

UnitedHealthcare Pharmacy  
Clinical Pharmacy Programs

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| Program Number    | 2023 P 1282-5                          |
| Program           | Prior Authorization/Notification       |
| Medication        | Samsca® (tolvaptan)                    |
| P&T Approval Date | 6/2019, 6/2020, 6/2021, 6/2022, 6/2023 |
| Effective Date    | 9/1/2023;<br>Oxford only: 9/1/2023     |

**1. Background:**

Samsca is a selective vasopressin V<sub>2</sub>-receptor antagonist indicated for the treatment of clinically significant hypovolemic and euvolemic hyponatremia (serum sodium < 125 mEq/L or less marked hyponatremia that is symptomatic and has resisted correction with fluid restriction), including patients with heart failure and Syndrome of Inappropriate Antidiuretic Hormone (SIADH).<sup>1</sup>

- *Limitations of Use:* Patients requiring intervention to raise serum sodium urgently to prevent or to treat serious neurological symptoms should not be treated with Samsca.
- It has not been established that Samsca provides a symptomatic benefit to patients.

**2. Coverage Criteria<sup>a</sup>:**

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| <p><b>A. <u>Hypovolemic or Euvolemic Hyponatremia</u></b></p> <p>1. <b>Samsca</b> will be approved based on <b>all</b> of the following:</p> <p style="padding-left: 20px;">a. <b>One</b> of the following:</p> <p style="padding-left: 40px;">(1) Diagnosis of clinically significant euvolemic hyponatremia</p> <p style="text-align: center;"><b>-OR-</b></p> <p style="padding-left: 40px;">(2) Diagnosis of clinically significant hypovolemic hyponatremia</p> <p style="text-align: center;"><b>-AND-</b></p> <p style="padding-left: 20px;">b. Patient has not responded to fluid restriction</p> <p style="text-align: center;"><b>-AND-</b></p> <p style="padding-left: 20px;">c. Treatment has been initiated or re-initiated in a hospital setting prior to discharge</p> <p style="text-align: center;"><b>Authorization will be issued for 30 days.</b></p> <p><sup>a</sup>State mandates may apply. Any federal regulatory requirements and the member specific benefit plan coverage may also impact coverage criteria. Other policies and utilization management programs may apply.</p> |
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**3. Additional Clinical Rules:**

- Notwithstanding Coverage Criteria, UnitedHealthcare may approve initial and re-authorization based solely on previous claim/medication history, diagnosis codes (ICD-10) and/or claim logic. Use of automated approval and re-approval processes varies by program and/or therapeutic class.
- Supply limits may be in place.

**4. References:**

1. Samsca [package insert]. Rockville, MD: Otsuka America Pharmaceutical, Inc.; April 2021.

| Program               | Prior Authorization/Notification – Samsca (tolvaptan)                     |
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| <b>Change Control</b> |   |
| 6/2019                | New program.  |
| 6/2020                | Annual review. No changes to criteria.                                    |
| 6/2021                | Annual review. No changes to criteria. Updated background and references. |
| 6/2022                | Annual review. No changes to criteria. Updated background and references. |
| 6/2023                | Annual review with no changes to criteria. Added state mandate footnote.  |