

Q4 2023 preferred drug list updates

Rocky Mountain Health Plans

Effective Nov. 1, 2023, we're making the following changes to the UnitedHealthcare Community Plan of Colorado Rocky Mountain Health Plans preferred drug list (PDL). Our Pharmacy and Therapeutics Committee updates this PDL quarterly.

New medications on PDL

Medication	Description
Atovaquone-Proguanil tablets	Indicated for prophylaxis and the treatment of malaria.
Clomipramine capsules	Indicated for the treatment of obsessions and compulsions in patients with obsessive-compulsive disorder.
Clozapine tablets, 200 mg	Indicated for the management of patients who are severely schizophrenic and fail to respond adequately to standard drug treatment for schizophrenia.
Dalfampridine extended-release tablets, 10 mg	Indicated to improve walking in adult patients with multiple sclerosis. We require a diagnosis check.
Insulin Lispro KwikPen and Insulin Lispro Junior KwikPen	Rapid-acting insulin indicated to improve glycemic control in patients with diabetes. We require a diagnosis check.
Insulin Lispro Protamine and Insulin Lispro Suspension Mix75/25™ KwikPen®	Mix insulin indicated to improve glycemic control in patients with diabetes.
Lantus® vials and Lantus SoloStar® pens	Long-acting insulin indicated to improve glycemic control in patients with diabetes.
Quetiapine extended-release tablets	Atypical antipsychotic indicated for the maintenance/treatment of schizophrenia, bipolar I disorder, and major depressive disorder.
Quetiapine tablets, 150 mg	Atypical antipsychotic indicated for the maintenance/treatment of schizophrenia, bipolar I disorder and major depressive disorder.
Tinidazole tablets	Antimicrobial indicated for trichomoniasis, giardiasis, amebiasis and bacterial vaginosis.

Changes to coverage

Medication	Description
Fluticasone Propionate/ Salmeterol Diskus® inhalation powder	Indicated for the treatment of asthma or reducing exacerbations in patients with chronic obstructive pulmonary disease. We'll no longer require prior authorization.
Wixela Inhub®	Indicated for the treatment of asthma or reducing exacerbations in patients with chronic obstructive pulmonary disease. We'll no longer require prior authorization.

Medications no longer on PDL

Medication	Description
Admelog® SoloStar vials	Rapid-acting insulin indicated to improve glycemic control in patients with diabetes. Alternatives include Insulin Lispro vials and Insulin Lispro KwikPen.
Basaglar® KwikPen	Long-acting insulin indicated to improve glycemic control in patients with diabetes. Alternatives include Lantus vials, Lantus SoloStar and Rezvoglar™ KwikPen.
Humalog® Mix75/25™ vials and Humalog Mix75/25 KwikPen	Mix insulin indicated to improve glycemic control in patients with diabetes. Alternatives include Insulin Lispro Protamine and Insulin Lispro Suspension Mix75/25 KwikPen.
Insulin glargine-yfgn vials and pens	Long-acting insulin indicated to improve glycemic control in patients with diabetes. Alternatives include Lantus vials, Lantus SoloStar and Rezvoglar KwikPen.
SymLinPen® injection	Indicated to improve glycemic control in patients with diabetes.



Medication alternatives

We may cover medication alternatives for medications not on our PDL. If you feel a medication alternative is medically appropriate for a patient and you'd like to prescribe it, please do one of the following:

- Contact the member's pharmacy to request the prescription
- Submit an electronic prescription using Optum Rx® ePrescribe
 - For more information, visit [Electronic Prescribing \(eRx\) to Optum Rx](#) at [optum.com](#)
- Write a new prescription and give it to your patient (where state regulations permit)

If a preferred alternative medication isn't medically appropriate for a patient, please request a PDL prior authorization exception by calling Optum Rx prescriber prior authorization services at **800-310-6826**. If the medication meets our medical necessity criteria, we'll continue to cover it for that patient.



More information

As of Nov. 1, you can also view the changes on our [Pharmacy Resources and Physician Administered Drugs](#) page in the [Prescription Drug Lists, Drug Search and Updates](#) section.



Questions?

If you have questions, call the Optum Rx pharmacy prior authorization line at **800-310-6826**