a few minutes after IV contrast

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

is administered to optimize filling and therefore visualization of the venous vasculature

.

Background and Supporting Information

Venous disease can be classified into three categories:

- Veno-occlusive disease
  - Types of thrombotic disease
    - Superficial venous thrombosis
    - Deep venous thrombosis
    - Iliac vein obstruction, unilateral or bilateral
    - May-Thurner's syndrome
  - Signs/Symptoms of veno-occlusive disease is generally sudden onset of pain and edema in the limb.
  - Risk factors include age >40, obesity, pregnancy, prolonged immobility, post-surgery, and malignancy among others.
  - Procedures related to veno-occlusive disease include:
    - Thrombolysis
    - Thrombectomy
    - Post-iliac vein stent/angioplasty
- Venous insufficiency
  - Types of venous insufficiency:
    - Superficial and deep venous reflux
    - Varicose veins
    - Reticular and spider veins.
  - Signs/symptoms of venous insufficiency include:
    - Chronic swelling in the leg that is relieved with elevation
    - Chronic swelling in the leg that is worse in the evenings
    - Aching or sense of heaviness in the leg
    - Hyperpigmentation of the calf particularly around the ankle
    - Itchy skin on legs and feet
    - Leather appearance of the skin of the calves
    - Skin ulcers in the calf particularly around the medial malleolus
    - Varicose veins
    - Spider veins/reticular veins/telangiectasias
  - Procedures related to the venous insufficiency include:
    - Endovenous laser ablation utilizing either chemical, laser or radio-frequency
    - Saphenous vein high ligation and stripping

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

    - Phlebectomy, stab or powered
    - Sclerotherapy, liquid or foam
- Venous malformations
  - Types of venous malformations include:
    - Arterio-venous malformations which can occur throughout the body
    - See **Pulmonary AVM (CH-24)** in the Chest imaging guidelines
    - See **Aneurysm and AVM (HD-12)** in the Head imaging guidelines
    - See **Pelvic Pain/Dyspareunia, Female (PV-11)** in the Pelvic imaging guidelines
    - Klippel-Trenaunay which affects primarily the lower extremity venous circulation and is characterized by varicose veins, limb size discrepancies, and port-wine stains.
  - Treatment includes:
    - Primarily embolization
    - Sclerotherapy
      - Klippel-Trenaunay: treatment can include phlebectomy and sclerotherapy of symptomatic varicose veins provided they meet the criteria for intervention.

Procedure Coding (PVD-11.3)

Venous Studies – Extremities	CPT®
CTV Abdomen and Pelvis involves obtaining images from the diaphragm to just below the inguinal ligament after a delay of a few minutes after IV contrast is administered to optimize filling and therefore visualization of the venous vasculature.	74174
CTV Pelvis involves obtaining images from the top of the pelvic brim to the upper thighs or just below the inguinal ligament. The venogram portion is performed by obtaining images after a delay of a few minutes after IV contrast is administered to optimize filling and therefore visualization of the venous vasculature.	72191
MRV Abdomen and Pelvis involves taking images from the diaphragm to just below the inguinal ligament after a delay of a few minutes after IV contrast is administered to optimize filling and therefore visualization of the venous vasculature.	74185 and 72198

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Venous Studies – Extremities	CPT®
MRV Pelvis involves obtaining images from the top of the pelvic brim to the upper thighs or just below the inguinal ligament. The venogram portion is performed by obtaining images after a delay of a few minutes after IV contrast is administered to optimize filling and therefore visualization of the venous vasculature.	72198
Duplex scan of extremity veins, including responses to compression and other maneuvers; complete bilateral study.	93970
Duplex scan of extremity veins, including responses to compression and other maneuvers; unilateral or limited study.	93971
• These codes are used to report studies of lower or upper extremity veins. • A complete bilateral study of the lower extremity veins includes examination of the external iliac veins, common femoral, proximal deep femoral, great saphenous and popliteal veins. Calf veins may also be included. • A complete bilateral study of upper extremity veins includes examination of the subclavian, jugular, axillary, brachial, basilic, and cephalic veins. Forearm veins may also be included.	
Duplex scan of aorta, inferior vena cava, iliac vasculature, or bypass grafts; complete study	93978
Duplex scan of extremity veins, including responses to compression and other maneuvers; unilateral or limited study.	93979

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References

PVD.VI.0011.A
v1.0.2025

1. Ageno W, Haas S, Weitz JI, et al. Characteristics and Management of Patients with Venous Thromboembolism: The GARFIELD-VTE Registry. *Thromb Haemost*. 2019;119(2):319-327. doi:10.1055/s-0038-1676611.
2. Jones WS, Vemulapalli S, Parikh KS et al. Treatment Strategies for Patients with Lower Extremity Chronic Venous Disease (LECVD. Agency for Healthcare Research and Quality (US); 2017 Apr.
3. Gloviczki P, Comerota AJ, Dalsing MD, et al. The care of patients with varicose veins and associated chronic venous diseases: Clinical practice guidelines of the Society for Vascular Surgery and the American Venous Forum. *J Vasc Surg*. 2011. 53(16S):1-47. doi:10.1016/j.jvs.2011.01.079.
4. Wolpert L, Rahmani O, Stein B, et al. Magnetic Resonance Venography in the Diagnosis and Management of May-Thurner syndrome. *Vasc Endovascular Surg*. 2002 Jan-Feb;36(1):51-7. doi:10.1177/153857440203600109.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Upper Extremity Venous – Imaging (PVD-4.2)

PVD.AI.0004.1.A
v1.0.2025

- For symptoms of venous insufficiency including but not limited to unilateral pain and swelling of the upper extremity
  - Venous duplex upper extremities (CPT® 93970 or CPT® 93971) should be performed initially
  - If duplex ultrasound is non-diagnostic:
    - MRV Upper extremity (CPT® 73225) and/or MRV Chest (CPT® 71555), or
    - CTV Upper extremity (CPT® 73206) and/or CTV Chest (CPT® 71275)
      - For venous thoracic outlet syndrome, CXR must be performed initially in all cases, since it can identify bony abnormalities or other causes of upper extremity pain. CTV Upper extremity (CPT® 73206) or MRV Upper extremity (CPT® 73225), and/or CTV Chest (CPT® 71275) or MRV Chest (CPT® 71555) is indicated.
- CT Chest with contrast (CPT® 71260) for Superior Vena Cava Syndrome (upper extremity and facial symptoms).
- **Either** of the following is indicated when stenting of the SVC is being considered:
  - MRV Chest (CPT® 71555)
  - CTV Chest (CPT® 71275)

Background and Supporting Information

SVC syndrome is caused by acute or subacute, intrinsic or extrinsic obstruction of the SVC, (ex: lung cancer, fibrosis, indwelling catheters/devices, thrombus). Other symptoms include dyspnea, headache and dizziness.

Thoracic Outlet Syndrome (TOS) refers to compression of the neurovascular structures within the thoracic outlet as they pass from the neck and thorax to the axilla. There are three types of TOS, neurogenic (see Brachial plexus-PN 4.1), venous and arterial (see Upper Extremity PVD-PVD 4.1). Venous TOS typically occurs in young athlete after a history of exertion of the limb, or in the presence of a central venous catheter which traverses the subclavian vein.

Evidence Discussion

Upper Extremity Venous Imaging

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Duplex ultrasound is the initial imaging modality for assessment of patients with symptoms of upper extremity venous occlusive disease or venous insufficiency including arm edema, pain and ulceration. Duplex imaging is limited in assessment of the proximal subclavian vein and central veins due to anatomic interference by the rib cage and lungs. MRV or CTV is indicated to assess these more proximal segments of the venous outflow and central venous structures including the innominate veins and SVC.

Advanced imaging is indicated for treatment planning in SVC syndrome and proximal venous intervention. Follow-up imaging after PTA and/or stenting for SVC syndrome or proximal vein occlusive disease may be approved assessment of stent patency and for recurrent symptoms.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References

PVD.AI.0004.1.A
v1.0.2025

1. Skeik N, Soo-Hoo SS, Porten BR, et al. Arterial Embolisms and Thrombosis in Upper Extremity Ischemia. *Vascular and Endovascular Surgery*. 2015;49(5-6):100-109. doi:10.1177/1538574415596740.
2. Desjardins B, Rybicki FJ, Kim HS, et al. ACR Appropriateness Criteria®. Suspected Upper Extremity Deep Vein Thrombosis. *J Am Coll Radiol*. 2012;9(9):613-619. doi:10.1016/j.jacr.2012.05.021.
3. Kraaijpoel N, Es NV, Porreca E, et al. The diagnostic management of upper extremity deep vein thrombosis: A review of the literature. *Thrombosis Research*. 2017;156:54-59. doi:10.1016/j.thromres.2017.05.035.
4. Azizi AH, Shafi I, Shah N, et al. Superior Vena Cava Syndrome. *JACC Cardiovasc Interv*. 2020;13(24):2896-2910. doi:10.1016/j.jcin.2020.08.038.
5. Cook JR, Thompson RW. Evaluation and Management of Venous Thoracic Outlet Syndrome. *Thorac Surg Clin*. 2021;31(1):27-44. doi:10.1016/j.thorsurg.2020.08.012.1.
6. Shah RP, Bolaji O, Duhan S, et al. Superior Vena Cava Syndrome: An Umbrella Review. *Cureus.* 2023 Jul 20;15(7):e42227. doi: 10.7759/cureus.42227.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Acute Limb Swelling (PVD-12)

PVD.VI.0012.A
v1.0.2025

Superficial venous thrombosis (SVT) (PVD-12.1)

- The diagnosis of superficial venous thrombosis is generally made on the basis of physical examination.
  - Duplex ultrasound (CPT® 93970, CPT® 93971) is the initial imaging if the diagnosis is equivocal
  - Follow-up duplex ultrasound (CPT® 93970, CPT® 93971) is indicated only if thrombus in the superficial systems is encroaching onto the deep venous system (saphenofemoral or saphenopopliteal junction)

Background and Supporting Information

Superficial venous thrombosis (SVT) refers to acute or chronic thrombosis of the superficial veins in both the upper (cephalic and basilic veins) and lower extremities (greater [great] saphenous vein, lesser [small] saphenous vein). Treatment: Elevation and warm compresses until pain and swelling subsides.

Acute deep venous thrombosis (DVT) (PVD-12.2)

- Duplex ultrasound (CPT® 93970 bilateral study or CPT® 93971 unilateral study) is the initial imaging study for any suspected DVT
  - Deep venous thrombosis can present as
    - Symptomatic
      - Swelling
      - Pain
      - Warmth
      - Erythema
      - Pain with dorsiflexion of the foot (Homan's Sign)
      - Or with progression, such as phlegmasia cerulean dolens
      - Risk factors for DVT include age >40, obesity, malignancy, prolonged immobilization, hypercoagulability as well as those outlined in **Pulmonary Embolism (PE) (CH-25)** in Chest Imaging Guidelines.
- CTA/CTV Abdomen and pelvis with contrast can be performed to rule out IVC thrombus secondary to the filter when there is acute bilateral lower extremity swelling in an individual with a history of an IVC filter in place.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

- When there is concern for proximal DVT (iliofemoral):
  - Focused abdominal duplex can generally visualize the iliac veins and IVC to determine the absence or presence of iliac vein thrombus in an individual. If the results are equivocal or indeterminate:
    - CTV or MRV Abdomen and Pelvis with contrast (CPT® 74174 or CPT® 74185 and 73725) can be performed.
- For request concerning abdominal vein thrombosis, see **Abdominal Veins other than Hepatic and Portal Veins (AB-43.2)** in the Abdomen Imaging Guidelines
- For proximal DVT's (iliac vein DVT's or in cases of phlegmasia (extensive DVT compromising arterial inflow), thrombectomy (rarely performed) or thrombolysis can be performed.
- If the cause of the DVT is found to be due to May-Thurner, iliac vein angioplasty followed by stenting of the left iliac vein is generally performed. See **May-Thurner Syndrome (PVD-13.3)**

Background and Supporting Information

Deep venous thrombosis is characterized by thrombosis of a deep vein in either the upper (brachial, axillary, subclavian veins) or the lower extremity (soleus muscle veins, gastrocnemius muscle veins, peroneal, posterior tibial, popliteal, femoral or iliac veins).

Follow-up imaging of known DVT (PVD-12.3)

- Duplex ultrasound (CPT® 93970 bilateral study or CPT® 93971 unilateral study) can be repeated in order to rule out proximal extension of a calf vein DVT in those individuals who cannot be anticoagulated, most commonly after recent surgery. Time interval for follow-up study includes:
  - One week after the initial diagnosis.
  - Serial imaging (up to 3 studies) over the first three weeks if calf DVT is not treated.
- Imaging during or to terminate long-term anticoagulation therapy to determine venous recanalization is not supported by evidence. Repeat imaging to make decisions on whether or not to continue or terminate anticoagulation is not indicated.

Follow-up imaging after venous surgery (PVD-12.4)

- Venous duplex (CPT® 93971 unilateral study) of the treated limb is indicated to rule out a DVT within seven days of endovenous ablation.
- Follow-up routine imaging is **no** indicated after other venous procedures including:
  - Saphenous vein ligation and stripping
  - Phlebectomy

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

- Sclerotherapy

Generalized bilateral lower extremity edema (PVD-12.5)

Bilateral lower extremity edema is multifactorial. Prior to any request for advanced imaging, a workup for causes of the edema should be instituted including echocardiogram to rule out congestive heart failure and laboratory studies to exclude renal insufficiency and liver disease. The following imaging is indicated based on the suspected cause of the edema:

- Suspected abdominal or pelvic pathology
  - Abdominal ultrasound or duplex is the initial imaging
  - CT Abdomen and Pelvis or CT pelvis either with or without contrast can be performed if abdominal US is equivocal or indeterminate
- Suspected chronic venous insufficiency
  - A venous duplex CPT® 93970 (bilateral) or CPT® 93971 (unilateral) is indicated to evaluate for venous reflux.
- Suspected lymphedema
  - When initial noninvasive studies, such as ultrasound, are negative for venous valvular insufficiency **either** of the following advanced imaging studies is indicated:
    - Lymphoscintigraphy (CPT® 78195)
    - MRI lymphaniography (CPT® 73718)

Unilateral lower extremity edema (PVD-12.6)

Initial imaging is duplex ultrasound (CPT 93971, unilateral study):

- If there is concern for proximal DVT
  - focused abdominal duplex should be performed to evaluate the iliac veins and IVC
  - CTV or MRV abdomen and pelvis (CPT 74174 or CPT 74185 and 72198) can be performed for indeterminate or equivocal duplex results.
- If there is concern for abdominal or pelvic pathology:
  - Abdominal/pelvic ultrasound or duplex
  - CT abdomen and pelvis, or CT pelvis with or without contrast if the abdominal ultrasound is indeterminate or inconclusive

Background and supporting information

Unilateral edema favors localized causes of venous or lymphatic compromise, rather than systemic etiologies which tend to result in bilateral edema. Initial imaging is duplex ultrasound. This can assess for vascular and non-vascular causes, including DVT, venous reflux, popliteal cysts, hematoma, mass.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References

PVD.VI.0012.A
v1.0.2025

1. Lim W, Gal GL, Bates SM, et al. American Society of Hematology 2018 guidelines for management of venous thromboembolism: diagnosis of venous thromboembolism. *Blood Advances*. 2018;2(22):3226-3256. doi:10.1182/bloodadvances.2018024828.
2. American College of Phlebology. Treatment of Superficial Venous Disease of the Lower Leg Guidelines. American Vein & Lymphatic Society. http://www.phlebology.org/member-resources/publications/treatment-superficial-venous-disease-lower-leg-guidelines. Published 2016.
3. American College of Phlebology. Duplex Ultrasound Imaging of Lower Extremity Veins in Chronic Venous Disease. American Vein & Lymphatic Society. http://www.phlebology.org/member-resources/publications/duplex-ultrasound-imaging-lower-extremity-veins-chronic-venous-disease. Published 2012.
4. Healy DA, Kimura S, Power D, et al. A Systematic Review and Meta-analysis of Thrombotic Events Following Endovenous Thermal Ablation of the Great Saphenous Vein. *European Journal of Vascular and Endovascular Surgery*. 2018;56(3):410-424. doi:10.1016/j.ejvs.2018.05.008.
5. Jacobs CE, Pinzon MM, Orozco J, et al. Deep Venous Thrombosis after Saphenous Endovenous Radiofrequency Ablation: Is it Predictable? *Annals of Vascular Surgery*. 2014;28(3):679-685. doi:10.1016/j.avsg.2013.08.012.
6. Liu N, Wang C, Sun M. Noncontrast three-dimensional magnetic resonance imaging vs lymphoscintigraphy in the evaluation of lymph circulation disorders: A comparative study.*J Vasc Surg*. 2005;41(1):69-75. doi:10.1016/j.jvs.2004.11.013.
7. Diagnostic approach to lower limb edema. Antonios P Gasparis, Pamela S Kim, Steven M Dean, Neil M Khilnani and Nicos Labropoulos. Phlebology 2020, Vol. 35(9) 650–655.
8. Approach to the Patient with Non-cardiac Leg Swelling. Geno J.MerliMD, HeatherYenserMSN,DinaOrapalloMSN. **Medical Clinics of North America**, **Volume 107, Issue 5**,September 2023, Pages 945-961.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Chronic limb swelling due to chronic deep venous thrombosis (DVT)/May-Thurner syndrome (PVD-13)

PVD.VI.0013.A
v1.0.2025

Chronic DVT with incompletely lysed or residual DVT (PVD-13.1)

Individuals with incompletely lysed or residual DVT can develop post-thrombotic syndrome that can be characterized as chronic edema, venous stasis changes, pain and in advanced cases venous stasis ulceration.

- Imaging is indicated to evaluate for iliac venous obstruction from incompletely lysed thrombus in individuals with a history of proximal (iliofemoral) DVT who have developed post thrombotic syndrome.
  - Initial imaging is duplex (CPT® 93970 bilateral study or CPT® 93971 unilateral study)
  - Either a CTV or MRV Abdomen and Pelvis (CPT® 74174) or (CPT® 74185 and 72198) OR CTV Pelvis (CPT® 72191) or MRV Pelvis (CPT® 72198), or venography for treatment planning purposes.
- Imaging for post-thrombotic syndrome is only indicated for **either**:
  - Signs and symptoms suggestive of a new acute DVT
  - Preoperative planning for iliac vein/stenting for suspected iliac vein stenosis or occlusion

Background and Supporting Information

- Chronic deep venous thrombosis is defined as an acute DVT that is greater than 14 days old.
- Incompletely lysed DVT can cause luminal narrowing of the vein restricting venous outflow leading to stenosis or occlusion and /or can lead to valve dysfunction resulting in reflux of venous blood retrograde towards gravity. Both pathologies ultimately lead to chronic edema which can cause chronic pain and venous stasis disease.
  - The mainstay of treatment for chronic deep venous thrombosis is compression stockings
  - Selected individuals may be a candidate for iliac vein angioplasty/stenting.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Post-thrombotic syndrome (PVD-13.2)

- Imaging for post-thrombotic syndrome is indicated when:
  - There are signs and symptoms suggestive of a new acute DVT
  - For preoperative planning for iliac vein/stenting in the setting of known iliac venous obstruction in those with a history of a proximal (iliofemoral) DVT.
- Imaging for post-thrombotic syndrome is NOT indicated for chronic swelling that has not changed in severity or character

May-Thurner syndrome (PVD-13.3)

- CTV or MRV Abdomen and Pelvis (CPT® 74174, or 74185 and 72198) OR CTV Pelvis or MRV Pelvis (CPT® 72191 or 72198) can be approved in individuals with a history of **one** of the following:
  - Left lower extremity iliac DVT
  - Persistent left lower extremity edema OR varicose veins OR venous stasis ulcer despite treatment of superficial venous disease in that extremity
  - Persistent left lower extremity edema OR varicose vein OR venous stasis ulcer in the absence of saphenous vein reflux.
- Imaging and/or prophylactic treatment of May-Thurner syndrome, in the absence of acute or chronic DVT **OR** chronic left lower extremity edema and its sequelae such as varicose veins or venous stasis ulcers, is **not** considered medically necessary

Background and Supporting Information

In approximately 25% of people, the right iliac artery overlies the left iliac vein over the fifth lumbar vertebrae and its pulsations can compress the vein increasing the risk of DVT in the left extremity.

- Treatment is with iliac vein angioplasty/stenting

Pelvic congestion syndrome (PVD-13.4)

- Signs and symptoms of pelvic congestion syndrome include:
  - Chronic pelvic pain OR post-coital discomfort >6 months.
  - Associated symptoms can include the presence of labial varicosities or heavy menstrual periods.
- Initial imaging is via transvaginal or pelvic ultrasound to exclude other pathologies of chronic pelvic pain
- CTV or MRV Abdomen and Pelvis (CPT® 74174, or 74185 and 72198) is indicated if initial ultrasound is inconclusive or non-diagnostic.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Evidence Discussion

Chronic limb swelling due to chronic deep venous thrombosis (DVT)/ May-Thurner syndrome, post-thrombotic syndrome and pelvic congestion syndrome

For patients with isolated left leg edema, or left leg edema greater than right leg, duplex ultrasound of the extremity should be performed to assess for DVT. If femoral DVT is identified, duplex ultrasound of the pelvis should be performed to assess for iliocaval DVT or evidence of a mass that may be causing compression of the iliac vein or IVC.

In patients with acute iliofemoral DVT, advanced imaging with either CTV or MRV of the abdomen and or pelvis is indicated for cases of iliofemoral DVT identified on ultrasound for treatment planning, or cases where iliofemoral DVT or stenosis is suspected but pelvic ultrasound is indeterminate or limited due to body habitus or overlying bowel gas obscuring the iliac vein.

Advanced imaging with CTV or MRV of the abdomen and/or pelvis is indicated in patients without acute DVT but a prior history of left iliac DVT or leg edema, varicosities or venous stasis disease in the absence of underlying venous insufficiency or following treatment of superficial venous insufficiency to assess for iliac vein compression. Post-Thrombotic syndrome due to prior DVT and subsequent deep venous insufficiency may lead to recurrent or chronic lower extremity edema. Management is compression therapy and advanced imaging is only indicated for assessment of symptoms consistent with new iliofemoral DVT or for preoperative planning for identified iliac vein stenosis.

Advanced imaging with CTV or MRV is indicated in patients with recurrent symptoms and a history of iliocaval stenting for iliac vein DVT, or compression.

Pelvic congestion syndrome may be a cause of chronic pelvic pain or post-coital discomfort. Initial imaging is pelvic or transvaginal ultrasound to assess for other sources of pelvic pain. Advanced imaging such as CTV or MRV of the abdomen and pelvis is indicated if ultrasound is inconclusive or non-diagnostic or for treatment planning.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References

PVD.VI.0013.A
v1.0.2025

1. Eberhardt RT and Raffetto JD. Chronic Venous Insufficiency. Circulation. 2005; 111: 2398-2409.
2. Partsch H, Flour M, Smith PC, et al. Indications for compression therapy in venous and lymphatic disease. Consensus based on experimental data and scientific evidence. *Int Angiol*. 2008;27:193-219.
3. Nayak L, Vedantham S. Multifaceted Management of the Postthrombotic Syndrome. *Seminars in Interventional Radiology*. 2012: 29:1.
4. Christof T, Kaltenmeier, Erben Y, et al. Systematic review of May-Thurner syndrome with emphasis on gender differences. *J Vasc Surg Venous Lymphat Disord*. 2018;6(3):399-407.
5. Rossi FH, Kambara AM, Izukawa NM, et al. Randomized double-blinded study comparing medical treatment versus iliac vein stenting in chronic venous disease. *J Vasc Surg Venous Lymphat Disord*. 2018;6(2):183-191.
6. Sermsathanasawadi N, Pruekprasert K, Pitaksantayothin W, et al. Prevalence, risk factors, and evaluation of iliocaval obstruction in advanced chronic venous insufficiency. *J Vasc Surg Venous Lymphat Disord*. 2019 May;7(3):441-447.
7. Vedantham S, Kahn SR, Goldhaber SZ, Comerota AJ, et al. Endovascular therapy for advanced post-thrombotic syndrome: Proceedings from a multidisciplinary consensus panel. *Vasc Med*. 2016 Aug;21(4):400-7.
8. O'Brian M and Gillespie B. Diagnosis and treatment of the pelvic congestion syndrome. Journal of Vascular Surgery. *Venos and Lympathic Disorders*. 2015. 3(1):96-106.
9. Brown CL, Rizer M et al. Pelvic Congestion Syndrome: Systematic Review of Treatment Success. *Semin Intervent Radiol*. 2018 Mar;35(1):35-40.
10. Poyyamoli S, Mehta P, Cherian M, et al. May-Thurner syndrome. *Cardiovasc Diagn Ther*. 2021 Oct;11(5):1104-1111. doi: 10.21037/cdt.2020.03.07.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Chronic limb swelling due to venous insufficiency/Venous stasis changes/ Varicose veins (PVD-14)

PVD.VI.0014.A
v1.0.2025

Venous Reflux (PVD-14.2)

- A venous valvular insufficiency study (CPT® 93970 bilateral study or CPT® 93971 unilateral study) is indicated to diagnose presence of reflux in the greater saphenous vein as well as the size of the refluxing vein.
- A duplex ultrasound (CPT® 93970 bilateral study or CPT® 93971 unilateral study) is indicated within six months before treatment with intervention to demonstrate the presence of pathologic reflux (>500ms) within the greater and lesser saphenous veins and document vein size.
- A post-ablation venous ultrasound (CPT® 93970 bilateral study or CPT® 93971 unilateral study) is indicated within seven days post-procedure.
  - If thrombus is noted within the saphenofemoral junction, repeat imaging can be performed within seven days to assess for propagation into the deep system.
- Post-procedure assessment by imaging techniques is not indicated to confirm efficacy or outcome of the procedure.

Background and Supporting Information

Venous insufficiency –– General information

- Venous insufficiency is characterized by failure of the venous blood to flow in its normal antegrade path of flow and instead reflux backwards by the force of gravity usually secondary to malfunction of the venous valves.
- Risk factors include previous DVT, obesity, female sex assigned at birth, hereditary, and environmental factors such as prolonged standing on a hard surface.
- Venous insufficiency loosely includes the diagnosis of venous reflux, varicose veins, venous stasis ulcers and spider/reticular veins.
- Diagnosis is made with a venous valvular insufficiency study which documents the presence of reflux (>500ms) in the greater saphenous vein as well as the size of the refluxing vein (3-15mm).
- Treatment of superficial venous reflux is amenable to intervention in selected individuals who are symptomatic and have failed conservative therapy.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

- Ultrasound mapping or monitoring techniques are considered medically necessary only to initially determine the extent and configuration of symptomatic varicosities or valvular insufficiency.

Venous reflux

- Symptoms of venous reflux include chronic edema, pain, and venous stasis ulcerations. Symptoms of venous reflux can be ameliorated with compression therapy with graded compression stockings, elevation, avoidance of prolonged standing and weight loss. Venous reflux can be seen in both the deep and superficial venous systems. Reflux within the deep system is not amenable to intervention.
- Treatment of deep venous reflux is via active compression with compression stocks, pneumatic pumps or specialized dressings such as Unna boots.
- Treatment of symptomatic superficial venous reflux is via endovenous laser radiofrequency ablation of the greater or lesser saphenous vein resulting in closure of the vein allowing for venous blood to be rerouted to the deep venous system.
- Treatment of symptomatic superficial venous reflux can also be treated via saphenous vein ligation and stripping which has fallen out of favor but can be performed for a tortuous or enlarged (>15mm) greater or lesser saphenous vein. One complication of endovenous ablation is deep venous thrombosis.

Varicose Veins

- If the varicosities remain symptomatic despite conservative therapy, varicose veins are treated with sclerotherapy or phlebectomy generally on the basis of size.
- Varicose veins are defined as enlarged, tortuous veins visible under the skin. Symptoms associated with varicose veins include achiness and heaviness of the legs and pain/discomfort over the varicosities. Varicose veins can exist both in the absence and presence of venous reflux.
- Treatment involves conservative therapy such as compression stockings, avoidance of prolonged standing, intermittent elevation, weight loss (if applicable) and exercise which relieves the distention of the varicose veins ameliorating the symptoms.

Spider veins/reticular veins

- Spider veins are formed by the dilation of a cluster of blood vessels within the dermis – generally <3mm in diameter. Diagnosis is via physical examination. Spider veins are usually asymptomatic but can cause aching, burning and tenderness in the area overlying the abnormal veins. Spider veins can exist in the absence or presence of venous reflux. The presence of spider veins should not be an indication for treatment of venous reflux.
- Treatment of spider veins is generally cosmetic except in certain cases and can be treated with sclerotherapy.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References

PVD.VI.0014.A
v1.0.2025

1. Piazza G. Varicose veins. *Circulation*. 2014;130(7):582-587. doi:10.1161/CIRCULATIONAHA.113.008331.
2. Jones WS, Vemulapalli S, Parikh KS, et al. Treatment Strategies for Patients with Lower Extremity Chronic Venous Disease (LECVD). Technology Assessment Program. Project ID: DVTT0515. (Prepared by the Duke University Evidence-based Practice Center under Contract No. 290-2015-00004-I). Rockville, MD: Agency for Healthcare Research and Quality; April 2017.
3. National Institute for Health and Care Excellence (NICE). Varicose veins in the legs: the diagnosis and management of varicose veins. NICE Clinical Guideline: Methods, evidence and recommendations. London: National Institute for Health and Care Excellence (UK). July, 2013.
4. Khilnani NM. Duplex ultrasound evaluation of patients with chronic venous disease of the lower extremities. *AJR Am J Roentgenol*. 2014;202(3):633-642. doi:10.2214/AJR.13.11465.
5. Smith JJ, Garratt AM, Guest M, Greenhalgh RM, Davies AH. Evaluating and improving health-related quality of life in patients with varicose veins. *J Vasc Surg*. 1999;30(4):710-719. doi:10.1016/s0741-5214(99)70110-2.
6. Peter Gloviczki, MD, Peter F. Lawrence, MD, et al. The 2022 Society for Vascular Surgery, American Venous Forum, and American Vein and Lymphatic Society clinical practice guidelines for the management of varicose veins of the lower extremities. Part I. Duplex Scanning and Treatment of Superficial Truncal Reflux Endorsed by the Society for Vascular Medicine and the International Union of Phlebology. *J Vasc Surg Venous Lymphat Disord.* 2023;11:231-61.
7. Magdoleen H. Farah, MBBS, Tarek Nayfeh, MD, et al. A systematic review supporting the Society for Vascular Surgery, the American Venous Forum, and the American Vein and Lymphatic Society guidelines on the management of varicose veins. *J Vasc Surg Venous and Lymphatic Disorders.* 2022;10:1155-71.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Imaging for Hemodialysis Access (PVD-8)

PVD.AI.0008.0.A
v1.0.2025

Arterial Evaluation and Venous Mapping Prior to AV Fistula (PVD-8.1)

- Imaging prior to AV fistula creation:
  - For vessel mapping CPT® 93985 or 93986
  - MRA Upper Extremity (CPT® 73225) may be needed if duplex imaging is equivocal
- Arterial evaluation to assess arterial suitability (size, degree of stenosis and calcification) prior to AV fistula creation may be indicated
  - CPT® 93930 or CPT® 93931 can be used to report upper extremity arterial evaluation
- Venous mapping (CPT® 93970 or CPT® 93971) to assess venous suitability prior to AV fistula creation may be indicated

Hemodialysis access imaging (PVD-8.2)

- Indications for Duplex ultrasound (CPT® 93990) of hemodialysis access include but are not limited to:
  - Individuals with decreased flow rates during hemodialysis.
  - Development of arm swelling or discomfort after access placement surgery or a hemodialysis session.
  - Prolonged immaturity of a surgically created AV fistula.
  - Suspected pseudoaneurysm.
  - Suspected AV fistula or graft stenosis.
  - Known or suspected fluid collection adjacent to an AV fistula or graft.
  - One Duplex US (CPT® 93990) can be performed after a surgically created AV fistula for assessment, although it is not generally needed.
- Central venous stenosis can cause new dialysis access to fail to mature or cause the premature failure of existing fistulas/grafts.
- CT Chest with contrast (CPT® 71260), or CTA Chest (CPT® 71275), or MRA Chest (CPT® 71555) is indicated when there is documentation of either:
  - Signs and symptoms of central venous stenosis including:
    - Arm swelling
    - Presence of numerous collateral veins

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

    - Prolonged bleeding from dialysis puncture sites
  - A history of pacemaker placement or previous tunneled dialysis graft, regardless of signs and symptoms.

Evidence Discussion

Hemodialysis Access for creation and maintenance

Hemodialysis access imaging is required to assess options for creation of hemodialysis access as well as to evaluate for maturation, failure and complications related to the access and outflow central veins.

Prior to creation of a native arteriovenous fistula (AVF), venous duplex ultrasound should be performed of both upper extremities to assess for adequate vein for fistula creation on all patients. Vessel mapping should include arterial inflow assessment to assess size, degree of stenosis and areas of calcification that may exclude access creation. Advanced imaging (CT or MR) of the chest or upper extremity may be indicated to further assess abnormalities identified on duplex imaging or evidence of central venous outflow obstruction.

Duplex evaluation of hemodialysis access should be performed for patients with evidence of failed maturation, poor function of access or complication related to the use of the hemodialysis access by history, physical exam or functional parameters during dialysis. These parameters may include: elevated venous pressures, inefficient dialysis, and recirculation greater than 10-15% or decreased flow.

CT or MR of the chest may be indicated for patients with a history of central venous catheters or pacemaker/ICD wires, signs and symptoms of ipsilateral central venous stenosis including arm swelling, venous collaterals or prolonged bleeding after dialysis.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References

PVD.AI.0008.0.A
v1.0.2025

1. Sidawy AN, Spergel LM, Besarab A, et al. The Society for Vascular Surgery: Clinical practice guidelines for the surgical placement and maintenance of arteriovenous hemodialysis access. *J Vasc Surg*. 2008;48(5). doi:10.1016/j.jvs.2008.08.042.
2. Schmidli J, Widmer MK, Basile C, et al. Editor's Choice – Vascular Access: 2018 Clinical Practice Guidelines of the European Society for Vascular Surgery (ESVS). *Eur J Vasc Endovasc Surg*. 2018;55(6):757-818. doi:10.1016/j.ejvs.2018.02.001
3. Kundu S. Central venous disease in hemodialysis patients: prevalence, etiology and treatment. *Journal of Vascular Access*. 2010;11(1):1-7.
4. Ibrahim A, Ali H, Raza H, Mohamed M. Hemodialysis Access Surveillance: A Review of the Literature.*Saudi J Kidney Dis Transpl*. 2022;33(Supplement):S66-S76. doi:10.4103/1319-2442.367827.
5. Lok CE, Huber TS, Lee T, et al. KDOQI Clinical Practice Guideline for Vascular Access: 2019 Update [published correction appears in *Am J Kidney Dis*. 2021 Apr;77(4):551. doi: 10.1053/j.ajkd.2021.02.002].

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

IVC filters – Treatment (PVD-16.2)

PVD.VI.0016.A
v1.0.2025

- IVC filter insertion
  - An initial venous duplex can be performed to assess for the presence of thrombus in the femoral vein which would affect the approach (transjugular or transfemoral)
  - Advanced imaging is not indicated
- CT Abdomen and Pelvis with contrast CPT® 74177 for ANY of the following:
  - A KUB demonstrates tilting of the filter or malposition of one of the filter thongs
  - New bilateral lower extremity swelling (venous duplex should be performed first)
  - Filter present for >12 months, with documentation stating intent to remove

Background and Supporting Information

- IVC filters are placed in individuals with known DVT that cannot be anti-coagulated, individuals with poor pulmonary reserve and high risk for DVT, or prophylaxis in trauma and surgical individuals.
- Most IVC filters inserted are retrievable and should be removed as soon as clinically feasible. After 12 months, removal of IVC filters can become technically more difficult.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References

PVD.VI.0016.A
v1.0.2025

1. Sheehan M , Coppin K, et al. A single center 9-year experience in IVC filter retrieval - the importance of an IVC filter registry. CVIR Endovasc. 2022 Mar 5;5(1):15. doi: 10.1186/s42155-022-00291-5.
2. Xin Li, Ihab Haddadin, et al. Inferior vena cava filter - comprehensive overview of current indications, techniques, complications and retrieval rates. Vasa. 2020 Oct;49(6):449-462. doi: 10.1024/0301-1526/a000887. Epub 2020 Jul 14. DOI: 10.1024/0301-1526/a000887.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Post iliac vein stenting/angioplasty (PVD-17.1)

PVD.VI.0017.A
v1.0.2025

Iliac venous stents can be placed after thrombolysis for DVT associated with May-Thurner's syndrome, DVT associated with extrinsic compression or for post thrombotic iliac obstruction.

- Arterial duplex (CPT® 93975, 93976, 93978, 93979) can be obtained for:
  - Surveillance of iliac venous stents
  - Worsening signs or symptoms including increased edema when stent malfunction is suspected
  - Post-operatively within the first month, at six months, twelve months and then annually
- CTV or MRV Abdomen and Pelvis can be obtained for an abnormal or indeterminate duplex

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References

PVD.VI.0017.A
v1.0.2025

1. Rossi FH, Kambara AM, Izukawa NM, et al. Randomized double-blinded study comparing medical treatment versus iliac vein stenting in chronic venous disease. J Vasc Surg Venous Lymphat Disord. 2018;6(2):183-191.
2. Sermsathanasawadi N, Pruekprasert K, Pitaksantayothin W, et al. Prevalence, risk factors, and evaluation of iliocaval obstruction in advanced chronic venous insufficiency. J Vasc Surg Venous Lymphat Disord. 2019 May;7(3):441-447.
3. Vikram Vasan 1, Halbert Bai. Iliac vein stenting outcomes for patients with superficial venous insufficiency concurrent with deep venous disease. J Vasc Surg Venous Lymphat Disord. 2022 Nov;10(6):1215-1220.e1. doi: 10.1016/j.jvsv.2022.06.015.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Table of Contents

Guideline

General Guidelines (SP-1)
Imaging Techniques (SP-2)
Neck (Cervical Spine) Pain Without/With Neurological Features (Including Stenosis) and Trauma (SP-3)
Upper Back (Thoracic Spine) Pain Without/With Neurological Features (Including Stenosis) and Trauma (SP-4)
Low Back (Lumbar Spine) Pain/Coccydynia without Neurological Features (SP-5)
Lower Extremity Pain with Neurological Features (Radiculopathy, Radiculitis, or Plexopathy and Neuropathy) With or Without Low Back (Lumbar Spine) Pain (SP-6)
Myelopathy (SP-7)
Lumbar Spine Spondylolysis/Spondylolisthesis (SP-8)
Lumbar Spinal Stenosis (SP-9)
Sacro-Iliac (SI) Joint Pain, Inflammatory Spondylitis/Sacroiliitis and Fibromyalgia (SP-10)
Spinal Compression Fractures (SP-11)
Spinal Pain related to Cancer (SP-12)
Spinal Canal/Cord Disorders (e.g. Syringomyelia) (SP-13)
Spinal Deformities (e.g. Scoliosis/Kyphosis) (SP-14)
Post-Operative Spinal Disorders (SP-15)
Other Imaging Studies and Procedures Related to the Spine Imaging Guidelines (SP-16)
Nuclear Medicine (SP-17)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

General Guidelines (SP-1)

Guideline

Procedure Codes Associated with Spine Imaging
General Guidelines (SP-1.0)
General Considerations (SP-1.1)
Red Flag Indications (SP-1.2)
Definitions (SP-1.3)
Evidence Discussion (SP-1)
References (SP-1)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Procedure Codes Associated with Spine Imaging

SP.GG.ProcedureCodes.A
v2.0.2025

MRI/MRA	CPT®
MRI Cervical without contrast	72141
MRI Cervical with contrast	72142
MRI Cervical without and with contrast	72156
MRI Thoracic without contrast	72146
MRI Thoracic with contrast	72147
MRI Thoracic without and with contrast	72157
MRI Lumbar without contrast	72148
MRI Lumbar with contrast	72149
MRI Lumbar without and with contrast	72158
MRA Spinal Canal	72159
MRI Pelvis without contrast	72195
MRI Pelvis with contrast	72196
MRI Pelvis without and with contrast	72197
MR Spectroscopy	76390

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

MRI/MRA	CPT®
Magnetic resonance spectroscopy, determination and localization of discogenic pain (cervical, thoracic, or lumbar); acquisition of single voxel data, per disc, on biomarkers (ie, lactic acid, carbohydrate, alanine, laal, propionic acid, proteoglycan, and collagen) in at least 3 discs	0609T
Magnetic resonance spectroscopy, determination and localization of discogenic pain (cervical, thoracic, or lumbar); transmission of biomarker data for software analysis	0610T
Magnetic resonance spectroscopy, determination and localization of discogenic pain (cervical, thoracic, or lumbar); postprocessing for algorithmic analysis of biomarker data for determination of relative chemical differences between discs	0611T
Magnetic resonance spectroscopy, determination and localization of discogenic pain (cervical, thoracic, or lumbar); interpretation and report	0612T

CT	CPT®
CT Cervical without contrast	72125
CT Cervical with contrast (Post-Myelography CT)	72126
CT Cervical without and with contrast	72127
CT Thoracic without contrast	72128
CT Thoracic with contrast (Post-Myelography CT)	72129
CT Thoracic without and with contrast	72130
CT Lumbar without contrast (Post-Discography CT)	72131
CT Lumbar with contrast (Post-Myelography CT)	72132
CT Lumbar without and with contrast	72133

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

CT	CPT®
CT Pelvis without contrast	72192
CT Pelvis with contrast	72193
CT Pelvis without and with contrast	72194

Ultrasound	CPT®
Spinal canal ultrasound	76800

Nuclear Medicine	CPT®
Bone Marrow Imaging, Limited	78102
Bone Marrow Imaging, Multiple	78103
Bone Marrow Imaging, Whole Body	78104
Bone or Joint Imaging, Limited	78300
Bone or Joint Imaging, Multiple	78305
Bone Scan, Whole Body	78306
Bone Scan, 3 Phase Study	78315
Radiopharmaceutical localization of tumor, inflammatory process or distribution of radiopharmaceutical agent(s) (includes vascular flow and blood pool imaging, when performed); planar, single area (e.g., head, neck, chest, pelvis), single day imaging	78800
Radiopharmaceutical localization of tumor, inflammatory process or distribution of radiopharmaceutical agent(s) (includes vascular flow and blood pool imaging, when performed); planar, 2 or more areas (e.g., abdomen and pelvis, head and chest), 1 or more days imaging or single area imaging over 2 or more days	78801

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Nuclear Medicine	CPT®
Radiopharmaceutical localization of tumor, inflammatory process or distribution of radiopharmaceutical agent(s) (includes vascular flow and blood pool imaging, when performed); planar, whole body, single day imaging	78802
Radiopharmaceutical localization of tumor, inflammatory process or distribution of radiopharmaceutical agent(s) (includes vascular flow and blood pool imaging, when performed); tomographic (SPECT), single area (e.g., head, neck, chest, pelvis), single day imaging	78803
Radiopharmaceutical localization of tumor, inflammatory process or distribution of radiopharmaceutical agent(s) (includes vascular flow and blood pool imaging, when performed); tomographic (SPECT) with concurrently acquired computed tomography (CT) transmission scan for anatomical review, localization and determination/detection of pathology, single area (e.g., head, neck, chest, pelvis), single day imaging	78830
Radiopharmaceutical localization of tumor, inflammatory process or distribution of radiopharmaceutical agent(s) (includes vascular flow and blood pool imaging, when performed); tomographic (SPECT), minimum 2 areas (e.g., pelvis and knees, abdomen and pelvis), single day imaging, or single area imaging over 2 or more days	78831

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

General Guidelines (SP-1.0)

SP.GG.0001.0.A
v2.0.2025

- Before advanced diagnostic imaging can be considered, there must be an in-person clinical evaluation as well as a clinical re-evaluation after a trial of failed conservative therapy; the clinical re-evaluation may consist of an in-person evaluation or other meaningful contact with the provider's office such as email, web, telephone communications, or clinical documentation from a provider.
- An in-person clinical evaluation for the current episode of the condition is required to have been performed before advanced imaging is considered. This may have been either the initial clinical evaluation or a clinical re-evaluation.
- The in-person clinical evaluation should include a relevant history and physical examination (including a detailed neurological examination), appropriate laboratory studies, non-advanced imaging modalities, results of manual motor testing, the specific dermatomal distribution of altered sensation, reflex examination, and nerve root tension signs (e.g., straight leg raise test, slump test, femoral nerve tension test). *The clinical evaluation must be in-person; other forms of meaningful contact (telephone call, electronic mail, telemedicine, or messaging) are not acceptable as an in-person evaluation.*
  - For those spinal conditions/disorders for which the Spine Imaging Guidelines require a plain x-ray of the spine prior to consideration of an advanced imaging study, the plain x-ray must be performed after the current episode of symptoms started or changed and results need to be available to the requesting provider of the advanced imaging study (see: **Anatomic Guidelines [SP-2.1]**).
- Clinical re-evaluation is required prior to consideration of advanced diagnostic imaging to document failure of significant clinical improvement following a recent (within 12 weeks) six week trial of provider-directed treatment. Clinical re-evaluation can include documentation of an in-person encounter with a provider or documentation of other meaningful contact with a provider's office by the individual (e.g., telephone call, electronic mail, telemedicine, or messaging).
  - Provider-directed treatment may include education, activity modification, NSAIDs (non-steroidal anti-inflammatory drugs), narcotic and non-narcotic analgesic medications, oral or injectable corticosteroids, a provider-directed home exercise/ stretching program, cross-training, avoidance of aggravating activities, physical/ occupational therapy, spinal manipulation, interventional pain procedures and other pain management techniques.
- Any bowel/bladder abnormalities or emergent or urgent indications should be documented at the time of the initial clinical evaluation and clinical re-evaluation.
- Altered sensation to pressure, pain, and temperature should be documented by the specific anatomic distribution (e.g., dermatomal, stocking/glove or mixed distribution).

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

- Motor deficits (weakness) should be defined by the specific myotomal distribution (e.g., weakness of toe flexion/extension, knee flexion/extension, ankle dorsi/plantar flexion, wrist dorsi/palmar flexion) and gradation of muscle testing should be documented as follows:

Grading of Manual Muscle Testing	
0	No muscle activation
1	Trace muscle activation, such as a twitch, without achieving full range of motion
2	Muscle activation with gravity eliminated, achieving full range of motion
3	Muscle activation against gravity, full range of motion
4	Muscle activation against some resistance, full range of motion
5	Muscle activation against examiner's full resistance, full range of motion

- Pathological reflexes (e.g. Hoffmann's, Babinski, and Chaddock sign) should be reported as positive or negative.
- Asymmetric reflexes and reflex examination should be documented as follows:

Grading of Reflex Testing	
0	No response
1+	A slight but definitely present response
2+	A brisk response
3+	A very brisk response without clonus
4+	A tap elicits a repeating reflex (clonus)

- Advanced diagnostic imaging is often urgently indicated and may be necessary if serious underlying spinal and/or non-spinal disease is suggested by the presence of certain patient factors referred to as "red flags." See: **Red Flag Indications (SP-1.2)**.
- Spinal specialist evaluation can be helpful in determining the need for advanced diagnostic imaging, especially for individuals following spinal surgery.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

- The need for repeat advanced diagnostic imaging should be carefully considered and may not be indicated if prior advanced diagnostic imaging has been performed. Requests for simultaneous, similar studies such as spinal MRI and CT need to be documented as required for preoperative surgical planning. These studies may be helpful in the evaluation of complex failed spinal fusion cases or needed for preoperative surgical planning when the determination of both soft tissue and bony anatomy is required.
- Serial advanced imaging, whether CT or MRI, for surveillance of healing or recovery from spinal disease is not supported by the currently available scientific evidence-based medicine for the majority of spinal disorders.
  - Requests for repeat imaging may be considered on a case-by-case basis (e.g. concern for delayed union or non-union of spinal fracture, pseudoarthrosis of fusion, etc.)
- Advanced imaging is generally unnecessary for resolved or improving spinal pain and/or radiculopathy.
- Advanced diagnostic imaging has not been shown to be of value in individuals with stable, longstanding spinal pain without neurological features or without clinically significant or relevant changes in symptoms or physical examination findings.
- Anatomic regions of the spine/pelvis that are included in the following MRI and CT advanced diagnostic imaging studies:
  - Cervical spine: from the skull base/foramen magnum through T1
  - Thoracic spine: from C7 through L1
  - Lumbar spine: from T12 through mid-sacrum
  - Pelvis: includes hips, sacroiliac joints, sacrum, coccyx
- CT or MRI of the cervical and thoracic spine will image the entire spinal cord since the end of the spinal cord or conus medullaris usually ends at L1 in adults. Therefore, lumbar spine imaging is not needed when the goal is to image only the spinal cord unless there is known or suspected low lying conus medullaris (e.g. tethered cord).

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

General Considerations (SP-1.1)

SP.GG.0001.1.A
v2.0.2025

- See: **General Guidelines (SP-1.0)**

Background and Supporting Information

Straight leg raise test (also known as the Lasegue's test) – With the individual in the supine position, the hip medially rotated and adducted, and the knee extended, the examiner flexes the hip until the individual complains of pain or tightness in the back or back of the leg. If the pain is primarily back pain, it is less specific whereas if the pain is primarily in the leg, it is more likely nerve root irritation/radiculopathy. Disc herniation or pathology causing pressure between the two extremes are more likely to cause pain in both areas. The examiner then slowly and carefully drops the leg back (extends it) slightly until the individual feels no pain or tightness. The individual is then asked to flex the neck so the chin is on the chest, or the examiner may dorsiflex the individual's foot, or both actions may be done simultaneously. Both of these maneuvers are considered to be provocative tests for neurological tissue.

Slump test – The individual is seated on the edge of the examination table with the legs supported, the hips in neutral position, and the hands behind the back. The examination is performed in sequential steps. First, the individual is asked to "slump" the back into thoracic and lumbar flexion. The examiner maintains the individual's chin in neutral position to prevent neck and head flexion. The examiner then uses one arm to apply overpressure across the shoulders to maintain flexion of the thoracic and lumbar spines. While this position is held, the individual is asked to actively flex the cervical spine and head as far as possible (i.e., chin to chest). The examiner then applies overpressure to maintain flexion of all three parts of the spine (cervical, thoracic, and lumbar) using the hand of the same arm to maintain overpressure in the cervical spine. With the other hand, the examiner then holds the individual's foot in maximum dorsiflexion. While the examiner holds these positions, the individual is asked to actively straighten the knee as much as possible. The test is repeated with the other leg and then with both legs at the same time. If the individual is unable to fully extend the knee because of pain, the examiner releases the overpressure to the cervical spine and the individual actively extends the neck. If the knee extends further, the symptoms decrease with neck extension, or the positioning of the individual increases the individual's symptoms, then the test is considered positive.

Femoral nerve tension test (also known as the prone knee bending test) – The individual lies prone while the examiner passively flexes the knee as far as possible so that the individual's heel rests against the buttock. At the same time, the examiner should ensure that the individual's hip is not rotated. If the examiner is unable to flex the

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

individual's knee past 90 degrees because of a pathological condition in the hip, the test may be performed by passive extension of the hip while the knee is flexed as much as possible. The flexed knee position should be maintained for 45 to 60 seconds. Unilateral neurological pain in the lumbar area, buttock, and/or posterior thigh may indicate an L2 or L3 nerve root lesion. Pain in the anterior thigh indicates tight quadriceps muscles or stretching of the femoral nerve.

Hoffmann's sign – The examiner holds the individual's middle finger and briskly flicks the distal phalanx. A positive test is noted if the interphalangeal joint of the thumb of the same hand flexes.

Babinski's sign – The examiner runs a sharp instrument along the plantar surface of the foot from the calcaneus along the lateral border to the forefoot. A positive test occurs with extension of the great toe with flexion and splaying of the other toes. A negative test occurs with no movement of the toes at all or uniform bunching up of the toes.

Chaddock sign – The examiner strokes the lateral malleolus. A positive test occurs with extension of the great toe.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Red Flag Indications (SP-1.2)

SP.GG.0001.2.A
v2.0.2025

Red Flag Indications are intended to represent the potential for life or limb threatening conditions. Red Flag Indications are clinical situations in which localized spine pain and associated neurological features are likely to reflect serious underlying spinal and/or non-spinal disease and warrant exception to the requirement for documented failure of six weeks of provider-directed treatment. Advanced diagnostic imaging of the symptomatic level is indicated and/or work-up for a non-spinal source of spine pain for Red Flag Indications.

- Red Flag Indications include:
  - Motor Weakness
  - Aortic Aneurysm or Dissection
  - Cancer
  - Cauda Equina Syndrome
  - Fracture
  - Infection
  - Severe Radicular Pain

Motor Weakness

(See: Grading of Manual Muscle Testing and Reflex Testing in **General Guidelines [SP-1.0]**)

History, Symptoms or Physical Exam Findings (In-person clinical evaluation for the current episode of the condition required)	Advanced Diagnostic Imaging
Clinical presentation including one or more of the following: • New onset motor weakness of grade 3/5 or less of specified muscle(s); • New onset foot drop; • New onset bilateral lower extremity weakness; • Progressive objective motor /sensory/deep tendon reflex deficits on clinical re-evaluation.	MRI of the relevant spinal level without contrast **OR** MRI of the relevant spinal level without and with contrast

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Aortic Aneurysm or Dissection

History, Symptoms or Physical Exam Findings (In-person clinical evaluation for the current episode of the condition required)	Advanced Diagnostic Imaging
• New onset of back and/or abdominal pain in an individual with a known AAA; ***or*** • Acute dissection is suspected.	No spine imaging indicated, see: **Aortic Disorders, Renal Vascular Disorders and Visceral Artery Aneurysms (PVD-6)** in the Peripheral Vascular Disease Imaging Guidelines

Cancer

History, Symptoms or Physical Exam Findings (In-person clinical evaluation for the current episode of the condition required)	Advanced Diagnostic Imaging
There is clinical suspicion of spinal malignancy AND ONE or more of the following: • Night pain • Uncontrolled or unintended weight loss • Pain unrelieved by change in position • Age >70 years • Severe or worsening spinal pain	ONE of the following: • MRI of the relevant spinal level without contrast **OR** • MRI of the relevant spinal level without and with contrast **OR** • CT of the relevant spinal level without contrast **OR** • CT Myelogram of the relevant spinal level
Individual with a known history of cancer with back pain raising suspicion of spinal malignancy	See: **Spinal/Vertebral Metastases (ONC-31.6)** in the Oncology Imaging Guidelines

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Cauda Equina Syndrome

History, Symptoms or Physical Exam Findings (In-person clinical evaluation for the current episode of the condition required)	Advanced Diagnostic Imaging
Clinical presentation including one or more of the following: • Acute onset of bilateral sciatica; • Perineal sensory loss ("saddle anesthesia"); • Decreased anal sphincter tone; • New onset bowel/bladder incontinence; • Otherwise unexplained acute urinary retention.	MRI Lumbar Spine without contrast (CPT® 72148) **OR** MRI Lumbar Spine without and with contrast (CPT® 72158)

Fracture

History, Symptoms or Physical Exam Findings (In-person clinical evaluation for the current episode of the condition required)	Advanced Diagnostic Imaging
• Clinical suspicion of a pathological spinal fracture. ◦ Advanced imaging is indicated after x-ray; no conservative treatment is needed.	See: **Spinal Compression Fractures (SP-11.1)** for appropriate imaging studies
• Clinical suspicion of a spinal fracture after trauma ◦ Advanced imaging is indicated after x-ray; no conservative treatment is needed.	See: **Neck (Cervical Spine) Trauma (SP-3.2)**, **Upper Back (Thoracic Spine) Trauma (SP-4.2)**, or **Low Back (Lumbar Spine) Trauma (SP-6.2)** for appropriate imaging studies
• Clinical suspicion of a spinal fracture related to ankylosing spondylitis or DISH ◦ Advanced imaging is indicated ***without*** x-ray or conservative treatment.	See: **Neck (Cervical Spine) Trauma (SP-3.2)**, **Upper Back (Thoracic Spine) Trauma (SP-4.2)**, **Low Back (Lumbar Spine) Trauma (SP-6.2)**, or **Inflammatory Spondylitis (SP-10.2)** for appropriate imaging studies

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Infection

History, Symptoms or Physical Exam Findings (In-person clinical evaluation for the current episode of the condition required)	Advanced Diagnostic Imaging
There is a clinical suspicion of spinal infection (e.g., disc space infection, epidural abscess or spinal osteomyelitis) and one or more of the following: • Fever; • History of IV drug use; • Recent bacterial infection (UTIs, pyelonephritis, pneumonia); • Recent spinal intervention (e.g., surgery, pain injection, or stimulator implantation); • Immunocompromised states; • Long term use of systemic glucocorticoids; • Organ transplant recipient taking anti-rejection medication; • Diabetes mellitus; • HIV/AIDS; • Chronic dialysis; • Immunosuppressant therapy; • Neoplastic involvement of the spine; • Laboratory values indicative of infection (e.g., elevated WBC, ESR, CRP, positive cultures); • Decubitus ulcer or wound overlying spine; • Abnormal x-ray or CT suspicious for infection	**ONE** of the following: • MRI of the relevant spinal level without and with contrast **OR** • MRI without contrast **OR** • 3-phase bone scan complete spine **OR** • Gallium scan whole body **OR** • CT Spine area of interest with IV contrast **OR** • CT Spine area of interest without IV contrast
There is a clinical suspicion of spinal infection (e.g., disc space infection, epidural abscess or spinal osteomyelitis) and one or more of the following: • New neurologic deficit on physical examination • Cauda equina syndrome	**ONE** of the following: • MRI of the relevant spinal level without and with contrast **OR** • MRI without contrast **OR** • CT Spine area of interest with IV contrast **OR** • CT Spine area of interest without IV contrast

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Severe Radicular Pain

All of the following must be present (In-person clinical evaluation for the current episode of the condition required)	Advanced Diagnostic Imaging
• Severe radicular pain in a specified spinal nerve root distribution (minimum 9/10 on the VAS); and • Documented significant functional loss at work or at home; and • Severity of pain unresponsive to a minimum of seven (7) days of provider-directed treatment; and • Treatment plan includes one of the following: ◦ Transforaminal epidural steroid injection (TFESI) at any level(s); or ◦ Interlaminar epidural steroid injection (ILESI) at the cervical or thoracic levels; or ◦ A plan for urgent/emergent spinal surgery; or ◦ A plan for an urgent/emergent referral to/consultation from a spine specialist (Interventional Pain physician or Spine Surgeon)	MRI of the relevant spinal level without contrast **OR** MRI without and with contrast

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Definitions (SP-1.3)

SP.GG.0001.3.A
v2.0.2025

- **Radiculopathy**, for the purpose of this policy, is defined as the presence of pain resulting in significant functional limitations (i.e., diminished quality of life and impaired, age-appropriate activities of daily living), dysaesthesia(s) or paraesthesia(s) reported by the individual in a specified dermatomal distribution of an involved named spinal root(s) and **ONE or MORE** of the following:
  - Loss of strength of specific named muscle(s) or myotomal distribution(s) or demonstrated on detailed neurologic examination (within the prior 3 months), concordant with nerve root compression of the involved named spinal nerve root(s).
  - Altered sensation to light touch, pressure, pin prick or temperature demonstrated on a detailed neurologic examination (within the prior 3 months) in the sensory distribution concordant with nerve root compression of the involved named spinal nerve root(s).
  - Diminished, absent or asymmetric reflex(es) on a detailed neurologic examination (within the prior 3 months) concordant with nerve root compression of the involved named spinal nerve root(s).
  - Either of the following:
    - A concordant radiologist's interpretation of an advanced diagnostic imaging study (MRI or CT) of the spine demonstrating compression of the involved named spinal nerve root(s) or foraminal stenosis at the concordant level(s) (Performed within the prior 12 months).
    - Electrodiagnostic studies (EMG/NCV's) diagnostic of nerve root compression of the involved named spinal nerve root(s). (Performed within the prior 12 months).
- **Radicular pain** is pain which radiates to the upper or lower extremity along the course of a spinal nerve root, typically resulting from compression, inflammation and/or injury to the nerve root.
- **Radiculitis** is defined, for the purpose of this policy, as radicular pain without objective neurological findings.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Evidence Discussion (SP-1)

v2.0.2025

Prior to advanced imaging, it is critical to perform a detailed history and physical examination in the evaluation of a patient for spinal pathology. Features of the clinical history and physical examination not only help in the formulation of a differential diagnosis but also influence decisions about diagnostic imaging. Also, as the more common findings on imaging studies are often nonspecific and nondiagnostic, clinical history and exam findings play a crucial role. These incidental findings may lead to unnecessary further diagnostic workup and additional negative downstream outcomes.

Multiple studies have shown most patients with acute neck or back pain will improve with 6 weeks of conservative care, however, conservative care would not be necessary for patients with red flag indications.

Risks associated with imaging include but are not limited to radiation exposure and contrast complications. Studies have also linked the increase rate of imaging with the increase rate of surgery and also found early magnetic resonance imaging (MRI) had an eightfold increased risk of surgery. It should also be of note that routine repeat advanced imaging for many spinal conditions has been shown to have limited value.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (SP-1)

v2.0.2025

1. el Barzouhi A, Vleggeert-Lankamp C, Lycklama à Nijeholt GJ, et al. Magnetic resonance imaging in follow-up assessment of sciatica. *N Engl J Med*. 2013;368(11):999-1007. doi:10.1056/NEJMoa1209250.
2. Deyo RA, Dieh AK, Rosenthal M. Reducing roentgenography use. *Arch Intern Med*. 1987;147(1):141-145. doi:10.1001/archinte.1987.00370010139029.
3. Deyo RA, Rainville J, Kent DL. What can the history and physical examination tell us about low back pain? *JAMA*. 1992; 268(6):760-765. doi:10.1001/jama.1992.03490060092030.
4. Panagopoulos J, Hush J, Steffens D, Hancock, MJ. Do MRI findings change over a period of up to 1 year in patients with low back pain and/or sciatica? *Spine*. 2017;42(7):504-512. doi:10.1097/BRS.0000000000001790.
5. Fabiano V, Franchino G, Napolitano M, et. al. Utility of magnetic resonance imaging in the follow-up of children affected by actue osteomyelitis. *Curr Pediatr Res*. 2017;21(2):354-358.
6. Gilbert FJ, Grant AM, Gillan MG, et al. Low back pain: influence of early MR imaging or CT on treatment and outcome - multicenter randomized trial. *Radiology*. 2004;231:343-351. doi:10.1148/radiol.2312030886.
7. Hoppenfeld S. Physical Examination of the Spine and Extremities. Upper Saddle River: Prentice Hall; 1976.
8. Magee DJ. Orthopedic Physical Assessment. 4th ed. Philadelphia, PA:Saunders; 2002.
9. Hutchins TA, Peckham M, Shah LM, et. al. Expert Panel on Neurologic Imaging. ACR Appropriateness Criteria®: Low Back Pain. American College of Radiology (ACR); Date of Origin: 1996. Revised: 2021. https://acsearch.acr.org/docs/69483/Narrative/.
10. Patrick N, Emanski E, Knaub MA. Acute and chronic low back pain. *Med Clin North Am*. 2016;100(1):169-81.
11. Reinus WR. Clinician's Guide to Diagnostic Imaging. New York, NY: Springer; 2014. doi:10.1007/978-1-4614-8769-2.
12. Sharma H, Lee SWJ, Cole AA. The management of weakness caused by lumbar and lumbosacral nerve root compression. *J Bone Joint Surg Br*. 2012;94-B(11):1442-1447. doi:10.1302/0301-620X.94B11.29148.
13. Stiell IG, Clement CM, McKnight RD, et al. The Canadian c-spine rule versus the NEXUS low-risk criteria in patients with trauma. *N Engl J Med*. 2003;349:2510-2518. doi:10.1056/NEJMoa031375.
14. Underwood M, Buchbinder R. Red flags for back pain. *BMJ*. 2013;347:f7432. doi:10.1136/bmj.f7432.
15. Verhagen A, Downie A, Popal N, et al. Red flags presented in current low back pain guidelines: a review. *Eur Spine J*. 2016; 25:2788-2802. doi:10.1007/s00586-016-4684-0.
16. Visconti AJ, Biddle J, Solomon M. Follow-up imaging for vertebral osteomyelitis a teachable moment. *JAMA*. 2014;174(2):184. doi:10.1001/jamainternmed.2013.12742.
17. Tsiang JT, Kinzy TG, Thompson N, et al. Sensitivity and specificity of patient-entered red flags for lower back pain. *The Spine Journal*. 2019;19(2):293-300. doi:10.1016/j.spinee.2018.06.342.
18. Ortiz AO, Levit A, Shah LM, et. al. Expert Panel on Neurologic Imaging. ACR Appropriateness Criteria®: Suspected Spine Infection. American College of Radiology (ACR); Date of Origin: 2021. https://acsearch.acr.org/docs/3148734/Narrative/.
19. Naqvi U, Sherman Al. Muscle Strength Grading. In: StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing; 2022. https://www.ncbi.nlm.nih.gov/books/NBK436008/.
20. Le HV, Wick JB, Van BW, Klineberg EO. Diffuse idiopathic skeletal hyperostosis of the spine: pathophysiology, diagnosis, and management. *J Am Acad Orthop Surg*. 2021;29:1044-1051. doi:10.5435/JAAOS-D-20-01344.
21. Goodwin ML, Buchowski JM, Sciubba DM. Why x-rays? The importance of radiographs in spine surgery. *The Spine Journal*. 2022;22(11):1759-1767. doi:10.1016/j.spinee.2022.07.102.
22. Chou R, Qaseem A, Snow V, et al. Diagnosis and treatment of low back pain: a joint clinical practice guideline from the American College of Physicians and the American Pain Society. *Ann Intern Med*. 2007;147:478-91.
23. Childress MA, Stuek SJ. Neck Pain: Initial Evaluation and Management. *Am Fam Physician*. 2020 Aug 1;102(3):150-156.
24. Mathieu J, Pasquier M, Descarreaux M, Marchand AA. Diagnosis Value of Patient Evaluation Components Applicable in Primary Care Settings for the Diagnosis of Low Back Pain: A Scoping Review of Systematic Reviews. *J Clin Med*. 2023;12(10):3581. Published 2023 May 21. doi:10.3390/jcm12103581.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

25. Chou R, Fu R, Carrino JA, et al. Imaging strategies for low-back pain: systematic review and meta-analysis. *Lancet*. 2009;373:463-472.
26. Childress MA, Becker BA. Nonoperative management of cervical radiculopathy. *Am Fam Physician*. 2016;93(9):746-54.
27. Shubha SV, Deyo RA, Berger ZD. Application of "Less is More" to Low Back Pain. *Arch Intern Med.* 2012;172(13):1016-1020.
28. Webster BS, Cifuentes M. Relationship of early magnetic resonance imaging for work-related acute low back pain with disability and medical utilization outcomes. *J Occup Environ Med*. 2010;52:900-907.
29. Watson RE, Yu L. Safety Considerations in MRI and CT. *Continuum (Minneap Minn)*. 2023 Feb 1;29(1):27-53.
30. Lee BS, Nault R, Grabowski M, et al. Utility of repeat magnetic resonance imaging in surgical patients with lumbar stenosis without disc herniation. *Spine J*. 2019;19(2):191-198.
31. Ries ZG, Glassman SD, Vasilyev I, Metcalfe L, Carreon LY. Updated imaging does not affect revision rates in adults undergoing spine surgery for lumbar degenerative disease. *J Neurosurg Spine*. 2018;30(2):228-223. Published 2018 Nov 16. doi:10.3171/2018.8.SPINE18586.
32. Linna NB, Zhang S, Farooqi AS, et al. Association of Thoracic MRI Findings With Specialty and Training. *Global Spine Journal*. 2024;14(5):1472-1476. doi:10.1177/21925682221143991.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Imaging Techniques (SP-2)

Guideline

Anatomic Guidelines (SP-2.1)
MRI of the Spine (SP-2.2)
CT of the Spine (SP-2.3)
CT/Myelography (SP-2.4)
Imaging of Intervertebral Discs (SP-2.5)
Ultrasound of the Spinal Canal (SP-2.6)
Limitations of Spinal Imaging in Degenerative Disorders (SP-2.7)
Miscellaneous Spinal Lesions (SP-2.8)
MRA Spinal Canal (SP-2.9)
Spine PET/CT (SP-2.10)
Cone-beam CT (SP-2.11)
3D Rendering (SP-2.12)
Evidence Discussion (SP-2)
References (SP-2)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Anatomic Guidelines (SP-2.1)

SP.IM.0002.1.A
v2.0.2025

- Anatomic regions of the spine/pelvis that are included in the following MRI and CT advanced diagnostic imaging studies:
  - Cervical spine: from the skull base/foramen magnum through T1
  - Thoracic spine: from C7 through L1
  - Lumbar spine: from T12 through mid-sacrum
  - Pelvis: includes hips, sacroiliac joints, sacrum, coccyx
- CT or MRI cervical and thoracic spine will image the entire spinal cord since the end of the spinal cord or conus medullaris usually ends at L1 in adults. Therefore, lumbar spine imaging is not needed when the goal is to image only the spinal cord unless there is known or suspected low lying conus medullaris (e.g. tethered cord).
- The results of plain x-rays performed after the current episode of symptoms started or changed need to be available to the requesting provider of the advanced imaging study for the following conditions:
  - See: **Spinal Compression Fractures (SP-11)**
  - See: **Lumbar Spine Spondylolysis/Spondylolisthesis (SP-8)**
  - See: **Inflammatory Spondylitis (SP-10.2)**
  - See: **Neck (Cervical Spine) Trauma (SP-3.2)**, **Upper Back (Thoracic Spine) Trauma (SP-4.2)**, and **Low Back (Lumbar Spine) Trauma (SP-6.2)**
  - See: **Coccydynia without Neurological Features (SP-5.2)**
  - See: **Spinal Deformities (e.g. Scoliosis/Kyphosis) (SP-14)** and **Spinal Dysraphism (PEDSP-4)** in the Pediatric and Special Populations Spine Imaging Guidelines
  - See: **Sacro-Iliac (SI) Joint Pain, Inflammatory Spondylitis/Sacroiliitis and Fibromyalgia (SP-10)**
  - See: **Post-Operative Spinal Disorders (SP-15)**

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

MRI of the Spine (SP-2.2)

SP.IM.0002.2.A
v2.0.2025

- See: **Procedure Codes Associated with Spine Imaging**
- For MR Spectroscopy, all spine uses are considered not medically necessary.
  - See: **Imaging of Intervertebral Discs (SP-2.5)**
- MRI Spine is performed either without contrast, with contrast *or* without and with contrast. A "with contrast" study alone is indicated only to complete a study begun without contrast. Contrast is generally not indicated for most disc and nerve root disorders, fractures and degenerative disease.
- MRI Spine indications include:
  - Evaluation of disc disease, spinal cord and nerve root disorders and most other spinal conditions including evaluation of congenital anomalies of the spine and spinal cord
  - Suspicion for or surveillance of known spine/spinal canal/spinal cord neoplastic disease
  - Suspicion, diagnosis of or surveillance of spinal infections, multiple sclerosis or other causes of myelitis, syringomyelia, cauda equina syndrome or other "red flag" indications. See: **Red Flag Indications (SP-1.2)**.
  - Preoperative evaluation to define abnormal or variant spinal anatomy that could influence the outcome of a potential surgical procedure. See: **Prior to Spine Surgery (SP-16.1)**.
  - Spinal imaging for individuals having undergone recent spinal surgery e.g., laminectomy, discectomy, spinal decompression, when history and physical examination is suspicious for hematoma, post-surgical infection, or cerebrospinal fluid (CSF) leak.

Positional MRI:

- Positional MRI is also referred to as dynamic, weight-bearing or kinetic MRI. Currently, there is inadequate scientific evidence to support the medical necessity of this study. As such, it should be considered not medically necessary.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

CT of the Spine (SP-2.3)

SP.IM.0002.3.A
v2.0.2025

- See: **Procedure Codes Associated with Spine Imaging**
- CT Spine indications include:
  - Contraindication to MRI
    - CT (contrast as requested) can be approved when ANY of the following MRI contraindications are documented:
      - Implanted ferromagnetic materials
      - Electronically, magnetically or mechanically activated implanted devices that are not determined by the manufacturer as MRI compatible/conditional
  - CT without contrast, or CT without and with contrast (even if MRI has already been performed), for any spinal trauma/fractures, especially spinal trauma/fractures that could result in spinal instability and spinal cord/spinal nerve compression
  - CT without contrast, or CT without and with contrast (even if MRI has already been performed), for spinal neoplastic disease – primary or metastatic
  - CT without contrast, or CT without and with contrast (even if MRI has already been performed), in conjunction with myelography or discography (see: **CT/ Myelography [SP-2.4]** and **Imaging of Intervertebral Discs [SP-2.5]**)
  - CT without contrast, or CT without and with contrast (even if MRI has already been performed), for preoperative evaluation to define abnormal or variant bony spinal anatomy that could influence the outcome of a potential surgical procedure (see: **Prior to Spine Surgery [SP-16.1]**)
  - CT without contrast, or CT without and with contrast, (even if MRI has already been performed), to assess spinal fusions when pseudoarthrosis is suspected (not to be used for routine post-operative assessment where x-rays are sufficient and/or there are no concordant clinical signs or symptoms)
  - CT without contrast, or CT without and with contrast (even if MRI has already been performed), for congenital, developmental or acquired spinal deformity (see: **Spinal Deformities [e.g. Scoliosis/Kyphosis] [SP-14]**)
  - CT without contrast, or CT without and with contrast, for spondylolysis when routine x-rays are negative and/or MRI is equivocal, indeterminate or non-diagnostic (see: **Lumbar Spine Spondylolysis/Spondylolisthesis [SP-8]**)
  - CT without contrast, or CT without and with contrast, to evaluate calcified lesions, (e.g., osteophytes, ossification of the posterior longitudinal ligament [OPLL])

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

CT/Myelography (SP-2.4)

SP.IM.0002.4.A
v2.0.2025

- See: **Procedure Codes Associated with Spine Imaging**
- CT/Myelography is generally unnecessary as an initial study when a diagnostic quality MRI has been obtained.
- CT/Myelography indications include:
  - To clarify equivocal, indeterminate or non-diagnostic MRI findings or to further evaluate the significance of multiple spinal abnormalities
  - When an MRI is contraindicated (see: **CT of the Spine [SP-2.3]**)
  - Preoperative planning for spine surgery, (e.g., multilevel spinal stenosis or when a previous MRI is insufficient, equivocal, indeterminate or non-diagnostic) (see: **Prior to Spine Surgery (SP-16.1)**)
  - Evaluation after previous spinal surgery when an MRI without and with contrast is contraindicated or MRI results are equivocal, indeterminate or non-diagnostic
  - The guidelines allow for the approval of the post-myelogram CT (i.e., CPT® 72126, CPT® 72129, and CPT® 72132) only and not any other myelogram-related procedure codes (i.e., CPT® 72265 or CPT® 62284).

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Imaging of Intervertebral Discs (SP-2.5)

SP.IM.0002.5.A
v2.0.2025

Post-lumbar Discography CT:

- The guidelines allow for the post-lumbar discography CT procedure codes only and do not include any other discography-related procedure codes. A post-lumbar discography CT is considered medically necessary following an approved discography and ALL of the following apply:
  - A post-discography CT is coded as without contrast.
  - A CT Lumbar Spine without contrast (CPT® 72131) is indicated if verified to be performed as a post-discography CT.
  - When a post-discography CT is requested and the discography has already been approved, authorization will be issued for the post-discography CT procedure codes.

Magnetic Resonance Spectroscopy:

- Magnetic Resonance Spectroscopy (MRS) involves the analysis of the levels of certain chemicals in pre-selected voxels (small regions) on an MRI scan done at the same time.
  - MRS (CPT® 76390, 0609T, 0610T, 0611T, and 0612T) is considered not medically necessary for all spine imaging uses at this time.

Background and Supporting Information

- Provocative Discography/CT and MR Spectroscopy lumbar spine are procedures purported to diagnose (or rule-out) a discogenic “pain generator” i.e., the source of non-specific axial spinal pain. These diagnostic studies, when reported as positive, are often used as an indication for spinal fusion in individuals with non-specific axial back pain.
- The following uses of discography are considered controversial:
  - To identify a symptomatic pseudoarthrosis in a failed spinal fusion
  - To identify which of two herniated discs seen on MRI is symptomatic when not determined clinically or otherwise
  - To confirm the discogenic nature of pain in an individual with an abnormal disc seen on MRI and to rule out pain from an adjacent disc level
  - To confirm the presumptive diagnosis of “internal disc disruption”
  - Discography of the cervical and/or thoracic spine
- The following uses of MR Spectroscopy lumbar spine are considered controversial:

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

- To identify which of two herniated discs seen on MRI is symptomatic when not determined clinically or otherwise
- To confirm the discogenic nature of pain in an individual with an abnormal disc seen on MRI and to rule out pain from an adjacent disc level
- To confirm the presumptive diagnosis of “internal disc disruption”

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Ultrasound of the Spinal Canal (SP-2.6)

SP.IM.0002.6.A
v2.0.2025

- Spinal canal ultrasound (CPT® 76800) describes the evaluation of the spinal cord (canal and contents) most often performed in newborns, infants, young children and intraoperatively.
- CPT® 76800 describes evaluation of the entire spine and should not be reported multiple times for imaging of different areas of the spinal canal.
- CPT® 76998, rather than CPT® 76800, should be used to report intraoperative spinal canal ultrasound (ultrasonic guidance). Intraoperative use of spinal ultrasound (CPT® 76998) would not require prior authorization.

Indications for spinal canal ultrasound (CPT® 76800):

- This study is generally limited to infants, newborns and young children because of incomplete ossification of the vertebral segments surrounding the spinal cord, including the assessment of CSF in the spinal canal and for image-guided lumbar puncture.
- When ossification of the vertebral segments is incomplete for evaluation of suspected or known tethered cord (see: **Tethered Cord [PEDSP-5]** in the Pediatric and Special Populations Spine Imaging Guidelines).
- Evaluation of suspected occult and non-occult spinal dysraphism (see: **Spinal Dysraphism [PEDSP-4]** in the Pediatric and Special Populations Spine Imaging Guidelines).
- Evaluation of spinal cord tumors, vascular malformations and cases of birth-related trauma.
- Contraindicated for use in the adult spine for the assessment of spinal pain, radiculopathy, facet inflammation, nerve root inflammation, disc herniation, and soft tissue conditions surrounding the adult spine other than for superficial masses.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Limitations of Spinal Imaging in Degenerative Disorders (SP-2.7)

SP.IM.0002.7.A

v2.0.2025

- Non-specific axial spinal pain is ubiquitous. Advanced diagnostic imaging infrequently identifies the source of the spinal pain (pain generator).
- Incidental findings on MRI and CT, including bulging, protruding, extruding or herniated discs, are often non-concordant, asymptomatic and increase in incidence as the spine ages.
- In individuals with poorly defined clinical presentations, “abnormal” spinal advanced diagnostic imaging results are infrequently clinically concordant, significant, material or substantive and may even lead to inappropriate treatment.
- Performing advanced spinal imaging based only on the presence of spinal degenerative findings identified on x-rays is not generally indicated in individuals who are either asymptomatic or present with non-specific axial spinal pain.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Miscellaneous Spinal Lesions (SP-2.8)

SP.IM.0002.8.A
v2.0.2025

Vertebral body hemangiomas:

- Vertebral body hemangiomas are common and are generally benign and incidental findings on plain x-rays and advanced diagnostic imaging studies.
- If the appearance of a vertebral body hemangioma is typical on plain x-ray, further spinal advanced diagnostic imaging is not usually required, unless there are associated neurologic symptoms or signs on physical examination.
- If the appearance of a vertebral body hemangioma is atypical on plain x-ray, with or without neurological signs or symptoms on physical exam, MRI without contrast or MRI without and with contrast is indicated.
- Occasionally, MRI may be equivocal, indeterminate or non-diagnostic and CT without contrast of the spinal area is indicated to help clarify the diagnosis.
- No follow-up imaging is necessary once the diagnosis of a vertebral body hemangioma is established without neurological features.

Tarlov cysts:

- Tarlov cysts are most often cystic dilatations of nerve root sleeves in the lumbar spine and sacrum.
- Controversy exists as to whether Tarlov cysts can result in neurologic signs and symptoms but they can result in erosion of the adjacent bone.
- Usually Tarlov cysts are benign, incidental findings on advanced diagnostic imaging studies. Further evaluation of a known or suspected Tarlov cyst can be performed with an MRI Lumbar Spine without and with contrast study (CPT® 72158) or CT/ Myelography Lumbar Spine (CPT® 72132).

Other spinal lesions:

- MRI without and with contrast or a CT without contrast is indicated if:
  - Other spinal lesions are seen on routine x-rays or a non-contrast MRI; ***and***
  - These additional advanced imaging studies are recommended by a spine specialist or radiologist to further characterize or diagnose the lesion; ***or***
  - Required for surgical planning.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

MRA Spinal Canal (SP-2.9)

SP.IM.0002.9.A
v2.0.2025

- MR angiography (MRA) Spine imaging is utilized infrequently.
- Cerebrospinal Fluid (CSF) flow studies using MRI are included in CPT® codes 70551, 70552, and 70553 and should not be coded or reported separately.

Indications may include:

- Suspected spinal cord arteriovenous malformation (AVM) or arteriovenous fistula (AVF):
  - MRI Spine of the relevant spine region without and with contrast should be the initial imaging study.
  - If suspicion for a spinal AVM or AVF is high based upon the results of the MRI Spine, catheter angiography is recommended (CPT® 72159 or CPT® 70496).
- Subarachnoid hemorrhage where no brain aneurysm has been previously identified
  - Catheter angiography (CPT® 70496) should be performed and is the most definitive study to define possible spinal pathology resulting in a spinal canal subarachnoid hemorrhage.
  - See: **General Guidelines – CT and MR Angiography (CTA and MRA) (HD-1.5)** in the Head Imaging Guidelines
  - See: **Intracranial Aneurysms (HD-12.1)** in the Head Imaging Guidelines
- Preoperative planning
  - MRA Spinal canal may be useful in identifying major intercostal feeder vessels to the spinal cord prior to surgical procedures that might interfere with this blood supply. However, catheter angiography (CPT® 72159) is generally a more definitive study for this purpose.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Spine PET/CT (SP-2.10)

SP.IM.0002.10.A

v2.0.2025

- At the present time there is controversy regarding spine PET/CT due to inadequate scientific evidence to support the medical necessity of PET/CT for the routine assessment of spinal disorders, other than for neoplastic disease.
- See: **Spinal/Vertebral Metastases (ONC-31.6)** in the Oncology Imaging Guidelines
- Spine PET/CT should be considered not medically necessary.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Cone-beam CT (SP-2.11)

SP.IM.0002.11.A
v2.0.2025

- Cone-beam CT for imaging of the cervical spine should be considered not medically necessary.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

3D Rendering (SP-2.12)

SP.IM.0002.12.A
v2.0.2025

- See: **3D Rendering (MS-3)** in the Musculoskeletal Imaging Guidelines

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Evidence Discussion (SP-2)

v2.0.2025

- X-rays are first line imaging for suspected inflammatory spine disease, following trauma, concerns of spinal deformities, or post-operative spinal disorders. Although x-rays may not confirm a definitive diagnosis, they provide information that can better direct advanced imaging modalities.
- MRI utilizes a magnetic field and radio waves with computer processing to produce detailed images which have excellent soft tissue characterization and is the primary modality for evaluating the spinal cord, intervertebral disc disease and other soft tissue pathology of the spine. Positional MRI and MR Spectroscopy lacks sufficient scientific evidence to support its routine clinical use.
- CT is indicated as an alternative to MRI when MRI is contraindicated or equivocal. CT is also indicated for evaluation of bony pathology including but not limited to fractures, bony neoplastic disease, calcified lesions, post traumatic and perioperative bony processes. Following lumbar discography CT may be approved to evaluate disc anatomy.
- CT/Myelography provides indirect visualization of the thecal sack in the spinal canal. MRI is the primary indicated advanced imaging for these indications as the cord, thecal sac, and spinal canal can be directly visualized. CT/Myelography may be indicated when MRI is indeterminate or contraindicated.
- Ultrasound can be used to visualize the spinal canal in young children before the posterior elements ossify. Ultrasound will not penetrate ossified bone.
- MRA has limited indications in spine imaging but may be appropriate for evaluating spinal vascular malformations.
- There is inadequate scientific evidence to support the medical necessity of PET/CT for the routine assessment of spinal disorders, other than for neoplastic disease.
- There is inadequate scientific evidence to support the medical necessity of cone beam CT for the routine assessment of spinal disorders outside of the operative setting which is outside the coverage of these guidelines.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

References (SP-2)

v2.0.2025

1. American Academy of Neurology. Review of the literature on spinal ultrasound for the evaluation of back pain and radicular disorders. Report of the Therapeutics and Technology Assessment Subcommittee of the American Academy of Neurology. *Neurology*. 1998; 51:343-344. Reaffirmed July 13, 2013.
2. Weishaupt D, Schmid MR, Zanetti M, et al. Positional MR imaging of the lumbar spine: does it demonstrate nerve root compromise not visible at conventional MR imaging? *Radiology*. 2000;215:247-253.
3. Zhang L, Zeitoun D, Rangel A, et al. Preoperative evaluation of the cervical spondylotic myelopathy with flexion-extension magnetic resonance imaging. *Spine Journal*. 2011; 36(17): E1134-E1139.
4. Deyo RA, Dieh AK, Rosenthal M. Reducing roentgenography use. *Arch Intern Med*. 1987;147(1):141-145. doi:10.1001/archinte.1987.00370010139029.
5. North American Spine Society (NASS). Diagnosis and treatment of lumbar disc herniation with radiculopathy. Technical Report. 2012. Available at: https://www.spine.org/researchclinicalcare/qualityimprovement/clinicalguidelines.aspx.
6. Czuczman GJ, Mandell JC, Wessell DE, et. al. Expert Panel on Musculoskeletal imaging. ACR Appropriateness Criteria® Inflammatory Back Pain: Known or Supected Axial Spondyloarthritis. Available at http://acsearch.acr.org/docs/3094107/Narrative/. American College of Radiology. Revised: 2021.
7. Boas SR. Kyphoscoliosis: Adolescent Idiopathic Scoliosis and Congenital Scoliosis. In: Kliegman RM, Behrman RE, Jenson HB, et al, eds. Nelson Textbook of Pediatrics. 18th ed. Philadelphia, PA: *Elsevier*; 2007:1843-1844,
8. Corona-Cedillo R, Saavedra-Navarrete MT, Espinoza-Garcia JJ, Mendoza-Aguilar AN, Ternovoy SK, Roldan-Valadez E. Imaging Assessment of the Postoperative Spine: An Updated Pictorial Review of Selected Complications. *Biomed Res Int*. 2021 May 18;2021:9940001. doi: 10.1155/2021/9940001. PMID: 34113681; PMCID: PMC8154286.
9. ACR Practice Parameter for Performing and Interpreting Magnetic Resonance Imaging (MRI). Revised 2017. (Resolution 10). Available at: https://www.acr.org/-/media/ACR/Files/Practice-Parameters/MR-Perf-Interpret.pdf
10. McDonald M, Kirsch C, Amin B, et. al. Expert Panel on Neurologic Imaging. ACR Appropriateness Criteria® : Cervical Neck Pain or Cervical Radiculopathy. American College of Radiology (ACR); Revised: 2018.
11. Agarwal V, Shah LM, Parsons MS, et al. ACR Appropriateness Criteria® Myelopathy. Available at https://acsearch.acr.org/docs/69484/Narrative/. American College of Radiology. Revised 2020.
12. ACR Practice Parameter for Performing and Interpreting Diagnostic Computed Tomography (CT). Revised 2017. (Resolution 22). Available at: https://www.acr.org/-/media/ACR/Files/Practice-Parameters/CT-Perf-Interpret.pdf.
13. Beckmann NM, West OC, Nunez Jr D, et al. ACR Appropriateness Criteria®Suspected Spine Trauma. Available at https://acsearch.acr.org/docs/ 69359/Narrative/. American College of Radiology. Revised 2018 .
14. Weissman BN, Palestro CJ, Fox MG, et al. ACR Appropriateness Criteria® Imaging After Total Hip Arthroplasty. Available at https://acsearch.acr.org/docs/3094200/Narrative/. American College of Radiology. Revised 2023.
15. Bestic JM, Wessell DE, Beaman FD, et al. ACR Appropriateness Criteria® Primary Bone Tumors. Available at https://acsearch.acr.org/docs/69421/Narrative/ American College of Radiology. Revised 2019.
16. Harsh GR 4th, Sypert GW, Weinstein PR, Ross DA, Wilson CB. Cervical spine stenosis secondary to ossification of the posterior longitudinal ligament. *J Neurosurg*. 1987 Sep;67(3):349-57. doi: 10.3171/jns.1987.67.3.0349. PMID: 3112327.
17. ACR ASNR SPR Practice Parameter for the Performance of Myelography and Cisternography. Revised 2019
18. Patel DM, Weinberg BD, Hoch MJ. CT Myelography: Clinical Indications and Imaging Findings. *Radiographics*. 2020 Mar-Apr;40(2):470-484. doi: 10.1148/rg.2020190135. Epub 2020 Feb 14. PMID: 32058837.
19. Xi MA, Tong HC, Fahim DK, Perez-Cruet M. Using Provocative Discography and Computed Tomography to Select Patients with Refractory Discogenic Low Back Pain for Lumbar Fusion Surgery. *Cureus*. 2016 Feb 27;8(2):e514. doi: 10.7759/cureus.514. PMID: 27026838; PMCID: PMC4807919.
20. Jakoniuk M, Kochanowicz J, Lankau A, Wilkiel M, Socha K. Concentration of Selected Macronutrients and Toxic Elements in the Blood in Relation to Pain Severity and Hydrogen Magnetic Resonance Spectroscopy in People with Osteoarthritis of the Spine. *Int J Environ Res Public Health*. 2022 Sep 9;19(18):11377. doi: 10.3390/ijerph191811377. PMID: 36141646; PMCID: PMC9517490.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

21. Rees MA, Squires JH, Coley BD, Hoehne B, Ho ML. Ultrasound of congenital spine anomalies. *Pediatr Radiol*. 2021 Dec;51(13):2442-2457. doi: 10.1007/s00247-021-05178-6. Epub 2021 Sep 16. PMID: 34532816.
22. Pattany PM, Saraf-Lavi E, Bowen BC. MR angiography of the spine and spinal cord. *Top Magn Reson Imaging*. 2003;14(6):444-460. doi:10.1097/00002142-200312000-00003. Dec 1;14(6):444-60.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Neck (Cervical Spine) Pain Without/With Neurological Features (Including Stenosis) and Trauma (SP-3)

Guideline

Neck (Cervical Spine) Pain without and with Neurological Features (Including Stenosis) (SP-3.1)
Neck (Cervical Spine) Trauma (SP-3.2)
Evidence Discussion (SP-3)
References (SP-3)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Neck (Cervical Spine) Pain without and with Neurological Features (Including Stenosis) (SP-3.1)

SP.NP.0003.1.A
v2.0.2025

***All* of the following are required prior to advanced imaging:**
• An in-person clinical evaluation for the current episode of the condition is required to have been performed before advanced imaging is considered. This may have been either the initial clinical evaluation or a clinical re-evaluation (see also: **General Guidelines (SP-1.0)**). • Failure of recent (within 12 weeks) 6-week trial of provider-directed treatment (unless presence of a red flag as defined in **Red Flag Indications (SP-1.2)**) • Clinical re-evaluation after treatment period (may consist of an in-person evaluation or other meaningful contact (see also: **General Guidelines (SP-1.0)**)

Advanced Diagnostic Imaging:	MRI Cervical Spine, without contrast (CPT® 72141)
Comments:	CT Cervical Spine without contrast (CPT® 72125) **OR** CT Myelography (CPT® 72126) is indicated when MRI is contraindicated.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Neck (Cervical Spine) Trauma (SP-3.2)

SP.NP.0003.2.A
v2.0.2025

***All* of the following are required prior to advanced imaging:**
• An in-person clinical evaluation for the current episode of the condition is required to have been performed before advanced imaging is considered. This may have been either the initial clinical evaluation or a clinical re-evaluation (see also: **General Guidelines (SP-1.0)**). • Failure of recent (within 12 weeks) 6-week trial of provider-directed treatment (unless presence of a red flag as defined in **Red Flag Indications (SP-1.2)**) • Clinical re-evaluation after treatment period (may consist of an in-person evaluation or other meaningful contact (see also: **General Guidelines (SP-1.0)**) • Results of plain x-rays of the cervical spine performed after the current episode of symptoms started or changed need to be available to the requesting provider (not required for high risk mechanisms as below**)

Advanced Diagnostic Imaging:	**MRI Cervical Spine without contrast (CPT® 72141) OR CT Cervical Spine without contrast (CPT® 72125)** **For individuals with ankylosing spondylitis or DISH (diffuse idiopathic skeletal hyperostosis), both MRI of the whole spine (CPT® 72141, 72146, and/or 72148) AND CT of the whole spine (CPT® 72125, 72128, and/or 72131) can be approved.** **For individuals with ankylosing spondylitis or DISH (diffuse idiopathic skeletal hyperostosis) plain x-rays and a 6 week trial of provider-directed treatment and clinical evaluation are NOT required.**
Comments:	Plain x-rays **ARE** required for suspected fracture in **non-high** risk injuries. Plain x-rays and a 6-week trial of provider-directed treatment and clinical re-evaluation are **NOT** required for individuals with a high risk factor(s) for suspected cervical spine injury within the last 3 months (See below**).

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

**High risk factors of suspected cervical spine injury may include:

- Long term use of systemic glucocorticoids
- History of prior low energy fractures
- History of low bone mineral density
- Age ≥65 years
- Head trauma and/or maxillofacial trauma
- Pedestrian in a motor vehicle accident
- Fall from elevation ≥3 feet/5 stairs
- Diving accident
- Head-on motor vehicle collision without/with airbag deployment
- Rollover motor vehicle collision
- Ejection from the vehicle in a motor vehicle collision
- High speed of the vehicle at the time of collision
- Not wearing a seatbelt/shoulder harness in a motor vehicle collision
- Minor direct/indirect trauma to the cervical spine/maxillofacial areas in individuals with ankylosing spondylitis or DISH

Background and Supporting Information

- Pain radiation patterns from the cervical spine area into the thoracic spine area do not necessarily justify the addition of thoracic spine advanced diagnostic imaging.
- Cervical radiculopathy is often confused with shoulder disorders, brachial plexopathy, peripheral nerve entrapment and/or motor/sensory neuropathies. Electrodiagnostic testing (EMGs/NCVs) is generally used to confirm, not establish, a diagnosis of peripheral nerve entrapment and/or a motor/sensory neuropathy based upon history and physical examination findings. Electrodiagnostic testing is often considered when advanced imaging of the spine does not reveal neurocompressive pathology and/or after 6 weeks of unimproved symptoms of extremity pain, weakness, numbness and/or tingling.
- Individuals with ankylosing spondylitis or DISH are at high risk of cervical spine fractures even with minor direct/indirect trauma to the cervical spine which can result in quadriparesis/quadriplegia

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Evidence Discussion (SP-3)

v2.0.2025

X-rays provide critical information that cannot be obtained with advanced imaging modalities and remain central to providing optimal care for spine patients. Unnecessary CT scans increase patients' radiation exposure, however, is the initial imaging for patients involved in trauma with a high-risk factor for cervical spine injury. Additionally, for patients with diffuse idiopathic skeletal hyperostosis (DISH) or ankylosing spondylitis with a history of low-energy trauma, whole spine MRI or CT imaging is mandatory due to the high prevalence of acute fractures and the low specificity for fracture detection on radiographs. The American College of Radiology (ACR) Appropriateness Criteria for Cervical Neck Pain or Cervical Radiculopathy (revised 2018) indicates that in the absence of red flag symptoms, early advanced imaging may not be required as abnormal findings are not uncommon in asymptomatic patients and correlate poorly with the presence of neck pain.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (SP-3)

v2.0.2025

1. Thompson WL, Stiell IG, Clement CM, et al. Association of injury mechanism with the risk of cervical spine fractures. *CJEM.* 2009;11(1):14-22.
2. Bogduk N, Karasek M. Precision diagnosis and treatment of back and neck pain. *Continuum: Pain and Palliative Care*. 2005;11(6):94-136.
3. Levin KH, Covington ED, Devereaux MW, et al. Neck and back pain part A. *Continuum*. 2001;7(1):142-151.
4. Werner, B, Samartzis, D, Shen, F. Spinal fractures in patients with ankylosing spondylitis: etiology, diagnosis and management. *JAAOS.* 2016;24(4):241-249.
5. Koivikko MP, Koskinen SK. MRI of cervical spine injuries complicating ankylosing spondylitis. *Skeletal Radiology.* 2008;37(9):813-819.
6. Hoffman JR, Mower WR, Wolfson AB, Todd KH, Zucker MI. Validity of a set of clinical criteria to rule out injury to the cervical spine in patients with blunt trauma. National Emergency X-Radiography. Utilization Study Group. *N Engl J Med*. 2000;343(2):94-99.
7. Beckmann NM, West OC, Nunez Jr D, et al. ACR Appropriateness Criteria®Suspected Spine Trauma. Available at https://acsearch.acr.org/docs/ 69359/Narrative/. American College of Radiology. Revised 2018.
8. Newman JS, Weissman BN, Angevine PD, et. al. Expert Panel on Musculoskeletal Imaging. ACR Appropriateness Criteria®: Chronic Neck Pain. American College of Radiology (ACR); Date of Origin: 1998. Revised: 2018. https://acsearch.acr.org/docs/69426/Narrative/.
9. Bernard SA, Kransdorf MJ, Beaman FD, et. al. Expert Panel on Musculoskeletal Imaging. ACR Appropriateness Criteria®: Chronic Back Pain: Suspected Sacroiliitis/Spondyloarthropathy. American College of Radiology (ACR); Date of Origin: 2016. Revised: 2021. https://acsearch.acr.org/docs/3094107/Narrative/.
10. Lantsman CD, Barkay G, Friedlander A, Barbi M, Stern M, Eshed I. Whole spine CT scan for the detection of acute spinal fractures in Diffuse Idiopathic Skeletal Hyperostosis patients who sustained low-energy trauma. *Spine*. 2020;45(19):1348-1353. doi:10.1097/BRS.0000000000003536.
11. Saragiotto BT, Maher CG, Lin CC, Verhagen AP, Goergen S, Michaleff ZA. Canadian C#spine rule and the National Emergency X#Radiography Utilization Study (NEXUS) for detecting clinically important cervical spine injury following blunt trauma. *Cochrane Database Syst Rev.* 2018;2018(4):CD012989. doi:10.1002/14651858.CD012989.
12. Le HV, Wick JB, Van BW, Klineberg EO. Diffuse idiopathic skeletal hyperostosis of the spine: pathophysiology, diagnosis, and management. *J Am Acad Orthop Surg*. 2021;29:1044-1051. doi:10.5435/JAAOS-D-20-01344.
13. Childress MA, Becker BA. Nonoperative management of cervical radiculopathy. *Am Fam Physician*. 2016;93(9):746-54.
14. McDonald M, Kirsch C, Amin B, et. al. Expert Panel on Neurologic Imaging. ACR Appropriateness Criteria® : Cervical Neck Pain or Cervical Radiculopathy. American College of Radiology (ACR); Revised: 2018.
15. Brinjikji W, Luetmer PH, Comstock B, et al. Systematic literature review of imaging features of spinal degeneration in asymptomatic populations. *AJNR Am J Neuroradiol.* 2015;36:811-816. doi:10.3174/ajnr.A4173
16. Matsumoto M, Fujimura Y, Suzuki N, Nishi Y, Nakamura M, Yabe Y, Shiga H. MRI of cervical intervertebral discs in asymptomatic subjects. *J Bone Joint Surg Br*. 1998 Jan;80(1):19-24.
17. Goodwin ML, Buchowski JM, Sciubba DM. Why X-rays? The importance of radiographs in spine surgery. *Spine J*. 2022 Nov;22(11):1759-1767.
18. Baker M, Jaeger C, Hafley C, Waymack J. Appropriate CT cervical spine utilisation in the emergency department. *BMJ Open Qual*. 2020 Oct;9(4):e000844. doi: 10.1136/bmjoq-2019-000844. PMID: 33028655; PMCID: PMC7542617.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Upper Back (Thoracic Spine) Pain Without/With Neurological Features (Including Stenosis) and Trauma (SP-4)

Guideline

Upper Back (Thoracic Spine) Pain without and with Neurological Features (Including Stenosis) (SP-4.1)
Upper Back (Thoracic Spine) Trauma (SP-4.2)
Evidence Discussion (SP-4)
References (SP-4)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Upper Back (Thoracic Spine) Pain without and with Neurological Features (Including Stenosis) (SP-4.1)

SP.TS.0004.1.A
v2.0.2025

***All* of the following are required prior to advanced imaging:**
• An in-person clinical evaluation for the current episode of the condition is required to have been performed before advanced imaging is considered. This may have been either the initial clinical evaluation or a clinical re-evaluation (see also: **General Guidelines (SP-1.0)**). • Failure of recent (within 12 weeks) 6-week trial of provider-directed treatment (unless presence of a red flag as defined in **Red Flag Indications (SP-1.2)**). • Clinical re-evaluation after treatment period (may consist of an in-person evaluation or other meaningful contact (see also: **General Guidelines (SP-1.0)**).

Advanced Diagnostic Imaging:	**MRI Thoracic Spine without contrast (CPT® 72146)**
Comments:	A CT Thoracic spine without contrast (CPT® 72128) **OR** CT Myelography (CPT® 72129) is indicated when MRI is contraindicated.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Upper Back (Thoracic Spine) Trauma (SP-4.2)

SP.TS.0004.2.A
v2.0.2025

***All* of the following are required prior to advanced imaging:**
• An in-person clinical evaluation for the current episode of the condition is required to have been performed before advanced imaging is considered. This may have been either the initial clinical evaluation or a clinical re-evaluation (see also: **General Guidelines (SP-1.0)**). • Failure of recent (within 12 weeks) 6-week trial of provider-directed treatment (unless presence of a red flag as defined in **Red Flag Indications (SP-1.2)**). • Clinical re-evaluation after treatment period (may consist of an in-person evaluation or other meaningful contact (see also: **General Guidelines (SP-1.0)**). • Results of plain x-rays of thoracic spine performed after the current episode of symptoms started or changed need to be available to the requesting provider

Advanced Diagnostic Imaging:	**MRI Thoracic Spine without contrast (CPT® 72146) OR CT Thoracic Spine without contrast (CPT® 72128)**
Comments:	For individuals with ankylosing spondylitis or DISH (diffuse idiopathic skeletal hyperostosis), both MRI of the whole spine (CPT® 72141, 72146, and/or 72148) **AND** CT of the whole spine (CPT® 72125, 72128, and/or 72131) can be approved. For individuals with ankylosing spondylitis or DISH (diffuse idiopathic skeletal hyperostosis) plain x-rays and a 6 week trial of provider-directed treatment and clinical evaluation are **NOT** required

Background and Supporting Information

- Thoracic radiculopathy presents with pain radiation from the thoracic spine around the trunk. At upper thoracic spine levels, the pain radiation is from the thoracic spine around the rib cage following the sensory distribution of an intercostal nerve.
- Advanced diagnostic imaging is generally not indicated in evaluation of axial low back pain with radiation toward the thoracic region unless there are documented clinical features indicating a thoracic spine disorder.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Evidence Discussion (SP-4)

v2.0.2025

The precision in identifying thoracic spine diseases is dependent on a meticulous association with the patient's clinical examination and medical history, because the usual observations from imaging studies are frequently ambiguous and non-conclusive. Wood et al. demonstrated that asymptomatic patients may exhibit positive findings on thoracic spine MRI at a rate as high as 70%. For patients with atraumatic thoracic back pain, data from Linna et al. supports initial conservative management followed by evaluation by a surgical specialist before ordering a thoracic spine MRI. Red flag indications, however, obviate the need for conservative care. Regarding the value of x-rays, Goodwin et al. stated that plain films provide critical information that cannot be obtained with other imaging modalities, and they remain central to providing optimal care for spine patients. When there is a history of blunt trauma and a high-risk factor for thoracic spine injury, however, CT imaging is appropriate for initial imaging. Additionally, for patients with diffuse idiopathic skeletal hyperostosis (DISH) or ankylosing spondylitis with a history of low-energy trauma, whole spine MRI or CT imaging is mandatory due to the high prevalence of acute fractures and the low specificity for fracture detection on radiographs.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

References (SP-4)

v2.0.2025

1. Nadgir R, Yousem DM. *Neuroradiology: the requisites*. Philadelphia, PA: Elsevier; 2017.
2. Beckmann NM, West OC, Nunez Jr D, et al. ACR Appropriateness Criteria®Suspected Spine Trauma. Available at https://acsearch.acr.org/docs/ 69359/Narrative/. American College of Radiology. Revised 2018.
3. Lantsman CD, Barkay G, Friedlander A, Barbi M, Stern M, Eshed I. Whole spine CT scan for the detection of acute spinal fractures in Diffuse Idiopathic Skeletal Hyperostosis patients who sustained low-energy trauma. *Spine*. 2020;45(19):1348-1353. doi:10.1097/BRS.0000000000003536.
4. Le HV, Wick JB, Van BW, Klineberg EO. Diffuse idiopathic skeletal hyperostosis of the spine: pathophysiology, diagnosis, and management. *J Am Acad Orthop Surg*. 2021;29:1044-1051. doi:10.5435/JAAOS-D-20-01344.
5. Linna NB, Zhang S, Farooqi AS, et al. Association of Thoracic MRI Findings With Specialty and Training. *Global Spine Journal*. 2024;14(5):1472-1476. doi:10.1177/21925682221143991
6. Wood KB, Garvey TA, Gundry C, et al. Magnetic resonance imaging of the thoracic spine. Evaluation of asymptomatic individuals. *J Bone Jt Surg*. 1995;77:1631-1638.
7. Goodwin ML, Buchowski JM, Sciubba DM. Why X-rays? The importance of radiographs in spine surgery. *Spine J*. 2022 Nov;22(11):1759-1767.
8. Inaba K, Nosanov L, Menaker J, et al. Prospective derivation of a clinical decision rule for thoracolumbar spine evaluation after blunt trauma: An American Association for the Surgery of Trauma Multi-Institutional Trials Group Study. *J Trauma Acute Care Surg*. 2015;78:459-65; discussion 65-7.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Low Back (Lumbar Spine) Pain/Coccydynia without Neurological Features (SP-5)

Guideline

Low Back (Lumbar Spine) Pain without Neurological Features (SP-5.1)
Coccydynia without Neurological Features (SP-5.2)
Evidence Discussion (SP-5)
References (SP-5)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Low Back (Lumbar Spine) Pain without Neurological Features (SP-5.1)

SP.LB.0005.1.A
v2.0.2025

***All* of the following are required prior to advanced imaging:**
• An in-person clinical evaluation for the current episode of the condition is required to have been performed before advanced imaging is considered. This may have been either the initial clinical evaluation or a clinical re-evaluation (see also: **General Guidelines (SP-1.0)**. • Failure of recent (within 12 weeks) 6-week trial of provider-directed treatment (unless presence of a red flag as defined in **Red Flag Indications (SP-1.2)**). • Clinical re-evaluation after treatment period (may consist of an in-person evaluation or other meaningful contact (see also: **General Guidelines (SP-1.0)**)

Advanced Diagnostic Imaging:	**MRI Lumbar Spine without contrast (CPT® 72148)**
Comments:	A CT Lumbar spine without contrast (CPT® 72131) **OR** CT Myelography (CPT® 72132) is indicated when MRI is contraindicated

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Coccydynia without Neurological Features (SP-5.2)

SP.LB.0005.2.A
v2.0.2025

***All* of the following are required prior to advanced imaging:**
• An in-person clinical evaluation for the current episode of the condition is required to have been performed before advanced imaging is considered. This may have been either the initial clinical evaluation or a clinical re-evaluation (see also: **General Guidelines (SP-1.0)**). • Failure of recent (within 12 weeks) 6-week trial of provider-directed treatment (unless presence of a red flag as defined in **Red Flag Indications (SP-1.2)**). • Clinical re-evaluation after treatment period (may consist of an in-person evaluation or other meaningful contact (see also: **General Guidelines (SP-1.0)**) • Plain x-rays of the sacrum/coccyx are negative for fracture.

Advanced Diagnostic Imaging:	**MRI Pelvis without contrast (CPT® 72195)**
Comments:	A CT Pelvis without contrast (CPT® 72192) when MRI is contraindicated.

Background and Supporting Information

Coccydynia is often reported by individuals as “tailbone” pain that is usually idiopathic or post-traumatic and generally follows a benign course.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Evidence Discussion (SP-5)

v2.0.2025

Acute low back pain is usually a self limited condition and improves with conservative treatment in 6 weeks. The American College of Radiology Appropriateness Criteria for low back pain (revised 2021) states that imaging may be considered in those patients who have had up to 6 weeks of medical management and physical therapy that resulted in little or no improvement in their back pain. A meta-analysis by Chou et al found no clinically significant difference in patient outcomes between those who had immediate lumbar imaging versus usual care. It should also be noted that there are risks associated with imaging including but not limited to radiation exposure and contrast complications. Studies have also linked the increase rate of imaging with the increase rate of surgery and also found early magnetic resonance imaging (MRI) had an eightfold increased risk of surgery.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (SP-5)

v2.0.2025

1. Puhakka KB. Magnetic resonance imaging of sacroiliitis in early seronegative spondyloarthropathy. Abnormalities correlated to clinical and laboratory findings. *Rheumatology*. 2003;43(2):234-237. doi:10.1093/rheumatology/keh008.
2. Rao, RD, Smuck M. Orthopaedic Knowledge Update 4: Spine, *AAOS*, 41:477-478.
3. American Academy of Orthopedic Surgeons (AAOS) clinical guidelines on low back pain/sciatica (acute) (phase I and II). Clinical Practice Guidelines.
4. NASS Task Force on clinical guidelines. Herniated disc. In*: Phase III clinical guidelines for multidisciplinary spine care specialists.* Unremitting low back pain. 1st ed. Burr Ridge, IL: North American Spine Society; 2000.
5. Chou R, Qaseem A, Owens DK, et al. Diagnostic imaging for low back pain: Advice for high-value health care from the American College of Physicians. *Ann Intern Med*. 2011;154:181-189.
6. Roudsari B, Jarvik JG. Lumbar spine MRI for low back pain: indications and yield. *AJR*. 2010;195:550-559.
7. Weinstein JN, Lurie JD, Tosteson TD, et al. Surgical versus nonoperative treatment for lumbar disc herniation. *Spine*. 2008;33(25):2789-2800.
8. Chou R, Qaseam A, Snow V, et al. Diagnosis and treatment of low back pain: a joint clinical practice guideline from the American College of Physicians and the American Pain Society. *Ann Intern Med*. 2007;147:478-491.
9. Levin KH, Covington ED, Devereaux MW, et al. Neck and back pain part A. *Continuum*. 2001;7(1):142-151.
10. Roudsari B, Jarvik JG. Lumbar spine MRI for low back pain: indications and yield. *American Journal of Roentgenology.* 2010;195(3):550-559. doi:10.2214/ajr.10.4367.
11. Cherkin DC, Deyo RA, Battié M, Street J, Barlow W. A comparison of physical therapy, chiropractic manipulation, and provision of an educational booklet for the treatment of patients with low back pain. *New England Journal of Medicine.* 1998;339(15):1021-1029. doi:10.1056/nejm199810083391502.
12. Lieberman JR, ed. AAOS comprehensive orthopaedic review 2009. Rosemont, IL.: AAOS (American Academy of Orthopaedic Surgeons); 2009.
13. Deyo RA, Mirza SK, Turner JA, et al. Overtreating chronic back pain: time to back off? *J Am Board Fam Med*. 2009;22(1):62-68.
14. Jarvik JG, Deyo R. Diagnostic evaluation of low back pain with emphasis on imaging. *Ann Intern Med*. 2000;137:586-597.
15. Gillan MGC, Gilbert FJ, Andrew JE. Influence of imaging on clinical decision making in the treatment of low back pain. *Radiol*. 2001;220:393-395.
16. Deyo RA, Wenstein JN. Low back pain. *N Engl J Med*. 2001;344(5):363-370.
17. Carragee EJ. Persistent low back pain. *N Engl J Med*. 2005;352:1891-1898.
18. Sheybani EF, Khanna G, White AJ, Demertzis JL. Imaging of juvenile idiopathic arthritis: a multimodality approach. *Radiographics.* 2013;33(5):1253-1273.
19. Restropo R, Lee EY, Babyn PS. Juvenile idiopathic arthritis: Current practical imaging assessment with emphasis on magnetic resonance imaging. *Radiol Clin N Am.* 2013;51:703-719.
20. Landewe RBM, Hermann KGA, Van Der Heijde DMFM, Baraliakos X, et al. Scoring sacroiliac joints by magnetic resonance imaging. A multiple-reader reliability experiment. *The Journal of Rheumatology.* 2005;32:10.
21. Lambert RGW, Salonen D, Rahman P, Inman RD, et al. Adalimumab significantly reduces both spinal and sacroiliac joint inflammation in patients with ankylosing spondylitis. *Arthritis & Rheumatism.* 2007;56(12):4005-4014.
22. Modic M, Obuchowski N, Ross J, et al. Acute low back pain and radiculopathy: MR imaging findings and their prognostic role and effect on outcome. *Neuroradiology.* 2005;237:597-604. doi:10.1148/radiol.2372041509.
23. Jarvik JG, Gold LS, Comstock BA, et al. Association of early imaging for back pain with clinical outcomes in older patients. *JAMA.* 2015;313(11):1143-1153. doi:10.1001/jama.2015.1871.
24. Ayers JW, Leas EC, Dredze M, et al. Clinicians' perceptions of barriers to avoiding inappropriate imaging for low back pain-knowing is not enough. *JAMA.* 2014;311(14):1399-1400. doi:10.1001/jamainternmed.2016.6274.
25. Panagopoulos J, Hush J, Steffens D, et al. Do MRI findings change over a period of up to 1 year in patients with low back pain and/or sciatica. *Spine Journal*. 2017;42:504-512. doi:10.1097/BRS.0000000000001790.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

26. Gilbert FJ, Grant AM, Gillan MG, et al. Low back pain: influence of early MR imaging or CT on treatment and outcome-multicenter randomized trial. *Radiology.* 2004; 231:343-351. doi:10.1148/radiol.2312030886.
27. Kerry S, Hilton S, Dundas D, et al. Radiography for low back pain: a randomized controlled trial and observational study in primary care. *British Journal of General Practice*. 2002;52:469-474.
28. Djais N, Kalim H. The role of lumbar spine radiography in the outcomes of patients with simple acute low back pain. *APLAR Journal of Rheumatology*. 2005;8:45-50.
29. Hutchins TA, Peckham M, Shah LM, et al. ACR Appropriateness Criteria® Low Back Pain. Available at https://acsearch.acr.org/docs/69483/Narrative/. American College of Radiology. Revised 2021.
30. Deyo RA, Rainville J, Kent DL. What can the history and physical examination tell us about low back pain? *JAMA*. 1992;268(6):760-765.
31. Patrick N, Emanski E, Knaub MA. Acute and Chronic Low Back Pain. *Med Clin N Am*. 2016; 100:169–181.
32. Chutkan NB, Lipson AC, Lisi AJ, et. al. Evidence-based clinical guidelines for multidisciplinary spine care: diagnosis and treatment of low back pain. Burr Ridge, IL: North American Spine Society. 2020.
33. Chou R, Fu R, Carrino JA, et al. Imaging strategies for low-back pain: systematic review and meta-analysis. *Lancet*. 2009;373:463-472.
34. Shubha SV, Deyo RA, Berger ZD. Application of "Less is More" to Low Back Pain. *Arch Intern Med.* 2012;172(13):1016-1020.
35. Webster BS, Cifuentes M. Relationship of early magnetic resonance imaging for work-related acute low back pain with disability and medical utilization outcomes. *J Occup Environ Med*. 2010;52:900-907.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Lower Extremity Pain with Neurological Features (Radiculopathy, Radiculitis, or Plexopathy and Neuropathy) With or Without Low Back (Lumbar Spine) Pain (SP-6)

Guideline

Lower Extremity Pain with Neurological Features (Radiculopathy, Radiculitis, or Plexopathy and Neuropathy) with or without Low Back (Lumbar Spine) Pain (SP-6.1)
Low Back (Lumbar Spine) Trauma (SP-6.2)
Evidence Discussion (SP-6)
References (SP-6)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Lower Extremity Pain with Neurological Features (Radiculopathy, Radiculitis, or Plexopathy and Neuropathy) with or without Low Back (Lumbar Spine) Pain (SP-6.1)

SP.LE.0006.1.A
v2.0.2025

***All* of the following are required prior to advanced imaging:**
• An in-person clinical evaluation for the current episode of the condition is required to have been performed before advanced imaging is considered. This may have been either the initial clinical evaluation or a clinical re-evaluation (see also: **General Guidelines (SP-1.0)**). • Failure of recent (within 12 weeks) 6-week trial of provider-directed treatment (unless presence of a red flag as defined in **Red Flag Indications (SP-1.2)**). • Clinical re-evaluation after treatment period (may consist of an in-person evaluation or other meaningful contact (see also: **General Guidelines (SP-1.0)**).

Advanced Diagnostic Imaging:	**MRI Lumbar Spine without contrast (CPT® 72148)**
Comments:	A CT Lumbar spine without contrast (CPT® 72131) **OR** CT Myelography (CPT® 72132) is indicated when MRI is contraindicated. See also: **Lumbar Spinal Stenosis (SP-9.1)**

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Low Back (Lumbar Spine) Trauma (SP-6.2)

SP.LE.0006.2.A
v2.0.2025

***All* of the following are required prior to advanced imaging:**
• An in-person clinical evaluation for the current episode of the condition is required to have been performed before advanced imaging is considered. This may have been either the initial clinical evaluation or a clinical re-evaluation (see also: **General Guidelines (SP-1.0)**). • Failure of recent (within 12 weeks) 6-week trial of provider-directed treatment (unless presence of a red flag as defined in **Red Flag Indications (SP-1.2)**). • Clinical re-evaluation after treatment period (may consist of an in-person evaluation or other meaningful contact (see also: **General Guidelines (SP-1.0)**). • Results of plain x-rays of the lumbar spine performed after the current episode of symptoms started or changed need to be available to the requesting provider

Advanced Diagnostic Imaging:	**MRI Lumbar Spine without contrast (CPT® 72148) OR MRI Lumbar Spine without and with contrast (CPT® 72158) OR CT Lumbar Spine without contrast (CPT® 72131) OR CT myelogram (CPT® 72132)**
Comments:	For individuals with ankylosing spondylitis or DISH (diffuse idiopathic skeletal hyperostosis), both MRI of the whole spine (CPT® 72141, 72146, and/or 72148) **AND** CT of the whole spine (CPT® 72125, 72128, and/or 72131) can be approved. For individuals with ankylosing spondylitis or DISH (diffuse idiopathic skeletal hyperostosis), plain x-rays and a 6 week trial of provider-directed treatment and clinical evaluation are **NOT** required.

- Definitions of radiculopathy, radiculitis and radicular pain: See **Definitions (SP-1.3)**
- Sciatic Neuropathy, Femoral Neuropathy, Peroneal Neuropathy and Meralgia Paresthetica: See **Focal Neuropathy (PN-2)**in the Peripheral Nerve and Neuromuscular Disorders Imaging Guidelines

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

- Lumbar and/or Lumbosacral Plexopathy: See **Lumbar and Lumbosacral Plexus (PN-5)** in the Peripheral Nerve and Neuromuscular Disorders Imaging Guidelines
- Advanced imaging of the hip or pelvis is not generally required in the evaluation of apparent lumbar radiculopathy unless a separate recognized indication for such studies is documented. See: **Hip (MS-24)** in the Musculoskeletal Imaging Guidelines.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Evidence Discussion (SP-6)

v2.0.2025

Acute low back pain is usually a self-limited condition and improves with conservative treatment in 6 weeks. The American College of Radiology Appropriateness Criteria for low back pain (revised 2021) states that imaging may be considered in those patients who have had up to 6 weeks of medical management and physical therapy that resulted in little or no improvement in their back pain. A meta-analysis by Chou et al found no clinically significant difference in patient outcomes between those who had immediate lumbar imaging versus usual care. It should also be noted that there are risks associated with imaging including but not limited to radiation exposure and contrast complications. Studies have also linked the increase rate of imaging with the increase rate of surgery and also found early magnetic resonance imaging (MRI) had an eightfold increased risk of surgery. In typical patients with low back pain or radiculopathy, MR imaging does not appear to have measurable value in terms of planning conservative care, that patient knowledge of imaging findings does not alter outcome, and that patient knowledge of imaging findings is associated with a lesser sense of well-being.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

References (SP-6)

v2.0.2025

1. Puhakka KB, Jurik AG, Schiottz-Christensen B, et al. Magnetic resonance imaging of sacroiliitis in early seronegative spondyloarthropathy. Abnormalities associated to clinical and laboratory findings. *Rheumatology*. 2004;43(2):234-237.
2. Rao, RD, Smuck M. Orthopaedic Knowledge Update 4: *Spine*. *AAOS*. 41:477-478.
3. American Academy of Orthopedic Surgeons (AAOS) clinical guidelines on low back pain/sciatica (acute) (phase I and II). Clinical Practice Guidelines.
4. NASS Task Force on clinical guidelines. *Herniated disc*. In: Phase III clinical guidelines for multidisciplinary spine care specialists. Unremitting low back pain. 1st ed. Burr Ridge, IL: North American Spine Society; 2000.
5. Chou R. Diagnostic imaging for low back pain: advice for high-value health care from the American College of Physicians. *Annals of Internal Medicine*. 2011;154(3):181-189. doi:10.7326/0003-4819-154-3-201102010-00008.
6. Roudsari B, Jarvik JG. Lumbar spine MRI for low back pain: indications and yield. *American Journal of Roentgenology*. 2010;195(3):550-559. doi:10.2214/ajr.10.4367.
7. Weinstein JN, Lurie JD, Tosteson TD, et al. Surgical versus nonsurgical treatment for lumbar degenerative spondylolisthesis. *New England Journal of Medicine*. 2007;356(22):2257-2270. doi:10.1056/nejmoa070302.
8. Chou R, Qaseam A, Snow V, et al. Diagnosis and treatment of low back pain: A joint clinical practice guideline from the American College of Physicians and the American Pain Society. *Ann Intern Med* 2007;147:478-491.
9. Levin KH, Covington ED, Devereaux MW, et al. Neck and back pain part A. *Continuum.* 2001;7(1):142-151.
10. Cherkin DC, Deyo RA, Battié M, Street J, Barlow W. A comparison of physical therapy, chiropractic manipulation, and provision of an educational booklet for the treatment of patients with low back Pain. *New England Journal of Medicine*. 1998;339(15):1021-1029. doi:10.1056/nejm199810083391502.
11. Lieberman JR, ed. *AAOS comprehensive orthopaedic review 2009*. Rosemont, IL.: AAOS (American Academy of Orthopaedic Surgeons); 2009.
12. Deyo RA, Mirza SK, Turner JA, et al. Overtreating chronic back pain: time to back off? *J Am Board Fam Med.* 2009;22(1):62-68.
13. Jarvik JG, Deyo R. Diagnostic evaluation of low back pain with emphasis on imaging. *Ann Intern Med.* 2000;137:586-597.
14. Gillan MGC, Gilbert FJ, Andrew JE. Influence of imaging on clinical decision making in the treatment of low back pain. *Radiol,* 2001; 220:393-395.
15. Deyo RA, Wenstein JN. Low back pain. *N Engl J Med.* 2001;344(5):363-370.
16. Carragee EJ. Persistent low back pain. *N Engl J Med.* 2005;352:1891-1898.
17. Sheybani EF, Khanna G, White AJ, Demertzis JL. Imaging of juvenile idiopathic arthritis: A multimodality approach. *Radiographics*. 2013;33(5):1253-1273.
18. Restropo R, Lee EY, Babyn PS. Juvenile idiopathic arthritis: Current practical imaging assessment with emphasis on magnetic resonance imaging. *Radiol Clin N Am*. 2013;51:703-719.
19. Landewe RBM, Hermann KGA, Van Der Heijde DMFM, Baraliakos X, et al. Scoring sacroiliac joints by magnetic resonance imaging. A multiple-reader reliability experiment. *The Journal of Rheumatology*. 2005;32:10.
20. Lambert RGW, Salonen D, Rahman P, Inman RD, et al. Adalimumab significantly reduces both spinal and sacroiliac joint inflammation in patients with ankylosing spondylitis. *Arthritis & Rheumatism*. 2007; 56(12):4005-4014.
21. Panagopoulos J, Hush J, Steffens D, et al. Do MRI findings change over a period of up to 1 year in patients with low back pain and/or sciatica. *Spine Journal*. 2017;42:504-512. doi:10.1097/BRS.0000000000001790.
22. Gilbert FJ, Grant AM, Gillan MG, et al. Low back pain: influence of early MR imaging or CT on treatment and outcome-multicenter randomized trial. *Radiology.* 2004;231:343-351. doi:10.1148/radiol.2312030886.
23. Modic M, Obuchowski N, Ross J, et al. Acute low back pain and radiculopathy: MR imaging findings and their prognostic role and effect on outcome. *Neuroradiology*. 2005;237:597-604. doi:10.1148/radiol.2372041509.
24. Barzouhi A, Vleggeert-Lankamp C, Lycklama a Nijehold G, et al. Magnetic resonance imaging in follow-up assessment of sciatica. *N Engl J Med*. 2013;368;11:999-1007.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

25. Deyo RA, Rainville J, Kent DL. What can the history and physical examination tell us about low back pain? *JAMA*. 1992;268(6): 760-765.
26. Hutchins TA, Peckham M, Shah LM, et. al. Expert Panel on Neurologic Imaging. ACR Appropriateness Criteria®: Low Back Pain. American College of Radiology (ACR); Date of Origin: 1996. Revised: 2021. https://acsearch.acr.org/docs/69483/Narrative/.
27. Beckmann NM, West OC, Nunez Jr D, et al. ACR Appropriateness Criteria®Suspected Spine Trauma. Available at https://acsearch.acr.org/docs/ 69359/Narrative/. American College of Radiology. Revised 2018.
28. Lantsman CD, Barkay G, Friedlander A, Barbi M, Stern M, Eshed I. Whole spine CT scan for the detection of acute spinal fractures in Diffuse Idiopathic Skeletal Hyperostosis patients who sustained low-energy trauma. *Spine*. 2020;45(19):1348-1353. doi:10.1097/BRS.0000000000003536.
29. Chutkan NB, Lipson AC, Lisi AJ, et. al. Evidence-based clinical guidelines for multidisciplinary spine care: diagnosis and treatment of low back pain. Burr Ridge, IL: North American Spine Society. 2020.
30. Le HV, Wick JB, Van BW, Klineberg EO. Diffuse idiopathic skeletal hyperostosis of the spine: pathophysiology, diagnosis, and management. *J Am Acad Orthop Surg*. 2021;29:1044-1051. doi:10.5435/JAAOS-D-20-01344.
31. Chou R, Fu R, Carrino JA, Deyo RA. Imaging strategies for low-back pain: systematic review and meta-analysis. *Lancet*. 2009;373:462-472.
32. Shubha SV, Deyo RA, Berger ZD. Application of "Less is More" to Low Back Pain. *Arch Intern Med.* 2012;172(13):1016-1020.
33. Webster BS, Cifuentes M. Relationship of early magnetic resonance imaging for work-related acute low back pain with disability and medical utilization outcomes. *J Occup Environ Med*. 2010;52:900-907.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Myelopathy (SP-7)

Guideline

Myelopathy (SP-7.1)
Evidence Discussion (SP-7)
References (SP-7)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Myelopathy (SP-7.1)

SP.MI.0007.1.A
v2.0.2025

- Myelopathy is the development of abnormal spinal cord function with long tract signs usually secondary to spinal cord compression, but also inflammation (transverse myelitis, MS, etc.), neoplastic disease or spinal cord infarction.
  - For imaging of transverse myelitis, see: **Transverse Myelitis (HD-16.4)** in the Head Imaging Guidelines
- Examination findings may include loss of manual dexterity, spastic legs, ataxia, hyperreflexia, upgoing toes (positive Babinski), Hoffmann's sign, sustained clonus, Lhermitte's sign, crossed radial reflex, inverted radial reflex, and/or finger escape sign. Sensory level and urinary incontinence/retention may be seen.
  - Advanced imaging is generally indicated in the initial evaluation of documented or reasonably suspected myelopathy.
- X-rays are not required for advanced imaging in individuals with potential myelopathy regardless of any history of spine surgery, trauma, or other reasons which may otherwise require x-rays (e.g., **Neck (Cervical Spine) Trauma (SP-3.2)**, **Upper Back (Thoracic Spine) Trauma (SP-4.2)**, **Post-Operative Spinal Disorders (SP-15)**).
- Conservative treatment is not a requirement for advanced imaging in individuals with potential myelopathy.
- MRI Cervical and Thoracic Spine without contrast, or without and with contrast, are indicated for:
  - Evaluation of reasonably suspected myelopathy
  - Post-traumatic syrinx with increased spinal pain or a worsening neurological symptoms
  - Sustained, prominent, and unexplained Lhermitte's sign
  - Unexplained Babinski's or Hoffmann's signs
  - Unexplained hyperreflexia
  - Unexplained bilateral motor weakness
- MRI Cervical, Thoracic, and Lumbar Spine without contrast, or without and with contrast, are indicated for:
  - Suspected tethered cord and/or low lying conus medullaris.
- CT without contrast, or CT with contrast (myelography), can also be considered for either of the following:
  - An alternative to MRI, when MRI is contraindicated
  - In addition to MRI, for surgical planning

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Background and Supporting Information

Lhermitte's sign – With the individual in the long leg sitting position on the examination table, the examiner passively flexes the individual's head and one hip simultaneously with the leg kept straight. A positive test occurs if there is sharp pain down the spine and into the upper or lower extremities.

Babinski's sign – The examiner runs a sharp instrument along the plantar surface of the foot from the calcaneus along the lateral border to the forefoot. A positive test occurs with extension of the great toe with flexion and splaying of the other toes. A negative test occurs with no movement of the toes at all or uniform bunching up of the toes.

Hoffman's sign – The examiner holds the individual's middle finger and briskly flicks the distal phalanx. A positive test is noted if the interphalangeal joint of the thumb of the same hand flexes.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Evidence Discussion (SP-7)

v2.0.2025

- MRI is the preferred imaging modality for evaluation of myelopathy. It provides superior soft tissue definition to other options and allows direct visualization of intramedullary cord signal changes which can effect prognosis and management.
- CT Myelogram may be appropriate when MRI is contraindicated or for surgical planning. It may allow better visualization of bony neuroforaminal narrowing and may provide additional anatomic information when the MRI is ambiguous.
- CT Can be useful in demonstrating bony encroachment on the cord, but MRI is superior in demonstrating bone marrow changes and intramedullary cord signal. It is of limited value in evaluation of non-compressive causes of myelopathy

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

References (SP-7)

v2.0.2025

1. Green C, Butler J, Eustace S, Poynton A, Obyrne JM. Imaging Modalities for Cervical Spondylotic Stenosis and Myelopathy. *Advances in Orthopedics*. 2012;2012:1-4. doi:10.1155/2012/908324.
2. Avadhani A, Rajasekaran S, Shetty AP. Comparison of prognostic value of different MRI classifications of signal intensity change in cervical spondylotic myelopathy. *Spine Journal.* 2010;10:475-485.
3. Harada T, Tsuji Y, Mikami Y et al. The clinical usefulness of preoperative dynamic MRI to select decompression levels for cervical spondylotic myelopathy. *Magnetic Resonance Imaging*. 2010;28:820-826.
4. Ohshio I, Hatayama K, Takahara M, Nagashima K. Correlation between histopathologic features and magnetic resonance images of spinal cord lesions. *Spine*. 1993;18:1140-1149.
5. Roth CJ, Angevine PD, Aulino JM, et. al. Expert Panel on Neurologic Imaging. ACR Appropriateness Criteria®: Myelopathy. American College of Radiology (ACR); Date of Origin: 1996. Revised: 2020. https://acsearch.acr.org/docs/69484/Narrative/.
6. Zhang L, Zeitoun D, Rangel A, et al. Preoperative evaluation of the cervical spondylotic myelopathy with flexion-extension magnetic resonance imaging. *Spine Journal*. 2011;36(17): E1134-E1139.
7. Magee DJ. *Orthopedic Physical Assessment*. 4th ed. Philadelphia, PA: Saunders; 2002.
8. Hoppenfeld S. *Physical Examination of the Spine and Extremities*. Upper Saddle River: Prentice Hall; 1976.
9. Hellmann MA, Djaldetti, Luckman J, Dabby R. Thoracic sensory level as a false localizing sign in cervical spinal cord and brain lesions. *Clin Neurol Neurosug*. 2013;115(1):54-56. doi:10.1016/j.clineuro.2012.04.011.
10. American College of Radiology. ACR-ASNR-SCBT-MR-SSR practice parameter for the performance of magnetic resononance imaging (MRI) of the adult spine. 2001; revised 2018. Available at: https://www.acr.org/-/media/ACR/Files/Practice-Parameters/MR-Adult-Spine.pdf?la=en.
11. Agarwal V, Shah LM, Parsons MS, et al. ACR Appropriateness Criteria® Myelopathy. Available at https://acsearch.acr.org/docs/69484/Narrative/. American College of Radiology. Revised 2020.
12. Song KJ, Choi BW, Kim GH, Kim JR. Clinical usefulness of CT-myelogram comparing with the MRI in degenerative cervical spinal disorders: is CTM still useful for primary diagnostic tool?. *Clinical Spine Surgery*. 2009 Jul 1;22(5):353-7.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Lumbar Spine Spondylolysis/ Spondylolisthesis (SP-8)

Guideline

Spondylolysis (SP-8.1)
Spondylolisthesis (SP-8.2)
Evidence Discussion (SP-8)
References (SP-8)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Spondylolysis (SP-8.1)

SP.SP.0008.1.A
v2.0.2025

Results of plain x-rays performed after the current episode of symptoms started or changed need to be available to the requesting provider, unless otherwise specified below.

Indication	Imaging Study
• Clinical suspicion of spondylolysis is high	• X-ray is not required[5,12,13] • Tomographic SPECT Planar (CPT® 78803 or 78831)[5,12,13] • SPECT/CT Hybrid (CPT® 78830 or 78832)[5,12,13]
• Negative SPECT bone scan	MRI Lumbar Spine without contrast (CPT® 72148) **OR** CT Lumbar Spine without contrast (CPT®72131)
• Evaluation of a lesion seen on SPECT bone scan	CT Lumbar Spine without contrast (CPT® 72131)[5]
• Documented need for preoperative planning	MRI Lumbar Spine without contrast (CPT® 72148) **AND/OR** CT Lumbar Spine without contrast (CPT®72131)
• Failure of 6 weeks of provider-directed conservative treatment (which may include immobilization with a spinal orthosis) with clinical re-evaluation	MRI Lumbar Spine without contrast (CPT® 72148) **OR** CT Lumbar Spine without contrast (CPT®72131)
• Evaluation for stress reaction in bone, to visualize nerve roots	MRI Lumbar Spine without contrast (CPT® 72148)
• When an MRI is medically necessary, however, it is contraindicated	CT Lumbar Spine without contrast (CPT®72131)
• Evaluation of bony anatomy	CT Lumbar Spine without contrast (CPT®72131)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Indication	Imaging Study
• Monitor healing of a pars interarticularis fracture that was determined to have healing potential on a prior CT (i.e., non-sclerotic lesion)	CT Lumbar Spine without contrast (CPT® 72131) of the symptomatic spinal level

- For pediatric spondylolysis, see: **Spondylolysis (PEDSP-2.4)** in the Pediatric and Special Populations Spine Imaging Guidelines
- Bony healing cannot be achieved non-surgically in an established well defined isthmic pars interarticularis defect whether it is developmental or the result of a pars interarticularis fracture non-union. Repeat advanced diagnostic imaging is not medically necessary in this setting.

Background and Supporting Information

- Spondylolysis is most often an incidental finding on plain x-rays, and advanced imaging is generally not indicated.
- MRI is not indicated in the early diagnosis of spondylolysis due to the potential for false negative results.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Spondylolisthesis (SP-8.2)

SP.SP.0008.2.A
v2.0.2025

- CT Lumbar Spine without contrast (CPT® 72131) or MRI Lumbar Spine without contrast (CPT® 72148) can be considered after plain x-ray (results of plain x-rays performed after the current episode of symptoms started or changed need to be available to the requesting provider) for the following:
  - Failure of 6 week trial of provider-directed treatment and clinical re-evaluation (see also: **General Guidelines [SP-1.0]**); ***or***
  - Preoperative evaluation; ***or***
  - See: **Red Flag Indications (SP-1.2)**

Background and Supporting Information

- Stress reactions and stress fractures of the pars interarticularis are most common in athletes and others whose activities involve repetitive flexion/extension loading of the lumbar spine and may be acute or chronic and unilateral or bilateral. Pars interarticularis defects can be an incidental finding on plain x-rays and is frequently asymptomatic.
- Spondylolisthesis is the forward (anterolisthesis) or backward (retrolisthesis, usually not clinically significant) displacement of one vertebra in relation to an adjacent vertebra, most commonly at L4-5 and L5-S1, although other levels of the spine may be involved. Spondylolisthesis is often an incidental finding on plain x-ray and is frequently asymptomatic.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Evidence Discussion (SP-8)

v2.0.2025

Spondylolysis is a very common incidental finding on radiographs in the general population but majority will be asymptomatic. Spondylolysis is one of the potential cause of back pain in gymnasts. Symptomatic pars lesions are particularly a clinical problem in adolescent athletes. Spondylolysis and spondylolisthesis are a common cause of low back pain especially in young athletes but is a less common cause of neurologic compromise. Plain radiographs with particular views display the majority of defects. MRI has sensitivity of 78% for detecting L4-L5 lumbar degenerative spondylolisthesis compared with 98% for lateral standing films. MRI is less sensitive than CT for detecting pars defects but it is useful for evaluating bone marrow edema and nerve root compressions and stress reactions.

Lumbar spondylolysis can heal with conservative treatment depending on the spinal level affected and stage of the defects. The site of defects in the pars, condition of contralateral pars, presence of spondylolisthesis, the degree of lumbar lordosis are among other factors significantly affecting union.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

References (SP-8)

v2.0.2025

1. Rao, RD, Smuck M. Orthopaedic Knowledge Update 4: Spine. *AAOS*. 41:477-478.
2. Lieberman JR, ed. *AAOS comprehensive orthopaedic review 2009*. Rosemont, IL.: AAOS (American Academy of Orthopaedic Surgeons); 2009. 771-775.
3. Kuhns BD, Kouk S, Buchanan C, et al. Sensitivity of magnetic resonance imaging in the diagnosis of mobile and non-mobile L4-5 degenerative spondylolisthesis. *The Spine Journal*; 2014. doi:10.1016/j.spinee.2014.08.006.
4. Foreman P, et al. L5 spondylolysis/spondylolisthesis: a comprehensive review with an anatomic focus. *Childs Nerv Syst*. 2013;29:209-16.
5. Harvey CJ, Richenberg JL, Saifuddin A, Wolman RL. The radiological investigation of lumbar spondylolysis. *Clin Radiol*. 1998 Oct;53(10):723-8. doi: 10.1016/s0009-9260(98)80313-9. PMID: 9817088.
6. Kruse D, Lemmen B. Spine injuries in the sport of gymnastics. *Curr Sports Med Rep*. 2009;8(1):20-28. doi:10.1249/JSR.0b013e3181967ca6.
7. Standaert CJ, Herring SA. Spondylolysis: a critical review. *Br J Sports Med. 2000;34(6):415-422. doi:10.1136/bjsm.34.6.415*.
8. Leone A, et al. Lumbar spondylolysis: a review. *Skeletal Radiol.* 2011;40:683-700.
9. Kobayashi A, et al. Diagnosis of radiographically occult lumbar spondylolysis in young athletes by magnetic resonance imaging. *Am J Sports Med.* 2013;41:169-76.
10. Fujii K, Katoh S, Sairyo K, et al. Union of defects in the pars interarticularis of the lumbar spine in children and adolescents: the radiologic outcome after conservative treatment. *J Bone Joint Surg Br.* 2004;86:225-31.
11. Puhakka KB, Jurik AG, Schiottz-Christensen B, et. al. Magnetic resonance imaging of sacroiliitis in early seronegative spondyloarthropathy. Abnormalities correlated to clinical and laboratory findings. *Rheumatology.* 2004;43(2):234-237.
12. Expert Panel on Pediatric Imaging:; Booth TN, Iyer RS, Falcone RA Jr, Hayes LL, Jones JY, Kadom N, Kulkarni AV, Myseros JS, Partap S, Reitman C, Robertson RL, Ryan ME, Saigal G, Soares BP, Tekes-Brady A, Trout AT, Zumberge NA, Coley BD, Palasis S. ACR Appropriateness Criteria® Back Pain-Child. J Am Coll Radiol. 2017 May;14(5S):S13-S24. doi: 10.1016/j.jacr.2017.01.039. PMID: 28473069.
13. Bellah RD, Summerville DA, Treves ST, Micheli LJ. Low-back pain in adolescent athletes: detection of stress injury to the pars interarticularis with SPECT. *Radiology*. 1991 Aug;180(2):509-12. doi: 10.1148/radiology.180.2.1829845. PMID: 1829845.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Lumbar Spinal Stenosis (SP-9)

Guideline

Lumbar Spinal Stenosis (SP-9.1)
Evidence Discussion (SP-9)
References (SP-9)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Lumbar Spinal Stenosis (SP-9.1)

SP.ST.0009.1.A
v2.0.2025

- MRI Lumbar Spine without contrast (CPT® 72148) or CT Lumbar Spine without contrast (CPT® 72131) is indicated for those individuals with clinical suspicion of lumbar spinal stenosis if:
  - Failure of 6 week trial of provider-directed treatment and clinical re-evaluation (see also: **General Guidelines (SP-1.0)**); ***or***
  - Red Flag Indications (see: **Red Flag Indications (SP-1.2)**); ***or***
  - Severe symptoms of neurogenic claudication restricting normal activity or requiring the frequent use of narcotic analgesics
- A CT/Myelogram Lumbar Spine (CPT® 72132) may also be considered for individuals who have failed 6-weeks of provider-directed treatment if requested by the operating surgeon for surgical planning, especially for multi-level lumbar spinal stenosis.

Background and Supporting Information

Lumbar spinal stenosis refers to a decrease in the space available for the neural elements within the spinal canal that include spinal nerve roots and the cauda equina. It is usually a degenerative condition of the aging spine which can be asymptomatic or a common cause of buttock/low back and/or leg pain (neurogenic claudication) in this population. Neurogenic claudication is a common symptom of lumbar spinal stenosis that is aggravated by walking, especially down hills or stairs, with prolonged standing and is often relieved by sitting and bending forward. Neurogenic claudication should be differentiated from vascular claudication (leg/calf pain) that is often aggravated by walking and relieved fairly rapidly by stopping and rest. The differential diagnosis for lumbar spinal stenosis should include peripheral vascular disease, hip disorders and peripheral neuropathy.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Evidence Discussion (SP-9)

v2.0.2025

A presumptive diagnosis of symptomatic lumbar stenosis can be made with the history and physical examination. Imaging can help differentiate neurogenic claudication from vascular claudication. MRI or CT may confirm the presence of spinal stenosis. The American College of Radiology Appropriateness Criteria for low back pain (revised 2021) states MRI may be helpful when there is low back pain with radiculopathy or signs of spinal stenosis. Bony findings can be seen better on CT and soft-tissue lesions are more detectable on MRI. In patients with subacute or chronic low back pain with or without radiculopathy that is a surgical or intervention candidate with persisting symptoms after six weeks of conservative treatment, CT lumbar spine without IV contrast can also be used to assess facets and neural foramina and is equal to MRI for predicting significant spinal stenosis. For those not responsive to conservative treatment surgery should be considered. A prospective cohort study evaluating patient outcomes two years after spine surgery for spinal stenosis showed patients had better outcomes than patients who did not have surgery.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

References (SP-9)

v2.0.2025

1. Hutchins TA, Peckham M, Shah LM, et al. ACR Appropriateness Criteria® Low Back Pain. Available at https://acsearch.acr.org/docs/69483/Narrative/. American College of Radiology. Revised 2021.
2. North Am Spine Society, Clinical guidelines for multidisciplinary spine care specialists: spinal stenosis. Version 1.02002. http://www.guideline.gov.
3. Highlights from the 2007 North American Spine Society Meeting. Sg2 Web Seminar, November 8, 2007.
4. Tosteson ANA, Lurie JD, Tosteson TD, et al. Surgical treatment of spinal stenosis with and without degenerative spondylolisthesis: cost-effectiveness after 2 years. *Ann Intern Med*. 2008;149(12):845-853. doi:10.7326/0003-4819-149-12-200812160-00003
5. Katz JN, Harris MB. Clinical practice. Lumbar spinal stenosis. *N Engl J Med.* 2008;358:818-825.
6. Deyo RA, Rainville J, Kent DL. What can the history and physical examination tell us about low back pain? *JAMA*. 1992; 268(6):760-765.
7. Devin CJ, McCullough KA, Morris BJ, et al. Hip-spine syndrome. *J Am Acad Orthrop Surg*. 2012;20:434-442.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Sacro-Iliac (SI) Joint Pain, Inflammatory Spondylitis/Sacroiliitis and Fibromyalgia (SP-10)

Guideline

Sacro-Iliac (SI) Joint Pain/Sacroiliitis (SP-10.1)
Inflammatory Spondylitis (SP-10.2)
Fibromyalgia (SP-10.3)
Evidence Discussion (SP-10)
References (SP-10)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Sacro-Iliac (SI) Joint Pain/Sacroiliitis (SP-10.1)

SP.SI.0010.1.A
v2.0.2025

- CT Pelvis without contrast (CPT® 72192) or MRI Pelvis without contrast (CPT® 72195) is indicated if:
  - Initial plain x-rays are equivocal or not diagnostic; ***and***
  - Failure of 6 weeks of provider-directed treatment and clinical re-evaluation (see also: **General Guidelines (SP-1.0)**); ***or***
  - Any ONE of the following:
    - Fractures of the sacrum or sacroiliac joint(s); ***or***
    - See: **Red Flag Indications (SP-1.2)**; ***or***
    - Preoperative planning
- MRI Pelvis without and with contrast as indicated for pediatric individuals with juvenile idiopathic arthritis.
- Suspicion of neoplastic, inflammatory, or infectious disease:
  - MRI Pelvis without and with contrast (CPT® 72197) or MRI Pelvis without contrast (CPT® 72195)
  - CT Pelvis without contrast (CPT® 72192) if MRI is contraindicated
- See: **Rheumatoid Arthritis (RA) and Inflammatory Arthritis (MS-15.1)** in the Musculoskeletal Imaging Guidelines

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Inflammatory Spondylitis (SP-10.2)

SP.SI.0010.2.A
v2.0.2025

- Initial plain x-rays are equivocal or not diagnostic:
  - MRI without and with contrast or MRI without contrast of the affected spinal region
    - CT without contrast of the affected spinal region if MRI is contraindicated
- Follow up imaging for treatment response or disease progression:
  - Repeat plain x-rays show no progression of disease of the SI joints, or SI joints and spine area of interest then,[10]
    - MRI sacroiliac joints (MRI pelvis) without and with contrast (CPT® 72197) AND MRI Spine area of interest without and with contrast) **OR**
    - MRI sacroiliac joints (MRI pelvis) without contrast (CPT® 72195) AND MRI Spine area of interest without contrast **OR**
    - MRI sacroiliac joints (MRI pelvis) without and with contrast (CPT® 72197) **OR**
    - MRI sacroiliac joints (MRI pelvis) without contrast (CPT® 72195)[10]
- For those with documented ankylosing spondylitis or DISH (diffuse idiopathic skeletal hyperostosis) and spine pain following trauma, plain x-rays are not required prior to advanced imaging.
  - See: **Neck Trauma (SP-3.2)**, **Upper Back Trauma (SP-4.2)**, **Low Back Trauma (SP-6.2)**

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Fibromyalgia (SP-10.3)

SP.DI.0010.3.A
v2.0.2025

- Advanced diagnostic imaging is not supported by the scientific evidence for the evaluation and treatment of fibromyalgia.

Background and Supporting Information

- Sacroiliitis can present with pain localized to the SI joint or referred pain to the buttock and/or posterior thigh without neurologic signs or symptoms. Affected individuals can often point to the SI joint as the pain source. Provocative and/or therapeutic SI joint anesthetic/corticosteroid injections can have diagnostic value.
- There is no evidence demonstrating that advanced diagnostic imaging substantiates changes to individual management decisions in individuals with proven SI joint disorders when visible on routine plain x-rays.
- MRI has shown inflammatory changes in the SI joints prior to visible x-ray changes in several studies. However, the ability of MRI to characterize inflammation in early ankylosing spondylitis, the ability of MRI to predict erosive changes, and the value of monitoring treatment effects using serial MRI studies remains controversial in adults.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Evidence Discussion (SP-10)

v2.0.2025

For individuals with proven sacro-iliac joint disorders visible on routine plain x-rays, there is no evidence that advanced diagnostic imaging substantiates changes to individual management decisions.

X-rays are first line imaging for suspected inflammatory sacroiliitis but have a low sensitivity for detecting abnormalities in early disease, and x-ray findings may not be visible until several years after onset of symptoms. SI Joint MRI is appropriate when X-ray is equivocal or nondiagnostic. There is increase the diagnostic accuracy of MRI in sacroiliitis with use of contrast. Contrast use benefits must be weighed against potential disadvantages of need for IV access, potential risk for nephrogenic systemic fibrosis or contrast reaction, and increased cost. If a patient is unable to undergo MRI, a noncontrast CT may be helpful as it has improved sensitivity over conventional radiography for detection of subtle erosions, although it lacks sensitivity for inflammatory changes of inflammatory sacroiliitis.

In juvenile idiopathic arthritis, x-ray findings such as bone erosions tend to occur late in the disease, and early signs of inflammation such as synovitis are undetectable on x-rays. MRI is useful to detect synovitis and bone marrow edema to direct treatment with disease-modifying medications to prevent long-term disability. MRI can also detect extraarticular inflammatory lesions such as tenosynovitis and enthesitis, which are not seen on x-ray. However, MRI exams are lengthy, require IV contrast for increased sensitivity, and may require sedation in younger pediatric patients.

With suspected inflammatory spondylitis, x-rays are useful to assess for structural changes of syndesmophytes, erosions, vertebral body squaring, and ankylosis. When x-rays are nondiagnostic, MRI (with or with contrast) can demonstrate active inflammatory changes. The value of monitoring treatment response using serial MRIs remains controversial and investigational in adults.

Plain x-rays are not required prior to advanced imaging in individuals with documented ankylosing spondylitis or DISH (diffuse idiopathic skeletal hyperostosis) and spine pain following trauma, due to high risk of spinal fractures even with low-energy trauma and the low specificity for fracture detection on x-ray in these individuals.

Advanced diagnostic imaging is not supported by scientific evidence for the evaluation and treatment of fibromyalgia.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

References (SP-10)

v2.0.2025

1. Puhakka KB, Jurik AG, Schiottz-Christensen B, et al. Magnetic resonance imaging of sacroiliitis in early seronegative spondylarthropathy. Abnormalities correlated to clinical and laboratory findings. *Rheumatology* 2004;43:234-237.
2. Dreyfuss P, Dreyer SJ, Cole A, et al. Sacroiliac joint pain. *Am Acad Orthop Surg.* 2004;12:255-265.
3. Maigne JY, Tamalet B. Standardized radiologic protocol for the study of common coccygodynia and characteristics of the lesions observed in the sitting position. Clinical elements differentiating luxation, hypermobility, and normal mobility. *Spine.* 1996;21:2588-2593.
4. Maigne JY, Doursounian L, Chatellier G. Causes and mechanisms of common coccydynia: role of BMI and coccygeal trauma. *Spine*. 2000;25:3072-3079.
5. Landewe RBM, Hermann KGA, Van Der Heijde DMFM, Baraliakos X, et al. Scoring sacroiliac joints by magnetic resonance imaging. A multiple-reader reliability experiment. *The Journal of Rheumatology*. 2005;32:10.
6. Lambert RGW, Salonen D, Rahman P, Inman RD, et al. Adalimumab significantly reduces both spinal and sacroiliac joint inflammation in patients with ankylosing spondylitis. *Arthritis & Rheumatism*. 2007;56(12):4005-4014.
7. Sheybani EF, Khanna G, White AJ, Demertzis JL. Imaging of juvenile idiopathic arthritis: a multimodality approach. *Radiographics*. 2013;33(5):1253-1273. doi:10.1148/rg.335125178
8. Restropo R, Lee EY, Babyn PS. Juvenile idiopathic arthritis: Current practical imaging assessment with emphasis on magnetic resonance imaging. *RadiolClin N Am*. 2013;51:703-719.
9. Deyo RA, Rainville J, Kent DL. What can the history and physical examination tell us about low back pain? *JAMA*. 1992;268(6):760-765.
10. Bernard SA, Kransdorf MJ, Beaman FD, et. al. Expert Panel on Musculoskeletal Imaging. ACR Appropriateness Criteria®: Chronic Back Pain: Suspected Sacroiliitis/Spondyloarthropathy. American College of Radiology (ACR); Date of Origin: 2016. Revised: 2021. https://acsearch.acr.org/docs/3094107/Narrative/.
11. Lantsman CD, Barkay G, Friedlander A, Barbi M, Stern M, Eshed I. Whole spine CT scan for the detection of acute spinal fractures in Diffuse Idiopathic Skeletal Hyperostosis patients who sustained low-energy trauma. *Spine*. 2020;45(19):1348-1353. doi:10.1097/BRS.0000000000003536.
12. Czuczman GJ, Mandell JC, Wessell DE, et. al. ACR Appropriateness Criteria®: Inflammatory Back Pain: Known or Supected Axial Spondyloarthritis. Available at http://acsearch.acr.org/docs/3094107/Narrative/. American College of Radiology. Revised: 2021.
13. Le HV, Wick JB, Van BW, Klineberg EO. Diffuse idiopathic skeletal hyperostosis of the spine: pathophysiology, diagnosis, and management. *J Am Acad Orthop Surg*. 2021;29:1044-1051. doi:10.5435/JAAOS-D-20-01344.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Spinal Compression Fractures (SP-11)

Guideline

Spinal Compression Fractures (SP-11.1)
Evidence Discussion (SP-11)
References (SP-11)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Spinal Compression Fractures (SP-11.1)

SP.FX.0011.1.A
v2.0.2025

Individuals with no history of malignancy

- MRI without contrast, CT without contrast, or whole body bone scan (CPT® 78306), SPECT (CPT® 78803), or SPECT/CT (CPT® 78830) of the affected spinal region is indicated after plain x-ray evaluation ***and*** the location of the individual's spinal pain is concordant with the spinal x-rays for any ONE of the following:
  - X-rays reveal a new spinal compression fracture; ***or***
  - X-rays are non-diagnostic and severe spinal pain persists for more than one week in an individual already predisposed to low energy/insufficiency fractures; ***or***
  - The acuity of the spinal compression fracture deformity on plain x-ray is indeterminate, ***or***
  - Surgical planning following known insufficiency spinal compression fractures in individuals who are candidates for kyphoplasty, vertebroplasty or other spine surgical procedures

Individuals with a history of malignancy

- For individuals with new symptomatic or asymptomatic vertebral compression fractures on radiographs, please refer to the cancer-specific guidelines within the General Oncology Imaging Guidelines for appropriate imaging studies.
- See also: **Red Flag Indications (SP-1.2)**

Background and Supporting Information

Insufficiency/low energy spinal compression fractures of the spine occur due to the lack of structural integrity to withstand physiologic loads and minor spinal trauma. Low bone mineral density is the primary etiology for most of these fractures but could also occur in the setting of other bone disease and medical conditions, in addition to neoplastic disease and infection. Sudden localized back pain, with or without trauma, is a typical presentation of insufficiency/low energy spinal compression fractures and can often be an incidental finding on plain x-rays and can be asymptomatic.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Evidence Discussion (SP-11)

v2.0.2025

The diagnosis of a spinal compression fracture may be suspected based on history and physical examination. Plain anteroposterior and lateral radiographs should be the initial imaging study obtained for a suspected compression fracture.

For patients (without a known malignancy) with a new symptomatic vertebral compression fracture identified on radiographs, MRI without contrast, CT without contrast, whole body bone scan, SPECT or SPECT/CT is supported by the American College of Radiology Appropriateness Criteria for Management of Vertebral Compression Fractures (revised 2022). Advanced imaging can also be helpful for identifying a fracture that is not well visualized on plain films.

It has been shown that bone marrow signal on MRI can help identify an acute fracture and distinguish ages of compression fractures. Additionally, the benefits of advanced imaging prior to vertebral augmentation have been reported.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (SP-11)

v2.0.2025

1. Hutchins TA, Peckham M, Shah LM, et. al. Expert Panel on Neurologic Imaging. ACR Appropriateness Criteria®: *Low Back Pain*. American College of Radiology (ACR); Date of Origin: 1996. Revised: 2021. https:// acsearch.acr.org/docs/69483/Narrative/.
2. Khan MA, Jennings JW, Baker JC, et. al. ACR Appropriateness Criteria® Management of Vertebral Compression Fractures. Available at https://acsearch.acr.org/docs/70545/Narrative/. American College of Radiology. Revised 2022.
3. Old JL, Calvert M. Vertebral compression fractures in the elderly. *Am Fam Physician*. 2004;69:111-116.
4. Brunton S, Carmichael B, Gold D, et al. Vertebral compression fractures in primary care. *J Fam Practice*. 2005 Sept. (Supplement):781-788.
5. McCarthy J, Davis A. Diagnosis and management of vertebral compression fractures. *Am Fam Physician*. 2016 94:44-50.
6. Deyo RA, Rainville J, Kent DL. What can the history and physical examination tell us about low back pain? *JAMA*. 1992;268(6):760-765.
7. Alexandru D, So W. Evaluation and management of vertebral compression fractures. *Perm J*. 2012;16(4):46-51. doi:10.7812/TPP/12-037
8. McConnell CT, Wippold FJ, Ray CE, et. al. Expert Panels on Neurologic Imaging, Interventional Radiology, and Musculoskeletal Imaging. ACR Appropriateness Criteria®: Management of Vertebral Compression Fractures. American College of Radiology (ACR); Date of Origin: 2010. Revised: 2022. https:// acsearch.acr.org/ docs/70545/Narrative/.
9. Yamato M, Nishimura G, Kuramochi E, Saiki N, Fujioka M. MR appearance at different ages of osteoporotic compression fractures of the vertebrae. *Radiat Med*. 1998;16:329-34.
10. Piazzolla A, Solarino G, Lamartina C, et al. Vertebral Bone Marrow Edema (VBME) in Conservatively Treated Acute Vertebral Compression Fractures (VCFs): Evolution and Clinical Correlations. *Spine (Phila Pa 1976)*. 2015;40:E842-8.
11. Benz BK, Gemery JM, McIntyre JJ, Eskey CJ. Value of immediate preprocedure magnetic resonance imaging in patients scheduled to undergo vertebroplasty or kyphoplasty. *Spine (Phila Pa 1976)*. 2009;34:609-12.
12. Ma X, Wang LX, Wang HL, Jiang L, Lu FZ, Jiang JY. Value of preoperative magnetic resonance imaging measurements in thoracic percutaneous vertebroplasty using unilateral puncture. *Chin Med J (Engl)*. 2010;123(21):2983-2988. doi: 10.3760/cma.j.issn.0366-6999.2010.21.006.
13. Spiegl UJ, Beisse R, Hauck S, Grillhosl A, Buhren V. Value of MRI imaging prior to a kyphoplasty for osteoporotic insufficiency fractures. *Eur Spine J*. 2009;18(9):1287-1292. doi:10.1007/s00586-009-1045-2

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Spinal Pain related to Cancer (SP-12)

Guideline

Spinal Pain related to Cancer (SP-12)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Spinal Pain related to Cancer (SP-12)

SP.CA.0012.A
v2.0.2025

- For guidelines regarding advanced diagnostic imaging in this clinical setting, See **Spinal/Vertebral Metastases (ONC-31.6)**

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Spinal Canal/Cord Disorders (e.g. Syringomyelia) (SP-13)

Guideline

Initial Imaging Pathway (SP-13.1)
Follow-up Imaging (SP-13.2)
Evidence Discussion (SP-13)
References (SP-13)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Initial Imaging Pathway (SP-13.1)

SP.CD.0013.1.A

v2.0.2025

- MRI Cervical Spine without contrast or without and with contrast (CPT® 72141 or CPT® 72156) and MRI Thoracic Spine without contrast or without and with contrast (CPT® 72146 or CPT® 72157) is indicated when syringomyelia is suspected.
- Once a syrinx is identified by prior imaging, the following are indicated:
  - MRI Brain without contrast (CPT® 70551) to evaluate for syringobulbia **AND**
  - MRI Cervical Spine without contrast or without and with contrast (CPT® 72141 or CPT® 72156) if not already performed **AND**
  - MRI Thoracic Spine without contrast or without and with contrast (CPT® 72146 or CPT® 72157) and MRI Lumbar Spine without contrast or without and with contrast (CPT® 72148 or CPT® 72158) to define the lower most extent of the syrinx or to identify a skip lesion.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Follow-up Imaging (SP-13.2)

SP.CD.0013.2.A
v2.0.2025

- MRI Cervical Spine without contrast (CPT® 72141) and MRI Brain without contrast (CPT® 70551) and/or MRI Thoracic Spine without contrast (CPT® 72146) when involved
  - If there is a concern for malignancy, imaging can be performed without and with contrast
  - Annual imaging until non-progression of the syringomyelia is established
  - Following surgical treatment (including posterior fossa decompression)
  - Advanced diagnostic imaging every three years for life can be performed once non-progression of the syringomyelia is established
  - Repeat advanced diagnostic imaging is indicated when there is evidence of neurologic deterioration

Background and Supporting Information

Syringomyelia may begin to form in childhood but rarely becomes symptomatic before the adult years.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Evidence Discussion (SP-13)

v2.0.2025

- MRI of the spinal cord is the modality of choice to characterize the size and extent of a syrinx both at time of original discovery and on follow up imaging.
- MRI of the brain is the modality of choice to characterize syingobubia in the hindbrain.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (SP-13)

v2.0.2025

1. Mancall ER. Syringomyelia. In: Rowland LP, ed. *Merritt's Neurology*. 11th ed. Philadelphia, PA: Lippincott; 2005:870-874.
2. Tsitouras V, Sgouros S. Syringomyelia and tethered cord in children. *Childs Nerv Syst*. 2013;29:1625-1634. doi:10.1007/s00381-013-2180-y.
3. Roth CJ, Angevine PD, Aulino JM, et. al. Expert Panel on Neurologic Imaging. ACR Appropriateness Criteria®: *Myelopathy*. American College of Radiology (ACR); Date of Origin: 1996. Revised: 2020. https://acsearch.acr.org/docs/69484/Narrative/.
4. Ciaramitaro P, Massimi L, et al. Diagnosis and treatment of Chiari malformation and syringomyelia in adults: international consensus document. *Neurological Sciences*. 2022 Feb;43(2):1327-42.
5. Flint G. Syringomyelia: diagnosis and management. *Practical neurology*. 2021 Oct 1;21(5):403-11.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Spinal Deformities (e.g. Scoliosis/ Kyphosis) (SP-14)

Guideline

Spinal Deformities (e.g. Scoliosis/Kyphosis) (SP-14.1)
Revision Anterior Spinal Deformity Surgery (SP-14.2)
Evidence Discussion (SP-14)
References (SP-14)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Spinal Deformities (e.g. Scoliosis/ Kyphosis) (SP-14.1)

SP.SC.0014.1.A

v2.0.2025

- MRI without contrast, MRI without and with contrast, or CT/Myelography if MRI is contraindicated of the affected spinal regions is indicated after plain x-rays (e.g., Cobb radiographs) of the affected spinal regions have been performed and results are available to the requesting provider:
  - For preoperative evaluation; ***or***
  - For cases of congenital scoliosis and other atypical curves that may be associated with spinal canal/cord pathology such as tethered cord, syringomyelia, diastematomyelia, or tumors; ***or***
  - For cases of scoliosis and/or kyphosis when there are associated neurologic signs and symptoms on physical examination; ***or***
  - Scoliosis with a convex left thoracic curve due to a high association of a convex left thoracic curve with underlying spinal canal/cord pathology
- CT of the affected spinal regions (contrast as requested) is indicated in cases with a complex osseous deformity for preoperative evaluation
- CT Angiography (CTA) or MR Angiography (MRA) is not medically necessary for preoperative planning for initial anterior spinal surgery for surgical correction of spinal deformities

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Revision Anterior Spinal Deformity Surgery (SP-14.2)

SP.SC.0014.2.A

v2.0.2025

- If requested by the operating surgeon, the following studies can be performed for preoperative planning for revision of anterior thoracic or lumbar spinal surgery:
  - CTA Pelvis (CPT® 72191) and/or CTA Abdomen (CPT® 74175); **or**
  - MRA Pelvis (CPT® 72198) and/or MRA Abdomen (CPT® 74185)

Background and Supporting Information

- Scoliosis is defined as a curvature of the spine in the coronal plane. Scoliosis can involve any or all levels of the spine but generally involves the thoracic and/or lumbar spine. Scoliosis initially occurs in the pediatric and adolescent population and persists throughout life. If scoliosis begins in adulthood, it is usually secondary to neurologic disorders (e.g., posttraumatic paralysis) or degenerative spondylosis. Sagittal plane spinal deformity (e.g., kyphosis, hyperlordosis) may be associated with scoliosis.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Evidence Discussion (SP-14)

v2.0.2025

Plain radiography continues to be the primary imaging modality for the initial diagnosis of spinal deformity and for follow up of deformity progression. Plain x-rays allow the easy measurement of Cobb angles which remains essential in the evaluation of scoliosis.

Patients with congenital scoliosis, atypical curves (for example, left thoracic) or abnormal neurological findings will benefit from MRI to help identify spinal cord abnormalities. CT is considered the gold standard for the evaluation of osseous structures and can be useful in the evaluation of complex bony deformity. Additionally, MRI and CT can be valuable for preoperative evaluation.

For revision anterior spinal deformity surgery, CT angiography or MR angiography may be indicated, however, concerns associated with these modalities are radiation exposure (CT), availability of the imaging modalities in close proximity to patients, potential out of pocket costs to patients and sensitivity to patient movement (MRI).

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

References (SP-14)

v2.0.2025

1. Boas SR. Kyphoscoliosis: Adolescent Idiopathic Scoliosis and Congenital Scoliosis. In: Kliegman RM, Behrman RE, Jenson HB, et al, eds. *Nelson Textbook of Pediatrics*. 18th ed. Philadelphia, PA: Elsevier; 2007:1843-1844.
2. Spiegel DA, Hosalkar HS, Dormans JP.The Spine. In: Kliegman RM, Behrman RE, Jenson HB, et al., eds. *Nelson Textbook of Pediatrics*. 18th ed. Philadelphia, PA: Elsevier; 2007:2811-2815.
3. Do T, Fras C, Burke S, et al. Clinical value of routine preoperative magnetic resonance imaging in adolescent idiopathic scoliosis. *J Bone Joint Surg Am*. 2001;83:577-579.
4. Dobbs MB, Lenke LG, Szymanski DA, et al. Prevalence of neural axis abnormalities in patients with infantile idiopathic scoliosis. *J Bone Joint Surg Am*. 2002;84:2230-2234.
5. Rao, RD, Smuck M. Orthopaedic Knowledge Update 4: Spine. *AAOS*. 41:477-478.
6. Lieberman JR. AAOS comprehensive orthopaedic review. Rosemont, IL.: *American Academy of Orthopaedic Surgeons*; 2009.
7. Pollak AN, Ficke JR. Extremity war injuries: Challenges in definitive reconstruction. *J Am Acad Orthop Surg*. 2008;16(11):407-417.
8. Swiontkowski MF. The journal of bone and joint surgery. *JBJS*. 1993:75A(9):1308-1317.
9. Bach HG, Goldberg BA. Posterior Capsular Contracture of the Shoulder. *J Am Acad Orthop Surg*. 2006;14(5):101-112.
10. Hedequist, D., Emans, J. Congenital scoliosis. *J Am Acad Orthop Surg*. 2004;12:266–275.
11. Gstottner M, Godny B, Petersen J., et al. CT angiography for anterior lumbar spine access: High radiation exposure and low clinical relevance. *Clin Orthop Relat Res*. 2011;469(3):819-824. doi:10.1007/s11999-010-1520-4
12. Kim H, Kim HS, Moon ES, et al. Scoliosis Imaging: what radiologists should know. *Radiographics*. 2010;30:1823-1842.
13. Calloni SF, Huisman TA, Poretti A, Soares BP. Back pain and scoliosis in children: When to image, what to consider. *Neuroradiol J*. 2017 Oct;30(5):393-404. doi:10.1177/1971400917697503
14. Wright N. Imaging in scoliosis. *Arch Dis Child*. 2000 Jan;82(1):38-40. doi:10.1136/adc.82.1.38 (references the below 2 articles)
15. Winter RB, Lonstein JE, Denis F, Koop SE. Prevalence of spinal canal or cord abnormalities in idiopathic, congenital, and neuromuscular scoliosis. *Orthopedic Transcripts*. 1992; 16:135.
16. Barnes PD, Brody JD, Jaramillo D, Akbar JU, Emans JB. Atypical idiopathic scoliosis: MR imaging evaluation. *Radiology.* 1993;186:247–53
17. Belmont PJ, Jr., Kuklo TR, Taylor KF, Freedman BA, Prahinski JR, Kruse RW. Intraspinal anomalies associated with isolated congenital hemivertebra: the role of routine magnetic resonance imaging. *J Bone Joint Surg Am.* 2004;86-A:1704-10.
18. Ozturk C, Karadereler S, Ornek I, Enercan M, Ganiyusufoglu K, Hamzaoglu A. The role of routine magnetic resonance imaging in the preoperative evaluation of adolescent idiopathic scoliosis. *Int Orthop*. 2010 Apr;34(4):543-546. doi:10.1007/s00264-009-0817-y
19. Garg, B., Aryal, A. (2023). Preoperative Evaluation and Imaging in AIS. In: Zacharia, B., Raja, S.D.C., KV, N. (eds) *Paediatric Scoliosis*. Springer, Singapore.
20. Negrini S, Donzelli S, Aulisa AG, et al. 2016 SOSORT guidelines: orthopaedic and rehabilitation treatment of idiopathic scoliosis during growth. *Scoliosis Spinal Disord*. 2018;13:3. Published 2018 Jan 10. doi:10.1186/s13013-017-0145-8
21. Watson RE, Yu L. Safety Considerations in MRI and CT. *Continuum (Minneap Minn)*. 2023 Feb 1;29(1):27-53.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Post-Operative Spinal Disorders (SP-15)

Guideline

Greater than Six Months Post-Operative (SP-15.1)
Routine Post-Fusion Imaging (SP-15.2)
Prolonged Intractable Pain Following Spinal Surgery Within Six Months (SP-15.3)
Revision Anterior Fusion Surgery (SP-15.4)
Evidence Discussion (SP-15)
References (SP-15)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Greater than Six Months Post-Operative (SP-15.1)

SP.OP.0015.1.A
v2.0.2025

- Following plain x-rays of the affected spinal regions post-surgical with results available to the requesting provider, MRI without and with contrast, MRI without contrast, or CT without contrast of the affected spinal region(s) is indicated when:
  - Individual is more than six months post-operative; ***and***
  - No significant improvement after a recent (within 12 weeks) six week trial of provider-directed treatment with clinical re-evaluation; ***or***
  - See: **Red Flag Indications (SP-1.2)**
- See: **Nuclear Medicine (SP-17)** for nuclear medicine imaging when MRI/CT are nondiagnostic in back pain with suspected failed fusion surgery

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Routine Post-Fusion Imaging (SP-15.2)

SP.OP.0015.2.A
v2.0.2025

- Following a clinically successful spinal fusion, advanced diagnostic imaging is generally not indicated.
- **PET** is not currently indicated for the routine assessment of spinal fusions or unsuccessful spine surgery (see also: **Spine PET (SP-2.10)**).

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Prolonged Intractable Pain Following Spinal Surgery Within Six Months (SP-15.3)

SP.OP.0015.3.A

v2.0.2025

- Following plain x-rays of the affected spinal regions post-surgical with results available to the requesting provider, MRI without and with contrast of the affected spinal region(s) is indicated if there are residual, new, recurrent, or worsening symptoms related to the surgical site.
  - CT without contrast, or CT with contrast (Myelography) of the affected spinal region(s) if MRI is contraindicated.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Revision Anterior Fusion Surgery (SP-15.4)

SP.OP.0015.4.A

v2.0.2025

- If requested by the operating surgeon, the following studies for preoperative planning prior to surgical revision of a thoracic or lumbar anterior spinal arthrodesis:
  - CTA Pelvis (CPT® 72191) and/or CTA Abdomen (CPT® 74175); *or*
  - MRA Pelvis (CPT® 72198) and/or MRA Abdomen (CPT® 74185)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Evidence Discussion (SP-15)

v2.0.2025

Despite advances made in high-resolution spinal imaging, plain films remain integral in providing optimal care for spine patients and continue to provide critical information that cannot be obtained with other imaging modalities. X-ray imaging with anteroposterior, lateral, oblique and flexion-extension views is considered the primary imaging modality for postoperative evaluation and can provide complementary information to advanced imaging. X-rays can provide information as to whether a concomitant instability is present which would further assist with pre-operative planning. Also, when prior surgery is a concern, x-ray provides additional clinical information as to the details of the hardware for which this detail can many times be obscured with advanced imaging techniques (MRI/CT). An x-ray often has a larger field-of-view than an MRI or CT and has the potential to identify more proximal or distal pathology in the spine that could ultimately assist in determining the patient's diagnosis. X-rays can also determine whether an advanced diagnostic imaging study is actually needed, what specific advanced diagnostic imaging study is warranted and if contrast is required.

There are risks associated with advanced imaging including but not limited to radiation exposure, implanted device complications, metallic foreign body complications and contrast complications. Studies have also linked the increase rate of imaging with the increase rate of surgery and also found early magnetic resonance imaging (MRI) had an eightfold increased risk of surgery.

Although most patients with acute neck or back pain will improve with 6 weeks of conservative care, conservative care would not be necessary for patients with prolonged intractable pain present within 6 months of surgery or if a red flag indication was present. In general, initial plain x-rays and an initial course of conservative care can provide a significant clinical benefit that would outweigh the clinical harm from perhaps briefly delaying advanced imaging if needed. A course of conservative care or plain x-ray findings many times may obviate the need for advanced imaging which possess their own set of significant risks.

For revision thoracic or lumbar anterior spinal arthrodesis, CT angiography or MR angiography may be indicated, however, risks are present with these modalities including radiation exposure (CT), availability of the imaging modalities in close proximity to patients, potential out-of-pocket costs to patients, and sensitivity to patient movement (MRI).

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

References (SP-15)

v2.0.2025

1. Hayashi D, Roemer FW, Mian A, Gharaibeh M, et al. Imaging features of post-operative complications after spinal surgery and instrumentation. *AJR Am J Roentgenol*. 2012;199(1):W123-W129. doi:10.2214/AJR.11.6497.
2. Thakkar RS, Malloy JP, Thakkar SC, Carrino JA, Khanna AJ. Imaging the post-operative spine. *Rad Clin North Am*. 2012;50:731-747.
3. Kathuria S. Post-vertebral augmentation spine imaging. *Neuroimaging Clin N Am*. 2014;24(2):337-347.
4. Savage JW, Schroeder GD, Anderson PA. Vertebroplasty and kyphoplasty for the treatment of osteoporotic vertebral compression fractures. *J Am Acad Orthop Surg*. 2014;22:653-664.
5. Gstottner M, Godny B, Petersen J., et al. CT angiography for anterior lumbar spine access: high radiation exposure and low clinical relevance. *Clin Orthop Relat Res*. 2011;469(3):819-824. doi:10.1007/s11999-010-1520-4
6. Goodwin ML, Buchowski JM, Sciubba DM. Why X-rays? The importance of radiographs in spine surgery. *Spine J*. 2022 Nov;22(11):1759-1767.
7. Hutchins TA, Peckham M, Shah LM, et al. ACR Appropriateness Criteria® Low Back Pain. Available at https://acsearch.acr.org/docs/69483/Narrative/. American College of Radiology. Revised 2021.
8. Chou R, Fu R, Carrino JA, et al. Imaging strategies for low-back pain: systematic review and meta-analysis. *Lancet*. 2009;373:463-472.
9. Childress MA, Becker BA. Nonoperative management of cervical radiculopathy. *Am Fam Physician*. 2016;93(9):746-54.
10. Watson RE, Yu L. Safety Considerations in MRI and CT. *Continuum (Minneap Minn)*. 2023 Feb 1;29(1):27-53.
11. Shubha SV, Deyo RA, Berger ZD. Application of "Less is More" to Low Back Pain. *Arch Intern Med.* 2012;172(13):1016-1020.
12. Webster BS, Cifuentes M. Relationship of early magnetic resonance imaging for work-related acute low back pain with disability and medical utilization outcomes. *J Occup Environ Med*. 2010;52:900-907.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Other Imaging Studies and Procedures Related to the Spine Imaging Guidelines (SP-16)

Guideline

Prior to Spine Surgery (SP-16.1)
Prior to Interventional Spinal Injections (SP-16.2)
Prior to Spinal Cord Stimulator (SCS) Placement/Removal (SP-16.3)
Following Vertebral Augmentation Procedures (SP-16.4)
Evidence Discussion (SP-16)
References (SP-16)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Prior to Spine Surgery (SP-16.1)

SP.OI.0016.1.A
v2.0.2025

- Advanced imaging needed for surgical planning (e.g., MRI and/or CT) should be performed within the past six (6) months for preoperative planning prior to spine surgery when the criteria for advanced imaging studies of the spine are met as otherwise stated in the Spine Imaging Guidelines. (See: **MRI of the Spine [SP-2.2]**, **CT of the Spine [SP-2.3]**, **CT/Myelography [SP-2.4]**)
- MR Angiography (MRA) and CT Angiography (CTA) are generally not indicated for preoperative planning of initial anterior spinal surgery unless abnormal vasculature is known or reasonably anticipated.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Prior to Interventional Spinal Injections (SP-16.2)

SP.OI.0016.2.A
v2.0.2025

- Advanced diagnostic imaging studies of the spine are not required prior to facet joint injections, medial branch blocks or radiofrequency ablations unless the criteria for advanced imaging studies of the spine are met as otherwise stated in the Spine Imaging Guidelines.
- Advanced diagnostic imaging studies of the cervical spine and/or thoracic spine are indicated within twenty-four (24) months prior to interlaminar or transforaminal epidural steroid injections of the cervical and/or thoracic spine when the criteria for advanced imaging studies of the spine are met as otherwise stated in the Spine Imaging Guidelines.
- Advanced diagnostic imaging studies of the lumbar spine are indicated prior to transforaminal epidural steroid injections of the lumbar spine when the criteria for advanced imaging studies of the spine are met as otherwise stated in the Spine Imaging Guidelines.
- Advanced diagnostic imaging studies of the lumbar spine are not required prior to lumbar spine interlaminar or caudal epidural steroid injections unless the criteria for advanced imaging studies of the spine are met as otherwise stated in the Spine Imaging Guidelines.
- For an individual with evidence of symptomatic spinal stenosis, MRI or CT with or without myelography demonstrating severe spinal stenosis at the level to be treated within the past twenty-four (24) months is required for an initial trial of a transforaminal, interlaminar or caudal epidural steroid injection when ALL of the following criteria are met:
  - Diagnostic evaluation has ruled out other potential causes of pain
  - Significant functional limitations resulting in diminished quality of life and impaired age-appropriate activities of daily living (ADLs)
  - Failure of at least four (4) weeks of conservative treatment (e.g., exercise, physical methods including physical therapy and/or chiropractic care, NSAIDs, and/or muscle relaxants)
- See: **Red Flag Indications (SP-1.2)** for severe radicular pain

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Prior to Spinal Cord Stimulator (SCS) Placement/Removal (SP-16.3)

SP.OI.0016.3.A

v2.0.2025

- MRI Thoracic Spine without contrast (CPT® 72146) is generally the study of choice prior to SCS placement. CT Thoracic Spine without contrast (CPT® 72128) **OR** CT/ Myelography Thoracic Spine (CPT® 72129) are acceptable alternatives.
- Imaging of the lumbar spine is not indicated for placement nor removal of spinal cord stimulators.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Following Vertebral Augmentation Procedures (SP-16.4)

SP.OI.0016.4.A

v2.0.2025

- CT without contrast of the affected spinal region(s) within 24 hours post-procedure to evaluate neurologic sequelae resulting from cement extravasation

Background and Supporting Information

- MRI has not been shown to change the outcome of interventional pain procedures in recent scientific evidence-based studies and without substantial change in the clinical picture or intervening surgery. Repeat advanced diagnostic imaging studies are not necessary with each spinal injection or series of spinal injections.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Evidence Discussion (SP-16)

v2.0.2025

- Advanced imaging needed for surgical planning (e.g., MRI and/or CT) should be performed for preoperative planning prior to spine surgery. MRA and CTA are generally not indicated for preoperative planning of initial anterior spinal surgery unless abnormal vasculature is known or reasonably anticipated.
- Advanced diagnostic imaging studies of the spine are not required prior to facet joint injections, medial branch blocks or radiofrequency ablations unless the criteria for advanced imaging studies of the spine are met as otherwise stated in the Spine Imaging Guidelines.
- MRI Thoracic Spine without contrast is generally the study of choice prior to SCS placement, however, CT Thoracic Spine without contrast or CT/ Myelography Thoracic Spine are acceptable alternatives. Imaging of the lumbar spine is not indicated for placement nor removal of spinal cord stimulators.
- CT without contrast of the affected spinal region(s) within 24 hours post-procedure to evaluate neurologic sequelae resulting from cement extravasation.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (SP-16)

v2.0.2025

1. Cohen SP, Gupta A, Strassels SA, et al. Effect of MRI on treatment results or decision making in patients with lumbosacral radiculopathy referred for epidural steroid injections. *Arch Intern Med*. 2012;172:134-142. doi:10.1001/archinternmed.2011.593.
2. North American Spine Society (NASS) Coverage Committee. *Lumbar Epidural Injections: Defining Appropriate Coverage Positions*. About Coverage Recommendations. https://www.spine.org/PolicyPractice/CoverageRecommendations/AboutCoverageRecommendations.aspx.
3. Rathmell JP, Benzon HT, Dreyfuss P, et al. Safeguards to prevent neurologic complications after epidural steroid injections. *Anesthesiology*. 2015;122(5):974-984. doi:10.1097/aln.0000000000000614.
4. Ghahreman A, Ferch R, Bogduk N. The efficacy of transforaminal injection of steroids for the treatment of lumbar radicular pain. *Pain Medicine*. 2010;11:1149-1168.
5. Ghaly RF, Lissounov A, Candido KD, Knezevic NN. Should routine MRI of the lumbar spine be required prior to lumbar epidural steroid injection for sciatica pain? *Surg Neuro Int*. 2015;6:48. Published 2015 Mar 25. doi:10.4103/2152-7806.153888
6. Benzon HT, Huntoon MA, Rathmell JP. Improving the safety of epidural steroid injections. *JAMA*. 2015;313:1713-1714.
7. Cohen SP, Maus T. Point/Counterpoint-The need for magnetic resonance imaging before epidual corticosteroid injection. *American Academy of Physical Medicine and Rehabilitation*. 2013;5:230-237.
8. Shim E, Lee JW, Lee E, et al. Fluoroscopically guided epidural injections of the cervical and lumbar spine. *RadioGraphics*. 2017; 37:537–561.
9. Curtis S. MRI Scan of the Spine. Published October 24, 2022. https://www.spine-health.com/treatment/diagnostic-tests/mri-scan-spine.
10. Hutchins TA, Peckham M, Shah LM, et al. ACR Appropriateness Criteria® Low Back Pain. Available at https://acsearch.acr.org/docs/69483/Narrative/. American College of Radiology. Revised 2021.
11. Benjamin J Best, Mokshal H Porwal, Peter A Pahapill. Preoperative Thoracic Spine Magnetic Resonance Imaging for Spinal Cord Stimulation: Should Such a Recommendation Be an Absolute Requirement? *Neuromodulation.* 2022 Jul;25(5):758-762.
12. Baek IH, Park HY, Kim KW, Jang TY, Lee JS. Paraplegia due to intradural cement leakage after vertebroplasty: a case report and literature review. *BMC Musculoskelet Disord*. 2021;22(1):741. Published 2021 Aug 28. doi:10.1186/s12891-021-04625-7

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Nuclear Medicine (SP-17)

Guideline

Nuclear Medicine (SP-17)
Evidence Discussion (SP-17)
References (SP-17)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Nuclear Medicine (SP-17)

SP.FX.0017.A
v2.0.2025

- For evaluation of suspected loosening of orthopedic implants, when recent plain x-ray is nondiagnostic:
  - Bone scan (CPT® 78315) **OR**
  - Distribution of Radiopharmaceutical Agent SPECT (CPT® 78803, or 78831) **OR**
  - SPECT/CT (CPT® 78830)
- Back pain with suspected failed fusion surgery, with suspected painful pseudoarthrosis and MRI/CT are nondiagnostic:
  - Radiopharmaceutical Localization SPECT (CPT® 78803, or 78831) **OR**
  - SPECT/CT (CPT® 78830)
- Any of the following studies are indicated for initial evaluation of suspected osteomyelitis:
  - Bone scan (one of CPT® codes: 78300, 78305, 78306, or 78315) **OR**
  - Distribution of Radiopharmaceutical Agent SPECT (CPT® 78803) **OR**
  - Nuclear Bone Marrow imaging (one of CPT® codes: 78102, 78103, or 78104) **OR**
  - Radiopharmaceutical inflammatory imaging (one of CPT® codes: 78800, 78801, 78802) **OR**
  - Distribution Of Radiopharmaceutical Agent SPECT (CPT® 78803 or 78831) **OR**
  - SPECT/CT (CPT® 78830 or 78832)
- For follow-up imaging, any of the following studies are indicated for evaluation of response to treatment in established osteomyelitis. The appropriate follow-up advanced imaging time frame will depend on the nature of the underlying disease and prior imaging:
  - Bone scan (one of CPT® codes: 78300, 78305, 78306, or 78315) **OR**
  - Nuclear Bone Marrow imaging (one of CPT® codes: 78102, 78103, or 78104)
- For evaluation of facet arthropathy in individuals with ankylosing spondylitis, osteoarthritis, or rheumatoid arthritis:
  - Radiopharmaceutical Localization Inflammatory Imaging (one of CPT® codes: 78800, 78801, 78802, or 78803) **OR**
  - Distribution Of Radiopharmaceutical Agent SPECT (CPT® 78803) **OR**
  - SPECT/CT (CPT® 78830)
- For the evaluation of back pain and suspected spondylolysis:
  - Radiopharmaceutical Agent SPECT (CPT® 78803 or 78831) **OR**
  - SPECT/CT (CPT® 78830 or 78832)[2,3,4]
- For the evaluation of a new symptomatic compression fracture identified on radiographs or CT, and no known malignancy:

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

- Whole body bone scan with add on SPECT (CPT® 78803) or SPECT/CT (CPT® 78830)
- See also: **Spinal Compression Fractures (SP-11.1)**

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Evidence Discussion (SP-17)

v2.0.2025

The American College of Radiology Appropriateness Criteria for low back pain (revised 2021) states that CT or MRI imaging may be considered for patients with spinal issues who have had failed at least 6 weeks of medical management or physical therapy. For most patients with spine issues, MRI and or CT is the study of choice after failed conservative treatments. There is no relevant literature to support the use of bone scan with single-photon emission CT (SPECT) or SPECT/CT in the initial evaluation of acute uncomplicated LBP.

