



Tennessee UnitedHealthcare Insights: Your quarterly update

Ensure safe antipsychotic use for young members

The Metabolic Monitoring for Children and Adolescents on Antipsychotics and Use of First-Line Psychosocial Care for Children and Adolescents on Antipsychotics HEDIS® measures help support quality care by promoting appropriate monitoring and recommended first-step treatments for young members.

What's the purpose of these measures?

Metabolic Monitoring for Children and Adolescents on Antipsychotics helps ensure young members on antipsychotics receive glucose and cholesterol testing to detect metabolic effects early. Use of First-Line Psychosocial Care for Children and Adolescents on Antipsychotics helps determine if psychosocial interventions are an appropriate first line treatment over antipsychotics.

How you can make an impact

- Order appropriate labs for young members on antipsychotics
- Consider psychosocial interventions before medication
- Clearly document your course of treatment
- Educate families on clinical best practices



Need help finding local resources?

This **free, easy-to-use tool** connects people to nearby food, housing, health care, transportation, education and other support services.

The importance of EPSDT screenings

Medicaid's Early and Periodic Screening, Diagnostic, and Treatment (EPSDT) benefit focuses on identifying health concerns early, managing conditions promptly and supporting development as young members grow.

✓ Covered services include:

- Health history
- Physical exam
- Immunizations
- Lab tests
- Health education
- Vision, dental and hearing services

Some EPSDT screenings may span more than 1 visit. Schedule follow-up visits promptly and clearly document the clinical reason and dates of service.



Key reminders

- TennCare Kids screenings do not require prior authorization
- Document if specialist referrals are required to complete the exam or to address concerns identified during the exam

Reaching adults with preventative care

Often adults only seek care when they're ill. These visits present an opportunity to review preventive care needs that may otherwise be missed.

Offering preventive screenings, immunizations and routine checkups during sick visits can help members stay engaged in their long-term health.

During sick visits, you can:

- Review preventive care status
- Identify overdue screenings or immunizations
- Reinforce the value of routine preventive care
- Encourage members to stay actively engaged in their health

Certification required to continue dispensing NEXPLANON

All health care providers who dispense NEXPLANON must become certified in the NEXPLANON Risk Evaluation and Mitigation Strategy (REMS) by **Aug. 23, 2026**. Providers who don't complete the certification by that date will lose access to the medication.



Visit nexplanonrems.com to learn more about REMS and the new certification requirement.