



UnitedHealthcare Pharmacy
Clinical Pharmacy Programs

Program Number	2023 P 2242-3
Program	Prior Authorization/Medical Necessity
Medication	Intrarosa® (prasterone)
P&T Approval Date	6/2021, 6/2022, 6/2023
Effective Date	9/1/2023; Oxford only: 9/1/2023

1. Background:

Imvexxy (estradiol) vaginal insert, Intrarosa (prasterone) vaginal insert, Ospheña (ospemifene) oral tablet, and Premarin (conjugated estrogens) vaginal cream are indicated for the treatment of moderate to severe dyspareunia, a symptom of vulvar and vaginal atrophy (VVA), due to menopause. Ospheña is also indicated for the treatment of moderate to severe vaginal dryness, a symptom of VVA, due to menopause and Premarin vaginal cream is indicated for the treatment of atrophic vaginitis and kraurosis vulvae.

2. Coverage Criteria^a:

A. Initial Authorization

1. **Intrarosa** will be approved based on **all** of the following criteria*:

a. Diagnosis of moderate to severe dyspareunia

- AND-

b. Patient has vulvar and vaginal atrophy due to menopause

-AND-

c. History of failure, contraindication, or intolerance to **two** of the following:

- 1) Imvexxy (estradiol)
- 2) Ospheña (ospemifene)
- 3) Premarin vaginal cream

Authorization will be issued for 12 months

B. Reauthorization

2. **Intrarosa** will be approved based on the following criterion:

a. Documentation of positive clinical response to therapy

Authorization will be issued for 12 months

^a State mandates may apply. Any federal regulatory requirements and the member specific benefit plan coverage may also impact coverage criteria. Other policies and utilization

management programs may apply.

3. Additional Clinical Rules:

- Notwithstanding Coverage Criteria, UnitedHealthcare may approve initial and re-authorization based solely on previous claim/medication history, diagnosis codes (ICD-10) and/or claim logic. Use of automated approval and re-approval processes varies by program and/or therapeutic class.
- Supply limits may be in place.

* Coverage of medications for the treatment dyspareunia is based on benefit design. Please refer to member’s specific benefits for coverage determination.

4. References:

1. Invexxy [package insert]. Boca Raton, FL: TherapeuticsMD, Inc.; November 2021.
2. Intrarosa [package insert]. East Hanover, NJ: Millicent U.S. Inc.; November 2020.
3. Ospheña [package insert]. Princeton, NJ: Duchesnay USA, Inc.; April 2023.
4. Premarin cream [package insert]. Philadelphia, PA: Wyeth Pharmaceuticals LLC; September 2019.
5. The 2020 genitourinary syndrome of menopause position statement of The North American Menopause Society. *Menopause: The Journal of The North American Menopause Society*. 2020; 27(9); 976-92.

Program	Prior Authorization/Medical Necessity - Intrarosa
Change Control	
Date	Change
6/2021	New program
6/2022	Annual review. Updated references.
6/2023	Annual review. Updated references & realigned numbering.