Given the risk of radiation from nuclear medicine imaging it is important to carefully select the proper patient indication. Based on American College of Radiology Appropriateness Criteria for low back pain (revised 2021) and also supported by literature nuclear medicine is used infrequently but is supported for the following indication:

- Structures with abnormal morphology on conventional imaging may not be the cause of LBP. Evidence suggests possible utility of bone scan with SPECT or SPECT/CT as a functional modality to localize the source of LBP, particularly for facet arthropathy.
- SPECT bone scan is the reference standard for detection of radiographically occult active spondylolysis in the young patient.
- Bone scan with SPECT/CT is usually not used for initial imaging but can be useful for radiographically occult fractures and can be used to evaluate acuity of vertebral fracture.
- Bone scan can be used for suspected loosening of orthopedic implants and failed fusion surgery, when recent plain x-ray is nondiagnostic. MRI evaluation of these patients can be significantly limited due to metal artifact from the implants.
- Bone scan and WBS labeled scans can be used for suspected spinal osteomyelitis.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

References (SP-17)

v2.0.2025

1. Hutchins TA, Peckham M, Shah LM, et al. ACR Appropriateness Criteria® Low Back Pain. Available at https://acsearch.acr.org/docs/69483/Narrative/. American College of Radiology. Revised 2021.
2. Harvey CJ, Richenberg JL, Saifuddin A, Wolman RL. The radiological investigation of lumbar spondylolysis. *Clin Radiol*. 1998 Oct;53(10):723-8. doi: 10.1016/s0009-9260(98)80313-9. PMID: 9817088.
3. Expert Panel on Pediatric Imaging:; Booth TN, Iyer RS, Falcone RA Jr, Hayes LL, Jones JY, Kadom N, Kulkarni AV, Myseros JS, Partap S, Reitman C, Robertson RL, Ryan ME, Saigal G, Soares BP, Tekes-Brady A, Trout AT, Zumberge NA, Coley BD, Palasis S. ACR Appropriateness Criteria® Back Pain-Child. *J Am Coll Radiol*. 2017 May;14(5S):S13-S24. doi: 10.1016/j.jacr.2017.01.039. PMID: 28473069.
4. Bellah RD, Summerville DA, Treves ST, Micheli LJ. Low-back pain in adolescent athletes: detection of stress injury to the pars interarticularis with SPECT. *Radiology.* 1991 Aug;180(2):509-12. doi: 10.1148/radiology.180.2.1829845. PMID: 1829845.
5. Russo VM, Dhawan RT, Baudracco I, Dharmarajah N, Lazzarino AI, Casey AT. Hybrid Bone SPECT/CT Imaging in Evaluation of Chronic Low Back Pain: Correlation with Facet Joint Arthropathy. *World Neurosurg*. 2017;107:732-38.
6. Matesan M, Behnia F, Bermo M, Vesselle H. SPECT/CT bone scintigraphy to evaluate low back pain in young athletes: common and uncommon etiologies. *J Orthop Surg Res*. 2016;11(1):76. doi:10.1186/s13018-016-0402-1

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Table of Contents

Guideline

General Guidelines (PEDAB-1)
Generalized Abdominal Pain (PEDAB-2)
Right Lower Quadrant Pain (PEDAB-3)
Flank Pain, Renal Stone (PEDAB-4)
Urinary Tract Infection (UTI) (PEDAB-5)
Pediatric Acute Gastroenteritis (PEDAB-6)
Hematuria (PEDAB-7)
Right Upper Quadrant Pain (PEDAB-8)
Inflammatory Bowel Disease, Crohn Disease, or Ulcerative Colitis (PEDAB-9)
Abdominal Sepsis (Suspected Abdominal Abscess) (PEDAB-10)
Postoperative Pain within 60 Days Following Abdominal Surgery (PEDAB-11)
Constipation, Diarrhea, and Irritable Bowel Syndrome (PEDAB-12)
Abdominal Mass (PEDAB-13)
Renovascular Hypertension and Other Secondary Causes of Hypertension (PEDAB-14)
Liver Lesion Characterization (PEDAB-15)
Liver Disease (PEDAB-16)
Adrenal Lesions (PEDAB-17)
Hemochromatosis (PEDAB-18)
Indeterminate Renal Lesion (PEDAB-19)
Hydronephrosis (PEDAB-20)
Polycystic Kidney Disease (PEDAB-21)
Blunt Abdominal Trauma (PEDAB-22)
Hernias (PEDAB-23)
Abdominal Lymphadenopathy (PEDAB-24)
Left Upper Quadrant Pain (PEDAB-25)
Spleen (PEDAB-26)
Intussusception (PEDAB-27)
Bowel Obstruction (PEDAB-28)
Left Lower Quadrant Pain (PEDAB-29)
Celiac Disease (Sprue) (PEDAB-30)
Transplant (PEDAB-31)
Gaucher Disease (PEDAB-32)
Vomiting Infant, Malrotation, and Hypertrophic Pyloric Stenosis (PEDAB-33)
Pancreatitis (PEDAB-34)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

General Guidelines (PEDAB-1)

Guideline

Procedure Codes Associated with Abdomen Imaging
General Guidelines (PEDAB-1.0)
Pediatric Abdominal Imaging Age Considerations (PEDAB-1.1)
Pediatric Abdomen Imaging Appropriate Clinical Evaluation and Conservative Treatment (PEDAB-1.2)
Pediatric Abdomen Imaging Modality General Considerations (PEDAB-1.3)
References (PEDAB-1)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Procedure Codes Associated with Abdomen Imaging

ABP.GG.Procedure Codes.A
v2.0.2025

MRI	**CPT®**
MRI Abdomen without contrast	74181
MRI Abdomen with contrast (rarely used)	74182
MRI Abdomen without and with contrast	74183
Unlisted MRI procedure (for radiation planning or surgical software)	76498
MRA	**CPT®**
MRA Abdomen	74185
CT	**CPT®**
CT Abdomen without contrast	74150
CT Abdomen with contrast	74160
CT Abdomen without and with contrast	74170
CT Abdomen and Pelvis without contrast	74176
CT Abdomen and Pelvis with contrast	74177
CT Abdomen and Pelvis without and with contrast	74178
CT Guidance for Needle Placement (Biopsy, Aspiration, Injection, etc.)	77012
CT Guidance for and monitoring of Visceral Tissue Ablation	77013
CT Guidance for Placement of Radiation Therapy Fields	77014

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Unlisted CT procedure (for radiation planning or surgical software)	76497
CTA	**CPT®**
CTA Abdomen	74175
CTA Abdomen and Pelvis	74174
Nuclear Medicine	**CPT®**
PET Imaging; limited area (this code not used in pediatrics)	78811
PET Imaging: skull base to mid-thigh (this code not used in pediatrics)	78812
PET Imaging: whole body (this code not used in pediatrics)	78813
PET with concurrently acquired CT; limited area (this code rarely used in pediatrics)	78814
PET with concurrently acquired CT; skull base to mid-thigh	78815
PET with concurrently acquired CT; whole body	78816
Adrenal Nuclear Imaging Cortex and/or Medulla	78075
Spleen Imaging Only with or without Vascular Flow	78185
Liver Imaging Static	78201
Liver Imaging with Vascular Flow	78202
Liver and Spleen Imaging Static	78215
Liver and Spleen Imaging with Vascular Flow	78216
Hepatobiliary System Imaging, Including Gallbladder When Present	78226
Hepatobiliary System Imaging, Including Gallbladder When Present; with Pharmacologic Intervention, Including Quantitative Measurement(s) When Performed	78227

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Gastric Mucosa Imaging	78261
Gastroesophageal Reflux Study	78262
Gastric Emptying Study	78264
GI Bleeding Scintigraphy	78278
Gastrointestinal Protein Loss	78282
Intestinal Imaging	78290
Peritoneal-Venous Shunt Patency	78291
Kidney Imaging (Nuclear) Static	78700
Kidney Imaging (Nuclear) with Vascular Flow	78701
Kidney Flow and Function, Single Study without Pharmacologic Intervention	78707
Kidney Imaging with Vascular Flow and Function with Pharmacological Intervention, Single	78708
Kidney Imaging with Vascular Flow and Function with and without Pharmacological Intervention, Multiple	78709
Nuclear Non-imaging Renal Function	78725
Ureteral Reflux Study (Radiopharmaceutical Voiding Cystogram)	78740
Radiopharmaceutical Localization Imaging Limited area	78800
Radiopharmaceutical Localization Imaging Whole Body	78802
Radiopharmaceutical Localization Imaging SPECT	78803
Ultrasound	**CPT®**
Ultrasound, abdomen; complete	76700

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Ultrasound, abdomen; limited	76705
Ultrasound, abdominal wall	76705
Ultrasound, retroperitoneal; complete	76770
Ultrasound, retroperitoneal; limited	76775
Ultrasound, transplanted kidney (with duplex Doppler)	76776
Duplex scan of arterial inflow and venous outflow of abdominal, pelvic, scrotal contents and/or retroperitoneal organs; complete study	93975
Duplex scan of arterial inflow and venous outflow of abdominal, pelvic, scrotal contents and/or retroperitoneal organs; limited study	93976
Duplex scan of aorta, inferior vena cava, iliac vasculature, or bypass grafts; complete	93978
Duplex scan of aorta, inferior vena cava, iliac vasculature, or bypass grafts; limited	93979

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

General Guidelines (PEDAB-1.0)

ABP.GG.0001.0.A
v2.0.2025

- A pertinent clinical evaluation since the onset or change in symptoms including a detailed history, physical examination, appropriate laboratory studies and basic imaging such as plain radiography or ultrasound should be performed prior to considering advanced imaging (CT, MR, Nuclear Medicine), unless the individual is undergoing guideline-supported scheduled imaging evaluation. A meaningful technological contact (telehealth visit, telephone call, electronic mail or messaging) since the onset or change in symptoms can serve as a pertinent clinical evaluation.
- These guidelines are based upon using advanced imaging to answer specific clinical questions that will affect individual management. Imaging is not indicated if the results will not affect individual management decisions. Standard medical practice would dictate continuing conservative therapy prior to advanced imaging in individuals who are improving on current treatment programs.
- Unless otherwise stated in a specific guideline section, the use of advanced imaging to screen asymptomatic individuals for disorders involving the abdomen is not supported. Advanced imaging should only be approved in individuals who have documented active clinical signs or symptoms of disease.
- Unless otherwise stated in a specific guideline section, repeat imaging studies of the same body area are not necessary unless there is evidence for progression of disease, new onset of disease, and/or documentation of how repeat imaging will affect individual management or treatment decisions.
- Ultrasound should be the initial imaging study of choice in most children with abdominal conditions and should be done prior to advanced imaging.
  - For those individuals who do require advanced imaging after ultrasound, ultrasound can be very beneficial in selecting the proper modality, body area, image sequences, and contrast level that will provide the most definitive information for the individual.
  - CPT® codes vary by body area and presence or absence of Doppler imaging and are included in the table at the beginning of this guideline.

Red Flags

- Children with abdominal pain AND ANY of the following red flag signs or symptoms require additional investigation. The initial ultrasound is not required. Additional labs may be helpful but are not required.
  - Pain that wakes the child from sleep
  - Unexplained fever (T >100.4°F)
  - History of malignancy with a likelihood or propensity to metastasize to abdomen

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

  - Dysphagia
  - GI bleeding
  - Significant vomiting
  - Elevated WBC per the testing laboratory's range
  - Low WBC (absolute neutrophil count <1000)
  - Guarding, rebound tenderness, or other peritoneal signs
  - Severe chronic diarrhea or nocturnal diarrhea in a toilet-trained child
  - Failure to thrive, involuntary weight loss, or delay in linear growth or pubertal development
  - Family history of inflammatory bowel disease, familial polyposis syndrome, celiac disease, or peptic ulcer disease
  - Abdominal mass, hepatomegaly, and/or splenomegaly on exam
  - Jaundice
  - Perianal disease
  - Suspected or confirmed COVID-19 infection with concern for multisystem inflammatory syndrome in children (MIS-C)
  - Failure to respond to 4 weeks of recent (within 60 days) provider directed conservative care
- See the condition-specific sections for when the above list of exclusionary criteria apply and lead directly to advanced imaging.
- The appropriate advanced imaging for the condition is listed in the condition-specific section.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Pediatric Abdominal Imaging Age Considerations (PEDAB-1.1)

ABP.GG.0001.1.A

v2.0.2025

- Many conditions affecting the abdomen in the pediatric population are different diagnoses than those occurring in the adult population. For those diseases that occur in both pediatric and adult populations, differences may exist in management due to individual age, comorbidities, and differences in disease natural history between children and adults.
- Individuals age 18 years old and younger[13] should be imaged according to the Pediatric Abdomen Imaging Guidelines if discussed. Any conditions not specifically discussed in the Pediatric Abdomen Imaging Guidelines should be imaged according to the General Abdomen Imaging Guidelines. Individuals age >18 years old should be imaged according to the General Abdomen Imaging Guidelines, except where directed otherwise by a specific guideline section.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Pediatric Abdomen Imaging Appropriate Clinical Evaluation and Conservative Treatment (PEDAB-1.2)

ABP.GG.0001.2.A
v2.0.2025

- See: **General Guidelines (PEDAB-1.0)**

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Pediatric Abdomen Imaging Modality General Considerations (PEDAB-1.3)

ABP.GG.0001.3.A
v2.0.2025

- Ultrasound
  - See: **General Guidelines (PEDAB-1.0)**
- MRI
  - MRI Abdomen is generally performed without and with contrast (CPT® 74183) unless the individual has a documented contraindication to gadolinium or otherwise stated in a specific guideline section.
  - Due to the length of time required for MRI acquisition and the need to minimize individual movement, anesthesia is usually required for almost all infants (except neonates) and young children (age <7 years) as well as older children with delays in development or maturity. This anesthesia may be administered via oral or intravenous routes. In this individual population, MRI sessions should be planned with a goal of minimizing anesthesia exposure by adhering to the following considerations:
    - MRI procedures can be performed without and/or with contrast use as supported by these condition-based guidelines. If intravenous access will already be present for anesthesia administration and there is no contraindication for using contrast, imaging without and with contrast may be appropriate if requested. By doing so, the requesting provider may avoid repetitive anesthesia administration to perform an MRI with contrast if the initial study without contrast is inconclusive.
      - Recent evidence-based literature demonstrates the potential for gadolinium deposition in various organs including the brain, after the use of MRI contrast.
      - The U.S. Food and Drug Administration (FDA) has noted that there is currently no evidence to suggest that gadolinium retention in the brain is harmful and restricting gadolinium-based contrast agents (GBCAs) use is not warranted at this time. It has been recommended that GBCA use should be limited to circumstances in which additional information provided by the contrast agent is necessary and the necessity of repetitive MRIs with GBCAs should be assessed.
    - If multiple body areas are supported by these guidelines for the clinical condition being evaluated, MRI of all necessary body areas should be obtained concurrently in the same session.
  - The presence of surgical hardware or implanted devices may preclude MRI.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

        - The selection of best examination may require coordination between the provider and the imaging service. CT may be the procedure of choice in these cases.
- CT
    - CT Abdomen typically extends from the dome of the diaphragm to the upper margin of the sacroiliac joints, and CT Abdomen and Pelvis extends from the dome of the diaphragm through the ischial tuberosities.
        - In general, CT Abdomen is appropriate when evaluating solid abdominal organs.
        - In general, CT Abdomen and Pelvis is appropriate when evaluating inflammatory or infectious processes, hematuria, or conditions that appear to involve both the abdomen and the pelvis.
        - In some cases, especially in follow-up of a known finding, it may be appropriate to limit the exam to the region of concern to reduce radiation exposure.
    - The contrast level in pediatric CT imaging is specific to the clinical indication, as listed in the specific guideline sections.
    - CT Abdomen or Abdomen and Pelvis may be indicated for further evaluation of abnormalities suggested on prior US or MRI studies.
    - CT may be indicated without prior MRI or US as indicated in specific sections of these guidelines.
    - CT should not be used to replace MRI in an attempt to avoid sedation unless listed as a recommended study in a specific guideline section.
    - The selection of the best examination may require coordination between the provider and the imaging service.
- Nuclear Medicine
    - Nuclear medicine studies are commonly used in evaluation of the pediatric kidney and gallbladder. Other less common indications exist as well:
        - Esophageal motility study (CPT® 78258) and/or Gastroesophageal reflux study (CPT® 78262) is indicated in the evaluation of gastroesophageal reflux.
    - Nuclear intestinal imaging (preferred code for Meckel's Scan, CPT® 78290) or Gastric mucosa imaging (alternate code for Meckel's scan, CPT® 78261) is indicated for the following:
        - Suspected Meckel's diverticulum
        - Gastric mucosa imaging (CPT® 78261) is also indicated for:
            - Barrett's esophagus
            - Thoracic masses suspected of containing gastric mucosa
    - Gastric emptying study (CPT® 78264) is indicated for evaluation of either suspected delayed or rapid gastric emptying.
    - Gastric emptying study with small bowel transit (CPT® 78265) is indicated for evaluation of suspected abnormalities in both total and regional times for gastrointestinal transit of the small bowel.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

- Gastric emptying study with small bowel and colon transit (CPT® 78266) is indicated for evaluation of suspected abnormalities in both total and regional times for gastrointestinal transit to the colon.
- Gastrointestinal bleeding scintigraphy (CPT® 78278) is indicated for evaluation of brisk active GI bleeding with indeterminate endoscopy.
- Gastrointestinal protein loss study (CPT® 78282) is indicated for decreased serum albumin or globulins and no evidence of GI bleeding.
- Peritoneal-venous shunt patency study (CPT® 78291) is indicated for evaluation of shunt patency and function in an individual with ascites.
- Nuclear renal imaging (CPT® 78701, CPT® 78707, CPT® 78708, or CPT® 78709) is indicated for evaluation of the following:
  - Renal transplant follow-up
  - Kidney salvage vs. nephrectomy surgical decisions
  - Acute renal failure with no evidence of obstruction on recent ultrasound
  - Chronic renal failure to estimate prognosis for recovery

- 3D Rendering
  - 3D Rendering indications in pediatric abdomen imaging are identical to those in the general imaging guidelines. See: **3D Rendering (Preface-4.1)** in the Preface Imaging Guidelines.

The guidelines listed in this section for certain specific indications are not intended to be all-inclusive; clinical judgment remains paramount and variance from these guidelines may be appropriate and warranted for specific clinical situations.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

References (PEDAB-1)

v2.0.2025

1. Bridges MD. ACR–SPR Practice parameter for the performance and interpretation of magnetic resonance imaging (MRI). Revised 2022 (Resolution 8).
2. Karmazyn BK, John SD, Siegel MJ, et al. ACR–ASER–SCBT-MR–SPR Practice parameter for the performance of pediatric computed tomography (CT). Last review date: 2019 (Resolution 6).
3. Reighard C, Junaid S, Jackson WM, et. al. Anesthetic exposure during childhood and neurodevelopmental outcomes: a systematic review and meta-analysis. *JAMA Netw Open*. 2022;5(6):e2217427. doi:1 0.1001/jamanetworkopen.202217427.
4. Abell TL, Camilleri M, Donohoe K, et al. Consensus Recommendations for Gastric Emptying Scintigraphy: A Joint Report of the American Neurogastroenterology and Motility Society and the Society of Nuclear Medicine. *The American Journal of Gastroenterology*. 2008;103(3):753-763. doi: 10.1111/j.1572-0241.2007.01636.x.
5. Raju GS, Gerson L, Das A, Lewis B. American Gastroenterological Association (AGA) Institute Medical Position Statement on Obscure Gastrointestinal Bleeding. *Gastroenterology*. 2007;133(5):1694-1696. doi: 10.1053/j.gastro.2007.06.008.
6. Zuckerman GR, Prakash C, Askin MP, Lewis BS. AGA technical review on the evaluation and management of occult and obscure gastrointestinal bleeding. *Gastroenterology*. 2000;118(1):201-221. doi: 10.1016/s0016-5085(00)70430-6.
7. Morton KA, Clark PB, Christensen CR, et al. Diagnostic nuclear medicine. Amirsys. 2000 1st Ed. Chapter 8, pp 122-125.
8. Fraum TJ, Ludwig DR, Bashir MR, Fowler KJ. Gadolinium-based contrast agents: A comprehensive risk assessment. *Journal of Magnetic Resonance Imaging*. 2017;46(2):338-353. doi: 10.1002/jmri.25625
9. Update on FDA approach to safety issue of gadolinium retention after administration of gadolinium-based contrast agents available at https://www.fda.gov/media/116492/download.
10. Blumfield E, Swenson DW, Iyer RS, Stanescu AL. Gadolinium-based contrast agents — review of recent literature on magnetic resonance imaging signal intensity changes and tissue deposits, with emphasis on pediatric patients. *Pediatric Radiology*. 2019;49(4):448-457. doi: 10.1007/s00247-018-4304-8.
11. Implementation Guide: Medicaid State Plan Eligibility Eligibility Groups Mandatory Coverage Infants and Children under Age 19 Guidance Portal. https://www.hhs.gov/guidance/document/implementation-guide-medicaid-state-plan-eligibility-eligibility-groups-aeu-mandatory-2.
12. Baluch, A., Shewayish, S. (2019). Neutropenic Fever. In: Velez, A., Lamarche, J., Greene, J. (eds) Infections in Neutropenic Cancer Patients. Springer, Cham. https://doi.org/10.1007/978-3-030-21859-1_8.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Generalized Abdominal Pain (PEDAB-2)

Guideline

Generalized Abdominal Pain (PEDAB-2)
References (PEDAB-2)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Generalized Abdominal Pain (PEDAB-2)

ABP.AP.0002.A

v2.0.2025

- Chronic abdominal pain is a common complaint among children and adolescents. Chronic is defined as abdominal pain lasting for over 2 months.
- Functional abdominal pain disorders, including functional abdominal pain and functional dyspepsia (including symptoms of epigastric pain, burning, postprandial fullness, early satiety), are conditions in which there is no structural or organic disease.
- Children with no red flag signs or symptoms, normal physical examination, and normal laboratory studies (preliminary labs may include CBC, electrolytes, lipase, amylase, urinalysis, ESR, CRP, LFTs, and/or stool for blood and stool culture if diarrhea) should initially be evaluated by ultrasound (CPT® 76700 or CPT® 76705) and treated conservatively.
  - Gastroenterology (GI) specialist evaluation or consultation is helpful in determining the need for advanced imaging in these cases.
  - CT Abdomen (CPT® 74160) with contrast or CT Abdomen and Pelvis (CPT® 74177) with contrast is indicated if there are any red flag signs or symptoms (as listed in **General Guidelines (PEDAB-1.0)**).
- Children with abdominal pain that can be localized to a particular area of the abdomen should be imaged according to the relevant guideline section:
  - **Right Lower Quadrant Pain (PEDAB-3)**
  - **Flank Pain, Renal Stone (PEDAB-4)**
  - **Right Upper Quadrant Pain (PEDAB-8)**
  - **Left Upper Quadrant Pain (PEDAB-25)**
  - **Left Lower Quadrant Pain (PEDAB-29)**

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (PEDAB-2)

v2.0.2025

1. Magbool A and Liacouras CA. Major symptoms and signs of digestive tract disorders. Nelson Textbook of Pediatrics, Chapter 322. eds Kliegman RM, St. Geme JW III, Blum NJ, Shah SS, Tasker RC, Wilson KM. 21st edition. 2020, pp 1902-1912.
2. Magbool A and Liacouras CA, Functional Gastrointestinal Disorders. Nelson Textbook of Pediatrics, Chapter 368. eds Kliegman RM, St. Geme JW III, Blum NJ, Shah SS, Tasker RC, Wilson KM. 21st edition 2020, pp 2041-2045.
3. Reust CE, Williams A. Acute abdominal pain in children. Am Fam Physician. 2016 May 15;93(10):830-6.
4. Cogley JR, O'Connor SC, Houshyar R, Dulaimy KA. Emergent Pediatric US: What Every Radiologist Should Know. *RadioGraphics*. 2012;32(3):651-665. doi: 10.1148/rg.323115111.
5. Sanchez TR, Corwin MT, Davoodian A, Stein-Wexler R. Sonography of Abdominal Pain in Children. *Journal of Ultrasound in Medicine*. 2016;35(3):627-635. doi: 10.7863/ultra.15.04047.
6. Harwood R, Partridge R, Minford J, Almond S. Paediatric abdominal pain in the time of COVID-19: a new diagnostic dilemma. *J Surg Case Rep*. 2020;2020(9):rjaa337. doi: 10.1093/jscr/rjaa337.
7. Noda S, Ma J, Romberg EK, Hernandez RE, Ferguson MR. Severe COVID-19 initially presenting as mesenteric adenopathy. *Pediatr Radiol*. 2021;51(1):140-143. doi: 10.1007/s00247-020-04789-9.
8. Caro-Domínguez P, Navallas M, Riaza-Martin L, Ghadimi Mahani M, et. al. Imaging findings of multisystem inflammatory syndrome in children associated with COVID-19. *Pediatr Radiol*. 20211–13. doi: 10.1007/s00247-021-05065-0.
9. Koppen IJ, Nurko S, Saps M, Di Lorenzo C, Benninga MA. The pediatric Rome IV criteria: what's new? *Expert Rev Gastroenterol Hepatol*. 2017;11(3):193-201. doi: 10.1080/17474124.2017.1282820.
10. Sahn B, Eze OP, Edelman MC, Chougar CE, Thomas RM, Schleien CL, Weinstein T. Features of Intestinal Disease Associated With COVID-Related Multisystem Inflammatory Syndrome in Children. *J Pediatr Gastroenterol Nutr*. 2021 Mar 1;72(3):384-387.
11. Hyams JS, Di Lorenzo C, Saps M, Shulman RJ, Staiano A, van Tilburg M. Functional disorders: children and adolescents. *Gastroenterology*. 2016;S0016-5085(16)00181-5. doi:10.1053/j.gastro.2016.02.015.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Right Lower Quadrant Pain (PEDAB-3)

Guideline

Right Lower Quadrant Pain (PEDAB-3)
References (PEDAB-3)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Right Lower Quadrant Pain (PEDAB-3)

ABP.RT.0003.A
v2.0.2025

- The presence of any red flag findings per **General Guidelines (PEDAB-1.0)** precludes adjudication based on any other criteria.
- Ultrasound (CPT® 76700 or CPT® 76705) is indicated as the initial examination. If positive or negative for appendicitis, no further imaging is necessary.
  - If the appendix is not visualized on ultrasound and the white blood cell count is not elevated, no further imaging is necessary in nearly all cases, although the referring physician should make the final determination of the need for advanced imaging.
- CT Abdomen and Pelvis with contrast (CPT® 74177), CT Abdomen and Pelvis without contrast (CPT® 74176), MRI Abdomen and Pelvis without contrast (CPT® 74181 and CPT® 72195), or MRI Abdomen and Pelvis without and with contrast (CPT® 74183 and CPT® 72197) is indicated for any of the following:
  - Individuals who are overweight (BMI ≥85th percentile for age)
  - Insufficient local ultrasound expertise exists
  - Ultrasound findings are inconclusive[14]
- If the appendix is absent, follow guidelines in: **Generalized Abdominal Pain (PEDAB-2)**

Background and Supporting Information

- CDC BMI Calculator for children (**BMI Calculator Child and Teen | Healthy Weight | CDC**)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (PEDAB-3)

v2.0.2025

1. Aiken JJ. Acute Appendicitis. Nelson Textbook of Pediatrics, Chapter 370. eds Kliegman RM, Stanton BF, St. Geme JW III, et al. 21st edition 2020. pp 2048-2054.
2. Aspelund G, Fingeret A, Gross E, et al. Ultrasonography/MRI Versus CT for Diagnosing Appendicitis. *Pediatrics*. 2014;133(4):586-593. doi: 10.1542/peds.2013-2128.
3. Moore MM, Gustas CN, Choudhary AK, et al. MRI for clinically suspected pediatric appendicitis: an implemented program. *Pediatric Radiology*. 2012;42(9):1056-1063. doi: 10.1007/s00247-012-2412-4.
4. Kotagal M, Richards MK, Chapman T, et al. Improving ultrasound quality to reduce computed tomography use in pediatric appendicitis: the Safe and Sound campaign. *The American Journal of Surgery*. 2015;209(5):896-900. doi: 10.1016/j.amjsurg.2014.12.029.
5. Kotagal M, Richards MK, Flum DR, Acierno SP, Weinsheimer RL, Goldin AB. Use and accuracy of diagnostic imaging in the evaluation of pediatric appendicitis. *Journal of Pediatric Surgery*. 2015;50(4):642-646. doi: 10.1016/j.jpedsurg.2014.09.080.
6. Cohen B, Bowling J, Midulla P, et al. The non-diagnostic ultrasound in appendicitis: is a non-visualized appendix the same as a negative study? *Journal of Pediatric Surgery*. 2015;50(6):923-927. doi: 10.1016/j.jpedsurg.2015.03.012.
7. Bachur RG, Levy JA, Callahan MJ, Rangel SJ, Monuteaux MC. Effect of Reduction in the Use of Computed Tomography on Clinical Outcomes of Appendicitis. *JAMA Pediatrics*. 2015;169(8):755. doi: 10.1001/jamapediatrics.2015.0479.
8. Dibble EH, Swenson DW, Cartagena C, Baird GL, Herliczek TW. Effectiveness of a Staged US and Unenhanced MR Imaging Algorithm in the Diagnosis of Pediatric Appendicitis. *Radiology*. 2018;286(3):1022-1029. doi: 10.1148/radiol.2017162755.
9. Koberlein GC, Trout AT, Rigsby CK, et al. ACR Appropriateness Criteria® Suspected Appendicitis-Child. *Journal of the American College of Radiology*. 2019;16(5). doi: 10.1016/j.jacr.2019.02.022.
10. Repplinger MD, Pickhardt PJ, Robbins JB, et al. Prospective Comparison of the Diagnostic Accuracy of MR Imaging versus CT for Acute Appendicitis. *Radiology*. 2018;288(2):467-475. doi: 10.1148/radiol.2018171838.
11. Harwood R, Partridge R, Minford J, Almond S. Paediatric abdominal pain in the time of COVID-19: a new diagnostic dilemma. *J Surg Case Rep*. 2020;2020(9):rjaa337. doi: 10.1093/jscr/rjaa337.
12. Imler D, Keller C, Sivasankar S, et. al. Magnetic resonance imaging versus ultrasound as the initial imaging modality for pediatric and young adult patients with suspected appendicitis. *Acad Emerg Med*. 2017;24(5):569-577. doi: 10.1111/acem.13180.
13. Jennings R, Guo H, Goldin A, Wright DR. Cost-effectiveness of imaging protocols for suspected appendicitis. *Pediatrics*. 2020;145(2):e20191352. doi: 10.1542/peds.2019-1352.
14. AlFraih Y, Robinson T, Stein N, Kam A, Flageole H. Quality assurance and performance improvement project for suspected appendicitis. *Pediatr Qual Saf*. 2020;5(3):e290. doi: 10.1097/pq9.0000000000000290.
15. Wolfe C, Halsey-Nichols M, Ritter K, McCoin N. Abdominal pain in the emergency department: how to select the correct imaging for diagnosis. *Open Access Emerg Med*. 2022;14:335-345. doi: 10.2147/OAEM.S342724.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Flank Pain, Renal Stone (PEDAB-4)

Guideline

Flank Pain, Renal Stone (PEDAB-4)
References (PEDAB-4)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Flank Pain, Renal Stone (PEDAB-4)

ABP.US.0004.A
v2.0.2025

- The presence of any red flag findings per **General Guidelines (PEDAB-1.0)** precludes adjudication based on any other criteria.
- Flank Pain imaging indications in pediatric individuals are very similar to those for adult individuals. See: **Flank Pain, Rule Out or Known Renal/Ureteral Stone (AB-4)** in the Abdomen Imaging Guidelines.
  - Ultrasound (CPT® 76770 or CPT® 76775) is the preferred initial study in children.
  - CT Abdomen and Pelvis without contrast (CPT® 74176) is indicated if ultrasound is inconclusive.
  - MRI Abdomen (CPT® 74183) and Pelvis (CPT® 72197) without and with contrast is indicated if CT is inconclusive or if significant concern for radiation exposure from frequent CT use for a particular individual.
  - If hematuria is present, see: **Hematuria (PEDAB-7)** for imaging guidelines.
- Nuclear kidney imaging (CPT® 78707, CPT® 78708, CPT® 78709, or CPT® 78803) is indicated for evaluation of recurrent flank pain when CT and ultrasound are non-diagnostic, or for suspected obstructive uropathy.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

References (PEDAB-4)

v2.0.2025

1. American College of Radiology ACR Appropriateness Criteria® Acute onset of flank pain-Suspicion of stone disease (Urolithiasis) Revised 2015. https://acsearch.acr.org/docs/ 69362/Narrative/. doi: 10.1097/ruq.0b013e3182625974.
2. Kim CK, Biyyam DR, Becker MD, et al. ACR–SPR Practice parameter for the performance of renal scintigraphy. Revised 2017 (Resolution 29).
3. Tekgül S, Dogan HS, Kočvara R, et al. European Association of Urology. *European Society for Paediatric Urology*. *Guidelines on Paediatric Urology* 2015 with limited text update March 2017.
4. Mendichovszky I, Solar BT, Smeulders N, Easty M, Biassoni L. Nuclear Medicine in Pediatric Nephro-Urology: An Overview. *Seminars in Nuclear Medicine*. 2017;47(3):204-228. doi: 10.1053/j.semnuclmed.2016.12.002.
5. Dillman JR, Rigsby CK, Iyer RS, Alazraki AL, Anupindi SA, Brown BP, Chan SS, Dorfman SR, Falcone RA, Garber MD, Nguyen JC. ACR Appropriateness Criteria® Hematuria-Child. *Journal of the American College of Radiology*. 2018 May 31;15(5):S91-103.
6. Bowen DK, Tasian GE. Pediatric Stone Disease. *Urologic Clinics of North America*. 2018;45(4):539-550. doi: 10.1016/j.ucl.2018.06.002.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Urinary Tract Infection (UTI) (PEDAB-5)

Guideline

Upper Urinary Tract (PEDAB-5.1)
Lower Urinary Tract (PEDAB-5.2)
References (PEDAB-5)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Upper Urinary Tract (PEDAB-5.1)

ABP.UT.0005.1.A
v2.0.2025

- Ultrasound evaluation (CPT® 76770 or CPT® 76775) is initial imaging for all children with first time to diagnose hydronephrosis, pyelonephritis, or congenital renal anomaly.
  - If hydronephrosis is present, this should be further evaluated with voiding cystourethrography (VCUG), to evaluate for vesicoureteral reflux.
    - In boys, this is generally accomplished using fluoroscopic imaging and iodinated contrast to exclude urethral abnormalities.
    - In girls, Ureteral Reflux Study (Radiopharmaceutical Voiding Cystogram) (CPT® 78740) or fluoroscopic VCUG may be performed.[15]
    - Contrast Enhanced Voiding Urosonography (CeVUS) may also be utilized at institutions with expertise in this modality.[15]
- Diuretic renography using Tc-99m MAG 3 (CPT® 78707, CPT® 78708, or CPT® 78709) for:[1]
  - Differentiating a dilated non-obstructed urinary system from a true stenosis (e.g., UPJ obstruction; ureteral-vesical junction [UVJ] obstruction).
  - Quantifying renal parenchymal function.
  - Ultrasound findings that are compatible with a multicystic dysplastic kidney to evaluate function of the affected kidney or a ureteral-pelvic junction (UPJ) obstruction of the contralateral kidney.
  - Diagnostic evaluation of upper tract dilatation when VCUG is negative.
  - Renal function evaluation in individuals with hydronephrosis.
- CT is sensitive in diagnosing pyelonephritis and has a role in evaluation of renal abscess or unusual complications such as xanthogranulomatous pyelonephritis but has no role in the routine evaluation of UTI.
  - CT Abdomen and Pelvis with contrast (CPT® 74177) is appropriate to evaluate the entire genitourinary tract for congenital abnormalities of distal tracts in complicated pyelonephritis.[15]
- Magnetic resonance urography (MRU) (CPT® 74183 and CPT® 72197), is not a first-line test for the routine evaluation of a UTI, but may be appropriate (where available) for investigation of a dilated upper urinary tract.
  - NOTE: MRU requires sedation in young children.
  - MRU can also quantitate renal function.
- Technetium-99m-dimercaptosuccinic acid (Tc-99m DMSA) scintigraphy (CPT® 78700, CPT® 78701, or CPT® 78803), is sensitive for evaluation of renal cortical damage.[11,13]
  - DMSA scintigraphy is indicated for:

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

  - individuals with atypical or recurrent febrile acute urinary tract infections[11]
    - Atypical findings may include poor response to antibiotics, elevated creatinine, poor urine stream, or non E-coli organism.
  - individuals with febrile urinary tract infections older than 5 years of age with known vesicoureteral reflux[14]
  - detection of post-pyelonephritic renal scarring at least 6 months after the documented upper tract UTI in high-risk individuals with recurrent UTIs[13]
- Radiopharmaceutical nuclear medicine imaging (CPT® 78800, CPT® 78801, CPT® 78802, CPT® 78803, CPT® 78830, CPT® 78831, or CPT® 78832) is indicated for evaluation of suspected pyelonephritis or diffuse interstitial nephritis.
- Nuclear non-imaging renal function study (CPT® 78725) is a quantitative study that can be used to evaluate renal function.
- Children with atypical (poor response to antibiotics within 48 hours, sepsis, poor urine stream, raised creatinine, or non-E. coli UTI) or recurrent febrile UTI may be imaged with US kidneys and bladder (CPT® 76770 or CPT® 76775) (preferred) and/or Voiding cystourethrography (CPT® 78740).

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Lower Urinary Tract (PEDAB-5.2)

ABP.UT.0005.2.A
v2.0.2025

- Ultrasound evaluation (CPT® 76770 or CPT® 76775) is initial imaging for all children with first time UTI to diagnose hydronephrosis, pyelonephritis, or congenital renal anomaly.
  - Fluoroscopic Voiding cystourethrography (VCUG) is indicated for detection of possible vesico-ureteral reflux (VUR) in neonates or young children when hydronephrosis is seen on ultrasound.
- The American Academy of Pediatrics clinical practice guidelines no longer recommend routine VCUG for females, 2 to 24 months of age, after the first febrile UTI.
  - The current recommendation is to postpone the VCUG until the second febrile UTI UNLESS there are:
    - atypical or complex clinical circumstances
    - renal/bladder ultrasound findings that reveal hydronephrosis, scarring, or obstructive uropathy
- Vesicoureteral Reflux (VUR)
  - Fluoroscopic VCUG is typically performed for diagnosis and grading of VUR, and should be the first modality used for diagnosis.
  - Ureteral Reflux Study (Radiopharmaceutical Voiding Cystogram) (CPT® 78740), fluoroscopic VCUG, or CeVUS may used for follow up imaging of VUR.[15]
- Male individuals with first UTI should be evaluated with fluoroscopic VCUG studies rather than radionuclide cystography, to visualize the male urethra for possible abnormalities such as posterior urethral valves, strictures, or diverticula.
- For female individuals, radionuclide cystography (CPT® 78740) or fluoroscopic VCUG, may be used as the initial study.
- MR urography is indicated for evaluation of ectopic distal ureteral insertion, or other complex lower urinary tract anatomy.
- Siblings of individuals with known vesicoureteral reflux can undergo Ureteral Reflux Study (Radiopharmaceutical Voiding Cystogram) (CPT® 78740) if they have renal scarring on ultrasound or history of UTI and no prior evaluation for VUR.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

References (PEDAB-5)

v2.0.2025

1. Bartel TB, Dhingra J, Nadel HR, et al. ACR–ACNM–SPR practice parameter for the performance of renal scintigraphy. *Am Coll Radiol*. Revised 2020. https://www.acr.org/-/media/ACR/Files/Practice-Parameters/MR-SoftTissue-Tumors.pdf.
2. Urinary Tract Infection: Clinical Practice Guideline for the Diagnosis and Management of the Initial UTI in Febrile Infants and Children 2 to 24 Months. Pediatrics. 2011;128(3):595-610. doi: 10.1542/peds.2011-1330.
3. Elder JS. Urinary tract infections. *Nelson Textbook of Pediatrics, Chapter 538.* eds Kliegman RM, Stanton BF, St. Geme JW III, et al. 20th edition. 2016, pp 2556-2562.
4. Jackson EC. Urinary Tract Infections in Children: Knowledge Updates and a Salute to the Future. *Pediatrics in Review*. 2015;36(4):153-166. doi: 10.1542/pir.36-4-153.
5. Peters CA, Skoog SJ, Arant BS, et al. Management and screening of primary vesicoureteral reflux in children. *American Urological Association*. Published 2010. Reviewed and Validity Confirmed 2017.
6. Fettich J, Colarinha P, Fischer S, et al. Guidelines for direct radionuclide cystography in children. *European Journal of Nuclear Medicine and Molecular Imaging*. 2003;30(5). doi: 10.1007/s00259-003-1137-x.
7. Mendichovszky I, Solar BT, Smeulders N, Easty M, Biassoni L. Nuclear Medicine in Pediatric Nephro-Urology: An Overview. *Seminars in Nuclear Medicine*. 2017;47(3):204-228. doi: 10.1053/j.semnuclmed.2016.12.002.
8. Riccabona M. Imaging in childhood urinary tract infection. *La radiologia medica*. 2015;121(5):391-401. doi:10.1007/s11547-015-0594-1.
9. Karmazyn BK, Alazraki AL, Anupindi SA, et. al. Expert Panel on Pediatric Imaging. ACR Appropriateness Criteria® Urinary Tract Infection–Child. Revised 2017. *J Am Coll Radiol.* 2017;14:S362-S371. doi: 10.1016/j.jacr.2017.02.028.
10. Buettcher M, Trueck J, Niederer-Loher A, et. al. Swiss consensus recommendations on urinary tract infections in children. *European Journal of Pediatrics*. 2021;180(3):663-74.
11. Vali R, Armstrong IS, Bar-Sever Z, et. al. SNMMI procedure standard/EANM practice guideline on pediatric [99mTc] Tc-DMSA renal cortical scintigraphy: an update. *Clinical and Translational Imaging*. 2022;4:1-2.
12. Ergun R, Sekerci CA, Tanidir Y, et. al. Abnormal DMSA renal scan findings and associated factors in older children with vesicoureteral reflux. *International Urology and Nephrology*. 2021;53(10):1963-8.
13. ACR–SPR practice parameter for the performance of fluoroscopic and sonographic voiding cystourethrography in children. Revised 2019 (Resolution 10). Available at: https://www.acr.org/-/media/ACR/Files/Practice-Parameters/voidingcysto.pdf?la=en.
14. Smith, A, Nickoladis P, Kharu G., et. al. Expert Panel on Urological Imaging. ACR Appropriateness Criteria® Acute Pyelonephritis. *Am Coll Radiol (ACR)*; Revised 2022. https://acsearch.acr.org/docs/69489/Narrative/.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Pediatric Acute Gastroenteritis (PEDAB-6)

Guideline

Pediatric Acute Gastroenteritis (PEDAB-6)
References (PEDAB-6)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Pediatric Acute Gastroenteritis (PEDAB-6)

ABP.GE.0006.A
v2.0.2025

- Advanced imaging is not indicated in pediatric acute gastroenteritis, unless there is a concern for diagnosis other than acute gastroenteritis. See specific symptom/ diagnosis sections listed below.
- CT Abdomen and Pelvis with contrast (CPT® 74177) is indicated if abdominal red flag symptoms are present as listed in **General Guidelines (PEDAB-1.0)**.
- Additional imaging studies will depend on the specific symptoms. See the following sections for additional imaging guidelines:
  - **Generalized Abdominal Pain (PEDAB-2)** in the Pediatric Abdomen Imaging Guidelines
  - **Right Lower Quadrant Pain (PEDAB-3)** in the Pediatric Abdomen Imaging Guidelines
  - **Right Upper Quadrant Pain (PEDAB-8)** in the Pediatric Abdomen Imaging Guidelines
  - **Inflammatory Bowel Disease, Crohn Disease, or Ulcerative Colitis (PEDAB-9)** in the Pediatric Abdomen Imaging Guidelines
  - **Constipation, Diarrhea, and Irritable Bowel Syndrome (PEDAB-12)** in the Pediatric Abdomen Imaging Guidelines
  - **Abdominal Mass (PEDAB-13)** in the Pediatric Abdomen Imaging Guidelines
  - **Left Upper Quadrant (PEDAB-25)** in the Pediatric Abdomen Imaging Guidelines
  - **Intussusception (PEDAB-27)** in the Pediatric Abdomen Imaging Guidelines
  - **Bowel Obstruction (PEDAB-28)** in the Pediatric Abdomen Imaging Guidelines
  - **Left Lower Quadrant Pain (PEDAB-29)** in the Pediatric Abdomen Imaging Guidelines

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (PEDAB-6)

v2.0.2025

1. Kotloff KL. Acute gastroenteritis in children. *Nelson Textbook of Pediatrics. Chapter 366.* eds Kliegman RM, St. Geme JW III, Blum NJ, Shah SS, Tasker RC, Wilson KM. 21st edition. 2020. pp 2012-2032.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Hematuria (PEDAB-7)

Guideline

Hematuria (PEDAB-7)
References (PEDAB-7)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Hematuria (PEDAB-7)

ABP.HH.0007.A
v2.0.2025

Hematuria is a relatively common complaint in pediatric individuals, and the imaging considerations are different from those occurring in adult individuals.

- Ultrasound kidneys (CPT® 76770 or CPT® 76775) and bladder (CPT® 76856 or CPT® 76857) for asymptomatic gross hematuria or microscopic hematuria with proteinuria present.
- No imaging is appropriate for asymptomatic microscopic hematuria without proteinuria.
- For painful hematuria and no recent trauma, ANY of the following studies can be approved:
  - CT Abdomen and Pelvis without contrast (CPT® 74176)
  - Ultrasound kidneys (CPT® 76770 or CPT® 76775)
  - Ultrasound bladder (CPT® 76856 or CPT® 76857)
- For hematuria and recent trauma, the following studies are indicated:
  - CT Abdomen and Pelvis with contrast (CPT® 74177)
- CT Cystography (CT Pelvis with bladder contrast – CPT® 72193), if gross hematuria is present and pelvic fracture or traumatic bladder injury is suspected.
- 3-D reconstruction (CPT® 76377 or CPT® 76376) is indicated, if requested, for surgical planning.[4]

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (PEDAB-7)

v2.0.2025

1. Dillman JR, Rigsby CK, Iyer RS, Alazraki AL, Anupindi SA, Brown BP, Chan SS, Dorfman SR, Falcone RA, Garber MD, Nguyen JC. ACR Appropriateness Criteria® Hematuria-Child. *Journal of the American College of Radiology*. 2018 May 31;15(5):S91-103.
2. Flores FX. Clinical evaluation of the child with hematuria. Nelson Textbook of Pediatrics. Chapter 536. eds Kliegman RM, St. Geme JW III, Blum NJ, Shah SS, Tasker RC, Wilson KM. 21st edition 2020, pp 2718-2720.
3. ACR Appropriateness Criteria® Hematuria-Child. Revised 2018.
4. Viteri B, Calle-Toro JS, Furth S, Darge K, Hartung EA, Otero H. State-of-the-art renal imaging in children. *Pediatrics*. 2020;145(2):e20190829. doi:10.1542/peds.2019-0829.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Right Upper Quadrant Pain (PEDAB-8)

Guideline

Right Upper Quadrant Pain (PEDAB-8)
References (PEDAB-8)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Right Upper Quadrant Pain (PEDAB-8)

ABP.RU.0008.A
v2.0.2025

- The presence of any red flag findings per **General Guidelines (PEDAB-1.0)** precludes adjudication based on any other criteria.
- Right upper quadrant pain imaging indications in pediatric individuals are very similar to those for adult individuals. See: **Abdominal Pain (AB-2)** in the Abdomen Imaging Guidelines.
  - US Abdomen (CPT® 76700) and/or Nuclear medicine imaging of the hepatobiliary system (HIDA scan, CPT® 78226 or CPT® 78227) for initial diagnosis for:
    - Suspicion of acute cholecystitis or acalculous cholecystitis (symptoms may include RUQ pain with fever, elevated white blood cell count, positive Murphy sign).
    - Suspicion of stones and bile duct obstruction (symptoms may include RUQ pain, no fever, normal white blood cell count).
    - Ultrasound results are not needed prior to nuclear medicine imaging of the hepatobiliary system (HIDA scan, CPT® 78226).[1]
  - MRI Abdomen with and without contrast (CPT® 74183) or CT Abdomen with contrast (CPT® 74160) when either US or NM is equivocal.
  - In individuals with complaints of RUQ pain with no fever and an ultrasound shows only gallstones, MRI Abdomen without contrast (CPT® 74181), MRI Abdomen without and with contrast (CPT® 74183) or Nuclear medicine imaging of the hepatobiliary system (HIDA scan, CPT® 78226) is indicated to exclude other sources of pain.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (PEDAB-8)

v2.0.2025

1. Kambadakone A, Santillan C, Kim D, et. al. ACR Appropriateness Criteria® Right Lower Quadrant Pain—Suspected Appendicitis. Revised 2022 https://acsearch.acr.org/docs/69357/Narrative/.
2. Gerard PS, Biyyam DR, Brown RKJ, et al. ACR-SPR practice parameter for the performance of hepatobiliary scintigraphy. *ACR Practice Parameters*. Revised 2021 (Resolution 22).

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Inflammatory Bowel Disease, Crohn Disease, or Ulcerative Colitis (PEDAB-9)

Guideline

Inflammatory Bowel Disease, Crohn Disease, or Ulcerative Colitis (PEDAB-9)
References (PEDAB-9)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Inflammatory Bowel Disease, Crohn Disease, or Ulcerative Colitis (PEDAB-9)

ABP.IB.0009.A

v2.0.2025

- Enterography is the most appropriate advanced imaging study for individuals with inflammatory bowel disease (IBD).
  - MR Enterography (CPT® 74183 or CPT® 74181 and CPT® 72197 or CPT® 72195) is generally preferred over CT when possible to avoid radiation exposure for children.[1,8]

Children with Suspected Crohn Disease

Clinical features including weight loss, loose stools, vomiting, and intermittent abdominal pain. Small bowel imaging can provide important information to guide treatment relating to presence, severity, and extent of Crohn's disease and its complications. Initial evaluation typically includes laboratory evaluation and upper and lower endoscopy.

- MR Enterography (CPT® 74183 or CPT® 74181 and CPT® 72197 or CPT® 72195), CT Enterography (CPT® 74177), or MRI Abdomen and Pelvis without and with contrast (CPT® 74183 and CPT® 72197) for ANY of the following:[1,8]
  - To detect severity and distribution of inflammatory changes
  - To identify complications (such as fistulizing disease or abscess formation)
- MR Enterography (CPT® 74183 or CPT® 74181 and CPT® 72197 or CPT® 72195) or CT Enterography (CPT® 74177) for evaluation of chronic abdominal pain associated with diarrhea due to concern for inflammatory bowel disease if:[1,8]
  - there is a positive family history of inflammatory bowel disease, **OR**
  - there are endoscopy or colonoscopy findings suggestive of inflammatory bowel disease, **OR**
  - elevated inflammatory markers (fecal lactoferrin ≥4.0ug/g, CRP >0.5mg/dL, or fecal calprotectin ≥50ug/g), **OR**
  - diagnosis is still in doubt after colonoscopy and evaluation of inflammatory markers, and Crohn's disease is suspected.
- MR Enterography (CPT® 74183 or CPT® 74181 and CPT® 72197 or CPT® 72195) or CT Enterography (CPT® 74177) is indicated prior to endoscopy if requested by or in consultation with the physician who will be performing the endoscopy.[1,6,8]
- MRI Pelvis with contrast (CPT® 72196) or MRI Pelvis without and with contrast (CPT® 72197) is indicated for the following:[1]
  - Concern for perianal fistula or abscess

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

- See: **IBD (Crohn's Disease or Ulcerative Colitis) (AB-23.1)** in the Abdomen Imaging Guidelines for additional information regarding serologic markers

Children with Established IBD

- MR Enterography (CPT® 74183 or CPT® 74181 and CPT® 72197 or CPT® 72195), CT Enterography (CPT® 74177), or MRI Abdomen and Pelvis without and with contrast (CPT® 74183 and CPT® 72197), is indicated for ANY of the following:[1,8]
  - Monitoring response to disease-modifying treatment on an annual basis or when treatment change is being considered
  - Monitoring post-operative recurrence[7]
  - Individuals with new or worsening symptoms or suspected complications including abscess, perforation, fistula, or obstruction[7]
- CT Abdomen and Pelvis with contrast (CPT 74177) is indicated if requested (instead of CTE or MRE) for ANY of the following:[1]
  - New or worsening symptoms
  - Suspected complications including abscess, perforation, fistula, or obstruction
- MRI Pelvis with contrast (CPT® 72196) or MRI Pelvis without and with contrast (CPT® 72197) is indicated for the following:[1]
  - Concern for perianal fistula or abscess

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

References (PEDAB-9)

v2.0.2025

1. Moore MM, Gee MS, Iyer RS, et. al. ACR Appropriateness Criteria® Crohn Disease-Child. *J Am Coll Radiol*. 2022;19(5S):S19-S36.
2. Duigenan S, Gee MS. Imaging of Pediatric Patients With Inflammatory Bowel Disease. *American Journal of Roentgenology*. 2012;199(4):907-915. doi: 10.2214/ajr.11.7966.
3. Grossman AB and Baldassano RN. Inflammatory bowel disease. *Nelson Textbook of Pediatrics, Chapter 336.* eds Kliegman RM, Stanton BF, St. Geme JW III, et al. 20th edition. 2016, pp 1819-1831.
4. Maltz R, Podberesky DJ, Saeed SA. Imaging modalities in pediatric inflammatory bowel disease. *Current Opinion in Pediatrics*. 2014;26(5):590-596. doi: 10.1097/mop.0000000000000131.
5. Schooler GR, Hull NC, Mavis A, Lee EY. MR Imaging Evaluation of Inflammatory Bowel Disease in Children: *Magnetic Resonance Imaging Clinics of North America*. 2019;27(2):291-300. doi: 10.1016/j.mric.2019.01.007.
6. Bruining DH, Zimmermann EM, Loftus EV Jr, Sandborn WJ, Sauer CG, Strong SA. Consensus recommendations for evaluation, interpretation, and utilization of computed tomography and magnetic resonance enterography in patients with small bowel Crohn's disease. *Radiology*. 2018;154(4):1172-1194. doi: 10.1148/radiol.2018171737.
7. Splawski JB, Pffefferkorn MD, Schaefer ME, et al. NASPGHAN clinical report on postoperative recurrence in pediatric crohn disease. *JPGN*. 2017;65:475–48.
8. Chavhan GB, Caro-Dominguez P. Diffusion-weighted imaging in pediatric body magnetic resonance imaging. *Pediatric Radiology*. 2016;46:847–857.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Abdominal Sepsis (Suspected Abdominal Abscess) (PEDAB-10)

Guideline

Abdominal Sepsis (Suspected Abdominal Abscess) (PEDAB-10)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Abdominal Sepsis (Suspected Abdominal Abscess) (PEDAB-10)

ABP.AS.0010.A

v2.0.2025

- Abdominal sepsis imaging indications in pediatric individuals are identical to those for adult individuals.
  - See: **Abdominal Sepsis (Suspected Abdominal Abscess) (AB-3)** in the Abdomen Imaging Guidelines.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Postoperative Pain within 60 Days Following Abdominal Surgery (PEDAB-11)

Guideline

Postoperative Pain within 60 Days Following Abdominal Surgery (PEDAB-11)
References (PEDAB-11)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Postoperative Pain within 60 Days Following Abdominal Surgery (PEDAB-11)

ABP.OP.0011.A

v2.0.2025

- CT Abdomen and Pelvis with contrast (CPT® 74177) is indicated in individuals with suspected postoperative complications (e.g. bowel obstruction, abscess, anastomotic leak, etc.).
  - Children can also be evaluated with ultrasound (CPT® 76700 or CPT® 76705) initially (especially in small children or in thin older children) or MRI Abdomen and Pelvis without and with contrast (CPT® 74183 and CPT® 72197) or MRI Abdomen and Pelvis without contrast (CPT® 74181 and CPT® 72195).[5]
  - Because MRI may not be practical for the timely evaluation of post-operative abscesses, MRI should only replace CT when the study can be completed in a similar time frame as CT.
- Radiopharmaceutical nuclear medicine imaging (CPT® 78800, CPT® 78801, CPT® 78802, CPT® 78803, CPT® 78830, CPT® 78831, or CPT® 78832) is indicated for evaluation of any of the following:
  - Peritonitis
  - Postoperative fever without localizing signs or symptoms
- Beyond 60 days postoperatively, see: **Generalized Abdominal Pain (PEDAB-2)**.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (PEDAB-11)

v2.0.2025

1. Chang KJ, Marin DM, Kim DH, et al. Suspected small bowel obstruction. *ACR Appropriateness Criteria®*. Date of origin: 1996. Last review date: 2019.
2. Yagmhai V, Rosen MP, Lalani T, et al. Acute (nonlocalized) abdominal pain and fever or suspected abdominal abscess. *ACR Appropriateness Criteria®*. Date of origin: 1996. Last review date: 2012.
3. Vries EFJD, Roca M, Jamar F, Israel O, Signore A. Guidelines for the labelling of leucocytes with 99mTc-HMPAO. *European Journal of Nuclear Medicine and Molecular Imaging*. 2010;37(4):842-848. doi: 10.1007/s00259-010-1394-4.
4. ACR–SABI–SAR–SPR PRACTICE PARAMETER FOR THE PERFORMANCE OF COMPUTED TOMOGRAPHY (CT) OF THE ABDOMEN AND COMPUTED TOMOGRAPHY (CT) OF THE PELVIS Revised 2021.
5. Lee MH, Eutsler EP, Sheybani EF, Khanna G. Rapid non-contrast magnetic resonance imaging for post appendectomy intra-abdominal abscess in children. *Pediatric Radiology*. 2017;47:935–941.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Constipation, Diarrhea, and Irritable Bowel Syndrome (PEDAB-12)

Guideline

Constipation, Diarrhea, and Irritable Bowel Syndrome (PEDAB-12)
References (PEDAB-12)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Constipation, Diarrhea, and Irritable Bowel Syndrome (PEDAB-12)

ABP.DC.0012.A
v2.0.2025

- Constipation and diarrhea are extremely common complaints in children. The overwhelming majority of individuals do not require advanced imaging for evaluation of constipation or diarrhea.
- Irritable bowel is rare in young children, but more common in adolescents. The overwhelming majority of individuals do not require advanced imaging for evaluation of irritable bowel syndrome.
  - In most cases, causes of constipation can be excluded based on a careful history and physical examination. Advanced Imaging should be performed if warning signs of other diseases are present.
- Constipation associated with additional signs or symptoms:
  - CT Abdomen (CPT® 74160) or Abdomen and Pelvis (CPT® 74177) with contrast are indicated if there are any red flag signs or symptoms (as listed in **General Guidelines (PEDAB-1.0)**)
  - Clinical suspicion of tethered cord based on abnormal physical findings over the spine, abnormal neurological exam, or symptoms refractory to provider-directed treatment for at least 3 months[6] (See: **Tethered Cord (PEDSP-5)** in the Pediatric Spine Imaging Guidelines).
- Diarrhea associated with additional signs or symptoms:
  - CT Abdomen (CPT® 74160) with contrast or CT Abdomen and Pelvis (CPT® 74177) with contrast is indicated if there are any red flag signs or symptoms (as listed in **General Guidelines (PEDAB-1.0)**).
  - See: **Inflammatory Bowel Disease, Crohn Disease, or Ulcerative Colitis (PEDAB-9)** for concerns regarding suspected inflammatory bowel disease.
- Irritable bowel syndrome associated with additional signs or symptoms:
  - CT Abdomen (CPT® 74160) with contrast or CT Abdomen and Pelvis (CPT® 74177) with contrast is indicated if there are any red flag signs or symptoms (as listed in **General Guidelines (PEDAB-1.0)**).
- A barium enema and rectal biopsy are indicated for diagnosis of Hirschsprung disease in children with features suggestive of this disorder. MRI Pelvis without and with contrast (CPT® 72197) may be indicated post-operatively in individuals who have signs of complications related to treatment to assess the position of the pulled-through bowel, the sphincter muscles, and the area of the posterior urethra.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (PEDAB-12)

v2.0.2025

1. Maqbool A, and Liacouras CA. Major symptoms and signs of digestive tract disorders. Nelson Textbook of Pediatrics, Chapter 332. eds Nelson Textbook of Pediatrics, Chapter XXX eds Kliegman RM, St. Geme JW III, Blum NJ, Shah SS, Tasker RC, Wilson KM. 21st edition 2020, pp 1902-1912.
2. Maqbool A and Liacouras CA, Functional Gastrointestinal Disorders. Nelson Textbook of Pediatrics, Chapter 368. eds Kliegman RM, St. Geme JW III, Blum NJ, Shah SS, Tasker RC, Wilson KM. 21st edition 2020, pp 2041-2045.
3. Maqbool A and Liacouras CA. Encopresis and functional constipation. *Nelson Textbook of Pediatrics, Chapter 335.3* eds Kliegman RM, St. Geme JW III, Blum NJ, Shah SS, Tasker RC, Wilson KM. 21st edition. 2020. pp 1958-1961.
4. Kotloff KL Acute Gastroenteritis in Children. *Nelson Textbook of Pediatrics, Chapter 366*. eds Kliegman RM, St. Geme JW III, Blum NJ, Shah SS, Tasker RC, Wilson KM. 21st edition. 2020, p 2033-2041.
5. Zella GC, Israel EJ. Chronic Diarrhea in Children. *Pediatrics in Review*. 2012;33(5):207-218. Doi :10.1542/pir.33-5-207.
6. Hasosah M. Chronic refractory constipation in children: Think beyond stools. *Glob Pediatr Health*. 2021;8. doi: 10.1177/2333794X211048739.
7. Rosen MJ, Dhawan A, Saeed SA. Inflammatory bowel disease in children and adolescents. *JAMA Pediatr.* 2015;169(11):1053-60.doi:10.1001/jamapediatrics.2015.1982.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Abdominal Mass (PEDAB-13)

Guideline

Abdominal Wall Mass (PEDAB-13.1)
Intra-Abdominal Mass (PEDAB-13.2)
References (PEDAB-13)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Abdominal Wall Mass (PEDAB-13.1)

ABP.AM.0013.1.A

v2.0.2025

- For initial imaging of a newly discovered abdominal wall mass, ANY of the following studies are indicated:
  - Ultrasound (CPT® 76700 or CPT® 76705)
  - MRI Abdomen without contrast (CPT® 74181) or without and with contrast (CPT® 74183)
  - MRI Pelvis without contrast (CPT® 72195) or without and with contrast (CPT® 72197) may be added to MRI Abdomen if below the umbilicus.
- If ultrasound and/or MRI are inconclusive or insufficient for preoperative planning, ANY of the following studies are indicated:
  - CT Abdomen with contrast (CPT® 74160) or without contrast (CPT® 74150)
  - CT Abdomen and Pelvis with contrast (CPT® 74177) or without contrast (CPT® 74176) if below the umbilicus

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Intra-Abdominal Mass (PEDAB-13.2)

ABP.AM.0013.2.A
v2.0.2025

- Ultrasound (CPT® 76700) should be the initial imaging study for children with an intra-abdominal mass.
  - US with Doppler (CPT® 93975) can also be used to evaluate vascular supply.[5]
- Additional imaging studies will be determined by the results of the ultrasound, and will depend on the location and organ involvement associated with the mass as well as history, physical exam, and laboratory findings. See the following sections for additional imaging guidelines:
  - **General Guidelines (PEDONC-1)** in the Pediatric and Special Populations Oncology Imaging Guidelines
  - **Pediatric Lymphomas (PEDONC-5)** in the Pediatric and Special Populations Oncology Imaging Guidelines
  - **Neuroblastoma (PEDONC-6)** in the Pediatric and Special Populations Oncology Imaging Guidelines
  - **Pediatric Renal Tumors (PEDONC-7)** in the Pediatric and Special Populations Oncology Imaging Guidelines
  - **Pediatric Germ Cell Tumors (PEDONC-10)** in the Pediatric and Special Populations Oncology Imaging Guidelines
  - **Pediatric Liver Tumors (PEDONC-11)** in the Pediatric and Special Populations Oncology Imaging Guidelines
  - **Pediatric Adrenocortical Carcinoma (PEDONC-14)** in the Pediatric and Special Populations Oncology Imaging Guidelines
  - **Liver Lesion Characterization (PEDAB-15)**
  - **Adrenal Lesions (PEDAB-17)**
  - **Indeterminate Renal Lesion (PEDAB-19)**
  - **Spleen (PEDAB-26)**

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (PEDAB-13)

v2.0.2025

1. Allen-Rhoades W and Steuber CP. Clinical assessment and differential diagnosis of the child with suspected cancer. *Principles and Practice of Pediatric Oncology*. eds Pizzo PA and Poplack DG. 7th edition 2016. pp. 101-111.
2. Malkan AD, Loh A, Bahrami A, et al. An Approach to Renal Masses in Pediatrics. *Pediatrics*. 2014;135(1):142-158. doi: 10.1542/peds.2014-1011.
3. Crane GL, Hernanz-Schulman M. Current Imaging Assessment of Congenital Abdominal Masses in Pediatric Patients. *Seminars in Roentgenology*. 2012;47(1):32-44. doi: 10.1053/j.ro.2011.07.004.
4. Chung EM, Graeber AR, Conran RM. Renal tumors of childhood: radiologic-pathologic correlation part 1. The 1st Decade:From the Radiologic Pathology Archives. *RadioGraphics*. 2016;36(2):499-522. doi: 10.1148/rg.2016150230.
5. Chung EM, Lattin GE, Fagen KE, et al. Renal tumors of childhood: radiologic-pathologic correlation part 2. The 2nd Decade: From the Radiologic Pathology Archives. *RadioGraphics*. 2017;37(5):1538-1558. doi: 10.1148/rg.2017160189.
6. Kim HHR, Hull NC, Lee EY, Phillips GS. Pediatric abdominal masses: Imaging guidelines and recommendations. *Radiol Clin North Am*. 2022;60(1):113-129. doi:10.1016/j.rcl.2021.08.008.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Renovascular Hypertension and Other Secondary Causes of Hypertension (PEDAB-14)

Guideline

Renovascular Hypertension and Other Secondary Causes of Hypertension (PEDAB-14)
References (PEDAB-14)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Renovascular Hypertension and Other Secondary Causes of Hypertension (PEDAB-14)

ABP.RH.0014.A
v2.0.2025

- Clinical evaluation for suspected hypertension should include repeated blood pressure measurements (generally ≥3 measurements).
  - Trained health care professionals in the office setting should make a diagnosis of hypertension (HTN) if a child or adolescent has auscultatory-confirmed blood pressure (BP) readings ≥95th percentile at 3 different visits.[13]
  - Blood pressure may be obtained in-clinic, at home, or by using a wearable ambulatory blood pressure measurement (ABPM) device that records blood pressure at frequent intervals during normal activities and is downloaded later for computer analysis.

For Children Aged 1-<13 years	For Children Aged ≥13 years
Normal BP: <90th Percentile	Normal BP: <120/<80 mm Hg
Elevated BP: ≥90th percentile to <95th percentile or 120/80 mm Hg to <95th percentile (whichever is lower)	Elevated BP: 120/<80 to 129/<80 mm Hg
Stage 1 HTN: ≥95th percentile to <95th percentile + 12 mmHg, or 130/80 to 139/89 mm Hg (whichever is lower)	Stage 1 HTN: 130/80 to 139/89 mm Hg
Stage 2 HTN: ≥95th percentile + 12 mm Hg, or ≥140/90 mm Hg (whichever is lower)	Stage 2 HTN: ≥140/90 mm Hg

Table from [13]

- ANY of the following studies are indicated for initial evaluation of a pediatric individual with suspected secondary hypertension:
  - Doppler or Duplex Ultrasound (CPT® 93975 or CPT® 93976)
  - Complete retroperitoneal Ultrasound (CPT® 76770)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

- Captopril renography (CPT® 78709) has largely been abandoned in clinical practice, replaced by CTA and MRA Abdomen, but may be supported for unusual circumstances.

Other considerations for imaging evaluation:

- CTA Abdomen (CPT® 74175) or MRA Abdomen (CPT® 74185)[14] is indicated for pediatric individuals with hypertension to exclude fibromuscular dysplasia or other blood-flow restricting lesions of the renal arteries and suprarenal aorta.[3]
- Children with high clinical suspicion for renin-mediated hypertension should undergo additional imaging whether Doppler US findings are positive or negative due to poor sensitivity for detecting distal intrarenal or accessory renal artery stenosis.[3] CTA has high sensitivity and specificity.[14]
- Echocardiography (CPT® 93306) is indicated at initial evaluation to screen for cardiac abnormalities, coarctation of the aorta, and end-organ damage such as left ventricular hypertrophy.
- Nuclear renal imaging (CPT® 78707, CPT® 78708, or CPT® 78709) is indicated for evaluation of the following:
  - Severe hypertension with progressive renal insufficiency or failure to respond to three-drug therapy
  - Malignant or accelerated hypertension
  - Acute worsening of previously stable hypertension
  - Diastolic BP >100 in an individual <35 years old
  - New onset severe hypertension
  - Hypertension in presence of asymmetric kidneys
  - Hypertension in presence of acute elevation in creatinine either unexplained or after treatment with ACE inhibitor
  - Abdominal bruit
  - Recurrent acute pulmonary edema and hypertension
  - Hypokalemia with normal or elevated plasma renin level in absence of diuretic therapy
  - Hypertension with known neurofibromatosis

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (PEDAB-14)

v2.0.2025

1. Castelli PK, Dillman JR, Smith EA, Vellody R, Cho K, Stanley JC. Imaging of Renin-Mediated Hypertension in Children. *American Journal of Roentgenology*. 2013;200(6). doi: 10.2214/ajr.12.9427.
2. Chhadia S, Cohn RA, Vural G, Donaldson JS. Renal Doppler evaluation in the child with hypertension: a reasonable screening discriminator? *Pediatric Radiology*. 2013;43(12):1549-1556. doi: 10.1007/s00247-013-2741-y.
3. Castelli PK, Dillman JR, Kershaw DB, Khalatbari S, Stanley JC, Smith EA. Renal sonography with Doppler for detecting suspected pediatric renin-mediated hypertension – is it adequate? *Pediatric Radiology*. 2013;44(1):42-49. doi: 10.1007/s00247-013-2785-z.
4. Harvin HJ, Verma N, Nikolaidis P, et al. Renovascular hypertension. ACR Appropriateness Criteria®. Revised 2017.
5. Trautmann A, Roebuck DJ, Mclaren CA, Brennan E, Marks SD, Tullus K. Non-invasive imaging cannot replace formal angiography in the diagnosis of renovascular hypertension. *Pediatric Nephrology*. 2016;32(3):495-502. doi: 10.1007/s00467-016-3501-7.
6. Lande MB. Systemic hypertension. Nelson Textbook of Pediatrics, Chapter 445. eds Kliegman RM, Stanton BF, St. Geme JW III, et al. 20th edition 2016, pp 2294-2303.
7. Brady TM. Hypertension. Pediatrics in Review. 2012;33(12):541-552. doi: 10.1542/pir.33-12-541.
8. Ilivitzki A, Glozman L, Alfonso RL, Ofer A, Razi NB, Shapira MR. Sonographic evaluation of renovascular hypertension in the pediatric population: State-of-the-art. *Journal of Clinical Ultrasound.* 2017;45(5):282-292. doi: 10.1002/jcu.22467.
9. Mendichovszky I, Solar BT, Smeulders N, Easty M, Biassoni L. Nuclear Medicine in Pediatric Nephro-Urology: An Overview. *Seminars in Nuclear Medicine*. 2017;47(3):204-228. doi: 10.1053/j.semnuclmed.2016.12.002.
10. Ingelfinger JR. The Child or Adolescent with Elevated Blood Pressure. *New England Journal of Medicine*. 2014;370(24):2316-2325. doi: 10.1056/nejmcp1001120.
11. Kim CK, Biyyam DR, Becker MD, et al. ACR–SPR Practice Guideline for the Performance of Renal Scintigraphy. Revised 2017 (Resolution 29).
12. Tekgül S, Dogan HS, Kočvara R, et al. European Association of Urology. European Society for Paediatric Urology. Guidelines on Paediatric Urology 2015 with limited text update March 2017.
13. Flynn JT, Kaelber DC, Baker-Smith CM, et al. Clinical practice guideline for screening and management of high blood pressure in children and adolescents. *Pediatrics*. 2017;140(3):e20171904. doi: 10.1542/peds.2017-3035.
14. Fleury AS, Durand RE, Cahill AM, et. al. Validation of computed tomography angiography as a complementary test in the assessment of renal artery stenosis: a comparison with digital subtraction angiography. *Pediatr Radiol* 2021;51:2507–2520. doi:1 0.1007/s00247-021-05145-1.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Liver Lesion Characterization (PEDAB-15)

Guideline

Liver Lesion Characterization (PEDAB-15)
References (PEDAB-15)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Liver Lesion Characterization (PEDAB-15)

ABP.LL.0015.A
v2.0.2025

- *High risk individuals[9]:
  - Prematurity
  - Low birth weight
  - Underlying chronic liver disease
  - Beckwith Weidman syndrome
  - Familial adenomatous polyposis
  - Trisomy 18
  - Portosystemic shunts
  - Aicardi syndrome
  - Hereditary tyrosinemia
  - Bile salt export pump deficiency
- Pediatric-specific imaging considerations includes:
  - US Abdomen (CPT® 76700 or CPT® 76705) is the initial study of choice in children. MRI is preferred over CT when possible to reduce radiation exposure.
- Liver lesion discovered on US:
  - Any high risk individual*
    - MRI Abdomen without and with contrast (CPT® 74183) or CT Abdomen with contrast (CPT® 74160)
  - Indeterminate liver lesion <3cm
    - Contrast-Enhanced US (CEUS, CPT® 76978, CPT® 76979)
    - If after Contrast-Enhanced US the lesion remains indeterminate or not fully characterized, or if Contrast-Enhanced US is not available:
      - MRI Abdomen without and with contrast (CPT® 74183) or CT Abdomen with contrast (CPT® 74160)
  - Indeterminate liver lesion >3cm
    - MRI Abdomen without and with contrast (CPT® 74183) or CT Abdomen with contrast (CPT® 74160)
- Liver lesion discovered on CT (non-contrast or single-contrast) or non-contrast MRI
  - Indeterminate Liver Lesion <3cm
    - Contrast-Enhanced US (CEUS, CPT® 76978, CPT® 76979)
    - If, after Contrast-Enhanced US, the lesion remains indeterminate or not fully characterized, or if Contrast-Enhanced US is not available:

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

- MRI Abdomen without and with contrast (CPT® 74183) or CT Abdomen with contrast (CPT® 74160)

◦ Indeterminate Liver Lesion >3cm
▪ MRI Abdomen without and with contrast (CPT® 74183) or CT Abdomen with contrast (CPT® 74160)

- For the imaging of specific focal liver lesions:
◦ Suspected hepatic adenoma:
▪ MRI is considered the best technique for characterization. Follow-up imaging can be CT Abdomen (CPT® 74160 or CPT® 74170) or MRI Abdomen (CPT® 74183) every 6 months for 2 years, and then annually, to establish any growth patterns and assess for malignant transformation.
◦ Hepatic Hemangioma
▪ Limited US Abdomen in 6-12 months
- If stable or decreasing in size: Surveillance 6-12 months until 2 years. After 2 years, no further follow-up is indicated unless it becomes symptomatic
- If increasing in size: follow-up 3-6 months or biopsy
- See below for pre-operative considerations
◦ Focal Nodular Hyperplasia (FNH):
▪ MRI Abdomen (CPT® 74183) or CT Abdomen (CPT® 74160 or CPT® 74170) to confirm a diagnosis of FNH. The use of Eovist contrast is often diagnostic in differentiating FNH from other lesions seen on MRI or CT.
▪ Additional follow-up is limited abdominal US in 6-12 months
- If stable or decreasing in size: Surveillance 6-12 months until 2 years. After 2 years, no further follow-up is indicated unless it becomes symptomatic.
- In adolescent females diagnosed with FNH who are continuing to use oral contraceptives: Additional follow-up is annual US for 2 to 3 years. Follow-up with CT or MRI can be done if the lesion is not adequately visualized on US.
- If increasing in size: follow-up 3-6 months or biopsy
◦ Hepatic cysts:
▪ Asymptomatic, simple cysts
- Limited US Abdomen in 6-12 months
- If stable or decreasing in size: Surveillance 6-12 months until 2 years. After 2 years, no further follow-up is indicated unless it becomes symptomatic
- If increasing in size: follow-up 3-6 months or biopsy
▪ For complicated cysts (US shows internal septations, fenestrations, calcifications, irregular walls, as well as the presence of daughter cysts):
- MRI Abdomen (CPT® 74183) or CT Abdomen (CPT® 74160 or CPT® 74170) can be performed

- Additional scenarios and follow-up imaging for an Indeterminate lesion:

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

  - Indeterminate lesion <1cm in high-risk individuals* on US, CT, or unenhanced MRI not specifically dealt with in the above guidelines:
    - If **biopsy cannot be performed**, follow-up MRI can be obtained in 3-6 months. Additional imaging in this setting can be considered on an individual basis. This timeframe would also apply if the lesion is indeterminate and an MRI with Eovist is requested for further evaluation in this setting
- Nuclear medicine liver imaging (ONE of CPT® codes: CPT® 78201, CPT® 78202, CPT® 78803, CPT® 78215, or CPT® 78216) is rarely performed, but can be approved for the following when ultrasound, CT, and MRI are unavailable or contraindicated:
  - Evaluation of liver mass, trauma, or suspected focal nodular hyperplasia (FNH)
  - Differentiation of hepatic hemangioma from FNH
  - Diffuse hepatic disease or elevated liver function tests
  - Suspected accessory spleen (CPT® 78215 or CPT® 78216 only)

Background and Supporting Information

- For liver lesions in children, it is important to differentiate between benign incidental versus malignant lesions.

Risk factors for malignant liver tumors in children [7-9]

Hepatoblastoma	Hepatocellular carcinoma
◦ Prematurity	◦ Liver cirrhosis
◦ Low birth weight	◦ Chronic hepatitis B and C
◦ BWS and other overgrowth syndromes	◦ Hereditary tyrosinemia
◦ Familial adenomatous polyposis	◦ Portosystemic shunts
◦ Trisomy 18	◦ Bile salt export pump deficiency
◦ Portosystemic shunts	
◦ Aicardi syndrome	

Data from [7–9]. BWS = Beckwith-Wiedemann syndrome

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (PEDAB-15)

v2.0.2025

1. Hegde SV, Dillman JR, Lopez MJ, Strouse PJ. Imaging of multifocal liver lesions in children and adolescents. *Cancer Imaging*. 2012;12(3):516-529. doi: 10.1102/1470-7330.2012.0045.
2. Fernandez-Pineda I. Differential diagnosis and management of liver tumors in infants. World Journal of Hepatology. 2014;6(7):486. doi: 10.4254/wjh.v6.i7.486.
3. Siegel MJ, Masand PM. Liver. In: Siegel MJ, editor. *Pediatric Sonography*. 5th ed, Philadelphia, Wolters Kluwer, 2019. p 211-272.
4. Squires JE and Balistreri WF. Evaluation of patients with possible liver dysfunction. Nelson Textbook of Pediatrics, Chapter 382.1. eds Kliegman RM, St. Geme JW III, Blum NJ, Shah SS, Tasker RC, Wilson KM. 21st edition. 2020, pp 2089-2092.
5. Chung EM, Cube R, Lewis RB, Conran RM. Pediatric Liver Masses: Radiologic-Pathologic Correlation Part 1. Benign Tumors. RadioGraphics. 2010;30(3):801-826. doi: 10.1148/rg.303095173.
6. Shamir SB, Kurian J, Kogan-Liberman D, Taragin BH. Hepatic Imaging in Neonates and Young Infants: State of the Art. *Radiology*. 2017;285(3):763-777. doi: 10.1148/radiol.2017170305.
7. Bernard O, Franchi-Abella S, Branchereau S, et al. Congenital portosystemic shunts in children: recognition, evaluation, and management. *Semin Liver Dis*. 2012;32:273–87.
8. Kalish JM, Doros L, Helman LJ, et al. Surveillance recommendations for children with overgrowth syndromes and predisposition to wilms tumors and hepatoblastoma. *Clin Cancer Res.* 2017;23:e115–22.
9. Karmazyn B, Rao GS, Johnstone L, et. al. Diagnosis and follow-up of incidental liver lesions in children. *Journal of Pediatric Gastroenterology and Nutrition*. 2022;74(3):320-327.
10. Moreira-Silva H, Amorim J, Santos-Silva E. Incidental liver lesions in children: A practical and evidence-based approach. *Clin Res Hepatol Gastroenterol*. 2022;46(5):101904.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Liver Disease (PEDAB-16)

Guideline

Pediatric Liver Failure and Cirrhosis (PEDAB-16.1)
References (PEDAB-16.1)
Biliary Disease (PEDAB-16.2)
References (PEDAB-16.2)
Liver Elastography (PEDAB-16.3)
References (PEDAB-16.3)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Pediatric Liver Failure and Cirrhosis (PEDAB-16.1)

ABP.LD.0016.1.A
v2.0.2025

- Elevated liver function testing imaging indications in pediatric individuals are very similar to those for adult individuals. See: **Abnormal Liver Chemistries (AB-30)** in the Abdomen Imaging Guidelines.
- Causes of liver failure or cirrhosis in pediatric individuals are different from adults, and are frequently idiopathic, but commonly due to ONE of the following:
  - Biliary dysfunction (biliary atresia, cystic fibrosis, etc.)
  - Metabolic disease
  - Post-infectious
- Liver ultrasound (CPT® 76700) with duplex Doppler (CPT® 93975) is indicated as an initial study for individuals prior to approving CT or MRI for pediatric individuals.
  - MRI Abdomen without and with contrast (CPT® 74183) is indicated for evaluation of ultrasound findings that are inconclusive or technically limited, and is preferred over CT when possible to reduce radiation exposure.
- Repeat liver ultrasound (CPT® 76705) with duplex Doppler (CPT® 93975) is indicated in pediatric individuals in the following circumstances:
  - Known chronic liver dysfunction or cirrhosis of any cause may be re-imaged on an annual basis in the absence of new or worsening findings.
  - New or worsening findings on history, physical exam, or laboratory results that suggest progression of liver disease
  - Doppler ultrasound liver (CPT® 93975 or CPT® 93976) is indicated when portal venous congestion or portal hypertension is suspected.
- Nuclear medicine liver imaging (ONE of CPT® codes: CPT® 78201, CPT® 78202, CPT® 78803, CPT® 78215, or CPT® 78216) is rarely performed, but can be approved for the following when ultrasound, CT, and MRI are unavailable or contraindicated:
  - Diffuse hepatic disease or elevated liver function tests

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

References (PEDAB-16.1)

v2.0.2025

1. Squires JE and Balistreri WF. Evaluation of patients with possible liver dysfunction. Nelson Textbook of Pediatrics, Chapter 382.1. eds Kliegman RM, St. Geme JW III, Blum NJ, Shah SS, Tasker RC, Wilson KM. 21st edition 2020, pp 2089-2092.
2. Fusillo S, Rudolph B. Nonalcoholic Fatty Liver Disease. Pediatrics in Review. 2015;36(5):198-206. doi:10.1542/pir.36-5-198.
3. Rijn RV, Nievelstein R. Paediatric ultrasonography of the liver, hepatobiliary tract and pancreas. European Journal of Radiology. 2014;83(9):1570-1581. doi:10.1016/j.ejrad.2014.03.025.
4. Paranjape SM, Mogayzel PJ. Cystic Fibrosis. Pediatrics in Review. 2014;35(5):194-205. doi:10.1542/pir.35-5-194.
5. Royal HD, Brown ML, Drum DE, et al. Society of Nuclear Medicine Procedure guideline for hepatic and splenic imaging 3.0, version 3.0, approved July 20, 2003.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Biliary Disease (PEDAB-16.2)

ABP.LD.0016.2.A

v2.0.2025

- The definition of conjugated hyperbilirubinemia is serum conjugated bilirubin >1mg/dL if total bilirubin <5.0 or greater than 20 percent of total bilirubin if total bilirubin >5.0mg/dL. Obstructive causes of liver disease need to be evaluated. Additional labs may include total and fractionated bilirubin, AST, ALT, Alk Phos, GGT, and/or urinalysis.
- Ultrasound Abdomen (CPT® 76700 or CPT® 76705) is initial imaging study of choice
- Advanced imaging such as CT, MRI is rarely indicated unless otherwise indicated below.
- After initial ultrasound:
  - If Biliary Atresia is suspected:
    - Hepatobiliary System imaging (HIDA scan) can be approved if requested by surgeon before liver biopsy.
    - Liver biopsy is diagnostic.
    - Advanced imaging such as CT, MRI is rarely indicated.
  - If choledochal cyst is suspected:
    - CT Abdomen with contrast (CPT® 74160) or MRI/MRCP (CPT® 74183 or CPT® 74181) can be approved.
    - For preoperative assessment: MRI/MRCP (CPT® 74183 or CPT® 74181) can be approved.
  - If primary biliary disease such as Primary sclerosing cholangitis or primary biliary cholangitis is suspected:
    - CT Abdomen with contrast (CPT® 74160) or MRI/MRCP (CPT® 74183 or CPT® 74181) can be approved.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (PEDAB-16.2)

v2.0.2025

1. Soares KC, Goldstein SD, Ghaseb MA, Kamel I, Hackam DJ, Pawlik TM. Pediatric choledochal cysts: diagnosis and current management. *Pediatr Surg Int*. 2017 Jun;33(6):637-650. doi: 10.1007/s00383-017-4083-6. Epub 2017 Mar 31. PMID: 28364277.
2. Abbey P, Kandasamy D, Naranje P. Neonatal Jaundice. *Indian J Pediatr.* 2019 Sep;86(9):830-841. doi: 10.1007/s12098-019-02856-0. Epub 2019 Feb 21. PMID: 30790186.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Liver Elastography (PEDAB-16.3)

ABP.LD.0016.3.A

v2.0.2025

- The following can be used for initial staging of liver fibrosis in suspected chronic liver disease:
  - Transient Elastography or Vibration-Controlled Transient Elastography (VCTE, e.g. Fibroscan) (CPT® 91200) is the initial imaging modality.
  - Magnetic Resonance Elastography (MRE, CPT® 76391) can be approved for ANY of the following:
    - Transient Elastography failure despite use of an XL-probe, OR BMI ≥30
    - Conflict between clinical picture and transient elastography results

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (PEDAB-16.3)

v2.0.2025

1. Banc-Husu AM, Bass LM.Transient elastography in pediatric liver disease. *Journal of Pediatric Gastroenterology and Nutrition*. 2021;73(2):141-144.
2. Serai SD, Franchi-Abella S, Syed AB, Tkach JA, Toso S, Ferraioli G. MR and Ultrasound Elastography for fibrosis assessment in children: practical implementation and supporting evidence-*AJR* expert panel narrative review. *AJR Am J Roentgenol*. 2024. doi:10.2214/AJR.23.30506.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Adrenal Lesions (PEDAB-17)

Guideline

Adrenal Lesions (PEDAB-17)
References (PEDAB-17)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Adrenal Lesions (PEDAB-17)

ABP.AC.0017.A
v2.0.2025

- Adrenal masses in infants and young children usually present as palpable abdominal masses or are detected on in utero US. In the neonates, the common masses are adrenal hemorrhage and neuroblastoma. Abdominal US is the initial imaging study of choice.
  - If an adrenal mass is detected, it can often be adequately evaluated with short interval follow-up retroperitoneal ultrasound (CPT® 76770) in 7 to 10 days.
    - If repeat ultrasound is concerning for neuroblastoma or there is high clinical concern for neuroblastoma, MRI Abdomen without and with contrast (CPT® 74183) or CT Abdomen without and with contrast (CPT® 74170) are indicated to confirm the diagnosis. MRI is preferred over CT when possible to reduce radiation exposure. If these studies, confirm neuroblastoma ^{123}I-Metaiodobenzylguanidine (MIBG) scintigraphy is indicated for staging.
  - Neuroblastoma is the most common primary adrenal tumor in pediatric individuals between day 1 and 5 years of age. See: **Neuroblastoma (PEDONC-6)** in the Pediatric and Special Populations Oncology Imaging Guidelines.
- Additional adrenal imaging considerations include the following:
  - Adrenal Nuclear Imaging of the cortex and/or medulla (CPT® 78075) is indicated for the following:
    - Distinguishing adrenal adenoma from adrenal hyperplasia.
    - Evaluation of suspected pheochromocytoma or paraganglioma.
      - MIBG preferred (ONE of CPT® codes: CPT® 78800, CPT® 78801, CPT® 78802, CPT® 78803, or CPT® 78804).
      - For known pheochromocytoma or paraganglioma, see: **Neuroendocrine Cancers and Adrenal Tumors (ONC-15)** in the Oncology Imaging Guidelines.
    - Evaluation of suspected neuroblastoma, ganglioneuroblastoma, or ganglioneuroma.
      - MIBG preferred (ONE of CPT® codes: CPT® 78800, CPT® 78801, CPT® 78802, CPT® 78803, or CPT® 78804 or hybrid SPECT/CT CPT® 78830, CPT® 78831, or CPT® 78832), see: **Neuroblastoma (PEDONC-6)** in the Pediatric and Special Populations Oncology Imaging Guidelines.
    - History of multiple endocrine neoplasia syndromes: See **Multiple Endocrine Neoplasias (MEN) (PEDONC-2.8)** in the Pediatric and Special Populations Oncology Imaging Guidelines

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

- History of neurofibromatosis: See **Neurofibromatosis 1 and 2 (NF1 and NF2) (PEDONC-2.3)** in the Pediatric and Special Populations Oncology Imaging Guidelines
- History of von Hippel-Lindau disease: See **Von Hippel-Lindau Syndrome (VHL) (PEDONC-2.10)** in the Pediatric and Special Populations Oncology Imaging Guidelines

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (PEDAB-17)

v2.0.2025

1. Gawande, R, Castenaeda, R and Daldrup-Link, H. Adrenal hemorrhage in pearls and pitfalls. *Pediatric imaging: variants and other difficult diagnoses.* eds. Heike E, Daldrup-Link, and Newman B. Cambridge University Press, Apr 24, 2014.
2. Moreira SG, Pow-Sang JM. Evaluation and Management of Adrenal Masses. *Cancer Control*. 2002;9(4):326-334. doi: 10.1177/107327480200900407.
3. Sharp SE, Gelfand MJ, Shulkin BL. Pediatrics: Diagnosis of Neuroblastoma. Seminars in Nuclear Medicine. 2011;41(5):345-353. doi: 10.1053/j.semnuclmed.2011.05.001.
4. Bombardieri E, Giammarile F, Aktolun C, et al. 131I/123I-Metaiodobenzylguanidine (mIBG) scintigraphy: procedure guidelines for tumour imaging. *European Journal of Nuclear Medicine and Molecular Imaging*. 2010;37(12):2436-2446. doi:10.1007/s00259-010-1545-7.
5. Chrisoulidou A, Kaltsas G, Ilias I, Grossman AB. The diagnosis and management of malignant phaeochromocytoma and paraganglioma. *Endocrine-Related Cancer*. 2007;14(3):569-585. doi: 10.1677/erc-07-0074.
6. Ganguly A. Primary Aldosteronism. *New England Journal of Medicine*. 1998;339(25):1828-1834. doi: 10.1056/nejm199812173392507.
7. Orth DN. Cushings Syndrome. *New England Journal of Medicine*. 1995;332(12):791-803. doi: 10.1056/nejm199503233321207.
8. Siegel MJ, Chung EM. Adrenal gland, pancreas, and other retroperitoneal structures. In Siegel MJ, editor. Pediatric sonography. 5th ed. Philadelpia, Wolters Kluwer, 2019. p 467-512.
9. White PC. Congenital adrenal hyperplasia and related disorders. Nelson Textbook of Pediatrics, Chapter 594. eds Kliegman RM, St. Geme JW III, Blum NJ, Shah SS, Tasker RC, Wilson KM. 21st edition. 2020, pp 2970-2979.
10. Sargar KM, Khanna G, Bowling RH. Imaging of Nonmalignant Adrenal Lesions in Children. *RadioGraphics*. 2017;37(6):1648-1664. doi: 10.1148/rg.2017170043.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Hemochromatosis (PEDAB-18)

Guideline

Hereditary (Primary) Hemochromatosis (PEDAB-18.1)
Transfusion-Associated (Secondary) Hemochromatosis (PEDAB-18.2)
References (PEDAB-18)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Hereditary (Primary) Hemochromatosis (PEDAB-18.1)

ABP.HC.0018.1.A

v2.0.2025

- Hereditary hemochromatosis imaging indications in pediatric individuals are identical to those for adult individuals. See: **Hereditary (Primary) Hemochromatosis (HH) and Other Iron Storage Diseases (AB-11.2)** in the Abdomen Imaging Guidelines.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Transfusion-Associated (Secondary) Hemochromatosis (PEDAB-18.2)

ABP.HC.0018.2.A

v2.0.2025

- Transfusion-associated hemochromatosis is a common complication of exposure to repeated red blood cell transfusions. This can occur in any individual with exposure to >20 transfusion episodes, but is most common among sickle cell disease, thalassemia, bone marrow failure (aplastic anemia, Fanconi anemia, etc.), oncology patients, and hematopoietic stem cell transplant patients.
- T2* MRI has been well established in the determination of organ iron burden in transfusion-associated hemochromatosis. Contrast use is not necessary for evaluation of iron burden. The following studies are indicated for evaluation of transfusion-associated hemochromatosis:
  - MRI Abdomen without contrast (CPT® 74181) for liver iron evaluation.
  - MRI Cardiac without contrast (CPT® 75557) for cardiac iron evaluation.
  - MRI Chest without contrast (CPT® 71550) can be approved as a single study to evaluate both heart and liver iron burden.
  - CPT® 74181 and CPT® 75557 can be approved alone, or together.
  - If requested, CPT® 71550 will evaluate both heart and liver and should not be approved with any other codes.
- Screening MRI is indicated every 12 months for chronically transfused individuals at risk of hemochromatosis.
- Imaging is indicated every 3 months for treatment response in individuals receiving active treatment (chelation and/or phlebotomy).

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (PEDAB-18)

v2.0.2025

1. Evidence-Based Management of Sickle Cell Disease: Expert Panel Report, 2014. Pediatrics. 2014;134(6). doi:10.1542/peds.2014-2986.
2. Chavhan GB, Babyn PS, Thomas B, Shroff MM, Haacke EM. Principles, Techniques, and Applications of T2*-based MR Imaging and Its Special Applications. *RadioGraphics*. 2009;29(5):1433-1449. doi:10.1148/rg.295095034.
3. Children's Oncology Group. Long-term follow-up guidelines for survivors of childhood, adolescent, and young adult cancers. Version 4.0 – October 2013, Monrovia, CA.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Indeterminate Renal Lesion (PEDAB-19)

Guideline

Indeterminate Renal Lesion (PEDAB-19)
References (PEDAB-19)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Indeterminate Renal Lesion (PEDAB-19)

ABP.RL.0019.A

v2.0.2025

- Indeterminate renal lesion characterization imaging indications in pediatric individuals are very similar to those for adult individuals. See: **Indeterminate Renal Lesion (AB-35)** in the Abdomen Imaging Guidelines.
- Indeterminate renal lesion imaging indications in pediatric individuals are uncommon and are usually cysts or congenital anomalies.
- Pediatric-specific imaging considerations include the following:
  - Pediatric renal cysts have a lower risk of malignant progression than do renal cysts in adults.
  - MRI Abdomen without and with contrast (CPT® 74183) or CT Abdomen with contrast (CPT® 74160) is indicated for individuals who have simple cysts but are symptomatic and surgical intervention is being considered.
  - MRI Abdomen without and with contrast (CPT® 74183) or CT Abdomen without and with contrast (CPT® 74170) is indicated for pediatric individuals with complex renal cyst identified on ultrasound.
  - For individuals with congenital anomalies, nuclear medicine studies with diuretic renography (CPT® 78708 or CPT® 78709) can be performed to determine function and cystography to determine presence of associated reflux.
  - Individuals with solid renal masses should be imaged according to guidelines in section **Pediatric Renal Tumors (PEDONC-7)** in the Pediatric and Special Populations Oncology Imaging Guidelines.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (PEDAB-19)

v2.0.2025

1. Bar-Server Z, Shammas A, et al. Pediatric Nephro-Urology: Overview and updates in diuretic renal scans and renal cortical scintigraphy. *Semin Nucl Med.* 2022;52(4):419-431. doi:10.1053/j.semnuclmed.2021.12.002.
2. Kim CK, Biyyam DR, Becker MD, et al. ACR–SPR Practice parameter for the performance of renal scintigraphy. Revised 2017 (Resolution 29).
3. Maid M, Bar-Server Z, et al. the SNMMI and ENM procedural guidelines for diuresis renography in infants and children. *J Nucl Med*. 2018;59(10):1636-1640. doi:10.2967/jnumed.118.215921.
4. Thomas CC, Jana M, et al. Ultrasound imaging of renal cysts in children. *J Ultrasound Med.* 2021;40(3):621-635. doi:10.1002/jum.15435.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Hydronephrosis (PEDAB-20)

Guideline

Hydronephrosis (PEDAB-20)
References (PEDAB-20)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Hydronephrosis (PEDAB-20)

ABP.HN.0020.A
v2.0.2025

Hydronephrosis is a relatively common finding in pediatric individuals, with the following imaging considerations:

- Evaluation of antenatal hydronephrosis (AHN) with retroperitoneal ultrasound (CPT® 76771)[9]
  - Males with distended bladder or infants with moderate/severe antenatal hydronephrosis diagnosed prenatally should undergo postnatal ultrasound within 24 hours of life.
  - Infants with mild prenatal hydronephrosis should undergo postnatal ultrasound after seven days of life.
  - All infants with antenatal hydronephrosis should undergo a second postnatal ultrasound (even if initial is normal) at 4-6 weeks of age.
  - After this, infants with known hydronephrosis may be followed by ultrasound every 3-12 months until resolution of hydronephrosis.
    - This imaging represents a guideline-supported, scheduled follow-up imaging evaluation, as described in **Clinical Information (Preface-3.1)** in the Preface Imaging Guidelines.
- Hydronephrosis associated with urinary tract infection or vesicoureteral reflux, see: **Urinary Tract Infection (UTI) (PEDAB-5)** for imaging guidelines.
- Individuals with obstructive uropathy (including ureteropelvic junction obstruction (UPJO), ureterovesical junction obstruction (UVJO), and bladder outlet obstruction) can be evaluated with retroperitoneal ultrasound (CPT® 76770), and diuretic renography (CPT® 78707, CPT® 78708, or CPT® 78709) for preoperative planning and postoperatively at 3 to 12 months.
  - If hydronephrosis has resolved on postoperative imaging then no further routine imaging is indicated.
- Magnetic resonance urography (MRU) (CPT® 74183 and CPT® 72197) is rarely indicated, but can be approved in individuals with inconclusive ultrasound and diuretic renography.
- CT Abdomen with contrast (CPT® 74160) is rarely indicated, but can be approved in individuals with inconclusive ultrasound and a suspected vascular cause of UPJO.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (PEDAB-20)

v2.0.2025

1. Darge K, Siegel MJ. Kidney. In: Seigel MJ, editor Pediatric Sonography, 5th ed, Philadelpia, Wolters Kluwer, 2019. p 396-466.
2. Sinha A, Bagga A, Krishna A, et al. Revised guidelines on management of antenatal hydronephrosis. Indian Journal of Nephrology. 2013;23(2):83. doi: 10.4103/0971-4065.109403.
3. Dervoort KV, Lasky S, Sethna C, et al. Hydronephrosis in Infants and Children: Natural History and Risk Factors for Persistence in Children Followed by a Medical Service. *Clinical medicine Pediatrics*. 2009;3. doi: 10.4137/cmped.s3584.
4. Hsi RS, Holt SK, Gore JL, Lendvay TS, Harper JD. National Trends in Followup Imaging after Pyeloplasty in Children in the United States. *Journal of Urology*. 2015;194(3):777-782. doi: 10.1016/j.juro.2015.03.123.
5. Elder JS. Obstruction of the urinary tract. Nelson Textbook of Pediatrics, Chapter 555. eds Kliegman RM, St. Geme JW III, Blum NJ, Shah SS, Tasker RC, Wilson KM. 21st edition. 2020, pp 2800-2810.
6. Nguyen HT, Benson CB, Bromley B, et al. Multidisciplinary consensus on the classification of prenatal and postnatal urinary tract dilation (UTD classification system). *Journal of Pediatric Urology*. 2014;10(6):982-998. doi: 10.1016/j.jpurol.2014.10.002.
7. Chow JS, Koning JL, Back SJ, Nguyen HT, Phelps A, Darge K. Classification of pediatric urinary tract dilation: the new language. *Pediatric Radiology*. 2017;47(9):1109-1115. doi: 10.1007/s00247-017-3883-0.
8. Brown BP, Simoneaux SF, Dillman JR, Rigsby CK, Iyer RS, Alazraki AL, Bardo DM, Chan SS, Chandra T, Dorfman SR, Garber MD. ACR Appropriateness Criteria® Antenatal Hydronephrosis–Infant. *Journal of the American College of Radiology*. 2020 Nov 1;17(11):S367-79.
9. Yalçınkaya F, Özçakar ZB. Management of antenatal hydronephrosis. *Pediatr Nephrol*. 2020;35(12):2231-239. doi:10.1007/s00467-019-04420-6.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Polycystic Kidney Disease (PEDAB-21)

Guideline

Polycystic Kidney Disease (PEDAB-21)
References (PEDAB-21)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Polycystic Kidney Disease (PEDAB-21)

ABP.PK.0021.A

v2.0.2025

- Abdominal ultrasound (CPT® 76700) or retroperitoneal ultrasound (CPT® 76770) for clinical concern of polycystic kidney disease, or for screening individuals who are at risk for autosomal dominant polycystic kidney disease (ADPKD).
- There are no established MRI-based diagnostic criteria for ADPKD in children younger than 15 years of age.
- For older children and teens, imaging indications for MRI Abdomen without contrast (CPT® 74181) would be identical to those for adult individuals. See: **Polycystic Kidney Disease (AB-38.1)** in the Abdomen Imaging Guidelines.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (PEDAB-21)

v2.0.2025

1. Devarajan P. Autosomal Recessive polycystic kidney disease. Nelson Textbook of Pediatrics, Chapter 541.2. eds Kliegman RM, St. Geme JW III, Blum NJ, Shah SS, Tasker RC, Wilson KM. 21st edition 2020, pp 2744-2747.
2. Devarajan P. Autosomal dominant polycystic kidney disease. Nelson Textbook of Pediatrics, Chapter 541.3. eds Kliegman RM, St. Geme JW III, Blum NJ, Shah SS, Tasker RC, Wilson KM. 21st edition 2020, p 2747-2748.
3. Gimpel C, Avni EF, Breysem L, et al. Imaging of Kidney Cysts and Cystic Kidney Diseases in Children: An International Working Group Consensus Statement. *Radiology*. 2019;290(3):769-782. doi:10.1148/radiol.2018181243.
4. Gimpel C, Bergmann C, Bockenhauer D, et al. International consensus statement on the diagnosis and management of autosomal dominant polycystic kidney disease in children and young people. *Nat Rev Nephrol*. 2019;15(11):713-726. doi: 10.1038/s41581-019-0155-2.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Blunt Abdominal Trauma (PEDAB-22)

Guideline

Blunt Abdominal Trauma (PEDAB-22)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Blunt Abdominal Trauma (PEDAB-22)

ABP.BA.0022.A

v2.0.2025

- Blunt abdominal trauma imaging indications in pediatric individuals are identical to those for adult individuals. See: **Blunt Abdominal Trauma (AB-10.1)** in the Abdomen Imaging Guidelines.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Hernias (PEDAB-23)

Guideline

Hernias (PEDAB-23)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Hernias (PEDAB-23)

ABP.IH.0023.A

v2.0.2025

- Hernia imaging indications in pediatric individuals are identical to those for adult individuals. See: **Hernias (AB-12)** in the Abdomen Imaging Guidelines.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Abdominal Lymphadenopathy (PEDAB-24)

Guideline

Abdominal Lymphadenopathy (PEDAB-24)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Abdominal Lymphadenopathy (PEDAB-24)

ABP.AL.0024.A

v2.0.2025

- Abdominal lymphadenopathy imaging indications in pediatric individuals are identical to those for adult individuals. See: **Abdominal Lymphadenopathy (AB-8)** in the Abdomen Imaging Guidelines.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Left Upper Quadrant Pain (PEDAB-25)

Guideline

Left Upper Quadrant Pain (PEDAB-25)
References (PEDAB-25)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Left Upper Quadrant Pain (PEDAB-25)

ABP.LT.0025.A

v2.0.2025

- Left upper quadrant pain imaging indications in pediatric individuals are identical to those for adult individuals. See: **Abdominal Pain (AB-2)** in the Abdomen Imaging Guidelines.
- Nuclear medicine spleen imaging (CPT® 78185) is rarely performed, but can be approved for left upper quadrant pain when neither ultrasound nor CT is available.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (PEDAB-25)

v2.0.2025

1. Royal HD, Brown ML, Drum DE, et al. Society of Nuclear Medicine Procedure guideline for hepatic and splenic imaging 3.0, version 3.0, approved July 20, 2003.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Spleen (PEDAB-26)

Guideline

Spleen (PEDAB-26)
References (PEDAB-26)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Spleen (PEDAB-26)

ABP.SP.0026.A

v2.0.2025

- Spleen imaging indications in pediatric individuals are very similar to those for adult individuals. See: **Spleen (AB-34)** in the Abdomen Imaging Guidelines.
- Nuclear medicine spleen imaging (CPT® 78185) is rarely performed, but can be approved for the following indications when CT is unavailable:
  - Splenic trauma
  - Evaluation of splenic function
  - Suspected splenic mass, cyst, abscess, infarct, or metastasis
  - Radiation treatment planning
  - Asplenia
  - Suspected functional accessory spleen:
    - Can approve CPT® 78215 or CPT® 78216 instead of CPT® 78185, if requested
- Pediatric-specific imaging considerations include the following:
  - MRI is preferred over CT when possible to reduce radiation exposure.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (PEDAB-26)

v2.0.2025

1. Brandow AM and Camitta BM. Splenomegaly. Nelson Textbook of Pediatrics, Chapter 513. eds Kliegman RM, St. Geme JW III, Blum NJ, Shah SS, Tasker RC, Wilson KM. 21st edition. 2020, pp. 2619-2620.
2. Brandow AM and Camitta BM. Hyposplenism, splenic trauma, and splenectomy. Nelson Textbook of Pediatrics, Chapter 514. eds Kliegman RM, St. Geme JW III, Blum NJ, Shah SS, Tasker RC, Wilson KM. 21st edition. 2020, pp. 2621-2622.
3. Navarro OM, Siegel MJ. Spleen and Peritoneal Cavity. In: Siegel MJ, editor. Pediatric Sonography, 5th ed. Philadelphia. Wolters Kluwer. 2019. p 304-345.
4. Di Serafino M, Verde F, Ferro F, et al. Ultrasonography of the pediatric spleen: a pictorial essay. *J Ultrasound*. 2019;22(4):503-512. doi:10.1007/s40477-018-0341-2.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Intussusception (PEDAB-27)

Guideline

Intussusception (PEDAB-27)
References (PEDAB-27)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Intussusception (PEDAB-27)

ABP.IN.0027.A
v2.0.2025

- Intussusception, telescoping of one bowel loop into another, is a frequent cause of abdominal pain in young children. It may be associated with bloody stool. Plain x-rays (supine and left lateral decubitus views) should be performed initially to exclude mass or bowel obstruction from other causes and to detect possible bowel perforation, which may be an indication for emergent surgical intervention.
  - Ultrasound (CPT® 76700 or CPT® 76705) is indicated as an initial study if there is a strong suspicion for intussusception, but if negative, plain x-rays of the abdomen should follow.
  - In some institutions, Ultrasound guidance (CPT® 76942) may be used for reduction of colonic or ileocolic intussusception. Generally, this is an urgent or emergent procedure and may not require prior authorization.
  - CT Abdomen and/or Pelvis with contrast (CPT® 74160 or CPT® 74177) is indicated to help characterize or diagnose pathologic lead points identified on ultrasound.[4]

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (PEDAB-27)

v2.0.2025

1. Maqbool A and Liacouras CA. Intussusception. Nelson Textbook of Pediatrics, Chapter 359.3. eds Kliegman RM, St. Geme JW III, Blum NJ, Shah SS, Tasker RC, Wilson KM. 21st edition. 2020, pp 1965-1967.
2. Edwards EA, Pigg N, Courtier J, Zapala MA, Mackenzie JD, Phelps AS. Intussusception: past, present and future. *Pediatric Radiology*. 2017;47(9):1101-1108. doi: 10.1007/s00247-017-3878-x.
3. Coley BDBD. Caffeys Pediatric Diagnostic Imaging. Philadelphia, PA: Elsevier; 2019. Chapter 107, pp1040-1049.
4. Atweh LA, Naffaa L, Barakat A, Baassiri A. Imaging Acute Non-Traumatic Abdominal Pathologies in Pediatric Patients: A Pictorial Review. *Journal of Radiology Case Reports*. 2019;13(7). doi: 10.3941/jrcr.v13i7.3443.
5. Plut D, Phillips GS, Johnston PR, Lee EY. Practical imaging strategies for intussusception in children. *AJR Am J Roentgenol*. 2020;215(6):1449-1463. doi:10.2214/AJR.19.22445.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Bowel Obstruction (PEDAB-28)

Guideline

Bowel Obstruction (PEDAB-28.1)
References (PEDAB-28)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Bowel Obstruction (PEDAB-28.1)

ABP.BO.0028.1.A
v2.0.2025

- Suspected high-grade obstruction
  - MRI Abdomen and Pelvis without and with contrast (CPT® 74183 and CPT® 72197) is preferred to avoid unnecessary radiation exposure.
  - CT Abdomen and Pelvis with contrast (CPT® 74177) can be approved if MRI is not readily available.
- Suspected intermittent or low-grade small bowel obstruction.
  - MRI Abdomen and Pelvis without and with contrast (CPT® 74183 and CPT® 72197) is preferred to avoid unnecessary radiation exposure.
  - CT Abdomen and Pelvis with contrast (CPT® 74177) can be approved if MRI is not readily available.
  - If the etiology or level of suspected intermittent or low-grade small bowel obstruction remains undetermined and additional imaging is needed after CT Abdomen and Pelvis:
    - CT Enteroclysis (CPT® 74176 or 74177), or
    - CT Enterography (CPT® 74177), or
    - MR Enteroclysis (CPT® 74183 and CPT® 72197), or
    - MR Enterography (CPT® 74183 and CPT® 72197)
- Small bowel obstruction suspected to be secondary to Crohn's Disease
  - See: **Inflammatory Bowel Disease, Crohn Disease, or Ulcerative Colitis (PEDAB-9)**

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (PEDAB-28)

v2.0.2025

1. Expert Panel on Gastrointestinal Imaging. ACR Appropriateness Criteria® suspected small-bowel obstruction. American College of Radiology (ACR); 2019.
2. Bower KL, Lollar DI, Williams SL et al. Small bowel obstruction. *Surg Clin North Am*. 2018;98(5):945-971. doi:10/1016/j.suc.2018.05.007.
3. Hull NC, Kim HR, et al. Neonatal and pediatric bowel obstruction: Imaging guidelines and recommendations. *Radiologic Clinics of North America*. 2022;60(1):131-148. doi:10.1016/j.rcl.2021.08.006.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Left Lower Quadrant Pain (PEDAB-29)

Guideline

Left Lower Quadrant Pain (PEDAB-29)
References (PEDAB-29)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Left Lower Quadrant Pain (PEDAB-29)

ABP.LP.0029.A
v2.0.2025

Diverticulitis is the most common cause of left lower quadrant pain in adults but is extremely rare in children.

- CT Abdomen and Pelvis (CPT® 74177) with contrast is indicated if there are any red flag signs or symptoms (as listed in **General Guidelines (PEDAB-1.0)**)
- In the absence of red flags, advanced imaging is rarely helpful in the initial evaluation of these individuals. Consultation with gastroenterologist can be helpful in determining the appropriate diagnostic pathway.
  - Pelvic ultrasound (CPT® 76856) is the initial imaging study of choice for children for detecting gynecologic abnormalities that may cause left lower quadrant pain.
  - For male individuals or if ultrasound is inconclusive, advanced imaging may be appropriate for management as directed by gastroenterological evaluation or consultation.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (PEDAB-29)

v2.0.2025

1. Maqbool A, and Liacouras CA. Major symptoms and signs of digestive tract disorders. Nelson Textbook of Pediatrics, Chapter 332. eds Nelson Textbook of Pediatrics, Chapter XXX eds Kliegman RM, St. Geme JW III, Blum NJ, Shah SS, Tasker RC, Wilson KM. 21st edition 2020, pp 1902-1912.
2. Maqbool A and Liacouras CA, Functional Gastrointestinal Disorders. Nelson Textbook of Pediatrics, Chapter 368. eds Kliegman RM, St. Geme JW III, Blum NJ, Shah SS, Tasker RC, Wilson KM. 21st edition 2020, pp 2041-2045.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Celiac Disease (Sprue) (PEDAB-30)

Guideline

Celiac Disease (Sprue) (PEDAB-30)
References (PEDAB-30)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Celiac Disease (Sprue) (PEDAB-30)

ABP.CD.0030.A

v2.0.2025

- Celiac disease imaging indications in pediatric individuals are identical to those for adult individuals. See: **Celiac Disease (Sprue) (AB-24)** in the Abdomen Imaging Guidelines.

***Background and Supporting Information*:**

There is no need for radiological small bowel imaging in uncomplicated celiac disease.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (PEDAB-30)

v2.0.2025

1. Van Weyenberg SJB, Mulder CJJ, Van Waesberghe JHTM. Small bowel imaging in celiac disease. *Dig Dis*. 2015;33(2):252-259. doi:10.1159/000369516.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Transplant (PEDAB-31)

Guideline

Transplant (PEDAB-31)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Transplant (PEDAB-31)

ABP.TX.0031.A

v2.0.2025

- Liver and kidney transplant imaging indications in pediatric individuals are identical to those for adult individuals. See: **Transplant (AB-42)** in the Abdomen Imaging Guidelines.
- For post-transplant lymphoproliferative disorder in pediatric individuals, see: **Pediatric Aggressive Mature B-Cell Non-Hodgkin Lymphomas (NHL) (PEDONC-5.3)** in the Pediatric and Special Populations Oncology Imaging Guidelines.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Gaucher Disease (PEDAB-32)

Guideline

Gaucher Disease (PEDAB-32)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Gaucher Disease (PEDAB-32)

ABP.GD.0032.A
v2.0.2025

See: **Gaucher Disease (PEDPN-4)** in the Pediatric Peripheral Nerve Disorders Imaging Guidelines.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Vomiting Infant, Malrotation, and Hypertrophic Pyloric Stenosis (PEDAB-33)

Guideline

Vomiting Infant, Malrotation, and Hypertrophic Pyloric Stenosis (PEDAB-33)
References (PEDAB-33)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Vomiting Infant, Malrotation, and Hypertrophic Pyloric Stenosis (PEDAB-33)

ABP.VI.0033.A
v2.0.2025

- Vomiting in infants is generally classified as either bilious (implying obstruction distal to the Sphincter of Oddi) or non-bilious.
- Bilious vomiting may be a true emergency, as some of the conditions causing this could result in compromise of blood supply to the intestines, a potentially life-threatening situation.
- Nonbilious vomiting in otherwise healthy infants may be imaged with Upper GI series (UGI).
- Suspected malrotation is an indication for emergent imaging. If malrotation with mid-gut volvulus is suspected, acute abdominal series (chest x-ray and abdominal views, including supine and upright or supine and left lateral decubitus views), followed by UGI series (preferred) and/or Ultrasound abdomen, limited (CPT® 76705) should be performed. If the abdominal x-rays suggest distal bowel obstruction, water soluble contrast enema should be considered.
- Hypertrophic Pyloric Stenosis is an idiopathic condition wherein the circular muscle controlling emptying of the stomach thickens causing a relative obstruction of the gastric outlet. The condition can occur at any age (including occasionally in adults), but the typical child is male, aged 2 to 6 weeks. Projectile non-bilious vomiting is the most common presenting complaint, but the description of projectile vomiting is subjective. The differential diagnosis for non-bilious vomiting includes common conditions such as viral gastroenteritis and gastro-esophageal reflux.
  - Infants with persistent projectile non-bilious vomiting should be evaluated with Ultrasound abdomen, limited (CPT® 76705). If initial studies are not diagnostic, repeat studies should be performed as frequently as daily until the vomiting resolves or the diagnosis is made. UGI series may be useful as a confirmatory test, may be preferred if ultrasound expertise is not available for this condition, or if the clinical presentation is atypical for hypertrophic pyloric stenosis. Ultrasound is preferred when available, as it involves no contrast or ionizing radiation use.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (PEDAB-33)

v2.0.2025

1. Hunter AK and Liacouras CA. Hypertrophic pyloric stenosis. Nelson Textbook of Pediatrics. Chapter 329.1. eds Kliegman RM, Stanton BF, St. Geme JW III, et al. 20th edition. 2016, pp 1797-1799.
2. Hunter AK and Liacouras CA, Malrotation. Nelson Textbook of Pediatrics. Chapter 330.3. eds Kliegman RM, Stanton BF, St. Geme JW III, et al. 20th edition. 2016, pp 1803-1804.
3. Hwang J-Y. Emergency ultrasonography of the gastrointestinal tract of children. *Ultrasonography*. 2017;36(3):204-221. doi:10.14366/usg.16052.
4. Atweh LA, Naffaa L, Barakat A, Baassiri A. Imaging Acute Non-Traumatic Abdominal Pathologies in Pediatric Patients: A Pictorial Review. *Journal of Radiology Case Reports*. 2019;13(7). doi: 10.3941/jrcr.v13i7.3443.
5. Coley BDBD. Caffeys Pediatric Diagnostic Imaging. Philadelphia, PA: Elsevier; 2019. Chapters 100 and 102.
6. American College of Radiology ACR Appropriateness Criteria® Vomiting in Infants. Revised 2020. https://acsearch.acr.org/docs/69445/Narrative/.
7. Rich BS, Dolgin SE. Hypertrophic pyloric stenosis. *Pediatr Rev*. 2021;42(10):539-545. doi:10.1542/pir.2020.003277.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Pancreatitis (PEDAB-34)

Guideline

Acute Pancreatitis (PEDAB 34.1)
Chronic Pancreatitis (PEDAB 34.2)
References (PEDAB-34)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Acute Pancreatitis (PEDAB 34.1)

ABP.PX.0034.1.A
v2.0.2025

- The presence of any red flag findings per **General Guidelines (PEDAB-1.0)** precludes adjudication based on any other criteria.
  - If red flag is present (as per **General Guidelines (PEDAB-1.0)**), then CT Abdomen and Pelvis with contrast (CPT® 74177), CT Abdomen with contrast (CPT® 74160), or MRI/MRCP (CPT® 74183 or CPT® 74181) is indicated.[2]
- Initial imaging
  - US Abdomen (CPT® 76700 or CPT® 76705) can be approved
  - If ultrasound performed and is nondiagnostic due to technical limitation (obesity, overlying gas, etc.), or if ultrasound is negative and there is continued clinical suspicion of acute pancreatitis MRI/MRCP (CPT® 74183 or CPT® 74181) can be approved.
    - CT Abdomen and Pelvis with contrast (CPT® 74177) or CT Abdomen with contrast (CPT® 74160) if MRI/MRCP cannot be performed.
  - CT Abdomen and Pelvis with contrast (CPT® 74177) can be approved for management of acute pancreatitis in the following situations:
    - Evaluation of known or suspected complications of acute pancreatitis
    - To characterize degree of organization of collections before intervention
- Abdominal US (CPT® 76700 or CPT® 76705) can be used to follow known fluid collections for resolution or progression.
- Acute Recurrent Pancreatitis (ARP)
  - MRI/MRCP (CPT® 74183 or CPT® 74181) can be approved
    - to identify structural or obstructive causes
    - to assess for progression to chronic pancreatitis
  - In a child who requires sedation for imaging, it is reasonable to alternate MRI/MRCP with Abdominal US (CPT® 76700 or CPT® 76705) or CT Abdomen with contrast (CPT® 74160) for serial monitoring of acute recurrent pancreatitis as recommended by or in consultation with a gastroenterologist or pancreatic specialist.

Background and Supporting Information

- The role of imaging is to identify findings at diagnosis, assess for local complications, identify potential etiologies, monitor evolution of local complications, plan and guide interventions.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Chronic Pancreatitis (PEDAB 34.2)

ABP.PX.0034.2.A
v2.0.2025

- The role of imaging is to contribute to or establish initial diagnosis, stage/monitor disease, assess for superimposed acute pancreatitis, identify potential etiologies of chronic pancreatitis, characterize secretory function, and/or plan for surgical intervention.
- If chronic pancreatitis is suspected:
  - MRI Abdomen without and with contrast (CPT® 74183) may be approved.
    - CT Abdomen and Pelvis with contrast (CPT® 74177) or CT Abdomen with contrast (CPT® 74160) may be approved if MRI cannot be performed.
- Abdominal US (CPT® 76700 or CPT® 76705) may be approved to evaluate suspected or known episode of acute pancreatitis in a child with chronic pancreatitis.
  - CT Abdomen and Pelvis with contrast (CPT® 74177) or CT Abdomen with contrast (CPT® 74160) or MRI/MRCP (CPT® 74183 or CPT® 74181) may be approved in the following situations:
    - If ultrasound is negative and imaging diagnosis of acute pancreatitis is needed
- If planning endoscopic or surgical interventions

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (PEDAB-34)

v2.0.2025

1. Trout AT, Anupindi SA, Freeman AJ, et. al. North American Society for Pediatric Gastroenterology, Hepatology and Nutrition and the Society for Pediatric Radiology joint position paper on noninvasive imaging of pediatric pancreatitis: literature summary and recommendations. *J Pediatr Gastroenterol Nutr*. 2021;72(1):151-167. doi:10.1097/MPG.0000000000002964.
2. Trout AT, Ayyala RS, Murati MA, et. Al.. Current state of imaging of pediatric pancreatitis: AJR expert panel narrative review. *AJR Am J Roentgenol*. 2021;217(2):265-277. doi: 10.2214/AJR.21.25508.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Table of Contents

Guideline

General Information
Congenital Heart Disease
Condition Specific Imaging
Echocardiography
Computed Tomography
Magnetic Resonance Imaging
Diagnostic Heart Catheterization

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

General Information

Guideline

General Guidelines (PEDCD-1.0)
References (PEDCD-1.0)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

General Guidelines (PEDCD-1.0)

CDP.GG.0001.0.A
v1.0.2025

Heart disease in the pediatric population involves predominantly congenital lesions. Pediatric individuals can have acquired heart disease unique to children. For those diseases which occur in both pediatric and adult populations, differences exist in management due to individual age, comorbidities, and differences in disease natural history between children and adults.

Pediatric Cardiac Imaging Appropriate Clinical Evaluation

- Prior to considering advanced imaging (CT, MR, Nuclear Medicine) or echocardiogram, a pertinent clinical evaluation should be performed, including the following (both):
  - A detailed history, physical examination or meaningful technological contact (telehealth visit, telephone call, electronic mail or messaging)
  - A review of appropriate diagnostic studies (laboratory, EKG, echo, and other diagnostic imaging)
- A recent clinical evaluation is not needed prior to advanced imaging (CT, MR, Nuclear Medicine) or echocardiogram if **any** of the following apply:
  - Individual is undergoing guideline-supported scheduled imaging evaluation
  - Echocardiogram is being performed at the first cardiology visit for an appropriate indication as stated in these guidelines
  - Routine imaging is anticipated at the next visit (e.g., one year follow-up echo for a 10 year old with a VSD)
- Advanced imaging of the heart and echocardiogram are medically necessary in any of the following:
  - Individuals who have documented active clinical signs or symptoms of disease involving the heart
  - As follow-up for findings on echocardiograms.
  - See **Initial Transthoracic Echocardiography (TTE) Indications (PEDCD-8.2)** for indications for initial echos in asymptomatic individuals
- Repeat imaging studies of the heart are **not** indicated unless one of the following applies:
  - Repeat imaging is indicated in a specific guideline section
  - There is evidence for progression of disease
  - There is new onset of disease with documentation of how repeat imaging will affect individual management or treatment decisions

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

  - See **Repeat Transthoracic Echocardiography Indications (PEDCD-8.3)** for indications for repeat echos in asymptomatic individuals
- Asymptomatic individuals with exposure to cardiotoxic drugs can have serial echocardiograms as per **Cardiotoxicity and Echocardiography (PEDONC-19.2)** in the Pediatric Oncology Imaging Guideline
- Advanced imaging and echocardiogram is **not** indicated, in the absence of other appropriate indications listed in these guidelines, for **any** of the following:
  - Individuals starting ADHD medications
  - To screen asymptomatic individuals for disorders involving the heart

Pediatric Cardiac Imaging Modality General Considerations

- MRI
  - MRI and MRA studies are frequently indicated for evaluation of congenital heart defects not well visualized on echocardiography, thoracic arteries and veins not visualized on echocardiography, cardiomyopathies, and right ventricular disease, as well as in follow-up for these indications.
  - Due to the length of time for image acquisition and the need for the individual to be motionless during the acquisition, anesthesia is required for almost all infants and young children (age <7 years), as well as older children with delays in development or maturity. In this population, MRI imaging sessions should be planned with a goal of avoiding a short-interval repeat anesthesia exposure due to insufficient information using the following considerations:
    - MRI is typically performed without and with contrast.
    - If multiple body areas are supported for the clinical condition being evaluated, MRI of all necessary body areas should be obtained concurrently in the same anesthesia session.
- CT
  - CT is primarily used to evaluate the coronary and great vessels in congenital heart disease if cardiac MR is contraindicated.
  - Coding considerations are listed in **CT Heart and Coronary Computed Tomography Angiography (CCTA) – Other Indications (PEDCD-10)**
- Ultrasound
  - Echocardiography is the primary modality used to evaluate the anatomy and function of the pediatric heart, and is generally indicated before considering other imaging modalities.
  - Coding considerations are listed in **Echocardiography - Other Indications (PEDCD-8)**
- Nuclear Medicine

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

- SPECT, PET stress may be indicated for individuals with anomalous CA, angina chest pain, and follow-up for Kawasaki and MIS-C. See specific sections for those indications.
- Multi Gated Acquisition (MUGA) studies (CPT® 78472, CPT® 78473, CPT® 78481, CPT® 78483, CPT® 78494, or CPT® 78496) are rarely performed in pediatrics, but can be approved for the following:
  - Certain pediatric oncology individuals when echocardiography is insufficient: See: **Appropriate Clinical Evaluations (PEDONC-1.2)** for imaging guidelines.
  - Quantitation of left ventricular function when recent echocardiogram shows ejection fraction of <50% and MUGA results will impact acute patient care decisions.
- SPECT/CT fusion imaging involves SPECT (MPI) imaging and CT for optimizing location, accuracy, and attenuation correction combines functional and anatomic information.
  - There is currently no evidence-based data to formulate appropriateness criteria for SPECT/CT fusion imaging.
  - Combined use of nuclear imaging, including SPECT, along with diagnostic CT (fused SPECT/CT) is considered investigational.
- Central C-V Hemodynamics (CPT® 78414) is not an imaging study and is an outdated examination
- Cardiac Shunt Detection (CPT® 78428) is rarely performed in pediatrics but can be approved for individuals in whom Cardiac MR is not diagnostic
  - Calculation of left and right ventricular ejection fractions
  - Assessment of wall motion
  - Quantitation of right to left shunts
- Myocardial Tc-99m Pyrophosphate Imaging
  - Infarct Avid Myocardial Imaging studies (CPT® 78466, CPT® 78468, and CPT® 78469), historically this method of imaging the myocardium, Myocardial Tc-99m Pyrophosphate Imaging, was used to identify recent infarction, hence, the term "infarct-avid scan." Although still available, the sensitivity and specificity for identifying infarcted myocardial tissue is variable and the current use for this indication is limited
  - CPT® 78466, CPT® 78468, and CPT® 78469, CPT® 78800 or CPT® 78803 may be used, for identification of myocardial ATTR (transthyretin) amyloidosis. See **Myocardial Tc-99m Pyrophosphate Imaging (CD-3.7)** and **Cardiac Amyloidosis (CD-3.8)**

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

MUGA (Multi Gated Acquisition) – Blood Pool Imaging	CPT®
Myocardial Imaging, infarct avid, planar, qualitative or quantitative	78466
Myocardial Imaging, infarct avid, planar, qualitative or quantitative with ejection fraction by first pass technique	78468
Myocardial Imaging, infarct avid, planar, qualitative or quantitative tomographic SPECT with or without quantification	78469
Radiopharmaceutical Localization Imaging Limited area	78800
Radiopharmaceutical Localization Imaging SPECT Note: When reporting CPT® 78803, planar imaging of a limited area or multiple areas should be included with the SPECT	78803

Supporting Information

Individuals who are <18 years old should be imaged according to the Pediatric Cardiac Imaging Guidelines and the general Cardiac Imaging Guidelines. Individuals who are age ≥18 years should be imaged according to the Cardiac Imaging Guidelines, except where directed otherwise by a specific guideline section. Adult individuals who also have congenital heart disease should be imaged by **Adult Congenital Heart Disease (CD-11)** in the general Cardiac Imaging Guidelines.

The guidelines listed in this section for certain specific indications are not intended to be all-inclusive; clinical judgment remains paramount and variance from these guidelines may be appropriate and warranted for specific clinical situations.

Procedure Codes Associated with Cardiac or PVD Imaging

MRI/MRA	CPT®
Cardiac magnetic resonance imaging for morphology and function without contrast material	75557
Cardiac magnetic resonance imaging for morphology and function without contrast material; with stress imaging	75559

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

MRI/MRA	CPT®
Cardiac magnetic resonance imaging for morphology and function without contrast material(s), followed by contrast material(s) and further sequences	75561
Cardiac magnetic resonance imaging for morphology and function without contrast material(s), followed by contrast material(s) and further sequences; with stress imaging	75563
Cardiac magnetic resonance imaging for velocity flow mapping (List separately in addition to code for primary procedure)	75565

CT	CPT®
Computed tomography, heart, without contrast material, with quantitative evaluation of coronary calcium	75571
Computed tomography, heart, with contrast material, for evaluation of cardiac structure and morphology (including 3D image postprocessing, assessment of cardiac function, and evaluation of venous structures, if performed)	75572
Computed tomography, heart, with contrast material, for evaluation of cardiac structure and morphology in the setting of congenital heart disease (including 3D image postprocessing, assessment of LV cardiac function, RV structure and function and evaluation of venous structures, if performed)	75573

CTA	CPT®
Noninvasive estimate of coronary fractional flow reserve (FFR) derived from augmentative software analysis of the data set from a coronary computed tomography angiography, with interpretation and report by a physician or other qualified health care professional	75580

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

CTA	CPT®
Computed tomographic angiography, heart, coronary arteries and bypass grafts (when present), with contrast material, including 3D image postprocessing (including evaluation of cardiac structure and morphology, assessment of cardiac function, and evaluation of venous structures, if performed)	75574
Computed tomographic angiography, abdominal aorta and bilateral iliofemoral lower extremity runoff, with contrast material(s), including noncontrast images, if performed, and image postprocessing	75635

Nuclear Medicine	CPT®
Determination of central c-v hemodynamics (non-imaging) (eg, ejection fraction with probe technique) with or without pharmacologic intervention or exercise, single or multiple determinations	78414
Cardiac shunt detection	78428
Myocardial imaging, positron emission tomography (PET), metabolic evaluation study (including ventricular wall motion[s] and/or ejection fraction[s], when performed), single study; with concurrently acquired computed tomography transmission scan	78429
Myocardial imaging, positron emission tomography (PET), perfusion study (including ventricular wall motion[s] and/or ejection fraction[s], when performed); single study, at rest or stress (exercise or pharmacologic), with concurrently acquired computed tomography transmission scan	78430
Myocardial imaging, positron emission tomography (PET), perfusion study (including ventricular wall motion[s] and/or ejection fraction[s], when performed); multiple studies at rest and stress (exercise or pharmacologic), with concurrently acquired computed tomography transmission scan	78431

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Nuclear Medicine	CPT®
Myocardial imaging, positron emission tomography (PET), combined perfusion with metabolic evaluation study (including ventricular wall motion[s] and/or ejection fraction[s], when performed), dual radiotracer (eg, myocardial viability);	78432
Myocardial imaging, positron emission tomography (PET), combined perfusion with metabolic evaluation study (including ventricular wall motion[s] and/or ejection fraction[s], when performed), dual radiotracer (eg, myocardial viability); with concurrently acquired computed tomography transmission scan	78433
Absolute quantitation of myocardial blood flow (AQMBF), positron emission tomography (PET), rest and pharmacologic stress (List separately in addition to code for primary procedure)	78434
Myocardial perfusion imaging, tomographic (SPECT) (including attenuation correction, qualitative or quantitative wall motion, ejection fraction by first pass or gated technique, additional quantification, when performed); single study, at rest or stress (exercise or pharmacologic)	78451
Myocardial perfusion imaging, tomographic (SPECT) (including attenuation correction, qualitative or quantitative wall motion, ejection fraction by first pass or gated technique, additional quantification, when performed); multiple studies, at rest and/or stress (exercise or pharmacologic) and/or redistribution and/or rest reinjection	78452
Myocardial perfusion imaging, planar (including qualitative or quantitative wall motion, ejection fraction by first pass or gated technique, additional quantification, when performed); single study, at rest or stress (exercise or pharmacologic)	78453
Myocardial perfusion imaging, planar (including qualitative or quantitative wall motion, ejection fraction by first pass or gated technique, additional quantification, when performed); multiple studies, at rest and/or stress (exercise or pharmacologic) and/or redistribution and/or rest reinjection	78454

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Nuclear Medicine	CPT®
Myocardial imaging, positron emission tomography (PET), metabolic evaluation study (including ventricular wall motion and/or ejection fraction, when performed), single study	78459
Myocardial imaging, infarct avid, planar; qualitative or quantitative	78466
Myocardial imaging, infarct avid, planar; with ejection fraction by first pass technique	78468
Myocardial imaging, infarct avid, planar; tomographic SPECT with or without quantification	78469
Cardiac blood pool imaging, gated equilibrium; planar, single study at rest or stress (exercise and/or pharmacologic), wall motion study plus ejection fraction, with or without additional quantitative processing	78472
Cardiac blood pool imaging, gated equilibrium; multiple studies, wall motion study plus ejection fraction, at rest and stress (exercise and/or pharmacologic), with or without additional quantification	78473
Cardiac blood pool imaging (planar), first pass technique; single study, at rest or with stress (exercise and/or pharmacologic), wall motion study plus ejection fraction, with or without quantification	78481
Cardiac blood pool imaging (planar), first pass technique; multiple studies, at rest and with stress (exercise and/or pharmacologic), wall motion study plus ejection fraction, with or without quantification	78483
Myocardial imaging, positron emission tomography (PET), perfusion (including ventricular wall motion and/or ejection fraction, when performed); single study at rest or stress (exercise or pharmacologic)	78491
Myocardial imaging, positron emission tomography (PET), perfusion (including ventricular wall motion and/or ejection fraction, when performed); multiple studies at rest and/or stress (exercise or pharmacologic)	78492

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Nuclear Medicine	CPT®
Cardiac blood pool imaging, gated equilibrium, SPECT, at rest, wall motion study plus ejection fraction, with or without quantitative processing	78494
Cardiac blood pool imaging, gated equilibrium, single study, at rest, with right ventricular ejection fraction by first pass technique (List separately in addition to code for primary procedure)	78496
Quantitative differential pulmonary perfusion, including imaging when performed	78597
Quantitative differential pulmonary perfusion and ventilation (eg, aerosol or gas), including imaging when performed	78598
Radiopharmaceutical localization of tumor, inflammatory process or distribution of radiopharmaceutical agent(s) (includes vascular flow and blood pool imaging, when performed); planar, single area (eg, head, neck, chest, pelvis), single day imaging	78800
Radiopharmaceutical localization of tumor, inflammatory process or distribution of radiopharmaceutical agent(s) (includes vascular flow and blood pool imaging, when performed); planar, 2 or more areas (eg, abdomen and pelvis, head and chest), 1 or more days imaging or single area imaging over 2 or more days	78801
Radiopharmaceutical localization of tumor, inflammatory process or distribution of radiopharmaceutical agent(s) (includes vascular flow and blood pool imaging, when performed); planar, whole body, single day imaging	78802
Radiopharmaceutical localization of tumor, inflammatory process or distribution of radiopharmaceutical agent(s) (includes vascular flow and blood pool imaging, when performed); tomographic (SPECT), single area (eg, head, neck, chest, pelvis), single day imaging	78803
Radiopharmaceutical localization of tumor, inflammatory process or distribution of radiopharmaceutical agent(s) (includes vascular flow and blood pool imaging, when performed); planar, whole body, requiring 2 or more days imaging	78804

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Nuclear Medicine	CPT®
Radiopharmaceutical localization of tumor, inflammatory process or distribution of radiopharmaceutical agent(s) (includes vascular flow and blood pool imaging, when performed); tomographic (SPECT) with concurrently acquired computed tomography (CT) transmission scan for anatomical review, localization and determination/detection of pathology, single area (eg, head, neck, chest, pelvis), single day imaging	78830
Myocardial sympathetic innervation imaging, planar qualitative and quantitative assessment	0331T
Myocardial sympathetic innervation imaging, planar qualitative and quantitative assessment; with tomographic SPECT	0332T

Ultrasound	CPT®
Transthoracic echocardiography for congenital cardiac anomalies; complete	93303
Transthoracic echocardiography for congenital cardiac anomalies; follow-up or limited study	93304
Echocardiography, transthoracic, real-time with image documentation (2D), includes M-mode recording, when performed, complete, with spectral Doppler echocardiography, and with color flow Doppler echocardiography	93306
Echocardiography, transthoracic, real-time with image documentation (2D), includes M-mode recording, when performed, complete, without spectral or color Doppler echocardiography	93307
Echocardiography, transthoracic, real-time with image documentation (2D), includes M-mode recording, when performed, follow-up or limited study	93308
Echocardiography, transesophageal, real-time with image documentation (2D) (with or without M-mode recording); including probe placement, image acquisition, interpretation and report	93312

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Ultrasound	CPT®
Echocardiography, transesophageal, real-time with image documentation (2D) (with or without M-mode recording); placement of transesophageal probe only	93313
Echocardiography, transesophageal, real-time with image documentation (2D) (with or without M-mode recording); image acquisition, interpretation and report only	93314
Transesophageal echocardiography for congenital cardiac anomalies; including probe placement, image acquisition, interpretation and report	93315
Transesophageal echocardiography (TEE) for congenital cardiac anomalies; placement of transesophageal probe only	93316
Transesophageal echocardiography for congenital cardiac anomalies; placement of transesophageal probe only	93317
3D echocardiographic imaging and postprocessing during transesophageal echocardiography, or during transthoracic echocardiography for congenital cardiac anomalies, for the assessment of cardiac structure(s) (eg, cardiac chambers and valves, left atrial appendage, interatrial septum, interventricular septum) and function, when performed (List separately in addition to code for echocardiographic imaging) Code with (93303-93304, 93312, 93314, 93315, 93317, 93350-93351)	+93319
Doppler echocardiography, pulsed wave and/or continuous wave with spectral display (List separately in addition to codes for echocardiographic imaging); complete	+93320
Doppler echocardiography, pulsed wave and/or continuous wave with spectral display (List separately in addition to codes for echocardiographic imaging); follow-up or limited study (List separately in addition to codes for echocardiographic imaging)	+93321
Doppler echocardiography color flow velocity mapping (List separately in addition to codes for echocardiography)	+93325

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Ultrasound	CPT®
Echocardiography, transthoracic, real-time with image documentation (2D), includes M-mode recording, when performed, during rest and cardiovascular stress test using treadmill, bicycle exercise and/or pharmacologically induced stress, with interpretation and report;	93350
Echocardiography, transthoracic, real-time with image documentation (2D), includes M-mode recording, when performed, during rest and cardiovascular stress test using treadmill, bicycle exercise and/or pharmacologically induced stress, with interpretation and report; including performance of continuous electrocardiographic monitoring, with supervision by a physician or other qualified health care professional	93351
Use of echocardiographic contrast agent during stress echocardiography (List separately in addition to code for primary procedure)	+93352
Myocardial strain imaging using speckle tracking-derived assessment of myocardial mechanics (List separately in addition to codes for echocardiography imaging)	+93356
Transthoracic echocardiography with contrast, or without contrast followed by with contrast, for congenital cardiac anomalies; complete	C8921
Transthoracic echocardiography with contrast, or without contrast followed by with contrast, for congenital cardiac anomalies; follow-up or limited study	C8922
Transthoracic echocardiography with contrast, or without contrast followed by with contrast, real-time with image documentation (2D), includes M-mode recording, when performed, complete, without spectral or color doppler echocardiography	C8923
Transthoracic echocardiography with contrast, or without contrast followed by with contrast, real-time with image documentation (2D), includes M-mode recording when performed, follow-up or limited study	C8924

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Ultrasound	CPT®
Transesophageal echocardiography (TEE) with contrast, or without contrast followed by with contrast, real time with image documentation (2D) (with or without M-mode recording); including probe placement, image acquisition, interpretation and report	C8925
Transesophageal echocardiography (TEE) with contrast, or without contrast followed by with contrast, for congenital cardiac anomalies; including probe placement, image acquisition, interpretation and report	C8926
Transthoracic echocardiography with contrast, or without contrast followed by with contrast, real-time with image documentation (2D), includes M-mode recording, when performed, during rest and cardiovascular stress test using treadmill, bicycle exercise and/or pharmacologically induced stress, with interpretation and report	C8928
Transthoracic echocardiography with contrast, or without contrast followed by with contrast, real-time with image documentation (2D), includes M-mode recording, when performed, complete, with spectral doppler echocardiography, and with color flow doppler echocardiography	C8929
Transthoracic echocardiography, with contrast, or without contrast followed by with contrast, real-time with image documentation (2D), includes M-mode recording, when performed, during rest and cardiovascular stress test using treadmill, bicycle exercise and/or pharmacologically induced stress, with interpretation and report; including performance of continuous electrocardiographic monitoring, with physician supervision	C8930
Myocardial contrast perfusion echocardiography, at rest or with stress, for assessment of myocardial ischemia or viability (List separately in addition to code for primary procedure)	+0439T

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (PEDCD-1.0)

CDP.GG.0001.0.A
v1.0.2025

1. Karmazyn BK, John SD, Siegel MJ, et al. ACR–ASER–SCBT-MR–SPR Practice parameter for the performance of pediatric computed tomography (CT). *Am Coll Radiology (ACR)*. Revised 2014 (Resolution 3). https://www.acr.org/-/media/ACR/Files/Practice-Parameters/ct-ped.pdf?la=en.
2. Bridges MD, Berland LL, Kirby AB, et al. ACR Practice Parameter for performing and interpreting magnetic resonance imaging (MRI). *Am Coll Radiology (ACR).* Revised 2017 (Resolution 10). https://www.acr.org/-/media/ACR/Files/Practice-Parameters/mr-perf-interpret.pdf?la=en.
3. Sorantin E and Heinzl B. What every radiologist should know about paediatric echocardiography. *Eur J Radiol.* 2014 Sep;83(9):1519-1528.
4. Ing C, DiMaggio C, Whitehouse A, et al. Long-term differences in language and cognitive function after childhood exposure to anesthesia. *Pediatrics.* 2012 Aug;130(3):e476-e485.
5. Monteleone M, Khandji A, Cappell J, et al. Anesthesia in children: perspectives from nonsurgical pediatric specialists. *J Neurosurg Anesthesiol,* 2014 Oct 01;26(4):396-398.
6. DiMaggio C, Sun LS, and Li G. Early childhood exposure to anesthesia and risk of developmental and behavioral disorders in a sibling birth cohort. *Anesth Analg,* 2011 Nov;113(5):1143-1151.
7. Moss AJ, Adams FH, Allen HD, et al.Moss and Adams' Heart Disease in Infants, Children, and Adolescents: Including the Fetus and Young Adult. Philadelphia: Wolters Kluwer; 2016
8. Lai WW, Geva T, Shirali GS, et al. Guidelines and Standards for Performance of a Pediatric Echocardiogram: A Report from the Task Force of the Pediatric Council of the American Society of Echocardiography. *J Am Soc Echocardiogr*. 2006;19(12):1413-1430. doi:10.1016/j.echo.2006.09.001.
9. Doherty JU, Kort S, Mehran R, Schoenhagen P, et al. ACC/AATS/AHA/AYSE/ASNC/HRS/SCAI/SCCT/SCMR/STS 2017 Appropriate Use Criteria for Multimodality Imaging in Valvular Heart Disease. J Nuc Cardiol. 2017;24(6):2043-2063.
10. Chowdhury D, Gurvitz M, Anderson J, et al. Development of Quality Metrics in Ambulatory Pediatric Cardiology. JACC: *J Am Coll Cardiol*. 2017 Feb, 69 (5) 541-555. doi: 10.1016/j.jacc.2016.11.043.
11. Valente AM, Cook S, Festa P, et al. Multimodality Imaging Guidelines for Patients with Repaired Tetralogy of Fallot: A Report from the American Society of Echocardiography.*J Am Soc Echocardiogr*. 2014;27(2):111-141. doi:10.1016/j.echo.2013.11.009.
12. Simpson J, Lopez L, Acar P, et al. Three-dimensional Echocardiography in Congenital Heart Disease: An Expert Consensus Document from the European Association of Cardiovascular Imaging and the American Society of Echocardiography.*J Am Soc Echocardiogr*. 2017;30(1):1-27. doi:10.1016/j.echo.2016.08.022.
13. Cohen MS, Eidem BW, Cetta F, et al. Multimodality Imaging Guidelines of Patients with Transposition of the Great Arteries: A Report from the American Society of Echocardiography Developed in Collaboration with the Society for Cardiovascular Magnetic Resonance and the Society of Cardiovascular Computed Tomography. *J Am Soc Echocardiogr*. 2016;29(7):571-621. doi:10.1016/j.echo.2016.04.002.
14. Silvestry FE, Cohen MS, Armsby LB, et al. Guidelines for the Echocardiographic Assessment of Atrial Septal Defect and Patent Foramen Ovale: From the American Society of Echocardiography and Society for Cardiac Angiography and Interventions.*J Am Soc Echocardiogr*. 2015;28(8):910-958. doi:10.1016/j.echo.2015.05.015.
15. Paridon SM. Clinical Stress Testing in the Pediatric Age Group: A Statement from the American Heart Association Council on Cardiovascular Disease in the Young, Committee on Atherosclerosis, Hypertension, and Obesity in Youth.*Circulation*. 2006;113(15):1905-1920. doi:10.1161/CIRCULATIONAHA.106.17437D.
16. Gidding SS, Champagne MA, Ferranti SDD, et al. The Agenda for Familial Hypercholesterolemia. *Circulation*. 2015;132(22):2167-2192. doi:10.1161/CIR.0000000000000297.
17. National Cancer Institute. Radiation Risks and Pediatric Computed Tomography. National Cancer Institute. https://www.cancer.gov/about-cancer/causes-prevention/risk/radiation/pediatric-ct-scans. Published September 4, 2018.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

18. Hundley WG, Bluemke DA, Finn JP, et al. ACCF/ACR/AHA/NASCI/SCMR 2010 Expert Consensus Document on Cardiovascular Magnetic Resonance. *Circulation*. 2010;121(22):2462-2508. doi:10.1161/cir.0b013e3181d44a8f.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Congenital Heart Disease

Guideline

Congenital Heart Disease General Information (PEDCD-2.1)
Congenital Heart Disease Coding (PEDCD-2.2)
Congenital Heart Disease Modality Considerations (PEDCD-2.3)
Imaging and Surveillance per Congenital lesion (PEDCD-2.4)
Atrial Defects-Secundum ASD, PFO, and Partial anomalous pulmonary venous return (PAPVR), Sinus Venosus defect (PEDCD-2.4.1)
VSD (PEDCD-2.4.2)
AVSD (Atrioventricular canal, endocardial cushion defect) (PEDCD-2.4.3)
PDA (Patent ductus arteriosus) (PEDCD-2.4.4)
TAPVR Total anomalous pulmonary venous return (PEDCD-2.4.5)
Ebstein anomaly and TV dysplasia (PEDCD-2.4.6)
Pulmonary Stenosis (PS) (PEDCD-2.4.7)
Pulmonary Atresia with intact septum (PAIVS) (PEDCD-2.4.8)
Mitral valve disease (PEDCD-2.4.9)
LVOT lesions (PEDCD-2.4.10)
Aortic Coarctation and IAA (interrupted aortic arch) (PEDCD-2.4.11)
Coronary Anomalies (PEDCD-2.4.12)
Tetralogy of Fallot (TOF) (PEDCD-2.4.13)
Double Outlet Right Ventricle (DORV) (PEDCD-2.4.14)
D-Loop Transposition of the Great Arteries (D-Loop TGA) (PEDCD-2.4.15)
Congenitally Corrected Transposition of the Great Arteries (ccTGA, LTGA) (PEDCD-2.4.16)
Truncus Arteriosus (PEDCD-2.4.17)
Single Ventricle (SV) (PEDCD-2.4.18)
Eisenmenger and PHT (with CHD)- (PEDCD-2.4.19)
References (PEDCD-2)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Congenital Heart Disease General Information (PEDCD-2.1)

CDP.CHD.0002.1.A

v1.0.2025

- Congenital heart disease accounts for the majority of cardiac problems occurring in the pediatric population. Individuals may be diagnosed any time spanning prenatal evaluation to adolescence. For individuals over 18 years of age, see **Adult Congenital Heart Disease (CD-11)** in the Cardiac Imaging Guidelines.
- There are a number of variables that influence the modality and timing of imaging individuals with congenital heart disease, which results in a high degree of individuality in determining the schedule for imaging these individuals, including:
  - Gestational age
  - Individual's age
  - Physiologic effects of the defect
  - Status of interventions (catheterization and surgical)
  - Rate of individual's growth
  - Stability of the defect on serial imaging
  - Comorbid conditions
  - Activity level
- Age definitions for pediatric individuals (for purpose of these guidelines)
  - Infant 0-12 months
    - Subcategory of infant: Neonate or newborn 0-28 days
  - Child 1-18 years
    - Subcategory of child: Adolescent 11-18 years
  - "Children" refers to all pediatric individuals ages 0-18 years
- Newborns (neonates) have special considerations as they have potentially rapidly changing physiology
  - Newborns with any concerns for ductal dependent lesion can have echocardiograms at any frequency
  - Newborns have changes in pulmonary vascular resistance that can affect clinical status rapidly, and may require more frequent imaging.
  - Neonatal physiology can extend to the first couple of months of life.
  - Newborns can have one repeat echo, if prior echocardiogram is abnormal or equivocal (either in the hospital or as newborn outpatient)
- Individuals can have an echocardiogram at that time for **Change in clinical status and/or new concerning signs or symptoms**. This can include:
  - Shortness of breath

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

  - Fatigue
  - Chest discomfort
  - Percentile weight loss
  - Weight gain
  - Poor feeding
  - Tachypnea
  - Tachycardia
  - CHF signs on exam
  - Change in EKG, Pulse ox, laboratory values
- An additional study can be approved prior to the next routine interval, to assess for more rapid change, if the change in clinical status involves the echocardiogram itself, such as:
  - Increasing stenosis gradient
  - Increasing regurgitation amount
  - Increasing pulmonary vascular resistance
  - Decreased ventricular function
  - Change in ductal status
- In individuals that can have both Cardiac MR or Cardiac CT and/or MRA Chest or CTA Chest, this is abbreviated as CMR/CT-MRA/CCTA
- Individuals with medication adjustments may require additional imaging at that time.
  - Pediatric dosing tends to be mg/kg or mcg/kg. Adjusting the dose to the same mg/kg would not be considering a dosing change for imaging.
  - Because does adjustments are done by weight, and infants are growing rapidly, they can have changing physiology, pulmonary vascular resistance, ductal size and weight changes, dose response and may require more than one echo during a medication adjustment.
- Heart surgery
  - TTE is indicated one month prior to heart surgery. Depending on lesion, MR/CT Cardiac and/or Chest may also be included.
  - Can have an echocardiogram within one month post-operative
  - Cardiac MRI/CCT if prior echo is equivocal
- MRA/CTA Chest can be performed if prior echo is equivocal and there are issues regarding aortic arch or pulmonary arteries or veins
- In individuals who have a documented equivocal echocardiogram due to a technical factor (i.e., poor acoustic windows due to body habitus) which will likely be present on subsequent echocardiograms, a Cardiac MR/CT, or MRA/CTA Chest, may be done with the frequency of echoes, if done instead of an echo.
- MRA/CTA Chest if thoracic issue not seen on echo
- For routine non-invasive imaging for a specific lesion see **Imaging and Surveillance per Congenital lesion (PEDCD-2.4)**

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

- For catheterizations see section **Cardiac Catheterization (PEDCD-11)**
- **Individuals with Pulmonary hypertension with CHD** should be reviewed for both their lesion and for PHT in section **Pediatric Pulmonary Hypertension (PEDCD-7)**

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Congenital Heart Disease Coding (PEDCD-2.2)

CDP.CHD.0002.2.A
v1.0.2025

Congenital Heart Disease Echocardiography Coding (PEDCD-2.2.1)

- **Any** of the following echocardiography code combinations are appropriate for re-evaluation of individuals with known congenital heart disease:
  - CPT® 93303, CPT® 93320, and CPT® 93325
  - CPT® 93304, CPT® 93321, and CPT® 93325
  - CPT® 93303
  - CPT® 93304
- CPT® 93306 is not indicated in the evaluation of known congenital heart disease.

Congenital Heart Disease imaging per modality (PEDCD-2.2.2)

Echocardiogram

- Transthoracic echocardiogram (TTE)
  - TTE for congenital cardiac anomalies; complete (CPT® 93303)
  - TTE for congenital cardiac anomalies; limited study (CPT® 93304)
  - TTE (2D) m-mode recording, complete, with spectral and color flow doppler echocardiography (CPT® 93306)
  - TTE (2D) with or without m-mode recording; complete (CPT® 93307)
  - TTE (2D) with or without m-mode recording; limited study (CPT® 93308)
- Transesophageal echocardiogram (TEE)
  - TEE (2D) including probe placement, imaging, interpretation, and report (CPT® 93312)
  - TEE for congenital cardiac anomalies; including probe placement, imaging, interpretation, and report (CPT® 93315)

MRI

- Cardiac (CMR)
  - Cardiac MRI for morphology and function without contrast (CPT® 75557)
  - Cardiac MRI for morphology and function without and with contrast (CPT® 75561)
  - Cardiac magnetic resonance imaging for velocity flow mapping (List separately in addition to code for primary procedure) (CPT® 75565)
- MRI Chest

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

  - MRI Chest without contrast (CPT® 71550)
  - MRI Chest with contrast (CPT® 71551)
  - MRI Chest with & without contrast (CPT® 71552)
- MRI Angiography (MRA)
  - MRA Chest (excluding myocardium) with or without contrast (CPT® 71555)

CT

- Cardiac (CCT)
  - CT, Heart, with contrast material, for evaluation of cardiac structure and morphology (CPT® 75572)
  - CT, Heart, with contrast material, for evaluation of cardiac structure and morphology in the setting of congenital heart disease (CPT® 75573)
- CT Angiography-Cardiac (CCTA)
  - CTA Heart, coronary arteries and bypass grafts (when present), with contrast, including 3D image post processing (CPT® 75574)
- CT-Chest
  - CT Thorax without contrast (CPT® 71250)
  - CT Thorax with contrast (CPT® 71260)
  - CT Thorax without & with contrast (CPT® 71270)
- CT Angiography-Chest (CTA Chest)
  - CTA Chest without and with contrast (CPT® 71275)

Stress Imaging (echo, MRI, MPI)

- Stress echo
  - Echocardiography (TTE), (2D), with or without m-mode, during rest and cardiovascular stress, with interpretation and report (CPT® 93350)
  - Echocardiography (TTE), (2D), m-mode, during rest and cardiovascular stress test using treadmill, bicycle exercise and/or pharmacologically induced stress, with interpretation (CPT® 93351)
- Stress MRI
  - Cardiac MRI for morphology and function without contrast, with stress imaging (CPT® 75559)
  - Cardiac MRI for morphology and function without and with contrast, with stress imaging (CPT® 75563)
- Myocardial perfusion imaging (MPI)
  - MPI, tomographic (SPECT) including attenuation correction, qualitative or quantitative wall motion, ejection fraction by first pass or gated technique, additional quantification, when performed); single study, at rest or stress (exercise or pharmacologic) (CPT® 78451)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

- MPI, tomographic (SPECT) (including attenuation correction, qualitative or quantitative wall motion, ejection fraction by first pass or gated technique, additional quantification, when performed); multiple studies, at rest and/or stress (exercise or pharmacologic) and/or redistribution and/or rest reinjection (CPT® 78452)

Pulmonary perfusion imaging

- Pulmonary perfusion imaging (e.g., particulate) (CPT® 78580)
- Pulmonary ventilation (e.g., aerosol or gas) and perfusion imaging (CPT® 78582)
- Quantitative differential pulmonary perfusion, including imaging when performed (CPT® 78597)
- Quantitative differential pulmonary perfusion and ventilation (e.g., aerosol or gas), including imaging when performed (CPT® 78598)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Congenital Heart Disease Modality Considerations (PEDCD-2.3)

CDP.CHD.0002.3.A

v1.0.2025

- Echocardiography is the primary imaging modality used for diagnosing and monitoring congenital heart disease and is generally required before other imaging modalities are indicated unless otherwise indicated in a specific guideline section.
- Cardiac MRI either without contrast (CPT® 75557) or without and with contrast (CPT® 75561) is indicated, when a recent echocardiogram is inconclusive, needs confirmation of findings, or does not completely define the disease (for subsequent follow-up studies, a recent echocardiogram is not a requirement):
  - CPT® 75565 is also indicated for individuals with valvular disease or a need to evaluate intracardiac blood flow. These individuals will usually have CPT® 93320 and CPT® 93325 performed with their echocardiography studies.
  - MRA Chest (CPT® 71555) may be added if the aorta or pulmonary artery needs to be visualized beyond the root, or if aortopulmonary collaterals, pulmonary veins, or systemic veins need to be visualized.
    - MRA Chest alone (CPT® 71555) should be performed if the individual cannot cooperate with full cardiac MRI exam.
- MRA Chest (CPT® 71555) is indicated for assessment of the great arteries, pulmonary veins, and systemic chest veins with inconclusive recent echocardiography findings, including the following:
  - Coarctation of the aorta
  - Tetralogy of Fallot
  - Anomalous pulmonary veins
  - Transposition of the great arteries
  - Truncus arteriosus
  - Vascular rings and other lesions of the great arteries, with inconclusive recent echocardiography findings
- CT imaging is indicated when recent echocardiogram is inconclusive:
  - Report CPT® 75574 for evaluating coronary artery anomalies
  - Report CPT® 75573 for congenital heart disease
  - CPT® 71275 Determination of vascular extra-cardiac anatomy in individuals with complex congenital heart disease
  - Pulmonary artery (PA) and Pulmonary vein (PV) assessment
- CTA Chest (CPT® 71275) is indicated with inconclusive recent echocardiography findings to assess:
  - Coarctation of the aorta

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

  - Tetralogy of Fallot
  - Anomalous pulmonary veins and other lesions of the great arteries
  - Vascular rings
- Pulmonary perfusion imaging
  - Pulmonary perfusion imaging (e.g., particulate) (CPT® 78580)(CPT® 78582) (CPT® 78597)(CPT® 78598)
  - In individuals with congenital heart disease or suspected congenital heart diseases, who have clinical questions regarding relative pulmonary blood flow, can have perfusion imaging

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Imaging and Surveillance per Congenital lesion (PEDCD-2.4)

CDP.CHD.0002.4.A

v1.0.2025

- Echocardiography is often repeated frequently throughout a pediatric individuals life, and can generally be approved regardless of symptoms based on the lesion and age of the individual. These are listed in sections in sections below.
  - Modifiers following guidelines.
    - Some congenital conditions may require more frequent testing, especially with more complex heart disease, congestive heart failure, obstructive heart lesions, ductal dependent lesions, changes in clinical status, repeat interventions, and/or in neonates
    - Any individual being treated for heart failure, with consideration for changing medical regimen can have an echocardiogram
- Echocardiography is performed during the physician office visit, and these studies should not be denied because of lack of contact within 60 days.
- Adults 18 years and older who also have congenital heart disease should be imaged according to **Adult Congenital Heart Disease (CD-11)** and the general Cardiac Imaging Guidelines.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Atrial Defects-Secundum ASD, PFO, and Partial anomalous pulmonary venous return (PAPVR), Sinus Venosus defect (PEDCD-2.4.1)

CDP.CHD.0241.A
v1.0.2025

See section on AVSD in **AVSD (Atrioventricular canal, Endocardial cushion defect) (PEDCD-2.4.3) for primum ASD**

PFO (Patent Foraman Ovale)

- Routine surveillance in an asymptomatic individual with PFO is not indicated
  - PFO is a normal variant
  - In infants, a PFO that is difficult to distinguish from an ASD can be imaged with the same guidelines as used in a small unrepaired ASD (with congenital echo).
  - Individuals with PFOs may have an additional indication for an echo and can be imaged according to the echocardiogram guidelines in **Repeat Transthoracic Echocardiography Indications (PEDCD-8.3)** and **Frequency of echocardiography testing (CD-2.3)** in the general Cardiac Imaging Guidelines.
- Follow-up imaging with an echocardiogram Is indicated when there is documentation of the following:
  - New cardiac symptoms
  - A concern that the last echo was equivocal for other cardiac issues
  - Question of a clot/embolism that has gone across the PFO
  - Prior echo did not differentiate the PFO from a secundum ASD
- TTE (CPT® 93306- non congenital echocardiogram) is indicated when an individual with a prior history of PFO requires an echocardiogram for any new reason
- Preoperative for PFO closure
  - TTE or TEE
    - Closure is rare in children but may be indicated in individuals with transient ischemic attacks or strokes with suspected atrial level shunt
    - CMR/CT-CMRA/CTA if unclear findings from echocardiogram.
- Intra-procedural PFO
  - Intra-procedural TEE (CPT® 93355) is not in scope for this program
- Post procedure PFO closure

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

- Post-surgical imaging as follows (PFO generally requires less frequent monitoring post device than ASDs):
  - TTE one time within 30 days of closure
  - TTE one time within 6 months of PFO closure
- TTE or TEE is indicated at any time post procedure when there is concern for **any** of the following:
  - Infection
  - Malposition
  - Embolization
  - Persistent shunt
- If persistent shunt TTE is indicated every 3 months until the finding is stable or there is a need for intervention

ASD and PAPVR asymptomatic isolated atrial septal defect (ASD)

This section reference secundum ASD, sinus Venosus, ASD and unobstructed partial anomalous pulmonary venous return

- Any surgical status
  - TTE is indicated for any of the following:
    - Initial evaluation of a change in clinical status and/or new concerning signs or symptoms
    - Prior to planned cardiac intervention
    - Repeat any time prior to next allowed study if concern for elevated pulmonary vascular resistance/Pulmonary hypertension
  - CMR/CT-CMRA/CTA
    - If anomalous vein or SV defect cannot be assessed on echo
    - To assess shunt or RV for considering of surgery, or if echocardiogram equivocal
- Unrepaired
  - Newborn with isolated ASD can have one repeat TTE within 2 months
  - Small asymptomatic isolated ASD with no pulmonary hypertension can have TTE as follows:
    - Infant <6 months every three months
    - Infant ≥6 months, repeat at one year.
    - Child Every 3 years
  - Routine surveillance for ≥moderate ASD or PAPVR >1 vein
    - Infant every 3 months
    - Echo (TTE) every 1 year
- Prior to planned repair of ASD
  - TTE and/or TEE

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

- MRI if any residual issues unanswered by echo

- Prior to planned SV defect or PAPVR
  - TTE and/or TEE
  - CMR/CT-CMRA/CTA
- Post- ASD closure with device
  - TTE post device closure
    - 1 week
    - 1 month
    - Every 3 months
    - 1 year
    - Every 2 years
  - May repeat TTE every 3 months until the finding is stable or there is a need for intervention if there is significant residual shunt, valvular or ventricular dysfunction, arrhythmias, and/or pulmonary hypertension
- Post-surgical closure of ASD
  - TTE
    - Within the first month
    - Within the 1st year
    - Every 2 years after the first year study
  - May repeat TTE every 3 months until the finding is stable or there is a need for intervention if significant residual shunt, valvular or ventricular dysfunction, arrhythmias, and/or pulmonary hypertension.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

VSD (PEDCD-2.4.2)

CDP.CHD.0242.A
v1.0.2025

All

TTE is indicated for any of the following:

- with change in clinical status and/or new concerning signs or symptoms
- Prior to planned cardiac intervention

Unrepaired

TTE

- Small muscular VSD, No Symptoms, No pulmonary hypertension
  - Newborn 1 repeat within 2 months
  - Infancy every 6 months
  - Childhood every 3 years
- Small VSD in location other than muscular
  - Newborn 1 repeat TTE within 2 months
  - Infant TTE every 6 months
  - Child TTE every year.
- Moderate or large VSD on medical management
  - Newborn TTE every 2 weeks
  - infant every 1 month
  - Child <2 years old TTE every 3 months
  - Child >2 years old TTE every year.

Post Repair VSD

TTE

- One study within one month of surgery
- One study within one year of surgery,
- After first year of surgery, every 2 years
- Following surgical or device closure in an individual with significant residual shunt, valvular or ventricular dysfunction, arrhythmias, and/or pulmonary hypertension.
  - Child –TTE every 3 months
  - Adolescent- TTE every 6 months

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

AVSD (Atrioventricular canal, endocardial cushion defect) (PEDCD-2.4.3)

CDP.CHD.0243.A
v1.0.2025

Any surgical status

TTE is indicated for any of the following:

- Change in clinical status and/or new concerning signs or symptoms
- Prior to planned cardiac intervention

Unrepaired

- Partial/transitional Atrioventricular canal (AVC)
  - Newborn one addition study next 2 months.
  - TTE
    - Infancy every 3 months in infancy
    - Child <2 years every 6 months
    - Child ≥2 years, 1 year
- Complete AVC
  - TTE
    - Newborn, TTE repeat within first month
    - Infant <6 weeks, TTE every 2 weeks.
    - Infant ≥6 weeks, TTE monthly

Repaired (TTE)

- Within one month of surgery
- Within 1 year
- Then annually
- May repeat TTE every 3 months until the finding is stable or there is a need for intervention if residual shunt, valvular LV dysfunction, LVOT obstruction, arrhythmia, arrhythmia or PHT, symptoms of heart failure

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

PDA (Patent ductus arteriosus) (PEDCD-2.4.4)

CDP.CHD.0244.A
v1.0.2025

Any surgical status

TTE is indicated for any of the following:

- Initial evaluation of a change in clinical status and/or new concerning signs or symptoms
- Prior to planned cardiac intervention

Unrepaired

- Newborn, one repeat TTE in newborn period
  - None, if spontaneously closed
- >1-year-old
  - No Routine surveillance in an asymptomatic individual with a trivial, silent PDA
- Infant
  - Small PDA: TTE every 3 months
  - ≥ Moderate PDA: TTE every month
- Child
  - Small PDA: every 1 year
  - Moderate PDA: every 6 months
- Adolescent every 3 years

Post PDA device

- Post procedure surveillance (TTE)
  - One echo in first 30 days
  - Annually for first 2 years
  - Every 5 years after first 2 years
- Post procedure LPA stenosis or aortic obstruction
  - Child
    - TTE annually
    - MRA/CTA Chest, or (lung perfusion for LPA stenosis) if questions remain unanswered after TTE
  - Adolescents
    - Every two years TTE and

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

- MRA/CTA Chest, or (lung perfusion for LPA stenosis) if questions remain unanswered after TTE

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

TAPVR Total anomalous pulmonary venous return (PEDCD-2.4.5)

CDP.CHD.0245.A
v1.0.2025

Any surgical status
- TTE, TEE, CMR/CT-CMRA/CTA, Lung perfusion scan are indicated for any of the following:
  - Change in clinical status and/or new concerning signs or symptoms
  - Prior to planned cardiac intervention

Unrepaired
- No restrictions

Repaired
- TTE one Post procedure evaluation first 30 days
- TTE every 3 months in infancy
- Child: every 1 year
- Adolescence: TTE every 2 years

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Ebstein anomaly and TV dysplasia (PEDCD-2.4.6)

CDP.CHD.0246.A
v1.0.2025

Any surgical status
- TTE, TEE, CMR/CT-CMRA/CTA are indicated for any of the following:
  - Change in clinical status and/or new concerning signs or symptoms
  - Prior to planned repair or intervention

Unrepaired
- Newborn Repeat study within 30 days.
- Infant
  - Trivial TR is a normal finding
  - Mild TR- TTE every year
  - ≥ Moderate TR- TTE every 3 months
- Child
  - Mild TR every year TTE
  - ≥ Moderate every 6 months

Repaired (TTE)
- Post-op within 30 days
- TTE once a year
- TTE every 6 months if valvular or ventricular dysfunction, or arrhythmias
- Child: every year
- Adolescent: every 2 years
- Every 3 months if CHF or atrial arrhythmias

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Pulmonary Stenosis (PS) (PEDCD-2.4.7)

CDP.CHD.0247.A
v1.0.2025

Any surgical status
- TTE is indicated for any of the following:
  - Change in clinical status and/or new concerning signs or symptoms
  - Prior to planned cardiac procedure
  - If increasing gradient, 1 additional study prior to next allowed study
  - PS in Williams syndrome: See **LVOT lesions (PEDCD-2.4.10)**

Unrepaired
- Neonate
  - TTE repeat study within 30 days
- Infant PS asymptotic (any severity)
  - TTE every 3 months
- Child
  - TTE every 1 year
- Adolescent
  - TTE every 2 years
  - MRA/CTA Chest if pulmonary artery dilation every 3 years

Post procedure (TTE)
- Within 30 days
- Infant
  - TTE every 3 months
- Child
  - TTE 1 year
  - Moderate or severe sequelae TTE every 6 months
- Adolescent
  - TTE every 2 years
- Any individual with heart failure, TTE every 3 months

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Pulmonary Atresia with intact septum (PAIVS) (PEDCD-2.4.8)

CDP.CHD.0248.A
v1.0.2025

Any surgical status

TTE is indicated for any of the following:

- Prior to planed repair
- Change in clinical status and/or new concerning signs or symptoms

Post procedural: Palliation

- TTE
  - 1 within 30 days
  - Every 1 month until repaired

Post procedural: Complete Repair

- TTE within 30 days post-op
- Any age
  - TTE every three months for CHF
- Infant
  - TTE at 3 months in asymptomatic infant
- Child
  - TTE annually
  - Every 6 months if moderate sequelae
- Adolescent
  - CMR/CT and/or CMRA/CTA every 3 years

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Mitral valve disease (PEDCD-2.4.9)

CDP.CHD.0249.A
v1.0.2025

Any surgical status
- TTE is indicated for any of the following:
  - Prior to planned surgery
  - Initial evaluation of change in clinical status and/or new concerning signs or symptoms

Unrepaired congenital mitral valve stenosis
- Infant in first three months of life
  - Weekly TTE
- After 3 months (TTE)
  - Every 3 months if mild MS
  - Every month if ≥moderate MS
- Child (TTE)
  - With moderate MS every 3 months until a decision is made to intervene
  - Child with mild symptoms annually

Unrepaired: Congenital Mitral Regurgitation (MR) including Mitral Valve Prolapse
- Infant
  - TTE every 6 months an asymptomatic infant with mild MR
  - TTE every month in asymptomatic infant with ≥moderate MR
- Child
  - TTE every 2 years with mild MR, normal LV size and systolic function
  - TTE every 6 months with ≥moderate MR
  - TTE every 3 years in an asymptomatic with MVP and mild MR

Post procedure, surgical or catheter based
- TTE within 30 days
- Infant
  - TTE every 3 months, mild MS or MR, and no LV dysfunction
  - TTE every month in ≥moderate MS or MR, dilated LV, and no LV dysfunction
- Child
  - TTE annually
    - In a child with normal prosthetic mitral valve function and no LV dysfunction
    - In a child with mild MS or MR, and no LV dysfunction

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

- TTE every 3 months
  - In a child with ≥moderate MS or MR, dilated LV, and no LV dysfunction
  - In a child with prosthetic mitral valve or ventricular dysfunction, and/or arrhythmias

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

LVOT lesions (PEDCD-2.4.10)

CDP.CHD.2410.A
v1.0.2025

Subvalvular Aortic stenosis

Any surgical status
- TTE, TEE, Cardiac MR/CT are indicated for any of the following:
  - Initial evaluation of change in clinical status and/or new concerning signs or symptoms
  - Preoperative
- If aortic dimension z score >2
  - TTE or Chest CTA/MRA every 2 years if stable z score
  - TTE or Chest CTA/MRA every 6 months if increasing z score

Unrepaired
- Newborn- No restrictions
- Infant TTE
  - 1 monthly for any subvalvular AS, but ≤mild AR
- Child
  - TTE one per year if mild AS and no AR
  - TTE every 6 months ≥moderate subvalvular AS and/or mild AR
  - Routine surveillance (6–12 months) in an asymptomatic child with ≥ moderate AS and/or ≥moderate AR

Repaired
- Infant
  - TTE within 30 days
  - TTE every 3 months ≤mild MS and or AR
  - TTE every 1 month ≥moderate AS or AR
- Child
  - TTE every 1 year ≤Mild AS or AR
  - TTE every 6 months ≥moderate AS or AR
  - TTE every 3 months if heart failure

Aortic Valve Stenosis and/or regurgitation/ BAV (Bicuspid Aortic Valve)

Any surgical status
- TTE, TEE, Cardiac MR/CT are indicated for any of the following:

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

- Initial evaluation of change in clinical status and/or new concerning signs or symptoms
- Preoperative

Unrepaired

- Infant <3 months
  - TTE 1 per week
- Infant >3 months
  - TTE every 3 months
  - TTE every 1 month, if ≥moderate AS or AR
- Child
  - TTE every 1 year with mild AS/AR and no aortic dilation
  - TTE every 6 months with moderate AS/AR, or aortic dilation.
  - TTE every 3 years if BAV with trivial or mild valvular dysfunction and no aortic root dilation
  - Every 6 months in any as with increasing z-score aortic root ascending aorta

Post procedural

- Within 30 days TTE
- Infant
  - Every 1 month following neonatal intervention with ≥moderate AS or AR or LV dysfunction
  - Every 3 months ≤mild AS/AR and no LV dysfunction
- Child (TTE)
  - 6 months echo if ≥moderate AS or AR
  - 1-year echo if ≤mild AS or AR, and/or normal prosthetic valve
  - Every 3 months if CHF or Ventricular dysfunction

Supravalvular AS

Any surgical status

- TTE, TEE, Cardiac MR/CT, Chest MRA/CTA are indicated for any of the following:
  - Initial evaluation of change in clinical status and/or new concerning signs or symptoms
  - Preoperative
  - Williams syndrome
    - Individuals with Williams syndrome can be screened/evaluated for arch abnormalities and pulmonary artery abnormalities and coronary artery abnormalities with the same intervals as TTE referenced below.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

- Stress imaging can be done at initial evaluation and for cardiac symptoms, change in clinical status and/or new concerning signs or symptoms

Unrepaired

- Infant
  - TTE every 3 months
- Child
  - TTE every 1 year
  - TTE every 6 months if moderate AS

Post-operative (TTE)

- Within 30 days
- Every 2 years in mild to moderate AS
- Every 6 months if ≥moderate AS

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Aortic Coarctation and IAA (interrupted aortic arch) (PEDCD-2.4.11)

CDP.CHD.2411.A
v1.0.2025

All individuals

- TTE, MRA/CTA Chest are indicated for any of the following:
  - Initial evaluation of change in clinical status and/or new concerning signs or symptoms
  - Prior to planned surgery/intervention
- Cardiac MR/CT is indicated for any of the following:
  - Initial evaluation of change in clinical status and/or new concerning signs or symptoms
  - Prior to planned surgery/intervention if any issues remain not answered on echo

Unrepaired Aortic Coarctation

- Newborn, TTE weekly if assessing for ductal closure
- Infant with mild coarctation in absence of PDA
  - Echo every 3 months
- Child with mild coarctation
  - Echo every 1 year
  - MRA Chest, CTA Chest every 3 years

Post procedure: surgical or catheter based

- TTE
  - Within 30 days of procedure
  - Every 3 months if mild or no sequelae in first year
  - Every 6 months if mild or no sequelae in the second year
  - Every 1 year after the second year
  - Every 3 months at any time if CHF symptoms or ≥ moderate sequelae
  - MRA/CTA Chest every 3 years (include Cardiac MR/CT if issues not clarified on echo)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Coronary Anomalies (PEDCD-2.4.12)

CDP.CHD.2412.A
v1.0.2025

- CCTA or cardiac MRI is indicated for evaluating coronary artery anomalies and other complex congenital heart disease of cardiac chambers or great vessels
  - CPT® 75574 for evaluating coronary artery anomalies
  - CPT® 75573 for congenital heart disease
  - CTA Chest (CPT® 71275) can be added to evaluate great vessels
- Congenital anomalies of the coronary arteries are an important cause of sudden death in pediatric individuals. Coronary arteries may arise from the wrong coronary artery cusp leading to ischemic changes during exercise. These lesions may be found incidentally during a murmur evaluation. Anomalous coronary arteries may be seen on echocardiogram during an evaluation for chest pain or syncope or palpitations. In addition, individuals with no echocardiographic findings but symptoms concerning for angina chest pain may require stress testing.
  - Individuals who have positive echocardiographic findings, regardless of symptoms, and individuals who have classical typical angina chest pain regardless of echocardiographic findings, may require treadmill stress testing, stress imaging, of advanced imaging such as Cardiac MRI, Stress echocardiogram, PET, Cardiac CT, and/or cardiac catheterization.
- Congenital coronary anomalies include abnormal origin of a coronary artery from the PA, anomalous aortic origin of a coronary artery from a different aortic sinus of Valsalva (left coronary artery from the right sinus of Valsalva or right coronary artery from the left sinus of Valsalva), coronary arteriovenous fistula, and coronary artery ostial atresia, all in the setting of normal conotruncal anatomy.
  - Any surgical status
    - Prior to planned surgery, or change in clinical status and/or new concerning signs or symptoms
      - TTE
      - CMR or CCT
        - Can initially include MRA/CTA Chest.
        - If the origin of the coronaries arteries is below the sinus of Valsavla then a chest study is not needed on subsequent imaging.
        - If the origin of the coronary artery is not at the level of the sinus of Valsalva, a MRA/CTA Chest can be included when MR/CT imaging is required
      - Stress imaging- to assess the need for surgery
  - Unrepaired

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

        - Routine surveillance every 2 years in an asymptomatic individual with anomalous right coronary artery from the left aortic sinus
            - TTE
            - Stress imaging
        - Although typically repaired, in the event that a repair is not completed, anomalous left coronary artery from the right coronary sinus can have imaging
            - TTE annually
            - Stress imaging annually
        - Routine surveillance in an asymptomatic individual with small coronary fistula
            - TTE- every 2 years
        - Routine surveillance in an asymptomatic individual with moderate or large coronary fistula
            - TTE annually
    - Post-procedural: surgical or catheter
        - TTE
            - Within 30 days of procedure
            - Monthly the first year following repair
            - Every 3 months after first year of surgery
            - Annually after the second year of surgery
            - Every 3 months if ventricular dysfunction
        - Stress testing
            - EKG stress testing without imaging may be indicated in the first post year, and every 1-2 years depending on level of activity.
            - Stress testing with imaging
                - First postoperative year
                - If EKG stress test positive of equivocal
- Change in clinical status and/or new concerning signs or symptoms
- Individuals with congenital heart disease such as TOF, Truncus Arteriosus, and TGA have increased incidence of coronary artery anomalies
- Individuals with Williams syndrome can have coronary artery stenosis
- Individuals with confirmed coronary artery anomalies may require repeat imaging based on the clinical scenario
- CCTA to rule out anomalous coronary artery should be limited to one of the following:
    - Individuals who need to have an anomalous coronary artery mapped prior to an invasive procedure.
    - Individuals who have not had a previous imaging study that clearly demonstrates an anomalous coronary artery
    - Individuals with a history that includes one or more of the indications in **Indications for CCTA (CPT® 75574) (PEDCD-10.3)**

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Tetralogy of Fallot (TOF) (PEDCD-2.4.13)

CDP.CHD.2413.A
v1.0.2025

Any surgical status
- TTE, CMR/CT-CMRA/CTA
  - Initial evaluation of change in clinical status and/or new concerning signs or symptoms
  - Evaluation prior to planed pulmonary valve replacement, cardiac intervention, or surgery

Unrepaired
- Newborn-TTE no limits
- Infant
  - 1 per month

Post procedure palliation
- 1 per month following palliative procedure prior to complete repair, valvuloplasty, PDA and/or RVOT stenting, or shunt placement before complete repair

Post-operative TOF (initial repair)
- TTE
  - Within 30 days of repair
  - Child-12 months
  - Adolescence every 24 months
  - Every 6 months in an individual with valvular dysfunction other than pulmonary valve, RVOT obstruction, branch pulmonary artery stenosis, arrhythmias, or presence of an RV-to-PA conduit
  - TTE every 3 months if CHF
- Cardiac MR/CT, MRA/CTA Chest every
  - Routine surveillance (36 months) in an individual with PR and preserved ventricular function
  - 12 months if moderate (≥150 mL/m2) or progressive (increase of >25 mL/m2) RV dilatation or dysfunction (RVEF ≤48% or ≥6% decrease in EF) or nearing imaging criteria for PVR.

