

# Clinical Submission Requirements for UnitedHealthcare

Effective Dec. 1, 2022

## Commercial plans

### General information

This list contains clinical submission requirements for physical/occupational therapy (PT/OT) care providers who participate with the UnitedHealthcare commercial plan for outpatient services, as referenced in the [2022 UnitedHealthcare Care Provider Administrative Guide](#).

Specific state rules may apply. For more information on clinical submission requirements based upon Provider Specialty or for network status inquiries, please visit [myoptumhealthphysicalhealth.com](http://myoptumhealthphysicalhealth.com) > Tools and Resources and use the UHC Quick Group Check, or call **OptumHealth Physical Health 888-329-5182**.

This list changes periodically. Updates are announced routinely in the UnitedHealthcare [Network News](#). If you have a printed copy, please visit [UCHprovider.com](http://UCHprovider.com) > Prior Authorization and Notification And Clinical Submission > Select a Plan to verify effective date to ensure you are viewing the most recent document.

**Clinical Submission is not required for emergency or urgent care.**

Procedures and services	Additional information	Clinical submission requirements
<b>Physical Therapy/occupational Therapy (PT/OT)</b>	<p>Physical therapy and/or occupational therapy visits performed by care providers contracted by Optum Physical Health require clinical submission, which includes the plan member's initial evaluation. After the initial visit, care providers must complete and submit a Patient Summary Form (PSF) through OptumHealth Physical Health's website at: <a href="http://myoptumhealthphysicalhealth.com">myoptumhealthphysicalhealth.com</a>.</p> <p>PSFs should be sent within three days of initiating a plan member's treatment and must be received within 10 days from the initial date of service listed on the form.</p>	<p>For specific information on clinical submission requirements based upon Provider Specialty or for network status inquiries, please visit <a href="http://myoptumhealthphysicalhealth.com">myoptumhealthphysicalhealth.com</a> &gt; Tools and Resources and use the UHC Quick Group Check. Or call OptumHealth Physical Health <b>888-329-5182</b>.</p>

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