

## UnitedHealthcare Pharmacy Clinical Pharmacy Programs

Program Number	2024 P 1353-4
Program	Prior Authorization/Notification
Medications	Bronchitol <sup>®</sup> (mannitol)
P&T Approval Date	3/2021, 3/2022, 3/2023, 3/2024
Effective Date	6/1/2024

#### 1. Background:

Bronchitol is a sugar alcohol indicated as add-on maintenance therapy to improve pulmonary function in adult patients 18 years of age and older with cystic fibrosis. Use Bronchitol only in adults who have passed the Bronchitol Tolerance Test.

# 2. Coverage Criteria<sup>a</sup>:

# A. Initial Authorization

- 1. **Bronchitol** will be approved based on <u>all</u> of the following criteria:
  - a. Diagnosis of cystic fibrosis (CF)

#### -AND-

b. Used in conjunction with standard CF therapies [e.g., chest physiotherapy, bronchodilators, antibiotics, anti-inflammatory therapy (e.g., ibuprofen, oral/inhaled corticosteroids)]

#### -AND-

c. Patient has passed the Bronchitol Tolerance Test

#### Authorization will be issued for 12 months.

#### B. <u>Reauthorization</u>

- 1. **Bronchitol** will be approved based on the following criteria:
  - a. Documentation of positive clinical response to Bronchitol therapy

# Authorization will be issued for 12 months.

<sup>a</sup> State mandates may apply. Any federal regulatory requirements and the member specific benefit plan coverage may also impact coverage criteria. Other policies and utilization management programs may apply.



## **3.** Additional Clinical Programs:

- Notwithstanding Coverage Criteria, UnitedHealthcare may approve initial and re-authorization based solely on previous claim/medication history, diagnosis codes (ICD-10) and/or claim logic. Use of automated approval and re-approval processes varies by program.
- Supply limitations may be in place.

## 4. References:

1. Bronchitol [package insert]. Cary, NC: Chiesi USA, Inc.; November 2020.

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Change Control	
3/2021	New program.
3/2022	Annual review with no change to coverage criteria.
3/2023	Annual review. Clarified that "CF" refers to cystic fibrosis without
	change to clinical intent. Added state mandate.
3/2024	Annual review. No change to coverage criteria. Updated reference.