Post-surgical or catheter based pulmonary valve replacement
- TTE

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

  - Within 30 days follow-up
  - 1 and 6 months after replacement
  - One year post procedure
  - Annually after replacement
  - Every 6 months if RV-to-PA conduit dysfunction, valvular or ventricular dysfunction, branch pulmonary artery stenosis, or arrhythmias
  - Every 3 months if CHF symptoms
- CMR/CT-CMRA/CTA every 2 years

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Double Outlet Right Ventricle (DORV) (PEDCD-2.4.14)

CDP.CHD.2414.A
v1.0.2025

Any surgical status

- TTE, CMR/CT-CMRA/CTA are indicated for any of the following:
  - Initial evaluation of change in clinical status and/or new concerning signs or symptoms
  - Evaluation prior to repair

Unrepaired

- TTE
  - Newborn no limit
  - Monthly infant with balanced systemic and pulmonary circulation
  - Every 3 months child with balanced circulation

Postoperative

- TTE
  - Within 30 days
  - First year post-op every 6 months
  - After one year, TTE every 1 year
  - TTE 3 months in an individual with valvular or ventricular dysfunction, right or left ventricular outflow tract obstruction, branch pulmonary artery stenosis, arrhythmias, or presence of an RV-to-PA conduit, heart failure.
- Cardiac MR/CT, MRA/CTA Chest
  - 3 years for asymptomatic individual

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

D-Loop Transposition of the Great Arteries (D-Loop TGA) (PEDCD-2.4.15)

CDP.CHD.2415.A
v1.0.2025

Any surgical status

- **TTE, CMR/CT-CMRA/CTA**, s**tress imaging** are indicated for any of the following:
  - Initial evaluation of change in clinical status and/or new concerning signs or symptoms
  - Any time after procedure involving coronary arteries
- **CMR/CT-CMRA/CTA** every 5 years.

Unrepaired (TTE)

- No Limits

Post arterial switch

- TTE
  - Within 30 days of repair
  - Infant: every one month
  - Child: every 3 months
  - Child with ≥ moderate sequelae: TTE every three 3 months (moderate valvular or ventricular dysfunction, right or left ventricular outflow tract obstruction, branch pulmonary artery stenosis, or arrhythmias
- Routine CMR/CT
  - Every 3 years
  - Every year if neo AI
- MRA/CTA Chest
  - Every 3 years
  - Every year if neo AI or aortic dilation
- Stress imaging
  - 1 routine test after arterial switch at any time

Post Rastelli

- TTE
  - Within 30 days
  - Every three months following procedure for one year
  - Child Every 6 months following the first year after repair if no or mild sequelae

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

  - Adolescent annually
  - Every three months if moderate valvular dysfunction, LVOT obstruction, presence of an RV-to-PA conduit, branch, pulmonary artery stenosis, or arrhythmias, or heart failure
- CMR/CT-CMRA/CTA every 3 years

Post atrial switch

- TTE Every 1 year if mild to no symptoms
  - Every 3 months TTE, and CMR MRA CCT CTA if ≥moderate systemic AV, valve regurgitation, systemic RV dysfunction, LVOT obstruction, or arrhythmias, or CHF.
  - Routine **CMR/CT-CMRA/CTA** every 3 years

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Congenitally Corrected Transposition of the Great Arteries (ccTGA, LTGA) (PEDCD-2.4.16)

CDP.CHD.2416.A
v1.0.2025

Any surgical status

- TTE, TEE, **CMR/CT-CMRA/CTA** are indicated for any of the following:
  - Change clinical status and/or new concerning signs or symptoms
  - Preoperative evaluation (typically within one month)
- CMR/CT-CMRA/CTA every 3 years

Unrepaired

- TTE
  - Newborn-Weekly
  - Infant
    - Every 3 months if no cardiac symptoms and only mild findings
    - Every 1 month is cardiac symptoms and moderate findings
  - Child
    - <2 years every 3 months
    - >2 years every 1 year
    - Every 6 months if ≥moderate AV regurg
    - Every 3 months if CHF symptoms
  - CMR/CT-CMRA/CTA
    - Every 3 years

Postoperative: Anatomic Repair

- TTE
  - Post–operative evaluation (within 30 days)
  - Every 3 months within a year following repair in an asymptomatic individual with no or mild sequelae
  - Every 1 year after the first year following repair in an asymptomatic individual with no or mild sequelae
  - Every 6 months if valvular or ventricular dysfunction, right or left ventricular outflow tract obstruction, or presence of a RV-to-PA conduit
  - Every 3 months if CHF symptoms

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

- CMR/CT-CMRA/CTA
  - Every 3 years

Postoperative: Physiological Repair with VSD Closure and/or LV-to-PA Conduit

- TTE
  - Postoperative evaluation (within 30 days)
  - Every 3 months within a year following repair in an asymptomatic individual with no or mild sequelae
  - Annually in an asymptomatic individual with no or mild sequelae
  - Every 3 months if in an individual with ≥moderate systemic AV valve regurgitation, systemic RV dysfunction, and/or LV-to-PA conduit dysfunction, or with CHF symptoms
- CMR/CT-CMRA/CTA every 3 months in an individual with ≥moderate systemic AV valve regurgitation, systemic RV dysfunction, and/or LV-to-PA conduit dysfunction, or with CHF symptoms

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Truncus Arteriosus (PEDCD-2.4.17)

CDP.CHD.2417.A
v1.0.2025

Any surgical status

- TTE, CMR/CT-CMRA/CTA are indicated for any of the following:
  - Initial evaluation of change in clinical status and/or new concerning signs or symptoms
  - Prior to planned intervention or surgery

Postoperative

- TTE
  - Within 30 days
  - Monthly in first year after surgery
  - After first year every 6 months
  - Every 3 months if
    - ≥moderate truncal stenosis or regurgitation
    - Residual VSD or RV to PA conduit or Branch PA obstruction
    - Symptoms of CHF
- CMR/CT-CMRA/CTA
  - Annually if ≥moderate Truncal stenosis or regurgitation

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Single Ventricle (SV) (PEDCD-2.4.18)

CDP.CHD.2418.A
v1.0.2025

SV references individuals not amenable to biventricular repair, including but not limited to hypoplastic left heart syndrome, tricuspid atresia, Double inlet left ventricle, mitral atresia, unbalanced AVSD, and forms of PA/IVS

Any surgical status

- Any/All: **TTE, TEE, CMR/CT-CMRA/CTA, and cardiac catheterization** (CPT® 93593, 93594, 93595, or 93597) are indicated for any of the following:
  - Change clinical status and/or new concerning signs or symptoms
  - Preoperative evaluation (typically within one month)

Unrepaired SV

- TTE allowed one study per week

Stage 1 palliation (TTE)

- Often called Norwood or Sano, or hybrid cath procedure
- Routine weekly TTE

Stage 2 palliation (TTE)

- Often referred to as Glenn procedure
- Within 30 days after surgical or cath intervention
- 1 per month in infant or child

Stage III, also called Fontan

- TTE within 30 days
- TTE every three months within first post-op year
- Every 6 months after first year
- Every 3 years allow **CMR/CCT-MRA/CTA**
- TTE every 3 months until the finding is stable or there is a need for intervention if there is valvular dysfunction, arrhythmias, heart failure

Surveillance

Cardiac catheterization is indicated for all Single Ventricles once every 10 years

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Eisenmenger and PHT (with CHD)-(PEDCD-2.4.19)

CDP.CHD.2419.A
v1.0.2025

PHT without CHD is covered in section **Pediatric Pulmonary Hypertension (PEDCD-7)**

These are in addition to studies supported by lesion

Any surgical status
- TTE, CMR/CT-CMRA/CTA are indicated for any of the following:
  - Change clinical status and/or new concerning signs or symptoms
  - Preoperative evaluation (typically within one month)

Initial evaluation (TTE)
- Change in clinical status and/or new concerning signs or symptoms
- Before and after PHT therapy

Eisenmenger Syndrome (ES) individual
- TTE every 6 months

PHT associate with CHD
- Unrepaired individuals with evidence of elevated pulmonary vascular resistance can have echocardiograms based on the frequency requested by the provider
- TTE and Cardiac CMR/CCT for changes in change in pulmonary arterial hypertension-targeted therapy in an individual with postoperative PH
- TTE every 3 months in postoperative stable child with PHT

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (PEDCD-2)

v1.0.2025

1. Kliegman R, Lye PS, Bordini BJ, et al.Nelson Pediatric Symptom-Based Diagnosis. Philadelphia, PA: Elsevier; 2018.
2. Riveros R and Riveros-Perez E. Perioperative considerations for children with right ventricular dysfunction. *Seminars in Cardiothoracic and Vascular Anesthesia*. 2015 Jul 10;19(3):187–202.
3. Lai WW, Geva T, Shirali GS, et al. Guidelines and Standards for Performance of a Pediatric Echocardiogram: A Report from the Task Force of the Pediatric Council of the American Society of Echocardiography. *J Am Soc Echocardiogr*. 2006;19(12):1413-1430. doi:10.1016/j.echo.2006.09.001.
4. Prakash A, Powell AJ, Geva T. Multimodality Noninvasive Imaging for Assessment of Congenital Heart Disease.*Circulation: Cardiovascular Imaging*. 2010;3(1):112-125. doi:10.1161/CIRCIMAGING.109.875021.
5. Simpson J, Lopez L, Acar P, et al. Three-dimensional Echocardiography in Congenital Heart Disease: An Expert Consensus Document from the European Association of Cardiovascular Imaging and the American Society of Echocardiography. *J Am Soc Echocardiogr*. 2017;30(1):1-27. doi:10.1016/j.echo.2016.08.022
6. Truong UT, Kutty S, Broberg CS, Sahn DJ. Multimodality Imaging in Congenital Heart Disease: an Update. Current Cardiovascular Imaging Reports. 2012;5(6):481-490. doi:10.1007/s12410-012-9160-6.
7. Wernovsky G, Rome JJ, Tabbutt S, et al. Guidelines for the Outpatient Management of Complex Congenital Heart Disease. *Congenital Heart Disease*. 2006;1(1-2):10-26. doi: doi:10.1111/j.1747-0803.2006.00002.x.
8. Valente AM, Cook S, Festa P, et al. Multimodality Imaging Guidelines for Patients with Repaired Tetralogy of Fallot: A Report from the American Society of Echocardiography. *J Am Soc Echocardiogr*. 2014;27(2):111-141. doi:10.1016/j.echo.2013.11.009.
9. Margossian R, Schwartz ML, Prakash A, et al. Comparison of Echocardiographic and Cardiac Magnetic Resonance Imaging Measurements of Functional Single Ventricular Volumes, Mass, and Ejection Fraction (from the Pediatric Heart Network Fontan Cross-Sectional Study) A list of participating institutions and investigators appears in the Appendix. *The American Journal of Cardiology*. 2009;104(3):419-428. doi:10.1016/j.amjcard.2009.03.058.
10. Hundley WG, Bluemke DA, Finn JP, et al. ACCF/ACR/AHA/NASCI/SCMR 2010 Expert Consensus Document on Cardiovascular Magnetic Resonance. *Circulation*. 2010;121(22):2462-2508. doi:10.1161/cir.0b013e3181d44a8f.
11. Silvestry FE, Cohen MS, Armsby LB, et al. Guidelines for the Echocardiographic Assessment of Atrial Septal Defect and Patent Foramen Ovale: From the American Society of Echocardiography and Society for Cardiac Angiography and Interventions. *J Am Soc Echocardiogr*. 2015;28(8):910-958. doi:10.1016/j.echo.2015.05.015.
12. Franklin RCG, Béland MJ, Colan SD, et al. Nomenclature for Congenital and Paediatric Cardiac Disease: the International Paediatric and Congenital Cardiac Code (IPCCC) and the Eleventh Iteration of the International Classification of Diseases (ICD-11). *Cardiology in the Young*. 2017;27(10):1872-1938. doi:10.1017/s1047951117002244.
13. Cohen MS, Eidem BW, Cetta F, et al. Multimodality Imaging Guidelines of Patients with Transposition of the Great Arteries: A Report from the American Society of Echocardiography Developed in Collaboration with the Society for Cardiovascular Magnetic Resonance and the Society of Cardiovascular Computed Tomography. *J Am Soc Echocardiogr.* 2016;29(7):571-621. doi:10.1016/j.echo.2016.04.002.
14. Canobbio MM, Warnes CA, Aboulhosn J, et al. Management of Pregnancy in Patients with Complex Congenital Heart Disease: A Scientific Statement for Healthcare Professionals From the American Heart Association. *Circulation*. 2017;135(8). doi:10.1161/cir.0000000000000458.
15. Hare GFV, Ackerman MJ, Evangelista J-AK, et al. Eligibility and Disqualification Recommendations for Competitive Athletes with Cardiovascular Abnormalities: Task Force 4: Congenital Heart Disease. *J Am Coll Cardiol*. 2015;66(21):2372-2384. doi:10.1016/j.jacc.2015.09.036.
16. Giglia T, Stagg A. Infant Single Ventricle Monitoring Program (ISVMP): Outpatient Interstage Pathway: Stage I Discharge to Second Operation. Clinical Pathways Program. https://www.chop.edu/clinical-pathway/single-ventricle-fetus-or-newborn-clinical-pathway. Published July 2011. Accessed July 26, 2019. Revised January 2018.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

17. Sachdeva R, Valente AM, Armstrong AK, et al. ACC/AHA/ASE/HRS/ISACHD/SCAI/SCCT/SCMR/SOPE 2020 Appropriate Use Criteria for Multimodality Imaging During the Follow-Up Care of Patients with Congenital Heart Disease. *J Am Coll Cardiol*. 2020;75(6):657-703. doi:10.1016/j.jacc.2019.10.002.
18. MacCarrick G, Black JH 3rd, Bowdin S, et al. Loeys-Dietz syndrome: a primer for diagnosis and management. *Genet Med.* 2014;16(8):576–587. doi:10.1038/gim.2014.11.
19. Loeys BL, Dietz HC. Loeys-Dietz Syndrome. GeneReviews® [Internet]. https://www.ncbi.nlm.nih.gov/books/NBK1133/. Published March 1, 2018.
20. Caglayan AO, Dundar M. Inherited diseases and syndromes leading to aortic aneurysms and dissections. *European Journal of Cardio-Thoracic Surgery*. 2009;35(6):931-940. doi:10.1016/j.ejcts.2009.01.006. Collins RT. Cardiovascular Disease in Williams Syndrome. *Circulation*. 2013;127(21):2125-2134. doi:10.1161/circulationaha.112.000064.
21. D'hondt S, Damme TV, Malfait F. Vascular phenotypes in nonvascular subtypes of the Ehlers-Danlos syndrome: a systematic review. *Genetics in Medicine*. 2017;20(6):562-573. doi:10.1038/gim.2017.138.
22. Hiratzka LF, Creager MA, Isselbacher EM, et al. Surgery for Aortic Dilatation in Patients with Bicuspid Aortic Valves. *J Am Coll Cardiol*. 2016;67(6):724-731. doi:10.1016/j.jacc.2015.11.006.
23. Knadler JJ, Lemaire S, Mckenzie ED, et.al. Thoracic Aortic, Aortic Valve, and Mitral Valve Surgery in Pediatric and Young Adult Patients With Marfan Syndrome: Characteristics and Outcomes. *Seminars in Thoracic and Cardiovascular Surgery*. 2019;31(4):818-825. doi:10.1053/j.semtcvs.2019.06.005.
24. Landis BJ, Ware SM, James J, Shikany AR, Martin LJ, Hinton RB. Clinical Stratification of Pediatric Patients with Idiopathic Thoracic Aortic Aneurysm. *J Pediatr*. 2015;167(1):131-137. doi:10.1016/j.jpeds.2015.02.042.
25. Oner T, Akgun G, Ergin SO, Karadag H, Yucel IK, Celebi A. Risk Factors Associated with Ascending Aortic Aneurysms and Aortic Elasticity Parameters in Children with a Bicuspid Aortic Valve. *Pediatric Cardiology.* 2019;40(5):980-986. doi:10.1007/s00246-019-02102-6.
26. Maron BJ, Zipes DP, Kovacs RJ. Eligibility and Disqualification Recommendations for Competitive Athletes with Cardiovascular Abnormalities: Preamble, Principles, and General Considerations. *J Am Coll Cardiol*. 2015;66(21):2343-2349. doi:10.1016/j.jacc.2015.09.032.
27. Meester JAN, Verstraeten A, Schepers D, et. al. Differences in manifestations of Marfan syndrome, Ehlers-Danlos syndrome, and Loeys-Dietz syndrome. *Annals of Cardiothoracic Surgery*. 2017;6(6):582-594. doi:10.21037/acs.2017.11.03.
28. Otto CM, Nishimura RA, Bonow RO, et al. 2020 ACC/AHA Guideline for the Management of Patients With Valvular Heart Disease: A Report of the American College of Cardiology/American Heart Association Joint Committee on Clinical Practice Guidelines. *Circulation*. 2021;143(5):e72-e227. doi:10.1161/cir.0000000000000923.
29. Bonow RO, O'Gara PT, Adams DH, et al. 2020 Focused Update of the 2017 ACC Expert Consensus Decision Pathway on the Management of Mitral Regurgitation. *J Am Coll Cardiol.* 2020;75(17):2236-2270. doi:10.1016/j.jacc.2020.02.005.
30. Nishimura RA, O'Gara PT, Bavaria JE, et al. 2019 AATS/ACC/ASE/SCAI/STS Expert Consensus Systems of Care Document: A Proposal to Optimize Care for Patients With Valvular Heart Disease: A Joint Report of the American Association for Thoracic Surgery, American College of Cardiology, American Society of Echocardiography, Society for Cardiovascular Angiography and Interventions, and Society of Thoracic Surgeons. *J Am Soc Echocardiogr*. 2019;32(6):683-707. doi:10.1016/j.echo.2019.02.016.
31. Doherty JU, Kort S, Mehran R, et al. ACC/AATS/AHA/ASE/ASNC/HRS/SCAI/SCCT/SCMR/STS 2019 Appropriate Use Criteria for Multimodality Imaging in the Assessment of Cardiac Structure and Function in Nonvalvular Heart Disease. *J Am Coll Cardiol*. 2019;73(4):488-516. doi:10.1016/j.jacc.2018.10.038.
32. Rychik J, Atz AM, Celermajer DS, et al. Evaluation and Management of the Child and Adult With Fontan Circulation: A Scientific Statement From the American Heart Association [published online ahead of print, 2019 Jul 1]. *Circulation*. 2019;CIR0000000000000696. doi:10.1161/CIR.0000000000000696.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Condition Specific Imaging

Guideline

Multisystem Inflammatory Syndrome in Children (MIS-C) (PEDCD-12)
References (PEDCD-12)
Heart Murmur (PEDCD-3.1)
References (PEDCD-3.1)
Chest Pain General (PEDCD-4.1)
References (PEDCD-4.1)
Syncope (PEDCD-5.1)
References (PEDCD-5.1)
Pediatric Pulmonary Hypertension General (PEDCD-7.1)
References (PEDCD-7.1)
Evaluation of Pericardial Effusion or Diagnosis of Pericardial Tamponade (PEDCD-9.5)
Kawasaki Disease (PEDCD-6)
References

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Multisystem Inflammatory Syndrome in Children (MIS-C) (PEDCD-12)

CDP.CS.0012.A
v1.0.2025

MIS-C General Information (PEDCD-12.1)

SARS-CoV-2 (COVID 19) is usually mild in children. Some children develop a severe inflammatory disease that can present in a similar way to Kawasaki disease or toxic shock syndrome. This syndrome has been defined by the US Centers for Disease Control and Prevention as multisystem inflammatory syndrome in children (MIS-C).

These guidelines are intended for use in the outpatient management of cardiac findings of MIS-C. Additional information can be found in **PEDHD-12.7** for the outpatient management of head imaging.

MIS-C Indications for Cardiac Imaging (PEDCD-12.2)

MIS-C Initial Cardiac Imaging (PEDCD-12.2.1)

- When there is concern for MIS-C, as in atypical or incomplete Kawasaki (see **Kawasaki Disease - Acute Phase (PEDCD-6.2)**) echo (TTE) can be approved
- A cardiac MRI can be approved at the time of diagnosis when there are issues that can affect treatment management not answered by other testing
- Cardiac CCTA can be done if there is incomplete visualization of the coronary arteries
- Repeat echocardiograms may be required and approved if either:
  - Treatment decisions will be affected by results (e.g., treating with IVIg)
  - There are new signs or symptoms

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

MIS-C Repeat Cardiac Imaging (PEDCD-12.2.2)

The following imaging guidelines reference outpatient management of individuals who have been discharged from the hospital after stability for MIS-C has been established.

- An echo (TTE) can be approved at the time of presentation and followed by serial echos (TTE) until stabilization has been achieved for any of the following:
  - New cardiac signs, symptoms, or findings
  - Evidence of recurrence of MIS-C
  - Changes in medication
- Serial echos can be approved based on the ordering cardiologist's discretion or the treating medical provider in consultation with a cardiologist when there is documented cardiac dysfunction.
- Individuals who are discharged from the hospital after MIS-C and have stable findings can have an echo (TTE):
  - Within 1 week of discharge
  - 4 weeks post-discharge
  - At 6 months post-discharge
  - One year post-discharge
- Cardiac CCTA can be done if there is incomplete visualization of the coronary arteries
- A routine cardiac MRI can be done once after 3 months in an individual with evidence of cardiac involvement (e.g., symptoms, EKG, labs, or echocardiogram)
- Individuals with changes, or unanswered questions, on echo (TTE) may have a Cardiac MRI based on **Cardiac MRI and MRA Chest – Indications (excluding Stress MRI) (CD-5.2)** in the cardiac imaging guidelines

Individuals with dilated coronary arteries can have imaging based on the AHA Kawasaki guidelines.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

AHA risk level	Largest Aneurysm At Any Point	Largest Current Aneurysm	Routine Echo	Routine Stress Imaging	Routine Coronary Imaging
All			All risk levels 4-6 weeks after acute illness		
1	Normal	Normal	One echo 2-12 months after acute illness	none	none
2	Dilation	Dilation	6 months One year If dilation remains echo every 2-5 years until resolves	None	None
		Normal	After acute illness: 2-12 months One echocardiogram at one year No echocardiogram after one year		
3.1	Small	Small	6 months 12 months Then yearly	2-3 years	3-5 years
3.2	Small	Normal or dilated	6 months 12 months Then yearly	3-5 years	none
4.1	Medium	Medium	3 months 6 months 12 months Every 6-12 months after that	1-3 years	2-5 years

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

AHA risk level	Largest Aneurysm At Any Point	Largest Current Aneurysm	Routine Echo	Routine Stress Imaging	Routine Coronary Imaging
4.2	Medium	Small	6 months and 12 months, every 1 year	2-3 years	3-5 years
4.3	Medium	Normal Or Dilated	Every 1-2 years	2-4 years	none
5.1	Large	Large	1 month 3 months 6 months 9 months 12 months Then every 3-6 months	6-12 months	at 2-6 months, every 1-5 years
5.2	Large	Medium	Every 6-12 months	yearly	2-5 years
5.3	Large	Small	6-12 month	1-2 years	2-5 years
5.4	Large	Normal Or Dilation	1-2 years	2-5 years	none

Symptomatic individuals

- Echocardiogram can be performed at any time with new or progressing cardiac symptoms
- Stress imaging when there are new or progressing symptoms of ischemia or ventricular dysfunction
- Invasive or coronary imaging coronary angiography (CT, MRI, invasive) when the above studies are positive, inconclusive, or otherwise lead to a conclusion that intervention is needed

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (PEDCD-12)

CDP.CS.0012.A
v1.0.2025

1. Information for Healthcare Providers about Multisystem Inflammatory Syndrome in Children (MIS-C). Centers for Disease Control and Prevention. https://www.cdc.gov/mis/mis-c/hcp_cstecdc/. Published February 17, 2021.
2. Ahmed M, Advani S, Moreira A, et al. Multisystem inflammatory syndrome in children: A systematic review. *EClinicalMedicine*. 2020;26:100527. doi:10.1016/j.eclinm.2020.100527.
3. Lee PY, Day-Lewis M, Henderson LA, et al. Distinct clinical and immunological features of SARS–CoV-2–induced multisystem inflammatory syndrome in children. *J Clin Invest*. 2020;130(11):5942-5950. doi:10.1172/jci141113.
4. Choi NH, Fremed M, Starc T, et al. MIS-C and Cardiac Conduction Abnormalities. *Pediatrics*. 2020;146(6). doi:10.1542/peds.2020-009738.
5. Dionne A, Mah DY, Son MB, et al. Atrioventricular Block in Children with Multisystem Inflammatory Syndrome. *Pediatrics*. 2020;146(5). doi:10.1542/peds.2020-009704.
6. McMurray JC, May JW, Cunningham MW, Jones OY. Multisystem Inflammatory Syndrome in Children (MIS-C), a Post-viral Myocarditis and Systemic Vasculitis—A Critical Review of Its Pathogenesis and Treatment. *Front Pediatr*. 2020;8. doi:10.3389/fped.2020.626182.
7. Multisystem Inflammatory Syndrome in Children (MIS-C). Centers for Disease Control and Prevention. https://www.cdc.gov/mis-c/. Published February 25, 2021.
8. Kaushik S, Aydin SI, Derespina KR, et al. Multisystem Inflammatory Syndrome in Children Associated with Severe Acute Respiratory Syndrome Coronavirus 2 Infection (MIS-C): A Multi-institutional Study from New York City. *J Pediatr*. 2020;224:24-29. doi:10.1016/j.jpeds.2020.06.045.
9. Feldstein LR, Rose EB, Horwitz SM, et al. Multisystem Inflammatory Syndrome in U.S. Children and Adolescents. *N Engl J Med*. 2020;383(4):334-346. doi:10.1056/nejmoa2021680.
10. Ebina-Shibuya R, Namkoong H, Shibuya Y, Horita N. Multisystem Inflammatory Syndrome in Children (MIS-C) with COVID-19: Insights from simultaneous familial Kawasaki Disease cases. *Int J Infect Dis*. 2020;97:371-373. doi:10.1016/j.ijid.2020.06.014.
11. Valverde I, Singh Y, Sanchez-de-Toledo J, et al. Acute Cardiovascular Manifestations in 286 Children With Multisystem Inflammatory Syndrome Associated With COVID-19 Infection in Europe. *Circulation*. 2021;143(1):21-32. doi:10.1161/circulationaha.120.050065.
12. Alsaied T, Tremoulet AH, Burns JC, et al. Review of Cardiac Involvement in Multisystem Inflammatory Syndrome in Children.*Circulation*. 2021;143(1):78-88. doi:10.1161/CIRCULATIONAHA.120.049836.
13. Sperotto F, Friedman KG, Son MB, VanderPluym CJ, Newburger JW, Dionne A. Cardiac manifestations in SARS-CoV-2-associated multisystem inflammatory syndrome in children: a comprehensive review and proposed clinical approach. *European Journal of Pediatrics*. 2020;180(2):307-322. doi:10.1007/s00431-020-03766-6.
14. Friedman KG, Harrild DM, Newburger JW. Cardiac Dysfunction in Multisystem Inflammatory Syndrome in Children. *Journal of the American College of Cardiology*. 2020;76(17):1962-1964. doi:10.1016/j.jacc.2020.09.002.
15. McCrindle BW, Rowley AH, Newburger JW, et al. Diagnosis, Treatment, and Long-Term Management of Kawasaki Disease: A Scientific Statement for Health Professionals From the American Heart Association. *Circulation*. 2017;135(17). doi:10.1161/cir.0000000000000484
16. Belhadjer Z, Méot M, Bajolle F, et al. Acute Heart Failure in Multisystem Inflammatory Syndrome in Children in the Context of Global SARS-CoV-2 Pandemic. *Circulation*. 2020;142(5):429-436. doi:10.1161/circulationaha.120.048360.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Heart Murmur (PEDCD-3.1)

CDP.CS.003.1.A
v1.0.2025

When evaluating an individual with a murmur for the first time, it will not be known whether the individual has congenital heart disease or not.

Initial pediatric TTE combinations

Cardiologist only submits charges for the procedure actually performed
CPT® 93303, CPT® 93306, CPT® 93320, and CPT® 93325
CPT® 93303, CPT® 93320, and CPT® 93325
CPT® 93303, CPT® 93306
CPT® 93306 (CPT® 93320 and CPT® 93325 are included with CPT® 93306 and should not be approved separately)

- Any one of the above echocardiography code combinations is indicated for evaluation of either:
  - Any pathologic murmur
  - Any innocent murmur with associated cardiac signs or symptoms
- Repeat echocardiography is not indicated if the initial echocardiogram was normal and the murmur has not changed in quality.

Background and Supporting Information

- Heart murmurs are extremely common in pediatric individuals. The thinner chest wall in children allows clearer auscultation of blood flowing through the chambers of the heart, which may result in a murmur on physical exam.
- The majority of murmurs are innocent and do not require further evaluation. More than 30% of children may have an innocent murmur detected during physical examination. Innocent murmurs are typically systolic ejection murmurs with a vibratory or musical quality, and generally change in quality when the individual changes position.
- Other types of murmurs can be pathologic and require additional evaluation, usually by a pediatric cardiologist. Echocardiography is indicated, and is performed as part of the office visit.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (PEDCD-3.1)

CDP.CS.003.1.A
v1.0.2025

1. Nelson Textbook of Pediatrics, 20th Edition, Robert M. Kliegman, MD, Bonita M.D. Stanton, MD, Joseph St. Geme, MD and Nina F Schor, MD, PhD, p2182 to p2292.
2. Campbell RM, Douglas PS, Eidem BW, Lai WW, Lopez L, Sachdeva R. ACC/AAP/AHA/ASE/HRS/SCAI/SCCT/SCMR/SOPE 2014 Appropriate Use Criteria for Initial Transthoracic Echocardiography in Outpatient Pediatric Cardiology. *Journal of the American College of Cardiology*. 2014;64(19):2039-2060. doi:10.1016/j.jacc.2014.08.003.
3. Lai WW, Geva T, Shirali GS, et al. Guidelines and Standards for Performance of a Pediatric Echocardiogram: A Report from the Task Force of the Pediatric Council of the American Society of Echocardiography. *Journal of the American Society of Echocardiography*. 2006;19(12):1413-1430. doi:10.1016/j.echo.2006.09.001.
4. Allen HD, Shaddy RE, Penny DJ, Cetta F, Feltes TF. Moss and Adams' Heart Disease in Infants, Children, and Adolescents: Including the Fetus and Young Adult. 9th ed. Philadelphia, PA: Wolters Kluwer; 2016.
5. Prakash A, Powell AJ, Geva T. Multimodality Noninvasive Imaging for Assessment of Congenital Heart Disease. *Circulation: Cardiovascular Imaging*. 2010;3(1):112-125. doi:10.1161/circimaging.109.875021.
6. Danford DA, McNamara DG. Innocent murmurs and heart sounds. In: The Science and Practice of Pediatric Cardiology, 2nd ed, Garson AJ, Bricker JT, Fisher DJ, Neish SR (Eds), Williams & Wilkins, Baltimore 1998. p.220ff DF, McNamara GG. History and physical examination of the cardiovascular system. In: The Science and Practice of Pediatric Cardiology, 2nd ed, Garson AJ, Bricker JT, Fisher DJ, Neish SR (Eds), Williams and Wilkins, Baltimore 1998. p.693nn rrr

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Chest Pain General (PEDCD-4.1)

CDP.CS.0004.1.A
v1.0.2025

Initial pediatric TTE combinations

Cardiologist only submits charges for the procedure actually performed
CPT® 93303, CPT® 93306, CPT® 93320, and CPT® 93325
CPT® 93303, CPT® 93320, and CPT® 93325
CPT® 93303, CPT® 93306
CPT® 93306 (CPT® 93320 and CPT® 93325 are included with CPT® 93306 and should not be approved separately)

- Any one of the TTE combinations above is indicated for pediatric individuals with chest pain and one or more of the following:
  - Exertional chest pain
  - Non-exertional chest pain with abnormal EKG
  - Chest pain with signs or symptoms of pericarditis
  - First-degree relative with sudden unexplained death or cardiomyopathy
  - Recent onset of fever
  - Recent illicit drug use
  - Other signs or symptoms of cardiovascular disease
- Repeat echocardiography is not indicated if the initial echocardiogram is normal unless one of the following conditions is present:
  - Increased severity or change in quality of the chest pain
  - New signs or symptoms of cardiovascular disease other than pain
  - New abnormality on EKG
- Cardiac MR or cardiac CT is indicated for chest pain if prior evaluation suggests:
  - Any coronary artery abnormalities
  - Cardiomyopathy
  - Myocarditis
- Chest MRA or CTA if pulmonary embolism or aortic dissection is suspected
- Stress imaging is indicated if other imaging suggests coronary artery abnormality, or ETT suggests ischemia. EKG is uninterpretable. Any indication in section **Stress Testing with Imaging – Indications (CD 1.4)** in the Cardiac Imaging Guidelines. This can include Stress SPECT, echo or MR

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Background and Supporting Information

Chest pain in pediatric individuals is caused by a cardiac etiology in <5% of cases, yet causes great anxiety for parents resulting in requests for testing.

Individuals with CP may undergo an exercise stress test without imaging.

Echocardiography is performed as part of the office visit. When evaluating an individual for the first time, it will not be known whether the individual has congenital heart disease or not. The cardiologist only submits charges for the procedure actually performed.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (PEDCD-4.1)

CDP.CS.0004.1.A
v1.0.2025

1. Kliegman R, Nelson WE. *Nelson Textbook of Pediatrics*. 20th ed. Philadelphia, PA: Elsevier; 2016.
2. Friedman KG, Alexander ME. Chest Pain and Syncope in Children: A Practical Approach to the Diagnosis of Cardiac Disease. *The Journal of Pediatrics*. 2013;163(3). doi:10.1016/j.jpeds.2013.05.001.
3. Campbell RM, Douglas PS, Eidem BW, Lai WW, Lopez L, Sachdeva R. ACC/AAP/AHA/ASE/HRS/SCAI/ SCCT/SCMR/SOPE 2014 Appropriate Use Criteria for Initial Transthoracic Echocardiography in Outpatient Pediatric Cardiology. *Journal of the American College of Cardiology*. 2014;64(19):2039-2060. doi:10.1016/ j.jacc.2014.08.003.
4. Allen HD, Shaddy RE, Penny DJ, Cetta F, Feltes TF. Moss and Adams' Heart Disease in Infants, Children, and Adolescents: Including the Fetus and Young Adult. 9th ed. Philadelphia, PA: Wolters Kluwer; 2016
5. Friedman KG, Kane DA, Rathod RH, et al. Management of pediatric chest pain using a standardized assessment and management plan. *Pediatrics* 2011; 128:239.
6. Friedman KG, Alexander ME. Chest Pain and Syncope in Children: A Practical Approach to the Diagnosis of Cardiac Disease. *The Journal of Pediatrics*. 2013;163(3). doi:10.1016/j.jpeds.2013.05.001.
7. Barbut G, Needleman JP. Pediatric Chest Pain. *Pediatr Rev*. 2020;41(9):469-480. doi:10.1542/pir.2019-0058.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Syncope (PEDCD-5.1)

CDP.CS.0005.1.A
v1.0.2025

Initial pediatric TTE combinations

Cardiologist only submits charges for the procedure actually performed
CPT® 93303, CPT® 93306, CPT® 93320, and CPT® 93325
CPT® 93303, CPT® 93320, and CPT® 93325
CPT® 93303, CPT® 93306
CPT® 93306 (CPT® 93320 and CPT® 93325 are included with CPT® 93306 and should not be approved separately)

- Echocardiography is not indicated for most individuals with isolated syncope.
- Echocardiography is indicated for pediatric individuals with syncope and one or more of the following:
  - Exertional syncope
  - Unexplained post-exertional syncope
  - Abnormal EKG
  - Absence of prodromal symptoms
  - Presence of preceding palpitations within seconds of loss of consciousness
  - Lack of a prolonged upright posture
  - Syncope in response to auditory or emotional
  - First-degree relative with any of the following before age 50:
    - Sudden cardiac arrest or death
    - Pacemaker or implantable defibrillator placement
  - First-degree relative with cardiomyopathy
  - Known congenital heart disease
  - History of Kawasaki disease, or other coronary pathology.
  - Pathologic murmur, irregular rhythm, gallop, or click on physical examination
- Repeat echocardiography is not indicated if the initial echocardiogram is normal unless one of the following conditions is present:
  - Increased severity or change in quality of the syncope
  - New signs or symptoms of cardiovascular disease other than syncope
  - Family of history of sudden death, cardiomyopathy
  - New abnormality on EKG

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

- Cardiac MR or Cardiac CT is indicated for chest pain if prior evaluation suggests any coronary artery abnormalities, cardiomyopathy, myocarditis
- MRA or CTA Chest if pulmonary embolism or aortic dissection is suspected
- Stress imaging (SPECT, echo or MR) is indicated (any);
  - If other imaging suggests coronary artery abnormality
  - ETT suggests ischemia
  - EKG is uninterpretable
  - Any indication in section **Stress Testing with Imaging – Indications (CD 1.4)** in the Cardiac Imaging Guidelines

Background and Supporting Information

Syncope in pediatric individuals is common, with up to 15% of individuals experiencing at least one episode by age 21. Syncope is caused by neurocardiogenic syndrome (vasovagal syncope) in 75% to 80% of cases, which is a benign and self-limiting condition. Despite this, syncope causes great anxiety for parents resulting in requests for testing.

Individuals with CP may undergo an exercise stress test without imaging.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (PEDCD-5.1)

CDP.CS.0005.1.A
v1.0.2025

1. Kliegman R, Nelson WE. Nelson Textbook of Pediatrics. 20th ed. Philadelphia, PA: Elsevier; 2016.
2. Friedman KG, Alexander ME. Chest Pain and Syncope in Children: A Practical Approach to the Diagnosis of Cardiac Disease. *The Journal of Pediatrics*. 2013;163(3). doi:10.1016/j.jpeds.2013.05.001.
3. Campbell RM, Douglas PS, Eidem BW, Lai WW, Lopez L, Sachdeva R. ACC/AAP/AHA/ASE/HRS/SCAI/SCCT/SCMR/SOPE 2014 Appropriate Use Criteria for Initial Transthoracic Echocardiography in Outpatient Pediatric Cardiology. *Journal of the American College of Cardiology*. 2014;64(19):2039-2060. doi:10.1016/j.jacc.2014.08.003.
4. Cannon B, Wackel P. Syncope. *Pediatrics in Review*. 2016;37(4):159-168. doi:10.1542/pir.2014-0109.
5. Allen HD, Shaddy RE, Penny DJ, Cetta F, Feltes TF. Moss and Adams' Heart Disease in Infants, Children, and Adolescents: Including the Fetus and Young Adult. 9th ed. Philadelphia, PA: Wolters Kluwer; 2016.
6. Shen W-K, Sheldon RS, Benditt DG, et. al. 2017 ACC/AHA/HRS guideline for the evaluation and management of patients with syncope: a report of the American College of Cardiology/American Heart Association Task Force on Clinical Practice Guidelines and the Heart Rhythm Society. *Circulation*. 2017;136:e60–e122. DOI: 10.1161/CIR.0000000000000499.
7. Winder MM, Marietta J, Kerr LM, et al. Reducing Unnecessary Diagnostic Testing in Pediatric Syncope: A Quality Improvement Initiative. *Pediatr Cardiol*. 2021. doi:10.1007/s00246-021-02567-4.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Pediatric Pulmonary Hypertension General (PEDCD-7.1)

CDP.CS.0007.1.A
v1.0.2025

- Pulmonary hypertension in children can be caused by cardiac, pulmonary, or systemic diseases, and idiopathic disease occurs as well.
- Chest x-ray, EKG, and echocardiography (CPT® 93306, or CPT® 93303, with CPT® 93320, and CPT® 93325, see: **Transthoracic Echocardiography (TTE) Coding (PEDCD-8.1)** for echocardiography coding considerations) for initial evaluation if pulmonary hypertension is suspected.
- Repeat echocardiography intervals are variable depending on age of individual, etiology, and severity.
  - After a comprehensive initial evaluation, echocardiograms using PH-specific protocols may be performed every 4 to 6 months.
  - Echocardiography is indicated at any time for new or worsening symptoms or to evaluate a recent change in therapy.
  - Right heart and /or left heart catheterization may be utilized for PAH individuals, including before and after initiation of PAH-targeted therapy, and for individuals with concomitant congenital heart disease
- CT Chest (CPT® 71250) may be indicated in addition to CTA Chest (CPT® 71275) or MRA Chest (CPT® 71555) for initial evaluation of all pediatric individuals with pulmonary hypertension to evaluate for pulmonary vascular or interstitial disease, or other intrathoracic causes.
- Cardiac MRI without and with contrast (CPT® 75561) is indicated for evaluation of inconclusive echocardiogram findings, or for monitoring right ventricular function during follow-up.
- Stress echocardiograms may be indicated (as in the general cardiac imaging guidelines) see **Stress Echocardiography – Indications other than ruling out CAD (CD-2.7)** in the Cardiac Imaging Guidelines.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (PEDCD-7.1)

CDP.CS.0007.1.A
v1.0.2025

1. Abman SH, Hansmann G, Archer SL, et al. Pediatric Pulmonary Hypertension. *Circulation*. 2015;132(21):2037-2099. doi:10.1161/cir.0000000000000329.
2. Latus H, Kuehne T, Beerbaum P, et al. Cardiac MR and CT imaging in children with suspected or confirmed pulmonary hypertension/pulmonary hypertensive vascular disease. Expert consensus statement on the diagnosis and treatment of paediatric pulmonary hypertension. The European Paediatric Pulmonary Vascular Disease Network, endorsed by ISHLT and DGPK. *Heart*. 2016;102(Suppl 2):ii30-ii35. doi:10.1136/heartjnl-2015-308246.
3. Allen HD, Shaddy RE, Penny DJ, Cetta F, Feltes TF. Moss and Adams' Heart Disease in Infants, Children, and Adolescents: Including the Fetus and Young Adult. 9th ed. Philadelphia, PA: Wolters Kluwer; 2016.
4. Galiè N, Humbert M, Vachiery J-L, et al. 2015 ESC/ERS Guidelines for the diagnosis and treatment of pulmonary hypertension. *European Respiratory Journal*. 2015;46(4):903-975. doi:10.1183/13993003.01032-2015.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Evaluation of Pericardial Effusion or Diagnosis of Pericardial Tamponade (PEDCD-9.5)

CDP.CS.0009.5.A

v1.0.2025

- Echocardiogram is the initial imaging study of choice to evaluate pericardial effusions or diagnose pericardial tamponade.
- If a specific clinical question is left unanswered by another recent imaging study **and** the answer to the clinical question will affect the management of the individual's clinical condition, contrast-enhanced cardiac MRI is useful for evaluating:
  - Pericarditis
  - Neoplastic effusion
  - Tamponade
  - Myocardial infiltration
- Cancers that can metastasize to the pericardium or myocardium and can cause a malignant effusion include lung, breast, renal cell, lymphoma and melanoma.

1. Nelson Textbook of Pediatrics, 20th Edition, Robert M. Kliegman, MD, Bonita M.D. Stanton, MD, Joseph St. Geme, MD and Nina F Schor, MD, PhD, p2182 to p2292.
2. Atweh LA, Orth RC, Guillerman RP, Zhang W, Kan JH. MR imaging of children and young adults with classic findings of osteonecrosis on unenhanced MR images: do contrast-enhanced sequences help? *Pediatric Radiology*. 2013;43(11):1502-1506. doi:10.1007/s00247-013-2714-1.
3. Cohen MS, Eidem BW, Cetta F, et al. Multimodality Imaging Guidelines of Patients with Transposition of the Great Arteries: A Report from the American Society of Echocardiography Developed in Collaboration with the Society for Cardiovascular Magnetic Resonance and the Society of Cardiovascular Computed Tomography. *Journal of the American Society of Echocardiography*. 2016;29(7):571-621. doi:10.1016/j.echo.2016.04.002.
4. Adler Y, Charron P, Imazio M, et al. 2015 ESC Guidelines for the diagnosis and management of pericardial diseases. *European Heart Journal*. 2015;36(42):2921-2964. doi:10.1093/eurheartj/ehv318.
5. Allen HD, Shaddy RE, Penny DJ, et. al TF. Moss and Adams' Heart Disease in Infants, Children, and Adolescents: Including the Fetus and Young Adult. 9th ed. Philadelphia, PA: Wolters Kluwer; 2016.
6. Hundley WG, Bluemke DA, Finn JP, et al. ACCF/ACR/AHA/NASCI/SCMR 2010 Expert Consensus Document on Cardiovascular Magnetic Resonance. *Circulation*. 2010;121(22):2462-2508. doi:10.1161/cir.0b013e3181d44a8f.
7. Cohen MS, Eidem BW, Cetta F, et al. Multimodality Imaging Guidelines of Patients with Transposition of the Great Arteries: A Report from the American Society of Echocardiography Developed in Collaboration with the Society for Cardiovascular Magnetic Resonance and the Society of Cardiovascular Computed Tomography. *Journal of the American Society of Echocardiography*. 2016;29(7):571-621. doi:10.1016/j.echo.2016.04.002.
8. Valente AM, Cook S, Festa P, et al. Multimodality Imaging Guidelines for Patients with Repaired Tetralogy of Fallot: A Report from the American Society of Echocardiography. *Journal of the American Society of Echocardiography*. 2014;27(2):111-141. doi:10.1016/j.echo.2013.11.009.
9. Feingold B, Mahle WT, Auerbach S, et al. Management of Cardiac Involvement Associated With Neuromuscular Diseases: A Scientific Statement From the American Heart Association. Circulation. 2017;136(13). doi:10.1161/cir.0000000000000526.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

10. Mah ML, Cripe L, Slawinski MK, et al. Duchenne and Becker muscular dystrophy carriers: Evidence of cardiomyopathy by exercise and cardiac MRI testing. International Journal of Cardiology. 2020;316:257-265. doi:10.1016/j.ijcard.2020.05.052.
11. Power LC, O'Grady GL, Hornung TS, Jefferies C, Gusso S, Hofman PL. Imaging the heart to detect cardiomyopathy in Duchenne muscular dystrophy: A review. Neuromuscular Disorders. 2018;28(9):717-730. doi:10.1016/j.nmd.2018.05.011.
12. Hor KN, Mah ML, Johnston P, Cripe TP, Cripe LH. Advances in the diagnosis and management of cardiomyopathy in Duchenne muscular dystrophy. Neuromuscular Disorders. 2018;28(9):711-716. doi:10.1016/j.nmd.2018.06.014.
13. Buddhe S, Cripe L, Friedland-Little J, et al. Cardiac Management of the Patient With Duchenne Muscular Dystrophy. Pediatrics. 2018;142(Supplement 2). doi:10.1542/peds.2018-0333i.
14. Birnkrant DJ, Bushby K, Bann CM, et al. Diagnosis and management of Duchenne muscular dystrophy, part 2: respiratory, cardiac, bone health, and orthopaedic management. The Lancet Neurology. 2018;17(4):347-361. doi:10.1016/s1474-4422(18)30025-5.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Kawasaki Disease (PEDCD-6)

CDP.CS.0006.A
v1.0.2025

Kawasaki Disease Initial Imaging (PEDCD-6.1)

- Echocardiography (CPT® 93306) is indicated for initial assessment for suspected or known Kawasaki disease
  - Coronary CTA (CPT® 75574), Cardiac MRI without contrast (CPT® 75557), Cardiac MRI without and with contrast (CPT® 75561), or MRA Chest (CPT® 71555) are indicated for evaluation of inconclusive echocardiogram findings, or significant coronary artery abnormalities.
  - Screening of other body areas for aneurysms is not routinely indicated in Kawasaki disease, but MRA or CTA (contrast as requested) of the affected body area can be approved for evaluation of signs or symptoms suggesting aneurysm development.
  - See acute and chronic phase for imaging

Background and Supporting Information

- Kawasaki disease (KD) is the leading cause of acquired pediatric cardiac disease in the developed world. It is an acute febrile illness characterized by a medium vessel vasculitis, which predominantly affects the coronary arteries.
  - Individuals who do not fulfill the diagnostic criteria for classic KD may be considered to have incomplete (atypical) KD.
  - If Kawasaki disease is strongly suspected, treatment will often begin even before cardiac evaluation, since early treatment is associated with a lower risk for coronary aneurysm development.

Kawasaki Disease - Acute Phase (PEDCD-6.2)

- Echocardiography should be performed when the diagnosis of KD is considered
  - Uncomplicated individuals, echocardiography can be repeated after treatment **both:**
    - Within 1 to 2 weeks
    - Within 4 to 6 weeks
  - For individuals with important and evolving coronary artery abnormalities (Z score >2.5) detected during the acute illness, more frequent echocardiography (at least twice per week) should be performed until luminal dimensions have stopped progressing to determine the risk for and presence of thrombosis.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

    - Expanding large or giant aneurysms:
        - Twice per week while dimensions are expanding rapidly
        - Once weekly after dimension is stabilized for the first 45 days of illness
        - Then monthly until the third month after illness onset
- It is reasonable to obtain advanced imaging studies such as computed tomographic angiography (CTA), cardiac magnetic resonance imaging (CMRI), or invasive angiography on individuals' severe proximal coronary artery abnormalities in the acute phase when results will impact management decisions.
- Transesophageal echocardiography, invasive angiography, CMRI, and CTA can be of value in the assessment of selected individuals but are not routinely indicated for diagnosis and management of the acute illness.
    - Invasive angiography is rarely performed during the acute illness.
    - Transesophageal echocardiography, CTA, and CMRI can be useful for the evaluation of older children and adolescents when both:
        - Visualization of the coronary arteries with Transthoracic echocardiography (TTE) is inadequate and
        - Results will impact immediate management decisions.
- Evaluation of potential aneurysmal involvement in other arterial beds can be assessed with CMRI, CTA, and, rarely, invasive angiography after recovery from the acute illness for individuals with severe coronary artery involvement or symptoms or signs, such as the presence of a pulsatile axillary mass.
- Atypical or incomplete Kawasaki. Echo is indicated when atypical KD is being considered, may require repeat echocardiograms if treatment decisions will be affected by results (e.g., treating with IVIg), if new signs or symptoms (such as typical peeling) develop.

Background and Supporting Information

- The acute phase of Kawasaki disease (KD) can last up to 4-6 weeks from the onset of fever until acute systemic inflammation has resolved and coronary artery dimensions are no longer expanding
- Based on AHA recommendations, the following classifications are used in risk stratification of coronary artery abnormalities[1]
    - Z-Score classification accounts for the effects of body size and age through use of baseline coronary dimensions adjusted for body surface area. The Z score value represents the number of standard deviation above the mean. (e.g., z=0 pt. has coronary artery dimension value equal to mean, z=2 person has value 2 standard deviation above the mean, based on age, gender, BSA).
    - Coronary Artery Abnormalities Risk Classification based on Z-Score:

[1] Mccrindle BW, Rowley AH, Newburger JW, et al. Diagnosis, Treatment, and Long-Term Management of Kawasaki Disease: A Scientific Statement for Health Professionals from the American Heart Association. Circulation. 2017;135(17). doi:10.1161/cir.0000000000000484.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

        - 1 - No involvement at any time point (Z score always <2)
        - 2 - Dilation only (Z score 2 to <2.5)
        - 3 - Small aneurysm (Z score ≥2.5 to <5)
            - 3.1 - Current or persistent
            - 3.2 - Decreased to dilation only or normal luminal dimension
        - 4 - Medium aneurysm (Z score ≥5 to <10, and absolute dimension <8 mm)
            - 4.1 - Current or persistent
            - 4.2 - Decreased to small aneurysm
            - 4.3 - Decreased to dilation only or normal luminal dimension
        - 5 - Large and giant aneurysm (Z score ≥10, or absolute dimension ≥8 mm)
            - 5.1 - Current or persistent
            - 5.2 - Decreased to medium aneurysm
            - 5.3 - Decreased to small aneurysm
            - 5.4 - Decreased to dilation only or normal luminal dimension
    - Additional clinical features that may increase the long-term risk of myocardial ischemia
        - Greater length and distal location of aneurysms that increase the risk of flow stasis
        - Greater total number of aneurysms
        - Greater number of branches affected
        - Presence of luminal irregularities
        - Abnormal characterization of the vessel walls (calcification, luminal myofibroblastic proliferation)
        - Presence of functional abnormalities (impaired vasodilation, impaired flow reserve)
        - Absence or poor quality of collateral vessels
        - Previous revascularization performed
        - Previous coronary artery thrombosis
        - Previous myocardial infarction
        - Presence of ventricular dysfunction

Kawasaki Disease - Chronic Phase (PEDCD-6.3)

- Long-term management begins at the end of the acute illness, usually at 4 to 6 weeks after fever onset. Management is based on two pieces of data:
    - The dimensions of the largest aneurysm at any point during the disease
    - The dimensions of the largest current aneurysm
- Additional risk factors that may be considered for imaging
    - Greater length and distal location of aneurysms that increase the risk of flow stasis

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

- Greater total number of aneurysms
- Greater number of branches affected
- Presence of luminal irregularities
- Abnormal characterization of the vessel wall (calcification, luminal myofibroblastic proliferation)
- Presence of functional abnormalities (impaired vasodilation, impaired flow reserve)
- Absence or poor quality of collateral vessels
- Previous revascularization performed
- Previous coronary artery thrombosis
- Previous myocardial infarction
- Presence of ventricular dysfunction
- Long term routine surveillance in asymptomatic imaging for Kawasaki disease-see chart

Long term routine surveillance in asymptomatic imaging for Kawasaki disease

AHA risk level	Largest Aneurysm At Any Point	Largest Current Aneurysm	Routine Echo	Routine Stress Imaging	Routine Coronary Imaging
All			All risk levels 4-6 weeks after acute illness		
1	Normal	Normal	One echo 2-12 months after acute illness	none	none
2	Dilation	Dilation	6 months One year If dilation remains echo every 2-5 years until resolves	None	None

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

AHA risk level	Largest Aneurysm At Any Point	Largest Current Aneurysm	Routine Echo	Routine Stress Imaging	Routine Coronary Imaging
		Normal	After acute illness: 2-12 months One echocardiogram at one year No echocardiogram after one year		
3.1	Small	Small	6 months 12 months then yearly	2-3 years	3-5 years
3.2	Small	Normal or dilated	6 months 12 months Then yearly	3-5 years	none
4.1	Medium	Medium	3 months 6 months 12 months Every 6-12 months after that	1-3 years	2-5 years
4.2	Medium	Small	6 months and 12 months, every 1 year	2-3 years	3-5 years
4.3	Medium	Normal Or Dilated	Every 1-2 years	2-4 years	none

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

AHA risk level	Largest Aneurysm At Any Point	Largest Current Aneurysm	Routine Echo	Routine Stress Imaging	Routine Coronary Imaging
5.1	Large	Large	1 month 3 months 6 months 9 months 12 months Then every 3-6 months	6-12 months	at 2-6 months, every 1-5 years
5.2	Large	Medium	Every 6-12 months	yearly	2-5 years
5.3	Large	Small	6-12 month	1-2 years	2-5 years
5.4	Large	Normal Or Dilation	1-2 years	2-5 years	none

Symptomatic individuals

- Echocardiogram can be performed at any time with new or progressing cardiac symptoms
- Stress imaging when there are new or progressing symptoms of ischemia or ventricular dysfunction
- Invasive or coronary imaging Coronary angiography (CT, MRI, invasive) when the above studies are positive, inconclusive, or otherwise lead to a conclusion that intervention is needed

**Adapted from: Mccrindle BW, Rowley AH, Newburger JW, et al. Diagnosis, Treatment, and Long-Term Management of Kawasaki Disease: A Scientific Statement for Health Professionals from the American Heart Association. Circulation. 2017;135(17). doi:10.1161/cir.0000000000000484.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References

CDP.CS.0006.A
v1.0.2025

1. Kliegman R, Nelson WE. *Nelson Textbook of Pediatrics*. 20th ed. Philadelphia, PA: Elsevier; 2016.
2. Son MBF, Newburger JW. Kawasaki Disease. *Pediatrics in Review*. 2013;34(4):151-162. doi:10.1542/pir.34-4-151.
3. Campbell RM, Douglas PS, Eidem BW, Lai WW, Lopez L, Sachdeva R. ACC/AAP/AHA/ASE/HRS/SCAI/SCCT/SCMR/SOPE 2014 Appropriate Use Criteria for Initial Transthoracic Echocardiography in Outpatient Pediatric Cardiology. *Journal of the American College of Cardiology*. 2014; 64(19):2039-2060. doi:10.1016/j.jacc.2014.08.003.
4. Mccrindle BW, Rowley AH, Newburger JW, et al. Diagnosis, Treatment, and Long-Term Management of Kawasaki Disease: A Scientific Statement for Health Professionals from the American Heart Association. *Circulation*. 2017; 135(17). doi:10.1161/cir.0000000000000484.
5. Mccrindle BW, Rowley AH, Newburger JW, et al. Diagnosis, Treatment, and Long-Term Management of Kawasaki Disease: A Scientific Statement for Health Professionals from the American Heart Association. *Circulation*. 2017;135(17). doi:10.1161/cir.0000000000000484.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Echocardiography

Guideline

Transthoracic Echocardiography (TTE) Coding (PEDCD-8.1)
Initial Transthoracic Echocardiography (TTE) Indications (PEDCD-8.2)
Repeat Transthoracic Echocardiography Indications (PEDCD-8.3)
Transesophageal Echocardiography (TEE) (PEDCD-8.4)
Fetal Echo (PEDCD-8.5)
References (PEDCD-8)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Transthoracic Echocardiography (TTE) Coding (PEDCD-8.1)

CDP.000.8.1.A
v1.0.2025

- CPT® codes for echocardiography are listed in **General Guidelines (PEDCD-1)**

Echocardiogram coding notes	CPT®
• The most commonly performed study is a complete transthoracic echocardiogram with spectral and color flow Doppler (CPT® 93306). ◦ CPT® 93306 includes CPT® 93320 and CPT® 93325, so those codes should not be approved along with CPT® 93306.	93306
• Doppler codes (CPT® 93320, CPT® 93321, and CPT® 93325) are add-on codes and are assigned in addition to code for the primary procedure, and should not be approved alone.	+93320 +93321 +93325
• For a 2D transthoracic echocardiogram without Doppler, report CPT® 93307.	93307
• A limited transthoracic echocardiogram is reported with CPT® 93308. ◦ Limited transthoracic echocardiogram should be billed if the report does not "evaluate or document the attempt to evaluate" all of the required structures. ◦ Unlike CPT® 93306, the Doppler CPT® 93321 and CPT® 93325 are not included with CPT® 93308. ◦ CPT® 93321 (not CPT® 93320) should be reported with CPT® 93308 if Doppler is included in the study. ◦ CPT® 93325 should also be reported with CPT® 93308 if color flow Doppler is included in the study.	93308
• For individuals with known congenital heart disease, a limited transthoracic echocardiogram is reported with CPT® 93304, +/- CPT® 93321 and CPT® 93325.	93304

- Providers performing an **initial** echo on a pediatric individual will not know what procedure codes they will be reporting until the initial study is completed.
  - If congenital heart disease is found on the initial echo, a complete echo is reported with codes CPT® 93303, CPT® 93320, and CPT® 93325 because CPT® 93303 does NOT include Doppler and color flow mapping.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

  - If no congenital issue is discovered, then CPT® 93306 is reported alone and includes 2-D, Doppler and color flow mapping.
- Since providers may not know the appropriate code/s that will be reported at the time of the pre-authorization request, they may request multiple codes.
  - The following echocardiography code combinations for any **initial** echocardiogram:
    - CPT® 93303, CPT® 93306, CPT® 93320, and CPT® 93325
    - CPT® 93303, CPT® 93306
    - CPT® 93306
      - CPT® 93320 and CPT® 93325 are included with CPT® 93306 and should not be approved separately.
  - Post-service audits may be completed to ensure proper claims submission.
- Correct coding for subsequent echocardiograms
  - If an individual is being followed for known congenital heart disease, and an echocardiogram is indicated, the appropriate codes are (CPT® 93303 or 93304) in addition to appropriate doppler codes(CPT® 93320 or 93321) and CPT® 93325
  - If an individual has documented normal anatomy, or acquired heart disease, and an echocardiogram is indicated, non-congenital codes are appropriate CPT® 93306 (includes all Doppler codes) or CPT® 93308 with CPT® 93321 and CPT® 93325
  - For individuals with newborn physiology (e.g., ASD versus PFO, or PDA) the final echocardiogram that documents normal anatomy can be coded as congenital. However, any subsequent echocardiograms after that, which would be completed for a new indication, (e.g., shortness of breath) would be coded as non-congenital

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Initial Transthoracic Echocardiography (TTE) Indications (PEDCD-8.2)

CDP.000.8.1.A
v1.0.2025

- In addition to indications listed in previous guideline sections, initial TTE evaluation is indicated for any of the following:
  - Any signs/symptoms that are possibly cardiac in nature, including (but not limited to) central cyanosis, dyspnea, edema, poor peripheral pulses, feeding difficulty, decreased urine output, hepatomegaly, or desaturation on pulse oximetry.
  - Abnormal EKG or cardiac biomarkers
  - Abnormal chest x-ray suggesting cardiovascular disease
  - First-degree relative with any of the following before age 50:
    - Sudden cardiac arrest or death
    - Pacemaker or implantable defibrillator placement
    - First-degree relative with cardiomyopathy
  - Supraventricular Tachycardia (SVT), Ventricular Tachycardia, or Premature Ventricular Contractions (PVCs)
  - Known or suspected valvular dysfunction
  - Persistent systemic hypertension
  - Individuals with new onset hypertension
    - TTE indicated to assess for cardiac target organ damage (LV mass, geometry, and function) at the time of consideration of pharmacologic treatment of systemic hypertension
  - Obesity (BMI >30) with additional cardiovascular risk factors
  - Stroke
  - Renal failure
  - Preoperative evaluation of individuals with chest wall deformities or scoliosis
  - Known or suspected vascular ring
  - Planned administration of cardiotoxic chemotherapy
    - Generally anthracyclines (doxorubicin, daunorubicin, mitoxantrone, idarubicin, epirubicin)
  - Planned radiation therapy involving heart muscle or hematopoietic stem cell transplant
  - Sickle cell disease or other hemoglobinopathy causing chronic anemia
  - Known or suspected vasculitis, acute rheumatic fever, or other systemic autoimmune disease
  - Aortopathy (such as Marfan, Ehlers-Danlos, Loeys-Dietz)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

    - Positive personal diagnosis
    - First degree relative
    - Positive gene
    - Finding suggestive of aortopathy such as x-ray showing aortic dilation
  - Muscular dystrophy
    - Positive personal diagnosis
    - First degree relative
    - Positive gene
    - Any findings suggestive of MD, such as neurological exam
  - Cardiomyopathy
    - Diagnosed by other modality (such as cardiac MR)
    - First degree relative
    - Positive genetic testing
    - Findings suggestive of, such as cardiomegaly on x-ray
  - Metabolic, mitochondrial, and storage disorders
    - Positive personal diagnosis
    - First degree relative
    - Positive genetic testing
    - Findings suggestive of on exam or lab findings
  - Abnormalities of cardiac or other viscera situs
  - Signs, symptoms, or blood culture suggestive of endocarditis
  - Known or suspected mass lesion involving the heart or great vessels
  - Known or suspected clot in atrium or ventricle
  - Known or suspected pulmonary hypertension
  - Known or suspected pericardial effusion
  - Complications during prenatal development:
    - Known or suspected cardiovascular abnormality on fetal echocardiogram
    - Maternal phenylketonuria (PKU)
    - Maternal diabetes with no fetal echo
    - Maternal teratogen exposure
    - Maternal infection during pregnancy with potential cardiac sequelae
  - Genetic abnormality known to be associated with cardiovascular disease such as
    - Down syndrome
    - Turner syndrome
    - 22q11 deletion syndrome
    - Williams syndrome
    - Noonan syndrome
  - First-degree relative family history of:

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

- Unexplained sudden death before age 50
- Hypertrophic cardiomyopathy
- Non-ischemic dilated cardiomyopathy
- Genetic abnormality known to be associated with cardiovascular disease
- Congenital left-sided heart lesion
- Heritable pulmonary arterial hypertension

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Repeat Transthoracic Echocardiography Indications (PEDCD-8.3)

CDP.EC.0008.3.A
v1.0.2025

- Repeat echocardiograms may be required for individuals with no new symptoms.
- In addition to indications listed in previous guideline sections, repeat TTE evaluation is indicated for any of the following:
  - In an individual with known cardiac disease and a previously normal echocardiogram when there is documentation of any of the following:
    - New or worsening cardiac symptoms
    - New EKG abnormality
    - Newly recognized family history suggestive of heritable heart disease
  - In an individual with prior normal evaluation
    - New or worsening symptoms
    - New EKG finding
    - New murmur
    - New finding of inheritable disease in first-degree relative
  - Individuals with first-degree family history of cardiomyopathy (such as, hypertrophic, dilated, arrhythmogenic) or aortopathy.
    - Repeat echo every 12 months
    - Repeat echo can be done at the additional intervals when the family history or gene mutation is associated with neonatal or fetal disease:
      - At birth
      - Within the first 6 weeks
      - At 3 months
      - At 6 months
      - At one year
      - Then yearly
    - Repeat imaging is **not** indicated in individuals with first degree relative with known mutation when **both** of the following apply:
      - Individual has been tested and does not have that mutation
      - Individual has a normal echocardiogram
    - If there are abnormal findings on screening/surveillance imaging, a repeat echo is allowed to assess stability of findings
  - Individual with a phenotype positive cardiomyopathy (with or without a positive gene) can be imaged as follows:

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

- Infants (under one year)
  - TTE is indicated at frequency requested by pediatric cardiology or provider in consultation with pediatric cardiology
- Children (over one year) yearly testing is indicated as follows:
  - Repeat TTE every 12 months
  - Repeat TTE to assess stability at discretion of pediatric cardiology, or provider in consultation with pediatric cardiology, after any new or changed clinical finding.
  - TTE at any time with documented new or changing symptoms.

◦ Individual with a known mutation associated with cardiomyopathy or aortopathy and no previous abnormal imaging
- Repeat echo every 12 months
  - Individuals whose gene mutation is associated with neonatal or fetal disease or there is a family history of neonatal or fetal disease can have repeat echo at the following intervals:
    - At birth
    - Within the first 6 weeks
    - Then at 3 months
    - At 6 months
    - At one year
    - Then yearly
- If there are abnormal findings on screening/surveillance imaging, a repeat echo is allowed to assess stability of findings.

◦ Individuals who are status post heart transplant can have echocardiograms repeated as often as requested by heart transplant team.

◦ Every 12 months for individuals receiving active therapy for ventricular hypertrophy, valvular dysfunction, cardiomyopathy
- One time repeat TTE can be approved at 6 months to assess response to a change in therapy

◦ Every 12 months for individuals with chronic pericardial effusions

◦ Every 12 months routine surveillance in asymptomatic individuals with muscular dystrophy (may be replaced by cardiac MRI CPT® 75557 or 75561 at 6 years of life)

◦ Every 12 months for sickle cell disease or other hemoglobinopathy causing chronic anemia and one of the following:
- High-risk genotype (Hgb SS or Sß^0, severe thalassemia, etc.)
- History of acute chest syndrome or intrinsic lung disease
- History of stroke
- Receiving chronic transfusion therapy

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

- As needed for monitoring cardiotoxicity during chemotherapy administration
- After completion of chemotherapy and/or radiation therapy. See **Cardiotoxicity and Echocardiography (PEDONC-19.2)** for imaging guidelines.
- Aortopathies- see **Thoracic Aortic Disease (PEDPVD-4.1)** in the Pediatric Peripheral Vascular Disease Imaging Guidelines
- TTE follow-up for systemic hypertension
  - Individuals with evidence of end organ damage (Includes LVH, or decreased EF) can have echo every 6 months until echocardiogram normalizes.
  - Individuals without LV target organ injury (no LVH, normal EF) at initial echocardiographic assessment, repeat echocardiography at yearly intervals may be considered in those with persistent hypertension. (stage 2 HTN, or chronic stage 1 HTN incompletely treated (noncompliance or drug resistance)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Transesophageal Echocardiography (TEE) (PEDCD-8.4)

CDP.EC.0008.4.A

v1.0.2025

- Transesophageal echocardiography imaging indications in pediatric individuals are identical to those for adult individuals. See **Transesophageal Echocardiography (TEE) – Indications (CD-2.5)** in the Cardiac Imaging Guidelines.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Fetal Echo (PEDCD-8.5)

CDP.EC.0008.5.A
v1.0.2025

Fetal Echocardiography - coding

- Supported fetal echocardiography (echo) codes include:
  - Initial Fetal Echo, CPT® 76825 and Doppler Echo CPT® 76827 are performed only once per fetus/per facility (i.e. Maternal Fetal Medicine versus Pediatric Cardiology request)
  - Follow-up-Fetal echo and/or Follow-up Doppler echo (CPT® 76826/CPT® 76828)
  - CPT® 93325 for Doppler color flow velocity mapping
- An initial fetal echo is usually not performed prior to 16 weeks.
- Doppler echo procedure codes (CPT® 76827 or CPT® 76828) include the evaluation of veins, arteries, and valves. Guidelines do not support the billing of additional codes (CPT® 76820 and/or CPT® 76821)

Background and Supporting Information

- The minimal use of color Doppler (CPT® 93325) alone, when performed for anatomical structure identification during a standard ultrasound procedure, is not separately reimbursable

Fetal Echocardiography - Indications for Fetal Conditions

Initial Fetal echocardiography (CPT® 76825) and/or Doppler echocardiography (CPT® 76827) with or without Doppler color flow velocity mapping (CPT® 93325) can be performed if ≥16 weeks, for the indications listed below: (See **Fetal Echocardiography – Coding (OB-12.1)**):

Fetal Echocardiography - Indications for Fetal Conditions
• Known or suspected abnormal fetal cardiac evaluation on fetal anatomic scan. ◦ Known or suspected abnormality must be documented as hard copy or acknowledged verbally by provider of known or suspected fetal cardiac evaluation ◦ Suboptimal cardiac evaluation alone is not an indication for fetal echogram. If the 4-chamber view is adequate and there is no other suspicion of a cardiac abnormality, a fetal echocardiogram is not considered medically necessary. A follow up ultrasound (CPT® 76815 or CPT® 76816) is indicated for suboptimal visualization. If the follow-up ultrasound fails to show a 4-chamber view or there is suspicion of a cardiac abnormality, fetal echocardiogram is indicated.
• Fetal cardiac arrhythmia; persistent fetal tachycardia or bradycardia
• Major fetal extra-cardiac anomaly

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Fetal Echocardiography - Indications for Fetal Conditions
• Fetal Echo is NOT indicated for an isolated soft marker found on routine imaging including: ◦ Choroid plexus cyst, or ◦ Echogenic intra-cardiac foci, or ◦ Thickened nuchal fold (≥6mm at 15 to 20 weeks), or ◦ Absent or hypoplastic nasal bone, or ◦ Echogenic bowel, or ◦ Shortened long bones,or ◦ Pyelectasis
• Congenital heart disease (CHD) in a 1st degree relative of the fetus (i.e. CHD in the mother, father, or sibling of the fetus) or a half-sibling of the fetus
• Known fetal chromosomal abnormalities (fetal aneuploidy) or ultrasound findings of a suspected chromosomal abnormality (excluding soft markers as only ultrasound findings) ◦ Early onset FGR (<32 weeks) may be a sign of fetal aneuploidy[11,12]
• Single umbilical artery • Chorioangioma or Umbilical cord varix (if suspicion of fetal hydrops) • Fetal intra-abdominal venous anomaly (persistent right umbilical vein)
• Fetal effusion (pericardial, pleural effusion, ascites, etc.) • Fetal hydrops, See **Alloimmunization/Rh Isoimmunization/Other Causes of Fetal Anemia/Parvo/Hydrops (OB-16)**
• Monochorionic twins/TTTS
• Abnormal Fetal Nuchal Translucency scan (NT ≥3.0mm or above the 95th percentile for the CRL) during current pregnancy. • Abnormal ductus venosus waveform[5]
• Fetal echocardiography may be indicated with severe or unexplained polyhydramnios, or if there are also other suspicious findings on an anatomy scan

Fetal Echocardiography - Indications for Maternal Conditions

Initial Fetal echocardiography (CPT® 76825) and/or Doppler echocardiography (CPT® 76827) with or without Doppler color flow velocity mapping (CPT® 93325) can be performed if ≥16 weeks, for the indications listed below (See **Fetal Echocardiography – Coding (OB-12.1)**):

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Maternal Conditions:
• Maternal pre-gestational DM or early diagnosed GDM (1st or early 2nd trimester) • Maternal gestational diabetes mellitus, if HbA1C >6% [in the third trimester (≥32 weeks)] • Maternal connective tissue disease (SLE, RA, Sjogrens) with Anti-Ro/SSA or anti-La/SSB antibodies present ◦ Weekly follow-up Fetal echocardiography (CPT® 76826) and/or Doppler fetal echocardiography (CPT® 76828) or CPT® 76815 from the 18th through the 26th week of pregnancy and then every other week until 30 weeks • Phenylketonuria • Infections associated with cardiac anomalies (such as parvovirus, Rubella, Coxsackie virus) • Genetic conditions associated with CHD in a first degree relative of the fetus (e.g. Marfan syndrome, 22q11.2 deletion syndrome (DiGeorge Syndrome) or Noonan syndrome) • Prior child with CHD born to mother and/or father of the fetus[5] • Pregnancy conceived by assisted reproductive technology:[1] ◦ In Vitro Fertilization (IVF) ◦ Intracytoplasmic sperm injection (ICSI)[1]

Background and Supporting Information

If diabetes is diagnosed prior to pregnancy or in the first or early second trimester (typically before 20 weeks gestation) with standard diagnostic criteria of: HbA1C ≥6.5%, fasting plasma glucose ≥126 mg/dL, or 2-hour glucose ≥200 mg/dL on a 75-g oral glucose tolerance test, then image as above

For those with GDM on medication, if HbA1c levels are >6%, fetal echocardiogram in the third trimester to assess for ventricular hypertrophy can be performed.

In cases of extreme obesity (BMI≥40-50) where the 4-chamber view is inadequately documented after 2 separate ultrasound visits with MFM, fetal echo can be performed.

With positive SSA/SSB antibodies, the most vulnerable period for the fetus is during the period from 18 to 24 weeks gestation. Normal sinus rhythm can progress to complete block in seven days during this high-risk period. New onset of heart block is less likely during the 26th through the 30th week, and it rarely develops after 30 weeks of pregnancy.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Fetal Echocardiography - Indications for Medication or Drug Exposure

Initial Fetal echocardiography (CPT® 76825) and/or Doppler echocardiography (CPT® 76827) with or without Doppler color flow velocity mapping (CPT® 93325) can be performed if ≥16 weeks, for the indications listed below (See **Fetal Echocardiography – Coding (OB-12.1)**):

- Ace inhibitors
- Alcohol (excessive quantities)
- Anti-seizure medication, e.g. carbamazepine, hydantoin, valproate
- Folate antagonists (methotrexate)
- Lithium
- NSAIDS (Ibuprofen, Indomethacin) 2nd and 3rd trimester
- Paroxetine (Paxil)
- Retinoids (e.g Isotretinoin, Retinoic acid, Vitamin A -over 10,000 IU per day, etc.)
- Thalidomide
- Venlafaxine (Effexor)
- This may not be an all-inclusive list, however, exposure to other potential teratogens associated with cardiac anomalies in the fetus are typically adequately assessed with a detailed fetal anatomy ultrasound. (CPT® 76811) (See **Potentially Teratogenic Medications/Substances (OB 10.1)**)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (PEDCD-8)

v1.0.2025

1. Campbell RM, Douglas PS, Eidem BW, Lai WW, Lopez L, Sachdeva R. ACC/AAP/AHA/ASE/HRS/SCAI/SCCT/SCMR/SOPE 2014 Appropriate Use Criteria for Initial Transthoracic Echocardiography in Outpatient Pediatric Cardiology. *J Am Coll Cardiol*. 2014;64(19):2039-2060. doi:10.1016/j.jacc.2014.08.003.
2. Ambrusko SJ, Gunawardena S, Sakara A, et al. Elevation of tricuspid regurgitant jet velocity, a marker for pulmonary hypertension in children with sickle cell disease. *Pediatric Blood & Cancer*. 2006;47(7):907-913. doi:10.1002/pbc.20791.
3. Klings ES, Machado RF, Barst RJ, et al. An Official American Thoracic Society Clinical Practice Guideline: Diagnosis, Risk Stratification, and Management of Pulmonary Hypertension of Sickle Cell Disease. *American Journal of Respiratory and Critical Care Medicine*. 2014;189(6):727-740. doi:10.1164/rccm.201401-0065st.
4. Evidence-Based Management of Sickle Cell Disease: Expert Panel Report, 2014. *Pediatrics*. 2014;134(6). doi:10.1542/peds.2014-2986.
5. Allen HD, Shaddy RE, Penny DJ, Cetta F, Feltes TF. Moss and Adams' Heart Disease in Infants, Children, and Adolescents: Including the Fetus and Young Adult. 9th ed. Philadelphia, PA: Wolters Kluwer; 2016.
6. Flynn JT, Kaelber DC, Baker-Smith CM, et al. Clinical Practice Guideline for Screening and Management of High Blood Pressure in Children and Adolescents. *Pediatrics*. 2017;140(3). doi:10.1542/peds.2017-1904.
7. Sweet M, Taylor MR, Mestroni L. Diagnosis, prevalence, and screening of familial dilated cardiomyopathy. *Expert Opin Orphan Drugs*. 2015;3(8):869-876. doi:10.1517/21678707.2015.1057498.
8. TeRiele, Anneline, James, Cynthia, Approach to family screening in arrhythmogenic right ventricular dysplasia/ Cardiomyopathy. *European Heart Journal* (2016) 37, 755-763 doi:10.1093/eurheartj/ehv387.
9. Ommen SR, Mital S, Burke MA, et al. 2020 AHA/ACC Guideline for the Diagnosis and Treatment of Patients With Hypertrophic Cardiomyopathy: A Report of the American College of Cardiology/American Heart Association Joint Committee on Clinical Practice Guidelines. *J Am Coll Cardiol*. 2020;76(25):e159-e240. doi:10.1016/j.jacc.2020.08.045.

1. Donofrio MT, Moon-Grady AJ, Hornberger LK, et al. Diagnosis and Treatment of Fetal Cardiac Disease. Circulation. 2014;129(21):2183-2242. doi:10.1161/01.cir.0000437597.44550.5d
2. Brucato A. Prevention of congenital heart block in children of SSA-positive mothers. *Rheumatology*. 2008;47(Supplement 3):iii35-iii37. doi:10.1093/rheumatology/ken153
3. Mcbride KL, Garg V. Impact of Mendelian inheritance in cardiovascular disease. Annals of the New York Academy of Sciences. 2010;1214(1):122-137. doi:10.1111/j.1749-6632.2010.05791.x
4. Reddy UM, Abuhamad AZ, Levine D, et al. Fetal imaging: executive summary of a joint Eunice Kennedy Shriver National Institute Child Health and Human Development, Society for Maternal-Fetal Medicine, American Institute of Ultrasound in Medicine, American College of Obstetricians and Gynecologists, American College of Radiology, Society of Pediatric Radiology, and Society of Radiologists in Ultrasound Fetal Imaging Workshop. Obstet Gynecol Survey. 2014;69(8):453-455
5. Lee W, Allan L, Carvalho JS, et al. ISUOG consensus statement: what constitutes a fetal echocardiogram? *Ultrasound in Obstetrics and Gynecology*. 2008;32(2):239-242. doi:10.1002/uog.6115
6. Friedman DM, Kim MY, Copel JA, et al. Utility of Cardiac Monitoring in Fetuses at Risk for Congenital Heart Block. The PR Interval and Dexamethasone Evaluation (PRIDE) Prospective Study. Circulation. 2008;117(4):485-493. doi:10.1161/circulationaha.107.707661
7. AIUM Practice Parameter for the Performance of Fetal Echocardiography. *Journal of Ultrasound in Medicine*. 2019;39(1). doi:10.1002/jum.15188
8. Sammaritano LR, Bermas BL, Chakravarty EE, et al. 2020 American College of Rheumatology Guideline for the Management of Reproductive Health in Rheumatic and Musculoskeletal Diseases. *Arthritis Care & Research*. 2020;72(4):461-488. doi:10.1002/acr.24130
9. Jenkins KJ, Correa A, Feinstein JA, et al. Noninherited Risk Factors and Congenital Cardiovascular Defects: Current Knowledge. *Circulation*. 2007;115(23):2995-3014. doi:10.1161/circulationaha.106.183216
10. Anderson KN, Lind JN, Simeone RM, Bobo WV, Mitchell AA, Riehle-Colarusso T, Polen KN, Reefhuis. Maternal Use of Specific Antidepressant Medications During Early Pregnancy and the Risk of Selected Birth Defects. *J.JAMA Psychiatry.* 2020 Aug 5;77(12):1246-55. doi: 10.1001/jamapsychiatry.2020.2453

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

11. ACOG Practice Bulletin No. 227: Fetal Growth Restriction. *Obstet Gynecol*. 2021;137(2):e16-e28 doi: 10.1097/AOG.0000000000004251
12. Martins JG, Biggio, JR, Abuhamad, A. Society for Maternal-Fetal Medicine (SMFM) Consult Series #52: Diagnosis and Management of Fetal Growth Restriction. 2020 doi:10.1016/j.ajog.2015.01.059
13. Turan S, Asoglu MR, Ozdemir H, Seger L, Turan OM. Accuracy of the Standardized Early Fetal Heart Assessment in Excluding Major Congenital Heart Defects in High-Risk Population: A Single-Center Experience. J Ultrasound Med. 2022 Apr;41(4):961-969. doi: 10.1002/jum.15782. Epub 2021 Jul 20.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Computed Tomography

Guideline

CT Heart and Coronary Computed Tomography Angiography (CCTA) General Considerations (PEDCD-10.1)
Indications for CCTA (CPT® 75574) (PEDCD-10.3)
Indications for Cardiac CT (CPT® 75572) (PEDCD-10.4)
Indications for Chest CTA with Cardiac CT or CTA (PEDCD-10.5)
References (PEDCD-10)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

CT Heart and Coronary Computed Tomography Angiography (CCTA) General Considerations (PEDCD-10.1)

CDP.CT.0010.1.A
v1.0.2025

- Metal artifact reduces the accuracy of CCTA. Devices that can cause this issue include but are not limited to:
  - Surgical clips
  - Pacemaker devices
  - Defibrillator devices
  - Tissue expanders
- Cardiac testing that does not involve exposure to ionizing radiation should be strongly considered.

Radiation Dose (PEDCD-10.2)

- ACR–NASCI–SPR Practice Parameter for the Performance and Interpretation of Cardiac Computed Tomography (CT) states “Cardiac CT should be performed only for a valid medical indication and with the minimum radiation exposure that provides diagnostic image quality”
- ACR–NASCI–SPR Practice Parameter for the Performance of Quantification of Cardiovascular Computed Tomography (Ct) And Magnetic Resonance Imaging (MRI) states, “In younger patients, MRI may be the preferred modality, particularly when functional assessment with CT would require retrospective ECG gating and relatively high radiation doses. Further, the use of time-resolved MRA and phase contrast MRI methods offer significant advantages whose relative importance will depend on the specific application”
  - See table: Practice Estimate of Effective Radiation Dose chart for Selected Imaging Studies in **General Guidelines (CD-1)** in the general Cardiac Imaging Guidelines

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Indications for CCTA (CPT® 75574) (PEDCD-10.3)

CDP.CT.0010.3.A

v1.0.2025

- In addition to indications listed in previous guideline sections, CCTA is indicated for any of the following, when a recent TTE and/or MRI is inconclusive:
  - Persistent exertional chest pain and normal stress test
  - Full sibling(s) with history of sudden death syndrome before age 30 or with documented anomalous coronary artery
  - Resuscitated sudden death and contraindication to conventional coronary angiography
  - Unexplained new onset of heart failure if CCTA will replace conventional invasive coronary angiography
  - Documented ventricular tachycardia (6 beat runs or greater) if CCTA will replace conventional invasive coronary angiography
  - Equivocal coronary artery anatomy on conventional cardiac catheterization
  - In infants: otherwise unexplained dyspnea, tachypnea, wheezing, episodic pallor, irritability, sweating, poor feeding, and/or failure to thrive
    - The presence of other congenital heart disease is not a separate indication for CCTA to rule out anomalous coronary artery (except when coronary artery surgery is pending, i.e., Transposition of the great arteries, Tetralogy of Fallot, Truncus arteriosis, aortic root surgery)
  - Evaluation of the arterial supply and venous drainage in children with bronchopulmonary sequestration
- See **Coronary Anomalies (PEDCD-2.4.12)**

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Indications for Cardiac CT (CPT® 75572) (PEDCD-10.4)

CDP.CT.0010.4.A

v1.0.2025

- In addition to indications listed in previous guideline sections, CCT is indicated for any of the following, when a recent TTE and/or MRI is inconclusive:
  - Cardiac or pericardial mass
  - Pericarditis
  - Complications of cardiac surgery or evaluation of post-operative anatomy
  - Cardiac thrombus in individuals with technically limited TTE, TEE, or MRI
  - Clinical suspicion of arrhythmogenic right ventricular dysplasia (ARVD) or arrhythmogenic cardiomyopathy (ARVC)
  - Native aortic abnormalities if echocardiogram is indeterminate
  - Intracardiac anatomy unclear after TTE or CMRI
  - A CTA Chest may also be indicated during a Cardiac CT if there are issues regarding the chest vessels that are inconclusive after echocardiogram or Cardiac MRI

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Indications for Chest CTA with Cardiac CT or CTA (PEDCD-10.5)

CDP.CT.0010.5.A

v1.0.2025

- A Chest CTA may be indicated in individuals who require Cardiac CT or Cardiac CTA when:
  - A TTE or MRI is inconclusive for issues regarding chest vasculature
  - Routine imaging is indicated based on **Imaging and Surveillance per Congenital lesion (PEDCD-2.4)**

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (PEDCD-10)

v1.0.2025

1. Nelson Textbook of Pediatrics, 20th Edition, Robert M. Kliegman, MD, Bonita M.D. Stanton, MD, Joseph St. Geme, MD and Nina F Schor, MD, PhD p2182 to p2292.
2. American College of Radiology. ACR–ASER–SCBT-MR–SPR Practice Parameter for the Performance of Pediatric Computed Tomography (CT). American College of Radiology | Practice Parameters by Modality: https://www.acr.org/Clinical-Resources/Practice-Parameters-and-Technical-Standards/Practice-Parameters-by-Modality. Published 2014.
3. American College of Radiology. ACR–NASCI–SPR Practice Parameter for the Performance of Quantification of Cardiovascular Computed Tomography (CT) and Magnetic Resonance Imaging (MRI). American College of Radiology | Practice Parameters by Modality. https://www.acr.org/-/media/ACR/Files/Practice-Parameters/Quant-CardiacCT-MR.pdf. Published 2017.
4. Einstein AJ, Henzlova MJ, and Rajagopalan S. Estimating risk of cancer associated with radiation exposure from 64-slice computer tomography coronary angiography. JAMA, 2007;298(3):317-323.
5. Baumgartner H, Bonhoeffer P, Groot NMSD, et al. ESC Guidelines for the management of grown-up congenital heart disease (new version 2010): The Task Force on the Management of Grown-up Congenital Heart Disease of the European Society of Cardiology (ESC). *European Heart Journal*. 2010;31(23):2915-2957. doi:10.1093/eurheartj/ehq249.
6. Bhatt AB, Foster E, Kuehl K, et al. Congenital Heart Disease in the Older Adult. *Circulation*. 2015;131(21):1884-1931. doi:10.1161/cir.0000000000000204.
7. Feltes TF, Bacha E, Beekman RH, et al. Indications for Cardiac Catheterization and Intervention in Pediatric Cardiac Disease: A Scientific Statement from the American Heart Association. *Circulation*. 2011;123(22):2607-2652. doi:10.1161/cir.0b013e31821b1f10.
8. Warnes CA, Williams RG, Bashore TM, et al. ACC/AHA 2008 Guidelines for the Management of Adults with Congenital Heart Disease. *Circulation*. 2008;118(23). doi:10.1161/circulationaha.108.190690.
9. Cifra B, Dragulescu A, Border WL, Mertens L. Stress echocardiography in paediatric cardiology. *European Heart Journal – Cardiovascular Imaging*. 2015;16(10):1051-1059. doi:10.1093/ehjci/jev159.
10. Allen HD, Shaddy RE, Penny DJ, Cetta F, Feltes TF. Moss and Adams' Heart Disease in Infants, Children, and Adolescents: Including the Fetus and Young Adult. 9th ed. Philadelphia, PA: Wolters Kluwer; 2016. American College of Radiology. ACR–NASCI–SPR Practice Parameter for the Performance and Interpretation of Cardiac Computed Tomography (CT). American College of Radiology | American College of Radiology. https://www.acr.org/Clinical-Resources/Practice-Parameters-and-Technical-Standards/Practice-Parameters-by-Modality. Published 2017.
11. American College of Radiology. Practice Parameters by Modality: ACR–NASCI–SPR Practice Parameter for the Performance and Interpretation of Cardiac Computed Tomography (CT). American College of Radiology | American College of Radiology. https://www.acr.org/Clinical-Resources/Practice-Parameters-and-Technical-Standards/Practice-Parameters-by-Modality. Published 2016.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Magnetic Resonance Imaging

Guideline

Cardiac MRI Coding (PEDCD-9.2)
Indications for Cardiac MRI (PEDCD-9.3)
Indications for Chest MRA for Congenital heart disease (PEDCD-9.4)
References (PEDCD-9)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Cardiac MRI Coding (PEDCD-9.2)

CDP.MR.0009.2.A
v1.0.2025

Cardiac Imaging Procedure Codes

Cardiac MRI	CPT®
Cardiac magnetic resonance imaging for morphology and function without contrast.	75557
Cardiac magnetic resonance imaging for morphology and function without and with contrast and further sequences.	75561
Cardiac magnetic resonance imaging for morphology and function without contrast; with stress imaging (rarely used in pediatrics).	75559
Cardiac magnetic resonance imaging for morphology and function without and with contrast and further sequences; with stress imaging (rarely used in pediatrics).	75563
Cardiac magnetic resonance imaging for velocity flow mapping (List separately in addition to code for primary procedure).	+75565

- Only one procedure code from the set: CPT® 75557, CPT® 75559, CPT® 75561, and CPT® 75563 should be reported per session.
- Only one flow velocity measurement (CPT® +75565) should be reported per session.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Indications for Cardiac MRI (PEDCD-9.3)

CDP.MR.0009.3.A

v1.0.2025

- In addition to indications listed in previous guideline sections, Cardiac MRI (CPT® 75557 or 75561) evaluation is indicated for any of the following, when a recent TTE is inconclusive:
  - Assessment of global ventricular function and mass if a specific clinical question is left unanswered by recent TTE and the MRI results will affect management of the individual's condition
  - Individuals with complex congenital heart disease (e.g., Tetralogy of Fallot [TOF], single ventricle, truncus arteriosis, Transposition of the Great Arteries [TGA]) may require a baseline MRI, or routine Cardiac MRI, especially as they approach their teenage years, due to poor imaging windows on echocardiogram, and the need for specific clinical information not seen on prior echocardiograms due to these known limitations. Once these individuals reach age 18, they can be imaged by adult congenital heart disease guideline.
  - Clinical suspicion of arrhythmogenic right ventricular dysplasia (ARVD) or arrhythmogenic cardiomyopathy (ARVC).
  - For pericardial disease (including constrictive pericarditis, restrictive pericarditis, and perimyocarditis), MRI should not be utilized to diagnose pericarditis but only to answer the question regarding possible constriction or restriction suggested clinically or by other techniques (TTE, etc.)
    - MRI without and with contrast (CPT® 75561) is considered the optimal test for this disorder.
  - Evaluate cardiac tumor or mass
    - MRI without and with contrast (CPT® 75561) is considered the optimal test for this disorder.
  - Evaluate anomalous coronary artery
    - MRI without and with contrast (CPT® 75561) or CCTA (CPT® 75574) after echocardiogram is considered the optimal test for this disorder.
  - For Fabry's disease, late enhancement MRI may predict the effect of enzyme replacement therapy on myocardial changes that occur with this disease.
    - MRI without and with contrast (CPT® 75561) is considered the preferred test for this disorder.
  - Cardiac MRI (CPT® 75557 or 75561) can be performed to evaluate individuals with congenital cardiomyopathy (muscular dystrophy, glycogen storage disease, fatty acid oxidation disorders, mitochondrial disorders, etc.) or unexplained cases of cardiomyopathy in order to characterize the myocardium.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

- Cardiac stress perfusion study (CPT® 75559 or CPT® 75563) can be considered on a case by case basis for individuals with any of the following:
  - Anomalous coronary artery
  - Kawasaki disease
  - TGA
  - Ross operation
  - Other disorder with the potential for coronary ischemia
  - Individuals in whom an exercise stress test (EST) without imaging is indicated but the individual is not able to perform an EST.
  - Individuals in whom an exercise stress test (EST) is equivocal, positive, or concern for a false negative
- Assessment of cardiac iron overload such as in hemochromatosis, thalassemia, sickle cell (either CPT® 75557 or CPT® 71550, T2* MRI, contrast not necessary).
  - Screening imaging may be approved every 12 months
  - Imaging may be approved every 3 months for treatment response in individuals receiving active treatment (chelation +/- phlebotomy)
  - Frequently performed along with MRI Abdomen (CPT® 74181) to assess liver iron deposition. See **Transfusion-Associated (Secondary) Hemochromatosis (PEDAB-18.2)** in the Pediatric Abdomen Imaging Guidelines.

- Asymptomatic individuals with Duchenne Muscular Dystrophy (DMD)
  - MRI Cardiac for DMD **either** CPT® 75557 or CPT® 75561 is indicated for surveillance if done in place of TTE every year starting at 6 years of age
  - Female carriers would not typically be imaged until ≥18 years of age and should be imaged according to general Cardiac Imaging Guidelines
  - CPT® 75565 or CPT® 71555 would not be indicated unless there was an independent indication for either of those codes.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Indications for Chest MRA for Congenital heart disease (PEDCD-9.4)

CDP.MR.0009.4.A

v1.0.2025

- For Familial Aortopathies see **Thoracic Aortic Disease (PEDPVD-4.1)** in the Pediatric Peripheral Vascular Disease Imaging Guidelines
- For individuals with known CHD for routine imaging **Imaging and Surveillance per Congenital lesion (PEDCD-2.4)**
- For individuals who have both cardiac and ascending aorta abnormalities (e.g., truncus arteriosus), the following studies may be indicated following an inconclusive TTE:
  - Cardiac MRI (CPT® 75557 or CPT® 75561)
  - And MRI Chest (CPT® 71552) or MRA Chest (CPT® 71555) if aorta is involved
- For individuals with aortic abnormalities without cardiac abnormalities (i.e. normal intracardiac anatomy, but coarctation or peripheral pulmonary artery stenosis), the following studies may be indicated following an inconclusive TTE:
  - MRI Chest (CPT® 71552)
  - MRA Chest (CPT® 71555)
- MRA Chest (CPT® 71555) is indicated for individuals with cardiomyopathy or isolated abnormal intracardiac anatomy, when there are inconclusive images on echocardiogram related to chest vessels (e.g. aortic arch, pulmonary arteries, pulmonary veins, systemic veins).

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (PEDCD-9)

v1.0.2025

1. Nelson Textbook of Pediatrics, 20th Edition, Robert M. Kliegman, MD, Bonita M.D. Stanton, MD, Joseph St. Geme, MD and Nina F Schor, MD, PhD, p2182 to p2292.
2. Atweh LA, Orth RC, Guillerman RP, Zhang W, Kan JH. MR imaging of children and young adults with classic findings of osteonecrosis on unenhanced MR images: do contrast-enhanced sequences help? *Pediatric Radiology*. 2013;43(11):1502-1506. doi:10.1007/s00247-013-2714-1.
3. Cohen MS, Eidem BW, Cetta F, et al. Multimodality Imaging Guidelines of Patients with Transposition of the Great Arteries: A Report from the American Society of Echocardiography Developed in Collaboration with the Society for Cardiovascular Magnetic Resonance and the Society of Cardiovascular Computed Tomography. *Journal of the American Society of Echocardiography*. 2016;29(7):571-621. doi:10.1016/j.echo.2016.04.002.
4. Adler Y, Charron P, Imazio M, et al. 2015 ESC Guidelines for the diagnosis and management of pericardial diseases. *European Heart Journal*. 2015;36(42):2921-2964. doi:10.1093/eurheartj/ehv318.
5. Allen HD, Shaddy RE, Penny DJ, et. al TF. Moss and Adams' Heart Disease in Infants, Children, and Adolescents: Including the Fetus and Young Adult. 9th ed. Philadelphia, PA: Wolters Kluwer; 2016.
6. Hundley WG, Bluemke DA, Finn JP, et al. ACCF/ACR/AHA/NASCI/SCMR 2010 Expert Consensus Document on Cardiovascular Magnetic Resonance. *Circulation*. 2010;121(22):2462-2508. doi:10.1161/cir.0b013e3181d44a8f.
7. Cohen MS, Eidem BW, Cetta F, et al. Multimodality Imaging Guidelines of Patients with Transposition of the Great Arteries: A Report from the American Society of Echocardiography Developed in Collaboration with the Society for Cardiovascular Magnetic Resonance and the Society of Cardiovascular Computed Tomography. *Journal of the American Society of Echocardiography*. 2016;29(7):571-621. doi:10.1016/j.echo.2016.04.002.
8. Valente AM, Cook S, Festa P, et al. Multimodality Imaging Guidelines for Patients with Repaired Tetralogy of Fallot: A Report from the American Society of Echocardiography. *Journal of the American Society of Echocardiography*. 2014;27(2):111-141. doi:10.1016/j.echo.2013.11.009.
9. Feingold B, Mahle WT, Auerbach S, et al. Management of Cardiac Involvement Associated With Neuromuscular Diseases: A Scientific Statement From the American Heart Association. *Circulation*. 2017;136(13). doi:10.1161/cir.0000000000000526.
10. Mah ML, Cripe L, Slawinski MK, et al. Duchenne and Becker muscular dystrophy carriers: Evidence of cardiomyopathy by exercise and cardiac MRI testing. *International Journal of Cardiology*. 2020;316:257-265. doi:10.1016/j.ijcard.2020.05.052.
11. Power LC, O'Grady GL, Hornung TS, Jefferies C, Gusso S, Hofman PL. Imaging the heart to detect cardiomyopathy in Duchenne muscular dystrophy: A review. *Neuromuscular Disorders*. 2018;28(9):717-730. doi:10.1016/j.nmd.2018.05.011.
12. Hor KN, Mah ML, Johnston P, Cripe TP, Cripe LH. Advances in the diagnosis and management of cardiomyopathy in Duchenne muscular dystrophy. *Neuromuscular Disorders*. 2018;28(9):711-716. doi:10.1016/j.nmd.2018.06.014.
13. Buddhe S, Cripe L, Friedland-Little J, et al. Cardiac Management of the Patient With Duchenne Muscular Dystrophy. *Pediatrics*. 2018;142(Supplement 2). doi:10.1542/peds.2018-0333i.
14. Birnkrant DJ, Bushby K, Bann CM, et al. Diagnosis and management of Duchenne muscular dystrophy, part 2: respiratory, cardiac, bone health, and orthopaedic management. *The Lancet Neurology*. 2018;17(4):347-361. doi:10.1016/s1474-4422(18)30025-5.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Diagnostic Heart Catheterization

Guideline

Cardiac Catheterization General Information (PEDCD-11.1)
Cardiac Catheterization Indications (PEDCD-11.2)
References (PEDCD-11)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Cardiac Catheterization General Information (PEDCD-11.1)

CDP.DHC.0011.1.A
v1.0.2025

Cardiac Catheterization Procedure Codes

Cardiac Cath Procedures	CPT®
Congenital Heart Disease Code “Set”	93593-93597
Right heart catheterization for congenital heart defect(s) including imaging guidance by the proceduralist to advance the catheter to the target zone; normal native connections	93593
Right heart catheterization for congenital heart defect(s) including imaging guidance by the proceduralist to advance the catheter to the target zone; abnormal native connections	93594
Left heart catheterization for congenital heart defect(s) including imaging guidance by the proceduralist to advance the catheter to the target zone, normal or abnormal native connections	93595
Right and left heart catheterization for congenital heart defect(s) including imaging guidance by the proceduralist to advance the catheter to the target zone(s); normal native connections	93596
Right and left heart catheterization for congenital heart defect(s) including imaging guidance by the proceduralist to advance the catheter to the target zone(s); abnormal native connections	93597
Anomalous coronary arteries, patent foramen ovale, mitral valve prolapse, and bicuspid aortic valve	93451-93464, 93566-93568
RHC without LHC or coronaries	93451
LHC without RHC or coronaries	93452

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Cardiac Cath Procedures	CPT®
RHC and retrograde LHC without coronaries	93453
Native coronary artery catheterization;	93454
with bypass grafts	93455
with RHC	93456
with RHC and bypass grafts	93457
with LHC	93458
with LHC and bypass grafts	93459
with RHC and LHC	93460
with RHC and LHC and bypass grafts	93461
LHC by trans-septal or apical puncture	+93462
Angiography of non-coronary arteries and veins performed as a distinct service	Select appropriate codes from the Radiology and Vascular Injection Procedures sections.
CPT® 93593 to 93597 are appropriate for invasive evaluation of congenital heart disease	

- These guidelines apply to individuals with stable conditions and who are not in the acute setting. Individuals in acute settings or with unstable angina should be handled as medical emergencies.
- Pediatric catheterizations are done for many purposes, including diagnosis and intervention of congenital and acquired heart disease.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

- When device placement is planned (ASD/VSD device, transcatheter valve implantation, PDA device), the procedure codes for those devices include all cardiac catheterization(s), intraprocedural contrast injection(s), fluoroscopic radiological supervision and interpretation, and imaging guidance performed to complete the procedure. A diagnostic cath may be considered on a case-by-case basis if there are unanswered issues via noninvasive imaging.
- A right heart cath can be approved for pulmonary artery interventions (e.g., stents, coils).

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Cardiac Catheterization Indications (PEDCD-11.2)

CDP.DHC.0011.2.A
v1.0.2025

- Diagnostic catheterization is indicated:
  - When other advanced imaging has failed to resolve a clinical issue and results will impact the individual's management
    - For example, a cath to assess ventricular pressures and shunt to determine if VSD surgery is required
  - For preoperative assessment in complex heart disease
    - Norwood procedure
    - Bidirectional Glenn shunt
    - Fontan procedure
    - Pulmonary atresia
  - Pulmonary hypertension
  - During some interventions such as:
    - Valvuloplasty
    - Pulmonary artery or vein stents
  - Assessment of individuals who are status post heart transplant
  - See **Kawasaki Disease Initial Imaging (PEDCD-6.1)** for specific intervals in Kawasaki Disease
  - On an individual who is having a device placed when:
    - A diagnostic catheterization, or stenting is needed in addition to the device
    - The diagnostic catheterization is indicated separate from the device placement
  - Individuals with anomalous coronary arteries, or with syndromes associated with abnormal coronary arteries (i.e., Williams syndrome) or acquired CAD (i.e., KD-see **Kawasaki Disease Initial Imaging (PEDCD-6.1)**
    - When diagnostic images are not adequate or evaluation or treatment decision
    - Preoperative for cardiac surgery
    - New symptoms concerning for ischemia

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (PEDCD-11)

v1.0.2025

1. Optum360®EncoderPro.com. EncoderPro.com Online Medical Coding Software|Optum360Coding.com. https://www.encoderpro.com. Published 2019.
2. Feltes TF, Bacha E, Beekman RH, et al. Indications for Cardiac Catheterization and Intervention in Pediatric Cardiac Disease: A Scientific Statement from the American Heart Association. *Circulation*. 2011;123(22):2607-2652. doi:10.1161/cir.0b013e31821b1f10.
3. LaDisa JF, Taylor CA, Feinstein JA. (2006) Endovascular Treatment Strategies for Coarctation of the Aorta. In: Rousseau H, Verhoye JP, Heautot JF. (eds) Thoracic Aortic Diseases. Springer, Berlin, Heidelberg.
4. Bergersen L, Foerster S, Marshall AC, Meadows J. *Congenital Heart Disease The Catheterization Manual*. New York, NY: Springer US; 2009.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Table of Contents

Guideline

General Guidelines (PEDCH-1)
Lymphadenopathy (PEDCH-2)
Mediastinal Mass (PEDCH-3)
Hemoptysis (PEDCH-4)
Cystic Fibrosis and Bronchiectasis (PEDCH-5)
Bronchiolitis (PEDCH-6)
Pneumonia (PEDCH-7)
Solitary Pulmonary Nodule (PEDCH-8)
Positive PPD or Tuberculosis (PEDCH-9)
Asthma (PEDCH-10)
Pectus Deformities (PEDCH-11)
Breast Masses (PEDCH-12)
Vascular Malformations (PEDCH-13)
Congenital Chest Diseases (PEDCH-14)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

General Guidelines (PEDCH-1)

Guideline

Procedure Codes Associated with Chest Imaging
General Guidelines (PEDCH-1.0)
Pediatric Chest Imaging Age Considerations (PEDCH-1.1)
Pediatric Chest Imaging Modality General Considerations (PEDCH-1.3)
References (PEDCH-1)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Procedure Codes Associated with Chest Imaging

CHP.GG.ProcedureCodes.A
v1.0.2025

MRI	CPT®
MRI Chest without contrast	71550
MRI Chest with contrast (rarely used)	71551
MRI Chest without and with contrast	71552
Unlisted MRI procedure (for radiation planning or surgical software)	76498

MRA	CPT®
MRA Chest (non-cardiac)	71555

CT	CPT®
CT Chest without contrast	71250
CT Chest with contrast	71260
CT Chest without and with contrast (rarely used)	71270
CT Guidance for Placement of Radiation Therapy Fields	77014
Unlisted CT procedure (for radiation planning or surgical software)	76497

CTA	CPT®
CTA Chest (non-coronary)	71275

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Nuclear Medicine	CPT®
PET Imaging; limited area (this code not used in pediatrics)	78811
PET Imaging: skull base to mid-thigh (this code not used in pediatrics)	78812
PET Imaging: whole body (this code not used in pediatrics)	78813
PET with concurrently acquired CT; limited area (this code rarely used in pediatrics)	78814
PET with concurrently acquired CT; skull base to mid-thigh	78815
PET with concurrently acquired CT; whole body	78816
Pulmonary Ventilation (e.g., Aerosol or Gas) Imaging	78579
Pulmonary Perfusion Imaging	78580
Pulmonary Ventilation (e.g., Aerosol or Gas) and Perfusion Imaging	78582
Quantitative Differential Pulmonary Perfusion, Including Imaging When Performed	78597
Quantitative Differential Pulmonary Perfusion and Ventilation (e.g., Aerosol or Gas), Including Imaging When Performed	78598

Ultrasound	CPT®
Ultrasound, chest (includes mediastinum, chest wall, and upper back)	76604
Ultrasound, axilla	76882
Ultrasound, breast; *unilateral*, including axilla when performed; complete	76641
Ultrasound, breast; *unilateral*, including axilla when performed; limited	76642

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

General Guidelines (PEDCH-1.0)

CHP.GG.0001.0.A

v1.0.2025

- A pertinent clinical evaluation since the onset or change in symptoms, including a detailed history, physical examination, and appropriate laboratory, and basic imaging such as plain radiography or ultrasound should be performed prior to considering advanced imaging (CT, MRI, Nuclear Medicine), unless the individual is undergoing guideline-supported scheduled imaging evaluation. A meaningful technological contact (telehealth visit, telephone call, electronic mail or messaging) since the onset or change in symptoms can serve as a pertinent clinical evaluation.
- Unless otherwise stated in a specific guideline section, the use of advanced imaging to screen asymptomatic individuals for disorders involving the chest is not supported. Advanced imaging of the chest is only supported in individuals who have documented active clinical signs or symptoms of disease involving the chest.
- Unless otherwise stated in a specific guideline section, repeat imaging studies of the chest are not necessary unless there is evidence for progression of disease, new onset of disease, and/or documentation of how repeat imaging will affect individual management or treatment decisions.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Pediatric Chest Imaging Age Considerations (PEDCH-1.1)

CHP.GG.0001.1.A

v1.0.2025

- Many conditions affecting the chest in the pediatric population are different diagnoses than those occurring in the adult population. For those diseases which occur in both pediatric and adult populations, differences may exist in management due to individual age, comorbidities, and differences in disease natural history between children and adults.
- Individuals who are 18 years old or younger[15] should be imaged according to the Pediatric Chest Imaging Guidelines if discussed. Any conditions not specifically discussed in the Pediatric Chest Imaging Guidelines should be imaged according to the General Chest Imaging Guidelines. Individuals who are >18 years old should be imaged according to the General Chest Imaging Guidelines, except where directed otherwise by a specific guideline section.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Pediatric Chest Imaging Modality General Considerations (PEDCH-1.3)

CHP.GG.0001.3.A
v1.0.2025

- MRI
  - MRI Chest is generally performed without and with contrast (CPT® 71552) unless the individual has a documented contraindication to gadolinium or otherwise stated in a specific guideline section.
  - Due to the length of time required for MRI acquisition and the need to minimize individual movement, anesthesia is usually required for almost all infants (except neonate) and young individuals (age <7 years), as well as older individuals with delays in development or maturity. This anesthesia may be administered via oral or intravenous routes. In this individual population, MRI sessions should be planned with a goal of minimizing anesthesia exposure by adhering to the following considerations:
    - MRI procedures can be performed without and/or with contrast use as supported by these condition-based guidelines. If intravenous access will already be present for anesthesia administration and there is no contraindication for using contrast, imaging without and with contrast may be appropriate if requested. By doing so, the requesting provider may avoid repetitive anesthesia administration to perform an MRI with contrast if the initial study without contrast is inconclusive.
      - Recent evidence-based literature demonstrates the potential for gadolinium deposition in various organs including the brain, after the use of MRI contrast.
      - The U.S. Food and Drug Administration (FDA) has noted that there is currently no evidence to suggest that gadolinium retention in the brain is harmful and restricting gadolinium-based contrast agents (GBCAs) use is not warranted at this time. It has been recommended that GBCA use should be limited to circumstances in which additional information provided by the contrast agent is necessary and the necessity of repetitive MRIs with GBCAs should be assessed.
  - If multiple body areas are supported by the guidelines for the clinical condition being evaluated, MRI of all necessary body areas should be obtained concurrently.
  - The presence of surgical hardware or implanted devices may preclude MRI.
  - The selection of best examination may require coordination between the provider and the imaging service.
- CT

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

- CT Chest is generally performed either with contrast (CPT® 71260) or without contrast (CPT® 71250).
  - There are no generally accepted pediatric indications for CT Chest without and with contrast (CPT® 71270).
- CT should not be used to replace MRI in an attempt to avoid sedation unless listed as a recommended study in a specific guideline section.
- The selection of best examination may require coordination between the provider and the imaging service.

- Ultrasound
  - Ultrasound chest (CPT® 76604) or axilla (CPT® 76882) is indicated as an initial study for evaluating adenopathy, palpable chest wall lesions, pleural effusion or thickening, patency of thoracic vasculature, and diaphragm motion abnormalities.
  - For those individuals who do require advanced imaging, ultrasound can be very beneficial in selecting the proper modality, body area, image sequences, and contrast level that will provide the most definitive information for the individual.
- Nuclear Medicine
  - Nuclear medicine studies other than PET/CT are rarely used in evaluation of the pediatric chest.
  - Pulmonary Ventilation-Perfusion Imaging (CPT® 78582) has been replaced by CTA Chest (CPT® 71275) or CT Chest with contrast (CPT® 71260), but are appropriate for evaluation of suspected pulmonary embolism if CT is unavailable.
    - See **Pulmonary Embolism (PE) (CH-25.1)** in the Chest Imaging Guidelines.
  - Pulmonary Perfusion Imaging (CPT® 78580) are generally not appropriate in lieu of CPT® 78582 for initial evaluation of suspected pulmonary embolism, but is appropriate for follow up of an equivocal or positive recent ventilation-perfusion lung scan (CPT® 78582) to evaluate for interval change.
  - Pulmonary Ventilation Imaging (CPT® 78579) is not appropriate in lieu of CPT® 78582 for evaluation of suspected pulmonary embolism, but is appropriate for additional evaluation of an abnormal perfusion-only scan (CPT® 78580).
  - Pulmonary split crystal function study (CPT® 78597 or CPT® 78598), also known as Quantitative Differential Pulmonary Perfusion, is indicated for preoperative planning of segmental, lobar, or lung resection.
  - Quantitative Differential Pulmonary Perfusion Lung Scan (CPT® 78597 or CPT® 78598), can be performed for post lung transplant individuals to detect regional perfusion abnormalities.
  - Radiopharmaceutical nuclear medicine imaging of an inflammatory process (CPT® 78800, CPT® 78801, CPT® 78802, or CPT® 78803) is rarely performed, but is indicated for evaluation of sarcoidosis or toxicity from drug toxicity (cyclophosphamide, busulfan, bleomycin, amiodarone, or nitrofurantoin).
- 3D Rendering

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

- 3D Rendering indications in pediatric chest imaging are identical to those in the general imaging guidelines. See **3D Rendering (Preface-4.1)** in the Preface Imaging Guidelines.

The guidelines listed in this section for certain specific indications are not intended to be all-inclusive. Clinical judgment remains paramount and variance from these guidelines may be appropriate and warranted for specific clinical situations.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (PEDCH-1)

v1.0.2025

1. Siegel MJ. Chest. In: *Pediatric Sonography*. Philadelphia. Wolters Kluwer. 2018;156-195.
2. ACR Practice parameter for performing and interpretating of magnetic resonance imaging (MRI). Revised 2017. (Resolution 10).
3. ACR–ASER–SCBT-MR–SPR Practice Parameter for the Performance of Pediatric Computed Tomography (CT). Revised 2019. (Resolution 6).
4. Trinavarat P and Riccabonna M. Potential of ultrasound in the pediatric chest. *Eur J Radiol*. 2014;83(9):1507-1518.
5. Goh Y, Kapur J. Sonography of the pediatric chest. *J Ultrasound Med*. 2016 May;35(5):1067-1080.
6. Reighard C, Junaid S, Jackson WM, et al. Anesthetic Exposure During Childhood and Neurodevelopmental Outcomes. *JAMA Netw Open*. 2022;5(6):e2217427. doi: 10.1001/jamanetworkopen.2022.17427.
7. Nevin MA. Chapter 407: Pulmonary embolism, infarction, and hemorrhage. In: Kliegman RM, Stanton BF, St. Geme JW III, et al., eds. *Nelson Textbook of Pediatrics*. 20th ed. 2016;2123-2128.
8. Kirsch J, Brown KJ, Henry TS, et al. Suspected pulmonary embolism. *ACR Appropriateness Criteria®*. Revised 2016.
9. ACR–SPR–STR Practice Parameter for the Performance of Pulmonary Scintigraphy. Revised 2018. (Resolution 30).
10. Blumfield E, Swenson DW, Iyer RS, Stanescu AL. Gadolinium-based contrast agents — review of recent literature on magnetic resonance imaging signal intensity changes and tissue deposits, with emphasis on pediatric patients. *Pediatr Radiol*. 2019;49(4):448-457. doi: 10.1007/s00247-018-4304-8.
11. Fraum TJ, Ludwig DR, Bashir MR, Fowler KJ. Gadolinium-based contrast agents: A comprehensive risk assessment. *J Magn Reson Imaging*. 2017;46(2):338-353. doi: 10.1002/jmri.25625.
12. Update on FDA approach to safety issue of gadolinium retention after administration of gadolinium-based contrast agents. Available at: https://www.fda.gov/media/116492/download. September 20, 2018.
13. Implementation Guide: Medicaid State Plan Eligibility Eligibility Groups Mandatory Coverage Infants and Children under Age 19. Available at: https://www.hhs.gov/guidance/document/implementation-guide-medicaid-state-plan-eligibility-eligibility-groups-aeu-mandatory-2. Issue date: July 14, 2017.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Lymphadenopathy (PEDCH-2)

Guideline

Lymphadenopathy (PEDCH-2.1)
Reference (PEDCH-2)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Lymphadenopathy (PEDCH-2.1)

CHP.LY.0002.1.A

v1.0.2025

- Axillary lymphadenopathy imaging indications in pediatric individuals are identical to those for adult individuals. See **Axillary Lymphadenopathy (and Mass) (CH-2.2)** in the Chest Imaging Guidelines.
- Supraclavicular adenopathy in pediatric individuals is almost always pathologic, and advanced imaging is indicated prior to excisional biopsy. Fine needle aspiration, while common in adults prior to advanced imaging, is inappropriate for evaluating lymphadenopathy in pediatric individuals. ANY of the following studies are appropriate for evaluation of supraclavicular adenopathy in individuals:
  - CT Chest with contrast (CPT® 71260)
  - MRI Chest without and with contrast (CPT® 71552)
  - Ultrasound Chest (CPT® 76604)
- If malignancy is suspected, see the appropriate imaging guidelines as below:
  - Lymphoma: **Pediatric Lymphomas (PEDONC-5)** in the Pediatric Oncology Imaging Guidelines.
  - Soft tissue sarcoma: **Pediatric Soft Tissue Sarcomas (PEDONC-8)** in the Pediatric Oncology Imaging Guidelines.
  - Neuroblastoma: **Neuroblastoma (PEDONC-6)** in the Pediatric Oncology Imaging Guidelines.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Reference (PEDCH-2)

v1.0.2025

1. Allen-Rhoades W and Steuber CP. Clinical assessment and differential diagnosis of the child with suspected cancer. In: Pizzo PA, Poplack DG, eds. *Principles and Practice of Pediatric Oncology*. 7th ed. 2015;101-111.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Mediastinal Mass (PEDCH-3)

Guideline

Mediastinal Mass (PEDCH-3.1)
References (PEDCH-3)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Mediastinal Mass (PEDCH-3.1)

CHP.MM.0003.1.A
v1.0.2025

- The causes of mediastinal masses in individuals are generally different than those in adults, and the imaging considerations are different. Up to half of all pediatric mediastinal masses are malignant.[7]
- Chest x-ray is indicated as an initial study for all individuals with suspected mediastinal mass.
- CT Chest with contrast (CPT® 71260) is indicated for any pediatric individual with a mediastinal mass identified on chest x-ray.
  - Masses can be very large and anterior masses frequently cause compression of the trachea and/or mediastinal blood vessels.
- MRI Chest without and with contrast (CPT® 71552) is indicated for any pediatric individual with:
  - a posterior (paravertebral) mediastinal mass on CT Chest that invades the spinal canal
  - CT findings are inconclusive regarding specific anatomy
  - MRI should not be used for individuals with large anterior mediastinal masses if anesthesia is necessary to complete the study.
- PET/CT (CPT® 78815) is indicated prior to biopsy in pediatric individuals if lymphoma is known or strongly suspected or there is evidence of tracheal compression on CT imaging. See **Pediatric Lymphoma (PEDONC-5)** in the Pediatric Oncology Imaging Guidelines.
- MIBG (CPT® 78800, CPT® 78802, CPT® 78803, or CPT® 78804) is indicated and is supported prior to biopsy in pediatric individuals if neuroblastoma is known or strongly suspected. See **Neuroblastoma (PEDONC-6)** in the Pediatric Oncology Imaging Guidelines.
- Ultrasound chest (CPT® 76604) is appropriate in individuals younger than 5 years old to distinguish prominent but otherwise normal thymus from true mediastinal mass.
- A single repeat CT Chest with contrast (CPT® 71260) is appropriate to confirm stability and avoid biopsy for individuals with NONE of the following features:
  - anterior mediastinal mass
  - enlarged lymph nodes anywhere in the imaging field
  - lymphopenia
  - pleural effusion

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (PEDCH-3)

v1.0.2025

1. Thacker PG, Mahani MG, Heider A, et al. Imaging evaluation of mediastinal masses in children and adults. *J Thorac Imaging.* 2015;30(4):247-264.
2. Mullen EA and Gratias EJ. Oncologic emergencies. In: Orkin SH, Fisher DE, Ginsburg D, et al., eds. *Nathan and Oski's Hematology and Oncology of Infancy and Childhood*. 8th ed. 2015:2267-2291.
3. Trinavarat P and Riccabonna M. Potential of ultrasound in the pediatric chest. *Eur J Radiol*. 2014; 83(9):1507-1518.
4. Naeem F, Metzger ML, Arnold SR, et al. Distinguishing benign mediastinal masses from malignancy in a histoplasmosis-endemic region. *J Pediatr.* 2015;167(2):409-415.
5. Manson DE. Magnetic resonance imaging of the mediastinum, chest wall and pleura in children. *Pediatr Radiol.* 2016;46(6):902-915.
6. *American College of Radiology ACR Appropriateness Criteria*® Imaging of Mediastinal Masses. Revised 2020.
7. Sreedher G, Tadros SS, Janitz E. Pediatric mediastinal masses. *Pediatr Radiol*. Published online June 8, 2022. doi: 10.1007/s00247-022-05409-4.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Hemoptysis (PEDCH-4)

Guideline

Hemoptysis – Imaging (PEDCH-4.1)
References (PEDCH-4)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Hemoptysis – Imaging (PEDCH-4.1)

CHP.BL.0004.1.A
v1.0.2025

- True hemoptysis is rare in pediatric individuals, and a detailed history, physical examination, and appropriate laboratory studies should be performed prior to considering advanced imaging.
  - Aspirated blood from epistaxis or emesis frequently presents as hemoptysis, and history and physical examination will aid in this assessment.
- Chest x-ray is indicated as an initial study for stable individuals.
  - Advanced imaging is not indicated for individuals with epistaxis and a normal chest radiograph and no personal or family history of underlying lung disease or bleeding disorder.
  - CT Chest with contrast (CPT® 71260) is indicated for all other pediatric individuals with hemoptysis.
    - CT Chest without contrast (CPT® 71250) for individuals with a documented allergy to CT contrast or significant renal dysfunction.
- MRI is not indicated in the evaluation of pediatric hemoptysis.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (PEDCH-4)

v1.0.2025

1. Gupta A, Sands M, Chauhan NR. Massive hemoptysis in pulmonary infections: bronchial artery embolization. *J Thorac Dis*. 2018;10(S28):S3458-S3464. doi: 10.21037/jtd.2018.06.147.
2. Nevin MA. Chapter 436: Pulmonary embolism, infarction, and hemorrhage. In: Kliegman RM, St. Geme JW III, Blum NJ, Shah SS, Tasker RC, Wilson KM, eds. *Nelson Textbook of Pediatrics*. 21st ed. 2020:2309-2314.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Cystic Fibrosis and Bronchiectasis (PEDCH-5)

Guideline

Cystic Fibrosis (PEDCH-5.1)
Bronchiectasis Not Associated with Cystic Fibrosis (PEDCH-5.2)
References (PEDCH-5)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Cystic Fibrosis (PEDCH-5.1)

CHP.CF.0005.1.A
v1.0.2025

- Chest x-ray is the primary study for initial evaluation of acute clinical symptoms in individuals with cystic fibrosis.
- CT Chest without contrast (CPT® 71250) or with contrast (CPT® 71260) is indicated for the following (without initial chest x-ray):
  - hemoptysis
  - pneumonia worsening despite antibiotic therapy
  - pleural effusion or empyema
  - suspected fungal pneumonia
  - monitoring treatment changes on bronchiectasis
  - expiratory CT for evaluating small airways disease
  - pre- and post-lung transplant evaluation
- Low dose CT Chest without contrast (CPT® 71250) is indicated **every 2 years** for monitoring of bronchiectasis and small airways disease.
- Cystic fibrosis associated liver disease develops in 5-10% of individuals with cystic fibrosis. Advanced imaging may be appropriate if concerned for liver disease. See **Liver Disease (PEDAB-16)** in the Pediatric Abdomen Imaging Guidelines.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Bronchiectasis Not Associated with Cystic Fibrosis (PEDCH-5.2)

CHP.CF.0005.2.A

v1.0.2025

- Bronchiectasis not associated with cystic fibrosis is rare in pediatric individuals, and imaging indications are identical to those for adult individuals. See **Bronchiectasis (CH-7.1)** in the Chest Imaging Guidelines.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (PEDCH-5)

v1.0.2025

1. Egan M, Shechter MS, Voynow JA. Cystic fibrosis. Chapter 432. In: Kliegman RM, St. Geme JW III, Blum NJ, Shah SS, Tasker RC, Wilson KM, eds. *Nelson Textbook of Pediatrics*. 21st ed. 2020:2282-2297.
2. Szczesniak R, Turkovic L, Andrinopoulou E-R, Tiddens HA. Chest imaging in cystic fibrosis studies: What counts, and can be counted? *J Cyst Fibros*. 2017;16(2):175-185. doi: 10.1016/j.jcf.2016.12.008.
3. Paranjape SM and Mogayzel Jr PJ. Cystic fibrosis. *Pediatr Rev.* 2014; 35 (5):194-205.
4. Tiddens HAM, Stick SM, and Davis S. Multi-modality monitoring of cystic fibrosis lung disease: the role of chest computed tomography. *Paediatr Resp Rev.* 2014; 15(1):92-97.
5. Murphy KP, Maher MM, Oconnor OJ. Imaging of Cystic Fibrosis and Pediatric Bronchiectasis. *AJR Am J Roentgenol*. 2016;206(3):448-454. doi: 10.2214/ajr.15.14437.
6. Lasker OJ. Bronchectasis. Chapter 430. In: Kliegman RM, St. Geme JW III, Blum NJ, Shah SS, Tasker RC, Wilson KM, eds. *Nelson Textbook of Pediatrics*. 21st ed. 2020:2278-2280.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Bronchiolitis (PEDCH-6)

Guideline

Bronchiolitis (PEDCH-6.1)
References (PEDCH-6)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Bronchiolitis (PEDCH-6.1)

CHP.BR.0006.1.A
v1.0.2025

Bronchiolitis is a self-limiting viral infection causing inflammation of the small airways, most common in infants under 12 months of age.

- Chest x-rays are indicated when there is a clinical suspicion of pneumonia or other complications.
- Advanced imaging is not indicated for routine evaluation or monitoring of bronchiolitis, but CT Chest with contrast (CPT® 71260) is appropriate for the following:
  - pleural effusion or empyema on recent chest x-ray
  - immunocompromised individual with acute pulmonary symptoms
  - abnormality on recent chest x-ray suggesting condition other than bronchiolitis

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (PEDCH-6)

v1.0.2025

1. House SA, Ralston SL. Chapter 418: Wheezing in infants: bronchiolitis. In: Kliegman RM, St. Geme JW III, Blum NJ, Shah SS, Tasker RC, Wilson KM, eds. *Nelson Textbook of Pediatrics*. 21st ed. 2020:2217-2220.
2. Chang AB, Bush A, Grimwood K. Bronchiectasis in children: diagnosis and treatment. *Lancet*. 2018;392(10150):866-879. doi: 10.1016/s0140-6736(18)31554-x.
3. Darras KE, Roston AT, Yewchuk LK. Imaging Acute Airway Obstruction in Infants and Children. *RadioGraphics*. 2015;35(7):2064-2079. doi: 10.1148/rg.2015150096.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Pneumonia (PEDCH-7)

Guideline

Pneumonia (PEDCH-7.1)
Coronavirus Disease 2019 (COVID-19) (PEDCH-7.2)
References (PEDCH-7)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Pneumonia (PEDCH-7.1)

CHP.PN.0007.1.A

v1.0.2025

- Pneumonia imaging indications in pediatric individuals are very similar to those for adult individuals. See **Pneumonia (CH-13.1)** in the Chest Imaging Guidelines.
- Pediatric-specific imaging considerations include the following:
  - Chest x-ray and/or Ultrasound chest (CPT® 76604) is indicated when the individual's condition does not respond to standard therapy.
  - CT Chest with contrast (CPT® 71260) for immunocompromised individuals with acute pulmonary symptoms.
  - CT Chest without contrast (CPT® 71250) or with contrast (CPT® 71260) for individuals with recurrent lower respiratory tract infections.
  - Ultrasound chest (CPT® 76604) for evaluation of complicated or recurrent childhood pneumonia.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Coronavirus Disease 2019 (COVID-19) (PEDCH-7.2)

CHP.PN.0007.2.A

v1.0.2025

- Pediatric imaging for COVID-19 positive individuals are similar to those for adult individuals. See **Coronavirus Disease 2019 (COVID-19) (CH-13.2)** in the Chest Imaging Guidelines.
- Pediatric-specific imaging considerations include the following:
  - chest x-ray is the initial imaging test for all pediatric individuals
  - for concerns involving **Multisystem Inflammatory Syndrome in Children (MIS-C)** see **(PEDCD-12)**

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (PEDCH-7)

v1.0.2025

1. Kelly MS and Sandora TJ. Chapter 428: Community-acquired pneumonia. In: Kliegman RM, St. Geme JW III, Blum NJ, Shah SS, Tasker RC, Wilson KM, eds. *Nelson Textbook of Pediatrics*. 21st ed. 2020:2266-2274.
2. O'Grady K-AF, Torzillo PJ, Frawley K, Chang AB. The radiological diagnosis of pneumonia in children. *Pneumonia*. 2014;5(S1):38-51. doi: 10.15172/pneu.2014.5/482.
3. Andronikou S, Goussard P, Sorantin E. Computed tomography in children with community-acquired pneumonia. *Pediatr Radiol*. 2017;47(11):1431-1440. doi: 10.1007/s00247-017-3891-0.
4. Stadler JAM, Andronikou S, Zar HJ. Lung ultrasound for the diagnosis of community-acquired pneumonia in children. *Pediatr Radiol*. 2017;47(11):1412-1419. doi: 10.1007/s00247-017-3910-1.
5. El–Saied MM, Mohie El Deen ZM, Askar GA. Recurrent Pneumonia in Children Admitted to Assiut University Children Hospital. Magnitude of the Problem and Possible Risk Factors. *Med Res J*. 2019;4(1):13-24. doi: 10.5603/mrj.a2019.0001.
6. Pereda MA, Chavez MA, Hooper-Miele CC, et al. Lung ultrasound for the diagnosis of pneumonia in children: a meta-analysis. *Pediatrics*. 2015;135(4):714-722
7. Goh Y and Kapur J. Sonography of the pediatric chest. *J Ultrasound Med*. 2016; 35 (5):1067-1080
8. American College of Radiology ACR Appropriateness Criteria® Pneumonia in the Immunocompetent Child. New 2019.
9. Tsou PY, Chen KP, Wang YH, et al. Diagnostic Accuracy of Lung Ultrasound Performed by Novice Versus Advanced Sonographers for Pneumonia in Children: A Systematic Review and Meta-analysis. *Acad Emerg Med*. 2019;26(9):1074-1088. doi: 10.1111/acem.13818.
10. Foust AM, McAdam AJ, Chu WC, et al. Practical guide for pediatric pulmonologists on imaging management of pediatric patients with COVID-19. *Pediatr Pulmonol*. 2020;55(9):2213-2224. doi: 10.1002/ppul.24870.
11. Nino G, Zember J, Sanchez-Jacob R, Gutierrez MJ, Sharma K, Linguraru MG. Pediatric Lung Imaging Features of Covid-19: A Systematic Review and Meta-Analysis. *Pediatr Pulmonol*. Published online September 14, 2020. doi: 10.1002/ppul.25070.
12. Wang J, Mo Y, Su Y, et al. Computed tomography features of COVID-19 in children. *Medicine*. 2021;100(38):e22571. doi: 10.1097/md.0000000000022571.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Solitary Pulmonary Nodule (PEDCH-8)

Guideline

Solitary Pulmonary Nodule (PEDCH-8.1)
References (PEDCH-8)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Solitary Pulmonary Nodule (PEDCH-8.1)

CHP.PM.0008.1.A
v1.0.2025

The Fleischner Society guidelines for solitary pulmonary nodule management do not apply to pediatric individuals. An incidental solitary pulmonary nodule in a individual representing a primary lung carcinoma has never been reported in the literature. Similarly, an extrathoracic malignancy presenting with an incidental solitary pulmonary nodule in an otherwise healthy individual is very rare.

- CT Chest with contrast (CPT® 71260) as a one-time evaluation for all individuals with a pulmonary nodule incidentally discovered on other imaging.
- Follow up imaging of incidental solitary pulmonary nodules in asymptomatic healthy individuals is not necessary.[6]
  - Follow up imaging is indicated for the following:
    - immunocompromised individuals
    - malignancy (see below)
    - invasive infection
    - new or worsening pulmonary symptoms
- Individuals with a malignant solid tumor who have pulmonary nodules of any size should have imaging according to the guideline section for the specific cancer type. See **Pediatric Oncology Imaging Guidelines** for specific imaging indications.
- This guideline section does not apply to multiple pulmonary nodules, which are imaged according to the underlying disorder in pediatric individuals.

Background and Supporting Information

A **nodule** is any pulmonary or pleural lesion that is a discrete, spherical opacity 2-30 mm in diameter surrounded by normal lung tissue. A larger nodule is called a mass. Entities that are not nodules, and are considered benign, include non-spherical linear, sheet-like, two-dimensional or scarring opacities.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (PEDCH-8)

v1.0.2025

1. Assefa D and Atlas A. Natural history of incidental pulmonary nodules in children. *Pediatr Pulmonol.* 2015;50(5):456-459.
2. Westra SJ, Broday AS, Mahani MG, et al. The incidental pulmonary nodule in a child, Part 1; recommendations from the SPR Thoracic Imaging Committee regarding characterization, significance, and follow up. *Pediatr Radiol.* 2015;45(5):628-633.
3. Westra SJ, Thacker PG, Podberesky DJ, et al. The incidental pulmonary nodule in a child, Part 2; commentary and suggestions for clinical management, risk communication and prevention. *Pediatr Radio*l. 2015;45(5):634-639.
4. Strouse PJ. The incidental pulmonary nodule in a child: a conundrum. *Pediatr Radiol.* 2015;45(5):627.
5. Kanne JP, Jensen LE, Mohammed TL, et al. ACR appropriateness Criteria® radiographically detected solitary pulmonary nodule.*J Thorac Imaging*. 2013;28(1):W1-W3. doi:10.1097/RTI.0b013e31827657c8.
6. Liang TI and Lee EY. Pediatric Pulmonary Nodules. Imaging Guidelines and Recommendations. *Radiol Clin N Am*. 2022;60:55-67.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Positive PPD or Tuberculosis (PEDCH-9)

Guideline

Positive PPD or Tuberculosis (PEDCH-9.1)
References (PEDCH-9)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Positive PPD or Tuberculosis (PEDCH-9.1)

CHP.TB.0009.1.A

v1.0.2025

- Positive PPD and tuberculosis imaging indications in pediatric individuals are similar to those for adult individuals.
  - See **PPD or TB (Mycobacterium tuberculosis and Nontuberculous Mycobacterial Pulmonary Disease [NTM-PD]) (CH-14.1)** in the Chest Imaging Guidelines.
- Pediatric-specific imaging considerations include the following:
  - MRI Spine with and without contrast is appropriate at symptomatic levels in individuals with concern for spinal involvement of tuberculosis.

Background and Supporting Information

- Chest x-ray can be useful as the initial imaging study when TB is suspected[5]

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (PEDCH-9)

v1.0.2025

1. Cameron LH, Starke, JR. Chapter 242: Tuberculosis (Mycobacterium tuberculosis). In: Kliegman RM, St. Geme JW III, Blum NJ, Shah SS, Tasker RC, Wilson KM, eds. *Nelson Textbook of Pediatrics*. 21st ed. 2020:1564-1582.
2. Sodhi KS, Bhalla AS, Mahomed N, Laya BF. Imaging of thoracic tuberculosis in children: current and future directions. *Pediatr Radiol*. 2017;47(10):1260-1268. doi: 10.1007/s00247-017-3866-1.
3. Skoura E, Zumla A, Bomanji J. Imaging in tuberculosis. *Int J Infect Dis*. 2015;32:87-93. doi: 10.1016/j.ijid.2014.12.00.7
4. Concepcion NDP, Laya BF, Andronikou S, et al. Standardized radiographic interpretation of thoracic tuberculosis in children. *Pediatr Radiol*. 2017;47(10):1237-1248. doi: 10.1007/s00247-017-3868-z.
5. Andronikou S, Miranda-Schaeubinger M, Goussard P, et al. Changes in the Role of Chest Radiographs for Diagnosing and Managing Children with Tuberculosis: the 2022 World Health Organization Consolidated Guidelines on Tuberculosis. *Pediatr Radiology*. 2023;53:566-570. doi. 10.1007/s00247-022-05544-y.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Asthma (PEDCH-10)

Guideline

Asthma (PEDCH-10.1)
References (PEDCH-10)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Asthma (PEDCH-10.1)

CHP.AS.0010.1.A

v1.0.2025

- Chest x-ray and/or Ultrasound chest (CPT® 76604) is indicated when the individual's condition does not respond to standard therapy, to identify complications, such as pneumonia or to rule out other causes of respiratory distress.
- Advanced imaging is not indicated for routine evaluation or monitoring of asthma, but CT Chest without (CPT® 71250) or with (CPT® 71260) contrast is appropriate for the following:
  - pleural effusion or empyema on recent chest x-ray
  - immunocompromised individual with acute pulmonary symptoms
  - abnormality on recent chest x-ray suggesting condition other than asthma, including suspected foreign body
  - asthma and poor response to bronchodilators or conventional inhaled corticosteroid therapy in whom associated conditions, such as allergic bronchopulmonary aspergillosis and eosinophilic pneumonia can mimic asthma

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (PEDCH-10)

v1.0.2025

1. Liu AH, Spahn JD, and Sicherer SH. Chapter 169: Childhood asthma. In: Kliegman RM, St. Geme JW III, Blum NJ, Shah SS, Tasker RC, Wilson KM, eds. *Nelson Textbook of Pediatrics*. 21st ed. 2020:1186-1209.
2. Ash SY, Diaz AA. The role of imaging in the assessment of severe asthma. *Curr Opin Pulmon Med*. 2017;23(1):97-102. doi: 10.1097/mcp.0000000000000341.
3. Allie EH, Dingle HE, Johnson WN, et al. ED chest radiography for children with asthma exacerbation is infrequently associated with change of management. *Am J Emerg Med*. 2018;36(5):769-773. doi: 10.1016/j.ajem.2017.10.009.
4. Darras KE, Roston AT, Yewchuk LK. Imaging Acute Airway Obstruction in Infants and Children. *RadioGraphics*. 2015;35(7):2064-2079. doi: 10.1148/rg.2015150096.
5. *American College of Radiology ACR Appropriateness Criteria®* Pneumonia in the Immunocompetent Child. New 2019.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Pectus Deformities (PEDCH-11)

Guideline

Pectus Deformities (PEDCH-11.1)
References (PEDCH-11)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Pectus Deformities (PEDCH-11.1)

CHP.PD.0011.1.A

v1.0.2025

- CT Chest without contrast (CPT® 71250), MRI Chest with and without contrast (CPT® 71552), or MRI Chest without contrast (CPT® 71550) is indicated in individuals with a pectus deformity for:
  - preoperative planning
  - significant cardiac displacement after chest x-ray and echocardiography (CPT® 93306)
  - evidence of pulmonary impingement after chest x-ray and pulmonary function tests (PFTs) if there is increasing shortness of breath
    - Note: It may not be possible to obtain PFTs in individuals younger than 9 years old.
  - evaluation of congenital heart disease or Marfan's syndrome when suspected in those individuals with pectus deformities

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (PEDCH-11)

v1.0.2025

1. Buziashvili D, Gopman JM, Weissler H, Bodenstein L, Kaufman AJ, Taub PJ. An Evidence-Based Approach to Management of Pectus Excavatum and Carinatum. *Ann Plast Surg*. 2019;82(3):352-358. doi: 10.1097/sap.0000000000001654.
2. Frantz FW. Indications and guidelines for pectus excavatum repair. *Curr Opin Pediatr.* 2011;23(4):486-491.
3. Koumbourlis AC. Chest wall abnormalities and their clinical significance in childhood. *Paediatr Resp Rev*. 2014;15(3):246-255.
4. Dore M, Junco PT, Bret M, et al. Advantages of cardiac magnetic resonance imaging for severe pectus excavatum assessment in children. *Eur J Pediatr Surg*. 2017.
5. Marcovici PA, Losasso BE, Kruk P, Dwek JR. MRI for the evaluation of pectus excavatum. *Pediatr Radiol*. 2011;41(6):757-758. doi: 10.1007/s00247-011-2031-5.
6. Junco PT, Bret M, Cervantes MG, et al. Advantages of Cardiac Magnetic Resonance Imaging for Severe Pectus Excavatum Assessment in Children. *Eur J Pediatr Surg*. 2017;28(01):034-038. doi: 10.1055/s-0037-1604427.
7. Sun J, Chen C, Peng Y, et al. Comparison of magnetic resonance imaging and computed tomography to measure preoperative parameters of children with pectus excavatum.*Pediatr Investig*. 2019;3(2):102-109. Published 2019 Jun 25. doi:10.1002/ped4.12132.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Breast Masses (PEDCH-12)

Guideline

Breast Masses (PEDCH-12.1)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Breast Masses (PEDCH-12.1)

CHP.MS.0012.1.A
v1.0.2025

See **Pediatric Breast Masses (PEDONC-17)** in the Pediatric Oncology Imaging Guidelines.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Vascular Malformations (PEDCH-13)

Guideline

Vascular Ring (PEDCH-13.1)
Other Vascular Malformations (PEDCH-13.2)
References (PEDCH-13)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Vascular Ring (PEDCH-13.1)

CHP.VM.0013.1.A
v1.0.2025

Vascular rings generally present with either respiratory symptoms (stridor, wheezing, tachypnea, cough) or feeding difficulties (dysphagia, slow feeding, hyperextension of the head while feeding, weight loss, failure to thrive), but can also be discovered incidentally on imaging obtained for other purposes.

- Chest x-ray is the recommended initial study in individuals with respiratory symptoms. A chest x-ray is not needed for individuals diagnosed with a vascular ring on prenatal imaging studies.
- Barium esophagram is the recommended initial study in individuals with feeding difficulties.
- CT Chest with contrast (CPT® 71260), CTA Chest (CPT® 71275) or MRA Chest (CPT® 71555) in individuals with known or suspected vascular ring after prenatal imaging studies, chest x-ray, or barium esophagram.
- Echocardiogram is appropriate to rule out associated congenital heart disease.
  - CPT® 93303, CPT® 93306, CPT® 93320, and CPT® 93325 is appropriate for initial evaluation of individuals with vascular ring and no prior echocardiograms.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Other Vascular Malformations (PEDCH-13.2)

CHP.VM.0013.2.A
v1.0.2025

See **Pulmonary Arteriovenous Malformations (PEDCH-14.2)** for Pulmonary AVMs.

See **Vascular Anomalies (PEDPVD-2)** in the Pediatric Peripheral Vascular Disease Imaging Guidelines.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (PEDCH-13)

v1.0.2025

1. Licari A, Manca E, Rispoli GA, et al. Congenital vascular rings: a clinical challenge for the pediatrician. *Pediatr Pulmonol*. 2015;50 (5): 511-524.
2. Poletto E, Mallon MG, Stevens RM, et al. Imaging review of aortic vascular rings and pulmonary sling. *J Am Osteopath Coll Radiol*. 2017;6(2): 5-14.
3. Hanneman K, Newman B, Chan F. Congenital Variants and Anomalies of the Aortic Arch. *RadioGraphics*. 2017;37(1):32-51. doi: 10.1148/rg.2017160033.
4. Etesami M, Ashwath R, Kanne J, Gilkeson RC, Rajiah P. Computed tomography in the evaluation of vascular rings and slings. *Insights Imaging*. 2014;5(4):507-521. doi: 10.1007/s13244-014-0343-3.
5. Backer CL, Mongé MC, Popescu AR, Eltayeb OM, Rastatter JC, Rigsby CK. Vascular rings. *Semin Pediatr Surg*. 2016;25(3):165-175. doi: 10.1053/j.sempedsurg.2016.02.009.
6. Sommburg O, Helling-Bakki A, Alrajab A, et al. Assessment of Suspected Vascular Rings and Slings and/or Airway Pathologies Using Magnetic Resonance Imaging Rather Than Computed Tomography. *Respiration*. 2018;97(2):108-118. doi: 10.1159/000492080.
7. Hart A, Lee EY. Pediatric Chest Disorders: Practical Imaging Approach to Diagnosis. *IDKD Springer Series Diseases of the Chest, Breast, Heart and Vessels*. 2019-2022. 2019:107-125. doi:10.1007/978-3-030-11149-6_10.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Congenital Chest Diseases (PEDCH-14)

Guideline

Congenital Cystic Lung Diseases (PEDCH-14.1)
Pulmonary Arteriovenous Malformations (PEDCH-14.2)
Congenital Diaphragmatic Hernia (PEDCH-14.3)
References (PEDCH-14)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Congenital Cystic Lung Diseases (PEDCH-14.1)

CHP.CD.0014.1.A
v1.0.2025

- This section includes common congenital cystic lung lesions such as:
  - bronchogenic cyst
  - congenital pulmonary airway malformation (congenital cystic adenomatoid malformation)
  - congenital lobar overinflation
- CT Chest with contrast (CPT® 71260) is appropriate when a cystic lung lesion is suspected.
- MRI Chest with and without contrast (CPT® 71552) is appropriate if CT is inconclusive or if requested for pre-operative planning.

Background and Supporting Information

- Cystic lung disease may be first identified on prenatal ultrasound, or discovered incidentally on chest x-ray.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Pulmonary Arteriovenous Malformations (PEDCH-14.2)

CHP.CD.0014.2.A

v1.0.2025

- Pulmonary arteriovenous malformations (PAVMs) are vascular structures that most commonly result from abnormal communication between pulmonary arteries and pulmonary veins.
  - Chest x-ray are indicated as an initial imaging modality for individuals with known AVMs, or individuals presenting with hypoxemia and/or hemoptysis.
  - CTA or MRA is appropriate in individuals with known AVM or abnormal chest x-ray suggesting AVM for treatment planning.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Congenital Diaphragmatic Hernia (PEDCH-14.3)

CHP.CD.0014.3.A

v1.0.2025

- Congenital Diaphragmatic hernia (CDH) is a defect in the diaphragm which may allow the abdominal organs to enter the chest cavity, and may lead to compromised pulmonary function or may be associated with congenital heart disease.
  - Over 90% of the hernias occur in the posterolateral diaphragm (Bochdalek hernia) typically on the left side.
  - Most of the rest of the hernias are in the anteromedial diaphragm (Morgagni hernia).
- The vast majority of CDH are diagnosed prenatally (see **Fetal MRI [PV-15.1]**) in the Pelvis Imaging Guidelines), or as an inpatient shortly after delivery.
- If there is clinical concern for CDH, chest x-ray and/or US Chest (CPT® 76604) is indicated as the initial imaging study.
- CT Chest with contrast (CPT® 71260) or MRI Chest with and without contrast (CPT® 71552) is appropriate when chest x-ray and/or US are inconclusive, or if requested for treatment planning.[11]

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (PEDCH-14)

v1.0.2025

1. Chowdhury MM, Chakraborty S. Imaging of congenital lung malformations. *Semin Pediatr Surg*. 2015;24(4):168-175.
2. Blatter JA, Finder JD. Chapter 423: Congenital Disorders of the Lung. In: Kliegman RM, St. Geme JW III, Blum NJ, Shah SS, Tasker RC, Wilson KM, eds. *Nelson Textbook of Pediatrics*. 21st ed. 2020.
3. Liszewski MC, Lee EY. Neonatal Lung Disorders: Pattern Recognition Approach to Diagnosis. *AJR Am J Roentgenol*. 2018;210(5):964-975. doi: 10.2214/ajr.17.19231.
4. Hanley M, Ahmed O, Chandra A, et al. ACR Appropriateness Criteria Clinically Suspected Pulmonary Arteriovenous Malformation. *J Am Coll Radiol*. 2016;13(7):796-800. do: 10.1016/j.jacr.2016.03.020.
5. Hosman AE, Gussem EMD, Balemans WAF, et al. Screening children for pulmonary arteriovenous malformations: Evaluation of 18 years of experience. *Pediatr Pulmonol*. 2017;52(9):1206-1211. doi: 10.1002/ppul.23704.
6. Restrepo R, Lee EY. Chapter 61: The Diaphragm. In: Coley B, Saunders E., eds. *Caffey's Pediatric Diagnostic Imaging*. Philadelphia PA. 2013:587-592.
7. Ahlfeld SK. Chapter 122.10: Diaphragmatic Hernia. In: Kliegman RM, St. Geme JW III, Blum NJ, Shah SS, Tasker RC, Wilson KM, eds. *Nelson Textbook of Pediatrics*. 21st ed. 2020:944-946.
8. Karmazyn B, Shold AJ, Delaney LR, et al. Ultrasound evaluation of right diaphragmatic eventration and hernia. *Pediatr Radiol*. 2019;49(8):1010-1017. doi: 10.1007/s00247-019-04417-1.
9. Corsini I, Parri N, Coviello C, Leonardi V, Dani C. Lung ultrasound findings in congenital diaphragmatic hernia. *Eur J Pediatr*. 2019;178(4):491-495. doi: 10.1007/s00431-019-03321-y.
10. Brown, B., Eklund, M., Mehollin-Ray, A. Congenital Diaphragmatic Hernia. In: Otero, H.J., Kaplan, S.L., Medina, L.S., Blackmore, C.C., Applegate, K.E., eds. *Evidence-Based Imaging in Pediatrics. Evidence-Based Imaging*. Springer, Cham. Published online 2022 Nov;1-7. doi: 10.1007/978-3-030-38095-3_45-1.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Table of Contents

Guideline

General Guidelines (PEDHD-1)
Specialized Imaging Techniques (PEDHD-2)
Pediatric Headache (PEDHD-3)
Pediatric Head and Face Trauma (PEDHD-4)
Sinusitis and Allergic Rhinitis (PEDHD-5)
Epilepsy and Other Seizure Disorders (PEDHD-6)
Macrocephaly, Microcephaly, and Hydrocephalus (PEDHD-7)
Craniofacial Anomalies (PEDHD-8)
Chiari and Skull Base Malformations (PEDHD-9)
Intracranial Aneurysms and AVM (PEDHD-10)
Syncope (PEDHD-11)
Pediatric Stroke (PEDHD-12)
Benign Brain Lesions (PEDHD-13)
Pediatric Demyelinating Diseases (PEDHD-14)
Pituitary Dysfunction (PEDHD-15)
Pediatric Ear Disorders (PEDHD-16)
Autism Spectrum Disorders (PEDHD-17)
Behavioral and Psychiatric Disorders (PEDHD-18)
Developmental Disorders (PEDHD-19)
Ataxia (PEDHD-20)
Epistaxis (PEDHD-21)
Papilledema/Pseudotumor Cerebri (PEDHD-22)
Cranial Neuropathies (PEDHD-23)
Pediatric Sleep Disorders (PEDHD-24)
Temporomandibular Joint (TMJ)/Dental/Maxillofacial Imaging in Children (PEDHD-25)
Movement Disorders including Tourette Syndrome (PEDHD-26)
Tuberous Sclerosis (PEDHD-27)
Von Hippel-Lindau Syndrome (VHL) (PEDHD-28)
CNS Infection (PEDHD-29)
Scalp and Skull Lesions (PEDHD-30)
Eye Disorders (PEDHD-31)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

General Guidelines (PEDHD-1)

Guideline

Procedure Codes Associated with Head Imaging
General Guidelines (PEDHD-1.0)
Pediatric Head Imaging Age Considerations (PEDHD-1.1)
Pediatric Head Imaging Appropriate Clinical Evaluation (PEDHD-1.2)
Pediatric Head Imaging Modality General Considerations (PEDHD-1.3)
General Guidelines-Other Imaging Situations (PEDHD-1.4)
References (HDP-1)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Procedure Codes Associated with Head Imaging

HDP.GG.Codes.A
v1.0.2025

Procedure Codes Associated with Head Imaging	
MRI	**CPT®**
MRI Brain without contrast	70551
MRI Brain with contrast (rarely used)	70552
MRI Brain without and with contrast	70553
MRI Orbit, Face, Neck without contrast	70540
MRI Orbit, Face, Neck with contrast (rarely used)	70542
MRI Orbit, Face, Neck without and with contrast	70543
MRI Temporomandibular Joint (TMJ)	70336
Functional MRI Brain not requiring physician or psychologist	70554
Functional MRI Brain requiring physician or psychologist	70555
MR Spectroscopy	76390
Unlisted MRI procedure (for radiation planning or surgical software)	76498
MRA	**CPT®**
MRA Head without contrast	70544
MRA Head with contrast	70545
MRA Head without and with contrast	70546

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Procedure Codes Associated with Head Imaging	
MRA Neck without contrast	70547
MRA Neck with contrast	70548
MRA Neck without and with contrast	70549
CT	**CPT®**
CT Head without contrast	70450
CT Head with contrast	70460
CT Head without and with contrast	70470
CT Orbits without contrast (includes temporal bone and mastoid)	70480
CT Orbits with contrast (includes temporal bone and mastoid)	70481
CT Orbits without and with contrast (includes temporal bone and mastoid)	70482
CT Maxillofacial without contrast (includes sinuses, jaw, and mandible)	70486
CT Maxillofacial with contrast (includes sinuses, jaw, and mandible)	70487
CT Maxillofacial without and with contrast (includes sinuses, jaw, and mandible)	70488
CT Neck without contrast (includes jaw, and mandible)	70490
CT Neck with contrast (includes jaw, and mandible)	70491
CT Neck without and with contrast (includes jaw, and mandible)	70492
CT Guidance for Stereotactic Localization (used for sinus surgery planning)	77011
CT Guidance for Placement of Radiation Therapy Fields	77014

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Procedure Codes Associated with Head Imaging	
Unlisted CT procedure (for radiation planning or surgical software)	76497
CTA	**CPT®**
CTA Head	70496
CTA Neck	70498

Nuclear Medicine	CPT®
PET Brain Metabolic Evaluation	78608
PET Brain Perfusion Evaluation	78609
PET with concurrently acquired CT; limited area (this code rarely used in pediatrics)	78814
PET with concurrently acquired CT; whole body	78816
Brain Scintigraphy Static Limited	78600
Brain Scintigraphy Limited with Vascular Flow	78601
Brain Scintigraphy Complete Static	78605
Brain Scintigraphy Complete with Vascular Flow	78606
Brain Imaging Vascular Flow	78610
Cisternogram	78630
Cerebrospinal Ventriculography	78635
Shunt Evaluation	78645
CSF Leakage Detection	78650

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Radiopharmaceutical Dacryocystography	78660
Ultrasound	**CPT®**
Echoencephalography (Head or Cranial Ultrasound)	76506
Ophthalmic ultrasound, diagnostic; B-scan & quantitative A-scan performed same encounter	76510
Ophthalmic ultrasound, diagnostic; quantitative A-scan only	76511
Ophthalmic ultrasound, diagnostic; B-scan	76512
Ophthalmic ultrasound, diagnostic; anterior segment ultrasound, immersion (water bath) B-scan	76513
Ophthalmic ultrasound, diagnostic; corneal pachymetry, unilateral or bilateral	76514
Ophthalmic biometry by ultrasound, A-scan	76516
Ophthalmic biometry by ultrasound, A-scan, with lens power calculation	76519
Ophthalmic ultrasonic foreign body localization	76529
Soft tissues of head and neck Ultrasound (thyroid, parathyroid, parotid, etc.)	76536
Transcranial Doppler study of the intracranial arteries; complete study	93886
Transcranial Doppler study of the intracranial arteries; limited study	93888
Transcranial Doppler study of the intracranial arteries; vasoreactive study	93890
Transcranial Doppler study of the intracranial arteries; emboli detection without intravenous microbubble injection	93892

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Transcranial Doppler study of the intracranial arteries;; emboli detection with intravenous microbubble injection	93893
Duplex scan of extracranial arteries; complete bilateral study	93880
Duplex scan of extracranial arteries; unilateral or limited study	93882
Non-invasive physiologic studies of extracranial arteries, complete bilateral study	93875

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

General Guidelines (PEDHD-1.0)

HDP.GG.0001.0.A

v1.0.2025

- A pertinent clinical evaluation including a detailed history, physical examination with a thorough neurologic examination since the onset or change in signs and/or symptoms[28], appropriate laboratory studies and basic imaging such as plain radiography or ultrasound should be performed prior to considering advanced imaging (CT, MR, Nuclear Medicine), unless the individual is undergoing guideline-supported scheduled imaging evaluation. A meaningful technological contact (telehealth visit, telephone call, electronic mail or messaging) since the onset or change in signs and/or symptoms[28], can serve as a pertinent clinical evaluation.
  - A detailed neurological exam is required prior to advanced imaging except in the following scenarios:
    - Individual is undergoing a guideline-supported scheduled follow-up imaging evaluation
    - Tinnitus, TMJ, Sinus or mastoid disease, ear pain, hearing loss, eye disease, papilledema[28], dental requests and epistaxis. (A relevant physical exam is still required.)
    - The request is from a neurologist, neurosurgeon, endocrinologist, otolaryngologist, or ophthalmologist who has evaluated the individual since onset of symptoms.
- Unless otherwise stated in a specific guideline section, the use of advanced imaging to screen asymptomatic individuals for disorders involving the head is not supported. Advanced imaging of the head is only indicated in individuals who have documented active clinical signs or symptoms of disease involving the head.
- Unless otherwise stated in a specific guideline section, repeat imaging studies of the head are not necessary unless there is evidence for progression of disease, new onset of disease, and/or documentation of how repeat imaging will affect individual management or treatment decisions.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Pediatric Head Imaging Age Considerations (PEDHD-1.1)

HDP.GG.0001.1.A

v1.0.2025

- Many conditions affecting the head in the pediatric population are different diagnoses than those occurring in the adult population. For those diseases which occur in both pediatric and adult populations, minor differences may exist in management due to individual age, comorbidities, and differences in disease natural history between children and adults.
- Individuals who are 18 years old or younger[30] and any conditions not specifically discussed in the General Head Imaging Guidelines should be imaged according to the Pediatric Head Imaging Guidelines. Any conditions not specifically discussed in the Pediatric Head Imaging Guidelines should be imaged according to the General Head Imaging Guidelines. Individuals who are >18 years old should be imaged according to the General Head Imaging Guidelines, except where directed otherwise by a specific guideline section.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Pediatric Head Imaging Appropriate Clinical Evaluation (PEDHD-1.2)

HDP.GG.0001.2.A
v1.0.2025

Requests for Studies with Overlapping Fields

- There are many CPT® codes for imaging the head that have significantly overlapping fields. In the majority of cases where multiple head CPT® codes are requested, only one CPT® code is appropriate unless there is clear documentation of a need for the additional codes to cover all necessary body areas.
- See **General Guidelines - Anatomic Issues (HD-1.1)** in the Head Imaging Guidelines for the correct coding of these studies.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Pediatric Head Imaging Modality General Considerations (PEDHD-1.3)

HDP.GG.0001.3.A
v1.0.2025

- MRI
  - MRI is the preferred modality for imaging the pediatric head unless otherwise stated in a specific guideline section.
  - Due to the length of time required for MRI acquisition and the need to minimize individual movement, anesthesia is usually required for almost all infants (except neonates) and young children (age <7 years) as well as older children with delays in development or maturity. This anesthesia may be administered via oral or intravenous routes. In this individual population, MRI sessions should be planned with a goal of minimizing anesthesia exposure by adhering to the following considerations:
    - MRI procedures can be performed without and/or with contrast use as supported by these condition based guidelines. If intravenous access will already be present for anesthesia administration and there is no contraindication for using contrast, imaging without and with contrast may be appropriate if requested. By doing so, the requesting provider may avoid repetitive anesthesia administration to perform an MRI with contrast if the initial study without contrast is inconclusive.
  - Recent evidence based literature demonstrates the potential for gadolinium deposition in various organs including the brain, after the use of MRI contrast.
    - The U.S. Food and Drug Administration (FDA) has noted that there is currently no evidence to suggest that gadolinium retention in the brain is harmful and restricting gadolinium-based contrast agents (GBCAs) use is not warranted at this time. It has been recommended that GBCA use should be limited to circumstances in which additional information provided by the contrast agent is necessary and the necessity of repetitive MRIs with GBCAs should be assessed.
  - If multiple body areas are supported by the guidelines for the clinical condition being evaluated, MRI/MRA of all necessary body areas should be obtained concurrently in the same anesthesia session.
- CT
  - CT is generally inferior to MRI for imaging the pediatric head, but has specific indications in which it is the preferred modality listed in specific sections of these guidelines.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

        - CT should not be used to replace MRI in an attempt to avoid sedation unless listed as a recommended study in a specific guideline section.
    - CT Head without contrast (CPT® 70450) may be indicated for:
        - Mass effect
        - Blood/blood products
        - Urgent/emergent settings due to availability and speed of CT
        - Trauma
        - Recent hemorrhage, whether traumatic or spontaneous
        - Bony structures of the head evaluations including dystrophic calcifications
        - Hydrocephalus evaluation and follow-up
            - Some centers use limited non-contrast "fast or rapid MRI" (CPT® 70551) to minimize radiation exposure in children - these requests are appropriate.
        - Prior to lumbar puncture in individuals with cranial complaints
        - Scenarios in which MRI is contraindicated (i.e. pacemakers, ICDs, cochlear implants, aneurysm clips, orbital metallic fragments, etc.)
- CT and MR Angiography (CTA and MRA) Head and Neck
    - MRA Head may be performed without contrast (CPT® 70544), with contrast (CPT® 70545), or without and with contrast (CPT® 70546).
    - CTA Head is performed without and with contrast (CPT® 70496).
    - MRA Neck may be done either without contrast (CPT® 70547), with contrast (CPT® 70548), or without and with contrast (CPT® 70549), depending on facility preference and protocols and type of scanner.
    - CTA Neck is done with and without contrast (CPT® 70496)
- Indications for CTA and MRA Head and Neck vessels include, but are not limited to the following:
    - MRA is the preferred study in children unless contraindicated:
        - Pulsatile tinnitus
        - Hemifacial spasm if consideration for surgical decompression
        - Evaluation of stroke or TIA (See **Pediatric Stroke Initial Imaging (PEDHD-12.2)**, **Pediatric Stroke Subsequent Imaging (PEDHD-12.3)**, **Moyamoya Disease (PEDHD-12.4)**, **Sickle Cell Disease (PEDHD-12.5)** and **CNS Vasculitis and Stroke (PEDHD-12.6)** including collateral assessment)
        - Follow up of known cerebral artery stenosis
        - Trigeminal neuralgia that has failed medical therapy
        - Cerebral sinus thrombosis suspected with increased intracranial pressure (refractory headaches, papilledema, diagnosis of pseudotumor cerebri)
        - Aneurysm suspected with acute "thunderclap" headache syndrome and appropriate screening or evaluation of known subarachnoid hemorrhage and pseudoaneurysms (may be appropriate to limit CTA to include only the head

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

to avoid unnecessary radiation to the individual) (See **Pediatric Intracranial Aneurysms (PEDHD-10.1)**)
        - Noninflammatory vasculopathy, including radiation vasculopathy (See **Long Term Pediatric Cancer Survivors (PEDONC-19)** in the Pediatric and Special Populations Oncology Imaging Guidelines)
        - Traumatic vascular injuries
        - Vascular malformations, vascular anatomic variants and fistulas (See **Pediatric Intracranial Arteriovenous Malformations (AVM) (PEDHD-10.2)**)
        - Arterial, including carotid dissections
        - Tumors of vascular origin or involving vascular structures
        - Surgical and radiation therapy localization, planning and neuronavigation
        - Evaluation for vascular intervention and follow-up including postsurgical/ posttreatment vascular complications
        - Intra-cranial pre-operative planning if there is concern of possible vascular involvement or risk for vascular complication from procedure
        - Vasculitis and collagen vascular disease (See **CNS Vasculitis and Stroke (PEDHD-12.6)**)
        - Sickle cell disease (See **Sickle Cell Disease (PEDHD-12.5)**)
        - Moyamoya disease (See **Moyamoya Disease (PEDHD-12.4)**)
    - MRA Head without contrast (CPT® 70544), MRA Head with contrast (CPT® 70545), **OR** MRA Head without and with contrast (CPT® 70546) **OR** CTA Head (CPT® 70496) for follow up of aneurysm clipping or coiling procedures (See **Intracranial Aneurysms (HD-12.1)** in the Head Imaging Guidelines)
    - CT and MR Venography (CTV and MRV) are reported with the same codes as the CTA/MRA counterpart (there is no specific code for CT/MR venography):
        - If arterial and venous CT or MR studies are both performed in the same session, only one CPT® code should be used to report both procedures
    - MRA without and with contrast with venous sinus thrombosis to differentiate total from subtotal occlusion
- NOTE: Evaluation of posterior circulation disease requires both neck and head MRA/ CTA to visualize the entire vertebral-basilar system.
- Ultrasound
    - Cranial ultrasound (CPT® 76506) is a non-invasive means of evaluating for intracranial abnormalities in infants with an open anterior fontanelle.
    - Transcranial Doppler ultrasonography has some utility in select populations of older children with known or suspected intracranial vascular disease.
- Nuclear Medicine
    - Nuclear medicine studies other than metabolic PET imaging on the pediatric brain or head are rarely performed in an elective outpatient setting, but the following studies are supported for the following indications:

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

        - Brain Scintigraphy with or without vascular flow (any one of CPT® codes: CPT® 78600, CPT® 78601, CPT® 78605, or CPT® 78606)
        - Radiopharmaceutical Localization Imaging SPECT (CPT® 78803)
            - Immunocompromised individuals with mass lesion detected on CT or MRI for differentiation between lymphoma and infection.
            - Radiopharmaceutical Localization Imaging SPECT (CPT® 78803) with vasodilating agent acetazolamide (Diamox) challenge when surgery or other vascular intervention is being considered (i.e. Moyamoya).
        - Brain Imaging Vascular Flow (CPT® 78610)
            - Cerebral ischemia.
            - Establish brain death (rarely done in outpatient setting).
        - CSF Leakage Detection (CPT® 78650)
            - Evaluation of CSF rhinorrhea or otorrhea, or refractory post-lumbar puncture headache.
        - Radiopharmaceutical Dacryocystography (CPT® 78660)
            - Suspected obstruction of nasolacrimal duct due to excessive tearing.
- 3D Rendering
    - CPT® 76377 (3D rendering requiring image post-processing on an independent workstation) or CPT® 76376 (3D rendering not requiring image post-processing on an independent workstation) can be considered in the following clinical scenarios:
        - Bony conditions:
            - Evaluation of congenital skull abnormalities in newborns, infants, and toddler (usually for preoperative planning)
            - Complex joint fractures or pelvis fractures
            - Spine fractures (usually for preoperative planning)
            - Complex facial fractures
        - Preoperative planning for other complex surgical cases
        - Cerebral angiography
    - 3D Rendering (CPT® 76377 or CPT® 76376) may be used for surgical planning and surgical follow up after craniotomy when ordered by surgical specialist.
    - 3D Rendering indications in pediatric head imaging are identical to those in the general imaging guidelines. See **3D Rendering (Preface-4.1)** in the Preface Imaging Guidelines
- The guidelines listed in this section for certain specific indications are not intended to be all-inclusive; clinical judgment remains paramount and variance from these guidelines may be appropriate and warranted for specific clinical situations.

Background and Supporting Information

- "The U.S. Food and Drug Administration (FDA) is warning that repeated or lengthy use of general anesthetic and sedation drugs during surgeries or procedures in

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

children younger than 3 years or in pregnant women during their third trimester may affect the development of children's brains. … Published studies in pregnant animals and young animals have shown the use of general anesthetic and sedation drugs for more than 3 hours caused widespread loss of nerve cells in the brain. …All the studies in children had limitations, and it is unclear whether any negative effects seen in children's learning or behavior were due to the drugs or to other factors, such as the underlying medical condition that led to the need for the surgery or procedure."[28]

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

General Guidelines-Other Imaging Situations (PEDHD-1.4)

HDP.GG.0001.4.A
v1.0.2025

- MRI Brain without contrast (CPT® 70551) or MRI Brain with and without contrast (CPT® 70553) can be performed for nausea and vomiting, persistent, unexplained and a negative GI evaluation
- Screening for metallic fragments before MRI should be done initially with Plain x-ray.
  - The use of CT Orbital to rule out orbital metallic fragments prior to MRI is rarely necessary
  - Plain x-rays are generally sufficient; x-ray detects fragments of 0.12 mm or more, and CT detects those of 0.07 mm or more
  - Plain x-ray is generally sufficient to screen for aneurysm clips
- CPT® 76377 (3D rendering requiring image post-processing on an independent workstation) or CPT® 76376 (3D) can be considered when performed in conjunction with conventional angiography (i.e.: conventional 4 vessel cerebral angiography).
- MRI Brain with and without contrast (CPT® 70553) is appropriate in consideration of neurosarcoidosis
- CT or MRI Perfusion (See **CT or MRI Perfusion (HD-24.5)** in the Head Imaging Guidelines)
  - Performed as part of a CT Head or MRI Brain examination in the evaluation of individuals with very new strokes or brain tumors.
  - Category III 0042T - “cerebral perfusion analysis using CT”. The study is generally limited to evaluation of acute stroke (<24 hours), to help identify individuals with stroke-like symptoms most likely to benefit from thrombolysis or thrombectomy, to assist in planning and evaluating the effectiveness of therapy for cervical or intracranial arterial occlusive disease and/or chronic cerebral ischemia, identifying cerebral hyperperfusion syndrome following revascularization and following aneurysmal subarachnoid hemorrhage. Other indications are usually regarded as not medically necessary. (See **Moyamoya Disease (PEDHD-12.4)**)
  - There is no specific CPT® code for MRI Perfusion. Perfusion weighted images are not coded separately from a MRI Brain examination. If MRI Brain is planned, no additional CPT® codes are necessary or appropriate to perform MRI perfusion.
- MRI Perfusion may be obtained with MRI Brain (CPT® 70551 **OR** CPT® 70552 **OR** CPT® 70553), no additional CPT® codes are necessary or appropriate to perform MRI perfusion.[31]

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (HDP-1)

v1.0.2025

1. Siegel MJ. Brain. In: Pediatric sonography. 5th ed. Philadelphia, Wolters Kluwer. 2018. 40-111
2. Prabhu SP, Young-Poussaint T. Pediatric central nervous system emergencies. *Neuroimaging Clin N Am*. 2010;20(4):663-683. doi:10.1016/j.nic.2010.07.008
3. Patra KP, Lancaster JD, Hogg J, et al. Pediatric MRI of the Brain: a primer. *Pediatr Rev*. 2014 Mar; 35 (3):106-113
4. Reighard C, Junaid S, Jackson WM, et al. Anesthetic Exposure During Childhood and Neurodevelopmental Outcomes. *JAMA Netw Open*. 2022;5(6):e2217427. doi:10.1001/jamanetworkopen.2022.174
5. Nakagawa TA, Ashwal S, Mathur M, Mysore M. the Committee for Determination of. Guidelines for the determination of brain death in infants and children: An Update of the 1987 Task Force Recommendations-Executive Summary. *Annals of Neurology*. 2012;71(4):573-585. doi:10.1002/ana.23552
6. Donohoe KJ, Agrawal G, Frey KA, et al. SNMPractice Guideline for Brain Death Scintigraphy 2.0 *Journal of Nuclear Medicine Technology*. 2012;40(3):198-203. doi:10.2967/jnmt.112.105130
7. MacDonald A, and Burrell S. Infrequently performed studies in nuclear medicine: Part 2. *J Nucl Med Technol*. 2009 Mar; 37: 1-13
8. Fraum TJ, Ludwig DR, Bashir MR, et al. Gadolinium-based contrast agents: a comprehensive risk assessment. *J Magn Reson Imaging*. 2017; 46:338–353
9. FDA Drug Safety Communication: FDA warns that gadolinium-based contrast agents (GBCAs) are retained in the body; requires new class warnings. 5-16-2018 Update https://www.fda.gov/drugs/drug-safety-and-availability/fda-drug-safety-communication-fda-warns-g adolinium-based-contrast-agents-gbcas-are-retained-body
10. AIUM Practice Parameter for the Performance of Neurosonography in Neonates and Infants.*J Ultrasound Med*. 2020;39(5):E57-E61. doi:10.1002/jum.15264
11. Sodhi K, Gupta P, Saxena A, Khandelwal N, Singhi P. Neonatal cranial sonography: A concise review for clinicians. *Journal of Pediatric Neurosciences*. 2016;11(1):7. doi:10.4103/1817-1745.181261
12. Gupta P, Sodhi KS, Saxena AK, Khandelwal N, Singhi P. Neonatal cranial sonography: A concise review for clinicians[AGM1].*J Pediatr Neurosci*. 2016;11(1):7-13. doi:10.4103/1817-1745.181261
13. ACR-ASNR-SPR Practice Parameter for the Performance of Computed Tomography (CT) of the Extracranial Head and Neck Revised 2021. (Resolution 5). https://www.acr.org/-/media/ACR/Files/Practice-Parameters/CT-Head-Neck
14. Stern BJ, Royal W, Gelfand JM, et al. Definition and Consensus Diagnostic Criteria for Neurosarcoidosis. *JAMA Neurology*. 2018;75(12):1546. doi:10.1001/jamaneurol.2018.2295
15. Shosha E, Dubey D, Palace J, et al. Area postrema syndrome. *Neurology*. 2018;91(17). doi:10.1212/wnl.0000000000006392
16. Hornby PJ. Central neurocircuitry associated with emesis. *The American Journal of Medicine*. 2001;111(8):106-112. doi:10.1016/s0002-9343(01)00849-x
17. ACR-ASNR- SPR Practice Parameters for the performance of Computed Tomography (CT) perfusion in neuroradiologic imaging. Revised 2017. (Resolution 18). https://www.acr.org/-/media/ACR/Files/Practice-Parameters/CT-Perfusion.pdf
18. Blumfield E, Swenson DW, Iyer RS, Stanescu AL. Gadolinium-based contrast agents — review of recent literature on magnetic resonance imaging signal intensity changes and tissue deposits, with emphasis on pediatric patients. *Pediatric Radiology*. 2019;49(4):448-457. doi:10.1007/s00247-018-4304-8
19. ACR ASNR SPR Practice Parameter for the Performance and Interpretation of Cervicocerebral Computed Tomography Angiography (CTA) Revised 2020. https://www.acr.org/-/media/ACR/Files/Practice-Parameters/CervicoCerebralCTA.pdf?la=en
20. ACR ASNR SPR Practice Parameter for the Performance and Interpretation of Magnetic Resonance Imaging (MRI) of the Brain. Revised 2019. https://www.acr.org/-/media/ACR/Files/Practice-Parameters/MR-Brain.pdf
21. ACR-ASNR-SNIS-SPR Practice Parameter for the Performance of Cervicocerebral Magnetic Resonance Angiography (MRA) Revised 2020 https://www.acr.org/-/media/ACR/Files/Practice-Parameters/cervicocerebralmra.pdf?la=en

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

22. Drug Safety Communication: FDA review results in new warnings about using general anesthetics and sedation drugs in young children and pregnant women. 12/14/2016. https://www.fda.gov/drugs/drug-safety-and-availability/fda-drug-safety-communication-fda-review-results-new-warnings-about-using-general-anesthetics-and?source=govdelivery&utm_medium=email&utm_source=govdelivery
23. Drug Safety Communication: FDA approves label changes for use of general anesthetic and sedation drugs in young children. 4-27-2017 Update. https://www.fda.gov/drugs/drug-safety-and-availability/fda-drug-safety-communication-fda-approves-label-changes-use-general-anesthetic-and-sedation-drugs
24. Response to the FDA Med Watch December 16, 2016. American Academy of Pediatrics. https://www.aap.org/en-us/_layouts/15/WopiFrame.aspx?sourcedoc=/en-us/Documents/Response_FDA_12-16_Statement.docx&action=default
25. Artunduaga M, Liu CA, Morin CE, et al. Safety challenges related to the use of sedation and general anesthesia in pediatric patients undergoing magnetic resonance imaging examinations. *Pediatr Radiol*. 2021;51(5):724-735. doi:10.1007/s00247-021-05044-5
26. ACR–AIUM–SPR–SRU PRACTICE PARAMETER FOR THE PERFORMANCE OF NEUROSONOGRAPHY IN NEONATES AND INFANTS. Revised 2019. https://www.acr.org/-/media/ACR/Files/Practice-Parameters/Neurosonog.pdf
27. ACR–ASNR–SPR PRACTICE PARAMETER FOR THE PERFORMANCE OF COMPUTED TOMOGRAPHY (CT) OF THE HEAD. Revised 2019. https://www.acr.org/-/media/ACR/Files/Practice-Parameters/CT-Head.pdf
28. History and Physicals - Understanding the Requirements at https://www.jointcommission.org/standards/standard-faqs/critical-access-hospital/medical-staff-ms/000002272/?p=1
29. Aylward SC, Reem RE. Pediatric Intracranial Hypertension. *Pediatr Neurol*. 2017 Jan;66:32-43. doi: 10.1016/j.pediatrneurol.2016.08.010
30. Implementation Guide: Medicaid State Plan Eligibility Eligibility Groups Mandatory Coverage Infants and Children under Age 19 Guidance Portal. https://www.hhs.gov/guidance/document/implementation-guide-medicaid-state-plan-eligibility-eligibility-groups-aeu-mandatory-2
31. ACR–ASNR–SPR PRACTICE PARAMETER FOR THE PERFORMANCE OF INTRACRANIAL MAGNETIC RESONANCE PERFUSION IMAGING. Revised 2022 (Resolution 24). PRACTICE PARAMETER MR_Perfusion.https:// la=en.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Specialized Imaging Techniques (PEDHD-2)

Guideline

Magnetic Resonance Spectroscopy (MRS, CPT® 76390) (PEDHD-2.1)
Functional Magnetic Resonance Imaging (fMRI, CPT® 70554 and CPT® 70555) (PEDHD-2.2)
PET Brain Imaging (CPT® 78608) (PEDHD-2.3)
References (HDP-2)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Magnetic Resonance Spectroscopy (MRS, CPT® 76390) (PEDHD-2.1)

HDP.SI.0002.1.A

v1.0.2025

- Magnetic Resonance Spectroscopy involves the analysis of the levels of certain chemicals in pre-selected voxels (small regions) on an MRI scan done at the same time.
- Uses in pediatric neuro-oncology: See **Pediatric CNS Tumors (PEDONC-4)** in the Pediatric and Special Populations Oncology Imaging Guidelines.
- MRS is indicated in individuals with neonatal hypoxic ischemic encephalopathy to help estimate the age of the injury.
- Uses in Metabolic Disorders:
  - See **Neurometabolic and Neurogenetic Disorders (PEDHD-19.4)**
- MRS is considered not medically necessary for all other pediatric indications at this time.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Functional Magnetic Resonance Imaging (fMRI, CPT® 70554 and CPT® 70555) (PEDHD-2.2)

HDP.SI.0002.2.A

v1.0.2025

- MRI is indicated to define eloquent areas of the brain as part of preoperative planning for epilepsy surgery or removal of a mass lesion.
  - The documentation should be clear that brain surgery is planned.
  - Can be performed concurrently with MRI Brain (CPT® 70551 or CPT® 70553) and/or PET Brain Metabolic (CPT® 78608 or CPT® 78609).
- fMRI is considered not medically necessary for all other pediatric indications at this time.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

PET Brain Imaging (CPT® 78608) (PEDHD-2.3)

HDP.SI.0002.3.A

v1.0.2025

- Uses in pediatric neuro-oncology: See **Pediatric CNS Tumors (PEDONC-4)** in the Pediatric and Special Populations Oncology Imaging Guidelines.
- Metabolic (FDG) PET Brain is indicated to define active areas of the brain as part of preoperative planning for epilepsy surgery. The documentation should be clear that brain surgery is planned.
  - Can be appropriate concurrently with MRI Brain (CPT® 70551 or CPT® 70553) and/or fMRI (CPT® 70554 or CPT® 70555).
- Metabolic (FDG) PET Brain/MRI is generally not supported for neurologic conditions due to lack of standardization in imaging technique and interpretation. However, it can be appropriate in certain pediatric individuals when ALL of the following criteria are met:
  - The individual meets guideline criteria for Metabolic (FDG) PET/CT Brain AND
  - Metabolic (FDG) PET/CT Brain is not available at the treating institution AND
  - The provider requests Metabolic (FDG) PET Brain/MRI in lieu of Metabolic (FDG) PET/CT Brain
- Metabolic (FDG) PET Brain/MRI, when the above criteria are met, are reported using the code combination of Metabolic (FDG) PET Brain (CPT® 78608) and MRI Brain (CPT® 70551 or CPT® 70553). All other methods of reporting Metabolic (FDG) PET Brain/MRI are inappropriate
  - When clinically appropriate, diagnostic MRI codes can be appropriate at the same time as the Metabolic (FDG) PET Brain/MRI code combination.
- Metabolic (FDG) PET Brain is considered not medically necessary for all other pediatric indications at this time.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (HDP-2)

v1.0.2025

1. Hertz-Pannier L, Noulhaine M, Rodrigo S, et al. Pretherapeutic functional magnetic resonance imaging in children. *Neuroimag Clin N Am.* 2014 Nov; 24 (4): 639-653
2. Patra KP, Lancaster JD, Hogg J, et al. Pediatric MRI of the brain: a primer. *Pediatr Rev*. 2014 Mar; 35 (3):106-111
3. Schneider JF. MR Spectroscopy in children: protocols and pitfalls in non-tumorous brain pathology. *Pediatr Radiol.* 2016 Jun; 46 (7): 963-982
4. Expert Panel on Pediatric Imaging, Trofimova A, Milla SS, et al. ACR Appropriateness Criteria® Seizures-Child. *J Am Coll Radiol*. 2021;18(5S):S199-S211. doi:10.1016/j.jacr.2021.02.020
5. Ramey WL, Martirosyan NL, Lieu CM, et al. Current management and surgical outcomes of medically intractable epilepsy. *Clin Neurol Neurosurg.* 2013 Dec; 115 (12): 2411-2418
6. Ghei SK, Zan E, Nathan JE, et al. MR Imaging of Hypoxic-Ischemic Injury in Term Neonates: Pearls and Pitfalls. *RadioGraphics*. 2014;34(4):1047-1061. doi:10.1148/rg.344130080
7. Schwartz ES, Barkovich AJ. Brain and spine injuries in infancy and childhood. In: Barkovich AJ, Raybaud C, eds. Pediatric Neuroimaging, 6th ed. Philadelphia PA. Wolters Kluwer. 2019; 263-404
8. Boerwinkle VL, Cediel EG, Mirea L, et al. Network-targeted approach and postoperative resting-state functional magnetic resonance imaging are associated with seizure outcome. *Annals of Neurology*. 2019;86(3):344-356. doi:10.1002/ana.25547
9. Yahyavi-Firouz-Abadi N, Pillai J, Lindquist M, et al. Presurgical Brain Mapping of the Ventral Somatomotor Network in Patients with Brain Tumors Using Resting-State fMRI. *American Journal of Neuroradiology*. 2017;38(5):1006-1012. doi:10.3174/ajnr.a5132
10. Szaflarski JP, Gloss D, Binder JR, et al. Practice guideline summary: Use of fMRI in the presurgical evaluation of patients with epilepsy. *Neurology*. 2017;88(4):395-402. doi:10.1212/wnl.0000000000003532

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Pediatric Headache (PEDHD-3)

Guideline

Pediatric Headache (PEDHD-3.1)
References (HDP-3)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Pediatric Headache (PEDHD-3.1)

HDP.PH.0003.1.A

v1.0.2025

- A pertinent clinical evaluation including a detailed history, physical examination with a thorough neurologic examination, since the onset or change in signs and/or symptoms, and appropriate laboratory studies should be performed prior to considering advanced imaging.
- Advanced imaging is not indicated for pediatric individuals with headache in the absence of supported indications.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Indications	Supported Imaging
◦ Age ≤5 years ◦ Focal neurological complaints including acute hypertension or altered mental status ◦ Clumsiness (common description of gait or coordination problems in young children) ◦ Headaches awakening from sleep or always present in the morning ◦ Headaches associated with morning nausea/vomiting ◦ Seizures ◦ Progressive worsening in headache frequency and severity without period of temporary improvement ◦ Systemic symptoms such as persistent fever, weight loss, rash, or joint pain ◦ Immunocompromised individual ◦ Known history of cancer of any type ◦ Known autoimmune or rheumatologic disease ◦ Known genetic disorder with predisposition to intracranial mass lesions ◦ History of stable chronic headaches with recent significant change in frequency or severity ◦ Neurological signs and/or symptoms, including headache, after COVID-19 infection ◦ If a recent Head CT is inconclusive	◦ MRI Brain without contrast (CPT® 70551) **OR** ◦ MRI Brain without and with contrast (CPT® 70553)
◦ Abnormality identified on MRI Brain without contrast (CPT® 70551) performed less than 2 weeks prior to request	◦ MRI Brain with contrast (CPT® 70552)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Indications	Supported Imaging
◦ Abnormality identified on MRI Brain without contrast (CPT® 70551) performed greater than 2 weeks prior to request	◦ MRI Brain without and with contrast (CPT® 70553)
◦ Headache precipitated by coughing, sneezing, physical exertion or Valsalva[11] ◦ Thunderclap headache[11] ◦ Individual with hypercoagulable state or bleeding disorder[11]	◦ MRI Brain without contrast (CPT® 70551) **OR** ◦ MRI Brain without and with contrast (CPT® 70553) **AND/OR** ◦ MRA Head (CPT® 70544, CPT® 70545, or CPT® 70546) **OR** ◦ CTA Head (CPT® 70496)
◦ Papilledema on physical exam[11] ◦ Focal signs and/or symptoms of bruit, dissection, vertebrobasilar insufficiency and/or positional changes[9,11]	◦ MRI Brain without contrast (CPT® 70551) **OR** ◦ MRI Brain without and with contrast (CPT® 70553) **AND/OR** ◦ MRA Head (CPT® 70544, CPT® 70545, or CPT® 70546) **OR** ◦ CTA Head (CPT® 70496) **OR** ◦ MRV Head (CPT® 70544, CPT® 70545, or CPT® 70546) For requests of MRA OR CTA AND MRV: See **Pediatric Head Imaging Modality General Considerations (PEDHD-1.3)**

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Indications	Supported Imaging
◦ Urgent/Emergent settings ◦ Sudden severe headache including thunderclap headache ◦ Acute setting of suspected intracranial infection prior to lumbar puncture (CT Head with contrast CPT® 70460 if intracranial spread of disease is suspected to detect suppurative fluid collections) (See **General Guidelines-Other Imaging Situations (PEDHD-1.4)**) ◦ To exclude new hemorrhage, significant mass effect, or hydrocephalus in cases including rapid clinical deterioration ◦ Recent head trauma ◦ Suspected skull or other bony involvement ◦ If MRI is contraindicated ◦ Ventriculoperitoneal shunt with suspected shunt malfunction. See **Macrocephaly, Microcephaly, and Hydrocephalus (PEDHD-7)** for additional imaging	◦ CT Head without contrast (CPT® 70450)

- If concern for CNS infection – See **CNS Infection (PEDHD-29)**
- CT Head poorly visualizes the posterior fossa in children and is generally insufficient to evaluate pediatric headaches in the absence of supported indications. CT is not supported in lieu of MRI solely to avoid sedation.

