

**An Important Message from
The Texas Health and Human Services Commission (HHSC)**

NIAM: Adults Need Vaccines Too!

Hello partners!

August is National Immunization Awareness Month (NIAM), and the Texas Department of State Health Services (DSHS) Immunization Section is excited to celebrate the role vaccinations play in protecting the health of adults throughout every stage of life.

Week one of NIAM focuses on adult immunization, highlighting the importance of staying up to date on recommended vaccines to prevent serious illness, reduce complications, and support healthy aging. The Immunization Section created a NIAM Communication Toolkit for Adults that can be located here: [General Public | Texas DSHS](#).

Adults should review their vaccination status regularly and receive recommended vaccinations based on age, health conditions, occupation, lifestyle, and other risk factors. Current recommendations include annual influenza vaccination; tetanus, diphtheria, and pertussis booster; shingles vaccination for adults 50 years of age and older; pneumococcal vaccination for adults age 50 years and older and for younger adults with certain risk conditions; as well as other vaccines such as RSV, hepatitis A and B, MMR, varicella, meningococcal, and HPV vaccines when indicated.

Vaccination remains one of the safest and most effective ways to prevent serious disease, protect vulnerable populations, and reduce the spread of vaccine-preventable illnesses in communities. Encourage patients to contact you about which vaccines are recommended for them and their family members.

To support outreach efforts, please share the Adult Immunization Schedule (stock #6-104) and the Adults Need Vaccines Too Brochure (stock #11-14202) that are available for download through the [Texas Immunization Publications website](#). These resources help educate adults about vaccine-preventable diseases and the importance of staying protected throughout adulthood.

Please share these resources with your partners, providers, colleagues, and community members to help increase awareness and promote routine adult vaccination.

Thank you for your continued partnership and commitment to protecting the health of Texans.

Questions?

If you have questions, please contact UnitedHealthcare Community Plan of Texas Customer Service at 888-887-9003, 8 a.m.–6 p.m. CT, Monday–Friday.