United Healthcare

UnitedHealthcare West
Benefit Interpretation Policy Update Bulletin *Quick View*: September 2026

A list of recently approved, revised, and/or retired UnitedHealthcare West Benefit Interpretation Policies is provided below for your reference. **For a comprehensive summary of the latest updates, refer to the Benefit Interpretation Policy Update Bulletin: September 2026.**

Benefit Interpretation Policy Updates

Policy Title	Applicable State	Status	Effective Date
Complementary and Alternative Medicine	California	Revised	Oct. 1, 2026
Gender Dysphoria (Gender Identity Disorder) Treatment (for California Only)	California	Revised	Oct. 1, 2026
Home Health Care	California	Revised	Oct. 1, 2026
Medical Necessity	California	Revised	Oct. 1, 2026

General Information

The inclusion of a health service (e.g., test, drug, device, or procedure) in this bulletin indicates only that UnitedHealthcare is adopting a new policy and/or updated, revised, replaced, or retired an existing policy; it does not imply that UnitedHealthcare provides coverage for the health service. Note that most benefit plan documents exclude from benefit coverage health services identified as investigational or unproven/not medically necessary. Physicians and other health care professionals may not seek or collect payment from a member for services not covered by the applicable benefit plan unless first obtaining the member's written consent, acknowledging that the service is not covered by the benefit plan and that they will be billed directly for the service.

Note: The absence of a policy does not automatically indicate or imply coverage. As always, coverage for a health service must be determined in accordance with the member's benefit plan and any applicable federal or state regulatory requirements. Additionally, UnitedHealthcare reserves the right to review the clinical evidence supporting the safety and effectiveness of a medical technology prior to rendering a coverage determination.

UnitedHealthcare respects the expertise of the physicians, health care professionals, and their staff who participate in our network. Our goal is to support you and your patients in making the most informed decisions regarding the choice of quality and cost-effective care, and to support practice staff with a simple and predictable administrative experience. The Policy Update Bulletin was developed to share important information regarding changes to our UnitedHealthcare West Benefit Interpretation Policies. When information in this bulletin conflicts with applicable state and/or federal law, UnitedHealthcare follows such applicable federal and/or state law.

Policy Update Classifications

New

A new policy detailing applicable federal/state mandated regulations, state market plan enhancements, and/or benefit coverage guidelines has been adopted for a health service (e.g., test, drug, device, or procedure)

Updated

An existing policy has been reviewed and no changes have been made to the applicable federal/state mandated regulations, state market plan enhancements, and/or benefit coverage guidelines; however, supporting information such as definitions and reference links may have been updated

Revised

An existing policy has been reviewed and revisions have been made to the applicable federal/state mandated regulations, state market plan enhancements, and/or benefit coverage guidelines

Replaced

An existing policy has been replaced with a new or different policy

Retired

An existing policy has been retired due to lack of federal/state mandated regulations, state market plan enhancements, and/or benefit plan changes

The complete library of UnitedHealthcare Benefit Interpretation Policies is available at **UHCprovider.com/policies** > For Commercial Plans > UnitedHealthcare West Benefit Interpretation Policies.