Background and Supporting Information

Headache is a very common complaint in school aged children and adolescents. Many of these children have a family history of one of the primary headache disorders, such as migraine or tension headache.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

References (HDP-3)

v1.0.2025

1. Expert Panel on Pediatric Imaging:, Hayes LL, Palasis S, et al. ACR Appropriateness Criteria® Headache-Child. *J Am Coll Radiol*. 2018;15(5S):S78-S90. doi:10.1016/j.jacr.2018.03.017
2. Expert Panel on Pediatric Imaging, Ryan ME, Pruthi S, et al. ACR Appropriateness Criteria® Head Trauma-Child. *J Am Coll Radiol*. 2020;17(5S):S125-S137. doi:10.1016/j.jacr.2020.01.026
3. De Vries A, Young PC, Wall E, et al. CT scan utilization patterns in pediatric patients with recurrent headache. *Pediatrics*. 2013;132(1);e1-e8. doi:10.1542/peds.digest1321
4. Trofimova A, Vey BL, Mullins ME, Wolf DS, Kadom N. Imaging of Children With Nontraumatic Headaches. *AJR Am J Roentgenol.* 2018;*210*(1):8-17. doi:10.2214/AJR.17.18561
5. Dao JM, Qubty W. Headache Diagnosis in Children and Adolescents. *Curr Pain Headache Rep*. 2018;22(3). doi:10.1007/s11916-018-0675-7
6. Bear JJ, Gelfand AA, Goadsby PJ, Bass N. Occipital headaches and neuroimaging in children. *Neurology*. 2017;89(5):469-474. doi:10.1212/WNL.0000000000004186
7. Loder E, Weizenbaum E, Frishberg B, Silberstein S. Choosing Wisely in Headache Medicine: The American Headache Society's List of Five Things Physicians and Patients Should Question. *Headache.* 2013;53(10):1651-1659. doi:10.1111/head.12233
8. Gofshteyn JS, Stephenson DJ. Diagnosis and Management of Childhood Headache. *Curr Probl in Pediatr and Adolesc Health Care*. 2016;46(2):36-51. doi:10.1016/j.cppeds.2015.11.003
9. Dalvi N, Sivaswamy L. Life-Threatening Headaches in Children: Clinical Approach and Therapeutic Options. *Pediatric Annals*. 2018;47(2). doi:10.3928/19382359-20180129-04
10. Klein J, Koch T. Headache in Children. *Pediatr Rev*. 2020;41(4):159-171. doi:10.1542/pir.2017-0012.
11. Sarma A, Poussaint TY. Indications and Imaging Modality of Choice in Pediatric Headache. *Neuroimaging Clin N Am*. 2019;29(2):271-289. doi:10.1016/j.nic.2019.01.007
12. Kadom N. Imaging of Headaches: Appropriateness and Differential Diagnosis. *Pediatr Ann*. 2020;49(9):e389-e394. doi:10.3928/19382359-20200819-01

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Pediatric Head and Face Trauma (PEDHD-4)

Guideline

Head Trauma (PEDHD-4.1)
Facial Trauma (PEDHD-4.2)
References (HDP-4)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Head Trauma (PEDHD-4.1)

HDP.PS.0004.1.A
v1.0.2025

- In individuals with recent head trauma, a history focused on the incident and careful examination of the head, neck, and neurological function should be performed since the onset or change in signs and/or symptoms prior to considering advanced imaging.
- Advanced imaging is indicated for children with head trauma with ANY of the following red flags:
  - Loss of consciousness
  - Altered mental status or abnormal behavior
  - Known or suspected skull fracture
  - Glasgow Coma Score <15
  - Age younger than 2 years
  - Vomiting
  - Severe mechanism of injury[10]
    - Including, but not limited to:
      - Motor vehicle crash with patient ejection
      - Motor vehicle crash with death of another passenger
      - Motor vehicle crash with rollover
      - Pedestrian or bicyclist without helmet struck by a motorized vehicle
      - Head struck by a high-impact object
      - Falls of more than 1.5 m (5 feet) for children aged 2 years and older and more than 0.9 m (3 feet) for those younger than 2 years
  - Severe or worsening headache
  - Amnesia
  - Nonfrontal scalp hematoma
- CT Head without contrast (CPT® 70450) is the primary advanced imaging study in individuals with acute head trauma.
  - CT Maxillofacial without contrast (CPT® 70486), CT Orbits/Temporal Bone without contrast (CPT® 70480), **OR** CT Cervical Spine without contrast (CPT® 72125) is indicated if there has been associated injury to those structures.
- MRI Brain without contrast (CPT® 70551) **OR** MRI Brain without and with contrast (CPT® 70553) is indicated for the following:
  - Children with an abnormal neurological exam that is not explained by the CT findings.
  - Subacute (8 days to one month after initial traumatic event) or chronic blunt head trauma with new or worsening neurological signs or cognitive symptoms

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

  - Children suspected of being the victims of physical abuse. See **Suspected Physical Child Abuse (PEDMS-7)** in the Pediatric Musculoskeletal Imaging Guidelines.
- Following a head injury, a repeat CT Head without contrast (CPT® 70450) **OR** MRI Brain without contrast (CPT® 70551) is indicated if the child develops fixed or fluctuating diminished mental acuity or alertness, or new abnormalities on neurological examination.
- Follow-up of known or treated parenchymal subdural or epidural hematoma may require frequent repeat neuroimaging during the initial 8 weeks following injury with:
  - MRI Brain without contrast (CPT® 70551) **OR**
  - MRI Brain without and with contrast (CPT® 70553) **OR**
  - CT Head without contrast (CPT® 70450)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Facial Trauma (PEDHD-4.2)

HDP.PS.0004.2.A

v1.0.2025

- CT Maxillofacial without contrast (CPT® 70486) is the preferred imaging study in facial trauma.

Coding of Facial Imaging

- Both CT Orbital/Facial/Temporal Bone without contrast (CPT® 70480) and CT Maxillofacial (CPT® 70486) cover the structures of the orbits, sinuses, and face. Unless there is a grounded suspicion of simultaneous involvement of more posterior lesions, especially of the region involving the middle or inner ear, one of these studies only should be sufficient.
- CT Maxillofacial without contrast (CPT® 70486) is the usual study (except in obvious orbital or temporal bone trauma), but either study is appropriate.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

References (HDP-4)

v1.0.2025

1. Expert Panel on Pediatric Imaging, Ryan ME, Pruthi S, et al. ACR Appropriateness Criteria® Head Trauma-Child. *J Am Coll Radiol*. 2020;17(5S):S125-S137. doi:10.1016/j.jacr.2020.01.026
2. Osmond MH, Klassen TP, Wells GA, et al. CATCH: a clinical decision rule for the use of computed tomography in children with minor head injury. *CMAJ.* 2010 Mar 9; 182 (4): 341-348. doi:10.1503/cmaj.091421
3. Nigrovic LE, Stack AM, Mannix RC, et al. Quality improvement effort to reduce Cranial CTs for children with minor blunt head trauma. *Pediatrics.* 2015; 136 (1): e227-e233
4. Homme J(JL. Pediatric Minor Head Injury 2.0. *Emergency Medicine Clinics of North America*. 2018;36(2):287-304. doi.10.1542/peds.2014-3588
5. Lumba-Brown A, Yeates KO, Sarmiento K, et al. Centers for Disease Control and Prevention Guideline on the Diagnosis and Management of Mild Traumatic Brain Injury Among Children. *JAMA Pediatr*. 2018;172(11):e182853. doi:10.1001/jamapediatrics.2018.2853
6. Babl FE, Borland ML, Phillips N, et al. Accuracy of PECARN, CATCH, and CHALICE head injury decision rules in children: a prospective cohort study. *Lancet*. 2017;389(10087):2393-2402.doi:1016/S0140-6763(17)30555-X
7. O'Brien WT, Caré MM, Leach JL. Pediatric Emergencies: Imaging of Pediatric Head Trauma. *Semin Ultrasound CT MR*. 2018;39(5):495-514. doi:10.1053/j.sult.2018.01.007
8. Schachar JL, Zampolin RL, Miller TS, Farinhas JM, Freeman K, Taragin BH. External validation of the New Orleans Criteria (NOC), the Canadian CT Head Rule (CCHR) and the National Emergency X-Radiography Utilization Study II (NEXUS II) for CT scanning in pediatric patients with minor head injury in a non-trauma center. *Pediatr Radiol*. 2011;41(8):971-979. doi:10.1007/s00247-011-2032-4
9. Taylor CA, Bell JM, Breiding MJ, Xu L. Traumatic Brain Injury–Related Emergency Department Visits, Hospitalizations, and Deaths — United States, 2007 and 2013. *MMWR Surveill Summ*. 2017;66(9):1-16. doi:10.15585/mmwr.ss6609a1
10. Kuppermann N, Holmes JF, Dayan PS, et al. Identification of children at very low risk of clinically-important brain injuries after head trauma: a prospective cohort study. *Lancet*. 2009;374(9696):1160-1170. doi:10.1016/s0140-6736(09)61558-0
11. Easter JS, Bakes K, Dhaliwal J, Miller M, Caruso E, Haukoos JS. Comparison of PECARN, CATCH, and CHALICE Rules for Children With Minor Head Injury: A Prospective Cohort Study. *Ann Emerg Med*. 2014;64(2). doi:10.1016/j.annemergmed.2014.01.030
12. Harmon KG, Clugston JR, Dec K, et al. American Medical Society for Sports Medicine position statement on concussion in sport. *Br J of Sports Med*. 2019;53(4):213-225. doi:10.1136/bjsports-2018-100338.
13. ACR-ASNR-SPR Practice Parameter for the Performance of Computed Tomography (CT) of the Extracranial Head and Neck Revised 2021. (Resolution 5). https://www.acr.org/-/media/ACR/Files/Practice-Parameters/CT-Head-Neck
14. Gelineau-Morel RN, Zinkus TP, Le Pichon JB. Pediatric Head Trauma: A Review and Update. *Pediatr Rev*. 2019;40(9):468-481. doi:10.1542/pir.2018-0257

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Sinusitis and Allergic Rhinitis (PEDHD-5)

Guideline

Sinus And Facial Imaging General Considerations (PEDHD-5.1)
Imaging Indications in Sinusitis (PEDHD-5.2)
Stereotactic CT Localization (CPT® 77011) (PEDHD-5.3)
Requests for both Head and Sinus Imaging (PEDHD-5.4)
Allergic Rhinitis (PEDHD-5.5)
Other Indications for Sinus Imaging (PEDHD-5.6)
References (HDP-5)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Sinus And Facial Imaging General Considerations (PEDHD-5.1)

HDP.AR.0005.1.A

v1.0.2025

- Acute sinusitis is a clinical diagnosis, and imaging is not indicated to establish a diagnosis. Acute bacterial sinusitis can be presumptively diagnosed in a child with acute upper respiratory infection (URI) symptoms and any of the following:
  - Persistent symptoms lasting >10 days without improvement.
  - Worsening symptoms after initial period of improvement.
  - Severe symptoms including purulent nasal discharge and fever >102.2°F for at least 3 consecutive days.
  - Presumed bacterial infections should be treated empirically with appropriate antibiotics.
  - Imaging of any kind cannot distinguish bacterial from viral sinusitis.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Imaging Indications in Sinusitis (PEDHD-5.2)

HDP.AR.0005.2.A

v1.0.2025

- Mild mucosal thickening in the paranasal sinuses or mastoids is an extremely common incidental finding noted on head imaging studies done for other indications. If there are no other abnormalities of facial structures noted, this finding is not an indication for advanced imaging of the sinuses or temporal bone.
- CT Maxillofacial without contrast (CPT® 70486) is indicated if ANY of the following is present:
  - No improvement after 10 days of appropriate antibiotic treatment (generally this will be amoxicillin/clavulanate, amoxicillin, cefdinir, cefuroxime, cefpodoxime, or ceftriaxone)
  - Recurrence of a treated infection within 8 weeks of effective treatment
  - Chronic sinusitis (persistent residual URI symptoms, including nasal obstruction, facial pressure/pain or cough[10] for >90 days)
  - Known or suspected fungal sinusitis
    - MRI Orbit/Face/Neck without and with contrast (CPT® 70543) is appropriate if requested instead of CT Maxillofacial
  - Preoperative evaluation to assess surgical candidacy
- CT Maxillofacial with contrast (CPT® 70487) can be performed if ANY of the following is present:
  - Orbital or facial cellulitis
  - Proptosis.
  - Abnormal visual examination
  - Ophthalmoplegia
  - Immunocompromised individual
  - Fungal or vascular lesions visualized in nasal cavity
- CT Head with contrast (CPT® 70460) **OR** MRI Brain without and with contrast (CPT® 70553) **OR** MRI Orbit/Face/Neck with and without contrast (CPT® 70543) is indicated if ANY of the following are present:
  - Focal neurologic findings
  - Altered mental status
  - Seizures
  - Concern for orbital complications
  - Concern for invasive fungal sinusitis

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

  - MRA Head (CPT® 70544, CPT® 70545, or CPT® 70546) **OR** CTA Head (CPT® 70496) is appropriate with these findings as well if there is clinical concern for associated vascular complications including but not limited to mycotic aneurysm or venous sinus thrombosis.
- Repeat sinus imaging is generally not indicated for individuals who have responded satisfactorily to treatment, but is appropriate with clear documentation of the need for updated CT results to direct acute patient care decisions.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Stereotactic CT Localization (CPT® 77011) (PEDHD-5.3)

HDP.AR.0005.3.A

v1.0.2025

- Stereotactic CT localization is frequently obtained prior to sinus surgery. The dataset is then loaded into the navigational workstation in the operating room for use during the surgical procedure. The information provides exact positioning of surgical instruments with regard to the individual's 3D CT images. In most cases, the preoperative CT is a technical-only service that does not require interpretation by a radiologist.
- For treatment planning for sinus surgery CPT® 77011: A stereotactic CT localization scan is frequently obtained prior to sinus surgery. The dataset is then loaded into the navigational workstation in the operating room for use during the surgical procedure. The imaging facility should report CPT® 77011 when performing a scan not requiring interpretation by a radiologist.
- If a diagnostic scan is performed and interpreted by a radiologist, the appropriate diagnostic CT code (e.g. CPT® 70486) should be used.
- It is not appropriate to report both CPT® 70486 and CPT® 77011 for the same CT stereotactic localization imaging session.
- 3D Rendering (CPT® 76376 or CPT® 76377) should not be reported in conjunction with CPT® 77011 (or CPT® 70486 if used). The procedure inherently generates a 3D dataset.
- Such operative studies are indicated when ordered by the operating surgeon for this purpose.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Requests for both Head and Sinus Imaging (PEDHD-5.4)

HDP.AR.0005.4.A
v1.0.2025

- CT Head does not visualize all of the sinuses.
- MRI Brain provides excellent visualization of the sinuses sufficient to recognize sinusitis, and addition of sinus CT for this purpose is unnecessary.
- In individuals being evaluated for potential sinus surgery, separate CT Sinus is often appropriate even after a MRI Brain in order to visualize obstructions to spontaneous mucus flow. See **Stereotactic CT Localization (CPT® 77011) (PEDHD-5.3)**.
- Separate head imaging is not generally indicated in individuals with a normal neurological examination who have headaches associated with sinus symptoms.
- CT or MRI Sinus is not indicated for the evaluation of headaches or neurological complaints without a more specific indication pointing to a sinus etiology

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Allergic Rhinitis (PEDHD-5.5)

HDP.AR.0005.5.A

v1.0.2025

- Advanced imaging is not indicated for diagnosis or management of individuals with uncomplicated allergic rhinitis.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Other Indications for Sinus Imaging (PEDHD-5.6)

HDP.AR.0005.6.A
v1.0.2025

- See **Facial Trauma (PEDHD-4.2)** for imaging guidelines in trauma.
- CT Maxillofacial without contrast (CPT® 70486) - Congenital anomalies of facial structures.
- Cleft lip and palate can be associated with brain malformations and abnormal brain development.
  - MRI Brain (CPT® 70551) is appropriate in cases of cleft lip and/or palate.
  - MRI Orbits/Face/Neck without contrast (CPT® 70540) or MRI Orbits/Face/Neck with and without contrast (CPT® 70543)[8] is appropriate if requested by surgeon or any provider in consultation with the surgeon. See **Facial Anomalies (PEDHD-8.2)**
- 3D CT reconstructed images (CPT® 76377) **OR** CPT® 76376) in conjunction with routine CT should be an integral part of the examination in evaluating craniofacial abnormalities.
- CT Maxillofacial without and with contrast (CPT® 70488) **OR** MRI Orbits/Face/Neck without and with contrast (CPT® 70543) - Tumors or other disorders of facial structures.
- Obstructive sleep apnea See **Pediatric Sleep Disorders (PEDHD-24.1)** for imaging guidelines.
- See **Sinus and Facial Imaging (HD-29)** for conditions not addressed in **Sinus and Facial Imaging (PEDHD-5)**

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (HDP-5)

v1.0.2025

1. Wald ER, Applegate KE, Bordley C, et al. Clinical Practice Guideline for the Diagnosis and Management of Acute Bacterial Sinusitis in Children Aged 1 to 18 Years. *PEDIATRICS*. 2013;132(1):e262-e280. doi:10.1542/peds.2013-1071
2. Expert Panel on Pediatric Imaging:, Tekes A, Palasis S, et al. ACR Appropriateness Criteria® Sinusitis-Child. *J Am Coll Radiol.* 2018;15(11S):S403-S412. doi:10.1016/j.jacr.2018.09.029
3. Magit A. Pediatric Rhinosinusitis. *Otolaryngol Clin of North Am*. 2014;47(5):733-746. doi:10.1016/j.otc.2014.06.003
4. Siedman MD, Gurgel RK, Lin SY, et al. Clinical Practice Guideline.allergic rhinitis executive summary *Otolaryngol Head Neck Surg*. 2015;152(2):197-206. doi:10.1177/0194599814562166
5. AAP Releases Guideline on Diagnosis and Management of Acute Bacterial Sinusitis in Children One to 18 Years of Age. *Am Fam Physician*. 2014 Apr 15;89:676-681
6. ACR-ASNR-SPR Practice Parameter for the Performance of Computed Tomography (CT) of the Extracranial Head and Neck Revised 2021. (Resolution 5). https://www.acr.org/-/media/ACR/Files/Practice-Parameters/CT-Head-Neck
7. Gallagher ER, Collett BR. Neurodevelopmental and Academic Outcomes in Children With Orofacial Clefts: A Systematic Review. *Pediatrics*. 2019;144(1):e20184027. doi:10.1542/peds.2018-4027
8. Ornoy, A. Craniofacial malformations and their association with brain development: the importance of a multidisciplinary approach for treatment. *Odontology*. 2019;108(1):1-15. doi:10.1007/s10266-019-00433-7
9. Kucukguven A, Calis M, Topaloglu H, Ozgur F. Assessment of Neurologic Disorders and Rare Intracranial Anomalies Associated With Cleft Lip and Palate. *J of Craniofac Surg*. 2018;29(8):2195-2197. doi:10.1097/scs.0000000000004848
10. Brietzke SE, Shin JJ, Choi S, et al. Clinical consensus statement: pediatric chronic rhinosinusitis.*Otolaryngol Head Neck Surg*. 2014;151(4):542-553. doi:10.1177/0194599814549302

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Epilepsy and Other Seizure Disorders (PEDHD-6)

Guideline

Epilepsy and Other Seizure Disorders (PEDHD-6.0)
Initial Imaging of Non-Febrile Seizures (PEDHD-6.1)
Repeat imaging indications (PEDHD-6.2)
Special Imaging Studies in Evaluation for Epilepsy Surgery (PEDHD-6.3)
Febrile Seizures (PEDHD-6.4)
References (HDP-6)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Epilepsy and Other Seizure Disorders (PEDHD-6.0)

HDP.EP.0006.0.A

v1.0.2025

- A pertinent evaluation including a detailed history, physical examination with a thorough neurologic examination, since the onset or change in signs and/or symptoms, and appropriate laboratory studies should be performed prior to considering the use of an advanced imaging (CT, MRI, Nuclear Medicine) procedure. An exception can be made if the individual is undergoing guideline-supported, scheduled follow-up imaging evaluation or request is from or in consultation with a neurologist or neurosurgeon who has seen the individual since onset of symptoms. This clinical evaluation should also include family history and (whenever possible) the accounts of eyewitnesses to the event(s).

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Initial Imaging of Non-Febrile Seizures (PEDHD-6.1)

HDP.EP.0006.1.A

v1.0.2025

- MRI Brain without contrast (CPT® 70551) **OR** MRI Brain without and with contrast (CPT® 70553) is indicated for the following:
  - First-time seizure in child that has no known cause and is not associated with fever
  - Partial seizures
  - New onset primary generalized epilepsy (e.g., absence epilepsy or juvenile myoclonic epilepsy)[1] in those who are neurologically abnormal (e.g. developmental delay)
  - Focal neurologic deficits
  - Inconclusive findings on recent cranial ultrasound or CT Head
    - If individual meets criteria for MRI imaging for initial imaging of non-febrile seizure, MRI is appropriate even with a recent negative CT.
  - MRI Brain with and without contrast (CPT® 70553) is appropriate if there are history or examination findings concerning for a mass lesion or demyelinating disease.
- CT Head without contrast (CPT® 70450) is indicated for the following:
  - First-time seizure in child associated with recent head trauma, barrier to obtaining a neuroimaging study in a timely manner and should not preclude MRI imaging when requested. (Late post traumatic seizures may be better evaluated by MRI Brain without contrast (CPT® 70551) See **Head Trauma (PEDHD-4.1)**)
  - Individual cannot safely undergo MRI (avoidance of sedation is not an indication) or in urgent situations.
  - Identification of blood and calcifications
- Cranial ultrasound (CPT® 76506) for the following:
  - First-time seizure in child <30 days of age that has no known cause and is not associated with fever if the infant has an open fontanelle.
  - Cranial ultrasound is not required before MRI Brain without (CPT® 70551) for hypoxic ischemic encephalopathy (HIE) and congenital malformations.
- The following imaging tests do not generally add valuable information initially and are not indicated for the initial evaluation of seizures in children:
  - CTA Head or Neck
  - MRA Head or Neck
  - MRI Cervical, Thoracic, or Lumbar Spine

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Repeat imaging indications (PEDHD-6.2)

HDP.EP.0006.2.A
v1.0.2025

- Repeat MRI Brain without contrast (CPT® 70551) **OR** MRI Brain without and with contrast (CPT® 70553) is indicated for the following:
  - Need to perform MRI using Epilepsy Protocol (typically 3T magnet with thin section angled slices through hippocampus and temporal lobes, either without or without and with contrast)
  - New or worsening focal neurologic deficits
  - Refractory or drug resistant seizures (**See *Background and Supporting Information*** below)
  - Change in seizure type
  - Repeat imaging for persistent seizures as per specialist request or any provider in consultation with a specialist
  - MRI Brain with contrast (CPT® 70552) **OR** MRI Brain without and with contrast (CPT® 70553) to clarify an abnormality on noncontrast MRI or if considering infection or inflammation

Background and Supporting Information

- Drug Resistant synonyms may include “Refractory”, “Intractable” or “Pharmacoresistant”
- Drug Resistant requires only 2 trials of antiepileptic medications

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Special Imaging Studies in Evaluation for Epilepsy Surgery (PEDHD-6.3)

HDP.EP.0006.3.A
v1.0.2025

- Individuals with a previous MRI Brain and documentation of intractable epilepsy for which surgical treatment or another interventional modality is under active consideration, below are examples of, but not all inclusive, include:
  - Focal Resection
  - Temporal Lobe Resection
  - Extratemporal Resection
  - Lesionectomy
  - Multiple Subpial Transections
  - Laser Interstitial Thermal Therapy
  - Anatomical or Functional Hemispherectomy and Hemispherotomy
  - Corpus Callosotomy
  - Stereotactic Radiosurgery
  - Neurostimulation Device Implantations including,
    - Vagus Nerve Stimulation (VNS)
    - Responsive Neurostimulation
    - Deep Brain Stimulation
- **ALL** of the following requests are appropriate for pre-surgical evaluation:
  - MRI Brain without contrast (CPT® 70551) **OR** MRI Brain with and without contrast 3T/7T (CPT® 70553)
  - Ictal SPECT (CPT® 78803)
  - Functional MRI (f-MRI) (CPT® 70555 or CPT® 70554) See **Functional MRI (fMRI) (HD-24.2)** in the Head Imaging Guidelines
  - Metabolic (FDG) PET/CT Brain (CPT® 78608)
- Metabolic (FDG) PET Brain/MRI is generally not supported in place of Metabolic (FDG) PET/CT Brain for neurologic conditions due to lack of standardization in imaging technique and interpretation. However, it may be appropriate in certain pediatric individuals when ALL of the following criteria are met:
  - The individual meets guideline criteria for Metabolic (FDG) PET/CT Brain (pre-surgical evaluation) **AND**
  - Metabolic (FDG) PET/CT Brain is not available at the treating institution **AND**
  - The provider requests Metabolic (FDG) PET Brain/MRI in lieu of Metabolic (FDG) PET/CT Brain.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

- Metabolic (FDG) PET Brain/MRI, when the above criteria are met, is reported using the code combination of:
  - Metabolic (FDG) PET Brain (CPT® 78608) **AND**
  - MRI Brain without contrast (CPT® 70551) **OR** MRI Brain without and with contrast (CPT® 70553).
- All other methods of reporting Metabolic (FDG) PET Brain/MRI are inappropriate.
  - When clinically appropriate, diagnostic MRI codes may be appropriate at the same time as the Metabolic (FDG) PET Brain/MRI code combination.
- MR Spectroscopy (CPT® 76390)
- See **Primary Central Nervous System Tumors-General Considerations (ONC-2.1)** in the Oncology Imaging Guidelines for additional imaging requests for surgery and/or **Neurosurgical Imaging (HD-28)** in the Head Imaging Guidelines
- When noninvasive EEG monitoring is insufficient, intracranial monitoring with stereo-EEG or grids/strips and electrodes may be required with appropriate additional imaging for neuronavigation with one of each of the following after consulting the health plan direction for unlisted codes:
  - MRI Brain with and without (CPT® 70553) **OR** MRI Brain without contrast (CPT® 70551)
  - CT Head, contrast as requested CPT
  - If previous head imaging is considered inadequate or additional sequences/ protocols are required OR is greater than 6 months old, diagnostic head imaging may be appropriate.
- Due to variances with techniques currently available for neuronavigation, the following are appropriate:
  - CTA Head (CPT® 70496) **OR** MRA Head (CPT® 70544, CPT® 70545 or CPT® 70546)
  - Post-operative imaging including after intracranial (EEG) monitoring is appropriate per neurosurgeon's request.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Febrile Seizures (PEDHD-6.4)

HDP.EP.0006.4.A

v1.0.2025

- A typical febrile seizure is a generalized seizure occurring in the presence of fever (T >100.4°F/38°C) and no central nervous system infection in a child between the age of 6 months and 5 years.
- Neuroimaging should not be performed in the routine evaluation of children with simple febrile seizures.
- MRI Brain without contrast (CPT® 70551) **OR** MRI Brain without and with contrast (CPT® 70553) is indicated for febrile seizures in the presence of one or more of the following:
  - Seizure lasting >15 minutes
  - Partial seizures
  - Focal neurologic deficits
  - Multiple seizures within 24 hours
  - Macrocephaly (Head circumference that is greater than the 95th percentile for age and sex, established by use of measurements and CDC growth charts. See **Macrocephaly (PEDHD-7.1)**)
  - Signs and symptoms of increased intracranial pressure
  - Developmental delay
  - If CT Head without contrast (CPT® 70450) was performed for an initial evaluation for new onset seizure, MRI (as described above) is indicated for additional evaluation
- CT of head without contrast (CPT® 70450)is indicated for:
  - Evaluation of structural findings in seizure etiologies that contain dystrophic calcifications, such as with oligodendrogliomas and tuberous sclerosis.
  - Acute setting of seizure evaluation.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (HDP-6)

v1.0.2025

1. Expert Panel on Pediatric Imaging, Trofimova A, Milla SS, et al. ACR Appropriateness Criteria® Seizures-Child. *J Am Coll Radiol*. 2021;18(5S):S199-S211. doi:10.1016/j.jacr.2021.02.020
2. Gogou M, Cross JH. Seizures and Epilepsy in Childhood.*Continuum (Minneap Minn)*. 2022;28(2):428-456. doi:10.1212/CON.0000000000001087
3. Culler GW 4th, Jobst BC. Surgical Treatments for Epilepsy.*Continuum (Minneap Minn)*. 2022;28(2):536-558. doi:10.1212/CON.0000000000001106
4. Myers KA. Genetic Epilepsy Syndromes.*Continuum (Minneap Minn)*. 2022;28(2):339-362. doi:10.1212/CON.0000000000001077
5. Duffner PK, Berman PH, Baumann RJ, et al. Clinical practice guideline—febrile seizures: guideline for the neurodiagnostic evaluation of the child with a simple febrile seizure. *Pediatrics*. 2011 Feb; 127 (2): 389-394
6. Lapalme-Remis S, Nguyen DK. Neuroimaging of Epilepsy.*Continuum (Minneap Minn)*. 2022;28(2):306-338. doi:10.1212/CON.0000000000001080
7. Biassoni L, Easty M. Paediatric nuclear medicine imaging. *British Medical Bulletin*. 2017;123(1):127-148. doi:10.1093/bmb/ldx025
8. Coryell J, Gaillard WD, Shellhaas RA, et al. Neuroimaging of Early Life Epilepsy. *Pediatrics*. 2018;142(3). doi:10.1542/peds.2018-0672
9. Kwan P, Arzimanoglou A, Berg AT, et al. Definition of drug resistant epilepsy: consensus proposal by the ad hoc Task Force of the ILAE Commission on Therapeutic Strategies [published correction appears in Epilepsia. 2010 Sep;51(9):1922]. *Epilepsia*. 2010;51(6):1069-1077. doi:10.1111/j.1528-1167.2009.02397.x
10. Gaillard WD, Chiron C, Cross JH, et al. Guidelines for imaging infants and children with recent-onset epilepsy. *Epilepsia*. 2009;50(9):2147-2153. doi:10.1111/j.1528-1167.2009.02075.x
11. Szaflarski JP, Gloss D, Binder JR, et al. Practice guideline summary: Use of fMRI in the presurgical evaluation of patients with epilepsy: Report of the Guideline Development, Dissemenation, and Implementation Subcommittee of the American Academy of Neurology. *Neurology*. 2017;88(4):395-402. doi:10.1212/wnl.0000000000003532
12. Duez L, Tankisi H, Hansen PO, et al. Electromagnetic source imaging in presurgical workup of patients with epilepsy. *Neurology*. 2019;92(6). doi:10.1212/wnl.0000000000006877
13. Qiu J, Cui Y, Qi B, Sun L, Zhu Z. The application of preoperative computed tomography angiogram for hemispherectomy. *Clinics and Practice*. 2017;7(4). doi:10.4081/cp.2017.992
14. Youngerman BE, Khan FA, Mckhann GM. Stereoelectroencephalography in epilepsy, cognitive neurophysiology, and psychiatric disease: safety, efficacy, and place in therapy. *Neuropsychiatric Disease and Treatment*. 2019;Volume 15:1701-1716. doi:10.2147/ndt.s177804/
15. Iida K, Otsubo H. Stereoelectroencephalography: Indication and Efficacy. *Neurol Med Chir (Tokyo)*. *Neurologia medico-chirurgica*. 2017;57(8):375-385. doi:10.2176/nmc.ra.2017-0008
16. Brigo F, Marson A. Approach to the Medical Treatment of Epilepsy.*Continuum (Minneap Minn)*. 2022;28(2):483-499. doi:10.1212/CON.0000000000001081
17. Orringer DA, Golby A, Jolesz F. Neuronavigation in the surgical management of brain tumors: current and future trends. *Expert review of medical devices*. 2012 Sep 1;9(5):491-500

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Macrocephaly, Microcephaly, and Hydrocephalus (PEDHD-7)

Guideline

Macrocephaly (PEDHD-7.1)
Microcephaly (PEDHD-7.2)
Hydrocephalus (PEDHD-7.3)
References (HDP-7)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Macrocephaly (PEDHD-7.1)

HDP.MC.0007.1.A

v1.0.2025

Indications	Age or Condition	Supported Imaging
Head circumference that is greater than the 95th percentile for age and sex, or head circumference increasing in percentiles over two visits established by use of measurements and CDC growth charts. See: https://www.infantchart.com/cdc0to3headforage.php	Birth to age 6 months or open fontanelle	◦ Ultrasound Head (CPT® 76506)
	Hydrocephalus or hemorrhage is present on ultrasound	◦ CT Head without contrast (CPT® 70450)
	Any abnormality seen on ultrasound	◦ MRI Brain without contrast (CPT® 70551) **OR** ◦ MRI Brain without and with contrast (CPT® 70553)
	Age 7 months and older or with closed fontanelle	◦ MRI Brain without contrast (CPT® 70551) **OR** ◦ MRI Brain without and with contrast (CPT® 70553) CT is generally not indicated in this age group since uncomplicated hydrocephalus is less likely after early infancy

Background and Supporting Information

Macrocephaly is defined as head circumference that is greater than the 95th percentile for age and sex, or head circumference increasing in percentiles over two visits established by use of measurements and CDC growth charts. An online calculator to determine head circumference percentile is available at: https://www.infantchart.com/cdc0to3headforage.php.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Microcephaly (PEDHD-7.2)

HDP.MC.0007.2.A

v1.0.2025

- MRI Brain without and with contrast (CPT® 70553) is indicated for all individuals with head circumference that is less than the 5th percentile for age and sex, or head circumference decreasing in percentiles over two visits established by use of measurements and CDC growth charts.
  - CT is generally not recommended as that modality lacks the sensitivity to detect the relevant anatomical abnormalities

Background and Supporting Information

Microcephaly is defined as head circumference that is less than the 5th percentile for age and sex, or head circumference decreasing in percentiles over two visits established by use of measurements and CDC growth charts. An online calculator to determine head circumference percentile is available at: https://www.infantchart.com/cdc0to3headforage.php.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Hydrocephalus (PEDHD-7.3)

HDP.MC.0007.3.A
v1.0.2025

Initial Imaging Indications

- Age 0-6 months:
  - Screening head ultrasound examination (CPT® 76506)
  - MRI Brain without and with contrast (CPT® 70553) is indicated if ultrasound shows hydrocephalus.
  - Serial US (CPT® 76506) can be used to monitor ventricular size to determine need and timing of placement of a ventricular catheter, or performance of an endoscopic third venticulostomy (ETV).
- Greater than 6 months old:
  - MRI Brain without and with contrast (CPT® 70553) is indicated.

Spine Imaging Indication	Imaging Study
Including, but not limited to: • Chiari Malformation • Malignant infiltration of meninges	MRI Cervical Spine without and with contrast (CPT® 72156) **OR** MRI Cervical Spine without contrast (CPT® 72141) **AND/OR** MRI Thoracic Spine without contrast (CPT® 72146) **OR** MRI Thoracic Spine without and with contrast (CPT® 72157) **AND/OR** MRI Lumbar Spine without and with contrast (CPT® 72158) **OR** MRI Lumbar Spine without contrast (CPT® 72148)
Dandy-Walker malformation	MRI Cervical Spine without and with contrast (CPT® 72156) **OR** MRI Cervical Spine without contrast (CPT® 72141)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Repeat Imaging Indications including CSF flow shunting and Ventriculostomy

- Rapid MRI Brain without contrast (CPT® 70551) **OR** CT Head without contrast (CPT® 70450) is indicated for any new signs or symptoms suggesting shunt malfunction or ETV malfunction, including (but not limited to) sepsis, decreased level of consciousness, protracted vomiting, visual or neurologic deterioration, decline of mentation after initial improvement, or new or changing pattern of seizures.
- Rapid MRI Brain without contrast (CPT® 70551) **OR** CT Head without contrast (CPT® 70450) is indicated after shunt setting adjustments or as ordered by a neurologist or neurosurgeon or any provider in consultation with a neurologist or neurosurgeon.
- Rapid MRI Brain without contrast (CPT® 70551) **OR** CT Head without contrast (CPT® 70450) is indicated in the postoperative period following shunt placement or ETV, with further follow-up imaging 6-12 months after the procedure and then every 12 months for individuals with stable clinical findings.
  - Rapid MRI provides more anatomical detail and does not involve radiation exposure, but many providers use CT Head as rapid MRI is not universally available.
  - For routine follow up imaging with CT a low dose protocol should be used.
- Shunting into the peritoneum (VP shunts) can give rise to abdominal complications, but these are generally symptomatic, so surveillance imaging of the abdomen is not indicated.
  - Abdominal ultrasound (CPT® 76700) is appropriate for suspicion of CSF pseudocyst formation or distal shunt outlet obstruction.
- Familial screening is not indicated for hydrocephalus except in siblings of individuals with aqueductal stenosis, for whom a one-time CT Head without contrast (CPT® 70450) or Rapid MRI Brain without contrast (CPT® 70551) is indicated.

Additional Rarely Used Studies

- Cisternogram (CPT® 78630) is rarely done in children but can be appropriate for the following:
  - Known hydrocephalus with worsening symptoms.
  - Suspected obstructive hydrocephalus.
  - Suspected normal pressure hydrocephalus with gait disturbance and either dementia or urinary incontinence.
- Cerebrospinal Ventriculography (CPT® 78635) is rarely done in children but can be appropriate for the following:
  - Evaluation of internal shunt, porencephalic cyst, or posterior fossa cyst.
- Nuclear Medicine Shunt Evaluation (CPT® 78645) and CSF Flow SPECT (CPT® 78803) are rarely done in children but can be appropriate for the following:
  - Suspected malfunction of ventriculoperitoneal, ventriculopleural, or ventriculovenous shunts.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Background and Supporting Information

- Head ultrasound can be performed while the fontanelles are still open and has excellent spatial and anatomic resolution, particularly within the first 2 months of life. After 6 months, smaller acoustic windows due to closing sutures limit the sensitivity of the examination.
- Rapid MRI Brain without contrast (CPT® 70551) provides more anatomical detail and does not involve radiation exposure, but many providers use CT Head as rapid MRI is not universally available.
- Hydrocephalus is the most common identifiable cause of macrocephaly. Almost all hydrocephalus is obstructive, except hydrocephalus due to choroid plexus papillomas. See **Choroid Plexus Tumors (PEDONC-4.13)** in the Pediatric and Special Populations Oncology Imaging Guidelines for those lesions.
- Hydrocephalus is traditionally divided into non-communicating (the obstruction lies within the course of the brain's ventricular system) and communicating (the obstruction is distal to the ventricular system).
- Ventriculomegaly refers to enlarged ventricular spaces. It is often initially found on fetal ultrasound. It can be from an obstructive cause or can be relative secondary to small brain volume. It can remain stable and may be monitored with serial ultrasound (CPT® 76506) to assess stability or MRI Brain with and without contrast (CPT® 70553) if over age 6 months. If ventriculomegaly progresses to hydrocephalus, follow imaging timelines listed below for hydrocephalus.
- Benign external hydrocephalus (aka benign extra-axial fluid collection among other names) is defined as a rapid increase in head circumference in an infant with enlarged frontal subarachnoid spaces. It is a common cause of macrocephalus and is commonly secondary to a familial large head size. See **Macrocephaly (PEDHD-7.1)** for initial imaging guidelines. It typically requires no intervention. Once diagnosed and confirmed with MRI Brain with and without contrast (CPT® 70553) no additional imaging is required unless new neurological symptoms appear, worsen or persist beyond age 4 years. If developmental motor delay See **Developmental Motor Delay (PEDHD 19.3)**.
- For CSF flow imaging See **CSF Flow Imaging (HD-24.4)** in the Head Imaging Guidelines.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (HDP-7)

v1.0.2025

1. Ashwal S, Michelson D, Plawner L, et al. Practice parameter: evaluation of the child with microcephaly (an evidence-based review). *Neurology.* 2009 Sep; 73: 887-897
2. Boyle TP, Paldino MJ, Kimia AA, et al. Comparison of Rapid Cranial MRI to CT for Ventricular Shunt Malfunction. *Pediatrics*. 2014 July; 134 (1): e47-e54
3. Orrù E, Calloni SF, Tekes A, Huisman TAGM, Soares BP. The Child With Macrocephaly: Differential Diagnosis and Neuroimaging Findings. *American Journal of Roentgenology*. 2018;210(4):848-859
4. Raybaud A. Hydrocephalus. In: Barkovich AJ, ed. Pediatric Neuroimaging, 6th ed. Philadelphia PA. Wolters Kluwer. 2019; 907-972
5. Feng Z, Li Q, Gu J, Shen W. Update on Endoscopic Third Ventriculostomy in Children. *Pediatric Neurosurgery*. 2018;53(6):367-370. doi:10.1159/000491638
6. Wright Z, Larrew TW, Eskandari R. Pediatric Hydrocephalus: Current State of Diagnosis and Treatment. *Pediatrics in Review*. 2016;37(11):478-490. doi:10.1542/pir.2015-0134
7. Sanyal S, Duraisamy S, Garga UC. Magnetic Resonance Imaging of Brain in Evaluation of Floppy Children: A Case Series. *Iran J Child Neurol*. 2015 Fall;9(4):65-74
8. Ali AS. Magnetic Resonance Imaging (MRI) Evaluation of Developmental Delay in Pediatric Patients. *Journal Of Clinical And Diagnostic Research*. 2015. doi:10.7860/jcdr/2015/11921.5478
9. Khalatbari H, Parisi MT. Complications of CSF Shunts in Pediatrics: Functional Assessment With CSF Shunt Scintigraphy—Performance and Interpretation. *American Journal of Roentgenology*. 2020;215(6):1474-1489. doi:10.2214/ajr.20.22899
10. Zahl SM, Egge A, Helseth E, Wester K. Benign external hydrocephalus: a review, with emphasis on management. *Neurosurgical Review*. 2011;34(4):417-432. doi:10.1007/s10143-011-0327-4
11. Zahl SM, Egge A, Helseth E, Wester K. Clinical, Radiological, and Demographic Details of Benign External Hydrocephalus: A Population-Based Study.*Pediatr Neurol*. 2019;96:53-57. doi:10.1016/j.pediatneurol.2019.01.015
12. Kestle JRW, Riva-Cambrin J. Prospective multicenter studies in pediatric hydrocephalus. *Journal of Neurosurgery: Pediatrics*. 2019;23(2):135-141. doi:10.3171/2018.10.peds18328
13. Patel SK, Zamorano-Fernandez J, Nagaraj U, Bierbrauer KS, Mangano FT. Not all ventriculomegaly is created equal: diagnostic overview of fetal, neonatal and pediatric ventriculomegaly. *Child's Nervous System*. 2019;36(8):1681-1696. doi:10.1007/s00381-019-04384-w

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Craniofacial Anomalies (PEDHD-8)

Guideline

Craniosynostosis Imaging (PEDHD-8.1)
Facial Anomalies (PEDHD-8.2)
References (HDP-8)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Craniosynostosis Imaging (PEDHD-8.1)

HDP.CS.0008.1.A
v1.0.2025

- Skull x-rays and/or ultrasound should be obtained prior to considering advanced imaging. In cases of very strong consideration of craniosynostosis with surgical planning in progress, x-rays and/or ultrasound are not required.
- CT Head without contrast (CPT® 70450) is indicated in the diagnosis of craniosynostosis, with reported sensitivity near 100%. CT also detects associated intracranial pathology.
- 3D rendering (CPT® 76376 or CPT® 76377) is indicated with the initial diagnostic CT to evaluate the extent of synostosis and determine surgical candidacy or for preoperative planning.
- CT Maxillofacial without contrast (CPT® 70486) **AND** CT Orbits/Temporal Bone without contrast (CPT® 70480) are generally not necessary to evaluate individuals with craniosynostosis but are indicated if the craniosynostosis is part of a larger congenital defect which also involves the bones of the face or orbit.
- CT Maxillofacial without contrast (CPT® 70486) **AND/OR** CT Orbits/Temporal Bone without contrast (CPT® 70480) is/are supported in certain types of craniosynostosis and is/are supported when ordered by surgical specialties or in consultation with surgical specialties during surgical evaluation and planning.
- Ultrasound Head (CPT® 76506) is supported as an alternative method of assessing sutural patency in neonates and infants when radiographs are indeterminate. If inconclusive or for pre-operative planning, CT with 3D rendering is supported as discussed previously in this section.
- CT Head without contrast (CPT® 70450) is supported postoperatively at the discretion of or in consultation with the surgical specialist coordinating the individual's care.
- Positional plagiocephaly typically does NOT require advanced imaging.[11,13,14]

Background and Supporting Information

Craniosynostosis is the premature closure of one or more cranial sutures, usually during infancy. Craniosynostosis may be caused by a genetic condition, such as Apert, Pfeiffer or Crouzon syndrome to name a few.[16] Abnormal head shape is the common clinical feature.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Facial Anomalies (PEDHD-8.2)

HDP.CS.0008.2.A
v1.0.2025

- Congenital anomalies of facial structures
  - CT Maxillofacial without contrast (CPT® 70486) **OR** MRI Orbits/Face/Neck without contrast (CPT® 70540) **OR** MRI Orbits/Face/Neck with and without CPT® 70543)[19].
- Facial Anomalies (such as, cleft lip and palate) can be associated with brain malformations and abnormal brain development.
  - MRI Brain without contrast (CPT® 70551) is supported in individuals with cleft lip and/or palate.
  - MRI Orbits/Face/Neck without contrast (CPT® 70540) **OR** MRI Orbits/Face/Neck with and without contrast (CPT® 70543)[17] is supported if requested by surgeon or any provider in consultation with the surgeon.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

References (HDP-8)

v1.0.2025

1. Hall KM, Besachio DA, Moore MD, et al. Effectiveness of screening for craniosynostosis with ultrasound: a retrospective review. *Pediatr Radiol*. 2017;47: 606-612
2. Rozovsky K, Udjus K, Wilson N, Barrowman NJ, Simanovsky N, Miller E. Cranial Ultrasound as a First-Line Imaging Examination for Craniosynostosis.*Pediatrics*. 2016;137(2):e20152230. doi:101542/peds.2015-2230
3. Fearon JA. Evidence-based medicine: craniosynostosis. *Plast Reconstr Surg*. 2014 May; 133 (5): 1261-1275
4. Khanna P, Thapa M, Iyer R, Prasad S. Pictorial essay: The many faces of craniosynostosis. *Indian Journal of Radiology and Imaging*. 2011;21(1):49. doi:10.4103/0971-3026.76055
5. Mathijssen IM. Guideline for Care of Patients With the Diagnoses of Craniosynostosis. *Journal of Craniofacial Surgery*. 2015;26(6):1735-1807. doi:10.1097/scs.0000000000002016
6. Kim HJ, Roh HG, Lee IW. Craniosynostosis : Updates in Radiologic Diagnosis. *Journal of Korean Neurosurgical Society*. 2016;59(3):219. doi:10.3340/jkns.2016.59.3.219
7. ACR-ASNR-SPR Practice Parameter for the Performance of Computed Tomography (CT) of the Extracranial Head and Neck Revised 2021. (Resolution 5). https://www.acr.org/-/media/ACR/Files/Practice-Parameters/CT-Head-Neck.pdf
8. AIUM Practice Parameter for the Performance of Neurosonography in Neonates and Infants. *J Ultrasound Med*. 2020;39(5):E57-E61. doi:10.1002/jum.15264
9. Gallagher ER and Collett BR. Neurodevelopmental and Academic Outcomes in Children With Orofacial Clefts: A Systematic Review. *Pediatrics*. 2019;144(1)
10. Massimi L, Bianchi F, Frassanito P, Calandrelli R, Tamburrini G, Caldarelli M. Imaging in craniosynostosis: when and what?. *Childs Nerv Syst*. 2019;35(11):2055-2069. doi:10.1007/s00381-019-04278-x
11. Flannery AM, Tamber MS, Mazzola C, et al. Congress of Neurological Surgeons Systematic Review and Evidence-Based Guidelines for the Management of Patients With Positional Plagiocephaly: Executive Summary. *Neurosurgery*. 2016;79(5):623-624. doi:10.1227/NEU.0000000000001426
12. Linz C, Collmann H, Meyer-Marcotty P, et al. Occipital plagiocephaly: unilateral lambdoid synostosis versus positional plagiocephaly. *Arch Dis Child*. 2015;100(2):152-157. doi:10.1136/archdischild-2014-305944
13. Linz C, Kunz F, Böhm H, Schweitzer T. Positional Skull Deformities. *Dtsch Arztebl Int*. 2017;114(31-32):535-542. doi:10.3238/arztebl.2017.0535
14. Mazzola C, Baird LC, Bauer DF, et al. Congress of Neurological Surgeons Systematic Review and Evidence-Based Guideline for the Diagnosis of Patients With Positional Plagiocephaly: The Role of Imaging. *Neurosurgery*. 2016;79(5):E625-E626. doi:10.1227/NEU.0000000000001427
15. Schweitzer T, Böhm H, Meyer-Marcotty P, Collmann H, Ernestus RI, Krauß J. Avoiding CT scans in children with single-suture craniosynostosis. *Childs Nerv Syst*. 2012;28(7):1077-1082. doi:10.1007/s00381-012-1721-0
16. Wenger T, Miller D, Evans K. FGFR Craniosynostosis Syndromes Overview. 1998 Oct 20 [Updated 2020 Apr 30]. In: Adam MP, Ardinger HH, Pagon RA, et al., editors. GeneReviews® [Internet]. Seattle (WA): University of Washington, Seattle; 1993-2022. https://www.ncbi.nlm.nih.gov/books/NBK1455/pdf/Bookshelf_NBK1455.pdf
17. Abramson ZR, Peacock ZS, Cohen HL, Choudhri AF. Radiology of Cleft Lip and Palate: Imaging for the Prenatal Period and throughout Life. *Radiographics*. 2015;35(7):2053-2063. doi:10.1148/rg.2015150050

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Chiari and Skull Base Malformations (PEDHD-9)

Guideline

Chiari Malformations (PEDHD-9.1)
Basilar Impression/Basilar Invagination (PEDHD-9.4)
Platybasia (PEDHD-9.5)
References (HDP-9)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Chiari Malformations (PEDHD-9.1)

HDP.CH.0009.1.A

v1.0.2025

- Ultrasound can be utilized for initial examination in infants to determine ventricular size and associated anomalies and to provide a baseline for follow up evaluation but is not required prior to MRI.

Indication	Imaging Study
◦ Initial evaluation for suspected or known Chiari malformations	Any of the following sets of imaging: MRI Brain without contrast (CPT® 70551) **OR** MRI Brain without and with contrast (CPT® 70553) **AND/OR** MRI Cervical Spine without contrast (CPT® 72141) **OR** MRI Cervical Spine without and with contrast (CPT® 72156) **AND/OR** MRI Thoracic Spine without contrast (CPT® 72146) **OR** MRI Thoracic Spine without and with contrast (CPT® 72157) **AND/OR** MRI Lumbar Spine without contrast (CPT® 72148) **OR** MRI Lumbar Spine without and with contrast (CPT® 72158)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Indication	Imaging Study
◦ Repeat imaging for any of the following: ▪ At the discretion of or in consultation with the neurologist and/or neurosurgeon coordinating the individual's care ▪ New or worsening signs or symptoms ▪ Surgical procedure is actively being considered	Any of the following sets of imaging: MRI Brain without contrast (CPT® 70551) **OR** MRI Brain without and with contrast (CPT® 70553) **AND/OR** MRI Cervical Spine without contrast (CPT® 72141) **OR** MRI Cervical Spine without and with contrast (CPT® 72156) **AND/OR** MRI Thoracic Spine without contrast (CPT® 72146) **OR** MRI Thoracic Spine without and with contrast (CPT® 72157) **AND/OR** MRI Lumbar Spine without contrast (CPT® 72148) **OR** MRI Lumbar Spine without and with contrast (CPT® 72158)

- Familial screening is not indicated for Chiari I Malformations
- For CSF flow imaging, see **CSF Flow Imaging (HD-24.4)** in the Head Imaging Guidelines

Background and Supporting Information

- Chiari I malformations involve caudal displacement or herniation of the cerebellar tonsils. Chiari I may be associated with syringomyelia, and rarely with hydrocephalus. Most cases are asymptomatic and discovered incidentally on a head scan performed for another indication. When symptoms are present, they are usually nonspecific but can include headache, lower cranial nerve palsies, or sleep apnea.
- Chiari II malformations are more severe than Chiari I malformations. These individuals usually present at birth. Myelomeningocele is always present, and syringomyelia and hydrocephalus are extremely common.
- Chiari III malformations include cerebellar herniation into a high cervical myelomeningocele. Chiari IV malformations refer to complete cerebellar agenesis.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Both Chiari III and IV malformations are noted at birth, and are rarely compatible with life.

- Repeat brain and spine imaging in individuals with Chiari I malformations and known syringomyelia or hydromyelia is highly individualized.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Basilar Impression/Basilar Invagination (PEDHD-9.4)

HDP.CH.0009.4.A

v1.0.2025

- Basilar impression involves malformation of the occipital bone in relation to C1-2 (cervical vertebrae 1 and 2). The top of the spinal cord is inside the posterior fossa and the foramen magnum is undersized. Over time, this can lead to brain stem and upper spinal cord compression. Basilar impression can also be associated with the Chiari malformation, producing very complex anatomical abnormalities.
- MRI Brain without contrast (CPT® 70551) **AND** Cervical Spine without contrast (CPT® 72141) are indicated.
- CT Head without contrast (CPT® 70450) **AND** Cervical Spine without contrast (CPT® 72125) are also indicated if surgery is being considered.
- Basilar impression appears to be genetic, and one-time screening of first-degree relatives with MRI Brain without contrast (CPT® 70551) can be appropriate.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Platybasia (PEDHD-9.5)

HDP.CH.0009.5.A

v1.0.2025

- Platybasia is a flattening malformation of the skull base, in which the clivus has a horizontal orientation.
- MRI Brain without contrast (CPT® 70551) **OR** CT Head without contrast (CPT® 70450) is indicated to establish a diagnosis when clinically suspected, individuals are usually asymptomatic

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (HDP-9)

v1.0.2025

1. Siegel MJ. Brain. In: pediatric sonography. 5th ed. Philadelphia. Wolters Kluwer. 2018 40-111
2. Strahle J, Muraszko KM, Kapurch J, et al. Chiari malformation Type I and syrinx in children undergoing magnetic resonance imaging. *J Neurosurg Pediatr*. 2011 Aug; 8 (2): 205-213
3. Strahle J, Muraszko KM, Kapurch J, et al. Natural history of Chiari malformation Type I following decision for conservative treatment. *J Neurosurg Pediatr.* 2011 Aug; 8 (2): 214-221
4. Strahle J, Muraszko KM, Garton HJL, et al. Syrinx location and size according to etiology: identification of Chiari-associated syrinx. *J Neurosurg Pediatr.* 2015 July; 16 (1): 21-9 Epub 2015 Apr 3
5. Strahle J, Smith BW, Martinez M, et al. The association between Chiari malformation Type I, spinal syrinx, and scoliosis. *J Neurosurg Pediatr.* 2015 Jun; 15 (6): 607-611
6. Victorio MC, Khoury CK. Headache and Chiari I Malformation in Children and Adolescents. *Seminars in Pediatric Neurology*. 2016;23(1):35-39
7. Radic JAE, Cochrane DD. Choosing Wisely Canada: Pediatric Neurosurgery Recommendations. *Paediatrics & Child Health*. 2018;23(6):383-387. doi:10.1093/pch/pxy012
8. Smoker WRK and Khanna G. Imaging the craniocervical junction. *Childs Nerv Syst*. 2008 Oct; 24 (10): 1123-1145
9. D'Arco F, Ganau M. Which neuroimaging techniques are really needed in Chiari I? A short guide for radiologists and clinicians. *Childs Nerv Syst*. 2019 Oct;35(10):1801-1808. doi: 10.1007/s00381-019-04210-3

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Intracranial Aneurysms and AVM (PEDHD-10)

Guideline

Pediatric Intracranial Aneurysms (PEDHD-10.1)
Pediatric Intracranial Arteriovenous Malformations (AVM) (PEDHD-10.2)
References (HDP-10)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Pediatric Intracranial Aneurysms (PEDHD-10.1)

HDP.IA.0010.1.A

v1.0.2025

- A pertinent evaluation including a detailed history, physical examination with a thorough neurologic examination, and appropriate laboratory studies should be performed prior to considering advanced imaging, unless the individual is undergoing guideline-supported scheduled follow-up imaging evaluation or request is from a neurologist or neurosurgeon who has seen the individual since onset of symptoms
- Initial study for suspected subarachnoid hemorrhage:
  - CT Head without contrast (CPT® 70450) **AND/OR**
  - MRI Brain without contrast (CPT® 70551) **OR**
  - MRI Brain without and with contrast (CPT® 70553)
- If subarachnoid hemorrhage is present on CT or MRI, or lumbar puncture findings suggest hemorrhage, then the following is/are supported
  - MRA Head (CPT® 70544, CPT® 70545, **OR** CPT® 70546) **OR**
  - CTA Head (CPT® 70496) **AND/OR**
  - CT Brain Perfusion (CPT® 0042T) or MRI Brain Perfusion (CPT® 70553)
  - See also: **Background and Supporting Information**
- If findings suspicious for intracranial aneurysm on MRI, then the following is supported
  - MRA Head (CPT® 70544, CPT® 70545, **OR** CPT® 70546) **OR**
  - CTA Head (CPT® 70496)
- Initial study for individuals presenting with headache, increased intracranial pressure, seizures, or focal neurologic findings:
  - CT Head without contrast (CPT® 70450) **AND/OR**
  - MRI Brain without contrast (CPT® 70551) **OR**
  - MRI Brain without and with contrast (CPT® 70553)
  - If findings suspicious for intracranial aneurysm on prior imaging, then the following is supported:
    - MRA head (CPT® 70544, CPT® 70545, **OR** CPT® 70546) **OR**
    - CTA Head (CPT® 70496)
- Imaging for individuals with known aneurysm presenting with headache, increased intracranial pressure, seizures, or focal neurologic findings:
  - MRI Brain without contrast (CPT® 70551) **OR**
  - MRI Brain without and with contrast (CPT® 70553) **AND/OR**
  - MRA Head (CPT® 70544, CPT® 70545 **OR** CPT® 70546) **OR**

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

  - CTA Head (CPT® 70496)
    - CTA Head (CPT® 70496) for individuals with treated aneurysms is preferred.
- MRI Brain without contrast (CPT® 70551) **OR** MRI Brain without and with contrast (CPT® 70553) **AND/OR** MRA Head (CPT® 70544, CPT® 70545, **OR** CPT® 70546) is/are indicated for individuals with any of the following conditions (including but not limited to the conditions below) and headache, increased intracranial pressure, seizures, or focal neurologic findings:
  - Aicardi–Goutières syndrome[21]
  - Alpha-1-antitrypsin deficiency
  - Alpha-glucosidase deficiency
  - Azygos Anterior Cerebral Artery
  - Bicuspid aortic valve
  - Coarctation of the aorta
  - Ehlers-Danlos Syndrome
  - Fibromuscular dysplasia
  - Hereditary Hemorrhagic Telangiectasia (Osler-Weber-Rendu Syndrome)
  - Hyper-IgE syndrome
  - Kawasaki disease
  - Klinefelter syndrome
  - Klippel-Trenaunay-Weber Syndrome
  - Loeys-Dietz syndrome (There are 4 forms)
  - Marfan Syndrome
  - Microcephalic osteodysplastic primordial dwarfism Type II
  - Moyamoya Syndrome
  - Multisystemic Smooth Muscle Syndrome (MSMS)/Smooth Muscle Dysfunction Syndrome (SMDS)/ACTA2 Mutations (See **HD-21.7**)
  - Neurofibromatosis type 1
  - Noonan syndrome
  - Patent ductus arteriosus
  - Pheochromocytoma
  - Pseudoxanthoma elasticum
  - Polycystic kidney disease
  - Tuberous Sclerosis
- MRI Perfusion may be obtained with MRI Brain (CPT® 70551 **OR** CPT® 70552 **OR** CPT® 70553)
  - No additional CPT® codes are necessary or appropriate to perform MRI perfusion.[20]
- The timing of follow-up imaging for intracranial aneurysms in children is similar to that in adults. See **Intracranial Aneurysms (HD-12.1)** in the Head Imaging Guidelines.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

- Screening MRI Brain or MRA Head for aneurysms is not supported in individuals with coarctation of the aorta repaired before 3 years of age since there is not an increased risk for intracranial aneurysm in this individual population.
- Screening MRI Brain or MRA Head for aneurysms is generally not supported in asymptomatic individuals under 20 years of age since only 0.6 % of ruptured aneurysms occur in the pediatric age range.
- Screening for High Risk Populations as defined as:
  - Positive Family History: Two or more first degree relatives (parent, sibling, or child) with history of cerebral aneurysm or SAH: screening every 5 years beginning at 20 years of age
    - One first degree relative (parent, sibling, or child) with history of cerebral aneurysm or SAH can have one screening study but risks and benefits should be discussed with individual
  - Autosomal dominant polycystic kidney disease (screening begins at age 20 to 65 years of age and is repeated at ten-year intervals)

Background and Supporting Information

- Prior CT Head (CPT® 70450) does not exclude indication for MRI Brain without and with contrast (CPT® 70553) **OR** MRI Brain without contrast (CPT® 70551)
- Unlike adults, the majority of pediatric aneurysms are caused by genetic or developmental defects rather than environmental or lifestyle factors.
- Pediatric aneurysms most commonly present with subarachnoid hemorrhage, headache, increased intracranial pressure, seizure activity, or focal neurologic findings.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Pediatric Intracranial Arteriovenous Malformations (AVM) (PEDHD-10.2)

HDP.IA.0010.2.A
v1.0.2025

- A pertinent evaluation including a detailed history, physical examination with a thorough neurologic examination, and appropriate laboratory studies should be performed prior to considering advanced imaging, unless the individual is undergoing guideline-supported scheduled follow-up imaging evaluation or request is from or in consultation with a neurologist or neurosurgeon who has seen the individual since onset of symptoms.
- Vascular malformations include arteriovenous, venous, cavernous, and capillary malformations and vein of Galen Malformations.

Disorders	Indications (any of the following)	Supported Imaging
• Any aneurysmal and/or AVM Disorder listed in this guideline	• When MRI is contraindicated • Any emergency setting	• CT Head without contrast (CPT® 70450) **AND/OR** • CTA Head (CPT® 70496) **AND/OR** • CTA Neck (CPT® 70498)
• Suspected Vein of Galen malformation in the neonate	• Confirmation by Ultrasound Head (CPT® 76506)	• MRI Brain without contrast (CPT® 70551) **OR** • MRI Brain without and with contrast (CPT® 70553) **OR** • Catheter Angiography to precisely identify the feeding arteries and draining vein, especially if embolization is planned

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Disorders	Indications (any of the following)	Supported Imaging
• Low Flow Malformations	• When requested by a neurologist or neurosurgeon or any provider in consultation with a neurologist or neurosurgeon	• MRA Head (CPT® 70544, CPT® 70545, **OR** CPT® 70546) **OR** • CTA Head (CPT® 70496)
• Suspected AVM after the neonate period	• When requested by a neurologist or neurosurgeon or any provider in consultation with a neurologist or neurosurgeon	• MRI Brain without and with contrast (CPT® 70553) **OR** • MRI Brain without contrast (CPT® 70551)
• Known AVM	• When requested by a neurologist or neurosurgeon or any provider in consultation with a neurologist or neurosurgeon	• MRI Brain without contrast (CPT® 70551) **OR** • MRI Brain without and with contrast (CPT® 70553) **AND/OR** • MRA Head (CPT® 70544, CPT® 70545, **OR** CPT® 70546) **OR** • CTA Head (CPT® 70496)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Disorders	Indications (any of the following)	Supported Imaging
• Hereditary Hemorrhagic Telangiectasia • (HHT; Osler-Weber-Rendu Syndrome	• Suspected based on Family History with at least one affected first-degree relative. (biological parent or sibling) • At diagnosis, especially if confirmed by Genetic Testing • Screening for confirmed HHT • Clinical signs or symptoms concerning for disease progression • When requested by a neurologist or neurosurgeon or geneticist or any provider in consultation with a neurologist or neurosurgeon or geneticist	• MRI Brain without and with contrast (CPT® 70553) **OR** • MRI Brain without contrast (CPT® 70551) **AND/OR** • MRA Head (CPT® 70544, CPT® 70545 **OR** CPT® 70546) **OR** • CTA Head (CPT® 70496)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Disorders	Indications (any of the following)	Supported Imaging
• Capillary Malformation-Arteriovenous Malformation (CM-AVM)	• Suspected based on Family History with at least one affected first-degree relative (biological parent or sibling • At diagnosis, especially if confirmed by Genetic Testing • Screening for confirmed CM-AVM • Clinical signs or symptoms concerning for disease progression • When requested by a neurologist or neurosurgeon or geneticist or any provider in consultation with a neurologist or neurosurgeon or geneticist	• MRI Brain without and with contrast (CPT® 70553) **OR** • MRI Brain without contrast (CPT® 70551) **AND/OR** • MRA Head (CPT® 70544, CPT® 70545 **OR** CPT® 70546) **OR** CTA Head (CPT® 70496) **AND/OR** • MRI Cervical Spine without and with contrast (CPT® 72156) **OR** MRI Cervical Spine without contrast (CPT® 72141) **AND/OR** • MRI Thoracic Spine without and with contrast (CPT® 72157) **OR** MRI Thoracic Spine without contrast (CPT® 72146)[18]

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Disorders	Indications (any of the following)	Supported Imaging
• Cerebral Cavernous Malformations (CCM)	• Suspected based on Family History with at least one affected first-degree relative (biological parent or sibling). • At diagnosis, especially if confirmed by Genetic Testing • Screening for confirmed CCM • Clinical signs or symptoms concerning for disease progression • When requested by a neurologist or neurosurgeon or geneticist or any provider in consultation with a neurologist or neurosurgeon or geneticist	• MRI Brain without and with contrast (CPT® 70553) **OR** • MRI Brain without contrast (CPT® 7055) **AND/OR** • MRA Head (CPT® 70544, CPT® 70545 **OR** CPT® 70546) **OR** • CTA Head (CPT® 70496) **AND/OR** • MRI Cervical Spine without and with contrast (CPT® 72156) **OR** • MRI Cervical Spine without contrast (CPT® 72141) **AND/OR** • MRI Thoracic Spine without and with contrast (CPT® 72157) **OR** • MRI Thoracic Spine without contrast (CPT® 72146)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Disorders	Indications (any of the following)	Supported Imaging
• Microcephalic Osteodysplastic Primordial Dwarfism, Type II (MOPDII)[10,11]	• Suspected based on Family History with at least one affected first-degree relative (biological parent or sibling) • At diagnosis, especially if confirmed by Genetic Testing • Screening for confirmed MOPDII, repeated annually • Clinical signs or symptoms concerning for disease progression • When requested by a neurologist or neurosurgeon or geneticist or any provider in consultation with a neurologist or neurosurgeon or geneticist	• MRI Brain without contrast (CPT® 70551) **OR** • MRI Brain without and with contrast (CPT® 70553) **AND/OR** • MRA Head (CPT® 70544, CPT® 70545, **OR** CPT® 70546) **OR** • CTA Head (CPT® 70496) **AND/OR** • MRA Neck without contrast (CPT® 70547, CPT® 70548 **OR** CPT® 70549) **OR** • CTA Neck (CPT® 70498)
• Sturge-Weber Syndrome	• At diagnosis • Clinical signs or symptoms concerning for disease progression • When requested by a neurologist or neurosurgeon or any provider in consultation with a neurologist or neurosurgeon	• MRI Brain without and with contrast (CPT® 70553) **OR** • MRI Brain without contrast (CPT® 70551) **AND/OR** • MRI Orbits/Face/Neck without and with contrast (CPT® 70543) **OR** • MRI Orbits/Face/Neck without contrast (CPT® 70540)

Additional indications

- CT Head without contrast (CPT® 70450) may be indicated for:

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

- Mass effect
- Urgent/emergent settings due to availability and speed of CT
- Trauma
- Recent hemorrhage, whether traumatic or spontaneous
- Prior to lumbar puncture in individuals with cranial complaints
- Scenarios in which MRI is contraindicated (i.e. pacemakers, ICDs, cochlear implants, aneurysm clips, orbital metallic fragments, etc.)

Background and Supporting Information

- Prior CT Head (CPT® 70450) does not exclude indication for MRI Brain without and with contrast (CPT® 70553) **OR** MRI Brain without contrast (CPT® 70551)
- Most intracranial AVMs are congenital, vary widely in their location and type, and are discovered at birth due to associated clinical findings or incidentally later in life. Certain hereditary conditions are associated with an increased risk for AVM development.
- Vascular malformations include arteriovenous, venous, cavernous, and capillary malformations. The vein of Galen malformation is the most common arteriovenous malformation, presenting in neonates with signs of high output congestive heart failure or later in infancy of childhood with signs of hydrocephalus. Low flow venous, cavernous, and capillary malformations may be asymptomatic and discovered incidentally or they may present in childhood with seizures or neurologic findings secondary to intracranial hemorrhage.
- Hereditary AVMs usually have an autosomal dominant pattern of inheritance.[5,6,18]

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (HDP-10)

v1.0.2025

1. Montaser A, Smith ER. Intracranial Vascular Abnormalities in Children. *Pediatr Clin North Am*. 2021;68(4):825-843. doi:10.1016/j.pcl.2021.04.010
2. Beez T, Steiger H-J, and Hnggi D. Evolution of management of intracranial aneurysms in children: a systematic review of the modern literature. *J Child Neurol.* 2016; 31 (6): 773-783
3. Alvarez H, and Castillo M. Genetic markers and their influence on cerebrovascular malformations. *Neuroimag Clin N Am.* 2015 Feb; 25 (1): 69-82
4. Donti A, Spinardi L, Brighenti M, et al. Frequency of intracranial aneurysms determined by magnetic resonance angiography in children (mean age 16) having operative or endovascular treatment of coarctation of the aorta (mean age 13). *Am J Cardiol*. 2015 epub 2015 Aug; 116 (4):630-633
5. McDonald J, Stevenson DA. Hereditary Hemorrhagic Telangiectasia. In: Adam MP, Mirzaa GM, Pagon RA, et al., eds.*GeneReviews®*. Seattle (WA): University of Washington, Seattle; June 26, 2000. [Updated 2021 Nov 24
6. Morrison L, and Akers A. Cerebral cavernous malformation, familial. *GeneReviews™* [Internet] eds. Pagon RA, Adam MP, Bird TD et al. version August 4, 2016
7. Linscott LL, Leach JL, Jones BV, et al. Developmental venous anomalies of the brain in children—imaging spectrum and update. *Pediatr Radiol.* 2016 Mar; 46 (3): 394-406
8. Ghali MGZ, Srinivasan VM, Cherian J, et al. Pediatric Intracranial Aneurysms: Considerations and Recommendations for Follow-Up Imaging. *World Neurosurgery*. 2018;109:418-431
9. Derdeyn CP, Zipfel GJ, Albuquerque FC, et al. Management of Brain Arteriovenous Malformations: A Scientific Statement for Healthcare Professionals From the American Heart Association/American Stroke Association. *Stroke*. 2017;48(8). doi:10.1161/str.0000000000000134
10. Bober MB, Jackson AP. Microcephalic Osteodysplastic Primordial Dwarfism, Type II: a Clinical Review. *Current Osteoporosis Reports*. 2017;15(2):61-69. doi:10.1007/s11914-017-0348-1
11. Bober MB, Jackson AP. Erratum to: Microcephalic Osteodysplastic Primordial Dwarfism, Type II: a Clinical Review. *Curr Osteoporos Rep*. 2017;15(4):399. doi:10.1007/s11914-017-0389-5
12. Madhuban A, van den Heuvel F, van Stuijvenberg M. Vein of Galen Aneurysmal Malformation in Neonates Presenting With Congestive Heart Failure. *Child Neurol Open*. 2016;3:2329048X15624704. Published 2016 Apr 4. doi:10.1177/2329048X15624704
13. Siegel MJ. Brain. In: pediatric sonography. 5th ed. Philadelphia. Wolters Kluwer. 2018 40-111
14. Hoh BL, Ko NU, Amin-Hanjani S, et al. 2023 Guideline for the Management of Patients With Aneurysmal Subarachnoid Hemorrhage: A Guideline From the American Heart Association/American Stroke Association [published online ahead of print, 2023 May 22].*Stroke*. 2023;10.1161/STR.0000000000000436. doi:10.1161/STR.0000000000000436
15. Faughnan ME, Mager JJ, Hetts SW, et al. Second International Guidelines for the Diagnosis and Management of Hereditary Hemorrhagic Telangiectasia.*Ann Intern Med*. 2020;173(12):989-1001.doi:10.7326/M20-1443
16. Expert Panel on MR Safety, Kanal E, Barkovich AJ, et al. ACR guidance document on MR safe practices: 2013.*J Magn Reson Imaging*. 2013;37(3):501-530. doi:10.1002/jmri.24011
17. Sabeti S, Ball KL, Bhattacharya SK, et al. Consensus Statement for the Management and Treatment of Sturge-Weber Syndrome: Neurology, Neuroimaging, and Ophthalmology Recommendations.*Pediatr Neurol*. 2021;121:59-66. doi:10.1016/j.pediatneurol.2021.04.013
18. Bayrak-Toydemir P, Stevenson DA. Capillary Malformation-Arteriovenous Malformation Syndrome. In: Adam MP, Mirzaa GM, Pagon RA, et al., eds.*GeneReviews®*. Seattle (WA): University of Washington, Seattle; February 22, 2011. Updated: September 12, 2019
19. Hammill AM, Wusik K, Kasthuri RS. Hereditary hemorrhagic telangiectasia (HHT): a practical guide to management.*Hematology Am Soc Hematol Educ Program*. 2021;2021(1):469-477. doi:10.1182/hematology.2021000281
20. ACR–ASNR–SPR PRACTICE PARAMETER FOR THE PERFORMANCE OF INTRACRANIAL MAGNETIC RESONANCE PERFUSION IMAGING. Revised 2022 (Resolution 24). *PRACTICE PARAMETER MR_Perfusion*.https://www.acr.org/-/media/ACR/Files/Practice-Parameters/mr-perfusion.pdf? la=en

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

21. Crow YJ. Aicardi-Goutières Syndrome. In: Adam MP, Feldman J, Mirzaa GM, et al., eds. GeneReviews®. Seattle (WA): University of Washington, Seattle; June 29, 2005.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Syncope (PEDHD-11)

Guideline

Syncope (PEDHD-11.1)
References (HDP-11)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Syncope (PEDHD-11.1)

HDP.SY.0011.1.A

v1.0.2025

- Syncope in children is almost always neurocardiogenic (vasovagal) in nature. Intracranial mass lesions do not cause isolated syncope. Syncope and seizure activity can often be challenging to distinguish for unwitnessed syncope.
- Advanced imaging of the brain is not indicated for individuals with isolated syncope without focal neurologic findings. See **Syncope (PEDCD-5)** in the Pediatric Cardiac Imaging Guidelines and **Epilepsy and Other Seizure Disorders (PEDHD-6)** for additional imaging considerations.
- There is no role for advanced neuroimaging for Postural Tachycardia Syndrome (POTS).

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (HDP-11)

v1.0.2025

1. Friedman KG, and Alexander ME. Chest pain and syncope in children: a practical approach to the diagnosis of cardiac disease. *J Pediatr*. 2013 Sep; 163 (3):896-901
2. Cannon B, and Wackel P. Syncope. *Pediatr Rev.* 2016 Apr; 37 (4):159-168
3. Fant C, Cohen A. Syncope In Pediatric Patients: A Practical Approach To Differential Diagnosis And Management In The Emergency Department. *Pediatric emergency medicine practice*. 2017 Apr;14(4):1-28

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Pediatric Stroke (PEDHD-12)

Guideline

Pediatric Stroke General Considerations (PEDHD-12.1)
Pediatric Stroke Initial Imaging (PEDHD-12.2)
Pediatric Stroke Subsequent Imaging (PEDHD-12.3)
Moyamoya Syndrome/Disease (PEDHD-12.4)
Sickle Cell Disease (PEDHD-12.5)
CNS Vasculitis and Stroke (PEDHD-12.6)
COVID-19 and Multisystem Inflammatory Syndrome in Children (MIS-C) (PEDHD-12.7)
Multisystemic Smooth Muscle Syndrome (MSMS)/Smooth Muscle Dysfunction Syndrome (SMDS)/ACTA2 Mutations (PEDHD-12.8)
References (HDP-12)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Pediatric Stroke General Considerations (PEDHD-12.1)

HDP.PS.0012.1.A
v1.0.2025

- Imaging indications are the same for neonates as for older children.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Pediatric Stroke Initial Imaging (PEDHD-12.2)

HDP.PS.0012.2.A

v1.0.2025

- Children may not present with typical stroke findings. MRI Brain without contrast (CPT® 70551) or MRI Brain without and with contrast (CPT® 70553) is appropriate in the presence of neurological signs and/or symptoms with concern for stroke.[1]
- ANY of the following studies are indicated for evaluation.
  - CT Head without contrast (CPT® 70450) **OR** MRI Brain without contrast (CPT® 70551)
  - MRA Head (CPT® 70544, CPT® 70545, **OR** CPT® 70546) **OR** CTA Head (CPT® 70496)
  - For suspected carotid dissection CTA Neck (CPT® 70498) **OR** MRA Neck (CPT® 70547, CPT® 70548 **OR** CPT® 70549)
  - Note: Both MRA **OR** CTA Head **AND** Neck are needed to visualize the posterior vertebrobasilar circulation for evaluation of the vertebrobasilar stroke/TIA (vertigo associated with diplopia, dysarthria, bifacial numbness or ataxia) or concern for arterial dissection (risks may include premature stroke [under age 50], head or neck trauma, fibromuscular dysplasia, Ehlers-Danlos syndrome, and chiropractic neck manipulation)
- In individuals with COVID-19, See **COVID-19 and Multisystem Inflammatory Syndrome in Children (MIS-C) (PEDHD-12.7)**

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Pediatric Stroke Subsequent Imaging (PEDHD-12.3)

HDP.PS.0012.3.A

v1.0.2025

- MRI Brain without contrast (CPT® 70551) **OR** MRI Brain without and with contrast (CPT® 70553) is indicated for any new or worsening neurological findings or seizure activity.
- Repeat imaging for follow up and resolution of stroke or hemorrhage as determined by a neurology specialist or any provider in consultation with a neurology specialist.
  - MRI Brain without contrast (CPT® 70551) **OR** MRI Brain without and with contrast (CPT® 70553)
  - MRA Head/MRV Head (CPT® 70544, CPT® 70545 **OR** CPT® 70546) **OR** CTA Head/CTV Head (CPT® 70496) for follow-up of known cerebral artery stenosis or thrombosis[1,3,5]
  - Other surveillance imaging indications after stroke are listed in the disease-specific sections.

Background and Supporting Information

- CT and MR Venography (CTV and MRV) are reported with the same codes as the CTA/MRA counterpart (there is no specific code for CT/MR venography):
  - If arterial and venous CT or MR studies are both performed in the same session, only **one** CPT® code is used to report both procedures
  - If an arterial CTA **OR** MRA study has been performed and subsequently a repeat study is needed to evaluate the venous anatomy, then this study is supported
  - If a venous CTV **OR** MRV study has been performed and subsequently a repeat study is needed to evaluate the arterial anatomy, then this study is supported
  - MRA without and with contrast with venous sinus thrombosis to differentiate total from subtotal occlusion

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Moyamoya Syndrome/Disease (PEDHD-12.4)

HDP.PS.0012.4.A
v1.0.2025

See **Moyamoya Syndrome/Disease (HD-21.5)**

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Sickle Cell Disease (PEDHD-12.5)

HDP.PS.0012.5.A
v1.0.2025

- The following imaging is indicated for all sickle cell individuals with a severe phenotype (Hgb SS or Hgb $S\beta^0$):
  - Transcranial Doppler (TCD) Ultrasound (CPT® 93886 or CPT® 93888) annually for all individuals age 2 to 16:
    - A short interval repeat study is indicated for individuals with conditional (170-199 cm/sec) flow results, or with individuals undergoing transfusion therapy.
  - Transcranial Doppler (TCD) Ultrasound (CPT® 93886 or CPT® 93888)[12] for children aged 17 years old may be appropriate on a case-by-case basis.
    - See also **Stroke/TIA (HD-21.1)** in the Head Imaging Guidelines
  - After 17 years old, for individuals with a history of abnormal TCDs, TCDs may be repeated every 3 months.
  - TCD is not indicated for individuals with other phenotypes (Hgb SC, Hgb $S\beta^+$).
  - See indications below for advanced imaging with MR or CT.
- MRI Brain without contrast (CPT® 70551) **OR** MRI Brain without and with contrast (CPT® 70553) is indicated for any of the following:
  - 2 non-imaging Transcranial Doppler (TCD) measurements of ≥200 cm/sec or a single measurement of >220 cm/sec or 2 assessment TCD measurements ≥185 cm/sec or a single measurement >205 cm/sec.
  - Persistently abnormal TCD velocities
    - For more regarding TCD, see ***Background and Supporting Information***
  - Screening to detect silent cerebral infarcts
  - New symptoms or cognitive impairment occurs or a change in academic performance
  - After an infarct-like lesion is identified, repeat every 12-24 months to assess for cerebral infarct progression
  - Prior to any change in therapy[13-18]

Background and Supporting Information

- TCD is used to screen for overt and silent infarctions and monitor response to transfusion therapy
- Individuals with sickle cell disease are at significantly increased risk for stroke and silent infarction, beginning at a very young age. Recent advances allow physicians to identify individuals at high risk for stroke and begin a primary stroke prevention program.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

- Identification of silent cerebral infarction is important because treatment with prophylactic red cell transfusions to maintain hemoglobin S levels at <30% of total hemoglobin may reduce recurrent stroke and extent of neurologic damage.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

CNS Vasculitis and Stroke (PEDHD-12.6)

HDP.PS.0012.6.A

v1.0.2025

- MRI Brain without and with contrast (CPT® 70553) is the recommended initial study for all individuals with vasculitis and suspected CNS involvement, whether primary or secondary.
  - A normal MRI Brain almost always completely excludes intracranial vasculitis
  - MRA Head (CPT® 70544, CPT® 70545, or CPT® 70546) is indicated for inconclusive MRI findings suggesting medium or large vessel vasculitis.
  - Individuals with aggressive disease being treated with systemic therapy can have imaging for treatment response every 3 months during active treatment.
  - Annual surveillance imaging is appropriate to detect progressive vascular damage that may require intervention.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

COVID-19 and Multisystem Inflammatory Syndrome in Children (MIS-C) (PEDHD-12.7)

HDP.PS.0012.7.A
v1.0.2025

- Symptoms of MIS-C may include some or all of the following:
  - Headache **AND/OR** irritability
  - Mucocutaneous changes similar to Kawasaki disease (i.e. strawberry tongue, red cracked lips, rash of hands and/or feet)
  - Polymorphus **AND/OR** vasculitic rash
  - Non-exudative conjunctivitis
  - Tachycardia **AND/OR** hypotension
  - Cough **AND/OR** shortness of breath
  - Abdominal pain, vomiting **AND/OR** diarrhea
  - Lymphadenopathy, joint pain **AND/OR** sore throat
- MRA is the preferred study in children however, CTA Head (CPT® 70496) and/or Neck (CPT® 70498) is appropriate if MRA is contraindicated

Indication	Imaging Study
◦ Imaging for neurological signs and/ or symptoms, including headache, after known or presumed COVID-19 infection	◦ Any or all of the following sets of imaging: ▪ MRI Brain without contrast (CPT® 70551) **OR** ▪ MRI Brain without and with contrast (CPT® 70553) ▪ MRA Head (CPT® 70544, CPT® 70545 **OR** CPT® 70546) **OR** ▪ CTA Head (CPT® 70496) **AND/OR** ▪ MRA Neck (CPT® 70547, CPT® 70548 **OR** CPT® 70549) **OR** ▪ CTA Neck (CPT® 70498)

- If concern for CNS infection – See **CNS Infection (PEDHD-29.1)**
- See **Multisystem inflammatory syndrome in children (MIS-C) (PEDCD-12)** in the Pediatric Cardiac Imaging Guidelines

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Background and Supporting Information

- COVID-19 infections in children are generally mild in comparison to that of adults, however a post viral syndrome in children has become increasingly noted.
- Multisystem Inflammatory Syndrome in Children (MIS-C) can cause an inflammatory vasculopathy, prothrombotic state and/or post viral myocarditis in children who have had a COVID-19 infection caused by SARS-CoV-2. The child may have had minor symptoms or been asymptomatic at the time of COVID-19 infection but the virus can trigger endothelial injury and activation of the IL-1 pathway similar to that in Kawasaki disease and acute rheumatic fever.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Multisystemic Smooth Muscle Syndrome (MSMS)/Smooth Muscle Dysfunction Syndrome (SMDS)/ACTA2 Mutations (PEDHD-12.8)

HDP.PS.0012.8.A
v1.0.2025

See **Multisystemic Smooth Muscle Syndrome (MSMS)/Smooth Muscle Dysfunction Syndrome (SMDS)/ACTA2 Mutations (HD-21.7)**

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (HDP-12)

v1.0.2025

1. Robertson RL, et al. American College of Radiology ACR Appropriateness Criteria® Cerebrovascular Disease–Child. New 2019. 1-23
2. Ferriero DM, Fullerton HJ, Bernard TJ, et al. Management of Stroke in Neonates and Children: A Scientific Statement From the American Heart Association/American Stroke Association. *Stroke*. 2019;50(3). doi:10.1161/str.0000000000000183
3. Mirsky DM, Beslow LA, Amlie-Lefond C, et al. Pathways for Neuroimaging of Childhood Stroke. *Pediatric Neurology*. 2017;69:11-23. doi:10.1016/j.pediatrneurol.2016.12.004
4. Soliman M, Laxer R, Manson D, et al. Imaging of systemic vasculitis in childhood. *Pediatr Radiol*. 2015 Aug; 45 (8):1110-1125
5. Khalaf A, Iv M, Fullerton H, Wintermark M. Pediatric Stroke Imaging. *Pediatric Neurology*. 2018;86:5-18. doi:10.1016/j.pediatrneurol.2018.05.008
6. ACR-ASNR- SPR Practice Parameters for the performance of Computed Tomography (CT) perfusion in neuroradiologic imaging. Revised 2017. Resolution 18. https://www.acr.org/-/media/ACR/Files/Practice-Parameters/CT-Perfusion.pdf
7. Debaun MR, Jordan LC, King AA, et al. American Society of Hematology 2020 guidelines for sickle cell disease: prevention, diagnosis, and treatment of cerebrovascular disease in children and adults. *Blood Advances*. 2020;4(8):1554-1588. doi:10.1182/bloodadvances.2019001142
8. McMurray JC, May JW, Cunningham MW, Jones OY. Multisystem Inflammatory Syndrome in Children (MIS-C), a Post-viral Myocarditis and Systemic Vasculitis-A Critical Review of Its Pathogenesis and Treatment. *Frontiers in Pediatrics*. 2020;8:626182. doi:https://doi.org/10.3389/fped.2020.626182
9. Jiang Li, et al. COVID-19 and multisystem inflammatory syndrome in children and adolescents. *Lancet Infect Dis* 2020;20:e276–88
10. Panda PK, Sharawat IK, Panda P, Natarajan V, Bhakat R, Dawman L. Neurological Complications of SARS-CoV-2 Infection in Children: A Systematic Review and Meta-Analysis [published online ahead of print, 2020 Sep 10]. *J Trop Pediatr*. 2020;fmaa070. doi:10.1093/tropej/fmaa070
11. Lin JE, Asfour A, Sewell TB, et al. Neurological issues in children with COVID-19. *Neurosci Lett*. 2021;743:135567. doi:10.1016/j.neulet.2020.135567
12. Bernaudin F, Verlhac S, Arnaud C, et al. Long-term treatment follow-up of children with sickle cell disease monitored with abnormal transcranial Doppler velocities. *Blood*. 2016;127(14):1814-1822. doi:10.1182/blood-2015-10-675231
13. Nickel RS, Kamani NR. Ethical Challenges in Hematopoietic Cell Transplantation for Sickle Cell Disease. *Biol Blood Marrow Transplant*. 2018;24(2):219-227. doi:10.1016/j.bbmt.2017.08.034
14. Krishnamurti L. Hematopoietic Cell Transplantation for Sickle Cell Disease. *Frontiers in Pediatrics*. 2021;8. doi:10.3389/fped.2020.551170
15. King AA, McKinstry RC, Wu J, et al. Functional and Radiologic Assessment of the Brain after Reduced-Intensity Unrelated Donor Transplantation for Severe Sickle Cell Disease: Blood and Marrow Transplant Clinical Trials Network Study 0601. *Biol Blood Marrow Transplant*. 2019;25(5):e174-e178. doi:10.106/j.bbmt.2019.01.008
16. Kanter J, Liem RI, Bernaudin F, et al. American Society of Hematology 2021 guidelines for sickle cell disease: stem cell transplantation. *Blood Adv*. 2021;5(18):3668-3689. doi:10.1182/bloodadvances.2021004394C
17. Jordan LC, Kassim AA, Wilkerson KL, Lee CA, Waddle SL, Donahue MJ. Using novel magnetic resonance imaging methods to predict stroke risk in individuals with sickle cell anemia. *Hematol Oncol Stem Cell Ther*. 2020;13(2):76-84. doi:10.1016/j.hemonc.2019.12.009
18. Hirtz D, Kirkham FJ. Sickle Cell Disease and Stroke. *Pediatr Neurol*. 2019;95:34-41. doi:10.1016/j.pediatrneurol.2019.02.018
19. ACR–ASNR–SPR PRACTICE PARAMETER FOR THE PERFORMANCE OF INTRACRANIAL MAGNETIC RESONANCE PERFUSION IMAGING. Revised 2022 (Resolution 24). PRACTICE PARAMETER MR_Perfusion.https://www.acr.org/-/media/ACR/Files/Practice-Parameters/mr-perfusion.pdf? la=en.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Benign Brain Lesions (PEDHD-13)

Guideline

Arachnoid Cysts (PEDHD-13.1)
Pineal/Colloid Cysts (PEDHD-13.2)
Acoustic Neuromas (PEDHD-13.3)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Arachnoid Cysts (PEDHD-13.1)

HDP.BL.0013.1.A
v1.0.2025

See **Arachnoid Cysts (HD-35.1)**

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Pineal/Colloid Cysts (PEDHD-13.2)

HDP.BL.0013.2.A
v1.0.2025

See **Pineal/Colloid Cysts (HD-34.1)**

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Acoustic Neuromas (PEDHD-13.3)

HDP.BL.0013.3.A

v1.0.2025

- See **Neurofibromatosis 2 (PEDPND-2.2)** in the Pediatric Peripheral Nerve and Neuromuscular Disorders Imaging Guidelines

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Pediatric Demyelinating Diseases (PEDHD-14)

Guideline

Pediatric Demyelinating Disease General Considerations (PEDHD-14.1)
Multiple Sclerosis (MS) (PEDHD-14.2)
Acute Disseminated Encephalomyelitis (ADEM) and Other Pediatric Demyelinating Disorders (PEDHD-14.3)
Transverse Myelitis (PEDHD-14.4)
References (HDP-14)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Pediatric Demyelinating Disease General Considerations (PEDHD-14.1)

HDP.DD.0014.1.A

v1.0.2025

- For evaluation of pediatric demyelinating disease the following imaging is supported:
  - MRI Brain without and with contrast (CPT® 70553) **AND/OR**
  - MRI Cervical Spine without and with contrast (CPT® 72156) **AND/OR**
  - MRI Thoracic Spine without and with contrast (CPT® 72157)
- MRI Lumbar Spine without and with contrast (CPT® 72158) is not indicated unless the individual has a tethered cord or other anatomic abnormality causing caudal displacement of the filum terminalis.
- CT imaging is generally **NOT** indicated in the evaluation of demyelinating disease.
- Metabolic (FDG) PET Brain (CPT® 78608) and MR Spectroscopy (CPT® 76390) are considered not medically necessary for evaluation of pediatric demyelinating diseases.
- See **Neurometabolic and Neurogenetic Disorders (PEDHD-19.4)**

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Multiple Sclerosis (MS) (PEDHD-14.2)

HDP.DD.0014.2.A
v1.0.2025

Indication	Supported Imaging
Initial diagnosis in individuals with clinical signs and/or symptoms suggestive of MS	• MRI Brain without and with contrast (CPT® 70553) **AND/OR** • MRI Cervical Spine without and with contrast (CPT® 72156) **AND/OR** • MRI Thoracic Spine without and with contrast (CPT® 72157) If there is a contraindication to gadolinium administration, then • MRI Brain without contrast (CPT® 70551) **AND/OR** • MRI Cervical Spine without contrast (CPT® 72141) **AND/OR** • MRI Thoracic Spine without contrast (CPT® 72146)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Indication	Supported Imaging
Disease monitoring whether or not receiving treatment[18]	Every 6 months or for new signs/ symptoms: • MRI Brain without contrast (CPT® 70551) **OR** • MRI Brain without and with contrast (CPT® 70553) Every 12 months or for new signs/ symptoms: • MRI Cervical Spine without and with contrast (CPT® 72156) **OR** • MRI Cervical Spine without contrast (CPT® 72141) **AND/OR** • MRI Thoracic Spine without and with contrast (CPT® 72157) **OR** • MRI Thoracic Spine without contrast (CPT® 72146)
Optic Neuritis Suspected	• MRI Orbits/Face/Neck without and with contrast (CPT® 70543) may be added If there is a contraindication to gadolinium administration, then • MRI Orbits/Face/Neck without contrast (CPT® 70540) may be added
Symptoms suggestive of Progressive Multifocal Leukoencephalopathy (PML) during natalizumab (Tysabri®) therapy (or other medications with similar risk)	• MRI Brain without and with contrast (CPT® 70553) If there is a contraindication to gadolinium administration, then ◦ MRI Brain without contrast (CPT® 70551)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Indication	Supported Imaging
Screening for individuals on natalizumab (Tysabri®) or other drugs with risk of Progressive Multifocal Leukoencephalopathy (PML)	Every 6 months while on treatment: • MRI Brain without and with contrast (CPT® 70553) **OR** • MRI Brain without contrast (CPT® 70551) Every 3-6 months for high risk individuals positive for serum JC virus antibody and >18 months natalizumab exposure: • MRI Brain without and with contrast (CPT® 70553) **OR** • MRI Brain without contrast (CPT® 70551)
If MRI Brain without contrast (CPT® 70551) shows incidental evidence of possible demyelinating disease[19]	• MRI Brain without and with contrast (CPT® 70553) **OR** • MRI Brain with contrast (CPT® 70552)
After an MRI Brain without contrast (CPT® 70551), a follow up MRI brain may be performed at the discretion of a neurologist, a neurosurgeon, or a neuro-ophthalmologist, or any provider in consultation with a neurologist, neurosurgeon, or neuro-ophthalmologist, and/or at the recommendation of the radiologist[19]	• MRI Brain without and with contrast (CPT® 70553) **OR** • MRI Brain with contrast (CPT® 70552)

Background and Supporting Information

- Multiple sclerosis is less common in children. About 4% of MS cases are diagnosed before age 18, and only ~0.7% of all MS cases begin before age of 10 years.
- Common presentations of MS in children include ataxia, optic neuritis, diplopia, transverse myelitis or as an acute encephalitis-like illness.
- Among children with suspected demyelinating diseases, the principal differential diagnosis is often between MS, Acute Disseminated Encephalomyelitis (See **Acute Disseminated Encephalomyelitis (ADEM) and Other Pediatric Demyelinating Disorders (PEDHD-14.3)** or MOG Antibody-Associated Disease (MOGAD). (See **MOG Antibody-Associated Disease (MOGAD) (HD-16.3)**).

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

- Medications with similar risks of Progressive Multifocal Leukoencephalopathy (PML) as Tysabri® include: dimethyl fumarate (Tecfidera®), fingolimod (Gilenya®), ocrelizumab (Ocrevus®), clardribine (Mavenclad®), diroximel fumarate (Vumerity®),eculizaumab (Soliris®), ozanimod (Zeposia®), alemtuzumab (Lemtrada®), monomethyl fumarate (Bafiertam®), rituximab (Rituxan®).
- If a non-contrast study shows incidental evidence of possible demyelinating disease, repeat imaging is appropriate as the presence of enhancing lesions may be helpful in confirming the diagnosis.
- 3D imaging in the evaluation of Multiple Sclerosis is not supported as a separate code. Most scanners are capable of 3D acquisitions or other imaging sequences.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Acute Disseminated Encephalomyelitis (ADEM) and Other Pediatric Demyelinating Disorders (PEDHD-14.3)

HDP.DD.0014.3.A

v1.0.2025

- ADEM has an acute onset, and is more common among younger children than MS, but the signs and symptoms overlap significantly, and distinguishing between MS and ADEM can be challenging based on clinical examination alone.
- MRI Brain without and with contrast (CPT® 70553) and MRI Cervical Spine without and with contrast (CPT® 72156) and MRI Thoracic Spine without and with contrast (CPT® 72157) are indicated for initial diagnosis in individuals with clinical signs and/or symptoms suggestive of ADEM.
  - MRI Brain without contrast (CPT® 70551) and MRI Cervical Spine without contrast (CPT® 72141) and MRI Thoracic Spine without contrast (CPT® 72146) are indicated if there is a contraindication to gadolinium.
- MRI Brain without and with contrast (CPT® 70553) **AND/OR** MRI Cervical Spine without and with contrast (CPT® 72156) **AND/OR** MRI Thoracic Spine without and with contrast (CPT® 72157) is/are indicated every 3 months for 1 year following diagnosis or if ordered out of sequence or beyond one year by a neurologist or any provider in consultation with a neurologist.
  - MRI Brain without contrast (CPT® 70551) **AND/OR** MRI Cervical Spine without contrast (CPT® 72141) **AND/OR** MRI Thoracic Spine without contrast (CPT® 72146) is/are indicated if there is a contraindication to gadolinium.
  - Most individuals will have complete clinical recovery by 12 months, while stable MRI abnormalities (gliosis) may persist. These findings do not require additional imaging unless the individual develops new neurologic symptoms. Prolonged symptoms or return of symptoms may represent a different demyelinating disorder.
- There are other pediatric demyelinating disorders that are less common but have clinical overlap with multiple sclerosis and ADEM such as (but not limited to):
  - Neuromyelitis optica (NMO) spectrum disorders (See **Neuromyelitis Optica Spectrum Disorders (HD-16.2)**)
  - Anti-MOG syndromes (anti-myelin oligodendrocyte glycoprotein) (See **Anti-MOG Syndromes (HD-16.3)**)
  - Demyelination secondary to infectious or inflammatory disorders (e.g. transverse myelitis) (See **General Guidelines – Other Imaging Situations (HD-1.7)**)
- These conditions may require a different treatment regimen than multiple sclerosis and may require repeat imaging to monitor treatment response as the diagnosis

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

becomes more clear. Repeat imaging with MRI Brain and/or MRI Cervical Spine and MRI Thoracic Spine as requested by neurology or infectious disease is supported.

- See **Neurometabolic and Neurogenetic Disorders (PEDHD-19.4)**

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Transverse Myelitis (PEDHD-14.4)

HDP.DD.0014.4.A

v1.0.2025

- Transverse myelitis is an inflammatory disorder of the spine and can be:
  - Idiopathic
  - Associated with autoimmune central nervous system inflammatory disease
  - First event of multiple sclerosis (MS)
  - Neuromyelitis optica (NMO)
  - MOG (Myelin Oligodendrocyte Glycoprotein) antibody disorder
  - Associated with connective tissue autoimmune disease
  - Systemic Lupus Erythematous (SLE)
  - Systemic Sclerosis
  - Rheumatoid Arthritis (RA)
  - Sjogren's Syndrome (SS)
  - Neuro-Sarcoidosis (NS)
  - Post-infectious or post-vaccine neurological syndrome
- See **Transverse Myelitis (HD-16.4)**

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (HDP-14)

v1.0.2025

1. Weygandt M, Hummel H-M, Schregel K, et al. MRI-based diagnostic biomarkers for early onset pediatric multiple sclerosis. *NeuroImage: Clinical*. 2015;7:400-408. doi:10.1016/j.nicl.2014.06.015
2. Tenembaum SN. Pediatric multiple sclerosis. Distinguishing clinical and MR imaging features. *Neuroimag Clin.* 2017; 27:229-250
3. Van Haren K, Waubant E. Therapeutic Advances in Pediatric Multiple Sclerosis. *The Journal of Pediatrics*. 2013;163(3):631-637. doi:https://doi.org/10.1016/j.jpeds.2013.04.028
4. Ketelslegers IA, Neuteboom RF, Boon M, Catsman-Berrevoets CE, Hintzen RQ. A comparison of MRI criteria for diagnosing pediatric ADEM and MS. *Neurology*. 2010;74(18):1412-1415. doi:https://doi.org/10.1212/wnl.0b013e3181dc138b
5. Banwell B, Arnold DL, Tillema J-M, et al. MRI in the evaluation of pediatric multiple sclerosis. *Neurology*. 2016;87(9 Supplement 2). doi:10.1212/wnl.0000000000002787
6. Marin SE, Callen DJA. The Magnetic Resonance Imaging Appearance of Monophasic Acute Disseminated Encephalomyelitis. *Neuroimaging Clinics of North America*. 2013;23(2):245-266. doi:https://doi.org/10.1016/j.nic.2012.12.005
7. Neuteboom R, Wilbur C, Pelt DV, Rodriguez M, Yeh A. The Spectrum of Inflammatory Acquired Demyelinating Syndromes in Children. *Seminars in Pediatric Neurology*. 2017;24(3):189-200
8. Ruet A. Update on pediatric-onset multiple sclerosis. *Revue Neurologique*. 2018;174(6):398-407. doi:10.1016/j.neurol.2018.04.003
9. Troxell RM, Christy A. Atypical Pediatric Demyelinating Diseases of the Central Nervous System. *Current Neurology and Neuroscience Reports*. 2019;19(12). doi:10.1007/s11910-019-1015-y
10. Thompson AJ, Banwell BL, Barkhof F, et al. Diagnosis of multiple sclerosis: 2017 revisions of the McDonald criteria. *The Lancet Neurology*. 2018;17(2):162-173. doi:10.1016/s1474-4422(17)30470-2
11. Expert Panel on Neurologic Imaging:, Kennedy TA, Corey AS, et al. ACR Appropriateness Criteria® Orbits Vision and Visual Loss. *J Am Coll Radiol*. 2018;15(5S):S116-S131. doi:10.1016/j.jacr.2018.03.023
12. Wingerchuk DM et al. International consensus diagnostic criteria for neuromyelitis optica spectrum disorders. *Neurology*. 2015;85(2):177-89. doi:10.1212/WNL.0000000000001729
13. Major EO. Progressive Multifocal Leukoencephalopathy Lesions and JC Virus. *JAMA Neurology*. 2018;75(7):789. doi:10.1001/jamaneurol.2018.0004
14. Vukusic S, Rollot F, Casey R, et al. Progressive Multifocal Leukoencephalopathy Incidence and Risk Stratification Among Natalizumab Users in France. *JAMA Neurology*. 2020;77(1):94. doi:10.1001/jamaneurol.2019.2670
15. Rae-Grant A, et al. Practice guideline: Disease-modifying therapies for adults with multiple sclerosis. Report of the Guideline Development, Dissemination, and Implementation Subcommittee of the American Academy of Neurology
16. Wattjes MP, Barkhof F. Diagnosis of natalizumab-associated progressive multifocal leukoencephalopathy using MRI. *Current Opinion in Neurology*. 2014;27(3):260-270. doi:10.1097/wco.0000000000000099
17. Barraza G, Deiva K, Husson B, Adamsbaum C. Imaging in pediatric multiple sclerosis. *Clinical Neuroradiology* 2021;31:61-71
18. Wattjes MP, Ciccarelli O, Reich DS, et al. 2021 MAGNIMS-CMSC-NAIMS consensus recommendations on the use of MRI in patients with multiple sclerosis. *The Lancet Neurology*. 2021;20(8):653-670. doi:10.1016/S1474-4422(21)00095-8
19. Tillema JM. Imaging of Central Nervous System Demyelinating Disorders. Continuum (Minneap Minn). 2023;29(1):292-323. doi:10.1212/CON.0000000000001246

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Pituitary Dysfunction (PEDHD-15)

Guideline

Pituitary Dysfunction General Considerations (PEDHD-15.1)
Panhypopituitarism (PEDHD-15.2)
Isolated Growth Hormone Deficiency (PEDHD-15.3)
Diabetes Insipidus (DI) and Other Disorders of Anti-Diuretic Hormone (PEDHD-15.4)
Precocious Puberty (PEDHD-15.5)
Benign Pituitary Tumors (PEDHD-15.6)
Pituitary Malignancies (PEDHD-15.7)
References (HDP-15)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Pituitary Dysfunction General Considerations (PEDHD-15.1)

HDP.PD.0015.1.A

v1.0.2025

- The initial step in the evaluation of all potential pituitary masses is a detailed history, recent physical examination, and thorough neurological exam, including evaluation of the visual fields.
- Endocrine laboratory studies should be performed prior to considering initial advanced imaging.
- MRI Brain without and with contrast (CPT® 70553) or MRI Brain without contrast (CPT® 70551) when pituitary imaging is indicated.
  - Pituitary Gland: one study (either MRI Brain without and with contrast [CPT® 70553] **OR** MRI Orbits/Face/Neck [CPT® 70543]) is adequate to report the imaging of the pituitary. The reporting of two CPT® codes, to image the pituitary, is not indicated.
- If a previous MRI Brain was reported to show a possible pituitary tumor with supporting evidence of pituitary disease or is inconclusive, a repeat MRI with dedicated pituitary protocol may be performed. If a prior MRI Brain was without contrast a follow up scan either MRI Brain with contrast (CPT® 70552) **OR** MRI Brain with and without contrast (CPT® 70553) is appropriate
- For association between pituitary dysfunction and optic nerve issues see **Eye Disorders and Visual Loss (HD- 32.1)** in the Head Imaging Guidelines
- For repeat imaging, See **Pituitary (HD-19.1)** in the Head Imaging Guidelines

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Panhypopituitarism (PEDHD-15.2)

HDP.PD.0015.2.A
v1.0.2025

- Endocrine testing should be performed initially.
- MRI Brain without and with contrast (CPT® 70553) **OR** MRI Brain without contrast (CPT® 70551) with special attention to the pituitary is indicated for newly diagnosed Panhypopituitarism.
- Individuals with a normal pituitary on initial MRI do not need routine follow up imaging.
- Individuals with mass lesions should have follow up imaging according to the guidelines for the specific diagnosis

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Isolated Growth Hormone Deficiency (PEDHD-15.3)

HDP.PD.0015.3.A

v1.0.2025

- Clinical features include: height below the normal range (<3rd percentile), subnormal growth velocity or the child's height is below the range expected based on parental height.
- Risk factors include: a history of brain tumor, cranial irradiation or other congenital/ organic hypothalamic-pituitary abnormality as well as an incidental finding of a hypothalamic-pituitary abnormality on MRI.
- Endocrine testing should be performed initially.
- MRI Brain without and with contrast (CPT® 70553) **OR** MRI Brain without contrast (CPT® 70551) with special attention to the pituitary is indicated for any of the following:
  - Both IGF1 and IGFBP3 are below the laboratory reference range for age/sex or Tanner stage.
  - 2 measurements of growth hormone stimulation with different stimulation agents (glucagon, clonidine, arginine, insulin, levodopa) performed on the same day or separate days produce maximal GH levels <10ng/mL See ***Background and Supporting Information***
- Individuals with a normal pituitary on initial MRI do not need routine follow up imaging.
- Individuals with mass lesions should have follow up imaging according to the guidelines for the specific diagnosis.

Background and Supporting Information

- Growth hormone stimulation testing is limited by poor specificity and requires failure on 2 tests to diagnose growth hormone deficiency.
- Controversy exists as to the cutoff level which differentiates a normal response from a deficient response on provocative testing. Some experts support GH <7 ng/mL however many pediatric endocrinologists consider a peak GH level <10 ng/mL to be indicative of growth hormone deficiency and may identify children with partial GHD.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Diabetes Insipidus (DI) and Other Disorders of Anti-Diuretic Hormone (PEDHD-15.4)

HDP.PD.0015.4.A

v1.0.2025

- Laboratory testing should be performed initially. Diabetes insipidus is characterized by serum osmolality >300mOsm/kg and urine osmolality <300 mOsm/kg.
- Central diabetes insipidus (CDI) is caused by diminished synthesis or secretion of vasopressin in the hypothalamus and nephrogenic diabetes insipidus (NDI) is caused by renal resistance to vasopressin.

Central Diabetes Insipidus (DI)

- MRI Brain without and with contrast (CPT® 70553) **OR** MRI Brain without contrast (CPT® 70551) is indicated for newly diagnosed central DI
- Individuals with a normal pituitary on initial MRI can have repeat MRI Brain without and with contrast (CPT® 70553) every 3-6 months for the first 2 years as germinomas may cause central DI while still too small to detect on imaging.
  - Serial measurement of β -hCG is also indicated for these individuals, and MRI should be repeated if a significant rise in β -hCG is detected on screening.
- Individuals with mass lesions should have follow up imaging according to the guidelines for the specific diagnosis.

Nephrogenic DI

- Once this diagnosis is firmly established, further advanced imaging is usually not indicated.

Syndrome of Inappropriate Antidiuretic Hormone Secretion (SIADH)

- Laboratory studies should be obtained prior to considering advanced imaging—urine osmolality should be high and serum osmolality low.
- MRI Brain without and with contrast (CPT® 70553) **OR** MRI Brain without contrast (CPT® 70551) is indicated for initial evaluation of unexplained central (hypothalamic pituitary) SIADH.
- Individuals with a normal pituitary on initial MRI do not need routine follow up imaging.
- Individuals with mass lesions should have follow up imaging according to the guidelines for the specific diagnosis.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Background and Supporting Information

- See **Small Cell Lung Cancer-Suspected/Diagnosis (ONC-7.1)** and **Paraneoplastic Syndromes (ONC-30.3)** in the Oncology Imaging Guidelines.
- Pulmonary diseases including infection (tuberculosis, viral/bacterial pneumonia), acute respiratory infections, mechanical ventilation and others can cause SIADH although the mechanism is unclear. Individuals with lung disease should have chest imaging according to the guidelines for the specific diagnosis.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Precocious Puberty (PEDHD-15.5)

HDP.PD.0015.5.A
v1.0.2025

- Defined as the appearance of secondary sexual characteristics before age 8 in females and before age 9 in males. The diagnosis is made clinically using Tanner staging and often will include a bone age assessment (hand/wrist radiographs) and/or abdominal and/or pelvic ultrasound (See Peripheral Precocious Puberty below).
- Endocrine laboratory studies (baseline LH, FSH and either estradiol or testosterone) are used to determine if the etiology of precocious puberty is central (gonadotropin dependent) or peripheral (gonadotropin independent). Estradiol and testosterone levels will often be elevated to a pubertal range.

Central Precocious Puberty (CPP)

- An LH >0.3 U/L on a random blood sample is the most reliable screening test for central precocious puberty. If LH <0.3 U/L and CPP is suspected, a stimulation test with a GnRH analog is the gold standard.
- Neuroimaging should always follow hormonal studies that suggest a central origin of precocious puberty.
- MRI Brain without and with contrast (CPT® 70553, preferred study) **OR** MRI Brain without contrast (CPT® 70551) is indicated for evaluation of any child with documented central precocious puberty.
- MRI is appropriate irrespective of age and gender in individuals with precocious puberty and concurrent CNS symptoms of severe headache, visual changes or seizures.
- Individuals with a normal pituitary on initial MRI do not need routine follow up imaging.
- Individuals with mass lesions should have follow up imaging according to the guidelines for the specific diagnosis. (**Benign Pituitary Tumors (PEDHD-15.6**) and **Pituitary Malignancies (PEDHD-15.7)**)

Peripheral Precocious Puberty

- The differential diagnosis of peripheral precocious puberty (LH suppressed or in the pre-pubertal range with elevated estradiol, testosterone and/or adrenal androgens) is broad and may include ovarian, testicular, adrenal and other sources of excessive hormonal production
- Ultrasound Abdomen (CPT® 76700) in both genders and Ultrasound Pelvis (CPT® 76856) in females and Scrotal ultrasound (CPT 76870) in males depending on the suspected source of hormonal excess for initial imaging.
- See **CNS Germinomas and Non-Germinomatous Germ Cell Tumors (PEDONC-4.7)** in the Pediatric and Special Populations Oncology Imaging Guidelines for evaluation of HCG secreting CNS tumors

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

- See **Hepatoblastoma (PEDONC-11.2)** in the Pediatric and Special Populations Oncology Imaging Guidelines for evaluation of HCG secreting hepatic tumors
- See **Pediatric Germ Cell Tumors (PEDONC-10)** in the Pediatric and Special Populations Oncology Imaging Guidelines and **Testicular, Ovarian and Extragonadal Germ Cell Tumors (ONC-20)** in the Oncology Imaging Guidelines for evaluation of Leydig Cell tumors.
- See **Adrenal Cortical Lesions (AB-16.1)** in the Abdomen Imaging Guidelines for evaluation of adrenal virilizing tumors

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Benign Pituitary Tumors (PEDHD-15.6)

HDP.PD.0015.6.A

v1.0.2025

- Benign pituitary tumor indications in pediatric individuals are identical to those for adult individuals. See **Pituitary (HD-19)** in the Head Imaging Guidelines.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Pituitary Malignancies (PEDHD-15.7)

HDP.PD.0015.7.A

v1.0.2025

- See **Craniopharyngioma and Other Hypothalamic/Pituitary Region Tumors (PEDONC-4.10)** or **Histiocytic Disorders (PEDONC-18)** in the Pediatric and Special Populations Oncology Imaging Guidelines

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (HDP-15)

v1.0.2025

1. Expert Panel on Neurologic Imaging:, Burns J, Policeni B, et al. ACR Appropriateness Criteria® Neuroendocrine Imaging. *J Am Coll Radiol*. 2019;16(5S):S161-S173. doi:10.1016/j.jacr.2019.02.017
2. Kaplowitz P, Bloch C. Evaluation and Referral of Children With Signs of Early Puberty. *Pediatrics*. 2015;137(1). doi:10.1542/peds.2015-3732
3. Grimberg A, Divall SA, Polychronakos C, et al. Guidelines for Growth Hormone and Insulin-Like Growth Factor-I Treatment in Children and Adolescents: Growth Hormone Deficiency, Idiopathic Short Stature, and Primary Insulin-Like Growth Factor-I Deficiency. *Hormone Research in Paediatrics*. 2016;86(6):361-397. doi:10.1159/000452150
4. Thompson CJ et al. Posterior Pituitary. Textbook of Endocrinology. Chapter 10, eds. Melmed S, et al, 14th edition. 2019. pp 303-330
5. Cooke DW et al. Normal and Aberrant Growth in Children. Textbook of Endocrinology. Chapter 25, eds. Melmed S, et al, 14th edition. 2019. pp 937-1022
6. Styne DM et al. Physiology and Disorders of Puberty. Textbook of Endocrinology. Chapter 26, eds. Melmed S, et al, 14th edition. 2019. pp 1023-1164
7. IGFB3 - Clinical: Insulin-Like Growth Factor-Binding Protein 3, Serum. www.mayocliniclabs.com. https://www.mayocliniclabs.com/test-catalog/Clinical+and+Interpretive/83300
8. IGFMS - Clinical: Insulin-Like Growth Factor-1, LC-MS, Serum. www.mayocliniclabs.com. https://www.mayocliniclabs.com/test-catalog/Clinical+and+Interpretive/62750

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Pediatric Ear Disorders (PEDHD-16)

Guideline

Hearing Loss (PEDHD-16.1)
Ear Pain (PEDHD-16.2)
Cholesteatoma (PEDHD-16.3)
Vertigo (PEDHD-16.4)
Tinnitus (PEDHD-16.5)
References (HDP-16)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Hearing Loss (PEDHD-16.1)

HDP.ED.0016.1.A
v1.0.2025

- A pertinent evaluation including a detailed history, physical examination (including otoscopic examination), and age-appropriate audiology testing should be performed on any child with known or suspected hearing loss prior to considering advanced imaging. The selection of imaging testing will depend on the age of the child and type of hearing loss.
- CT Orbits/Temporal Bone without contrast (CPT® 70480) is indicated for the following:
  - Conductive hearing loss of any cause.
  - Preoperative planning for resection of mass lesion or cochlear implant placement.
  - Sensorineural hearing loss in individuals who cannot safely undergo MRI.
  - Mixed conductive and sensorineural hearing loss.
  - Congenital hearing loss.
  - Total deafness.
- MRI Brain without and with contrast (CPT® 70553) with attention to internal auditory canals (included in CPT® 70553 and does not require a separate CPT code) is indicated for the following:
  - Conductive hearing loss secondary to known or suspected mass lesion.
  - Preoperative planning for resection of mass lesion or cochlear implant placement.
  - Sensorineural hearing loss of any cause.
  - Mixed conductive and sensorineural hearing loss.
  - Congenital hearing loss.
  - Total deafness.
  - Hearing loss associated with tinnitus see **Tinnitus (PEDHD-16.5)**
- Both modalities (CT and MRI) are supported simultaneously for evaluation and surgical planning if ordered by or in consultation with an ENT or Neurosurgical specialist
- Limited MRI Brain with attention to internal auditory canals (CPT® 70540, CPT® 70542, or CPT® 70543) is supported when requested by the provider in place of a complete MRI Brain. Note: Limited MRI codes should not be used in addition to MRI Brain codes; IAC views are performed as additional sequences as part of the brain study. (See **General Guidelines – Anatomic Issues (HD-1.1)** in the Head Imaging Guidelines)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Ear Pain (PEDHD-16.2)

HDP.ED.0016.2.A

v1.0.2025

- A pertinent evaluation including a detailed history, physical examination (including otoscopic examination), should be performed on any child with ear pain prior to considering advanced imaging. Common causes of ear pain include external and middle ear infections, dental problems, sinus infection, neck problems, and referred pain from the oral pharynx, tonsillitis, and pharyngitis.
- Advanced imaging is not indicated in the overwhelming majority of pediatric individuals with ear pain.

Indications	Imaging Study
◦ Any of the following ▪ Persistent ear pain without obvious cause ▪ Clinical suspicion for complicated or invasive infection such as mastoiditis ▪ Clinical suspicion of mass lesion causing ear pain ▪ Significant trauma with concern for hematoma formation ▪ Preoperative planning	◦ ONE of the following: ▪ CT Orbits/Temporal Bone without contrast (CPT® 70480) **OR** ▪ CT Orbits/Temporal Bone without and with contrast (CPT® 70482) **OR** ▪ MRI Brain without and with contrast with attention to internal auditory canals (CPT® 70553) **OR** ▪ MRI Orbits/Face/Neck without and with contrast (CPT® 70543)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Cholesteatoma (PEDHD-16.3)

HDP.ED.0016.3.A
v1.0.2025

- One of the following study is indicated for preoperative evaluation in children with cholesteatoma:
  - CT Orbits/Temporal Bone without contrast (CPT® 70480) **OR**
  - CT Orbits/Temporal Bone without and with contrast (CPT® 70482) **OR**
  - MRI Brain without and with contrast with attention to internal auditory canals (CPT® 70553), **OR**
  - MRI Orbits/Face/Neck without and with contrast (CPT® 70543)
- ONE of the following study is indicated one time post-operatively to exclude residual or regrown cholesteatoma to avoid the need for a second-look surgery:
  - CT Orbits/Temporal Bone without contrast (CPT® 70480) **OR**
  - CT Orbits/Temporal without and with contrast (CPT® 70482) **OR**
  - MRI Brain without and with contrast with attention to internal auditory canals (CPT® 70553) **OR**
  - MRI Orbits/Face/Neck without and with contrast (CPT® 70543)

Background and Supporting Information

- Cholesteatomas are expansive cysts of the middle ear filled with cellular debris. They can be congenital or arise from recurrent middle ear infections or trauma to the tympanic membrane. Hearing loss is usually conductive, although if the lesion is large enough combined conductive and sensorineural hearing loss may be present. Otoscopic exam findings and symptoms may include a white mass in the middle ear cleft, painless drainage from the ear or chronic/recurrent ear infections. Advanced imaging for the diagnosis and management of suspected cholestatoma, in particular, should be reserved for the otolaryngologist or provider in consultation with the otolaryngologist.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Vertigo (PEDHD-16.4)

HDP.ED.0016.4.A

v1.0.2025

- A pertinent evaluation including a detailed history, physical examination (including otoscopic examination), should be performed on any child with vertigo prior to considering advanced imaging.
- If physical examination is otherwise normal and the vertigo responds to treatment, advanced imaging is not indicated.
- MRI Brain without and with contrast with attention to internal auditory canals (CPT® 70553) is indicated for the following:
  - Vertigo with associated headache or ataxia.
  - Vertigo associated with tinnitus.
  - Vertigo that does not respond to vestibular treatment.

Background and Supporting Information

Isolated vertigo is an uncommon complaint during childhood. Middle ear/Eustachian tube problems are the most common cause of isolated vertigo in children.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Tinnitus (PEDHD-16.5)

HDP.ED.0016.5.A
v1.0.2025

- Tinnitus without hearing loss is a less common complaint during childhood.
- Children with hearing loss and tinnitus should be imaged according to **Hearing Loss (PEDHD-16.1)**. A pertinent evaluation including a detailed history, physical examination (including otoscopic examination), and age-appropriate audiology testing should be performed on any child with known or suspected tinnitus prior to considering advanced imaging.
- Advanced imaging is not indicated in the overwhelming majority of pediatric individuals with isolated tinnitus and normal hearing.

Indications	Imaging Study
• ANY of the following ◦ Clinical suspicion of mass lesion causing tinnitus ◦ Persistent tinnitus after recent significant trauma	• ONE of the following ◦ CT Orbits/Temporal Bone without contrast (CPT® 70480) **OR** ◦ CT Orbits/Temporal Bone without and with contrast (CPT® 70482), **OR** ◦ MRI Brain without and with contrast with attention to internal auditory canals (CPT® 70553) **OR** ◦ MRI Brain without contrast with attention to internal auditory canals (CPT® 70553) **OR** ◦ MRI Orbits/Face/Neck without and with contrast (CPT® 70543)
• ANY of the following: ◦ Pulsatile tinnitus ◦ Suspicion for vascular lesions	• MRA Head (CPT® 70544, CPT® 70545 **OR** CPT® 70546) **OR** • CTA Head (CPT® 70496) **AND/OR** • MRA Neck (CPT® 70547, CPT® 70548 **OR** CPT® 70549) **OR** • CTA Neck (CPT® 70498)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

References (HDP-16)

v1.0.2025

1. Expert Panel on Neurologic Imaging:, Sharma A, Kirsch CFE, et al. ACR Appropriateness Criteria® Hearing Loss and/or Vertigo. *J Am Coll Radiol*. 2018;15(11S):S321-S331. doi:10.1016/j.jacr.2018.09.020
2. Minovi A, and Dazert S. Diseases of the middle ear in childhood. *GMS Curr Top Otorhinolaryngol Head Neck Surg*. 2014 Dec; 13:1-29
3. Kerr R, Kang E, Hopkins B, Anne S. Pediatric tinnitus: Incidence of imaging anomalies and the impact of hearing loss. *International Journal of Pediatric Otorhinolaryngology*. 2017;103:147-149
4. Jahn K. Vertigo and dizziness in children. Handbook of Clinical Neurology Neuro-Otology. 2016:353-363. doi:10.1016/b978-0-444-63437-5.00025-x
5. Shekdar KV, Bilaniuk LT. Imaging of Pediatric Hearing Loss. *Neuroimaging Clinics of North America*. 2019;29(1):103-115. doi:10.1016/j.nic.2018.09.011
6. ACR-ASNR-SPR Practice Parameter for the Performance of Computed Tomography (CT) of the Extracranial Head and Neck Revised 2021. (Resolution 5). https://www.acr.org/-/media/ACR/Files/Practice-Parameters/CT-Head-Neck
7. Rosenfeld RM, Shin JJ, Schwartz SR, et al. Clinical Practice Guideline: Otitis Media with Effusion (Update). *Otolaryngology–Head and Neck Surgery*. 2016;154(1_suppl). doi:10.1177/0194599815623467
8. Rosenfeld RM, Schwartz SR, Cannon CR, et al. Clinical Practice Guideline. *Otolaryngology–Head and Neck Surgery*. 2014;150(1_suppl). doi:10.1177/0194599813517083
9. Rosenfeld RM, Schwartz SR, Pynnonen MA, et al. Clinical practice guideline: Tympanostomy tubes in children. *Otolaryngol Head Neck Surg*. 2013;149(1 Suppl):S1-S35. doi:10.1177/0194599813487302
10. Expert Panel on Neurologic Imaging:, Kessler MM, Moussa M, et al. ACR Appropriateness Criteria® Tinnitus. *J Am Coll Radiol*. 2017;14(11S):S584-S591. doi:10.1016/j.jacr.2017.08.052
11. Lieu JEC, Kenna M, Anne S, Davidson L. Hearing Loss in Children: A Review. *JAMA*. 2020 Dec 1;324(21):2195-2205. doi: 10.1001/jama.2020.17647
12. Aylward SC, Reem RE. Pediatric Intracranial Hypertension. *Pediatr Neurol*. 2017 Jan;66:32-43. doi: 10.1016/j.pediatrneurol.2016.08.010
13. Ropers FG, Pham ENB, Kant SG, et al. Assessment of the Clinical Benefit of Imaging in Children With Unilateral Sensorineural Hearing Loss: A Systematic Review and Meta-analysis. *JAMA Otolaryngol Head Neck Surg*. 2019;145(5):431-443. doi:10.1001/jamaoto.2019.0121
14. Campion T, Taranath A, Pinelli L, et al. Imaging of temporal bone inflammations in children: a pictorial review. *Neuroradiology*. 2019;61(9):959-970. doi:10.1007/s00234-019-02258-1

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Autism Spectrum Disorders (PEDHD-17)

Guideline

Autism Spectrum Disorders (PEDHD-17.1)
References (HDP-17)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Autism Spectrum Disorders (PEDHD-17.1)

HDP.AS.0017.1.A

v1.0.2025

- The group of diagnoses, including Asperger syndrome, are classified as pervasive development disorders (PDD). These diagnoses are established on clinical criteria, and no imaging study can confirm the diagnosis.
- Comprehensive evaluation for autism might include history, physical exam, audiology evaluation, speech, language, and communication assessment, cognitive and behavioral assessments, and academic assessment.
- MRI Brain without and with contrast (CPT® 70553) **OR** MRI Brain without contrast (CPT® 70551) is indicated for new or worsening focal neurologic findings documented on a pertinent physical. Consider advanced imaging if there is loss of developmental milestones and/or regression in two or more areas of development.
- PET imaging is considered not medically necessary in the evaluation of individuals with autism spectrum disorders.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (HDP-17)

v1.0.2025

1. Baker E, and Jeste SS. Diagnosis and Management of Autism Spectrum Disorder in the Era of Genomics. *Pediatric Clinics of North America*. 2015;62(3):607-618. doi:10.1016/j.pcl.2015.03.003
2. Zürcher NR, Bhanot A, McDougle CJ, Hooker JM. A systematic review of molecular imaging (PET and SPECT) in autism spectrum disorder: Current state and future research opportunities. *Neuroscience & Biobehavioral Reviews*. 2015;52:56-73. doi:10.1016/j.neubiorev.2015.02.002

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Behavioral and Psychiatric Disorders (PEDHD-18)

Guideline

Behavioral and Psychiatric Disorders (PEDHD-18.1)
Reference (HDP-18)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Behavioral and Psychiatric Disorders (PEDHD-18.1)

HDP.BD.0018.1.A

v1.0.2025

- Behavioral and psychiatric disorders of childhood or adolescence, to include Attention Deficit Hyperactivity Disorder (ADHD), generally require no advanced imaging for diagnosis or management.[1]
  - MRI Brain without and with contrast (CPT® 70553) **OR** MRI Brain without contrast (CPT® 70551) **OR** CT Head without contrast (CPT® 70450) is indicated for:
    - Acute onset mental status change
    - New or worsening focal neurologic findings
    - Presentation of acute psychiatric symptoms with comorbid serious medical illness
    - Non-auditory hallucinations (e.g., visual, tactile, olfactory) with no known etiology
    - Nonresponse to adequate medication trials
    - Symptoms of an organic brain disorder (e.g., focal deficits, severe headache, or seizures)
    - Prior to Electro-Convulsive Therapy (ECT) to screen for intracranial disease, see

      Mental Health Related Disorders (HD-4.2)
- For concerns of PANS (Pediatric acute-onset neuropsychiatric syndrome) and PANDAS (Pediatric autoimmune neuropsychiatric disorder associated with streptococcal infection) see **Movement Disorders including Tourette Syndrome (PEDHD-26)**

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Reference (HDP-18)

v1.0.2025

1. Pereira-Sanchez V, Castellanos FX. Neuroimaging in attention-deficit/hyperactivity disorder. *Curr Opin Psychiatry*. 2021;34(2):105-111. doi:10.1097/YCO.0000000000000669

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Developmental Disorders (PEDHD-19)

Guideline

Intellectual Disability (PEDHD-19.1)
Cerebral Palsy (PEDHD-19.2)
Developmental Motor Delay (PEDHD-19.3)
Neurometabolic and Neurogenetic Disorders (PEDHD-19.4)
References (HDP-19)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Intellectual Disability (PEDHD-19.1)

HDP.ID.0019.1.A

v1.0.2025

- Intellectual disability may be primary or secondary to a variety of heterogeneous disorders. See **Background and Supporting Information.**
- MRI Brain without and with contrast (CPT® 70553) **OR** MRI Brain without contrast (CPT® 70551) is indicated for new or worsening focal neurologic findings and/or new or worsening cognitive decline.[7]

Background and Supporting Information

- Intellectual disability is a condition characterized by significant limitations in both intellectual functioning and adaptive behavior that originates before the age of 22.[11] One way to measure intellectual functioning is an IQ test. Generally, an IQ test score of around 70 or as high as 75 indicates a significant limitation in intellectual functioning.[11]

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Cerebral Palsy (PEDHD-19.2)

HDP.ID.0019.2.A

v1.0.2025

- MRI Brain without and with contrast (CPT® 70553) **OR** MRI Brain without contrast (CPT® 70551) is indicated for:
  - Initial evaluation of newly diagnosed cerebral palsy.
  - New or worsening focal neurologic findings documented on a physical examination, including the presence of developmental delay.
  - Re-evaluation after 24 months of age due to rapid myelination during the first 2 years of life.
- For spinal imaging requests, see **Myelopathy (SP-7.1)** in the Spine Imaging Guidelines

Background and Supporting Information

- Many individuals with intellectual disability also have cerebral palsy, but not all individuals with cerebral palsy have intellectual disability
- Cerebral palsy is a static motor encephalopathy caused by a variety of entities spanning developmental, metabolic, genetic, infectious, ischemic, and other acquired etiologies

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Developmental Motor Delay (PEDHD-19.3)

HDP.ID.0019.3.A

v1.0.2025

- There are many causes for developmental motor delay. Individuals with motor delay can have decreased, normal, or increased muscular tone. Individuals with normal tone do not require imaging unless they have focal neurologic findings.
- MRI Brain without contrast (CPT® 70551) **OR** MRI Brain without and with contrast (CPT® 70553) is indicated for:
  - Initial evaluation of newly diagnosed developmental motor delay with abnormal muscle tone.
  - Toe walking, when associated with upper motor neuron signs including hyperreflexia, abnormal tone (spasticity/hypotonia), or positive Babinski sign.
  - New or worsening focal neurologic findings.
  - Re-evaluation after 24 months of age due to rapid myelination during the first 2 years of life.
- For spinal imaging requests See **Myelopathy (SP-7.1)** in the Spine Imaging Guidelines and **Tethered Cord (PEDSP-5)** in the Pediatric and Special Populations Spine Imaging Guidelines.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Neurometabolic and Neurogenetic Disorders (PEDHD-19.4)

HDP.ID.0019.4.A
v1.0.2025

Imaging Supported	Indications	Suspected or known Neurometabolic and/or neurogenetic disorders, but not limited to
MRI Brain without and with contrast (CPT® 70553) **OR** MRI Brain without contrast (CPT® 70551) **AND/OR** Magnetic Resonance Spectroscopy (MRS, CPT® 76390)	Requested by a neurologist or geneticist, or any provider in consultation with a neurologist or geneticist, for: • Initial evaluation **AND/OR** • Disease monitoring **AND/OR** • New or worsening symptoms **AND/OR** • Change in therapy is being considered	• X-linked adrenoleukodystrophy (X-ALD, CALD) • Alexander disease (ALX, AXD, dysmyelinogenic leukodystrophy) • Canavan disease • Creatine deficiency • Globoid Cell Leukodystrophy (Krabbe disease) • Hypomyelination and Congenital Cataract • Maple Syrup Urine disease • Megalencephalic leukoencephalopathy with subcortical cysts

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Imaging Supported	Indications	Suspected or known Neurometabolic and/or neurogenetic disorders, but not limited to
MRI Brain without and with contrast (CPT® 70553) **OR** MRI Brain without contrast (CPT® 70551) **AND/OR** Magnetic Resonance Spectroscopy (MRS, CPT® 76390)	Requested by a neurologist or geneticist, or any provider in consultation with a neurologist or geneticist, for: • Initial evaluation **AND/OR** • Disease monitoring **AND/OR** • New or worsening symptoms **AND/OR** • Change in therapy is being considered	• Metachromatic Leukodystrophy (MCL) • Mitochondrial disorders (such as, but not limited to Leigh's syndrome, Kearns-Sayre syndrome, Mitochondrial Encephalopathy with Lactic Acidosis and Stroke-Like Episodes (MELAS)) • Nonketotic hyperglycinemia • Pelizaeus-Merzbacher disease (PMD) • Vanishing White Matter (VWM) disease (Leukoencephalopathy with VWM, Childhood Ataxia with CNS Hypomyelination (CACH) syndrome)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (HDP-19)

v1.0.2025

1. Noritz GH, and Murphy NA. Motor delays: early identification and evaluation. *Pediatrics*. 2013;131(6)
2. Murias K, Moir A, Myers KA, Liu I, Wei X-C. Systematic review of MRI findings in children with developmental delay or cognitive impairment. *Brain and Development*. 2017;39(8):644-655
3. Haynes KB, Wimberly RL, Vanpelt JM, Jo C-H, Riccio AI, Delgado MR. Toe Walking. *Journal of Pediatric Orthopaedics*. 2018;38(3):152-156
4. Sanyal S, et.al. Magnetic Resonance Imaging of Brain in Evaluation of Floppy Children: A Case Series. *Iran J Child Neurol*. 2015 Autumn; 9(4):65-74. PMCID: PMC4670981PMID: 26664445
5. Ali AS, et al. Magnetic Resonance Imaging (MRI) Evaluation of Developmental Delay in Pediatric Patients. *J Clin Diagn Res*. 2015 Jan; 9(1): TC21-TC24. doi: 10.7860/JCDR/2015/11921.5478
6. Barkovich AJ. Magnetic resonance techniques in the assessment of myelin and myelination. *Journal of Inherited Metabolic Disease*. 2005;28(3):311-343. doi:10.1007/s10545-005-5952-z
7. Bonkowsky JL, Keller S; AAP Section on Neurology, Council on Genetics. Leukodystrophies in Children: Diagnosis, Care, and Treatment. *Pediatrics*. 2021;148(3):e2021053126. doi:10.1542/peds.2021-053126
8. Mankad K, Talenti G, Tan AP, et al. Neurometabolic Disorders of the Newborn. *Top Magn Reson Imaging*. 2018;27(4):179-196. doi:10.1097/RMR.0000000000000176
9. Whitehead MT, Lai LM, Blüml S. Clinical ^{1}H MRS in childhood neurometabolic diseases - part 2: MRS signatures. *Neuroradiology*. 2022;64(6):1111-1126. doi:10.1007/s00234-022-02918-9
10. Aida N. ^{1}H-MR Spectroscopy of the Early Developmental Brain, Neonatal Encephalopathies, and Neurometabolic Disorders. *Magn Reson Med Sci*. 2022;21(1):9-28. doi:10.2463/mrms.rev.2021-0055
11. American Association on Intellectual and Developmental Disabilities. Defining Criteria for Intellectual Disability. Aaidd.org. Published 2019. https://www.aaidd.org/intellectual-disability/definition

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Ataxia (PEDHD-20)

Guideline

Ataxia (PEDHD-20.1)
References (HDP-20)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Ataxia (PEDHD-20.1)

HDP.AT.0020.1.A
v1.0.2025

- See also **Developmental Disorders (PEDHD-19)**
- A pertinent evaluation including a detailed history and physical examination with a thorough neurologic examination, should be performed prior to considering advanced imaging, unless the individual is undergoing guideline-supported scheduled follow-up imaging evaluation or request is from or in consultation with a neurologist or neurosurgeon who has seen the individual since onset of symptoms.
- If spinal etiology of ataxia is suspected the following may be indicated
  - MRI Cervical Spine (CPT® 72141 or CPT® 72156) **AND/OR**
  - MRI Thoracic Spine (CPT® 72146 or CPT® 72157) **AND/OR**
  - MRI Lumbar Spine (CPT® 72148 or CPT® 72158)

Indications	Imaging Studies
• ANY of the following: ◦ Ataxia ◦ Hereditary Ataxia ◦ Slowly progressive ataxia	• ONE of the following: ◦ MRI Brain without and with contrast (CPT® 70553) **OR** ◦ MRI Brain without contrast (CPT® 70551
• Suspected Spinal Etiology	• MRI Cervical Spine without contrast (CPT® 72141) **OR** • MRI Cervical Spine without and with contrast (CPT® 72156) **AND/OR** • MRI Thoracic Spine without contrast (CPT® 72146) **OR** • MRI Thoracic Spine without and with contrast (CPT® 72157) **AND/OR** • MRI Lumbar Spine without contrast (CPT® 72148) **OR** • MRI Lumbar Spine without and with contrast (CPT® 72158)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Indications	Imaging Studies
• Acute ataxia following significant head trauma	• ONE of the following: ◦ CT Head without contrast (CPT® 70450) **OR** ◦ CT Head without and with contrast (CPT® 70470) **OR** ◦ MRI Brain without contrast (CPT® 70551) **OR** ◦ MRI Brain without and with contrast (CPT® 70553)
• Contraindication to MRI	• ONE of the following: ◦ CT Head without and with contrast (CPT® 70470) **OR** ◦ CT Head with contrast (CPT® 70460
• BOTH of the following: ◦ Contraindication to MRI AND ◦ Suspected Spinal Etiology	• CT Cervical Spine without contrast (CPT® 72125) **OR** • CT Cervical Spine without and with contrast (CPT® 72127) **AND/OR** • CT Thoracic Spine without contrast (CPT® 72128) **OR** • CT Thoracic Spine without and with contrast (CPT® 72130) **AND/OR** • CT Lumbar Spine without contrast (CPT® 72131) **OR** • CT Lumbar Spine without and with contrast (CPT® 72133)

- CT should not be used in place of MRI solely to avoid sedation in young children because MRI is superior for imaging the posterior fossa.
- If there is a contraindication to contrast and a spinal etiology is suspected the following may be indicated:
  - CT Cervical Spine (CPT® 72125 or CPT® 72127) **AND/OR**
  - CT Thoracic Spine (CPT® 72128 or CPT® 72130) **AND/OR**
  - CT Lumbar Spine (CPT® 72131 or CPT® 72133)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

- Repeat imaging may be appropriate no more frequently than every 12 months when requested by a neurologist and/or neurosurgeon or any provider in consultation with a neurologist and/or neurosurgeon unless there are new signs or symptoms.

Background and Supporting Information

Ataxia refers to an abnormally ill-coordinated or unsteady gait for age. "Limb ataxia" refers to impaired coordination (for age) of limbs, especially arms. Developmental failure to acquire the ability to walk is a form of developmental delay, not ataxia.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (HDP-20)

v1.0.2025

1. 1. Expert Panel on Pediatric Imaging, Radhakrishnan R, Shea LAG, et al. ACR Appropriateness Criteria® Ataxia-child. *J Am Coll Radiol*. 2022;19(11S):S240-S255.doi:10.1016/j.jacr.2022.09.010
2. Salman MS, Chodirker BN, Bunge M. Neuroimaging Findings and Repeat Neuroimaging Value in Pediatric Chronic Ataxia. *Canadian Journal of Neurological Sciences / Journal Canadien des Sciences Neurologiques*. 2016;43(06):824-832
3. Vedolin L, Gonzalez G, Souza C, Lourenço C, Barkovich A. Inherited Cerebellar Ataxia in Childhood: A Pattern-Recognition Approach Using Brain MRI. *American Journal of Neuroradiology*. 2012;34(5):925-934. doi:10.3174/ajnr.a3055
4. Alves CAPF, Fragoso DC, Gonçalves FG, Marussi VH, Amaral LLFD. Cerebellar Ataxia in Children. *Topics in Magnetic Resonance Imaging*. 2018;27(4):275-302. doi:10.1097/rmr.0000000000000175

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Epistaxis (PEDHD-21)

Guideline

Epistaxis Imaging (PEDHD-21.1)
References (HDP-21)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Epistaxis Imaging (PEDHD-21.1)

HDP.ET.0021.1.A

v1.0.2025

- Initial evaluation of epistaxis (nosebleed), including recurrent epistaxis that is refractory to medical management is by direct or endoscopic visualization of the relevant portions of the upper airway.
- If a mass lesion is detected on direct visualization, any ONE of the following imaging studies is indicated:
  - CT Maxillofacial without contrast (CPT® 70486) **OR** CT Maxillofacial without and with contrast (CPT® 70488)
  - MRI Orbits/Face/Neck without and with contrast (CPT® 70543)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (HDP-21)

v1.0.2025

1. Tunkel DE, Anne S, Payne SC, et al. Clinical Practice Guideline: Nosebleed (Epistaxis). *Otolaryngology–Head and Neck Surgery*. 2020;162(1_suppl). doi:10.1177/0194599819890327
2. ACR-ASNR-SPR Practice Parameter for the Performance of Computed Tomography (CT) of the Extracranial Head and Neck Revised 2021. (Resolution 5). https://www.acr.org/-/media/ACR/Files/Practice-Parameters/CT-Head-Neck

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Papilledema/Pseudotumor Cerebri (PEDHD-22)

Guideline

Papilledema/Pseudotumor Cerebri (PEDHD-22.1)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Papilledema/Pseudotumor Cerebri (PEDHD-22.1)

HDP.PC.0022.1.A

v1.0.2025

- Papilledema/Pseudotumor cerebri indications in pediatric individuals are identical to those for adult individuals. See **Papilledema/Pseudotumor Cerebri (HD-17.1)** in the Head Imaging Guidelines.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Cranial Neuropathies (PEDHD-23)

Guideline

Cranial Neuropathies (PEDHD-23.1)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Cranial Neuropathies (PEDHD-23.1)

HDP.CN.0023.1.A
v1.0.2025

- See **Cranial Neuropathies (HD-31.1)**

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Pediatric Sleep Disorders (PEDHD-24)

Guideline

Pediatric Sleep Disorders (PEDHD-24.1)
References (HDP-24)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Pediatric Sleep Disorders (PEDHD-24.1)

HDP.SD.0024.1.A

v1.0.2025

- See **Pediatric Sleep Guidelines (SL-3)** in the Sleep Apnea and Treatment Clinical Guidelines
- For over 18 years of age OR regarding Oral Appliance OR Hypersomnolence
  - See **Sleep-Related Imaging Guidelines (HD-37)**
- For Obstructive Sleep Apnea:
  - There is NO indication for imaging prior to tonsillectomy (with or without adenoidectomy) for obstructive sleep apnea
  - Initially, endoscopic examination of the upper airway should be performed.
    - CT Maxillofacial without contrast (CPT® 70486) is supported for evaluation of obstructive anatomy if operative intervention, other than a tonsillectomy (with or without adenoidectomy), is being considered.
- For suspected Central Sleep Apnea, the following is supported:
  - MRI Brain without contrast (CPT® 70551) OR
  - MRI Brain without and with contrast (CPT® 70553)
- Advanced imaging is NOT indicated for the following:
  - Confusional arousals
  - Sleep terrors
  - Nightmare disorder
  - Sleep walking (Somnambulism)
  - Bed wetting (Enuresis)
  - Insomnia
  - Narcolepsy (without or with cataplexy)
  - Restless Leg Syndrome/Periodic Limb Movement Disorder
- For suspected sleep-related seizures, see **Epilepsy and Other Seizure Disorders (PEDHD-6)**

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (HDP-24)

v1.0.2025

1. Mitchell RB, Archer SM, Ishman SL, et al. Clinical Practice Guideline: Tonsillectomy in Children (Update). *Otolaryngology–Head and Neck Surgery*. 2019;160(1_suppl). doi:10.1177/0194599818801757

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Temporomandibular Joint (TMJ)/Dental/ Maxillofacial Imaging in Children (PEDHD-25)

Guideline

Temporomandibular Joint Imaging (PEDHD-25.1)
Dental/Periodontal/Maxillofacial Imaging (PEDHD-25.2)
References (HDP-25)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Temporomandibular Joint Imaging (PEDHD-25.1)

HDP.TJ.0025.1.A
v1.0.2025

- Temporomandibular Joint (TMJ) Imaging in Children indications in pediatric individuals are very similar to those for adult individuals. See **Temporomandibular Joint Disease (TMJ) (HD-30.1)** in the Head Imaging Guidelines.
- Pediatric-specific imaging considerations include the following:
  - There is a paucity of clinical symptoms and poor sensitivity of conventional x-rays in diagnosing TMJ arthritis in pediatric individuals with arthritis
- MRI TMJ (CPT® 70336) is indicated annually for detecting silent TMJ arthritis in children with juvenile idiopathic arthritis (JIA) as requested by a rheumatologist and/or oral/maxillofacial surgeon (OMS) and/or any provider in consultation with a rheumatologist or OMS
- Repeat imaging with MRI TMJ (CPT® 70336) in patients with JIA is indicated for any of the following:
  - Change in signs or symptoms suggesting progression of disease
  - To monitor the effects of treatment[7]
- Bone Scintigraphy/Bone Scan 3 Phase Study (CPT® 78315) in individuals over 12 years of age[7] is appropriate in anticipation or consideration of surgery[6]
- Unilateral condylar hyperplasia is manifested by slow growth in areas of the mandible causing facial asymmetry. It is usually a self-limiting condition seen predominantly in 12–30 year olds.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Dental/Periodontal/Maxillofacial Imaging (PEDHD-25.2)

HDP.TJ.0025.2.A
v1.0.2025

- See **Dental/Periodontal/Maxillofacial Imaging (HD 30.2)**

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (HDP-25)

v1.0.2025

1. Zwir LM, Terreri MT, Sousa SA, et al. Are temporomandibular joint signs and symptoms associated with magnetic resonance imaging finings in juvenile idiopathic arthritis patients? A longitudinal study. *Clin Rheumatol*. 2015 Dec; 34 (12) 057-2063
2. Navallas M, Inarejos EJ, Iglesias E, Lee GYC, Rodríguez N, Antón J. MR Imaging of the Temporomandibular Joint in Juvenile Idiopathic Arthritis: Technique and Findings. *RadioGraphics*. 2017;37(2):595-612. doi:10.1148/rg.2017160078
3. Stoll ML, Kau CH, Waite PD, Cron RQ. Temporomandibular joint arthritis in juvenile idiopathic arthritis, now what? *Pediatric Rheumatology*. 2018;16(1)
4. Miller E, Clemente EJI, Tzaribachev N, et al. Imaging of temporomandibular joint abnormalities in juvenile idiopathic arthritis with a focus on developing a magnetic resonance imaging protocol. *Pediatric Radiology*. 2018;48(6):792-800. doi:10.1007/s00247-017-4005-8
5. Hammer MR, Kanaan Y. Imaging of the Pediatric Temporomandibular Joint. *Oral and Maxillofacial Surgery Clinics of North America*. 2018;30(1):25-34. doi:10.1016/j.coms.2017.08.008
6. Lee YH, Hong IK, Chun YH. Prediction of painful temporomandibular joint osteoarthritis in juvenile patients using bone scintigraphy. *Clin Exp Dent Res*. 2019;5(3):225-235. doi:10.1002/cre2.175
7. Schmidt C, Ertel T, Arbogast M, et al. The Diagnosis and Treatment of Rheumatoid and Juvenile Idiopathic Arthritis of the Temporomandibular Joint.*Dtsch Arztebl Int*. 2022;119(4):47-54.doi:10.3238/arztebl.m2021.0388

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Movement Disorders including Tourette Syndrome (PEDHD-26)

Guideline

Tourette Syndrome (PEDHD-26.1)
Movement Disorders (PEDHD-26.2)
References (HDP-26)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Tourette Syndrome (PEDHD-26.1)

HDP.MD.0026.1.A

v1.0.2025

- The diagnosis of Tourette syndrome is made clinically and advanced neuroimaging is not indicated for either diagnosis or management.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Movement Disorders (PEDHD-26.2)

HDP.MD.0026.2.A
v1.0.2025

- Movement disorders are hyperkinetic and hypokinetic movements that are involuntary. The majority are diagnosed based on a clinical diagnosis and do not require imaging.
- Typically Benign Movement disorders include:
  - Stereotypies, repetitive rhythmic movements
  - Tics that are vocal or motor with typical onset and course
  - Tourette Syndrome
  - Essential Tremor or tremors of anxiety or weakness
  - Restless Leg Syndrome
- MRI Brain without contrast (CPT® 70551), **OR** MRI Brain without and with contrast (CPT® 70553) is considered in the following clinical scenarios:
  - Atypical clinical features for example, movements that persist in sleep, onset outside of typical age at onset (4-6 years for tics), rapid progression, incomplete or uncertain medication responsiveness, or clinical diagnostic uncertainty, limbic encephalitis
  - Dystonia, intermittent involuntary muscle contractions
  - Chorea, continual irregular movements
  - Ballism, involuntary high amplitude movements
  - Athetosis, slow writhing continuous movements
  - Myoclonus, involuntary muscle jerks (not sleep myoclonus)
- MRI Brain without contrast (CPT® 70551) **OR** MRI Brain without and with contrast (CPT® 70553) is supported for concerns of:
  - PANS (Pediatric acute-onset neuropsychiatric syndrome) and/or
  - PANDAS (Pediatric autoimmune neuropsychiatric disorder associated with streptococcal infection)
    - Only after a complete medical workup including labs, acute infection, and other comorbid psychiatric disorders (examples, such as Obsessive Compulsive Disorder (OCD), Attention Deficit Hyperactivity Disorder (ADHD) and Autism Spectrum Disorder (ASD) have been investigated.
    - Routine brain imaging is not routinely recommended for OCD, ADHD or ASD.
- See **Movement Disorders (HD-15.1)** in the Head Imaging Guidelines for the following
  - Suspected Huntington Disease
  - Evaluation for surgical treatment of Essential Tremor or Parkinson's disease, including Deep Brain Stimulator (DBS) placement

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

- Post-op imaging is supported when ordered by a neurologist or neurosurgeon or any provider in consultation with a neurologist or neurosurgeon for either procedure.

Background and Supporting Information

- There is little evidence to support the use of MRA/CTA and PET in the evaluation of movement disorders.
- Tourette syndrome (TS) is a neurological disorder characterized by repetitive, stereotyped, involuntary movements and vocalizations called tics. The first symptoms of TS are almost always noticed in childhood. Some of the more common tics include eye blinking and other vision irregularities, facial grimacing, shoulder shrugging, and head or shoulder jerking. Perhaps the most dramatic and disabling tics are those that result in self-harm such as punching oneself in the face, or vocal tics including coprolalia (uttering swear words) or echolalia (repeating the words or phrases of others). Many with TS experience additional neurobehavioral problems including inattention, hyperactivity and impulsivity, and obsessive-compulsive symptoms such as intrusive thoughts/worries and repetitive behaviors

Reference: https://www.ninds.nih.gov/Disorders/All-Disorders/Tourette-Syndrome-Information-Page

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (HDP-26)

v1.0.2025

1. Serajee FJ, Mahbubul Huq AH. Advances in Tourette syndrome: diagnoses and treatment. *Pediatr Clin North Am*. 2015;62(3):687-701. doi:10.1016/j.pcl.2015.03.007
2. Zinner SH, Mink JW. Movement Disorders I: Tics and Stereotypies. *Pediatrics in Review*. 2010;31(6):223-233. doi:10.1542/pir.31-6-223
3. Frankovich J, Swedo S, Murphy T, et al. Clinical Management of Pediatric Acute-Onset Neuropsychiatric Syndrome: Part II—Use of Immunomodulatory Therapies. *Journal of Child and Adolescent Psychopharmacology*. 2017;27(7):574-593. doi:10.1089/cap.2016.0148
4. Cooperstock MS, Swedo SE, Pasternack MS, Murphy TK, Consortium FTP. Clinical Management of Pediatric Acute-Onset Neuropsychiatric Syndrome: Part III—Treatment and Prevention of Infections. *Journal of Child and Adolescent Psychopharmacology*. 2017;27(7):594-606. doi:10.1089/cap.2016.0151
5. Thienemann M, Murphy T, Leckman J, et.al. Clinical Management of Pediatric Acute-Onset Neuropsychiatric Syndrome: Part 1-Psychiatric and Behavioral Interventions. *Journal of Child and Adolescent Psychopharmacology*. 2017;27(7):556-573. doi:10.1089/cap.2016.0145

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Tuberous Sclerosis (PEDHD-27)

Guideline

Tuberous Sclerosis (PEDHD-27.1)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Tuberous Sclerosis (PEDHD-27.1)

HDP.TS.0027.1.A

v1.0.2025

- See **Tuberous Sclerosis Complex (TSC) (PEDONC-2.9)** in the Pediatric and Special Populations Oncology Imaging Guidelines

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Von Hippel-Lindau Syndrome (VHL) (PEDHD-28)

Guideline

Von Hippel-Lindau Syndrome (VHL) (PEDHD-28.1)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Von Hippel-Lindau Syndrome (VHL) (PEDHD-28.1)

HDP.VL.0028.1.A

v1.0.2025

- See **Von Hippel-Lindau Syndrome (VHL) (PEDONC-2.10)** in the Pediatric and Special Populations Oncology Imaging Guidelines

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

CNS Infection (PEDHD-29)

Guideline

CNS Infection (PEDHD-29.1)
References (HDP-29)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

CNS Infection (PEDHD-29.1)

HDP.CI.0029.1.A
v1.0.2025

- CNS infection imaging indications in pediatric individuals are similar to those for adult individuals. See **CNS and Head Infection/Neuro-COVID-19 (HD-14)** in the Head Imaging Guidelines.
- CT Head (as per **General Guidelines – CT Head (HD-1.4)** in the Head Imaging Guidelines) may be considered in Pediatric CNS Infection.
- The following studies are supported for suspected intracranial infection if any signs of CNS infection are present:
  - MRI Brain without and with contrast (CPT® 70553) (preferred) **OR** MRI Brain without contrast (CPT® 70551)
  - CT Head (CPT® 70450, CPT® 70460, **OR** CPT® 70470) in cases where MRI is contraindicated or urgently required prior to lumbar puncture to evaluate for meningitis.
- Repeat imaging is supported if requested by infectious disease specialist, neurologist, ophthalmologist, neuro-opthalmologist or neurosurgeon or any provider coordinating care with an infectious disease specialist, neurologist, ophthalmologist, neuro-opthalmologist or neurosurgeon.
- Pediatric-specific imaging considerations include suspected congenital brain infection and neonatal meningitis. The common causes of prenatal infections of the central nervous system are cytomegalovirus, *Toxoplasma gondii*, herpes simplex type 2 virus and most recently zika virus. The findings suggesting prenatal brain infection include microcephaly, microphthalmia, chorioretinitis, cataracts, hypotonia, and seizures. The following are performed for congenital brain infections:
  - The following imaging is considered for newborn infants with suspected prenatal brain infection regardless of inciting organism. (For additional information see CDC's Areas with risk of Zika site: https://wwwnc.cdc.gov/travel/page/zika-information
- Ultrasound Head (CPT© 76506) is supported as an initial imaging study
  - MRI Brain without and with contrast (CPT® 70553) is indicated if the ultrasound is abnormal.
  - Newborn infants with microcephaly should be evaluated as discussed in **Macrocephaly, Microcephaly, and Hydrocephalus (PEDHD-7)**
- The following imaging is considered for newborns or older infants with an open fontanelle and suspected meningitis:
  - Ultrasound Head (CPT© 76506) as an initial imaging study, but is not required
  - MRI Brain without and with contrast (CPT® 70553)[2] is indicated if the ultrasound is abnormal

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

- A wide spectrum of neurological diseases have been observed in children with COVID-19 infection in children including, but not limited to, Multisystem Inflammatory Syndrome.[7,8]
  - MRI Brain without and with contrast (CPT® 70553) **AND/OR**
  - MRA Head (CPT® 70544, CPT®70545 **OR** CPT® 70546) **OR** CTA Head (CPT® 70496) **AND/OR**
  - MRA Neck (CPT® 70547 **OR** CPT® 70548 **OR** CPT® 70549) **OR** CTA Neck (CPT® 70498) **AND/OR**
    - If Acute Necrotizing Myelitis is suspected, the following are indicated:
      - MRI Cervical Spine without and with contrast (CPT® 72156) **AND/OR**
      - MRI Thoracic Spine without and with contrast (CPT® 72157) **AND/OR**
      - MRI Lumbar Spine without and with contrast (CPT® 72158)
- Metabolic (FDG) Brain PET (CPT® 78608) is appropriate to evaluate individuals suspected of having encephalitis, including autoimmune encephalitis, if diagnosis remains unclear after evaluation with MRI Brain, CSF analysis, and lab testing including serology.[9]

Background and Supporting Information

- Neonatal meningitis most often is caused by bacterial pathogens and usually occurs as a complication of sepsis in the first week of life. In older infants and children, meningeal inoculation occurs secondary to hematogenous spread or penetrating trauma.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (HDP-29)

v1.0.2025

1. De Vries LS, and Volpe JJ. Viral, protozoan, and related intracranial infections. In: Volpe JJ, ed. *Volpe's Neurology of the Newborn*. 6th ed. Philadelphia: Elsevier. 2018;973-1049
2. Melo AS, Aguiar RS, Amorim MM, et al. Congenital Zika Virus Infection: Beyond Neonatal Microcephaly. *JAMA Neurol*. 2016;73(12):1407-1416. doi:10.1001/jamaneurol.2016.3720
3. Levine D, Jani JC, Castro-Aragon I, et al. How does imaging of congenital Zika compare with imaging of other TORCH infections? *Radiology*. 2017;285:744-761
4. De Oliveria Melo AS, Aquiar RS, Amorim MM, et al. Congenital Zika virus infection: beyond neonatal microcephaly. *JAMA Neurol*. 2016 Dec 1;73:1407-1416
5. Rabe I, Meaney-Delman D, and Moore CA. "Zika Virus – What Clinicians Need to Know." clinician outreach and communication activity call. Centers for Disease Control and Prevention. 26 Jan. 2016. Available at: http://coursewareobjects.elsevier.com/objects/elr/ExpertConsult/Kliegman/nelson20e/updates/CDC_presentation_01262016.pdf
6. ACR-ASNR-SPR Practice Parameter for the Performance of Computed Tomography (CT) of the Extracranial Head and Neck Revised 2021. (Resolution 5). https://www.acr.org/-/media/ACR/Files/Practice-Parameters/CT-Head-Neck
7. Wong A, Toh CH. Spectrum of neuroimaging mimics in children with COVID-19 infection [published online ahead of print, 2021 Nov 15]. *Biomed J*. 2021;S2319-4170(21)00151-7. doi:10.1016/j.bj.2021.11.005
8. Lindan CE, Mankad K, Ram D, et al. Neuroimaging manifestations in children with SARS-CoV-2 infection: a multinational, multicentre collaborative study. *Lancet Child Adolesc Health*. 2021;5(3):167-177 doi:10.1016/S2352-4642(20)30362-X
9. Probasco JC, Solnes L, Nalluri A, et al. Abnormal brain metabolism on FDG-PET/CT is a common early finding in autoimmune encephalitis. *Neurology - Neuroimmunology Neuroinflammation*. 2017;4(4). doi:10.1212/nxi.0000000000000352
10. Mullins E, Perry A, Banerjee J, et al. Pregnancy and neonatal outcomes of COVID-19: The PAN-COVID study.*Eur J Obstet Gynecol Reprod Biol*. 2022;276:161-167. doi:10.1016/j.ejogrb.2022.07.010
11. Hwee TP, Koh Cheng T. Imaging of Congenital/Childhood Central Nervous System Infections.*Neuroimaging Clin N Am*. 2023;33(1):207-224. doi:10.1016/j.nic.2022.07.017

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Scalp and Skull Lesions (PEDHD-30)

Guideline

Scalp and Skull Lesions (PEDHD-30.1)
References (HDP-30)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Scalp and Skull Lesions (PEDHD-30.1)

HDP.SL.0030.1.A
v1.0.2025

- Scalp and skull lesion imaging indications in pediatric individuals are identical to those for adult individuals with the exception of neonates. See **Scalp and Skull Lesions (HD-20.1)** in the Head Imaging Guidelines.
  - In neonates and young infants, scalp masses include:
    - Congenital lesions (cephalocele-discussed above, dermoid cysts, epidermoid cyst)
    - Vascular lesions (hemangioma, sinus pericranii)
    - Extracranial hemorrhage related to birth trauma (caput succedaneum, cephalohematoma, subgaleal hematoma)
    - After the first year of life, malignant tumors, such as Langerhans cell histiocytosis metastases from neuroblastoma and rhabdomyosarcoma are an additional cause of a scalp mass.
- The following imaging is considered for newborns with palpable scalp and skull lesions.
  - Ultrasound Head (CPT® 76506) is supported as an initial imaging study.
  - MRI Brain without and with contrast (CPT® 70553) (preferred) or CT Head without and with contrast (CPT® 70470) is indicated if the ultrasound is abnormal and associated anomalies are suspected
- The following imaging is indicated for children and adults with Pott Puffy Tumor:
  - MRI Brain without and with contrast (CPT® 70553) OR CT Head without and with contrast (CPT® 70470)[7]
  - Repeat imaging is supported if requested by neurologist, neurosurgeon, otolaryngologist (ENT) and/or oral maxillofacial surgery (OMS) or any provider coordinating care with a neurologist, neurosurgeon, otolaryngologist (ENT) and/or oral maxillofacial surgery (OMS).

Background and Supporting Information

- Pott Puffy Tumor is an abscess involving the frontal bone with adjacent osteomyelitis as the result of a frontal sinus infection that spreads contiguously through the wall of the sinus or through hematogenous spread via the veins that drain sinus mucosa.[7]

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (HDP-30)

v1.0.2025

1. Siegel MJ. Brain. In: *Pediatric sonography.* 5th ed. Philadelphia. Wolters Kluwer. 2018 40-111
2. Bansal AG, Oudsema R, Masseaux JA, Rosenberg HK. US of Pediatric Superficial Masses of the Head and Neck. *RadioGraphics*. 2018;38(4):1239-1263. doi:10.1148/rg.2018170165
3. Carratalá RM, Cabezuelo MEC, Herrera IH, et al. Nontraumatic Lesions of the Scalp: Practical Approach to Imaging Diagnosis: Neurologic/Head and Neck Imaging. *RadioGraphics*. 2017;37(3):999-1000. doi:10.1148/rg.2017160112
4. Kollipara R, Dinneen L, Rentas KE, et al. Current Classification and Terminology of Pediatric Vascular Anomalies. *American Journal of Roentgenology*. 2013;201(5):1124-1135. doi:10.2214/ajr.12.10517
5. Robinson AJ, Blaser S and Fink AM. Prenatal Imaging. Caffey's Pediatric Diagnostic Imaging, Chapter 19. Coley BR, et al. 13th edition. 2019, pp 158-161
6. Tobler JF, Slovis, TL and Rozzelle AA. Selected Craniofacial Syndromes, and Other Abnormalities of the Skull. Caffey's Pediatric Diagnostic Imaging, Chapter 20. Coley BR, et al. 13th edition. 2019, pp 162-180
7. Barnett RR, Piazza MG, Elton SW. Pediatric Neurosurgery in Primary Care: Masses of the Scalp and Skull in Children.*Pediatr Clin North Am*. 2021;68(4):743-757. doi:10.1016/j.pcl.2021.04.003

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Eye Disorders (PEDHD-31)

Guideline

Eye Disorders (PEDHD-31.1)
References (HDP-31)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Eye Disorders (PEDHD-31.1)

HDP.EY.0031.1.A
v1.0.2025

- Eye disorder imaging indications in pediatric individuals are close to identical to those for adult individuals. See **Eye Disorders and Visual Loss (HD-32.1)** in the Head Imaging Guidelines

Indication	Imaging Studies
◦ Imaging is supported in the evaluation for congenital disorders or disorders that begin early in life, such as, but not limited to ▪ Optic Nerve Hypoplasia ▪ Septo-Optic Dysplasia ▪ Infantile Nystagmus Syndrome[3,4]	◦ MRI Orbits/Face/Neck without contrast (CPT® 70540) **OR** ◦ MRI Orbits/Face/Neck without and with contrast (CPT® 70543) **OR** ◦ CT Orbits/Temporal Bone with contrast (CPT® 70481) **OR** ◦ CT Orbits/Temporal Bone without contrast (CPT® 70480) **AND/OR** ◦ MRI Brain without contrast (CPT® 70551) **OR** ◦ MRI Brain with and without contrast (CPT® 70553)[3,4]

- Repeat imaging is supported if requested by a neurologist, ophthalmologist, neuro-opthalmologist or neurosurgeon or any provider coordinating care with a neurologist, ophthalmologist, neuro-opthalmologist or neurosurgeon.
- For traumatic retinal hemorrhages as seen in suspected shaken baby syndrome (See **(PEDHD-4.1)**)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (HDP-31)

v1.0.2025

1. Dumitrescu AV, Scruggs BA, Drack AV. Clinical Guidelines: Childhood Nystagmus Workup. American Academy of Ophthalmology. https://www.aao.org/disease-review/clinical-guidelines-childhood-nystagmus-workup. Published February 13, 2020
2. Ganau M, Huet S, Syrmos N, Meloni M, Jayamohan J. Neuro-Ophthalmological Manifestations Of Septo-Optic Dysplasia: Current Perspectives Eye and Brain. 2019;Volume 11:37-47. doi:10.2147/eb.s186307
3. Costello F, Scott JN. Imaging in Neuro-ophthalmology. *CONTINUUM (MINNEAP MINN).* 2019;25(5, NEURO-OPHTHALMOLOGY):1438–1490
4. Bhat R, Al-Samarraie M, Nada A, Leiva-Salinas C, Whitehead M, Mahdi E. Spotlight on the pediatric eye: a pictorial review of orbital anatomy and congenital orbital pathologies. *Neuroradiol J.* 2021;34(1):21-32. doi: 10.1177/1971400920949232

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Table of Contents

Guideline

General Guidelines (PEDMS-1.0)
Fracture and Dislocation (PEDMS-2)
Soft Tissue and Bone Masses (PEDMS-3)
Limping Child (PEDMS-4)
Developmental Dysplasia of the Hip (PEDMS-5)
Avascular Necrosis (AVN) / Legg-Calvé-Perthes Disease / Idiopathic Osteonecrosis (PEDMS-6)
Suspected Physical Child Abuse (PEDMS-7)
Infection/Osteomyelitis (PEDMS-8)
Foreign Body (PEDMS-9)
Inflammatory Musculoskeletal Disease (PEDMS-10)
Muscle/Tendon Unit Injuries (PEDMS-11)
Osgood-Schlatter Disease (PEDMS-12)
Popliteal (Baker) Cyst (PEDMS-13)
Slipped Capital Femoral Epiphysis (SCFE) (PEDMS-14)
Limb Length Discrepancy (PEDMS-15)
Congenital Anomalies of the Foot and Lower Extremity (PEDMS-16)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

General Guidelines (PEDMS-1.0)

Guideline

Procedure Codes Associated with Musculoskeletal Imaging (PEDMS)
General Guidelines (PEDMS-1.0)
Age Considerations (PEDMS-1.1)
Appropriate Clinical Evaluation and Conservative Treatment (PEDMS-1.2)
Modality General Considerations (PEDMS-1.3)
References (PEDMS-1)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Procedure Codes Associated with Musculoskeletal Imaging (PEDMS)

MSP.GG.ProcedureCodes.A
v2.0.2025

MRI	CPT®
MRI Upper Extremity non-joint without contrast	73218
MRI Upper Extremity non-joint with contrast (rarely used)	73219
MRI Upper Extremity non-joint without and with contrast	73220
MRI Upper Extremity joint without contrast	73221
MRI Upper Extremity joint with contrast (rarely used)	73222
MRI Upper Extremity joint without and with contrast	73223
MRI Lower Extremity non-joint without contrast	73718
MRI Lower Extremity non-joint with contrast (rarely used)	73719
MRI Lower Extremity non-joint without and with contrast	73720
MRI Lower Extremity joint without contrast	73721
MRI Lower Extremity joint with contrast (rarely used)	73722
MRI Lower Extremity joint without and with contrast	73723
Unlisted MRI procedure (for radiation planning or surgical software)	76498

MRA	CPT®
MRA Upper Extremity	73225

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

MRA	CPT®
MRA Lower Extremity	73725

CT	CPT®
CT Upper Extremity without contrast	73200
CT Upper Extremity with contrast	73201
CT Upper Extremity without and with contrast	73202
CT Lower Extremity without contrast	73700
CT Lower Extremity with contrast	73701
CT Lower Extremity without and with contrast	73702
CT Chest without contrast	71250
CT Chest with contrast	71260
CT Abdomen with contrast	74160
CT Pelvis with contrast	72193
CT Abdomen and Pelvis with contrast	74177
Bone Mineral Density CT, one or more sites, axial skeleton	77078
CT Guidance for Placement of Radiation Therapy Fields	77014
Unlisted CT procedure (for radiation planning or surgical software)	76497

CTA	CPT®
CTA Upper Extremity	73206
CTA Lower Extremity	73706

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Nuclear Medicine	CPT®
PET Imaging; limited area (this code not used in pediatrics)	78811
PET Imaging: skull base to mid-thigh (this code not used in pediatrics)	78812
PET Imaging: whole body (this code not used in pediatrics)	78813
PET with concurrently acquired CT; limited area (this code rarely used in pediatrics)	78814
PET with concurrently acquired CT; skull base to mid-thigh	78815
PET with concurrently acquired CT; whole body	78816
Bone Marrow Imaging Limited Areas	78102
Bone Marrow Imaging Multiple Areas	78103
Bone Marrow Imaging Whole Body	78104
Nuclear Bone Scan Limited	78300
Nuclear Bone Scan Multiple Areas	78305
Nuclear Bone Scan Whole Body	78306
Bone Scan Three Phase	78315
DEXA Bone Densitometry, axial skeleton	77080
DEXA Bone Densitometry, peripheral skeleton	77081
Radiopharmaceutical localization of tumor, inflammatory process or distribution of radiopharmaceutical agent(s) (includes vascular flow and blood pool imaging, when performed); planar, single area (eg, head, neck, chest, pelvis), single day imaging	78800

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Nuclear Medicine	CPT®
Radiopharmaceutical localization of tumor, inflammatory process or distribution of radiopharmaceutical agent(s) (includes vascular flow and blood pool imaging, when performed); planar, 2 or more areas (eg, abdomen and pelvis, head and chest), 1 or more days imaging or single area imaging over 2 or more days	78801
Radiopharmaceutical localization of tumor, inflammatory process or distribution of radiopharmaceutical agent(s) (includes vascular flow and blood pool imaging, when performed); planar, whole body, single day imaging	78802
Radiopharmaceutical localization of tumor, inflammatory process or distribution of radiopharmaceutical agent(s) (includes vascular flow and blood pool imaging, when performed); tomographic (SPECT), single area (eg, head, neck, chest, pelvis), single day imaging	78803
Radiopharmaceutical localization of tumor, inflammatory process or distribution of radiopharmaceutical agent(s) (includes vascular flow and blood pool imaging, when performed); tomographic (SPECT) with concurrently acquired computed tomography (CT) transmission scan for anatomical review, localization and determination/detection of pathology, single area (eg, head, neck, chest, pelvis), single day imaging	78830
Radiopharmaceutical localization of tumor, inflammatory process or distribution of radiopharmaceutical agent(s) (includes vascular flow and blood pool imaging, when performed); tomographic (SPECT), minimum 2 areas (eg, pelvis and knees, abdomen and pelvis), single day imaging, or single area imaging over 2 or more days	78831
Radiopharmaceutical localization of tumor, inflammatory process or distribution of radiopharmaceutical agent(s) (includes vascular flow and blood pool imaging, when performed); tomographic (SPECT) with concurrently acquired computed tomography (CT) transmission scan for anatomical review, localization and determination/detection of pathology, minimum 2 areas (eg, pelvis and knees, abdomen and pelvis), single day imaging, or single area imaging over 2 or more days	78832

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Ultrasound	CPT®
Ultrasound, extremity, nonvascular; complete joint	76881
Ultrasound, extremity, nonvascular; limited, anatomic specific for focal abnormality	76882
Ultrasound, infant hips; dynamic (requiring physician manipulation)	76885
Ultrasound, infant hips; limited, static (not requiring physician manipulation)	76886
Ultrasound, axilla	76882
Ultrasound, upper back	76604
Ultrasound, lower back	76705
Ultrasound, other soft tissue areas not otherwise specified	76999
Limited bilateral noninvasive physiologic studies of upper or lower extremity arteries	93922
Complete bilateral noninvasive physiologic studies of upper or lower extremity arteries	93923
Duplex scan of upper extremity arteries or arterial bypass grafts; complete bilateral	93930
Duplex scan of upper extremity arteries or arterial bypass grafts; unilateral or limited	93931
Duplex scan of extremity veins including responses to compression and other maneuvers; complete bilateral study	93970
Duplex scan of extremity veins including responses to compression and other maneuvers; unilateral or limited study	93971
Duplex scan of hemodialysis access (including arterial inflow, body of access and venous outflow)	93990

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

General Guidelines (PEDMS-1.0)

MSP.GG.0001.0.A

v2.0.2025

- A pertinent clinical evaluation including a detailed history, physical examination, appropriate laboratory studies and basic imaging such as plain x-ray or ultrasound should be performed prior to considering advanced imaging (CT, MR, Nuclear Medicine), unless the individual is undergoing guideline-supported scheduled imaging evaluation. A meaningful technological contact (telehealth visit, telephone call, electronic mail or messaging) can serve as a pertinent clinical evaluation.
- Plain x-ray should be done prior to advanced imaging. The results of plain x-rays performed after the current episode of symptoms started or changed need to be available to the requesting provider of the advanced imaging study. X-ray can rule out those situations that do not require advanced imaging, such as acute/healing fracture, osteomyelitis, and tumors of bone amenable to biopsy or radiation therapy (in known metastatic disease), etc.
  - Even in soft tissue masses, plain x-rays are helpful in evaluating for calcium/bony deposits, e.g. myositis ossificans and invasion of bone.
- Unless otherwise stated in a specific guideline section, repeat imaging studies of the same body area are not necessary unless there is evidence for progression of disease, new onset of disease, and/or documentation of how repeat imaging will affect individual management or treatment decisions.
- Provider-directed conservative care may include any or all of the following: R.I.C.E (rest, ice, compression, and elevation), NSAIDs (non-steroidal anti-inflammatory drugs), narcotic and non-narcotic analgesic medications, oral or injectable corticosteroids, viscosupplementation injections, a provider-directed home exercise program, cross-training, physical medicine, or immobilization by splinting/casting/bracing.
- These guidelines are based upon using advanced imaging to answer specific clinical questions that will affect patient management. Imaging is not indicated if the results will not affect individual management decisions. Standard medical practice would dictate continuing conservative therapy prior to advanced imaging in individuals who are improving on current treatment programs.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Age Considerations (PEDMS-1.1)

MSP.GG.0001.1.A

v2.0.2025

- Many conditions affecting the musculoskeletal system in the pediatric population are different diagnoses than those occurring in the adult population. For those diseases which occur in both pediatric and adult populations, differences may exist in management due to individual age, comorbidities, and differences in disease natural history between children and adults.
- Individuals who are ≤18 years old should be imaged according to the Pediatric Musculoskeletal Imaging Guidelines if discussed[15]. Any conditions not specifically discussed in the Pediatric Musculoskeletal Imaging Guidelines should be imaged according to the General Musculoskeletal Imaging Guidelines. Individuals who are >18 years old should be imaged according to the General Musculoskeletal Imaging Guidelines except where directed otherwise by a specific guideline section.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Appropriate Clinical Evaluation and Conservative Treatment (PEDMS-1.2)

MSP.GG.0001.2.A
v2.0.2025

- See: **General Guidelines (PEDMS-1.0)**

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Modality General Considerations (PEDMS-1.3)

MSP.GG.0001.3.A
v2.0.2025

- MRI
  - MRI without contrast is the preferred modality for pediatric musculoskeletal imaging unless otherwise stated in a specific guideline section, as it is superior in imaging the soft tissues and can also define physiological processes in some instances, e.g. edema, loss of circulation (AVN), and increased vascularity (tumors).
  - MRI without and with contrast is frequently recommended for evaluation of tumors, infection, post-operative evaluation, arthrography, and juvenile idiopathic arthritis, as described in the disease-specific guideline sections.
  - Due to the length of time required for MRI acquisition and the need to minimize patient movement, anesthesia is usually required for almost all infants (except neonates) and young children (age <7 years), as well as older children with delays in development or maturity. This anesthesia may be administered via oral or intravenous route. In this individual population, MRI sessions should be planned with a goal of minimizing anesthesia exposure by adhering to the following considerations:
    - MRI procedures can be performed without and/or with contrast as supported by these condition-based guidelines. If intravenous access will already be present for anesthesia administration and there is no contraindication for using contrast, imaging without and with contrast may be appropriate if requested. By doing so, the requesting provider may avoid repetitive anesthesia administration to perform an MRI with contrast if the initial study without contrast is inconclusive.
      - Evidence-based literature demonstrates the potential for gadolinium deposition in various organs including the brain, after the use of MRI contrast.
      - The U.S. Food and Drug Administration (FDA) has noted that there is currently no evidence to suggest that gadolinium retention in the brain is harmful and restricting gadolinium-based contrast agents (GBCAs) use is not warranted at this time. It has been recommended that GBCA use should be limited to circumstances in which additional information provided by the contrast agent is necessary and the necessity of repetitive MRIs with GBCAs should be assessed.
    - If multiple body areas are supported by these guidelines for the clinical condition being evaluated, MRI of all necessary body areas should be obtained concurrently in the same imaging session.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

- The presence of surgical hardware or implanted devices may preclude MRI, as magnetic field distortion may limit detail in adjacent structures. CT may be the procedure of choice in these cases.
- The selection of best examination may require coordination between the provider and the imaging service.

- CT
  - CT without contrast is generally superior to MRI for imaging bone and joint anatomy; thus it is useful for studying complex fractures (particularly of the joints, dislocations, and assessing delayed union or non-union of fractures, integration of bone graft material, if plain x-rays are equivocal.
    - CT should not be used to replace MRI in an attempt to avoid sedation unless listed as a recommended study in a specific guideline section.
  - CT beam attenuation can result in streak artifact which can obscure adjacent details. This can occur with radiopaque material such as metal objects or dense bones.
  - The selection of best examination may require coordination between the requesting provider and the rendering imaging facility.
- Ultrasound
  - Ultrasound is frequently used to evaluate infants for hip dysplasia, to detect and/or aspirate joint effusion, and as an initial evaluation of extremity soft tissue masses.
  - CPT® codes vary by body area and the use of Doppler imaging. These CPT® codes are included in the table at the beginning of this guideline.
- Nuclear Medicine
  - Nuclear medicine studies are commonly used in evaluation of the peripheral musculoskeletal system, and other rare indications exist as well:
    - Bone scan (CPT® 78315), Distribution of Radiopharmaceutical Agent SPECT (CPT® 78803, or 78831), or SPECT/CT (CPT® 78830) is indicated for evaluation of suspected loosening of orthopedic prostheses when recent plain x-ray is nondiagnostic.
    - Nuclear medicine bone marrow imaging (CPT® codes: CPT® 78102, CPT® 78103, or CPT® 78104), SPECT (CPT® code: 78803), or SPECT/CT (CPT® 78830) is indicated for detection of ischemic or infarcted regions in sickle cell disease.
    - Triple phase bone scan (CPT® 78315) is indicated for evaluation of complex regional pain syndrome or reflex sympathetic dystrophy.
- 3D Rendering
  - 3D Rendering indications in pediatric musculoskeletal imaging are identical to those in the general imaging guidelines. See: **3D Rendering (MS-3)** for imaging guidelines.
- Bilateral Imaging

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

- Coding for bilateral imaging may vary from health care plan to health care plan. Not all coding options may be available for all health care plans.

The guidelines listed in this section for certain specific indications are not intended to be all-inclusive; clinical judgment remains paramount and variance from these guidelines may be appropriate and warranted for specific clinical situations.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (PEDMS-1)

v2.0.2025

1. ACR–ASER–SCBT-MR–SPR Practice Parameter for the performance of pediatric computed tomography (CT). Revised 2019 (Resolution 6). https://www.acr.org/-/media/ACR/Files/Practice-Parameters/CT-Ped.pdf?la=en
2. ACR–SPR–SSR Practice Parameter for the performance of radiography of the extremities. Revised 2018 (Resolution 6). https://www.acr.org/-/media/ACR/Files/Practice-Parameters/Rad-Extremity.pdf?la=en
3. ACR Practice Parameter for performing and interpreting magnetic resonance imaging (MRI). Revised 2022 (Resolution 8). https://www.acr.org/-/media/ACR/Files/Practice-Parameters/MR-Perf-Interpret.pdf.
4. Biassoni L, Easty M. Paediatric nuclear medicine imaging. *Br Med Bull*. 2017;123(1):127-148. doi:10.1093/bmb/ldx025.
5. Ing C, DiMaggio C, Whitehouse A, et al. Long-term differences in language and cognitive function after childhood exposure to anesthesia. *Pediatrics.* 2012;130(3):e476-e485. doi:10.1542/peds.2011-3822d.
6. Monteleone M, Khandji A, Cappell J, et al. Anesthesia in children: perspectives from nonsurgical pediatric specialists. *J Neurosurg Anesthesiol.* 2014;26(4):396-398. doi;10.1097/ana.0000000000000124.
7. DiMaggio C, Sun LS, Li G. Early Childhood exposure to anesthesia and risk of developmental and behavioral disorders in a sibling birth cohort. *Anesth Analg.* 2011;113(5):1143-1151. doi:10.1213/ane.0b013e3182147f42.
8. Hindorf C, Glatting G, Chiesa C, et al. EANM Dosimetry committee guidelines for bone marrow and whole body dosimetry. *Eur J Nucl Med Mol Imaging*. 2010;37(6):1238-1250. doi:10.1007/s00259-010-1422-4.
9. Hryhorczuk AL, Restropo R. Pediatric musculoskeletal ultrasound: practical imaging approach. *AJR.* 2016;206:W62-W72. doi:10.2214/AJR.15.15858.
10. Fraum TJ, Ludwig DR, Bashir MR, et al. Gadolinium-based contrast agents: a comprehensive risk assessment. *J. Magn. Reson. Imaging*. 2017;46(2):338–353. doi:10.1002/jmri.25625.
11. FDA Medical Imaging Drug Advisory Committee meeting 9/8/17 Minutes available at: https://www.fda.gov/downloads/AdvisoryCommittees/CommitteesMeetingMaterials/Drugs/MedicalImagingDrugsAdvisoryCommittee/UCM574746.pdf.
12. Eutsler EP, Siegel MJ. Musculoskeletal system and vascular imaging. In: Siegel MJ eds. *Pediatric sonography.* 5th ed. Philadelphia, PA:. Wolters Kluwer; 2018:601-642.
13. Fotenos, A. *Update on FDA approach to safety issue of gadolinium retention after administration of gadolinium-based contrast agents*. FDA. https://www.fda.gov/media/116492/download. Accessed April 22, 2020.
14. Blumfield E, Swenson DW, Iyer RS, Stanescu AL. Gadolinium-based contrast agents – review of recent literature on magnetic resonance imaging signal intensity changes and tissue deposits, with emphasis on pediatric patients. *Pediatric Radiology.* 2019;49(4):448-457. doi:10.1007/s00247-018-4304-8.
15. Implementation Guide: Medicaid State Plan Eligibility Eligibility Groups Mandatory Coverage Infants and Children under Age 19 Guidance Portal. https://www.hhs.gov/guidance/document/implementation-guide-medicaid-state-plan-eligibility-eligibility-groups-aeu-mandatory-2.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Fracture and Dislocation (PEDMS-2)

Guideline

Fracture and Dislocation (PEDMS-2)
Acute Fracture (PEDMS-2.1)
Joint-Adjacent Fracture (PEDMS-2.2)
Growth Plate Injuries (Salter-Harris Fractures) (PEDMS-2.3)
Osteochondral or Chondral Fractures, Including Osteochondritis Dissecans (PEDMS-2.4)
Stress/Occult Fracture (PEDMS-2.5)
Compartment Syndrome (PEDMS-2.6)
Physical Child Abuse (PEDMS-2.7)
References (PEDMS-2)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Fracture and Dislocation (PEDMS-2)

MSP.FX.0002.0.A

v2.0.2025

- A pertinent clinical evaluation including a detailed history, physical examination, and plain x-ray should be performed prior to considering advanced imaging.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Acute Fracture (PEDMS-2.1)

MSP.FX.0002.1.A
v2.0.2025

- Plain x-rays should be performed initially in any obvious or suspected acute fracture or dislocation.
  - If plain x-rays are positive, no further imaging is generally indicated except in complex (comminuted or displaced) joint fractures where MRI or CT without contrast can be approved for preoperative planning.
  - 3D Rendering may sometimes be indicated for complex fracture repairs. See: **3D Rendering (MS-3)** in the Musculoskeletal Imaging Guidelines.
- Ultrasound (CPT® 76881 or CPT® 76882) may be approved for evaluation of fracture, but is not required to allow for other advanced imaging,[12] especially in infants.[13] Ultrasound is typically a secondary method of fracture detection when used, though some centers use it as the sole imaging modality for skull and clavicle fractures.[15]
- CT or MRI without contrast is indicated if plain x-rays are negative or equivocal for fracture, and fracture or bone marrow edema is still clinically suspected, and if the results will determine immediate treatment decisions as documented by the treating physician.[12]
- Bone scan may be approved for evaluation of suspected fracture when two x-rays are negative at least 10 days apart, using any of the following CPT® code combinations:
  - CPT® 78300, CPT® 78305, or CPT® 78306 as a single study
  - See: **Stress/Occult Fracture (PEDMS-2.5)** for bone scan indications

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Joint-Adjacent Fracture (PEDMS-2.2)

MSP.FX.0002.2.A

v2.0.2025

- CT without contrast can be approved in complex (comminuted or displaced) fractures seen on plain x-ray involving a joint for preoperative planning.
- CT without contrast can be approved when there is clinical concern for delayed union or non-union of fracture or joint fusions on follow-up plain x-ray.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Growth Plate Injuries (Salter-Harris Fractures) (PEDMS-2.3)

MSP.FX.0002.3.A

v2.0.2025

- These fractures can generally be diagnosed and managed adequately with plain x-ray.[14]
- In case of severe injury with displacement of bone fractures seen on plain x-ray, CT without contrast may be indicated prior to surgical intervention.[14]
- If there is concern for delayed union or non-union of the bone seen on plain x-ray, CT without contrast is indicated.
- MRI without contrast is indicated for the evaluation of a suspected physeal bar in a healing fracture or other complication of a fracture involving the growth plate seen on plain x-ray or CT which may result in abnormal growth.[14] While physeal bars may be seen on CT, some fibrous physeal bars can be missed on CT. As such, MRI is the preferred imaging modality.[13]
- Compressive injuries of the growth plate (Salter-Harris V) injuries may be difficult to identify on plain films, and MRI without contrast is indicated for confirmation.[14]

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Osteochondral or Chondral Fractures, Including Osteochondritis Dissecans (PEDMS-2.4)

MSP.FX.0002.4.A
v2.0.2025

An osteochondral fracture is a tear of the cartilage which covers the end of a bone, within a joint. It is also known as Osteochondritis Dissecans. In both disorders, the osteochondral fragment may separate from the articular surface and form loose bone fragments in a joint.

- If x-rays are negative and an osteochondral fracture is still suspected, or if x-ray or clinical exam suggests an unstable osteochondral injury, either MRI without contrast, MR arthrogram, or CT arthrogram of the involved joint is indicated.
- If plain x-rays show a non-displaced osteochondral fragment, follow up imaging should be with plain x-rays. Advanced imaging is not necessary.
- MRI without contrast or CT without contrast is indicated when healing cannot be adequately assessed on follow up plain x-rays.[10]

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Stress/Occult Fracture (PEDMS-2.5)

MSP.FX.0002.5.A
v2.0.2025

- These fractures can usually be adequately evaluated by history, physical exam, and x-ray. Advanced imaging may be appropriate as discussed below if the initial evaluation of history, physical exam, and plain x-ray fails to establish a definitive diagnosis.
- Plain x-rays should be performed before advanced imaging. Plain x-rays are often negative initially, but may become positive after 14 days.
- If stress or occult fracture is suspected involving the pelvis, sacrum, hip, femur, tibia, tarsal navicular, proximal 5th metatarsal, or scaphoid, and initial plain x-ray fails to establish a definitive diagnosis:
  - MRI or CT without contrast is indicated, without conservative care or follow-up plain x-rays OR
  - Bone scan (CPT® 78315, 78306, or 78300), SPECT/CT (CPT® 78830), or Distribution Of Radiopharmaceutical Agent SPECT (CPT® 78803) may be approved in place of MRI or CT if provider requests
- For all other suspected stress or occult fractures, if follow-up plain x-rays are negative after 10 days of conservative care, or initial non-diagnostic x-ray is obtained a minimum of 14 days after the onset of symptoms:
  - MRI or CT without contrast is indicated OR
  - Bone scan (CPT® 78315, 78306, or 78300), SPECT/CT (CPT® 78830), or Distribution Of Radiopharmaceutical Agent SPECT (CPT® 78803) may be approved in place of MRI or CT if provider requests
- Periodic follow-up plain x-rays will usually show progressive healing.
  - CT without contrast is indicated when there is clinical concern for non-union.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Compartment Syndrome (PEDMS-2.6)

MSP.FX.0002.6.A

v2.0.2025

- Acute compartment syndrome is a clinical diagnosis made by direct measurement of compartment pressure and is a surgical emergency. Advanced imaging is not indicated.
- See: **Chronic Exertional Compartment Syndrome (MS-11.3)** for imaging guidelines.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Physical Child Abuse (PEDMS-2.7)

MSP.FX.0002.7.A
v2.0.2025

- See: **Suspected Physical Child Abuse (PEDMS-7)** for imaging guidelines

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

References (PEDMS-2)

v2.0.2025

1. Mintz DN, Roberts CC, Bencardino JT, et al. ACR Appropriateness Criteria®. Chronic hip pain. Date of origin: 1985. Last review date: 2022. https://acsearch.acr.org/docs/69425/Narrative.
2. Bruno MA, Weissman BN, Kransdorf MJ, et al. ACR Appropriateness Criteria®. Acute hand and wrist trauma. Date of origin: 1998. Last review date: 2018. https://acsearch.acr.org/docs/69418/Narrative/
3. Luchs JS, Flug JA, Weissman BN, et al. ACR Appropriateness Criteria®. Chronic ankle pain. Date of origin: 1998. Last review date: 2017. https://acsearch.acr.org/docs/69422/Narrative.
4. Taljanovic MS, Chang EY, Ha AS, et al. ACR Appropriateness Criteria®. Acute Trauma to the Knee. Last review date: 2019. https://acsearch.acr.org/docs/69419/Narrative/.
5. Bencardino JT, Stone TJ, Roberts CC, et al. ACR Appropriateness Criteria®. Stress (fatigue/insufficiency) fracture, including sacrum, excluding other vertebrae. Last review date: 2016. https://acsearch.acr.org/docs/69435/Narrative/.
6. Rodrigo RM, Vilanova JC, Martel J. Sports injuries in children and adolescents: a case-based approach. New York, NY: Springer; 2014.
7. Wootton-Gorges SL, Soares BP, Alazraki AL, et al. ACR Appropriateness Criteria®. Suspected physical abuse—child. Last review date: 2016. https://acsearch.acr.org/docs/69443/Narrative/.
8. Christian CW, Crawford-Jakubiak JE, Flaherty EG, et al. AAP Clinical Practice Guideline: The evaluation of suspected physical child abuse. *Pediatrics*. 2015;135(5):e1337-e1354. doi:10.1542/peds.2015-0356 .
9. Nguyen JC, Markhardt BK, Merrow AC, Dwek JR. Imaging of pediatric growth plate disturbances. *RadioGraphics*. 2017;37(6):1791-812.
10. Ecklund K. Sports-related injuries of the pediatric musculoskeleton: lower extremity. 2021. In: Hodler J, Kubik-Huch RA, von Schulthess GK, eds. Musculoskeletal Diseases 2021-2024: Diagnostic Imaging [Internet]. Cham (CH): Springer; 2021. Chapter 19. PMID: 33950618.
11. Kraus R, Dresing K. Rational usage of fracture imaging in children and adolescents. *Diagnostics (Basel)*. 2023;13(3):538. doi:10.3390/diagnostics13030538.
12. Chauvin NA, Khwaja A. Musculoskeletal imaging in neonates: use of ultrasound. *Pediatr Radiol*. 2022;52(4):765-776. doi:10.1007/s00247-021-05152-2.
13. Wang DC, Deeney V, Roach JW, et al. Imaging of physeal bars in children. *Pediatr Radiol*. 2015;45:1403–1412. doi:10.1007/s00247-015-3280-5.
14. Jawetz ST, Shah PH, Potter HG. Imaging of physeal injury: overuse. *Sports Health*. 2015;7(2):142-53. doi:10.1177/1941738114559380.
15. Moritz JD. Sonographic fracture diagnosis in children and adolescents. *Rofo*. 2023;195(9):790-796. doi:10.1055/a-2042-2161.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Soft Tissue and Bone Masses (PEDMS-3)

Guideline

Soft Tissue and Bone Masses – General Considerations (PEDMS-3.1)
Soft Tissue Mass with Negative X-ray and Abnormal Ultrasound (PEDMS-3.2)
Soft Tissue Mass with Calcification/Ossification on X-ray (PEDMS-3.3)
Mass Involving Bone (Including Suspected Lytic and Blastic Metastatic Disease) (PEDMS-3.4)
References (PEDMS-3)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Soft Tissue and Bone Masses – General Considerations (PEDMS-3.1)

MSP.ST.0003.1.A
v2.0.2025

- A pertinent clinical evaluation including a detailed history and physical examination should be performed prior to considering advanced imaging.
  - History and physical exam of any palpable soft tissue mass should include documentation of any of the following pertinent clinical features: location, size, and any association with pain.
- Plain x-rays should be performed as initial imaging. This is true even for soft tissue masses that are clearly not directly associated with osseous structures. Details such as soft tissue calcification, presence or absence of phleboliths, radiographic density, and any effect on adjacent bone are all potentially significant plain film findings that may help better identify the etiology of the mass and determine the optimal modality and contrast level when advanced imaging is indicated.
- Evaluation by a surgical specialist or oncologist is strongly recommended to help determine the most helpful advanced imaging studies for an individual.
- Ultrasound (CPT® 76881 or CPT® 76882) if initial plain x-ray[12,13] is negative to evaluate:
  - ill-defined masses or areas of swelling
  - hematomas
  - subcutaneous lipomas with inconclusive clinical examination
  - lipomas in other locations
  - masses that have been present and stable for ≥1 year
  - vascular malformations (see: **Vascular Anomalies (PEDPVD-2)** in the Pediatric Peripheral Vascular Disease Imaging Guidelines)
- MRI without and with contrast or without contrast is medically necessary for any of the following[14,15]:
  - Soft tissue mass >5 cm in diameter
  - Soft tissue mass increasing in size
  - Painful soft tissue mass
  - Deep soft tissue mass or subfascial location
- Advanced imaging is not indicated for the following entities:
  - Ganglion cysts
  - Sebaceous cysts
  - Hematomas
  - Subcutaneous lipomas

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

    - MRI without or without and with contrast can be performed if surgery is planned.
- MRI without and with contrast, or ultrasound (CPT® 76881 or CPT® 76882) is indicated for lipomas in other locations (not subcutaneous).

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Soft Tissue Mass with Negative X-ray and Abnormal Ultrasound (PEDMS-3.2)

MSP.ST.0003.2.A

v2.0.2025

- MRI without and with contrast is indicated when plain x-ray is negative and ultrasound is abnormal.[13]
  - CT without or with contrast is indicated if MRI is contraindicated.[13]

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Soft Tissue Mass with Calcification/ Ossification on X-ray (PEDMS-3.3)

MSP.ST.0003.3.A

v2.0.2025

- MRI without and with contrast is indicated when calcification/ossification is noted on plain x-ray.[13]
  - CT without or with contrast is indicated if MRI is contraindicated.[13]

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Mass Involving Bone (Including Suspected Lytic and Blastic Metastatic Disease) (PEDMS-3.4)

MSP.ST.0003.4.A

v2.0.2025

- Plain x-rays of the entire bone containing the lesion are required prior to consideration of advanced imaging. Many benign bone tumors have a characteristic appearance on plain x-ray and advanced imaging is not necessary unless one of the following applies:
  - MRI without and with contrast and/or CT without may be indicated for preoperative planning.
  - MRI without and with contrast when the diagnosis is uncertain based on plain x-ray appearance.
    - CT without or with contrast can be approved if MRI is contraindicated.
- Surveillance of benign bony lesions is with plain x-ray[11]
  - MRI without and with contrast may be approved for new findings on x-ray, or new or worsening clinical symptoms not explained by recent x-ray.
- Osteochondroma, osteoid osteoma, osteogenic sarcoma, and Ewing sarcoma family of tumors should be imaged according to **Bone Tumors (PEDONC-9)** in the Pediatric Oncology Imaging Guidelines.
- If there is concern for metastatic disease in an individual with a known malignancy, refer to the appropriate Pediatric Oncology Imaging Guideline.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (PEDMS-3)

v2.0.2025

1. ACR–SPR–SSR Practice parameter for the performance and interpretation of magnetic resonance imaging (MRI) of bone and soft tissue tumors. Revised 2020 (Resolution 30) https://www.acr.org/-/media/ACR/Files/Practice-Parameters/MR-SoftTissue-Tumors.pdf?la=en.
2. Arndt CAS. Soft Tissue Sarcomas. In: Kliegman RM, St. Geme JW III, Blum NJ, et. al., eds. *Nelson Textbook of Pediatrics.* 21st edition. Philadelphia, PA: Elsevier; 2020:2685-2688.
3. Arndt CAS. Neoplasms of bone. In: Kliegman RM, St. Geme JW III, Blum NJ, et. al., eds. *Nelson Textbook of Pediatrics.* 21st edition. Philadelphia, PA: Elsevier; 2020:2689-2697.
4. Eutsler EP, Siegel MJ. Musculoskeletal system and vascular imaging. In: Siegel MJ, ed. *Pediatric sonography*. 5th ed. Philadelphia, PA:. Wolters Kluwer; 2018:601-11.
5. Johnson CM, Navarro OM. Clinical and sonographic features of pediatric soft-tissue vascular anomalies part I: classification, sonographic approach and vascular tumors. *Pediatr Radiol*. 2017;47(9):1184-95. doi:10.1007/s00247-017-3885-y.
6. Johnson CM, Navarro OM. Clinical and sonographic features of pediatric soft-tissue vascular anomalies part 2: vascular malformations. *Pediatr Radiol.* 2017;47(9):1196-1208. doi:10.1007/s00247-017-3906-x.
7. Morrison WB, Weissman BN, Kransdorf MJ, et al. *ACR Appropriateness Criteria®*. Primary bone tumors. Date of origin: 1995. Last review date: 2019. https://acsearch.acr.org/docs/69421/Narrative/.
8. Mintz DN, Roberts CC, Bencardino JT, et al. *ACR Appropriateness Criteria®*. Chronic hip pain. Last review 2022. https://acsearch.acr.org/docs/69425/Narrative/.
9. Sargar KM, Sheybani EF, Shenoy A, Aranake-Chrisinger J, Khanna G. Pediatric fibroblastic and myofibroblastic tumors: a pictorial review. *RadioGraphics*. 2016;36:1195-1214. doi:10.1148/rg.2016150191.
10. Sheybani EF, Eutsler EP, Navarro OM. Fat-containing soft-tissue masses in children. *Pediatr radiol*. 2016;46(13):1760-73. doi:10.1007/s00247-016-3690-z.
11. Collier CD, Nelson GB, Conry KT, Kosmas C, Getty PJ, Liu RW. The natural history of benign bone tumors of the extremities in asymptomatic children: A longitudinal radiographic study. *J Bone Joint Surg Am.* 2021;103(7):575-580. doi:10.2106/JBJS.20.00999. PMID: 33646982.
12. Acord, MR, Pace, E, El-Ali, A, et al. Imaging of pediatric extremity soft tissue tumors: A COG Diagnostic Imaging Committee/SPR Oncology Committee White Paper. *Pediatr Blood Cancer*. 2023;70(Suppl. 4):e29944. https://doi.org/10.1002/pbc.29944.
13. Garner H, Wessell DF, Lenchik L, et al. ACR Appropriateness Criteria Soft Tissue Masses; Revised 2022 https://acsearch.acr.org/docs/69434/Narrative/.
14. Rochwerger A, Mattei JC. Management of soft tissue tumors of the musculoskeletal system. *Orthop Trauamtol Surg Res*. 2018;104(1S):S9-S17. doi:10.1016/j.ostr.2017.05.031.
15. Johnson CJ, Pynsent PB, Grimer RJ. Clinical features of soft tissue sarcomas. *Ann R Coll Surg Engl.* 2001;83(3):203-205.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Limping Child (PEDMS-4)

Guideline

General Evaluation of the Limping Child (PEDMS-4.1)
Limping Child with Suspected Trauma (PEDMS-4.2)
Limping Child with Suspected Infection (PEDMS-4.3)
Limping Child with No Evidence of Trauma or Infection (PEDMS-4.4)
References (PEDMS-4)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

General Evaluation of the Limping Child (PEDMS-4.1)

MSP.LC.0004.1.A

v2.0.2025

- This guideline primarily applies to children under the age of 6 years. It may also be applied to older children with pre-existing conditions who may not be able to communicate, such as a child with severe intellectual disability. Many of these cases will be urgent, because of the risk of adverse outcomes in delay of diagnosis.
- A pertinent clinical evaluation, including a detailed history and physical examination, should be performed, which will help determine any indication for advanced imaging. Based on this clinical evaluation, the most likely etiology should be determined, usually trauma, infection, or neither trauma nor infection.
- X-ray should be obtained if there are no localized findings on physical examination.[5]

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Limping Child with Suspected Trauma (PEDMS-4.2)

MSP.LC.0004.2.A

v2.0.2025

- Plain x-rays are indicated for detection of fractures, destructive lesions, and avascular necrosis. For children under age 4 this may require x-rays of the entire leg from hip to foot. If clinical suspicion is high for “toddler fracture” imaging may start with tibia/fibula x-rays, and if a fracture is demonstrated, additional imaging may not be required.
- If initial x-rays are negative, but limping symptoms or avoidance of weight-bearing persist, follow-up x-rays in 7 to 10 days are indicated.
  - If plain films are negative and suspicion remains high for stress fractures or soft tissue injury:
    - MRI without contrast of the affected body area OR
    - Radionuclide bone scan (CPT® 78300, CPT® 78305, CPT® 78306, or CPT® 78315), SPECT/CT (CPT® 78830), or SPECT (CPT® 78803) may be approved if implanted hardware or devices precluding MRI are present.
- CT use is limited in the evaluation of the limping child with suspected trauma.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Limping Child with Suspected Infection (PEDMS-4.3)

MSP.LC.0004.3.A
v2.0.2025

- Pain localized to hip:
  - It is essential to exclude septic arthritis. Ultrasound of the hip (CPT® 76881 or 76882) is used to exclude hip joint effusion.
    - Hip joint fluid aspiration to distinguish infection from non-infectious etiologies If hip joint effusion is demonstrated.
    - Plain x-rays should be obtained if no hip joint effusion is demonstrated.
    - MRI without contrast (CPT® 73721) or without and with contrast (CPT® 73723) is indicated if plain films are not diagnostic.
- Pain localized distal to hip:
  - MRI without contrast or without and with contrast of the affected body part if plain x-rays are not diagnostic.
- Non-localized pain:
  - Plain x-rays of the spine, pelvis, and lower extremities may be necessary to localize the abnormality.
  - If plain x-ray is not diagnostic and suspicion for infection remains high:
    - Whole-body bone scan (CPT® 78306) OR
    - SPECT (CPT® 78803) OR
    - SPECT/CT (CPT® 78830) OR
    - MRI without contrast or without and with contrast of the affected body area

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Limping Child with No Evidence of Trauma or Infection (PEDMS-4.4)

MSP.LC.0004.4.A
v2.0.2025

- This differential diagnosis is quite broad.
  - Transient (or toxic) synovitis of the hip:
    - Ultrasound of the hip (CPT® 76881 or CPT® 76882) is the preferred initial exam.
      - Plain x-rays if no hip effusion is demonstrated.
      - Hip joint fluid aspiration is indicated if a hip joint effusion is demonstrated. This is usually performed with US guidance, though fluoroscopic guidance or blind aspiration may be required.
  - Avascular Necrosis, see: **Avascular Necrosis (AVN)/ Legg-Calvé-Perthes Disease (PEDMS-6)**
  - Juvenile Idiopathic Arthritis, see: **Juvenile Idiopathic Arthritis (PEDMS-10.1)**
  - Histiocytic Disorders, see: **Histiocytic Disorders (PEDONC-18)** in the Pediatric Oncology Imaging Guidelines
  - Neoplasm, see: **General Guidelines (PEDONC-1)**, **Pediatric Leukemias (PEDONC-3)**, **Neuroblastoma (PEDONC-6)**, **Pediatric Soft Tissue Sarcomas (PEDONC-8)**, or **Bone Tumors (PEDONC-9)** in the Pediatric Oncology Imaging Guidelines
  - Child abuse, see: **Suspected Physical Child Abuse (PEDMS-7)**

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (PEDMS-4)

v2.0.2025

1. Sadfar NM, Rigsby CK, Iyer RS, et al. *ACR Appropriateness Criteria®*. Limping child—Ages 0-5 Years. Date of origin: 1995. Last review date: 2018. https://acsearch.acr.org/docs/69361/Narrative/
2. Herman MJ, Martinek M. The limping child. *Pediatr Rev.* 2015;36(5):184-197. doi:10.1542/pir.36-5-184.
3. Chaturvedi A, Rupasov A. The acutely limping preschool and school-age child: an imaging perspective. *Semin Musculoskelet Radiol.* 2018;22(1):46-56. doi:10.1055/s-0037-1608001.
4. Thapa M, Vo JN, Shiels WE. Ultrasound-guided musculoskeletal procedures in children. *Pediatr Radiol.* 2013;43:55-60. doi:10.1007/s00247-012-2599-4.
5. Karout L, Naffaa L. Pediatric hip disorders: imaging guidelines and recommendations. *Radiol Clin North Am*. 2022;60(1):149-163. doi:10.1016/j.rcl.2021.08.007.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Developmental Dysplasia of the Hip (PEDMS-5)

Guideline

Developmental Dysplasia of the Hip (PEDMS-5)
References (PEDMS-5)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Developmental Dysplasia of the Hip (PEDMS-5)

MSP.DZ.0005.A
v2.0.2025

Developmental dysplasia of the hip (DDH) was formerly known as congenital dislocation of the hip. DDH includes a spectrum of abnormalities including abnormal acetabular shape (dysplasia) and malposition of the femoral head ranging from reducible subluxation to irreducible subluxation or dislocation of the femoral head. 60 to 80% of abnormalities are identified by physical exam, and more than 90% are identified by ultrasound. Treatment may involve placement in a Pavlik harness, casting, or surgery in extreme or refractory cases.

Screening studies

- The routine use of ultrasound in screening neonates and infants without risk factors for DDH is not recommended by the American Academy of Pediatrics and the American Academy of Orthopedic Surgeons.
- There are two sonographic methods of evaluating the hip: the dynamic stress (Harcke) technique and the static (Graf) technique
- Screening ultrasound (CPT® 76885 or CPT® 76886) is recommended for infants between 4 weeks[8] of age and 4 months of age[9] with one or more of the following risk factors:
  - Breech presentation
  - Family history of DDH
  - Abnormal hip exam (e.g. positive Ortolani or Barlow maneuvers, asymmetric thigh folds, shortening of the thigh observed on the dislocated side, limitation of hip abduction)
- For children between 4 and 6 months of age plain x-ray is the preferred imaging modality as femoral head ossification is often seen on x-ray in normal patients[9]
  - If x-ray is inconclusive, ultrasound (CPT® 76885 or CPT® 76886) may be indicated.
- Indications for follow-up hip ultrasound (CPT® 76885 or CPT® 76886):
  - Type IIA hip diagnosed on a previous hip ultrasound using the Graf method and follow-up hip ultrasound is requested to confirm normal development
  - Graf type IIA hip with an alpha angle (bony angle) between 50 to 59 degrees in a child less than 3 months of age
  - The overwhelming majority of these hips mature spontaneously, but follow-up may be required to ensure that maturation has occurred.
  - Full description of the Graf classification can be found at: http://radiopaedia.org/articles/ultrasound-classification-of-developmental-dysplasia-of-the-hip-1.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

  - Subluxation or dislocation was diagnosed on previous hip ultrasound using the dynamic Harke imaging method.
  - Prior ultrasound demonstrates abnormal hip and treatment has been applied, such as a Pavlik harness or other device. Follow-up ultrasound is indicated to document effectiveness of treatment, to ensure the femoral head remains located in the acetabulum or to identify treatment failure. The usual interval for follow-up sonography is monthly, but earlier imaging is indicated for clinical suspicion of treatment failure, subluxation or dislocation of the hip.
- MRI without and with contrast (CPT® 73723), MRI without contrast (CPT® 73721)[9,10], or CT without contrast (CPT® 73700) is indicated to evaluate alignment following reduction. Children in casts or following surgery may require repeated advanced imaging to ensure the reduction remains satisfactory, or to assess incorporation of bone graft material.
- Hip ultrasound is NOT indicated for the following:
  - Infants less than 4 weeks of age, since hip laxity is normal after birth and usually resolves spontaneously.
  - Infants older than 6 months of age as plain x-ray of the hips become more reliable due to femoral head ossification and should be used in infants over 6 months of age.
  - Type I, IIB, IIC, IID, and III hips diagnosed on a previous hip ultrasound using the Graf method. Type I hip is normal, and Type IIB, IIC, IID, and III require referral for treatment rather than follow-up imaging.
  - Plain x-ray of the hips should be performed rather than ultrasound if there is a clinical suspicion for teratogenic dysplasia.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (PEDMS-5)

v2.0.2025

1. Nguyen JC, Dorfman SR, Rigsby CK, et al. ACR appropriateness criteria: Developmental dysplasia of the hip—child. 2018, American College of Radiology. Reston,VA. http://www.jacr.org/article/S1546-1440(09)00189-6/fulltext.
2. Mulpuri K, Song KM, Gross RH, et al. The American Academy of Orthopaedic Surgeons Evidence-Based Guideline on detection and nonoperative management of pediatric developmental dysplasia of the hip in infants up to six months of age. *J Bone Joint Surg Am.* 2015;97(20):1717-1718. doi:10.2106/JBJS.O.00500.
3. Sankar WN, Horn BD, Winell JJ, Wells L. Developmental dysplasia of the hip. In: Kliegman RM, St. Geme JW III, Blum NJ, et.al., eds. *Nelson Textbook of Pediatrics.* 21st edition. Philadelphia, PA: Elsevier; 2020:3623-3628.
4. Chin MS, Betz BW, Halanski MA. Comparison of hip reduction using magnetic resonance imaging or computed tomography in hip dysplasia. *J Pediatr Orthop*. 2011;31(5):525-529. doi:10.1097/BPO.0b013e31821f905b.
5. Shaw BA, Segal LS. Evaluation and referral for developmental dysplasia of the hip in infants. *Pediatrics*. 2016;138(6):e20163107. doi:10.1542/peds.2016-3107.
6. Wright J, James K, Developmental dysplasia of the hip. In: Aresti NA, Ramachandran M, Paterson M, Barry M, eds. *Paediatric Orthopedics in Clinical Practice*. London: Springer; 2016:69-90.
7. Ortiz-Neira CL, Paolucci EO, Donnon T. A meta-analysis of common risk factors associated with the diagnosis of developmental dysplasia of the hip in newborns. *Euro J Radiol*. 2012;8:e344-e351. doi:10.1016/j.ejrad.2011.11.003.
8. Karout L, Naffaa L. Pediatric hip disorders: imaging guidelines and recommendations. *Radiol Clin North Am.* 2022;60(1):149-163. doi:10.1016/j.rcl.2021.08.007.
9. Barrera CA, Cohen SA, Sankar WN, Ho-Fung VM, Sze RW, Nguyen JC. Imaging of developmental dysplasia of the hip: ultrasound, radiography and magnetic resonance imaging. *Pediatr Radiol*. 2019;49(12):1652-1668. doi:10.1007/s00247-019-04504-3.
10. Rosenbaum DG, Servaes S, Bogner EA, Jaramillo D, Mintz DN. MR Imaging in postreduction assessment of developmental dysplasia of the hip: goals and obstacles. *RadioGraphics*. 2016;36(3):840-854.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Avascular Necrosis (AVN) / Legg-Calvé-Perthes Disease / Idiopathic Osteonecrosis (PEDMS-6)

Guideline

Avascular Necrosis and Legg-Calvé-Perthes Disease (PEDMS-6.1)
Osteonecrosis (PEDMS-6.2)
References (PEDMS-6)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Avascular Necrosis and Legg-Calvé-Perthes Disease (PEDMS-6.1)

MSP.AN.0006.1.A

v2.0.2025

- Plain x-ray is the initial imaging study and may be all that is necessary for follow-up[9].
- MRI Hip either without contrast (CPT® 73721) or without and with contrast (CPT® 73723) is indicated if the diagnosis is uncertain on plain x-ray,[8] or for preoperative planning.[12]
  - If MRI is contraindicated or unavailable, any one of the following studies may be approved in lieu of MRI:
    - CT scan without contrast, OR
    - Nuclear bone scan (CPT® codes: 78300, 78305, 78306, or 78803) OR
    - SPECT/CT (CPT® 78830)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Osteonecrosis (PEDMS-6.2)

MSP.AN.0006.2.A

v2.0.2025

- Osteonecrosis can occur in a number of conditions, including during treatment for developmental dysplasia of the hip.
- Individuals with acute lymphoblastic leukemia, lymphoblastic lymphoma, or other conditions with recurrent exposure to high dose corticosteroids and known or suspected osteonecrosis should be imaged according to guidelines in: **Acute Lymphoblastic Leukemia (ALL) (PEDONC-3.2)** in the Pediatric Oncology Imaging Guidelines.
- Known or suspected osteonecrosis in long-term cancer survivors should be imaged according to guidelines in: **Osteonecrosis in Long Term Cancer Survivors (PEDONC-19.4)** in the Pediatric Oncology Imaging Guidelines.
- X-ray is indicated as initial imaging study[9,12]
- MRI either without contrast or without and with contrast in other individuals with concern for osteonecrosis and negative or inconclusive recent x-ray, if imaging results will change current individual management. Early phase of osteonecrosis may be seen on MR with normal x-ray findings.[11]
  - CT scan without contrast may be appropriate for surgical planning[6]

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (PEDMS-6)

v2.0.2025

1. Boutault JR, Baunin C, Bérard E, et al. Diffusion MRI of the neck of the femur in Legg-Calvé-Perthes disease: a preliminary study. *Diagn Interv Imaging*. 2013; 94(1):78-83. doi:10.1016/j.diii.2012.10.003.
2. Divi SN, Bielski RJ. Legg-Calvé-Perthes Disease. Pediatric annals. 2016 Apr 14;45(4):e144-9.
3. Hindorf C, Glatting G, Chiesa C, et al. EANM Dosimetry Committee guidelines for bone marrow and whole body dosimetry. *Eur J Nucl Med Mol Imaging*. 2010;37(6):1238-1250. doi:10.1007/s00259-010-1422-4.
4. Kaste SC, Karimova EJ, Neel MD. Osteonecrosis in children after therapy for malignancy. *AJR Am J Roentgenol*. 2011;196(5):1011-18. doi:10.2214/AJR.10.6073.
5. Laine J, Martin BD, Novotny SA, et al. Role of advanced imaging in the diagnosis and management of active Legg-Calvé-Perthes Disease. *J Am Acad Orthop Surg*. 2018;26:526-36. doi:10.5435/JAAOS-D-16-00856.
6. Murphey MD, Foreman KL, Klassen-Fischer MK, Fox MG, Chung EM, Kransdorf MJ. From the radiologic pathology archives imaging of osteonecrosis: radiologic-pathologic correlation. *Radiographics.* 2014;34:1003-1028. doi:10.1148/rg.344140019.
7. Sankar WN, Winell JJ, Horn DB, Wells L. Legg-Calve-Perthes Disease. In: Kliegman RM, St. Geme JW III, Blum NJ, et.al., eds. *Nelson Textbook of Pediatrics.* 21st edition. Philadelphia, PA: Elsevier; 2020:3628-3631.
8. Ha AS, Chang EY, Bartolotta RJ, et. al. ACR Appropriateness Criteria® Osteonecrosis: 2022 Update. *J Am Coll Radiol*. 2022;19(11S):S409-S416. doi: 10.1016/j.jacr.2022.09.009.
9. Divi SN, Bielski RJ. Legg-Calvé-Perthes Disease. *Pediatr Ann*. 2016;45(4):e144-9. doi:10.3928/00904481-20160310-03.
10. Jones, LC, Kaste, SC, Karol, SE, et al. Team approach: Management of osteonecrosis in children with acute lymphoblastic leukemia. *Pediatr Blood Cancer*. 2020;67:e28509. doi:10.1002/pbc.28509.
11. Chan, S, Coblentz, A, Bhatia, A, et al. Imaging of pediatric hematopoietic stem cell transplant recipients: A COG Diagnostic Imaging Committee/SPR Oncology Committee White Paper. *Pediatr Blood Cancer*. 2023;70(Suppl. 4):e30013. doi:10.1002/pbc.30013.
12. Ng T, Liu R, Kulkarni VA. Legg-Calvé-Perthes disease: Diagnosis, decision making, and outcome. *Current Sports Medicine Reports*. 2024;23(2):45-52.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Suspected Physical Child Abuse (PEDMS-7)

Guideline

Suspected Physical Child Abuse (PEDMS-7)
References (PEDMS-7)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Suspected Physical Child Abuse (PEDMS-7)

MSP.AB.0007.A
v2.0.2025

The suspicion of physical abuse of a child often requires imaging, both for clinical management and for forensic purposes. Every effort should be made to support reasonable requests for imaging in these children.

Child abuse injuries may affect any organ or system. Fractures are common, but injuries may also involve solid and hollow visceral organs, and/or superficial and deep soft tissue injuries. Some fracture patterns are highly correlated with non-accidental mechanisms, such as the “classic metaphyseal lesion,” also known as a corner fracture or bucket handle fracture, but fractures may occur in any bone. Unsuspected fractures, multiple fractures at various stages of healing, or fractures of a configuration or distribution inconsistent with the history provided, may raise the suspicion for physical abuse.

Skeletal Injury

- The x-ray skeletal survey is the primary imaging procedure for detecting fractures, especially in children age 24 months or younger. In older children, skeletal survey may be indicated, but more tailored x-ray evaluation based on history and physical examination may be preferable to skeletal survey.
- When skeletal survey is negative, but clinical suspicion remains high:
  - Bone scan (CPT® codes: CPT® 78300, 78305, 78306, 78315, or 78830) OR
  - Distribution of Radiopharmaceutical Agent SPECT (CPT® 78803)
- Suspected injury to the spine should usually first be evaluated with plain x-rays. CT without contrast and/or MRI without contrast or without and with contrast may be required for complete evaluation of osseous and soft tissue spine injuries. If requested for suspected or known physical abuse, both CT without contrast and/or MRI without contrast or without and with contrast of suspected sites should be approved.
- CT Chest without contrast (CPT® 71250) is indicated in patients with a negative skeletal survey and a high clinical suspicion for rib fracture associated with child abuse.[8]
- A repeat skeletal survey performed approximately 2 weeks after the initial examination can provide additional information on the presence and age of child abuse fractures and should be performed when abnormal or equivocal findings are found on the initial study and when abuse is suspected on clinical grounds

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Head Injury

- CT Head without contrast (CPT® 70450) is indicated when there is clinical evidence of head injury or when skull fracture of any age is detected on survey skull x-ray.[7]
  - CT Head without contrast (CPT® 70450) is also indicated when known or suspected cervical trauma is present in a pediatric individual.
  - CT Head without contrast (CPT® 70450) is indicated in individuals less than 1 year of age, even if no neurologic symptoms are detected due to the great potential morbidity of abuse head trauma. MRI Brain without contrast (CPT® 70551) may also be approved.[1]
  - MRI Spine without contrast (CPT® 72141, 72146, 72148) or without and with contrast (CPT® 72156, 72157, 72158) may be approved when there is clinical evidence of head injury or when skull fracture of any age is detected on survey skull x-ray. CT Spine (CPT® 72125, CPT® 72128, CPT® 72131) may be approved if MRI is not readily available.[9]
- MRI Brain without contrast (CPT® 70551) or without and with contrast (CPT® 70553) is indicated to evaluate brain parenchymal injury, or in a child where the clinical signs of brain injury are not sufficiently explained by CT findings.

Other Body Area Injuries

- CT should be performed with contrast unless an absolute contraindication exists.
- ANY of the following imaging studies are indicated for suspected injury to the abdomen or pelvis[6,7]:
  - Abdominal ultrasound (CPT® 76700)
  - Pelvic ultrasound (CPT® 76856)
  - CT Abdomen with contrast (CPT® 74160)
  - CT Pelvis with contrast (CPT® 72193)
  - CT Abdomen and Pelvis with contrast (CPT® 74177)
- ANY of the following imaging studies are indicated for suspected injury to the chest:
  - CT Chest without contrast (CPT® 71250)
  - CT Chest with contrast (CPT® 71260)

Screening of other children

- Contacts are defined as the asymptomatic siblings, cohabiting children, or children under the same care as an index child with suspected child physical abuse. All contact children should undergo a thorough physical examination and a history elicited prior to imaging. Contact children younger than 12 months should have neuroimaging, and skeletal survey. CT Head without contrast (CPT® 70450) or MRI Brain without contrast (CPT® 70551) may be approved. Contact children aged 12 to 24 months should undergo skeletal survey. No routine imaging is indicated in asymptomatic children older than 24 months.[10]

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (PEDMS-7)

v2.0.2025

1. Wooten-Gorges SL, Soares BP, Alazarki AL, et al. *ACR Appropriateness Criteria®*. Suspected Physical Abuse—Child. Date of origin: 1984. Last review: 2016.
2. Campbell KA, Olson LM, and Keenan HT. Critical elements in the medical evaluation of suspected physical child abuse. *Pediatrics.* 2015;136(1):35-43. doi:10.1542/peds.2014-4192.
3. Christian CW, Crawford-Jakubiak JE, Flaherty EG et al. AAP Clinical Practice Guideline: the evaluation of suspected physical child abuse. *Pediatrics*. 2015;135(5):e1337-e1354. doi:10.1542/peds.2015-0356.
4. Henry MK, Wood JN. Advanced cervical spine imaging in abusive head trauma: an update on recent literature and future directions. *Acad pediatr.* 2018;18(7):733-735. doi:10.1016/j.acap.2018/05.008.
5. Society and College of Radiographers and The Royal College of Radiologists. *The radiological investigation of suspected physical abuse in children.* Revised 1st edition. London: The Royal College of Radiologists; 2018. https://www.rcr.ac.uk/system/files/publication/field_publication_files/bfcr174_suspected_physical_abuse.pdf.
6. Henry MK, Bennett CE, Wood JN, Servaes S. Evaluation of the abdomen in the setting of suspected child abuse. *Pediatric radiology*. 2021;23:1-7.
7. Bennett CE, Christian CW. Clinical evaluation and management of children with suspected physical abuse. *Pediatric radiology*. 2021;51(6):853-60.
8. Karmazyn B, Marine MB, Wanner MR, et. al. Chest CT in the evaluation of child abuse - when is it useful? *Child Abuse Negl*. 2022;133:105823. doi:10.1016/j.chiabu.2022.105823.
9. Karmazyn B, Reher TA, Supakul N, et. al. Whole-spine MRI in children with suspected abusive head trauma. *AJR Am J Roentgenol*. 2022;218(6):1074-1087. doi:10.2214/AJR.21.26674.
10. Mankad K, Sidpra J, Mirsky DM, et. al. International consensus statement on the radiological screening of contact children in the context of suspected child physical abuse. *JAMA Pediatr*. 2023;177(5):526-533. doi:10.1001/jamapediatrics.2022.6184.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Infection/Osteomyelitis (PEDMS-8)

Guideline

Infection/Osteomyelitis (PEDMS-8)
References (PEDMS-8)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Infection/Osteomyelitis (PEDMS-8)

MSP.OI.0008.A
v2.0.2025

- Infection and osteomyelitis imaging indications in pediatric individuals are similar to those for adult individuals other than the limping child.
  - See: **Infection/Osteomyelitis (MS-9)** in the Musculoskeletal Imaging Guidelines other than in the limping child.
  - See: **Limping Child with Suspected Infection (PEDMS-4.3)** for imaging guidelines when limping is present.
  - See: **Inflammatory Musculoskeletal Disease (PEDMS-10)** for imaging guidelines for chronic recurrent multifocal osteomyelitis (CRMO, which is an autoimmune disease).
- Ultrasound of the involved extremity (CPT® 76881 or CPT® 76882) is indicated to evaluate for effusion or soft tissue fluid collection[6]
  - Ultrasound is not a prerequisite for other advanced imaging studies
- Bone scan (CPT® 78300, 78305, 78306, or 78315), SPECT/CT (CPT® 78830, or 78832), or SPECT (CPT® 78803, or 78831) is indicated for evaluation of suspected bone infection if MRI cannot be done and when infection is multifocal, or when the infection is associated with orthopedic hardware or chronic bone alterations from trauma or surgery. Combining bone scintigraphy with a labeled leukocyte scan enhances sensitivity. A labeled leukocyte scan (radiopharmaceutical localization of tumor, inflammatory process, or distribution of radiopharmaceutical agent(s) imaging) - one of the following CPT® codes: CPT® 78800, CPT® 78801, 78802, or CPT® 78803 in concert with Tc-99m sulfur colloid marrow imaging (one of CPT® codes: CPT® 78102, CPT® 78103, or CPT® 78104) or SPECT/CT (CPT® 78830) is particularly useful in cases with altered bone marrow distribution, such as joint prosthesis.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (PEDMS-8)

v2.0.2025

1. Tuson CE, Hoffman EB, and Mann MD. Isotope bone scanning for acute osteomyelitis and septic arthritis in children. *J Bone Joint Surg.* 1994;76(2):306-310.
2. Robinette E, Shah SS. Osteomyelitis. In: Kliegman RM, St. Geme JW III, Blum NJ, et. al., eds. *Nelson Textbook of Pediatrics*, Chapter 684. eds Kliegman RM, Stanton BF, St. Geme JW III, et al. 21st edition. Philadelphia, PA: Elsevier; 2020:3670-3676.
3. Funk SS, Copley LA. Acute hematogenous osteomyelitis in children: pathogenesis, diagnosis, and treatment. *Orthopedic Clinics*. 2017;48(2):199-208. doi:10.1016/j.ocl.2016.12.007.
4. Palestro CJ. Radionuclide imaging of osteomyelitis. *Semin Nucl Med*. 2015;45(1):32-46. doi:10.1053/j.semnuclmed.2014.07.005.
5. Shet NS, Iyer RS, et. al. *ACR Appropriateness Criteria®*. Osteomyelitis or Septic Arthritis-Child (Excluding Axial Skeleton). Date of origin: 2021. https://acsearch.acr.org/docs/ 3158175/Narrative/
6. Jaramillo D, Dormans, JP Delgado J, Laor T, St Geme III JW. Hematogenous osteomyelitis in infants and children: Imaging of a changing disease. *Radiology*. 2017;283(3):629-643.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Foreign Body (PEDMS-9)

Guideline

Foreign Body (PEDMS-9)
Reference (PEDMS-9)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Foreign Body (PEDMS-9)

MSP.FB.0009.A

v2.0.2025

- Foreign body imaging indications in pediatric individuals are similar to those for adult individuals. See: **Foreign Body – General (MS-6.1)** for imaging guidelines.
- The common soft tissue foreign bodies in children are wood, glass, and metal slivers. The latter two elements are radiopaque and visible to some degree on plain x-rays, whereas wood is usually radiolucent and nearly always imperceptible on x-rays. When a radiolucent foreign body is suspected, ultrasound (CPT® 76881 or 76882) can be used to identify the foreign body.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Reference (PEDMS-9)

v2.0.2025

1. Nung RCH, Lee AWH. Ultrasonographic findings of suspected retained foreign body in soft tissue following penetrating injury. *Hong Kong J Radiol.* 2017;20:76-83. doi:10.12809/hkjr1715382.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Inflammatory Musculoskeletal Disease (PEDMS-10)

Guideline

Inflammatory Musculoskeletal Disease (PEDMS-10.0)
Juvenile Idiopathic Arthritis (PEDMS-10.1)
Chronic Recurrent Multifocal Osteomyelitis (PEDMS-10.2)
Inflammatory Muscle Diseases (PEDMS-10.3)
References (PEDMS-10)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Inflammatory Musculoskeletal Disease (PEDMS-10.0)

MSP.MD.0010.0.A

v2.0.2025

- A pertinent clinical evaluation including a detailed history, physical examination, and plain x-rays should be performed prior to considering advanced imaging.
- Inflammatory arthritis imaging indications in pediatric patients are very similar to those for adult individuals. See: **Rheumatoid Arthritis (RA) and Inflammatory Arthritis (MS-15)** in the Musculoskeletal Imaging Guidelines. Specific pediatric considerations are included below.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Juvenile Idiopathic Arthritis (PEDMS-10.1)

MSP.MD.0010.1.A
v2.0.2025

- Ultrasound (CPT® 76881 or 76882) is indicated for assessment of: size and characteristics of joint effusions, extent of synovial hypertrophy, which is the hallmark of juvenile idiopathic arthritis, and involvement of tendinous structures.
  - Repeat imaging for monitoring treatment or with planned treatment change may be approved
  - MRI of the most symptomatic joint without contrast or without and with contrast may be considered if ultrasound is inconclusive and MRI findings would alter individual management
- Distribution of Radiopharmaceutical Agent SPECT (CPT® 78802, or 78803), or SPECT/CT (CPT® 78830), is indicated for evaluation of facet arthropathy in patients with ankylosing spondylitis, osteoarthritis, or rheumatoid arthritis.
- MRI TMJ (CPT® 70336) is indicated annually for detecting silent TMJ arthritis in children with juvenile idiopathic arthritis (JIA).
- MRI without or without and with of the most involved joint may be approved to evaluate involved or symptomatic joints in the following situations:[15]
  - When diagnosis is uncertain prior to initiation of drug therapy
  - To study the effects of treatment with disease modifying anti-rheumatic drug (DMARD) therapy
  - To determine a change in treatment
- MRI (with the exception of the annual screening MRI of the TMJ discussed above) should NOT be considered for routine follow-up of treatment.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Chronic Recurrent Multifocal Osteomyelitis (PEDMS-10.2)

MSP.MD.0010.2.A
v2.0.2025

Chronic recurrent multifocal osteomyelitis (CRMO) is a rare autoimmune disease affecting multiple bones, arising most commonly during the second decade of life. Treatment consists of anti-inflammatory and immunomodulatory therapies, and is directed predominantly by status of clinical symptoms (most commonly pain).

- Individuals with CRMO can have the following imaging approved for evaluation of new or worsening pain, or response to treatment in patients without complete clinical resolution of pain symptoms, when plain x-rays are non-diagnostic:
  - Bone scan (CPT® codes: 78300, 78305, 78306, 78315) OR
  - SPECT (CPT® codes: 78803, or 78831), OR
  - Nuclear Bone Marrow imaging (CPT® codes: 78102, 78103, or 78104), OR
  - Radiopharmaceutical localization of tumor, inflammatory process, or distribution of radiopharmaceutical agent imaging (CPT® codes: 78800, 78801, 78802, or 78803), OR
  - SPECT/CT (CPT® codes: 78830, or 78832)
  - MRI without contrast of specific painful body areas when plain x-ray and bone scan are insufficient to direct acute individual care decisions.
- Literature[14] suggests MRI may have greater sensitivity for clinically occult lesions than bone scan. Whole-body MRI (CPT® 76498) can be approved for CRMO in the following situations.
  - WBMRI may be approved in an individual suspected of having CRMO if characteristic MR findings of CRMO would preclude the need for a biopsy.
    - Characteristic finding include multiple lesions most commonly involving the juxtaphyseal/peri-physeal portions of the tibia and femur, the clavicle and thoracolumbar spine.
  - WBMRI may be approved every 6-12 months in individuals with an established diagnosis of CRMO to monitor treatment or to evaluate for clinically occult, but radiographically active lesions.
  - See: **Whole Body MR Imaging (Preface-5.2)** for additional details.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Inflammatory Muscle Diseases (PEDMS-10.3)

MSP.MD.0010.3.A

v2.0.2025

- A pertinent clinical face-to-face evaluation including a detailed history, physical examination, and plain x-rays should be performed prior to considering advanced imaging.

Inflammatory Muscle Diseases:

These include but are not limited to dermatomyositis, polymyositis, and sporadic inclusion body myositis. MRI without contrast of a single site is indicated in these disorders for the following purposes:

- Selection of biopsy site
- Clinical concern for progression
- Treatment monitoring
- Detection of occult malignancy

Juvenile Dermatomyositis:

- MRI without contrast can frequently confirm the diagnosis and thus avoid a biopsy.
- CT without contrast (CPT® 73700) is indicated to follow progressive calcification in muscles, but MRI (CPT® 73718) is often used instead since it permits assessment of the primary muscle disease as well.
  - Both CT and MRI are rarely indicated concurrently.
- Contrary to adult dermatomyositis, juvenile dermatomyositis is very rarely paraneoplastic in nature, and routine screening for occult neoplasm is not indicated.
  - CT Chest (CPT® 71260) and Abdomen and Pelvis (CPT® 74177) with contrast are indicated for individuals with palpable lymphadenopathy or hepatosplenomegaly.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (PEDMS-10)

v2.0.2025

1. Chauvin NA, Doria AS. Ultrasound imaging of synovial inflammation in juvenile idiopathic arthritis *Pediatr Radiol.* 2017;47(9):1160-1170. doi:10.1007/s00247-017-3934-6.
2. Voit AM, Arnoldi AP, Douis H, et al. Whole-body magnetic resonance imaging in chronic recurrent multifocal osteomyelitis: clinical longterm assessment may underestimate activity. *J Rheumatol*. 2015;42:1357-1537. doi:10.3899/jrheum.141026.
3. Restrepo R, Lee EY, Babyn PS. Juvenile idiopathic arthritis current practical imaging assessment with emphasis on magnetic resonance imaging. *Radiol Clin N Am*. 2013;51(4):703-719. doi:10.1016/j.rcl.2013.03.003.
4. Wu EY, Rabinovich CE. Juvenile idiopathic arthritis. In: Kliegman RM, St. Geme JW III, Blum NJ, et. al., eds. *Nelson Textbook of Pediatrics.* 21st edition. Philadelphia, PA: Elsevier; 2020:1260-1268.
5. Robinson AB, Reed AM. Juvenile dermatomyositis. In: Kliegman RM, St. Geme JW III, Blum NJ, et. al., eds. *Nelson Textbook of Pediatrics.* 21st edition. Philadelphia, PA: Elsevier; 2020:1280-1284.
6. Ackigoz G, Averill LW. Chronic recurrent multifocal osteomyelitis: typical patterns of bone involvement in while-body bone scintigraphy. *Nucl Med Commun.* 2014;35(8):797-807. doi:10.1097/MNM.0000000000000126.
7. Stern SM, Ferguson PJ. Autoinflammatory Bone Diseases. *Rheum Dis Clin N Am*. 2013;39(4):735-749. doi:10.1016/j.rdc.2013.05.002.
8. Hedrich CM, Hofmann SR, Pablik J, et al. Autoinflammatory bone disorders with special focus on chronic recurrent multifocal osteomyelitis. *Pediatr Rheumatol Online J*. 2013;11:47. doi:10.1186/1546-0096-11-47.
9. Borzutzky A, Stern S, Reiff A et al. Pediatric chronic nonbacterial osteomyelitis. *Pediatrics.* 2012;130(5):e1190-e1197 doi: 10.1542/peds.2011-3788.
10. Khanna G, Sato TSP, Ferguson P. Imaging of chronic recurrent multifocal osteomyelitis. *RadioGraphics,* 2009;29(4):1159-1177. doi:10.1148/rg.294085244.
11. Feldman BM, Rider LG, Reed AM, et al. Juvenile dermatomyositis and other idiopathic inflammatory myopathies of childhood. *The Lancet*. 2008;371(9631):2201-12. doi:10.1016/S0140-6736(08)60955-1.
12. Morris P, Dare J. Juvenile dermatomyositis as a paraneoplastic phenomenon: an update. *J Pediatr Hematol Oncol*. 2010;32(3):189-191. doi:10.1097/MPH.0b013e3181bf29a2.
13. Colebatch-Bourn AN, Edwards CJ, Collado P, et. al. EULAR-PReS points to consider for the use of imaging in the diagnosis and management of juvenile idiopathic arthritis in clinical practice. *Annals of the rheumatic diseases*. 2015;74(11):1946-1957. doi:10.1136/annrheumdis-2015-207892.
14. Nico MAC, Araújo FF, Guimarães JB, et. al. Chronic nonbacterial osteomyelitis: the role of whole-body MRI. *Insights Imaging*. 2022;13(1):149. doi: 10.1186/s13244-022-01288-3.
15. Sudoł-Szopińska I, Herregods N, Doria AS, et. al. Advances in musculoskeletal imaging in juvenile idiopathic arthritis. *Biomedicines*. 2022;10(10):2417. doi:10.3390/biomedicines10102417.
16. Basra HA, Humphries PD. Juvenile idiopathic arthritis: what is the utility of ultrasound? *Br J Radiol*. 2017;90(1073):20160920. doi:10.1259/bjr.20160920.
17. Arnoldi AP, Schlett CL, Douis H, et. al. Whole-body MRI in patients with non-bacterial osteitis: radiological findings and correlation with clinical data. *Eur Radiol*. 2017;27(6):2391-9. doi:10.1007/s00330-016-4586-x.
18. Roderick MR, Sen ES, Ramanan AV. Chronic recurrent multifocal osteomyelitis in children and adults: current understanding and areas for development. *Rheumatology (Oxford)*. 2018;57(1):41-48. doi:10.1093/rheumatology/kex066.
19. Villani M, de Horatio LT, Garganese M, et. al.Whole-body MRI versus bone scintigraphy: which is the best diagnostic tool in patients with chronic recurrent multifocal osteomyelitis (CRMO)? *Pediatr Rheumatol*. 2015;13:P58. doi:10.1186/1546-0096-13-S1-P58.
20. Huber AM. Juvenile idiopathic inflammatory myopathies. *Pediatr Clin North Am*. 2018;65(4):739-56. doi:10.1016/j.pcl.2018.04.006.
21. Zhao Y, Ferguson PJ. Chronic nonbacterial osteomyelitis and chronic recurrent multifocal osteomyelitis in children. *Pediatric Clinics.* 2018;65(4):783-800. doi:10.1016/j.pcl.2018.04.003.
22. Rosendahl K, Maas M. Update on imaging in juvenile idiopathic arthritis. *Pediatr radiol.* 2018;48(6):783-784. doi:10.1007/s00247-017-4039-y.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

23. Andronikou S, Kraft JK, Offiah AC, et. al. Whole-body MRI in the diagnosis of paediatric CNO/CRMO. *Rheumatology*. 2020;59(10):2671-80. doi: 10.1093/rheumatology/keaa303.
24. Roderick MR, Shah R, Rogers V, Finn A, Ramanan AV. Chronic recurrent multifocal osteomyelitis (CRMO)–advancing the diagnosis. *Pediatric Rheumatology*. 2016;14(1):1-5. doi:10.1186/s12969-016-0109-1.
25. Malattia C, Tzaribachev N, van den Berg JM, Magni-Manzoni S. Juvenile idiopathic arthritis-the role of imaging from a rheumatologist's perspective. *Pediatric radiology*. 2018;48(6):785-91. doi:10.1007/s00247-017-4014-7.
26. Malattia C, Tolend M, Mazzoni M, et. al. Current status of MR imaging of juvenile idiopathic arthritis. *Best Practice & Research Clinical Rheumatology*. 2020;3:101629. doi:10.1016/j.berh.2020.101629.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Muscle/Tendon Unit Injuries (PEDMS-11)

Guideline

Muscle/Tendon Unit Injuries (PEDMS-11)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Muscle/Tendon Unit Injuries (PEDMS-11)

MSP.MI.0011.A

v2.0.2025

- Muscle and tendon unit injury imaging indications in pediatric individuals are identical to those in the general imaging guidelines. See: **Muscle/Tendon Unit Injuries/ Diseases (MS-11)** in the Musculoskeletal Imaging Guidelines.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Osgood-Schlatter Disease (PEDMS-12)

Guideline

Osgood-Schlatter Disease (PEDMS-12)
References (PEDMS-12)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Osgood-Schlatter Disease (PEDMS-12)

MSP.OD.0012.A

v2.0.2025

- Osgood-Schlatter Disease is defined as traction apophysitis of the tibial tubercle in skeletally immature individuals. Diagnosis is by clinical examination and x-ray, and treatment is conservative.[4]
- Advanced imaging is not indicated in this disorder.

Background and Supporting Information

- The condition is self-limited and is secondary to repetitive extensor mechanism stress activities, such as jumping and sprinting.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (PEDMS-12)

v2.0.2025

1. Alessi S, Depaoli R, Canepari M, et al. Baker's cysts in pediatric patients: ultrasonographic characteristics. *J Ultrasound.* 2012;15:76-81. doi:10.1016/j.jus.2011.06.007.
2. Sarkissian EJ, Lawrence JTR. Osgood-Schlatter Disease and Sinding-Larsen-Johansson Syndrome. In: Kliegman RM, St. Geme JW III, Blum NJ, et. al., eds. *Nelson Textbook of Pediatrics.* 21st edition. Philadelphia, PA: Elsevier; 2020:3620-3621.
3. Kaneshiro NK. Osgood-Schlatter disease. Medline Plus. 10/11/2018. http://www.nlm.nih.gov/medlineplus/ency/article/001258.htm.
4. Hart E, Meehan WP, Bae DS, d'Hemecourt P, Stracciolini A. The young injured gymnast: A literature review and discussion. *Curr Sports Med Rep*. 2018;17(11):366-375.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Popliteal (Baker) Cyst (PEDMS-13)

Guideline

Popliteal (Baker) Cyst (PEDMS-13)
References (PEDMS-13)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Popliteal (Baker) Cyst (PEDMS-13)

MSP.PC.0013.A
v2.0.2025

Popliteal or Baker cyst in children is a different clinical entity than in adults and is almost never due to intra-articular pathology. These lesions are usually treated conservatively and rarely require surgery.

- Ultrasound (CPT® 76881 or 76882) is the appropriate initial imaging study.
- MRI without contrast (CPT® 73721) is indicated for preoperative planning or if ultrasound is non-diagnostic.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (PEDMS-13)

v2.0.2025

1. Lawrence JTR. Popliteal cysts (baker cysts). In: Kliegman RM, St. Geme JW III, Blum NJ, et. al., eds. *Nelson Textbook of Pediatrics.* 21st edition. Philadelphia, PA: Elsevier; 2020:3618-3619.
2. Wheeless CR. Baker's cyst/popliteal cysts. Wheeless' Textbook of Orthopaedics. http://www.wheelessonline.com/ortho/bakers_cyst_popliteal_cysts.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Slipped Capital Femoral Epiphysis (SCFE) (PEDMS-14)

Guideline

Slipped Capital Femoral Epiphysis (SCFE) (PEDMS-14)
References (PEDMS-14)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Slipped Capital Femoral Epiphysis (SCFE) (PEDMS-14)

MSP.FE.0014.A
v2.0.2025

Slipped capital femoral epiphysis (SCFE) should be considered in young adolescents or preadolescents with groin, anterior thigh, or atraumatic knee pain. Symptoms often include a history of intermittent limp and pain for several weeks or months that are often poorly localized to the thigh, groin, or knee. Any obese adolescent or preadolescent presenting with a history of a limp and thigh, knee, or groin pain for several weeks to one month should be presumed to have a slipped capital femoral epiphysis (SCFE).

Imaging studies:

- Anteroposterior and lateral x-rays (frog leg or cross table lateral) of both hips will confirm or exclude the diagnosis.[8]
  - If clinical suspicion remains after negative plain films, MRI without contrast (CPT® 73721) or without and with contrast (CPT® 73723) is indicated to detect widening of the physis before the femoral head is displaced (pre-slip).
- Because a significant percentage of SCFE is bilateral at presentation, it is reasonable to evaluate the contralateral hip if requested, as some surgeons advocate surgical treatment of pre-slip.
- If MRI was not completed for diagnosis, MRI without contrast (CPT® 73721) is indicated for preoperative planning.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

References (PEDMS-14)

v2.0.2025

1. Sankar WN, Winell JJ, Horn BD, Wells L. Slipped capital femoral epiphysis. In: Kliegman RM, St. Geme JW III, Blum NJ, et. al., eds. *Nelson Textbook of Pediatrics.* 21st edition. Philadelphia, PA: Elsevier; 2020:3631-3632.
2. Kim YJ, Sierra RJ. Report of breakout session: slipped capital femoral epiphysis management 2011. *Clin Orthop Relat Res*. 2012;470(12):3464-3466. doi:10.1007/s11999-012-2587-x.
3. Gough-Palmer A, McHugh K. Investigating hip pain in a well child. *BMJ*. 2007;334:1216-1217. doi:10.1136/bmj.39188.515741.47.
4. Hesper T, Zilkens C, Bittersohl B, Krauspe R. Imaging modalities in patients with slipped capital femoral epiphysis. *J Child Orthop.* 2017;11:99-106. doi:10.1302/1863-2548-11-160276.
5. Jarrett DY, Matheney T, Kleinman PK. Imaging SCFE: diagnosis, treatment and complications. 2013. *Pediatr Radiol.* 2013;43:S71-S82. doi:10.1007/s00247-012-2577-x.
6. Peck D. Slipped capital femoral epiphysis: diagnosis and management. *Am Fam Physician*. 2017;95(12):779-84.
7. Sucato DJ. Approach to the Hip for SCFE: the North American perspective. *J Pediatr Orthop.* 2018;38:S5-12. doi:10.1097/BPO.0000000000001183.
8. Karout L, Naffaa L. Pediatric hip disorders: imaging guidelines and recommendations. *Radiol Clin North Am*. 2022;60(1):149-163. doi:10.1016/j.rcl.2021.08.007.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Limb Length Discrepancy (PEDMS-15)

Guideline

Limb Length Discrepancy (PEDMS-15)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Limb Length Discrepancy (PEDMS-15)

MSP.LL.0015.A

v2.0.2025

- Limb length discrepancy imaging indications in pediatric individuals are identical to those in the general imaging guidelines. See: **Limb Length Discrepancy (MS-17.1)** in the Musculoskeletal Imaging Guidelines.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Congenital Anomalies of the Foot and Lower Extremity (PEDMS-16)

Guideline

Tarsal Coalition (Calcaneonavicular Bar/Rigid Flat Foot) (PEDMS-16.1)
Club Foot (PEDMS-16.2)
Vertical Talus (PEDMS-16.3)
Femoral Anteversion and Tibial Torsion (PEDMS-16.4)
References (PEDMS-16)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Tarsal Coalition (Calcaneonavicular Bar/ Rigid Flat Foot) (PEDMS-16.1)

MPS.CD.0016.1.A

v2.0.2025

- Plain x-rays should be performed initially since the calcaneonavicular bar is readily visible in older children and adults.
  - Talocalcaneal coalition is more difficult to evaluate on plain x-rays.
- CT without contrast (CPT® 73700) or MRI without contrast (CPT® 73718) is indicated if tarsal coalition is suspected (because of restricted hindfoot motion on physical exam), and plain x-rays are inconclusive.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Club Foot (PEDMS-16.2)

MSP.CD.0016.2.A
v2.0.2025

Club Foot is a congenital foot contracture with foot in equinus (plantar flexion) and heel and forefoot in varus/adduction (turned in). Immediate diagnosis and specialty evaluation in the first week of life provide the best chance for successful correction.

- Plain x-rays should be performed initially since the anomaly is readily visible in older children and adults.
- Ultrasound (CPT® 76881 or 76882) can be used to characterize the cartilaginous tarsal bones and demonstrate tarsal bone alignment in infants with non-ossified tarsal bones.
- MRI is not currently used to image clubfoot, and limited experiences are published in the literature. MRI (CPT® 73718) or CT (CPT® 73700) can be approved to determine residual deficits following repair.
  - Ultrasound is not required prior to MRI or CT if those studies are appropriate.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Vertical Talus (PEDMS-16.3)

MSP.CD.0016.3.A

v2.0.2025

- Congenital vertical talus (also known as congenital rocker-bottom foot) is a fixed foot deformity characterized by irreducible talonavicular dislocation. The talus is plantar flexed and does not articulate with the navicular bone.
- Plain x-rays should be performed initially since the anomaly is readily visible in older children and adults.
- MRI (CPT® 73718) or CT (CPT® 73700) to determine residual deficits following repair.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Femoral Anteversion and Tibial Torsion (PEDMS-16.4)

MSP.CD.0016.4.A

v2.0.2025

- Femoral anteversion is a rotational deformity of the femur, which may lead to an in-toeing gait.
- Tibial torsion is a rotational deformity of the tibia that may lead to in-toeing or out-toeing gait, and can be associated with the foot deformities already discussed in **Tarsal Coalition (Calcaneonavicular Bar/Rigid Flat Foot) (PEDMS-16.1)**, **Club Foot (PEDMS-16.2)**, and **Vertical Talus (PEDMS-16.3)**.
- Both deformities are typically diagnosed on clinical examination, but CT Lower Extremity without contrast (CPT® 73700) can be approved for preoperative evaluation[8].

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (PEDMS-16)

v2.0.2025

1. Miron M-C, Grimard G. Ultrasound evaluation of foot deformities in infants. *Pediatr Radiol.* 2016;46:193-209. doi:10.1007/s00247-015-3460-3.
2. Wise JN, Weissman BN, Appel M, et al. *ACR Appropriateness Criteria®*. Chronic foot pain. Date of origin: 1998. Last review date: 2020. https://acsearch.acr.org/docs/69424/Narrative.
3. Winell JJ, Davidson RS. Tarsal Coalition. In: Kliegman RM, St. Geme JW III, Blum NJ, et. al., eds. *Nelson Textbook of Pediatrics.* 21st edition. Philadelphia, PA: Elsevier; 2020:3601-3602,
4. Denning JR. Tarsal coalition in children. *Pediatric annals.* 2016;45(4):e139-43.
5. Winell JJ, Davidson RS. Talipes equinovarus (clubfoot). In: Kliegman RM, St. Geme JW III, Blum NJ, et. al., eds. Nelson Textbook of Pediatrics. 21st edition. Philadelphia, PA: Elsevier; 2020:3598-3599.
6. Machida J, Inaba Y, Nakamura N. Management of foot deformity in children. *J Orthop Sci.* 2017;22(2):175-83. doi:10.1016/j.jos.2016.12.009.
7. Hammer MR, Kanaan Y, Strouse PJ. Alignment disorders. In: Coley B, ed. *Caffey's Pediatric Diagnostic Imaging*. 13th edition. Philadelphia, PA: Elsevier Saunders; 2019:1296-1308.
8. Waelti S, Fischer T, Griessinger J, et. al. Ultra-low-dose computed tomography for torsion measurements of the lower extremities in children and adolescents. *Insights Imaging*. 2022;13(1):118. doi:10.1186/s13244-022-01257-w.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Table of Contents

Guideline

General Guidelines (PEDNECK-1)
Neck Masses (Pediatric) (PEDNECK-2)
Cervical Lymphadenopathy (PEDNECK-3)
Dystonia/Torticollis (PEDNECK-4)
Dysphagia (PEDNECK-5)
Thyroid and Parathyroid (PEDNECK-6)
Esophagus (PEDNECK-7)
Trachea (PEDNECK-8)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

General Guidelines (PEDNECK-1)

Guideline

Procedure Codes Associated with Neck Imaging
General Guidelines (PEDNECK-1.0)
Age Considerations (PEDNECK-1.1)
Modality General Considerations (PEDNECK-1.3)
References (PEDNECK-1)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Procedure Codes Associated with Neck Imaging

NKP.GG.ProcedureCodes.A
v1.0.2025

MRI	CPT®
MRI Orbit, Face, Neck without contrast	70540
MRI Orbit, Face, Neck with contrast (rarely used)	70542
MRI Orbit, Face, Neck without and with contrast	70543
MRI Temporomandibular Joint (TMJ)	70336
Unlisted MRI procedure (for radiation planning or surgical software)	76498

MRA	CPT®
MRA Neck without contrast	70547
MRA Neck with contrast	70548
MRA Neck without and with contrast	70549

CT	CPT®
CT Maxillofacial without contrast (includes sinuses, jaw, and mandible)	70486
CT Maxillofacial with contrast (includes sinuses, jaw, and mandible)	70487
CT Maxillofacial without and with contrast (includes sinuses, jaw, and mandible)	70488
CT Neck without contrast (includes jaw, and mandible)	70490

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

CT	CPT®
CT Neck with contrast (includes jaw, and mandible)	70491
CT Neck without and with contrast (includes jaw, and mandible)	70492
CT Guidance for Placement of Radiation Therapy Fields	77014
Unlisted CT procedure (for radiation planning or surgical software)	76497

CTA	CPT®
CTA Neck	70498

Nuclear Medicine	CPT®
PET Imaging; limited area (this code not used in pediatrics)	78811
PET Imaging: skull base to mid-thigh (this code not used in pediatrics)	78812
PET Imaging: whole body (this code not used in pediatrics)	78813
PET with concurrently acquired CT; limited area (this code rarely used in pediatrics)	78814
PET with concurrently acquired CT; skull base to mid-thigh	78815
PET with concurrently acquired CT; whole body	78816
Thyroid Uptake, Single or Multiple Quantitative Measurement(s) (Including Stimulation, Suppression, or Discharge, When Performed)	78012
Thyroid Imaging (Including Vascular Flow, When Performed)	78013
Thyroid Imaging (Including Vascular Flow, When Performed); with Single or Multiple Uptake(s) Quantitative Measurement(s) (Including Stimulation, Suppression, or Discharge, When Performed)	78014
Thyroid Carcinoma Metastases Imaging Limited Area	78015

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Nuclear Medicine	CPT®
Thyroid Carcinoma Metastases Imaging with Additional Studies	78016
Thyroid Carcinoma Metastases Imaging Whole Body	78018
Thyroid Carcinoma Metastases Uptake (Add-on Code)	78020
Parathyroid Planar Imaging (Including Subtraction, When Performed)	78070
Parathyroid Planar Imaging (Including Subtraction, When Performed); with Tomographic (SPECT)	78071
Parathyroid Planar Imaging (Including Subtraction, When Performed); with Tomographic (SPECT), and Concurrently Acquired Computed Tomography (CT) for Anatomical Localization	78072
Salivary Gland Nuclear Imaging	78230
Salivary Gland Nuclear Imaging with Serial Imaging	78231
Salivary Gland Function Study	78232
Esophageal Motility Study	78258
Radiopharmaceutical Localization Imaging Limited area	78800
Radiopharmaceutical Localization Imaging Whole Body	78802
Radiopharmaceutical Localization Imaging SPECT	78803

Ultrasound	CPT®
Soft tissues of head and neck Ultrasound (thyroid, parathyroid, parotid, etc.)	76536
Duplex scan of extracranial arteries; complete bilateral study	93880
Duplex scan of extracranial arteries; unilateral or limited study	93882
Non-invasive physiologic studies of extracranial arteries, complete bilateral study	93875
Ultrasound guidance for needle placement	76942

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

General Guidelines (PEDNECK-1.0)

NKP.GG.0001.0.A

v1.0.2025

- A pertinent clinical evaluation including a detailed history, physical examination, since the onset or change in symptoms, and appropriate laboratory studies should be performed prior to considering advanced imaging (CT, MRI, Nuclear Medicine), unless the individual is undergoing guideline-supported scheduled follow-up imaging evaluation. A meaningful technological contact (telehealth visit, telephone call, electronic mail or messaging) since the onset or change in symptoms can serve as a pertinent clinical evaluation.
- Unless otherwise stated in a specific guideline section, the use of advanced imaging to screen asymptomatic individuals for disorders involving the neck is not supported. Advanced imaging of the neck is only supported in individuals who have documented active clinical signs or symptoms of disease involving the neck.
- Unless otherwise stated in a specific guideline section, repeat imaging studies of the neck are not necessary unless there is evidence for progression of disease, new onset of disease, and/or documentation of how repeat imaging will affect individual management or treatment decisions.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Age Considerations (PEDNECK-1.1)

NKP.GG.0001.1.A

v1.0.2025

- Many conditions affecting the neck in the pediatric population are different diagnoses than those occurring in the adult population. For those diseases which occur in both pediatric and adult populations, minor differences may exist in management due to individual age, comorbidities, and differences in disease natural history between children and adults.
- Individuals who are 18 years old or younger[11] should be imaged according to the Pediatric Neck Imaging Guidelines. Any conditions not specifically discussed in the Pediatric Neck Imaging Guidelines should be imaged according to the General Neck Imaging Guidelines. Individuals who are >18 years old should be imaged according to the General Neck Imaging Guidelines, except where directed otherwise by a specific guideline section.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Modality General Considerations (PEDNECK-1.3)

NKP.GG.0001.3.A
v1.0.2025

- MRI
  - MRI Orbit/Face/Neck is generally performed without and with contrast (CPT® 70543) unless the individual has a documented contraindication to gadolinium or otherwise stated in a specific guideline section.
  - Due to the length of time required for MRI acquisition and the need to minimize individual movement, sedation is usually required for almost all infants (except neonates) and young children (age <7 years) as well as older children with developmental delays. Sedation may be administered by oral, intravenous, and/or inhalational routes. In order to limit sedation time in this subdivision of pediatric individuals, the following should be considered:
    - MRI procedures can be performed without and/or with contrast use as supported by these condition-based guidelines. If intravenous access is indicated for sedation and there is no contraindication for using contrast, imaging without and with contrast may avoid repeating a study with sedation to perform an MRI with contrast if the initial study without contrast is inconclusive.
      - Recent evidence-based literature demonstrates the potential for gadolinium deposition in various organs including the brain, after the use of MRI contrast.
      - The U.S. Food and Drug Administration (FDA) has noted that there is currently no evidence to suggest that gadolinium retention in the brain is harmful and restricting gadolinium-based contrast agents (GBCAs) use is not warranted at this time. It has been recommended that GBCA use should be limited to circumstances in which additional information provided by the contrast agent is necessary and the necessity of repetitive MRIs with GBCAs should be assessed.
    - If studies of multiple body areas are supported by these clinical guidelines for the clinical condition being evaluated, MRI studies of all necessary body areas should be obtained concurrently in the same sedation session.
  - The presence of surgical hardware or implanted devices may preclude the use of MRI.
  - Coordination between provider and the imaging service can result in providing the best choice of radiologic studies for the pediatric individual.
- CT
  - CT Neck typically extends from the base of the skull to the upper thorax.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

        - A separate CPT® code for head imaging in order to visualize the skull base is not necessary.
        - In some cases, especially in follow-up of a known finding, it may be appropriate to limit the exam to the region of concern to reduce radiation exposure.
    - CT Neck is generally performed with contrast (CPT® 70491) unless the individual has a documented contraindication to CT contrast or otherwise stated in a specific guideline section.
    - CT Neck may be indicated for further evaluation of abnormalities suggested on prior US or MRI Procedures.
    - In general, CT Neck is appropriate when evaluating trauma, malignancy, and for preoperative planning.
    - CTA Neck (CPT® 70498) is indicated for evaluation of the vessels of the neck, especially with concern for dissection.
    - CT should not be used to replace MRI in an attempt to avoid sedation unless listed as a recommended study in a specific guideline section.
    - Coordination between the provider and the imaging service can result in the best choice of radiologic studies for the pediatric individual.
- Ultrasound
    - Ultrasound soft tissues of the neck (CPT® 76536) is indicated as an initial study for evaluating thyroid, parathyroid, parotid and other salivary gland lesions. Ultrasound is also used to further characterize adenopathy, palpable superficial masses, or swelling.
    - For those individuals who do require additional advanced imaging after ultrasound; ultrasound can be very beneficial in selecting the proper modality, body area, image sequences, and contrast level that will provide the most definitive information for the pediatric individual.
- Nuclear Medicine
    - Nuclear medicine studies of the neck in pediatric individuals are most commonly used to evaluate neck masses, or thyroid and parathyroid disease following initial studies with anatomic imaging, such as ultrasound, CT, or MRI. See **Neck Masses (Pediatric) (PEDNECK-2.1)** and **Thyroid and Parathyroid (PEDNECK-6)** for imaging guidelines.
    - Evaluation of salivary gland function in individuals with dry mouth (xerostomia) and **ONE** of the following:
        - Sjögren syndrome **OR**
        - Sialadenitis **OR**
        - History of head or neck radiation therapy, one of the following is supported:
            - Salivary Gland Nuclear Imaging (CPT® 78230) **OR**
            - Salivary Gland Nuclear Imaging with Serial Imaging (CPT® 78231) **OR**
            - Salivary Gland Function Study (CPT® 78232)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

- 3D Rendering
  - 3D Rendering indications in pediatric neck imaging are identical to those in the general imaging guidelines. See **3D Rendering (Preface-4.1)** in the Preface Imaging Guidelines.

The guidelines listed in this section for certain specific indications are not intended to be all-inclusive; clinical judgment remains paramount and variance from these guidelines may be appropriate and warranted for specific clinical situations.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (PEDNECK-1)

v1.0.2025

1. Siegel MJ. Neck sonography. In: *Pediatric Sonography.* 5th ed. Wolters Kluwer/Lippincott Williams & Wilkins; 2018:112-155.
2. Meier JD, and Grimmer JF. Evaluation and management of neck masses in children. *Am Fam Physician*. 2014; 89:353-358
3. Biassoni L, Easty M. Paediatric nuclear medicine imaging. *British Medical Bulletin*. 2017;123(1):127-148. doi:10.1093/bmb/ldx025
4. Bridges MD, Berland LL, Friedberg EB, et al. ACR Practice parameter for performing and interpreting magnetic resonance imaging (MRI). *American College of Radiology.* Revised 2017 (Resolution 10)
5. Karmazyn BK, John SD, Siegel MJ, et al. ACR–ASER–SCBT-MR–SPR Practice parameter for the performance of pediatric computed tomography (CT). American College of Radiology. Revised 2019 (Resolution 6)
6. Reighard C, Junaid S, Jackson WM, et al. Anesthetic Exposure During Childhood and Neurodevelopmental Outcomes: A Systematic Review and Meta-analysis. *JAMA Netw Open*. 2022;5(6):e2217427. Published 2022 Jun 1. doi:10.1001/jamanetworkopen.2022.17427
7. MacDonald A, Burrell S. Infrequently Performed Studies in Nuclear Medicine: Part 2. *Journal of Nuclear Medicine Technology*. 2009;37(1):1-13. doi:10.2967/jnmt.108.057851
8. Fraum TJ, Ludwig DR, Bashir MR, Fowler KJ. Gadolinium-based contrast agents: A comprehensive risk assessment. *Journal of Magnetic Resonance Imaging*. 2017;46(2):338-353. doi:10.1002/jmri.25625
9. Update on FDA approach to safety issue of gadolinium retention after administration of gadolinium-based contrast agents available at https://www.fda.gov/media/116492/download
10. Blumfield E, Swenson DW, Iyer RS, Stanescu AL. Gadolinium-based contrast agents — review of recent literature on magnetic resonance imaging signal intensity changes and tissue deposits, with emphasis on pediatric patients. *Pediatric Radiology*. 2019;49(4):448-457. doi:10.1007/s00247-018-4304-8
11. Implementation Guide: Medicaid State Plan Eligibility Eligibility Groups Mandatory Coverage Infants and Children under Age 19 Guidance Portal. https://www.hhs.gov/guidance/document/implementation-guide-medicaid-state-plan-eligibility-eligibility-groups-aeu-mandatory-2
12. Ho ML. Pediatric Neck Masses: Imaging Guidelines and Recommendations. *Radiol Clin North Am*. 2022;60(1):1-14. doi:10.1016/j.rcl.2021.08.001

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Neck Masses (Pediatric) (PEDNECK-2)

Guideline

Neck Masses (Pediatric) (PEDNECK-2.1)
References (PEDNECK-2)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Neck Masses (Pediatric) (PEDNECK-2.1)

NKP.NM.0002.1.A
v1.0.2025

- Evaluation of neck masses in pediatric individuals involves careful consideration of clinical history and accurate physical examination. The individual's age and knowledge of the anatomy and common lesions of the neck are very important in narrowing the differential diagnosis.
- Initial imaging of choice:
  - Ultrasound Neck (CPT® 76536)
    - Color Doppler ultrasound bilateral study of carotid arteries (CPT® 93880) **OR** Duplex unilateral study (CPT® 93882) is supported to evaluate the vasculature.
- For inconclusive ultrasound or to further delineate abnormalities on ultrasound:
  - MRI Orbit/Face/Neck without contrast (CPT® 70540) **OR**
  - MRI Orbit/Face/Neck without and with contrast (CPT® 70543) **OR**
  - CT Neck with contrast (CPT® 70491)
- For lymphadenopathy persisting for more than 4-weeks of treatment **OR** suspicion of complications such as abscess formation:
  - Ultrasound Neck (CPT® 76536) is indicated. See **Cervical Lymphadenopathy (PEDNECK-3.1)**.
- Congenital cervical cysts:
  - Ultrasound Neck (CPT® 76536) is supported for suspected cystic neck mass.
- Congenital cervical sinus, fistula, or cyst for preoperative planning:
  - MRI Orbit/Face/Neck without and with contrast (CPT® 70543) **OR**
  - CT Neck with contrast (CPT® 70491)
    - For fourth branchial cleft cyst/sinus/fistula- barium swallow is supported in addition to the above conventional imaging.
- Salivary gland nuclear imaging: **ONE** of the following is indicated for evaluation of parotid masses to allow preoperative diagnosis of Warthin's tumor:
  - Salivary Gland Nuclear Imaging (CPT® 78230) **OR**
  - Salivary Gland Nuclear Imaging with Serial Imaging (CPT® 78231) **OR**
  - Salivary Gland Function Study (CPT® 78232)
- Ranula (a cystic structure on the floor of the mouth):
  - CT Neck with contrast (CPT®70491) **OR**
  - MRI Orbit/Face/Neck without and with contrast (CPT® 70543) is supported, especially when there is concern for a "plunging" ranula (lesion extending into the submandibular space).[2]

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Background and Supporting Information

- Cervical lymphadenitis is common in children and follows most viral or bacterial infections of the ears, nose, and throat. No advanced imaging is necessary with uncomplicated lymph node enlargement.
- Congenital cervical cysts frequently present in children and include thyroglossal duct cyst (55% of cases), cystic hygroma (25%), branchial cleft cysts (16%), bronchogenic cyst (0.91%), and thymic cyst (0.3%).
- The most common malignant ENT tumors in children are lymphoma and rhabdomyosarcoma.

Differential Diagnosis of Neck Lesions by Anatomic Region:

- Subcutaneous tissues:
  - Teratoma (includes dermoid cysts)
    - Cervical teratomas are typically large bulky masses discovered at birth or in the first year of life.
    - Large lesions may cause stridor, dyspnea, or dysphagia.
    - Most teratomas arise in the anterior suprahyoid neck and may be midline or off midline in location and adjacent to or within a thyroid lobe.
  - Vascular malformations
  - Lipoma
  - Cellulitis
  - Plexiform neurofibromas
  - Keloid
  - Scar
  - Pilomatrixoma
  - Subcutaneous fat fibrosis (in neonates)
- Retropharyngeal space:
  - Abscess, cellulitis, adenitis
    - Usually involves children under age 6.
    - Individuals have history of upper respiratory tract infection followed by high fever, dysphagia, and neck pain.
  - Lymphadenopathy
  - Extension of goiter
  - Extension of pharyngeal tumor
- Retrovisceral space (posterior to the cervical esophagus):
  - Gastrointestinal duplication cysts (usually are diagnosed in first year of life).
- Pretracheal space (contains trachea, larynx, cervical esophagus, recurrent laryngeal nerves, and thyroid and parathyroid glands):
  - Thyroglossal duct cyst

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

        - Thyroglossal duct cyst most commonly presents before the age of 20; 75% present as a midline mass and 43% of individuals present with an infected mass.
        - Usually presents as an enlarging, painless midline mass.
        - Thyroid carcinoma occurs in 1% of thyroglossal duct cysts.
    - Goiter
    - Laryngocele
    - Lymphadenopathy
    - Teratoma
    - Abscess
    - Ectopic thymus or cervical extension of normal thymus
- Danger space (closed space lying between the skull base and the posterior mediastinum and between the alar and prevertebral fasciae in a sagittal plane):
    - Cellulitis
    - Abscess
- Prevertebral space:
    - Neurenteric cyst
    - Cellulitis
    - Abscess
    - Spondylodiskitis
    - Lymphadenopathy
    - Paraganglioma
- Carotid sheath space:
    - Jugular vein thrombosis or phlebitis
    - Lymphadenopathy
    - Cellulitis
    - Abscess
    - Paraganglioma
- Parotid gland space:
    - Parotid lymphadenopathy
    - Retromandibular vein thrombosis
    - Parotiditis
    - Sialodochitis (inflammation of the salivary gland duct)
    - Salivary duct stone
    - Abscess
- Submandibular and sublingual spaces:
    - Cellulitis
    - Abscess
    - Sialadenitis

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

  - Thyroglossal duct cyst
  - Branchial cleft cyst
    - 90% of branchial abnormalities arise from the second branchial apparatus.
    - Second branchial cleft cysts are the most common branchial cleft cyst and usually present in individuals between 10 and 40 years as painless fluctuant masses.
    - They typically present as slowly growing, non-tender masses in the upper neck.
    - Most second branchial cleft cysts are located in the submandibular space, at the anteromedial border of the sternocleidomastoid muscle, lateral to the carotid space, or posterior to the submandibular gland.
    - Ranula – typically cystic masses in the floor of the mouth
- Masticator space (includes masseter and pterygoid muscles):
  - Venous or lymphatic malformation
  - Cellulitis
  - Abscess
  - Rhabdomyosarcoma
- Parapharyngeal space:
  - Cellulitis
  - Abscess
  - Neurogenic tumors (CN V, IX, XI and XII)
  - Paragangliomas
  - Neurofibromas
  - Lymphoma
  - Rhabdomyosarcoma
- Paravertebral space:
  - Cervical dermal sinus (epithelium lined dural tubes that connect the skin with the central nervous system or its covering)
  - Meningocele
  - Rhabdomyosarcoma
  - Lymphoma
  - Neuroblastoma
  - Neurofibroma
- Posterior cervical space:
  - Lymphadenopathy
  - Lymphatic malformation

Congenital Neck Masses:[1,5]

- Anterior neck masses
  - Branchial anomolies

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

        - Sinus: with either an internal (to the pharynx) or external (to the skin) opening
        - Fistula: with both an internal and external opening
        - Cyst: closed sac with no openings
    - First branchial anomalies
        - Typically sinus or cyst
        - Located anywhere from the external auditory canal to the region of the parotid gland, down to the level of the hyoid; may communicate with the preauricular soft tissue/parotid, parapharyngeal space or anterior triangle of the neck
            - Type I tract parallels the external auditory meatus.
            - Type II tract courses over the angle of mandible through the parotid ending near/within the external auditory canal bony cartilaginous junction.
    - Second branchial anomalies
        - The most common
        - Located from anterior neck in the region of the middle to lower two thirds of the sternocleidomastoid and the great vessels to the pharyngeal mucosa (tonsil)- a tract and/or cyst may occur anywhere along this path
    - Third branchial anomalies
        - Typically located from the low anterior neck to the base of the pyriform sinus
    - Fourth branchial anomalies
        - Potential tract from the low anterior neck to the thyroid gland or mediastinum
    - Cervical thymus
        - Ectopic thymic remnants can be found in the anterior neck (left more commonly than right) and extend deep (near the carotid sheath)- can connect to mediastinum or have cystic components.
- Midline
    - Ectopic Thyroid/Thyroglossal Duct Cysts
        - Anywhere from the tongue base to the mediastinum (a result of the normal embryologic pathway of the thyroid that fails to obliterate or reach its normal location in the lower neck)
- Just off the midline
    - Laryngocele
        - An abnormal dilation of the saccule of the larynx
            - Internal: within the thyroid cartilage
            - External: beyond the thyrohyoid membrane into the neck
- Anywhere within the neck
    - Teratomas
        - Tissue from all three germ cell layers (ectodermal, mesodermal and endodermal components) typically present as a firm mass, can have calcifications seen on imaging

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

- Dermoid cysts
  - Cysts with ectodermal and mesodermal structures (commonly lined by epidermis and containing epidermal appendages) typically in the midline/ submental region, but can be anywhere in the head and neck including orbit
- Epidermoid cysts
  - Cysts with only ectodermal components (with squamous material)
- Pilomatixoma
  - Lesion derived from hair matrix/follicles
- Vascular anomalies
  - Hemangiomas (most common)
    - Congenital: present at birth typically involute
    - Infantile: noted to have a rapid/proliferative phase followed by involution
  - High flow
    - Arterioveous malformations (AVM) and arteriovenous fistuas (AVF) tangle of vessels
  - Low flow
    - Venous lymphatic and capillary malformations
- Lymphatic malformations (lymphangiomas)
  - Result from a failure of lymph spaces to connect to the rest of the lymphatic system
    - Macrocystic: comprised of large cysts
    - Microcystic: comprised of smaller cysts typically more infiltrative, lending to difficult excision

Evidence Discussion

- Ultrasound, although operator dependent is utilized for the initial evaluation of pediatric neck masses, secondary to its availability, expense, lack of radiation, and avoidance of sedation.[1] Ultrasound is limited by poor depth of penetration when evaluating deeper abnormalities.[2]
- Contrast enhanced CT is supported for accessibility and availability, however exposes the patient to ionizing radiation.[1]
- MRI provides excellent soft tissue detail, without radiation, however, due to the time needed for complete imaging, anesthesia or sedation may be required.[1] Children under 6 years of age, children with developmental delays, or children with anxiety/ claustrophobia may require deep sedation in order to successfully perform a complete radiologic study.[3]

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (PEDNECK-2)

v1.0.2025

1. Ho ML. Pediatric Neck Masses: Imaging Guidelines and Recommendations. *Radiol Clin North Am*. 2022;60(1):1-14. doi:10.1016/j.rcl.2021.08.001
2. Brown RE, Harave S. Diagnostic imaging of benign and malignant neck masses in children-a pictorial review. *Quant Imaging Med Surg*. 2016;6(5):591-604. doi:10.21037/qims.2016.10.10
3. Jung SM. Drug selection for sedation and general anesthesia in children undergoing ambulatory magnetic resonance imaging. *Yeungnam Univ J Med*. 2020;37(3):159-168. doi:10.12701/yujm.2020.00171
4. Siegel MJ. Neck sonography. In: *Pediatric Sonography*. 5th ed. Wolters Kluwer/Lippincott Williams & Wilkins; 2018:112-155
5. Geddes G, Butterly MM, Patel SM, Marra S. Pediatric Neck Masses. *Pediatrics in Review*. 2013;34(3):115-125. doi:10.1542/pir.34-3-115
6. Ludwig BJ, Wang J, Nadgir RN, Saito N, Castro-Aragon I, Sakai O. Imaging of Cervical Lymphadenopathy in Children and Young Adults. American Journal of Roentgenology. 2012;199(5):1105-1113. doi:10.2214/ajr.12.8629
7. Rizzi MD, Wetmore RF, Potsic WP. Differential diagnosis of neck masses. In: Lesperance MM, Flint PW, eds. *Cummings Pediatric Otolaryngology*, Philadelphia: Saunders Company, 2015:245-254
8. Bansal AG, Oudsema R, Masseaux JA, Rosenberg HK. US of Pediatric Superficial Masses of the Head and Neck. *RadioGraphics*. 2018;38(4):1239-1263. doi:10.1148/rg.2018170165
9. Kelly TG, Faulkes SV, Pierre SK, et al. Imaging submandibular pathology in the paediatric patient. *Clinical Radiology.* 2015;70(7):774-786. doi:10.1016/j.crad.2015.03.003
10. Collins B, Stoner JA, Digoy GP. Benefits of ultrasound vs. computed tomography in the diagnosis of pediatric lateral neck abscesses. *International Journal of Pediatric Otorhinolaryngology*. 2014;78(3):423-426. doi:10.1016/j.ijporl.2013.11.034
11. MacDonald A, Burrell S. Infrequently Performed Studies in Nuclear Medicine: Part 2. *Journal of Nuclear Medicine Technology*. 2009;37(1):1-13. doi:10.2967/jnmt.108.057851
12. Stern JS, Ginat DT, Nicholas JL, Ryan ME. Imaging of Pediatric Head and Neck Masses. *Otolaryngologic Clinics of North America*. 2015;48(1):225-246. doi:10.1016/j.otc.2014.09.015
13. Expert Panel on Neurologic Imaging:, Aulino JM, Kirsch CFE, et al. ACR Appropriateness Criteria® Neck Mass-Adenopathy. *J Am Coll Radiol*. 2019;16(5S):S150-S160. doi:10.1016/j.jacr.2019.02.025
14. Riva G, Sensini M, Peradotto F, Scolfaro C, Rosa GD, Tavormina P. Pediatric neck masses: how clinical and radiological features can drive diagnosis. *European Journal of Pediatrics*. 2019;178(4):463-471. doi:10.1007/s00431-018-3305-9

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Cervical Lymphadenopathy (PEDNECK-3)

Guideline

Imaging (PEDNECK-3.1)
References (PEDNECK-3)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Imaging (PEDNECK-3.1)

NKP.CL.0003.1.A
v1.0.2025

- Painful acute lymphadenopathy and other painful neck masses (including neck "swelling") should be treated with a trial of conservative therapy for at least 4-weeks, including antibiotics if appropriate.
  - If there is improvement with conservative treatment, advanced imaging is not indicated.
  - Ultrasound (CPT® 76536) is indicated for any of the following:
    - Initial evaluation of persistent lymphadenopathy following 4-weeks of treatment/ observation **OR**
    - Unexplained fever (temperature ≥100.4°F) and there is clinical concern for suppurative lymphadenopathy/neck abscess
- For inconclusive ultrasound/to further characterize abnormalities found on ultrasound:
  - MRI Orbit/Face/Neck without contrast (CPT® 70540) **OR**
  - MRI Orbit/Face/Neck without and with contrast (CPT® 70543) **OR**
  - CT Neck with contrast (CPT® 70491)
- If systemic symptoms or other clinical findings suggest malignancy, see **Pediatric Lymphomas (PEDONC-5)** in the Pediatric and Special Populations Oncology Imaging Guidelines.

Background and Supporting Information

- Both MRI and CT are superior to ultrasound for defining the relationship of an abscess to adjacent structures, particularly the airway; and detecting posterior cervical, mediastinal and intracranial extension.
- Inflammatory lymph nodes from acute lymphadenitis are usually painful, tender and mobile, frequently associated with upper respiratory infection, pharyngitis or dental infection.
- Occasionally, sarcoidosis or toxoplasmosis and Human immunodeficiency virus (HIV) can cause inflammatory lymphadenopathy as well.

Evidence Discussion

- Ultrasound can be used not only as an initial imaging modality, but also as a follow up/serial exam in cases without pathologic features such as loss of fatty hilum and firmness or supraclavicular location is not present.[1]
- Ultrasound has the benefit of being able to be used to serially evaluate the pediatric patient with cervical adenopathy without the need for sedation/anesthesia and without exposure to radiation.[1]

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

- Both CT and MRI can provide additional information that may assist with surgical planning. CT is low risk but involves radiation exposure, while MRI does not involve radiation, but requires more time to complete the study and possibly sedation.[1]

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (PEDNECK-3)

v1.0.2025

1. Harris JE, Patel NN, Wai K, Rosbe KW. Management of Pediatric Persistent Asymptomatic Cervical Lymphadenopathy. *Otolaryngol Head Neck Surg*. 2024;170(1):69-75. doi:10.1002/ohn.420
2. Ludwig BJ, Wang J, Nadgir RN, et al. Imaging of cervical lymphadenopathy in children and young adults. *Am J Roentgenol*. 2012 Nov; 199 (5):1105-1113
3. Nolder AR. Paediatric cervical lymphadenopathy. *Current Opinion in Otolaryngology & Head and Neck Surgery*. Published online December 2013:567-570. doi:10.1097/moo.0000000000000003
4. Chadha M, Yang Z, Ellika S. Imaging in Nontraumatic Pediatric Head and Neck Emergencies. *Journal of Pediatric Neurology*. 2017;15(05):263-293. doi:10.1055/s-0037-1604238
5. Rosenberg TL, Nolder AR. Pediatric Cervical Lymphadenopathy. *Otolaryngologic Clinics of North America*. 2014;47(5):721-731. doi:10.1016/j.otc.2014.06.012
6. Weinstock MS, Patel NA, Smith LP. Pediatric Cervical Lymphadenopathy. *Pediatrics in Review.* 2018;39(9):433-443. doi:10.1542/pir.2017-0249
7. Expert Panel on Neurologic Imaging:, Aulino JM, Kirsch CFE, et al. ACR Appropriateness Criteria® Neck Mass-Adenopathy. *J Am Coll Radiol*. 2019;16(5S):S150-S160. doi:10.1016/j.jacr.2019.02.025
8. Ho ML. Pediatric Neck Masses: Imaging Guidelines and Recommendations. *Radiol Clin North Am*. 2022;60(1):1-14. doi:10.1016/j.rcl.2021.08.001

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Dystonia/Torticollis (PEDNECK-4)

Guideline

Dystonia/Torticollis (PEDNECK-4.1)
References (PEDNECK-4)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Dystonia/Torticollis (PEDNECK-4.1)

NKP.TO.0004.1.A
v1.0.2025

Infants under 12 Months of Age (Congenital Muscular Torticollis/Fibromatosis Colli)

- Ultrasound Neck (CPT® 76536) is indicated as the initial study.
  - If Ultrasound is Positive→ No further imaging is needed since diagnosis is defined.
  - If Ultrasound is Negative or to further evaluate for other structural causes:
    - CT Neck with contrast (CPT® 70491) **OR**
    - MRI Orbit/Face/Neck without contrast (CPT® 70540) **OR**
    - MRI Orbit/Face/Neck without and with contrast (CPT® 70543)

Background and Supporting Information

- Individuals usually present by 2-weeks of life with an anterior neck mass, which is commonly right sided (75% of cases). A history of a traumatic breech or forceps delivery is common.

Children and Adults (Acquired Torticollis)

- Initial evaluation with recent trauma, and low suspicion of injury:
  - Plain radiographs of the cervical spine
    - To identify fracture or malalignment if plain radiographs are inconclusive or in individuals with a high-risk mechanism of cervical spine injury within the last 3 months (see below**):
      - CT Neck with contrast (CPT® 70491) **AND/OR**
      - CT Cervical Spine without contrast (CPT® 72125) is supported.
- In the clinical setting of cervical spine trauma with an associated neurologic deficit:
  - MRI Cervical Spine without contrast (CPT® 72141) is supported.
- In the absence of trauma, to identify underlying abscess, bony, muscular, vascular, or neurologic causes, ONE of the following is supported:
  - CT Neck with contrast (CPT® 70491), **OR**
  - CT Cervical Spine without contrast (CPT® 72125), **OR**
  - MRI Cervical Spine without contrast (CPT® 72141), **OR**
  - MRI Orbit/Face/Neck without and with contrast (CPT® 70543), **OR**
  - MRA Neck without and with contrast (CPT® 70549)
    - Positive→ Further advanced imaging is not required if a local cause has been identified.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

  - Negative→ MRI Brain without and with contrast (CPT® 70553) is supported to exclude CNS cause.

**High-risk mechanisms of cervical spine injury may include:

- Head trauma and/or maxillofacial trauma
- Pedestrian in a motor vehicle accident
- Fall from above standing height
- Diving accident
- Head-on motor vehicle collision without/with airbag deployment
- Rollover motor vehicle collision
- Ejection from the vehicle in a motor vehicle collision
- High speed of the vehicle at the time of collision
- Not wearing a seatbelt/shoulder harness in a motor vehicle collision
- Individuals with ankylosing spondylitis are at high-risk of cervical spine fractures even with minor direct/indirect trauma to the cervical spine which can result in quadriparesis/quadriplegia

Background and Supporting Information

- Injury or inflammation involving the sternocleidomastoid or trapezius muscles is the most common cause of acquired torticollis in children.
- Torticollis or cervical dystonia is an abnormal twisting of the neck in which the head is rotated or twisted. Acute causes are most common. Children with deep space neck infections present with torticollis approximately 50% of the time.[7] Other causes are variable and may be congenital, acquired (caused by trauma, juvenile idiopathic arthritis, or neoplasm), or idiopathic.

Evidence Discussion

- Ultrasound is the initial method of evaluation of suspected fibromatosis colli. Ultrasound has a sensitivity of 100% and the advantages of being readily available as well as avoiding sedation and radiation.[1]
- Standard x-rays are the initial imaging modality after trauma, but can be technically challenging due to head position.[2,3]
- Both CT and MRI assist in diagnosing non traumatic torticollis as a result of atlantoaxial subluxation; CT has the advantage of being readily available, however exposes the child to radiation, while MRI provides better soft tissue detail such as spinal cord compression but may require sedation/anesthesia due to the length of the study.[3]

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (PEDNECK-4)

v1.0.2025

1. Oliveira JC, Abreu MS, Gomes FM. Sternocleidomastoid tumour in neonate: *fibromatosis colli*. *BMJ Case Rep*. 2018;2018:bcr2017223543. Published 2018 Jan 10. doi:10.1136/bcr-2017-223543
2. Haque S, Bilal Shafi BB, Kaleem M. Imaging of torticollis in children. *Radiographics*. 2012;32(2):557-571. doi:10.1148/rg.322105143
3. Wenger KJ, Hattingen E, Porto L. Magnetic Resonance Imaging as the Primary Imaging Modality in Children Presenting with Inflammatory Nontraumatic Atlantoaxial Rotatory Subluxation. *Children (Basel)*. 2021;8(5):329. Published 2021 Apr 23. doi:10.3390/children8050329
4. Dudkiewicz I, Ganel A, Blankstein A. Congenital Muscular Torticollis in Infants: Ultrasound-Assisted Diagnosis and Evaluation. *Journal of Pediatric Orthopaedics*. 2005;25(6):812-814. doi:10.1097/01.bpo.0000184648.81109.75
5. Suhr MC, Oledzka M. Considerations and intervention in congenital muscular torticollis. *Current opinion in pediatrics*. 2015;27(1):75-81. doi:10.1097/MOP.0000000000000175
6. Expert Panel on Pediatric Imaging:, Kadom N, Palasis S, et al. ACR Appropriateness Criteria® Suspected Spine Trauma-Child. *J Am Coll Radiol*. 2019;16(5S):S286-S299. doi:10.1016/j.jacr.2019.02.003
7. Demongeot N, Akkari M, Blanchet C, et al. Pediatric deep neck infections: Clinical description and analysis of therapeutic management. *Arch Pediatr*. 2022;29(2):128-132. doi:10.1016/j.arcped.2021.11.011

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Dysphagia (PEDNECK-5)

Guideline

Dysphagia (PEDNECK-5.1)
References (PEDNECK-5)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Dysphagia (PEDNECK-5.1)

NKP.DY.0005.1.A
v1.0.2025

- Dysphagia imaging indications in pediatric individuals are very similar to those for adult individuals. See **Dysphagia and Upper Digestive Tract Disorders (Neck-3.1)** in the Neck Imaging Guidelines.
- For concern of foreign body ingestion as the etiology of dysphagia initial imaging:
  - X-rays of the neck and chest are supported.[7]
- For dysphagia associated with chest pain and difficulty swallowing both solids and liquids or gastroesphageal reflux:
  - Esophageal motility study (CPT® 78258) is indicated.
- For a suspected anatomical variant such as a vascular ring, right sided aortic arch, or double arch noted on chest radiography (which can be associated with dysphagia):
  - CTA Chest (CPT® 71275) **OR**
  - MRA Chest (CPT® 71555) is supported.

Evidence Discussion

- X-rays are supported as the initial evaluation of foreign body ingestion in children. Plain films provide the advantage being readily available to detect radiopaque foreign bodies or other pathologic findings.[1]
- Chest CT and MRI provide information regarding anatomy and possible external compression resulting in dysphagia, but require the use of contrast and possible sedation.[1]

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (PEDNECK-5)

v1.0.2025

1. Lanzoni G, Sembenini C, Gastaldo S, et al. Esophageal Dysphagia in Children: State of the Art and Proposal for a Symptom-Based Diagnostic Approach. *Front Pediatr*. 2022;10:885308. Published 2022 Jun 24. doi:10.3389/fped.2022.885308
2. Kakodkar K, Schroeder JW. Pediatric Dysphagia. *Pediatric Clinics of North America*. 2013;60(4):969-977. doi:10.1016/j.pcl.2013.04.010
3. Stagnaro N, Rizzo F, Torre M, Cittadini G, Magnano G. Multimodality imaging of pediatric airways disease: indication and technique. *La radiologia medica*. 2017;122(6):419-429. doi:10.1007/s11547-017-0737-7
4. Dodrill P, Gosa MM. Pediatric Dysphagia: Physiology, Assessment, and Management. Annals of Nutrition and Metabolism. 2015;66(5):24-31. doi:10.1159/000381372
5. Sommburg O, Helling-Bakki A, Alrajab A, et al. Assessment of Suspected Vascular Rings and Slings and/or Airway Pathologies Using Magnetic Resonance Imaging Rather Than Computed Tomography. *Respiration*. 2018;97(2):108-118. doi:10.1159/000492080.
6. Lawlor CM, Choi S. Diagnosis and Management of Pediatric Dysphagia: A Review. *JAMA Otolaryngol Head Neck Surg*. 2020;146(2):183-191. doi:10.1001/jamaoto.2019.3622
7. Leinwand K, Brumbaugh DE, Kramer RE. Button Battery Ingestion in Children: A Paradigm for Management of Severe Pediatric Foreign Body Ingestions. *Gastrointest Endosc Clin N Am* . 2016;26(1):99- 118. doi:10.1016/j.giec.2015.08.003

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Thyroid and Parathyroid (PEDNECK-6)

Guideline

Thyroid Masses or Nodules (PEDNECK-6.1)
Hyperthyroidism (PEDNECK-6.2)
Hypothyroidism (PEDNECK-6.3)
Parathyroid Imaging (PEDNECK-6.4)
References (PEDNECK-6)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Thyroid Masses or Nodules (PEDNECK-6.1)

NKP.PT.0006.1.A

v1.0.2025

- For the initial study for evaluation of thyroid masses, diffuse thyroid enlargement, or nodules in pediatric individuals:
  - Ultrasound Neck (CPT® 76536) is indicated.
- **For a normal or elevated TSH** with any solitary or suspicious thyroid nodule noted on imaging or physical exam:
  - Fine needle aspiration (FNA) under ultrasound guidance (CPT® 76942) is indicated.
- **For a low TSH:**
  - Nuclear thyroid scintigraphy (either CPT® 78013 or CPT® 78014) is indicated.
    - Hyperfunctioning nodules should be treated surgically but may also undergo FNA under ultrasound guidance (CPT® 76942) if suspicious in appearance and not being treated surgically.
    - Hypofunctioning nodules should undergo FNA under ultrasound guidance (CPT® 76942).
- For lymph node assessment if cervical lymph node imaging was not performed at the time of the initial diagnostic thyroid ultrasound:
  - Repeat imaging with Ultrasound Neck (CPT® 76536) is supported.
- For preoperative planning in individuals with large or fixed masses, vocal cord paralysis, or bulky cervical or supraclavicular adenopathy:
  - CT Neck without contrast (CPT® 70490) **OR**
  - CT Neck with contrast (CPT® 70491) **OR**
  - MRI Orbit/Face/Neck without contrast (CPT® 70540) **OR**
  - MRI Orbit/Face/Neck without and with contrast (CPT® 70543) is supported.
  - In addition, for individuals with substernal extension of the thyroid, pulmonary symptoms or abnormalities on recent chest x-ray:[26]
    - CT Chest without contrast (CPT® 71250) **OR**
    - CT Chest with contrast (CPT® 71260) is supported.
- If any biopsy reveals thyroid carcinoma, See **Thyroid Cancer (ONC-6)** in the Oncology Imaging Guidelines.
- Repeat ultrasound (CPT® 76536) and/or FNA under ultrasound guidance (CPT® 76942) is indicated 3-6 months following initial biopsy if the initial biopsy shows inadequate, or non-diagnostic findings.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

  - Repeat ultrasound (CPT® 76536) is indicated in 6-12 months if the nodule is stable and/or FNA is benign.
  - The nodule should be treated surgically if growing or the FNA is not benign.
- Repeat ultrasound (CPT® 76536) is indicated 6-12 months following initial biopsy if the initial biopsy shows benign findings.
  - Repeat ultrasound (CPT® 76536) is indicated every 1-2 years if the nodule is stable.
  - Repeat FNA under ultrasound guidance (CPT® 76942) or be treated surgically if the nodule is growing or concerning new findings are present.
  - Benign nodules that have been surgically resected do not require routine imaging follow up in the absence of clinical or laboratory changes suggesting recurrence.
- If the initial biopsy shows indeterminate or suspicious findings, surgery is recommended.

Evidence Discussion

- Ultrasound is used as the initial evaluation for thyroid abnormalities, and follow up as it is noninvasive, radiation free, inexpensive, very sensitive and does not require sedation to complete.[1,2]
- Fine needle biopsy in pediatric thyroid nodules has a sensitivity of 94% and specificity of 100%.[3]
- Both CT and MRI can be valuable in preoperative evaluation of thyroid disease for determining involvement of lymph nodes or adjacent structures. However iodine based contrasts can lead to suppression of radioactive iodine thyroid uptake thus postponing radioiodine treatment, and favoring the use of MRI.[1]

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Hyperthyroidism (PEDNECK-6.2)

NKP.PT.0006.2.A
v1.0.2025

- For the initial study for evaluation of hyperthyroidism:
  - Ultrasound Neck (CPT® 76536) is supported.
    - If a nodule or mass is discovered on ultrasound, the individual should be imaged according to **Thyroid Masses or Nodules (PEDNECK-6.1)**.
- For all other individuals with documented hyperthyroidism:
  - Thyroid uptake nuclear imaging (either CPT® 78012 or CPT® 78014) is supported.

Background and Supporting Information

- Common causes are Graves' disease and autoimmune disorders (lupus, rheumatoid arthritis, and Sjögren syndrome).

Evidence Discussion

- Ultrasound is used as the initial evaluation for thyroid abnormalities, and follow up as it is noninvasive, radiation free, inexpensive, very sensitive and does not require sedation to complete.[1,2]
- The use of a radioactive iodine uptake scan, (although involves ionizing radiation exposure) is supported if the diagnosis is unclear after ultrasound and laboratory evaluation have been completed.[4,5]

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Hypothyroidism (PEDNECK-6.3)

NKP.PT.0006.3.A
v1.0.2025

- For the initial study for evaluation of hypothyroidism:
  - Ultrasound Neck (CPT® 76536) is supported.
    - If a nodule or mass is discovered on ultrasound, the individual should be imaged according to **Thyroid Masses or Nodules (PEDNECK-6.1)**.
- For individuals with documented congenital hypothyroidism, thyroid uptake nuclear imaging (either CPT® 78012 or CPT® 78014) is indicated.

Background and Supporting Information

- Causes of pediatric hypothyroidism include thyroid congenital dysgenesis, dyshormonogenesis autoimmune thyroiditis, Hashimoto thyroiditis, subacute thyroiditis, and abnormality in the pituitary gland or hypothalamus. Congenital hypothyroidism is usually diagnosed in the neonate on a routine perinatal screening examination.

Evidence Discussion

- Ultrasound is used as the initial evaluation for thyroid abnormalities, and follow up as it is noninvasive, radiation free, inexpensive, very sensitive and does not require sedation to complete.[1,2]
- The use of a radioactive iodine uptake scan, (although involves ionizing radiation exposure) is supported if the diagnosis is unclear after ultrasound and laboratory evaluation have been completed.[4,5]

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Parathyroid Imaging (PEDNECK-6.4)

NKP.PT.0006.4.A

v1.0.2025

- Parathyroid imaging indications in pediatric individuals are the same as those for adult individuals. See **Parathyroid Imaging (Neck-8.3)** in the Neck Imaging Guidelines.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

References (PEDNECK-6)

v1.0.2025

1. Iakovou I, Giannoula E, Sachpekidis C. Imaging and Imaging-Based Management of Pediatric Thyroid Nodules. *J Clin Med*. 2020;9(2):384. Published 2020 Feb 1. doi:10.3390/jcm9020384
2. Chun S, Lee YS, Yu J. Thyroid imaging study in children with suspected thyroid dysgenesis. *Ann Pediatr Endocrinol Metab*. 2021;26(1):53-59. doi:10.6065/apem.2040120.060
3. Partyka KL, Huang EC, Cramer HM, Chen S, Wu HH. Histologic and clinical follow-up of thyroid fine-needle aspirates in pediatric patients. *Cancer Cytopathol*. 2016;124(7):467-471. doi:10.1002/cncy.21713
4. Dimachkieh AL, Kazahaya K, Chelius DC Jr. Assessment and Management of Thyroid Disease in Children. *Otolaryngol Clin North Am*. 2019;52(5):957-967. doi:10.1016/j.otc.2019.06.009
5. Silva CT, Navarro OM. Pearls and Pitfalls in Pediatric Thyroid Imaging. *Semin Ultrasound CT MR*. 2020;41(5):421-432. doi:10.1053/j.sult.2020.05.007
6. Waguespack SG, Huh WW, and Bauer AJ. Endocrine tumors. In: Pizzo PA, Poplack DG, eds. *Principles and Practices of Pediatric Oncology*. 7th ed. Wolters Kluwer. Philadelphia, PA. 2016:919-945
7. Wassner AJ, Smith JR. Hypothyroidism. In: Kliegman RM, St. Geme JW III, Blum NJ, Shah SS, Tasker RC, Wilson KM, eds. *Nelson Textbook of Pediatrics*, 21st ed. 2020:2914-2922
8. Smith JR, Wassner AJ. Thyroid nodule. In: Kliegman RM, St. Geme JW III, Blum NJ, Shah SS, Tasker RC, Wilson KM, eds. *Nelson Textbook of Pediatrics*, 21st ed. 2020:2936-2937
9. Wassner AJ, Smith JR. Thyroiditis. In: Kliegman RM, St. Geme JW III, Blum NJ, Shah SS, Tasker RC, Wilson KM, eds. *Nelson Textbook of Pediatrics*, 21st ed. 2020:2923-2925
10. Smith JR, Wassner AJ. Thyrotoxicosis. In: Kliegman RM, St. Geme JW III, Blum NJ, Shah SS, Tasker RC, Wilson KM, eds. *Nelson Textbook of Pediatrics*, 21st ed.2020:2928-2934
11. Doyle DA. Hypoparathyroidism. In: Kliegman RM, St. Geme JW III, Blum NJ, Shah SS, Tasker RC, Wilson KM, eds. *Nelson Textbook of Pediatrics*, 21st ed. 2020:2945-2948
12. Doyle DA. Hyperparathyroidism. In: Kliegman RM, St. Geme JW III, Blum NJ, Shah SS, Tasker RC, Wilson KM, eds. *Nelson Textbook of Pediatrics*, 21st ed. 2020:2950-2953
13. Francis GL, Waguespack SG, Bauer AJ, et al. Management Guidelines for Children with Thyroid Nodules and Differentiated Thyroid Cancer. *Thyroid*. 2015;25(7):716-759. doi:10.1089/thy.2014.0460
14. Essenmacher AC, Joyce PH, Kao SC, et al. Sonographic Evaluation of Pediatric Thyroid Nodules. *RadioGraphics*. 2017;37(6):1731-1752. doi:10.1148/rg.2017170059
15. Williams JL, Paul DL, Bisset G. Thyroid disease in children: part 1. *Pediatric Radiology*. 2013;43(10):1244-1253. doi:10.1007/s00247-013-2735-9
16. Williams JL, Paul D, Bisset G. Thyroid disease in children: part 2. *Pediatric Radiology*. 2013;43(10):1254-1264. doi:10.1007/s00247-013-2707-0
17. Papendieck P, Gruñeiro-Papendieck L, Venara M, et al. Differentiated Thyroid Cancer in Children: Prevalence and Predictors in a Large Cohort with Thyroid Nodules Followed Prospectively. *The Journal of Pediatrics*. 2015;167(1):199-201. doi:10.1016/j.jpeds.2015.04.041
18. Ross DS, Burch HB, Cooper DS, et al. 2016 American Thyroid Association Guidelines for Diagnosis and Management of Hyperthyroidism and Other Causes of Thyrotoxicosis. *Thyroid*. 2016;26(10):1343-1421. doi:10.1089/thy.2016.0229
19. Donangelo I, and Braunstein GD. Update on subclinical hyperthyroidism. *Am Fam Physician*. 2011; 83 (8):933-938.
20. Gharib H, Papini E, Garber JR, et al. American Association Of Clinical Endocrinologists, American College Of Endocrinology, And Associazione Medici Endocrinologi medical guidelines for clinical practice for the diagnosis and management of thyroid nodules-2016 update. *Endocrine Practice*. 2016;22(Supplement 1):1-60. doi:10.4158/ep161208.gl
21. Bilezikian JP, Brandi ML, Eastell R, et al. Guidelines for the Management of Asymptomatic Primary Hyperparathyroidism: Summary Statement from the Fourth International Workshop. *The Journal of Clinical Endocrinology & Metabolism*. 2014;99(10):3561-3569. doi:10.1210/jc.2014-1413

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

22. Greenspan BS, Dillehay G, Intenzo C, et al. SNM Practice Guideline for Parathyroid Scintigraphy 4.0. Journal of Nuclear Medicine Technology. 2012;40(2):111-118. doi:10.2967/jnmt.112.105122
23. Sung, Jin Yong. "Parathyroid Ultrasonography: The Evolving Role of the Radiologist." *Ultrasonography* 34, no. 4 (2015): 268-74. doi:10.14366/usg.14071
24. ACR–SPR PRACTICE PARAMETER FOR THE PERFORMANCE OF PARATHYROID SCINTIGRAPHY—White paper, revised 2019. https://www.acr.org/-/media/ACR/Files/Practice-Parameters/parathyroidscint.pdf
25. ACR Appropriateness Criteria Parathyroid Adenoma, published April 2021. https://acsearch.acr.org/docs/3158171/Narrative/
26. Hanson MA, Shaha AR, Wu JX. Surgical approach to the substernal goiter. *Best Pract Res Clin Endocrinol Metab*. 2019;33(4):101312. doi:10.1016/j.beem.2019.101312
27. Xing Z, Qiu Y, Zhu J, Su A, Wu W. Diagnostic performance of adult-based ultrasound risk stratification systems in pediatric thyroid nodules: a systematic review and meta-analysis. *Front Endocrinol (Lausanne)*. 2023;14:1187935. Published 2023 May 12. doi:10.3389/fendo.2023.1187935

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Esophagus (PEDNECK-7)

Guideline

Esophagus (PEDNECK-7.1)
References (PEDNECK-7)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Esophagus (PEDNECK-7.1)

NKP.ES.0007.1.A

v1.0.2025

- Esophagus imaging indications in pediatric individuals are very similar to those for adult individuals. See **Dysphagia and Upper Digestive Tract Disorders (Neck-3.1)** in the Neck Imaging Guidelines.
- Pediatric-specific imaging considerations include the following:
  - For suspected foreign body ingestion or impaction:
    - Plain x-rays are the initial imaging.[8]
    - Ultrasound Neck (CPT® 76536) can be approved for evaluation of upper esophageal foreign bodies.
    - See **Dysphagia and Upper Digestive Tract Disorders (Neck-3.1)**.
  - For evaluating congenital atresia with associated tracheoesophageal fistula:
    - Esophagram is supported.
  - For evaluation of suspected congenital malformations with inconclusive x-rays or esophagram:
    - CT Neck with contrast (CPT® 70491) **AND/OR**
    - CT Chest with contrast (CPT® 71260)
      - 3D rendering (CPT® 76376 or CPT® 76377) is supported for preoperative planning in complex cases.
  - Plain radiographs alone usually suffice for the diagnosis of other types of esophageal atresia and a contrast examination of the esophagus is not warranted but may be indicated for post-operative evaluation.

Evidence Discussion

- The initial evaluation for possible foreign body ingestion is plain x-rays, because of their availability and affordability.[1]
- Esophagram, in the setting of esophageal atresia with tracheoesophageal fistula allows for diagnosis of the condition through the use of a nasogastric tube being withdrawn while instilling contrast material.[1]
- Chest x ray is used as the initial evaluation of the mediastinum when concerns are present for a congenital abnormality, because of availability and affordability[1] Evaluation of vascular ring or sling includes an esophagram, For further evaluation CT is favored over MRI secondary to availability, expedited time and cost.[2,3]

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (PEDNECK-7)

v1.0.2025

1. Choi G, Je BK, Kim YJ. Gastrointestinal Emergency in Neonates and Infants: A Pictorial Essay. *Korean J Radiol*. 2022;23(1):124-138. doi:10.3348/kjr.2021.0111
2. Liszewski MC, Ciet P, Winant AJ, Lee EY. Magnetic Resonance Imaging of Pediatric Lungs and Airways: New Paradigm for Practical Daily Clinical Use. *J Thorac Imaging*. 2024;39(1):57-66. doi:10.1097/RTI.0000000000000707
3. Kapur S, Bhalla AS, Jana M. Pediatric Chest MRI: A Review. *Indian J Pediatr*. 2019;86(9):842-853. doi:10.1007/s12098-018-02852-w
4. Hryhorczuk AL, Lee EY, Eisenberg RL. Esophageal Abnormalities in Pediatric Patients. *American Journal of Roentgenology*. 2013;201(4):W519-W532. doi:10.2214/ajr.12.9291
5. Seekins JM, et al. Esophagus congenital and neonatal abnormalities. In: Coley B, Saunders E, eds. *Caffey's Pediatric Diagnostic Imaging*. Philadelphia, PA. 2013:12
6. Ellis WE. Esophagus: Congenital and Neonatal Abnormalities. In: Coley B, ed. *Caffey's Pediatric Diagnostic Imaging*, 13th Edition. Philadelphia, PA. 2018:901-910
7. Mori T, Nomura O, Hagiwara Y. Another Useful Application of Point-of-Care Ultrasound. *Pediatric Emergency Care*. 2019;35(2):154-156. doi:10.1097/pec.0000000000001729
8. Leinwand K, Brumbaugh DE, Kramer RE. Button Battery Ingestion in Children: A Paradigm for Management of Severe Pediatric Foreign Body Ingestions. *Gastrointest Endosc Clin N Am*. 2016;26(1):99-118. doi:10.1016/j.giec.2015.08.003

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Trachea (PEDNECK-8)

Guideline

Trachea (PEDNECK-8.1)
References (PEDNECK-8)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Trachea (PEDNECK-8.1)

NKP.TR.0008.1.A

v1.0.2025

- Trachea imaging indications in pediatric individuals are similar to those for adult individuals. See **Imaging of the Larynx, Trachea, and Bronchus (Neck-9.1)** in the Neck Imaging Guidelines.
- Pediatric-specific imaging considerations include the following:
  - For evaluation of suspected congenital malformations if x-rays are inconclusive:
    - CT Neck with contrast (CPT® 70491) **AND/OR**
    - CT Chest with contrast (CPT® 71260) are supported.
      - 3D rendering (CPT® 76376 or CPT® 76377) is supported for preoperative planning in complex cases.
      - CT Chest (either without contrast CPT® 71250 or with contrast CPT® 71260) is not routinely performed to evaluate foreign body aspiration, but it may be considered in complicated cases or when bronchoscopy is being considered.[1,3]

Evidence Discussion

- Chest x-ray, because of its availability and affordability, is generally regarded as the initial imaging study in evaluating possible foreign body aspiration. Chest x-ray has a sensitivity of 62-88% and a specificity of 30-97% of detecting airway foreign bodies.[1,2]
- CT may play a role in diagnosing foreign body aspiration in children with non-specific complaints such as fever, and cough. CT of the chest has a 99% sensitivity and 92% specificity in detecting airway foreign bodies and can play role in the patient with an unclear or atypical clinical picture.[1]
- Chest x-ray is used as the initial evaluation of the mediastinum when concerns are present for a congenital abnormality. For further evaluation CT is favored over MRI secondary to availability, expedited time and cost.[4]

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

References (PEDNECK-8)

v1.0.2025

1. El Khoury P, Makhoul M, El Hadi C, Haber C, Rassi S. CT Scan in Children Suspected of Foreign Body Aspiration: A Systematic Review and Meta-analysis. *Otolaryngol Head Neck Surg*. 2024;170(1):1-12. doi:10.1002/ohn.433
2. Sekioka A, Koyama M, Fukumoto K, Nomura A, Urushihara N. Subtle Crucial X-Ray Findings in Pediatric Foreign Body Aspiration. *Cureus*. 2021;13(5):e14898. Published 2021 May 8. doi:10.7759/cureus.14898
3. Wang Y, Sun Y, Zhang H, Yang X, Song X. Comprehensive Analysis of the Diagnosis and Treatment of Tracheobronchial Foreign Bodies in Children. *Ear Nose Throat J*. 2023;102(10):661-666. doi:10.1177/01455613211023019
4. Liszewski MC, Ciet P, Winant AJ, Lee EY. Magnetic Resonance Imaging of Pediatric Lungs and Airways: New Paradigm for Practical Daily Clinical Use. *J Thorac Imaging*. 2024;39(1):57-66. doi:10.1097/RTI.0000000000000707
5. Pugmire BS, Lim R, Avery LL. Review of Ingested and Aspirated Foreign Bodies in Children and Their Clinical Significance for Radiologists. *RadioGraphics*. 2015;35(5):1528-1538. doi:10.1148/rg.2015140287
6. Lee EY, Restrepo R, Dillman JR, Ridge CA, Hammer MR, Boiselle PM. Imaging Evaluation of Pediatric Trachea and Bronchi: Systematic Review and Updates. *Seminars in Roentgenology*. 2012;47(2):182-196. doi:10.1053/j.ro.2011.12.002
7. Lee EY. Lower large airway disease. In: Coley B, ed. *Caffey's Pediatric Diagnostic Imaging*. Philadelphia, PA. 2018;486-494.
8. Semple T, Calder A, Owens CM, Padley S. Current and future approaches to large airways imaging in adults and children. *Clinical Radiology*. 2017;72(5):356-374. doi:10.1016/j.crad.2017.01.012
9. Stagnaro N, Rizzo F, Torre M, Cittadini G, Magnano G. Multimodality imaging of pediatric airways disease: indication and technique. *La radiologia medica*. 2017;122(6):419-429. doi:10.1007/s11547-017-0737-7

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Table of Contents

Guideline

General Guidelines (PEDONC-1)
Screening Imaging in Cancer Predisposition Syndromes (PEDONC-2)
Pediatric Leukemias (PEDONC-3)
CNS Tumors (PEDONC-4)
Pediatric Lymphomas (PEDONC-5)
Neuroblastoma (PEDONC-6)
Pediatric Renal Tumors (PEDONC-7)
Pediatric Soft Tissue Sarcomas (PEDONC-8)
Bone Tumors (PEDONC-9)
Pediatric Germ Cell Tumors (PEDONC-10)
Pediatric Liver and Pancreatic Tumors (PEDONC-11)
Retinoblastoma (PEDONC-12)
Pediatric Nasopharyngeal Carcinoma (PEDONC-13)
Pediatric Adrenocortical Carcinoma (PEDONC-14)
Pediatric Melanoma and Other Skin Cancers (PEDONC-15)
Pediatric Salivary Gland Tumors and Thyroid Tumors (PEDONC-16)
Pediatric Breast Masses (PEDONC-17)
Histiocytic Disorders (PEDONC-18)
Long Term Pediatric Cancer Survivors (PEDONC-19)
Hematopoietic Stem Cell Transplantation (HSCT) (PEDONC-20)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

General Guidelines (PEDONC-1)

Guideline

Abbreviations for Pediatric and Special Populations Oncology Imaging Guidelines
General Guidelines (PEDONC-1.0)
Age Considerations (PEDONC-1.1)
Appropriate Clinical Evaluations (PEDONC-1.2)
Modality General Considerations (PEDONC-1.3)
PET Imaging in Pediatric Oncology (PEDONC-1.4)
Diagnostic Radiation Exposure in Pediatric Oncology (PEDONC-1.5)
References (PEDONC-1)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Abbreviations for Pediatric and Special Populations Oncology Imaging Guidelines

ONCP.GG.Abbreviations.A
v2.0.2025

Abbreviations for Pediatric and Special Populations Oncology Imaging Guidelines	
AFP	Alpha-fetoprotein (tumor marker)
ALCL	Anaplastic large cell lymphoma
ALL	Acute lymphoblastic leukemia
AML	Acute myelogenous leukemia
ß-hCG	Human chorionic gonadotropin beta-subunit (tumor marker)
BKL	Burkitt's lymphoma
BWT	Bilateral Wilms tumor
CCSK	Clear cell sarcoma of the kidney
CNS	Central nervous system
COG	Children's Oncology group
CPT®	Current procedural terminology; trademark of the American Medical Association
CSF	Cerebrospinal fluid
CT	Computed tomography
CXR	Chest x-ray

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Abbreviations for Pediatric and Special Populations Oncology Imaging Guidelines	
DAWT	Diffuse anaplasia Wilms tumor
ESFT	Ewing sarcoma family of tumors
FAWT	Focal anaplasia Wilms tumor
FHWT	Favorable histology Wilms tumor
HL	Hodgkin lymphoma
HSCT	Hematopoietic stem cell transplant (bone marrow or peripheral blood)
HVA	Homovanillic acid
LL	Lymphoblastic lymphoma
MIBG	Metaiodobenzylguanidine (nuclear scan using ^{123}i or ^{131}i)
MPNST	Malignant peripheral nerve sheath tumor
MRI	Magnetic resonance imaging
NBL	Neuroblastoma
NED	No evidence of disease
NHL	Non-hodgkin lymphoma
NPC	Nasopharyngeal carcinoma
NRSTS	Nonrhabdomyosarcomatous soft tissue sarcomas
OS	Osteosarcoma
PET	Positron emission tomography
PMBCL	Primary mediastinal b-cell lymphoma

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Abbreviations for Pediatric and Special Populations Oncology Imaging Guidelines	
PNET	Primitive neuroectodermal tumor
RCC	Renal cell carcinoma
RMS	Rhabdomyosarcoma
US	Ultrasound
VMA	Vannilylmandelic acid
WBC	White blood cell count
XRT	Radiation therapy

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

General Guidelines (PEDONC-1.0)

ONCP.GG.0001.0.A

v2.0.2025

- A relevant clinical evaluation or meaningful contact (telephone call, electronic mail or messaging) should be performed prior to considering advanced imaging, unless the individual is undergoing guideline-supported scheduled off therapy surveillance evaluation or cancer screening. The clinical evaluation may include a relevant history and physical examination, including biopsy, appropriate laboratory studies, and results of non-advanced or advanced imaging modalities.
  - Because of the relatively small number of childhood cancer treatment centers, it is common to combine off-therapy visits with imaging and other subspecialist visits to accommodate families traveling long distances for their child's care.
- Unless otherwise stated in the disease-specific guideline, a histological confirmation of malignancy (or recurrence) and the stage of disease is required to perform a medical necessity review of the requested imaging.
- Unless otherwise stated in the disease-specific guideline, advanced imaging of asymptomatic individuals is not routinely supported without signs or symptoms of systemic involvement of cancer.
- Conventional imaging performed prior to diagnosis should not be repeated unless there is a delay of at least 6 weeks since previous imaging and treatment initiation or there are new or significantly worsening clinical signs or symptoms
- Generally, the studies listed in the disease-specific sections reflect the studies supported by current literature and research for that condition. If a study is not listed, then it is not supported.
- Routine imaging of brain, spine, neck, chest, abdomen, pelvis, bones, or other body areas is not indicated except where explicitly stated in a diagnosis-specific guideline section, or if one of the following applies:
  - Known prior disease involving the requested body area
  - New or worsening symptoms or physical exam findings involving the requested body area (including non-specific findings such as ascites or pleural effusion)
  - New finding on basic imaging study such as plain x-ray or ultrasound
  - New finding on adjacent body area CT/MRI study (i.e., pleural effusion observed on CT abdomen)
  - Unless otherwise stated in the disease-specific guideline, advanced imaging of asymptomatic individuals is not routinely supported without signs or symptoms of systemic involvement of cancer.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

  - Repeat imaging studies are not generally necessary unless there is evidence of disease progression, recurrence of disease, and/or the repeat imaging will affect an individual's clinical management.
- Unless otherwise stated in the diagnosis-specific guidelines, imaging for treatment response can be approved after every 2 cycles, which is usually ~6 weeks of therapy for solid tumors and usually ~8 to 12 weeks for CNS tumors
- Unless otherwise specified for a specific cancer type, once PET has been documented to be negative for a given individual's cancer or all PET-avid disease has been surgically resected, PET should not be used for continued disease monitoring or surveillance unless one of the following applies:
  - Conventional imaging (CT, MRI, US, plain film) reveals findings that are inconclusive or suspicious for recurrence
  - Residual mass that has not changed in size since the last conventional imaging does not justify PET imaging
  - PET avidity in a residual mass at the end of planned therapy is not an indication for PET imaging during surveillance

Clarification of phases of therapy

Phases of Oncology Imaging	Definition
Screening	• Imaging requested for individuals at increased risk for a particular cancer in the absence of known clinical signs or symptoms • Screening using advancing imaging is only supported for conditions listed in **Screening Imaging in Cancer Predisposition Syndromes (PEDONC-2)**
Suspected/Initial Staging	• All imaging studies requested from the time cancer is first clinically suspected until the initiation of specific treatment ◦ CT Chest prior to anesthesia for biopsy or resection of solid tumors and CTs of other involved body areas are generally indicated and should be performed concurrently ◦ Metastatic CNS imaging and nuclear medicine imaging are generally deferred until after a histologic diagnosis is made, unless otherwise indicated by diagnosis-specific guideline

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Phases of Oncology Imaging	Definition
Treatment Response	• Imaging performed during any type of active treatment (chemotherapy or other medications, radiation therapy, or surgery), including evaluation at the end of planned active treatment ◦ Unless otherwise stated in the diagnosis-specific guidelines, imaging for treatment response can be approved after every 2 cycles, which is usually ~6 weeks of therapy for solid tumors and usually ~8 to 12 weeks for CNS tumors
Surveillance	• Imaging performed in individuals who are asymptomatic or have chronic stable symptoms and not receiving any active treatment, even if residual imaging abnormalities are present ◦ PET imaging is not supported for surveillance imaging unless specifically stated in elsewhere in the diagnosis-specific guideline sections
Recurrence	• All imaging studies completed at the time a recurrence or progression of a known cancer is strongly suspected or documented based on clinical signs or symptoms, laboratory findings, or results of basic imaging studies such as plain radiography or ultrasound • Following documented recurrence of childhood cancer, any studies recommended for initial staging of that cancer type in the diagnosis-specific imaging guideline section should be approved ◦ During active treatment for recurrent pediatric cancer, conventional imaging evaluation (CT or MRI, should use the same modality for ongoing monitoring as much as possible) of previously involved areas should be approved according to the treatment response imaging in the diagnosis-specific guideline section ▪ Always refer to the diagnosis specific guideline for PET indications in recurrence.

- Brain imaging is performed for signs or symptoms of brain disease
  - MRI Brain without and with contrast (CPT® 70553) is the recommended study for evaluation of suspected or known brain metastases. If a non-contrast CT head shows suspicious lesion, MRI Brain may be obtained to further characterize the lesion

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

- CT Head without and with contrast (CPT® 70470) can be approved when MRI is contraindicated or not available, or if there is skull bone involvement
- Certain malignancies including, but not limited to melanoma, lung cancer and renal cell cancer have indications for brain imaging for asymptomatic individuals
- If stage IV disease is demonstrated elsewhere or if systemic disease progression is noted, refer to disease specific guidelines
- Initiation of angiogenesis therapy is not an indication for advanced imaging of the brain in asymptomatic individuals (Avastin/Bevacizumab; <3% risk of bleeding and <1% risk of serious bleeding)

- Bone Scan:
  - Primarily used for evaluation of bone metastases in individuals with solid malignancies.
  - Indications for bone scan in individuals with history of malignancy include – bone pain, rising tumor markers, elevated alkaline phosphatase or in individuals with primary bone tumor.
  - For evaluation of suspected or known bony metastases, CPT® 78306 (Nuclear bone scan whole-body), may be approved.
  - Radiopharmaceutical Localization scan SPECT (CPT® 78803 or CPT® 78831) or SPECT/CT (CPT® 78830 or CPT® 78832) may be approved as an add-on test for further evaluation of a specific area of interest.
  - CPT® codes 78300 (Nuclear bone scan limited), 78305 (Nuclear bone scan multiple areas) or 78315 do not have any indications in oncology nuclear medicine imaging.
- Bone scan supplemented by plain x-rays are the initial imaging modalities for suspected malignant bone pain. For specific imaging indications, see also:
  - **Nuclear Medicine (NM) Imaging in Oncology (ONC-1.3)**
  - **Bone (Non-Vertebral) Metastases (ONC-31.5)**
  - **Spinal/Vertebral Metastases (ONC-31.6)**
  - **Carcinoma of Unknown Primary Site (ONC-31.7)**
- Delay PET/CT for at least 12 weeks after completion of radiation treatment, unless required sooner for imminent surgical resection.
- PET/CT may be considered prior to biopsy in order to determine a more favorable site for biopsy when a prior biopsy was nondiagnostic or a relatively inaccessible site is contemplated which would require invasive surgical intervention for biopsy attempt.
- PET/CT may be indicated if:
  - Conventional imaging (CT, MRI or bone scan) reveals findings that are inconclusive or negative, with continued suspicion for recurrence
- **Unless specified in diagnosis-specific guideline section PET/CT Imaging is NOT indicated for**:

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

- Infection, inflammation, trauma, post-operative healing, granulomatous disease, rheumatological conditions
- Concomitantly with separate diagnostic CT studies
- Conclusive evidence of distant or diffuse metastatic disease on recent conventional imaging studies
- Metastatic disease in the central nervous system (CNS)
- Lesions less than 8 mm in size
- Follow up after localized therapy (i.e. radiofrequency ablation, embolization, stereotactic radiation, etc.)
- Rare malignancies, due to lack of available evidence regarding the diagnostic accuracy of PET in rare cancers
- Surveillance
  - Serial monitoring of individuals who are not currently receiving anti-tumor treatment or are receiving maintenance treatment
  - Serial monitoring of FDG avidity until resolution.
  - PET/CT avidity in a residual mass at the end of planned therapy is not an indication for PET/CT imaging during surveillance.
  - Residual mass that has not changed in size since the last conventional imaging does not justify PET imaging

- Please refer to general guidelines section **PET Imaging in Oncology (ONC-1.4)** and **PET Imaging in Pediatric Oncology (PEDONC-1.4)** for further guidance regarding PET. Those guidelines should be applied with regard to radiotracer coverage.
- Please refer to general guidelines in **Unlisted Procedure Codes in Oncology (ONC-1.5)** for unlisted procedures in pediatric oncology.

Clinical Trials

- Similar to investigational and experimental studies, clinical trial imaging requests will be considered to determine whether they meet these evidence-based guidelines.
- Imaging studies which are inconsistent with established clinical standards, or are requested for data collection and not used in direct clinical management are not supported.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Age Considerations (PEDONC-1.1)

ONCP.GG.0001.1.A

v2.0.2025

- The majority of malignancies occurring in the pediatric population are different diagnoses than those occurring in the adult population.
- For those diseases which occur in both pediatric and adult populations, minor differences may exist in management between pediatric and adult medical oncologists due to the following:
  - Age of the individual
  - Comorbidities
  - Differences in disease natural history between children and adults

AGE APPROPRIATE GUIDELINES	
Age of Individual	**Appropriate Imaging Guidelines**
≥18 years old at initial diagnosis	• General Oncology Imaging Guidelines, except where directed otherwise by a specific guideline section
<18 years old at initial diagnosis	• Pediatric Oncology Imaging Guidelines, except where directed otherwise by a specific guideline section
15 to 39 years old at initial diagnosis (defined as Adolescent and Young Adult (AYA) oncology individuals)	• When unique guidelines for a specific cancer type exist only in either Oncology or Pediatric Oncology, AYA individuals should be imaged according to the guideline section for their specific cancer type, regardless of the individual's age • When unique guidelines for a specific cancer type exist in both Oncology and Pediatric Oncology, AYA individuals should be imaged according to the age rule in the previous bullet

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Appropriate Clinical Evaluations (PEDONC-1.2)

ONCP.GG.0001.2.A
v2.0.2025

- The majority of pediatric oncology imaging indications are listed in the diagnosis-specific guideline sections
  - Rare malignancies and other circumstances not specifically addressed elsewhere in the Pediatric Oncology guidelines, the following general principles apply:
    - Routine imaging of brain, spine, neck, chest, abdomen, pelvis, bones, or other body areas is not indicated in the absence of:
      - Localizing symptoms or
      - Abnormalities on plain radiography or ultrasound
- The overwhelming majority of pediatric oncology individuals treated in the United States will be enrolled on or treated according to recent Children's Oncology Group (COG) protocols
  - COG is a National Cancer Institute (NCI) supported clinical trials group
  - These imaging guidelines are generally consistent with evaluations recommended by COG protocols commonly used for direct individual care (whether formally enrolled on study or not)
    - Requests for exception to guidelines based on COG protocol should be accompanied by the COG road map or COG details in the medical record for case-by-case consideration.
  - For individuals enrolled on a COG study, imaging recommended by COG protocols should generally be approved unless the imaging is being performed solely to address a study objective and would not be indicated in usual clinical care.
    - Requests for exception to guidelines based on COG protocol should be accompanied by the COG road map or COG details in the medical record for case-by-case consideration.

Phases of Pediatric Oncology Imaging:

- Pediatric malignancies, in general, behave more aggressively than adult cancers, and the time from initial suspicion of cancer to specific therapy initiation can be measured in hours to days for most pediatric cancers
- It is recommended that children with pediatric solid tumors undergo CT evaluation of the chest prior to general anesthesia for biopsy or resection due to the risk of post-operative atelectasis mimicking pulmonary metastasis resulting in inaccurate staging and/or delay in therapy initiation

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

- Unlike adult cancers, in most pediatric cancers surveillance does not begin until all planned multimodal therapy is completed
- Pediatric cancers where surgical resection is considered curative are listed in the diagnosis-specific guideline sections
- Certain tumor types do not require surveillance with advanced imaging as individual outcomes following relapse are not improved by surveillance imaging. See diagnosis-specific guideline sections for details
- Imaging may be indicated more frequently than recommended by guidelines with clinical documentation that the imaging results are likely to result in a treatment change for the individual, including a change from active treatment to surveillance

Phases of Oncology Imaging	Definition
Screening	• Imaging requested for individuals at increased risk for a particular cancer in the absence of known clinical signs or symptoms • Screening using advancing imaging is only supported for conditions listed in **Screening Imaging in Cancer Predisposition Syndromes (PEDONC-2)**
Suspected/Initial Staging	• All imaging studies requested from the time cancer is first clinically suspected until the initiation of specific treatment ◦ CT Chest prior to anesthesia for biopsy or resection of solid tumors and CTs of other involved body areas are generally indicated and should be performed concurrently ◦ Metastatic CNS imaging and nuclear medicine imaging are generally deferred until after a histologic diagnosis is made, unless otherwise indicated by diagnosis-specific guideline
Treatment Response	• Imaging performed during any type of active treatment (chemotherapy or other medications, radiation therapy, or surgery), including evaluation at the end of planned active treatment ◦ Unless otherwise stated in the diagnosis-specific guidelines, imaging for treatment response can be approved after every 2 cycles, which is usually ~6 weeks of therapy for solid tumors and usually ~8 to 12 weeks for CNS tumors

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Phases of Oncology Imaging	Definition
Surveillance	• Imaging performed in individuals who are asymptomatic or have chronic stable symptoms and not receiving any active treatment, even if residual imaging abnormalities are present ◦ PET imaging is not supported for surveillance imaging unless specifically stated in elsewhere in the diagnosis-specific guideline sections
Recurrence	• All imaging studies completed at the time a recurrence or progression of a known cancer is strongly suspected or documented based on clinical signs or symptoms, laboratory findings, or results of basic imaging studies such as plain radiography or ultrasound • Following documented recurrence of childhood cancer, any studies recommended for initial staging of that cancer type in the diagnosis-specific imaging guideline section should be approved ◦ During active treatment for recurrent pediatric cancer, conventional imaging evaluation (CT or MRI, should use the same modality for ongoing monitoring as much as possible) of previously involved areas should be approved according to the treatment response imaging in the diagnosis-specific guideline section ▪ Always refer to the diagnosis specific guideline for PET indications in recurrence.

Radiation Treatment Planning In Pediatric Oncology

- Imaging performed in support of radiation therapy treatment planning should follow guidelines outlined in **Unlisted Procedure Codes in Oncology (ONC-1.5).**

Cardiac Function Assessment in Pediatric Oncology During Active Treatment:

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Indication	Imaging Study
• Evaluation of cardiac function prior to cardiotoxic chemotherapy, and for monitoring while on active therapy or at end of therapy at the discretion of the treating pediatric oncologist based on: ◦ Cumulative cardiotoxic therapy received to date ◦ Individual's age and gender ◦ Most recent echocardiogram results ◦ New or worsening cardiac symptoms	• Echocardiography (CPT® 93306, CPT® 93307, or CPT® 93308)
• For either of the following: ◦ Echocardiography yielded a borderline shortening fraction (<30%) and additional left ventricular function data are necessary to make a chemotherapy decision OR ◦ Echocardiography windowing is suboptimal due to body habitus or tumor location	• Multi-gated acquisition (MUGA, CPT® 78472) blood pool nuclear medicine scanning

Background and Supporting Information

Immunosuppression During Pediatric Cancer Therapy and Imaging Ramifications:

- Individuals may be severely immunocompromised during active chemotherapy treatment and any conventional imaging request to evaluate for infectious complications during this time frame should be approved immediately
  - Imaging requests for infectious disease concerns for all individuals with absolute neutrophil count (ANC) <500 **or**
  - Inconclusive findings on chest x-ray or US at any ANC during active treatment should be approved as requested
  - Individuals may have therapy-induced hypogammaglobulinemia which requires supplemental intravenous immune globulin (IVIG) during maintenance therapy. These individuals receiving supplemental IVIG should be treated similarly to individuals with ANC <500 with regards to imaging for infectious disease

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

- Some individuals are treated with very intensive chemotherapy regimens (including autologous stem cell transplantation) and spend the majority of their chemotherapy treatment phase in the hospital. See: **Hematopoietic Stem Cell Transplantation (ONC-29).**
- Due to the high risk of invasive infections, frequent CT may be indicated to evaluate known sites of invasive fungal infection, and in general these should be approved as requested
  - Surveillance imaging of asymptomatic individuals to detect invasive fungal infection has not been shown to impact individual outcomes
    - Imaging requests are indicated when acute clinical decisions will be made based on the imaging

Hematopoietic Stem Cell Transplant (HSCT) in Pediatric Oncology:

- Transplantation of hematopoietic stem cells from bone marrow, peripheral blood, or cord blood is commonly used in the following clinical situations:
  - High-risk or recurrent leukemia (allogeneic)
  - Recurrent lymphoma (allogeneic or autologous)
  - Hemophagocytic lymphohistiocytosis (allogeneic)
  - High-risk sickle cell disease (allogeneic)
  - High-risk neuroblastoma (autologous)
  - High-risk CNS tumors (autologous)
  - Recurrent Ewing sarcoma family of tumors (autologous, rarely allogeneic)
- Imaging considerations for HSCT should follow guidelines in: **Hematopoietic Stem Cell Transplantation (ONC-29).**

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Modality General Considerations (PEDONC-1.3)

ONCP.GG.0001.3.A
v2.0.2025

- Plain radiography
  - Chest x-ray (CXR) can provide a prompt means to evaluate primary intrathoracic tumors and continues to be the initial imaging study recommended to detect complications, such as suspected infection, in symptomatic individuals undergoing treatment.
  - CXR continues to be the initial imaging study recommended for pulmonary surveillance for some pediatric cancers. See diagnosis-specific guideline sections for details.
  - Plain radiography continues to be the initial imaging study recommended for evaluation of lesions involving the appendicular skeleton, both during and after completion of treatment. See diagnosis-specific guideline sections for details.
  - Plain abdominal radiographs have largely been replaced by ultrasound, CT, or MRI.
- Ultrasound
  - Ultrasound is not widely used in pediatric oncology for staging but is frequently used for surveillance in individuals who have successfully treated (primarily abdominal or pelvic) tumors with little or no residual disease.
  - See diagnosis-specific guideline sections for details.
- CT
  - CT with contrast is the imaging study of choice in pediatric individuals with lymphomas or solid tumors of the neck, thorax, abdomen, and/or pelvis
    - If CT contrast use is contraindicated due to allergy or impaired renal function, either CT without contrast or MRI without and with contrast may be substituted at the discretion of the ordering physician
- MRI
  - MRI without and with contrast is the study of choice for CNS tumors and musculoskeletal tumors
    - If MRI contrast use is contraindicated due to allergy or impaired renal function, MRI without contrast may be substituted at the discretion of the ordering physician
  - Due to the length of time for image acquisition and the need for stillness, anesthesia is required for almost all infants and young children (age <7 years), as well as older children with delays in development or maturity. In this population, MRI imaging sessions should be planned with a goal of avoiding a short-interval

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

repeat anesthesia exposure due to insufficient information using the following considerations:

- MRI should generally be performed without and with contrast unless there is a specific contraindication to gadolinium use since the individual already has intravenous access for anesthesia
  - Recent evidence-based literature demonstrates the potential for gadolinium deposition in various organs including the brain, after the use of MRI contrast
  - The U.S. Food and Drug Administration (FDA) has noted that there is currently no evidence to suggest that gadolinium retention in the brain is harmful and restricting gadolinium-based contrast agents (GBCAS) use is not warranted at this time
  - It has been recommended that GBCA use should be limited to circumstances in which additional information provided by the contrast agent is necessary and the necessity of repetitive MRIs with GBCAS should be assessed
  - If requesting clinicians indicate that a non-contrast study is being requested due to concerns regarding the use of gadolinium, the exam can be approved

◦ In some instances, to reduce time under anesthesia for MRI in pediatric individuals, surveillance or restaging studies may be requested with contrast only when it is determined that repeat non-contrast imaging does not add to an individual clinical case. These may be approved on a case-by-case basis.

- If multiple body areas are supported by these guidelines for the clinical condition being evaluated, MRI of all necessary body areas should be obtained concurrently in the same anesthesia session

• Nuclear medicine

◦ General PET imaging consideration can be found in **PET Imaging in Pediatric Oncology (PEDONC-1.4)**.

◦ Bone scan is frequently used for evaluation of bone metastases in pediatric oncology during initial treatment, treatment response, and surveillance

- CPT® 78315 has no specific indications for evaluation of malignant disease

◦ ^{123}I-metaiodobenzylguanidine (MIBG) scintigraphy is the preferred metabolic imaging for neuroblastoma and is positive in 90% to 95% of neuroblastomas. MIBG is also used for evaluation of pheochromocytomas, paragangliomas, ganglioneuromas, and ganglioneuroblatomas, PET/CT indications are provided in the relevant sections.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Study Type	Coding
Bone scan	• ANY of the following codes can be approved: ◦ CPT® 78300 ◦ CPT® 78305 ◦ CPT® 78306 ◦ CPT® 78803, 78830, or 78832 ▪ May be approved alone or in combination with: - CPT® 78305 - CPT® 78306
^{123}I-metaiodobenzylguanidine (MIBG) scintigraphy	• ANY one of the following codes can be approved: ◦ CPT® 78801 ◦ CPT® 78802 ◦ CPT® 78804 • ANY one of the following codes may also be approved, individual or in combination with CPT® 78801,78802 or 78804: ◦ CPT® 78803 ◦ CPT® 78830 ◦ CPT® 78831 ◦ CPT® 78832 ◦ CPT® 78800 may be approved for KNOWN neuroblastoma when only a single site follow up is desired but is not sufficient for the initial workup of suspected disease
Octreotide scan	Same coding as MIBG
Gallium scan	Same coding as MIBG

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

PET Imaging in Pediatric Oncology (PEDONC-1.4)

ONCP.GG.0001.4.A
v2.0.2025

Throughout these guidelines, unless otherwise specified, the term "PET" refers specifically to ^{18}F-FDG-PET imaging and also applies to PET/CT fusion studies.

- PET imaging in pediatric oncology should use PET/CT fusion imaging (CPT® 78815 or CPT® 78816)
- The decision whether to use skull base to mid-femur ("eyes to thighs") procedure code for PET (CPT® 78815) or whole-body PET (CPT® 78816) is addressed in the diagnosis-specific guideline sections.
- PET imaging in oncology should use PET/CT fusion imaging (CPT® 78815 or CPT® 78816)
- PET/MRI is generally not supported for a vast majority of oncologic conditions due to lack of standardization in imaging technique and interpretation. However, it may be approved in select circumstances when all of the following criteria are met:
  - The individual meets condition-specific guidelines for PET/MRI OR
  - The individual meets ALL of the following:
    - The individual meets guideline criteria for PET/CT, AND
    - PET/CT is not available at the treating institution, AND
    - The provider requests PET/MRI in lieu of PET/CT
  - When the above criteria are met, PET/MRI may be reported using the code combination of PET Whole-Body (CPT® 78813) and MRI Unlisted (CPT® 76498). All other methods of reporting PET/MRI are inappropriate.
    - When clinically appropriate, diagnostic MRI codes may be indicated at the same time as the PET/MRI code combination.
- Unbundling PET/CT imaging into separate PET (such as CPT® 78812 or CPT® 78813) and diagnostic CT codes is otherwise not supported.
- PET imaging is not reliable for the detection of anatomic lesions smaller than 8 mm in size.
- Delay PET/CT for at least 12 weeks after completion of radiation treatment, unless required sooner for imminent surgical resection.
- PET imaging using isotopes other than ^{18}F-FDG, ^{68}Ga-DOTATATE, or ^{68}Ga-DOTATOC is considered not medically necessary at this time.
- PET has not been shown to be diagnostically useful in all forms of childhood cancer. PET is supported for pediatric malignancies with significant published evidence

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

regarding its diagnostic accuracy and importance in accurately directing individual care decisions. See diagnosis-specific guideline sections for details.

- PET imaging is not specific to cancer, and has a high rate of false positivity. Inflammation, infection (especially granulomatous), trauma, and post-operative healing may show high levels of FDG uptake and be false-positive for malignant lesions.
- PET for rare malignancies not specifically addressed by these guidelines is generally not indicated, due to lack of available evidence regarding diagnostic accuracy of PET in the majority of rare cancers. Conventional imaging studies should be used for initial staging and treatment response for these diagnoses.
- PET can be approved if **all** of the following apply:
  - Conventional imaging (CT, MRI, US, plain film) reveals findings that are equivocal or suspicious
  - No other specific metabolic imaging (MIBG, octreotide, technetium, etc.) Is appropriate for the cancer type
  - The submitted clinical information describes a specific decision regarding the individual's care that will be made based on the PET results
- PET imaging for surveillance imaging **only** when specifically stated elsewhere in the diagnosis-specific guideline sections
- Unless otherwise specified for a specific cancer type, once PET has been documented to be negative for a given individual's cancer or all PET-avid disease has been surgically resected, PET should not be used for continued disease monitoring or surveillance unless **one** of the following applies:
  - Conventional imaging (CT, MRI, US, plain film) reveals findings that are inconclusive or suspicious for recurrence
    - Residual mass that has not changed in size since the last conventional imaging does **not** justify PET imaging
    - PET avidity in a residual mass at the end of planned therapy is **not** an indication for PET imaging during surveillance.
  - Very rare circumstances where tumor markers or obvious clinical symptoms show strong evidence suggesting recurrence and PET would replace conventional imaging modalities
  - The individual is undergoing salvage treatment for a recurrent solid tumor with residual measurable disease on conventional imaging and confirmed repeat negative PET imaging will allow the individual to transition from active treatment to surveillance

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Diagnostic Radiation Exposure in Pediatric Oncology (PEDONC-1.5)

ONCP.GG.0001.5.A

v2.0.2025

- Young children are presumed to be at increased risk for malignancy from diagnostic radiation exposure, most commonly from CT and nuclear medicine imaging. They are more sensitive to radiation than adults and generally live longer after receiving radiation doses from medical procedures, resulting in a larger number of years during which to manifest a cancer.
- Because of this presumed increased risk in young children, requests to substitute MRI without and with contrast for CT with contrast to avoid radiation exposure can be approved if ALL of the following criteria apply:
  - The individual is presently a young child and the ordering physician has documented the reason for MRI, rather than CT, is to avoid radiation exposure.
  - The disease-specific guidelines do not list CT as superior to MRI for the current disease and time point, meaning the MRI will provide equivalent or superior information relative to CT.
  - The request is for a body area other than Chest as MRI is substantially inferior to CT for detection of small pulmonary metastases.
- The guidelines listed in this section for certain specific indications are not intended to be all-inclusive; clinical judgment remains paramount and variance from these guidelines may be appropriate and warranted for specific clinical situations.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (PEDONC-1)

v2.0.2025

1. Krishnamurthy R, Daldrup-Link HE, Jones JY, et al. Imaging studies in the diagnosis and management of pediatric malignancies. In: Pizzo PA, Poplack DG, eds. *Principles and Practice of Pediatric Oncology*. 7th ed. Philadelphia, PA: Wolters Kluwer; 2016:185-238.
2. Allen-Rhoades W, Steuber CP. Clinical assessment and differential diagnosis of the child with suspected cancer. In: Pizzo PA, Poplack DG, eds. *Principles and Practice of Pediatric Oncology*. 7th ed. Philadelphia, PA: Wolters Kluwer; 2016:101-112.
3. Gottschalk S, Naik S, Hegde M, et al. Hematopoietic stem cell transplantation in pediatric oncology. In: Pizzo PA, Poplack DG, eds. *Principles and Practice of Pediatric Oncology*. 7th ed. Philadelphia, PA: Wolters Kluwer; 2016:419-440.
4. Freedman JL, Rheingold SR, and Fisher MJ. Oncologic emergencies. In: Pizzo PA, Poplack DG, eds. *Principles and Practice of Pediatric Oncology*. 7th ed. Philadelphia, PA: Wolters Kluwer; 2016:967-991.
5. Andrews J, Galel SA, Wong W, et al. Hematologic supportive care for children with cancer. In: Pizzo PA, Poplack DG, eds. *Principles and Practice of Pediatric Oncology*. 7th ed. Philadelphia, PA: Wolters Kluwer; 2016:992-1009.
6. Ardura MI, Koh AY. Infectious complications in pediatric cancer patients. In: Pizzo PA, Poplack DG, eds. *Principles and Practice of Pediatric Oncology*. 7th ed. Philadelphia, PA: Wolters Kluwer; 2016:1010-1057.
7. Shaikh R, Prabhu SP, Voss SD. Imaging in the evaluation and management of childhood cancer. In: Orkin SH, Fisher DE, Ginsburg D, Look AT, Lux SE, Nathan DG, eds. *Nathan and Oski's Hematology and Oncology of Infancy and Childhood*. 8th ed. Philadelphia, PA: Elsevier Saunders; 2015:2146-2254.
8. Sung L, Fisher BT, Koh AY. Infectious Disease in the pediatric cancer patient. In: Orkin SH, Fisher DE, Ginsburg D, Look AT, Lux SE, Nathan DG, eds. *Nathan and Oski's Hematology and Oncology of Infancy and Childhood*. 8th ed. Philadelphia, PA: Elsevier Saunders; 2015:2257-2266.
9. Mullen EA, Gratias E. Oncologic emergencies. In: Orkin SH, Fisher DE, Ginsburg D, Look AT, Lux SE, Nathan DG, eds. *Nathan and Oski's Hematology and Oncology of Infancy and Childhood*. 8th ed. Philadelphia, PA: Elsevier Saunders; 2015:2267-2291.
10. Weiser DA, Kaste SC, Siegel MJ, et al. Imaging in childhood cancer: A society for Pediatric Radiology and Children's Oncology Group joint task force report. *Pediatr Blood Cancer*. 2013;60(8):1253-1260. doi:10.1002/pbc.24533.
11. American College of Radiology. ACR-ASER-SCBT-MR-SPR Practice Parameter for the Performance of Pediatric Computed Tomography (CT). 2014. https://www.acr.org/-/media/ACR/Files/Practice-Parameters/CT-Ped.pdf.
12. ACR-SPR Practice Parameter for the Performance and Interpretation of Pediatric Magnetic Resonance Imaging (MRI), Revised 2015 (Resolution 11). https://www.acr.org/~/media/CB384A65345F402083639E6756CE513F.pdf.
13. Smith EA, Dillman JR. Current role of body MRI in pediatric oncology. *Pediatr Radiol*. 2016;46(6):873-880. doi:10.1007/s00247-016-3560-8.
14. The Center for Drug Evaluation and Research. Meeting of the Medical Imaging Drugs Advisory Committee, presented September 8, 2017. https://www.fda.gov/downloads/AdvisoryCommittees/CommitteesMeetingMaterials/Drugs/MedicalImagingDrugsAdvisoryCommittee/UCM574746.pdf.
15. Uslu L, Doing J, Link M, et al. Value of 18F-FDG PET and PET/CT for evaluation of pediatric malignancies. *J Nucl Med*. 2015;56(2):274-286. doi:10.2967/jnumed.114.146290.
16. McCarville MB. PET-CT imaging in pediatric oncology. *Cancer Imaging*. 2009(1);9:35-43. doi:10.1102/1470-7330.2009.0008.
17. Matthews JD, Forsythe AV, Brady Z, et al. Cancer risk in 680 000 people exposed to computed tomography scans in childhood or adolescence: data linkage study of 11 million Australians. *BMJ*. 2013;346:f2360. doi:10.1136/bmj.f2360.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

18. Erdi YE. Limits of tumor detectability in nuclear medicine and PET. *Mol Imaging Radio Nucl Ther*. 2012;21(1):23-28. doi:10.4274/Mirt.138.
19. Brody AS, Guillerman RP. Don't let radiation scare trump patient care: 10 ways you can harm your patients by fear of radiation-induced cancer from diagnostic imaging. *Thorax*. 2014;69(8):782-784. doi:10.1136/thoraxjnl-2014-205499.
20. Meulepas JM, Ronckers CM, Smets AMJB, et al. Radiation exposure from pediatric CT scans and subsequent cancer risk in the Netherlands, *JNCI J Natl Cancer Ins*t. 2019;111:256-2634. doi: 10.1093/jnci/djy104.
21. Bhatia S, Pappo AS, Acquazzino M, et al. National Comprehensive Cancer Network (NCCN) Guidelines Version 1.2025—May 23, 2024, Adolescent and Young Adult (AYA) Oncology, available at: https://www.nccn.org/professionals/physician_gls/pdf/aya.pdf, referenced with permission from the NCCN Clinical Practice Guidelines in Oncology (NCCN Guidelines™) for Adolescent and Young Adult (AYA) Oncology V1.2025 05/24/2024. ©2024 National Comprehensive Cancer Network, Inc. All rights reserved. The NCCN Guidelines™ and illustrations herein may not be reproduced in any form for any purpose without the express written permission of the NCCN. To view the most recent and complete version of the NCCN Guidelines™, go online to NCCN.org.
22. States LJ, Reid JR. Whole-Body PET/MRI applications in pediatric oncology. *AJR Am J Roentgeno*l. 2020;215(3):713-725. doi:10.2214/AJR.19.22677.
23. Mayerhoefer ME, Archibald SJ, Messiou C, Staudenherz A, Berzaczy D, Schöder H. MRI and PET/MRI in hematologic malignancies. *J Magn Reson Imaging*. 2020;51(5):1325-1335. doi:10.1002/jmri.26848.
24. Sher AC, Seghers V, Paldino MJ, et. al. Assessment of sequential PET/MRI in comparison with PET/CT of pediatric lymphoma: a prospective study. *AJR Am J Roentgenol*. 2016;206(3):623-31. doi:10.2214/AJR.15.15083.
25. Reighard C, Junaid S, Jackson WM, Arif A, Waddington H, Whitehouse AJO, Ing C. Anesthetic exposure during childhood and neurodevelopmental outcomes: a systematic review and meta-analysis. *JAMA Netw Open*. 2022;5(6):e2217427. doi:10.1001/jamanetworkopen.2022.17427.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Screening Imaging in Cancer Predisposition Syndromes (PEDONC-2)

Guideline

Screening Imaging in Cancer Predisposition Syndromes – General Considerations (PEDONC-2.1)
Li-Fraumeni Syndrome (LFS) (PEDONC-2.2)
Neurofibromatosis 1 and 2 (NF1 and NF2) (PEDONC-2.3)
Beckwith-Wiedemann Syndrome (BWS) (PEDONC-2.4)
Denys-Drash Syndrome (DDS) (PEDONC-2.5)
Wilms Tumor-Aniridia-Growth Retardation (WAGR) (PEDONC-2.6)
Familial Adenomatous Polyposis (FAP) and Related Conditions (PEDONC-2.7)
Multiple Endocrine Neoplasias (MEN) (PEDONC-2.8)
Tuberous Sclerosis Complex (TSC) (PEDONC-2.9)
Von Hippel-Lindau Syndrome (VHL) (PEDONC-2.10)
Rhabdoid Tumor Predisposition Syndrome (PEDONC-2.11)
Familial Retinoblastoma Syndrome (PEDONC-2.12)
Hereditary Paraganglioma-Pheochromocytoma (HPP) Syndromes (PEDONC-2.13)
Costello Syndrome (PEDONC-2.14)
Constitutional Mismatch Repair Deficiency (CMMRD or Turcot Syndrome) (PEDONC-2.15)
Hereditary Leiomyomatosis and Renal Cell Cancer (HLRCC) (PEDONC-2.16)
Other Renal Cell Cancer Predisposition Syndromes (PEDONC-2.17)
Infantile Myofibromatosis (PEDONC-2.18)
Bloom Syndrome (PEDONC-2.19)
References (PEDONC-2)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Screening Imaging in Cancer Predisposition Syndromes – General Considerations (PEDONC-2.1)

ONCP.SC.0002.1.A

v2.0.2025

- This section is intended to give guidance for screening imaging prior to diagnosis with a specific malignancy. Once an individual with a cancer predisposition syndrome has been diagnosed with a malignant disease, future imaging decisions should be guided by the appropriate disease-specific guidelines except as explicitly stated elsewhere in this section.
- This section's guidelines are limited to cancer predisposition syndromes with screening imaging considerations. Syndromes requiring only clinical or laboratory screening are not discussed here.
- In general, a relevant detailed history and physical examination and appropriate laboratory studies should be performed prior to considering advanced imaging, unless the individual is undergoing guideline-supported scheduled screening evaluation identified in this section.
- Where MRI is indicated in these guidelines, CT may be approved only if MRI is contraindicated, given the risk of radiation exposure in these syndromes.
- Many of these cancer predisposition syndromes also affect adults as survival continues to improve for these individuals.
  - Adults with syndromes covered in this section may follow these imaging guidelines except where contradicted by specific statements in the general imaging guidelines.
- Documentation of genetic or molecular confirmation of the appropriate syndrome with increased cancer risk is preferred for any individual to qualify for screening imaging. There are a number of complex ethical, social, and financial issues involved in the decision to complete genetic testing in a pediatric individual.
  - From the 2013 AAP Policy Statement, "Predictive genetic testing for adult-onset conditions generally should be deferred unless an intervention initiated in childhood may reduce morbidity or mortality." **Imaging surveillance is one such intervention and should not be performed without justifiable cause**.
  - Genetic testing should be performed in conjunction with genetic counseling for appropriate communication of risks identified by testing.
  - When genetic testing is not possible, formal diagnosis after evaluation by a physician with significant training and/or experience in cancer predisposition

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

syndromes (most commonly a geneticist or oncologist) is generally sufficient to confirm eligibility for screening imaging.

- Due to the length of time for image acquisition and the need for stillness, anesthesia is required for almost all infants and young children (age < 7 years), as well as older children with delays in development or maturity. In this individual population, MRI imaging sessions should be planned with a goal of avoiding a short-interval repeat anesthesia exposure due to insufficient information using the following considerations:
  - MRI should always be performed without and with contrast unless there is a specific contraindication to gadolinium use since the individual already has intravenous access for anesthesia.
    - Recent evidence-based literature demonstrates the potential for gadolinium deposition in various organs including the brain, after the use of MRI contrast.
    - The U.S. food and drug administration (FDA) has noted that there is currently no evidence to suggest that gadolinium retention in the brain is harmful and restricting gadolinium-based contrast agents (GBCAS) use is not warranted at this time. It has been recommended that GBCA use should be limited to circumstances in which additional information provided by the contrast agent is necessary and the necessity of repetitive MRIs with GBCAS should be assessed.
    - If requesting clinicians indicate that a non-contrast study is being requested due to concerns regarding the use of gadolinium, the exam can be approved.
    - In some instances, to reduce time under anesthesia for MRI in pediatric individuals, surveillance or restaging studies may be requested with contrast only when it is determined that repeat non-contrast imaging does not add to an individual clinical case. These may be approved on a case-by-case basis.
  - If multiple body areas are supported by these guidelines for the clinical condition being evaluated, MRI of all necessary body areas should be obtained concurrently in the same anesthesia session

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Li-Fraumeni Syndrome (LFS) (PEDONC-2.2)

ONCP.SC.0002.2.A
v2.0.2025

The following imaging studies should be considered appropriate in individuals with LFS:

Indication	Imaging Study
All individuals	• BOTH of the following, annually: ◦ MRI Brain without and with contrast (CPT® 70553) ◦ Whole-body MRI (WBMRI, CPT® 76498) ▪ CPT® 76498 is the only approvable code for whole-body MRI at this time. • Every 3 months from birth to age 18: ◦ Abdominal (CPT® 76700) and pelvic (CPT® 76856) ultrasound • Beginning at age 20: ◦ Annual Breast MRI (CPT® 77049), alternating every 6 months with breast ultrasound, in addition to the previously noted annual MRI studies.
Documented signs or symptoms suggestive of possible malignancy	• Targeted MRI without and with contrast of the involved body area(s)

Background and Supporting Information

- LFS - syndrome inherited in an autosomal dominant manner (50% risk to offspring) associated with germline mutations in *TP53* resulted in an increased susceptibility to a variety of cancers.
  - Eighty percent of individuals will have germline *TP53* mutation:
    - Tumor-specific *TP53* mutations are much more common than germline *TP53* mutations and are not associated with an increased risk for subsequent cancers
    - If *TP53*-negative, formal diagnosis of LFS should be assigned by a physician with significant training and/or experience in LFS (most commonly a geneticist or oncologist) based on specified clinical criteria prior to beginning a screening imaging program

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

    - *TP53* mutations may be present in 50% to 80% of pediatric adrenocortical carcinoma, 10% of pediatric rhabdomyosarcoma, and 10% of pediatric osteosarcoma
- Individuals with LFS have an increased sensitivity to ionizing radiation, so screening strategies resulting in significant radiation exposure are not appropriate (CT and nuclear medicine).
- When a specific malignancy is suspected, the individual should be imaged according to the imaging guideline specific to the suspected cancer type
- Annual complete detailed physical examinations, complete blood counts, and urinalyses form the backbone of LFS cancer screening.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Neurofibromatosis 1 and 2 (NF1 and NF2) (PEDONC-2.3)

ONCP.SC.0002.3.A
v2.0.2025

The following imaging studies should be considered appropriate in individuals with NF1:

Indication	Imaging Study
• Clarification of the diagnosis of NF1 if evaluation by a physician with significant training and/or experience in neurofibromatosis is inconclusive ◦ Most commonly a neurologist, geneticist, ophthalmologist, or oncologist	• One-time MRI Brain (CPT® 70553) and Orbits (CPT® 70543) without and with contrast
• New or worsening neurological or visual symptoms	• MRI Brain (CPT® 70553) and Orbits (CPT® 70543) without and with contrast
• Clinical symptoms suggestive of change in a known plexiform neurofibroma ◦ Examples include: pain, rapid growth, and neurologic dysfunction	• MRI without and with contrast
• Clinical symptoms concerning for malignant transformation of a known plexiform neurofibroma, and ALL of the following are met: ◦ Recent MRI is inconclusive regarding transformation or progression ◦ Negative PET will result in a decision to avoid biopsy in a difficult or morbid location	• PET/CT (CPT® 78815 or 78816)
• Baseline tumor burden at age 16 or older (one-time imaging)	• WBMBRI (CPT® 76498)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Indication	Imaging Study
• New soft tissue mass(es)	• See: **Soft Tissue Mass (MS 10.1)** in the Musculoskeletal Imaging Guidelines or **Soft Tissue and Bone Masses – General Considerations (PEDMS 3.1)** in the Pediatric Musculoskeletal Imaging Guidelines depending on the individual's age at the time the mass is discovered. Plain x-ray or ultrasound is not required prior to advanced imaging in these individuals.
• New bone mass(es)	• See: **Bone Tumors - General Considerations (PEDONC-9.1)**
• Documented optic pathway gliomas	• See: **Intracranial Low Grade Gliomas (PEDONC-4.2)**
• Known plexiform neurofibromas	• MRI without and with contrast of a known body area containing a neurofibroma is indicated for any of the following: ◦ Every 3 months for treatment response in individuals receiving active treatment ◦ New or worsening clinical symptoms suggesting progression ◦ Preoperative planning
• Biopsy-proven MPNST in individuals with known NF-1 or NF-2	• For adult individuals, see: **ONC-12 Sarcomas-bone, soft tissue and GIST** • For pediatric individuals, see: **Non-Rhabdomyosarcoma Soft Tissue Sarcomas (NRSTS) (PEDONC-8.3)**

Background and Supporting Information

NF1:

- Common syndrome inherited in an autosomal dominant manner (50% risk to offspring) affecting 1 in 2500 people. The diagnosis is commonly made based on established clinical criteria including café-au-lait spots, Lisch nodules of the iris, axillary freckling, family history, and the presence of NF-associated tumors.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

- Genetic testing is encouraged for children with possible NF1 and no family history prior to assigning a diagnosis, but will not identify a mutation for all individuals with NF1.
- The majority of tumors are benign in nature, but malignant degeneration can occur.
- NF1-affected persons have increased sensitivity to ionizing radiation, so CT and nuclear medicine imaging are not appropriate screening or surveillance studies for these individuals.
- CT and/or nuclear medicine studies may be indicated for acute clinical situations and should be judged on a case-by-case basis.
- Annual ophthalmology evaluation is strongly recommended beginning at the time of diagnosis of NF1 to evaluate for optic pathway abnormalities:
  - Screening MRIs Brain (CPT® 70553) and Orbits (CPT® 70543) for asymptomatic individuals are **not** generally recommended due to the ~60% rate of unidentified bright objects (UBOs, T2-weighted signal abnormalities) which mostly disappear by age 30
    - Routine follow up imaging of UBOs is not warranted in the absence of acute symptoms suggesting new or worsening intracranial disease
- Individuals with NF1 are at increased risk for plexiform neurofibromas (PN) and malignant peripheral nerve sheath tumors (MPNST— a high grade sarcoma)
  - Screening imaging of asymptomatic individuals for these tumors is not supported by evidence. PET imaging is not supported for PN surveillance in asymptomatic individuals at this time as the positive predictive value is only 60% to 65% even in symptomatic individuals.
- Although PET imaging has a positive predictive value of only 61% to 63% in NF1 with suspected transformation to MPNST, the negative predictive value is high (96% to 99%)
  - Considerations for PET/CT coding and indications/coding for PET/MRI are found in **PET Imaging in Pediatric Oncology (PEDONC-1.4)**
  - Inconclusive PET findings should lead to biopsy of the concerning lesion
  - Repeat PET studies are not indicated due to the poor positive predictive value in this setting
- 2017 AACR recommendations support a single baseline Whole-Body MRI to assess tumor burden in late adolescence or young adulthood. Further imaging should be based on focused MRI for symptomatic changes or pre-operative planning, and further surveillance WBMRI are not supported.

The following imaging studies should be considered appropriate in individuals with NF2:

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Indication	Imaging Study
• All individuals, beginning at age 10 years	• Annual MRI Brain without and with contrast (CPT® 70553)
• All individuals without a history of spinal tumors, beginning at age 10 years	• MRI Spine without and with contrast (Cervical-CPT® 72156, Thoracic-CPT® 72157, Lumbar-CPT® 72158) every 3 years
• All individuals with a history of spinal tumors	• Annual MRI Spine without and with contrast (Cervical-CPT® 72156, Thoracic-CPT® 72157, Lumbar-CPT® 72158)
• Clinical symptoms of intracranial mass or vestibular disease	• MRI Brain without and with contrast (CPT® 70553)
• Any of the following: ◦ Clinical symptoms suggestive of new or progressive spinal or paraspinal tumors, including uncomplicated back pain or radiculopathy ◦ Recent diagnosis with a meningioma or vestibular schwannoma	• MRI Spine without and with contrast (Cervical-CPT® 72156, Thoracic-CPT® 72157, Lumbar-CPT® 72158)
• Surveillance for progression of unresected tumors in individuals with known vestibular schwannoma	• Annual MRI Brain without and with contrast (CPT® 70553)
• Known vestibular schwannomas and any of the following: ◦ New or worsening clinical symptoms including hearing loss ◦ Preoperative planning	• MRI Brain without and with contrast (CPT® 70553)
• Known meningioma	• See: **Meningiomas (ONC-2.8)** in the Oncology Imaging Guidelines
• Known ependymoma	• See: **Ependymoma (PEDONC-4.8)**

Background and Supporting Information

NF2:

- NF2 is substantially less common than NF1. It is inherited in an autosomal dominant manner (50% risk to offspring) affecting ~1 in 25000 people. NF2 is associated

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

with increased risk for meningiomas (50% of affected individuals), vestibular schwannomas, and spinal tumors (75% of affected individuals).

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Beckwith-Wiedemann Syndrome (BWS) (PEDONC-2.4)

ONCP.SC.0002.4.A
v2.0.2025

The following imaging studies should be considered appropriate in individuals with BWS:

Indication	Imaging Study
• All individuals, from birth to the 8th birthday	• Abdominal ultrasound (CPT® 76700) every 3 months
• Purely cystic adrenal mass found on screening ultrasound	• Continue screening ultrasound (CPT® 76700 or 76705) every 3 months without additional imaging (i.e. advanced imaging is not supported for a purely cystic adrenal mass)
• Solid or mixed adrenal mass found on screening ultrasound AND: ◦ Individual age 0 to 5 months, and ◦ Mass 0 to 3 cm in diameter	• MIBG imaging (See: **PEDONC-1.3** for coding) and either CT or MRI Abdomen (contrast as requested)
• Solid or mixed adrenal mass found on screening ultrasound AND: ◦ Individual age 0 to 5 months, and ◦ Mass > 3 cm in diameter	• MIBG imaging (See: **PEDONC-1.3** for coding) and MRI Abdomen (contrast as requested)
• Solid or mixed adrenal masses on screening ultrasound AND: ◦ Individual age 6 months or greater	• MIBG imaging (See: **PEDONC-1.3** for coding) prior to biopsy or resection ◦ If no evidence of malignancy on biopsy or resection, resume screening abdominal ultrasound every 3 months
• Solid or mixed adrenal masses on screening ultrasound AND: ◦ No evidence of malignancy based on MIBG, CT or MRI, Urine HVA/ VMA, and serum ACTH	• Repeat abdominal ultrasound (CPT® 76700 or 76705) every 6 weeks for 2 years
• Known renal tumors	• See: **Pediatric Renal Tumors (PEDONC-7)**

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Indication	Imaging Study
• Known hepatoblastoma	• See: **Hepatoblastoma (PEDONC-11.2)**
• Known neuroblastoma	• See: **Neuroblastoma (PEDONC-6)**
• Known adrenocortical carcinoma	• See: **Pediatric Adrenocortical Carcinoma (PEDONC-14)**
• Known pheochromocytoma	• See: **Neuroendocrine Cancers and Adrenal Tumors (ONC-15)** in the Oncology Imaging Guidelines

Background and Supporting Information

- Inherited syndrome characterized by macroglossia, hemihypertrophy, macrosomia, organomegaly, and neonatal hypoglycemia. Individuals with isolated hemihypertrophy are also imaged according to this guideline.
- Caused by mutation at chromosome 11p15, affected children are predisposed to Wilms tumor, hepatoblastoma, rhabdomyosarcoma, and adrenal tumors.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Denys-Drash Syndrome (DDS) (PEDONC-2.5)

ONCP.SC.0002.5.A
v2.0.2025

The following imaging studies should be considered appropriate in individuals with DDS:

Indication	Imaging Study
• All individuals, from birth to the 8th birthday	• Abdominal ultrasound (CPT® 76700) every 3 months
• Known renal tumors	• See: **Pediatric Renal Tumors (PEDONC-7)**

Background and Supporting Information

- Characterized by pseudohermaphroditism, early renal failure, and >90% risk of Wilms tumor development in each kidney. Associated with mutations at 11p13, risk of renal failure after detection of symptomatic Wilms tumor is 62%, so early detection may allow for renal-sparing surgical approaches.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Wilms Tumor-Aniridia-Growth Retardation (WAGR) (PEDONC-2.6)

ONCP.SC.0002.6.A
v2.0.2025

The following imaging studies should be considered appropriate in individuals with WAGR:

Indication	Imaging Study
• All individuals, from birth to the 8th birthday	• Abdominal ultrasound (CPT® 76700) every 3 months
• Known renal tumors	• See: **Pediatric Renal Tumors (PEDONC-7)**

Background and Supporting Information

- Named for the components of the disorder, it is associated with mutations at 11p13. As the name suggests, individuals are predisposed to Wilms tumor, with 57% of individuals in one cohort developing Wilms tumor. Risk of renal failure after detection of symptomatic Wilms tumor is 38%, so early detection may allow for renal-sparing surgical approaches

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Familial Adenomatous Polyposis (FAP) and Related Conditions (PEDONC-2.7)

- Individuals with Lynch, Gardner, and Turcot syndromes should also be imaged according to these guidelines.

The following imaging studies should be considered appropriate in individuals with FAP and related conditions:

- For colonoscopy and endoscopy guidance for those with FAP and related conditions, See: **EGD-1.16**, **CAPEND-5**, or **COLON-17: Genetic Syndromes** for the endoscopic management of polyposis syndromes.

Indication	Imaging Study
• All individuals, from birth to the 6th birthday	• Abdominal ultrasound (CPT® 76700) every 3 months
• All individuals, beginning at age 12 years	• Annual thyroid ultrasound (CPT® 76536)
• All individuals, beginning at age 30 years	• Annual pelvic ultrasound (CPT® 76856)
• Family history of desmoid tumors	• Abdominal ultrasound (CPT® 76700) annually for life after age 6
• Individuals with Spigelman Stage III or IV or if duodenectomy is being planned • See: **Genetic Syndromes (EGD-1.16)** for additional information regarding Spigelman staging.	• MR Enterography (MRI Abdomen without and with contrast,CPT® 74183 and MRI Pelvis without and with contrast, CPT® 72197)
• Known colorectal tumors	• See: **Colorectal Cancer (ONC-16)** in the Oncology Imaging Guidelines
• Known desmoid tumors	• See: **Non-Rhabdomyosarcoma Soft Tissue Sarcomas (NRSTS) (PEDONC-8.3)**

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Background and Supporting Information

- Inherited in an autosomal dominant manner (50% risk to offspring), it is also known as Adenomatous Polyposis Coli (APC). It is associated with the development of thousands of colonic polyps by age 20 and >90% risk of colorectal carcinoma. Prophylactic total colectomy is recommended by age 20 for most individuals. FAP is also associated with hepatoblastoma, tumors of the pancreas and small bowel, medulloblastoma, and thyroid cancer.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Multiple Endocrine Neoplasias (MEN) (PEDONC-2.8)

ONCP.SC.0002.8.A
v2.0.2025

The following imaging studies should be considered appropriate in individuals with MEN1:

Indication	Imaging Study
All individuals, beginning at age 5 years	• Annual MRI Brain without and with contrast (CPT® 70553) • Annual MRI Abdomen without and with contrast (CPT® 74183), CT Abdomen with contrast (CPT® 74160), or ultrasound (CPT® 76700) • Annual Octreotide study (see: **PEDONC-1.3** for coding)
All individuals, beginning at age 15 years	• Annual MRI Chest without and with contrast (CPT® 71552) or CT Chest with contrast (CPT® 71260)
Known thyroid cancer	• See: **Thyroid Cancer (ONC-6)** in the Oncology Imaging Guidelines
Known pheochromocytoma	• See: **Neuroendocrine Cancers and Adrenal Tumors (ONC-15)** in the Oncology Imaging Guidelines

The following imaging studies should be considered appropriate in individuals with MEN2a and MEN2b:

Indication	Imaging Study
All individuals, beginning at age 5 years	• MRI Abdomen without and with contrast (CPT® 74183) can be approved every 3 years
• One of the following: ◦ Elevated catecholamines ◦ Inconclusive adrenal mass on MRI	• ONE of the following: ◦ Octreotide study (see: **PEDONC-1.3** for coding) ◦ Adrenal Nuclear Imaging (CPT® 78075)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Indication	Imaging Study
• Known pheochromocytoma	• See: **Neuroendocrine Cancers and Adrenal Tumors (ONC-15)**

Background and Supporting Information

- Inherited in an autosomal dominant manner (50% risk to offspring)
- MEN1 is characterized by parathyroid, pancreatic islet cell, and pituitary gland tumors (3 P's), as well as carcinoid tumors in the chest and abdomen, and 28% of individuals will develop at least one tumor by age 15.
- MEN2a is characterized by medullary thyroid carcinoma, parathyroid adenomas, and pheochromocytomas.
- MEN2b is characterized by ganglioneuromas of the GI tract and skeletal abnormalities presenting in infancy.
- Recommended cancer screening includes:
  - Individuals with MEN2a and MEN2b receive annual measurement of catecholamines for pheochromocytoma screening

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Tuberous Sclerosis Complex (TSC) (PEDONC-2.9)

- Abdominal MRI (CPT® 74183) may be approved for women of childbearing age planning pregnancy.

The following imaging studies should be considered appropriate in individuals with TSC:

Indication	Imaging Study
• All individuals, at the time of suspected diagnosis until age 25 years	• Annual Brain MRI without and with contrast (CPT® 70553)
• All individuals at diagnosis	• Single baseline MRI Abdomen without and with contrast (CPT® 74183)
• If no renal lesions seen on baseline MRI Abdomen	• From diagnosis through age 11: ◦ Annual Renal US (CPT® 76770) • Age 12 (or 10 years earlier than the youngest family member with renal cell carcinoma, whichever comes earlier): ◦ MRI Abdomen without and with contrast (CPT® 74183) annually in lieu of ultrasound
• For documented renal lesions on baseline MRI Abdomen or any ultrasound	• MRI Abdomen without and with contrast (CPT® 74183) annually
• All individuals, beginning at age 18 years	• CT Chest without contrast (CPT® 71250) every 5 years
• All individuals, for cardiac screening or follow up of known cardiac disease	• See: **Initial Transthoracic Echocardiography (TTE) Indications (PEDCD-8.2)** and **Repeat Transthoracic Echocardiography Indications (PEDCD-8.3)** in the Pediatric Cardiology Imaging Guidelines
• Individuals with documented abnormalities on baseline CT Chest	• Additional CT Chest without contrast or with contrast (CPT® 71250 or 71260) may be approved every 1 year

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Indication	Imaging Study
• Any of the following: ◦ New pulmonary symptoms ◦ Worsening pulmonary function testing	• CT Chest without contrast (CPT® 71250)
• Known SEGA tumors	• See: **Intracranial Low Grade Gliomas (LGG) (PEDONC-4.2)**
• Known renal cell carcinoma	• See: **Pediatric Renal Cell Carcinoma (RCC) (PEDONC-7.4)**

Background and Supporting Information

- Inherited in an autosomal dominant manner (50% risk to offspring), affecting ~1 in 6000 individuals, it is associated with benign tumors, hypopigmented skin macules (ash leaf spots), developmental delay, and epilepsy.
- Malignancies associated with this syndrome include:
  - Subependymal giant cell astrocytomas (SEGA tumors)
    - Historically, early surgery was important to reduce morbidity related to these tumors
    - More recently, everolimus has been successfully used to treat these tumors without surgery, and early detection remains an important feature for success
  - Renal cell carcinoma
  - Cardiac rhabdomyosarcoma
  - Pulmonary lymphangioleiomyomatosis
- Recommended cancer screening includes:
  - Ophthalmologic and dermatologic evaluation annually

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Von Hippel-Lindau Syndrome (VHL) (PEDONC-2.10)

ONCP.SC.0002.10.A
v2.0.2025

The following imaging studies should be considered appropriate in individuals with VHL:

Indication	Imaging Study
• All individuals, beginning at age 11 years	• MRI Brain without and with contrast (CPT® 70553) and MRI Spine without and with contrast (Cervical-CPT® 72156), Thoracic-CPT® 72157, and Lumbar-CPT® 72158) every 2 years
• Individuals with frequent ear infections, prior to age 8	• One-time MRI Brain without and with contrast (CPT® 70553)
• All individuals, beginning at age 5 years	• Annual Abdominal US (CPT® 76700)
• All individuals, beginning at age 15 years	• MRI Abdomen without and with contrast (CPT® 74183) every 2 years
• ONE of the following: ◦ Elevated catecholamines ◦ Inconclusive adrenal mass on MRI	• Octreotide study (CPT® 78800, CPT® 78801, CPT® 78802, CPT® 78803, or CPT® 78804) or Adrenal Nuclear imaging (CPT® 78075)
• Individuals with known hemangioblastoma anywhere in the body (based on imaging) that has not been resected	• Both of the following, every 1 year: ◦ MRI Brain without and with contrast (CPT® 70553) ◦ MRI Spine without and with contrast (Cervical-CPT® 72156), Thoracic-CPT® 72157, and Lumbar-CPT® 72158)
• Known hemangioblastoma that has not been resected and new or worsening symptoms	• MRI Brain without and with contrast (CPT® 70553) • MRI Spine without and with contrast (Cervical-CPT® 72156), Thoracic-CPT® 72157, and Lumbar-CPT® 72158)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Indication	Imaging Study
• Known (based on imaging) CNS hemangioblastoma	• See: **Intracranial Low Grade Gliomas (LGG) (PEDONC-4.2)**
• Known renal cell carcinoma	• See: **Pediatric Renal Cell Carcinoma (RCC) (PEDONC-7.4)**
• Known pheochromocytoma or other neuroendocrine tumor	• See: **Neuroendocrine Cancers And Adrenal Tumors (ONC-15)** in the Oncology Imaging Guidelines

Background and Supporting Information

- Inherited in an autosomal dominant manner (50% risk to offspring), it is associated with CNS hemangioblastomas, retinal angiomas, endolymphatic sac tumors (ELST), gastrointestinal stromal tumor (GIST), renal cell carcinoma (RCC), and pheochromocytomas and other neuroendocrine tumors (NETs). Pediatric individuals are at risk of developing hemangioblastomas and pheochromocytomas that can remain clinically occult until symptoms become severe. Historically, substantial mortality was attributable to RCC, pancreatic NET, and CNS hemangioblastoma.
- Recommended cancer screening includes:
  - Annual ophthalmologic evaluation beginning at birth
  - Annual measurement of catecholamines beginning at age 2
  - Audiology assessment every 2 years beginning at age 5

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Rhabdoid Tumor Predisposition Syndrome (PEDONC-2.11)

ONCP.SC.0002.11.A
v2.0.2025

The following imaging studies should be considered appropriate in individuals with Rhabdoid Tumor Predisposition Syndrome:

Indication	Imaging Study
• All individuals, at diagnosis, as early as birth if requested	• Whole-body MRI (WBMRI) (CPT® 76498)
• All individuals, from birth to 6 months of age	• ALL of the following, monthly: ◦ US Head (CPT® 76506) ◦ US Abdomen (CPT® 76700) ◦ US Pelvis (CPT® 76856) ◦ US Neck (CPT® 76536) ◦ MRI with and without contrast of areas of concern found on baseline WBMRI
• All individuals, from age 7 months to 5 years	• ALL of the following, every 3 months: ◦ US Abdomen (CPT® 76700) ◦ US Pelvis (CPT® 76856) ◦ US Neck (CPT® 76536) ◦ MRI Brain (CPT® 70553) ◦ MRI Spine (CPT® 72156, CPT® 72157, and CPT® 72158) without and with contrast ◦ MRI with and without contrast of areas of concern found on baseline WBMRI
• All individuals, after age 5 years	• Annual WBMRI (CPT® 76498)
• Clinical symptoms or WBMRI findings suggesting malignancy	• Targeted advanced imaging of the suspected disease site (CT with or without contrast, or MRI without and with contrast)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Indication	Imaging Study
• Inconclusive findings on ultrasound	• MRI with and without contrast of the inconclusive US site ◦ MRI should be used in place of ultrasound for remainder of planned screening

Background and Supporting Information

- Inherited in an autosomal dominant manner (50% risk to offspring), it is associated with malignant rhabdoid tumors of the kidney and extrarenal locations, and atypical teratoid/rhabdoid tumors (ATRT) of the CNS. It is caused by a germline mutation in *INI1* or *SMARCB1*, and is associated with a more variable prognosis than de novo rhabdoid tumors.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Familial Retinoblastoma Syndrome (PEDONC-2.12)

- Regular physical and ophthalmologic evaluations under anesthesia (EUA) are the hallmark of surveillance strategies for these individuals, and asymptomatic screening imaging does not have a defined role at this time.

The following imaging studies should be considered appropriate in individuals with Familial Retinoblastoma Syndrome:

Indication	Imaging Study
• Individuals with retinomas (premalignant retinal lesions)	• Annual MRI Orbits (CPT® 70543)
• Either of the following: ◦ Inconclusive EUA findings ◦ New symptoms	• US Orbits (CPT® 76512, 76510, or 76511) or MRI Orbits (CPT® 70543) ◦ These studies should be used if at all possible in lieu of CT or nuclear imaging to avoid radiation exposure

Background and Supporting Information

- This syndrome is inherited in an autosomal dominant manner (50% risk to offspring). As the name suggests, it is associated with retinoblastoma, as well as osteosarcoma, pediatric melanoma, and a significantly increased risk for radiation-related malignancies.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Hereditary Paraganglioma-Pheochromocytoma (HPP) Syndromes (PEDONC-2.13)

ONCP.SC.0002.13.A
v2.0.2025

The following imaging studies should be considered appropriate in individuals with HPP Syndromes:

Indication	Imaging Study
• All individuals with SDHx, MAX, TMEM127 mutations, beginning at age 6	• Every 2 years, ONE of the following sets of imaging: ◦ Whole-body MRI (CPT® 76498) ▪ CPT® 76498 is the only approvable code for whole-body MRI at this time OR ◦ MRI Neck without and with contrast (CPT® 70543), MRI Chest without and with contrast (CPT® 71552), MRI Abdomen without and with contrast (CPT® 74183), and MRI Pelvis without and with contrast (CPT® 72197) ▪ If MRI cannot be performed: CT Neck with contrast (CPT® 70491), CT Chest with contrast (CPT® 71260), and CT Abdomen and Pelvis with contrast (CPT® 74177) ▪ MRI Neck imaging should include skull base, thus separate MRI Brain (CPT® 70553) is not routinely supported, but may be approved if there are CNS specific symptoms.
• Initial screening for individuals diagnosed at age 18 or older	• One-time PET/CT (CPT® 78815 or 78816), with 68Ga-DOTA-SSAs ◦ FDG may be substituted if Dotatate radiotracers not available
• Known pheochromocytoma or other neuroendocrine tumors	• See: **Neuroendocrine Cancers and Adrenal Tumors (ONC-15)** in the Oncology Imaging Guidelines

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Background and Supporting Information

- Caused by mutations in *SDHx* and related genes, this syndrome is inherited in an autosomal dominant manner (50% risk to offspring), and is associated with pheochromocytomas and paragangliomas.
- Individuals with multiple endocrine neoplasias should not use this guideline and should be imaged according to **Multiple Endocrine Neoplasias (MEN) (PEDONC-2.8)**.
- MRI is preferred to CT to minimize radiation exposure given these individuals' lifelong need for screening
- All individuals with HPP receive annual measurement of catecholamines
- EANM–SNMMI joint guidelines propose the use of 68Ga-DOTA-SSAs PET as the first-choice functional imaging modality in adult SDHx mutation carriers and the use of 18F-FDG when 68Ga-DOTA-SSAs PET is not available.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Costello Syndrome (PEDONC-2.14)

ONCP.SC.0002.14.A
v2.0.2025

The following imaging studies should be considered appropriate in individuals with Costello Syndrome:

Indication	Imaging Study
• Following confirmation of gene mutation	• ANY or ALL of the following: ◦ Echocardiogram ▪ CPT® 93306 or ▪ CPT® 93308 with 93321 and 93325 ◦ MRI Brain (CPT® 70553) without and with contrast ◦ MRI Cervical (CPT® 72156) and Thoracic Spine (CPT® 72157) without and with contrast
• All individuals, from birth to 10th birthday	• Every 3 months: ◦ US Abdomen (CPT® 76700) and Pelvis (CPT® 76856)
• Known cardiac disease	• See: **Initial Transthoracic Echocardiography (TTE) Indications (PEDCD-8.2)** and **Repeat Transthoracic Echocardiography Indications (PEDCD-8.3)** in the Pediatric Cardiology Guidelines
• Known rhabdomyosarcoma	• See: **Rhabdomyosarcoma (RMS) (PEDONC-8.2)**
• Known neuroblastoma	• See: **Neuroblastoma (PEDONC-6)**

Background and Supporting Information

- Caused by mutations in *HRAS* genes, this syndrome is inherited in an autosomal dominant manner (50% risk to offspring), and is associated with rhabdomyosarcoma and neuroblastoma in early childhood, and transitional cell cancer of the bladder in older children and adults.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Constitutional Mismatch Repair Deficiency (CMMRD or Turcot Syndrome) (PEDONC-2.15)

ONCP.SC.0002.15.A
v2.0.2025

The following imaging studies should be considered appropriate in individuals with CMMRD/Turcot Syndrome:

Indication	Imaging Study
• All individuals, after CMMRD diagnosis is confirmed by genetic mutation	• MRI Brain without and with contrast (CPT® 70553) every 6 months
• All individuals, beginning at age 4 years	• Annual esophagogastroduodenoscopy and colonoscopy
• All individuals, beginning at age 6 years	• Annual whole-body MRI (CPT® 76498) ◦ 76498 is the only approvable code for whole-body MRI at this time

Background and Supporting Information

- A highly penetrant and aggressive cancer predisposing syndrome resulting from autosomal recessive inheritance of biallelic mutations in mismatch repair genes, CMMRD syndrome leads to substantial risk for several commonly fatal childhood malignancies - high-grade CNS tumors (glioma, PNET, medulloblastoma) and hematologic malignancies (non-Hodgkin lymphoma, acute lymphoblastic leukemia). Individuals with CMMRD are also at increased risk for gastrointestinal tumors.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Hereditary Leiomyomatosis and Renal Cell Cancer (HLRCC) (PEDONC-2.16)

ONCP.SC.0002.16.A
v2.0.2025

The following imaging studies should be considered appropriate in individuals with HLRCC:

Indication	Imaging Study
• Beginning at age 8 years, individuals with at least ONE of the following: ◦ Documented fumarate hydratase (FH) gene mutation/variant consistent with HLRCC ◦ Histologically confirmed multiple cutaneous piloleiomyomas ◦ At least TWO of the following manifestations: ▪ Surgical treatment for symptomatic uterine leiomyomas before age 40 ▪ Type 2 papillary renal cell carcinoma or collecting duct renal carcinoma before age 40 ▪ A first-degree family member with either of the two above criteria	• MRI Abdomen with and without contrast (CPT® 74183), annually

Background and Supporting Information

- Hereditary leiomyomatosis and renal cell cancer (HLRCC) is a disorder in which affected individuals tend to develop benign tumors containing smooth muscle tissue (leiomyomas) in the skin and, in females, the uterus. Approximately 20 percent of people with HLRCC develop renal cell cancer. People with HLRCC are commonly diagnosed with kidney cancer in their forties but cases have been reported in individuals as young as 11.
- In 2019, Forde et. al. published the first large, prospective study of screening for HLRCC and showed that most symptomatic individuals present with stage 3 or 4 RCC with a high risk of death and one life is saved for every 5 individuals on an MRI screening protocol.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Other Renal Cell Cancer Predisposition Syndromes (PEDONC-2.17)

ONCP.SC.0002.17.A
v2.0.2025

Birt-Hogg-Dube Syndrome (BHDS)

The following imaging studies should be considered appropriate in individuals with BHDS:

Indication	Imaging Study
• All individuals, beginning at age 20 years	• Abdominal MRI with and without contrast (CPT® 74183) every 3 years

Background and Supporting Information

- Birt-Hogg-Dube Syndrome (BHDS) in an autosomal dominant disorder with a heterozygous pathogenic variant in FLCN gene.
- These individuals have, or may have:
  - Cutaneous manifestations (fibrofolliculomas, acrochordons, angiofibromas, oral papules, cutaneous collagenomas, and epidermal cysts)
  - Pulmonary cysts/history of pneumothorax
  - A seven-fold increase in renal tumors
    - The most common renal tumors are oncocytoma, chromophobe, and a hybrid of these two.
    - Renal tumors may be multifocal and bilateral.
    - Median age of renal tumor diagnosis is 48 years.
- Recommended cancer screening includes:
  - Screening colonoscopy starting at age 40
    - Earlier colonoscopy may be considered for those with a family history of colorectal cancer earlier than age 40.

BAP1 Tumor Predisposition Syndrome

The following imaging studies should be considered appropriate in individuals with BAP1:

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Indication	Imaging Study
• All individuals, beginning at age 30 years	• Abdominal MRI with and without contrast (CPT® 74183) every 2 years

Background and Supporting Information

BAP1 tumor predisposition syndrome (TPDS) is an autosomal dominant condition with a predisposition to melanoma (ocular and cutaneous), mesothelioma, clear cell renal cancer, and chromophobe renal cancer.

Hereditary Papillary Renal Carcinoma (HPRC)

The following imaging studies should be considered appropriate in individuals with HPRC:

Indication	Imaging Study
• All individuals, beginning at age 30 years	• Abdominal MRI with and without contrast (CPT® 74183) annually

Background and Supporting Information

- Hereditary papillary renal carcinoma (HPRC) is an autosomal dominant condition involving the MET gene and predisposes individuals to multifocal, bilateral renal tumors.

DICER1

The following imaging studies should be considered appropriate in individuals with DICER1:

Indication	Imaging Study
• DICER1 mutation asymptomatic lung surveillance	• Once at age 3-6 months of age and again at 2.5-3 years of age: ◦ CT Chest (contrast as requested) • In addition, chest x-ray at birth and every 6 months until 8 years of age and annually until age 12

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Indication	Imaging Study
• DICER1 mutation asymptomatic abdominal and pelvic surveillance	• Every 3 months, from birth to the 8th birthday, then every 12 months until 12 years of age: ◦ Abdominal US (CPT® 76700) • After age 12, females with DICER1 mutation may continue abdominal and pelvic ultrasounds (CPT® 76700 and CPT® 76856 or CPT® 76857) annually until age 40
• DICER1 mutation thyroid surveillance	• Baseline thyroid US (CPT® 76536) by 8 years of age then every 3 years
• Individuals with DICER1 mutation and new CNS symptoms	• MRI Brain without and with contrast (CPT® 70553)

Other Renal Predisposition Syndromes

The following imaging studies should be considered appropriate in individuals with other renal predisposition syndromes:

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Indication	Imaging Study
• Individuals with any of the following genetic variants or syndromes: ◦ REST, TRIM28, FBXW7, NYNRIN, KDM3B, XPO5, CHECK2, PALB2, CTNNB1, DROSHA, WT1 and 2, WTX, DGCR8, SIC1 and 2, BCORL1, MLLT1, MYCN ◦ Bloom Syndrome/BLM mutations ◦ Frasier Syndrome ◦ Trisomy 18 ◦ Perlman Syndrome ◦ Bohring-Opitz Syndrome (ASXL1) ◦ MULIBREY and Nanism Syndrome ◦ Congenital anomalies associated with Wilms Tumor ▪ Horseshoe kidney ▪ Renal ectopia, hypoplasia or renal/ureteral duplication ▪ Congenital mesoblastic nephroma	• Every 3 months, from birth to the 8th birthday: ◦ Abdominal US (CPT® 76700)

Background and Supporting Information

- The list of syndromes and congenital anomalies associated with Wilms Tumor specifically is ever growing. The following genetic variants and syndromes, not otherwise listed in **PEDONC-2** for more specific imaging, may have imaging as shown above.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Infantile Myofibromatosis (PEDONC-2.18)

ONCP.SC.0002.18.A
v2.0.2025

The following imaging studies should be considered appropriate in individuals with Infantile Myofibromatosis:

Indication	Imaging Study
• Assess for the presence of multifocal disease in children under two years of age	• WBMRI (CPT® 76498) once within 6 months of diagnosis
• Pre-operative planning or • Signs or symptoms suggesting progression that may require treatment with surgery or chemotherapy	• Imaging of cutaneous/muscular sites with MRI with and without contrast of symptomatic sites or sites requiring treatment.
• Unresected, known visceral sites of disease	• MRI with and without contrast of unresected visceral involved sites, every 6 months until the age of two years
• Post-operative evaluation and both of the following: ◦ Adequacy of resection is unclear and ◦ Re-excision is being considered	• One-time MRI with and without contrast
• Surveillance for emergence of visceral disease	• Every 6 months, until the age of two years: ◦ CT Chest with contrast (CPT® 71260) or without contrast (CPT® 71250) ◦ CT Abdomen and Pelvis (CPT® 74177) • CT should not duplicate simultaneous MRI imaging of involved sites
• Individuals requiring chemotherapy	• See: **PEDONC-8.3**

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Background and Supporting Information

- Infantile myofibromatosis is a benign condition characterized by soft tissue tumors, 90% of which present in the first 2 years of life. 75% of cases present as solitary lesions affecting the skin and/or muscles of the head, neck and trunk. Other patterns of inheritance include congenital multicentric disease limited to skin and muscle, congenital multicentric with a single visceral site, and congenital with multiple visceral site involvement.
- The condition is most commonly sporadic, though familial cases associated with *PDGFRB* and *NOTCH3* have been described
- The majority of cases with skin or muscle only involvement regress spontaneously.
- Visceral cases are lethal in the absence of therapy in 75% of cases due to organ compression, particularly with cardiopulmonary involvement.
- If vital structures are involved or significant symptoms occur, treatment is generally radical resection. Chemotherapy is sometimes utilized for progressive or multifocal life threatening lesions.
- Infants may present with a single lesion and develop further lesions in the first two years of life. This scenario, along with the inability of infants to readily express symptoms, impacts the imaging studies that may be approved.
- Routine surveillance of cutaneous/muscular sites is not supported as spontaneous regression is common.
- Surveillance beyond the age of two years is not supported.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Bloom Syndrome (PEDONC-2.19)

ONCP.SC.0002.19.A
v2.0.2025

The following imaging studies should be considered appropriate in individuals with Bloom Syndrome:

Indication	Imaging Study
Malignancy screening particularly lymphomas	• Every 2 years, starting at age 13: ◦ Whole-Body MRI (CPT® 76498)
Wilms tumor screening	• See: **Other Renal Cell Cancer Predisposition Syndromes (PEDONC-2.17)**
Gastrointestinal tumor screening	• There is no strong data to support endoscopic screening
Breast cancer screening	• There is no strong data to support Breast MRI. See: **Breast MRI Indications (BR-5.1)** for any updates to supported imaging

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (PEDONC-2)

v2.0.2025

1. Plon SE, Malkin D. Childhood Cancer and Heredity. In: Pizzo PA, Poplack DG, eds. Principles and Practice of Pediatric Oncology. 7th ed. Philadelphia, PA: Wolters Kluwer; 2016:13-31.
2. Aplan PD, Shern JF, Khan J. Molecular and genetic basis of childhood cancer. In: Pizzo PA, Poplack DG, eds. Principles and Practice of Pediatric Oncology. 7th ed. Philadelphia, PA: Wolters Kluwer; 2016:32-62.
3. Zelley K, Lindell RB, Schiffman JD. et al. Genetic predisposition to cancer. In: Orkin SH, Fisher DE, Ginsburg D, Look AT, Lux SE, Nathan DG, eds. Nathan and Oski's Hematology and Oncology of Infancy and Childhood. 8th ed. Philadelphia, PA: Elsevier Saunders; 2015:1270-1293.
4. Garber JE, Offit K. Hereditary cancer predisposition syndromes. *J Clin Oncol*. 2005;23(2):276-292. doi:10.1200/JCO.2005.10.042.
5. Holman JD, Dyer JA. Genodermatoses with malignant potential. *Current Opin Pediatr*. 2007;19(4):446-454. doi:10.1097/MOP.0b013e3282495939. .
6. Foulkes WD. Inherited susceptibility to common cancers. *N Engl J Med*. 2008;359:2143-2153. doi:10.1056/NEJMra0802968.
7. Schiffman JD, Geller JI, Mundt E, et al. Update on pediatric cancer predisposition syndromes. *Pediatr Blood Cancer*. 2013;60(8):1247-1252. doi:10.1002/pbc.24555.
8. American Academy of Pediatrics. Ethical and policy issues in genetic testing and screening of children. *Pediatrics*. 2013;131(3):620-622. doi:10.1542/peds.2012-3680.
9. Monsalve J, Kapur J, Malkin D, Babyn PS. Imaging of cancer predisposition syndromes in children. *Radiographics*. 2011;31(1):263-280. doi:10.1148/rg.311105099.
10. D'Orazio JA. Inherited cancer syndromes in children and young adults. *J Pediatr Hematol Oncol*. 2010;32(3):195-228. doi:10.1097/MPH.0b013e3181ced34c.
11. Lu KH, Wodd ME, Daniels M, et al. American Society of Clinical Oncology Expert Statement: collection and use of a cancer family history for oncology providers. *J Clin Oncol*. 2014;32(8):833-841. doi:10.1200/JCO.2013.50.9257.
12. Farid M, Ngeow J. Sarcomas associated with genetic cancer predisposition syndromes: a review. *Oncologist*. 2016;21(8):1002-1013. doi:10.1634/theoncologist.2016-0079.
13. Tiwari R, Singh AK, Somwaru AS, et al. Radiologist's primer on imaging of common hereditary cancer syndromes. *RadioGraphics*. 2019;39:759-778. doi:10.1148/rg.2019180171.
14. Schneider K, Zelley K, Nichols KE, Garber J. Li-Fraumeni Syndrome. In: Adam MP, Ardinger HH, Pagon RA, et al., ed. GeneReviews® [Internet]. Seattle, WA: University of Washington, Seattle; 1993-2019. https://www.ncbi.nlm.nih.gov/books/NBK1311/.
15. Villani A, Tabori U, Schiffman J, et al. Biochemical and imaging surveillance in germline TP53 mutation carriers with Li-Fraumeni syndrome: a prospective observational study. *Lancet Oncol*. 2011;12(6):559-567. doi:10.1016/S1470-2045(11)70119-X.
16. Villani A, Shore A, Wasserman JD, et al. Biochemical and imaging surveillance in germline TP53 mutation carriers with Li-Fraumeni syndrome: 11 year follow-up of a prospective observational study. *Lancet Oncol*. 2016;17(9):1295-1305. doi:10.1016/S1470-2045(16)30249-2.
17. Ballinger ML, Best A, Mai PL, et al. Baseline surveillance in Li-Fraumeni Syndrome using whole-body magnetic resonance imaging a meta analysis. *JAMA Oncol*. 2017;3(12):1634-1639. doi:10.1001/jamaoncol.2017.1968.
18. Ruijs MWG, Loo CE, van Buchem CAJM, et al. Surveillance of Dutch patients with Li-Fraumeni Syndrome: the life-guard study. *JAMA Oncol*. 2017;3(12):1733-1734. doi:10.1001/jamaoncol.2017.1346.
19. Mai PL, Khincha PP, Loud JT, et al. Prevalence of Cancer at Baseline screening in the National Cancer Institute Li-Fraumeni Syndrome Cohort. *JAMA Oncol*. 2017;3(12):1640-1645. doi:10.1001/jamaoncol.2017.1350.
20. Kratz CP, Achatz MI, Brugiéres L, et al. Cancer screening recommendations for individuals with Li-Fraumeni Syndrome. *Clin Cancer Res*. 2017;23(11):e38-e45. doi:10.1158/1078-0432.CCR-17-0408.
21. Greer MC, Voss SD, States LJ. Pediatric cancer predisposition imaging: focus on whole-body MRI. *Clin Cancer Res*. 2017;23(11):e6-e13. doi:10.1158/1078-0432.CCR-17-0515.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

22. Asdahl PH, Ojha RP, Hasle H. Cancer screening in Li-Fraumeni Syndrome. *JAMA Oncol*. 2017;3(12):1645-1646. doi:10.1001/jamaoncol.2017.2459.
23. Eutsler EP, Khanna G. Whole-body magnetic resonance imaging in children: technique and clinical applications. *Pediatr Radiol*. 2016;46(6):858-872. doi: 10.1007/s00247-016-3586-y.
24. Gottumukkalla RV, Gee MS, Hampilos PJ, Greer MC. Current and emerging roles of whole-body MRI in evaluation of pediatric cancer patients. *RadioGraphics*. 2019;39:516-534. doi:10.1148/rg.2019180130.
25. Daly MB, Pal T, AlHilli Z, et al. National Comprehensive Cancer Network (NCCN) Guidelines Version 2.2025—November 7, 2024. Genetic/Familial High-Risk Assessment: Breast, Ovarian, Pancreatic, and Prostate available at: https://www.nccn.org/professionals/physician_gls/pdf/bopp.pdf. Referenced with permission from the NCCN Clinical Practice Guidelines in Oncology (NCCN Guidelines™) for Genetic/Familial High-Risk Assessment: Breast, Ovarian, Pancreatic, and Prostate V2.2025 11/7/2024 ©2024 National Comprehensive Cancer Network, Inc. All rights reserved. The NCCN Guidelines™ and illustrations herein may not be reproduced in any form for any purpose without the express written permission of the NCCN. To view the most recent and complete version of the NCCN Guidelines™, go online to NCCN.org.
26. Miller DT, Freedenberg D, Schorry E, et al. Health supervision for children with neurofibromatosis type 1. *Pediatrics*. 2019;143:e20190660. doi:10.1541/peds.2019-0660.
27. Sahin M. Neurocutaneous syndromes. In: Kliegman RM, Stanton BF, St. Geme JW, Schor NF, Behrman RE, eds. Nelson Textbook of Pediatrics. Philadelphia, PA: Elsevier Saunders; 2011:2046-2048.
28. Ullrich NJ. Neurocutaneous syndromes and brain tumors. J Child Neurol. 2016;31(12):1399-1411. doi:10.1177/0883073815604220.
29. Korf BR and Bebin EM. Neurocutaneous disorders in Children. *Pediatr Rev*. 2017; 38(3):119-127. doi:10.1542/pir.2015-0118.
30. Campian J, Gutmann DH. CNS tumors in neurofibromatosis. *J Clin Oncol*. 2017; 35(21):2378-2385. doi:10.1200/JCO.2016.71.7199.
31. Friedman JM. Neurofibromatosis 1. In: Pagon RA, Adam MP, Ardinger HH et al., eds. *GeneReviews™ [Internet]*. Seattle, WA: University of Washington, Seattle;1998-2017. Version June 6, 2019. https://www.ncbi.nlm.nih.gov/books/NBK1109/.
32. Karajannis MA, Ferner RE. Neurofibromatosis-related tumors: emerging biology and therapies. *Curr Opin Pediatr*. 2015;27(1):26-33. doi:10.1097/MOP.0000000000000169.
33. Meany H, Dombi E, Reynolds J, et al. 18-Fluorodeoxyglucode-Positron Emission Tomography (FDG-PET) evaluation of nodular lesions in patients with neurofibromatosis Type 1 and Plexiform Neurofibromas (PN) or Malignant Peripheral Nerve Sheath Tumors (MPNST). *Pediatr Blood Cancer*. 2013;60(1):59-64. doi:10.1002/pbc.24212.
34. Tsai LL, Druback L, Fahey F, et al. [18F]-Fluorodeoxyglucose positron emission tomography in children with neurofibromatosis type 1 and plexiform neurofibromas: correlation with malignant transformation. *J Neuro Oncol*. 2012;108(3):469-475. doi:10.1007/s11060-012-0840-5.
35. Corbemale P, Valeyrie-Allanore L, Giammarile F, et al. Utility of 18F-FDG PET with a semi-quantitative index in the detection of sarcomatous transformation in patients with neurofibromatosis Type 1. *PLoS ONE*. 2014;9(2):e85954. doi:10.1371/journal.pone.0085954.
36. Chirindel A, Chaudhry M, Blakeley JO, Wahl R. 18F-FDG PET/CT Qualitative and quantitative evaluation in neurofibromatosis Type 1 Patients for detection of malignant transformation: comparison of early to delayed imaging with and without liver activity normalization. *J Nucl Med*. 2015;56(3):379-385. doi:10.2967/jnumed.114.142372.
37. Prada CE, Hufnagel RB, Hummel TR, et al. The use of magnetic resonance imaging screening for optic pathway gliomas in children with neurofibromatosis Type 1. *J Pediatr*. 2015;167(4):851-856. doi:10.1016/j.jpeds.2015.07.001.
38. Blakeley JO, Evans DG, Adler J, et al. Consensus recommendations for current treatments and accelerating clinical trials for patients with neurofibromatosis Type 2. *Am J Med Genet A*. 2012;158A(1):24-41. doi:10.1002/ajmg.a.34359.
39. Evans DG. Neurofibromatosis 2. In: Pagon RA, Adam MP, Bird TD et al., eds. *GeneReviews™ [Internet]*. Seattle, WA: University of Washington, Seattle; 2011. Version March 15, 2018. https://www.ncbi.nlm.nih.gov/books/NBK1201/.
40. Evans DG. Neurofibromatosis type 2 (NF2): a clinical and molecular review. *Orphanet J Rare Dis*. 2009;4:16. doi:10.1186/1750-1172-4-16.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

41. Ardern-Holmes S, Fisher G, North K. Neurofibromatosis Type 2: presentation, major complications, and management, with a focus on the pediatric age group. *J Child Neurol*. 2016;32(1):9-22. doi:10.1177/0883073816666736.
42. Shuman C, Beckwith JB, Weksberg R. Beckwith-Wiedemann syndrome. In: Pagon RA, Adam MP, Bird TD et al., eds. *GeneReviews™ [Internet]*. Seattle, WA: University of Washington, Seattle; 2016. Version August 11, 2016. https://www.ncbi.nlm.nih.gov/pubmed/20301568.
43. Choyke PL, Siegel MJ, Craft AW, Green DM, DeBaun MR. Screening for Wilms Tumor in children with Beckwith-Wiedemann syndrome or idiopathic hemihypertrophy. *Med Pediatr Oncol*. 1999;32(3):196-200. doi:10.1002/(SICI)1096-911X(199903)32:3<196::AID-MPO6>3.0.CO;2-9.
44. Mussa A, Molinatto C, Baldassare G, et al. Cancer risk in Beckwith-Wiedemann syndrome: A systematic review and meta-analysis outlining a novel (epi)genotype specific histotype targeted screening protocol. *J Pediatr*. 2016;176:142-149. doi:10.1016/j.jpeds.2016.05.038.
45. MacFarland SP, Mostoufi-Moab S, Zelley K, et al. Management of adrenal masses in patients with Beckwith-Wiedemann syndrome. Pediatr Blood Cancer. 2017;64(8):e26432. doi:10.1002/pbc.26432.
46. Dome JS and Huff V. Wilms tumor predisposition. In: Pagon RA, Adam MP, Bird TD et al., eds. *GeneReviews™ [Internet]*. Seattle, WA: University of Washington, Seattle; 2016. https://www.ncbi.nlm.nih.gov/pubmed/20301471 Accessed January 3, 2018
47. Fischbach BV, Trout KL, Lewis J, Luis CA, Sika M. WAGR Syndrome: A Clinical Review of 54 Cases. *Pediatrics*. 2005;116(4):984-988. doi:10.1542/peds.2004-0467.
48. Gupta S, Weiss JM, Axel L, et al. National Comprehensive Cancer Network (NCCN) Guidelines Version 3.2024 —October 31, 2024, Genetic/Familial High-Risk Assessment: Colorectal, Endometrial, and Gastric available at: https://www.nccn.org/professionals/physician_gls/pdf/genetics_ceg.pdf. Referenced with permission from the NCCN Clinical Practice Guidelines in Oncology (NCCN Guidelines™) for Genetic/Familial High-Risk Assessment: Colorectal, Endometrial, and Gastric V3.2024 10/31/2024. ©2024 National Comprehensive Cancer Network, Inc. All rights reserved. The NCCN Guidelines™ and illustrations herein may not be reproduced in any form for any purpose without the express written permission of the NCCN. To view the most recent and complete version of the NCCN Guidelines™, go online to NCCN.org.
49. Kennedy RD, Potter DD, Moir CR, Mounif E. The natural history of familial adenomatous polyposis syndrome: A 24 year review of a single center experience in screening, diagnosis, and outcomes, *J Pediatr Surg*. 2014;49(1):82-86. doi:10.1016/j.jpedsurg.2013.09.033.
50. Jasperson KW, Patel SG, Ahnen DJ. APC-Associated Polyposis Conditions. In: Pagon RA, Adam MP, Bird TD, et al., ed. *GeneReviews™ [Internet]*. Seattle, WA: University of Washington, Seattle; 2024. Version May 12, 2022. https://www.ncbi.nlm.nih.gov/books/NBK1345/.
51. Stoffel EM, Mangu PB, Gruber SB, et al. Hereditary colorectal cancer syndromes: American Society of Clinical Oncology clinical practice guideline endorsement of the familial risk-colorectal cancer: European Society for Medical Oncology clinical practice guidelines. *J Clin Oncol*. 2015;33(2):209-217. doi:10.1200/JCO.2014.58.1322.
52. Giusti F, Marini F, Brandi ML. Multiple endocrine neoplasia Type 1. In: Pagon RA, Adam MP, Ardinger HH et al, ed. *GeneReviews™ [Internet]*. Seattle, WA: University of Washington, Seattle; 1993-2024. Version March 10, 2022. https://www.ncbi.nlm.nih.gov/books/NBK1538/.
53. Thakker RV, Newey PJ, Walls GV, et al. Clinical Practice guidelines for multiple endocrine neoplasia type 1 (MEN1). *J Clin Endocrinol Metab*. 2012;97(9):2990-3011. doi:10.1210/jc.2012-1230
54. Giri D, McKay V, Weber A, Blair JC. Multiple endocrine neoplasia syndromes 1 and 2: manifestations and management in childhood and adolescence. *Arch Dis Child*. 2015;100(10):994-999. doi:10.1136/archdischild-2014-307028.
55. Eng C. Multiple endocrine neoplasia Type 2. In: Pagon RA, Adam MP, Ardinger HH et al, eds. *GeneReviews™ [Internet]*. Seattle, WA: University of Washington, Seattle; 1993-2024. Version August 10, 2023. https://www.ncbi.nlm.nih.gov/books/NBK1257/.
56. Northrup H, Koenig MK, Pearson DA, Au KS. Tuberous Sclerosis Complex. In: Pagon RA, Adam MP, Ardinger HH et al, eds. *GeneReviews™ [Internet]*. Seattle, WA: University of Washington, Seattle; 1993-2024. Version August 1, 2024. https://www.ncbi.nlm.nih.gov/pubmed/20301399.
57. Krueger DA, Care MM, Agricola K, Tudor C, Mays M, Franz DN. Everolimus long-term safety and efficacy in subependymal giant cell astrocytoma. Neurology. 2013;80(6):574-580. doi:10.1212/WNL.0b013e3182815428.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

58. Wheless JW, Klimo P. Subependymal giant cell astrocytomas in patients with tuberous sclerosis complex: considerations for surgical or pharmacotherapeutic intervention. *J Child Neurol*. 2014;29(11):1562-1571. doi:10.1177/0883073813501870.
59. van Leeuwaarde RS, Ahmad S, Links TP, Giles RH. Von Hippel-Lindau Syndrome. In: Pagon RA, Adam MP, Ardinger HH et al, eds. *GeneReviews™ [Internet]*. Seattle, WA: University of Washington, Seattle;1993-2019. Version February 29, 2024. https://www.ncbi.nlm.nih.gov/books/NBK1463/.
60. Nielsen SM, Rhodes L, Blanco I, et al. Von Hippel-lindau Disease: genetics and role of genetic counseling in a Multiple Neoplasia Syndrome. *J Clin Oncol*. 2016;34(18):2172-2181.
61. Rednam SP, Erez A, Druker H, et al. Von Hippel-Lindau and hereditary pheochromocytoma/paraganglioma syndromes: clinical features, genetics, and surveillance recommendations in childhood. *Clin Cancer Res*. 2017;23:e68-e75. doi: 10.1158/1078-0432.CCR-17-0547.
62. Kordes U, Bartelheim K, Modena P, et al. Favorable outcome of patients affected by rhabdoid tumors due to Rhabdoid Tumor Predisposition Syndrome (RTPS). *Pediatr Blood Cancer*. 2014;61(5):919-921. doi:10.1002/pbc.24793.
63. Sredni ST, Tomita T. Rhabdoid Tumor Predisposition Syndrome. *Pediatr Dev Pathol*. 2015;18(1):49-58. doi:10.2350/14-07-1531-MISC.1.
64. Nemes K, Bens S, Bourdeaut F, et al. Rhabdoid tumor predisposition syndrome. In: Pagon RA, Adam MP, Ardinger HH et al, eds. *GeneReviews™ [Internet]*. Seattle, WA: University of Washington, Seattle; 1993-2024. Version May 12, 2022. https://www.ncbi.nlm.nih.gov/books/NBK469816/.
65. Lohmann DR, Gallie BL. Retinoblastoma. In: Pagon RA, Adam MP, Ardinger HH et al, eds. *GeneReviews™ [Internet]*. Seattle, WA: University of Washington, Seattle; 1993-2024. Version September 21, 2023. https://www.ncbi.nlm.nih.gov/books/NBK1452/.
66. Else T, Greenberg S, Fishbein L. Hereditary Paraganglioma-Pheochromocytoma Syndromes. 2008 May 21 [updated 2018 Oct 4]. In: Adam MP, Everman DB, Mirzaa GM, Pagon RA, Wallace SE, Bean LJH, Gripp KW, Amemiya A, editors. GeneReviews® [Internet]. Seattle (WA): University of Washington, Seattle; 1993–2024. PMID: 20301715. Version September 21, 2023. https://www.ncbi.nlm.nih.gov/pubmed/20301715.
67. Gripp KW, Weaver KN. Costello Syndrome. In: Pagon RA, Adam MP, Ardinger HH et al, eds. *GeneReviews™ [Internet]*. Seattle, WA: University of Washington, Seattle; 1999-2024. Version December 21, 2023. https://www.ncbi.nlm.nih.gov/books/NBK1507/.
68. Tabori U, Hansford JR, Achatz MI, et al. Clinical management and tumor surveillance recommendations of inherited mismatch repair deficiency in childhood. *Clin Cancer Res*. 2017;23:e32-e37. doi: 10.1158/1078-0432.CCR-17-0574.
69. Krueger DA, Northrup H. Tuberous sclerosis complex surveillance and management: recommendations of the 2012 International Tuberous Sclerosis Complex Consensus Conference. *Pediatr Neurol*. 2013;49(4):255–265. doi:10.1016/j.pediatrneurol.2013.08.002.
70. Campen CJ, Gutmann DH. Optic pathway gliomas in neurofibromatosis type 1. *J Child Neurol*. 2018;33(1):73–81. doi:10.1177/0883073817739509.
71. Rosser T. Neurocutaneous disorders. *CONTINUUM*. 2018;24(1, Child Neurology):96-129. doi:10.1212/CON000000000000562.
72. Motzer RJ, Jonasch E, Agarwal N, et al. National Comprehensive Cancer Network (NCCN) Guidelines Version 3.2025 – January 9, 2025. Kidney Cancer, available at: https://www.nccn.org/professionals/physician_gls/pdf/kidney.pdf. Referenced with permission from the NCCN Clinical Practice Guidelines in Oncology (NCCN Guidelines™) for Kidney Cancer V3.2025 – 1/9/2025. ©2025 National Comprehensive Cancer Network, Inc. All rights reserved. The NCCN Guidelines™ and illustrations herein may not be reproduced in any form for any purpose without the express written permission of the NCCN. To view the most recent and complete version of the NCCN Guidelines™, go online to NCCN.org.
73. Tuberous Sclerosis Alliance. Diagnosis, surveillance, and management of individuals with tuberous sclerosis complex. Silver Spring, MD. *Tuberous Sclerosus Alliance*; 2014. https://www.tsalliance.org/healthcare-professionals/diagnosis/.
74. Lam H, Siroky BJ, Henske EP. Renal disease in tuberous sclerosis complex: pathogenesis and therapy. *Nat Rev Nephrol*. 2018;14(11):704-706. doi:10.1038/s41581-018-0059-6.
75. Sattler EC, Ortud KS. Birt-Hogg-Dube Syndrome. In: Pagon RA, Adam MP, Ardinger HH et al, eds. GeneReviews™ [Internet]. Seattle, WA: University of Washington, Seattle;1993-2024. Version January 30, 2020. https://www.ncbi.nlm.nih.gov/books/NBK1522/.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

76. Pilarski R, Rai K, Cebulla C, et al. BAP1 Tumor Predisposition Syndrome. In: Pagon RA, Adam MP, Ardinger HH et al, eds. *GeneReviews™ [Internet]*. Seattle, WA: University of Washington, Seattle;1993-2024. Version March 24, 2022. https://www.ncbi.nlm.nih.gov/books/NBK390611/.
77. Gläsker S, Vergauwen E, Koch CA, Kutikov A, Vortmeyer AO. Von Hippel-Lindau disease: current challenges and future prospects. *Onco Targets Ther*. 2020:13;5669-5690. doi:10.2147/OTT.S190753.
78. VHL Alliance. VHLA suggested active surveillance guidelines. Boston, MA. VHL Alliance; 2020. https://www.vhl.org/wp-content/uploads/2020/07/Active-Surveillance-Guidelines-2020-2.pdf.
79. Balis F, Green DM, Armstrong A, et. al. National Comprehensive Cancer Network (NCCN) Guidelines Version 2.2024 – October 25, 2024. Wilms Tumor (Nephroblastoma), available at: https://www.nccn.org/professionals/physician_gls/pdf/wilms_tumor.pdf, Referenced with permission from the NCCN Clinical Practice Guidelines in Oncology (NCCN Guidelines™) for Wilms Tumor (Nephroblastoma) V2.2024 – 10/25/2024. ©2024 National Comprehensive Cancer Network, Inc. All rights reserved. The NCCN Guidelines™ and illustrations herein may not be reproduced in any form for any purpose without the express written permission of the NCCN. To view the most recent and complete version of the NCCN Guidelines™, go online to NCCN.org.
80. Todd K, Kim HK, Szabo S, et. al. Solitary myofibroma preceding the development of multicentric myofibromatosis: A report of two cases with surveillance recommendations. *Pediatr Blood Cancer*. 2020;67(10):e28266. doi:10.1002/pbc.28266.
81. Orbach, D, Bodemer C. Infantile myofibromatosis. *Orphanet*. 2019. https://www.orpha.net/consor/cgi-bin/OC_Exp.php?Lng=GB&Expert=2591
82. National Cancer Institute. *Infantile myofibromatosis*. 2020. https://www.cancer.gov/pediatric-adult-rare-tumor/rare-tumors/rare-soft-tissue-tumors/infantile-myofibromatosis.
83. Tang ER, Khalatbari H, Parisi MT. Utility of 18F-FDG PET/CT in infantile myofibromatosis. *Clin Nucl Med*. 2019;44:676-679. doi:10.1097/RLU.0000000000002627.
84. Evans DGR, Salvador H, Chang VY, et al. Cancer and Central Nervous System Tumor Surveillance in Pediatric Neurofibromatosis 1. *Clin Cancer Res*. 2017;23(12):e46-e53. doi: 10.1158/1078-0432.CCR-17-0589.
85. Gottumukkala RV, Gee MS, Hampilos PJ, et al. Current and Emerging Roles of Whole-Body MRI in Evaluation of Pediatric Cancer Patients . *Radiographics*. 2019;39(2):516-534. doi:10.1148/rg.2019180130.
86. Al-Sarhani H, Gottumukkala RV, Grasparil ADS 2nd, Tung EL, Gee MS, Greer MC. Screening of cancer predisposition syndromes. *Pediatr Radiol*. 2021. doi:10.1007/s00247-021-05023-w.
87. Grasparil AD 2nd, Gottumukkala RV, Greer MC, Gee MS. Whole-Body MRI surveillance of cancer predisposition syndromes: current best practice guidelines for use, performance, and interpretation. *AJR Am J Roentgenol*. 2020;215(4):1002-1011. doi:10.2214/AJR.19.22399.
88. Yang J, Gurudu SR, Koptiuch C, et.al. American Society for Gastrointestinal Endoscopy guideline on the role of endoscopy in familial adenomatous polyposis syndromes. *Gastrointestinal Endoscopy*. 2020;91(5):963-82. doi:10.1016/j.gie.2020.01.028.
89. PDQ® Cancer Genetics Editorial Board. PDQ Birt-Hogg-Dubé Syndrome. Bethesda, MD: National Cancer Institute. Updated 10/30/2023. Available at: https://www.cancer.gov/types/kidney/hp/renal-cell-carcinoma-genetics/bhd-syndrome.
90. Frühwald MC, Nemes K, Boztug H, et al. Current recommendations for clinical surveillance and genetic testing in rhabdoid tumor predisposition: a report from the SIOPE Host Genome Working Group. *Fam Cancer*. 2021;20(4):305-316. doi:10.1007/s10689-021-00229-1.
91. Wolters WPG, Dreijerink KMA, Giles RH, et al. Multidisciplinary integrated care pathway for von Hippel-Lindau disease. *Cancer*. 2022;128(15):2871-2879. doi:10.1002/cncr.34265.
92. Schultz KAP, Williams GM, Kamihara J, et. al. DICER1 and Associated conditions: identification of at-risk individuals and recommended surveillance strategies. *Clin Cancer Res*. 2018;24(10):2251-2261. doi:10.1158/1078-0432.CCR-17-3089.
93. Flanagan M, Cunniff CM. Bloom Syndrome. 2006 Mar 22 [updated 2019 Feb 14]. In: Adam MP, Mirzaa GM, Pagon RA, Wallace SE, Bean LJH, Gripp KW, Amemiya A, editors. GeneReviews®[Internet]. Seattle (WA): University of Washington, Seattle; 1993–2023. PMID: 20301572.
94. Cunniff C, Djavid AR, Carrubba S, et. al. Health supervision for people with Bloom syndrome. *Am J Med Genet A*. 2018;176(9):1872-1881. doi:10.1002/ajmg.a.40374.
95. Taieb D, Jha A, Treglia G, Pacak K. Molecular imaging and radionuclide therapy of pheochromocytoma and paraganglioma in the era of genomic characterization of disease subgroups. Endocr Relat Cancer. 2019;26(11):R627-R652. doi:10.1530/ERC-19-0165.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

96. Amar L, Pacak K, Steichen O, et. al. International consensus on initial screening and follow-up of asymptomatic SDHx mutation carriers. *Nature Reviews Endocrinology*. 2021;17:435-445. doi:10.1038/s41574-021-00492-3.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Pediatric Leukemias (PEDONC-3)

Guideline

Pediatric Leukemia General Considerations (PEDONC-3.1)
Acute Lymphoblastic Leukemia (ALL) (PEDONC-3.2)
Acute Myeloid Leukemia (AML) (PEDONC-3.3)
References (PEDONC-3)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Pediatric Leukemia General Considerations (PEDONC-3.1)

- MRI Brain without and with contrast (CPT® 70553) in individuals exhibiting CNS symptoms
  - CT Head without or with contrast (CPT® 70450 or CPT® 70460) is indicated for urgent concerns where MRI would delay care (i.e., suspected CNS bleeding)
  - Imaging due to CSF tumor burden has not been shown to improve the detection of CNS involvement compared with CSF alone
- See: **Hematopoietic Stem Cell Transplantation (ONC-29)** for imaging guidelines related to transplant

Background and Supporting Information

- The overwhelming majority of leukemias occurring in children are acute. Chronic myelogenous leukemia (CML) is rare in children, and the occurrence of chronic lymphocytic leukemia (CLL) appears to have only been reported once in pediatric individuals to date
- Routine advanced imaging is not indicated in the evaluation and management of chronic myeloid leukemia in the absence of specific localizing clinical symptoms or clearance for hematopoietic stem cell transplantation

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Acute Lymphoblastic Leukemia (ALL) (PEDONC-3.2)

ONCP.LE.0003.2.A

v2.0.2025

- Individuals with B-precursor or T-cell lymphoblastic lymphoma without bone marrow involvement are treated similarly to leukemia individuals of the same cell type and should be imaged according to this guideline section
- This section does not apply to individuals with mature B-cell histology (primarily Burkitt's in children). Please refer to **Pediatric Aggressive Mature B-Cell Non-Hodgkin Lymphomas (NHL) (PEDONC-5.3)** for guidelines for these individuals
- Scrotal Ultrasound CPT® 76870 and/or doppler ultrasound of the scrotum CPT® 93975 or 93976 may be approved for suspected testicular involvement.
- Chest x-ray should be performed to evaluate for mediastinal mass in suspected cases or upon initial diagnosis.
  - CT Chest with contrast (CPT® 71260) immediately to evaluate for airway compression and anesthesia safety prior to attempting histologic diagnosis if mediastinal widening is seen on chest x-ray
  - Individuals with known or strongly suspected T-cell histology or other suspected lymphoblastic lymphoma involvement EITHER of the following for initial staging purposes:
    - CT Neck (CPT® 70491), CT Chest (CPT® 71260) and CT Abdomen and Pelvis (CPT® 74177) with contrast OR
    - PET/CT (CPT® 78816)
    - Indications and coding for rare circumstances where PET/MRI may be approved are found in **PET Imaging in Pediatric Oncology (PEDONC-1.4)**
- MRI Brain without and with contrast (CPT® 70553) for individuals exhibiting CNS symptoms.
  - Imaging due to CSF tumor burden has not been shown to improve the detection of CNS involvement compared with CSF alone.
    - CT Head without or with contrast (CPT® 70450 or CPT® 70460) is indicated for urgent concerns where MRI would delay care (i.e., suspected CNS bleeding)

Additional imaging in lymphoblastic lymphoma/lymphomatous extramedullary disease:

- CT to assess response to therapy **only** for individuals with known bulky nodal disease (usually with T-cell histology) at the end of induction (4 to 6 weeks). Individuals with residual masses can be evaluated with every new therapy phase (Consolidation,

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Interim maintenance, etc., generally every 8 to 12 weeks) until disease resolution is seen
- PET/CT (CPT® 78815) when residual mass ≥8 mm in diameter is present on recent CT imaging **and** immediate radiation or chemotherapy plan will be based on results.
  - Residual mass of any size with no PET-avidity is considered a complete response at the extranodal/lymphomatous site.
- Chest x-ray or Abdominal ultrasound (CPT® 76700) **only**, as indicated by site(s) of bulky disease present at diagnosis, for further surveillance, once CT imaging shows no evidence of disease.
- CT of all involved bulky nodal areas individuals with persistent residual masses performed as part of an end of therapy evaluation

Immunosuppression during ALL therapy:

- CT or MRI requests for infectious disease concerns for individuals with ALL with:
  - Absolute neutrophil count (ANC) <500 or
  - Inconclusive findings on chest x-ray **or** ultrasound at any ANC during active treatment
- Individuals with ALL are severely immunocompromised during the first 4 to 6 weeks of treatment (induction) and any conventional imaging request to evaluate for infectious complications during this time frame should be approved immediately
- MRA/MRV of the head (CPT® 70544, 70545, or 70546)
  - To rule out bleeding associated with sinus venous thrombosis in individuals treated with asparaginase

Imaging during therapy for relapsed ALL:

- Frequent CT or MRI imaging may be indicated to evaluate known or suspected new sites of invasive fungal or other aggressive infections
- Surveillance imaging of asymptomatic individuals to detect invasive fungal infection **only** when acute clinical decisions will be made based on the imaging

Imaging of known or suspected osteonecrosis in ALL:

- MRI without contrast or without and with contrast of the affected joint(s) with symptoms suggesting osteonecrosis
  - CT without contrast can be approved when MRI is contraindicated or unavailable, or for diagnosis of suspected subchondral fracture
- MRI Bilateral Hips (CPT® 73721 or CPT® 73723 with modifier -50) once at 6 to 9 months after diagnosis for individuals age ≥11 years
- Repeat MRI without contrast of the affected joint(s) every 2 cycles of maintenance (every 6 months) if reintroduction of corticosteroids is being considered in individuals whose symptoms have resolved and are still receiving active treatment

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

- MRI without contrast of the affected joint(s) for preoperative planning for individuals undergoing core decompression
- See: **Osteonecrosis In Long Term Cancer Survivors (PEDONC-19.4)** for information on osteonecrosis in ALL individuals who have completed therapy

Background and Supporting Information

- The majority of individuals with ALL have B-precursor ALL and routine advanced imaging is not necessary.
- Individuals with ALL who relapse are treated with very intensive chemotherapy regimens and most spend the majority of their chemotherapy treatment phase in the hospital
- Individuals may have therapy-induced hypogammaglobulinemia which requires supplemental intravenous immune globulin (IVIG) during maintenance therapy. Those receiving supplemental IVIG should be treated similarly to individuals with ANC <500 with regards to imaging for infectious disease
- Osteonecrosis (ON) in individuals with ALL is a relatively common complication of ALL and its treatment, primary corticosteroids. Approximately 3% of younger children and 12 to 15% of adolescents are affected by ON at some point during therapy. The peak incidence occurs approximately one year from the time of diagnosis
- Screening MRI of asymptomatic individuals age ≤10 years to detect osteonecrosis has not been shown to impact individual outcomes, and it is not standard to alter treatment based on imaging findings alone without symptoms
- If osteonecrosis is detected on initial MRI, corticosteroids are often withheld during maintenance chemotherapy (but continued in earlier phases of therapy).

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Acute Myeloid Leukemia (AML) (PEDONC-3.3)

- Frequent CT or MRI imaging may be indicated to evaluate known sites of invasive fungal infection
- Surveillance imaging of asymptomatic individuals to detect invasive fungal infection **only** when acute clinical decisions will be made based on the imaging
- Advanced imaging may be approved on a case-by-case basis for rare individuals with bulky tumor masses (commonly referred to as chloromas, leukemic sarcomas, or myeloid sarcomas) noted on physical examination or other imaging such as plain film or ultrasound

Background and Supporting Information

- The majority of AML individuals do not have any bulky disease and routine advanced imaging is not necessary
- AML individuals are treated with very intensive chemotherapy regimens and spend the majority of their chemotherapy treatment phase in the hospital

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

References (PEDONC-3)

v2.0.2025

1. Inaba H, Teachey D, Annesley C, et al. National Comprehensive Cancer Network (NCCN) Guidelines Version 1.2025—August 28, 2024, Pediatric Acute Lymphoblastic Leukemia, available at: https://www.nccn.org/professionals/physician_gls/pdf/ped_all.pdf. Referenced with permission from the NCCN Clinical Practice Guidelines in Oncology (NCCN Guidelines™) for Pediatric Acute Lymphoblastic Leukemia V1.2025 08/28/2024. ©2024 National Comprehensive Cancer Network, Inc. All rights reserved. The NCCN Guidelines™ and illustrations herein may not be reproduced in any form for any purpose without the express written permission of the NCCN. To view the most recent and complete version of the NCCN Guidelines™, go online to NCCN.org.
2. Ranta S, Palomäki M, Levinsen M, et al. Role of neuroimaging in children with Acute Lymphoblastic Leukemia and central nervous system involvement at diagnosis. *Pediatr Blood Cancer*. 2016;64:64-70. doi:10.1002/pbc.26182/epdf.
3. Pui C-H, Yang JJ, Hunger SP, et al. Childhood Acute Lymphoblastic Leukemia: progress through collaboration. *J Clin Oncol*. 2015;33(27):2938-2948. doi: 10.1200/JCO.2014.59.1636.
4. Kawedia JD, Kaste SC, Pei D, et al. Pharmacokinetic, pharmacodynamic, and pharmacogenetic determinants of osteonecrosis in children with acute lymphoblastic leukemia. *Blood Journal*. 2011;117(8):2340-2347. doi:10.1182/blood-2010-10-311969.
5. Marcucci G, Beltrami G, Tamburini A, et al. Bone health in childhood cancer: review of the literature and recommendations for the management of bone health in childhood cancer survivors. *Ann Oncol* .2019;30:908-920. doi:10.1093/annonc/mdz120.
6. Vora A. Management of osteonecrosis in children and young adults with acute lymphoblastic leukaemia. *Br J Haematol*. 2011;155(5):549-560. doi:10.1111/j.1365-2141.2011.08871.x.
7. Kaste SC, Pei D, Cheng C, et al. Utility of early screening magnetic resonance imaging for extensive hip osteonecrosis in pediatric patients treated with glucocorticoids. *J Clin Oncol*. 2015;33(6):610-615. doi:10.1200/JCO.2014.57.5480.
8. Niinimäki T, Harila-Saari A, Niinimäki R. The diagnosis and classification of osteonecrosis in patients with childhood Leukemia. *Pediatr Blood Cancer*. 2015;62(2):198-203. doi:10.1002/pbc.25295.
9. Murphey MD, Roberts CC, Bencardino JT, et al. Osteonecrosis of the hip. ACR Appropriateness Criteria® 2015;1-12. https://acsearch.acr.org/docs/69420/Narrative/.
10. Karol SE, Mattano LA, Yang W, et al. Genetic risk factors for the development of osteonecrosis in children under age 10 treated for acute lymphoblastic leukemia. *Blood Journal*. 2016;127(5):558-564. doi:10.1182/blood-2015-10-673848.
11. Chavhan GB, Babyn PS, Nathan PC, et al. Imaging of acute and subacute toxicities of cancer therapy in children. *Pediatr Radiol*. 2016;46(1):9-20. doi:10.1007/s00247-015-3454-1.
12. Lauer M, Kernen E, Schwabe D, Lehrnbecher T, Porto L. The role of magnetic resonance imaging in the diagnosis of central nervous system involvement in children with acute lymphoblastic leukemia. *Pediatr Blood Cancer*. 2020;e28294. doi:10.1002/pbc.28294.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

CNS Tumors (PEDONC-4)

Guideline

CNS Tumors General Considerations (PEDONC-4.1)
CNS Low Grade Gliomas (LGG) (PEDONC-4.2)
CNS High Grade Gliomas (HGG) (PEDONC-4.3)
Medulloblastoma (MDB), Other CNS Embryonal Tumors, and Pineoblastoma (PEDONC-4.4)
Atypical Teratoid/Rhabdoid Tumors (ATRT) (PEDONC-4.5)
Pineocytomas and Pineal Parenchymal Tumors (PEDONC-4.6)
CNS Germinomas and Non-Germinomatous Germ Cell Tumors (NGGCT) (PEDONC-4.7)
Ependymal Tumors (Ependymoma) (PEDONC-4.8)
Malignant Tumors of the Spinal Cord (PEDONC-4.9)
Craniopharyngioma and Other Tumors of the Sellar Region (PEDONC-4.10)
Primary CNS Lymphoma (PEDONC-4.11)
Meningiomas (PEDONC-4.12)
Choroid Plexus Tumors (PEDONC-4.13)
References (PEDONC-4)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

CNS Tumors General Considerations (PEDONC-4.1)

ONCP.CT.0004.1.A

v2.0.2025

- The classification of pediatric central nervous tumors has recently been revised to incorporate molecular biomarkers in addition to histology, immunohistochemical results and ultrastructure characteristics. The changes in nomenclature are incorporated in these guidelines[50].
- Central nervous system tumors are the second most common form of childhood cancer, accounting for ~20% of all pediatric malignancies

Red Flag Symptoms Raising Suspicion for CNS Tumors Include:
Any headache complaint from a child age ≤5 years
Headaches awakening from sleep
Focal findings on neurologic exam
Clumsiness (common description of gait or coordination problems in young children)
Headaches associated with morning nausea/vomiting
New onset of seizure activity with focal features
Papilledema on physical exam
Loss of developmental milestones (infants and young children)

MRI Considerations

- MRI is the preferred imaging modality for all pediatric CNS tumors
  - MRI Brain without and with contrast (CPT® 70553) is the primary imaging study for pediatric brain tumors
  - MRI Brain without contrast (CPT® 70551) if requested for initial evaluation of suspected CNS tumor for children able to undergo MRI without sedation
  - Initial MRI should be performed without and with contrast in order to avoid a second anesthesia exposure in younger children requiring sedation for MRI

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

- MRI Spine with contrast only (Cervical-CPT® 72142, Thoracic-CPT® 72147, Lumbar-CPT® 72149) can be substituted where MRI Spine without and with contrast is indicated, if being performed immediately following a contrast-enhanced MRI Brain
- Functional MRI (CPT® 70555 or CPT® 70554) is indicated to depict spatial relationships between eloquent cortex and neoplasms for preoperative planning and to promote safe resections (following baseline MRI Brain).
- MRI Orbits without and with contrast (CPT® 70543) is indicated in individuals who present with papilledema, altered vision, strabismus, nystagmus, anisocoria, proptosis, ocular cranial nerve palsies, coloboma, or leukocoria.

CT Considerations

- CT for evaluation of ventriculomegaly or other operative considerations, or for children who cannot undergo MRI safely
  - CT for evaluation of headaches related to head trauma or evaluation of skull or facial bone abnormalities
  - Post-contrast CT is generally not indicated
- CT is not a recommended study for evaluation of pediatric headache when brain tumor is clinically suspected because of its limited diagnostic accuracy in this area. MRI should be used as first line imaging in these cases
- CT should not be used in place of MRI to avoid sedation in young children when red flag symptoms for CNS tumors are present

MRA/CTA and Perfusion Studies

- MRA or CTA **only** for preoperative planning or to clarify inconclusive findings on MRI or CT
- CT and MRI Perfusion
  - See: **CT or MRI Perfusion (HD-24.5)** in the Head Imaging guidelines

MR Spectroscopy (MRS, CPT® 76390)

- MRS is **only** supported for use in brain tumors of specified histologies where diagnostic accuracy has been established in peer-reviewed literature
  - See diagnosis-specific guidelines for MRS indications
- MRS is considered not medically necessary for all other histologies and indications not listed in a diagnosis-specific guideline section
- MR spectroscopy is not indicated for routine surveillance

PET Brain Imaging (CPT® 78608 and CPT® 78609)

- PET Brain Metabolic imaging (CPT® 78608) is **only** supported for use in brain tumors of specified histologies where diagnostic accuracy has been established in peer-reviewed literature

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

    - See diagnosis-specific guidelines for PET indications
- PET Brain Metabolic is not indicated for routine surveillance
- PET Brain Metabolic imaging is considered not medically necessary for all other histologies and indications not listed in a diagnosis-specific guideline section
- PET Brain Perfusion imaging (CPT® 78609) is not indicated in the evaluation or management of primary CNS tumors
- Fusion PET/CT studies (CPT® 78814, CPT® 78815, or CPT® 78816) are not indicated in the evaluation or management of primary CNS tumors

Timing and Frequency of Imaging

- Definitive imaging should be completed prior to considering biopsy given the high degree of morbidity associated with operating on the CNS
    - Occasionally biopsy is not necessary because the imaging findings provide a definitive diagnosis
        - Examples include diffuse intrinsic pontine glioma and optic pathway gliomas in an individual with known neurofibromatosis
- Perioperative imaging frequency
    - Children may undergo very frequent imaging in the immediate perioperative period around resection or debulking of a CNS tumor due to the small anatomic spaces involved
        - Requests for imaging during this time period to specifically evaluate postoperative course or ventriculoperitoneal shunt functioning should, in general, be approved as requested
    - MRI Brain without and with contrast (CPT® 70553) one time in the immediate preoperative period (even if another study has already been completed) to gain additional information which can be important in optimizing individual outcomes, such as:
        - Completion of additional specialized MRI sequences such as diffusion-tensor imaging
        - Perfusion imaging (CPT® 70553, 70551 OR 70552)
        - Tractography
        - Other sequences not reported under a separate CPT® code but not part of a routine MRI Brain series
    - Repeat MRI Brain that is being requested solely for loading into operative navigation software should not be requested as a diagnostic code but can be approved under a treatment planning code (CPT® 76498).
    - Clinical note: for all pediatric CNS tumors, cerebrospinal fluid pathology positive for malignancy is considered leptomeningeal/spinal disease.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

CNS Low Grade Gliomas (LGG) (PEDONC-4.2)

ONCP.CT.0004.2.A

v2.0.2025

- MR Spectroscopy and PET Brain Metabolic are not indicated for routine surveillance
- MRI is generally superior to CT for staging and restaging CNS malignancies, but CT may be approved in accordance with these guidelines where MRI is contraindicated.

Indication	Imaging Study
Initial staging of all LGG	• MRI Brain without and with contrast (CPT® 70553) • MRI Spine without and with contrast (Cervical-CPT® 72156, Thoracic-CPT® 72157, Lumbar-CPT® 72158) • MRI Orbits without and with contrast (CPT® 70543) is indicated in addition to the above studies for individuals presenting with visual signs or symptoms as listed in **PEDONC-4.1**
• At any time, for ANY of the following: ◦ For rapid assessment in the acute setting ◦ Evaluation of acute intracranial hemorrhage ◦ Evaluation of ventriculomegaly ◦ Evaluation of shunt-related issues	• CT Head without contrast (CPT® 70450)
• ANY of the following: ◦ Determining the need for biopsy when transformation to high grade glioma is suspected based on clinical symptoms or recent MRI findings ◦ Evaluation of a brain lesion of indeterminate nature when the PET findings will be used to determine whether biopsy/resection can be safely postponed	• PET Brain Metabolic imaging (CPT® 78608)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Indication	Imaging Study
• ANY of the following: ◦ Distinguish low grade from high grade gliomas ◦ Evaluate a brain lesion of indeterminate nature when the MRS findings will be used to determine whether biopsy/resection can be safely postponed ◦ Distinguish radiation-induced tumor necrosis from progressive disease within 18 months of completing radiotherapy	• MR Spectroscopy (MRS, CPT® 76390)
Baseline imaging after resection, to assess degree of resection	• MRI Brain without and with contrast (CPT® 70553) • MRI with and without contrast at level of resected spinal site • If orbital resection, MRI Orbits without and with contrast (CPT® 70543)
Treatment response at the completion of radiotherapy	• MRI Brain without and with contrast (CPT® 70553) • MRI with and without contrast at level of irradiated spinal site • If prior orbital involvement, MRI Orbits without and with contrast (CPT® 70543)
Treatment response on chemotherapy	• MRI Brain without and with contrast (CPT® 70553) approved every 2 cycles during active treatment and at the end of planned chemotherapy • If prior orbital involvement, MRI Orbits without and with contrast (CPT® 70543)
Additional treatment response imaging during induction chemotherapy for individuals with measurable spinal cord disease on MRI	• MRI Spine without and with contrast (Cervical-CPT® 72156, Thoracic-CPT® 72157, Lumbar-CPT® 72158) every 2 cycles

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Indication	Imaging Study
Surveillance, including individuals with unresected disease on observation only	• For individuals with intracranial primary: ◦ MRI Brain without and with contrast (CPT® 70553) every 3 months for 2 years, then every 6 months for 3 years, then annually thereafter. ◦ If prior orbital involvement, MRI Orbits without and with contrast (CPT® 70543) ◦ MRI Spine is not indicated during surveillance in individuals without prior history of spinal involvement except to evaluate symptoms suspicious for spinal cord recurrence • For individuals with a history of spine primary tumor or metastatic spinal involvement: ◦ MRI Spine without and with contrast (Cervical-CPT® 72156, Thoracic-CPT® 72157, Lumbar-CPT® 72158) every 3 months for 2 years, then every 6 months for 3 years, then annually thereafter
Surveillance imaging for individuals with optic pathway glioma and a history of NF1	• Every 3 months for 2 years, then every 6 months for 3 years, then annually thereafter: ◦ MRI Brain without and with contrast (CPT® 70553) and ◦ MRI Orbits without and with contrast (CPT® 70543)
Suspected intracranial or intraspinal recurrence	• All imaging supported in initial staging criteria may be repeated

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Background and Supporting Information

Includes the following tumors:
• Pediatric-type diffuse low-grade gliomas ◦ Diffuse astrocytoma, MYB- or MYBL1-altered ◦ Angiocentric glioma ◦ Polymorphus low-grade neuroepithelial tumor of the young ◦ Diffuse low-grade glioma, MAPK pathway-altered • Circumscribed astrocytic gliomas ◦ Pilocytic astrocytoma ◦ High-grade astrocystoma with piloid features ◦ Pleomorphic xanthoastrocytoma ◦ Subependymal giant cell astrocystoma (SEGA) ◦ Choroid glioma ◦ Astroblastoma, MN • Glioneuronal and neuronal tumors ◦ Ganglioglioma ◦ Desmoplastic infantile ganglioglioma/desmoplastic infantile astrocystoma ◦ Dysembryoplastic neuroepithelial tumor ◦ Diffuse glioneuronal tumor with oligodendroglioma-like features and nuclear clusters ◦ Papillary glioneuronal tumor ◦ Rosette-forming glioneuronal tumor ◦ Myxoid glioneuronal tumor ◦ Diffuse leptomeningeal glioneuronal tumor ◦ Gangliocytoma ◦ Multinodular and vacuolating neuronal tumor ◦ Dysplastic cerebellar gangliocytoma (Lhermitte-Duclos disease) ◦ Central neurocytoma ◦ Extraventricular neurocytoma ◦ Cerebellar liponeurocytoma • Any other glial tumor with a WHO grade I or II classification

General Considerations:

- Account for 40 to 60% of pediatric CNS tumors.
- These tumors are defined as having a WHO grade of I or II (out of IV), can occur anywhere in the CNS

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Treatment Considerations:

- Children with neurofibromatosis and small optic pathway tumors may not undergo biopsy or resection and will proceed directly to treatment or surveillance
- Children on observation without specific treatment should be imaged according to surveillance guidelines for LGG
- Individuals who undergo complete resection should be imaged according to surveillance guidelines after post-resection imaging
- Individuals age >10 years with incompletely resected tumors usually receive adjuvant radiation therapy
- Individuals age ≤10 years with incompletely resected tumors are commonly treated with chemotherapy

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

CNS High Grade Gliomas (HGG) (PEDONC-4.3)

ONCP.CT.0004.3.A
v2.0.2025

Indication	Imaging Study
Initial staging of all HGG	• MRI Brain without and with contrast (CPT® 70553) • MRI Spine without and with contrast (Cervical-CPT® 72156, Thoracic-CPT® 72157, Lumbar-CPT® 72158) • 3D rendering may be approved as requested for initial staging
• At any time, for ANY of the following: ◦ For rapid assessment in the acute setting ◦ Evaluation of acute intracranial hemorrhage ◦ Evaluation of ventriculomegaly ◦ Evaluation of shunt-related issues	• CT Head without contrast (CPT® 70450)
• ANY of the following: ◦ Distinguishing radiation-induced tumor necrosis from progressive disease within 18 months of completing radiotherapy ◦ Evaluating inconclusive MRI findings when the PET findings will be used to determine need for biopsy or change in therapy, including a change from active therapy to surveillance ◦ Evaluation of a brain lesion of indeterminate nature when the PET findings will be used to determine whether biopsy/resection can be safely postponed	• PET Brain Metabolic Imaging (CPT® 78608)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Indication	Imaging Study
• ANY of the following: ◦ To distinguish low grade from high grade gliomas ◦ To evaluate a brain lesion of indeterminate nature when the MRS findings will be used to determine whether biopsy/resection can be safely postponed ◦ To distinguish radiation-induced tumor necrosis from progressive disease within 18 months of completing radiotherapy	• MR Spectroscopy (MRS, CPT® 76390)
• To depict spatial relationships between eloquent cortex and tumor prior to resection	• Functional MRI (fMRI) (CPT® 70544 or CPT® 70555)
Baseline imaging following resection, to assess degree of resection	• MRI Brain without and with contrast (CPT® 70553) • MRI Spine without and with contrast of resected area, or whole spine if requested (Cervical-CPT® 72156, Thoracic-CPT® 72157, Lumbar-CPT® 72158)
Treatment response at the completion of radiotherapy	• MRI Brain without and with contrast (CPT® 70553) • MRI Spine without and with contrast of irradiated area, or whole spine if requested (Cervical-CPT® 72156, Thoracic-CPT® 72157, Lumbar-CPT® 72158)
Treatment response on chemotherapy	• MRI Brain without and with contrast (CPT® 70553) every 2 cycles during active treatment and at the end of planned chemotherapy

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Indication	Imaging Study
Additional treatment response imaging during induction chemotherapy for individuals with measurable spinal cord disease on MRI	• MRI Spine without and with contrast (Cervical-CPT® 72156, Thoracic-CPT® 72157, Lumbar-CPT® 72158) every 2 cycles
Signs or symptoms of recurrence or progression	• MRI Brain without and with contrast (CPT® 70553) • MRI Spine without and with contrast (Cervical-CPT® 72156, Thoracic-CPT® 72157, Lumbar-CPT® 72158)
Surveillance	• For individuals with intracranial primary: ◦ MRI Brain without and with contrast (CPT® 70553) every 2 months for 1 year, then every 3 months thereafter ◦ MRI Spine is not indicated during surveillance in individuals without prior history of spinal involvement except to evaluate symptoms suspicious for spinal cord recurrence • For individuals with a history of spine primary tumor or metastatic spinal involvement: ◦ MRI Spine without and with contrast (Cervical-CPT® 72156, Thoracic-CPT® 72157, Lumbar-CPT® 72158) every 2 months for 1 year, then every 3 months thereafter • For both brain and spine disease, imaging above may be complemented by MR perfusion and/or MR spectroscopy studies if requested.
Suspected intracranial or intraspinal recurrence	• All imaging supported for initial staging may be repeated
Suspected spinal cord recurrence	• MRI Spine without and with contrast (Cervical-CPT® 72156, Thoracic-CPT® 72157, Lumbar-CPT® 72158)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Background and Supporting Information

Includes the following tumors:
• Diffuse midline glioma, H3 K27-altered • Diffuse hemispheric glioma, H3 G34-mutant • Diffuse pediatric-type high-grade glioma, H3-wildtype and IDH-wildtype • Infant-type hemispheric glioma • Any other glial tumor with a WHO grade of III or IV classification

General Considerations:

- Rare in children compared with the adult population, but represent 10% to 20% of pediatric CNS tumors
- Prognosis is very poor, and survival significantly beyond 3 years from diagnosis is rare, even with complete surgical resection at initial diagnosis
- These tumors are defined as having a WHO histologic grade of III or IV (out of IV) can occur anywhere in the CNS (though the majority occur in the brain)

Treatment Considerations:

- Individuals who undergo complete resection should be imaged according to surveillance guidelines after post-resection imaging
- Individuals with incompletely resected tumors are commonly treated with chemotherapy

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Medulloblastoma (MDB), Other CNS Embryonal Tumors, and Pineoblastoma (PEDONC-4.4)

ONCP.CT.0004.4.A

v2.0.2025

- MR Spectroscopy and PET Brain Metabolic are not indicated for routine surveillance

Indication	Imaging Study
Initial staging for all individuals, preoperatively	• MRI Brain without and with contrast (CPT® 70553) • MRI Spine without and with contrast (Cervical-CPT® 72156, Thoracic-CPT® 72157, Lumbar-CPT® 72158)
• At any time, for ANY of the following: ◦ For rapid assessment in the acute setting ◦ Evaluation of acute intracranial hemorrhage ◦ Evaluation of ventriculomegaly ◦ Evaluation of shunt-related issues	• CT Head without contrast (CPT® 70450)
• ANY of the following: ◦ To distinguish radiation-induced tumor necrosis from progressive disease within 18 months of completing radiotherapy ◦ To evaluate inconclusive MRI findings when the PET findings will be used to determine need for biopsy or change in therapy, including a change from active therapy to surveillance ◦ To evaluate a brain lesion of indeterminate nature when the PET findings will be used to determine whether biopsy/resection can be safely postponed	• PET Brain Metabolic Imaging (CPT® 78608)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Indication	Imaging Study
• ANY of the following: ◦ To evaluate a brain lesion of indeterminate nature when the MRS findings will be used to determine whether biopsy/resection can be safely postponed	• MR Spectroscopy (CPT® 76390)
Postoperative (preferably within 48 hours of surgery) to quantify residual tumor volume	• MRI Brain without and with contrast (CPT® 70553) • MRI Spine without and with contrast (Cervical-CPT® 72156, Thoracic (CPT® 72157, Lumbar-CPT® 72158) is indicated if spinal disease was resected
Within 28 days post-op, if spinal imaging was not performed preoperatively	• MRI Spine without and with contrast (Cervical-CPT® 72156, Thoracic-CPT® 72157, Lumbar-CPT® 72158)
Treatment response	• At the start of adjuvant chemotherapy and every 2 cycles until therapy is completed: ◦ MRI Brain without and with contrast (CPT® 70553) ◦ MRI Spine without and with contrast (Cervical-CPT® 72156, Thoracic CPT® 72157, Lumbar-CPT® 72158)
Children age <3 years treated with multiple cycles of high dose chemotherapy with autologous stem cell rescue in lieu of radiotherapy	• Disease evaluations (imaging per treatment response guidelines) may occur prior to each cycle (every 4 to 6 weeks) if needed for response determination.
End of treatment evaluation	• MRI Brain without and with contrast (CPT® 70553) • MRI Spine with contrast (Cervical-CPT® 72142, Thoracic-CPT® 72147, Lumbar-CPT® 72149) or MRI Spine without and with contrast (Cervical-CPT® 72156, Thoracic-CPT® 72157, Lumbar-CPT® 72158)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Indication	Imaging Study
Signs or symptoms of recurrence or progression	• MRI Brain without and with contrast (CPT® 70553) • MRI Spine without and with contrast (Cervical-CPT® 72156, Thoracic-CPT® 72157, Lumbar-CPT® 72158)
Surveillance	• Every 3 months for 2 years, then every 6 months for 3 years: ◦ MRI Brain without and with contrast (CPT® 70553) ◦ MRI Spine without and with contrast (Cervical-CPT® 72156, Thoracic-CPT® 72157, Lumbar-CPT® 72158) • Further imaging only for signs and symptoms of recurrence • For additional imaging guidelines for individuals in long term follow up after CNS tumor treatment that included radiation therapy, see: **Second Malignant Neoplasms (SMN) (PEDONC-19.3)**

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Background and Supporting Information

Includes the Following Tumors:
• Medulloblastoma ◦ Molecularly-defined Medulloblastoma ▪ WNT-activated Medulloblastoma ▪ SHH-activated and TP53-wildtype Medulloblastoma ▪ SHH-activated and TP53-mutant Medulloblastoma ▪ Non-WNT/Non-SHH ◦ Medulloblastoma, histologically defined • Other CNS Embryonal Tumors (previously supratentorial primitive neuro-ectodermal tumors) ◦ CNS embryonal tumor ◦ Cribriform neuroepithelial tumor ◦ Embryonal tumor with multilayered rosettes ◦ CNS neuroblastoma ◦ FOXR2-activated CNS tumor with BCOR internal tandem duplication • Pineoblastoma
Risk Assessment is Important in Determining Optimal Treatment **High-Risk Features Include the Following:**
• Spinal metastasis (including cytology positive only) • Multifocal intracranial tumors • Anaplastic histology • All other CNS embryonal tumors and pineoblastomas • > 1.5 cm^2 residual tumor area on postoperative MRI and age <3 years
Individuals without any high-risk features are considered "Average Risk"

General Considerations:

- Account for 15% to 25% of pediatric CNS tumors
- Prognosis is generally favorable
- Leptomeningeal spread is common and can occur after initial diagnosis

Treatment Considerations:

- Individuals generally proceed to chemoradiotherapy within 31 days of surgical resection

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

- All individuals receive adjuvant chemotherapy lasting 6 to 12 months that begins ~6 weeks after completion of chemoradiotherapy

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Atypical Teratoid/Rhabdoid Tumors (ATRT) (PEDONC-4.5)

ONCP.CT.0004.5.A

v2.0.2025

- PET Brain Metabolic does not have a defined role in the evaluation of ATRT at this time
- MR Spectroscopy is not indicated for routine surveillance

Indication	Imaging Study
Initial staging for all individuals, preoperatively	• MRI Brain without and with contrast (CPT® 70553) • MRI Spine without and with contrast (Cervical-CPT® 72156, Thoracic-CPT® 72157, Lumbar-CPT® 72158) • Renal US (CPT® 76770) ◦ If renal US is abnormal, refer to: **Malignant Rhabdoid Tumor of the Kidney (MRT) and Other Extracranial Sites (PEDONC-7.6)**
• At any time, for ANY of the following: ◦ For rapid assessment in the acute setting ◦ Evaluation of acute intracranial hemorrhage ◦ Evaluation of ventriculomegaly ◦ Evaluation of shunt-related issues	• CT Head without contrast (CPT® 70450)
Evaluation of a brain lesion of indeterminate nature when the MRS findings will be used to determine whether biopsy/resection can be safely postponed	• MR Spectroscopy (CPT® 76390)
Postoperative (preferably within 48 hours of surgery) to quantify residual tumor volume	• MRI Brain without and with contrast (CPT® 70553)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Indication	Imaging Study
Within 28 days post-op, if spinal imaging was not performed preoperatively	• MRI Spine without and with contrast (Cervical-CPT® 72156, Thoracic-CPT® 72157, Lumbar-CPT® 72158)
Treatment response to induction chemotherapy	• After every 2 cycles: ◦ MRI Brain without and with contrast (CPT® 70553) ◦ MRI Spine without and with contrast (Cervical-CPT® 72156, Thoracic-CPT® 72157, Lumbar-CPT® 72158)
Individuals treated with consolidation chemotherapy and autologous stem cell rescue	• Disease evaluation is indicated following the end of the planned stem cell rescues but may occur prior to each cycle (every 4 to 6 weeks) if needed for response determination
End of treatment evaluation	• MRI Brain without and with contrast (CPT® 70553) • MRI Spine without and with contrast (Cervical-CPT® 72156, Thoracic-CPT® 72157, Lumbar-CPT® 72158)
Signs or symptoms of recurrence or progression	• MRI Brain without and with contrast (CPT® 70553) • MRI Spine without and with contrast (Cervical-CPT® 72156, Thoracic-CPT® 72157, Lumbar-CPT® 72158)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Indication	Imaging Study
Surveillance	• Every 3 months for 2 years, then every 6 months for 3 years, then annually for 10 years: ◦ MRI Brain without and with contrast (CPT® 70553) ◦ MRI Spine without and with contrast (Cervical-CPT® 72156, Thoracic-CPT® 72157, Lumbar-CPT® 72158) • For additional imaging guidelines for individuals in long term follow up after CNS tumor treatment that included radiation therapy, see: **Second Malignant Neoplasms (SMN) (PEDONC-19.3)**

Background and Supporting Information

General Considerations:

- Highly aggressive tumor occurring primarily in very young children that has a clinical presentation very similar to medulloblastoma with a much higher rate of leptomeningeal spread.
- Metastases can occur outside the CNS, and associated tumors can also arise in the kidneys (Malignant Rhabdoid Tumor of the Kidney, MRT).
  - Rhabdoid malignancies occurring outside the CNS should be imaged according to **Malignant Rhabdoid Tumor of the Kidney (MRT) and Other Extracranial Sites (PEDONC-7.6)**.
- Overall prognosis is poor, with <20% of individuals surviving beyond 2 years from diagnosis.
- Individuals generally proceed to induction chemotherapy shortly following surgical resection or biopsy.
- Following completion of chemotherapy some individuals will proceed to radiotherapy.
  - MRI performed at the end of consolidation therapy should serve as the diagnostic MRI prior to radiotherapy.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Pineocytomas and Pineal Parenchymal Tumors (PEDONC-4.6)

- PET Brain Metabolic imaging and MR Spectroscopy do not have a defined role in the evaluation of pineocytoma

Indication	Imaging Study
Initial staging for all individuals	• MRI Brain without and with contrast (CPT® 70553)
• Additional initial staging imaging for individuals with: ◦ Multicentric tumors ◦ Atypical histology including pineoblastoma-like elements (grade 2 or 3 pineal parenchymal tumor which have not been considered a pineoblastoma) ◦ Clinical signs or symptoms suggesting spinal cord involvement	• MRI Spine without and with contrast (Cervical-CPT® 72156, Thoracic-CPT® 72157, Lumbar-CPT® 72158)
Baseline imaging following resection	• MRI Brain without and with contrast (CPT® 70553)
End of radiotherapy	• MRI Brain without and with contrast (CPT® 70553)
Additional imaging at end of radiotherapy for individuals with measurable spinal cord disease on MRI	• MRI Spine without and with contrast (Cervical-CPT® 72156, Thoracic-CPT® 72157, Lumbar-CPT® 72158)
Surveillance	• MRI Brain without and with contrast (CPT® 70553) every 3 months for 1 year, then every 4 months for 1 year, then every 6 months for 1 year, then annually thereafter

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Indication	Imaging Study
Additional surveillance imaging for individuals with cord involvement at diagnosis	• MRI Spine without and with contrast (Cervical-CPT® 72156, Thoracic-CPT® 72157, Lumbar-CPT® 72158) after completion of therapy every 3 months for 1 year, then every 4 months for 1 year, then every 6 months for 1 year, then annually thereafter
Signs or symptoms of recurrence or progression	• MRI Brain without and with contrast (CPT® 70553)
Suspected spinal cord recurrence or progression	• MRI Spine without and with contrast (Cervical-CPT® 72156, Thoracic-CPT® 72157, Lumbar-CPT® 72158)

Background and Supporting Information

General Considerations:

- Low grade malignancy that is similar in presentation to low grade glioma (LGG)
- Surgical resection is curative for most individuals
  - Individuals with a complete resection should then be imaged according to surveillance guidelines
- Individuals with incompletely resected tumors may receive adjuvant radiation therapy
  - After end of radiotherapy imaging, these individuals should be imaged according to surveillance guidelines

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

CNS Germinomas and Non-Germinomatous Germ Cell Tumors (NGGCT) (PEDONC-4.7)

ONCP.CT.0004.7.A

v2.0.2025

- PET Metabolic Brain imaging does not have a defined role in the evaluation of CNS GCT

Indication	Imaging Study
Initial staging for all individuals	• MRI Brain without and with contrast (CPT® 70553) • MRI Spine without and with contrast (Cervical-CPT® 72156, Thoracic-CPT® 72157, Lumbar-CPT® 72158)
• At any time, for ANY of the following: ◦ For rapid assessment in the acute setting ◦ Evaluation of acute intracranial hemorrhage ◦ Evaluation of ventriculomegaly ◦ Evaluation of shunt-related issues	• CT Head without contrast (CPT® 70450)
Evaluation of a brain lesion of indeterminate nature when the MRS findings will be used to determine whether biopsy/resection can be safely postponed	• MR Spectroscopy (CPT® 76390)
Treatment response to induction chemotherapy	• MRI Brain without and with contrast (CPT® 70553) every 2 cycles
Additional treatment response to induction chemotherapy for individuals with measurable spinal cord disease on MRI	• MRI Spine without and with contrast (Cervical-CPT® 72156, Thoracic-CPT® 72157, Lumbar-CPT® 72158) every 2 cycles

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Indication	Imaging Study
End of induction chemotherapy for individuals with localized intracranial tumors	• MRI Spine without and with contrast (Cervical-CPT® 72156, Thoracic-CPT® 72157, Lumbar-CPT® 72158)
Prior to second-look surgery	• MRI of all known sites of measurable disease
Prior to radiotherapy	• MRI of all known sites of measurable disease
At the end of all planned therapy	• MRI Brain without and with contrast (CPT® 70553) • MRI Spine (with or without and with contrast)
Signs or symptoms of recurrence or progression	• MRI Brain without and with contrast (CPT® 70553) • MRI Spine without and with contrast (Cervical-CPT® 72156, Thoracic-CPT® 72157, Lumbar-CPT® 72158)
Surveillance	• Every 3 months for 1 year, then every 4 months for 1 year, then every 6 months for 1 year, then annually until 5 years after completion of therapy: ◦ MRI Brain without and with contrast (CPT® 70553) ◦ MRI Spine without and with contrast (Cervical-CPT® 72156, Thoracic-CPT® 72157, Lumbar-CPT® 72158) • For additional imaging guidelines for individuals in long term follow up after CNS tumor treatment that included radiation therapy, see: **Second Malignant Neoplasms (SMN) (PEDONC-19.3)**
Suspected recurrence - new or worsening neurologic symptoms (including worsening of diabetes insipidus)	• MRI Brain without and with contrast (CPT® 70553) • MRI Spine without and with contrast (Cervical-CPT® 72156, Thoracic-CPT® 72157, Lumbar-CPT® 72158)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Background and Supporting Information

Includes the following tumors:
• CNS Germinoma • Non-Germinomatous Germ Cell Tumors (NGGCT) ◦ Embryonal carcinoma ◦ Yolk sac tumor ◦ Choriocarcinoma ◦ Immature Teratoma ◦ Mature Teratoma ◦ Mixed germ cell tumor

General Considerations:

- More common in older school age children and younger adolescents, but can occur throughout the pediatric age range
- Although leptomeningeal spread is common, prognosis is excellent due to high sensitivity to chemotherapy and radiotherapy
- Individuals generally proceed to chemotherapy shortly following surgical resection or biopsy and will usually receive 2 to 4 cycles
- Following completion of chemotherapy, individuals with residual disease will proceed to second-look surgery and/or radiotherapy

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Ependymal Tumors (Ependymoma) (PEDONC-4.8)

- PET Brain Metabolic imaging does not have a defined role in the evaluation of ependymal tumors
- MR Spectroscopy is not indicated for routine surveillance

Indication	Imaging Study
Initial staging for all individuals	• MRI Brain without and with contrast (CPT® 70553) • MRI Spine without and with contrast (Cervical-CPT® 72156, Thoracic-CPT® 72157, Lumbar-CPT® 72158)
Evaluation of a brain lesion of indeterminate nature when the MRS findings will be used to determine whether biopsy/resection can be safely postponed	• MR Spectroscopy (CPT® 76390)
Baseline imaging following resection	• MRI Brain without and with contrast (CPT® 70553) or MRI without and with contrast of involved spinal level(s)
Completion of radiotherapy	• MRI Brain without and with contrast (CPT® 70553) or MRI without and with contrast of involved spinal level(s)
Prior to radiotherapy	• MRI of all known sites of measurable disease
Treatment response to induction chemotherapy	• MRI Brain without and with contrast (CPT® 70553) or MRI without and with contrast of involved spinal level(s) every 2 cycles
End of induction chemotherapy and again at end of all therapy	• MRI Brain without and with contrast (CPT® 70553) • MRI Spine without and with contrast (Cervical-CPT® 72156, Thoracic-CPT® 72157, Lumbar-CPT® 72158)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Indication	Imaging Study
Prior to second-look surgery	• MRI of all known sites of measurable disease
Signs or symptoms of recurrence or progression	• MRI Brain without and with contrast (CPT® 70553) • MRI Spine without and with contrast (Cervical-CPT® 72156, Thoracic-CPT® 72157, Lumbar-CPT® 72158)
Surveillance, primary intra**cranial** ependymal tumor and NO history of spinal cord involvement	• MRI Brain without and with contrast (CPT® 70553) every 3 months for 2 years, then every 4 months for 1 year, then every 6 months in years 4 and 5, then annually to 10 years post treatment ◦ For additional imaging guidelines for individuals in long term follow up after CNS tumor treatment that included radiation therapy, see: **Second Malignant Neoplasms (SMN) (PEDONC-19.3)** • MRI Spine without and with contrast (Cervical-CPT® 72156, Thoracic-CPT® 72157, Lumbar-CPT® 72158) can be approved annually for 2 years

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Indication	Imaging Study
Surveillance, primary intra**cranial** ependymal tumor AND metastatic cord involvement at diagnosis	• MRI Brain without and with contrast (CPT® 70553) every 3 months for 2 years, then every 4 months for 1 year, then every 6 months in years 4 and 5, then annually to 10 years post treatment ◦ For additional imaging guidelines for individuals in long term follow up after CNS tumor treatment that included radiation therapy, see: **Second Malignant Neoplasms (SMN) (PEDONC-19.3)** • MRI Spine without and with contrast (Cervical-CPT® 72156, Thoracic-CPT® 72157, Lumbar-CPT® 72158) every 3 months for 2 years, then every 4 months for 1 year, then every 6 months in years 4 and 5, then annually to 10 years post treatment
Surveillance, primary intra**spinal** ependymal tumor and NO history of intracranial involvement	• MRI without and with contrast of the involved spinal level(s) every 3 months for 2 years, then every 4 months for 1 year, then every 6 months in years 4 and 5, then annually to 10 years post treatment
Surveillance, primary intra**spinal** ependymal tumor AND metastatic intracranial involvement at diagnosis	• MRI of the involved spinal level(s) without and with contrast every 3 months for 2 years, then every 4 months for 1 year, then every 6 months in years 4 and 5, then annually to 10 years post treatment • MRI Brain without and with contrast (CPT® 70553) every 3 months for 2 years, then every 4 months for 1 year, then every 6 months in years 4 and 5, then annually to 10 years post treatment

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Background and Supporting Information

Includes the following tumors:

- Ependymal tumors
  - Supratentorial ependymoma
  - ZFTA fusion-positive Supratentorial ependymoma
  - YAP1 fusion-positive Posterior fossa ependymoma
  - Posterior fossa ependymoma, group
  - PFA Posterior fossa ependymoma, group PFB

General Considerations:

- Occur primarily intracranially, roughly 2/3 in the posterior fossa
- Overall prognosis is very good, with supratentorial tumors faring better
- Primary spinal tumors can also occur, and are more common in adult individuals than pediatric individuals.
- Surgery is the primary treatment modality
- Individuals with a complete resection should then be imaged according to surveillance guidelines
- Radiotherapy +/- chemotherapy is used for:
  - Incompletely resected tumors
  - Anaplastic histology
  - Infratentorial location
    - Individuals with incomplete resection or high-risk histology that receive adjuvant radiation therapy should then be imaged according to surveillance guidelines after end of radiotherapy imaging.
- Individuals with gain of chromosome 1q have worse progression-free survival and overall survival outcomes
- RELA-fusion supratentorial ependymoma did not portend worse overall survival outcomes in recent Clinical Oncology Group studies, and is generally not considered an indication for more frequent surveillance imaging

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Malignant Tumors of the Spinal Cord (PEDONC-4.9)

ONCP.CT.0004.9.A
v2.0.2025

- If a disease-specific guideline exists, image according to the guidance found in that disease-specific guideline section.
- Common histologies of primary spinal cord tumor in children include:
  - Low Grade Glioma, see: **CNS Low Grade Glioma (LGG) (PEDONC-4.2)** for guidelines
  - High Grade Glioma, see: **CNS High-Grade Glioma (HGG) (PEDONC-4.3)** for guidelines
  - Ependymoma, see: **Ependymal Tumors (Ependymoma) (PEDONC-4.8)** for guidelines
  - NF 1 or 2, see **Neurofibromatosis 1 and 2 (NF1 and NF2) (PEDONC-2.3)** for guidelines
  - Any type of malignant spinal cord tumor can occur, but other histologies are rare.

For rare histologies that do not have a disease-specific guideline section, follow the imaging outlined in the table below

Indication	Imaging Study
Initial staging for all individuals	• MRI Brain without and with contrast (CPT® 70553) • MRI Spine without and with contrast (Cervical-CPT® 72156, Thoracic-CPT® 72157, Lumbar-CPT® 72158)
Treatment response, every 2 cycles	• MRI Spine without and with contrast (Cervical-CPT® 72156, Thoracic-CPT® 72157, Lumbar-CPT® 72158) • Additionally, MRI Brain without and with contrast (CPT® 70553) for known intracranial disease

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Indication	Imaging Study
Signs or symptoms of recurrence or progression	• MRI Spine without and with contrast (Cervical-CPT® 72156, Thoracic-CPT® 72157, Lumbar-CPT® 72158) • Additionally, MRI Brain without and with contrast (CPT® 70553) for known intracranial disease
Surveillance of rare histologies is highly individualized. Surveillance imaging after recent evaluation by a physician with significant training and/or experience in pediatric spinal cord tumors (most commonly a pediatric neurosurgeon or pediatric oncologist) may be indicated in these rare individuals.	• MRI Brain and/or MRI Spine may be considered

Background and Supporting Information

- Treatment principles are the same as tumors of the brain, and should follow imaging guidelines according to the specific histologic type
- Multiple spinal cord tumors should raise suspicion for neurofibromatosis
- Asymptomatic surveillance imaging should generally end at the time point appropriate for the specific tumor type

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Craniopharyngioma and Other Tumors of the Sellar Region (PEDONC-4.10)

ONCP.CT.0004.10.A
v2.0.2025

- Individuals of all ages should be imaged according to these guidelines.
- PET Brain Metabolic Imaging and MR Spectroscopy do not have a defined role in the evaluation of craniopharyngioma

Indication	Imaging Study
Initial staging for all individuals	• MRI Brain without and with contrast (CPT® 70553) ◦ Concurrent CT Head without contrast (CPT® 70450) can be approved in addition to MRI if craniopharyngioma is suspected
• Additional initial staging for individuals with: ◦ Multicentric tumors ◦ Clinical signs or symptoms suggesting spinal cord involvement	• MRI Spine without and with contrast (Cervical-CPT® 72156, Thoracic-CPT® 72157, Lumbar-CPT® 72158)
Operative planning or image guidance	• MRA Head (CPT® 70544, 70545, or 70546) OR • CTA Head (CPT® 70496)
Baseline imaging following resection	• MRI Brain without and with contrast (CPT® 70553)
Completion of radiotherapy	• MRI Brain without and with contrast (CPT® 70553)
Treatment response to chemotherapy	• MRI Brain without and with contrast (CPT® 70553) approved every 2 cycles during active treatment and at the end of planned chemotherapy

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Indication	Imaging Study
Additional treatment response imaging during induction chemotherapy for individuals with measurable spinal cord disease on MRI	• MRI Spine without and with contrast (Cervical-CPT® 72156, Thoracic-CPT® 72157, Lumbar-CPT® 72158) every 2 cycles
Signs or symptoms of recurrence or progression	• MRI Brain without and with contrast (CPT® 70553) ◦ Concurrent CT Head without contrast (CPT® 70450) can be approved in addition to MRI if craniopharyngioma • MRI Spine without and with contrast (Cervical-CPT® 72156, Thoracic-CPT® 72157, Lumbar-CPT® 72158) for signs or symptoms suggesting spinal cord involvement
Surveillance	• MRI Brain without and with contrast (CPT® 70553) can be approved every 3 months for 1 year, then every 4 months for 1 year, then every 6 months for 1 year, then annually until 10 years after completion of therapy as late progressions can occur ◦ For additional imaging guidelines for individuals in long term follow up after CNS tumor treatment that included radiation therapy, see: **Second Malignant Neoplasms (SMN) (PEDONC-19.3)**
Suspected spinal cord recurrence	• MRI Spine without and with contrast (Cervical-CPT® 72156, Thoracic-CPT® 72157, Lumbar-CPT® 72158)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Background and Supporting Information

Includes the following tumors:
• Adamantinomatous craniopharyngioma • Papillary craniopharyngioma • Pituicytoma, granular cell tumor of the sellar region, and spindle cell oncocytoma • Pituitary adenoma/PitNET • Pituitary blastoma

General Considerations:

- Imaging guidelines and treatment approaches for pediatric pituitary tumors other than craniopharyngioma are consistent with those used for adults with pituitary tumors
  - For these tumors follow guidelines in **Pituitary (HD-19)** in the Head Imaging Guidelines
- Craniopharyngiomas are less common, accounting for 6% to 8% of pediatric CNS tumors.
- Most commonly affects children in the preadolescent ages
- Several key imaging findings can be used to differentiate the tumors in this region including the presence of calcifications, cysts, and T1/T2 enhancement patterns in craniopharyngiomas
  - These are best evaluated using a COMBINATION of both MRI and CT modalities. Preoperative prediction is much more successful when BOTH modalities are obtained prior to biopsy.
- Other less common tumors in the optic chiasm, sella, and suprasella region may include Germ Cell Tumors (GCT, see: **PEDONC-4.7**) and Langerhans Cell Histiocytosis (LCH, see: **PEDONC-18**)

Treatment Considerations:

- Surgical resection is curative for many individuals
  - Those with a complete resection should then be imaged according to surveillance guidelines after post-resection imaging is completed
- Individuals with incomplete resection and receiving adjuvant radiation therapy can have a single MRI Brain (CPT® 70553) approved at completion of radiotherapy and should then be imaged according to surveillance guidelines

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Primary CNS Lymphoma (PEDONC-4.11)

ONCP.CT.0004.11.A
v2.0.2025

- Primary CNS lymphoma imaging indications in pediatric individuals are identical to those in the general imaging guidelines. See: **CNS Lymphoma (ONC-2.7)** in the Oncology Imaging Guidelines
- CNS lymphomas also involving bone marrow and/or lymph nodes should be imaged according to: **Pediatric Aggressive Mature B-Cell Non-Hodgkin Lymphomas (NHL) (PEDONC-5.3)**

Background and Supporting Information

- Primary CNS lymphoma is a solitary or multifocal mass occurring in the brain without evidence of systemic (bone marrow or lymph node) involvement
- Usually associated with immunodeficiency, this is a very rare entity in pediatrics accounting for <0.1% of pediatric malignancies, so age-specific guidelines have not been established

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Meningiomas (PEDONC-4.12)

ONCP.CT.0004.12.A

v2.0.2025

- Meningioma imaging indications in pediatric individuals are identical to those in the general imaging guidelines
  - See: **Meningiomas (Intracranial and Intraspinal) (ONC-2.8)** in the Oncology Imaging Guidelines

Background and Supporting Information

- Account for 1% to 3% of pediatric CNS tumors
- Usually associated with neurofibromatosis type 2 (NF-2) or prior therapeutic radiation exposure to the brain
  - Lifetime risk may be as high as 20% for young children receiving whole brain radiotherapy, most commonly occurring 15 to 20 years after radiation exposure

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Choroid Plexus Tumors (PEDONC-4.13)

ONCP.CT.0004.13.A
v2.0.2025

- PET Metabolic Brain imaging does not have a defined role in the evaluation of choroid plexus tumors

Choroid Plexus Papilloma:

Indication	Imaging Study
Suspected/Diagnosis	• MRI Brain without and with contrast (CPT® 70553)
Evaluation of a brain lesion of indeterminate nature when the MRS findings will be used to determine whether biopsy/resection can be safely postponed	• MR Spectroscopy (CPT® 76390)
Suspected return of hydrocephalus, or return of hydrocephalus seen on CT imaging	• MRI Brain without and with contrast (CPT® 70553)

Choroid Plexus Adenoma or Atypical Choroid Plexus Papilloma:

Indication	Imaging Study
Suspected/Diagnosis	• MRI Brain without and with contrast (CPT® 70553) • MRI Spine without and with contrast (Cervical-CPT® 72156, Thoracic-CPT® 72157, Lumbar-CPT® 72158)
Evaluation of a brain lesion of indeterminate nature when the MRS findings will be used to determine whether biopsy/resection can be safely postponed	• MR Spectroscopy (CPT® 76390)
Suspected return of hydrocephalus, or return of hydrocephalus seen on CT imaging	• MRI Brain without and with contrast (CPT® 70553)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Choroid Plexus Carcinoma:

Indication	Imaging Study
Initial staging of all individuals	• MRI Brain without and with contrast (CPT® 70553) • MRI Spine without and with contrast (Cervical-CPT® 72156, Thoracic-CPT® 72157, Lumbar-CPT® 72158)
Evaluation of a brain lesion of indeterminate nature when the MRS findings will be used to determine whether biopsy/ resection can be safely postponed	• MR Spectroscopy (CPT® 76390)
Baseline imaging following resection	• MRI Brain without and with contrast (CPT® 70553)
Prior to radiotherapy	• MRI Brain without and with contrast (CPT® 70553) and MRI with and without contrast of all known sites with measurable disease prior to radiotherapy.
Completion of radiotherapy	• MRI Brain without and with contrast (CPT® 70553)
Treatment response to chemotherapy	• MRI Brain without and with contrast (CPT® 70553) every 2 cycles during active treatment
Additional treatment response to chemotherapy for individuals with measurable spinal cord disease on MRI	• MRI Spine without and with contrast (Cervical-CPT® 72156, Thoracic-CPT® 72157, Lumbar-CPT® 72158) every 2 cycles during active treatment
Prior to second-look surgery	• MRI of all known sites of measurable disease
End of all planned therapy	• MRI Brain without and with contrast (CPT® 70553) • MRI Spine without and with contrast (Cervical-CPT® 72156, Thoracic-CPT® 72157, Lumbar-CPT® 72158)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Indication	Imaging Study
Signs or symptoms of recurrence or progression	• MRI Brain without and with contrast (CPT® 70553) • MRI Spine without and with contrast (Cervical-CPT® 72156, Thoracic-CPT® 72157, Lumbar-CPT® 72158)
Surveillance, no history of spinal cord involvement	• MRI Brain without and with contrast (CPT® 70553) every 4 months for 3 years, then every 6 months for 2 years after completion of therapy, then annually to 10 years after treatment ◦ For additional imaging guidelines for individuals in long term follow up after CNS tumor treatment that included radiation therapy, see: **Second Malignant Neoplasms (SMN) (PEDONC-19.3)** • MRI Spine without and with contrast (Cervical-CPT® 72156, Thoracic-CPT® 72157, Lumbar-CPT® 72158) at 12 and 24 months after completion of therapy
Surveillance, individuals with cord involvement at diagnosis	• MRI Brain without and with contrast (CPT® 70553) every 4 months for 3 years, then every 6 months for 2 years after completion of therapy, then annually to 10 years after treatment ◦ For additional imaging guidelines for individuals in long term follow up after CNS tumor treatment that included radiation therapy, see: **Second Malignant Neoplasms (SMN) (PEDONC-19.3)** • MRI Spine without and with contrast (Cervical-CPT® 72156, Thoracic-CPT® 72157, Lumbar-CPT® 72158) every 4 months for 3 years, then every 6 months for 2 years after completion of therapy, then annually to 10 years after treatment

Background and Supporting Information

- As a group these account for 1% to 4% of pediatric CNS tumors, and 70% of choroid plexus tumors present within the first 2 years of life
- Includes the following tumors:
  - Choroid plexus papilloma

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

- Choroid plexus adenoma, or atypical choroid plexus papilloma
- Choroid plexus carcinoma

- Choroid plexus papillomas
  - Choroid plexus papillomas outnumber other choroid plexus tumors by 4 to 5 times.
  - These ventricular tumors commonly present with hydrocephalus caused by increased CSF production, resulting in signs of increased intracranial pressure.
  - Appearance on MRI is typical, and they are usually treated by excision.
  - Regrowth is rare
- Choroid Plexus Adenoma or Atypical Choroid Plexus Papilloma
  - These are extremely rare tumors with features midway in the malignant spectrum between papillomas and carcinomas
  - They are more prone to local invasion but rarely to metastasis
  - Presenting symptoms are similar to papillomas
  - Appearance on MRI is typical, and they are usually treated by excision
  - Spinal imaging may be approved if requested at initial diagnosis
  - Regrowth is rare
- Choroid Plexus Carcinoma
  - This is a very aggressive malignancy, with high rates of metastasis to other parts of the CNS
    - Overall incidence of metastases in choroid plexus carcinoma is 12%–50%, which is associated with a worse outcome
  - Prognosis is significantly less favorable than for papillomas with overall survival rates of 35% to 40%
  - *TP53* mutations and alternative lengthening telomeres (ALT) are common in individuals with choroid plexus carcinoma
  - Surgical gross total resection is curative for many individuals
  - Individuals with confirmed gross total resection should then be imaged according to surveillance guidelines
  - Individuals with incomplete resection who receive adjuvant radiation therapy should be imaged according to surveillance guidelines after end of radiotherapy imaging
  - MR Spectroscopy is not indicated for routine surveillance

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

References (PEDONC-4)

v2.0.2025

1. Nabors LB, Portnow J, Baehring J, et al. National Comprehensive Cancer Network (NCCN) Guidelines Version 4.2024—January 21, 2025. Central Nervous System Cancers, available at: https://www.nccn.org/professionals/physician_gls/pdf/cns.pdf, referenced with permission from the NCCN Clinical Practice Guidelines in Oncology (NCCN Guidelines™) for Central Nervous System Cancers V4.2024 January 21, 2025. ©2025 National Comprehensive Cancer Network, Inc. All rights reserved. The NCCN Guidelines™ and illustrations herein may not be reproduced in any form for any purpose without the express written permission of the NCCN. To view the most recent and complete version of the NCCN Guidelines™, go online to NCCN.org.
2. Gajjar A, Mahajan A, Bale T, et al. National Comprehensive Cancer Network (NCCN) Guidelines Version 2.2025—January 17, 2025. Pediatric Central Nervous System Cancers, available at: https://www.nccn.org/professionals/physician_gls/pdf/ped_cns.pdf, referenced with permission from the NCCN Clinical Practice Guidelines in Oncology (NCCN Guidelines™) for Central Nervous System Cancers V2.2025 1/17/25. ©2025 National Comprehensive Cancer Network, Inc. All rights reserved. The NCCN Guidelines™ and illustrations herein may not be reproduced in any form for any purpose without the express written permission of the NCCN. To view the most recent and complete version of the NCCN Guidelines™, go online to NCCN.org
3. Zukotynski K, Fahey F, Kocak M, et al. 18F-FDG PET and MR Imaging associations across a spectrum of pediatric brain tumors: a report from the Pediatric Brain Tumor Consortium. *J Nucl Med*. 2014;55(9):1473-1480. doi:10.2967/jnumed.114.139626.
4. Gajjar A, Bowers DC, Karajannis MA, Leary S, Witt H, Gottardo NG. Pediatric brain tumors: innovative genomic information is transforming the diagnostic and clinical landscape. *J Clin Oncol*. 2015;33(27):2986-2998. doi:10.1200/JCO.2014.59.9217.
5. Brandão LA, Poussaint TY. Pediatric brain tumors. *Neuroimag Clin N Am*. 2013 August;23(3):499-525. Accessed January 3, 2018. http://www.neuroimaging.theclinics.com/article/S1052-5149(13)00017-8/abstract.https://www.ncbi.nlm.nih.gov/pubmed/23928202
6. Brandão LA and Castillo M. Adult brain tumors: clinical applications of magnetic resonance spectroscopy. *Neuroimag Clin N Am*. 2013;23(3):527-555. doi:10.1016/j.nic.2013.03.003
7. Chamdine O, Broniscer A, Wu S, Gajjar A, Qaddoumi I. Metastatic low-grade gliomas in children: 20 years' experience at St. Jude Children's Research Hospital. *Pediatr Blood Cancer*. 2016;63(1):62-70. doi:10.1002/pbc.25731. https://doi.org/10.1007/s11060-009-9922-4
8. Chalil A, Ramaswamy V. Low grade gliomas in children. *J Child Neurol*. 2016;31(4):517-522. doi:10.1177/0883073815599259.
9. Krishnatry R, Zhukova N, Stucklin ASG, et al. Clinical and treatment factors determining long-term outcomes for adult survivors of childhood low-grade glioma: a population-based study. *Cancer*. 2016;122(8):1261-1269. doi:10.1002/cncr.29907.
10. Ullrich NJ. Neurocutaneous Syndromes and brain tumors. *J Child Neurol*. 2016;31(12):1399-1411. doi:10.1177/0883073815604220.
11. Campian J, Gutmann DH. CNS tumors in neurofibromatosis. *J Clin Oncol*. 2017; 35(21):2378-2385. doi:10.1200/JCO.2016.71.7199.
12. Morris EB, Gajjar A, Okuma JO, et al. Survival and late mortality in long-term survivors of pediatric CNS tumors. *J Clin Oncol*. 2007;25(12):1532-1538. doi:10.1200/JCO.2006.09.8194.
13. Karthigeyan M, Gupta K, Salunke P. Pediatric central neurocytoma: a short series with literature review. *J Child Neurol*. 2016;32(1):53-59. Accessed January 3, 2018 doi:10.1177/0883073816668994.
14. Greenfield JP, Heredia AC, George E, Keiran MW, Morales La Madrid A. Gliomatosis cerebri: a consensus summary report from the First International Gliomatosis cerebri Group Meeting, March 26-27, 2015, Paris, France. *Pediatr Blood Cancer*. 2016;63(12):2072-2077. doi:10.1002/pbc.26169.
15. Zaky W, Dhall G, Ji L, et al. Intensive induction chemotherapy followed by myeloablative chemotherapy with autologous hematopoietic progenitor cell rescue for young children newly-diagnosed with central nervous system atypical teratoid/rhabdoid tumors: the head start III experience. *Pediatr Blood Cancer*. 2014;61(1):95-101. doi:10.1002/pbc.24648.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

16. Millard NE and DeBraganca KC. Medulloblastoma. *J Child Neurol*. 2016;31(12):1341-1353. doi:10.1177/0883073815600866.
17. Koschmann C, Bloom K, Upadhyaya S, Geyer JR. Survival after relapse of medulloblastoma. *J Pediatr Hematol. Oncol*. 2016;38(4):269-273. doi:10.1097/MPH.0000000000000547.
18. Martinex S, Khakoo Y, Giheeney S, et al. Marker (+) CNS germ cell tumors in remission: are surveillance MRI scans necessary? *Pediatr Blood Cancer*. 2014;61(5):853-854. Accessed January 3, 2018. doi:10.1002/pbc.24888.
19. Abu Arja MH, Bouffet E, Finlay JL, AbdelBaki MS. Critical review of the management of primary central nervous system germ cell tumors. Pediatr Blood Cancer. 2019;66:e27658. doi:10.1002/pbc.27658.
20. Norris GA, Garcia J, Hankinson TC, et al. Diagnostic accuracy of neuroimaging in pediatric optic chiasm/suprasellar tumors. *Pediatr Blood Cancer*. 2019;66:e27860. doi:10.1002/pbc.27680.
21. Grommes C, DeAngelis LM. Primary CNS lymphoma. *J Clin Oncol*. 2017;35(21):2410-2418. doi:10.1200/JCO.2017.72.7602.
22. Li Z, Li H, Wang S, et al. Pediatric skull base meningiomas: clinical features and surgical outcomes. *J Child Neurol*. 2016;31(14):1523-1527. doi:10.1177/0883073816664669.
23. Horská A, Barker PB. Imaging of brain tumors: MR Spectroscopy and metabolic imaging. *Neuroimaging Clin N Am*. 2010;20(3):293-310. doi:10.1016/j.nic.2010.04.003.
24. Zaky W, Dhall G, Khatua S, et al. Choroid plexus carcinoma in children: the head start experience. *Pediatr Blood Cancer*. 2015;62(5):784-789. doi:10.1002/pbc.25436.
25. Zaky W, Finlay JL, Pediatric choroid plexus carcinoma: Biologically and clinically in need of new perspectives, *Pediatr Blood Cancer*. 2018;65:e27031. doi:10.1002/pbc.27031.
26. Merchant TE, Bendel AE, Sabin ND, et.al. Conformal radiation therapy for pediatric ependymoma, chemotherapy for incompletely resected ependymoma, and observation for completely resected, supratentorial ependymoma. *J Clin Oncol*. 2019;37(12):974-983. doi:10.1200/JCO.18.01765.
27. PDQ® Pediatric Treatment Editorial Board. PDQ Childhood Medulloblastoma and Other Central Nervous System Embryonal Tumors Treatment. Bethesda, MD: National Cancer Institute. Updated 4/12/2023. Available at: https://www.cancer.gov/types/brain/hp/child-cns-embryonal-treatment-pdq. [PMID: 26389418].
28. Burns J, Policeni B, Bykowski J, et al. ACR Appropriateness Criteria® Neuroendocrine Imaging. Available at https://acsearch.acr.org/docs/69485/Narrative/. American College of Radiology. Accessed 7/21/2020.
29. Klawinski D, Indelicato DJ, Hossain J, Sandler E. Surveillance imaging in pediatric ependymoma. *Pediatr Blood Cancer.* 2020;67(11):e28622. doi:10.1002/pbc.28622.
30. Massimino M, Barretta F, Modena P, et al. Pediatric intracranial ependymoma: correlating signs and symptoms at recurrence with outcome in the second prospective AIEOP protocol follow-up. *J Neurooncol.* 2018;140(2):457-465. doi:10.1007/s11060-018-2974-6.
31. Jaju A, Li Y, Dahmoush H, et. al. Imaging of pediatric brain tumors: A COG Diagnostic Imaging Committee/SPR Oncology Committee/ASPNR white paper. *Pediatr Blood Cancer*. 2023;70 Suppl 4:e30147. doi:10.1002/pbc.30147.
32. Louis DN, Perry A, Wesseling P. et al. The 2021 WHO classification of tumors of the central nervous system: a summary. *Neuro-Oncology*. 2021;23(8):1231–1251.doi:10.1093/neuonc/noab106.
33. Rootman MS, Dotan G, Konen O. Neuroimaging in children with ophthalmological complaints: a review. *J Neuroimaging*. 2021;31(3):446-458. doi:10.1111/jon.12842.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Pediatric Lymphomas (PEDONC-5)

Guideline

Pediatric Lymphoma – General Considerations (PEDONC-5.1)
Pediatric Hodgkin Lymphoma (HL) (PEDONC-5.2)
Pediatric Aggressive Mature B-Cell Non-Hodgkin Lymphomas (NHL) (PEDONC-5.3)
Anaplastic Large Cell Lymphoma (ALCL) (PEDONC-5.4)
References (PEDONC-5)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Pediatric Lymphoma – General Considerations (PEDONC-5.1)

ONCP.HL.0005.1.A

v2.0.2025

- Lymphoma mostly commonly involves the lymph nodes (LNs). However, lymphoma can also arise from primary lymphoid tissues (bone marrow or thymus) or various secondary lymphoid tissues (spleen, mucosa-associated lymphoid tissue) or non-lymphoid organs (skin, bone, brain, lungs, liver, salivary glands, etc.).
- Pediatric lymphomas are generally Hodgkin Lymphomas, Aggressive B-Cell Non-Hodgkin Lymphomas, Lymphoblastic Lymphomas, or Anaplastic Large Cell Lymphomas
- Individuals with Lymphoblastic Lymphoma (even those with bulky nodal disease) are treated using the leukemia treatment plan appropriate to the cell type (B or T cell).
  - These individuals should be imaged using guidelines in **Acute Lymphoblastic Leukemia (ALL) (PEDONC-3.2)**
- Other histologies are rare in pediatric individuals, and should be imaged according to the following guidelines:
  - Follicular lymphoma: **Follicular Lymphoma (ONC-27.3)** in the Oncology Imaging Guidelines
  - Marginal zone or MALT lymphomas: **Marginal Zone Lymphomas (ONC-27.4)** in the Oncology Imaging Guidelines
  - Mantle cell lymphomas: **Mantle Cell Lymphoma (ONC-27.5)** in the Oncology Imaging Guidelines
  - Cutaneous lymphomas: **Cutaneous Lymphomas and T Cell Lymphomas (ONC-27.8)** in the Oncology Imaging Guidelines
    - **Exception:** Cutaneous B-Lymphoblastic Lymphoma should be imaged using guidelines in **Acute Lymphoblastic Leukemia (ALL) (PEDONC-3.2)**
  - Castleman's Disease: **Castleman's Disease (Unicentric and Multicentric) (ONC-31.11)** in the Oncology Imaging Guidelines
- All CT imaging recommended in this section refers to CT with contrast only.
  - Noncontrast CT imaging has not been shown to be beneficial in the management of pediatric lymphomas
  - Given the limited utility of noncontrast CT imaging in pediatric lymphomas, MRI without **or** without and with contrast is recommended in place of CT for individuals who cannot tolerate CT contrast due to allergy or impaired renal function
- MRI without and with contrast of symptomatic or previously involved bony areas can be approved in known lymphoma individuals without prior plain x-ray or bone scan evaluation

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

  - Bone scan is inferior to MRI for evaluation of known or suspected bone metastases in lymphoma
- MRI Brain without and with contrast (CPT® 70553) is the preferred study for evaluation of suspected brain metastases in pediatric lymphoma
  - CT Head with (CPT® 70460) or without and with contrast (CPT® 70470) can be approved when MRI is contraindicated

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Pediatric Hodgkin Lymphoma (HL) (PEDONC-5.2)

ONCP.HL.0005.2.A
v2.0.2025

Indication	Imaging Study
Initial staging	ANY or ALL of the following may be approved: • CT Neck with contrast (CPT® 70491) ◦ MRI Neck without and with contrast (CPT® 70543) may be substituted for CT to limit radiation exposure if requested • CT Chest with contrast (CPT® 71260) ◦ MRI is not an acceptable substitution for CT Chest • CT Abdomen and Pelvis with contrast (CPT® 74177) ◦ MRI Abdomen with and without contrast (CPT® 74183) and MRI Pelvis (CPT® 72197) may be substituted for CT to limit radiation exposure if requested • MRI Brain with and without contrast (CPT® 70553) for known CNS involvement or new signs or symptoms suggesting intracranial disease • PET/CT (CPT® 78815 or CPT® 78816) or PET/MRI (CPT® 78813 and CPT® 76498) ◦ Can be performed prior to biopsy if necessary for individual scheduling • CT or MRI of other body areas may be indicated for rare individuals based on physical findings or PET/CT results

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Indication	Imaging Study
Restaging	• ALL of the following, as often as every 2 cycles of chemotherapy: ◦ CT of previously involved visceral areas ▪ In individuals on treatment for recurrent or refractory Hodgkin Lymphoma, the following are indicated: - CT Neck with contrast (CPT® 70491) - CT Chest with contrast (CPT® 71260) - CT Abdomen and Pelvis with contrast (CPT® 74177) ◦ MRI Brain with and without contrast (CPT® 70553) for known CNS involvement AND • After cycles 2 and 4* of chemotherapy and at end of therapy: ◦ PET/CT (CPT® 78815 or CPT® 78816) or PET/MRI (only using combination of CPT® 78813 and 76498) ▪ *For individuals with low-risk stage IA or IIA mixed cellularity Hodgkin lymphoma, this restaging PET/CT may be performed after cycles 1 and 3 (instead of cycles 2 and 4) if requested. End of therapy PET/CT or PET/MRI is indicated for all individuals with Hodgkin lymphoma. ◦ Diagnostic CT or MRI of previously involved areas may be combined with PET at end of therapy. • In addition to the above studies: ◦ If end of therapy PET/CT or PET/MRI done prior to radiation therapy documents Deauville 3, 4, or 5 FDG avidity, one follow-up PET/CT (CPT® 78815 or CPT® 78816) or PET/MRI is indicated >12 weeks after radiation therapy to confirm complete response.
Surveillance for individuals with no history of recurrent HL	• Imaging studies are only recommended when relapse is clinically suspected, because most individuals will clinically declare themselves and there is no survival advantage in pre-emptive imaging. • **Routine surveillance imaging is not supported in individuals without a prior history of recurrent disease**

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Indication	Imaging Study
Surveillance, individuals with **recurrent** HL and no evidence of disease following successful treatment	• ALL of the following, every 3 months for 1 year after completing therapy for recurrence: ◦ CT Neck with contrast (CPT® 70491) ◦ CT Chest with contrast (CPT® 71260) ◦ CT Abdomen and Pelvis with contrast (CPT® 74177)
Clarify inconclusive findings on conventional imaging suspicious for recurrence AND considering biopsy to establish recurrence	• PET/CT (CPT® 78815 or CPT® 78816) or PET/MRI (CPT® 78813 and CPT® 76498)
Clinical symptoms suggesting recurrence	• MRI Brain with and without contrast (CPT® 70553) for known CNS involvement or new signs or symptoms suggesting intracranial disease AND either of the following sets of imaging: • Conventional imaging: ◦ CT Neck with contrast (CPT® 70491) OR MRI Neck with and without (CPT® 70491) AND ◦ CT Chest with contrast (CPT® 71260) AND ◦ CT Abdomen and Pelvis with contrast (CPT® 74177) OR MRI Abdomen and Pelvis with and without contrast (CPT® 74183 and CPT® 72197) AND ◦ CT of other previously involved visceral areas or currently symptomatic areas OR • PET/CT (CPT® 78815 or 78816) or PET/MRI (CPT® 78813 and CPT® 76498)

Background and Supporting Information

- Most individuals experiencing recurrence are detected based on physical findings, and frequent CT surveillance imaging of Hodgkin Lymphoma after completion of therapy does not improve post-recurrence overall survival. The primary determinant of survival at recurrence is time to relapse, regardless of whether relapse is detected clinically or via imaging. NCCN pediatric HL guidelines recommend no pre-emptive surveillance imaging.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

- Pediatric individuals have a high rate of neck involvement with Hodgkin Lymphoma
- Early treatment response evaluations involve both PET and CT as decisions about chemotherapy drug selection and radiation treatment are frequently made based on both anatomic (CT-based) and metabolic (PET/CT-based) responses.
- Indications and coding for rare circumstances where PET/MRI may be approved are found in **PET imaging in Pediatric Oncology (PEDONC-1.4)**

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Pediatric Aggressive Mature B-Cell Non-Hodgkin Lymphomas (NHL) (PEDONC-5.3)

ONCP.HL.0005.3.A
v2.0.2025

Indication	Imaging Study
Initial staging	ANY or ALL of the following may be approved: • CT Neck with contrast (CPT® 70491) ◦ May substitute MRI Neck with and without contrast (CPT® 70543) if requested • CT Chest with contrast (CPT® 71260) • CT Abdomen and Pelvis with contrast (CPT® 74177) ◦ May substitute MRI Abdomen without and with contrast (CPT® 74183) and MRI Pelvis without and with contrast (CPT® 72197) in place of CT Abdomen and Pelvis, if requested. ◦ Abdominal ultrasound (CPT® 76700 or 76705) may be approved at initial presentation if CT/MRI not available. • CT with contrast or MRI without and with contrast any other symptomatic body area • PET/CT (CPT® 78815 or CPT® 78816) or PET/MRI (CPT® 78813 and CPT® 76498 [may be approved in addition to diagnostic CTs])
Additional initial staging if symptoms or extent of disease suggest intracranial extension or metastasis	• MRI Brain without and with contrast (CPT® 70553)
Additional initial staging if symptoms or extent of disease suggest intraspinal extension or metastasis (back pain)	• MRI of suspected spinal level involvement without and with contrast • MRI of whole spine without and with contrast if there is suspected leptomeningeal disease or if sedation will be required

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Indication	Imaging Study
Restaging for treatment response (following initial response evaluation)	• ANY OR ALL of the following, as often as every cycle of chemotherapy (~every 3 weeks): ◦ CT with contrast or MRI without and with contrast (should be same modality as initial diagnosis if possible) of previously involved areas ◦ PET/CT (CPT® 78815 or CPT® 78816) or PET/MRI (CPT® 78813 and CPT® 76498) until a negative PET is obtained ▪ Whole-body PET/CT (CPT® 78816) may be approved if there is clinical suspicion of, or known, skull or distal lower extremity involvement. ▪ PET/CT may be approved in conjunction with diagnostic CTs/MRIs, PET/CT should not replace imaging with contrast-enhanced diagnostic-quality CT or MRI.
Restaging for all subsequent treatment response, including end of therapy evaluation, after negative PET/CT (either Deauville or Lugano 1, 2 or 3 as reported in formal radiology interpretation)	• CT with contrast or MRI without and with contrast (should be same modality as initial diagnosis if possible) of previously involved areas, as often as every 2 cycles of chemotherapy, and at the end of therapy
End of therapy PET with Deauville 4-5 avidity	<u>ONCE, at least 6-8 weeks after end of therapy PET:</u> • PET/CT (CPT® 78815 or CPT® 78816) or PET/MRI (CPT® 78813 and CPT® 76498) OR • CT Neck, Chest, Abdomen, and Pelvis with contrast (CPT® 70491, CPT® 71260, CPT® 74177)
Assessment of disease activity in inconclusive residual masses seen on conventional imaging	• PET/CT (CPT® 78815 or CPT® 78816) or PET/MRI (CPT® 78813 and CPT® 76498)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Indication	Imaging Study
Individuals being treated with Rituximab who present with abdominal pain, due to risk of bowel perforation and obstruction	• CT Abdomen and Pelvis with contrast (CPT® 74177) ◦ US, x-ray, or other red flags are not required prior to CT
Surveillance of asymptomatic individuals with residual masses in the chest or abdomen and pelvis	• Chest x-ray and Abdominal (CPT® 76700) and Pelvic (CPT® 76856) ultrasound 3 months after completion of therapy. If stable, no further imaging is indicated.
Clinical symptoms or laboratory findings suggesting recurrence	• MRI Brain with and without contrast (CPT® 70553) for history of CNS involvement or new signs or symptoms suggesting intracranial disease And: • CT Neck with contrast (CPT® 70491) **and** CT Chest with contrast (CPT® 71260) **and** CT Abdomen and Pelvis with contrast (CPT® 74177) **and** CT with contrast of other previously involved visceral areas or currently symptomatic areas (MRI with and without contrast may be substituted for CT for all areas other than the chest if requested) ◦ PET/CT (CPT® 78815 or CPT® 78816) or PET/MRI (CPT® 78813 and CPT® 76498) may be approved if relapse is suspected based on CT scan findings
Suspected PTLD recurrence with documentation of new palpable nodes, rising LDH, or rising quantitative EBV PCR	• PET/CT (CPT® 78815 or CPT® 78816) or PET/MRI (CPT® 78813 and CPT® 76498)
Clarify inconclusive findings on conventional imaging to evaluate the need for biopsy to establish recurrence	• PET/CT (CPT® 78815 or CPT® 78816) or PET/MRI (CPT® 78813 and CPT® 76498)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Background and Supporting Information

- Aggressive mature B-Cell NHL includes all of the following diagnoses, all of which should be imaged according to this section:
  - Burkitt's lymphoma/leukemia (BL)
  - Diffuse Large B-Cell Lymphoma (DLBCL)
  - Primary Mediastinal Large B-Cell Lymphoma (PMBCL)
  - Post-transplant Lymphoproliferative Disorder (PTLD)
    - Most commonly occurs following solid organ or stem cell transplantation
  - Viral-associated lymphoproliferative disorders
    - Most commonly occurs following hematopoietic stem cell transplantation or in individuals with primary immunodeficiency
- Initial treatment is usually 7 days of low intensity therapy, with early response evaluation determining next steps in therapy using CT with contrast or MRI without and with contrast of previously involved areas performed around day 6
  - Individuals are customarily still inpatient for this evaluation so outpatient requests should be rare for this time point
- Routine asymptomatic surveillance with advanced imaging has not been found to impact individual outcomes as the majority of these individuals present clinically at relapse due to the highly aggressive nature of these lymphomas
- Indications and coding for rare circumstances where PET/MRI may be approved are found in **PET Imaging in Pediatric Oncology (PEDONC-1.4)**

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Anaplastic Large Cell Lymphoma (ALCL) (PEDONC-5.4)

ONCP.HL.0005.4.A
v2.0.2025

Indication	Imaging Study
Initial staging	• ANY OR ALL of the following may be approved: ◦ CT Neck with contrast (CPT® 70491), CT Chest with contrast (CPT® 71260), and CT Abdomen and Pelvis (CPT® 74177) ◦ MRI without and with contrast of affected area ▪ May be substituted for CT in cases of paraspinal or soft tissue extremity primary tumors ◦ CT with contrast or MRI without and with contrast any other symptomatic body area ◦ PET/CT (CPT® 78815 or CPT® 78816) or PET/MRI (CPT® 78813 and 76498)
Additional initial staging for individuals with bony primary tumors or metastatic disease	• Bone scan (See: **Modality General Considerations (PEDONC-1.3)**)
Restaging at the end of induction chemotherapy (commonly 4 to 6 weeks)	• CT with contrast or MRI without and with contrast of previously involved areas (should be same modality as initial diagnosis if possible)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Indication	Imaging Study
Treatment response in individuals treated with cytotoxic chemotherapy	• Every 2 cycles: ◦ CT of previously involved areas ▪ If CT is performed for primary treatment response, PET/CT (CPT® 78815 or CPT® 78816) can be approved to clarify inconclusive findings detected on conventional imaging OR ◦ PET/CT or PET/MRI (CPT® 78813 and CPT® 76498) until a negative PET is obtained ▪ If PET/CT (CPT® 78815 or CPT® 78816) is performed for primary treatment response, CT or MRI can be approved to clarify inconclusive findings detected on PET imaging
Restaging after negative PET/CT (either Deauville or Lugano 1, 2 or 3 as reported in formal radiology interpretation)	• CT with contrast of previously involved areas
Surveillance	• CT with contrast or MRI without and with contrast of all previously involved areas is indicated every 6 months for 2 years after completion of therapy.
Additional surveillance for individuals with bony primary tumors or metastatic disease	• Bone scan (See: **Modality General Considerations (PEDONC-1.3)** for coding) is indicated at 3, 6, 12, and 18 months after therapy is completed
Clinical symptoms suggesting recurrence	• CT Neck (CPT® 70491), CT Chest (CPT® 71260), Abdomen and Pelvis (CPT® 74177), and other previously involved or currently symptomatic areas
Clarify inconclusive findings on conventional imaging to evaluate the need for biopsy to establish recurrence	• PET/CT (CPT® 78815 or CPT® 78816) or PET/MRI (CPT® 78813 and CPT® 76498)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Background and Supporting Information

- Similar in presentation to Hodgkin Lymphoma, and may be indistinguishable until immunocytology and molecular studies are complete.
- Indications and coding for rare circumstances where PET/MRI may be approved are found in **PET Imaging in Pediatric Oncology (PEDONC-1.4)**

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

References (PEDONC-5)

v2.0.2025

1. Barth M, Xavier AC, Acquazzino M, et al. National Comprehensive Cancer Network (NCCN) Guidelines Version 2.2024 — September 3, 2024, Pediatric Aggressive Mature B-Cell Lymphomas, available at: https://www.nccn.org/professionals/physician_gls/pdf/ped_b-cell.pdf. Referenced with permission from the NCCN Clinical Practice Guidelines in Oncology (NCCN Guidelines™) for Pediatric Aggressive Mature B-Cell Lymphomas V2.2024 9/3/2024. ©2024 National Comprehensive Cancer Network, Inc. All rights reserved. The NCCN Guidelines™ and illustrations herein may not be reproduced in any form for any purpose without the express written permission of the NCCN. To view the most recent and complete version of the NCCN Guidelines™, go online to NCCN.org.
2. Metzger ML, Krasin MJ, Choi JK, et al. Hodgkin lymphoma. In: Pizzo PA, Poplack DG, eds. Principles and Practice of Pediatric Oncology. 7th ed. Philadelphia, PA: Wolters Kluwer; 2016:568-586.
3. Allen CE, Kamdar KY, Bollard CM, et al. Malignant Non-Hodgkin lymphomas in Children. In: Pizzo PA, Poplack DG, eds. Principles and Practice of Pediatric Oncology. 7th ed. Philadelphia, PA: Wolters Kluwer; 2016:587-603.
4. Hayashi RJ, Wistinghausen B, Shiramizu B. Lymphoproliferative Disorders and Malignancies Related To Immunodeficiencies. In: Pizzo PA, Poplack DG, eds. Principles and Practice of Pediatric Oncology. 7th ed. Philadelphia, PA: Wolters Kluwer; 2016:604-616.
5. Alexander S, Ferrando AA. Pediatric lymphoma. In: Orkin SH, Fisher DE, Ginsburg D, Look AT, Lux SE, Nathan DG, eds. Nathan and Oski's Hematology and Oncology of Infancy and Childhood. 8th ed. Philadelphia, PA: Elsevier Saunders; 2015:1626-1671.
6. Lee Chong A, Grant RM, Ahmed BA, Thomas KE, Connolly BL, Greenberg M. Imaging in pediatric patients: time to think again about surveillance. *Pediatr Blood Cancer*. 2010;55(3):407-413. doi:10.1002/pbc.22575.
7. Ceppi F, Pope E, Ngan B, Abla O. Primary cutaneous lymphomas in children and adolescents. *Pediatr Blood Cancer*. 2016;63(11):1886-1894. doi:10.1002/pbc.26076.
8. Flerlage JE, Kelly KM, Beishuizen A, et al. Staging evaluation and response criteria harmonization (SEARCH) for childhood, adolescent, and young adult Hodgkin Lymphoma (CAYAHL): Methodology statement. *Pediatr Blood Cancer*. 2017;64(7):e26421. doi:10.1002/pbc.26421.
9. Friedman DL, Chen L, Wolden S, et al. Dose-intensive response-based chemotherapy and radiation therapy for children and adolescents with newly diagnosed intermediate-risk Hodgkin lymphoma: a report from the Children's Oncology Group Study AHOD0031. *J Clin Oncol*. 2014;32(32):3651-3658. doi:10.1200/JCO.2013.52.5410.
10. Schwartz CL, Chen L, McCarten K, et al. Childhood Hodgkin International Prognostic Score (CHIPS) predicts event-free survival in Hodgkin lymphoma: a report from the Children's Oncology Group. *Pediatr Blood Cancer*. 2017;64(4):e26278. doi:10.1002/pbc.26278.
11. Friedmann AM, Wolfson JA, Hudson MM, et al. Relapse after treatment of Hodgkin lymphoma: outcome and role of surveillance after therapy. *Pediatr Blood Cancer*. 2013;60(9):1458-1463. doi:10.1002/pbc.24568.
12. Mauz-Körholz C, Metzger ML, Kelly KM, et al. Pediatric Hodgkin lymphoma. *J Clin Oncol*. 2015;33(27):2975-2985. doi:10.1200/JCO.2014.59.4853.
13. Voss SD, Chen L, Constine LS, et al. Surveillance computed tomography imaging and detection of relapse in intermediate- and advanced-stage pediatric Hodgkin's lymphoma: A report from the Children's Oncology Group. *J Clin Oncol*. 2012;30(21):2635-2640. doi:10.1200/JCO.2011.40.7841.
14. Voss SD. Surveillance Imaging in Pediatric Hodgkin Lymphoma. *Curr Hematol Malig Rep*. 2013;8(3):218-225. doi:10.1007/s11899-013-0168-z.
15. Appel BE, Chen L, Buxton AB, et al. Minimal treatment of low-risk, pediatric lymphocyte-predominant Hodgkin lymphoma: a report from the Children's Oncology Group. *J Clin Oncol*. 2016;34(20):2372-2379. doi:10.1200/JCO.2015.65.3469.
16. Rosolen A, Perkins SL, Pinkerton CR, et al. Revised international pediatric non-Hodgkin lymphoma staging system. *J Clin Oncol*. 2015;33:2112-2118. doi:10.1200/JCO.2014.59.7203.
17. Sandlund JT, Guillerman RP, Perkins SL, et al. International pediatric Non-Hodgkin lymphoma response criteria. *J Clin Oncol*. 2015;33(18):2106-2111. doi:10.1200/JCO.2014.59.0745.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

18. Eissa HM, Allen CE, Kamdar K, et al. Pediatric Burkitt's lymphoma and Diffuse B-cell lymphoma: are surveillance scans required? *Pediatr Hematol Oncol*. 2014;31(3):253-257. doi:10.3109/08880018.2013.834400.
19. Minard-Colin V, Brugieres L, Reiter A, et al. Non-Hodgkin lymphoma in children and adolescents: progress through effective collaboration, current knowledge, and challenges ahead. *J Clin Oncol*. 2015;33(27):2963-2974. doi:10.1200/JCO.2014.59.5827.
20. Vali R, Punnett A, Bajno L, Moineddin R, Shammas A. The value of 18F-FDG PET in pediatric patients with post-transplant lymphoproliferative disorder at initial diagnosis. *Pediatr Transplant*. 2015;19(8):932-939. doi:10.1111/petr.12611.
21. Hochberg J, Flower A, Brugieres L, Cairo MS. NHL in adolescents and young adults: a unique population. *Pediatr Blood Cancer*. 2018;65:e27073. doi.org/10.1002/pbc.27073.
22. Buhtoiarov IN. Pediatric lymphoma. *Pediatr In Rev*. 2017;38(9):410-423. doi:10.1542/pir.2016-0152.
23. Kelly K, Hiniker SM, Armenian S, et al. National Comprehensive Cancer Network (NCCN) Guidelines Version 1.2024, May 14 2024. Pediatric Hodgkin Lymphoma, available at: https://www.nccn.org/professionals/physician_gls/pdf/ped_hodgkin.pdf, Referenced with permission from the NCCN Clinical Practice Guidelines in Oncology (NCCN Guidelines™) for Pediatric Hodgkin Lymphoma V1.2024, 5/14/2024. ©2024 National Comprehensive Cancer Network, Inc. All rights reserved. The NCCN Guidelines™ and illustrations herein may not be reproduced in any form for any purpose without the express written permission of the NCCN. To view the most recent and complete version of the NCCN Guidelines™, go online to NCCN.org.
24. Mhlanga J, Alazraki A, Cho SY, et. al. Imaging recommendations in pediatric lymphoma: A COG Diagnostic Imaging Committee/SPR Oncology Committee white paper. *Pediatr Blood Cancer*. 2022:e29968. doi:10.1002/pbc.2996.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Neuroblastoma (PEDONC-6)

Guideline

Neuroblastoma – General Considerations (PEDONC-6.1)
Staging and Risk Grouping – Neuroblastoma (PEDONC-6.2)
Neuroblastoma – Initial Staging (PEDONC-6.3)
Neuroblastoma – Treatment Response Imaging (Risk Group Dependent) (PEDONC-6.4)
Neuroblastoma – Surveillance Imaging (Risk Group Dependent) (PEDONC-6.5)
References (PEDONC-6)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Neuroblastoma – General Considerations (PEDONC-6.1)

ONCP.NP.0006.1.A

v2.0.2025

- PEDONC-6 should be used to review neuroblastoma, ganglioneuroblastoma, and ganglioglioma in individuals of all ages, with the exception of esthesioneuroblastoma in individuals of all ages, which should be reviewed using .
- Neuroblastoma is divided into very low, low, intermediate, and high-risk disease based on International Neuroblastoma Risk Group (INRG) Staging System (see: **Staging and Risk Grouping (PEDONC-6.2)**). The treatment approaches for each risk group vary widely and have distinct imaging strategies. The risk group for a given individual should be provided by the ordering provider in the clinical information provided for review.
- For metabolic imaging in individuals who are MIBG positive at diagnosis and then become MIBG negative in response to treatment:
  - Continue to use MIBG (see: table below and **PEDONC-1.3** for coding)

Study Type	Coding
Bone scan	▪ Any of the following codes can be approved: - CPT® 78300 - CPT® 78305 - CPT® 78306 - CPT® 78803, 78830, or 78832 • May be approved alone or in combination with: ◦ CPT® 78305 ◦ CPT® 78306

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Study Type	Coding
^{123}I-metaiodobenzylguanidine (MIBG) scintigraphy	▪ Any one of the following codes can be approved: - CPT® 78801 - CPT® 78802 - CPT® 78804 ▪ Any one of the following codes may also be approved, individual or in combination with CPT® 78801,78802 or 78804 - CPT® 78803 - CPT® 78830 - CPT® 78831 - CPT® 78832 - CPT® 78800 may be approved for KNOWN neuroblastoma when only a single site follow up is desired but is not sufficient for the initial workup of suspected disease.
Octreotide scan	▪ Same coding as MIBG
Gallium scan	▪ Same coding as MIBG

- MIBG remains the standard of care metabolic imaging in neuroblastoma, 18F-FDG-PET-CT is not supported unless one of the exceptions below is present. **All PET imaging in PEDONC-6 refers to 18F-FDG radiotracer.** All other radiotracers are considered not medically necessary at this time:

Indication	Imaging Study
◦ Any of the following: ▪ Individuals with MIBG-negativity documented at initial diagnosis ▪ Individuals with discordant findings on MIBG and conventional imaging (i.e., it is suspected there is more active disease than is visible on MIBG) ▪ At major decision points (such as hematopoietic stem cell transplant or surgery), if MIBG and CT/MRI findings are inconclusive	◦ Whole-body 18F-FDG PET/CT (CPT® 78816) ◦ In scenarios where PET/CT is supported, it does not preclude the other diagnostic imaging studies supported throughout PEDONC-6. PET/CT is viewed as replacing MIBG in these scenarios. Indications and coding for rare circumstances where PET/MRI may be approved are found in **PET Imaging in Pediatric Oncology (PEDONC-1.4)**

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Indication	Imaging Study
◦ Individuals currently receiving medications that may interfere with MIBG uptake that cannot be safely discontinued prior to imaging, including: ▪ Tricyclic antidepressants (amitriptyline, imipramine, etc.) ▪ Selective serotonin reuptake inhibitors (SSRI's, sertraline, paroxetine, escitolapram, etc.) ▪ Neuroleptics (risperidone, haloperidol, etc.) ▪ Antihypertensive drugs (alpha or beta blockers, calcium channel blockers) ▪ Decongestants (phenylephrine, ephedrine, pseudoephedrine) ▪ Stimulants (methylphenidate, dextroamphetamine, etc.)	◦ 18F-FDG PET/CT (CPT® 78816) should only be approved for this indication when specific documentation of the medication interaction is included with the current PET imaging request. ◦ Indications and coding for rare circumstances where PET/MRI may be approved are found in **PET Imaging in Pediatric Oncology (PEDONC-1.4)**

Background and Supporting Information

- Neuroblastoma is the most common extracranial solid tumor of childhood, and generally arises from the adrenal gland or along the sympathetic chain. Neuroblastoma staging has recently changed to better incorporate the prognostic impact of biological and genetic characteristics, particularly segmental chromosome aberrations (SCA) as an additional genomic marker. SCAs of 1p or 11g are poor prognostic indicators.
- 90% to 95% of neuroblastomas secrete homovanillic acid (HVA) and vannilylmandelic acid (VMA) in the urine, and urine HVA/VMA should be performed at every disease evaluation for individuals with positive HVA or VMA at diagnosis
- 99mTc-MDP bone scan does not identify foci of disease that affect staging or clinical management and provides no advantage over MIBG scintigraphy and is not used for evaluation of most individuals with neuroblastoma

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Staging and Risk Grouping – Neuroblastoma (PEDONC-6.2)

ONCP.NP.0006.2.A

v2.0.2025

- Most recent treatment protocols are using the updated International Neuroblastoma Risk Group (INRG) staging system
  - L1: Localized tumor not involving vital structures as defined by the list of image-defined risk factors and confined to one body compartment
    - Image-defined risk factors include a list of specific imaging findings defining individuals less likely to be candidates for complete surgical resection
    - These risk factors involve the encasement of major blood vessels, airway, skull base, costovertebral junction, brachial plexus, spinal canal, or major organs or structures
  - L2: Locoregional tumor with presence of one or more image-defined risk factors
  - M: Distant metastatic disease (except stage MS)
  - MS: Metastatic disease in children younger than 18 months with metastases confined to skin, liver, and/or bone marrow with <10% involvement (MIBG must be negative in bone and bone marrow)
- The risk group for any given individual should be provided or documented by the requesting provider.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Neuroblastoma – Initial Staging (PEDONC-6.3)

ONCP.NP.0006.3.A
v2.0.2025

The following imaging studies should be considered appropriate in the initial staging of individuals with neuroblastoma, ganglioneuroblastoma, or ganglioneuroma:

Indication	Imaging Study
Initial staging for all individuals	• ^{123}I-metaiodobenzylguanidine (see table in **Neuroblastoma – General Considerations (PEDONC-6.1)** for MIBG coding details) scintigraphy AND • ONE of the following sets of imaging: ◦ CT Neck with contrast (CPT® 70491), CT Chest with contrast (CPT® 71260), and CT Abdomen and Pelvis with contrast (CPT® 74177) OR • MRI Neck without and with contrast (CPT® 70543), MRI Chest without and with contrast (CPT® 71552), and MRI Abdomen and Pelvis without and with contrast (CPT® 74183 and CPT® 72197)
• All individuals with paraspinal tumors • Individuals with back pain or cord compression symptoms	In addition to the above imaging: • MRI Cervical (CPT® 72156), Thoracic (CPT® 72157), and Lumbar (CPT® 72158) spine without and with contrast
Evaluation of suspected adrenal neuroblastoma, ganglioneuroblastoma, or ganglioneuroma when CT or MRI is inconclusive for an adrenal lesion.	• Adrenal nuclear imaging (CPT® 78075)
Clinical signs/symptoms suggest brain involvement	• MRI Brain without and with contrast (CPT® 70553)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

- PET should not be used unless one of the exceptions stated in section **Neuroblastoma – General Considerations (PEDONC-6.1)** is present.

Background and Supporting Information

- MIBG provides superior sensitivity and sensitivity for detecting viable osseous disease compared with bone scintigraphy so technetium bone scan is not necessary when MIBG is utilized. MIBG is positive in 90% to 95% of neuroblastomas.
  - Most MIBG imaging studies are SPECT/CT studies using CT for localization only. Separate diagnostic CT codes should not be approved for this purpose
  - Occasionally MIBG cannot be performed prior to initiation of therapy. In this circumstance, MIBG should be completed within 3 weeks of therapy initiation as the reduction in MIBG avidity in response to chemotherapy is not immediate. Inability to complete MIBG before starting therapy is not an indication to approve PET imaging
- MRI Brain of asymptomatic individuals with no history of brain metastases is not indicated for neuroblastoma but may be approved for signs and symptoms of brain involvement.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Neuroblastoma – Treatment Response Imaging (Risk Group Dependent) (PEDONC-6.4)

ONCP.NP.0006.4.A

v2.0.2025

- Risk Grouping will not be known at the time of initial staging, but is critical for all imaging decisions after initial staging is complete. **The treating oncologist should always know the individual's risk grouping**. It is not possible to establish the appropriate imaging plan for a neuroblastoma individual without knowing his/her risk group.

All Very Low Risk and Low Risk Neuroblastoma Not Receiving Chemotherapy:

Indication	Imaging Study
All individuals, 6 to 8 weeks after diagnosis to determine if additional treatment is necessary	• CT with contrast or MRI without and with contrast of the primary tumor site. If primary tumor site is abdomen or pelvis, imaging of both sites is indicated. ◦ Ultrasound may be used in place of CT or MRI to avoid radiation and/ or anesthesia exposure in low risk individuals

Background and Supporting Information

- Many individuals will be treated with surgical resection only without adjuvant therapy, and these individuals enter immediately into surveillance.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

All Intermediate Risk Neuroblastoma and Very Low Risk or Low Risk Neuroblastoma Receiving Chemotherapy:

Indication	Imaging Study
Prior to surgical resection	• Restaging imaging (MIBG and CT or MRI, as performed at initial diagnosis) • PET/CT or PET/MRI is indicated if exceptions noted in **PEDONC-6.1** are met. • Additional imaging for individuals with paraspinal disease: ◦ MRI without and with contrast of the whole spine (CPT® 72156, CPT® 72157, and CPT® 72158)
Treatment response, as often as every 2 cycles of chemotherapy (~every 6 weeks and at the end of planned treatment)	• CT Chest with contrast (CPT® 71260) and CT Abdomen and Pelvis with contrast (CPT® 74177) OR • MRI Neck (CPT® 70543) without and with contrast, MRI Chest without and with contrast (CPT® 71552), and MRI Abdomen and Pelvis without and with contrast (CPT® 74183 and CPT® 72197) AND • CT or MRI of other sites with prior measurable disease • Additional imaging for individuals with paraspinal disease: ◦ MRI without and with contrast of the whole spine (CPT® 72156, CPT® 72157, and CPT® 72158)
In addition to treatment response listed above, every 4 cycles, and at the end of planned chemotherapy treatment	• MIBG scan (see table in **Neuroblastoma - General Considerations (PEDONC-6.1)** for MIBG coding details) • 18F-FDG PET/CT or PET/MRI is indicated if exceptions noted in **PEDONC-6.1** are met

Background and Supporting Information

- Individuals generally receive 2 to 12 cycles of moderate-intensity chemotherapy depending on response to treatment.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

- Surgical resection may occur prior to or following chemotherapy depending on disease stage. Restaging prior to surgery is appropriate.

High-Risk Neuroblastoma:

Indication	Imaging Study
• ANY of the following: ◦ Treatment response ▪ As often as every 2 cycles of chemotherapy, mAb, or biologic therapy (~every 6 weeks) ◦ Change in modality ▪ Prior to surgery, HSCT, XRT, or mAb therapy ◦ End of therapy	• CT Chest with contrast (CPT® 71260) and CT Abdomen and Pelvis with contrast (CPT® 74177) OR • MRI Neck (CPT® 70543) without and with contrast, MRI Chest without and with contrast (CPT® 71552), and MRI Abdomen and Pelvis without and with contrast (CPT® 74183 and CPT® 72197) AND • CT or MRI of other sites with prior measurable disease • Additional imaging for individuals with paraspinal disease: ◦ MRI without and with contrast of the whole spine (CPT® 72156, CPT® 72157, and CPT® 72158) • MIBG scan (see table in **Neuroblastoma - General consideration (PEDONC-6.1)** for MIBG coding details)
At completion of ^{131}I-MIBG therapy	• ^{123}I-MIBG scan ◦ FDG-PET cannot be used after ^{131}I-MIBG therapy
Preoperative planning	• More frequent imaging with any of the above modalities can be approved around the time of surgery if needed

Background and Supporting Information

- This group of individuals receives highly aggressive therapy using sequential chemotherapy, surgery, high dose chemotherapy with stem cell rescue, radiotherapy, monoclonal antibody (mAb) immunotherapy, and biologic therapy.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Neuroblastoma – Surveillance Imaging (Risk Group Dependent) (PEDONC-6.5)

ONCP.NP.0006.5.A
v2.0.2025

Very Low Risk and Low Risk Neuroblastoma:

Indication	Imaging Study
All individuals	• At 3, 6, 9, 12, 18, 24, and 36 months after surgery: ◦ Ultrasound of involved areas OR • 3, 6, 9, 12, 24, and 36 months after surgery or to clarify unclear findings on ultrasound: ◦ CT with contrast or MRI without and with contrast of the primary tumor site
Clarification of findings on CT or MRI suspicious for disease recurrence	• MIBG (see table in **Neuroblastoma - General Considerations (PEDONC-6.1)** for MIBG coding details) • 18F-FDG PET/CT or PET/MRI is indicated if exceptions noted in **PEDONC-6.1** are met.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Intermediate Risk Neuroblastoma:

Indication	Imaging Study
All individuals	• Every 3 months for 1 year, then every 6 months for 1 year, and then at 36 months after surgery: ◦ CT with contrast or MRI without and with contrast of the primary tumor ▪ If the primary tumor is paraspinal: - MRI without and with contrast of the whole spine (CPT® 72156, CPT® 72157, and CPT® 72158) ◦ If primary site is abdomen or pelvis, both body sites may be approved (CPT® 74177 or the combination of CPT® 71297 and CPT® 74183) ◦ If negative at 36 months, no further advanced imaging is necessary but ultrasound may be approved at 48 and 60 months after surgery to complete 5 years surveillance.
• BOTH of the following: ◦ Individuals with stage 4, or M disease, or 4S, or MS disease AND ◦ Positive MIBG at completion of therapy	• Until a negative scan is achieved, every 3 months in year 1, then once in year 2 and year 3: ◦ MIBG scan (see table in **Neuroblastoma – General Considerations (PEDONC-6.1)** for MIBG coding details) ◦ Once a negative MIBG is achieved, no further MIBG imaging is necessary. • MIBG is not indicated for all other intermediate risk individuals. • 18F-FDG PET/CT or PET/MRI is indicated if exceptions noted in **PEDONC-6.1** are met.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

High Risk Neuroblastoma:

Indication	Imaging Study
All individuals	• Every 3 months for 1 year, then every 6 months for 1 year, and then annually to complete 6 years surveillance: ◦ CT with contrast or MRI without and with contrast of the primary tumor site AND ◦ MIBG scan (see table in **Neuroblastoma – General Considerations (PEDONC-6.1)** for MIBG coding details) ▪ 18F-FDG PET/CT or PET/MRI is indicated if exceptions noted in **PEDONC-6.1** are met ◦ If primary site is abdomen or pelvis, both body sites are indicated (CPT® 74177 or the combination of CPT® 71297 and CPT® 74183) ◦ For history of paraspinal disease, MRI without and with contrast of the whole spine (CPT® 72156, CPT® 72157, and CPT® 72158) ◦ If negative at 6 years, no further advanced imaging is necessary.
Suspected recurrence	• CT Chest/Abdomen/Pelvis with contrast (CPT® 71260, and CPT® 74177) or MRI without and with contrast, (CPT® 71552, CPT® 74183, and CPT® 72197) and other sites of prior measurable disease or current symptoms • MRI Brain with and without contrast (CPT® 70553) is indicated for signs or symptoms of brain involvement • MRI without and with contrast of the whole spine (CPT® 72156, CPT® 72157, and CPT® 72158) is indicated for history of paraspinal disease, back pain, or cord compression symptoms. • MIBG scan (see table in **Neuroblastoma - General Considerations (PEDONC-6.1)** for MIBG coding details) • 18F-FDG PET/CT or PET/MRI is indicated if exceptions noted in **PEDONC-6.1** are met.

Background and Supporting Information

- Very Low Risk and Low Risk Neuroblastoma:
  - CT Chest is not indicated in asymptomatic surveillance imaging of any stages of neuroblastoma individuals with no prior history of thoracic disease
- High-Risk Neuroblastoma:

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

- Early detection of recurrence with ^{123}I-MIBG has been shown to improve post-relapse outcomes in high-risk neuroblastoma

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (PEDONC-6)

v2.0.2025

1. Brodeur GM, Hogarty MD, Bagatell R, et al. Neuroblastoma. In: Pizzo PA, Poplack DG, eds. Principles and Practice of Pediatric Oncology. 7th ed. Philadelphia, PA: Wolters Kluwer; 2016:772-797.
2. Shusterman S and George RE. Neuroblastoma. In: Orkin SH, Fisher DE, Ginsburg D, Look AT, Lux SE, Nathan DG, eds. Nathan and Oski's Hematology and Oncology of Infancy and Childhood. 8th ed. Philadelphia, PA: Elsevier Saunders; 2015:1675-1713.
3. Sharp SE, Gelfand MJ, Shulkin BL. Pediatrics: diagnosis of neuroblastoma. *Semin Nucl Med*. 2011;41(5):345-353. doi:10.1053/j.semnuclmed.2011.05.001.
4. Kushner BH, Kramer K, Modak S, et al. Sensitivity of surveillance studies for detecting asymptomatic and unsuspected relapse of high-risk neuroblastoma. *J Clin Oncol*. 2009;27(7):1041-1046. doi:10.1200/JCO.2008.17.6107.
5. Nuchtern JG, London WB, Barnewolt CE, et al. A prospective study of expectant observation as primary therapy for neuroblastoma in young infants: A Children's Oncology Group Study. *Ann Surg*. 2012;256(4):573-580. doi:10.1097/SLA.0b013e31826cbbbd.
6. GE Healthcare. AdreView™ Iobenguane I 123 Injection prescribing information. Revised September 2008. https://www.accessdata.fda.gov/drugsatfda_docs/label/2008/22290lbl.pdf
7. Bombardieri E, Giammarile F, Aktolun C, et al. 131I/123I-Metaiodobenzylguanidine (MIBG) scintigraphy: procedure guidelines for tumor imaging. *Eur J Nucl Med Mol Imaging*. 2010;37(12):2436-2446. http://snmmi.files.cms-plus.com/docs/hpra/2010_published_OC_131I_123I_Metaiodobenzylguanidine_Scintigraphy.pdf.
8. Mueller WP, Coppenrath E, Pfluger T. Nuclear medicine and multimodality imaging of pediatric neuroblastoma. *Pediatr Radiol*. 2013;43(4):418-427. doi:10.1007/s00247-012-2512-1.
9. Park JR, Bagatell R, Cohn SL, et al. Revisions to the International Neuroblastoma Response Criteria: A consensus statement from the National Cancer Institute clinical trials planning meeting. *J Clin Oncol*. 2017;35(22):2580-2587. doi:10.1200/JCO.2016.72.0177.
10. Gauguet J-M, Pace-Emerson T, Grant FD, et al. Evaluation of the utility of 99mTC-MDP bone scintigraphy versus MIBG scintigraphy and cross-sectional imaging for staging patients with neuroblastoma. *Pediatr Blood Cancer*. 2017;64:e26601. doi:10.1002/pbc.26601.
11. Venkatramani R, Pan H, Furman WL, et al. Multimodality treatment of pediatric esthesioneuroblastoma. *Pediatr Blood Cancer*. 2016;63(3):465-470. doi:10.1002/pbc.25817.
12. Owens C, Li BK, Thomas KE, et al. Surveillance imaging and radiation exposure, in the detection of relapsed neuroblastoma. *Pediatr Blood Cancer*. 2016:63(10);1786-1793. doi:10.1002/pbc.26099.
13. Allen-Rhoades W, Whittle SB, Rainusso N. Pediatric solid tumors of infancy: an overview. *Pediatr In Rev*. 2018;39(2):57-67. doi:10.1542/pir.2017-0057.
14. Park JR, Kreissman SG, London WB. Effect of tandem autologous stem cell transplant vs single transplant on event-free survival in patients with high-risk neuroblastoma. *JAMA*. doi:10.1001/jama.2019.11642.
15. Irwin MS, Naranjo A, Zhang FF, et al. Revised neuroblastoma risk classification system: a report from the Children's Oncology Group. *J Clin Oncol*. 2021;39(29):3229-3241. doi:10.1200/JCO.21.00278.
16. Maaz AUR, O'Doherty J, Djekidel M.68Ga-DOTATATE PET/CT for neuroblastoma staging: utility for clinical use. *J Nucl Med Technol*. 2021;49(3):265-268. doi:10.2967/jnmt.120.258939.
17. Bar-Sever Z, Biassoni L, Shulkin B, et. al. Guidelines on nuclear medicine imaging in neuroblastoma. *Eur J Nucl Med Mol Imaging.* 2018;45(11):2009-2024. doi:10.1007/s00259-018-4070-8.
18. Bleeker G, Tytgat GAM, Adam JA, et. al. 123I-MIBG and 18F-FDGPET imaging for diagnosing neuroblastoma. *Cochrane Database of Systematic Reviews*. 2015;9. doi:10.1002/14651858.CD009263.pub2.
19. Lai HA, Sharp SE, Bhatia A, et. al. Imaging of pediatric neuroblastoma: A COG Diagnostic Imaging Committee/SPR Oncology Committee white paper. *Pediatr Blood Cancer*. 2022;e29974. doi:10.1002/pbc.29974.
20. Vo KT, DuBois SG, Neuhaus J, et. al. Pattern and predictors of sites of relapse in neuroblastoma: A report from the International Neuroblastoma Risk Group (INRG) project. *Pediatr Blood Cancer*. 2022;69(9):e29616. doi:10.1002/pbc.29616.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

21. Bagatell R, Park JR, Archarya S, et. al. National Comprehensive Cancer Network (NCCN) Guidelines Version 2.2024 – July 2, 2024. Neuroblastoma, available at: https://www.nccn.org/professionals/physician_gls/pdf/neuroblastoma.pdf, Referenced with permission from the NCCN Clinical Practice Guidelines in Oncology (NCCN Guidelines™) for Neuroblastoma V2.2024 – 7/2/2024. ©2024 National Comprehensive Cancer Network, Inc. All rights reserved. The NCCN Guidelines™ and illustrations herein may not be reproduced in any form for any purpose without the express written permission of the NCCN. To view the most recent and complete version of the NCCN Guidelines™, go online to NCCN.org.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Pediatric Renal Tumors (PEDONC-7)

Guideline

Pediatric Renal Tumors – General Considerations (PEDONC-7.1)
Unilateral Wilms Tumor (UWT) (PEDONC-7.2)
Bilateral Wilms Tumor (BWT) (PEDONC-7.3)
Pediatric Renal Cell Carcinoma (RCC) (PEDONC-7.4)
Clear Cell Sarcoma of the Kidney (CCSK) (PEDONC-7.5)
Malignant Rhabdoid Tumor of the Kidney (MRT) and Other Extracranial Sites (PEDONC-7.6)
Congenital Mesoblastic Nephroma (CMN) (PEDONC-7.7)
References (PEDONC-7)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Pediatric Renal Tumors – General Considerations (PEDONC-7.1)

ONCP.RC.0007.1.A
v2.0.2025

- Ultrasound is considered first-line imaging for suspected pediatric renal mass, given the lack of radiation exposure and need for sedation. Advanced imaging for suspected Wilms Tumor should be done after initial assessment with ultrasound, which has often been completed prior to diagnosis.
- A variety of tumors can occur in the pediatric kidney, and include the following:
  - Wilms Tumor
    - Favorable Histology (FHWT)
    - Focal Anaplasia (FAWT)
    - Diffuse Anaplasia (DAWT)
    - Bilateral Wilms Tumor (BWT)
  - Renal Cell Carcinoma (RCC)
  - Clear Cell Sarcoma of the Kidney (CCSK)
  - Malignant Rhabdoid Tumor of the Kidney (MRT)
  - Congenital Mesoblastic Nephroma (CMN)
  - Other cancers occurring in the kidney:
    - Neuroblastoma
    - Primitive Neuroectodermal Tumor
    - Rhabdomyosarcoma
    - Non-Rhabdomyosarcoma Soft Tissue Sarcomas
    - These and other rare tumors have been reported occurring primarily in the kidney and should be imaged according to the guidelines for the specific histologic diagnosis.
- For suspected renal tumor, cell type unknown, image according to **Pediatric Renal Cell Carcinoma (RCC) (PEDONC-7.4)**
- PET is not routinely supported for initial staging, treatment response or surveillance of any pediatric renal tumor - rare circumstances where an exception to routine may be considered are listed in the relevant guideline sections

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Unilateral Wilms Tumor (UWT) (PEDONC-7.2)

ONCP.RC.0007.2.A
v2.0.2025

Indication	Imaging Study
Initial Staging	• CT Abdomen with contrast (CPT® 74160) or CT Abdomen and Pelvis with contrast (CPT® 74177) ◦ Doppler ultrasound to evaluate for tumor thrombus is not necessary unless CT findings are inconclusive • CT Chest with (CPT® 71260) or without contrast (CPT® 71250) ◦ Should be completed prior to anesthesia exposure if possible • PET is not routinely indicated in the initial staging of any pediatric renal tumor
Bilateral renal lesions noted on ultrasound or CT	• MRI Abdomen (CPT® 74183) and Pelvis (CPT® 72197) without and with contrast
Additional initial staging imaging for any individual with neurologic signs or symptoms raising suspicion of CNS metastases	• MRI Brain without and with contrast (CPT® 70553)
Additional initial staging imaging for any individual with signs or symptoms raising suspicion of bony metastases	• Bone scan (see: **PEDONC-1.3** for coding)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Indication	Imaging Study
Treatment response ~every 2 cycles during treatment and at the end of planned therapy	• CT Chest with (CPT® 71260) *or* without contrast (CPT® 71250) • CT Abdomen with contrast (CPT® 74160) or CT Abdomen and Pelvis with contrast (CPT® 74177) or MRI Abdomen (CPT® 74183) and Pelvis (CPT® 72197) without and with contrast
Rare circumstances to establish the presence of active disease only when a major therapeutic decision depends on PET avidity	• PET/CT (CPT® 78815)
Surveillance	• CT Chest with contrast (CPT® 71260) or CT Chest without contrast (CPT® 71250), or chest x-ray AND CT with contrast (CPT® 74160) or Abdominal US (CPT® 76700) ◦ Every 3 months for 2 years, then every 6 months for 2 additional years, to complete 4 years surveillance • Pelvic imaging (CT or ultrasound) may be added for individuals treated with nephrectomy only or individuals with a history of tumor rupture, known pelvic involvement, diffuse anaplastic histology, or a history of disease recurrence
• There are no data to support the use of PET imaging for routine surveillance in any individual with Wilms tumor.	

Background and Supporting Information

- Many individuals will present with an asymptomatic abdominal mass, and will undergo ultrasound as a primary evaluation.
- Only ~0.5% of individuals with Wilms tumor will ever develop brain metastases
- A very low risk subset of stage I FHWT will be observed after nephrectomy, and enter directly into surveillance.
- The majority of individuals will receive chemotherapy with or without XRT, beginning within 14 days of initial surgery.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Bilateral Wilms Tumor (BWT) (PEDONC-7.3)

ONCP.RC.0007.3.A
v2.0.2025

Indication	Imaging Study
Initial Staging	• MRI Abdomen and Pelvis without and with contrast (CPT® 74183 and CPT® 72197) ◦ CT Abdomen and Pelvis with contrast (CPT® 74177) may be approved in lieu of MRI per provider request. ◦ CT Abdomen and Pelvis with contrast (CPT® 74177) is often performed prior to discovery of bilateral lesions and should not prevent MRI from being approved if requested ▪ Doppler ultrasound to evaluate for tumor thrombus is not necessary unless CT findings are inconclusive • CT Chest with (CPT® 71260) or without contrast (CPT® 71250) ◦ Should be completed prior to anesthesia exposure if possible • PET is not indicated in the initial staging of any pediatric renal tumor
Additional initial staging imaging for any individual with neurologic signs or symptoms raising suspicion of CNS metastases	• MRI Brain without and with contrast (CPT® 70553)
Additional initial staging imaging for any individual with signs or symptoms raising suspicion of bony metastases	• Bone scan (see: **PEDONC-1.3** for coding)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Indication	Imaging Study
Treatment response ~every 2 cycles during treatment and at the end of planned therapy	• MRI Abdomen and Pelvis without and with contrast (CPT® 74183 and CPT® 72197) ◦ CT Abdomen and Pelvis with contrast (CPT® 74177) may be used for individuals with a contraindication to MRI • CT Chest with (CPT® 71260) or without contrast (CPT® 71250)
Rare circumstances to establish the presence of active disease only when a major therapeutic decision depends on PET avidity	• PET/CT (CPT® 78815)
Surveillance	• Every 3 months for 2 years, then every 6 months for 2 additional years, to complete 4 years surveillance: ◦ CT Chest with contrast (CPT® 71260) or CT Chest without contrast (CPT® 71250) or chest x-ray AND ◦ CT Abdomen with contrast (CPT® 74160) or Abdominal US (CPT® 76700) • Pelvic imaging (CT or ultrasound) may be added for individuals treated with nephrectomy only or individuals with a history of tumor rupture, diffuse anaplastic histology, known pelvic involvement, or a history of disease recurrence
• PET is not routinely utilized to assess treatment response or for surveillance in Wilms tumor.	

Background and Supporting Information

- Many individuals will present with an asymptomatic abdominal mass, and will undergo ultrasound as a primary evaluation.
- Individuals with bilateral Wilms Tumor may begin therapy without a histologic diagnosis to preserve a localized disease stage and attempt to shrink the tumors to allow for renal-sparing surgical approaches.
- Only ~0.5% of Wilms tumor individuals will ever develop brain metastases

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

- If treating with chemotherapy without a biopsy, disease evaluation is indicated at week 6. If either tumor has not shrunk 50%, then open biopsy is indicated to confirm favorable histology.
- If partial nephrectomy still not feasible at week 6, the next disease evaluation is at week 12. Surgical resection should occur no later than week 12.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Pediatric Renal Cell Carcinoma (RCC) (PEDONC-7.4)

ONCP.RC.0007.4.A
v2.0.2025

Indication	Imaging Study
Initial Staging	• CT Abdomen and Pelvis with contrast (CPT® 74177) ◦ If bilateral renal lesions are noted on ultrasound or CT, MRI Abdomen and Pelvis without and with contrast (CPT® 74183 and CPT® 72197) should be strongly considered • CT Chest with (CPT® 71260) *or* without contrast (CPT® 71250) ◦ Should be completed prior to anesthesia exposure if possible • PET scan is not indicated in the initial staging of any pediatric renal tumor
Additional initial staging for any individual with neurologic signs or symptoms raising suspicion of CNS metastases	• MRI Brain without and with contrast (CPT® 70553)
Additional initial staging for any individual with signs or symptoms raising suspicion of bony metastases	• Bone scan (See: **PEDONC-1.3** for coding)
Treatment response in individuals with residual measurable disease after initial surgery and receiving adjuvant medical therapy	• Every 2 cycles during active treatment: ◦ CT Chest with (CPT® 71260) *or* without contrast (CPT® 71250) and ◦ CT Abdomen with contrast (CPT® 74160) ▪ Pelvic imaging is not indicated unless prior pelvic involvement has been documented

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Indication	Imaging Study
Rare circumstances to establish the presence of active disease only when a major therapeutic decision depends on PET avidity	• PET/CT (CPT® 78815) • Indications and coding for rare circumstances where PET/MRI may be approved are found in **PET Imaging in Pediatric Oncology (PEDONC-1.4)**
Surveillance in individuals with documented CNS metastases	• Every 6 months for 2 years after completion of all therapy: ◦ MRI Brain without and with contrast (CPT® 70553)
Surveillance in individuals with TFE3 or TFEB subtype	• Every 3 months for 2 years, then every 6 months for 2 years after completion of all therapy: ◦ CT Chest with (CPT® 71260) or without contrast (CPT® 71250) ◦ CT Abdomen with contrast (CPT® 74160) or MRI Abdomen without and with contrast (CPT® 74183) ▪ Pelvic imaging is not indicated for surveillance unless prior pelvic involvement has been documented
Surveillance in all other histologies	• See: **Renal Cell Cancer (RCC) – Surveillance (ONC-17.4)**
New signs/symptoms suggestive of CNS recurrence	• MRI Brain without and with contrast (CPT® 70553)
• PET is not routinely utilized to assess treatment response in pediatric RCC.	

Background and Supporting Information

- A majority of pediatric cases have a novel subtype involving TFE3 or TFEB translocations, which have a different natural history than “adult type” RCC
- Individuals of any age with TFE3 or TFEB translocated RCC should be imaged according to this guideline section.
- 40% to 45% of pediatric RCC cases have similar histologies to adult RCC (clear cell, papillary, chromophobe, etc.) and imaging decisions will be similar to general oncology guidelines.
- Individuals with all other subtypes of RCC should be imaged according to **Renal Cell Cancer (RCC) (ONC-17)** in the Oncology Imaging Guidelines

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

- Many individuals will present with an asymptomatic abdominal mass, and will undergo ultrasound as a primary evaluation. Doppler ultrasound to evaluate for tumor thrombus is no longer necessary unless CT findings are inconclusive, and should not be performed if CT is already completed.
- Other staging imaging than what is stated in the above table should be deferred until a histologic diagnosis is made, by complete nephrectomy for most unilateral renal tumors and biopsy for bilateral renal tumors or inoperable unilateral tumors
- Most individuals will have surgical resection of all disease at the time of diagnosis and will enter directly into surveillance

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Clear Cell Sarcoma of the Kidney (CCSK) (PEDONC-7.5)

ONCP.RC.0007.5.A
v2.0.2025

Be careful not to confuse the diagnosis with clear cell RCC. See: Renal Cell Cancer (RCC) (ONC-17) for imaging guidelines.

Indication	Imaging Study
Initial Staging	• CT Abdomen and Pelvis with contrast (CPT® 74177) ◦ Doppler ultrasound to evaluate for tumor thrombus is not necessary unless CT findings are inconclusive • CT Chest with (CPT® 71260) or without contrast (CPT® 71250) ◦ Should be completed prior to anesthesia exposure if possible • Bone scan (see: **PEDONC-1.3** for coding) • MRI Brain without and with contrast (CPT® 70553) • PET is not indicated in the initial staging of any pediatric renal tumor
Bilateral renal lesions are noted on ultrasound or CT in initial staging	• MRI Abdomen and Pelvis without and with contrast (CPT® 74183 and CPT® 72197)
Treatment response ~every 2 cycles during treatment and at the end of planned therapy	• CT Chest with (CPT® 71260) *or* without contrast (CPT® 71250) • CT Abdomen and Pelvis with contrast (CPT® 74177) or MRI Abdomen and Pelvis without and with contrast (CPT® 74183 and CPT® 72197) • Additionally, for individuals with CNS metastases at initial staging: ◦ MRI Brain without and with contrast (CPT® 70553) Bone scan (see: **Modality General Considerations (PEDONC-1.3)** for coding) at the end of planned therapy

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Indication	Imaging Study
Rare circumstances to establish the presence of active disease only when a major therapeutic decision depends on PET avidity	• PET/CT (CPT® 78815) • Indications and coding for rare circumstances where PET/MRI may be approved are found in **PET Imaging in Pediatric Oncology (PEDONC-1.4)**
Surveillance	• Every 3 months for 2 years after completion of all therapy: ◦ CT Chest with (CPT® 71260) *or* without contrast (CPT® 71250) ◦ CT Abdomen and Pelvis with contrast (CPT® 74177) or MRI Abdomen and Pelvis without and with contrast (CPT® 74183 and CPT® 72197) • Every 6 months for 3 years after completion of all therapy: ◦ MRI Brain without and with contrast (CPT® 70553) • Every 3 months for 1 year, then every 6 months for 2 years after completion of all therapy: ◦ Bone scan (see: **Modality General Considerations (PEDONC-1.3)** for coding) ◦ If negative at 36 months, no further advanced imaging is necessary. • Other surveillance imaging should be by Abdominal US (CPT® 76700) and chest x-ray

Background and Supporting Information

- Many individuals will present with an asymptomatic abdominal mass, and will undergo ultrasound as a primary evaluation.
- Other staging imaging should be deferred until a histologic diagnosis is made, by complete nephrectomy for most unilateral renal tumors and biopsy for bilateral renal tumors or inoperable unilateral tumors

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Malignant Rhabdoid Tumor of the Kidney (MRT) and Other Extracranial Sites (PEDONC-7.6)

ONCP.RC.0007.6.A
v2.0.2025

Be careful not to confuse the diagnosis with rhabdomyosarcoma. See: Rhabdomyosarcoma (RMS) (PEDONC-8.2) for Imaging Guidelines

Indication	Imaging Study
Initial Staging	• CT Abdomen and Pelvis with contrast (CPT® 74177) ◦ Doppler ultrasound to evaluate for tumor thrombus is not necessary unless CT findings are inconclusive • CT Chest with (CPT® 71260) or without contrast (CPT® 71250) ◦ Should be completed prior to anesthesia exposure if possible • Bone scan (see: **PEDONC-1.3** for coding) • MRI Brain without and with contrast (CPT® 70553) • PET is not indicated in the initial staging of any pediatric renal tumor
Bilateral renal lesions are noted on ultrasound or CT in initial staging	• MRI Abdomen and Pelvis without and with contrast

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Indication	Imaging Study
Treatment response ~every 2 cycles during treatment and at the end of planned therapy	• CT Chest with (CPT® 71260) *or* without contrast (CPT® 71250) • CT Abdomen and Pelvis with contrast (CPT® 74177) or MRI Abdomen and Pelvis without and with contrast (CPT® 74183 and CPT® 72197) ◦ If primary site other than kidney, perform CT with contrast or MRI without and with contrast of primary site in place of abdominal and pelvic imaging • MRI Brain without and with contrast (CPT® 70553) can be performed: ◦ Every 2 cycles during treatment for individuals with CNS metastases at initial staging ◦ At the end of planned therapy for all individuals • Bone scan (see: **PEDONC-1.3** for coding) at the end of planned therapy only if positive at initial diagnosis
Rare circumstances to establish the presence of active disease only when a major therapeutic decision depends on PET avidity	• PET/CT (CPT® 78815) • Indications and coding for rare circumstances where PET/MRI may be approved are found in **PET Imaging in Pediatric Oncology (PEDONC-1.4)**

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Indication	Imaging Study
Surveillance	• Every 3 months for 2 years after completion of all therapy: ◦ CT Chest with (CPT® 71260) *or* without contrast (CPT® 71250) • Every 3 months for 3 years after completion of all therapy: ◦ CT Abdomen and Pelvis with contrast (CPT® 74177) or MRI Abdomen and Pelvis without and with contrast (CPT® 74183 and CPT® 72197) ▪ If primary site other than kidney, perform CT with contrast or MRI without and with contrast of primary site in place of abdominal imaging • Every 3 months for 1 year, then every 6 months for 1 year after completion of all therapy: ◦ MRI Brain without and with contrast (CPT® 70553) • If bone scan positive at initial diagnosis: ◦ Every 3 months for 1 year, then every 6 months for 2 years: ▪ Bone scan (see: **PEDONC-1.3** for coding) ◦ If negative at 36 months, no further advanced imaging is necessary • The role of surveillance imaging beyond these timeframes in unclear. Abdominal US (CPT® 76700) and chest x-ray may be considered
Continued Surveillance of individuals with Rhabdoid Tumor predisposition Syndrome	• See: **Rhabdoid Tumor Predisposition Syndrome (PEDONC-2.11)**

Background and Supporting Information

- MRT is a highly aggressive histologic variant that can also occur in other locations and all non-CNS sites should follow these guidelines.
- Primary CNS rhabdoid malignancies should be imaged according to **Atypical Teratoid/Rhabdoid Tumors (ATRT) PEDONC-4.5)**
- Many individuals will present with an asymptomatic abdominal mass, and will undergo ultrasound as a primary evaluation.
- Other staging imaging should be deferred until a histologic diagnosis is made, by complete nephrectomy for most unilateral renal tumors and biopsy for bilateral renal tumors or inoperable unilateral tumors

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Congenital Mesoblastic Nephroma (CMN) (PEDONC-7.7)

ONCP.RC.0007.7.A
v2.0.2025

Congenital Mesoblastic Nephroma Initial Staging

- CT Abdomen and Pelvis with contrast (CPT® 74177) is indicated in all individuals
- CT Chest with (CPT® 71260) can be approved to evaluate inconclusive findings on chest x-ray

Congenital Mesoblastic Nephroma Treatment Response

- CT Abdomen and Pelvis with contrast (CPT® 74177) once following resection to establish baseline imaging, and those with a complete resection should then be imaged according to surveillance guidelines
- CT Abdomen and Pelvis with contrast (CPT® 74177) for individuals receiving preoperative chemotherapy every 2 cycles of therapy until surgery and then should be imaged according to surveillance guidelines after their postoperative baseline imaging study

Congenital Mesoblastic Nephroma Surveillance Imaging

- Ultrasound is the preferred surveillance imaging modality to avoid radiation and anesthesia exposures
- CT Abdomen and Pelvis with contrast (CPT® 74177) **or** MRI Abdomen and Pelvis without and with contrast (CPT® 74183 and CPT® 72197) for residual abnormalities present on post-operative imaging or inconclusive findings on ultrasound every 3 months for 1 year after completion of all therapy

Background and Supporting Information

- This is the most common primary renal tumor occurring in young infants, and the overall prognosis is very good
- Complete surgical removal is curative in most cases, and histologically confirmed metastatic disease or bilateral disease has never been reported
- Many individuals will present with an asymptomatic abdominal mass at the time of birth or abnormal prenatal ultrasound, and will undergo ultrasound as a primary evaluation.
- PET is not indicated in the initial staging of any pediatric renal tumor
- Recurrences are rare but most occur within 12 months of diagnosis

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (PEDONC-7)

v2.0.2025

1. Fernandez C, Geller JI, Ehrlich PF, et al. Renal tumors. In: Pizzo PA, Poplack DG, eds. Principles and Practice of Pediatric Oncology. 7th ed. Philadelphia, PA: Wolters Kluwer; 2016:753-771.
2. Dome JS, Mullen EA, and Argani P. Pediatric renal tumors. In: Orkin SH, Fisher DE, Ginsburg D, Look AT, Lux SE, Nathan DG, eds. Nathan and Oski's Hematology and Oncology of Infancy and Childhood. 8th ed. Philadelphia, PA: Elsevier Saunders; 2015:1714-1746.
3. Kaste SC, Brady SL, Yee B, et al. Is routine pelvic surveillance imaging necessary in patients with Wilms tumor? *Cancer*. 2013;119(1):182-188. doi:10.1002/cncr.27687.
4. Khanna G, Rosen N, Anderson JR, et al. Evaluation of diagnostic performance of CT for detection of tumor thrombus in children with Wilms tumor: a report from the Children's Oncology Group. *Pediatr Blood Cancer*. 2012;58(4):551-555. doi:10.1002/pbc.23222.
5. Misch D, Steffen IG, Schönberger S, et al. Use of positron emission tomography for staging, preoperative response assessment and post therapeutic evaluation in children with Wilms tumor. *Eur J Nucl Med Mol Imaging*. 2008;35(9):1642-1650. doi:10.1007/s00259-008-0819-9.
6. Servaes S, Khanna G, Naranjo A, et al. Comparison of diagnostic performance of CT and MRI for abdominal staging of pediatric renal tumors: a report from the Children's Oncology Group. *Pediatr Radiol*. 2015;45(2):166-172. doi:10.1007/s00247-014-3138-2.
7. Servaes SE, Hoffer FA, Smith EA, Khanna G. Imaging of Wilms tumor: an update. *Pediatr Radiol*. 2019;49(11):1441-1452. doi:10.1007/s00247-019-04423-3.
8. Uslu L, Doing J, Link M, Rosenburg J, Quon A, Daldrup-Link HE. Value of 18F-FDG PET and PET/CT for Evaluation of Pediatric Malignancies. J Nucl Med. 2015;56(2):274-286. doi:10.2967/jnumed.114.146290.
9. Dome JS, Graf N, Geller JI, et al. Advances in Wilms tumor treatment and biology: progress through international collaboration. *J Clin Oncol*. 2015;33(27):2999-3007. doi:10.1200/JCO.2015.62.1888.
10. Venkatramani R, Chi Y-Y, Coppes MJ, et al. Outcome of patients with intracranial relapse enrolled on National Wilms Tumor Study Group clinical trials. *Pediatr Blood Cancer*. 2017;64(7):e26406. doi:10.1002/pbc.26406.
11. Mullen EA, Chi Y-Y, Hibbitts E, et al. Impact of surveillance imaging modality on survival after recurrence in patients with favorable-histology Wilms tumor: a report from the Children's Oncology Group. *J Clin Oncol*. 2018;36:3396-3403. doi:10.1200/JCO.18.00076.
12. Ehrlich P, Chi Y-Y, Chintagumpala MM, et al. results of the first prospective multi-institutional treatment study in children with bilateral Wilms tumor (AREN0534): a report from the Children's Oncology Group. *Ann Surg*. 2017;266(3):470-478. doi:10.1097/SLA.0000000000002356.
13. Geller JI, Ehrlich PF, Cost NG, et al. Characterization of adolescent and pediatric renal cell carcinoma: a report from the Children's Oncology Group study AREN03B2. *Cancer*. 2015 July; 121(14):2457-2464. doi:10.1002/cncr.29368.
14. Rialon KL, Gulack BC, Englum BR, Routh JC, Rice HE. Factors impacting survival in children with renal cell carcinoma. J *Pediatr Surg*. 2015;50(6):1014-1018. doi:10.1016/j.jpedsurg.2015.03.027.
15. Gooskens SL, Houwing ME, Vujanic GM, et al. Congenital mesoblastic nephroma 50 years after its recognition: a narrative review. *Pediatr Blood Cancer*. 2017; 64(7):e26437. doi:10.1002/pbc.26437.
16. Seibel NL, Chi YY, et al. Impact of cyclophosphamide and etoposide on outcome of clear cell sarcoma of the kidney treated on the National Wilms Tumor Study-5 (NWTS-5). *Pediatr Blood Cancer*. 2019;66(1):e27450. doi:10.1002/pbc.27450.
17. Balis F, Green DM, Armstrong A, et. al. National Comprehensive Cancer Network (NCCN) Guidelines Version 2.2024 – October 25, 2024. Wilms Tumor (Nephroblastoma), available at: https://www.nccn.org/professionals/physician_gls/pdf/wilms_tumor.pdf. Referenced with permission from the NCCN Clinical Practice Guidelines in Oncology (NCCN Guidelines™) for Wilms Tumor (Nephroblastoma) V2.2024 – 10/25/2024. ©2024 National Comprehensive Cancer Network, Inc. All rights reserved. The NCCN Guidelines™ and illustrations herein may not be reproduced in any form for any purpose without the express written permission of the NCCN. To view the most recent and complete version of the NCCN Guidelines™, go online to NCCN.org.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

18. Servaes SE, Hoffer FA, Smith EA, Khanna G. Imaging of Wilms tumor: an update. *Pediatric Radiol*. 2019;49(11):1441–1452. doi:10.1007/s00247-019-04423-3.
19. Dix DB, Seibel NL, Chi Y, et. al. Treatment of stage IV favorable histology Wilms tumor with lung metastases: a report from the Children's Oncology Group AREN0533 study. *J Clin Oncol*. 2018;36(16):1564-1570. doi:10.1200/JCO.2017.77.1931.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Pediatric Soft Tissue Sarcomas (PEDONC-8)

Guideline

Pediatric Soft Tissue Sarcomas – General Considerations (PEDONC-8.1)
Rhabdomyosarcoma (RMS) (PEDONC-8.2)
Non-Rhabdomyosarcoma Soft Tissue Sarcomas (NRSTS) (PEDONC-8.3)
References (PEDONC-8)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Pediatric Soft Tissue Sarcomas – General Considerations (PEDONC-8.1)

ONCP.SS.0008.1.A

v2.0.2025

- Unless specified below, individuals age <18 years old should be imaged according to this guideline section. Exceptions include:
  - Rhabdomyosarcoma in individuals (except uterine rhabdomyosarcoma) of all ages should be imaged according to guidelines in **Rhabdomyosarcoma (RMS) (PEDONC-8.2)**
  - Uterine rhabdomyosarcoma individuals of all ages should be imaged according to guidelines in Uterine Cancer (ONC-22). See: **Uterine Cancer - General Considerations (ONC-22.0)** in the Oncology Imaging Guidelines
  - Kaposi's sarcoma in individuals of all ages should be imaged according to guidelines in **Kaposi's Sarcoma (ONC-31.10)** in the Oncology Imaging Guidelines
- Evaluation of soft tissue masses of uncertain nature prior to biopsy should follow general imaging guidelines:
  - Individuals age 0 to 17 years, see: **Soft Tissue and Bone Masses (PEDMS-3)** in the Pediatric Musculoskeletal Imaging Guidelines
  - Individuals age ≥18 years, see: **Soft Tissue Mass or Lesion of Bone (MS-10)** in the Musculoskeletal Imaging Guidelines
- Where there are indications for PET/CT in these guidelines, note that indications and coding for rare circumstances where PET/MRI may be approved are found in **PET Imaging in Pediatric Oncology (PEDONC-1.4)**

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Rhabdomyosarcoma (RMS) (PEDONC-8.2)

ONCP.SS.0008.2.A

v2.0.2025

- Individuals of all ages are imaged according to this guideline, with exception of uterine rhabdomyosarcoma, which is imaged according to Uterine Cancer (ONC-22). See: **Uterine Cancer – General Considerations (ONC-22.0)** in the Oncology Imaging Guidelines.

Indication	Imaging Study
Initial staging for all individuals	ALL of the following: • MRI without and with contrast of primary site ◦ CT with contrast is supported if MRI is contraindicated • CT Chest with contrast or CT Chest without contrast ◦ Should be completed prior to anesthesia exposure if possible • Whole-Body PET/CT (CPT® 78816) ◦ Bone scan may be substituted for PET, if PET not available
Additional initial staging for ANY of the following: • Evaluation of inconclusive PET findings in the abdomen or pelvis • Primary site of abdomen or pelvis • Lower extremity primary site	• CT Abdomen and Pelvis with contrast (CPT 74177)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Indication	Imaging Study
Additional initial staging for ANY of the following: • Primary site involving the paraspinal or paravertebral region • PET or bone scan-avid lesions in skull, neck, vertebrae • Neurologic signs or symptoms raising suspicion of CNS metastases	ALL of the following: • MRI Brain (CPT® 70553) • MRI Spine without and with contrast (Cervical-CPT® 72156, Thoracic-CPT® 72157, Lumbar-CPT® 72158)
Treatment response, every 2 cycles during treatment, prior to local control surgery, and at the end of planned therapy	ALL of the following: • CT Chest with (CPT® 71260) contrast or CT Chest without contrast (CPT® 71250) • MRI without and with contrast of primary site ◦ CT may be used if used at initial imaging for MRI contraindication • CT with contrast or MRI without and with contrast of all known metastatic sites using the same conventional imaging modality as per initial staging
ANY of the following: • Response assessment prior to local control surgery or radiation therapy • Evaluation of residual mass visible on conventional imaging as part of end of therapy evaluation • Response assessment of disease visible on PET but not conventional imaging • PET results are likely to result in a treatment change for the individual, including a change from active treatment to surveillance.	• Whole-body PET/CT (CPT® 78816) ◦ Once PET has been documented to be negative for a given individual's cancer or all PET-avid disease has been surgically resected, PET should not be used for continued disease monitoring or surveillance unless one of the exceptions in section **General Guidelines (PEDONC-1.0)** applies.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Indication	Imaging Study
Restaging following local control surgery	ALL of the following: • MRI without and with contrast of primary site ◦ CT may be used if used at initial imaging for MRI contraindication • CT with contrast or MRI without and with contrast of all known metastatic sites using the same conventional imaging modality as per initial staging
Surveillance, localized RMS	ALL of the following, every 3 months for 1 year, then every 4 months for 2 years, then every 6 months for 1 year after completion of all therapy: • MRI without or without and with contrast of primary tumor site ◦ CT may be substituted if MRI contraindicated • Chest x-ray ◦ CT Chest with (CPT® 71260) **or** CT Chest without contrast (CPT® 71250) is indicated for new or worsening clinical symptoms of chest disease or new findings on chest x-ray
Surveillance, metastatic RMS	ALL of the following, every 3 months for 1 year, then every 4 months for 2 years, then every 6 months for 1 year after completion of all therapy: • MRI without or without and with contrast of primary tumor site • CT may be substituted if contraindication to MRI • CT Chest with (CPT® 71260) *or* without contrast (CPT® 71250) • CT with or without contrast of all known metastatic sites • Nuclear bone scan (see: **PEDONC-1.3** for coding) for surveillance of known bony metastases
Suspected recurrence	• Repeat conventional imaging as per initial staging for all individuals

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Indication	Imaging Study
ONE of the following: • Biopsy-proven recurrence • Conventional imaging (CT, MRI, US, plain film) reveals findings that are inconclusive or suspicious for recurrence, and PET avidity will determine whether biopsy or continued observation is appropriate • Rare circumstances where obvious clinical symptoms show strong evidence suggesting recurrence, and PET would replace conventional imaging modalities.	• Whole-body PET/CT (CPT® 78816)

Background and Supporting Information

- Soft tissue sarcomas occur in both adult and pediatric individuals, but some are more common in one age group than the other.
- Pediatric soft tissue sarcomas are divided into **two** groups:
  - Rhabdomyosarcoma (RMS) accounts for ~60% of soft tissue sarcomas in young individuals, but only ~25% of soft tissue sarcomas in adolescents
  - Non-rhabdomyosarcoma soft tissue sarcomas (NRSTS) which encompasses all other histologic subtypes
- Because RMS can arise from any muscle tissue, the presenting symptoms and primary tumor sites vary widely and strongly influence the appropriate imaging decisions
- CT with contrast is the preferred primary site imaging modality for RMS arising in the thoracic cavity (not the chest wall)
- MRI without and with contrast is the preferred primary site imaging modality for RMS occurring in all other anatomic locations, including the chest wall.
- PET/CT is superior to conventional imaging for detection of nodal and bony metastases in pediatric RMS and is indicated in the initial staging of all individuals after histologic diagnosis is established
- CT Abdomen and Pelvis with contrast (CPT® 74177) is not routinely indicated in the initial metastatic staging of pediatric RMS
- PET is not routinely utilized to assess treatment response in RMS

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

- PET is generally not indicated during active treatment for recurrent pediatric cancer
- Residual mass that has not changed in size since the last conventional imaging does not justify PET imaging during surveillance
- PET avidity in a residual mass at the end of planned therapy is not an indication for PET imaging during surveillance

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Non-Rhabdomyosarcoma Soft Tissue Sarcomas (NRSTS) (PEDONC-8.3)

ONCP.SS.0008.3.A
v2.0.2025

Indication	Imaging Study
Initial staging of all individuals	ALL of the following: • MRI without and with contrast of primary site ◦ CT with contrast may be substituted if contraindication to MRI • CT Chest with contrast or without contrast ◦ Should be completed prior to anesthesia if possible • For primary tumor of the chest wall, both MRI Chest wall without and with contrast (CPT® 71552) and CT Chest with contrast (CPT® 71260) or without contrast (CPT® 71250) to assess for pulmonary metastatic disease (indicated simultaneously) • PET/CT (CPT® 78815) ◦ Whole-body PET/CT (CPT® 78816) if there is clinical suspicion of skull or distal lower extremity involvement • Nuclear bone scan (see: **PEDONC-1.3** for coding) if PET is not available

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Indication	Imaging Study
ANY of the following: • Additional initial staging for individuals with disease in the abdomen, pelvis, or lower extremities • Liposarcoma, angiosarcoma, alveolar soft part sarcoma, clear cell sarcoma, leiomyosarcoma, and/or epithelioid sarcoma • Inconclusive findings in the abdomen or pelvis on PET/CT	• CT Abdomen and Pelvis with contrast (CPT® 74177) if not already performed
Additional staging for individuals with primary site arising in the paraspinal or paravertebral region	• MRI Brain (CPT® 70553) and Spine (Cervical-CPT® 72156, Thoracic-CPT® 72157, Lumbar-CPT® 72158) without and with contrast
Further evaluation of ANY of the following: • PET or nuclear bone scan-avid lesions in skull, neck, or vertebrae seen on initial imaging • Neurologic signs or symptoms raising suspicion of CNS metastases • Angiosarcoma, alveolar soft part sarcoma, cardiac sarcoma, myxoid round cell liposarcoma	ALL of the following: • MRI Brain (CPT® 70553) • MRI Spine (Cervical-CPT® 72156, Thoracic-CPT® 72157, Lumbar-CPT® 72158)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Indication	Imaging Study
Treatment response, every 2 cycles of treatment, prior to local control, and at the end of planned therapy	Either of the following: • CT Chest with (CPT® 71260) or CT Chest without contrast (CPT® 71250), and • MRI without and with contrast of primary site ◦ CT may be substituted if contraindication to MRI and • CT Abdomen and Pelvis with contrast (CPT® 74177) for the same indications as abdominal/ pelvic imaging for initial staging • Imaging of all known metastatic sites using the same conventional imaging modality as per initial staging OR • PET/CT (CPT® 78815) if disease visible on initial staging PET but not on conventional imaging ◦ Whole-body PET/CT (CPT® 78816) if there is clinical suspicion of skull or distal lower extremity involvement
ANY of the following, if PET positive at initial diagnosis: • Assessment prior to local control surgery or radiation therapy • Evaluation of residual mass visible on conventional imaging as part of end of therapy evaluation • Rare circumstances when PET results are likely to result in a treatment change for the individual, including a change from active treatment to surveillance	• PET/CT (CPT® 78815) ◦ Whole-body PET/CT (CPT® 78816) if there is clinical suspicion of skull or distal lower extremity involvement ◦ Once PET has been documented to be negative for a given individual's cancer or all PET-avid disease has been surgically resected, PET should not be used for continued disease monitoring or surveillance unless one of the exceptions in section **General Guidelines (PEDONC-1.0)** applies.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Indication	Imaging Study
Restaging following local control surgery	ALL of the following: • MRI without and with contrast of the primary site ◦ CT may be substituted if contraindication to MRI • Imaging of all known metastatic sites using the same conventional imaging modality as per initial staging • CT Abdomen and Pelvis with contrast (CPT® 74177) for the same indications as abdominal/ pelvic imaging for initial staging
Surveillance, low grade, localized NRSTS of extremity or trunk treated with resection (with or without radiation) or chemotherapy	Every 3 months for the first 12 months, then every 4 months in years 2 and 3, and every 6 months in years 4 and 5 to complete 5 years surveillance after completion of therapy: • MRI without and with contrast of the primary site • CT may be substituted if MRI contraindicated AND Every 6 months for 3 years after completion of all therapy • CT Abdomen and Pelvis with contrast (CPT® 74177) for the same indications as abdominal/ pelvic imaging for initial staging • CT Chest with (CPT® 71260) or CT Chest without contrast (CPT® 71250) ◦ CT Chest only supported for new symptoms or new findings on chest x-ray thereafter.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Indication	Imaging Study
Surveillance all other NRSTS	Every 3 months for the first 2 years, then every 6 months in years 3 and 4, and then annually: • MRI without and with contrast of the primary site ◦ CT may be substituted if MRI contraindicated ◦ Nuclear bone scan (see: **PEDONC-1.3** for coding) for surveillance of known bony metastases • CT Chest with (CPT® 71260) or CT Chest without contrast (CPT® 71250) • CT Abdomen and Pelvis with contrast (CPT® 74177) for the same indications as abdominal/ pelvic imaging for initial staging
ANY of the following: • Angiosarcoma • Alveolar soft part sarcoma • Cardiac sarcoma	• In addition to the above studies: ◦ MRI Brain without and with contrast (CPT® 70553) annually For surveillance of individuals with known brain metastases, see: **Brain Metastases (ONC-31.3)**
Surveillance, recurrent NRSTS	ALL of the following after successful treatment for recurrent disease, every 3 months for 1 year: • CT Chest (CPT® 71260) with contrast • CT with contrast or MRI without and with contrast of the primary site • CT Abdomen and Pelvis with contrast (CPT® 74177) for the same indications as abdominal/ pelvic imaging for initial staging • Surveillance in years 2 through 5 after completing therapy for recurrence should follow the standard timing listed in the appropriate surveillance section

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Indication	Imaging Study
ANY of the following: • Conventional imaging (CT, MRI, US, plain film) during surveillance reveals findings that are inconclusive or suspicious for recurrence, and PET avidity will determine whether biopsy or continued observation is appropriate • Obvious clinical symptoms show strong evidence suggesting recurrent and PET would replace conventional imaging modalities	• PET/CT (CPT® 78815) ◦ Whole-body PET/CT (CPT® 78816) if there is clinical suspicion of skull or distal lower extremity involvement

Background and Supporting Information

- All soft tissue sarcomas other than RMS fall into this category
- Because soft tissue sarcomas can arise from any soft tissue, the presenting symptoms and primary tumor sites vary widely and strongly influence the appropriate imaging decisions
- CT Abdomen and Pelvis with contrast (CPT® 74177) is not routinely indicated in the initial metastatic staging of pediatric NRSTS
- Many individuals with NRSTS will be treated with surgical resection alone, and these individuals enter immediately into surveillance
- PET imaging is not routinely utilized to assess treatment response in NRSTS
- PET imaging is generally not indicated during active treatment for recurrent pediatric cancer.
- Residual mass that has not changed in size since the last conventional imaging does not justify PET
- PET avidity in a residual mass at the end of planned therapy is not an indication for PET imaging during surveillance

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (PEDONC-8)

v2.0.2025

1. Wexler LH, Skapek SX, Helman LJ. Rhabdomyosarcoma. In: Pizzo PA, Poplack DG, eds. Principles and Practice of Pediatric Oncology. 7th edition. Philadelphia, PA: Wolters Kluwer; 2016:798-826.
2. Spunt SL, Million L, and Coffin C. The Nonrhabdomyosarcoma soft tissue sarcomas. In: Pizzo PA, Poplack DG, eds. Principles and Practice of Pediatric Oncology. 7th edition. Philadelphia, PA: Wolters Kluwer; 2016:827-854.
3. Womer RB, Barr FG, Linardic CM. Rhabdomyosarcoma. In: Orkin SH, Fisher DE, Ginsburg D, Look AT, Lux SE, Nathan DG, eds. Nathan and Oski's Hematology and Oncology of Infancy and Childhood. 8th edition. Philadelphia, PA: Elsevier Saunders; 2015:1906-1945.
4. Davis IJ, Perez-Atayde AR, Fisher DE. Nonrhabdomyosarcoma soft tissue sarcomas and other soft tissue tumors. In: Orkin SH, Fisher DE, Ginsburg D, Look AT, Lux SE, Nathan DG, eds. Nathan and Oski's Hematology and Oncology of Infancy and Childhood. 8th edition. Philadelphia, PA: Elsevier Saunders; 2015:1946-1982.
5. McCarville MB. What MRI can tell us about neurogenic tumors and rhabdomyosarcoma. *Pediatr Radiol*. 2016;46(6):881-890. doi:10.1007/s00247-016-3572-4.
6. Federico SM, Spunt SL, Krasin MJ, et al. Comparison of PET-CT and Conventional Imaging in staging pediatric rhabdomyosarcoma. *Pediatr Blood Cancer*. 2013;60(7):1128-1134. doi:10.1002/pbc.24430.
7. Arnold MA, Anderson JA, Gastier-Foster JM, et al. Histology, fusion status, and outcome in alveolar rhabdomyosarcoma with low-risk clinical features: a report from the Children's Oncology Group. *Pediatr Blood Cancer*. 2016;63(4):634-639. doi:10.1002/pbc.25862.
8. Völker T, Denecke T, Steffen I, et al. Positron Emission Tomography for staging of pediatric sarcoma patients: results of a prospective multicenter trial. *J Clin Oncol*. 2007; 25(34):5435-5441. doi:10.1200/JCO.2007.12.2473.
9. Ostermeier A, McCarville MB, Navid F, et al. FDG PET/CT imaging of desmoplastic small round cell tumor: findings at staging, during treatment and at follow-up. *Pediatr Radiol*. 2015;45(9):1308-1315. doi:10.1007/s00247-015-3315-y.
10. Uslu L, Doing J, Link M, Rosenberg J, Quon A, Daldrup-Link HE. Value of 18F-FDG PET and PET/CT for evaluation of pediatric malignancies. *J Nucl Med*. 2015;56(2):274-286. doi:10.2967/jnumed.114.146290.
11. Roberts CC, Kransdorf MJ, Beaman FD, et al. Follow-Up of malignant or aggressive musculoskeletal tumors. ACR Appropriateness Criteria® 2015:1-15. https://acsearch.acr.org/docs/69428/Narrative/.
12. Ferrari A, Chi Y-Y, De Salvo GL, et al. Surgery alone is sufficient therapy for children and adolescents with low-risk synovial sarcoma: a joint analysis from the European paediatric soft tissue sarcoma Study Group and the Children's Oncology Group. *Eur J Cancer*. 2017;78:1-6. doi:10.1016/j.ejca.2017.03.003.
13. Spunt SL, Million L, Chi YY, et. al. A risk-based treatment strategy for non-rhabdomyosarcoma soft-tissue sarcomas in patients younger than 30 years (ARST0332): a Children's Oncology Group prospective study. *Lancet Oncol*. 2020;21(1):145-161. doi:10.1016/S1470-2045(19)30672-2.
14. Acord MR, Pace E, El-Ali A, et. al. Imaging of pediatric extremity soft tissue tumors: A COG Diagnostic Imaging Committee/SPR Oncology Committee white paper. *Pediatr Blood Cancer*. 2022:e29944. doi:10.1002/pbc.29944.
15. Abramson ZR, Nagaraj UD, Lai LM, et. al. Imaging of pediatric head and neck tumors: A COG Diagnostic Imaging Committee/SPR Oncology Committee/ASPNR white paper. *Pediatr Blood Cancer*. 2023;70 Suppl 4:e30151. doi:10.1002/pbc.30151.
16. Von Mehren M, Kane III JM, Armstrong SA, et al. National Comprehensive Cancer Network (NCCN) Guidelines Version 4.2024 – November 21, 2024. Soft Tissue Sarcoma, available at: https://www.nccn.org/ professionals/physician_gls/pdf/sarcoma.pdf. Referenced with permission from the NCCN Clinical Practice Guidelines in Oncology (NCCN Guidelines™) for Soft Tissue Sarcoma V4 2024– November 21, 2024. ©2024 National Comprehensive Cancer Network, Inc. All rights reserved. The NCCN Guidelines™ and illustrations herein may not be reproduced in any form for any purpose without the express written permission of the NCCN. To view the most recent and complete version of the NCCN Guidelines™, go online to NCCN.org.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Bone Tumors (PEDONC-9)

Guideline

Bone Tumors – General Considerations (PEDONC-9.1)
Benign Bone Tumors (PEDONC-9.2)
Osteogenic Sarcoma (OS) (PEDONC-9.3)
Ewing Sarcoma Family of Tumors (ESFT), Including Primitive Neuroectodermal Tumors (PNET) (PEDONC-9.4)
References (PEDONC-9)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Bone Tumors – General Considerations (PEDONC-9.1)

ONCP.BT.0009.1.A
v2.0.2025

These guidelines include both benign and malignant lesions.

- Unless specified below, individuals who are <18 years old should be imaged according to this guideline section. Exceptions include:
  - Osteogenic sarcoma individuals of all ages should be imaged according to guidelines in **Osteogenic Sarcoma (OS) (PEDONC-9.3)**
  - Ewing Sarcoma and Primitive Neuroectodermal Tumor individuals of all ages should be imaged according to guidelines in **Ewing Sarcoma and Primitive Neuroectodermal Tumors (ESFT) (PEDONC-9.4)**
  - Chondrosarcoma individuals of all ages should be imaged according to guidelines in **Bone Sarcomas – Initial Work-up/Staging (ONC-12.6)**
  - Chordoma individuals of all ages should be imaged according to guidelines in **Bone Sarcomas – Initial Work-up/Staging (ONC-12.6)**
  - Giant cell tumor of bone and enchondroma individuals of all ages should be imaged according to guidelines in **Benign Bone Tumors – General Considerations (ONC-12.9)**
  - Other benign bone tumor individuals of all ages should be imaged according to guidelines in **Benign Bone Tumors (PEDONC-9.2)**
- Prosthetic devices for children after surgery for bony tumors are nearly all customized.
  - CT, contrast as requested in alignment with prosthetic manufacturer specifications, is appropriate when requested by the operating surgeon for planning for customized-to-individual joint replacement or prosthetic surgery
- All bone tumors should be evaluated by plain x-ray prior to any advanced imaging
- PET does not reliably distinguish between benign and malignant bone tumors and should not be performed prior to biopsy.
- Where indications for PET/CT are noted, please note that indications and coding for rare circumstances where PET/MRI may be approved are found in **PET Imaging in Pediatric Oncology (PEDONC-1.4)**
- CT Chest is superior to PET/CT for the detection of pulmonary metastases, and is indicated in the initial workup of all suspected malignant bone tumors.
  - CT Chest should be completed prior to anesthesia exposure, if possible.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Benign Bone Tumors (PEDONC-9.2)

ONCP.BT.0009.2.A
v2.0.2025

- Osteochondroma

Indication	Imaging Study
Preoperative planning	• MRI without and with contrast can be approved after evaluation by the operating surgeon • See: **General Considerations (PEDONC-9.1)** for requests related to prosthetic planning
• ANY of the following: ◦ Concern for malignant transformation ◦ New or worsening pain/symptoms ◦ Change on a recent plain x-ray	• MRI without contrast or without and with contrast

- Osteoid osteoma

Indication	Imaging Study
Suspected, based on clinical history and plain film findings	• CT without contrast
• ANY of the following: ◦ CTs are not characteristic for diagnosis ◦ Individual has bone pain not localized to the area of findings on CT or x-ray	• ONE of the following: ◦ Triple phase bone scan (CPT® 78315) ◦ SPECT (CPT® 78803) ◦ Hybrid SPECT/CT (CPT® 78830)
• Individuals with new pain who have been previously treated with radiofrequency ablation or curettage	• Bone scan (CPT® code 78830, 78315, or 78803 – as requested)

- Other benign tumors
  - Refer to **Mass Involving Bone (Including suspected Lytic and Blastic Metastatic Disease) (PEDMS-3.4)**

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Background and Supporting Information

- Plain x-ray appearance is diagnostic for many benign bone tumors, and advanced imaging is generally unnecessary except for preoperative planning
- Plain x-ray appearance is diagnostic for osteochondroma for the majority of individuals and advanced imaging is generally unnecessary

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Osteogenic Sarcoma (OS) (PEDONC-9.3)

ONCP.BT.0009.3.A
v2.0.2025

Indication	Imaging Study
Suspected or Biopsy Proven Diagnosis	• MRI without and with contrast of the primary site OR • CT, contrast as request, of the primary site if there is a contraindication to MRI AND • CT Chest with (CPT® 71260) or without contrast (CPT® 71250) ◦ CT Chest is indicated in initial workup of all suspected malignant bone tumors in children and should be completed prior to anesthesia exposure if possible • These studies may be approved even when PET/CT has already been authorized or performed
Initial Staging of Biopsy Proven Disease	• 18F-FDG PET/CT whole-body (CPT® 78816) ◦ Nuclear bone scan (see: **(PEDONC-1.3)** for coding) may be substituted if PET not available ◦ PET/CT may be approved in addition to the conventional imaging listed in the suspected/ diagnosis sections • CT Abdomen and Pelvis with contrast (CPT® 74177) is not routinely indicated in the initial metastatic staging of pediatric OS but can be approved in the following situations: ◦ Evaluation of inconclusive PET findings ◦ Primary site of abdomen or pelvis
Suspected bony metastatic sites noted on PET or bone scan	• MRI without and with contrast of the suspected metastatic site OR • CT with contrast of the suspected metastatic site

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Indication	Imaging Study
Restaging after 10 to 12 weeks of neoadjuvant chemotherapy prior to local control surgery	• MRI without and with contrast of primary site • CT Chest with (CPT® 71260) or without contrast (CPT® 71250) • 18F-FDG PET/CT whole-body (CPT® 78816) or bone scan (see: **(PEDONC-1.3)** for coding)
Individuals with metastatic disease undergoing current chemotherapy	• CT Chest with (CPT®) or without contrast (CPT® 71250) can be performed every 2 cycles during treatment and at the end of planned chemotherapy • MRI without and with contrast of primary site can be performed every 2 cycles during treatment and at the end of planned chemotherapy • If previously positive for bony metastases, 18F-FDG PET/CT whole body (CPT® 78816) or bone scan (see: **(PEDONC-1.3)** for coding) every 2 cycles during treatment and at the end of planned chemotherapy • Imaging may be indicated more frequently around the time of surgical resection of primary or metastatic lesions to assess for resectability
Preoperative planning for local control surgery	• CT, contrast as requested • MRA and/or CTA may rarely be indicated for complicated surgical resections, and can be approved after evaluation by the operating surgeon to clarify inconclusive MRI findings for preoperative planning • See: **General Considerations (PEDONC-9.1)** for advancing imaging requests related to prosthetic planning

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Indication	Imaging Study
Following local control surgery, until the end of planned adjuvant chemotherapy	• MRI without and with contrast of primary site ~6 weeks after surgical procedure, and at the end of planned chemotherapy • Plain x-rays of the primary site and chest immediately after local control and then every 2 months between the supported, listed advanced imaging studies. • CT Chest with (CPT® 71260) or without contrast (CPT® 71250): ◦ Measurable pulmonary metastases: every 6 weeks, and at the end of planned chemotherapy ◦ No measurable pulmonary metastases: every 4 months, and at the end of planned chemotherapy • Bone scan (see: **(PEDONC-1.3)** for coding) every 4 months, and at the end of planned chemotherapy ◦ 18F-FDG PET/CT whole-body (CPT® 78816) can be used in place of bone scan, if positive for distant bone metastases at initial diagnosis
Recurrent metastatic or recurrent unresectable disease on treatment	• The following may be approved every 2 cycles of treatment, and at the end of planned chemotherapy: ◦ CT Chest with (CPT® 71260) or without contrast (CPT® 71250) ◦ MRI without and with contrast of primary site can be performed every 2 cycles during treatment and at the end of planned chemotherapy ◦ PET is generally not indicated during active treatment for recurrent pediatric cancer. In rare circumstances, 18F-FDG PET/CT imaging with CPT® 78816 may be appropriate when results are likely to result in a treatment change for the patient, including a change from active treatment to surveillance.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Indication	Imaging Study
Surveillance (all individuals regardless of primary site)	• Any or all of the following every 3 months for year 1 and 2, then every 4 months in year 3, then every 6 months in year 4 and 5 after completion of all therapy ◦ CT or MRI of primary site as performed during suspected or initial disease workup (provided the individual does not have an endoprosthesis that will cause MRI or CT artifact): ▪ CT Chest with (CPT® 71260) or without contrast (CPT® 71250) • Bone scan (see: **(PEDONC-1.3)** for coding) every 3 months for 1 year, then every 4 months for 1 year, then every 6 months for 1 year, then annually for 2 years after completion of all therapy
Suspected recurrence	• MRI without and with contrast of the primary site and / or site of suspected recurrence based on symptoms or other imaging OR • CT, contrast as request, of the primary site and /or site of suspected recurrence based on symptoms or other imaging if there is a contraindication to MRI AND • CT Chest with (CPT® 71260) or without contrast (CPT® 71250) ◦ CT Chest is indicated in initial workup of all suspected malignant bone tumors in children and should be completed prior to anesthesia exposure if possible • CT Abdomen and Pelvis with contrast (CPT® 74177) is not routinely indicated in the metastatic staging of pediatric OS, but can be approved in the following situations: ◦ Evaluation of inconclusive PET findings ◦ Primary site of abdomen or pelvis • These studies may be approved even when PET/CT has already been authorized or performed

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Indication	Imaging Study
• For suspected recurrence, ANY of the following: ◦ Conventional imaging reveals findings that are inconclusive or suspicious for recurrence and PET avidity will determine whether biopsy or continued observation is appropriate ◦ Rare circumstances where obvious clinical symptoms show strong evidence suggesting recurrence and PET would replace conventional imaging modalities	• 18F-FDG PET/CT ◦ If PET is approved in osteosarcoma, it should be whole-body PET/CT (CPT® 78816)
• Biopsy proven recurrence	• PET/CT whole-body (CPT® 78816) may be approved for biopsy proven recurrence ◦ If disease is considered potentially resectable, follow osteosarcoma treatment response as previous

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Ewing Sarcoma Family of Tumors (ESFT), Including Primitive Neuroectodermal Tumors (PNET) (PEDONC-9.4)

ONCP.BT.0009.4.A
v2.0.2025

Indication	Imaging Study
Suspected/Diagnosis – ill-defined or non-discrete soft tissue mass without bony involvement	• US (CPT® 76881 or 76882) in addition to plain x-ray
Suspected or Biopsy Proven Diagnosis – Primary site	• MRI without and with contrast ◦ CT, contrast as requested, if there is a contraindication to MRI • MRA and/or CTA may rarely be indicated for complicated surgical resections, and can be approved after evaluation by the operating surgeon to clarify inconclusive MRI findings for preoperative planning • CT Chest with (CPT® 71260) or without contrast (CPT® 71250) ◦ CT Chest is indicated in initial workup of all suspected or confirmed malignant bone tumors in children and should be completed prior to anesthesia exposure if possible • These studies may be approved even when PET/CT has already been authorized or performed

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Indication	Imaging Study
Suspected or Biopsy Proven Diagnosis – Chest wall primary	• MRI Chest without and with contrast AND • CT Chest with (CPT® 71260) or without contrast (CPT® 71250) ◦ CT Chest is indicated in initial workup of all suspected or confirmed malignant bone tumors in children and should be completed prior to anesthesia exposure if possible • These studies may be approved even when PET/CT has already been authorized or performed
Initial Staging (additional imaging after biopsy confirmed disease)	• PET/CT whole-body (CPT® 78816) ◦ Bone scan (see: **(PEDONC-1.3)** for coding) may be substituted for PET imaging if PET not available ◦ PET/CT may be approved in addition to the conventional imaging listed in the suspected/ diagnosis sections
• For ANY of the following: ◦ Evaluation of inconclusive PET findings ◦ Primary site involving the abdomen or pelvis	• CT Abdomen and Pelvis with contrast (CPT® 74177)
Restaging after 10 to 12 weeks of neoadjuvant chemotherapy prior to local control surgery	Imaging modality should be the same as used for initial staging, any or all from the list below as described: • MRI without and with contrast of the primary site • CT (contrast as requested) may be approved if requested per valuation by the operating surgeon for pre-operative planning ◦ See: **General Considerations (PEDONC-9.1)** for imaging requests related to prosthetic planning • CT Chest with (CPT® 71260) or without contrast (CPT® 71250) • ONE of the following: ◦ PET/CT whole-body (CPT® 78816) ◦ Whole-body bone scan (see: **PEDONC-1.3** for coding) ◦ MRI bone marrow blood supply/diffusion-weighted MRI with ADC (CPT® 77084)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Indication	Imaging Study
Treatment response following local control surgery	• MRI without and with contrast of primary site 3 months after surgical procedure and at the end of planned chemotherapy • Plain x-rays of the primary site and chest immediately after local control then every 3 months • CT Chest with (CPT® 71260) or without contrast (CPT® 71250): ◦ Measurable pulmonary metastases: every 6 weeks and at the end of planned chemotherapy ◦ No measurable pulmonary metastases: every 3 months and at the end of planned chemotherapy • Whole-body bone scan (see: **PEDONC-1.3** for coding) at the end of planned chemotherapy • PET/CT whole-body (CPT® 78816) is supported for clinical or imaging findings suggestive of local recurrence
Individuals with metastatic disease undergoing current chemotherapy	• CT Chest with (CPT® 71260) or without contrast (CPT® 71250) can be performed every 2 cycles during treatment and at the end of planned chemotherapy • MRI without and with contrast of primary site can be performed every 2 cycles during treatment and at the end of planned chemotherapy • If previously positive for bony metastases, PET/CT whole-body (CPT® 78816) or bone scan (see: **(PEDONC-1.3)** for coding) every 2 cycles during treatment and at the end of planned chemotherapy • Imaging may be indicated more frequently around the time of surgical resection of primary or metastatic lesions to assess for resectability

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Indication	Imaging Study
Recurrent metastatic or recurrent unresectable disease on treatment	• The following may be approved every 2 cycles of treatment, and at the end of planned chemotherapy: ◦ CT Chest with (CPT® 71260) or without contrast (CPT® 71250) ◦ MRI without and with contrast of primary site can be performed every 2 cycles during treatment and at the end of planned chemotherapy ◦ PET is generally not indicated during active treatment for recurrent pediatric cancer. In rare circumstances, PET imaging may be appropriate when results are likely to result in a treatment change for the individual, including a change from active treatment to surveillance.
Surveillance for all disease **other than** low grade, stage I disease	• Every 3 months for year 1 and 2, then every 4 months in year 3, then every 6 months in year 4 and 5, and annually for 5 years after completion of all therapy to complete 10 years of surveillance: ◦ CT or MRI of primary site as performed during suspected or initial disease workup (provided the individual does not have an endoprosthesis that will cause MRI or CT artifact): ◦ Bone scan (see: **(PEDONC-1.3)** for coding) • Every 3 months for year 1 and 2, then every 4 months in year 3, then every 6 months in year 4 and 5: ◦ CT Chest with (CPT® 71260) or without contrast (CPT® 71250) ◦ After year 5, CXR should be used for surveillance

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Indication	Imaging Study
Surveillance for low grade stage I disease only	• Every 3 months for year 1 and 2, then every 4 months in year 3, then every 6 months in year 4 and 5, and annually for 5 years after completion of all therapy to complete 10 years of surveillance: ◦ CT or MRI of primary site as performed during suspected or initial disease workup (provided the individual does not have an endoprosthesis that will cause MRI or CT artifact) ◦ Bone scan (see: **PEDONC-1.3** for coding) • Every 3 months for year 1 and 2 ◦ CT Chest with (CPT® 71260) or without contrast (CPT® 71250) ◦ After 24 months off therapy, CXR should be used for surveillance with CT supported for new or inconclusive findings on CXR
Suspected Recurrence	• MRI without and with contrast of the primary site and/or site of suspected recurrence based on symptoms or other imaging, OR • CT, contrast as request, of the primary site and/or site of suspected recurrence based on symptoms or other imaging if there is a contraindication to MRI AND • CT Chest with (CPT® 71260) or without contrast (CPT® 71250) ◦ CT Chest is indicated in initial workup of all suspected malignant bone tumors in children and should be completed prior to anesthesia exposure if possible • CT Abdomen and Pelvis with contrast (CPT® 74177) is not routinely indicated in the metastatic staging of pediatric EWS but can be approved in the following situations: ◦ Evaluation of inconclusive PET findings ◦ Primary site of abdomen or pelvis • These studies may be approved even when PET/CT has already been authorized or performed

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Indication	Imaging Study
• For suspected recurrence, any of the following: ◦ Conventional imaging reveals findings that are inconclusive or suspicious for recurrence and PET avidity will determine whether biopsy or continued observation is appropriate ◦ Rare circumstances where obvious clinical symptoms show strong evidence suggesting recurrence and PET would replace conventional imaging modalities	PET/CT whole-body (CPT® 78816)
• Biopsy proven recurrence	• Refer to ESFT initial imaging for studies for suspected recurrence. • PET/CT whole-body (CPT® 78816) • If disease is considered potentially resectable, follow ESFT treatment response as previously noted

Background and Supporting Information

- Bone and bone marrow metastases can occur in ESFT, and cause a significant change in treatment approach.
- 18F-FDG PET/CT can replace bone scan and bone marrow biopsy in ESFT individuals and is indicated in the initial staging of all ESFT individuals after histologic diagnosis is established

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (PEDONC-9)

v2.0.2025

1. Hawkins DS, Brennan BMD, Bölling T, et al. Ewing Sarcoma. In: Pizzo PA, Poplack DG, eds. Principles and Practice of Pediatric Oncology. 7th edition. Philadelphia, PA: Wolters Kluwer; 2016:855-876.
2. Gorlick R, Janeway K, and Marina N. Osteosarcoma. In: Pizzo PA, Poplack DG, eds. Principles and Practice of Pediatric Oncology. 7th edition. Philadelphia, PA: Wolters Kluwer; 2016:877-898.
3. DuBois SG, Grier HE, and Lessnick SL. Ewing Sarcoma. In: Orkin SH, Fisher DE, Ginsburg D, Look AT, Lux SE, Nathan DG, eds. Nathan and Oski's Hematology and Oncology of Infancy and Childhood. 8th edition. Philadelphia, PA: Elsevier Saunders; 2015:1983-2017.
4. Janeway KA. Osteosarcoma. In: Orkin SH, Fisher DE, Ginsburg D, Look AT, Lux SE, Nathan DG, eds. Nathan and Oski's Hematology and Oncology of Infancy and Childhood. 8th edition. Philadelphia, PA: Elsevier Saunders; 2015:2018-2055.
5. Azouz EM. Magnetic resonance imaging of benign bone lesions: cysts and tumors. *Top Magn Reson Imaging*. 2002 August;13(4):219-230.
6. Wolf M. Knee pain in children, part III: stress injuries, benign bone tumors, growing pains. *Pediatr Rev*. 2016;37(3):114-119. doi:10.1542/pir.2015-0042.
7. Uslu L, Doing J, Link M, Rosenberg J, Quon A, Daldrup-Link HE. Value of 18F-FDG PET and PET/CT for Evaluation of Pediatric Malignancies. *J Nucl Med*. 2015;56(2):274-286. doi:10.2967/jnumed.114.146290.
8. Reed DR, Hayashi M, Wagner L, et al. Treatment pathway of bone sarcoma in children, adolescents, and young adults. Cancer. 2017 March;123(12):2206-2218.
9. Hurley C, McCarville MB, Shulkin BL, et al. Comparison of 18F-FDG-PET-CT and Bone Scintigraphy for evaluation of osseous metastases in newly diagnosed and recurrent osteosarcoma. *Pediatr Blood Cancer*. 2016;63(8):1381-1386. Accessed January 4, 2018. doi:10.1002/pbc.26014.
10. Byun BH, Kong CB, Lim I, et al. Comparison of (18)F-FDG PET/CT and (99m)TC-MDP bone scintigraphy for detection of bone metastasis in osteosarcoma. *Skeletal Radiol*. 2013;42(12):1673-1681.
11. Quartuccio N, Treglia G, Saisano M, et al. The role of Fluorine-18-Fluorodeoxyglucose positron emission tomography in staging and restaging of patients with osteosarcoma. *Radiol Oncol*. 2013;47(2):97-102. doi:10.2478/raon-2013-0017.
12. Isakoff MS, Bielack SS, Meltzer P, Gorlick R. Osteosarcoma: current treatment and a collaborative pathway to success. *J Clin Oncol*. 2015;33(27):3029-3035. doi:10.1200/JCO.2014.59.4895.
13. Newman EN, Jones RL, Hawkins DS. An evaluation of [F-18]-Fluorodeoxy-D-Glucose positron emission tomography, bone scan, and bone marrow aspiration/biopsy as staging investigations in Ewing sarcoma. *Pediatr Blood Cancer*. 2013;60(7):1113-1117. doi:10.1002/pbc.24406.
14. Roberts CC, Kransdorf MJ, Beaman FD, et al. Follow-up of malignant or aggressive musculoskeletal tumors. ACR Appropriateness Criteria® 2015:1-15. https://acsearch.acr.org/docs/69428/Narrative/.
15. Meyer JS, Nadel HR, Marina N, et al. Imaging guidelines for children with Ewing sarcoma and osteosarcoma: a report from the Children's Oncology Group Bone Tumor Committee. *Pediatr Blood Cancer*. 2008;51(2):163-170. doi:10.1002/pbc.21596.
16. Gaspar N, Hawkins DS, Dirksen U, et al. Ewing sarcoma: current management and future approaches through collaboration. *J Clin Oncol*. 2015;33(27):3036-3046. doi:10.1200/JCO.2014.59.5256.
17. Mascarenhas L, Felgenhauer JL, Bond MC, et al. Pilot study of adding vincristine, topotecan, and cyclophosphamide to interval-compressed chemotherapy in newly diagnosed patients with localized Ewing sarcoma: a report from the Children's Oncology Group. *Pediatr Blood Cancer*. 2016;63(3):493-498. doi:10.1002/pbc.25837.
18. Weiser DA, Kaste SC, Siegel MJ, et al. Imaging in childhood cancer: a society for pediatric radiology and children's oncology group joint task force report. *Pediatr Blood Cancer*. 2013;60(8):1253-1260. doi:10.1002/pbc.24533.
19. Dimitrakopoulou-Strauss A, Strauss LG, Heichel T, et al. The role of quantitative 18F-FDG PET studies for the differentiation of malignant and benign bone lesions. J Nucl Med. 2002;43(4):510-518.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

20. Bestic JM, Wessell DE, Beaman FD, et al. Primary bone tumors. ACR Appropriateness Criteria®, 2019;1-13. Date of origin: 1995 Last review date: 2019 https://acsearch.acr.org/docs/69421/Narrative/.
21. Biermann JS, Hirbe A, Agulnik M, et al. National Comprehensive Cancer Network (NCCN) Guidelines Version 2.2024 – March 12, 2024. Bone cancer, available at: https://www.nccn.org/professionals/physician_gls/pdf/bone.pdf. Referenced with permission from the NCCN Clinical Practice Guidelines in Oncology (NCCN Guidelines™) for Bone Cancer V2.2024– 3/12/2024. ©2024 National Comprehensive Cancer Network, Inc. All rights reserved. The NCCN Guidelines™ and illustrations herein may not be reproduced in any form for any purpose without the express written permission of the NCCN. To view the most recent and complete version of the NCCN Guidelines™, go online to NCCN.org.
22. Jeys L, Abudu A, Grimer R. Expandable prostheses. In: Wiesel SW, ed. Operative Techniques in Orthopaedic Surgical Oncology. Philadelphia, PA: Lippincott Williams & Wilkins; 2015:1-9.
23. PDQ® Pediatric Treatment Editorial Board. PDQ Osteosarcoma and Malignant Fibrous Histiocytoma of Bone Treatment. Bethesda, MD: National Cancer Institute. Updated 1/29/2021. Available at: https://www.cancer.gov/types/bone/hp/osteosarcoma-treatment-pdq. Accessed 03/01/2021. [PMID: 26389179].
24. Demertzis JL, Wessell DE, Lenchik L, et. al. ACR Appropriateness Criteria® malignant or aggressive primary musculoskeletal tumor-staging and surveillance: 2022 update. *J Am Coll Radiol*. 2022;19(11S):S374-S389. doi:10.1016/j.jacr.2022.09.015.
25. Cederberg KB, Iyer RS, Chaturvedi A, et. al. Imaging of pediatric bone tumors: A COG Diagnostic Imaging Committee/SPR Oncology Committee white paper. *Pediatr Blood Cancer*. 2023;70 Suppl 4:e30000. doi:10.1002/pbc.30000.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Pediatric Germ Cell Tumors (PEDONC-10)

Guideline

Pediatric Germ Cell Tumors (PEDONC-10)
References (PEDONC-10)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Pediatric Germ Cell Tumors (PEDONC-10)

ONCP.GC.0010.A
v2.0.2025

Indication	Imaging Study
Initial staging	• CT Abdomen/Pelvis with contrast (CPT® 74177) ◦ Testicular primary tumors can defer abdominal imaging until after histologic confirmation at the discretion of the operating surgeon ◦ MRI Abdomen and Pelvis without and with contrast (CPT® 74183 and CPT® 72197) is indicated in lieu of CT Abdomen/Pelvis with contrast when a proven or highly suspected ovarian neoplasm was already imaged with ultrasound, or for initial imaging of immature sacrococcygeal teratoma suspected on other imaging • CT Chest with contrast (CPT® 71260) ◦ Should be completed prior to anesthesia exposure if possible
• Ovarian masses that are <10 cm in size, have minimal or no visible solid component on ultrasound, and have normal tumor markers ◦ These are almost universally benign teratomas or functional cysts	• Advanced imaging is not indicated
Clarify inconclusive initial staging CT findings or for a known contraindication to CT contrast	• MRI Abdomen and Pelvis without and with contrast (CPT® 74183 and CPT® 72197)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Indication	Imaging Study
• Additional initial evaluation for individuals with ANY of the following: ◦ Symptoms suggesting CNS metastases ◦ Choriocarcinoma syndrome (hemorrhagic metastatic disease to lung with extremely elevated HCG) HCG >10,000miU/ml	• MRI Brain without and with contrast (CPT® 70553)
Additional initial evaluation for individuals with systemic symptoms or bone pain	• Nuclear bone scan (See:**PEDONC-1.3** for coding)
Restaging in individuals with disease not completely resected at initial diagnosis	• Every 2 cycles (~every 6 weeks) and at the end of planned therapy: ◦ CT Chest/Abdomen/Pelvis (CPT® 71260 and CPT® 74177) with contrast ▪ CT imaging may be indicated more frequently to assess for surgical resectability in individuals who have received more than 4 cycles of chemotherapy ▪ MRI Abdomen and Pelvis without and with contrast (CPT® 74183 and CPT® 72197) may be approved in lieu of CT abdomen and pelvis for ovarian neoplasms if this modality was used for initial staging ◦ Imaging of any metastatic sites with the same modality used during initial staging
• Suspicious lesion seen on CT and both of the following: ◦ Relapse risk is determined to be low by the treating physician ◦ Biopsy would cause unnecessary morbidity for the individual	• Short-interval CT study of the involved area can be approved

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Indication	Imaging Study
Stage I individuals age 0-10 years treated with surgery only	• Chest x-ray should be completed every 3 months for 1 year, then every 6 months in year two, to complete two years surveillance after completion of all therapy ◦ For those with primary mediastinal tumors at diagnosis, CT Chest with contrast (CPT® 71260) should be approved in lieu of CXR according to the above schedule. • Every 3 months for 1 year, then every 6 months in year two, to complete two years surveillance after completion of all therapy: ◦ CT Abdomen/Pelvis with contrast (CPT® 74177) ▪ MRI Abdomen and Pelvis without and with contrast (CPT® 74183 and CPT® 72197) may be substituted for surveillance for ovarian neoplasm if this modality was used for initial staging
Stage I individuals ages 11+ years treated with surgery only	• Every 4 months for 2 years, then every 6 months for 1 year, then every 12 months for 2 years to complete 5 years surveillance imaging after completion of all therapy: ◦ Chest x-ray ◦ For individuals with primary mediastinal tumors at diagnosis, CT Chest with contrast (CPT® 71260) should be approved in lieu of chest x-ray on the above schedule. • Every 4 months for 2 years, then every 6 months for 1 year, then every 12 months for two years to complete 5 years surveillance ◦ CT Abdomen and Pelvis with contrast (CPT® 74177) ▪ MRI Abdomen and Pelvis without and with contrast (CPT® 74183 and CPT® 72197) may be substituted for surveillance for ovarian neoplasm if this modality was used for initial staging

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Indication	Imaging Study
Stage II-IV individuals	• Chest x-ray should be completed every 3 months for 1 year, then every 6 months in year 2, then annually in years 3-5 after completion of all therapy. ◦ For individuals with primary mediastinal tumors at diagnosis, CT Chest with contrast (CPT® 71260) should be approved in lieu of chest x-ray on the above schedule. • CT Abdomen and Pelvis with contrast (CPT® 74177) every 3 months for 1 year then every 6 months in year 2, then annually in years 3-5 year after completion of all therapy. ◦ MRI Abdomen and Pelvis without and with contrast (CPT® 74183 and CPT® 72197) may be substituted for surveillance for ovarian neoplasm if this modality was used for initial staging • Individuals with brain or bone metastases should have surveillance imaging of those areas on the same schedule as the primary site imaging with the same modality used during initial staging
• Suspected Recurrence: ◦ Any clinically significant rise in tumor markers ◦ Symptoms suggesting recurrent disease ◦ Abnormal chest x-ray	• CT Chest with contrast (CPT® 71260) and CT Abdomen and Pelvis with contrast (CPT® 74177) ◦ MRI Abdomen and Pelvis without and with contrast (CPT® 74183 and CPT® 72197) may be approved in lieu of CT for suspected recurrence of immature sacrococcygeal tumor or ovarian neoplasm • Whole-body bone scan (CPT® 78306) for individuals with a history of bone involvement or with bone pain

Background and Supporting Information

General Considerations:

- Malignant pediatric germ cell tumors commonly include one of four histologic subtypes:
  - Yolk sac tumor

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

- Choriocarcinoma
- Embryonal carcinoma
- Mixed histology (including immature sacrococcygeal teratoma)

- Tumors can occur in testicular, ovarian or extragonadal primary locations
- Sex cord stromal tumors (granulosa cell, theca, sertoli, and leydig tumors) are rare in pediatrics and should be imaged according to general guidelines in: **Testicular, Ovarian and Extragonadal Germ Cell Tumors (ONC-20)** in the Oncology Imaging Guidelines
- This section applies to primary germ cell tumors occurring outside the central nervous system in children who are ≤15 years old at the time of initial diagnosis.
  - For individuals who are >15 years old at diagnosis, the overall prognosis is inferior and these individuals should be imaged according to general guidelines in: **Testicular, Ovarian and Extragonadal Germ Cell Tumors (ONC-20)** in the Oncology Imaging Guidelines.
- For CNS germ cell tumors, use the imaging guidelines in: **CNS Germinomas and Non-Germinomatous Germ Cell Tumors (NGGCT) (PEDONC-4.7)**.

Treatment Considerations:

- Overall treatment strategies are similar for all malignant germ cell tumors.
- Individuals with localized GCT are often cured with surgery alone and do not receive adjuvant therapy.
  - These individuals should be imaged using surveillance guidelines after surgery is completed.
- Individuals receiving adjuvant chemotherapy are usually treated with 4 to 6 cycles of combination chemotherapy.

Imaging Modality Considerations:

- Initial evaluation of: Ovarian, testicular, and abdominal extragonadal suspected GCT should be completed by ultrasound and tumor markers (AFP, β-hCG)
  - Once a primary mass suspected to be GCT is discovered, initial staging is indicated prior to histologic confirmation
  - The degree of abdominal exploration and node sampling necessary for adequate staging is determined in part by imaging findings and is required for preoperative planning
- The primary method of response assessment is by tumor marker decrease
- The primary method of surveillance in pediatric GCT is frequent assessment of serum tumor markers, unless tumor markers were not elevated at diagnosis
- Surveillance imaging of the chest in disease stages I-IV should generally be performed using chest x-ray
  - See surveillance indications for specific imaging recommendations

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

- There has been no published evidence to date supporting the routine use of PET/CT in the evaluation of pediatric GCT
  - Additionally, PET has been found to have similar efficacy to CT imaging in initial staging of adults with non-seminomatous GCT (the majority of pediatric GCT are non-seminomatous)
- PET as a marker of treatment response has been shown not to be predictive of individual outcomes in GCT and should not be approved
  - Suspicious lesions seen on conventional imaging should be biopsied to confirm active disease

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

References (PEDONC-10)

v2.0.2025

1. Frazier AL, Olson TA, Schneider DT, et al. Germ cell tumors. In: Pizzo PA, Poplack DG, eds. Principles and Practice of Pediatric Oncology. 7th edition. Philadelphia, PA: Wolters Kluwer; 2016:899-918.
2. Frazier AL, Billmire D, Amatruda J. Pediatric germ cell tumors. In: Orkin SH, Fisher DE, Ginsburg D, Look AT, Lux SE, Nathan DG, eds. Nathan and Oski's Hematology and Oncology of Infancy and Childhood. 8th edition. Philadelphia, PA: Elsevier Saunders; 2015:2056-2099.
3. Gilligan T, Lin DW, Adra N, et al. National Comprehensive Cancer Network (NCCN) Guidelines Version 1.2024—March 15, 2024, Testicular Cancer, available at: https://www.nccn.org/professionals/physician_gls/pdf/testicular.pdf, Referenced with permission from the NCCN Clinical Practice Guidelines in Oncology (NCCN Guidelines™) for Testicular Cancer V1.2024 3/15/2024. ©2024 National Comprehensive Cancer Network, Inc. All rights reserved. The NCCN Guidelines™ and illustrations herein may not be reproduced in any form for any purpose without the express written permission of the NCCN. To view the most recent and complete version of the NCCN Guidelines™, go online to NCCN.org
4. Armstrong DK, Alvarez RD, Backes FJ, et al. National Comprehensive Cancer Network (NCCN) Guidelines Version 3.2024—July 15, 2024 Ovarian Cancer, available at: https://www.nccn.org/professionals/physician_gls/pdf/ovarian.pdf, Referenced with permission from the NCCN Clinical Practice Guidelines in Oncology (NCCN Guidelines™) for Ovarian Cancer V3.2024 7/15/2024. ©2024 National Comprehensive Cancer Network, Inc. All rights reserved. The NCCN Guidelines™ and illustrations herein may not be reproduced in any form for any purpose without the express written permission of the NCCN. To view the most recent and complete version of the NCCN Guidelines™, go online to NCCN.org.
5. de Wit M, Brenner W, Hartmann M, et al. [18F]-FDG-PET in clinical stage I/II non-seminomatous germ cell tumors: results of the German multicentre trial. Ann Oncol. 2008;19(9):1619-1623. doi:10.1093/annonc/mdn170.
6. Huddart RA, O'Doherty MJ, Padhani A, et al. 18Flourodeoxyglucose positron emission tomography in the prediction of relapse in patients with high-risk, clinical stage I nonseminomatous germ cell tumors: preliminary report of MRC trial TE22--the NCRI testis tumor clinical study group. *J Clin Oncol*. 2007;25(21):3090-3095. doi:10.1200/JCO.2006.09.3831.
7. Papic JC, Finnell MA, Slaven JE, et al. Predictors of ovarian malignancy in children: overcoming clinical barriers of ovarian preservation. *J Pediatr Surg*. 2014;49(1):144-148. doi:10.1016/j.jpedsurg.2013.09.068.
8. Olson TA, Murray MJ, Rodriguez-Galindo C, et al. Pediatric and adolescent extracranial germ cell tumors: the road to collaboration. *J Clin Oncol*. 2015;33(27):3018-3028. doi:10.1200/JCO.2014.60.5337.
9. Fresneau B, Orbach D, Faure-Conter C, et al. Sex-cord stromal tumors in children and teenagers: results of the TGM-95 study. *Pediatr Blood Cancer*. 2015;62(12):2114-2119. doi:10.1002/pbc.25614.
10. Fonseca A, Xia C, Lorenzo AJ, et al. Detection of Relapse by Tumor Markers Versus Imaging in Children and Adolescents With Nongerminomatous Malignant Germ Cell Tumors: A Report From the Children's Oncology Group. *J Clin Oncol*. 2019;37:396-402. doi:10.1200/JCO.18.00790.
11. Behr GG, Morani AC, Artunduaga M, et. al. Imaging of pediatric ovarian tumors: A COG Diagnostic Imaging Committee/SPR Oncology Committee white paper. *Pediatr Blood Cancer*. 2022:e29995. doi:10.1002/pbc.29995.
12. Behr GG, Morani AC, Artunduaga M, et. al. Imaging of pediatric testicular tumors: A COG Diagnostic Imaging Committee/SPR Oncology Committee white paper. *Pediatr Blood Cancer*. 2022:e29988. doi:10.1002/pbc.29988.
13. Keenan C, Ramirez N, Elijovich L, et. al. A rare manifestation of choriocarcinoma syndrome in a child with primary intracranial germ cell tumor and extracranial metastases: A case report and review of the literature. *Pediatr Blood Cancer*. 2021;68(6):e29000. doi:10.1002/pbc.29000.
14. Pace E, Johnson TS, Kao SC, et. al. Imaging of pediatric extragonadal pelvic soft tissue tumors: A COG Diagnostic Imaging Committee/SPR Oncology Committee white paper. *Pediatr Blood Cancer*. 2023;70 Suppl 4:e29966. doi:10.1002/pbc.29966.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Pediatric Liver and Pancreatic Tumors (PEDONC-11)

Guideline

Pediatric Liver and Pancreatic Tumors – General Considerations (PEDONC-11.1)
Hepatoblastoma (PEDONC-11.2)
Pediatric Hepatocellular Carcinoma (HCC) (PEDONC-11.3)
Pediatric Pancreatic Carcinoma (PEDONC-11.4)
References (PEDONC-11)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Pediatric Liver and Pancreatic Tumors – General Considerations (PEDONC-11.1)

ONCP.LT.0011.1.A

v2.0.2025

- Primary hepatic germ cell tumors should follow imaging guidelines in: **Pediatric Germ Cell Tumors (PEDONC-10)**.
- Primary hepatic sarcomas should follow imaging guidelines in: **Non-Rhabdomyosarcoma Soft Tissue Sarcomas (NRSTS) (PEDONC-8.3)**.
- Imaging requests relating to liver transplant surgery and surveillance should follow guidelines in section **Transplant (AB-42)** in the Abdomen Imaging Guidelines.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Hepatoblastoma (PEDONC-11.2)

ONCP.LT.0011.2.A
v2.0.2025

Hepatoblastoma Initial Staging:

- Ultrasound may be approved even after MRI or CT imaging in order to allow evaluation for tumor thrombus
- Once a primary liver mass is discovered, definitive imaging is indicated prior to histologic diagnosis, and may involve ANY of the following:
  - MRI Abdomen and Pelvis without and with contrast (CPT® 74183 and CPT® 72197) is preferred for evaluating tumor margins and vascular anatomy
    - Hepatobiliary-specific contrast agents (gadoxetate, gadobenate [MultiHance]) are preferred if available and should be approved if requested, whether or not a prior gadolinium-enhanced MRI has been previously performed
    - CT Abdomen and Pelvis with (CPT® 74177) is inferior to MRI for pediatric liver malignancies and should only be approved if MRI is not available, contraindicated, or sedation is required but not available, or to clarify specific inconclusive areas on MRI.
      - Noncontrast imaging is not indicated due to the increased radiation exposure and limited additive benefit
  - MRA Abdomen (CPT® 74185) or CTA Abdomen (CPT® 74175) to evaluate vascular invasion
- CT Chest with (CPT® 71260) **or** CT Chest without contrast (CPT® 71250) is indicated in the initial work-up of all pediatric liver tumors and should be completed prior to anesthesia exposure if possible
- Bone scan (See: **Modality General Considerations (PEDONC-1.3)**) for initial evaluation of bony metastases only with systemic symptoms or bone pain.
- MRI Brain without and with contrast (CPT® 70553) only for symptoms suggesting CNS metastases
- PET/CT only in very rare circumstances for preoperative planning when MRI and CT scans are insufficient for surgical decision-making.
  - Indications and coding for rare circumstances where PET/MRI may be approved are found in **PET Imaging in Pediatric Oncology (PEDONC-1.4)**

Hepatoblastoma Treatment Response:

- CT Chest with (CPT® 71260) **or** without contrast (CPT® 71250) every 2 cycles **and** at the end of planned therapy for individuals with incomplete resection at initial diagnosis

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

- MRI Abdomen and Pelvis without and with contrast (CPT® 74183 and CPT® 72197) every 2 cycles **and** at the end of planned therapy for individuals with incomplete resection at initial diagnosis
  - CT Abdomen and Pelvis with contrast (CPT® 74177) or CT Abdomen and Pelvis with and without contrast (CPT® 74178) is inferior to MRI for pediatric liver malignancies and should only be approved if MRI is not available, contraindicated, or sedation is required but not available, or to clarify specific inconclusive areas on MRI.
    - Noncontrast imaging is not indicated due to the increased radiation exposure and limited additive benefit
- While the majority of individuals will require abdomen and pelvis imaging at all time points, the pelvis imaging may be omitted at the discretion of the ordering physician
- MRA Abdomen (CPT® 74185) or CTA Abdomen (CPT® 74175) to evaluate vascular invasion
- Imaging of any metastatic sites with the same modality used during initial staging every 2 cycles and at the end of planned therapy for individuals with incomplete resection at initial diagnosis
- Imaging more frequently to assess for surgical resectability in individuals who have received more than 4 cycles of chemotherapy.
- Abdominal ultrasound is indicated if tumor thrombus was detected at initial diagnosis
  - If no tumor thrombus was present, continued ultrasound evaluations are not indicated without a specific reason documented in the clinical records
- PET/CT should only be considered in very rare circumstances for preoperative planning when MRI and CT scans are insufficient for surgical decision making.

Hepatoblastoma Surveillance Imaging:

- For surveillance in individuals with an AFP of >100 ng/ml
  - CT Chest with contrast (CPT® 71260) and MRI Abdomen with and without contrast (CPT® 74183) for any clinically significant rise in tumor markers or symptoms suggesting recurrent disease
    - CT Abdomen and Pelvis with contrast (CPT® 74177) is inferior to MRI for pediatric liver malignancies and should only be approved if MRI is not available, contraindicated, or sedation is required but not available, or to clarify specific inconclusive areas on MRI.
      - Noncontrast imaging is not indicated due to the increased radiation exposure and limited additive benefit
- For individuals with AFP ≤100 ng/ml at diagnosis or recurrence, the following imaging is appropriate:
  - MRI Abdomen with and without contrast (CPT® 74183) every 3 months for 2 years, then every 4 months for 2 years after completion of all therapy

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

- Chest x-ray or CT Chest with contrast (CPT® 71260) every 3 months for 2 years, then every 4 months for 2 years after completion of all therapy
- Individuals with brain or bone metastases should have surveillance imaging on the same schedule as the primary site imaging with the same modality used during initial staging

Background and Supporting Information

- Pediatric liver tumors primarily include hepatoblastoma and hepatocellular carcinoma, but hepatic germ cell tumors and primary hepatic sarcomas occur with some frequency. Tumor markers are useful for initial evaluation as well as treatment response, particularly in hepatoblastoma. Early consideration of liver transplant may be undertaken in children and adolescents with unresectable localized disease, provided that the disease remains confined to the liver.
- Hepatoblastoma occurs most commonly in very young children (median diagnosis age of 19 months). Most cases of hepatoblastoma are sporadic, but some are associated with genetic abnormalities, including Beckwith-Wiedemann syndrome, familial adenomatous polyposis, and trisomy 18. Most suspected liver tumors will have ultrasound and tumor markers (AFP, β-HCG, CEA) as part of the initial evaluation.
- There has been no published evidence to date supporting the routine use of PET/CT imaging in the evaluation of pediatric Hepatoblastoma during initial imaging, treatment response, or surveillance.
- PET/CT should not be approved in lieu of biopsy of suspicious lesions
- Individuals with localized hepatoblastoma of pure fetal histology are often cured with surgery alone and do not receive adjuvant therapy. These individuals should be imaged using surveillance guidelines after surgery is completed.
- Individuals receiving adjuvant chemotherapy are usually treated with 2 to 8 cycles of combination chemotherapy. Tumor marker decrease is important in response assessment but does not eliminate the need for advanced imaging in individuals with unresected hepatoblastoma.
- The primary method of surveillance in hepatoblastoma is frequent assessment of serum tumor markers (primarily AFP).
- No specific imaging for surveillance in individuals with an AFP of >100 ng/mL at diagnosis or recurrence.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Pediatric Hepatocellular Carcinoma (HCC) (PEDONC-11.3)

ONCP.LT.0011.3.A
v2.0.2025

Pediatric HCC Initial Staging:

- Ultrasound may be approved even after MRI or CT imaging in order to allow evaluation for tumor thrombus
- Once a primary liver mass is discovered, definitive imaging prior to histologic diagnosis including ANY of the following:
  - MRI Abdomen and Pelvis without and with contrast (CPT® 74183 and CPT® 72197)
    - Hepatobiliary specific contrast agents (gadoxetate, gadobenate [MultiHance]) are preferred if available and should be approved if requested, whether or not a prior gadolinium-enhanced MRI has been previously performed
    - CT Abdomen and Pelvis with contrast (CPT® 74177) is inferior to MRI for pediatric liver malignancies and should only be approved if MRI is not available, contraindicated, or sedation is required but not available, or to clarify specific inconclusive areas on MRI.
      - Noncontrast imaging is not indicated due to the increased radiation exposure and limited additive benefit
  - MRA Abdomen (CPT® 74185) or CTA Abdomen (CPT® 74175) to evaluate vascular invasion
- CT Chest with (CPT® 71260) **or** without contrast (CPT® 71250) in the initial work-up of all pediatric liver tumors and should be completed prior to anesthesia exposure if possible
- MRI Brain without and with contrast (CPT® 70553) only for symptoms suggesting CNS metastases
- Nuclear bone scan (See **Modality General Considerations (PEDONC-1.3)**) should be used for initial evaluation of bony metastases only in individuals with systemic symptoms or bone pain
- PET/CT should only be considered in very rare circumstances for preoperative planning when MRI and CT are insufficient for surgical decision-making.
  - PET/CT should not be approved in lieu of biopsy of suspicious lesions
  - Indications and coding for rare circumstances where PET/MRI may be approved are found in **PET Imaging in Pediatric Oncology (PEDONC-1.4)**

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Pediatric HCC Treatment Response:

- For individuals with disease not completely resected at initial diagnosis, the following every 2 cycles (~6 weeks) **and** at the end of planned therapy:
  - CT Chest with (CPT® 71260) **or** CT Chest without contrast (CPT® 71250)
  - MRI Abdomen and Pelvis without and with contrast (CPT® 74183 and CPT® 72197)
    - While the majority of individuals will require abdomen and pelvis imaging at all time points, the pelvis imaging may be omitted at the discretion of the ordering physician
    - CT Abdomen and Pelvis with contrast (CPT® 74177) is inferior to MRI for pediatric liver malignancies and should only be approved if MRI is not available, contraindicated, or sedation is required but not available, or to clarify specific inconclusive areas on MRI.
      - Noncontrast imaging is not indicated due to the increased radiation exposure and limited additive benefit
      - MRA Abdomen (CPT® 74185) or CTA Abdomen (CPT® 74175) to evaluate vascular invasion
- Imaging of any metastatic sites with the same modality used during initial staging
- Abdominal ultrasound if tumor thrombus was detected at initial diagnosis
  - If no tumor thrombus was present, continued ultrasound evaluations are not indicated without a specific reason documented in the clinical records
- PET/CT in very rare circumstances for preoperative planning when MRI and CT scans are insufficient for surgical decision-making.

Pediatric HCC Surveillance Imaging:

- MRI Abdomen and Pelvis without and with contrast (CPT® 74183 and CPT® 72197) every 3 months for 1 year, then every 6 months for 1 year, then annually for 3 years after completion of all therapy
- Chest x-ray or CT Chest with contrast (CPT® 71260) every 3 months for 1 year, then every 6 months for 1 year, then annually for 3 years after completion of all therapy

Background and Supporting Information

- Individuals with brain or bone metastases should have surveillance imaging on the same schedule as the primary site imaging with the same modality used during initial staging.
- HCC, including its rare histologically distinct variant fibrolamellar hepatocellular carcinoma (FL-HCC), occurs mostly in older children and adolescents. Despite recent advances in treatment, overall survival of pediatric HCC diagnosed in advanced stages remains exceedingly poor, with five-year survival of only 17% to 22% for all stages of pediatric HCC (and FL-HCC). Most suspected liver tumors will have ultrasound and tumor markers (AFP, β-HCG, CEA) as initial evaluation.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

- PET/CT should not be approved in lieu of biopsy of suspicious lesions
- The majority of hepatocellular carcinoma individuals are treated with surgery alone and do not receive adjuvant therapy. Individuals with successful upfront gross total resection should be imaged using surveillance guidelines after surgery is completed.
- PET/CT has no documented role in the surveillance evaluation of pediatric hepatocellular carcinoma.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Pediatric Pancreatic Carcinoma (PEDONC-11.4)

ONCP.LT.0011.4.A
v2.0.2025

- This guideline applies to suspected or diagnosed pancreatic neoplasms in children.
- Beckwith-Wiedemann syndrome increases pancreatoblastoma risk. MEN1, VHL, neurofibromatosis, and tuberous sclerosis are also risk factors for pancreatic endocrine neoplasms.
  - Screening studies in these conditions are found in **Screening Imaging in Cancer Predisposition Syndromes (PEDONC-2)**.

Indication	Imaging Study
Initial Staging	▪ CT Abdomen and Pelvis with or with and without contrast (CPT® 74177 or CPT® 74178) OR MRI Abdomen with and without contrast plus MRI Pelvis with and without contrast (CPT® 74183 and CPT® 72917) ▪ CT Chest with (CPT® 71260) or without (CPT® 71250) contrast ▪ ^{68}Ga-Dotatate PET/CT whole-body (CPT® 78816) - Exception: for pediatric pancreatic tumor of non neuroendocrine origin (SPN, pancreatoblastoma and other exocrine origin) with equivocal conventional imaging, FDG PET/CT whole-body or skull to thighs (CPT® 78816 or 78815)
Treatment response ~every 2 cycles during treatment and at the end of planned therapy	▪ CT or MRI as used at time of initial imaging
If conventional imaging for treatment response is equivocal	▪ Neuroendocrine tumors: ^{68}Ga Dotatate PET/CT skull to thighs or whole-body (CPT® 78815 or 78816) ▪ Non-neuroendocrine tumors: FDG PET/CT skull to thighs or whole-body (CPT® 78815 or 78816)
Assess candidacy for PRRT therapy	▪ ^{68}Ga Dotatate PET/CT whole body CPT® 78816 may also be approved to assess candidacy for PRRT therapy

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Indication	Imaging Study
Surveillance	▪ MRI or CT, modality and contrast as used in initial imaging, every 3 months for 2 years, then every 4 months for 1 year, then every 6 months for 1 year, then in 12 months to complete 5 years surveillance.
Suspected recurrence	▪ Repeat all imaging as noted in initial staging section

Background and Supporting Information

- Pancreatic tumors in children are exceedingly rare. The most common are solid pseudopapillary neoplasm (SPN), a low-grade epithelial malignancy. Pancreatoblastoma is the second most common.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (PEDONC-11)

v2.0.2025

1. Meyers RL, Trobaugh-Lotario AD, Malogolowkin MH, et al. Pediatric liver tumors. In: Pizzo PA, Poplack DG, eds. Principles and Practice of Pediatric Oncology. 7th edition. Philadelphia, PA: Wolters Kluwer; 2016:726-752.
2. Tomlinson GE. Hepatoblastoma and other liver tumors in children. In: Orkin SH, Fisher DE, Ginsburg D, Look AT, Lux SE, Nathan DG, eds. Nathan and Oski's Hematology and Oncology of Infancy and Childhood. 8th edition. Philadelphia, PA: Elsevier Saunders; 2015:1886-1905.
3. Pugmire BS, Towbin AJ. Magnetic resonance imaging of primary pediatric liver tumors. Pediatr Radiol. 2016;46:764-777.doi:10.1007/s00247-016-3612-0.
4. Chavhan GB, Shelmerdine S, Jhaveri K, Babyn PS. Liver MR Imaging in children: current concepts and technique. RadioGraphics. 2016;36(5):1517-1532. doi:10.1148/rg.2016160017.
5. Rai P, Feusner H. Cerebral metastasis of hepatoblastoma: a review. J Pediatr Hematol Oncol. 2016;38(4):279-282. doi:10.1097/MPH.0000000000000554.
6. Allen-Rhoades W, Whittle SB, Rainusso N. Pediatric solid tumors of infancy: an overview. Pediatr Rev. 2018;39:57-67. doi:10.1542/pir.2017-0057.
7. Allan BJ, Wang B, Davis JS, et al. A review of 218 pediatric cases of hepatocellular carcinoma. J Pediatr Surg. 2014;49(1):166-171. doi:10.1016/j.jpedsurg.2013.09.050.
8. Pappo AS, Furman WL, Schulz KA, Ferrari A, Helman L, Krailo MD. Rare tumors in children: progress through collaboration. J Clin Oncol. 2015;33(27):3047-3054. doi:10.1200/JCO.2014.59.3632.
9. Benson AB, D'Angelica MI, Abrams T, et al. National Comprehensive Cancer Network (NCCN) Guidelines Version 1.2023—March 10, 2023, Hepatocellular Carcinoma, available at: https://www.nccn.org/professionals/physician_gls/pdf/hcc.pdf, Referenced with permission from the NCCN Clinical Practice Guidelines in Oncology (NCCN Guidelines™) for Hepatocellular Carcinoma V1.2023 3/10/2023. ©2023 National Comprehensive Cancer Network, Inc. All rights reserved. The NCCN Guidelines™ and illustrations herein may not be reproduced in any form for any purpose without the express written permission of the NCCN. To view the most recent and complete version of the NCCN Guidelines™, go online to NCCN.org.
10. Benson AB, D'Angelica MI, Abrams T, et al. National Comprehensive Cancer Network (NCCN) Guidelines Version 2.2023—May 10, 2023, Biliary Tract Cancers, available at: https://www.nccn.org/professionals/physician_gls/pdf/btc.pdf, Referenced with permission from the NCCN Clinical Practice Guidelines in Oncology (NCCN Guidelines™) for Biliary Tract Cancers V2.2023 5/10/2023. ©2023 National Comprehensive Cancer Network, Inc. All rights reserved. The NCCN Guidelines™ and illustrations herein may not be reproduced in any form for any purpose without the express written permission of the NCCN. To view the most recent and complete version of the NCCN Guidelines™, go online to NCCN.org
11. D'Souza AM, Shah R, Gupta A, et al, Surgical management of children and adolescents with upfront completely resected hepatocellular carcinoma, Pediatr Blood Cancer. 2019;65:e27293. doi:10.1002/pbc.27293.
12. Weeda VB, Aronson DC, Verheij J, and Lamers WH, Is hepatocellular carcinoma the same disease in children and adults? Comparison of histology, molecular background, and treatment in pediatric and adult patients, Pediatr Blood Cancer. 2019;66:e27475. doi:10.1002/pbc.27475.
13. Eklund MJ, States LJ, Acord MR, et. al. Imaging of pediatric pancreas tumors: A COG Diagnostic Imaging Committee/SPR Oncology Committee White Paper. Pediatr Blood Cancer. 2022;e29975. doi:10.1002/pbc.29975.
14. Schooler GR, Infante JC, Acord M, et. al. Imaging of pediatric liver tumors: A COG Diagnostic Imaging Committee/SPR Oncology Committee white paper. Pediatr Blood Cancer. 2023;70 Suppl 4:e29965. doi:10.1002/pbc.29965. .

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Retinoblastoma (PEDONC-12)

Guideline

Retinoblastoma – General Considerations (PEDONC-12.1)
Retinoblastoma – Imaging (PEDONC-12.2)
References (PEDONC-12)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Retinoblastoma – General Considerations (PEDONC-12.1)

ONCP.EC.0012.1.A
v2.0.2025

- Retinoblastoma (RB) is primarily a disease of the infant and young child, and presents with leukocoria (loss of red reflex).
- About 75% of individuals are diagnosed before the age of two years (bilateral RB presents at 12 months of age).
- Retinoblastoma can occur as heritable (25% of cases) or nonheritable (75%) disease.
  - Heritable RB is associated with a germline mutation in the RB1 gene often resulting typically in bilateral disease.
  - Individuals who carry the RB1 mutation also have increased risk of developing other cancers, such as osteosarcoma, soft tissue sarcomas, or melanoma. For more information on heritable retinoblastoma, see: **Familial Retinoblastoma Syndrome (PEDONC-2.12)**.
  - Whole-body MRI has shown poor sensitivity and specificity in individuals with predisposition to systemic malignancy due to germline RB1 mutations, and is not supported.
- Detailed evaluation by a physician with significant training and/or experience in retinoblastoma (most commonly a pediatric ophthalmologist or pediatric oncologist) is indicated prior to considering advanced imaging.
- Retinoblastoma can be unilateral, bilateral, or trilateral (involving the pineal gland). Extraocular spread of retinoblastoma is rare and generally confined to the brain.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Retinoblastoma – Imaging (PEDONC-12.2)

ONCP.EC.0012.2.A
v2.0.2025

Retinoblastoma Initial Staging:

- Tumor biopsy is NOT required prior to imaging
- MRI Orbits (CPT® 70543) and Brain (CPT® 70553) without and with contrast in the initial work-up
  - Brain imaging may be omitted or deferred at the discretion of the treating ophthalmologist or oncologist
- MRI Spine without and with contrast (Cervical-CPT® 72156, Thoracic-CPT® 72157, Lumbar-CPT® 72158) if there is evidence of CNS metastasis on:
  - Ophthalmologic exam
  - MRI Brain
  - Lumbar CSF cytology
- CT Chest (CPT® 71260) and MRI Abdomen and Pelvis without and with contrast (CPT® 74183 and CPT® 72197) with clinical symptoms to suggest metastatic disease
- CT Orbital (contrast as requested) and orbital ultrasound can be approved if ordered by the treating ophthalmologist for a specified indication
- Nuclear bone scan (See: **Modality General Considerations (PEDONC-1.3)**) is the preferred imaging modality for individuals with systemic bone pain suggestive of bony metastases
- PET has no documented role in the evaluation of retinoblastoma

Retinoblastoma Treatment Response:

- MRI Orbits (CPT® 70543) and/or Brain (CPT® 70553) can be approved every 2 cycles (~ every 6 weeks) and at the end of planned therapy
- For individuals with metastatic disease, imaging of known positive areas using the same modality at initial staging can be approved every 2 cycles (~6 to 8 weeks) and at the end of planned therapy

Retinoblastoma Surveillance:

- Unilateral retinoblastoma
  - Surveillance using advanced imaging for unilateral retinoblastoma after enucleation or exenteration only for evaluation of specific clinical concerns.
- Bilateral retinoblastoma or individuals treated with ocular salvage approach

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

- MRI Orbits (CPT® 70543) and Brain (CPT® 70553) for individuals undergoing ocular salvage treatment approaches every 6 months for 2 years following completion of therapy or until the age of 5 years, whichever is later

Background and Supporting Information

- CT should generally be avoided in retinoblastoma individuals under one year of age or with family history of retinoblastoma (heritable) due to substantially increased risks for secondary malignancy
- The primary method of surveillance in retinoblastoma is examination under anesthesia (EUA), although some older children can be sufficiently evaluated by exam without anesthesia (EWA).
- Surveillance using advanced imaging is generally not indicated for unilateral retinoblastoma after enucleation or exenteration but can be approved for evaluation of specific clinical concerns.
- Individuals with bilateral retinoblastoma or germline mutation in RB1 are at increased risk for subsequent pineoblastoma
- Routine MRI follow up for pineal disease is not currently supported by evidence in unilateral retinoblastoma individuals without germline RB1 mutations

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

References (PEDONC-12)

v2.0.2025

1. Hurwitz RL, Shields CL, Shields JA, et al. Retinoblastoma. In: Pizzo PA, Poplack DG, eds. Principles and Practice of Pediatric Oncology. 7th ed. Philadelphia, PA: Wolters Kluwer; 2016:700-725.
2. Rodriguez-Galindo C, Wilson MW, and Dyer M. Retinoblastoma. In: Orkin SH, Fisher DE, Ginsburg D, Look AT, Lux SE, Nathan DG, eds. Nathan and Oski's Hematology and Oncology of Infancy and Childhood. 8th edition. Philadelphia, PA: Elsevier Saunders; 2015:1747-1778.
3. de Jong MC, Kors WA, de Graaf P, Castelijns JA, Kivelä T, Moll AC. Trilateral retinoblastoma: a systematic review and meta-analysis. *Lancet Onco*l. 2014;15(10):1157-1167. doi:10.1016/S1470-2045(14)70336-5.
4. De Graaf P, Göricke S, Rodjan F, et al. Guidelines for imaging retinoblastoma: imaging principles and MRI standardization. *Pediatr Radiol*. 2012;42(1):2-14. doi:10.1007/s00247-011-2201-5.
5. Allen-Rhoades W, Whittle SB, Rainusso N. Pediatric Solid Tumors of Infancy: An Overview, *Pediatr Rev*. 2018;39:57-67. doi:10.1542/pir.2017-0057.
6. Lohmann DR, Gallie BL. Retinoblastoma. In: Pagon RA, Adam MP, Ardinger HH et al, eds. *GeneReviews™ [Internet]*. Seattle, WA: University of Washington, Seattle; 1993-2024. Version September 21, 2023. https://www.ncbi.nlm.nih.gov/books/NBK1452/.
7. Freidman DN, Lis E, Sklar CA, et al. Whole-body magnetic resonance imaging (WB-MRI) as surveillance for subsequent malignancies in survivors of hereditary retinoblastoma: a pilot study. *Pediatr Blood Cancer*. 2014;61(8):1440-4. doi:10.1002/pbc.24835.
8. Kamihara J, Bourdeaut F, Foulkes WD, et al. Retinoblastoma and neuroblastoma predisposition and surveillance. *Clin Cancer Res*. 2017;23(13):e98-e106. doi:10.1158/1078-0432.CCR-17-0652.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Pediatric Nasopharyngeal Carcinoma (PEDONC-13)

Guideline

Pediatric Nasopharyngeal Carcinoma – General Considerations (PEDONC-13.1)
Pediatric NPC – Imaging (PEDONC-13.2)
References (PEDONC-13)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Pediatric Nasopharyngeal Carcinoma – General Considerations (PEDONC-13.1)

ONCP.NC.0013.1.A

v2.0.2025

- Pediatric nasopharyngeal carcinoma (NPC) is rare in comparison to adult NPC but is responsible for up to 50% of nasopharyngeal cancers in children and has higher rates of aggressive type III EBV-associated histology than adult NPC.
- Standard upfront treatment in pediatric NPC consists of 3 to 4 cycles of neoadjuvant chemotherapy followed by definitive chemoradiotherapy. Rare individuals with lower stage disease may be treated with radiotherapy alone.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Pediatric NPC – Imaging (PEDONC-13.2)

ONCP.NC.0013.2.A
v2.0.2025

Pediatric NPC Initial Staging:

- MRI Brain without and with contrast (CPT® 70553) **and** MRI Neck without and with contrast (CPT® 70543)
  - CT Head without and with contrast (CPT® 70470), CT Maxillofacial without and with contrast (CPT® 70488), **and/or** CT Neck with contrast (CPT® 70491) for individuals with documented contraindication to MRI imaging (avoidance of sedation should not be the sole reason)
- CT Chest with contrast (CPT® 71260) in initial staging
- Whole-body PET/CT (CPT® 78816) after histologic confirmation of NPC to evaluate for distant metastases
  - Bone scan when PET/CT is unavailable (See: **Modality General Considerations (PEDONC-1.3)**)
  - Indications and coding for rare circumstances where PET/MRI may be approved are found in **PET Imaging in Pediatric Oncology (PEDONC-1.4)**
  - CT Abdomen with contrast (CPT® 74160) for ANY of the following if PET/CT unavailable:
    - Initial EBV DNA load ≥4000 copies/mL
    - Signs and symptoms of liver disease (including abdominal pain and elevated LFTs)

Pediatric NPC Treatment Response:

- MRI Brain without and with contrast (CPT® 70553) **and** MRI Neck without and with contrast (CPT® 70543) for response assessment at the following time points:
  - Following completion of neoadjuvant chemotherapy
  - Following completion of chemoradiotherapy
- CT Chest with contrast (CPT® 71260) **and** Whole-Body PET/CT (CPT® 78816) **or** bone scan (See: **Modality General Considerations (PEDONC-1.3)**) at the following time points:
  - Following completion of neoadjuvant chemotherapy only if positive at initial diagnosis
  - Following completion of chemoradiotherapy
- PET during active treatment for recurrent pediatric cancer in rare circumstances when results are likely to result in a treatment change, including a change from active treatment to surveillance.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Pediatric NPC Surveillance:

- MRI Brain without and with contrast (CPT® 70553) **and** MRI Neck without and with contrast (CPT® 70543) every 3 months for 1 year, then every 6 months for 2 years after completion of all planned therapy
- CT Chest with contrast (CPT® 71260) is indicated every 3 months for 1 year, then every 6 months for 2 years after completion of all planned therapy

Pediatric NPC Suspected Recurrence:

- MRI Brain without and with contrast (CPT® 70553) and MRI Neck without and with contrast (CPT® 70543)
  - CT Head without and with contrast (CPT® 70470), CT Maxillofacial without and with contrast (CPT® 70488), and/or CT Neck with contrast (CPT® 70491) can be approved for individuals with documented contraindication to MRI imaging
- CT Chest with contrast (CPT® 71260)
- Whole-body PET/CT (CPT® 78816) or bone scan (See: **Modality General Considerations (PEDONC-1.3)**) for histologically confirmed recurrence of NPC. These studies may also be approved for:
  - Clarification of specified inconclusive findings seen on conventional imaging
  - Restaging to identify sites of disease when EBV PCR levels are abnormally high and conventional imaging is negative

Background and Supporting Information

- Metastasis frequently occurs in cervical lymph nodes and retropharyngeal space. Distal metastasis usually appears in bones, lungs, mediastinum, and rarely, in the liver. In many individuals, the initial presentation is a cervical adenopathy, and diagnosis is made with a lymph node biopsy.
- Quantitative EBV DNA PCR measured at initial diagnosis, as it can serve as an effective tumor marker if elevated at initial diagnosis.
- Skull base invasion is common in pediatric NPC and has a dramatic impact on prognosis, and is more easily recognized on MRI imaging
- PET is generally not indicated during active treatment for recurrent pediatric cancer
  - Whole-body PET/CT (CPT® 78816) or bone scan (See: **Modality General Considerations (PEDONC-1.3)**) are not indicated for routine surveillance in asymptomatic individuals

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

References (PEDONC-13)

v2.0.2025

1. Pappo AS, Rodriguez-Galindo C, and Furman WL. Management of infrequent cancers of childhood. In: Pizzo PA, Poplack DG, eds. Principles and Practice of Pediatric Oncology. 7th edition. Philadelphia, PA: Wolters Kluwer; 2016:1098-1123.
2. Goldberg JM, Pappo AS, and Bishop M. Rare tumors of childhood. In: Orkin SH, Fisher DE, Ginsburg D, Look AT, Lux SE, Nathan DG, eds. Nathan and Oski's Hematology and Oncology of Infancy and Childhood. 8th edition. Philadelphia, PA: Elsevier Saunders; 2015:2123-2145.
3. Cheuk DKL, Sabin ND, Hossain M, et al. Positron emission tomography-computed tomography for staging and follow-up of pediatric nasopharyngeal carcinoma. *Eur J Nucl Med Mol Imaging*. 2012;39(7):1097-1106. doi:10.1007/s00259-012-2091-2.
4. Stambuk HE, Patel SG, Mosier KM, Wolder SL, Holodny AI. Nasopharyngeal carcinoma: recognizing the radiographic features in children. *Am J Neuroradiol*. 2005;26(6):1575-1579.
5. Sahai P, Mohanti BK, Sharma A, et al. Clinical outcome and morbidity in pediatric patients with nasopharyngeal cancer treated with chemotherapy. *Pediatr Blood Cancer*. 2017;64(2):259-266. doi:10.1002/pbc.26240.
6. PDQ® Pediatric Treatment Editorial Board. PDQ Childhood Nasopharyngeal Cancer Treatment – Health Professional Version. Bethesda, MD: National Cancer Institute. Updated 06/21/2024. Available at: https://www.cancer.gov/types/head-and-neck/hp/child/nasopharyngeal-treatment-pdq.
7. Zhang, Lu et al. Plasma Epstein-Barr viral DNA complements TNM classification of nasopharyngeal carcinoma in the era of intensity-modulated radiotherapy. *ONcotarget*. 2015;7(5):6221-6231.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Pediatric Adrenocortical Carcinoma (PEDONC-14)

Guideline

Pediatric Adrenocortical Carcinoma – General Considerations (PEDONC-14.1)
Pediatric ACC – Imaging (PEDONC-14.2)
References (PEDONC-14)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Pediatric Adrenocortical Carcinoma – General Considerations (PEDONC-14.1)

ONCP.AC.0014.1.A

v2.0.2025

- Pediatric Adrenocortical Carcinoma (ACC) is a rare but aggressive tumor, with fewer than 25 cases diagnosed each year.
- Most individuals are diagnosed because of virilizing symptoms, Cushing syndrome, and rarely with feminization and hyperaldosteronism or detection on screening imaging recommended for specified cancer predisposition syndromes.
- See: **Li-Fraumeni Syndrome (LFS) (PEDONC-2.2)** and **Beckwith-Wiedemann Syndrome (BWS) (PEDONC-2.4)** for screening recommendations for individuals known to have these syndromes.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Pediatric ACC – Imaging (PEDONC-14.2)

ONCP.AC.0014.2.A
v2.0.2025

- CT Abdomen without and with contrast increases radiation exposure and should not be routinely performed in a child with an adrenal lesion as washout criteria have not been validated in children

Indication	Imaging Study
Initial staging	• CT Chest without contrast (CPT® 71250) or with (CPT® 71260) contrast • CT Abdomen with contrast (CPT® 74160) or MRI Abdomen without and with contrast (CPT® 74183) • Nuclear bone scan (see: **(PEDONC-1.3)** for coding)
• Solitary adrenal mass >4 cm on conventional imaging and plans for aggressive surgical resection • Inconclusive findings on conventional imaging	• FDG PET/CT scan (CPT® 78815)
After complete resection, with no plans for chemotherapy or radiotherapy	• See surveillance below
Restaging, for all unresected primary or metastatic disease on chemotherapy	• Every 2 cycles (~6 weeks) during chemotherapy, and following completion of all planned chemotherapy: ◦ CT Chest without contrast (CPT® 71250) or with (CPT® 71260) contrast ◦ CT Abdomen with contrast (CPT® 74160) or MRI Abdomen without and with contrast (CPT® 74183) • If positive for distant metastases at initial diagnosis: ◦ Nuclear bone scan (see: **(PEDONC-1.3)** for coding) every 2 cycles (~6 weeks) during chemotherapy and following completion of all planned chemotherapy

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Indication	Imaging Study
Response assessment at the completion of radiotherapy	• CT Abdomen with contrast (CPT® 74160) or MRI Abdomen without and with contrast (CPT® 74183)
Surveillance, individuals with only localized disease at diagnosis	• Every 3 months for 2 years, then every 6 months for 3 years: ◦ CT Abdomen with contrast (CPT® 74160) or MRI Abdomen without and with contrast (CPT® 74183)
Surveillance, individuals with metastatic ACC	• Every 3 months for 2 years, then every 6 months for 3 years: ◦ CT Chest without contrast (CPT® 71250) or with (CPT® 71260) contrast ◦ CT Abdomen with contrast (CPT® 74160) or MRI Abdomen without and with contrast (CPT® 74183)
Recurrence	• CT Chest without contrast (CPT® 71250) or with (CPT® 71260) contrast • CT Abdomen with contrast (CPT® 74160) or MRI Abdomen without and with contrast (CPT® 74183)
Suspected bone recurrence	• Nuclear bone scan (see: **(PEDONC-1.3)** for coding)

Background and Supporting Information

- The mainstay of treatment is surgery.
  - Chemotherapy, adrenal suppression, and radiotherapy typically follow resection.
  - Many ACC individuals are treated with surgery alone and do not receive adjuvant therapy. These individuals should be imaged using surveillance guidelines after surgery is completed.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

References (PEDONC-14)

v2.0.2025

1. Waguespack SG, Huh WW, and Bauer AJ. Endocrine tumors. In: Pizzo PA, Poplack DG, eds. Principles and Practice of Pediatric Oncology. 7th edition. Philadelphia, PA: Wolters Kluwer; 2016:919-945.
2. Michalkiewicz E, Sandrini R, Figueiredo B, et al. Clinical and outcome characteristics of children with adrenocortical tumors: a report from The International Pediatric Adrenocortical Tumor Registry. J Clin Oncol. 2004:22(5):838-845. doi:10.1200/JCO.2004.08.085.
3. Flynt KA, Dillman JR, Davenport MS, et al. Pediatric adrenocortical neoplasms: can imaging reliably discriminate adenomas from carcinomas? Pediatr Radiol. 2015;45(8):1160-1168. doi:10.1007/s00247-015-3308-x.
4. Gupta N, Rivera M, Novotny P, et al, Adrenocortical Carcinoma in Children: A Clinicopathological Analysis of 41 Patients at the Mayo Clinical from 1950 to 2017, Horm Res Paediatr. 2018;90:8-18. doi:10.1159/000488855.
5. PDQ® Pediatric Treatment Editorial Board. PDQ Childhood Adrenocortical Carcinoma Treatment. Bethesda, MD: National Cancer Institute. Updated 05/16/2024. Available at: https://www.cancer.gov/types/adrenocortical/hp/child-adrenocortical-treatment-pdq.
6. Wasserman JD, Novokmet A, Eichler-Jonsson C, et al. Prevalence and functional consequence of TP53 mutations in pediatric adrenocortical carcinoma: a children's oncology group study. J Clin Oncol. 2015:33(6):602-9. doi:10.1200/JCO.2013.52.6863.
7. Bergsland E, Rose JB, Benson III AB, et al. National Comprehensive Cancer Network (NCCN) Guidelines Version 2.2024 – 8/1/2024. Neuroendocrine tumors, available at: https://www.nccn.org/professionals/physician_gls/pdf/neuroendocrine.pdf Referenced with permission from the NCCN Clinical Practice Guidelines in Oncology (NCCN Guidelines™) for Neuroendocrine and Adrenal tumors V2.2024 – August 1, 2024. ©2024 National Comprehensive Cancer Network, Inc. All rights reserved. The NCCN Guidelines™ and illustrations herein may not be reproduced in any form for any purpose without the express written permission of the NCCN. To view the most recent and complete version of the NCCN Guidelines™, go online to NCCN.org
8. Rees MA, Morin CE, Behr GG, et. al. Imaging of pediatric adrenal tumors: A COG Diagnostic Imaging Committee/SPR Oncology Committee white paper. Pediatr Blood Cancer. 2022:e29973. doi:10.1002/pbc.29973. .

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Pediatric Melanoma and Other Skin Cancers (PEDONC-15)

Guideline

Pediatric Melanoma and Other Skin Cancers (PEDONC-15)
References (PEDONC-15)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Pediatric Melanoma and Other Skin Cancers (PEDONC-15)

ONCP.SK.0015.A

v2.0.2025

- Pediatric melanoma is historically rare but has a steadily rising incidence, especially in adolescents and young adults (AYAs). Staging is assigned using the American Joint Committee on Cancer (AJCC) staging for adult melanoma. Most cases of melanoma arising in children and AYAs (~75%) are localized at diagnosis, and approximately 90% of individuals with pediatric melanoma are amenable to radical excision. The clinical management of adolescents and young adults with melanoma is still challenging and evolving because it is difficult to diagnose, and there is no standard treatment.
- Non-melanoma skin cancers (mostly basal cell carcinoma and squamous cell carcinoma) are extremely rare in pediatric individuals. In many cases, predisposing factors such as prolonged immunosuppression, radiation therapy, chemotherapy, voriconazole use, or a combination of the factors are present, and established age-specific guidelines for management of these skin tumors do not exist.
- Imaging guidelines and treatment approaches are consistent with those used for adults with melanoma and other skin cancers, and these individuals should follow the imaging guidelines in section **Melanomas and Other Skin Cancers (ONC-5)** in the Oncology Imaging Guidelines.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

References (PEDONC-15)

v2.0.2025

1. Rodriguez-Galindo C, Furman WL, Pappo AS. Rare pediatric tumors. In: Pizzo PA, Poplack DG, eds. Principles and Practice of Pediatric Oncology. 7th edition. Philadelphia, PA: Wolters Kluwer; 2016:946-966.
2. Goldberg JM, Pappo AS, Bishop M. Rare tumors of childhood. In: Orkin SH, Fisher DE, Ginsburg D, Look AT, Lux SE, Nathan DG, eds. Nathan and Oski's Hematology and Oncology of Infancy and Childhood. 8th edition. Philadelphia, PA: Elsevier Saunders; 2015:2123-2145.
3. Swetter SM, Johnson D, Albertini MR, et al. National Comprehensive Cancer Network (NCCN) Guidelines Version 2.2024—April 3, 2024, Melanoma: Cutaneous, available at: https://www.nccn.org/professionals/physician_gls/pdf/cutaneous_melanoma.pdf, Referenced with permission from the NCCN Clinical Practice Guidelines in Oncology (NCCN Guidelines™) for Melanoma: Cutaneous V2.2024 4/3/2023. ©2024 National Comprehensive Cancer Network, Inc. All rights reserved. The NCCN Guidelines™ and illustrations herein may not be reproduced in any form for any purpose without the express written permission of the NCCN. To view the most recent and complete version of the NCCN Guidelines™, go online to NCCN.org
4. Senerchia AA, Ribiero KB, Rodriguez-Galindo C. Trends in incidence of primary cutaneous malignancies in children, adolescents, and young adults: a population-based study. *Pediatr Blood Cancer*. 2014;61(2):211-216. doi:10.1002/pbc.24639.
5. Kolandijan NA, Wei C, Burke A, Bedikian AY. Malignant melanoma in teenagers and young adults. *J Pediatr Hematol Oncol*. 2014;36(7):552-558. doi:10.1097/MPH.0000000000000231.
6. Brecht IB, De Paoli A, Bisogno G, et al. Pediatric patients with cutaneous melanoma: A European study. *Pediatr Blood Cancer*. 2018;65:e26974. doi:10.1002/pbc.26974.
7. Indini A, Brecht I, Del Vecchio M, et al, Cutaneous melanoma in adolescents and young adults. *Pediatr Blood Cancer*. 2018;65:e27292. doi:10.1002/pbc.27292.
8. Kohsravi H, Schmidt B, and Huang JT, Characteristics and outcomes of nonmelanoma skin cancer (NMSC) in children and young adults. *J Am Acad Dermatol*. 2015;73:785-790. doi:10.1016/j.aad.2015.08.007. .

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Pediatric Salivary Gland Tumors and Thyroid Tumors (PEDONC-16)

Guideline

Pediatric Salivary Gland Tumors and Thyroid Tumors (PEDONC-16)
References (PEDONC-16)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Pediatric Salivary Gland Tumors and Thyroid Tumors (PEDONC-16)

ONCO.ST.0016.A
v2.0.2025

Pediatric Salivary Gland Tumors

- The majority of pediatric salivary gland tumors arise in the parotid gland. Approximately 10% to 15% of tumors arise in the submandibular, sublingual, or minor salivary glands.
- Roughly 75% of pediatric salivary gland tumors are benign, most commonly pleomorphic adenoma.
- The most common malignant tumors occurring in the salivary glands are mucoepidermoid carcinoma, adenoid cystic carcinoma, acinic cell carcinoma, undifferentiated carcinoma, and rarely adenocarcinoma.
- American Joint Committee on Cancer (AJCC) staging is used for pediatric as well as adult salivary gland tumors.
- Imaging and treatment guidelines for malignant pediatric salivary gland tumors are consistent with those used for adults with salivary gland tumors, and these individuals should follow the imaging guidelines in section **Salivary Gland Cancers (ONC-4)** in the Oncology Imaging Guidelines.

Pediatric Thyroid Tumors

- Differentiated thyroid cancers (DTC): Papillary, Follicular and Hürthle Cell are the most common childhood thyroid malignancy. Standard treatment is thyroidectomy and radioactive iodine (RAI).
- Imaging and treatment guidelines for malignant pediatric thyroid tumors are consistent with those used for adults with thyroid tumors, and these individuals should follow the imaging guidelines in section **Thyroid Cancers (ONC-6)** in the Oncology Imaging Guidelines.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (PEDONC-16)

v2.0.2025

1. Rodriguez-Galindo C, Furman WL, and Pappo AS. Rare pediatric tumors. In: Pizzo PA, Poplack DG, eds. Principles and Practice of Pediatric Oncology. 7th edition. Philadelphia, PA: Wolters Kluwer; 2016:946-966.
2. Goldberg JM, Pappo AS, and Bishop M. Rare tumors of childhood. In: Orkin SH, Fisher DE, Ginsburg D, Look AT, Lux SE, Nathan DG, eds. Nathan and Oski's Hematology and Oncology of Infancy and Childhood. 8th edition. Philadelphia, PA: Elsevier Saunders; 2015:2123-2145.
3. Pfister DG, Spencer S, Adkins D, et al. National Comprehensive Cancer Network (NCCN) Guidelines Version 4.2024—May 1, 2024, Head and Neck Cancers, available at: https://www.nccn.org/professionals/physician_gls/pdf/head-and-neck.pdf, referenced with permission from the NCCN Clinical Practice Guidelines in Oncology (NCCN Guidelines™) for Head and Neck Cancers V4.2024 5/1/2024. ©2024 National Comprehensive Cancer Network, Inc. All rights reserved. The NCCN Guidelines™ and illustrations herein may not be reproduced in any form for any purpose without the express written permission of the NCCN. To view the most recent and complete version of the NCCN Guidelines™, go online to NCCN.org
4. Chiaravalli S, Guzzo M, Bisogno G, et al. Salivary gland carcinomas in children and adolescents: The Italian TREP project experience. *Pediatr Blood Cancer*. 2014;61(11):1961-1968.
5. Rebours C, Couloigner V, Galmiche L, et al. Pediatric salivary gland carcinomas: diagnostic and therapeutic management. *Laryngoscope*. 2017;127:140-147.
6. Zamani M, Gronhoj C, Jensen JS, et al. Survival and characteristrics of pediatric salivary gland cancer: A systematic review and meta-analysis. *Pediatr Blood Cancer*. 2019;66:e27543. doi:10.1002/pbc.27543.
7. Prasad PK, Mahajan P, Hawkins DS, Mostoufi-Moab S, Venkatramani R. Management of pediatric differentiated thyroid cancer: An overview for the pediatric oncologist. *Pediatr Blood Cancer*. 2020;67(6):e28141. doi:10.1002/pbc.28141.
8. Haddad RI, Bischoff L, Salgado SA, et al. National Comprehensive Cancer Network (NCCN) Guidelines Version 3.2024 – June 18, 2024 Thyroid carcinoma, available at: https://www.nccn.org/professionals/physician_gls/pdf/thyroid.pdf. Referenced with permission from the NCCN Clinical Practice Guidelines in Oncology (NCCN Guidelines™) for Thyroid carcinoma V3.2024– June 18, 2024 ©2024 National Comprehensive Cancer Network, Inc. All rights reserved. The NCCN Guidelines™ and illustrations herein may not be reproduced in any form for any purpose without the express written permission of the NCCN. To view the most recent and complete version of the NCCN Guidelines™, go online to NCCN.org.
9. Squires JH, Martinez-Rios C, Davis JC, et. al. Imaging of pediatric thyroid tumors: A COG Diagnostic Imaging Committee/SPR Oncology Committee white paper. *Pediatr Blood Cancer*. 2023;70 Suppl 4:e29957. doi:10.1002/pbc.29957.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Pediatric Breast Masses (PEDONC-17)

Guideline

Pediatric Breast Masses (PEDONC-17)
References (PEDONC-17)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Pediatric Breast Masses (PEDONC-17)

ONCP.BC.0017.A

v2.0.2025

- Ultrasound (CPT® 76641 and CPT® 76642) is the primary and preferred modality used for evaluation of pediatric breast masses.
- MRI has very limited utility in evaluation of pediatric breast masses prior to biopsy but may be indicated in rare cases for surgical planning when ultrasound is non-diagnostic.
- Pediatric individuals with confirmed breast cancer should be imaged according to section **Breast Cancer (ONC-11)** in the Oncology Imaging Guidelines.

Background and Supporting Information

- Less than 1% of pediatric breast lesions are malignant, and advanced imaging is generally not recommended without histological confirmation of malignancy.
- Mammography has limited utility in pediatric breast mass evaluation due to the high mammographic breast density in this age group, and the risk of the radiation exposure outweighs the benefit of this modality. As a result, mammography is NOT recommended for evaluation of pediatric or adolescent breast masses.
  - BI-RADS classification may overstate the risk of malignancy or need for biopsy in pediatric individuals.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

References (PEDONC-17)

v2.0.2025

1. Rodriguez-Galindo C, Furman WL, Pappo AS. Rare pediatric tumors. In: Pizzo PA, Poplack DG, eds. Principles and Practice of Pediatric Oncology. 7th edition. Philadelphia, PA: Wolters Kluwer; 2016:946-966.
2. Goldberg JM, Pappo AS, Bishop M. Rare Tumors of Childhood. In: Orkin SH, Fisher DE, Ginsburg D, Look AT, Lux SE, Nathan DG, eds. Nathan and Oski's Hematology and Oncology of Infancy and Childhood. 8th edition. Philadelphia, PA: Elsevier Saunders; 2015:2123-2145.
3. Kaneda HJ, Mack J, Kasales CJ, Schetter S. Pediatric and adolescent breast masses: a review of pathophysiology, imaging, diagnosis, and treatment. *AJR Am J Roentgenol*. 2013;200(2):W204-W212. doi:10.2214/AJR.12.9560.
4. Koning JL, Davenport KP, Poole PS, Kruk PG, Grabowski JE. Breast Imaging-Reporting and Data System (BI-RADS) classification in 51 excised palpable pediatric breast masses. *J Pediatr Surg*. 2015;50(10):1746-1750. doi:10.1016/j.jpedsurg.2015.02.062.
5. Siegel MJ, Chung EM. Breast. In: Seigel MJ, ed. Pediatric Sonography. 5th ed. Philadelphia, PA: Wolters Kluwer; 2019:196-210.
6. Siegel MJ, Chung EM. Breast masses in children and adolescents. *Applied Radiology*. 2017;46(9):12-17.
7. Johnson RH, Anders CK, Litton JK, Ruddy KJ, Bleyer A. Breast cancer in adolescents and young adults. *Pediatr Blood Cancer*. 2018;65:e27397. doi:10.1002/pmb.27397.
8. Sanders LM, Sharma P, El Madany M, et al. Clinical breast concerns in low-risk pediatric patients: practice review with proposed recommendations. *Pediatr Radiol*. 2018;48:186-195. doi:10.1007/s00247-017-4007-6.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Histiocytic Disorders (PEDONC-18)

Guideline

Histiocytic Disorders – General Considerations (PEDONC-18.1)
Langerhans Cell Histiocytosis (LCH) (PEDONC-18.2)
Hemophagocytic Lymphohistiocytosis (HLH) (PEDONC-18.3)
Non-Langerhans Cell Histiocytoses (PEDONC-18.4)
References (PEDONC-18)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Histiocytic Disorders – General Considerations (PEDONC-18.1)

ONCP.HC.0018.1.A

v2.0.2025

- The majority of histiocytic disorders occurring in the pediatric population are either Langerhans Cell Histiocytosis (LCH) or Hemophagocytic Lymphohistiocytosis (HLH).
- The Non-Langerhans cell histiocytoses encompass a variety of diseases and have limited imaging considerations except as specified later in this section.
- Where there are indications for PET/CT in these guidelines, please note that indications and coding for rare circumstances where PET/MRI may be approved are found in **PET Imaging in Pediatric Oncology (PEDONC-1.4)**
- PEDONC-18 applies to individuals of all ages.
- The use of PET in this guideline refers to Fluorodeoxyglucose (fluorine-18-2-fluoro-2-deoxy-D-glucose [FDG]) radiotracer only.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Langerhans Cell Histiocytosis (LCH) (PEDONC-18.2)

ONCP.HC.0018.2.A
v2.0.2025

LCH Initial Imaging Studies:

- Whole-body PET/CT (CPT® 78816)
  - Whole-body Tc-99m bone scan (CPT® 78306) can be approved in lieu of PET if PET is unavailable
- CT Chest with contrast (CPT® 71260) **or** high-resolution CT Chest without contrast (CPT® 71250) in addition to PET/CT for suspected pulmonary LCH based on ANY of the following:
  - Abnormal CXR
  - Symptoms of pulmonary involvement and normal CXR
  - Clarification of pulmonary findings on PET/CT
- MRI Brain without and with contrast (CPT® 70553) for ANY of the following:
  - Headaches or visual or neurologic disturbances
  - Polyuria/polydipsia or other endocrine abnormalities
  - Skull or craniofacial (including jaw) bone involvement
  - Otorrhea or hearing loss (CT Temporal Bone may be substituted if requested)
  - Other signs or symptoms suggesting intracranial involvement, including neurodegeneration syndrome
- CTA/MRA Head (CPT® 70496/70544) may be approved as part of operative planning or image guidance
- CT Abdomen and/or Pelvis with contrast (CPT® 74177, 74160, or 72193) for ANY of the following:
  - Abdominal and/or pelvic signs and symptoms **if PET/CT has not been performed** or to clarify abnormal abdominal/pelvic findings on PET/CT
  - Abdominal and/or pelvic findings on ultrasound if PET/CT has not been performed
- MRI Abdomen without and with contrast (CPT® 74183) for any of the following:
  - Elevated liver function tests (usually >5X upper limit of normal)
  - Abnormalities seen on abdominal ultrasound or CT
- MRI Spine without and with contrast (Cervical-CPT® 72156, Thoracic-CPT® 72157, Lumbar-CPT® 72158) for ANY of the following **if PET/CT has not been performed**:
  - Vertebral lesions seen on skeletal survey
  - Clinical symptoms (including back pain) suggesting spinal involvement and negative skeletal survey

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

LCH Treatment Response:

- Both PET/CT and CT with contrast or MRI without and with contrast **only** for simultaneous treatment response evaluation with specific documentation showing that both are necessary (i.e., not for purpose of acquiring a PET/MRI)
- CT and/or MRI and/or PET/CT (if modality showed disease at initial diagnosis):
  - After 2-3 cycles of treatment
  - At completion of therapy (approximately 12 weeks) for individuals with persistent disease on cycle 2-3 imaging
  - After surgical curettage (CT or MRI of involved area, not repeat PET)
  - After radiation therapy
- Following the initial phase, treatment response evaluation of **involved sites** with CT with contrast or MRI with and without contrast, every ~3 months while receiving active treatment and at completion of therapy.
  - PET/CT may be approved for inconclusive conventional imaging, if disease was previously only measured/measurable on PET/CT, or for change from active treatment to surveillance
  - Shorter interval imaging can be approved for documented signs or symptoms concerning for disease progression

LCH Surveillance Imaging:

- Surveillance imaging is determined by areas of disease involvement.
  - Bone involvement
    - Single site bone disease
      - At 6 and 12 months after completion of therapy:
        - PET/CT (CPT® 78815 or CPT® 78816)

          OR
        - CT or MRI contrast as requested of involved bony areas
    - Multifocal bone disease
      - Every 6 months for 2 years, then no more than annually:
        - PET/CT (CPT® 78815 or CPT® 78816)

          OR
        - CT or MRI contrast as requested of involved bony areas
    - Skull or craniofacial (including jaw) bone involvement should be imaged according to CNS involvement section below.

  Individuals with lung, CNS, and/or liver involvement are considered to have high-risk disease and warrant site-specific diagnostic imaging in addition to PET/CT as outlined below:
- Pulmonary involvement

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

- CT Chest with (CPT® 71260) **or** without contrast (CPT® 71250) every 6 months for the first 2 years post completion of therapy for any of the following:
  - Individuals with a history of pulmonary involvement
  - Individuals with new respiratory or chest symptoms
  - New findings on CXR

  AND
- PET/CT (CPT® 78815 or CPT® 78816) every 6 months for 2 years, then no more than annually

- CNS involvement
  - PET/CT (CPT® 78815 or CPT® 78816) every 6 months for 2 years, then no more than annually

    AND
  - MRI Brain without and with contrast (CPT® 70553) at 6 weeks, and then every 6 months for 2 years after completion of all therapy for previously documented measurable intracranial lesions
    - If negative after two years, MRI Brain without and with contrast (CPT® 70553) is indicated at 4, 7, and 10 years after completion of all planned therapy
    - If residual measurable intracranial lesions are present at 6 months, imaging can be repeated every 3 months until negative or unchanged on two consecutive studies, at which time the schedule in the previous bullet should begin
  - MRI Brain without and with contrast (CPT® 70553) for documented hypothalamic-pituitary dysfunction every 6 months for 2 years and at 4, 7, and 10 years after completion of all planned therapy
    - MRI at any time for worsening neurologic symptoms
  - Intraspinal lesions should be imaged according to the same timeframes as brain imaging using MRI without and with contrast of all involved spine levels
- Liver involvement
  - Individuals with a history of liver involvement may have ONE of the following every 6 months for 2 years after completion of all therapy:
    - Ultrasound Abdomen (CPT® 76700)
    - CT Abdomen with contrast (CPT® 74160)
    - MRI Abdomen with and without contrast (CPT® 74183)

    AND
  - PET/CT (CPT® 78815 or CPT® 78816) every 6 months for 2 years, then no more than annually
- Suspected recurrence or inconclusive findings on any surveillance imaging
  - All imaging studies supported for initial workup may be approved, including whole-body PET/CT (CPT® 78816)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Background and Supporting Information

- This guideline may be used for all ages of individuals.
- LCH includes a heterogeneous group of disorders formerly known by other names, including histiocytosis X, eosinophilic granuloma, Letterer-Siwe Disease, Hand-Schuller-Christian Disease, and diffuse reticuloendotheliosis. LCH has a widely variable clinical presentation, ranging from single indolent lesions to disseminated multisystem disease.
- Most common sites of involvement are skin, bones, liver, lung, and pituitary, though other sites are possible.
- Individuals with localized or single site disease are often treated only with local therapies or observed, and should be imaged according to surveillance guidelines
- Individuals receiving systemic therapy will usually undergo treatment for ~12 months. Treatment response is assessed using any modalities showing disease at initial diagnosis after ~6 weeks of treatment.
- Skull or craniofacial (including jaw) bone involvement at diagnosis are at higher risk for CNS recurrence
- CNS LCH has a particularly high rate of refractory and recurrent disease, and requires longer imaging surveillance
- Liver involvement
  - Persistent liver involvement is rare, and imaging after completion of LCH therapy will be highly individualized depending on degree of liver dysfunction and plans for supportive therapy or liver transplant

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Hemophagocytic Lymphohistiocytosis (HLH) (PEDONC-18.3)

ONCP.HC.0018.3.A

v2.0.2025

- As imaging for this condition is usually done on an urgent basis, ANY or ALL of the following may be approved for the initial evaluation of HLH include:
  - Ultrasound Abdomen (CPT® 76700)
  - CT Abdomen and/or Pelvis (contrast as requested)
  - MRI Abdomen (CPT® 74183) and/or Pelvis (CPT® 72197) without and with contrast
  - Chest x-ray
  - CT Chest with contrast (CPT® 71260)
  - MRI Brain without and with contrast (CPT® 70553)
  - CTA/MRA Head (CPT® 70496/CPT® 70544) may be approved as part of operative planning or image guidance
  - CT Sinus without or with contrast (CPT® 70486 or CPT® 70487) if clinical suspicion for sinus disease
- Whole-body PET/CT (CPT® 78816) for the purpose of identifying a site for tissue diagnosis of a primary source of infection or malignancy if conventional imaging has been completed and is unrevealing
  - If a malignancy is identified as the inciting factor for HLH, additional imaging decisions for that malignancy should be based on the appropriate diagnosis-specific guidelines

Background and Supporting Information

- There are no standard imaging studies required for the diagnosis and initial evaluation of HLH. Most cases are diagnosed with a combination of physical findings, laboratory testing, and bone marrow evaluation. Advanced imaging studies may be necessary to assess organ dysfunction as HLH commonly affects the liver, spleen, and bone marrow, and less commonly the kidneys, lungs, and brain
- It is NOT required to perform ultrasound or plain film in a stepwise fashion if CT or MRI is planned as individuals with HLH can deteriorate rapidly
- There is no established standard role for PET in the diagnosis or treatment response evaluation of HLH
  - Secondary HLH is very difficult to treat if the primary cause is not concurrently treated

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Non-Langerhans Cell Histiocytoses (PEDONC-18.4)

ONCP.HC.0018.4.A
v2.0.2025

Juvenile Xanthogranuloma (JXG):

- Skin and/or cervical nodes:
  - CT with contrast of appropriate area
- Systemic JXG with multi-organ involvement:
  - MRI Brain (CPT® 70553) **and/or** Orbits (CPT® 70543) without and with contrast
  - CT Neck (CPT® 70491), Chest (CPT® 71260), **and/or** Abdomen (CPT® 74160) with contrast
  - CTA/MRA Head (CPT® 70496/CPT® 70544) may be approved as part of operative planning or image guidance
- There is no established role for PET in the diagnosis or treatment of JXG

Rosai-Dorfman Disease (RDD):

- RDD Initial Imaging Studies:
  - MRI Brain (CPT® 70553) and/or Orbits (CPT® 70543) without and with contrast
  - CTA/MRA Head (CPT® 70496/CPT® 70544) may be approved as part of operative planning or image guidance
  - CT Neck (CPT® 70491), Chest (CPT® 71260) and/or Abdomen/Pelvis (CPT® 74177) with contrast **if PET/CT not performed** or to follow up unclear findings in said body areas on PET/CT
  - CT Sinus without or with contrast (CPT® 70486 or CPT® 70487) if clinical suspicion for sinus disease and **PET/CT not performed** or to follow up unclear sinus findings on PET/CT
  - Whole-body PET/CT (CPT® 78816) after histologic confirmation of diagnosis
- RDD Treatment Response:
  - Treatment response imaging can be approved after 2-3 cycles of systemic therapy during active treatment using any modalities showing disease at diagnosis, including PET/CT.
    - Once PET/CT is negative, conventional imaging with other modalities that revealed disease at presentation may be approved for subsequent restaging at completion of chemotherapy and/or radiation and/or after surgical resection.
- RDD Surveillance Imaging:
  - PET/CT is indicated every 6 months until stabilization of disease (two PET/CT with stable disease status).

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

- Further surveillance imaging can be approved every 3 months for the first year after completion of treatment, then every 6 months using any modalities showing disease at initial diagnosis excluding PET-CT.
  - PET/CT is not supported for routine surveillance of RDD but can be approved if conventional imaging is inconclusive for suspected recurrence.

Erdheim-Chester Disease (ECD):

- ECD Initial Imaging Studies:
  - PET/CT Whole Body (CPT® 78816)
    - Nuclear bone scan (See: **PEDONC-1.3: Modality General Considerations)** may be approved in lieu of PET if requested
  - MRI Brain (CPT® 70553) **and/or** Orbits (CPT® 70543) without and with contrast is indicated for CNS symptoms, including diabetes insipidus
  - CTA/MRA Head (CPT® 70496/70544) may be approved as part of operative planning or image guidance
  - CT Neck (CPT® 70491), Chest (CPT® 71260) **and/or** Abdomen/Pelvis (CPT® 74177) with contrast **if PET/CT not performed** or if inconclusive findings in said body area on PET/CT
  - Cardiac MRI without and with contrast (CPT® 75561) for clinically suspected cardiac involvement
  - CT Sinus without or with contrast (CPT® 70486 or CPT® 70487) if clinical suspicion for sinus disease **if PET/CT not performed** or inconclusive sinus findings on PET/CT
- ECD Treatment Response:
  - Treatment response imaging every 3 months during active treatment using any modalities showing disease at initial diagnosis, including PET/CT
  - Once PET/CT shows no remaining FDG-avid lesions, additional PET imaging is only indicated when conventional imaging studies are inconclusive and acute treatment decisions will be made based on PET results.
- ECD Surveillance Imaging:
  - CT **and/or** MRI **and/or** Nuclear bone scan **and/or** CTA **and/or** MRA **and/or** Cardiac MRI (if modality showed disease at initial diagnosis) every 3 months until the first year after completion of treatment and then every 6 months
  - PET/CT if conventional imaging is inconclusive for suspected recurrence.

Background and Supporting Information

- Non-Langerhans Cell histiocytoses includes diagnoses such as juvenile xanthogranuloma (JXG), sinus histiocytosis with lymphadenopathy (Rosai-Dorfman Disease, RDD), and Erdheim-Chester Disease (ECD)
- In general, these are localized cutaneous or nodal disease without need for regular advanced imaging, but important exceptions are listed in this section.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

- Juvenile Xanthogranuloma (JXG):
  - Generally involves only skin or cervical nodes, and involutes spontaneously
- Rosai-Dorfman Disease (RDD):
  - Characterized by bulky adenopathy (usually cervical) with frequent systemic involvement
  - There is no established role for routine surveillance imaging of asymptomatic individuals after treatment for RDD
- Erdheim-Chester Disease (ECD):
  - An aggressive histiocytic disorder with overall poor prognosis that is characterized by long bone involvement with frequent spread to multiple organs
  - Most individuals will receive systemic therapy
  - Once PET/CT shows no remaining FDG-avid lesions, additional PET imaging is not indicated unless conventional imaging studies are inconclusive and acute treatment decisions will be made based on PET results.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (PEDONC-18)

v2.0.2025

1. McClain KL, Allen CE, Hicks MJ. Histiocytic diseases. In: Pizzo PA, Poplack DG, eds. Principles and Practice of Pediatric Oncology. 7th ed. Philadelphia, PA: Wolters Kluwer; 2016:617-627.
2. Degar BA, Fleming MD, Rollins BJ, et al. Histiocytoses. In: Orkin SH, Fisher DE, Ginsburg D, Look AT, Lux SE, Nathan DG, eds. Nathan and Oski's Hematology and Oncology of Infancy and Childhood. 8th ed. Philadelphia, PA: Elsevier Saunders; 2015:2100-2122.
3. Haupt R, Minkov M, Astigarraga I, et al. Langerhans cell histiocytosis (LCH): guidelines for diagnosis, clinical work-up, and treatment for patients till the age of 18 years. *Pediatr Blood Cancer*. 2013;60(2):175-184. doi:10.1002/pbc.24367.
4. Chandrakasan S, Filipovich AH. Hemophagocytic Lymphohistiocytosis: advances in pathophysiology, diagnosis, and treatment. *J Pediatr*. 2013;163(5):1253-1259. doi:10.1016/j.jpeds.2013.06.053.
5. Phillips M, Allen C, Gerson P, et al. Comparison of FDG-PET scans to conventional radiography and bone scans in management of Langerhans cell histiocytosis. *Pediatr Blood Cancer*. 2009;52(1):97-101. doi:10.1002/pbc.21782.
6. Chellapandian D, Shaiki F, van den Bos C, et al. Management and outcome of patients with langerhans cell histiocytosis and single-bone CNS-risk lesions: a multi-institutional retrospective study. *Pediatr Blood Cancer*. 2015;62(12):2162-2166. doi:10.1002/pbc.25645.
7. Allen CE, Ladisch S, McClain KL. How I treat Langerhans cell histiocytosis. *Blood*. 2015;126(1):26-35. doi:10.1182/blood-2014-12-569301.
8. Schram AM, Berliner N. How I treat Hemophagocytic lymphohistiocytosis in the adult patient. *Blood*. 2015;125(19):2908-2914. doi:10.1182/blood-2015-01-551622.
9. Weitzman S, Jaffe R. Uncommon histiocytic disorders: the non-Langerhans cell histiocytoses. *Pediatr Blood Cancer*. 2005;45(3):256-264. doi:10.1002/pbc.20246.
10. Diamond EL, Dagna L, Hyman DM, et al. Consensus guidelines for the diagnosis and clinical management of Erdheim-Chester disease. *Blood*. 2014;124(4):483-492. doi:10.1182/blood-2014-03-561381.
11. Go RS, Jacobsen E, Baiocchi R, et. al. National Comprehensive Cancer Network (NCCN) Guidelines Version 3.2024 – January 7, 2025. Histiocytic Neoplasms, available at: https://www.nccn.org/professionals/physician_gls/pdf/histiocytic_neoplasms.pdf. Referenced with permission from the NCCN Clinical Practice Guidelines in Oncology (NCCN Guidelines™) for Histiocytic Neoplasms V3.2024 –January 7, 2025. ©2025 National Comprehensive Cancer Network, Inc. All rights reserved. The NCCN Guidelines™ and illustrations herein may not be reproduced in any form for any purpose without the express written permission of the NCCN. To view the most recent and complete version of the NCCN Guidelines™, go online to NCCN.org.
12. Salama HA, Jazieh AR, Alhejazi AY, et. al. Highlights of the management of adult histiocytic disorders: Langerhans cell histiocytosis, Erdheim-Chester disease, Rosai-Dorfman disease, and hemophagocytic lymphohistiocytosis. *Clinical Lymphoma, Myeloma & Leukemia*. 2020;21(1):e66-75. doi:10.1016/j.dml.2020.08.007.
13. Goyal G, Young JR, Koster MJ, et. al. The Mayo Clinical Histiocytosis Working Group consensus statement for the diagnosis and evaluation of adult patients with histiocytic neoplasms: Erdheim-Chester disease, Langerhans cell histiocytosis, and Rosai-Dorfman disease. *Mayo Clinical Proc*. 2019;94(10):2054-2071. doi:10.1016/j.mayocp.2019.02.023.
14. Allen CE, Merad M, McClain KL. Langerhans-Cell histiocytosis. *N Engl J Med*. 2018;379:856-68. doi:10.1056/NEJMra1607548.
15. Abla O, Jacobsen E, Picarsic J, et. al. consensus recommendations for the diagnosis and clinical management of Rosai-Dorfman-Destombes disease. *Blood*. 2018;131(26):2877-2890. doi:10.1182/blood-2018-03-839753.
16. Ferrell J, Sharp S, Kumar A, Jordan M, Picarsic J, Nelson A. Discrepancies between F-18-FDG PET/CT findings and conventional imaging in Langerhans cell histiocytosis. *Pediatr Blood Cancer*. 2021;68(4):e28891. doi:10.1002/pbc.28891.
17. Campbell KM, Shulman DS, Grier HE, DuBois SG. Role of bone marrow biopsy for staging new patients with Ewing sarcoma: A systematic review. *Pediatr Blood Cancer*. 2021 Feb;68(2):e28807. doi: 10.1002/pbc.28807. Epub 2020 Nov 21. PMID: 33219750.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Long Term Pediatric Cancer Survivors (PEDONC-19)

Guideline

Long Term Pediatric Cancer Survivors – General Considerations (PEDONC-19.1)
Cardiotoxicity and Echocardiography (PEDONC-19.2)
Second Malignant Neoplasms (SMN) (PEDONC-19.3)
Osteonecrosis in Long Term Cancer Survivors (PEDONC-19.4)
CNS vascular changes in pediatric cancer survivors following CNS radiation (PEDONC-19.5)
References (PEDONC-19)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Long Term Pediatric Cancer Survivors – General Considerations (PEDONC-19.1)

ONCP.CS.0019.1.A

v2.0.2025

- This section applies to individuals who have passed the end of the surveillance imaging period for their specific cancer, or 5 years after completion of therapy, whichever occurs first
- As these are long-term survivors, many individuals falling under this guideline section will have reached adult age. However, these guidelines relate specifically to late effects of childhood cancer treatment and should be applied to all long term childhood cancer survivors regardless of current age
- The Children's Oncology Group has published comprehensive guidelines for the management of long-term childhood cancer survivors, and these are available at: http://www.survivorshipguidelines.org
- A summary of cancer treatment should be available for all individuals in this category and should generally include, at minimum:
  - Type of cancer and stage
  - Dates of diagnosis, recurrence, cancer-related surgeries, beginning and end dates of chemotherapy, radiotherapy, and/or stem cell transplant
  - Protocol number used for treatment and cumulative chemotherapy drug dose exposures
  - Cumulative radiation dose, fraction number, modality, and field exposure
- Annual detailed history and complete physical examination is a critical component of cancer survivorship care and along with laboratory testing serves as the primary method of screening for the majority of late effects
- Advanced imaging for asymptomatic screening is not routinely indicated except as specified in this section
- Imaging requests related to new clinical signs or symptoms in a long term cancer survivor not explicitly covered in this section should be reviewed according to the guideline for the individual's cancer type or the relevant non-malignant clinical problem

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Cardiotoxicity and Echocardiography (PEDONC-19.2)

ONCP.CS.0019.2.A

v2.0.2025

- Screening echocardiography (CPT® 93306, CPT® 93307, or CPT® 93308) for life after exposure to anthracycline chemotherapy, cardiotoxic immunotherapy, or cardiac exposure to radiotherapy

SCREENING ECHOCARDIOGRAM INDICATIONS			
Age at time of Exposure	**Cumulative Doxorubicin Equivalent Dose**	**Cumulative radiation dose to cardiac muscle**	**Echocardiogram frequency**
All ages	None	None	None
0-0.99 years	≥250 mg/m2	None	Annual
	0-249 mg/m2	Any dose	Annual
	0-249 mg/m2	None	Every 2 years
1-4.99 years	≥250 mg/m2	Any dose	Annual
	0-249 mg/m2	15+ Gy	Annual
		0-14.99 Gy	Every 2 years
	None	35+ Gy	Annual
		15-34.99 Gy	Every 2 years
		0-14.99 Gy	Every 5 years
5+ years	≥250 mg/m2	Any dose	Every 2 years
	0-249 mg/m2	15+ Gy	Every 2 years

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

SCREENING ECHOCARDIOGRAM INDICATIONS			
Age at time of Exposure	**Cumulative Doxorubicin Equivalent Dose**	**Cumulative radiation dose to cardiac muscle**	**Echocardiogram frequency**
		0-14.99 Gy	Every 5 years
	None	35+ Gy	Every 2 years
		15-34.99 Gy	Every 5 years
		0-14.99 Gy	None
All ages with known ventricular dysfunction			Annual

- Stress echocardiography is not indicated as a screening study for anthracyclines cardiotoxicity in the absence of coronary artery disease symptoms. See: **Stress Testing with Imaging – Indications (CD-1.4)** for imaging guidelines.
- Female cancer survivors who are pregnant or planning to become pregnant:
  - If any of the following are present, echocardiogram is recommended as a baseline exam and in the 3rd trimester, and as clinically indicated for symptoms (see: **Pregnancy – Maternal Imaging (CD-11.4)** in the Cardiology Imaging Guidelines) if ANY of the following are present:
    - Anthracycline or cardiotoxic chemotherapy/immunotherapy exposure
    - Chest radiotherapy

Background and Supporting Information

- Exposure to cardiotoxic anthracycline chemotherapy agents is common in pediatric oncology due to the high success rate of this drug class in the treatment of pediatric cancers.
- Cardiac risk is assessed based on the age of the individual at the time of treatment initiation, the cumulative drug exposure expressed as doxorubicin equivalent mg/m^2, and the presence or absence of radiotherapy exposure to cardiac muscle.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Second Malignant Neoplasms (SMN) (PEDONC-19.3)

ONCP.CS.0019.3.A
v2.0.2025

SMN—Breast Cancer

Clinical breast exam every 6 months supplemented with:

- MRI Breast (CPT® 77049) annually and annual mammogram beginning at age 25 or 8 years after completion of radiotherapy (whichever occurs later- screening breast MRI is not supported prior to age 25) for individuals who received therapeutic radiation exposure in the following fields while they were under 30 years of age:
  - Chest (thorax)
  - Whole lung
  - Mediastinal
  - Axilla
  - Mini-mantle, mantle, or extended mantle
  - Total (TLI) or subtotal (SLTI) lymphoid irradiation
  - Total body irradiation (TBI)

SMN – CNS Tumors

- Routine surveillance of asymptomatic individuals with normal neurologic exams is not supported by evidence, with the exception of NF1 and NF2 below:
  - MRI Brain without and with contrast (CPT® 70553) can be approved every 2 years after completion of radiotherapy for individuals with NF1 or NF2
- MRI Brain without and with contrast (CPT® 70553) for any individual with history of brain radiotherapy and new neurologic symptoms, including simple headache
- MRI Cervical (CPT® 72156), Thoracic (CPT® 72157), and Lumbar Spine (CPT® 72158) without and with contrast for any individual with history of spine radiotherapy and new neurologic symptoms including change in quality of pain
  - MRI Spine can be performed with contrast only (Cervical-CPT® 72142, Thoracic-CPT® 72147, Lumbar-CPT® 72149) if being performed immediately following a contrast-enhanced MRI Brain
- MRI Brain without and with contrast (CPT® 70553) annually for individuals with history of brain radiotherapy and persistent neurologic symptoms
- MRI Cervical (CPT® 72156), Thoracic (CPT® 72157), and Lumbar Spine (CPT® 72158) without and with contrast annually for individuals with history of spine radiotherapy and persistent neurologic symptoms

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

- MRI Spine can be performed with contrast only (Cervical-CPT® 72142, Thoracic-CPT® 72147, Lumbar-CPT® 72149) if being performed immediately following a contrast-enhanced MRI Brain

SMN—Colorectal Cancer

- No advanced imaging is currently recommended. See: **Background and Supporting Information** section for recommended surveillance

Background and Supporting Information

- SMN—Breast Cancer:
  - Clinical breast exam every 6 months supplemented with advanced imaging
- SMN-CNS Tumors:
  - These are associated with radiation exposure to the brain and with neurofibromatosis
  - Routine surveillance of asymptomatic individuals with normal neurologic exams is not supported by evidence, with the exception of NF1 and NF2 listed above
- SMN—Colorectal Cancer:
  - Colonoscopy is recommended every 5 years beginning at age 30 or 5 years after radiation exposure (whichever is later) for individuals with ≥30 Gy radiation exposure to the following fields:
    - Thoracic, Lumbar, Sacral, or Whole Spine
    - Abdomen
    - Pelvis
    - Total body irradiation (TBI)
- Colonoscopy is also recommended every 5 years beginning at age 30 or 5 years after radiation exposure (whichever is later) for individuals with:
  - Personal history of ulcerative colitis, GI malignancy, adenomatous polyps, or hepatoblastoma
  - Familial polyposis
    - Family history of colorectal cancer or polyps in a first degree (parent or sibling) relative
- While the American Cancer Society recently added computed tomographic colonography (CTC) (AKA “Virtual Colonoscopy”) as an acceptable option for colorectal cancer screening of average-risk adults, the National Comprehensive Cancer Network and United States Preventive Services Task Force concluded that data was too premature to warrant its use in screening. Colonoscopy remains the preferred screening modality for survivors at highest risk of colorectal cancer

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Osteonecrosis in Long Term Cancer Survivors (PEDONC-19.4)

ONCP.CS.0019.4.A
v2.0.2025

Osteonecrosis is associated with corticosteroid, chemotherapy, and radiation exposure during treatment for ALL, NHL, and allogeneic HSCT in pediatrics. Osteonecrosis occurs primarily in hips, knees, and ankles and is frequently multifocal.

Osteoradionecrosis of the jaw can occur in individuals receiving radiotherapy to the mandible or maxilla; those receiving ≥ 40 Gy are at highest risk. Although unusual, it can also occur in any bone without symptoms. It is rare in other disease types.

- Plain films of symptomatic areas are indicated prior to advanced imaging.
- Routine bone density screening using DEXA or Quantitative CT screening has not been well normalized in the pediatric population, but imaging can be approved for those with symptoms to suggest bone density issues
  - DEXA or Quantitative CT screening is generally not recommended until age 18 unless a surgery, core decompression, or initiation of osteoporosis drugs will be planned based on the imaging results.
- Serial advanced imaging is not indicated in osteonecrosis without specific documentation regarding how the advanced imaging will change current individual management
  - When advanced imaging is necessary for acute management decisions, MRI without contrast of the affected area(s) can be approved.
  - Surveillance imaging of asymptomatic individuals to detect osteonecrosis has not been shown to impact individual outcomes, and it is not standard to alter treatment based on imaging findings alone without symptoms.
    - Follow up MRI of incidentally discovered osteonecrosis findings in asymptomatic individuals has not been shown to impact individual outcomes and is not necessary
    - For known osteonecrosis with articular collapse on other imaging, CT without contrast of area of interest is indicated for surgical planning
- See: **Acute Lymphoblastic Leukemia (ALL) (PEDONC-3.2)** for information on imaging osteonecrosis in ALL individuals during active treatment.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

CNS vascular changes in pediatric cancer survivors following CNS radiation (PEDONC-19.5)

ONCP.CS.0019.5.A
v2.0.2025

Children receiving cranial radiation are at increased risk of cerebrovascular complications, including: hemorrhagic and ischemic stroke, moyamoya, occlusive vasculopathy, and cavernomas. These complications may occur months to years after radiation exposure.

- MRI Brain without and with contrast (CPT® 70553) and MRA Head (CPT® 70544, 70545, or 70546) for all individuals of any age with new neurologic symptoms or headache and a history of cranial irradiation.
- MRI Brain without and with contrast (CPT® 70553) and MRA Head (CPT® 70544, 70545, or 70546) may be approved annually for 10 years post treatment in individuals with a history of cranial irradiation and any of the following additional risk factors:
  - Down Syndrome, Sickle cell disease, or Neurofibromatosis 1 or 2
  - Parasellar or suprasellar tumors (i.e. craniopharyngioma)
  - Radiation dose >50 Gy
  - Radiation field involving Circle of Willis

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

References (PEDONC-19)

v2.0.2025

1. Landier W, Armenian SH, Meadows AT, et al. Late effects of childhood cancer and its treatment. In: Pizzo PA, Poplack DG, eds. Principles and Practice of Pediatric Oncology. 7th ed. Philadelphia, PA: Wolters Kluwer; 2016:1173-1196.
2. Vrooman L, Diller L, and Kenney LB. Childhood cancer survivorship. In: Orkin SH, Fisher DE, Ginsburg D, Look AT, Lux SE, Nathan DG, eds. Nathan and Oski's Hematology and Oncology of Infancy and Childhood. 8th ed. Philadelphia, PA: Elsevier Saunders; 2015:2397-2434.
3. Children's Oncology Group. Long-term follow up guidelines for survivors of childhood, adolescent and young adult cancers, version 5.0. Monrovia, CA: Children's Oncology Group; October 2018; Available on-line: www.survivorshipguidelines.org
4. Ryerson AB, Border WL, Wasilewski-Masker K, et al. Assessing anthracycline-treated childhood cancer survivors with advanced stress echocardiography. Pediatr Blood Cancer. 2015;62(3):502-508. doi:10.1002/pbc.25328.
5. Tieu MT, Cigsar C, Ahmed S, et al. Breast cancer detection among young survivors of pediatric Hodgkin lymphoma with screening magnetic resonance imaging. *Cancer*. 2014;120(16):2507-2513. doi:10.1002/cncr.28747.
6. Lange JM, Takashima JR, Peterson SM, Kalapurakal JA, Green DM, Breslow NE. Breast cancer in female survivors of Wilms tumor: a report from the national Wilms tumor late effects study. *Cancer.* 2014;120(23):3722-3730. doi:10.1002/cncr.28908.
7. Gradishar WJ, Moran MS, Abraham J, et al. National Comprehensive Cancer Network (NCCN) Guidelines Version 4.2024—July 3, 2024. Breast Cancer Screening and Diagnosis, available at: https://www.nccn.org/professionals/physician_gls/pdf/breast-screening.pdf, Referenced with permission from the NCCN Clinical Practice Guidelines in Oncology (NCCN Guidelines™) for Breast Cancer Screening and Diagnosis V4.2024 07/03/2024. ©2024 National Comprehensive Cancer Network, Inc. All rights reserved. The NCCN Guidelines™ and illustrations herein may not be reproduced in any form for any purpose without the express written permission of the NCCN. To view the most recent and complete version of the NCCN Guidelines™, go online to NCCN.org.
8. Recht M, Mostoufi-Moab S, McFadden J, et al. Bone health in pediatric hematology-oncology. In: American Society of Pediatric Hematology/Oncology Annual Meeting. Chicago; 2014.
9. Bhatia S, Armenian SH, Armstrong GT, et al. Collaborative research in childhood cancer survivorship: the current landscape. *J Clin Oncol*. 2015;33(27):3055-3064. doi:10.1200/JCO.2014.59.8052.
10. Chavhan GB, Babyn PS, Nathan PC, Kaste SC. Imaging of acute and subacute toxicities of cancer therapy in children. *Pediatr Radiol*. 2016;46(1):9-20. doi:10.1007/s00247-015-3454-1.
11. Karol SE, Mattano LA, Yang W, et al. Genetic risk factors for the development of osteonecrosis in children under age 10 treated for acute lymphoblastic leukemia. *Blood Journal.* 2016;127(5):558-564. doi:10.1182/blood-2015-10-673848.
12. Marcucci G, Beltrami G, Tamburini A, et al. Bone health in childhood cancer: review of the literature and recommendations for the management of bone health in childhood cancer survivors. *Ann Oncol.* 2019;30:908-920. doi:10.1093/annonc/mdz120.
13. Sanders LM, Sharma S, El Madany M, King AB, Goodman KS, Sanders AE. Clinical breast concerns in low-risk pediatric patients: practice review with proposed recommendations. *Pediatr Radiol*. 2018(48):186–195. doi:10.1007/s00247-017-4007-6.
14. Murphy ES, Xie H, Merchant TE, Yu JS, Chao ST, Suh JH. Review of cranial radiotherapy-induced vasculopathy. *J Neurooncol.* 2015;122(3):421-9. doi:10.1007/s11060-015-1732-2. Epub 2015 Feb 12.
15. Baumgartner JE, Ater JL, Ha CS, et. al. Pathologically proven cavernous angiomas of the brain following radiation therapy for pediatric brain tumors. *Pediatr Neurosurg*. 2003;39(4):201-7. doi:10.1159/000072472.
16. Di Giannatale A, Morana G, Rossi A, et. al. Natural history of cavernous malformations in children with brain tumors treated with radiotherapy and chemotherapy. *J Neurooncol*. 2014;117(2):311-20. doi:10.1007/s11060-014-1390-9. Epub 2014 Feb 11.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

17. Bowers DC, Liu Y, Leisenring W, et. al. Late-occurring stroke among long-term survivors of childhood leukemia and brain tumors: a report from the Childhood Cancer Survivor Study. *J Clin Oncol*. 2006;24:5277–5282.
18. Morris B, Partap S, Yeom K, Gibbs IC, Fisher PG, King AA. Cerebrovascular disease in childhood cancer survivors: a Children's Oncology Group report. *Neurology*. 2009;73:1906–1913
19. Laitt RD, Chambers EJ, Goddard PR, Wakeley CJ, Duncan AW, Foreman NK. Magnetic resonance imaging and magnetic resonance angiography in long term survivors of acute lymphoblastic leukemia treated with cranial irradiation. *Cancer.* 1995;76:1846–1852
20. Gastelum E, Sear K, Hills N, et. al. Rates and characteristics of radiographically detected intracerebral cavernous malformations after cranial radiation therapy in pediatric cancer patients. *J Child Neurol*. 2015;30(7):842–849. doi:10.1177/0883073814544364.
21. ACR-ASNR-SPR Practice Parameter for the Performance and Interpretation of Cervicocerebral Computed Tomography (CTA). (Resolution 42). 2020.
22. Rao SS, El Abiad JM, Puvanesarajah V, Levin AS, Jones LC, Morris CD. Osteonecrosis in pediatric cancer survivors: epidemiology, risk factors, and treatment. *Surgical Oncology*. 2019;28:214-221. doi:10.1016/j.suronc.2019.02.001.
23. Nordstrom M, Felton E, Sear K, et. al. Large vessel arteriopathy after cranial radiation therapy in pediatric brain tumor survivors. *J Child Neurol.* 2018;33(5):359-366. doi:10.1177/0883073818756729.
24. Ha AS, Chang EY, Bartolotta RJ, et. al. Expert Panel on Musculoskeletal Imaging. ACR Appropriateness Criteria® Osteonecrosis. *Am Coll Radiol* (ACR); Date of Origin: 2016. Revised: 2022. https://acsearch.acr.org/docs/69402/Narrative/.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Hematopoietic Stem Cell Transplantation (HSCT) (PEDONC-20)

Guideline

General Considerations (PEDONC-20.0)
Pre-Transplant Imaging (PEDONC-20.1)
Post-Transplant Imaging (PEDONC-20.2)
References (PEDONC-20)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

General Considerations (PEDONC-20.0)

ONCP.HT.0020.0.A
v2.0.2025

Transplant Types:

- Allogeneic (“allo”): The donor and recipient are different people, and there are multiple types depending on the source of the stem cells and degree of match between donor and recipient. This is most commonly used in diseases originating in the hematopoietic system, such as leukemias and lymphomas, and bone marrow failure syndromes or metabolic disorders. **The goal is to replace the hematopoietic and immune system with healthy donor cells to treat the disease.** Common types are:
  - Matched sibling donor (MSD or MRD): Donor and recipient are full siblings and HLA-matched
  - Matched unrelated donor (MUD): Donor and recipient are HLA matched but not related to each other
  - Cord blood: Donor stem cells come from frozen umbilical cord blood not related to the recipient, sometimes from multiple different donors at once
  - Haploidentical transplant (haplo): Donor is a half-HLA match to the recipient, usually a parent
- Autologous (“auto”): The donor and recipient are the same person. The process involves delivery of high dose chemotherapy that is ablative to the bone marrow, followed by an infusion of one’s own harvested stem cells. This is primarily done in the context of solid tumors and the stem cells mainly rescue hematopoiesis to facilitate high-dose chemotherapy.
- Allogeneic HSCT results in a much greater degree of immunosuppression than autologous HSCT because of the need to allow the new immune system to chimerize with the recipient’s body. Immune reconstitution commonly takes more than a year for individuals who receive allogeneic HSCT, and individuals remain at high risk for invasive infections until that has occurred. In addition, patients may require prolonged immunosuppression for prevention and management of graft-vs-host disease.
- Recipients of autologous transplant are deeply immunosuppressed until complete count recovery, which may take several months. Graft-vs-host disease is not a consideration in auto transplants because the host is also the donor.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Pre-Transplant Imaging (PEDONC-20.1)

ONCP.HT.0020.1.A
v2.0.2025

- Disease status assessment may be approved per individual disease guidelines if it has been 6 weeks or more between end of treatment imaging and HSCT or if there are signs and symptoms of disease progression.

Indication	Imaging
Immediate pre-transplant period - screening for active or occult infection	• CT Chest with or without contrast (CPT® 71250 or CPT® 71260) ◦ CT Abdomen with contrast (CPT® 74160) is supported for asymptomatic individuals if chest infection or disease is identified on CT Chest or for signs and symptoms of active abdominal infection including fever. ◦ CT Pelvis is not routinely recommended for screening asymptomatic individuals, but may be approved for pelvic signs and symptoms with CPT® 74177 or CPT® 72193 if abdominal imaging has already been performed. • CT Sinus (CPT® 70486) is not recommended for screening prior to HSCT, but is indicated for signs or symptoms of infectious or disease involvement of the sinuses
Individuals at risk of developing VOD, for pre-transplant baseline	• Abdominal ultrasound +/- Doppler (CPT® 76700 or 76705 +/- 93975)
Individuals with history of multiple blood transfusions at risk of iron overload, for iron quantification baseline	• CPT® codes as listed in **Transfusion-Associated (Secondary) Hemochromatosis (PEDAB-18.2)** may be approved in the immediate pre-transplant period even if done in the previous 12 months.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Indication	Imaging
Suspected renal tubular dysfunction	• Nuclear renal imaging (CPT® 78700, CPT® 78701, CPT® 78707, CPT® 78708, CPT® 78709)

Background and Supporting Information

- CT Sinus screening is not routinely recommended as two studies showed no utility and no effect on surgical consults.
- Changes from baseline abdominal ultrasound with regard to veno-occlusive disease (VOD) are more predictive than absolute measurements and thus baseline imaging is supported.
- Pre-transplant liver and cardiac iron levels are associated with adverse transplant outcomes and a baseline is supported for further management.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Post-Transplant Imaging (PEDONC-20.2)

ONCP.HT.0020.2.A
v2.0.2025

Early post-transplant complication (<100 days post HSCT):

Indication	Imaging
For signs and symptoms of pulmonary infection or pulmonary edema or new CXR abnormalities	• CT Chest without or with contrast (CPT® 71250 or CPT® 71260) ◦ PET/CT requests to clarify infection vs malignancy, see disease-specific guidelines for equivocal conventional imaging
Suspected impending lung necrosis on other imaging	• MRI Chest with and without contrast (CPT® 71552)
• EITHER of the following: ◦ Suspected graft vs. host disease (GVHD) of chest ◦ Bronchiolitis Obliterans (BOOP/BOS)	• High-resolution CT Chest without contrast (CPT® 71250)
• ANY of the following: ◦ Suspected intra-abdominal and or pelvic infection (including cystitis or typhlitis) ◦ Suspected small bowel GVHD	• Abdominal Ultrasound (CPT® 76700 or CPT® 76705) +/- Pelvic Ultrasound (CPT® 76856 or CPT® 76857) ◦ CT Abdomen and Pelvis with contrast (CPT® 74177) may be approved for unclear findings on ultrasound
High clinical suspicion for intra-abdominal fungal infection	• CT Abdomen and Pelvis with contrast (CPT® 74177)
Suspected hepatic veno-occlusive disease (VOD)	• Ultrasound elastography (CPT® 91200) or Abdominal Ultrasound with Doppler (CPT® 76700 or CPT® 76705)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Indication	Imaging
Suspected CNS complication including infection, hemorrhage, thrombosis, or encephalopathy	• MRI Brain without or with and without contrast (CPT® 70551 or CPT® 70553) ◦ CT Head without contrast (CPT® 70450) may be approved in the emergent setting or for suspected acute hemorrhage ▪ Acute CT should not preclude subsequent MRI imaging ◦ For additional imaging for suspected stroke, see: **Pediatric Stroke Initial Imaging (PEDHD-12.2)** in the Pediatric Head Imaging guidelines
Suspected musculoskeletal abscess or necrotizing fasciitis	• See: **Pediatric Infection/Osteomyelitis (PEDMS-8)** in the Pediatric Musculoskeletal Imaging guidelines
Fever of unknown origin (8 or more days of temperature 38.0 C/100.4 F or higher)	• PET/CT skull to thigh (CPT® 78815) is indicated if site-specific conventional imaging, microbiologic serologic studies, echocardiogram, urinalysis, and urine culture are all non-diagnostic

Late post-transplant complication imaging (100 or more days post HSCT):

Indication	Imaging
CNS complications	Same imaging as for early post-transplant
Chest complications	Same imaging as for early post-transplant
Hepatic VOD	Same imaging as for early post-transplant
Chronic GI GVHD	• CT Abdomen and Pelvis (CPT® 74177) ◦ MR Enterography (CPT® 74183 and CPT® 72197) may be approved for suspected small bowel GVHD
Suspected renal tubular dysfunction	• Nuclear renal imaging (CPT® 78700, CPT® 78701, CPT® 78707, CPT® 78708, CPT® 78709)

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Indication	Imaging
Suspected poor bone mineral density or osteonecrosis	See: **Osteonecrosis in Long Term Cancer Survivors (PEDONC-19.4)**
Suspected PTLD	See: **Post-Transplant Lymphoproliferative Disorder (PTLD) (PEDONC 5.3)**

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (PEDONC-20)

v2.0.2025

1. Chan SS, Coblentz A, Bhatia A, et. al. Imaging of pediatric hematopoietic stem cell transplant recipients: A COG Diagnostic Imaging Committee/SPR Oncology Committee white paper. *Pediatr Blood Cancer*. 2023;70 Suppl 4:e30013. doi: 10.1002/pbc.30013.
2. Kaste SC, Kaufman RA, Sunkara A, et. al. Routine pre- and post-hematopoietic stem cell transplant computed tomography of the abdomen for detecting invasive fungal infection has limited value. *Biol Blood Marrow Transplant*. 2015;21(6):1132-5. doi: 10.1016/j.bbmt.2015.02.023.
3. PDQ® Pediatric Treatment Editorial Board. PDQ Pediatric Hematopoietic Stem Cell Transplantation and Cellular Therapy for Cancer. Bethesda, MD: National Cancer Institute. Updated 06/13/2024. Available at: https://www.cancer.gov/types/childhood-cancers/hp-stem-cell-transplant.

Proprietary Information of UnitedHealthcare.
Copyright ©2025 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Table of Contents

Guideline

General Guidelines (PEDPV-1)
Abnormal Uterine Bleeding (PEDPV-2)
Pelvic Inflammatory Disease (PID) (PEDPV-3)
Amenorrhea (PEDPV-4)
Endometriosis (PEDPV-5)
Suspected Adnexal Mass (PEDPV-6)
Pelvic Pain/Dyspareunia, and Ovarian Torsion (PEDPV-7)
Polycystic Ovary Syndrome (PEDPV-8)
Periurethral Cysts and Urethral Diverticula (PEDPV-9)
Fetal MRI (PEDPV-10)
Undescended Testis (PEDPV-11)
Scrotal Pathology (PEDPV-12)
Penis-Soft Tissue Mass (PEDPV-13)
Incontinence (PEDPV-14)
Patent Urachus (PEDPV-15)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

General Guidelines (PEDPV-1)

Guideline

Procedure Codes Associated with Pelvis Imaging
General Guidelines (PEDPV-1.0)
Pediatric Pelvis Imaging Age Considerations (PEDPV-1.1)
Pediatric Pelvis Imaging Modality General Considerations (PEDPV-1.3)
References (PEDPV-1)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Procedure Codes Associated with Pelvis Imaging

PVP.GG.ProcedureCodes.A
v1.0.2025

MRI	CPT®
MRI Pelvis without contrast	72195
MRI Pelvis with contrast (rarely used)	72196
MRI Pelvis without and with contrast	72197
Unlisted MRI procedure (for radiation planning or surgical software)	76498

MRA	CPT®
MRA Pelvis	72198

CT	CPT®
CT Abdomen and Pelvis without contrast	74176
CT Abdomen and Pelvis with contrast	74177
CT Abdomen and Pelvis without and with contrast	74178
CT Pelvis without contrast	72192
CT Pelvis with contrast	72193
CT Pelvis without and with contrast	72194
CT Guidance for Needle Placement (Biopsy, Aspiration, Injection, etc.)	77012
CT Guidance for and monitoring of Visceral Tissue Ablation	77013

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

CT	CPT®
CT Guidance for Placement of Radiation Therapy Fields	77014
Unlisted CT procedure (for radiation planning or surgical software)	76497

CTA	CPT®
CTA Abdomen and Pelvis	74174
CTA Pelvis	72191

Nuclear Medicine	CPT®
PET Imaging; limited area (this code not used in pediatrics)	78811
PET Imaging: skull base to mid-thigh (this code not used in pediatrics)	78812
PET Imaging: whole body (this code not used in pediatrics)	78813
PET with concurrently acquired CT; limited area (this code rarely used in pediatrics)	78814
PET with concurrently acquired CT; skull base to mid-thigh	78815
PET with concurrently acquired CT; whole body	78816
Urinary Bladder Residual Study	78730
Ureteral Reflux Study (Radiopharmaceutical Voiding Cystogram)	78740
Testicular Scan – Vascular Flow and Delayed Images	78761
Radiopharmaceutical Imaging of Lymphatic System	78195
Radiopharmaceutical Localization Imaging Limited area	78800
Radiopharmaceutical Localization Imaging Whole Body	78802

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Nuclear Medicine	CPT®
Radiopharmaceutical Localization Imaging SPECT	78803

Ultrasound	CPT®
Ultrasound, pelvic (nonobstetric), complete	76856
Ultrasound, pelvic transvaginal	76830
Ultrasound, pelvic (nonobstetric), limited or follow-up	76857
Ultrasound, scrotum and contents	76870
Duplex scan of arterial inflow and venous outflow of abdominal, pelvic, scrotal contents and/or retroperitoneal organs; complete study	93975
Duplex scan of arterial inflow and venous outflow of abdominal, pelvic, scrotal contents and/or retroperitoneal organs; limited study	93976
Duplex scan of aorta, inferior vena cava, iliac vasculature, or bypass grafts; complete	93978
Duplex scan of aorta, inferior vena cava, iliac vasculature, or bypass grafts; limited	93979
Duplex scan of arterial inflow and venous outflow of penile vessels; complete	93980
Duplex scan of arterial inflow and venous outflow of penile vessels; limited study	93981

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

General Guidelines (PEDPV-1.0)

PVP.GG.0001.0.A

v1.0.2025

- A pertinent clinical evaluation since the onset or change in symptoms, including a detailed history, physical examination, appropriate laboratory studies, and basic imaging such as plain radiography or ultrasound should be performed prior to considering advanced imaging (CT, MRI, Nuclear Medicine), unless the individual is undergoing guideline-supported scheduled imaging evaluation. A meaningful technological contact (telehealth visit, telephone call, electronic mail or messaging) since the onset or change in symptoms can serve as a pertinent clinical evaluation.
- Unless otherwise stated in a specific guideline section, the use of advanced imaging to screen asymptomatic individuals for disorders involving the pelvis is not supported. Advanced imaging of the pelvis is only indicated in individuals who have documented active clinical signs or symptoms of disease involving the pelvis.
- Unless otherwise stated in a specific guideline section, repeat imaging studies of the pelvis are not necessary unless there is evidence for progression of disease, new onset of disease, and/or documentation of how repeat imaging will affect individual management or treatment decisions.
- Ultrasound
  - Ultrasound should be the initial imaging in most pelvic conditions to rule out those situations that do not require additional advanced imaging.
  - For those individuals who do require advanced imaging after ultrasound, ultrasound can be very beneficial in selecting the proper modality, body area, image sequences, and contrast level that will provide the most definitive information for the individual.
  - CPT® codes vary by body area and presence or absence of Doppler imaging and are included in the table at the beginning of this guideline.
  - Transabdominal ultrasound is appropriate in all pediatric individuals.
  - Transvaginal (TV) ultrasound is appropriate in pediatric individuals who are sexually active or use a tampon and consent to the study. Ultrasound (complete CPT® 76856 or, limited CPT® 76857) should substitute for TV in pediatric individuals or non-sexually active adult females

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Pediatric Pelvis Imaging Age Considerations (PEDPV-1.1)

PVP.GG.0001.1.A
v1.0.2025

Many conditions affecting the pelvis in the pediatric population are different diagnoses than those occurring in the adult population. For those diseases which occur in both pediatric and adult populations, differences may exist in management due to individual age, comorbidities, and differences in disease natural history between children and adults.

- Individuals who are age 18 years or younger should be imaged according to the Pediatric Pelvis Imaging Guidelines if discussed. Any conditions not specifically discussed in the Pediatric Pelvis Imaging Guidelines should be imaged according to the General Pelvis Imaging Guidelines. Individuals who are >19 years should be imaged according to the General Pelvis Imaging Guidelines, except where directed otherwise by a specific guideline section.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Pediatric Pelvis Imaging Modality General Considerations (PEDPV-1.3)

PVP.GG.0001.3.A
v1.0.2025

- Ultrasound
  - See **General Guidelines (PEDPV-1.0)**
- MRI
  - MRI Pelvis is generally performed without and with contrast (CPT® 72197) unless the individual has a documented contraindication to gadolinium or otherwise stated in a specific guideline section.
  - Due to the length of time required for MRI acquisition and the need to minimize individual movement, anesthesia is usually required for almost all infants (except neonates) and young children (age <7 years) as well as older children with delays in development or maturity. This anesthesia may be administered via oral or intravenous routes. In this individual population, MRI sessions should be planned with a goal of minimizing anesthesia exposure by adhering to the following considerations:
    - MRI procedures can be performed without and/or with contrast use as supported by these condition-based guidelines. If intravenous access will already be present for anesthesia administration and there is no contraindication for using contrast, imaging without and with contrast may be appropriate if requested. By doing so, the requesting provider may avoid repetitive anesthesia administration to perform an MRI with contrast if the initial study without contrast is inconclusive.
      - Evidence-based literature demonstrates the potential for gadolinium deposition in various organs including the brain, after the use of MRI contrast.
      - The U.S. Food and Drug Administration (FDA) has noted that there is currently no evidence to suggest that gadolinium retention in the brain is harmful and restricting gadolinium-based contrast agents (GBCAs) use is not warranted at this time. It has been recommended that GBCA use should be limited to circumstances in which additional information provided by the contrast agent is necessary and the necessity of repetitive MRIs with GBCAs should be assessed.
    - If multiple body areas are supported by the guidelines for the clinical condition being evaluated, MRI of all necessary body areas should be obtained concurrently in the same anesthesia session.
  - The presence of surgical hardware or implanted devices may preclude MRI.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

- The selection of best examination may require coordination between the provider and the imaging service.

- CT
  - CT Pelvis typically extends from the iliac crest to the ischial tuberosities, and CT Abdomen and Pelvis extends from the dome of the diaphragm through the ischial tuberosities.
    - In general, CT Pelvis is appropriate when evaluating solid pelvic organs.
    - In general, CT Abdomen and Pelvis is appropriate when evaluating inflammatory or infections processes, hematuria, or conditions which appear to involve both the abdomen and the pelvis.
    - In some cases, especially in follow-up of a known finding, it may be appropriate to limit the exam to the region of concern to reduce radiation exposure.
  - The contrast level in pediatric CT imaging is specific to the clinical indication, as listed in the specific guideline sections.
  - CT Pelvis or Abdomen and Pelvis may be indicated for further evaluation of abnormalities suggested on prior US or MRI Procedures.
  - CT may be appropriate without prior MRI or US, as indicated in specific sections of these guidelines.
  - CT should not be used to replace MRI in an attempt to avoid sedation unless listed as a recommended study in a specific guideline section.
  - The selection of best examination may require coordination between the provider and the imaging service.
- Nuclear Medicine
  - Nuclear medicine studies are rarely used in imaging of the pediatric pelvis but are indicated in rare circumstances, including the following:
    - Lymph system mapping (CPT® 78195) is indicated for lower extremity lymphedema with recent negative Doppler ultrasound, or a history of Milroy's disease or prior pelvic lymph node dissection.
- 3D Rendering
  - 3D Rendering indications in pediatric pelvis imaging are identical to those in the general imaging guidelines. See **3D Rendering (Preface-4.1)** in the Preface Imaging Guidelines

The guidelines listed in this section for certain specific indications are not intended to be all-inclusive; clinical judgment remains paramount and variance from these guidelines may be appropriate and warranted for specific clinical situations.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (PEDPV-1)

v1.0.2025

1. Berland LL, Cernigliaro JG, Ho VB, et al. ACR Practice parameter for performing and interpreting magnetic resonance imaging (MRI). *American College of Radiology*. Revised 2017
2. Faerber EN, Abramson SJ, Benator RM, et al. ACR–ASER–SCBT-MR–SPR Practice parameter for the performance of pediatric computed tomography (CT). *American College of Radiology*. Revised 2014
3. Reighard C, Junaid S, Jackson WM, et al. Anesthetic Exposure During Childhood and Neurodevelopmental Outcomes: A Systematic Review and Meta-analysis. *JAMA Netw Open*. 2022;5(6):e2217427. Published 2022 Jun 1. doi:10.1001/jamanetworkopen.2022.17427
4. Macdonald A, Burrell S. Infrequently Performed Studies in Nuclear Medicine: Part 2. *Journal of Nuclear Medicine Technology*. 2009;37(1):1-13. doi:10.2967/jnmt.108.057851
5. FDA Drug Safety Communication: FDA identifies no harmful effects to date with brain retention of gadolinium-based contrast agents for MRIs; review to continue. FDA Drug Safety Communication. May 22, 2017
6. Siegel MJ. *Pediatric Sonography*. 5th ed. Philadelphia: Wolters Kluwer/Lippincott Williams & Wilkins; 2018:513-556.
7. Fraum TJ, Ludwig DR, Bashir MR, Fowler KJ. Gadolinium-based contrast agents: A comprehensive risk assessment. *Journal of Magnetic Resonance Imaging*. 2017;46(2):338-353. doi:10.1002/jmri.25625
8. Update on FDA approach to safety issue of gadolinium retention after administration of gadolinium-based contrast agents available at https://www.fda.gov/media/116492/download
9. Implementation Guide: Medicaid State Plan Eligibility Eligibility Groups Mandatory Coverage Infants and Children under Age 19 Guidance Portal. https://www.hhs.gov/guidance/document/implementation-guide-medicaid-state-plan-eligibility-eligibility-groups-aeu-mandatory-2

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Abnormal Uterine Bleeding (PEDPV-2)

Guideline

Abnormal Uterine Bleeding (PEDPV-2.1)
References (PEDPV-2)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Abnormal Uterine Bleeding (PEDPV-2.1)

PVP.UB.0002.1.A

v1.0.2025

- Abnormal uterine bleeding imaging indications in pediatric individuals are very similar to those for adult individuals. See **Abnormal Uterine Bleeding (AUB) (PV-2.1)** in the Pelvis Imaging Guidelines.
- Pediatric-specific imaging considerations include the following:
  - Transabdominal ultrasound is appropriate in all pediatric individuals.
  - Transvaginal (TV) ultrasound is appropriate in pediatric individuals who are sexually active or use a tampon and consent to the study. Transvaginal ultrasound is generally not appropriate in pediatric individuals or in individuals who have never been sexually active.
  - MRI Pelvis without contrast or without and with contrast (CPT® 72195 or CPT® 72197) is indicated if ultrasound is inconclusive.

Background and Supporting Information

The causes of vaginal bleeding in children differ from those in adolescents. Vaginal bleeding after the first week or so of life but before menarche is always abnormal and warrants evaluation. Common conditions before normal menarche include vaginal foreign bodies, infections, precocious puberty, and estrogen exposure. After menarche, pregnancy and excessive menstrual bleeding (ovulatory dysfunction) must be considered.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (PEDPV-2)

v1.0.2025

1. Emans SJ, Laufer MR. Precocious Puberty. In: *Emans, Laufer, Goldstein's Pediatric and Adolescent Gynecology*. 7th ed. Wolters Kluwer Health; 2019:114-124.
2. Upadhya KK, Sucato GS. Abnormal Uterine Bleeding. In: Kliegman RM, St. Geme JW III, Blum NJ, Shah SS, Tasker RC, Wilson KM, eds. *Nelson Textbook of Pediatrics*, 21st ed. 2020:1060-1062.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Pelvic Inflammatory Disease (PID) (PEDPV-3)

Guideline

Pelvic Inflammatory Disease (PID) (PEDPV-3.1)
References (PEDPV-3)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Pelvic Inflammatory Disease (PID) (PEDPV-3.1)

PVP.ID.0003.1.A

v1.0.2025

- Pelvic inflammatory disease imaging indications in pediatric individuals are very similar to those for adult individuals. See **Pelvic Inflammatory Disease (PV-7.1)** in the Pelvis Imaging Guidelines.
- Pediatric-specific imaging considerations include the following:
  - Transabdominal ultrasound is appropriate in all pediatric individuals.
  - Transvaginal (TV) ultrasound is appropriate in pediatric individuals who are sexually active or use a tampon and consent to the study. Transvaginal ultrasound is generally not appropriate in individuals who are pre-pubescent or victims of abuse.
  - MRI Pelvis without contrast (CPT® 72195) or without and with contrast (CPT® 72197) is indicated if ultrasound is inconclusive.
  - CT Pelvis with contrast (CPT® 72193) is indicated if MRI is not readily available.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (PEDPV-3)

v1.0.2025

1. Burstein GR. Sexually transmitted infections. In: Kliegman RM, St. Geme JW III, Blum NJ, Shah SS, Tasker RC, Wilson KM, eds. *Nelson Textbook of Pediatrics*. 21st ed. 2020:1081-1091
2. Cohen HL, Raju AD. Abnormalities of the female genital tract. In: Coley B, Saunders E, eds. *Caffey's Pediatric Diagnostic Imaging*. Philadelphia PA, 2019:1201-1211
3. Caprio MG, Serafino MD, Feo AD, et al. Ultrasonographic and multimodal imaging of pediatric genital female diseases. *Journal of Ultrasound*. 2019;22(3):273-289. doi:10.1007/s40477-019-00358-5

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Amenorrhea (PEDPV-4)

Guideline

Amenorrhea (PEDPV-4.1)
References (PEDPV-4)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Amenorrhea (PEDPV-4.1)

PVP.AA.0004.1.A

v1.0.2025

- Females with primary amenorrhea and any of the following should be evaluated initially with pelvic ultrasound (CPT® 76856 or CPT® 76857):
  - Amenorrhea is usually primary and refers to absence of menstrual periods by age 16.
    - Normal pubertal development and negative pregnancy test.
    - Transabdominal ultrasound is appropriate in all pediatric individuals.
      - Transvaginal (TV) ultrasound is appropriate in pediatric individuals who are sexually active or use a tampon and consent to the study. Transvaginal ultrasound (CPT® 76830) is indicated for better view of genitourinary anomalies in sexually active females.
    - Delayed puberty with follicle-stimulating hormone (FSH) or luteinizing hormone (LH) that is elevated for the individual's age and Tanner stage.
- MRI Pelvis without contrast or without and with contrast (CPT® 72195 or CPT® 72197) and/or MRI Abdomen without contrast or without and with contrast (CPT® 74181 or CPT® 74183) are indicated for congenital anomalies or for pre-operative planning.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (PEDPV-4)

v1.0.2025

1. Langer JE, Oliver ER, Lev-Toaff AS, Coleman BG. Imaging of the Female Pelvis through the Life Cycle. *RadioGraphics*. 2012;32(6):1575-1597. doi:10.1148/rg.326125513
2. Upadhya KK, Suscato GS. Amenorrhea. In: Kliegman RM, St. Geme JW III, Blum NJ, Shah SS, Tasker RC, Wilson KM, eds. *Nelson Textbook of Pediatrics*. 21st ed. Elsevier. 2019:1059-1060.
3. Cohen HL, Raju AD. Amenorrhea and abnormalities of puberty. In: Coley B, Saunders E, eds. *Caffey's Pediatric Diagnostic Imaging.* 13th ed. Elsevier. 2019:12.
4. Behr SC, Courtier JL, Qayyum A. Imaging of Müllerian Duct Anomalies. *RadioGraphics*. 2012;32(6). doi:10.1148/rg.326125515
5. Caprio MG, Serafino MD, Feo AD, et al. Ultrasonographic and multimodal imaging of pediatric genital female diseases. *Journal of Ultrasound*. 2019;22(3):273-289. doi:10.1007/s40477-019-00358-5

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Endometriosis (PEDPV-5)

Guideline

Endometriosis (PEDPV-5.1)
Reference (PEDPV-5)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Endometriosis (PEDPV-5.1)

PVP.EM.0005.1.A

v1.0.2025

- Endometriosis imaging indications in pediatric individuals are very similar to those for adult individuals. See **Endometriosis (PV-6.1)** in the Pelvis Imaging Guidelines.
- Pediatric-specific imaging considerations include:
  - Transabdominal ultrasound is appropriate in all pediatric individuals.
  - Transvaginal (TV) ultrasound is appropriate in pediatric individuals who are sexually active or use a tampon and consent to the study. Transvaginal ultrasound is generally not appropriate in individuals who are pre-pubescent or have never been sexually active.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Reference (PEDPV-5)

v1.0.2025

1. Upadhya KK, Suscato GS. Dysmenorrhea. In: Kliegman RM, St. Geme JW III, Blum NJ, Shah SS, Tasker RC, Wilson KM, eds. *Nelson Textbook of Pediatrics*, 21st ed. 2020:1062-1063.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Suspected Adnexal Mass (PEDPV-6)

Guideline

Suspected Adnexal Mass (PEDPV-6.1)
References (PEDPV-6)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Suspected Adnexal Mass (PEDPV-6.1)

PVP.AM.0006.1.A

v1.0.2025

- Suspected adnexal mass imaging indications in pediatric individuals are very similar to those for adult individuals. See **Adnexal Mass/Ovarian Cysts (PV-5)** in the Pelvis Imaging Guidelines. Ultrasound is the first study indicated for evaluation of a suspected adnexal mass.
- Pediatric-specific imaging considerations include the following:
  - Transabdominal ultrasound is appropriate in all pediatric individuals.
  - Transvaginal (TV) Ultrasound is appropriate in pediatric individuals who are sexually active or use a tampon and consent to the study. Transvaginal ultrasound is generally not appropriate in individuals who are pre-pubescent or have never been sexually active.
  - Adnexal masses with a solid component in individuals, age ≥15 years, should be imaged according to **Pediatric Germ Cell Tumors (PEDONC-10)** in the Pediatric and Special Populations Oncology Imaging Guidelines.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (PEDPV-6)

v1.0.2025

1. Allen-Rhoades WA and Steuber CP. Clinical assessment and differential diagnosis of the child with suspected cancer. In: Pizzo PA and Poplack DG, eds. *Principles and Practice of Pediatric Oncology*. 2016:7:101-111
2. Kelleher CM, Goldstein AM. Adnexal Masses in Children and Adolescents. *Clinical Obstetrics and Gynecology*. 2015;58(1):76-92. doi:10.1097/grf.0000000000000084
3. Caprio MG, Serafino MD, Feo AD, et al. Ultrasonographic and multimodal imaging of pediatric genital female diseases. *Journal of Ultrasound*. 2019;22(3):273-289. doi:10.1007/s40477-019-00358-5

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Pelvic Pain/ Dyspareunia, and Ovarian Torsion (PEDPV-7)

Guideline

Pelvic Pain/Dyspareunia, and Ovarian Torsion (PEDPV-7.1)
References (PEDPV-7)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Pelvic Pain/Dyspareunia, and Ovarian Torsion (PEDPV-7.1)

PVP.PP.0007.1.A

v1.0.2025

- Pelvic Pain/Dyspareunia imaging indications in pediatric individuals are identical to those for adult individuals. See **Pelvic Pain/Dyspareunia, Female (PV-11.1)** in the Pelvis Imaging Guidelines.
- Ovarian torsion in children is typically associated with a normal ovary. Spontaneous torsion of a normal ovary is more common than torsion caused by a lead mass, such as a cyst or tumor. Torsion involves both the ovary and fallopian tube and typically presents with acute of onset of lower abdominal pain, often associated with nausea or vomiting.
  - Transabdominal ultrasound (CPT® 76856) with Doppler (CPT® 93975) is appropriate in all pediatric individuals.
  - Transvaginal (TV) ultrasound (CPT® 76830) with Doppler (CPT® 93975) is appropriate in pediatric individuals who are sexually active or use a tampon and consent to the study. Transvaginal ultrasound is generally not appropriate in individuals who are pre-pubescent or have never been sexually active.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (PEDPV-7)

v1.0.2025

1. Naffaa L, Deshmukh T, Tumu S, Johnson C, Boyd KP, Meyers AB. Imaging of Acute Pelvic Pain in Girls: Ovarian Torsion and Beyond. *Current Problems in Diagnostic Radiology*. 2017;46(4):317-329. doi:10.1067/j.cpradiol.2016.12.010
2. Siegel MJ. *Pediatric Sonography*. 5th ed. Philadelphia: Wolters Kluwer/Lippincott Williams & Wilkins; 2018:513-556
3. Sintim-Damoa A, Majmudar AS, Cohen HL, Parvey LS. Pediatric Ovarian Torsion: Spectrum of Imaging Findings. *RadioGraphics*. 2017;37(6):1892-1908. doi:10.1148/rg.2017170026
4. Cohen HL, Raju AD. Abnormalities of the female genital tract. In: Coley B, Saunders E, eds. *Caffey's Pediatric Diagnostic Imaging*. Philadelphia PA, 2019:1201-1211
5. Caprio MG, Serafino MD, Feo AD, et al. Ultrasonographic and multimodal imaging of pediatric genital female diseases. *Journal of Ultrasound*. 2019;22(3):273-289. doi:10.1007/s40477-019-00358-5
6. Ssi-Yan-Kai G, Rivain A-L, Trichot C, et al. What every radiologist should know about adnexal torsion. *Emergency Radiology*. 2017;25(1):51-59. doi:10.1007/s10140-017-1549-8

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Polycystic Ovary Syndrome (PEDPV-8)

Guideline

Polycystic Ovary Syndrome (PEDPV-8.1)
References (PEDPV-8)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Polycystic Ovary Syndrome (PEDPV-8.1)

PVP.OS.0008.1.A
v1.0.2025

- Polycystic ovary syndrome imaging indications in pediatric individuals are very similar to those for adult individuals. See **Polycystic Ovary Syndrome (PCOS) (PV-8.1)** in the Pelvis Imaging Guidelines.
- Pediatric-specific imaging considerations include:
  - Transabdominal ultrasound (CPT® 76856) is appropriate in all pediatric individuals.
  - Transvaginal (TV) ultrasound (CPT® 76830) is appropriate in pediatric individuals who are sexually active or use a tampon and consent to the study. Transvaginal ultrasound is generally not appropriate in individuals who are pre-pubescent or have never been sexually active.

Background and Supporting Information

Adolescent girls may have multiple ovarian cysts as part of normal pubertal development. As such the diagnosis should not be based on morphology alone, but requires abnormal laboratory studies.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (PEDPV-8)

v1.0.2025

1. Fondin M, Rachas A, Huynh V, et al. Polycystic Ovary Syndrome in Adolescents: Which MR Imaging–based Diagnostic Criteria? *Radiology*. 2017;285(3):961-970. doi:10.1148/radiol.2017161513
2. Cohen HL, Raju AD. Abnormalities of the female genital tract. In: Coley B, Saunders E, eds. *Caffey's Pediatric Diagnostic Imaging*. Philadelphia PA, 2019:1201-1211
3. Huddleston HG, Quinn M, Gibson M. Polycystic Ovary Syndrome and Hirsutism. In: Kliegman RM, St. Geme JW III, Blum NJ, Shah SS, Tasker RC, Wilson KM, eds. *Nelson Textbook of Pediatrics*, 21st ed. 2020:2857-2861
4. DiVall S, Merjaneh L. Adolescent Polycystic Ovary Syndrome: An Update. *Pediatric Annals*. 2019;48(8):e304-e310. doi:10.3928/19382359-20190729-01
5. Baldauff NH, Witchel SF. Polycystic ovary syndrome in adolescent girls. Current Opinion in Endocrinology, Diabetes and Obesity. 2017 Feb 1;24(1):56-66.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Periurethral Cysts and Urethral Diverticula (PEDPV-9)

Guideline

Periurethral Cysts and Urethral Diverticula (PEDPV-9.1)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Periurethral Cysts and Urethral Diverticula (PEDPV-9.1)

PVP.CD.0009.1.A

v1.0.2025

- Periurethral cysts and urethral diverticula imaging indications in pediatric individuals are identical to those for adult individuals. See **Periurethral Cysts and Urethral Diverticula (PV-13)** in the Pelvis Imaging Guidelines.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Fetal MRI (PEDPV-10)

Guideline

Fetal MRI (PEDPV-10.1)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Fetal MRI (PEDPV-10.1)

PVP.MR.0010.1.A

v1.0.2025

- Fetal MRI indications in pediatric individuals are identical to those for adult individuals. See **Fetal MRI (PV-15.1)** in the Pelvis Imaging Guidelines.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Undescended Testis (PEDPV-11)

Guideline

Undescended Testis (PEDPV-11.1)
References (PEDPV-11)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Undescended Testis (PEDPV-11.1)

PVP.UT.0011.1.A

v1.0.2025

- Males with a history of cryptorchidism (undescended testis) have a several-fold risk increase of testicular cancer. It is important to diagnose and treat this condition either by bringing the undescended testis into the scrotum, or resecting the testis.
- Pediatric-specific imaging considerations include the following:
  - Suspected undescended testis is an indication for referral to a surgical subspecialist who should make the decision or be consulted on necessary imaging studies.
- After surgical evaluation or consultation, the following imaging is indicated for pre-operative evaluation:
  - Scrotal ultrasound (CPT® 76870) if testis not palpable in the scrotal sac and there is concern for retractile or inguinal testis. In general CT and MRI are not indicated to localize non-palpable testes, as the findings would typically not alter the surgical procedure.
    - If after ultrasound there is concern for associated urogenital abnormalities, or the surgical consultant or any provider in consultation with the surgical consultant indicates that advanced imaging results would significantly alter the surgical procedure either of the studies below are indicated:
      - MRI Abdomen (CPT® 74183) and Pelvis (CPT® 72197) without and with contrast
      - CT Abdomen and Pelvis with contrast (CPT® 74177)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (PEDPV-11)

v1.0.2025

1. Kolon TF, Herndon CDA, Baker LA, et al. Evaluation and treatment of cryptorchidism: AUA Guideline, Copyright © 2018 American Urological Association Education and Research, Inc.®
2. Inappropriate Use of Ultrasound in Management of Pediatric Cryptorchidism. *Pediatrics*. 2015;136(3). doi:10.1542/peds.2015-0222d
3. Elder JS. Disorders and anomalies of the scrotal contents. In: Kliegman RM, St. Geme JW III, Blum NJ, Shah SS, Tasker RC, Wilson KM, eds. *Nelson Textbook of Pediatrics*, 21st ed. 2020:2827-2833.
4. Poppas DP and Medina C. *Undescended testicle or cryptorchidism*. Cornell University Institute for Pediatric Urology
5. Krishnaswami S, Fonnesbeck C, Penson D, Mcpheeters ML. Magnetic Resonance Imaging for Locating Nonpalpable Undescended Testicles: A Meta-analysis. *Pediatrics*. 2013;131(6). doi:10.1542/peds.2013-0073
6. Aggarwal H, Rehfuss A, Hollowell J. Management of undescended testis may be improved with educational updates for referring providers. *Journal of Pediatric Urology*. 2014;10(4):707-711. doi:10.1016/j.jpurol.2013.10.025
7. Cohen HL, Miller SF. Abnormalities of the male genital tract. In: Coley B, Saunders E, eds. *Caffey's Pediatric Diagnostic Imaging*. Philadelphia, PA. 2019:1193-1200
8. Gates RL, Shelton J, et al. Management of the undescended testis in children: An American Pediatric Surgical Association Outcomes and Evidence Based Practice Committee Systematic Review. *J Pediatr Surg*. 2022 Jul;57(7):1293-1308. doi: 10.1016/j.jpedsurg.2022.01.003

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Scrotal Pathology (PEDPV-12)

Guideline

Scrotal Pathology (PEDPV-12.1)
References (PEDPV-12)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Scrotal Pathology (PEDPV-12.1)

PVP.SP.0012.1.A

v1.0.2025

- Scrotal pathology imaging indications in pediatric individuals are very similar to those for adult individuals. See **Scrotal Pathology (PV-20.1)** in the Pelvis Imaging Guidelines.
- Pediatric-specific imaging considerations include the following:
  - Scrotal US (CPT® 76870) with Doppler (CPT® 93975 or CPT® 93976) is indicated for concerns of testicular torsion.
  - MRI Pelvis without contrast (CPT® 72195) or without and with contrast (CPT® 72197) is indicated if torsion is unlikely on ultrasound and no surgical exploration is planned. MRI is not typically used for the acute scrotum due to the limited availability of equipment and the long examination time involved.
  - Since the acceptance of Doppler US as the primary imaging for evaluation of acute scrotum, scintigraphy is not indicated. The unavailability of nuclear medicine imaging in many practices and its use of ionizing radiation, its poor anatomical details, and the time required for imaging are other limiting factors.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (PEDPV-12)

v1.0.2025

1. Wang, CL, Aryal, B, et al ; ACR Appropriateness Criteria®Acute Onset of Scrotal Pain-Without Trauma, Without Antecedent Mass. *American College of Radiology*. 2018. https://acsearch.acr.org/docs/69363/Narrative/
2. Elder JS. Disorders and anomalies of the scrotal contents. In: Kliegman RM, Stanton BF, St. Geme JW III, et al., eds. *Nelson Textbook of Pediatrics*, 20th ed. 2016:2592-2598
3. Macdonald A, Burrell S. Infrequently Performed Studies in Nuclear Medicine: Part 2. *Journal of Nuclear Medicine Technology*. 2009;37(1):1-13. doi:10.2967/jnmt.108.057851
4. Tekgül S, Riedmiller H, Gerharz E, et al. Guidelines on paediatric urology. *European Association of Urology*. Revised March 2013
5. Alkhori NA, Barth RA. Pediatric scrotal ultrasound: review and update. *Pediatric Radiology*. 2017;47(9):1125-1133. doi:10.1007/s00247-017-3923-9
6. Cohen HL, Miller SF. Abnormalities of the male genital tract. In: Coley B, Saunders E, eds. *Caffey's Pediatric Diagnostic Imaging*. Philadelphia, PA. 2019:1193-1200
7. Lyshchik, A, Nikolaidis, P, et al. ACR Appropriateness Criteria® Newly Diagnosed Palpable Scrotal Abnormality. American College of Radiology, 2021. https://acsearch.acr.org/docs/3158184/Narrative/

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Penis-Soft Tissue Mass (PEDPV-13)

Guideline

Penis-Soft Tissue Mass (PEDPV-13.1)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Penis-Soft Tissue Mass (PEDPV-13.1)

PVP.ST.0013.1.A

v1.0.2025

- Penile soft tissue masses are very rare in pediatric individuals, and imaging indications are identical to those for adult individuals. See **Penis–Soft Tissue Mass (PV-18.1)** in the Pelvis Imaging Guidelines.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Incontinence (PEDPV-14)

Guideline

Incontinence (PEDPV-14.1)
References (PEDPV-14)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Incontinence (PEDPV-14.1)

PVP.IN.0014.1.A

v1.0.2025

- Incontinence imaging indications in pediatric individuals are very similar to those for adult individuals. See **Urinary Incontinence/Pelvic Prolapse/Fecal Incontinence (PV-22)** in the Pelvis Imaging Guidelines.
- Most often incontinence in children is not due to a medical condition. Several uncommon disorders that can lead to urinary incontinence include a spinal cord defect such as spina bifida, ureteral duplication with ectopic insertion, and overactive bladder or dysfunctional voiding.
- No imaging is needed if primary enuresis is suspected; however, imaging evaluation may be warranted if ureteral duplication or overactive bladder or dysfunctional voiding is suspected. The physician should obtain a full medical history and urinalysis before imaging is done.
- Radiopharmaceutical urinary bladder residual study (CPT® 78730) is indicated for suspicion of urinary retention and a recent non-diagnostic ultrasound.
- Pediatric-specific imaging considerations include the following:
  - MRI Pelvis without and with contrast (CPT® 72197) is indicated if ultrasound is inconclusive or spinal abnormality is suspected.
  - CT Pelvis with contrast (CPT® 72193) is appropriate if MRI is not readily available.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (PEDPV-14)

v1.0.2025

1. Elder JS. Enuresis and voiding dysfunction. In: Kliegman RM, St. Geme JW III, Blum NJ, Shah SS, Tasker RC, Wilson KM, eds. *Nelson Textbook of Pediatrics*, 21st ed. 2020:2816-2821
2. Mandell GA, Eggli DF, Gilday DL, et al. Procedure guideline for radionuclide cystography in children. *Society of Nuclear Medicine*. Version 3.0 approved January 2003.
3. Arlen AM, Cooper CS. New trends in voiding cystourethrography and vesicoureteral reflux: who, when and how?. *Int J Urol*. 2019;26(4):440-445. doi:10.1111/iju.13915
4. Fettich J, Colarinha P, Fischer S, et al. Guidelines for direct radionuclide cystography in children. *Paediatric Committee of the European Association of Nuclear Medicine*. Dec 2002.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Patent Urachus (PEDPV-15)

Guideline

Patent Urachus (PEDPV-15.1)
References (PEDPV-15)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Patent Urachus (PEDPV-15.1)

PVP.UR.0015.1.A

v1.0.2025

- Ultrasound pelvis (CPT® 76856) is indicated as the initial evaluation for patent urachus.
  - ANY of the following are indicated if the ultrasound is inconclusive or insufficient for preoperative planning:
    - MRI Pelvis without contrast (CPT® 72195)
    - MRI Pelvis without and with contrast (CPT® 72197)
    - CT Pelvis with contrast (CPT® 72193)
- Repeat imaging of asymptomatic individuals is not generally necessary, but is indicated for the following:
  - New or worsening symptoms
  - Preoperative planning

Background and Supporting Information

The urachus is a “tube” connecting the fetal bladder to the umbilical cord. It is usually obliterated during fetal growth, but if it remains patent, there can be a complete or partial connection between the bladder and the umbilicus.

Ultrasound has an accuracy greater than 90%.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (PEDPV-15)

v1.0.2025

1. Villavicencio CP, Adam SZ, Nikolaidis P, Yaghmai V, Miller FH. Imaging of the Urachus: Anomalies, Complications, and Mimics. *RadioGraphics*. 2016;36(7):2049-2063. doi:10.1148/rg.2016160062
2. Berrocal T, López-Pereira P, Arjonilla A, Gutiérrez J. Anomalies of the Distal Ureter, Bladder, and Urethra in Children: Embryologic, Radiologic, and Pathologic Features. *RadioGraphics*. 2002;22(5):1139-1164. doi:10.1148/radiographics.22.5.g02se101139
3. Little DC, Shah SR, Peter SDS, et al. Urachal anomalies in children: the vanishing relevance of the preoperative voiding cystourethrogram. *Journal of Pediatric Surgery*. 2005;40(12):1874-1876. doi:10.1016/j.jpedsurg.2005.08.029
4. Buddha S, Menias CO, Katabathina VS. Imaging of urachal anomalies. *Abdom Radiol (NY)*. 2019;44(12):3978-3989. doi:10.1007/s00261-019-02205-x
5. Parada Villavicencio C, Adam SZ, Nikolaidis P, Yaghmai V, Miller FH. Imaging of the Urachus: Anomalies, Complications, and Mimics. *Radiographics*. 2016;36(7):2049-2063. doi:10.1148/rg.2016160062
6. West HC, Anton CG. Bladder and Urethra. In: Coley B, Saunders E, eds. *Caffey's Pediatric Diagnostic Imaging*. Philadelphia PA; 2019:1157-1166
7. Elder JS. Anomilies of the Bladder. In: Kliegman RM, St. Geme JW III, Blum NJ, Shah SS, Tasker RC, Wilson KM, eds. *Nelson Textbook of Pediatrics*, 21st ed. 2020:2810-2813

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Table of Contents

Guideline

General Guidelines (PEDPN-1)
Neurofibromatosis (PEDPN-2)
Brachial Plexus (PEDPN-3)
Gaucher Disease (PEDPN-4)
Spinal Muscular Atrophy (PEDPN -5)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

General Guidelines (PEDPN-1)

Guideline

Procedure Codes Associated with Peripheral Nerve Disorders (PND) Imaging
General Guidelines (PEDPN-1.0)
Age Considerations (PEDPN-1.1)
Modality General Considerations (PEDPN-1.3)
References (PEDPND-1)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Procedure Codes Associated with Peripheral Nerve Disorders (PND) Imaging

PNP.GG.ProcedureCodes.A
v1.0.2025

MRI	CPT®
MRI Neck without contrast	70540
MRI Neck without and with contrast	70543
MRI Cervical without contrast	72141
MRI Cervical without and with contrast	72156
MRI Brachial Plexus without contrast (unilateral)	73218
MRI Brachial Plexus without and with contrast (unilateral)	73220
MRI Brachial Plexus without contrast (bilateral)	71550
MRI Brachial Plexus without and with contrast (bilateral)	71552
MRI Chest without contrast	71550
MRI Chest without and with contrast	71552
MRI Thoracic without contrast	72146
MRI Thoracic without and with contrast	72157
MRI Lumbar without contrast	72148
MRI Lumbar without and with contrast	72158
MRI Abdomen without contrast	74181

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

MRI	CPT®
MRI Abdomen without and with contrast	74183
MRI Pelvis without contrast	72195
MRI Pelvis without and with contrast	72197
MRI Upper Extremity Other Than Joint without contrast	73218
MRI Upper Extremity Other Than Joint with contrast (rarely used)	73219
MRI Upper Extremity Other Than Joint without and with contrast	73220
MRI Upper Extremity Joint without contrast	73221
MRI Upper Extremity Joint with contrast (rarely used)	73222
MRI Upper Extremity Joint without and with contrast	73223
MRI Lower Extremity Other Than Joint without contrast	73718
MRI Lower Extremity Other Than Joint with contrast (rarely used)	73719
MRI Lower Extremity Other Than Joint without and with contrast	73720
MRI Lower Extremity Joint without contrast	73721
MRI Lower Extremity Joint with contrast (rarely used)	73722
MRI Lower Extremity Joint without and with contrast	73723
Unlisted MRI procedure (for radiation planning or surgical software)	76498

MRA	CPT®
MRA Upper Extremity	73225
MRA Lower Extremity	73725

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Nuclear Medicine	
PET Imaging; limited area (this code not used in pediatrics)	78811
PET Imaging: skull base to mid-thigh (this code not used in pediatrics)	78812
PET Imaging: whole body (this code not used in pediatrics)	78813
PET with concurrently acquired CT; limited area (this code rarely used in pediatrics)	78814
PET with concurrently acquired CT; skull base to mid-thigh	78815
PET with concurrently acquired CT; whole body	78816
Bone Marrow Imaging Limited Areas	78102
Bone Marrow Imaging Multiple Areas	78103
Bone Marrow Imaging Whole Body	78104
Nuclear Bone Scan Limited	78300
Nuclear Bone Scan Multiple Areas	78305
Nuclear Bone Scan Whole Body	78306
Bone Scan Three Phase	78315
Radiopharmaceutical Localization Imaging Limited Area	78800
Radiopharmaceutical Localization Imaging Whole Body	78802
Radiopharmaceutical Localization Imaging SPECT	78803

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

General Guidelines (PEDPN-1.0)

PNP.GG.0001.0.A

v1.0.2025

- A pertinent clinical evaluation including a detailed history, physical examination since the onset or change in symptoms with a thorough neurologic examination, appropriate laboratory studies, and basic imaging such as plain radiography or ultrasound should be performed prior to considering advanced imaging (CT, MRI, Nuclear Medicine), unless the individual is undergoing guideline-supported scheduled imaging evaluation. A meaningful technological contact (telehealth visit, telephone call, electronic mail or messaging) since the onset or change in symptoms can serve as a pertinent clinical evaluation.
  - EMG may not be of clinical utility or obtainable in infants or individuals with severe developmental delay
  - EMG/NCS results may not be abnormal until 10 days after injury.
- Unless otherwise stated in a specific guideline section, the use of advanced imaging to screen asymptomatic individuals for disorders involving the peripheral nervous system is not supported. Advanced imaging of the peripheral nervous system is only appropriate in individuals who have documented active clinical signs or symptoms of disease involving the peripheral nervous system.
- Unless otherwise stated in a specific guideline section, repeat imaging studies of the peripheral nervous system are not necessary unless there is evidence for progression of disease, new onset of disease, and/or documentation of how repeat imaging will affect individual management or treatment decisions.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Age Considerations (PEDPN-1.1)

PNP.GG.0001.1.A

v1.0.2025

- Many conditions affecting the peripheral nervous system in the pediatric population are different diagnoses than those occurring in the adult population. For those diseases that occur in both pediatric and adult populations, minor differences may exist in management due to individual age, comorbidities, and differences in disease natural history between children and adults.
- Individuals who are 18 years old or younger[11] should be imaged according to the Pediatric Peripheral Nerve Disorders Imaging Guidelines if discussed. Any conditions not specifically discussed in the Pediatric Peripheral Nerve Disorder Imaging Guidelines should be imaged according to the General Peripheral Nerve Disorder Imaging Guidelines. Individuals who are >18 years old should be imaged according to the General Peripheral Nerve Disorders Imaging Guidelines, except where directed otherwise by a specific guideline section.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Modality General Considerations (PEDPN-1.3)

PNP.GG.0001.3.A
v1.0.2025

- MRI
  - MRI without and with contrast is the preferred modality for pediatric peripheral nerve imaging unless otherwise stated in a specific guideline section.
  - Due to the length of time required for MRI acquisition and the need to minimize individual movement, anesthesia is usually required for almost all infants (except neonates) and young children (age <7 years) as well as older children with delays in development or maturity. This anesthesia may be administered via oral or intravenous routes. In this individual population, MRI sessions should be planned with a goal of minimizing anesthesia exposure by adhering to the following considerations:
    - MRI procedures can be performed without and/or with contrast as supported by these condition-based guidelines. If intravenous access will already be present for anesthesia administration and there is no contraindication for using contrast, imaging without and with contrast may be appropriate if requested. By doing so, the requesting provider may avoid repetitive anesthesia administration to perform an MRI with contrast if the initial study without contrast is inconclusive.
      - Recent evidence based literature demonstrates the potential for gadolinium deposition in various organs including the brain after the use of MRI contrast.
      - The U.S. Food and Drug Administration (FDA) has noted that there is currently no evidence to suggest that gadolinium retention in the brain is harmful and restricting gadolinium-based contrast agents (GBCAs) use is not warranted at this time. It has been recommended that GBCA use should be limited to circumstances in which additional information provided by the contrast agent is necessary and the necessity of repetitive MRIs with GBCAs should be assessed.
    - If multiple body areas are supported by the guidelines for the clinical condition being evaluated, MRI of all necessary body areas should be obtained concurrently in the same anesthesia session.
- CT
  - CT is rarely used in the evaluation of pediatric peripheral nerve disorders. See specific guideline sections for indications.
- Ultrasound
  - Ultrasound is rarely used in the evaluation of pediatric peripheral nerve disorders. See specific guideline sections for indications.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

- Nuclear Medicine
  - Nuclear medicine studies are generally not indicated in the evaluation of peripheral nerve disorders. See **Neurofibromatosis (PEDPN-2)** for specific imaging guidelines regarding PET/CT in evaluation of peripheral nerve tumors.
- 3D Rendering
  - 3D Rendering indications in pediatric PND imaging are identical to those in the general imaging guidelines. See **3D Rendering (Preface-4.1)** in the Preface Imaging Guidelines.
- The guidelines listed in this section for certain specific indications are not intended to be all-inclusive; clinical judgment remains paramount and variance from these guidelines may be appropriate and warranted for specific clinical situations.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

References (PEDPND-1)

v1.0.2025

1. Bowen BC. Magnetic resonance imaging of the peripheral nervous system. In: Latchaw RE, Kucharczyk J, Moseley ME, et al., eds. *Imaging of the Nervous System.* Philadelphia, PA. Elsevier. 2005:1479-1497.
2. Reighard C, Junaid S, Jackson WM, et al. Anesthetic Exposure During Childhood and Neurodevelopmental Outcomes. *JAMA Netw Open*. 2022;5(6):e2217427. doi:10.1001/jamanetworkopen.2022.17427.
3. Fraum TJ, Ludwig DR, Bashir MR, Fowler KJ. Gadolinium-based contrast agents: A comprehensive risk assessment. *J Magn Reson Imaging*. 2017;46(2):338-353. doi: 10.1002/jmri.25625.
4. Update on FDA approach to safety issue of gadolinium retention after administration of gadolinium-based contrast agents. Available at: https://www.fda.gov/media/116492/download. September 20, 2018.
5. Blumfield E, Swenson DW, Iyer RS, Stanescu AL. Gadolinium-based contrast agents — review of recent literature on magnetic resonance imaging signal intensity changes and tissue deposits, with emphasis on pediatric patients. *Pediatr Radiol*. 2019;49(4):448-457. doi: 10.1007/s00247-018-4304-8.
6. Raybaud C and Barkovich AJ. Chapter 6: The Phakomatoses. In: *Pediatric Neuroimaging*. 5th ed. Philadelphia. Wolters Kluwer. 2012:569-636.
7. Soderlund KA, Smith AB, Rushing EJ, Smirniotopolous JG. Radiologic-Pathologic Correlation of Pediatric and Adolescent Spinal Neoplasms: Part 2, Intradural Extramedullary Spinal Neoplasms. *AJR Am J Roentgenol*. 2012;198(1):44-51. doi: 10.2214/ajr.11.7121.
8. Kang PB, McMillan HJ, Kuntz NL, et al. Utility and practice of electrodiagnostic testing in the pediatric population: An AANEM consensus statement. *Muscle Nerve*. 2020;61(2):143-155. doi: 10.1002/mus.26752.
9. Orozco V, et al. A Systematic Review of the Electrodiagnostic Assessment of Neonatal Brachial Plexus. *Neurol Neurobiol (Tallinn)*. 2020;3(2). doi: 10.31487/j.nnb.2020.02.12.
10. Artunduaga M, Liou CA, Morin CE, et al. Safety challenges related to the use of sedation and general anesthesia in pediatric patients undergoing magnetic resonance imaging examinations. *Pediatr Radiol*. 2021;51(5):724-735. doi: 10.1007/s00247-021-05044-5
11. Implementation Guide: Medicaid State Plan Eligibility Eligibility Groups Mandatory Coverage Infants and Children under Age 19. Available at: https://www.hhs.gov/guidance/document/implementation-guide-medicaid-state-plan-eligibility-eligibility-groups-aeu-mandatory-2. Issue date July 14, 2017.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Neurofibromatosis (PEDPN-2)

Guideline

Neurofibromatosis – General Information (PEDPN-2.0)
Neurofibromatosis 1 (PEDPN-2.1)
Neurofibromatosis 2 (PEDPN-2.2)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Neurofibromatosis – General Information (PEDPN-2.0)

PNP.NF.0002.0.A
v1.0.2025

- This guideline section includes imaging indications for individuals with neurofibromatosis and known benign lesions.
- For cancer screening guidelines, see **Neurofibromatosis 1 and 2 (NF1 and NF2) (PEDONC-2.3)** in the Pediatric Oncology Imaging Guidelines.
- For Peripheral Nerve Sheath Tumors, see **Peripheral Nerve Sheath Tumors (PNST) (PND-9.1)** in the Peripheral Nerve and Neuromuscular Disorders (PND) Imaging Guidelines.
- For guidelines related to known malignancies in individuals with NF1, see the appropriate imaging guideline for the specific cancer type.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Neurofibromatosis 1 (PEDPN-2.1)

PNP.NF.0002.1.A

v1.0.2025

- See **Neurofibromatosis 1 and 2 (NF1 and NF2) (PEDONC-2.3)** in the Pediatric Oncology Imaging Guidelines.
- For Peripheral Nerve Sheath Tumors, see **Peripheral Nerve Sheath Tumors (PNST) (PND-9.1)** in the Peripheral Nerve Disorders and Neuromuscular (PND) Imaging Guidelines.
- For guidelines related to known malignancies in individuals with NF1, see the appropriate imaging guideline for the specific cancer type.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Neurofibromatosis 2 (PEDPN-2.2)

PNP.NF.0002.2.A

v1.0.2025

- See **Neurofibromatosis 1 and 2 (NF1 and NF2) (PEDONC-2.3)** in the Pediatric Oncology Imaging Guidelines.
- Individuals with NF2 and known meningioma should be imaged according to guidelines in **Meningiomas (Intracranial and Intraspinal) (ONC-2.8)** in the Oncology Imaging Guidelines.
- Individuals with NF2 and known ependymoma should be imaged according to guidelines in **Ependymoma (PEDONC-4.8)** in the Pediatric Oncology Imaging Guidelines.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Brachial Plexus (PEDPN-3)

Guideline

Brachial Plexus (PEDPN-3.1)
References (PEDPND-3)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Brachial Plexus (PEDPN-3.1)

PNP.BP.0003.1.A
v1.0.2025

Disorders of the brachial plexus can generally be identified and distinguished from lesions in other locations by clinical and electromyography/nerve conduction (EMG/NCV) examination. If the diagnosis remains unclear, advanced imaging can be helpful as a pre-operative study to evaluate the anatomy of brachial plexus lesions that should have already been defined by clinical examination.

- MRI is the preferred modality for imaging the brachial plexus. The goal of imaging is to visualize the entire course of the neural network from the preganglionic to the postganglionic segments.
  - CT is not often useful and should not be used as a substitute for MRI.
  - MRI Upper Extremity Other Than Joint without contrast (CPT® 73218) or without and with contrast (CPT® 73220) is indicated for unilateral brachial plexus.
  - MRI Chest without contrast (CPT® 71550) or without and with contrast (CPT® 71552) is indicated for bilateral brachial plexus studies. MRI Neck without contrast (CPT® 70540) is indicated for upper trunk lesions.
  - It is rare for more than one CPT® code to be necessary to adequately image the brachial plexus area of interest.
  - MRI Shoulder without contrast (CPT® 73221) or without and with contrast (CPT® 73223) is indicated in infants with brachial plexopathy due to birth trauma if requested for preoperative planning. These individuals often have glenohumeral dysplasia and require shoulder surgery.
  - Ultrasound also may be indicated in infants with brachial plexus injury to show the glenoid dysplasia and associated shoulder subluxation
  - MRI Cervical Spine without contrast (CPT® 72141) is indicated if there is clinical suspicion for cervical nerve root avulsion.
  - PET/CT skull base to mid-thigh (CPT® 78815) is appropriate if there is a contraindication to MRI in individuals with a known malignancy or post-treatment syndrome.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (PEDPND-3)

v1.0.2025

1. Expert Panel on Neurological and Musculoskeletal Imaging, Boulter DJ, Job J, et al. ACR Appropriateness Criteria® Plexopathy: 2021 Update. *J Am Coll Radiol*. 2021;18(11S):S423-S441. doi: 10.1016/j.jacr.2021.08.014.
2. Gunes A, Bulut E, Uzumcugil A, Oguz KK. Brachial Plexus Ultrasound and MRI in Children with Brachial Plexus Birth Injury. *AJNR Am J Neuroradiol*. 2018;39(9):1745-1750. doi: 10.3174/ajnr.A5749.
3. Menashe SJ, Tse R, Nixon JN, et al. Brachial Plexus Birth Palsy: Multimodality Imaging of Spine and Shoulder Abnormalities in Children. *AJR Am J Roentgenol*. 2015;204(2):W199-W206. doi: 10.2214/ajr.14.12862.
4. Somashekar DK, Di Pietro MA, Joseph JR, Yang LJS, Parmar HA. Utility of ultrasound in noninvasive preoperative workup of neonatal brachial plexus palsy. *Pediatr Radiol*. 2015;46(5):695-703. doi: 10.1007/s00247-015-3524-4.
5. Fuzari HKB, Dornelas de Andrade A, Vilar CF, et al. Diagnostic accuracy of magnetic resonance imaging in post-traumatic brachial plexus injuries: A systematic review.*Clin Neurol Neurosurg*. 2018;164:5-10. doi:10.1016/j.clineuro.2017.11.003
6. Gilcrease-Garcia BM, Deshmukh SD, Parsons MS. Anatomy, Imaging, and Pathologic Conditions of the Brachial Plexus.*Radiographics*. 2020;40(6):1686-1714. doi:10.1148/rg.2020200012
7. Griffith JF, Lalam RK. Top-Ten Tips for Imaging the Brachial Plexus with Ultrasound and MRI.*Semin Musculoskelet Radiol*. 2019;23(4):405-418. doi:10.1055/s-0039-1694753
8. Kim HHR, Ngo AV, Maloney E, et al. Contemporary imaging of the pediatric shoulder: pearls and pitfalls.*Pediatr Radiol*. 2021;51(3):338-352. doi:10.1007/s00247-021-04963-7

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Gaucher Disease (PEDPN-4)

Guideline

Gaucher Disease (PEDPN-4.1)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Gaucher Disease (PEDPN-4.1)

PNP.GD.0004.1.A
v1.0.2025

- Gaucher Disease imaging indications in pediatric individuals are very similar to those for adult individuals. See **Gaucher Disease (Storage Disorders) (PN-6.3)** in the Peripheral Nerve and Neuromuscular Disorders(PND) Imaging Guidelines.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Spinal Muscular Atrophy (PEDPN -5)

Guideline

Spinal Muscular Atrophy (PEDPN-5.1)
References (PEDPND-5)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Spinal Muscular Atrophy (PEDPN-5.1)

PNP.SA.0005.1.A
v1.0.2025

- Spinal Muscular Atrophy
  - Molecular genetic testing is the standard tool for diagnosis for the early consideration in any infant with weakness or hypotonia
    - MRI is usually not indicated
  - See **Developmental Motor Delay (PEDHD-19.3)** in the Pediatric Head Imaging Guidelines for presentation of weakness or a loss of skills.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (PEDPND-5)

v1.0.2025

1. Nance JR. Spinal Muscular Atrophy. *Continuum (Minneap Minn)*. 2020;26(5, Peripheral Nerve And Motor Neuron Disorders):1348–1368.
2. Glascock J, et al. Treatment Algorithm for Infants Diagnosed with Spinal Muscular Atrophy through Newborn Screening. Research Report 8. *J Neuromuscul Dis*. 2018;5(2):145–158. doi: 10.3233/JND-180304.
3. Prior TW, Leach ME and Finanger E. Spinal Muscular Atrophy. *GeneReviews®*. Created: February 24, 2000; Updated: 2020 Dec 3. Copyright © 1993-2020, University of Washington, Seattle. GeneReviews is a registered trademark of the University of Washington, Seattle. All rights reserved.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Table of Contents

Guideline

General Guidelines (PEDPVD-1)
Vascular Anomalies (PEDPVD-2)
Vasculitis (PEDPVD-3)
Disorders of the Aorta and Visceral Arteries (PEDPVD-4)
Infantile Hemangiomas (PEDPVD-5)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

General Guidelines (PEDPVD-1)

Guideline

Procedure Codes Associated with PVD Imaging (PEDPVD)
General Guidelines (PEDPVD-1.0)
Age Considerations (PEDPVD-1.1)
Modality General Considerations (PEDPVD-1.3)
References (PEDPVD-1)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Procedure Codes Associated with PVD Imaging (PEDPVD)

PVDP.GG.0001.A
v1.0.2025

Description	CPT®
MRA	
Magnetic resonance angiography, head; without contrast material(s), followed by contrast material(s) and further sequence	70546
Magnetic resonance angiography, neck; without contrast material(s), followed by contrast material(s) and further sequences	70549
Magnetic resonance angiography, chest (excluding myocardium), with or without contrast material(s)	71555
Magnetic resonance angiography, pelvis, with or without contrast material(s)	72198
Magnetic resonance angiography, upper extremity, with or without contrast material(s)	73225
Magnetic resonance angiography, lower extremity, with or without contrast material(s)	73725
Magnetic resonance angiography, abdomen, with or without contrast material(s)	74185
CTA	
Computed tomographic angiography, head, with contrast material(s), including noncontrast images, if performed, and image postprocessing	70496
Computed tomographic angiography, neck, with contrast material(s), including noncontrast images, if performed, and image postprocessing	70498

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Description	CPT®
Computed tomographic angiography, chest (noncoronary), with contrast material(s), including noncontrast images, if performed, and image postprocessing	71275
Computed tomographic angiography, upper extremity, with contrast material(s), including noncontrast images, if performed, and image postprocessing	73206
Computed tomographic angiography, lower extremity, with contrast material(s), including noncontrast images, if performed, and image postprocessing	73706
Computed tomographic angiography, abdomen and pelvis, with contrast material(s), including noncontrast images, if performed, and image postprocessing	74174
Computed tomographic angiography, abdomen, with contrast material(s), including noncontrast images, if performed, and image postprocessing	74175
CTA Abdominal Aorta with Bilateral Iliofemoral Runoff	75635
Nuclear Medicine	
PET Imaging; limited area (this code not used in pediatrics)	78811
PET Imaging: skull base to mid-thigh (this code not used in pediatrics)	78812
PET Imaging: whole body (this code not used in pediatrics)	78813
PET with concurrently acquired CT; limited area (this code rarely used in pediatrics)	78814
PET with concurrently acquired CT; skull base to mid-thigh	78815
PET with concurrently acquired CT; whole body	78816
Ultrasound	
Ultrasound, abdominal, real time with image documentation; complete	76700

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Description	CPT®
Duplex scan of extracranial arteries; complete bilateral study	93880
Duplex scan of extracranial arteries; unilateral or limited study	93882
Non-invasive physiologic studies of extracranial arteries, complete bilateral study	93875
Limited bilateral noninvasive physiologic studies of upper or lower extremity arteries	93922
Complete bilateral noninvasive physiologic studies of upper or lower extremity arteries	93923
Duplex scan of upper extremity arteries or arterial bypass grafts; complete bilateral	93930
Duplex scan of upper extremity arteries or arterial bypass grafts; unilateral or limited	93931
Non-invasive physiologic studies of extremity veins, complete bilateral study	93965
Duplex scan of extremity veins including responses to compression and other maneuvers; complete bilateral study	93970
Duplex scan of extremity veins including responses to compression and other maneuvers; unilateral or limited study	93971
Duplex scan of hemodialysis access (including arterial inflow, body of access, and venous outflow)	93990

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

General Guidelines (PEDPVD-1.0)

PVDP.GG.0001.0.A
v1.0.2025

General Guidelines

- A pertinent clinical evaluation since the onset or change in symptoms including a detailed history, physical examination, appropriate laboratory studies and basic imaging such as plain radiography or ultrasound should be performed prior to considering advanced imaging (CT, MR, Nuclear Medicine), unless the individual is undergoing guideline-supported scheduled imaging evaluation. A meaningful technological contact (telehealth visit, telephone call, electronic mail or messaging) can serve as a pertinent clinical evaluation.
- Unless otherwise stated in a specific guideline section, the use of advanced imaging to screen asymptomatic individuals for disorders involving the peripheral vascular system is not supported. Advanced imaging of the peripheral vascular system should only be approved in individuals who have documented active clinical signs or symptoms of disease involving the peripheral vascular system.
- Unless otherwise stated in a specific guideline section, repeat imaging studies of the peripheral vascular system are not necessary unless there is evidence for progression of disease, new onset of disease, and/or documentation of how repeat imaging will affect the individual's management or treatment decisions.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Age Considerations (PEDPVD-1.1)

PVDP.GG.0001.1.A
v1.0.2025

Age Considerations

Many conditions affecting the peripheral vascular system in the pediatric population are different diagnoses than those occurring in the adult population. For those diseases which occur in both pediatric and adult populations, differences may exist in management due to the individual's age, comorbidities, and differences in disease natural history between children and adults.

- Individuals who are 18 years old and younger should be imaged according to the Pediatric Peripheral Vascular Disease imaging guidelines if discussed. Any conditions not specifically discussed in the pediatric peripheral vascular disease imaging guidelines should be imaged according to the general peripheral vascular disease imaging guidelines. Individuals who are >18 years old should be imaged according to the general Peripheral Vascular Disease imaging guidelines, except where directed otherwise by a specific guideline section.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Modality General Considerations (PEDPVD-1.3)

PVDP.GG.0001.3.A
v1.0.2025

- MRI
  - MRI is generally performed without and with contrast unless the individual has a documented contraindication to gadolinium or otherwise stated in a specific guideline section.
  - Due to the length of time required for MRI acquisition and the need to minimize the individual's movement, anesthesia is usually required for almost all infants (except neonates) and young children (age <7 years), as well as older children with delays in development or maturity. This anesthesia may be administered via oral or intravenous routes. In this population, MRI sessions should be planned with a goal of minimizing anesthesia exposure adhering to the following considerations:
    - MRI procedures can be performed without and/or with contrast use as supported by these condition-based guidelines. If intravenous access will already be present for anesthesia administration and there is no contraindication for using contrast, imaging without and with contrast may be indicated if requested. By doing so, the requesting provider may avoid repetitive anesthesia administration to perform an MRI with contrast if the initial study without contrast is inconclusive.
      - Recent evidence-based literature demonstrates the potential for gadolinium deposition in various organs including the brain after the use of MRI contrast.
      - The U.S. Food and Drug Administration (FDA) has noted that there is currently no evidence to suggest that gadolinium retention in the brain is harmful and restricting gadolinium-based contrast agents (GBCAs) use is not warranted at this time. It has been recommended that GBCA use should be limited to circumstances in which additional information provided by the contrast agent is necessary and the necessity of repetitive MRIs with GBCAs should be assessed.
    - If multiple body areas are supported for the clinical condition being evaluated, MRI of all necessary body areas should be obtained concurrently in the same anesthesia session.
  - The presence of surgical hardware or implanted devices may preclude MRI.
  - The selection of best examination may require coordination between the provider and the imaging service.
- CT

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

  - CT or CTA may be indicated for further evaluation of abnormalities suggested on prior US or MRI Procedures.
  - CT may be indicated without prior MR or US, especially in the following (non-exhaustive list of) settings:
    - Lymphatic malformations
    - Vascular abnormalities including vasculitis, thrombosis, narrowing, aneurysm, dissection, and varices.
    - For pre-operative planning or assessment of post-operative complications.
  - In some cases, especially in follow-up of a known finding, it may be appropriate to limit the exam to the region of concern to reduce radiation exposure.
  - CT should not be used to replace MRI in an attempt to avoid sedation unless listed as a recommended study in a specific guideline section.
  - The selection of best examination may require coordination between the provider and the imaging service.
- Ultrasound
  - Ultrasound can be helpful in evaluating arterial, venous, and lymphatic malformations.
  - Ultrasound can be limited by the imaging window and the individual's body type.
  - CPT® codes vary by body area and presence or absence of Doppler imaging and are included in the table at the beginning of this guideline.
- 3D Rendering
  - 3D Rendering indications in pediatric imaging are identical to those in the general imaging guidelines. See **3D Rendering (Preface-4.1)** in the Preface Imaging Guidelines
- Nuclear Medicine
  - Nuclear medicine studies are rarely used in the evaluation of peripheral vascular disorders but are indicated in the following circumstances:
    - Lymphoscintigraphy (CPT® 78195) is indicated for evaluation of lower extremity lymphedema when a recent Doppler ultrasound is negative for valvular insufficiency.
    - Vascular flow imaging (CPT® 78445) is an obsolete study that has been replaced by MRA, CTA, or Duplex ultrasonography, and is not supported for any indication at this time.
    - Venous thrombosis imaging (CPT® 78456, CPT® 78457, and CPT® 78458) are obsolete studies that have been replaced by MRA, CTA, or Duplex ultrasonography, and are not supported for any indication at this time.
    - Radiopharmaceutical nuclear medicine studies (CPT® 78800, CPT® 78801, CPT® 78802 or CPT® 78803) can be approved for evaluation of the following:
      - Mycotic aneurysms
      - Vascular graft infection

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

  - Infection of central venous catheter or other indwelling device
- The guidelines listed in this section for certain specific indications are not intended to be all-inclusive; clinical judgment remains paramount and variance from these guidelines may be indicated and warranted for specific clinical situations.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (PEDPVD-1)

v1.0.2025

1. Muratore F, Pipitone N, Salvarani C, Schmidt WA. Imaging of vasculitis: State of the art. *Best Practice & Research Clinical Rheumatology*. 2016;30(4):688-706. doi:10.1016/j.berh.2016.09.010.
2. American College of Radiology. Practice parameter for performing and interpreting magnetic resonance imaging (MRI): Amended 2022 (Resolution 8). ACR.org. Published October 1, 2018. https://www.acr.org/-/media/ACR/Files/Practice-Parameters/mr-perf-interpret.pdf?la=en.
3. Faerber EN, Abramson SJ, Benator RM, et. al. Practice Parameters by Modality: ACR–ASER–SCBT-MR–SPR Practice parameter for the performance of pediatric computed tomography (CT). American College of Radiology | American College of Radiology. Published 2022 (Resolution 9).
4. Ing C, Dimaggio C, Whitehouse A, et al. Long-term Differences in Language and Cognitive Function After Childhood Exposure to Anesthesia. *Pediatrics*. 2012;130(3):e476-e485. doi:10.1542/peds.2011-3822.
5. Monteleone M, Khandji A, Cappell J, Lai WW, Biagas K, Schleien C. Anesthesia in Children. *Journal of Neurosurgical Anesthesiology*. 2014;26(4):396-398. doi:10.1097/ana.0000000000000124.
6. Dimaggio C, Sun LS, Li G. Early Childhood Exposure to Anesthesia and Risk of Developmental and Behavioral Disorders in a Sibling Birth Cohort. *Anesthesia & Analgesia*. 2011;113(5):1143-1151. doi:10.1213/ane.0b013e3182147f42.
7. Macdonald A, Burrell S. Infrequently Performed Studies in Nuclear Medicine: Part 2. *Journal of Nuclear Medicine Technology*. 2009;37(1):1-13. doi:10.2967/jnmt.108.057851.
8. Mcneill GC, Witte MH, Witte CL, et al. Whole-body lymphangioscintigraphy: preferred method for initial assessment of the peripheral lymphatic system. *Radiology*. 1989;172(2):495-502. doi:10.1148/radiology.172.2.2748831.
9. Palestro CJ, Brown ML, Forstrom LA, et. al. SNMMI Procedure Standard for 111In-Leukocyte Scintigraphy for Suspected Infection/Inflammation 3.0. SNMMI. http://www.snmmi.org/ClinicalPractice/content.aspx?ItemNumber=6414. Published June 2, 2004.
10. De Vries EFJ, Roca M, Jamar F, Israel O, Signore A. Guidelines for the labelling of leucocytes with 99mTc-HMPAO. *European Journal of Nuclear Medicine and Molecular Imaging*. 2010;37(4):842-848. doi:10.1007/s00259-010-1394-4.
11. Fraum TJ, Ludwig DR, Bashir MR, Fowler KJ. Gadolinium-based contrast agents: A comprehensive risk assessment. *Journal of Magnetic Resonance Imaging*. 2017;46(2):338-353. doi:10.1002/jmri.25625.
12. Center for Drug Evaluation and Research. Medical Imaging Drugs Advisory Committee. U.S. Food and Drug Administration. Published September 8, 2017. https://www.fda.gov/advisory-committees/human-drug-advisory-committees/medical-imaging-drugs-advisory-committee.
13. Center for Drug Evaluation and Research. New warnings for gadolinium-based contrast agents (GBCAs) for MRI. U.S. Food and Drug Administration. Published May 16, 2018. https://www.fda.gov/drugs/drug-safety-and-availability/fda-drug-safety-communication-fda-warns-gadolinium-based-contrast-agents-gbcas-are-retained-body.
14. Implementation Guide: Medicaid State Plan Eligibility Eligibility Groups Mandatory Coverage Infants and Children under Age 19 at https://www.hhs.gov/guidance/document/implementation-guide-medicaid-state-plan-eligibility-eligibility-groups-aeu-mandatory-2.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Vascular Anomalies (PEDPVD-2)

Guideline

General Information (PEDPVD-2.1)
Lymphatic Malformations (PEDPVD-2.2)
Venous Malformations (PEDPVD-2.3)
Capillary Malformations (PEDPVD-2.4)
Arteriovenous Malformations (AVMs) and Fistulas (PEDPVD-2.5)
Vascular Tumors (PEDPVD-2.6)
References (PEDPVD-2)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

General Information (PEDPVD-2.1)

PVDP.AN.0002.1.A
v1.0.2025

General Information

- Individuals with aggressive lesions being treated with systemic therapy can have imaging (see specific sections for details regarding modality and contrast level) approved for treatment response every 3 months during active treatment.
- Annual surveillance imaging of known vascular or lymphatic malformations can be approved for body areas where growth could cause significant organ dysfunction or functional impairment.

Background and Supporting Information

Vascular and lymphatic malformations encompass a broad variety of conditions and have very heterogeneous natural history and treatment approaches. Lesions can be divided into low flow lesions (lymphatic, capillary and venous malformations), and high-flow lesions (arteriovenous malformations and fistulas).

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Lymphatic Malformations (PEDPVD-2.2)

PVDP.AN.0002.2.A
v1.0.2025

Lymphatic Malformations

- Ultrasound is indicated as an initial examination for superficial lesions.
  - Large lesion characterization may be limited by ultrasound imaging window.
  - Ultrasound is also limited in evaluating malformation relationship to airway or bony structures.
- MRI without contrast or without and with contrast of the affected body part is indicated for:
  - Lymphatic malformations involving deep tissues
  - Malformations too large to be completely imaged with ultrasound
  - Inconclusive ultrasound findings
  - Preoperative planning
  - Post treatment evaluation
- CT is of limited value in evaluating lymphatic malformations
  - CT with contrast of the affected body part is indicated for lesions with acute enlargement and concerns for compression when MRI is contraindicated.

Background and Supporting Information

Lymphatic malformations are composed of dilated lymphatic channels filled with proteinaceous fluid and do not connect to normal lymphatic channels. They are typically soft, non-pulsatile masses with normal overlying skin.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Venous Malformations (PEDPVD-2.3)

PVDP.AN.0002.3.A
v1.0.2025

Indications

- Ultrasound with Doppler is indicated as an initial examination for superficial lesions.
  - Large lesion characterization may be limited by ultrasound imaging window.
  - Ultrasound is also limited in evaluating malformation relationship to airway or bony structures.
- MRI without contrast or without and with contrast of the affected body part is indicated for venous malformations for preoperative assessment to evaluate the extent of malformation and their relationship to normal structures.
- MRA or CTA has a limited role in evaluating most venous malformations but may be indicated (contrast as requested of the affected body part) if MRI or CT is equivocal and the results will impact acute management decisions.
- CT can also be used to characterize venous malformations and their relationship to normal structures but is generally not as accurate as MRI.
  - CT with contrast of the affected body part is indicated when MRI is inconclusive or contraindicated
  - Both Klippel-Trénaunay syndrome and CLOVES syndrome have been found to have increased risk of venous thrombosis and pulmonary embolism, particularly after surgery or sclerotherapy. When pulmonary embolism is suspected in such individuals, CT Chest with contrast with PE protocol (CPT® 71260) or CTA Chest (CPT® 71275) is indicated.

Background and Supporting Information

Venous malformations are slow-flow lesions characterized by dilated venous spaces and a normal arterial component. They are soft, compressible, non-pulsatile lesions that are usually blue to deep purple in color. Lesions can range from very small to large infiltrating ones. Some may change size with Valsalva.

Venous malformations are usually isolated, but they may be seen in multiple syndromes including Klippel-Trenaunay (KT) syndrome, Blue Rubber Bleb Nevus syndrome (BRBN), Maffucci syndrome, Proteus syndrome, Bannayan-Riley-Ruvalcaba syndrome, Parkes-Weber syndrome and congenital lipomatous overgrowth, vascular malformations, epidermal nevi and scoliosis/skeletal/spinal anomalies (CLOVES) syndrome.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Capillary Malformations (PEDPVD-2.4)

PVDP.AN.0002.4.A
v1.0.2025

Indications

- MRI (without contrast or without and with contrast) is indicated to evaluate occult underlying neurologic structures associated with encephalocele, spinal dysraphism, or Sturge-Weber syndrome.

Background and Supporting Information

Capillary malformations also known as port wine stains are characterized by a collection of small vascular channels in the dermis and generally do not require advanced imaging because the diagnosis is made clinically.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Arteriovenous Malformations (AVMs) and Fistulas (PEDPVD-2.5)

PVDP.AN.0002.5.A
v1.0.2025

Indications

- Ultrasound with Doppler is indicated as an initial examination for superficial lesions
  - Large lesion characterization may be limited by ultrasound imaging window.
  - Ultrasound is also limited in evaluating AVM relationship to airway or bony structures.
- MRI without contrast or without and with contrast of the affected body part is also indicated for evaluation of AVMs, and is useful in evaluating the extent of AVMs and their relationship to normal structures.
- MRA (contrast as requested) of the affected body part is indicated for evaluation and surveillance of known AVMs.
- It is unusual for both MRI and MRA to be necessary for routine treatment response or surveillance imaging of AVMs, but both may be indicated for preoperative planning.
- CT and CTA can also be used to characterize AVMs and their relationship to normal structures but is generally not better than MRI and has associated radiation risks.
  - CT with contrast and/or CTA (contrast as requested) of the affected body part is indicated when MRI and/or MRA is inconclusive or contraindicated.

Background and Supporting Information

Arteriovenous malformations are characterized by a network of multiple abnormal vascular channels interposed between enlarged feeding arteries and draining veins. The arteriovenous fistula has a single communication interposed between a feeding artery and a draining vein. The normal capillary bed is absent in both lesions. Both lesions may have an aggressive clinical course and are characterized by a reddish pulsatile mass which has a thrill or bruit. Though often recognized at birth, these lesions may grow and present near adolescence.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Vascular Tumors (PEDPVD-2.6)

PVDP.AN.0002.6.A
v1.0.2025

Indications

- Ultrasound with Doppler is indicated as an initial examination for vascular tumors.
  - Large lesion characterization may be limited by ultrasound imaging window.
  - Ultrasound is also limited in evaluating malformation relationship to airway or bony structures.
- MRI without contrast or without and with contrast of the affected body part is also indicated for evaluation of vascular tumors, and is useful in evaluating the extent of arteriovenous malformations and their relationship to normal structures, as well as response to therapy.
- MRA (contrast as requested) of the affected body part is indicated for evaluation and surveillance of known vascular tumors.
- It is unusual for both MRI and MRA to be necessary for routine treatment response or surveillance imaging of vascular tumors, but both may be indicated for preoperative planning.
- CT and CTA can also be used to characterize vascular tumors and their relationship to normal structures but is generally not better than MRI and has associated radiation risks.
  - CT with contrast and/or CTA (contrast as requested) of the affected body part is indicated when MRI and/or MRA is inconclusive or contraindicated.

Background and Supporting Information

Vascular tumors include a variety of benign, borderline, and malignant tumors, which have variable clinical courses, including but not limited to Infantile Hemangiomas see **Infantile Hemangiomas (PEDPVD-5)**, Epithelioid hemangioma, Kaposiform hemangioendothelioma, Kaposi sarcoma, Epithelioid hemangioendothelioma, and Angiosarcoma of soft tissue.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (PEDPVD-2)

v1.0.2025

1. Pizzo PA, Poplack DG, Krishnamurthy R, Daldrup-Link HE, Jones JY, et. al. Imaging studies in the diagnosis and management of pediatric malignancies. In: Principles and Practice of Pediatric Oncology. Vol 7. Philadelphia: Wolters Kluwer; 2016:185-234.
2. Martin KL. Vascular disorders. *Nelson Textbook of Pediatrics*, Chapter 669. eds Kliegman R, St. Geme JW III, Blum NJ, et al. 21st ed. Philadelphia, PA: Elsevier; 2020:3461-3469.
3. Blei F, Guarini A. Current workup and therapy of infantile hemangiomas. *Clinics in Dermatology*. 2014;32(4):459-470. doi:10.1016/j.clindermatol.2014.02.001.
4. Bagrodia N, Defnet AM, Kandel JJ. Management of lymphatic malformations in children. *Current Opinion in Pediatrics*. 2015;27(3):356-363. doi:10.1097/mop.0000000000000209.
5. Wassef M, Blei F, Adams D, et al. Vascular Anomalies Classification: Recommendations From the International Society for the Study of Vascular Anomalies. *Pediatrics*. 2015;136(1):e203-e214. doi:10.1542/peds.2014-3673.
6. Kutz AM, Aranibar L, Lobos N, Wortsman X. Color Doppler Ultrasound Follow-Up of Infantile Hemangiomas and Peripheral Vascularity in Patients Treated with Propranolol. *Pediatric Dermatology*. 2015;32(4):468-475. doi:10.1111/pde.12596.
7. Adams DM, Trenor CC, Hammill AM, et al. Efficacy and Safety of Sirolimus in the Treatment of Complicated Vascular Anomalies. *Pediatrics*. 2016;137(2). doi:10.1542/peds.2015-3257.
8. Snyder E, Puttgen K, Mitchell S, Ahlawat S, Tekes A. Magnetic Resonance Imaging of the Soft Tissue Vascular Anomalies in Torso and Extremities in Children: An Update With 2014 International Society for the Study of Vascular Anomalies Classification. *Journal of Computer Assisted Tomography*. 2017;42(2):167-177. doi:10.1097/rct.0000000000000675.
9. Merrow AC, Gupta A, Patel MN, Adams DM. 2014 Revised Classification of Vascular Lesions from the International Society for the Study of Vascular Anomalies: Radiologic-Pathologic Update. *RadioGraphics*. 2016;36(5):1494-1516. doi:10.1148/rg.2016150197.
10. Johnson CM, Navarro OM. Clinical and sonographic features of pediatric soft-tissue vascular anomalies part 1: classification, sonographic approach and vascular tumors. *Pediatric Radiology*. 2017;47(9):1184-1195. doi:10.1007/s00247-017-3885-y.
11. Johnson CM, Navarro OM. Clinical and sonographic features of pediatric soft-tissue vascular anomalies part 2: vascular malformations. *Pediatric Radiology*. 2017;47(9):1196-1208. doi:10.1007/s00247-017-3906-x.
12. Sadick M, Müller-Wille R, Wildgruber M, Wohlgemuth W. Vascular Anomalies (Part I): Classification and Diagnostics of Vascular Anomalies. RöFo - Fortschritte auf dem Gebiet der Röntgenstrahlen und der bildgebenden Verfahren. 2018;190(09):825-835. doi:10.1055/a-0620-8925.
13. Olivieri B, White CL, Restrepo R, et. al. Low-Flow Vascular Malformation Pitfalls: From Clinical Examination to Practical Imaging Evaluation—Part 2, Venous Malformation Mimickers. *AJR Am J Roentgenol*. 2016;206(5):952-962. doi:10.2214/ajr.15.15794.
14. White CL, Olivieri B, Restrepo R, et.al. Low-Flow Vascular Malformation Pitfalls: From Clinical Examination to Practical Imaging Evaluation—Part 1, Lymphatic Malformation Mimickers. *AJR Am J Roentgenol*. 2016;206(5):940-951. doi:10.2214/ajr.15.15793.
15. Kulungowski AM, Patel M. Lymphatic malformations.*Semin Pediatr Surg*. 2020;29(5):150971. doi:10.1016/j.sempedsurg.2020.150971.
16. Lee E, Biko DM, Sherk W, Masch WR, Ladino-Torres M, Agarwal PP. Understanding Lymphatic Anatomy and Abnormalities at Imaging. *Radiographics*. 2022;42(2):487-505. doi:10.1148/rg.210104
17. Snyder EJ, Sarma A, Borst AJ, Tekes A. Lymphatic Anomalies in Children: Update on Imaging Diagnosis, Genetics, and Treatment. *AJR Am J Roentgenol*. 2022;218(6):1089-1101. doi:10.2214/AJR.21.27200.
18. Wang MX, Kamel S, Elsayes KM, et al. Vascular Anomaly Syndromes in the ISSVA Classification System: Imaging Findings and Role of Interventional Radiology in Management. *Radiographics*. 2022;42(6):1598-1620. doi:10.1148/rg.210234.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Vasculitis (PEDPVD-3)

Guideline

General Information (PEDPVD-3.1)
Large Vessel Vasculitis (PEDPVD-3.2)
Medium Vessel Vasculitis (PEDPVD-3.3)
Small Vessel Vasculitis (PEDPVD-3.4)
References (PEDPVD-3)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

General Information (PEDPVD-3.1)

PVDP.VI.0003.1.A
v1.0.2025

General Information

- PET/CT is **not** medically necessary for management of pediatric vasculitis at this time.
  - There are limited data suggesting PET may have similar accuracy to MRA in the initial diagnosis of Takayasu arteritis but is not helpful in assessing treatment response and has not been shown to improve individual outcomes to date.

Background and Supporting Information

Systemic vasculitis is much less common in children than in adults, although the diagnostic pathways and treatment options are similar.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Large Vessel Vasculitis (PEDPVD-3.2)

PVDP.VI.0003.2.A
v1.0.2025

Indications

- ANY of the following modalities may be indicated for evaluation of Takayasu arteritis:
  - MRA of the affected body area(s) (contrast as requested)
  - CTA of the affected body area(s) (contrast as requested)
  - Ultrasound with Doppler of the affected body area(s)
- Imaging is indicated at the following intervals:
  - Every 3 months for treatment response during active treatment in individuals being treated with systemic therapy.
    - See specific sections for details regarding modality and contrast level.
  - Annually for surveillance of known involved body areas to detect progressive vascular damage that may require intervention.

Background and Supporting Information

Takayasu arteritis is the predominant large vessel vasculitis occurring in children.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Medium Vessel Vasculitis (PEDPVD-3.3)

PVDP.VI.0003.3.A
v1.0.2025

Indications

- Some children who have had COVID 19 develop a severe inflammatory disease that can present in a similar way to Kawasaki disease or toxic shock syndrome. This syndrome has been defined by the US Centers for Disease Control and Prevention as multisystem inflammatory syndrome in children (MIS-C). See **Multisystem inflammatory syndrome in children (MIS-C) (PEDCD-12)** in the pediatric cardiac imaging guidelines.
- Imaging guidelines for Kawasaki Disease- see **Kawasaki Disease (PEDCD-6)** in the pediatric cardiac imaging guideline.
- For evaluation of polyarteritis nodosa:
  - ANY of the following modalities may be indicated:
    - MRA of the affected body area(s) (contrast as requested)
    - CTA of the affected body area(s) (contrast as requested)
    - Ultrasound with Doppler of the affected body area(s)
  - Imaging is indicated at the following intervals:
    - Every 3 months during active treatment with systemic therapy for treatment response.
      - For details regarding modality and contrast level see **Modality General Considerations (PEDPVD-1.3)**
    - Annually for surveillance of known involved body areas to detect progressive vascular damage that may require intervention.

Background and Supporting Information

Polyarteritis nodosa and Kawasaki Disease are the primary medium vessel vasculitides occurring in children.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Small Vessel Vasculitis (PEDPVD-3.4)

PVDP.VI.0003.4.A
v1.0.2025

Indications

- Advanced imaging is not sensitive enough to detect changes in small vessels, and is not indicated for primary assessment of any small vessel vasculitis.
- End-organ damage occurs with several of the small vessel vasculitides. Advanced imaging is indicated for the following:
  - Henoch-Schönlein Purpura (HSP) is the most common vasculitis of childhood, mainly involving small blood vessels. Ultrasound abdomen (CPT® 76700) is commonly used to evaluate possible gastrointestinal complications (including bowel wall edema and hemorrhage, and intussusception) in known or suspected HSP, and should be approved when requested for that indication.
  - Granulomatosis with polyangiitis (GPA, formerly known as Wegener's granulomatosis):
    - CT Sinuses (CPT® 70486) and/or CT Chest without contrast (CPT® 71250) or with contrast (CPT® 71260) is indicated in the following circumstances:
      - New or worsening clinical symptoms affecting the body area requested
      - To assess response to medical therapy when a change in treatment regimen is being considered
      - Annually-to evaluate the extent of disease
  - Eosinophilic granulomatosis with polyangiitis (EGPA, formerly known as Churg-Strauss Syndrome):
    - CT Chest without contrast (CPT® 71250) or with contrast (CPT® 71260) is indicated in the following circumstances:
      - New or worsening clinical symptoms affecting the body area requested
      - To assess response to medical therapy when a change in treatment regimen is being considered
      - Annually-to evaluate the extent of disease
  - Immune complex associated small-vessel vasculitis [immunoglobulin A–associated vasculitis (IgAV)]:
    - Doppler ultrasound of the affected body part (most commonly abdomen) is indicated in the following circumstances:
      - New or worsening clinical symptoms affecting the body area requested
      - To assess response to medical therapy when a change in treatment regimen is being considered

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

- Annually-to evaluate the extent of disease

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (PEDPVD-3)

v1.0.2025

1. Muratore F, Pipitone N, Salvarani C, Schmidt WA. Imaging of vasculitis: State of the art. *Best Practice Research Clinical Rheumatology*. 2016;30(4):688-706. doi:10.1016/j.berh.2016.09.010.
2. Lensen KDF, Comans EFI, Voskuyl AE, et al. Large-Vessel Vasculitis: Interobserver Agreement and Diagnostic Accuracy of18F-FDG-PET/CT. *BioMed Research International*. 2015;2015:1-8. doi:10.1155/2015/914692. .
3. Soussan M, Nicolas P, Schramm C, et al. Management of Large-Vessel Vasculitis With FDG-PET. *Medicine*. 2015;94(14). doi:10.1097/md.0000000000000622.
4. Besson FL, Parienti J-J, Bienvenu B, et al. Diagnostic performance of 18F-fluorodeoxyglucose positron emission tomography in giant cell arteritis: a systematic review and meta-analysis. *European Journal of Nuclear Medicine and Molecular Imaging*. 2011;38(9):1764-1772. doi:10.1007/s00259-011-1830-0.
5. Sivaraman V, Fels EC, and Ardoin SP. Vasculitis syndromes. *Nelson Textbook of Pediatrics*, Chapter 192. eds Kliegman RM, St. Geme JW III, Blum NJ, et al. 21st ed. Philadelphia, PA: Elsevier; 2020:1317-1327.
6. Soliman M, Laxer R, Manson D, et. al. Imaging of systemic vasculitis in childhood. *Pediatric Radiology*. 2015;45(8):1110-1125. doi:10.1007/s00247-015-3339-3.
7. 7. Zucker EJ, Chan FP. Pediatric cardiothoracic vasculitis: multimodality imaging review. *Pediatr Radiol*. 2022 Sep;52(10):1895-1909. doi: 10.1007/s00247-022-05431-6. Epub 2022 Jul 6. PMID: 35790558; PMCID: PMC925653.
8. Aeschlimann FA, Raimondi F, Leiner T, et al. Overview of Imaging in Adult- and Childhood-onset Takayasu Arteritis. *J Rheumatol*. 2022 Apr;49(4):346-357. doi: 10.3899/jrheum.210368.
9. Granata C, Damasio MB, Zaottini F, et al. Imaging of Childhood Vasculitis. *Radiologic Clinics of North America*. 2017;55(5):1131-1143. doi:10.1016/j.rcl.2017.05.001.
10. Broncano J, Vargas D, Bhalla S, Cummings KW, Raptis CA, Luna A. CT and MR Imaging of Cardiothoracic Vasculitis. RadioGraphics. 2018;38(4):997-1021. doi:10.1148/rg.2018170136.
11. Jennette JC, Falk RJ, Bacon PA, et al. 2012 Revised International Chapel Hill Consensus Conference Nomenclature of Vasculitides. *Arthritis & Rheumatism*. 2012;65(1):1-11. doi:10.1002/art.37715.
12. Ozen S, Pistorio A, Iusan SM, et al. EULAR/PRINTO/PRES criteria for Henoch-Schonlein purpura, childhood polyarteritis nodosa, childhood Wegener granulomatosis and childhood Takayasu arteritis: Ankara 2008. Part II: Final classification criteria. *Annals of the Rheumatic Diseases*. 2010;69(5):798-806. doi:10.1136/ard.2009.116657.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Disorders of the Aorta and Visceral Arteries (PEDPVD-4)

Guideline

Thoracic Aortic Disease (PEDPVD-4.1)
Aortic Congenital Vascular Malformations (PEDPVD-4.2)
Visceral Artery Aneurysms (PEDPVD-4.3)
References (PEDPVD-4)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Thoracic Aortic Disease (PEDPVD-4.1)

PVDP.AD.0004.1.A
v1.0.2025

Indications

Familial Aortopathies

- For Aortopathies such as the following:
  - Marfan
  - Ehlers-Danlos (EDS**)**- a genetic mutation known to predispose to aortic aneurysms/ dissections (TGFBR1, TGFBR2, FBN1, ACTA2, or MYH11)
  - Loeys-Dietz
  - Familial thoracic aneurysm and dissections
- Screening: for Family history with first-degree relative of aortopathy
  - Asymptomatic Individuals with no signs or symptoms of disease, whose first-degree relative has no definitive gene defect, can have screening.
    - Echo (TTE) annually.
- Initial workup: Individuals with suspected aortopathies (gene positive, physical exam positive, or other findings) or definite disease associated with aortopathy
  - Echocardiogram (TTE) at the time of evaluation.
  - If the consideration is for Loeys-Dietz any of the following may be indicated in addition to the TTE at the time of work up:
    - MRA or CTA Head
    - MRA or CTA Neck
    - MRA or CTA Chest
    - MRA or CTA Abdomen and Pelvis
    - MRA or CTA of area of concern when there is an incidental finding on other imaging
- Surveillance: Suspected or known disease but **normal** aortic imaging:
  - Individuals with suspected genetic aortopathies but no disease can have an echocardiogram to assess for change:
    - At 6 months
    - Then annually
  - Individuals with Loeys-Dietz can be imaged with any of the following:
    - Echocardiogram
    - MRA or CTA of (any or all):
      - Head

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

        - Neck
        - Chest
        - Abdomen
        - Pelvis
    - Individuals with Loyes-Dietz can be imaged with the above at the following intervals:
        - At 6 months
        - Then annually
- Surveillance: Suspected disease and **previous abnormal** imaging
    - Individuals with abnormal thoracic imaging can be imaged with (both):
        - Echocardiogram
        - CTA or MRA of (any):
            - Chest
            - Abdomen
            - Pelvis
            - Head (Loyes-Dietz)
            - Neck (Loyes-Dietz)
    - The above imaging is indicated as follows:
        - At the time of diagnosis
        - In 6 months after diagnosis (if older than 2 years)
        - Then as follows based on the individual's age:
            - Individual's age 0 to 2 years:
                - Every 3 months
            - Individual's age 3 to 12 years:
                - Every 6 months
            - Individual's age 13 years and older:
                - Every 12 months (if <4.5 or < 0.5 cm growth per year)
                - Every 6 months if ≥4.5 or ≥0.5 cm growth per year, or any Loyes-Dietz patient)
    - If the diameter z score is increased, then a repeat study can be done prior to the next allowed study, to assess for rate of change
- If there are symptoms of dissection any or all of the following are indicated:
    - Echo
    - CTA or MRA of (any or all):
        - Chest
        - Abdomen
        - Pelvis
- For pediatric individual with dissection, imaging per vascular surgery and cardiology or any provider in consultation with vascular surgery at **any** interval.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

- Miscellaneous syndromes with potential aortopathy as major feature of congenital heart disease
  - Individuals with Turner syndrome see section **Aortic disease in Turner Syndrome (CD-11.2.10)** in the Cardiac Imaging Guideline
  - Williams syndrome See section **LVOT lesions (PEDCD-2.4.10)** in the Pediatric Cardiology Imaging Guideline
  - Individuals with congenital heart disease would be managed based on **Imaging and Surveillance per Congenital lesion (PEDCD-2.4)** in the Pediatric Cardiology Imaging Guideline
- Miscellaneous disorders that can affect aorta, Osteogenesis imperfecta, Homocystinuria, polycystic kidney disease, Pseudo xanthoma elasticum, Hurler syndrome.
  - Screening echocardiogram yearly.
  - If positive findings, follow protocol for aortic root dilatation.
- Follow-up of thoracic aortic abnormalities for other conditions please see discussions indicated elsewhere in the guidelines:
  - Coarctation of the Aorta- See **Aortic Coarctation and IAA (interrupted aortic arch) (PEDCD-2.4.11)** in the Pediatric Cardiac Imaging Guidelines
  - Congenital rubella syndrome- See **Imaging and Surveillance per Congenital lesion (PEDCD-2.4)** in the Pediatric Cardiac Imaging Guidelines
  - Kawasaki Syndrome- See**Kawasaki Disease (PEDCD-6)**
  - Neurofibromatosis- See **General Guidelines (PEDCD-1.0)** in the Pediatric Cardiac Imaging Guidelines

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Aortic Congenital Vascular Malformations (PEDPVD-4.2)

PVDP.PC.0004.2.A
v1.0.2025

Indications

- Cardiac MRI without contrast (CPT® 75557) or without and with contrast (CPT® 75561), MRA Chest (CPT® 71555), CT Chest with contrast (CPT® 71260), or CTA Chest (CPT® 71275) may be indicated for evaluation.
- Vascular rings may impact both the esophagus and trachea. See **Esophagus (PEDNECK-7)** and/or **Trachea (PEDNECK-8)** in the Pediatric Neck Imaging Guidelines for additional guidelines.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Visceral Artery Aneurysms (PEDPVD-4.3)

PVDP.AD.0004.3.A
v1.0.2025

Indications

- Visceral artery imaging indications in pediatric individuals are identical to those for adult individuals. See **Aortic Disorders and Renal Vascular Disorders and Visceral Artery Aneurysms (PVD-6)** in the Peripheral Vascular Disease Imaging Guidelines.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (PEDPVD-4)

v1.0.2025

1. Byers PH, Belmont J, Black J, et al. Diagnosis, natural history, and management in vascular Ehlers-Danlos syndrome. *Am J Med Genet Part C Semin Med Genet*. 2017;175C:40-47. doi:10.1002/ajmg.c.31553.
2. Hanneman K, Newman B, Chan F. Congenital Variants and Anomalies of the Aortic Arch. *RadioGraphics*. 2017;37(1):32-51. doi:10.1148/rg.2017160033.
3. Erbel R, Aboyans V, Boileau C, et al. 2014 ESC Guidelines on the diagnosis and treatment of aortic diseases. *European Heart Journal*. 2014;35(41):2873-2926. doi:10.1093/eurheartj/ehu281.
4. Caglayan AO, Dundar M. Inherited diseases and syndromes leading to aortic aneurysms and dissections. *European Journal of Cardio-Thoracic Surgery*. 2009;35(6):931-940. doi:10.1016/j.ejcts.2009.01.006.
5. Coley BD, Chan FD. Acquired diseases of the great vessels. In: *Caffey's Pediatric Diagnostic Imaging*. Vol 1. 12th ed. Elsevier/Saunders; 2013:835.
6. Coley BD, Chan FD. Congenital diseases of the thoracic great arteries. In: *Caffey's Pediatric Diagnostic Imaging*. Vol 1. 12th ed. Elsevier/Saunders; 2013:772.
7. Collins RT. Cardiovascular Disease in Williams Syndrome. *Circulation*. 2013;127(21):2125-2134. doi:10.1161/circulationaha.112.000064.
8. D'hondt S, Damme TV, Malfait F. Vascular phenotypes in nonvascular subtypes of the Ehlers-Danlos syndrome: a systematic review. *Genetics in Medicine*. 2017;20(6):562-573. doi:10.1038/gim.2017.138.
9. Hiratzka LF, Creager MA, Isselbacher EM, et al. Surgery for Aortic Dilatation in Patients with Bicuspid Aortic Valves. *Journal of the American College of Cardiology*. 2016;67(6):724-731. doi:10.1016/j.jacc.2015.11.006.
10. Knadler JJ, Lemaire S, Mckenzie ED, et.al. Thoracic Aortic, Aortic Valve, and Mitral Valve Surgery in Pediatric and Young Adult Patients with Marfan Syndrome: Characteristics and Outcomes. *Seminars in Thoracic and Cardiovascular Surgery*. 2019;31(4):818-825. doi:10.1053/j.semtcvs.2019.06.005.
11. Landis BJ, Ware SM, James J, Shikany AR, Martin LJ, Hinton RB. Clinical Stratification of Pediatric Patients with Idiopathic Thoracic Aortic Aneurysm. *J Pediatr*. 2015;167(1):131-137. doi:10.1016/j.jpeds.2015.02.042.
12. Loughborough WW, Minhas KS, Rodrigues JCL, et al. Cardiovascular Manifestations and Complications of Loeys-Dietz Syndrome: CT and MR Imaging Findings. RadioGraphics. 2018;38(1):275-286. doi:10.1148/rg.2018170120.
13. Huang Y, Qu G. Faculty of 1000 evaluation for 2010 ACCF/AHA/AATS/ACR/ASA/SCA/SCAI/SIR/STS/SVM Guidelines for the diagnosis and management of patients with thoracic aortic disease. A Report of the American College of Cardiology Foundation/American Heart Association Task Force on Practice Guidelines, American Association for Thoracic Surgery, American College of Radiology, American Stroke Association, Society of Cardiovascular Anesthesiologists, Society for Cardiovascular Angiography and Interventions, Society of Interventional Radiology Society of Thoracic Surgeons, and Society for Vascular Medicine.F1000 - Post-publication peer review of the biomedical literature. 2010. doi:10.3410/f.4998963.4932064.
14. MacCarrick G, Black JH 3rd, Bowdin S, et al. Loeys-Dietz syndrome: a primer for diagnosis and management. Genet Med. 2014;16(8):576–587. doi:10.1038/gim.2014.11.
15. Maron BJ, Zipes DP, Kovacs RJ. Eligibility and Disqualification Recommendations for Competitive Athletes With Cardiovascular Abnormalities: Preamble, Principles, and General Considerations. *Journal of the American College of Cardiology*. 2015;66(21):2343-2349. doi:10.1016/j.jacc.2015.09.032.
16. Meester JAN, Verstraeten A, Schepers D, et. al. Differences in manifestations of Marfan syndrome, Ehlers-Danlos syndrome, and Loeys-Dietz syndrome. *Annals of Cardiothoracic Surgery*. 2017;6(6):582-594. doi:10.21037/acs.2017.11.03.
17. Loeys BL, Dietz HC. Loeys-Dietz Syndrome. GeneReviews® [Internet]. https://www.ncbi.nlm.nih.gov/books/NBK1133/. Published March 1, 2018.
18. Oner T, Akgun G, Ergin SO, Karadag H, Yucel IK, Celebi A. Risk Factors Associated with Ascending Aortic Aneurysms and Aortic Elasticity Parameters in Children with a Bicuspid Aortic Valve. *Pediatric Cardiology*. 2019;40(5):980-986. doi:10.1007/s00246-019-02102-6.
19. Pierpont MEM, Lacro RV. Children with Thoracic Aortic Aneurysm: Challenges in Diagnosis and Therapy. *The Journal of Pediatrics*. 2015;167(1):14-16. doi:10.1016/j.jpeds.2015.03.056.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

20. Sulli A, Talarico R, Scirè CA, et al. Ehlers-Danlos syndromes: state of the art on clinical practice guidelines. *RMD Open*. 2018;4(Suppl 1). doi:10.1136/rmdopen-2018-000790.
21. Williams JA, Loeys BL, Nwakanma LU, et al. Early Surgical Experience With Loeys-Dietz: A New Syndrome of Aggressive Thoracic Aortic Aneurysm Disease. *The Annals of Thoracic Surgery*. 2007;83(2):s757-63. doi:10.1016/j.athoracsur.2006.10.091.
22. Zanotti G, Vricella L, Cameron D. Thoracic Aortic Aneurysm Syndrome in Children. *Seminars in Thoracic and Cardiovascular Surgery: Pediatric Cardiac Surgery Annual*. 2008;11(1):11-21. doi:10.1053/j.pcsu.2008.01.005.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Infantile Hemangiomas (PEDPVD-5)

Guideline

Infantile Hemangiomas – General Considerations (PEDPVD-5.1)
Multiple Infantile Hemangiomas (PEDPVD-5.2)
PHACE(S) Syndrome (PEDPVD-5.3)
LUMBAR Syndrome (PEDPVD-5.4)
References (PEDPVD-5)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Infantile Hemangiomas – General Considerations (PEDPVD-5.1)

PVDP.IH.0005.1.A
v1.0.2025

General Considerations

Most infantile hemangiomas do not require any imaging. Ultrasound with Doppler can be used when the diagnosis is uncertain, or with high risk clinical considerations. Other general imaging considerations for other vascular neoplasms regarding MRI, MRA, CT, and CTA also apply to infantile hemangiomas. See **Vascular Tumors (PEDPVD-2.6)**.

- Multiple (5 or more) infantile hemangiomas can be associated with hepatic hemangiomas with risk potential for high-output cardiac failure and other risks see **Multiple Infantile Hemangiomas (PEDPVD 5.2)**.
- High-output cardiac failure can also be caused rarely by large cutaneous infantile hemangiomas. Affected infants may present with “failure-to-thrive”, a hyperdynamic precordium, tachycardia, bounding pulses with a widened pulse pressure, and a palpable thrill and/or audible bruit over the hemangioma. This is an indication for cardiac evaluation, including echocardiography (CPT® 93303 ordered with CPT® 93320 and CPT® 93325).
- Life threatening risk of airway obstruction is associated with infantile hemangiomas of the lower face (“beard distribution”), or of the anterior neck, or of the oral and/or pharyngeal mucosa.
- Location-associated functional impairment can be found with periocular infantile hemangiomas larger than 1 cm (impairing vision), or infantile hemangiomas involving lip(s) or oral cavity (impairing feeding)
- Ulceration can occur with profuse bleeding that can be life threatening.
- Disfigurement risk is increased with large (5 cm or larger) infantile hemangiomas, facial or scalp infantile hemangiomas, and breast infantile hemangiomas in female infants.
- An infantile hemangioma at least 2.5 cm in diameter overlying the lumbar spine or sacrum is an indication to do a spinal ultrasound (under 6 months of age) and/or MRI Lumbar Spine without contrast (CPT® 72148) or MRI Lumbar Spine without and with contrast (CPT® 72158).
- Infantile hemangiomas 5 cm or larger in size have an increased risk of extracutaneous structural abnormalities.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

- Other high risk indications include Syndromes or Associations with extracutaneous structural changes: for “PHACE(S) syndrome” See **PHACE(S) Syndrome PEDPVD-5.3)**, and for “LUMBAR syndrome” See **LUMBAR Syndrome PEDPVD-5.4)**

Background and Supporting Information

Infantile Hemangiomas are the most common benign tumor of childhood, occurring in close to 5% of infants. Infantile Hemangiomas typically have a phase of rapid and significant growth between 1 month and 3 months of age; growth is usually completed by 5 months of age. Gradual involution then occurs, completed in 90% by age of 4 years but with residual skin changes frequently persisting. Though usually not needed for diagnosis, biopsy can be done when needed to identify unique markers not found on other vascular tumors.

When treatment is needed, imaging may be used to monitor response; consultation with a Hemangioma specialist may be useful in guiding evaluation, treatment, and follow up. The 2019 Clinical Practice Guideline of the American Academy of Pediatrics states "Unlike many diseases, management of IHs is not limited to 1 medical or surgical specialty. A hemangioma specialist may have expertise in dermatology, hematology-oncology, pediatrics, facial plastic and reconstructive surgery, ophthalmology, otolaryngology, pediatric surgery, and/or plastic surgery, and his or her practice is often focused primarily or exclusively on the pediatric age group."

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Multiple Infantile Hemangiomas (PEDPVD-5.2)

PVDP.IH.0005.2.A
v1.0.2025

- Multiple (5 or more) hemangiomas is an indication for Ultrasound with Doppler exam of the liver (CPT® 76700):
  - Initial imaging to look for hepatic hemangiomas
  - Repeat doppler ultrasound abdomen:
    - Monitor hepatic hemangiomas for progression
    - Monitor response to treatment.

Background and Supporting Information

Multiple (5 or more) hemangiomas- though hepatic hemangiomas can be asymptomatic, they rarely can cause a high flow rate that can cause high-output cardiac failure and can be potentially fatal. "Diffuse" hepatic infantile hemangiomas are a rare subset of hepatic hemagniomas at high risk for morbidity and mortality; affected infants usually present before 4 months of age with severe hepatomegaly, which can lead to lethal abdominal compartment syndrome with compromised ventilation, renal failure caused by renal vein compression, or compromise of inferior vena cava blood flow to the heart. Hepatic hemangiomas can also inactivate (via deiodination) thyroid hormones, causing risk of severe hypothyroidism.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

PHACE(S) Syndrome (PEDPVD-5.3)

PVDP.IH.0005.3.A
v1.0.2025

Indications

- Indications for imaging a young child for suspected PHACE(S) syndrome include the following:
  - Large (5 or more cm in diameter) infantile hemangioma of the face, scalp, and/or neck.
  - Infantile hemangioma on face, scalp, or neck that is smaller than 5 cm in diameter but with at least one major anomaly found in PHACE(S) syndrome, such as coarctation of the aorta or midline ventral defect.
  - Without any visible facial infantile hemangioma, PHACE(S) syndrome can also reasonably be suspected with the following:
    - Infantile hemangioma on upper chest or proximal upper extremity that is 5 cm or larger in size, with also major anomalies found in PHACE(S) syndrome
    - Large intraorbital infantile hemangioma.
- When PHACE(S) syndrome is reasonably suspected, initial imaging would include the following:
  - MRI Brain without contrast (CPT® 70551) or MRI Brain without and with contrast (CPT® 70553)
  - MRI Orbits without contrast (CPT® 70540) or MRI Orbits without and with contrast (CPT® 70543)
  - MRA Head without contrast (CPT® 70544) or MRA Head without and with contrast, (CPT® 70546)
  - MRA Neck may be done either without contrast (CPT® 70547), with contrast (CPT® 70548), or without and with contrast (CPT® 70549)
  - MRA Chest (CPT® 71555).
  - A screening transthoracic echocardiogram, CPT® 93303 (CPT® 93320 and CPT® 93325 are also indicated if ordered with CPT® 93303). If abnormalities are identified on echocardiogram, a cardiac MRI (CPT® 75557 or CPT® 75561) is then indicated.
  - If other clinical information or imaging shows involvement of the aorta, then MRI Chest without contrast (CPT® 71550) or MRI Chest without and with contrast (CPT® 71552) is also indicated.
- Need for follow up or surveillance imaging is dictated by the results of the initial clinical and imaging assessment, and any subsequent clinical change. The most

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

frequent follow up will be needed for those deemed at highest risk, including when the following has been found:

- Evidence of past arterial stroke
- Arterial stenosis or occlusions, with or without moyamoya-like vascular changes
- Structural brain changes, with neurosurgical evaluation clarifying the need for follow up.
- Changes in the aortic arch, coarctation of the aorta, and congenital cardiac anomalies, with pediatric cardiology evaluation clarifying the need for follow up see **Imaging and Surveillance per Congenital lesion (PEDCD-2.4)** in the Pediatric Cardiac Imaging Guidelines

Background and supporting information

"PHACE" (Posterior fossa malformations, Hemangiomas, Arterial anomalies, Coarctation of the aorta and Cardiac defects, and Eye abnormalities) syndrome or association (or "PHACE(S)" syndrome when also associated with Sternal cleft and/or Supraumbilical raphe) is frequently suspected when an infant has a large (5 cm in diameter or larger) infantile hemangioma of the face, scalp, or neck (risk of PHACE(S) Syndrome is then approximately 30%).

In rare cases, the face or scalp is not involved, with a large infantile hemangioma located on the torso and/or upper extremity instead. Cerebrovascular anomalies, present in more than 90% of individuals with PHACE(S) syndrome, are the most common extracutaneous feature of the syndrome, followed by cardiac anomalies (67%) and structural brain anomalies (about 50%).

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

LUMBAR Syndrome (PEDPVD-5.4)

PVDP.IH.0005.4.A
v1.0.2025

Indications

- "LUMBAR syndrome" is reasonably suspected in a child with a large (5 or more cm in diameter) infantile hemangioma of any lumbosacral or perineal region or lower extremity. The following imaging is then indicated:
  - Ultrasound spine (CPT® 76800) in infants up to 6 months of age, abdomen (CPT® 76700), and pelvis (CPT® 76856), with color Doppler.
  - MRI Lumbar Spine without contrast (CPT® 72148) or without and with contrast (CPT® 72158) at 3 to 6 months of age, or earlier when either findings on an Ultrasound exam are inadequate or when requested by a hemangioma specialist or any provider in consultation with a hemangioma specialist.
  - MRI of other relevant spinal level (relevance based on proximity of observed infantile hemangiomas larger than 5 cm) without contrast or MRI of the relevant spinal level without and with contrast.
  - When ultrasound findings are inadequate and/or when recommended by a hemangioma specialist or any provider in consultation with a hemangioma specialist:
    - MRI Pelvis without contrast (CPT® 72195) or without and with contrast (CPT® 72197) **and/or**
    - MRI Abdomen without contrast (CPT® 74181) or without and with contrast (CPT® 74183).
  - MRA Abdomen CPT® 74185 and/or Pelvis CPT® 72198, is indicated based on proximity of infantile hemangioma(s) at least 5 cm in diameter and/or other clinical evidence of vascular involvement, and/or when recommended by a hemangioma specialist or any provider in consultation with a hemangioma specialist.
  - Infantile hemangioma of the lower extremity that is at least 5 cm in diameter is an indication for MRI of the relevant portion of the lower extremity without contrast (CPT® 73718) or lower extremity without and with contrast (CPT® 73720) and/or lower extremity joint without contrast (CPT® 73721) or lower extremity joint without and with contrast (CPT® 73723).
  - When there is extensive lower extremity involvement with infantile hemangiomas the following are all indicated:
    - MRA (for both arterial and venous phase imaging) Abdomen
    - MRA Pelvis
    - MRA Lower extremities

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

- Note: this should be reported as CPT® 74185 and CPT® 73725; the CPT® code for MRA Pelvis (CPT® 72198) should not be included in this circumstance.

Background and Supporting Information

The acronym "LUMBAR syndrome" refers to the association of Lower body infantile hemangiomas at least 5 cm in size (and other cutaneous defects), Urogenital anomalies and ulceration, "Myelopathy" (lipomyelocele/lipo-myelomeningocele and/or tethered spinal cord), Bony deformities, Anorectal malformations and Arterial anomalies, and Renal anomalies. Though not exclusively true, there is a general regional correlation between the location of the cutaneous large infantile hemangioma(s) with underlying structural anomalies.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (PEDPVD-5)

v1.0.2025

1. Darrow DH, Greene AK, Mancini AJ, Nopper AJ. Diagnosis and Management of Infantile Hemangioma: Executive Summary. *Pediatrics*. 2015;136(4):786-791. doi:10.1542/peds.2015-2482.
2. Drolet BA, Chamlin SL, Garzon MC, et al. Prospective Study of Spinal Anomalies in Children with Infantile Hemangiomas of the Lumbosacral Skin. *The Journal of Pediatrics*. 2010;157(5):789-794. doi:10.1016/j.jpeds.2010.07.054.
3. Ferriero DM, Fullerton HJ, Bernard TJ, et al. Management of Stroke in Neonates and Children: A Scientific Statement from the American Heart Association/American Stroke Association. *Stroke*. 2019;50(3). doi:10.1161/str.0000000000000183.
4. Holland KE, Drolet BA. Approach to the Patient with an Infantile Hemangioma. *Dermatologic Clinics*. 2013;31(2):289-301. doi:10.1016/j.det.2012.12.006.
5. Iacobas I, Burrows PE, Frieden IJ, et al. LUMBAR: Association between Cutaneous Infantile Hemangiomas of the Lower Body and Regional Congenital Anomalies. *The Journal of Pediatrics*. 2010;157(5). doi:10.1016/j.jpeds.2010.05.027
6. Krowchuk DP, Frieden IJ, Mancini AJ, et al. Clinical Practice Guideline for the Management of Infantile Hemangiomas. *Pediatrics*. 2019;143(1). doi:10.1542/peds.2018-3475.
7. Léauté-Labrèze C, Harper JI, Hoeger PH. Infantile haemangioma. *The Lancet*. 2017;390(10089):85-94. doi:10.1016/s0140-6736(16)00645-0.
8. Menapace D, Mitkov M, Towbin R, Hogeling M. The changing face of complicated infantile hemangioma treatment. *Pediatric Radiology*. 2016;46(11):1494-1506.doi:10.1007/s00247-016-3643-6
9. Nelson WE, Kliegman R, St. Geme JW, et al. Chapter 669 Vascular disorders . In: Nelson Textbook of Pediatrics. 21st ed. Philadelphia, PA: Elsevier; 2020:3461-3469.
10. Obara P, Mccool J, Kalva SP, et al. ACR Appropriateness Criteria® Clinically Suspected Vascular Malformation of the Extremities. Journal of the American College of Radiology. 2019;16(11). doi:10.1016/j.jacr.2019.05.013.
11. Restrepo R, Francavilla ML, Mas R, Lee EY. Up-To-Date Practical Imaging Evaluation of Neonatal Soft-Tissue Tumors: What Radiologists Need to Know. *American Journal of Roentgenology*. 2017;209(1):195-204. doi:10.2214/ajr.16.17576.
12. Steiner JE, Mccoy GN, Hess CP, et al. Structural malformations of the brain, eye, and pituitary gland in PHACE syndrome. *American Journal of Medical Genetics Part A*. 2017;176(1):48-55. doi:10.1002/ajmg.a.38523.
13. Tuite GF, Thompson DN, Austin PF, Bauer SB. Evaluation and management of tethered cord syndrome in occult spinal dysraphism: Recommendations from the international children's continence society. *Neurourology and Urodynamics*. 2017;37(3):890-903. doi:10.1002/nau.23382.
14. Wang MX, Kamel S, Elsayes KM, et al. Vascular Anomaly Syndromes in the ISSVA Classification System: Imaging Findings and Role of Interventional Radiology in Management. *Radiographics*. 2022 Oct;42(6):1598-1620. doi: 10.1148/rg.210234.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Table of Contents

Guideline

General Guidelines (PEDSP-1.0)
Pediatric Back and Neck Pain and Trauma (PEDSP-2)
Kyphosis and Scoliosis (PEDSP-3)
Spinal Dysraphism and Tethered Spinal Cord (PEDSP-4)
Tethered Cord (PEDSP-5)
Myelopathy (PEDSP-6)
Other Congenital and Pediatric Spine Disorders (PEDSP-7)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

General Guidelines (PEDSP-1.0)

Guideline

Procedure Codes Associated with Spine Imaging (PEDSPINE)
General Guidelines (PEDSP-1.0)
Pediatric Spine Imaging Age Considerations (PEDSP-1.1)
Pediatric Spine Imaging Appropriate Clinical Evaluation (PEDSP-1.2)
Pediatric Spine Imaging Modality General Considerations (PEDSP-1.3)
References (PEDSP-1)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Procedure Codes Associated with Spine Imaging (PEDSPINE)

SPP.GG.ProcedureCodes.A
v1.0.2025

Procedure Codes Associated with Spine Imaging	
MRI	**CPT®**
MRI Cervical without contrast	72141
MRI Cervical with contrast	72142
MRI Cervical without and with contrast	72156
MRI Thoracic without contrast	72146
MRI Thoracic with contrast	72147
MRI Thoracic without and with contrast	72157
MRI Lumbar without contrast	72148
MRI Lumbar with contrast	72149
MRI Lumbar without and with contrast	72158
MRI Unlisted procedure (for radiation planning or surgical software)	76498
MRA	**CPT®**
MRA Spinal Canal	72159
CT	**CPT®**
CT Cervical without contrast	72125
CT Cervical with contrast	72126

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Procedure Codes Associated with Spine Imaging	
CT Cervical without and with contrast	72127
CT Thoracic without contrast	72128
CT Thoracic with contrast	72129
CT Thoracic without and with contrast	72130
CT Lumbar without contrast	72131
CT Lumbar with contrast	72132
CT Lumbar without and with contrast	72133
CT Pelvis without contrast	72192
CT Pelvis with contrast	72193
CT Pelvis without and with contrast	72194
CT Guidance for Placement of Radiation Therapy Fields	77014
CT Unlisted procedure (for radiation planning or surgical software)	76497
Nuclear Medicine	**CPT®**
PET Imaging; limited area (this code not used in pediatrics)	78811
PET Imaging: skull base to mid-thigh (this code not used in pediatrics)	78812
PET Imaging: whole body (this code not used in pediatrics)	78813
PET with concurrently acquired CT; limited area (this code rarely used in pediatrics)	78814
PET with concurrently acquired CT; skull base to mid-thigh	78815
PET with concurrently acquired CT; whole body	78816

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Procedure Codes Associated with Spine Imaging	
Bone Marrow Imaging Limited Areas	78102
Bone Marrow Imaging Multiple Areas	78103
Bone Marrow Imaging Whole Body	78104
Nuclear Bone Scan Limited	78300
Nuclear Bone Scan Multiple Areas	78305
Nuclear Bone Scan Whole Body	78306
Bone Scan Three Phase	78315
Radiopharmaceutical localization of tumor, inflammatory process or distribution of radiopharmaceutical agent(s) (includes vascular flow and blood pool imaging, when performed); planar, single area (e.g., head, neck, chest, pelvis), single day imaging	78800
Radiopharmaceutical localization of tumor, inflammatory process or distribution of radiopharmaceutical agent(s) (includes vascular flow and blood pool imaging, when performed); planar, 2 or more areas (e.g., abdomen and pelvis, head and chest), 1 or more days imaging or single area imaging over 2 or more days	78801
Radiopharmaceutical localization of tumor, inflammatory process or distribution of radiopharmaceutical agent(s) (includes vascular flow and blood pool imaging, when performed); planar, whole body, single day imaging	78802
Radiopharmaceutical localization of tumor, inflammatory process or distribution of radiopharmaceutical agent(s) (includes vascular flow and blood pool imaging, when performed); tomographic (SPECT), single area (e.g., head, neck, chest, pelvis), single day imaging	78803
Radiopharmaceutical localization of tumor, inflammatory process or distribution of radiopharmaceutical agent(s) (includes vascular flow and blood pool imaging, when performed); planar, whole body, requiring 2 or more days imaging	78804

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Procedure Codes Associated with Spine Imaging	
Radiopharmaceutical localization of tumor, inflammatory process or distribution of radiopharmaceutical agent(s) (includes vascular flow and blood pool imaging, when performed); tomographic (SPECT) with concurrently acquired computed tomography (CT) transmission scan for anatomical review, localization and determination/detection of pathology, single area (e.g., head, neck, chest, pelvis), single day imaging	78830
Radiopharmaceutical localization of tumor, inflammatory process or distribution of radiopharmaceutical agent(s) (includes vascular flow and blood pool imaging, when performed); tomographic (SPECT), minimum 2 areas (e.g., pelvis and knees, abdomen and pelvis), single day imaging, or single area imaging over 2 or more days	78831
Radiopharmaceutical localization of tumor, inflammatory process or distribution of radiopharmaceutical agent(s) (includes vascular flow and blood pool imaging, when performed); tomographic (SPECT) with concurrently acquired computed tomography (CT) transmission scan for anatomical review, localization and determination/detection of pathology, minimum 2 areas (e.g., pelvis and knees, abdomen and pelvis), single day imaging, or single area imaging over 2 or more days	78832
Ultrasound	**CPT®**
Ultrasound, spinal canal and contents	76800

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

General Guidelines (PEDSP-1.0)

SPP.GG.0001.0.A

v1.0.2025

- A pertinent clinical evaluation since the onset or change in symptoms, including a detailed history, physical examination with a thorough neurologic examination, appropriate laboratory studies and basic imaging such as plain radiography or ultrasound should be performed prior to considering advanced imaging (CT, MR, Nuclear Medicine), unless the individual is undergoing guideline-supported scheduled imaging evaluation. A meaningful technological contact (telehealth visit, telephone call, electronic mail or messaging) can serve as a pertinent clinical evaluation.
  - A thorough neurologic examination should include results of manual motor testing, specific dermatomal distribution of altered sensation, reflex examination, nerve root tension signs (e.g., straight leg raise test, slump test, femoral nerve tension test), and documentation of any specific radicular features.
- For those spinal conditions/disorders for which the Spine Imaging Guidelines require a plain x-ray of the spine prior to consideration of an advanced imaging study, the plain x-ray must be performed after the current episode of symptoms started or changed and results need to be available to the requesting provider of the advanced imaging study.
- Unless otherwise stated in a specific guideline section, the use of advanced imaging to screen asymptomatic individuals for disorders involving the spine is not supported. Advanced imaging of the spine should only be approved in individuals who have documented active clinical signs or symptoms of disease involving the spine.
- Unless otherwise stated in a specific guideline section, repeat imaging studies of the spine are not necessary unless there is evidence for progression of disease, new onset of disease, and/or documentation of how repeat imaging will affect patient management or treatment decisions.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Pediatric Spine Imaging Age Considerations (PEDSP-1.1)

SPP.GG.0001.1.A

v1.0.2025

- Many conditions affecting the spine in the pediatric population are different diagnoses than those occurring in the adult population. For those diseases which occur in both pediatric and adult populations, minor differences may exist in management due to patient age, comorbidities, and differences in disease natural history between children and adults.
- Patients who are ≤18 years old should be imaged according to the Pediatric Spine Imaging Guidelines if discussed. Any conditions not specifically discussed in the Pediatric Spine Imaging Guidelines should be imaged according to the General Spine Imaging Guidelines. Individuals who are >18 years old should be imaged according to the General Spine Imaging Guidelines, except where directed otherwise by a specific guideline section.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Pediatric Spine Imaging Appropriate Clinical Evaluation (PEDSP-1.2)

SPP.GG.0001.2.A
v1.0.2025

- See: **General Guidelines (PEDSP-1.0)**

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Pediatric Spine Imaging Modality General Considerations (PEDSP-1.3)

SPP.GG.0001.3.A
v1.0.2025

- MRI
  - MRI is the preferred modality for imaging the pediatric spine unless otherwise stated in a specific guideline section.
  - Due to the length of time required for MRI acquisition and the need to minimize individual movement, anesthesia is usually required for almost all infants (except neonates) and young children (age <7 years), as well as older children with delays in development or maturity. This anesthesia may be administered via oral or intravenous routes. In this individual population, MRI sessions should be planned with a goal of minimizing anesthesia exposure by adhering to the following considerations:
    - MRI procedures can be performed without and/or with contrast use as supported by these condition based guidelines. If intravenous access will already be present for anesthesia administration and there is no contraindication for using contrast, imaging without and with contrast may be appropriate if requested. By doing so, the requesting provider may avoid repetitive anesthesia administration to perform an MRI with contrast if the initial study without contrast is inconclusive.
    - Recent evidence based literature demonstrates the potential for gadolinium deposition in various organs including the brain, after the use of MRI contrast.
      - The U.S. Food and Drug Administration (FDA) has noted that there is currently no evidence to suggest that gadolinium retention in the brain is harmful and restricting gadolinium-based contrast agents (GBCAs) use is not warranted at this time. It has been recommended that GBCA use should be limited to circumstances in which additional information provided by the contrast agent is necessary and the necessity of repetitive MRIs with GBCAs should be assessed.
    - If multiple body areas are supported by these guidelines for the clinical condition being evaluated, MRI of all necessary body areas should be obtained concurrently in the same anesthesia session.
- CT
  - CT is generally inferior to MRI for imaging the pediatric spine, but has specific indications in which it is the preferred modality listed in specific sections of these guidelines.
    - CT is the imaging study of choice in the setting of trauma

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

        - CT should not be used to replace MRI in an attempt to avoid sedation unless it is listed as a recommended study in a specific guideline section.
    - Myelogram with post-myelogram CT imaging is rarely indicated in children except in certain limited indications (usually requested after specialist consultation), including:
        - Evaluation of spine in individuals with fixation hardware which limits utility of MRI.
        - Severe congenital scoliosis with inconclusive MRI.
        - Evaluation of nerve root avulsion in patients with a brachial plexus injury and inconclusive MRI.
        - Evaluation of paraspinal cyst to assess continuity with the subarachnoid space.
        - Coding note: CT of appropriate spinal level with or without contrast may be appropriate. If the radiologist performs the myelogram the exam should be coded with contrast. If a clinician performs the myelogram the exam should be coded without contrast.
- Ultrasound
    - Spinal canal ultrasound (CPT® 76800) describes the ultrasonic evaluation of the spinal cord (canal and contents) and should not be reported multiple times for imaging of different areas of the spinal canal.
    - Do not use CPT® 76800 for intraoperative spinal canal ultrasound as CPT® 76998 (intraoperative ultrasonic guidance) is the appropriate code in this circumstance.
    - Spinal canal ultrasound (CPT® 76800) is generally limited to infants up to 6 months of age because of the bone mass surrounding the spinal cord limits evaluation of the intraspinal contents in older infants.
        - **Exception:** the persisting acoustic window in children with posterior spinal defects of spinal dysraphism enables spinal canal ultrasound to be performed at any age (see: **Spinal Dysraphism (PEDSP-4)**).
        - In general, additional imaging studies of the spine are not indicated in asymptomatic individuals with normal spinal ultrasound findings.
- Nuclear Medicine
    - Nuclear medicine studies are rarely used in the evaluation of the spine, but are indicated in the following circumstances:
        - Evaluation of suspected loosening of orthopedic hardware when recent plain x-ray is nondiagnostic (see: **Nuclear Medicine (MS-28)**).
            - Bone scan (CPT® 78315) or
            - Distribution Of Radiopharmaceutical Agent SPECT (CPT® 78803, or 78831) or
            - SPECT/CT (CPT® 78830 or CPT® 78832)
        - For suspected spondylolysis, see **Spondylosis (PEDSP-2.4)**

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

  - Evaluation of back pain when no cause is demonstrated on MRI, see **Back and Neck Pain in Children Age 5 and Under (PEDSP-2.2)** or **Back and Neck Pain in Children Age 6 and Older (PEDSP-2.3)**
- The guidelines listed in this section for certain specific indications are not intended to be all-inclusive; clinical judgment remains paramount and variance from these guidelines may be appropriate and warranted for specific clinical situations.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

References (PEDSP-1)

v1.0.2025

1. Berland LL, Cernigliaro JG, Ho VB, et. al. ACR Practice parameter for performing and interpreting magnetic resonance imaging (MRI). American College of Radiology. Revised 2017. https://www.acr.org/-/media/ACR/Files/Practice-Parameters/mr-perf-interpret.pdf?la=en.
2. Biassoni L, Easty M. Pediatric nuclear medicine imaging. *Br Med Bull*. 2017;123:127-48.
3. Newman B, Carmody TJ, Catanzano TM, et al. ACR–ASER–SCBT-MR–SPR Practice parameter for the performance of pediatric computed tomography (CT) Revised 2019 (Resolution 6). American College of Radiology. 2019. https://www.acr.org/-/media/ACR/Files/Practice-Parameters/ct-ped.pdf?la=en.
4. Ing C, DiMaggio C, Whitehouse A, et al. Long-term differences in language and cognitive function after childhood exposure to anesthesia. *Pediatrics*. 2012;130(3). doi:10.1542/peds.2011-3822.
5. Monteleone M, Khandji A, Cappell J, et al. Anesthesia in children: perspectives from nonsurgical pediatric specialists. *J Neurosurg Anesthesiol*. 2014;26(4):396-398. doi:10.1097/ana.0000000000000124.
6. Reighard C, Junaid S, Jackson WM, et. al. Anesthetic exposure during childhood and neurodevelopmental outcomes: A systematic review and meta-analysis. *JAMA Netw Open*. 2022;5(6):e2217427. doi:10.1001/jamanetworkopen.2022.17427.
7. Fraum TJ, Ludwig DR, Bashir MR, et al. Gadolinium-based contrast agents: a comprehensive risk assessment. *J Magn Reson Imaging*. 2017;46(2):338–353. doi:10.1002/jmri.25625.
8. Fotenos, A. Update on FDA approach to safety issue of gadolinium retention after administration of gadolinium-based contrast agents. FDA. https://www.fda.gov/media/116492/download. Accessed April 22, 2020.
9. Blumfield E, Swenson DW, Iyer RS, Stanescu AL. Gadolinium-based contrast agents – review of recent literature on magnetic resonance imaging signal intensity changes and tissue deposits, with emphasis on pediatric patients. *Pediatric Radiology*. 2019;49(4):448-457. doi:10.1007/s00247-018-4304-8.
10. Siegel MJ. Spinal Ultrasonography. Pediatric sonography. 5th ed. Philadelphia. Wolters Kluwer. 2018;653-76.
11. Implementation Guide: Medicaid State Plan Eligibility Groups Mandatory Coverage Infants and Children under Age 19. https://www.hhs.gov/guidance/document/implementation-guide-medicaid-state-plan-eligibility-eligibility-groups-aeu-mandatory-2

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Pediatric Back and Neck Pain and Trauma (PEDSP-2)

Guideline

Introduction (PEDSP-2.1)
Back and Neck Pain in Children Age 5 and Under (PEDSP-2.2)
Back and Neck Pain in Children Age 6 and Older (PEDSP-2.3)
Spondylolysis (PEDSP-2.4)
Spine Pain Due to Infectious Causes (PEDSP-2.5)
Spine Pain Related To Trauma and Painless Spine Trauma (PEDSP-2.6)
References (PEDSP-2)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Introduction (PEDSP-2.1)

SPP.TR.0002.1.A

v1.0.2025

- Currently, only about 20% of back pain in children over age 5 is from a discoverable cause. Scoliosis, spondylitic disorders, Scheuermann disease, tumor, and trauma are the most common causes.
- Back pain in children under age 5 is uncommon and often reflects underlying serious disease when present.
- Disc herniations are rare in children, but become more frequent as activity increases during adolescence.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Back and Neck Pain in Children Age 5 and Under (PEDSP-2.2)

SPP.TR.0002.2.A

v1.0.2025

- A pertinent clinical evaluation including a detailed history, physical examination with thorough neurologic examination and documentation of any specific radicular features, and plain radiography should be performed prior to considering advanced imaging.
- Advanced imaging is appropriate in all individuals in this age group except those with mild and transient back pain.
  - MRI of the symptomatic spinal region should be approved.
    - Individuals in this age group will require sedation to complete MRI imaging. See: **Pediatric Spine Imaging Modality General Considerations (PEDSP-1.3)** for contrast and body area considerations.
  - CT without contrast of the symptomatic spinal region when:
    - plain x-rays suggest an isolated vertebral bone abnormality without any concern for spinal canal or cord abnormalities (which is rare in this age group)
    - a recent MRI does not provide sufficient detail of the bony anatomy to allow for acute patient care decision making
  - Bone scan is indicated for evaluation of suspected spinal fracture when x-ray is negative using any of the following CPT® code combinations:
    - CPT® 78300, CPT® 78305, or CPT® 78306 as a single study
    - CPT® 78315 or CPT® 78803 can be approved as a single study when stress fracture is suspected.
  - Bone scan is indicated for evaluation of suspected spondylolysis, or if recent spine MRI is inconclusive using any of the following CPT code combinations: SPECT bone scans are especially sensitive for detecting spondylolysis, revealing areas of bone turnover; and the findings are generally positive for a prolonged period.
    - CPT® codes: CPT® 78300, CPT® 78305, CPT® 78306, CPT® 78315, or CPT® 78803 as a single study
    - CPT® 78305 and CPT® 78803 concurrently
    - CPT® 78306 and CPT® 78803 concurrently

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Back and Neck Pain in Children Age 6 and Older (PEDSP-2.3)

SPP.TR.0002.3.A
v1.0.2025

Radicular back and neck pain is common in adult patients but is uncommon in adolescents and rare in children.

- A pertinent clinical evaluation including a detailed history, physical examination with thorough neurologic examination including results of manual motor testing, the specific dermatomal distribution of altered sensation, reflex examination, and nerve root tension signs (e.g., straight leg raise test, slump test, femoral nerve tension test) and documentation of any specific radicular features, should be performed prior to considering advanced imaging.
- X-rays, while not required prior to conservative treatment, must be obtained before advanced imaging can be approved.
  - The results of plain x-rays performed after the current episode of symptoms started or changed need to be available to the requesting provider of the advanced imaging study.
- Advanced imaging should be approved following a recent x-ray when one or more of the following pediatric “red flags” are present:
  - Accompanying systemic symptoms (fever, weight loss, etc.)
  - Functional disability (daily limitation in normal activities because of pain)
  - Pain which is extremely severe or worse at night
  - Constant or radicular pain lasting ≥4 weeks
  - Pain which worsens despite an attempt at symptomatic treatment
  - Neurological symptoms or abnormal neurological examination findings
  - An established diagnosis of cancer other than leukemia
  - Abnormal x-rays
  - Spinal imaging for patients having undergone spinal surgery
  - Associated bowel or bladder dysfunction
- In the absence of any “red flags”, a recent (within 3 months) 4-week trial of provider-supervised conservative treatment should be attempted before advanced imaging can be approved.
  - It can be assumed that children who are being evaluated by a pediatric spine surgeon have failed a reasonable trial of conservative treatment under the care of the primary care provider, as this is by far the most common reason for such referrals.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

- X-rays of the involved regions should be obtained prior to advanced imaging in patients with “red flag” findings, or who remain symptomatic after a 4-week trial of provider-supervised conservative treatment.
  - The results of plain x-rays performed after the current episode of symptoms started or changed need to be available to the requesting provider of the advanced imaging study.
- MRI without contrast of the symptomatic spinal region is the preferred study for the evaluation of pediatric spine pain, and should be approved unless one of the following conditions applies, in which case MRI without and with contrast should be approved:
  - Fever (≥100° F)
  - Clinical suspicion of infection (discitis, osteomyelitis, paraspinous or epidural abscess)
  - Physical examination or plain x-ray suggests a mass lesion
  - New or worsening pain in a patient with an established diagnosis of cancer
- CT without contrast of the symptomatic spinal region when:
  - the request is for re-evaluation of a known vertebral bony disorder
  - plain x-rays show spondylotic changes or suggest an isolated vertebral bone abnormality without any concern for spinal canal or cord abnormalities (which is rare in this age group)
  - a recent MRI does not provide sufficient detail of the bony anatomy to allow for acute individual care decision making
- Bone scan is indicated for evaluation of suspected spinal fracture when x-ray is negative, or if recent MRI is inconclusive using any of the following CPT® code combinations:
  - CPT® codes: CPT® 78300, CPT® 78305, or CPT® 78306 as a single study
  - CPT® 78315 or CPT® 78803 can be approved as a single study when stress fracture is suspected.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Spondylolysis (PEDSP-2.4)

SPP.TR.0002.4.A
v1.0.2025

Most cases of childhood spondylolysis are believed to be caused by repeated microtrauma, resulting in stress fracture of the pars interarticularis. Heredity is also believed to be a factor in some cases. It is the most common cause of low back pain in children older than age 10.

- Activity modification, NSAID treatment, physical therapy, and/or immobilization with various braces are the initial treatments for symptomatic individuals.
- Surgical treatment is only recommended for individuals with disabling symptoms that have not responded to non-surgical care.
- A pertinent clinical evaluation including a detailed history, physical examination with thorough neurologic examination and documentation of any specific radicular features, and plain radiography should be performed prior to considering advanced imaging.
- Spondylolysis is screened with plain x-rays.
  - MRI without contrast of the symptomatic spinal level is indicated to evaluate for stress reaction in bone and visualizing nerve roots if symptoms have continued despite a recent (within 3 months) provider-directed 4-week course of conservative care, or if there is a documented need for preoperative planning.
  - If additional imaging is needed because of radiological uncertainty or associated spondylolisthesis, SPECT Radiopharmaceutical Localization Imaging (CPT® 78803) or SPECT/CT (CPT® 78830) is indicated to identify stress reaction in spondylolysis cases which are radiographically occult. Bone scan has been demonstrated to be superior to MRI in detecting active spondylolysis.
  - SPECT bone scans are especially sensitive for detecting spondylolysis, revealing areas of bone turnover; and the findings are generally positive for a prolonged period. CT without contrast of the symptomatic spinal level is indicated to provide detailed evaluation of bony anatomy, if there is a documented need for preoperative planning. CT scans have been considered the criterion standard for characterizing fractures and for detailing bone morphology and anatomy.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Spine Pain Due to Infectious Causes (PEDSP-2.5)

- Entities including, but not limited to, discitis and vertebral osteomyelitis, typically present with sudden onset of back pain, fever, and elevated white blood cell count, occurring most commonly in the first decade of life.
- A detailed history and physical examination with thorough neurologic examination should be performed initially.

Initial Imaging Studies

- Plain x-rays should be performed initially.
  - The results of plain x-rays performed after the current episode of symptoms started or changed need to be available to the requesting provider of the advanced imaging study.
- MRI without and with contrast of the symptomatic spinal level is very sensitive at detecting early changes and can be approved when discitis or osteomyelitis is clinically suspected.
- Nuclear medicine imaging also can be positive as soon as 1 to 2 days after the onset of symptoms. Any of the following studies are indicated for initial evaluation of suspected osteomyelitis:
  - Bone scan (one of CPT® codes: CPT® 78300, 78305, 78306, or 78315)
  - Nuclear Bone Marrow imaging (one of CPT® codes: CPT® 78102, 78103, or 78104)
  - Radiopharmaceutical inflammatory imaging (one of CPT® codes: CPT® 78800, 78801, 78802, 78803, or 78804)
  - SPECT (CPT® 78831)
  - SPECT/CT (CPT® 78830, or CPT® 78832)

Follow-Up Imaging Studies

- Follow-up plain x-rays may show disc space narrowing and bony changes of osteomyelitis.
- MRI without and with contrast of the symptomatic spinal level or CT with contrast (including myelography) may be useful in follow-up for evaluating bony changes of osteomyelitis or concern for epidural abscess.
- Any of the following studies are indicated for evaluation of response to treatment in established osteomyelitis:
  - Bone scan (one of CPT® codes: CPT® 78300, 78305, 78306, or 78315)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

- Nuclear Bone Marrow imaging (one of CPT® codes: CPT® 78102, 78103, or 78104)
- Radiopharmaceutical localization imaging (one of CPT® codes: CPT® 78800, 78801, 78803, 78830, 78831, or 78832)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Spine Pain Related To Trauma and Painless Spine Trauma (PEDSP-2.6)

SPP.TR.0002.6.A

v1.0.2025

- Imaging evaluation of traumatic spine injury in children is generally directed based on clinical examination. 60% to 80% of all spinal injuries in children involve the cervical spine as opposed to the thoracic spine and lumbar spine. Common causes are motor vehicle accidents, falls, and sports-related injuries.
- A pertinent clinical evaluation including a detailed history, physical examination with thorough neurologic examination and documentation of any specific radicular features, should be performed prior to considering advanced imaging.
- When advanced imaging is appropriate, MRI without contrast or CT without contrast of the involved level is indicated as discussed in **Pediatric Spine Imaging Modality General Considerations (PEDSP-1.3)**
  - If the initial CT or MRI study is considered inconclusive, an exam of the other modality may be approved if needed to direct clinical management.

Cervical Spine

- The results of plain x-rays performed after the current episode of symptoms started or changed need to be available to the requesting provider of the advanced imaging study
- Children under 3 years of age should be approved for advanced imaging of the cervical spine following a relevant recent x-ray when one or more of the following “red flags” are present:
  - Glasgow Coma Scale <14
  - Individual does not open eyes regardless of stimulus
  - Motor vehicle collision
- Children ≥3 years of age should be approved for advanced imaging of the cervical spine following a recent (within 60 days) x-ray when one or more of the following “red flags” are present:
  - Altered mental status
  - Focal neurologic findings
  - Neck pain
  - Torticollis not present prior to trauma
  - Substantial torso injury
  - Diving or head-first injury
  - High speed motor vehicle collision
  - Predisposing conditions, e.g. Down Syndrome

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

- Children older than 2 years of age SHOULD NOT be approved for advanced imaging of the cervical spine if they meet ALL of the following criteria:
  - Absence of posterior midline cervical pain
  - Absence of focal neurologic deficit
  - Normal level of alertness
  - No evidence of intoxication
  - Absence of other clinically apparent pain which could distract patient from the pain of a cervical injury

Thoracolumbar Spine

- Children should be approved for advanced imaging of the thoracolumbar spine following a recent x-ray when x-rays are inconclusive, or there is an abnormal neurological examination.

Suspected Physical Child Abuse

- In children with suspected physical child abuse and documented findings suggesting abuse (e.g., fractures on skeletal survey or other clinical indicators), MRI Cervical (CPT® 72141), Thoracic (CPT® 72146), and Lumbar (CPT® 72148) Spine without contrast are indicated to search for associated abnormalities.
  - If intravenous access will already be present for anesthesia administration and there is no contraindication for using contrast, imaging without and with contrast can be approved. See: **Pediatric Spine Imaging Modality General Considerations (PEDSP-1.3)**

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (PEDSP-2)

v1.0.2025

1. Booth TN, Iyer RS, Falcone Jr RA, et. al. ACR Appropriateness Criteria® Back pain-child. American College of Radiology; Updated: 2016. https://acsearch.acr.org/docs/3099011/Narrative/.
2. Calloni SF, Huisman TA, Poretti A, Soares BP. Back pain and scoliosis in children: when to image, what to consider. *The Neuroradiology Journal*. 2017;30(5):393-404.
3. Eckel T, Lehman R, and Paik H. Spondylolisthesis. Scoliosis Research Society. Scoliosis Research Society E-Text ©, 2022. http://etext.srs.org/book/.
4. León-Domíngues A, Cansino-Román R, Martínez-Sala JM, Farrington DM. Clinical examination and imaging resources in children and adolescent back pain. *Journal of Children's Orthopaedics*. 2023;17(6):512-526. doi:10.1177/18632521231215860.
5. MacDonald J, Stuart E, Rodenberg R. Musculoskeletal low back pain in school-aged children: a review. *JAMA pediatrics*. 2017;171(3):280-7.
6. Matesan M, Behnia F, Bermo M, et al. SPECT/CT bone scintigraphy to evaluate low back pain in young athletes: common and uncommon etiologies. *J Ortho Surg*. 2016;11:76.
7. Mistovich RJ, Spiegel DA. The Spine. In: Kliegman RM, St. Geme JW III, Blum NJ, et. al. Nelson Textbook of Pediatrics. 21st edition. Philadelphia, PA: Elsevier; 2020:3633-3646.
8. Ramirez N, Flynn JM, Hill BW, et al. Evaluation of a systematic approach to pediatric. *J Pediat Ortho*. 2015;35-28-32.
9. Rodriguez DP, Toussaint TY. Imaging of back pain in children. AJNR Am J Neuroradiol. 2010;31(5):787-802..
10. Taxter AH, Chauvin NA, Weiss PF. Diagnosis and treatment of low back pain in the pediatric population. *Phys Sportsmed*. 2014;42:94-104.
11. Trout AT, Sharp SE, Anton CG, et al. Spondylolysis and beyond: value of SPECT/CT in evaluation of low back pain in children and young adults. *Radiographic*. 2015;35:819-34.
12. Kadom N, Palasis S, Pruthi S, et al. ACR Appropriateness Criteria® Suspected Spine Trauma–Child. American College of Radiology; Date of Origin: 2018. https://acsearch.acr.org/docs/3101274/Narrative/.
13. Kim H, Crawford C, Ledonio C, et al. Current evidence regarding the diagnostic methods for pediatric lumbar spondylolisthesis: a report from the Scoliosis Research Society Evidence Based Medicine Committee. *Spine Deform*. 2018;6(2):185-188.
14. Oetgen ME. Current Use of Evidence-Based Medicine in Pediatric Spine Surgery. *Orthopedic Clinics*. 2018;49(2):191-4.
15. McAlister AS, Nagaraji U, Radhakrishnan R. Emergent imaging of pediatric cervical spine trauma. Radiographic. 2019;39:1126-1142.
16. Trout AT, Sharp SE, Anton CG, Gelfand MJ, Mehlman CT. Spondylolysis and beyond: value of SPECT/CT in evaluation of low back pain in children and young adults. *Radiographics*. 2015;35(3):819-34.
17. Born M, Schwier F, Stoever B, Mentzel HJ, Freiberg J. The German evidence-based child protection guideline–imaging in suspected child abuse. *Rofo*. 2020;192(4):343-348. doi:10.1055/a-1019-8018.
18. Wooten-Gorges SL, Soares BP, Alazarki AL, et al. ACR Appropriateness Criteria®. Suspected Physical Abuse —Child. Date of origin: 1984. Last review: 2016.
19. Tofte JN, CarlLee TL, Holte AJ, Sitton SE, Weinstein SL. Imaging pediatric spondylolysis: A systematic review. *Spine*. 2017;42(10):777-782. doi:10.1097/BRS.0000000000001912.
20. Ledonio CGT, Burton DC, Crawford CH. Current evidence regarding diagnostic imaging methods for pediatric lumbar spondylolysis: A report from the scoliosis research society evidence-based medicine committee. *Spine Deformity.* 2017;5:97-101.
21. Saleh ES, Vasileff CC, Omari AM, Khalil JG. The diagnosis and management of pediatric spine infections. *Cureus*. 2021;13(7):e16748. doi:10.7759/cureus.16748.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Kyphosis and Scoliosis (PEDSP-3)

Guideline

Juvenile Thoracic Kyphosis (Scheuermann Disease) (PEDSP-3.1)
Scoliosis (PEDSP-3.2)
References (PEDSP-3)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Juvenile Thoracic Kyphosis (Scheuermann Disease) (PEDSP-3.1)

SPP.KS.0003.1.A

v1.0.2025

- This condition is also known as Scheuermann Kyphosis, and these individuals generally present with chronic and recurrent back pain.
- A pertinent clinical evaluation including a detailed history, physical examination with thorough neurologic examination and documentation of any specific radicular features, and plain radiography should be performed prior to considering advanced imaging.
- X-rays will typically show anterior wedging in three or more adjacent vertebral bodies.
  - Lower thoracic kyphosis from developmental vertebral wedging with thoracic kyphosis varying between 20° and 45° should be identified by plain x-rays before considering advanced imaging.
  - MRI is not an effective diagnostic modality for this condition since the incidence of false positive vertebral changes in normal individuals is high.
- MRI Thoracic Spine without contrast (CPT® 72146) preoperatively to rule out any associated spinal cord problems.
- MRI Lumbar Spine without contrast (CPT® 72148) preoperatively to rule out any associated spinal cord conditions when there is clinical or radiographic evidence of lumbar abnormalities.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Scoliosis (PEDSP-3.2)

SPP.KS.0003.2.A

v1.0.2025

- Scoliosis is an abnormal lateral curve of the thoracic or thoraco-lumbar spine in the frontal plane. A small lateral curve in a skeletally mature person is not uncommon and generally does not require further investigation.
- Using the Cobb technique for measuring these curves, a curve of under 10˚ is normal, a curve from 10˚ to 20˚ is mildly abnormal, a curve over 20˚ is significantly abnormal, and a curve > 40˚ is severely abnormal.
- Most patients with significant scoliosis have some element of kyphosis as well.
  - There are many ways of classifying scoliosis. These guidelines will classify scoliosis as congenital, idiopathic, and neuromuscular scoliosis.
- A pertinent clinical evaluation including a detailed history, physical examination with thorough neurologic examination and documentation of any specific radicular features, detailed examination of the spine in different body positions, and plain radiography should be performed prior to considering advanced imaging.
  - Standing posteroanterior (PA) and lateral x-rays of the spine are the initial imaging studies and are used for follow-up. If anteroposterior (AP) x-rays are to be performed, breast shields should be used to reduce breast radiation exposure.
  - Spine surgical specialists sometimes appropriately request both MRI and CT together for preoperative planning of scoliosis surgery.
    - In addition, MR and CT are useful to identify an underlying cause of scoliosis, such as congenital and developmental anomalies.
    - MR or CT Spine postoperative when recent postoperative x-rays are inconclusive for managing individual treatment.
      - Individuals with severe scoliosis may have compromised lung development. CT Chest with contrast (CPT® 71260) or without contrast (CPT® 71250) may be obtained in the perioperative period as well as 2 and 5 years post operatively to assess lung growth.

Congenital Scoliosis

Cases are recognized in infancy or early childhood. Most cases arise from anomalies of vertebral development, and many are associated with anomalies of the genitourinary system or of other organs.

- In infants under 6 months of age spinal ultrasound (CPT® 76800) can be approved after initial imaging with plain x-rays.
- MRI Cervical (CPT® 72141), Thoracic (CPT® 72146), and Lumbar (CPT® 72148) Spine without contrast are indicated to search for underlying anomalies.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

  - If intravenous access will already be present for anesthesia administration and there is no contraindication for using contrast, imaging without and with contrast may, be approved. See: **Pediatric Spine Imaging Modality General Considerations (PEDSP-1.3)**
- MRI Brain without and with contrast if the clinical evaluation or preliminary imaging studies suggest an associated intracranial anomaly.
- Renal ultrasound (CPT® 76770 or CPT® 76775) should be performed, since nearly one-third of individuals also have genitourinary anomalies.
  - CT, MRI, or nuclear medicine studies of the genitourinary tract may be necessary if the ultrasound is abnormal.

Idiopathic Scoliosis

Idiopathic scoliosis is the most common form of pediatric scoliosis and is divided into infantile (0-3 years of age), juvenile (4-9 years of age), and adolescent (10-17 years of age). Idiopathic scoliosis is defined as having no underlying structural abnormality or accompanying syndrome.[10]

- The following clinical features are associated with an increased risk of underlying vertebral or spinal cord abnormality:
  - Associated back pain
  - Age younger than 10 years
  - Neurological abnormalities on examination or neurological symptoms
  - Left sided curve (concave to right)
  - Absence of apical segment lordosis/kyphosis
  - Rapid curve progression (>1 degree per month)
  - Pes Cavus (see: **Occult Spinal Dysraphism (PEDSP-4.3)**
  - Double curves or high thoracic curves
  - Kyphosis
  - Spinal x-ray abnormalities other than the curve itself (widened spinal canal, dysplastic changes in spine or ribs, etc.)
  - Midline spinal cutaneous markers (esp. sacral) such as dermal tracts, tufts of hair, skin tags, etc.
  - Abnormal number or size of café au lait spots (neurofibromatosis)
- MRI Cervical (CPT® 72141), Thoracic (CPT® 72146), and Lumbar (CPT® 72148) Spine without contrast is the preferred study for the evaluation of scoliosis and should be approved when any of the above clinical features is present or if imaging is requested for individuals who are being actively evaluated for corrective surgery.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Neuromuscular Scoliosis

Scoliosis can result from many disorders of the nervous system. In some conditions, including (but not limited to) cerebral palsy, muscular dystrophy, and spinal muscular atrophy, associated scoliosis may develop over time.

The appropriate spinal level, modality, and contrast level of advanced imaging will depend on the nature of the underlying disease.

- MRI without contrast or without and with contrast or CT without contrast of the cervical, thoracic, and/or lumbar spine can be approved in these individuals with painful neuromuscular scoliosis, or when they are actively being evaluated for spinal deformity corrective surgery.
- Bone scans (one of CPT® codes: CPT® 78300, CPT® 78305, CPT® 78306, or CPT® 78315) are useful to evaluate cases of painful scoliosis and to identify tumors or infections. They are more sensitive than plain radiography.
  - Post-surgical considerations are similar to adult post-operative indications (see: **Post-Operative Spinal Disorders (SP-15)** in the General Spine Imaging Guidelines) except as follows:
    - Post-operative CT Chest without contrast (CPT® 71250) with 3D reconstruction is indicated for lung volume measurement in children with early onset scoliosis, (e.g. congenital/thoracogenic type), due to risk of restrictive lung disease and thoracic insufficiency syndrome which occur from failure of spine and chest to support normal lung growth.[2]

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (PEDSP-3)

v1.0.2025

1. ACR-SPR-SSR Practice parameter for the performance of radiography for scoliosis in children. Revised 2014.
2. Alsharief AN, El-Hawary R, Schmit P. Pediatric spine imaging post scoliosis surgery. *Pediatric radiology*. 2018;48(1):124-40.
3. Calloni SF, Huisman TA, Poretti A, Soares BP. Back pain and scoliosis in children: when to image, what to consider. *The Neuroradiology Journal*. 2017;30(5):393-404.
4. El-Hawary R, Chuckwunyerenwa C. Update on evaluation and treatment of scoliosis. *Pediat Clin N Am*. 2014;61:1223-41.
5. Mistovich RJ and Spiegel DA. The spine. In: Kliegman RM, St. Geme JW III, Blum NJ, et. al. Nelson Textbook of Pediatrics. 21st edition. Philadelphia, PA: Elsevier; 2020:3633-3646.
6. Shafa E, Shah SA. Scheuermann kyphosis. Scoliosis Research Society. E-Text. 2019.
7. Oetgen ME. Current use of evidence-based medicine in pediatric spine surgery. *Orthopedic Clinics*. 2018;49(2):191-4.
8. Gokce E, Beyhan M. Radiological imaging findings of Scheuermann disease. World J Radiol. 2016; 28:895-901.
9. NG S, Bettany-Saltikov J. Imaging in the diagnosis and monitoring of children with idiopathic scoliosis. *Open Orthop J*. 2017;11:1500-1520.
10. Jones JY, Saigal G, Palasis S, et al. ACR Appropriateness Criteria® Scoliosis-Child. American College of Radiology. Updated: 2018.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Spinal Dysraphism and Tethered Spinal Cord (PEDSP-4)

Guideline

Introduction (PEDSP-4.1)
Cutaneous Indications to Suspect Occult Spinal Dysraphism (PEDSP-4.2)
Non-Cutaneous Indications to Suspect Occult Spinal Dysraphism (PEDSP-4.3)
Spinal Dysraphism (PEDSP-4.4)
References (PEDSP-4)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Introduction (PEDSP-4.1)

SPP.TC.0004.1.A
v1.0.2025

Spinal Dysraphism

- Spinal dysraphism refers to a group of disorders characterized by incomplete or absent fusion of posterior midline structures. This includes a range of congenital and/or developmental anomalies of the spinal cord and associated spinal structures that can affect any level of the spine, but most commonly the lumbosacral region.
- Based on clinical classification, dysraphism is grouped into two categories:
  - Open dysraphism (spina bifida aperta), which are non-skin-covered, open neural tube defects (myelomeningocele).
  - Occult spinal dysraphism (also called closed spinal dysraphism), which includes skin-covered defects (either with or without an associated subcutaneous mass).

Normal position of spinal cord

- In newborns, the spinal cord should terminate (at the conus medullaris) at L2-3 or higher.
- By 3 months of age, the conus should lie at or above the L2 level.
- Afterwards, in normal infants and children, the conus medullaris should be positioned at L1-2.
- Of note, however, in premature infants, the conus medullaris may be located at the mid L3-level.
  - If such a finding on an initial spinal ultrasound results in uncertainty as to whether cord termination is low, repeat spinal ultrasound (CPT® 76800) can be performed in 4 to 6 weeks, since a normal cord will have “moved” higher within the spinal canal by this time.

Tethered cord

- Tethering is certain when the cord terminates at or below L4 and there is other supporting evidence of tethering such as limited spinal cord pulsatility, posterior positioning in the spinal canal, thick filum terminale, intraspinous mass, or lipoma.
- If the conus terminates at a normal position (at L2-3 under 3 months of age, at L2 by 3 months of age, at L1-2 in older infants and children), the cord may still be tethered by an abnormal structure. Such tethering of the spinal cord can be found in some (but not all) patients with Occult Spinal Dysraphism. Abnormalities can be found in both lumbosacral and thoracic regions and are often associated with spinal lipomas in either region.
- Open Spinal Dysraphism is frequently associated with tethering of the spinal cord; symptoms of or findings from that tethering may manifest initially or may increase

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

after the newborn period and the initial imaging evaluation. See: **Open Dysraphism (PEDSP-4.4)**.

"Tethered cord Syndrome"

- "Tethered Cord Syndrome" refers to symptoms and abnormal physical findings (such as low back or leg pain, decreased or absent lower extremity reflexes, urinary urgency, urinary incontinence, bowel incontinence, and constipation) that arise when a pathologic attachment causes abnormal spinal tension (increased by axial growth), with ensuing pathophysiologic effects. Some of these patients do have an abnormally low conus medullaris; other patients have other spinal abnormalities (such as spinal dysraphism) that causes the spinal cord to be abnormally tethered. Other patients with spinal dysraphism who may present with symptoms or findings suggestive of "Tethered Cord Syndrome" may have those clinical manifestations caused by primary dysplasia of neural tissue, instead of being caused by abnormal tethering. See: **Non-Cutaneous Indications to Suspect Occult Spinal Dysraphism (PEDSP-4.3)**.
- Not all anatomically tethered spinal cords result in symptoms of "Tethered Cord Syndrome."

Imaging Studies to Evaluate Suspected Occult Spinal Dysraphism and/or Tethered Cord

- Plain x-rays are not indicated for suspected Occult Spinal Dysraphism and/or Tethered Cord.
- Spina Bifida Occulta, an incomplete fusion of the posterior lumbosacral bony elements (present in in about 25% of people), is often discovered as an incidental finding on x-rays and other imaging exams. In asymptomatic individuals it is of no consequence, and is not an indication for further imaging.
- A plain spine x-ray finding suggesting an absent or distorted pedicle (the "winking owl sign") can be indicative of occult spinal dysraphism, for which an initial MRI without contrast or MRI without and with contrast of the appropriate spinal level can be approved.
- When indicated (See: **Cutaneous Indications to Suspect Occult Spinal Dysraphism (PEDSP-4.2)**, **Non-Cutaneous Indications to Suspect Occult Spinal Dysraphism (PEDSP-4.3)**, and **Open Dysraphism (PEDSP-4.4)** for indications), the following imaging may be approved:
  - Spinal ultrasound (CPT® 76800) for initial evaluation in infants up to 6 months of age, in premature infants whose "corrected age" (subtracting the number of weeks of prematurity from the infant's actual age) is less than or equal to 6 months, or in older individuals with open spinal dysraphism (see: **Open Dysraphism (PEDSP-4.4)**).
  - In a term infant, the diagnosis of tethered cord is likely if the conus terminates below the L2-L3 disc space. Of note, however, in premature infants, the conus medullaris may be located at the mid L3-level; if there is uncertainty as to whether

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

cord termination is low in a premature infant, repeat spinal ultrasound (CPT® 76800) can be performed in 4 to 6 weeks, since a normal cord will have "moved" higher within the spinal canal by this time.

- MRI Cervical, Thoracic, and Lumbar spine without contrast (CPT® 72141, 72146, and 72148) or without and with contrast (CPT® 72156, 72157, and 72158) may be approved for initial evaluation in individuals older than 6 months of age.
  - MRI can be approved at a younger age when there are symptoms or physical findings or concerning findings on ultrasound showing the need for more prompt MRI imaging, or when MRI imaging prior to 6 months of age has been ordered by (or in consultation with) an appropriate specialist for an indication from **Cutaneous Indications to Suspect Occult Spinal Dysraphism (PEDSP-4.2)**, **Non-Cutaneous Indications to Suspect Occult Spinal Dysraphism (PEDSP-4.3)**, or **Open Dysraphism (PEDSP-4.4)**.
- The appropriate spinal level, modality, and contrast level of follow-up advanced imaging will depend on the nature of the underlying disease, usually ordered by (or after consultation with) an appropriate specialist.
- Postoperative MRI is not done routinely but may be indicated if there are recurrent symptoms or findings suggesting recurrent tethering or other deterioration. Contrast level per ordering specialist.
- A complete abdominal ultrasound (CPT® 76700) or retroperitoneal ultrasound (CPT® 76770) can be approved as an initial evaluation for patients with newly diagnosed neurogenic bladder, myelomeningocele (open spinal dysraphism), or occult spinal dysraphism.
  - A complete retroperitoneal ultrasound (CPT® 76770) can be approved every 6 to 12 months for follow-up/surveillance for any of the above conditions.
- CT of the effected spinal level can be approved for surgical planning when a complex bony deformity of the spine is present, or when the Guidelines support doing MRI of the spine in a patient for whom MRI is contraindicated.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Cutaneous Indications to Suspect Occult Spinal Dysraphism (PEDSP-4.2)

SPP.TC.0004.2.A

v1.0.2025

- More than 80% of individuals with Occult Spinal Dysraphism and/or Tethered Spinal Cord will have a cutaneous lesion overlying the lower spine.
- Spine imaging is NOT indicated in the following situations:
  - Pilonidal cysts below the level of the intergluteal fold.
    - For discussion of imaging in pilonidal cysts, see: **Pilonidal Cyst (PV-21.4)** in the Pelvis Imaging Guidelines
  - Non-specific darkened areas of skin over the sacrum (such as dermal melanosis) unless there are other associated midline cutaneous abnormalities
  - Occult bony dysraphism incidentally noted on x-ray
- Screening with advanced imaging IS recommended in the following clinical conditions which are associated with an increased risk of underlying spinal dysraphism:
  - Spinal dimples (midline soft tissue depression over the spine); or deviated or split (bifid) gluteal cleft
    - Spinal ultrasound (CPT® 76800) may be approved for initial evaluation in infants up to 6 months of age (or in premature infants with a “corrected” age up to 6 months of age). Follow-up of a normal screening spinal ultrasound with ultrasound is not appropriate.
    - MRI of the involved spinal level without contrast or without and with contrast may be approved for initial evaluation in individuals older than 6 months of age. MRI can be approved at a younger age when there are symptoms or physical findings or concerning findings on ultrasound showing the need for more prompt MRI imaging, or if ordered by (or in consultation with) an appropriate specialist.
    - A screening MRI can be approved after a normal screening spinal ultrasound exam. Follow-up of a normal screening MRI imaging study is not appropriate.
  - Dermal sinuses overlying the lumbar, thoracic, or cervical spine, and sacral dermal sinuses, whether manifested by a dermal sinus tract (a small opening in the skin, which leads into a narrow duct; it may be associated with protruding hairs) or a dermal cyst. They may be associated with an overlying or nearby hairy patch or vascular nevus
    - Spinal ultrasound (CPT® 76800) may be approved for initial evaluation in infants up to 6 months of age (or in premature infants with a “corrected” age up to 6 months of age). Follow-up of a normal screening spinal ultrasound is not appropriate.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

- MRI of the involved spinal level without contrast or without and with contrast should be approved if an ultrasound shows abnormalities other than a cutaneous dermal cleft, if ordered after 6 months of age, or at a younger age if ordered by (or in consultation with) an appropriate specialist.
- A screening MRI can be approved after a normal screening spinal ultrasound exam. Follow-up of a normal screening MRI imaging study is not appropriate.

◦ Subcutaneous midline masses (including cysts and lipomas) at any level.
- Plain x-rays are not required to approve other imaging for midline masses overlying the spine when occult spinal dysraphism and/or tethered cord is suspected.
- Spinal ultrasound (CPT® 76800) may be approved for initial evaluation in infants up to 6 months of age (or in premature infants with a "corrected" age up to 6 months of age), but MRI of the involved spinal level without contrast or without and with contrast is the preferred initial imaging for midline masses overlying the spine. Repeat ultrasound follow-up of a normal screening spinal ultrasound is not appropriate.
- MRI of the involved spinal level without contrast or without and with contrast may be approved for initial evaluation in patients older than 6 months of age. MRI can be approved at a younger age when there are symptoms or physical findings or concerning findings on ultrasound showing the need for more prompt MRI imaging, or if ordered by (or in consultation with) an appropriate specialist.
- A screening MRI can be approved after a normal screening spinal ultrasound exam. Follow-up of a normal screening MRI imaging study is not appropriate.

◦ Caudal extensions (including tail-like appendages), midline skin tags, abnormal patches of hair over the spine at any level, infantile hemangiomas overlying any spinal level, and complex midline birthmarks above the upper sacral region.
- Spinal ultrasound (CPT® 76800) may be approved for initial evaluation in infants up to 6 months of age (or in premature infants with a "corrected" age up to 6 months of age). Repeat ultrasound follow-up of a normal screening spinal ultrasound is not appropriate.
- MRI of the involved spinal level without contrast or without and with contrast may be approved for initial evaluation in individuals older than 6 months of age. MRI can be approved at a younger age when there are symptoms or physical findings or concerning findings on ultrasound showing the need for more prompt MRI imaging, or if ordered by (or in consultation with) an appropriate specialist.
- A screening MRI can be approved after a normal screening spinal ultrasound exam. Follow-up of a normal screening MRI imaging study is not appropriate.

◦ Café au lait spots are a marker for type 1 neurofibromatosis
- See imaging indications in **Neurofibromatosis 1 and 2 (NF1 and NF2) (PEDONC-2.3)** and/or **Neurofibromatosis (PEDPN-2)**.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Non-Cutaneous Indications to Suspect Occult Spinal Dysraphism (PEDSP-4.3)

- Imperforate anus
- VACTERL (vertebral malformations, anal atresia, cardiac anomalies, tracheo-esophageal fistula, renal abnormalities, and limb defects) syndrome
- Currarino triad (sacral dysgenesis, presacral mass, anorectal malformation), OEIS (omphalocele, exstrophy, imperforate anus, spinal defects) syndrome
- Caudal regression syndrome
- Sacral agenesis (when 2 or more of the sacral vertebral bodies are absent; about 20% of children with sacral agenesis are not detected prior to age of 3 years).
- For all of the above conditions, the following imaging is indicated:
  - Spinal ultrasound (CPT® 76800) may be approved for initial evaluation in infants up to 6 months of age (or in premature infants with a “corrected” age up to 6 months of age). Repeat ultrasound follow-up of a normal screening spinal ultrasound is not appropriate.
  - The following should be approved when requested: MRI Lumbar Spine without contrast (CPT® 72148) or without and with contrast (CPT® 72158); and/or MRI Pelvis without contrast (CPT® 72195) or MRI Pelvis without and with contrast (CPT® 72197).
  - Appropriate MRI (or other modality) imaging (including contrast level) of any other spinal level will depend on the nature of the underlying disease, usually ordered by (or in consultation with) an appropriate specialist.
  - Follow-up of a normal screening MRI imaging study is not appropriate, but an initial MRI can be approved if the first screening study was an ultrasound.
  - Postoperative MRI is not done routinely but may be indicated if there are recurrent symptoms or findings suggesting recurrent tethering. Contrast level per ordering specialist.
- Rubinstein-Taybi syndrome (gait abnormalities, short stature, short limbs, characteristic facies, developmental delay, tethered spinal cord)
  - Spinal ultrasound (CPT® 76800) may be approved for initial evaluation in infants up to 6 months of age (or in premature infants with a “corrected” age up to 6 months of age). Repeat ultrasound follow-up of a normal screening spinal ultrasound is not appropriate.
  - MRI Lumbar spine without contrast (CPT® 72148) or without and with contrast (CPT® 72158) should be approved.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

  - Appropriate MRI (or other modality) imaging (including contrast level) of any other spinal level will depend on the nature of the underlying disease, usually ordered by (or in consultation with) an appropriate specialist.
  - Follow-up of a normal screening MRI imaging study is not appropriate, but an initial MRI can be approved if the first screening study was an ultrasound.
- Individuals with known DiGeorge Syndrome (22q11.2 deletion syndrome), when tethered cord syndrome or occult spinal dysraphism is suspected.
  - Spinal ultrasound (CPT® 76800) may be approved for initial evaluation in infants up to 6 months of age.
  - The following should be approved when requested: MRI Lumbar Spine without contrast (CPT® 72148) or without and with contrast (CPT® 72158)
  - Appropriate MRI (or other modality) imaging (including contrast level) of any other spinal level will depend on the nature of the underlying disease, usually ordered by (or in consultation with) an appropriate specialist.
  - Follow-up of a normal screening MRI imaging study is not appropriate, but an initial MRI can be approved if the first screening study was an ultrasound.
- Neurologic related symptoms and physical exam findings suggestive of occult spinal dysraphism or tethered cord syndrome and/or low lying conus medullaris (see: **Myelopathy (SP-7.1)** and **Myelopathy (PEDSP-6)**, and **Developmental Motor Delay (PEDHD-19.3)** for spinal cord involvement suspected in individuals with developmental motor delay) for which MRI of the involved spinal level without contrast or without and with contrast may be approved when any of the following are present:
  - Asymmetry of the feet, with one smaller foot, a high arch, and/or clawing of the toes. This is sometimes called the “neuroorthopedic syndrome”, and is associated with lack of an ipsilateral ankle jerk deep tendon reflex and calf atrophy.
  - Cavus foot (also called pes cavus or pes cavovarus)
  - Toe walking, when associated with upper motor neuron signs including hyperreflexia, spasticity, and positive Babinski sign
  - Ataxia (see: **Ataxia (PEDHD-20)**)
  - Absent perineal sensation
  - Lower urinary tract dysfunction, including urinary urgency or urinary incontinence. Though not a requirement for advanced imaging, some of these patients will have had abnormal urodynamic studies (such as cystometrography and/or sphincter electromyography).
  - Constipation, especially if there are abnormal physical exam findings related to the spine (such as lower extremity weakness, decreased lower extremity tone, abnormal lower extremity reflexes, a tuft of hair over the spine or covering a pilonidal dimple, a sacral dimple, gluteal cleft deviation, or absent anal or cremasteric reflex), failure of maximal laxative therapy (see: **Constipation, Diarrhea, and Irritable Bowel Syndrome (PEDAB-12)**) and/or bowel

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

incontinence, when tethered cord syndrome or occult spinal dysraphism is suspected as the cause

- Back or leg pain when tethered cord syndrome or occult spinal dysraphism is suspected as the cause. In this setting, neither a plain x-ray of the spine nor a recent period of provider directed conservative treatment is required to approve an MRI spine).

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Spinal Dysraphism (PEDSP-4.4)

SPP.TC.0004.4.A
v1.0.2025

- Clinically significant dysraphism includes findings ranging from complex vertebral anomalies to myelomeningocele.
- Dysraphism is categorized into 2 major groups:[1]
  - Open Dysraphism - lack of skin covering with exposed neural elements
  - Closed Dysraphism - skin covered
- It is rare to perform MRI in neonates with open dysraphism as the diagnosis is usually made with obstetric ultrasound and confirmed with visual inspection
  - MRI of the entire spine may be approved for preoperative planning if ordered by a specialist.
- MRI Brain without contrast (CPT® 70551) or with and without contrast (CPT® 70553) is indicated in all cases of open dysraphism as Chiari II malformation will be present[26]
- Closed Dysraphism
  - MRI of the entire spine without contrast or without and with contrast is appropriate at the time of initial diagnosis.
    - MRI Brain without contrast (CPT® 70551) or without and with contrast (CPT® 70553) or CT without contrast of the brain (CPT® 70450) may be approved in cases with associated hydrocephalus, signs of cerebral involvement, or the presence of multiple hydromyelia (which suggests hydrocephalus).
    - MRI Pelvis without contrast (CPT® 72195) or without and with contrast (CPT® 72196) may be approved once if there are clinical signs of pelvic malformation or anorectal anomaly.
  - MRI Cervical, Thoracic, and Lumbar spine without contrast (CPT® 72141, 72146, 72148) or without and with contrast (CPT® 72156, 72157, 72158) when ordered for preoperative planning.
  - Spinal canal ultrasound (CPT® 76800) may be approved as an alternative to MRI, if requested, in individuals with open dysraphism as the posterior bony defect provides an acoustic window for ultrasound.
  - MRI of the appropriate spinal level without contrast or without and with contrast may be approved when there are new and/or worsened neurologic symptoms and/or physical exam findings suggestive of new or worsened tethering of the spinal cord, such as any of the following:
    - New or worsened cavus foot
    - New or worsened toe walking and/or upper motor neuron signs (including hyperreflexia, spasticity, and positive Babinski sign)
    - New or worsened leg weakness or numbness or difficulty in ambulation
    - New or worsened loss of perineal sensation

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

- New or worsened lower urinary tract dysfunction (including urinary urgency or urinary incontinence, or new or worse changes on diagnostic urodynamic studies)
- New or worsened constipation
- New or worsened pain in the back or legs suspected to have been caused by tethering of the spinal cord
  - MRI Brain without contrast (CPT® 70551) or without and with contrast (CPT® 70553) or CT without contrast of the brain (CPT® 70450) may be approved in cases with associated hydrocephalus, signs of cerebral involvement, or the presence of multiple hydromyelia (which suggests hydrocephalus).
  - MRI Pelvis without contrast (CPT® 72195) or without and with contrast (CPT® 72196) may be approved once if there are clinical signs of pelvic malformation or anorectal anomaly.

◦ The appropriate spinal level, modality, and contrast level of follow-up advanced imaging will depend on the nature of the underlying disease, usually requested after specialist consultation.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (PEDSP-4)

v1.0.2025

1. Ellenbogen RG. Neural tube defects in the neonatal period. *Medscape*. Version December 18, 2019. https://emedicine.medscape.com/article/1825866-overview.
2. Haynes, KB, Wimberly RL, VanPelt JM, et al. Toe walking: a neurological perspective after referral from pediatric orthopaedic surgeons. *Journ of Ped Ortho*. 2018;38(3):152-6.
3. Kinsman SL and Johnson MV. Congenital anomalies of the central nervous system. In: Kliegman RM, St. Geme JW III, Blum NJ, et. al. Nelson Textbook of Pediatrics. 21st edition. Philadelphia, PA: Elsevier; 2020:3063-3082.
4. Kucera JN, Coley I, O'Hara, et al. The simple sacral dimple: diagnostic yield of ultrasound in neonates. *Pediat Radiol*. 2015;45:211-6.
5. Wang LL, Bierbrauer KS. Congenital and hereditary diseases of the spinal cord. *Semin Ultrasound CT, MRI*. 2017;38:105-25.
6. AIUM Practice Parameter for the Performance of an Ultrasound Examination of the Neonatal and Infant Spine. Revised 2016
7. Subiabre-Ferrer D, García-Rabasco A, Correa-González N, Ortiz-Salvador JM, Barreda-Solana M. Role of magnetic resonance image in children with lumbosacral and perineal hemangiomas: case reports and review of the literature. *Actas Dermo-Sifiliográficas (English Edition)*. 2019;110(9):728-33.
8. Farmakis SG and Siegel MJ. Spinal ultrasonography. In: Sanders RC and Hall-Terracciano B, et. al. Clinical Sonography: A Practical Guide. 5th edition. Philadelphia, PA: Wolters Kluwer. 2016;657-669.
9. Halevi PD, Udayakumaran S, Ben-Sira L, et al. The value of postoperative MR. *Childs Nerv Syst*. 2011;27:2159-62.
10. Hertzler DA, DePowell JJ, Stevenson CB, et al. Tethered cord syndrome: a review of the literature from embryology to adult presentation. *Neurosurg Focus*. 2010;29(1):E1. doi:10.3171/2010.3.FOCUS1079.
11. Hervey-Jumper SL, Garton HJL, Wetjen NM, et al. Neurosurgical management of congenital malformations and inherited disease of the spine. *Neuroimaging Clin N Am*. 2011;21(3):719-731. doi:10.1016/j.nic.2011.05.009.
12. Ladino Torres MF, DiPietro MA. Spine ultrasound imaging in the newborn. *Seminars in Ultrasound, CT, and MRI*. 2014;35(6)652-661. doi:10.1053/j.sult.2014.08.001.
13. Siegel MJ. Spinal ultrasonography. In: Pediatric sonography. 5th ed. Philadelphia, PA: Wolters Kluwer. 2018;653-76.
14. Proctor MR. Tethered Cord. In: Kliegman RM, St. Geme JW III, Blum NJ, et. al. Nelson Textbook of Pediatrics. 21st edition. Philadelphia, PA; 2020:3238-3239.
15. Tuite GF, Thompson DN, Austin PF, Bauer SB. Evaluation and management of tethered cord syndrome in occult spinal dysraphism: Recommendations from the International Children's Continence Society. Neurology and urodynamics. 2018;37(3):890-903.
16. Wang LL, Bierbrauer KS. Congenital and hereditary diseases of the spinal cord. *Semin Ultrasound CT, MRI*. 2017;38:105-25
17. G Tamura, N Morota, S Ihara. Impact of magnetic resonance imaging and urodynamic studies on the management of sacrococcygeal dimples. *Journal of Neurosurgery: Pediatrics*. 2017. Doi:10.3171/2017.5.PEDS16719.
18. Gomi, A., Oguma, H. & Furukawa, R. Sacrococcygeal dimple: new classification and relationship with spinal lesions. *Childs Nerv Syst*. 2013;29:1641–1645. doi:10.1007/s00381-013-2135-3 1231438.
19. Harada A, Nishiyama K, Yoshimura J, Sano M, Fujii Y. Intraspinal lesions associated with sacrococcygeal dimples. *J Neurosurg Pediatr*. 2014;14:81–86.
20. O'Neill BR, Gallegos D, Herron A, Palmer C, Stence NV, Hankinson TC, et al. Use of magnetic resonance imaging to detect occult spinal dysraphism in infants. *J Neurosurg Pediatr*. 2016;19:1---10.
21. Moore, KR. Congenital Abnormalities of the Spine. In: Brian Coley, ed. Caffey's Pediatric Diagnostic Imaging. 13th edition. Philadelphia, PA: 2019;408-418.
22. Greenan K, et. al. Imaging of Occult Spinal Dysraphism. In: Tubbs RS, et. al. *Occult Spinal Dysraphism*. doi.org/10.1007/978-3-030-10994-3_15.
23. Trapp B, Freddi TDL, Hans MDM, et. al. A practical approach to diagnosis of spinal dysraphism. *RadioGraphics*. 2021;41(2). doi:10.1148/rg.2021200103.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

24. Jyoti K, Muhammed A, Anju G. Imaging spectrum of spinal dysraphism on magnetic resonance: A pictorial review. *World J Radiol*. 2017;9(4):178-190. doi:10.4329/wjr.v9.i4.178.
25. Gunes O, Maud PMT, Donna S, Ingmar G, Thierry AGMH. Ultrasound to evaluate neonatal spinal dysraphism: A First-line alternative to CT and MRI. *J Neuroimaging*. 2019;29(5):553-564. doi:10.1111/jon.12649.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Tethered Cord (PEDSP-5)

Guideline

Tethered Cord (PEDSP-5)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Tethered Cord (PEDSP-5)

SPP.TetheredCord.PEDSP.5.A

v1.0.2025

- See: **Spinal Dysraphism and Tethered Spinal Cord (PEDSP-4)**

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Myelopathy (PEDSP-6)

Guideline

Myelopathy (PEDSP-6)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Myelopathy (PEDSP-6)

SPP.Myelopathy.PEDSP.6.A

v1.0.2025

Myelopathy imaging indications in pediatric individuals are similar to those for adult individuals. See: **Myelopathy (SP-7)** in the Spine Imaging Guidelines and/or **Non-Cutaneous Indications to Suspect Occult Spinal Dysraphism (PEDSP-4.3)**

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Other Congenital and Pediatric Spine Disorders (PEDSP-7)

Guideline

General Guidelines - Other Congenital and Pediatric Spine Disorders (PEDSP-7.0)
Achondroplasia (PEDSP-7.1)
Inflammatory Spondylitis (PEDSP-7.2)
Atlantoaxial Instability in Trisomy 21 (Down Syndrome) (PEDSP-7.3)
Basilar Impression (PEDSP-7.4)
Chiari Malformation (PEDSP-7.5)
Klippel-Feil Anomaly (Congenital Fusion of Cervical Vertebrae) (PEDSP-7.6)
Marfan Syndrome (PEDSP-7.7)
Neurofibromatosis (PEDSP-7.8)
Von Hippel-Lindau Syndrome (VHL) (PEDSP-7.9)
References (PEDSP-7)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

General Guidelines - Other Congenital and Pediatric Spine Disorders (PEDSP-7.0)

SPP.CD.0007.0.A

v1.0.2025

- Many congenital spine disorders also affect adults as survival continues to improve for these individuals. Adults with disorders covered in this section may follow these guidelines except where contraindicated by specific statements in the general imaging guidelines.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Achondroplasia (PEDSP-7.1)

SPP.CD.0007.1.A

v1.0.2025

- The diagnosis of achondroplasia is made clinically. Achondroplasia patients are at risk for hydrocephalus as well as myelopathy from spinal stenosis with increasing age.
- A pertinent clinical evaluation including a detailed history, physical examination with thorough neurologic examination and documentation of any specific radicular features, and plain radiography should be performed prior to considering advanced imaging.
- MRI without contrast or without and with of the symptomatic spinal region can be approved when new or worsening clinical symptoms suggest achondroplasia-related spinal stenosis.
- MRI Brain without contrast (CPT® 70551) or CT Head without contrast (CPT® 70450) can be approved when new or worsening clinical symptoms suggest hydrocephalus.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Inflammatory Spondylitis (PEDSP-7.2)

SPP.CD.0007.2.A

v1.0.2025

- Except as listed below, imaging considerations in pediatric and adult patients are identical for this condition, and these patients should be imaged according to **Inflammatory Spondylitis (SP-10.2)**.

For pediatric patients with juvenile idiopathic arthritis:

- MRI without and with contrast or without contrast of the involved levels is appropriate.
- An initial x-ray is not necessary prior to MRI in these patients.
- For evaluation of facet arthropathy in patients with ankylosing spondylitis, osteoarthritis, or rheumatoid arthritis:
  - Whole body radiopharmaceutical localization imaging (CPT® 78802) and SPECT (CPT® 78803) OR
  - SPECT/CT (CPT® 78830)

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Atlantoaxial Instability in Trisomy 21 (Down Syndrome) (PEDSP-7.3)

SPP.CD.0007.3.A

v1.0.2025

- The diagnosis of atlantoaxial instability is a recognized complication of trisomy 21, and patients are routinely screened with lateral x-rays of the cervical spine.
- MRI Cervical Spine without contrast (CPT® 72141) or without and with contrast (CPT® 72156) in individuals where the lateral cervical spine x-ray demonstrates an atlantodental (pre-dens) interval of ≥4.5 mm, and/or a neural canal width of ≤14 mm.
- MRI Cervical Spine without contrast (CPT® 72141) or without and with contrast (CPT® 72156) when new or worsening clinical symptoms suggest myelopathy in a trisomy 21 individual.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Basilar Impression (PEDSP-7.4)

SPP.CD.0007.4.A
v1.0.2025

See: **Basilar Impression/Basilar Invagination (PEDHD-9.4)** in the Pediatric Head Imaging Guidelines

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Chiari Malformation (PEDSP-7.5)

SPP.CD.0007.5.A
v1.0.2025

See: **Chiari and Skull Base Malformations (PEDHD-9)** in the Pediatric Head Imaging Guidelines

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Klippel-Feil Anomaly (Congenital Fusion of Cervical Vertebrae) (PEDSP-7.6)

SPP.CD.0007.6.A
v1.0.2025

This is generally an incidental finding. A detailed history and physical examination with thorough neurologic examination, and plain x-rays should be performed initially. Klippel-Feil can occur in conjunction with platybasia and/or Chiari malformation.

- Plain x-rays of the cervical spine are sufficient to establish the diagnosis. Advanced imaging is indicated if there are acute or worsening neurologic symptoms (including pain), or if multiple levels are involved.
  - MRI Cervical Spine without contrast (CPT® 72141) or CT Cervical Spine without contrast (CPT® 72125) for these indications.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Marfan Syndrome (PEDSP-7.7)

SPP.CD.0007.7.A
v1.0.2025

Marfan syndrome patients are at risk for scoliosis (see **Scoliosis (PEDSP-3.2)**) and dural ectasias. Dural ectasias are usually asymptomatic but can be associated with other spinal lesions.

- A pertinent clinical evaluation including a detailed history, physical examination with thorough neurologic examination and documentation of any specific radicular features, and plain radiography should be performed prior to considering advanced imaging.
- MRI without contrast of the symptomatic spinal region can be approved when:
  - New or worsening clinical symptoms suggest a complicated dural ectasia.
  - The individual is under active consideration for surgery.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Neurofibromatosis (PEDSP-7.8)

SPP.CD.0007.8.A
v1.0.2025

- See: **Neurofibromatosis 1 and 2 (NF1 and NF2) (PEDONC-2.3)** in the Pediatric Oncology Imaging Guidelines for screening recommendations in neurofibromatosis.
- See: **Neurofibromatosis (PEDPN-2)** in the Pediatric Peripheral Nerve Disorders Imaging Guidelines for imaging considerations in neurofibromatosis individuals with known plexiform neurofibromas.
- See: **Non-Rhabdomyosarcoma Soft Tissue Sarcomas (PEDONC-8.3)** in the Pediatric Oncology Imaging Guidelines for imaging in individuals with neurofibromatosis and malignant peripheral nerve sheath tumors.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

Von Hippel-Lindau Syndrome (VHL) (PEDSP-7.9)

SPP.CD.0007.9.A

v1.0.2025

- See: **Von Hippel-Lindau Syndrome (VHL) (PEDONC-2.10)** in the Pediatric Oncology Imaging Guidelines for screening recommendations in VHL patients.
- MRI without and with contrast of the affected spinal level can be approved for patients with known spinal hemangioblastomas in the following conditions:
  - Annually for asymptomatic patients with unresected spinal hemangioblastoma(s).
  - Preoperative planning for resection of a hemangioblastoma.
  - New or worsening symptoms suggesting progression of a known hemangioblastoma.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.

Click Here to Return to the Main TOC

References (PEDSP-7)

v1.0.2025

1. Child AH. Non-cardiac manifestations of marfan syndrome. Ann Cardiothorac Surg. 2017;6:599-609.
2. Frantzen C, Klasson TF, Links TP, et al. Von Hippel-lindau disease. GeneReviews™.[Internet] eds. Pagon RA, Adam MP, Bird TD et al. https://www.ncbi.nlm.nih.gov/books/NBK1463/
3. Jaremko JL, Liu L, Winn NJ, et al. Diagnostic utility of magnetic resonance imaging and radiography in juvenile spondyloarthritis: evaluation of the sacroiliac joints in controls and affected subjects. *J Rheumatol*. 2014;41:963-70. doi:10.3899/jrheum.131064.
4. Khalid K, Saifuddin A. Pictorial review: imaging of the spinal manifestations of achondroplasia. *The British Journal of Radiology*. 2021;94(1123):20210223.
5. Lambert RG, Bakker PA, van der Heijde D, et al. Defining active sacroiliitis on MRI for classification of axial spondyloarthritis: update by the ASAS MRI working group [epub ahead of print]. *Ann Rheum Dis*. 2016. doi:10.1136/annrheumdis-2015-208642.
6. Lin C, MacKenzie JD, Courtier JL, et al. Magnetic resonance imaging findings in juvenile spondyloarthropathy and effects of treatment observed on subsequent imaging. *Ped Rheumat*. 2014;12:25. doi:10.1186/1546-0096-12-25.
7. Rossi A. Pediatric spinal infection and inflammation. *Neuroimaging Clinics*. 2015;25(2):173-91.
8. Restropo R, Lee EY, Babyn PS. Juvenile idiopathic arthritis: Current practical imaging assessment with emphasis on magnetic resonance imaging. *Radiol Clin N Am*. 2013;51(4):703-719. doi:10.1016/j.rcl.2013.03.003.
9. Vezina G, Barkovich AJ. Neurocutaneous disorders. In: Barkovich AJ, Raybaud C, eds. Pediatric Neuroimaging, 6th ed. Philadelphia PA. Wolters Kluwer. 2015;633-702.
10. White KK, Bompadre V, Goldberg MJ, et al. Best practices in the evaluation and treatment of foramen magnum stenosis in achondroplasia during infancy. *Am J MedGenet A*. 2016;170A:42-51.
11. Dweck J, Lachman RS “Skeletal Dysplasias and Selected Chromosomal Disorders (Chapter 132)” in Caffey’s Pediatric Diagnostic Imaging. 13th edition Brian Coley editor, Elsevier Saunders, Philadelphia PA, 2019. 1258-1295.
12. Sarioglu FC, Sarioglu O, Guleryuz H. Neuroimaging and calvarial findings in achondroplasia. *Pediatr Radiol.* 2020;50(12):1669-1679. doi:10.1007/s00247-020-04841-8.

Proprietary Information of UnitedHealthcare.
Copyright ©2024 United HealthCare Services, Inc.